

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
1	18/619	1/112	538	Kristen Toppin	F	31	Waterloo	IA	6:15	00:19:55.19	00:19:25.18
2	51/619	1/65	303	Katie Longlett	F	40	Wilton	IA	6:56	00:21:38.78	00:21:32.51
3	55/619	2/112	583	Liz Winter	F	39	Jesup	IA	6:57	00:21:44.78	00:21:36.51
4	56/619	3/112	520	Melissa Summers	F	30	Waterloo	IA	6:57	00:22:20.23	00:21:38.72
5	62/619	1/18	273	Victoria Knight	F	14	Waterloo	IA	7:05	00:22:07.47	00:22:01.03
6	69/619	2/65	130	Amy Dobbels Conlin	F	43	Cedar Falls	IA	7:13	00:22:52.03	00:22:27.75
7	70/619	1/15	392	Laken Petrie	F	9	Cedar Falls	IA	7:14	00:22:39.28	00:22:28.77
8	74/619	1/80	584	Lindsey Wise	F	26	Parkersburg	IA	7:14	00:22:49.29	00:22:31.51
9	76/619	2/80	166	Lauren Fitzgerald	F	22	Dyersville	IA	7:17	00:23:29.85	00:22:38.86
10	84/619	3/80	105	Alacyn Cox	F	22	Waterloo	IA	7:23	00:23:36.78	00:22:59.24
11	87/619	4/80	684	Lisa Riley	F	27	Waverly	IA	7:25	00:23:27.42	00:23:05.19
12	90/619	2/18	472	Alivia See	F	13	Evansdale	IA	7:28	00:23:40.43	00:23:13.14
13	92/619	2/15	159	Pennelope Ferrel	F	11	Cedar Falls	IA	7:29	00:24:37.10	00:23:15.54
14	94/619	1/63	509	Mary Steffensmeier	F	54	Waterloo	IA	7:33	00:23:35.53	00:23:28.73
15	98/619	4/112	64	April Burg	F	30	Waterloo	IA	7:35	00:23:52.02	00:23:35.15
16	99/619	5/112	76	Joyce Cameron	F	36	Waterloo	IA	7:37	00:25:03.94	00:23:41.40
17	101/619	6/112	653	Erin Becker	F	32	Waterloo	IA	7:43	00:25:12.27	00:24:00.75
18	106/619	3/65	323	Erin Mcgrane	F	41	Cedar Falls	IA	7:45	00:24:30.20	00:24:05.49
19	108/619	4/65	654	Kristin Kratz	F	48	Apple Valley	MN	7:46	00:24:37.29	00:24:08.50
20	109/619	7/112	663	Nina Forcier	F	36	Waterloo	IA	7:46	00:24:25.92	00:24:09.85
21	113/619	8/112	131	Heidi Dohlman	F	38	Cedar Falls	IA	7:49	00:24:31.22	00:24:19.19
22	114/619	2/63	534	Sue Thompson	F	54	Evansdale	IA	7:49	00:24:56.02	00:24:19.47
23	117/619	5/80	442	Maria Roche	F	20	Waterloo	IA	7:50	00:25:01.48	00:24:22.46
24	118/619	9/112	469	Erica Schwarz	F	32	Waterloo	IA	7:50	00:25:33.26	00:24:22.57
25	121/619	5/65	487	Lora Sink	F	48	Cedar Falls	IA	7:51	00:24:33.24	00:24:24.97
26	122/619	10/112	696	Anna Caughron	F	37	Waterloo	IA	7:53	00:25:39.29	00:24:29.83
27	124/619	11/112	377	Jessie Ott	F	31	Waterloo	IA	7:53	00:25:21.19	00:24:31.65
28	126/619	3/18	223	Emma Hickman	F	15	Waterloo	IA	7:54	00:24:40.97	00:24:33.92
29	127/619	12/112	154	Alisa Engelhardt	F	37	Waterloo	IA	7:55	00:24:47.49	00:24:35.92
30	130/619	1/26	626	Char White	F	61	Polo	IL	7:55	00:25:04.74	00:24:38.20
31	132/619	3/15	352	Lakota Moses	F	12	Waterloo	IA	7:56	00:24:47.08	00:24:39.40
32	136/619	6/80	547	Ashley Ulrich	F	27	Waterloo	IA	7:58	00:25:05.56	00:24:47.47
33	138/619	3/63	152	Lisa Elliott	F	50	Des Moines	IA	7:59	00:24:57.79	00:24:50.26
34	139/619	13/112	608	Bridget O'Brien	F	35	Washington	DC	8:00	00:25:51.54	00:24:52.76
35	143/619	6/65	476	Lisa Senne	F	45	Independence	IA	8:02	00:25:18.16	00:24:58.85
36	146/619	4/18	440	Alayna Ritter	F	15	Waterloo	IA	8:05	00:25:14.29	00:25:07.25
37	148/619	7/80	244	Shante Jackson	F	26	Cedar Falls	IA	8:05	00:25:18.38	00:25:09.91
38	150/619	14/112	495	Megan Smith	F	33	Chicago	IL	8:07	00:25:23.23	00:25:13.30
39	151/619	7/65	182	Kelley Galyen	F	45	Cedar Falls	IA	8:07	00:25:36.69	00:25:13.41
40	152/619	15/112	479	Christy Shaw	F	39	Cedar Falls	IA	8:07	00:25:37.28	00:25:13.82
41	155/619	16/112	516	Rose Stone	F	36	Waterloo	IA	8:09	00:25:42.98	00:25:20.96
42	156/619	8/65	87	Katie Clark	F	42	Jesup	IA	8:10	00:26:29.54	00:25:23.80
43	158/619	8/80	565	Chloe Walbruch	F	24	Minneapolis	MN	8:11	00:25:46.04	00:25:28.35
44	159/619	9/80	121	Nicole Davis	F	29	Cedar Falls	IA	8:12	00:26:23.04	00:25:28.79
45	160/619	17/112	551	Amy Van Hoozer	F	31	Cedar Falls	IA	8:12	00:25:44.54	00:25:31.00
46	161/619	9/65	339	Laura Meyer	F	40	Waterloo	IA	8:13	00:25:55.28	00:25:34.49
47	162/619	18/112	537	Tiffany Timm	F	31	Waterloo	IA	8:15	00:25:46.66	00:25:38.62
48	165/619	19/112	348	Natalie Morfitt	F	30	Cedar Falls	IA	8:15	00:25:53.78	00:25:40.59
49	166/619	10/80	242	Danielle Iseminger	F	29	Hudson	IA	8:16	00:26:48.51	00:25:41.13
50	168/619	20/112	543	Heather Troyna	F	33	Waterloo	IA	8:16	00:26:20.28	00:25:42.87

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
51	170/619	21/112	183	Lynnelle Gehrke	F	37	Waterloo	IA	8:17	00:26:45.48	00:25:45.52
52	172/619	11/80	320	Jamie Mccarty	F	22	Cedar Falls	IA	8:19	00:27:22.68	00:25:51.69
53	173/619	4/63	139	Teresa Driscoll	F	53	Hudson	IA	8:19	00:26:31.18	00:25:52.15
54	177/619	22/112	465	Brooke Schrage	F	36	Cedar Falls	IA	8:21	00:26:41.25	00:25:58.72
55	179/619	12/80	544	Laura Twedt	F	27	Cedar Falls	IA	8:21	00:26:18.98	00:25:59.66
56	182/619	13/80	190	Megan Gingerich	F	28	Cedar Falls	IA	8:25	00:26:24.04	00:26:10.84
57	185/619	14/80	168	Keely Flack	F	27	Waterloo	IA	8:28	00:26:34.66	00:26:19.88
58	186/619	23/112	109	Sarah Craft	F	39	La Porte City	IA	8:29	00:27:27.54	00:26:22.42
59	188/619	5/63	240	Kim Hurlburt	F	57	Waterloo	IA	8:32	00:26:51.74	00:26:31.56
60	190/619	10/65	424	Stephanie Reddersen	F	42	Marion	IA	8:35	00:27:42.37	00:26:41.83
61	192/619	6/63	96	Cindy Condon	F	58	Waterloo	IA	8:37	00:28:09.81	00:26:48.51
62	193/619	15/80	114	Megan Dahlen	F	21	Waterloo	IA	8:37	00:27:46.53	00:26:48.81
63	194/619	24/112	502	Traci Sorensen	F	32	Cedar Falls	IA	8:37	00:27:21.47	00:26:49.19
64	196/619	11/65	150	Susan Eisenbacher	F	44	Waterloo	IA	8:38	00:27:22.89	00:26:50.85
65	197/619	25/112	165	Jodi Fisher	F	39	Cedar Falls	IA	8:39	00:28:19.37	00:26:52.70
66	198/619	26/112	157	Elaine Eshbaugh	F	39	Cedar Falls	IA	8:39	00:27:09.42	00:26:54.58
67	199/619	16/80	358	Susie Nemeth-Wild	F	28	Cedar Falls	IA	8:40	00:27:16.18	00:26:56.65
68	200/619	27/112	385	Anne Pelzer	F	31	Colona	IL	8:40	00:27:16.18	00:26:57.40
69	201/619	17/80	326	Mackenzie Mclaughlin	F	25	Waterloo	IA	8:42	00:27:40.14	00:27:03.74
70	202/619	18/80	175	Hailey Franke	F	22	Janesville	IA	8:42	00:27:50.93	00:27:03.89
71	204/619	28/112	35	Pamela Bascom	F	36	Independence	IA	8:43	00:27:58.78	00:27:05.17
72	205/619	12/65	69	Julie Bushman	F	47	Cedar Rapids	IA	8:44	00:27:51.29	00:27:08.75
73	206/619	19/80	185	Emily Gerst	F	23	Waterloo	IA	8:44	00:28:27.26	00:27:10.48
74	209/619	20/80	177	Emma Frederick	F	23	Des Moines	IA	8:44	00:27:58.42	00:27:11.14
75	212/619	29/112	208	Jessica Hanson	F	35	Cedar Falls	IA	8:46	00:27:35.46	00:27:14.66
76	213/619	30/112	249	Kristen Jensen	F	31	Independence	IA	8:46	00:27:33.22	00:27:16.94
77	214/619	21/80	311	Morgan Lyness	F	28	Independence	IA	8:47	00:27:33.42	00:27:17.55
78	216/619	31/112	529	Lindsay Taylor	F	34	Cedar Falls	IA	8:47	00:27:33.02	00:27:19.81
79	217/619	22/80	206	Lindsay Gustafson	F	27	Cedar Falls	IA	8:48	00:28:07.95	00:27:20.68
80	218/619	32/112	290	Jill Lange	F	33	La Porte City	IA	8:49	00:28:11.43	00:27:24.77
81	220/619	23/80	427	Ashley Reimer	F	28	Waterloo	IA	8:50	00:28:39.26	00:27:27.55
82	221/619	33/112	511	Sheri Steuben	F	34	Cedar Falls	IA	8:52	00:29:06.30	00:27:33.51
83	222/619	24/80	394	Morgan Pike	F	26	Cedar Falls	IA	8:52	00:27:45.45	00:27:35.33
84	226/619	34/112	232	Megan Holmes	F	30	Waterloo	IA	8:54	00:28:05.73	00:27:39.95
85	229/619	13/65	264	Amy Kimball	F	43	Waterloo	IA	8:59	00:28:10.21	00:27:55.18
86	230/619	35/112	334	Jen Merfeld	F	35	Evansdale	IA	8:59	00:29:57.26	00:27:56.14
87	231/619	36/112	137	April Doyle	F	38	Evansdale	IA	8:59	00:29:57.54	00:27:56.26
88	233/619	25/80	312	Matrasa Maae	F	24	Waterloo	IA	9:00	00:29:32.01	00:28:00.61
89	234/619	14/65	314	Elizabeth Mahlstedt	F	47	Waterloo	IA	9:02	00:29:06.79	00:28:04.76
90	235/619	15/65	395	Kara Plante	F	46	Waverly	IA	9:03	00:29:12.93	00:28:07.20
91	236/619	37/112	478	Catherine Shafer	F	31	Waterloo	IA	9:04	00:29:25.04	00:28:12.30
92	237/619	2/26	525	Rebecca Swinton	F	63	Cedar Falls	IA	9:04	00:28:41.09	00:28:12.80
93	238/619	5/18	24	Abby Avis	F	16	Waterloo	IA	9:06	00:28:25.23	00:28:18.18
94	239/619	26/80	575	Haylee Westendorf	F	22	Waverly	IA	9:07	00:28:49.41	00:28:20.62
95	240/619	7/63	104	Mary Corwin	F	54	Dike	IA	9:08	00:30:14.73	00:28:23.46
96	241/619	6/18	103	Alana Corwin	F	14	Dike	IA	9:08	00:30:15.15	00:28:23.46
97	242/619	38/112	17	Rhonda Anderson	F	36	Cedar Falls	IA	9:08	00:29:32.54	00:28:24.51
98	243/619	3/26	54	Sandi Brennan	F	60	Waterloo	IA	9:09	00:28:33.54	00:28:25.85
99	245/619	27/80	557	Abby Vanderbeek	F	26	Waterloo	IA	9:09	00:29:10.91	00:28:27.12
100	246/619	28/80	288	Steph Lampe	F	26	Marshalltown	IA	9:09	00:29:10.91	00:28:27.55

