

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1	1/1586	1/3	47	Brogan Austin	M	26	West Des Moines	IA	00:15:19.62	00:33:27.11	00:15:21.78	4:53	01:04:08.51
2	2/1586	2/3	45	Fernando Cabada	M	35	Lakewood	CO	00:15:19.23	00:33:29.25	00:16:05.14	4:57	01:04:53.63
3	3/1586	3/3	46	Alvaro Sanabria-Diaz	M	27	Kearney	NE	00:15:24.86	00:34:53.04	00:16:27.85	5:05	01:06:45.76
4	4/1586	1/225	28	Zach Baker	M	25	West Des Moines	IA	00:15:24.30	00:35:03.89	00:16:46.00	5:07	01:07:14.19
5	5/1586	1/145	44	Nolan Zimmer	M	23	Omaha	NE	00:15:55.33	00:34:58.83	00:16:40.64	5:09	01:07:34.81
6	6/1586	1/270	12	Eric Noel	M	30	Lincoln	NE	00:15:38.15	00:35:18.77	00:16:46.45	5:09	01:07:43.37
7	7/1586	2/225	15	Johnny Rutford	M	26	Omaha	NE	00:15:56.65	00:35:18.50	00:16:36.39	5:10	01:07:51.55
8	8/1586	2/270	29	Luka Thor	M	30	Elkhorn	NE	00:15:46.96	00:37:02.55	00:17:46.39	5:23	01:10:35.91
9	9/1586	3/225	8	Peter Falcon	M	28	Omaha	NE	00:16:32.86	00:37:03.09	00:17:02.04	5:23	01:10:38.00
10	10/1586	2/145	14	Nolan Border	M	24	Omaha	NE	00:16:40.51	00:36:54.34	00:17:15.55	5:24	01:10:50.41
11	11/1586	4/225	5330	Colin Morrissey	M	28	Omaha	NE	00:16:02.23	00:37:33.57	00:17:22.73	5:24	01:10:58.53
12	12/1586	3/270	36	Andrew Jacob	M	31	Lincoln	NE	00:16:42.46	00:36:59.98	00:18:01.69	5:28	01:11:44.14
13	13/1586	5/225	17	Benson Langat	M	28	Sioux Falls	SD	00:16:42.03	00:37:32.21	00:18:42.00	5:33	01:12:56.24
14	14/1586	4/270	41	Robby Holcomb	M	31	Shawnee	KS	00:16:49.65	00:37:56.32	00:18:16.78	5:34	01:13:02.75
15	15/1586	1/2	13	Ivan Ivanov	M	47	Lincoln	NE	00:17:02.01	00:38:29.95	00:18:15.44	5:37	01:13:47.41
16	16/1586	6/225	7	Mitchell Davis	M	26	Des Moines	IA	00:17:16.22	00:38:41.89	00:18:05.71	5:38	01:14:03.83
17	17/1586	3/145	5146	Dylan Slaba	M	24	Brookings	SD	00:18:02.95	00:38:38.60	00:17:30.55	5:39	01:14:12.11
18	18/1586	2/2	11	Michael Morrison	M	42	Dallas	TX	00:17:27.12	00:38:51.41	00:17:57.48	5:39	01:14:16.02
19	19/1586	4/145	33	Connor Bohken	M	23	Lincoln	NE	00:17:13.91	00:38:45.13	00:18:39.05	5:41	01:14:38.09
20	20/1586	1/226	2302	Brian Wandzilak	M	37	Lincoln	NE	00:18:02.76	00:38:58.84	00:17:44.87	5:42	01:14:46.48
21	21/1586	7/225	5152	Bobby Brockmueller	M	25	Sioux Falls	SD	00:18:03.58	00:38:58.84	00:17:46.26	5:42	01:14:48.69
22	22/1586	2/226	5801	Kelly Halverson	M	36	Lincoln	NE	00:17:28.20	00:39:12.12	00:18:12.91	5:42	01:14:53.23
23	23/1586	5/270	5665	Matt Thompson	M	32	Denver	CO	00:18:02.40	00:39:01.07	00:18:09.61	5:44	01:15:13.08
24	1/2920	1/3	37	Katie Wetzstein	F	23	Omaha	NE	00:17:20.86	00:39:13.78	00:18:52.20	5:45	01:15:26.84
25	24/1586	6/270	5647	Nathan Stack	M	32	Lincoln	NE	00:17:33.48	00:39:28.36	00:19:03.57	5:48	01:16:05.41
26	2/2920	2/3	32	Pasca Myers	F	31	Fort Dodge	IA	00:17:52.98	00:39:37.28	00:19:12.13	5:51	01:16:42.39
27	25/1586	3/226	2164	Jay Oligmueller	M	36	Lincoln	NE	00:18:21.94	00:40:52.02	00:18:40.95	5:56	01:17:54.92
28	26/1586	7/270	5087	Scott Cavadini	M	32	Lincoln	NE	00:17:55.92	00:40:04.20	00:19:56.91	5:56	01:17:57.03
29	27/1586	5/145	31	Blake Kanger	M	21	Omaha	NE	00:18:02.95	00:41:12.97	00:19:49.81	6:02	01:19:05.73
30	28/1586	1/64	5040	Dalton Baker	M	16	Nevada	IA	00:18:23.99	00:41:20.38	00:19:26.14	6:02	01:19:10.51
31	29/1586	8/225	5651	Matt Horan	M	25	Sioux Falls	SD	00:19:17.32	00:41:29.85	00:18:59.05	6:05	01:19:46.23
32	30/1586	9/225	5110	Kevin Carder	M	26	Omaha	NE	00:19:03.95	00:41:48.36	00:19:11.82	6:06	01:20:04.14
33	31/1586	8/270	1730	Alex Wright	M	32	Lincoln	NE	00:18:49.53	00:42:24.42	00:19:01.23	6:07	01:20:15.19
34	32/1586	9/270	1953	Brian Labenz	M	33	Clarkson	NE	00:18:27.57	00:41:37.29	00:20:22.56	6:08	01:20:27.43
35	33/1586	4/226	4924	Brent Wilson	M	39	Crete	NE	00:19:23.26	00:41:44.23	00:19:30.30	6:09	01:20:37.80

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
36	3/2920	3/3	24	Mary Hillis	F	23	Lincoln	NE	00:18:10.36	00:42:22.48	00:20:19.13	6:10	01:20:51.98
37	34/1586	1/183	1830	Ben Gilbert	M	44	Omaha	NE	00:18:58.90	00:42:13.78	00:19:52.14	6:11	01:21:04.82
38	35/1586	10/270	4868	Drew Pope	M	30	Chadron	NE	00:18:55.04	00:42:56.30	00:19:25.97	6:12	01:21:17.31
39	36/1586	1/109	6217	Eric Barnes	M	50	Central City	NE	00:19:00.81	00:42:24.80	00:19:55.99	6:12	01:21:21.60
40	37/1586	11/270	2238	Josh Schlautman	M	33	Lincoln	NE	00:19:33.66	00:42:12.20	00:19:52.95	6:13	01:21:38.82
41	38/1586	10/225	4869	Spencer Strong	M	25	Lincoln	NE	00:18:14.43	00:43:13.16	00:20:29.76	6:15	01:21:57.35
42	39/1586	6/145	5136	Drew Willis	M	24	Gretna	NE	00:18:53.28	00:42:10.21	00:21:02.53	6:15	01:22:06.03
43	40/1586	7/145	6216	Reid Shubert	M	21	Lincoln	NE	00:18:53.52	00:42:09.98	00:21:04.32	6:15	01:22:07.82
44	41/1586	8/145	1969	Jared Balady	M	24	St. Joseph	MO	00:19:47.62	00:43:07.27	00:19:30.90	6:17	01:22:25.79
45	42/1586	12/270	1814	Nikola Andelic	M	33	Lincoln	NE	00:19:46.37	00:43:01.19	00:20:03.21	6:19	01:22:50.79
46	43/1586	5/226	1967	Ryan Hatt	M	36	Lincoln	NE	00:19:35.90	00:43:10.45	00:20:11.16	6:19	01:22:57.52
47	44/1586	9/145	6503	Steve Dosskey	M	24	Lincoln	NE	00:19:30.68	00:42:46.25	00:20:43.03	6:19	01:22:59.97
48	4/2920	1/495	25	Shannon Suing	F	39	Gretna	NE	00:19:05.93			6:20	01:23:03.36
49	45/1586	10/145	5090	Chris Bartels	M	24	Imperial	NE	00:18:53.76	00:43:30.72	00:20:45.55	6:20	01:23:10.04
50	5/2920	1/405	26	Anna Hazard	F	23	Lincoln	NE	00:20:03.20	00:43:34.96	00:19:38.54	6:21	01:23:16.71
51	46/1586	6/226	5173	Austin Mckillip	M	38	Lincoln	NE	00:19:38.76	00:43:23.36	00:20:16.22	6:21	01:23:18.35
52	47/1586	2/64	5210	Matthew Guevara	M	18	Lincoln	NE	00:19:07.77	00:43:51.82	00:20:23.75	6:21	01:23:23.35
53	48/1586	13/270	2067	Matt James	M	31	Lincoln	NE	00:19:48.33	00:43:15.79	00:20:19.56	6:21	01:23:23.69
54	49/1586	7/226	5116	Craig Halverson	M	37	Council Bluffs	IA	00:19:04.12	00:43:16.66	00:21:11.67	6:22	01:23:32.46
55	6/2920	1/515	43	Karissa Stack	F	32	Lincoln	NE	00:19:40.35	00:43:29.30	00:20:23.16	6:22	01:23:32.81
56	50/1586	11/225	4958	Mitchell Kaup	M	29	Kearney	NE	00:19:33.57	00:43:40.06	00:20:39.01	6:23	01:23:52.65
57	51/1586	8/226	1677	Sam Garner	M	36	York	NE	00:19:37.68	00:43:36.95	00:20:41.06	6:24	01:23:55.69
58	7/2920	2/495	2662	Frankie Petersen	F	35	Lincoln	NE	00:19:36.04	00:43:48.36	00:20:45.81	6:25	01:24:10.22
59	52/1586	3/64	1696	Kyle Allen	M	16	Lincoln	NE	00:19:50.30	00:43:48.85	00:20:34.59	6:25	01:24:13.74
60	53/1586	1/168	5701	Steve Packwood	M	45	Omaha	NE	00:20:02.70	00:43:43.88	00:20:37.81	6:26	01:24:24.40
61	54/1586	4/64	1757	Avery Watts	M	16	Lincoln	NE	00:19:31.93	00:43:47.61	00:21:14.29	6:27	01:24:33.83
62	8/2920	2/405	20	Erin Artz	F	22	Omaha	NE	00:19:25.32	00:43:58.63	00:21:11.96	6:27	01:24:35.92
63	55/1586	12/225	1869	Matthew Cornell	M	25	Lincoln	NE	00:21:08.43	00:43:51.39	00:19:43.94	6:27	01:24:43.76
64	56/1586	14/270	5836	Brady Fickenscher	M	31	York	NE	00:20:21.91	00:44:17.26	00:20:06.33	6:27	01:24:45.51
65	57/1586	11/145	1916	Alec Schneider	M	20	Lincoln	NE	00:19:53.51	00:44:13.50	00:20:42.28	6:28	01:24:49.30
66	58/1586	5/64	5535	Carter Svehla	M	16	Lincoln	NE	00:19:31.53	00:43:48.96	00:22:03.44	6:30	01:25:23.94
67	59/1586	6/64	1712	Anthony Krick	M	18	Lincoln	NE	00:21:57.34	00:43:53.38	00:19:46.18	6:31	01:25:36.92
68	60/1586	2/183	1681	Brian Bergstrom	M	44	Axtell	NE	00:19:20.93	00:44:04.92	00:22:13.39	6:32	01:25:39.25
69	61/1586	9/226	5716	Max Mueller	M	37	Lincoln	NE	00:19:36.27	00:44:26.31	00:21:38.18	6:32	01:25:40.77
70	9/2920	1/503	2616	Kelsey Oliverius	F	26	Lincoln	NE	00:20:05.13	00:44:33.61	00:21:03.26	6:32	01:25:42.01

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
71	62/1586	15/270	4862	Zach Hemenway	M	34	Lenexa	KS	00:20:04.75	00:45:22.48	00:20:16.02	6:32	01:25:43.26
72	63/1586	10/226	5035	Kenneth Keuck	M	37	Omaha	NE	00:20:23.15	00:45:13.90	00:20:10.24	6:32	01:25:47.29
73	10/2920	2/515	10	Nicole Mcintire	F	33	Waverly	NE	00:20:41.59	00:44:40.32	00:20:26.86	6:32	01:25:48.78
74	11/2920	3/405	35	Cassandra Krings	F	23	Humphrey	NE	00:20:47.07	00:44:43.42	00:20:21.75	6:33	01:25:52.24
75	64/1586	13/225	1726	Steele Erickson	M	27	York	NE	00:20:57.75	00:44:39.95	00:20:19.92	6:33	01:25:57.63
76	65/1586	14/225	5832	Jacob Hanseling	M	29	Lincoln	NE	00:20:19.38	00:44:43.76	00:21:13.75	6:34	01:26:16.89
77	66/1586	2/168	2096	Alvin Sueper	M	47	Lincoln	NE	00:20:15.72	00:45:12.93	00:20:53.75	6:35	01:26:22.41
78	12/2920	3/495	2	Amy Barry	F	38	Gretna	NE	00:20:00.26	00:45:06.60	00:21:16.26	6:35	01:26:23.12
79	67/1586	1/101	2076	Brian Bergt	M	57	Amherst	NE	00:20:26.85	00:45:13.28	00:20:58.94	6:36	01:26:39.08
80	68/1586	15/225	5017	Jason Daffer	M	28	Broken Bow	NE	00:20:26.98	00:44:44.57	00:21:35.00	6:37	01:26:46.56
81	69/1586	3/183	5133	Anthony Bushard	M	43	Lincoln	NE	00:20:18.03	00:44:58.87	00:21:31.44	6:37	01:26:48.34
82	70/1586	2/101	5288	Randall Rasmussen	M	56	Vermillion	SD	00:19:27.26	00:45:11.37	00:22:14.18	6:37	01:26:52.82
83	71/1586	11/226	4996	Thaddeus Edgerton	M	39	Lincoln	NE	00:20:15.02	00:45:41.11	00:21:00.32	6:37	01:26:56.46
84	72/1586	16/225	5753	Austin Hegert	M	26	Lincoln	NE	00:19:53.51	00:45:30.07	00:21:39.26	6:38	01:27:02.85
85	13/2920	3/515	3133	Sara Hendrickson	F	31	Altoona	IA	00:20:14.08	00:45:38.02	00:21:17.18	6:38	01:27:09.29
86	14/2920	4/515	3	Laurel Johnson	F	30	Lincoln	NE	00:20:04.52	00:45:35.50	00:21:30.51	6:39	01:27:10.54
87	73/1586	17/225	6314	Evan Hansen	M	29	Omaha	NE	00:20:29.07	00:45:48.62	00:21:16.25	6:40	01:27:33.95
88	74/1586	18/225	4940	Brian Copley	M	29	Lexington	NE	00:20:55.13	00:46:18.60	00:20:22.06	6:40	01:27:35.79
89	75/1586	3/168	5027	Darin Horst	M	48	Lincoln	NE	00:20:34.38	00:45:48.40	00:21:14.42	6:41	01:27:37.20
90	76/1586	4/168	5100	Pat Castle	M	46	Papillion	NE	00:20:37.77	00:45:29.12	00:21:38.90	6:41	01:27:45.79
91	77/1586	19/225	5053	Paul Pape	M	26	Kearney	NE	00:20:31.02	00:45:21.00	00:21:58.97	6:42	01:27:51.00
92	78/1586	20/225	5538	Scott Nannen	M	27	Kearney	NE	00:20:31.49	00:45:21.12	00:21:59.17	6:42	01:27:51.78
93	79/1586	5/168	1928	Jim Baker	M	45	Lincoln	NE	00:20:16.23	00:45:52.00	00:21:46.76	6:42	01:27:55.00
94	80/1586	16/270	2360	Richard Schwartz	M	33	Lincoln	NE	00:20:48.08	00:46:05.62	00:21:08.49	6:42	01:28:02.20
95	81/1586	12/145	4877	Vinny Malene	M	20	Omaha	NE	00:21:25.03	00:45:21.66	00:21:17.26	6:43	01:28:03.96
96	82/1586	7/64	6424	Garrett Wells	M	17	Waverly	NE	00:19:57.94	00:46:04.33	00:22:09.12	6:43	01:28:11.39
97	83/1586	12/226	5442	John Boever	M	39	Lincoln	NE	00:21:05.92	00:45:29.59	00:21:38.20	6:43	01:28:13.72
98	15/2920	4/405	38	Jessa Sughroue	F	24	La Vista	NE	00:20:48.08	00:46:16.65	00:21:13.31	6:44	01:28:18.05
99	84/1586	21/225	1925	Philip Bennett	M	29	Overland Park	KS	00:20:20.77	00:46:02.48	00:21:58.72	6:44	01:28:21.97
100	85/1586	17/270	5513	Tyler Gilkey	M	34	Waco	NE	00:20:47.10	00:46:06.74	00:21:31.94	6:44	01:28:25.79
101	86/1586	8/64	4881	Zachary Miller	M	15	Sioux Falls	SD	00:20:55.28	00:47:06.48	00:20:27.22	6:44	01:28:28.99
102	87/1586	22/225	5030	Curtis Whittit	M	29	Wichita	KS	00:20:17.26	00:46:00.15	00:22:25.98	6:46	01:28:43.40
103	88/1586	4/183	5287	Leonard Wenzl	M	43	Grand Island	NE	00:20:16.49	00:46:03.34	00:22:25.17	6:46	01:28:45.01
104	89/1586	13/226	2479	Brody Ockander	M	36	Lincoln	NE	00:20:46.04	00:46:37.61	00:21:37.00	6:47	01:29:00.65
105	16/2920	2/503	21	Adrienne Owens	F	27	Lincoln	NE	00:20:32.27	00:46:12.50	00:22:16.42	6:47	01:29:01.20

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
106	17/2920	4/495	289	Amber Oligmueller	F	36	Lincoln	NE	00:21:06.84	00:46:34.91	00:21:20.04	6:47	01:29:01.79
107	90/1586	6/168	2180	Stan Kleppinger	M	45	Lincoln	NE	00:21:05.77	00:46:33.42	00:21:25.01	6:47	01:29:04.22
108	91/1586	14/226	5180	Jerrid Johansen	M	38	Omaha	NE	00:21:06.77	00:46:04.40	00:21:53.39	6:47	01:29:04.57
109	92/1586	7/168	5550	Dennis Pope	M	45	Martell	NE	00:20:43.56	00:46:49.71	00:21:32.95	6:47	01:29:06.22
110	93/1586	5/183	1882	Travis Green	M	43	Lincoln	NE	00:21:23.64	00:46:19.27	00:21:23.64	6:47	01:29:06.55
111	18/2920	3/503	3935	Kate Gienger	F	28	Kearney	NE	00:21:07.92	00:46:36.88	00:21:22.40	6:47	01:29:07.20
112	19/2920	4/503	3923	Jackie Mckenzie	F	29	Lincoln	NE	00:21:07.69	00:46:37.20	00:21:31.21	6:48	01:29:16.10
113	94/1586	15/226	1856	Jason Hesser	M	38	Crete	NE	00:20:57.27	00:46:48.51	00:21:30.80	6:48	01:29:16.59
114	95/1586	6/183	2052	Timothy Hill	M	41	Lincoln	NE	00:20:36.87	00:46:52.97	00:21:51.29	6:48	01:29:21.14
115	20/2920	1/2	40	Lynette Ivanov	F	44	Lincoln	NE	00:20:49.28	00:46:09.52	00:22:22.70	6:48	01:29:21.52
116	96/1586	16/226	5517	Thomas Cohee	M	38	Bellevue	NE	00:20:56.10	00:46:27.37	00:22:01.37	6:49	01:29:24.84
117	21/2920	5/495	203	Ann Hubl	F	38	Hebron	NE	00:20:25.79	00:46:47.69	00:22:11.40	6:49	01:29:24.89
118	97/1586	18/270	1828	Ryan Loock	M	31	Lincoln	NE	00:21:26.37	00:46:25.14	00:21:33.61	6:49	01:29:25.13
119	98/1586	9/64	5475	Sam Crowley	M	18	Hays	KS	00:20:56.01	00:46:54.52	00:21:47.17	6:50	01:29:37.71
120	99/1586	19/270	1930	Addison Killeen	M	31	Lincoln	NE	00:19:39.30	00:47:54.46	00:22:14.22	6:51	01:29:47.99
121	100/1586	13/145	5373	Christian Guinac	M	21	Lincoln	NE	00:21:53.16	00:46:48.41	00:21:13.75	6:51	01:29:55.33
122	101/1586	8/168	1012	Ron Larson	M	45	Lincoln	NE	00:21:20.39	00:47:03.64	00:21:36.29	6:51	01:30:00.34
123	102/1586	20/270	2415	Jimmy Downes	M	31	Papillion	NE	00:20:47.96	00:47:00.93	00:22:12.93	6:52	01:30:01.83
124	103/1586	21/270	1877	Jared Meyer	M	34	Lincoln	NE	00:21:15.61	00:47:07.66	00:21:38.60	6:52	01:30:01.88
125	104/1586	9/168	1826	Kent Johnson	M	47	Omaha	NE	00:20:58.81	00:47:05.63	00:22:01.06	6:52	01:30:05.50
126	105/1586	14/145	6378	Jack Felser	M	21	Lincoln	NE	00:21:30.89	00:46:28.13	00:22:07.11	6:52	01:30:06.14
127	106/1586	15/145	5058	Kason Jurgena	M	21	Hickman	NE	00:22:36.23	00:46:56.27	00:20:39.35	6:52	01:30:11.85
128	107/1586	2/109	1787	Terrence Wood	M	54	Omaha	NE	00:21:23.37	00:47:14.72	00:21:45.75	6:53	01:30:23.85
129	22/2920	2/2	828	Kathy Hinrichs	F	42	Elkhorn	NE	00:21:14.38	00:47:26.61	00:21:43.08	6:53	01:30:24.08
130	23/2920	6/495	16	Jennifer Freeman	F	36	Omaha	NE	00:21:25.50	00:48:06.38	00:21:03.19	6:54	01:30:35.08
131	108/1586	17/226	5075	Cody Seger	M	35	Weeping Water	NE	00:21:36.19	00:46:59.51	00:22:00.15	6:54	01:30:35.86
132	24/2920	5/405	419	Catherine Cloetta	F	23	Omaha	NE	00:20:29.50	00:47:16.75	00:22:50.11	6:54	01:30:36.36
133	109/1586	7/183	4921	Rick Tast	M	44	Lincoln	NE	00:20:42.44	00:47:57.68	00:21:57.01	6:54	01:30:37.13
134	110/1586	16/145	6276	Jacob Rix	M	23	Omaha	NE	00:21:25.97	00:46:36.95	00:22:37.48	6:55	01:30:40.41
135	25/2920	6/405	19	Jordin Kopplow	F	22	Adrian	MN	00:21:00.16	00:47:16.80	00:22:40.32	6:56	01:30:57.28
136	26/2920	5/515	574	Tessa Oetken	F	30	Hebron	NE	00:20:59.01	00:47:38.72	00:22:23.22	6:56	01:31:00.96
137	27/2920	6/515	4	Erin Fisher	F	31	Colchester	VT	00:21:18.03	00:47:24.07	00:22:22.30	6:56	01:31:04.40
138	111/1586	22/270	1671	Shane Peed	M	32	Lincoln	NE	00:21:26.94	00:47:21.30	00:22:18.65	6:57	01:31:06.89
139	112/1586	10/64	6517	Chris Wieskamp	M	17	Panama	NE	00:20:17.41	00:46:49.08	00:24:04.05	6:57	01:31:10.55
140	113/1586	3/101	5041	Alan Haverkamp	M	55	Bern	KS	00:21:40.12	00:47:38.48	00:21:57.03	6:57	01:31:15.63

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
141	114/1586	23/270	5386	Andrew Hille	M	30	Hickman	NE	00:20:50.13	00:47:12.62	00:23:26.94	6:58	01:31:29.70
142	115/1586	24/270	1883	Adam Niederklein	M	33	Lincoln	NE	00:22:07.28	00:47:43.06	00:21:45.29	6:59	01:31:35.63
143	116/1586	25/270	2112	Benjamin Thayer	M	33	Lincoln	NE	00:22:07.09	00:47:43.17	00:21:46.43	6:59	01:31:36.70
144	117/1586	26/270	1976	Christopher Fuller	M	34	Omaha	NE	00:22:27.69	00:48:23.48	00:20:54.81	7:00	01:31:45.98
145	118/1586	18/226	6501	Tom Heacock	M	39	Kearney	NE	00:21:54.49	00:47:46.27	00:22:08.91	7:00	01:31:49.68
146	119/1586	3/109	5261	Jim Mccarthy	M	51	Papillion	NE	00:20:52.57	00:48:16.38	00:22:51.69	7:01	01:32:00.65
147	120/1586	10/168	6320	Ray Taddeucci	M	45	Lincoln	NE	00:21:13.35	00:47:37.53	00:23:09.82	7:01	01:32:00.70
148	121/1586	11/168	5265	Kevin Mccaffrey	M	49	Lincoln	NE	00:21:22.94	00:48:37.01	00:22:01.97	7:01	01:32:01.93
149	122/1586	8/183	1960	Wade Fornander	M	41	Lincoln	NE	00:21:21.88	00:48:28.63	00:22:18.73	7:01	01:32:09.24
150	123/1586	19/226	5105	Ryan Sevcik	M	36	Fort Calhoun	NE	00:21:58.64	00:47:55.13	00:22:15.63	7:01	01:32:09.40
151	124/1586	20/226	4971	Nick Steinke	M	39	Lincoln	NE	00:21:44.54	00:48:06.57	00:22:22.06	7:02	01:32:13.18
152	125/1586	17/145	1971	Drew Labreck	M	20	Bennington	NE	00:22:32.02	00:48:25.50	00:21:19.10	7:02	01:32:16.63
153	126/1586	18/145	2392	Robbie Giovanazzi	M	24	Lincoln	NE	00:21:06.49	00:48:32.33	00:22:37.84	7:02	01:32:16.67
154	127/1586	12/168	1863	Chad Oswald	M	46	Aurora	NE	00:22:05.52	00:48:29.66	00:21:43.27	7:02	01:32:18.46
155	128/1586	9/183	2077	Mark Treadway	M	42	Kearney	NE	00:21:58.77	00:48:20.38	00:22:00.31	7:02	01:32:19.46
156	28/2920	7/495	3314	Jessica Larson	F	36	Hastings	NE	00:22:22.04	00:48:12.34	00:21:52.85	7:03	01:32:27.23
157	129/1586	13/168	1808	David Griffiths	M	47	Lincoln	NE	00:21:24.67	00:47:55.47	00:23:08.28	7:03	01:32:28.43
158	29/2920	1/119	6265	Jaden Hilkemann	F	17	Lincoln	NE	00:22:35.17	00:48:20.99	00:21:33.89	7:03	01:32:30.07
159	130/1586	21/226	1919	Michael Johnson	M	35	Omaha	NE	00:20:44.15	00:47:58.46	00:23:51.06	7:03	01:32:33.68
160	30/2920	8/495	1299	Tammy True	F	39	Gretna	NE	00:22:31.96	00:48:43.73	00:21:27.95	7:04	01:32:43.64
161	131/1586	4/101	5077	Terry Travis	M	55	Sidney	IA	00:22:32.14	00:48:44.00	00:21:28.06	7:04	01:32:44.21
162	132/1586	23/225	4895	Cody Bardell	M	26	Sioux City	IA	00:21:46.61	00:48:22.66	00:22:40.01	7:04	01:32:49.28
163	31/2920	9/495	330	Allison Nielsen	F	38	Elmwood	NE	00:22:02.84	00:48:37.52	00:22:11.72	7:05	01:32:52.09
164	133/1586	14/168	2029	Derek Haines	M	46	Lexington	NE	00:22:16.69	00:48:24.52	00:22:10.97	7:05	01:32:52.18
165	134/1586	19/145	6435	Jacob Meeske	M	21	Weeping Water	NE	00:22:09.99	00:46:54.77	00:23:48.63	7:05	01:32:53.40
166	135/1586	22/226	5073	Justin Davis	M	38	Algona	IA	00:20:46.84	00:47:32.35	00:24:35.52	7:05	01:32:54.72
167	32/2920	5/503	290	Gaby Stokes	F	26	Lincoln	NE	00:22:16.04	00:48:20.61	00:22:24.91	7:05	01:33:01.56
168	136/1586	11/64	5342	Andrew Ruder	M	17	Lincoln	NE	00:22:03.83	00:48:38.50	00:22:20.13	7:05	01:33:02.46
169	33/2920	1/300	2600	Tonya Beach	F	43	Lincoln	NE	00:21:59.94	00:48:38.35	00:22:25.09	7:05	01:33:03.39
170	137/1586	10/183	2137	Jeremy Day	M	44	Valley	NE	00:23:48.32	00:47:09.04	00:22:08.01	7:06	01:33:05.37
171	138/1586	12/64	5369	Thomas Krick	M	19	Lincoln	NE	00:22:03.58	00:48:38.49	00:22:30.71	7:06	01:33:12.78
172	139/1586	5/101	6594	Kris Rutford	M	58	Lincoln	NE	00:22:26.89	00:48:38.35	00:22:09.06	7:06	01:33:14.31
173	140/1586	11/183	5137	Mariano Uberti	M	44	Omaha	NE	00:21:20.08	00:47:44.37	00:24:10.07	7:06	01:33:14.52
174	141/1586	15/168	5300	Gregory Hanel	M	47	Lincoln	NE	00:21:23.21	00:48:30.40	00:23:21.74	7:06	01:33:15.37
175	142/1586	13/64	6474	Justus Olsen	M	16	Lincoln	NE	00:21:29.64	00:49:13.88	00:22:32.56	7:06	01:33:16.08

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
176	143/1586	14/64	1936	Anthony Butler	M	17	Lincoln	NE	00:21:56.50	00:47:58.66	00:23:22.25	7:06	01:33:17.41
177	144/1586	23/226	5438	Jacob Dudek	M	35	Monterey	CA	00:21:36.57	00:48:41.26	00:23:00.63	7:07	01:33:18.47
178	34/2920	7/515	3255	Shannon Schultz	F	34	Lincoln	NE	00:22:06.92	00:49:06.12	00:22:06.84	7:07	01:33:19.89
179	35/2920	6/503	6411	Camila Rutford	F	26	Omaha	NE	00:22:32.37	00:48:35.21	00:22:12.48	7:07	01:33:20.07
180	145/1586	4/109	1872	Nick Heng	M	54	Overland Park	KS	00:21:14.12	00:48:39.43	00:23:30.73	7:07	01:33:24.30
181	36/2920	1/154	3539	Ellen Bagnato	F	52	Broomfield	CO	00:21:55.86	00:48:50.69	00:22:42.75	7:07	01:33:29.32
182	37/2920	2/300	6464	Amy Sue Alesch	F	41	Des Moines	IA	00:22:00.51	00:48:46.22	00:22:44.81	7:08	01:33:31.54
183	146/1586	27/270	5419	Nick Auwerda	M	32	Cozad	NE	00:22:05.40	00:48:42.95	00:22:44.30	7:08	01:33:32.66
184	38/2920	7/503	205	Kristen Humphrey	F	28	Omaha	NE	00:22:23.10	00:48:50.59	00:22:22.89	7:08	01:33:36.58
185	147/1586	16/168	5406	David Holding	M	49	Lincoln	NE	00:22:32.37	00:48:57.17	00:22:20.92	7:09	01:33:50.47
186	39/2920	3/300	3116	Sheryl Collins	F	43	Wichita	KS	00:21:52.53	00:48:34.25	00:23:24.82	7:09	01:33:51.61
187	40/2920	10/495	23	Jacqui Meadors	F	37	Sioux Falls	SD	00:21:00.18	00:48:49.35	00:24:05.57	7:09	01:33:55.10
188	148/1586	15/64	5091	Thaddeus Wegryn	M	18	Lincoln	NE	00:20:04.52	00:50:28.81	00:23:23.14	7:09	01:33:56.48
189	149/1586	28/270	1983	Benton Nelson	M	32	Lincoln	NE	00:23:31.46	00:48:58.28	00:21:40.20	7:10	01:34:09.94
190	41/2920	8/503	3034	Jessica Wright	F	25	Lincoln	NE	00:22:28.57	00:48:23.65	00:23:23.57	7:11	01:34:15.80
191	150/1586	29/270	5568	Blake Simpson	M	31	Lincoln	NE	00:22:22.43	00:49:13.14	00:22:42.34	7:11	01:34:17.91
192	151/1586	20/145	6244	Glen Ready	M	23	Lincoln	NE	00:20:34.75	00:49:12.38	00:24:30.78	7:11	01:34:17.91
193	42/2920	8/515	369	Carrie Bostar	F	31	Lincoln	NE	00:22:45.76	00:49:37.63	00:21:58.30	7:11	01:34:21.69
194	152/1586	24/225	4843	Gregory Gettman	M	28	Omaha	NE	00:23:23.90	00:49:13.21	00:21:50.04	7:12	01:34:27.16
195	153/1586	30/270	2257	Derek Sinica	M	32	Lincoln	NE	00:22:23.01	00:49:22.86	00:22:42.06	7:12	01:34:27.95
196	43/2920	9/503	4860	Regan Bold	F	25	Winifred	MT	00:21:45.48	00:49:41.96	00:23:03.51	7:12	01:34:30.97
197	154/1586	16/64	1926	Dominic Vavala	M	18	Lincoln	NE	00:20:53.00	00:49:03.46	00:24:37.24	7:12	01:34:33.71
198	155/1586	21/145	2262	Colby Kresak	M	22	Lincoln	NE	00:20:53.13	00:49:50.82	00:24:03.13	7:13	01:34:47.09
199	156/1586	24/226	2037	Chris Mcbratney	M	37	Fremont	NE	00:22:32.52	00:49:42.41	00:22:36.85	7:14	01:34:51.78
200	157/1586	31/270	1771	Luis Rios	M	34	Lincoln	NE	00:22:43.96	00:49:06.78	00:23:02.39	7:14	01:34:53.13
201	158/1586	25/226	2481	Benny Foltz	M	37	Papillion	NE	00:21:59.38	00:50:05.15	00:22:49.05	7:14	01:34:53.60
202	159/1586	1/46	5221	David Coleman	M	62	Lincoln	NE			00:23:08.89	7:14	01:34:55.49
203	160/1586	12/183	1855	Corey Russman	M	44	Lincoln	NE	00:22:09.63	00:49:35.27	00:23:11.80	7:14	01:34:56.71
204	44/2920	10/503	3708	Jaime Olson	F	28	Lincoln	NE	00:22:23.12	00:49:37.43	00:22:56.53	7:14	01:34:57.09
205	45/2920	2/119	6436	Gabrielle Boucher	F	19	Lenexa	KS	00:23:26.06	00:48:59.07	00:22:38.49	7:15	01:35:03.62
206	161/1586	13/183	5590	Chadd Kohn	M	44	North Platte	NE	00:22:31.50	00:48:56.50	00:23:36.21	7:15	01:35:04.22
207	46/2920	11/503	2640	Theresa Brodeur	F	29	Lincoln	NE	00:22:30.07	00:50:04.68	00:22:32.44	7:15	01:35:07.21
208	162/1586	25/225	2301	Jesse Genrich	M	27	Lincoln	NE	00:22:34.72	00:49:37.42	00:22:55.95	7:15	01:35:08.09
209	47/2920	12/503	2639	Caitlyn Diimig	F	27	Des Moines	IA	00:22:28.59	00:49:29.43	00:23:18.01	7:16	01:35:16.04
210	163/1586	17/64	5368	Dustin Weaver	M	17	Hallam	NE	00:23:53.47	00:49:55.51	00:21:34.52	7:16	01:35:23.52

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
211	48/2920	9/515	231	Lori Jorn	F	33	Bennington	NE	00:21:59.41	00:49:41.13	00:23:43.64	7:16	01:35:24.18
212	164/1586	26/225	5296	Lane Carr	M	28	Lincoln	NE	00:23:40.73	00:50:17.01	00:21:32.42	7:17	01:35:30.16
213	49/2920	13/503	2857	Alyssa Farmer	F	28	Lincoln	NE	00:22:13.39	00:49:27.73	00:23:50.88	7:17	01:35:32.01
214	165/1586	27/225	2281	David Poots	M	25	Omaha	NE	00:20:31.40	00:50:09.49	00:24:58.77	7:17	01:35:39.67
215	166/1586	5/109	2045	Steven Sousek	M	51	Lincoln	NE	00:22:33.81	00:49:57.75	00:23:13.76	7:18	01:35:45.33
216	167/1586	32/270	5569	Martin Ertz	M	32	Omaha	NE	00:22:31.26	00:49:18.25	00:24:02.92	7:18	01:35:52.43
217	168/1586	22/145	6337	Seth Bailey	M	23	Grand Island	NE	00:22:42.69	00:49:52.18	00:23:18.11	7:18	01:35:52.98
218	169/1586	23/145	5125	David Mueller	M	23	Kearney	NE	00:23:30.75	00:50:47.65	00:21:34.74	7:18	01:35:53.14
219	170/1586	18/64	6497	Reicher Martinez	M	15	Lincoln	NE	00:23:06.97	00:49:20.76	00:23:30.07	7:19	01:35:57.81
220	171/1586	28/225	5983	Quinton Krumwiede	M	25	Fremont	NE	00:23:11.97	00:50:08.23	00:22:42.80	7:19	01:36:03.01
221	172/1586	14/183	2272	Brian Lubberstedt	M	40	Omaha	NE	00:22:57.57	00:49:40.57	00:23:27.18	7:19	01:36:05.33
222	173/1586	1/16	6558	Paul Braunschweiler	M	65	Elkhorn	NE	00:22:08.25	00:50:19.18	00:23:40.20	7:19	01:36:07.64
223	174/1586	33/270	5794	Alex Weborg	M	30	Pender	NE	00:23:30.17	00:49:44.70	00:22:54.06	7:20	01:36:08.93
224	175/1586	6/101	5971	Paul Westendorf	M	55	Sioux Falls	SD	00:22:47.24	00:50:35.30	00:22:50.86	7:20	01:36:13.41
225	176/1586	17/168	1795	Matt Nelson	M	48	Lincoln	NE	00:21:50.70	00:50:00.13	00:24:25.85	7:20	01:36:16.69
226	50/2920	11/495	261	Lauren Klima	F	35	Grant	MN	00:21:39.92	00:50:24.78	00:24:13.06	7:20	01:36:17.76
227	177/1586	24/145	5489	Dylan Winter	M	24	Lincoln	NE	00:22:20.01	00:49:30.52	00:24:27.86	7:20	01:36:18.39
228	178/1586	29/225	1825	Danny Poethig	M	28	Omaha	NE	00:22:58.94	00:49:42.73	00:23:39.56	7:21	01:36:21.24
229	179/1586	30/225	1897	Justin Van Nostrand	M	28	Lincoln	NE	00:23:09.74	00:49:52.35	00:23:19.65	7:21	01:36:21.74
230	180/1586	26/226	2299	Matt Semple	M	39	Omaha	NE	00:22:30.31	00:50:40.22	00:23:12.04	7:21	01:36:22.57
231	181/1586	18/168	2452	Michael Davis	M	49	Omaha	NE	00:22:33.26	00:50:30.90	00:23:19.14	7:21	01:36:23.30
232	182/1586	31/225	2372	Rob Baer	M	28	Lincoln	NE	00:22:24.71	00:50:46.05	00:23:19.50	7:21	01:36:30.27
233	183/1586	15/183	5742	Adrian Olivera	M	43	Lincoln	NE	00:23:06.50	00:50:46.67	00:22:40.10	7:21	01:36:33.29
234	184/1586	19/64	4879	Ryan Zoucha	M	16	Malcolm	NE	00:20:57.22	00:49:17.64	00:26:22.24	7:22	01:36:37.11
235	185/1586	25/145	1692	Scott Friend	M	21	Omaha	NE	00:21:35.27	00:50:53.61	00:24:08.42	7:22	01:36:37.31
236	186/1586	26/145	6375	William Taylor	M	24	Lincoln	NE	00:22:50.90	00:50:03.87	00:23:46.22	7:22	01:36:40.99
237	187/1586	27/226	1827	Spencer Finley	M	36	Omaha	NE	00:23:24.29	00:50:45.66	00:22:32.29	7:22	01:36:42.25
238	188/1586	28/226	6356	Charles Cooper	M	36	Omaha	NE	00:23:24.73	00:50:45.65	00:22:32.09	7:22	01:36:42.48
239	189/1586	32/225	1776	Alex Manning	M	28	Omaha	NE	00:23:12.97	00:50:22.50	00:23:07.69	7:22	01:36:43.17
240	190/1586	34/270	5428	Ben Herbers	M	30	Omaha	NE	00:23:08.04	00:50:50.26	00:22:46.68	7:22	01:36:44.99
241	191/1586	6/109	4927	J.J. Yost	M	51	Lincoln	NE	00:22:40.82	00:50:29.42	00:23:34.99	7:22	01:36:45.23
242	51/2920	10/515	200	Kassia Ulfers	F	34	Omaha	NE	00:22:55.11	00:50:24.12	00:23:26.44	7:22	01:36:45.68
243	52/2920	2/154	1300	Marcia Esola	F	50	Omaha	NE	00:23:00.88	00:50:32.64	00:23:12.40	7:22	01:36:45.93
244	53/2920	7/405	2972	Hannah Schroeder	F	24	Lincoln	NE	00:23:30.21	00:51:10.88	00:22:17.31	7:23	01:36:58.41
245	192/1586	27/145	4878	Alexander O'neill	M	24	Omaha	NE	00:23:14.76	00:50:15.41	00:23:29.82	7:23	01:37:00.00

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
246	193/1586	35/270	5092	Sean Keisling	M	31	Omaha	NE	00:23:05.05	00:50:20.95	00:23:39.03	7:24	01:37:05.03
247	194/1586	7/101	6550	Jack Duysen	M	58	Omaha	NE	00:23:25.96	00:50:58.09	00:22:41.26	7:24	01:37:05.32
248	195/1586	33/225	1889	Blake Ritter	M	28	Lincoln	NE	00:23:30.77	00:51:49.73	00:21:45.90	7:24	01:37:06.40
249	196/1586	34/225	6357	Lucas Weeder	M	28	Columbus	NE	00:22:48.12	00:50:06.84	00:24:14.09	7:24	01:37:09.05
250	197/1586	16/183	5401	Dave Kotlarz	M	40	Omaha	NE	00:23:44.52	00:51:02.80	00:22:25.72	7:24	01:37:13.04
251	54/2920	12/495	593	Jackie Freeman	F	36	Bloomfield	NE	00:23:48.73	00:50:48.76	00:22:42.02	7:25	01:37:19.52
252	198/1586	29/226	2217	Brett Ritter	M	36	Elkhorn	NE	00:23:30.31	00:51:49.65	00:22:04.50	7:25	01:37:24.47
253	199/1586	8/101	5704	William Berzonsky	M	57	Lincoln	NE	00:22:43.89	00:50:37.50	00:24:03.19	7:25	01:37:24.58
254	200/1586	35/225	5294	Brenden Burke	M	27	Lincoln	NE	00:23:01.77	00:51:33.38	00:22:51.59	7:26	01:37:26.74
255	201/1586	36/270	4841	Daniel Haden	M	32	Lincoln	NE	00:20:59.10	00:48:40.51	00:27:47.24	7:26	01:37:26.86
256	55/2920	3/119	1306	Jena Fink	F	19	Humboldt	NE	00:22:02.16	00:51:00.39	00:24:28.57	7:26	01:37:31.13
257	56/2920	14/503	2938	Kimberly Afrank	F	28	Lincoln	NE	00:21:37.24	00:51:23.32	00:24:31.35	7:26	01:37:31.91
258	202/1586	37/270	5196	Aaron Ball	M	30	Lincoln	NE	00:22:30.63	00:50:23.03	00:24:40.73	7:26	01:37:34.40
259	57/2920	11/515	3276	Jessica Van Kirk	F	33	Maple Grove	MN	00:22:57.89	00:51:20.81	00:23:18.71	7:26	01:37:37.41
260	203/1586	30/226	5217	Joshua Van Kirk	M	36	Maple Grove	MN	00:22:57.78	00:51:20.97	00:23:19.07	7:26	01:37:37.83
261	58/2920	3/154	6519	Stacy Shaw	F	51	Ekhorn	NE	00:23:49.07	00:50:49.53	00:23:02.12	7:27	01:37:40.72
262	59/2920	4/300	3111	Kim Buscher	F	43	Omaha	NE	00:23:00.68	00:50:38.93	00:24:01.33	7:27	01:37:40.95
263	60/2920	13/495	486	Angela Peck	F	39	Kearney	NE	00:23:48.49	00:50:43.31	00:23:11.54	7:27	01:37:43.34
264	204/1586	31/226	1981	Tom McLaughlin	M	35	Lincoln	NE	00:23:55.17	00:51:50.65	00:21:58.82	7:27	01:37:44.64
265	205/1586	36/225	2206	Nicolas Steidl	M	28	Lincoln	NE	00:23:31.28	00:50:34.33	00:23:39.68	7:27	01:37:45.29
266	206/1586	32/226	2275	Jon Brezenski	M	38	Columbus	NE	00:23:35.65	00:50:41.27	00:23:28.52	7:27	01:37:45.44
267	207/1586	9/101	5157	Courtney Drake	M	58	Hastings	NE	00:23:48.95	00:51:12.24	00:22:44.79	7:27	01:37:45.99
268	61/2920	1/238	6524	Kami Alessandro	F	45	Omaha	NE	00:22:33.77	00:51:16.39	00:23:56.06	7:27	01:37:46.22
269	208/1586	38/270	5764	Jesse Anderson	M	33	Lincoln	NE	00:23:55.05	00:50:40.46	00:23:15.54	7:27	01:37:51.06
270	209/1586	19/168	5262	Shawn Allen	M	47	Lincoln	NE	00:22:18.73	00:51:08.77	00:24:25.35	7:28	01:37:52.85
271	210/1586	28/145	6675	James Diaz	M	24	Lincoln	NE	00:20:44.19	00:47:23.12	00:29:45.73	7:28	01:37:53.04
272	211/1586	7/109	2171	John Mcleod	M	51	Plymouth	MI	00:23:03.27	00:50:40.12	00:24:09.85	7:28	01:37:53.25
273	212/1586	8/109	4936	David Darlington	M	52	Roca	NE	00:22:52.69	00:51:26.64	00:23:38.31	7:28	01:37:57.65
274	62/2920	15/503	238	Bridgette Schneekloth	F	25	Lincoln	NE	00:23:24.10	00:51:14.32	00:23:19.52	7:28	01:37:57.95
275	213/1586	29/145	1979	Adam Kost	M	22	Sioux Falls	SD	00:23:20.51	00:52:03.39	00:22:37.31	7:28	01:38:01.23
276	214/1586	30/145	4976	Logan Smith	M	24	Brookings	SD	00:22:50.48	00:50:05.63	00:25:05.84	7:28	01:38:01.96
277	63/2920	12/515	3167	Kristy Pelan	F	33	Omaha	NE	00:23:11.62	00:51:44.73	00:23:08.86	7:28	01:38:05.21
278	64/2920	16/503	2891	Emilie Baedke	F	28	Omaha	NE	00:23:29.21	00:51:25.29	00:23:12.91	7:29	01:38:07.42
279	65/2920	17/503	257	Molly Vermillion	F	26	Mesa	AZ	00:22:45.40	00:51:17.97	00:24:04.77	7:29	01:38:08.15
280	215/1586	20/168	2153	Mike Reed	M	45	Omaha	NE	00:23:32.15	00:50:36.41	00:24:00.71	7:29	01:38:09.28



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
281	216/1586	21/168	5213	Don Thoms	M	47	Omaha	NE	00:23:27.99	00:51:51.12	00:22:52.68	7:29	01:38:11.79
282	217/1586	39/270	5476	Greg Koch	M	31	Sioux Falls	SD	00:22:53.19	00:50:15.60	00:25:04.91	7:29	01:38:13.71
283	218/1586	31/145	5356	Jacob Hanus	M	24	Overland Park	KS	00:23:07.79	00:50:36.14	00:24:34.48	7:29	01:38:18.41
284	219/1586	32/145	5183	Dalton Busch	M	20	Omaha	NE	00:23:47.48	00:51:53.20	00:22:40.76	7:30	01:38:21.45
285	220/1586	33/226	1965	Andrew Hershey	M	38	Omaha	NE	00:23:11.19	00:51:02.49	00:24:08.81	7:30	01:38:22.50
286	221/1586	33/145	5652	Brian Gould	M	21	Lincoln	NE	00:23:42.33	00:51:56.29	00:22:48.91	7:30	01:38:27.53
287	66/2920	13/515	3918	Laura Runquist	F	34	Omaha	NE	00:23:47.45	00:51:52.49	00:22:48.09	7:30	01:38:28.04
288	67/2920	14/515	3617	Leah Sveen	F	31	Lincoln	NE	00:23:31.51	00:50:53.84	00:24:03.50	7:30	01:38:28.86
289	68/2920	4/154	3413	Dawn Claus	F	52	Sutton	NE	00:23:18.31	00:51:21.32	00:23:50.90	7:30	01:38:30.53
290	222/1586	1/23	6583	Easton Petsche	M	13	Roca	NE	00:24:03.35	00:49:52.73	00:24:36.01	7:30	01:38:32.10
291	69/2920	18/503	2934	Andrea Aerts	F	28	Omaha	NE	00:23:22.22	00:52:48.54	00:22:24.12	7:31	01:38:34.88
292	223/1586	34/145	6270	Matthew Wenz	M	22	Omaha	NE	00:23:58.00	00:51:18.10	00:23:20.05	7:31	01:38:36.16
293	224/1586	40/270	6295	Bryan Diekmann	M	33	Shenandoah	IA	00:22:26.34	00:51:29.61	00:24:41.08	7:31	01:38:37.03
294	225/1586	41/270	1910	Corey Brown	M	32	Bellevue	NE	00:23:06.54	00:51:31.01	00:23:59.65	7:31	01:38:37.20
295	70/2920	15/515	377	Andrea White	F	34	Wamego	KS	00:23:36.71	00:51:07.24	00:23:53.56	7:31	01:38:37.52
296	71/2920	16/515	1315	Amanda Homes	F	30	Gretna	NE	00:23:30.24	00:51:53.81	00:23:13.97	7:31	01:38:38.02
297	226/1586	20/64	6498	Thomas O'donnell	M	15	Lincoln	NE	00:24:05.23	00:52:57.99	00:21:36.83	7:31	01:38:40.05
298	227/1586	17/183	2178	Jake Claussen	M	42	Norfolk	NE	00:23:39.61	00:51:55.28	00:23:06.05	7:31	01:38:40.94
299	228/1586	42/270	5138	Matt Hodgson	M	33	Omaha	NE	00:22:37.14	00:52:00.16	00:24:05.18	7:31	01:38:42.50
300	72/2920	4/119	2973	Ashley Burkholder	F	17	Cozad	NE	00:22:49.87	00:51:54.35	00:23:59.54	7:31	01:38:43.77
301	73/2920	5/300	3102	Kam Wiese	F	40	Weston	NE	00:23:26.37	00:51:40.43	00:23:38.35	7:31	01:38:45.15
302	229/1586	18/183	6094	Vinnie Krikac	M	41	Lincoln	NE	00:23:58.24	00:51:35.64	00:23:16.56	7:32	01:38:50.44
303	230/1586	35/145	1846	Josh West	M	24	Lincoln	NE	00:22:55.47	00:51:55.58	00:24:00.04	7:32	01:38:51.09
304	74/2920	8/405	303	Alyssa Thavenet	F	22	Lincoln	NE	00:23:51.95	00:52:17.96	00:22:43.08	7:32	01:38:53.00
305	231/1586	21/64	4950	Tyler Hiatt	M	16	Springfield	NE	00:24:12.47	00:53:05.24	00:21:38.06	7:32	01:38:55.77
306	75/2920	17/515	2871	Mikayla Rhone	F	31	Bellevue	NE	00:24:25.94	00:51:10.13	00:23:19.81	7:32	01:38:55.88
307	76/2920	18/515	3576	Shawntae Razo	F	31	Lincoln	NE	00:23:19.44	00:51:32.46	00:24:04.85	7:32	01:38:56.76
308	232/1586	9/109	5167	Dennis Steeves	M	54	Kansas City	MO	00:23:19.66	00:51:18.91	00:24:19.05	7:32	01:38:57.62
309	77/2920	14/495	2681	Piper Larson	F	36	Louisville	NE	00:23:07.97	00:52:06.73	00:23:43.67	7:33	01:38:58.39
310	233/1586	22/168	5593	Chad Dean	M	46	Oneill	NE	00:23:49.29	00:51:50.83	00:23:23.87	7:33	01:39:03.99
311	234/1586	36/145	5457	Reid Moldenhauer	M	22	Lincoln	NE	00:23:21.94	00:51:37.49	00:24:04.56	7:33	01:39:04.00
312	235/1586	43/270	1904	Dustin Giddings	M	31	Lincoln	NE	00:22:53.87	00:51:30.41	00:24:40.64	7:33	01:39:04.93
313	236/1586	37/225	5830	Conner Thomas	M	25	Omaha	NE	00:22:11.40	00:51:53.57	00:25:01.82	7:33	01:39:06.79
314	237/1586	34/226	2093	Tony Rouse	M	38	Lincoln	NE	00:22:58.98	00:52:14.37	00:23:54.37	7:33	01:39:07.73
315	238/1586	38/225	4982	Kyle Cartwright	M	26	Lincoln	NE	00:22:52.10	00:51:38.07	00:24:39.02	7:33	01:39:09.19

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
316	239/1586	35/226	2044	Beau Bartlett	M	39	Lincoln	NE	00:22:45.54	00:53:20.07	00:23:08.87	7:34	01:39:14.48
317	240/1586	22/64	5348	David Campbell	M	16	Lincoln	NE	00:22:31.94	00:50:01.11	00:26:41.86	7:34	01:39:14.92
318	241/1586	39/225	5197	Cooper Domgard	M	26	Lincoln	NE	00:23:19.39	00:51:53.60	00:24:03.10	7:34	01:39:16.10
319	78/2920	15/495	6575	Carly Heard	F	35	Vermillion	SD	00:23:20.83	00:51:16.11	00:24:39.18	7:34	01:39:16.13
320	242/1586	23/64	5219	Doug Euans	M	17	Louisville	NE	00:24:12.36	00:53:04.78	00:21:59.14	7:34	01:39:16.28
321	243/1586	23/168	2213	John Christensen	M	46	Lincoln	NE	00:23:50.42	00:52:01.86	00:23:24.12	7:34	01:39:16.41
322	244/1586	36/226	2456	Tom Roddel	M	39	Lincoln	NE	00:23:51.30	00:52:01.29	00:23:27.16	7:34	01:39:19.76
323	245/1586	37/145	2252	Jordan Quiroz	M	23	Omaha	NE	00:23:40.04	00:51:52.00	00:23:48.45	7:34	01:39:20.50
324	246/1586	37/226	1799	Scott Haug	M	38	Elkhorn	NE	00:23:44.77	00:51:24.38	00:24:13.82	7:34	01:39:22.97
325	247/1586	19/183	4956	Erik Wichita	M	44	Lincoln	NE	00:22:38.65	00:52:10.36	00:24:34.40	7:34	01:39:23.41
326	248/1586	2/23	1689	Tate Ray	M	12	Omaha	NE	00:23:44.91	00:51:24.69	00:24:13.84	7:34	01:39:23.45
327	249/1586	10/101	4569	Greg Freese	M	57	Lincoln	NE	00:22:27.80	00:52:35.47	00:24:20.36	7:34	01:39:23.65
328	250/1586	40/225	4995	Austin Brooks	M	29	Lincoln	NE	00:23:30.85	00:52:06.07	00:23:47.50	7:34	01:39:24.43
329	251/1586	20/183	1921	Brooks Hitt	M	41	Lincoln	NE	00:23:46.69	00:52:00.67	00:23:42.37	7:35	01:39:29.73
330	252/1586	21/183	1789	Jason Keese	M	42	Lincoln	NE	00:24:32.27	00:51:43.59	00:23:14.16	7:35	01:39:30.03
331	253/1586	38/145	5546	Joshua Demers	M	20	Lincoln	NE	00:23:48.90	00:52:42.96	00:22:59.67	7:35	01:39:31.53
332	254/1586	24/64	5724	Bryan Fitch	M	17	Lincoln	NE	00:20:39.89	00:53:18.29	00:25:33.96	7:35	01:39:32.14
333	255/1586	25/64	5182	Russell Masterson	M	18	Lincoln	NE	00:27:26.77	00:51:15.67	00:20:50.14	7:35	01:39:32.58
334	79/2920	16/495	588	Kristie Brezenski	F	37	Columbus	NE	00:22:01.49	00:52:45.02	00:24:46.16	7:35	01:39:32.67
335	80/2920	19/503	685	Alysa Taylor	F	28	New York	NY	00:24:08.53	00:51:36.47	00:23:48.87	7:35	01:39:33.88
336	81/2920	9/405	6521	Katie Vanderzwaag	F	22	Lincoln	NE	00:24:25.12	00:51:05.38	00:24:04.01	7:35	01:39:34.52
337	256/1586	22/183	2548	Chad Kudym	M	42	Lincoln	NE	00:23:52.06	00:52:02.80	00:23:39.80	7:35	01:39:34.66
338	82/2920	20/503	463	Gwenn Porter	F	25	Omaha	NE	00:23:04.08	00:51:48.36	00:24:43.52	7:35	01:39:35.98
339	257/1586	44/270	2030	Jediah Kautz	M	32	Hastings	NE	00:23:55.98	00:52:39.64	00:23:02.26	7:36	01:39:37.89
340	258/1586	2/46	5143	Steve Daley	M	64	Roeland Park	KS	00:23:57.72	00:51:56.33	00:23:44.42	7:36	01:39:38.48
341	259/1586	23/183	6192	Dan Schroeder	M	40	Lincoln	NE	00:22:00.15	00:52:02.31	00:25:38.41	7:36	01:39:40.87
342	260/1586	24/183	5662	Jason Herrmann	M	42	Kearney	NE	00:22:46.92	00:52:28.60	00:24:26.05	7:36	01:39:41.58
343	261/1586	45/270	1778	Philip Rohde	M	30	Lincoln	NE	00:22:22.75	00:52:09.33	00:25:10.17	7:36	01:39:42.26
344	262/1586	26/64	5093	Caleb Springer	M	17	Axtell	NE	00:22:37.91	00:50:59.34	00:26:05.69	7:36	01:39:42.95
345	263/1586	46/270	5545	Zachary Martens	M	33	Lincoln	NE	00:25:05.53	00:52:31.09	00:22:08.01	7:36	01:39:44.64
346	264/1586	47/270	5562	Adam Brady	M	33	Seward	NE	00:22:26.66	00:52:22.69	00:24:57.42	7:36	01:39:46.77
347	83/2920	10/405	1050	Casey Mackintosh	F	24	Marietta	GA	00:23:42.15	00:52:00.78	00:24:03.90	7:36	01:39:46.84
348	265/1586	41/225	2255	Michael Raffetto	M	25	Omaha	MD	00:23:42.69	00:52:00.23	00:24:06.30	7:36	01:39:49.22
349	266/1586	48/270	5094	Justin Shirley	M	31	Sidney	IA	00:22:32.39	00:52:18.01	00:24:59.33	7:36	01:39:49.73
350	84/2920	17/495	390	Trisha Hudson	F	38	Lincoln	NE	00:23:48.94	00:52:07.38	00:23:54.39	7:36	01:39:50.71

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
351	267/1586	42/225	1871	Benjamin Stangl	M	29	Blair	NE	00:22:08.26	00:53:36.53	00:24:07.82	7:37	01:39:52.62
352	268/1586	39/145	4928	Jared Yost	M	20	Lincoln	NE	00:22:40.60	00:50:29.64	00:26:42.60	7:37	01:39:52.85
353	85/2920	11/405	3183	Amy Leiferman	F	24	Lincoln	NE	00:24:04.01	00:51:58.49	00:23:50.94	7:37	01:39:53.45
354	269/1586	11/101	5256	Con Murray	M	56	Lincoln	NE	00:22:43.92	00:51:23.38	00:25:48.33	7:37	01:39:55.63
355	270/1586	27/64	1944	Jack Goeden	M	18	Lincoln	NE	00:22:12.75	00:50:39.29	00:27:05.76	7:37	01:39:57.81
356	271/1586	43/225	5692	Vincent Darling	M	25	Lincoln	NE	00:23:20.04	00:51:04.46	00:25:33.92	7:37	01:39:58.43
357	272/1586	24/168	5084	Dean Carlisle	M	46	Lincoln	NE	00:23:57.89	00:52:07.88	00:23:57.85	7:37	01:40:03.63
358	86/2920	5/119	6304	Josephine Blatny	F	15	Fairbury	NE	00:24:20.54	00:52:01.10	00:23:43.42	7:38	01:40:05.06
359	87/2920	18/495	2845	Michelle Bivens	F	38	Lincoln	NE	00:23:58.51	00:52:04.83	00:24:03.37	7:38	01:40:06.72
360	273/1586	40/145	5686	Josh Johanson	M	23	Lincoln	NE	00:23:01.76	00:52:18.82	00:24:47.91	7:38	01:40:08.50
361	274/1586	38/226	5313	Ryan Sattler	M	36	Lincoln	NE	00:23:44.51	00:52:43.13	00:23:42.37	7:38	01:40:10.01
362	275/1586	49/270	6318	Aaron Bader	M	32	Syracuse	NE	00:23:23.78	00:52:24.78	00:24:23.64	7:38	01:40:12.21
363	88/2920	6/300	3358	Heidi Tast	F	41	Lincoln	NE	00:22:38.85	00:52:41.42	00:24:56.89	7:39	01:40:17.17
364	276/1586	39/226	5775	Matthew Person	M	37	Omaha	NE	00:24:31.50	00:52:52.06	00:22:54.35	7:39	01:40:17.91
365	277/1586	50/270	4918	Ryan Duell	M	34	Lincoln	NE	00:25:39.69	00:52:30.91	00:22:07.99	7:39	01:40:18.59
366	278/1586	41/145	2263	Trent Ihme	M	21	Castle Rock	CO	00:22:05.49	00:52:24.47	00:25:52.97	7:39	01:40:22.93
367	279/1586	40/226	1774	Dan Walker	M	38	Omaha	NE	00:22:50.05	00:52:40.80	00:24:58.64	7:39	01:40:29.49
368	280/1586	44/225	5636	Vance Keller	M	27	Omaha	NE	00:22:29.68	00:51:44.10	00:26:25.25	7:40	01:40:39.04
369	89/2920	19/495	4043	Renee Krusemark	F	35	Emerson	NE	00:23:30.00	00:52:02.46	00:25:12.35	7:41	01:40:44.82
370	281/1586	51/270	5520	Dan Uden	M	30	Garland	NE	00:22:05.75	00:52:46.68	00:25:57.73	7:41	01:40:50.16
371	90/2920	19/515	298	Megan Holt	F	30	Omaha	NE	00:23:51.30	00:52:23.03	00:24:37.45	7:41	01:40:51.78
372	282/1586	45/225	2591	Clyde Stout	M	29	Lincoln	NE	00:22:25.68	00:53:40.24	00:24:47.32	7:41	01:40:53.25
373	91/2920	6/119	3819	Madi Quist	F	18	Doniphan	NE	00:24:27.05	00:51:50.46	00:24:36.39	7:41	01:40:53.91
374	92/2920	20/515	2874	Cassie Barba	F	30	Omaha	NE	00:23:45.95	00:52:36.97	00:24:37.28	7:42	01:41:00.20
375	283/1586	46/225	5345	Brady Firley	M	26	Red Cloud	NE	00:24:51.89	00:52:08.03	00:24:02.77	7:42	01:41:02.70
376	93/2920	20/495	4314	Lyndsay Jensen	F	38	Lincoln	NE	00:24:03.71	00:52:07.55	00:24:52.09	7:42	01:41:03.35
377	284/1586	42/145	1682	Jacob Baumert	M	20	Omaha	NE	00:21:33.00	00:57:02.54	00:22:33.15	7:42	01:41:08.69
378	94/2920	1/104	3447	Wanda Essink	F	56	Lincoln	NE	00:23:45.53	00:52:07.98	00:25:16.06	7:43	01:41:09.58
379	285/1586	43/145	4999	Sam Jensen	M	22	Omaha	NE	00:25:30.89	00:51:49.14	00:23:50.51	7:43	01:41:10.54
380	286/1586	25/168	5583	David Fuson	M	49	Lincoln	NE	00:23:55.56	00:52:34.10	00:24:42.91	7:43	01:41:12.58
381	287/1586	47/225	5454	Mike Lovgren	M	26	Omaha	NE	00:23:42.75	00:52:52.91	00:24:37.64	7:43	01:41:13.30
382	288/1586	44/145	5634	Lawrence Van Treeck	M	20	Lincoln	NE	00:24:20.05	00:51:30.99	00:25:23.78	7:43	01:41:14.83
383	289/1586	41/226	2276	Timothy Noerrlinger	M	37	Syracuse	NE	00:22:39.75	00:53:01.41	00:25:36.90	7:43	01:41:18.07
384	290/1586	52/270	4969	Lucas Geyer	M	33	Lincoln	NE	00:22:17.35	00:49:34.41	00:29:27.80	7:43	01:41:19.57
385	291/1586	42/226	5589	Miguel Dominguez	M	36	Lincoln	NE	00:24:42.12	00:52:35.37	00:24:03.34	7:43	01:41:20.83

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
386	95/2920	7/300	3152	Kaycee Neil	F	42	Lincoln	NE	00:23:47.29	00:52:15.30	00:25:19.66	7:43	01:41:22.26
387	292/1586	53/270	6017	Aaron Schaad	M	32	Lincoln	NE	00:24:16.58	00:52:55.08	00:24:10.63	7:43	01:41:22.30
388	96/2920	2/238	871	Shawna Young	F	47	Omaha	NE	00:23:28.19	00:53:30.58	00:24:24.27	7:44	01:41:23.04
389	97/2920	12/405	3912	Tiffany Sunderland	F	22	Lincoln	NE	00:24:03.00	00:51:53.61	00:25:26.44	7:44	01:41:23.06
390	293/1586	26/168	2021	Daniel Hoelsing	M	48	Omaha	NE	00:23:55.73	00:52:58.71	00:24:30.30	7:44	01:41:24.75
391	294/1586	43/226	5355	Christian Kroos	M	39	Kenesaw	NE	00:23:23.84	00:52:45.08	00:25:16.33	7:44	01:41:25.25
392	98/2920	21/503	1058	Lauren Liebig-Trehearn	F	29	Lincoln	NE	00:24:00.53	00:52:52.78	00:24:38.69	7:44	01:41:32.00
393	295/1586	27/168	5841	Dennis Garrett	M	48	Blair	NE	00:23:45.93	00:53:04.73	00:24:43.16	7:44	01:41:33.82
394	296/1586	25/183	5321	Timothy Eisenbraun	M	40	Wall	SD	00:24:50.02	00:52:08.33	00:24:36.55	7:44	01:41:34.91
395	297/1586	54/270	5941	Nick Eitzmann	M	34	Lincoln	NE	00:23:59.88	00:53:18.92	00:24:18.07	7:45	01:41:36.88
396	99/2920	21/515	1053	Megan Simpson	F	30	Lincoln	NE	00:22:31.50	00:54:25.53	00:24:44.19	7:45	01:41:41.22
397	298/1586	44/226	5507	James Warren	M	39	Lincoln	NE	00:23:51.66	00:53:16.24	00:24:34.94	7:45	01:41:42.84
398	299/1586	3/23	1914	Braeden Bestmann	M	14	Lincoln	NE	00:23:01.29	00:53:01.00	00:25:40.89	7:45	01:41:43.18
399	300/1586	28/168	2161	Perry Degroff	M	46	Pierce	NE	00:23:19.83	00:52:28.40	00:25:56.28	7:45	01:41:44.52
400	301/1586	12/101	2162	Doug Brudny	M	58	Valley	NE	00:23:42.67	00:52:53.17	00:25:11.82	7:45	01:41:47.66
401	100/2920	21/495	617	Christine Sales	F	39	Olathe	KS	00:24:14.56	00:52:40.83	00:24:52.43	7:45	01:41:47.83
402	101/2920	22/515	557	Gail Hochstein	F	33	Crete	NE	00:25:17.54	00:52:26.10	00:24:04.78	7:45	01:41:48.43
403	102/2920	13/405	3004	Brianna Wardyn	F	23	Lincoln	NE	00:23:55.62	00:53:40.33	00:24:17.07	7:46	01:41:53.02
404	103/2920	14/405	3570	Sarah Hanus	F	24	Overland Park	KS	00:23:08.04	00:53:10.31	00:25:37.59	7:46	01:41:55.94
405	104/2920	1/44	6277	Diane Sims	F	62	Omaha	NE	00:24:08.05	00:53:04.13	00:24:45.71	7:46	01:41:57.89
406	105/2920	22/503	3267	Rachel Manning	F	28	Elkhorn	NE	00:24:38.03	00:52:39.00	00:24:44.58	7:46	01:42:01.61
407	106/2920	23/503	3185	Cassie Jones	F	29	Omaha	NE	00:23:27.26	00:53:34.01	00:25:01.46	7:47	01:42:02.74
408	107/2920	22/495	22	Sarah Madsen	F	39	Omaha	NE	00:24:11.13	00:53:57.80	00:23:54.50	7:47	01:42:03.44
409	108/2920	23/495	2883	Sarah Madsen	F	39	Omaha	NE	00:24:11.34	00:53:58.00	00:23:54.29	7:47	01:42:03.64
410	109/2920	24/503	3639	Brittany Janak	F	26	Brainard	NE	00:23:40.88	00:53:28.77	00:24:54.23	7:47	01:42:03.88
411	302/1586	48/225	5640	Jacob Wilderman	M	25	Lincoln	NE	00:23:27.12	00:52:01.10	00:26:36.08	7:47	01:42:04.30
412	303/1586	29/168	2183	Kevin Murray	M	49	Lincoln	NE	00:23:52.87	00:52:26.58	00:25:45.02	7:47	01:42:04.47
413	110/2920	8/300	441	Rachel Bellinghausen	F	41	Omaha	NE	00:23:28.62	00:53:23.65	00:25:13.21	7:47	01:42:05.49
414	304/1586	45/226	5177	Zachary Rustad	M	36	Lincoln	NE	00:23:41.48	00:53:10.54	00:25:13.47	7:47	01:42:05.50
415	305/1586	49/225	5598	Brett Schaepler	M	28	Kearney	NE	00:25:14.74	00:53:05.18	00:23:45.99	7:47	01:42:05.91
416	306/1586	10/109	5078	Bryce Felker	M	53	Mccook	NE	00:24:03.47	00:52:29.10	00:25:33.61	7:47	01:42:06.19
417	307/1586	45/145	5659	Christian Miller	M	21	Minatare	NE	00:23:56.16	00:53:42.73	00:24:31.81	7:47	01:42:10.70
418	308/1586	46/145	6514	Ryan Mcchesney	M	23	Papillion	NE	00:23:42.92	00:54:25.21	00:24:15.18	7:48	01:42:23.32
419	309/1586	47/145	6274	Caleb Fuhs	M	21	Lincoln	NE	00:23:10.10	00:53:01.60	00:26:14.79	7:48	01:42:26.50
420	310/1586	26/183	2107	Ryan Shuman	M	40	Lincoln	NE	00:22:45.67	00:53:24.50	00:26:23.58	7:49	01:42:33.75

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
421	111/2920	23/515	985	Kathleen Turner	F	31	Omaha	NE	00:23:54.16	00:53:41.84	00:24:59.43	7:49	01:42:35.43
422	311/1586	50/225	5435	Greggory Schlueter	M	27	Omaha	NE	00:24:16.48	00:53:36.19	00:24:44.37	7:49	01:42:37.05
423	312/1586	27/183	1892	Josh Sales	M	40	Olathe	KS	00:24:48.18	00:53:20.04	00:24:30.69	7:49	01:42:38.92
424	112/2920	24/515	2787	Martha Alarcon	F	33	Austin	TX	00:24:28.04	00:53:56.39	00:24:15.32	7:49	01:42:39.75
425	113/2920	25/515	3393	Jamie Bertucci	F	33	Lincoln	NE	00:23:52.77	00:53:12.97	00:25:34.90	7:49	01:42:40.65
426	313/1586	28/183	1683	Brian Fleming	M	43	Lincoln	NE	00:23:53.32	00:53:12.63	00:25:34.85	7:49	01:42:40.81
427	114/2920	26/515	3682	Amanda Lingg	F	31	Hallam	NE	00:24:27.92	00:53:56.78	00:24:16.79	7:50	01:42:41.49
428	115/2920	15/405	6430	Kayla Wolf	F	22	Lincoln	NE	00:23:05.98	00:53:25.61	00:26:11.36	7:50	01:42:42.95
429	116/2920	27/515	3269	Becky Boellstorff	F	34	Lincoln	NE	00:23:48.02	00:53:14.73	00:25:41.47	7:50	01:42:44.23
430	117/2920	7/119	1307	Jackalyn Fink	F	19	Humboldt	NE	00:22:23.43	00:54:21.09	00:26:00.56	7:50	01:42:45.09
431	314/1586	51/225	5699	Brett Copley	M	26	Syracuse	NE	00:24:22.60	00:54:50.97	00:23:31.87	7:50	01:42:45.44
432	315/1586	52/225	1824	Colby Dolan	M	28	Lincoln	NE	00:24:29.25	00:54:05.17	00:24:11.65	7:50	01:42:46.08
433	316/1586	46/226	5022	Jeremy Suhr	M	37	Kansas City	MO	00:23:59.64	00:53:37.79	00:25:09.08	7:50	01:42:46.51
434	118/2920	9/300	2812	Anne Burkholder	F	42	Cozad	NE	00:25:54.43	00:52:53.24	00:24:01.53	7:50	01:42:49.21
435	317/1586	53/225	6564	Mike Zenker	M	25	Omaha	NE	00:23:23.33	00:53:47.80	00:25:39.70	7:50	01:42:50.84
436	119/2920	25/503	673	Madeline Brown	F	26	Omaha	NE	00:24:10.41	00:54:24.02	00:24:19.63	7:50	01:42:54.07
437	318/1586	30/168	5874	Greg Armatys	M	47	Waverly	NE	00:24:00.33	00:54:22.23	00:24:32.85	7:51	01:42:55.42
438	120/2920	26/503	3299	Erin Stelzer	F	25	Lincoln	NE	00:24:25.54	00:53:57.64	00:24:34.44	7:51	01:42:57.63
439	121/2920	2/104	3720	Denise Teahon Peter	F	55	Lincoln	NE	00:24:21.55	00:53:51.36	00:24:46.25	7:51	01:42:59.16
440	319/1586	3/46	2127	Bob Freese	M	64	Ceresco	NE	00:25:15.21	00:53:04.56	00:24:39.58	7:51	01:42:59.35
441	122/2920	24/495	2723	Kami Trautman	F	35	Gretna	NE	00:24:26.05	00:53:59.25	00:24:39.32	7:51	01:43:04.62
442	320/1586	31/168	5845	Tim Borchers	M	48	Nebraska City	NE	00:25:26.38	00:53:53.35	00:23:45.43	7:51	01:43:05.16
443	123/2920	3/238	4292	Karla Carstens	F	46	Beatrice	NE	00:23:21.63	00:54:24.65	00:25:22.43	7:52	01:43:08.71
444	321/1586	55/270	5530	Ryan Lafountain	M	32	Omaha	NE	00:23:22.37	00:54:34.77	00:25:14.30	7:52	01:43:11.45
445	322/1586	32/168	6581	Jason Coyle	M	45	Lincoln	NE	00:25:04.21	00:54:20.12	00:23:48.23	7:52	01:43:12.57
446	124/2920	27/503	3609	Kalissa Holdcraft	F	26	Lincoln	NE	00:24:37.15	00:54:00.50	00:24:37.46	7:52	01:43:15.13
447	323/1586	29/183	2147	J P Lauterbach	M	44	Lincoln	NE	00:23:29.36	00:53:46.31	00:25:59.55	7:52	01:43:15.23
448	324/1586	56/270	5668	Matthew Fiene	M	30	Omaha	NE	00:24:22.98	00:54:15.90	00:24:41.96	7:53	01:43:20.84
449	125/2920	28/515	6414	Hilary Beck	F	34	Westwood	KS	00:24:14.54	00:54:20.24	00:24:48.22	7:53	01:43:23.01
450	126/2920	28/503	964	Candace McMurray	F	29	Papillion	NE	00:24:28.07	00:53:48.23	00:25:08.59	7:53	01:43:24.90
451	325/1586	28/64	1998	Matthew Maguire	M	17	Lincoln	NE	00:24:04.75	00:53:35.31	00:25:49.94	7:53	01:43:30.01
452	326/1586	11/109	2447	Hank Newburn	M	50	Seward	NE	00:23:39.57	00:53:46.99	00:26:03.66	7:53	01:43:30.22
453	327/1586	54/225	1719	Sam Suesz	M	28	Lincoln	NE	00:25:07.64	00:54:16.46	00:24:06.13	7:53	01:43:30.25
454	328/1586	57/270	2332	Jared Goertzen	M	34	Lincoln	NE	00:23:51.72	00:52:41.57	00:26:57.60	7:53	01:43:30.90
455	329/1586	29/64	6574	Zachary Everts	M	17	Lincoln	NE	00:24:26.86	00:54:55.50	00:24:09.86	7:53	01:43:32.23

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
456	330/1586	55/225	5165	Paul Lewis	M	25	Lincoln	NE	00:26:44.31	00:54:49.26	00:21:59.01	7:53	01:43:32.59
457	127/2920	8/119	6437	Carlie Yunger	F	18	Manhattan	KS	00:23:47.82	00:54:58.38	00:24:47.22	7:53	01:43:33.43
458	128/2920	29/503	3451	Natalie Dunn	F	29	Elkhorn	NE	00:24:14.46	00:54:56.75	00:24:23.64	7:54	01:43:34.86
459	331/1586	12/109	2240	Bryce Johnson	M	51	Lincoln	NE	00:24:07.68	00:54:50.00	00:24:38.07	7:54	01:43:35.76
460	129/2920	10/300	3182	Miki Krampfer	F	42	Omaha	NE	00:24:20.93	00:54:23.54	00:24:51.50	7:54	01:43:35.98
461	332/1586	56/225	1905	Jayme Hester	M	29	Omaha	NE	00:24:38.41	00:53:24.80	00:25:34.53	7:54	01:43:37.75
462	130/2920	29/515	3292	Kathryn Kersenbrock	F	30	Omaha	NE	00:24:16.96	00:54:06.45	00:25:14.32	7:54	01:43:37.75
463	333/1586	58/270	5020	Justin Brunken	M	34	Lincoln	NE	00:24:24.31	00:53:40.58	00:25:33.84	7:54	01:43:38.73
464	334/1586	59/270	5131	Jeremy Cardamone	M	30	Lincoln	NE	00:25:22.97	00:54:10.77	00:24:06.55	7:54	01:43:40.30
465	335/1586	60/270	5528	Joel Calvert	M	33	Wichita	KS	00:24:17.77	00:54:50.03	00:24:36.44	7:54	01:43:44.25
466	131/2920	30/515	3122	Karah Chapman	F	33	Kansas City	MO	00:24:14.93	00:54:04.75	00:25:24.59	7:54	01:43:44.27
467	336/1586	57/225	2160	Samuel Sogin	M	28	Omaha	NE	00:24:27.61	00:54:51.85	00:24:25.50	7:54	01:43:44.97
468	337/1586	61/270	5056	Adam Zeiszler	M	31	Omaha	NE	00:24:07.54	00:53:41.10	00:25:56.34	7:54	01:43:45.00
469	338/1586	47/226	5700	Erik Pearson	M	38	Eagle	NE	00:24:17.13	00:53:57.39	00:25:30.57	7:54	01:43:45.10
470	339/1586	13/101	4903	David Berkowitz	M	57	Lincoln	NE	00:23:03.04	00:54:52.24	00:25:50.19	7:54	01:43:45.48
471	340/1586	30/183	5308	Shawn Edie	M	40	Omaha	NE	00:24:40.03	00:54:01.19	00:25:09.46	7:55	01:43:50.69
472	132/2920	31/515	848	Audrey Brydl-Andrews	F	31	Lincoln	NE	00:24:25.07	00:54:42.89	00:24:43.01	7:55	01:43:50.97
473	133/2920	11/300	530	Abbie Edie	F	40	Omaha	NE	00:24:40.49	00:54:01.10	00:25:10.15	7:55	01:43:51.75
474	134/2920	32/515	6347	Stephanie Boldt	F	33	Lincoln	NE	00:22:58.78	00:54:28.64	00:26:24.95	7:55	01:43:52.38
475	341/1586	31/183	5714	John Linn	M	42	Lincoln	NE	00:24:19.93	00:54:37.70	00:24:55.10	7:55	01:43:52.74
476	135/2920	16/405	6269	Kenzie Burnham	F	21	Grand Island	NE	00:25:58.60	00:54:27.46	00:23:26.84	7:55	01:43:52.91
477	342/1586	62/270	1993	Danny Seier	M	33	Omaha	NE	00:24:14.25	00:54:57.25	00:24:42.83	7:55	01:43:54.34
478	343/1586	58/225	5955	Isaiah Edson	M	27	Lincoln	NE	00:23:06.28	00:54:59.90	00:25:48.56	7:55	01:43:54.75
479	344/1586	13/109	1691	Brad Penner	M	53	Lincoln	NE	00:24:19.92	00:54:46.21	00:24:52.03	7:55	01:43:58.17
480	345/1586	63/270	5132	Peterson Xayavong	M	31	Lincoln	NE	00:24:15.65	00:55:04.83	00:24:39.95	7:56	01:44:00.44
481	136/2920	25/495	984	Liza Baker	F	36	Waverly	NE	00:24:59.80	00:54:20.15	00:24:40.90	7:56	01:44:00.86
482	137/2920	5/154	910	Mary Byrd	F	52	Bennington	NE	00:23:44.74	00:54:56.13	00:25:25.05	7:56	01:44:05.93
483	346/1586	14/109	2405	Robert Wohlgemuth	M	53	Alton	IA	00:24:37.14	00:54:48.04	00:24:42.91	7:56	01:44:08.10
484	347/1586	4/46	1948	Larry Dietrich	M	64	Lincoln	NE	00:24:12.54	00:54:01.03	00:25:55.00	7:56	01:44:08.57
485	348/1586	64/270	2245	Brandon Lyons	M	33	Lincoln	NE	00:24:55.40	00:54:29.36	00:24:47.34	7:56	01:44:12.10
486	349/1586	33/168	2293	Todd Eicher	M	47	Lincoln	NE	00:26:15.34	00:54:38.71	00:23:19.04	7:57	01:44:13.09
487	350/1586	65/270	2186	Chris Volnek	M	34	Waverly	NE	00:24:52.18	00:53:55.75	00:25:25.31	7:57	01:44:13.25
488	351/1586	66/270	2095	Matthew Rediger	M	31	Milford	NE	00:23:36.98	00:55:04.46	00:25:32.44	7:57	01:44:13.89
489	352/1586	32/183	1896	Tom Oakes	M	43	Omaha	NE	00:25:15.86	00:54:47.87	00:24:10.61	7:57	01:44:14.34
490	138/2920	4/238	1401	Amy Arduser	F	47	Lincoln	NE	00:24:15.72	00:54:43.47	00:25:16.95	7:57	01:44:16.15

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
491	353/1586	59/225	5677	Addison Popple	M	29	Elkhorn	NE	00:23:22.81	00:53:15.15	00:27:38.85	7:57	01:44:16.82
492	354/1586	33/183	1722	Wei Hu	M	42	Lincoln	NE	00:24:17.09	00:55:22.51	00:24:42.65	7:57	01:44:22.26
493	355/1586	15/109	6257	Jim Thurman	M	53	Nebraska City	NE	00:24:01.53	00:54:51.78	00:25:30.67	7:57	01:44:23.99
494	139/2920	33/515	1686	Micki Fries	F	32	Elm Creek	NE	00:24:44.05	00:54:59.51	00:24:41.46	7:57	01:44:25.02
495	140/2920	34/515	567	Amanda Swyers	F	31	Denton	NE	00:24:29.76	00:54:42.94	00:25:12.66	7:57	01:44:25.36
496	356/1586	34/168	5611	Curtis Harmon	M	47	Gretna	NE	00:24:06.16	00:54:03.50	00:26:17.07	7:58	01:44:26.73
497	357/1586	67/270	5625	Paul Mcmeekin	M	32	Omaha	NE	00:24:29.89	00:54:56.54	00:25:02.16	7:58	01:44:28.60
498	141/2920	26/495	3500	Christy Firestone	F	38	Lincoln	NE	00:25:25.85	00:54:52.15	00:24:10.99	7:58	01:44:29.00
499	358/1586	68/270	2331	Caleb Greenfield	M	31	Lincoln	NE	00:23:39.62	00:54:37.38	00:26:13.37	7:58	01:44:30.38
500	359/1586	48/145	1837	Christian Jungck	M	22	Lincoln	NE	00:24:18.89	00:55:06.20	00:25:07.48	7:58	01:44:32.58
501	142/2920	12/300	178	Melanie Nielsen	F	42	Omaha	NE	00:25:03.76	00:53:56.55	00:25:32.65	7:58	01:44:32.97
502	360/1586	35/168	5843	Tarik Abdel-Monem	M	45	Lincoln	NE	00:24:38.93	00:54:11.49	00:25:42.91	7:58	01:44:33.34
503	143/2920	35/515	2979	Terri Rhodes	F	33	Omaha	NE	00:25:07.65	00:54:43.00	00:24:43.67	7:58	01:44:34.32
504	144/2920	30/503	2719	Megan Kopetzky	F	27	Lincoln	NE	00:25:18.29	00:54:13.47	00:25:03.77	7:58	01:44:35.53
505	361/1586	34/183	5594	Jim Hudson	M	42	Ceresco	NE	00:24:32.09	00:54:26.86	00:25:37.69	7:58	01:44:36.64
506	362/1586	48/226	2424	Michael Shively	M	35	Aurora	NE	00:24:07.36	00:54:20.43	00:26:10.90	7:58	01:44:38.70
507	363/1586	49/226	5230	Sean Stanek	M	38	Nebraska City	NE	00:24:28.01	00:54:53.92	00:25:17.07	7:58	01:44:39.01
508	364/1586	35/183	6553	Jeff Cramerding	M	44	Cincinnati	OH	00:25:10.49	00:54:56.87	00:24:31.65	7:58	01:44:39.02
509	365/1586	60/225	1017	Pranav Shakya	M	28	Bennington	NE	00:23:32.09	00:54:45.65	00:26:23.80	7:59	01:44:41.55
510	145/2920	36/515	2996	Randi Fox	F	31	Nelson	NE	00:24:06.97	00:54:52.13	00:25:44.80	7:59	01:44:43.90
511	366/1586	36/168	5759	Troy Betancur	M	47	Lincoln	NE	00:24:57.03	00:53:01.14	00:26:46.95	7:59	01:44:45.13
512	367/1586	50/226	2519	Matt Corum	M	35	Papillion	NE	00:24:49.95	00:54:27.03	00:25:28.44	7:59	01:44:45.43
513	146/2920	13/300	4852	Amy Clausen	F	44	Norfolk	NE	00:23:38.27	00:54:17.37	00:26:51.11	7:59	01:44:46.75
514	368/1586	30/64	5338	Calen Olsen	M	17	Lincoln	NE	00:19:33.25	00:58:11.49	00:27:02.07	7:59	01:44:46.82
515	369/1586	36/183	5972	Marvin Wiese	M	40	Weston	NE	00:23:26.89	00:54:27.12	00:26:53.48	7:59	01:44:47.50
516	370/1586	69/270	5904	Aaron Tucker	M	34	Denton	NE	00:24:17.24	00:54:45.75	00:25:45.92	7:59	01:44:48.92
517	147/2920	31/503	442	Karla Hernandez	F	25	Lincoln	NE	00:23:03.74	00:53:44.53	00:28:00.69	7:59	01:44:48.97
518	148/2920	37/515	4101	Natasha Bangel	F	32	Circleville	KS	00:24:32.69	00:55:07.10	00:25:10.02	7:59	01:44:49.81
519	371/1586	61/225	5123	Wesley Bottorf	M	29	Lincoln	NE	00:25:39.93	00:54:50.64	00:24:21.19	7:59	01:44:51.77
520	372/1586	51/226	2343	Jayme Pavel	M	35	Waverly	NE	00:24:23.89	00:55:00.54	00:25:29.11	8:00	01:44:53.55
521	373/1586	37/183	4937	Todd Page	M	44	Greenfield	IN	00:25:03.97	00:54:33.32	00:25:17.21	8:00	01:44:54.51
522	374/1586	52/226	5492	Greg Payne	M	37	Lincoln	NE	00:24:29.55	00:54:51.81	00:25:34.32	8:00	01:44:55.68
523	375/1586	70/270	5629	Timothy Culwell	M	33	Lincoln	NE	00:24:55.45	00:55:57.51	00:24:06.57	8:00	01:44:59.54
524	149/2920	38/515	1051	Alaina Brown	F	31	Bellevue	NE	00:23:45.92	00:54:19.82	00:26:58.90	8:00	01:45:04.65
525	150/2920	17/405	511	Olga Mwenentanda	F	23	Lincoln	NE	00:24:52.72	00:54:41.95	00:25:31.82	8:01	01:45:06.49

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
526	151/2920	39/515	2926	Robyn Drudik	F	32	Hastings	NE	00:24:30.47	00:54:59.22	00:25:38.24	8:01	01:45:07.94
527	152/2920	32/503	3671	Renee Buikema	F	25	Omaha	NE	00:23:53.60	00:54:42.83	00:26:31.94	8:01	01:45:08.38
528	153/2920	9/119	3281	Hannah Janecek	F	18	Omaha	NE	00:25:41.81	00:55:18.13	00:24:11.13	8:01	01:45:11.07
529	154/2920	27/495	608	Emily Ternus	F	35	Omaha	NE	00:24:35.88	00:55:14.66	00:25:22.31	8:01	01:45:12.85
530	155/2920	28/495	4978	Laci Reinke	F	39	Lincoln	NE	00:24:33.79	00:55:13.93	00:25:25.71	8:01	01:45:13.45
531	156/2920	33/503	3210	Ashley Rockey	F	27	Princeton	NE	00:24:10.37	00:55:09.15	00:25:54.39	8:01	01:45:13.91
532	376/1586	53/226	2243	Josh Huenergardt	M	38	Lincoln	NE	00:25:05.70	00:55:26.35	00:24:42.12	8:01	01:45:14.18
533	377/1586	62/225	5071	Josh Schindler	M	29	Lincoln	NE	00:25:36.96	00:55:12.82	00:24:26.09	8:01	01:45:15.87
534	157/2920	40/515	4270	Andrea Adams	F	34	Glenwood	IA	00:23:50.57	00:54:55.87	00:26:29.71	8:01	01:45:16.16
535	158/2920	29/495	6591	Steph Jackson	F	36	Papillion	NE	00:24:39.54	00:55:02.29	00:25:36.14	8:01	01:45:17.98
536	159/2920	14/300	6590	Alice Spence	F	44	Papillion	NE	00:24:38.92	00:55:03.14	00:25:36.04	8:01	01:45:18.11
537	160/2920	15/300	4046	Kathleen Swartz	F	43	Papillion	NE	00:25:45.06	00:54:58.47	00:24:35.99	8:02	01:45:19.53
538	161/2920	34/503	3143	Elizabeth Kampf	F	28	Omaha	NE	00:24:04.18	00:55:03.57	00:26:12.76	8:02	01:45:20.52
539	378/1586	54/226	5503	Andrew Carter	M	38	Lincoln	NE	00:25:36.11	00:55:55.92	00:23:51.58	8:02	01:45:23.62
540	379/1586	63/225	2330	Kyle Smith	M	29	Northumberland	PA	00:24:15.87	00:55:28.32	00:25:39.57	8:02	01:45:23.76
541	380/1586	55/226	5385	Erik Sheehan	M	35	Lincoln	NE	00:24:30.02	00:54:53.23	00:26:00.77	8:02	01:45:24.02
542	162/2920	35/503	3850	Meagan Driesen	F	28	Omaha	NE	00:24:16.03	00:55:28.73	00:25:39.57	8:02	01:45:24.33
543	163/2920	18/405	2908	Meghan Petersen	F	22	Omaha	NE	00:24:13.77	00:55:20.87	00:25:51.95	8:02	01:45:26.60
544	381/1586	14/101	2307	Thomas Dunkleman	M	56	Bellevue	NE	00:24:57.59	00:55:46.40	00:24:47.01	8:02	01:45:31.00
545	164/2920	41/515	853	Jessica Wehner	F	34	Lincoln	NE	00:24:25.43	00:54:55.00	00:26:13.58	8:03	01:45:34.02
546	382/1586	64/225	5015	Caleb Krenk	M	28	Lincoln	NE	00:24:43.32	00:53:16.59	00:27:36.04	8:03	01:45:35.95
547	383/1586	37/168	2284	Brian Ray	M	46	Omaha	NE	00:25:49.67	00:56:08.40	00:23:39.07	8:03	01:45:37.14
548	384/1586	31/64	5081	Clark Stelter	M	19	Lincoln	NE	00:25:36.59	00:55:30.55	00:24:35.28	8:03	01:45:42.42
549	385/1586	65/225	1708	Brady West	M	26	Omaha	NE	00:26:02.80	00:57:53.15	00:21:48.37	8:03	01:45:44.33
550	386/1586	38/168	5745	Douglas Peters	M	46	Omaha	NE	00:24:36.11	00:54:12.58	00:26:56.86	8:04	01:45:45.56
551	387/1586	16/109	5614	Hank Pfeiffer	M	54	Omaha	NE	00:24:08.71	00:55:17.00	00:26:19.95	8:04	01:45:45.66
552	388/1586	66/225	2207	Taylor Kendle	M	29	Lincoln	NE	00:23:42.96	00:57:22.36	00:24:41.07	8:04	01:45:46.39
553	165/2920	42/515	2659	Faith Schneider	F	30	York	NE	00:24:22.89	00:55:13.15	00:26:11.65	8:04	01:45:47.70
554	166/2920	19/405	3057	Sarah Weisbecker	F	20	Waconia	MN	00:23:48.96	00:55:26.98	00:26:32.22	8:04	01:45:48.16
555	389/1586	67/225	2244	Colby Honke	M	27	Lincoln	NE	00:23:47.27	00:54:19.40	00:27:49.10	8:04	01:45:55.78
556	167/2920	30/495	1706	Rachel Propp	F	36	Hasitngs	NE	00:25:16.08	00:55:30.77	00:25:09.39	8:04	01:45:56.24
557	390/1586	38/183	2118	Jason Weber	M	43	Lincoln	NE	00:23:42.78	00:55:59.01	00:26:15.07	8:04	01:45:56.87
558	391/1586	68/225	5653	Brodrick Nickens	M	26	Lincoln	NE	00:25:11.57	00:55:13.50	00:25:32.22	8:04	01:45:57.30
559	168/2920	31/495	1420	Jayme Lowell	F	37	Lincoln	NE	00:24:48.01	00:55:16.00	00:25:53.58	8:04	01:45:57.59
560	392/1586	71/270	2138	Whitney Boyles	M	34	Lawrence	KS	00:21:51.11	00:52:29.00	00:31:41.08	8:05	01:46:01.19



