

ShamRock N Run 5K

August 5, 2017

Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
1	1/240	1/44	691	Mitch Pritls	M	21	Cedar Falls	IA	4:51	00:15:08.81	00:15:04.77
2	2/240	2/44	425	David Reed	M	22	Cedar Falls	IA	5:06	00:15:55.72	00:15:51.42
3	3/240	1/53	540	Jacob Trettin	M	32	Cedar Falls	IA	5:07	00:16:01.19	00:15:56.89
4	4/240	1/30	518	Clayton Streed	M	17	Waterloo	IA	5:18	00:16:34.69	00:16:30.90
5	5/240	2/30	673	Cody Samuelson	M	17	Waterloo	IA	5:19	00:16:34.91	00:16:31.75
6	6/240	1/40	317	Jorge Marquez	M	46	Cedar Falls	IA	5:21	00:16:42.97	00:16:40.28
7	7/240	2/53	418	Joel Rasmussen	M	31	Cedar Falls	IA	5:48	00:18:09.23	00:18:02.79
8	8/240	3/44	262	Kyle Kiel	M	26	Cedar Falls	IA	5:51	00:19:13.74	00:18:13.19
9	9/240	3/30	441	James Ritter	M	19	Waterloo	IA	5:54	00:18:26.04	00:18:21.43
10	10/240	4/30	372	Sam O'brien	M	17	Waterloo	IA	5:54	00:18:26.04	00:18:21.49
11	11/240	3/53	193	Kurt Goetz	M	38	Beverly Hills	CA	5:57	00:18:36.78	00:18:31.74
12	12/240	4/44	676	Michael Stribling	M	25	Waterloo	IA	5:59	00:18:40.09	00:18:36.70
13	13/240	4/53	677	Derek Morrissey	M	30	Waterloo	IA	6:05	00:18:58.30	00:18:55.34
14	14/240	5/30	272	Nicholas Knight	M	15	Waterloo	IA	6:08	00:19:07.67	00:19:03.89
15	15/240	6/30	549	Ridge Van Daele	M	16	Hudson	IA	6:09	00:19:14.53	00:19:08.01
16	16/240	5/53	337	Joshua Meyer	M	33	Waterloo	IA	6:09	00:19:27.76	00:19:09.24
17	17/240	5/44	430	Willie Rhoads	M	21	Cedar Rapids	IA	6:12	00:19:21.26	00:19:16.06
18	1/379	1/112	538	Kristen Toppin	F	31	Waterloo	IA	6:15	00:19:55.19	00:19:25.18
19	18/240	7/30	685	Brock Kiewiet	M	13	Waterloo	IA	6:16	00:19:32.78	00:19:29.01
20	19/240	6/44	419	Riley Rasmussen	M	22	West Des Moines	IA	6:19	00:20:02.78	00:19:39.76
21	20/240	8/30	268	Daniel Kimball	M	16	Waterloo	IA	6:19	00:19:45.23	00:19:40.45
22	21/240	2/40	458	Barry Schmidt	M	42	Sycamore	IL	6:24	00:20:41.51	00:19:53.22
23	22/240	3/40	665	Stephen Rhodes	M	48	East Moline	IL	6:26	00:20:06.15	00:19:59.37
24	23/240	6/53	574	Adam Weller	M	38	Waterloo	IA	6:26	00:20:07.98	00:20:00.73
25	24/240	9/30	118	Isaac Davis	M	16	Waterloo	IA	6:28	00:20:11.22	00:20:06.43
26	25/240	7/44	420	Ryan Rasmussen	M	22	West Des Moines	IA	6:28	00:20:28.68	00:20:06.66
27	26/240	7/53	318	Chris Martin	M	35	Waterloo	IA	6:28	00:20:13.03	00:20:07.49
28	27/240	1/24	593	Mark Zimmer	M	60	Independence	IA	6:30	00:20:18.53	00:20:13.99
29	28/240	1/29	58	Randy Brown	M	57	Waterloo	IA	6:31	00:20:42.78	00:20:16.67
30	29/240	2/24	399	Russell Potratz	M	61	Cedar Falls	IA	6:34	00:20:36.64	00:20:24.45
31	30/240	8/44	379	Jason Pahl	M	28	Cedar Falls	IA	6:34	00:20:33.79	00:20:25.26
32	31/240	10/30	370	Mason Nordman	M	16	Waterloo	IA	6:34	00:20:31.95	00:20:26.90
33	32/240	4/40	355	Adam Myers	M	43	Evansdale	IA	6:35	00:20:42.92	00:20:27.63
34	33/240	5/40	330	Bob McMullen	M	43	Waterloo	IA	6:37	00:21:12.79	00:20:34.77
35	34/240	8/53	621	Daniel Anderson	M	30	Des Moines	IA	6:37	00:21:31.78	00:20:35.49
36	35/240	1/20	49	Brayden Bohnsack	M	11	La Porte City	IA	6:39	00:20:45.53	00:20:41.75
37	36/240	11/30	486	Joseph Sink	M	16	Cedar Falls	IA	6:39	00:20:50.87	00:20:42.40
38	37/240	9/53	187	Eric Gieser	M	37	Waterloo	IA	6:40	00:21:01.22	00:20:45.56
39	38/240	9/44	688	Christpher Jay	M	28	Waterloo	IA	6:41	00:21:06.28	00:20:46.30
40	39/240	12/30	660	Sam Tudor	M	17	Waterloo	IA	6:41	00:20:52.04	00:20:46.48
41	40/240	2/20	241	Ian Hurley	M	11	Johnston	IA	6:45	00:21:03.67	00:20:59.13
42	41/240	10/53	614	William Henninger	M	35		IA	6:46	00:21:18.91	00:21:01.61
43	42/240	11/53	560	Ben Vaughan	M	39	Rockton	IL	6:47	00:21:37.37	00:21:07.56
44	43/240	10/44	6	Steven Acklin	M	20	Cedar Falls	IA	6:50	00:21:38.18	00:21:14.14
45	44/240	6/40	475	Brian Senne	M	44	Independence	IA	6:51	00:21:37.17	00:21:17.63
46	45/240	12/53	371	Zachary Norgren	M	30	Elk Run Heights	IA	6:53	00:22:07.78	00:21:25.77
47	46/240	13/53	610	Chavney White	M	32	Fairbank	IA	6:53	00:21:52.53	00:21:25.79
48	47/240	14/53	345	Ryan Miller	M	39	Waterloo	IA	6:54	00:22:18.53	00:21:26.75
49	48/240	11/44	283	Klayton Kruger	M	25	Cedar Falls	IA	6:54	00:21:39.20	00:21:27.26
50	49/240	7/40	269	Eric Kimball	M	44	Waterloo	IA	6:54	00:21:41.78	00:21:27.55
51	2/379	1/65	303	Katie Longlett	F	40	Wilton	IA	6:56	00:21:38.78	00:21:32.51
52	50/240	15/53	286	Nathan Kurtz	M	32	Waterloo	IA	6:56	00:23:49.78	00:21:33.76

