

Aspire 10K Run

April 1, 2017

Overall Division Results

10K

Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	14/477	1/207	506	Betsy Eickelberg	25	F	Leonia	NJ	5:59	00:37:14.65

Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/477	1/270	141	Nick Filippazzo	24	M	Wantagh	NY	5:02	00:31:22.54

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	22/477	3/207	472	Heather Williams	41	F	Centerport	NY	6:08	00:38:07.91

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	11/477	11/270	65	Boyd Carrington	44	M	West Islip	NY	5:56	00:36:52.87

Female Athena 140- 159

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	248/477	82/207	388	Terri Ruane	47	F	Farmingdale	NY	8:50	00:54:53.96
2	313/477	114/207	500	Kimberly Greenwald	38	F	Westbury	NY	9:37	00:59:50.22
3	314/477	115/207	71	Mehak Chopra	29	F	Huntington Station	NY	9:39	00:59:58.77
4	320/477	117/207	145	Sue Fitzpatrick	56	F	Dix Hills	NY	9:49	01:01:04.15
5	377/477	151/207	356	Lianna Portnoy	28	F	Brooklyn	NY	10:30	01:05:15.54
6	407/477	168/207	283	Nina Mccann	45	F	Williston Park	NY	11:14	01:09:50.42
7	433/477	184/207	58	Janet Buitenkant	56	F	Northport	NY	11:50	01:13:34.13
8	465/477	200/207	73	Pinky Chopra	57	F	Albertson	NY	15:45	01:37:53.52
9	466/477	201/207	72	Neha Chopra	28	F	Albertson	NY	15:45	01:37:53.83

Male Clydesdale 185 - 199

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	39/477	32/270	120	John Dullaghan	40	M	East Northport	NY	6:31	00:40:33.51
2	93/477	68/270	336	Ken Olson	47	M	Bethpage	NY	7:17	00:45:21.43
3	96/477	70/270	79	John Clifford	55	M	Seaford	NY	7:18	00:45:27.43
4	121/477	86/270	376	David Rockitter	54	M	Wantagh	NY	7:34	00:47:02.48
5	146/477	105/270	350	Robert Pickus	47	M	Plainview	NY	7:44	00:48:08.39
6	249/477	167/270	231	David Kinsella	38	M	West Babylon	NY	8:50	00:54:58.96
7	280/477	179/270	149	Paul Franciotti	62	M	East Meadow	NY	9:12	00:57:15.22
8	430/477	248/270	465	Todd Weinstein	44	M	East Meadow	NY	11:49	01:13:30.16
9	453/477	260/270	381	Mark Rosenberg	74	M	Syosset	NY	13:05	01:21:22.17

Female Athena 160+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
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Female Athena 160+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	303/477	111/207	566	Jenna Lambert	40	F	Hicksville	NY	9:26	00:58:41.42
2	316/477	116/207	420	Jacqueline Shine	24	F	Ronkonkoma	NY	9:46	01:00:44.14
3	323/477	119/207	341	Carolin Paidoussis	46	F	West Islip	NY	9:50	01:01:09.19
4	366/477	145/207	88	Laurie Crossman	54	F	Centerport	NY	10:18	01:04:01.23
5	421/477	177/207	285	Rebecca Mcdonald	48	F	Nesconset	NY	11:36	01:12:07.51
6	427/477	181/207	470	Patricia Wiertz	54	F	Levittown	NY	11:48	01:13:19.74
7	461/477	197/207	439	Iva Sutton	41	F	Selden	NY	15:02	01:33:28.97
8	472/477	206/207	207	Sharon Hoskins	46	F	Freeport	NY	16:49	01:44:33.35

Male Clydesdale 200+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	130/477	93/270	481	Jared Wosleger	27	M	Merrick	NY	7:37	00:47:23.81
2	135/477	97/270	368	William Reitz	42	M	West Islip	NY	7:38	00:47:29.17
3	143/477	102/270	334	Dan O'shea	48	M	Kings Park	NY	7:44	00:48:04.69
4	221/477	150/270	198	Dan Hickey	56	M	Merrick	NY	8:36	00:53:29.21
5	240/477	161/270	221	Steve Juchem	47	M	North Bellmore	NY	8:45	00:54:25.71
6	241/477	162/270	26	Richard Barkan	52	M	Long Beach	NY	8:45	00:54:27.46
7	367/477	222/270	200	Peter Hoey	57	M	Floral Park	NY	10:20	01:04:18.71
8	396/477	234/270	64	Ken Carmel	56	M	Ronkonkoma	NY	10:55	01:07:50.23
9	420/477	244/270	287	Thomas Mcgillicuddy	50	M	Glen Head	NY	11:28	01:11:20.94
10	428/477	247/270	162	Steve Gerson	59	M	East Meadow	NY	11:48	01:13:21.51
11	434/477	250/270	245	Michael Laforgia	51	M	Smithtown	NY	11:50	01:13:34.51
12	449/477	256/270	428	Doug Softy	61	M	Bethpage	NY	12:36	01:18:19.20
13	452/477	259/270	370	Ivan Rey	59	M	Oceanside	NY	13:00	01:20:52.28

Female Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	263/477	90/207	633	Erin Stroehlein	9	F	Babylon	NY	9:01	00:56:07.80
2	357/477	141/207	324	Sofia Ng	10	F	East Northport	NY	10:10	01:03:16.74
3	447/477	192/207	32	Kylie Becker	11	F	Port Jefferson Static	NY	12:33	01:18:05.20

Male Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	26/477	21/270	521	Thomas Fodor	14	M	Northport	NY	6:14	00:38:45.28
2	205/477	139/270	624	Chris Kavanaugh	13	M	Sayville	NY	8:22	00:52:01.95
3	292/477	187/270	616	Frankie Anzaldi Jr	14	M	Rocky Point	NY	9:16	00:57:40.69
4	345/477	211/270	553	Benjamin Levine	11	M	Plainview	NY	10:06	01:02:46.86

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	89/477	24/207	229	Kali Keyes	17	F	East Meadow	NY	7:17	00:45:19.93
2	336/477	130/207	610	Madeline Lipponer	18	F	Patchogue	NY	10:01	01:02:20.49
3	337/477	131/207	632	Kesanya Pandolf	15	F	Patchogue	NY	10:02	01:02:20.89

