

# RUNorwalk 8K and 5K Run/Walk

May 13, 2017

## Overall Division Results

5K Run

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/98	1/56	131	Sara Hendrickson	30	F	Altoona	IA	6:18	00:19:35.60
2	6/98	2/56	141	Torin Lackmann	14	F	Norwalk	IA	6:31	00:20:16.00
3	9/98	3/56	188	Angie Palen	46	F	Norwalk	IA	7:23	00:22:57.68

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/98	1/42	113	Alban Cook	27	M	Des Moines	IA	5:27	00:16:57.90
2	2/98	2/42	151	Tom Naert	27	M	Norwalk	IA	5:37	00:17:30.00
3	3/98	3/42	144	Caden Maher	15	M	Norwalk	IA	6:10	00:19:11.63

### Female Ages 01 - 10

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	74/98	39/56	197	Allee Clark	10	F	Norwalk	IA	11:01	00:34:13.94

### Male Ages 01 - 10

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	43/98	28/42	192	Jacob Nguyen	8	M	West Des Moines	IA	9:36	00:29:52.33

### Female Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	18/98	4/56	145	Natalie Martin	13	F	Norwalk	IA	7:48	00:24:16.13

### Male Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	17/98	14/42	157	Andrew Phillips	14	M	Norwalk	IA	7:44	00:24:03.68

### Female Ages 15 - 18

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	80/98	42/56	124	Lauren Fick	15	F	Cumming	IA	11:20	00:35:12.85

### Male Ages 15 - 18

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/98	4/42	189	Matthew Palen	15	M	Norwalk	IA	6:16	00:19:28.92

### Female Ages 19 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
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### Female Ages 19 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	40/98	14/56	174	Emma Trabing	23	F	Norwalk	IA	9:30	00:29:31.25

### Male Ages 19 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/98	10/42	103	Brandon Bair	19	M	Norwalk	IA	7:36	00:23:37.14

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	51/98	19/56	120	Jessica Driscoll	27	F	Des Moines	IA	9:56	00:30:53.69

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	10/98	7/42	155	Paul Nesbit	27	M	West Des Moines	IA	7:26	00:23:06.13

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	34/98	9/56	185	Andrea Tagtow	34	F	Norwalk	IA	8:51	00:27:31.94

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	21/98	15/42	148	Greg Meitl	34	M	Norwalk	IA	7:58	00:24:45.93

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	19/98	5/56	114	Tracie Courcier	38	F	Norwalk	IA	7:53	00:24:31.37

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	11/98	8/42	186	Nathaniel Tagtow	35	M	Norwalk	IA	7:32	00:23:25.93

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	38/98	13/56	168	Allyson Seymour	41	F	Norwalk	IA	9:18	00:28:54.91

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### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	26/98	18/42	146	Jeff Mcconkey	42	M	Norwalk	IA	8:31	00:26:29.18

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	20/98	6/56	122	Jodi Eddleman	46	F	Indianola	IA	7:53	00:24:32.17

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	75/98	36/42	196	Maury Clark	47	M	Norwalk	IA	11:01	00:34:14.16

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	44/98	16/56	176	Michelle Turnbull	53	F	Norwalk	IA	9:40	00:30:05.12

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/98	5/42	142	Chad Larson	50	M	Norwalk	IA	6:36	00:20:30.65

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	83/98	44/56	187	Ann Hayes	56	F	Prole	IA	11:36	00:36:03.77

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	29/98	21/42	172	Doyle Sullivan	64	M	Norwalk	IA	8:39	00:26:54.43

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	27/98	19/42	190	Chuck Clark	66	M	Norwalk	IA	8:35	00:26:40.79