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
101	247/619	29/80	46	Mckinna Benson	F	24	Waterloo	IA	9:10	00:28:53.28	00:28:29.79
102	248/619	30/80	201	Heather Griffin	F	27	Waterloo	IA	9:10	00:28:42.04	00:28:30.47
103	249/619	8/63	32	Sue Ball	F	59	Waterloo	IA	9:10	00:28:40.04	00:28:31.76
104	252/619	39/112	178	Shelby Freeman	F	33	Omaha	NE	9:13	00:29:06.85	00:28:38.64
105	253/619	16/65	222	Teresa Hiatt	F	42	Waterloo	IA	9:13	00:29:06.65	00:28:38.66
106	254/619	17/65	467	Kristin Schuster	F	42	Cedar Falls	IA	9:13	00:29:23.31	00:28:38.70
107	255/619	18/65	217	Cristina Herbert	F	45	Waterloo	IA	9:13	00:28:51.05	00:28:39.48
108	256/619	31/80	531	Alanna Thompson	F	20	Waterloo	IA	9:14	00:29:25.94	00:28:43.82
109	257/619	19/65	506	Katherine Staudinger	F	45	Waterloo	IA	9:15	00:29:31.54	00:28:44.87
110	258/619	32/80	481	Kayla Shea	F	27	Waterloo	IA	9:15	00:29:39.54	00:28:45.51
111	259/619	40/112	568	Melissa Walton	F	32	Cedar Falls	IA	9:15	00:29:02.79	00:28:46.09
112	260/619	33/80	662	Jenna Bartlett	F	27	Waterloo	IA	9:15	00:29:43.61	00:28:46.70
113	261/619	4/26	586	Karen Woodhouse	F	71	Nora Springs	IA	9:16	00:28:56.93	00:28:47.86
114	262/619	4/15	129	Lainey Demuth	F	11	Waterloo	IA	9:16	00:30:02.96	00:28:50.41
115	263/619	5/15	463	Isabella Schoo	F	11	Waterloo	IA	9:18	00:30:06.42	00:28:54.39
116	265/619	41/112	296	Kate Leonardson	F	34	Cedar Falls	IA	9:18	00:29:10.51	00:28:54.73
117	266/619	42/112	297	Kelly Lestina	F	36	Cedar Falls	IA	9:18	00:29:10.50	00:28:55.05
118	267/619	43/112	432	Trisha Richardson	F	31	Waterloo	IA	9:18	00:30:07.02	00:28:55.72
119	268/619	34/80	360	Ella Newell	F	22	Waverly	IA	9:19	00:29:47.47	00:28:59.78
120	270/619	6/15	211	Anna Harvey	F	12	Waterloo	IA	9:20	00:29:24.52	00:29:01.66
121	272/619	5/26	212	Sherry Harvey	F	62	Waterloo	IA	9:21	00:29:28.38	00:29:05.85
122	273/619	44/112	489	Katie Sires	F	31	Waterloo	IA	9:22	00:29:30.54	00:29:06.24
123	274/619	6/26	690	Michele Arends	F	62	Cedar Falls	IA	9:23	00:29:23.71	00:29:09.68
124	275/619	45/112	577	Sarah Wheeler	F	33	Culbertson	NE	9:23	00:30:05.04	00:29:11.51
125	276/619	20/65	533	Shirley Thompson	F	49	Waterloo	IA	9:24	00:30:42.54	00:29:14.02
126	278/619	21/65	679	Sue Jurgensen	F	47	Westgate	IA	9:25	00:30:20.79	00:29:15.90
127	279/619	46/112	571	Brittney Weber	F	31	Waterloo	IA	9:26	00:30:29.29	00:29:18.81
128	280/619	47/112	517	Michelle Stravers	F	31	West Des Moines	IA	9:26	00:29:42.79	00:29:20.14
129	281/619	22/65	119	Julie Davis	F	43	Kalamazoo	MI	9:26	00:30:22.03	00:29:20.61
130	282/619	48/112	158	Ashley Ferrel	F	34	Cedar Falls	IA	9:26	00:30:42.98	00:29:21.23
131	283/619	35/80	55	Brittany Brown	F	27	Iowa City	IA	9:28	00:29:52.75	00:29:24.97
132	284/619	49/112	56	Erin Brown	F	32	Iowa City	IA	9:28	00:29:52.54	00:29:25.17
133	285/619	9/63	325	Laurie McLaughlin	F	54	Waterloo	IA	9:29	00:30:05.54	00:29:29.25
134	287/619	23/65	457	Anne Schmidt	F	42	Sycamore	IL	9:31	00:30:16.77	00:29:35.48
135	288/619	7/15	456	Allison Schmidt	F	10	Sycamore	IL	9:31	00:30:16.98	00:29:35.69
136	290/619	7/18	143	Lauren Dunlay	F	19	Waterloo	IA	9:31	00:30:17.54	00:29:37.07
137	291/619	24/65	356	Kim Myers	F	43	Evansdale	IA	9:32	00:29:59.28	00:29:37.48
138	292/619	50/112	275	Chelsie Knudsvig	F	35	Waterloo	IA	9:33	00:30:05.29	00:29:42.46
139	298/619	51/112	542	Leslie Tripp-Rieks	F	37	Cedar Falls	IA	9:39	00:30:33.41	00:30:01.72
140	300/619	36/80	234	Jessica Horan	F	23	Waterloo	IA	9:40	00:30:27.29	00:30:04.76
141	301/619	10/63	186	Beth Gholson	F	54	Hot Springs Natio	AR	9:41	00:30:28.13	00:30:06.83
142	303/619	52/112	285	Laura Kurtz	F	30	Waterloo	IA	9:42	00:32:25.29	00:30:09.80
143	304/619	37/80	491	Samantha Skaar	F	26	Cedar Falls	IA	9:47	00:30:59.04	00:30:23.88
144	305/619	11/63	528	Stacey Takle	F	50	Hudson	IA	9:47	00:31:38.48	00:30:25.45
145	306/619	38/80	209	Heather Harms	F	29	Allison	IA	9:48	00:31:03.93	00:30:27.15
146	307/619	39/80	620	Dee Begic	F	26	Waterloo	IA	9:48	00:30:40.29	00:30:29.35
147	308/619	12/63	215	Lora Hedin	F	55	Saint Paul	MN	9:49	00:31:34.39	00:30:31.33
148	309/619	40/80	276	Renee Koloc	F	29	Raymond	IA	9:49	00:31:22.21	00:30:32.87
149	312/619	53/112	266	Chrissy Kimball	F	38	Waterloo	IA	9:51	00:31:13.79	00:30:37.56
150	314/619	54/112	198	Beth Greene	F	37	Fairfax	IA	9:52	00:32:00.29	00:30:39.36