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53	51/240	16/53	172	Paul Foster	M	33	Cedar Falls	IA	6:56	00:21:46.03	00:21:35.53
54	52/240	13/30	500	Joshua Solon	M	15	Independence	IA	6:57	00:22:10.10	00:21:36.37
55	3/379	2/112	583	Liz Winter	F	39	Jesup	IA	6:57	00:21:44.78	00:21:36.51
56	4/379	3/112	520	Melissa Summers	F	30	Waterloo	IA	6:57	00:22:20.23	00:21:38.72
57	53/240	12/44	601	Scott Schroeder	M	27	Raymond	IA	6:58	00:21:57.04	00:21:40.74
58	54/240	17/53	376	Derek Ott	M	30	Waterloo	IA	6:58	00:22:29.78	00:21:40.84
59	55/240	2/29	513	Marty Stoakes	M	52	Waterloo	IA	6:59	00:22:43.18	00:21:44.45
60	56/240	14/30	364	Andrew Newlon	M	16	Waterloo	IA	7:02	00:21:59.14	00:21:53.94
61	57/240	13/44	341	Derek Miller	M	28	Denver	IA	7:04	00:23:00.42	00:22:00.46
62	5/379	1/18	273	Victoria Knight	F	14	Waterloo	IA	7:05	00:22:07.47	00:22:01.03
63	58/240	3/29	700	Jon Leisinger	M	50	Council Bluffs	IA	7:05	00:22:16.18	00:22:03.38
64	59/240	14/44	605	David Becker	M	22	Waterloo	IA	7:08	00:24:00.52	00:22:12.32
65	60/240	4/29	429	Christopher Renihan	M	54	New Providence	IA	7:09	00:22:59.78	00:22:14.55
66	61/240	15/30	523	David Swalve	M	14	Waterloo	IA	7:12	00:24:22.79	00:22:22.27
67	62/240	3/20	369	Chase Nordman	M	11	Waterloo	IA	7:12	00:22:28.36	00:22:24.18
68	63/240	15/44	504	Garrett Springer	M	27	Waterloo	IA	7:12	00:22:55.81	00:22:25.28
69	6/379	2/65	130	Amy Dobbels Conlin	F	43	Cedar Falls	IA	7:13	00:22:52.03	00:22:27.75
70	7/379	1/15	392	Laken Petrie	F	9	Cedar Falls	IA	7:14	00:22:39.28	00:22:28.77
71	64/240	18/53	393	Thomas Petrie	M	35	Cedar Falls	IA	7:14	00:22:39.53	00:22:29.02
72	65/240	16/44	681	Tyler Stiers	M	20	Cedar Falls	IA	7:14	00:22:44.54	00:22:29.75
73	66/240	8/40	388	Joe Peters	M	48	Monroe	WI	7:14	00:22:56.38	00:22:31.10
74	8/379	1/80	584	Lindsey Wise	F	26	Parkersburg	IA	7:14	00:22:49.29	00:22:31.51
75	67/240	5/29	682	Mick Stiers	M	52	Cedar Falls	IA	7:17	00:22:51.14	00:22:38.13
76	9/379	2/80	166	Lauren Fitzgerald	F	22	Dyersville	IA	7:17	00:23:29.85	00:22:38.86
77	68/240	3/24	108	Michael Craft	M	67	La Porte City	IA	7:17	00:22:58.79	00:22:40.74
78	69/240	4/24	659	Dave Riley	M	62	Waterloo	IA	7:18	00:22:49.78	00:22:40.97
79	70/240	4/20	124	Brady Dean	M	10	Cedar Falls	IA	7:19	00:22:49.11	00:22:44.81
80	71/240	9/40	658	Brian Frank	M	41	Marion	IA	7:19	00:23:49.54	00:22:46.75
81	72/240	19/53	289	Cory Lange	M	39	La Porte City	IA	7:20	00:23:36.78	00:22:49.00
82	73/240	20/53	548	Matt Ungs	M	34	Cedar Falls	IA	7:20	00:23:33.29	00:22:49.50
83	74/240	17/44	236	Levi Hubka	M	28	Cedar Falls	IA	7:23	00:23:56.67	00:22:56.71
84	10/379	3/80	105	Alacyn Cox	F	22	Waterloo	IA	7:23	00:23:36.78	00:22:59.24
85	75/240	5/24	200	Paul Greene	M	63	Waterloo	IA	7:25	00:23:39.22	00:23:04.47
86	76/240	6/24	460	Bob Schmit	M	60	Waterloo	IA	7:25	00:23:40.63	00:23:05.12
87	11/379	4/80	684	Lisa Riley	F	27	Waverly	IA	7:25	00:23:27.42	00:23:05.19
88	77/240	10/40	216	Clint Herbert	M	45	Waterloo	IA	7:27	00:23:22.54	00:23:10.59
89	78/240	16/30	220	Cadin Herrmann	M	13	Evansdale	IA	7:27	00:23:14.79	00:23:11.01
90	12/379	2/18	472	Alivia See	F	13	Evansdale	IA	7:28	00:23:40.43	00:23:13.14
91	79/240	11/40	146	Joe Edwards	M	41	Waterloo	IA	7:28	00:23:20.74	00:23:14.48
92	13/379	2/15	159	Pennelope Ferrel	F	11	Cedar Falls	IA	7:29	00:24:37.10	00:23:15.54
93	80/240	17/30	625	Derek Carpenter	M	18	Waverly	IA	7:30	00:23:24.53	00:23:18.50
94	14/379	1/63	509	Mary Steffensmeier	F	54	Waterloo	IA	7:33	00:23:35.53	00:23:28.73
95	81/240	18/44	300	Tyler Loftus	M	25	Cedar Falls	IA	7:34	00:24:01.74	00:23:32.20
96	82/240	18/30	459	Noah Schmidt	M	13	Sycamore	IL	7:35	00:24:15.74	00:23:33.74
97	83/240	21/53	243	Andrew Isley	M	32	Independence	IA	7:35	00:24:27.54	00:23:35.01
98	15/379	4/112	64	April Burg	F	30	Waterloo	IA	7:35	00:23:52.02	00:23:35.15
99	16/379	5/112	76	Joyce Cameron	F	36	Waterloo	IA	7:37	00:25:03.94	00:23:41.40
100	84/240	22/53	466	Victor Schrage	M	39	Cedar Falls	IA	7:43	00:24:39.03	00:23:59.18
101	17/379	6/112	653	Erin Becker	F	32	Waterloo	IA	7:43	00:25:12.27	00:24:00.75
102	85/240	19/30	408	Nick Rand	M	14	Clarksville	IA	7:43	00:24:07.44	00:24:00.78
103	86/240	19/44	259	Skylar Kemp	M	24	Waterloo	IA	7:44	00:24:30.20	00:24:01.97
104	87/240	7/24	112	Gene Dahlen	M	68	Waterloo	IA	7:44	00:24:09.79	00:24:03.53

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105	88/240	20/44	350	Keegan Morrissey	M	26	Waterloo	IA	7:44	00:24:33.85	00:24:04.31
106	18/379	3/65	323	Erin Mcgrane	F	41	Cedar Falls	IA	7:45	00:24:30.20	00:24:05.49
107	89/240	12/40	382	Corbin Payne	M	46	Waterloo	IA	7:45	00:24:42.54	00:24:07.26
108	19/379	4/65	654	Kristin Kratz	F	48	Apple Valley	MN	7:46	00:24:37.29	00:24:08.50
109	20/379	7/112	663	Nina Forcier	F	36	Waterloo	IA	7:46	00:24:25.92	00:24:09.85
110	90/240	21/44	580	Nick Williams	M	28	Waterloo	IA	7:48	00:25:05.03	00:24:14.82
111	91/240	23/53	494	Joshua Smith	M	33	Chicago	IL	7:48	00:24:23.27	00:24:15.86
112	92/240	22/44	693	Thomas Halbert	M	28	Waterloo	IA	7:48	00:24:35.04	00:24:16.51
113	21/379	8/112	131	Heidi Dohman	F	38	Cedar Falls	IA	7:49	00:24:31.22	00:24:19.19
114	22/379	2/63	534	Sue Thompson	F	54	Evansdale	IA	7:49	00:24:56.02	00:24:19.47
115	93/240	24/53	613	Sasa Josavac	M	32	Plymouth	MN	7:49	00:25:55.00	00:24:20.10
116	94/240	25/53	674	Slobodan Bosnic	M	30	Waterloo	IA	7:50	00:25:47.88	00:24:20.85
117	23/379	5/80	442	Maria Roche	F	20	Waterloo	IA	7:50	00:25:01.48	00:24:22.46
118	24/379	9/112	469	Erica Schwarz	F	32	Waterloo	IA	7:50	00:25:33.26	00:24:22.57
119	95/240	23/44	36	Ben Baskerville	M	29	Aplington	IA	7:50	00:25:58.44	00:24:23.14
120	96/240	26/53	661	Aaron Bahr	M	32	Waterloo	IA	7:51	00:24:57.42	00:24:23.69
121	25/379	5/65	487	Lora Sink	F	48	Cedar Falls	IA	7:51	00:24:33.24	00:24:24.97
122	26/379	10/112	696	Anna Caughron	F	37	Waterloo	IA	7:53	00:25:39.29	00:24:29.83
123	97/240	27/53	695	Neal Caughron	M	38	Waterloo	IA	7:53	00:25:39.29	00:24:29.83
124	27/379	11/112	377	Jessie Ott	F	31	Waterloo	IA	7:53	00:25:21.19	00:24:31.65
125	98/240	24/44	573	Koreco Webster	M	26	Cedar Falls	IA	7:53	00:24:32.51	00:24:32.51
126	28/379	3/18	223	Emma Hickman	F	15	Waterloo	IA	7:54	00:24:40.97	00:24:33.92
127	29/379	12/112	154	Alisa Engelhardt	F	37	Waterloo	IA	7:55	00:24:47.49	00:24:35.92
128	99/240	28/53	155	Matthew Engelhardt	M	36	Waterloo	IA	7:55	00:24:48.29	00:24:36.72
129	100/240	13/40	267	Christopher Kimball	M	41	Waterloo	IA	7:55	00:25:13.53	00:24:37.00
130	30/379	1/26	626	Char White	F	61	Polo	IL	7:55	00:25:04.74	00:24:38.20
131	101/240	25/44	147	Justin Edwards	M	28	Ames	IA	7:56	00:24:52.54	00:24:38.99
132	31/379	3/15	352	Lakota Moses	F	12	Waterloo	IA	7:56	00:24:47.08	00:24:39.40
133	102/240	29/53	282	Seth Krueger	M	39	Wakefield	RI	7:56	00:24:48.50	00:24:40.81
134	103/240	26/44	321	Travis Mccarty	M	29	Cedar Falls	IA	7:57	00:26:16.76	00:24:44.72
135	104/240	27/44	503	Chris Spaude	M	28	Waterloo	IA	7:58	00:25:06.16	00:24:45.15
136	32/379	6/80	547	Ashley Ulrich	F	27	Waterloo	IA	7:58	00:25:05.56	00:24:47.47
137	105/240	14/40	431	Michael Rhodes	M	48	Ballwin	MO	7:58	00:25:00.78	00:24:47.76
138	33/379	3/63	152	Lisa Elliott	F	50	Des Moines	IA	7:59	00:24:57.79	00:24:50.26
139	34/379	13/112	608	Bridget O'Brien	F	35	Washington	DC	8:00	00:25:51.54	00:24:52.76
140	106/240	15/40	652	Joshua Uehlin	M	42	Zionsville	IN	8:00	00:25:04.28	00:24:54.25
141	107/240	16/40	423	John Reddersen	M	43	Marion	IA	8:01	00:25:56.42	00:24:56.66
142	108/240	30/53	57	Joshua Brown	M	30	Waterloo	IA	8:02	00:25:06.77	00:24:57.69
143	35/379	6/65	476	Lisa Senne	F	45	Independence	IA	8:02	00:25:18.16	00:24:58.85
144	109/240	17/40	194	Brian Graettinger	M	48	Waverly	IA	8:03	00:25:35.07	00:25:01.04
145	110/240	31/53	689	Jordan Johnson	M	30	Waterloo	IA	8:04	00:25:26.50	00:25:05.70
146	36/379	4/18	440	Alayna Ritter	F	15	Waterloo	IA	8:05	00:25:14.29	00:25:07.25
147	111/240	18/40	524	Randy Swalve	M	48	Waterloo	IA	8:05	00:27:05.98	00:25:07.53
148	37/379	7/80	244	Shante Jackson	F	26	Cedar Falls	IA	8:05	00:25:18.38	00:25:09.91
149	112/240	6/29	138	Scott Doyle	M	53	Cedar Falls	IA	8:05	00:25:39.78	00:25:09.98
150	38/379	14/112	495	Megan Smith	F	33	Chicago	IL	8:07	00:25:23.23	00:25:13.30
151	39/379	7/65	182	Kelley Galyen	F	45	Cedar Falls	IA	8:07	00:25:36.69	00:25:13.41
152	40/379	15/112	479	Christy Shaw	F	39	Cedar Falls	IA	8:07	00:25:37.28	00:25:13.82
153	113/240	20/30	218	Grant Herbert	M	13	Waterloo	IA	8:07	00:25:25.47	00:25:14.00
154	114/240	19/40	499	Bob Solon	M	49	Independence	IA	8:08	00:25:50.11	00:25:16.99
155	41/379	16/112	516	Rose Stone	F	36	Waterloo	IA	8:09	00:25:42.98	00:25:20.96
156	42/379	8/65	87	Katie Clark	F	42	Jesup	IA	8:10	00:26:29.54	00:25:23.80

