

# Nordic Fest Elvelopet

July 29, 2017

## Overall Division Results

5K Run

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/361	1/190	273	Jordan Winke	18	F	Albia	IA	6:37	00:20:36.40

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/361	1/171	230	Kevin Roberts	40	M	Decorah	IA	5:44	00:17:50.39

### Female Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	35/361	9/190	135	Brielle Buresh	12	F	Decorah	IA	7:26	00:23:06.50
2	63/361	13/190	256	Madison Tollfeson	12	F	Decorah	IA	8:03	00:25:03.55
3	94/361	26/190	330	Erin Anderson	12	F	Iowa City	IA	8:33	00:26:36.60
4	102/361	30/190	84	Samantha See	13	F	Decorah	IA	8:38	00:26:50.05
5	128/361	38/190	363	Solveig Benz Narveson	10	F	Minneapolis	MN	9:06	00:28:18.17
6	136/361	44/190	313	Hailey Bower	13	F	Decorah	IA	9:15	00:28:46.17
7	138/361	45/190	221	Stella Pole	9	F	Decorah	IA	9:19	00:28:57.17
8	152/361	55/190	4	Grace Bachelder	13	F	Decorah	IA	9:30	00:29:34.06
9	162/361	60/190	103	Paige Werner	12	F	Decorah	IA	9:42	00:30:08.80
10	167/361	62/190	145	Ayda Delarosa	12	F	Decorah	IA	9:48	00:30:29.67
11	193/361	81/190	34	Rachel Hill	13	F	Northwood	IA	10:19	00:32:05.60
12	199/361	85/190	213	Elsa Page	13	F	Vinton	IA	10:31	00:32:41.13
13	201/361	86/190	185	Kelby Kerndt	9	F	Decorah	IA	10:36	00:32:58.04
14	203/361	88/190	215	Gwen Pavlovec	8	F	Johnston	IA	10:41	00:33:12.43
15	213/361	94/190	258	Jasera Tweten	9	F	Decorah	IA	10:49	00:33:38.66
16	226/361	100/190	308	Isabel Friedl	11	F	Fredenck	CO	11:02	00:34:18.18
17	249/361	114/190	376	Ivy Sime	4	F	Decorah	IA	11:48	00:36:42.68
18	251/361	116/190	46	Jillian Kamunyt	12	F	Decorah	IA	11:51	00:36:49.66
19	255/361	120/190	205	Mary Moore	12	F	Decorah	IA	11:58	00:37:11.43
20	271/361	127/190	634	Megan Roe	12	F	Decorah	IA	12:28	00:38:46.36
21	275/361	130/190	317	Cadence Biter	11	F	Clarksville	TN	12:39	00:39:21.19
22	286/361	138/190	324	Isobel Halland	9	F	Rochester	MN	13:18	00:41:21.12
23	295/361	143/190	138	Hallie Busta	13	F	Decorah	IA	13:51	00:43:04.36
24	296/361	144/190	201	Haley Martin	13	F	Decorah	IA	13:54	00:43:13.45
25	304/361	151/190	126	Avery Bildstein	6	F	Cedar Rapids	IA	14:16	00:44:20.18
26	306/361	153/190	207	Danika Mueller	9	F	Decorah	IA	14:42	00:45:43.47
27	311/361	158/190	378	Isabella Sessler	11	F	Decorah	IA	15:09	00:47:07.16
28	318/361	163/190	5	Lyla Bancroft	7	F	San Angelo	TX	15:44	00:48:54.96
29	329/361	170/190	98	Zaila Torkelson	9	F	Cottage Grove	MN	17:03	00:53:00.72
30	358/361	187/190	321	Madeline Castro	13	F	Calmar	IA	21:13	01:05:55.87

### Male Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	19/361	16/171	1	Chance Adam	13	M	Calmar	IA	7:04	00:21:59.77
2	24/361	20/171	240	Bennett Schutte	13	M	Decorah	IA	7:16	00:22:34.90
3	26/361	22/171	175	Erik Hjelle	12	M	Decorah	IA	7:17	00:22:38.90
4	28/361	24/171	361	Preston Sires	13	M	Rochester	MN	7:19	00:22:44.40