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
151	316/619	55/112	25	Sara Baber	F	30	Waterloo	IA	9:56	00:32:23.54	00:30:52.99
152	317/619	25/65	655	Dana Kelly	F	48	Downers Grove	IL	9:57	00:31:26.05	00:30:56.04
153	318/619	13/63	566	Mary Beth Walbruch	F	55	Savage	MN	9:59	00:31:18.95	00:31:01.26
154	319/619	41/80	567	Michelle Walsh	F	27	Bridgeview	IL	9:59	00:32:53.28	00:31:02.24
155	320/619	26/65	5	Mindy Ackerman	F	47	Readlyn	IA	10:01	00:32:14.21	00:31:09.92
156	321/619	27/65	428	Lisa Reiter	F	47	Gilbertville	IA	10:02	00:32:14.21	00:31:10.42
157	323/619	56/112	141	Jessica Duitsman	F	33	Waterloo	IA	10:03	00:31:57.14	00:31:16.45
158	324/619	28/65	434	Becky Riess	F	40	Wilton	IA	10:05	00:32:10.29	00:31:20.53
159	325/619	42/80	672	Ashley Sink	F	27	Waterloo	IA	10:05	00:32:10.29	00:31:20.99
160	326/619	29/65	274	Amy Knudsvig	F	40	Waterloo	IA	10:05	00:31:45.78	00:31:21.75
161	327/619	8/18	380	Abby Payne	F	16	Waterloo	IA	10:07	00:32:18.04	00:31:27.24
162	329/619	57/112	386	Emily Perry	F	31	Chicago	IL	10:08	00:33:03.66	00:31:31.65
163	330/619	30/65	383	Rossi Payne	F	40	Waterloo	IA	10:11	00:32:28.45	00:31:39.93
164	332/619	58/112	23	Brandi Austin	F	34	Monroe	IA	10:12	00:33:23.75	00:31:42.73
165	333/619	14/63	461	Deb Schmitz	F	54	Evansdale	IA	10:12	00:32:08.54	00:31:42.82
166	336/619	31/65	439	Shawna Ringler	F	43	Altoona	IA	10:13	00:32:38.64	00:31:45.23
167	337/619	43/80	498	Molly Smith	F	23	Dubuque	IA	10:13	00:32:29.89	00:31:45.69
168	338/619	59/112	237	Steph Hubka	F	31	Cedar Falls	IA	10:15	00:32:48.19	00:31:51.71
169	339/619	60/112	319	Jaycee Mason	F	32	Waterloo	IA	10:15	00:33:19.28	00:31:52.78
170	340/619	9/18	514	Abigail Stolz	F	19	Cedar Falls	IA	10:16	00:32:40.88	00:31:54.10
171	342/619	10/18	409	Vanessa Rand	F	14	Clarksville	IA	10:16	00:32:00.99	00:31:54.72
172	343/619	32/65	167	Monica Fitzgerald	F	40	Urbandale	IA	10:16	00:32:48.39	00:31:55.38
173	344/619	61/112	62	Hannah Bull	F	31	Minneapolis	MN	10:16	00:33:06.04	00:31:56.78
174	345/619	62/112	624	Randi Walker	F	36	Waterloo	IA	10:17	00:32:18.88	00:31:59.12
175	346/619	33/65	151	Karla Elliott	F	43	Cedar Falls	IA	10:18	00:32:09.97	00:32:00.49
176	347/619	11/18	407	Liz Rand	F	16	Clarksville	IA	10:19	00:32:10.17	00:32:03.37
177	349/619	63/112	368	Tara Nissen	F	32	Waterloo	IA	10:24	00:32:32.53	00:32:19.75
178	350/619	64/112	134	Stacia Dolan	F	33	Polk City	IA	10:31	00:34:42.04	00:32:42.26
179	352/619	65/112	38	Anna Beck	F	32	Waterloo	IA	10:32	00:33:25.54	00:32:44.76
180	353/619	15/63	70	Jody Butler	F	55	Minneapolis	MN	10:33	00:33:56.04	00:32:47.82
181	354/619	66/112	251	Gina Jordan-Burg	F	35	Waterloo	IA	10:34	00:33:16.44	00:32:50.41
182	355/619	34/65	284	Dawn Kruth	F	41	Waterloo	IA	10:34	00:33:16.44	00:32:50.93
183	356/619	67/112	256	Kara Kelly	F	31	Cedar Falls	IA	10:34	00:33:39.01	00:32:52.35
184	357/619	8/15	41	Emma Beckman	F	10	Waterloo	IA	10:35	00:34:04.79	00:32:54.50
185	358/619	68/112	42	Katie Beckman	F	36	Waterloo	IA	10:35	00:34:05.21	00:32:55.55
186	363/619	9/15	219	Rachel Herbert	F	10	Waterloo	IA	10:41	00:33:24.77	00:33:13.64
187	365/619	35/65	88	Traci Clark	F	41	Jesup	IA	10:46	00:34:33.54	00:33:27.18
188	366/619	69/112	123	Stacy Davis	F	32	Waterloo	IA	10:48	00:35:09.54	00:33:35.89
189	367/619	36/65	173	Lisa Frame	F	47	Fairbank	IA	10:49	00:34:43.04	00:33:37.50
190	368/619	70/112	342	Devin Miller	F	37	Waterloo	IA	10:49	00:34:20.79	00:33:38.49
191	369/619	37/65	8	Karla Albers	F	41	Waverly	IA	10:52	00:35:32.29	00:33:48.00
192	370/619	12/18	415	Erin Rankin	F	15	Waterloo	IA	10:54	00:35:36.54	00:33:52.75
193	371/619	10/15	414	Claire Rankin	F	12	Waterloo	IA	10:54	00:35:36.16	00:33:53.09
194	372/619	71/112	359	Tiffany Neuendorf	F	36	Cedar Falls	IA	10:54	00:34:25.79	00:33:55.00
195	373/619	44/80	59	Kortney Brustkern	F	26	La Porte City	IA	10:55	00:35:06.04	00:33:55.14
196	374/619	72/112	510	Sara Steimel	F	36	Waterloo	IA	10:55	00:34:25.89	00:33:55.27
197	375/619	16/63	306	Margaret Lubben	F	51	Hudson	IA	10:59	00:35:52.79	00:34:09.29
198	376/619	13/18	697	Jillian Brown	F	18	Denver	IA	11:00	00:35:02.48	00:34:11.93
199	378/619	38/65	512	Elaine Stika	F	48	Cresco	IA	11:08	00:35:15.26	00:34:35.59
200	380/619	73/112	343	Kala Miller	F	32	Waterloo	IA	11:11	00:36:49.71	00:34:45.54

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
201	381/619	39/65	94	Renee Cole	F	47	Iowa City	IA	11:21	00:36:14.41	00:35:17.93
202	382/619	45/80	233	Taylor Hopkins	F	26	Cedar Falls	IA	11:22	00:35:49.29	00:35:20.90
203	383/619	74/112	422	Tara Raymond	F	35	Cedar Falls	IA	11:22	00:35:48.15	00:35:21.17
204	384/619	46/80	195	Aubrey Grant	F	21	Waterloo	IA	11:27	00:36:42.99	00:35:36.02
205	385/619	17/63	196	Jana Grant	F	51	Waterloo	IA	11:27	00:36:44.82	00:35:37.03
206	386/619	11/15	310	Lily Lukes	F	9	Stewartville	MN	11:29	00:37:26.33	00:35:41.60
207	387/619	18/63	353	Cindy Mouchka	F	57	West Des Moines	IA	11:29	00:36:57.79	00:35:42.78
208	388/619	40/65	308	Heather Lukes	F	42	Stewartville	MN	11:30	00:37:29.98	00:35:46.08
209	389/619	47/80	71	Kaycee Butler	F	21	Minneapolis	MN	11:30	00:36:55.01	00:35:46.38
210	390/619	48/80	333	Kari Mellerup	F	28	Minneapolis	MN	11:31	00:37:06.79	00:35:47.28
211	391/619	19/63	248	Jill Jensen	F	56	Waterloo	IA	11:32	00:36:35.50	00:35:51.96
212	392/619	7/26	304	Carla Lown	F	62	Waterloo	IA	11:33	00:36:14.61	00:35:54.42
213	394/619	75/112	433	Amanda Ridder	F	36	Aplington	IA	11:37	00:38:04.04	00:36:07.82
214	395/619	76/112	299	Emily Leyda	F	36	Waterloo	IA	11:37	00:38:04.12	00:36:08.34
215	396/619	12/15	309	Isabelle Lukes	F	12	Stewartville	MN	11:38	00:37:52.54	00:36:08.76
216	397/619	49/80	77	Danielle Carlson	F	26	Waterloo	IA	11:39	00:36:30.83	00:36:14.05
217	398/619	8/26	111	Mary Cusack	F	62	Edwardsville	IL	11:39	00:38:07.78	00:36:14.45
218	399/619	77/112	680	Kimberly Miller	F	31	Fredericksburg	IA	11:40	00:37:24.11	00:36:17.76
219	400/619	20/63	106	Jaculin Coyle	F	55	Cross Plains	WI	11:41	00:37:36.04	00:36:20.83
220	402/619	50/80	694	Jerica Kramer	F	28	Portland	OR	11:43	00:36:55.01	00:36:24.58
221	403/619	21/63	670	Angie Sink	F	51	Waterloo	IA	11:44	00:37:17.29	00:36:28.56
222	404/619	22/63	374	Beth Olson	F	54	Waverly	IA	11:45	00:37:22.28	00:36:31.99
223	405/619	78/112	291	Jordan Larkin	F	30	Dubuque	IA	11:53	00:36:57.29	00:36:57.29
224	407/619	23/63	258	Janeen Kemp	F	50	Waterloo	IA	11:54	00:37:45.79	00:37:01.26
225	408/619	24/63	281	Joleyne Kramer	F	53	Hudson	IA	11:57	00:38:06.96	00:37:09.43
226	412/619	79/112	28	Lauren Bahrman	F	30	Waterloo	IA	12:06	00:38:14.25	00:37:35.72
227	413/619	51/80	477	Megan Shade	F	27	Cedar Falls	IA	12:06	00:38:14.25	00:37:36.03
228	414/619	80/112	207	Michelle Hamer	F	31	Waterloo	IA	12:06	00:37:46.07	00:37:36.04
229	415/619	41/65	14	Kristi Anderson	F	44	Allison	IA	12:11	00:39:44.45	00:37:51.54
230	417/619	52/80	61	Allie Budensiek	F	24	Waterloo	IA	12:13	00:38:31.54	00:37:58.84
231	418/619	81/112	592	Ashley Zilmer	F	34	Waterloo	IA	12:13	00:39:19.79	00:37:59.50
232	419/619	82/112	79	Brittany Chambers	F	30	Waterloo	IA	12:14	00:38:44.75	00:38:00.96
233	421/619	9/26	10	Lynn Allbee	F	60	Eldora	IA	12:27	00:38:57.98	00:38:42.32
234	422/619	10/26	421	Patty Rausa	F	62	Waterloo	IA	12:28	00:39:48.74	00:38:45.25
235	423/619	83/112	683	Kelly Rourke	F	30	Fairbank	IA	12:32	00:39:20.25	00:38:56.76
236	424/619	84/112	1	Abbey Abbott	F	38	Coralville	IA	12:32	00:40:23.24	00:38:58.02
237	425/619	13/15	246	Brooke Jeffries	F	10	Waterloo	IA	12:34	00:40:33.17	00:39:02.99
238	426/619	85/112	572	Katherine Weber	F	30	Ankeny	IA	12:34	00:40:33.04	00:39:05.13
239	427/619	86/112	349	Tricia Morfitt	F	33	Waterloo	IA	12:35	00:39:22.29	00:39:07.80
240	428/619	87/112	462	Katie Schmitz	F	31	Ames	IA	12:36	00:40:40.27	00:39:11.23
241	429/619	88/112	526	Kasey Szopinski	F	30	Hazleton	IA	12:37	00:40:13.03	00:39:14.09
242	431/619	25/63	260	Yvonne Kenworthy	F	51	Cedar Rapids	IA	12:39	00:41:06.46	00:39:20.15
243	432/619	53/80	354	Tara Murphy	F	26	Cedar Falls	IA	12:40	00:39:57.01	00:39:22.48
244	433/619	89/112	378	Samantha Pacha	F	30	Davenport	IA	12:41	00:40:10.20	00:39:27.45
245	434/619	54/80	245	Abby Jeffries	F	26	Ames	IA	12:42	00:40:59.16	00:39:29.18
246	435/619	55/80	47	Jonna Berry	F	29	Ankeny	IA	12:43	00:40:59.16	00:39:31.45
247	436/619	11/26	365	Kathleen Niedert	F	65	Hudson	IA	12:45	00:41:02.00	00:39:38.47
248	437/619	42/65	468	Alisa Schutte	F	48	Evansdale	IA	12:48	00:41:18.43	00:39:47.13
249	438/619	56/80	170	Megan Flaucher	F	29	Waterloo	IA	12:48	00:41:18.22	00:39:48.93
250	439/619	26/63	570	Patti Wastell	F	55	Beresford	SD	12:55	00:40:48.00	00:40:07.96