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157	115/240	7/29	699	Brian Hurley	M	50	Johnston	IA	8:10	00:25:56.22	00:25:24.95
158	43/379	8/80	565	Chloe Walbruch	F	24	Minneapolis	MN	8:11	00:25:46.04	00:25:28.35
159	44/379	9/80	121	Nicole Davis	F	29	Cedar Falls	IA	8:12	00:26:23.04	00:25:28.79
160	45/379	17/112	551	Amy Van Hoozer	F	31	Cedar Falls	IA	8:12	00:25:44.54	00:25:31.00
161	46/379	9/65	339	Laura Meyer	F	40	Waterloo	IA	8:13	00:25:55.28	00:25:34.49
162	47/379	18/112	537	Tiffany Timm	F	31	Waterloo	IA	8:15	00:25:46.66	00:25:38.62
163	116/240	28/44	113	Joshua Dahlen	M	29	Waterloo	IA	8:15	00:26:37.54	00:25:39.51
164	117/240	29/44	250	Bruce Johnson	M	29	Waterloo	IA	8:15	00:25:58.86	00:25:40.13
165	48/379	19/112	348	Natalie Morfitt	F	30	Cedar Falls	IA	8:15	00:25:53.78	00:25:40.59
166	49/379	10/80	242	Danielle Iseminger	F	29	Hudson	IA	8:16	00:26:48.51	00:25:41.13
167	118/240	20/40	490	John Skaar	M	49	Cedar Falls	IA	8:16	00:26:13.29	00:25:42.45
168	50/379	20/112	543	Heather Troyna	F	33	Waterloo	IA	8:16	00:26:20.28	00:25:42.87
169	119/240	8/29	210	Trevor Harrison	M	53	Cedar Falls	IA	8:17	00:26:13.29	00:25:45.29
170	51/379	21/112	183	Lynnelle Gehrke	F	37	Waterloo	IA	8:17	00:26:45.48	00:25:45.52
171	120/240	30/44	235	Ross Horbach	M	26	Waterloo	IA	8:19	00:26:26.04	00:25:50.51
172	52/379	11/80	320	Jamie Mccarty	F	22	Cedar Falls	IA	8:19	00:27:22.68	00:25:51.69
173	53/379	4/63	139	Teresa Driscoll	F	53	Hudson	IA	8:19	00:26:31.18	00:25:52.15
174	121/240	9/29	488	Tom Sinnott	M	50	Waterloo	IA	8:19	00:26:27.92	00:25:53.17
175	122/240	32/53	63	Adam Burg	M	37	Waterloo	IA	8:20	00:26:11.04	00:25:53.74
176	123/240	8/24	192	Dean Gipp	M	68	Bettendorf	IA	8:20	00:26:22.84	00:25:56.52
177	54/379	22/112	465	Brooke Schrage	F	36	Cedar Falls	IA	8:21	00:26:41.25	00:25:58.72
178	124/240	21/40	33	Vincent Barnes	M	49	Waterloo	IA	8:21	00:26:37.97	00:25:58.73
179	55/379	12/80	544	Laura Twedt	F	27	Cedar Falls	IA	8:21	00:26:18.98	00:25:59.66
180	125/240	21/30	616	Jon Mccrarry	M	16	Chicago	IL	8:24	00:28:08.98	00:26:08.95
181	126/240	33/53	144	Jordan Dunn	M	30	Waterloo	IA	8:25	00:27:33.63	00:26:09.84
182	56/379	13/80	190	Megan Gingerich	F	28	Cedar Falls	IA	8:25	00:26:24.04	00:26:10.84
183	127/240	5/20	199	Jonas Greene	M	9	Fairfax	IA	8:26	00:27:32.82	00:26:13.53
184	128/240	10/29	60	Steven Bryant	M	52	Mason City	IA	8:28	00:26:44.26	00:26:19.56
185	57/379	14/80	168	Keely Flack	F	27	Waterloo	IA	8:28	00:26:34.66	00:26:19.88
186	58/379	23/112	109	Sarah Craft	F	39	La Porte City	IA	8:29	00:27:27.54	00:26:22.42
187	129/240	22/30	68	Joey Bushman	M	17	Cedar Rapids	IA	8:31	00:27:13.78	00:26:30.63
188	59/379	5/63	240	Kim Hurlburt	F	57	Waterloo	IA	8:32	00:26:51.74	00:26:31.56
189	130/240	34/53	78	Josue Carmona	M	30	Waterloo	IA	8:32	00:27:30.79	00:26:33.05
190	60/379	10/65	424	Stephanie Reddersen	F	42	Marion	IA	8:35	00:27:42.37	00:26:41.83
191	131/240	31/44	505	Matthew Squires	M	22	Des Moines	IA	8:37	00:27:35.04	00:26:46.74
192	61/379	6/63	96	Cindy Condon	F	58	Waterloo	IA	8:37	00:28:09.81	00:26:48.51
193	62/379	15/80	114	Megan Dahlen	F	21	Waterloo	IA	8:37	00:27:46.53	00:26:48.81
194	63/379	24/112	502	Traci Sorensen	F	32	Cedar Falls	IA	8:37	00:27:21.47	00:26:49.19
195	132/240	35/53	501	Nathan Sorensen	M	38	Cedar Falls	IA	8:38	00:27:21.67	00:26:49.87
196	64/379	11/65	150	Susan Eisenbacher	F	44	Waterloo	IA	8:38	00:27:22.89	00:26:50.85
197	65/379	25/112	165	Jodi Fisher	F	39	Cedar Falls	IA	8:39	00:28:19.37	00:26:52.70
198	66/379	26/112	157	Elaine Eshbaugh	F	39	Cedar Falls	IA	8:39	00:27:09.42	00:26:54.58
199	67/379	16/80	358	Susie Nemeth-Wild	F	28	Cedar Falls	IA	8:40	00:27:16.18	00:26:56.65
200	68/379	27/112	385	Anne Pelzer	F	31	Colona	IL	8:40	00:27:16.18	00:26:57.40
201	69/379	17/80	326	Mackenzie McLaughlin	F	25	Waterloo	IA	8:42	00:27:40.14	00:27:03.74
202	70/379	18/80	175	Hailey Franke	F	22	Janesville	IA	8:42	00:27:50.93	00:27:03.89
203	133/240	11/29	527	Dan Takle	M	52	Hudson	IA	8:42	00:28:17.96	00:27:04.81
204	71/379	28/112	35	Pamela Bascom	F	36	Independence	IA	8:43	00:27:58.78	00:27:05.17
205	72/379	12/65	69	Julie Bushman	F	47	Cedar Rapids	IA	8:44	00:27:51.29	00:27:08.75
206	73/379	19/80	185	Emily Gerst	F	23	Waterloo	IA	8:44	00:28:27.26	00:27:10.48
207	134/240	32/44	227	Bryce Hoffman	M	23	West Des Moines	IA	8:44	00:28:27.46	00:27:10.93
208	135/240	22/40	438	Rusty Ringler	M	44	Altoona	IA	8:44	00:28:03.50	00:27:11.10

