

Iowa's Pigman Triathlon
 June 1, 1997
 Pleasant Creek State Park, Palo, IA

TOT PLC	DIV PLC	NAME	CITY	ST	AGE	S	SWIM plc	100 time	yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	1/40	Kevin O'Connor	Corcoran	MN	25	M	5	6:45	1:14	1:47	1	36:07	25.8	1:11	2	16:35	5:20	1:02:25
2	1/40	Doug Davis	Burnsville	MN	30	M	2	6:04	1:07	1:55	3	37:29	24.9	1:18	8	17:48	5:44	1:04:34
3	1/14	Jared Berg	Minneapolis	MN	22	M	16	7:17	1:20	2:08	2	37:11	25.1	1:15	9	17:48	5:44	1:05:39
4	1/33	Peter Saurugger	Des Moines	IA	39	M	11	7:05	1:18	2:06	4	37:33	24.8	1:13	12	18:00	5:48	1:05:57
5	2/33	Keith Dunn	Chicago	IL	35	M	37	7:45	1:25	1:52	6	38:05	24.5	1:18	11	17:56	5:46	1:06:56
6	2/40	Kevin Drake	Cedar Rapids	IA	30	M	65	8:26	1:33	2:24	5	37:57	24.6	1:25	5	17:28	5:37	1:07:40
7	1/27	Mark Movic	Des Moines	IA	40	M	10	7:01	1:17	2:09	14	39:43	23.5	1:34	10	17:53	5:45	1:08:20
8	2/40	Darin Wipf	Vermillion	SD	25	M	36	7:44	1:25	2:09	13	39:42	23.5	1:26	6	17:47	5:43	1:08:48
9	1/14	John Punkiewicz	Rock Island	IL	46	M					7	38:45	24.1	1:08	32	19:15	6:12	1:09:09
10	2/14	Mike Morrison	Cedar Rapids	IA	23	M	28	7:36	1:23	2:12	9	39:04	23.9	1:29	22	18:50	6:04	1:09:11
11	1/6	David Scott	Cedar Rapids	IA	15	M	6	6:45	1:14	1:32	29	41:47	22.3	1:23	16	18:24	5:55	1:09:51
12	2/27	Hartmut Andres	Rock Island	IL	43	M	61	8:22	1:32	1:56	12	39:18	23.7	1:23	26	18:57	6:06	1:09:56
13	3/14	Joel Hennings	Omaha	NE	23	M	40	7:51	1:26	1:56	15	39:53	23.4	1:17	30	19:10	6:10	1:10:07
14	3/40	Kenneth Collins	Omaha	NE	27	M	32	7:40	1:24	2:07	10	39:14	23.8	1:26	45	19:55	6:25	1:10:22
15	3/40	Doug Rosen	Bloomington	IL	33	M	44	8:00	1:28	2:37	17	40:34	23.0	1:12	14	18:17	5:53	1:10:40
16	3/33	Jeff Tuohino	Cedar Rapids	IA	36	M	20	7:20	1:20	3:14	8	39:02	23.9	1:10	48	20:04	6:28	1:10:50
17	2/14	Nick Scott	Cedar Rapids	IA	45	M	53	8:14	1:30	1:41	23	41:32	22.4	1:09	18	18:31	5:58	1:11:07
18	4/33	Gary McKibben	Altoona	IA	37	M	38	7:46	1:25	2:44	40	42:22	22.0	1:17	4	17:22	5:35	1:11:31
19	1/10	Sara Feick	Lincoln	NE	32	F	23	7:25	1:21	1:43	36	42:09	22.1	1:12	28	19:02	6:08	1:11:31
20	2/6	Tom Meersman	Arlington Heig	IL	15	M					33	41:53	22.3	1:22	37	19:27	6:16	1:11:41
21	1/14	Becky Gibbs	Minnetonka	MN	22	F	1	6:02	1:06	1:55	46	42:41	21.8	1:18	44	19:52	6:24	1:11:48
22	4/40	Craig Olson	Marion	IA	31	M	63	8:24	1:32	2:26	18	40:36	23.0	1:47	24	18:55	6:05	1:11:48
23	1/5	Joseph Berg	Green Bay	WI	19	M	9	7:00	1:17	2:14	16	40:11	23.2	1:16	89	21:33	6:56	1:12:14
24	4/40	Brad Addink	Muscatine	IA	26	M	97	9:08	1:40	2:17	30	41:48	22.3	1:18	13	18:02	5:48	1:12:33
25	5/33	Scott Green	Davenport	IA	36	M	14	7:16	1:20	2:10	38	42:17	22.0	1:53	34	19:20	6:13	1:12:56
26	1/6	Richard Barry	Middleton	WI	51	M	54	8:15	1:31	1:51	19	40:48	22.8	1:36	59	20:28	6:35	1:12:58
27	6/33	Tim Huffman	Des Moines	IA	36	M	62	8:22	1:32	2:07	42	42:32	21.9	1:22	20	18:40	6:00	1:13:03
28	4/14	Brian Lynch	Iowa City	IA	22	M	107	9:17	1:42	2:52	28	41:44	22.3	1:57	7	17:47	5:43	1:13:37
29	3/27	Jim Gutsch	Lenexa	KS	43	M	117	9:38	1:46	2:00	31	41:49	22.3	1:32	19	18:39	6:00	1:13:38
30	5/40	John Dobbs	Davenport	IA	33	M	79	8:44	1:36	2:42	34	42:00	22.2	1:30	25	18:55	6:05	1:13:51
31	1/3	Sarah Gutsch	Lenexa	KS	15	F	33	7:40	1:24	1:58	53	43:25	21.5	1:23	36	19:26	6:15	1:13:52
32	4/27	Greg Madison	Ankeny	IA	42	M	121	9:48	1:48	2:46	24	41:32	22.4	1:20	17	18:27	5:56	1:13:53
33	1/13	Carol Smolsky	Omaha	NE	37	F	15	7:16	1:20	2:11	25	41:35	22.4	1:23	85	21:28	6:55	1:13:53
34	6/40	Paul Miller	Des Moines	IA	32	M	120	9:47	1:47	2:36	11	39:17	23.7	1:30	67	20:48	6:42	1:13:58
35	1/12	Stacey Brickson	Middleton	WI	28	F	24	7:25	1:21	2:17	27	41:43	22.3	1:34	79	21:08	6:48	1:14:07
36	5/27	Bob Ensminger	Burlington	IA	43	M	110	9:26	1:44	3:05	26	41:35	22.4	1:09	27	18:57	6:06	1:14:12
37	5/40	Eric Sarno	Rock Island	IL	26	M	57	8:19	1:31	3:01	35	42:05	22.1	1:47	31	19:13	6:11	1:14:25
38	7/33	David Dorff	Des Moines	IA	39	M	17	7:17	1:20	3:03	41	42:31	21.9	1:37	51	20:07	6:28	1:14:35
39	2/6	Porter Reed	Elgin	IL	50	M	64	8:24	1:32	2:12	51	43:15	21.6	1:30	35	19:22	6:14	1:14:43
40	8/33	Mark Corley	Waterloo	IA	35	M	26	7:27	1:22	3:04	43	42:32	21.9	1:27	60	20:28	6:35	1:14:58
41	5/14	Tavis Cummings	Keosauqua	IA	20	M	118	9:40	1:46	2:15	48	42:47	21.8	1:36	21	18:42	6:01	1:15:00
42	6/40	Dave Ladehoff	Coralville	IA	27	M	67	8:28	1:33	4:16	72	45:12	20.6	1:02	1	16:14	5:13	1:15:12
43	2/5	Mike B. Hoskovec	Omaha	NE	19	M	3	6:14	1:08	2:53	66	44:32	20.9	1:54	41	19:41	6:20	1:15:14
44	7/40	Kingdon Hawes	Omaha	NE	29	M	103	9:15	1:41	2:53	21	41:22	22.5	1:54	53	20:09	6:29	1:15:33
45	2/10	Mary Eure	Davenport	IA	30	F	76	8:42	1:35	2:26	45	42:38	21.9	1:27	58	20:23	6:34	1:15:36
46	1/2	Todd Schweikert	Ames	IA	17	M	8	6:52	1:15	2:12	57	43:53	21.2	1:21	86	21:32	6:56	1:15:50
47	7/40	Ty Buss	Waterloo	NE	34	M	93	9:02	1:39	3:33	39	42:21	22.0	1:51	29	19:05	6:09	1:15:52
48	8/40	Brad Edmister	Des Moines	IA	30	M	51	8:07	1:29	2:33	37	42:11	22.1	2:02	77	21:03	6:47	1:15:56
49	3/6	Jordan Thompson	Vermillion	SD	15	M	7	6:49	1:15	2:15	55	43:50	21.3	1:15	98	21:56	7:04	1:16:05
50	6/14	Jason Marquardt	Yankton	SD	23	M	68	8:32	1:34	1:37	70	44:58	20.7	1:19	52	20:08	6:29	1:16:34
51	6/27	Tom Henson	Marion	IA	40	M	85	8:52	1:37	2:06	49	42:49	21.8	1:53	71	20:55	6:44	1:16:35
52	9/33	Tom Heuer	Des Moines	IA	39	M	89	8:56	1:38	3:35	58	44:06	21.1	1:45	15	18:23	5:55	1:16:45
53	9/40	Brad Lutchka	Moline	IL	32	M	27	7:32	1:23	2:35	73	45:16	20.6	1:38	42	19:46	6:22	1:16:47
54	10/33	Doug Kennedy	Portage	IN	39	M	46	8:02	1:28	2:24	65	44:25	21.0	1:56	49	20:06	6:28	1:16:53
55	3/14	Patrick McCreary	Hutchinson	KS	46	M	105	9:16	1:42	2:07	54	43:36	21.4	1:10	64	20:44	6:40	1:16:53
56	10/40	Bradley Lake	Madison	WI	30	M	122	9:48	1:48	2:24	20	41:17	22.6	1:34	104	22:05	7:06	1:17:08
57	7/27	Jim Gerk	Cedar Rapids	IA	41	M	109	9:24	1:43	2:01	56	43:50	21.3	1:37	66	20:47	6:41	1:17:39
58	7/14	John Burkle	Iowa City	IA	22	M	70	8:34	1:34	3:38	59	44:06	21.1	2:15	33	19:18	6:13	1:17:51
59	4/14	Al Behrens	Council Bluffs	IA	47	M	153	10:37	1:56	2:58	60	44:07	21.1	1:30	23	18:54	6:05	1:18:06
60	8/40	Barry Breffel	Marion	IA	26	M	45	8:00	1:28	2:35	82	45:36	20.4	1:33	63	20:43	6:40	1:18:27
61	11/33	Jay Marshall	Lincoln	NE	38	M	98	9:09	1:40	2:48	80	45:32	20.5	1:45	38	19:27	6:16	1:18:41
62	11/40	Mark Livesay	Columbia	MO	31	M	111	9:27	1:44	2:48	47	42:46	21.8	1:24	112	22:17	7:10	1:18:42
63	4/6	Ryan Rothermel	Antioch	IL	15	M	13	7:13	1:19	2:06	100	46:33	20.0	2:04	68	20:49	6:42	1:18:45
64	12/40	Peter Ylvisaker	Marion	IA	34	M	77	8:42	1:35	2:50	78	45:30	20.5	1:31	57	20:20	6:33	1:18:53
65	12/33	Tim Ilten	Cedar Rapids	IA	35	M	43	7:59	1:28	2:53	62	44:13	21.1	1:51	100	21:59	7:05	1:18:55
66	13/40	James LaBonne	Zion	IL	31	M	95	9:07	1:40	2:54	69	44:53	20.8	1:16	69	20:50	6:42	1:19:00
67	13/33	CJ Ong, Jr	Cedar Rapids	IA	38	M	134	10:05	1:51	3:35	22	41:31	22.5	2:15	90	21:39	6:58	1:19:05
68	9/40	Robert Huffman	Iowa City	IA	27	M	106	9:16	1:42	3:02	50	42:51	21.8	2:07	95	21:52	7:02	1:19:08
69	10/40	David Lawson	Davenport	IA	26	M	78	8:42	1:35	2:21	86	45:53	20.3	1:25	72	20:57	6:45	1:19:18
70	11/40	Clay Bertram	Shell Rock	IA	25	M	82	8:50	1:37	1:51	44	42:37	21.9	1:21	166	24:49	7:59	1:19:28
71	3/5	Ezra Hallam	Ames	IA	18	M	48	8:04	1:29	3:09	67	44:33	20.9	1:51	106	22:08	7:07	1:19:45
72	14/40	Chris Thomas	Yankton	SD	31	M	71	8:34	1:34	3:06	76	45:29	20.5	1:27	83	21:20	6:52	1:19:56
73	2/12	Kathleen Anderson	Madison	WI	26	F	29	7:36	1:23	2:03	84	45:49	20.3	1:42	130	22:55	7:23	1:20:05
74	15/40	Kiyoshi Endo	Woodbury	MN	30	M	126	9:54	1:49	2:37	71	45:10	20.6	1:31	73	20:57	6:45	1:20:09
75	12/40	Ross Mills	Waverly	IA	25	M	47	8:02	1:28	4:23	101	46:36	20.0	1:34	40	19:36	6:19	1:20:11
76	16/40	Greg Schenck	Stanton	IA														

