

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Overall Female

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/1384	1/912	1640	Micah Poellet	14	F	Cedar Rapids	IA	5:58	00:18:34.44
2	12/1384	2/912	2187	Randy Burns	33	F	Cedar Rapids	IA	6:15	00:19:27.94
3	14/1384	3/912	983	Katie Wampole	22	F	Cedar Rapids	IA	6:21	00:19:46.34

Male Overall Male

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/1384	1/472	456	William Stecker	16	M	Cedar Rapids	IA	5:51	00:18:11.12
2	2/1384	2/472	75	Wes Hilleshiem	39	M	Marion	IA	5:52	00:18:16.00
3	3/1384	3/472	1685	Kameron Winsor	28	M	Cedar Rapids	IA	5:53	00:18:16.83

Female Female 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	45/1384	7/912	1632	Caroline See	15	F	Mount Vernon	IA	7:04	00:21:59.89
2	48/1384	10/912	1312	Sarah Altemeier	17	F	Cedar Rapids	IA	7:07	00:22:09.66
3	57/1384	17/912	2017	Mariah Burds	18	F	Epworth	IA	7:14	00:22:30.20
4	58/1384	18/912	479	Megan Meyer	15	F	Cedar Rapids	IA	7:14	00:22:31.48
5	69/1384	22/912	798	Elizabeth Jaeger	13	F	North Liberty	IA	7:20	00:22:48.54
6	72/1384	24/912	1057	Mary Cline	14	F	Cedar Rapids	IA	7:23	00:22:56.71
7	85/1384	29/912	496	Jamie Pilarczyk	13	F	Cedar Rapids	IA	7:29	00:23:16.75
8	86/1384	30/912	1789	Lori Anderson	16	F	Blairstown	IA	7:30	00:23:18.80
9	92/1384	33/912	1781	Katelyn Eilders	15	F	Cedar Rapids	IA	7:36	00:23:39.56
10	105/1384	35/912	1275	Emily Weis	16	F	Cedar Rapids	IA	7:42	00:23:57.20
11	120/1384	40/912	1265	Ella Davis	14	F	Cedar Rapids	IA	7:47	00:24:12.19
12	130/1384	47/912	1258	Gwyn Smith	16	F	Cedar Rapids	IA	7:53	00:24:30.25
13	143/1384	52/912	645	Makenna Eadie	14	F	Cedar Rapids	IA	7:59	00:24:49.95
14	156/1384	57/912	1499	Jayden Bisson	19	F	Palo	IA	8:06	00:25:11.79
15	167/1384	60/912	586	Lyndsay Gienapp	15	F	Marion	IA	8:11	00:25:27.74
16	176/1384	67/912	1423	Lydia Radeke	15	F	Vinton	IA	8:16	00:25:41.89
17	185/1384	71/912	1505	Allison Talyat	14	F	Cedar Rapids	IA	8:19	00:25:51.25
18	189/1384	73/912	2076	Ava Van Berkum	11	F	Cedar Rapids	IA	8:20	00:25:54.93
19	221/1384	85/912	1142	Elizabeth Barns	12	F	Marion	IA	8:31	00:26:27.96
20	224/1384	88/912	2048	Fiona Dolan	15	F	Cedar Rapids	IA	8:32	00:26:32.71
21	227/1384	90/912	1872	Taylor Cernin	12	F	Bettendorf	IA	8:32	00:26:33.33
22	233/1384	93/912	1219	Anna Mlodzik	16	F	Cedar Rapids	IA	8:38	00:26:51.96
23	245/1384	103/912	641	Jenna Short	13	F	Cedar Rapids	IA	8:45	00:27:12.63
24	246/1384	104/912	1812	Hanah Heiderscheit	13	F	Center Point	IA	8:46	00:27:14.46
25	247/1384	105/912	2122	Allie Rump	14	F	Newhall	IA	8:46	00:27:15.13
26	248/1384	106/912	1233	Avery Arens	14	F	Cedar Rapids	IA	8:46	00:27:15.74
27	289/1384	126/912	1403	Olivia Kennedy	16	F	Cedar Rapids	IA	8:56	00:27:47.38
28	290/1384	127/912	609	Serena Eck	17	F	Cedar Rapids	IA	8:56	00:27:47.50
29	291/1384	128/912	1270	Ellen Houtz	15	F	Cedar Rapids	IA	8:56	00:27:47.71
30	292/1384	129/912	1303	Johanna Hayes	15	F	Cedar Rapids	IA	8:56	00:27:47.89
31	296/1384	132/912	1395	Emma Westphalen	16	F	Cedar Rapids	IA	8:58	00:27:53.38
32	306/1384	136/912	1396	Mara Westphalen	16	F	Cedar Rapids	IA	9:00	00:28:00.37
33	314/1384	142/912	1284	Sophie Fox	17	F	Cedar Rapids	IA	9:01	00:28:03.43
34	324/1384	148/912	298	Jenna Kohoutek	19	F	Solon	IA	9:05	00:28:16.17

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Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
35	326/1384	150/912	299	Hannah Eckley	18	F	Solon	IA	9:05	00:28:16.37
36	332/1384	155/912	2114	Hannah Smith	16	F	Marion	IA	9:07	00:28:21.29
37	351/1384	168/912	839	Ella Achey	14	F	Cedar Rapids	IA	9:12	00:28:37.71
38	367/1384	174/912	1908	Hannah Williams	17	F	Cedar Rapids	IA	9:18	00:28:55.65
39	380/1384	183/912	2142	Kirstin Skriver	17	F	Walford	IA	9:23	00:29:10.69
40	383/1384	184/912	1634	Gracie Federspiel	11	F	Iowa City	IA	9:24	00:29:12.71
41	388/1384	188/912	2110	Kayla Heck	11	F	Chelsea	IA	9:25	00:29:15.97
42	389/1384	189/912	218	Aleksyia Leclere	13	F	Cedar Rapids	IA	9:25	00:29:16.15
43	391/1384	190/912	159	Grace Dewolf	16	F	Cedar Rapids	IA	9:25	00:29:18.20
44	398/1384	194/912	1472	Megan Meyer	15	F	Cedar Rapids	IA	9:28	00:29:26.25
45	403/1384	198/912	2143	Zoey Skriver	12	F	Walford	IA	9:30	00:29:32.25
46	404/1384	199/912	2150	Olivia Nurre	17	F	Fairfax	IA	9:30	00:29:32.41
47	415/1384	207/912	1130	Claire Ridenour	12	F	Manchester	IA	9:32	00:29:38.93
48	419/1384	211/912	2413	Selma Tommerberg	17	F	Cedar Rapids	IA	9:33	00:29:41.47
49	426/1384	215/912	1571	Addy Anderson	14	F	Cedar Rapids	IA	9:35	00:29:47.75
50	435/1384	222/912	1247	Emily Hohneke	17	F	Cedar Rapids	IA	9:40	00:30:04.00
51	450/1384	231/912	261	Isabelle Kaiser	17	F	Marion	IA	9:43	00:30:13.73
52	454/1384	233/912	262	Ava Kaiser	10	F	Marion	IA	9:43	00:30:14.13
53	455/1384	234/912	1868	Megan Norris	15	F	Cedar Rapids	IA	9:44	00:30:14.95
54	478/1384	253/912	1644	Taylor Zebuhr	13	F	Cedar Rapids	IA	9:51	00:30:36.25
55	479/1384	254/912	1643	Morgan Zebuhr	19	F	Cedar Rapids	IA	9:51	00:30:36.69
56	480/1384	255/912	1002	Abby Scroggs	16	F	Marion	IA	9:51	00:30:37.69
57	498/1384	264/912	2027	Madison Driscoll	18	F	Marion	IA	9:58	00:31:00.87
58	522/1384	280/912	1583	Madison Prier	13	F	Marion	IA	10:05	00:31:22.51
59	525/1384	281/912	8	Emma Sorg	14	F	Cedar Rapids	IA	10:06	00:31:24.84
60	528/1384	284/912	590	Piper Yi	9	F	Marion	IA	10:07	00:31:27.10
61	533/1384	287/912	1834	Quinn Johnson	5	F	Bettendorf	IA	10:08	00:31:29.33
62	537/1384	290/912	879	Sid Mccrea	16	F	Cedar Rapids	IA	10:08	00:31:31.51
63	540/1384	292/912	447	Bailey Wolf	14	F	Cedar Rapids	IA	10:09	00:31:32.22
64	546/1384	296/912	1924	Mariah Rodriguez	16	F	Cedar Rapids	IA	10:11	00:31:38.50
65	564/1384	304/912	2083	Lauren Fruehling	16	F	Marion	IA	10:14	00:31:48.72
66	570/1384	305/912	2126	Abby Thoms	14	F	Marion	IA	10:16	00:31:56.26
67	578/1384	313/912	1670	Emma Newhouse	12	F	Cedar Rapids	IA	10:18	00:32:00.60
68	587/1384	320/912	9	Carlie Sorg	10	F	Cedar Rapids	IA	10:21	00:32:10.26
69	594/1384	324/912	1704	Jensen O'shea	16	F	Robins	IA	10:23	00:32:16.36
70	597/1384	326/912	459	Sarah Moews	14	F	Indianola	IA	10:23	00:32:17.48
71	614/1384	339/912	1975	Kristie Baker	15	F	Cedar Rapids	IA	10:26	00:32:27.74
72	615/1384	340/912	1965	Rachel Liercke	19	F	Center Point	IA	10:27	00:32:28.22
73	622/1384	345/912	1762	Tori Zach	14	F	Cedar Rapids	IA	10:29	00:32:36.43
74	644/1384	363/912	504	Maya Deuso	17	F	Cedar Rapids	IA	10:37	00:32:59.22
75	645/1384	364/912	499	Peyton Staab	19	F	Swisher	IA	10:37	00:33:00.25
76	651/1384	368/912	869	Payton Feldermann	7	F	Lisbon	IA	10:38	00:33:03.92
77	662/1384	376/912	1772	Faith Phipps	13	F	Cedar Rapids	IA	10:42	00:33:17.58
78	672/1384	384/912	72	Hannah Watkinson	14	F	Cedar Rapids	IA	10:46	00:33:29.38
79	687/1384	392/912	1971	Madalyn Niemeier	15	F	Cedar Rapids	IA	10:50	00:33:41.51
80	690/1384	395/912	858	Katie Evans	11	F	North Liberty	IA	10:51	00:33:43.42
81	709/1384	409/912	1178	Tiffany Schnor	14	F	Keystone	IA	11:00	00:34:12.51
82	714/1384	412/912	667	Claire Franzman	9	F	Bettendorf	IA	11:02	00:34:17.76
83	720/1384	416/912	154	Ashley Lappin	14	F	Fairfax	IA	11:03	00:34:20.65
84	743/1384	434/912	316	Addison Eiben	7	F	Central City	IA	11:10	00:34:43.90

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85	783/1384	466/912	418	Anna Hanson	14	F	Cedar Rapids	IA	11:23	00:35:24.51
86	790/1384	470/912	1179	Amanda Schnor	9	F	Keystone	IA	11:26	00:35:32.06
87	795/1384	473/912	73	Gracelyn Watkinson	12	F	Cedar Rapids	IA	11:27	00:35:37.16
88	807/1384	480/912	1750	Harlow Griffin	9	F	Marion	IA	11:33	00:35:55.98
89	811/1384	483/912	1073	Eliza Erenberger	9	F	North Liberty	IA	11:34	00:35:57.89
90	816/1384	488/912	1486	Madalyn Appleby-Sparrow	17	F	Cedar Rapids	IA	11:37	00:36:06.76
91	820/1384	492/912	2024	Kaylee Scheer	19	F	Robins	IA	11:38	00:36:08.86
92	825/1384	497/912	733	Bethany Langer	12	F	Marion	IA	11:39	00:36:13.11
93	832/1384	502/912	352	Morgan Obiedzinski	10	F	Urbana	IA	11:40	00:36:15.95
94	837/1384	506/912	1695	Willa Bowman	10	F	Robins	IA	11:40	00:36:17.73
95	853/1384	518/912	859	Avery Evans	9	F	North Liberty	IA	11:46	00:36:34.03
96	855/1384	520/912	1782	Saylor Botsford	13	F	Cedar Rapids	IA	11:46	00:36:35.23
97	866/1384	527/912	523	Morgan Hospodarsky	9	F	Hiawatha	IA	11:50	00:36:46.60
98	875/1384	535/912	525	Rylie Hospodarsky	7	F	Hiawatha	IA	11:52	00:36:52.68
99	879/1384	538/912	1187	Sophia Mcdowell	13	F	Cedar Rapids	IA	11:53	00:36:56.19
100	886/1384	544/912	230	Gabrielle Bennink	15	F	Cedar Rapids	IA	11:58	00:37:10.86
101	899/1384	554/912	2166	Sara Lacy	17	F	Cedar Rapids	IA	12:10	00:37:50.57
102	903/1384	558/912	1555	Morgan Pence	11	F	Swisher	IA	12:13	00:37:58.19
103	905/1384	560/912	1564	Anaka Bressler	11	F	Marion	IA	12:13	00:37:58.40
104	914/1384	567/912	948	Breanne Van Genderen	14	F	Cedar Rapids	IA	12:14	00:38:03.11
105	930/1384	578/912	1421	Maia Denge-Hagen	11	F	Cedar Rapids	IA	12:24	00:38:34.46
106	939/1384	587/912	927	Charlotte Houghkirk	6	F	Cedar Rapids	IA	12:29	00:38:49.05
107	944/1384	591/912	725	Trinity Miller	10	F	Belle Plaine	IA	12:32	00:38:57.17
108	946/1384	593/912	2112	Ally Olmstead	11	F	Alburnett	IA	12:33	00:39:00.60
109	968/1384	609/912	1612	Haley Tonelli	12	F	North Liberty	IA	12:46	00:39:40.18
110	973/1384	612/912	79	Tara Thorpe	10	F	Cedar Rapids	IA	12:51	00:39:56.27
111	984/1384	621/912	2221	Lillie Hawker	14	F	Mount Vernon	IA	12:56	00:40:13.90
112	985/1384	622/912	724	Kylee Miller	11	F	Belle Plaine	IA	12:56	00:40:14.02
113	990/1384	627/912	1109	Brookland Hoffman	12	F	Cedar Rapids	IA	13:01	00:40:29.65
114	994/1384	630/912	1031	Alexis Harre	17	F	Hiawatha	IA	13:04	00:40:36.86
115	1000/1384	636/912	2113	Bailey Hemphill	10	F	Marion	IA	13:05	00:40:41.74
116	1003/1384	639/912	1763	Gabriella Zach	17	F	Cedar Rapids	IA	13:09	00:40:53.24
117	1013/1384	647/912	19	Caitlyn Beals	17	F	Center Point	IA	13:12	00:41:01.71
118	1030/1384	659/912	1939	Leah Nguyen	6	F	Cedar Rapids	IA	13:23	00:41:37.30
119	1037/1384	664/912	1151	Ella Cunningham	11	F	Cedar Rapids	IA	13:30	00:41:59.24
120	1048/1384	673/912	1504	Cailin Duffy	16	F	Marion	IA	13:37	00:42:19.68
121	1056/1384	679/912	2064	Maggie Miskimen	15	F	Fairfax	IA	13:50	00:42:59.50
122	1086/1384	699/912	1228	Brecken Lechtenberg	8	F	Walford	IA	14:22	00:44:41.28
123	1098/1384	710/912	1773	Addison Phipps	9	F	Cedar Rapids	IA	14:45	00:45:50.51
124	1105/1384	717/912	557	Chloe Borst	11	F	Olin	IA	14:57	00:46:29.77
125	1110/1384	722/912	1251	Sydney Ross	17	F	Cedar Rapids	IA	15:11	00:47:10.53
126	1135/1384	739/912	1613	Madison Tonelli	10	F	North Liberty	IA	15:51	00:49:16.76
127	1136/1384	740/912	1616	Maria Tonelli	9	F	North Liberty	IA	15:51	00:49:17.44
128	1137/1384	741/912	1405	Chloe Jolliffe	17	F	Cedar Rapids	IA	15:54	00:49:25.76
129	1157/1384	757/912	1676	Skyylan Ousley	8	F	Cedar Rapids	IA	16:23	00:50:55.74
130	1158/1384	758/912	17	Kaylie Kelchen	11	F	Lisbon	IA	16:28	00:51:12.01
131	1160/1384	760/912	1184	Dee Dee Mcdowell	9	F	Cedar Rapids	IA	16:57	00:52:40.75
132	1175/1384	770/912	2075	Brooke Mcneal	18	F	Cedar Rapids	IA	17:28	00:54:18.57
133	1214/1384	793/912	1305	Alyssa Below	13	F	Cedar Rapids	IA	18:50	00:58:31.51
134	1217/1384	795/912	2092	Mya Novak	6	F	Marion	IA	19:00	00:59:02.46

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135	1222/1384	798/912	1722	Ashley Stulken	19	F	Walford	IA	19:10	00:59:34.97
136	1223/1384	799/912	1705	Madeline O'shea	18	F	Robins	IA	19:10	00:59:35.04
137	1231/1384	806/912	1960	Carly Steenrod	15	F	Cedar Rapids	IA	19:32	01:00:43.78
138	1235/1384	809/912	1043	Kayleigh Mcvey	14	F	Cedar Rapids	IA	19:38	01:01:00.77
139	1242/1384	814/912	1615	Brittany Tonelli	10	F	North Liberty	IA	20:10	01:02:40.21
140	1243/1384	815/912	1611	Tiffanie Tonelli	12	F	North Liberty	IA	20:10	01:02:40.74
141	1244/1384	816/912	200	Elizabeth Anderson	14	F	Cedar Rapids	IA	20:12	01:02:46.54
142	1245/1384	817/912	201	Katelyn Anderson	10	F	Cedar Rapids	IA	20:12	01:02:46.77
143	1250/1384	822/912	1074	Ashley Hasley	15	F	North Liberty	IA	20:31	01:03:46.12
144	1253/1384	824/912	1822	Meghan Brune	18	F	Swisher	IA	20:41	01:04:18.54
145	1254/1384	825/912	1829	Tracy Martinek	18	F	Cedar Rapids	IA	20:42	01:04:19.00
146	1258/1384	829/912	20	Chloee Beals	14	F	Center Point	IA	20:52	01:04:52.82
147	1263/1384	831/912	1759	Elizabeth Hawkes	11	F	Cedar Rapids	IA	21:13	01:05:56.68
148	1267/1384	833/912	133	Alexis Hallmann	15	F	Cedar Rapids	IA	21:17	01:06:08.69
149	1275/1384	839/912	120	Gracelynn Frahm	7	F	Cedar Rapids	IA	21:22	01:06:24.77
150	1280/1384	842/912	1174	Maddie Moses	13	F	Fairfax	IA	21:58	01:08:18.00
151	1283/1384	844/912	1808	Hannah Coyle	17	F	Cedar Rapids	IA	22:05	01:08:37.78
152	1300/1384	854/912	738	Mira Selk	16	F	Hiawatha	IA	22:46	01:10:44.37
153	1301/1384	855/912	1415	Krista Alt	13	F	Cedar Rapids	IA	22:48	01:10:52.54
154	1303/1384	857/912	134	Ashlynn Hallmann	13	F	Cedar Rapids	IA	22:51	01:11:02.32
155	1309/1384	861/912	1524	Delana Johnston	6	F	Readlyn	IA	23:06	01:11:47.81
156	1310/1384	862/912	1824	Mykah Kruse	15	F	Cedar Rapids	IA	23:08	01:11:54.06
157	1313/1384	864/912	1832	Maya Johnson	15	F	Bettendorf	IA	23:16	01:12:18.65
158	1314/1384	865/912	1352	Olivia Vander Sanden	17	F	Cedar Rapids	IA	23:23	01:12:41.51
159	1315/1384	866/912	1905	Mehgan Mather	17	F	Marion	IA	23:26	01:12:50.27
160	1317/1384	868/912	1904	Sydney Bennett	16	F	Marion	IA	23:26	01:12:50.81
161	1328/1384	873/912	1077	Emma York	10	F	Cedar Rapids	IA	23:50	01:14:03.49
162	1330/1384	875/912	814	Nicole Schultz	19	F	Cedar Rapids	IA	23:53	01:14:13.54
163	1331/1384	876/912	1310	Ellie Pins	15	F	Hiawatha	IA	23:53	01:14:15.31
164	1338/1384	881/912	99	Erica Bloomhall	18	F	Cedar Rapids	IA	24:10	01:15:06.91
165	1346/1384	887/912	1377	Aleena Wittenburg	9	F	Swisher	IA	24:36	01:16:26.50
166	1349/1384	889/912	127	Maddy Taylor	10	F	Marion	IA	24:38	01:16:33.07
167	1369/1384	902/912	1725	Allie Rogers	18	F	Anamosa	IA	26:04	01:21:01.57
168	1381/1384	910/912	806	Aurora Elliott	13	F	Cedar Rapids	IA	26:48	01:23:18.33