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Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
209	74/379	20/80	177	Emma Frederick	F	23	Des Moines	IA	8:44	00:27:58.42	00:27:11.14
210	136/240	36/53	80	Jason Chambers	M	31	Waterloo	IA	8:45	00:28:00.44	00:27:11.51
211	137/240	37/53	231	Jeff Holmes	M	32	Waterloo	IA	8:45	00:27:38.53	00:27:12.81
212	75/379	29/112	208	Jessica Hanson	F	35	Cedar Falls	IA	8:46	00:27:35.46	00:27:14.66
213	76/379	30/112	249	Kristen Jensen	F	31	Independence	IA	8:46	00:27:33.22	00:27:16.94
214	77/379	21/80	311	Morgan Lyness	F	28	Independence	IA	8:47	00:27:33.42	00:27:17.55
215	138/240	9/24	328	Jim Mcmillan	M	64	Olathe	KS	8:47	00:27:47.04	00:27:18.24
216	78/379	31/112	529	Lindsay Taylor	F	34	Cedar Falls	IA	8:47	00:27:33.02	00:27:19.81
217	79/379	22/80	206	Lindsay Gustafson	F	27	Cedar Falls	IA	8:48	00:28:07.95	00:27:20.68
218	80/379	32/112	290	Jill Lange	F	33	La Porte City	IA	8:49	00:28:11.43	00:27:24.77
219	139/240	33/44	602	Aaron Mulherin	M	20	Marion	IA	8:50	00:27:34.64	00:27:26.97
220	81/379	23/80	427	Ashley Reimer	F	28	Waterloo	IA	8:50	00:28:39.26	00:27:27.55
221	82/379	33/112	511	Sheri Steuben	F	34	Cedar Falls	IA	8:52	00:29:06.30	00:27:33.51
222	83/379	24/80	394	Morgan Pike	F	26	Cedar Falls	IA	8:52	00:27:45.45	00:27:35.33
223	140/240	12/29	11	Ralph Allbee	M	58	Eldora	IA	8:52	00:27:49.04	00:27:35.42
224	141/240	6/20	145	Michael Dunn	M	12	Waterloo	IA	8:53	00:29:01.00	00:27:36.99
225	142/240	10/24	115	James Davies	M	65	Allison	IA	8:53	00:28:18.77	00:27:37.26
226	84/379	34/112	232	Megan Holmes	F	30	Waterloo	IA	8:54	00:28:05.73	00:27:39.95
227	143/240	11/24	692	Don Kramer	M	65	Waterloo	IA	8:54	00:28:10.54	00:27:40.32
228	144/240	7/20	265	Andrew Kimball	M	11	Waterloo	IA	8:58	00:28:09.80	00:27:54.53
229	85/379	13/65	264	Amy Kimball	F	43	Waterloo	IA	8:59	00:28:10.21	00:27:55.18
230	86/379	35/112	334	Jen Merfeld	F	35	Evansdale	IA	8:59	00:29:57.26	00:27:56.14
231	87/379	36/112	137	April Doyle	F	38	Evansdale	IA	8:59	00:29:57.54	00:27:56.26
232	145/240	34/44	20	Dean Arrowsmith	M	28	Berwyn	IL	9:00	00:29:30.03	00:27:57.81
233	88/379	25/80	312	Matrasa Maae	F	24	Waterloo	IA	9:00	00:29:32.01	00:28:00.61
234	89/379	14/65	314	Elizabeth Mahlstedt	F	47	Waterloo	IA	9:02	00:29:06.79	00:28:04.76
235	90/379	15/65	395	Kara Plante	F	46	Waverly	IA	9:03	00:29:12.93	00:28:07.20
236	91/379	37/112	478	Catherine Shafer	F	31	Waterloo	IA	9:04	00:29:25.04	00:28:12.30
237	92/379	2/26	525	Rebecca Swinton	F	63	Cedar Falls	IA	9:04	00:28:41.09	00:28:12.80
238	93/379	5/18	24	Abby Avis	F	16	Waterloo	IA	9:06	00:28:25.23	00:28:18.18
239	94/379	26/80	575	Haylee Westendorf	F	22	Waverly	IA	9:07	00:28:49.41	00:28:20.62
240	95/379	7/63	104	Mary Corwin	F	54	Dike	IA	9:08	00:30:14.73	00:28:23.46
241	96/379	6/18	103	Alana Corwin	F	14	Dike	IA	9:08	00:30:15.15	00:28:23.46
242	97/379	38/112	17	Rhonda Anderson	F	36	Cedar Falls	IA	9:08	00:29:32.54	00:28:24.51
243	98/379	3/26	54	Sandi Brennan	F	60	Waterloo	IA	9:09	00:28:33.54	00:28:25.85
244	146/240	38/53	13	Doug Anderson	M	38	Cedar Falls	IA	9:09	00:29:34.46	00:28:26.88
245	99/379	27/80	557	Abby Vanderbeek	F	26	Waterloo	IA	9:09	00:29:10.91	00:28:27.12
246	100/379	28/80	288	Steph Lampe	F	26	Marshalltown	IA	9:09	00:29:10.91	00:28:27.55
247	101/379	29/80	46	Mckinna Benson	F	24	Waterloo	IA	9:10	00:28:53.28	00:28:29.79
248	102/379	30/80	201	Heather Griffin	F	27	Waterloo	IA	9:10	00:28:42.04	00:28:30.47
249	103/379	8/63	32	Sue Ball	F	59	Waterloo	IA	9:10	00:28:40.04	00:28:31.76
250	147/240	23/30	406	Jordon Rand	M	13	Clarksville	IA	9:12	00:29:58.46	00:28:35.31
251	148/240	24/30	305	Lucas Lubben	M	16	Hudson	IA	9:12	00:29:28.78	00:28:37.22
252	104/379	39/112	178	Shelby Freeman	F	33	Omaha	NE	9:13	00:29:06.85	00:28:38.64
253	105/379	16/65	222	Teresa Hiatt	F	42	Waterloo	IA	9:13	00:29:06.65	00:28:38.66
254	106/379	17/65	467	Kristin Schuster	F	42	Cedar Falls	IA	9:13	00:29:23.31	00:28:38.70
255	107/379	18/65	217	Cristina Herbert	F	45	Waterloo	IA	9:13	00:28:51.05	00:28:39.48
256	108/379	31/80	531	Alanna Thompson	F	20	Waterloo	IA	9:14	00:29:25.94	00:28:43.82
257	109/379	19/65	506	Katherine Staudinger	F	45	Waterloo	IA	9:15	00:29:31.54	00:28:44.87
258	110/379	32/80	481	Kayla Shea	F	27	Waterloo	IA	9:15	00:29:39.54	00:28:45.51
259	111/379	40/112	568	Melissa Walton	F	32	Cedar Falls	IA	9:15	00:29:02.79	00:28:46.09
260	112/379	33/80	662	Jenna Bartlett	F	27	Waterloo	IA	9:15	00:29:43.61	00:28:46.70

ShamRock N Run 5K

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Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
261	113/379	4/26	586	Karen Woodhouse	F	71	Nora Springs	IA	9:16	00:28:56.93	00:28:47.86
262	114/379	4/15	129	Lainey Demuth	F	11	Waterloo	IA	9:16	00:30:02.96	00:28:50.41
263	115/379	5/15	463	Isabella Schoo	F	11	Waterloo	IA	9:18	00:30:06.42	00:28:54.39
264	149/240	39/53	464	Oliver Schoo	M	30	Waterloo	IA	9:18	00:30:07.43	00:28:54.68
265	116/379	41/112	296	Kate Leonardson	F	34	Cedar Falls	IA	9:18	00:29:10.51	00:28:54.73
266	117/379	42/112	297	Kelly Lestina	F	36	Cedar Falls	IA	9:18	00:29:10.50	00:28:55.05
267	118/379	43/112	432	Trisha Richardson	F	31	Waterloo	IA	9:18	00:30:07.02	00:28:55.72
268	119/379	34/80	360	Ella Newell	F	22	Waverly	IA	9:19	00:29:47.47	00:28:59.78
269	150/240	13/29	361	Pete Newell	M	54	Waverly	IA	9:20	00:29:47.47	00:29:00.41
270	120/379	6/15	211	Anna Harvey	F	12	Waterloo	IA	9:20	00:29:24.52	00:29:01.66
271	151/240	8/20	485	Phoenix Shipman	M	10	Waterloo	IA	9:20	00:29:06.46	00:29:02.17
272	121/379	5/26	212	Sherry Harvey	F	62	Waterloo	IA	9:21	00:29:28.38	00:29:05.85
273	122/379	44/112	489	Katie Sires	F	31	Waterloo	IA	9:22	00:29:30.54	00:29:06.24
274	123/379	6/26	690	Michele Arends	F	62	Cedar Falls	IA	9:23	00:29:23.71	00:29:09.68
275	124/379	45/112	577	Sarah Wheeler	F	33	Culbertson	NE	9:23	00:30:05.04	00:29:11.51
276	125/379	20/65	533	Shirley Thompson	F	49	Waterloo	IA	9:24	00:30:42.54	00:29:14.02
277	152/240	9/20	101	Shea Corbin	M	6	Cedar Falls	IA	9:24	00:29:51.29	00:29:15.05
278	126/379	21/65	679	Sue Jurgensen	F	47	Westgate	IA	9:25	00:30:20.79	00:29:15.90
279	127/379	46/112	571	Brittney Weber	F	31	Waterloo	IA	9:26	00:30:29.29	00:29:18.81
280	128/379	47/112	517	Michelle Stravers	F	31	West Des Moines	IA	9:26	00:29:42.79	00:29:20.14
281	129/379	22/65	119	Julie Davis	F	43	Kalamazoo	MI	9:26	00:30:22.03	00:29:20.61
282	130/379	48/112	158	Ashley Ferrel	F	34	Cedar Falls	IA	9:26	00:30:42.98	00:29:21.23
283	131/379	35/80	55	Brittany Brown	F	27	Iowa City	IA	9:28	00:29:52.75	00:29:24.97
284	132/379	49/112	56	Erin Brown	F	32	Iowa City	IA	9:28	00:29:52.54	00:29:25.17
285	133/379	9/63	325	Laurie McLaughlin	F	54	Waterloo	IA	9:29	00:30:05.54	00:29:29.25
286	153/240	12/24	482	Tom Shea	M	71	Waterloo	IA	9:29	00:30:07.02	00:29:30.63
287	134/379	23/65	457	Anne Schmidt	F	42	Sycamore	IL	9:31	00:30:16.77	00:29:35.48
288	135/379	7/15	456	Allison Schmidt	F	10	Sycamore	IL	9:31	00:30:16.98	00:29:35.69
289	154/240	40/53	347	Jason Mohorne	M	37	Waterloo	IA	9:31	00:29:59.04	00:29:36.21
290	136/379	7/18	143	Lauren Dunlay	F	19	Waterloo	IA	9:31	00:30:17.54	00:29:37.07
291	137/379	24/65	356	Kim Myers	F	43	Evansdale	IA	9:32	00:29:59.28	00:29:37.48
292	138/379	50/112	275	Chelsie Knudsvig	F	35	Waterloo	IA	9:33	00:30:05.29	00:29:42.46
293	155/240	14/29	417	Jim Rasmussen	M	57	West Des Moines	IA	9:33	00:30:06.42	00:29:43.15
294	156/240	10/20	127	Cooper Dean	M	7	Cedar Falls	IA	9:33	00:30:40.95	00:29:43.23
295	157/240	41/53	125	Chris Dean	M	34	Cedar Falls	IA	9:34	00:30:41.54	00:29:44.00
296	158/240	11/20	126	Cole Dean	M	7	Cedar Falls	IA	9:34	00:30:41.56	00:29:44.25
297	159/240	23/40	160	Peter Ferrel	M	42	Cedar Falls	IA	9:35	00:31:10.22	00:29:48.48
298	139/379	51/112	542	Leslie Tripp-Rieks	F	37	Cedar Falls	IA	9:39	00:30:33.41	00:30:01.72
299	160/240	12/20	541	Conor Tripp-Rieks	M	8	Cedar Falls	IA	9:39	00:30:33.29	00:30:02.03
300	140/379	36/80	234	Jessica Horan	F	23	Waterloo	IA	9:40	00:30:27.29	00:30:04.76
301	141/379	10/63	186	Beth Gholson	F	54	Hot Springs Natio	AR	9:41	00:30:28.13	00:30:06.83
302	161/240	13/24	313	David Mackenzie	M	65	Hot Springs Natio	AR	9:41	00:30:28.74	00:30:07.33
303	142/379	52/112	285	Laura Kurtz	F	30	Waterloo	IA	9:42	00:32:25.29	00:30:09.80
304	143/379	37/80	491	Samantha Skaar	F	26	Cedar Falls	IA	9:47	00:30:59.04	00:30:23.88
305	144/379	11/63	528	Stacey Takle	F	50	Hudson	IA	9:47	00:31:38.48	00:30:25.45
306	145/379	38/80	209	Heather Harms	F	29	Allison	IA	9:48	00:31:03.93	00:30:27.15
307	146/379	39/80	620	Dee Begic	F	26	Waterloo	IA	9:48	00:30:40.29	00:30:29.35
308	147/379	12/63	215	Lora Hedin	F	55	Saint Paul	MN	9:49	00:31:34.39	00:30:31.33
309	148/379	40/80	276	Renee Koloc	F	29	Raymond	IA	9:49	00:31:22.21	00:30:32.87
310	162/240	25/30	452	Jack Schaefer	M	18	Waterloo	IA	9:50	00:31:33.29	00:30:34.54
311	163/240	15/29	678	Lee Wald	M	53	Disco Bay	CA	9:51	00:30:56.29	00:30:37.55
312	149/379	53/112	266	Chrissy Kimball	F	38	Waterloo	IA	9:51	00:31:13.79	00:30:37.56

