

# Timberman Triathlon

July 8, 2017

## Overall Division Results

## Sprint Individual

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	12/187	1/85	67	Bettina Keppers	34	F	Duluth	MN	00:09:40.54	00:29:54.47	00:22:48.72		01:04:58.35

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/187	1/102	203	Adam Himes	45	M	Plymouth	MN	00:09:40.07	00:28:39.74	00:18:28.05		00:58:35.61

### Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	13/187	2/85	117	Jody Quesnell	50	F	Saint Paul	MN	00:10:36.94	00:30:16.49	00:22:25.52		01:05:43.38

### Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/187	4/102	266	Craig Peterson	55	M	Mpls	MN	00:09:50.27	00:29:52.63	00:20:24.53		01:01:58.98

### Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	43/187	11/85	83	Simone Lundquist	15	F	Maple Grove	MN	00:10:29.94	00:37:49.49	00:22:31.78		01:13:31.36
2	57/187	16/85	128	Quincy Shelp	13	F	Maple Plain	MN	00:11:33.55	00:36:09.01	00:24:33.42		01:15:30.11
3	166/187	75/85	64	Danielle Kemp	14	F	Esko	MN	00:13:24.36	00:43:07.03	00:37:36.16		01:37:10.44

### Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	36/187	26/102	210	Cort Isaacs	15	M	Maple Grove	MN	00:11:23.61	00:36:33.98	00:22:36.96		01:12:49.87
2	183/187	100/102	156	Luke Bettendorf	14	M	Duluth	MN	00:16:16.30	01:10:32.25	00:25:36.42		01:58:09.82

# Timberman Triathlon

July 8, 2017

## Overall Division Results

## Sprint Individual

### Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	15/187	4/85	34	Kaytlin Garrison	19	F	Cohasset	MN	00:11:33.95	00:31:18.47	00:21:21.61		01:06:05.18
2	16/187	5/85	184	Amanda Kautzer	19	F	Houghton	MI	00:09:15.28	00:33:20.51	00:21:13.01		01:06:28.17
3	25/187	9/85	84	Taylor Lundquist	18	F	Maple Grove	MN	00:10:57.98	00:34:47.25	00:20:41.72		01:08:51.63
4	66/187	21/85	78	Mallery Lind	18	F	Hibbing	MN	00:11:51.24	00:39:05.60	00:23:35.73		01:17:01.87
5	172/187	81/85	138	Danielle Stolze	19	F	Williamsburg	IA	00:15:50.03	00:44:31.92	00:33:36.08		01:39:59.08

### Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/187	2/102	221	Joshua Kemp	18	M	Esko	MN	00:11:10.01	00:30:05.85	00:17:44.72		01:00:39.36
2	6/187	6/102	204	Sam Himes	17	M	Plymouth	MN	00:11:36.43	00:31:28.73	00:17:52.76		01:02:43.11
3	31/187	22/102	211	Jace Isaacs	19	M	Maple Grove	MN	00:11:53.92	00:35:02.98	00:22:16.95		01:11:22.12
4	44/187	33/102	352	Hans Viren	19	M	Bovey	MN	00:11:33.56	00:36:18.69	00:22:21.78		01:13:36.12
5	61/187	43/102	284	Isaiah Skiple	17	M	Fargo	ND	00:08:54.13	00:37:58.50	00:24:33.48		01:15:49.87
6	76/187	53/102	256	Dominic Nalan	16	M	Grand Rapids	MN	00:14:08.93	00:35:18.92	00:25:35.12		01:18:39.07
7	104/187	69/102	312	Aaron Hjort	17	M	Duluth	MN	00:12:26.28	00:41:18.20	00:26:16.21		01:24:04.14
8	105/187	70/102	194	Parker Hansen	16	M	Suffolk	VA	00:14:51.49	00:41:32.17	00:24:20.08		01:24:24.48
9	173/187	92/102	307	Joshua Zemke	17	M	Oronoco	MN	00:20:48.46	00:44:33.22	00:31:53.53		01:40:50.96