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
561	169/2920	20/405	3165	Hannah Loseke	F	24	Lincoln	NE	00:26:45.08	00:54:49.19	00:24:27.37	8:05	01:46:01.65
562	170/2920	43/515	3202	Katie Bossow	F	33	Lincoln	NE	00:24:14.92	00:55:16.95	00:26:32.08	8:05	01:46:03.95
563	393/1586	17/109	6024	Patrick Schwebach	M	50	Sioux Falls	SD	00:25:01.63	00:55:12.54	00:25:49.82	8:05	01:46:03.99
564	394/1586	39/168	2062	Cory Bergt	M	47	Lincoln	NE	00:24:24.72	00:54:59.16	00:26:40.60	8:05	01:46:04.49
565	395/1586	49/145	5499	Jake Lindvall	M	20	Bloomington	MN	00:26:08.83	00:55:30.94	00:24:24.88	8:05	01:46:04.66
566	396/1586	56/226	1819	James Boyce	M	35	Lincoln	NE	00:24:26.66	00:54:13.18	00:27:27.30	8:05	01:46:07.15
567	171/2920	32/495	741	Ann Lesch	F	37	De Smet	SD	00:25:14.24	00:55:23.47	00:25:30.76	8:05	01:46:08.48
568	397/1586	57/226	5319	Bo Johnson	M	39	Lincoln	NE	00:24:58.00	00:55:19.42	00:25:51.92	8:05	01:46:09.34
569	398/1586	18/109	2114	Doug Volkmer	M	52	Lincoln	NE	00:24:14.88	00:55:20.34	00:26:34.52	8:05	01:46:09.75
570	399/1586	40/168	1955	John Findley	M	48	Lincoln	NE	00:25:24.19	00:56:03.44	00:24:42.23	8:05	01:46:09.87
571	400/1586	69/225	1860	Drew Partridge	M	28	Lincoln	NE	00:26:03.66	00:56:04.97	00:24:01.26	8:05	01:46:09.89
572	401/1586	70/225	2294	Zachary Nielsen	M	27	Lincoln	NE	00:26:04.51	00:56:04.72	00:24:00.96	8:05	01:46:10.20
573	402/1586	19/109	6188	Kurt Krugerud	M	54	Omaha	NE	00:24:57.90	00:55:32.55	00:25:40.04	8:05	01:46:10.50
574	403/1586	72/270	2249	Landon Braithwait	M	32	Columbus	NE	00:24:21.95	00:55:36.54	00:26:13.51	8:06	01:46:12.00
575	404/1586	58/226	2056	Nick Bockoven	M	35	Omaha	NE	00:25:49.52	00:56:05.79	00:24:17.15	8:06	01:46:12.47
576	172/2920	44/515	4424	Elizabeth Sevcik	F	33	Fort Calhoun	NE	00:25:52.43	00:55:19.04	00:25:03.79	8:06	01:46:15.27
577	405/1586	15/101	5306	Doug Dewaard	M	55	Mitchell	SD	00:24:29.45	00:55:00.60	00:26:45.85	8:06	01:46:15.91
578	406/1586	59/226	5977	Lance Steinhausen	M	38	Fort Calhoun	NE	00:25:53.03	00:55:18.84	00:25:04.04	8:06	01:46:15.91
579	173/2920	45/515	6534	Alexandra Cade	F	31	Bennington	NE	00:24:30.88	00:55:02.60	00:26:45.47	8:06	01:46:18.95
580	174/2920	16/300	6425	Laurie Halpenny	F	44	Omaha	NE	00:25:10.27	00:56:03.33	00:25:07.77	8:06	01:46:21.38
581	175/2920	10/119	602	Kerstin Swanson	F	18	Omaha	NE	00:25:40.65	00:56:09.29	00:24:32.44	8:06	01:46:22.38
582	176/2920	21/405	737	Clara Rich	F	23	Lincoln	NE	00:26:27.57	00:54:48.53	00:25:07.09	8:06	01:46:23.20
583	407/1586	50/145	6263	Braden Bruce	M	21	Lincoln	NE	00:27:29.14	00:54:34.77	00:24:19.51	8:06	01:46:23.43
584	177/2920	36/503	6509	Ryan Grubbs	F	28	Omaha	NE	00:25:34.84	00:55:59.15	00:24:52.11	8:07	01:46:26.11
585	178/2920	33/495	202	Charlotte Linderman	F	38	Lincoln	NE	00:24:59.94	00:55:36.49	00:25:50.08	8:07	01:46:26.52
586	408/1586	41/168	5498	Jason Powell	M	47	New Salisbury	IN	00:23:55.76	00:55:53.48	00:26:39.10	8:07	01:46:28.35
587	179/2920	46/515	3984	Amy Bowman	F	30	York	NE	00:24:21.85	00:55:13.52	00:26:55.53	8:07	01:46:30.90
588	180/2920	37/503	3115	Ellie Reinbrecht	F	28	Rapid City	SD	00:25:00.09	00:55:30.27	00:26:01.92	8:07	01:46:32.28
589	409/1586	71/225	5076	Lucas Smith	M	29	Lincoln	NE	00:23:48.66	00:55:14.91	00:27:29.42	8:07	01:46:33.00
590	410/1586	60/226	2454	David Beatty	M	39	Lincoln	NE	00:25:55.77	00:54:59.16	00:25:39.75	8:07	01:46:34.69
591	181/2920	38/503	2768	Rachel Ingebrigtsen	F	25	Omaha	NE	00:24:08.10	00:55:44.59	00:26:42.24	8:07	01:46:34.94
592	182/2920	47/515	6391	Kasey Powers	F	32	Kearney	NE	00:25:31.72	00:55:28.06	00:25:36.00	8:07	01:46:35.79
593	183/2920	6/154	198	Patty Wahlmeier	F	50	Grand Island	NE	00:24:40.90	00:55:40.16	00:26:20.58	8:08	01:46:41.65
594	184/2920	39/503	3554	Cassie Zitek	F	27	Ulysses	NE	00:24:23.16	00:55:56.70	00:26:22.08	8:08	01:46:41.95
595	411/1586	73/270	2018	Kelby Nitz	M	34	Seward	NE	00:25:14.31	00:56:32.28	00:24:57.04	8:08	01:46:43.63

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
596	412/1586	61/226	5664	Stephen Dorcey	M	36	Seward	NE	00:25:15.82	00:56:31.17	00:24:57.04	8:08	01:46:44.04
597	413/1586	74/270	6508	Justin Grubbs	M	30	Omaha	NE	00:25:36.96	00:55:59.62	00:25:09.18	8:08	01:46:45.77
598	185/2920	40/503	414	Alexandra Tomo	F	28	Bellevue	NE	00:25:10.45	00:55:31.98	00:26:03.96	8:08	01:46:46.40
599	414/1586	72/225	6580	Ryan Roach	M	25	Grand Island	NE	00:23:39.41	00:55:43.78	00:27:26.07	8:08	01:46:49.26
600	186/2920	22/405	972	Ronnie Brust	F	21	Ithaca	NE	00:25:21.98	00:55:21.14	00:26:06.20	8:08	01:46:49.33
601	187/2920	17/300	880	Lora Ullerich	F	40	Omaha	NE	00:23:33.12	00:56:48.42	00:26:28.10	8:08	01:46:49.65
602	415/1586	75/270	1992	Anthony Norder	M	33	Bruning	NE	00:24:19.79	00:55:04.15	00:27:26.58	8:09	01:46:50.53
603	188/2920	18/300	346	Kim Vacek	F	42	Lincoln	NE	00:25:58.73	00:55:07.82	00:25:47.81	8:09	01:46:54.36
604	416/1586	20/109	5951	Bryan Areman	M	52	Lincoln	NE	00:25:01.95	00:55:20.39	00:26:32.19	8:09	01:46:54.53
605	417/1586	51/145	4867	Nam Tran	M	24	Lincoln	NE	00:25:40.04	00:57:00.84	00:24:15.13	8:09	01:46:56.02
606	189/2920	5/238	2942	Melissa Antinoro	F	47	Lincoln	NE	00:24:24.32	00:56:10.63	00:26:21.51	8:09	01:46:56.47
607	418/1586	16/101	5741	Bob Kendle	M	55	Lincoln	NE	00:24:16.65	00:57:22.50	00:25:17.44	8:09	01:46:56.59
608	419/1586	76/270	1717	Neil Sandhoefner	M	30	Omaha	NE	00:24:54.75	00:55:36.36	00:26:27.51	8:09	01:46:58.62
609	190/2920	19/300	3114	Krista Siefker	F	42	Eagle	NE	00:25:19.17	00:55:14.51	00:26:25.10	8:09	01:46:58.78
610	191/2920	34/495	6305	Penny Befort	F	37	Deshler	NE	00:24:26.66	00:56:14.40	00:26:17.83	8:09	01:46:58.89
611	420/1586	73/225	1980	Kyle Nunn	M	29	Kearney	NE	00:26:17.50	00:55:20.14	00:25:21.79	8:09	01:46:59.44
612	421/1586	39/183	2280	Patrick Brown	M	43	Omaha	NE	00:24:47.73	00:55:17.57	00:26:55.38	8:09	01:47:00.69
613	422/1586	74/225	2241	Kyle Mccartney	M	29	Kearney	NE	00:25:06.59	00:56:27.58	00:25:27.53	8:09	01:47:01.70
614	192/2920	48/515	3105	Jillian Olson	F	32	Council Bluffs	IA	00:25:07.44	00:55:02.04	00:26:52.47	8:09	01:47:01.97
615	423/1586	17/101	1758	Michael Wadzinski	M	57	Sioux City	IA	00:25:06.59	00:55:45.60	00:26:10.57	8:09	01:47:02.77
616	424/1586	32/64	6421	Jaydon Walker	M	15	Hemingford	NE	00:25:48.41	00:55:16.63	00:25:57.97	8:09	01:47:03.02
617	425/1586	21/109	1783	Trevor Barton	M	50	Omaha	NE	00:24:09.54	00:55:58.98	00:26:58.32	8:10	01:47:06.85
618	193/2920	20/300	791	Kristi Casady	F	40	Lincoln	NE	00:25:34.11	00:55:31.78	00:26:02.52	8:10	01:47:08.41
619	426/1586	75/225	4966	Taylor Adams	M	25	Bellevue	NE	00:24:19.17	00:54:55.83	00:27:53.85	8:10	01:47:08.86
620	194/2920	23/405	2632	Chelsea Thompson	F	24	Lincoln	NE	00:22:36.97	00:56:10.81	00:28:21.35	8:10	01:47:09.14
621	427/1586	18/101	1949	Jon Michelsen	M	59	Lincoln	NE	00:26:45.77	00:56:32.87	00:23:50.87	8:10	01:47:09.52
622	428/1586	77/270	6368	Eric Sturm	M	33	Lincoln	NE	00:25:16.27	00:56:03.93	00:25:50.53	8:10	01:47:10.73
623	429/1586	62/226	5185	Bentley Swan	M	36	Omaha	NE	00:25:53.17	00:56:33.91	00:24:45.55	8:10	01:47:12.63
624	430/1586	63/226	2065	Kaj Stauffer	M	35	Lincoln	NE	00:25:01.41	00:56:10.14	00:26:01.41	8:10	01:47:12.96
625	195/2920	49/515	6429	Jenna Cope	F	31	Omaha	NE	00:24:04.98	00:55:44.25	00:27:24.56	8:10	01:47:13.80
626	196/2920	35/495	2675	Nicole Rischling	F	37	Omaha	NE	00:24:05.88	00:55:43.94	00:27:24.62	8:10	01:47:14.44
627	197/2920	50/515	697	Alyson Grotheer	F	31	Omaha	NE	00:25:41.55	00:56:00.50	00:25:32.69	8:10	01:47:14.74
628	431/1586	40/183	5024	Chris Hansen	M	43	Lincoln	NE	00:22:50.56	00:55:17.73	00:29:07.31	8:10	01:47:15.60
629	198/2920	41/503	228	Carly Hill	F	26	Omaha	NE	00:23:06.88	00:55:16.90	00:28:52.20	8:10	01:47:15.99
630	432/1586	42/168	5353	John Arensberg	M	47	Fremont	NE	00:24:49.58	00:55:29.08	00:26:58.11	8:11	01:47:16.79

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
631	433/1586	19/101	1857	Tim Shomaker	M	58	Lincoln	NE	00:24:49.91	00:56:09.63	00:26:17.84	8:11	01:47:17.40
632	434/1586	52/145	5574	Connor Mclaughlin	M	22	Papillion	NE	00:25:37.72	00:52:45.32	00:28:55.38	8:11	01:47:18.43
633	435/1586	78/270	2254	Brandon Nutting	M	33	Lincoln	NE	00:25:38.21	00:56:24.33	00:25:16.32	8:11	01:47:18.87
634	436/1586	76/225	6535	Matthew Heskett	M	26	Nemaha	NE	00:26:12.32	00:54:40.77	00:26:25.82	8:11	01:47:18.91
635	199/2920	42/503	3199	Sara Brewington	F	28	Joplin	MO	00:25:24.63	00:56:18.90	00:25:35.45	8:11	01:47:18.99
636	437/1586	64/226	5620	Mark Gipson	M	36	Lincoln	NE	00:22:35.92	00:56:29.68	00:28:13.45	8:11	01:47:19.05
637	200/2920	43/503	2798	Whitney Dam	F	26	Hooper	NE	00:24:36.92	00:55:38.05	00:27:04.13	8:11	01:47:19.11
638	438/1586	77/225	1803	Michael Vanbuskirk	M	29	Fremont	NE	00:24:30.81	00:55:40.95	00:27:07.54	8:11	01:47:19.30
639	201/2920	36/495	2870	Alyssa Prins	F	38	Si	IA	00:25:48.34	00:55:40.54	00:25:51.74	8:11	01:47:20.62
640	439/1586	43/168	6012	Gene Svec	M	46	Kearney	NE	00:24:39.45	00:56:32.13	00:26:09.21	8:11	01:47:20.80
641	440/1586	44/168	6473	Alan Olsen	M	46	Lincoln	NE	00:24:05.65	00:55:01.65	00:28:13.87	8:11	01:47:21.18
642	441/1586	45/168	5095	Jimmy Brown	M	47	Omaha	NE	00:27:24.20	00:54:34.33	00:25:23.34	8:11	01:47:21.88
643	442/1586	53/145	1997	Caleb Rice	M	20	Lincoln	NE	00:24:57.29	00:55:43.97	00:26:41.01	8:11	01:47:22.28
644	202/2920	44/503	6525	Kasey Murphy	F	29	Beatrice	NE	00:24:50.87	00:56:28.79	00:26:02.72	8:11	01:47:22.39
645	443/1586	46/168	5793	Christopher Sommerich	M	48	Lincoln	NE	00:24:15.74	00:56:15.25	00:26:55.45	8:11	01:47:26.45
646	203/2920	45/503	3814	Hannah Johnson	F	27	Lincoln	NE	00:25:51.82	00:57:26.44	00:24:10.05	8:11	01:47:28.32
647	204/2920	51/515	619	Melissa Lee	F	34	Lincoln	NE	00:25:22.27	00:56:07.66	00:25:58.62	8:11	01:47:28.56
648	205/2920	37/495	668	Sarah Wemhoff-Strawn	F	37	Omaha	NE	00:25:33.72	00:56:48.10	00:25:08.70	8:12	01:47:30.53
649	444/1586	20/101	1961	Patrick Lawlor	M	55	Omaha	NE	00:25:55.29	00:56:16.61	00:25:18.62	8:12	01:47:30.53
650	206/2920	46/503	2752	Jessi Gipson	F	26	Lincoln	NE	00:24:52.73	00:56:23.01	00:26:15.32	8:12	01:47:31.07
651	445/1586	78/225	1974	Jared Pixley	M	26	Lincoln	NE	00:24:55.30	00:56:18.06	00:26:18.53	8:12	01:47:31.90
652	207/2920	21/300	3387	Kerri Otto	F	40	Lincoln	NE	00:24:58.54	00:56:45.37	00:25:48.37	8:12	01:47:32.28
653	446/1586	54/145	5069	Jordy Stoller	M	21	Falls City	NE	00:22:28.17	00:56:58.20	00:28:06.54	8:12	01:47:32.91
654	447/1586	79/270	5423	Chad Chapek	M	32	Norfolk	NE	00:23:26.00	00:56:10.81	00:27:57.59	8:12	01:47:34.41
655	448/1586	65/226	2053	Eric Wilford	M	36	Lincoln	NE	00:23:01.20	00:54:35.34	00:29:58.49	8:12	01:47:35.04
656	449/1586	79/225	5766	Ryan Wolfe	M	26	Fremont	NE	00:25:38.76	00:56:52.46	00:25:05.02	8:12	01:47:36.24
657	450/1586	80/225	2073	Aaron Cadlo	M	28	Omaha	NE	00:24:48.88	00:53:31.70	00:29:15.88	8:12	01:47:36.46
658	208/2920	11/119	1256	Molly Lienemann	F	16	Lincoln	NE	00:26:13.04	00:56:06.99	00:25:18.14	8:12	01:47:38.17
659	451/1586	47/168	1796	Craig Pleskac	M	47	Lincoln	NE	00:25:17.57	00:55:46.88	00:26:33.90	8:12	01:47:38.36
660	452/1586	80/270	5756	Chris Kean	M	30	Papillion	NE	00:25:52.43			8:12	01:47:38.37
661	209/2920	47/503	3768	Angela Watley	F	28	Sioux Falls	SD	00:25:19.54	00:56:29.40	00:25:49.54	8:12	01:47:38.49
662	210/2920	48/503	3532	Ann Brandow	F	27	Ralston	NE	00:25:08.17	00:55:58.87	00:26:31.77	8:12	01:47:38.82
663	453/1586	48/168	4922	Bob Myer	M	46	La Vista	NE	00:27:24.30	00:54:34.02	00:25:41.07	8:12	01:47:39.41
664	454/1586	81/225	5297	Adam Cheloha	M	25	Omaha	NE	00:27:11.92	00:56:09.05	00:24:19.16	8:12	01:47:40.13
665	455/1586	81/270	6540	Dan Mccright	M	34	Seward	NE	00:25:16.37	00:56:31.67	00:25:53.34	8:12	01:47:41.38

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
666	456/1586	82/270	1946	Benjamin Miller	M	34	Lincoln	NE	00:26:06.67	00:56:05.53	00:25:29.59	8:12	01:47:41.80
667	211/2920	49/503	267	Marisa McClintock	F	26	Elkhorn	NE	00:25:26.64	00:56:39.04	00:25:38.06	8:13	01:47:43.74
668	212/2920	12/119	182	Cassidy Healey	F	17	Lincoln	NE	00:23:33.73	00:56:35.18	00:27:34.85	8:13	01:47:43.76
669	457/1586	83/270	6576	Trevor Erickson	M	30	Lincoln	NE	00:25:42.21	00:56:11.17	00:25:50.63	8:13	01:47:44.02
670	458/1586	82/225	5616	Conor Mcdermott	M	27	Lincoln	NE	00:25:08.45	00:55:29.67	00:27:08.30	8:13	01:47:46.42
671	213/2920	13/119	6544	Alex Barada	F	18	Lincoln	NE	00:25:15.20	00:56:28.76	00:26:05.68	8:13	01:47:49.65
672	214/2920	38/495	3203	Kristen Janky	F	39	Omaha	NE	00:25:22.04	00:56:30.57	00:25:59.04	8:13	01:47:51.65
673	459/1586	33/64	1942	Isaac Larsen	M	16	Lincoln	NE	00:24:26.25	00:55:07.63	00:28:18.55	8:13	01:47:52.44
674	460/1586	22/109	5409	Brian Isenberger	M	53	Omaha	NE	00:25:03.36	00:56:18.96	00:26:33.20	8:13	01:47:55.53
675	215/2920	50/503	1003	Rachel McGill	F	29	Lincoln	NE	00:25:04.92	00:56:46.25	00:26:04.52	8:13	01:47:55.70
676	461/1586	23/109	5978	Mark Traynowicz	M	54	Lincoln	NE	00:25:31.03	00:55:53.75	00:26:31.33	8:14	01:47:56.11
677	462/1586	49/168	6089	Matt Schafer	M	47	Lincoln	NE	00:25:04.09	00:56:16.21	00:26:39.00	8:14	01:47:59.30
678	463/1586	83/225	5561	Mitchell Pearson	M	29	Indianapolis	IN	00:23:48.78	00:55:48.98	00:28:22.97	8:14	01:48:00.73
679	216/2920	52/515	384	Jennifer Moser	F	34	Larchwood	IA	00:25:12.36	00:56:39.66	00:26:12.67	8:14	01:48:04.70
680	217/2920	51/503	896	Mary Jantz	F	28	Beatrice	NE	00:25:45.25	00:57:23.13	00:24:57.64	8:14	01:48:06.03
681	218/2920	53/515	2957	Lindsey Palmer	F	34	Lincoln	NE	00:24:48.71	00:56:33.50	00:26:44.23	8:14	01:48:06.45
682	464/1586	55/145	5014	Mitchell Thompson	M	23	Omaha	NE	00:25:09.66	00:56:41.11	00:26:17.66	8:14	01:48:08.43
683	219/2920	24/405	2994	Nicole Potthoff	F	23	Omaha	NE	00:25:09.85	00:56:41.11	00:26:17.66	8:14	01:48:08.62
684	220/2920	22/300	4839	Shelley Braun	F	41	Hastings	NE	00:25:53.37	00:56:35.50	00:25:40.98	8:15	01:48:09.85
685	221/2920	6/238	2623	Rachele Eller	F	47	Shelby	NE	00:25:24.14	00:56:42.15	00:26:04.39	8:15	01:48:10.68
686	222/2920	52/503	3193	Erica Pirog	F	27	Central City	NE	00:25:49.74	00:56:24.50	00:25:56.95	8:15	01:48:11.20
687	465/1586	24/109	6093	Jeff Rudy	M	52	Lincoln	NE	00:25:39.93	00:56:17.51	00:26:18.97	8:15	01:48:16.42
688	466/1586	56/145	5236	Zach Turner	M	21	Auburn	NE	00:25:40.09	00:56:17.42	00:26:18.94	8:15	01:48:16.46
689	467/1586	21/101	1929	Todd Bircher	M	55	Lincoln	NE	00:26:24.83	00:56:35.24	00:25:16.47	8:15	01:48:16.56
690	223/2920	3/104	973	Nancy Asselin	F	55	Lincoln	NE	00:25:53.32	00:56:43.17	00:25:40.87	8:15	01:48:17.36
691	468/1586	5/46	2184	Jerry Trainer	M	64	Lincoln	NE	00:25:47.68	00:56:25.51	00:26:04.71	8:15	01:48:17.91
692	469/1586	84/225	1800	Tyler Montoya	M	26	Hooper	NE	00:24:24.68	00:55:47.71	00:28:05.64	8:15	01:48:18.04
693	224/2920	54/515	6456	Maryl Sattler	F	33	Lincoln	NE	00:25:23.34	00:57:16.39	00:25:40.34	8:15	01:48:20.08
694	225/2920	23/300	2886	Beth Ludwig	F	41	Lincoln	NE	00:25:16.67	00:57:01.23	00:26:04.43	8:16	01:48:22.34
695	470/1586	41/183	2230	Jeremy Williams	M	44	Lincoln	NE	00:25:54.75	00:56:33.70	00:25:55.31	8:16	01:48:23.77
696	226/2920	24/300	723	Sarah Wilson	F	40	Lincoln	NE	00:25:54.70	00:56:11.54	00:26:22.09	8:16	01:48:28.34
697	227/2920	25/405	447	Katie Maire	F	24	Lavista	NE	00:25:41.31	00:56:01.03	00:26:46.19	8:16	01:48:28.53
698	471/1586	66/226	5429	Dustin Anderson	M	36	Shubert	NE	00:24:00.84	00:56:02.18	00:28:29.32	8:16	01:48:32.36
699	228/2920	55/515	3817	Megan Gilkey	F	30	Waco	NE	00:25:26.64	00:56:40.13	00:26:25.85	8:16	01:48:32.63
700	229/2920	56/515	1565	Becke Grundman	F	34	Lincoln	NE	00:25:52.63	00:56:47.66	00:25:52.55	8:16	01:48:32.84

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
701	472/1586	85/225	5585	Eric Rodine	M	26	Omaha	NE	00:25:15.48	00:56:40.69	00:26:37.00	8:16	01:48:33.17
702	473/1586	50/168	6374	Eunejune Kim	M	48	San Francisco	CA	00:23:54.97	00:55:55.28	00:28:43.20	8:16	01:48:33.45
703	230/2920	39/495	1735	Jenny Morrnick	F	36	Grand Island	NE	00:25:30.04	00:56:22.72	00:26:42.76	8:17	01:48:35.53
704	474/1586	51/168	5502	John Beckenhauer	M	48	Omaha	NE	00:24:24.76	00:56:46.56	00:27:25.13	8:17	01:48:36.45
705	231/2920	40/495	1406	Melissa Bell	F	38	Gothenburg	NE	00:25:32.18	00:56:51.78	00:26:12.70	8:17	01:48:36.67
706	475/1586	67/226	2106	Joshua Vest	M	37	Lincoln	NE	00:25:38.17	00:56:42.20	00:26:16.46	8:17	01:48:36.85
707	476/1586	84/270	5510	Brian Quint	M	31	Lincoln	NE	00:25:35.00	00:56:09.34	00:26:53.55	8:17	01:48:37.90
708	477/1586	42/183	1864	Jeff Morrnick	M	44	Grand Island	NE	00:24:42.52	00:55:46.92	00:28:08.77	8:17	01:48:38.22
709	232/2920	53/503	4989	Alexandra Miller	F	27	Omaha	NE	00:25:45.80	00:56:32.66	00:26:21.90	8:17	01:48:40.36
710	233/2920	26/405	3961	Rachel Lukowski	F	23	Omaha	NE	00:23:57.94	00:57:57.87	00:26:44.83	8:17	01:48:40.66
711	478/1586	43/183	5893	Douglas Kaupa	M	44	Council Bluffs	IA	00:24:59.08	00:56:00.65	00:27:41.30	8:17	01:48:41.04
712	479/1586	85/270	5039	Eric Miller	M	32	Manhattan	KS	00:25:10.80	00:56:57.97	00:26:32.94	8:17	01:48:41.72
713	234/2920	25/300	2663	Angie Busch	F	44	Omaha	NE	00:25:37.29	00:56:51.08	00:26:13.65	8:17	01:48:42.03
714	480/1586	44/183	5332	Kevin Rose	M	43	Omaha	NE	00:25:48.27	00:56:44.67	00:26:10.04	8:17	01:48:42.98
715	481/1586	6/46	1823	Dick James	M	64	Verdon	NE	00:25:55.26	00:56:30.11	00:26:18.74	8:17	01:48:44.12
716	235/2920	14/119	3154	Hawa Shatta	F	19	Omaha	NE	00:26:32.78	00:57:36.16	00:24:35.29	8:17	01:48:44.24
717	482/1586	86/225	5344	Trevor White	M	29	Lincoln	NE	00:26:00.93	00:57:08.16	00:25:35.79	8:17	01:48:44.89
718	483/1586	57/145	2233	Derick Hass	M	24	Lincoln	NE	00:25:36.60	00:56:24.18	00:26:48.48	8:18	01:48:49.27
719	484/1586	34/64	5150	Connor Artz	M	18	Omaha	NE	00:27:07.72	00:59:18.54	00:22:23.06	8:18	01:48:49.33
720	485/1586	86/270	2126	Nate Mcintire	M	34	Lincoln	NE	00:26:06.50	00:57:05.47	00:25:37.90	8:18	01:48:49.88
721	486/1586	52/168	5682	Tim Starbuck	M	49	Bellevue	NE	00:26:01.50	00:57:17.77	00:25:30.81	8:18	01:48:50.09
722	236/2920	57/515	457	Heidi Mcintire	F	33	Lincoln	NE	00:26:07.14	00:57:05.48	00:25:37.72	8:18	01:48:50.34
723	487/1586	45/183	2489	Kirk Eckhardt	M	42	Lincoln	NE	00:24:59.70	00:56:42.80	00:27:09.19	8:18	01:48:51.71
724	237/2920	41/495	3177	Lissa Fellers	F	37	Lincoln	NE	00:24:47.80	00:56:35.42	00:27:29.31	8:18	01:48:52.53
725	238/2920	54/503	3104	Megan Hansen	F	25	Omaha	NE	00:25:49.05	00:56:42.68	00:26:21.38	8:18	01:48:53.12
726	239/2920	42/495	281	Karen Borchert	F	39	Omaha	NE	00:25:03.20	00:57:07.98	00:26:43.50	8:18	01:48:54.69
727	240/2920	55/503	2931	Michaela Emmons	F	27	Lincoln	NE	00:25:03.46	00:57:18.16	00:26:33.07	8:18	01:48:54.71
728	241/2920	26/300	2707	Lisa Sterling	F	44	Lincoln	NE	00:25:05.80	00:56:33.42	00:27:15.75	8:18	01:48:54.98
729	488/1586	87/270	1848	Charlie Stephan	M	33	Lincoln	NE	00:25:03.61	00:57:08.40	00:26:43.53	8:18	01:48:55.55
730	242/2920	4/104	702	Kim Hall Grier	F	57	Omaha	NE	00:25:31.47	00:56:33.31	00:26:52.18	8:18	01:48:56.97
731	489/1586	58/145	4953	David Meier	M	24	Lincoln	NE	00:23:35.63	00:55:24.05	00:30:01.42	8:18	01:49:01.11
732	490/1586	87/225	5082	Derek Lewis	M	27	Lincoln	NE	00:24:46.36	00:56:27.58	00:27:48.36	8:19	01:49:02.31
733	491/1586	46/183	5981	Jeremy Krumwiede	M	41	Bennington	NE	00:24:07.18	00:55:46.24	00:29:09.27	8:19	01:49:02.69
734	492/1586	68/226	5142	Emiliano Lerda	M	37	Omaha	NE	00:24:28.10	00:56:22.25	00:28:12.77	8:19	01:49:03.13
735	493/1586	88/225	1886	Dylan Mayberry	M	27	Omaha	NE	00:26:32.87	00:57:18.93	00:25:14.55	8:19	01:49:06.36

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
736	494/1586	47/183	1702	Joshua Herr	M	41	Lincoln	NE	00:25:57.86	00:56:34.12	00:26:37.00	8:19	01:49:08.98
737	243/2920	27/300	4647	Sara Sharp	F	40	Lincoln	NE	00:25:44.93	00:58:00.03	00:25:24.55	8:19	01:49:09.52
738	495/1586	89/225	2458	Tony Rublaitus	M	25	Lincoln	NE	00:24:38.52	00:57:30.68	00:27:00.87	8:19	01:49:10.08
739	244/2920	15/119	6293	Claire Janecek	F	18	Omaha	NE	00:25:57.11	00:57:05.50	00:26:08.98	8:19	01:49:11.59
740	496/1586	69/226	2327	Mark Gudgel	M	36	Omaha	NE	00:23:52.01	00:56:08.25	00:29:11.59	8:19	01:49:11.86
741	245/2920	16/119	6292	Emily Evans	F	18	Lincoln	NE	00:25:56.92	00:57:05.48	00:26:09.55	8:19	01:49:11.95
742	246/2920	43/495	1352	Stephanie Semple	F	38	Omaha	NE	00:26:14.99	00:58:04.80	00:24:52.86	8:19	01:49:12.66
743	247/2920	44/495	3575	Courtney Mann	F	39	Omaha	NE	00:26:15.18	00:58:06.27	00:24:51.80	8:19	01:49:13.25
744	497/1586	25/109	2080	Thomas Mckitterick	M	54	Lincoln	NE	00:25:36.17	00:57:44.71	00:25:55.48	8:20	01:49:16.37
745	498/1586	53/168	5894	Scott Van Dyke	M	45	Lincoln	NE	00:25:53.07	00:57:58.63	00:25:27.39	8:20	01:49:19.10
746	499/1586	70/226	5103	Jeremy Raridon	M	38	Lincoln	NE	00:26:11.18	00:58:49.78	00:24:18.25	8:20	01:49:19.21
747	500/1586	26/109	5848	Neil Corbet	M	52	Omaha	NE	00:24:51.63	00:56:30.10	00:27:58.86	8:20	01:49:20.60
748	501/1586	22/101	6085	Grady Hansen	M	56	Papillion	NE	00:24:10.22	00:57:25.02	00:27:45.80	8:20	01:49:21.05
749	248/2920	7/238	5311	Shelly Haller	F	49	Ceresco	NE	00:25:37.40	00:56:35.85	00:27:10.97	8:20	01:49:24.24
750	249/2920	45/495	2709	Teresa Edgerton	F	38	Lincoln	NE	00:25:44.93	00:57:59.33	00:25:40.28	8:20	01:49:24.55
751	502/1586	90/225	1908	Topher Thompson	M	28	Lincoln	NE	00:25:34.05	00:57:18.33	00:26:35.15	8:20	01:49:27.54
752	503/1586	91/225	5151	Parker Vicroy	M	25	Lincoln	NE	00:26:44.99	00:57:22.19	00:25:21.93	8:21	01:49:29.12
753	250/2920	8/238	841	Wendy Wilke	F	47	Lincoln	NE	00:25:30.07	00:56:57.76	00:27:01.40	8:21	01:49:29.24
754	251/2920	46/495	3174	Janessa Finley	F	35	Lincoln	NE	00:24:04.17	00:56:31.88	00:28:54.91	8:21	01:49:30.97
755	252/2920	56/503	6469	Samantha Dudzinski	F	27	Omaha	NE	00:25:44.65	00:58:06.28	00:25:41.86	8:21	01:49:32.79
756	504/1586	88/270	5263	Adam Letheby	M	32	Lincoln	NE	00:24:47.79	00:56:06.24	00:28:39.08	8:21	01:49:33.12
757	253/2920	27/405	297	Michelle Thompson	F	22	Lincoln	NE	00:25:40.51	00:57:17.49	00:26:36.01	8:21	01:49:34.01
758	505/1586	71/226	5660	Curtis Tomasevicz	M	37	Lincoln	NE	00:23:55.57	00:57:58.77	00:27:40.76	8:21	01:49:35.11
759	254/2920	58/515	560	Alisha Fangmeyer	F	33	Hebron	NE	00:26:27.12	00:58:17.53	00:24:52.14	8:21	01:49:36.80
760	506/1586	72/226	6329	Jacob Wallace	M	35	Brookings	SD	00:25:56.65	00:57:55.76	00:25:44.68	8:21	01:49:37.10
761	255/2920	28/300	4119	Rachael Kluck-Spann	F	41	Lincoln	NE	00:24:57.09	00:57:24.68	00:27:15.72	8:21	01:49:37.49
762	256/2920	47/495	1037	Dee Hanson	F	35	Columbus	NE	00:25:05.41	00:57:09.88	00:27:22.49	8:21	01:49:37.78
763	257/2920	48/495	4565	Michelle Ploeger	F	35	Glenwood	IA	00:25:06.12	00:57:09.74	00:27:22.28	8:21	01:49:38.15
764	507/1586	92/225	1938	Ben Mcgill	M	28	Lincoln	NE	00:27:08.06	00:56:51.86	00:25:38.79	8:21	01:49:38.72
765	258/2920	59/515	2608	Katie Johansen	F	31	Lincoln	NE	00:25:28.79	00:57:12.43	00:26:57.93	8:21	01:49:39.15
766	508/1586	59/145	5739	Jaxson Schneider	M	21	Tacoma	WA	00:25:37.28	00:58:03.67	00:25:59.05	8:21	01:49:40.00
767	259/2920	28/405	2805	Hali Sahr	F	21	Gordon	NE	00:27:02.83	00:56:41.05	00:25:56.64	8:21	01:49:40.53
768	260/2920	29/300	3368	Hilary Catron	F	40	Omaha	NE	00:25:54.89	00:56:40.57	00:27:06.66	8:22	01:49:42.13
769	261/2920	57/503	381	Katelyn Ingraham	F	28	Lincoln	NE	00:27:09.21	00:57:49.35	00:24:45.07	8:22	01:49:43.64
770	262/2920	30/300	2011	Missy Peters	F	42	Lincoln	NE	00:25:41.19	00:57:27.46	00:26:37.13	8:22	01:49:45.78

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
771	263/2920	58/503	6355	Erica Lienemann	F	25	Manhattan	KS	00:25:21.05	00:57:24.46	00:27:03.39	8:22	01:49:48.90
772	264/2920	60/515	909	Meagan Hovendick	F	30	Ogallala	NE	00:25:19.79	00:57:46.67	00:26:44.16	8:22	01:49:50.63
773	265/2920	17/119	6365	Madi Bahe	F	18	Grand Island	NE	00:25:58.26	00:57:05.08	00:26:50.89	8:23	01:49:54.24
774	509/1586	89/270	6006	Cody Thomas	M	33	Lincoln	NE	00:25:36.39	00:57:20.18	00:26:58.69	8:23	01:49:55.27
775	510/1586	48/183	2259	Sean Kenney	M	44	Bellevue	NE	00:26:08.05	00:57:21.15	00:26:26.72	8:23	01:49:55.92
776	266/2920	31/300	4205	Sara Stewart	F	40	Lincoln	NE	00:25:41.78	00:56:18.31	00:27:57.42	8:23	01:49:57.52
777	267/2920	32/300	3812	Karlee Martinez	F	40	Wichita	KS	00:26:56.19	00:57:56.08	00:25:10.29	8:23	01:50:02.56
778	268/2920	59/503	3968	Kayla Johnson	F	26	Unknown	MN	00:24:18.34	00:57:14.77	00:28:30.15	8:23	01:50:03.26
779	269/2920	60/503	2656	Marissa Ausman	F	25	Omaha	NE	00:23:55.52	00:57:54.27	00:28:14.22	8:23	01:50:04.01
780	511/1586	90/270	2386	Aarin Fellows	M	30	Glencvil	NE	00:28:17.99	00:54:06.30	00:27:39.78	8:23	01:50:04.08
781	270/2920	5/104	482	Sheila Beermann	F	55	Elk Point	SD	00:25:40.72	00:57:16.32	00:27:07.56	8:23	01:50:04.60
782	271/2920	49/495	2624	Cherisa Price-Wells	F	38	Lincoln	NE	00:25:14.09	00:55:55.35	00:28:55.54	8:23	01:50:04.98
783	512/1586	35/64	1844	Ben Vanness	M	19	La Vista	NE	00:26:05.45	00:57:17.01	00:26:44.68	8:24	01:50:07.14
784	272/2920	7/154	749	Julie Olmstead	F	54	Webster City	IA	00:24:48.02	00:57:19.76	00:27:59.39	8:24	01:50:07.17
785	273/2920	29/405	2777	Sarah Pramberg	F	23	Lincoln	NE	00:27:18.01	00:58:08.15	00:24:42.88	8:24	01:50:09.05
786	274/2920	8/154	692	Kristi Peterson	F	52	Fairbury	NE	00:25:47.06	00:57:54.82	00:26:29.35	8:24	01:50:11.24
787	275/2920	61/503	3017	Joanna Whittit	F	29	Wichita	KS	00:26:56.56	00:57:56.39	00:25:18.56	8:24	01:50:11.52
788	513/1586	27/109	6124	Michael Baker	M	52	Nevada	IA	00:26:11.92	00:58:18.66	00:25:43.07	8:24	01:50:13.66
789	276/2920	61/515	2916	Morgan Shields	F	33	Lincoln	NE	00:25:30.18	00:56:17.01	00:28:27.28	8:24	01:50:14.47
790	514/1586	91/270	2094	John Mccarthy	M	33	Lincoln	NE	00:26:30.31	00:57:53.46	00:25:50.88	8:24	01:50:14.65
791	277/2920	18/119	2965	Delphina Tabor	F	16	Lincoln	NE	00:25:49.83	00:57:55.44	00:26:29.86	8:24	01:50:15.13
792	278/2920	19/119	2801	Ellen Dalton	F	16	Lincoln	NE	00:25:49.02	00:57:55.46	00:26:30.72	8:24	01:50:15.21
793	515/1586	93/225	5715	Nathan Jungck	M	25	Lincoln	NE	00:26:04.24	00:57:46.91	00:26:26.11	8:24	01:50:17.27
794	516/1586	54/168	6493	Jeff Jensen	M	46	Omaha	NE	00:26:11.98	00:58:37.52	00:25:27.79	8:24	01:50:17.29
795	279/2920	62/515	3195	Lynn Gorman	F	34	Plattsmouth	NE	00:25:46.98	00:58:32.04	00:25:58.71	8:24	01:50:17.74
796	280/2920	62/503	2688	Jamie Granatowicz	F	27	Omaha	NE	00:25:44.76	00:58:06.29	00:26:31.37	8:25	01:50:22.43
797	517/1586	73/226	1695	Cordt Byrne	M	38	Omaha	NE	00:25:59.07	00:58:14.14	00:26:12.20	8:25	01:50:25.42
798	518/1586	55/168	5282	Dave Mitchell	M	48	Roeland Park	KS	00:25:45.81	00:57:05.95	00:27:35.77	8:25	01:50:27.54
799	281/2920	9/238	2819	Melissa Aksamit	F	46	Superior	NE	00:26:26.02	00:58:17.95	00:25:44.17	8:25	01:50:28.15
800	282/2920	30/405	3785	Randi Cartier	F	22	Lincoln	NE	00:27:07.10	00:59:20.60	00:24:03.24	8:25	01:50:30.95
801	283/2920	63/515	6459	Valerie Shaw	F	32	Omaha	NE	00:25:06.48	00:58:05.54	00:27:20.83	8:25	01:50:32.85
802	284/2920	10/238	2611	Linda Kramer	F	45	Stapleton	NE	00:25:27.81	00:56:20.02	00:28:46.95	8:26	01:50:34.79
803	285/2920	33/300	432	Jenn Bennett	F	40	Omaha	NE	00:28:40.99	00:57:38.33	00:24:16.14	8:26	01:50:35.47
804	286/2920	64/515	292	Jackie Sheets	F	33	Bennington	NE	00:26:35.56	00:58:43.74	00:25:17.27	8:26	01:50:36.57
805	519/1586	92/270	2000	Kyle Winchell	M	32	Lincoln	NE	00:25:04.50	00:57:08.51	00:28:24.86	8:26	01:50:37.88

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
806	287/2920	31/405	3036	Elizabeth Luckasen	F	23	Omaha	NE	00:24:30.51	00:57:05.25	00:29:02.64	8:26	01:50:38.40
807	288/2920	34/300	3860	Kim A Wilken	F	40	Omaha	NE	00:25:43.63	00:57:29.90	00:27:24.94	8:26	01:50:38.48
808	520/1586	93/270	1797	Stuart Mason	M	30	Lincoln	NE	00:25:12.08	00:56:31.60	00:28:55.54	8:26	01:50:39.22
809	521/1586	94/225	1793	Tyler Lucas	M	29	Grand Island	NE	00:25:38.19	00:57:41.43	00:27:20.32	8:26	01:50:39.95
810	522/1586	95/225	5719	Ryan Roettger	M	27	Lincoln	NE	00:25:31.75	00:55:50.28	00:29:18.53	8:26	01:50:40.57
811	523/1586	74/226	2526	William Lauer	M	38	Papillion	NE	00:25:34.91	00:58:13.38	00:26:53.49	8:26	01:50:41.78
812	289/2920	63/503	1049	Lexi Woita	F	25	Wahoo	NE	00:26:41.79	00:58:01.08	00:26:04.57	8:27	01:50:47.45
813	290/2920	65/515	4039	Kristi Werner	F	34	Tilden	NE	00:25:24.42	00:58:04.26	00:27:18.98	8:27	01:50:47.67
814	524/1586	96/225	5259	Tyler Schmidt	M	25	Omaha	NE	00:26:10.55	00:55:59.07	00:28:38.52	8:27	01:50:48.14
815	525/1586	97/225	4948	Josh Wall	M	27	Lincoln	NE	00:24:32.26	00:54:35.02	00:31:41.89	8:27	01:50:49.17
816	291/2920	32/405	3832	Anna Elbracht	F	22	Gretna	NE	00:26:10.57	00:58:22.16	00:26:17.66	8:27	01:50:50.40
817	526/1586	75/226	4955	Adam Sellhorn	M	38	Lincoln	NE	00:26:11.08	00:58:57.71	00:25:41.77	8:27	01:50:50.56
818	527/1586	36/64	5085	Micaiah Wooten	M	17	Lincoln	NE	00:27:01.06	00:58:40.32	00:25:10.73	8:27	01:50:52.12
819	292/2920	11/238	3527	Angela Ziller	F	48	Grand Island	NE	00:25:39.85	00:57:33.52	00:27:39.51	8:27	01:50:52.88
820	528/1586	49/183	2212	Doug Chos	M	44	York	NE	00:26:02.89	00:57:56.05	00:26:54.16	8:27	01:50:53.10
821	529/1586	4/23	4872	Nick Starns	M	14	Ashland	NE	00:24:01.07	00:53:07.85	00:33:45.35	8:27	01:50:54.28
822	530/1586	98/225	5649	Matthew Nelson	M	29	Omaha	NE	00:25:49.55	00:58:34.63	00:26:32.42	8:27	01:50:56.62
823	293/2920	50/495	2954	Barb Smith	F	35	Hastings	NE	00:25:03.30	00:56:31.91	00:29:23.61	8:27	01:50:58.83
824	294/2920	51/495	2791	Tenille Rader	F	36	Hastings	NE	00:25:04.05	00:56:30.94	00:29:23.95	8:27	01:50:58.95
825	295/2920	33/405	4849	Kimberly Bailey	F	24	Omaha	NE	00:23:53.91	00:57:51.65	00:29:14.53	8:28	01:51:00.10
826	296/2920	34/405	3864	Kylie Kenedy	F	21	Kearney	NE	00:26:10.11	00:58:24.28	00:26:26.99	8:28	01:51:01.39
827	297/2920	66/515	579	Robyn Gonzales	F	33	Lincoln	NE	00:26:06.49	00:57:58.56	00:26:57.88	8:28	01:51:02.93
828	531/1586	56/168	2090	Brad Okamoto	M	46	Lincoln	NE	00:26:06.46	00:57:58.58	00:26:57.88	8:28	01:51:02.93
829	298/2920	52/495	380	Melissa Mazzulla	F	35	Martell	NE	00:25:30.37	00:57:31.37	00:28:02.56	8:28	01:51:04.31
830	532/1586	57/168	2342	Chris Lawler	M	45	Omaha	NE	00:26:04.47	00:58:09.36	00:26:51.65	8:28	01:51:05.49
831	299/2920	35/405	3726	Amanda Whebbe	F	24	South Saint Paul	MN	00:25:34.51	00:57:58.86	00:27:33.41	8:28	01:51:06.79
832	533/1586	50/183	6086	Dale Ruhl	M	42	Lincoln	NE	00:25:19.93	00:57:29.44	00:28:20.68	8:28	01:51:10.06
833	300/2920	12/238	2821	Deb Davis	F	45	Wichita	KS	00:26:22.17	00:58:02.81	00:26:46.05	8:28	01:51:11.04
834	301/2920	53/495	4445	Monica Miller	F	36	Omaha	NE	00:26:56.59	00:58:00.04	00:26:14.55	8:28	01:51:11.19
835	534/1586	51/183	2088	Matt Secoske	M	40	Lincoln	NE	00:27:05.56	00:56:33.89	00:27:32.06	8:28	01:51:11.52
836	535/1586	52/183	2333	Bill Udell	M	42	Lincoln	NE	00:27:05.31	00:56:33.65	00:27:32.57	8:28	01:51:11.54
837	536/1586	58/168	2361	Erik Eggland	M	49	Ankeny	IA	00:25:54.00	00:59:02.10	00:26:15.70	8:28	01:51:11.81
838	537/1586	7/46	5122	John Adcox	M	61	Lincoln	NE	00:25:41.54	00:57:41.45	00:27:51.92	8:29	01:51:14.92
839	302/2920	67/515	4520	Erin Dempsey	F	33	Lincoln	NE	00:27:01.61	00:57:25.48	00:26:50.41	8:29	01:51:17.50
840	538/1586	53/183	5605	Michael Cuadrado	M	41	Omaha	NE	00:25:32.60	00:58:09.20	00:27:38.18	8:29	01:51:19.98



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
841	303/2920	68/515	664	Kylie Widhelm	F	32	Omaha	NE	00:25:37.16	00:58:00.87	00:27:42.11	8:29	01:51:20.15
842	304/2920	54/495	3974	Lisa Easter	F	35	Omaha	NE	00:25:32.71	00:58:09.44	00:27:38.14	8:29	01:51:20.30
843	539/1586	54/183	5879	Darin Foster	M	42	Omaha	NE	00:25:13.85	00:58:32.49	00:27:37.18	8:29	01:51:23.53
844	305/2920	55/495	810	Jenna Dubas	F	39	Waverly	NE	00:27:01.82	00:58:35.24	00:25:46.99	8:29	01:51:24.06
845	306/2920	69/515	1020	Chelsea Tietjen	F	30	Dewitt	NE	00:26:07.15	00:58:29.03	00:26:50.91	8:30	01:51:27.10
846	540/1586	99/225	4994	Eric Kielian	M	26	Omaha	NE	00:25:53.99	00:57:55.90	00:27:37.70	8:30	01:51:27.59
847	541/1586	94/270	5743	Chris Cooley	M	34	Lincoln	NE	00:26:23.20	00:58:39.00	00:26:26.02	8:30	01:51:28.22
848	542/1586	76/226	5390	Nate Fox	M	37	Oxford	NE	00:26:23.84	00:58:38.36	00:26:26.09	8:30	01:51:28.30
849	543/1586	60/145	5228	Ethan Kerr	M	22	Hastings	NE	00:27:29.54	00:55:10.87	00:28:51.69	8:30	01:51:32.11
850	544/1586	61/145	1999	Kurt Brockett	M	24	Lincoln	NE	00:28:45.19	00:57:24.08	00:25:23.18	8:30	01:51:32.46
851	545/1586	100/225	2316	Ryan Messman	M	26	Lincoln	NE	00:25:51.58	00:58:41.72	00:27:00.99	8:30	01:51:34.31
852	307/2920	35/300	1987	Jennifer Mccallon	F	40	Saint Joseph	MO	00:25:29.65	00:56:37.47	00:29:29.49	8:30	01:51:36.62
853	308/2920	70/515	2991	Jessica Rodenbaugh	F	34	Grand Island	NE	00:25:31.52	00:57:03.40	00:29:02.76	8:30	01:51:37.69
854	309/2920	56/495	3271	Brandi Settje	F	38	Laurel	NE	00:25:57.73	00:58:59.15	00:26:41.17	8:30	01:51:38.05
855	546/1586	101/225	5051	Hunter Arterburn	M	28	Nebraska City	NE	00:26:31.94	00:59:28.27	00:25:39.76	8:31	01:51:39.97
856	310/2920	64/503	3722	Stephanie Ebke	F	28	Omaha	NE	00:25:41.79	00:58:01.88	00:27:56.83	8:31	01:51:40.50
857	547/1586	77/226	5763	Zach Croll	M	39	Omaha	NE	00:25:58.54	00:58:30.10	00:27:11.87	8:31	01:51:40.52
858	548/1586	23/101	4920	Roger Malcom	M	58	Grand Island	NE	00:27:10.65	00:57:29.42	00:27:05.81	8:31	01:51:45.89
859	311/2920	65/503	3355	Stephanie Tomjack	F	26	Bettendorf	IA	00:25:32.85	00:57:59.43	00:28:13.69	8:31	01:51:45.97
860	312/2920	20/119	6543	Bergen Bruhn	F	18	Lincoln	NE	00:25:17.06	00:57:00.52	00:29:28.46	8:31	01:51:46.04
861	549/1586	28/109	5249	Jerry Bricker	M	54	Lincoln	NE	00:26:17.56	00:58:44.38	00:26:46.19	8:31	01:51:48.14
862	313/2920	36/300	376	Dawn Lewis	F	43	Arnold	NE	00:25:30.82	00:58:50.54	00:27:29.68	8:31	01:51:51.04
863	550/1586	102/225	1765	Eric Hyde	M	26	Lincoln	NE	00:25:43.55	00:58:24.25	00:27:43.48	8:31	01:51:51.29
864	551/1586	78/226	5141	Timothy Suhr	M	38	Lincoln	NE			00:28:55.54	8:31	01:51:51.33
865	552/1586	29/109	5365	Rick Hoppe	M	51	Lincoln	NE	00:27:11.79	00:59:04.67	00:25:35.06	8:31	01:51:51.53
866	314/2920	71/515	1109	Sarah Safarik	F	30	Lincoln	NE	00:27:12.01	00:59:04.47	00:25:35.26	8:31	01:51:51.74
867	553/1586	95/270	1816	Andrew Eckerson	M	33	Lincoln	NE	00:25:55.46	00:58:19.87	00:27:36.65	8:32	01:51:51.98
868	315/2920	57/495	6344	Dana Moyer	F	38	Papillion	NE	00:25:53.54	00:58:13.46	00:27:47.34	8:32	01:51:54.34
869	316/2920	9/154	6394	Oonagh Thompsen	F	50	Elkhorn	NE	00:26:47.08	00:58:28.22	00:26:39.63	8:32	01:51:54.93
870	317/2920	13/238	3014	Kim Vachal	F	45	Lincoln	NE	00:25:38.29	00:58:25.58	00:27:52.20	8:32	01:51:56.07
871	318/2920	14/238	672	Amy Baumert	F	45	Saronville	NE	00:27:13.83	00:57:54.87	00:26:47.66	8:32	01:51:56.36
872	319/2920	36/405	638	Abby Barent	F	24	Kearney	NE	00:25:38.86	00:58:14.68	00:28:03.04	8:32	01:51:56.58
873	554/1586	30/109	4880	Mike Begnoche	M	51	Wichita	KS	00:26:56.80	00:58:42.90	00:26:17.91	8:32	01:51:57.61
874	555/1586	59/168	5726	Tim Winkelmann	M	49	Wichita	KS	00:26:57.25	00:58:41.78	00:26:19.62	8:32	01:51:58.67
875	556/1586	96/270	2048	Christopher Mackey	M	31	Lincoln	NE	00:26:19.99	00:58:07.68	00:27:31.90	8:32	01:51:59.58

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
876	320/2920	66/503	3297	Haley Sadler	F	29	Omaha	NE	00:25:48.94	00:59:12.52	00:26:58.43	8:32	01:51:59.89
877	321/2920	37/300	408	Tysha Lauterbach	F	43	Lincoln	NE	00:26:33.41	00:58:52.34	00:26:35.58	8:32	01:52:01.34
878	557/1586	97/270	5732	Ronald Sylvester	M	31	Omaha	NE	00:26:24.71	00:58:52.88	00:26:44.55	8:32	01:52:02.15
879	558/1586	60/168	5835	Patrick Goracke	M	47	Lincoln	NE	00:26:51.11	00:58:07.92	00:27:03.25	8:32	01:52:02.29
880	322/2920	37/405	643	Lauren Johnson	F	24	Seward	NE	00:25:53.49	00:58:43.38	00:27:26.52	8:32	01:52:03.40
881	323/2920	58/495	4545	Amy Dart	F	37	Lincoln	NE	00:26:12.17	00:58:24.67	00:27:26.84	8:32	01:52:03.68
882	559/1586	98/270	6001	Jim Doggett	M	31	Lincoln	NE	00:26:12.54	00:58:26.62	00:27:26.49	8:33	01:52:05.65
883	560/1586	99/270	5630	Jerad Changstrom	M	32	Lincoln	NE	00:25:19.47	00:58:23.97	00:28:25.55	8:33	01:52:09.00
884	324/2920	67/503	670	Ame Nelson	F	29	Lincoln	NE	00:26:16.49	00:58:53.12	00:27:01.83	8:33	01:52:11.45
885	325/2920	72/515	809	Kelly Wood	F	33	Treynor	IA	00:25:30.57	00:59:09.57	00:27:32.19	8:33	01:52:12.34
886	326/2920	15/238	3343	Susan Stadig	F	45	Elkhorn	NE	00:27:18.63	00:58:12.40	00:26:43.33	8:33	01:52:14.37
887	561/1586	100/270	5377	Paul Willman	M	34	Lincoln	NE	00:25:46.01	00:58:03.14	00:28:27.26	8:33	01:52:16.42
888	562/1586	37/64	5286	Nick Schmidt	M	18	Elkhorn	NE	00:26:05.74	00:58:58.83	00:27:13.09	8:33	01:52:17.66
889	563/1586	55/183	5824	Joe Schmidt	M	42	Elkhorn	NE	00:26:06.82	00:58:57.02	00:27:16.06	8:34	01:52:19.90
890	564/1586	61/168	5760	Rick Thornton	M	48	Elkhorn	NE	00:26:47.43	00:59:04.62	00:26:28.69	8:34	01:52:20.74
891	327/2920	38/405	3695	Brianna Paswaters	F	22	Beatrice	NE	00:26:31.17	00:59:20.91	00:26:30.11	8:34	01:52:22.20
892	328/2920	73/515	4407	Amanda Merz	F	31	Falls City	NE	00:26:38.84	00:58:53.28	00:26:50.42	8:34	01:52:22.54
893	565/1586	103/225	5527	Peter Rasmussen	M	27	Lincoln	NE	00:27:21.54	00:58:40.53	00:26:20.61	8:34	01:52:22.69
894	566/1586	31/109	5785	Byron Riesen	M	50	Beatrice	NE	00:26:32.08	00:59:20.44	00:26:30.36	8:34	01:52:22.89
895	567/1586	38/64	5776	Austin Svehla	M	19	Columbus	NE	00:25:53.36	00:56:43.08	00:29:46.45	8:34	01:52:22.90
896	329/2920	59/495	4219	Diana Friesen	F	37	Omaha	NE	00:26:16.06	00:59:14.80	00:26:52.19	8:34	01:52:23.06
897	330/2920	68/503	1262	Meleia Oestmann	F	27	Omaha	NE	00:26:17.18	00:59:14.30	00:26:52.29	8:34	01:52:23.77
898	331/2920	69/503	3096	Rachel Lucas	F	28	Grand Island	NE	00:26:08.88	00:58:27.14	00:27:50.43	8:34	01:52:26.46
899	332/2920	70/503	2966	Lyndsay Lierman	F	28	Lincoln	NE	00:26:35.77	00:58:09.13	00:27:43.12	8:34	01:52:28.04
900	568/1586	79/226	2491	Nate Messman	M	35	Waukee	IA	00:25:52.56	00:58:46.16	00:27:50.90	8:34	01:52:29.63
901	333/2920	71/503	4580	Alexis Mcclure	F	25	Wisner	NE	00:26:34.02	00:58:51.41	00:27:05.10	8:34	01:52:30.53
902	334/2920	10/154	1000	Joeth Zucco	F	51	Lincoln	NE	00:27:01.67	00:58:18.32	00:27:12.23	8:35	01:52:32.23
903	335/2920	39/405	767	Sierra Bixenmann	F	20	Grand Island	NE	00:26:49.25	00:58:28.85	00:27:15.24	8:35	01:52:33.35
904	336/2920	60/495	4047	Amy Slykhuis	F	38	Papillion	NE	00:25:45.25	00:58:28.09	00:28:20.02	8:35	01:52:33.36
905	337/2920	72/503	3992	Megan Freeman	F	28	Omaha	NE	00:26:57.69	00:58:18.41	00:27:19.35	8:35	01:52:35.46
906	569/1586	24/101	5121	Christopher Masada	M	56	Lincoln	NE	00:26:57.98	00:58:18.00	00:27:19.48	8:35	01:52:35.46
907	338/2920	38/300	3095	Amy Osterholt	F	42	Kearney	NE	00:25:28.01	00:58:19.19	00:28:49.84	8:35	01:52:37.05
908	570/1586	56/183	5573	Mike Osterholt	M	44	Kearney	NE	00:25:28.05	00:58:18.95	00:28:50.16	8:35	01:52:37.16
909	571/1586	101/270	1763	Nick Strobe	M	34	Lincoln	NE	00:26:10.01	00:58:57.39	00:27:30.53	8:35	01:52:37.94
910	339/2920	74/515	506	Betsy Strobe	F	33	Lincoln	NE	00:26:12.14	00:58:57.94	00:27:29.98	8:35	01:52:40.07

# The Good Life Haltsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
911	340/2920	61/495	2799	Tammy Consbruck	F	38	Gretna	NE	00:27:06.49	00:57:54.74	00:27:40.33	8:35	01:52:41.56
912	341/2920	62/495	822	Nicole Addison	F	35	Lincoln	NE	00:26:16.76	00:58:27.87	00:27:57.38	8:35	01:52:42.02
913	342/2920	63/495	3338	Christine Barth	F	37	Omaha	NE	00:27:07.30	00:57:54.81	00:27:40.08	8:35	01:52:42.20
914	343/2920	73/503	3509	Lindsey Diloreto	F	29	Kearney	NE	00:26:18.48	00:58:55.87	00:27:29.70	8:35	01:52:44.06
915	572/1586	80/226	2235	Jeff Sietstra	M	36	Papillion	NE	00:26:22.68	00:59:58.10	00:26:24.60	8:36	01:52:45.39
916	344/2920	16/238	864	Roxanne Filby	F	48	Lincoln	NE	00:25:57.92	00:58:47.45	00:28:02.98	8:36	01:52:48.37
917	573/1586	25/101	1893	Robert Beck	M	55	Lincoln	NE	00:27:08.16	00:59:26.39	00:26:15.69	8:36	01:52:50.24
918	345/2920	64/495	1704	Kelly Mcvey	F	37	Papillion	NE	00:27:00.53	00:58:45.25	00:27:07.60	8:36	01:52:53.38
919	346/2920	75/515	6294	Lori Kampsnider	F	33	Lincoln	NE	00:25:38.80	00:58:51.10	00:28:27.49	8:37	01:52:57.40
920	347/2920	39/300	208	Connie Roseberry	F	40	Omaha	NE	00:26:43.40	00:59:32.96	00:26:41.45	8:37	01:52:57.81
921	574/1586	57/183	5274	William Thibodeau	M	44	Omaha	NE	00:25:18.73	00:58:59.84	00:28:39.24	8:37	01:52:57.81
922	348/2920	40/405	2839	Brekkan Martinosky	F	22	Lincoln	NE	00:26:38.59	00:57:55.69	00:28:24.18	8:37	01:52:58.47
923	575/1586	58/183	6222	Ryan Roseberry	M	42	Omaha	NE	00:26:43.38	00:59:32.98	00:26:42.17	8:37	01:52:58.54
924	349/2920	76/515	4516	Kate Sibson	F	34	Lincoln	NE	00:26:17.30	00:59:23.46	00:27:17.78	8:37	01:52:58.55
925	576/1586	81/226	6434	Clark Ribble	M	38	Henderson	NE	00:24:48.80	01:00:02.94	00:28:08.34	8:37	01:53:00.09
926	350/2920	41/405	2961	Emily Ivory	F	20	Omaha	NE	00:26:42.29	01:00:23.61	00:25:54.60	8:37	01:53:00.51
927	351/2920	65/495	761	Marissa James	F	37	Lincoln	NE	00:26:39.96	00:59:25.12	00:26:58.68	8:37	01:53:03.77
928	577/1586	62/145	4974	Trevor Klein	M	21	Adams	NE	00:25:53.35	01:00:04.14	00:27:08.15	8:37	01:53:05.65
929	352/2920	77/515	322	Christie Calkins	F	31	Lincoln	NE	00:25:58.66	00:59:05.28	00:28:02.90	8:37	01:53:06.85
930	578/1586	82/226	2136	Heath Stukenholtz	M	36	Lincoln	NE	00:25:58.80	00:59:04.90	00:28:03.15	8:37	01:53:06.85
931	579/1586	104/225	5638	Mike Higgins	M	29	Yutan	NE	00:26:16.09	00:59:28.18	00:27:24.15	8:37	01:53:08.43
932	580/1586	59/183	6504	John Rutledge	M	40	Lincoln	NE	00:26:52.08	01:00:03.57	00:26:14.57	8:37	01:53:10.22
933	353/2920	17/238	3075	Patty Miller	F	49	Sioux Falls	SD	00:26:14.77	01:00:46.51	00:26:09.99	8:38	01:53:11.28
934	581/1586	63/145	5465	Taylor Sundermann	M	21	Omaha	NE	00:28:46.62	01:01:17.51	00:23:09.20	8:38	01:53:13.33
935	354/2920	40/300	2765	Carleigh Foland	F	41	Madison	SD	00:25:29.43	00:58:59.87	00:28:47.45	8:38	01:53:16.76
936	355/2920	78/515	3311	Katrina Rademacher	F	33	Lincoln	NE	00:25:14.78	00:58:17.65	00:29:44.78	8:38	01:53:17.21
937	356/2920	11/154	1111	Shelly Tvrdy	F	52	Seward	NE	00:26:51.13	00:59:22.33	00:27:05.48	8:38	01:53:18.96
938	357/2920	66/495	520	Jenny Pinkall	F	37	Seward	NE	00:26:51.04	00:59:22.57	00:27:05.44	8:38	01:53:19.06
939	358/2920	67/495	2858	Kristin Butterfield	F	35	Lincoln	NE	00:24:27.96	00:59:19.01	00:29:32.08	8:38	01:53:19.07
940	359/2920	68/495	3220	Lindsay Day	F	36	Lincoln	NE	00:25:37.36	00:59:29.84	00:28:11.91	8:38	01:53:19.11
941	582/1586	105/225	5065	Caleb Chvatal	M	28	Kearney	NE	00:26:12.17	00:59:16.18	00:27:51.54	8:38	01:53:19.90
942	583/1586	26/101	2204	Rick Pratt	M	56	La Vista	NE	00:26:28.96	00:59:34.03	00:27:17.06	8:38	01:53:20.06
943	360/2920	2/44	759	Sue Wambaugh	F	60	Lincoln	NE	00:25:53.77	00:59:05.32	00:28:23.96	8:38	01:53:23.06
944	584/1586	62/168	6557	J.P. Caruso	M	49	Lincoln	NE	00:26:58.10	01:00:21.32	00:26:04.34	8:39	01:53:23.76
945	585/1586	60/183	5328	Daniel Weyer	M	40	Lincoln	NE	00:26:50.35	00:58:57.81	00:27:39.98	8:39	01:53:28.15

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
946	586/1586	102/270	5912	Michael Bachman	M	33	Giltner	NE	00:26:16.83	00:59:31.23	00:27:40.80	8:39	01:53:28.86
947	587/1586	61/183	2036	Cameron Okeefe	M	40	Murdock	NE	00:25:00.36	00:58:41.26	00:29:47.90	8:39	01:53:29.52
948	588/1586	27/101	5945	Jim Dwyer	M	57	Marion	IA	00:28:44.14	00:58:29.78	00:26:16.17	8:39	01:53:30.09
949	589/1586	103/270	1935	David Neff Jr	M	34	Lincoln	NE	00:27:16.79	00:59:19.85	00:26:53.55	8:39	01:53:30.20
950	361/2920	12/154	1005	Julie Feist	F	50	Beatrice	NE	00:26:04.35	00:59:32.38	00:27:54.55	8:39	01:53:31.29
951	362/2920	21/119	6470	Luca Hinrichs	F	17	Lincoln	NE	00:25:52.48	00:59:53.41	00:27:45.85	8:39	01:53:31.75
952	590/1586	28/101	5855	Patrick Carraher	M	55	Lincoln	NE	00:25:50.33	00:59:01.31	00:28:41.87	8:39	01:53:33.52
953	591/1586	106/225	5147	Max Taylor	M	25	Lincoln	NE	00:26:01.15	01:00:07.73	00:27:25.53	8:39	01:53:34.42
954	363/2920	69/495	4346	Renee Gascon	F	37	Lincoln	NE	00:23:58.74	00:58:56.29	00:30:40.09	8:39	01:53:35.13
955	592/1586	104/270	4856	Chris Kusek	M	32	Lake Waukomis	MO	00:26:26.16	01:00:14.16	00:26:55.81	8:39	01:53:36.14
956	364/2920	41/300	4947	Sue Heaney	F	40	Omaha	NE	00:25:44.84	00:59:31.03	00:28:20.29	8:39	01:53:36.16
957	365/2920	79/515	2998	Chelsey Kusek	F	31	Lake Waukomis	MO	00:26:27.14	01:00:14.26	00:26:55.37	8:40	01:53:36.77
958	593/1586	62/183	2187	Brent Burch	M	42	Lincoln	NE	00:26:15.91	00:58:20.90	00:29:00.33	8:40	01:53:37.15
959	366/2920	74/503	930	Rebecca Christensen	F	27	Omaha	NE	00:26:23.80	00:59:30.21	00:27:43.95	8:40	01:53:37.96
960	367/2920	70/495	4847	Jenny Albertson	F	36	Elkhorn	NE	00:27:04.92	00:59:32.07	00:27:02.00	8:40	01:53:39.00
961	594/1586	63/183	5680	Mark Langrud	M	44	Lincoln	NE	00:26:34.96	00:59:43.92	00:27:23.63	8:40	01:53:42.52
962	368/2920	22/119	353	Lillian Butler-Hale	F	19	Lincoln	NE	00:24:50.10	00:59:45.11	00:29:07.91	8:40	01:53:43.12
963	369/2920	75/503	422	Dani Michaelis	F	28	Lincoln	NE	00:25:57.77	00:58:43.47	00:29:01.94	8:40	01:53:43.18
964	370/2920	80/515	6380	Becky Peebles	F	31	Bellevue	NE	00:26:31.17	01:00:39.70	00:26:33.50	8:40	01:53:44.38
965	371/2920	23/119	4006	Emily Zetterman	F	19	Omaha	NE	00:26:32.65	00:58:45.61	00:28:26.86	8:40	01:53:45.13
966	595/1586	29/101	2383	John Klein	M	59	Walton	NE	00:26:43.48	00:59:31.15	00:27:31.33	8:40	01:53:45.97
967	596/1586	8/46	2075	Tom Larson	M	62	Lincoln	NE	00:25:57.63	00:59:17.36	00:28:31.56	8:40	01:53:46.55
968	372/2920	76/503	3190	Alison Broadwell	F	29	Papillion	NE	00:26:43.38	01:00:25.35	00:26:40.28	8:40	01:53:49.02
969	373/2920	77/503	251	Stephanie Ritter	F	29	Lincoln	NE	00:24:14.72	00:58:02.40	00:31:32.84	8:41	01:53:49.97
970	597/1586	39/64	2200	Connor Heath	M	17	Lincoln	NE	00:23:26.56	00:52:03.83	00:38:19.84	8:41	01:53:50.24
971	374/2920	78/503	3181	Abigail Jameson	F	25	Lincoln	NE	00:25:46.42	01:00:22.35	00:27:42.26	8:41	01:53:51.03
972	375/2920	18/238	2756	Eva Lindahl	F	47	Lincoln	NE	00:27:03.87	01:00:25.02	00:26:22.64	8:41	01:53:51.53
973	598/1586	105/270	6208	Derek Brown	M	32	Kansas City	MO	00:26:22.59	00:59:36.11	00:27:54.08	8:41	01:53:52.79
974	376/2920	71/495	6404	Shannon Rensink	F	39	Boyden	IA	00:25:59.52	00:59:35.38	00:28:18.46	8:41	01:53:53.37
975	599/1586	106/270	1700	Marc Lorenz	M	31	Lincoln	NE	00:28:16.21	00:58:14.50	00:27:29.10	8:41	01:53:59.82
976	600/1586	64/183	2197	Charles Braymen	M	40	Omaha	NE	00:25:04.13	00:59:49.55	00:29:06.51	8:41	01:54:00.21
977	601/1586	107/270	2271	Drew Logeman	M	30	Omaha	NE	00:26:15.33	01:00:12.22	00:27:33.44	8:41	01:54:01.00
978	377/2920	81/515	3775	Molly Geis	F	31	Lincoln	NE	00:26:45.98	01:00:01.72	00:27:14.69	8:41	01:54:02.40
979	602/1586	30/101	4900	James Hunter	M	59	Council Bluffs	IA	00:27:33.14	00:59:30.24	00:27:00.64	8:42	01:54:04.03
980	378/2920	82/515	1321	Michaela Schleicher	F	34	Lincoln	NE	00:26:44.45	01:00:34.61	00:26:46.49	8:42	01:54:05.56

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
981	379/2920	79/503	1733	Morgan Mueller	F	27	Omaha	NE	00:24:48.51	00:58:05.16	00:31:12.84	8:42	01:54:06.51
982	603/1586	32/109	5098	Kurt Peterson	M	50	Plano	TX	00:26:26.70	01:00:05.76	00:27:36.55	8:42	01:54:09.02
983	604/1586	108/270	4998	Matt Rauert	M	32	Lincoln	NE	00:23:40.95	01:00:22.88	00:30:05.77	8:42	01:54:09.61
984	605/1586	109/270	2104	Oleg Orlov	M	32	Lincoln	NE	00:23:05.91	00:59:29.05	00:31:35.58	8:42	01:54:10.55
985	606/1586	83/226	5269	Marcelo Plioplis	M	37	Lincoln	NE	00:26:29.52	00:58:50.40	00:28:51.12	8:42	01:54:11.04
986	607/1586	63/168	6447	Andrew Tweedy	M	49	Bennington	NE	00:26:36.26	01:00:09.99	00:27:25.08	8:42	01:54:11.33
987	608/1586	84/226	5290	Matt Osmond	M	37	Lincoln	NE	00:26:12.99	00:58:42.01	00:29:20.53	8:42	01:54:15.53
988	380/2920	72/495	2782	Teresa Osmond	F	37	Lincoln	NE	00:26:13.26	00:58:41.57	00:29:21.28	8:43	01:54:16.12
989	381/2920	42/405	4045	Libby Koukol	F	20	Lincoln	NE	00:27:44.33	00:59:57.55	00:26:34.34	8:43	01:54:16.23
990	609/1586	110/270	5232	Keith Elliott	M	34	Lincoln	NE	00:28:09.65	01:00:37.35	00:25:29.24	8:43	01:54:16.25
991	382/2920	73/495	2763	Kelly Behney	F	37	Gretna	NE	00:27:26.90	01:00:10.28	00:26:39.44	8:43	01:54:16.63
992	383/2920	74/495	2602	Sarah Harre	F	37	Crete	NE	00:27:28.68	00:59:23.41	00:27:26.08	8:43	01:54:18.17
993	610/1586	65/183	1806	Chad Steiner	M	42	Lincoln	NE	00:26:43.39	00:59:17.80	00:28:18.02	8:43	01:54:19.21
994	384/2920	83/515	3067	Leslie Sharp	F	31	Beatrice	NE	00:25:03.32	00:58:29.12	00:30:47.04	8:43	01:54:19.48
995	385/2920	84/515	3530	Stephanie Wright	F	33	Minden	NE	00:25:58.85	00:59:35.99	00:28:45.52	8:43	01:54:20.37
996	386/2920	85/515	3290	Michelle Schmelzle	F	32	Marysville	KS	00:25:46.30	00:58:59.58	00:29:34.57	8:43	01:54:20.46
997	387/2920	80/503	183	Erica Ostgren	F	29	Seward	NE	00:27:07.17	01:00:36.02	00:26:37.65	8:43	01:54:20.85
998	388/2920	86/515	3381	Lindsey Langemeier	F	30	Colon	NE	00:26:45.72	00:59:03.55	00:28:32.54	8:43	01:54:21.81
999	611/1586	64/168	2305	Rob Ostdiek	M	46	Beatrice	NE	00:26:49.07	01:00:34.81	00:26:58.57	8:43	01:54:22.45
1000	612/1586	33/109	5511	Joe Snyder	M	54	Bloomfield	IA	00:25:58.02	00:59:38.79	00:28:45.96	8:43	01:54:22.77
1001	613/1586	85/226	1792	Joe Woracek	M	35	Plattsmouth	NE	00:25:32.29	01:00:24.91	00:28:25.58	8:43	01:54:22.78
1002	389/2920	81/503	4613	Sarah Noordam	F	26	Omaha	NE	00:26:37.58	01:00:28.16	00:27:17.67	8:43	01:54:23.42
1003	614/1586	9/46	5918	Alan Bottger	M	61	Lincoln	NE	00:26:08.65	00:59:27.59	00:28:47.57	8:43	01:54:23.82
1004	390/2920	43/405	348	Melissa Trapp	F	20	Lincoln	NE	00:27:56.88	00:59:50.26	00:26:36.70	8:43	01:54:23.85
1005	391/2920	44/405	286	Katie Trapp	F	20	Lincoln	NE	00:27:56.70	00:59:50.65	00:26:36.71	8:43	01:54:24.07
1006	615/1586	65/168	6512	Jesse Depriest	M	49	Omaha	NE	00:25:43.52	01:00:15.93	00:28:26.14	8:43	01:54:25.60
1007	616/1586	111/270	4893	Jonathon Reimer	M	31	Lincoln	NE	00:27:24.03	01:00:04.94	00:26:57.19	8:43	01:54:26.17
1008	392/2920	82/503	1078	Jennifer Gramlich	F	27	Bellevue	NE	00:26:06.04	01:00:03.16	00:28:17.41	8:43	01:54:26.61
1009	393/2920	6/104	3379	Holly Beeman	F	59	Eagle	NE	00:26:50.30	01:00:27.97	00:27:09.62	8:43	01:54:27.90
1010	394/2920	7/104	3546	Christine Sebesta	F	59	Springfield	NE	00:27:38.06	01:00:02.34	00:26:49.75	8:44	01:54:30.16
1011	617/1586	66/183	2229	James Swanson	M	40	Staplehurst	NE	00:26:44.69	01:00:09.92	00:27:36.81	8:44	01:54:31.42
1012	618/1586	112/270	5487	Jake Molko	M	30	Omaha	NE	00:27:18.31	01:00:51.76	00:26:23.84	8:44	01:54:33.92
1013	395/2920	87/515	966	Ashley Styskal	F	33	Syracuse	NE	00:26:57.54	00:58:55.38	00:28:41.14	8:44	01:54:34.06
1014	396/2920	19/238	3224	Megan Berry Barlow	F	48	Weeping Water	NE	00:26:48.59	00:59:53.53	00:27:53.20	8:44	01:54:35.32
1015	619/1586	31/101	5193	Doug Barlow	M	55	Weeping Water	NE	00:26:48.00	00:59:53.98	00:27:53.59	8:44	01:54:35.58

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1016	620/1586	107/225	5276	Taylor Hyatt	M	29	Lincoln	NE	00:27:30.11	01:00:49.80	00:26:16.27	8:44	01:54:36.19
1017	397/2920	75/495	3815	Miranda Watson	F	36	Lincoln	NE	00:27:26.54	01:00:55.65	00:26:14.64	8:44	01:54:36.84
1018	398/2920	83/503	4182	Alison Mooney	F	27	Omaha	NE	00:27:42.77	00:59:18.67	00:27:35.58	8:44	01:54:37.03
1019	399/2920	88/515	2697	Cali Broders	F	31	Lincoln	NE	00:27:25.62	01:00:48.33	00:26:27.68	8:44	01:54:41.63
1020	400/2920	45/405	3967	Rachel Rathjen	F	23	York	NE	00:27:32.97	00:59:39.51	00:27:29.61	8:44	01:54:42.09
1021	401/2920	46/405	1266	Morgan Thorson	F	20	Columbus	NE	00:25:57.48	01:00:12.92	00:28:32.99	8:45	01:54:43.39
1022	402/2920	13/154	4173	Regan Harsin	F	54	Syracuse	NE	00:27:30.06	00:59:49.47	00:27:26.34	8:45	01:54:45.87
1023	621/1586	108/225	6565	Brett Castinado	M	28	Omaha	NE	00:28:39.95	00:56:19.38	00:29:46.83	8:45	01:54:46.18
1024	403/2920	84/503	3175	Katie Hurd	F	26	Gretna	NE	00:23:38.35	00:58:29.74	00:32:38.80	8:45	01:54:46.90
1025	404/2920	89/515	708	Mary Claire Sweet	F	34	Omaha	NE	00:27:06.17	01:00:14.45	00:27:26.43	8:45	01:54:47.05
1026	622/1586	113/270	1752	Alex Hook	M	32	Omaha	NE	00:27:05.85	01:00:14.66	00:27:26.56	8:45	01:54:47.07
1027	405/2920	42/300	6582	Jennifer Clercx	F	41	Dakota Dunes	SD	00:26:27.44	01:00:20.89	00:27:58.92	8:45	01:54:47.26
1028	406/2920	43/300	644	Julie Guyton	F	41	Lincoln	NE	00:26:06.54	01:00:15.76	00:28:26.22	8:45	01:54:48.52
1029	407/2920	44/300	688	Barbi Clementi	F	44	Lincoln	NE	00:26:07.09	01:00:15.67	00:28:26.06	8:45	01:54:48.82
1030	408/2920	45/300	2947	Sarah Milhan	F	41	Gretna	NE	00:27:24.52	01:00:10.71	00:27:13.91	8:45	01:54:49.15
1031	623/1586	67/183	1794	Hugo Gomez	M	43	Lincoln	NE	00:27:31.33	00:59:22.58	00:27:55.87	8:45	01:54:49.79
1032	409/2920	90/515	1423	Karlin Warner	F	32	Lincoln	NE	00:27:14.31	01:00:36.11	00:27:00.89	8:45	01:54:51.32
1033	410/2920	91/515	4059	Erin Pinneo	F	32	York	NE	00:26:10.99	01:00:23.58	00:28:18.33	8:45	01:54:52.90
1034	624/1586	64/145	5254	Mitch Herbig	M	22	Central City	NE	00:27:26.79	01:01:19.62	00:26:06.85	8:45	01:54:53.26
1035	411/2920	85/503	928	Kassie Guest	F	26	Sioux City	IA	00:28:08.23	01:01:26.12	00:25:25.83	8:46	01:55:00.18
1036	412/2920	46/300	3538	Jaime Kreutz	F	41	Giltner	NE	00:27:37.70	01:00:51.46	00:26:31.71	8:46	01:55:00.89
1037	413/2920	76/495	287	Tami Clark	F	39	Dewitt	NE	00:27:34.40	00:59:58.11	00:27:29.08	8:46	01:55:01.59
1038	414/2920	20/238	4440	Monica Sumner	F	45	Olathe	KS	00:27:01.29	01:00:30.39	00:27:29.95	8:46	01:55:01.64
1039	415/2920	47/405	3047	Chelsey Urbauer	F	22	Omaha	NE	00:27:38.13	01:00:53.02	00:26:30.50	8:46	01:55:01.66
1040	416/2920	48/405	2718	Mallory Spargen	F	23	La Vista	NE	00:27:15.79	01:00:09.17	00:27:36.97	8:46	01:55:01.94
1041	625/1586	40/64	5171	Salman Djingueinabay	M	17	Lincoln	NE	00:26:58.33	01:00:19.37	00:27:44.52	8:46	01:55:02.23
1042	626/1586	68/183	5370	Brian O'hare	M	41	Crete	NE	00:27:20.06	00:59:03.87	00:28:41.37	8:46	01:55:05.31
1043	417/2920	92/515	3793	Tasha Kreikemeier	F	34	Davey	NE	00:26:57.56	00:59:46.59	00:28:21.26	8:46	01:55:05.42
1044	627/1586	109/225	5320	Sam Spiehs	M	29	Grand Island	NE	00:26:18.29	00:59:15.26	00:29:31.99	8:46	01:55:05.54
1045	628/1586	110/225	4859	Nate Flick	M	27	Omaha	NE	00:27:17.00	01:01:12.89	00:26:35.66	8:46	01:55:05.56
1046	418/2920	86/503	361	Melissa Wadzinski	F	27	Lincoln	NE	00:25:28.53	01:00:08.14	00:29:30.46	8:46	01:55:07.13
1047	419/2920	87/503	2721	Sara Streedbeck	F	29	Lincoln	NE	00:25:41.34	00:59:33.48	00:29:52.87	8:46	01:55:07.70
1048	629/1586	69/183	5552	Brian Gill	M	40	Omaha	NE	00:25:07.11	00:59:21.82	00:30:39.63	8:47	01:55:08.57
1049	630/1586	86/226	2469	Aaron Rutt	M	35	Lincoln	NE	00:27:29.30	00:59:13.21	00:28:29.16	8:47	01:55:11.68
1050	631/1586	114/270	2050	Jeffery Ahern	M	33	Lincoln	NE	00:26:38.80	01:00:24.62	00:28:08.48	8:47	01:55:11.91

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1051	420/2920	24/119	1690	Natalie Zoz	F	16	Lincoln	NE	00:26:33.74	01:01:36.59	00:27:03.05	8:47	01:55:13.39
1052	632/1586	111/225	5671	Omkar Gaonkar	M	29	Lincoln	NE	00:26:08.02	01:00:41.98	00:28:25.00	8:47	01:55:15.01
1053	421/2920	21/238	4091	Diane Challacombe	F	45	Manhattan	KS	00:27:43.13	01:00:25.27	00:27:07.58	8:47	01:55:15.98
1054	422/2920	77/495	1607	Stephanie Healey	F	36	Norwalk	IA	00:25:39.93	00:59:45.79	00:29:50.92	8:47	01:55:16.65
1055	633/1586	115/270	5735	James Tessier	M	30	Lincoln	NE	00:26:38.73	01:00:28.66	00:28:09.76	8:47	01:55:17.15
1056	634/1586	112/225	1772	Roger Cattle	M	28	Lincoln	NE	00:26:05.39	00:59:17.51	00:29:55.45	8:47	01:55:18.35
1057	423/2920	25/119	764	Madison Whitney	F	17	Lincoln	NE	00:26:33.71	01:01:36.14	00:27:10.08	8:47	01:55:19.94
1058	424/2920	88/503	882	Kelsey Kovar	F	29	Schuyler	NE	00:26:44.17	01:00:34.33	00:28:02.89	8:47	01:55:21.40
1059	635/1586	5/23	1802	Cody Bruss	M	14	Lincoln	NE	00:26:57.86	00:58:24.74	00:29:59.30	8:48	01:55:21.91
1060	425/2920	78/495	3347	Shawna Schildt	F	37	Eagle	NE	00:26:33.64	01:00:49.82	00:27:59.00	8:48	01:55:22.47
1061	636/1586	66/168	1881	Mark Schuldt	M	48	Papillion	NE	00:27:39.36	01:00:32.60	00:27:10.70	8:48	01:55:22.66
1062	426/2920	79/495	319	Heather George	F	38	Hershey	NE	00:26:39.08	01:00:02.16	00:28:41.83	8:48	01:55:23.08
1063	427/2920	93/515	3704	Lynn Sund	F	30	Creighton	NE	00:26:33.35	01:00:51.02	00:27:58.96	8:48	01:55:23.34
1064	428/2920	89/503	934	Karin Schmit	F	26	Omaha	NE	00:27:09.38	01:00:10.66	00:28:03.59	8:48	01:55:23.64
1065	637/1586	116/270	5555	Michael Blackburn	M	30	Lincoln	NE	00:28:30.64	01:00:09.07	00:26:44.39	8:48	01:55:24.10
1066	638/1586	113/225	5367	Brenn Kai	M	27	Pender	NE	00:26:31.87	00:58:52.80	00:29:59.92	8:48	01:55:24.60
1067	639/1586	117/270	2130	Kyle Steinkuhler	M	32	Lincoln	NE	00:26:08.30	01:00:06.96	00:29:09.56	8:48	01:55:24.83
1068	640/1586	118/270	5139	Titus Cyriacks	M	33	Lincoln	NE	00:27:32.56	01:01:46.85	00:26:07.49	8:48	01:55:26.91
1069	429/2920	14/154	3229	Becky Fields	F	52	Council Bluffs	IA	00:27:02.16	00:59:55.44	00:28:29.84	8:48	01:55:27.44
1070	641/1586	34/109	5458	Don Moldenhauer	M	51	Omaha	NE	00:26:53.46	01:00:21.75	00:28:12.52	8:48	01:55:27.74
1071	642/1586	87/226	5839	Jeff Wellwood	M	37	Omaha	NE	00:27:14.51	01:00:00.70	00:28:15.87	8:48	01:55:31.09
1072	430/2920	49/405	3049	Hannah Evans	F	23	Lincoln	NE	00:26:06.59	00:59:45.64	00:29:40.51	8:48	01:55:32.75
1073	643/1586	114/225	2150	Tyler Morrison	M	27	Lincoln	NE	00:30:34.89	01:02:27.32	00:22:30.66	8:48	01:55:32.87
1074	431/2920	90/503	995	Melisa Jack	F	27	Omaha	NE	00:26:51.94	01:00:57.41	00:27:44.04	8:48	01:55:33.40
1075	432/2920	91/503	6229	Cassie Chilton	F	25	Sioux City	IA	00:27:38.13	00:59:38.41	00:28:18.71	8:49	01:55:35.25
1076	433/2920	50/405	4535	Elizabeth Kube	F	23	Lincoln	NE	00:27:38.45	00:59:38.17	00:28:18.94	8:49	01:55:35.57
1077	644/1586	65/145	6246	James Gilley Iii	M	21	Winter Garden	FL	00:27:31.02	01:02:28.92	00:25:37.48	8:49	01:55:37.42
1078	645/1586	67/168	5441	Jeremy Nordmeyer	M	45	Lincoln	NE	00:26:35.17	00:59:38.40	00:29:25.07	8:49	01:55:38.65
1079	646/1586	119/270	2509	Robert Siefers	M	33	Papillion	NE	00:26:41.85	01:00:51.42	00:28:07.19	8:49	01:55:40.46
1080	434/2920	22/238	4007	Buffy Gratton	F	49	Elkhorn	NE	00:26:55.81	00:59:57.14	00:28:47.93	8:49	01:55:40.88
1081	435/2920	47/300	1721	Sue Aliano	F	40	Omaha	NE	00:25:44.42	00:59:30.92	00:30:27.61	8:49	01:55:42.96
1082	647/1586	120/270	4857	Jesse Doyle	M	32	Lincoln	NE	00:28:18.89	00:59:31.79	00:27:53.50	8:49	01:55:44.19
1083	648/1586	66/145	6416	Calvin Lipetzky	M	23	Sioux Falls	SD	00:28:18.66	01:01:18.96	00:26:07.85	8:49	01:55:45.48
1084	436/2920	26/119	2637	Carly Olmhausen	F	18	Omaha	NE	00:26:41.72	01:00:50.30	00:28:13.95	8:49	01:55:45.98
1085	649/1586	115/225	5754	Colin Davis	M	27	Lincoln	NE	00:29:25.32	01:01:01.18	00:25:20.72	8:49	01:55:47.23

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1086	650/1586	116/225	2325	Scot Donner	M	28	Omaha	NE	00:27:09.20	01:00:10.62	00:28:27.74	8:49	01:55:47.57
1087	651/1586	88/226	5644	Chris Kloch	M	35	Lincoln	NE	00:26:57.80	01:00:22.22	00:28:30.11	8:50	01:55:50.14
1088	437/2920	51/405	6387	Elizabeth Mattern	F	20	Omaha	NE	00:26:17.97	01:00:26.67	00:29:07.45	8:50	01:55:52.09
1089	438/2920	92/503	3022	Alexis Lipson	F	25	Lincoln	NE	00:24:47.19	01:00:01.86	00:31:03.15	8:50	01:55:52.20
1090	439/2920	93/503	4564	Julia Harris	F	26	Omaha	NE	00:29:25.35	00:59:28.95	00:26:58.68	8:50	01:55:53.00
1091	652/1586	32/101	5366	Robert Kerr	M	55	Hastings	NE	00:27:28.82	00:59:16.00	00:29:09.86	8:50	01:55:54.69
1092	440/2920	23/238	3622	Laura Bostwick	F	49	Omaha	NE	00:27:17.50	00:59:33.50	00:29:04.00	8:50	01:55:55.00
1093	653/1586	89/226	5339	Louis Hanson	M	38	Lincoln	NE	00:29:16.30	00:57:08.16	00:29:31.10	8:50	01:55:55.57
1094	654/1586	117/225	4961	Zackery Krei	M	29	Lincoln	NE	00:27:20.15	01:00:52.00	00:27:45.62	8:50	01:55:57.77
1095	441/2920	1/20	2811	Taylor Koch	F	12	Blue Springs	NE	00:26:54.46	01:00:58.87	00:28:04.79	8:50	01:55:58.13
1096	442/2920	80/495	3450	Brooke Koch	F	36	Blue Springs	NE	00:26:54.07	01:00:59.96	00:28:04.89	8:50	01:55:58.93
1097	655/1586	118/225	6321	Ben Theye	M	27	Lincoln	NE	00:26:34.39	01:00:28.59	00:28:56.40	8:50	01:55:59.40
1098	656/1586	121/270	5164	Rishi Batra	M	30	Omaha	NE	00:26:36.06	01:00:27.90	00:28:55.90	8:50	01:55:59.87
1099	443/2920	94/503	3106	Amanda Jurgens	F	28	Omaha	NE	00:26:43.13	01:00:22.45	00:28:55.05	8:50	01:56:00.63
1100	657/1586	90/226	5291	Adam Lorraine	M	37	Lincoln	NE	00:27:53.57	01:00:14.81	00:27:52.35	8:50	01:56:00.73
1101	444/2920	81/495	2724	Lindsay Lorraine	F	35	Lincoln	NE	00:27:53.67	01:00:14.79	00:27:52.37	8:50	01:56:00.84
1102	445/2920	95/503	3093	Kristen Raabe	F	26	Omaha	NE	00:26:43.59	01:00:22.52	00:28:54.83	8:51	01:56:00.95
1103	446/2920	96/503	445	Dana Raml	F	28	Omaha	NE	00:26:45.80	01:00:48.39	00:28:30.04	8:51	01:56:04.24
1104	658/1586	33/101	2242	Lee Cornell	M	58	Omaha	NE	00:24:24.04	01:01:46.45	00:29:53.74	8:51	01:56:04.25
1105	447/2920	97/503	279	Kalie Larson	F	27	Lincoln	NE	00:27:13.70	01:01:56.96	00:26:54.17	8:51	01:56:04.84
1106	448/2920	27/119	3081	Lauren Bierman	F	19	St. Paul	MN	00:26:39.57	00:59:45.14	00:29:40.42	8:51	01:56:05.13
1107	449/2920	82/495	1196	Amanda Wellman	F	37	Omaha	NE	00:27:31.61	01:00:35.19	00:28:00.64	8:51	01:56:07.45
1108	450/2920	98/503	6326	Mary Savage	F	29	Omaha	NE	00:27:00.19	01:02:48.68	00:26:20.60	8:51	01:56:09.48
1109	451/2920	99/503	406	Malinda Bruns	F	29	Norfolm	NE	00:26:13.20	01:00:08.01	00:29:48.83	8:51	01:56:10.05
1110	659/1586	91/226	5212	Tim Nguyen	M	35	Omaha	NE	00:25:18.41	00:58:25.17	00:32:27.59	8:51	01:56:11.18
1111	452/2920	100/503	4138	Allison Hurlbut	F	25	Lincoln	NE	00:27:34.15	01:00:59.34	00:27:37.71	8:51	01:56:11.20
1112	453/2920	48/300	3214	Melanie Myers	F	43	Sargent	NE	00:26:21.71	01:00:39.14	00:29:10.44	8:51	01:56:11.30
1113	454/2920	94/515	3141	Elizabeth Zetterman	F	30	Lincoln	NE	00:27:20.32	01:01:11.43	00:27:40.32	8:51	01:56:12.08
1114	455/2920	95/515	690	Lindsey Tonniges	F	34	Gresham	NE	00:27:49.15	01:00:30.34	00:27:52.77	8:51	01:56:12.26
1115	660/1586	34/101	5923	Steve Merkel	M	56	Omaha	NE	00:27:37.36	01:00:02.74	00:28:33.97	8:52	01:56:14.08
1116	456/2920	49/300	268	Jori Newell	F	43	Eagle	NE	00:26:33.13	01:00:52.64	00:28:49.64	8:52	01:56:15.42
1117	457/2920	28/119	1320	Emily Klein	F	19	Adams	NE	00:25:53.28	01:01:07.24	00:29:14.99	8:52	01:56:15.52
1118	458/2920	50/300	545	Jo Mcaleer	F	43	Omaha	NE	00:26:11.67	01:00:57.55	00:29:09.31	8:52	01:56:18.53
1119	459/2920	15/154	1739	Jill Hurlbut	F	53	Lincoln	NE	00:27:35.73	01:00:56.81	00:27:46.59	8:52	01:56:19.13
1120	460/2920	52/405	5643	Lauren Works	F	22	Lincoln	NE	00:28:37.34	01:00:32.93	00:27:09.04	8:52	01:56:19.32



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1121	661/1586	41/64	1762	Jared Teckmeyer	M	19	Lincoln	NE	00:25:36.15	00:55:39.51	00:35:04.10	8:52	01:56:19.77
1122	662/1586	35/101	2371	Joel Christensen	M	55	Gretna	NE	00:25:51.50	00:57:15.74	00:33:13.01	8:52	01:56:20.26
1123	663/1586	92/226	2202	Mark Ahmann	M	35	Lincoln	NE	00:26:46.76	01:01:41.69	00:27:52.41	8:52	01:56:20.87
1124	664/1586	36/101	6288	David Steinkruger	M	55	Plattsmouth	NE	00:26:41.75	01:00:44.94	00:28:54.71	8:52	01:56:21.42
1125	665/1586	119/225	2177	Evan Hanlin	M	27	Lincoln	NE	00:27:54.13	01:02:09.65	00:26:17.83	8:52	01:56:21.62
1126	666/1586	93/226	5108	Craig Ehlers	M	37	Omaha	NE	00:25:40.46	00:58:45.00	00:31:57.22	8:52	01:56:22.68
1127	667/1586	68/168	5106	Michael Wiese	M	45	Omaha	NE	00:27:06.35	01:01:20.96	00:27:56.73	8:52	01:56:24.05
1128	461/2920	51/300	3637	Sandra Wiese	F	43	Omaha	NE	00:27:06.33	01:01:20.86	00:27:56.93	8:52	01:56:24.13
1129	668/1586	94/226	1747	Ron Carson	M	38	Omaha	NE	00:26:24.88	01:00:22.26	00:29:37.16	8:52	01:56:24.30
1130	462/2920	96/515	3006	Meagan Fritzing	F	31	Lincoln	NE	00:27:24.59	01:00:16.35	00:28:43.70	8:52	01:56:24.65
1131	463/2920	29/119	378	Laura Martin	F	15	Hickman	NE	00:28:54.17	00:59:56.18	00:27:35.85	8:52	01:56:26.20
1132	464/2920	30/119	988	Abby Volkmer	F	16	Lincoln	NE	00:28:54.17	00:59:56.18	00:27:35.85	8:52	01:56:26.20
1133	465/2920	31/119	232	Madison Schafers	F	16	Lincoln	NE	00:28:54.05	00:59:56.40	00:27:35.85	8:52	01:56:26.30
1134	669/1586	2/16	1867	Blaine Johnson	M	68	York	NE	00:27:31.45	01:00:44.01	00:28:12.56	8:53	01:56:28.02
1135	670/1586	122/270	5698	David Golemboski	M	32	Columbia	MO	00:27:32.05	01:01:50.39	00:27:06.03	8:53	01:56:28.47
1136	671/1586	120/225	5324	Carsen Kuehl	M	27	Lincoln	NE	00:27:08.82	01:00:26.75	00:28:53.34	8:53	01:56:28.91
1137	466/2920	83/495	4305	Amy Divis	F	36	Lincoln	NE	00:26:30.59	01:01:27.01	00:28:31.83	8:53	01:56:29.44
1138	467/2920	101/503	696	Kristine Kuehl	F	26	Lincoln	NE	00:27:07.34	01:00:28.17	00:28:54.18	8:53	01:56:29.69
1139	468/2920	84/495	264	Jennifer Olsen	F	38	Lincoln	NE	00:26:38.31	01:00:35.52	00:29:15.95	8:53	01:56:29.79
1140	469/2920	52/300	838	Laurel Badura	F	43	Kearney	NE	00:27:19.97	01:01:00.04	00:28:10.08	8:53	01:56:30.10
1141	470/2920	85/495	3071	Sarah Pillen	F	36	Columbus	NE	00:25:47.64	00:59:14.59	00:31:28.59	8:53	01:56:30.83
1142	471/2920	86/495	4070	Crystal Neihoff	F	35	Papillion	NE	00:25:33.24	01:01:08.43	00:29:49.41	8:53	01:56:31.09
1143	672/1586	67/145	5948	Chris Bausback	M	20	Omaha	NE	00:27:53.55	01:00:49.75	00:27:47.96	8:53	01:56:31.27
1144	472/2920	87/495	6449	Jamie Gemar	F	37	Omaha	NE	00:26:13.43	01:00:44.68	00:29:33.69	8:53	01:56:31.81
1145	473/2920	102/503	3508	Cortnee Pankonin	F	29	Papillon	NE	00:27:10.50	01:00:24.21	00:28:59.84	8:53	01:56:34.55
1146	474/2920	103/503	3555	Katie Marker	F	28	Kearney	NE	00:26:33.05	00:59:53.01	00:30:09.39	8:53	01:56:35.45
1147	475/2920	53/300	788	Amy Thome	F	40	Kearney	NE	00:25:46.97	00:59:54.16	00:30:54.70	8:53	01:56:35.83
1148	673/1586	121/225	5889	Max Anderson	M	25	Lincoln	NE	00:27:40.78	01:02:20.39	00:26:35.71	8:53	01:56:36.89
1149	674/1586	95/226	5162	Seth Meranda	M	38	Lincoln	NE	00:26:51.61	01:01:48.27	00:27:57.05	8:53	01:56:36.94
1150	675/1586	70/183	5145	Ricardo Vizquete	M	43	Omaha	NE	00:27:34.07	01:01:31.23	00:27:32.94	8:53	01:56:38.25
1151	476/2920	8/104	161	Therese Liegl	F	59	Lincoln	NE	00:26:18.19	01:00:50.97	00:29:29.14	8:53	01:56:38.30
1152	477/2920	97/515	817	Ashley Myers	F	34	Lincoln	NE	00:26:56.77	01:00:59.16	00:28:42.40	8:53	01:56:38.34
1153	478/2920	32/119	462	Emma Lauterbach	F	17	Lincoln	NE	00:26:33.59	01:01:09.89	00:28:55.19	8:53	01:56:38.68
1154	676/1586	122/225	5067	Charles Nguyen	M	25	Lincoln	NE	00:27:14.97	00:58:43.13	00:30:41.35	8:53	01:56:39.46
1155	677/1586	96/226	5331	Justin Herrmann	M	37	Kearney	NE	00:26:09.34	01:01:02.83	00:29:29.79	8:54	01:56:41.97