93	1/1	Leonard Fuxa	Omaha	NE	63	M	113	9:31	1:44	3:04	89	45:58	20.3	1:40	124	22:41	7:18	1:22:54
94	20/40	Karl Rosenberg	Cedar Rapids	IA	32	M	188	11:57	2:11	4:35	32	41:49	22.3	2:27	113	22:20	7:11	1:23:08
95	4/12	Shawn Magnall	Indianola	IA	27	F	90	8:56	1:38	4:05	119	48:03	19.4	2:09	46	20:02	6:27	1:23:15
96	3/6	Doug Zickuhr	Bettendorf	IA	51	M	138	10:12	1:52	3:15	52	43:20	21.5	1:56	160	24:39	7:56	1:23:22
97	9/27	David Hart	Cedar Rapids	IA	40	M	128	9:57	1:49	3:08	104	46:50	19.9	1:41	120	22:32	7:15	1:24:08
98	16/33	Mike Ament	Cedar Rapids	IA	36	M	129	9:57	1:49	3:14	142	49:13	18.9	1:39	56	20:14	6:31	1:24:17
99	15/40	Michael Pace	Davenport	IA	26	M	179	11:32	2:07	2:55	108	47:12	19.7	1:16	84	21:23	6:53	1:24:18
100	17/33	Kirk Morrow	Lincoln	NE	36	M	219	13:02	2:23	4:12	77	45:29	20.5	1:48	43	19:50	6:23	1:24:21
101	16/40	Michael Malik	Davenport	IA	25	M	114	9:32	1:45	2:50	110	47:33	19.6	1:45	128	22:50	7:21	1:24:30
102	17/40	Joel Conrad	Cedar Rapids	IA	28	M	127	9:56	1:49	3:00	144	49:28	18.8	1:11	74	20:57	6:45	1:24:32
103	4/5	Bryan McGeeney	Ames	IA	18	M	30	7:37	1:24	3:41	121	48:11	19.3	1:24	145	23:58	7:43	1:24:51
104	6/14	Jeffrey Ginn	Cedar Rapids	IA	45	M	123	9:48	1:48	3:06	61	44:12	21.1	2:14	189	25:32	8:13	1:24:52
105	18/40	Andrew Elliot	Iowa City	IA	28	M	175	11:18	2:04	3:10	68	44:52	20.8	2:00	141	23:46	7:39	1:25:06
106	10/27	Jeff Clark	Cedar Rapids	IA	42	M	52	8:13	1:30	3:08	114	47:39	19.6	1:24	168	24:53	8:01	1:25:17
107	10/14	John Redmond	Marion	IA	21	M	235	13:59	2:33	3:42	137	49:05	19.0	1:58	3	16:43	5:23	1:25:27
108	11/27	Greg Steiner	Cedar Rapids	IA	40	M	119	9:42	1:46	3:51	131	48:44	19.1	1:15	102	22:02	7:06	1:25:34
109	2/13	Anne Lee	Wayzata	MN	37	F	130	9:58	1:49	3:34	109	47:24	19.7	2:13	118	22:30	7:15	1:25:39
110	19/40	Juan Delavara	Davenport	IA	26	M	56	8:18	1:31	3:59	123	48:12	19.3	1:57	135	23:20	7:31	1:25:46
111	21/40	Gary Love	West Des Moines	IA	32	M	239	14:15	2:36	3:01	95	46:16	20.1	1:36	65	20:46	6:41	1:25:54
112	20/40	Robert Murphy	Cedar Rapids	IA	29	M	154	10:38	1:57	3:23	148	49:40	18.8	1:49	62	20:34	6:37	1:26:04
113	12/27	Andy Wignall	Ankeny	IA	44	M	136	10:11	1:52	3:25	92	46:12	20.2	1:49	155	24:28	7:52	1:26:05
114	22/40	Andrew Lenze	Marion	IA	34	M	241	14:32	2:39	3:40	93	46:13	20.2	1:15	61	20:28	6:35	1:26:08
115	18/33	Eric Fischer	St Louis	MO	35	M	50	8:05	1:29	3:22	128	48:40	19.2	1:52	149	24:09	7:46	1:26:08
116	11/14	Nate Hahn	Iowa City	IA	21	M	92	9:01	1:39	3:18	149	49:40	18.8	2:16	97	21:54	7:03	1:26:09
117	3/13	Sally Wismer	Davenport	IA	35	F	180	11:32	2:07	3:16	135	48:57	19.0	2:34	47	20:02	6:27	1:26:21
118	13/27	Scott Schoneberg	Des Moines	IA	40	M	137	10:11	1:52	4:27	116	47:54	19.5	1:33	121	22:32	7:15	1:26:37
119	5/12	Amy Carder	Iowa City	IA	26	F	42	7:56	1:27	4:08	163	50:45	18.4	1:54	108	22:09	7:08	1:26:52
120	23/40	Mark Lohne	Lincoln	NE	31	M	104	9:15	1:41	3:56	103	46:48	19.9	2:29	152	24:24	7:51	1:26:52
121	24/40	Gregg Machetta	Coralville	IA	31	M	158	10:43	1:58	4:11	138	49:06	19.0	1:26	88	21:32	6:56	1:26:58
122	14/27	Marcus Rhatigan	Cedar Rapids	IA	42	M	195	12:09	2:13	2:58	87	45:55	20.3	1:46	154	24:25	7:52	1:27:13
123	25/40	Steve Kerkove	Cedar Rapids	IA	32	M	213	12:43	2:20	3:28	107	47:08	19.8	1:53	103	22:03	7:06	1:27:15
124	3/10	Jolene Rosebeck	Des Moines	IA	34	F	83	8:50	1:37	2:34	143	49:24	18.9	1:47	171	25:00	8:03	1:27:35
125	15/27	Allen Ludeking	Decorah	IA	40	M	220	13:04	2:23	3:32	111	47:35	19.6	2:28	75	20:59	6:45	1:27:38
126	12/14	Tom Farden	St Paul	MN	23	M	174	11:17	2:04	4:12	94	46:14	20.2	2:40	136	23:21	7:31	1:27:44
127	4/10	Helen Redmund	Montezuma	IA	33	F	242	14:34	2:40	2:55	83	45:39	20.4	2:05	122	22:32	7:15	1:27:45
128	19/33	Warren Tunwall	Iowa City	IA	36	M	21	7:21	1:21	4:00	195	52:52	17.6	1:08	155	22:27	7:14	1:27:48
129	26/40	Mike Dry	Iowa City	IA	32	M	184	11:41	2:08	4:15	117	47:55	19.5	1:42	116	22:28	7:14	1:28:01
130	7/14	Mike Herrin	Tremont	IL	48	M	167	10:58	2:00	3:30	147	49:33	16.8	1:53	109	22:13	7:09	1:28:07
131	27/40	Barry Satterfield	Marion	IA	33	M	186	11:49	2:10	4:12	133	48:51	19.1	1:31	93	21:46	7:00	1:28:09
132	20/33	David Diebold	Marion	IA	35	M	222	13:13	2:25	4:49	118	47:59	19.4	2:08	55	20:13	6:30	1:28:22
133	1/1	Tami O'Dell	Marilwaukee	WI	42	F	177	11:24	2:05	2:31	112	47:37	19.6	1:49	178	25:12	8:07	1:28:33
134	1/1	Deborah Hankens	Cherokee	IA	46	F	168	11:03	2:01	3:20	102	46:43	20.0	1:51	194	25:40	8:16	1:28:37
135	28/40	Paul Dykes	Maplewood	MN	30	M	69	8:32	1:34	3:31	162	50:38	18.4	2:11	144	23:51	7:41	1:28:43
136	21/40	Bill Powers	Minneapolis	MN	26	M	210	12:36	2:19	3:24	141	49:09	19.0	1:46	94	21:51	7:02	1:28:48
137	2/14	Meagan Ivers	Glen Ellyn	IL	21	F	19	7:19	1:20	3:37	199	53:31	17.4	1:30	131	23:02	7:25	1:28:59
138	16/27	Bob Holst	Urbandale	IA	42	M	182	11:38	2:08	2:52	139	49:07	19.0	2:16	132	23:14	7:29	1:29:07
139	13/14	Josh Pearson	Iowa City	IA	23	M	66	8:27	1:33	3:32	155	50:16	18.5	1:37	182	25:20	8:09	1:29:12
140	22/40	Thomas Long	Chicago	IL	29	M	31	7:37	1:24	2:56	164	50:49	18.3	2:03	200	26:03	8:23	1:29:28
141	21/33	Tim Hanna	Swisher	IA	36	M	190	11:58	2:11	3:52	124	48:21	19.3	1:33	142	23:46	7:39	1:29:30
142	23/40	TJ Snyman	Ames	IA	26	M	99	9:11	1:41	3:41	156	50:20	18.5	1:33	163	24:45	7:58	1:29:30
143	6/12	Ellen Joensen	Iowa City	IA	27	F	221	13:09	2:24	3:18	132	48:46	19.1	1:52	117	22:29	7:14	1:29:34
144	5/10	Kristin Selsor	Winterset	IA	34	F	197	12:13	2:14	3:16	153	50:15	18.5	2:10	92	21:43	6:59	1:29:37
145	22/33	Chris Cardinale	Cedar Rapids	IA	35	M	146	10:26	1:54	3:39	161	50:35	18.4	2:11	127	22:46	7:20	1:29:37
146	24/40	Kyle Jensen	Iowa City	IA	29	M	101	9:13	1:41	3:25	151	50:09	18.6	1:48	176	25:08	8:05	1:29:43
147	25/40	Chris Robinson	Iowa City	IA	28	M	144	10:19	1:53	3:24	184	51:45	18.0	2:03	111	22:45	7:10	1:29:46
148	8/14	Nick Gearhart	Cedar Rapids	IA	46	M	22	7:22	1:21	3:17	177	51:28	18.1	2:57	167	24:49	7:59	1:29:53
149	23/33	Jim Bell	Cedar Rapids	IA	39	M	84	8:51	1:37	3:30	185	51:58	17.9	2:13	137	23:22	7:31	1:29:54
150	7/12	Nanette Miller	Davenport	IA	26	F	112	9:27	1:44	3:41	171	51:16	18.2	2:50	126	22:45	7:19	1:29:59
151	9/14	Kent McMullen	Clive	IA	47	M	159	10:43	1:58	3:48	115	47:42	19.5	1:48	198	25:58	8:21	1:29:59
152	5/6	Eric Travagiakis	Cedar Rapids	IA	14	M	169	11:05	2:02	4:04	140	49:07	19.0	2:28	134	23:19	7:30	1:30:03
153	8/12	Colleen Farley	Davenport	IA	25	F	217	12:57	2:22	3:16	172	51:17	18.2	1:20	82	21:19	6:52	1:30:09
154	3/14	Christa Johnson	Davenport	IA	24	F	133	10:01	1:50	4:23	134	48:51	19.1	1:57	193	25:36	8:14	1:30:48
155	29/40	Galen Kyes	Marion	IA	30	M	185	11:43	2:09	4:23	174	51:21	18.2	2:23	81	21:12	6:49	1:31:02
156	10/14	Jim McMahon	Garner	IA	49	M	139	10:13	1:52	4:11	130	48:43	19.1	1:58	203	26:11	8:26	1:31:16
157	24/33	Rick Spear	Iowa City	IA	37	M	189	11:57	2:11	3:56	127	48:28	19.2	1:36	197	25:51	8:19	1:31:48
158	2/2	Nick Martin	Des Moines	IA	17	M	41	7:54	1:27	3:06	204	54:04	17.2	1:42	184	25:25	8:11	1:32:11
159	17/27	Brad Brunia	Huxley	IA	41	M	59	8:19	1:31	4:52	150	49:45	18.7	2:19	211	26:56	8:40	1:32:11
160	1/1	Carol Deman	Omaha	NE	56	F	152	10:35	1:56	4:21	120	48:08	19.4	1:36	219	27:34	8:52	1:32:14
161	6/10	Barb Scholz	Des Moines	IA	32	F	157	10:42	1:57	3:51	181	51:40	18.0	1:33	164	24:45	7:58	1:32:31
162	18/27	Cabot Welchlin	Maplewood	MN	42	M	187	11:55	2:11	3:47	145	49:28	18.8	3:06	153	24:24	7:51	1:32:40
163	4/14	Kandys Dameron	Burlington	IA	24	F	151	10:34	1:56	4:02	166	50:56	18.3	1:41	191	25:34	8:14	1:32:47
164	7/10	Janelle Nitchals	Omaha	NE	30	F	155	10:38	1:57	3:32	179	51:35	18.1	1:48	181	25:19	8:09	1:32:52
165	26/40	Mike Hardy	Cedar Rapids	IA	26	M	142	10:17	1:53	4:40	180	51:39	18.0	1:08	177	25:09	8:06	1:32:53
166	25/33	Tom Frantz	Marion	IA	39	M					176	51:26	18.1	1:36	110	22:14	7:09	1:32:55
167	27/40	Matt Gooding	Marion	IA	25	M	192	12:02	2:12	5:05	178	51:29	18.1					