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	65/187	20/85	344	Julianna French	21	F	Duluth	MN	00:13:34.93	00:36:46.48	00:23:32.58		01:16:37.63
2	75/187	23/85	47	Sommer Heikkila	21	F	Delano	MN	00:09:58.55	00:41:09.44	00:24:53.23		01:18:33.80
3	79/187	24/85	308	Colleen Mccullough	23	F	Maple Grove	MN	00:13:47.91	00:37:51.82	00:23:24.60		01:19:08.29
4	81/187	25/85	88	Heather Marden	20	F	Duluth	MN	00:10:23.42	00:37:25.46	00:27:48.16		01:19:13.79
5	107/187	37/85	39	Jordan Greene	24	F	Saint Paul	MN	00:11:54.49	00:39:05.15	00:30:35.56		01:24:42.24
6	117/187	44/85	55	Edyn Isaacs	21	F	Maple Grove	MN	00:10:43.96	00:43:43.70	00:29:10.70		01:26:16.39
7	120/187	47/85	90	Gina Marsalla	23	F	Hibbing	MN	00:10:45.39	00:42:30.46	00:29:27.74		01:26:46.39
8	162/187	72/85	171	Alyce Appleby	24	F	Saint Paul	MN	00:17:16.22	00:45:08.83	00:29:33.47		01:36:12.90
9	169/187	78/85	130	Kara Skiple	20	F	Fargo	ND	00:11:35.80	00:45:54.58	00:35:50.78		01:37:46.90

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## Overall Division Results

## Sprint Individual

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/187	3/102	169	Mitchell Clayton	21	M	Forest Lake	MN	00:09:20.94	00:29:21.87	00:20:19.41		01:00:57.61
2	7/187	7/102	185	Summer Schrock	21	M	Cohasset	MN	00:09:57.10	00:31:50.22	00:19:20.62		01:03:41.07
3	37/187	27/102	350	Jason Mattson	21	M	Duluth	MN	00:14:19.30	00:34:31.35	00:19:56.92		01:12:55.37

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	14/187	3/85	70	Kayla Kjellman	25	F	Thunder Bay	ON	00:09:02.49	00:30:34.95	00:23:21.67		01:05:53.12
2	50/187	15/85	53	Hilary Huntley	28	F	Duluth	MN	00:10:22.42	00:36:06.31	00:25:43.44		01:14:43.38
3	71/187	22/85	20	Anna Dehler	29	F	International Falls	MN	00:14:34.24	00:37:00.24	00:23:29.94		01:18:08.63
4	110/187	40/85	98	Quinlyn Mullaney	25	F	Minneapolis	MN	00:12:19.94	00:41:03.06	00:24:20.71		01:25:47.39
5	116/187	43/85	79	Courtney Litchke	28	F	Grand Forks	ND	00:13:52.57	00:39:11.00	00:29:36.30		01:26:16.14
6	141/187	58/85	15	Chelsey Carlson	27	F	Grand Rapids	MN	00:16:28.82	00:42:07.20	00:29:57.14		01:31:54.50
7	142/187	59/85	93	Haley Mcneil	25	F	Hill City	MN	00:14:14.75	00:41:33.49	00:33:04.09		01:31:58.47
8	146/187	62/85	82	Taylor Lundberg	25	F	Chicago	IL	00:15:12.47	00:41:03.68	00:31:15.03		01:32:43.64
9	150/187	63/85	140	Emily Takekawa	29	F	Eden Prairie	MN	00:15:10.23	00:42:09.99	00:32:36.07		01:33:54.75
10	155/187	68/85	149	Melissa Zamzow	26	F	Duluth	MN	00:13:54.20	00:40:49.85	00:33:25.47		01:34:47.65
11	167/187	76/85	139	Cara Stromback	29	F	Duluth	MN	00:14:40.53	00:44:30.87	00:32:30.41		01:37:10.84
12	171/187	80/85	104	Paige Nelson	29	F	International Falls	MN	00:17:11.53	00:49:49.50	00:27:37.74		01:39:29.05
13	184/187	84/85	4	Alicia Benham	27	F	Minneapolis	MN	00:28:17.72	00:43:48.38	00:43:21.23		02:04:56.77