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Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/477	4/270	193	Michael Herbert	19	M	Smithtown	NY	5:34	00:34:40.39
2	10/477	10/270	126	Alex Eletto	19	M	Stony Brook	NY	5:51	00:36:25.91
3	31/477	24/270	494	Jake Meyers	16	M	Plainview	NY	6:26	00:40:04.26
4	86/477	64/270	304	Matt Migliozi	19	M	Glen Cove	NY	7:15	00:45:03.34
5	227/477	152/270	619	Liam Doyle	18	M	Islip Terrace	NY	8:40	00:53:56.21
6	294/477	189/270	631	Jack Modica	15	M	Smithtown	NY	9:17	00:57:42.30
7	306/477	194/270	628	Paul Mikowski	15	M	Babylon	NY	9:29	00:58:57.97
8	365/477	221/270	255	Ethan Lerman	17	M	Plainview	NY	10:17	01:03:57.58
9	373/477	226/270	627	Tom Lang	15	M	Saint James	NY	10:25	01:04:48.52
10	383/477	228/270	369	Parris Renwick Jr	18	M	Islip	NY	10:38	01:06:06.70
11	443/477	253/270	109	Nick Digaetano	16	M	Lindenhurst	NY	12:19	01:16:36.18

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	28/477	6/207	528	Lauren Dorsky	21	F	New York	NY	6:20	00:39:24.87
2	43/477	9/207	537	Rachel Staiano	24	F	East Meadow	NY	6:34	00:40:49.92
3	62/477	15/207	449	Maggie Tighe	24	F	Babylon	NY	6:50	00:42:32.67
4	72/477	17/207	146	Melanie Fiume	22	F	Plainview	NY	7:02	00:43:46.59
5	225/477	74/207	419	Ellie Sheinwald	23	F	Old Bethpage	NY	8:39	00:53:46.32
6	239/477	79/207	392	Lisa Sala	21	F	Massapequa Park	NY	8:45	00:54:23.46
7	246/477	81/207	441	Phedeline Tanis	24	F	Elmont	NY	8:47	00:54:39.71
8	251/477	84/207	63	Teresa Caputo	24	F	Hauppauge	NY	8:51	00:55:03.91
9	307/477	113/207	359	Victoria Profit	24	F	Saint James	NY	9:29	00:59:01.72
10	338/477	132/207	358	Alexa Profit	23	F	Saint James	NY	10:02	01:02:23.48
11	379/477	153/207	311	Amanda Moncada	21	F	Elmont	NY	10:32	01:05:32.20
12	429/477	182/207	418	Jaclyn Sheehan	24	F	Old Bethpage	NY	11:49	01:13:26.84
13	464/477	199/207	604	Georgia Gass	22	F	Coram	NY	15:30	01:36:24.27
14	469/477	203/207	613	Tara Sanders	23	F	Wading River	NY	16:34	01:42:58.35

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/477	5/270	239	Anton Korniev	24	M	Glen Head	NY	5:47	00:35:59.66
2	7/477	7/270	556	James Dachille	20	M	Merrick	NY	5:50	00:36:19.41
3	32/477	25/270	305	Thomas Mihailin	21	M	East Northport	NY	6:27	00:40:07.11
4	45/477	35/270	294	John Mckeon	22	M	Massapequa	NY	6:36	00:41:01.34
5	112/477	81/270	360	Bradley Quinn	21	M	Syosset	NY	7:31	00:46:47.44
6	387/477	229/270	609	Roberto Lipponer	21	M	Patchogue	NY	10:41	01:06:28.74
7	439/477	251/270	458	David Walker	22	M	Plainview	NY	12:09	01:15:30.44

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	25/477	5/207	240	Victoria Kornieva-Robitaille	29	F	Amityville	NY	6:13	00:38:42.23
2	77/477	20/207	273	Maria Marascia	25	F	Huntington	NY	7:07	00:44:15.64
3	120/477	35/207	310	Courtney Molloy	28	F	Commack	NY	7:33	00:47:00.44
4	168/477	48/207	55	Kimberly Bruno	28	F	Holbrook	NY	7:57	00:49:26.80

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Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
5	187/477	55/207	93	Jaclyn Dagnall	28	F	Long Beach	NY	8:09	00:50:42.95
6	196/477	59/207	377	Jennifer Roertgen	28	F	Centereach	NY	8:17	00:51:29.70
7	226/477	75/207	261	Angela Lovaglio	27	F	Huntington Station	NY	8:40	00:53:52.41
8	262/477	89/207	542	Kelly Short	27	F	Hicksville	NY	9:01	00:56:06.96
9	269/477	93/207	135	Katie Fargnoli	25	F	West Islip	NY	9:05	00:56:27.16
10	301/477	110/207	302	Kristen Meyer	27	F	Massapequa	NY	9:25	00:58:33.69
11	342/477	134/207	70	Addie Chmil	26	F	Garden City	NY	10:05	01:02:39.98
12	389/477	159/207	303	Jaclyn Mienkiewicz	27	F	Plainview	NY	10:45	01:06:52.49
13	459/477	196/207	352	Christina Pietras	28	F	Westbury	NY	14:30	01:30:11.56

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	15/477	14/270	532	Tom Savarese	28	M	Dix Hills	NY	6:00	00:37:18.34
2	27/477	22/270	557	Glenn Stone	26	M	Brooklyn	NY	6:18	00:39:11.16
3	55/477	43/270	473	Ray Williams	25	M	Smithtown	NY	6:45	00:41:58.92
4	70/477	54/270	552	Rafael Medalla	27	M	Hicksville	NY	6:56	00:43:10.65
5	364/477	220/270	264	Scott Luxenberg	29	M	North Bellmore	NY	10:14	01:03:37.24
6	446/477	255/270	100	Andrew Demasters	27	M	Westbury	NY	12:30	01:17:46.52
7	463/477	265/270	605	Eric Gunderson	25	M	Medford	NY	15:30	01:36:23.83

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	16/477	2/207	337	Annie Onishi	30	F	New York	NY	6:00	00:37:20.16
2	23/477	4/207	529	Jen Dagan	33	F	Centereach	NY	6:13	00:38:38.58
3	40/477	8/207	289	Katie Mcgrath	32	F	Oakdale	NY	6:31	00:40:34.33
4	87/477	23/207	249	Triin Lawrence	30	F	Coram	NY	7:15	00:45:08.40
5	94/477	26/207	527	Kaitlyn Robinson-Jones	32	F	Huntington Station	NY	7:18	00:45:24.94
6	103/477	29/207	479	Mable Wong	33	F	Greenlawn	NY	7:24	00:46:04.61
7	109/477	30/207	424	Kim Sims	34	F	Seaford	NY	7:30	00:46:39.19
8	154/477	43/207	262	Jill Loveland	31	F	Long Beach	NY	7:51	00:48:48.19
9	175/477	51/207	40	Lisa Bonanni	30	F	Selden	NY	8:02	00:49:57.66
10	178/477	52/207	199	Jessica Hill	32	F	East Northport	NY	8:05	00:50:15.45
11	201/477	63/207	378	Kristen Ropke	33	F	Oyster Bay	NY	8:20	00:51:50.38
12	208/477	67/207	28	Erin Barry	33	F	Bellmore	NY	8:23	00:52:10.28
13	222/477	72/207	483	Keri Wyllie	30	F	Centereach	NY	8:37	00:53:36.59
14	266/477	91/207	317	Joanne Mulhall	34	F	Old Bethpage	NY	9:02	00:56:12.97
15	271/477	95/207	510	Allison Canosa	33	F	Merrick	NY	9:05	00:56:28.17
16	288/477	105/207	560	Caroline Ashby	32	F	Port Washington	NY	9:16	00:57:36.41
17	295/477	106/207	27	Marisa Barracca	32	F	Maspeth	NY	9:17	00:57:45.96
18	298/477	108/207	357	Colby Povill	34	F	Amityville	NY	9:19	00:57:55.92
19	356/477	140/207	395	Jessica Santaniello	32	F	Oceanside	NY	10:10	01:03:15.48
20	406/477	167/207	429	Heather Softy	34	F	Bethpage	NY	11:10	01:09:27.47
21	416/477	175/207	182	Jessica Hallahan	30	F	Lindenhurst	NY	11:24	01:10:52.26
22	424/477	180/207	438	Heather Stong	34	F	Islandia	NY	11:44	01:12:57.60
23	448/477	193/207	430	Laura Softy	32	F	Bethpage	NY	12:34	01:18:08.77