194	28/33	John Viggers	Altoona	IA	35	M	203	12:22	2:16	3:41	217	55:20	16.8	1:39	140	23:43	7:38	1:36:45
195	21/27	Jim Johns	Cedar Rapids	IA	44	M	215	12:46	2:20	3:38	219	55:46	16.7	1:24	133	23:17	7:30	1:36:51
196	29/33	Paul Jeanis	Ferguson	MO	36	M	171	11:11	2:03	4:40	192	52:36	17.7	3:02	185	25:25	8:11	1:36:54
197	3/3	Amber Travagiakis	Cedar Rapids	IA	16	F	145	10:22	1:54	4:41	191	52:27	17.8	1:42	224	27:48	8:57	1:37:00
198	5/14	Jenny Dray	Cedar Rapids	IA	23	F	87	8:53	1:37	5:36	209	54:24	17.1	1:44	216	27:08	8:44	1:37:45
199	37/40	Keith Abkes	Cedar Rapids	IA	25	M	207	12:35	2:18	5:22	203	54:01	17.3	1:56	148	24:04	7:45	1:37:58
200	6/14	Jennifer Wallace	Davenport	IA	23	F	115	9:32	1:45	3:46	236	58:44	15.9	1:44	157	24:29	7:53	1:38:15
201	8/13	Diane Dodds	Cedar Rapids	IA	36	F	86	8:52	1:37	5:06	221	56:05	16.6	1:23	212	26:57	8:40	1:38:23
202	34/40	Michael Dankert	Cedar Rapids	IA	30	M	131	9:58	1:49	3:49	170	51:15	18.2	2:37	235	30:45	9:54	1:38:24
203	30/33	Mike Travagiakis	Cedar Rapids	IA	38	M	218	12:58	2:22	3:42	202	53:49	17.3	2:37	195	25:40	8:16	1:38:46
204	7/14	Erin Heppner	Iowa City	IA	24	F	204	12:25	2:16	4:42	193	52:43	17.7	1:32	221	27:42	8:55	1:39:04
205	8/10	Vera Rigolin	Chicago	IL	34	F	147	10:27	1:55	3:12	188	52:20	17.8	2:14	236	30:51	9:56	1:39:04
206	31/33	Jeff Steimel	Cedar Rapids	IA	35	M	227	13:18	2:26	4:27	223	56:20	16.5	1:30	139	23:32	7:34	1:39:07
207	11/14	Lou Rausch	Traer	IA	49	M	236	13:59	2:33	4:05	154	50:15	18.5	1:31	231	29:18	9:26	1:39:08
208	38/40	Derek Olsen	Omaha	NE	27	M	96	9:07	1:40	5:36	231	58:21	16.0	1:31	162	24:44	7:58	1:39:19
209	5/6	Rick Koepf	Cedar Rapids	IA	51	M	156	10:40	1:57	4:51	222	56:09	16.6	1:53	201	26:03	8:23	1:39:36
210	35/40	Mark Scholz	Des Moines	IA	34	M	205	12:33	2:18	5:12	210	54:24	17.1	2:03	190	25:33	8:13	1:39:45
211	22/27	Jeff Milks	Oelwein	IA	42	M	196	12:10	2:14	4:43	208	54:22	17.1	1:32	217	27:08	8:44	1:39:55
212	9/10	Brenda Ann Cloud	Cedar Rapids	IA	32	F	223	13:13	2:25	5:13	226	57:15	16.3	1:25	129	22:51	7:21	1:39:57
213	8/14	Kina Miller	Cedar Rapids	IA	23	F	238	14:14	2:36	4:32	211	54:29	17.1	1:37	175	25:06	8:05	1:39:58
214	36/40	Will Swain	Iowa City	IA	32	M	230	13:37	2:29	4:58	169	51:10	18.2	3:17	213	26:59	8:41	1:40:01
215	9/14	Jennifer Steffes	Iowa City	IA	24	F	166	10:55	2:00	4:42	228	57:32	16.2	1:34	183	25:23	8:10	1:40:06
216	9/12	Debbie Lenth	Marion	IA	29	F	237	14:01	2:34	4:33	214	55:01	16.9	1:39	172	25:04	8:04	1:40:18
217	23/27	Mark Rasmussen	Jefferson	IA	41	M	149	10:28	1:55	4:14	216	55:11	16.9	2:16	228	28:33	9:11	1:40:42
218	37/40	Steve Slechta	Freeport	IL	30	M	234	13:56	2:33	5:16	212	54:30	17.1	1:25	206	26:26	8:30	1:41:33
219	32/33	Kevin Henrichs	Davenport	IA	37	M	55	8:15	1:31	5:47	229	57:42	16.2	1:33	229	28:35	9:12	1:41:52
220	2/3	Ashley Thompson	Vermillion	SD	13	F	162	10:52	1:59	3:36	237	59:08	15.8	1:37	210	26:51	8:39	1:42:04
221	10/14	Andrea Stibal	Iowa City	IA	23	F	176	11:22	2:05	4:19	234	58:35	15.9	1:20	215	27:04	8:43	1:42:40
222	12/14	David Kennell	Cedar Rapids	IA	45	M	243	14:44	2:42	5:20	201	53:41	17.4	3:45	202	26:06	8:24	1:43:36
223	38/40	Mark Smidt	Fort Dodge	IA	34	M	244	15:38	2:52	4:30	207	54:19	17.2	1:33	220	27:41	8:55	1:43:41
224	9/13	Karen Hurtis	Rochester	MN	35	F	198	12:14	2:14	3:22	205	54:08	17.2	1:30	240	32:30	10:28	1:43:44
225	3/3	Jennifer Milks	Oelwein	IA	15	F	150	10:33	1:56	5:04	233	58:32	15.9	1:33	226	28:12	9:05	1:43:54
226	11/14	Karen Janovy	Cedar Rapids	IA	24	F	200	12:19	2:15	6:03	213	54:58	17.0	2:52	225	28:08	9:03	1:44:20
227	13/14	Michael A. Hoskove	Omaha	NE	49	M	206	12:34	2:18	3:10	206	54:18	17.2	2:16	238	32:15	10:23	1:44:33
228	12/14	Michelle Williams	Massena	IA	20	F	211	12:38	2:19	3:33	242	1:01:55	15.1	1:23	188	25:30	8:12	1:44:59
229	24/27	Bob Michaelson	Moline	IL	43	M	208	12:35	2:18	5:37	122	48:11	19.3	3:53	242	34:56	11:15	1:45:12
230	13/14	Kristin Beeghly	West Union	IA	20	F	240	14:31	2:39	3:53	238	59:28	15.7	1:35	196	25:49	8:19	1:45:16
231	4/4	Dick Buhman	Yutan	NE	59	M	116	9:32	1:45	3:01	246	1:05:38	14.2	2:30	169	24:53	8:01	1:45:34
232	14/14	Todd Henry	Cedar Rapids	IA	22	M	94	9:06	1:40	5:11	244	1:02:11	15.0	1:58	230	29:04	9:21	1:47:30
233	14/14	Roger Browning	Iowa City	IA	46	M	201	12:19	2:15	3:54	225	56:40	16.4	2:13	239	32:27	10:27	1:47:33
234	10/12	Valerie Paidar	Hiawatha	IA	26	F	232	13:41	2:30	5:04	240	59:58	15.5	1:31	223	27:45	8:56	1:47:59
235	39/40	Tim Saylor	Cedar Rapids	IA	34	M	225	13:16	2:26	5:36	243	1:02:05	15.0	2:13	180	25:18	8:09	1:48:28
236	25/27	Thomas Rodke	Cedar Rapids	IA	42	M	246	15:56	2:55	4:51	235	58:42	15.9	3:23	208	26:30	8:32	1:49:22
237	5/5	Chad Stoukyl	Algona	IA	18	M	194	12:05	2:13	3:41	232	58:29	15.9	1:54	243	35:07	11:18	1:51:16
238	14/14	Anna Acosta	Iowa City	IA	22	F	91	8:59	1:39	5:12	248	1:07:52	13.7	1:54	222	27:44	8:56	1:51:41
239	6/6	Carl Thurman	Waterloo	IA	50	M	245	15:49	2:54	5:06	224	56:24	16.5	4:03	234	30:31	9:49	1:51:53
240	11/12	Laura Hudson	Iowa City	IA	28	F	216	12:55	2:22	6:58	239	59:56	15.6	2:41	233	29:46	9:35	1:52:16
241	10/13	Lisa Rhatigan	Cedar Rapids	IA	36	F	178	11:25	2:05	5:12	230	58:06	16.0	2:51	244	36:35	11:46	1:54:09
242	11/13	Deb Porter	Moline	IL	39	F	160	10:49	1:59	7:19	241	1:00:26	15.4	3:42	241	34:53	11:14	1:57:09
243	12/13	Debbie Duff	Cedar Rapids	IA	37	F	247	16:26	3:00	6:25	186	52:01	17.9	4:33	245	37:45	12:09	1:57:10
244	12/12	Stephanie Maxwell	Davenport	IA	26	F	224	13:14	2:25	7:25	245	1:04:09	14.5	2:14	237	31:08	10:01	1:58:10
245	39/40	Mark Willis	West Des Moines	IA	27	M	233	13:53	2:32	3:52	249	1:14:02	12.6	3:23	199	26:01	8:22	2:01:11
246	26/27	Greg Haburn	Estherville	IA	42	M	249	19:31	3:34	5:36	247	1:06:37	14.0	3:07	247	42:06	13:33	2:16:57
247	33/33	Andrew Wuehr	Iowa City	IA	36	M	229	13:32	2:29	5:17	250	1:17:32	12.0	2:12	246	39:20	12:40	2:17:53

DID NOT FINISH

248	10/10	Marjorie Goodyear	Wellman	IA	34	F	125	9:50	1:48	3:20	98	46:19	20.1					
249	6/6	Logan Heinrich	Nenah	WI	14	M	34	7:40	1:24	2:33	113	47:37	19.6	1:27				
250	40/40	Mark St. Andre	Iowa City	IA	29	M	143	10:18	1:53	3:56	167	51:05	18.2					
251	40/40	Ryan McGill	Omaha	NE	33	M	25	7:25	1:21	2:42								
252	13/13	K.D. Rex	Wellman	IA	38	F	88	8:55	1:38	3:20								
253	27/27	Gary Bredehoft	Lincoln	NE	40	M	163	10:52	1:59									

FEMALE OVERALL RESULTS

TOT	PLC	NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL
								time	yds	time	time	time	time	TIME
1		Sara Feick	Lincoln	NE	32	F	4	7:25	1:21	1:43	3	42:09	22.1	1:12
2		Becky Gibbs	Minnetonka	MN	22	F	1	6:02	1:06	1:55	5	42:41	21.8	1:18
3		Sarah Gutsch	Lenexa	KS	15	F	7	7:40	1:24	1:58	6	43:25	21.5	1:23
4		Carol Smolsky	Omaha	NE	37	F	2	7:16	1:20	2:11	1	41:35	22.4	1:23
5		Stacey Brickson	Middleton	WI	28	F	5	7:25	1:21	2:17	2	41:43	22.3	1:34
6		Mary Eure	Davenport	IA	30	F	14	8:42	1:35	2:26	4	42:38	21.9	1:27
7		Kathleen Anderson	Madison	WI	26	F	6	7:36	1:23	2:03	8	45:49	20.3	1:42
8		Susie Petheram	Iowa City	IA	27	F	11	8:04	1:29	2:10	15	48:24	19.3	1:57
9		Aryn Flood	Urbandale	IA	17	F	8	7:43	1:25	2:11	16	48:28	19.2	1:41
10		Shawn Magnall	Indianola	IA	27	F	19	8:56	1:38	4:05	13	48:03	19.4	2:09
11		Anne Lee	Wayzata	MN	37	F	24	9:58	1:49	3:34	11	47:24	19.7	2:13
12		Sally Wismer	Davenport	IA	35	F	41	11:32	2:07	3:16	19	48:57	19.0	2:34
13		Amy Carder	Iowa City	IA	26	F	10	7:56	1:27	4:08	24	50:45	18.4	1:54
14		Jolene Rosebeck	Des Moines	IA	34	F	15	8:50	1:37	2:34	20	49:24	18.9	1:47
15		Helen Redmund	Montezuma	IA	33	F	58	14:34	2:40	2:55	7	45:39	20.4	2:05
16		Tami O'Dell	Milwaukee	WI	42	F	39	11:24	2:05	2:31	12	47:37	19.6	1:49
17		Deborah Hankens	Cherokee	IA	46	F	37	11:03	2:01	3:20	10	46:43	20.0	1:51
18		Meagan Ivers	Glen Ellyn	IL	21	F	3	7:19	1:20	3:37	35	53:31	17.4	1:30
19		Ellen Joensen												

31	Tracy O'Dell	Cedar Rapids	IA	38	F	52	13:32	2:29	3:14	23	50:27	18.5	1:38	37	26:29	8:31	1:35:20
32	Dianna Bordewick	Coralville	IA	37	F	53	13:38	2:30	4:59	34	53:21	17.5	1:36	13	22:23	7:12	1:35:57
33	Anne Heggen	Colfax	IA	18	F	13	8:41	1:35	4:22	41	55:08	16.9	1:40	38	26:35	8:33	1:36:26
34	Amber Travagiakis	Cedar Rapids	IA	16	F	26	10:22	1:54	4:41	32	52:27	17.8	1:42	47	27:48	8:57	1:37:00
35	Jenny Dray	Cedar Rapids	IA	23	F	17	8:53	1:37	5:36	37	54:24	17.1	1:44	42	27:08	8:44	1:37:45
36	Jennifer Wallace	Davenport	IA	23	F	22	9:32	1:45	3:46	50	58:44	15.9	1:44	22	24:29	7:53	1:38:15
37	Diane Dodds	Cedar Rapids	IA	36	F	16	8:52	1:37	5:06	43	56:05	16.6	1:23	40	26:57	8:40	1:38:23
38	Erin Heppner	Iowa City	IA	24	F	45	12:25	2:16	4:42	33	52:43	17.7	1:32	44	27:42	8:55	1:39:04
39	Vera Rigolin	Chicago	IL	34	F	27	10:27	1:55	3:12	31	52:20	17.8	2:14	52	30:51	9:56	1:39:04
40	Brenda Ann Cloud	Cedar Rapids	IA	32	F	50	13:13	2:25	5:13	44	57:15	16.3	1:25	19	22:51	7:21	1:39:57
41	Kina Miller	Cedar Rapids	IA	23	F	56	14:14	2:36	4:32	38	54:29	17.1	1:37	27	25:06	8:05	1:39:58
42	Jennifer Steffes	Iowa City	IA	24	F	36	10:55	2:00	4:42	46	57:32	16.2	1:34	30	25:23	8:10	1:40:06
43	Debbie Lenth	Marion	IA	29	F	55	14:01	2:34	4:33	40	55:01	16.9	1:39	26	25:04	8:04	1:40:18
44	Ashley Thompson	Vermillion	SD	13	F	35	10:52	1:59	3:36	51	59:08	15.8	1:37	39	26:51	8:39	1:42:04
45	Andrea Stibal	Iowa City	IA	23	F	38	11:22	2:05	4:19	49	58:35	15.9	1:20	41	27:04	8:43	1:42:40
46	Karen Hurtis	Rochester	MN	35	F	43	12:14	2:14	3:22	36	54:08	17.2	1:30	54	32:30	10:28	1:43:44
47	Jennifer Milks	Oelwein	IA	15	F	29	10:33	1:56	5:04	48	58:32	15.9	1:33	49	28:12	9:05	1:43:54
48	Karen Janovy	Cedar Rapids	IA	24	F	44	12:19	2:15	6:03	39	54:58	17.0	2:52	48	28:08	9:03	1:44:20
49	Michelle Williams	Massena	IA	20	F	46	12:38	2:19	3:33	56	1:01:55	15.1	1:23	32	25:30	8:12	1:44:59
50	Kristin Beeghly	West Union	IA	20	F	57	14:31	2:39	3:53	52	59:28	15.7	1:35	36	25:49	8:19	1:45:16
51	Valerie Paidar	Hiawatha	IA	26	F	54	13:41	2:30	5:04	54	59:58	15.5	1:31	46	27:45	8:56	1:47:59
52	Anna Acosta	Iowa City	IA	22	F	20	8:59	1:39	5:12	58	1:07:52	13.7	1:54	45	27:44	8:56	1:51:41
53	Laura Hudson	Iowa City	IA	28	F	47	12:55	2:22	6:58	53	59:56	15.6	2:41	51	29:46	9:35	1:52:16
54	Lisa Rhatigan	Cedar Rapids	IA	36	F	40	11:25	2:05	5:12	47	58:06	16.0	2:51	56	36:35	11:46	1:54:09
55	Deb Porter	Moline	IL	39	F	34	10:49	1:59	7:19	55	1:00:26	15.4	3:42	55	34:53	11:14	1:57:09
56	Debbie Duff	Cedar Rapids	IA	37	F	59	16:26	3:00	6:25	30	52:01	17.9	4:33	57	37:45	12:09	1:57:10
57	Stephanie Maxwell	Davenport	IA	26	F	51	13:14	2:25	7:25	57	1:04:09	14.5	2:14	53	31:08	10:01	1:58:10
58	Marjorie Goodyear	Wellman	IA	34	F	23	9:50	1:48	3:20	9	46:19	20.1					
59	K.D. Rex	Wellman	IA	38	F	18	8:55	1:38	3:20								