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	52/187	37/102	188	Jake Guello	27	M	Bemidji	MN	00:14:37.23	00:33:40.21	00:22:30.89		01:14:56.57
2	56/187	41/102	298	Billy Utter	28	M	Plymouth	MN	00:13:45.05	00:36:45.35	00:21:48.11		01:15:28.06
3	77/187	54/102	305	Brooks Zamzow	25	M	Duluth	MN	00:11:38.06	00:36:58.03	00:25:27.88		01:18:42.32
4	82/187	57/102	202	Charles Hilligoss	28	M	Minneapolis	MN	00:14:21.77	00:35:29.90	00:24:30.68		01:19:14.38
5	88/187	62/102	362	Bronson Crites	25	M	Duluth	MN	00:11:37.24	00:33:04.99	00:32:31.29		01:20:00.88
6	89/187	63/102	296	Travis Tufte	28	M	Hopkins	MN	00:15:18.14	00:36:14.56	00:23:57.79		01:20:01.88
7	136/187	81/102	278	Matt Scardigli	28	M	Minneapolis	MN	00:14:26.67	00:43:33.80	00:26:59.92		01:30:29.61
8	147/187	85/102	243	Jascha Marchuk	28	M	Blaine	MN	00:15:27.51	00:44:20.20	00:28:15.95		01:32:55.89

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## Overall Division Results

## Sprint Individual

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
9	159/187	89/102	265	Bobby Pearson	27	M	Grand Forks	ND	00:18:06.05	00:42:58.80	00:29:08.46		01:35:40.14

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	45/187	12/85	147	Terry Wosmek	30	F	Duluth	MN	00:13:29.24	00:34:38.74	00:23:49.61		01:14:11.31
2	91/187	27/85	95	Emily Michog	32	F	Duluth	MN	00:12:13.22	00:36:40.99	00:27:50.13		01:20:14.88
3	108/187	38/85	48	Laura Helmbrecht	30	F	Minneapolis	MN	00:11:32.33	00:39:07.25	00:29:27.52		01:24:55.64
4	109/187	39/85	85	Jessie Maher	33	F	Bemidji	MN	00:11:06.31	00:44:56.08	00:26:35.15		01:25:14.51
5	135/187	55/85	105	Sarah Nevalainen	34	F	Kabetogama	MN	00:18:23.06	00:40:08.37	00:26:47.93		01:30:10.10
6	145/187	61/85	110	Molly Ongaro	30	F	Hibbing	MN	00:12:49.31	00:47:22.81	00:26:10.18		01:32:38.86
7	165/187	74/85	122	Hillary Ross	34	F	Minneapolis	MN	00:12:42.55	00:45:10.41	00:34:42.82		01:37:04.90

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	5/187	5/102	368	Thomas Loegering	34	M	West Fargo	ND	00:11:23.79	00:28:49.62	00:19:50.49		01:02:21.48
2	27/187	18/102	316	Fr. Ben Hadrich	34	M	International Falls	MN	00:11:29.49	00:34:16.00	00:19:47.03		01:09:41.06
3	30/187	21/102	251	Andrew Moe	31	M	Minneapolis	MN	00:14:08.31	00:33:08.52	00:19:49.83		01:11:12.40
4	40/187	30/102	167	Ryan Christensen	33	M	Prior Lake	MN	00:11:39.50	00:32:37.79	00:26:09.62		01:13:20.53
5	47/187	35/102	309	Matthew Johnson	33	M	Duluth	MN	00:11:28.88	00:36:25.64	00:22:09.18		01:14:22.12
6	51/187	36/102	173	Thomas Dehler	32	M	International Falls	MN	00:13:55.70	00:34:47.90	00:22:13.95		01:14:44.38
7	67/187	46/102	257	Drew Nelson	31	M	International Falls	MN	00:14:27.80	00:36:12.43	00:22:25.68		01:17:12.76
8	85/187	59/102	273	Nick Rothstein	32	M	Minneapolis	MN	00:14:22.99	00:39:11.72	00:22:44.44		01:19:55.63
9	137/187	82/102	179	Joseph Erickson	30	M	Park Rapids	MN	00:13:30.29	00:39:35.25	00:33:29.53		01:31:10.07
10	148/187	86/102	214	Kai Johnson	32	M	Laguna Hills	CA	00:14:03.30	00:42:23.75	00:32:28.37		01:33:30.73
11	181/187	98/102	235	Hansraj Lakhan	34	M	Minneapolis	MN	00:20:29.31	00:47:35.15	00:36:58.73		01:50:16.90