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5K Run

### Male Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
5	38/361	29/171	346	Larsson Shockey	13	M	Decorah	IA	7:30	00:23:20.17
6	40/361	31/171	11	Brayden Bohnsack	11	M	Waverly	IA	7:34	00:23:30.76
7	51/361	42/171	150	Izaak Eichinger	13	M	Decorah	IA	7:47	00:24:12.63
8	53/361	44/171	214	Eli Page	11	M	Vinton	IA	7:50	00:24:23.00
9	69/361	52/171	177	Max Hoden	10	M	Dubuque	IA	8:08	00:25:19.17
10	70/361	53/171	120	Elliot Berland	8	M	Decorah	IA	8:08	00:25:19.21
11	83/361	62/171	245	Hogan Smith	13	M	Decorah	IA	8:23	00:26:03.80
12	93/361	68/171	184	Zachary Jermier	13	M	Decorah	IA	8:32	00:26:33.76
13	106/361	74/171	182	Sam Jermier	13	M	Decorah	IA	8:43	00:27:07.13
14	110/361	76/171	364	Cody Vagts	11	M	Waseca	MN	8:46	00:27:16.12
15	113/361	79/171	183	Blake Jermier	12	M	Decorah	IA	8:54	00:27:39.91
16	117/361	81/171	116	Remi Baldock	12	M	Tonganoxie	KS	8:56	00:27:48.41
17	118/361	82/171	392	Simon Mumford	13	M	Decorah	IA	8:57	00:27:50.41
18	127/361	90/171	28	Landan Folkedahl	13	M	Decorah	IA	9:05	00:28:16.36
19	141/361	94/171	265	Davis Walter	7	M	Decorah	IA	9:26	00:29:20.62
20	154/361	98/171	357	Evan Pavlovec	10	M	North Liberty	IA	9:35	00:29:48.10
21	159/361	102/171	80	Jack Rabe	13	M	Robins	IA	9:40	00:30:03.55
22	179/361	109/171	124	Lange Betts	12	M	Decorah	IA	10:04	00:31:17.17
23	194/361	113/171	132	Nolan Buchan	10	M	St. Paul	MN	10:24	00:32:21.12
24	195/361	114/171	255	Meison Tollfeson	7	M	Decorah	IA	10:28	00:32:32.17
25	205/361	117/171	237	Mason Schultes	8	M	Edina	MN	10:42	00:33:16.54
26	215/361	120/171	236	Prior Schultes	8	M	Edina	MN	10:50	00:33:41.30
27	234/361	131/171	109	Nicholas Yates	11	M	Suffolk	VA	11:18	00:35:07.09
28	259/361	136/171	15	Liam Chamberlain	10	M	Cottage Grove	MN	12:15	00:38:05.19
29	260/361	137/171	139	Aaron Busta	11	M	Decorah	IA	12:16	00:38:06.77
30	261/361	138/171	149	Carter Dlhy	10	M	Decorah	IA	12:16	00:38:08.81
31	267/361	142/171	66	Olin Niedzielski	9	M	Buffalo	MN	12:20	00:38:21.86
32	269/361	144/171	114	Landon Baker	12	M	Decorah	IA	12:22	00:38:28.41
33	278/361	146/171	352	Lucas Mclellan	12	M	West Union	IA	12:43	00:39:32.82
34	289/361	150/171	354	Aaron Chapman	12	M	Elgin	IA	13:33	00:42:07.38
35	292/361	152/171	309	Gabe Friedl	13	M	Fredenck	CO	13:40	00:42:28.45
36	312/361	154/171	51	Xavier Landas	8	M	Decorah	IA	15:14	00:47:21.00
37	320/361	156/171	52	Dominic Landas	6	M	Decorah	IA	15:55	00:49:28.39
38	354/361	169/171	99	Makai Torkelson	7	M	Cottage Grove	MN	20:29	01:03:39.49

### Female Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	11/361	2/190	197	Abby Lewis	16	F	Austin	MN	6:48	00:21:07.80
2	13/361	3/190	349	Meg Sessions	15	F	Decorah	IA	6:49	00:21:11.85
3	64/361	14/190	315	Rachel Bower	14	F	Decorah	IA	8:04	00:25:03.95
4	79/361	21/190	134	Fiona Buresh	14	F	Decorah	IA	8:14	00:25:36.54
5	114/361	35/190	32	Claire Graham	14	F	Dodge Center	MN	8:55	00:27:43.16
6	131/361	40/190	193	Annette Leschensky	15	F	Decorah	IA	9:11	00:28:34.40
7	139/361	46/190	223	Elise Rasmussen	16	F	Jackson	MN	9:21	00:29:03.32
8	237/361	106/190	55	Katherine McCabe	16	F	South St. Paul	MN	11:31	00:35:47.99
9	272/361	128/190	196	Raquel Lewey	15	F	Decorah	IA	12:31	00:38:55.13
10	315/361	160/190	342	Violet Milligen	16	F	Downers Grove	IL	15:19	00:47:37.47

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5K Run

### Male Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	14/361	11/171	225	Kyle Renken	14	M	Decorah	IA	6:50	00:21:14.28
2	16/361	13/171	350	Kyle Claybaugh	14	M	Shoreview	MN	6:53	00:21:24.13
3	20/361	17/171	26	Hunter Dolphin	15	M	Gales Ferry	CT	7:06	00:22:06.65
4	22/361	19/171	331	Kelby Anderson	15	M	Iowa City	IA	7:14	00:22:28.83
5	25/361	21/171	105	Drew White	14	M	Decorah	IA	7:17	00:22:37.90
6	31/361	25/171	374	Tate Schissel	14	M	Decorah	IA	7:22	00:22:55.88
7	34/361	26/171	297	Noah Lovelace	14	M	Decorah	IA	7:24	00:23:00.58
8	47/361	38/171	176	Joe Hjelle	14	M	Decorah	IA	7:41	00:23:54.71
9	52/361	43/171	147	Isaac Delarosa	15	M	Decorah	IA	7:47	00:24:14.05
10	81/361	60/171	345	Claylan Mounthuchak	14	M	Rockford	MN	8:14	00:25:37.76
11	89/361	66/171	19	Conner Cook	15	M	Decorah	IA	8:27	00:26:18.07
12	132/361	92/171	243	Ethan Shimak	14	M	Cedar Rapids	IA	9:12	00:28:37.42
13	328/361	159/171	14	Drew Chamberlain	14	M	Cottage Grove	MN	17:03	00:53:00.52