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Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/477	2/270	267	Sean Mahon	31	M	Merrick	NY	5:24	00:33:34.93
2	3/477	3/270	491	Mike Petrina	31	M	Bayport	NY	5:30	00:34:15.25
3	6/477	6/270	188	Chris Healy	31	M	Long Island City	NY	5:49	00:36:09.16
4	8/477	8/270	505	Ron Joseph	33	M	Rockaway Park	NY	5:51	00:36:21.26
5	9/477	9/270	234	Christopher Koegel	33	M	Malverne	NY	5:51	00:36:23.50
6	21/477	19/270	600	Steven Cuomo	34	M	Shirley	NY	6:06	00:37:56.78
7	66/477	50/270	160	Joseph Gendy	30	M	New Hyde Park	NY	6:54	00:42:53.81
8	105/477	76/270	103	Ryan Demeri	31	M	Massapequa Park	NY	7:27	00:46:20.66
9	309/477	196/270	455	Robert Tyler	34	M	Oceanside	NY	9:35	00:59:34.19
10	425/477	245/270	121	Phil Dumbainski	32	M	Islandia	NY	11:44	01:12:57.77

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	44/477	10/207	347	Kelly Perno-Grosser	36	F	Seaford	NY	6:35	00:40:58.67
2	51/477	11/207	526	Shari Klarfeld	36	F	Plainview	NY	6:39	00:41:23.13
3	84/477	22/207	295	Nicole Mcnamara	37	F	Smithtown	NY	7:13	00:44:53.39
4	92/477	25/207	399	Amanda Scanlan	37	F	Northport	NY	7:17	00:45:21.37
5	102/477	28/207	555	Trisha Sicurella	38	F	Holbrook	NY	7:23	00:45:56.49
6	114/477	32/207	102	Kelly Demeri	37	F	Massapequa Park	NY	7:32	00:46:50.51
7	164/477	46/207	175	Ellissa Gravinese	39	F	Rocky Point	NY	7:56	00:49:22.74
8	267/477	92/207	410	Heather Sciara	37	F	Plainview	NY	9:02	00:56:13.37
9	285/477	103/207	130	Carly Etherson	35	F	Nesconset	NY	9:13	00:57:22.17
10	381/477	155/207	251	Kristin Leicht	37	F	East Meadow	NY	10:37	01:05:59.77
11	398/477	164/207	205	Pelagia Horgan	36	F	Bayville	NY	10:55	01:07:53.68
12	431/477	183/207	417	Melissa Serbonich	35	F	East Meadow	NY	11:50	01:13:32.26

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	20/477	18/270	522	David Lopez-Merlos	38	M	East Northport	NY	6:06	00:37:56.66
2	41/477	33/270	184	Trent Hampton	38	M	West Babylon	NY	6:32	00:40:41.26
3	67/477	51/270	416	Sanjaya Senanayake	38	M	Great Neck	NY	6:54	00:42:55.83
4	68/477	52/270	125	Derrick Edwin	39	M	Lindenhurst	NY	6:55	00:42:59.88
5	88/477	65/270	15	Sean Alexander	39	M	East Northport	NY	7:17	00:45:17.12
6	123/477	87/270	118	David Drebsky	36	M	Plainview	NY	7:34	00:47:05.94
7	128/477	92/270	44	Christopher Boundy	38	M	Coram	NY	7:36	00:47:15.28
8	177/477	126/270	51	Romulo Brito	39	M	Uniondale	NY	8:05	00:50:14.93
9	182/477	129/270	161	Justin Gershowitz	36	M	Saint James	NY	8:06	00:50:21.94
10	183/477	130/270	531	Barry Molof	37	M	Plainview	NY	8:06	00:50:22.45
11	212/477	144/270	180	Andrew Hafele	37	M	Bay Shore	NY	8:29	00:52:46.82
12	228/477	153/270	307	Rob Miller	37	M	Astoria	NY	8:41	00:53:58.71
13	230/477	155/270	46	Casey Brannan	35	M	Huntington Station	NY	8:41	00:54:00.94
14	247/477	166/270	514	Russell Bank	39	M	Plainview	NY	8:48	00:54:42.40
15	310/477	197/270	543	James Regan	39	M	Mineola	NY	9:35	00:59:36.61
16	349/477	213/270	77	Matthew Clark	35	M	Plainview	NY	10:06	01:02:50.95
17	361/477	217/270	165	Mike Gillespie	37	M	Centerport	NY	10:13	01:03:32.98

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10K

Female Ages 40 - 44

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1	29/477	7/207	547	Lauren Jasinski	40	F	Cold Spring Harbor	NY	6:24	00:39:51.56
2	59/477	14/207	98	Noni Degirmenci	43	F	Port Washington	NY	6:49	00:42:25.17
3	73/477	18/207	504	Martha Delgado	40	F	Patchogue	NY	7:04	00:43:55.12
4	80/477	21/207	486	Nicolle Zeman	43	F	Miller Place	NY	7:08	00:44:24.18
5	115/477	33/207	12	Jennifer Adelberg	43	F	Saint James	NY	7:32	00:46:53.44
6	129/477	37/207	148	Erica Fraiberg	43	F	Greenlawn	NY	7:36	00:47:17.34
7	131/477	38/207	403	Andrea Schieck	43	F	West Sayville	NY	7:38	00:47:26.94
8	153/477	42/207	466	Aimee Welsh	42	F	Huntington	NY	7:50	00:48:44.69
9	193/477	57/207	253	Danielle Leong	44	F	Commack	NY	8:14	00:51:10.60
10	200/477	62/207	282	Bridget Mccann	43	F	North Bellmore	NY	8:20	00:51:47.45
11	204/477	66/207	201	Stephanie Hoffmann	44	F	Glen Cove	NY	8:21	00:51:56.26
12	223/477	73/207	191	Julia Hegner	43	F	Wantagh	NY	8:38	00:53:38.96
13	257/477	87/207	83	Leslie Cook	43	F	Massapequa	NY	8:54	00:55:24.43
14	261/477	88/207	196	Chrisitne Hertel	42	F	Plainview	NY	9:00	00:56:00.99
15	274/477	97/207	391	Tara Ryan	42	F	Mineola	NY	9:08	00:56:45.84
16	324/477	120/207	151	Sharon Fricker	40	F	Ronkonkoma	NY	9:52	01:01:20.52
17	334/477	128/207	230	Stacy Keyes	41	F	East Meadow	NY	10:00	01:02:14.60
18	376/477	150/207	223	Roxana Kariyannis	40	F	Plainview	NY	10:29	01:05:14.53
19	385/477	157/207	626	Ann Marie Lang	40	F	Saint James	NY	10:40	01:06:19.64
20	435/477	185/207	371	Kelly Rhatigan	43	F	Merrick	NY	11:57	01:14:17.17
21	442/477	190/207	266	Michele Macedonio	41	F	Plainview	NY	12:16	01:16:18.27
22	454/477	194/207	561	Dena Weiner	42	F	Hyndman	PA	13:13	01:22:09.46