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1156	479/2920	53/405	2952	Danielle Vlcek	F	21	Lincoln	NE	00:26:25.00	01:00:13.43	00:30:08.59	8:54	01:56:47.03
1157	480/2920	98/515	409	Sandy Galvan	F	30	Lincoln	NE	00:27:26.20	01:00:58.00	00:28:24.01	8:54	01:56:48.21
1158	481/2920	88/495	6453	Lindsey Boesch	F	36	Omaha	NE	00:27:14.16	01:01:10.92	00:28:23.33	8:54	01:56:48.41
1159	482/2920	16/154	230	Karla Labenz	F	54	Clarkson	NE	00:25:59.22	01:01:12.60	00:29:36.94	8:54	01:56:48.76
1160	678/1586	123/270	6313	Travis Hagge	M	30	Lincoln	NE	00:29:35.47	01:01:40.01	00:25:33.57	8:54	01:56:49.06
1161	483/2920	89/495	1540	Maureen Eck	F	35	Lincoln	NE	00:28:20.16	01:01:15.53	00:27:13.46	8:54	01:56:49.15
1162	679/1586	97/226	4964	James Ellis	M	37	Omaha	NE	00:27:34.63	01:00:39.91	00:28:35.95	8:54	01:56:50.50
1163	484/2920	99/515	1110	Robin Bargaen	F	34	Superior	NE	00:26:48.77	01:01:59.40	00:28:03.44	8:54	01:56:51.62
1164	680/1586	124/270	5467	Aaron Bonebright	M	30	Lincoln	NE	00:25:43.95	00:59:23.51	00:31:44.34	8:54	01:56:51.81
1165	681/1586	98/226	5850	Derrick Eichele	M	38	Omaha	NE	00:27:14.07	01:01:11.92	00:28:28.77	8:55	01:56:54.77
1166	682/1586	42/64	4855	Crispin Corpuz	M	16	Lincoln	NE	00:27:00.40	01:02:31.24	00:27:24.06	8:55	01:56:55.70
1167	485/2920	54/405	2859	Sarah Houston	F	22	Elkhorn	NE	00:27:52.50	01:02:21.54	00:26:42.47	8:55	01:56:56.51
1168	486/2920	100/515	536	Kathleen Riley	F	32	Hastings	NE	00:27:28.55	01:01:08.19	00:28:20.08	8:55	01:56:56.82
1169	487/2920	101/515	6412	Brittany Ruzicka	F	34	Omaha	NE	00:26:13.33	01:00:08.93	00:30:34.62	8:55	01:56:56.88
1170	683/1586	99/226	2414	Jon Pettlon	M	38	Grinnell	IA	00:27:15.14	01:00:42.58	00:29:00.01	8:55	01:56:57.74
1171	488/2920	17/154	1182	Amy Francis	F	52	Lincoln	NE	00:26:55.92	01:01:03.85	00:28:58.37	8:55	01:56:58.14
1172	489/2920	90/495	1029	Holly Pettlon	F	36	Grinnell	IA	00:27:13.52	01:00:45.15	00:28:59.70	8:55	01:56:58.38
1173	490/2920	24/238	3002	Robin Korte	F	46	Lincoln	NE	00:24:53.28	01:01:31.67	00:30:33.65	8:55	01:56:58.61
1174	684/1586	69/168	5029	Nick Kramer	M	45	Omaha	NE	00:27:15.86	01:01:16.48	00:28:26.75	8:55	01:56:59.10
1175	491/2920	104/503	3194	Jonna Brost	F	29	Sioux Falls	SD	00:26:43.81	01:00:42.61	00:29:33.13	8:55	01:56:59.55
1176	685/1586	35/109	1988	Dave Marek	M	53	Chaska	MN	00:27:10.66	01:00:42.11	00:29:06.90	8:55	01:56:59.67
1177	492/2920	25/238	258	Michele Labreck	F	47	Bennington	NE	00:27:12.28	01:01:33.67	00:28:15.55	8:55	01:57:01.51
1178	493/2920	105/503	2630	Sarah Lichty	F	29	Omaha	NE	00:25:46.12	00:59:40.81	00:31:34.82	8:55	01:57:01.75
1179	686/1586	70/168	5976	Dale Sundermann	M	47	Omaha	NE	00:27:53.93	01:02:11.03	00:26:56.82	8:55	01:57:01.79
1180	494/2920	9/104	4670	Ruth Brandt	F	57	Grand Island	NE	00:27:50.26	01:01:30.12	00:27:42.06	8:55	01:57:02.45
1181	687/1586	125/270	6218	Zachary Blessin	M	30	Lexington	NE	00:27:37.67	01:00:30.34	00:28:54.43	8:55	01:57:02.45
1182	688/1586	126/270	2506	Andrew Miller	M	32	Lincoln	NE	00:27:49.03	01:00:49.47	00:28:24.00	8:55	01:57:02.51
1183	495/2920	91/495	3184	Carrie Peasinger	F	36	Colorado Springs	CO	00:26:40.96	01:00:34.68	00:29:48.44	8:55	01:57:04.08
1184	496/2920	92/495	199	Sarah Bretschneider	F	36	Lincoln	NE	00:28:13.48	01:01:06.61	00:27:46.84	8:56	01:57:06.94
1185	497/2920	93/495	1582	Amy Cariotto	F	38	Lincoln	NE	00:27:53.96	01:01:29.05	00:27:44.20	8:56	01:57:07.21
1186	689/1586	123/225	1924	Toby Fisher	M	25	Lincoln	NE	00:29:40.37	01:01:33.48	00:25:54.11	8:56	01:57:07.97
1187	690/1586	100/226	5542	Dave Knaus	M	37	Ralston	NE	00:27:26.28	01:01:31.61	00:28:10.49	8:56	01:57:08.39
1188	498/2920	18/154	1137	Jo Mcelwain	F	53	Lincoln	NE	00:28:17.81	01:01:40.13	00:27:11.33	8:56	01:57:09.27
1189	691/1586	127/270	6513	Jeff Meyer	M	33	Lincoln	NE	00:27:35.56	01:01:32.10	00:28:02.88	8:56	01:57:10.55
1190	499/2920	102/515	695	Trudy Degenhardt	F	33	Hebron	NE	00:27:11.43	01:00:35.67	00:29:23.71	8:56	01:57:10.81

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1191	692/1586	101/226	2531	Nathan Krug	M	35	Central City	NE	00:27:42.78	01:01:31.37	00:27:58.18	8:56	01:57:12.34
1192	500/2920	55/405	4356	Natalie Poppe	F	23	Lincoln	NE	00:27:38.46	01:02:09.83	00:27:24.28	8:56	01:57:12.58
1193	501/2920	56/405	3012	Kate O'brien	F	23	Lincoln	NE	00:27:37.99	01:02:10.52	00:27:24.38	8:56	01:57:12.89
1194	502/2920	106/503	3288	Gretchen Bergquist	F	29	Lincoln	NE	00:27:05.71	01:02:04.10	00:28:03.74	8:56	01:57:13.55
1195	693/1586	128/270	4884	Chaise Vegas	M	32	Milford	NE	00:26:36.71	00:59:41.17	00:30:56.01	8:56	01:57:13.89
1196	503/2920	107/503	1130	Amanda Miller	F	27	Lincoln	NE	00:26:45.19	01:01:13.54	00:29:17.51	8:56	01:57:16.24
1197	504/2920	108/503	3833	Laurel Thomson	F	26	Manhattan	KS	00:28:07.95	01:01:50.98	00:27:17.61	8:56	01:57:16.55
1198	505/2920	33/119	2741	Jadyn Stover	F	19	Merna	NE	00:28:51.87	01:00:45.65	00:27:41.40	8:56	01:57:18.93
1199	506/2920	94/495	1121	Lindsay Dubes	F	37	Omaha	NE	00:27:15.54	01:01:11.63	00:28:51.78	8:56	01:57:18.95
1200	507/2920	54/300	399	Jodi Kehler	F	42	Lincoln	NE	00:27:39.13	01:01:02.36	00:28:37.58	8:56	01:57:19.07
1201	508/2920	55/300	2742	Jacy Cramer	F	40	Merna	NE	00:28:52.59	01:00:45.06	00:27:41.47	8:56	01:57:19.13
1202	694/1586	129/270	5361	Cameron Andreesen	M	31	Lincoln	NE	00:26:49.03	01:01:53.97	00:28:36.70	8:57	01:57:19.70
1203	509/2920	103/515	459	Melissa Larsen	F	32	Elkhorn	NE	00:27:26.86	01:01:32.33	00:28:20.69	8:57	01:57:19.89
1204	695/1586	71/183	2287	Brian Harter	M	43	Lincoln	NE	00:27:41.19	01:02:07.77	00:27:31.00	8:57	01:57:19.97
1205	510/2920	95/495	4555	Catherine Nixon	F	39	Lincoln	NE	00:27:04.02	01:01:08.74	00:29:07.75	8:57	01:57:20.51
1206	696/1586	68/145	5016	Conner Knoble	M	21	Funk	NE	00:30:16.53	01:01:27.99	00:25:37.17	8:57	01:57:21.70
1207	511/2920	19/154	2923	Cindy Nielsen	F	51	Madison	SD	00:26:22.89	01:01:02.46	00:29:56.40	8:57	01:57:21.76
1208	697/1586	6/23	1709	Denham Free	M	13	Hickman	NE	00:27:51.96	01:01:48.07	00:27:42.57	8:57	01:57:22.61
1209	512/2920	57/405	2638	Mikayla Border	F	22	Omaha	NE	00:27:18.75	01:02:05.39	00:27:59.57	8:57	01:57:23.71
1210	698/1586	130/270	2411	Matt Kotera	M	32	Lincoln	NE	00:26:03.41	01:00:53.45	00:30:27.92	8:57	01:57:24.79
1211	513/2920	58/405	3929	Elizabeth Zagel	F	23	Lincoln	NE	00:27:36.62	01:01:27.50	00:28:21.20	8:57	01:57:25.32
1212	514/2920	59/405	5642	Ellie Wiltfong	F	21	Lincoln	NE	00:26:12.16	01:00:07.29	00:31:06.63	8:57	01:57:26.09
1213	699/1586	71/168	2582	Steven Hegemann	M	46	Lincoln	NE	00:27:28.79	01:01:23.55	00:28:34.51	8:57	01:57:26.85
1214	515/2920	60/405	4413	Libby Jundt	F	22	Eden Prairie	MN	00:27:52.70	01:02:21.65	00:27:14.19	8:57	01:57:28.55
1215	516/2920	104/515	3950	Jaime Jones	F	34	Blair	NE	00:27:28.85	01:01:45.88	00:28:14.22	8:57	01:57:28.95
1216	517/2920	61/405	246	Tiffany Rocz	F	23	Elkhorn	NE	00:27:26.58	01:01:28.28	00:28:35.45	8:57	01:57:30.32
1217	518/2920	10/104	3151	Susan Mcclaughry	F	55	Omaha	NE	00:27:43.63	01:00:24.97	00:29:23.20	8:57	01:57:31.81
1218	700/1586	131/270	5610	Eric Gerrard	M	33	Lincoln	NE	00:27:20.04	01:01:11.23	00:29:00.62	8:57	01:57:31.89
1219	519/2920	109/503	4470	Hannah Softley	F	27	North Platte	NE	00:28:09.19	01:01:45.75	00:27:37.14	8:57	01:57:32.08
1220	520/2920	96/495	2884	Nadia Kinney	F	39	Omaha	NE	00:27:22.50	01:01:47.23	00:28:22.47	8:57	01:57:32.20
1221	701/1586	124/225	5461	Seth Behrens	M	25	Mason City	NE	00:28:09.56	01:01:46.26	00:27:36.65	8:57	01:57:32.47
1222	521/2920	105/515	3192	Laura Jost	F	31	Henderson	NE	00:27:29.67	01:02:22.73	00:27:41.19	8:58	01:57:33.59
1223	522/2920	62/405	5144	Emily Boes	F	23	Omaha	NE	00:26:58.07	01:01:47.12	00:28:48.95	8:58	01:57:34.15
1224	702/1586	72/168	2289	Jano Madsen	M	48	Lincoln	NE	00:27:13.65	00:59:47.95	00:30:33.17	8:58	01:57:34.78
1225	703/1586	102/226	4981	Kurt Gemberling	M	37	Omaha	NE	00:26:56.26	01:01:17.47	00:29:25.74	8:58	01:57:39.47

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1226	704/1586	72/183	5174	Arun Pondicherry	M	44	Lincoln	NE	00:26:04.89	01:01:15.92	00:30:18.88	8:58	01:57:39.69
1227	705/1586	43/64	1811	Zach Svehla	M	18	Columbus	NE	00:28:10.08	01:01:17.77	00:28:13.02	8:58	01:57:40.89
1228	706/1586	132/270	5389	Bryan Saunders	M	33	Lincoln	NE	00:27:19.75	01:00:59.08	00:29:22.54	8:58	01:57:41.38
1229	707/1586	103/226	6586	Jack Sheard	M	39	Grand Island	NE	00:27:30.34	01:01:26.81	00:28:44.66	8:58	01:57:41.82
1230	523/2920	97/495	3375	Melissa Sheard	F	38	Grand Island	NE	00:27:31.05	01:01:26.70	00:28:44.46	8:58	01:57:42.21
1231	524/2920	34/119	316	Haley Faust	F	19	Columbus	NE	00:28:10.36	01:01:17.55	00:28:14.74	8:58	01:57:42.66
1232	708/1586	133/270	1954	Seth Callahan	M	30	Bennington	NE	00:29:12.54	01:02:41.44	00:25:48.82	8:58	01:57:42.81
1233	709/1586	134/270	1833	Sean Nelson	M	32	Lincoln	NE	00:26:42.82	01:00:51.97	00:30:09.66	8:58	01:57:44.45
1234	525/2920	63/405	3802	Sydney Miller	F	23	Kennard	NE	00:28:58.39	01:01:43.99	00:27:02.16	8:58	01:57:44.55
1235	526/2920	20/154	594	Connie Radke	F	50	Omaha	NE	00:27:08.51	01:01:32.39	00:29:03.75	8:58	01:57:44.65
1236	527/2920	110/503	736	Stephanie Scheer	F	28	Arlington	NE	00:26:21.45	01:02:22.23	00:29:01.09	8:58	01:57:44.78
1237	528/2920	111/503	3438	Kelly Maslowsky	F	25	Kennard	NE	00:26:22.02	01:02:22.42	00:29:01.26	8:58	01:57:45.70
1238	529/2920	21/154	4312	Kay Reeves	F	54	Springfield	NE	00:27:23.86	01:02:33.16	00:27:49.02	8:59	01:57:46.05
1239	710/1586	37/101	4997	Paul Shreve	M	59	Elkhorn	NE	00:26:20.33	01:00:10.51	00:31:16.93	8:59	01:57:47.77
1240	530/2920	98/495	1911	Denise Hicks	F	38	Papillion	NE	00:26:30.35	01:00:40.36	00:30:37.21	8:59	01:57:47.93
1241	531/2920	99/495	4433	Lisa Brand	F	37	Yutan	NE	00:27:15.32	01:03:40.60	00:26:53.15	8:59	01:57:49.08
1242	532/2920	35/119	4488	Eastyn Klink	F	18	Columbus	NE	00:28:15.59	01:01:43.83	00:27:49.88	8:59	01:57:49.30
1243	711/1586	135/270	5451	Andrew Hill	M	30	Lincoln	NE	00:27:07.69	01:01:03.27	00:29:38.64	8:59	01:57:49.60
1244	533/2920	106/515	165	Brenda Sanchez Montejo	F	34	Lincoln	NE	00:26:06.64	01:01:20.96	00:30:22.03	8:59	01:57:49.63
1245	712/1586	104/226	5615	Dave Scharfen	M	35	Lincoln	NE	00:27:28.07	01:02:24.30	00:27:57.53	8:59	01:57:49.91
1246	534/2920	107/515	1168	Kim Schwarz	F	33	Fremont	NE	00:25:32.28	01:02:10.17	00:30:07.66	8:59	01:57:50.11
1247	713/1586	105/226	1986	Ryan Clark	M	39	De Witt	NE	00:27:47.67	01:02:05.35	00:27:57.20	8:59	01:57:50.22
1248	535/2920	56/300	4319	Carmen Westfahl	F	43	Lincoln	NE	00:28:07.87	01:02:06.17	00:27:37.43	8:59	01:57:51.48
1249	714/1586	73/168	5181	Jeff Haller	M	45	Mobile	AL	00:28:05.10	01:01:42.66	00:28:03.75	8:59	01:57:51.52
1250	536/2920	112/503	2904	Hannah Bauer	F	25	Lincoln	NE	00:24:30.76	01:04:36.42	00:28:44.48	8:59	01:57:51.67
1251	715/1586	10/46	5309	Dale Rasmussen	M	62	Ceresco	NE	00:27:09.07	01:01:04.79	00:29:37.96	8:59	01:57:51.83
1252	537/2920	36/119	4409	Grace Kelly	F	19	Omaha	NE	00:28:48.71	01:01:39.08	00:27:24.20	8:59	01:57:51.99
1253	716/1586	44/64	5120	Will Keitges	M	18	Lincoln	NE	00:25:53.43	01:00:31.08	00:31:28.18	8:59	01:57:52.70
1254	538/2920	108/515	2992	Emily Wilson	F	34	Sioux Falls	SD	00:27:49.04	01:01:54.61	00:28:10.78	8:59	01:57:54.44
1255	717/1586	136/270	2083	Nathan Jochum	M	32	Lincoln	NE	00:27:15.63	01:01:31.43	00:29:07.64	8:59	01:57:54.71
1256	539/2920	64/405	2692	Elizabeth Buchholz	F	21	Omaha	NE	00:27:26.57	01:01:12.29	00:29:16.79	8:59	01:57:55.66
1257	718/1586	106/226	6058	Nick Brown	M	39	Lincoln	NE	00:28:05.15	01:02:43.31	00:27:07.44	8:59	01:57:55.91
1258	719/1586	74/168	5902	Scott Harrill	M	45	Lincoln	NE	00:28:17.65	01:00:12.65	00:29:27.25	8:59	01:57:57.55
1259	720/1586	107/226	2477	Michael Reiter	M	39	Hallam	NE	00:27:40.48	01:01:51.77	00:28:26.46	8:59	01:57:58.71
1260	721/1586	38/101	5723	Steve Finkner	M	55	Adams	NE	00:27:38.02	01:02:09.03	00:28:14.33	9:00	01:58:01.39

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1261	722/1586	39/101	5302	Greg Colan	M	59	Omaha	NE	00:26:31.64	01:01:08.21	00:30:21.59	9:00	01:58:01.45
1262	723/1586	40/101	5828	Daniel Wurm	M	59	Lincoln	NE	00:27:26.29	01:02:31.17	00:28:05.50	9:00	01:58:02.96
1263	540/2920	26/238	689	Kristine Follett	F	45	Lincoln	NE	00:28:03.87	01:02:32.33	00:27:26.90	9:00	01:58:03.10
1264	541/2920	109/515	6446	Lynn Killion	F	32	Kearney	NE	00:26:21.05	01:01:10.05	00:30:33.19	9:00	01:58:04.30
1265	542/2920	65/405	3162	Caroline Spethman	F	20	Lincoln	NE	00:27:57.70	01:02:19.65	00:27:47.28	9:00	01:58:04.63
1266	543/2920	57/300	528	Bethanie Bates	F	43	Alliance	NE	00:28:38.02	01:02:11.14	00:27:15.84	9:00	01:58:05.01
1267	544/2920	110/515	1278	Mandy Gerih	F	31	Ogallala	NE	00:27:38.82	01:02:00.85	00:28:25.59	9:00	01:58:05.26
1268	724/1586	137/270	5811	Alexander Miller	M	30	Grand Island	NE	00:27:38.62	01:01:37.52	00:28:49.75	9:00	01:58:05.89
1269	725/1586	75/168	5684	Kevin Morrow	M	47	O'Neill	NE	00:27:59.62	01:01:29.38	00:28:37.74	9:00	01:58:06.75
1270	545/2920	22/154	3025	Jeanne Bouwens	F	51	Lincoln	NE	00:28:09.97	01:01:34.62	00:28:22.25	9:00	01:58:06.85
1271	546/2920	100/495	847	Jessica Hydo	F	36	Lincoln	NE	00:28:10.10	01:01:34.49	00:28:22.26	9:00	01:58:06.86
1272	726/1586	73/183	6529	Dave Vrbas	M	40	Lincoln	NE	00:25:47.45	01:02:01.35	00:30:18.75	9:00	01:58:07.55
1273	547/2920	113/503	2647	Molly Phillips	F	26	Omaha	NE	00:27:16.34	01:02:22.79	00:28:28.69	9:00	01:58:07.82
1274	548/2920	114/503	2691	Ashley Janssen	F	26	Lincoln	MN	00:27:09.62	01:01:34.77	00:29:24.02	9:00	01:58:08.42
1275	549/2920	115/503	981	Mary Otteman	F	29	Omaha	NE	00:27:06.15	01:01:45.84	00:29:16.68	9:00	01:58:08.68
1276	550/2920	23/154	1498	Kristie Locke	F	51	Malcolm	NE	00:26:27.30	01:01:13.85	00:30:28.12	9:00	01:58:09.28
1277	551/2920	101/495	2686	Britani Defoe	F	35	Omaha	NE	00:27:23.11	01:01:56.45	00:28:49.93	9:00	01:58:09.50
1278	552/2920	102/495	3065	Colleen Knott	F	36	Albion	NE	00:28:04.30	01:02:01.46	00:28:04.64	9:00	01:58:10.41
1279	727/1586	45/64	1810	Ethan Schott	M	19	Lincoln	NE	00:24:43.06	01:03:39.23	00:29:50.33	9:01	01:58:12.63
1280	553/2920	58/300	2700	Kristi Haase	F	41	Shawnee	KS	00:26:47.95	01:00:11.03	00:31:14.07	9:01	01:58:13.05
1281	728/1586	108/226	6103	Casey Meints	M	38	Tecumseh	NE	00:27:15.23	01:01:48.52	00:29:09.48	9:01	01:58:13.23
1282	554/2920	59/300	3536	Melinda Haase	F	43	Bellevue	NE	00:26:48.75	01:00:10.82	00:31:14.26	9:01	01:58:13.83
1283	729/1586	36/109	2055	Mark Frandolig	M	50	Lincoln	NE	00:28:13.22	01:02:26.20	00:27:36.77	9:01	01:58:16.20
1284	730/1586	138/270	5026	Kole Kugler	M	32	Kearney	NE	00:27:17.68	01:01:26.46	00:29:33.54	9:01	01:58:17.68
1285	731/1586	74/183	2198	Paul Hawkins	M	42	Omaha	NE	00:28:23.44	01:02:11.15	00:27:43.48	9:01	01:58:18.07
1286	732/1586	69/145	5006	Carter Zlab	M	21	Wilber	NE	00:27:01.58	01:00:50.83	00:30:26.18	9:01	01:58:18.60
1287	733/1586	76/168	5425	Brian Catlin	M	48	Lincoln	NE	00:28:10.14	01:02:15.44	00:27:53.34	9:01	01:58:18.93
1288	734/1586	77/168	2155	Kalvin Follett	M	46	Lincoln	NE	00:28:02.84	01:02:31.87	00:27:44.32	9:01	01:58:19.04
1289	555/2920	103/495	4146	Marci Franzen	F	36	Omaha	NE	00:27:21.97	01:01:57.17	00:29:01.94	9:01	01:58:21.09
1290	556/2920	104/495	4061	Laura Milburn	F	35	Omaha	NE	00:28:51.65	01:02:37.49	00:26:52.42	9:01	01:58:21.57
1291	557/2920	116/503	3663	Rachael Balleweg	F	27	Lincoln	NE	00:27:57.71	01:02:25.27	00:27:59.65	9:01	01:58:22.64
1292	558/2920	105/495	501	Sarah Kurz	F	35	Kearney	NE	00:27:16.46	01:01:10.41	00:29:56.58	9:01	01:58:23.46
1293	559/2920	117/503	2897	Abigail Burrows	F	25	Lincoln	NE	00:27:57.65	01:02:37.99	00:27:48.59	9:01	01:58:24.23
1294	735/1586	109/226	4993	Matt Shapiro	M	37	Omaha	NE	00:27:42.71	01:02:18.48	00:28:23.06	9:01	01:58:24.26
1295	736/1586	11/46	6161	Christopher Weibye	M	61	Lincoln	NE	00:26:12.18	01:00:54.19	00:31:20.98	9:02	01:58:27.35

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1296	560/2920	37/119	4461	Rachel Knutson	F	19	Sioux City	IA	00:28:14.92	01:01:19.31	00:28:54.24	9:02	01:58:28.47
1297	737/1586	110/226	6345	Cameron Moyer	M	38	Papillion	NE	00:26:34.08	01:03:19.63	00:28:35.68	9:02	01:58:29.39
1298	561/2920	118/503	5851	Rachel Leise	F	26	Lincoln	NE	00:28:32.15	01:01:32.43	00:28:25.21	9:02	01:58:29.79
1299	562/2920	111/515	610	Megan Zuver	F	31	Roca	NE	00:26:10.65	01:00:30.49	00:31:48.75	9:02	01:58:29.90
1300	563/2920	60/300	830	Jennifer Renton	F	43	Lincoln	NE	00:28:01.03	01:01:54.16	00:28:36.26	9:02	01:58:31.45
1301	738/1586	78/168	2097	Todd Lane	M	46	Lincoln	NE	00:28:12.02	01:02:50.47	00:27:29.38	9:02	01:58:31.88
1302	739/1586	79/168	2103	Don Klepser	M	45	Omaha	NE	00:28:30.03	01:02:17.28	00:27:46.36	9:02	01:58:33.68
1303	740/1586	75/183	2328	Doug Mcfadden	M	41	Davey	NE	00:26:36.90	01:00:57.82	00:30:59.35	9:02	01:58:34.08
1304	564/2920	61/300	1621	Monica Pomajzl	F	42	Lincoln	NE	00:28:21.97	01:02:27.04	00:27:45.79	9:02	01:58:34.81
1305	741/1586	70/145	5418	Dakota Staggs	M	21	Lincoln	NE	00:27:50.31	01:01:56.43	00:28:48.08	9:02	01:58:34.83
1306	565/2920	112/515	4207	Kelsey Richters	F	30	Lincoln	NE	00:28:21.66	01:02:27.09	00:27:46.38	9:02	01:58:35.14
1307	742/1586	111/226	6095	Lance Davis	M	39	Lincoln	NE	00:27:21.82	01:01:46.13	00:29:27.83	9:02	01:58:35.79
1308	566/2920	62/300	3007	Ha Vuong	F	42	Fort Smith	AR	00:27:16.59	01:01:45.16	00:29:34.88	9:02	01:58:36.64
1309	743/1586	71/145	5042	Ben Lundberg	M	22	Lincoln	NE	00:28:19.85	01:01:35.29	00:28:41.86	9:02	01:58:37.00
1310	744/1586	76/183	6083	Michael Whitmore	M	43	Lincoln	NE	00:27:55.94	01:01:54.28	00:28:47.14	9:02	01:58:37.37
1311	745/1586	80/168	2533	Lee Handke	M	47	Omaha	NE	00:28:29.30	01:02:18.01	00:27:50.53	9:02	01:58:37.84
1312	746/1586	125/225	5272	Brandon Peters	M	27	Lincoln	NE	00:29:18.02	01:03:04.31	00:26:18.33	9:03	01:58:40.66
1313	747/1586	81/168	6129	Douglas Ayer	M	48	Gretna	NE	00:27:26.78	01:01:31.93	00:29:42.93	9:03	01:58:41.64
1314	567/2920	106/495	3716	Karen-Marie Young	F	38	Lincoln	NE	00:28:09.47	01:02:34.83	00:27:58.47	9:03	01:58:42.78
1315	568/2920	63/300	3312	Diane Steinke	F	42	Lincoln	NE	00:28:06.64	01:02:37.78	00:27:58.42	9:03	01:58:42.85
1316	569/2920	113/515	1056	Joy Colwell	F	33	York	NE	00:26:36.75	01:02:42.87	00:29:23.64	9:03	01:58:43.27
1317	570/2920	114/515	223	Danita Meyer	F	31	Kansas City	MO	00:27:53.55	01:01:42.84	00:29:08.38	9:03	01:58:44.78
1318	571/2920	66/405	3557	Cassandra Westpfahl	F	23	Grand Island	NE	00:28:20.93	01:01:43.88	00:28:40.08	9:03	01:58:44.89
1319	572/2920	119/503	193	Kate Florian	F	27	Lincoln	NE	00:27:03.35	01:02:34.73	00:29:07.42	9:03	01:58:45.50
1320	748/1586	112/226	5624	Phillip Jones	M	39	Papillion	NE	00:27:15.78	01:02:50.06	00:28:40.32	9:03	01:58:46.17
1321	749/1586	77/183	5473	John Benson	M	43	Omaha	NE	00:27:40.65	01:02:24.13	00:28:41.48	9:03	01:58:46.26
1322	573/2920	120/503	4022	Lauren Egli	F	28	Omaha	NE	00:28:14.20	01:02:26.76	00:28:06.01	9:03	01:58:46.99
1323	574/2920	67/405	339	Taylor Burke	F	24	St. Joseph	MO	00:26:30.32	01:01:22.27	00:30:54.81	9:03	01:58:47.40
1324	575/2920	121/503	344	Becca Glisan	F	28	Colorado Springs	CO	00:26:43.56	01:01:11.60	00:30:52.42	9:03	01:58:47.58
1325	576/2920	115/515	6262	Jenna Baker	F	33	Ashland	NE	00:27:27.36	01:02:15.70	00:29:04.89	9:03	01:58:47.95
1326	577/2920	122/503	1562	Anna Petska	F	27	Hickman	NE	00:26:09.91	01:01:49.23	00:30:49.15	9:03	01:58:48.29
1327	578/2920	68/405	2985	Sydney Burke	F	22	Wayne	NE	00:26:30.92	01:01:22.02	00:30:55.46	9:03	01:58:48.42
1328	750/1586	41/101	5474	Franz Muller	M	57	Cody	NE	00:25:29.54	01:02:26.51	00:30:53.96	9:03	01:58:50.01
1329	751/1586	139/270	6418	Arron Adams	M	33	Kearney	NE	00:28:20.35	01:02:01.48	00:28:29.62	9:04	01:58:51.45
1330	752/1586	72/145	5541	Anthony Slivka	M	23	Lincoln	NE	00:28:28.20	01:02:07.73	00:28:16.49	9:04	01:58:52.42

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1331	579/2920	64/300	3723	Shawna Hurley	F	41	Lincoln	NE	00:27:52.10	01:02:13.09	00:28:48.37	9:04	01:58:53.56
1332	580/2920	116/515	2625	Lisa Edwards	F	32	Waverly	NE	00:27:42.30	01:02:21.91	00:28:51.10	9:04	01:58:55.32
1333	753/1586	126/225	4987	Bradley Raders	M	27	Lincoln	NE	00:27:00.37	01:01:03.98	00:30:51.46	9:04	01:58:55.81
1334	754/1586	127/225	39	Derek Sekora	M	29	Lincoln	NE	00:27:13.61	01:02:31.09	00:29:11.66	9:04	01:58:56.37
1335	581/2920	107/495	609	Nikki Roemen	F	35	Valley Springs	SD	00:28:46.54	01:01:09.58	00:29:00.84	9:04	01:58:56.96
1336	582/2920	117/515	3402	Ashley Sekora	F	30	Lincoln	NE	00:27:14.30	01:02:31.09	00:29:11.67	9:04	01:58:57.06
1337	755/1586	113/226	6019	Travis Horner	M	36	Lincoln	NE	00:27:15.96	01:02:27.63	00:29:13.79	9:04	01:58:57.39
1338	583/2920	108/495	4290	Elizabeth Tripp	F	38	Lincoln	NE	00:28:34.71	01:02:07.36	00:28:16.40	9:04	01:58:58.48
1339	756/1586	78/183	5670	Don Tomlinson	M	40	Lincoln	NE	00:27:59.31	01:02:22.92	00:28:36.95	9:04	01:58:59.18
1340	757/1586	82/168	6107	Charles Ott	M	47	Omaha	NE	00:27:27.76	01:02:19.99	00:29:13.47	9:04	01:59:01.23
1341	584/2920	118/515	3782	Betsy Perkins	F	31	Hickman	NE	00:26:36.53	01:02:43.69	00:29:41.70	9:04	01:59:01.93
1342	585/2920	69/405	4986	Kim Pramberg	F	20	Lincoln	NE	00:27:50.96	01:01:57.32	00:29:13.99	9:04	01:59:02.27
1343	758/1586	114/226	5806	Abe Hinman	M	38	Callaway	NE	00:28:14.97	01:03:03.91	00:27:43.48	9:04	01:59:02.37
1344	759/1586	37/109	5998	John Stilley	M	51	Lincoln	NE	00:26:44.50	01:02:52.47	00:29:26.14	9:04	01:59:03.11
1345	586/2920	2/20	2643	Natalee Phachit	F	13	Lincoln	NE	00:24:20.96	01:02:00.01	00:32:42.44	9:04	01:59:03.42
1346	760/1586	83/168	2390	Scott Wiebe	M	47	Lincoln	NE	00:27:35.20	01:02:23.08	00:29:06.53	9:05	01:59:04.81
1347	587/2920	119/515	3424	Jennifer Braun	F	31	Cedar Rapids	NE	00:28:24.62	01:02:29.79	00:28:11.21	9:05	01:59:05.63
1348	761/1586	115/226	2500	Josh Barker	M	38	Lincoln	NE	00:26:58.92	01:02:40.93	00:29:26.36	9:05	01:59:06.22
1349	588/2920	11/104	733	Rene' Morris	F	55	Lincoln	NE	00:27:12.48	01:01:58.28	00:29:56.83	9:05	01:59:07.60
1350	589/2920	70/405	2925	Madison Kreikemeier	F	21	Lincoln	NE	00:27:23.05	01:02:04.24	00:29:40.50	9:05	01:59:07.80
1351	762/1586	116/226	5774	Justin Moore	M	37	Lincoln	NE	00:28:09.05	01:02:09.27	00:28:50.17	9:05	01:59:08.50
1352	763/1586	42/101	48	Jerry Bell	M	57	Lincoln	NE	00:28:07.11	01:02:29.15	00:28:32.57	9:05	01:59:08.84
1353	590/2920	24/154	2595	Rachelle Hadley	F	54	Lincoln	NE	00:29:07.18	01:02:42.80	00:27:20.34	9:05	01:59:10.33
1354	591/2920	12/104	2631	Amanda Baron-Fritts	F	56	Lincoln	NE	00:28:13.73	01:02:10.16	00:28:46.65	9:05	01:59:10.55
1355	764/1586	79/183	5768	Doug Hodges	M	43	Omaha	NE	00:29:51.72	01:01:26.78	00:27:53.84	9:05	01:59:12.36
1356	765/1586	128/225	1898	Chase Pinckney	M	27	Kearney	NE	00:28:01.79	01:02:19.68	00:28:51.13	9:05	01:59:12.61
1357	766/1586	84/168	6271	Keith Kollasch	M	45	Auburn	NE	00:27:45.12	01:02:31.63	00:28:57.21	9:05	01:59:13.96
1358	767/1586	117/226	6396	Dan Tucker	M	38	Papillion	NE	00:29:10.45	01:01:36.70	00:28:27.19	9:05	01:59:14.34
1359	768/1586	140/270	2225	Brandon Fritz	M	30	Holmesville	NE	00:28:00.75	01:02:03.27	00:29:11.82	9:05	01:59:15.85
1360	592/2920	27/238	835	Kristen Frost	F	45	Enfield	CT	00:27:44.51	01:01:57.90	00:29:35.21	9:06	01:59:17.62
1361	593/2920	123/503	2882	Michelle Meyer	F	29	Lincoln	NE	00:27:27.71	01:02:40.11	00:29:09.89	9:06	01:59:17.71
1362	594/2920	109/495	996	Niki Strotman	F	37	Bennington	NE	00:28:23.79	01:02:29.89	00:28:24.56	9:06	01:59:18.24
1363	595/2920	25/154	1397	Amy Bolduan	F	52	Woodbury	MN	00:29:17.77	01:02:09.18	00:27:51.98	9:06	01:59:18.93
1364	596/2920	120/515	1120	Amy Schlichting	F	34	Lincoln	NE	00:26:19.37	01:02:13.71	00:30:47.13	9:06	01:59:20.21
1365	769/1586	80/183	5536	Jerry Mitchell	M	43	Omaha	NE	00:28:11.60	01:03:05.69	00:28:03.29	9:06	01:59:20.59

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1366	770/1586	118/226	5533	John Klotz	M	39	Lincoln	NE	00:29:16.69	01:01:57.48	00:28:06.50	9:06	01:59:20.68
1367	771/1586	73/145	6283	Hayden Schuerman	M	24	Omaha	NE	00:27:30.86	01:02:40.34	00:29:12.84	9:06	01:59:24.05
1368	772/1586	74/145	5453	Tanner Zlab	M	24	Wilber	NE	00:27:29.75	01:02:40.58	00:29:14.02	9:06	01:59:24.36
1369	597/2920	121/515	340	Christine Shearman	F	32	Lincoln	NE	00:28:12.40	01:03:03.33	00:28:09.44	9:06	01:59:25.18
1370	598/2920	110/495	6463	Tammy Murphy	F	35	Indianapolis	IN	00:28:12.50	01:03:03.91	00:28:10.79	9:06	01:59:27.21
1371	599/2920	65/300	4058	Christine Quiring	F	43	Bradshaw	NE	00:28:09.90	01:02:31.46	00:28:46.17	9:06	01:59:27.54
1372	773/1586	81/183	1943	Bryan Meyer	M	43	Weatherford	TX	00:28:21.97	01:03:03.00	00:28:02.82	9:06	01:59:27.79
1373	600/2920	111/495	2594	Heidi Sailer	F	38	Lincoln	NE	00:28:14.46	01:02:26.88	00:28:46.80	9:06	01:59:28.15
1374	601/2920	66/300	558	Cindy Wragge	F	41	Hooper	NE	00:27:38.45	01:01:44.53	00:30:05.40	9:06	01:59:28.38
1375	602/2920	122/515	3647	Sarah Purcell	F	32	Omaha	NE	00:28:23.74	01:02:34.26	00:28:30.77	9:06	01:59:28.78
1376	603/2920	28/238	879	Gwen Heller	F	48	Lincoln	NE	00:27:48.48	01:02:28.28	00:29:12.59	9:06	01:59:29.35
1377	604/2920	71/405	4469	Kaitlyn Reilly	F	23	Elkhorn	NE	00:28:02.10	01:02:34.02	00:28:53.23	9:06	01:59:29.36
1378	774/1586	129/225	5626	Alex James	M	29	Abilene	KS	00:28:13.59	01:02:27.00	00:28:49.42	9:06	01:59:30.01
1379	775/1586	75/145	5631	Zach Jensen	M	24	Lincoln	NE	00:28:07.09	01:02:30.66	00:28:52.33	9:06	01:59:30.08
1380	605/2920	124/503	990	Amber Morrison	F	26	Lincoln	NE	00:27:41.03	01:02:30.92	00:29:18.95	9:07	01:59:30.90
1381	776/1586	119/226	6528	Shaun Burdess	M	36	Omaha	NE	00:27:04.57	01:02:13.58	00:30:13.56	9:07	01:59:31.71
1382	606/2920	112/495	632	Carly Morse	F	36	Lincoln	NE	00:27:59.84	01:02:17.95	00:29:14.42	9:07	01:59:32.22
1383	777/1586	120/226	2400	Todd Kellerman	M	38	Lincoln	NE	00:27:54.61	01:03:11.61	00:28:26.12	9:07	01:59:32.35
1384	607/2920	125/503	2889	Ashley Dahl	F	27	Omaha	NE	00:27:28.72	01:02:05.46	00:29:58.28	9:07	01:59:32.47
1385	608/2920	123/515	2915	Whitney Reid	F	31	Omaha	NE	00:28:18.85	01:03:14.04	00:28:00.91	9:07	01:59:33.81
1386	609/2920	126/503	4518	Becca Page	F	27	Henderson	NE	00:27:24.64	01:02:01.78	00:30:07.83	9:07	01:59:34.26
1387	778/1586	121/226	6149	Jason Simons	M	38	Marysville	KS	00:26:46.62	01:02:27.37	00:30:22.86	9:07	01:59:36.86
1388	610/2920	26/154	318	Barb Geiger	F	51	Lincoln	NE	00:28:12.75	01:03:03.77	00:28:21.39	9:07	01:59:37.92
1389	611/2920	67/300	6560	Amy Wynn	F	44	Auburn	NE	00:27:53.78	01:02:34.29	00:29:10.08	9:07	01:59:38.16
1390	779/1586	85/168	6381	Michael Harling	M	47	Hastings	NE	00:28:07.42	01:02:22.84	00:29:08.12	9:07	01:59:38.39
1391	612/2920	127/503	4443	Kaitlynn Kuhlmann	F	26	Kansas City	MO	00:27:13.62	01:01:19.51	00:31:05.35	9:07	01:59:38.49
1392	613/2920	68/300	1150	Tara Hill	F	42	Omaha	NE	00:27:45.31	01:04:26.45	00:27:28.81	9:07	01:59:40.57
1393	614/2920	124/515	60	Adeline Hohman	F	34	Seward	NE	00:28:14.00	01:03:04.25	00:28:23.04	9:07	01:59:41.29
1394	780/1586	122/226	6249	Matt Hausman	M	37	Omaha	NE	00:28:16.95	01:03:10.36	00:28:14.70	9:07	01:59:42.01
1395	615/2920	69/300	3701	Darla Eisenmenger	F	43	Humphrey	NE	00:28:18.49	01:02:33.98	00:28:51.05	9:07	01:59:43.52
1396	616/2920	125/515	6408	Madeline Keeling	F	30	Omaha	NE	00:28:11.09	01:03:44.05	00:27:48.94	9:08	01:59:44.09
1397	617/2920	128/503	6596	Maren Lakers	F	29	Seward	NE	00:28:11.00	01:03:44.68	00:27:48.44	9:08	01:59:44.12
1398	781/1586	123/226	2353	Greg Benson	M	39	Kearney	NE	00:27:30.33	01:03:08.22	00:29:06.54	9:08	01:59:45.09
1399	782/1586	141/270	5740	Kris Martison	M	30	Lincoln	NE	00:25:32.04	01:01:48.05	00:32:25.71	9:08	01:59:45.81
1400	618/2920	27/154	4096	Jan Heywood	F	54	Lincoln	NE	00:28:08.62	01:03:04.00	00:28:33.30	9:08	01:59:45.92



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1401	619/2920	13/104	6527	Marcia Grant	F	56	Columbus	NE	00:27:59.54	01:01:57.62	00:29:50.07	9:08	01:59:47.23
1402	783/1586	43/101	2234	Doug Wilson	M	55	Grand Island	NE	00:28:14.55	01:02:26.62	00:29:06.47	9:08	01:59:47.65
1403	620/2920	126/515	3418	Jody Stutzman	F	33	Hastings	NE	00:28:13.13	01:02:42.65	00:28:52.63	9:08	01:59:48.41
1404	621/2920	127/515	4256	Jena Neesen	F	31	Omaha	NE	00:28:50.92	01:02:01.22	00:28:56.33	9:08	01:59:48.47
1405	622/2920	128/515	453	Visnja Vujin	F	30	Lincoln	NE	00:28:09.22	01:02:37.22	00:29:02.13	9:08	01:59:48.58
1406	784/1586	130/225	1995	Sam Witherby	M	28	Lincoln	NE	00:28:14.01	01:01:48.78	00:29:47.38	9:08	01:59:50.18
1407	785/1586	142/270	1994	Ryan Sieler	M	34	Lincoln	NE	00:28:28.61	01:02:07.26	00:29:16.97	9:08	01:59:52.86
1408	786/1586	44/101	6526	Jerry Hoff	M	58	Norfolk	NE	00:27:49.32	01:02:38.58	00:29:25.05	9:08	01:59:52.96
1409	623/2920	129/503	4846	Michelle Clifford	F	26	Lincoln	NE	00:30:23.64	01:01:44.87	00:27:44.71	9:08	01:59:53.22
1410	624/2920	38/119	2715	Kelly Helmberger	F	18	Hickman	NE	00:27:42.92	01:04:22.87	00:27:48.09	9:08	01:59:53.89
1411	787/1586	124/226	5516	David Binerer	M	37	Lincoln	NE	00:28:02.23	01:03:15.73	00:28:37.02	9:08	01:59:54.98
1412	788/1586	125/226	6096	Lucas Fairbanks	M	35	Omaha	NE	00:28:06.05	01:02:28.64	00:29:20.79	9:08	01:59:55.48
1413	789/1586	126/226	6068	Barry Barnett	M	38	Lincoln	NE	00:27:57.85	01:03:06.28	00:28:51.70	9:08	01:59:55.83
1414	625/2920	129/515	1085	Amanda Reid	F	32	Omaha	NE	00:28:29.82	01:02:36.30	00:28:50.30	9:08	01:59:56.42
1415	626/2920	113/495	1279	Nicole Wentz	F	39	Andover	KS	00:28:12.80	01:02:30.65	00:29:13.19	9:08	01:59:56.65
1416	627/2920	130/503	2847	Katherine Hazen	F	27	Lincoln	NE	00:28:18.59	01:03:32.89	00:28:05.76	9:09	01:59:57.25
1417	628/2920	29/238	4509	Amy Cole	F	45	Lincoln	NE	00:27:53.95	01:02:21.53	00:29:41.87	9:09	01:59:57.35
1418	629/2920	130/515	2937	Sara Zikmund	F	33	Alma	NE	00:27:59.31	01:03:05.38	00:28:52.80	9:09	01:59:57.49
1419	790/1586	45/101	2222	Patrick Mccarville	M	55	Valley	NE	00:27:28.02	01:03:50.60	00:28:39.84	9:09	01:59:58.47
1420	630/2920	14/104	624	Pam Mccarville	F	55	Valley	NE	00:27:28.48	01:03:49.77	00:28:40.55	9:09	01:59:58.80
1421	791/1586	127/226	2248	Nicholas Pitsch	M	35	Omaha	NE	00:27:48.31	01:02:32.93	00:29:39.13	9:09	02:00:00.37
1422	631/2920	131/503	931	Allison Larrington	F	25	Lincoln	NE	00:27:45.13	01:03:03.07	00:29:13.04	9:09	02:00:01.25
1423	632/2920	131/515	3108	Nicki Hanseling	F	31	Lincoln	NE	00:28:35.90	01:02:40.79	00:28:44.63	9:09	02:00:01.33
1424	792/1586	46/101	5488	Ted Fairbanks	M	59	Beatrice	NE	00:28:11.08	01:02:29.75	00:29:20.69	9:09	02:00:01.53
1425	633/2920	70/300	4122	Karina Medvedovsky	F	44	Beatrice	NE	00:28:10.51	01:02:21.70	00:29:29.58	9:09	02:00:01.79
1426	793/1586	128/226	6171	Matthew Owens	M	35	Lincoln	NE	00:27:48.45	01:02:34.39	00:29:39.37	9:09	02:00:02.22
1427	634/2920	28/154	4692	Teresa Beacom	F	51	Hawley	MN	00:28:13.75	01:02:11.52	00:29:36.96	9:09	02:00:02.24
1428	635/2920	132/515	1167	Katherine Owens	F	34	Lincoln	NE	00:27:48.20	01:02:35.14	00:29:39.17	9:09	02:00:02.51
1429	636/2920	71/300	5551	Amy Hessel	F	43	Omaha	NE	00:29:04.28	01:02:47.26	00:28:10.99	9:09	02:00:02.53
1430	794/1586	47/101	5584	Larry Luedke	M	59	Wisner	NE	00:26:43.30	01:02:41.04	00:30:39.34	9:09	02:00:03.69
1431	795/1586	82/183	5654	Michael Johnson	M	43	Lincoln	NE	00:27:23.20	01:02:15.05	00:30:27.24	9:09	02:00:05.50
1432	637/2920	72/300	3933	Caryn Kusleika	F	44	Omaha	NE	00:26:57.78	01:04:14.20	00:28:53.60	9:09	02:00:05.59
1433	796/1586	143/270	5478	Greg Smith	M	31	Andover	KS	00:28:58.61	01:02:39.78	00:28:27.38	9:09	02:00:05.77
1434	638/2920	133/515	3847	Jess Rustad	F	33	Lincoln	NE	00:26:35.52	01:02:43.07	00:30:47.92	9:09	02:00:06.51
1435	797/1586	76/145	6415	Nicholas Dotzler	M	22	Omaha	NE	00:27:28.28	01:03:10.96	00:29:27.31	9:09	02:00:06.55

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1436	798/1586	83/183	5786	Spencer Giles	M	42	Gretna	NE	00:28:55.20	01:02:34.72	00:28:36.88	9:09	02:00:06.81
1437	799/1586	131/225	5464	Brandon Hilger	M	28	Omaha	NE	00:26:45.74	01:01:52.67	00:31:28.49	9:09	02:00:06.91
1438	639/2920	73/300	3056	Jessica Svoboda	F	43	Lockport	IL	00:30:18.80	01:01:55.80	00:27:52.67	9:09	02:00:07.27
1439	800/1586	144/270	5813	Jeremy Jennings	M	33	Lincoln	NE	00:25:35.73	01:04:57.30	00:29:37.47	9:10	02:00:10.50
1440	640/2920	30/238	3197	Stephanie Johnson	F	45	Lincoln	NE	00:29:20.22	01:02:58.83	00:27:51.57	9:10	02:00:10.62
1441	641/2920	39/119	6359	Macie Kubat	F	19	Omaha	NE	00:26:49.46	01:00:40.52	00:32:41.22	9:10	02:00:11.22
1442	642/2920	114/495	4524	Melissa Garcia	F	37	Broken Bow	NE	00:27:58.31	01:01:46.17	00:30:27.23	9:10	02:00:11.71
1443	643/2920	132/503	850	Emma Marshall	F	25	Lincoln	NE	00:28:19.65	01:03:32.52	00:28:21.85	9:10	02:00:14.02
1444	644/2920	133/503	2903	Kelly Schmidt	F	28	Nebraska City	NE	00:25:45.95	01:01:02.61	00:33:26.50	9:10	02:00:15.07
1445	801/1586	145/270	5099	Lucas Sweeney	M	34	Lincoln	NE	00:27:16.51	00:59:42.85	00:33:16.77	9:10	02:00:16.14
1446	802/1586	86/168	6385	Bill Landanger	M	48	Kearney	NE	00:28:03.38	01:02:34.67	00:29:38.26	9:10	02:00:16.32
1447	645/2920	31/238	1101	Tricia Richards	F	46	Papillion	NE	00:27:11.25	01:03:11.03	00:29:54.38	9:10	02:00:16.67
1448	803/1586	84/183	2507	Andy Voss	M	41	Lincoln	NE	00:26:43.56	01:03:29.67	00:30:04.83	9:10	02:00:18.08
1449	646/2920	115/495	492	Liz Ciavarella	F	37	Papillion	NE	00:28:24.34	01:02:37.12	00:29:17.43	9:10	02:00:18.89
1450	647/2920	74/300	949	April Binder	F	44	Table Rock	NE	00:26:36.93	01:02:32.78	00:31:10.21	9:10	02:00:19.92
1451	804/1586	132/225	5678	Kyle Hanson	M	27	Omaha	NE	00:28:06.54	00:59:37.77	00:32:35.80	9:10	02:00:20.12
1452	648/2920	134/503	365	Cortney Bullington	F	28	Kearney	NE	00:30:14.06	01:03:06.89	00:26:59.56	9:10	02:00:20.52
1453	649/2920	134/515	370	Megan Meyer	F	31	Bellevue	NE	00:27:41.76	01:02:02.35	00:30:36.61	9:10	02:00:20.72
1454	650/2920	135/515	3752	Shannon Miller	F	30	Shreveport	LA	00:27:18.18	01:03:40.94	00:29:23.71	9:10	02:00:22.84
1455	651/2920	32/238	1956	Vizma Shaeffer	F	46	Lincoln	NE	00:28:08.34	01:03:02.54	00:29:12.66	9:11	02:00:23.55
1456	652/2920	72/405	843	Josie Jacobson	F	20	Grand Island	NE	00:28:22.73	01:04:37.14	00:27:24.22	9:11	02:00:24.10
1457	805/1586	146/270	1687	Jason Weiers	M	32	Omaha	NE	00:28:02.24	01:01:44.62	00:30:37.45	9:11	02:00:24.31
1458	806/1586	38/109	5582	Jim Hogg	M	50	Lincoln	NE	00:27:41.20	01:02:08.93	00:30:34.19	9:11	02:00:24.32
1459	653/2920	116/495	3596	Jill Geschke	F	36	Lincoln	NE	00:28:00.66	01:03:03.89	00:29:20.58	9:11	02:00:25.13
1460	807/1586	39/109	5968	Darin Rich	M	52	Lincoln	NE	00:28:48.58	01:03:12.61	00:28:24.04	9:11	02:00:25.24
1461	654/2920	33/238	2708	Heidi Steskal	F	46	Elkhorn	NE	00:28:46.23	01:02:04.05	00:29:36.30	9:11	02:00:26.59
1462	655/2920	75/300	212	Jesus Meyer	F	41	Lincoln	NE	00:28:03.98	01:02:25.03	00:29:57.59	9:11	02:00:26.60
1463	656/2920	15/104	532	Connie Honke	F	59	Lincoln	NE	00:27:54.58	01:02:30.98	00:30:01.18	9:11	02:00:26.75
1464	808/1586	87/168	6087	Steven Swanson	M	49	Lincoln	NE	00:28:13.58	01:03:03.07	00:29:11.66	9:11	02:00:28.32
1465	657/2920	16/104	3505	Mindy Moyer	F	56	Aurora	NE	00:27:46.84	01:02:45.17	00:29:56.49	9:11	02:00:28.50
1466	658/2920	136/515	4267	Lauren Dyer	F	31	Martell	NE	00:27:39.62	01:02:23.95	00:30:25.95	9:11	02:00:29.52
1467	659/2920	135/503	4431	Amy Cavadini	F	29	Lincoln	NE	00:28:20.11	01:02:32.65	00:29:38.22	9:11	02:00:30.98
1468	660/2920	34/238	4140	Jackie Schaffner	F	47	Omaha	NE	00:27:32.04	01:02:44.87	00:30:15.36	9:11	02:00:32.28
1469	809/1586	147/270	5382	Kyle Cunningham	M	30	Beatrice	NE	00:26:52.66	01:02:38.95	00:31:01.14	9:11	02:00:32.76
1470	661/2920	136/503	413	Jessica Curyea	F	28	Kearney	NE	00:28:35.36	01:03:56.96	00:28:01.31	9:11	02:00:33.63

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1471	662/2920	76/300	6454	Amanda Anderson	F	41	Vermillion	SD	00:27:32.10	01:03:54.79	00:29:08.69	9:11	02:00:35.58
1472	663/2920	29/154	6457	Linda Weber	F	53	Vermillion	SD	00:27:32.10	01:03:54.61	00:29:09.13	9:11	02:00:35.84
1473	810/1586	148/270	5083	Netaji Mandava	M	33	Lincoln	NE	00:28:01.92	01:04:39.78	00:27:54.61	9:12	02:00:36.32
1474	664/2920	137/503	6302	Lauren Dirkschneider	F	29	Lincoln	NE	00:28:02.52	01:04:39.95	00:27:53.90	9:12	02:00:36.38
1475	665/2920	77/300	3390	Kim Seizys	F	44	Lincoln	NE	00:28:21.92	01:02:36.89	00:29:38.20	9:12	02:00:37.02
1476	666/2920	35/238	4476	Angie Jameson	F	49	Murray	NE	00:27:41.69	01:02:35.18	00:30:20.75	9:12	02:00:37.62
1477	667/2920	73/405	6325	Karina Solorzano	F	23	Lincoln	NE	00:29:06.02	01:03:31.43	00:28:00.48	9:12	02:00:37.94
1478	668/2920	40/119	4025	Paige Debie	F	17	Lincoln	NE	00:27:52.22	01:02:17.54	00:30:29.72	9:12	02:00:39.48
1479	669/2920	17/104	3677	Marcelline Ross	F	57	Grand Island	NE	00:27:58.76	01:03:15.10	00:29:27.86	9:12	02:00:41.72
1480	670/2920	138/503	762	Erin Golden	F	29	Omaha	NE	00:28:13.53	01:03:03.92	00:29:24.59	9:12	02:00:42.06
1481	811/1586	133/225	5405	Daniel Stokes	M	25	Omaha	NE	00:27:04.21	01:01:30.51	00:32:07.56	9:12	02:00:42.29
1482	812/1586	88/168	2142	Brian Kelly	M	49	Omaha	NE	00:28:43.22	01:03:14.22	00:28:46.24	9:12	02:00:43.69
1483	671/2920	78/300	2757	Geetha Nagaraj	F	40	Lincoln	NE	00:26:18.08	01:03:03.61	00:31:22.11	9:12	02:00:43.80
1484	672/2920	139/503	2959	Steph Muhlbach	F	27	Holdrege	NE	00:26:38.60	01:03:08.64	00:30:57.12	9:12	02:00:44.37
1485	813/1586	149/270	5109	Tyler Tarkington	M	31	Lincoln	NE	00:26:40.77	01:01:02.08	00:33:02.43	9:12	02:00:45.29
1486	814/1586	46/64	5448	Jacob Rushman	M	18	Lincoln	NE	00:29:26.64	01:02:19.72	00:29:00.08	9:12	02:00:46.44
1487	815/1586	89/168	5673	William Stolzenburg	M	46	Lincoln	NE	00:26:09.15	01:03:11.14	00:31:26.60	9:12	02:00:46.90
1488	673/2920	3/20	2969	Andie Koch	F	14	Blue Springs	NE	00:28:53.83	01:04:02.37	00:27:51.50	9:12	02:00:47.70
1489	816/1586	85/183	5685	Jeffrey Stearnes	M	44	Papillion	NE	00:26:54.77	01:02:27.53	00:31:25.79	9:12	02:00:48.10
1490	674/2920	79/300	784	Amber Fader	F	41	Lincoln	NE	00:28:15.41	01:01:57.17	00:30:35.58	9:12	02:00:48.18
1491	675/2920	140/503	4870	Erin Klein	F	26	York	NE	00:29:34.59	01:03:07.03	00:28:07.20	9:12	02:00:48.82
1492	676/2920	41/119	3207	Savannah Gerlach	F	16	De Witt	NE	00:28:54.99	01:04:01.51	00:27:52.42	9:12	02:00:48.92
1493	817/1586	150/270	1874	Sean Jensen	M	34	Lincoln	NE	00:28:30.87	01:01:04.56	00:31:13.70	9:12	02:00:49.14
1494	818/1586	77/145	6250	Jacob Cook	M	24	Longwood	FL	00:26:36.37	01:03:07.62	00:31:05.15	9:12	02:00:49.15
1495	677/2920	141/503	1720	Aubrey Soester	F	27	Hastings	NE	00:28:23.44	01:01:41.71	00:30:44.04	9:12	02:00:49.19
1496	819/1586	134/225	2119	Zac Groenke	M	28	Lincoln	NE	00:23:52.84	01:01:39.33	00:35:17.20	9:13	02:00:49.38
1497	678/2920	137/515	699	Tarin Wademan	F	32	Sutton	NE	00:28:15.08	01:02:37.12	00:29:57.55	9:13	02:00:49.75
1498	679/2920	117/495	3556	Melissa Bartels	F	35	Lincoln	NE	00:27:22.83	01:00:06.28	00:33:20.76	9:13	02:00:49.88
1499	680/2920	118/495	2642	Whitney Gibson	F	37	Lincoln	NE	00:27:57.38	01:03:34.98	00:29:18.57	9:13	02:00:50.94
1500	681/2920	142/503	3156	Vianey Soenksen	F	26	Lincoln	NE	00:26:39.50	01:02:23.37	00:31:48.73	9:13	02:00:51.61
1501	682/2920	138/515	6315	Samantha Triplett	F	30	Omaha	NE	00:27:54.89	01:03:17.12	00:29:39.59	9:13	02:00:51.61
1502	820/1586	47/64	6494	Andrew Evans	M	19	Waverly	NE	00:29:26.85	01:02:49.88	00:28:34.99	9:13	02:00:51.73
1503	821/1586	78/145	2168	Nick Wieskamp	M	20	Panama	NE	00:28:44.23	01:03:16.74	00:28:57.27	9:13	02:00:58.24
1504	822/1586	79/145	5275	Evan Flamme	M	20	Lincoln	NE	00:28:43.86	01:03:17.09	00:28:57.49	9:13	02:00:58.45
1505	823/1586	40/109	6573	James Blackledge	M	51	Elkhorn	NE	00:27:38.56	01:03:36.08	00:29:44.76	9:13	02:00:59.40

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1506	824/1586	90/168	6044	Gordon Bjorman	M	48	Lincoln	NE	00:28:24.11	01:02:45.65	00:29:51.98	9:13	02:01:01.74
1507	825/1586	129/226	5191	Jeremy Larson	M	37	Lincoln	NE	00:27:40.93	01:03:38.70	00:29:43.72	9:14	02:01:03.36
1508	826/1586	41/109	5241	Hosakote Nagaraj	M	51	Lincoln	NE	00:26:02.90	01:02:48.96	00:32:12.38	9:14	02:01:04.24
1509	683/2920	36/238	3747	Joyce Fisher	F	46	Lincoln	NE	00:28:42.34	01:03:22.11	00:29:00.15	9:14	02:01:04.60
1510	827/1586	42/109	6227	David Brummond	M	51	Omaha	NE	00:28:15.76	01:03:18.43	00:29:31.63	9:14	02:01:05.83
1511	828/1586	135/225	5781	Jacob Hartwig	M	26	Lincoln	NE	00:27:55.99	01:03:37.03	00:29:32.89	9:14	02:01:05.91
1512	684/2920	74/405	6226	Stephanie Brummond	F	22	Lincoln	NE	00:28:16.14	01:03:18.67	00:29:31.19	9:14	02:01:06.01
1513	685/2920	139/515	740	Kelly Rathe	F	34	Lincoln	NE	00:28:24.37	01:02:37.14	00:30:05.40	9:14	02:01:06.91
1514	686/2920	37/238	3110	Kathy Crews	F	47	Papillion	NE	00:29:50.41	01:04:22.29	00:26:54.92	9:14	02:01:07.62
1515	687/2920	75/405	3528	Sarah Endacott	F	21	Lincoln	NE	00:28:15.63	01:05:17.92	00:27:34.20	9:14	02:01:07.76
1516	688/2920	119/495	1155	Jennifer Springer	F	38	Lincoln	NE	00:27:08.62	01:01:44.83	00:32:14.56	9:14	02:01:08.02
1517	689/2920	30/154	503	Malisa Radke	F	54	Omaha	NE	00:28:45.84	01:03:30.30	00:28:53.14	9:14	02:01:09.28
1518	690/2920	80/300	3869	Amy Badman	F	40	Eagle	NE	00:28:14.37	01:03:37.88	00:29:17.09	9:14	02:01:09.35
1519	691/2920	140/515	3870	Ashley Johnson	F	33	Lincoln	NE	00:28:14.59	01:03:38.13	00:29:16.89	9:14	02:01:09.62
1520	829/1586	136/225	6280	Austin Jones	M	27	Lincoln	NE	00:29:18.99	01:03:54.41	00:27:56.45	9:14	02:01:09.85
1521	692/2920	120/495	1784	Amy Sadler	F	36	Lincoln	NE	00:29:52.18	01:04:22.19	00:27:00.30	9:14	02:01:14.68
1522	693/2920	121/495	1503	Kylie Burley	F	37	Omaha	NE	00:27:21.60	01:03:14.29	00:30:41.24	9:15	02:01:17.14
1523	694/2920	76/405	3015	Tessandra Stuart	F	22	Columbus	NE	00:28:34.21	01:02:17.47	00:30:29.65	9:15	02:01:21.34
1524	695/2920	31/154	4286	Karen Huston	F	51	Omaha	NE	00:28:57.37	01:02:52.04	00:29:32.80	9:15	02:01:22.21
1525	830/1586	3/16	2057	Paul Boeshart	M	67	Lincoln	NE	00:28:20.74	01:03:03.52	00:29:58.07	9:15	02:01:22.33
1526	696/2920	42/119	6342	Emily Fehringer	F	19	Omaha	NE	00:29:02.54	01:03:53.34	00:28:26.86	9:15	02:01:22.74
1527	697/2920	81/300	3218	Katie Morrow	F	42	O'Neill	NE	00:28:00.00	01:02:56.48	00:30:28.87	9:15	02:01:25.36
1528	831/1586	43/109	5553	Rusty Conrad	M	50	Kearney	NE	00:28:33.73	01:03:37.10	00:29:15.68	9:15	02:01:26.51
1529	832/1586	44/109	5054	Sean Akers	M	52	Omaha	NE	00:27:52.29	01:02:25.61	00:31:11.30	9:16	02:01:29.20
1530	698/2920	122/495	3365	Anna Day	F	35	Omaha	NE	00:29:05.71	01:02:51.78	00:29:33.46	9:16	02:01:30.96
1531	833/1586	91/168	6303	Gary Meyer	M	47	Sabetha	KS	00:30:27.97	01:03:04.25	00:28:00.37	9:16	02:01:32.60
1532	699/2920	123/495	1675	Kristen Wyble	F	35	Omaha	NE	00:28:53.02	01:02:56.24	00:29:46.23	9:16	02:01:35.50
1533	834/1586	151/270	1939	Paul Judge	M	31	Omaha	NE	00:30:04.78	01:07:57.11	00:23:36.32	9:16	02:01:38.22
1534	700/2920	82/300	3763	Neile Anderson	F	43	Hastings	NE	00:28:26.36	01:03:27.18	00:29:44.90	9:16	02:01:38.45
1535	835/1586	48/64	5050	Shawn Anderson	M	16	Orleans	NE	00:28:41.88	01:02:36.29	00:30:23.76	9:17	02:01:41.94
1536	701/2920	38/238	3089	Ann Krotter	F	49	O'Neill	NE	00:27:46.89	01:02:40.11	00:31:15.77	9:17	02:01:42.78
1537	702/2920	124/495	247	Elizabeth Vander Top	F	39	Lincoln	NE	00:26:17.98	01:02:34.03	00:32:52.18	9:17	02:01:44.19
1538	836/1586	80/145	5833	Nicholas Schuller	M	22	Lincoln	NE	00:26:47.79	01:02:39.01	00:32:17.63	9:17	02:01:44.44
1539	703/2920	143/503	971	Taylor Herrington	F	27	Lincoln	NE	00:28:12.32	01:04:18.85	00:29:18.33	9:17	02:01:49.50
1540	704/2920	39/238	4001	Joyce Clements	F	48	Omaha	NE	00:27:31.76	01:02:45.78	00:31:34.86	9:17	02:01:52.40

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1541	705/2920	32/154	502	Lisa Mansur	F	54	Lincoln	NE	00:28:49.83	01:03:20.22	00:29:42.50	9:17	02:01:52.56
1542	706/2920	125/495	393	Amber Beckenhauer	F	36	Blair	NE	00:27:42.87	01:02:04.67	00:32:05.42	9:17	02:01:52.96
1543	707/2920	33/154	1323	Pam Bjerrum	F	50	Lincoln	NE	00:28:08.39	01:03:11.46	00:30:33.70	9:17	02:01:53.55
1544	837/1586	92/168	1741	Li Tan	M	45	Lincoln	NE			00:33:36.96	9:18	02:01:56.71
1545	708/2920	3/44	210	Bev Janak	F	63	Omaha	NE	00:28:37.83	01:03:46.85	00:29:32.98	9:18	02:01:57.67
1546	709/2920	40/238	885	Jill Musil	F	45	Omaha	NE	00:28:54.68	01:03:57.10	00:29:06.54	9:18	02:01:58.33
1547	710/2920	83/300	5305	Diana Jacobsen	F	43	Lincoln	NE	00:28:16.86	01:03:20.47	00:30:24.00	9:18	02:02:01.34
1548	711/2920	144/503	2818	Angela Schmidt	F	29	Lake Zurich	IL	00:28:56.46	01:04:14.96	00:28:50.17	9:18	02:02:01.60
1549	838/1586	152/270	5010	Peter Schmidt	M	30	Lake Zurich	IL	00:28:57.11	01:04:15.51	00:28:49.26	9:18	02:02:01.89
1550	712/2920	126/495	3552	Joy Donaldson	F	37	Dakota Dunes	SD	00:28:51.17	01:04:24.39	00:28:47.64	9:18	02:02:03.20
1551	839/1586	153/270	5175	Luke Potts	M	31	Lincoln	NE	00:25:54.00	01:03:35.14	00:32:34.16	9:18	02:02:03.30
1552	840/1586	45/109	2174	Shane Wickett	M	54	Bettendorf	IA	00:29:28.14	01:04:11.50	00:28:24.73	9:18	02:02:04.38
1553	841/1586	154/270	5104	Brian Reiner	M	30	Columbus	NE	00:26:35.01	01:07:59.46	00:27:31.79	9:18	02:02:06.27
1554	842/1586	46/109	5303	Jeff Wickett	M	51	Norfolk	NE	00:29:28.50	01:04:11.14	00:28:26.65	9:18	02:02:06.30
1555	843/1586	130/226	2369	Michael Tracy	M	38	Lincoln	NE	00:28:51.56	01:04:00.27	00:29:14.54	9:18	02:02:06.37
1556	713/2920	84/300	397	Jennifer Livermore	F	43	Lincoln	NE	00:28:00.02	01:02:33.92	00:31:33.63	9:18	02:02:07.58
1557	714/2920	127/495	605	Alesha Hintz	F	35	Omaha	NE	00:27:45.50	01:04:26.98	00:29:55.21	9:18	02:02:07.70
1558	715/2920	77/405	455	Hailey Lehms	F	20	Lincoln	NE	00:29:03.20	01:04:16.35	00:28:49.88	9:19	02:02:09.44
1559	844/1586	155/270	2441	Chris Scalzo	M	33	Omaha	NE	00:29:32.06	01:03:05.31	00:29:32.25	9:19	02:02:09.62
1560	716/2920	78/405	3827	Mckenzie Currey	F	20	Lincoln	NE	00:28:13.43	01:03:03.55	00:30:53.36	9:19	02:02:10.34
1561	717/2920	128/495	655	Kalli Mustard	F	36	Omaha	NE	00:29:27.86	01:04:10.23	00:28:33.55	9:19	02:02:11.65
1562	718/2920	129/495	3051	Jessica Jaksha	F	39	Omaha	NE	00:29:02.70	01:04:25.50	00:28:46.33	9:19	02:02:14.54
1563	719/2920	141/515	3201	Jessica Spitsen	F	33	Lincoln	NE	00:28:16.46	01:03:50.19	00:30:07.91	9:19	02:02:14.57
1564	845/1586	48/101	5192	Chad Couillard	M	56	Omaha	NE	00:27:39.09	01:03:02.35	00:31:33.85	9:19	02:02:15.30
1565	846/1586	137/225	6184	Austin Sharp	M	25	Lincoln	NE	00:28:56.98	01:02:39.78	00:30:38.80	9:19	02:02:15.57
1566	847/1586	93/168	2501	Bryon Pickett	M	49	Lincoln	NE	00:28:31.91	01:04:54.47	00:28:49.55	9:19	02:02:15.93
1567	720/2920	142/515	3895	Brittney Bills	F	31	Omaha	NE	00:27:23.19	01:03:28.77	00:31:27.73	9:19	02:02:19.70
1568	848/1586	47/109	5400	David Post	M	53	Omaha	NE	00:27:32.97	01:03:42.14	00:31:05.65	9:19	02:02:20.76
1569	849/1586	86/183	5204	Ngoc Nguyen	M	43	Lincoln	NE	00:29:38.46	01:02:42.31	00:30:02.58	9:20	02:02:23.35
1570	850/1586	12/46	5491	Jon Callahan	M	60	York	NE	00:28:21.98	01:04:49.83	00:29:11.80	9:20	02:02:23.62
1571	721/2920	85/300	2615	Angela Cavanaugh	F	43	Syracuse	NE	00:29:09.92	01:03:15.47	00:29:58.83	9:20	02:02:24.23
1572	722/2920	86/300	601	Amanda Matthews	F	41	Raymond	NE	00:30:11.55	01:02:58.59	00:29:14.38	9:20	02:02:24.52
1573	851/1586	131/226	5606	Paul Sample	M	37	Ankeny	IA	00:26:31.80	01:03:31.31	00:32:22.12	9:20	02:02:25.23
1574	852/1586	132/226	5384	Terry Thoene	M	36	Lincoln	NE	00:29:47.99	01:03:01.83	00:29:36.78	9:20	02:02:26.60
1575	853/1586	49/101	6092	John Spencer	M	56	Lincoln	NE	00:28:47.35	01:04:52.55	00:28:47.71	9:20	02:02:27.61

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1576	723/2920	79/405	2789	Abbey Spencer	F	23	Lincoln	NE	00:28:47.98	01:04:52.49	00:28:47.42	9:20	02:02:27.89
1577	724/2920	143/515	479	Tiffany Mayland	F	32	Bellevue	NE	00:29:09.03	01:03:28.49	00:29:51.20	9:20	02:02:28.73
1578	725/2920	144/515	3889	Jen Good	F	33	Seward	NE	00:28:02.78	01:03:49.04	00:30:37.75	9:20	02:02:29.58
1579	854/1586	87/183	2025	Matt Severin	M	41	Lincoln	NE	00:29:04.32	01:04:58.71	00:28:27.03	9:20	02:02:30.07
1580	726/2920	34/154	1583	Sheila Loecker	F	53	Fordyce	NE	00:27:08.87	01:03:56.35	00:31:24.93	9:20	02:02:30.15
1581	727/2920	145/515	4538	Meggan Holcomb	F	31	Shawnee	KS	00:29:08.84	01:03:28.49	00:29:54.06	9:20	02:02:31.39
1582	728/2920	146/515	3083	Rosie Amezcua	F	33	Lincoln	NE	00:28:02.15	01:03:49.04	00:30:40.60	9:20	02:02:31.80
1583	729/2920	145/503	4495	Jessica Gradoville	F	27	Lincoln	NE	00:28:13.66	01:03:23.16	00:30:56.79	9:20	02:02:33.62
1584	855/1586	94/168	5227	Daniel Mickells	M	48	Lincoln	NE	00:26:59.92	01:02:48.35	00:32:46.69	9:21	02:02:34.97
1585	730/2920	87/300	355	Molly Burgher	F	40	Lincoln	NE	00:27:30.51	01:05:01.95	00:30:02.81	9:21	02:02:35.29
1586	731/2920	41/238	515	Carrie Henrichs	F	47	Lincoln	NE	00:28:57.76	01:04:44.43	00:28:53.37	9:21	02:02:35.57
1587	732/2920	43/119	295	Olivia Burgher	F	17	Lincoln	NE	00:27:31.01	01:05:01.47	00:30:04.11	9:21	02:02:36.60
1588	733/2920	80/405	4017	Heather Nelson	F	24	Bellevue	NE	00:27:38.62	01:04:01.32	00:30:57.36	9:21	02:02:37.31
1589	734/2920	44/119	2603	Chloe Ubben	F	18	Lincoln	NE	00:28:24.92	01:03:56.39	00:30:16.42	9:21	02:02:37.73
1590	735/2920	81/405	382	Ashley Kunz	F	23	Lincoln	NE	00:28:34.72	01:03:38.84	00:30:24.22	9:21	02:02:37.78
1591	736/2920	147/515	2661	Dani Ryan	F	30	Grand Island	NE	00:29:12.97	01:04:10.04	00:29:16.26	9:21	02:02:39.28
1592	856/1586	88/183	2364	Chris Carr	M	40	Lincoln	NE	00:26:51.52	01:03:07.10	00:32:41.35	9:21	02:02:39.97
1593	857/1586	48/109	5721	Rod Arndt	M	51	Lincoln	NE	00:27:19.72	01:03:26.28	00:31:55.09	9:21	02:02:41.09
1594	737/2920	148/515	3849	Allison Wild	F	31	Aurora	CO	00:27:50.95	01:04:46.68	00:30:04.04	9:21	02:02:41.68
1595	738/2920	18/104	3399	Sandy Koozer	F	58	Lincoln	NE	00:28:09.33	01:04:34.17	00:29:58.39	9:21	02:02:41.90
1596	739/2920	149/515	982	Jennifer Schrader	F	34	Lincoln	NE	00:27:22.77	01:02:57.75	00:32:21.42	9:21	02:02:41.95
1597	858/1586	133/226	5484	Tommy Jelinek	M	39	Omaha	NE	00:27:18.25	01:04:28.68	00:30:56.28	9:21	02:02:43.22
1598	740/2920	150/515	3062	Victoria Kennel	F	31	Gretna	NE	00:29:38.42	01:04:34.16	00:28:31.85	9:21	02:02:44.45
1599	741/2920	130/495	243	Stephanie Evans	F	35	Omaha	NE	00:29:11.03	01:04:08.17	00:29:29.20	9:22	02:02:48.40
1600	859/1586	13/46	5779	Denny Mcfarland	M	61	Elkhorn	NE	00:28:41.80	01:04:25.09	00:29:41.55	9:22	02:02:48.45
1601	860/1586	156/270	2247	Aaron Price	M	33	Lincoln	NE	00:27:35.55	01:02:42.29	00:32:30.63	9:22	02:02:48.47
1602	861/1586	134/226	2468	Gerrit Guenther	M	37	Lincoln	NE	00:28:07.87	01:03:15.32	00:31:30.01	9:22	02:02:53.21
1603	742/2920	88/300	3353	Wendy O'dell	F	41	Lincoln	NE	00:28:21.73	01:02:32.88	00:31:59.26	9:22	02:02:53.88
1604	743/2920	89/300	4400	Kristi Rohrig	F	42	Elkhorn	NE	00:29:05.11	01:03:08.25	00:30:40.64	9:22	02:02:54.01
1605	862/1586	135/226	6324	Nicholas Kollett	M	36	Wakefield	MA	00:26:16.25	01:03:32.17	00:33:06.11	9:22	02:02:54.53
1606	744/2920	146/503	201	Samantha Menard	F	27	Kearney	NE	00:29:56.79	01:03:50.45	00:29:07.44	9:22	02:02:54.69
1607	863/1586	95/168	2082	Ron Graff	M	45	Lincoln	NE	00:29:15.36	01:04:48.26	00:28:52.14	9:22	02:02:55.76
1608	864/1586	49/109	5939	Mark Ficek	M	52	Kearney	NE	00:28:01.51	01:04:04.83	00:30:50.46	9:22	02:02:56.80
1609	745/2920	151/515	653	Amanda Fangmeier	F	33	Denton	NE	00:27:50.57	01:04:26.41	00:30:40.39	9:22	02:02:57.38
1610	746/2920	45/119	3082	Paige Blankenbiller	F	17	Lincoln	NE	00:28:34.33	01:04:40.23	00:29:44.78	9:22	02:02:59.35

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1611	865/1586	136/226	6091	Tyler Nixon	M	39	Lincoln	NE	00:28:23.72	01:04:33.57	00:30:04.57	9:23	02:03:01.87
1612	747/2920	46/119	3584	Emily Harms	F	17	Martell	NE	00:27:43.54	01:04:23.05	00:30:55.46	9:23	02:03:02.06
1613	866/1586	137/226	1913	Grant Schmidt	M	39	Henderson	NE	00:28:14.59	01:02:25.98	00:32:21.69	9:23	02:03:02.27
1614	748/2920	42/238	2651	Polly Ubben	F	48	Lincoln	NE	00:28:23.99	01:03:57.78	00:30:42.19	9:23	02:03:03.97
1615	749/2920	131/495	1038	Amy Borgmann	F	39	Creighton	NE	00:27:27.77	01:01:55.14	00:33:42.85	9:23	02:03:05.76
1616	867/1586	96/168	1727	Alan Jolito	M	46	Lincoln	NE	00:29:12.71	01:03:29.01	00:30:24.58	9:23	02:03:06.31
1617	750/2920	152/515	3728	Lani Polzin	F	34	Omaha	NE	00:27:26.44	01:03:42.78	00:31:57.25	9:23	02:03:06.49
1618	751/2920	43/238	3824	Sandi Olson	F	48	Kearney	NE	00:28:01.40	01:04:04.75	00:31:00.52	9:23	02:03:06.68
1619	868/1586	50/109	2201	Ward Williams	M	51	Lincoln	NE	00:28:41.87	01:03:47.68	00:30:37.27	9:23	02:03:06.83
1620	869/1586	81/145	5452	Foster Zlab	M	22	Wilber	NE	00:27:32.85	01:03:03.29	00:32:32.04	9:23	02:03:08.19
1621	870/1586	82/145	2192	Jared Michl	M	22	Lincoln	NE	00:24:24.08	01:03:04.83	00:35:39.77	9:23	02:03:08.69
1622	871/1586	138/225	5565	Nathan Michl	M	25	Lincoln	NE	00:24:24.11	01:03:05.18	00:35:39.76	9:23	02:03:09.06
1623	752/2920	47/119	640	Heidi Eckhardt	F	17	Sterling	NE	00:29:15.01	01:03:44.99	00:30:09.34	9:23	02:03:09.34
1624	872/1586	157/270	6275	Shuo Wang	M	31	Omaha	NE	00:28:08.42	01:02:01.96	00:32:59.58	9:23	02:03:09.97
1625	753/2920	153/515	4295	Casey Cain	F	32	Lincoln	NE	00:28:20.94	01:03:26.48	00:31:23.85	9:23	02:03:11.27
1626	754/2920	132/495	562	Sara Draper	F	36	Lincoln	NE	00:28:21.02	01:03:25.40	00:31:24.85	9:23	02:03:11.28
1627	873/1586	138/226	5244	Dustin R. Davidson	M	36	Omaha	NE	00:29:57.56	01:04:07.33	00:29:06.53	9:23	02:03:11.43
1628	755/2920	35/154	2822	Suzanne Hayes	F	54	Minden	NE	00:29:35.25	01:04:42.14	00:28:54.16	9:23	02:03:11.56
1629	756/2920	133/495	1479	Michelle Westerbeck	F	38	Kearney	NE	00:28:07.92	01:03:08.72	00:31:57.63	9:24	02:03:14.29
1630	874/1586	97/168	5189	Torrey Rassfeld	M	46	Lincoln	NE	00:29:34.87	01:03:19.60	00:30:22.74	9:24	02:03:17.21
1631	875/1586	83/145	6492	Jacob Gintz	M	24	Papillion	NE	00:29:13.67	01:05:02.35	00:29:03.82	9:24	02:03:19.85
1632	757/2920	147/503	4103	Alyssa Bitzer	F	28	Omaha	NE	00:29:02.62	01:04:21.77	00:29:55.75	9:24	02:03:20.14
1633	876/1586	139/226	5875	Kyle Kopetzky	M	37	Lincoln	NE	00:26:12.40	01:03:23.97	00:33:44.06	9:24	02:03:20.44
1634	758/2920	82/405	3055	Amanda Hoyt	F	22	Lincoln	NE	00:27:47.88	01:03:47.66	00:31:45.37	9:24	02:03:20.92
1635	877/1586	89/183	2435	Ryan Andrews	M	43	Omaha	NE	00:28:27.84	01:05:21.25	00:29:32.76	9:24	02:03:21.86
1636	759/2920	154/515	2840	Laura Tworek	F	34	Papillion	NE	00:28:28.56	01:05:06.22	00:29:47.60	9:24	02:03:22.39
1637	760/2920	36/154	337	Tina Meeske	F	52	Denton	NE	00:28:58.47	01:04:44.58	00:29:39.52	9:24	02:03:22.58
1638	761/2920	83/405	1738	Shayne Nielsen	F	24	Omaha	NE	00:29:20.72	01:04:38.33	00:29:23.80	9:24	02:03:22.86
1639	878/1586	50/101	2194	Richard Wiedenbeck	M	56	Walton	NE	00:29:20.23	01:05:21.72	00:28:43.12	9:24	02:03:25.08
1640	879/1586	140/226	5493	Jerod Beach	M	38	Lincoln	NE	00:30:33.69	01:03:46.76	00:29:05.22	9:24	02:03:25.68
1641	880/1586	141/226	2524	Ben Loos	M	37	Lincoln	NE	00:29:11.79	01:04:52.97	00:29:21.46	9:24	02:03:26.23
1642	762/2920	134/495	4311	Natalie Whitman	F	35	Omaha	NE	00:26:32.79	01:04:52.17	00:32:02.60	9:25	02:03:27.57
1643	763/2920	155/515	2999	Emily Higgins	F	32	Andover	KS	00:28:58.87	01:03:15.19	00:31:14.08	9:25	02:03:28.15
1644	881/1586	98/168	2039	John Roderique	M	46	Elkhorn	NE	00:26:37.93	01:04:28.15	00:32:22.78	9:25	02:03:28.87
1645	764/2920	148/503	2835	Molly Lebeda	F	25	Omaha	NE	00:30:40.36	01:04:53.52	00:27:55.82	9:25	02:03:29.71

# The Good Life Haltsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1646	765/2920	135/495	6307	Mychelle Thompson	F	36	Bennet	NE	00:29:22.45	01:04:53.95	00:29:14.08	9:25	02:03:30.49
1647	766/2920	90/300	1054	Julie Mcnaughton	F	41	Lincoln	NE	00:29:21.88	01:04:53.46	00:29:16.05	9:25	02:03:31.40
1648	767/2920	4/20	3211	Catherine Toerber	F	14	Blue Rapids	KS	00:27:25.40	01:05:16.85	00:30:49.19	9:25	02:03:31.45
1649	768/2920	84/405	3119	Natalie Henton	F	21	Papillion	NE	00:28:00.77	01:04:10.23	00:31:22.42	9:25	02:03:33.43
1650	769/2920	136/495	556	Courtney Lanon	F	37	Waverly	NE	00:28:40.15	01:04:29.31	00:30:24.32	9:25	02:03:33.78
1651	770/2920	137/495	547	Emily Swanda	F	37	Lincoln	NE	00:28:40.37	01:04:28.84	00:30:24.61	9:25	02:03:33.82
1652	771/2920	138/495	4748	Sarah Toerber	F	39	Blue Rapids	KS	00:27:25.60	01:04:11.84	00:31:57.26	9:25	02:03:34.71
1653	882/1586	142/226	5917	Patrick Lill	M	37	Omaha	NE	00:26:51.63	01:04:10.68	00:32:32.61	9:25	02:03:34.93
1654	883/1586	143/226	5431	Nate Gaebel	M	38	Lincoln	NE	00:26:33.10	01:05:01.90	00:31:59.94	9:25	02:03:34.94
1655	884/1586	4/16	2024	Jerry Easley	M	66	Lincoln	NE	00:29:20.66	01:04:54.78	00:29:19.54	9:25	02:03:34.98
1656	772/2920	91/300	2824	Eileen Hebets	F	44	Denton	NE	00:28:07.91	01:04:58.10	00:30:29.59	9:25	02:03:35.60
1657	773/2920	139/495	6389	Amanda Deterding	F	35	Johnston	IA	00:29:36.28	01:04:35.41	00:29:25.19	9:25	02:03:36.89
1658	774/2920	156/515	6390	Molly Nedved	F	34	Yankton	SD	00:29:36.40	01:04:35.30	00:29:25.18	9:25	02:03:36.89
1659	775/2920	149/503	3562	Storm Mellick	F	25	Dayton	MN	00:28:27.01	01:04:49.14	00:30:21.58	9:25	02:03:37.73
1660	776/2920	48/119	2807	Erin Alexander	F	19	Papillion	NE	00:27:01.48	01:06:07.35	00:30:34.00	9:26	02:03:42.83
1661	777/2920	44/238	3965	Amy Osborne	F	46	Lincoln	NE	00:27:36.75	01:04:22.66	00:31:43.89	9:26	02:03:43.30
1662	885/1586	144/226	6070	Christopher Steinke	M	36	Kearney	NE	00:29:48.80	01:05:56.89	00:27:59.35	9:26	02:03:45.04
1663	886/1586	145/226	6587	Nathan Pennington	M	36	Omaha	NE	00:29:24.19	01:05:48.84	00:28:32.23	9:26	02:03:45.26
1664	778/2920	85/405	709	Andrea Kordik	F	24	Lincoln	NE	00:28:55.08	01:04:46.96	00:30:03.45	9:26	02:03:45.50
1665	887/1586	158/270	2313	Patrick Bennett	M	30	Underwood	IA	00:25:46.08	01:01:04.44	00:36:55.15	9:26	02:03:45.67
1666	779/2920	157/515	3551	Kelli Pearson	F	34	Eagle	NE	00:26:49.28	01:03:07.90	00:33:48.64	9:26	02:03:45.83
1667	888/1586	84/145	5703	Sam Pearson	M	21	Cambridge	NE	00:28:08.12	01:03:01.68	00:32:36.06	9:26	02:03:45.87
1668	889/1586	85/145	4935	Jacob Witte	M	22	Wilsonville	NE	00:28:08.94	01:03:01.47	00:32:36.19	9:26	02:03:46.60
1669	780/2920	150/503	575	Rachel Beranek	F	25	Lincoln	NE	00:28:24.60	01:04:49.44	00:30:33.72	9:26	02:03:47.76
1670	781/2920	45/238	1239	Connie Peterson	F	47	Lincoln	NE	00:27:33.93	01:04:55.27	00:31:18.89	9:26	02:03:48.10
1671	890/1586	99/168	5097	Jason Stracke	M	46	Elkhorn	NE	00:27:31.32	01:02:56.68	00:33:20.31	9:26	02:03:48.32
1672	891/1586	146/226	6116	Ben Bungler	M	35	Hildreth	NE	00:26:09.55	01:03:23.81	00:34:17.18	9:26	02:03:50.55
1673	782/2920	92/300	1672	Erin Sanfilippo	F	40	La Vista	NE	00:29:18.58	01:04:52.94	00:29:39.41	9:26	02:03:50.94
1674	783/2920	151/503	3266	Kay Wieser	F	29	Columbus	NE	00:28:39.24	01:04:26.13	00:30:46.88	9:26	02:03:52.26
1675	784/2920	140/495	6541	Kristy Weddington	F	36	Lincoln	NE	00:27:13.45	01:05:40.11	00:30:59.82	9:27	02:03:53.39
1676	785/2920	49/119	1047	Jannah Follett	F	16	Lincoln	NE	00:28:03.87	01:02:32.17	00:33:17.46	9:27	02:03:53.50
1677	892/1586	159/270	6119	Chris Thull	M	33	Plattsmouth	NE	00:27:22.27	01:05:05.09	00:31:28.95	9:27	02:03:56.31
1678	786/2920	93/300	3516	Jessica Harper	F	42	Lincoln	NE	00:27:06.36	01:04:13.78	00:32:36.28	9:27	02:03:56.43
1679	787/2920	158/515	4320	Becky Knake	F	31	Syracuse	NE	00:28:14.72	01:03:38.72	00:32:06.26	9:27	02:03:59.70
1680	893/1586	51/101	1950	David Selby	M	57	Omaha	NE	00:26:37.98	01:04:20.62	00:33:01.70	9:27	02:04:00.30



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1681	788/2920	86/405	2890	Lauren Klaasmeyer	F	22	Burr	NE	00:29:33.91	01:05:53.67	00:28:34.11	9:27	02:04:01.70
1682	789/2920	87/405	883	Annie Wilson	F	21	Fremont	NE	00:29:14.52	01:05:05.37	00:29:42.09	9:27	02:04:01.99
1683	790/2920	159/515	4105	Laura Griffis	F	32	Fremont	NE	00:29:14.65	01:05:05.03	00:29:42.59	9:27	02:04:02.28
1684	894/1586	51/109	5312	Jim Klaasmeyer	M	50	Burr	NE	00:29:32.71	01:05:08.14	00:29:21.44	9:27	02:04:02.29
1685	791/2920	94/300	4072	Regina Wagner	F	40	Fremont	NE	00:29:14.48	01:05:05.77	00:29:42.06	9:27	02:04:02.32
1686	792/2920	141/495	4095	Keely Backemeyer	F	36	Columbus	NE	00:27:20.67	01:03:34.68	00:33:07.14	9:27	02:04:02.50
1687	793/2920	95/300	1062	Stacey Nelson	F	44	Rapid City	SD	00:27:49.48	01:05:28.47	00:30:46.57	9:27	02:04:04.53
1688	794/2920	46/238	1249	Brandi Haltom	F	46	Omaha	NE	00:30:29.64	01:04:20.17	00:29:15.28	9:27	02:04:05.10
1689	795/2920	88/405	254	Shelby Tewes	F	23	Norfolk	NE	00:28:40.61	01:05:35.62	00:29:49.19	9:27	02:04:05.43
1690	895/1586	52/109	5953	Troy Gladstone	M	53	Holt	MI	00:29:44.51	01:05:43.38	00:28:38.99	9:28	02:04:06.89
1691	796/2920	47/238	1388	Claudia Brunner	F	48	Omaha	NE	00:28:28.32	01:04:49.67	00:30:48.92	9:28	02:04:06.92
1692	896/1586	147/226	5650	Ismael Cordero	M	35	Omaha	NE	00:29:32.26	01:06:39.79	00:27:55.21	9:28	02:04:07.26
1693	897/1586	139/225	6183	Matt White	M	28	Lincoln	NE	00:28:10.14	01:05:30.13	00:30:27.02	9:28	02:04:07.29
1694	797/2920	142/495	2875	Elissa Huebert	F	37	Bellevue	NE	00:27:39.96	01:04:38.78	00:31:48.80	9:28	02:04:07.55
1695	898/1586	100/168	6248	Jim Jarding	M	48	Sioux Falls	SD	00:28:02.75	01:03:26.16	00:32:40.08	9:28	02:04:09.00
1696	798/2920	160/515	2614	Stephanie Lambrecht	F	33	Lincoln	NE	00:28:38.58	01:04:29.05	00:31:02.54	9:28	02:04:10.18
1697	899/1586	148/226	2128	Scott Brown	M	38	Lincoln	NE	00:26:43.83	01:03:29.81	00:33:57.84	9:28	02:04:11.48
1698	799/2920	152/503	998	Andrea Rezac	F	28	Weston	NE	00:28:24.56	01:03:07.74	00:32:39.69	9:28	02:04:11.99
1699	900/1586	101/168	5404	Juan Jimenez	M	48	Lincoln	NE	00:29:21.05	01:04:39.95	00:30:13.09	9:28	02:04:14.11
1700	800/2920	143/495	2678	Tan Ngo	F	37	Lincoln	NE	00:29:38.77	01:03:43.36	00:30:52.05	9:28	02:04:14.19
1701	801/2920	144/495	358	Stephanie Huddle	F	37	Lincoln	NE	00:29:21.69	01:04:40.15	00:30:12.76	9:28	02:04:14.60
1702	802/2920	153/503	2760	Katie Jones	F	27	Lincoln	NE	00:28:16.22	01:03:24.95	00:32:36.12	9:28	02:04:17.30
1703	803/2920	145/495	181	Dandan Zheng	F	36	Omaha	NE	00:30:03.68	01:03:40.32	00:30:33.59	9:28	02:04:17.60
1704	901/1586	90/183	2022	Chi Zhang	M	44	Omaha	NE	00:30:03.87	01:03:40.72	00:30:33.40	9:28	02:04:17.99
1705	902/1586	160/270	2438	Stephen Pointon	M	33	Lincoln	NE	00:27:25.59	01:04:35.20	00:32:17.69	9:28	02:04:18.49
1706	804/2920	146/495	797	Lisa Heinert	F	35	Ogallala	NE	00:29:21.88	01:05:45.38	00:29:12.44	9:29	02:04:19.70
1707	805/2920	161/515	3813	Laura Nelson	F	30	Big Timber	MT	00:29:22.05	01:05:45.19	00:29:12.47	9:29	02:04:19.72
1708	806/2920	162/515	1209	Mary Wilson	F	30	Ogallala	NE	00:29:21.78	01:05:44.98	00:29:14.70	9:29	02:04:21.47
1709	903/1586	91/183	2172	Ritchie Meyer	M	42	Page	NE	00:27:54.76	01:04:55.05	00:31:31.73	9:29	02:04:21.55
1710	807/2920	147/495	435	Janelle Arthur	F	37	Omaha	NE	00:28:25.02	01:05:41.28	00:30:15.55	9:29	02:04:21.86
1711	808/2920	48/238	4604	Diana Weihrauch	F	45	Fort Smith	AR	00:28:30.39	01:06:25.32	00:29:26.51	9:29	02:04:22.24
1712	809/2920	148/495	2905	Stephanie Sherwin	F	36	Syracuse	NE	00:29:03.38	01:05:41.71	00:29:37.41	9:29	02:04:22.51
1713	904/1586	149/226	4960	Nick Petersen	M	35	Syracuse	NE	00:29:03.18	01:05:41.91	00:29:37.66	9:29	02:04:22.75
1714	905/1586	5/16	1891	John Diedrichsen	M	66	Hooper	NE	00:28:20.07	01:04:33.21	00:31:29.80	9:29	02:04:23.09
1715	810/2920	96/300	844	Aimee Hough	F	40	Omaha	NE	00:29:13.56	01:04:24.94	00:30:47.56	9:29	02:04:26.07