MALE OVERALL RESULTS

TOT PLC	NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	Kevin O'Connor	Corcoran	MN	25	M	4	6:45	1:14	1:47	1	36:07	25.8	1:11	2	16:35	5:20	1:02:25
2	Doug Davis	Burnsville	MN	30	M	1	6:04	1:07	1:55	3	37:29	24.9	1:18	8	17:48	5:44	1:04:34
3	Jared Berg	Minneapolis	MN	22	M	14	7:17	1:20	2:08	2	37:11	25.1	1:15	9	17:48	5:44	1:05:39
4	Peter Saurugger	Des Moines	IA	39	M	10	7:05	1:18	2:06	4	37:33	24.8	1:13	12	18:00	5:48	1:05:57
5	Keith Dunn	Chicago	IL	35	M	29	7:45	1:25	1:52	6	38:05	24.5	1:18	11	17:56	5:46	1:06:56
6	Kevin Drake	Cedar Rapids	IA	30	M	54	8:26	1:33	2:24	5	37:57	24.6	1:25	5	17:28	5:37	1:07:40
7	Mark Movic	Des Moines	IA	40	M	9	7:01	1:17	2:09	14	39:43	23.5	1:34	10	17:53	5:45	1:08:20
8	Darin Wipf	Vermillion	SD	25	M	28	7:44	1:25	2:09	13	39:42	23.5	1:26	6	17:47	5:43	1:08:48
9	John Punkiewicz	Rock Island	IL	46	M				7	38:45	24.1	1:08	31	19:15	6:12	1:09:09	
10	Mike Morrison	Cedar Rapids	IA	23	M	23	7:36	1:23	2:12	9	39:04	23.9	1:29	22	18:50	6:04	1:09:11
11	David Scott	Cedar Rapids	IA	15	M	5	6:45	1:14	1:32	27	41:47	22.3	1:23	16	18:24	5:55	1:09:51
12	Hartmut Andres	Rock Island	IL	43	M	50	8:22	1:32	1:56	12	39:18	23.7	1:23	26	18:57	6:06	1:09:56
13	Joel Hennings	Omaha	NE	23	M	31	7:51	1:26	1:56	15	39:53	23.4	1:17	29	19:10	6:10	1:10:07
14	Kenneth Collins	Omaha	NE	27	M	26	7:40	1:24	2:07	10	39:14	23.8	1:26	42	19:55	6:25	1:10:22
15	Doug Rosen	Bloomington	IL	33	M	34	8:00	1:28	2:37	17	40:34	23.0	1:12	14	18:17	5:53	1:10:40
16	Jeff Tuohino	Cedar Rapids	IA	36	M	17	7:20	1:20	3:14	8	39:02	23.9	1:10	43	20:04	6:28	1:10:50
17	Nick Scott	Cedar Rapids	IA	45	M	42	8:14	1:30	1:41	23	41:32	22.4	1:09	18	18:31	5:58	1:11:07
18	Gary McKibben	Altoona	IA	37	M	30	7:46	1:25	2:44	37	42:22	22.0	1:17	4	17:22	5:35	1:11:31
19	Tom Meersman	Arlington Heig	IL	15	M				31	41:53	22.3	1:22	35	19:27	6:16	1:11:41	
20	Craig Olson	Marion	IA	31	M	52	8:24	1:32	2:28	18	40:36	23.0	1:47	24	18:55	6:05	1:12:10
21	Joseph Berg	Green Bay	WI	19	M	8	7:00	1:17	2:14	16	40:11	23.2	1:16	79	21:33	6:56	1:12:14
22	Brad Addink	Muscatine	IA	26	M	77	9:08	1:40	2:17	28	41:48	22.3	1:18	13	18:02	5:48	1:12:33
23	Scott Green	Davenport	IA	36	M	13	7:16	1:20	2:10	35	42:17	22.0	1:53	33	19:20	6:13	1:12:56
24	Richard Barry	Middleton	WI	51	M	43	8:15	1:31	1:51	19	40:48	22.8	1:36	53	20:28	6:35	1:12:58
25	Tim Huffman	Des Moines	IA	36	M	51	8:22	1:32	2:07	39	42:32	21.9	1:22	20	18:40	6:00	1:13:03
26	Brian Lynch	Iowa City	IA	22	M	87	9:17	1:42	2:52	26	41:44	22.3	1:57	7	17:47	5:43	1:13:37
27	Jim Gutsch	Lenexa	KS	43	M	95	9:38	1:46	2:00	29	41:49	22.3	1:32	19	18:39	6:00	1:13:38
28	John Dobbs	Davenport	IA	33	M	65	8:44	1:36	2:42	32	42:00	22.2	1:30	25	18:55	6:05	1:13:51
29	Greg Madson	Arkeny	IA	42	M	99	9:48	1:48	2:46	24	41:32	22.4	1:20	17	18:27	5:56	1:13:53
30	Paul Miller	Des Moines	IA	32	M	98	9:47	1:47	2:36	11	39:17	23.7	1:30	61	20:48	6:42	1:13:58
31	Bob Ensminger	Burlington	IA	43	M	90	9:26	1:44	3:05	25	41:35	22.4	1:09	27	18:57	6:06	1:14:12
32	Eric Sarno	Rock Island	IL	26	M	46	8:19	1:31	3:01	33	42:05	22.1	1:47	30	19:13	6:11	1:14:25
33	David Dorff	Des Moines	IA	39	M	15	7:17	1:20	3:03	38	42:31	21.9	1:37	46	20:07	6:28	1:14:35
34	Porter Reed	Elgin	IL	50	M	53	8:24	1:32	2:12	46	43:15	21.6	1:30	34	19:22	6:14	1:14:43
35	Mark Corley	Waterloo	IA	35	M	21	7:27	1:22	3:04	40	42:32	21.9	1:27	54	20:28	6:35	1:14:58
36	Tavis Cummings	Keosauqua	IA	20	M	96	9:40	1:46	2:15	43	42:47	21.8	1:36	21	18:42	6:01	1:15:00
37	Dave Ladehoff	Coralville	IA	27	M	56	8:28	1:33	4:16	66	45:12	20.6	1:02	1	16:14	5:13	1:15:12
38	Mike B. Hoskovec	Omaha	NE	19	M	2	6:14	1:08	2:53	60	44:32	20.9	1:54	39	19:41	6:20	1:15:14
39	Kingdon Hawes	Omaha	NE	29	M	83	9:15	1:41	2:53	21	41:22	22.5	1:54	48	20:09	6:29	1:15:33
40	Todd Schweikert	Ames	IA	17	M	7	6:52	1:15	2:12	51	43:53	21.2	1:21	76	21:32	6:56	1:15:50
41	Ty Buss	Waterloo	NE	34	M	73	9:02	1:39	3:33	36	42:21	22.0	1:51	28	19:05	6:09	1:15:52
42	Brad Edmister	Des Moines	IA	30	M	40	8:07	1:29	2:33	34	42:11	22.1	2:02	70	21:03	6:47	1:15:56
43	Jordan Thompson	Vermillion	SD	15	M	6	6:49	1:15	2:15	49	43:50	21.3	1:15	87	21:56	7:04	1:16:05
44	Jason Marquardt	Yankton	SD	23	M	57	8:32	1:34	1:37	64	44:58	20.7	1:19	47	20:08	6:29	1:16:34
45	Tom Henson	Marion	IA	40	M	70	8:52	1:37	2:06	44	42:49	21.8	1:53	64	20:55	6:44	1:16:35
46	Tom Heuer	Des Moines	IA	39	M	71	8:56	1:38	3:35	52	44:06	21.1	1:45	15	18:23	5:55	1:16:45
47	Brad Lutchka	Moline	IL	32	M	22	7:32	1:23	2:35	67	45:16	20.6	1:38	40	19:46	6:22	1:16:47
48	Doug Kennedy	Portage	IN	39	M	36	8:02	1:28	2:24	59	44:25	21.0	1:56	44	20:06	6:28	1:16:53
49	Patrick McCreary	Hutchinson	KS	46	M	85	9:16	1:42	2:07	48	43:36	21.4	1:10	58	20:44	6:40	1:16:53
50	Bradley Lake	Madison	WI	30	M	100	9:48	1:48	2:24	20	41:17	22.6	1:34	93	22:05	7:06	1:17:08
51	Jim Gerke	Cedar Rapids	IA	41	M	89	9:24	1:43	2:01	50	43:50	21.3	1:37	60	20:47	6:41	1:17:39
52																	

65	Ezra Hallam	Ames	IA	18	M	38	8:04	1:29	3:09	61	44:33	20.9	1:51	95	22:08	7:07	1:19:45
66	Chris Thomas	Yankton	SD	31	M	60	8:34	1:34	3:06	70	45:29	20.5	1:27	74	21:20	6:52	1:19:56
67	Kiyoshi Endo	Woodbury	MN	30	M	103	9:54	1:49	2:37	65	45:10	20.6	1:31	66	20:57	6:45	1:20:09
68	Ross Mills	Waverly	IA	25	M	37	8:02	1:28	4:23	92	46:36	20.0	1:34	38	19:36	6:19	1:20:11
69	Greg Schenck	Stanton	IA	31	M	80	9:12	1:41	3:14	80	45:58	20.3	1:50	45	20:06	6:28	1:20:20
70	Bill Vipond	Ankeny	IA	33	M	62	8:40	1:35	3:04	73	45:31	20.5	2:09	72	21:12	6:49	1:20:36
71	Michael Kula	Coralville	IA	24	M	11	7:05	1:18	3:08	117	49:05	19.0	1:11	49	20:13	6:30	1:20:42
72	John Jensen	Cedar Rapids	IA	32	M	49	8:20	1:31	3:52	89	46:19	20.1	1:24	69	21:00	6:46	1:20:55
73	Rick Twigg	Columbia	MO	35	M	82	9:14	1:41	2:24	82	46:00	20.3	1:37	94	22:06	7:07	1:21:21
74	Hal Yoder	Davenport	IA	26	M	3	6:29	1:11	4:05	126	49:29	18.8	2:10	37	19:27	6:16	1:21:40
75	Richard Nehring	Alden	IA	57	M	130	10:54	2:00	2:54	58	44:17	21.0	1:40	90	22:00	7:05	1:21:45
76	Dale Ratliff III	Omaha	NE	24	M	47	8:19	1:31	3:35	90	46:28	20.1	1:40	85	21:52	7:02	1:21:54
77	Greg McGinnis	Coralville	IA	27	M	67	8:48	1:37	2:28	68	45:21	20.6	1:34	122	23:50	7:40	1:22:01
78	Paul Kulas	Cedar Rapids	IA	35	M	61	8:37	1:35	2:57	95	46:56	19.9	1:55	96	22:08	7:07	1:22:33
79	Ken Deman	Omaha	NE	58	M	115	10:15	1:52	3:53	69	45:28	20.5	1:26	77	21:32	6:56	1:22:34
80	Michael Berry	Solon	IA	40	M	66	8:46	1:36	2:53	75	45:33	20.5	1:59	117	23:27	7:33	1:22:38
81	James Arthur	Lincoln	NE	33	M	88	9:18	1:42	3:15	57	44:15	21.1	1:49	126	24:03	7:44	1:22:40
82	Roger Jorgensen	West Des Moines	IA	49	M	16	7:17	1:20	3:06	83	46:12	20.2	2:01	129	24:11	7:47	1:22:47
83	Sylvan Addink	Iowa City	IA	55	M	133	11:10	2:03	3:10	77	45:51	20.3	1:33	71	21:05	6:47	1:22:49
84	Leonard Fuxa	Omaha	NE	63	M	92	9:31	1:44	3:04	81	45:58	20.3	1:40	107	22:41	7:18	1:22:54
85	Karl Rosenberg	Cedar Rapids	IA	32	M	147	11:57	2:11	4:35	30	41:49	22.3	2:27	101	22:20	7:11	1:23:08
86	Doug Zickuhr	Bettendorf	IA	51	M	113	10:12	1:52	3:15	47	43:20	21.5	1:56	137	24:39	7:56	1:23:22
87	David Hart	Cedar Rapids	IA	40	M	105	9:57	1:49	3:08	94	46:50	19.9	1:41	104	22:32	7:15	1:24:08
88	Mike Ament	Cedar Rapids	IA	36	M	106	9:57	1:49	3:14	123	49:13	18.9	1:39	51	20:14	6:31	1:24:17
89	Michael Pace	Davenport	IA	26	M	139	11:32	2:07	2:55	98	47:12	19.7	1:16	75	21:23	6:53	1:24:18
90	Kirk Morrow	Lincoln	NE	36	M	171	13:02	2:23	4:12	71	45:29	20.5	1:48	41	19:50	6:23	1:24:21
91	Michael Malik	Davenport	IA	25	M	93	9:32	1:45	2:50	99	47:33	19.6	1:45	110	22:50	7:21	1:24:30
92	Joel Conrad	Cedar Rapids	IA	28	M	104	9:56	1:49	3:00	124	49:28	18.8	1:11	67	20:57	6:45	1:24:32
93	Bryan McGeeney	Ames	IA	18	M	24	7:37	1:24	3:41	107	48:11	19.3	1:24	124	23:58	7:43	1:24:51
94	Jeffrey Ginn	Cedar Rapids	IA	45	M	101	9:48	1:48	3:06	55	44:12	21.1	2:14	157	25:32	8:13	1:24:52
95	Andrew Elliot	Iowa City	IA	28	M	138	11:18	2:04	3:10	62	44:52	20.8	2:00	120	23:46	7:39	1:25:06
96	Jeff Clark	Cedar Rapids	IA	42	M	41	8:13	1:30	3:08	102	47:39	19.6	1:24	144	24:53	8:01	1:25:17
97	John Redmond	Marion	IA	21	M	181	13:59	2:33	3:42	118	49:05	19.0	1:58	3	16:43	5:23	1:25:27
98	Greg Steiner	Cedar Rapids	IA	40	M	97	9:42	1:46	3:51	115	48:44	19.1	1:15	91	22:02	7:06	1:25:34
99	Juan Delavara	Davenport	IA	26	M	45	8:18	1:31	3:59	109	48:12	19.3	1:57	114	23:20	7:31	1:25:46
100	Gary Love	West Des Moines	IA	32	M	183	14:15	2:36	3:01	87	46:16	20.1	1:36	59	20:46	6:41	1:25:54
101	Robert Murphy	Cedar Rapids	IA	29	M	123	10:38	1:57	3:23	128	49:40	18.8	1:49	56	20:34	6:37	1:26:04
102	Andy Wignall	Ankeny	IA	44	M	111	10:11	1:52	3:25	84	46:12	20.2	1:49	134	24:28	7:52	1:26:05
103	Andrew Lenze	Marion	IA	34	M	184	14:32	2:39	3:40	85	46:13	20.2	1:15	55	20:28	6:35	1:26:08
104	Eric Fischer	St Louis	MO	35	M	39	8:05	1:29	3:22	112	48:40	19.2	1:52	128	24:09	7:46	1:26:08
105	Nate Hahn	Iowa City	IA	21	M	72	9:01	1:39	3:18	129	49:40	18.8	2:16	86	21:54	7:03	1:26:09
106	Scott Schoneberg	Des Moines	IA	40	M	112	10:11	1:52	4:27	104	47:54	19.5	1:33	105	22:32	7:15	1:26:37
107	Mark Lohnes	Lincoln	NE	31	M	84	9:15	1:41	3:56	93	46:48	19.9	2:29	131	24:24	7:51	1:26:52
108	Gregg Machetta	Coralville	IA	31	M	125	10:43	1:58	4:11	119	49:06	19.0	1:26	78	21:32	6:56	1:26:58
109	Marcus Rhatigan	Cedar Rapids	IA	42	M	154	12:09	2:13	2:58	79	45:55	20.3	1:46	133	24:25	7:52	1:27:13
110	Steve Kerko	Cedar Rapids	IA	32	M	167	12:43	2:20	3:28	97	47:08	19.8	1:53	92	22:03	7:06	1:27:15
111	Allen Ludeking	Decorah	IA	40	M	172	13:04	2:23	3:32	100	47:35	19.6	2:28	68	20:59	6:45	1:27:38
112	Tom Farden	St Paul	MN	23	M	137	11:17	2:04	4:12	86	46:14	20.2	2:40	115	23:21	7:31	1:27:44
113	Warren Tunwall	Iowa City	IA	36	M	18	7:21	1:21	4:00	162	52:52	17.6	1:08	102	22:27	7:14	1:27:48
114	Mike Dry	Iowa City	IA	32	M	143	11:41	2:08	4:15	105	47:55	19.5	1:42	103	22:28	7:14	1:28:01
115	Mike Herrin	Tremont	IL	48	M	131	10:58	2:00	3:30	127	49:33	18.8	1:53	97	22:13	7:09	1:28:07
116	Barry Satterfield	Marion	IA	33	M	145	11:49	2:10	4:12	116	48:51	19.1	1:31	82	21:46	7:00	1:28:09
117	David Diebold	Marion	IA	35	M	173	13:13	2:25	4:49	106	47:59	19.4	2:08	50	20:13	6:30	1:28:22
118	Paul Dykes	Maplewood	MN	30	M	58	8:32	1:34	3:31	139	50:38	18.4	2:11	123	23:51	7:41	1:28:43
119	Bill Powers	Minneapolis	MN	26	M	165	12:38	2:19	3:24	122	49:09	19.0	1:46	83	21:51	7:02	1:28:48
120	Bob Holst	Urbandale	IA	42	M	141	11:38	2:08	2:52	120	49:07	19.0	2:16	111	23:14	7:29	1:29:07
121	Josh Pearson	Iowa City	IA	23	M	55	8:27	1:33	3:32	133	50:16	18.5	1:37	153	25:20	8:09	1:29:12
122	Thomas Long	Chicago	IL	29	M	25	7:37	1:24	2:56	140	50:49	18.3	2:03	164	26:03	8:23	1:29:28
123	Tim Hanna	Swisher	IA	36	M	149	11:58	2:11	3:52	110	48:21	19.3	1:33	121	23:46	7:39	1:29:30
124	TJ Snyman	Ames	IA	26	M	79	9:11	1:41	3:41	134	50:20	18.5	1:33	140	24:45	7:58	1:29:30
125	Chris Cardinale	Cedar Rapids	IA	35	M	120	10:26	1:54	3:39	138	50:35	18.4	2:11	109	22:46	7:20	1:29:37
126	Kyle Jensen	Iowa City	IA	29	M	81	9:13	1:41	3:25	131	50:09	18.6	1:48	149	25:08	8:05	1:29:43
127	Chris Robinson	Iowa City	IA	28	M	119	10:19	1:53	3:24	155	51:45	18.0	2:03	99	22:15	7:10	1:29:46
128	Nick Gearhart	Cedar Rapids	IA	46	M	19	7:22	1:21	3:17	150	51:28	18.1	2:57	143	24:49	7:59	1:29:53
129	Jim Bell	Cedar Rapids	IA	39	M	69	8:51	1:37	3:30	156	51:58	17.9	2:13	116	23:22	7:31	1:29:54
130	Kent McMullen	Clive	IA	47	M	126	10:43	1:58	3:48	103	47:42	19.5	1:48	162	25:58	8:21	1:29:59
131	Eric Travagiakis	Cedar Rapids	IA	14	M	132	11:05	2:02	4:04	121	49:07	19.0	2:28	113	23:19	7:30	1:30:03
132	Galen Kye	Marion	IA	30	M	144	11:43	2:09	4:23	147	51:21	18.2	2:23	73	21:12	6:49	1:31:02
133	Jim McMahon	Garner	IA	49	M	114	10:13	1:52	4:11	114	48:43	19.1	1:58	167	26:11	8:26	1:31:16
134	Rick Spear	Iowa City	IA	37	M	148	11:57	2:11	3:56	111	48:28	19.2	1:36	161	25:51	8:19	1:31:48
135	Nick Martin	Des Moines	IA	17	M	32	7:54	1:27	3:06	169	54:04	17.2	1:42	154	25:25	8:11	1:32:11
136	Brad Brunia	Huxley	IA	41	M	48	8:19	1:31	4:52	130	49:45	18.7	2:19	172	26:56	8:40	1:32:11
137	Cabot Welchlin	Maplewood	MN	42	M	146	11:55	2:11	3:47	125	49:28	18.8	3:06	132	24:24	7:51	1:32:40
138	Mike Hardy	Cedar Rapids	IA	26	M	117	10:17	1:53	4:40	152	51:39	18.0	1:08	150	25:09	8:06	1:32:53
139	Tom Frantz	Marion	IA	39	M					149	51:26	18.1	1:36	98	22:14	7:09	1:32:55
140	Matt Gooding	Marion	IA	25	M	151	12:02	2:12	5:05	151	51:29	18.1	1:35	108	22:44	7:19	1:32:55
141	Rhett Schildroth	Muscatine	IA	25	M	102	9:50	1:48	4:21	177	55:31	16.8	1:31	88	21:58	7:04	1:33:11
142	Neal Allan	Iowa City	IA	25	M	166	12:41	2:19	3:27	135	50:25	18.5	2:13	138	24:39	7:56	1:33:25
143	O.A. Demoss	Fort Smith	AR	68	M	158	12:20	2:15	5:28	113	48:42	19.1	2:14	141	24:48	7:59	1:33:32
144	Jason Lewis	Cedar Rapids	IA	26	M	152	12:02	2:12	5:58	96	47:07	19.8	3:28	147	25:05	8:04	