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
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# Timberman Triathlon

July 8, 2017

## Overall Division Results

## Sprint Individual

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	18/187	7/85	87	Tara Makinen	38	F	Grand Rapids	MN	00:11:14.80	00:31:22.32	00:21:58.20		01:06:35.37
2	34/187	10/85	25	Julie Feldman	36	F	Inver Grove Heights	MN	00:11:24.80	00:33:13.20	00:25:19.04		01:12:37.84
3	114/187	41/85	66	Stephanie Kemp	36	F	Hibbing	MN	00:14:39.81	00:41:22.86	00:26:40.92		01:26:01.01
4	126/187	51/85	102	Holly Neary	39	F	Cohasset	MN	00:13:52.77	00:40:53.06	00:28:58.10		01:27:31.53
5	132/187	53/85	92	Sarah Mcbroom	36	F	Coleraine	MN	00:14:52.75	00:43:46.87	00:27:24.21		01:29:44.85
6	134/187	54/85	310	Jen Toewe	37	F	Grand Rapids	MN	00:14:35.46	00:43:26.77	00:27:06.46		01:29:59.89
7	154/187	67/85	363	Marin Peterson	35	F	Foxboro	WI	00:18:38.01	00:41:48.36	00:29:29.43		01:34:41.60
8	160/187	71/85	131	Jackie Smalley	35	F	Saint Paul	MN	00:13:46.06	00:43:20.24	00:33:47.43		01:35:47.62
9	163/187	73/85	54	Dayle Hushagen	39	F	Pequot Lakes	MN	00:14:55.20	00:41:00.96	00:34:33.12		01:36:23.73

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	8/187	8/102	209	Philip Imholte	37	M	Grand Rapids	MN	00:09:22.98	00:32:53.75	00:19:45.51		01:03:56.37
2	10/187	10/102	301	Craig Walli	35	M	Hibbing	MN	00:10:07.24	00:30:30.84	00:22:07.65		01:04:46.61
3	23/187	15/102	317	Josh Troumbly	38	M	Bovey	MN	00:11:42.33	00:29:45.50	00:23:34.12		01:07:44.37
4	26/187	17/102	222	Luther Kemp	38	M	Hibbing	MN	00:11:26.25	00:31:17.10	00:24:03.42		01:08:55.61
5	111/187	71/102	153	Ben Anderson	37	M	Moorhead	MN	00:15:13.85	00:36:58.70	00:29:08.68		01:25:48.08
6	182/187	99/102	282	Trenton Simon	37	M	Park Rapids	MN	00:19:53.81	00:44:30.56	00:42:11.69		01:52:15.12