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1716	906/1586	140/225	2317	Taylor Stockamp	M	26	Lincoln	NE	00:28:11.57	01:05:51.47	00:30:23.62	9:29	02:04:26.67
1717	811/2920	154/503	6232	Mindy Muhle	F	27	Columbus	NE	00:28:49.74	01:04:46.18	00:30:51.02	9:29	02:04:26.94
1718	812/2920	89/405	6468	Aubree Ford	F	20	Mitchell	NE	00:29:51.98	01:03:50.77	00:30:44.19	9:29	02:04:26.94
1719	813/2920	149/495	1059	Arli Boustead	F	38	Omaha	NE	00:28:01.88	01:05:04.60	00:31:22.24	9:29	02:04:28.73
1720	907/1586	102/168	5596	Patrick Bennett	M	46	Colorado Springs	CO	00:29:06.27	01:05:10.15	00:30:14.59	9:29	02:04:31.02
1721	908/1586	150/226	5456	Brian Thacker	M	35	Papillion	NE	00:29:23.74	01:06:53.96	00:28:13.46	9:29	02:04:31.16
1722	814/2920	150/495	1551	Sandy Kirchner	F	35	Lincoln	NE	00:26:05.75	01:04:14.53	00:34:12.24	9:30	02:04:32.53
1723	909/1586	103/168	2427	Mike Hardin	M	45	Lincoln	NE	00:28:21.52	01:06:48.09	00:29:24.11	9:30	02:04:33.72
1724	910/1586	52/101	5950	Stu Kerns	M	55	Roca	NE	00:29:10.99	01:05:05.10	00:30:18.03	9:30	02:04:34.13
1725	815/2920	19/104	4145	Karen Green	F	56	Lincoln	NE	00:29:26.56	01:05:59.78	00:29:08.96	9:30	02:04:35.31
1726	911/1586	53/109	5559	Daniel Maixner	M	51	Ann Arbor	MI	00:29:09.75	01:04:14.38	00:31:11.18	9:30	02:04:35.32
1727	816/2920	90/405	6491	Erin Wagner	F	22	Omaha	NE	00:29:13.53	01:05:02.07	00:30:20.03	9:30	02:04:35.64
1728	912/1586	6/16	5201	Dan Hurlburt	M	69	Lincoln	NE	00:29:26.05	01:06:00.28	00:29:10.07	9:30	02:04:36.41
1729	817/2920	37/154	2597	Lisa Nehe	F	51	Lincoln	NE	00:28:49.24	01:05:59.99	00:29:47.36	9:30	02:04:36.60
1730	818/2920	151/495	4004	Natalie Headrick	F	35	Lincoln	NE	00:29:03.73	01:05:13.63	00:30:22.47	9:30	02:04:39.84
1731	819/2920	38/154	1108	Gwen Christel	F	52	Papillion	NE	00:28:18.85	01:04:30.12	00:31:53.52	9:30	02:04:42.50
1732	820/2920	5/20	175	Brooklyn Shotkoski	F	12	Lincoln	NE	00:28:09.57	01:06:00.99	00:30:32.39	9:30	02:04:42.96
1733	913/1586	54/109	2574	Dan Christel	M	51	Papillion	NE	00:28:06.34	01:04:40.00	00:31:57.19	9:30	02:04:43.53
1734	821/2920	91/405	4573	Makanna Davis	F	23	Omaha	NE	00:28:42.31	01:05:07.38	00:30:55.08	9:30	02:04:44.78
1735	822/2920	152/495	2877	Melissa Herrmann	F	36	Kearney	NE	00:27:38.90	01:05:02.12	00:32:04.46	9:31	02:04:45.48
1736	823/2920	92/405	4503	Allie Buesing	F	23	Lincoln	NE	00:28:45.93	01:04:47.21	00:31:12.34	9:31	02:04:45.49
1737	824/2920	97/300	566	Elizabeth Shotkoski	F	41	Lincoln	NE	00:28:09.07	01:06:00.84	00:30:35.78	9:31	02:04:45.69
1738	825/2920	98/300	4550	Rhonda Ahrens	F	43	Gretna	NE	00:29:16.03	01:04:54.81	00:30:35.60	9:31	02:04:46.45
1739	826/2920	99/300	3360	Shawna Meyer	F	43	Austin	TX	00:29:16.18	01:04:56.38	00:30:34.29	9:31	02:04:46.86
1740	827/2920	93/405	3097	Vanessa Steckly	F	20	Milford	NE	00:27:55.82	01:04:51.09	00:32:01.30	9:31	02:04:48.22
1741	914/1586	14/46	5628	Kevin Keller	M	63	Lincoln	NE	00:28:44.39	01:05:35.46	00:30:28.73	9:31	02:04:48.59
1742	828/2920	94/405	291	Kelly Tewes	F	24	Bolivar	MO	00:28:41.18	01:05:02.35	00:31:06.70	9:31	02:04:50.24
1743	829/2920	163/515	6478	Ariadna Gonzalez	F	32	Lincoln	NE	00:29:23.37	01:05:24.12	00:30:05.96	9:31	02:04:53.45
1744	915/1586	141/225	5124	Dan Burris	M	29	Lincoln	NE	00:30:08.67	01:05:02.59	00:29:42.58	9:31	02:04:53.86
1745	830/2920	95/405	6231	Laura Capel	F	23	La Vista	NE	00:30:46.97	01:04:35.35	00:29:31.62	9:31	02:04:53.94
1746	831/2920	155/503	2714	Lexee Kuhlman	F	28	Hickman	NE	00:28:28.42	01:05:50.12	00:30:36.40	9:31	02:04:54.95
1747	832/2920	50/119	6296	Morgan Padera	F	19	Crystal Lake	IL	00:28:58.80	01:04:47.64	00:31:09.88	9:31	02:04:56.33
1748	833/2920	96/405	400	Maggie Wedeman	F	24	Washington	DC	00:29:26.77	01:03:42.04	00:31:48.22	9:31	02:04:57.04
1749	834/2920	51/119	1261	Kendra Wiese	F	18	Columbus	NE	00:29:33.33	01:05:01.89	00:30:22.16	9:31	02:04:57.39
1750	835/2920	52/119	2896	Faith Przymus	F	18	Columbus	NE	00:29:33.43	01:05:01.85	00:30:22.46	9:31	02:04:57.75

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1751	916/1586	161/270	5156	Matthew Gibson	M	30	Omaha	NE	00:27:56.96	01:05:59.64	00:31:01.30	9:31	02:04:57.91
1752	917/1586	53/101	5576	Steven Barry	M	57	Ogallala	NE	00:27:04.24	01:06:12.84	00:31:41.16	9:31	02:04:58.26
1753	918/1586	104/168	5560	Dennis Cash	M	46	Lincoln	NE	00:28:28.84	01:03:55.36	00:32:34.34	9:32	02:04:58.54
1754	919/1586	55/109	5233	Todd Havlat	M	54	Lincoln	NE	00:28:23.57	01:05:53.91	00:30:41.57	9:32	02:04:59.07
1755	836/2920	153/495	4041	Tarah Greenfield	F	37	Roca	NE	00:29:23.84	01:05:32.04	00:30:03.84	9:32	02:04:59.73
1756	837/2920	97/405	2873	Megan Cole	F	22	Plattsmouth	NE	00:28:37.70	01:06:16.35	00:30:07.26	9:32	02:05:01.32
1757	920/1586	162/270	5896	Jordec Cramer	M	32	Lincoln	NE	00:27:41.94	01:05:37.27	00:31:43.85	9:32	02:05:03.07
1758	838/2920	49/238	4760	Soni Gelinne	F	49	Sioux City	IA	00:28:28.51	01:05:05.60	00:31:31.22	9:32	02:05:05.34
1759	839/2920	98/405	2689	Hannah Lafflin	F	21	Lincoln	NE	00:31:13.95	01:06:57.26	00:26:54.27	9:32	02:05:05.48
1760	840/2920	99/405	3798	Beth Tjeerdsma	F	21	Kearney	NE	00:31:13.47	01:06:57.74	00:26:54.27	9:32	02:05:05.48
1761	921/1586	163/270	2488	Ryan Rosenow	M	32	Elmwood	NE	00:27:36.34	01:03:21.97	00:34:07.30	9:32	02:05:05.61
1762	841/2920	100/300	499	Eve Brank	F	44	Lincoln	NE	00:29:11.84	01:05:01.86	00:30:52.03	9:32	02:05:05.74
1763	922/1586	54/101	5062	Chris Bears	M	57	Omaha	NE	00:29:14.52	01:05:14.05	00:30:37.97	9:32	02:05:06.54
1764	842/2920	100/405	3268	Haelee Kowalski	F	23	Bellevue	NE	00:28:27.96	01:05:52.15	00:30:46.62	9:32	02:05:06.74
1765	923/1586	92/183	5840	J L Vertin	M	44	Crete	NE	00:29:12.26	01:04:52.58	00:31:03.84	9:32	02:05:08.68
1766	843/2920	101/300	4347	Julie Rasgorshek	F	41	Crete	NE	00:29:12.93	01:04:52.88	00:31:03.14	9:32	02:05:08.96
1767	924/1586	142/225	2139	Jeffrey Kramer	M	27	Lincoln	NE	00:30:37.25	01:02:41.70	00:31:50.89	9:32	02:05:09.85
1768	925/1586	93/183	2189	Eric Chambers	M	43	Omaha	NE	00:32:39.42	01:05:46.80	00:26:43.65	9:32	02:05:09.88
1769	844/2920	102/300	855	Kelli Vohland	F	40	Kearney	NE	00:28:39.33	01:04:53.18	00:31:37.65	9:32	02:05:10.16
1770	845/2920	101/405	3080	Shayla Garetto	F	22	Kearney	NE	00:29:52.98	01:07:16.83	00:28:00.59	9:32	02:05:10.40
1771	846/2920	102/405	953	Sloan Johnson	F	21	Cambridge	NE	00:30:17.36	01:04:43.92	00:30:10.60	9:33	02:05:11.89
1772	847/2920	164/515	3661	Jillian Volnek	F	31	Waverly	NE	00:28:53.09	01:05:52.37	00:30:27.04	9:33	02:05:12.50
1773	926/1586	86/145	1737	Edmond Liu	M	21	Gering	NE	00:27:25.48	01:03:28.38	00:34:19.30	9:33	02:05:13.16
1774	848/2920	165/515	3243	Megan Kalil	F	33	Omaha	NE	00:28:02.21	01:05:04.10	00:32:07.04	9:33	02:05:13.35
1775	849/2920	53/119	6511	Allie Mcandrews	F	19	Lincoln	NE	00:27:50.51	01:05:54.56	00:31:28.32	9:33	02:05:13.39
1776	850/2920	103/405	3913	Adreanna Ernest	F	20	Crete	NE	00:28:49.31	01:04:52.46	00:31:33.42	9:33	02:05:15.20
1777	851/2920	54/119	6369	Emily Stefani	F	19	Lincoln	NE	00:29:02.76	01:06:04.29	00:30:12.40	9:33	02:05:19.45
1778	852/2920	154/495	4042	Laura Lamp	F	37	Hubbard	NE	00:29:24.91	01:05:11.54	00:30:47.45	9:33	02:05:23.91
1779	853/2920	155/495	886	Rachel Baumert	F	38	Lincoln	NE	00:28:28.73	01:04:38.55	00:32:17.72	9:34	02:05:25.00
1780	854/2920	4/44	4051	Kim Creech	F	61	Hastings	NE	00:30:17.34	01:05:02.14	00:30:05.95	9:34	02:05:25.44
1781	855/2920	156/503	3084	Ashley Unzicker	F	26	Norfolk	NE	00:29:07.55	01:04:50.63	00:31:27.79	9:34	02:05:25.98
1782	856/2920	50/238	3401	Eva Schubert	F	47	Lincoln	NE	00:28:55.28	01:05:04.97	00:31:25.92	9:34	02:05:26.17
1783	857/2920	104/405	1298	Taylor Bennett	F	21	Kearney	NE	00:30:16.13	01:04:28.30	00:30:42.28	9:34	02:05:26.71
1784	927/1586	94/183	6448	Steve Festner	M	42	Omaha	NE	00:28:59.25	01:05:34.46	00:30:53.12	9:34	02:05:26.85
1785	928/1586	7/23	1698	Peter Wittmann	M	13	Lincoln	NE	00:28:06.91	01:05:41.42	00:31:39.21	9:34	02:05:27.55

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1786	858/2920	105/405	2922	Haley Boston	F	22	Kearney	NE	00:29:18.02	01:05:19.38	00:30:50.45	9:34	02:05:27.85
1787	929/1586	49/64	4954	Logan Mccarthy	M	19	Lincoln	NE	00:29:25.94	01:03:16.96	00:32:45.06	9:34	02:05:27.96
1788	930/1586	95/183	5514	Jason Quist	M	42	Doniphan	NE	00:28:10.01	01:07:13.18	00:30:04.91	9:34	02:05:28.11
1789	859/2920	106/405	2921	Courtney Dauel	F	23	Lincoln	NE	00:29:17.35	01:05:18.77	00:30:52.07	9:34	02:05:28.20
1790	931/1586	87/145	5322	Antonio Hoover	M	21	Lincoln	NE	00:30:10.16	01:04:32.38	00:30:46.34	9:34	02:05:28.88
1791	932/1586	151/226	5578	Travis Hall	M	36	Omaha	NE	00:26:40.66	01:07:05.85	00:31:42.92	9:34	02:05:29.43
1792	860/2920	5/44	1226	Stephanie Scheffler	F	60	Longmont	CO	00:30:43.89	01:05:43.03	00:29:02.71	9:34	02:05:29.63
1793	861/2920	157/503	301	Michelle Knisely	F	29	Fremont	NE	00:28:36.20	01:05:04.00	00:31:49.50	9:34	02:05:29.70
1794	862/2920	156/495	698	Kristy Pietro	F	37	Omaha	NE	00:29:04.75	01:05:08.30	00:31:16.66	9:34	02:05:29.71
1795	933/1586	7/16	1535	Michael Gearhart	M	65	Kearney	NE	00:29:01.09	01:06:26.12	00:30:02.98	9:34	02:05:30.20
1796	934/1586	8/16	2496	Jim Peter	M	65	Lincoln	NE	00:29:54.41	01:06:58.94	00:28:37.15	9:34	02:05:30.50
1797	935/1586	152/226	2429	Jeff Rottler	M	35	Lincoln	NE	00:27:16.00	01:04:54.75	00:33:21.05	9:34	02:05:31.80
1798	936/1586	164/270	5990	Dan Syde	M	32	Lincoln	NE	00:27:40.11	01:04:36.11	00:33:17.62	9:34	02:05:33.85
1799	863/2920	158/503	6247	Shiloh Davenport	F	27	Lincoln	NE	00:33:52.25	01:04:12.57	00:27:29.32	9:34	02:05:34.15
1800	864/2920	159/503	6352	Emily Casados	F	28	Lincoln	NE	00:28:15.64	01:04:44.88	00:32:34.85	9:34	02:05:35.38
1801	865/2920	51/238	6105	Jean Hern	F	45	Omaha	NE	00:26:47.29	01:03:32.21	00:35:16.08	9:34	02:05:35.60
1802	866/2920	20/104	2850	Julie Nelson	F	55	Lincoln	NE	00:26:51.82	01:05:09.30	00:33:35.59	9:34	02:05:36.71
1803	867/2920	107/405	6348	Madison Mallum	F	22	Lincoln	NE	00:30:56.70	01:06:46.68	00:27:54.58	9:35	02:05:37.97
1804	937/1586	88/145	6350	Dallas Brumels	M	22	Sioux City	IA	00:29:20.16	01:05:04.24	00:31:14.84	9:35	02:05:39.24
1805	868/2920	55/119	732	Adrian Vavala	F	15	Lincoln	NE	00:26:13.09	01:05:23.81	00:34:02.96	9:35	02:05:39.86
1806	869/2920	108/405	1703	Jessica Heithoff	F	24	Omaha	NE	00:28:32.98	01:05:28.62	00:31:38.34	9:35	02:05:39.95
1807	870/2920	109/405	1391	Michelle Peterson	F	24	Abilene	KS	00:28:33.55	01:05:28.63	00:31:38.79	9:35	02:05:40.97
1808	871/2920	39/154	166	Deanna Walter	F	50	Lincoln	NE	00:30:26.37	01:05:11.68	00:30:04.13	9:35	02:05:42.18
1809	938/1586	56/109	5713	Tim McClung	M	53	Lincoln	NE	00:30:26.84	01:05:11.39	00:30:04.42	9:35	02:05:42.65
1810	939/1586	165/270	5935	Nathan Bornemeier	M	34	Roca	NE	00:26:22.71	01:02:56.93	00:36:24.34	9:35	02:05:43.98
1811	872/2920	157/495	1602	Jessica Ulrich	F	37	Omaha	NE	00:28:19.51	01:04:13.06	00:33:12.13	9:35	02:05:44.71
1812	873/2920	56/119	3103	Josie Guernsey	F	16	Pickrell	NE	00:25:59.11	01:06:14.78	00:33:30.98	9:35	02:05:44.87
1813	874/2920	103/300	1303	Emily Williams	F	42	Lincoln	NE	00:29:20.24	01:05:41.82	00:30:42.94	9:35	02:05:45.01
1814	940/1586	105/168	5577	John Guernsey	M	47	Pickrell	NE	00:26:00.13	01:06:14.77	00:33:31.16	9:35	02:05:46.07
1815	875/2920	110/405	1381	Rebekah Spader	F	24	Waco	NE	00:26:45.73	01:03:56.78	00:35:04.58	9:35	02:05:47.09
1816	876/2920	158/495	2887	Jaime Hill	F	36	Papillion	NE	00:29:25.65	01:05:35.82	00:30:46.46	9:35	02:05:47.93
1817	877/2920	160/503	180	Samantha List	F	25	Omaha	NE	00:27:57.48	01:05:05.29	00:32:45.18	9:35	02:05:47.95
1818	941/1586	57/109	2467	Rich Vogel	M	52	Omaha	NE	00:29:40.78	01:05:34.21	00:30:34.98	9:35	02:05:49.98
1819	942/1586	153/226	2485	Nick Pischel	M	37	Lincoln	NE	00:28:20.15	01:06:00.99	00:31:30.45	9:36	02:05:51.60
1820	878/2920	111/405	2758	Haley Kizer	F	23	Lincoln	NE	00:29:34.16	01:05:53.43	00:30:24.10	9:36	02:05:51.69

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1821	879/2920	166/515	1463	Christine Caldwell	F	34	Lincoln	NE	00:27:29.41	01:04:50.36	00:33:33.59	9:36	02:05:53.37
1822	943/1586	58/109	1909	Rick Brening	M	52	Lincoln	NE	00:29:00.01	01:05:08.04	00:31:45.71	9:36	02:05:53.77
1823	944/1586	96/183	2472	Mathew Miller	M	40	Omaha	NE	00:27:43.35	01:06:44.43	00:31:26.09	9:36	02:05:53.88
1824	880/2920	167/515	1263	Kara Walker	F	30	Lincoln	NE	00:29:09.47	01:05:12.31	00:31:33.07	9:36	02:05:54.85
1825	945/1586	166/270	5397	Cody Agnew	M	33	Lincoln	NE	00:28:54.84	01:07:06.05	00:29:55.47	9:36	02:05:56.36
1826	881/2920	161/503	979	Leslie Elbe	F	25	Lincoln	NE	00:27:59.48	01:05:44.09	00:32:14.93	9:36	02:05:58.51
1827	882/2920	162/503	3707	Kelsey Bernt	F	26	Omaha	NE	00:29:33.61	01:06:13.00	00:30:14.30	9:36	02:06:00.91
1828	883/2920	163/503	489	Marissa Richman	F	26	Lincoln	NE	00:29:20.09	01:05:17.83	00:31:23.82	9:36	02:06:01.74
1829	884/2920	21/104	2740	Teresa Mejstrik	F	55	Valley	NE	00:28:51.48	01:04:50.54	00:32:20.97	9:36	02:06:02.99
1830	885/2920	52/238	3491	Kelly Brakenhoff	F	49	Lincoln	NE	00:30:04.23	01:05:19.45	00:30:42.20	9:37	02:06:05.88
1831	946/1586	143/225	2224	Bradley Rediger	M	27	Milford	NE	00:30:33.58	01:06:34.19	00:28:58.83	9:37	02:06:06.60
1832	886/2920	159/495	3219	Kelly Lambert	F	36	Lincoln	NE	00:29:45.32	01:05:37.04	00:30:45.59	9:37	02:06:07.96
1833	947/1586	167/270	2144	Patrick Leahy	M	34	Omaha	NE	00:28:28.37	01:05:46.18	00:31:53.84	9:37	02:06:08.39
1834	948/1586	97/183	1768	Rick Seamann	M	41	Lincoln	NE	00:27:48.40	01:04:25.95	00:33:55.21	9:37	02:06:09.57
1835	887/2920	168/515	3385	Gail Dishman	F	33	Utica	NE	00:27:46.69	01:05:20.43	00:33:02.79	9:37	02:06:09.92
1836	888/2920	169/515	405	Abby Buschkoetter	F	30	Grand Island	NE	00:29:56.15	01:05:04.59	00:31:09.42	9:37	02:06:10.16
1837	949/1586	59/109	5148	Rick Costello	M	53	Lincoln	NE	00:30:15.78	01:07:13.83	00:28:41.01	9:37	02:06:10.63
1838	889/2920	160/495	1359	Sarah Dworak	F	37	Ralston	NE	00:29:38.17	01:06:13.45	00:30:20.50	9:37	02:06:12.12
1839	890/2920	164/503	341	Christina Condrey	F	26	Lincoln	NE	00:29:57.65	01:05:55.48	00:30:19.76	9:37	02:06:12.90
1840	891/2920	170/515	4228	Kasey Robinson	F	33	Lincoln	NE	00:29:53.57	01:05:35.81	00:30:44.34	9:37	02:06:13.73
1841	892/2920	165/503	3189	Lauren Leigh	F	29	Omaha	NE	00:28:15.59	01:05:15.18	00:32:43.80	9:37	02:06:14.58
1842	950/1586	89/145	1959	Cody Florian	M	23	Garland	NE	00:31:38.86	01:06:46.22	00:27:49.87	9:37	02:06:14.95
1843	951/1586	106/168	2417	Warren Holt	M	45	Lincoln	NE	00:28:14.48	01:06:01.58	00:31:58.92	9:37	02:06:14.99
1844	893/2920	112/405	3270	Priscilla White	F	22	Lincoln	NE	00:29:45.02	01:05:11.44	00:31:18.59	9:37	02:06:15.05
1845	894/2920	53/238	4664	Mary Tompkin	F	48	Fort Collins	CO	00:28:08.34	01:04:57.55	00:33:11.02	9:37	02:06:16.91
1846	952/1586	98/183	5271	David Payne	M	43	Gretna	NE	00:30:16.59	01:05:43.25	00:30:21.29	9:38	02:06:21.14
1847	895/2920	104/300	2950	Melanie Reinke	F	43	Walton	NE	00:30:33.92	01:05:52.57	00:29:55.12	9:38	02:06:21.61
1848	896/2920	161/495	2898	Kilea Wilke	F	38	Yutan	NE	00:29:43.81	01:06:02.29	00:30:35.59	9:38	02:06:21.70
1849	897/2920	171/515	867	Nicole Hofer	F	34	Elkhorn	NE	00:28:43.96	01:04:51.80	00:32:47.34	9:38	02:06:23.11
1850	898/2920	40/154	420	Sharon Brening	F	53	Lincoln	NE	00:29:50.10	01:06:10.50	00:30:22.67	9:38	02:06:23.28
1851	953/1586	60/109	5126	Thomas Vandewalle	M	50	Overland Park	KS	00:28:46.34	01:05:35.31	00:32:01.71	9:38	02:06:23.37
1852	899/2920	113/405	3079	Liz Cunningham	F	22	Kearney	NE	00:29:53.94	01:07:16.64	00:29:17.27	9:38	02:06:27.86
1853	900/2920	166/503	4480	Jordan Gearke	F	27	Denver	PR	00:28:22.45	01:06:26.08	00:31:39.59	9:38	02:06:28.12
1854	901/2920	114/405	907	Mikalsh Mertlik	F	22	Lincoln	NE	00:27:48.01	01:02:32.47	00:36:07.69	9:38	02:06:28.19
1855	902/2920	172/515	3239	Candice Howell	F	34	Lincoln	NE	00:29:06.58	01:02:45.41	00:34:36.22	9:38	02:06:28.21

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1856	954/1586	154/226	6010	Chad Zoucha	M	38	Malcolm	NE	00:27:38.82	01:06:26.56	00:32:23.05	9:38	02:06:28.43
1857	903/2920	173/515	3168	Whitney Cyriacks	F	30	Lincoln	NE	00:29:02.99	01:06:11.50	00:31:14.13	9:38	02:06:28.62
1858	904/2920	174/515	3659	Vicki Swenson	F	34	Colman	SD	00:27:48.26	01:05:32.12	00:33:08.48	9:38	02:06:28.87
1859	905/2920	41/154	813	Julie Kruckeberg	F	53	South Bend	NE	00:28:59.95	01:05:38.40	00:31:51.70	9:38	02:06:30.05
1860	906/2920	162/495	3052	Meghan Hemenway	F	35	Lenexa	KS	00:28:38.67	01:03:36.16	00:34:15.23	9:38	02:06:30.07
1861	955/1586	168/270	5823	Marcus Nielsen	M	32	Lincoln	NE	00:26:18.37	01:05:03.38	00:35:09.27	9:39	02:06:31.02
1862	956/1586	15/46	2195	Tom Dobbe	M	61	Lincoln	NE	00:28:48.84	01:06:30.90	00:31:11.37	9:39	02:06:31.11
1863	907/2920	54/238	1144	Marci Rost	F	47	Lincoln	NE	00:28:55.88	01:07:09.52	00:30:27.50	9:39	02:06:32.91
1864	957/1586	55/101	2487	Scot Morrison	M	57	Lincoln	NE	00:26:25.94	01:04:04.14	00:36:04.00	9:39	02:06:34.09
1865	908/2920	105/300	3059	Anne Loudon	F	44	Lincoln	NE	00:29:22.93	01:04:28.69	00:32:42.59	9:39	02:06:34.22
1866	909/2920	55/238	833	Julie Heyen	F	45	Lincoln	NE	00:29:10.85	01:05:44.68	00:31:38.96	9:39	02:06:34.50
1867	910/2920	167/503	4742	Emily Ridder	F	27	Omaha	NE	00:29:25.33	01:06:02.05	00:31:07.34	9:39	02:06:34.73
1868	958/1586	107/168	2495	Thomas Hempel	M	47	Omaha	NE	00:26:57.71	01:07:10.35	00:32:27.12	9:39	02:06:35.19
1869	911/2920	175/515	2802	Charlie Friesen	F	31	Aurora	NE	00:29:22.94	01:08:03.46	00:29:10.14	9:39	02:06:36.55
1870	912/2920	168/503	3031	Samantha Welch	F	25	Lincoln	NE	00:28:48.75	01:07:07.77	00:30:40.70	9:39	02:06:37.23
1871	913/2920	176/515	1680	Jennifer Uphoff	F	30	Glenwood	IA	00:26:34.24	01:06:24.91	00:33:40.56	9:39	02:06:39.72
1872	914/2920	177/515	1057	Greta Rottler	F	34	Lincoln	NE	00:27:15.13	01:04:56.46	00:34:28.31	9:39	02:06:39.90
1873	915/2920	178/515	4127	Gina Stukenholtz	F	34	Papillion	NE	00:29:07.83	01:06:53.19	00:30:39.09	9:39	02:06:40.12
1874	959/1586	99/183	6490	Rick Dodge	M	42	Beatrice	NE	00:29:27.69	01:06:55.56	00:30:18.71	9:39	02:06:41.96
1875	960/1586	90/145	4840	Jacob Baron	M	20	Lincoln	NE	00:29:19.56	01:05:14.64	00:32:09.08	9:40	02:06:43.28
1876	916/2920	163/495	3836	Laura Cox	F	36	Gretna	NE	00:29:54.72	01:06:34.32	00:30:17.10	9:40	02:06:46.14
1877	917/2920	164/495	3074	Myung Collins	F	36	Council Bluffs	IA	00:28:19.57	01:05:31.48	00:32:55.46	9:40	02:06:46.52
1878	961/1586	56/101	1982	Dan Anderson	M	56	Nemaha	NE	00:30:04.85	01:06:40.68	00:30:01.66	9:40	02:06:47.20
1879	918/2920	56/238	3250	Karoline Anderson	F	46	Omaha	NE	00:30:05.37	01:06:40.36	00:30:01.52	9:40	02:06:47.27
1880	919/2920	57/119	2978	Taylyn Petsche	F	15	Roca	NE	00:30:15.13	01:07:08.67	00:29:24.09	9:40	02:06:47.89
1881	920/2920	58/119	227	Kelsey Faust	F	17	Columbus	NE	00:30:15.59	01:07:08.38	00:29:24.15	9:40	02:06:48.13
1882	921/2920	115/405	6373	Jessica L'hommedieu	F	23	Crete	NE	00:30:13.28	01:06:28.43	00:30:06.56	9:40	02:06:48.27
1883	962/1586	57/101	1754	Michael Zimmerman	M	55	Papillion	NE	00:29:02.14	01:05:32.75	00:32:14.63	9:40	02:06:49.52
1884	963/1586	169/270	5004	Andy Sorensen	M	30	Lincoln	NE	00:27:56.41	01:06:36.32	00:32:18.32	9:40	02:06:51.05
1885	922/2920	169/503	1292	Shani Daws	F	28	Lincoln	NE	00:27:56.26	01:06:36.47	00:32:18.32	9:40	02:06:51.06
1886	923/2920	106/300	1113	Amy Decker	F	44	Lincoln	NE	00:28:40.88	01:05:49.36	00:32:20.83	9:40	02:06:51.07
1887	924/2920	170/503	3138	Marcy Thernes	F	29	Omaha	NE	00:26:52.67	01:07:18.33	00:32:40.11	9:40	02:06:51.12
1888	964/1586	170/270	5588	Kevin Reynolds	M	30	Lincoln	NE	00:28:27.97	01:06:52.63	00:31:32.01	9:40	02:06:52.62
1889	925/2920	107/300	745	Mandy Howard	F	41	Papillion	NE	00:29:25.54	01:05:37.42	00:31:50.38	9:40	02:06:53.35
1890	926/2920	171/503	703	Danielle Young	F	29	Lincoln	NE	00:27:32.94	01:06:26.07	00:32:54.70	9:40	02:06:53.72

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1891	927/2920	179/515	1548	Jessica Wurtz	F	31	Valley	NE	00:29:30.44	01:05:37.83	00:31:45.78	9:40	02:06:54.06
1892	965/1586	58/101	5609	Gregory Olson	M	58	Bellevue	NE	00:28:02.75	01:02:34.11	00:36:17.27	9:40	02:06:54.13
1893	966/1586	100/183	6496	Sean McMahon	M	44	Fremont	NE	00:29:53.42	01:05:40.55	00:31:20.66	9:40	02:06:54.64
1894	928/2920	108/300	6495	Beth McMahon	F	42	Fremont	NE	00:29:19.25	01:06:15.02	00:31:20.43	9:40	02:06:54.70
1895	929/2920	116/405	2214	Denie Jacobson	F	20	Gordon	NE	00:29:33.87	01:07:23.04	00:29:59.74	9:41	02:06:56.66
1896	930/2920	42/154	2099	Roberta Jacobson	F	54	Gordon	NE	00:29:34.02	01:07:23.15	00:29:59.62	9:41	02:06:56.80
1897	967/1586	101/183	6122	Tom Walmsley	M	44	Bondurant	IA	00:29:24.55	01:06:40.64	00:30:53.37	9:41	02:06:58.56
1898	931/2920	109/300	4067	Lori Borer	F	41	Firth	NE	00:27:56.68	00:59:50.46	00:39:15.09	9:41	02:07:02.24
1899	932/2920	180/515	2014	Crystal Petersen	F	34	Fort Riley	KS	00:29:22.63	01:06:05.86	00:31:33.98	9:41	02:07:02.47
1900	933/2920	181/515	2794	Emily Bolt	F	34	Wamego	KS	00:29:25.98	01:06:54.85	00:30:41.66	9:41	02:07:02.50
1901	934/2920	182/515	411	Emma Shields	F	31	Pleasant Hill	IA	00:30:03.85	01:05:22.23	00:31:37.24	9:41	02:07:03.33
1902	935/2920	110/300	4197	Trisha Paul	F	41	Grand Island	NE	00:29:29.77	01:07:05.29	00:30:28.40	9:41	02:07:03.47
1903	968/1586	155/226	5128	Korey Donahoo	M	35	Lincoln	NE	00:30:14.01	01:06:02.55	00:30:47.76	9:41	02:07:04.32
1904	936/2920	43/154	1284	Elly Hardekopf	F	54	Lincoln	NE	00:29:16.88	01:05:19.96	00:32:28.45	9:41	02:07:05.31
1905	937/2920	172/503	2827	Sydney Johnson	F	26	Omaha	NE	00:29:58.75	01:07:50.44	00:29:17.02	9:41	02:07:06.21
1906	938/2920	183/515	4873	Charlotte Wood	F	31	Sioux Falls	SD	00:29:37.91	01:08:09.99	00:29:20.02	9:41	02:07:07.92
1907	939/2920	173/503	3983	Ardith Solis-Wood	F	29	Truckee	CA	00:29:37.67	01:08:10.02	00:29:20.23	9:41	02:07:07.93
1908	940/2920	111/300	2786	Leslie Priebe	F	43	Omaha	NE	00:29:59.56	01:06:53.86	00:30:23.08	9:42	02:07:16.51
1909	941/2920	165/495	713	Amanda Marshall	F	35	Omaha	NE	00:27:17.10	01:05:03.40	00:34:56.82	9:42	02:07:17.32
1910	942/2920	57/238	1114	Georgina Hueske	F	46	Hastings	NE	00:30:03.98	01:05:42.68	00:31:30.77	9:42	02:07:17.45
1911	943/2920	166/495	1561	Stephanie Guy	F	35	Omaha	NE	00:27:17.02	01:05:03.74	00:34:56.83	9:42	02:07:17.59
1912	969/1586	171/270	5420	Brian Moore	M	30	Omaha	NE	00:31:48.82	01:05:20.58	00:30:09.13	9:42	02:07:18.54
1913	970/1586	102/183	5572	Craig Jansen	M	42	Hickman	NE	00:27:45.36	01:03:53.65	00:35:40.25	9:42	02:07:19.26
1914	971/1586	144/225	5013	Taylor Zillig	M	27	Lincoln	NE	00:26:52.54	01:01:57.35	00:38:29.53	9:42	02:07:19.43
1915	944/2920	58/238	4376	Lori Snyder	F	48	Bloomfield	IA	00:29:48.79	01:06:20.25	00:31:11.19	9:42	02:07:20.24
1916	945/2920	174/503	4845	Katie Kudron	F	25	Lincoln	NE	00:29:47.01	01:06:32.40	00:31:00.92	9:42	02:07:20.34
1917	946/2920	59/238	2669	Tracy Olmhausen	F	49	Omaha	NE	00:30:09.81	01:06:43.62	00:30:28.31	9:42	02:07:21.75
1918	947/2920	184/515	6234	Lindsey Farris	F	34	Lincoln	NE	00:27:55.91	01:05:14.78	00:34:12.32	9:43	02:07:23.02
1919	948/2920	167/495	671	Shannon Woodcock	F	35	Cambridge	NY	00:28:00.45	01:07:00.97	00:32:22.27	9:43	02:07:23.69
1920	949/2920	117/405	2936	Makenna Kreikemeier	F	21	Lincoln	NE	00:27:22.64	01:03:36.55	00:36:25.89	9:43	02:07:25.09
1921	972/1586	91/145	5799	Blake Ristine	M	21	Lincoln	NE	00:27:26.72	01:07:18.28	00:32:40.91	9:43	02:07:25.92
1922	950/2920	168/495	3455	Michelle Jensen	F	36	Lincoln	NE	00:29:00.21	01:05:33.26	00:32:52.69	9:43	02:07:26.16
1923	951/2920	185/515	158	Jennifer Myers	F	33	Lincoln	NE	00:27:15.55	01:06:28.19	00:33:44.30	9:43	02:07:28.05
1924	973/1586	59/101	2084	Greg Jack	M	57	Omaha	NE	00:30:46.37	01:06:33.28	00:30:09.00	9:43	02:07:28.66
1925	952/2920	44/154	3291	Kaye Kennedy	F	52	Omaha	NE	00:30:47.01	01:06:33.28	00:30:09.00	9:43	02:07:29.30

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1926	974/1586	172/270	1713	Derek Dunn	M	30	Wichita	KS	00:30:36.84	01:05:53.61	00:31:00.81	9:43	02:07:31.26
1927	953/2920	60/238	1604	Mae Ahrendsen	F	49	Omaha	NE	00:29:44.27	01:05:55.23	00:31:51.91	9:43	02:07:31.42
1928	975/1586	103/183	2355	Ben Hennecke	M	41	Lincoln	NE	00:30:26.30	01:06:40.61	00:30:24.96	9:43	02:07:31.88
1929	954/2920	169/495	1145	Lindy Andersen	F	39	Omaha	NE	00:30:18.13	01:06:43.87	00:30:30.33	9:43	02:07:32.34
1930	955/2920	186/515	3930	Dani Mcneil	F	32	Brainerd	MN	00:28:15.98	01:06:42.70	00:32:35.96	9:43	02:07:34.65
1931	976/1586	104/183	5795	Lars Larsen	M	43	Cordova	NE	00:27:39.10	01:06:19.60	00:33:37.47	9:44	02:07:36.17
1932	956/2920	59/119	4332	Tia Buhr	F	19	Filley	NE	00:28:29.32	01:06:08.88	00:32:58.20	9:44	02:07:36.41
1933	957/2920	187/515	683	Jayde Wohlgemuth	F	32	Funk	NE	00:31:04.48	01:06:55.61	00:29:36.37	9:44	02:07:36.46
1934	958/2920	118/405	1516	Taylor Buhr	F	22	Filley	NE	00:28:29.22	01:06:08.99	00:32:58.26	9:44	02:07:36.47
1935	977/1586	173/270	1852	Clint Sedivy	M	33	Elkhorn	NE	00:26:32.04	01:04:52.39	00:36:13.63	9:44	02:07:38.07
1936	978/1586	105/183	1975	Martin Jorgensen	M	41	Lincoln	NE	00:29:17.10	01:07:22.93	00:31:01.21	9:44	02:07:41.24
1937	959/2920	61/238	583	Tova Rathbone	F	46	Waverly	NE	00:30:28.68	01:06:08.19	00:31:04.60	9:44	02:07:41.47
1938	960/2920	175/503	4758	Jennifer Petersen	F	28	St. Louis	MO	00:29:34.25	01:05:06.76	00:33:00.47	9:44	02:07:41.48
1939	961/2920	176/503	1566	Chelsea Schutter	F	29	Lincoln	NE	00:29:35.75	01:05:24.35	00:32:41.97	9:44	02:07:42.09
1940	962/2920	119/405	6322	Shelby Mcmanigal	F	23	Center	NE	00:28:58.85	01:02:59.20	00:35:44.24	9:44	02:07:42.29
1941	963/2920	62/238	3770	Susan Sutton	F	48	Omaha	NE	00:32:09.99	01:05:12.69	00:30:19.83	9:44	02:07:42.51
1942	964/2920	177/503	4912	Sarah Rothchild	F	25	Lincoln	NE	00:28:58.67	01:06:20.79	00:32:23.59	9:44	02:07:43.06
1943	965/2920	112/300	3088	Vanessa Roof	F	40	Lincoln	NE	00:27:48.98	01:05:53.69	00:34:02.21	9:44	02:07:44.88
1944	979/1586	145/225	5414	Braedon Phillips	M	26	Omaha	NE	00:28:11.84	01:04:46.80	00:34:46.35	9:44	02:07:45.00
1945	980/1586	50/64	4980	Noah Harrison	M	16	Lincoln	NE	00:28:51.51	01:04:00.38	00:34:53.20	9:44	02:07:45.09
1946	981/1586	146/225	6081	Ben Thiele	M	27	Lincoln	NE	00:26:53.46	01:07:04.65	00:33:48.99	9:44	02:07:47.10
1947	982/1586	174/270	1854	Shawn Toovey	M	34	Gretna	NE	00:29:00.80	01:05:59.46	00:32:47.02	9:44	02:07:47.28
1948	966/2920	170/495	3572	Alysia Karlin	F	38	Pickrell	NE	00:29:49.82	01:06:20.04	00:31:39.04	9:45	02:07:48.91
1949	967/2920	188/515	4165	Laura Mclaughlin	F	33	Bayard	NE	00:29:51.21	01:06:13.98	00:31:44.18	9:45	02:07:49.38
1950	968/2920	171/495	424	Katrina Dunn	F	36	Derby	KS	00:30:33.52	01:07:34.33	00:29:41.61	9:45	02:07:49.46
1951	983/1586	156/226	1840	Brad Bentjen	M	37	Waverly	NE	00:29:51.71	01:06:27.14	00:31:30.92	9:45	02:07:49.78
1952	969/2920	189/515	935	Elizabeth Light	F	34	Wichita	KS	00:30:33.59	01:07:34.66	00:29:41.62	9:45	02:07:49.87
1953	970/2920	172/495	417	Melinda Bentjen	F	38	Waverly	NE	00:29:51.74	01:06:26.15	00:31:32.08	9:45	02:07:49.98
1954	971/2920	173/495	4368	Ashley Mccracken	F	35	Lincoln	NE	00:28:47.84	01:07:15.43	00:31:47.35	9:45	02:07:50.62
1955	972/2920	190/515	4369	Lydia Dorn	F	33	Bennet	NE	00:28:48.49	01:07:15.42	00:31:47.16	9:45	02:07:51.07
1956	973/2920	60/119	6406	Sarah Synek	F	19	Kearney	NE	00:30:27.94	01:07:30.25	00:29:53.58	9:45	02:07:51.78
1957	974/2920	45/154	496	Joanne Frandolig	F	50	Lincoln	NE	00:29:33.98	01:06:20.52	00:31:59.10	9:45	02:07:53.60
1958	984/1586	175/270	6131	Sean Bottger	M	31	Lincoln	NE	00:28:44.22	01:07:31.71	00:31:37.91	9:45	02:07:53.85
1959	975/2920	174/495	3247	Karen Conrad	F	36	Omaha	NE	00:32:21.43	01:04:39.50	00:30:57.16	9:45	02:07:58.10
1960	976/2920	178/503	2832	Karen Da Silva	F	28	Lincoln	NE	00:29:44.52	01:07:16.82	00:30:56.91	9:45	02:07:58.26



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1961	977/2920	191/515	6308	Ashlea Allberry	F	30	Lincoln	NE	00:28:27.70	01:07:14.38	00:32:17.16	9:45	02:07:59.25
1962	978/2920	63/238	507	June Kleinschmidt	F	48	Grafton	NE	00:29:52.44	01:06:01.66	00:32:05.29	9:45	02:07:59.39
1963	979/2920	113/300	6422	Molly Johnson	F	40	Grand Island	NE	00:28:28.24	01:07:13.44	00:32:17.84	9:45	02:07:59.52
1964	980/2920	175/495	6252	Katie Zulkoski	F	35	Lincoln	NE	00:28:28.79	01:07:13.17	00:32:17.57	9:45	02:07:59.54
1965	981/2920	64/238	967	Jenn Osendorf	F	45	Burnsville	MN	00:28:44.79	01:06:26.06	00:32:48.87	9:45	02:07:59.73
1966	982/2920	176/495	5771	Maya Orr	F	35	Sidney	NE	00:29:27.23	01:08:05.07	00:30:29.34	9:45	02:08:01.65
1967	983/2920	179/503	363	Regina Roebke	F	27	Lincoln	NE	00:30:08.10	01:06:34.50	00:31:19.08	9:45	02:08:01.68
1968	984/2920	65/238	6451	Bishnu Adhikari	F	46	Bennington	NE	00:30:05.64	01:06:36.49	00:31:21.17	9:46	02:08:03.31
1969	985/1586	157/226	5622	Nicholas Phillips	M	39	Omaha	NE	00:29:23.11	01:06:02.61	00:32:37.75	9:46	02:08:03.47
1970	985/2920	22/104	2670	Patty Clausen	F	59	Beatrice	NE	00:29:52.62	01:07:06.68	00:31:04.84	9:46	02:08:04.16
1971	986/2920	177/495	711	Jennifer Thompson	F	39	Lincoln	NE	00:29:51.49	01:06:57.04	00:31:16.27	9:46	02:08:04.81
1972	987/2920	120/405	6367	Jess Gohmann	F	20	Lincoln	NE	00:29:04.83	01:06:39.47	00:32:20.51	9:46	02:08:04.82
1973	986/1586	176/270	5003	Maxwel Coura Oliveira	M	31	Lincoln	NE	00:29:44.67	01:07:16.43	00:31:03.83	9:46	02:08:04.94
1974	988/2920	121/405	4365	Alexis Hrouda	F	23	Lincoln	NE	00:28:18.75	01:06:12.32	00:33:35.09	9:46	02:08:06.17
1975	989/2920	122/405	3803	Kate Lawson	F	24	Omaha	NE	00:28:19.06	01:06:12.72	00:33:35.37	9:46	02:08:07.15
1976	990/2920	178/495	3952	Angy Murphy	F	35	Springview	NE	00:29:47.93	01:06:17.20	00:32:02.99	9:46	02:08:08.13
1977	987/1586	92/145	4938	David Petersen	M	20	Lincoln	NE	00:30:45.36	01:08:10.58	00:29:12.92	9:46	02:08:08.87
1978	988/1586	51/64	5690	Jacob Kitchen	M	19	Lincoln	NE	00:30:45.02	01:08:12.07	00:29:12.65	9:46	02:08:09.74
1979	989/1586	158/226	6443	Javier Garcia	M	39	Webb City	MO	00:30:20.95	01:08:57.75	00:28:51.08	9:46	02:08:09.78
1980	990/1586	93/145	6215	Kyle Rhodes	M	23	Gretna	NE	00:29:13.26	01:07:07.57	00:31:49.78	9:46	02:08:10.61
1981	991/1586	147/225	5416	Jamin Mcquillan	M	26	Lincoln	NE	00:34:25.91	01:02:20.51	00:31:25.94	9:46	02:08:12.36
1982	991/2920	180/503	2849	Morgan Hrasky	F	28	Geneva	NE	00:29:51.12	01:06:01.98	00:32:20.90	9:46	02:08:14.00
1983	992/2920	123/405	1286	Kelly Dunn	F	24	Lincoln	NE	00:30:27.36	01:07:50.55	00:29:56.78	9:46	02:08:14.70
1984	993/2920	114/300	3398	Brenda Magana	F	42	San Antonio	TX	00:29:04.93	01:07:16.00	00:31:55.27	9:47	02:08:16.21
1985	994/2920	181/503	3784	Ashley Rinke	F	27	Lincoln	NE	00:29:01.78	01:06:50.82	00:32:26.43	9:47	02:08:19.04
1986	995/2920	124/405	3421	Allie Filbert	F	20	Panama	NE	00:30:47.10	01:07:17.45	00:30:14.54	9:47	02:08:19.10
1987	996/2920	66/238	1094	Ralisa Leaman	F	49	Doniphan	NE	00:30:19.45	01:07:12.22	00:30:47.54	9:47	02:08:19.22
1988	997/2920	179/495	1364	Amy Clark	F	37	Lincoln	NE	00:28:26.82	01:06:32.04	00:33:20.71	9:47	02:08:19.58
1989	998/2920	180/495	611	Amanda Baker	F	36	Lincoln	NE	00:31:10.89	01:07:44.68	00:29:24.37	9:47	02:08:19.94
1990	999/2920	181/495	3587	Jana Phillips	F	38	Allen	KS	00:29:20.02	01:05:37.82	00:33:22.86	9:47	02:08:20.70
1991	1000/2920	192/515	901	Carrie Miller	F	32	Lincoln	NE	00:30:42.82	01:07:31.77	00:30:07.26	9:47	02:08:21.86
1992	1001/2920	182/503	4468	Kate Little	F	29	Elkhorn	NE	00:30:00.99	01:06:33.36	00:31:50.34	9:47	02:08:24.69
1993	1002/2920	115/300	4055	Lashawnda Woods	F	41	Omaha	NE	00:30:36.72	01:06:43.30	00:31:04.84	9:47	02:08:24.87
1994	992/1586	159/226	6056	Travis Shepler	M	35	Hickman	NE	00:29:44.17	01:06:05.93	00:32:34.91	9:47	02:08:25.02
1995	993/1586	106/183	2133	Rajan Bhattarai	M	40	Omaha	NE	00:28:08.73	01:05:11.54	00:35:04.89	9:47	02:08:25.17

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
1996	994/1586	61/109	5822	Michael Clark	M	50	Wichita	KS	00:28:07.97	01:08:06.91	00:32:12.13	9:47	02:08:27.02
1997	1003/2920	183/503	754	Emily Ludwig	F	26	Omaha	NE	00:28:47.73	01:07:15.90	00:32:25.79	9:48	02:08:29.43
1998	1004/2920	182/495	3019	Valerie Lo	F	39	San Francisco	CA	00:28:21.73	01:06:16.82	00:33:50.94	9:48	02:08:29.51
1999	1005/2920	6/44	4115	Debra K Shissler	F	63	Dell Rapids	SD	00:30:20.67	01:07:43.50	00:30:25.75	9:48	02:08:29.92
2000	1006/2920	116/300	1742	Jenny Schlosser	F	42	Omaha	NE	00:30:00.54	01:06:53.73	00:31:35.91	9:48	02:08:30.19
2001	1007/2920	117/300	1470	Greta Wiebe	F	42	Lincoln	NE	00:30:46.54	01:07:14.14	00:30:33.07	9:48	02:08:33.76
2002	1008/2920	183/495	273	Jen Bonzheim-Lattig	F	38	Eagle	NE	00:29:00.32	01:06:42.34	00:32:51.12	9:48	02:08:33.79
2003	1009/2920	118/300	2732	Shelley Wilkinson	F	42	Culbertson	NE	00:29:31.01	01:07:11.46	00:31:52.92	9:48	02:08:35.40
2004	1010/2920	184/495	3101	Mikaleh Esquitin	F	35	St Paul	NE	00:29:44.19	01:06:24.87	00:32:27.96	9:48	02:08:37.03
2005	1011/2920	185/495	4515	Julie Wiekamp	F	36	Lincoln	NE	00:28:27.25	01:07:28.76	00:32:41.90	9:48	02:08:37.91
2006	1012/2920	193/515	4776	Danae Garfield	F	32	Lincoln	NE	00:30:48.76	01:06:40.94	00:31:08.75	9:48	02:08:38.46
2007	1013/2920	194/515	3908	Candace Bahr	F	31	Adams	NE	00:28:48.56	01:04:52.46	00:34:57.70	9:48	02:08:38.72
2008	995/1586	177/270	5494	Travis Roeder	M	32	Papillion	NE	00:31:31.46	01:07:33.85	00:29:33.74	9:48	02:08:39.06
2009	1014/2920	125/405	4844	Kathryn Kopetzky	F	24	Lincoln	NE	00:29:47.14	01:06:58.86	00:31:53.37	9:48	02:08:39.38
2010	996/1586	1/5	5216	Gary Karre	M	72	Longmont	CO	00:28:23.83	01:06:25.44	00:33:51.34	9:48	02:08:40.61
2011	997/1586	108/168	2384	Tim Jonas	M	48	Lincoln	NE	00:30:49.00	01:07:26.07	00:30:26.74	9:49	02:08:41.81
2012	998/1586	52/64	4865	Ben Puente	M	16	Lincoln	NE	00:29:20.62	01:09:51.30	00:29:30.08	9:49	02:08:42.01
2013	1015/2920	195/515	2982	Kara Ficke	F	34	Lincoln	NE	00:29:55.71	01:06:58.15	00:31:50.14	9:49	02:08:44.00
2014	1016/2920	46/154	3120	Teresa Rathjen	F	50	York	NE	00:28:51.76	01:07:15.47	00:32:37.93	9:49	02:08:45.17
2015	1017/2920	67/238	241	Mary Lea Free	F	46	Hickman	NE	00:30:55.87	01:08:32.92	00:29:17.58	9:49	02:08:46.38
2016	1018/2920	184/503	3044	Michelle Lucas	F	26	Bellevue	NE	00:30:00.02	01:08:26.95	00:30:20.03	9:49	02:08:47.00
2017	1019/2920	185/503	3045	Christina Rodrigues	F	25	Bellevue	NE	00:30:00.49	01:08:26.53	00:30:20.16	9:49	02:08:47.18
2018	1020/2920	186/495	252	Gina Brummels	F	38	Omaha	NE	00:29:49.59	01:08:14.15	00:30:45.50	9:49	02:08:49.25
2019	1021/2920	119/300	1317	Tanya Poehler	F	43	Cairo	NE	00:29:52.84	01:07:20.98	00:31:38.30	9:49	02:08:52.12
2020	1022/2920	120/300	1353	Michelle Zuroske	F	43	Omaha	NE	00:29:49.96	01:08:13.58	00:30:48.72	9:49	02:08:52.26
2021	1023/2920	121/300	248	Katie Goltl	F	43	Omaha	NE	00:29:50.00	01:08:13.30	00:30:49.00	9:49	02:08:52.31
2022	999/1586	107/183	5859	Jay Rosenboom	M	41	Lincoln	NE	00:30:36.53	01:07:21.85	00:30:54.76	9:49	02:08:53.14
2023	1024/2920	126/405	1536	Kalan Dahir	F	24	Omaha	NE	00:30:57.93	01:08:08.63	00:29:47.39	9:49	02:08:53.97
2024	1025/2920	68/238	1481	Brenda Weyers	F	48	Lincoln	NE	00:31:00.89	01:07:27.45	00:30:26.18	9:50	02:08:54.53
2025	1000/1586	94/145	6354	Timothy Adams	M	24	Lincoln	NE	00:29:17.68	01:06:01.16	00:33:37.01	9:50	02:08:55.86
2026	1001/1586	178/270	5782	Jordan Adkisson	M	33	Lincoln	NE	00:27:09.96	01:01:50.96	00:39:56.38	9:50	02:08:57.30
2027	1026/2920	127/405	3342	Amanda Jones	F	24	Lincoln	NE	00:28:54.74	01:08:26.83	00:31:35.96	9:50	02:08:57.54
2028	1027/2920	47/154	2635	Barb Sieps	F	51	Lincoln	NE	00:29:13.14	01:07:37.55	00:32:07.23	9:50	02:08:57.93
2029	1028/2920	128/405	3939	Brooke Ballou	F	24	Omaha	NE	00:29:44.74	01:06:51.48	00:32:22.30	9:50	02:08:58.53
2030	1029/2920	122/300	2920	Becca Jewell	F	44	Lincoln	NE	00:29:54.44	01:08:08.05	00:30:56.84	9:50	02:08:59.34

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2031	1002/1586	108/183	4909	Andy Jewell	M	42	Lincoln	NE	00:29:54.84	01:08:08.04	00:30:56.64	9:50	02:08:59.53
2032	1030/2920	186/503	5149	Abby Hawthorne	F	26	Omaha	NE	00:30:19.85	01:08:24.77	00:30:17.15	9:50	02:09:01.78
2033	1031/2920	196/515	4457	Tarah Anderson	F	34	Nevada	IA	00:27:22.67	01:08:13.24	00:33:25.92	9:50	02:09:01.84
2034	1032/2920	197/515	4458	Kelli Holland	F	34	Nevada	IA	00:27:22.52	01:08:13.18	00:33:26.15	9:50	02:09:01.86
2035	1003/1586	179/270	5648	Jason Weedin	M	31	Lincoln	NE	00:29:05.29	01:06:42.31	00:33:15.59	9:50	02:09:03.19
2036	1033/2920	198/515	3153	Lindsey Weedin	F	30	Lincoln	NE	00:29:05.70	01:06:42.30	00:33:15.40	9:50	02:09:03.41
2037	1034/2920	129/405	3016	Alyson Stuart	F	20	Columbus	NE	00:28:51.84	01:07:00.89	00:33:11.10	9:50	02:09:03.83
2038	1004/1586	62/109	6052	Tim Washburn	M	50	Ashland	NE	00:30:32.16	01:06:47.72	00:31:47.40	9:50	02:09:07.29
2039	1005/1586	160/226	2322	John Forget	M	38	Omaha	NE	00:26:25.19	01:05:37.05	00:37:05.73	9:51	02:09:07.98
2040	1035/2920	187/503	3599	Holly Fujan	F	26	Overland Park	KS	00:26:40.63	01:03:01.15	00:39:26.25	9:51	02:09:08.03
2041	1036/2920	187/495	6556	Jamie Bushman	F	35	Burbank	SD	00:29:45.72	01:07:47.97	00:31:34.95	9:51	02:09:08.64
2042	1037/2920	130/405	3611	Lesley Towery	F	20	Wauneta	NE	00:27:54.27	01:05:49.46	00:35:25.10	9:51	02:09:08.84
2043	1006/1586	180/270	5988	Bryan Beringer	M	34	Vermillion	SD	00:29:45.50	01:07:48.39	00:31:35.02	9:51	02:09:08.91
2044	1007/1586	16/46	1940	Dave Pease	M	61	Peru	NE	00:30:02.27	01:09:49.24	00:29:18.33	9:51	02:09:09.85
2045	1038/2920	199/515	3681	Claudia Garcia	F	30	Lincoln	NE	00:29:03.32	01:07:00.95	00:33:06.58	9:51	02:09:10.86
2046	1039/2920	200/515	821	Jennifer Krajewski	F	33	Eagle	NE	00:29:47.03	01:06:52.84	00:32:31.94	9:51	02:09:11.82
2047	1008/1586	161/226	5283	Christopher Mckibbon	M	35	Lincoln	NE	00:27:44.47	01:07:29.27	00:33:58.09	9:51	02:09:11.84
2048	1040/2920	131/405	3046	Andri Halouska	F	23	Kearney	NE	00:28:35.41	01:07:07.96	00:33:29.87	9:51	02:09:13.25
2049	1009/1586	162/226	6054	Ryan Pilkington	M	38	Lincoln	NE	00:28:27.50	01:06:35.82	00:34:10.67	9:51	02:09:13.99
2050	1010/1586	109/183	5372	David Wooten	M	42	Lincoln	NE	00:28:14.96	01:07:48.50	00:33:11.48	9:51	02:09:14.95
2051	1041/2920	188/503	4851	Samantha Hermann	F	27	Lincoln	NE	00:28:34.43	01:07:48.12	00:32:52.54	9:51	02:09:15.10
2052	1042/2920	6/20	458	Alissa Bailey	F	14	Gibbon	NE	00:29:30.51	01:05:53.12	00:33:52.20	9:51	02:09:15.85
2053	1043/2920	7/20	2867	Lindsay Wilkens	F	13	Gibbon	NE	00:29:30.94	01:05:52.76	00:33:52.79	9:51	02:09:16.49
2054	1044/2920	132/405	2976	Skye Wellman	F	21	Waverly	NE	00:31:58.32	01:06:09.05	00:31:11.48	9:51	02:09:18.85
2055	1045/2920	123/300	849	Karla Erickson	F	44	Glenwood	IA	00:28:46.79	01:08:21.55	00:32:10.99	9:51	02:09:19.34
2056	1046/2920	188/495	6297	Brooke Murtaugh	F	37	Lincoln	NE	00:28:41.16	01:07:37.37	00:33:01.28	9:51	02:09:19.82
2057	1047/2920	48/154	6267	Darla Burnham	F	53	Grand Island	NE	00:30:09.72	01:07:49.31	00:31:20.94	9:51	02:09:19.98
2058	1011/1586	60/101	6268	Tim Burnham	M	57	Grand Island	NE	00:30:09.87	01:07:49.51	00:31:20.95	9:51	02:09:20.34
2059	1048/2920	49/154	4345	Dianne Petersen	F	53	Omaha	NE	00:31:00.56	01:08:08.31	00:30:12.55	9:52	02:09:21.43
2060	1049/2920	189/495	4099	Natalie Leach	F	36	Ainsworth	NE	00:30:22.43	01:07:35.87	00:31:25.22	9:52	02:09:23.52
2061	1012/1586	181/270	2420	Dustin Thompson	M	30	Kearney	NE	00:29:40.43	01:07:08.40	00:32:34.86	9:52	02:09:23.70
2062	1050/2920	201/515	270	Noelle Burns	F	31	Lincoln	NE	00:31:09.96	01:08:16.50	00:29:57.59	9:52	02:09:24.06
2063	1051/2920	190/495	1365	Jaime Feldman	F	36	Kearney	NE	00:29:41.73	01:07:08.34	00:32:34.65	9:52	02:09:24.73
2064	1013/1586	148/225	1777	Robert Sharp	M	25	Crete	NE	00:30:12.51	01:07:01.37	00:32:11.34	9:52	02:09:25.23
2065	1052/2920	202/515	3260	Jennifer Chalkley	F	31	Omaha	NE	00:29:32.88	01:08:01.18	00:31:51.62	9:52	02:09:25.68

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2066	1014/1586	110/183	2584	Johnny Blankenship	M	43	Lincoln	NE	00:27:29.34	01:05:14.35	00:36:42.61	9:52	02:09:26.30
2067	1053/2920	133/405	3332	Laura Olson	F	23	Omaha	NE	00:30:29.56	01:08:10.12	00:30:49.68	9:52	02:09:29.37
2068	1054/2920	7/44	2964	Deborah Ebke	F	60	Daykin	NE	00:28:58.69	01:06:03.31	00:34:27.72	9:52	02:09:29.73
2069	1015/1586	111/183	6518	Jonathan Jenkins	M	41	Bellevue	NE	00:29:09.07	01:08:15.23	00:32:05.58	9:52	02:09:29.89
2070	1055/2920	50/154	6442	Linda Smith	F	53	Gretna	NE	00:29:28.89	01:03:50.89	00:36:10.34	9:52	02:09:30.13
2071	1056/2920	134/405	2980	Brianna Aden	F	22	Kearney	NE	00:28:44.63	01:06:56.42	00:33:49.64	9:52	02:09:30.70
2072	1057/2920	135/405	3456	Molly Morrison	F	22	Kearney	NE	00:28:44.75	01:06:57.22	00:33:48.88	9:52	02:09:30.86
2073	1016/1586	61/101	2027	Jim Esola	M	58	Omaha	NE	00:30:28.17	01:08:11.89	00:30:53.74	9:53	02:09:33.81
2074	1058/2920	124/300	766	Shelby Olson	F	40	Fremont	NE	00:29:54.35	01:07:05.80	00:32:33.77	9:53	02:09:33.92
2075	1017/1586	62/101	2431	Todd Hornung	M	58	Wahoo	NE	00:28:37.12	01:06:11.61	00:34:45.47	9:53	02:09:34.21
2076	1018/1586	149/225	5444	Stefan Schaepe	M	26	Lincoln	NE	00:29:43.89	01:07:18.28	00:32:32.23	9:53	02:09:34.41
2077	1059/2920	136/405	487	Victoria Bart	F	22	Lincoln	NE	00:28:23.33	01:05:47.51	00:35:23.80	9:53	02:09:34.65
2078	1060/2920	137/405	449	Marisa Bardell	F	23	Lincoln	NE	00:30:27.45	01:08:00.63	00:31:07.01	9:53	02:09:35.10
2079	1061/2920	138/405	3757	Melissa Bavitz	F	24	Lincoln	NE	00:29:08.20	01:08:13.85	00:32:13.08	9:53	02:09:35.13
2080	1062/2920	189/503	3879	Rachael Mimick	F	25	Omaha	NE	00:28:44.81	01:07:14.57	00:33:35.94	9:53	02:09:35.32
2081	1019/1586	95/145	5827	Brendon Henning	M	24	Lincoln	NE	00:29:10.16	01:08:11.06	00:32:14.14	9:53	02:09:35.37
2082	1020/1586	63/101	5734	Craig Diehl	M	58	Lincoln	NE	00:27:55.73	01:07:24.74	00:34:15.16	9:53	02:09:35.63
2083	1063/2920	190/503	1009	Emily Estes	F	29	Lincoln	NE	00:27:56.50	01:07:24.58	00:34:15.11	9:53	02:09:36.20
2084	1021/1586	109/168	2117	Jerald Rector	M	46	Roca	NE	00:27:56.41	01:07:24.38	00:34:15.52	9:53	02:09:36.31
2085	1064/2920	191/495	798	Laurie Sukup	F	36	Lincoln	NE	00:28:00.16	01:06:33.36	00:35:03.15	9:53	02:09:36.68
2086	1065/2920	203/515	1065	Heidi Snyder	F	31	Ainsworth	NE	00:30:22.90	01:07:35.80	00:31:38.20	9:53	02:09:36.91
2087	1066/2920	192/495	472	Sara Cline	F	38	Upland	NE	00:30:59.50	01:07:54.55	00:30:44.27	9:53	02:09:38.33
2088	1022/1586	150/225	1770	Zachary Leech	M	29	Lincoln	NE	00:31:39.32	01:08:08.33	00:29:51.96	9:53	02:09:39.61
2089	1067/2920	191/503	1376	Renee Felber	F	29	Mccook	NE	00:29:45.25	01:08:00.80	00:31:53.83	9:53	02:09:39.89
2090	1068/2920	51/154	3222	Kathy Nelson	F	53	Bennet	NE	00:29:47.34	01:07:14.58	00:32:38.32	9:53	02:09:40.24
2091	1069/2920	204/515	1092	Allysia Filsinger	F	31	Lincoln	NE	00:29:30.88	01:06:43.34	00:33:28.67	9:53	02:09:42.90
2092	1070/2920	205/515	3621	Justine Truckenbrod	F	31	Elkhorn	NE	00:30:07.72	01:06:53.39	00:32:41.87	9:53	02:09:42.98
2093	1071/2920	69/238	3352	Stephanie Hadaway	F	46	Papillion	NE	00:30:47.95	01:07:35.69	00:31:19.84	9:53	02:09:43.48
2094	1023/1586	64/101	1875	Eric Paulson	M	59	Dallas	TX	00:30:25.30	01:08:02.00	00:31:16.73	9:53	02:09:44.04
2095	1072/2920	125/300	1258	Carmen Goeden	F	41	Lincoln	NE	00:30:38.13	01:07:38.39	00:31:28.68	9:53	02:09:45.21
2096	1073/2920	206/515	1334	Stacy Cook	F	33	Lincoln	NE	00:30:21.74	01:08:02.54	00:31:21.26	9:53	02:09:45.56
2097	1024/1586	151/225	1766	Nicholas Arneson	M	27	Lincoln	NE	00:30:01.43	01:07:22.55	00:32:21.72	9:53	02:09:45.71
2098	1074/2920	52/154	2748	Christine Brooks	F	50	Lincoln	NE	00:28:55.13	01:08:00.82	00:32:49.86	9:53	02:09:45.82
2099	1075/2920	192/503	3658	Melinda Schultze	F	25	Council Bluffs	IA	00:29:40.33	01:08:14.48	00:31:51.87	9:53	02:09:46.70
2100	1025/1586	96/145	6214	Luke Dolezal	M	22	Omaha	NE	00:29:57.12	01:06:41.82	00:33:08.56	9:54	02:09:47.51

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2101	1076/2920	70/238	6548	Elizabeth Johnston	F	47	Glendale	AZ	00:31:01.34	01:09:19.83	00:29:28.70	9:54	02:09:49.88
2102	1077/2920	193/503	3919	Emily Van Horn	F	25	Lincoln	NE	00:30:20.21	01:07:02.91	00:32:27.70	9:54	02:09:50.83
2103	1026/1586	17/46	6224	Kenny Boggess	M	60	Homer	NE	00:30:07.74	01:07:22.29	00:32:21.46	9:54	02:09:51.49
2104	1078/2920	71/238	1653	Tammie Mead	F	46	Syracuse	NE	00:29:37.51	01:07:22.84	00:32:52.20	9:54	02:09:52.56
2105	1079/2920	193/495	255	Kindra Gates	F	39	Lincoln	NE	00:30:13.66	01:07:00.55	00:32:38.59	9:54	02:09:52.81
2106	1080/2920	194/495	3163	Sarah Santos	F	37	South Sioux City	NE	00:29:57.56	01:07:36.58	00:32:19.00	9:54	02:09:53.14
2107	1027/1586	112/183	5632	Odell Santos	M	42	South Sioux City	NE	00:29:57.25	01:07:37.30	00:32:19.09	9:54	02:09:53.64
2108	1028/1586	113/183	2303	Matthew Skretta	M	43	Lincoln	NE	00:30:11.88	01:09:17.68	00:30:24.20	9:54	02:09:53.77
2109	1081/2920	207/515	933	Stephanie Herrick	F	31	Lincoln	NE	00:27:59.01	01:06:42.03	00:35:13.71	9:54	02:09:54.76
2110	1029/1586	182/270	1902	Michael Fallon	M	32	Lincoln	NE	00:27:57.63	01:03:05.42	00:38:52.00	9:54	02:09:55.06
2111	1082/2920	208/515	1308	Cecilia Wilken	F	33	Gretna	NE	00:33:16.77	01:06:21.95	00:30:16.99	9:54	02:09:55.71
2112	1030/1586	183/270	5797	Joshua Beasley	M	30	Omaha	NE	00:31:55.41	01:08:12.07	00:29:49.67	9:54	02:09:57.16
2113	1083/2920	194/503	836	Amanda Reppert	F	27	Lincoln	NE	00:27:29.31	01:09:45.71	00:32:42.72	9:54	02:09:57.75
2114	1031/1586	184/270	6100	Michael Higgs	M	31	Firth	NE	00:31:55.63	01:08:11.70	00:29:50.48	9:54	02:09:57.82
2115	1084/2920	195/495	4149	Becky Bartak	F	35	Omaha	NE	00:28:02.21	01:05:38.20	00:36:19.34	9:54	02:09:59.76
2116	1032/1586	114/183	2033	Adam Brank	M	43	Lincoln	NE	00:30:23.42	01:07:59.94	00:31:37.53	9:55	02:10:00.91
2117	1033/1586	163/226	2581	Britt Ladenburger	M	35	Lincoln	NE	00:31:39.62	01:05:47.83	00:32:34.99	9:55	02:10:02.45
2118	1085/2920	196/495	402	Kim Mccoy	F	38	Omaha	NE	00:29:42.97	01:07:37.10	00:32:44.62	9:55	02:10:04.70
2119	1086/2920	126/300	430	Jennifer Miller	F	41	Omaha	NE	00:30:32.96	01:07:19.26	00:32:14.16	9:55	02:10:06.39
2120	1034/1586	110/168	2079	Dan Pokorney	M	48	Kearney	NE	00:30:22.94	01:08:25.72	00:31:18.71	9:55	02:10:07.37
2121	1087/2920	139/405	2653	Haley Friesen	F	21	Lincoln	NE	00:28:26.17	01:05:15.89	00:36:26.25	9:55	02:10:08.31
2122	1088/2920	72/238	1186	Linda Crowley	F	48	Urbandale	IA	00:28:46.89	01:07:39.40	00:33:42.34	9:55	02:10:08.63
2123	1089/2920	140/405	1579	Courtney Wulf	F	24	Denton	NE	00:31:53.24	01:07:36.94	00:30:38.94	9:55	02:10:09.12
2124	1090/2920	209/515	4853	Jennifer Schwartz	F	33	Lincoln	NE	00:30:25.37	01:08:26.04	00:31:18.07	9:55	02:10:09.49
2125	1091/2920	141/405	4544	Erin Oeltjen	F	22	Omaha	NE	00:30:28.13	01:07:50.55	00:31:51.09	9:55	02:10:09.77
2126	1092/2920	197/495	4425	Jordan Pirtle	F	37	Omaha	NE	00:29:36.12	01:08:10.24	00:32:24.07	9:55	02:10:10.44
2127	1093/2920	127/300	2657	Jennifer Baker	F	43	Wichita	KS	00:29:32.01	01:07:38.48	00:33:00.06	9:55	02:10:10.55
2128	1094/2920	195/503	3743	Michelle Milana	F	27	Lincoln	NE	00:30:37.04	01:07:29.93	00:32:04.09	9:55	02:10:11.07
2129	1035/1586	152/225	5021	Garett Bowmaster	M	27	Lincoln	NE	00:29:58.25	01:07:51.55	00:32:22.43	9:55	02:10:12.23
2130	1095/2920	198/495	4593	Victoria Stegall	F	37	Elkhorn	NE	00:30:58.36	01:08:08.60	00:31:05.57	9:55	02:10:12.54
2131	1096/2920	196/503	577	Ember Kalama	F	26	Lincoln	NE	00:30:52.70	01:09:06.11	00:30:14.34	9:56	02:10:13.16
2132	1097/2920	199/495	3493	Megan Zierlein	F	36	Marysville	KS	00:30:00.34	01:07:36.85	00:32:36.52	9:56	02:10:13.71
2133	1098/2920	128/300	4057	Lindsay Beckman	F	40	Olathe	KS	00:30:00.38	01:07:37.15	00:32:36.52	9:56	02:10:14.06
2134	1099/2920	53/154	3944	Paula Bolz	F	51	Overland Park	KS	00:30:08.07	01:07:53.79	00:32:12.84	9:56	02:10:14.71
2135	1100/2920	129/300	777	Julie Bailey	F	44	Gibbon	NE	00:31:26.51	01:08:37.82	00:30:10.90	9:56	02:10:15.23

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2136	1101/2920	197/503	1112	Abbey Lowe	F	26	Norfolk	NE	00:30:34.65	01:08:07.57	00:31:33.43	9:56	02:10:15.66
2137	1036/1586	164/226	4858	Dustin Dunn	M	36	Derby	KS	00:30:37.86	01:07:05.58	00:32:32.82	9:56	02:10:16.27
2138	1102/2920	210/515	2679	Le Nguyen	F	34	Lincoln	NE	00:29:38.57	01:05:59.53	00:34:38.64	9:56	02:10:16.74
2139	1037/1586	185/270	2163	Jack McClelland	M	32	Omaha	NE	00:29:13.52	01:07:52.98	00:33:11.27	9:56	02:10:17.77
2140	1103/2920	198/503	1316	Maggie Holub	F	29	Scribner	NE	00:28:59.45	01:08:29.63	00:32:49.33	9:56	02:10:18.42
2141	1104/2920	200/495	1098	Hannah Anderson	F	35	Mead	NE	00:29:00.57	01:08:28.93	00:32:49.14	9:56	02:10:18.64
2142	1038/1586	97/145	1707	Brian Vuu	M	24	Lincoln	NE	00:30:11.09	01:07:11.89	00:32:55.75	9:56	02:10:18.73
2143	1039/1586	153/225	5207	Kirk Christensons	M	27	Lincoln	NE	00:29:13.17	01:06:01.15	00:35:05.33	9:56	02:10:19.66
2144	1105/2920	142/405	187	Kalyn Wiarda	F	24	Lincoln	NE	00:28:44.47	01:06:59.62	00:34:36.83	9:56	02:10:20.92
2145	1106/2920	211/515	504	Lori Hoetger Fendrick	F	30	Omaha	NE	00:30:59.90	01:09:01.14	00:30:21.64	9:56	02:10:22.69
2146	1107/2920	199/503	448	Michaela Barta	F	27	Lincoln	NE	00:30:12.49	01:06:13.45	00:33:57.53	9:56	02:10:23.48
2147	1108/2920	130/300	396	Lisa Kasik	F	40	Lincoln	NE	00:30:36.08	01:07:22.62	00:32:25.21	9:56	02:10:23.91
2148	1109/2920	200/503	3013	Elizabeth Barden	F	27	Lenexa	KS	00:28:51.88	01:05:38.11	00:35:54.17	9:56	02:10:24.17
2149	1110/2920	201/503	6219	Josey Blessin	F	29	Lexington	NE	00:29:43.77	01:07:47.46	00:32:56.79	9:57	02:10:28.04
2150	1111/2920	143/405	785	Katie Martin	F	24	Omaha	NE	00:30:10.83	01:08:26.92	00:31:51.27	9:57	02:10:29.03
2151	1112/2920	131/300	4737	Mindi Jasper	F	40	Lincoln	NE	00:30:14.02	01:09:15.55	00:30:59.56	9:57	02:10:29.14
2152	1040/1586	165/226	2151	Ryan Thompson	M	38	Ashland	NE	00:30:38.30	01:07:29.73	00:32:21.56	9:57	02:10:29.60
2153	1113/2920	73/238	1222	Amy Ruisinger	F	45	Bennet	NE	00:30:37.94	01:07:29.99	00:32:21.69	9:57	02:10:29.63
2154	1114/2920	201/495	1163	Lindsey Mierau	F	35	Henderson	NE	00:30:49.37	01:08:36.64	00:31:04.13	9:57	02:10:30.15
2155	1115/2920	23/104	313	Lynne Thompson	F	56	Brookings	SD	00:29:47.57	01:08:29.40	00:32:13.44	9:57	02:10:30.42
2156	1116/2920	202/503	3714	Emily Beasley	F	29	Omaha	NE	00:31:55.73	01:08:11.35	00:30:23.37	9:57	02:10:30.46
2157	1041/1586	186/270	1963	Patrick Martin	M	32	Lincoln	NE	00:30:11.80	01:08:26.71	00:31:52.09	9:57	02:10:30.61
2158	1042/1586	115/183	2109	Kirk Hansen	M	43	Grand Island	NE	00:30:51.07	01:08:36.49	00:31:03.07	9:57	02:10:30.63
2159	1117/2920	144/405	3432	Trina Osuna	F	24	West Point	NE	00:31:55.53	01:08:11.63	00:30:23.56	9:57	02:10:30.72
2160	1118/2920	74/238	4693	Pam Long	F	45	Bertrand	NE	00:30:10.25	01:07:21.94	00:33:00.11	9:57	02:10:32.30
2161	1043/1586	166/226	2557	Benjamin Christensen	M	36	Omaha	NE	00:29:15.70	01:06:14.54	00:35:02.56	9:57	02:10:32.80
2162	1119/2920	212/515	207	Carolyn Poss	F	30	Brookings	SD	00:29:46.76	01:08:40.12	00:32:05.95	9:57	02:10:32.83
2163	1120/2920	213/515	466	Becca Sudbeck	F	34	Omaha	NY	00:27:59.99	01:07:01.33	00:35:31.67	9:57	02:10:32.99
2164	1044/1586	187/270	5497	Chris Barden	M	31	Lenexa	KS	00:28:52.24	01:05:37.67	00:36:04.88	9:57	02:10:34.80
2165	1045/1586	167/226	5655	Adam Wiekamp	M	39	Lincoln	NE	00:28:27.22	01:07:30.46	00:34:37.32	9:57	02:10:35.01
2166	1121/2920	214/515	877	Alison Boyles	F	33	Lawrence	KS	00:28:35.82	01:08:11.99	00:33:47.25	9:57	02:10:35.06
2167	1046/1586	168/226	6360	Brian Poulsen	M	35	Lincoln	NE	00:26:34.50	01:07:03.00	00:36:58.20	9:57	02:10:35.71
2168	1047/1586	169/226	5407	Jeff Grover	M	37	Omaha	NE	00:32:38.69	01:08:55.89	00:29:01.68	9:57	02:10:36.27
2169	1122/2920	215/515	1105	Michelle Dutcher	F	33	Kearney	NE	00:27:49.01	01:05:15.26	00:37:32.39	9:57	02:10:36.66
2170	1048/1586	111/168	6018	Larry Henke	M	46	Lincoln	NE	00:28:09.99	01:05:39.28	00:36:47.51	9:57	02:10:36.78

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2171	1049/1586	170/226	6530	Aaron Christian	M	36	Omaha	NE	00:29:37.85	01:09:05.47	00:31:53.54	9:57	02:10:36.87
2172	1123/2920	203/503	3613	Brittany Stirewalt	F	25	Bellevue	NE	00:28:24.56	01:07:02.46	00:35:10.48	9:57	02:10:37.51
2173	1124/2920	1/14	1080	Joy Mann	F	68	Omaha	NE	00:28:52.72	01:07:51.29	00:33:55.10	9:57	02:10:39.11
2174	1050/1586	188/270	6138	Ben Tasa	M	30	Creston	NE	00:26:47.73	01:07:17.08	00:36:34.57	9:58	02:10:39.39
2175	1051/1586	154/225	1723	Matt Kuske	M	28	Lincoln	NE	00:27:27.88	01:04:48.35	00:38:24.45	9:58	02:10:40.69
2176	1052/1586	112/168	5537	John Puente	M	49	Lincoln	NE	00:29:32.68	01:08:34.25	00:32:34.24	9:58	02:10:41.18
2177	1053/1586	113/168	5115	Mike Verble	M	45	Saint Louis	MO	00:29:44.19	01:09:06.74	00:31:50.75	9:58	02:10:41.69
2178	1125/2920	132/300	1151	Michelle Sherman	F	41	Sidney	NE	00:31:00.02	01:09:18.37	00:30:31.00	9:58	02:10:49.40
2179	1054/1586	114/168	2396	Brad Sherman	M	49	Sidney	NE	00:30:59.60	01:09:18.81	00:30:31.43	9:58	02:10:49.84
2180	1126/2920	54/154	4782	Michelle Bandur	F	52	Omaha	NE	00:28:45.68	01:08:42.93	00:33:21.38	9:58	02:10:50.00
2181	1055/1586	65/101	6332	Marty Connealy	M	57	Lincoln	NE	00:29:16.21	01:07:13.30	00:34:22.72	9:58	02:10:52.24
2182	1056/1586	116/183	2179	Matt Nockels	M	40	Lincoln	NE	00:31:04.53	01:08:58.53	00:30:51.61	9:59	02:10:54.68
2183	1057/1586	155/225	6182	Michael Lafleur	M	26	North Platte	NE	00:30:55.96	01:08:14.35	00:31:44.40	9:59	02:10:54.73
2184	1058/1586	53/64	5172	Jacob Rienwald	M	17	Lincoln	NE	00:26:57.26	01:05:13.43	00:38:45.76	9:59	02:10:56.46
2185	1127/2920	145/405	2784	Melanie Kerr	F	24	Lincoln	NE	00:29:18.83	01:07:45.72	00:33:52.04	9:59	02:10:56.60
2186	1059/1586	66/101	1858	Barry Hoover	M	58	Lincoln	NE	00:31:50.19	01:10:03.56	00:29:02.94	9:59	02:10:56.69
2187	1128/2920	204/503	3792	Victoria Hall	F	27	Lincoln	NE	00:30:25.08	01:09:14.67	00:31:17.91	9:59	02:10:57.66
2188	1129/2920	146/405	2344	Katherine Ditter	F	23	Omaha	NE	00:29:34.32	01:08:40.21	00:32:43.82	9:59	02:10:58.36
2189	1060/1586	115/168	5242	Muthu Veeramuthumoni	M	49	Lincoln	NE	00:28:51.44	01:08:00.61	00:34:06.55	9:59	02:10:58.61
2190	1130/2920	205/503	999	Holly Styskal	F	27	Lincoln	NE	00:29:46.95	01:10:22.01	00:30:49.66	9:59	02:10:58.63
2191	1131/2920	75/238	1023	Cassie Macke	F	49	Lincoln	NE	00:29:10.24	01:08:16.92	00:33:31.80	9:59	02:10:58.97
2192	1061/1586	156/225	6071	Saul Perez	M	27	Lincoln	NE	00:28:24.29	01:06:49.68	00:35:47.66	9:59	02:11:01.64
2193	1062/1586	189/270	6005	Ty Tucker	M	33	Gretna	NE	00:28:06.90	01:07:08.46	00:35:46.56	9:59	02:11:01.92
2194	1063/1586	116/168	6317	Donnie Thorson	M	46	Columbus	NE	00:29:29.30	01:07:34.00	00:34:00.50	9:59	02:11:03.80
2195	1132/2920	202/495	233	Jennifer Poessnecker	F	36	Lincoln	NE	00:29:46.85	01:10:22.32	00:30:54.69	9:59	02:11:03.87
2196	1133/2920	203/495	591	Kari Wade	F	38	Lincoln	NE	00:29:52.08	01:09:57.19	00:31:15.17	9:59	02:11:04.44
2197	1134/2920	133/300	3054	Michelle Clark	F	44	Omaha	NE	00:30:19.01	01:08:33.62	00:32:12.33	9:59	02:11:04.97
2198	1135/2920	204/495	3924	Sarah Blomenkamp	F	39	Omaha	NE	00:32:43.37	01:07:57.25	00:30:26.99	10:00	02:11:07.61
2199	1136/2920	76/238	3408	Shonna Parker	F	45	Swanton	NE	00:29:01.56	01:06:34.49	00:35:31.69	10:00	02:11:07.74
2200	1137/2920	134/300	3934	Liz Thorson	F	43	Lincoln	NE	00:32:43.08	01:07:57.29	00:30:27.58	10:00	02:11:07.96
2201	1138/2920	216/515	989	Jessica Standley	F	31	Vermillion	SD	00:32:27.69	01:08:23.40	00:30:17.77	10:00	02:11:08.87
2202	1139/2920	147/405	271	Anna Fobair	F	21	Bettendorf	IA	00:29:16.59	01:07:45.33	00:34:09.38	10:00	02:11:11.31
2203	1140/2920	148/405	2974	Grace Beccard	F	21	Murdock	NE	00:28:47.65	01:09:22.17	00:33:02.09	10:00	02:11:11.91
2204	1141/2920	205/495	959	Beatriz Crumrine	F	38	Grand Island	NE	00:29:33.92	01:07:53.55	00:33:44.50	10:00	02:11:11.98
2205	1142/2920	217/515	779	Savannah Badlich	F	32	Lincoln	NE	00:29:45.90	01:08:32.39	00:32:56.09	10:00	02:11:14.39

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2206	1143/2920	149/405	6279	Ann Townley	F	23	Omaha	NE	00:28:33.49	01:09:19.36	00:33:21.65	10:00	02:11:14.50
2207	1144/2920	218/515	1174	Sara Rosemeyer	F	31	Papillion	NE	00:28:52.58	01:07:19.95	00:35:02.07	10:00	02:11:14.61
2208	1145/2920	219/515	660	Shelby Wilson	F	31	Gretna	NE	00:30:48.74	01:11:16.82	00:29:09.74	10:00	02:11:15.30
2209	1146/2920	55/154	1095	Vicky Carmack	F	53	Lincoln	NE	00:30:09.02	01:08:24.09	00:32:42.20	10:00	02:11:15.32
2210	1147/2920	56/154	980	Staci Bell	F	53	Lincoln	NE	00:30:09.12	01:08:24.09	00:32:42.20	10:00	02:11:15.42
2211	1148/2920	206/503	1724	Marisol Herling	F	25	Lincoln	NE	00:31:39.28	01:08:42.47	00:30:53.84	10:00	02:11:15.60
2212	1149/2920	150/405	2775	Molly Penner	F	20	Lincoln	NE	00:32:58.93	01:07:18.44	00:30:58.80	10:00	02:11:16.18
2213	1150/2920	207/503	407	Breanna Craddock	F	27	Lincoln	NE	00:31:32.54	01:10:04.82	00:29:39.33	10:00	02:11:16.69
2214	1064/1586	171/226	2540	Daniel Kennedy	M	38	Omaha	NE	00:29:18.09	01:08:28.44	00:33:30.82	10:00	02:11:17.36
2215	1151/2920	206/495	4502	Janica Johnson	F	37	Omaha	NE	00:29:32.34	01:09:29.62	00:32:17.41	10:01	02:11:19.38
2216	1152/2920	208/503	756	Jeri Schelkopf	F	26	Hastings	NE	00:30:28.89	01:08:55.64	00:31:56.84	10:01	02:11:21.38
2217	1153/2920	135/300	3739	Ellie Elliott	F	44	Shawnee	KS	00:30:35.35	01:08:50.06	00:31:58.18	10:01	02:11:23.59
2218	1154/2920	207/495	3534	Patty Martinez	F	35	Lincoln	NE	00:27:36.80	01:08:09.33	00:35:37.67	10:01	02:11:23.82
2219	1155/2920	77/238	307	Michelle Mazzara	F	45	Nashville	TN	00:31:34.01	01:08:51.27	00:30:59.34	10:01	02:11:24.62
2220	1156/2920	24/104	1117	Trish Peterson	F	55	Lincoln	NE	00:28:26.00	01:07:47.13	00:35:11.70	10:01	02:11:24.84
2221	1157/2920	209/503	3242	Katelyn Dvorak	F	26	Lincoln	NE	00:31:19.36	01:07:36.53	00:32:30.30	10:01	02:11:26.19
2222	1158/2920	61/119	3740	Olivia Appleget	F	19	Lincoln	NE	00:31:01.00	01:07:16.17	00:33:10.40	10:01	02:11:27.58
2223	1065/1586	98/145	6433	Noah Appleget	M	22	Lincoln	NE	00:31:02.46	01:07:05.88	00:33:19.78	10:01	02:11:28.13
2224	1066/1586	117/168	2358	Scott Wilke	M	46	Lincoln	NE	00:30:32.64	01:07:28.49	00:33:28.05	10:01	02:11:29.18
2225	1159/2920	136/300	3657	Martina Sadler	F	40	Elkhorn	NE	00:31:00.63	01:09:24.11	00:31:06.35	10:01	02:11:31.11
2226	1160/2920	25/104	3574	Jayne Nekuda	F	58	Omaha	NE	00:30:35.50	01:09:11.61	00:31:45.92	10:02	02:11:33.03
2227	1067/1586	190/270	2031	Josh Haby	M	30	Lincoln	NE	00:31:03.40	01:08:58.59	00:31:31.72	10:02	02:11:33.72
2228	1068/1586	117/183	6181	Tony Duffek	M	43	Council Bluffs	IA	00:29:32.61	01:07:54.57	00:34:08.43	10:02	02:11:35.61
2229	1161/2920	208/495	1459	Crystal Bock Thiessen	F	36	Lincoln	NE	00:31:20.97	01:09:38.81	00:30:37.32	10:02	02:11:37.11
2230	1162/2920	57/154	3931	Stacy Teter	F	53	Ogallala	NE	00:30:13.98	01:09:28.09	00:31:55.18	10:02	02:11:37.26
2231	1069/1586	157/225	5891	Jacob Behrends	M	29	Lincoln	NE	00:27:46.21	01:09:08.43	00:34:42.96	10:02	02:11:37.61
2232	1070/1586	67/101	2188	Richard Skoda	M	58	Seward	NE	00:29:28.90	01:10:18.97	00:31:49.87	10:02	02:11:37.75
2233	1071/1586	172/226	6168	Scott Barnett	M	37	Columbus	NE	00:30:47.09	01:10:14.93	00:30:38.36	10:02	02:11:40.38
2234	1163/2920	62/119	3828	Elizabeth Hale	F	19	Lincoln	NE	00:31:07.05	01:08:05.34	00:32:28.02	10:02	02:11:40.41
2235	1164/2920	151/405	3339	Paige Schumacher	F	24	Lincoln	NE	00:28:48.49	01:07:53.05	00:34:59.18	10:02	02:11:40.73
2236	1165/2920	26/104	3169	Charlene Tenhulzen	F	55	Firth	NE	00:28:11.94	01:06:26.26	00:37:03.00	10:02	02:11:41.21
2237	1166/2920	209/495	2814	Jody Friesen	F	37	Sutton	NE	00:30:45.84	01:08:21.05	00:32:35.08	10:02	02:11:41.98
2238	1167/2920	210/503	2797	Karley Klug	F	25	Lincoln	NE	00:28:49.36	01:07:24.60	00:35:28.49	10:02	02:11:42.45
2239	1072/1586	99/145	1838	Jacob Carter	M	20	Omaha	NE	00:32:44.80	01:09:42.27	00:29:16.04	10:02	02:11:43.12
2240	1073/1586	18/46	6121	Walter Louis	M	61	Overland Park	KS	00:31:33.56	01:10:24.56	00:29:45.39	10:02	02:11:43.51



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2241	1074/1586	100/145	5646	Stacy Ritchie	M	23	Lincoln	NE	00:30:12.04	01:11:25.20	00:30:08.70	10:03	02:11:45.94
2242	1075/1586	158/225	1922	Jordan Back	M	28	Lincoln	NE	00:28:55.44	01:06:52.01	00:35:58.71	10:03	02:11:46.18
2243	1168/2920	210/495	2911	Gina Troia-Vanness	F	35	Lincoln	NE	00:31:25.54	01:09:48.44	00:30:32.92	10:03	02:11:46.91
2244	1076/1586	173/226	6291	Brock Jermark	M	37	Abilene	KS	00:29:59.80	01:10:44.08	00:31:03.46	10:03	02:11:47.35
2245	1077/1586	101/145	1678	Ryan Wadzinski	M	24	Sioux City	IA	00:27:24.25	01:04:39.60	00:39:43.94	10:03	02:11:47.79
2246	1169/2920	137/300	1325	Amelia Fiser	F	43	Papillion	NE	00:28:52.71	01:09:06.55	00:33:48.70	10:03	02:11:47.97
2247	1170/2920	78/238	1451	Lori Rockwell	F	48	Green Bay	WI	00:30:30.43	01:09:58.43	00:31:20.27	10:03	02:11:49.14
2248	1171/2920	211/503	3564	Jayde Johnson	F	26	Waverly	NE	00:30:12.31	01:08:47.88	00:32:49.26	10:03	02:11:49.46
2249	1172/2920	211/495	4289	Lori Zegar	F	35	Columbus	NE	00:30:09.78	01:07:54.32	00:33:45.74	10:03	02:11:49.84
2250	1173/2920	220/515	4080	Amber Citta	F	33	Columbus	NE	00:30:09.69	01:07:54.12	00:33:46.25	10:03	02:11:50.07
2251	1078/1586	191/270	5928	Timothy Smith	M	32	Lincoln	NE	00:27:13.31	01:06:14.48	00:38:22.41	10:03	02:11:50.22
2252	1079/1586	192/270	2296	Ned Waltz	M	31	Omaha	NE	00:30:52.05	01:08:26.26	00:32:35.86	10:03	02:11:54.18
2253	1080/1586	118/168	2393	Kyle Olson	M	45	Omaha	NE	00:30:52.27	01:08:23.69	00:32:39.31	10:03	02:11:55.28
2254	1174/2920	79/238	6566	Jill Robison	F	46	Omaha	NE	00:30:46.58	01:08:20.22	00:32:48.72	10:03	02:11:55.53
2255	1175/2920	58/154	6597	Lori Baker	F	53	Nevada	IA	00:30:25.96	01:09:27.32	00:32:03.09	10:03	02:11:56.38
2256	1081/1586	193/270	2352	Brock Minert	M	34	Lincoln	NE	00:28:33.24	01:08:07.54	00:35:15.77	10:03	02:11:56.56
2257	1176/2920	221/515	1132	Keri Callahan	F	32	Bennington	NE	00:28:52.43	01:09:10.23	00:33:54.05	10:03	02:11:56.72
2258	1082/1586	68/101	2370	Michael Herring	M	59	Ashland	NE	00:31:06.25	01:08:54.44	00:31:56.15	10:03	02:11:56.85
2259	1177/2920	138/300	1461	Emily Ethington	F	43	Omaha	NE	00:30:47.38	01:08:23.54	00:32:46.04	10:03	02:11:56.96
2260	1178/2920	212/495	1489	Alana Fries	F	35	Lincoln	NE	00:29:54.24	01:07:59.40	00:34:03.72	10:03	02:11:57.37
2261	1083/1586	194/270	4942	Zach Claussen	M	30	Omaha	NE	00:29:55.21	01:10:45.99	00:31:16.78	10:04	02:11:57.99
2262	1084/1586	195/270	2335	Jason Orr	M	34	Sidney	NE	00:29:10.22	01:07:52.85	00:34:55.44	10:04	02:11:58.52
2263	1085/1586	54/64	5190	Zachary Hamilton	M	16	Lincoln	NE	00:25:35.52	01:10:46.12	00:35:39.42	10:04	02:12:01.07
2264	1086/1586	118/183	2478	Tony Lamar	M	44	Omaha	NE	00:29:17.49	01:11:43.06	00:31:01.07	10:04	02:12:01.63
2265	1179/2920	152/405	5101	Bailee Jensen	F	21	Papillion	NE	00:31:10.97	01:10:43.04	00:30:07.83	10:04	02:12:01.84
2266	1087/1586	63/109	5733	Tomas Escobar	M	54	Lincoln	NE	00:30:28.46	01:07:34.74	00:34:01.24	10:04	02:12:04.45
2267	1180/2920	80/238	514	Heidi Melcher	F	49	Waterloo	NE	00:29:56.20	01:08:12.47	00:33:56.07	10:04	02:12:04.75
2268	1181/2920	63/119	3171	Alayna Wilson	F	18	Columbus	NE	00:28:15.55	01:07:39.99	00:36:10.29	10:04	02:12:05.84
2269	1182/2920	212/503	305	Brandi Donnelly	F	27	Omaha	NE	00:30:21.96	01:05:43.72	00:36:02.74	10:04	02:12:08.43
2270	1183/2920	153/405	3188	Kelsey Baldridge	F	24	Omaha	NE	00:30:03.08	01:08:22.53	00:33:43.09	10:04	02:12:08.71
2271	1088/1586	196/270	5057	Craig Krupka	M	34	Lincoln	NE	00:31:35.11	01:09:48.55	00:30:47.16	10:04	02:12:10.82
2272	1089/1586	159/225	2185	Sam Robb	M	27	Lincoln	NE	00:29:16.31	01:07:28.79	00:35:26.13	10:05	02:12:11.25
2273	1184/2920	154/405	3816	Cheyenne Kreutz	F	23	Hastings	NE	00:30:37.56	01:08:09.51	00:33:25.33	10:05	02:12:12.40
2274	1185/2920	64/119	3843	Brooke Strokan	F	19	Lincoln	NE	00:31:02.47	01:07:56.98	00:33:13.35	10:05	02:12:12.81
2275	1090/1586	119/183	2324	Kevin Kruse	M	40	Lincoln	NE	00:32:39.00	01:08:32.30	00:31:04.43	10:05	02:12:15.74