Male Male 01 - 19

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1	10/1384	9/472	977	Ben Mcguire	17	M	Mount Vernon	IA	6:12	00:19:17.43
2	21/1384	18/472	1757	Tate Weaver	17	M	Palo	IA	6:42	00:20:50.93
3	22/1384	19/472	855	Drew Jensen	15	M	Hiawatha	IA	6:42	00:20:51.87
4	24/1384	21/472	801	Gunnar Lacy	14	M	Cedar Rapids	IA	6:44	00:20:56.73
5	28/1384	25/472	1384	Zach Schmidt	17	M	Cedar Rapids	IA	6:50	00:21:15.49
6	31/1384	28/472	2163	Jeremy Thronson	16	M	Cedar Rapids	IA	6:54	00:21:28.98
7	33/1384	30/472	405	Kyle Neighbors	15	M	Cedar Rapids	IA	6:56	00:21:33.10
8	35/1384	32/472	1542	Bryce Grissom	13	M	Cedar Rapids	IA	6:56	00:21:35.14
9	61/1384	43/472	460	Jacob Moews	17	M	Indianola	IA	7:16	00:22:37.24
10	68/1384	47/472	301	Blake Kellison	14	M	Cedar Rapids	IA	7:20	00:22:48.34
11	77/1384	51/472	580	Ethan Mayer	13	M	Marion	IA	7:26	00:23:08.71

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
12	81/1384	54/472	1989	Matt Ropp	18	M	Cedar Rapids	IA	7:28	00:23:13.90
13	82/1384	55/472	2455	Jeremy Ferguson	16	M	Mt Vernon	IA	7:28	00:23:14.71
14	91/1384	59/472	2199	Preston Haefner	11	M	Cedar Rapids	IA	7:36	00:23:39.49
15	96/1384	62/472	404	Connor Neighbors	16	M	Cedar Rapids	IA	7:39	00:23:48.32
16	98/1384	64/472	1786	Carlos Baez	13	M	Cedar Rapids	IA	7:41	00:23:53.97
17	113/1384	76/472	1968	Michael Shea	18	M	Iowa City	IA	7:44	00:24:03.18
18	115/1384	78/472	1394	Kyle Lewis	14	M	Cedar Rapids	IA	7:44	00:24:04.60
19	132/1384	84/472	847	Henry Selk	14	M	Hiawatha	IA	7:53	00:24:31.58
20	133/1384	85/472	1272	Ryker Patton	13	M	Hiawatha	IA	7:56	00:24:41.20
21	149/1384	94/472	866	Gavin Lewis	11	M	Cedar Rapids	IA	8:04	00:25:04.90
22	150/1384	95/472	1664	Cooper Schenck	12	M	Cedar Rapids	IA	8:04	00:25:06.53
23	153/1384	98/472	1663	Carson Schenck	12	M	Cedar Rapids	IA	8:05	00:25:09.56
24	159/1384	102/472	433	Will Vlasek	12	M	Cedar Rapids	IA	8:07	00:25:15.88
25	161/1384	103/472	1449	Ethan Hong	19	M	Cedar Rapids	IA	8:08	00:25:18.92
26	162/1384	104/472	74	Chase Watkinson	8	M	Cedar Rapids	IA	8:09	00:25:19.46
27	164/1384	106/472	871	Gabe Hansen	14	M	Center Point	IA	8:09	00:25:21.96
28	166/1384	107/472	2457	Nolan Djerf	14	M	Cedar Rapids	IA	8:10	00:25:24.36
29	170/1384	109/472	880	Jt Mccrea	13	M	Cedar Rapids	IA	8:12	00:25:30.70
30	178/1384	110/472	1424	Bryce Radeke	15	M	Vinton	IA	8:16	00:25:42.08
31	180/1384	111/472	7	Landon Sorg	10	M	Cedar Rapids	IA	8:17	00:25:45.34
32	191/1384	117/472	652	Jake Lopez	14	M	Cedar Rapids	IA	8:21	00:25:57.94
33	199/1384	122/472	1513	Matthew Behnke	16	M	Marion	IA	8:24	00:26:08.89
34	206/1384	125/472	1296	Cody Nichols	12	M	North Liberty	IA	8:25	00:26:10.50
35	211/1384	129/472	1500	Jake Bisson	18	M	Palo	IA	8:26	00:26:12.37
36	215/1384	133/472	1357	Alex Harger	11	M	Cedar Rapids	IA	8:27	00:26:18.02
37	229/1384	138/472	2200	Whitcomb Haefner	15	M	Cedar Rapids	IA	8:35	00:26:42.90
38	230/1384	139/472	434	Wyatt Vlasek	11	M	Cedar Rapids	IA	8:36	00:26:44.75
39	260/1384	148/472	813	Addox Daters	8	M	Swisher	IA	8:49	00:27:24.27
40	262/1384	150/472	1641	Luke Poellet	17	M	Cedar Rapids	IA	8:49	00:27:25.01
41	273/1384	158/472	1795	Nathan Seutter	16	M	Davenport	IA	8:52	00:27:33.96
42	278/1384	159/472	978	Braylon Wignall	9	M	Marion	IA	8:53	00:27:38.72
43	279/1384	160/472	979	Jacob Moore	15	M	Denver	IA	8:53	00:27:38.83
44	303/1384	168/472	1416	Connor Alt	12	M	Cedar Rapids	IA	9:00	00:27:58.69
45	305/1384	170/472	2124	Will Kluesner	12	M	Hiawatha	IA	9:00	00:28:00.36
46	320/1384	174/472	2129	Ryan Cater	12	M	Hiawatha	IA	9:03	00:28:07.69
47	338/1384	178/472	881	Adam Mccrea	10	M	Cedar Rapids	IA	9:08	00:28:23.46
48	341/1384	180/472	1605	Aiden Harris	13	M	Keystone	IA	9:09	00:28:26.18
49	379/1384	197/472	2185	Braedyn Mason	9	M	Cedar Rapids	IA	9:23	00:29:10.47
50	386/1384	200/472	1784	Grant Boddicker	11	M	Marion	IA	9:25	00:29:15.71
51	390/1384	201/472	160	Christian Dewolf	13	M	Cedar Rapids	IA	9:25	00:29:17.99
52	424/1384	210/472	567	Nickolas Henry	12	M	Cedar Rapids	IA	9:35	00:29:47.69
53	425/1384	211/472	1833	Sam Johnson	12	M	Bettendorf	IA	9:35	00:29:47.69
54	429/1384	213/472	2033	Nicholas Lammer	13	M	Marion	IA	9:36	00:29:51.56
55	437/1384	214/472	2148	Clayten Meecker	10	M	Marion	IA	9:41	00:30:08.19
56	457/1384	222/472	1869	Eli Norris	13	M	Cedar Rapids	IA	9:44	00:30:15.15
57	469/1384	223/472	1614	Caden Tonelli	10	M	North Liberty	IA	9:48	00:30:27.47
58	477/1384	225/472	668	Gabe Franzman	11	M	Bettendorf	IA	9:50	00:30:36.22
59	490/1384	232/472	324	Lucas Dolphin	13	M	Cedar Rapids	IA	9:55	00:30:51.12
60	495/1384	233/472	1240	Max Gregerson	19	M	Cedar Rapids	IA	9:57	00:30:55.76
61	542/1384	249/472	822	Jaden Coker	12	M	Cedar Rapids	IA	10:09	00:31:32.93

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
62	552/1384	253/472	1306	Conner Below	10	M	Cedar Rapids	IA	10:11	00:31:40.12
63	554/1384	255/472	902	Alex Haggin	16	M	Marion	IA	10:12	00:31:42.09
64	567/1384	263/472	1085	T.J. Cook	14	M	Cedar Rapids	IA	10:14	00:31:50.41
65	569/1384	265/472	1432	Andrew Miller	12	M	Hiawatha	IA	10:15	00:31:52.86
66	595/1384	271/472	1393	Evan Lewis	10	M	Cedar Rapids	IA	10:23	00:32:16.51
67	600/1384	272/472	1870	Ethan Norris	11	M	Cedar Rapids	IA	10:23	00:32:17.97
68	619/1384	276/472	823	Tejan Coker	10	M	Cedar Rapids	IA	10:28	00:32:32.51
69	641/1384	281/472	417	Lucas Hanson	13	M	Cedar Rapids	IA	10:36	00:32:58.01
70	646/1384	282/472	688	Keegan Staab	16	M	Swisher	IA	10:37	00:33:00.27
71	675/1384	291/472	339	Mason Eiben	6	M	Central City	IA	10:47	00:33:30.37
72	682/1384	294/472	1610	Joe Tonelli	14	M	North Liberty	IA	10:48	00:33:34.85
73	692/1384	296/472	805	Johnathan Elliott	14	M	Cedar Rapids	IA	10:51	00:33:45.06
74	713/1384	302/472	759	Nathan Bretz	18	M	North Liberty	IA	11:02	00:34:17.00
75	718/1384	304/472	1086	Adam Cook	11	M	Cedar Rapids	IA	11:02	00:34:19.51
76	736/1384	309/472	1598	Taylor Boelter	16	M	Cedar Rapids	IA	11:08	00:34:38.41
77	767/1384	312/472	1087	Dusty Cook	8	M	Cedar Rapids	IA	11:19	00:35:10.71
78	776/1384	316/472	1723	Mitchell Talyat	15	M	Cedar Rapids	IA	11:21	00:35:16.98
79	788/1384	320/472	28	Tristan Prebil	12	M	Cedar Rapids	IA	11:25	00:35:30.73
80	797/1384	323/472	1921	Dylan Hoyer	14	M	Freeport	IL	11:29	00:35:42.98
81	912/1384	347/472	2225	Lucas Bartachek	13	M	Cedar Rapids	IA	12:14	00:38:02.49
82	921/1384	349/472	903	Cameron Weeks	9	M	Walford	IA	12:16	00:38:08.99
83	957/1384	357/472	1246	Regan Kopecky	9	M	North Liberty	IA	12:40	00:39:23.03
84	960/1384	359/472	1680	Eli Ervin	13	M	Cedar Rapids	IA	12:41	00:39:25.24
85	969/1384	360/472	1153	Brayden Cunningham	6	M	Cedar Rapids	IA	12:46	00:39:42.21
86	991/1384	364/472	587	Isaac Sumcad	8	M	Marion	IA	13:02	00:40:29.74
87	1008/1384	366/472	2191	Ethan Emick	6	M	Fairfield	IA	13:10	00:40:57.42
88	1022/1384	368/472	1531	Marcus England	19	M	Cedar Rapids	IA	13:19	00:41:22.99
89	1031/1384	372/472	896	Nathaniel Foster	11	M	Cedar Rapids	IA	13:24	00:41:40.52
90	1044/1384	375/472	1089	Bryce Spencer	16	M	Marion	IA	13:36	00:42:18.20
91	1057/1384	378/472	2065	Casey Miskimen	9	M	Fairfax	IA	13:50	00:42:59.50
92	1072/1384	382/472	139	Connor Rissi	14	M	Cedar Rapids	IA	14:05	00:43:47.02
93	1081/1384	385/472	613	Nolan Temple	12	M	Cedar Rapids	IA	14:17	00:44:24.83
94	1092/1384	388/472	809	Silas Harvey	18	M	South Amana	IA	14:32	00:45:11.62
95	1113/1384	389/472	187	Nathan Mayer	12	M	Waverly	IA	15:14	00:47:22.16
96	1124/1384	394/472	1353	Jake Vander Sanden	14	M	Cedar Rapids	IA	15:32	00:48:18.78
97	1125/1384	395/472	2053	Eddie Tonelli	9	M	North Liberty	IA	15:36	00:48:28.24
98	1147/1384	398/472	1961	Ben Steenrod	10	M	Cedar Rapids	IA	16:10	00:50:14.81
99	1148/1384	399/472	1516	Mathew Worthingtonbarnes	10	M	Cedar Rapids	IA	16:10	00:50:15.77
100	1170/1384	403/472	1964	Joey Polaski	5	M	Cedar Rapids	IA	17:07	00:53:12.62
101	1178/1384	407/472	735	Ryan Langer	9	M	Marion	IA	17:30	00:54:22.65
102	1179/1384	408/472	734	Jordan Langer	9	M	Marion	IA	17:30	00:54:24.52
103	1181/1384	410/472	1694	Jackson Bowman	13	M	Robins	IA	17:32	00:54:29.04
104	1182/1384	411/472	1299	Alexander Mackin	14	M	Hiawatha	IA	17:32	00:54:29.27
105	1189/1384	414/472	1847	Tavian Wray	13	M	Cedar Rapids	IA	17:34	00:54:37.77
106	1219/1384	423/472	2090	Michael Novak	10	M	Marion	IA	19:00	00:59:03.78
107	1252/1384	429/472	1819	Ryley McMahan	18	M	Cedar Rapids	IA	20:41	01:04:18.30
108	1260/1384	430/472	353	Dugan Obiedzinski	7	M	Urbana	IA	20:55	01:05:00.54
109	1264/1384	433/472	1805	Marc Hawkes	9	M	Cedar Rapids	IA	21:16	01:06:06.04
110	1266/1384	434/472	1804	Johnny Hawkes	10	M	Cedar Rapids	IA	21:16	01:06:07.05
111	1268/1384	435/472	119	Hunter Frahm	14	M	Cedar Rapids	IA	21:21	01:06:22.33

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
112	1272/1384	436/472	578	John Moellers	10	M	Marshalltown	IA	21:22	01:06:23.54
113	1305/1384	447/472	1084	Ryan Cook	15	M	Cedar Rapids	IA	22:53	01:11:07.56
114	1306/1384	448/472	834	Everett Burr	7	M	Cedar Rapids	IA	23:01	01:11:32.20
115	1322/1384	451/472	1078	Tatum York	9	M	Cedar Rapids	IA	23:43	01:13:41.79
116	1332/1384	456/472	362	Peter Ferry	14	M	Cedar Rapids	IA	24:03	01:14:44.16
117	1352/1384	461/472	1378	Jack Wittenburg	7	M	Swisher	IA	24:40	01:16:38.98
118	1353/1384	462/472	467	Connor Woods	14	M	Cedar Falls	IA	24:48	01:17:06.31
119	1370/1384	468/472	1726	Andrew Blakely	18	M	Cedar Falls	IA	26:04	01:21:01.57
120	1380/1384	471/472	807	Josh Elliott	10	M	Cedar Rapids	IA	26:48	01:23:16.82

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	42/1384	5/912	997	Brett Visser	20	F	Cedar Rapids	IA	6:59	00:21:44.74
2	44/1384	6/912	967	Kimberly Kuda	29	F	Cedar Rapids	IA	7:03	00:21:56.95
3	51/1384	12/912	784	Sophia Arias	24	F	Cedar Rapids	IA	7:10	00:22:16.49
4	53/1384	14/912	1684	Kate Winsor	28	F	Cedar Rapids	IA	7:11	00:22:21.89
5	54/1384	15/912	694	Stacey Walker	28	F	Cedar Rapids	IA	7:12	00:22:22.50
6	63/1384	19/912	87	Kayleigh Grace	28	F	Marion	IA	7:17	00:22:39.43
7	75/1384	25/912	629	Stephanie Brehm	26	F	Mount Vernon	IA	7:23	00:22:57.99
8	122/1384	41/912	1892	Abby Kolarik	20	F	Cedar Falls	IA	7:47	00:24:13.69
9	137/1384	49/912	429	Kelsey Adam	26	F	North Liberty	IA	7:58	00:24:45.21
10	145/1384	53/912	669	Melissa Burds	22	F	Epworth	IA	8:00	00:24:52.33
11	181/1384	70/912	2013	Emily Flint	22	F	Springfield	IL	8:18	00:25:50.00
12	203/1384	80/912	1779	Gabrielle Botsford	22	F	Cedar Rapids	IA	8:25	00:26:09.35
13	208/1384	82/912	771	Marie Antons	24	F	Southampton	IA	8:25	00:26:11.77
14	222/1384	86/912	1344	Lisa Bubon	29	F	Central City	IA	8:31	00:26:28.24
15	223/1384	87/912	1401	Courtney Riniker	28	F	Marion	IA	8:31	00:26:29.67
16	232/1384	92/912	1730	Abigale Bedard	24	F	Palo	IA	8:38	00:26:49.85
17	236/1384	96/912	516	Kristy Meese	28	F	Edgewood	IA	8:40	00:26:56.53
18	254/1384	108/912	1120	Meaghan Muller	25	F	Cedar Rapids	IA	8:48	00:27:20.76
19	258/1384	111/912	1562	Tessa Larsen	25	F	Coralville	IA	8:49	00:27:23.71
20	259/1384	112/912	2198	Emily Arkenberg	23	F	Cedar Rapids	IA	8:49	00:27:24.26
21	281/1384	120/912	545	Meghan Nelson	25	F	Cedar Rapids	IA	8:54	00:27:40.45
22	287/1384	124/912	633	Mandie Kendzora	29	F	Cedar Rapids	IA	8:55	00:27:45.21
23	288/1384	125/912	1330	Katie Fischels	23	F	Iowa City	IA	8:56	00:27:46.00
24	307/1384	137/912	2192	Monica Lynch	28	F	Cedar Rapids	IA	9:00	00:28:00.71
25	316/1384	144/912	1768	Bridget Maurer	21	F	Iowa City	IA	9:02	00:28:04.42
26	325/1384	149/912	1480	Megan Countryman	27	F	North Liberty	IA	9:05	00:28:16.21
27	342/1384	162/912	206	Mckenzie Dickerman	23	F	Cedar Rapids	IA	9:09	00:28:27.20
28	344/1384	164/912	1309	Mary Kate Beardsworth	25	F	Cedar Rapids	IA	9:09	00:28:28.82
29	347/1384	165/912	660	Emmy Moore	21	F	Solon	IA	9:11	00:28:32.21
30	350/1384	167/912	1821	Teala Happ	28	F	Jeffersonville	IN	9:12	00:28:36.15
31	354/1384	169/912	2216	Jenna Bakke	23	F	Cedar Rapids	IA	9:14	00:28:42.44
32	378/1384	182/912	2223	Soleil Warner	27	F	Cedar Rapids	IA	9:22	00:29:09.21
33	393/1384	191/912	2095	Abby Finnegan	29	F	Cedar Rapids	IA	9:25	00:29:18.46
34	394/1384	192/912	925	Holly Bennett	22	F	Cedar Rapids	IA	9:26	00:29:19.00
35	411/1384	203/912	116	Hannah O'brien	23	F	Springville	IA	9:31	00:29:34.85
36	413/1384	205/912	267	Hannah Boyer	26	F	North Liberty	IA	9:31	00:29:36.71

