

# Nordic Fest Elvelopet

July 29, 2017

## Overall Division Results

15K

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	11/96	1/45	656	Katie Nimrod	17	F	Decorah	IA	7:21	01:08:31.08

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/96	1/51	359	Steve Folkerts	45	M	Fort Collins	CO	6:24	00:59:39.72

### Male Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	78/96	43/51	693	Spencer Christensen	8	M	Lime Springs	IA	9:57	01:32:48.76

### Female Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	29/96	8/45	643	Shayla Betts	15	F	Decorah	IA	8:08	01:15:48.99
2	54/96	20/45	33	Nell Graham	16	F	Dodge Center	MN	8:58	01:23:42.52
3	56/96	21/45	673	Clare Huisman	15	F	Osage	IA	9:02	01:24:15.18

### Male Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	19/96	17/51	601	Alexander Rich	16	M	Fredericksburg	IA	7:50	01:13:03.00

### Female Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	45/96	15/45	697	Morgan Minear	18	F	Calmar	IA	8:42	01:21:07.76
2	81/96	37/45	652	Nicole Fosaaen	19	F	Cresco	IA	10:28	01:37:38.79

### Male Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/96	7/51	684	Henrik Marquardt	18	M	Decorah	IA	7:06	01:06:16.73
2	12/96	11/51	666	Richard Weis	18	M	Decorah	IA	7:24	01:09:07.16

### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	20/96	3/45	700	Rachel Grenko	28	F	Waterloo	IA	7:51	01:13:12.65
2	23/96	5/45	675	Lauren Wettach	29	F	Decorah	IA	7:54	01:13:40.26
3	28/96	7/45	660	Anna Madrigal	21	F	Decorah	IA	8:05	01:15:23.96
4	38/96	10/45	629	Meghan Mclaughlin	20	F	Miles	IA	8:36	01:20:13.76
5	40/96	11/45	689	Alice Topaloff	27	F	Decorah	IA	8:37	01:20:23.51
6	41/96	12/45	612	Jenna Dengler	23	F	Iowa City	IA	8:38	01:20:29.65

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### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
7	43/96	13/45	680	Emily Starman	21	F	Decorah	IA	8:39	01:20:40.76
8	59/96	24/45	657	Mari Klotzbach	28	F	Sioux Falls	SD	9:06	01:24:50.02
9	71/96	33/45	603	Katie Bakkum	28	F	Decorah	IA	9:37	01:29:40.22
10	72/96	34/45	639	Hillary Waddle	28	F	Cedar Rapids	IA	9:37	01:29:40.43
11	79/96	36/45	674	Dianna Huisman	21	F	Osage	IA	10:14	01:35:24.34
12	88/96	41/45	677	Jen Jenkins	21	F	Decorah	IA	11:32	01:47:30.70

### Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/96	2/51	606	Nathan Bartlett	29	M	Prairie Du Chien	WI	6:30	01:00:35.35
2	3/96	3/51	664	Bret Powers	22	M	Adel	IA	6:40	01:02:14.81
3	13/96	12/51	687	Tracy Nuss	28	M	West Union	IA	7:26	01:09:24.29
4	18/96	16/51	636	Travis Smith	29	M	Johnston	IA	7:50	01:13:02.82
5	22/96	18/51	695	Zach Martin	20	M	Boone	IA	7:52	01:13:24.75
6	42/96	30/51	632	Jon Opdahl	23	M	Iowa City	IA	8:38	01:20:29.65
7	69/96	37/51	663	Nick Pearch	25	M	Decorah	IA	9:36	01:29:30.00
8	70/96	38/51	699	Nick Hopp	25	M	Decorah	IA	9:36	01:29:33.67

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	15/96	2/45	621	Amy Husveth	35	F	Marine On St Croix	MN	7:41	01:11:46.12
2	21/96	4/45	627	Lisa Zittergruen	35	F	Decorah	IA	7:51	01:13:16.50
3	24/96	6/45	701	Jen Gipp	35	F	Decorah	IA	7:55	01:13:51.05
4	33/96	9/45	661	Shauna Menke	36	F	Decorah	IA	8:14	01:16:47.58
5	44/96	14/45	623	Katherine Rich	35	F	Fredericksburg	IA	8:39	01:20:44.15
6	52/96	18/45	625	Leah Nelson	34	F	Eau Claire	WI	8:55	01:23:08.76
7	53/96	19/45	638	Trisha Wilkins	37	F	Waukon	IA	8:55	01:23:15.27
8	58/96	23/45	683	Liza Hicken	37	F	Decorah	IA	9:03	01:24:22.33
9	61/96	26/45	602	Rose Amundson	32	F	Iowa City	IA	9:10	01:25:33.60
10	62/96	27/45	649	Meagan Devalapalli	32	F	Rochester	MN	9:13	01:25:54.77
11	66/96	30/45	646	Christine Weeg	36	F	Lakeville	MN	9:23	01:27:36.77
12	68/96	32/45	645	Megan Buckingham	32	F	Decorah	IA	9:34	01:29:11.02
13	77/96	35/45	609	Olivia Christensen	37	F	Lime Springs	IA	9:57	01:32:48.76
14	83/96	38/45	672	Jessica Jensen	35	F	Burnsville	MN	10:38	01:39:06.95
15	91/96	43/45	633	Jessica Raabe	38	F	Decorah	IA	11:52	01:50:40.19