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2276	1186/2920	222/515	1055	Alison Cullinan	F	30	Lincoln	NE	00:30:38.84	01:09:22.18	00:32:15.58	10:05	02:12:16.60
2277	1187/2920	223/515	3806	Beth Daake	F	31	Lincoln	NE	00:30:39.07	01:09:22.15	00:32:16.48	10:05	02:12:17.71
2278	1188/2920	213/503	1242	Kayla Sellhorn	F	28	Lincoln	NE	00:30:49.07	01:08:45.89	00:32:45.42	10:05	02:12:20.39
2279	1189/2920	224/515	911	Kara Kliewer	F	32	Lawrence	NE	00:29:19.95	01:10:31.49	00:32:30.23	10:05	02:12:21.68
2280	1091/1586	69/101	2517	Jerry Brandt	M	57	Grand Island	NE	00:31:13.54	01:09:34.42	00:31:33.75	10:05	02:12:21.72
2281	1190/2920	155/405	6480	Jamie Morand	F	24	Lincoln	NE	00:27:05.83	01:06:43.14	00:38:33.36	10:05	02:12:22.34
2282	1191/2920	8/20	3544	Olivia Haller	F	14	Lincoln	NE	00:27:36.01	01:06:47.21	00:37:59.83	10:05	02:12:23.06
2283	1092/1586	55/64	1973	Ahren Schneider	M	16	Lincoln	NE	00:25:35.49	01:04:34.59	00:42:13.16	10:05	02:12:23.25
2284	1093/1586	119/168	5790	Scott Wobig	M	46	Lincoln	NE	00:28:13.84	01:06:35.75	00:37:35.12	10:06	02:12:24.71
2285	1094/1586	174/226	6102	Chad Mohling	M	39	Lincoln	NE	00:30:31.33	01:09:38.04	00:32:16.33	10:06	02:12:25.72
2286	1095/1586	19/46	5008	Daniel Judge	M	63	Berrien Springs	MI	00:30:04.38	01:08:16.02	00:34:06.66	10:06	02:12:27.07
2287	1192/2920	213/495	3700	Cassie Ginapp	F	35	Crete	NE	00:29:05.72	01:09:09.82	00:34:15.76	10:06	02:12:31.30
2288	1096/1586	175/226	5446	Nick Ginapp	M	35	Crete	NE	00:29:06.23	01:09:09.64	00:34:15.55	10:06	02:12:31.42
2289	1193/2920	139/300	4739	Nikki Troxell	F	40	Madison	SD	00:27:51.32	01:08:44.46	00:35:56.07	10:06	02:12:31.86
2290	1097/1586	176/226	6403	Jeremy Rensink	M	39	Boyden	IA	00:29:00.70	01:09:56.89	00:33:34.81	10:06	02:12:32.40
2291	1098/1586	120/183	6441	Matt Kleinschmit	M	41	Walton	NE	00:26:41.22	01:08:46.40	00:37:04.90	10:06	02:12:32.53
2292	1099/1586	197/270	5954	Tyler Flory	M	33	Minneapolis	MN	00:33:08.02	01:09:43.84	00:29:41.69	10:06	02:12:33.56
2293	1194/2920	156/405	3340	Marte Albin	F	21	Orleans	NE	00:30:22.71	01:09:30.20	00:32:41.75	10:06	02:12:34.67
2294	1195/2920	157/405	924	Aimee Christensen	F	21	Alma	NE	00:30:23.35	01:09:30.20	00:32:41.75	10:06	02:12:35.30
2295	1196/2920	140/300	4619	Stephanie Stanek	F	40	Nebraska City	NE	00:31:32.73	01:09:43.60	00:31:19.66	10:06	02:12:35.99
2296	1197/2920	225/515	1751	Leisha Pickerill	F	31	Unadilla	NE	00:31:33.32	01:09:44.22	00:31:18.90	10:06	02:12:36.45
2297	1198/2920	65/119	334	Emma Dirksen	F	15	Lincoln	NE	00:30:41.24	01:08:30.00	00:33:26.51	10:07	02:12:37.76
2298	1100/1586	121/183	2310	David Dirksen	M	40	Lincoln	NE	00:30:41.56	01:08:29.68	00:33:26.64	10:07	02:12:37.88
2299	1199/2920	141/300	725	Sara Champoux	F	43	Scottsdale	AZ	00:29:49.17	01:07:59.21	00:34:54.33	10:07	02:12:42.72
2300	1200/2920	214/503	6465	Kati Kilcoin	F	29	Omaha	NE	00:28:46.48	01:10:16.65	00:33:39.65	10:07	02:12:42.78
2301	1201/2920	214/495	5315	Erin Leahy	F	37	Omaha	NE	00:29:35.05	01:09:18.65	00:33:49.85	10:07	02:12:43.56
2302	1202/2920	27/104	842	Mary Zersen	F	58	Lincoln	NE	00:29:08.38	01:08:27.76	00:35:10.52	10:07	02:12:46.67
2303	1203/2920	226/515	4013	Nicole Zersen-Fernandez	F	32	Elkhorn	NE	00:29:07.92	01:08:28.05	00:35:11.12	10:07	02:12:47.09
2304	1101/1586	122/183	1996	Daniel Ross	M	40	Lincoln	NE	00:30:14.93	01:10:55.16	00:31:37.97	10:07	02:12:48.08
2305	1102/1586	120/168	5501	Christopher Stephens	M	49	New York	NY	00:31:25.47	01:10:26.86	00:30:57.93	10:07	02:12:50.26
2306	1204/2920	215/495	1339	Abby Wells	F	36	Lincoln	NE	00:31:40.00	01:09:15.83	00:31:58.09	10:08	02:12:53.93
2307	1103/1586	8/23	4901	Logan Larson	M	14	Dewitt	NE	00:29:01.71	01:09:44.02	00:34:09.13	10:08	02:12:54.86
2308	1205/2920	66/119	1011	Madison Kirchoff	F	15	Dewitt	NE	00:29:02.96	01:09:43.40	00:34:09.71	10:08	02:12:56.07
2309	1104/1586	121/168	2499	Matthew Bellamy	M	49	Cairo	NE	00:29:53.13	01:07:25.13	00:35:39.64	10:08	02:12:57.90
2310	1105/1586	70/101	2181	James Fischer	M	59	Lincoln	NE	00:30:42.61	01:10:00.03	00:32:17.74	10:08	02:13:00.38

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2311	1206/2920	158/405	3225	Bailea Kerr	F	21	Chadron	NE	00:29:03.51	01:09:21.46	00:34:40.67	10:09	02:13:05.64
2312	1207/2920	159/405	3226	Ashlea Kerr	F	21	Chadron	NE	00:29:03.12	01:09:21.85	00:34:40.67	10:09	02:13:05.65
2313	1208/2920	59/154	4172	Cherie Blanzola	F	50	Philadelphia	PA	00:30:00.00	01:08:28.67	00:34:39.35	10:09	02:13:08.02
2314	1209/2920	216/495	4367	Amy Frey	F	38	Carlisle	IA	00:29:14.53	01:09:30.69	00:34:23.27	10:09	02:13:08.51
2315	1210/2920	142/300	2995	Monica Johnson	F	43	Minden	NE	00:31:54.93	01:10:11.71	00:31:01.97	10:09	02:13:08.62
2316	1211/2920	227/515	360	Rachell Rowley	F	33	Lincoln	NE	00:25:55.39	01:06:16.27	00:40:57.47	10:09	02:13:09.13
2317	1212/2920	228/515	3117	Jonna Puckett	F	34	Omaha	NE	00:29:03.80	01:07:29.62	00:36:36.77	10:09	02:13:10.20
2318	1213/2920	215/503	925	Brittany Russell	F	27	Omaha	NE	00:30:54.84	01:10:59.94	00:31:17.77	10:09	02:13:12.56
2319	1214/2920	216/503	929	Ellie Johnson	F	27	Lincoln	NE	00:30:54.84	01:11:00.12	00:31:17.81	10:09	02:13:12.78
2320	1215/2920	217/503	3039	Rachel Marquis	F	26	Bellevue	NE	00:29:11.52	01:11:29.10	00:32:32.78	10:09	02:13:13.41
2321	1106/1586	122/168	2567	Steve Carstensen	M	49	Lincoln	NE	00:28:28.87	01:09:48.85	00:34:55.86	10:09	02:13:13.59
2322	1107/1586	160/225	5658	Preston Pospisil	M	27	Hallam	NE	00:30:17.61	01:07:15.33	00:35:41.49	10:09	02:13:14.43
2323	1216/2920	81/238	1129	Molly Koehler	F	45	Bellevue	NE	00:31:57.12	01:10:36.64	00:30:42.54	10:09	02:13:16.31
2324	1217/2920	229/515	3073	Debra Rupp	F	33	Kearney	NE	00:30:39.51	01:09:45.78	00:32:52.12	10:10	02:13:17.42
2325	1218/2920	82/238	6485	Julie Selk	F	49	Omaha	NE	00:31:34.29	01:10:01.92	00:31:41.31	10:10	02:13:17.53
2326	1108/1586	64/109	2381	Brian Kastl	M	51	Lincoln	NE	00:32:06.34	01:10:13.51	00:30:58.01	10:10	02:13:17.87
2327	1109/1586	71/101	2283	Terry Rediger	M	57	Milford	NE	00:30:34.48	01:08:31.30	00:34:13.45	10:10	02:13:19.24
2328	1110/1586	123/168	2291	Steve Urbauer	M	46	Lincoln	NE	00:31:35.20	01:10:17.67	00:31:27.15	10:10	02:13:20.03
2329	1111/1586	72/101	124	Terry Duffy	M	59	Brookings	SD	00:30:55.36	01:08:54.90	00:33:30.46	10:10	02:13:20.72
2330	1219/2920	217/495	4048	Jodi Johnson	F	37	Geneva	NE	00:30:24.32	01:11:30.56	00:31:27.09	10:10	02:13:21.97
2331	1220/2920	218/495	3231	Keely Mcaleer	F	35	Bennington	NE	00:30:29.10	01:09:58.80	00:32:54.46	10:10	02:13:22.37
2332	1221/2920	28/104	278	Barb Goodbarn	F	56	Highlands Ranch	CO	00:30:24.65	01:10:29.80	00:32:28.95	10:10	02:13:23.41
2333	1222/2920	218/503	2698	Leah Sunderman	F	27	Hoskins	NE	00:30:31.88	01:06:55.55	00:35:56.05	10:10	02:13:23.49
2334	1223/2920	29/104	6506	Jodi Ehrke	F	57	Alma	NE	00:30:36.58	01:12:24.94	00:30:22.00	10:10	02:13:23.53
2335	1224/2920	219/503	4861	Katy Vrchota	F	26	Lincoln	NE	00:31:14.01	01:08:56.05	00:33:13.94	10:10	02:13:24.01
2336	1225/2920	160/405	674	Alyssa Cochnar	F	23	Dorchester	NE	00:27:58.53	01:10:40.14	00:34:51.15	10:11	02:13:29.82
2337	1226/2920	161/405	1649	Taylor Almquist	F	23	Genoa	IL	00:28:37.60	01:09:21.38	00:35:33.66	10:11	02:13:32.64
2338	1227/2920	143/300	1238	Chrissy Waido	F	41	Weston	NE	00:30:42.36	01:08:45.80	00:34:04.98	10:11	02:13:33.15
2339	1112/1586	161/225	5554	Justin Brehmer	M	29	Fort Pierre	SD	00:28:43.01	01:09:28.39	00:35:21.86	10:11	02:13:33.27
2340	1228/2920	230/515	957	Abbey Fingeret	F	34	Omaha	NE	00:28:44.21	01:12:11.83	00:32:38.06	10:11	02:13:34.10
2341	1113/1586	177/226	5717	Grant Settje	M	38	Laurel	NE	00:31:36.90	01:11:06.42	00:30:55.45	10:11	02:13:38.78
2342	1114/1586	198/270	2063	Daniel Uehling	M	32	Ralston	NE	00:29:04.34	01:08:41.96	00:35:55.99	10:11	02:13:42.30
2343	1115/1586	178/226	5318	Steven Howser	M	36	Lincoln	NE	00:29:05.00	01:09:32.46	00:35:07.80	10:12	02:13:45.26
2344	1229/2920	144/300	1158	Lora Sypal	F	43	Lincoln	NE	00:30:46.40	01:09:00.79	00:33:58.19	10:12	02:13:45.39
2345	1230/2920	162/405	4150	Madeline Duven	F	20	Monument	CO	00:31:43.64	01:07:35.32	00:34:27.78	10:12	02:13:46.74

# The Good Life Haltsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2346	1231/2920	220/503	4118	Kelsey Hinrichsen	F	29	Firth	NE	00:30:49.36	01:08:53.31	00:34:04.46	10:12	02:13:47.13
2347	1232/2920	231/515	3964	K'lea Steeby	F	31	Savannah	MO	00:31:07.96	01:10:13.13	00:32:26.79	10:12	02:13:47.88
2348	1233/2920	163/405	4380	Delaney Mcfadden	F	21	Lincoln	NE	00:31:43.65	01:07:35.52	00:34:28.98	10:12	02:13:48.16
2349	1116/1586	199/270	2058	Tucker Ferguson	M	32	Wahoo	NE	00:31:00.27	01:09:11.22	00:33:37.70	10:12	02:13:49.19
2350	1234/2920	221/503	4066	Alex Saalfeld	F	28	Seward	NE	00:29:30.10	01:09:35.09	00:34:44.61	10:12	02:13:49.80
2351	1235/2920	232/515	535	Daniell Ferguson	F	30	Wahoo	NE	00:31:00.17	01:09:10.72	00:33:39.08	10:12	02:13:49.97
2352	1236/2920	222/503	4511	Amanda Leu	F	28	York	NE	00:28:39.35	01:09:38.67	00:35:33.34	10:12	02:13:51.37
2353	1237/2920	67/119	1374	Alicia Rauner	F	18	Lincoln	NE	00:31:09.12	01:11:08.39	00:31:36.66	10:12	02:13:54.18
2354	1238/2920	219/495	1815	Lindsay Rodysill	F	35	Lincoln	NE	00:29:33.97	01:09:01.67	00:35:20.15	10:12	02:13:55.80
2355	1239/2920	223/503	4020	Jessica Szalawiga	F	29	Kansas City	MO	00:29:29.67	01:09:34.82	00:34:51.49	10:13	02:13:55.98
2356	1240/2920	68/119	3856	Cheyenne Gerlach	F	19	De Witt	NE	00:30:31.52	01:07:57.55	00:35:28.48	10:13	02:13:57.55
2357	1241/2920	164/405	3777	Michelle Messbarger	F	20	Kearney	NE	00:30:32.12	01:07:56.96	00:35:28.48	10:13	02:13:57.56
2358	1117/1586	123/183	2016	Chad Martin	M	43	Lincoln	NE	00:27:53.35	01:06:06.81	00:39:58.00	10:13	02:13:58.16
2359	1242/2920	145/300	3835	Sheila Harouff	F	43	Orleans	NE	00:30:20.78	01:09:14.18	00:34:24.35	10:13	02:13:59.31
2360	1243/2920	165/405	4441	Hannah Harrington	F	22	Omaha	NE	00:33:42.86	01:10:11.81	00:30:04.85	10:13	02:13:59.52
2361	1244/2920	224/503	6502	Marysha Brown	F	26	Kansas City	MO	00:33:19.73	01:10:49.60	00:29:52.13	10:13	02:14:01.48
2362	1118/1586	9/23	1818	Wyatt Swanson	M	14	Staplehurst	NE	00:32:13.32	01:11:39.90	00:30:08.39	10:13	02:14:01.61
2363	1245/2920	233/515	3958	Megan Foster	F	34	Randolph	IA	00:30:59.56	01:12:50.80	00:30:11.50	10:13	02:14:01.86
2364	1119/1586	179/226	5460	Mike Schultz	M	37	Rogers	AR	00:24:16.68	01:01:08.38	00:48:36.83	10:13	02:14:01.90
2365	1246/2920	69/119	1096	Amanda Stramel	F	18	Hastings	NE	00:29:16.52	01:10:01.69	00:34:46.28	10:13	02:14:04.50
2366	1247/2920	225/503	2927	Chelsea Gross	F	25	Sutton	NE	00:30:30.90	01:10:16.95	00:33:18.19	10:13	02:14:06.04
2367	1248/2920	220/495	1521	Christina Mollo	F	38	Greenwood	NE	00:31:37.85	01:10:31.27	00:31:57.46	10:13	02:14:06.59
2368	1249/2920	226/503	470	Kenzie Mclaughlin	F	29	Pickrell	NE	00:30:30.45	01:10:17.20	00:33:19.14	10:13	02:14:06.80
2369	1250/2920	83/238	1255	Tamara Schmeling	F	48	Lincoln	NE	00:30:24.16	01:09:41.81	00:34:00.95	10:13	02:14:06.92
2370	1251/2920	146/300	1618	Andi Wernke	F	44	Lincoln	NE	00:30:56.81	01:10:49.03	00:32:22.08	10:13	02:14:07.93
2371	1120/1586	124/168	2074	Mitch Jones	M	46	Lincoln	NE	00:30:57.64	01:10:43.47	00:32:27.40	10:13	02:14:08.51
2372	1252/2920	166/405	939	Alexandria Pytlikzillig	F	21	Lincoln	NE	00:31:08.53	01:10:29.83	00:32:30.31	10:13	02:14:08.69
2373	1121/1586	200/270	5205	Nick Bullington	M	33	Yutan	NE	00:29:12.97	01:06:01.95	00:38:54.02	10:14	02:14:08.95
2374	1122/1586	162/225	2513	Nathan Bacon	M	28	Omaha	NE	00:26:20.60	01:11:51.38	00:35:57.52	10:14	02:14:09.50
2375	1253/2920	30/104	2854	Claire Shannon	F	55	La Vista	NE	00:31:30.70	01:10:52.12	00:31:53.07	10:14	02:14:15.90
2376	1254/2920	147/300	590	Gail Howe	F	43	Lee's Summit	MO	00:31:02.47	01:09:50.38	00:33:23.64	10:14	02:14:16.50
2377	1255/2920	234/515	4078	Meredith Willits	F	34	Omaha	NE	00:30:12.60	01:11:17.15	00:32:47.09	10:14	02:14:16.84
2378	1123/1586	124/183	2129	Ryan Baumert	M	42	Lincoln	NE	00:31:24.66	01:10:34.70	00:32:17.81	10:14	02:14:17.17
2379	1256/2920	227/503	3729	Kathryn Meade	F	29	Palmyra	NE	00:31:29.15	01:09:43.13	00:33:05.62	10:14	02:14:17.90
2380	1124/1586	180/226	6142	Quincy Hubbard	M	37	Lincoln	NE	00:29:02.27	01:06:47.33	00:38:28.79	10:14	02:14:18.39

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2381	1257/2920	221/495	1526	Kara Merchant	F	39	Lincoln	NE	00:32:01.69	01:10:55.21	00:31:23.19	10:14	02:14:20.10
2382	1125/1586	125/183	6099	Chris Fahy	M	41	Lincoln	NE	00:30:41.13	01:09:48.29	00:33:52.34	10:14	02:14:21.77
2383	1258/2920	70/119	2943	Kierstin Foote	F	17	Lincoln	NE	00:30:07.29	01:10:42.95	00:33:32.22	10:15	02:14:22.46
2384	1259/2920	222/495	3415	Jessica Fahy	F	38	Lincoln	NE	00:30:42.29	01:09:47.92	00:33:52.44	10:15	02:14:22.66
2385	1260/2920	223/495	3501	Lora Bogatz	F	36	Omaha	NE	00:29:55.37	01:10:16.59	00:34:12.14	10:15	02:14:24.11
2386	1261/2920	60/154	4089	Eileen Gralewski	F	54	Bellevue	NE	00:30:39.91	01:09:41.96	00:34:04.09	10:15	02:14:25.97
2387	1126/1586	73/101	5683	Kel Burns	M	57	Papillion	NE	00:30:27.90	01:09:58.77	00:34:00.80	10:15	02:14:27.47
2388	1127/1586	163/225	5997	Robbie Thielen	M	29	Omaha	NE	00:30:45.82	01:11:08.70	00:32:33.58	10:15	02:14:28.12
2389	1128/1586	201/270	2314	Andrew Fullerton	M	32	Great Bend	KS	00:32:16.94	01:09:33.00	00:32:42.09	10:15	02:14:32.03
2390	1262/2920	228/503	3623	Aimee Kauffman	F	25	Kansas City	MO	00:27:51.60	01:09:06.41	00:37:34.78	10:15	02:14:32.79
2391	1263/2920	84/238	3788	Sheila Mccartney	F	47	Nelson	NE	00:31:08.92	01:08:58.03	00:34:26.62	10:15	02:14:33.58
2392	1264/2920	229/503	3423	Lacey Wright	F	25	Edgar	NE	00:31:09.39	01:08:57.99	00:34:27.45	10:15	02:14:34.84
2393	1129/1586	126/183	5351	Jeffrey Eells	M	41	Lincoln	NE	00:30:30.11	01:13:13.17	00:30:53.88	10:16	02:14:37.16
2394	1265/2920	235/515	2831	Brittany Havranek	F	32	Lincoln	NE	00:29:03.74	01:06:48.81	00:38:44.86	10:16	02:14:37.42
2395	1266/2920	230/503	2941	Brittany Spieker	F	25	Norfolk	NE	00:30:42.65	01:08:32.48	00:35:22.47	10:16	02:14:37.60
2396	1130/1586	164/225	6500	Michael Palmer	M	27	Ansley	NE	00:29:00.41	01:08:52.83	00:36:44.61	10:16	02:14:37.86
2397	1267/2920	167/405	4866	Nicoli Linn	F	21	Overton	NE	00:28:58.91	01:08:56.10	00:36:43.47	10:16	02:14:38.49
2398	1268/2920	168/405	1679	Jessica Siefken	F	24	Lincoln	NE	00:33:09.66	01:11:06.81	00:30:22.18	10:16	02:14:38.65
2399	1131/1586	125/168	6120	Louis Winter	M	47	Sioux Falls	SD	00:32:00.21	01:09:39.31	00:33:01.90	10:16	02:14:41.42
2400	1269/2920	236/515	4988	Katie Bossung	F	32	Lincoln	NE	00:31:00.60	01:10:08.75	00:33:34.62	10:16	02:14:43.97
2401	1270/2920	61/154	4063	Cathy Miller	F	52	Fort Smith	AR	00:31:39.45	01:10:51.17	00:32:13.71	10:16	02:14:44.34
2402	1271/2920	237/515	3419	Lyndsay Beethe	F	32	Tecumseh	NE	00:31:35.51	01:11:33.61	00:31:37.40	10:16	02:14:46.54
2403	1132/1586	126/168	5089	Scott Friesen	M	47	Lincoln	NE	00:28:26.24	01:10:01.17	00:36:19.17	10:16	02:14:46.59
2404	1133/1586	202/270	6309	Alexander Harms	M	30	Madison	WI	00:27:16.15	01:06:26.45	00:41:04.04	10:16	02:14:46.65
2405	1272/2920	224/495	6499	Valencia Hike	F	37	Middle River	MD	00:29:32.80	01:10:15.67	00:34:58.29	10:16	02:14:46.77
2406	1134/1586	165/225	5903	Chris Huber	M	29	Lincoln	NE	00:30:04.98	01:11:25.64	00:33:16.46	10:16	02:14:47.08
2407	1273/2920	231/503	4282	Laura Clouston	F	29	Lincoln	NE	00:30:04.55	01:11:26.06	00:33:16.54	10:16	02:14:47.16
2408	1274/2920	238/515	3837	Constance Mietus	F	31	Omaha	NE	00:27:17.57	01:06:26.26	00:41:04.03	10:16	02:14:47.86
2409	1275/2920	85/238	317	Deb Toth	F	46	Lincoln	NE	00:31:48.60	01:10:05.55	00:32:54.28	10:17	02:14:48.44
2410	1135/1586	166/225	5909	Justin Calvert	M	29	Lincoln	NE	00:29:09.59	01:09:06.76	00:36:32.24	10:17	02:14:48.60
2411	1276/2920	232/503	351	Katie Lamke	F	25	Lincoln	NE	00:32:53.56	01:12:17.84	00:29:40.59	10:17	02:14:52.00
2412	1277/2920	225/495	1879	Sara Baird	F	37	Papillion	NE	00:31:35.11	01:09:51.57	00:33:28.88	10:17	02:14:55.56
2413	1278/2920	233/503	2946	Laura Butler	F	25	Greenwood	NE	00:30:44.48	01:09:29.10	00:34:42.62	10:17	02:14:56.20
2414	1279/2920	169/405	792	Claire Riley	F	21	Lincoln	NE	00:31:26.71	01:10:30.19	00:32:59.97	10:17	02:14:56.88
2415	1280/2920	170/405	3367	Marielle Saathoff	F	24	Lincoln	NE	00:32:52.55	01:11:24.79	00:30:39.72	10:17	02:14:57.07

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2416	1281/2920	171/405	276	Kailee Hernandes	F	21	Papillion	NE	00:31:26.02	01:10:30.89	00:33:00.18	10:17	02:14:57.09
2417	1282/2920	234/503	659	Ariel Christensen	F	27	Alma	NE	00:30:31.77	01:09:17.53	00:35:08.97	10:17	02:14:58.27
2418	1283/2920	235/503	3212	Libby Henschke	F	25	Lincoln	NE	00:28:44.53	01:10:03.56	00:36:10.71	10:17	02:14:58.80
2419	1136/1586	10/23	4906	Will Ulrich	M	14	Lincoln	NE	00:30:27.80	01:12:37.27	00:31:54.09	10:17	02:14:59.16
2420	1284/2920	226/495	1125	Natalia Bjorklund	F	38	Ceresco	NE	00:32:54.05	01:12:17.57	00:29:48.13	10:17	02:14:59.76
2421	1137/1586	127/183	5898	Joshua Schwarten	M	40	Lincoln	NE	00:31:45.19	01:10:41.86	00:32:34.26	10:17	02:15:01.32
2422	1285/2920	239/515	4874	Amy Nelson	F	31	Juniata	NE	00:32:02.00	01:10:04.91	00:32:55.60	10:18	02:15:02.52
2423	1286/2920	62/154	527	Susan Townsend	F	51	Lincoln	NE	00:30:05.12	01:10:11.03	00:34:46.38	10:18	02:15:02.53
2424	1287/2920	172/405	325	Leeann Hedrick	F	21	Lincoln	NE	00:31:34.86	01:09:57.08	00:33:31.23	10:18	02:15:03.17
2425	1138/1586	102/145	5412	Josh Mertens	M	23	Lincoln	NE	00:31:34.11	01:09:57.62	00:33:31.42	10:18	02:15:03.17
2426	1139/1586	128/183	6169	Charles Cover	M	42	Weeping Water	NE	00:26:47.03	01:10:05.01	00:38:11.75	10:18	02:15:03.80
2427	1288/2920	86/238	186	Brenda Steinhauer	F	47	Grand Island	NE	00:31:32.71	01:11:14.74	00:32:18.05	10:18	02:15:05.51
2428	1289/2920	236/503	2795	Katie Deering	F	29	Lincoln	NE	00:30:35.75	01:12:52.92	00:31:37.82	10:18	02:15:06.49
2429	1290/2920	173/405	3252	Payton Cudaback	F	21	Kearney	NE	00:32:46.55	01:11:10.31	00:31:09.71	10:18	02:15:06.57
2430	1291/2920	227/495	2007	Carie Bruss	F	39	Lincoln	NE	00:30:49.68	01:10:55.64	00:33:22.34	10:18	02:15:07.67
2431	1292/2920	228/495	1246	Anne Cunningham	F	39	Lavista	NE	00:30:22.29	01:10:19.43	00:34:29.00	10:18	02:15:10.73
2432	1140/1586	181/226	5235	Tom Laird	M	39	Omaha	NE	00:32:19.22	01:10:26.86	00:32:24.84	10:18	02:15:10.92
2433	1141/1586	203/270	5932	Jeffrey Daake	M	33	Lincoln	NE	00:31:36.79	01:10:29.56	00:33:05.61	10:18	02:15:11.97
2434	1293/2920	237/503	1493	Alexandra Adams	F	26	Lincoln	NE	00:32:00.77	01:10:54.90	00:32:17.32	10:18	02:15:13.00
2435	1294/2920	71/119	2722	Nicole Packwood	F	16	Omaha	NE	00:31:20.56	01:11:23.34	00:32:32.53	10:19	02:15:16.43
2436	1295/2920	174/405	338	Laura Packwood	F	20	Omaha	NE	00:31:22.05	01:11:22.87	00:32:32.61	10:19	02:15:17.53
2437	1296/2920	229/495	1088	Kimberly Groeper	F	36	Papillion	NE	00:31:50.50	01:11:05.90	00:32:22.53	10:19	02:15:18.94
2438	1142/1586	167/225	6393	Daniel J	M	27	Omaha	NE	00:31:13.84	01:10:17.59	00:33:48.31	10:19	02:15:19.74
2439	1143/1586	65/109	1748	Steven Filips	M	50	Omaha	NE	00:31:13.13	01:10:17.95	00:33:49.60	10:19	02:15:20.69
2440	1297/2920	87/238	3699	Coleen Duda	F	49	Papillion	NE	00:31:10.02	01:10:21.58	00:33:50.08	10:19	02:15:21.69
2441	1298/2920	240/515	3595	Amy Smith	F	32	Lincoln	NE	00:30:43.25	01:10:14.96	00:34:24.16	10:19	02:15:22.37
2442	1299/2920	88/238	4060	Kristi Svec	F	45	Kearney	NE	00:31:07.19	01:11:04.09	00:33:12.10	10:19	02:15:23.40
2443	1144/1586	20/46	5347	David Crook	M	63	Humboldt	NE	00:29:26.56	01:12:01.64	00:33:56.05	10:19	02:15:24.25
2444	1300/2920	241/515	3844	Racheal Owen	F	31	Adams	NE	00:31:33.85	01:10:43.97	00:33:08.66	10:19	02:15:26.49
2445	1301/2920	242/515	1360	Marnie Max	F	32	Lincoln	NE	00:29:39.20	01:13:19.60	00:32:27.97	10:19	02:15:26.77
2446	1145/1586	56/64	5195	Conner King	M	16	Lincoln	NE	00:32:00.67	01:13:43.06	00:29:46.77	10:20	02:15:30.51
2447	1146/1586	204/270	5307	Varkey Titus	M	34	Lincoln	NE	00:31:40.41	01:10:30.04	00:33:20.39	10:20	02:15:30.84
2448	1302/2920	148/300	863	Sara Denly	F	40	Omaha	NE	00:30:57.10	01:09:36.16	00:35:01.08	10:20	02:15:34.34
2449	1147/1586	205/270	5229	Michael Parde	M	31	Nebraska City	NE	00:30:02.49	01:09:49.24	00:35:44.35	10:20	02:15:36.08
2450	1303/2920	230/495	3590	Nancy Maiers	F	38	Omaha	NE	00:33:42.99	01:11:25.87	00:30:28.20	10:20	02:15:37.07

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2451	1304/2920	238/503	3478	Nicole Roe	F	25	Omaha	NE	00:29:15.00	01:08:35.92	00:37:46.35	10:20	02:15:37.28
2452	1305/2920	231/495	3894	Shari Mcconville	F	36	Omaha	NE	00:33:20.59	01:10:52.78	00:31:23.92	10:20	02:15:37.29
2453	1306/2920	31/104	1310	Diana Alderson	F	56	Omaha	NE	00:30:11.89	01:07:55.28	00:37:32.74	10:20	02:15:39.92
2454	1148/1586	9/16	4983	Scott Stuckey	M	67	Lincoln	NE	00:32:09.47	01:09:54.57	00:33:36.23	10:20	02:15:40.28
2455	1307/2920	239/503	3960	Amy Reiner	F	29	Columbus	NE	00:26:34.42	01:14:05.96	00:35:03.19	10:21	02:15:43.58
2456	1149/1586	103/145	5388	Shane Watteyne	M	22	Lincoln	NE	00:27:39.36	01:10:13.35	00:37:51.22	10:21	02:15:43.93
2457	1308/2920	240/503	2644	Brenda Dougherty	F	25	Lincoln	NE	00:31:49.23	01:10:17.44	00:33:38.06	10:21	02:15:44.74
2458	1150/1586	104/145	4911	Lincoln Chamberlin	M	21	Lincoln	NE	00:30:37.29	01:12:16.90	00:32:52.15	10:21	02:15:46.36
2459	1309/2920	175/405	3834	Emily Long	F	22	Kearney	NE	00:30:47.95	01:11:03.23	00:33:56.35	10:21	02:15:47.54
2460	1310/2920	241/503	4630	Rachel Steier	F	29	Omaha	NE	00:30:07.02	01:07:10.30	00:38:30.61	10:21	02:15:47.94
2461	1311/2920	232/495	234	Assel Saparova	F	39	Lincoln	NE	00:31:34.97	01:11:01.51	00:33:12.32	10:21	02:15:48.81
2462	1312/2920	32/104	6388	Jane Mcghehey	F	55	Alliance	NE	00:31:28.53	01:11:15.00	00:33:06.31	10:21	02:15:49.84
2463	1313/2920	149/300	3109	Betsy Menicucci	F	41	Bennington	NE	00:33:19.77	01:10:53.19	00:31:38.73	10:21	02:15:51.70
2464	1314/2920	150/300	2626	Thu Le	F	40	Lincoln	NE	00:30:15.09	01:09:17.75	00:36:19.65	10:21	02:15:52.50
2465	1151/1586	57/64	5816	Zachary Tabor	M	19	Walton	NE	00:30:36.19	01:11:17.11	00:33:59.52	10:21	02:15:52.83
2466	1315/2920	176/405	302	Claire Fuhler	F	21	Seward	NE	00:30:06.71	01:09:14.84	00:36:32.60	10:22	02:15:54.17
2467	1316/2920	233/495	3160	Jennifer Moylan	F	38	Bennington	NE	00:33:43.79	01:11:26.46	00:30:44.41	10:22	02:15:54.67
2468	1317/2920	151/300	224	Jenny Briseno	F	40	Lincoln	NE	00:32:01.19	01:10:56.07	00:33:03.90	10:22	02:16:01.17
2469	1318/2920	177/405	3690	Jayde Carstens	F	22	Beatrice	NE	00:31:13.63	01:08:54.40	00:35:54.12	10:22	02:16:02.16
2470	1319/2920	243/515	6472	Mary Wurst	F	31	Omaha	NE	00:31:13.89	01:10:51.98	00:33:56.28	10:22	02:16:02.16
2471	1320/2920	178/405	614	Ashley Carter	F	23	Burlington	CO	00:30:37.46	01:11:16.05	00:34:09.05	10:22	02:16:02.57
2472	1321/2920	33/104	4658	Phyllis Burnett	F	59	Oxford	FL	00:29:47.90	01:09:46.59	00:36:28.49	10:22	02:16:02.98
2473	1322/2920	152/300	3651	Alicia Kotlarz	F	43	Omaha	NE	00:29:46.35	01:10:54.65	00:35:22.17	10:22	02:16:03.18
2474	1152/1586	10/16	5787	Kevin Van Nostrand	M	65	Lincoln	NE	00:32:08.01	01:09:46.83	00:34:08.47	10:22	02:16:03.31
2475	1323/2920	72/119	429	Liza Zaruba	F	15	Columbus	NE	00:30:56.04	01:10:53.55	00:34:14.61	10:22	02:16:04.20
2476	1324/2920	73/119	2668	Samantha Tonniges	F	16	Columbus	NE	00:30:55.77	01:10:53.59	00:34:14.89	10:22	02:16:04.26
2477	1153/1586	206/270	5995	Sean Yahnke	M	30	Bennington	NE	00:30:46.00	01:12:11.60	00:33:07.13	10:22	02:16:04.74
2478	1325/2920	242/503	3137	Melissa Yahnke	F	29	Bennington	NE	00:30:45.96	01:12:11.89	00:33:07.45	10:22	02:16:05.31
2479	1326/2920	244/515	3465	Carla Kage	F	31	Tecumseh	NE	00:31:35.22	01:11:34.41	00:32:57.28	10:23	02:16:06.92
2480	1327/2920	179/405	5086	Ellie Clinch	F	24	Omaha	NE	00:29:45.06	01:09:30.62	00:36:51.74	10:23	02:16:07.43
2481	1154/1586	74/101	5570	Sam Clinch	M	55	Lincoln	NE	00:29:44.83	01:09:30.68	00:36:51.97	10:23	02:16:07.48
2482	1155/1586	21/46	2484	Kevin Watteyne	M	60	Lincoln	NE	00:31:54.36	01:11:25.98	00:32:48.16	10:23	02:16:08.50
2483	1328/2920	245/515	4404	Sheryl Pfeiler	F	34	Omaha	NE	00:30:48.64	01:11:16.30	00:34:04.85	10:23	02:16:09.80
2484	1156/1586	127/168	2492	Peter Heath	M	45	Lincoln	NE	00:28:53.12	01:10:59.30	00:36:17.98	10:23	02:16:10.40
2485	1157/1586	66/109	2226	Vinnie Macklin	M	51	Lincoln	NE	00:28:39.65	01:12:25.43	00:35:06.07	10:23	02:16:11.15

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2486	1329/2920	246/515	3865	Kalyn Rieken	F	31	Milford	NE	00:30:20.89	01:11:20.45	00:34:30.32	10:23	02:16:11.67
2487	1330/2920	9/20	3457	Jane Plagmann	F	8	Lincoln	NE	00:28:55.17	01:10:31.78	00:36:45.38	10:23	02:16:12.34
2488	1331/2920	247/515	1032	Kirsten Kreutz	F	30	Giltner	NE	00:30:20.88	01:11:19.03	00:34:32.52	10:23	02:16:12.43
2489	1158/1586	67/109	5055	Mark Simonson	M	51	Fremont	NE	00:31:02.41	01:12:32.55	00:32:37.52	10:23	02:16:12.49
2490	1332/2920	243/503	4898	Kylee Sterkel	F	27	Ainsworth	NE	00:30:06.32	01:11:44.03	00:34:22.89	10:23	02:16:13.24
2491	1159/1586	182/226	5617	Joshua Hoffmeyer	M	36	Lincoln	NE	00:31:14.47	01:07:28.95	00:37:29.97	10:23	02:16:13.40
2492	1160/1586	207/270	2218	Cole Stukenholtz	M	33	Lincoln	NE	00:30:35.43	01:09:26.40	00:36:12.22	10:23	02:16:14.05
2493	1161/1586	183/226	5897	Brian Dickey	M	38	Lincoln	NE	00:30:20.34	01:10:57.96	00:34:56.39	10:23	02:16:14.70
2494	1333/2920	248/515	3272	Nicole Fischer	F	30	Ainsworth	NE	00:30:09.20	01:11:45.86	00:34:20.45	10:23	02:16:15.51
2495	1334/2920	234/495	3578	Chere Stephen	F	35	Ainsworth	NE	00:30:09.17	01:11:43.88	00:34:22.54	10:23	02:16:15.59
2496	1335/2920	153/300	717	Ashley Ulrich	F	40	Lincoln	NE	00:30:27.10	01:12:37.31	00:33:11.74	10:23	02:16:16.16
2497	1336/2920	235/495	893	Brenda Wandzilak	F	35	Lincoln	NE	00:30:47.55	01:10:25.01	00:35:03.97	10:23	02:16:16.53
2498	1337/2920	10/20	2599	Cecilia Ulrich	F	12	Lincoln	NE	00:30:28.19	01:12:37.89	00:33:11.54	10:23	02:16:17.62
2499	1162/1586	208/270	2339	Patrick O'brien	M	30	Lincoln	NE	00:31:53.01	01:11:36.95	00:32:48.34	10:23	02:16:18.31
2500	1338/2920	249/515	1608	Jenna Lepine	F	33	Greendale	WI	00:31:03.75	01:11:51.02	00:33:23.64	10:23	02:16:18.42
2501	1163/1586	105/145	5729	Grant Ozaki	M	23	Lincoln	NE	00:28:23.82	01:10:17.35	00:37:37.84	10:23	02:16:19.02
2502	1339/2920	236/495	3523	Holly Jackson	F	36	Hooper	NE	00:30:42.79	01:09:32.18	00:36:05.23	10:24	02:16:20.21
2503	1340/2920	154/300	6538	Mitzi Ritzman	F	43	Lincoln	NE	00:30:28.27	01:12:36.97	00:33:15.47	10:24	02:16:20.72
2504	1341/2920	237/495	3452	Megan Elliott	F	37	Wahoo	NE	00:30:32.97	01:11:23.95	00:34:25.71	10:24	02:16:22.64
2505	1164/1586	184/226	5810	Sean Elliott	M	37	Wahoo	NE	00:30:33.60	01:11:23.70	00:34:25.72	10:24	02:16:23.02
2506	1342/2920	89/238	4522	Mik Nielsen	F	46	Louisville	CO	00:30:47.30	01:11:56.35	00:33:40.85	10:24	02:16:24.50
2507	1343/2920	250/515	976	Joslyn Nelsen	F	33	Curtis	NE	00:30:51.01	01:10:24.26	00:35:09.29	10:24	02:16:24.57
2508	1165/1586	129/183	5080	Jason Petersen	M	40	Lincoln	NE	00:31:41.62	01:08:34.44	00:36:10.78	10:24	02:16:26.84
2509	1344/2920	180/405	960	Nicole Powell	F	20	Doniphan	NE	00:29:34.48	01:09:38.37	00:37:15.83	10:24	02:16:28.69
2510	1345/2920	74/119	293	Haylee Cielocha	F	15	Columbus	NE	00:30:55.77	01:10:53.82	00:34:39.36	10:24	02:16:28.95
2511	1346/2920	75/119	167	Brea Lassek	F	15	Columbus	NE	00:30:56.59	01:10:53.59	00:34:39.59	10:24	02:16:29.78
2512	1347/2920	238/495	3453	Kristin Woods	F	35	Lincoln	NE	00:31:25.52	01:10:12.49	00:34:51.79	10:24	02:16:29.81
2513	1166/1586	168/225	1694	Manuel Ortiz-Garcia	M	27	Lincoln	NE	00:30:04.25	01:07:00.41	00:39:25.44	10:24	02:16:30.10
2514	1348/2920	90/238	735	Trina Brown	F	46	Lincoln	NE	00:33:20.83	01:13:11.63	00:29:58.20	10:24	02:16:30.66
2515	1349/2920	181/405	3406	Taylor Zitek	F	22	Lincoln	NE	00:29:20.65	01:10:35.26	00:36:37.65	10:25	02:16:33.57
2516	1167/1586	106/145	6407	Nolan Thurston	M	21	Lincoln	NE	00:30:25.73	01:10:30.48	00:35:38.65	10:25	02:16:34.87
2517	1350/2920	251/515	321	Jessica Anderson	F	32	Yankton	SD	00:28:04.52	01:13:45.79	00:34:47.70	10:25	02:16:38.02
2518	1351/2920	244/503	561	Kelli Staack	F	29	Omaha	NE	00:31:48.67	01:11:12.91	00:33:38.50	10:25	02:16:40.09
2519	1168/1586	130/183	5849	Stephen Spieker	M	42	Lincoln	NE	00:30:45.20	01:11:55.91	00:34:00.21	10:25	02:16:41.32
2520	1352/2920	239/495	3589	Annarose Steinke	F	35	Kearney	NE	00:29:54.76	01:10:35.07	00:36:11.59	10:25	02:16:41.43



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2521	1169/1586	68/109	2040	John Giannou	M	51	Stromsburg	NE	00:28:35.57	01:09:46.12	00:38:19.86	10:25	02:16:41.56
2522	1170/1586	128/168	5758	Troy Bruntz	M	47	Mccook	NE	00:30:03.38	01:13:50.56	00:32:48.66	10:25	02:16:42.60
2523	1171/1586	185/226	6179	Chris Hein	M	38	Jefferson City	MO	00:32:37.56	01:12:54.41	00:31:11.02	10:25	02:16:43.00
2524	1353/2920	245/503	3887	Chassi Geist	F	29	Kearney	NE	00:30:47.29	01:11:34.89	00:34:21.25	10:25	02:16:43.43
2525	1354/2920	246/503	3949	Xanadu Blankenbaker	F	26	Minden	NE	00:30:47.54	01:11:35.05	00:34:21.72	10:25	02:16:44.33
2526	1355/2920	240/495	4746	Amanda Schroeder	F	36	Hastings	NE	00:30:28.53	01:11:48.95	00:34:28.94	10:26	02:16:46.42
2527	1172/1586	107/145	6077	Grant Badertscher	M	22	Tecumseh	NE	00:30:14.40	01:09:04.49	00:37:30.12	10:26	02:16:49.01
2528	1356/2920	182/405	6450	Erika Wolfe	F	24	Omaha	NE	00:27:58.48	01:10:29.13	00:38:22.52	10:26	02:16:50.14
2529	1357/2920	34/104	1270	Sarah Holmes	F	58	Lincoln	NE	00:32:41.73	01:10:58.61	00:33:10.67	10:26	02:16:51.02
2530	1358/2920	76/119	3053	Maddie Akers	F	17	Omaha	NE	00:27:55.41	01:12:18.44	00:36:37.81	10:26	02:16:51.67
2531	1359/2920	252/515	1035	Kimberly Perez	F	33	Hastings	NE	00:32:15.54	01:11:58.14	00:32:39.06	10:26	02:16:52.75
2532	1360/2920	155/300	4479	Jodi Anderson	F	42	Bennington	NE	00:32:25.60	01:11:47.59	00:32:40.77	10:26	02:16:53.96
2533	1361/2920	247/503	439	Kellie Gossman	F	29	Norfolk	NE	00:29:06.53	01:10:54.70	00:36:53.99	10:26	02:16:55.23
2534	1362/2920	156/300	6290	Bray Jermark	F	40	Abilene	KS	00:29:59.66	01:10:46.42	00:36:09.73	10:26	02:16:55.82
2535	1363/2920	248/503	1282	Erin Prohaska	F	26	Lincoln	NE	00:29:55.57	01:11:17.57	00:35:52.60	10:27	02:17:05.75
2536	1364/2920	253/515	4031	Kati Miller	F	32	Lincoln	NE	00:33:21.06	01:10:39.47	00:33:06.81	10:27	02:17:07.35
2537	1173/1586	186/226	2156	Lincoln Arneal	M	35	Lincoln	NE	00:26:06.61	01:09:36.62	00:41:24.47	10:27	02:17:07.70
2538	1365/2920	254/515	4030	Katie Changstrom	F	31	Lincoln	NE	00:33:20.45	01:10:39.33	00:33:08.17	10:27	02:17:07.96
2539	1366/2920	157/300	2894	Amy Paysen	F	40	Kearney	NE	00:33:05.27	01:11:10.20	00:32:55.44	10:27	02:17:10.92
2540	1367/2920	241/495	1138	Tina Lindberg	F	38	Omaha	NE	00:29:11.11	01:12:44.27	00:35:18.02	10:28	02:17:13.41
2541	1368/2920	183/405	2726	Alyssa Pierson	F	20	Sioux Falls	SD	00:33:02.06	01:08:49.85	00:35:23.75	10:28	02:17:15.67
2542	1174/1586	129/168	2158	Dale Mcdaniel	M	48	Lincoln	NE	00:32:11.90	01:10:27.08	00:34:38.01	10:28	02:17:16.99
2543	1369/2920	158/300	521	Beth Gard	F	43	Omaha	NE	00:31:02.16	01:11:53.79	00:34:21.80	10:28	02:17:17.76
2544	1370/2920	184/405	5159	Adele Payant	F	21	Lincoln	NE	00:33:40.43	01:11:52.96	00:31:47.12	10:28	02:17:20.52
2545	1371/2920	63/154	845	Marian Holden	F	53	Omaha	NE	00:30:51.69	01:10:54.20	00:35:35.36	10:28	02:17:21.26
2546	1372/2920	91/238	944	Lori Hemmett	F	45	Lincoln	NE	00:29:58.66	01:10:16.22	00:37:06.52	10:28	02:17:21.41
2547	1175/1586	187/226	2394	Chad Goodwin	M	37	Omaha	NE	00:32:03.56	01:12:27.12	00:32:56.46	10:29	02:17:27.15
2548	1373/2920	255/515	3607	Sarah Louis	F	33	Kansas City	MO	00:31:33.97	01:10:59.89	00:34:55.02	10:29	02:17:28.90
2549	1374/2920	185/405	3736	Kenna Smith	F	22	Omaha	NE	00:29:13.44	01:12:45.81	00:35:31.10	10:29	02:17:30.35
2550	1176/1586	209/270	2463	Brandon Mumgaard	M	30	Garden City	KS	00:27:55.62	01:09:36.36	00:40:01.67	10:29	02:17:33.66
2551	1375/2920	92/238	4401	Jennifer Buckingham	F	46	Pacific Junction	IA	00:31:45.75	01:12:50.08	00:32:58.69	10:29	02:17:34.52
2552	1376/2920	186/405	755	Allison Burkert	F	23	Lincoln	NE	00:31:30.82	01:12:16.83	00:33:46.91	10:29	02:17:34.56
2553	1377/2920	249/503	2223	Lindsey Shannon	F	28	Omaha	NE	00:31:46.10	01:12:49.76	00:32:58.96	10:29	02:17:34.83
2554	1177/1586	169/225	5411	Evan Balleweg	M	26	Lincoln	NE	00:32:48.38	01:13:01.78	00:31:45.43	10:29	02:17:35.60
2555	1378/2920	35/104	4285	Jean Cotton	F	59	Lincoln	NE	00:31:03.34	01:12:16.25	00:34:16.96	10:29	02:17:36.56

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2556	1379/2920	250/503	2790	Audrey Arbuckle	F	25	Wilber	NE	00:34:32.48	01:12:08.81	00:30:55.46	10:29	02:17:36.75
2557	1380/2920	159/300	3507	Emily Glenn	F	42	Omaha	NE	00:34:33.53	01:11:18.90	00:31:45.65	10:29	02:17:38.08
2558	1381/2920	251/503	4897	Meghan Bernholtz	F	28	Lincoln	NE	00:29:53.58	01:10:06.43	00:37:38.13	10:29	02:17:38.15
2559	1382/2920	93/238	4075	Lisa Murphy	F	49	Tea	SD	00:29:34.04	01:10:03.26	00:38:01.87	10:30	02:17:39.18
2560	1383/2920	187/405	6285	Sarah Van Ert	F	20	Lincoln	NE	00:28:37.84	01:10:33.21	00:38:29.01	10:30	02:17:40.06
2561	1384/2920	242/495	216	Jennifer Dilisio	F	35	Elkhorn	NE	00:30:36.60	01:12:01.48	00:35:02.74	10:30	02:17:40.83
2562	1385/2920	252/503	667	Deborah Floor	F	27	Castle Pines	CO	00:29:00.99	01:13:18.33	00:35:23.04	10:30	02:17:42.37
2563	1386/2920	160/300	4240	Janna Huffstutler	F	44	Cullman	AL	00:31:49.19	01:11:57.39	00:33:56.34	10:30	02:17:42.93
2564	1387/2920	188/405	3018	Brooke Paczosa	F	20	Columbus	NE	00:29:41.91	01:09:51.40	00:38:11.02	10:30	02:17:44.33
2565	1388/2920	256/515	2713	Sahara Cathcart	F	31	Omaha	NE	00:33:23.10	01:12:50.64	00:31:31.09	10:30	02:17:44.83
2566	1389/2920	77/119	177	Mia Sharpnack	F	18	Lincoln	NE	00:31:04.09	01:07:29.18	00:39:11.76	10:30	02:17:45.03
2567	1178/1586	58/64	1964	Adam Schneider	M	18	Lincoln	NE	00:31:03.86	01:07:29.40	00:39:11.76	10:30	02:17:45.03
2568	1390/2920	253/503	1006	Ana Damme	F	27	Omaha	NE	00:33:23.22	01:12:50.74	00:31:31.48	10:30	02:17:45.45
2569	1391/2920	36/104	1309	Bonnie Engel	F	59	Lincoln	NE	00:30:38.18	01:14:13.50	00:32:53.83	10:30	02:17:45.52
2570	1392/2920	257/515	1907	Amy Engel	F	32	Lincoln	NE	00:30:37.63	01:14:14.49	00:32:53.58	10:30	02:17:45.70
2571	1393/2920	78/119	3144	Taylor Golden	F	19	Cody	WY	00:33:00.43	01:12:46.20	00:31:59.19	10:30	02:17:45.83
2572	1394/2920	258/515	3921	Carly Salak	F	34	West Point	NE	00:31:42.98	01:11:52.45	00:34:10.69	10:30	02:17:46.13
2573	1395/2920	259/515	4317	Candice's Thompson	F	32	Omaha	NE	00:31:36.91	01:12:37.57	00:33:32.18	10:30	02:17:46.67
2574	1396/2920	254/503	428	Lark Warren	F	28	Lincoln	NE	00:33:05.16	01:11:54.47	00:32:47.48	10:30	02:17:47.11
2575	1397/2920	161/300	1187	Jenny Abler	F	42	Ceresco	NE	00:32:05.13	01:11:56.44	00:33:46.08	10:30	02:17:47.66
2576	1398/2920	260/515	1537	Andrea Woita	F	33	Ceresco	NE	00:32:05.14	01:11:56.18	00:33:46.60	10:30	02:17:47.93
2577	1179/1586	210/270	5711	Drew Smith	M	33	Lincoln	NE	00:34:34.06	01:12:07.81	00:31:07.08	10:30	02:17:48.96
2578	1399/2920	189/405	6366	Shelby Bauers	F	23	Lincoln	NE	00:32:30.08	01:11:22.29	00:33:59.17	10:30	02:17:51.55
2579	1400/2920	255/503	4276	Cara Wilwerding	F	25	Lincoln	NE	00:30:05.10	01:12:49.73	00:34:57.83	10:31	02:17:52.67
2580	1401/2920	64/154	4266	Susan Stauffer	F	53	Lincoln	NE	00:32:27.36	01:11:22.72	00:34:03.58	10:31	02:17:53.66
2581	1402/2920	190/405	2761	Natalie Mackley	F	23	Lincoln	NE	00:27:35.61	01:13:47.56	00:36:30.85	10:31	02:17:54.02
2582	1403/2920	256/503	3336	Heidi Dammast	F	29	La Vista	NE	00:31:37.93	01:12:21.93	00:33:54.24	10:31	02:17:54.11
2583	1404/2920	257/503	3294	Allison Wolf	F	27	Omaha	NE	00:31:38.03	01:12:21.64	00:33:54.48	10:31	02:17:54.16
2584	1405/2920	261/515	4492	Jeanne Bonham	F	34	Franklin	NE	00:29:19.53	01:11:04.27	00:37:30.43	10:31	02:17:54.24
2585	1406/2920	37/104	1229	Karen Fischer	F	57	Lincoln	NE	00:31:16.08	01:12:48.15	00:33:50.80	10:31	02:17:55.04
2586	1180/1586	170/225	4957	Aaron Mathis	M	25	Shelby	NE	00:31:25.04	01:14:53.64	00:31:41.11	10:31	02:17:59.80
2587	1181/1586	75/101	5883	Morgan Mathis	M	57	Lincoln	NE	00:31:24.95	01:14:54.12	00:31:41.39	10:31	02:18:00.47
2588	1407/2920	162/300	4116	Shawnda Eggleston	F	43	Broken Bow	NE	00:28:48.27	01:11:31.91	00:37:41.52	10:31	02:18:01.71
2589	1182/1586	211/270	2445	Travis Arnold	M	34	Gretna	NE	00:30:31.93	01:11:52.70	00:35:38.27	10:31	02:18:02.91
2590	1408/2920	262/515	1670	Melissa Weber-Arnold	F	34	Gretna	NE	00:30:31.93	01:11:52.24	00:35:38.81	10:31	02:18:02.99

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2591	1409/2920	163/300	1399	Marla Stoltenberg	F	44	Omaha	NE	00:33:22.16	01:12:09.98	00:32:31.14	10:31	02:18:03.28
2592	1183/1586	69/109	5587	Rich Watson	M	50	Holdrege	NE	00:30:59.35	01:10:11.26	00:36:52.72	10:31	02:18:03.34
2593	1410/2920	94/238	812	Angie Embray	F	47	Glenwood	IA	00:32:04.84	01:11:52.89	00:34:05.80	10:31	02:18:03.54
2594	1411/2920	243/495	1084	Penny Lightwine	F	36	Geneva	NE	00:32:12.96	01:11:24.33	00:34:26.99	10:31	02:18:04.28
2595	1412/2920	164/300	4916	Shelly Fargo	F	42	Lincoln	NE	00:32:45.41	01:11:12.01	00:34:07.88	10:32	02:18:05.32
2596	1413/2920	165/300	4418	Karina Schoengold	F	42	Lincoln	NE	00:32:43.09	01:12:33.04	00:32:49.57	10:32	02:18:05.71
2597	1184/1586	11/23	5034	Zachary Faz	M	14	Firth	NE	00:30:13.32	01:12:07.20	00:35:47.15	10:32	02:18:07.68
2598	1414/2920	258/503	6272	Jessica Meza	F	28	Lincoln	NE	00:32:01.24	01:12:09.22	00:33:57.79	10:32	02:18:08.26
2599	1415/2920	259/503	4680	Rachael Middleton	F	28	Lincoln	NE	00:32:00.19	01:12:10.22	00:33:57.99	10:32	02:18:08.41
2600	1416/2920	38/104	721	Cyndi Schaer	F	57	Omaha	NE	00:30:41.03	01:12:51.07	00:34:36.92	10:32	02:18:09.03
2601	1417/2920	260/503	648	Abbie Lanke	F	25	Pella	IA	00:31:47.82	01:11:07.93	00:35:16.54	10:32	02:18:12.30
2602	1418/2920	263/515	260	Kalynn Fritzen	F	30	Adams	NE	00:31:49.19	01:11:06.89	00:35:16.54	10:32	02:18:12.63
2603	1419/2920	191/405	5111	Cierra Graf	F	22	Kearney	NE	00:31:32.39	01:10:51.97	00:35:48.59	10:32	02:18:12.96
2604	1185/1586	188/226	5814	Kevin Palko	M	39	Lincoln	NE	00:32:54.31	01:11:11.81	00:34:07.76	10:32	02:18:13.89
2605	1420/2920	39/104	4304	Tamera Schlueter	F	56	Hastings	NE	00:30:20.74	01:13:00.40	00:34:54.55	10:32	02:18:15.70
2606	1421/2920	261/503	480	Lynette Pospisil	F	27	Hallam	NE	00:31:48.89	01:12:19.94	00:34:08.12	10:32	02:18:16.96
2607	1422/2920	95/238	1458	Angie Shadle	F	48	Omaha	NE	00:31:00.92	01:10:34.02	00:36:42.67	10:32	02:18:17.62
2608	1186/1586	189/226	1831	Andrew Bloskas	M	37	Lincoln	NE	00:30:45.52	01:09:47.69	00:37:44.86	10:33	02:18:18.07
2609	1423/2920	192/405	5153	Cait Graf	F	22	Kearney	NE	00:31:31.49	01:10:52.61	00:35:55.31	10:33	02:18:19.41
2610	1424/2920	244/495	3126	Sarah Mccool	F	39	Lincoln	NE	00:30:46.21	01:11:49.52	00:35:43.96	10:33	02:18:19.69
2611	1425/2920	193/405	4143	Ashlee Harms	F	23	Lincoln	NE	00:32:19.10	01:13:13.22	00:32:49.89	10:33	02:18:22.21
2612	1187/1586	108/145	5064	Simon Ostrander	M	24	Hastings	NE	00:26:25.77	01:06:25.98	00:45:34.97	10:33	02:18:26.72
2613	1426/2920	264/515	1126	Jennifer Wickard	F	34	Lincoln	NE	00:29:43.08	01:14:31.22	00:34:13.14	10:33	02:18:27.44
2614	1188/1586	171/225	5966	Jon Pieper	M	29	Lincoln	NE	00:29:11.06	01:12:03.68	00:37:13.33	10:33	02:18:28.07
2615	1189/1586	172/225	2437	Brandon Roesler	M	27	Lincoln	NE	00:30:02.85	01:11:17.97	00:37:09.06	10:33	02:18:29.89
2616	1427/2920	194/405	436	Cara Woldt	F	24	Lincoln	NE	00:30:03.34	01:11:18.42	00:37:08.35	10:33	02:18:30.11
2617	1428/2920	245/495	4000	Sara Olsen	F	35	Omaha	NE	00:29:09.51	01:12:17.18	00:37:03.49	10:33	02:18:30.19
2618	1429/2920	96/238	4512	Sally Baldridge	F	49	York	NE	00:31:05.83	01:11:14.06	00:36:11.00	10:33	02:18:30.89
2619	1430/2920	65/154	2730	Ruilin Wang	F	53	Lincoln	NE	00:30:17.73	01:12:38.60	00:35:35.07	10:34	02:18:31.41
2620	1431/2920	262/503	3470	Amanda Krivda	F	29	Lincoln	NE	00:33:19.33	01:11:16.79	00:33:57.04	10:34	02:18:33.17
2621	1432/2920	263/503	6471	Amanda Heskett	F	29	Nemaha	NE	00:31:44.02	01:12:36.04	00:34:15.11	10:34	02:18:35.18
2622	1433/2920	264/503	3520	Jennifer Lerner	F	25	Elkhorn	NE	00:31:23.62	01:12:09.19	00:35:06.54	10:34	02:18:39.35
2623	1434/2920	195/405	747	Taira Anderson	F	24	Sargent	NE	00:32:03.55	01:13:39.50	00:32:56.84	10:34	02:18:39.90
2624	1435/2920	246/495	4085	Tanya Martens	F	36	Ogallala	NE	00:33:25.01	01:11:43.31	00:33:31.75	10:34	02:18:40.09
2625	1436/2920	265/503	554	Kayla Adden	F	25	Sidney	NE	00:32:03.14	01:13:40.34	00:32:56.61	10:34	02:18:40.10

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2626	1437/2920	247/495	1542	Brandy Reisdorff	F	38	Lincoln	NE	00:30:50.80	01:12:27.51	00:35:22.60	10:34	02:18:40.92
2627	1190/1586	173/225	5737	Clayton Jindra	M	29	Lincoln	NE	00:31:41.80	01:11:37.15	00:35:23.34	10:34	02:18:42.30
2628	1438/2920	265/515	253	Audrey Banegas	F	30	Lincoln	NE	00:32:19.71	01:12:05.34	00:34:18.28	10:34	02:18:43.34
2629	1439/2920	248/495	1744	Rachel Zeleny	F	38	Sergeant Bluff	IA	00:30:22.85	01:11:58.94	00:36:22.12	10:34	02:18:43.92
2630	1440/2920	249/495	431	Jill Anderson	F	38	Alta	IA	00:30:40.64	01:13:51.70	00:34:13.97	10:35	02:18:46.31
2631	1191/1586	131/183	4975	Bryan Scovill	M	41	Omaha	NE	00:27:39.20	01:14:07.55	00:37:00.05	10:35	02:18:46.81
2632	1441/2920	266/503	3635	Beth German	F	29	Elkhorn	NE	00:30:07.28	01:12:39.85	00:36:00.11	10:35	02:18:47.25
2633	1442/2920	250/495	3359	April Lambert	F	35	Lincoln	NE	00:32:25.00	01:11:22.32	00:35:01.27	10:35	02:18:48.59
2634	1192/1586	132/183	5749	Jon Ferguson	M	42	Lincoln	NE	00:32:24.82	01:12:39.09	00:33:45.81	10:35	02:18:49.73
2635	1443/2920	40/104	900	Bev Cotton	F	57	Volga	SD	00:30:08.18	01:13:11.79	00:35:30.15	10:35	02:18:50.12
2636	1444/2920	166/300	1294	Jennifer Andrews	F	43	Omaha	NE	00:31:44.67	01:12:35.55	00:34:30.60	10:35	02:18:50.82
2637	1445/2920	66/154	4704	Dustalyn Graham	F	50	Murdock	NE	00:25:31.15	01:13:20.48	00:40:00.63	10:35	02:18:52.26
2638	1446/2920	97/238	681	Jana Kohrell	F	48	Lincoln	NE	00:30:29.34	01:11:56.55	00:36:27.10	10:35	02:18:53.00
2639	1193/1586	70/109	2152	David Kohrell	M	52	Lincoln	NE	00:30:29.90	01:11:54.93	00:36:28.30	10:35	02:18:53.14
2640	1194/1586	109/145	5280	Cody Schilling	M	22	Lincoln	NE	00:31:13.41	01:09:20.88	00:38:20.95	10:35	02:18:55.25
2641	1447/2920	251/495	1211	Lisa Weber	F	37	Tecumseh	NE	00:29:42.62	01:12:42.56	00:36:35.60	10:36	02:19:00.78
2642	1195/1586	133/183	5410	Darren Jack	M	42	Lincoln	NE	00:32:02.46	01:10:35.46	00:36:23.34	10:36	02:19:01.27
2643	1448/2920	41/104	3217	Linda Muhlbach	F	57	Kearney	NE	00:32:05.61	01:13:00.13	00:33:56.00	10:36	02:19:01.75
2644	1449/2920	196/405	3208	Gloria Consuelo	F	23	Lincoln	NE	00:32:06.46	01:12:33.69	00:34:23.78	10:36	02:19:03.94
2645	1450/2920	197/405	6417	Janey Malcolm	F	22	Lincoln	NE	00:32:44.68	01:09:42.18	00:36:37.33	10:36	02:19:04.19
2646	1451/2920	266/515	3582	Kelly Allsman	F	32	Lincoln	NE	00:31:11.34	01:12:36.68	00:35:16.80	10:36	02:19:04.83
2647	1196/1586	110/145	6323	Eric Pfeifer	M	22	Madison	NE	00:32:07.03	01:12:33.07	00:34:24.82	10:36	02:19:04.93
2648	1452/2920	167/300	2727	Hollie Ponce	F	42	Bennington	NE	00:33:04.90	01:13:13.50	00:32:46.75	10:36	02:19:05.16
2649	1453/2920	267/503	6258	Brenna Marsh	F	29	Torrington	WY	00:32:48.74	01:13:57.58	00:32:20.06	10:36	02:19:06.39
2650	1454/2920	198/405	970	Amber Wright	F	23	Lincoln	NE	00:32:09.62	01:12:33.59	00:34:23.60	10:36	02:19:06.82
2651	1197/1586	111/145	5066	Brody Garbers	M	21	Columbus	NE	00:27:38.40	01:12:02.37	00:39:26.28	10:36	02:19:07.06
2652	1455/2920	199/405	5135	Breck Ostrander	F	23	Lincoln	NE	00:33:21.88	01:11:50.20	00:33:56.10	10:36	02:19:08.18
2653	1198/1586	11/16	5986	Bob Wenger	M	65	Topeka	KS	00:32:01.71	01:12:36.31	00:34:31.31	10:36	02:19:09.34
2654	1199/1586	212/270	6020	Austin Stauffer	M	30	Lincoln	NE	00:32:33.36	01:14:31.07	00:32:05.10	10:36	02:19:09.54
2655	1456/2920	168/300	4265	Debbie Hodges	F	41	Omaha	NE	00:32:33.19	01:12:52.90	00:33:44.60	10:37	02:19:10.70
2656	1200/1586	174/225	1773	Daniel Stratman	M	27	Omaha	NE	00:30:40.03	01:12:59.82	00:35:32.85	10:37	02:19:12.71
2657	1457/2920	200/405	4084	Allison Johnson	F	24	David City	NE	00:31:46.72	01:12:37.70	00:34:48.60	10:37	02:19:13.02
2658	1458/2920	201/405	4797	Stephanie Tabor	F	21	Walton	NE	00:30:58.02	01:11:46.27	00:36:29.28	10:37	02:19:13.58
2659	1459/2920	268/503	2671	Terri Miller	F	27	Kearney	NE	00:32:22.81	01:13:51.01	00:33:00.59	10:37	02:19:14.41
2660	1460/2920	269/503	3571	Cynthia Tasa	F	27	Creston	NE	00:30:50.05	01:09:59.24	00:38:25.21	10:37	02:19:14.51

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2661	1461/2920	270/503	3645	Kimberly Dugger	F	26	Omaha	NE	00:30:47.45	01:11:22.01	00:37:05.15	10:37	02:19:14.61
2662	1462/2920	202/405	948	Hannah Berry	F	20	Madisonville	LA	00:33:23.21	01:08:23.51	00:37:27.96	10:37	02:19:14.69
2663	1463/2920	271/503	4264	Karly Schneider	F	27	Omaha	NE	00:30:50.23	01:09:59.37	00:38:25.50	10:37	02:19:15.10
2664	1464/2920	267/515	603	Rebecca Post	F	31	Lincoln	NE	00:35:29.39	01:12:10.62	00:31:35.15	10:37	02:19:15.17
2665	1465/2920	268/515	3010	Diana Tsuchida	F	32	San Francisco	CA	00:30:49.55	01:14:58.19	00:33:29.82	10:37	02:19:17.56
2666	1466/2920	272/503	572	Ashley Torske	F	25	Lincoln	NE	00:30:49.15	01:12:29.49	00:35:59.52	10:37	02:19:18.17
2667	1201/1586	134/183	6532	Matthew Hopken	M	43	Kansas City	MO	00:30:08.81	01:11:54.77	00:37:15.33	10:37	02:19:18.92
2668	1467/2920	169/300	4359	Cheryl Larsen-Zinke	F	42	Gray	IA	00:31:05.52	01:12:21.99	00:35:51.85	10:37	02:19:19.36
2669	1468/2920	203/405	625	Abbie Trevena	F	22	Lincoln	NE	00:34:32.90	01:13:41.02	00:31:06.06	10:37	02:19:19.98
2670	1469/2920	273/503	3863	Jena Kerner	F	26	Lincoln	NE	00:31:31.22	01:13:12.55	00:34:36.72	10:37	02:19:20.49
2671	1470/2920	42/104	491	Georgia Gilman	F	58	Lees Summit	MO	00:31:28.11	01:11:53.90	00:35:59.91	10:37	02:19:21.92
2672	1471/2920	269/515	328	Anna Degraff	F	34	Marshall	MN	00:33:45.93	01:12:59.01	00:32:37.95	10:37	02:19:22.90
2673	1472/2920	79/119	3878	Krystal Kozawa	F	19	Omaha	NE	00:29:06.88	01:14:01.72	00:36:14.84	10:37	02:19:23.45
2674	1473/2920	270/515	1335	Katie Herzog	F	33	Omaha	NE	00:31:18.20	01:13:20.54	00:34:45.18	10:38	02:19:23.92
2675	1202/1586	76/101	2124	Mark Olson	M	57	Lincoln	NE	00:31:00.64	01:13:01.60	00:35:22.29	10:38	02:19:24.54
2676	1203/1586	190/226	5357	Ryan Luedtke	M	38	Lincoln	NE	00:34:29.46	01:12:31.93	00:32:25.80	10:38	02:19:27.20
2677	1204/1586	22/46	2448	Richard Rogers	M	63	Lincoln	NE	00:32:01.78	01:12:16.59	00:35:10.07	10:38	02:19:28.45
2678	1474/2920	80/119	3734	Courtney Kment	F	19	Fremont	NE	00:31:17.14	01:13:50.50	00:34:20.84	10:38	02:19:28.49
2679	1205/1586	135/183	5571	Patrick Nepple	M	43	Council Bluffs	IA	00:37:26.25	01:07:54.48	00:34:08.43	10:38	02:19:29.16
2680	1475/2920	204/405	1214	Destiny Worthey	F	21	Humboldt	NE	00:30:36.07	01:14:10.49	00:34:44.72	10:38	02:19:31.29
2681	1476/2920	170/300	1457	Jaime Manz	F	41	Wayne	NE	00:31:34.28	01:12:40.71	00:35:20.27	10:38	02:19:35.27
2682	1206/1586	71/109	5621	Carlos Serv&n	M	51	Lincoln	NE	00:34:18.96	01:11:50.34	00:33:26.74	10:38	02:19:36.05
2683	1477/2920	205/405	3155	Doris Serv&n	F	20	Lincoln	NE	00:34:18.91	01:11:50.70	00:33:26.79	10:38	02:19:36.41
2684	1478/2920	274/503	3142	Emilie Macke	F	28	Bennington	NE	00:39:18.76	01:09:06.52	00:31:11.39	10:39	02:19:36.68
2685	1479/2920	252/495	4500	Stacey Roach	F	36	Lincoln	NE	00:31:51.67	01:11:46.82	00:35:59.16	10:39	02:19:37.66
2686	1480/2920	275/503	4992	Chelsey Igo-Boggs	F	28	Lincoln	NE	00:33:04.81	01:13:16.66	00:33:16.33	10:39	02:19:37.80
2687	1481/2920	206/405	4386	Alex Green	F	20	Kearney	NE	00:32:12.93	01:13:58.61	00:33:26.70	10:39	02:19:38.24
2688	1207/1586	12/23	4907	Alexander Combs	M	12	Roca	NE	00:33:22.44	01:13:36.75	00:32:39.50	10:39	02:19:38.70
2689	1482/2920	276/503	834	Kelli Claassen	F	26	Lincoln	NE	00:31:46.72	01:12:41.03	00:35:13.45	10:39	02:19:41.21
2690	1208/1586	175/225	2035	Scott Bartels	M	28	Lincoln	NE	00:28:30.15	01:12:31.86	00:38:39.70	10:39	02:19:41.72
2691	1483/2920	271/515	1251	Ashlie Peters	F	30	Quincy	IL	00:31:48.11	01:13:15.70	00:34:40.63	10:39	02:19:44.45
2692	1484/2920	253/495	4037	Lisa Ostendorf	F	39	Lincoln	NE	00:30:28.29	01:11:58.26	00:37:19.74	10:39	02:19:46.30
2693	1485/2920	171/300	4373	Kelly Gering	F	42	Omaha	NE	00:33:04.19	01:13:14.39	00:33:29.09	10:39	02:19:47.67
2694	1486/2920	207/405	6336	Jacquelyn Dam	F	21	Seward	NE	00:31:14.99	01:20:59.95	00:27:33.41	10:39	02:19:48.37
2695	1487/2920	254/495	4231	Kristi Kava	F	36	Omaha	NE	00:32:31.94	01:13:02.24	00:34:14.95	10:39	02:19:49.14

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2696	1488/2920	255/495	4696	Dara Manning	F	37	Elkhorn	NE	00:32:18.85	01:12:34.75	00:34:59.92	10:40	02:19:53.53
2697	1489/2920	256/495	3875	Michelle Black	F	38	Papillion	NE	00:29:50.48	01:13:09.82	00:36:56.32	10:40	02:19:56.63
2698	1490/2920	277/503	786	Cassandra Galusha	F	28	Omaha	NE	00:31:55.61	01:11:46.76	00:36:14.59	10:40	02:19:56.98
2699	1491/2920	43/104	802	Mary Sinclair	F	56	Omaha	NE	00:32:41.82	01:13:07.35	00:34:08.06	10:40	02:19:57.23
2700	1492/2920	172/300	5727	Darcy Kapke	F	42	Fairbury	NE	00:31:04.04	01:15:17.96	00:33:35.29	10:40	02:19:57.30
2701	1493/2920	98/238	4083	Patti Beebe	F	46	North Bend	NE	00:31:21.64	01:12:39.90	00:35:56.29	10:40	02:19:57.84
2702	1494/2920	173/300	3204	Autumn Bourek	F	43	North Bend	NE	00:31:21.94	01:12:39.80	00:35:56.23	10:40	02:19:57.98
2703	1209/1586	213/270	2258	T J Mills	M	30	Lincoln	NE	00:30:45.81	01:12:00.63	00:37:12.13	10:40	02:19:58.58
2704	1210/1586	136/183	6030	Jason Page	M	40	Greenfield	IN	00:33:42.54	01:13:11.06	00:33:04.99	10:40	02:19:58.60
2705	1211/1586	176/225	1785	Hasan Shurrab	M	25	Lincoln	NE	00:33:29.84	01:14:01.11	00:32:27.73	10:40	02:19:58.69
2706	1495/2920	278/503	217	April Rasmussen	F	28	Lincoln	NE	00:33:32.37	01:13:10.22	00:33:17.06	10:40	02:19:59.66
2707	1496/2920	208/405	3123	Madison Corominas	F	24	Lincoln	NE	00:31:27.66	01:10:46.93	00:37:45.79	10:40	02:20:00.39
2708	1212/1586	130/168	5604	Todd Scroggins	M	47	Linden	IA	00:31:26.90	01:10:52.37	00:37:41.44	10:40	02:20:00.71
2709	1497/2920	272/515	5547	Megan Flory	F	30	Omaha	NE	00:33:08.65	01:13:21.19	00:33:32.22	10:40	02:20:02.07
2710	1498/2920	174/300	1200	Beth Rawlings	F	40	Lincoln	NE	00:33:21.72	01:14:18.10	00:32:23.26	10:41	02:20:03.08
2711	1213/1586	214/270	2308	Joseph Banegas	M	31	Lincoln	NE	00:32:19.13	01:12:04.13	00:35:41.28	10:41	02:20:04.54
2712	1499/2920	273/515	2672	Whitney Slade	F	30	Meriden	CT	00:30:27.67	01:13:09.07	00:36:29.08	10:41	02:20:05.83
2713	1500/2920	209/405	4554	Kaylee Jessen	F	20	Lincoln	NE	00:33:09.64	01:13:12.90	00:33:44.96	10:41	02:20:07.50
2714	1501/2920	257/495	398	Misty Butts	F	37	Madison	NE	00:29:38.16	01:12:10.54	00:38:19.35	10:41	02:20:08.06
2715	1502/2920	175/300	3506	Stephanie Lemonds	F	42	Tabor	IA	00:30:58.72	01:12:51.88	00:36:17.60	10:41	02:20:08.22
2716	1214/1586	131/168	2378	Matt Collins	M	48	Lincoln	NE	00:31:34.21	01:14:23.39	00:34:11.97	10:41	02:20:09.57
2717	1503/2920	258/495	3246	Nicky Jones	F	37	Tabor	IA	00:31:00.94	01:12:51.16	00:36:17.64	10:41	02:20:09.74
2718	1215/1586	215/270	2559	Trevor Lowry	M	30	North Liberty	IA	00:30:20.47	01:12:45.14	00:37:04.36	10:41	02:20:09.97
2719	1216/1586	177/225	5433	Jeff Harrington	M	27	Loup City	NE	00:32:38.85	01:14:34.67	00:32:57.64	10:41	02:20:11.16
2720	1504/2920	279/503	6251	Alyssa Kincheloe	F	28	Lincoln	NE	00:30:09.75	01:13:29.31	00:36:32.58	10:41	02:20:11.65
2721	1217/1586	132/168	6015	Rick Miller	M	49	Minatare	NE	00:28:13.81	01:17:58.76	00:33:59.30	10:41	02:20:11.87
2722	1505/2920	99/238	3308	Michaela Wittmann	F	48	Omaha	NE	00:31:46.16	01:13:13.18	00:35:12.56	10:41	02:20:11.91
2723	1506/2920	176/300	4777	Heather Eberspacher	F	44	Cordova	NE	00:32:48.73	01:13:10.12	00:34:17.35	10:42	02:20:16.21
2724	1507/2920	44/104	1319	Steph Morrison	F	56	Lincoln	NE	00:30:50.57	01:12:16.28	00:37:09.52	10:42	02:20:16.38
2725	1508/2920	210/405	3804	Cheyenne Mcgriff	F	23	Wasta	SD	00:31:17.40	01:12:48.97	00:36:11.24	10:42	02:20:17.61
2726	1509/2920	45/104	490	Glenda Sturgis	F	55	Omaha	NE	00:32:44.85	01:12:37.70	00:34:56.25	10:42	02:20:18.81
2727	1218/1586	112/145	5591	Spencer Hagan	M	21	Lincoln	NE	00:30:29.98	01:12:26.85	00:37:23.80	10:42	02:20:20.63
2728	1510/2920	100/238	3232	Marsha Graesser	F	48	Bellevue	NE	00:31:59.82	01:13:55.24	00:34:27.69	10:42	02:20:22.76
2729	1219/1586	72/109	2110	Curtis Klein	M	52	Lincoln	NE	00:32:14.63	01:11:22.93	00:36:45.37	10:42	02:20:22.95
2730	1511/2920	259/495	204	Becky Bellin	F	39	Odell	NE	00:31:12.05	01:13:08.95	00:36:02.00	10:42	02:20:23.01

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2731	1512/2920	280/503	760	Tabitha Rasmussen	F	25	Gibbon	NE	00:31:22.69	01:13:24.75	00:35:36.03	10:42	02:20:23.48
2732	1513/2920	211/405	3748	Courtney Kolb	F	21	Lincoln	NE	00:30:58.59	01:12:02.27	00:37:22.90	10:42	02:20:23.76
2733	1514/2920	281/503	1287	Valerie Pietroluongo	F	25	Omaha	NE	00:34:47.50	01:13:18.25	00:32:19.26	10:42	02:20:25.02
2734	1515/2920	282/503	6554	Briahna Kolb	F	25	Lincoln	NE	00:31:16.07	01:15:52.19	00:33:17.80	10:42	02:20:26.07
2735	1516/2920	177/300	4416	Carolyn Dews	F	41	Omaha	NE	00:32:18.36	01:14:13.19	00:33:56.01	10:42	02:20:27.57
2736	1220/1586	216/270	6338	Chris Vargas	M	30	Lincoln	NE	00:31:50.01	01:13:42.93	00:34:54.90	10:42	02:20:27.85
2737	1221/1586	217/270	5696	Nathan Friedman	M	30	Lincoln	NE	00:31:50.86	01:13:42.89	00:34:55.13	10:42	02:20:28.89
2738	1517/2920	283/503	874	Patricia Patton	F	27	Lincoln	NE	00:31:36.87	01:14:01.30	00:34:52.45	10:43	02:20:30.63
2739	1222/1586	73/109	6170	Jeffrey Kryger	M	50	Bellevue	NE	00:32:39.61	01:13:12.26	00:34:38.95	10:43	02:20:30.82
2740	1518/2920	81/119	2888	Layla Nguyen	F	16	Omaha	NE	00:31:48.57	01:13:23.83	00:35:19.95	10:43	02:20:32.36
2741	1519/2920	212/405	4077	Audra Wetrosky	F	23	Nebraska City	NE	00:30:05.60	01:14:10.68	00:36:16.53	10:43	02:20:32.82
2742	1520/2920	101/238	4820	Jennifer Brown	F	46	Downs	KS	00:31:36.30	01:12:36.56	00:36:21.67	10:43	02:20:34.54
2743	1521/2920	274/515	932	Tanya Kilpatrick	F	31	Lincoln	NE	00:31:10.40	01:12:29.00	00:36:55.14	10:43	02:20:34.55
2744	1522/2920	67/154	1444	Rebecka Schafer	F	54	Lincoln	NE	00:30:25.15	01:13:24.65	00:36:45.95	10:43	02:20:35.76
2745	1523/2920	260/495	3754	Jennifer Franco	F	37	Marysville	KS	00:29:53.13	01:13:33.21	00:37:10.04	10:43	02:20:36.39
2746	1223/1586	59/64	4951	Jayden Stack	M	19	Chadron	NE	00:34:01.13	01:09:02.19	00:37:33.20	10:43	02:20:36.52
2747	1524/2920	213/405	2876	Noel Hrnchir	F	20	Lincoln	NE	00:34:00.83	01:09:02.58	00:37:33.59	10:43	02:20:37.02
2748	1224/1586	133/168	5957	Jeff Waller	M	47	Lincoln	NE	00:30:48.08	01:11:02.70	00:38:46.61	10:43	02:20:37.39
2749	1525/2920	214/405	1044	Alida Johnson	F	20	Chadron	NE	00:34:00.91	01:09:15.01	00:37:21.65	10:43	02:20:37.58
2750	1526/2920	178/300	1572	Samantha Link	F	44	Lincoln	NE	00:33:38.24	01:11:46.75	00:35:14.29	10:43	02:20:39.29
2751	1527/2920	261/495	4398	Amanda L. Wagner	F	38	Gretna	NE	00:30:16.54	01:13:08.41	00:37:15.17	10:43	02:20:40.13
2752	1528/2920	215/405	3999	Erica Pieper	F	23	Omaha	NE	00:32:12.99	01:14:30.03	00:33:59.88	10:44	02:20:42.90
2753	1225/1586	113/145	5612	Sam Raetz	M	24	Omaha	NE	00:32:12.97	01:14:30.12	00:34:00.08	10:44	02:20:43.17
2754	1226/1586	74/109	6559	Tim Pieper	M	54	Lincoln	NE	00:32:48.87	01:13:54.13	00:34:00.38	10:44	02:20:43.39
2755	1529/2920	284/503	2912	Jamie Vraspir	F	25	Lincoln	NE	00:32:58.44	01:15:26.27	00:32:20.34	10:44	02:20:45.05
2756	1227/1586	137/183	5934	Scott Ray	M	41	Lincoln	NE	00:33:51.83	01:13:46.80	00:33:07.61	10:44	02:20:46.24
2757	1530/2920	275/515	4527	Lisa Edelman	F	32	Wamego	KS	00:31:48.16	01:15:34.46	00:33:25.30	10:44	02:20:47.92
2758	1531/2920	276/515	622	Katie Penas	F	34	Lincoln	NE	00:31:08.98	01:10:34.29	00:39:05.90	10:44	02:20:49.18
2759	1532/2920	262/495	4170	Meg Andres	F	39	Lincoln	NE	00:32:20.81	01:14:44.77	00:33:44.45	10:44	02:20:50.04
2760	1533/2920	285/503	3573	Jamie Alder	F	25	Omaha	NE	00:32:38.52	01:11:13.07	00:37:02.05	10:44	02:20:53.65
2761	1534/2920	263/495	2828	Stacia Eisenga	F	37	Atkins	IA	00:33:12.01	01:13:43.58	00:33:58.53	10:44	02:20:54.12
2762	1535/2920	286/503	3331	Sarah Feuchtenberger	F	26	Sioux City	IA	00:33:12.12	01:13:43.21	00:33:58.98	10:44	02:20:54.32
2763	1536/2920	216/405	2627	Nicole Eisenbraun	F	21	Lincoln	NE	00:32:41.35	01:15:43.37	00:32:30.99	10:45	02:20:55.71
2764	1537/2920	179/300	1396	Amy Bock	F	41	Lincoln	NE	00:33:35.49	01:13:03.65	00:34:17.10	10:45	02:20:56.25
2765	1228/1586	60/64	1790	Derek Bock	M	16	Lincoln	NE	00:33:35.66	01:13:04.43	00:34:16.39	10:45	02:20:56.48

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2766	1229/1586	23/46	6111	Rick Cotton	M	62	Lincoln	NE	00:32:37.01	01:12:22.47	00:35:58.03	10:45	02:20:57.51
2767	1538/2920	46/104	3164	Elizabeth Loseke	F	56	Kearney	NE	00:34:31.91	01:13:40.61	00:32:45.09	10:45	02:20:57.61
2768	1539/2920	277/515	3492	Hannah Gaebler	F	33	Omaha	NE	00:29:48.97	01:14:24.62	00:36:44.05	10:45	02:20:57.64
2769	1540/2920	68/154	3938	Amy Oberdin	F	50	Omaha	NE	00:31:47.67	01:14:32.50	00:34:37.81	10:45	02:20:57.98
2770	1541/2920	69/154	4762	Tammy Hambleton	F	54	Overland Park	KS	00:30:01.10	01:11:40.43	00:39:16.45	10:45	02:20:57.99
2771	1542/2920	82/119	2902	Regan Oberdin	F	18	Omaha	NE	00:31:48.41	01:14:32.25	00:34:37.81	10:45	02:20:58.47
2772	1543/2920	264/495	3327	Jessica Framke	F	35	Lincoln	NE	00:30:16.80	01:12:58.64	00:37:43.60	10:45	02:20:59.04
2773	1544/2920	102/238	1714	Cheryl Schow	F	49	Paxton	NE	00:32:13.49	01:13:54.94	00:34:50.92	10:45	02:20:59.36
2774	1545/2920	217/405	2250	Bailee Schow	F	21	Paxton	NE	00:32:12.94	01:13:55.85	00:34:50.92	10:45	02:20:59.72
2775	1230/1586	134/168	5381	Judd Gouldie	M	46	Lincoln	NE	00:29:43.53	01:10:22.44	00:40:53.86	10:45	02:20:59.84
2776	1546/2920	180/300	816	Joan Wagner	F	40	Kechi	KS	00:33:58.24	01:14:45.99	00:32:15.78	10:45	02:21:00.01
2777	1547/2920	47/104	226	Jean Fidone-Schroer	F	58	Omaha	NE	00:32:16.54	01:13:25.98	00:35:21.67	10:45	02:21:04.20
2778	1548/2920	287/503	3603	Michelle Dugger	F	29	Omaha	NE	00:30:46.68	01:13:28.15	00:36:51.66	10:45	02:21:06.50
2779	1549/2920	103/238	3890	Susan Holsing	F	47	Clatonia	NE	00:32:34.35	01:13:04.19	00:35:30.55	10:46	02:21:09.09
2780	1550/2920	278/515	495	Abbey Mcfarland	F	34	Firth	NE	00:33:31.46	01:13:10.31	00:34:28.95	10:46	02:21:10.73
2781	1231/1586	135/168	5853	Mike Buchholz	M	46	Lincoln	NE	00:28:19.69	01:10:59.27	00:41:53.90	10:46	02:21:12.87
2782	1551/2920	288/503	3583	Danielle Graham	F	25	Lincoln	NE	00:32:44.55	01:12:47.65	00:35:40.96	10:46	02:21:13.17
2783	1552/2920	218/405	1280	Jayne Oatman	F	22	Elkhorn	NE	00:31:03.55	01:13:57.44	00:36:13.01	10:46	02:21:14.00
2784	1553/2920	265/495	4079	Erin Salahshurian	F	37	Omaha	NE	00:30:12.10	01:14:20.42	00:36:49.09	10:47	02:21:21.61
2785	1232/1586	178/225	6561	Travis Kelso	M	28	Lincoln	NE	00:30:01.14	01:13:43.51	00:37:37.33	10:47	02:21:21.99
2786	1554/2920	104/238	596	Elaine Zoucha	F	49	Schuyler	NE	00:32:35.54	01:13:53.07	00:34:54.50	10:47	02:21:23.11
2787	1555/2920	266/495	3980	Erin Hawkins	F	35	Omaha	NE	00:32:52.37	01:15:02.99	00:33:34.40	10:47	02:21:29.77
2788	1556/2920	267/495	1245	Desiree Walsh Spencer	F	38	Papillion	NE	00:30:57.44	01:14:33.61	00:35:58.81	10:47	02:21:29.87
2789	1233/1586	136/168	2473	Scott Fredenburg	M	46	Lincoln	NE	00:32:05.62	01:12:16.68	00:37:07.63	10:47	02:21:29.94
2790	1557/2920	105/238	373	Lorra O'banion	F	46	Elkhorn	NE	00:32:51.88	01:15:03.52	00:33:37.18	10:47	02:21:32.58
2791	1558/2920	219/405	4156	Jaime Mccann	F	22	Kearney	NE	00:32:50.31	01:15:47.58	00:32:55.65	10:47	02:21:33.54
2792	1559/2920	279/515	3209	Carolyn Darrow	F	30	Rockwall	TX	00:31:55.65	01:14:13.07	00:35:25.47	10:47	02:21:34.19
2793	1560/2920	289/503	3348	Sarah Morman	F	27	Omaha	NE	00:31:42.12	01:13:45.91	00:36:07.97	10:48	02:21:36.01
2794	1561/2920	83/119	350	Sierra Jorgensen	F	16	Lincoln	NE	00:30:18.55	01:11:25.45	00:39:52.06	10:48	02:21:36.07
2795	1234/1586	61/64	5007	Joey Brozek	M	18	Lincoln	NE	00:31:00.50	01:13:14.89	00:37:21.60	10:48	02:21:37.00
2796	1562/2920	290/503	3376	Brooke Koehler	F	27	Mead	NE	00:31:41.94	01:13:46.10	00:36:09.05	10:48	02:21:37.10
2797	1235/1586	191/226	5748	Ben Combs	M	37	Roca	NE	00:33:22.99	01:13:36.98	00:34:38.96	10:48	02:21:38.94
2798	1563/2920	181/300	3357	Trina Sevening-High	F	44	Omaha	NE	00:28:24.39	01:13:02.45	00:40:13.65	10:48	02:21:40.50
2799	1564/2920	182/300	1782	Julie Yuhas	F	42	Lincoln	NE	00:33:08.34	01:13:48.38	00:34:43.92	10:48	02:21:40.64
2800	1565/2920	106/238	6397	Nancy Pfeifer	F	48	Ellis	KS	00:32:11.11	01:14:58.34	00:34:31.34	10:48	02:21:40.80



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2801	1566/2920	183/300	1143	Valorie Royster	F	41	Cherokee	IA	00:33:37.25	01:13:13.45	00:34:50.65	10:48	02:21:41.35
2802	1567/2920	70/154	1348	Lisa Strandberg	F	51	Washta	IA	00:33:36.70	01:13:13.99	00:34:50.65	10:48	02:21:41.35
2803	1236/1586	13/23	4850	Andrew Miyashiro	M	12	Lincoln	NE	00:32:27.98	01:17:17.25	00:31:57.59	10:48	02:21:42.82
2804	1568/2920	268/495	3449	Becky Clinard	F	37	Lincoln	NE	00:29:58.83	01:13:37.95	00:38:06.90	10:48	02:21:43.69
2805	1569/2920	220/405	3454	Celica Galeano	F	20	Lincoln	NE	00:32:12.26	01:14:50.80	00:34:41.10	10:48	02:21:44.16
2806	1237/1586	24/46	6031	Jim Olson	M	64	Mccook	NE	00:31:58.63	01:13:44.51	00:36:03.11	10:48	02:21:46.25
2807	1238/1586	114/145	5480	Joseph Sheehan	M	23	Blair	NE	00:30:09.43	01:13:30.73	00:38:06.21	10:48	02:21:46.37
2808	1570/2920	1/4	4836	Mariana Phipps	F	73	Omaha	NE	00:34:18.29	01:12:35.34	00:34:53.97	10:48	02:21:47.61
2809	1571/2920	269/495	1028	Keri Brogren	F	39	Winside	NE	00:33:15.49	01:14:06.16	00:34:27.42	10:49	02:21:49.08
2810	1572/2920	84/119	3820	Amanda Kulwicki	F	18	Saint Paul	NE	00:30:20.51	01:15:15.45	00:36:15.32	10:49	02:21:51.28
2811	1239/1586	179/225	5234	Greg Spangler	M	28	Lincoln	NE	00:35:01.25	01:10:45.66	00:36:07.07	10:49	02:21:53.99
2812	1573/2920	221/405	751	Kimberly Somarriba	F	21	Lincoln	NE	00:34:27.33	01:15:23.61	00:32:03.43	10:49	02:21:54.37
2813	1574/2920	291/503	3766	Samantha Bohl	F	28	Martell	NE	00:32:40.52	01:13:06.68	00:36:09.42	10:49	02:21:56.63
2814	1575/2920	292/503	2977	Karli Kieta	F	25	Lincoln	NE	00:33:56.78	01:16:43.04	00:31:18.03	10:49	02:21:57.85
2815	1576/2920	222/405	3497	Shelby Barnard	F	22	Beatrice	NE	00:30:46.15	01:11:47.04	00:39:26.14	10:49	02:21:59.34
2816	1577/2920	270/495	389	Jennifer Coon	F	36	Lincoln	NE	00:32:47.00	01:14:43.91	00:34:32.17	10:50	02:22:03.09
2817	1578/2920	71/154	3200	Jennifer Christiansen	F	51	Omaha	NE	00:33:13.44	01:15:01.62	00:33:48.89	10:50	02:22:03.95
2818	1579/2920	271/495	2175	Jenny Ebke	F	36	Roca	NE	00:29:47.92	01:13:00.64	00:39:15.56	10:50	02:22:04.12
2819	1580/2920	280/515	179	Jess Phillips	F	30	Lincoln	NE	00:31:13.11	01:15:22.98	00:35:28.86	10:50	02:22:04.96
2820	1581/2920	184/300	1468	Amy Johnson	F	42	Springview	NE	00:30:52.60	01:14:09.07	00:37:04.39	10:50	02:22:06.06
2821	1582/2920	293/503	4490	Jennifer Schroeder	F	29	Lincoln	NE	00:33:42.61	01:14:13.86	00:34:10.08	10:50	02:22:06.56
2822	1583/2920	281/515	669	Shaunda French	F	33	Chadron	NE	00:31:07.68	01:12:23.95	00:38:36.14	10:50	02:22:07.78
2823	1240/1586	137/168	6409	Jon Fagan	M	45	Omaha	NE	00:29:47.28	01:14:38.08	00:37:43.82	10:50	02:22:09.18
2824	1241/1586	115/145	5337	Joshua Krueger	M	23	Lincoln	NE	00:34:23.63	01:14:13.55	00:33:32.65	10:50	02:22:09.84
2825	1584/2920	107/238	715	Maureen Dreith	F	48	Lincoln	NE	00:31:34.04	01:14:33.24	00:36:07.68	10:51	02:22:14.97
2826	1585/2920	223/405	2816	Melanie Royal	F	24	Omaha	NE	00:30:22.55	01:11:23.95	00:40:28.84	10:51	02:22:15.35
2827	1586/2920	72/154	2815	Trish Royal	F	53	Bennington	NE	00:30:22.42	01:11:25.93	00:40:27.13	10:51	02:22:15.48
2828	1242/1586	180/225	4914	Taylor Royal	M	27	Omaha	NE	00:30:22.65	01:11:24.27	00:40:28.59	10:51	02:22:15.52
2829	1587/2920	282/515	4466	Janell Ritz	F	30	Kearney	NE	00:32:01.05	01:12:54.82	00:37:20.10	10:51	02:22:15.97
2830	1243/1586	138/168	5524	Roger Main	M	46	West Des Moines	IA	00:30:35.53	01:14:01.46	00:37:38.99	10:51	02:22:15.98
2831	1588/2920	8/44	240	Donna Shear	F	62	Lincoln	NE	00:31:22.28	01:11:44.73	00:39:09.43	10:51	02:22:16.44
2832	1244/1586	218/270	5479	Curtis Huttenmaier	M	32	Firth	NE	00:34:16.56	01:11:55.12	00:36:05.04	10:51	02:22:16.74
2833	1589/2920	294/503	4467	Laura Stueck	F	27	Hickman	NE	00:32:25.20	01:15:42.61	00:34:09.16	10:51	02:22:16.98
2834	1590/2920	48/104	4757	Brenda Haridng	F	56	Leavenworth	KS	00:32:15.09	01:14:37.37	00:35:25.79	10:51	02:22:18.27
2835	1245/1586	139/168	2070	Jeff Larsen	M	46	Lincoln	NE	00:30:34.01	01:14:57.15	00:36:49.19	10:51	02:22:20.35