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
37	420/1384	212/912	1798	Caroline Mehlhoff	24	F	North Liberty	IA	9:33	00:29:43.37
38	427/1384	216/912	2161	Kaitie Connelly	21	F	Marion	IA	9:35	00:29:49.47
39	431/1384	218/912	2214	Alyssa Quinn	26	F	Cedar Rapids	IA	9:38	00:29:57.92
40	448/1384	230/912	776	Kathleen Mcnamara	28	F	Anamosa	IA	9:43	00:30:13.47
41	464/1384	242/912	1596	Katie Hamilton	20	F	Cedar Rapids	IA	9:47	00:30:26.22
42	470/1384	247/912	1443	Brooke Batha	23	F	Iowa City	IA	9:49	00:30:32.40
43	472/1384	249/912	1274	Chiara Erenberger	28	F	Cedar Rapids	IA	9:50	00:30:34.23
44	473/1384	250/912	1273	Chelsea Chambers	28	F	Cedar Rapids	IA	9:50	00:30:34.50
45	474/1384	251/912	1170	Chelsea Arduser	28	F	Cedar Rapids	IA	9:50	00:30:34.75
46	499/1384	265/912	1913	Katie Ramsey	23	F	Marion	IA	9:59	00:31:01.64
47	500/1384	266/912	1972	Signey Martin	22	F	Cedar Rapids	IA	9:59	00:31:03.08
48	503/1384	267/912	1844	Apryl Deaton	26	F	Marion	IA	10:00	00:31:04.54
49	505/1384	268/912	1157	Taylor Arens	21	F	Belle Plaine	IA	10:02	00:31:12.25
50	509/1384	271/912	1181	Ashley Kuda	29	F	Center Point	IA	10:04	00:31:16.87
51	511/1384	273/912	1902	Krista Watson	28	F	Cedar Rapids	IA	10:04	00:31:18.36
52	513/1384	274/912	760	Sabrina Bretz	20	F	North Liberty	IA	10:04	00:31:18.69
53	544/1384	294/912	511	Erin Haerther	27	F	Newhall	IA	10:10	00:31:38.00
54	549/1384	298/912	1981	Abigail Ritter	27	F	Iowa City	IA	10:11	00:31:39.26
55	559/1384	301/912	712	Liz Engebretson	27	F	Marion	IA	10:12	00:31:44.22
56	577/1384	312/912	570	Samantha Stuer	24	F	Romeoville	IL	10:18	00:32:00.24
57	581/1384	315/912	835	Jessica White	25	F	Cedar Rapids	IA	10:19	00:32:05.01
58	582/1384	316/912	237	Brittini Donaldson	24	F	Sioux City	IA	10:19	00:32:05.07
59	598/1384	327/912	764	Alixandra Moews	24	F	Keosauqua	IA	10:23	00:32:17.70
60	603/1384	330/912	573	Genoa Martin	29	F	Cedar Rapids	IA	10:24	00:32:21.23
61	604/1384	331/912	574	Jade Beck	27	F	Elkader	IA	10:24	00:32:21.23
62	611/1384	338/912	285	Kelsi Koeppen	26	F	Marion	IA	10:26	00:32:26.51
63	625/1384	347/912	864	Christy Rozinek	29	F	Swisher	IA	10:30	00:32:39.27
64	627/1384	349/912	783	Ali Carlson	29	F	Marion	IA	10:31	00:32:41.48
65	633/1384	353/912	512	Melinda Kreis	27	F	Cedar Rapids	IA	10:33	00:32:49.22
66	637/1384	357/912	1103	Mallory Neubauer	21	F	Amana	IA	10:35	00:32:53.93
67	647/1384	365/912	251	Kelsey Kiwala	25	F	Cedar Rapids	IA	10:38	00:33:02.97
68	656/1384	372/912	26	Jacqueline Lavelly	29	F	Iowa City	IA	10:41	00:33:12.22
69	669/1384	382/912	2157	Teela Howerton	29	F	Cedar Rapids	IA	10:46	00:33:28.01
70	676/1384	385/912	1030	Megan Mishmash	20	F	Atkins	IA	10:47	00:33:30.40
71	677/1384	386/912	1112	Kayla Zuck	26	F	Jesup	IA	10:47	00:33:30.57
72	679/1384	388/912	1036	Erica Corkery	27	F	North Liberty	IA	10:47	00:33:32.98
73	693/1384	397/912	795	Abigail Sojka	28	F	Iowa City	IA	10:51	00:33:45.47
74	698/1384	402/912	2168	Bailey Ward	20	F	Cedar Rapids	IA	10:53	00:33:51.38
75	708/1384	408/912	1040	Marisa Modlin	20	F	Cedar Rapids	IA	11:00	00:34:12.26
76	727/1384	421/912	437	Cassie Suthers	22	F	Marion	IA	11:04	00:34:24.95
77	728/1384	422/912	644	Daisy Pilarczyk	22	F	Cedar Rapids	IA	11:04	00:34:24.98
78	729/1384	423/912	439	Nicole Werling	24	F	Springville	IA	11:04	00:34:25.53
79	739/1384	430/912	1979	Sydney Vaughn	24	F	Marion	IA	11:09	00:34:40.57
80	741/1384	432/912	1799	Aly Warner	24	F	Cedar Rapids	IA	11:09	00:34:40.76
81	748/1384	438/912	730	Brianna Reynolds	28	F	Marion	IA	11:14	00:34:55.68
82	753/1384	442/912	270	Kayla Duggan	27	F	Cedar Rapids	IA	11:15	00:34:58.73
83	755/1384	444/912	1071	Samantha Knudson	27	F	Cedar Rapids	IA	11:16	00:35:00.72
84	760/1384	449/912	2088	Kara Beatty	29	F	Kalona	IA	11:17	00:35:04.61
85	770/1384	457/912	1389	Libby Miller	20	F	Cedar Rapids	IA	11:20	00:35:13.96
86	772/1384	458/912	1037	Cecily Corkery	21	F	Walker	IA	11:20	00:35:14.98

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
87	773/1384	459/912	1380	Genea Mathews	24	F	Cedar Rapids	IA	11:20	00:35:15.21
88	774/1384	460/912	2001	Kirsten Jacobsen	28	F	Cedar Falls	IA	11:21	00:35:16.39
89	777/1384	461/912	722	Paula O'dell	29	F	Belle Plaine	IA	11:21	00:35:17.76
90	779/1384	462/912	442	Alysia Barger	27	F	Hiawatha	IA	11:22	00:35:19.01
91	780/1384	463/912	929	Paula Teubel	21	F	Lisbon	IA	11:22	00:35:19.43
92	782/1384	465/912	1385	Emily Mitchell	20	F	Marion	IA	11:23	00:35:22.26
93	786/1384	467/912	673	Megan Mcdonald	28	F	Robins	IA	11:24	00:35:25.19
94	818/1384	490/912	1114	Paige Crosset	24	F	Tiffin	IA	11:37	00:36:08.20
95	821/1384	493/912	2025	Kelsey Ryder	28	F	Robins	IA	11:38	00:36:08.86
96	822/1384	494/912	550	Natasha Jones	23	F	Cedar Rapids	IA	11:38	00:36:09.48
97	824/1384	496/912	1113	Alexis Baxter	23	F	Tiffin	IA	11:38	00:36:10.64
98	827/1384	499/912	2087	Autumn Philp	22	F	Cedar Rapids	IA	11:39	00:36:13.93
99	833/1384	503/912	1650	Jena Jones	28	F	Marion	IA	11:40	00:36:16.48
100	844/1384	511/912	444	Jemi Baskerville	21	F	Cedar Rapids	IA	11:42	00:36:22.77
101	851/1384	517/912	1841	Bailey Dietz	27	F	Marion	IA	11:45	00:36:31.77
102	857/1384	521/912	751	Kelly Goerd	28	F	Cedar Rapids	IA	11:47	00:36:38.12
103	877/1384	536/912	646	Kate Green	27	F	Hiawatha	IA	11:52	00:36:54.26
104	896/1384	552/912	1350	Chelsea Adams	27	F	Marion	IA	12:06	00:37:36.97
105	897/1384	553/912	1144	Kallie Neuhaus	28	F	Hiawatha	IA	12:06	00:37:37.27
106	906/1384	561/912	1648	Sadie Pederson	25	F	Cedar Rapids	IA	12:13	00:37:58.46
107	931/1384	579/912	628	Marie Maston	22	F	Solon	IA	12:25	00:38:36.44
108	934/1384	582/912	349	Nicole Peyton	26	F	Marion	IA	12:27	00:38:42.14
109	937/1384	585/912	575	Maureen Johnson	25	F	Marion	IA	12:29	00:38:48.03
110	948/1384	595/912	541	Elsabeth Hepworth	29	F	Cedar Rapids	IA	12:34	00:39:05.73
111	950/1384	597/912	579	Natalie Peyton	21	F	Marion	IA	12:35	00:39:06.31
112	965/1384	606/912	1625	Lindsey Coblentz	29	F	Walford	IA	12:44	00:39:35.51
113	972/1384	611/912	31	Cayla Morris	28	F	Independence	IA	12:49	00:39:49.49
114	978/1384	616/912	240	Elizabeth Streb	25	F	Cedar Rapids	IA	12:53	00:40:02.02
115	995/1384	631/912	1765	Emilia Pechman	25	F	Ankeny	IA	13:04	00:40:38.69
116	1002/1384	638/912	2022	Heather Guler	23	F	Marion	IA	13:07	00:40:47.23
117	1004/1384	640/912	221	Kelsey Tweeton	27	F	Cedar Rapids	IA	13:09	00:40:54.24
118	1012/1384	646/912	1259	Emily Nibaur	23	F	Cedar Rapids	IA	13:11	00:40:59.67
119	1015/1384	649/912	537	Diana Montgomery	22	F	Cedar Rapids	IA	13:14	00:41:08.72
120	1019/1384	652/912	2098	Brittany Tedesco	27	F	Massillon	OH	13:16	00:41:14.91
121	1021/1384	654/912	1530	Brittney England	21	F	Cedar Rapids	IA	13:19	00:41:22.83
122	1033/1384	661/912	297	Morgan Hahn	20	F	Ames	IA	13:28	00:41:52.27
123	1064/1384	683/912	2040	Marissa Kelly	22	F	Cedar Rapids	IA	14:02	00:43:37.52
124	1066/1384	685/912	2055	Morgan Troendle	27	F	Cedar Rapids	IA	14:02	00:43:38.88
125	1071/1384	690/912	219	Ariadnae Andrews	26	F	North Liberty	IA	14:05	00:43:45.58
126	1080/1384	696/912	1502	Leeann Robbins	24	F	Hiawatha	IA	14:13	00:44:11.25
127	1095/1384	707/912	82	Maggie Southwick	20	F	North Liberty	IA	14:36	00:45:24.00
128	1097/1384	709/912	2469	Emily Smith	20	F	Marion	IA	14:40	00:45:35.24
129	1108/1384	720/912	2061	Hanna Anderson	27	F	Cedar Rapids	IA	15:09	00:47:06.01
130	1120/1384	729/912	396	Emily Feltes	21	F	Hiawatha	IA	15:25	00:47:56.67
131	1127/1384	732/912	1379	Allyssa Nolan	29	F	Cedar Rapids	IA	15:39	00:48:37.53
132	1129/1384	734/912	360	Jennifer Newendorp	29	F	Kalona	IA	15:42	00:48:47.23
133	1131/1384	735/912	1817	Carly Taylor	25	F	Cedar Rapids	IA	15:42	00:48:49.00
134	1145/1384	748/912	1214	Beth Kelchen	25	F	Cascade	IA	16:05	00:49:58.53
135	1163/1384	762/912	1861	Ruthie Muenzenmeyer	24	F	Cedar Rapids	IA	16:58	00:52:46.02
136	1168/1384	767/912	533	Malinda Sammons	28	F	Cedar Rapids	IA	17:06	00:53:08.77

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
137	1174/1384	769/912	945	Stephanie Mochal	27	F	Cedar Rapids	IA	17:25	00:54:09.04
138	1187/1384	774/912	1963	Maggie Polaski	25	F	Cedar Rapids	IA	17:33	00:54:34.13
139	1191/1384	777/912	1627	Kaitlyn Burns	21	F	Walford	IA	17:49	00:55:24.49
140	1196/1384	782/912	1050	Kaitlyn Schuring	29	F	Cedar Rapids	IA	18:01	00:55:59.53
141	1204/1384	786/912	1148	Jackie Cook	23	F	Iowa City	IA	18:17	00:56:50.78
142	1206/1384	788/912	386	Laura Carr	24	F	Cedar Rapids	IA	18:21	00:57:01.25
143	1213/1384	792/912	1239	Kaitlin Gregerson	20	F	Cedar Rapids	IA	18:41	00:58:03.78
144	1226/1384	802/912	936	Rae Kinkead	29	F	Central City	IA	19:18	00:59:58.06
145	1229/1384	804/912	2059	Brittany Bowman	27	F	North Liberty	IA	19:19	01:00:01.25
146	1284/1384	845/912	618	Sharelle Allamand	28	F	Cedar Rapids	IA	22:14	01:09:06.27
147	1285/1384	846/912	1649	Abby Turner	23	F	Cedar Rapids	IA	22:32	01:10:02.17
148	1289/1384	848/912	1929	Madeline Turner	21	F	Marion	IA	22:32	01:10:03.62
149	1294/1384	851/912	1919	Lacey Constien	20	F	Cedar Rapids	IA	22:42	01:10:34.07
150	1302/1384	856/912	1271	Shelby Roth	23	F	Coralville	IA	22:49	01:10:53.53
151	1321/1384	871/912	176	Elizabeth Hoffmann	26	F	Cedar Rapids	IA	23:41	01:13:37.48
152	1329/1384	874/912	345	Makenzie Wallace	20	F	Cedar Rapids	IA	23:52	01:14:10.86
153	1340/1384	882/912	274	Brittany Ingoldsby	27	F	Algonquin	IL	24:14	01:15:17.63
154	1343/1384	885/912	209	Amanda Wootonn	23	F	Coralville	IA	24:21	01:15:40.78
155	1357/1384	894/912	1106	Lauren Dirks	26	F	Ely	IA	25:07	01:18:04.94
156	1361/1384	896/912	382	Carrie Daniel	27	F	Walford	IA	25:20	01:18:44.82
157	1363/1384	897/912	1962	Alee Doneson	24	F	Marion	IA	25:26	01:19:02.44
158	1364/1384	898/912	1894	Rebecca Dolphin	22	F	Marion	IA	25:27	01:19:06.07
159	1377/1384	907/912	1911	Carli Holub	21	F	Cedar Rapids	IA	26:44	01:23:03.83
160	1382/1384	911/912	1137	Abby Steffensmeier	22	F	Fort Madison	IA	27:30	01:25:27.58
161	1384/1384	912/912	592	Jennifer Vanderhoff	29	F	Cedar Rapids	IA	28:17	01:27:53.83

Male Male 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/1384	4/472	1687	Bryce Poellet	23	M	Cedar Rapids	IA	5:58	00:18:34.69
2	8/1384	7/472	682	Ethan Wykert	24	M	Coralville	IA	6:10	00:19:10.69
3	9/1384	8/472	769	Ben Moews	26	M	Iowa City	IA	6:11	00:19:13.36
4	16/1384	13/472	1402	Alex Riniker	29	M	Marion	IA	6:26	00:19:59.42
5	20/1384	17/472	1283	Ben Pritchard	22	M	Cedar Rapids	IA	6:42	00:20:49.64
6	32/1384	29/472	1455	Jacob Spurrell	20	M	Cedar Rapids	IA	6:55	00:21:29.61
7	36/1384	33/472	563	Hunter Sade	25	M	Marion	IA	6:57	00:21:35.75
8	38/1384	34/472	1442	Peter Watson	22	M	Cedar Rapids	IA	6:58	00:21:39.83
9	39/1384	35/472	2117	Joseph Tenhulzen	26	M	Iowa City	IA	6:58	00:21:40.64
10	41/1384	37/472	1974	Edton Luvan	29	M	Cedar Rapids	IA	6:59	00:21:42.43
11	60/1384	42/472	1491	Brandon Besong	24	M	Cedar Rapids	IA	7:16	00:22:35.68
12	73/1384	49/472	630	John Brehm	27	M	Mount Vernon	IA	7:23	00:22:57.86
13	74/1384	50/472	1624	Travis Novotny	25	M	Cedar Rapids	IA	7:23	00:22:57.95
14	87/1384	57/472	1553	Michael Williams	27	M	Cedar Rapids	IA	7:31	00:23:22.95
15	93/1384	60/472	1745	Aaron Reinecke	24	M	Marion	IA	7:36	00:23:39.74
16	100/1384	66/472	1161	Jeremy Cassill	21	M	Newhall	IA	7:41	00:23:54.49
17	103/1384	69/472	1006	Colton Desmarais	28	M	Cedar Rapids	IA	7:42	00:23:55.85
18	134/1384	86/472	207	William Diede	23	M	Cedar Rapids	IA	7:56	00:24:41.68
19	140/1384	90/472	1328	Zachary Fischels	20	M	Cedar Falls	IA	7:58	00:24:46.83
20	147/1384	93/472	430	Jared Adam	27	M	North Liberty	IA	8:00	00:24:53.34

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
21	157/1384	100/472	1952	Matthew Swenson	21	M	Cedar Rapids	IA	8:06	00:25:12.24
22	169/1384	108/472	1912	Sam Pritchard	26	M	Marion	IA	8:12	00:25:29.29
23	198/1384	121/472	748	Wesley Keene	26	M	Cedar Rapids	IA	8:24	00:26:06.31
24	201/1384	123/472	937	Michael Osnowitz	24	M	Coralville	IA	8:24	00:26:09.00
25	207/1384	126/472	770	Brice Antons	27	M	Southampton	IA	8:25	00:26:11.58
26	220/1384	136/472	1879	Mitch Kinastowski	29	M	Chicago	IL	8:30	00:26:26.42
27	251/1384	145/472	1121	Jacob Muller	22	M	Cedar Rapids	IA	8:47	00:27:20.22
28	312/1384	172/472	1767	Tyler Weideman	20	M	Iowa City	IA	9:01	00:28:03.00
29	323/1384	176/472	173	Kevin Barry	27	M	Cedar Rapids	IA	9:03	00:28:09.96
30	329/1384	177/472	723	Ryan Tew	28	M	Cedar Rapids	IA	9:06	00:28:19.21
31	363/1384	190/472	544	Vincent Pantaleo	27	M	Cedar Rapids	IA	9:17	00:28:51.60
32	371/1384	195/472	1842	Clayton Dietz	29	M	Marion	IA	9:20	00:29:01.14
33	392/1384	202/472	2096	Daniel Finnegan	29	M	Cedar Rapids	IA	9:25	00:29:18.39
34	406/1384	206/472	1712	Nick Brune	23	M	Swisher	IA	9:30	00:29:33.00
35	446/1384	218/472	973	Jerad Manson	27	M	Cedar Rapids	IA	9:43	00:30:12.85
36	486/1384	230/472	290	Ryan Brown	26	M	Cedar Rapids	IA	9:54	00:30:47.13
37	487/1384	231/472	1566	Tyler Snitker	29	M	Cedar Rapids	IA	9:54	00:30:47.44
38	501/1384	235/472	1940	Zach Hanley	29	M	Cedar Rapids	IA	9:59	00:31:03.10
39	502/1384	236/472	1845	Orion Deaton	26	M	Marion	IA	10:00	00:31:04.32
40	504/1384	237/472	1158	Michael Vajgrt	24	M	Newhall	IA	10:02	00:31:12.22
41	512/1384	239/472	1901	Benjamin Watson	28	M	Cedar Rapids	IA	10:04	00:31:18.57
42	548/1384	251/472	1982	Keegan Bohn	25	M	Iowa City	IA	10:11	00:31:39.01
43	553/1384	254/472	484	Jonathan Lam	29	M	Cedar Rapids	IA	10:11	00:31:41.14
44	613/1384	275/472	2050	Jasmine Reuter	24	M	Cedar Rapids	IA	10:26	00:32:27.05
45	630/1384	279/472	1647	Thomas Pederson	25	M	Cedar Rapids	IA	10:33	00:32:46.97
46	632/1384	280/472	513	Cody Kreis	26	M	Cedar Rapids	IA	10:33	00:32:49.02
47	652/1384	284/472	992	Nick Sherman	29	M	North Liberty	IA	10:38	00:33:04.94
48	751/1384	311/472	729	Andrew Reynolds	28	M	Marion	IA	11:15	00:34:57.52
49	799/1384	324/472	1715	Wes Hoyer	22	M	Swisher	IA	11:30	00:35:44.65
50	808/1384	328/472	1980	Daniel Carpintero	25	M	Marion	IA	11:34	00:35:56.62
51	835/1384	331/472	1651	Jacob Jones	28	M	Marion	IA	11:40	00:36:16.76
52	876/1384	341/472	647	Roy Green	29	M	Hiawatha	IA	11:52	00:36:53.99
53	892/1384	344/472	972	Dakota Mcelderry	21	M	Libertyville	IA	12:03	00:37:29.23
54	917/1384	348/472	2038	Andrew Kral	24	M	Charlotte	NC	12:15	00:38:04.98
55	977/1384	362/472	239	Dylan Streb	26	M	Cedar Rapids	IA	12:53	00:40:02.02
56	1016/1384	367/472	538	Ronald Tyson	25	M	Cedar Rapids	IA	13:14	00:41:09.00
57	1025/1384	369/472	132	Tyler Fogt	27	M	Des Moines	IA	13:20	00:41:26.06
58	1026/1384	370/472	131	Ryan Fogt	23	M	Ames	IA	13:20	00:41:26.24
59	1061/1384	380/472	2132	Chase Fergus	25	M	Cedar Rapids	IA	14:01	00:43:34.68
60	1130/1384	396/472	1818	Ryan Taylor	27	M	Cedar Rapids	IA	15:42	00:48:48.59
61	1169/1384	402/472	534	Dylan Hadenfeldt	28	M	Cedar Rapids	IA	17:06	00:53:09.02
62	1207/1384	419/472	385	Quinn Wicher	27	M	Cedar Rapids	IA	18:21	00:57:01.46
63	1286/1384	440/472	1931	Jarrett Pearson	26	M	Marion	IA	22:32	01:10:02.21
64	1290/1384	442/472	1930	Michael Bogert	22	M	Marion	IA	22:33	01:10:03.81
65	1299/1384	446/472	1920	Nathan Juels	21	M	Cedar Rapids	IA	22:43	01:10:36.56
66	1344/1384	459/472	213	Joshua Wootonn	20	M	Coralville	IA	24:23	01:15:46.97
67	1355/1384	463/472	497	Evan Ernst	28	M	Cedar Rapids	IA	24:59	01:17:40.01
68	1362/1384	466/472	381	Carrington Daniel	28	M	Walford	IA	25:20	01:18:45.08
69	1376/1384	470/472	286	Tyler Cain	26	M	Wellman	IA	26:42	01:22:58.29

