

Loop de Loop Half Marathon and 5K-10K

September 21, 2019

Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/25	1/2	171	Kyle Gilberg	M	22	Decorah	IA	6:00	00:18:39.53
2	2/25	1/5	372	Alexander Steding	M	50	Decorah	IA	6:07	00:19:02.46
3	1/51	1/15	66	Koby Hagen	F	35	Decorah	IA	6:19	00:19:40.42
4	3/25	1/7	375	Brian Walker	M	38	Decorah	IA	6:42	00:20:50.74
5	4/25	1/2	165	Robert Dean	M	19	Saint Paul	MN	6:50	00:21:14.09
6	2/51	2/15	293	Amber Uhlenhake	F	32	Stewartville	MN	7:07	00:22:09.50
7	5/25	2/2	65	Dakota Cooley	M	20	Hawkeye	IA	7:16	00:22:36.73
8	3/51	1/8	378	April Yelich	F	21	Minneapolis	MN	7:17	00:22:40.03
9	4/51	1/3	168	Jorja Folkedahl	F	13	Decorah	IA	7:19	00:22:46.47
10	6/25	2/5	77	James Stenseth	M	54	Calmar	IA	7:27	00:23:09.63
11	7/25	3/5	79	Jesse Leuenberger	M	47	Decorah	IA	8:04	00:25:04.73
12	5/51	2/8	157	Ariana Cervantes	F	29	Decorah	IA	8:19	00:25:52.03
13	8/25	1/6	74	Kevin Sprung	M	63	Osage	IA	8:23	00:26:04.98
14	9/25	2/6	62	Doyle Allen	M	68	Postville	IA	8:40	00:26:57.29
15	6/51	1/7	73	Ava Gauley	F	11	Decorah	IA	8:44	00:27:08.73
16	7/51	3/15	181	Katie Martin	F	32	Decorah	IA	8:44	00:27:09.13
17	8/51	1/7	176	Nika Lee	F	61	Decorah	IA	8:45	00:27:12.39
18	10/25	2/7	289	Jason Shaw	M	42	Topeka	KS	8:46	00:27:16.66
19	9/51	4/15	379	Renessa Zurbriggen	F	41	Elgin	IA	8:47	00:27:19.93
20	10/51	1/11	191	Kathleen Scott	F	55	Westgate	IA	8:47	00:27:20.04
21	11/25	4/5	164	John Dawley	M	54	Ridgeway	IA	8:55	00:27:43.27
22	12/25	3/7	187	Justin Reid	M	33	Plover	WI	9:02	00:28:04.41
23	13/25	3/6	199	Lee Smith	M	72	Elkader	IA	9:03	00:28:09.49
24	11/51	2/7	382	Hope Zurbriggen	F	11	Elgin	IA	9:10	00:28:29.54
25	12/51	3/7	190	Hannah Scott	F	11	Westgate	IA	9:10	00:28:29.78
26	14/25	4/7	78	Ben Stenseth	M	30	Calmar	IA	9:22	00:29:08.16
27	13/51	4/7	156	Rosella Burkholder	F	8	Decorah	IA	9:28	00:29:26.43
28	14/51	2/11	183	Beth Perry	F	54	Waucoma	IA	9:33	00:29:41.79
29	15/51	5/15	194	Liz Siepker	F	37	Decorah	IA	9:33	00:29:41.84
30	15/25	5/7	195	Mike Siepker	M	40	Decorah	IA	9:34	00:29:43.54
31	16/51	3/8	170	Tiffany Garvin	F	28	Des Moines	IA	9:46	00:30:23.26
32	17/51	3/11	75	Sharon Elsbernd	F	55	Calmar	IA	9:54	00:30:46.54
33	18/51	5/7	147	Liv Anderson	F	9	Decorah	IA	9:54	00:30:48.30
34	19/51	6/7	76	Leah Garcia-Prats	F	9	Decorah	IA	9:54	00:30:48.43
35	20/51	6/15	186	Jessica Rediske	F	38	Decorah	IA	10:02	00:31:13.39
36	21/51	2/3	177	Jenna Lemke	F	13	Decorah	IA	10:16	00:31:55.20
37	22/51	7/15	154	Effie Burkholder	F	31	Decorah	IA	10:20	00:32:07.59
38	16/25	5/5	174	Thomas Hartman	M	56	Decorah	IA	10:22	00:32:12.88
39	23/51	4/8	150	Kelsey Bovy	F	23	West Union	IA	10:28	00:32:33.54
40	24/51	4/11	169	Chynia Garvin	F	53	West Union	IA	10:28	00:32:33.79
41	25/51	2/7	172	Diane Hammel	F	65	Stewartville	MN	10:38	00:33:05.22
42	17/25	2/2	161	Zachariah Cramer	M	18	Solon	IA	10:53	00:33:51.29
43	26/51	3/7	69	Patricia Junko	F	64	Lawler	IA	10:54	00:33:53.96
44	18/25	4/6	64	Paul Trafelet	M	65	Hawkeye	IA	10:57	00:34:03.04
45	27/51	5/11	193	Carolyn Sexton	F	57	Decorah	IA	11:14	00:34:54.88
46	28/51	8/15	185	Ashley Rauk	F	36	Decorah	IA	11:19	00:35:09.79
47	19/25	1/3	155	Matthew Burkholder	M	10	Decorah	IA	11:42	00:36:23.00
48	29/51	9/15	198	Leann Smith	F	32	Riceville	IA	11:49	00:36:45.92
49	30/51	6/11	197	Geralyn Smith	F	59	Waukon	IA	11:50	00:36:48.76
50	31/51	4/7	180	Janell Ludens	F	62	Cresco	IA	11:52	00:36:54.80
51	32/51	7/11	167	Marcy Fadness	F	50	Decorah	IA	11:57	00:37:08.05
52	20/25	5/6	68	Thomas Junko	M	65	Lawler	IA	12:00	00:37:18.79