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	18/477	16/270	535	Travis Tate	40	M	Smithtown	NY	6:04	00:37:46.65
2	19/477	17/270	440	Mike Talles	40	M	Lindenhurst	NY	6:05	00:37:53.41
3	33/477	26/270	363	Jason Ramirez	43	M	Wantagh	NY	6:28	00:40:16.87
4	46/477	36/270	451	Steven Toto	43	M	Hauppauge	NY	6:36	00:41:02.57
5	50/477	40/270	461	Christopher Ward	40	M	East Northport	NY	6:38	00:41:17.92
6	52/477	41/270	533	John Jensen	40	M	East Northport	NY	6:41	00:41:34.65
7	53/477	42/270	75	Adam Cigliano	44	M	Merrick	NY	6:43	00:41:46.40
8	63/477	48/270	567	Richard Diamond	41	M	Plainview	NY	6:50	00:42:32.85
9	76/477	57/270	164	Kevin Gill	44	M	Carle Place	NY	7:06	00:44:07.87
10	97/477	71/270	541	Joseph Tloczkowski	40	M	Holbrook	NY	7:20	00:45:35.93
11	113/477	82/270	173	Shawn Grand	40	M	Oceanside	NY	7:31	00:46:47.51
12	148/477	107/270	150	Dan Fredericks	43	M	Bethpage	NY	7:46	00:48:20.78
13	149/477	108/270	243	John Lafalce	42	M	Farmingdale	NY	7:47	00:48:27.87
14	166/477	119/270	453	Michael Trimarco	40	M	Bethpage	NY	7:57	00:49:24.94
15	169/477	121/270	513	Brad Eisenstein	43	M	Plainview	NY	7:57	00:49:27.19
16	171/477	122/270	268	Sean Mahoney	40	M	Smithtown	NY	7:58	00:49:33.19
17	174/477	124/270	202	Lance Homan	44	M	Farmingville	NY	7:59	00:49:38.35
18	179/477	127/270	31	Ben Beavers	43	M	Amityville	NY	8:05	00:50:16.94
19	213/477	145/270	197	Mike Heyer	42	M	Hicksville	NY	8:30	00:52:49.20
20	215/477	146/270	548	Ken Park	40	M	Plainview	NY	8:31	00:52:58.60
21	219/477	148/270	457	Rich Vonbuttgerit	42	M	Bellerose	NY	8:34	00:53:16.65
22	235/477	158/270	227	Scott Kesselman	43	M	Plainview	NY	8:44	00:54:16.96
23	245/477	165/270	320	Michael Nadboy	40	M	Plainviewplainview	NY	8:47	00:54:36.12

Aspire 10K Run

April 1, 2017

Overall Division Results

10K

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
24	259/477	172/270	405	Gregg Schlossman	42	M	Plainview	NY	8:58	00:55:47.96
25	311/477	198/270	544	William Regan	43	M	Port Washington	NY	9:36	00:59:41.75
26	341/477	208/270	409	Scott Schwartz	41	M	Plainview	NY	10:03	01:02:32.48
27	391/477	232/270	81	Jeff Cohen	41	M	Roslyn	NY	10:46	01:06:56.10
28	460/477	264/270	166	Paul Ginocchio	40	M	Lynbrook	NY	14:36	01:30:49.56

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	110/477	31/207	520	Kathleen Callahan	49	F	Northport	NY	7:30	00:46:40.94
2	137/477	39/207	187	Hayda Hayduk	45	F	Kings Park	NY	7:40	00:47:44.17
3	170/477	49/207	82	Angelique Consalazio	46	F	Ronkonkoma	NY	7:57	00:49:28.19
4	184/477	54/207	446	Jenney Tesoriero	46	F	Westbury	NY	8:06	00:50:23.68
5	190/477	56/207	508	Eliana Themistocleous	49	F	Melville	NY	8:12	00:50:58.22
6	210/477	68/207	501	Judith Brenner	48	F	Plainview	NY	8:28	00:52:37.79
7	214/477	69/207	112	Anita Distefano	49	F	Nesconset	NY	8:31	00:52:58.20
8	244/477	80/207	296	Dedee Meehan	49	F	Lake Ronkonoma	NY	8:46	00:54:31.45
9	278/477	100/207	59	Rosalia Butera	46	F	Massapequa	NY	9:09	00:56:56.97
10	326/477	122/207	62	Michelle Cagnetto	45	F	Ronkonkoma	NY	9:52	01:01:24.61
11	330/477	126/207	454	Karen Trovato	45	F	Massapequa	NY	9:56	01:01:47.19
12	358/477	142/207	68	Melissa Cavaliere-Ng	46	F	East Northport	NY	10:11	01:03:19.21
13	372/477	147/207	284	Cara McCormack	46	F	Little Neck	NY	10:24	01:04:40.42
14	374/477	148/207	396	Rosa Sapanara	47	F	Massapequa	NY	10:28	01:05:02.49
15	380/477	154/207	445	Mary Tercynski	45	F	Williston Park	NY	10:33	01:05:37.26
16	400/477	165/207	30	Diana Bass	48	F	Plainview	NY	10:56	01:08:02.25
17	440/477	189/207	33	Stephanie Becker	45	F	Port Jefferson Static	NY	12:12	01:15:50.71
18	468/477	202/207	634	Margaret Stroehlein	45	F	Babylon	NY	16:34	01:42:57.99
19	471/477	205/207	95	Monique Darrisaw	47	F	Freeport	NY	16:49	01:44:31.85
20	473/477	207/207	480	Launette Woolforde	45	F	Huntington Station	NY	16:49	01:44:33.35