166	Mike Travagiakis	Cedar Rapids	IA	38 M	170	12:58	2:22	3:42	167	53:49	17.3	2:37	160	25:40	8:16	1:38:46
167	Jeff Steimel	Cedar Rapids	IA	35 M	176	13:18	2:26	4:27	180	56:20	16.5	1:30	118	23:32	7:34	1:39:07
168	Lou Rausch	Traer	IA	49 M	182	13:59	2:33	4:05	132	50:15	18.5	1:31	182	29:18	9:26	1:39:08
169	Derek Olsen	Omaha	NE	27 M	76	9:07	1:40	5:36	184	58:21	16.0	1:31	139	24:44	7:58	1:39:19
170	Rick Koepf	Cedar Rapids	IA	51 M	124	10:40	1:57	4:51	179	56:09	16.6	1:53	165	26:03	8:23	1:39:36
171	Mark Scholz	Des Moines	IA	34 M	160	12:33	2:18	5:12	173	54:24	17.1	2:03	158	25:33	8:13	1:39:45
172	Jeff Milks	Oelwein	IA	42 M	155	12:10	2:14	4:43	172	54:22	17.1	1:32	175	27:08	8:44	1:39:55
173	Will Swain	Iowa City	IA	32 M	178	13:37	2:29	4:58	144	51:10	18.2	3:17	173	26:59	8:41	1:40:01
174	Mark Rasmussen	Jefferson	IA	41 M	121	10:28	1:55	4:14	175	55:11	16.9	2:16	179	28:33	9:11	1:40:42
175	Steve Slechta	Freeport	IL	30 M	180	13:56	2:33	5:16	174	54:30	17.1	1:25	170	26:26	8:30	1:41:33
176	Kevin Henrichs	Davenport	IA	37 M	44	8:15	1:31	5:47	183	57:42	16.2	1:33	180	28:35	9:12	1:41:52
177	David Kennell	Cedar Rapids	IA	45 M	185	14:44	2:42	5:20	166	53:41	17.4	3:45	166	26:06	8:24	1:43:36
178	Mark Smidt	Fort Dodge	IA	34 M	186	15:38	2:52	4:30	171	54:19	17.2	1:33	177	27:41	8:55	1:43:41
179	Michael A. Hoskove	Omaha	NE	49 M	161	12:34	2:18	3:10	170	54:18	17.2	2:16	185	32:15	10:23	1:44:33
180	Bob Michaelson	Moline	IL	43 M	163	12:35	2:18	5:37	108	48:11	19.3	3:53	187	34:56	11:15	1:45:12
181	Dick Buhman	Yutan	NE	59 M	94	9:32	1:45	3:01	189	1:05:38	14.2	2:30	145	24:53	8:01	1:45:34
182	Todd Henry	Cedar Rapids	IA	22 M	74	9:06	1:40	5:11	188	1:02:11	15.0	1:58	181	29:04	9:21	1:47:30
183	Roger Browning	Iowa City	IA	46 M	157	12:19	2:15	3:54	182	56:40	16.4	2:13	186	32:27	10:27	1:47:33
184	Tim Saylor	Cedar Rapids	IA	34 M	174	13:16	2:26	5:36	187	1:02:05	15.0	2:13	152	25:18	8:09	1:48:28
185	Thomas Rodke	Cedar Rapids	IA	42 M	188	15:56	2:55	4:51	186	58:42	15.9	3:23	171	26:30	8:32	1:49:22
186	Chad Stoukil	Algona	IA	18 M	153	12:05	2:13	3:41	185	58:29	15.9	1:54	188	35:07	11:18	1:51:16
187	Carl Thurman	Waterloo	IA	50 M	187	15:49	2:54	5:06	181	56:24	16.5	4:03	183	30:31	9:49	1:51:53
188	Mark Willis	West Des Moines	IA	27 M	179	13:53	2:32	3:52	191	1:14:02	12.6	3:23	163	26:01	8:22	2:01:11
189	Greg Haburn	Estherville	IA	42 M	190	19:31	3:34	5:36	190	1:06:37	14.0	3:07	190	42:06	13:33	2:16:57
190	Andrew Wuehr	Iowa City	IA	36 M	177	13:32	2:29	5:17	192	1:17:32	12.0	2:12	189	39:20	12:40	2:17:53
191	Logan Heinrich	Nenah	WI	14 M	27	7:40	1:24	2:33	101	47:37	19.6	1:27				
192	Mark St. Andre	Iowa City	IA	29 M	118	10:18	1:53	3:56	142	51:05	18.2					
193	Ryan McGill	Omaha	NE	33 M	20	7:25	1:21	2:42								
194	Gary Bredehoft	Lincoln	NE	40 M	128	10:52	1:59									

TEAM EVENT

TOTAL PLACE	DIV PLC	TEAM	MEMBERS:	SWIMMER, BIKER, RUNNER	SWIM 100 plc	100 time	100 yds	TRAN time	BIKE plc	BIKE time	BIKE mph	TRAN time	RUN plc	RUN time	pace	TOTAL TIME	
1	1/1	Pig Feet	Chris Kulish, Scott Squires, Jack Bandy			3	10:16	1:53	1:27	1	42:21	22.0	0:51	3	21:41	6:59	1:16:36
2	1/3	H2O Crew	Nate Eisenhauer, Nadine Hinkle, Jeff Summy			1	6:46	1:14	1:06	3	50:43	18.4	0:53	2	20:17	6:32	1:19:45
3	2/3	Team CCT	Lyn Robinson, Leette Lane, Todd Elpperle			5	12:32	2:18	1:39	2	48:43	19.1	0:38	1	19:28	6:16	1:23:00
4	3/3	Arnold-Arms	Kiya Arnold-Arms, Norm Arms, Kara Arnold-Arms			4	11:02	2:01	1:35	4	59:14	15.7	0:57	4	25:29	8:12	1:38:17
5	1/1	Three Little Co-op's	Stephanie Armstrong, Dawn Leegard, Amy Mergener			2	9:49	1:48	1:40	5	1:03:22	14.7	0:58	5	26:42	8:36	1:42:31

TOP 10 SWIM

TOT PLC	NAME	CITY	ST	AGE	S	plc	SWIM 100 time	100 yds
1	Becky Gibbs	Minnetonka	MN	22	F	1	6:02	1:06
2	Doug Davis	Burnsville	MN	30	M	2	6:04	1:07
3	Mike B. Hoskovec	Omaha	NE	19	M	3	6:14	1:08
4	Hal Yoder	Davenport	IA	26	M	4	6:29	1:11
5	Kevin O'Connor	Corcoran	MN	25	M	5	6:45	1:14
6	David Scott	Cedar Rapids	IA	15	M	6	6:45	1:14
7	Nate Eisenhauer	Cedar Falls	IA			7	6:46	1:14
8	Jordan Thompson	Vermillion	SD	15	M	8	6:49	1:15
9	Todd Schweikert	Ames	IA	17	M	9	6:52	1:15
10	Joseph Berg	Green Bay	WI	19	M	10	7:00	1:17

TOP 10 FIRST TRANSITION

TOT PLC	NAME	CITY	ST	AGE	S	TRAN time
1	David Scott	Cedar Rapids	IA	15	M	1:32
2	Jason Marquardt	Yankton	SD	23	M	1:37
3	Nick Scott	Cedar Rapids	IA	45	M	1:41
4	Sara Feick	Lincoln	NE	32	F	1:43
5	Kevin O'Connor	Corcoran	MN	25	M	1:47
6	Clay Bertram	Shell Rock	IA	25	M	1:51
7	Richard Barry	Middleton	WI	51	M	1:51
8	Keith Dunn	Chicago	IL	35	M	1:52
9	Doug Davis	Burnsville	MN	30	M	1:55
10	Becky Gibbs	Minnetonka	MN	22	F	1:55

TOP 10 BIKE

TOT PLC	NAME	CITY	ST	AGE	S	plc	BIKE time	BIKE mph
1	Kevin O'Connor	Corcoran	MN	25	M	1	36:07	25.8
2	Jared Berg	Minneapolis	MN	22	M	2	37:11	25.1
3	Doug Davis	Burnsville	MN	30	M	3	37:29	24.9
4	Peter Saurugger	Des Moines	IA	39	M	4	37:33	24.8
5	Kevin Drake	Cedar Rapids	IA	30	M	5	37:57	24.6
6	Keith Dunn	Chicago	IL	35	M	6	38:05	24.5
7	John Punkiewicz	Rock Island	IL	46	M	7	38:45	24.1
8	Jeff Tuohino	Cedar Rapids	IA	36	M	8	39:02	23.9
9	Mike Morrison	Cedar Rapids	IA	23	M	9	39:04	23.9
10	Kenneth Collins	Omaha	NE	27	M	10	39:14	23.8

TOP 10 SECOND TRANSITION

TOT PLC	NAME	CITY	ST	AGE	S	TRAN time
1	Dave Ladehoff	Coralville	IA	27	M	1:02
2	John Punkiewicz	Rock Island	IL	46	M	1:08
3	Mike Hardy	Cedar Rapids	IA	26	M	1:08
4	Warren Tunwall	Iowa City	IA	36	M	1:08
5	Nick Scott	Cedar Rapids	IA	45	M	1:09
6	Bob Ensminger	Burlington	IA	43	M	1:09
7	Jeff Tuohino	Cedar Rapids	IA	36	M	1:10
8	Patrick McCreary	Hutchinson	KS	46	M	1:10
9	Kevin O'Connor	Corcoran	MN	25	M	1:11
10	Michael Kula	Coralville	IA	24	M	1:11

TOP 10 RUN

TOT PLC	NAME	CITY	ST	AGE	S	plc	RUN time	pace
1	Dave Ladehoff	Coralville	IA	27	M	1	16:14	5:13
2	Kevin O'Connor	Corcoran	MN	25	M	2	16:35	5:20
3	John Redmond	Marion	IA	21	M	3	16:43	5:23
4	Gary McKibben	Altoona	IA	37	M	4	17:22	5:35
5	Kevin Drake	Cedar Rapids	IA	30	M	5	17:28	5:37
6	Darin Wipf	Vermillion	SD	25	M	6	17:47	5:43
7	Brian Lynch	Iowa City	IA	22	M	7	17:47	5:43
8	Doug Davis	Burnsville	MN	30	M	8	17:48	5:44
9	Jared Berg	Minneapolis	MN	22	M	9	17:48	5:44
10	Mark Movic	Des Moines	IA	40	M	10	17:53	5:45