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Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
313	164/240	26/30	667	Vito Massa	M	14	Waterloo	IA	9:51	00:31:07.77	00:30:38.98
314	150/379	54/112	198	Beth Greene	F	37	Fairfax	IA	9:52	00:32:00.29	00:30:39.36
315	165/240	35/44	455	Matthew Schellhorn	M	28	Waterloo	IA	9:55	00:31:53.29	00:30:51.05
316	151/379	55/112	25	Sara Baber	F	30	Waterloo	IA	9:56	00:32:23.54	00:30:52.99
317	152/379	25/65	655	Dana Kelly	F	48	Downers Grove	IL	9:57	00:31:26.05	00:30:56.04
318	153/379	13/63	566	Mary Beth Walbruch	F	55	Savage	MN	9:59	00:31:18.95	00:31:01.26
319	154/379	41/80	567	Michelle Walsh	F	27	Bridgeview	IL	9:59	00:32:53.28	00:31:02.24
320	155/379	26/65	5	Mindy Ackerman	F	47	Readlyn	IA	10:01	00:32:14.21	00:31:09.92
321	156/379	27/65	428	Lisa Reiter	F	47	Gilbertville	IA	10:02	00:32:14.21	00:31:10.42
322	166/240	13/20	664	Dexter Fernel	M	9	Cedar Falls	IA	10:02	00:32:34.77	00:31:12.22
323	157/379	56/112	141	Jessica Duitsman	F	33	Waterloo	IA	10:03	00:31:57.14	00:31:16.45
324	158/379	28/65	434	Becky Riess	F	40	Wilton	IA	10:05	00:32:10.29	00:31:20.53
325	159/379	42/80	672	Ashley Sink	F	27	Waterloo	IA	10:05	00:32:10.29	00:31:20.99
326	160/379	29/65	274	Amy Knudsvig	F	40	Waterloo	IA	10:05	00:31:45.78	00:31:21.75
327	161/379	8/18	380	Abby Payne	F	16	Waterloo	IA	10:07	00:32:18.04	00:31:27.24
328	167/240	14/20	668	Tino Massa	M	10	Waterloo	IA	10:07	00:31:56.13	00:31:27.34
329	162/379	57/112	386	Emily Perry	F	31	Chicago	IL	10:08	00:33:03.66	00:31:31.65
330	163/379	30/65	383	Rossi Payne	F	40	Waterloo	IA	10:11	00:32:28.45	00:31:39.93
331	168/240	42/53	224	Adam Hix	M	30	Waterloo	IA	10:12	00:33:12.18	00:31:42.62
332	164/379	58/112	23	Brandi Austin	F	34	Monroe	IA	10:12	00:33:23.75	00:31:42.73
333	165/379	14/63	461	Deb Schmitz	F	54	Evansdale	IA	10:12	00:32:08.54	00:31:42.82
334	169/240	24/40	22	Bil Austin	M	44	Monroe	IA	10:12	00:33:23.95	00:31:43.49
335	170/240	36/44	176	Bart Frederick	M	25	Dubuque	IA	10:12	00:32:29.48	00:31:44.47
336	166/379	31/65	439	Shawna Ringler	F	43	Altoona	IA	10:13	00:32:38.64	00:31:45.23
337	167/379	43/80	498	Molly Smith	F	23	Dubuque	IA	10:13	00:32:29.89	00:31:45.69
338	168/379	59/112	237	Steph Hubka	F	31	Cedar Falls	IA	10:15	00:32:48.19	00:31:51.71
339	169/379	60/112	319	Jaycee Mason	F	32	Waterloo	IA	10:15	00:33:19.28	00:31:52.78
340	170/379	9/18	514	Abigail Stolz	F	19	Cedar Falls	IA	10:16	00:32:40.88	00:31:54.10
341	171/240	25/40	515	Jeremy Stolz	M	42	Cedar Falls	IA	10:16	00:32:40.70	00:31:54.47
342	171/379	10/18	409	Vanessa Rand	F	14	Clarksville	IA	10:16	00:32:00.99	00:31:54.72
343	172/379	32/65	167	Monica Fitzgerald	F	40	Urbandale	IA	10:16	00:32:48.39	00:31:55.38
344	173/379	61/112	62	Hannah Bull	F	31	Minneapolis	MN	10:16	00:33:06.04	00:31:56.78
345	174/379	62/112	624	Randi Walker	F	36	Waterloo	IA	10:17	00:32:18.88	00:31:59.12
346	175/379	33/65	151	Karla Elliott	F	43	Cedar Falls	IA	10:18	00:32:09.97	00:32:00.49
347	176/379	11/18	407	Liz Rand	F	16	Clarksville	IA	10:19	00:32:10.17	00:32:03.37
348	172/240	26/40	496	Michael Smith	M	46	La Porte City	IA	10:21	00:32:16.83	00:32:11.04
349	177/379	63/112	368	Tara Nissen	F	32	Waterloo	IA	10:24	00:32:32.53	00:32:19.75
350	178/379	64/112	134	Stacia Dolan	F	33	Polk City	IA	10:31	00:34:42.04	00:32:42.26
351	173/240	43/53	132	Brennan Dolan	M	37	Polk City	IA	10:31	00:34:42.29	00:32:42.51
352	179/379	65/112	38	Anna Beck	F	32	Waterloo	IA	10:32	00:33:25.54	00:32:44.76
353	180/379	15/63	70	Jody Butler	F	55	Minneapolis	MN	10:33	00:33:56.04	00:32:47.82
354	181/379	66/112	251	Gina Jordan-Burg	F	35	Waterloo	IA	10:34	00:33:16.44	00:32:50.41
355	182/379	34/65	284	Dawn Kruth	F	41	Waterloo	IA	10:34	00:33:16.44	00:32:50.93
356	183/379	67/112	256	Kara Kelly	F	31	Cedar Falls	IA	10:34	00:33:39.01	00:32:52.35
357	184/379	8/15	41	Emma Beckman	F	10	Waterloo	IA	10:35	00:34:04.79	00:32:54.50
358	185/379	68/112	42	Katie Beckman	F	36	Waterloo	IA	10:35	00:34:05.21	00:32:55.55
359	174/240	27/40	532	Kelly Thompson	M	49	Waterloo	IA	10:35	00:34:36.04	00:32:55.58
360	175/240	16/29	473	Nick Seibert	M	54	Orion	IL	10:36	00:33:10.35	00:32:57.34
361	176/240	44/53	539	Paul Toppin	M	35	Waterloo	IA	10:38	00:34:27.79	00:33:04.00
362	177/240	45/53	81	Blake Chapman	M	31	Waterloo	IA	10:39	00:33:18.87	00:33:07.75
363	186/379	9/15	219	Rachel Herbert	F	10	Waterloo	IA	10:41	00:33:24.77	00:33:13.64
364	178/240	15/20	412	Stratton Range	M	8	Cedar Falls	IA	10:45	00:33:46.49	00:33:26.51