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2836	1246/1586	219/270	5327	Matthew Clements	M	33	Lincoln	NE	00:30:34.32	01:13:59.47	00:37:46.58	10:51	02:22:20.38
2837	1591/2920	283/515	1010	Claudia Pech	F	33	Lincoln	NE	00:32:48.31	01:16:21.09	00:33:13.03	10:51	02:22:22.44
2838	1592/2920	224/405	3942	Torrie Wilkinson	F	23	Ashton	NE	00:30:53.56	01:12:15.30	00:39:13.73	10:51	02:22:22.60
2839	1593/2920	295/503	329	Erin Shoup	F	27	Omaha	NE	00:32:48.39	01:11:46.78	00:37:47.49	10:51	02:22:22.67
2840	1594/2920	225/405	4887	Hannah Fricke	F	21	Omaha	NE	00:27:56.30	01:13:36.97	00:40:50.95	10:51	02:22:24.23
2841	1595/2920	108/238	314	Charity Salazar	F	45	Gretna	NE	00:34:02.87	01:16:11.75	00:32:10.97	10:51	02:22:25.59
2842	1596/2920	284/515	3848	Steph Lafountain	F	31	Omaha	NE	00:32:11.66	01:13:52.58	00:36:22.11	10:51	02:22:26.35
2843	1597/2920	226/405	3495	Erin Baldrige	F	24	Lincoln	NE	00:37:16.34	01:14:23.79	00:30:46.25	10:51	02:22:26.39
2844	1598/2920	272/495	1152	Merissa Didrickson	F	38	Lincoln	NE	00:32:33.49	01:14:33.40	00:35:19.90	10:51	02:22:26.79
2845	1599/2920	49/104	497	Cindy Shaw	F	58	Auburn	NE	00:31:14.26	01:14:44.05	00:36:31.25	10:52	02:22:29.58
2846	1247/1586	220/270	1849	Stephen Colwell	M	34	York	NE	00:27:45.87	01:10:04.77	00:44:42.40	10:52	02:22:33.04
2847	1248/1586	221/270	1970	Dustin Sauder	M	32	Lincoln	NE	00:30:12.98	01:10:53.90	00:41:29.06	10:52	02:22:35.95
2848	1600/2920	227/405	1832	Lexi Jensen	F	21	Omaha	NE	00:30:21.98	01:13:50.88	00:38:25.70	10:52	02:22:38.57
2849	1601/2920	109/238	2622	Sara Sanford	F	47	Lincoln	NE	00:28:17.47	01:12:03.67	00:42:27.00	10:53	02:22:48.14
2850	1249/1586	75/109	2556	David Ernesti	M	54	Lincoln	NE	00:32:53.54	01:15:41.88	00:34:14.50	10:53	02:22:49.93
2851	1602/2920	110/238	5023	Jill Deets	F	45	Lincoln	NE	00:32:53.72	01:15:42.12	00:34:14.51	10:53	02:22:50.36
2852	1603/2920	285/515	1349	Jessica Kempcke	F	31	Blair	NE	00:27:42.81	01:17:11.72	00:37:56.45	10:53	02:22:50.99
2853	1250/1586	14/23	1934	Matthew Houidobre	M	14	Lincoln	NE	00:30:26.61	01:12:40.07	00:39:44.97	10:53	02:22:51.65
2854	1251/1586	138/183	1809	Scott Brester	M	41	Lincoln	NE	00:35:36.74	01:12:42.32	00:34:32.60	10:53	02:22:51.67
2855	1604/2920	286/515	1068	Sarah Messerli	F	31	Lincoln	NE	00:31:45.45	01:14:09.46	00:36:57.61	10:53	02:22:52.54
2856	1605/2920	228/405	3100	Ellie Winter	F	21	Kearney	NE	00:32:05.06	01:12:42.82	00:38:05.55	10:54	02:22:53.43
2857	1606/2920	111/238	1574	Shelisa Stam	F	45	Ord	NE	00:31:48.39	01:14:39.41	00:36:26.12	10:54	02:22:53.93
2858	1607/2920	73/154	1180	Cathy Heyen	F	53	Lincoln	NE	00:31:29.63	01:15:26.50	00:35:58.02	10:54	02:22:54.16
2859	1252/1586	222/270	2131	Christopher Trabold	M	30	Lincoln	NE	00:33:31.10	01:11:46.30	00:37:37.57	10:54	02:22:54.98
2860	1608/2920	112/238	3883	Denise Wilke	F	46	Lincoln	NE	00:35:26.19	01:13:34.19	00:33:54.94	10:54	02:22:55.33
2861	1609/2920	296/503	3444	Laura Hyatt	F	28	Lincoln	NE	00:32:44.65	01:14:18.50	00:35:54.09	10:54	02:22:57.25
2862	1610/2920	297/503	4024	Morgan Egli	F	26	Kansas City	MO	00:33:20.60	01:11:53.01	00:37:44.50	10:54	02:22:58.12
2863	1253/1586	77/101	2132	Ronald Banegas	M	59	Albuquerque	NM	00:30:59.57	01:15:45.52	00:36:14.21	10:54	02:22:59.31
2864	1254/1586	223/270	6043	Kyle Hemje	M	34	Crete	NE	00:32:43.17	01:13:45.49	00:36:35.49	10:54	02:23:04.15
2865	1611/2920	185/300	3032	Melissa Landis	F	44	Lincoln	NE	00:33:20.03	01:14:38.42	00:35:05.71	10:54	02:23:04.17
2866	1612/2920	298/503	1181	Mallory Wittstruck	F	29	Beloit	KS	00:32:42.82	01:13:46.25	00:36:35.25	10:54	02:23:04.32
2867	1255/1586	116/145	1923	Nathan Kyes	M	21	Fremont	NE	00:30:57.21	01:11:12.14	00:40:57.35	10:55	02:23:06.71
2868	1613/2920	229/405	832	Brooke Ronhovde	F	21	Fremont	NE	00:30:57.80	01:11:12.16	00:40:56.95	10:55	02:23:06.91
2869	1614/2920	273/495	485	Amy Bruce	F	37	Papillion	NE	00:32:12.94	01:14:51.92	00:36:04.31	10:55	02:23:09.18
2870	1615/2920	274/495	3822	Heather Wollenburg	F	38	Concord	CA	00:32:13.27	01:14:51.44	00:36:04.66	10:55	02:23:09.37

# The Good Life Haltsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2871	1256/1586	76/109	1764	Robert Kelsey	M	50	Omaha	NE	00:30:37.37	01:16:53.26	00:35:39.33	10:55	02:23:09.97
2872	1257/1586	181/225	5595	Jordan Vanek	M	27	Lincoln	NE	00:34:15.04	01:14:28.06	00:34:27.03	10:55	02:23:10.14
2873	1616/2920	186/300	505	Jessica Bauer	F	41	Omaha	NE	00:30:37.61	01:16:52.96	00:35:39.91	10:55	02:23:10.49
2874	1617/2920	11/20	2975	Madeleine Miyashiro	F	12	Lincoln	NE	00:33:42.44	01:16:20.28	00:33:08.33	10:55	02:23:11.07
2875	1618/2920	187/300	1190	Meghan Gibbons	F	40	Lincoln	NE	00:32:18.71	01:14:41.53	00:36:11.21	10:55	02:23:11.45
2876	1258/1586	77/109	5005	Kurt Miyashiro	M	52	Lincoln	NE	00:33:42.30	01:16:21.11	00:33:08.20	10:55	02:23:11.62
2877	1619/2920	287/515	782	Jessica Boten	F	30	Gaithersburg	MD	00:33:18.69	01:15:56.65	00:33:57.79	10:55	02:23:13.15
2878	1620/2920	113/238	663	Stacey Dobesh	F	45	Omaha	NE	00:33:18.48	01:15:56.88	00:33:57.79	10:55	02:23:13.16
2879	1621/2920	299/503	3620	Allison Buffum	F	25	Lincoln	NE	00:32:57.72	01:15:27.26	00:34:48.54	10:55	02:23:13.53
2880	1622/2920	230/405	4008	Sami Baumert	F	21	Kearney	NE	00:29:51.99	01:12:35.62	00:40:46.80	10:55	02:23:14.42
2881	1259/1586	140/168	2149	Christopher Condren	M	49	Owasso	NE	00:33:34.42	01:15:47.07	00:33:54.30	10:55	02:23:15.81
2882	1623/2920	188/300	986	Michelle Condren	F	44	Owasso	OK	00:33:36.04	01:15:46.08	00:33:55.21	10:55	02:23:17.33
2883	1260/1586	192/226	5334	Chris Tordrup	M	39	Stromsburg	NE	00:32:02.64	01:13:43.16	00:37:32.16	10:55	02:23:17.96
2884	1624/2920	231/405	3150	Ashley Nelson	F	24	Lincoln	NE	00:32:55.33	01:15:05.82	00:35:18.91	10:56	02:23:20.06
2885	1625/2920	74/154	2841	Dana Jensen	F	54	Westminster	CO	00:32:28.38	01:17:17.50	00:33:34.90	10:56	02:23:20.79
2886	1626/2920	189/300	4340	Run Z Rene	F	42	Omaha	NE	00:32:38.35	01:14:33.18	00:36:09.68	10:56	02:23:21.22
2887	1627/2920	190/300	1195	Serena Chester	F	44	Plattsmouth	NE	00:39:36.24	01:11:05.57	00:32:39.77	10:56	02:23:21.58
2888	1628/2920	75/154	3928	Dawn Petersen	F	52	Hastings	NE	00:32:22.70	01:14:44.63	00:36:15.24	10:56	02:23:22.58
2889	1629/2920	76/154	383	Leslie Podliska	F	52	Ottumwa	IA	00:33:57.95	01:14:46.95	00:34:40.49	10:56	02:23:25.41
2890	1630/2920	300/503	2288	Melinda Deinert	F	27	Omaha	NE	00:34:13.35	01:14:29.39	00:34:43.12	10:56	02:23:25.86
2891	1631/2920	275/495	242	Meghan Shively	F	38	Bloomfield	IA	00:33:58.08	01:14:47.56	00:34:40.50	10:56	02:23:26.15
2892	1261/1586	139/183	2480	Chris Young	M	40	Stromsburg	NE	00:32:21.91	01:14:21.88	00:36:43.61	10:56	02:23:27.41
2893	1632/2920	191/300	3791	Stephanie Boldt	F	41	Omaha	NE	00:32:25.59	01:15:56.85	00:35:05.25	10:56	02:23:27.70
2894	1633/2920	301/503	3483	Sara Bottorff	F	27	Shelby	NE	00:31:18.68	01:15:35.67	00:36:33.51	10:56	02:23:27.86
2895	1634/2920	114/238	4126	Dena Noe	F	48	Lincoln	NE	00:33:03.60	01:14:52.28	00:35:33.83	10:56	02:23:29.72
2896	1635/2920	232/405	426	Danielle Shultz	F	23	Lincoln	NE	00:33:56.16	01:14:41.06	00:34:54.43	10:56	02:23:31.66
2897	1636/2920	233/405	4477	Josie Prevette	F	20	Lincoln	NE	00:32:56.04	01:13:41.70	00:36:56.24	10:57	02:23:33.99
2898	1637/2920	77/154	4644	Jana Peterson	F	53	Kearney	NE	00:36:16.36	01:14:34.48	00:32:44.43	10:57	02:23:35.27
2899	1638/2920	276/495	4014	Kelsi Wehrman	F	35	Nelson	NE	00:33:50.26	01:14:10.67	00:35:35.10	10:57	02:23:36.04
2900	1639/2920	234/405	6444	Billy Yaw	F	23	Kearney	NE	00:36:16.77	01:14:34.47	00:32:47.80	10:57	02:23:39.04
2901	1262/1586	117/145	1989	Spencer Landis	M	24	Lincoln	NE	00:27:23.16	01:11:56.97	00:44:19.42	10:57	02:23:39.55
2902	1263/1586	78/109	5426	David Johnston	M	51	Lincoln	NE	00:34:56.00	01:14:09.14	00:34:35.24	10:57	02:23:40.39
2903	1264/1586	182/225	5961	Blake Woodburn	M	27	York	NE	00:33:34.59	01:14:10.02	00:35:57.30	10:57	02:23:41.92
2904	1640/2920	277/495	2776	Ashley Emmel	F	35	Omaha	NE	00:31:38.33	01:13:51.87	00:38:13.43	10:57	02:23:43.64
2905	1641/2920	302/503	3407	Jessica Weborg	F	28	Pender	NE	00:27:21.95	01:14:23.30	00:41:59.52	10:57	02:23:44.78

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2906	1642/2920	288/515	2751	Alyse Aerts-Johnson	F	34	Lincoln	NE	00:31:13.00	01:13:03.89	00:39:27.89	10:57	02:23:44.79
2907	1643/2920	50/104	2754	Sue Outson	F	59	Lincoln	NE	00:31:13.18	01:13:03.85	00:39:27.84	10:57	02:23:44.87
2908	1644/2920	303/503	1894	Katie Mutke	F	25	Omaha	NE	00:31:13.09	01:11:48.07	00:40:43.88	10:57	02:23:45.05
2909	1265/1586	140/183	2389	Scott Blahauvietz	M	41	Lincoln	NE	00:30:58.75	01:15:36.19	00:37:10.28	10:57	02:23:45.22
2910	1645/2920	115/238	4328	Kimberly Sloan	F	46	Omaha	NE	00:30:22.76	01:14:32.96	00:38:50.85	10:58	02:23:46.57
2911	1266/1586	118/145	5483	Logan Menke	M	22	Kearney	NE	00:31:30.11	01:12:52.60	00:39:32.00	10:58	02:23:54.72
2912	1646/2920	278/495	705	Sarah Zuckerman	F	35	Lincoln	NE	00:35:03.44	01:16:44.07	00:32:07.42	10:58	02:23:54.94
2913	1267/1586	141/183	4934	Jordan Soliz	M	43	Lincoln	NE	00:33:52.33	01:15:33.79	00:34:29.23	10:58	02:23:55.35
2914	1647/2920	78/154	3917	Mindy Felker	F	53	Mccook	NE	00:32:41.55	01:13:51.67	00:37:22.14	10:58	02:23:55.37
2915	1648/2920	12/20	6220	Kylie Briggs	F	13	Lincoln	NE	00:31:23.20	01:15:08.34	00:37:24.11	10:58	02:23:55.65
2916	1649/2920	289/515	3129	Holly Vesely	F	32	Verdigre	NE	00:34:56.34	01:15:41.65	00:33:17.89	10:58	02:23:55.89
2917	1650/2920	290/515	3614	Carolyn Wellwood	F	33	Omaha	NE	00:33:21.88	01:14:26.03	00:36:09.72	10:58	02:23:57.63
2918	1651/2920	291/515	6567	Laurel Peterson	F	30	Omaha	NE	00:34:48.19	01:14:33.27	00:34:36.27	10:58	02:23:57.74
2919	1652/2920	235/405	6427	Jessi Horan	F	21	Lincoln	NE	00:34:29.08	01:15:24.60	00:34:07.04	10:59	02:24:00.73
2920	1653/2920	279/495	4102	Katie Malouf	F	37	Omaha	NE	00:30:52.25	01:12:47.46	00:40:22.25	10:59	02:24:01.96
2921	1654/2920	304/503	4534	Laura Putnam	F	29	Omaha	NE	00:30:51.64	01:12:48.08	00:40:22.38	10:59	02:24:02.10
2922	1268/1586	142/183	6023	Mike Klug	M	41	Omaha	NE	00:30:49.71	01:14:30.83	00:38:46.17	10:59	02:24:06.71
2923	1269/1586	143/183	2583	Ashley Augustin	M	44	Hastings	NE	00:33:18.90	01:19:26.96	00:31:21.00	10:59	02:24:06.86
2924	1655/2920	305/503	840	Maire Harris	F	27	Lincoln	NE	00:32:17.61	01:14:45.34	00:37:04.26	10:59	02:24:07.22
2925	1656/2920	292/515	2963	Molly Branaugh	F	31	Yankton	SD	00:34:24.05	01:15:50.55	00:33:53.59	10:59	02:24:08.20
2926	1657/2920	116/238	1589	Tina Garland	F	49	Beatrice	NE	00:33:12.80	01:15:11.10	00:35:45.22	10:59	02:24:09.12
2927	1270/1586	144/183	2515	Jason Evans	M	44	Lincoln	NE	00:30:01.95	01:16:33.17	00:37:34.65	10:59	02:24:09.78
2928	1271/1586	79/109	6148	John Grybko	M	51	Fairbury	NE	00:35:28.24	01:16:17.67	00:32:24.28	10:59	02:24:10.20
2929	1658/2920	85/119	6331	Kelsey Ritchie	F	18	Saint Libory	NE	00:30:12.66	01:14:02.71	00:39:55.36	10:59	02:24:10.74
2930	1272/1586	80/109	5860	Chris Payne	M	52	Owensboro	KY	00:31:03.88	01:13:23.60	00:39:44.33	10:59	02:24:11.82
2931	1659/2920	306/503	6239	Allison Botsford	F	27	Lincoln	NE	00:30:58.54	01:14:09.82	00:39:03.50	10:59	02:24:11.87
2932	1660/2920	307/503	6235	Nicole Skarp	F	27	Lincoln	NE	00:30:59.60	01:14:09.15	00:39:03.14	10:59	02:24:11.90
2933	1661/2920	117/238	531	Shelley Payne	F	48	Owensboro	KY	00:30:39.14	01:13:17.46	00:40:16.09	11:00	02:24:12.69
2934	1662/2920	293/515	1252	Amber Shaw	F	33	Lincoln	NE	00:32:16.23	01:15:08.46	00:36:48.16	11:00	02:24:12.86
2935	1663/2920	118/238	3794	Victoria Hunter	F	47	Glenwood	IA	00:32:06.88	01:14:18.82	00:37:49.55	11:00	02:24:15.25
2936	1664/2920	192/300	4817	Tracy Pearson	F	40	Omaha	NE	00:32:37.79	01:15:14.13	00:36:24.58	11:00	02:24:16.51
2937	1665/2920	236/405	4029	Madison Egli	F	22	Fort Dodge	IA	00:33:21.95	01:15:10.18	00:35:45.05	11:00	02:24:17.19
2938	1666/2920	237/405	6287	Kara Leutzinger	F	20	Omaha	NE	00:28:37.99	01:13:32.92	00:42:06.37	11:00	02:24:17.28
2939	1667/2920	280/495	808	Erin Hussey	F	35	Lincoln	NE	00:33:21.93	01:14:18.70	00:36:38.06	11:00	02:24:18.70
2940	1668/2920	294/515	6223	Cara Carranza	F	31	Kearney	NE	00:32:46.69	01:13:59.60	00:37:33.37	11:00	02:24:19.67

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2941	1669/2920	308/503	6225	Caitlin Conci	F	27	Moorhead	MN	00:32:48.42	01:13:57.92	00:37:33.72	11:00	02:24:20.06
2942	1670/2920	193/300	734	Jill Trucke	F	40	Lincoln	NE	00:33:52.10	01:15:17.22	00:35:13.82	11:00	02:24:23.15
2943	1273/1586	145/183	6022	Paul Stark	M	40	Council Bluffs	IA	00:30:48.89	01:14:32.49	00:39:03.08	11:00	02:24:24.47
2944	1671/2920	86/119	6523	Maria Alessandro	F	16	Omaha	NE	00:30:40.37	01:13:59.45	00:39:46.38	11:01	02:24:26.21
2945	1672/2920	295/515	195	Amber Hilker	F	31	Lincoln	NE	00:31:02.89	01:15:10.23	00:38:13.22	11:01	02:24:26.35
2946	1673/2920	119/238	3525	Kerri Mcgrury	F	45	Beatrice	NE			00:33:33.94	11:01	02:24:26.39
2947	1674/2920	309/503	1170	Kay Clark	F	27	Wahoo	NE	00:33:41.17	01:21:00.76	00:29:44.55	11:01	02:24:26.48
2948	1675/2920	296/515	3605	Rebecca Schademann	F	30	Lincoln	NE	00:32:40.14	01:16:00.54	00:35:50.82	11:01	02:24:31.50
2949	1274/1586	224/270	5519	Jacob Hopping	M	30	Lincoln	NE	00:31:12.93	01:16:16.19	00:37:02.40	11:01	02:24:31.53
2950	1676/2920	297/515	6466	Katie Navratil	F	34	Omaha	NE	00:30:42.81	01:14:51.13	00:38:58.24	11:01	02:24:32.19
2951	1677/2920	310/503	3157	Erin Nissen	F	26	Lincoln	NE	00:31:27.75	01:15:54.45	00:37:10.12	11:01	02:24:32.33
2952	1678/2920	120/238	898	Jianing Sun	F	45	Lincoln	NE	00:32:17.83	01:16:16.24	00:36:01.18	11:01	02:24:35.26
2953	1679/2920	311/503	1421	Alyssa Kirby	F	25	Columbus	NE	00:33:18.15	01:15:47.21	00:35:30.36	11:01	02:24:35.72
2954	1680/2920	194/300	4485	Malinda Spangler	F	40	De Soto	KS	00:32:01.18	01:15:14.23	00:37:20.85	11:01	02:24:36.26
2955	1275/1586	193/226	5032	Ryan Wuellner	M	36	Kearney	NE	00:32:22.26	01:14:45.56	00:37:30.01	11:01	02:24:37.84
2956	1681/2920	312/503	1213	Sundee Dunn	F	29	Wichita	KS	00:34:09.11	01:16:01.00	00:34:30.41	11:02	02:24:40.53
2957	1682/2920	195/300	352	Dixie Smeltzer	F	43	Brady	NE	00:30:43.23	01:14:35.14	00:39:23.44	11:02	02:24:41.82
2958	1683/2920	281/495	4164	Jennifer Deets	F	36	Hastings	NE	00:33:08.68	01:16:25.38	00:35:09.17	11:02	02:24:43.24
2959	1684/2920	282/495	3772	Christina Schmursal	F	38	Lincoln	NE	00:33:34.89	01:14:49.62	00:36:18.85	11:02	02:24:43.37
2960	1685/2920	298/515	262	Audrey Cooper	F	31	Lincoln	NE	00:30:43.55	01:16:22.62	00:37:39.91	11:02	02:24:46.09
2961	1686/2920	196/300	6549	Dee Brilz	F	43	Omaha	NE	00:31:37.32	01:17:14.84	00:35:56.50	11:02	02:24:48.67
2962	1276/1586	15/23	5656	Micah Schulist	M	14	Papillion	NE	00:28:13.01	01:15:37.16	00:40:59.55	11:02	02:24:49.72
2963	1687/2920	299/515	4191	Desiree Hanson	F	34	Lincoln	NE	00:30:06.50	01:18:17.00	00:36:27.31	11:02	02:24:50.82
2964	1688/2920	87/119	3414	Bailey Fowler	F	19	Lincoln	NE	00:31:17.15	01:16:15.82	00:37:18.53	11:03	02:24:51.50
2965	1277/1586	146/183	6042	Adam Kreifels	M	41	Bradshaw	NE	00:32:21.81	01:13:11.53	00:39:19.75	11:03	02:24:53.10
2966	1689/2920	313/503	913	Adicen Jones	F	29	York	NE	00:32:23.21	01:13:10.32	00:39:20.18	11:03	02:24:53.71
2967	1690/2920	197/300	4422	Carrie Stemple	F	43	Brookings	SD	00:32:44.47	01:15:41.00	00:36:29.86	11:03	02:24:55.33
2968	1691/2920	121/238	3829	Lisa Hale	F	48	Lincoln	NE	00:34:09.56	01:16:24.16	00:34:22.00	11:03	02:24:55.72
2969	1692/2920	51/104	3962	Lil O'neill	F	56	Lincoln	NE	00:31:46.82	01:14:51.52	00:38:18.72	11:03	02:24:57.07
2970	1693/2920	314/503	580	Jana Peirce	F	26	Mission	KS	00:30:13.42	01:18:27.60	00:36:17.28	11:03	02:24:58.31
2971	1694/2920	122/238	4733	Miki Mettler	F	46	Lincoln	NE	00:32:32.05	01:14:58.95	00:37:29.72	11:03	02:25:00.73
2972	1278/1586	119/145	5471	Brett England	M	24	Maryville	MO	00:32:12.27	01:12:07.30	00:40:43.29	11:03	02:25:02.86
2973	1279/1586	120/145	5462	Michael Hollman	M	23	Lincoln	NE	00:33:45.12	01:13:27.12	00:37:51.76	11:03	02:25:04.01
2974	1280/1586	81/109	6007	Chuck Vickers	M	51	Omaha	NE	00:31:21.76	01:18:06.93	00:35:38.55	11:04	02:25:07.24
2975	1695/2920	238/405	3041	Sydney Engberg	F	22	Kearney	NE	00:32:05.58	01:12:42.78	00:40:18.96	11:04	02:25:07.33

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
2976	1696/2920	79/154	1236	Kathleen Ockinga	F	53	Kearney	NE	00:32:10.08	01:17:19.78	00:35:40.09	11:04	02:25:09.95
2977	1697/2920	239/405	4493	Callie Vickers	F	21	Omaha	NE	00:31:27.25	01:18:08.14	00:35:34.65	11:04	02:25:10.05
2978	1698/2920	198/300	1034	Laurel Rader	F	40	Hansen	NE	00:33:06.83	01:16:25.76	00:35:37.51	11:04	02:25:10.10
2979	1699/2920	315/503	6402	Samantha Brown	F	28	Lincoln	NE	00:31:18.84	01:15:57.54	00:37:53.87	11:04	02:25:10.25
2980	1700/2920	240/405	3759	Samantha Brandes	F	21	Maryville	MO	00:30:45.54	01:13:32.92	00:40:51.99	11:04	02:25:10.45
2981	1281/1586	194/226	5856	Jeffrey Wedel	M	36	Omaha	NE	00:31:26.36	01:14:39.21	00:39:05.11	11:04	02:25:10.68
2982	1701/2920	316/503	4073	Carla Emerson	F	27	Lincoln	NE	00:31:45.80	01:13:34.15	00:39:52.72	11:04	02:25:12.68
2983	1282/1586	147/183	2329	David Emanuel	M	44	Omaha	NE	00:32:36.29	01:15:19.45	00:37:17.84	11:04	02:25:13.59
2984	1283/1586	183/225	2049	Kam Braaten	M	29	Lincoln	NE	00:34:00.67	01:15:11.21	00:36:02.77	11:04	02:25:14.67
2985	1702/2920	241/405	2949	Lizzy Isaacson	F	20	Gretna	NE	00:32:33.95	01:17:03.13	00:35:41.65	11:05	02:25:18.73
2986	1703/2920	80/154	3683	Sheila Isaacson	F	50	Gretna	NE	00:32:33.44	01:17:03.08	00:35:42.21	11:05	02:25:18.74
2987	1704/2920	52/104	1596	Eileen Van Pelt	F	57	Mchenry	IL	00:34:04.82	01:16:33.46	00:34:41.51	11:05	02:25:19.79
2988	1705/2920	300/515	1407	Amanda Corcoran	F	31	Lincoln	NE	00:31:10.08	01:14:35.82	00:39:34.36	11:05	02:25:20.27
2989	1706/2920	88/119	538	Camille Houidobre	F	15	Lincoln	NE	00:35:16.63	01:14:27.65	00:35:36.27	11:05	02:25:20.56
2990	1284/1586	82/109	1906	Brent Welch	M	52	Lincoln	NE	00:32:51.67	01:14:43.46	00:37:48.79	11:05	02:25:23.93
2991	1707/2920	301/515	2993	Dee Phachit-Onepeng	F	34	Lincoln	NE	00:32:50.07	01:15:27.96	00:37:11.60	11:05	02:25:29.64
2992	1285/1586	195/226	6190	Matthew Mclaughlin	M	35	Bayard	NE	00:33:10.85	01:16:16.49	00:36:02.76	11:05	02:25:30.11
2993	1708/2920	302/515	3085	Carrie Polak	F	31	Omaha	NE	00:32:21.32	01:17:44.38	00:35:28.60	11:06	02:25:34.30
2994	1286/1586	225/270	5563	Aaron Polak	M	34	Omaha	NE	00:32:21.62	01:17:43.77	00:35:29.00	11:06	02:25:34.41
2995	1709/2920	283/495	4688	Rose Ryba	F	35	Bellevue	NE	00:31:56.05	01:13:06.16	00:40:32.48	11:06	02:25:34.69
2996	1710/2920	317/503	2747	Kathleen Agpawa	F	25	Lincoln	NE	00:34:06.40	01:17:02.19	00:34:26.25	11:06	02:25:34.84
2997	1711/2920	284/495	6547	Angela Paulsen	F	39	Sheldon	IA	00:30:50.66	01:15:27.63	00:39:17.39	11:06	02:25:35.69
2998	1712/2920	199/300	1257	Colleen Hosick	F	42	Bellevue	NE	00:31:58.17	01:13:06.16	00:40:31.41	11:06	02:25:35.74
2999	1713/2920	9/44	5061	Terri Vanwey	F	64	Wichita	KS	00:34:02.93	01:16:22.04	00:35:11.15	11:06	02:25:36.13
3000	1287/1586	226/270	5470	Jim Groskopf	M	32	Littleton	CO	00:33:37.82	01:17:15.33	00:34:44.50	11:06	02:25:37.66
3001	1714/2920	81/154	1588	Lori Pracheil	F	53	Dorchester	NE	00:33:09.28	01:17:07.10	00:35:21.30	11:06	02:25:37.69
3002	1715/2920	303/515	4217	Jenna Van Pelt	F	32	Lincoln	NE	00:31:12.12	01:15:51.55	00:38:36.35	11:06	02:25:40.02
3003	1716/2920	123/238	4617	Amy Renard	F	48	Lincoln	NE	00:33:41.03	01:15:58.34	00:36:01.74	11:06	02:25:41.12
3004	1717/2920	285/495	2685	Lindsey Larson	F	36	Lincoln	NE	00:31:06.14	01:17:26.61	00:37:13.88	11:07	02:25:46.64
3005	1718/2920	242/405	1139	Lauren Witte	F	21	Sioux Falls	SD	00:33:23.03	01:13:34.53	00:38:49.73	11:07	02:25:47.30
3006	1719/2920	89/119	3043	Macy Coleman	F	16	Imperial	NE	00:35:04.91	01:14:50.87	00:35:56.11	11:07	02:25:51.89
3007	1720/2920	124/238	4134	Sydney Sorkin	F	45	Leawood	KS	00:35:30.28	01:14:03.96	00:36:18.07	11:07	02:25:52.32
3008	1721/2920	286/495	4384	Stacia Kelle	F	38	Beatrice	NE	00:35:27.68	01:16:18.58	00:34:06.06	11:07	02:25:52.33
3009	1722/2920	304/515	4842	Andrea Luedtke	F	32	Lincoln	NE	00:38:39.96	01:15:52.38	00:31:23.69	11:07	02:25:56.03
3010	1723/2920	287/495	368	Krista Burhoop	F	37	Seward	NE	00:32:08.75	01:16:05.55	00:37:42.22	11:07	02:25:56.53

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3011	1724/2920	288/495	4306	Becky Unterseher	F	36	Lincoln	NE	00:33:00.35	01:18:32.80	00:34:23.82	11:08	02:25:56.98
3012	1725/2920	53/104	559	Edie Ronhovde	F	58	Fremont	NE	00:29:58.86	01:13:43.63	00:42:15.59	11:08	02:25:58.09
3013	1288/1586	227/270	6055	Timothy Hruza	M	30	Lincoln	NE	00:32:28.25	01:16:14.74	00:37:18.92	11:08	02:26:01.92
3014	1726/2920	305/515	1888	Anne Sobansky	F	34	Lincoln	NE	00:33:20.06	01:15:53.59	00:36:50.09	11:08	02:26:03.75
3015	1289/1586	83/109	6112	Todd Tabor	M	51	Walton	NE	00:34:03.16	01:15:08.46	00:36:54.84	11:08	02:26:06.47
3016	1727/2920	318/503	366	Samantha Pavelka	F	28	North Platte	NE	00:32:55.97	01:17:14.11	00:35:57.36	11:08	02:26:07.45
3017	1728/2920	289/495	1499	Denise Craig	F	38	Lincoln	NE	00:33:49.13	01:16:55.36	00:35:24.18	11:08	02:26:08.68
3018	1729/2920	290/495	4036	Rebecca Hamata	F	38	Omaha	NE	00:33:50.77	01:16:55.15	00:35:24.29	11:09	02:26:10.21
3019	1290/1586	25/46	5938	John Van Mouwerik	M	61	Redlands	CA	00:33:35.88	01:15:38.07	00:36:56.90	11:09	02:26:10.86
3020	1291/1586	184/225	5427	Anthony Ruhl	M	25	Lincoln	NE	00:32:52.27	01:13:42.33	00:39:36.52	11:09	02:26:11.13
3021	1292/1586	228/270	1843	Charles Caldwell	M	31	Omaha	NE	00:31:27.94	01:16:21.59	00:38:24.83	11:09	02:26:14.36
3022	1730/2920	125/238	1634	Kari Braun	F	45	Carleton	NE	00:31:24.59	01:15:28.42	00:39:25.84	11:09	02:26:18.86
3023	1293/1586	78/101	5472	Greg Welch	M	55	Lincoln	NE	00:33:13.19	01:15:55.31	00:37:12.89	11:09	02:26:21.39
3024	1731/2920	306/515	4234	Raychal Zupan	F	31	Lincoln	NE	00:33:53.21	01:16:33.95	00:35:54.86	11:09	02:26:22.03
3025	1732/2920	319/503	3107	Alyssa Walton	F	27	Lincoln	NE	00:28:22.91	01:19:11.27	00:38:49.28	11:10	02:26:23.47
3026	1294/1586	196/226	1917	Damon Haifley	M	36	Lincoln	NE	00:30:33.26	01:08:57.84	00:46:56.79	11:10	02:26:27.89
3027	1733/2920	320/503	3821	Mollie Robertson	F	28	Elsie	NE	00:33:34.41	01:15:33.22	00:37:23.33	11:10	02:26:30.97
3028	1734/2920	82/154	3981	Julie Christiansen	F	52	Lincoln	NE	00:33:09.43	01:13:17.22	00:40:06.87	11:10	02:26:33.52
3029	1295/1586	148/183	6211	Kiran Poda	M	44	Lincoln	NE	00:31:57.11	01:16:44.28	00:37:54.15	11:10	02:26:35.55
3030	1296/1586	26/46	5868	Robert Schoettger	M	61	Lincoln	NE	00:33:23.33	01:14:48.23	00:38:27.16	11:11	02:26:38.73
3031	1735/2920	291/495	4583	Molly Burns	F	36	Lincoln	NE	00:33:51.40	01:16:51.70	00:35:58.73	11:11	02:26:41.84
3032	1736/2920	292/495	997	Jennifer Gibbons	F	39	Omaha	NE	00:30:34.05	01:16:49.85	00:39:18.36	11:11	02:26:42.27
3033	1737/2920	321/503	3953	Jillian Waldo	F	25	Omaha	NE	00:34:20.13	01:17:55.47	00:34:28.26	11:11	02:26:43.86
3034	1738/2920	83/154	2652	Janet Hayes	F	54	Omaha	NE	00:31:52.99	01:14:09.18	00:40:42.06	11:11	02:26:44.24
3035	1739/2920	84/154	5586	Julie Roberts	F	50	Mcperson	KS	00:34:19.33	01:14:29.39	00:37:57.98	11:11	02:26:46.71
3036	1740/2920	307/515	2983	Molly Collins	F	33	Overland Park	KS	00:35:04.70	01:17:46.80	00:33:56.60	11:11	02:26:48.11
3037	1741/2920	293/495	2621	Victoria Perry	F	37	Seward	NE	00:32:35.66	01:16:31.47	00:37:41.45	11:11	02:26:48.59
3038	1742/2920	243/405	2680	Jena Wilson	F	21	Lincoln	NE	00:35:00.87	01:16:38.00	00:35:10.61	11:12	02:26:49.49
3039	1743/2920	294/495	1073	Christine Jaber	F	35	Omaha	NE	00:35:09.33	01:18:31.66	00:33:11.96	11:12	02:26:52.96
3040	1297/1586	185/225	5343	Kevin Marker	M	27	Kearney	NE	00:29:45.76	01:14:01.54	00:43:06.04	11:12	02:26:53.34
3041	1744/2920	54/104	629	Sandy Howe	F	59	Lincoln	NE	00:35:01.12	01:16:58.56	00:34:57.57	11:12	02:26:57.25
3042	1745/2920	295/495	3335	Jackie Amon	F	38	Holton	KS	00:32:40.39	01:16:56.46	00:37:21.97	11:12	02:26:58.83
3043	1746/2920	55/104	916	Monica Poppe	F	56	Grant	NE	00:32:47.00	01:17:54.12	00:36:20.52	11:12	02:27:01.65
3044	1747/2920	308/515	2646	Lyrca Lucas	F	31	Lincoln	NE	00:32:26.91	01:17:12.22	00:37:23.10	11:12	02:27:02.23
3045	1748/2920	244/405	2864	Leah Keller	F	23	Crete	NE	00:31:37.94	01:16:49.52	00:38:35.10	11:13	02:27:02.57

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3046	1749/2920	245/405	3510	Taylor Nienhueser	F	21	Stromsburg	NE	00:31:37.95	01:16:50.03	00:38:34.71	11:13	02:27:02.69
3047	1750/2920	296/495	1212	Jessica Kuzepa	F	37	Bellevue	NE	00:32:06.80	01:17:12.57	00:37:43.70	11:13	02:27:03.08
3048	1751/2920	56/104	4124	Julie Meyer	F	57	Lincoln	NE	00:33:20.81	01:15:09.12	00:38:33.45	11:13	02:27:03.39
3049	1752/2920	246/405	6477	Kiara Guadron	F	24	Lincoln	NE	00:28:59.78	01:18:19.89	00:39:47.20	11:13	02:27:06.88
3050	1753/2920	247/405	876	Megan Pavlik	F	23	Omaha	NE	00:32:54.53	01:16:54.33	00:37:19.22	11:13	02:27:08.09
3051	1754/2920	309/515	6585	Joanna Liu	F	32	Omaha	NE	00:34:57.12	01:17:00.07	00:35:11.40	11:13	02:27:08.60
3052	1755/2920	310/515	3994	Emily Motto	F	32	Lincoln	NE	00:32:31.67	01:15:41.20	00:38:56.49	11:13	02:27:09.37
3053	1756/2920	200/300	6588	Nalyn Davlin	F	41	Omaha	NE	00:33:11.07	01:18:41.47	00:35:17.51	11:13	02:27:10.05
3054	1757/2920	126/238	4753	Libby Byers	F	45	Carlisle	IA	00:31:17.20	01:17:58.14	00:37:55.67	11:13	02:27:11.01
3055	1758/2920	322/503	4597	Rachel Wieseler	F	27	Vermillion	SD	00:31:52.06	01:18:12.05	00:37:07.81	11:13	02:27:11.93
3056	1759/2920	311/515	4133	Rebecca Lineweber	F	31	Lincoln	NE	00:32:22.25	01:15:24.86	00:39:26.92	11:13	02:27:14.03
3057	1760/2920	312/515	4513	Jayme Weber	F	31	Kearney	NE	00:36:08.19	01:15:59.01	00:35:07.76	11:13	02:27:14.97
3058	1761/2920	57/104	1336	Suzan Manthey	F	57	Denton	NE	00:33:05.06	01:14:50.78	00:39:19.89	11:14	02:27:15.74
3059	1762/2920	201/300	5725	Jenny Unruh	F	43	Lincoln	NE	00:33:22.80	01:17:28.53	00:36:25.79	11:14	02:27:17.13
3060	1763/2920	323/503	3350	Jenna Preusker	F	29	Battle Creek	NE	00:33:34.55	01:17:52.75	00:35:50.09	11:14	02:27:17.39
3061	1764/2920	248/405	3310	Hanna Conrad	F	24	Vermillion	SD	00:31:57.49	01:18:12.24	00:37:07.83	11:14	02:27:17.56
3062	1765/2920	249/405	2628	Karlye Machado	F	24	Lincoln	NE	00:34:47.85	01:16:36.45	00:35:53.42	11:14	02:27:17.73
3063	1766/2920	297/495	3693	Rachel Conroy	F	35	Norfolk	NE	00:33:35.08	01:17:52.66	00:35:50.37	11:14	02:27:18.11
3064	1767/2920	250/405	716	Mikaela Schroeder	F	22	Franklin	NE	00:32:16.19	01:15:18.99	00:39:43.58	11:14	02:27:18.76
3065	1768/2920	298/495	1480	Allie Beardsley	F	35	La Vista	NE	00:34:12.80	01:16:20.39	00:36:46.23	11:14	02:27:19.43
3066	1769/2920	251/405	2717	Katie Compton	F	21	Lincoln	NE	00:30:45.02	01:19:56.88	00:36:42.44	11:14	02:27:24.34
3067	1298/1586	149/183	5317	Eddie Brown	M	40	Lincoln	NE	00:27:14.70	01:13:54.81	00:46:15.46	11:14	02:27:24.98
3068	1299/1586	121/145	4904	George Shadbolt	M	21	Merriman	NE	00:30:45.85	01:19:56.42	00:36:42.85	11:14	02:27:25.12
3069	1770/2920	299/495	2796	Jane Mohling	F	36	Lincoln	NE	00:31:37.41	01:15:54.37	00:39:57.62	11:15	02:27:29.40
3070	1771/2920	300/495	743	Lisa Lindau	F	38	Seward	NE	00:32:08.06	01:16:05.55	00:39:17.45	11:15	02:27:31.07
3071	1772/2920	252/405	4558	Sarah Gervais	F	20	Lincoln	NE	00:33:28.91	01:16:34.73	00:37:28.42	11:15	02:27:32.06
3072	1773/2920	301/495	3694	Whitney Fleischman	F	35	Goehner	NE	00:33:07.26	01:16:29.21	00:37:56.89	11:15	02:27:33.37
3073	1300/1586	229/270	2116	Dustin Florian	M	31	Lincoln	NE	00:31:47.52	01:14:04.57	00:41:43.23	11:15	02:27:35.33
3074	1774/2920	324/503	473	Jamie Haith	F	25	Elkhorn	NE	00:31:44.49	01:10:56.71	00:44:57.12	11:15	02:27:38.33
3075	1301/1586	186/225	6016	Keenan Hartert	M	27	Omaha	NE	00:33:30.87	01:18:56.30	00:35:14.85	11:16	02:27:42.02
3076	1775/2920	202/300	865	Susan Albers	F	41	Grand Island	NE	00:30:48.38	01:18:07.41	00:38:47.43	11:16	02:27:43.22
3077	1776/2920	127/238	3382	Kathy Eihusen	F	46	Phillips	NE	00:30:48.44	01:18:07.54	00:38:47.57	11:16	02:27:43.55
3078	1777/2920	313/515	1072	Tonya O'neel	F	31	Lincoln	NE	00:32:25.08	01:18:07.49	00:37:11.61	11:16	02:27:44.19
3079	1778/2920	302/495	6341	Katie Sample	F	36	Ankeny	IA	00:32:27.59	01:16:47.23	00:38:33.43	11:16	02:27:48.26
3080	1302/1586	197/226	5669	Tony Hulbert	M	36	Lincoln	NE	00:32:34.78	01:15:22.40	00:39:51.24	11:16	02:27:48.43



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3081	1779/2920	314/515	284	Kristi Fries	F	34	Lincoln	NE	00:34:25.06	01:19:17.79	00:34:05.76	11:16	02:27:48.61
3082	1780/2920	128/238	3565	Kati Odbert	F	48	Columbus	NE	00:30:31.97	01:13:54.46	00:43:22.82	11:16	02:27:49.25
3083	1781/2920	253/405	3567	Tessa Duba	F	24	Wilber	NE	00:33:34.07	01:15:47.44	00:38:28.02	11:16	02:27:49.54
3084	1782/2920	303/495	824	Sarah Jespersen	F	36	Sioux Falls	SD	00:34:37.45	01:16:31.93	00:36:40.19	11:16	02:27:49.58
3085	1303/1586	187/225	2143	Tim Loos	M	29	Lincoln	NE	00:33:55.86	01:14:57.19	00:38:59.93	11:16	02:27:52.99
3086	1304/1586	84/109	5777	Craig Oeltjen	M	52	Omaha	NE	00:32:16.57	01:17:23.81	00:38:12.69	11:16	02:27:53.08
3087	1783/2920	2/14	3028	Deborah Raffetto	F	66	Salisbury	MD	00:31:49.67	01:17:14.67	00:38:52.26	11:17	02:27:56.60
3088	1784/2920	254/405	2733	Mallory Coleman	F	21	Lincoln	NE	00:35:04.53	01:14:51.11	00:38:02.76	11:17	02:27:58.40
3089	1785/2920	304/495	4666	Melissa Todd	F	38	Lincoln	NE	00:32:53.58	01:16:33.42	00:38:31.56	11:17	02:27:58.57
3090	1786/2920	305/495	991	Chelsea Mollak	F	35	Omaha	NE	00:30:53.04	01:19:46.14	00:37:19.57	11:17	02:27:58.76
3091	1787/2920	325/503	3522	Anna Wurster	F	26	Lincoln	NE	00:31:03.09	01:17:33.36	00:39:24.02	11:17	02:28:00.48
3092	1305/1586	188/225	5866	Brian Wurster	M	26	Lincoln	NE	00:31:04.32	01:17:32.73	00:39:24.26	11:17	02:28:01.31
3093	1788/2920	85/154	4542	Julie Oeltjen	F	54	Omaha	NE	00:32:25.15	01:17:23.69	00:38:12.55	11:17	02:28:01.40
3094	1306/1586	2/5	5046	Frank Miyashiro	M	79	Thornton	CO	00:34:35.41	01:18:05.08	00:35:21.87	11:17	02:28:02.37
3095	1789/2920	58/104	209	Christine Driscoll	F	59	Prospect	CT	00:34:05.83	01:15:45.28	00:38:12.11	11:17	02:28:03.23
3096	1790/2920	315/515	443	Rachel Raffone	F	33	Fort Collins	CO	00:34:06.83	01:15:47.43	00:38:09.64	11:17	02:28:03.90
3097	1307/1586	27/46	2054	Joseph Driscoll	M	60	Prospect	CT	00:34:08.30	01:15:44.33	00:38:13.35	11:17	02:28:05.99
3098	1308/1586	230/270	5899	Joey Rickard	M	33	Omaha	NE	00:32:18.91	01:15:27.65	00:40:21.68	11:18	02:28:08.24
3099	1791/2920	326/503	498	Christina Harrison	F	27	Lincoln	NE	00:33:39.00	01:17:29.82	00:37:00.05	11:18	02:28:08.88
3100	1309/1586	79/101	2482	Scott Barker	M	55	Council Bluffs	IA	00:34:44.61	01:19:22.51	00:34:04.50	11:18	02:28:11.62
3101	1792/2920	90/119	3805	Sammy Jo Young	F	19	Omaha	NE	00:33:23.79	01:18:34.29	00:36:13.64	11:18	02:28:11.72
3102	1793/2920	316/515	3750	Emily Enyeart	F	33	Oklahoma City	OK	00:34:20.31	01:16:35.56	00:37:17.75	11:18	02:28:13.63
3103	1794/2920	255/405	6299	Erin Hemberger	F	21	Lincoln	NE	00:32:34.56	01:16:38.99	00:39:03.53	11:18	02:28:17.09
3104	1795/2920	129/238	2826	Susan Graham	F	48	Kansas City	MO	00:35:50.50	01:16:44.61	00:35:42.40	11:18	02:28:17.52
3105	1796/2920	256/405	3885	Shelby Brown	F	23	Lincoln	NE	00:34:26.94	01:17:42.42	00:36:08.77	11:18	02:28:18.14
3106	1797/2920	203/300	573	Heather Noerrlinger	F	41	Syracuse	NE	00:33:43.19	01:17:47.07	00:36:48.72	11:18	02:28:18.99
3107	1798/2920	317/515	2649	Alexandria Wieting	F	31	Kansas City	MO	00:34:24.05	01:16:45.71	00:37:13.76	11:19	02:28:23.52
3108	1799/2920	91/119	2817	Emma Gonzales	F	16	Lincoln	NE	00:30:07.25	01:19:59.60	00:38:16.73	11:19	02:28:23.59
3109	1800/2920	204/300	4109	Amber Stephens	F	42	Davey	NE	00:34:50.13	01:19:22.26	00:34:14.86	11:19	02:28:27.26
3110	1801/2920	327/503	4361	Amanda Blakeman	F	28	North Platte	NE	00:30:10.36	01:13:19.32	00:44:57.87	11:19	02:28:27.56
3111	1802/2920	306/495	1710	Nicole Barker	F	38	Lincoln	NE	00:32:04.23	01:17:21.17	00:39:02.17	11:19	02:28:27.58
3112	1803/2920	328/503	4363	Angie Litz	F	26	Kearney	NE	00:30:10.77	01:13:19.32	00:44:57.69	11:19	02:28:27.79
3113	1804/2920	59/104	3068	Thelma Hirsch	F	56	Highmore	SD	00:31:20.05	01:17:22.58	00:39:48.98	11:19	02:28:31.62
3114	1805/2920	60/104	4010	Kim Strohhahn	F	55	Treynor	IA	00:33:34.46	01:19:17.97	00:35:44.02	11:20	02:28:36.45
3115	1310/1586	150/183	6475	Jeremy Williams	M	44	Wichita	KS	00:35:22.61	01:17:56.78	00:35:21.19	11:20	02:28:40.59

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3116	1806/2920	318/515	4177	Katie Thompson	F	34	Martell	NE	00:32:21.56	01:16:03.70	00:40:15.85	11:20	02:28:41.12
3117	1311/1586	28/46	6076	Dave Hegberg	M	60	Lincoln	NE	00:34:21.01	01:16:53.88	00:37:28.77	11:20	02:28:43.67
3118	1807/2920	205/300	1759	Coni Meyer	F	41	Page	NE	00:34:19.87	01:17:13.95	00:37:13.01	11:20	02:28:46.83
3119	1808/2920	307/495	3945	Anne Steinhausen	F	39	Fort Calhoun	NE	00:36:23.69	01:15:41.58	00:36:43.60	11:21	02:28:48.88
3120	1809/2920	319/515	726	Katie Sewell	F	34	Lincoln	NE	00:31:37.50	01:19:23.02	00:37:52.95	11:21	02:28:53.48
3121	1810/2920	320/515	1812	Jessa Bears	F	32	Farragut	IA	00:34:16.02	01:18:05.93	00:36:32.26	11:21	02:28:54.21
3122	1811/2920	130/238	4528	Chris Kunz	F	49	Elmwood	NE	00:32:38.77	01:16:57.00	00:39:19.79	11:21	02:28:55.56
3123	1812/2920	329/503	3180	Angie Arold	F	28	Lee's Summit	MO	00:32:25.14	01:17:10.36	00:39:21.30	11:21	02:28:56.81
3124	1312/1586	151/183	5906	Chad Shoemaker	M	42	Lincoln	NE	00:31:07.32	01:09:39.71	00:48:09.87	11:21	02:28:56.90
3125	1813/2920	321/515	628	Stephanie Johnson	F	33	Lincoln	NE	00:32:50.95	01:17:31.50	00:38:34.75	11:21	02:28:57.21
3126	1814/2920	131/238	772	Becky Krumm	F	48	Hastings	NE	00:33:06.54	01:17:42.03	00:38:09.90	11:21	02:28:58.47
3127	1815/2920	257/405	6353	Audrey Nance	F	22	Lincoln	NE	00:35:20.06	01:17:23.33	00:36:16.85	11:21	02:29:00.25
3128	1313/1586	85/109	5930	Paul Nance	M	51	Lincoln	NE	00:35:20.67	01:17:22.98	00:36:16.67	11:21	02:29:00.32
3129	1816/2920	258/405	3954	Alexis Ohlman	F	21	Central City	NE	00:34:20.07	01:17:57.64	00:36:44.03	11:22	02:29:01.75
3130	1314/1586	152/183	2589	James Wentz Jr	M	40	Andover	KS	00:35:22.40	01:17:57.17	00:35:43.16	11:22	02:29:02.73
3131	1817/2920	132/238	1478	Jennifer Blankenship	F	45	Lincoln	NE	00:34:39.46	01:17:48.77	00:36:34.90	11:22	02:29:03.14
3132	1818/2920	86/154	320	Carol Danker	F	51	Lavista	NE	00:30:10.37	01:17:27.17	00:41:26.15	11:22	02:29:03.70
3133	1315/1586	86/109	5329	Shawn Albert	M	51	Holdrege	NE	00:34:18.74	01:17:55.68	00:36:49.51	11:22	02:29:03.94
3134	1819/2920	308/495	1063	Sarah Court	F	38	Lincoln	NE	00:31:18.01	01:17:41.32	00:40:05.34	11:22	02:29:04.67
3135	1820/2920	330/503	1083	Kate Bean	F	26	Omaha	NE	00:32:24.69	01:18:38.97	00:38:04.56	11:22	02:29:08.23
3136	1821/2920	331/503	1230	Jess Cannon	F	27	Omaha	NE	00:32:24.94	01:18:38.91	00:38:04.75	11:22	02:29:08.61
3137	1822/2920	332/503	446	Amy Robinson	F	26	Beaver Crossing	NE	00:33:09.91	01:17:25.94	00:38:33.31	11:22	02:29:09.16
3138	1823/2920	133/238	4163	Lynelle Kowalski	F	49	Bellevue	NE	00:34:04.57	01:14:45.57	00:40:19.90	11:22	02:29:10.05
3139	1316/1586	87/109	2433	Scott Runyan	M	51	Omaha	NE	00:33:00.76	01:18:07.34	00:38:02.18	11:22	02:29:10.28
3140	1824/2920	259/405	3131	Danae Christiansen	F	22	Lincoln	NE	00:33:16.68	01:14:08.41	00:41:45.36	11:22	02:29:10.46
3141	1825/2920	333/503	1749	Molly Manning	F	28	Lincoln	NE	00:33:54.41	01:17:52.60	00:37:25.72	11:22	02:29:12.73
3142	1317/1586	141/168	2273	Jeff Martinson	M	45	Omaha	NE	00:33:05.49	01:17:20.92	00:38:50.53	11:23	02:29:16.95
3143	1318/1586	122/145	5096	Eric Keisling	M	23	Omaha	NE	00:27:50.46	01:16:32.80	00:44:55.14	11:23	02:29:18.41
3144	1826/2920	206/300	3026	Kelly Radel	F	41	Spring Hill	KS	00:31:36.65	01:19:55.84	00:37:52.49	11:23	02:29:24.98
3145	1827/2920	322/515	220	Andrea Rockwell	F	31	Omaha	NE	00:34:11.57	01:18:20.42	00:36:53.15	11:23	02:29:25.14
3146	1319/1586	153/183	5999	Jeremy Bouman	M	43	Omaha	NE	00:30:38.65	01:18:27.50	00:40:19.36	11:23	02:29:25.52
3147	1828/2920	61/104	839	Denise Thornburg	F	58	Beatrice	NE	00:35:04.84	01:17:37.41	00:36:43.85	11:23	02:29:26.11
3148	1829/2920	207/300	3636	Deann Castro	F	41	Spring Hill	KS	00:31:38.98	01:19:54.84	00:37:52.67	11:23	02:29:26.50
3149	1320/1586	142/168	5877	Lou Royer	M	45	Lincoln	NE	00:33:45.65	01:16:11.01	00:39:30.86	11:24	02:29:27.53
3150	1830/2920	334/503	4325	Stephanie Williamson	F	29	Harvard	NE	00:33:09.89	01:16:40.65	00:39:37.57	11:24	02:29:28.11

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3151	1831/2920	309/495	4514	Kristin Feedback	F	38	Spring Hill	KS	00:31:42.77	01:19:54.86	00:37:53.39	11:24	02:29:31.03
3152	1832/2920	134/238	729	Ann Devries	F	47	Lincoln	NE	00:34:11.63	01:18:17.37	00:37:02.12	11:24	02:29:31.12
3153	1321/1586	231/270	5619	Brian Kokesh	M	34	Lincoln	NE	00:32:51.79	01:15:12.57	00:41:27.55	11:24	02:29:31.92
3154	1833/2920	335/503	3969	Ally Kreft	F	28	Beatrice	NE	00:30:04.47	01:21:38.11	00:37:49.79	11:24	02:29:32.39
3155	1834/2920	323/515	4395	Sarah Eymann	F	30	Tilden	NE	00:31:14.00	01:15:06.76	00:43:12.17	11:24	02:29:32.95
3156	1835/2920	324/515	826	Amanda Oster	F	34	Yankton	SD	00:33:14.84	01:17:41.97	00:38:36.18	11:24	02:29:32.99
3157	1836/2920	310/495	963	Tracy Swearingen	F	35	Omaha	NE	00:30:54.77	01:18:43.72	00:39:56.25	11:24	02:29:34.75
3158	1837/2920	92/119	2809	Mikayla Rosenthal	F	19	Lavista	NE	00:32:07.33	01:19:23.34	00:38:07.10	11:24	02:29:37.77
3159	1838/2920	87/154	1387	Kim Jackman	F	50	Sabetha	KS	00:33:32.84	01:18:41.78	00:37:23.75	11:24	02:29:38.37
3160	1839/2920	311/495	4283	Abbie Olson	F	38	Norwalk	IA	00:35:41.55	01:19:32.02	00:34:25.00	11:24	02:29:38.57
3161	1840/2920	336/503	3760	Brittany Schmidt	F	29	Kearney	NE	00:34:20.82	01:19:42.49	00:35:37.20	11:25	02:29:40.52
3162	1841/2920	337/503	3462	Paige Delancey	F	25	Lincoln	NE	00:31:44.91	01:16:08.81	00:41:48.26	11:25	02:29:41.98
3163	1842/2920	325/515	4871	Amanda Goebel	F	30	Plattsmouth	NE	00:32:44.58	01:17:53.95	00:39:04.88	11:25	02:29:43.41
3164	1843/2920	260/405	460	Cassidy Taladay	F	20	Lincoln	NE	00:34:03.35	01:15:14.00	00:40:26.43	11:25	02:29:43.79
3165	1844/2920	326/515	4763	Sarah Weatherly	F	30	Omaha	NE	00:32:45.03	01:17:55.10	00:39:05.82	11:25	02:29:45.96
3166	1845/2920	338/503	2278	Kayla Mae Stehlik	F	28	Shenandoah	IA	00:34:17.21	01:18:15.67	00:37:14.30	11:25	02:29:47.19
3167	1846/2920	327/515	3982	Jennifer Strasil	F	31	Lincoln	NE	00:34:30.63	01:20:38.40	00:34:38.70	11:25	02:29:47.73
3168	1847/2920	261/405	3248	Stephanie Miller	F	20	Papillion	NE	00:30:32.05	01:17:50.07	00:41:27.98	11:25	02:29:50.11
3169	1848/2920	328/515	2704	Leida Moody	F	33	Lincoln	NE	00:32:47.35	01:18:22.57	00:38:40.50	11:25	02:29:50.43
3170	1849/2920	312/495	3502	Amy Long	F	35	Omaha	NE	00:34:07.02	01:19:02.49	00:36:41.41	11:25	02:29:50.93
3171	1322/1586	232/270	5780	Taylor Steger	M	30	Lincoln	NE	00:31:03.15	01:17:42.21	00:41:10.57	11:26	02:29:55.94
3172	1323/1586	189/225	5769	C J Gradoville	M	28	Lincoln	NE	00:28:24.22	01:18:09.08	00:43:23.88	11:26	02:29:57.19
3173	1850/2920	208/300	3801	Tracy Long	F	40	Bellwood	NE	00:34:52.46	01:17:59.93	00:37:05.35	11:26	02:29:57.75
3174	1851/2920	329/515	2968	Llovana Rojo	F	32	Columbus	NE	00:34:52.71	01:17:59.30	00:37:05.86	11:26	02:29:57.88
3175	1852/2920	330/515	4505	Erica Jasa	F	32	Lincoln	NE	00:31:06.21	01:17:42.49	00:41:10.37	11:26	02:29:59.08
3176	1853/2920	135/238	795	Suzette Douglas	F	45	Des Moines	IA	00:33:20.27	01:16:36.07	00:40:06.56	11:26	02:30:02.91
3177	1854/2920	313/495	4417	Jessica Jones	F	36	Tecumseh	NE	00:35:28.07	01:19:17.18	00:35:21.35	11:27	02:30:06.60
3178	1855/2920	331/515	356	Ashleigh Noyes	F	32	Grant	NE	00:35:04.84	01:19:54.78	00:35:09.65	11:27	02:30:09.28
3179	1856/2920	262/405	3030	Rebekah Suchanek	F	24	Grand Island	NE	00:31:17.37	01:17:06.69	00:41:48.16	11:27	02:30:12.23
3180	1857/2920	136/238	4108	Lora Martin	F	48	Philadelphia	PA	00:30:23.24	01:21:07.58	00:38:44.26	11:27	02:30:15.09
3181	1858/2920	88/154	4232	Amy Kuhn	F	51	Omaha	NE	00:34:13.46	01:19:42.37	00:36:20.29	11:27	02:30:16.13
3182	1324/1586	80/101	2347	Timothy Hayes	M	55	Omaha	NE	00:26:49.93	01:20:36.75	00:42:52.76	11:28	02:30:19.45
3183	1859/2920	314/495	4244	Hannah Largen	F	38	Blue Rapids	KS	00:33:41.72	01:17:53.66	00:38:44.07	11:28	02:30:19.46
3184	1325/1586	154/183	5505	Seth Lauterbach	M	40	Lincoln	NE	00:33:00.03	01:20:41.32	00:36:41.00	11:28	02:30:22.36
3185	1860/2920	263/405	412	Valeria Munoz	F	23	Lincoln	NE	00:28:27.86	01:20:59.76	00:40:58.36	11:28	02:30:25.99

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3186	1861/2920	264/405	450	Christina Ensign	F	23	Lincoln	NE	00:33:56.17	01:17:59.20	00:38:34.63	11:28	02:30:30.01
3187	1326/1586	155/183	2538	Andy Copenharve	M	43	Omaha	NE	00:31:59.22	01:18:31.04	00:40:01.68	11:28	02:30:31.95
3188	1862/2920	332/515	626	Beth Dvorak	F	34	Elkhorn	NE	00:36:13.80	01:19:52.06	00:34:27.40	11:29	02:30:33.27
3189	1863/2920	265/405	4392	Brenna Ingalls	F	24	Kearney	NE	00:31:08.17	01:19:06.12	00:40:21.33	11:29	02:30:35.63
3190	1327/1586	88/109	6003	Wallace Johnson	M	51	Omaha	NE	00:32:35.47	01:19:03.40	00:38:57.64	11:29	02:30:36.52
3191	1864/2920	333/515	2593	Holly R Craig	F	34	Lincoln	NE	00:33:12.44	01:15:11.23	00:42:13.34	11:29	02:30:37.01
3192	1865/2920	334/515	2866	Taylor J Stovall	F	34	Lincoln	NE	00:33:12.25	01:15:11.54	00:42:13.40	11:29	02:30:37.20
3193	1866/2920	137/238	4716	Kathryn Langenberg	F	45	Lincoln	NE	00:35:35.78	01:17:08.16	00:37:57.10	11:29	02:30:41.05
3194	1867/2920	93/119	4459	Grace Lenz	F	17	Seward	NE	00:33:07.89	01:17:59.94	00:39:33.65	11:29	02:30:41.49
3195	1868/2920	138/238	3251	Diane Podany	F	49	Lincoln	NE	00:33:07.97	01:17:54.37	00:39:39.72	11:29	02:30:42.06
3196	1869/2920	89/154	3857	Jill Baack	F	51	Seward	NE	00:34:53.64	01:20:22.61	00:35:27.79	11:29	02:30:44.05
3197	1328/1586	190/225	5666	David Todd	M	28	Peyton	CO	00:30:19.46	01:16:58.54	00:43:26.16	11:29	02:30:44.18
3198	1870/2920	90/154	3915	Jan Meehl	F	50	Seward	NE	00:34:53.67	01:20:21.53	00:35:29.29	11:29	02:30:44.51
3199	1871/2920	335/515	1076	Ashley Garey	F	33	Lincoln	NE	00:33:13.59	01:18:15.77	00:39:16.90	11:30	02:30:46.26
3200	1872/2920	336/515	1295	Hannah Kring	F	33	Raymond	NE	00:34:53.46	01:24:01.83	00:31:53.99	11:30	02:30:49.28
3201	1873/2920	209/300	3959	Kelly Born	F	44	Papillion	NE	00:32:05.56	01:23:13.46	00:35:33.97	11:30	02:30:53.00
3202	1874/2920	266/405	3668	Betsy Paprocki	F	22	Clarkson	NE	00:33:17.73	01:18:02.22	00:39:33.45	11:30	02:30:53.41
3203	1875/2920	337/515	1217	Kate Smith	F	34	Hickman	NE	00:34:24.42	01:19:35.07	00:36:54.60	11:30	02:30:54.09
3204	1876/2920	315/495	4640	Leah Kastrup	F	35	Omaha	NE	00:32:44.83	01:18:00.24	00:40:10.98	11:30	02:30:56.05
3205	1877/2920	210/300	1079	Roya Attaie	F	44	Lincoln	NE	00:33:00.13	01:21:37.68	00:36:19.05	11:30	02:30:56.87
3206	1878/2920	339/503	1333	Carlyn Klute	F	26	Kearney	NE	00:34:00.26	01:18:13.62	00:38:43.00	11:30	02:30:56.89
3207	1879/2920	338/515	1119	Lesley Stangl	F	31	Blair	NE	00:34:28.85	01:19:33.23	00:36:55.23	11:30	02:30:57.32
3208	1880/2920	267/405	218	Kelsey Adcock	F	22	Wamego	KS	00:32:22.44	01:18:46.05	00:39:52.28	11:31	02:31:00.77
3209	1881/2920	139/238	4136	Jacqueline Cota	F	46	Papillion	NE	00:35:47.77	01:18:40.55	00:36:35.05	11:31	02:31:03.37
3210	1882/2920	339/515	3859	Emily Zink	F	30	Lincoln	NE	00:31:49.82	01:16:57.47	00:42:16.52	11:31	02:31:03.81
3211	1329/1586	81/101	2444	Norm Braaten	M	58	Lincoln	NE	00:34:01.66	01:18:32.39	00:38:32.48	11:31	02:31:06.54
3212	1883/2920	340/515	3317	Becca Crook	F	33	Lincoln	NE	00:31:22.20	01:17:07.89	00:42:37.14	11:31	02:31:07.23
3213	1330/1586	156/183	2572	Dale Chasing Hawk	M	44	Vermillion	SD	00:33:26.28	01:19:20.74	00:38:20.69	11:31	02:31:07.72
3214	1884/2920	268/405	4834	Laura Hollister	F	23	Des Moines	IA	00:33:11.06	01:19:18.72	00:38:38.12	11:31	02:31:07.90
3215	1885/2920	316/495	1594	Teresa Chasing Hawk	F	38	Vermillion	SD	00:33:26.66	01:19:20.75	00:38:20.90	11:31	02:31:08.32
3216	1886/2920	341/515	2806	Emily Brown	F	34	Ashland	NE	00:33:36.14	01:21:04.23	00:36:29.85	11:31	02:31:10.23
3217	1331/1586	198/226	2404	Jeremy Fries	M	36	Lincoln	NE	00:31:47.15	01:20:58.53	00:38:25.63	11:31	02:31:11.31
3218	1887/2920	269/405	4460	Larisa Brockman	F	24	Lincoln	NE	00:31:07.57	01:16:35.83	00:43:28.41	11:32	02:31:11.82
3219	1888/2920	340/503	1204	Angie Lafferty	F	27	Lincoln	NE	00:34:19.35	01:18:09.14	00:38:45.59	11:32	02:31:14.09
3220	1889/2920	341/503	425	Amanda Doll	F	26	Omaha	NE	00:32:59.68	01:17:12.98	00:41:03.73	11:32	02:31:16.40

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3221	1890/2920	342/503	4521	Emma Purfeerst	F	25	Omaha	NE	00:33:31.27	01:18:57.92	00:38:47.90	11:32	02:31:17.10
3222	1891/2920	342/515	1161	Ashley Hammon	F	34	Palmyra	NE	00:31:36.32	01:17:55.55	00:41:45.99	11:32	02:31:17.87
3223	1892/2920	317/495	620	Charity Moody	F	38	Palmyra	NE	00:31:36.75	01:17:55.14	00:41:46.63	11:32	02:31:18.52
3224	1893/2920	343/515	3431	Amy Myers	F	32	Lincoln	NE	00:33:43.44	01:19:38.39	00:37:56.78	11:32	02:31:18.62
3225	1894/2920	140/238	4153	Theresa Bozarth	F	49	Omaha	NE	00:35:38.19	01:19:54.44	00:35:50.49	11:32	02:31:23.12
3226	1895/2920	318/495	4556	Natalya Young	F	39	Lincoln	NE	00:33:01.39	01:18:32.58	00:39:50.25	11:32	02:31:24.22
3227	1332/1586	82/101	1915	Kelley Beasley	M	59	Lincoln	NE	00:33:08.94	01:17:53.44	00:40:28.01	11:33	02:31:30.40
3228	1896/2920	343/503	522	Haley Parker	F	27	Lincoln	NE	00:36:12.51	01:21:02.47	00:34:20.94	11:33	02:31:35.92
3229	1897/2920	91/154	2629	Lourdes Herling	F	51	Clarkson	NE	00:32:58.51	01:17:33.65	00:41:04.47	11:33	02:31:36.64
3230	1898/2920	211/300	1030	Barb Hartz	F	40	Omaha	NE	00:32:20.65	01:18:43.31	00:40:32.96	11:33	02:31:36.93
3231	1899/2920	319/495	1243	Jen List	F	38	Omaha	NE	00:34:21.20	01:19:20.79	00:37:55.22	11:33	02:31:37.21
3232	1900/2920	212/300	1089	Alicia Cruce	F	42	Lincoln	NE	00:35:31.48	01:19:28.02	00:36:39.84	11:34	02:31:39.34
3233	1333/1586	143/168	6032	Michael Fields	M	48	Council Bluffs	IA	00:33:13.26	01:17:16.74	00:41:12.22	11:34	02:31:42.22
3234	1901/2920	344/515	1277	Ashley Thompson	F	33	Lincoln	NE	00:35:50.45	01:19:29.16	00:36:23.34	11:34	02:31:42.96
3235	1902/2920	270/405	954	Dusty Nelson	F	23	Hastings	NE	00:36:10.40	01:18:23.02	00:37:09.82	11:34	02:31:43.24
3236	1903/2920	344/503	1247	Sara Prewett	F	26	Lincoln	NE	00:31:28.75	01:23:44.21	00:36:30.38	11:34	02:31:43.35
3237	1904/2920	271/405	1067	Abbigail Egli	F	24	Fort Dodge	IA	00:33:24.17	01:16:15.74	00:42:05.18	11:34	02:31:45.10
3238	1905/2920	345/503	914	Kelsey Lorimer	F	26	Lincoln	NE	00:32:39.41	01:17:40.64	00:41:25.68	11:34	02:31:45.74
3239	1906/2920	320/495	4740	Kathryn Keuck	F	37	Omaha	NE	00:31:57.70	01:20:31.29	00:39:20.11	11:34	02:31:49.11
3240	1907/2920	345/515	3937	Katie Hall	F	33	Omaha	NE	00:35:36.33	01:18:16.48	00:37:56.95	11:34	02:31:49.77
3241	1908/2920	346/503	410	Nicole Havlovic	F	26	Lincoln	NE	00:29:47.07	01:20:50.39	00:41:14.94	11:35	02:31:52.41
3242	1909/2920	321/495	2731	Ashley Nolte	F	36	Lincoln	NE	00:32:45.39	01:18:53.26	00:40:15.11	11:35	02:31:53.76
3243	1910/2920	322/495	392	Melissa Hansen	F	38	Norfolk	NE	00:34:37.05	01:18:29.51	00:38:47.56	11:35	02:31:54.13
3244	1334/1586	233/270	5861	Brian Ace Ford	M	31	Omaha	NE	00:33:46.18	01:21:27.99	00:36:40.04	11:35	02:31:54.21
3245	1911/2920	323/495	256	Metka Kolm	F	36	Franklin	WI	00:34:37.11	01:18:29.64	00:38:47.68	11:35	02:31:54.44
3246	1912/2920	213/300	1446	Maureen Brackett	F	43	Elkhorn	NE	00:33:40.24	01:19:36.88	00:38:40.31	11:35	02:31:57.43
3247	1335/1586	191/225	5979	Matthew Reidy	M	26	Lincoln	NE	00:32:34.19	01:16:38.64	00:42:47.92	11:35	02:32:00.76
3248	1913/2920	346/515	3619	Malisa Mccown	F	34	Lincoln	NE	00:33:54.08	01:17:20.03	00:40:48.04	11:35	02:32:02.16
3249	1914/2920	94/119	773	Sydni Springer	F	16	Lincoln	NE	00:32:32.00	01:19:17.17	00:40:14.63	11:35	02:32:03.80
3250	1915/2920	324/495	3561	Janet Goetting	F	38	Omaha	NE	00:32:36.42	01:19:14.43	00:40:19.25	11:36	02:32:10.11
3251	1916/2920	347/503	4148	Charlie Doerr	F	26	Plainview	NE	00:32:35.81	01:19:14.90	00:40:20.15	11:36	02:32:10.87
3252	1336/1586	29/46	6101	Barney Mccoy	M	61	Lincoln	NE	00:33:42.68	01:20:34.83	00:37:54.35	11:36	02:32:11.87
3253	1917/2920	325/495	3891	Cara Barnett	F	38	Columbus	NE	00:36:08.43	01:19:54.03	00:36:10.83	11:36	02:32:13.30
3254	1918/2920	326/495	3846	Jen Tran	F	36	Omaha	NE	00:33:59.87	01:21:25.35	00:36:55.84	11:37	02:32:21.06
3255	1919/2920	327/495	649	Marie Hoenig	F	37	Omaha	NE	00:34:03.90	01:19:30.72	00:38:47.05	11:37	02:32:21.68

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3256	1337/1586	199/226	2516	Tim Schropp	M	38	Lincoln	NE	00:36:52.70	01:18:19.48	00:37:11.82	11:37	02:32:24.00
3257	1920/2920	328/495	3345	Cassie Dooley	F	35	Omaha	NE	00:36:03.56	01:19:10.10	00:37:11.73	11:37	02:32:25.40
3258	1921/2920	95/119	4098	Lauren Kreuzberg	F	19	Lincoln	NE	00:34:18.32	01:21:17.35	00:36:51.97	11:37	02:32:27.65
3259	1922/2920	329/495	3300	Kacey Stueck	F	38	Firth	NE	00:32:40.89	01:19:37.80	00:40:09.71	11:37	02:32:28.41
3260	1923/2920	96/119	763	Cassidy Whitney	F	17	Lincoln	NE	00:33:29.60	01:21:14.02	00:37:49.60	11:38	02:32:33.23
3261	1924/2920	97/119	912	Sophia Olson	F	16	Lincoln	NE	00:33:29.51	01:21:14.48	00:37:49.75	11:38	02:32:33.74
3262	1925/2920	141/238	1314	Chris Stungis	F	49	Omaha	NE	00:37:06.65	01:19:30.61	00:35:57.59	11:38	02:32:34.85
3263	1926/2920	348/503	4699	Keller Niemann	F	28	Lincoln	NE	00:33:28.05	01:18:46.31	00:40:22.60	11:38	02:32:36.97
3264	1927/2920	347/515	894	Skye Howard	F	34	Kearney	NE	00:35:30.15	01:19:16.85	00:37:52.10	11:38	02:32:39.11
3265	1928/2920	330/495	159	Tari Mccracken	F	37	Kearney	NE	00:35:30.02	01:19:16.40	00:37:52.83	11:38	02:32:39.25
3266	1929/2920	214/300	1192	Teri Gray	F	43	Bremerton	WA	00:30:59.96	01:19:52.69	00:41:50.11	11:38	02:32:42.76
3267	1930/2920	331/495	3593	Vickie Neilly	F	39	Lincoln	NE	00:34:09.48	01:22:32.13	00:36:02.05	11:39	02:32:43.67
3268	1338/1586	144/168	1958	David Sater	M	49	Omaha	NE	00:33:12.04	01:19:29.03	00:40:04.66	11:39	02:32:45.74
3269	1339/1586	234/270	1786	Corry Compton	M	33	Lincoln	NE	00:32:55.79	01:19:38.21	00:40:13.93	11:39	02:32:47.94
3270	1340/1586	16/23	1684	Landon Compton	M	13	Lincoln	NE	00:32:56.19	01:18:44.47	00:41:07.61	11:39	02:32:48.28
3271	1931/2920	348/515	1118	Jessica Compton	F	34	Lincoln	NE	00:32:55.62	01:21:01.62	00:38:51.13	11:39	02:32:48.38
3272	1932/2920	332/495	4054	Katja Sebestyen	F	37	Omaha	NE	00:34:00.07	01:21:43.24	00:37:05.64	11:39	02:32:48.95
3273	1933/2920	333/495	2808	Amy Golter	F	38	Lincoln	NE	00:34:00.78	01:21:42.90	00:37:05.86	11:39	02:32:49.55
3274	1934/2920	272/405	2701	Megan Carter	F	20	Omaha	NE	00:34:03.36	01:15:14.60	00:43:31.62	11:39	02:32:49.59
3275	1935/2920	92/154	3615	Michele Walker	F	50	Omaha	NE	00:32:18.14	01:17:53.64	00:42:39.24	11:39	02:32:51.02
3276	1341/1586	89/109	4926	Todd Anderson	M	52	Lincoln	NE	00:31:04.81	01:19:31.86	00:42:14.43	11:39	02:32:51.10
3277	1936/2920	273/405	3762	Gabrielle Knoble	F	23	Lincoln	NE	00:32:15.40	01:17:54.59	00:42:42.70	11:39	02:32:52.69
3278	1342/1586	235/270	5402	Brice Tunink	M	32	Lincoln	NE	00:34:06.85	01:18:04.30	00:40:41.83	11:39	02:32:52.99
3279	1937/2920	349/503	4248	Amanda Knight	F	26	Clay Center	NE	00:31:20.43	01:22:09.13	00:39:24.53	11:39	02:32:54.10
3280	1938/2920	274/405	3531	Madi Meacham	F	20	Omaha	NE	00:32:49.13	01:21:36.05	00:38:29.27	11:39	02:32:54.46
3281	1343/1586	157/183	2512	Darin Person	M	41	Lincoln	NE	00:37:53.84	01:19:40.01	00:35:21.62	11:39	02:32:55.48
3282	1939/2920	334/495	1464	Jenny Woods	F	38	Lincoln	NE	00:31:59.39	01:21:08.34	00:39:49.36	11:40	02:32:57.09
3283	1940/2920	335/495	3563	Nikki Kopetzky	F	38	Lincoln	NE	00:32:00.01	01:21:07.84	00:39:49.65	11:40	02:32:57.51
3284	1344/1586	145/168	6539	Brad Behne	M	46	Lincoln	NE	00:34:49.79	01:19:01.52	00:39:06.47	11:40	02:32:57.79
3285	1941/2920	215/300	510	Billie Jo Burns	F	42	Bellevue	NE	00:35:32.38	01:21:04.23	00:36:22.47	11:40	02:32:59.09
3286	1345/1586	192/225	5292	Andrew Petersen	M	27	Firth	NE	00:29:03.58	01:11:04.67	00:52:51.61	11:40	02:32:59.88
3287	1942/2920	275/405	4590	Alyssa Zizzo	F	22	Lincoln	NE	00:35:17.24	01:19:28.86	00:38:14.96	11:40	02:33:01.07
3288	1346/1586	12/16	2585	Joe Zizzo	M	65	Menasha	WI	00:35:17.24	01:19:28.56	00:38:15.38	11:40	02:33:01.19
3289	1347/1586	158/183	2199	Joel Loos	M	41	Lincoln	NE	00:31:37.01	01:19:50.57	00:41:35.36	11:40	02:33:02.95
3290	1943/2920	349/515	4391	Mikhala Fehringer	F	31	Omaha	NE	00:34:29.05	01:22:26.99	00:36:12.96	11:40	02:33:09.01

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3291	1944/2920	350/515	3166	Sara Longley	F	30	Omaha	NE	00:35:22.88	01:20:00.59	00:37:47.60	11:41	02:33:11.08
3292	1348/1586	13/16	6063	Stanley Selfridge	M	67	Lincoln	NE	00:31:43.95	01:17:45.02	00:43:43.15	11:41	02:33:12.14
3293	1945/2920	351/515	1512	Megan Valorz	F	33	Columbus	NE	00:35:25.67	01:21:01.95	00:36:46.23	11:41	02:33:13.85
3294	1946/2920	142/238	3703	Michelle Boden	F	45	Lincoln	NE	00:34:34.77	01:20:27.03	00:38:12.19	11:41	02:33:14.00
3295	1947/2920	62/104	878	Sue Ferguson	F	57	Lincoln	NE	00:34:43.13	01:20:05.81	00:38:28.23	11:41	02:33:17.17
3296	1948/2920	93/154	4478	Neika Coughlin	F	53	Nehawka	NE	00:33:19.65	01:20:08.08	00:39:50.15	11:41	02:33:17.90
3297	1349/1586	236/270	2510	Derek Pohlmann	M	31	Lincoln	NE	00:30:40.26	01:20:27.09	00:42:10.88	11:41	02:33:18.24
3298	1949/2920	13/20	2617	Kiah Bollinger	F	12	Lincoln	NE	00:34:01.33	01:21:43.23	00:37:34.92	11:41	02:33:19.48
3299	1950/2920	350/503	1022	Meg Blue	F	28	Omaha	NE	00:33:43.75	01:19:03.91	00:40:31.82	11:41	02:33:19.49
3300	1951/2920	14/20	2810	Skyler Martin	F	12	Lincoln	NE	00:34:02.87	01:21:41.66	00:37:35.73	11:41	02:33:20.26
3301	1952/2920	352/515	1025	Angela Sherman	F	32	Omaha	NE	00:31:24.39	01:20:31.01	00:41:25.33	11:41	02:33:20.73
3302	1953/2920	353/515	1469	Ashley Mcbratney	F	32	Fremont	NE	00:33:06.90	01:20:44.96	00:39:31.39	11:42	02:33:23.25
3303	1350/1586	30/46	2086	Richard Couch	M	64	Lincoln	NE	00:33:29.63	01:22:56.52	00:37:00.97	11:42	02:33:27.12
3304	1954/2920	98/119	3033	Allie Vorthmann	F	19	Lincoln	NE	00:32:20.13	01:18:52.85	00:42:15.65	11:42	02:33:28.63
3305	1955/2920	276/405	5047	Jessie Vorthmann	F	22	Lincoln	NE	00:32:19.87	01:18:53.71	00:42:15.04	11:42	02:33:28.63
3306	1956/2920	336/495	6319	Kristi Cook	F	37	Omaha	NE	00:33:23.24	01:20:01.45	00:40:04.27	11:42	02:33:28.97
3307	1957/2920	337/495	5160	Jaime Kobs	F	35	Omaha	NE	00:33:22.88	01:20:01.74	00:40:04.59	11:42	02:33:29.21
3308	1958/2920	277/405	4473	Sara Pleasant	F	20	Lincoln	NE	00:30:50.43	01:19:56.07	00:42:44.68	11:42	02:33:31.19
3309	1959/2920	351/503	263	Alexsis Fleener	F	25	Atlantic	IA	00:33:34.20	01:18:16.31	00:41:44.22	11:42	02:33:34.74
3310	1960/2920	354/515	3259	Danielle Mcguire	F	33	Ogallala	NE	00:34:47.28	01:18:48.77	00:39:59.00	11:42	02:33:35.05
3311	1351/1586	200/226	2182	Jeff Erb	M	39	Lincoln	NE	00:32:27.78	01:18:54.00	00:42:13.45	11:42	02:33:35.24
3312	1352/1586	193/225	2017	Max Kreuzberg	M	25	Lincoln	NE	00:34:19.12	01:21:17.28	00:37:59.85	11:43	02:33:36.26
3313	1961/2920	355/515	189	Marianne Toovey	F	33	Gretna	NE	00:34:59.77	01:20:15.23	00:38:21.91	11:43	02:33:36.92
3314	1962/2920	352/503	1259	Emma Knust	F	25	Seward	NE	00:33:47.41	01:28:57.67	00:30:52.41	11:43	02:33:37.49
3315	1963/2920	356/515	4377	Marie Villa	F	33	Omaha	NE	00:33:44.22	01:17:43.44	00:42:10.83	11:43	02:33:38.50
3316	1964/2920	338/495	3263	Lindsay Cisco	F	37	Omaha	NE	00:34:00.95	01:18:57.38	00:40:40.91	11:43	02:33:39.25
3317	1965/2920	94/154	1483	Heather Schuette	F	54	Lincoln	NE	00:33:03.84	01:19:34.09	00:41:02.42	11:43	02:33:40.36
3318	1966/2920	143/238	1392	Renae Henrichs	F	48	Hastings	NE	00:35:03.95	01:22:29.09	00:36:07.66	11:43	02:33:40.71
3319	1967/2920	357/515	3979	Lindsey Williams	F	32	Gretna	NE	00:28:55.28	01:19:19.01	00:45:27.83	11:43	02:33:42.13
3320	1968/2920	353/503	3713	Rebecca Leistico	F	27	Elkhorn	NE	00:33:45.93	01:22:39.35	00:37:18.85	11:43	02:33:44.13
3321	1969/2920	216/300	169	Candice Bridgford	F	40	Lincoln	NE	00:32:34.82	01:23:29.19	00:37:40.32	11:43	02:33:44.34
3322	1970/2920	358/515	552	Megan Baldwin	F	33	Wichita	KS	00:35:41.00	01:20:52.48	00:37:11.60	11:43	02:33:45.09
3323	1971/2920	354/503	2792	Kati Stauffer	F	27	Lincoln	NE	00:33:47.36	01:22:52.92	00:37:05.11	11:43	02:33:45.40
3324	1972/2920	359/515	546	Kelsey Bergen	F	32	Aurora	NE	00:35:41.46	01:20:52.34	00:37:11.60	11:43	02:33:45.41
3325	1973/2920	355/503	2755	Mackenzie Wylie	F	25	Lincoln	NE	00:33:47.65	01:22:52.55	00:37:05.20	11:43	02:33:45.41

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3326	1974/2920	278/405	6310	Audrey Wadzinski	F	24	Council Bluffs	IA	00:35:49.22	01:17:11.60	00:40:46.57	11:43	02:33:47.40
3327	1353/1586	201/226	2193	Stephen Brown	M	39	Lincoln	NE	00:34:20.83	01:19:49.12	00:39:38.62	11:43	02:33:48.58
3328	1975/2920	339/495	3838	Stefani Pawlowski	F	37	Lenexa	KS	00:37:43.24	01:19:09.50	00:36:56.35	11:44	02:33:49.10
3329	1354/1586	194/225	5540	Donte Warren	M	29	Lincoln	NE	00:32:03.22	01:20:44.39	00:41:02.95	11:44	02:33:50.57
3330	1976/2920	95/154	3476	Judy Bauman	F	53	Normal	IL	00:34:08.38	01:22:03.18	00:37:40.44	11:44	02:33:52.01
3331	1355/1586	14/16	5539	Mike Purser	M	66	Lincoln	NE	00:32:05.12	01:20:44.39	00:41:02.95	11:44	02:33:52.47
3332	1977/2920	10/44	357	Cindy Friedrich	F	64	Havana	IL	00:34:08.53	01:22:02.59	00:37:41.47	11:44	02:33:52.59
3333	1356/1586	146/168	2397	Trey Nelson	M	46	Bennet	NE	00:33:28.76	01:24:39.51	00:35:50.75	11:44	02:33:59.03
3334	1978/2920	15/20	172	Lexi Jorgensen	F	12	Lincoln	NE	00:35:33.94	01:17:20.15	00:41:05.87	11:44	02:33:59.96
3335	1979/2920	360/515	647	Ashley Shacklett	F	31	Bennington	NE	00:33:40.33	01:19:48.89	00:40:33.03	11:45	02:34:02.26
3336	1357/1586	90/109	2176	Randall Davis	M	52	Elkhorn	NE	00:35:17.81	01:21:21.26	00:37:23.93	11:45	02:34:03.01
3337	1980/2920	356/503	345	Melanie Boone	F	29	Omaha	NE	00:33:37.74	01:21:51.73	00:38:36.75	11:45	02:34:06.23
3338	1358/1586	237/270	1977	Wesley Frye	M	31	Maple Grove	WA	00:28:46.14	01:15:18.93	00:50:01.24	11:45	02:34:06.32
3339	1981/2920	340/495	3099	Bethany Jessup	F	35	Phillipsburg	KS	00:34:44.84	01:19:55.85	00:39:27.07	11:45	02:34:07.77
3340	1982/2920	357/503	1184	Kayla Andal	F	29	Norfolk	NE	00:31:03.92	01:21:24.22	00:41:40.35	11:45	02:34:08.50
3341	1983/2920	341/495	968	Kathleen Rolf	F	36	Albion	NE	00:34:55.66	01:21:54.80	00:37:20.54	11:45	02:34:11.01
3342	1984/2920	342/495	3370	Katy Seamann	F	36	Spalding	NE	00:34:56.11	01:21:55.18	00:37:20.72	11:45	02:34:12.01
3343	1985/2920	361/515	1553	Shannon Painter	F	34	Ainsworth	NE	00:33:34.28	01:19:38.13	00:41:05.66	11:46	02:34:18.09
3344	1986/2920	2/4	805	Nancy Howard	F	72	Lincoln	NE	00:35:35.65	01:21:07.44	00:37:35.87	11:46	02:34:18.97
3345	1987/2920	144/238	3346	Jeneen Sagon	F	46	Omaha	NE	00:36:15.83	01:19:39.90	00:38:24.42	11:46	02:34:20.16
3346	1359/1586	195/225	5468	Tyler Nicholas	M	25	Lincoln	NE	00:32:47.70	01:20:00.26	00:41:34.66	11:46	02:34:22.62
3347	1988/2920	358/503	3641	Shelby Cameron	F	25	Lincoln	NE	00:31:50.10	01:19:01.21	00:43:32.85	11:46	02:34:24.17
3348	1989/2920	362/515	4185	Tammy Ruoff	F	34	Lincoln	NE	00:32:22.79	01:22:31.95	00:39:32.92	11:46	02:34:27.68
3349	1990/2920	343/495	4609	Kelli Smith	F	39	Ogallala	NE	00:32:07.38	01:20:52.63	00:41:29.42	11:47	02:34:29.43
3350	1991/2920	363/515	275	Autumn Fritz	F	32	Holmesville	NE	00:32:25.24	01:19:19.57	00:42:45.24	11:47	02:34:30.06
3351	1992/2920	99/119	5222	Delaynie Field	F	19	Colorado Springs	CO	00:36:27.73	01:21:02.78	00:37:03.56	11:47	02:34:34.08
3352	1993/2920	364/515	1074	Liz Penas	F	30	Lincoln	NE	00:34:21.19	01:22:13.48	00:38:00.10	11:47	02:34:34.78
3353	1360/1586	202/226	6061	Shane Stueck	M	37	Firth	NE	00:32:34.97	01:20:08.60	00:41:52.44	11:47	02:34:36.01
3354	1994/2920	359/503	1426	Laura Speicher	F	28	Lincoln	NE	00:34:14.86	01:22:14.56	00:38:06.86	11:47	02:34:36.29
3355	1995/2920	344/495	3686	Hallelujah Yantzie	F	35	Kearney	NE	00:33:07.78	01:19:56.48	00:41:32.11	11:47	02:34:36.37
3356	1996/2920	11/44	4110	Lisa Jones	F	61	Grant	NE	00:34:59.55	01:19:38.33	00:39:59.99	11:47	02:34:37.87
3357	1997/2920	96/154	825	Rachelle Kaspar-Cope	F	50	Cambridge	NE	00:33:53.13	01:22:14.74	00:38:30.33	11:47	02:34:38.20
3358	1998/2920	145/238	1497	Patty Cope	F	47	Lincoln	NE	00:33:53.73	01:22:14.74	00:38:30.33	11:47	02:34:38.81
3359	1999/2920	146/238	440	Kristy Witte	F	46	Wilsonville	NE	00:33:53.83	01:22:14.74	00:38:30.53	11:47	02:34:39.11
3360	2000/2920	217/300	4121	Tammy Davis	F	44	Elkhorn	NE	00:35:18.63	01:21:19.70	00:38:05.55	11:48	02:34:43.89



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3361	1361/1586	91/109	5118	Craig Kersten	M	51	Omaha	NE	00:35:22.30	01:20:26.52	00:39:04.22	11:48	02:34:53.04
3362	2001/2920	218/300	3373	Rebecca Franco	F	43	Omaha	NE	00:34:43.36	01:18:54.99	00:41:15.93	11:48	02:34:54.28
3363	1362/1586	203/226	6240	Derek Fey	M	38	Papillion	NE	00:33:48.99	01:20:48.44	00:40:20.48	11:49	02:34:57.91
3364	2002/2920	97/154	3858	Gretchen Slate	F	52	Yankton	SD	00:35:34.40	01:21:00.90	00:38:23.20	11:49	02:34:58.51
3365	2003/2920	360/503	3458	Justine Smidt	F	28	West Point	NE	00:33:24.81	01:22:44.21	00:38:51.76	11:49	02:35:00.79
3366	2004/2920	361/503	304	April Allen	F	28	Papillion	NE	00:33:55.21	01:20:48.03	00:40:20.47	11:49	02:35:03.72
3367	2005/2920	345/495	3480	Alyssa Rutan	F	37	Lincoln	NE	00:35:21.87	01:21:11.53	00:38:37.32	11:50	02:35:10.73
3368	2006/2920	147/238	483	Kim Brammer	F	47	Omaha	NE	00:35:31.07	01:21:05.08	00:38:36.51	11:50	02:35:12.67
3369	2007/2920	362/503	477	Kelsey Korth	F	25	Norfolk	NE	00:31:36.52	01:22:22.53	00:41:18.58	11:50	02:35:17.64
3370	2008/2920	363/503	4093	Jazmin Yacaman Struble	F	28	Fremont	NE	00:36:43.84	01:24:08.31	00:34:25.88	11:50	02:35:18.04
3371	2009/2920	279/405	3956	Ashley Padgett	F	22	Kearney	NE	00:32:24.14	01:21:03.37	00:41:51.24	11:50	02:35:18.76
3372	2010/2920	98/154	4076	Lynne Walz	F	54	Fremont	NE	00:36:45.06	01:24:07.71	00:34:26.20	11:50	02:35:18.97
3373	2011/2920	219/300	3322	Kerry Bumgardner	F	40	Hastings	NE	00:32:12.88	01:21:54.76	00:41:12.31	11:50	02:35:19.96
3374	2012/2920	346/495	3765	Kelly Augustin	F	39	Juniata	NE	00:32:14.12	01:21:54.48	00:41:12.11	11:51	02:35:20.71
3375	1363/1586	147/168	5867	Erik Johannes	M	45	Lincoln	NE	00:32:01.00	01:20:49.83	00:42:30.14	11:51	02:35:20.97
3376	2013/2920	148/238	388	Karin Maloney	F	47	Omaha	NE	00:34:09.97	01:20:30.76	00:40:41.01	11:51	02:35:21.75
3377	2014/2920	149/238	4810	Stacey Whittington	F	46	Council Bluffs	IA	00:35:07.21	01:21:27.00	00:38:50.36	11:51	02:35:24.57
3378	2015/2920	150/238	3906	Anne Robbins	F	47	Council Bluffs	IA	00:35:07.21	01:21:26.79	00:38:50.74	11:51	02:35:24.75
3379	1364/1586	196/225	6400	Michael Rothfuss	M	29	Lincoln	NE	00:31:42.44	01:19:12.24	00:44:32.11	11:51	02:35:26.80
3380	1365/1586	204/226	2157	Wynn Lafferty	M	36	Lincoln	NE	00:34:20.12	01:19:30.49	00:41:39.60	11:51	02:35:30.22
3381	1366/1586	83/101	2465	Dennis Martin	M	57	Lincoln	NE	00:33:41.06	01:20:31.00	00:41:23.99	11:52	02:35:36.05
3382	2016/2920	347/495	1136	Cheryl Dietrich	F	38	Lincoln	NE	00:37:41.49	01:25:27.30	00:32:28.99	11:52	02:35:37.79
3383	2017/2920	348/495	294	Mandy Kohmetscher	F	36	Lincoln	NE	00:36:49.67	01:18:45.99	00:40:02.30	11:52	02:35:37.97
3384	2018/2920	280/405	4161	Lauren Taylor	F	20	Raymond	NE	00:33:41.53	01:22:12.60	00:39:47.26	11:52	02:35:41.40
3385	1367/1586	92/109	2001	James Johnson	M	51	Sabetha	KS	00:33:48.88	01:22:39.34	00:39:13.69	11:52	02:35:41.91
3386	2019/2920	364/503	3905	Heidi Pearson	F	29	Grinnell	IA	00:32:05.50	01:21:48.03	00:41:51.61	11:52	02:35:45.14
3387	1368/1586	84/101	2558	Dennis Lowry	M	58	Kellogg	IA	00:32:05.47	01:21:47.29	00:41:52.81	11:52	02:35:45.57
3388	1369/1586	93/109	5854	Mark Hoffman	M	52	Lincoln	NE	00:35:09.43	01:22:15.06	00:38:25.06	11:53	02:35:49.55
3389	2020/2920	349/495	3230	Missi Boschult	F	38	Omaha	NE	00:34:04.09	01:19:58.05	00:41:53.86	11:53	02:35:56.01
3390	2021/2920	99/154	3394	Dorothy Endacott	F	52	Lincoln	NE	00:32:54.12	01:18:01.83	00:45:00.16	11:53	02:35:56.11
3391	2022/2920	365/515	578	Amanda Conratt	F	33	Lincoln	NE	00:32:56.15	01:22:48.85	00:40:12.89	11:53	02:35:57.90
3392	2023/2920	100/154	1484	Angela Penner	F	52	Lincoln	NE	00:33:00.18	01:22:49.73	00:40:08.09	11:53	02:35:58.01
3393	1370/1586	197/225	6484	Philip Kapalka	M	26	Omaha	NE	00:32:17.64	01:19:35.96	00:44:04.43	11:53	02:35:58.04
3394	1371/1586	238/270	5352	Chris Heins	M	31	Higginsville	MO	00:29:28.19	01:24:27.68	00:42:03.20	11:53	02:35:59.08
3395	1372/1586	198/225	5350	Benjy Heins	M	29	Lincoln	NE	00:29:28.42	01:24:26.83	00:42:04.59	11:54	02:35:59.84