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	12/477	12/270	318	Timothy Murphy	45	M	Ronkonkoma	NY	5:58	00:37:10.76
2	17/477	15/270	387	Todd Rowley	47	M	Huntington	NY	6:02	00:37:35.66
3	36/477	29/270	456	Daniel Valderrama	46	M	Oyster Bay	NY	6:30	00:40:24.15
4	48/477	38/270	138	Michael Fernandez	48	M	Farmingdale	NY	6:37	00:41:11.68
5	56/477	44/270	117	Ray Downes	46	M	Huntington	NY	6:47	00:42:12.92
6	60/477	46/270	539	Jeffrey Votteler	45	M	Manorville	NY	6:49	00:42:25.45
7	69/477	53/270	80	Brian Cloherty	48	M	Roslyn Heights	NY	6:56	00:43:06.17
8	81/477	60/270	147	Kevin Ford	48	M	Islip	NY	7:08	00:44:25.43
9	82/477	61/270	222	Ira Kaplan	47	M	East Meadow	NY	7:11	00:44:40.40
10	91/477	67/270	507	Matthew Conroy	47	M	Melville	NY	7:17	00:45:21.16
11	108/477	79/270	493	Robert Trefcer	47	M	Bellmore	NY	7:29	00:46:30.94
12	116/477	83/270	183	Paul Hammond	49	M	Merrick	NY	7:33	00:46:55.17
13	117/477	84/270	524	Hector Jaramillo	45	M	Baldwin	NY	7:33	00:46:57.41
14	127/477	91/270	74	Charles Ciarfello	46	M	Smithtown	NY	7:35	00:47:13.44
15	134/477	96/270	171	Barry Goodman	45	M	Plainview	NY	7:38	00:47:28.36
16	141/477	100/270	42	Kevin Boone	48	M	Bay Shore	NY	7:42	00:47:54.19

Aspire 10K Run

April 1, 2017

Overall Division Results

10K

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
17	147/477	106/270	427	Robert Smith	48	M	Northport	NY	7:45	00:48:13.67
18	151/477	110/270	415	Ed Sekula	45	M	North Babylon	NY	7:48	00:48:30.33
19	156/477	113/270	434	Michael Starr	47	M	Plainview	NY	7:52	00:48:57.69
20	167/477	120/270	308	Michael Minerva	45	M	Holbrook	NY	7:57	00:49:26.61
21	188/477	133/270	340	John Pace	46	M	East Norwich	NY	8:10	00:50:48.67
22	209/477	142/270	254	Craig Lerman	45	M	Plainview	NY	8:27	00:52:31.95
23	224/477	151/270	238	Micah Korn	46	M	Huntington Station	NY	8:38	00:53:41.21
24	238/477	160/270	499	Danny Greenwald	47	M	Islip	NY	8:45	00:54:22.50
25	255/477	170/270	530	Michael Manzo	45	M	Plainview	NY	8:54	00:55:19.94
26	265/477	175/270	22	Michael Ash	48	M	Plainview	NY	9:02	00:56:12.77
27	293/477	188/270	612	Doug Pandolf	45	M	Patchogue	NY	9:17	00:57:41.47
28	308/477	195/270	447	Chris Tetteris	45	M	Hicksville	NY	9:30	00:59:04.97
29	315/477	200/270	502	David Brenner	49	M	Plainview	NY	9:39	01:00:03.47
30	348/477	212/270	385	Joseph Rothschild	48	M	Floral Park	NY	10:06	01:02:50.95
31	354/477	216/270	390	Kevin Ryan	46	M	Mineola	NY	10:09	01:03:10.23
32	412/477	240/270	462	Andrew Warsaw	49	M	Coram	NY	11:17	01:10:07.87
33	417/477	242/270	236	Robert Kopetic	46	M	Glen Head	NY	11:25	01:11:00.10
34	426/477	246/270	159	Jason Geller	47	M	Plainview	NY	11:45	01:13:06.15
35	444/477	254/270	108	Joe Digaetano	45	M	Lindenhurst	NY	12:19	01:16:37.99
36	456/477	262/270	351	Darren Pierce	45	M	Whitestone	NY	13:31	01:24:00.23

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	58/477	13/207	52	Una Broderick	50	F	Wantagh	NY	6:48	00:42:20.90
2	65/477	16/207	389	Barbara Russo	53	F	Sayville	NY	6:51	00:42:39.92
3	74/477	19/207	442	Nancy Tantone	52	F	West Islip	NY	7:04	00:43:57.77
4	100/477	27/207	128	Monica Enright	54	F	Massapequa	NY	7:20	00:45:39.84
5	122/477	36/207	554	Karen Cotty	53	F	East Quogue	NY	7:34	00:47:04.44
6	159/477	44/207	354	Stephanie Plotkin	50	F	Plainview	NY	7:54	00:49:06.94
7	172/477	50/207	192	Torie Hehir	53	F	East Northport	NY	7:58	00:49:35.11
8	180/477	53/207	519	Regina Orelli	51	F	Huntington Station	NY	8:06	00:50:20.41
9	194/477	58/207	281	Christine Mccain	54	F	Deer Park	NY	8:16	00:51:26.20
10	199/477	61/207	297	Elizabeth Melillo	51	F	Northport	NY	8:19	00:51:43.69
11	202/477	64/207	271	Lori Mangual	52	F	Merrick	NY	8:20	00:51:52.62
12	203/477	65/207	331	Jackie Novak	50	F	East Northport	NY	8:21	00:51:54.24
13	236/477	78/207	105	Jennifer Despagna	53	F	Huntington	NY	8:44	00:54:18.71
14	250/477	83/207	611	Clare Lipponer	54	F	Patchogue	NY	8:51	00:55:01.26
15	252/477	85/207	551	Angela Medalla	52	F	Hicksville	NY	8:51	00:55:05.13
16	281/477	102/207	382	Lisa Rossi	51	F	Merrick	NY	9:12	00:57:15.90
17	325/477	121/207	237	Jacqui Koplik	50	F	Wantagh	NY	9:52	01:01:22.57
18	347/477	136/207	132	Joanne Evangelist	52	F	Centerport	NY	10:06	01:02:50.74
19	375/477	149/207	155	Lori Fuller	53	F	Roslyn Heights	NY	10:29	01:05:08.66
20	386/477	158/207	615	Laurie Abrams	52	F	Commack	NY	10:41	01:06:28.49
21	393/477	161/207	274	Beth Marinis	53	F	Hicksville	NY	10:47	01:07:01.91
22	408/477	169/207	312	Angelica Moncada	50	F	Elmont	NY	11:15	01:09:54.45
23	410/477	171/207	509	Maria Garcia	53	F	East Islip	NY	11:15	01:10:00.25
24	411/477	172/207	463	Susan Warsaw	50	F	Coram	NY	11:17	01:10:07.75
25	413/477	173/207	407	Diane Schocken	54	F	Massapequa Park	NY	11:18	01:10:13.32