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	21/187	8/85	111	Kerri Persons	42	F	Duluth	MN	00:10:28.43	00:31:03.79	00:23:34.78		01:07:17.60
2	49/187	14/85	314	Michelle Shelp	43	F	Maple Plain	MN	00:12:00.81	00:33:26.75	00:25:49.50		01:14:34.95
3	58/187	17/85	65	Julie Kemp	44	F	Esko	MN	00:13:51.02	00:34:01.74	00:24:11.48		01:15:39.07
4	92/187	28/85	124	Renee Saamanen	41	F	Duluth	MN	00:13:27.07	00:33:27.21	00:30:07.66		01:20:32.99
5	96/187	31/85	118	Kimberly Radloff	44	F	Saginaw	MN	00:12:09.40	00:38:00.41	00:28:52.35		01:22:06.39
6	103/187	35/85	10	Mina Bradley	44	F	Duluth	MN	00:11:25.06	00:38:47.21	00:31:19.52		01:23:58.46
7	118/187	45/85	43	Amy Haney	44	F	Duluth	MN	00:15:01.02	00:39:37.92	00:28:43.50		01:26:30.85
8	119/187	46/85	125	Tonya Tepley Rabasco	44	F	Pillager	MN	00:17:05.49	00:37:31.64	00:27:02.15		01:26:45.40
9	123/187	48/85	36	Lori Golightly	41	F	Minneapolis	MN	00:14:21.06	00:40:13.13	00:28:46.52		01:27:02.64

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## Overall Division Results

## Sprint Individual

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
10	131/187	52/85	52	Carolyn Humpal	41	F	Grand Rapids	MN	00:11:53.96	00:44:33.25	00:27:50.38		01:29:15.65
11	140/187	57/85	26	Nicole Fleming	40	F	Duluth	MN	00:13:27.56	00:38:32.50	00:35:41.99		01:31:50.15
12	152/187	65/85	44	Tealen Hansen	43	F	Suffolk	VA	00:14:42.29	00:42:05.72	00:32:48.18		01:34:12.85
13	177/187	82/85	116	Alyssa Purdy	43	F	Saint Paul	MN	00:15:07.81	00:41:52.33	00:41:28.84		01:43:56.13

### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	19/187	12/102	348	Marc Grenier	44	M	Duluth	MN	00:12:23.22	00:30:48.49	00:20:58.77		01:06:37.21
2	39/187	29/102	208	Michael Hushagen	41	M	Pequot Lakes	MN	00:11:30.93	00:33:07.63	00:25:19.93		01:13:09.63
3	55/187	40/102	190	Kevin Hagen	40	M	Hibbing	MN	00:12:24.44	00:34:32.99	00:25:15.49		01:15:09.23
4	87/187	61/102	239	Gabriel Lopez	44	M	Suffolk	VA	00:13:37.64	00:34:38.17	00:27:30.50		01:19:59.84
5	129/187	78/102	295	Chad Troumbly	40	M	Grand Rapids	MN	00:15:02.80	00:40:00.18	00:29:24.53		01:27:57.46

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	17/187	6/85	109	Jena Ogston	46	F	Duluth	MN	00:10:23.76	00:31:20.94	00:22:35.52		01:06:31.92
2	84/187	26/85	33	Marlo Gangi	46	F	Coleraine	MN	00:13:27.31	00:35:15.47	00:27:54.76		01:19:34.89
3	94/187	29/85	100	Jaleh Nahvi	47	F	Inver Grove Heights	MN	00:11:55.56	00:38:26.02	00:27:41.99		01:21:38.18
4	95/187	30/85	134	Terri Snell	48	F	Shoreview	MN	00:13:35.73	00:35:04.23	00:28:09.20		01:21:45.64
5	99/187	32/85	77	Susan Lamour	49	F	Inver Grove Heights	MN	00:13:45.31	00:35:43.06	00:29:51.40		01:23:13.59
6	100/187	33/85	346	Cindy Shevich	46	F	Deer River	MN	00:15:00.00	00:38:12.68	00:27:36.27		01:23:13.98
7	102/187	34/85	16	Kathleen Carlson	49	F	Minneapolis	MN	00:12:55.70	00:37:08.16	00:29:25.70		01:23:53.89
8	125/187	50/85	49	Sue Holm	48	F	Deer River	MN	00:12:00.68	00:41:42.24	00:30:22.73		01:27:29.39
9	157/187	70/85	143	Audra Vogel	48	F	Sartell	MN	00:17:30.46	00:41:10.28	00:30:40.22		01:35:09.40
10	180/187	83/85	80	Olga Lopez	47	F	Suffolk	VA	00:21:10.82	00:48:19.98	00:33:26.74		01:49:34.91