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
53	33/51	5/7	67	Nancy Grinna	F	67	Decorah	IA	12:29	00:38:48.04
54	34/51	10/15	72	Breanna Knowles	F	35	Rockwell	IA	12:33	00:38:59.73
55	35/51	7/7	178	Kylie Lemke	F	11	Decorah	IA	12:34	00:39:05.42
56	36/51	11/15	377	Sarah Wilder	F	36	Decorah	IA	12:53	00:40:04.05
57	21/25	2/3	381	Theo Wilder	M	5	Decorah	IA	12:53	00:40:04.11
58	22/25	6/7	376	Chris Wilder	M	37	Decorah	IA	12:54	00:40:05.49
59	37/51	5/8	196	Alissa Smith	F	25	Readlyn	IA	13:33	00:42:07.98
60	38/51	12/15	179	Laura Lemke	F	34	Decorah	IA	13:33	00:42:08.59
61	23/25	7/7	71	Steven Hein	M	37	Calmar	IA	14:26	00:44:51.02
62	39/51	6/8	158	Taylor Vickerman	F	28	Decorah	IA	14:58	00:46:31.54
63	40/51	7/8	162	Zariah Curran	F	25	Decorah	IA	15:05	00:46:53.05
64	41/51	8/8	182	Hannah Meyer	F	26	Decorah	IA	15:09	00:47:06.27
65	42/51	6/7	369	Sue Snell	F	67	Decorah	IA	15:09	00:47:06.80
66	43/51	13/15	166	Kirsten Dejarlais Snell	F	30	Decorah	IA	15:10	00:47:07.48
67	44/51	7/7	374	Kathy Tollefsrud	F	70	Decorah	IA	15:10	00:47:07.55
68	45/51	14/15	371	Shannon Spalla	F	44	Decorah	IA	15:25	00:47:56.30
69	46/51	8/11	188	Cindy Renken	F	51	Decorah	IA	15:25	00:47:56.72
70	47/51	9/11	370	Jody Snyder	F	52	Decorah	IA	15:26	00:47:57.73
71	48/51	10/11	173	Sandy Harman	F	57	Decorah	IA	15:26	00:47:58.53
72	24/25	6/6	160	Mark Cramer	M	63	Solon	IA	15:31	00:48:13.99
73	49/51	11/11	159	Elaine Cramer	F	56	Solon	IA	15:31	00:48:13.99
74	25/25	3/3	148	Ishmael Baur	M	4	Saint Paul	MN	16:54	00:52:31.80
75	50/51	15/15	373	Sadaf Syeda	F	39	Maplewood	MN	16:57	00:52:41.82
76	51/51	3/3	383	Mashal Wajid	F	15	Maplewood	MN	17:03	00:52:58.89