Aspire 10K Run

April 1, 2017

Overall Division Results

10K

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
26	436/477	186/207	217	Angela Johnson	53	F	West Islip	NY	12:01	01:14:44.96
27	437/477	187/207	414	Lilly Sehayek	50	F	Bayside	NY	12:04	01:15:00.99

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/477	13/270	179	Keith Guilfoyle	50	M	Commack	NY	5:59	00:37:12.79
2	35/477	28/270	272	Shaun Mara	50	M	Northport	NY	6:29	00:40:22.33
3	49/477	39/270	549	John Parry	53	M	South Orange	NJ	6:37	00:41:12.67
4	64/477	49/270	342	Victor Pajonas	51	M	Seaford	NY	6:51	00:42:34.92
5	71/477	55/270	280	Bill Mazza	54	M	West Gilgo Beach	NY	6:57	00:43:14.32
6	78/477	58/270	335	Mark Ogden	54	M	Selden	NY	7:08	00:44:20.11
7	79/477	59/270	558	Robert Freiburger	52	M	Huntington	NY	7:08	00:44:24.16
8	85/477	63/270	152	Eric Friedman	51	M	Merrick	NY	7:14	00:44:57.18
9	107/477	78/270	137	Frank Favilla	54	M	Bethpage	NY	7:28	00:46:23.91
10	118/477	85/270	139	Keith Ferrara	51	M	Farmingdale	NY	7:33	00:46:58.62
11	125/477	89/270	163	Scott Gilbert	51	M	East Northport	NY	7:35	00:47:11.69
12	158/477	115/270	246	Yu-Jen Lai	54	M	East Setauket	NY	7:53	00:49:03.60
13	162/477	117/270	467	Tom Welsh	51	M	Huntington	NY	7:54	00:49:11.35
14	173/477	123/270	49	Patrick Brennan	54	M	Lake Ronkonkoma	NY	7:58	00:49:35.51
15	206/477	140/270	17	John Antinora	51	M	Hicksville	NY	8:23	00:52:06.20
16	229/477	154/270	37	Joe Bianco	51	M	Centerport	NY	8:41	00:53:58.71
17	253/477	168/270	333	Rich O'neill	50	M	Center Moriches	NY	8:52	00:55:08.71
18	268/477	176/270	23	Scott Ash	50	M	Greenlawn	NY	9:04	00:56:23.12
19	273/477	177/270	484	Mark Younker	54	M	Valley Stream	NY	9:05	00:56:30.40
20	284/477	182/270	224	Jason Katz	50	M	Plainview	NY	9:13	00:57:20.75
21	287/477	183/270	96	Richard Dauman	54	M	Old Bethpage	NY	9:14	00:57:28.49
22	317/477	201/270	435	Robert Stefanik	51	M	Garden City	NY	9:46	01:00:46.36
23	343/477	209/270	485	John Zaia	50	M	Massapequa Park	NY	10:05	01:02:40.62
24	390/477	231/270	38	Michael Bianco	51	M	Huntington	NY	10:46	01:06:55.17
25	399/477	235/270	84	Vincent Corrado	50	M	Massapequa	NY	10:56	01:07:58.17
26	419/477	243/270	242	Larry Kurtzman	54	M	Plainview	NY	11:27	01:11:13.76

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	119/477	34/207	129	Tracey Epstein	56	F	Smithtown	NY	7:33	00:46:58.83
2	160/477	45/207	431	Kim Solomine	59	F	Syosset	NY	7:54	00:49:09.11
3	165/477	47/207	477	Debra Woloschin	56	F	Remsenburg	NY	7:57	00:49:24.38
4	197/477	60/207	536	Mary Lenzi	56	F	Hauppauge	NY	8:18	00:51:40.45
5	216/477	70/207	329	Karen Nora	56	F	Huntington	NY	8:31	00:53:00.64
6	217/477	71/207	278	Fay Mattana	58	F	Great Neck	NY	8:32	00:53:05.46
7	231/477	76/207	213	Jeannie Hynes	55	F	Greenlawn	NY	8:41	00:54:03.15
8	234/477	77/207	321	Eve Nebanhaus	56	F	Manhasset	NY	8:43	00:54:14.32
9	272/477	96/207	379	Kyle Rose-Louder	56	F	Freeport	NY	9:05	00:56:30.40
10	276/477	98/207	375	Susan Robinson	58	F	Coram	NY	9:09	00:56:52.11
11	279/477	101/207	66	Maura Carroll	57	F	Islip	NY	9:11	00:57:09.88
12	286/477	104/207	450	Brenda Tirsun	56	F	Port Washington	NY	9:14	00:57:24.72
13	321/477	118/207	343	Deborah Pantano	58	F	Oakland Gardens	NY	9:49	01:01:05.73

Aspire 10K Run

April 1, 2017

Overall Division Results

10K

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
14	327/477	123/207	488	Anita Von Himmel	56	F	Delhi	NY	9:53	01:01:25.22
15	328/477	124/207	394	Carol Sandquist	59	F	Garden City	NY	9:54	01:01:36.86
16	329/477	125/207	401	Pauline Schachner	55	F	Malverne	NY	9:55	01:01:41.23
17	335/477	129/207	498	Patricia Dalmazio	55	F	Garden City	NY	10:01	01:02:18.23
18	339/477	133/207	511	Joellen Elsener	59	F	Deer Park	NY	10:02	01:02:23.94
19	346/477	135/207	29	Maria Basile-Farash	57	F	West Babylon	NY	10:06	01:02:48.23
20	351/477	138/207	140	Maria Ferraro	59	F	Glen Oaks	NY	10:09	01:03:05.35
21	355/477	139/207	154	Maria Fucella	56	F	Levittown	NY	10:10	01:03:14.23
22	384/477	156/207	91	Kathleen Cuff	56	F	Kings Park	NY	10:38	01:06:09.72
23	397/477	163/207	47	Kate Breen	59	F	Huntington Station	NY	10:55	01:07:53.49
24	409/477	170/207	404	Jo Ann Schiesser	55	F	Albertson	NY	11:15	01:09:57.91
25	415/477	174/207	235	Joanne Kong	58	F	West Babylon	NY	11:22	01:10:43.75
26	423/477	179/207	136	Laurene Fagnoli	58	F	West Islip	NY	11:39	01:12:26.51
27	438/477	188/207	515	Ruth Elsener	59	F	East Northport	NY	12:07	01:15:19.25