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3396	2024/2920	365/503	2703	Sarah Kaldahl	F	25	Lincoln	NE	00:29:29.12	01:24:26.35	00:42:04.53	11:54	02:36:00.01
3397	2025/2920	366/515	606	Katie Macdonald	F	30	Lincoln	NE	00:35:11.09	01:21:26.46	00:39:23.32	11:54	02:36:00.88
3398	2026/2920	367/515	1372	Jessica Toye	F	33	Kansas City	MO	00:35:11.08	01:21:25.45	00:39:27.94	11:54	02:36:04.48
3399	2027/2920	368/515	908	Megan Thorman	F	30	Ravenna	NE	00:32:47.07	01:22:54.12	00:40:24.77	11:54	02:36:05.96
3400	1373/1586	159/183	6311	Jason J. Feldhaus	M	43	Lincoln	NE	00:33:38.25	01:20:07.49	00:42:24.44	11:54	02:36:10.18
3401	2028/2920	366/503	1154	Chelsey Thorpe	F	26	Lincoln	NE	00:35:30.54	01:19:19.05	00:41:22.99	11:54	02:36:12.58
3402	2029/2920	367/503	1842	Madeline Shomos	F	26	Lincoln	NE	00:35:33.05	01:24:42.05	00:35:59.35	11:55	02:36:14.45
3403	2030/2920	220/300	3334	Jennifer Schaaf	F	43	Broken Bow	NE	00:37:23.66	01:21:46.18	00:37:04.96	11:55	02:36:14.80
3404	1374/1586	31/46	2564	Mickey Muthersbaugh	M	60	Lincoln	NE	00:35:28.00	01:21:07.15	00:39:42.24	11:55	02:36:17.39
3405	2031/2920	369/515	4309	Amber Barker	F	33	Omaha	NE	00:33:43.48	01:23:19.79	00:39:18.11	11:55	02:36:21.38
3406	2032/2920	370/515	2745	Megan Gardner	F	31	Lincoln	NE	00:31:28.47	01:22:37.37	00:42:15.87	11:55	02:36:21.72
3407	1375/1586	123/145	2269	Clayton Leick	M	23	Fremont	NE	00:34:28.45	01:15:26.32	00:46:31.01	11:55	02:36:25.80
3408	2033/2920	368/503	6339	Sara Oleson	F	25	Lincoln	NE	00:31:14.21	01:21:00.04	00:44:12.07	11:56	02:36:26.32
3409	2034/2920	3/14	2892	Peggy Krasser	F	65	Beaver Crossing	NE	00:34:14.48	01:23:04.21	00:39:07.67	11:56	02:36:26.36
3410	2035/2920	281/405	332	Karlee Bourke	F	24	Seward	NE	00:34:36.48	01:22:43.22	00:39:10.80	11:56	02:36:30.51
3411	2036/2920	371/515	3341	Krista Hinman	F	30	Council Bluffs	IA	00:32:03.25	01:19:01.74	00:45:26.13	11:56	02:36:31.13
3412	2037/2920	369/503	4450	Shauna Lang	F	28	Plattsmouth	NE	00:32:03.37	01:19:01.95	00:45:25.92	11:56	02:36:31.25
3413	2038/2920	12/44	1400	Karen Knap	F	60	Lincoln	NE	00:34:21.28	01:22:39.18	00:39:33.37	11:56	02:36:33.83
3414	2039/2920	63/104	1756	Carol Jenkins	F	56	Lincoln	NE	00:33:17.11	01:23:48.61	00:39:28.42	11:56	02:36:34.15
3415	2040/2920	282/405	3274	Sarah Cox	F	22	Hayes Center	NE	00:32:16.80	01:19:44.22	00:44:33.79	11:56	02:36:34.82
3416	2041/2920	283/405	4741	Jessica Glass	F	22	Lincoln	NE	00:34:49.22	01:19:13.49	00:42:34.22	11:56	02:36:36.94
3417	2042/2920	372/515	1600	Katy Mason-Jones	F	33	Beaver Crossing	NE	00:33:14.15	01:23:15.58	00:40:07.87	11:56	02:36:37.60
3418	1376/1586	199/225	6516	Curtis Leick	M	26	Omaha	NE	00:36:03.73	01:16:54.34	00:43:41.29	11:57	02:36:39.37
3419	2043/2920	373/515	1755	Katie Paul	F	30	Lincoln	NE	00:32:40.24	01:20:24.93	00:43:34.71	11:57	02:36:39.89
3420	2044/2920	370/503	3989	Kathryn Dahlquist	F	29	Papillion	NE	00:41:25.84	01:20:35.85	00:34:38.71	11:57	02:36:40.41
3421	2045/2920	371/503	3553	Sarah Henry	F	29	Columbus	NE	00:34:08.49	01:21:58.09	00:40:37.20	11:57	02:36:43.78
3422	2046/2920	350/495	4594	April Van Diest	F	35	Columbus	NE	00:34:08.95	01:21:58.21	00:40:36.87	11:57	02:36:44.03
3423	1377/1586	205/226	5991	Chad Walton	M	37	St. Louis	MO	00:32:27.00	01:22:16.80	00:42:00.46	11:57	02:36:44.28
3424	2047/2920	351/495	1188	Elonie Sheen	F	37	Lincoln	NE	00:36:30.26	01:23:11.88	00:37:05.71	11:57	02:36:47.85
3425	2048/2920	372/503	3364	Kelsey Anzai	F	28	Omaha	NE	00:34:46.71	01:23:06.99	00:39:00.56	11:58	02:36:54.26
3426	2049/2920	284/405	2848	Alexandra Anzai	F	23	Omaha	NE	00:34:47.85	01:23:16.04	00:38:50.55	11:58	02:36:54.45
3427	2050/2920	352/495	1267	Maureen Christenson	F	38	Papillion	NE	00:30:30.46	01:20:25.51	00:46:01.61	11:58	02:36:57.60
3428	2051/2920	64/104	4225	Cheryl Miller	F	59	Lincoln	NE	00:34:58.57	01:23:15.67	00:38:43.61	11:58	02:36:57.86
3429	1378/1586	160/183	5038	Venkat Malireddi	M	40	Lincoln	NE	00:35:28.24	01:24:11.67	00:37:18.83	11:58	02:36:58.75
3430	2052/2920	65/104	2851	Patricia Barthelman	F	56	Lincoln	NE	00:32:23.01	01:19:10.09	00:45:26.25	11:58	02:36:59.36

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3431	2053/2920	101/154	391	Christine Vu	F	51	Omaha	NE	00:32:13.13	01:22:04.18	00:42:44.35	11:58	02:37:01.66
3432	2054/2920	373/503	4902	Lisa Sylvester	F	29	Omaha	NE	00:34:19.38	01:22:34.10	00:40:13.52	11:59	02:37:07.01
3433	2055/2920	102/154	4770	Lori Wagner	F	52	Grand Island	NE	00:36:45.81	01:22:30.89	00:37:50.51	11:59	02:37:07.21
3434	2056/2920	374/503	3512	Rachel Knoble	F	25	Beatrice	NE	00:31:18.78	01:23:00.06	00:42:49.41	11:59	02:37:08.25
3435	1379/1586	161/183	2210	Clint Evans	M	40	Lincoln	NE	00:35:53.63	01:24:59.43	00:36:15.22	11:59	02:37:08.28
3436	2057/2920	103/154	3715	Kathy Crable	F	53	Lincoln	NE	00:35:00.03	01:22:01.81	00:40:08.31	11:59	02:37:10.16
3437	1380/1586	32/46	2523	Joe Sweeney	M	64	Lincoln	NE	00:38:32.40	01:21:04.05	00:37:34.26	11:59	02:37:10.71
3438	1381/1586	206/226	2462	Tim Randall	M	37	Mitchell	SD	00:38:42.07	01:21:43.35	00:36:45.52	11:59	02:37:10.94
3439	2058/2920	285/405	6210	Micaela Walker	F	22	Omaha	NE			00:37:08.87	11:59	02:37:11.01
3440	2059/2920	151/238	1235	Holly Klein	F	48	Adams	NE	00:34:09.14	01:20:18.23	00:42:43.79	11:59	02:37:11.16
3441	2060/2920	353/495	1635	Jennifer Randall	F	36	Mitchell	SD	00:36:10.33	01:21:45.04	00:39:15.86	11:59	02:37:11.23
3442	2061/2920	375/503	3881	Rachel Harger	F	26	Elkhorn	NE	00:34:15.35	01:22:00.73	00:41:06.11	12:00	02:37:22.20
3443	2062/2920	376/503	4011	Lindsey Egger	F	26	Roca	NE	00:31:40.61	01:21:22.82	00:44:19.22	12:00	02:37:22.65
3444	2063/2920	374/515	4353	Keri Dillon	F	34	Omaha	NE	00:33:59.30	01:21:24.92	00:41:58.86	12:00	02:37:23.09
3445	1382/1586	200/225	5770	Kyle Desel	M	27	Lincoln	NE	00:32:45.65	01:20:10.93	00:44:29.72	12:00	02:37:26.31
3446	2064/2920	354/495	3909	Kelly Finley	F	37	Des Moines	IA	00:32:55.83	01:23:21.29	00:41:11.32	12:00	02:37:28.44
3447	2065/2920	355/495	2338	Sarah Baumert	F	35	Bennet	NE	00:34:07.69	01:22:16.30	00:41:06.61	12:00	02:37:30.61
3448	1383/1586	201/225	6213	Adam Richter	M	29	Kansas City	MO	00:36:36.65	01:23:41.48	00:37:13.16	12:00	02:37:31.30
3449	1384/1586	85/101	2453	Terry Stutzman	M	56	Lincoln	NE	00:32:50.93	01:24:25.90	00:40:14.73	12:00	02:37:31.57
3450	2066/2920	377/503	244	Natasha Holly	F	26	Lincoln	NE	00:32:50.93	01:24:25.90	00:40:14.86	12:01	02:37:31.70
3451	1385/1586	148/168	5613	Todd Mccain	M	46	Lincoln	NE	00:34:32.75	01:25:20.19	00:37:40.15	12:01	02:37:33.10
3452	2067/2920	375/515	2705	Nicki Guretzky	F	30	Lincoln	NE	00:36:45.63	01:21:36.82	00:39:10.93	12:01	02:37:33.38
3453	2068/2920	378/503	2837	Katie Richter	F	27	Fremont	NE	00:36:43.85	01:23:40.87	00:37:13.56	12:01	02:37:38.28
3454	2069/2920	66/104	312	Joanne Beiermann	F	55	Columbus	NE	00:34:50.54	01:22:06.15	00:40:41.83	12:01	02:37:38.53
3455	2070/2920	221/300	3839	Erin Vanboening	F	40	Orleans	NE	00:34:26.93	01:22:29.41	00:40:43.96	12:01	02:37:40.30
3456	2071/2920	286/405	5299	Lauren Johnson	F	23	Omaha	NE	00:32:23.75	01:24:26.43	00:40:52.42	12:01	02:37:42.61
3457	2072/2920	376/515	4561	Lacy Fritz	F	33	Murdock	NE	00:33:51.16	01:23:15.21	00:40:44.61	12:02	02:37:50.99
3458	2073/2920	377/515	229	Trisha Steele	F	30	Cameron	MO	00:35:53.29	01:25:01.09	00:36:56.81	12:02	02:37:51.20
3459	2074/2920	287/405	3631	Lauren Mangiameli	F	21	Omaha	NE	00:38:01.55	01:24:25.79	00:35:23.87	12:02	02:37:51.21
3460	2075/2920	222/300	3092	Kathy Kirschner	F	43	Omaha	NE	00:34:44.36	01:18:45.36	00:44:22.75	12:02	02:37:52.48
3461	1386/1586	202/225	5688	Levi Brown	M	25	Lincoln	NE	00:33:41.23	01:23:28.44	00:40:42.92	12:02	02:37:52.59
3462	2076/2920	356/495	3473	Tricia Jensen	F	37	Papillion	NE	00:36:13.73	01:23:08.03	00:38:33.28	12:02	02:37:55.05
3463	2077/2920	357/495	4578	Karissa Thacker	F	35	Papillion	NE	00:36:13.58	01:23:08.64	00:38:33.18	12:02	02:37:55.40
3464	2078/2920	378/515	3886	Betsy Kozisek	F	34	Crete	NE	00:31:30.22	01:21:58.54	00:44:28.00	12:02	02:37:56.76
3465	2079/2920	358/495	513	Julie Schiltz	F	35	Lincoln	NE	00:34:02.65	01:21:08.76	00:42:45.56	12:02	02:37:56.98

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3466	2080/2920	104/154	1595	Julie Boydston	F	50	Hastings	NE	00:35:04.89	01:23:40.10	00:39:12.97	12:03	02:37:57.97
3467	2081/2920	105/154	1616	Lee Heflebower	F	51	Lincoln	NE	00:35:48.92	01:23:13.47	00:38:55.77	12:03	02:37:58.17
3468	2082/2920	359/495	1356	Robin Brester	F	38	Lincoln	NE	00:35:37.25	01:21:11.19	00:41:10.22	12:03	02:37:58.66
3469	2083/2920	379/503	585	Sarah Dunham	F	28	Crete	NE	00:32:57.27	01:23:11.12	00:41:50.81	12:03	02:37:59.21
3470	1387/1586	203/225	2148	Jon Wulf	M	27	Lincoln	NE	00:34:16.15	01:23:39.22	00:40:04.13	12:03	02:37:59.51
3471	2084/2920	288/405	2716	Summer Smeester	F	24	Lincoln	NE	00:39:33.19	01:17:19.86	00:41:07.24	12:03	02:38:00.29
3472	2085/2920	152/238	3670	Belinda Schroder	F	46	Taylor	NE	00:34:09.46	01:23:24.18	00:40:30.31	12:03	02:38:03.95
3473	1388/1586	149/168	5921	Eric Stec	M	46	Omaha	NE	00:35:35.67	01:21:45.50	00:40:48.92	12:03	02:38:10.09
3474	2086/2920	223/300	4472	Amy Gillming	F	40	Elm Creek	NE	00:36:52.59	01:21:36.22	00:39:41.95	12:03	02:38:10.77
3475	2087/2920	379/515	3568	Cassandra Goff	F	30	Salem	NE	00:33:48.38	01:21:37.90	00:42:46.20	12:04	02:38:12.49
3476	2088/2920	380/503	4321	Molly Nicola	F	28	North Bend	NE	00:34:14.54	01:22:57.81	00:41:01.03	12:04	02:38:13.38
3477	2089/2920	381/503	4331	Kristin Reeder	F	27	Lincoln	NE	00:32:47.32	01:23:31.21	00:41:56.08	12:04	02:38:14.62
3478	2090/2920	67/104	6351	Rondalyn Reynolds	F	55	Tulsa	OK	00:34:39.36	01:20:15.20	00:43:22.61	12:04	02:38:17.18
3479	2091/2920	13/44	3216	Billie Muehlenkamp	F	61	Wauneta	NE	00:36:09.97	01:22:49.50	00:39:18.22	12:04	02:38:17.69
3480	1389/1586	33/46	2100	Rick Mccarthy	M	61	Lincoln	NE	00:36:54.74	01:25:38.44	00:35:48.41	12:04	02:38:21.59
3481	1390/1586	124/145	5949	Aaron Hlavaty	M	24	Lincoln	NE	00:31:50.72	01:24:29.15	00:42:02.46	12:04	02:38:22.33
3482	1391/1586	204/225	1884	Dillon Petschke	M	25	Malcolm	NE	00:32:44.14	01:25:45.80	00:39:57.15	12:05	02:38:27.09
3483	2092/2920	289/405	6428	Emily Slama	F	21	Lincoln	NE	00:32:44.44	01:25:45.81	00:39:57.23	12:05	02:38:27.49
3484	2093/2920	382/503	1191	Robin Greiner	F	28	Bellevue	NE	00:36:27.45	01:22:31.26	00:39:29.64	12:05	02:38:28.36
3485	2094/2920	68/104	4278	Diane Persson	F	56	Oakland	NE	00:36:34.28	01:24:10.18	00:37:44.40	12:05	02:38:28.86
3486	1392/1586	34/46	6572	David Maahs	M	60	Half Moon Bay	CA	00:34:35.08	01:19:23.72	00:44:32.04	12:05	02:38:30.84
3487	2095/2920	360/495	3628	Jill Hester	F	38	Hastings	NE	00:29:58.53	01:20:38.47	00:47:55.18	12:05	02:38:32.19
3488	1393/1586	162/183	5635	Daniel Kroll	M	40	Lincoln	NE	00:35:07.17	01:21:14.25	00:42:11.34	12:05	02:38:32.77
3489	2096/2920	380/515	4494	Ella Durham	F	31	Lincoln	NE	00:35:07.20	01:22:02.35	00:41:23.36	12:05	02:38:32.92
3490	1394/1586	125/145	5130	Jacob Jendo	M	21	Chicago	IL	00:28:21.66	01:22:18.72	00:47:57.56	12:06	02:38:37.95
3491	2097/2920	224/300	4254	Beth Nemec	F	44	Lincoln	NE	00:34:09.84	01:22:26.59	00:42:02.48	12:06	02:38:38.92
3492	2098/2920	106/154	3606	Michelle Batten	F	50	Lincoln	NE	00:34:10.30	01:22:26.34	00:42:02.60	12:06	02:38:39.25
3493	2099/2920	383/503	1205	Blake Gutz	F	27	Osmond	NE	00:35:06.72	01:23:27.65	00:40:06.17	12:06	02:38:40.55
3494	2100/2920	381/515	1021	Katherine Johnson	F	30	Omaha	NE	00:35:53.55	01:25:17.67	00:37:31.43	12:06	02:38:42.66
3495	2101/2920	382/515	4700	Ashley Truckenbrod	F	32	Omaha	NE	00:32:45.53	01:23:11.53	00:42:46.87	12:06	02:38:43.94
3496	2102/2920	290/405	4236	Kara Bruns	F	20	Springview	NE	00:33:11.46	01:23:50.62	00:41:42.76	12:06	02:38:44.84
3497	2103/2920	291/405	4698	Victoria Davis	F	20	Bassett	NE	00:33:11.15	01:23:50.00	00:41:44.67	12:06	02:38:45.83
3498	1395/1586	163/183	5140	Jeremy Nichols	M	41	Omaha	NE	00:33:36.03	01:19:20.92	00:45:49.45	12:06	02:38:46.41
3499	2104/2920	361/495	3955	Autumn Rowe	F	35	Omaha	NE	00:33:36.82	01:19:20.80	00:45:48.97	12:06	02:38:46.60
3500	2105/2920	362/495	4444	Heather Kaiser	F	38	Bellevue	NE	00:33:36.83	01:19:21.00	00:45:48.77	12:06	02:38:46.60

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3501	1396/1586	164/183	6065	Shane Wilkinson	M	43	Culbertson	NE	00:33:41.20	01:23:47.56	00:41:20.18	12:06	02:38:48.94
3502	2106/2920	107/154	516	Staci Vanwesten	F	50	Tobias	NE	00:36:06.50	01:23:09.46	00:39:33.46	12:06	02:38:49.42
3503	2107/2920	383/515	941	Erin Dickey	F	33	Stromsburg	NE	00:34:28.11	01:26:20.56	00:38:02.94	12:07	02:38:51.62
3504	2108/2920	384/503	4566	Jessie White	F	28	Lincoln	NE	00:33:28.82	01:23:33.80	00:41:49.70	12:07	02:38:52.32
3505	1397/1586	35/46	6489	Doug Kreifels	M	61	Nebraska City	NE	00:32:30.49	01:23:08.21	00:43:16.97	12:07	02:38:55.67
3506	2109/2920	292/405	3113	Megan O'leary	F	23	Chadron	NE	00:32:40.37	01:21:49.95	00:44:25.81	12:07	02:38:56.14
3507	2110/2920	293/405	3898	Krista Couton	F	24	Lincoln	NE	00:30:58.42	01:23:29.18	00:44:29.38	12:07	02:38:56.99
3508	2111/2920	363/495	1494	Kimmy Renshaw	F	39	Omaha	NE	00:35:37.83	01:22:58.10	00:40:21.46	12:07	02:38:57.40
3509	2112/2920	385/503	162	Torre Ortiz-Garcia	F	26	Lincoln	NE	00:33:18.70	01:21:23.49	00:44:17.60	12:07	02:38:59.80
3510	2113/2920	364/495	4570	Jenny Baxter	F	38	Papillion	NE	00:36:39.24	01:23:20.45	00:39:01.81	12:07	02:39:01.51
3511	2114/2920	294/405	2833	Morgan Holmen	F	23	Lincoln	NE	00:37:20.28	01:23:34.01	00:38:07.34	12:07	02:39:01.64
3512	2115/2920	365/495	288	Kay Dye	F	38	Broomfield	CO	00:37:11.46	01:23:33.24	00:38:27.28	12:08	02:39:11.99
3513	1398/1586	239/270	5805	Nick Goering	M	31	Hickman	NE	00:33:58.18	01:21:44.81	00:43:33.40	12:08	02:39:16.39
3514	2116/2920	386/503	3724	Kari Goering	F	28	Hickman	NE	00:33:58.72	01:21:44.71	00:43:33.39	12:09	02:39:16.82
3515	2117/2920	295/405	4056	Meghan Lawver	F	24	Friend	NE	00:31:51.72	01:21:40.57	00:45:53.01	12:09	02:39:25.31
3516	2118/2920	384/515	1071	Natalie Fullerton	F	31	Great Bend	KS	00:32:29.51	01:26:49.73	00:40:07.57	12:09	02:39:26.82
3517	2119/2920	225/300	3662	Veronica Barnhart	F	40	Cedar Bluffs	NE	00:35:03.59	01:23:56.46	00:40:27.12	12:09	02:39:27.18
3518	2120/2920	366/495	1487	Monica Patin	F	39	Ogallala	NE	00:32:50.76	01:24:19.48	00:42:18.24	12:09	02:39:28.48
3519	2121/2920	14/44	4643	Paula Gooder	F	62	Seward	NE	00:37:40.40	01:23:07.66	00:38:41.23	12:09	02:39:29.30
3520	2122/2920	153/238	2853	Karen Dorn	F	47	Lincoln	NE	00:31:56.05	01:24:01.45	00:43:31.87	12:09	02:39:29.38
3521	2123/2920	387/503	2900	Victoria Clark	F	29	Lincoln	NE	00:36:16.74	01:25:10.46	00:38:03.10	12:10	02:39:30.30
3522	2124/2920	388/503	4526	Caitlin Wolfe	F	29	Lincoln	NE	00:34:07.08	01:23:30.59	00:41:54.86	12:10	02:39:32.54
3523	2125/2920	367/495	806	Erin Watson	F	35	Lincoln	NE	00:36:32.03	01:24:09.84	00:38:51.45	12:10	02:39:33.33
3524	2126/2920	154/238	6301	Rhonda Meyer	F	47	Sabetha	KS	00:34:54.34	01:22:10.00	00:42:33.11	12:10	02:39:37.46
3525	2127/2920	368/495	1077	Amy Forsythe	F	37	Council Bluffs	IA	00:35:00.92	01:23:15.60	00:41:22.23	12:10	02:39:38.76
3526	2128/2920	369/495	1598	Jessica Berens	F	36	Omaha	NE	00:33:46.17	01:24:20.19	00:41:33.50	12:10	02:39:39.87
3527	2129/2920	100/119	3135	Erin Brown	F	19	Downs	KS	00:28:46.87	01:22:39.73	00:48:16.48	12:11	02:39:43.08
3528	2130/2920	226/300	2711	Jennifer Elliott	F	42	Lincoln	NE	00:37:06.98	01:23:09.32	00:39:27.86	12:11	02:39:44.17
3529	2131/2920	227/300	3228	Audrey Page	F	42	Greenfield	IN	00:37:07.04	01:23:09.46	00:39:27.87	12:11	02:39:44.38
3530	2132/2920	389/503	635	Amber Torczon	F	27	Columbus	NE	00:34:15.18	01:23:04.26	00:42:25.11	12:11	02:39:44.56
3531	2133/2920	390/503	1931	Alicia Crouse	F	25	Hastings	NE	00:35:01.12	01:26:10.65	00:38:36.86	12:11	02:39:48.64
3532	2134/2920	391/503	525	Stacy Persson	F	27	Hastings	NE	00:35:01.21	01:26:10.43	00:38:38.33	12:11	02:39:49.98
3533	2135/2920	296/405	1357	Kayla Cody	F	22	Lincoln	NE	00:34:57.87	01:18:44.88	00:46:09.88	12:11	02:39:52.63
3534	2136/2920	297/405	3755	Ashlee Lennemann	F	20	Garland	NE	00:34:59.08	01:18:44.22	00:46:09.37	12:11	02:39:52.69
3535	2137/2920	385/515	3640	Katrina Fox	F	34	Oxford	NE	00:32:00.69	01:25:15.64	00:42:37.56	12:11	02:39:53.90

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3536	2138/2920	386/515	831	Stefanie Dick	F	33	Lincoln	NE	00:33:20.26	01:22:11.44	00:44:24.68	12:12	02:39:56.38
3537	2139/2920	370/495	5323	Michelle Keller	F	38	Omaha	NE	00:35:33.99	01:22:16.78	00:42:10.50	12:12	02:40:01.28
3538	2140/2920	15/44	4448	Sharon Wenger	F	64	Topeka	KS	00:34:06.16	01:23:18.53	00:42:42.46	12:12	02:40:07.16
3539	2141/2920	387/515	1201	Cassie Stout	F	31	Lincoln	NE	00:35:14.03	01:23:37.44	00:41:16.02	12:12	02:40:07.49
3540	2142/2920	371/495	793	Meredith Moore	F	38	Lincoln	NE	00:35:03.52	01:24:46.00	00:40:19.10	12:12	02:40:08.63
3541	1399/1586	62/64	5831	Kalle Haines	M	19	Omaha	NE	00:34:01.78	01:25:23.45	00:40:45.54	12:13	02:40:10.78
3542	2143/2920	155/238	4378	Cindy Kosch	F	46	Columbus	NE	00:35:20.80	01:28:10.99	00:36:41.61	12:13	02:40:13.40
3543	1400/1586	150/168	5870	Matt Mundorf	M	47	Lincoln	NE	00:35:27.45	01:24:59.46	00:39:50.15	12:13	02:40:17.07
3544	2144/2920	388/515	4548	Katie Pawlowski	F	33	Beaver Crossing	NE	00:34:46.48	01:24:12.89	00:41:18.86	12:13	02:40:18.23
3545	2145/2920	392/503	4052	Amy Brooks	F	26	Omaha	NE	00:32:52.81	01:24:33.48	00:42:52.90	12:13	02:40:19.20
3546	2146/2920	389/515	2825	Christina Nix	F	33	Excelsior	MN	00:34:47.04			12:13	02:40:20.00
3547	1401/1586	205/225	1821	Chase Craddock	M	25	Lincoln	NE	00:30:49.83	01:22:47.52	00:46:42.88	12:13	02:40:20.24
3548	2147/2920	156/238	3897	Tammy Newcomer	F	47	Lincoln	NE	00:38:41.25	01:23:28.28	00:38:11.07	12:13	02:40:20.61
3549	2148/2920	157/238	3060	Milissa Beltran	F	45	Lincoln	NE	00:38:41.54	01:23:28.24	00:38:10.85	12:13	02:40:20.64
3550	2149/2920	101/119	3825	Allison Heineman	F	19	Fremont	NE	00:31:41.26	01:24:34.02	00:44:06.36	12:13	02:40:21.65
3551	2150/2920	372/495	4648	Anne Zumbrunnen	F	36	Papillion	NE	00:36:38.99	01:23:20.49	00:40:23.84	12:14	02:40:23.33
3552	2151/2920	298/405	3692	Audree Pool	F	21	Lincoln	NE	00:35:26.39	01:24:10.21	00:40:46.97	12:14	02:40:23.58
3553	1402/1586	86/101	6200	Bart Moore	M	55	Lincoln	NE	00:36:05.33	01:23:00.75	00:41:23.92	12:14	02:40:30.01
3554	1403/1586	240/270	5929	Levi Rowe	M	31	Kearney	NE	00:34:25.49	01:21:56.95	00:44:07.72	12:14	02:40:30.16
3555	1404/1586	126/145	2449	Josh Morrison	M	23	Lincoln	NE	00:34:10.67	01:19:25.61	00:47:02.19	12:15	02:40:38.48
3556	2152/2920	373/495	6316	Margy Mccabe	F	36	Pompton Lakes	NJ	00:35:58.30	01:23:30.24	00:41:11.79	12:15	02:40:40.34
3557	2153/2920	158/238	633	Sharon Roach	F	48	Mckees Rocks	PA	00:35:57.83	01:23:29.39	00:41:13.55	12:15	02:40:40.77
3558	2154/2920	159/238	4176	Denise Patocka	F	48	Mead	NE	00:36:22.71	01:23:15.03	00:41:03.16	12:15	02:40:40.90
3559	2155/2920	374/495	539	Rhonda Carr	F	37	Lincoln	NE	00:35:17.95	01:24:10.31	00:41:14.68	12:15	02:40:42.94
3560	2156/2920	375/495	1332	Christina Lemburg	F	37	Central City	NE	00:30:57.04	01:26:13.28	00:43:33.34	12:15	02:40:43.66
3561	1405/1586	241/270	5002	John Demitroff	M	32	Lincoln	NE	00:31:41.99	01:25:11.27	00:43:50.97	12:15	02:40:44.23
3562	2157/2920	299/405	1354	Macey Moore	F	24	Friend	NE	00:37:37.08	01:24:59.43	00:38:09.00	12:15	02:40:45.51
3563	2158/2920	393/503	245	Logan Helge	F	25	Pleasant Dale	NE	00:37:36.39	01:24:59.92	00:38:09.20	12:15	02:40:45.52
3564	2159/2920	394/503	595	Megan Juracek	F	29	Phoenix	AZ	00:31:51.13	01:25:04.02	00:43:52.48	12:15	02:40:47.63
3565	1406/1586	206/225	2565	Derek Niewohner	M	27	Valparaiso	NE	00:35:29.01	01:20:59.62	00:44:24.30	12:16	02:40:52.94
3566	2160/2920	395/503	309	Maggie Stollberg	F	27	Valparaiso	NE	00:35:29.01	01:20:59.82	00:44:24.31	12:16	02:40:53.15
3567	2161/2920	396/503	3851	Haley Morrow	F	26	Lincoln	NE	00:33:23.44	01:27:51.30	00:39:38.84	12:16	02:40:53.59
3568	1407/1586	207/225	6185	Mike Johnston	M	27	Lincoln	NE	00:32:16.60	01:19:38.79	00:48:58.45	12:16	02:40:53.86
3569	1408/1586	151/168	2003	Vino Rodriguez	M	48	Lincoln	NE	00:39:11.43	01:26:10.85	00:35:32.76	12:16	02:40:55.04
3570	2162/2920	300/405	171	Lauren Engel	F	23	Omaha	NE	00:32:19.81	01:25:17.35	00:43:18.04	12:16	02:40:55.21

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3571	2163/2920	301/405	1870	Jaycee Housh	F	23	Omaha	NE	00:32:20.29	01:25:16.97	00:43:17.98	12:16	02:40:55.25
3572	2164/2920	390/515	1558	Mary Holt	F	30	Lincoln	NE	00:33:42.27	01:24:23.17	00:42:51.75	12:16	02:40:57.20
3573	2165/2920	376/495	3244	Kelley Buchheister	F	39	Lincoln	NE	00:34:41.18	01:23:11.25	00:43:04.79	12:16	02:40:57.22
3574	1409/1586	127/145	1962	Joe Foley	M	22	Watertown	NE	00:33:41.47	01:24:23.97	00:42:51.96	12:16	02:40:57.41
3575	1410/1586	152/168	5829	Stuart Stofferahn	M	48	Lincoln	NE	00:34:50.19	01:24:36.48	00:41:32.14	12:16	02:40:58.81
3576	2166/2920	102/119	3519	Madison Schossow	F	19	Lincoln	NE	00:34:03.03	01:25:27.12	00:41:29.42	12:16	02:40:59.58
3577	2167/2920	302/405	3064	Kelly Betts	F	23	Lincoln	NE	00:34:26.12	01:25:22.08	00:41:14.36	12:17	02:41:02.58
3578	2168/2920	391/515	4131	Brenda Folkerts	F	34	Lincoln	NE	00:34:38.03	01:22:48.82	00:43:37.60	12:17	02:41:04.46
3579	2169/2920	377/495	4171	Crystal Kaster	F	38	Lincoln	NE	00:34:38.26	01:22:48.72	00:43:37.63	12:17	02:41:04.61
3580	2170/2920	160/238	1097	Kirsten Leu	F	47	Elkhorn	NE	00:33:40.55	01:21:42.55	00:45:42.44	12:17	02:41:05.54
3581	2171/2920	378/495	3872	Rachel Guthmiller	F	36	Papillion	NE	00:32:36.47	01:21:11.54	00:47:22.12	12:17	02:41:10.14
3582	1411/1586	207/226	5059	Randy Guthmiller	M	35	Papillion	NE	00:32:36.96	01:21:10.64	00:47:22.61	12:17	02:41:10.22
3583	2172/2920	16/44	1900	Diane Kelly	F	61	Naponee	NE	00:34:54.34	01:25:00.51	00:41:15.44	12:17	02:41:10.30
3584	2173/2920	379/495	3586	Wendi Hinck	F	37	Eskridge	KS	00:34:01.69	01:21:41.59	00:45:30.01	12:17	02:41:13.30
3585	2174/2920	392/515	598	Carolina Nikolic	F	34	Lincoln	NE	00:37:31.80	01:25:21.89	00:38:19.85	12:17	02:41:13.55
3586	2175/2920	393/515	4258	Jocelyn Crabtree	F	32	Lincoln	NE	00:32:57.58	01:24:54.16	00:43:23.82	12:18	02:41:15.56
3587	1412/1586	63/64	5387	Nolan Whitney	M	15	Seward	NE	00:27:38.32	01:33:07.43	00:40:32.04	12:18	02:41:17.79
3588	1413/1586	165/183	5597	Justin Carlson	M	40	Wichita	KS	00:34:27.55	01:25:42.72	00:41:08.16	12:18	02:41:18.44
3589	2176/2920	228/300	3121	Chris Carlson	F	41	Wichita	KS	00:34:28.83	01:25:42.67	00:41:08.08	12:18	02:41:19.59
3590	2177/2920	380/495	235	Sarah Bonesteel	F	35	Lincoln	NE	00:34:34.28	01:25:48.70	00:40:58.09	12:18	02:41:21.08
3591	2178/2920	394/515	6510	Lee Turkovich	F	30	Omaha	NE	00:36:52.63	01:29:02.60	00:35:26.51	12:18	02:41:21.75
3592	2179/2920	397/503	1224	Stephanie Ayars	F	28	Omaha	NE	00:34:49.54	01:21:09.88	00:45:22.52	12:18	02:41:21.94
3593	1414/1586	153/168	5310	Dan King	M	47	Lincoln	NE	00:36:17.39	01:28:06.61	00:36:58.01	12:18	02:41:22.02
3594	2180/2920	303/405	3624	Patricia Moore	F	24	Lincoln	NE	00:34:11.32	01:29:24.37	00:37:46.36	12:18	02:41:22.06
3595	2181/2920	304/405	3460	Kalee Boden	F	24	Murdock	NE	00:34:11.30	01:29:23.90	00:37:47.53	12:18	02:41:22.74
3596	1415/1586	208/226	5469	Adam Maska	M	36	Yankton	SD	00:38:34.42	01:23:53.22	00:38:58.75	12:18	02:41:26.40
3597	1416/1586	166/183	2377	Jason Koch	M	42	Lincoln	NE	00:32:54.06	01:25:27.53	00:43:05.36	12:18	02:41:26.96
3598	2182/2920	381/495	4358	Marcie Reed	F	35	Pleasant Dale	NE	00:32:25.56	01:23:08.69	00:45:53.35	12:19	02:41:27.60
3599	2183/2920	395/515	4341	Heidi Helice Heusman	F	33	Baltimore	MD	00:32:26.33	01:23:08.23	00:45:53.26	12:19	02:41:27.82
3600	2184/2920	396/515	4615	Brynn Husk	F	32	Wahoo	NE	00:36:14.75	01:25:58.01	00:39:15.41	12:19	02:41:28.18
3601	2185/2920	397/515	1472	Lisa Crawford	F	30	Lincoln	NE	00:35:53.70	01:25:03.22	00:40:35.15	12:19	02:41:32.08
3602	2186/2920	229/300	3235	Mindy Spiehs	F	42	Aurora	NE	00:32:12.15	01:31:33.24	00:37:47.86	12:19	02:41:33.26
3603	2187/2920	382/495	1669	Amanda Madsen	F	36	Saint Michael	MN	00:30:51.19	01:24:25.43	00:46:17.13	12:19	02:41:33.76
3604	2188/2920	17/44	1215	Marla Nissen	F	61	Lincoln	NE	00:36:12.76	01:24:39.87	00:40:41.67	12:19	02:41:34.30
3605	2189/2920	230/300	4379	Karen Guard	F	40	Carlisle	IA	00:34:06.07	01:24:32.28	00:42:58.35	12:19	02:41:36.71

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3606	2190/2920	69/104	3223	Lisa Couillard	F	56	Omaha	NE	00:35:00.22	01:24:20.75	00:42:18.62	12:19	02:41:39.59
3607	2191/2920	398/503	4160	Hailee Schmit	F	25	Bellevue	NE	00:35:12.78	01:28:16.24	00:38:11.40	12:19	02:41:40.42
3608	2192/2920	231/300	1394	Janna Mashek	F	41	Gibbon	NE	00:44:14.67	01:22:54.26	00:34:32.07	12:20	02:41:41.01
3609	1417/1586	128/145	2365	Ryan Stungis	M	20	Omaha	NE	00:34:49.99	01:20:44.76	00:46:10.57	12:20	02:41:45.33
3610	2193/2920	161/238	4203	Booper Crouch	F	45	Lincoln	NE	00:36:56.76	01:23:06.68	00:41:42.11	12:20	02:41:45.55
3611	2194/2920	398/515	731	Andrea Guzzo	F	33	Omaha	NE	00:38:46.10	01:24:39.43	00:38:22.22	12:20	02:41:47.76
3612	2195/2920	399/515	2746	Jen Rowe	F	30	Kearney	NE	00:34:28.44	01:24:31.41	00:42:55.18	12:21	02:41:55.03
3613	2196/2920	399/503	3991	Shelby Kenney	F	26	Omaha	NE	00:35:22.99	01:24:43.00	00:41:52.24	12:21	02:41:58.24
3614	1418/1586	242/270	6053	Michael Marx	M	33	Bellevue	NE	00:28:48.15	01:27:09.36	00:46:00.95	12:21	02:41:58.47
3615	1419/1586	243/270	5607	David Kenney	M	30	Omaha	NE	00:35:23.00	01:24:42.19	00:41:53.29	12:21	02:41:58.48
3616	2197/2920	70/104	6440	Kim Weber	F	56	West Des Moines	IA	00:34:10.80	01:26:31.35	00:41:18.71	12:21	02:42:00.87
3617	1420/1586	154/168	6028	Chet Mcgrury	M	46	Beatrice	NE	00:35:08.74	01:23:40.95	00:43:11.61	12:21	02:42:01.31
3618	1421/1586	167/183	2494	Brad Wendel	M	43	Omaha	NE	00:35:23.89	01:24:44.27	00:41:56.22	12:21	02:42:04.39
3619	2198/2920	232/300	1627	Mindi Wendel	F	43	Omaha	NE	00:35:24.15	01:24:44.11	00:41:56.38	12:21	02:42:04.65
3620	2199/2920	305/405	6577	Katie Hart	F	23	Lavista	NE	00:34:36.44	01:26:52.46	00:40:36.83	12:21	02:42:05.74
3621	2200/2920	400/503	3086	Rebecca Connealy	F	25	Whitman	NE	00:33:52.24	01:24:54.37	00:43:19.26	12:21	02:42:05.88
3622	1422/1586	129/145	5592	Colton Claussen	M	23	Bennington	NE	00:33:38.16	01:22:59.45	00:45:32.90	12:22	02:42:10.52
3623	1423/1586	155/168	5947	Kent Blum	M	45	Nebraksa City	NE	00:33:46.97	01:21:26.06	00:47:01.83	12:22	02:42:14.86
3624	2201/2920	401/503	3158	Brittany Trobough	F	27	Kearney	NE	00:37:25.13	01:30:41.02	00:34:09.44	12:22	02:42:15.59
3625	1424/1586	87/101	6137	Jon Link	M	57	Alexandria	VA	00:33:36.96	01:27:12.11	00:41:37.51	12:23	02:42:26.58
3626	2202/2920	400/515	940	Julie Buzicky	F	32	Richfield	MN	00:36:00.07	01:25:03.54	00:41:23.42	12:23	02:42:27.03
3627	2203/2920	18/44	3469	Theresa Buzicky	F	60	Richfield	MN	00:35:59.98	01:25:04.44	00:41:22.60	12:23	02:42:27.03
3628	1425/1586	208/225	5398	Brandon Fellers	M	29	Lincoln	NE	00:33:33.16	01:26:00.93	00:42:53.36	12:23	02:42:27.46
3629	2204/2920	233/300	3922	Amiee Franco	F	40	Omaha	NE	00:36:36.80	01:26:05.47	00:39:48.88	12:23	02:42:31.16
3630	2205/2920	162/238	1495	Leah Fischer	F	48	Scribner	NE	00:35:20.17	01:23:10.21	00:44:02.18	12:23	02:42:32.57
3631	2206/2920	306/405	3559	Kelsey Boesiger	F	24	Lincoln	NE	00:32:59.65	01:25:07.73	00:44:25.88	12:24	02:42:33.27
3632	1426/1586	130/145	4946	Hunter Boe	M	23	Lincoln	NE	00:32:59.59	01:25:07.98	00:44:25.75	12:24	02:42:33.33
3633	2207/2920	383/495	6386	Renee Kettelhut	F	38	Beatrice	NE	00:33:53.97	01:24:53.73	00:43:51.01	12:24	02:42:38.71
3634	2208/2920	163/238	3852	Diane Kuhlman	F	48	Seneca	KS	00:33:12.36	01:23:41.98	00:45:44.51	12:24	02:42:38.86
3635	2209/2920	401/515	771	Angela Washington	F	30	Lincoln	NE	00:36:36.03	01:24:07.21	00:41:56.86	12:24	02:42:40.12
3636	2210/2920	384/495	2778	Leta Vander Veen	F	39	Parchment	MI	00:36:43.35	01:24:20.92	00:41:42.23	12:25	02:42:46.50
3637	2211/2920	307/405	4246	Kate Cole	F	24	Lincoln	NE	00:36:23.69	01:26:31.77	00:39:52.44	12:25	02:42:47.91
3638	2212/2920	308/405	1061	Jessica Runyan	F	23	Omaha	NE	00:33:50.83	01:25:20.44	00:43:38.37	12:25	02:42:49.65
3639	2213/2920	71/104	4179	Dianne Wallace	F	56	Omaha	NE	00:34:05.06	01:26:08.48	00:42:36.50	12:25	02:42:50.04
3640	2214/2920	108/154	1069	Robyn Runyan	F	51	Omaha	NE	00:33:50.83	01:25:20.61	00:43:38.68	12:25	02:42:50.13



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3641	2215/2920	385/495	3873	Jenni Haan	F	39	Papillion	NE	00:36:11.76	01:25:43.48	00:40:55.55	12:25	02:42:50.79
3642	2216/2920	103/119	4875	Natalie Van Gerpen	F	19	Omaha	NE	00:34:45.69	01:26:20.48	00:41:46.23	12:25	02:42:52.41
3643	2217/2920	109/154	4130	Karen Layton	F	52	Lincoln	NE	00:34:22.52	01:25:47.99	00:42:44.23	12:25	02:42:54.75
3644	2218/2920	402/515	6346	Mary Jones	F	34	Papillion	NE	00:37:02.57	01:24:14.16	00:41:39.49	12:25	02:42:56.23
3645	2219/2920	309/405	872	Haley Newburn	F	20	Seward	NE	00:35:09.33	01:25:52.88	00:41:57.12	12:26	02:42:59.33
3646	2220/2920	164/238	3625	Peggy Cline	F	46	Lincoln	NE	00:34:50.73	01:25:57.19	00:42:15.72	12:26	02:43:03.65
3647	2221/2920	310/405	3966	Leesa Gierhan	F	20	Lincoln	NE	00:32:14.43	01:27:05.90	00:43:45.46	12:26	02:43:05.79
3648	2222/2920	234/300	748	Jennifer Marshall	F	43	Wichita	KS	00:35:43.79	01:25:40.37	00:41:41.86	12:26	02:43:06.03
3649	2223/2920	402/503	4496	Michelle Wedebrand	F	27	Bellevue	NE	00:37:39.32	01:25:48.74	00:39:42.36	12:26	02:43:10.43
3650	1427/1586	3/5	2461	Mark Fuerniss	M	70	Lincoln	NE	00:33:57.91	01:21:44.38	00:47:33.88	12:27	02:43:16.18
3651	2224/2920	235/300	4818	Deanna Tysdal	F	40	Omaha	NE	00:37:46.61	01:25:56.61	00:39:35.35	12:27	02:43:18.58
3652	1428/1586	94/109	5857	C Todd Cook	M	52	Omaha	NE	00:34:20.40	01:27:44.48	00:41:14.11	12:27	02:43:18.99
3653	2225/2920	311/405	1313	Angie Cook	F	21	Omaha	NE	00:34:21.60	01:27:44.27	00:41:13.73	12:27	02:43:19.60
3654	2226/2920	386/495	1442	Leigh Rich	F	35	Hastings	NE	00:36:03.82	01:22:02.01	00:45:13.98	12:27	02:43:19.82
3655	2227/2920	236/300	3896	Lori Behnke	F	43	Shawnee	KS	00:35:06.31	01:25:44.65	00:42:33.32	12:27	02:43:24.28
3656	2228/2920	72/104	1355	Suzanne Dunkleman	F	55	Bellevue	NE	00:36:55.17	01:26:43.19	00:39:47.38	12:28	02:43:25.75
3657	2229/2920	237/300	1539	Melissa Reinsch	F	41	Lincoln	NE	00:34:53.46	01:28:26.01	00:40:06.36	12:28	02:43:25.84
3658	1429/1586	36/46	6046	Thomas Pohl	M	60	Bruno	NE	00:37:31.54	01:24:07.87	00:41:46.81	12:28	02:43:26.22
3659	2230/2920	312/405	977	Sara Brock	F	24	Lincoln	NE	00:36:20.15	01:25:19.37	00:41:46.75	12:28	02:43:26.28
3660	2231/2920	313/405	2953	Anna Chott	F	24	Manchester	MO	00:36:20.77	01:25:20.21	00:41:45.77	12:28	02:43:26.75
3661	2232/2920	403/515	4724	Dani Barbosa	F	34	Lincoln	NE	00:36:17.81	01:21:03.76	00:46:09.60	12:28	02:43:31.18
3662	2233/2920	387/495	3626	Christina Liekhus	F	36	North Bend	NE	00:36:05.10	01:26:22.06	00:41:08.81	12:28	02:43:35.97
3663	2234/2920	403/503	4624	Cassie Liekhus	F	26	Lincoln	NE	00:36:05.71	01:26:21.86	00:41:08.74	12:28	02:43:36.32
3664	2235/2920	314/405	310	Sydney Brummels	F	24	Lincoln	NE	00:36:05.35	01:26:38.30	00:40:52.92	12:28	02:43:36.58
3665	2236/2920	404/515	1169	Amber Pierce	F	30	Ogallala	NE	00:33:07.27	01:27:10.95	00:43:26.11	12:29	02:43:44.33
3666	2237/2920	73/104	5114	Lisa Eskra	F	56	Beatrice	NE	00:37:27.89	01:24:29.49	00:41:56.55	12:30	02:43:53.94
3667	2238/2920	238/300	1131	Charity Mercer	F	44	Lincoln	NE	00:37:14.65	01:22:44.38	00:43:55.67	12:30	02:43:54.70
3668	2239/2920	404/503	3972	Morgan Eskra	F	28	Osceola	NE	00:37:28.54	01:24:29.88	00:41:56.38	12:30	02:43:54.81
3669	2240/2920	315/405	3125	Tatum Eskra	F	22	Beatrice	NE	00:37:29.35	01:24:29.53	00:41:56.05	12:30	02:43:54.94
3670	2241/2920	405/515	1272	Sarah Bornemeier	F	31	Roca	NE	00:36:54.97	01:25:13.47	00:41:48.06	12:30	02:43:56.51
3671	2242/2920	405/503	3139	Becky Gammel	F	29	Omaha	NE	00:33:06.03	01:28:36.35	00:42:16.11	12:30	02:43:58.50
3672	2243/2920	406/515	6278	Marie Troyer	F	30	Milford	NE	00:37:26.94	01:26:03.93	00:40:29.61	12:30	02:44:00.49
3673	2244/2920	406/503	4299	Emily Calvert	F	28	Lincoln	NE	00:36:19.77	01:25:17.20	00:42:23.60	12:30	02:44:00.58
3674	2245/2920	407/515	1203	Mandy Troyer	F	30	Milford	NE	00:37:27.10	01:26:03.88	00:40:30.05	12:30	02:44:01.03
3675	2246/2920	388/495	2909	Brandie Conway	F	37	Geneva	NE	00:37:10.36	01:25:06.81	00:41:50.73	12:31	02:44:07.91

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3676	2247/2920	19/44	4364	Sarah Crose	F	64	Lincoln	NE	00:38:33.22	01:25:45.46	00:39:49.48	12:31	02:44:08.17
3677	1430/1586	209/226	5975	Brian Johnson	M	39	Papillion	NE	00:34:22.53	01:28:33.03	00:41:14.17	12:31	02:44:09.73
3678	1431/1586	131/145	5712	Trent Jakub	M	23	David City	NE	00:36:05.70	01:23:37.27	00:44:28.70	12:31	02:44:11.67
3679	2248/2920	316/405	1716	Mckenize Nielsen	F	22	David City	NE	00:36:05.89	01:23:37.48	00:44:28.49	12:31	02:44:11.87
3680	2249/2920	407/503	3328	Nancee Coufal	F	29	Broken Bow	NE	00:37:23.34	01:24:24.67	00:42:38.07	12:32	02:44:26.08
3681	1432/1586	168/183	5982	Phillip Born	M	42	Papillion	NE	00:33:53.45	01:26:56.77	00:43:36.01	12:32	02:44:26.23
3682	2250/2920	408/515	5422	Nicole Polt	F	30	Norfolk	NE	00:34:25.76	01:27:19.26	00:42:44.25	12:32	02:44:29.28
3683	2251/2920	104/119	3718	Anna Jungck	F	18	Lincoln	NE	00:31:43.59	01:28:35.11	00:44:11.13	12:32	02:44:29.83
3684	2252/2920	389/495	3975	Leah Manzitto	F	35	Lincoln	NE	00:35:01.77	01:24:32.64	00:44:55.83	12:32	02:44:30.24
3685	1433/1586	64/64	4959	Suhaib Shaikh	M	17	Lincoln	NE	00:31:43.78	01:28:34.92	00:44:11.53	12:32	02:44:30.24
3686	2253/2920	409/515	3198	Hilary Shinn	F	30	Omaha	NE	00:35:01.26	01:24:31.31	00:44:57.91	12:32	02:44:30.49
3687	2254/2920	408/503	1920	Tessa Lierman	F	27	Beemer	NE	00:31:52.12	01:29:00.75	00:43:41.76	12:33	02:44:34.64
3688	2255/2920	390/495	3741	Courtney Gerdes	F	37	Omaha	NE	00:33:29.26	01:23:23.61	00:47:43.44	12:33	02:44:36.31
3689	2256/2920	20/44	4074	Connie Birdsong	F	61	Herman	NE	00:36:11.28	01:25:10.95	00:43:15.88	12:33	02:44:38.12
3690	2257/2920	317/405	3861	Fallon Kostbahn	F	23	Grand Island	NE	00:37:20.47	01:25:25.66	00:41:53.83	12:33	02:44:39.97
3691	2258/2920	4/14	856	Janice Beethe	F	65	Burr	NE	00:35:48.50	01:25:24.64	00:43:27.37	12:33	02:44:40.52
3692	2259/2920	318/405	4040	Taylor Beck	F	23	Lincoln	NE	00:35:02.88	01:24:43.01	00:44:54.88	12:33	02:44:40.77
3693	2260/2920	165/238	4745	Kimberly Estorga	F	48	Oklahoma City	OK	00:37:25.54	01:26:43.72	00:40:32.07	12:33	02:44:41.34
3694	2261/2920	391/495	3876	Trinity Fleur	F	38	Norman	OK	00:37:26.31	01:26:32.89	00:40:44.55	12:33	02:44:43.75
3695	2262/2920	409/503	4214	Shelby Schlautman	F	25	Omaha	NE	00:33:59.53	01:28:36.33	00:42:12.41	12:34	02:44:48.28
3696	1434/1586	132/145	5757	Austin King	M	24	Lincoln	NE	00:34:37.68	01:24:45.33	00:45:25.51	12:34	02:44:48.52
3697	1435/1586	209/225	5736	Eric Sheridan	M	25	Lincoln	NE	00:34:38.24	01:24:44.97	00:45:25.72	12:34	02:44:48.94
3698	2263/2920	392/495	6363	Skylar Linn	F	35	Lincoln	NE	00:33:12.60	01:28:28.06	00:43:08.90	12:34	02:44:49.57
3699	2264/2920	410/515	6364	Amber Smith	F	32	Lincoln	NE	00:33:11.80	01:28:26.43	00:43:12.44	12:34	02:44:50.67
3700	1436/1586	244/270	5466	Matt Beckman	M	33	Omaha	NE	00:34:46.10	01:27:32.22	00:42:32.43	12:34	02:44:50.76
3701	1437/1586	245/270	2366	Nick Ahl	M	30	Omaha	NE	00:34:00.48	01:23:02.70	00:47:47.79	12:34	02:44:50.98
3702	1438/1586	210/225	6040	Justin Ellerbe	M	27	Lincoln	NE	00:34:45.25	01:25:00.34	00:45:05.40	12:34	02:44:51.00
3703	2265/2920	411/515	6410	Adyson Wooten	F	34	Lincoln	NE	00:33:14.36	01:28:24.46	00:43:12.25	12:34	02:44:51.08
3704	2266/2920	412/515	710	Beth Sommerer	F	31	Omaha	NE	00:36:40.12	01:23:54.05	00:44:17.93	12:34	02:44:52.11
3705	2267/2920	413/515	3874	Kim Moore	F	31	Omaha	NE	00:35:10.96	01:25:06.11	00:44:38.49	12:34	02:44:55.57
3706	2268/2920	393/495	4382	Heather Bloomquist	F	36	Lincoln	NE	00:35:03.44	01:26:24.66	00:43:27.55	12:34	02:44:55.65
3707	2269/2920	319/405	592	Katie Lemke	F	21	Centennial	CO	00:33:24.77	01:29:19.30	00:42:11.93	12:34	02:44:56.00
3708	2270/2920	410/503	6203	Amber Springer	F	28	Axtell	NE	00:38:13.70	01:25:36.58	00:41:06.11	12:34	02:44:56.39
3709	2271/2920	320/405	1324	Haley Wilke	F	21	Lincoln	NE	00:36:03.00	01:25:22.82	00:43:32.91	12:35	02:44:58.74
3710	2272/2920	414/515	3537	Katherine Schomer	F	31	Lincoln	NE	00:34:25.59	01:27:44.30	00:42:49.11	12:35	02:44:59.01

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3711	2273/2920	394/495	1638	Blaine Debor	F	38	Omaha	NE	00:34:34.48	01:26:54.08	00:43:33.09	12:35	02:45:01.66
3712	2274/2920	411/503	3721	Kelsi Lee	F	26	Seward	NE	00:35:33.78	01:27:33.92	00:41:54.08	12:35	02:45:01.79
3713	1439/1586	169/183	5341	Rafed Rida	M	43	Lincoln	NE	00:34:27.21	01:27:26.07	00:43:10.81	12:35	02:45:04.10
3714	1440/1586	246/270	2490	Mark Onwiler	M	30	Lincoln	NE	00:36:32.09	01:23:33.98	00:44:58.10	12:35	02:45:04.17
3715	2275/2920	412/503	464	Maggie Sather	F	28	Lincoln	NE	00:31:14.20	01:28:47.89	00:45:07.35	12:35	02:45:09.45
3716	2276/2920	16/20	2880	Carsan Brogren	F	14	Winside	NE	00:36:31.63	01:27:28.89	00:41:10.17	12:36	02:45:10.70
3717	1441/1586	170/183	2423	Ryan Brogren	M	42	Winside	NE	00:36:31.43	01:27:28.29	00:41:11.18	12:36	02:45:10.91
3718	2277/2920	74/104	3283	Lora Dorn	F	56	Blue Springs	NE	00:36:45.42	01:25:44.83	00:42:40.91	12:36	02:45:11.16
3719	2278/2920	110/154	700	Von Villarreal	F	51	Lincoln	NE	00:37:35.63	01:25:25.34	00:42:10.41	12:36	02:45:11.38
3720	2279/2920	415/515	4941	Amanda Brown-Thompson	F	32	Lincoln	NE	00:34:26.64	01:27:42.95	00:43:09.61	12:36	02:45:19.21
3721	2280/2920	416/515	4396	Laura Weiss	F	34	Omaha	NE	00:34:28.84	01:23:24.86	00:47:27.61	12:36	02:45:21.32
3722	2281/2920	239/300	4713	Mary Carstens	F	44	Lincoln	NE	00:37:34.01	01:27:15.55	00:40:33.30	12:36	02:45:22.86
3723	2282/2920	395/495	4237	Tami Frank	F	38	Martell	NE	00:33:25.18	01:30:37.80	00:41:23.52	12:37	02:45:26.50
3724	2283/2920	321/405	3029	Erin Owens	F	23	Lincoln	NE	00:36:11.40	01:28:02.28	00:41:16.80	12:37	02:45:30.49
3725	2284/2920	322/405	3024	Courtney Eitzmann	F	23	Lincoln	NE	00:36:11.16	01:28:02.72	00:41:16.75	12:37	02:45:30.64
3726	2285/2920	396/495	3280	Dilia Nasimova	F	39	Lincoln	NE	00:34:18.42	01:26:31.18	00:44:45.67	12:37	02:45:35.29
3727	1442/1586	210/226	6011	Kevin Schroeder	M	35	Kearney	NE	00:38:21.53	01:27:21.65	00:39:58.03	12:38	02:45:41.23
3728	2286/2920	417/515	1100	Kathrine Schroeder	F	32	Kearney	NE	00:38:22.31	01:27:21.95	00:39:57.01	12:38	02:45:41.28
3729	2287/2920	418/515	1546	Kate Martz	F	30	Lincoln	NE	00:37:06.42	01:26:39.51	00:41:56.74	12:38	02:45:42.69
3730	2288/2920	419/515	6589	Melissa Meyer	F	31	Lincoln	NE	00:34:38.06	01:27:05.06	00:44:03.06	12:38	02:45:46.19
3731	1443/1586	15/16	6522	James Baltensperger	M	66	Lincoln	NE	00:37:48.55	01:27:17.06	00:40:40.59	12:38	02:45:46.20
3732	1444/1586	211/226	5970	Ryan Wendling	M	36	Lincoln	NE	00:36:42.48	01:30:17.47	00:38:54.12	12:39	02:45:54.07
3733	2289/2920	420/515	4728	Dyan Swim	F	34	Belton	MO	00:34:34.51	01:28:55.96	00:42:24.94	12:39	02:45:55.42
3734	2290/2920	75/104	3070	Judy Caponigro	F	56	Walnut Creek	CA	00:37:03.48	01:29:42.72	00:39:10.57	12:39	02:45:56.78
3735	2291/2920	111/154	1093	Melissa Hoggatt	F	54	Kearney	NE	00:34:29.05	01:26:53.99	00:44:36.49	12:39	02:45:59.54
3736	2292/2920	421/515	3738	Shauna Kantner	F	30	Post Falls	ID	00:35:07.67	01:26:08.98	00:44:44.97	12:39	02:46:01.63
3737	2293/2920	422/515	4517	Katie Garvey	F	34	South Sioux City	NE	00:34:18.90	01:26:08.34	00:45:36.67	12:40	02:46:03.92
3738	2294/2920	413/503	790	Lindsey Perlinger	F	27	Grant	NE	00:35:04.80	01:26:35.10	00:44:28.30	12:40	02:46:08.20
3739	2295/2920	423/515	1452	Nikki Schafer	F	32	Omaha	NE	00:35:15.99	01:27:09.29	00:43:43.36	12:40	02:46:08.64
3740	2296/2920	397/495	962	Dawn Bickford	F	39	Weeping Eater	NE	00:33:08.57	01:24:24.32	00:48:38.51	12:40	02:46:11.41
3741	2297/2920	398/495	3366	Leah Shaw	F	36	Lincoln	NE	00:33:42.04	01:29:10.52	00:43:22.61	12:40	02:46:15.17
3742	1445/1586	171/183	6082	Jason Shaw	M	42	Lincoln	NE	00:33:41.83	01:29:11.94	00:43:21.59	12:40	02:46:15.38
3743	2298/2920	399/495	662	Torrissa Attebury	F	35	Lincoln	NE	00:37:43.48	01:26:18.96	00:42:12.95	12:40	02:46:15.40
3744	2299/2920	424/515	570	Joni Crumrine	F	34	Lincoln	NE	00:33:54.52	01:28:10.50	00:44:19.07	12:41	02:46:24.10
3745	2300/2920	400/495	1013	Corinne Steele	F	39	Crete	NE	00:33:54.52	01:28:10.16	00:44:19.46	12:41	02:46:24.15

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3746	2301/2920	414/503	3674	Jenna Bowmaster	F	25	Le Mars	IA	00:37:31.32	01:25:43.59	00:43:11.58	12:41	02:46:26.50
3747	2302/2920	415/503	1384	Melanie Phelan	F	26	Omaha	NE	00:35:36.95	01:27:19.27	00:43:30.36	12:41	02:46:26.59
3748	1446/1586	156/168	5895	Scott Bohn	M	46	Lincoln	NE	00:37:33.92	01:26:18.35	00:42:36.43	12:41	02:46:28.70
3749	1447/1586	247/270	2408	Justin Behrends	M	34	Lincoln	NE	00:35:03.24	01:20:04.00	00:51:23.22	12:42	02:46:30.47
3750	2303/2920	425/515	4281	Lindsey Yardley	F	31	Lincoln	NE	00:34:21.24	01:24:13.55	00:47:58.19	12:42	02:46:32.98
3751	2304/2920	426/515	1611	Charley Hill	F	30	Lincoln	NE	00:36:25.29	01:26:43.74	00:43:24.81	12:42	02:46:33.85
3752	1448/1586	248/270	5088	John Goza	M	30	Lincoln	NE	00:32:09.96	01:26:26.64	00:47:57.64	12:42	02:46:34.24
3753	2305/2920	112/154	3227	Stephanie Lusienki	F	52	Ashland	NE	00:38:56.43	01:28:01.85	00:39:37.89	12:42	02:46:36.17
3754	2306/2920	76/104	4162	Karen Romans	F	56	Ashland	NE	00:38:57.33	01:28:01.43	00:39:38.56	12:42	02:46:37.33
3755	1449/1586	249/270	5403	Erick Martin	M	33	Lincoln	NE	00:38:00.68	01:26:01.29	00:42:40.83	12:43	02:46:42.81
3756	2307/2920	323/405	1219	Nicole Raatz	F	23	Lincoln	NE	00:39:59.95	01:28:11.26	00:38:32.37	12:43	02:46:43.58
3757	2308/2920	324/405	3409	Carlyrain Adams	F	24	Lincoln	NE	00:33:06.63	01:28:58.08	00:44:39.60	12:43	02:46:44.32
3758	2309/2920	113/154	1527	Diane Reinke	F	54	Kearney	NE	00:36:45.47	01:26:54.45	00:43:05.65	12:43	02:46:45.57
3759	2310/2920	401/495	3191	Melissa Gosz	F	35	Papillion	NE	00:35:23.50	01:24:49.68	00:46:32.53	12:43	02:46:45.72
3760	2311/2920	325/405	3712	Alexandra Klemp	F	22	Lincoln	NE	00:33:09.16	01:28:56.75	00:44:39.81	12:43	02:46:45.73
3761	2312/2920	402/495	3749	Michaela Wilcox	F	37	Columbus	NE	00:32:40.91	01:23:28.48	00:50:37.39	12:43	02:46:46.79
3762	1450/1586	212/226	2432	Frank James	M	39	Cook	NE	00:36:59.76	01:24:21.14	00:45:27.44	12:43	02:46:48.35
3763	2313/2920	403/495	2434	Mary King	F	36	Lincoln	NE	00:38:17.76	01:26:18.88	00:42:16.36	12:43	02:46:53.00
3764	2314/2920	416/503	1378	Amy Borchers	F	27	Lincoln	NE	00:34:14.52	01:29:06.30	00:43:33.91	12:43	02:46:54.74
3765	2315/2920	166/238	1253	Diana Shum	F	45	Lincoln	NE	00:35:09.19	01:27:00.10	00:44:45.93	12:43	02:46:55.24
3766	2316/2920	417/503	4394	Erin Mulder	F	25	Lincoln	NE	00:33:07.33	01:23:56.38	00:49:52.21	12:44	02:46:55.92
3767	2317/2920	404/495	1673	Erin Johnson	F	38	Lavista	NE	00:34:34.30	01:27:47.23	00:44:34.55	12:44	02:46:56.10
3768	2318/2920	427/515	3632	Kimberly Semerad	F	34	Howells	NE	00:36:25.80	01:28:09.66	00:42:21.07	12:44	02:46:56.53
3769	2319/2920	418/503	753	Haley Hoppes	F	25	Lincoln	NE	00:34:19.86	01:29:04.59	00:43:40.86	12:44	02:47:05.32
3770	2320/2920	21/44	1613	Carolyn Volkmer	F	63	Syracuse	NE	00:38:18.15	01:27:00.76	00:41:50.85	12:45	02:47:09.76
3771	2321/2920	167/238	3021	Jennifer Ray	F	45	Lincoln	NE	00:38:13.79	01:27:32.18	00:41:33.12	12:45	02:47:19.09
3772	2322/2920	419/503	184	Ashleigh Tiemann	F	25	Omaha	NE	00:37:56.67	01:26:10.17	00:43:15.30	12:46	02:47:22.15
3773	2323/2920	428/515	3306	Cathy Ludwig	F	30	Riverton	WY	00:31:29.60	01:28:39.08	00:47:14.15	12:46	02:47:22.85
3774	1451/1586	213/226	5267	Seth Ristow	M	37	Lincoln	NE	00:33:28.04	01:28:40.60	00:45:21.37	12:46	02:47:30.03
3775	2324/2920	168/238	4771	Jodi Hedrick	F	46	Council Bluffs	IA	00:38:13.51	01:26:56.99	00:42:25.11	12:47	02:47:35.62
3776	2325/2920	405/495	4481	Peggy Jones	F	39	Papillion	NE	00:38:15.82	01:26:57.15	00:42:25.00	12:47	02:47:37.98
3777	2326/2920	420/503	5439	Kelly Hauder	F	28	Lincoln	NE	00:37:08.05	01:24:51.61	00:45:42.62	12:47	02:47:42.29
3778	2327/2920	114/154	1477	Barbara Perry	F	53	Lincoln	NE	00:40:13.33	01:26:45.65	00:40:50.58	12:48	02:47:49.57
3779	2328/2920	326/405	3535	Karen Hutton	F	22	Elkhorn	NE	00:34:05.19	01:29:03.99	00:44:45.78	12:48	02:47:54.96
3780	2329/2920	169/238	6398	Kristy Nyp	F	49	Manhattan	KS	00:35:10.45	01:29:50.69	00:42:54.13	12:48	02:47:55.28

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3781	2330/2920	421/503	4497	Ali Headley	F	26	Sidney	NE	00:35:38.22	01:28:34.36	00:43:45.37	12:48	02:47:57.96
3782	2331/2920	327/405	1007	Taylor Pospisil	F	24	Omaha	NE	00:36:26.79	01:25:58.77	00:45:33.58	12:48	02:47:59.15
3783	2332/2920	77/104	2960	Christine Shreve	F	59	Elkhorn	NE	00:34:08.52	01:26:20.86	00:47:33.38	12:49	02:48:02.77
3784	2333/2920	406/495	4831	Michelle Miller	F	36	Bennington	NE	00:36:24.32	01:28:43.48	00:42:57.13	12:49	02:48:04.94
3785	2334/2920	170/238	6487	Denise Richardson	F	47	Omaha	NE	00:36:24.70	01:28:43.69	00:42:56.93	12:49	02:48:05.32
3786	2335/2920	171/238	6312	Michelle Brummer	F	46	Omaha	NE	00:36:25.65	01:28:43.26	00:42:57.14	12:49	02:48:06.05
3787	1452/1586	17/23	4889	Mason Gaver	M	11	Lincoln	NE	00:39:13.08	01:30:10.95	00:38:43.33	12:49	02:48:07.36
3788	2336/2920	407/495	524	Erica Moyer	F	37	Shenandoah	IA	00:35:46.91	01:29:15.13	00:43:09.45	12:49	02:48:11.51
3789	2337/2920	429/515	4342	Brenda Sanchez Pizano	F	31	Lincoln	NE	00:34:09.75	01:27:29.74	00:46:33.14	12:49	02:48:12.64
3790	2338/2920	430/515	4260	Alicia Dieter	F	30	Murdock	NE	00:36:21.94	01:25:28.66	00:46:25.75	12:50	02:48:16.36
3791	2339/2920	328/405	3888	Kristen Eldridge	F	21	Lincoln	NE	00:36:09.36	01:26:44.05	00:45:26.43	12:50	02:48:19.85
3792	2340/2920	329/405	2762	Theresa White	F	24	Papillion	NE	00:35:30.40	01:30:30.53	00:42:19.09	12:50	02:48:20.02
3793	2341/2920	408/495	1475	Allison Boltz	F	38	Lincoln	NE	00:34:34.78	01:28:55.95	00:44:49.49	12:50	02:48:20.23
3794	2342/2920	330/405	3799	Mackenzie Paczosa	F	23	Bellwood	NE	00:35:17.09	01:29:15.11	00:43:51.18	12:50	02:48:23.39
3795	2343/2920	422/503	1408	Liz Koepp	F	28	Omaha	NE	00:35:51.43	01:29:05.12	00:43:29.76	12:50	02:48:26.31
3796	2344/2920	431/515	4571	Lauren Lineweber	F	30	Prairie Village	KS	00:36:39.54	01:29:33.63	00:42:15.32	12:51	02:48:28.50
3797	2345/2920	409/495	2729	Marti Evasco	F	35	Round Rock	TX	00:34:30.81	01:19:09.89	00:54:47.89	12:51	02:48:28.60
3798	2346/2920	410/495	3441	Becky Romshek	F	38	Bellwood	NE	00:34:26.36	01:27:34.68	00:46:31.59	12:51	02:48:32.64
3799	2347/2920	331/405	471	Miranda Johnson	F	21	Lincoln	NE	00:31:39.37	01:12:42.64	01:04:12.34	12:51	02:48:34.36
3800	2348/2920	423/503	4585	Sharyn Adams	F	25	Lincoln	NE	00:44:47.93	01:24:56.79	00:38:51.64	12:51	02:48:36.37
3801	2349/2920	172/238	993	Johnye Kitzman	F	46	Lincoln	NE	00:40:40.07	01:28:46.88	00:39:12.79	12:51	02:48:39.75
3802	2350/2920	240/300	1329	Jessica Kottmeyer	F	43	Lincoln	NE	00:40:38.71	01:28:47.66	00:39:13.94	12:52	02:48:40.32
3803	2351/2920	332/405	4774	Taylor Schulz	F	23	Lincoln	NE	00:39:27.81	01:26:01.63	00:43:11.99	12:52	02:48:41.43
3804	1453/1586	214/226	2407	Michael Dvorak	M	35	Elkhorn	NE	00:36:54.67	01:27:34.06	00:44:15.87	12:52	02:48:44.60
3805	2352/2920	432/515	1140	Leticia Atkinson	F	33	Lincoln	NE	00:36:00.45	01:27:24.60	00:45:22.09	12:52	02:48:47.14
3806	2353/2920	333/405	3672	Janelle Adams	F	20	Lincoln	NE	00:32:49.45	01:31:30.32	00:44:27.70	12:52	02:48:47.48
3807	2354/2920	334/405	3377	Carlee Koehler	F	20	Firth	NE	00:32:51.15	01:31:27.00	00:44:30.82	12:52	02:48:48.98
3808	2355/2920	173/238	938	Sarina Mcneel	F	49	Omaha	NE	00:36:44.54	01:33:29.09	00:38:35.77	12:52	02:48:49.41
3809	1454/1586	215/226	6098	Jeff Melichar	M	39	Lincoln	NE	00:35:13.46	01:31:25.97	00:42:10.50	12:52	02:48:49.93
3810	2356/2920	335/405	4222	Sarah Vogel	F	24	Lincoln	NE	00:36:38.44	01:29:18.29	00:42:56.32	12:52	02:48:53.06
3811	2357/2920	424/503	1570	Cayla Spotanski	F	27	Ashton	NE	00:33:34.99	01:31:14.83	00:44:05.73	12:53	02:48:55.56
3812	2358/2920	433/515	4262	Michaela Schweitzer	F	34	Broken Bow	NE	00:37:23.03	01:24:53.08	00:46:41.33	12:53	02:48:57.45
3813	2359/2920	336/405	3796	Gabrielle Paczosa	F	21	Bellwood	NE	00:35:19.87	01:29:22.51	00:44:17.06	12:53	02:48:59.45
3814	2360/2920	5/14	1436	Kay Herber	F	68	Fort Smith	AR	00:38:23.36	01:30:35.86	00:40:00.49	12:53	02:48:59.72
3815	2361/2920	115/154	3797	Lisa Paczosa	F	52	Bellwood	NE	00:35:21.01	01:29:14.70	00:44:24.62	12:53	02:49:00.34

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3816	2362/2920	22/44	4787	Rolayne Wilhelmsen	F	60	Omaha	NE	00:35:56.52	01:27:58.13	00:45:06.29	12:53	02:49:00.94
3817	2363/2920	105/119	3124	Sydney Oberg	F	17	Cortland	NE	00:35:00.46	01:29:45.31	00:44:20.03	12:53	02:49:05.80
3818	2364/2920	411/495	4092	Laci Chytka	F	35	Dakota City	NE	00:38:18.87	01:29:37.62	00:41:14.81	12:54	02:49:11.31
3819	2365/2920	337/405	2820	Morgan Mills	F	23	Lincoln	NE	00:35:25.12	01:28:54.63	00:44:51.83	12:54	02:49:11.58
3820	2366/2920	425/503	2940	Ashlee Carstens	F	25	Lincoln	NE	00:38:43.34	01:28:59.42	00:41:31.89	12:54	02:49:14.66
3821	2367/2920	78/104	4662	Pamela Rasmussen	F	57	Ceresco	NE	00:37:22.05	01:28:51.13	00:43:04.62	12:54	02:49:17.80
3822	2368/2920	338/405	4984	Hunter Bailey	F	24	Lincoln	NE	00:37:45.05	01:29:24.27	00:42:13.37	12:55	02:49:22.70
3823	2369/2920	426/503	4705	Abby Beaxh	F	28	Lincoln	NE	00:37:45.68	01:29:24.48	00:42:13.32	12:55	02:49:23.48
3824	2370/2920	241/300	4686	Cathleen Zugmier	F	42	Raymond	NE	00:37:49.62	01:24:51.10	00:46:46.93	12:55	02:49:27.67
3825	2371/2920	427/503	679	Jaclyn Anderson	F	25	Lincoln	NE	00:40:08.45	01:30:11.33	00:39:08.13	12:55	02:49:27.92
3826	2372/2920	412/495	4790	Jaclynn Geidner	F	39	Raymond	NE	00:37:49.84	01:24:51.09	00:46:47.38	12:55	02:49:28.31
3827	2373/2920	116/154	2744	Kristine Smith	F	50	Lincoln	NE	00:34:37.73	01:22:39.27	00:52:12.00	12:55	02:49:29.01
3828	2374/2920	106/119	2893	Caitlin Hottovy	F	16	Columbus	NE	00:33:46.87	01:29:00.00	00:46:43.37	12:55	02:49:30.26
3829	2375/2920	434/515	1430	Amber Honke	F	30	Lincoln	NE	00:37:48.82	01:26:06.73	00:45:36.62	12:55	02:49:32.17
3830	2376/2920	339/405	3136	Katherine Lally	F	24	Omaha	NE	00:34:47.60	01:30:17.16	00:44:28.69	12:56	02:49:33.47
3831	2377/2920	435/515	1443	Amber Caudle	F	34	Adel	IA	00:36:18.39	01:29:40.06	00:43:36.50	12:56	02:49:34.95
3832	2378/2920	174/238	637	Kathy Woodmancy	F	46	Grant	NE	00:35:07.45	01:27:52.27	00:46:39.62	12:56	02:49:39.34
3833	2379/2920	413/495	652	Tammy Debord	F	39	Atlantic	IA	00:35:47.00	01:29:53.31	00:43:59.48	12:56	02:49:39.79
3834	2380/2920	175/238	3644	April Ostransky	F	45	Ceresco	NE	00:38:27.03	01:30:35.57	00:40:38.38	12:56	02:49:40.99
3835	2381/2920	428/503	3400	Angie Schroder	F	28	Lincoln	NE	00:36:22.21	01:27:03.91	00:46:23.19	12:57	02:49:49.32
3836	2382/2920	242/300	3132	Marcie Pilkinton	F	42	Beatrice	NE	00:35:30.04	01:23:50.33	00:50:31.32	12:57	02:49:51.70
3837	2383/2920	340/405	5298	Morgan Voorhes	F	24	Omaha	NE	00:34:46.99	01:30:15.97	00:44:48.78	12:57	02:49:51.75
3838	2384/2920	341/405	3265	Alexandria Schipporeit	F	24	Elkhorn	NE	00:35:19.85	01:27:50.23	00:46:41.69	12:57	02:49:51.78
3839	2385/2920	342/405	5247	Anna Scarborough	F	24	Lincoln	NE	00:37:19.68	01:27:53.37	00:44:39.82	12:57	02:49:52.88
3840	2386/2920	343/405	5245	Courtney Robertson	F	23	Lincoln	NE	00:37:20.11	01:27:53.82	00:44:39.03	12:57	02:49:52.97
3841	2387/2920	243/300	4552	Carmen Brewer	F	43	Lincoln	NE	00:39:12.93	01:29:31.82	00:41:11.55	12:57	02:49:56.31
3842	2388/2920	436/515	3526	Shannon Tschirren	F	30	Bellevue	NE	00:36:45.26	01:29:02.81	00:44:12.00	12:58	02:50:00.07
3843	2389/2920	176/238	4507	Heidi Samway	F	45	Lincoln	NE	00:36:33.33	01:29:30.26	00:43:58.10	12:58	02:50:01.70
3844	2390/2920	244/300	4269	Carie Miller	F	42	Lincoln	NE	00:40:13.74	01:30:36.70	00:39:15.38	12:58	02:50:05.84
3845	2391/2920	429/503	4107	Mikayla Fasen	F	27	Lincoln	NE	00:34:18.86	01:30:40.00	00:45:09.61	12:58	02:50:08.48
3846	2392/2920	437/515	1422	Alyssa Wewel	F	31	Kearney	NE	00:50:12.40	01:18:54.02	00:41:04.11	12:58	02:50:10.53
3847	2393/2920	414/495	1569	Elizabeth Kavan	F	39	Juniata	NE	00:38:47.80	01:27:57.49	00:43:26.29	12:58	02:50:11.58
3848	2394/2920	430/503	3490	Brittany Walburn	F	26	Lincoln	NE	00:34:29.66	01:29:43.26	00:46:01.68	12:59	02:50:14.60
3849	2395/2920	177/238	3237	Michaela Kathol	F	46	Gretna	NE	00:37:47.54	01:29:10.94	00:43:21.74	12:59	02:50:20.23
3850	2396/2920	344/405	3818	Erin Schoonover	F	22	Lincoln	NE	00:32:10.19	01:30:50.63	00:47:20.77	12:59	02:50:21.60

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3851	2397/2920	431/503	342	Chrystal Sauls	F	28	Lincoln	NE	00:32:35.04	01:31:57.87	00:45:48.85	12:59	02:50:21.78
3852	1455/1586	211/225	5512	Timothy Poeschl	M	28	Bellevue	NE	00:32:10.38	01:30:50.04	00:47:22.95	12:59	02:50:23.37
3853	2398/2920	178/238	1525	Mami Lloyd	F	49	Bellevue	NE	00:35:19.80	01:29:54.44	00:45:14.48	13:00	02:50:28.73
3854	2399/2920	438/515	1500	Megan Launchbaugh	F	31	Hastings	NE	00:37:44.32	01:30:38.79	00:42:08.68	13:00	02:50:31.80
3855	2400/2920	179/238	5112	Rhonda Douglas	F	46	Sidney	NE	00:37:06.20	01:30:08.37	00:43:21.95	13:00	02:50:36.53
3856	2401/2920	180/238	4449	Julie Berner	F	47	Dalton	NE	00:37:05.78	01:30:10.99	00:43:19.76	13:00	02:50:36.54
3857	2402/2920	432/503	3807	Melissa Birdsong	F	28	Herman	NE		01:25:53.80	00:42:53.33	13:00	02:50:36.99
3858	2403/2920	245/300	1432	Elery Hoban	F	42	Dalton	NE	00:37:07.81	01:30:10.42	00:43:19.17	13:00	02:50:37.40
3859	2404/2920	181/238	1476	Tammy Wiebe	F	49	Lincoln	NE	00:37:14.31	01:29:33.00	00:43:50.22	13:00	02:50:37.54
3860	2405/2920	433/503	4703	Caitlin Anderson	F	29	Lincoln	NE	00:39:20.85	01:29:04.00	00:42:12.78	13:00	02:50:37.64
3861	1456/1586	133/145	2121	Trey Frey	M	22	Milford	NE	00:35:15.64	01:29:32.57	00:45:52.52	13:01	02:50:40.75
3862	2406/2920	117/154	4180	Deb Snyder	F	52	Lincoln	NE	00:37:17.10	01:26:44.61	00:46:40.54	13:01	02:50:42.26
3863	1457/1586	134/145	2508	Matt Server	M	21	Parker	CO	00:34:15.43	01:29:11.69	00:47:15.32	13:01	02:50:42.45
3864	1458/1586	18/23	1966	Gavin Brester	M	14	Lincoln	NE	00:35:43.21	01:33:02.49	00:41:58.12	13:01	02:50:43.82
3865	2407/2920	434/503	1091	Ashley Hohensee	F	27	Lincoln	NE	00:37:01.99	01:30:42.91	00:42:59.38	13:01	02:50:44.28
3866	2408/2920	439/515	3867	Emily Lovelace	F	33	Lincoln	NE	00:36:59.53	01:30:45.41	00:42:59.90	13:01	02:50:44.85
3867	2409/2920	246/300	1661	Kathryn Romine	F	41	Unadilla	NE	00:40:09.16	01:29:58.30	00:40:45.60	13:02	02:50:53.07
3868	2410/2920	435/503	2660	Maria Moreno	F	29	Lincoln	NE	00:33:35.66	01:30:37.94	00:46:41.00	13:02	02:50:54.61
3869	2411/2920	415/495	4251	Jasmine Beach	F	35	Lincoln	NE	00:39:20.76	01:28:37.25	00:43:00.42	13:02	02:50:58.44
3870	2412/2920	118/154	1250	Karin Berens	F	50	Wichita	KS	00:38:58.80	01:29:45.44	00:42:17.94	13:02	02:51:02.19
3871	2413/2920	345/405	1701	Sara Neuhaus	F	24	Bellevue	NE	00:36:13.23	01:30:13.70	00:44:44.48	13:03	02:51:11.42
3872	2414/2920	436/503	2856	Amber Schulenberg	F	26	Sargent	NE	00:34:44.12	01:28:50.51	00:47:42.62	13:03	02:51:17.25
3873	2415/2920	437/503	4238	Kelli Cunningham	F	29	Beatrice	NE	00:37:41.09	01:28:26.86	00:45:09.37	13:03	02:51:17.32
3874	2416/2920	182/238	1576	Patricia Demel	F	46	Wichita	KS	00:39:16.51	01:29:29.11	00:42:35.43	13:04	02:51:21.05
3875	2417/2920	79/104	1584	Marne Iwand	F	56	Omaha	NE	00:37:13.38	01:30:58.39	00:43:11.38	13:04	02:51:23.16
3876	2418/2920	440/515	3542	Lesley Roberts	F	30	Lincoln	NE	00:38:47.52	01:25:34.64	00:47:06.43	13:04	02:51:28.60
3877	2419/2920	438/503	4584	Brooke Greenwald	F	26	Omaha	NE	00:34:35.95	01:28:57.03	00:47:57.31	13:04	02:51:30.30
3878	2420/2920	441/515	1657	Stacey Dillman	F	30	Lincoln	NE	00:38:37.30	01:29:32.13	00:43:21.86	13:05	02:51:31.29
3879	2421/2920	119/154	4835	Marybeth Holmes	F	52	Omaha	NE	00:37:12.99	01:30:59.53	00:43:18.83	13:05	02:51:31.36
3880	2422/2920	346/405	1016	Victoria Miller	F	24	Lincoln	NE	00:34:53.62	01:27:19.39	00:49:22.02	13:05	02:51:35.03
3881	2423/2920	442/515	1176	Sharlene Martinez	F	30	Lincoln	NE	00:36:45.57	01:31:42.05	00:43:08.11	13:05	02:51:35.74
3882	2424/2920	183/238	4734	Pilar Gonzalez	F	46	Lincoln	NE	00:32:40.28	01:28:11.48	00:50:45.02	13:05	02:51:36.79
3883	1459/1586	88/101	5025	Bill Kunshek	M	57	Girard	KS	00:34:50.83	01:27:47.62	00:48:58.61	13:05	02:51:37.07
3884	2425/2920	416/495	4337	Stacie Labarge	F	37	Concordia	KS	00:37:24.01	01:28:53.43	00:45:20.05	13:05	02:51:37.49
3885	1460/1586	37/46	6115	David Gaebler	M	61	Omaha	NE	00:38:31.73	01:28:45.82	00:44:23.03	13:05	02:51:40.59

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3886	2426/2920	443/515	3597	Chelsea Swolensky	F	30	Lincoln	NE	00:37:40.44	01:31:16.88	00:42:46.31	13:05	02:51:43.63
3887	2427/2920	347/405	533	Cari Leick	F	20	Fremont	NE	00:36:42.62	01:29:14.33	00:45:47.65	13:06	02:51:44.60
3888	2428/2920	247/300	645	Angie Lange	F	42	Scribner	NE	00:44:39.84	01:23:10.75	00:44:02.25	13:06	02:51:52.85
3889	2429/2920	120/154	4646	Barbara Sechler	F	53	Berea	OH	00:39:37.95	01:30:22.51	00:41:54.55	13:06	02:51:55.02
3890	2430/2920	417/495	1641	Nicole Pischel	F	36	Lincoln	NE	00:37:02.33	01:31:11.11	00:43:53.06	13:07	02:52:06.50
3891	2431/2920	184/238	1639	Patty Mundorf	F	45	Lincoln	NE	00:37:36.34	01:29:34.24	00:44:59.63	13:08	02:52:10.21
3892	2432/2920	248/300	4348	Angela Kiani	F	44	Lincoln	NE	00:35:41.46	01:30:59.49	00:45:29.47	13:08	02:52:10.44
3893	2433/2920	185/238	3629	Kristi Puls	F	45	Lincoln	NE	00:35:41.21	01:30:58.93	00:45:30.70	13:08	02:52:10.84
3894	1461/1586	135/145	6545	Chris Hart	M	24	Lincoln	NE	00:34:37.08	01:30:35.37	00:47:00.62	13:08	02:52:13.08
3895	1462/1586	38/46	2236	John Weber	M	61	Lincoln	NE	00:37:46.84	01:28:54.74	00:45:33.72	13:08	02:52:15.30
3896	1463/1586	212/225	6243	Tyler Fernandez	M	26	Lincoln	NE	00:32:09.62	01:28:37.77	00:51:28.68	13:08	02:52:16.07
3897	2434/2920	444/515	4756	Melissa Masters	F	33	Lincoln	NE	00:37:21.09	01:31:21.02	00:43:47.98	13:09	02:52:30.09
3898	1464/1586	136/145	5364	Zach Lundak	M	22	Lincoln	NE	00:36:38.66	01:30:46.00	00:45:09.21	13:09	02:52:33.88
3899	2435/2920	348/405	4421	Johnna Gifford	F	20	North Platte	NE	00:38:34.85	01:32:38.87	00:41:22.75	13:10	02:52:36.48
3900	2436/2920	349/405	467	Sydney Embray	F	22	Glenwood	IA	00:36:26.22	01:27:52.46	00:48:19.55	13:10	02:52:38.24
3901	2437/2920	249/300	354	Cheryl Curry	F	43	Plattsmouth	NE	00:34:48.89	01:31:59.77	00:45:49.74	13:10	02:52:38.40
3902	1465/1586	172/183	5873	Jason Walston	M	42	Haysville	KS	00:29:51.24	01:30:06.53	00:52:40.86	13:10	02:52:38.63
3903	2438/2920	350/405	6520	Taylor Shepard	F	24	Elkhorn	NE	00:36:07.33	01:28:22.02	00:48:11.37	13:10	02:52:40.72
3904	2439/2920	418/495	1149	S Dusty Hatt	F	37	Lincoln	NE	00:29:53.53	01:30:06.25	00:52:42.51	13:10	02:52:42.30
3905	2440/2920	23/44	3361	Sherry Koenigsman	F	62	Lincoln	NE	00:36:35.12	01:29:38.04	00:46:29.78	13:10	02:52:42.94
3906	2441/2920	439/503	2720	Madison Felker	F	26	Lincoln	NE	00:35:05.80	01:30:08.28	00:47:38.38	13:11	02:52:52.47
3907	2442/2920	250/300	197	Karrie Marlow	F	42	Omaha	NE	00:39:36.14	01:31:52.37	00:41:24.73	13:11	02:52:53.24
3908	2443/2920	419/495	4611	Karen Campbell	F	38	Lincoln	NE	00:36:12.85	01:31:12.16	00:45:33.55	13:11	02:52:58.56
3909	1466/1586	250/270	2502	Colby Venema	M	34	Lincoln	NE	00:36:55.61	01:28:12.37	00:47:54.22	13:11	02:53:02.20
3910	1467/1586	39/46	2505	Rock Venema	M	64	Lincoln	NE	00:36:55.69	01:28:12.17	00:47:54.42	13:11	02:53:02.29
3911	2444/2920	351/405	6209	Rachel Gill	F	22	Omaha	NE	00:35:43.06	01:29:41.53	00:47:38.14	13:12	02:53:02.73
3912	2445/2920	440/503	1414	Emma Creger	F	26	Bellevue	NE	00:35:12.42	01:30:11.37	00:47:40.30	13:12	02:53:04.09
3913	1468/1586	213/225	2231	Paul Creger	M	26	Bellevue	NE	00:35:12.07	01:30:11.47	00:47:40.87	13:12	02:53:04.42
3914	2446/2920	352/405	1160	Allyssa Larose	F	24	Lincoln	NE	00:37:12.87	01:30:55.47	00:44:56.53	13:12	02:53:04.87
3915	2447/2920	186/238	3484	Lisa Wilford	F	48	Harvard	NE	00:35:54.16	01:27:01.28	00:50:12.00	13:12	02:53:07.46
3916	2448/2920	441/503	2929	Peggy Ozaki	F	25	Lincoln	NE	00:36:01.75	01:30:21.00	00:46:46.15	13:12	02:53:08.91
3917	2449/2920	107/119	3440	Grace Carlson	F	18	Lincoln	NE	00:34:58.81	01:34:41.51	00:43:39.56	13:13	02:53:19.88
3918	1469/1586	214/225	6155	Jackson Peterson	M	26	Gibbon	NE	00:36:11.39	01:31:01.79	00:46:11.27	13:13	02:53:24.45
3919	2450/2920	442/503	4316	Jessica Peterson	F	28	Gibbon	NE	00:36:12.63	01:31:01.44	00:46:11.72	13:13	02:53:25.80
3920	2451/2920	445/515	3533	Ruth Horvatic	F	33	Elkhorn	NE	00:36:40.53	01:29:53.90	00:46:57.24	13:14	02:53:31.68



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3921	2452/2920	420/495	3515	Jodi Bahr	F	37	Hastings	NE	00:38:49.18	01:31:21.49	00:43:21.36	13:14	02:53:32.03
3922	1470/1586	173/183	5391	Jeff Williams	M	44	Lincoln	NE	00:35:47.41	01:32:03.00	00:45:44.24	13:14	02:53:34.66
3923	2453/2920	251/300	4352	Stephanie Johnson	F	42	Lincoln	NE	00:40:13.42	01:30:37.84	00:42:45.39	13:14	02:53:36.65
3924	2454/2920	353/405	5168	Hannah Haney	F	22	Ashby	NE	00:36:54.43	01:31:39.19	00:45:05.57	13:14	02:53:39.20
3925	1471/1586	174/183	5363	Jonathan Koch	M	40	Lincoln	NE	00:37:17.02	01:30:39.25	00:45:43.76	13:14	02:53:40.04
3926	1472/1586	89/101	1984	Gregory Mertz	M	57	Lincoln	NE	00:38:25.34	01:29:47.09	00:45:34.13	13:15	02:53:46.56
3927	2455/2920	121/154	2041	Terri Ernst	F	52	Douglasville	GA	00:36:28.59	01:32:02.78	00:45:15.19	13:15	02:53:46.56
3928	2456/2920	443/503	4442	Kelcee Jacobsen	F	28	Franklin	NE	00:37:09.24	01:30:52.06	00:45:58.11	13:16	02:53:59.41
3929	2457/2920	444/503	4687	Bethany Feis	F	25	Omaha	NE	00:40:04.55	01:30:00.70	00:43:55.16	13:16	02:54:00.42
3930	2458/2920	252/300	3853	Heather Gaver	F	42	Lincoln	NE	00:39:13.34	01:31:09.38	00:43:40.87	13:16	02:54:03.59
3931	2459/2920	354/405	819	Ellie Feis	F	21	Lincoln	NE	00:40:07.35	01:29:55.51	00:44:01.21	13:16	02:54:04.08
3932	2460/2920	355/405	707	Rebecca Feis	F	23	Lincoln	NE	00:40:07.78	01:29:55.12	00:44:01.47	13:16	02:54:04.37
3933	2461/2920	445/503	4372	Meagan Savage	F	28	Lincoln	NE	00:40:13.28	01:31:30.77	00:42:20.65	13:16	02:54:04.70
3934	2462/2920	80/104	4233	Jennifer Diaz	F	57	Lincoln	NE	00:39:18.34	01:29:39.35	00:45:13.15	13:17	02:54:10.85
3935	2463/2920	24/44	3871	Kathy Hutchinson	F	63	Lincoln	NE	00:39:19.14	01:29:39.05	00:45:13.38	13:17	02:54:11.57
3936	2464/2920	446/515	484	Angie Graddy	F	31	Funk	NE	00:37:42.73	01:29:55.90	00:46:33.34	13:17	02:54:11.98
3937	2465/2920	421/495	4465	Cori Hofmeister	F	36	Lincoln	NE	00:41:25.49	01:28:52.30	00:43:54.92	13:17	02:54:12.72
3938	1473/1586	137/145	2220	Joseph Denicola	M	24	Lincoln	NE	00:37:32.59	01:27:01.64	00:49:41.49	13:17	02:54:15.73
3939	1474/1586	40/46	2401	Steve Cole	M	62	Plattsmouth	NE	00:35:23.49	01:33:21.32	00:45:33.00	13:17	02:54:17.82
3940	2466/2920	447/515	3993	Alyssa Smith	F	33	Omaha	NE	00:39:49.31	01:31:51.39	00:42:39.11	13:17	02:54:19.82
3941	2467/2920	25/44	379	Laurie Peate	F	62	Lincoln	NE	00:39:00.72	01:28:41.37	00:46:39.80	13:18	02:54:21.90
3942	1475/1586	95/109	2111	Kevin Pawlik	M	54	Bellevue	NE	00:37:55.87	01:32:33.31	00:43:53.85	13:18	02:54:23.03
3943	2468/2920	422/495	778	Melissa Bowers	F	38	Lincoln	NE	00:38:00.37	01:31:05.36	00:45:21.51	13:18	02:54:27.25
3944	2469/2920	423/495	1731	Tiffany Buss	F	36	Lincoln	NE	00:35:36.23	01:26:45.41	00:52:06.44	13:18	02:54:28.09
3945	2470/2920	356/405	2933	Aubrey Webster	F	24	Papillion	NE	00:35:31.56	01:32:51.71	00:46:06.17	13:18	02:54:29.45
3946	2471/2920	446/503	1331	Ashley Stalder	F	26	Humboldt	NE	00:35:50.00	01:28:34.94	00:50:06.38	13:18	02:54:31.32
3947	2472/2920	108/119	1845	Laura Stalder	F	18	Humboldt	NE	00:35:50.15	01:28:35.80	00:50:05.39	13:18	02:54:31.34
3948	2473/2920	447/503	4675	Caroline Gibilisco	F	25	Omaha	NE	00:37:21.74	01:31:41.01	00:45:33.37	13:19	02:54:36.12
3949	2474/2920	424/495	1122	Aimee Campbell	F	37	Winfield	KS	00:36:26.39	01:30:30.61	00:47:39.29	13:19	02:54:36.30
3950	2475/2920	357/405	3925	Jenna Pieper	F	23	Lincoln	NE	00:35:15.58	01:31:51.40	00:47:36.59	13:19	02:54:43.57
3951	2476/2920	187/238	1740	Nicole Vavra	F	45	Gretna	NE	00:36:16.74	01:35:00.52	00:43:26.61	13:19	02:54:43.88
3952	2477/2920	448/515	6536	Ella Stroh	F	34	Kearney	NE	00:40:03.42	01:31:30.76	00:43:10.30	13:19	02:54:44.48
3953	2478/2920	6/14	1305	Sue Bollwitt	F	65	Seward	NE	00:39:46.56	01:29:38.11	00:45:21.09	13:19	02:54:45.77
3954	2479/2920	7/14	1632	Pat Golden	F	65	Lincoln	NE	00:40:03.46	01:31:29.51	00:43:14.31	13:20	02:54:47.28
3955	2480/2920	253/300	1237	Annie Leonard	F	43	Omaha	NE	00:37:13.24	01:30:59.33	00:46:36.18	13:20	02:54:48.76