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
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# Timberman Triathlon

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## Overall Division Results

## Sprint Individual

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	9/187	9/102	339	Bill Kelley	45	M	Wrenshall	MN	00:10:06.04	00:30:51.74	00:20:52.66		01:04:19.61
2	20/187	13/102	158	Christofer Botten	47	M	Duluth	MN	00:11:21.55	00:29:59.47	00:22:14.38		01:06:56.30
3	22/187	14/102	253	Tony Mosser	45	M	Lakeville	MN	00:10:16.54	00:32:34.42	00:21:18.26		01:07:28.96
4	29/187	20/102	129	Doug Berg	49	M	Duluth	MN	00:12:04.80	00:31:47.43	00:23:39.58		01:10:44.28
5	32/187	23/102	192	Kevin Haney	46	M	Duluth	MN	00:11:18.29	00:33:08.80	00:23:27.38		01:11:22.63
6	33/187	24/102	286	Matthew Snell	49	M	Shoreview	MN	00:11:48.85	00:33:08.67	00:22:20.67		01:12:16.88
7	35/187	25/102	175	Curt Dimberio	46	M	Duluth	MN	00:15:20.77	00:33:01.15	00:21:42.64		01:12:41.63
8	46/187	34/102	294	Jeff Tillman	48	M	Cohasset	MN	00:13:20.18	00:33:53.64	00:24:09.19		01:14:19.88
9	54/187	39/102	269	Tony Radloff	49	M	Saginaw	MN	00:14:55.05	00:32:03.35	00:24:22.13		01:15:07.00
10	62/187	44/102	291	Tony Tallman	48	M	Hopkins	MN	00:13:13.04	00:35:33.25	00:23:30.31		01:15:55.76
11	72/187	50/102	197	Joel Harris	49	M	Duluth	MN	00:12:11.41	00:35:40.64	00:27:13.45		01:18:11.03
12	73/187	51/102	168	Michael Clark	49	M	Rochester	MN	00:11:50.27	00:36:06.49	00:25:45.91		01:18:17.29
13	74/187	52/102	268	Daniel Radloff	46	M	Duluth	MN	00:13:53.05	00:32:21.59	00:28:59.05		01:18:20.63
14	112/187	72/102	320	Mike Wingate	48	M	Overland Park	KS	00:12:02.80	00:43:17.67	00:26:01.03		01:25:53.82
15	133/187	80/102	285	Jason Skiple	46	M	Fargo	ND	00:12:50.71	00:40:44.89	00:31:14.87		01:29:58.40
16	143/187	84/102	341	James Lefor	46	M	Superior	WI	00:14:27.45	00:37:35.28	00:36:32.76		01:32:00.39
17	164/187	91/102	236	Romesh Lakhan	49	M	Duluth	MN	00:15:15.06	00:42:08.26	00:26:27.36		01:36:45.61

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	48/187	13/85	18	Petra Cervenkova	50	F	Grand Rapids	MN	00:13:27.06	00:35:08.26	00:23:07.60		01:14:30.88
2	60/187	18/85	72	Julie Knochenmus	51	F	Esko	MN	00:13:21.30	00:34:38.91	00:25:17.52		01:15:47.38
3	106/187	36/85	146	Mary Wilcox	50	F	Falls Church	VA	00:11:36.88	00:39:46.39	00:29:15.54		01:24:35.39
4	153/187	66/85	14	Crystal Brown	52	F	Maple	WI	00:15:17.28	00:43:05.54	00:31:13.33		01:34:39.82