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
251	441/619	27/63	52	Janell Bradley	F	55	Wadena	IA	12:58	00:41:10.73	00:40:18.95
252	442/619	57/80	203	Erin Gudenkauf	F	24	Dike	IA	13:03	00:42:36.59	00:40:33.43
253	443/619	28/63	238	Lori Hunt	F	50	Dike	IA	13:03	00:42:36.99	00:40:33.72
254	444/619	43/65	179	Dee Fullilove	F	47	Waterloo	IA	13:05	00:42:06.75	00:40:39.87
255	445/619	29/63	279	Bernadette Kral	F	59	Cedar Falls	IA	13:08	00:42:26.04	00:40:50.32
256	446/619	30/63	587	Angie Woods	F	53	Waterloo	IA	13:11	00:42:02.48	00:40:59.21
257	447/619	90/112	530	Nessa Tevis	F	35	Independence	IA	13:13	00:42:07.15	00:41:05.95
258	449/619	44/65	335	Amy Metcalf	F	46	Dike	IA	13:15	00:42:53.79	00:41:10.91
259	450/619	31/63	202	Cindy Gronowski	F	51	Dike	IA	13:15	00:42:54.27	00:41:11.61
260	451/619	32/63	221	Amy Hetherton	F	51	Cedar Falls	IA	13:15	00:42:53.79	00:41:12.15
261	452/619	58/80	331	C J Meier	F	23	Waterloo	IA	13:15	00:42:31.72	00:41:13.05
262	453/619	59/80	332	Maggie Meier	F	22	Waterloo	IA	13:16	00:42:32.13	00:41:13.46
263	455/619	12/26	329	Marilyn Mcmillan	F	60	Olathe	KS	13:32	00:43:50.29	00:42:04.55
264	456/619	33/63	576	Jeanette Westendorf	F	51	Waverly	IA	13:37	00:43:04.54	00:42:19.72
265	458/619	60/80	559	Laura Vanroekel	F	27	Waterloo	IA	13:39	00:43:01.54	00:42:27.61
266	459/619	91/112	27	Sheena Bahr	F	30	Waterloo	IA	13:40	00:43:02.05	00:42:29.35
267	460/619	45/65	162	Christine Ferrie	F	43	New Hampton	IA	13:43	00:44:14.91	00:42:37.75
268	462/619	61/80	618	Ashley Peterson	F	24		IA	13:46	00:44:22.05	00:42:49.02
269	463/619	62/80	617	Tia Gutierrez	F	24	Cedar Falls	IA	13:47	00:44:22.05	00:42:49.63
270	464/619	34/63	344	Lori Miller	F	53	Waterloo	IA	13:49	00:43:10.33	00:42:56.30
271	465/619	63/80	169	Tory Flack	F	29	Waterloo	IA	13:49	00:43:10.54	00:42:56.52
272	466/619	92/112	128	Megan Dean	F	34	Cedar Falls	IA	13:50	00:43:58.79	00:42:58.82
273	467/619	46/65	454	Kristin Schaefer	F	47	Waterloo	IA	13:52	00:44:06.58	00:43:06.42
274	468/619	47/65	535	Kari Thorn	F	47	Parkersburg	IA	13:55	00:44:47.05	00:43:16.88
275	469/619	48/65	301	Angela Long	F	47	Waterloo	IA	13:57	00:43:46.31	00:43:21.28
276	470/619	49/65	589	Angela Yancy	F	41	Cedar Falls	IA	13:57	00:43:39.30	00:43:23.17
277	471/619	13/26	581	Debra Wilson	F	60	Waverly	IA	13:57	00:43:45.05	00:43:23.25
278	472/619	14/26	437	Rhonda Riley	F	61	Cedar Falls	IA	13:57	00:44:17.77	00:43:23.32
279	473/619	14/18	484	Journey Shipman	F	13	Waterloo	IA	13:57	00:44:53.54	00:43:23.57
280	476/619	93/112	230	Danielle Holm	F	32	Waterloo	IA	13:59	00:43:38.97	00:43:28.23
281	479/619	35/63	65	Beverly Burke	F	55	Walker	IA	14:01	00:44:48.47	00:43:34.49
282	480/619	36/63	7	Jayne Adamsgriffin	F	58	Cedar Rapids	IA	14:01	00:43:44.04	00:43:34.56
283	481/619	37/63	483	Elaine Shelton	F	58	Waterloo	IA	14:01	00:43:44.49	00:43:34.81
284	482/619	50/65	298	Renee Levi	F	45	Cedar Rapids	IA	14:01	00:44:49.29	00:43:35.30
285	485/619	38/63	446	Karen Sackett	F	51	Waverly	IA	14:15	00:46:05.46	00:44:17.92
286	486/619	15/26	116	Nancy Davies	F	64	Allison	IA	14:15	00:46:10.75	00:44:19.08
287	489/619	51/65	164	Michelle Figi	F	47	Parkersburg	IA	14:23	00:45:48.16	00:44:44.13
288	490/619	52/65	239	Angela Huntington	F	42	Parkersburg	IA	14:24	00:45:48.77	00:44:46.11
289	491/619	53/65	578	Melissa Widdel	F	45	Waterloo	IA	14:24	00:46:13.99	00:44:46.29
290	492/619	39/63	50	Michelle Anderson	F	50	Nevada	IA	14:24	00:46:13.99	00:44:46.96
291	494/619	40/63	336	Deb Meyer	F	52	Cedar Falls	IA	14:27	00:45:55.81	00:44:54.02
292	495/619	16/26	338	Judith Meyer	F	75	Evansdale	IA	14:27	00:45:56.69	00:44:55.17
293	496/619	64/80	93	Mackenzie Cole	F	20	Iowa City	IA	14:27	00:46:21.95	00:44:56.16
294	497/619	54/65	474	Tere Seibert	F	48	Orion	IL	14:32	00:45:28.26	00:45:11.17
295	498/619	65/80	16	Nicki Anderson	F	28	Olathe	KS	14:42	00:47:41.04	00:45:42.18
296	501/619	41/63	545	Gina Ubben	F	56	Waterloo	IA	14:47	00:48:21.43	00:45:58.41
297	502/619	15/18	254	Kamry Kayser	F	13	Waterloo	IA	14:49	00:48:27.33	00:46:03.30
298	503/619	94/112	253	Elizabeth Kayser	F	39	Waterloo	IA	14:49	00:48:27.94	00:46:04.41
299	504/619	95/112	387	Rebecca Perry	F	31	Waterloo	IA	14:49	00:48:27.74	00:46:05.21
300	506/619	42/63	225	Connie Hix	F	57	Waterloo	IA	14:55	00:47:40.29	00:46:21.82