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	46/1384	8/912	665	Elizabeth Steele	33	F	Norway	IA	7:05	00:22:03.45
2	47/1384	9/912	604	Erika Hass	33	F	Cedar Rapids	IA	7:07	00:22:08.03
3	50/1384	11/912	1465	Sally Wiley	34	F	Cedar Rapids	IA	7:10	00:22:16.17
4	52/1384	13/912	1727	Vanessa Vega	35	F	Cedar Rapids	IA	7:11	00:22:21.48
5	66/1384	20/912	346	Kimberly Poston	35	F	Marion	IA	7:20	00:22:47.67
6	76/1384	26/912	374	Abby Lorenzen	30	F	Coralville	IA	7:25	00:23:04.49
7	83/1384	28/912	787	Tara Handke	30	F	Marion	IA	7:28	00:23:14.74
8	89/1384	31/912	1242	Kristyn Watson	31	F	Cedar Rapids	IA	7:33	00:23:29.25
9	94/1384	34/912	1046	Lisa Lambi	39	F	North Liberty	IA	7:38	00:23:43.42
10	111/1384	37/912	400	Sara Lang	36	F	Cedar Rapids	IA	7:44	00:24:02.10
11	123/1384	42/912	232	Allison Murphy	36	F	Marion	IA	7:48	00:24:15.20
12	124/1384	43/912	1877	Jill Engels	34	F	Tipton	IA	7:48	00:24:16.09
13	126/1384	44/912	1220	Abby Meyer	32	F	Swisher	IA	7:50	00:24:21.95
14	127/1384	45/912	1277	Marie Billings	34	F	Marion	IA	7:50	00:24:22.10
15	128/1384	46/912	149	Piper Twachtmann	30	F	Cedar Rapids	IA	7:52	00:24:26.89
16	131/1384	48/912	884	Tess Duckett	36	F	Cedar Rapids	IA	7:53	00:24:30.76
17	139/1384	50/912	1776	Rachael Stadlen	30	F	Cedar Rapids	IA	7:58	00:24:45.74
18	141/1384	51/912	632	Michelle Alber	31	F	Manchester	IA	7:58	00:24:47.36
19	165/1384	59/912	1793	Kara Yahn Mulder	32	F	Cedar Falls	IA	8:10	00:25:22.96
20	196/1384	77/912	756	Chelsie Engelbart	34	F	Anamosa	IA	8:23	00:26:04.30
21	200/1384	78/912	1997	Dawn Dietz	33	F	Vinton	IA	8:24	00:26:08.95
22	205/1384	81/912	486	Julie Williams	31	F	Cedar Rapids	IA	8:25	00:26:09.71
23	217/1384	84/912	1243	Erica Barbee	35	F	Cedar Rapids	IA	8:28	00:26:19.65
24	226/1384	89/912	1318	Lindy Hopp	35	F	Solon	IA	8:32	00:26:33.13
25	235/1384	95/912	364	Amy Steger	31	F	Manchester	IA	8:40	00:26:56.23
26	240/1384	99/912	214	Janna Girardi	38	F	Cedar Rapids	IA	8:42	00:27:03.21
27	253/1384	107/912	435	Amber Doyle	38	F	Cedar Rapids	IA	8:47	00:27:20.41
28	257/1384	110/912	1654	Tolly Van Dyke	31	F	Tama	IA	8:48	00:27:22.39
29	265/1384	113/912	793	Shanna Wunder	37	F	Huxley	IA	8:49	00:27:25.50
30	269/1384	114/912	1094	Holly Kepros	38	F	North Liberty	IA	8:50	00:27:27.00
31	275/1384	117/912	1163	Mary Miller	36	F	Cedar Rapids	IA	8:53	00:27:36.19
32	286/1384	123/912	815	Claudia Ahrens	32	F	Saint Paul	MN	8:55	00:27:45.13
33	293/1384	130/912	318	Kristin Claffin Yin	30	F	Iowa City	IA	8:57	00:27:51.24
34	297/1384	133/912	1600	Maria Rodriguez	35	F	Cedar Rapids	IA	8:58	00:27:53.96
35	308/1384	138/912	1853	Jennifer Somerville	33	F	Marion	IA	9:00	00:28:00.72
36	311/1384	140/912	1294	Holly Stiefel	36	F	Aurora	IA	9:01	00:28:02.19
37	315/1384	143/912	611	Mal Stroik	31	F	Iowa City	IA	9:01	00:28:03.81
38	317/1384	145/912	875	Amy Conlon	36	F	Cedar Rapids	IA	9:02	00:28:06.40
39	318/1384	146/912	1561	Andrea Fish	36	F	Cedar Rapids	IA	9:02	00:28:06.75
40	327/1384	151/912	1787	Megan Skala	34	F	Cedar Rapids	IA	9:06	00:28:17.18
41	336/1384	159/912	1268	Abbie Steil	39	F	Marion	IA	9:07	00:28:22.49
42	340/1384	161/912	1580	Lucinda Harris	35	F	Keystone	IA	9:09	00:28:26.18
43	358/1384	171/912	965	Molly Maddigan	30	F	Cedar Rapids	IA	9:15	00:28:46.31
44	361/1384	173/912	1843	Stacie Merta	38	F	Marion	IA	9:16	00:28:48.36
45	370/1384	176/912	164	Annie Meyer	36	F	Cedar Rapids	IA	9:19	00:28:59.71
46	372/1384	177/912	70	Donna Watkinson	34	F	Cedar Rapids	IA	9:21	00:29:03.50
47	377/1384	181/912	330	Rachael Kyte	36	F	Cedar Rapids	IA	9:22	00:29:08.45
48	387/1384	187/912	1783	Heidi Boddicker	35	F	Marion	IA	9:25	00:29:15.95
49	399/1384	195/912	951	Faye Pineda	36	F	Cedar Rapids	IA	9:29	00:29:30.40
50	400/1384	196/912	1252	Samantha Kennedy	31	F	Cedar Rapids	IA	9:30	00:29:31.00

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
51	401/1384	197/912	2045	Michaela Recker	38	F	Cedar Rapids	IA	9:30	00:29:31.41
52	408/1384	201/912	1807	Amanda Goodlove	35	F	Cedar Rapids	IA	9:30	00:29:33.21
53	416/1384	208/912	1846	Nicole Arnold	33	F	Cedar Rapids	IA	9:32	00:29:39.09
54	417/1384	209/912	1154	Lori Kartman	37	F	Manchester	IA	9:32	00:29:39.13
55	423/1384	214/912	2081	Amanda Heck	39	F	Chelsea	IA	9:34	00:29:45.65
56	434/1384	221/912	1800	Brandy Netty	36	F	Cedar Rapids	IA	9:40	00:30:03.18
57	445/1384	228/912	457	Megan Gasper	32	F	Cedar Rapids	IA	9:43	00:30:12.50
58	458/1384	236/912	1195	Kristi Meyer	38	F	Mount Vernon	IA	9:44	00:30:16.12
59	459/1384	237/912	1560	Cortnee Hemesath	37	F	Cedar Rapids	IA	9:44	00:30:16.47
60	460/1384	238/912	1603	Jessica Mason	35	F	Toddville	IA	9:45	00:30:18.17
61	462/1384	240/912	1104	Kristy Jellison	37	F	Cedar Rapids	IA	9:46	00:30:23.67
62	463/1384	241/912	1885	Andrea Grabe	30	F	Cedar Rapids	IA	9:47	00:30:23.87
63	475/1384	252/912	488	Lia Fontaine	36	F	Cedar Rapids	IA	9:50	00:30:35.68
64	488/1384	257/912	1567	Kristen Steidl	31	F	Mankato	MN	9:54	00:30:47.63
65	492/1384	260/912	639	Charlotte Mcdermott	37	F	Mount Vernon	IA	9:56	00:30:52.32
66	494/1384	262/912	2220	Annie Hawker	39	F	Mount Vernon	IA	9:57	00:30:54.97
67	506/1384	269/912	689	Jun Yi Lio	31	F	Cedar Rapids	IA	10:03	00:31:13.76
68	519/1384	278/912	1497	Brandie Butz	35	F	Cedar Rapids	IA	10:05	00:31:20.94
69	527/1384	283/912	170	Alecia Burden	30	F	Cedar Rapids	IA	10:07	00:31:26.69
70	539/1384	291/912	446	Ally Killean	30	F	Cedar Rapids	IA	10:09	00:31:32.22
71	545/1384	295/912	174	Andrea Lehman	38	F	Cedar Rapids	IA	10:10	00:31:38.08
72	551/1384	299/912	1139	Kristi Kidd	35	F	Cedar Rapids	IA	10:11	00:31:39.63
73	557/1384	300/912	1922	Rachel Bergstrom	35	F	Cedar Rapids	IA	10:12	00:31:43.76
74	563/1384	303/912	1746	Mindy Eliason	38	F	Atkins	IA	10:14	00:31:48.26
75	571/1384	306/912	1569	Janis Johnson	38	F	Marion	IA	10:16	00:31:56.95
76	574/1384	309/912	820	Teresa Coker	37	F	Cedar Rapids	IA	10:17	00:31:58.47
77	575/1384	310/912	794	Lisa Beatty	33	F	Monona	IA	10:17	00:31:58.61
78	580/1384	314/912	1141	Katie Klostermann	38	F	Swisher	IA	10:19	00:32:03.25
79	585/1384	318/912	1413	Krystal Prideaux	39	F	Vernon Hills	IL	10:20	00:32:07.60
80	586/1384	319/912	850	Carisa Cross	37	F	Marion	IA	10:20	00:32:08.22
81	589/1384	322/912	1706	Jennifer Brockway	30	F	North Liberty	IA	10:21	00:32:11.19
82	596/1384	325/912	546	Stephanie Desotel	31	F	Cedar Rapids	IA	10:23	00:32:17.17
83	601/1384	329/912	1855	Kelly Landherr	33	F	Marion	IA	10:24	00:32:19.20
84	607/1384	334/912	2154	Lindsey Bohr	33	F	North Liberty	IA	10:25	00:32:23.72
85	608/1384	335/912	562	Josie Pike	34	F	Marion	IA	10:25	00:32:23.86
86	609/1384	336/912	1027	Jessica Bell	31	F	North Liberty	IA	10:26	00:32:25.49
87	616/1384	341/912	597	Hope Pyle	38	F	Solon	IA	10:27	00:32:28.51
88	618/1384	343/912	312	Hannah Bazal	34	F	Cedar Rapids	IA	10:28	00:32:32.42
89	621/1384	344/912	2015	Ashley Grimm	31	F	Cedar Rapids	IA	10:29	00:32:35.60
90	624/1384	346/912	552	Natasha Miller	39	F	Anamosa	IA	10:30	00:32:37.92
91	628/1384	350/912	993	Theresa Havlik	31	F	Swisher	IA	10:31	00:32:42.42
92	654/1384	370/912	1732	Melissa Guca	32	F	Swisher	IA	10:41	00:33:11.97
93	661/1384	375/912	564	Johnette Wilhelmi	30	F	Cedar Rapids	IA	10:42	00:33:16.17
94	664/1384	377/912	1906	Jessica Horman	32	F	Ely	IA	10:43	00:33:19.18
95	670/1384	383/912	2067	Abbie Port	32	F	Central City	IA	10:46	00:33:28.18
96	683/1384	389/912	873	Candice Mullnix	31	F	Marion	IA	10:49	00:33:37.73
97	697/1384	401/912	2167	Serena Robertson	39	F	Cedar Rapids	IA	10:53	00:33:51.38
98	699/1384	403/912	662	Jessica Johnson	33	F	Cedar Rapids	IA	10:54	00:33:52.59
99	700/1384	404/912	696	Kelsie Johnson	31	F	Cedar Rapids	IA	10:54	00:33:52.76
100	705/1384	406/912	1987	Erica Morris	33	F	North Liberty	IA	10:57	00:34:02.12

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
101	712/1384	411/912	895	Abby Miller	33	F	Cedar Rapids	IA	11:01	00:34:16.38
102	716/1384	413/912	910	Lindsay Beaman	35	F	Center Point	IA	11:02	00:34:18.51
103	719/1384	415/912	1700	Melissa Lepkowski	36	F	Cedar Rapids	IA	11:02	00:34:19.84
104	725/1384	420/912	441	Nicole Rowland	37	F	Cedar Rapids	IA	11:03	00:34:22.23
105	734/1384	426/912	1856	Molly Elliott	36	F	Robins	IA	11:08	00:34:35.48
106	735/1384	427/912	1572	Corinne Krzywicki	33	F	Cedar Rapids	IA	11:08	00:34:37.26
107	738/1384	429/912	2162	Heather Baumgartner	37	F	Coralville	IA	11:09	00:34:40.44
108	742/1384	433/912	551	Heidi Camp	36	F	Anamosa	IA	11:10	00:34:41.87
109	744/1384	435/912	315	Linsey Eiben	34	F	Central City	IA	11:11	00:34:45.23
110	746/1384	437/912	1537	Kerri Jolley	38	F	Cedar Rapids	IA	11:11	00:34:46.68
111	750/1384	440/912	1806	Tanya Shaw	36	F	Cedar Rapids	IA	11:15	00:34:57.25
112	756/1384	445/912	147	Megan Twachtmann	30	F	Cedar Rapids	IA	11:16	00:35:03.38
113	762/1384	451/912	934	Heidi Williams	33	F	Newhall	IA	11:18	00:35:07.44
114	763/1384	452/912	946	Shauna Voelker	34	F	Newhall	IA	11:18	00:35:07.76
115	764/1384	453/912	425	Mickala Anderson	36	F	Marion	IA	11:18	00:35:07.86
116	781/1384	464/912	2197	Lauren Cerqueira	32	F	Cedar Rapids	IA	11:22	00:35:21.12
117	789/1384	469/912	1387	Stacey Anderson	32	F	Coal Valley	IL	11:25	00:35:31.26
118	796/1384	474/912	599	Jennifer Scott	32	F	Cedar Rapids	IA	11:28	00:35:38.73
119	802/1384	476/912	624	Emily Carr	36	F	North Liberty	IA	11:32	00:35:51.51
120	806/1384	479/912	1749	Tara Griffin	35	F	Marion	IA	11:33	00:35:55.98
121	809/1384	481/912	1324	Brenda Krambeer	38	F	Cedar Rapids	IA	11:34	00:35:57.23
122	810/1384	482/912	1072	Krystin Erenberger	37	F	North Liberty	IA	11:34	00:35:57.73
123	812/1384	484/912	2003	Kendra Galvan	36	F	North Liberty	IA	11:34	00:35:59.06
124	817/1384	489/912	1522	Stephanie Hunt	32	F	Cedar Rapids	IA	11:37	00:36:06.83
125	829/1384	500/912	350	Mariah Obiedzinski	33	F	Urbana	IA	11:40	00:36:15.52
126	831/1384	501/912	606	Erin Langdon	34	F	Cedar Rapids	IA	11:40	00:36:15.53
127	834/1384	504/912	1581	Samantha Felton	31	F	Dubuque	IA	11:40	00:36:16.75
128	836/1384	505/912	555	Jesse Runquist	31	F	Cedar Rapids	IA	11:40	00:36:16.97
129	839/1384	507/912	1925	Rachel Schmit	32	F	Cedar Rapids	IA	11:41	00:36:19.42
130	846/1384	513/912	1785	Hayley Baez	32	F	Cedar Rapids	IA	11:43	00:36:25.10
131	849/1384	515/912	189	Brooke Allen	32	F	North Liberty	IA	11:45	00:36:31.20
132	858/1384	522/912	923	Becky Johnson	32	F	Cedar Rapids	IA	11:47	00:36:38.12
133	869/1384	530/912	2215	Heather Chappell	35	F	Marion	IA	11:50	00:36:48.22
134	870/1384	531/912	1548	Kelly Brodersen	35	F	Wyoming	IA	11:50	00:36:48.48
135	874/1384	534/912	93	Lacey Hadden	30	F	Cedar Rapids	IA	11:52	00:36:52.51
136	878/1384	537/912	2071	Nicole Wood	31	F	Center Point	IA	11:52	00:36:54.52
137	881/1384	539/912	522	Ruth Hospodarsky	36	F	Hiawatha	IA	11:55	00:37:03.23
138	883/1384	541/912	566	Janet Henry	39	F	Cedar Rapids	IA	11:56	00:37:07.50
139	888/1384	546/912	1108	Kelly Robertson	32	F	Fairfax	IA	11:59	00:37:15.73
140	893/1384	549/912	2120	Paige Anderson	30	F	North Liberty	IA	12:04	00:37:29.71
141	904/1384	559/912	1565	Amanda Feyerabend	30	F	Martelle	IA	12:13	00:37:58.19
142	907/1384	562/912	1435	Traci Ridgway	32	F	Atkins	IA	12:13	00:37:59.51
143	910/1384	564/912	695	Sarah Potter	32	F	Cedar Rapids	IA	12:14	00:38:02.03
144	916/1384	569/912	947	Jeanette Van Genderen	35	F	Cedar Rapids	IA	12:15	00:38:04.52
145	919/1384	571/912	281	Shana Freeze	37	F	Robins	IA	12:16	00:38:08.18
146	920/1384	572/912	1019	Allison Hart	30	F	Cedar Rapids	IA	12:16	00:38:08.98
147	924/1384	574/912	582	Brandi Roethlisberger	33	F	Hiawatha	IA	12:17	00:38:12.87
148	929/1384	577/912	1420	Vivian Denge	37	F	Cedar Rapids	IA	12:24	00:38:34.42
149	933/1384	581/912	422	Kristin Keiper	31	F	Cedar Rapids	IA	12:25	00:38:37.66
150	938/1384	586/912	726	Leah Sloan	31	F	Cedar Rapids	IA	12:29	00:38:48.03