ShamRock N Run 5K

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Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
365	187/379	35/65	88	Traci Clark	F	41	Jesup	IA	10:46	00:34:33.54	00:33:27.18
366	188/379	69/112	123	Stacy Davis	F	32	Waterloo	IA	10:48	00:35:09.54	00:33:35.89
367	189/379	36/65	173	Lisa Frame	F	47	Fairbank	IA	10:49	00:34:43.04	00:33:37.50
368	190/379	70/112	342	Devin Miller	F	37	Waterloo	IA	10:49	00:34:20.79	00:33:38.49
369	191/379	37/65	8	Karla Albers	F	41	Waverly	IA	10:52	00:35:32.29	00:33:48.00
370	192/379	12/18	415	Erin Rankin	F	15	Waterloo	IA	10:54	00:35:36.54	00:33:52.75
371	193/379	10/15	414	Claire Rankin	F	12	Waterloo	IA	10:54	00:35:36.16	00:33:53.09
372	194/379	71/112	359	Tiffany Neuendorf	F	36	Cedar Falls	IA	10:54	00:34:25.79	00:33:55.00
373	195/379	44/80	59	Kortney Brustkern	F	26	La Porte City	IA	10:55	00:35:06.04	00:33:55.14
374	196/379	72/112	510	Sara Steimel	F	36	Waterloo	IA	10:55	00:34:25.89	00:33:55.27
375	197/379	16/63	306	Margaret Lubben	F	51	Hudson	IA	10:59	00:35:52.79	00:34:09.29
376	198/379	13/18	697	Jillian Brown	F	18	Denver	IA	11:00	00:35:02.48	00:34:11.93
377	179/240	27/30	698	Mccale Kolsrud	M	15	Denver	IA	11:00	00:35:03.71	00:34:12.72
378	199/379	38/65	512	Elaine Stika	F	48	Cresco	IA	11:08	00:35:15.26	00:34:35.59
379	180/240	17/29	453	Jim Schaefer	M	50	Waterloo	IA	11:10	00:35:43.49	00:34:44.21
380	200/379	73/112	343	Kala Miller	F	32	Waterloo	IA	11:11	00:36:49.71	00:34:45.54
381	201/379	39/65	94	Renee Cole	F	47	Iowa City	IA	11:21	00:36:14.41	00:35:17.93
382	202/379	45/80	233	Taylor Hopkins	F	26	Cedar Falls	IA	11:22	00:35:49.29	00:35:20.90
383	203/379	74/112	422	Tara Raymond	F	35	Cedar Falls	IA	11:22	00:35:48.15	00:35:21.17
384	204/379	46/80	195	Aubrey Grant	F	21	Waterloo	IA	11:27	00:36:42.99	00:35:36.02
385	205/379	17/63	196	Jana Grant	F	51	Waterloo	IA	11:27	00:36:44.82	00:35:37.03
386	206/379	11/15	310	Lily Lukes	F	9	Stewartville	MN	11:29	00:37:26.33	00:35:41.60
387	207/379	18/63	353	Cindy Mouchka	F	57	West Des Moines	IA	11:29	00:36:57.79	00:35:42.78
388	208/379	40/65	308	Heather Lukes	F	42	Stewartville	MN	11:30	00:37:29.98	00:35:46.08
389	209/379	47/80	71	Kaycee Butler	F	21	Minneapolis	MN	11:30	00:36:55.01	00:35:46.38
390	210/379	48/80	333	Kari Mellerup	F	28	Minneapolis	MN	11:31	00:37:06.79	00:35:47.28
391	211/379	19/63	248	Jill Jensen	F	56	Waterloo	IA	11:32	00:36:35.50	00:35:51.96
392	212/379	7/26	304	Carla Lown	F	62	Waterloo	IA	11:33	00:36:14.61	00:35:54.42
393	181/240	28/40	307	Eric Lukes	M	44	Stewartville	MN	11:35	00:37:47.09	00:36:01.76
394	213/379	75/112	433	Amanda Ridder	F	36	Aplington	IA	11:37	00:38:04.04	00:36:07.82
395	214/379	76/112	299	Emily Leyda	F	36	Waterloo	IA	11:37	00:38:04.12	00:36:08.34
396	215/379	12/15	309	Isabelle Lukes	F	12	Stewartville	MN	11:38	00:37:52.54	00:36:08.76
397	216/379	49/80	77	Danielle Carlson	F	26	Waterloo	IA	11:39	00:36:30.83	00:36:14.05
398	217/379	8/26	111	Mary Cusack	F	62	Edwardsville	IL	11:39	00:38:07.78	00:36:14.45
399	218/379	77/112	680	Kimberly Miller	F	31	Fredericksburg	IA	11:40	00:37:24.11	00:36:17.76
400	219/379	20/63	106	Jaculin Coyle	F	55	Cross Plains	WI	11:41	00:37:36.04	00:36:20.83
401	182/240	18/29	107	James Coyle	M	56	Cross Plains	WI	11:41	00:37:36.04	00:36:20.84
402	220/379	50/80	694	Jerica Kramer	F	28	Portland	OR	11:43	00:36:55.01	00:36:24.58
403	221/379	21/63	670	Angie Sink	F	51	Waterloo	IA	11:44	00:37:17.29	00:36:28.56
404	222/379	22/63	374	Beth Olson	F	54	Waverly	IA	11:45	00:37:22.28	00:36:31.99
405	223/379	78/112	291	Jordan Larkin	F	30	Dubuque	IA	11:53	00:36:57.29	00:36:57.29
406	183/240	19/29	257	Dominic Kemp	M	51	Waterloo	IA	11:54	00:37:45.66	00:36:59.65
407	224/379	23/63	258	Janeen Kemp	F	50	Waterloo	IA	11:54	00:37:45.79	00:37:01.26
408	225/379	24/63	281	Joleyne Kramer	F	53	Hudson	IA	11:57	00:38:06.96	00:37:09.43
409	184/240	46/53	40	Brian Beckman	M	36	Waterloo	IA	11:57	00:38:20.96	00:37:10.18
410	185/240	16/20	44	Oliver Beckman	M	8	Waterloo	IA	11:57	00:38:20.56	00:37:10.53
411	186/240	47/53	411	Devin Range	M	37	Cedar Falls	IA	12:02	00:37:51.16	00:37:23.62
412	226/379	79/112	28	Lauren Bahrman	F	30	Waterloo	IA	12:06	00:38:14.25	00:37:35.72
413	227/379	51/80	477	Megan Shade	F	27	Cedar Falls	IA	12:06	00:38:14.25	00:37:36.03
414	228/379	80/112	207	Michelle Hamer	F	31	Waterloo	IA	12:06	00:37:46.07	00:37:36.04
415	229/379	41/65	14	Kristi Anderson	F	44	Allison	IA	12:11	00:39:44.45	00:37:51.54
416	187/240	48/53	277	Andrew Kral	M	30	Cedar Falls	IA	12:11	00:39:28.18	00:37:52.15

ShamRock N Run 5K

August 5, 2017

Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
417	230/379	52/80	61	Allie Budensiek	F	24	Waterloo	IA	12:13	00:38:31.54	00:37:58.84
418	231/379	81/112	592	Ashley Zilmer	F	34	Waterloo	IA	12:13	00:39:19.79	00:37:59.50
419	232/379	82/112	79	Brittany Chambers	F	30	Waterloo	IA	12:14	00:38:44.75	00:38:00.96
420	188/240	37/44	606	Will Becker	M	25	Waterloo	IA	12:26	00:40:28.92	00:38:39.30
421	233/379	9/26	10	Lynn Allbee	F	60	Eldora	IA	12:27	00:38:57.98	00:38:42.32
422	234/379	10/26	421	Patty Rausa	F	62	Waterloo	IA	12:28	00:39:48.74	00:38:45.25
423	235/379	83/112	683	Kelly Rourke	F	30	Fairbank	IA	12:32	00:39:20.25	00:38:56.76
424	236/379	84/112	1	Abbey Abbott	F	38	Coralville	IA	12:32	00:40:23.24	00:38:58.02
425	237/379	13/15	246	Brooke Jeffries	F	10	Waterloo	IA	12:34	00:40:33.17	00:39:02.99
426	238/379	85/112	572	Katherine Weber	F	30	Ankeny	IA	12:34	00:40:33.04	00:39:05.13
427	239/379	86/112	349	Tricia Morfitt	F	33	Waterloo	IA	12:35	00:39:22.29	00:39:07.80
428	240/379	87/112	462	Katie Schmitz	F	31	Ames	IA	12:36	00:40:40.27	00:39:11.23
429	241/379	88/112	526	Kasey Szopinski	F	30	Hazleton	IA	12:37	00:40:13.03	00:39:14.09
430	189/240	14/24	351	Gregory Morud	M	62	Cedar Rapids	IA	12:38	00:41:04.04	00:39:18.09
431	242/379	25/63	260	Yvonne Kenworthy	F	51	Cedar Rapids	IA	12:39	00:41:06.46	00:39:20.15
432	243/379	53/80	354	Tara Murphy	F	26	Cedar Falls	IA	12:40	00:39:57.01	00:39:22.48
433	244/379	89/112	378	Samantha Pacha	F	30	Davenport	IA	12:41	00:40:10.20	00:39:27.45
434	245/379	54/80	245	Abby Jeffries	F	26	Ames	IA	12:42	00:40:59.16	00:39:29.18
435	246/379	55/80	47	Jonna Berry	F	29	Ankeny	IA	12:43	00:40:59.16	00:39:31.45
436	247/379	11/26	365	Kathleen Niedert	F	65	Hudson	IA	12:45	00:41:02.00	00:39:38.47
437	248/379	42/65	468	Alisa Schutte	F	48	Evansdale	IA	12:48	00:41:18.43	00:39:47.13
438	249/379	56/80	170	Megan Flaucher	F	29	Waterloo	IA	12:48	00:41:18.22	00:39:48.93
439	250/379	26/63	570	Patti Wastell	F	55	Beresford	SD	12:55	00:40:48.00	00:40:07.96
440	190/240	15/24	315	Al Manning	M	61	Waterloo	IA	12:55	00:40:50.02	00:40:09.49
441	251/379	27/63	52	Janell Bradley	F	55	Wadena	IA	12:58	00:41:10.73	00:40:18.95
442	252/379	57/80	203	Erin Gudenkauf	F	24	Dike	IA	13:03	00:42:36.59	00:40:33.43
443	253/379	28/63	238	Lori Hunt	F	50	Dike	IA	13:03	00:42:36.99	00:40:33.72
444	254/379	43/65	179	Dee Fullilove	F	47	Waterloo	IA	13:05	00:42:06.75	00:40:39.87
445	255/379	29/63	279	Bernadette Kral	F	59	Cedar Falls	IA	13:08	00:42:26.04	00:40:50.32
446	256/379	30/63	587	Angie Woods	F	53	Waterloo	IA	13:11	00:42:02.48	00:40:59.21
447	257/379	90/112	530	Nessa Tevis	F	35	Independence	IA	13:13	00:42:07.15	00:41:05.95
448	191/240	29/40	142	Neal Duitsman	M	42	Waterloo	IA	13:15	00:41:50.93	00:41:10.89
449	258/379	44/65	335	Amy Metcalf	F	46	Dike	IA	13:15	00:42:53.79	00:41:10.91
450	259/379	31/63	202	Cindy Gronowski	F	51	Dike	IA	13:15	00:42:54.27	00:41:11.61
451	260/379	32/63	221	Amy Hetherton	F	51	Cedar Falls	IA	13:15	00:42:53.79	00:41:12.15
452	261/379	58/80	331	C J Meier	F	23	Waterloo	IA	13:15	00:42:31.72	00:41:13.05
453	262/379	59/80	332	Maggie Meier	F	22	Waterloo	IA	13:16	00:42:32.13	00:41:13.46
454	192/240	20/29	97	Dave Condon	M	56	Waterloo	IA	13:29	00:43:46.29	00:41:53.79
455	263/379	12/26	329	Marilyn Mcmillan	F	60	Olathe	KS	13:32	00:43:50.29	00:42:04.55
456	264/379	33/63	576	Jeanette Westendorf	F	51	Waverly	IA	13:37	00:43:04.54	00:42:19.72
457	193/240	30/40	92	Greg Cole	M	47	Iowa City	IA	13:38	00:43:48.55	00:42:24.27
458	265/379	60/80	559	Laura Vanroekel	F	27	Waterloo	IA	13:39	00:43:01.54	00:42:27.61
459	266/379	91/112	27	Sheena Bahr	F	30	Waterloo	IA	13:40	00:43:02.05	00:42:29.35
460	267/379	45/65	162	Christine Ferrie	F	43	New Hampton	IA	13:43	00:44:14.91	00:42:37.75
461	194/240	31/40	161	Aaron Ferrie	M	46	New Hampton	IA	13:43	00:44:14.91	00:42:37.93
462	268/379	61/80	618	Ashley Peterson	F	24		IA	13:46	00:44:22.05	00:42:49.02
463	269/379	62/80	617	Tia Gutierrez	F	24	Cedar Falls	IA	13:47	00:44:22.05	00:42:49.63
464	270/379	34/63	344	Lori Miller	F	53	Waterloo	IA	13:49	00:43:10.33	00:42:56.30
465	271/379	63/80	169	Tory Flack	F	29	Waterloo	IA	13:49	00:43:10.54	00:42:56.52
466	272/379	92/112	128	Megan Dean	F	34	Cedar Falls	IA	13:50	00:43:58.79	00:42:58.82
467	273/379	46/65	454	Kristin Schaefer	F	47	Waterloo	IA	13:52	00:44:06.58	00:43:06.42
468	274/379	47/65	535	Kari Thorn	F	47	Parkersburg	IA	13:55	00:44:47.05	00:43:16.88