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
301	507/619	43/63	133	Marisa Dolan	F	57	Cedar Falls	IA	14:57	00:48:10.26	00:46:27.60
302	508/619	44/63	37	Karen Bates	F	55	Waterloo	IA	14:57	00:48:09.45	00:46:27.81
303	509/619	45/63	171	Sue Flynn	F	55	Waterloo	IA	14:57	00:48:09.79	00:46:29.26
304	512/619	46/63	180	Becky Gall	F	50	St Joseph	MO	14:59	00:47:25.52	00:46:34.98
305	514/619	55/65	229	Sue Hoffman	F	40	Waterloo	IA	15:00	00:48:34.22	00:46:37.43
306	515/619	96/112	470	Courtney Schwitzer	F	32	Waterloo	IA	15:00	00:48:16.54	00:46:38.37
307	516/619	56/65	102	Tyllie Corbin	F	41	Cedar Falls	IA	15:00	00:48:16.54	00:46:38.97
308	517/619	47/63	163	Michelle Ficken	F	56	Independence	IA	15:03	00:47:54.98	00:46:47.44
309	518/619	97/112	588	Mary Wymore	F	35	New Hartford	IA	15:03	00:48:24.79	00:46:48.64
310	519/619	16/18	561	Mariah Vaughan	F	18	New Hartford	IA	15:04	00:48:24.79	00:46:49.48
311	522/619	66/80	73	Elisabeth Butterfield	F	28	Sumner	IA	15:13	00:49:09.65	00:47:18.79
312	524/619	67/80	603	Helen Wegscheid	F	21	Roseville	MN	15:16	00:49:15.54	00:47:27.34
313	527/619	17/26	346	Vickie Minard	F	62	Waterloo	IA	15:17	00:48:59.04	00:47:29.48
314	528/619	48/63	687	Sue O'Brien	F	59	Waterloo	IA	15:17	00:48:50.28	00:47:30.18
315	530/619	49/63	148	Pamela Edwards	F	58	Dysart	IA	15:18	00:48:49.79	00:47:32.34
316	532/619	57/65	247	Colleen Jensen	F	49	Dunkerton	IA	15:21	00:49:29.64	00:47:43.30
317	533/619	58/65	507	Audrey Steffen	F	47	Dunkerton	IA	15:21	00:49:29.64	00:47:43.90
318	539/619	50/63	413	Carrie Rankin	F	50	Waterloo	IA	15:23	00:49:32.79	00:47:50.54
319	540/619	51/63	651	Joana Brown	F	56	Waterloo	IA	15:28	00:49:45.70	00:48:05.50
320	541/619	68/80	340	Marissa Meyer	F	26	Knoxville	IL	15:30	00:49:13.52	00:48:11.73
321	543/619	52/63	86	Janet Christensen	F	58	Waterloo	IA	15:32	00:49:56.25	00:48:18.49
322	544/619	53/63	563	Michelle Volkens	F	55	Reinbeck	IA	15:37	00:50:14.29	00:48:33.86
323	545/619	18/26	270	Patricia Kimball	F	65	Waterloo	IA	15:38	00:50:16.33	00:48:35.89
324	546/619	69/80	213	Carrie Haskin	F	29	Rochester	MN	15:39	00:49:35.79	00:48:39.76
325	547/619	54/63	556	Patti Van Sickle	F	51	Savage	MN	15:40	00:49:35.93	00:48:42.52
326	550/619	59/65	401	Chelley Pratt	F	48	Waterloo	IA	15:51	00:51:02.64	00:49:15.61
327	551/619	19/26	609	Eileen O'Brien	F	63	Davenport	IA	15:55	00:51:21.16	00:49:28.45
328	553/619	55/63	550	Catharine Van Dorn	F	55	Plantation	FL	15:56	00:50:53.04	00:49:30.71
329	554/619	98/112	367	Greta Nielson	F	34	Waverly	IA	15:57	00:50:20.29	00:49:34.76
330	555/619	14/15	366	Emma Nielson	F	9	Waverly	IA	15:57	00:50:20.38	00:49:35.15
331	556/619	20/26	480	Jane Shea	F	64	Waterloo	IA	16:00	00:51:23.29	00:49:43.50
332	557/619	21/26	51	Ladene Bowen	F	67	Waterloo	IA	16:02	00:50:29.33	00:49:51.31
333	558/619	60/65	362	Colette Newhall	F	48	Independence	IA	16:05	00:51:51.79	00:50:00.12
334	559/619	56/63	404	Rose Quirk	F	59	Waterloo	IA	16:06	00:51:45.11	00:50:01.82
335	561/619	22/26	99	Barb Cook	F	65	Waterloo	IA	16:06	00:51:45.74	00:50:02.26
336	562/619	57/63	21	Becky Audet	F	56	Navarre	FL	16:06	00:51:37.82	00:50:03.14
337	564/619	23/26	136	Debra Donnelly	F	63	Cedar Falls	IA	16:07	00:51:39.23	00:50:04.77
338	565/619	58/63	45	Shawn Bell	F	52	Omaha	NE	16:07	00:51:39.03	00:50:05.78
339	568/619	24/26	657	Kay Bullock	F	63	Sebring	FL	16:12	00:52:02.01	00:50:22.48
340	569/619	70/80	140	Jessica Drum	F	29	Waterloo	IA	16:13	00:51:29.47	00:50:23.74
341	570/619	99/112	373	Leann Olsen	F	33	Waterloo	IA	16:13	00:51:29.47	00:50:24.45
342	571/619	71/80	607	Katie Hulme	F	24	Waterloo	IA	16:17	00:52:26.40	00:50:35.92
343	573/619	100/112	402	Kristi Pruckler	F	37	Cedar Falls	IA	16:19	00:52:26.20	00:50:41.90
344	574/619	101/112	197	Dana Graveman	F	31	Waterloo	IA	16:20	00:52:00.18	00:50:45.40
345	576/619	25/26	191	Cyndi Gipp	F	63	Bettendorf	IA	16:29	00:52:26.20	00:51:15.92
346	577/619	26/26	390	Mary Kay Petersen	F	68	Waterloo	IA	16:30	00:52:27.61	00:51:16.11
347	581/619	72/80	214	Christina Hatfield	F	27	Coralville	IA	16:33	00:52:48.54	00:51:26.79
348	582/619	61/65	18	Kelly Arickx	F	46	Nora Springs	IA	16:35	00:53:37.49	00:51:31.70
349	583/619	102/112	135	Julia Donahue	F	36	Cedar Falls	IA	16:35	00:52:54.48	00:51:33.18
350	584/619	103/112	252	Danelle Kapping	F	30	Waterloo	IA	16:37	00:52:55.04	00:51:38.01

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
351	586/619	104/112	675	Christine Guevara	F	38	Cedar Falls	IA	16:42	00:53:44.41	00:51:56.13
352	587/619	73/80	294	Jessica Lee	F	23	Hudson	IA	17:03	00:54:15.04	00:52:58.83
353	588/619	59/63	295	Stacy Lee	F	58	Hudson	IA	17:03	00:54:15.04	00:53:01.00
354	589/619	74/80	226	Lauren Hix	F	27	Waterloo	IA	17:09	00:54:35.29	00:53:17.26
355	590/619	62/65	405	Joanna Ramsden-Meier	F	43	Waterloo	IA	17:10	00:54:48.41	00:53:22.78
356	591/619	75/80	579	Lisa Williams	F	28	Waterloo	IA	17:10	00:54:48.54	00:53:23.06
357	592/619	17/18	205	Cristina Guevara	F	17	Cedar Falls	IA	17:14	00:55:21.29	00:53:32.76
358	593/619	105/112	316	Teresa Manzanares Rigel	F	32	Waterloo	IA	17:16	00:54:37.24	00:53:40.76
359	594/619	60/63	95	Tammie Cole	F	55	Waterloo	IA	17:22	00:54:36.62	00:53:58.20
360	595/619	106/112	82	Heather Chingren	F	34	La Porte City	IA	17:43	00:57:03.60	00:55:03.09
361	596/619	76/80	585	Josie Witt	F	26	La Porte City	IA	17:43	00:57:03.20	00:55:03.91
362	597/619	63/65	292	Ronda Larson	F	41	Burlington	IA	18:19	00:58:54.03	00:56:55.59
363	599/619	107/112	30	Angie Balk	F	36	Waterloo	IA	18:20	00:58:53.79	00:56:58.62
364	600/619	64/65	449	Christine Samuelson	F	44	Waterloo	IA	18:20	00:58:54.04	00:57:00.29
365	602/619	61/63	85	Diane Christensen	F	58	Denver	IA	18:25	00:59:27.79	00:57:14.99
366	603/619	77/80	448	Alexis Samuelson	F	20	Waterloo	IA	18:40	00:59:54.48	00:58:00.74
367	604/619	108/112	426	Teri Reel	F	37	Waterloo	IA	18:41	00:59:58.52	00:58:05.23
368	606/619	78/80	261	Katie Kern	F	24	Waterloo	IA	19:17	01:01:27.10	00:59:56.31
369	607/619	109/112	612	Marla Harter	F	30	Plymouth	MN	19:39	01:02:38.00	01:01:03.75
370	608/619	110/112	611	Rajka Jusavac	F	35	Waterloo	IA	19:39	01:02:38.00	01:01:03.75
371	609/619	15/15	443	Kayla Russell	F	11	Ames	IA	19:56	01:04:05.75	01:01:57.03
372	611/619	111/112	48	Kate Betts	F	33	Cedar Falls	IA	19:56	01:04:06.54	01:01:57.82
373	612/619	18/18	26	Jen Bachman	F	17	Lake City	IA	19:56	01:04:05.29	01:01:58.03
374	613/619	112/112	444	Nicole Russell	F	34	Ames	IA	19:56	01:04:07.61	01:01:58.33
375	614/619	79/80	591	Tori Zenisek	F	24	Lake City	IA	19:56	01:04:04.92	01:01:58.69
376	616/619	62/63	398	Pam Portillo	F	54	Lake City	IA	19:57	01:04:04.30	01:01:59.77
377	617/619	65/65	562	Michelle Visokey	F	47	Cedar Falls	IA	19:57	01:04:07.29	01:01:59.83
378	618/619	80/80	389	Brianna Petersen	F	22	Centerville	SD	19:57	01:04:07.29	01:02:00.03
379	619/619	63/63	83	Paula Chiri	F	59	Bayard	IA	19:57	01:04:09.44	01:02:00.94