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/187	11/102	176	Daniel Duff	53	M	Duluth	MN	00:10:07.00	00:31:34.96	00:20:17.27		01:04:54.69
2	42/187	32/102	218	James Justus	54	M	Cohasset	MN	00:09:52.72	00:36:11.85	00:23:53.44		01:13:29.88
3	64/187	45/102	366	Matt Evans	51	M	Eau Claire	WI	00:09:32.35	00:34:56.64	00:26:29.42		01:16:29.31

# Timberman Triathlon

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## Overall Division Results

## Sprint Individual

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
4	90/187	64/102	174	Scott Deturk	53	M	Newark	DE	00:14:45.95	00:35:09.49	00:26:16.86		01:20:14.63
5	93/187	65/102	196	Kyle Harju	53	M	Monticello	MN	00:12:13.65	00:33:48.83	00:29:57.33		01:20:43.63
6	97/187	66/102	246	Douglas Mcneil	54	M	Hill City	MN	00:14:50.80	00:36:54.18	00:27:00.47		01:22:42.64
7	113/187	73/102	193	L J Hansen	51	M	Suffolk	VA	00:15:00.56	00:37:49.49	00:28:25.13		01:25:56.84
8	121/187	74/102	212	Todd Isaacs	52	M	Maple Grove	MN	00:16:41.81	00:36:26.30	00:31:11.86		01:26:49.05
9	161/187	90/102	230	Todd Kruse	52	M	Inver Grove Heights	MN	00:16:39.56	00:41:03.74	00:33:46.90		01:36:10.08
10	174/187	93/102	306	Daniel Zemke	50	M	Oronoco	MN	00:25:43.79	00:44:07.36	00:28:30.60		01:41:35.25

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	63/187	19/85	112	Judith Peters	57	F	Saint Cloud	MN	00:13:36.75	00:35:09.81	00:24:37.88		01:16:20.88
2	115/187	42/85	61	Lorena Jenks	55	F	Fort Frances	ON	00:14:40.65	00:39:46.70	00:27:58.59		01:26:06.71
3	124/187	49/85	135	Beverly Soukup	56	F	Sartell	MN	00:16:53.32	00:40:23.54	00:25:25.99		01:27:04.64
4	139/187	56/85	355	Nancy Witherspoon	59	F	Fort Frances	ON	00:17:09.54	00:39:46.22	00:31:49.10		01:31:45.86
5	156/187	69/85	113	Lisa Peterson	56	F	Mpls	MN	00:20:13.47	00:39:49.91	00:31:18.84		01:35:02.98

### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	24/187	16/102	254	Mike Murray	58	M	Sartell	MN	00:11:07.30	00:31:48.53	00:23:05.42		01:08:24.62
2	28/187	19/102	229	Paul Kovach	56	M	Duluth	MN	00:12:04.51	00:30:40.63	00:25:14.51		01:10:25.38
3	38/187	28/102	233	Allen Kutz	58	M	Sartell	MN	00:12:26.05	00:34:53.45	00:22:48.97		01:12:56.25
4	41/187	31/102	226	Walter Knochenmus	56	M	Esko	MN	00:12:37.80	00:33:19.94	00:25:08.88		01:13:26.93
5	53/187	38/102	360	Rich Heytens	55	M	Brooklyn Park	MN	00:13:05.96	00:32:35.47	00:26:07.57		01:14:57.05
6	59/187	42/102	154	Randy Back	58	M	Superior	WI	00:17:22.81	00:32:40.81	00:23:16.23		01:15:43.75
7	78/187	55/102	263	Steve Otto	58	M	Cohasset	MN	00:14:58.76	00:36:34.31	00:24:27.81		01:19:05.00
8	80/187	56/102	258	Eric Nelson	59	M	Minneapolis	MN	00:12:07.30	00:36:30.39	00:26:27.19		01:19:09.38
9	86/187	60/102	228	David Kooda	56	M	Grand Rapids	MN	00:11:38.46	00:36:34.60	00:26:54.52		01:19:58.21
10	98/187	67/102	166	Marc Chiodo	59	M	Minneapolis	MN	00:16:07.70	00:33:05.53	00:29:08.93		01:23:05.37
11	158/187	88/102	365	Bruce Bolton	55	M	Park Rapids	MN	00:17:56.31	00:40:56.50	00:31:45.86		01:35:31.15
12	176/187	95/102	293	David Thesing	59	M	Coon Rapids	MN	00:15:25.81	00:49:26.57	00:30:06.53		01:41:42.15