FEMALE AGE GROUP RESULTS 13 - 15

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Sarah Gutsch	Lenexa	KS	15	F	1	7:40	1:24	1:58	1	43:25	21.5	1:23	1	19:26	6:15	1:13:52
2 Ashley Thompson	Vermillion	SD	13	F	3	10:52	1:59	3:36	3	59:08	15.8	1:37	2	26:51	8:39	1:42:04
3 Jennifer Milks	Oelwein	IA	15	F	2	10:33	1:56	5:04	2	58:32	15.9	1:33	3	28:12	9:05	1:43:54

MALE AGE GROUP RESULTS 13 - 15

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 David Scott	Cedar Rapids	IA	15	M	1	6:45	1:14	1:32	1	41:47	22.3	1:23	1	18:24	5:55	1:09:51
2 Tom Meersman	Arlington Heig	IL	15	M					2	41:53	22.3	1:22	2	19:27	6:16	1:11:41
3 Jordan Thompson	Vermillion	SD	15	M	2	6:49	1:15	2:15	3	43:50	21.3	1:15	4	21:56	7:04	1:16:05
4 Ryan Rothermel	Antioch	IL	15	M	3	7:13	1:19	2:06	4	46:33	20.0	2:04	3	20:49	6:42	1:18:45
5 Eric Travagiakis	Cedar Rapids	IA	14	M	5	11:05	2:02	4:04	6	49:07	19.0	2:28	5	23:19	7:30	1:30:03
6 Logan Heinrich	Nenah	WI	14	M	4	7:40	1:24	2:33	5	47:37	19.6	1:27				

FEMALE AGE GROUP RESULTS 16 - 17

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Aryn Flood	Urbandale	IA	17	F	1	7:43	1:25	2:11	1	48:29	19.2	1:41	1	22:32	7:15	1:22:35
2 Ellen Stimmel	Iowa City	IA	16	F	2	7:46	1:25	3:48	3	57:24	16.2	1:33	2	24:30	7:53	1:35:01
3 Amber Travagiakis	Cedar Rapids	IA	16	F	3	10:22	1:54	4:41	2	52:27	17.8	1:42	3	27:48	8:57	1:37:00

MALE AGE GROUP RESULTS 16 - 17

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Todd Schweikert	Ames	IA	17	M	1	6:52	1:15	2:12	1	43:53	21.2	1:21	1	21:32	6:56	1:15:50
2 Nick Martin	Des Moines	IA	17	M	2	7:54	1:27	3:06	2	54:04	17.2	1:42	2	25:25	8:11	1:32:11

FEMALE AGE GROUP RESULTS 18 - 19

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Anne Heggen	Colfax	IA	18	F	1	8:41	1:35	4:22	1	55:08	16.9	1:40	1	26:35	8:33	1:36:26

MALE AGE GROUP RESULTS 18 - 19

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Joseph Berg	Green Bay	WI	19	M	2	7:00	1:17	2:14	1	40:11	23.2	1:16	2	21:33	6:56	1:12:14
2 Mike B. Hoskovec	Omaha	NE	19	M	1	6:14	1:08	2:53	2	44:32	20.9	1:54	1	19:41	6:20	1:15:14
3 Ezra Hallam	Ames	IA	18	M	4	8:04	1:29	3:09	3	44:33	20.9	1:51	3	22:08	7:07	1:19:45
4 Bryan McGeeney	Ames	IA	18	M	3	7:37	1:24	3:41	4	48:11	19.3	1:24	4	23:58	7:43	1:24:51
5 Chad Stoukii	Algona	IA	18	M	5	12:05	2:13	3:41	5	58:29	15.9	1:54	5	35:07	11:18	1:51:16

FEMALE AGE GROUP RESULTS 20 - 24

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Becky Gibbs	Minnetonka	MN	22	F	1	6:02	1:06	1:55	1	42:41	21.8	1:18	1	19:52	6:24	1:11:48
2 Meagan Ivers	Glen Ellyn	IL	21	F	2	7:19	1:20	3:37	5	53:31	17.4	1:30	2	23:02	7:25	1:28:59
3 Christa Johnson	Davenport	IA	24	F	6	10:01	1:50	4:23	2	48:51	19.1	1:57	8	25:36	8:14	1:30:48
4 Kandys Dameron	Burlington	IA	24	F	7	10:34	1:56	4:02	3	50:56	18.3	1:41	7	25:34	8:14	1:32:47
5 Jenny Dray	Cedar Rapids	IA	23	F	3	8:53	1:37	5:36	6	54:24	17.1	1:44	11	27:08	8:44	1:37:45
6 Jennifer Wallace	Davenport	IA	23	F	5	9:32	1:45	3:46	11	58:44	15.9	1:44	3	24:29	7:53	1:38:15
7 Erin Heppner	Iowa City	IA	24	F	11	12:25	2:16	4:42	4	52:43	17.7	1:32	12	27:42	8:55	1:39:04
8 Kina Miller	Cedar Rapids	IA	23	F	13	14:14	2:36	4:32	7	54:29	17.1	1:37	4	25:06	8:05	1:39:58
9 Jennifer Steffes	Iowa City	IA	24	F	8	10:55	2:00	4:42	9	57:32	16.2	1:34	5	25:23	8:10	1:40:06
10 Andrea Stibal	Iowa City	IA	23	F	9	11:22	2:05	4:19	10	58:35	15.9	1:20	10	27:04	8:43	1:42:40
11 Karen Janovy	Cedar Rapids	IA	24	F	10	12:19	2:15	6:03	8	54:58	17.0	2:52	14	28:08	9:03	1:44:20
12 Michelle Williams	Massena	IA	20	F	12	12:38	2:19	3:33	13	1:01:55	15.1	1:23	6	25:30	8:12	1:44:59
13 Kristin Beeghly	West Union	IA	20	F	14	14:31	2:39	3:53	12	59:28	15.7	1:35	9	25:49	8:19	1:45:16
14 Anna Acosta	Iowa City	IA	22	F	4	8:59	1:39	5:12	14	1:07:52	13.7	1:54	13	27:44	8:56	1:51:41

MALE AGE GROUP RESULTS 20 - 24

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Jared Berg	Minneapolis	MN	22	M	2	7:17	1:20	2:08	1	37:11	25.1	1:15	3	17:48	5:44	1:05:39
2 Mike Morrison	Cedar Rapids	IA	23	M	3	7:36	1:23	2:12	2	39:04	23.9	1:29	5	18:50	6:04	1:09:11
3 Joel Hennings	Omaha	NE	23	M	4	7:51	1:26	1:56	3	39:53	23.4	1:17	6	19:10	6:10	1:10:07

4	Brian Lynch	Iowa City	IA	22	M	11	9:17	1:42	2:52	4	41:44	22.3	1:57	2	17:47	5:43	1:13:37
5	Tavis Cummings	Keosauqua	IA	20	M	12	9:40	1:46	2:15	5	42:47	21.8	1:36	4	18:42	6:01	1:15:00
6	Jason Marquardt	Yankton	SD	23	M	7	8:32	1:34	1:37	7	44:58	20.7	1:19	8	20:08	6:29	1:16:34
7	John Burkle	Iowa City	IA	22	M	8	8:34	1:34	3:38	6	44:06	21.1	2:15	7	19:18	6:13	1:17:51
8	Michael Kula	Coralville	IA	24	M	1	7:05	1:18	3:08	10	49:05	19.0	1:11	9	20:13	6:30	1:20:42
9	Dale Ratliff III	Omaha	NE	24	M	5	8:19	1:31	3:35	9	46:28	20.1	1:40	10	21:52	7:02	1:21:54
10	John Redmond	Marion	IA	21	M	14	13:59	2:33	3:42	11	49:05	19.0	1:58	1	16:43	5:23	1:25:27
11	Nate Hahn	Iowa City	IA	21	M	9	9:01	1:39	3:18	12	49:40	18.8	2:16	11	21:54	7:03	1:26:09
12	Tom Farden	St Paul	MN	23	M	13	11:17	2:04	4:12	8	46:14	20.2	2:40	12	23:21	7:31	1:27:44
13	Josh Pearson	Iowa City	IA	23	M	6	8:27	1:33	3:32	13	50:16	18.5	1:37	13	25:20	8:09	1:29:12
14	Todd Henry	Cedar Rapids	IA	22	M	10	9:06	1:40	5:11	14	1:02:11	15.0	1:58	14	29:04	9:21	1:47:30

FEMALE AGE GROUP RESULTS 25 - 29

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
						time	yds	time	time	time	time	TIME					
1	Stacey Brickson	Middleton	WI	28	F	1	7:25	1:21	2:17	1	41:43	22.3	1:34	3	21:08	6:48	1:14:07
2	Kathleen Anderson	Madison	WI	26	F	2	7:36	1:23	2:03	2	45:49	20.3	1:42	8	22:55	7:23	1:20:05
3	Susie Petheram	Iowa City	IA	27	F	4	8:04	1:29	2:10	4	48:24	19.3	1:57	2	20:50	6:42	1:21:25
4	Shawn Magnall	Indianola	IA	27	F	5	8:56	1:38	4:05	3	48:03	19.4	2:09	1	20:02	6:27	1:23:15
5	Amy Carder	Iowa City	IA	26	F	3	7:56	1:27	4:08	6	50:45	18.4	1:54	5	22:09	7:08	1:26:52
6	Ellen Joensen	Iowa City	IA	27	F	9	13:09	2:24	3:18	5	48:46	19.1	1:52	6	22:29	7:14	1:29:34
7	Nanette Miller	Davenport	IA	26	F	6	9:27	1:44	3:41	7	51:16	18.2	2:50	7	22:45	7:19	1:29:59
8	Colleen Farley	Davenport	IA	25	F	8	12:57	2:22	3:16	8	51:17	18.2	1:20	4	21:19	6:52	1:30:09
9	Debbie Lenth	Marion	IA	29	F	12	14:01	2:34	4:33	9	55:01	16.9	1:39	9	25:04	8:04	1:40:18
10	Valerie Paidar	Hiawatha	IA	26	F	11	13:41	2:30	5:04	11	59:58	15.5	1:31	10	27:45	8:56	1:47:59
11	Laura Hudson	Iowa City	IA	28	F	7	12:55	2:22	6:58	10	59:56	15.6	2:41	11	29:46	9:35	1:52:16
12	Stephanie Maxwell	Davenport	IA	26	F	10	13:14	2:25	7:25	12	1:04:09	14.5	2:14	12	31:08	10:01	1:58:10

MALE AGE GROUP RESULTS 25 - 29

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
						time	yds	time	time	time	time	TIME					
1	Kevin O'Connor	Corcoran	MN	25	M	2	6:45	1:14	1:47	1	36:07	25.8	1:11	2	16:35	5:20	1:02:25
2	Darin Wipf	Vermillion	SD	25	M	5	7:44	1:25	2:09	3	39:42	23.5	1:26	3	17:47	5:43	1:08:48
3	Kenneth Collins	Omaha	NE	27	M	4	7:40	1:24	2:07	2	39:14	23.8	1:26	8	19:55	6:25	1:10:22
4	Brad Adink	Muscatine	IA	26	M	15	9:08	1:40	2:17	5	41:48	22.3	1:18	4	18:02	5:48	1:12:33
5	Eric Sarno	Rock Island	IL	26	M	9	8:19	1:31	3:01	6	42:05	22.1	1:47	5	19:13	6:11	1:14:25
6	Dave Ladehoff	Coralville	IA	27	M	10	8:28	1:33	4:16	10	45:12	20.6	1:02	1	16:14	5:13	1:15:12
7	Kingdon Hawes	Omaha	NE	29	M	18	9:15	1:41	2:53	4	41:22	22.5	1:34	9	20:09	6:29	1:15:33
8	Barry Breffel	Marion	IA	26	M	6	8:00	1:28	2:35	12	45:36	20.4	1:33	11	20:43	6:40	1:18:27
9	Robert Huffman	Iowa City	IA	27	M	19	9:16	1:42	3:02	8	42:51	21.8	2:07	17	21:52	7:02	1:19:08
10	David Lawson	Davenport	IA	26	M	11	8:42	1:35	2:21	13	45:53	20.3	1:25	12	20:57	6:45	1:19:18
11	Clay Bertram	Shell Rock	IA	25	M	13	8:50	1:37	1:51	7	42:37	21.9	1:21	30	24:49	7:59	1:19:28
12	Ross Mills	Waverly	IA	25	M	7	8:02	1:28	4:23	15	46:36	20.0	1:34	7	19:36	6:19	1:20:11
13	Hal Yoder	Davenport	IA	26	M	1	6:29	1:11	4:05	22	49:29	18.8	2:10	6	19:27	6:16	1:21:40
14	Greg McGinnis	Coralville	IA	27	M	12	8:48	1:37	2:28	11	45:21	20.6	1:34	24	23:50	7:40	1:22:01
15	Michael Pace	Davenport	IA	26	M	29	11:32	2:07	2:55	17	47:12	19.7	1:16	14	21:23	6:53	1:24:18
16	Michael Malik	Davenport	IA	25	M	20	9:32	1:45	2:50	18	47:33	19.6	1:45	21	22:50	7:21	1:24:30
17	Joel Conrad	Cedar Rapids	IA	28	M	22	9:56	1:49	3:00	21	49:28	18.8	1:11	13	20:57	6:45	1:24:32
18	Andrew Elliot	Iowa City	IA	28	M	28	11:18	2:04	3:10	9	44:52	20.8	2:00	23	23:46	7:39	1:25:06
19	Juan Delavara	Davenport	IA	26	M	8	8:18	1:31	3:59	19	48:12	19.3	1:57	22	23:20	7:31	1:25:46
20	Robert Murphy	Cedar Rapids	IA	29	M	26	10:38	1:57	3:23	23	49:40	18.8	1:49	10	20:34	6:37	1:26:04
21	Bill Powers	Minneapolis	MN	26	M	37	12:38	2:19	3:24	20	49:09	19.0	1:46	16	21:51	7:02	1:28:48
22	Thomas Long	Chicago	IL	29	M	3	7:37	1:24	2:56	27	50:49	18.3	2:03	38	26:03	8:23	1:29:28
23	TJ Snyman	Ames	IA	26	M	16	9:11	1:41	3:41	25	50:20	18.5	1:33	29	24:45	7:58	1:29:30
24	Kyle Jensen	Iowa City	IA	29	M	17	9:13	1:41	3:25	24	50:09	18.6	1:48	32	25:08	8:05	1:29:43
25	Chris Robinson	Iowa City	IA	28	M	25	10:19	1:53	3:24	34	51:45	18.0	2:03	19	22:15	7:10	1:29:46
26	Mike Hardy	Cedar Rapids	IA	26	M	23	10:17	1:53	4:40	32	51:39	18.0	1:08	33	25:09	8:06	1:32:53
27	Matt Gooding	Marion	IA	25	M	33	12:02	2:12	5:05	31	51:29	18.1	1:35	20	22:44	7:19	1:32:55
28	Rhett Schildroth	Muscatine	IA	25	M	21	9:50	1:48	4:21	38	55:31	16.8	1:31	18	21:58	7:04	1:33:11
29	Neal Allan	Iowa City	IA	25	M	38	12:41	2:19	3:27	26	50:25	18.5	2:13	27	24:39	7:56	1:33:25
30	Jason Lewis	Cedar Rapids	IA	26	M	34	12:02	2:12	5:58	16	47:07	19.8	3:28	31	25:05	8:04	1:33:40
31	Todd Schleusner	Davenport	IA	25	M	30	11:37	2:07	3:46	29	51:06	18.2	1:41	39	26:19	8:28	1:34:29
32	Curt Mosel	Minneapolis	MN	28	M	27	10:51	1:59	5:21	33	51:42	18.0	1:36	36	25:34	8:14	1:35:04
33	John Hermanson	Iowa City	IA	25	M	32	12:01	2:12	4:25	35	52:02	17.9	2:29	26	24:11	7:47	1:35:08
34	Ian Catlett	Iowa City	IA	26	M	40	16:30	3:01	9:18	14	46:16	20.1	2:08	15	21:42	6:59	1:35:54
35	Derick Clanston	Iowa City	IA	27	M	31	11:40	2:08	4:25	36	52:27	17.8	1:53	35	25:30	8:12	1:35:55
36	Tommy Vasquez	Waukegan	IA	28	M	35	12:16	2:15	4:43	30	51:18	18.2	2:36	34	25:18	8:09	1:36:11
37	Keith Abkes	Cedar Rapids	IA	25	M	36	12:35	2:18	5:22	37	54:01	17.3	1:56	25	24:04	7:45	1:37:58
38	Derek Olsen	Omaha	NE	27	M	14	9:07	1:40	5:36	39	58:21	16.0	1:31	28	24:44	7:58	1:39:19
39	Mark Wills	West Des Moines	IA	27	M	39	13:53	2:32	3:52	40	1:14:02	12.6	3:23	37	26:01	8:22	2:01:11
40	Mark St. Andre	Iowa City	IA	29	M	24	10:18	1:53	3:56	28	51:05	18.2					