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
1	1/619	1/44	691	Mitch Pritls	M	21	Cedar Falls	IA	4:51	00:15:08.81	00:15:04.77
2	2/619	2/44	425	David Reed	M	22	Cedar Falls	IA	5:06	00:15:55.72	00:15:51.42
3	3/619	1/53	540	Jacob Trettin	M	32	Cedar Falls	IA	5:07	00:16:01.19	00:15:56.89
4	4/619	1/30	518	Clayton Streed	M	17	Waterloo	IA	5:18	00:16:34.69	00:16:30.90
5	5/619	2/30	673	Cody Samuelson	M	17	Waterloo	IA	5:19	00:16:34.91	00:16:31.75
6	6/619	1/40	317	Jorge Marquez	M	46	Cedar Falls	IA	5:21	00:16:42.97	00:16:40.28
7	7/619	2/53	418	Joel Rasmussen	M	31	Cedar Falls	IA	5:48	00:18:09.23	00:18:02.79
8	8/619	3/44	262	Kyle Kiel	M	26	Cedar Falls	IA	5:51	00:19:13.74	00:18:13.19
9	9/619	3/30	441	James Ritter	M	19	Waterloo	IA	5:54	00:18:26.04	00:18:21.43
10	10/619	4/30	372	Sam O'brien	M	17	Waterloo	IA	5:54	00:18:26.04	00:18:21.49
11	11/619	3/53	193	Kurt Goetz	M	38	Beverly Hills	CA	5:57	00:18:36.78	00:18:31.74
12	12/619	4/44	676	Michael Stribling	M	25	Waterloo	IA	5:59	00:18:40.09	00:18:36.70
13	13/619	4/53	677	Derek Morrissey	M	30	Waterloo	IA	6:05	00:18:58.30	00:18:55.34
14	14/619	5/30	272	Nicholas Knight	M	15	Waterloo	IA	6:08	00:19:07.67	00:19:03.89
15	15/619	6/30	549	Ridge Van Daele	M	16	Hudson	IA	6:09	00:19:14.53	00:19:08.01
16	16/619	5/53	337	Joshua Meyer	M	33	Waterloo	IA	6:09	00:19:27.76	00:19:09.24
17	17/619	5/44	430	Willie Rhoads	M	21	Cedar Rapids	IA	6:12	00:19:21.26	00:19:16.06
18	19/619	7/30	685	Brock Kiewiet	M	13	Waterloo	IA	6:16	00:19:32.78	00:19:29.01
19	20/619	6/44	419	Riley Rasmussen	M	22	West Des Moines	IA	6:19	00:20:02.78	00:19:39.76
20	21/619	8/30	268	Daniel Kimball	M	16	Waterloo	IA	6:19	00:19:45.23	00:19:40.45
21	22/619	2/40	458	Barry Schmidt	M	42	Sycamore	IL	6:24	00:20:41.51	00:19:53.22
22	23/619	3/40	665	Stephen Rhodes	M	48	East Moline	IL	6:26	00:20:06.15	00:19:59.37
23	24/619	6/53	574	Adam Weller	M	38	Waterloo	IA	6:26	00:20:07.98	00:20:00.73
24	25/619	9/30	118	Isaac Davis	M	16	Waterloo	IA	6:28	00:20:11.22	00:20:06.43
25	26/619	7/44	420	Ryan Rasmussen	M	22	West Des Moines	IA	6:28	00:20:28.68	00:20:06.66
26	27/619	7/53	318	Chris Martin	M	35	Waterloo	IA	6:28	00:20:13.03	00:20:07.49
27	28/619	1/24	593	Mark Zimmer	M	60	Independence	IA	6:30	00:20:18.53	00:20:13.99
28	29/619	1/29	58	Randy Brown	M	57	Waterloo	IA	6:31	00:20:42.78	00:20:16.67
29	30/619	2/24	399	Russell Potratz	M	61	Cedar Falls	IA	6:34	00:20:36.64	00:20:24.45
30	31/619	8/44	379	Jason Pahl	M	28	Cedar Falls	IA	6:34	00:20:33.79	00:20:25.26
31	32/619	10/30	370	Mason Nordman	M	16	Waterloo	IA	6:34	00:20:31.95	00:20:26.90
32	33/619	4/40	355	Adam Myers	M	43	Evansdale	IA	6:35	00:20:42.92	00:20:27.63
33	34/619	5/40	330	Bob McMullen	M	43	Waterloo	IA	6:37	00:21:12.79	00:20:34.77
34	35/619	8/53	621	Daniel Anderson	M	30	Des Moines	IA	6:37	00:21:31.78	00:20:35.49
35	36/619	1/20	49	Brayden Bohnsack	M	11	La Porte City	IA	6:39	00:20:45.53	00:20:41.75
36	37/619	11/30	486	Joseph Sink	M	16	Cedar Falls	IA	6:39	00:20:50.87	00:20:42.40
37	38/619	9/53	187	Eric Gieser	M	37	Waterloo	IA	6:40	00:21:01.22	00:20:45.56
38	39/619	9/44	688	Christopher Jay	M	28	Waterloo	IA	6:41	00:21:06.28	00:20:46.30
39	40/619	12/30	660	Sam Tudor	M	17	Waterloo	IA	6:41	00:20:52.04	00:20:46.48
40	41/619	2/20	241	Ian Hurley	M	11	Johnston	IA	6:45	00:21:03.67	00:20:59.13
41	42/619	10/53	614	William Henninger	M	35		IA	6:46	00:21:18.91	00:21:01.61
42	43/619	11/53	560	Ben Vaughan	M	39	Rockton	IL	6:47	00:21:37.37	00:21:07.56
43	44/619	10/44	6	Steven Acklin	M	20	Cedar Falls	IA	6:50	00:21:38.18	00:21:14.14
44	45/619	6/40	475	Brian Senne	M	44	Independence	IA	6:51	00:21:37.17	00:21:17.63
45	46/619	12/53	371	Zachary Norgren	M	30	Elk Run Heights	IA	6:53	00:22:07.78	00:21:25.77
46	47/619	13/53	610	Chavney White	M	32	Fairbank	IA	6:53	00:21:52.53	00:21:25.79
47	48/619	14/53	345	Ryan Miller	M	39	Waterloo	IA	6:54	00:22:18.53	00:21:26.75
48	49/619	11/44	283	Klayton Kruger	M	25	Cedar Falls	IA	6:54	00:21:39.20	00:21:27.26
49	50/619	7/40	269	Eric Kimball	M	44	Waterloo	IA	6:54	00:21:41.78	00:21:27.55
50	52/619	15/53	286	Nathan Kurtz	M	32	Waterloo	IA	6:56	00:23:49.78	00:21:33.76

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
51	53/619	16/53	172	Paul Foster	M	33	Cedar Falls	IA	6:56	00:21:46.03	00:21:35.53
52	54/619	13/30	500	Joshua Solon	M	15	Independence	IA	6:57	00:22:10.10	00:21:36.37
53	57/619	12/44	601	Scott Schroeder	M	27	Raymond	IA	6:58	00:21:57.04	00:21:40.74
54	58/619	17/53	376	Derek Ott	M	30	Waterloo	IA	6:58	00:22:29.78	00:21:40.84
55	59/619	2/29	513	Marty Stoakes	M	52	Waterloo	IA	6:59	00:22:43.18	00:21:44.45
56	60/619	14/30	364	Andrew Newlon	M	16	Waterloo	IA	7:02	00:21:59.14	00:21:53.94
57	61/619	13/44	341	Derek Miller	M	28	Denver	IA	7:04	00:23:00.42	00:22:00.46
58	63/619	3/29	700	Jon Leisinger	M	50	Council Bluffs	IA	7:05	00:22:16.18	00:22:03.38
59	64/619	14/44	605	David Becker	M	22	Waterloo	IA	7:08	00:24:00.52	00:22:12.32
60	65/619	4/29	429	Christopher Renihan	M	54	New Providence	IA	7:09	00:22:59.78	00:22:14.55
61	66/619	15/30	523	David Swalve	M	14	Waterloo	IA	7:12	00:24:22.79	00:22:22.27
62	67/619	3/20	369	Chase Nordman	M	11	Waterloo	IA	7:12	00:22:28.36	00:22:24.18
63	68/619	15/44	504	Garrett Springer	M	27	Waterloo	IA	7:12	00:22:55.81	00:22:25.28
64	71/619	18/53	393	Thomas Petrie	M	35	Cedar Falls	IA	7:14	00:22:39.53	00:22:29.02
65	72/619	16/44	681	Tyler Stiers	M	20	Cedar Falls	IA	7:14	00:22:44.54	00:22:29.75
66	73/619	8/40	388	Joe Peters	M	48	Monroe	WI	7:14	00:22:56.38	00:22:31.10
67	75/619	5/29	682	Mick Stiers	M	52	Cedar Falls	IA	7:17	00:22:51.14	00:22:38.13
68	77/619	3/24	108	Michael Craft	M	67	La Porte City	IA	7:17	00:22:58.79	00:22:40.74
69	78/619	4/24	659	Dave Riley	M	62	Waterloo	IA	7:18	00:22:49.78	00:22:40.97
70	79/619	4/20	124	Brady Dean	M	10	Cedar Falls	IA	7:19	00:22:49.11	00:22:44.81
71	80/619	9/40	658	Brian Frank	M	41	Marion	IA	7:19	00:23:49.54	00:22:46.75
72	81/619	19/53	289	Cory Lange	M	39	La Porte City	IA	7:20	00:23:36.78	00:22:49.00
73	82/619	20/53	548	Matt Ungs	M	34	Cedar Falls	IA	7:20	00:23:33.29	00:22:49.50
74	83/619	17/44	236	Levi Hubka	M	28	Cedar Falls	IA	7:23	00:23:56.67	00:22:56.71
75	85/619	5/24	200	Paul Greene	M	63	Waterloo	IA	7:25	00:23:39.22	00:23:04.47
76	86/619	6/24	460	Bob Schmit	M	60	Waterloo	IA	7:25	00:23:40.63	00:23:05.12
77	88/619	10/40	216	Clint Herbert	M	45	Waterloo	IA	7:27	00:23:22.54	00:23:10.59
78	89/619	16/30	220	Cadin Herrmann	M	13	Evansdale	IA	7:27	00:23:14.79	00:23:11.01
79	91/619	11/40	146	Joe Edwards	M	41	Waterloo	IA	7:28	00:23:20.74	00:23:14.48
80	93/619	17/30	625	Derek Carpenter	M	18	Waverly	IA	7:30	00:23:24.53	00:23:18.50
81	95/619	18/44	300	Tyler Loftus	M	25	Cedar Falls	IA	7:34	00:24:01.74	00:23:32.20
82	96/619	18/30	459	Noah Schmidt	M	13	Sycamore	IL	7:35	00:24:15.74	00:23:33.74
83	97/619	21/53	243	Andrew Isley	M	32	Independence	IA	7:35	00:24:27.54	00:23:35.01
84	100/619	22/53	466	Victor Schrage	M	39	Cedar Falls	IA	7:43	00:24:39.03	00:23:59.18
85	102/619	19/30	408	Nick Rand	M	14	Clarksville	IA	7:43	00:24:07.44	00:24:00.78
86	103/619	19/44	259	Skylar Kemp	M	24	Waterloo	IA	7:44	00:24:30.20	00:24:01.97
87	104/619	7/24	112	Gene Dahlen	M	68	Waterloo	IA	7:44	00:24:09.79	00:24:03.53
88	105/619	20/44	350	Keegan Morrissey	M	26	Waterloo	IA	7:44	00:24:33.85	00:24:04.31
89	107/619	12/40	382	Corbin Payne	M	46	Waterloo	IA	7:45	00:24:42.54	00:24:07.26
90	110/619	21/44	580	Nick Williams	M	28	Waterloo	IA	7:48	00:25:05.03	00:24:14.82
91	111/619	23/53	494	Joshua Smith	M	33	Chicago	IL	7:48	00:24:23.27	00:24:15.86
92	112/619	22/44	693	Thomas Halbert	M	28	Waterloo	IA	7:48	00:24:35.04	00:24:16.51
93	115/619	24/53	613	Sasa Josavac	M	32	Plymouth	MN	7:49	00:25:55.00	00:24:20.10
94	116/619	25/53	674	Slobodan Bosnic	M	30	Waterloo	IA	7:50	00:25:47.88	00:24:20.85
95	119/619	23/44	36	Ben Baskerville	M	29	Aplington	IA	7:50	00:25:58.44	00:24:23.14
96	120/619	26/53	661	Aaron Bahr	M	32	Waterloo	IA	7:51	00:24:57.42	00:24:23.69
97	123/619	27/53	695	Neal Caughron	M	38	Waterloo	IA	7:53	00:25:39.29	00:24:29.83
98	125/619	24/44	573	Koreco Webster	M	26	Cedar Falls	IA	7:53	00:24:32.51	00:24:32.51
99	128/619	28/53	155	Matthew Engelhardt	M	36	Waterloo	IA	7:55	00:24:48.29	00:24:36.72
100	129/619	13/40	267	Christopher Kimball	M	41	Waterloo	IA	7:55	00:25:13.53	00:24:37.00