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
151	940/1384	588/912	926	Jana Houghkirk	33	F	Cedar Rapids	IA	12:29	00:38:49.25
152	941/1384	589/912	180	Laura Zimmerman	31	F	Cedar Rapids	IA	12:29	00:38:49.46
153	951/1384	598/912	1667	Angie Agne	35	F	Anamosa	IA	12:37	00:39:15.02
154	958/1384	601/912	347	Amanda Stewart	30	F	Cedar Rapids	IA	12:40	00:39:23.24
155	961/1384	602/912	862	Amanda Pins	38	F	Cedar Rapids	IA	12:41	00:39:25.63
156	964/1384	605/912	861	Jess Novotny	30	F	Cedar Rapids	IA	12:41	00:39:26.63
157	967/1384	608/912	2068	Kari Russler	34	F	Center Point	IA	12:45	00:39:38.48
158	974/1384	613/912	78	Maureen Thorpe	32	F	Cedar Rapids	IA	12:51	00:39:56.71
159	975/1384	614/912	830	Kari Ford	36	F	Riverside	IA	12:52	00:39:59.71
160	976/1384	615/912	1356	Amy Harger	38	F	Cedar Rapids	IA	12:53	00:40:01.94
161	983/1384	620/912	1484	Rachel Rayman	36	F	Cedar Rapids	IA	12:56	00:40:12.52
162	989/1384	626/912	1546	Tera Turner	38	F	Marion	IA	13:00	00:40:26.50
163	992/1384	628/912	1110	Beth Rodriguez	32	F	Cedar Rapids	IA	13:02	00:40:30.46
164	997/1384	633/912	1169	Holly Fournier	34	F	Cedar Rapids	IA	13:05	00:40:39.52
165	998/1384	634/912	584	Rebecca Sumcad	38	F	Marion	IA	13:05	00:40:39.70
166	999/1384	635/912	2180	Kelly Hemphill	37	F	Marion	IA	13:05	00:40:41.15
167	1014/1384	648/912	1876	Erin Schroeder	33	F	Cedar Rapids	IA	13:14	00:41:07.18
168	1017/1384	650/912	1428	Brooke Zoltowski	35	F	Marion	IA	13:15	00:41:10.43
169	1028/1384	658/912	1936	Heather Nguyen	38	F	Cedar Rapids	IA	13:22	00:41:34.73
170	1032/1384	660/912	812	Alaina Daters	33	F	Swisher	IA	13:26	00:41:44.48
171	1039/1384	666/912	1150	Julie Cunningham	38	F	Cedar Rapids	IA	13:32	00:42:03.62
172	1040/1384	667/912	518	Autumn Wills	39	F	Marion	IA	13:32	00:42:04.00
173	1045/1384	670/912	16	Whitney Schreder	31	F	Lisbon	IA	13:37	00:42:18.46
174	1046/1384	671/912	415	Tracy Hanson	37	F	Cedar Rapids	IA	13:37	00:42:19.25
175	1052/1384	675/912	2300	Ashley Vanorny	32	F	Cedar Rapids	IA	13:43	00:42:39.00
176	1053/1384	676/912	1677	Abby Stewart	33	F	Cedar Rapids	IA	13:43	00:42:39.37
177	1055/1384	678/912	414	Tiffany Schmidt	36	F	Cedar Rapids	IA	13:46	00:42:47.02
178	1076/1384	692/912	2079	Emily Donald	31	F	Muscatine	IA	14:09	00:43:58.63
179	1078/1384	694/912	1338	Jennifer Williams	32	F	Cedar Rapids	IA	14:10	00:44:02.78
180	1082/1384	697/912	612	Kristen Temple	32	F	Cedar Rapids	IA	14:17	00:44:25.50
181	1089/1384	702/912	619	Elizabeth Estling	32	F	Marion	IA	14:29	00:45:01.78
182	1093/1384	705/912	197	Nicole Wood	35	F	Cedar Rapids	IA	14:34	00:45:16.28
183	1099/1384	711/912	1321	Dana Tiernan	32	F	Marion	IA	14:45	00:45:50.70
184	1102/1384	714/912	683	Sara Ochsner	38	F	Cedar Rapids	IA	14:52	00:46:12.50
185	1104/1384	716/912	558	Becky Keating	39	F	Olin	IA	14:57	00:46:29.50
186	1106/1384	718/912	556	Jenny Borst	38	F	Olin	IA	14:57	00:46:29.99
187	1114/1384	725/912	1280	Heather Peterson	34	F	Marion	IA	15:16	00:47:28.46
188	1119/1384	728/912	397	Elise Feltes	30	F	Hiawatha	IA	15:25	00:47:56.46
189	1121/1384	730/912	1249	Christina Johnson	37	F	Cedar Rapids	IA	15:30	00:48:11.00
190	1134/1384	738/912	1608	Shalome Tonelli	36	F	North Liberty	IA	15:51	00:49:16.63
191	1143/1384	746/912	692	Sherri Burhite	33	F	Cedar Rapids	IA	16:03	00:49:53.04
192	1152/1384	752/912	332	Stephanie Marsh	31	F	Monticello	IA	16:19	00:50:42.36
193	1156/1384	756/912	1645	Sarah Ernst	35	F	Cedar Rapids	IA	16:20	00:50:47.43
194	1190/1384	776/912	217	Aleasha Leclere	32	F	Cedar Rapids	IA	17:43	00:55:05.13
195	1192/1384	778/912	1714	Jess Stauffer	31	F	Swisher	IA	17:50	00:55:26.43
196	1193/1384	779/912	4	Elizabeth Strimple	34	F	Cedar Rapids	IA	17:56	00:55:43.51
197	1195/1384	781/912	2049	Vera Fischer	31	F	Cedar Rapids	IA	18:01	00:55:59.27
198	1199/1384	783/912	1525	Kara Willimack	30	F	Cedar Rapids	IA	18:10	00:56:29.50
199	1200/1384	784/912	1463	Jodee Denklau	30	F	Cedar Rapids	IA	18:11	00:56:29.74
200	1209/1384	789/912	407	Ana Mendizabal	30	F	Cedar Rapids	IA	18:39	00:57:57.88

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
201	1212/1384	791/912	124	Rachel Huber	32	F	Walford	IA	18:40	00:58:01.03
202	1215/1384	794/912	394	Jennifer Jenn	37	F	North Liberty	IA	18:56	00:58:50.93
203	1218/1384	796/912	2089	Staci Novak	34	F	Marion	IA	19:00	00:59:03.28
204	1230/1384	805/912	2472	Amanda Jones	37	F	Cedar Rapids	IA	19:31	01:00:41.04
205	1232/1384	807/912	2145	Christina Dukes	30	F	Cedar Rapids	IA	19:33	01:00:45.23
206	1239/1384	811/912	911	Katie Hopkins	30	F	Cedar Rapids	IA	19:46	01:01:27.55
207	1241/1384	813/912	104	Erin Payne-Christiansen	39	F	North Liberty	IA	19:54	01:01:52.30
208	1246/1384	818/912	199	Jill Anderson	39	F	Cedar Rapids	IA	20:12	01:02:46.96
209	1248/1384	820/912	1256	Aline Houssin	35	F	Cedar Rapids	IA	20:15	01:02:56.54
210	1251/1384	823/912	1481	Shelby Serbousek	31	F	Fairfax	IA	20:33	01:03:52.32
211	1255/1384	826/912	851	Kimberly Lawrence	36	F	Central City	IA	20:44	01:04:27.53
212	1256/1384	827/912	883	Danielle Brown	30	F	Tiffintiffin	IA	20:46	01:04:32.02
213	1269/1384	834/912	14	Kristin Frahm	33	F	Cedar Rapids	IA	21:21	01:06:22.53
214	1304/1384	858/912	126	Christen Taylor	38	F	Marion	IA	22:52	01:11:04.81
215	1307/1384	859/912	833	Erin Burr Goldsmith	33	F	Cedar Rapids	IA	23:02	01:11:34.30
216	1308/1384	860/912	1523	Aubrey Johnston	37	F	Readlyn	IA	23:06	01:11:47.08
217	1311/1384	863/912	502	Alexandra Ehlers	33	F	North Liberty	IA	23:12	01:12:05.81
218	1318/1384	869/912	1358	Scarlett Hall	30	F	Marion	IA	23:27	01:12:53.76
219	1335/1384	878/912	56	Melissa Oberembt	34	F	Cedar Rapids	IA	24:04	01:14:49.21
220	1341/1384	883/912	591	Alexandra Kinnear	36	F	Marion	IA	24:17	01:15:28.28
221	1342/1384	884/912	636	Shannon Starch	35	F	Coralville	IA	24:20	01:15:39.01
222	1347/1384	888/912	1359	Stacy Mason	36	F	Springville	IA	24:36	01:16:27.71
223	1350/1384	890/912	1375	Natalie Wittenburg	36	F	Swisher	IA	24:39	01:16:36.95
224	1356/1384	893/912	115	Chelle Clayton	36	F	Cedar Rapids	IA	25:04	01:17:55.75
225	1367/1384	900/912	1235	Amy Heathman	31	F	Ely	IA	26:00	01:20:49.47
226	1371/1384	903/912	510	Rachel Barnd	30	F	Marion	IA	26:25	01:22:06.33
227	1372/1384	904/912	838	Elizabeth Hackbarth	32	F	Cedar Falls	IA	26:32	01:22:28.70
228	1379/1384	909/912	2021	Meghan Hackbarth	30	F	Marion	IA	26:46	01:23:10.07

Male Male 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/1384	5/472	841	Tyler Turner	31	M	Hiawatha	IA	6:05	00:18:56.94
2	7/1384	6/472	1399	Cliff Rudzki	32	M	Marion	IA	6:08	00:19:04.94
3	11/1384	10/472	402	Brian Howell	31	M	Cedar Rapids	IA	6:14	00:19:24.58
4	13/1384	11/472	1573	Stephen Krzywicki	37	M	Cedar Rapids	IA	6:19	00:19:39.05
5	15/1384	12/472	1752	Mogga Henry	32	M	Cedar Rapids	IA	6:25	00:19:58.94
6	17/1384	14/472	2146	Arif Khoudary	35	M	Cedar Rapids	IA	6:33	00:20:21.94
7	18/1384	15/472	1794	Tyler Mulder	30	M	Cedar Falls	IA	6:38	00:20:37.94
8	19/1384	16/472	505	Stacey Regennitter	38	M	Marion	IA	6:38	00:20:39.07
9	25/1384	22/472	1849	Keith Snoop	39	M	Marion	IA	6:44	00:20:57.24
10	29/1384	26/472	742	Matthew Russell	33	M	Coralville	IA	6:52	00:21:23.11
11	30/1384	27/472	1128	Justin Krogmann	30	M	Marion	IA	6:53	00:21:24.73
12	34/1384	31/472	966	Robb Lawson	34	M	Cedar Rapids	IA	6:56	00:21:35.09
13	55/1384	40/472	693	Justin McMurrin	34	M	Cedar Rapids	IA	7:12	00:22:23.90
14	59/1384	41/472	1568	Andrew Olesen	39	M	Hiawatha	IA	7:15	00:22:32.46
15	62/1384	44/472	1138	Derek Ellard	34	M	Cedar Rapids	IA	7:17	00:22:37.95
16	70/1384	48/472	1145	Ryan Neuhaus	31	M	Hiawatha	IA	7:20	00:22:48.90
17	78/1384	52/472	2016	Jon Fry	34	M	Cedar Rapids	IA	7:27	00:23:09.99

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
18	79/1384	53/472	1864	Ryan Raftery	36	M	Cedar Rapids	IA	7:27	00:23:11.42
19	84/1384	56/472	1893	Josh Handke	33	M	Marion	IA	7:29	00:23:15.15
20	88/1384	58/472	718	Leo Buzalsky	33	M	Cedar Rapids	IA	7:31	00:23:23.70
21	104/1384	70/472	175	Matthew White	39	M	Cedar Rapids	IA	7:42	00:23:56.96
22	106/1384	71/472	933	Matt Bailey	32	M	Cedar Rapids	IA	7:43	00:23:58.70
23	108/1384	72/472	2111	Dan Chapman	38	M	Marion	IA	7:43	00:23:58.76
24	112/1384	75/472	401	Andy Lang	36	M	Cedar Rapids	IA	7:44	00:24:02.20
25	116/1384	79/472	952	Marlon Pineda	37	M	Cedar Rapids	IA	7:45	00:24:06.21
26	125/1384	82/472	1996	Daniel Dietz	34	M	Vinton	IA	7:49	00:24:20.24
27	129/1384	83/472	899	Paul Wittkowski	38	M	Cedar Rapids	IA	7:52	00:24:26.89
28	142/1384	91/472	821	Junior Coker	37	M	Cedar Rapids	IA	7:59	00:24:49.45
29	163/1384	105/472	71	Tyler Watkinson	36	M	Cedar Rapids	IA	8:09	00:25:19.47
30	182/1384	112/472	1105	Derrick Jellison	37	M	Cedar Rapids	IA	8:19	00:25:50.83
31	183/1384	113/472	1292	Langdon Olson	33	M	Marion	IA	8:19	00:25:50.84
32	184/1384	114/472	1295	Dan Stiefel	35	M	Aurora	IA	8:19	00:25:51.00
33	209/1384	127/472	816	Adam Ahrens	31	M	Saint Paul	MN	8:26	00:26:12.16
34	212/1384	130/472	1636	John Whaley	35	M	Cedar Rapids	IA	8:26	00:26:13.58
35	213/1384	131/472	1637	Shawn Driscoll	35	M	Cedar Rapids	IA	8:26	00:26:15.20
36	225/1384	137/472	1234	Kyle Griffin	37	M	Cedar Rapids	IA	8:32	00:26:32.93
37	249/1384	143/472	282	Tim Freeze	37	M	Robins	IA	8:46	00:27:17.25
38	261/1384	149/472	2104	Adam Daters	33	M	Cedar Rapids	IA	8:49	00:27:24.50
39	264/1384	152/472	1737	Michael Kuennen	32	M	Palo	IA	8:49	00:27:25.43
40	268/1384	155/472	995	Jeff Walters	32	M	Cedar Rapids	IA	8:49	00:27:26.51
41	271/1384	157/472	2010	Jerry Michel	37	M	Ely	IA	8:51	00:27:31.19
42	294/1384	164/472	319	Terry Yin	33	M	Iowa City	IA	8:57	00:27:51.45
43	300/1384	166/472	2135	Daniel Pacheco	33	M	Cedar Rapids	IA	8:59	00:27:56.66
44	309/1384	171/472	1854	Justin Somerville	35	M	Marion	IA	9:01	00:28:01.00
45	352/1384	184/472	676	Walt Mcfadden	33	M	Iowa City	IA	9:12	00:28:37.96
46	364/1384	191/472	1021	Dan Tallman	33	M	North Liberty	IA	9:17	00:28:52.81
47	368/1384	194/472	671	Bill Bartachek	36	M	Cedar Rapids	IA	9:19	00:28:58.51
48	402/1384	205/472	2046	Austin Doggett	35	M	Cedar Rapids	IA	9:30	00:29:31.97
49	421/1384	209/472	52	Ronald Bruce	34	M	Cedar Rapids	IA	9:34	00:29:43.47
50	443/1384	217/472	1622	Adam Steele	32	M	Cedar Rapids	IA	9:43	00:30:11.70
51	518/1384	241/472	141	Josh Enloe	37	M	Cedar Rapids	IA	10:05	00:31:20.01
52	523/1384	243/472	1923	Kevin Dyrland	30	M	Cedar Rapids	IA	10:06	00:31:23.23
53	524/1384	244/472	2194	Justin Mullinex	35	M	Marion	IA	10:06	00:31:24.44
54	534/1384	247/472	215	Matt Hesse	36	M	Cedar Rapids	IA	10:08	00:31:30.08
55	556/1384	257/472	1820	Mickey Weber	35	M	Jeffersonville	IN	10:12	00:31:42.97
56	558/1384	258/472	713	Stephen Paxton	31	M	Marion	IA	10:12	00:31:43.98
57	561/1384	259/472	542	Matthew Hepworth	30	M	Cedar Rapids	IA	10:13	00:31:45.50
58	565/1384	261/472	384	Nathan Young	31	M	Cedar Rapids	IA	10:14	00:31:49.47
59	566/1384	262/472	1623	Doug Deimler	38	M	Cedar Rapids	IA	10:14	00:31:49.87
60	584/1384	267/472	547	Reid Desotel	32	M	Cedar Rapids	IA	10:20	00:32:07.25
61	592/1384	269/472	438	Nathan Hein	39	M	Marion	IA	10:22	00:32:15.26
62	602/1384	273/472	1716	Doug Hochstedler	37	M	Cedar Rapids	IA	10:24	00:32:19.33
63	612/1384	274/472	1028	Matthew Hylland	30	M	North Liberty	IA	10:26	00:32:26.92
64	650/1384	283/472	867	Luke Feldermann	39	M	Lisbon	IA	10:38	00:33:03.91
65	658/1384	285/472	921	Eric Stewart	30	M	Cedar Rapids	IA	10:41	00:33:13.30
66	659/1384	286/472	670	Jason Alt	36	M	Cedar Rapids	IA	10:41	00:33:14.51
67	663/1384	287/472	565	Paul Wilhelmi	32	M	Cedar Rapids	IA	10:43	00:33:19.11

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
68	671/1384	288/472	1620	Mark Thorn	30	M	Cedar Rapids	IA	10:46	00:33:28.98
69	674/1384	290/472	340	Thomas Eiben	33	M	Central City	IA	10:46	00:33:29.97
70	681/1384	293/472	102	Eli Raue	35	M	Vinton	IA	10:48	00:33:34.85
71	704/1384	299/472	1988	Matt Morris	34	M	North Liberty	IA	10:57	00:34:01.77
72	707/1384	300/472	1747	Zachariah Covington	30	M	Marion	IA	11:00	00:34:11.73
73	715/1384	303/472	666	Michael Franzman	39	M	Bettendorf	IA	11:02	00:34:18.21
74	747/1384	310/472	247	Martin Sahakyan	30	M	Cedar Rapids	IA	11:11	00:34:47.26
75	769/1384	313/472	2160	Justin Baumgartner	35	M	Cedar Rapids	IA	11:19	00:35:12.51
76	778/1384	317/472	1025	Jordan Metzger	31	M	Cedar Rapids	IA	11:21	00:35:18.90
77	785/1384	319/472	938	Tom Langhurst	33	M	Cedar Rapids	IA	11:23	00:35:24.98
78	794/1384	322/472	1591	Jason Clair	37	M	Hiawatha	IA	11:27	00:35:36.73
79	800/1384	325/472	863	Justin Rozinek	36	M	Swisher	IA	11:30	00:35:45.67
80	803/1384	327/472	653	Guillermo Aguilar	39	M	Cedar Rapids	IA	11:32	00:35:52.39
81	828/1384	329/472	1607	Craig Byers	31	M	Cedar Rapids	IA	11:40	00:36:15.27
82	830/1384	330/472	607	Britton Langdon	34	M	Cedar Rapids	IA	11:40	00:36:15.52
83	848/1384	334/472	1060	Jake Tebbe	36	M	Dubuque	IA	11:43	00:36:26.48
84	873/1384	340/472	94	Colton Hadden	30	M	Cedar Rapids	IA	11:52	00:36:52.33
85	891/1384	343/472	964	Travis Bouska	33	M	Cedar Rapids	IA	12:03	00:37:28.98
86	898/1384	345/472	865	Gregory Collins	33	M	Cedar Rapids	IA	12:07	00:37:39.52
87	909/1384	346/472	1483	Drake Tilson	36	M	Cedar Rapids	IA	12:13	00:38:00.48
88	928/1384	352/472	1266	Dexter Fisher	33	M	Cedar Rapids	IA	12:22	00:38:27.90
89	942/1384	353/472	179	Kyle Zimmerman	31	M	Cedar Rapids	IA	12:29	00:38:50.08
90	952/1384	354/472	1668	Nick Agne	34	M	Anamosa	IA	12:37	00:39:15.02
91	971/1384	361/472	1152	Matt Cunningham	39	M	Cedar Rapids	IA	12:47	00:39:44.66
92	1006/1384	365/472	483	Scott Keeney	37	M	Center Point	IA	13:10	00:40:56.50
93	1029/1384	371/472	1937	Joseph Nguyen	39	M	Cedar Rapids	IA	13:23	00:41:35.12
94	1074/1384	383/472	1519	Bryon Watson	35	M	Lisbon	IA	14:07	00:43:52.74
95	1115/1384	390/472	1281	Thomas Peterson	30	M	Marion	IA	15:16	00:47:28.46
96	1197/1384	415/472	1051	Todd Schuring	32	M	Cedar Rapids	IA	18:01	00:55:59.79
97	1198/1384	416/472	2051	Skip Fischer	33	M	Cedar Rapids	IA	18:07	00:56:18.52
98	1201/1384	417/472	2085	Nathan Denklau	32	M	Cedar Rapids	IA	18:12	00:56:34.53
99	1210/1384	421/472	408	Noel Padilla	35	M	Cedar Rapids	IA	18:39	00:57:59.53
100	1220/1384	424/472	2091	Anthony Novak	35	M	Marion	IA	19:05	00:59:20.54
101	1228/1384	425/472	2060	Jamie Palmer	35	M	North Liberty	IA	19:18	01:00:00.52
102	1261/1384	431/472	351	Andy Obiedzinski	38	M	Urbana	IA	20:55	01:05:01.54
103	1276/1384	437/472	15	Jason Frahm	35	M	Cedar Rapids	IA	21:23	01:06:26.40
104	1296/1384	444/472	1848	Travis Wray	37	M	Cedar Rapids	IA	22:43	01:10:35.18
105	1312/1384	449/472	503	Brett Ehlers	36	M	North Liberty	IA	23:12	01:12:05.82
106	1327/1384	455/472	1049	Josh Kral	32	M	Marion	IA	23:49	01:14:00.00
107	1333/1384	457/472	1862	Robert Bourdon	31	M	Bondurant	IA	24:03	01:14:46.01
108	1339/1384	458/472	275	David Ingoldsby	33	M	Algonquin	IL	24:13	01:15:16.82
109	1348/1384	460/472	1376	Matthew Wittenburg	38	M	Swisher	IA	24:37	01:16:31.56
110	1359/1384	464/472	1412	Jay Moore	36	M	Cedar Rapids	IA	25:11	01:18:16.81
111	1383/1384	472/472	593	Brian Kubicek	39	M	Cedar Rapids	IA	28:17	01:27:53.06

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	37/1384	4/912	2213	Aimee Jones	48	F	Cedar Rapids	IA	6:57	00:21:37.19