### Female Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	30/361	6/190	198	Rachel Lovelace	19	F	Rochester	MN	7:22	00:22:53.86
2	58/361	10/190	222	Rylea Ranum	17	F	Decorah	IA	7:57	00:24:43.66
3	103/361	31/190	123	Brenna Betts	18	F	Decorah	IA	8:40	00:26:56.91
4	105/361	32/190	268	Lydia Weighner	19	F	Winterset	IA	8:43	00:27:05.30
5	236/361	105/190	302	Amanda Francisco	19	F	Westlake Village	CA	11:19	00:35:10.13

### Male Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/361	2/171	263	Tyler Vandelune	17	M	Decorah	IA	6:16	00:19:28.64
2	3/361	3/171	284	Lars Elsbernd	17	M	Des Moines	IA	6:17	00:19:32.89
3	15/361	12/171	371	Austin Myl	17	M	Decorah	IA	6:52	00:21:21.65
4	17/361	14/171	148	Zachary Devore	19	M	Decorah	IA	6:56	00:21:32.95
5	18/361	15/171	347	Mac Hughes	18	M	Luana	IA	6:58	00:21:39.82
6	45/361	36/171	343	Erik Basler	19	M	Chicago	IL	7:40	00:23:49.64
7	104/361	73/171	372	Garnet Baumler	19	M	Decorah	IA	8:41	00:27:01.41
8	183/361	111/171	348	Raymond Reinhardt li	18	M	Postville	IA	10:09	00:31:33.42

### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	23/361	4/190	100	Melissa Vega	23	F	Postville	IA	7:15	00:22:31.67
2	29/361	5/190	91	Sommer Stevens	20	F	Denver	IA	7:19	00:22:46.14
3	62/361	12/190	77	Halina Pyzdrowski	21	F	Minnetonka	MN	8:03	00:25:01.70
4	71/361	18/190	44	Kyrie Jorgenson	28	F	Decorah	IA	8:09	00:25:22.05
5	73/361	19/190	107	Regan Wolverton	21	F	Dubuque	IA	8:11	00:25:26.32
6	78/361	20/190	13	Lizzie Burras	28	F	Decorah	IA	8:14	00:25:36.54
7	86/361	22/190	173	Tori Hartman	22	F	Decorah	IA	8:26	00:26:13.39
8	88/361	23/190	40	Erin Jennings	20	F	Davenport	IA	8:27	00:26:16.04
9	108/361	33/190	200	Caitlin Maly	20	F	Medina	MN	8:44	00:27:08.96
10	147/361	51/190	82	Morgan Lee Rilling	27	F	Bainbridge Island	WA	9:29	00:29:29.67

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## Overall Division Results

5K Run

### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
11	157/361	57/190	141	Katie Courtney	25	F	Decorah	IA	9:39	00:29:59.88
12	165/361	61/190	129	Veslemoy Bratas	22	F	Norway		9:48	00:30:28.15
13	170/361	64/190	89	Meredith Smith	28	F	Johnston	IA	9:50	00:30:35.04
14	177/361	69/190	387	Bethany Noble	28	F	Adel	IA	10:02	00:31:12.91
15	178/361	70/190	386	Samantha Van Sloten	25	F	Tipton	IA	10:03	00:31:15.67
16	192/361	80/190	191	Janna Langholz	28	F	St. Louis	MO	10:17	00:31:58.06
17	277/361	132/190	130	Live Bratas	20	F	Norway		12:41	00:39:25.91
18	279/361	133/190	87	Rachel Shaffer	22	F	Decorah	IA	12:53	00:40:03.15
19	280/361	134/190	90	Elizabeth Stay	22	F	Rochester	MN	12:53	00:40:03.15

### Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/361	8/171	136	Aaron Busch	24	M	Chanhassen	MN	6:42	00:20:51.11
2	10/361	9/171	59	Luis Moncada	28	M	Postville	IA	6:46	00:21:03.34
3	21/361	18/171	358	Bryant Rasmussen	29	M	Cresco	IA	7:08	00:22:10.54
4	39/361	30/171	101	Jacob Vogt	20	M	Denver	IA	7:33	00:23:30.56
5	42/361	33/171	247	Jeremy Stenseth	24	M	Calmar	IA	7:36	00:23:39.09
6	43/361	34/171	271	Gavin Wicks	27	M	Decorah	IA	7:37	00:23:42.14
7	44/361	35/171	389	Brent Pepin	29	M	Decorah	IA	7:38	00:23:44.58
8	56/361	47/171	93	Joshua Svenson	23	M	Hiawatha	IA	7:55	00:24:38.91
9	72/361	54/171	41	Mitchell Johnson	23	M	East Dubuque	IL	8:10	00:25:24.66
10	76/361	57/171	366	Liam Fraser	21	M	Urbandale	IA	8:12	00:25:30.84
11	77/361	58/171	365	Mitchell Wearne	21	M	Urbandale	IA	8:13	00:25:32.06
12	80/361	59/171	298	Russell Dale	26	M	Decorah	IA	8:14	00:25:37.15
13	84/361	63/171	335	Seth Klotzbach	27	M	Decorah	IA	8:24	00:26:07.66
14	115/361	80/171	379	Ryan Burras	29	M	Decorah	IA	8:55	00:27:45.22
15	182/361	110/171	249	Ben Stenseth	28	M	Calmar	IA	10:08	00:31:29.75
16	188/361	112/171	181	James Jefferson	28	M	Minneapolis	MN	10:14	00:31:50.12