FEMALE AGE GROUP RESULTS 30 - 34

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
						time	yds	time	time	time	time	TIME					
1	Sara Feick	Lincoln	NE	32	F	1	7:25	1:21	1:43	1	42:09	22.1	1:12	1	19:02	6:08	1:11:31
2	Mary Eure	Davenport	IA	30	F	2	8:42	1:35	2:26	2	42:38	21.9	1:27	2	20:23	6:34	1:15:36
3	Jolene Rosebeck	Des Moines	IA	34	F	3	8:50	1:37	2:34	5	49:24	18.9	1:47	7	25:00	8:03	1:27:35
4	Helen Redmund	Montezuma	IA	33	F	10	14:34	2:40	2:55	3	45:39	20.4	2:05	4	22:32	7:15	1:27:45
5	Kristin Selsor	Winterset	IA	34	F	8	12:13	2:14	3:16	6	50:15	18.5	2:10	3	21:43	6:59	1:29:37
6	Barb Scholz	Des Moines	IA	32	F	7	10:42	1:57	3:51	8	51:40	18.0	1:33	6	24:45	7:58	1:32:31
7	Janelle Nitchals	Omaha	NE	30	F	6	10:38	1:57	3:32	7	51:35	18.1	1:48	8	25:19	8:09	1:32:52
8	Vera Rigolin	Chicago	IL	34	F	5	10:27	1:55	3:12	9	52:20	17.8	2:14	9	30:51	9:56	1:39:04
9	Brenda Ann Cloud	Cedar Rapids	IA	32	F	9	13:13	2:25	5:13	10	57:15	16.3	1:25	5	22:51	7:21	1:39:57
10	Marjorie Goodyear	Wellman	IA	34	F	4	9:50	1:48	3:20	4	46:19	20.1					

MALE AGE GROUP RESULTS 30 - 34

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Doug Davis	Burnsville	MN	30	M	1	6:04	1:07	1:55	1	37:29 24.9	1:18	2	17:48	5:44	1:04:34
2 Kevin Drake	Cedar Rapids	IA	30	M	8	8:26	1:33	2:24	2	37:57 24.6	1:25	1	17:28	5:37	1:07:40
3 Doug Rosen	Bloomington	IL	33	M	4	8:00	1:28	2:37	4	40:34 23.0	1:12	3	18:17	5:53	1:10:40
4 Craig Olson	Marion	IA	31	M	7	8:24	1:32	2:28	5	40:36 23.0	1:47	4	18:55	6:05	1:12:10
5 John Dobbs	Davenport	IA	33	M	13	8:44	1:36	2:42	8	42:00 22.2	1:30	5	18:55	6:05	1:13:51
6 Paul Miller	Des Moines	IA	32	M	20	9:47	1:47	2:36	3	39:17 23.7	1:30	12	20:48	6:42	1:13:58
7 Ty Buss	Waterloo	NE	34	M	14	9:02	1:39	3:33	10	42:21 22.0	1:51	6	19:05	6:09	1:15:52
8 Brad Edmister	Des Moines	IA	30	M	5	8:07	1:29	2:33	9	42:11 22.1	2:02	16	21:03	6:47	1:15:56
9 Brad Lutchka	Moline	IL	32	M	3	7:32	1:23	2:35	15	45:16 20.6	1:38	7	19:46	6:22	1:16:47
10 Bradley Lake	Madison	WI	30	M	21	9:48	1:48	2:24	6	41:17 22.6	1:34	23	22:05	7:06	1:17:08
11 Mark Livesay	Columbia	MO	31	M	19	9:27	1:44	2:48	11	42:46 21.8	1:24	24	22:17	7:10	1:18:42
12 Peter Ylvisaker	Marion	IA	34	M	12	8:42	1:35	2:50	17	45:30 20.5	1:31	9	20:20	6:33	1:18:53
13 James LaBonne	Zion	IL	31	M	15	9:07	1:40	2:54	13	44:53 20.8	1:16	13	20:50	6:42	1:19:00
14 Chris Thomas	Yankton	SD	31	M	10	8:34	1:34	3:06	16	45:29 20.5	1:27	19	21:20	6:52	1:19:56
15 Kiyoshi Endo	Woodbury	MN	30	M	22	9:54	1:49	2:37	14	45:10 20.6	1:31	14	20:57	6:45	1:20:09
16 Greg Schenck	Stanton	IA	31	M	16	9:12	1:41	3:14	19	45:58 20.3	1:50	8	20:06	6:28	1:20:20
17 Bill Vipond	Ankeny	IA	33	M	11	8:40	1:35	3:04	18	45:31 20.5	2:09	17	21:12	6:49	1:20:36
18 John Jensen	Cedar Rapids	IA	32	M	6	8:20	1:31	3:52	22	46:19 20.1	1:24	15	21:00	6:46	1:20:55
19 James Arthur	Lincoln	NE	33	M	18	9:18	1:42	3:15	12	44:15 21.1	1:49	29	24:03	7:44	1:22:40
20 Karl Rosenberg	Cedar Rapids	IA	32	M	30	11:57	2:11	4:35	7	41:49 22.3	2:27	25	22:20	7:11	1:23:08
21 Gary Love	West Des Moines	IA	32	M	37	14:15	2:36	3:01	21	46:16 20.1	1:36	11	20:46	6:41	1:25:54
22 Andrew Lenze	Marion	IA	34	M	38	14:32	2:39	3:40	20	46:13 20.2	1:15	10	20:28	6:35	1:26:08
23 Mark Lohnes	Lincoln	NE	31	M	17	9:15	1:41	3:56	23	46:48 19.9	2:29	30	24:24	7:51	1:26:52
24 Gregg Machetta	Coralville	IA	31	M	26	10:43	1:58	4:11	27	49:06 19.0	1:26	20	21:32	6:56	1:26:58
25 Steve Kerkove	Cedar Rapids	IA	32	M	32	12:43	2:20	3:28	24	47:08 19.8	1:53	22	22:03	7:06	1:27:15
26 Mike Dry	Iowa City	IA	32	M	27	11:41	2:08	4:15	25	47:55 19.5	1:42	26	22:28	7:14	1:28:01
27 Barry Satterfield	Marion	IA	33	M	29	11:49	2:10	4:12	26	48:51 19.1	1:31	21	21:46	7:00	1:28:09
28 Paul Dykes	Maplewood	MN	30	M	9	8:32	1:34	3:31	29	50:38 18.4	2:11	28	23:51	7:41	1:28:43
29 Galen Kyes	Marion	IA	30	M	28	11:43	2:09	4:23	32	51:21 18.2	2:23	18	21:12	6:49	1:31:02
30 David Rooney	Urbana	IA	30	M	33	12:44	2:20	4:24	28	50:27 18.5	1:53	31	24:33	7:54	1:34:01
31 John Piotrowski	Des Moines	IA	30	M	24	9:59	1:50	4:13	35	53:34 17.4	2:06	32	24:59	8:02	1:34:51
32 Greg Hodak	Trarar	IA	32	M					34	53:24 17.5	2:20	27	22:34	7:16	1:35:12
33 Bill Dawes	Des Moines	IA	34	M	25	10:05	1:51	4:05	33	53:22 17.5	2:17	35	26:20	8:29	1:36:09
34 Michael Dankert	Cedar Rapids	IA	30	M	23	9:58	1:49	3:49	31	51:15 18.2	2:37	39	30:45	9:54	1:38:24
35 Mark Scholz	Des Moines	IA	34	M	31	12:33	2:18	5:12	37	54:24 17.1	2:03	34	25:33	8:13	1:39:45
36 Will Swain	Iowa City	IA	32	M	35	13:37	2:29	4:58	30	51:10 18.2	3:17	37	26:59	8:41	1:40:01
37 Steve Slechta	Freeport	IL	30	M	36	13:56	2:33	5:16	38	54:30 17.1	1:25	36	26:26	8:30	1:41:33
38 Mark Smidt	Fort Dodge	IA	34	M	39	15:38	2:52	4:30	36	54:19 17.2	1:33	38	27:41	8:55	1:43:41
39 Tim Saylor	Cedar Rapids	IA	34	M	34	13:16	2:26	5:36	39	1:02:05 15.0	2:13	33	25:18	8:09	1:48:28
40 Ryan McGill	Omaha	NE	33	M	2	7:25	1:21	2:42							

FEMALE AGE GROUP RESULTS 35 - 39

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Carol Smolsky	Omaha	NE	37	F	1	7:16	1:20	2:11	1	41:35 22.4	1:23	2	21:28	6:55	1:13:53
2 Anne Lee	Wayzata	MN	37	F	5	9:58	1:49	3:34	2	47:24 19.7	2:13	4	22:30	7:15	1:25:39
3 Sally Wismer	Davenport	IA	35	F	9	11:32	2:07	3:16	3	48:57 19.0	2:34	1	20:02	6:27	1:26:21
4 Elizabeth Fangman	Cedar Rapids	IA	39	F	6	10:28	1:55	2:49	4	50:11 18.6	1:57	8	29:30	9:30	1:34:55
5 Elisabeth Marks	Cedar Rapids	IA	35	F	2	8:41	1:35	3:29	9	56:03 16.6	1:36	5	25:28	8:12	1:35:17
6 Tracy O'Dell	Cedar Rapids	IA	38	F	11	13:32	2:29	3:14	5	50:27 18.5	1:38	6	26:29	8:31	1:35:20
7 Dianna Bordewick	Coralville	IA	37	F	12	13:38	2:30	4:59	7	53:21 17.5	1:36	3	22:23	7:12	1:35:57
8 Diane Dodds	Cedar Rapids	IA	36	F	3	8:52	1:37	5:06	10	56:05 16.6	1:23	7	26:57	8:40	1:38:23
9 Karen Hurtis	Rochester	MN	35	F	10	12:14	2:14	3:22	8	54:08 17.2	1:30	9	32:30	10:28	1:43:44
10 Lisa Rhatigan	Cedar Rapids	IA	36	F	8	11:25	2:05	5:12	11	58:06 16.0	2:51	11	36:35	11:46	1:54:09
11 Deb Porter	Moline	IL	39	F	7	10:49	1:59	7:19	12	1:00:26 15.4	3:42	10	34:53	11:14	1:57:09
12 Debbie Duff	Cedar Rapids	IA	37	F	13	16:26	3:00	6:25	6	52:01 17.9	4:33	12	37:45	12:09	1:57:10
13 K.D. Rex	Wellman	IA	38	F	4	8:55	1:38	3:20							

MALE AGE GROUP RESULTS 35 - 39

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Peter Saurugger	Des Moines	IA	39	M	1	7:05	1:18	2:06	1	37:33 24.8	1:13	3	18:00	5:48	1:05:57
2 Keith Dunn	Chicago	IL	35	M	7	7:45	1:25	1:52	2	38:05 24.5	1:18	2	17:56	5:46	1:06:56
3 Jeff Tuohino	Cedar Rapids	IA	36	M	4	7:20	1:20	3:14	3	39:02 23.9	1:10	9	20:04	6:28	1:10:50
4 Gary McKibben	Altoona	IA	37	M	8	7:46	1:25	2:44	6	42:22 22.0	1:17	1	17:22	5:35	1:11:31
5 Scott Green	Davenport	IA	36	M	2	7:16	1:20	2:10	5	42:17 22.0	1:53	6	19:20	6:13	1:12:56
6 Tim Huffman	Des Moines	IA	36	M	13	8:22	1:32	2:07	8	42:32 21.9	1:22	5	18:40	6:00	1:13:03
7 David Dorff	Des Moines	IA	39	M	3	7:17	1:20	3:03	7	42:31 21.9	1:37	11	20:07	6:28	1:14:35
8 Mark Corley	Waterloo	IA	35	M	6	7:27	1:22	3:04	9	42:32 21.9	1:27	14	20:28	6:35	1:14:58
9 Tom Heuer	Des Moines	IA	39	M	16	8:56	1:38	3:35	10	44:06 21.1	1:45	4	18:23	5:55	1:16:45
10 Doug Kennedy	Portage	IN	39	M	10	8:02	1:28	2:24	12	44:25 21.0	1:56	10	20:06	6:28	1:16:53
11 Jay Marshall	Lincoln	NE	38	M	17	9:09	1:40	2:48	14	45:32 20.5	1:45	7	19:27	6:16	1:18:41
12 Tim Ilten	Cedar Rapids	IA	35	M	9	7:59	1:28	2:53	11	44:13 21.1	1:51	16	21:59	7:05	1:18:55
13 CJ Ong, Jr	Cedar Rapids	IA	38	M	20	10:05	1:51	3:35	4	41:31 22.5	2:15	15	21:39	6:58	1:19:05
14 Rick Twigg	Columbia	MO	35	M	18	9:14	1:41	2:24	15	46:00 20.3	1:37	17	22:06	7:07	1:21:21
15 Paul Kulas	Cedar Rapids	IA	35	M	14	8:37	1:35	2:57	16	46:56 19.9	1:55	18	22:08	7:07	1:22:33
16 Mike Ament	Cedar Rapids	IA	36	M	19	9:57	1:49	3:14	21	49:13 18.9	1:39	13	20:14	6:31	1:24:17
17 Kirk Morrow	Lincoln	NE	36	M	28	13:02	2:23	4:12	13	45:29 20.5	1:48	8	19:50	6:23	1:24:21
18 Eric Fischer	St Louis	MO	35	M	11	8:05	1:29	3:22	20	48:40 19.2	1:52	26	24:09	7:46	1:26:08
19 Warren Tunwall	Iowa City	IA	36	M	5	7:21	1:21	4:00	28	52:52 17.6	1:08	20	22:27	7:14	1:27:48
20 David Diebold	Marion	IA	35	M	29	13:13	2:25	4:49	17	47:59 19.4	2:08	12	20:13	6:30	1:28:22
21 Tim Hanna	Swisher	IA	36	M	24	11:58	2:11	3:52	18	48:21 19.3	1:33	25	23:46	7:39	1:29:30
22 Chris Cardinale	Cedar Rapids	IA	35	M	21	10:26	1:54	3:39	23	50:35 18.4	2:11	21	22:46	7:20	1:29:37
23 Jim Bell	Cedar Rapids	IA	39	M	15	8:51	1:37	3:30	25	51:58 17.9	2:13	22	23:22	7:31	1:29:54
24 Rick Spear	Iowa City	IA	37	M	23	11:57	2:11	3:56	19	48:28 19.2	1:36	31	25:51	8:19	1:31:48
25 Tom Frantz	Marion	IA	39	M					24	51:26 18.1	1:36	19	22:14	7:09	1:32:55
26 Mark Hendrickson	Waterloo	IA	36	M	30	13:17	2:26	3:34	22	50:28 18.5	2:41	27	24:29	7:53	1:34:29