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	34/477	27/270	408	Bill Schroeder	56	M	Garden City	NY	6:29	00:40:19.89
2	37/477	30/270	25	Alan Baisch	55	M	Selden	NY	6:30	00:40:24.92
3	38/477	31/270	107	Michael Di Lisio	55	M	Shoreham	NY	6:31	00:40:30.88
4	42/477	34/270	94	Ned Daily	59	M	Garden City Park	NY	6:33	00:40:44.92
5	57/477	45/270	437	Jeff Steinberg	55	M	Westbury	NY	6:48	00:42:17.87
6	95/477	69/270	413	Karnik Seferian	59	M	Setauket	NY	7:18	00:45:25.93
7	98/477	72/270	67	Michael Casale	56	M	Bellmore	NY	7:20	00:45:37.63
8	101/477	74/270	512	Lou Sparaco	58	M	Patchogue	NY	7:22	00:45:49.18
9	104/477	75/270	50	Scott Brennan	56	M	East Meadow	NY	7:24	00:46:04.68
10	106/477	77/270	194	William Herbert	57	M	Smithtown	NY	7:27	00:46:22.43
11	111/477	80/270	219	Daniel Joseph	59	M	Levittown	NY	7:31	00:46:42.78
12	126/477	90/270	497	Peter Florey	58	M	Levittown	NY	7:35	00:47:13.25
13	136/477	98/270	41	Paul Bonanni	56	M	Selden	NY	7:39	00:47:33.64
14	144/477	103/270	186	Robert Haughn	59	M	Port Jefferson Static	NY	7:44	00:48:04.94
15	145/477	104/270	212	Dean Hutchinson	55	M	Long Beach	NY	7:44	00:48:06.57
16	155/477	112/270	167	Bill Girona	57	M	Smithtown	NY	7:51	00:48:48.79
17	157/477	114/270	482	Jerry Wosleger	58	M	Merrick	NY	7:53	00:48:59.35
18	163/477	118/270	277	Frank Martinez	59	M	Commack	NY	7:56	00:49:21.13
19	186/477	132/270	172	Dennis Gowen	55	M	Massapequa Park	NY	8:09	00:50:39.94
20	189/477	134/270	110	David Digiovanni	58	M	Sea Cliff	NY	8:10	00:50:50.91
21	207/477	141/270	606	Brian Gunderson	57	M	Medford	NY	8:23	00:52:08.20
22	211/477	143/270	398	Robert Savino	57	M	Seaford	NY	8:28	00:52:41.45
23	218/477	147/270	490	Daniel Goldstein	55	M	Huntington Station	NY	8:33	00:53:09.33
24	220/477	149/270	448	Brian Tighe	57	M	Babylon	NY	8:35	00:53:20.32
25	232/477	156/270	540	Scott Sparr	58	M	Long Beach	NY	8:42	00:54:07.96
26	242/477	163/270	48	Russell Breiter	56	M	Plainview	NY	8:45	00:54:28.19
27	258/477	171/270	444	Larry Tenenbaum	55	M	Dix Hills	NY	8:57	00:55:39.21
28	260/477	173/270	326	Robert Nikodem	57	M	Huntington	NY	8:59	00:55:54.69
29	289/477	184/270	90	Edward Cuff	56	M	Kings Park	NY	9:16	00:57:39.47
30	297/477	190/270	279	Robert Mayer	57	M	Douglaston	NY	9:19	00:57:54.47
31	299/477	191/270	534	Bill Niedfeld	57	M	Seaford	NY	9:22	00:58:18.27

Aspire 10K Run

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Overall Division Results

10K

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
32	319/477	203/270	322	Harlan Nebanhaus	57	M	Manhasset	NY	9:48	01:00:53.95
33	340/477	207/270	292	Timothy Mckay	56	M	Farmingdale	NY	10:03	01:02:27.19
34	353/477	215/270	87	Bill Crispino	58	M	Freeport	NY	10:09	01:03:09.23
35	362/477	218/270	89	Jose Cruz	59	M	Hicksville	NY	10:13	01:03:34.44
36	370/477	224/270	361	Patrick Quinn	57	M	Syosset	NY	10:23	01:04:34.12
37	382/477	227/270	78	Daniel Clements	59	M	Floral Park	NY	10:37	01:06:01.74
38	395/477	233/270	19	Joey Arken	55	M	Roslyn Heights	NY	10:54	01:07:45.38
39	402/477	236/270	411	Thomas Scollo	59	M	North Massapequa	NY	11:05	01:08:55.10
40	404/477	238/270	400	Larry Schachner	57	M	Malverne	NY	11:07	01:09:05.32
41	414/477	241/270	189	Henry Healy	55	M	Seaford	NY	11:21	01:10:34.70
42	432/477	249/270	523	Lance Margolin	58	M	Woodbury	NY	11:50	01:13:33.72
43	451/477	258/270	34	Joseph Bedics	59	M	Oceanside	NY	12:58	01:20:39.76
44	476/477	269/270	293	Frank Mckenna	58	M	Levittown	NY	17:10	01:46:41.14

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	138/477	40/207	114	Dolores Doman	60	F	Dix Hills	NY	7:41	00:47:46.40
2	139/477	41/207	339	Linda Ottaviano	61	F	Cold Spring Harbor	NY	7:42	00:47:52.92
3	256/477	86/207	517	Nancy Russo	61	F	Nesconset	NY	8:54	00:55:21.78
4	270/477	94/207	248	Judith Latta	62	F	Garden City	NY	9:05	00:56:27.16
5	296/477	107/207	250	Pamela Lee	63	F	Syosset	NY	9:18	00:57:48.59
6	304/477	112/207	218	Madeleine Johnson-Strang	61	F	Northport	NY	9:27	00:58:44.97
7	333/477	127/207	380	Donna Rosen	60	F	Jericho	NY	10:00	01:02:09.54
8	359/477	143/207	116	Frances Dowling	63	F	Baldwin	NY	10:11	01:03:20.61
9	378/477	152/207	14	Kathy Agricola	61	F	Levittown	NY	10:30	01:05:20.20
10	394/477	162/207	425	Mary Siragusa	63	F	West Islip	NY	10:52	01:07:31.55
11	401/477	166/207	61	Giovanna Caggiano	62	F	Glen Cove	NY	11:02	01:08:35.95
12	418/477	176/207	174	Deeann Grappone	62	F	Bethpage	NY	11:27	01:11:13.24
13	445/477	191/207	422	Linda Simon	63	F	Jericho	NY	12:27	01:17:25.24

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	24/477	20/270	365	Eddie Reagan	60	M	Levittown	NY	6:13	00:38:41.84
2	47/477	37/270	143	Bill Fisher	62	M	Levittown	NY	6:37	00:41:07.63
3	75/477	56/270	460	Jon Wallach	60	M	Levittown	NY	7:05	00:44:01.15
4	83/477	62/270	20	Jim Arnone	62	M	Westhampton	NY	7:12	00:44:45.87
5	90/477	66/270	190	Timothy Healy	61	M	Syosset	NY	7:17	00:45:20.56
6	99/477	73/270	330	Frank Notarstefano	64	M	Seaford	NY	7:20	00:45:38.43
7	124/477	88/270	111	P J Diskin	61	M	Mineola	NY	7:35	00:47:10.19
8	133/477	95/270	204	Thomas Horan	63	M	Ronkonkoma	NY	7:38	00:47:28.16
9	140/477	99/270	503	Mike Baard	61	M	Merrick	NY	7:42	00:47:52.92
10	142/477	101/270	362	Grant Radtke	61	M	East Meadow	NY	7:44	00:48:03.30
11	152/477	111/270	60	Jay Byrne	63	M	Massapequa	NY	7:49	00:48:37.65
12	161/477	116/270	263	Michael Ludwig	62	M	Rockville Ctr	NY	7:54	00:49:10.13
13	176/477	125/270	525	Rick Booth	60	M	Smithtown	NY	8:04	00:50:12.68
14	181/477	128/270	546	Richard Aubain	61	M	Hicksville	NY	8:06	00:50:20.82
15	185/477	131/270	559	Paul Aloe	60	M	Port Washington	NY	8:07	00:50:26.70