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	32/361	7/190	229	Brenda Rix	39	F	Decorah	IA	7:22	00:22:56.09
2	60/361	11/190	384	Denise Leonhart	39	F	Castalia	IA	7:59	00:24:48.26
3	66/361	16/190	180	Amanda Huinker	34	F	Decorah	IA	8:07	00:25:16.17
4	67/361	17/190	74	Jamie Poch	34	F	Iowa City	IA	8:08	00:25:18.40
5	92/361	25/190	242	Jennifer Self	39	F	Decorah	IA	8:32	00:26:33.41
6	95/361	27/190	146	Jenn Delarosa	35	F	Decorah	IA	8:34	00:26:38.16
7	109/361	34/190	174	Beth Herman	37	F	Norwalk	IA	8:45	00:27:12.41
8	116/361	36/190	102	Jodi Webb	30	F	Decorah	IA	8:56	00:27:45.83
9	121/361	37/190	171	Jordan Hansen	36	F	Hudson	IA	9:01	00:28:00.91
10	130/361	39/190	279	Laura Rowlette	35	F	Iowa City	IA	9:09	00:28:27.41
11	133/361	41/190	204	Tara Mcconnell	31	F	Decorah	IA	9:14	00:28:43.60
12	134/361	42/190	305	Jenn Gibson	34	F	W Des Moines	IA	9:14	00:28:43.60
13	140/361	47/190	115	Ashley Baker	32	F	Decorah	IA	9:23	00:29:11.88
14	151/361	54/190	3	Allie Bachelder	37	F	Decorah	IA	9:30	00:29:33.92
15	169/361	63/190	327	Anne Sloan	33	F	Ankeny	IA	9:49	00:30:30.38
16	196/361	82/190	35	Amy Hoyt	39	F	Burnsville	MN	10:29	00:32:36.64

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## Overall Division Results

5K Run

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
17	206/361	89/190	238	Kristin Schultes	37	F	Edina	MN	10:42	00:33:16.74
18	209/361	91/190	293	Cara Felderman	33	F	Rochester	MN	10:46	00:33:28.10
19	212/361	93/190	259	Tera Tweten	38	F	Decorah	IA	10:49	00:33:38.43
20	214/361	95/190	137	Hon Busta	36	F	Decorah	IA	10:50	00:33:40.49
21	219/361	97/190	10	Melissa Bills	36	F	Decorah	IA	10:53	00:33:50.43
22	222/361	98/190	92	Kaitlyn Strycker	30	F	Springfield	IL	10:57	00:34:04.16
23	225/361	99/190	76	Stacey Praska	31	F	Dunkerton	IA	11:01	00:34:16.68
24	228/361	102/190	232	Jacquelyn Ruen	36	F	Minneapolis	MN	11:05	00:34:28.68
25	235/361	104/190	57	Janell Mcelree	35	F	West Union	IA	11:18	00:35:08.91
26	241/361	108/190	159	Rebecca Greene	32	F	Dublin	IA	11:35	00:36:01.84
27	244/361	110/190	211	Paul Hogseth	38	F	Mount Horeb	WI	11:40	00:36:17.43
28	245/361	111/190	210	Keri Ostby	39	F	Rochester	MN	11:40	00:36:17.68
29	252/361	117/190	262	Hillary Vamstad	31	F	Decorah	IA	11:52	00:36:52.30
30	254/361	119/190	37	Sharleen Hughes	36	F	Ankeny	IA	11:55	00:37:02.27
31	276/361	131/190	250	Maria Storevik	35	F	Norway		12:41	00:39:25.69
32	293/361	141/190	97	Mesha Torkelson	34	F	Cottage Grove	MN	13:44	00:42:41.35
33	297/361	145/190	8	Nicole Bateman	38	F	Waterloo	IA	13:57	00:43:20.64
34	302/361	149/190	125	Michelle Bildstein	38	F	Cedar Rapids	IA	14:16	00:44:19.95
35	303/361	150/190	61	Amber Nevin	35	F	Waterloo	IA	14:16	00:44:20.18
36	305/361	152/190	228	Erin Richter	30	F	Mansfield	CT	14:38	00:45:30.45
37	307/361	154/190	206	Mandy Mueller	36	F	Decorah	IA	14:43	00:45:43.67
38	308/361	155/190	6	Heather Bancroft	33	F	Blaine	MN	14:44	00:45:49.43
39	319/361	164/190	216	Jennifer Pavlovec	33	F	Johnston	IA	15:44	00:48:54.96
40	323/361	166/190	50	Erica Landas	38	F	Decorah	IA	16:01	00:49:46.72
41	327/361	169/190	368	Stephanie Dilillo	33	F	Hoffman Estates	IA	16:46	00:52:07.92
42	341/361	178/190	154	Alison Elwood	39	F	Decorah	IA	17:49	00:55:22.23