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
101	131/619	25/44	147	Justin Edwards	M	28	Ames	IA	7:56	00:24:52.54	00:24:38.99
102	133/619	29/53	282	Seth Krueger	M	39	Wakefield	RI	7:56	00:24:48.50	00:24:40.81
103	134/619	26/44	321	Travis Mccarty	M	29	Cedar Falls	IA	7:57	00:26:16.76	00:24:44.72
104	135/619	27/44	503	Chris Spaude	M	28	Waterloo	IA	7:58	00:25:06.16	00:24:45.15
105	137/619	14/40	431	Michael Rhodes	M	48	Ballwin	MO	7:58	00:25:00.78	00:24:47.76
106	140/619	15/40	652	Joshua Uehlin	M	42	Zionsville	IN	8:00	00:25:04.28	00:24:54.25
107	141/619	16/40	423	John Reddersen	M	43	Marion	IA	8:01	00:25:56.42	00:24:56.66
108	142/619	30/53	57	Joshua Brown	M	30	Waterloo	IA	8:02	00:25:06.77	00:24:57.69
109	144/619	17/40	194	Brian Graettinger	M	48	Waverly	IA	8:03	00:25:35.07	00:25:01.04
110	145/619	31/53	689	Jordan Johnson	M	30	Waterloo	IA	8:04	00:25:26.50	00:25:05.70
111	147/619	18/40	524	Randy Swalve	M	48	Waterloo	IA	8:05	00:27:05.98	00:25:07.53
112	149/619	6/29	138	Scott Doyle	M	53	Cedar Falls	IA	8:05	00:25:39.78	00:25:09.98
113	153/619	20/30	218	Grant Herbert	M	13	Waterloo	IA	8:07	00:25:25.47	00:25:14.00
114	154/619	19/40	499	Bob Solon	M	49	Independence	IA	8:08	00:25:50.11	00:25:16.99
115	157/619	7/29	699	Brian Hurley	M	50	Johnston	IA	8:10	00:25:56.22	00:25:24.95
116	163/619	28/44	113	Joshua Dahlen	M	29	Waterloo	IA	8:15	00:26:37.54	00:25:39.51
117	164/619	29/44	250	Bruce Johnson	M	29	Waterloo	IA	8:15	00:25:58.86	00:25:40.13
118	167/619	20/40	490	John Skaar	M	49	Cedar Falls	IA	8:16	00:26:13.29	00:25:42.45
119	169/619	8/29	210	Trevor Harrison	M	53	Cedar Falls	IA	8:17	00:26:13.29	00:25:45.29
120	171/619	30/44	235	Ross Horbach	M	26	Waterloo	IA	8:19	00:26:26.04	00:25:50.51
121	174/619	9/29	488	Tom Sinnott	M	50	Waterloo	IA	8:19	00:26:27.92	00:25:53.17
122	175/619	32/53	63	Adam Burg	M	37	Waterloo	IA	8:20	00:26:11.04	00:25:53.74
123	176/619	8/24	192	Dean Gipp	M	68	Bettendorf	IA	8:20	00:26:22.84	00:25:56.52
124	178/619	21/40	33	Vincent Barnes	M	49	Waterloo	IA	8:21	00:26:37.97	00:25:58.73
125	180/619	21/30	616	Jon Mccrarry	M	16	Chicago	IL	8:24	00:28:08.98	00:26:08.95
126	181/619	33/53	144	Jordan Dunn	M	30	Waterloo	IA	8:25	00:27:33.63	00:26:09.84
127	183/619	5/20	199	Jonas Greene	M	9	Fairfax	IA	8:26	00:27:32.82	00:26:13.53
128	184/619	10/29	60	Steven Bryant	M	52	Mason City	IA	8:28	00:26:44.26	00:26:19.56
129	187/619	22/30	68	Joey Bushman	M	17	Cedar Rapids	IA	8:31	00:27:13.78	00:26:30.63
130	189/619	34/53	78	Josue Carmona	M	30	Waterloo	IA	8:32	00:27:30.79	00:26:33.05
131	191/619	31/44	505	Matthew Squires	M	22	Des Moines	IA	8:37	00:27:35.04	00:26:46.74
132	195/619	35/53	501	Nathan Sorensen	M	38	Cedar Falls	IA	8:38	00:27:21.67	00:26:49.87
133	203/619	11/29	527	Dan Takle	M	52	Hudson	IA	8:42	00:28:17.96	00:27:04.81
134	207/619	32/44	227	Bryce Hoffman	M	23	West Des Moines	IA	8:44	00:28:27.46	00:27:10.93
135	208/619	22/40	438	Rusty Ringler	M	44	Altoona	IA	8:44	00:28:03.50	00:27:11.10
136	210/619	36/53	80	Jason Chambers	M	31	Waterloo	IA	8:45	00:28:00.44	00:27:11.51
137	211/619	37/53	231	Jeff Holmes	M	32	Waterloo	IA	8:45	00:27:38.53	00:27:12.81
138	215/619	9/24	328	Jim Mcmillan	M	64	Olathe	KS	8:47	00:27:47.04	00:27:18.24
139	219/619	33/44	602	Aaron Mulherin	M	20	Marion	IA	8:50	00:27:34.64	00:27:26.97
140	223/619	12/29	11	Ralph Allbee	M	58	Eldora	IA	8:52	00:27:49.04	00:27:35.42
141	224/619	6/20	145	Michael Dunn	M	12	Waterloo	IA	8:53	00:29:01.00	00:27:36.99
142	225/619	10/24	115	James Davies	M	65	Allison	IA	8:53	00:28:18.77	00:27:37.26
143	227/619	11/24	692	Don Kramer	M	65	Waterloo	IA	8:54	00:28:10.54	00:27:40.32
144	228/619	7/20	265	Andrew Kimball	M	11	Waterloo	IA	8:58	00:28:09.80	00:27:54.53
145	232/619	34/44	20	Dean Arrowsmith	M	28	Berwyn	IL	9:00	00:29:30.03	00:27:57.81
146	244/619	38/53	13	Doug Anderson	M	38	Cedar Falls	IA	9:09	00:29:34.46	00:28:26.88
147	250/619	23/30	406	Jordon Rand	M	13	Clarksville	IA	9:12	00:29:58.46	00:28:35.31
148	251/619	24/30	305	Lucas Lubben	M	16	Hudson	IA	9:12	00:29:28.78	00:28:37.22
149	264/619	39/53	464	Oliver Schoo	M	30	Waterloo	IA	9:18	00:30:07.43	00:28:54.68
150	269/619	13/29	361	Pete Newell	M	54	Waverly	IA	9:20	00:29:47.47	00:29:00.41