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
2	56/1384	16/912	1469	Bridget Lemker	45	F	Cedar Rapids	IA	7:13	00:22:27.60
3	67/1384	21/912	1577	Ellery Smith	40	F	Cedar Rapids	IA	7:20	00:22:48.29
4	80/1384	27/912	2173	Kathryn Cater	46	F	Hiawatha	IA	7:28	00:23:12.66
5	90/1384	32/912	664	Angela Snoop	40	F	Marion	IA	7:35	00:23:35.47
6	107/1384	36/912	2181	Amara Andrews	42	F	Cedar Rapids	IA	7:43	00:23:58.70
7	119/1384	39/912	796	Laura Jaeger	42	F	North Liberty	IA	7:46	00:24:10.54
8	146/1384	54/912	1701	Rene Tedrow	42	F	Cedar Rapids	IA	8:00	00:24:52.96
9	148/1384	55/912	1053	Jill Waterman	47	F	Strawberry Point	IA	8:02	00:24:58.01
10	171/1384	62/912	1319	Melissa Mundell	40	F	Cedar Rapids	IA	8:13	00:25:32.34
11	173/1384	64/912	2084	Mariah Hurley	40	F	Cedar Rapids	IA	8:14	00:25:36.21
12	174/1384	65/912	1172	Suzanne Hennings	44	F	North Liberty	IA	8:15	00:25:38.44
13	175/1384	66/912	2043	Carrie Steffen	44	F	Cedar Rapids	IA	8:15	00:25:38.64
14	177/1384	68/912	477	Erin Meyer	46	F	Cedar Rapids	IA	8:16	00:25:42.08
15	186/1384	72/912	1437	Suzie Johannes	41	F	Swisher	IA	8:19	00:25:51.45
16	190/1384	74/912	2125	Janelle Thoms	44	F	Marion	IA	8:20	00:25:55.13
17	194/1384	75/912	548	Jennifer Campbell-West	42	F	Cedar Rapids	IA	8:22	00:26:01.38
18	202/1384	79/912	235	Sara Primmer	42	F	Fairfax	IA	8:25	00:26:09.30
19	228/1384	91/912	1018	Kim Barns	47	F	Marion	IA	8:35	00:26:40.24
20	239/1384	98/912	2101	Jodie Stapley	43	F	Marion	IA	8:41	00:27:01.25
21	241/1384	100/912	1101	Michele Kellogg	42	F	Marion	IA	8:43	00:27:07.55
22	242/1384	101/912	325	Jamie Daman	40	F	Marion	IA	8:44	00:27:08.21
23	243/1384	102/912	193	Kristen Marion	40	F	Cedar Rapids	IA	8:44	00:27:08.42
24	276/1384	118/912	2082	Deborah Wilbur	45	F	Iowa City	IA	8:53	00:27:36.76
25	283/1384	121/912	601	Sherrie Collins	41	F	Atkins	IA	8:55	00:27:42.75
26	302/1384	135/912	1366	Lisa Nicol	46	F	Solon	IA	9:00	00:27:58.46
27	310/1384	139/912	469	Kara Stokes	43	F	Mmarionarion	IA	9:01	00:28:01.19
28	322/1384	147/912	27	Tracy Niemeyer	45	F	Cedar Rapids	IA	9:03	00:28:08.50
29	328/1384	152/912	1825	Destini Hoth	40	F	Marion	IA	9:06	00:28:18.25
30	331/1384	154/912	514	Nichole Plagge	42	F	Cedar Rapids	IA	9:07	00:28:20.24
31	333/1384	156/912	2072	Anne Johnson	43	F	Solon	IA	9:07	00:28:21.47
32	334/1384	157/912	811	Kimberly Menke	46	F	Cedar Rapids	IA	9:07	00:28:21.88
33	356/1384	170/912	61	Maria Bowman	47	F	Robins	IA	9:14	00:28:43.88
34	369/1384	175/912	976	Cathy Delana	41	F	Cedar Rapids	IA	9:19	00:28:58.91
35	374/1384	178/912	919	Trisha Ender	41	F	Cedar Rapids	IA	9:21	00:29:05.39
36	375/1384	179/912	1408	Sharon Rickertsen	45	F	Walford	IA	9:22	00:29:06.42
37	385/1384	186/912	1633	Jenny Federspiel	44	F	Iowa City	IA	9:24	00:29:14.21
38	395/1384	193/912	984	Julia Gharib	45	F	Marion	IA	9:26	00:29:19.22
39	409/1384	202/912	2149	Vena Nurre	47	F	Fairfax	IA	9:30	00:29:33.65
40	412/1384	204/912	2140	Tami Skriver	45	F	Walford	IA	9:31	00:29:34.86
41	418/1384	210/912	329	Hether Stauffacher	43	F	Cedar Rapids	IA	9:32	00:29:40.10
42	422/1384	213/912	1662	Kim Schenck	45	F	Cedar Rapids	IA	9:34	00:29:45.64
43	432/1384	219/912	1304	Stacey Below	40	F	Cedar Rapids	IA	9:39	00:29:59.71
44	439/1384	224/912	825	Lisa Walton	49	F	Cedar Rapids	IA	9:42	00:30:09.00
45	444/1384	227/912	83	Dawn Bouzek	49	F	Cedar Rapids	IA	9:43	00:30:11.90
46	451/1384	232/912	355	Lesley Puffer	44	F	Tipton	IA	9:43	00:30:13.93
47	456/1384	235/912	1129	Jill Ridenour	47	F	Manchester	IA	9:44	00:30:15.15
48	461/1384	239/912	585	Cristin Gienapp	41	F	Marion	IA	9:46	00:30:22.75
49	466/1384	244/912	2174	Sandra Cano	43	F	Cedar Rapids	IA	9:48	00:30:26.93
50	467/1384	245/912	1166	Christine Day	47	F	Palo	IA	9:48	00:30:27.25
51	468/1384	246/912	253	Laree Landt	47	F	Hiawatha	IA	9:48	00:30:27.33

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
52	471/1384	248/912	383	Shiho Fechhelm	42	F	Cedar Rapids	IA	9:50	00:30:33.72
53	484/1384	256/912	306	Tory Haefner	43	F	Cedar Rapids	IA	9:53	00:30:45.44
54	489/1384	258/912	128	Kim Swanger	44	F	Marion	IA	9:55	00:30:49.46
55	493/1384	261/912	1368	Hollie Braid	43	F	Marion	IA	9:56	00:30:53.22
56	496/1384	263/912	1520	Sarah Ernst	43	F	Cedar Rapids	IA	9:57	00:30:55.97
57	508/1384	270/912	1874	Jenny Burdt	40	F	Cedar Rapids	IA	10:03	00:31:15.94
58	510/1384	272/912	1260	Michelle Clark	47	F	Cedar Rapids	IA	10:04	00:31:16.88
59	514/1384	275/912	622	Jeannette Fauchier	41	F	Ely	IA	10:04	00:31:18.77
60	515/1384	276/912	594	Christene Langmann	40	F	Coggon	IA	10:04	00:31:18.98
61	520/1384	279/912	426	Meredith Bong	44	F	Cedar Rapids	IA	10:05	00:31:21.47
62	526/1384	282/912	1348	Sorayda Hollinger	40	F	Cedar Rapids	IA	10:07	00:31:26.40
63	531/1384	286/912	260	Tara Snyder	40	F	Cedar Rapids	IA	10:07	00:31:27.97
64	535/1384	288/912	543	Rachael Vivian	42	F	Marion	IA	10:08	00:31:30.47
65	541/1384	293/912	2008	Mariama Ceesay	40	F	Cedar Rapids	IA	10:09	00:31:32.72
66	573/1384	308/912	1162	Stephanie Cook	46	F	Cedar Rapids	IA	10:17	00:31:57.63
67	583/1384	317/912	1431	Liz Miller	41	F	Hiawatha	IA	10:20	00:32:06.47
68	588/1384	321/912	6	Mindy Sorg	47	F	Cedar Rapids	IA	10:21	00:32:10.87
69	591/1384	323/912	1323	Danielle Bentley	43	F	Cedar Rapids	IA	10:22	00:32:15.06
70	599/1384	328/912	86	Janette Stecker	45	F	Cedar Rapids	IA	10:23	00:32:17.71
71	605/1384	332/912	1866	Mandy Norris	41	F	Cedar Rapids	IA	10:25	00:32:22.37
72	626/1384	348/912	391	Jennifer Watson	43	F	Cedar Rapids	IA	10:30	00:32:40.08
73	629/1384	351/912	204	Barb Viktora	49	F	Fairfax	IA	10:31	00:32:42.76
74	636/1384	356/912	638	Monica Dunbar	49	F	Marion	IA	10:34	00:32:52.90
75	640/1384	360/912	1433	Debra Duball	48	F	Cedar Rapids	IA	10:36	00:32:57.40
76	655/1384	371/912	1417	Rhoni Jo Barnes	40	F	Cedar Rapids	IA	10:41	00:33:12.01
77	665/1384	378/912	1372	Amanda Trevino	41	F	North Liberty	IA	10:45	00:33:26.12
78	666/1384	379/912	1796	Jeanne Parker	46	F	Cedar Rapids	IA	10:45	00:33:26.12
79	686/1384	391/912	819	Stephanie Berberich	41	F	Cedar Rapids	IA	10:50	00:33:40.38
80	688/1384	393/912	1970	Alea Niemeier	47	F	Cedar Rapids	IA	10:50	00:33:41.76
81	691/1384	396/912	856	Carrie Evans	42	F	North Liberty	IA	10:51	00:33:43.65
82	694/1384	398/912	868	Shannon Feldermann	40	F	Lisbon	IA	10:52	00:33:48.23
83	706/1384	407/912	2103	Courtney Vassiliades	42	F	Solon	IA	10:57	00:34:03.14
84	711/1384	410/912	960	Tammy Roberts	48	F	Solon	IA	11:01	00:34:14.95
85	722/1384	418/912	152	Kelly Lappin	46	F	Fairfax	IA	11:03	00:34:21.05
86	731/1384	424/912	870	Amy Hansen	42	F	Center Point	IA	11:06	00:34:31.21
87	737/1384	428/912	849	Robin Castor	41	F	Marion	IA	11:09	00:34:39.62
88	749/1384	439/912	1797	Christina Ross	40	F	Marion	IA	11:14	00:34:57.02
89	761/1384	450/912	2014	Robbyn Newman	47	F	Cedar Rapids	IA	11:18	00:35:07.23
90	765/1384	454/912	327	Monica Wessels	47	F	South Amana	IA	11:19	00:35:09.98
91	787/1384	468/912	2209	Stacie Tuttle	41	F	De Witt	IA	11:24	00:35:27.84
92	791/1384	471/912	1482	Ruth Hojka	49	F	Cedar Rapids	IA	11:26	00:35:33.23
93	798/1384	475/912	1731	Sharon Guthrie	47	F	Robins	IA	11:30	00:35:44.26
94	805/1384	478/912	190	Sharon Meoni	45	F	Marion	IA	11:33	00:35:54.41
95	813/1384	485/912	2128	Kathy Murphy	48	F	Cedar Rapids	IA	11:35	00:36:01.14
96	815/1384	487/912	782	Sharon Mahoney	43	F	Walker	IA	11:35	00:36:01.29
97	819/1384	491/912	2456	Susan Marshall	47	F	Cedar Rapids	IA	11:37	00:36:08.45
98	826/1384	498/912	2086	Bretts Miller	43	F	Cedar Rapids	IA	11:39	00:36:13.73
99	843/1384	510/912	1355	Alisha Fishwild	40	F	Marion	IA	11:42	00:36:21.51
100	850/1384	516/912	762	Chris Nichols	49	F	North Liberty	IA	11:45	00:36:31.62
101	859/1384	523/912	158	Brooke Dewolf	48	F	Cedar Rapids	IA	11:48	00:36:40.72

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
102	861/1384	524/912	1780	Angie Eilders	42	F	Cedar Rapids	IA	11:48	00:36:41.00
103	862/1384	525/912	1778	Jenny Botsford	43	F	Cedar Rapids	IA	11:48	00:36:41.40
104	863/1384	526/912	710	Tracy Simmons	47	F	Cedar Rapids	IA	11:49	00:36:44.84
105	867/1384	528/912	1576	Kelly Ballou	40	F	Wyoming	IA	11:50	00:36:47.47
106	868/1384	529/912	2094	Jodi Flynn	46	F	Swisher	IA	11:50	00:36:48.22
107	871/1384	532/912	264	Suzanne Carter	43	F	Cedar Rapids	IA	11:51	00:36:51.72
108	885/1384	543/912	227	Dee Arthur	43	F	North Liberty	IA	11:57	00:37:07.98
109	894/1384	550/912	1865	Kara Schmith	45	F	Oelwein	IA	12:05	00:37:34.80
110	900/1384	555/912	436	Debby Behnke	46	F	Marion	IA	12:11	00:37:53.61
111	901/1384	556/912	878	Ann Mccrea	48	F	Cedar Rapids	IA	12:12	00:37:56.56
112	911/1384	565/912	1554	Shelly Pence	40	F	Swisher	IA	12:14	00:38:02.26
113	913/1384	566/912	2030	Dawn Peterson	46	F	Cedar Rapids	IA	12:14	00:38:02.67
114	923/1384	573/912	905	Veronica Weeks	43	F	Walford	IA	12:17	00:38:12.02
115	926/1384	575/912	1425	Amanda Proper	41	F	Marion	IA	12:20	00:38:21.26
116	927/1384	576/912	1418	Robin Hynek	45	F	Hiawatha	IA	12:21	00:38:23.22
117	936/1384	584/912	626	Michelle Steines	43	F	North Liberty	IA	12:28	00:38:46.19
118	947/1384	594/912	1336	Carrie Olmstead	41	F	Alburnett	IA	12:33	00:39:00.74
119	954/1384	600/912	1678	Holly Ervin	42	F	Cedar Rapids	IA	12:39	00:39:19.26
120	970/1384	610/912	412	Tracy Weber	49	F	Central City	IA	12:46	00:39:42.33
121	980/1384	618/912	354	Kim Weaver	48	F	Iowa City	IA	12:54	00:40:05.37
122	982/1384	619/912	1093	Cathy Klein	45	F	Cedar Rapids	IA	12:55	00:40:08.63
123	986/1384	623/912	2164	Susan Shea	43	F	Cedar Rapids	IA	12:57	00:40:16.68
124	993/1384	629/912	1422	Kara Hermstad-Buckaloo	49	F	Cedar Rapids	IA	13:04	00:40:36.77
125	996/1384	632/912	1302	Nancy Blanchard	48	F	Palo	IA	13:05	00:40:39.27
126	1001/1384	637/912	498	Kimberly Mcguire	45	F	Marion	IA	13:07	00:40:46.74
127	1005/1384	641/912	390	Jodi Clendenen	45	F	Oelwein	IA	13:09	00:40:54.26
128	1007/1384	642/912	473	Gretchen Cornwell	40	F	Cedar Rapids	IA	13:10	00:40:56.90
129	1010/1384	644/912	2190	Kristi Emick	40	F	Fairfield	IA	13:11	00:40:57.65
130	1023/1384	655/912	773	Samantha Eckes	44	F	Cedar Rapids	IA	13:19	00:41:24.55
131	1024/1384	656/912	129	Dena Bailey	47	F	Cedar Rapids	IA	13:20	00:41:25.99
132	1027/1384	657/912	1669	Molly Newhouse	43	F	Cedar Rapids	IA	13:21	00:41:31.24
133	1041/1384	668/912	1123	Malisa Mcquown	44	F	Marion	IA	13:35	00:42:14.40
134	1042/1384	669/912	1008	Donna Eastep	47	F	Grimes	IA	13:35	00:42:14.52
135	1047/1384	672/912	322	Sherie Silbaugh	41	F	Cedar Rapids	IA	13:37	00:42:19.68
136	1051/1384	674/912	137	Brandy Baxter	41	F	Cedar Rapids	IA	13:38	00:42:24.50
137	1054/1384	677/912	508	Joyce Little	44	F	Anamosa	IA	13:45	00:42:44.46
138	1058/1384	680/912	2066	Shelley Miskimen	46	F	Fairfax	IA	13:50	00:42:59.68
139	1062/1384	682/912	1802	Kelley Hamdorf	41	F	Cedar Rapids	IA	14:01	00:43:34.83
140	1067/1384	686/912	891	Jodi Nealson	48	F	Toddville	IA	14:04	00:43:43.20
141	1068/1384	687/912	1146	Susan Corrigan	48	F	Cedar Rapids	IA	14:04	00:43:43.50
142	1069/1384	688/912	192	Shelly Davidson	48	F	Hiawatha	IA	14:04	00:43:43.52
143	1070/1384	689/912	1232	Lynn Arens	41	F	Cedar Rapids	IA	14:04	00:43:45.27
144	1073/1384	691/912	731	Holly Langer	41	F	Marion	IA	14:06	00:43:48.77
145	1087/1384	700/912	1227	Cindy Lechtenberg	41	F	Walford	IA	14:22	00:44:41.34
146	1088/1384	701/912	1391	Tammi Lewis	42	F	Cedar Rapids	IA	14:24	00:44:46.64
147	1091/1384	704/912	808	Cathy Harvey	48	F	South Amana	IA	14:32	00:45:10.86
148	1094/1384	706/912	196	Stacy Johnson	46	F	Cedar Rapids	IA	14:34	00:45:16.51
149	1100/1384	712/912	1774	Sarah Phipps	40	F	Cedar Rapids	IA	14:46	00:45:55.25
150	1107/1384	719/912	2	Deb Howell	49	F	Muscatine	IA	15:02	00:46:44.80
151	1109/1384	721/912	785	Tracy Szyszka	47	F	Cedar Rapids	IA	15:10	00:47:09.29

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
152	1111/1384	723/912	1250	Shari Ross	45	F	Cedar Rapids	IA	15:11	00:47:10.76
153	1116/1384	726/912	1886	Fawn Vozenilek	46	F	Cedar Rapids	IA	15:19	00:47:35.37
154	1117/1384	727/912	1544	Shanna Cooper	42	F	Cedar Rapids	IA	15:21	00:47:42.27
155	1126/1384	731/912	708	Sheryl Becker	40	F	Marion	IA	15:38	00:48:37.26
156	1138/1384	742/912	1404	Roberta Fuchs	40	F	Cedar Rapids	IA	15:54	00:49:25.78
157	1140/1384	743/912	736	Diane Selk	45	F	Hiawatha	IA	15:58	00:49:37.02
158	1141/1384	744/912	621	Brooke Osborn	42	F	Newhall	IA	16:02	00:49:50.76
159	1144/1384	747/912	178	Billie Burhite	45	F	Cedar Rapids	IA	16:03	00:49:53.28
160	1149/1384	750/912	1958	Ann Stroh	45	F	Cedar Rapids	IA	16:12	00:50:20.46
161	1159/1384	759/912	121	Angie Meiers	49	F	Bennett	IA	16:55	00:52:36.27
162	1161/1384	761/912	313	Deb Cross	47	F	Swisher	IA	16:58	00:52:42.97
163	1164/1384	763/912	1860	Patty Muenzenmeyer	46	F	Cedar Rapids	IA	16:59	00:52:46.82
164	1165/1384	764/912	1183	Shari Mcdowell	47	F	Cedar Rapids	IA	17:01	00:52:54.20
165	1185/1384	772/912	398	Jeri Frank	45	F	Cedar Rapids	IA	17:33	00:54:32.79
166	1221/1384	797/912	492	Jean Lawrence	49	F	Cedar Rapids	IA	19:09	00:59:30.28
167	1234/1384	808/912	1034	Terina Mcvey	46	F	Cedar Rapids	IA	19:37	01:00:59.92
168	1238/1384	810/912	278	Emily Hass	40	F	Cedar Rapids	IA	19:46	01:01:27.55
169	1247/1384	819/912	208	Lynn Davy	49	F	Cedar Rapids	IA	20:15	01:02:55.93
170	1249/1384	821/912	831	Joni Wallace	40	F	Marion	IA	20:25	01:03:27.96
171	1259/1384	830/912	21	Heidi Beals	40	F	Center Point	IA	20:55	01:05:00.14
172	1265/1384	832/912	1758	Jo Hawkes	49	F	Cedar Rapids	IA	21:16	01:06:06.65
173	1278/1384	840/912	757	Lisa Bretz	49	F	North Liberty	IA	21:56	01:08:11.80
174	1281/1384	843/912	1173	Michelle Moses	44	F	Cedar Rapids	IA	22:01	01:08:25.15
175	1291/1384	849/912	715	Jill Jochimsen	49	F	Marion	IA	22:33	01:10:05.08
176	1293/1384	850/912	610	Cydney Lovell	41	F	Cedar Rapids	IA	22:41	01:10:29.80
177	1297/1384	853/912	1917	Tisha Constien	41	F	Cedar Rapids	IA	22:43	01:10:35.81
178	1316/1384	867/912	1903	Karina Serbousek	48	F	Marion	IA	23:26	01:12:50.49
179	1319/1384	870/912	1528	Lisa Smith	47	F	Cedar Rapids	IA	23:35	01:13:19.18
180	1337/1384	880/912	2182	Trisca Dix	46	F	Palo	IA	24:10	01:15:05.26
181	1354/1384	892/912	466	Kristin Woods	41	F	Cedar Falls	IA	24:49	01:17:06.63
182	1365/1384	899/912	1373	Nicole Chapman	42	F	Cedar Rapids	IA	25:29	01:19:12.07
183	1368/1384	901/912	744	Christi Dalecky	43	F	Marion	IA	26:02	01:20:56.07
184	1374/1384	905/912	365	Barb Jones	44	F	Atkins	IA	26:33	01:22:30.74