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/361	5/171	187	Lucas Klotzbach	38	M	Florence	AL	6:32	00:20:19.15
2	6/361	6/171	192	Jaosn Leonhart	39	M	Castalia	IA	6:36	00:20:30.90
3	8/361	7/171	178	Scott Hogseth	34	M	Fitchburg	WI	6:40	00:20:43.77
4	12/361	10/171	304	Andrew Klotzbach	30	M	W Des Moines	IA	6:48	00:21:09.40
5	36/361	27/171	75	Joe Poch	36	M	Iowa City	IA	7:26	00:23:07.32
6	49/361	40/171	209	Brett Ostby	38	M	Rochester	MN	7:45	00:24:07.14
7	55/361	46/171	227	Nathaniel Richter	32	M	Mansfield	CT	7:53	00:24:31.56
8	74/361	55/171	319	Brian Vamstad	32	M	Decorah	IA	8:11	00:25:26.32
9	87/361	65/171	69	Jared Noack	31	M	Ankeny	IA	8:26	00:26:13.80
10	97/361	69/171	219	Darin Peterson	34	M	Decorah	IA	8:35	00:26:40.46
11	99/361	70/171	235	Cory Scholbrock	37	M	Calmar	IA	8:35	00:26:42.41
12	100/361	71/171	333	Uriah Halvorson	30	M	La Crosse	WI	8:36	00:26:44.91
13	101/361	72/171	334	Patrick Klotzbach	32	M	Sioux Falls	SD	8:37	00:26:48.62
14	107/361	75/171	280	Jamey Rowlette	37	M	Iowa City	IA	8:43	00:27:07.33
15	129/361	91/171	58	Matthew Mcelree	36	M	West Union	IA	9:06	00:28:18.38
16	143/361	96/171	356	Andrew Pavlovec	32	M	North Liberty	IA	9:26	00:29:21.42
17	148/361	97/171	382	Justin Rilling	32	M	Cedar Rapids	IA	9:29	00:29:29.92
18	173/361	107/171	166	Andrew Haemker	36	M	New Market	NH	9:56	00:30:51.92
19	210/361	119/171	257	Matt Turner	36	M	Decorah	IA	10:48	00:33:35.82

# Nordic Fest Elvelopet

July 29, 2017

## Overall Division Results

5K Run

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
20	216/361	121/171	239	Ben Schultes	39	M	Edina	MN	10:50	00:33:41.51
21	220/361	123/171	217	Jacob Pavlovec	34	M	Johnston	IA	10:54	00:33:52.68
22	221/361	124/171	253	Michael Tollfeson	37	M	Decorah	IA	10:56	00:34:00.30
23	239/361	133/171	158	Matt Gallagher	33	M	Chicago	IL	11:34	00:35:57.22
24	262/361	139/171	380	Ole Thomassen	36	M	Fargo	ND	12:16	00:38:09.62
25	264/361	140/171	381	Pete Schnitzler	39	M	Decorah	IA	12:19	00:38:17.41
26	274/361	145/171	318	Marshall Biter	37	M	Clarksville	TN	12:39	00:39:21.02
27	285/361	148/171	323	Magnus Halland	37	M	Rochester	MN	13:18	00:41:20.44
28	326/361	158/171	367	Peter Dilillo	33	M	Hoffman Estates	IA	16:46	00:52:07.71

### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	33/361	8/190	285	Cindy Elsbernd	46	F	Des Moines	IA	7:23	00:22:56.90
2	65/361	15/190	133	Alecia Bucksa	41	F	Decorah	IA	8:06	00:25:12.41
3	96/361	28/190	329	Dawn Anderson	47	F	Iowa City	IA	8:34	00:26:39.16
4	98/361	29/190	153	Kate Elliott	41	F	Decorah	IA	8:35	00:26:42.08
5	146/361	50/190	85	Lisa Senne	45	F	Independence	IA	9:29	00:29:28.67
6	149/361	52/190	143	Jaime Decker	40	F	Rochester	MN	9:29	00:29:30.17
7	150/361	53/190	111	Ann Akre	48	F	Waukesha	WI	9:30	00:29:33.44
8	153/361	56/190	351	Lisa Mclellan	45	F	West Union	IA	9:31	00:29:35.17
9	171/361	65/190	79	Renee Rabe	44	F	Robins	IA	9:50	00:30:35.86
10	172/361	66/190	339	Rebecca Rohr	45	F	Joliet	IL	9:51	00:30:38.92
11	176/361	68/190	117	Kajja Baldock	43	F	Tonganoxie	KS	10:02	00:31:10.67
12	180/361	71/190	299	Jane Hover	45	F	Brooklyn	NY	10:06	00:31:24.86
13	181/361	72/190	224	Larissa Rasmussen	41	F	Jackson	MN	10:07	00:31:27.42
14	184/361	73/190	2	Beth Albertson	49	F	Calmar	IA	10:10	00:31:38.29
15	185/361	74/190	25	Lara Dolphin	44	F	Gales Ferry	CT	10:12	00:31:43.67
16	186/361	75/190	188	Kelly Klotzbach	44	F	Gilroy	CA	10:13	00:31:46.23
17	189/361	77/190	312	Kelli Smutzler	48	F	Decorah	IA	10:16	00:31:56.42
18	197/361	83/190	289	Diana Eggen	47	F	Aledo	IL	10:30	00:32:40.32
19	198/361	84/190	31	Kory Graham	48	F	Dodge Center	MN	10:30	00:32:40.43
20	208/361	90/190	73	Amy Peterson	40	F	West Fargo	ND	10:43	00:33:19.57
21	211/361	92/190	121	Karen Berland	40	F	Decorah	IA	10:49	00:33:37.64
22	218/361	96/190	9	Laura Belleville	40	F	Ballwin	MO	10:52	00:33:47.85
23	227/361	101/190	311	Kathy Friedl	46	F	Fredenck	CO	11:02	00:34:19.68
24	232/361	103/190	45	Marissa Kamunyt	40	F	Decorah	IA	11:13	00:34:51.43
25	240/361	107/190	112	Jennifer Bahr	49	F	Wayzata	MN	11:35	00:36:01.84
26	246/361	112/190	353	Dawn Johnson	40	F	Rochester	MN	11:44	00:36:27.91
27	248/361	113/190	377	Jen Sime	44	F	Decorah	IA	11:47	00:36:39.52
28	250/361	115/190	27	Melissa Dunlow	45	F	Papillion	NE	11:49	00:36:43.93
29	258/361	123/190	337	Gina Edison	43	F	Chaska	MN	12:14	00:38:02.51
30	263/361	124/190	278	Janette Rodecap	42	F	Kansas City	MO	12:17	00:38:10.19
31	273/361	129/190	194	Mari Lewey	40	F	Decorah	IA	12:31	00:38:55.44
32	282/361	136/190	301	Anne Francisco	49	F	Westlake Village	CA	13:06	00:40:44.50
33	283/361	137/190	341	Lisa Barnes	45	F	Decorah	IA	13:09	00:40:53.42
34	298/361	146/190	65	Clarissa Niedzielski	42	F	Buffalo	MN	13:59	00:43:29.81
35	300/361	147/190	203	Michelle Mccauley	48	F	Decorah	IA	14:04	00:43:45.34
36	309/361	156/190	241	Annette Schweonefus	47	F	Decorah	IA	15:03	00:46:48.63

# Nordic Fest Elvelopet

July 29, 2017

## Overall Division Results

5K Run

### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
37	310/361	157/190	179	Sara Hotvedt	41	F	Decorah	IA	15:04	00:46:49.03
38	313/361	159/190	17	Bonnie Christensen	46	F	Clive	IA	15:18	00:47:34.42
39	317/361	162/190	388	Dawn Lanreck	47	F	Ridgeway	IA	15:32	00:48:18.33
40	337/361	174/190	127	Danielle Bishop	40	F	Minneapolis	MN	17:32	00:54:30.22
41	357/361	186/190	320	Meg Haurures	48	F	Calmar	IA	21:13	01:05:55.67

### Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/361	4/171	332	Lars Anderson	47	M	Iowa City	IA	6:25	00:19:57.14
2	37/361	28/171	140	Eric Courtney	49	M	W Des Moines	IA	7:27	00:23:09.76
3	50/361	41/171	122	Krist Beseler	48	M	Buffalo City	WI	7:46	00:24:09.91
4	54/361	45/171	86	Brian Senne	44	M	Independence	IA	7:52	00:24:28.11
5	57/361	48/171	344	Thomas Marquardt	48	M	Decorah	IA	7:56	00:24:40.66
6	61/361	50/171	29	Mark Franzen	46	M	Decorah	IA	7:59	00:24:50.31
7	75/361	56/171	292	Donal Craine	48	M	Carver	MN	8:12	00:25:30.84
8	85/361	64/171	254	David Tolfeson	44	M	Cedar Rapids	IA	8:25	00:26:09.31
9	111/361	77/171	261	Mark Vagts	49	M	Waseca	MN	8:46	00:27:17.13
10	119/361	83/171	362	Jesse Leuenberger	45	M	Decorah	IA	8:57	00:27:51.50
11	120/361	84/171	294	Wyatt Beebe	40	M	Decorah	IA	8:58	00:27:53.91
12	125/361	88/171	338	Craig Edison	44	M	Chaska	MN	9:02	00:28:04.91
13	137/361	93/171	220	Ethan Pole	40	M	Decorah	IA	9:18	00:28:56.57
14	142/361	95/171	266	Jarrad Walter	40	M	Decorah	IA	9:26	00:29:20.83
15	166/361	105/171	144	Rick Delarosa	41	M	Decorah	IA	9:48	00:30:28.75
16	168/361	106/171	212	Kirk Page	47	M	Vinton	IA	9:49	00:30:30.17
17	204/361	116/171	186	Tade Kerndt	40	M	Decorah	IA	10:42	00:33:14.72
18	217/361	122/171	373	Bob Hemesath	48	M	Decorah	IA	10:50	00:33:42.12
19	223/361	125/171	340	Anthony Rohr	43	M	Joliet	IL	10:58	00:34:05.77
20	230/361	128/171	160	Joe Grimstad	41	M	Decorah	IA	11:06	00:34:31.42
21	231/361	129/171	394	Jim Jermier	45	M	Decorah	IA	11:08	00:34:37.12
22	265/361	141/171	383	Frode Tilden	40	M	Fargo	ND	12:19	00:38:17.60
23	291/361	151/171	95	John Torkelson	40	M	Cottage Grove	MN	13:38	00:42:22.64
24	314/361	155/171	18	Chad Christensen	48	M	Clive	IA	15:18	00:47:35.03
25	333/361	160/171	314	Loran Peterson	47	M	Omaha	NE	17:26	00:54:10.51
26	349/361	166/171	64	Steve Niedzielski	42	M	Buffalo	MN	18:29	00:57:26.60

### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	91/361	24/190	208	Cristy Nimrod	50	F	Decorah	IA	8:31	00:26:29.09
2	135/361	43/190	110	Beth Adams	51	F	Indianola	IA	9:15	00:28:45.22
3	144/361	48/190	272	Pam Winke	55	F	Albia	IA	9:27	00:29:22.04
4	145/361	49/190	63	Kathy Newkirk	59	F	Moline	IL	9:29	00:29:27.94
5	160/361	58/190	49	Kathy Krob	50	F	Anderson	SC	9:40	00:30:04.55
6	161/361	59/190	157	Sara Friedl-Putnam	50	F	Decorah	IA	9:40	00:30:04.55
7	187/361	76/190	306	Elizabeth Jones	57	F	Lakeland	FL	10:14	00:31:49.10
8	191/361	79/190	322	Mary Hall	51	F	Black Earth	WI	10:17	00:31:57.25
9	242/361	109/190	165	Kimberly Hable	50	F	Decorah	IA	11:39	00:36:12.18
10	256/361	121/190	199	Ann Lynch	53	F	Rochester	MN	12:09	00:37:46.81

# Nordic Fest Elvelopet

July 29, 2017

## Overall Division Results

5K Run

### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
11	257/361	122/190	88	Pam Smith	52	F	Urbandale	IA	12:10	00:37:51.09
12	281/361	135/190	390	Jane Braneb	59	F	Rochester	MN	12:57	00:40:14.35
13	288/361	139/190	231	Joanie Rollins	56	F	Decorah	IA	13:26	00:41:44.93
14	294/361	142/190	54	Jennifer Mccabe	50	F	South St. Paul	MN	13:47	00:42:51.14
15	316/361	161/190	106	Beth Winke	55	F	Suffolk	VA	15:24	00:47:51.21
16	330/361	171/190	370	Kenen Dans	52	F	Minneapolis	MN	17:15	00:53:37.97
17	331/361	172/190	369	Sarah Kriewall	52	F	Oak Grove	MN	17:15	00:53:38.05
18	332/361	173/190	328	Sheri Peterson	51	F	Omaha	NE	17:25	00:54:09.90
19	338/361	175/190	385	Lynette Falck	58	F	Decorah	IA	17:39	00:54:51.24
20	340/361	177/190	218	Jeanne Pecinovsky	58	F	Decorah	IA	17:49	00:55:21.82
21	342/361	179/190	269	Laurel Weighner	51	F	Winterset	IA	17:50	00:55:26.47
22	359/361	188/190	169	Shelley Hammes	56	F	Cumberland	WI	21:13	01:05:57.30
23	360/361	189/190	104	Crystal Wetherington	54	F	Cresco	IA	22:50	01:10:57.50
24	361/361	190/190	94	Cynthia Thompson	54	F	Springfield	IL	23:02	01:11:35.91

### Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	27/361	23/171	391	Scott Hervey	54	M	Decorah	IA	7:17	00:22:40.25
2	41/361	32/171	275	Ron Hougen	51	M	Decorah	IA	7:35	00:23:33.90
3	46/361	37/171	156	Alan Frey	53	M	Spring	TX	7:40	00:23:50.04
4	48/361	39/171	248	James Stenseth	52	M	Calmar	IA	7:41	00:23:55.32
5	59/361	49/171	151	Mark Eichinger	52	M	Decorah	IA	7:57	00:24:44.81
6	82/361	61/171	316	Gregory Peterson	56	M	Decorah	IA	8:23	00:26:03.40
7	90/361	67/171	234	Alan Schmitt	51	M	Fort Atkinson	IA	8:28	00:26:21.12
8	112/361	78/171	48	Ken Koster	53	M	Centralia	MO	8:49	00:27:26.09
9	122/361	85/171	267	Mark Weighner	54	M	Winterset	IA	9:01	00:28:01.16
10	123/361	86/171	326	Lyle Klotzbach	57	M	Tea	SD	9:01	00:28:01.16
11	124/361	87/171	226	Allen Renken	52	M	Decorah	IA	9:01	00:28:01.87
12	126/361	89/171	393	Thomas Whiteis	59	M	Maple Grove	MN	9:02	00:28:06.37
13	156/361	100/171	360	Karl Narveson	56	M	Minneapolis	MN	9:38	00:29:57.66
14	158/361	101/171	142	John Courtney	52	M	Decorah	IA	9:40	00:30:02.12
15	163/361	103/171	307	Douglas Jones	59	M	Lakeland	FL	9:48	00:30:26.92
16	175/361	108/171	39	David Jacobson	51	M	Belvidere	IL	10:00	00:31:05.37
17	200/361	115/171	36	J C Hoyt	53	M	Burnsville	MN	10:31	00:32:41.68
18	207/361	118/171	260	Paul Ulvilden	58	M	Decorah	IA	10:43	00:33:17.93
19	233/361	130/171	291	Arve Fiellkarstad	50	M	Stam		11:14	00:34:55.03
20	243/361	134/171	336	Tom Klotzbach	52	M	Decorah	IA	11:40	00:36:15.07
21	247/361	135/171	288	John Hjelle	53	M	Decorah	IA	11:47	00:36:37.68
22	287/361	149/171	56	Robert Mccabe	51	M	South St Paul	MN	13:19	00:41:22.92
23	348/361	165/171	251	Arden Street	55	M	Decorah	IA	18:13	00:56:36.82
24	353/361	168/171	310	Steve Friedl	53	M	Fredenck	CO	19:58	01:02:03.44
25	356/361	171/171	168	Mark Hammes	55	M	Cumberland	WI	21:12	01:05:54.65