# Timberman Triathlon

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## Overall Division Results

## Sprint Individual

### Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	168/187	77/85	89	Sandy Marden-Lokken	64	F	Duluth	MN	00:17:17.46	00:43:29.58	00:30:43.77		01:37:27.07
2	187/187	85/85	108	Maris O'connell	62	F	Moorhead	MN	00:24:42.00	00:54:31.39	00:43:34.28		02:16:27.17

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	69/187	48/102	290	Bill Stroozas	61	M	Duluth	MN	00:11:48.04	00:36:00.86	00:25:52.28		01:17:32.64
2	70/187	49/102	270	Mark Rauschenfels	62	M	Duluth	MN	00:12:44.39	00:32:54.74	00:28:34.93		01:17:49.63
3	122/187	75/102	172	Greg Dehler	61	M	Roseville	MN	00:16:18.81	00:34:03.39	00:31:23.20		01:27:02.39
4	128/187	77/102	357	Mark Peske	61	M	Deer River	MN	00:17:18.80	00:42:02.35	00:23:39.79		01:27:49.14
5	130/187	79/102	152	Rick Agar	63	M	Duluth	MN	00:16:13.87	00:38:04.16	00:30:02.80		01:27:59.14

### Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	151/187	64/85	45	Elaine Hanson	65	F	Nevis	MN	00:17:55.22	00:38:09.25	00:33:42.76		01:34:00.65
2	170/187	79/85	11	Margi Braun	68	F	Palos Verdes Estates	CA	00:15:36.57	00:45:13.33	00:31:16.75		01:38:13.00

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	68/187	47/102	242	John Mahowald	67	M	Saint Cloud	MN	00:15:10.98	00:33:15.49	00:24:58.59		01:17:24.50
2	83/187	58/102	170	Daniel Conway	67	M	Erskine	MN	00:12:58.01	00:35:27.03	00:27:08.59		01:19:19.86
3	101/187	68/102	283	Michael Sjogren	66	M	Saint Cloud	MN	00:12:41.55	00:34:55.82	00:31:58.94		01:23:31.14
4	127/187	76/102	164	Bob Carlson	66	M	Minneapolis	MN	00:16:46.56	00:38:13.50	00:24:55.93		01:27:34.31
5	138/187	83/102	178	Hartman Erickson	66	M	Burnsville	MN	00:12:27.92	00:39:14.54	00:33:39.62		01:31:28.18
6	175/187	94/102	219	Joe Kandiko	67	M	Excelsior	MN	00:14:06.73	00:41:03.09	00:40:11.28		01:41:39.71
7	179/187	97/102	302	Richard Weil	67	M	Saint Paul	MN	00:20:55.28	00:49:09.24	00:28:27.91		01:48:34.32

# Timberman Triathlon

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## Overall Division Results

## Sprint Individual

### Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	144/187	60/85	345	Nancy Bauer	70	F	Champlin	MN	00:16:19.82	00:40:21.84	00:30:58.05		01:32:03.35

### Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	178/187	96/102	361	Mark Stange	71	M	Shoreview	MN	00:15:35.40	00:41:54.23	00:44:43.85		01:48:28.03
2	186/187	102/102	207	Ed Howat	72	M	Saint Paul	MN	00:31:17.51	00:43:45.97	00:43:20.63		02:07:56.17

### Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	149/187	87/102	289	Daryl Stevens	75	M	Sartell	MN	00:15:06.50	00:35:53.49	00:39:26.87		01:33:51.89
2	185/187	101/102	247	Don Meck	78	M	Siren	WI	00:19:44.51	00:43:48.74	00:47:29.21		02:05:19.66