ShamRock N Run 5K

August 5, 2017

Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
469	275/379	48/65	301	Angela Long	F	47	Waterloo	IA	13:57	00:43:46.31	00:43:21.28
470	276/379	49/65	589	Angela Yancy	F	41	Cedar Falls	IA	13:57	00:43:39.30	00:43:23.17
471	277/379	13/26	581	Debra Wilson	F	60	Waverly	IA	13:57	00:43:45.05	00:43:23.25
472	278/379	14/26	437	Rhonda Riley	F	61	Cedar Falls	IA	13:57	00:44:17.77	00:43:23.32
473	279/379	14/18	484	Journey Shipman	F	13	Waterloo	IA	13:57	00:44:53.54	00:43:23.57
474	195/240	28/30	29	Aiden Balk	M	13	Waterloo	IA	13:58	00:45:02.87	00:43:25.72
475	196/240	21/29	324	Casey Mclaughlin	M	58	Waterloo	IA	13:59	00:44:05.38	00:43:27.17
476	280/379	93/112	230	Danielle Holm	F	32	Waterloo	IA	13:59	00:43:38.97	00:43:28.23
477	197/240	32/40	522	Kurt Sundermann	M	47	Waukee	IA	13:59	00:45:39.54	00:43:28.38
478	198/240	38/44	521	Alec Sundermann	M	25	Forest City	IA	13:59	00:45:39.79	00:43:29.25
479	281/379	35/63	65	Beverly Burke	F	55	Walker	IA	14:01	00:44:48.47	00:43:34.49
480	282/379	36/63	7	Jayne Adamsgriffin	F	58	Cedar Rapids	IA	14:01	00:43:44.04	00:43:34.56
481	283/379	37/63	483	Elaine Shelton	F	58	Waterloo	IA	14:01	00:43:44.49	00:43:34.81
482	284/379	50/65	298	Renee Levi	F	45	Cedar Rapids	IA	14:01	00:44:49.29	00:43:35.30
483	199/240	17/20	400	John Pouch	M	10	Orion	IL	14:07	00:44:10.03	00:43:52.75
484	200/240	18/20	4	Quinn Abbott	M	11	Coralville	IA	14:09	00:45:26.79	00:44:00.25
485	285/379	38/63	446	Karen Sackett	F	51	Waverly	IA	14:15	00:46:05.46	00:44:17.92
486	286/379	15/26	116	Nancy Davies	F	64	Allison	IA	14:15	00:46:10.75	00:44:19.08
487	201/240	33/40	3	Peter Abbott	M	41	Coralville	IA	14:22	00:46:04.46	00:44:38.66
488	202/240	22/29	53	Jeff Bradley	M	59	Wadena	IA	14:22	00:45:31.04	00:44:40.82
489	287/379	51/65	164	Michelle Figi	F	47	Parkersburg	IA	14:23	00:45:48.16	00:44:44.13
490	288/379	52/65	239	Angela Huntington	F	42	Parkersburg	IA	14:24	00:45:48.77	00:44:46.11
491	289/379	53/65	578	Melissa Widdel	F	45	Waterloo	IA	14:24	00:46:13.99	00:44:46.29
492	290/379	39/63	50	Michelle Anderson	F	50	Nevada	IA	14:24	00:46:13.99	00:44:46.96
493	203/240	34/40	12	Charles Amsbary	M	47	Cedar Falls	IA	14:26	00:45:48.17	00:44:51.88
494	291/379	40/63	336	Deb Meyer	F	52	Cedar Falls	IA	14:27	00:45:55.81	00:44:54.02
495	292/379	16/26	338	Judith Meyer	F	75	Evansdale	IA	14:27	00:45:56.69	00:44:55.17
496	293/379	64/80	93	Mackenzie Cole	F	20	Iowa City	IA	14:27	00:46:21.95	00:44:56.16
497	294/379	54/65	474	Tere Seibert	F	48	Orion	IL	14:32	00:45:28.26	00:45:11.17
498	295/379	65/80	16	Nicki Anderson	F	28	Olathe	KS	14:42	00:47:41.04	00:45:42.18
499	204/240	29/30	9	Evan Alcott	M	13	Waterloo	IA	14:45	00:47:46.79	00:45:50.26
500	205/240	30/30	31	Logan Balk	M	14	Waterloo	IA	14:46	00:47:31.16	00:45:54.42
501	296/379	41/63	545	Gina Ubben	F	56	Waterloo	IA	14:47	00:48:21.43	00:45:58.41
502	297/379	15/18	254	Kamry Kayser	F	13	Waterloo	IA	14:49	00:48:27.33	00:46:03.30
503	298/379	94/112	253	Elizabeth Kayser	F	39	Waterloo	IA	14:49	00:48:27.94	00:46:04.41
504	299/379	95/112	387	Rebecca Perry	F	31	Waterloo	IA	14:49	00:48:27.74	00:46:05.21
505	206/240	39/44	555	Mitchell Van Sickle	M	29	Rochester	MN	14:53	00:47:12.30	00:46:17.65
506	300/379	42/63	225	Connie Hix	F	57	Waterloo	IA	14:55	00:47:40.29	00:46:21.82
507	301/379	43/63	133	Marisa Dolan	F	57	Cedar Falls	IA	14:57	00:48:10.26	00:46:27.60
508	302/379	44/63	37	Karen Bates	F	55	Waterloo	IA	14:57	00:48:09.45	00:46:27.81
509	303/379	45/63	171	Sue Flynn	F	55	Waterloo	IA	14:57	00:48:09.79	00:46:29.26
510	207/240	23/29	553	Corey Van Sickle	M	54	Savage	MN	14:58	00:47:24.04	00:46:30.62
511	208/240	16/24	436	Dennis Riley	M	61	Cedar Falls	IA	14:58	00:47:26.29	00:46:31.04
512	304/379	46/63	180	Becky Gall	F	50	St Joseph	MO	14:59	00:47:25.52	00:46:34.98
513	209/240	35/40	228	Josh Hoffman	M	41	Waterloo	IA	14:59	00:48:33.79	00:46:35.49
514	305/379	55/65	229	Sue Hoffman	F	40	Waterloo	IA	15:00	00:48:34.22	00:46:37.43
515	306/379	96/112	470	Courtney Schwitzer	F	32	Waterloo	IA	15:00	00:48:16.54	00:46:38.37
516	307/379	56/65	102	Tyllie Corbin	F	41	Cedar Falls	IA	15:00	00:48:16.54	00:46:38.97
517	308/379	47/63	163	Michelle Ficken	F	56	Independence	IA	15:03	00:47:54.98	00:46:47.44
518	309/379	97/112	588	Mary Wymore	F	35	New Hartford	IA	15:03	00:48:24.79	00:46:48.64
519	310/379	16/18	561	Mariah Vaughan	F	18	New Hartford	IA	15:04	00:48:24.79	00:46:49.48
520	210/240	49/53	74	Lester Butterfield	M	39	Sumner	IA	15:12	00:49:09.26	00:47:16.55