Male Male 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	23/1384	20/472	432	Chris Nims	40	M	Robins	IA	6:43	00:20:54.49
2	26/1384	23/472	1278	Ken Wright	49	M	Cedar Rapids	IA	6:48	00:21:09.65
3	64/1384	45/472	1320	Shawn Mundell	42	M	Cedar Rapids	IA	7:17	00:22:39.84
4	65/1384	46/472	1349	Dan Koch	47	M	Osseo	MN	7:18	00:22:42.95
5	97/1384	63/472	1369	Brian Braid	48	M	Marion	IA	7:40	00:23:51.36
6	99/1384	65/472	323	Eric Silbaugh	42	M	Cedar Rapids	IA	7:41	00:23:54.41
7	109/1384	73/472	372	Andy Gates	42	M	Oelwein	IA	7:43	00:24:01.48
8	114/1384	77/472	720	Brent Mollenhauer	40	M	Lisbon	IA	7:44	00:24:03.33
9	121/1384	81/472	526	Paul Reid	48	M	Cedar Rapids	IA	7:47	00:24:12.95
10	135/1384	87/472	135	Shawn Anderson	43	M	Haverhill	IA	7:57	00:24:42.69
11	136/1384	88/472	455	Aaron Stecker	46	M	Cedar Rapids	IA	7:57	00:24:42.74
12	138/1384	89/472	1775	Eduardo Celis	40	M	Cedar Rapids	IA	7:58	00:24:45.74

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
13	151/1384	96/472	1276	William Christianson	48	M	Cedar Rapids	IA	8:05	00:25:06.93
14	154/1384	99/472	1231	Mark Gonsoski	49	M	North Liberty	IA	8:05	00:25:09.96
15	158/1384	101/472	1149	Jeff Kleinman	47	M	Fairfax	IA	8:07	00:25:14.45
16	188/1384	116/472	955	Jamie Van Berkum	45	M	Marion	IA	8:20	00:25:54.51
17	192/1384	118/472	1160	Jay Cassill	48	M	Newhall	IA	8:21	00:25:59.39
18	193/1384	119/472	2073	Jay Johnson	47	M	Solon	IA	8:22	00:26:00.62
19	197/1384	120/472	982	Duane Wampole	48	M	Cedar Rapids	IA	8:23	00:26:04.90
20	214/1384	132/472	1873	Tim Cernin	48	M	Bettendorf	IA	8:27	00:26:15.82
21	219/1384	135/472	1671	Sean Mcnulty	42	M	Mount Vernon	IA	8:30	00:26:25.33
22	231/1384	140/472	1308	Mark Jaeger	47	M	Shellsburg	IA	8:37	00:26:47.81
23	238/1384	141/472	797	Jeff Jaeger	44	M	North Liberty	IA	8:41	00:27:01.12
24	244/1384	142/472	188	Daniel Allen	40	M	North Liberty	IA	8:44	00:27:11.00
25	252/1384	146/472	1102	Chad Kellogg	42	M	Marion	IA	8:47	00:27:20.36
26	255/1384	147/472	2301	Jeff Frankfurt	47	M	Monticello	IA	8:48	00:27:21.50
27	263/1384	151/472	602	Bill Froehlich	41	M	Waukee	IA	8:49	00:27:25.07
28	266/1384	153/472	788	Andy Laurent	40	M	Cedar Rapids	IA	8:49	00:27:25.64
29	270/1384	156/472	1771	Jerry Phipps	41	M	Cedar Rapids	IA	8:51	00:27:31.10
30	280/1384	161/472	2224	Marc Magers	46	M	Fairfax	IA	8:54	00:27:39.45
31	282/1384	162/472	1592	James Pierce	44	M	Marion	IA	8:54	00:27:40.75
32	284/1384	163/472	1754	Lisa Hart	49	M	Palo	IA	8:55	00:27:43.89
33	304/1384	169/472	614	Lee Weeda	47	M	Belle Plaine	IA	9:00	00:27:59.28
34	319/1384	173/472	1194	Bill Grudzinski	48	M	Anamosa	IA	9:03	00:28:07.42
35	345/1384	181/472	1498	Keith Bisson	48	M	Palo	IA	9:10	00:28:30.00
36	355/1384	186/472	1693	Damon Bowman	42	M	Robins	IA	9:14	00:28:43.68
37	357/1384	187/472	691	Dan Burhite	40	M	Cedar Rapids	IA	9:15	00:28:45.72
38	365/1384	192/472	76	Kerry Patrick	42	M	Cedar Rapids	IA	9:18	00:28:54.22
39	382/1384	199/472	2141	Brad Skriver	44	M	Walford	IA	9:23	00:29:11.26
40	396/1384	203/472	1459	Chris Meyer	46	M	Cedar Rapids	IA	9:27	00:29:24.70
41	397/1384	204/472	2165	Sam Shea	46	M	Cedar Rapids	IA	9:28	00:29:25.72
42	407/1384	207/472	672	Matt Collins	48	M	Cedar Rapids	IA	9:30	00:29:33.03
43	428/1384	212/472	2034	Scott Lammer	41	M	Marion	IA	9:36	00:29:51.32
44	438/1384	215/472	2147	Steve Meeker	40	M	Marion	IA	9:42	00:30:08.40
45	452/1384	220/472	888	James Hansen	45	M	Tipton	IA	9:43	00:30:13.93
46	453/1384	221/472	950	Robert Devaux	48	M	Cedar Rapids	IA	9:43	00:30:14.08
47	476/1384	224/472	1371	David Nicholson	47	M	Marion	IA	9:50	00:30:36.06
48	482/1384	227/472	231	Craig Bennink	48	M	Cedar Rapids	IA	9:51	00:30:37.92
49	483/1384	228/472	2201	Jason Haefner	46	M	Cedar Rapids	IA	9:53	00:30:42.72
50	507/1384	238/472	1587	John Boone	44	M	Cedar Rapids	IA	10:03	00:31:14.72
51	521/1384	242/472	1867	Kirt Norris	40	M	Cedar Rapids	IA	10:05	00:31:21.93
52	529/1384	245/472	589	T.P. Yi	44	M	Marion	IA	10:07	00:31:27.26
53	532/1384	246/472	1830	Tom Johnson	41	M	Bettendorf	IA	10:08	00:31:29.33
54	538/1384	248/472	882	Tim Mccrea	46	M	Cedar Rapids	IA	10:08	00:31:31.96
55	543/1384	250/472	1392	Matthew Lewis	44	M	Cedar Rapids	IA	10:10	00:31:36.97
56	550/1384	252/472	1307	Tom Below	41	M	Cedar Rapids	IA	10:11	00:31:39.51
57	579/1384	266/472	840	Anthony Cooper	47	M	Cedar Rapids	IA	10:18	00:32:00.66
58	620/1384	277/472	1140	Doug Klostermann	41	M	Swisher	IA	10:28	00:32:32.57
59	623/1384	278/472	515	Mike Plagge	47	M	Cedar Rapids	IA	10:30	00:32:37.44
60	684/1384	295/472	677	Ben Davis Davis	41	M	Coralville	IA	10:49	00:33:39.13
61	726/1384	306/472	279	Matt Hubbell	41	M	Hiawatha	IA	11:04	00:34:24.91
62	730/1384	307/472	560	Hobart Walling	47	M	Iowa City	IA	11:04	00:34:25.76

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
63	784/1384	318/472	416	Jack Hanson	43	M	Cedar Rapids	IA	11:23	00:35:24.72
64	793/1384	321/472	1322	Carl Williams	44	M	Marion	IA	11:27	00:35:36.12
65	801/1384	326/472	2470	Greg Smith	48	M	Marion	IA	11:32	00:35:51.15
66	852/1384	335/472	857	Jim Evans	46	M	North Liberty	IA	11:46	00:36:33.84
67	860/1384	337/472	157	Greg Dewolf	48	M	Cedar Rapids	IA	11:48	00:36:41.00
68	865/1384	339/472	524	Jody Hospodarsky	40	M	Hiawatha	IA	11:50	00:36:46.40
69	922/1384	350/472	904	Josh Weeks	43	M	Walford	IA	12:16	00:38:09.64
70	955/1384	355/472	1733	Ethan Guca	42	M	Swisher	IA	12:40	00:39:21.99
71	956/1384	356/472	1245	Shannon Kopecky	42	M	North Liberty	IA	12:40	00:39:23.02
72	959/1384	358/472	1679	Greg Ervin	42	M	Cedar Rapids	IA	12:41	00:39:24.44
73	981/1384	363/472	1092	Kenneth Klein	48	M	Cedar Rapids	IA	12:55	00:40:08.63
74	1043/1384	374/472	924	Jim Spencer	47	M	Marion	IA	13:36	00:42:16.74
75	1050/1384	377/472	138	Jason Baxter	42	M	Cedar Rapids	IA	13:38	00:42:24.25
76	1063/1384	381/472	1801	Chris Goranson	40	M	Cedar Rapids	IA	14:02	00:43:37.43
77	1075/1384	384/472	1742	Tim Hankewich	49	M	Cedar Rapids	IA	14:07	00:43:53.92
78	1084/1384	387/472	1512	Russell Behnke	47	M	Marion	IA	14:21	00:44:35.70
79	1122/1384	392/472	898	Paul Meeker	41	M	Cedar Rapids	IA	15:30	00:48:11.40
80	1139/1384	397/472	737	David Selk	47	M	Hiawatha	IA	15:57	00:49:36.01
81	1151/1384	400/472	387	Wes Butterfield	48	M	Cedar Rapids	IA	16:14	00:50:26.94
82	1162/1384	401/472	314	James Milota	49	M	Swisher	IA	16:58	00:52:43.20
83	1171/1384	404/472	1724	Tom Rogers	49	M	Anamosa	IA	17:24	00:54:04.36
84	1177/1384	406/472	1703	Robert O'shea	48	M	Robins	IA	17:30	00:54:22.44
85	1180/1384	409/472	732	Jason Langer	41	M	Marion	IA	17:31	00:54:26.10
86	1184/1384	413/472	399	Uriel Barillas	46	M	Cedar Rapids	IA	17:33	00:54:32.54
87	1216/1384	422/472	395	Kyle Jenn	43	M	North Liberty	IA	18:56	00:58:51.13
88	1233/1384	426/472	1959	Chris Steenrod	40	M	Cedar Rapids	IA	19:35	01:00:51.79
89	1237/1384	428/472	57	Jason Gavin	42	M	North Liberty	IA	19:41	01:01:11.80
90	1262/1384	432/472	18	Josh Beals	44	M	Center Point	IA	20:58	01:05:08.70
91	1298/1384	445/472	1918	Corey Constien	42	M	Cedar Rapids	IA	22:43	01:10:36.24
92	1326/1384	454/472	1910	Dan Fudge	44	M	Hiawatha	IA	23:48	01:13:59.20
93	1366/1384	467/472	450	Bill Klawiter	40	M	Stanwood	IA	25:43	01:19:56.57

Female Female 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	71/1384	23/912	263	Deb Gaddis	51	F	Solon	IA	7:21	00:22:51.81
2	117/1384	38/912	1111	Rebecca Zange	50	F	Robins	IA	7:45	00:24:07.24
3	155/1384	56/912	276	Carmen Kelley	52	F	Cedar Rapids	IA	8:06	00:25:11.33
4	160/1384	58/912	338	Bridgette Sedlacek	53	F	Tiffin	IA	8:08	00:25:17.46
5	168/1384	61/912	1288	Diane Ropp	50	F	Cedar Rapids	IA	8:11	00:25:27.85
6	172/1384	63/912	423	Marsha Aspinall	55	F	Cedar Rapids	IA	8:13	00:25:33.95
7	179/1384	69/912	309	Lori Mcgowan	50	F	Vinton	IA	8:16	00:25:42.50
8	195/1384	76/912	752	Kimberly Lorenz	51	F	Swisher	IA	8:22	00:26:01.71
9	216/1384	83/912	1191	Patricia Uhlenhopp	59	F	Marion	IA	8:28	00:26:19.29
10	234/1384	94/912	576	Jackie Barnum	56	F	Cedar Rapids	IA	8:39	00:26:54.74
11	237/1384	97/912	2131	Judy Goldberg	53	F	Cedar Rapids	IA	8:41	00:27:00.21
12	256/1384	109/912	1205	Pam Larson	54	F	Swisher	IA	8:48	00:27:21.97
13	272/1384	115/912	1013	Nancy Patrick	57	F	Cedar Rapids	IA	8:52	00:27:33.50
14	274/1384	116/912	1032	Mary Gibney	52	F	Cedar Rapids	IA	8:52	00:27:34.71

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
15	277/1384	119/912	962	Martha Gearhart	57	F	Hopkinton	IA	8:53	00:27:37.00
16	285/1384	122/912	1091	Stephanie Steele	57	F	Cedar Rapids	IA	8:55	00:27:44.22
17	295/1384	131/912	631	Sandra Alber	55	F	Manchester	IA	8:57	00:27:51.55
18	298/1384	134/912	625	Ann Weber-Holdgrafer	57	F	Marion	IA	8:59	00:27:55.46
19	313/1384	141/912	1556	Julie Elias	55	F	Cedar Rapids	IA	9:01	00:28:03.26
20	330/1384	153/912	1454	Jennifer Spurrell	50	F	Cedar Rapids	IA	9:07	00:28:20.21
21	335/1384	158/912	494	Mureen Ernst	59	F	Cedar Rapids	IA	9:07	00:28:22.49
22	337/1384	160/912	581	Deanna Haddy	57	F	Cedar Rapids	IA	9:08	00:28:22.92
23	343/1384	163/912	1204	Shelley Walker	55	F	Marion	IA	9:09	00:28:28.22
24	349/1384	166/912	569	Tanya Meyer Dideriksen	54	F	Oxford	IA	9:11	00:28:32.89
25	360/1384	172/912	1293	Brita Loynachan	53	F	Marion	IA	9:16	00:28:48.35
26	376/1384	180/912	1055	Jacki Knapp	59	F	Cedar Rapids	IA	9:22	00:29:06.62
27	405/1384	200/912	1713	Sandra Brune	50	F	Swisher	IA	9:30	00:29:32.75
28	414/1384	206/912	1977	Amy Keating	58	F	Marion	IA	9:32	00:29:37.22
29	433/1384	220/912	890	Lori Rott	54	F	Marion	IA	9:39	00:30:01.13
30	436/1384	223/912	1823	Anna Boomershine	50	F	Hiawatha	IA	9:40	00:30:04.00
31	442/1384	226/912	583	Amy Crawford	51	F	Cedar Rapids	IA	9:42	00:30:09.89
32	447/1384	229/912	1286	Tammy Fox	50	F	Cedar Rapids	IA	9:43	00:30:13.11
33	491/1384	259/912	506	Debbie Lenth	50	F	Cedar Rapids	IA	9:55	00:30:51.51
34	516/1384	277/912	953	Sheryl Marchetti	54	F	Cedar Rapids	IA	10:04	00:31:19.22
35	530/1384	285/912	2105	Kimberly Franklin	50	F	Swisher	IA	10:07	00:31:27.63
36	560/1384	302/912	1	Doreena Crock	52	F	Tipton	IA	10:13	00:31:44.75
37	572/1384	307/912	2028	Carol Johnson	52	F	Marion	IA	10:16	00:31:56.98
38	576/1384	311/912	2012	Ann Knierim	52	F	Cedar Rapids	IA	10:17	00:31:58.81
39	610/1384	337/912	1255	Lois Cahill	58	F	Lisbon	IA	10:26	00:32:26.03
40	634/1384	354/912	257	Jane Astor	57	F	North Liberty	IA	10:33	00:32:49.72
41	635/1384	355/912	1206	Diane Alsager	58	F	Cedar Rapids	IA	10:34	00:32:50.31
42	638/1384	358/912	343	Ann Neubauer	51	F	Amana	IA	10:35	00:32:54.18
43	639/1384	359/912	2054	Cathy Hermes	54	F	Cedar Rapids	IA	10:36	00:32:56.51
44	642/1384	361/912	2121	Sheryl Semler	59	F	Amana	IA	10:36	00:32:58.23
45	643/1384	362/912	1791	Julie Rhodes	52	F	Hiawatha	IA	10:36	00:32:58.62
46	649/1384	367/912	1193	Jackie Peters	56	F	Cedar Rapids	IA	10:38	00:33:03.47
47	653/1384	369/912	236	Carmen Donaldson	50	F	Sioux City	IA	10:40	00:33:10.26
48	657/1384	373/912	1215	Mary Keane	57	F	Cedar Rapids	IA	10:41	00:33:12.26
49	660/1384	374/912	1496	Barbara Morrissey	57	F	Fairfax	IA	10:42	00:33:15.12
50	667/1384	380/912	184	Barb Walker	56	F	Waverly	IA	10:45	00:33:26.53
51	668/1384	381/912	185	Mary Bernhardt	56	F	Waterloo	IA	10:45	00:33:26.94
52	695/1384	399/912	1182	Debbie Riley	59	F	Toddville	IA	10:53	00:33:49.53
53	696/1384	400/912	829	Cynthia Dennis	52	F	Cedar Rapids	IA	10:53	00:33:49.94
54	701/1384	405/912	1995	Lisa Jepsen	50	F	Hiawatha	IA	10:56	00:34:00.09
55	717/1384	414/912	1117	Sheri Jeffery	51	F	Robins	IA	11:02	00:34:18.73
56	721/1384	417/912	894	Ronda Johnson	55	F	Cedar Rapids	IA	11:03	00:34:20.88
57	723/1384	419/912	1666	Lisa Griggs	52	F	Cedar Rapids	IA	11:03	00:34:21.48
58	732/1384	425/912	529	Andrea Rowland	54	F	Cedar Rapids	IA	11:06	00:34:31.66
59	740/1384	431/912	1813	Sandy Warner	54	F	Cedar Rapids	IA	11:09	00:34:40.64
60	745/1384	436/912	1383	Nancy Schmidt	53	F	Cedar Rapids	IA	11:11	00:34:46.48
61	752/1384	441/912	2047	Sheryl Dolan	53	F	Cedar Rapids	IA	11:15	00:34:57.66
62	754/1384	443/912	2170	Lois Robson	52	F	Walford	IA	11:15	00:34:58.73
63	757/1384	446/912	146	Susan Twachtmann	52	F	Cedar Rapids	IA	11:16	00:35:03.40
64	758/1384	447/912	145	Mary Kaye Nath	55	F	Cedar Rapids	IA	11:17	00:35:03.58

