

Loop de Loop Half Marathon and 5K-10K

September 21, 2019

5K

Overall Results - Female

Place	Overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	Pace	Time
1	3/76	1/15	66	Koby Hagen	F	35	Decorah	IA	6:19	00:19:40.42
2	6/76	2/15	293	Amber Uhlenhake	F	32	Stewartville	MN	7:07	00:22:09.50
3	8/76	1/8	378	April Yelich	F	21	Minneapolis	MN	7:17	00:22:40.03
4	9/76	1/3	168	Jorja Folkedahl	F	13	Decorah	IA	7:19	00:22:46.47
5	12/76	2/8	157	Ariana Cervantes	F	29	Decorah	IA	8:19	00:25:52.03
6	15/76	1/7	73	Ava Gauley	F	11	Decorah	IA	8:44	00:27:08.73
7	16/76	3/15	181	Katie Martin	F	32	Decorah	IA	8:44	00:27:09.13
8	17/76	1/7	176	Nika Lee	F	61	Decorah	IA	8:45	00:27:12.39
9	19/76	4/15	379	Renessa Zurbriggen	F	41	Elgin	IA	8:47	00:27:19.93
10	20/76	1/11	191	Kathleen Scott	F	55	Westgate	IA	8:47	00:27:20.04
11	24/76	2/7	382	Hope Zurbriggen	F	11	Elgin	IA	9:10	00:28:29.54
12	25/76	3/7	190	Hannah Scott	F	11	Westgate	IA	9:10	00:28:29.78
13	27/76	4/7	156	Rosella Burkholder	F	8	Decorah	IA	9:28	00:29:26.43
14	28/76	2/11	183	Beth Perry	F	54	Waucoma	IA	9:33	00:29:41.79
15	29/76	5/15	194	Liz Siepker	F	37	Decorah	IA	9:33	00:29:41.84
16	31/76	3/8	170	Tiffany Garvin	F	28	Des Moines	IA	9:46	00:30:23.26
17	32/76	3/11	75	Sharon Elsbernd	F	55	Calmar	IA	9:54	00:30:46.54
18	33/76	5/7	147	Liv Anderson	F	9	Decorah	IA	9:54	00:30:48.30
19	34/76	6/7	76	Leah Garcia-Prats	F	9	Decorah	IA	9:54	00:30:48.43
20	35/76	6/15	186	Jessica Rediske	F	38	Decorah	IA	10:02	00:31:13.39
21	36/76	2/3	177	Jenna Lemke	F	13	Decorah	IA	10:16	00:31:55.20
22	37/76	7/15	154	Effie Burkholder	F	31	Decorah	IA	10:20	00:32:07.59
23	39/76	4/8	150	Kelsey Bovy	F	23	West Union	IA	10:28	00:32:33.54
24	40/76	4/11	169	Chynia Garvin	F	53	West Union	IA	10:28	00:32:33.79
25	41/76	2/7	172	Diane Hammel	F	65	Stewartville	MN	10:38	00:33:05.22
26	43/76	3/7	69	Patricia Junko	F	64	Lawler	IA	10:54	00:33:53.96
27	45/76	5/11	193	Carolyn Sexton	F	57	Decorah	IA	11:14	00:34:54.88
28	46/76	8/15	185	Ashley Rauk	F	36	Decorah	IA	11:19	00:35:09.79
29	48/76	9/15	198	Leann Smith	F	32	Riceville	IA	11:49	00:36:45.92
30	49/76	6/11	197	Gerilyn Smith	F	59	Waukon	IA	11:50	00:36:48.76
31	50/76	4/7	180	Janell Ludens	F	62	Cresco	IA	11:52	00:36:54.80
32	51/76	7/11	167	Marcy Fadness	F	50	Decorah	IA	11:57	00:37:08.05
33	53/76	5/7	67	Nancy Grinna	F	67	Decorah	IA	12:29	00:38:48.04
34	54/76	10/15	72	Breanna Knowles	F	35	Rockwell	IA	12:33	00:38:59.73
35	55/76	7/7	178	Kylie Lemke	F	11	Decorah	IA	12:34	00:39:05.42
36	56/76	11/15	377	Sarah Wilder	F	36	Decorah	IA	12:53	00:40:04.05
37	59/76	5/8	196	Alissa Smith	F	25	Readlyn	IA	13:33	00:42:07.98
38	60/76	12/15	179	Laura Lemke	F	34	Decorah	IA	13:33	00:42:08.59
39	62/76	6/8	158	Taylor Vickerman	F	28	Decorah	IA	14:58	00:46:31.54
40	63/76	7/8	162	Zariah Curran	F	25	Decorah	IA	15:05	00:46:53.05
41	64/76	8/8	182	Hannah Meyer	F	26	Decorah	IA	15:09	00:47:06.27
42	65/76	6/7	369	Sue Snell	F	67	Decorah	IA	15:09	00:47:06.80
43	66/76	13/15	166	Kirsten Dejarlais Snell	F	30	Decorah	IA	15:10	00:47:07.48
44	67/76	7/7	374	Kathy Tollefsrud	F	70	Decorah	IA	15:10	00:47:07.55
45	68/76	14/15	371	Shannon Spalla	F	44	Decorah	IA	15:25	00:47:56.30
46	69/76	8/11	188	Cindy Renken	F	51	Decorah	IA	15:25	00:47:56.72
47	70/76	9/11	370	Jody Snyder	F	52	Decorah	IA	15:26	00:47:57.73
48	71/76	10/11	173	Sandy Harman	F	57	Decorah	IA	15:26	00:47:58.53
49	73/76	11/11	159	Elaine Cramer	F	56	Solon	IA	15:31	00:48:13.99
50	75/76	15/15	373	Sadaf Syeda	F	39	Maplewood	MN	16:57	00:52:41.82