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Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
521	211/240	40/44	72	Brian Butterfield	M	29	Sumner	IA	15:13	00:49:09.65	00:47:17.97
522	311/379	66/80	73	Elisabeth Butterfield	F	28	Sumner	IA	15:13	00:49:09.65	00:47:18.79
523	212/240	17/24	149	Teryl Edwards	M	68	Dysart	IA	15:16	00:48:47.04	00:47:27.34
524	312/379	67/80	603	Helen Wegscheid	F	21	Roseville	MN	15:16	00:49:15.54	00:47:27.34
525	213/240	18/24	686	John O'Brien	M	62	Waterloo	IA	15:16	00:48:47.50	00:47:27.60
526	214/240	50/53	278	Benjamin Kral	M	36	Cedar Falls	IA	15:17	00:49:07.04	00:47:29.28
527	313/379	17/26	346	Vickie Minard	F	62	Waterloo	IA	15:17	00:48:59.04	00:47:29.48
528	314/379	48/63	687	Sue O'Brien	F	59	Waterloo	IA	15:17	00:48:50.28	00:47:30.18
529	215/240	19/24	280	Danny Kral	M	60	Cedar Falls	IA	15:17	00:49:06.23	00:47:30.53
530	315/379	49/63	148	Pamela Edwards	F	58	Dysart	IA	15:18	00:48:49.79	00:47:32.34
531	216/240	36/40	302	Brad Longlett	M	47	Wilton	IA	15:21	00:48:47.50	00:47:41.76
532	316/379	57/65	247	Colleen Jensen	F	49	Dunkerton	IA	15:21	00:49:29.64	00:47:43.30
533	317/379	58/65	507	Audrey Steffen	F	47	Dunkerton	IA	15:21	00:49:29.64	00:47:43.90
534	217/240	19/20	2	Duncan Abbott	M	11	Coralville	IA	15:21	00:49:09.47	00:47:43.99
535	218/240	41/44	671	Austin Sink	M	23	Waterloo	IA	15:21	00:48:49.28	00:47:44.38
536	219/240	37/40	435	Quinn Riess	M	40	Wilton	IA	15:22	00:48:51.04	00:47:45.50
537	220/240	51/53	75	Curtis Cameron	M	37	Waterloo	IA	15:23	00:49:15.29	00:47:49.44
538	221/240	24/29	416	Gary Rankin	M	50	Waterloo	IA	15:23	00:49:33.71	00:47:50.42
539	318/379	50/63	413	Carrie Rankin	F	50	Waterloo	IA	15:23	00:49:32.79	00:47:50.54
540	319/379	51/63	651	Joana Brown	F	56	Waterloo	IA	15:28	00:49:45.70	00:48:05.50
541	320/379	68/80	340	Marissa Meyer	F	26	Knoxville	IL	15:30	00:49:13.52	00:48:11.73
542	222/240	25/29	84	Brian Christensen	M	58	Waterloo	IA	15:32	00:49:56.25	00:48:17.96
543	321/379	52/63	86	Janet Christensen	F	58	Waterloo	IA	15:32	00:49:56.25	00:48:18.49
544	322/379	53/63	563	Michelle Volkens	F	55	Reinbeck	IA	15:37	00:50:14.29	00:48:33.86
545	323/379	18/26	270	Patricia Kimball	F	65	Waterloo	IA	15:38	00:50:16.33	00:48:35.89
546	324/379	69/80	213	Carrie Haskin	F	29	Rochester	MN	15:39	00:49:35.79	00:48:39.76
547	325/379	54/63	556	Patti Van Sickle	F	51	Savage	MN	15:40	00:49:35.93	00:48:42.52
548	223/240	42/44	552	Cord Van Sickle	M	25	Waterloo	IA	15:40	00:49:36.53	00:48:43.12
549	224/240	20/24	293	Elwin Lee	M	61	Hudson	IA	15:48	00:50:21.79	00:49:07.00
550	326/379	59/65	401	Chelley Pratt	F	48	Waterloo	IA	15:51	00:51:02.64	00:49:15.61
551	327/379	19/26	609	Eileen O'Brien	F	63	Davenport	IA	15:55	00:51:21.16	00:49:28.45
552	225/240	20/20	410	Zack Rand	M	11	Clarksville	IA	15:55	00:50:52.89	00:49:29.61
553	328/379	55/63	550	Catharine Van Dorn	F	55	Plantation	FL	15:56	00:50:53.04	00:49:30.71
554	329/379	98/112	367	Greta Nielson	F	34	Waverly	IA	15:57	00:50:20.29	00:49:34.76
555	330/379	14/15	366	Emma Nielson	F	9	Waverly	IA	15:57	00:50:20.38	00:49:35.15
556	331/379	20/26	480	Jane Shea	F	64	Waterloo	IA	16:00	00:51:23.29	00:49:43.50
557	332/379	21/26	51	Ladene Bowen	F	67	Waterloo	IA	16:02	00:50:29.33	00:49:51.31
558	333/379	60/65	362	Colette Newhall	F	48	Independence	IA	16:05	00:51:51.79	00:50:00.12
559	334/379	56/63	404	Rose Quirk	F	59	Waterloo	IA	16:06	00:51:45.11	00:50:01.82
560	226/240	38/40	363	Lonnie Newhall	M	46	Independence	IA	16:06	00:51:52.65	00:50:02.17
561	335/379	22/26	99	Barb Cook	F	65	Waterloo	IA	16:06	00:51:45.74	00:50:02.26
562	336/379	57/63	21	Becky Audet	F	56	Navarre	FL	16:06	00:51:37.82	00:50:03.14
563	227/240	26/29	508	Dale Steffen	M	53	Dunkerton	IA	16:06	00:51:52.44	00:50:03.85
564	337/379	23/26	136	Debra Donnelly	F	63	Cedar Falls	IA	16:07	00:51:39.23	00:50:04.77
565	338/379	58/63	45	Shawn Bell	F	52	Omaha	NE	16:07	00:51:39.03	00:50:05.78
566	228/240	27/29	669	Kevin Sink	M	52	Waterloo	IA	16:10	00:51:18.29	00:50:16.71
567	229/240	21/24	656	Jack Bullock	M	66	Sebring	FL	16:12	00:52:02.01	00:50:22.40
568	339/379	24/26	657	Kay Bullock	F	63	Sebring	FL	16:12	00:52:02.01	00:50:22.48
569	340/379	70/80	140	Jessica Drum	F	29	Waterloo	IA	16:13	00:51:29.47	00:50:23.74
570	341/379	99/112	373	Leann Olsen	F	33	Waterloo	IA	16:13	00:51:29.47	00:50:24.45
571	342/379	71/80	607	Katie Hulme	F	24	Waterloo	IA	16:17	00:52:26.40	00:50:35.92
572	230/240	28/29	604	Jack Becker	M	50	Waterloo	IA	16:17	00:52:26.40	00:50:38.62

ShamRock N Run 5K

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Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
573	343/379	100/112	402	Kristi Pruckler	F	37	Cedar Falls	IA	16:19	00:52:26.20	00:50:41.90
574	344/379	101/112	197	Dana Graveman	F	31	Waterloo	IA	16:20	00:52:00.18	00:50:45.40
575	231/240	22/24	89	Steve Clarke	M	72	Cedar Falls	IA	16:26	00:51:21.36	00:51:05.05
576	345/379	25/26	191	Cyndi Gipp	F	63	Bettendorf	IA	16:29	00:52:26.20	00:51:15.92
577	346/379	26/26	390	Mary Kay Petersen	F	68	Waterloo	IA	16:30	00:52:27.61	00:51:16.11
578	232/240	23/24	391	Rocky S Petersen	M	68	Waterloo	IA	16:30	00:52:28.22	00:51:17.69
579	233/240	52/53	263	Sam Kilgore	M	31	Coralville	IA	16:33	00:52:48.54	00:51:25.59
580	234/240	29/29	19	Paul Arickx	M	50	Nora Springs	IA	16:33	00:53:38.69	00:51:26.09
581	347/379	72/80	214	Christina Hatfield	F	27	Coralville	IA	16:33	00:52:48.54	00:51:26.79
582	348/379	61/65	18	Kelly Arickx	F	46	Nora Springs	IA	16:35	00:53:37.49	00:51:31.70
583	349/379	102/112	135	Julia Donahue	F	36	Cedar Falls	IA	16:35	00:52:54.48	00:51:33.18
584	350/379	103/112	252	Danelle Kapping	F	30	Waterloo	IA	16:37	00:52:55.04	00:51:38.01
585	235/240	53/53	403	Tim Pruckler	M	33	Cedar Falls	IA	16:40	00:53:32.79	00:51:47.86
586	351/379	104/112	675	Christine Guevara	F	38	Cedar Falls	IA	16:42	00:53:44.41	00:51:56.13
587	352/379	73/80	294	Jessica Lee	F	23	Hudson	IA	17:03	00:54:15.04	00:52:58.83
588	353/379	59/63	295	Stacy Lee	F	58	Hudson	IA	17:03	00:54:15.04	00:53:01.00
589	354/379	74/80	226	Lauren Hix	F	27	Waterloo	IA	17:09	00:54:35.29	00:53:17.26
590	355/379	62/65	405	Joanna Ramsden-Meier	F	43	Waterloo	IA	17:10	00:54:48.41	00:53:22.78
591	356/379	75/80	579	Lisa Williams	F	28	Waterloo	IA	17:10	00:54:48.54	00:53:23.06
592	357/379	17/18	205	Cristina Guevara	F	17	Cedar Falls	IA	17:14	00:55:21.29	00:53:32.76
593	358/379	105/112	316	Teresa Manzanares Rigel	F	32	Waterloo	IA	17:16	00:54:37.24	00:53:40.76
594	359/379	60/63	95	Tammie Cole	F	55	Waterloo	IA	17:22	00:54:36.62	00:53:58.20
595	360/379	106/112	82	Heather Chingren	F	34	La Porte City	IA	17:43	00:57:03.60	00:55:03.09
596	361/379	76/80	585	Josie Witt	F	26	La Porte City	IA	17:43	00:57:03.20	00:55:03.91
597	362/379	63/65	292	Ronda Larson	F	41	Burlington	IA	18:19	00:58:54.03	00:56:55.59
598	236/240	39/40	66	Jason Burke	M	40	Burlington	IA	18:19	00:58:53.79	00:56:56.01
599	363/379	107/112	30	Angie Balk	F	36	Waterloo	IA	18:20	00:58:53.79	00:56:58.62
600	364/379	64/65	449	Christine Samuelson	F	44	Waterloo	IA	18:20	00:58:54.04	00:57:00.29
601	237/240	40/40	181	William Gall	M	49	St Joseph	MO	18:25	00:58:02.46	00:57:13.93
602	365/379	61/63	85	Diane Christensen	F	58	Denver	IA	18:25	00:59:27.79	00:57:14.99
603	366/379	77/80	448	Alexis Samuelson	F	20	Waterloo	IA	18:40	00:59:54.48	00:58:00.74
604	367/379	108/112	426	Teri Reel	F	37	Waterloo	IA	18:41	00:59:58.52	00:58:05.23
605	238/240	43/44	536	Zackery Thune	M	20	Waterloo	IA	18:45	00:59:54.04	00:58:18.12
606	368/379	78/80	261	Katie Kern	F	24	Waterloo	IA	19:17	01:01:27.10	00:59:56.31
607	369/379	109/112	612	Marla Harter	F	30	Plymouth	MN	19:39	01:02:38.00	01:01:03.75
608	370/379	110/112	611	Rajka Jusavac	F	35	Waterloo	IA	19:39	01:02:38.00	01:01:03.75
609	371/379	15/15	443	Kayla Russell	F	11	Ames	IA	19:56	01:04:05.75	01:01:57.03
610	239/240	44/44	396	Nathan Portillo	M	24	Lake City	IA	19:56	01:04:04.04	01:01:57.80
611	372/379	111/112	48	Kate Betts	F	33	Cedar Falls	IA	19:56	01:04:06.54	01:01:57.82
612	373/379	18/18	26	Jen Bachman	F	17	Lake City	IA	19:56	01:04:05.29	01:01:58.03
613	374/379	112/112	444	Nicole Russell	F	34	Ames	IA	19:56	01:04:07.61	01:01:58.33
614	375/379	79/80	591	Tori Zenisek	F	24	Lake City	IA	19:56	01:04:04.92	01:01:58.69
615	240/240	24/24	564	James A. Wahner	M	67	Cedar Falls	IA	19:57	01:04:05.75	01:01:59.71
616	376/379	62/63	398	Pam Portillo	F	54	Lake City	IA	19:57	01:04:04.30	01:01:59.77
617	377/379	65/65	562	Michelle Visokay	F	47	Cedar Falls	IA	19:57	01:04:07.29	01:01:59.83
618	378/379	80/80	389	Brianna Petersen	F	22	Centerville	SD	19:57	01:04:07.29	01:02:00.03
619	379/379	63/63	83	Paula Chiri	F	59	Bayard	IA	19:57	01:04:09.44	01:02:00.94