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
65	759/1384	448/912	2057	Cheryl Beatty	53	F	Winthropwinthrop	IA	11:17	00:35:04.40
66	766/1384	455/912	1082	Lynda Cook	50	F	Cedar Rapids	IA	11:19	00:35:10.71
67	768/1384	456/912	897	Gail Rieger	57	F	Cedar Rapids	IA	11:19	00:35:11.92
68	792/1384	472/912	1638	Natalie Poellet	52	F	Cedar Rapids	IA	11:26	00:35:33.74
69	814/1384	486/912	110	Annette Lenz	53	F	Manchester	IA	11:35	00:36:01.23
70	823/1384	495/912	1942	Lori Haskell	54	F	Mount Vernon	IA	11:38	00:36:10.51
71	840/1384	508/912	842	Karen Rawson	52	F	Cedar Rapids	IA	11:41	00:36:19.82
72	842/1384	509/912	136	Sandi Fowler	51	F	Cedar Rapids	IA	11:41	00:36:20.22
73	845/1384	512/912	1753	Teresa Streeper	54	F	Cedar Rapids	IA	11:42	00:36:23.88
74	847/1384	514/912	445	Jane Baskerville	51	F	Cedar Rapids	IA	11:43	00:36:26.11
75	872/1384	533/912	1044	Paige Butterfield	51	F	Cedar Rapids	IA	11:51	00:36:51.88
76	884/1384	542/912	205	Denise Fitzpatrick	52	F	Cedar Rapids	IA	11:57	00:37:07.77
77	889/1384	547/912	2207	Fae Hoover	52	F	Cedar Rapids	IA	12:00	00:37:17.64
78	890/1384	548/912	1298	Nancy Mackin	50	F	Hiawatha	IA	12:02	00:37:25.46
79	895/1384	551/912	1948	Cindy Meyer	57	F	Stanwood	IA	12:06	00:37:35.73
80	902/1384	557/912	427	Judy Walton	55	F	Cedar Rapids	IA	12:12	00:37:57.17
81	908/1384	563/912	458	Judy Coil	50	F	Marion	IA	12:13	00:37:59.68
82	915/1384	568/912	1884	Kathy Hawes	58	F	Cedar Rapids	IA	12:14	00:38:03.49
83	918/1384	570/912	2037	Kristen Kral	53	F	Charlotte	NC	12:15	00:38:04.99
84	932/1384	580/912	627	Diana Maston	50	F	Solon	IA	12:25	00:38:36.49
85	935/1384	583/912	1427	Becky Bradley	50	F	Marion	IA	12:27	00:38:43.57
86	943/1384	590/912	826	Chinh Ta	52	F	Cedar Rapids	IA	12:31	00:38:54.52
87	945/1384	592/912	1341	Mary Driscoll	58	F	Marion	IA	12:32	00:38:57.79
88	953/1384	599/912	348	Linda Peyton	54	F	Marion	IA	12:38	00:39:16.74
89	979/1384	617/912	789	Christine Casey	52	F	Cedar Rapids	IA	12:53	00:40:03.87
90	987/1384	624/912	1543	Kim Lehrman	56	F	Cedar Rapids	IA	12:57	00:40:16.95
91	988/1384	625/912	367	Louise Holtz	53	F	Cedar Rapids	IA	12:58	00:40:20.24
92	1009/1384	643/912	2026	Susan Novak	54	F	Cedar Rapids	IA	13:10	00:40:57.51
93	1011/1384	645/912	2303	Jo Lilledahl	57	F	Cedar Rapids	IA	13:11	00:40:57.65
94	1018/1384	651/912	1761	Atiya Zach	51	F	Cedar Rapids	IA	13:15	00:41:11.96
95	1035/1384	662/912	1282	Lisa Pritchard	55	F	Cedar Rapids	IA	13:29	00:41:55.44
96	1036/1384	663/912	1953	Heidi Ipsan	50	F	Cedar Rapids	IA	13:29	00:41:55.49
97	1059/1384	681/912	1487	Sonja Hadenfeldt	52	F	Fairfax	IA	13:50	00:43:00.90
98	1077/1384	693/912	2077	Daphne Donald	53	F	Muscatine	IA	14:09	00:43:59.03
99	1079/1384	695/912	1559	Jillien Hankewich	51	F	Cedar Rapids	IA	14:10	00:44:02.90
100	1090/1384	703/912	2402	Terasa Dove	54	F	Cedar Rapids	IA	14:30	00:45:03.70
101	1096/1384	708/912	1159	Shelly Cassill	50	F	Newhall	IA	14:38	00:45:29.28
102	1101/1384	713/912	2062	Cindy Anderson	52	F	Fairfax	IA	14:49	00:46:03.79
103	1112/1384	724/912	361	Bridget Ferry	50	F	Cedar Rapids	IA	15:14	00:47:21.94
104	1128/1384	733/912	655	Joanne Radeke	58	F	Keystone	IA	15:40	00:48:43.00
105	1132/1384	736/912	1457	Susan Bock	58	F	Mount Vernon	IA	15:43	00:48:52.29
106	1133/1384	737/912	2000	Sheri Jones	54	F	Cedar Rapids	IA	15:43	00:48:52.48
107	1142/1384	745/912	1116	Renee Bear	51	F	Van Horne	IA	16:02	00:49:51.00
108	1146/1384	749/912	1213	Barbara Miller	53	F	Anamosa	IA	16:05	00:49:59.19
109	1150/1384	751/912	117	Kristy Butterfield	51	F	Cedar Rapids	IA	16:14	00:50:26.44
110	1153/1384	753/912	333	Linda Marsh	54	F	Monticello	IA	16:19	00:50:42.50
111	1154/1384	754/912	448	Suzan Ehlers	59	F	Anamosa	IA	16:19	00:50:42.51
112	1155/1384	755/912	449	Kathy Ehlers	58	F	Anamosa	IA	16:19	00:50:42.51
113	1167/1384	766/912	1735	Terry Langhurst	57	F	Swisher	IA	17:04	00:53:04.30
114	1172/1384	768/912	211	Deanna Welch	53	F	Mechanicsville	IA	17:25	00:54:08.22

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
115	1176/1384	771/912	2074	Julie Mcneal	56	F	Cedar Rapids	IA	17:29	00:54:19.78
116	1186/1384	773/912	373	Tami Fiala	53	F	Fairfax	IA	17:33	00:54:33.78
117	1188/1384	775/912	409	Kathryn Burd	57	F	North Liberty	IA	17:33	00:54:34.19
118	1202/1384	785/912	89	Tami Roseberry	53	F	Center Point	IA	18:16	00:56:46.20
119	1205/1384	787/912	1147	Carol Cook	50	F	Davenport	IA	18:17	00:56:50.84
120	1211/1384	790/912	122	Joy Huber	56	F	Walford	IA	18:40	00:58:01.03
121	1224/1384	800/912	1721	Karen Stulken	50	F	Walford	IA	19:10	00:59:35.17
122	1225/1384	801/912	935	Joni Kinkead	58	F	Alburnett	IA	19:17	00:59:57.54
123	1227/1384	803/912	2041	Julie Kraft	53	F	Robins	IA	19:18	00:59:59.29
124	1257/1384	828/912	852	Denise Engen	52	F	Central City	IA	20:46	01:04:32.96
125	1270/1384	835/912	1451	Deann Cundiff	55	F	Pocahontas	IA	21:21	01:06:22.92
126	1271/1384	836/912	577	Janelle Moellers	53	F	Marshalltown	IA	21:22	01:06:23.54
127	1274/1384	838/912	1458	Sandra Frahm	55	F	Kellogg	IA	21:22	01:06:23.96
128	1279/1384	841/912	1895	Sandy Grimm	58	F	Cedar Rapids	IA	21:57	01:08:13.56
129	1288/1384	847/912	1928	Sarah Turner	55	F	Marion	IA	22:32	01:10:03.56
130	1295/1384	852/912	810	Jennie Shanklin	52	F	Robins	IA	22:42	01:10:34.15
131	1325/1384	872/912	1042	Kathy Kupka	53	F	Hiawatha	IA	23:47	01:13:56.52
132	1334/1384	877/912	1863	Mary Bourdon	51	F	Bondurant	IA	24:03	01:14:46.22
133	1336/1384	879/912	273	Virginia Mccotter	59	F	Algonquin	IL	24:04	01:14:49.48
134	1345/1384	886/912	2023	Denise Scheer	54	F	Robins	IA	24:28	01:16:02.82
135	1358/1384	895/912	1411	Robbin Moore	55	F	Cedar Rapids	IA	25:11	01:18:16.57
136	1375/1384	906/912	836	Joan Hackbarth	58	F	Marion	IA	26:33	01:22:32.15
137	1378/1384	908/912	1809	Lisa Coyle	51	F	Cedar Rapids	IA	26:45	01:23:08.75

Male Male 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	27/1384	24/472	130	Tim Vipond	51	M	Cedar Rapids	IA	6:49	00:21:11.99
2	40/1384	36/472	1190	Carl Uhlenhopp	54	M	Marion	IA	6:58	00:21:41.65
3	43/1384	38/472	171	Eric Lockwood	56	M	Marion	IA	7:01	00:21:49.41
4	49/1384	39/472	300	Randy Kellison	53	M	Cedar Rapids	IA	7:09	00:22:15.56
5	95/1384	61/472	741	James Shell	58	M	Cedar Rapids	IA	7:39	00:23:46.95
6	101/1384	67/472	1728	Tony Bedard	57	M	Palo	IA	7:41	00:23:54.82
7	102/1384	68/472	1593	Ron Grant	56	M	Cedar Rapids	IA	7:42	00:23:55.84
8	110/1384	74/472	674	Scott Shelton	59	M	Cedar Rapids	IA	7:44	00:24:01.96
9	118/1384	80/472	1430	Kevin Costigan	57	M	Cedar Rapids	IA	7:46	00:24:08.48
10	144/1384	92/472	753	Steve Lorenz	51	M	Swisher	IA	7:59	00:24:51.11
11	152/1384	97/472	1473	Jim Phelps	51	M	Marengo	IA	8:05	00:25:08.87
12	187/1384	115/472	1226	Ed Sokoloski	54	M	Cedar Rapids	IA	8:19	00:25:52.21
13	204/1384	124/472	1639	Matt Poellet	52	M	Cedar Rapids	IA	8:25	00:26:09.50
14	218/1384	134/472	2032	John Robe	52	M	Cedar Rapids	IA	8:28	00:26:21.11
15	250/1384	144/472	1374	Mark Williams	57	M	Cedar Rapids	IA	8:47	00:27:20.00
16	267/1384	154/472	1216	Steven Keane	57	M	Cedar Rapids	IA	8:49	00:27:25.90
17	299/1384	165/472	1218	Joe Mlodzik	52	M	Cedar Rapids	IA	8:59	00:27:56.33
18	339/1384	179/472	108	Dave Klostermann	53	M	Mount Vernon	IA	9:09	00:28:25.98
19	346/1384	182/472	661	Paul Moore	52	M	Solon	IA	9:10	00:28:31.87
20	348/1384	183/472	1511	Tom Mcdonald	53	M	Marion	IA	9:11	00:28:32.47
21	353/1384	185/472	156	Judd Malcolm	54	M	Cedar Rapids	IA	9:13	00:28:40.71
22	366/1384	193/472	311	Mitch Porter	55	M	Cedar Rapids	IA	9:18	00:28:54.96

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Male Male 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
23	381/1384	198/472	1470	Tom Casey	51	M	Cedar Rapids	IA	9:23	00:29:10.96
24	410/1384	208/472	716	Matt Steitzer	59	M	Cedar Rapids	IA	9:30	00:29:33.84
25	441/1384	216/472	1688	Randy Crawford	52	M	Cedar Rapids	IA	9:42	00:30:09.25
26	449/1384	219/472	1285	Matt Fox	51	M	Cedar Rapids	IA	9:43	00:30:13.67
27	481/1384	226/472	1001	Jim Scroggs	50	M	Marion	IA	9:51	00:30:37.89
28	485/1384	229/472	1122	Jody Wilson	55	M	La Porte City	IA	9:54	00:30:46.00
29	497/1384	234/472	1254	Tim Cahill	50	M	Lisbon	IA	9:58	00:30:59.50
30	517/1384	240/472	954	Mike Marchetti	54	M	Cedar Rapids	IA	10:04	00:31:19.51
31	555/1384	256/472	1777	Todd Erickson	56	M	North Liberty	IA	10:12	00:31:42.15
32	562/1384	260/472	495	John Ernst	53	M	Cedar Rapids	IA	10:13	00:31:46.76
33	568/1384	264/472	1440	Marc Lundgren	54	M	Cedar Rapids	IA	10:14	00:31:50.50
34	590/1384	268/472	1207	Mickey Alsager	59	M	Cedar Rapids	IA	10:21	00:32:12.00
35	593/1384	270/472	63	Deke Morrow	56	M	Marion	IA	10:22	00:32:15.36
36	673/1384	289/472	1022	Dennis Tallman	59	M	North Liberty	IA	10:46	00:33:29.73
37	680/1384	292/472	246	Mike Coleman	51	M	Cedar Rapids	IA	10:48	00:33:33.63
38	702/1384	297/472	1264	Bill Kiesel	51	M	Cedar Rapids	IA	10:57	00:34:01.37
39	710/1384	301/472	893	Lowell Johnson	57	M	Cedar Rapids	IA	11:01	00:34:14.48
40	733/1384	308/472	1734	Jim Langhurst	58	M	Swisher	IA	11:07	00:34:34.72
41	775/1384	315/472	2002	Jon Jacobsen	57	M	Cedar Rapids	IA	11:21	00:35:16.52
42	838/1384	332/472	210	Mark Tennyson	59	M	Cedar Rapids	IA	11:41	00:36:18.99
43	864/1384	338/472	711	Eric Smith	51	M	Cedar Rapids	IA	11:49	00:36:44.99
44	880/1384	342/472	1515	Chris Worthingtonbarnes	54	M	Cedar Rapids	IA	11:54	00:36:59.73
45	925/1384	351/472	1426	Jeff Hoskinson	55	M	Marion	IA	12:20	00:38:20.38
46	1034/1384	373/472	1949	Jon Sickelka	58	M	Cedar Rapids	IA	13:29	00:41:54.48
47	1049/1384	376/472	1015	Joe Schreder	56	M	Cedar Rapids	IA	13:37	00:42:21.00
48	1060/1384	379/472	1488	Kevin Hadenfeldt	53	M	Fairfax	IA	13:51	00:43:01.94
49	1083/1384	386/472	1083	Wayne Cook	55	M	Cedar Rapids	IA	14:20	00:44:32.38
50	1123/1384	393/472	1351	Bruce Vander Sanden	51	M	Cedar Rapids	IA	15:32	00:48:18.28
51	1173/1384	405/472	212	Roger Welch	56	M	Mechanicsville	IA	17:25	00:54:08.22
52	1183/1384	412/472	845	Clint Mote	58	M	Mount Vernon	IA	17:33	00:54:32.27
53	1203/1384	418/472	1362	Rick Kullander	55	M	Cedar Rapids	IA	18:17	00:56:48.62
54	1208/1384	420/472	1575	Tony Wiebold	51	M	Shellsburg	IA	18:36	00:57:48.74
55	1236/1384	427/472	1035	Mike Mcvey	55	M	Cedar Rapids	IA	19:41	01:01:11.28
56	1277/1384	438/472	758	Michael Bretz	54	M	North Liberty	IA	21:56	01:08:10.39
57	1287/1384	441/472	1927	Chris Turner	56	M	Cedar Rapids	IA	22:32	01:10:03.56
58	1292/1384	443/472	277	Darwin Eichenberger	58	M	Cedar Rapids	IA	22:39	01:10:25.38
59	1320/1384	450/472	1527	Ted Smith	50	M	Cedar Rapids	IA	23:36	01:13:20.09
60	1323/1384	452/472	1076	Tracy York	53	M	Cedar Rapids	IA	23:45	01:13:47.50
61	1324/1384	453/472	1041	Kerry Kupka	52	M	Hiawatha	IA	23:47	01:13:56.31
62	1360/1384	465/472	1107	John Hoth	50	M	Ely	IA	25:13	01:18:23.93
63	1373/1384	469/472	837	Dan Hackbarth	58	M	Marion	IA	26:33	01:22:29.92

Female Female 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	384/1384	185/912	2176	Chyrl Johnson	61	F	Cedar Rapids	IA	9:24	00:29:13.31
2	430/1384	217/912	328	Janis Mcmann	61	F	Cedar Rapids	IA	9:37	00:29:54.62
3	465/1384	243/912	754	Ann Satterly	65	F	Coralville	IA	9:47	00:30:26.72
4	536/1384	289/912	241	Katie Feldman	60	F	Cedar Rapids	IA	10:08	00:31:30.90

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
5	547/1384	297/912	657	Cindy Sale	60	F	Cedar Rapids	IA	10:11	00:31:38.97
6	617/1384	342/912	388	Linnea Martin	64	F	Marion	IA	10:27	00:32:31.13
7	631/1384	352/912	608	Janice Byers	62	F	Cedar Rapids	IA	10:33	00:32:48.90
8	648/1384	366/912	1736	Luann Kuennen	62	F	Palo	IA	10:38	00:33:03.10
9	678/1384	387/912	1045	Roanne Willey	64	F	Center Junction	IA	10:47	00:33:32.42
10	685/1384	390/912	1441	Linda Januska	61	F	Cedar Rapids	IA	10:50	00:33:39.98
11	689/1384	394/912	148	Connie Craft	61	F	Cedar Rapids	IA	10:50	00:33:42.21
12	804/1384	477/912	111	Julie Franklin	63	F	Marion	IA	11:33	00:35:54.41
13	854/1384	519/912	1188	Patricia Theisen	64	F	Anamosa	IA	11:46	00:36:34.68
14	882/1384	540/912	2063	Judy Fuemmeler	63	F	Cedar Rapids	IA	11:56	00:37:04.98
15	887/1384	545/912	162	Joanne Stoner	60	F	North Liberty	IA	11:58	00:37:12.48
16	949/1384	596/912	920	Marlene Neville	62	F	Iowa City	IA	12:35	00:39:06.27
17	962/1384	603/912	553	Sharon Burns-Knutson	69	F	Cedar Rapids	IA	12:41	00:39:26.44
18	963/1384	604/912	1005	Chris Davis	60	F	Cedar Rapids	IA	12:41	00:39:26.44
19	966/1384	607/912	2171	Patricia O'donnell	63	F	Marion	IA	12:45	00:39:38.13
20	1020/1384	653/912	440	Ann Bergstrom	68	F	Cedar Rapids	IA	13:16	00:41:16.02
21	1038/1384	665/912	517	Sherry Fuchs	63	F	Cedar Rapids	IA	13:32	00:42:03.22
22	1065/1384	684/912	2056	Jean Kazimour	61	F	Cedar Rapids	IA	14:02	00:43:38.68
23	1103/1384	715/912	684	Carol Ochsner	68	F	Plattsmouth	NE	14:52	00:46:12.64
24	1166/1384	765/912	80	Siiri Sloat	60	F	Burlington	IA	17:02	00:52:57.64
25	1194/1384	780/912	5	Margean Gardner	67	F	Marion	IA	17:59	00:55:54.03
26	1240/1384	812/912	912	Becky Hass	64	F	Walford	IA	19:47	01:01:29.04
27	1351/1384	891/912	1381	Cindy Wittenburg	62	F	Springville	IA	24:40	01:16:38.36

Male Male 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	210/1384	128/472	969	Randy Bachman	60	M	Hiawatha	IA	8:26	00:26:12.16
2	301/1384	167/472	1269	Joe Houtz	63	M	Cedar Rapids	IA	8:59	00:27:57.47
3	321/1384	175/472	1297	Gary Determan	63	M	Solon	IA	9:03	00:28:07.88
4	359/1384	188/472	980	Dan Tucker	66	M	Cedar Rapids	IA	9:16	00:28:48.18
5	362/1384	189/472	705	Bill Copper	60	M	Marion	IA	9:16	00:28:50.46
6	373/1384	196/472	679	Daniel Tabaka	60	M	Cedar Rapids	IA	9:21	00:29:04.96
7	703/1384	298/472	802	Bob Elliott	62	M	Cedar Rapids	IA	10:57	00:34:01.48
8	724/1384	305/472	1189	Lyle Theisen	65	M	Anamosa	IA	11:03	00:34:22.07
9	771/1384	314/472	1390	Michael Miller	61	M	Cedar Rapids	IA	11:20	00:35:14.26
10	841/1384	333/472	1926	Ben Brecht	65	M	Marengo	IA	11:41	00:36:20.02
11	856/1384	336/472	1054	Rick Cohn	64	M	Robins	IA	11:47	00:36:37.33
12	1118/1384	391/472	186	Ruben Carrion	61	M	Waverly	IA	15:22	00:47:45.51
13	1282/1384	439/472	1331	Jerry Edmunds	65	M	Cedar Rapids	IA	22:01	01:08:26.77

Female Female 70 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	606/1384	333/912	1744	Joyce Fleischacker	73	F	Cedar Rapids	IA	10:25	00:32:22.76

Especially For You Race Against Breast Cancer

October 1, 2017

Overall Division Results

5K Run

Female Female 80 +

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	440/1384	225/912	877	Marilyn Wickenkamp	82	F	Newton	IA	9:42	00:30:09.23

Female Female 99 - 99

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1085/1384	698/912	1840	Monica Kuda	99	F	Cedar Rapids	IA	14:22	00:44:39.75
2	1273/1384	837/912	2401	Sydney Wilson	99	F	Cedar Rapids	IA	21:22	01:06:23.75