### Female Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	174/361	67/190	290	Lois Finanger	62	F	Decorah	IA	9:58	00:31:00.88
2	190/361	78/190	325	Debra Michels	60	F	Cross Plains	WI	10:17	00:31:57.17



# Nordic Fest Elvelopet

July 29, 2017

## Overall Division Results

5K Run

### Female Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
3	202/361	87/190	167	Diane Hammel	63	F	Stewartville	MN	10:40	00:33:09.42
4	253/361	118/190	38	Merry Hunter	62	F	Decorah	IA	11:54	00:37:00.44
5	266/361	125/190	375	Janell Mchue	60	F	Cresco	IA	12:20	00:38:19.22
6	270/361	126/190	83	Dianne Schultz	66	F	Postville	IA	12:28	00:38:45.94
7	290/361	140/190	7	Mary Bateman	62	F	Waterloo	IA	13:34	00:42:09.95
8	301/361	148/190	246	Sue Snell	65	F	Decorah	IA	14:04	00:43:45.34
9	322/361	165/190	21	Patti Davis	63	F	Decorah	IA	16:01	00:49:45.92
10	325/361	168/190	277	Hanne Stensletten	62	F	Oslo		16:34	00:51:29.47
11	339/361	176/190	12	Connie Buresh	65	F	Decorah	IA	17:40	00:54:53.77
12	343/361	180/190	22	Donna Dee	73	F	Decorah	IA	17:50	00:55:26.89
13	344/361	181/190	42	Gwen Jorgenson	61	F	Decorah	IA	17:57	00:55:48.95
14	346/361	182/190	118	Susie Balk	66	F	New Braufels	TX	18:12	00:56:34.73
15	347/361	183/190	244	Linda Skoda	65	F	Decorah	IA	18:12	00:56:35.19
16	350/361	184/190	71	Amy Noel	64	F	Decorah	IA	19:48	01:01:32.24
17	351/361	185/190	164	Ruth Guenther	62	F	Racine	WI	19:48	01:01:32.44

### Male Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	68/361	51/171	53	Bradley Loftsgard	60	M	Decorah	IA	8:08	00:25:18.80
2	155/361	99/171	355	Dan Pavlovec	60	M	Fort Atkinson	IA	9:35	00:29:48.67
3	164/361	104/171	163	Paul Guenther	73	M	Racine	WI	9:48	00:30:27.67
4	224/361	126/171	62	Gary Newkirk	69	M	Moline	IL	11:00	00:34:13.11
5	229/361	127/171	161	Larry Grimstad	74	M	Decorah	IA	11:06	00:34:31.18
6	238/361	132/171	30	Michael Gallagher	63	M	Cedar Rapids	IA	11:34	00:35:57.22
7	268/361	143/171	155	Eric Forsberg	68	M	Golden Valley	MN	12:21	00:38:23.09
8	284/361	147/171	252	J M Tiernan	61	M	Decorah	IA	13:17	00:41:19.30
9	299/361	153/171	128	Per Bjoern Brandsaeter	69	M	Norway		14:01	00:43:34.68
10	321/361	157/171	20	Steve Davis	63	M	Decorah	IA	16:00	00:49:44.89
11	334/361	161/171	119	Don Berg	82	M	Decorah	IA	17:29	00:54:19.66
12	335/361	162/171	286	Bjor Terji Scotdal	64	M	Norway		17:29	00:54:20.69
13	336/361	163/171	274	Torkel Stensletten	68	M	Oslo		17:29	00:54:20.97
14	345/361	164/171	43	Gregg Jorgenson	62	M	Decorah	IA	17:57	00:55:48.95
15	352/361	167/171	70	John Noel	64	M	Decorah	IA	19:48	01:01:32.74
16	355/361	170/171	96	Robert C. Torkelson	74	M	Cottage Grove	MN	20:29	01:03:40.99

### Female Ages 99 - 99

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	324/361	167/190	300	Ellen Haakstad	99	F	Norway		16:34	00:51:28.92