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3956	2481/2920	122/154	1440	Katherine Ortiz	F	50	Lincoln	NE	00:36:16.77	01:33:02.26	00:45:31.02	13:20	02:54:50.06
3957	2482/2920	425/495	4243	Stacy Kutzli	F	36	Stanton	IA	00:40:12.65	01:31:49.56	00:42:48.84	13:20	02:54:51.06
3958	2483/2920	449/515	4812	Laura Walklin	F	32	Lincoln	NE	00:39:05.59	01:31:33.91	00:44:12.79	13:20	02:54:52.30
3959	2484/2920	254/300	6260	Cheri Beda	F	40	Hastings	NE	00:39:22.19	01:31:32.19	00:43:58.50	13:20	02:54:52.88
3960	2485/2920	188/238	1385	Nicole Ideus	F	45	Beatrice	NE	00:36:58.71	01:31:37.51	00:46:22.12	13:20	02:54:58.34
3961	2486/2920	189/238	1208	Valerie Anderson	F	48	Omaha	NE	00:35:21.99	01:29:09.66	00:50:27.38	13:20	02:54:59.04
3962	2487/2920	358/405	427	Zadia Miller	F	22	Sioux Falls	SD	00:35:25.81	01:29:06.60	00:50:26.79	13:20	02:54:59.21
3963	2488/2920	255/300	4657	Karen Helmberger	F	40	Hickman	NE	00:40:19.01	01:31:36.48	00:43:07.69	13:21	02:55:03.19
3964	2489/2920	426/495	4245	Jessica Kapple	F	35	Bennington	NE	00:37:28.21	01:34:06.54	00:43:28.63	13:21	02:55:03.39
3965	2490/2920	427/495	6674	Jennifer Pasko	F	35	Omaha	NE	00:39:36.90	01:31:52.44	00:43:36.07	13:21	02:55:05.42
3966	2491/2920	428/495	4026	Elaine Hansen	F	37	Waverly	NE	00:39:08.63	01:31:27.67	00:44:31.86	13:21	02:55:08.16
3967	1476/1586	4/5	2042	Michael Ortiz	M	73	Lincoln	NE	00:37:33.93	01:33:03.82	00:44:31.63	13:21	02:55:09.38
3968	2492/2920	81/104	6537	Sharon Sewald	F	56	North Platte	NE	00:38:28.49	01:30:52.22	00:45:49.37	13:21	02:55:10.09
3969	2493/2920	359/405	1216	Becky Svoboda	F	24	Norfolk	NE	00:37:12.24	01:32:50.89	00:45:07.21	13:21	02:55:10.34
3970	1477/1586	215/225	5767	Brandon Lempka	M	26	Lincoln	NE	00:35:37.14	01:31:35.79	00:47:58.87	13:21	02:55:11.82
3971	2494/2920	82/104	1599	Laura Stueck	F	55	Omaha	NE	00:38:50.34	01:31:48.95	00:44:36.93	13:22	02:55:16.23
3972	2495/2920	360/405	331	Sophia Miller	F	22	Lincoln	NE	00:37:38.71	01:29:39.48	00:47:59.15	13:22	02:55:17.35
3973	2496/2920	190/238	3882	Karol Sledge	F	48	Omaha	NE	00:40:38.96	01:31:48.08	00:42:54.23	13:22	02:55:21.28
3974	2497/2920	123/154	4414	Kim Loeffler	F	54	Omaha	NE	00:40:39.78	01:31:47.99	00:42:54.39	13:22	02:55:22.16
3975	2498/2920	448/503	4167	Lauren Gontarz	F	28	Colorado Springs	CO	00:39:47.31	01:31:54.27	00:43:43.62	13:22	02:55:25.21
3976	2499/2920	450/515	1346	Jessica Kroeker	F	30	Omaha	NE	00:39:55.29	01:31:59.51	00:43:36.54	13:23	02:55:31.34
3977	1478/1586	251/270	1804	Jeff Kroeker	M	33	Henderson	NE	00:39:55.37	01:31:59.66	00:43:36.97	13:23	02:55:32.00
3978	2500/2920	83/104	615	Cathy Cole	F	57	Plattsmouth	NE	00:35:02.64	01:30:53.22	00:49:38.88	13:23	02:55:34.74
3979	2501/2920	429/495	5523	Jennifer Hays	F	36	Tipton	MO	00:38:39.43	01:34:03.41	00:42:51.92	13:23	02:55:34.77
3980	2502/2920	124/154	4412	Kari Kersch	F	50	Omaha	NE	00:35:10.54	01:31:49.44	00:48:37.12	13:23	02:55:37.11
3981	2503/2920	451/515	4761	Natalie Wendling	F	34	Lincoln	NE	00:39:38.98	01:31:45.79	00:44:17.61	13:24	02:55:42.39
3982	2504/2920	256/300	6542	Kristie Alback	F	40	Lavista	NE	00:37:08.97	01:31:52.11	00:46:42.88	13:24	02:55:43.96
3983	2505/2920	257/300	6488	Rachael Pilkenton	F	41	Omaha	NE	00:37:08.77	01:31:52.51	00:46:42.75	13:24	02:55:44.04
3984	2506/2920	361/405	3313	Makenzie Jones	F	24	Battle Creek	NE	00:34:54.60	01:28:28.69	00:52:21.17	13:24	02:55:44.47
3985	2507/2920	362/405	4250	Bethany Herpel	F	24	Lincoln	NE	00:39:27.88	01:31:34.88	00:44:45.89	13:24	02:55:48.65
3986	2508/2920	191/238	274	Shelley Gillen	F	49	Bellevue	NE	00:36:29.61	01:26:31.55	00:52:48.70	13:24	02:55:49.87
3987	2509/2920	430/495	4174	Heidi Proskocil	F	39	Ord	NE	00:40:12.27	01:31:50.54	00:43:49.62	13:24	02:55:52.44
3988	2510/2920	125/154	4050	Denise Costello	F	52	Lincoln	NE	00:38:32.88	01:31:40.24	00:45:42.66	13:25	02:55:55.79
3989	1479/1586	96/109	2428	Robert Ahrendsen	M	53	Omaha	NE	00:38:39.46	01:32:22.90	00:44:55.89	13:25	02:55:58.26
3990	2511/2920	126/154	4722	Cori Bowley	F	52	Gretna	NE	00:35:06.16	01:35:43.90	00:45:16.57	13:26	02:56:06.64

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
3991	2512/2920	431/495	4504	Patricia Hellriegel	F	37	Elm Creek	NE	00:39:10.22	01:31:05.59	00:45:58.29	13:26	02:56:14.12
3992	2513/2920	449/503	3038	Lalitha Pragna Nasina	F	25	Lincoln	NE	00:39:24.70	01:34:57.35	00:41:54.02	13:26	02:56:16.08
3993	2514/2920	432/495	1656	Rachel Minchow	F	38	Omaha	NE	00:38:11.97	01:32:45.06	00:45:21.22	13:26	02:56:18.26
3994	2515/2920	127/154	3488	Juli Wilken	F	54	Lincoln	NE	00:36:51.22	01:32:41.27	00:46:55.82	13:27	02:56:28.32
3995	2516/2920	192/238	4242	Nikki Williams	F	45	Lincoln	NE	00:35:47.29	01:32:03.38	00:48:37.87	13:27	02:56:28.54
3996	2517/2920	452/515	6340	Sarah Wallace	F	34	Omaha	NE	00:38:37.59	01:33:01.83	00:44:58.09	13:28	02:56:37.52
3997	2518/2920	433/495	661	Keely Rennie-Tucker	F	39	Lincoln	NE	00:43:16.86	01:31:15.77	00:42:05.61	13:28	02:56:38.24
3998	1480/1586	41/46	5340	Ken Inman	M	63	Lincoln	NE	00:39:35.94	01:32:32.98	00:44:36.12	13:28	02:56:45.05
3999	2519/2920	193/238	3303	Renae Reed	F	49	Lincoln	NE	00:38:05.25	01:33:12.25	00:45:28.23	13:29	02:56:45.74
4000	2520/2920	450/503	2800	Kristin Weston	F	29	Omaha	NE	00:37:26.99	01:30:43.38	00:48:44.85	13:29	02:56:55.23
4001	1481/1586	157/168	6164	Edward Griffiths	M	47	Omaha	NE	00:33:39.51	01:33:07.50	00:50:08.72	13:29	02:56:55.74
4002	1482/1586	252/270	2321	Chad Kolbrek	M	30	Lincoln	NE	00:37:12.86	01:32:47.96	00:46:56.13	13:29	02:56:56.97
4003	2521/2920	453/515	923	Anna Miller	F	32	Wood River	NE	00:38:26.83	01:36:27.14	00:42:04.36	13:30	02:56:58.33
4004	2522/2920	363/405	4576	Leah Smith	F	21	Arnold	NE	00:37:52.85	01:33:33.28	00:45:36.48	13:30	02:57:02.63
4005	2523/2920	451/503	3689	Jocilyn Hansen	F	26	Overland Park	KS	00:38:30.21	01:32:36.52	00:45:55.99	13:30	02:57:02.73
4006	1483/1586	253/270	2246	Michael Freytag	M	31	Lincoln	NE	00:37:57.02	01:33:56.26	00:45:12.86	13:30	02:57:06.15
4007	2524/2920	452/503	665	Carly Lahmon	F	29	Eagle	NE	00:35:12.29	01:33:59.66	00:47:54.32	13:30	02:57:06.27
4008	1484/1586	138/145	5887	Justin Ronne	M	22	Lincoln	NE	00:36:23.50	01:32:31.46	00:48:12.55	13:30	02:57:07.52
4009	2525/2920	364/405	3604	Erin Cunningham	F	23	Lincoln	NE	00:36:23.70	01:32:32.36	00:48:11.55	13:30	02:57:07.62
4010	2526/2920	453/503	1383	Krista Vogel	F	28	Lincoln	NE	00:37:56.00	01:33:55.69	00:45:16.39	13:30	02:57:08.09
4011	2527/2920	454/503	4388	Kara Eide	F	26	Lincoln	NE	00:37:25.62	01:34:56.33	00:44:47.67	13:30	02:57:09.62
4012	2528/2920	17/20	5273	Kaitlyn Church	F	14	Beatrice	NE	00:33:49.86	01:37:09.85	00:46:12.62	13:31	02:57:12.34
4013	2529/2920	109/119	1293	Anna Ideus	F	15	Beatrice	NE	00:33:50.06	01:37:10.34	00:46:12.67	13:31	02:57:13.07
4014	2530/2920	455/503	3855	Kaitlyn Shell	F	25	Davenport	IA	00:37:05.49	01:33:44.96	00:46:24.87	13:31	02:57:15.33
4015	2531/2920	456/503	2932	Clairissa Wight	F	25	Omaha	NE	00:37:27.33	01:34:52.83	00:44:56.08	13:31	02:57:16.24
4016	2532/2920	110/119	1586	Christina Ryan	F	19	Friend	NE	00:40:15.85	01:36:02.50	00:41:01.21	13:31	02:57:19.56
4017	2533/2920	454/515	1027	Jennifer Will	F	31	Lincoln	NE	00:36:08.13	01:31:20.95	00:49:51.88	13:31	02:57:20.96
4018	2534/2920	434/495	4632	Amber Ryneanson	F	37	Broken Bow	NE	00:38:51.31	01:32:30.80	00:46:01.24	13:31	02:57:23.36
4019	2535/2920	455/515	1070	Stephani Bennett	F	31	Bellevue	NE	00:39:38.56	01:30:19.24	00:47:28.29	13:32	02:57:26.09
4020	2536/2920	8/14	1127	Linda Kamble	F	66	Lincoln	NE	00:38:44.65	01:33:29.52	00:45:12.98	13:32	02:57:27.15
4021	2537/2920	26/44	4195	Susan Hertzler	F	63	Lincoln	NE	00:38:40.50	01:33:38.52	00:45:10.30	13:32	02:57:29.33
4022	2538/2920	435/495	1429	Joy Anderson	F	35	Omaha	NE	00:39:34.76	01:38:35.81	00:39:20.13	13:32	02:57:30.71
4023	2539/2920	258/300	4642	Joy Veylupek	F	44	Omaha	NE	00:36:44.68	01:33:49.13	00:47:01.06	13:32	02:57:34.87
4024	1485/1586	254/270	5886	Ken Zimmerman	M	32	Omaha	NE	00:40:20.28	01:34:48.61	00:42:37.38	13:33	02:57:46.27
4025	2540/2920	456/515	3602	Meghan Zimmerman	F	32	Omaha	NE	00:40:20.94	01:34:47.81	00:42:37.57	13:33	02:57:46.32

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4026	2541/2920	436/495	548	Amy Thompson	F	38	Ashland	NE	00:33:11.96	01:33:08.84	00:51:31.60	13:34	02:57:52.40
4027	2542/2920	194/238	4563	Tiffany Yakes-Starr	F	47	Malvern	IA	00:37:15.89	01:32:46.11	00:47:51.87	13:34	02:57:53.88
4028	2543/2920	195/238	3709	Kelly L Quinby	F	49	Omaha	NE	00:37:16.09	01:32:45.16	00:47:53.73	13:34	02:57:54.98
4029	2544/2920	365/405	3003	Sammi Japp	F	23	Kennard	NE	00:39:42.94	01:41:37.57	00:36:34.87	13:34	02:57:55.38
4030	2545/2920	437/495	942	Alexandria Arroyo	F	35	Lincoln	NE	00:33:16.55	01:33:09.65	00:51:31.38	13:34	02:57:57.58
4031	2546/2920	366/405	3588	Anna Ahlers	F	22	Lincoln	NE	00:36:17.19	01:30:37.86	00:51:03.28	13:34	02:57:58.34
4032	2547/2920	84/104	4141	Michelle Winston	F	55	Omaha	NE	00:36:23.24	01:32:59.05	00:48:39.18	13:34	02:58:01.48
4033	1486/1586	90/101	6027	Dave Reeder	M	59	Fremont	NE	00:36:14.05	01:33:25.21	00:48:22.27	13:34	02:58:01.54
4034	2548/2920	457/503	3524	Jessica Reeder	F	27	Elkhorn	NE	00:36:14.50	01:33:24.95	00:48:22.88	13:34	02:58:02.34
4035	2549/2920	457/515	789	Kate Pohlmann	F	32	Lincoln	NE	00:37:45.04	01:33:46.39	00:46:32.59	13:35	02:58:04.03
4036	1487/1586	158/168	2019	Tracy Krzycki	M	49	Lincoln	NE	00:39:08.43	01:34:43.77	00:44:12.60	13:35	02:58:04.81
4037	2550/2920	196/238	1610	Trina Krzycki	F	45	Lincoln	NE	00:39:08.70	01:34:43.88	00:44:12.36	13:35	02:58:04.95
4038	2551/2920	438/495	4216	Rachel Donahoe	F	39	Lincoln	NE	00:37:41.10	01:31:16.39	00:49:10.17	13:35	02:58:07.66
4039	1488/1586	139/145	5888	Cody McCain	M	21	Lincoln	NE	00:38:03.30	01:33:56.83	00:46:13.87	13:35	02:58:14.00
4040	2552/2920	367/405	915	Lisa Henseleit	F	23	Tilden	NE	00:39:49.44	01:31:17.92	00:47:13.70	13:36	02:58:21.06
4041	1489/1586	140/145	2135	Jay Sayers	M	22	Tilden	NE	00:39:49.51	01:31:17.46	00:47:14.48	13:36	02:58:21.46
4042	2553/2920	439/495	706	Anne Eklund	F	36	Lincoln	NE	00:37:52.27	01:33:38.36	00:47:02.24	13:37	02:58:32.87
4043	2554/2920	259/300	4785	Brenda Reiman	F	43	Odell	NE	00:38:38.68	01:33:41.27	00:46:13.14	13:37	02:58:33.09
4044	2555/2920	458/503	4155	Rachel Rhoades	F	27	Lincoln	NE	00:38:38.16	01:33:58.31	00:45:57.37	13:37	02:58:33.85
4045	2556/2920	458/515	4339	Bethany Rarig	F	30	Omaha	NE	00:39:08.46	01:31:34.05	00:47:57.52	13:37	02:58:40.04
4046	2557/2920	459/503	2311	Samantha Sechler	F	25	Lincoln	NE	00:39:38.63	01:33:09.07	00:45:54.42	13:37	02:58:42.13
4047	2558/2920	440/495	837	Jamie Eichenberger	F	39	Beatrice	NE	00:37:10.84	01:34:25.12	00:47:17.66	13:38	02:58:53.63
4048	2559/2920	441/495	2684	Jackie Gregory	F	39	Fairbury	NE	00:36:53.04	01:31:58.11	00:50:03.56	13:38	02:58:54.71
4049	2560/2920	460/503	3179	Mallory Majorins	F	29	Lincoln	NE	00:37:24.70	01:34:35.12	00:46:59.80	13:39	02:58:59.62
4050	2561/2920	459/515	4577	Angela Delancey	F	32	Lincoln	NE	00:32:14.81	01:33:07.33	00:53:39.18	13:39	02:59:01.32
4051	2562/2920	460/515	1275	Ashley Frye	F	31	Maple Grove	WA	00:32:35.95	01:25:53.99	01:00:37.83	13:39	02:59:07.78
4052	2563/2920	461/503	3675	Molli Williams	F	25	Lincoln	NE	00:36:02.42	01:33:10.29	00:49:55.47	13:39	02:59:08.19
4053	2564/2920	462/503	576	Rachel Pilley	F	29	Omaha	NE	00:36:50.56	01:33:28.81	00:48:51.11	13:40	02:59:10.49
4054	2565/2920	260/300	630	Cheryl Gilsdorf	F	40	Platte Center	NE	00:37:03.98	01:37:03.87	00:45:05.91	13:40	02:59:13.76
4055	1490/1586	159/168	2145	Kevin Herde	M	49	Kent	CT	00:37:03.88	01:37:04.59	00:45:06.72	13:40	02:59:15.20
4056	2566/2920	461/515	3304	Samantha Nuttelman	F	30	Stromsburg	NE	00:34:41.11	01:32:16.43	00:52:24.80	13:40	02:59:22.35
4057	1491/1586	255/270	2545	Zack Tubbs	M	32	Lincoln	NE	00:37:23.74	01:30:56.44	00:51:02.83	13:41	02:59:23.01
4058	2567/2920	463/503	3420	Olivia Miller	F	26	Lincoln	NE	00:37:40.59	01:35:36.25	00:46:14.97	13:41	02:59:31.81
4059	2568/2920	462/515	3513	Mikki Clark	F	33	Lincoln	NE	00:40:15.96	01:33:28.05	00:45:54.37	13:42	02:59:38.38
4060	2569/2920	261/300	1403	Monica Janssen	F	43	Lincoln	NE	00:40:16.38	01:33:26.62	00:45:55.87	13:42	02:59:38.88

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4061	1492/1586	216/226	2357	Chris Allen	M	38	Lincoln	NE	00:35:58.43	01:32:49.50	00:50:54.65	13:42	02:59:42.58
4062	2570/2920	463/515	336	Kristin Sauder	F	31	Lincoln	NE	00:38:06.89	01:33:53.83	00:47:43.32	13:42	02:59:44.05
4063	1493/1586	216/225	2010	Herschel Ralston	M	29	Lincoln	NE	00:37:56.11	01:35:14.40	00:46:37.60	13:42	02:59:48.11
4064	2571/2920	85/104	4112	Barb Perry	F	56	Wichita	KS	00:41:53.73	01:34:55.82	00:43:00.05	13:43	02:59:49.61
4065	2572/2920	197/238	4307	Amy Frankforter	F	47	Lincoln	NE	00:39:46.09	01:35:47.62	00:44:21.98	13:43	02:59:55.70
4066	2573/2920	198/238	787	Shelley Cooper	F	47	Omaha	NE	00:38:13.94	01:35:34.55	00:46:11.98	13:43	03:00:00.47
4067	2574/2920	464/515	4297	Kristi Odvody	F	32	Dwight	NE	00:41:09.25	01:30:58.05	00:47:57.74	13:44	03:00:05.05
4068	1494/1586	256/270	2555	Eric Crook	M	32	Humboldt	NE	00:36:06.66	01:34:56.04	00:49:06.38	13:44	03:00:09.08
4069	2575/2920	442/495	4012	Brandy Johnson	F	35	Lincoln	NE	00:37:42.09	01:33:38.01	00:48:50.13	13:44	03:00:10.24
4070	2576/2920	465/515	1043	Jennie Schmidt	F	32	Lincoln	NE	00:37:00.76	01:32:16.88	00:51:07.83	13:45	03:00:25.48
4071	2577/2920	443/495	6152	Monica Wright	F	37	Lincoln	NE	00:39:25.90	01:32:02.56	00:48:57.01	13:45	03:00:25.48
4072	2578/2920	464/503	4863	Victoria Stahr	F	26	Gretna	NE	00:33:05.95	01:38:17.76	00:49:02.97	13:45	03:00:26.69
4073	2579/2920	444/495	2430	Kristi Krumland	F	36	Lincoln	NE	00:39:00.22	01:32:33.45	00:48:54.21	13:45	03:00:27.88
4074	2580/2920	465/503	1590	Bridget Michel	F	29	Lincoln	NE	00:39:31.38	01:35:02.54	00:45:54.64	13:46	03:00:28.57
4075	2581/2920	128/154	4239	Ann Mangiameli	F	51	Omaha	NE	00:38:01.47	01:32:35.66	00:50:09.88	13:47	03:00:47.02
4076	2582/2920	466/503	3439	Stephanie Anderson	F	27	Lincoln	NE	00:34:57.47	01:39:05.01	00:46:47.24	13:47	03:00:49.74
4077	2583/2920	129/154	955	Debbie O'keefe	F	53	Luncoln	NE	00:37:00.11	01:35:21.94	00:48:34.55	13:48	03:00:56.61
4078	2584/2920	466/515	4426	Krista Walter	F	34	Bennington	NE	00:39:06.95	01:35:49.50	00:46:01.13	13:48	03:00:57.59
4079	1495/1586	91/101	2553	Thomas Swanson	M	59	Lincoln	NE	00:40:30.57	01:33:54.19	00:46:36.31	13:48	03:01:01.07
4080	1496/1586	175/183	6125	Shane Eichenberger	M	40	Beatrice	NE	00:37:06.24	01:34:27.78	00:49:29.11	13:48	03:01:03.14
4081	2585/2920	262/300	4169	Aubrey Robinson	F	40	Moravia	IA	00:37:38.25	01:35:49.28	00:47:37.37	13:48	03:01:04.90
4082	2586/2920	467/515	4656	Megan Oquist	F	31	Clarks	NE	00:39:06.72	01:34:51.42	00:47:06.98	13:48	03:01:05.13
4083	2587/2920	199/238	1517	Ann Waltke-Clancy	F	46	Lincoln	NE	00:41:30.55	01:34:05.25	00:45:41.76	13:49	03:01:17.57
4084	1497/1586	217/225	2060	Anthony Vicente	M	29	Lincoln	NE	00:38:46.62	01:30:52.84	00:51:42.13	13:50	03:01:21.59
4085	1498/1586	218/225	5943	Scott Albenesius	M	29	Lincoln	NE	00:39:16.46	01:34:41.87	00:47:24.64	13:50	03:01:22.98
4086	2588/2920	368/405	3427	Jessica Coons	F	23	Arnold	NE	00:37:53.05	01:34:11.68	00:49:22.46	13:50	03:01:27.20
4087	2589/2920	369/405	3650	Jordyn Lukasiewicz	F	22	Farwell	NE	00:34:27.59	01:33:14.38	00:53:45.70	13:50	03:01:27.68
4088	1499/1586	160/168	6025	Brian Lee	M	48	Columbus	NE	00:34:27.65	01:33:14.66	00:53:46.04	13:50	03:01:28.36
4089	2590/2920	468/515	4104	Suzu Flom	F	34	Omaha	NE	00:41:15.28	01:35:32.95	00:44:41.29	13:50	03:01:29.53
4090	2591/2920	469/515	4261	Heather Crook	F	33	Waverly	NE	00:40:23.08	01:34:40.32	00:46:37.90	13:51	03:01:41.30
4091	2592/2920	263/300	4695	Abra Frisch	F	40	Peck	KS	00:39:16.92	01:34:42.95	00:47:47.88	13:52	03:01:47.76
4092	1500/1586	217/226	6147	Mark Frisch	M	36	Peck	KS	00:39:15.69	01:34:44.11	00:47:48.02	13:52	03:01:47.83
4093	2593/2920	200/238	623	Missy Droge	F	47	Pawnee City	NE	00:39:16.49	01:38:42.47	00:43:56.95	13:52	03:01:55.92
4094	1501/1586	97/109	5913	Brian Droge	M	51	Dubois	NE	00:39:17.57	01:38:42.02	00:43:57.11	13:52	03:01:56.71
4095	2594/2920	201/238	3511	Teri King	F	48	Lincoln	NE	00:38:24.34	01:37:37.59	00:45:54.93	13:52	03:01:56.87

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4096	2595/2920	467/503	3289	Brittany King	F	26	Lincoln	NE	00:38:23.74	01:37:38.09	00:45:55.37	13:52	03:01:57.20
4097	1502/1586	219/225	2466	Daniel Martinez	M	28	Lincoln	NE	00:37:04.69	01:34:42.98	00:50:10.62	13:52	03:01:58.30
4098	2596/2920	468/503	5531	Camille Akers	F	25	Omaha	NE	00:39:39.80	01:35:42.95	00:46:40.49	13:53	03:02:03.25
4099	2597/2920	202/238	4781	Betsy Nash	F	45	Council Bluffs	IA	00:41:15.85	01:35:33.42	00:45:17.65	13:53	03:02:06.92
4100	2598/2920	470/515	4475	Liz Steiner	F	33	Elmhurst	IL	00:40:43.41	01:34:35.80	00:46:56.24	13:54	03:02:15.46
4101	2599/2920	445/495	4291	Amy Stuefer	F	38	Lincoln	NE	00:38:55.01	01:34:27.77	00:48:53.35	13:54	03:02:16.14
4102	2600/2920	203/238	4218	Michelle Cox	F	48	Lincoln	NE	00:40:52.10	01:39:34.93	00:41:58.04	13:54	03:02:25.08
4103	1503/1586	218/226	2416	Derrick Hermanson	M	37	Lincoln	NE	00:37:24.25	01:28:29.97	00:56:42.65	13:55	03:02:36.87
4104	2601/2920	27/44	4086	Danette Hudson	F	63	Hemingford	NE	00:37:12.77	01:40:37.66	00:44:51.43	13:56	03:02:41.87
4105	2602/2920	469/503	1393	Bethany Hill	F	28	Lincoln	NE	00:40:05.35	01:30:13.10	00:52:41.67	13:57	03:03:00.13
4106	1504/1586	257/270	6362	Benjamin Schultz	M	30	Wayne	NE	00:43:46.44	01:35:00.42	00:44:17.43	13:57	03:03:04.30
4107	2603/2920	130/154	5675	Mary Kornhaus	F	54	Mcperson	KS	00:43:47.06	01:34:59.81	00:44:18.07	13:57	03:03:04.95
4108	2604/2920	471/515	3395	Ashley Hoover	F	31	Lincoln	NE	00:36:18.80	01:36:50.64	00:49:57.62	13:58	03:03:07.06
4109	2605/2920	370/405	4381	Heleena Tapp	F	23	Lincoln	NE	00:37:55.00	01:37:40.37	00:47:44.29	13:59	03:03:19.66
4110	1505/1586	92/101	5490	Larry Fangman	M	58	Eklhorn	NE	00:39:14.69	01:51:37.18	00:32:41.26	14:00	03:03:33.13
4111	2606/2920	470/503	1660	Heidi Fatemi	F	27	Lincoln	NE	00:35:56.36	01:39:46.82	00:48:04.21	14:01	03:03:47.40
4112	2607/2920	471/503	423	Morgan Oliver	F	28	Lincoln	NE	00:39:56.68	01:34:45.88	00:49:05.17	14:01	03:03:47.74
4113	2608/2920	472/503	794	Jessica Vermaas	F	28	Lincoln	NE	00:39:56.36	01:34:46.29	00:49:05.09	14:01	03:03:47.74
4114	2609/2920	371/405	4587	Alisha Loveless	F	22	Lincoln	NE	00:38:07.62	01:37:15.10	00:48:26.88	14:01	03:03:49.60
4115	2610/2920	446/495	4196	Jessica Perkins	F	36	Cheyenne	WY	00:41:20.73	01:35:46.73	00:47:00.26	14:02	03:04:07.73
4116	2611/2920	473/503	3769	Theresa Gresham	F	27	Joplin	MO	00:38:56.59	01:37:09.16	00:48:03.99	14:02	03:04:09.75
4117	2612/2920	472/515	6419	Michael Lynn Topil	F	31	Lincoln	NE	00:38:59.25	01:37:07.03	00:48:04.62	14:03	03:04:10.91
4118	2613/2920	447/495	4784	Nishja Nuss	F	36	Omaha	NE	00:39:17.24	01:33:39.24	00:51:20.65	14:03	03:04:17.14
4119	2614/2920	473/515	4929	Lyndsey Reddish	F	33	Lincoln	NE	00:38:55.59	01:38:15.85	00:47:20.85	14:04	03:04:32.30
4120	1506/1586	258/270	5907	Michael Dekraker	M	33	Cortland	NE	00:37:59.80	01:36:24.61	00:50:29.36	14:06	03:04:53.78
4121	2615/2920	474/515	4294	Melinda Dekraker	F	32	Cortland	NE	00:38:00.78	01:36:25.15	00:50:29.15	14:06	03:04:55.09
4122	2616/2920	448/495	2005	Emily Voss	F	35	Lincoln	NE	00:48:39.17	01:32:27.27	00:43:48.81	14:06	03:04:55.26
4123	2617/2920	474/503	1899	Abigail Bister	F	27	Lincoln	NE	00:38:21.88	01:35:53.39	00:50:46.85	14:06	03:05:02.13
4124	2618/2920	475/515	1225	Amanda Finco	F	31	Lincoln	NE	00:41:10.38	01:36:35.32	00:47:22.37	14:07	03:05:08.07
4125	2619/2920	449/495	4397	Michelle Bragg	F	35	Shawnee	KS	00:37:45.07	01:35:59.13	00:51:28.27	14:07	03:05:12.47
4126	2620/2920	264/300	1156	Tisha Gropp	F	40	Lincoln	NE	00:40:49.20	01:37:01.12	00:47:35.98	14:08	03:05:26.30
4127	2621/2920	86/104	4366	Julie Wallace2	F	56	Lincoln	NE	00:42:39.24	01:37:05.69	00:46:01.14	14:10	03:05:46.07
4128	1507/1586	259/270	5031	Wycliffe Tinaga	M	30	Lincoln	NE	00:42:38.81	01:37:06.52	00:46:00.76	14:10	03:05:46.10
4129	1508/1586	161/168	2009	Rob Nickolaus	M	49	Lincoln	NE	00:32:29.29	01:42:48.54	00:50:28.79	14:10	03:05:46.64
4130	1509/1586	5/5	2455	Richard Halvorsen	M	71	Lincoln	NE	00:31:52.78	01:22:46.12	01:11:29.46	14:11	03:06:08.37

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4131	2622/2920	476/515	4708	Ammie Frost	F	32	Hemingford	NE	00:39:51.53	01:40:03.78	00:46:15.56	14:12	03:06:10.88
4132	2623/2920	204/238	1577	Linette Mccune	F	45	Ozawkie	KS	00:39:36.04	01:38:19.91	00:48:21.30	14:12	03:06:17.25
4133	2624/2920	87/104	3940	Deanna Jaymes	F	56	Lincoln	NE	00:39:46.47	01:35:47.01	00:50:48.30	14:12	03:06:21.79
4134	2625/2920	372/405	4731	Callyn Larsen	F	20	Columbus	NE	00:40:01.23	01:36:05.74	00:50:17.46	14:13	03:06:24.43
4135	2626/2920	88/104	2962	Lil Gibson	F	58	Lincoln	NE	00:40:20.97	01:35:59.47	00:50:16.13	14:14	03:06:36.57
4136	2627/2920	28/44	542	Marcia Hansen	F	61	Pacific Junction	IA	00:41:57.25	01:36:56.36	00:47:44.29	14:14	03:06:37.90
4137	2628/2920	265/300	4667	Amy Pittman	F	43	Arlington	NE	00:41:15.28	01:36:51.73	00:48:32.37	14:14	03:06:39.38
4138	2629/2920	131/154	1439	Eddra Ritta	F	54	Hickman	NE	00:41:13.74	01:37:26.91	00:47:58.98	14:14	03:06:39.63
4139	2630/2920	266/300	519	Liz Girmus	F	44	Yutan	NE	00:41:16.68	01:36:50.52	00:48:32.67	14:14	03:06:39.88
4140	2631/2920	373/405	4428	Mackenzie Jones	F	21	Cottage Grove	WI	00:39:18.63	01:37:09.99	00:50:17.46	14:14	03:06:46.09
4141	2632/2920	267/300	5627	Jennifer Mcfarland	F	43	Omaha	NE	00:39:36.84	01:41:19.33	00:45:54.51	14:15	03:06:50.69
4142	2633/2920	205/238	6286	Claressa Millsap	F	48	Kearney	NE	00:36:52.97	01:35:21.47	00:54:39.42	14:15	03:06:53.87
4143	2634/2920	206/238	1628	Kathy Lydiatt	F	49	Bellevue	NE	00:39:47.63	01:39:26.15	00:47:42.13	14:15	03:06:55.91
4144	1510/1586	176/183	2334	Shefers Sarkar	M	40	Omaha	NE	00:43:41.94	01:34:40.61	00:48:35.52	14:15	03:06:58.07
4145	2635/2920	477/515	4673	Denise Hebert	F	33	Bellevue	NE	00:36:45.20	01:35:38.84	00:54:42.52	14:16	03:07:06.57
4146	1511/1586	260/270	5518	Chad Bloomquist	M	34	Lincoln	NE	00:38:06.12	01:38:30.00	00:50:42.32	14:17	03:07:18.45
4147	2636/2920	207/238	4360	Kathy Little	F	49	Lincoln	NE	00:42:27.18	01:36:08.71	00:48:53.27	14:18	03:07:29.17
4148	2637/2920	132/154	4738	Julie Bruning	F	51	Chapman	NE	00:42:28.04	01:36:11.89	00:48:49.44	14:18	03:07:29.38
4149	2638/2920	89/104	4035	Nancy Fox	F	59	Marion	IA	00:38:01.68	01:38:41.53	00:50:50.88	14:18	03:07:34.10
4150	2639/2920	268/300	4034	Misty Vanmilligan	F	44	Marion	IA	00:38:04.38	01:38:44.21	00:50:46.24	14:18	03:07:34.84
4151	2640/2920	478/515	6579	Chelsey Loebig	F	31	Kearney	NE	00:37:21.68	01:35:59.76	00:54:16.02	14:18	03:07:37.46
4152	2641/2920	133/154	4268	Theresa Grove	F	53	Dakota City	NE	00:40:25.51	01:38:22.37	00:48:52.47	14:18	03:07:40.36
4153	2642/2920	269/300	2205	Michelle Goertzen	F	44	Hampton	NE	00:42:53.68	01:37:53.19	00:46:54.76	14:19	03:07:41.64
4154	1512/1586	219/226	5378	Colby Perry	M	37	Seward	NE	00:32:06.44	01:33:45.51	01:01:53.79	14:19	03:07:45.75
4155	2643/2920	29/44	4009	Mary A Seger Barker	F	62	Seward	NE	00:39:27.90	01:38:04.77	00:50:13.72	14:19	03:07:46.40
4156	2644/2920	475/503	3253	Maria Martinez	F	28	Lincoln	NE	00:38:53.60	01:38:51.89	00:50:01.13	14:19	03:07:46.62
4157	2645/2920	476/503	4215	Katelyn Rempe	F	28	Lincoln	NE	00:39:13.56	01:33:49.24	00:54:44.64	14:19	03:07:47.45
4158	2646/2920	479/515	621	Emily Sulzle	F	33	Lincoln	NE	00:40:00.23	01:39:52.05	00:48:00.50	14:19	03:07:52.79
4159	2647/2920	450/495	1937	Amy Kleinschmit	F	38	Lincoln	NE	00:36:25.67	01:40:53.10	00:50:44.36	14:20	03:08:03.14
4160	2648/2920	374/405	691	Jamie Stalder	F	24	Maryville	MO	00:39:33.64	01:41:00.01	00:47:39.03	14:21	03:08:12.69
4161	1513/1586	261/270	1805	Raul Palacios	M	32	Lincoln	NE	00:37:48.42	01:40:10.31	00:50:19.46	14:21	03:08:18.20
4162	2649/2920	134/154	1327	Susan Swearer	F	52	Lincoln	NE	00:37:48.75	01:40:09.98	00:50:19.88	14:21	03:08:18.62
4163	2650/2920	90/104	4786	Joyce Butler	F	58	Omaha	NE	00:42:00.22	01:37:47.41	00:48:32.41	14:22	03:08:20.05
4164	2651/2920	375/405	343	Makayla Nemecek	F	20	Kearney	NE	00:37:40.92	01:38:33.78	00:52:12.41	14:22	03:08:27.12
4165	2652/2920	270/300	4452	Shanna Paopao	F	41	Omaha	NE	00:41:45.94	01:35:34.20	00:51:12.11	14:22	03:08:32.25

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4166	2653/2920	451/495	3986	Kelli Macumber	F	39	North Platte	NE	00:41:45.71	01:35:34.43	00:51:12.11	14:22	03:08:32.26
4167	2654/2920	91/104	4062	Becky Topil	F	59	Eudora	KS	00:42:20.31	01:39:49.65	00:46:40.49	14:24	03:08:50.46
4168	1514/1586	93/101	6013	Mark Zeller	M	57	Lincoln	NE	00:42:21.51	01:39:49.70	00:46:40.89	14:24	03:08:52.11
4169	2655/2920	376/405	5028	Dakotah Hicks	F	23	Brainard	NE	00:38:57.45	01:40:27.53	00:49:31.68	14:24	03:08:56.66
4170	2656/2920	271/300	2734	Puja Kandel	F	41	Omaha	NE	00:52:07.38	01:33:37.01	00:43:21.60	14:25	03:09:06.00
4171	2657/2920	480/515	4651	Alicia Jennings	F	33	Lincoln	NE	00:40:56.41	01:37:57.64	00:50:15.59	14:25	03:09:09.65
4172	1515/1586	94/101	1834	Dean Davis	M	56	Utica	NE	00:41:26.70	01:40:33.85	00:47:14.13	14:26	03:09:14.69
4173	2658/2920	481/515	636	Jorden Tobey	F	30	Kearney	NE	00:41:27.02	01:40:33.48	00:47:14.44	14:26	03:09:14.95
4174	2659/2920	482/515	1528	Courtney Zwink	F	34	Gibbon	NE	00:41:27.81	01:40:33.56	00:47:14.62	14:26	03:09:16.00
4175	2660/2920	452/495	1296	Kim Zwiener	F	39	Valparaiso	NE	00:42:11.08	01:40:15.81	00:46:55.77	14:26	03:09:22.67
4176	2661/2920	92/104	4826	Michelle Poyer	F	57	Lincoln	NE	00:40:50.39	01:39:34.36	00:49:13.40	14:27	03:09:38.16
4177	2662/2920	272/300	4717	Jennifer Foster	F	40	Lincoln	NE	00:38:03.48	01:39:43.16	00:52:03.14	14:28	03:09:49.79
4178	2663/2920	477/503	4326	Alyssa Wenzl	F	29	Lincoln	NE	00:38:05.92	01:39:09.35	00:52:41.20	14:29	03:09:56.48
4179	1516/1586	220/225	2475	William Gans-King	M	28	Lincoln	NE	00:48:06.05	01:36:01.91	00:46:00.42	14:30	03:10:08.38
4180	2664/2920	273/300	4799	Heidi Widner	F	43	Lincoln	NE	00:40:57.71	01:39:04.75	00:50:06.63	14:30	03:10:09.10
4181	2665/2920	453/495	4665	Heidi Enderson	F	37	Lincoln	NE	00:38:36.02	01:38:34.21	00:53:00.50	14:30	03:10:10.75
4182	1517/1586	162/168	5633	Michael Griess	M	47	Sutton	NE	00:41:05.16	01:39:46.15	00:49:19.52	14:30	03:10:10.84
4183	2666/2920	208/238	4489	Michaela Klein	F	46	Sutton	NE	00:40:34.83	01:40:16.40	00:49:20.37	14:30	03:10:11.61
4184	1518/1586	98/109	5985	Erick Erickson	M	51	Holdrege	NE	00:39:18.15	01:37:59.75	00:52:54.82	14:30	03:10:12.73
4185	2667/2920	3/4	1467	Deb Fisher	F	74	Lincoln	NE	00:43:54.07	01:40:25.20	00:46:01.88	14:31	03:10:21.16
4186	2668/2920	454/495	4804	Angela Blue	F	36	Lincoln	NE	00:39:13.71	01:44:18.04	00:46:52.29	14:31	03:10:24.04
4187	2669/2920	209/238	2868	Michele Andersen	F	49	Omaha	NE	00:38:14.86	01:29:16.29	01:02:55.32	14:31	03:10:26.48
4188	2670/2920	455/495	1418	Adeline Schmit	F	39	Waverly	NE	00:42:46.44	01:38:59.02	00:48:42.38	14:31	03:10:27.84
4189	2671/2920	111/119	3514	Shay Andersen	F	19	Omaha	NE	00:38:29.39	01:41:11.50	00:50:47.24	14:31	03:10:28.13
4190	2672/2920	478/503	6289	Emily Beck	F	27	Central City	NE	00:38:28.42	01:36:49.66	00:55:18.26	14:32	03:10:36.35
4191	2673/2920	274/300	5509	Jessica Dickey	F	42	Lincoln	NE	00:41:09.94	01:39:53.28	00:50:19.64	14:35	03:11:22.88
4192	2674/2920	30/44	4612	Catherine Pohl	F	60	Bruno	NE	00:38:00.56	01:41:23.24	00:52:03.31	14:36	03:11:27.12
4193	1519/1586	177/183	6141	Frank Soukup	M	41	Lincoln	NE	00:41:36.94	01:41:33.77	00:48:22.97	14:36	03:11:33.69
4194	2675/2920	456/495	4616	Jennifer Thompson	F	39	Cheyenne	WY	00:41:20.35	01:40:22.29	00:49:55.01	14:37	03:11:37.66
4195	2676/2920	457/495	1404	Shayla Swift	F	37	Lincoln	NE	00:37:41.93	01:39:39.02	00:54:17.31	14:37	03:11:38.27
4196	2677/2920	458/495	1736	Jennifer Ott	F	36	Henderson	NE	00:42:51.43	01:40:23.06	00:48:34.02	14:37	03:11:48.52
4197	2678/2920	459/495	1233	Ingrid Esparza	F	36	Lincoln	NE	00:42:54.17	01:33:20.41	00:55:41.85	14:38	03:11:56.44
4198	2679/2920	483/515	1593	Megan Watts	F	34	Roeland Park	KS	00:43:57.26	01:38:55.74	00:49:03.62	14:38	03:11:56.63
4199	2680/2920	377/405	2984	Faith Vawter	F	21	Omaha	NE	00:35:01.04	01:45:25.70	00:51:34.02	14:38	03:12:00.76
4200	1520/1586	178/183	2165	Joshua Stahr	M	42	Omaha	NE	00:38:21.09	01:40:34.39	00:53:08.26	14:39	03:12:03.74



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4201	2681/2920	484/515	1427	Casey Stahr	F	34	Omaha	NE	00:38:22.00	01:40:36.08	00:53:06.12	14:39	03:12:04.21
4202	2682/2920	210/238	1643	Jill Clatterbaugh	F	45	Lincoln	NE	00:39:21.93	01:42:46.98	00:49:57.29	14:39	03:12:06.20
4203	2683/2920	211/238	551	Debra Jones	F	48	Lincoln	NE	00:39:30.78	01:42:42.16	00:49:54.22	14:39	03:12:07.17
4204	2684/2920	275/300	553	Heather Ketelsen	F	40	Lincoln	NE	00:39:30.85	01:42:43.34	00:49:53.09	14:39	03:12:07.29
4205	2685/2920	93/104	4711	Marnie Carr	F	55	Overton	NE	00:46:19.79	01:39:32.49	00:46:29.28	14:40	03:12:21.57
4206	1521/1586	99/109	5967	Eric Olson	M	52	Omaha	NE	00:44:05.22	01:40:43.75	00:47:33.95	14:40	03:12:22.93
4207	2686/2920	31/44	196	Roberta Alexander	F	61	Concordia	KS	00:42:45.90	01:40:35.17	00:49:02.12	14:40	03:12:23.19
4208	2687/2920	460/495	1456	Kristin Polk	F	35	Lincoln	NE	00:41:07.43	01:41:13.04	00:50:04.50	14:40	03:12:24.97
4209	2688/2920	479/503	1312	Ebba Mead	F	26	Lincoln	NE	00:40:12.42	01:42:09.82	00:50:04.00	14:40	03:12:26.24
4210	2689/2920	485/515	4536	Jenilee Woltman	F	33	Hemingford	NE	00:37:15.15	01:44:54.29	00:50:24.70	14:41	03:12:34.15
4211	2690/2920	378/405	300	Corryn Lewis	F	21	La Vista	NE	00:40:55.61	01:40:34.48	00:51:06.99	14:41	03:12:37.09
4212	2691/2920	135/154	3786	Diane Lewis	F	54	Unadilla	NE	00:40:56.23	01:40:33.66	00:51:07.39	14:41	03:12:37.29
4213	2692/2920	486/515	4175	Sarah Malcolm	F	32	Ceresco	NE	00:43:00.56	01:50:08.30	00:39:31.74	14:41	03:12:40.60
4214	2693/2920	32/44	3601	Margaret Nowak	F	60	Lenexa	KS	00:46:57.62	01:39:49.03	00:46:01.37	14:42	03:12:48.02
4215	2694/2920	461/495	1415	Stephanie Frye	F	37	Dyersville	IA	00:44:12.92	01:39:37.54	00:49:13.49	14:43	03:13:03.95
4216	2695/2920	276/300	3779	Monika Harper	F	40	Clarkson	NE	00:41:18.08	01:41:29.61	00:50:19.10	14:43	03:13:06.80
4217	2696/2920	379/405	4402	Marissa Sheets	F	22	Lincoln	NE	00:41:25.52	01:41:16.39	00:50:28.25	14:44	03:13:10.17
4218	1522/1586	179/183	2203	Stephen Engel	M	43	Lincoln	NE	00:42:01.49	01:39:39.08	00:51:42.10	14:45	03:13:22.68
4219	2697/2920	462/495	1124	Kirstie Engel	F	38	Lincoln	NE	00:42:00.41	01:39:40.39	00:51:42.39	14:45	03:13:23.20
4220	1523/1586	221/225	1952	Randy Humphrey	M	27	Lincoln	NE	00:42:50.53	01:42:34.64	00:48:23.40	14:47	03:13:48.58
4221	2698/2920	463/495	6261	Nickey Sampson	F	39	Lincoln	NE	00:39:26.67	01:43:32.98	00:50:51.62	14:47	03:13:51.29
4222	2699/2920	487/515	4088	Linssy Hulbert	F	33	Lincoln	NE	00:39:27.31	01:43:32.79	00:50:51.73	14:47	03:13:51.84
4223	2700/2920	480/503	582	Alexandra Miller	F	25	Lincoln	NE	00:42:50.97	01:42:36.32	00:48:24.57	14:47	03:13:51.87
4224	2701/2920	481/503	3688	Robin Holloway	F	25	Lincoln	NE	00:42:51.13	01:42:37.19	00:48:23.83	14:47	03:13:52.15
4225	2702/2920	380/405	2836	Emily Rafert	F	23	Salina	KS	00:39:43.49	01:41:38.60	00:52:31.52	14:47	03:13:53.62
4226	1524/1586	100/109	5987	Jeff Stilwagon	M	51	Dorchester	NE	00:42:51.05	01:42:26.22	00:48:40.49	14:47	03:13:57.76
4227	1525/1586	95/101	2089	Dennis Pracheil	M	59	Dorchester	NE	00:42:55.78	01:42:21.49	00:48:41.68	14:47	03:13:58.96
4228	1526/1586	163/168	6205	Peter Adams	M	49	Lincoln	NE	00:45:09.37	01:43:01.81	00:45:53.19	14:48	03:14:04.37
4229	1527/1586	220/226	6110	Sean Trundle	M	36	Lincoln	NE	00:41:35.73	01:40:49.13	00:51:45.40	14:48	03:14:10.27
4230	2703/2920	482/503	2764	Justine Yeo	F	26	Lincoln	NE	00:46:47.96	01:33:31.10	00:53:52.95	14:48	03:14:12.02
4231	2704/2920	136/154	4523	Kathleen Bracken	F	50	La Vista	NE	00:43:45.34	01:43:50.66	00:46:38.87	14:49	03:14:14.88
4232	2705/2920	381/405	3326	Sara Jo Kunert	F	24	Fairmont	NE	00:39:03.09	01:44:05.38	00:51:07.35	14:49	03:14:15.83
4233	2706/2920	137/154	4830	Amy Mcguire	F	52	Lincoln	NE	00:43:51.31	01:41:11.29	00:49:17.12	14:49	03:14:19.73
4234	2707/2920	382/405	3771	Chloe Simonson	F	22	Lincoln	NE	00:43:05.12	01:41:47.29	00:49:30.66	14:49	03:14:23.08
4235	2708/2920	138/154	3433	Barbara Carlson	F	52	Lincoln	NE			00:49:17.12	14:49	03:14:24.46

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4236	2709/2920	464/495	1386	Amanda Klein	F	37	Wilcox	NE	00:38:27.28	01:42:35.23	00:53:24.89	14:50	03:14:27.40
4237	1528/1586	141/145	5878	Derek Demers	M	23	Lincoln	NE	00:37:00.92	01:45:35.27	00:51:51.55	14:50	03:14:27.74
4238	2710/2920	139/154	1642	Kimberly Hart	F	54	Omaha	NE	00:39:37.48	01:37:07.15	00:57:45.27	14:50	03:14:29.91
4239	2711/2920	112/119	6578	Emily Hart	F	19	Omaha	NE	00:34:35.05	01:42:10.00	00:57:45.48	14:50	03:14:30.54
4240	1529/1586	222/225	2266	Eric Baumgartner	M	25	Lincoln	NE	00:38:35.57	01:41:37.56	00:54:32.93	14:51	03:14:46.07
4241	2712/2920	383/405	3173	Hayley Heath	F	20	Lincoln	NE	00:38:34.24	01:41:39.17	00:54:33.06	14:51	03:14:46.48
4242	2713/2920	384/405	746	Kaitlyn Baumgartner	F	22	Lincoln	NE	00:38:35.15	01:41:39.53	00:54:32.13	14:51	03:14:46.81
4243	2714/2920	277/300	3862	Natalie Williams	F	41	Lincoln	NE	00:38:08.45	01:43:33.15	00:53:19.36	14:52	03:15:00.97
4244	2715/2920	278/300	1807	Sharla Mad	F	43	Lincoln	NE	00:42:21.93	01:40:17.15	00:52:23.06	14:52	03:15:02.15
4245	1530/1586	96/101	5645	Jerald Kracht	M	58	Bremen	KS	00:40:23.10	01:43:43.91	00:51:05.76	14:53	03:15:12.77
4246	2716/2920	465/495	744	Emily Degraff	F	38	Lincoln	NE	00:38:11.23	01:46:22.25	00:50:46.13	14:54	03:15:19.61
4247	1531/1586	19/23	1718	Ellis Bass	M	9	Lincoln	NE	00:38:11.49	01:46:22.87	00:50:45.52	14:54	03:15:19.89
4248	2717/2920	94/104	4562	Lisa Ahmann	F	57	Lincoln	NE	00:41:20.92	01:45:19.10	00:48:40.77	14:54	03:15:20.79
4249	2718/2920	140/154	604	Brenda Heideman	F	53	Marysville	KS	00:40:44.09	01:44:18.60	00:50:22.36	14:54	03:15:25.06
4250	2719/2920	141/154	1064	Sherry Griffeth	F	54	Lincoln	NE	00:40:44.43	01:44:18.06	00:50:23.37	14:54	03:15:25.87
4251	2720/2920	9/14	1580	Jeanen France	F	65	Lincoln	NE	00:39:17.21	01:45:42.85	00:50:28.82	14:54	03:15:28.89
4252	1532/1586	221/226	2402	Patrick Morehead	M	35	Lincoln	NE	00:42:16.88	01:44:41.01	00:48:32.42	14:54	03:15:30.32
4253	2721/2920	95/104	1377	Annie Avalos	F	57	Lincoln	NE	00:41:36.89	01:41:36.36	00:52:27.98	14:55	03:15:41.24
4254	2722/2920	279/300	1345	Claire Jorgensen	F	41	Lincoln	NE	00:35:34.16	01:38:14.02	01:01:54.36	14:55	03:15:42.54
4255	2723/2920	280/300	3445	Tanya Martin-Dick	F	44	Lincoln	NE	00:41:55.95	01:45:03.00	00:48:47.97	14:56	03:15:46.93
4256	2724/2920	18/20	2658	Jaeda Adcock	F	11	Lincoln	NE	00:41:55.63	01:45:15.17	00:48:36.36	14:56	03:15:47.17
4257	1533/1586	222/226	6194	Jon Imms	M	39	Lincoln	NE	00:43:55.31	01:42:15.79	00:49:37.83	14:56	03:15:48.93
4258	2725/2920	385/405	3076	Adrienne Anderson	F	24	Lincoln	NE	00:41:34.87	01:43:51.02	00:50:23.15	14:56	03:15:49.04
4259	2726/2920	386/405	3077	Danielle Parde	F	24	Lincoln	NE	00:41:34.55	01:43:51.95	00:50:22.54	14:56	03:15:49.04
4260	2727/2920	142/154	512	Sabrina Nielsen	F	52	Oxford	NE	00:41:47.24	01:45:53.02	00:48:10.19	14:56	03:15:50.45
4261	1534/1586	101/109	1862	Kevin Nielsen	M	52	Oxford	NE	00:41:47.65	01:45:52.02	00:48:10.94	14:56	03:15:50.61
4262	2728/2920	488/515	5993	Kelly Huenink	F	32	Lincoln	NE	00:42:58.75	01:43:14.14	00:49:40.08	14:56	03:15:52.97
4263	2729/2920	489/515	4462	Erin Hulscher	F	31	Lincoln	NE	00:43:32.00	01:42:42.85	00:49:39.08	14:56	03:15:53.93
4264	2730/2920	281/300	4783	Chrysti Schwarz	F	44	Omaha	NE	00:45:14.65	01:44:10.08	00:46:38.99	14:57	03:16:03.72
4265	1535/1586	20/23	4890	Asher Swan	M	10	Omaha	NE	00:33:48.33	01:56:13.96	00:46:01.61	14:57	03:16:03.90
4266	2731/2920	282/300	1491	Jennifer Jensen	F	40	North Platte	NE	00:42:46.18	01:42:05.52	00:51:13.64	14:57	03:16:05.34
4267	1536/1586	142/145	6004	Ian Bridge	M	22	North Platte	NE	00:42:47.49	01:42:05.29	00:51:12.87	14:57	03:16:05.66
4268	2732/2920	283/300	1492	Rebecca Lieske	F	42	North Platte	NE	00:42:46.44	01:42:05.65	00:51:13.63	14:57	03:16:05.73
4269	1537/1586	180/183	5188	Dave Swan	M	42	Omaha	NE	00:33:48.74	01:56:13.34	00:46:10.83	14:58	03:16:12.92
4270	2733/2920	212/238	2350	Kristine Strand	F	47	Lincoln	NE	00:45:31.17	01:43:53.33	00:46:57.46	14:58	03:16:21.97

# The Good Life Haltsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4271	2734/2920	490/515	1557	Kayla Rief	F	33	Lincoln	NE	00:40:16.08	01:45:41.98	00:50:26.05	14:58	03:16:24.12
4272	2735/2920	491/515	1358	Jordan Onwiler	F	30	Lincoln	NE	00:44:36.27	01:43:46.83	00:48:22.62	15:00	03:16:45.73
4273	2736/2920	466/495	2645	Jackie Brown	F	35	Bellevue	NE	00:44:02.35	01:45:15.08	00:47:49.90	15:02	03:17:07.34
4274	2737/2920	33/44	5206	Sue Nelson	F	61	Lincoln	NE	00:45:42.50	01:41:44.17	00:49:47.52	15:02	03:17:14.20
4275	1538/1586	164/168	2261	Joey Torres	M	47	Papillion	NE	00:47:44.86	01:43:27.81	00:46:01.69	15:02	03:17:14.36
4276	2738/2920	10/14	5346	Frances Beurivage	F	67	Lincoln	NE	00:43:53.14	01:43:33.31	00:49:47.96	15:02	03:17:14.42
4277	2739/2920	387/405	3503	Erin Jurgens	F	20	Beatrice	NE	00:43:30.26	01:44:07.29	00:49:40.25	15:03	03:17:17.81
4278	2740/2920	467/495	6349	Kristen Treat	F	38	Bellevue	NE	00:42:42.52	01:42:03.24	00:52:33.52	15:03	03:17:19.28
4279	1539/1586	42/46	5802	Dave Scharf	M	60	Lincoln	NE	00:43:19.91	01:42:38.10	00:51:28.30	15:03	03:17:26.32
4280	2741/2920	34/44	4420	Nancy Bailey	F	62	Columbus	NE	00:44:47.87	01:44:02.26	00:48:49.06	15:04	03:17:39.20
4281	2742/2920	492/515	4727	Amber Tanner	F	33	Elkhorn	NE	00:42:49.03	01:41:46.03	00:53:05.49	15:04	03:17:40.56
4282	2743/2920	96/104	4767	Jody Horner	F	55	Fremont	NE	00:46:28.52	01:42:32.79	00:48:56.87	15:06	03:17:58.18
4283	1540/1586	223/226	5246	Ross Ricenbaw	M	38	Lincoln	NE	00:43:50.11	01:41:09.15	00:52:59.61	15:06	03:17:58.87
4284	2744/2920	468/495	4486	Amanda Ricenbaw	F	38	Lincoln	NE	00:43:51.70	01:41:09.64	00:52:59.13	15:06	03:18:00.48
4285	2745/2920	213/238	4293	Joi Pool	F	46	Lincoln	NE	00:39:59.41	01:45:03.78	00:53:02.51	15:06	03:18:05.71
4286	2746/2920	388/405	4439	Halee Goans	F	21	Lincoln	NE	00:38:13.95	01:43:33.80	00:56:37.72	15:08	03:18:25.47
4287	2747/2920	493/515	269	Amanda Morris	F	31	Lincoln	NE	00:40:16.86	01:43:06.41	00:55:17.08	15:09	03:18:40.36
4288	1541/1586	262/270	2590	Evan Brunkow	M	31	Lincoln	NE	00:41:23.30	01:40:18.93	00:57:40.90	15:12	03:19:23.14
4289	2748/2920	35/44	4003	Peggy Skorupa	F	61	Columbus	NE	00:44:47.91	01:44:02.86	00:50:41.74	15:13	03:19:32.52
4290	2749/2920	389/405	4684	Andrea McMurray	F	22	Tecumseh	NE	00:39:16.68	01:43:43.90	00:56:45.41	15:14	03:19:46.00
4291	2750/2920	390/405	1554	Halle Hart	F	23	Elkhorn	NE	00:42:18.50	01:46:58.49	00:50:54.09	15:16	03:20:11.08
4292	1542/1586	223/225	6420	Tyler Hart	M	26	Elkhorn	NE	00:42:18.51	01:46:58.61	00:50:54.14	15:16	03:20:11.26
4293	1543/1586	224/226	1760	Grant Schulte	M	35	Lincoln	NE	00:45:44.17	01:47:57.43	00:46:34.86	15:16	03:20:16.47
4294	2751/2920	469/495	1223	Nicole Wilson	F	37	Gretna	NE	00:45:44.30	01:47:57.93	00:46:34.59	15:16	03:20:16.82
4295	2752/2920	483/503	4816	Sarah Nelson	F	27	Lincoln	NE	00:43:32.00	01:42:23.25	00:54:29.31	15:17	03:20:24.57
4296	2753/2920	494/515	2340	Lindsey Stuhr	F	30	Lincoln	NE	00:40:07.94	01:41:48.32	00:58:47.11	15:18	03:20:43.39
4297	1544/1586	263/270	5521	Michael Smith	M	34	Lincoln	NE	00:40:13.71	01:43:08.22	00:57:23.45	15:18	03:20:45.39
4298	2754/2920	470/495	3655	Lavae Hargrave	F	38	Bellevue	NE	00:38:18.73	01:50:51.64	00:51:54.26	15:20	03:21:04.63
4299	2755/2920	284/300	2749	Michelle Bales	F	40	Staplehurst	NE	00:38:20.00	01:50:50.71	00:51:54.55	15:20	03:21:05.26
4300	1545/1586	225/226	6175	Scott Gray	M	38	Eldon	MO	00:42:36.74	01:45:57.88	00:52:35.88	15:20	03:21:10.50
4301	2756/2920	285/300	5486	Mitzi Haite	F	43	Glenwood	IA	00:43:59.67	01:45:16.98	00:52:10.54	15:22	03:21:27.20
4302	2757/2920	495/515	4669	Annie Delacruz	F	33	Dekalb	IL	00:38:40.50	01:45:57.80	00:56:58.03	15:22	03:21:36.33
4303	2758/2920	484/503	4892	Ashley Bott	F	25	Lincoln	NE	00:44:06.51	01:44:02.49	00:53:28.01	15:22	03:21:37.03
4304	2759/2920	485/503	421	Alexis Menard	F	26	Lincoln	NE	00:44:06.51	01:44:03.31	00:53:27.36	15:22	03:21:37.19
4305	2760/2920	486/503	283	Jessica Dunlap	F	25	Humboldt	NE	00:39:32.52	01:45:32.97	00:56:44.83	15:23	03:21:50.33

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4306	2761/2920	487/503	3118	Sarah Depalma	F	28	Papillion	NE	00:38:28.30	01:50:41.57	00:52:41.04	15:23	03:21:50.91
4307	1546/1586	165/168	2232	Matthew Petr	M	49	Lincoln	NE	00:46:10.09	01:45:28.48	00:50:25.66	15:24	03:22:04.24
4308	2762/2920	214/238	1531	Carrie Petr	F	45	Lincoln	NE	00:46:09.08	01:45:29.38	00:50:26.61	15:24	03:22:05.08
4309	2763/2920	113/119	2712	Alyia Whitehall	F	19	Lincoln	NE	00:34:40.07	01:47:46.66	00:59:42.02	15:25	03:22:08.76
4310	2764/2920	471/495	4796	Meghan O'Neill	F	35	Lincoln	NE	00:43:05.94	01:44:53.06	00:54:19.85	15:25	03:22:18.85
4311	2765/2920	488/503	1541	Christine Holm	F	28	Lincoln	NE	00:47:01.67	01:45:58.04	00:49:29.88	15:26	03:22:29.59
4312	2766/2920	114/119	4965	Jelly Fisher	F	17	Lincoln	NE	00:41:57.44	01:48:20.16	00:52:21.13	15:27	03:22:38.74
4313	2767/2920	496/515	2676	Nichole Popken	F	33	Hooper	NE	00:41:25.50	01:44:24.19	00:56:51.92	15:27	03:22:41.62
4314	2768/2920	215/238	49	Susan Cronin	F	48	Lincoln	NE	00:41:11.01	01:48:59.43	00:52:34.85	15:28	03:22:45.30
4315	2769/2920	497/515	1351	Annie Honerkamp	F	32	Lincoln	NE	00:43:09.81	01:47:30.28	00:52:06.80	15:28	03:22:46.89
4316	2770/2920	498/515	680	Monica Stryker	F	32	Plattsmouth	NE	00:43:10.04	01:47:30.32	00:52:06.73	15:28	03:22:47.09
4317	1547/1586	102/109	2140	Chris Ernst	M	53	Douglasville	GA	00:49:40.43	01:45:29.65	00:47:45.30	15:28	03:22:55.39
4318	1548/1586	143/145	6180	Ellis Clopton	M	20	Auburn	NE	00:47:27.52	01:46:36.54	00:49:02.68	15:29	03:23:06.75
4319	2771/2920	472/495	4779	Amy Tankersley	F	37	Lincoln	NE	00:47:16.88	01:46:58.15	00:48:54.04	15:29	03:23:09.07
4320	1549/1586	16/16	6128	Stephen Wilhelmsen	M	68	Omaha	NE	00:46:48.54	01:44:15.81	00:52:09.43	15:30	03:23:13.79
4321	1550/1586	103/109	5599	Richard Clopton	M	52	Auburn	NE	00:47:28.41	01:46:35.34	00:49:11.37	15:30	03:23:15.13
4322	2772/2920	473/495	549	Glenda Fiegl	F	37	Overland Park	KS	00:45:54.66	01:43:44.84	00:53:41.88	15:30	03:23:21.39
4323	2773/2920	499/515	642	Chandra Vitosh	F	33	Lincoln	NE	00:44:33.98	01:48:56.83	00:49:50.97	15:30	03:23:21.79
4324	2774/2920	115/119	3830	Holly Tomcak	F	17	Howells	NE	00:41:11.84	01:48:56.56	00:53:23.38	15:31	03:23:31.78
4325	2775/2920	97/104	4828	Christine Essay	F	55	Lincoln	NE	00:45:57.69	01:46:45.51	00:51:01.34	15:32	03:23:44.55
4326	2776/2920	286/300	4819	Mara Iesalnieks	F	43	Perham	MN	00:41:57.70	01:46:24.30	00:55:32.39	15:33	03:23:54.39
4327	2777/2920	500/515	1411	Whitney Vessar	F	34	Omaha	NE	00:45:01.19	01:47:20.19	00:51:37.63	15:33	03:23:59.02
4328	2778/2920	489/503	4220	Hannah Jicha	F	27	Lincoln	NE	00:44:16.80	01:46:00.43	00:54:02.91	15:35	03:24:20.15
4329	2779/2920	98/104	1515	Carol Quiroz	F	57	Omaha	NE	00:43:44.67	01:47:56.17	00:52:42.25	15:35	03:24:23.10
4330	2780/2920	216/238	4627	Jennifer Bouwens	F	46	Lincoln	NE	00:48:35.34	01:47:41.75	00:48:09.32	15:35	03:24:26.42
4331	2781/2920	287/300	2349	Kara Viesca	F	41	Lincoln	NE	00:38:31.72	01:47:24.11	00:58:34.48	15:36	03:24:30.33
4332	1551/1586	21/23	5211	Breken Foltz	M	13	Papillion	NE	00:34:06.70	01:48:46.21	01:01:37.83	15:36	03:24:30.74
4333	2782/2920	474/495	1592	Crystal Hruby	F	39	Lincoln	NE	00:38:14.81	01:46:29.87	00:59:49.81	15:36	03:24:34.51
4334	1552/1586	104/109	5863	Craig Andersen	M	50	Omaha	NE				15:36	03:24:35.74
4335	2783/2920	217/238	765	Kelly Lenner	F	48	Adams	NE	00:44:33.57	01:48:57.36	00:51:05.97	15:36	03:24:36.90
4336	2784/2920	99/104	1166	Jeanette Vitosh	F	56	Beatrice	NE	00:44:33.67	01:48:57.35	00:51:05.98	15:36	03:24:37.01
4337	2785/2920	116/119	4894	Lydia Dexter	F	19	Davey	NE	00:43:11.29	01:46:54.77	00:54:37.92	15:37	03:24:43.98
4338	1553/1586	105/109	5689	Doug Dexter	M	53	Davey	NE	00:43:11.60	01:46:55.44	00:54:37.14	15:37	03:24:44.19
4339	2786/2920	143/154	3187	Theresa Perry	F	53	Hood River	OR	00:47:25.69	01:46:37.37	00:50:54.88	15:38	03:24:57.95
4340	2787/2920	144/154	3970	Deb Clopton	F	52	Auburn	NE	00:47:27.97	01:46:34.91	00:50:56.13	15:38	03:24:59.02

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4341	2788/2920	19/20	2736	Jaesa Whitney	F	13	Lincoln	NE	00:37:42.35	01:54:03.26	00:53:14.50	15:38	03:25:00.13
4342	2789/2920	145/154	4455	Elaine Horn	F	54	Shubert	NE	00:47:29.09	01:46:34.47	00:50:56.99	15:38	03:25:00.56
4343	2790/2920	501/515	5285	Jess Borgerding	F	32	Clay Center	KS	00:40:07.74	01:50:16.71	00:54:47.24	15:39	03:25:11.69
4344	2791/2920	475/495	1581	Leanne Masters	F	39	Lincoln	NE	00:47:06.86	01:48:34.67	00:49:51.50	15:40	03:25:33.03
4345	1554/1586	97/101	5865	Randy Wallace	M	57	Omaha	NE	00:42:59.46	01:43:00.48	00:59:34.58	15:40	03:25:34.53
4346	2792/2920	502/515	4635	Jodi Kauffman	F	34	Hastings	NE	00:41:42.72	01:48:26.30	00:55:28.04	15:41	03:25:37.07
4347	2793/2920	391/405	5751	Makayla Fisher	F	21	Lincoln	NE	00:41:57.78	01:52:28.08	00:51:14.11	15:41	03:25:39.97
4348	1555/1586	181/183	2356	Michael Masters	M	42	Lincoln	NE	00:46:40.08	01:49:09.32	00:49:51.22	15:41	03:25:40.62
4349	2794/2920	476/495	1529	Megan Frye	F	35	Waverly	NE	00:43:00.37	01:50:10.34	00:52:32.89	15:41	03:25:43.61
4350	1556/1586	43/46	2460	Mike Hodges	M	60	Lincoln	NE	00:46:21.64	01:50:30.06	00:48:56.79	15:41	03:25:48.50
4351	2795/2920	146/154	800	Paula Hodges	F	54	Lincoln	NE	00:46:22.21	01:50:29.56	00:48:57.04	15:42	03:25:48.82
4352	1557/1586	264/270	2561	Adam Dougherty	M	31	Lincoln	NE	00:42:18.41	01:48:20.82	00:55:14.92	15:42	03:25:54.16
4353	1558/1586	106/109	2380	Gregg Stubbendieck	M	53	Lincoln	NE	00:46:40.94	01:48:23.96	00:51:02.03	15:43	03:26:06.94
4354	2796/2920	11/14	4192	Nancy Attebury	F	65	Moscow	ID	00:44:12.80	01:45:08.90	00:56:52.28	15:43	03:26:13.99
4355	1559/1586	107/109	6445	Nate Jurgens	M	52	Hastings	NE	00:47:01.21	01:48:34.79	00:50:45.38	15:44	03:26:21.39
4356	1560/1586	98/101	6090	Craig Mulligan	M	55	Hickman	NE	00:50:29.45	01:45:26.84	00:50:28.95	15:44	03:26:25.26
4357	2797/2920	490/503	4213	Kendra Gerdes	F	27	Syracuse	NE	00:44:06.20	01:50:36.91	00:51:56.82	15:45	03:26:39.94
4358	2798/2920	392/405	3585	Piper Hager	F	21	Lincoln	NE	00:40:15.41	01:47:53.02	00:59:06.83	15:48	03:27:15.27
4359	2799/2920	503/515	4730	Melissa Maska	F	33	Yankton	SD	00:45:08.01	01:45:51.81	00:56:24.02	15:49	03:27:23.85
4360	2800/2920	12/14	1248	Lynn Treadway	F	67	Kearney	NE	00:44:49.68	01:47:26.27	00:55:08.06	15:49	03:27:24.01
4361	2801/2920	288/300	1578	Shannon Fredenburg	F	41	Lincoln	NE	00:45:27.95	01:49:18.23	00:52:42.40	15:49	03:27:28.59
4362	2802/2920	218/238	4803	Tracy Knezevic	F	49	Lincoln	NE	00:48:04.19	01:48:13.73	00:51:20.44	15:50	03:27:38.37
4363	2803/2920	477/495	4324	Melissa Van Dyke	F	39	Lincoln	NE	00:44:28.61	01:50:20.62	00:53:12.92	15:52	03:28:02.16
4364	2804/2920	36/44	4794	Sue Corkill	F	62	Lincoln	NE	00:45:08.62	01:47:48.61	00:55:15.93	15:53	03:28:13.17
4365	2805/2920	219/238	5380	Mary Fisher	F	45	Lincoln	NE	00:47:55.17	01:49:39.32	00:50:40.15	15:53	03:28:14.65
4366	2806/2920	491/503	550	Jasna Tubanovic	F	29	Lincoln	NE	00:47:17.30	01:48:46.54	00:52:21.89	15:53	03:28:25.73
4367	2807/2920	100/104	1445	Vicki Valente	F	59	Lincoln	NE	00:46:21.51	01:48:10.55	00:53:53.84	15:53	03:28:25.91
4368	2808/2920	220/238	1506	Margaret Otto	F	45	Lincoln	NE	00:42:12.32	01:50:05.90	00:56:28.33	15:55	03:28:46.56
4369	2809/2920	289/300	3307	Danielle Broughton	F	42	Lincoln	NE	00:42:15.49	01:50:05.74	00:56:28.94	15:55	03:28:50.17
4370	2810/2920	492/503	4736	Caitlin Gray	F	26	Omaha	NE	00:42:26.14	01:49:44.83	00:56:53.14	15:56	03:29:04.12
4371	1561/1586	224/225	5927	Jeremy Gray	M	26	Omaha	NE	00:42:26.01	01:49:44.13	00:56:54.04	15:56	03:29:04.18
4372	2811/2920	504/515	4463	Chelsy Arkfeld	F	30	Lincoln	NE	00:42:16.12	01:51:30.72	00:55:25.32	15:57	03:29:12.17
4373	2812/2920	393/405	4456	Allison Oborny	F	21	Lincoln	NE	00:42:16.89	01:51:30.11	00:55:25.32	15:57	03:29:12.32
4374	2813/2920	478/495	4483	Jackie Sears	F	36	Burr	NE	00:44:41.89	01:50:17.89	00:54:26.13	15:58	03:29:25.93
4375	2814/2920	221/238	4691	Karin Roberts	F	47	Lincoln	NE	00:43:17.00	01:46:00.17	01:00:24.69	15:59	03:29:41.86

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4376	2815/2920	479/495	2173	Molly Moller	F	38	Lincoln	NE	00:45:00.75	01:52:45.40	00:52:00.87	16:00	03:29:47.04
4377	2816/2920	147/154	1597	Lisa Fricke	F	52	Stuart	FL	00:45:50.20	01:50:10.22	00:54:14.68	16:02	03:30:15.10
4378	2817/2920	222/238	3504	Stephanie Kastl	F	48	Omaha	NE	00:42:44.25	01:50:27.34	00:57:07.73	16:02	03:30:19.32
4379	2818/2920	290/300	860	Jennifer Eloge	F	41	Lincoln	NE	00:45:08.30	01:50:23.46	00:55:16.59	16:04	03:30:48.36
4380	2819/2920	291/300	919	Jennifer Zuelch	F	43	Dawson	NE	00:45:59.10	01:49:32.87	00:55:16.41	16:04	03:30:48.39
4381	2820/2920	223/238	2051	Valerie Morris	F	45	Lincoln	NE	00:45:08.17	01:50:23.38	00:55:17.41	16:04	03:30:48.97
4382	2821/2920	480/495	3733	Kara Creal	F	37	Lincoln	NE	00:50:11.40	01:50:12.11	00:50:53.67	16:07	03:31:17.18
4383	1562/1586	44/46	6157	Reed Priess	M	63	Lincoln	NE	00:50:11.50	01:50:12.31	00:50:53.66	16:07	03:31:17.47
4384	2822/2920	481/495	1507	Amanda Kuta	F	37	Lincoln	NE	00:45:29.64	01:50:27.31	00:55:25.76	16:07	03:31:22.71
4385	2823/2920	505/515	1227	Andrea Avila	F	31	Lincoln	NE	00:50:05.42	01:53:35.93	00:47:54.43	16:08	03:31:35.78
4386	2824/2920	394/405	752	Megan Reyes	F	21	Lincoln	NE	00:50:50.31	01:50:21.98	00:50:26.87	16:08	03:31:39.16
4387	2825/2920	395/405	3951	Rachel Perry	F	21	Lincoln	NE	00:50:51.18	01:50:23.99	00:50:23.99	16:08	03:31:39.17
4388	1563/1586	166/168	5973	Mike Deeter	M	48	Lincoln	NE	00:41:07.95	01:42:56.60	01:07:56.46	16:10	03:32:01.02
4389	2826/2920	506/515	3767	Ashley Hopkins	F	32	Lincoln	NE	00:45:40.44	01:54:10.08	00:52:15.75	16:10	03:32:06.28
4390	1564/1586	108/109	6160	Michael Derr	M	50	Harvard	NE	00:44:45.79	01:50:35.81	00:56:48.39	16:11	03:32:09.99
4391	2827/2920	482/495	1912	Jamie Mcclenathan	F	35	Brooklyn	IA	00:46:39.61	01:49:20.81	00:56:11.53	16:11	03:32:11.96
4392	2828/2920	483/495	1185	Veronica Dunn	F	36	Lincoln	NE	00:47:03.49	01:47:55.06	00:57:22.66	16:11	03:32:21.21
4393	2829/2920	396/405	1530	Susanna Zach	F	22	Lincoln	NE	00:43:40.77	01:57:01.82	00:52:06.88	16:14	03:32:49.47
4394	2830/2920	117/119	4183	Lydia Zach	F	18	Lincoln	NE	00:43:39.10	01:57:04.33	00:52:06.19	16:14	03:32:49.63
4395	2831/2920	493/503	4184	Sharon Rhodes	F	27	Lincoln	NE	00:43:39.78	01:57:03.64	00:52:06.62	16:14	03:32:50.05
4396	2832/2920	484/495	194	Missy Frady	F	39	Lincoln	NE	00:50:04.97	01:53:37.20	00:49:08.26	16:14	03:32:50.44
4397	2833/2920	507/515	1502	Lindsey Herron	F	32	Shenandoah	IA	00:44:57.78	01:53:12.59	00:55:05.12	16:16	03:33:15.50
4398	2834/2920	485/495	4743	Gretchen Albers	F	38	Kearney	NE	00:50:12.79	01:51:23.38	00:51:51.87	16:17	03:33:28.04
4399	1565/1586	109/109	6186	Michael Bracken	M	54	La Vista	NE	00:47:55.11	01:48:06.49	00:57:29.91	16:17	03:33:31.52
4400	2835/2920	224/238	3841	Becky Morris	F	46	Lincoln	NE	00:41:54.29	01:56:44.03	00:55:16.29	16:19	03:33:54.62
4401	2836/2920	225/238	4451	Becki Harisis	F	45	Lincoln	NE	00:41:55.95	01:56:42.64	00:55:21.55	16:19	03:34:00.15
4402	2837/2920	101/104	6515	Debbie Hart	F	56	Lincoln	NE	00:47:35.29	01:51:41.55	00:54:44.60	16:19	03:34:01.44
4403	2838/2920	397/405	1544	Liz Gould	F	24	Lincoln	NE	00:46:33.07	01:52:05.85	00:55:29.42	16:20	03:34:08.34
4404	2839/2920	494/503	4689	Kourtney Shoemaker	F	27	Lincoln	NE	00:48:50.38	01:53:02.86	00:52:27.75	16:21	03:34:21.00
4405	2840/2920	486/495	581	Taryn Rouse	F	36	Lincoln	NE	00:48:50.11	01:53:03.07	00:52:28.47	16:21	03:34:21.65
4406	2841/2920	37/44	4631	Patricia Johnson	F	60	Lincoln	NE	00:51:47.81	01:49:55.87	00:52:43.32	16:21	03:34:27.01
4407	2842/2920	38/44	1402	Sandy Kroeker	F	62	Henderson	NE	00:47:18.36	01:52:19.82	00:54:54.61	16:21	03:34:32.80
4408	1566/1586	22/23	5011	Jesse Little	M	14	Lincoln	NE	00:47:37.71	01:51:42.37	00:55:16.71	16:22	03:34:36.79
4409	2843/2920	226/238	1518	Kimberly Bader	F	47	Saint Paul	NE	00:47:40.05	01:52:29.94	00:54:32.26	16:22	03:34:42.26
4410	2844/2920	148/154	1244	Kelly Kunze	F	53	Palmer	NE	00:47:40.85	01:52:30.39	00:54:31.42	16:22	03:34:42.67

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4411	2845/2920	227/238	4327	Heidi Little	F	48	Lincoln	NE	00:47:37.99	01:51:41.79	00:55:25.58	16:22	03:34:45.37
4412	2846/2920	228/238	1389	Kayelynn Roche	F	47	Lincoln	NE	00:45:45.21	01:50:15.86	00:58:45.61	16:23	03:34:46.68
4413	2847/2920	292/300	1179	Karen Schmidt	F	44	Lincoln	NE	00:45:44.97	01:50:16.63	00:58:45.73	16:23	03:34:47.33
4414	2848/2920	495/503	1232	Krystia Reed	F	29	Lincoln	NE	00:47:59.99	01:52:55.47	00:53:55.48	16:23	03:34:50.94
4415	2849/2920	496/503	4257	Emili Jones	F	26	Omaha	NE	00:47:43.86	01:54:34.97	00:53:18.19	16:26	03:35:37.02
4416	1567/1586	182/183	2587	Randall Wymore	M	44	Gretna	NE	00:47:02.08	01:51:09.09	00:57:26.86	16:26	03:35:38.03
4417	2850/2920	508/515	1549	Nicole Henrichs	F	32	Lincoln	NE	00:45:32.40	01:56:11.42	00:54:30.38	16:29	03:36:14.20
4418	2851/2920	487/495	4811	Tara Fisher	F	39	Lincoln	NE	00:48:52.18	01:53:37.44	00:53:52.01	16:30	03:36:21.64
4419	1568/1586	265/270	5440	William Kousma	M	32	Ralston	NE	00:48:52.46	02:09:59.10	00:37:43.40	16:31	03:36:34.96
4420	1569/1586	266/270	6072	Michael Peterson	M	31	Lincoln	NE	00:48:14.84	01:53:12.34	00:55:14.00	16:31	03:36:41.19
4421	1570/1586	267/270	2579	Dwight Lewis	M	34	Omaha	NE	00:49:31.59	01:53:47.97	00:53:27.78	16:32	03:36:47.35
4422	2852/2920	293/300	4491	Rikki Schleimer	F	42	Omaha	NE	00:44:04.00	01:56:42.33	00:56:12.63	16:33	03:36:58.96
4423	1571/1586	183/183	6074	Jason Schleimer	M	44	Omaha	NE	00:44:07.51	01:56:43.57	00:56:12.13	16:33	03:37:03.21
4424	2853/2920	488/495	1159	Deborah Becvar	F	37	Des Moines	IA	00:42:59.69	02:03:31.78	00:50:53.24	16:35	03:37:24.72
4425	1572/1586	268/270	6139	Kris Herbig	M	30	Kearney	NE	00:43:07.02	01:51:08.31	01:03:24.95	16:36	03:37:40.28
4426	2854/2920	497/503	3344	Amitaia Mercurio	F	28	Lincoln	NE	00:41:55.27	02:05:59.11	00:50:06.80	16:37	03:38:01.18
4427	2855/2920	39/44	4814	Trena Wuertz	F	63	St. Louis	MO	00:49:57.51	01:53:38.27	00:54:36.84	16:38	03:38:12.63
4428	1573/1586	269/270	5637	Lee Hahn	M	31	Norfolk	NE	00:43:40.10	01:53:41.09	01:01:26.61	16:41	03:38:47.80
4429	2856/2920	509/515	3130	Tera Halverson	F	32	Council Bluffs	IA	01:02:59.30	01:48:24.97	00:47:33.36	16:42	03:38:57.64
4430	2857/2920	102/104	1416	Marcia White	F	58	Lincoln	NE	00:47:50.10	01:57:04.39	00:54:36.60	16:44	03:39:31.09
4431	2858/2920	40/44	5258	Kim Hachiya	F	62	Lincoln	NE	00:47:50.13	01:57:04.83	00:54:36.38	16:44	03:39:31.34
4432	2859/2920	398/405	6174	Jennifer Herting	F	21	Omaha	NE	00:47:16.13	01:57:28.93	00:55:01.38	16:45	03:39:46.44
4433	2860/2920	489/495	1667	April Whitney	F	36	Seward	NE	00:50:03.60	01:56:05.33	00:53:42.03	16:46	03:39:50.96
4434	2861/2920	510/515	4823	Jennifer Miller	F	34	Cheyenne	WY	00:48:09.30	01:54:08.71	00:58:00.00	16:48	03:40:18.02
4435	2862/2920	229/238	4308	Marci Ostmeyer	F	47	Osceola	NE	00:51:26.03	01:51:54.63	00:57:10.83	16:49	03:40:31.49
4436	2863/2920	399/405	2956	Emily Ostmeyer	F	21	Osceola	NE	00:51:25.82	01:51:54.19	00:57:12.01	16:49	03:40:32.02
4437	2864/2920	498/503	4385	Rachel Brown	F	26	La Vista	NE	00:46:04.77	01:58:31.81	00:56:16.95	16:51	03:40:53.54
4438	2865/2920	230/238	1510	Jodi Campbell	F	46	Omaha	NE	00:51:02.20	01:55:30.64	00:54:22.17	16:51	03:40:55.01
4439	2866/2920	231/238	2446	Marisha Smith	F	45	Shawnee	KS	00:51:02.38	01:55:28.46	00:54:24.33	16:51	03:40:55.18
4440	1574/1586	45/46	6162	Robert Dugas	M	61	Lincoln	NE	00:51:20.69	01:54:17.87	00:56:00.25	16:54	03:41:38.82
4441	2867/2920	511/515	5220	April Jones	F	30	Lincoln	NE	00:51:00.43	01:54:52.44	00:55:58.30	16:55	03:41:51.18
4442	2868/2920	512/515	4682	Rebecca Garratt	F	32	Lincoln	NE	00:48:52.17	01:56:45.07	00:56:14.97	16:55	03:41:52.22
4443	2869/2920	294/300	2699	Cindy Kosmicki	F	40	Lincoln	NE	00:48:52.30	01:56:43.90	00:56:16.18	16:55	03:41:52.39
4444	1575/1586	144/145	5720	Chuck Krueger	M	21	Lincoln	NE	00:51:01.22	01:54:53.45	00:55:58.25	16:55	03:41:52.94
4445	2870/2920	490/495	2341	Brandee Garratt	F	36	Lincoln	NE	00:48:57.05	01:56:46.49	00:56:10.82	16:55	03:41:54.38

# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4446	2871/2920	491/495	1651	Kelley Sybert	F	38	Oregon	MO	00:45:55.08	01:51:37.34	01:04:25.78	16:55	03:41:58.21
4447	2872/2920	41/44	3630	Karen Draper	F	62	Lincoln	NE	00:49:04.12	01:56:36.85	00:56:30.92	16:57	03:42:11.89
4448	2873/2920	149/154	2774	Marge Barry	F	52	Lincoln	NE	00:48:27.62	01:59:17.44	00:54:42.81	16:58	03:42:27.88
4449	2874/2920	499/503	3730	Rachelle Dittenber	F	25	Lincoln	NE	00:48:27.39	01:59:17.89	00:54:42.63	16:58	03:42:27.91
4450	2875/2920	500/503	992	Elizabeth Russell	F	29	Lincoln	NE	00:52:30.69	01:57:27.28	00:52:48.15	16:59	03:42:46.14
4451	2876/2920	150/154	6568	Cathy Couch	F	52	Seward	NE	00:52:33.23	01:57:27.30	00:52:48.16	16:59	03:42:48.70
4452	1576/1586	167/168	2391	Stephen Marquez	M	48	Lincoln	NE	00:44:08.79	01:58:47.29	01:00:31.94	17:02	03:43:28.02
4453	2877/2920	295/300	2549	Melissa Marquez	F	40	Lincoln	NE	00:44:08.70	01:58:36.63	01:00:43.33	17:02	03:43:28.66
4454	2878/2920	20/20	239	Olivia Marquez	F	11	Lincoln	NE	00:44:08.61	01:58:51.73	01:00:28.53	17:02	03:43:28.88
4455	2879/2920	501/503	4193	Kinsey Grove	F	27	Blue Springs	MO	00:51:32.12	01:57:40.18	00:54:25.67	17:03	03:43:37.98
4456	1577/1586	99/101	6135	Rod Grove	M	56	Lincoln	NE	00:51:33.14	01:57:40.18	00:54:25.48	17:03	03:43:38.81
4457	2880/2920	42/44	4247	Susan Vint	F	62	Lincoln	NE	00:52:54.98	01:57:21.43	00:53:38.01	17:04	03:43:54.43
4458	2881/2920	151/154	3319	Kellie Stang	F	52	Lincoln	NE	00:52:55.25	01:57:24.00	00:53:36.18	17:04	03:43:55.44
4459	1578/1586	226/226	2576	Justin Higgins	M	37	Raymond	NE	00:48:12.71	01:54:43.19	01:01:09.50	17:05	03:44:05.40
4460	2882/2920	4/4	6552	Sylvia Wiegand	F	72	Lincoln	NE	00:52:00.67	02:00:24.11	00:51:47.15	17:06	03:44:11.94
4461	2883/2920	296/300	1474	Toni Helzer	F	40	Lincoln	NE	00:51:03.49	01:58:50.58	00:54:45.62	17:08	03:44:39.70
4462	2884/2920	232/238	4614	Cindi Walz	F	47	Stapleton	NE	00:49:43.59	01:57:23.28	00:57:53.94	17:09	03:45:00.82
4463	2885/2920	400/405	3221	Summer Brown	F	21	Lincoln	NE	00:49:46.05	01:57:20.82	00:57:56.60	17:10	03:45:03.48
4464	1579/1586	225/225	6132	Jeremiah Steager	M	26	Lincoln	NE	00:44:05.64	01:53:51.47	01:09:07.28	17:19	03:47:04.40
4465	2886/2920	103/104	4815	Gayle May	F	58	St. Charles	MO	00:49:10.51	01:55:28.54	01:03:06.51	17:22	03:47:45.57
4466	2887/2920	233/238	4255	Cheryl Goforth	F	46	Cortland	NE	00:49:18.90	01:58:44.49	00:59:46.24	17:22	03:47:49.63
4467	2888/2920	234/238	4706	Eileen Williamson	F	46	La Vista	NE	00:49:19.31	01:58:41.19	00:59:49.18	17:22	03:47:49.68
4468	2889/2920	401/405	4766	Sydney Ferrara	F	21	Lincoln	NE	00:47:15.02	01:58:41.66	01:02:17.46	17:24	03:48:14.15
4469	2890/2920	297/300	4530	Holly Seifert	F	43	Omaha	NE	00:45:14.03	02:02:10.49	01:00:51.59	17:24	03:48:16.12
4470	2891/2920	513/515	1271	Alicia Kloster	F	32	Crofton	NE	00:40:55.81	01:55:50.89	01:12:18.49	17:28	03:49:05.20
4471	2892/2920	298/300	646	Jess Kastning	F	40	Ponca	NE	00:40:50.40	01:55:50.50	01:12:24.62	17:28	03:49:05.52
4472	2893/2920	118/119	403	Katy Kastning	F	16	Ponca	NE	00:40:50.67	01:55:50.22	01:12:24.92	17:28	03:49:05.81
4473	2894/2920	235/238	1435	Gretchen Ritterling	F	47	Greenwood	NE	00:52:32.63	02:02:01.40	00:54:41.43	17:29	03:49:15.46
4474	2895/2920	492/495	3781	Stephanie Behrens	F	36	Omaha	NE	00:48:38.45	01:58:03.55	01:02:59.34	17:31	03:49:41.34
4475	1580/1586	270/270	5956	Micah Stege-Tompsett	M	33	Lincoln	NE	00:42:19.74	02:02:20.66	01:07:00.84	17:40	03:51:41.25
4476	1581/1586	100/101	2569	John Stroman	M	57	Omaha	NE	00:48:41.74	02:00:12.01	01:03:34.57	17:44	03:52:28.32
4477	2896/2920	236/238	4709	Kelli McMurtrey	F	49	Neligh	NE	00:50:07.29	02:02:48.18	00:59:40.64	17:44	03:52:36.11
4478	1582/1586	101/101	2568	Scott Schwisow	M	58	Beatrice	NE	00:46:53.09	02:05:52.37	01:00:31.75	17:47	03:53:17.22
4479	2897/2920	104/104	4759	Rita Meili	F	55	Phillipsburg	KS	00:51:25.62	02:02:20.03	00:59:47.86	17:48	03:53:33.52
4480	2898/2920	402/405	5012	Megan Burgdorf	F	24	Papillion	NE	00:46:28.89	01:57:30.03	01:09:37.11	17:49	03:53:36.04



# The Good Life Halfsy

October 29, 2017

## Overall Results

## Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 3.1 Miles	Middle 6.9 Miles	Last 3.1 Miles	Pace	Net Time
4481	2899/2920	43/44	4719	Monte Ann Shomaker	F	60	Lincoln	NE	00:47:44.31	02:08:19.46	00:57:42.53	17:49	03:53:46.31
4482	1583/1586	168/168	2562	B J Dowding	M	46	Lincoln	NE	00:54:02.98	02:02:37.06	00:58:39.19	17:57	03:55:19.24
4483	2900/2920	514/515	4775	Sarah Jeardoe	F	33	Concordia	KS	00:49:41.05	02:01:58.11	01:03:46.96	17:57	03:55:26.12
4484	2901/2920	13/14	3498	Peggy Apthorpe	F	69	Lincoln	NE	00:51:20.83	02:02:45.91	01:01:22.35	17:57	03:55:29.10
4485	2902/2920	403/405	3275	Dana Judge	F	21	Emmet	NE	00:48:28.02	02:05:10.68	01:01:58.45	17:58	03:55:37.16
4486	2903/2920	404/405	1281	Deidre Judge	F	24	Norfolk	NE	00:48:26.27	02:05:09.10	01:02:01.90	17:58	03:55:37.27
4487	2904/2920	299/300	6206	Jody Schmale	F	41	Lincoln	NE	00:50:05.74	02:02:09.91	01:04:47.37	18:04	03:57:03.03
4488	2905/2920	502/503	6233	Gina Boltz	F	29	Lincoln	NE	00:48:58.11	02:06:21.08	01:01:44.64	18:05	03:57:03.84
4489	2906/2920	493/495	4807	Casie Perry	F	35	Lincoln	NE	00:48:56.16	02:06:23.44	01:01:44.25	18:05	03:57:03.86
4490	2907/2920	503/503	4808	Hannah Perry	F	27	Lincoln	NE	00:48:59.14	02:06:19.90	01:01:47.23	18:05	03:57:06.28
4491	1584/1586	46/46	2546	Dave Young	M	62	Falls City	NE	00:53:40.57	02:06:02.67	00:57:41.00	18:06	03:57:24.25
4492	2908/2920	152/154	6382	Martha Krings	F	52	Omaha	NE	00:50:23.52	02:03:57.76	01:03:08.19	18:06	03:57:29.47
4493	2909/2920	405/405	4829	Elizabeth Krings	F	21	Omaha	NE	00:50:24.84	02:03:57.95	01:03:07.60	18:07	03:57:30.39
4494	2910/2920	300/300	1626	Heather Petersen	F	44	Bridgeport	NE	00:50:52.07	02:07:35.47	00:59:47.64	18:10	03:58:15.18
4495	2911/2920	515/515	1623	Julia Brunkow	F	32	Lincoln	NE	00:52:48.23	02:03:42.60	01:02:27.90	18:13	03:58:58.73
4496	2912/2920	14/14	1652	Colleen Andrews	F	65	Lincoln	NE	00:50:56.04	02:07:33.44	01:01:43.97	18:19	04:00:13.46
4497	1585/1586	23/23	5892	Calvin Butler	M	13	Lincoln	NE	00:57:31.34	02:06:43.19	01:02:11.06	18:47	04:06:25.60
4498	2913/2920	494/495	4795	Melissa Butler	F	38	Lincoln	NE	00:57:28.57	02:06:46.80	01:02:57.56	18:51	04:07:12.93
4499	2914/2920	153/154	6173	Teresa Spencer	F	50	Saint Peters	MO	00:57:11.19	02:09:16.74	01:00:54.76	18:52	04:07:22.70
4500	1586/1586	145/145	6197	Christian Spaccarotella	M	24	Lincoln	NE	00:40:42.74	02:08:26.22	01:20:45.99	19:03	04:09:54.96
4501	2915/2920	495/495	1619	Maria Bernabe	F	35	Lincoln	NE	00:51:32.88	02:14:18.44	01:05:00.65	19:08	04:10:51.98
4502	2916/2920	119/119	4697	Claudia Bernabe	F	18	Lincoln	NE	00:51:33.55	02:14:09.73	01:05:09.38	19:08	04:10:52.66
4503	2917/2920	154/154	4800	Jennifer Wieting	F	50	Hallam	NE	00:52:33.36	02:11:45.64	01:07:50.49	19:14	04:12:09.50
4504	2918/2920	237/238	6379	Ann Blunt	F	48	Grand Island	NE	00:54:23.25	02:13:41.87	01:04:17.62	19:15	04:12:22.75
4505	2919/2920	44/44	3463	Jennifer James	F	60	Verdon	NE	00:54:13.68	02:13:41.37	01:04:36.87	19:15	04:12:31.93
4506	2920/2920	238/238	4809	Rochelle De Rodriguez	F	49	Harvard	NE	00:55:02.96	02:27:08.65	01:26:02.80	21:59	04:48:14.42