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	8/96	8/51	631	Ryan Nevin	35	M	Waterloo	IA	7:07	01:06:22.97
2	10/96	10/51	659	Derek Larsen	30	M	Chicago	IL	7:19	01:08:15.22
3	32/96	24/51	669	Daniel Vondra	38	M	Iowa City	IA	8:13	01:16:43.33
4	46/96	31/51	619	Jason Hartfield	36	M	Minneapolis	MN	8:47	01:21:52.44
5	55/96	35/51	650	Kyle Digmann	31	M	Protivin	IA	8:59	01:23:46.01
6	75/96	41/51	648	Aditya Devalapalli	32	M	Rochester	MN	9:51	01:31:55.66
7	86/96	46/51	607	Jon Bjerke	33	M	Springfield	IL	11:13	01:44:39.59

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### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
8	93/96	49/51	605	Tyler Bancroft	32	M	Blaine	MN	12:08	01:53:11.81
9	94/96	50/51	604	Justin Bancroft	34	M	San Angelo	TX	12:11	01:53:37.25

### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	47/96	16/45	622	Jennessa Luzum	40	F	Decorah	IA	8:50	01:22:27.19
2	49/96	17/45	620	Stephanie Hughes	40	F	Decorah	IA	8:52	01:22:44.70
3	60/96	25/45	690	Emily Young Johnson	46	F	Decorah	IA	9:09	01:25:22.00
4	64/96	28/45	653	Mattine Gallentine	43	F	Decorah	IA	9:14	01:26:10.50
5	65/96	29/45	651	Elizabeth Leschensky	49	F	Decorah	IA	9:21	01:27:14.27
6	84/96	39/45	610	Cindy See	45	F	Decorah	IA	10:58	01:42:13.77
7	85/96	40/45	681	Kirstie Bower	47	F	Decorah	IA	10:58	01:42:13.96

### Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/96	4/51	644	Jeffrey Bishop	41	M	Minneapolis	MN	6:54	01:04:25.73
2	5/96	5/51	641	Gene Adams	40	M	Decorah	IA	6:59	01:05:12.98
3	9/96	9/51	628	Luke Webinger	41	M	Lost Nation	IA	7:10	01:06:53.57
4	16/96	14/51	688	Jim Hagelie	49	M	Waukee	IA	7:42	01:11:47.13
5	17/96	15/51	640	Greg Adams	43	M	Osage	IA	7:46	01:12:29.67
6	26/96	20/51	655	John Anderson	42	M	Decorah	IA	8:03	01:15:04.03
7	27/96	21/51	682	Mark Winings	40	M	Fort Atkinson	IA	8:03	01:15:09.25
8	30/96	22/51	647	Brian Decker	42	M	Rochester	MN	8:09	01:15:58.26
9	31/96	23/51	676	Marc Folkedeht	49	M	Decorah	IA	8:11	01:16:25.57
10	34/96	25/51	668	Syverud Jason	46	M	Slinger	WI	8:16	01:17:03.43
11	39/96	29/51	626	Chad Lien	43	M	Shawnee	KS	8:36	01:20:16.65
12	48/96	32/51	654	Matt Hughes	43	M	Decorah	IA	8:52	01:22:43.01
13	50/96	33/51	698	Jerry Robinson	49	M	Decorah	IA	8:54	01:22:58.51
14	51/96	34/51	665	Blair Redenius	40	M	Charles City	IA	8:54	01:23:00.76
15	63/96	36/51	615	Doug Nalean-Carlson	41	M	Decorah	IA	9:13	01:25:59.27
16	80/96	44/51	642	Scottie Bahr	49	M	Wayzata	MN	10:20	01:36:22.64

### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	57/96	22/45	630	Michele Stevens	56	F	Denver	IA	9:02	01:24:17.63
2	67/96	31/45	635	Sharon Gerleman	55	F	Ridgeway	IA	9:33	01:29:01.27
3	90/96	42/45	618	Gail Harrison	52	F	Des Moines	IA	11:39	01:48:42.30
4	92/96	44/45	696	Laure Rausch	58	F	Fort Atkinson	IA	11:52	01:50:40.56

### Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/96	6/51	679	Todd Hangen	54	M	Des Moines	IA	7:05	01:06:09.51
2	14/96	13/51	685	Aive Mounthuchak	50	M	Rockford	MN	7:32	01:10:18.99

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### Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
3	25/96	19/51	686	Jeff Ernst	58	M	Cresco	IA	7:56	01:13:57.99
4	35/96	26/51	692	Hallvard Natvik	51	M	Morvik		8:22	01:18:05.98
5	36/96	27/51	624	Tom Kraabel	56	M	Decorah	IA	8:24	01:18:25.22
6	73/96	39/51	667	Bryant Siefken	50	M	Des Moines	IA	9:38	01:29:48.20
7	89/96	48/51	678	Llew Jenkin	53	M	Decorah	IA	11:32	01:47:37.02
8	95/96	51/51	617	Terry Harrison	52	M	Des Moines	IA	13:01	02:01:20.44

### Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	96/96	45/45	608	Randi Bjerke	61	F	Ankeny	IA	13:17	02:03:52.73

### Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	37/96	28/51	616	Gerald Carlson	65	M	Decorah	IA	8:26	01:18:39.17
2	74/96	40/51	691	Randy Bachman	60	M	Hiawatha	IA	9:43	01:30:35.46
3	76/96	42/51	694	Linus Barloon	69	M	Decorah	IA	9:52	01:32:01.77
4	82/96	45/51	637	Steve Massman	61	M	Caledonia	MN	10:29	01:37:45.36
5	87/96	47/51	614	Dick Woodard	61	M	West Union	IA	11:14	01:44:49.55