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
151	271/619	8/20	485	Phoenix Shipman	M	10	Waterloo	IA	9:20	00:29:06.46	00:29:02.17
152	277/619	9/20	101	Shea Corbin	M	6	Cedar Falls	IA	9:24	00:29:51.29	00:29:15.05
153	286/619	12/24	482	Tom Shea	M	71	Waterloo	IA	9:29	00:30:07.02	00:29:30.63
154	289/619	40/53	347	Jason Mohorne	M	37	Waterloo	IA	9:31	00:29:59.04	00:29:36.21
155	293/619	14/29	417	Jim Rasmussen	M	57	West Des Moines	IA	9:33	00:30:06.42	00:29:43.15
156	294/619	10/20	127	Cooper Dean	M	7	Cedar Falls	IA	9:33	00:30:40.95	00:29:43.23
157	295/619	41/53	125	Chris Dean	M	34	Cedar Falls	IA	9:34	00:30:41.54	00:29:44.00
158	296/619	11/20	126	Cole Dean	M	7	Cedar Falls	IA	9:34	00:30:41.56	00:29:44.25
159	297/619	23/40	160	Peter Ferrel	M	42	Cedar Falls	IA	9:35	00:31:10.22	00:29:48.48
160	299/619	12/20	541	Conor Tripp-Rieks	M	8	Cedar Falls	IA	9:39	00:30:33.29	00:30:02.03
161	302/619	13/24	313	David Mackenzie	M	65	Hot Springs Natio	AR	9:41	00:30:28.74	00:30:07.33
162	310/619	25/30	452	Jack Schaefer	M	18	Waterloo	IA	9:50	00:31:33.29	00:30:34.54
163	311/619	15/29	678	Lee Wald	M	53	Disco Bay	CA	9:51	00:30:56.29	00:30:37.55
164	313/619	26/30	667	Vito Massa	M	14	Waterloo	IA	9:51	00:31:07.77	00:30:38.98
165	315/619	35/44	455	Matthew Schellhorn	M	28	Waterloo	IA	9:55	00:31:53.29	00:30:51.05
166	322/619	13/20	664	Dexter Fernel	M	9	Cedar Falls	IA	10:02	00:32:34.77	00:31:12.22
167	328/619	14/20	668	Tino Massa	M	10	Waterloo	IA	10:07	00:31:56.13	00:31:27.34
168	331/619	42/53	224	Adam Hix	M	30	Waterloo	IA	10:12	00:33:12.18	00:31:42.62
169	334/619	24/40	22	Bil Austin	M	44	Monroe	IA	10:12	00:33:23.95	00:31:43.49
170	335/619	36/44	176	Bart Frederick	M	25	Dubuque	IA	10:12	00:32:29.48	00:31:44.47
171	341/619	25/40	515	Jeremy Stolz	M	42	Cedar Falls	IA	10:16	00:32:40.70	00:31:54.47
172	348/619	26/40	496	Michael Smith	M	46	La Porte City	IA	10:21	00:32:16.83	00:32:11.04
173	351/619	43/53	132	Brennan Dolan	M	37	Polk City	IA	10:31	00:34:42.29	00:32:42.51
174	359/619	27/40	532	Kelly Thompson	M	49	Waterloo	IA	10:35	00:34:36.04	00:32:55.58
175	360/619	16/29	473	Nick Seibert	M	54	Orion	IL	10:36	00:33:10.35	00:32:57.34
176	361/619	44/53	539	Paul Toppin	M	35	Waterloo	IA	10:38	00:34:27.79	00:33:04.00
177	362/619	45/53	81	Blake Chapman	M	31	Waterloo	IA	10:39	00:33:18.87	00:33:07.75
178	364/619	15/20	412	Stratton Range	M	8	Cedar Falls	IA	10:45	00:33:46.49	00:33:26.51
179	377/619	27/30	698	Mccale Kolsrud	M	15	Denver	IA	11:00	00:35:03.71	00:34:12.72
180	379/619	17/29	453	Jim Schaefer	M	50	Waterloo	IA	11:10	00:35:43.49	00:34:44.21
181	393/619	28/40	307	Eric Lukes	M	44	Stewartville	MN	11:35	00:37:47.09	00:36:01.76
182	401/619	18/29	107	James Coyle	M	56	Cross Plains	WI	11:41	00:37:36.04	00:36:20.84
183	406/619	19/29	257	Dominic Kemp	M	51	Waterloo	IA	11:54	00:37:45.66	00:36:59.65
184	409/619	46/53	40	Brian Beckman	M	36	Waterloo	IA	11:57	00:38:20.96	00:37:10.18
185	410/619	16/20	44	Oliver Beckman	M	8	Waterloo	IA	11:57	00:38:20.56	00:37:10.53
186	411/619	47/53	411	Devin Range	M	37	Cedar Falls	IA	12:02	00:37:51.16	00:37:23.62
187	416/619	48/53	277	Andrew Kral	M	30	Cedar Falls	IA	12:11	00:39:28.18	00:37:52.15
188	420/619	37/44	606	Will Becker	M	25	Waterloo	IA	12:26	00:40:28.92	00:38:39.30
189	430/619	14/24	351	Gregory Morud	M	62	Cedar Rapids	IA	12:38	00:41:04.04	00:39:18.09
190	440/619	15/24	315	Al Manning	M	61	Waterloo	IA	12:55	00:40:50.02	00:40:09.49
191	448/619	29/40	142	Neal Duitsman	M	42	Waterloo	IA	13:15	00:41:50.93	00:41:10.89
192	454/619	20/29	97	Dave Condon	M	56	Waterloo	IA	13:29	00:43:46.29	00:41:53.79
193	457/619	30/40	92	Greg Cole	M	47	Iowa City	IA	13:38	00:43:48.55	00:42:24.27
194	461/619	31/40	161	Aaron Ferrie	M	46	New Hampton	IA	13:43	00:44:14.91	00:42:37.93
195	474/619	28/30	29	Aiden Balk	M	13	Waterloo	IA	13:58	00:45:02.87	00:43:25.72
196	475/619	21/29	324	Casey Mclaughlin	M	58	Waterloo	IA	13:59	00:44:05.38	00:43:27.17
197	477/619	32/40	522	Kurt Sundermann	M	47	Waukee	IA	13:59	00:45:39.54	00:43:28.38
198	478/619	38/44	521	Alec Sundermann	M	25	Forest City	IA	13:59	00:45:39.79	00:43:29.25
199	483/619	17/20	400	John Pouch	M	10	Orion	IL	14:07	00:44:10.03	00:43:52.75
200	484/619	18/20	4	Quinn Abbott	M	11	Coralville	IA	14:09	00:45:26.79	00:44:00.25

ShamRock N Run 5K

August 5, 2017

5K

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
201	487/619	33/40	3	Peter Abbott	M	41	Coralville	IA	14:22	00:46:04.46	00:44:38.66
202	488/619	22/29	53	Jeff Bradley	M	59	Wadena	IA	14:22	00:45:31.04	00:44:40.82
203	493/619	34/40	12	Charles Amsbary	M	47	Cedar Falls	IA	14:26	00:45:48.17	00:44:51.88
204	499/619	29/30	9	Evan Alcott	M	13	Waterloo	IA	14:45	00:47:46.79	00:45:50.26
205	500/619	30/30	31	Logan Balk	M	14	Waterloo	IA	14:46	00:47:31.16	00:45:54.42
206	505/619	39/44	555	Mitchell Van Sickle	M	29	Rochester	MN	14:53	00:47:12.30	00:46:17.65
207	510/619	23/29	553	Corey Van Sickle	M	54	Savage	MN	14:58	00:47:24.04	00:46:30.62
208	511/619	16/24	436	Dennis Riley	M	61	Cedar Falls	IA	14:58	00:47:26.29	00:46:31.04
209	513/619	35/40	228	Josh Hoffman	M	41	Waterloo	IA	14:59	00:48:33.79	00:46:35.49
210	520/619	49/53	74	Lester Butterfield	M	39	Sumner	IA	15:12	00:49:09.26	00:47:16.55
211	521/619	40/44	72	Brian Butterfield	M	29	Sumner	IA	15:13	00:49:09.65	00:47:17.97
212	523/619	17/24	149	Teryl Edwards	M	68	Dysart	IA	15:16	00:48:47.04	00:47:27.34
213	525/619	18/24	686	John O'Brien	M	62	Waterloo	IA	15:16	00:48:47.50	00:47:27.60
214	526/619	50/53	278	Benjamin Kral	M	36	Cedar Falls	IA	15:17	00:49:07.04	00:47:29.28
215	529/619	19/24	280	Danny Kral	M	60	Cedar Falls	IA	15:17	00:49:06.23	00:47:30.53
216	531/619	36/40	302	Brad Longlett	M	47	Wilton	IA	15:21	00:48:47.50	00:47:41.76
217	534/619	19/20	2	Duncan Abbott	M	11	Coralville	IA	15:21	00:49:09.47	00:47:43.99
218	535/619	41/44	671	Austin Sink	M	23	Waterloo	IA	15:21	00:48:49.28	00:47:44.38
219	536/619	37/40	435	Quinn Riess	M	40	Wilton	IA	15:22	00:48:51.04	00:47:45.50
220	537/619	51/53	75	Curtis Cameron	M	37	Waterloo	IA	15:23	00:49:15.29	00:47:49.44
221	538/619	24/29	416	Gary Rankin	M	50	Waterloo	IA	15:23	00:49:33.71	00:47:50.42
222	542/619	25/29	84	Brian Christensen	M	58	Waterloo	IA	15:32	00:49:56.25	00:48:17.96
223	548/619	42/44	552	Cord Van Sickle	M	25	Waterloo	IA	15:40	00:49:36.53	00:48:43.12
224	549/619	20/24	293	Elwin Lee	M	61	Hudson	IA	15:48	00:50:21.79	00:49:07.00
225	552/619	20/20	410	Zack Rand	M	11	Clarksville	IA	15:55	00:50:52.89	00:49:29.61
226	560/619	38/40	363	Lonnie Newhall	M	46	Independence	IA	16:06	00:51:52.65	00:50:02.17
227	563/619	26/29	508	Dale Steffen	M	53	Dunkerton	IA	16:06	00:51:52.44	00:50:03.85
228	566/619	27/29	669	Kevin Sink	M	52	Waterloo	IA	16:10	00:51:18.29	00:50:16.71
229	567/619	21/24	656	Jack Bullock	M	66	Sebring	FL	16:12	00:52:02.01	00:50:22.40
230	572/619	28/29	604	Jack Becker	M	50	Waterloo	IA	16:17	00:52:26.40	00:50:38.62
231	575/619	22/24	89	Steve Clarke	M	72	Cedar Falls	IA	16:26	00:51:21.36	00:51:05.05
232	578/619	23/24	391	Rocky S Petersen	M	68	Waterloo	IA	16:30	00:52:28.22	00:51:17.69
233	579/619	52/53	263	Sam Kilgore	M	31	Coralville	IA	16:33	00:52:48.54	00:51:25.59
234	580/619	29/29	19	Paul Arickx	M	50	Nora Springs	IA	16:33	00:53:38.69	00:51:26.09
235	585/619	53/53	403	Tim Pruckler	M	33	Cedar Falls	IA	16:40	00:53:32.79	00:51:47.86
236	598/619	39/40	66	Jason Burke	M	40	Burlington	IA	18:19	00:58:53.79	00:56:56.01
237	601/619	40/40	181	William Gall	M	49	St Joseph	MO	18:25	00:58:02.46	00:57:13.93
238	605/619	43/44	536	Zackery Thune	M	20	Waterloo	IA	18:45	00:59:54.04	00:58:18.12
239	610/619	44/44	396	Nathan Portillo	M	24	Lake City	IA	19:56	01:04:04.04	01:01:57.80
240	615/619	24/24	564	James A. Wahner	M	67	Cedar Falls	IA	19:57	01:04:05.75	01:01:59.71