Aspire 10K Run

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Overall Division Results

10K

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
16	192/477	136/270	348	Eric Perrotta	61	M	Massapequa	NY	8:13	00:51:04.11
17	195/477	137/270	244	Louis Lafleur	61	M	Holbrook	NY	8:17	00:51:29.29
18	233/477	157/270	323	Paul Nelson	62	M	Saint James	NY	8:42	00:54:09.89
19	237/477	159/270	260	John Lively	63	M	Hicksville	NY	8:44	00:54:20.44
20	243/477	164/270	516	Robert Elsener	62	M	East Northport	NY	8:46	00:54:30.43
21	264/477	174/270	328	John Nora	60	M	Massapequa Park	NY	9:02	00:56:10.52
22	283/477	181/270	518	Harold Axelrod	61	M	Great Neck	NY	9:13	00:57:19.93
23	291/477	186/270	101	Drew Demasters	62	M	Westbury	NY	9:16	00:57:40.69
24	302/477	192/270	286	James Mcdougall	62	M	Ronkonkoma	NY	9:25	00:58:36.72
25	322/477	204/270	270	Charles Mandelbaum	60	M	Great Neck	NY	9:50	01:01:08.73
26	332/477	206/270	478	Glen Wolther	60	M	Jericho	NY	10:00	01:02:09.34
27	363/477	219/270	185	Noyes Harrigan	64	M	Seaford	NY	10:14	01:03:36.47
28	371/477	225/270	119	Timothy Droge	62	M	Merrick	NY	10:24	01:04:39.18
29	403/477	237/270	158	Mark Gelbien	60	M	Plainview	NY	11:06	01:09:02.48
30	405/477	239/270	538	Doug Swoish	61	M	Oak Harbor	WA	11:10	01:09:27.26
31	441/477	252/270	436	Paul Steigerwald	61	M	Massapequa	NY	12:14	01:16:07.27
32	455/477	261/270	372	Mitchell Rich	62	M	Merrick	NY	13:19	01:22:46.84
33	467/477	266/270	601	Steve Cuomo	64	M	Shirley	NY	16:34	01:42:57.79

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	54/477	12/207	3	Kathryn Martin	65	F	Northport	NY	6:44	00:41:56.33
2	277/477	99/207	476	Gloria Withus	66	F	Brentwood	NY	9:09	00:56:54.72
3	300/477	109/207	133	Julieann Fahner	66	F	Mineola	NY	9:23	00:58:19.90
4	350/477	137/207	170	Abby Gonzalez	69	F	Dix Hills	NY	10:07	01:02:54.61
5	360/477	144/207	144	Anne Fitzgibbon	68	F	Glen Cove	NY	10:13	01:03:30.98
6	369/477	146/207	345	Elizabeth Penagos	69	F	Glen Cove	NY	10:22	01:04:26.17
7	392/477	160/207	603	Judi Gallop	65	F	West Islip	NY	10:47	01:07:00.49
8	462/477	198/207	258	Fran Lischner Call	67	F	Old Bethpage	NY	15:13	01:34:34.30

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	30/477	23/270	464	Chris Webber	65	M	Sayville	NY	6:25	00:39:55.95
2	61/477	47/270	489	Eric Zimmer	65	M	Saint James	NY	6:50	00:42:28.17
3	132/477	94/270	276	Peter Martin	67	M	Bellmore	NY	7:38	00:47:27.95
4	191/477	135/270	122	Gerry Dunbar	65	M	Floral Park	NY	8:12	00:51:01.74
5	254/477	169/270	550	George Lira	67	M	Southampton	NY	8:52	00:55:11.42
6	282/477	180/270	134	Scott Fairgrieve	66	M	Mineola	NY	9:13	00:57:19.47
7	290/477	185/270	316	Gerard Morda	67	M	Temple Terrace	FL	9:16	00:57:39.67
8	312/477	199/270	169	Ehud Golos	66	M	East Hills	NY	9:37	00:59:45.97
9	331/477	205/270	86	Howard Cragg	69	M	Bethpage	NY	9:57	01:01:53.91
10	450/477	257/270	309	Sal Mirando	66	M	Plainview	NY	12:45	01:19:14.37

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
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Aspire 10K Run

April 1, 2017

Overall Division Results

10K

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	422/477	178/207	43	Hilory Boucher	71	F	Northport	NY	11:37	01:12:15.17
2	458/477	195/207	35	Sherry Bellovin	70	F	N. Massapequa	NY	14:09	01:28:00.77

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	150/477	109/270	269	Tom Maile	74	M	Cortlandt Manor	NY	7:48	00:48:29.31
2	198/477	138/270	153	David Frisone	72	M	New Hyde Park	NY	8:19	00:51:41.20
3	275/477	178/270	383	Vic Rossi	70	M	Hauppauge	NY	9:08	00:56:47.96
4	305/477	193/270	226	Hubert Keen	72	M	Garden City	NY	9:27	00:58:46.72
5	318/477	202/270	232	Richard Kleiman	70	M	Plainview	NY	9:47	01:00:52.73
6	368/477	223/270	393	Joseph Salow	70	M	Bellerose	NY	10:21	01:04:20.72
7	388/477	230/270	306	Johnny Miller	70	M	Merrick	NY	10:45	01:06:48.89

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	344/477	210/270	203	John Horan	77	M	Freeport	NY	10:05	01:02:43.66
2	352/477	214/270	459	John Wallace	76	M	Melville	NY	10:09	01:03:08.82
3	457/477	263/270	195	Norman Hershkowitz	78	M	N Massapequa	NY	13:43	01:25:19.96
4	475/477	268/270	21	Barry Aronowsky	76	M	Greenlawn	NY	17:04	01:46:05.10

Female Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	470/477	204/207	142	Alexandra Finger	82	F	Pearl River	NY	16:43	01:43:55.85

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	474/477	267/270	275	Frank Martin	82	M	West Bayshore	NY	16:52	01:44:49.33

Male Ages 85 - 89

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	477/477	270/270	228	Howard Kestenbaum	85	M	Plainview	NY	18:25	01:54:28.94