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51	76/76	3/3	383	Mashal Wajid	F	15	Maplewood	MN	17:03	00:52:58.89

Overall Results - Male

Place	Overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/76	1/2	171	Kyle Gilberg	M	22	Decorah	IA	6:00	00:18:39.53
2	2/76	1/5	372	Alexander Steding	M	50	Decorah	IA	6:07	00:19:02.46
3	4/76	1/7	375	Brian Walker	M	38	Decorah	IA	6:42	00:20:50.74
4	5/76	1/2	165	Robert Dean	M	19	Saint Paul	MN	6:50	00:21:14.09
5	7/76	2/2	65	Dakota Cooley	M	20	Hawkeye	IA	7:16	00:22:36.73
6	10/76	2/5	77	James Stenseth	M	54	Calmar	IA	7:27	00:23:09.63
7	11/76	3/5	79	Jesse Leunenberger	M	47	Decorah	IA	8:04	00:25:04.73
8	13/76	1/6	74	Kevin Sprung	M	63	Osage	IA	8:23	00:26:04.98
9	14/76	2/6	62	Doyle Allen	M	68	Postville	IA	8:40	00:26:57.29
10	18/76	2/7	289	Jason Shaw	M	42	Topeka	KS	8:46	00:27:16.66
11	21/76	4/5	164	John Dawley	M	54	Ridgeway	IA	8:55	00:27:43.27
12	22/76	3/7	187	Justin Reid	M	33	Plover	WI	9:02	00:28:04.41
13	23/76	3/6	199	Lee Smith	M	72	Elkader	IA	9:03	00:28:09.49
14	26/76	4/7	78	Ben Stenseth	M	30	Calmar	IA	9:22	00:29:08.16
15	30/76	5/7	195	Mike Siepker	M	40	Decorah	IA	9:34	00:29:43.54
16	38/76	5/5	174	Thomas Hartman	M	56	Decorah	IA	10:22	00:32:12.88
17	42/76	2/2	161	Zachariah Cramer	M	18	Solon	IA	10:53	00:33:51.29
18	44/76	4/6	64	Paul Trafelet	M	65	Hawkeye	IA	10:57	00:34:03.04
19	47/76	1/3	155	Matthew Burkholder	M	10	Decorah	IA	11:42	00:36:23.00
20	52/76	5/6	68	Thomas Junko	M	65	Lawler	IA	12:00	00:37:18.79
21	57/76	2/3	381	Theo Wilder	M	5	Decorah	IA	12:53	00:40:04.11
22	58/76	6/7	376	Chris Wilder	M	37	Decorah	IA	12:54	00:40:05.49
23	61/76	7/7	71	Steven Hein	M	37	Calmar	IA	14:26	00:44:51.02
24	72/76	6/6	160	Mark Cramer	M	63	Solon	IA	15:31	00:48:13.99
25	74/76	3/3	148	Ishmael Baur	M	4	Saint Paul	MN	16:54	00:52:31.80