27	Mark Morrison	Solon	IA	36	M	26	12:36	2:18	4:19	27	52:47	17.7	1:26	28	25:05	8:04	1:36:13
28	John Viggers	Altoona	IA	35	M	25	12:22	2:16	3:41	30	55:20	16.8	1:39	24	23:43	7:38	1:36:45
29	Paul Jeanis	Ferguson	MO	36	M	22	11:11	2:03	4:40	26	52:36	17.7	3:02	29	25:25	8:11	1:36:54
30	Mike Travagiakis	Cedar Rapids	IA	38	M	27	12:58	2:22	3:42	29	53:49	17.3	2:37	30	25:40	8:16	1:38:46
31	Jeff Steimel	Cedar Rapids	IA	35	M	31	13:18	2:26	4:27	31	56:20	16.5	1:30	23	23:32	7:34	1:39:07
32	Kevin Henrichs	Davenport	IA	37	M	12	8:15	1:31	5:47	32	57:42	16.2	1:33	32	28:35	9:12	1:41:52
33	Andrew Wuehr	Iowa City	IA	36	M	32	13:32	2:29	5:17	33	1:17:32	12.0	2:12	33	39:20	12:40	2:17:53

FEMALE AGE GROUP RESULTS 40 - 44

NAME	CITY	ST	AGE	S	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
					plc	time	time	time	plc	time	TIME					
						yds		mph		pace						
1 Tami O'Dell	Milwaukee	WI	42	F	1	11:24	2:05	2:31	1	47:37	19.6	1:49	1	25:12	8:07	1:28:33

MALE AGE GROUP RESULTS 40 - 44

NAME	CITY	ST	AGE	S	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL						
					plc	time	time	time	plc	time	TIME						
						yds		mph		pace							
1	Mark Movic	Des Moines	IA	40	M	1	7:01	1:17	2:09	2	39:43	23.5	1:34	1	17:53	5:45	1:08:20
2	Hartmut Andres	Rock Island	IL	43	M	4	8:22	1:32	1:56	1	39:18	23.7	1:23	4	18:57	6:06	1:09:56
3	Jim Gutsch	Lenexa	KS	43	M	9	9:38	1:46	2:00	5	41:49	22.3	1:32	3	18:39	6:00	1:13:38
4	Greg Madison	Ankeny	IA	42	M	11	9:48	1:48	2:46	3	41:32	22.4	1:20	2	18:27	5:56	1:13:53
5	Bob Ensminger	Burlington	IA	43	M	8	9:26	1:44	3:05	4	41:35	22.4	1:09	5	18:57	6:06	1:14:12
6	Tom Henson	Marion	IA	40	M	6	8:52	1:37	2:06	6	42:49	21.8	1:53	7	20:55	6:44	1:16:35
7	Jim Gerk	Cedar Rapids	IA	41	M	7	9:24	1:43	2:01	7	43:50	21.3	1:37	6	20:47	6:41	1:17:39
8	Michael Berry	Solon	IA	40	M	5	8:46	1:36	2:53	8	45:33	20.5	1:59	14	23:27	7:33	1:22:38
9	David Hart	Cedar Rapids	IA	40	M	12	9:57	1:49	3:08	11	46:50	19.9	1:41	10	22:32	7:15	1:24:08
10	Jeff Clark	Cedar Rapids	IA	42	M	2	8:13	1:30	3:08	13	47:39	19.6	1:24	19	24:53	8:01	1:25:17
11	Greg Steiner	Cedar Rapids	IA	40	M	10	9:42	1:46	3:51	16	48:44	19.1	1:15	9	22:02	7:06	1:25:34
12	Andy Wignall	Ankeny	IA	44	M	13	10:11	1:52	3:25	10	46:12	20.2	1:49	18	24:28	7:52	1:26:05
13	Scott Schoneberg	Des Moines	IA	40	M	14	10:11	1:52	4:27	14	47:54	19.5	1:33	11	22:32	7:15	1:26:37
14	Marcus Rhatigan	Cedar Rapids	IA	42	M	21	12:09	2:13	2:58	9	45:55	20.3	1:46	17	24:25	7:52	1:27:13
15	Allen Iudeking	Decorah	IA	40	M	25	13:04	2:23	3:32	12	47:35	19.6	2:28	8	20:59	6:45	1:27:38
16	Bob Holst	Urbandale	IA	42	M	19	11:38	2:08	2:52	17	49:07	19.0	2:16	12	23:14	7:29	1:29:07
17	Brad Brunia	Huxley	IA	41	M	3	8:19	1:31	4:52	19	49:45	18.7	2:19	21	26:56	8:40	1:32:11
18	Cabot Welchlin	Maplewood	MN	42	M	20	11:55	2:11	3:47	18	49:28	18.8	3:06	16	24:24	7:51	1:32:40
19	Paul Riggs	Oskaloosa	IA	43	M	18	10:53	1:59	6:03	21	52:23	17.8	1:18	15	24:02	7:44	1:34:39
20	Tim Millea	Davenport	IA	41	M	15	10:16	1:53	4:42	20	51:23	18.1	1:33	23	27:11	8:45	1:35:05
21	Jim Johns	Cedar Rapids	IA	44	M	24	12:46	2:20	3:38	24	55:46	16.7	1:24	13	23:17	7:30	1:36:51
22	Jeff Milks	Oelwein	IA	42	M	22	12:10	2:14	4:43	22	54:22	17.1	1:32	22	27:08	8:44	1:39:55
23	Mark Rasmussen	Jefferson	IA	41	M	16	10:28	1:55	4:14	23	55:11	16.9	2:16	24	28:33	9:11	1:40:42
24	Bob Michaelson	Moline	IL	43	M	23	12:35	2:18	5:37	15	48:11	19.3	3:53	25	34:56	11:15	1:45:12
25	Thomas Rodke	Cedar Rapids	IA	42	M	26	15:56	2:55	4:51	25	58:42	15.9	3:23	20	26:30	8:32	1:49:22
26	Greg Haburn	Estherville	IA	42	M	27	19:31	3:34	5:36	26	1:06:37	14.0	3:07	26	42:06	13:33	2:16:57
27	Gary Bredehoff	Lincoln	NE	40	M	17	10:52	1:59									

FEMALE AGE GROUP RESULTS 45 - 49

NAME	CITY	ST	AGE	S	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
					plc	time	time	time	plc	time	TIME					
						yds		mph		pace						
1 Deborah Hankens	Cherokee	IA	46	F	1	11:03	2:01	3:20	1	46:43	20.0	1:51	1	25:40	8:16	1:28:37

MALE AGE GROUP RESULTS 45 - 49

NAME	CITY	ST	AGE	S	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL						
					plc	time	time	time	plc	time	TIME						
						yds		mph		pace							
1	John Punkiewicz	Rock Island	IL	46	M				1	38:45	24.1	1:08	3	19:15	6:12	1:09:09	
2	Nick Scott	Cedar Rapids	IA	45	M	3	8:14	1:30	1:41	2	41:32	22.4	1:09	1	18:31	5:58	1:11:07
3	Patrick McCreary	Hutchinson	KS	46	M	4	9:16	1:42	2:07	3	43:36	21.4	1:10	4	20:44	6:40	1:16:53
4	Al Behrens	Council Bluffs	IA	47	M	7	10:37	1:56	2:58	4	44:07	21.1	1:30	2	18:54	6:05	1:18:06
5	Roger Jorgensen	West Des Moines	IA	49	M	1	7:17	1:20	3:06	6	46:12	20.2	2:01	6	24:11	7:47	1:22:47
6	Jeffrey Ginn	Cedar Rapids	IA	45	M	5	9:48	1:48	3:06	5	44:12	21.1	2:14	8	25:32	8:13	1:24:52
7	Mike Herrin	Tremont	IL	48	M	9	10:58	2:00	3:30	9	49:33	18.8	1:53	5	22:13	7:09	1:28:07
8	Nick Gearhart	Cedar Rapids	IA	46	M	2	7:22	1:21	3:17	11	51:28	18.1	2:57	7	24:49	7:59	1:29:53
9	Kent McMullen	Clive	IA	47	M	8	10:43	1:58	3:48	7	47:42	19.5	1:48	9	25:58	8:21	1:29:59
10	Jim McMahon	Garner	IA	49	M	6	10:13	1:52	4:11	8	48:43	19.1	1:58	11	26:11	8:26	1:31:16
11	Lou Rausch	Traer	IA	49	M	12	13:59	2:33	4:05	10	50:15	18.5	1:31	12	29:18	9:26	1:39:08
12	David Kennell	Cedar Rapids	IA	45	M	13	14:44	2:42	5:20	12	53:41	17.4	3:45	10	26:06	8:24	1:43:36
13	Michael A. Hoskove	Omaha	NE	49	M	11	12:34	2:18	3:10	13	54:18	17.2	2:16	13	32:15	10:23	1:44:33
14	Roger Browning	Iowa City	IA	46	M	10	12:19	2:15	3:54	14	56:40	16.4	2:13	14	32:27	10:27	1:47:33

MALE AGE GROUP RESULTS 50 - 54

NAME	CITY	ST	AGE	S	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL						
					plc	time	time	time	plc	time	TIME						
						yds		mph		pace							
1	Richard Barry	Middleton	WI	51	M	1	8:15	1:31	1:51	1	40:48	22.8	1:36	2	20:28	6:35	1:12:58
2	Porter Reed	Elgin	IL	50	M	2	8:24	1:32	2:12	2	43:15	21.6	1:30	1	19:22	6:14	1:14:43
3	Doug Zickuhr	Bettendorf	IA	51	M	3	10:12	1:52	3:15	3	43:20	21.5	1:56	3	24:39	7:56	1:23:22
4	Rich Droste	Waterloo	IA	52	M	5	11:15	2:03	3:40	4	51:40	18.0	1:38	5	27:03	8:42	1:35:16
5	Rick Koopp	Cedar Rapids	IA	51	M	4	10:40	1:57	4:51	5	56:09	16.6	1:53	4	26:03	8:23	1:39:36
6	Carl Thurman	Waterloo	IA	50	M	6	15:49	2:54	5:06	6	56:24	16.5	4:03	6	30:31	9:49	1:51:53

FEMALE AGE GROUP RESULTS 55 - 59

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL		
						time	yds	time	time	time	time	TIME		
1 Carol Deman	Omaha	NE	56	F	1	10:35	1:56	4:21	1 48:08	19.4	1:36	1 27:34	8:52	1:32:14

MALE AGE GROUP RESULTS 55 - 59

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL		
						time	yds	time	time	time	time	TIME		
1 Richard Nehring	Alden	IA	57	M	3	10:54	2:00	2:54	1 44:17	21.0	1:40	3 22:00	7:05	1:21:45
2 Ken Deman	Omaha	NE	58	M	2	10:15	1:52	3:53	2 45:28	20.5	1:26	2 21:32	6:56	1:22:34
3 Sylvan Addink	Iowa City	IA	55	M	4	11:10	2:03	3:10	3 45:51	20.3	1:33	1 21:05	6:47	1:22:49
4 Dick Buhman	Yutan	NE	59	M	1	9:32	1:45	3:01	4 1:05:38	14.2	2:30	4 24:53	8:01	1:45:34

MALE AGE GROUP RESULTS 60 - 64

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL		
						time	yds	time	time	time	time	TIME		
1 Leonard Fuxa	Omaha	NE	63	M	1	9:31	1:44	3:04	1 45:58	20.3	1:40	1 22:41	7:18	1:22:54

MALE AGE GROUP RESULTS 65 - 69

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL		
						time	yds	time	time	time	time	TIME		
1 O.A. Demoss	Fort Smith	AR	68	M	2	12:20	2:15	5:28	1 48:42	19.1	2:14	1 24:48	7:59	1:33:32
2 John Betlach	Owatonna	MN	65	M	1	11:16	2:04	4:09	2 50:50	18.3	1:50	2 28:24	9:08	1:36:29

The Little Pig Triathlon

TOT	DIV	PLC	PLC	NAME	CITY	ST	AGE	S	TOTAL
									TIME
1	1/8			Les Schweikert	Ames	IA	13	M	25:08
2	1/5			Julie Gutsch	Lenexa	KS	12	F	25:34
3	2/8			Garett Buss	Waterloo	NE	12	M	28:23
4	3/8			Ellen Stimmel	Iowa City	IA	12	M	28:40
5	4/8			Luke Henson	Marion	IA	8	M	28:45
6	5/8			John Hart	Cedar Rapids	IA	10	M	30:23
7	2/5			Lauren Henson	Marion	IA	11	F	30:50
8	3/5			Katie Hurtis	Rochester	MN	8	F	32:39
9	6/8			Patrick Rhatigan	Cedar Rapids	IA	9	M	32:40
10	4/5			Lindsey Steimel	Cedar Rapids	IA	12	F	33:17
11	5/5			Erin Bell	Cedar Rapids	IA	12	F	34:27
12	7/8			Eric Dhooge	Marion	IA	9	M	34:54
13	8/8			Michael Dhooge	Marion	IA	8	M	35:08