

Loop de Loop Half Marathon and 5K-10K

September 30, 2017

Half Marathon

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	4/63	1/4	742	Chelsea Parrott	F	28	Kalona	IA	6:53	01:30:20.80
2	8/63	1/18	136	Tonya Holthaus	F	37	Decorah	IA	7:13	01:34:37.42
3	14/63	2/18	758	Lisa Zittergruen	F	35	Decorah	IA	7:31	01:38:43.62
4	15/63	3/18	735	Shauna Menke	F	36	Decorah	IA	7:32	01:38:52.42
5	21/63	1/6	125	Lisa Mages-Greene	F	50	Wausau	WI	8:04	01:45:45.17
6	22/63	4/18	704	Angie Bates	F	35	Leighton	IA	8:04	01:45:47.81
7	23/63	2/6	717	Kristy Fuller	F	50	Bettendorf	IA	8:06	01:46:14.40
8	25/63	3/6	710	Jennie Butler	F	46	Manchester	IA	8:17	01:48:39.83
9	27/63	5/18	757	Trisha Wilkins	F	38	Waukon	IA	8:20	01:49:20.41
10	33/63	2/4	721	Celia Gould	F	20	Oconomowoc	WI	8:41	01:53:58.43
11	37/63	6/18	709	Megan Buckingham	F	32	Decorah	IA	8:47	01:55:14.58
12	38/63	7/18	120	Liza Hicken	F	37	Decorah	IA	8:47	01:55:14.58
13	39/63	8/18	702	Julie Archer	F	31	Decorah	IA	8:53	01:56:35.92
14	40/63	9/18	752	Jessica Verdon	F	31	Lansing	IA	8:54	01:56:52.92
15	41/63	10/18	746	Kara Shannon	F	38	Charles City	IA	9:03	01:58:38.67
16	43/63	11/18	749	Shelley Szudera	F	35	Fargo	ND	9:28	02:04:18.91
17	44/63	12/18	720	Cindy Goodner	F	38	Decorah	IA	9:31	02:04:49.94
18	45/63	13/18	753	Holly Voigt	F	34	Osage	IA	9:33	02:05:18.97
19	49/63	1/1	754	Coleen Waage	F	66	West Des Moines	IA	10:00	02:11:09.60
20	50/63	3/4	723	Mickey Hansche	F	22	Iowa City	IA	10:01	02:11:25.78
21	51/63	4/6	143	Emily Young Johnson	F	46	Decorah	IA	10:06	02:12:30.89
22	52/63	14/18	727	Heidi Kirschbaum	F	41	Mount Hope	WI	10:12	02:13:53.08
23	53/63	15/18	743	Jennifer Schoepp	F	37	Fennimore	WI	10:26	02:16:48.33
24	54/63	5/6	138	Deb Geater	F	59	Decorah	IA	10:43	02:20:42.06
25	55/63	16/18	715	Jess Dean	F	34	Clermont	IA	10:55	02:23:07.92
26	56/63	17/18	707	Jaime Bonner	F	37	North Liberty	IA	10:56	02:23:22.81
27	58/63	18/18	751	Sandy Thomson	F	40	Charles City	IA	11:17	02:27:54.80
28	59/63	6/6	142	Laure Rausch	F	59	Fort Atkinson	IA	11:25	02:29:49.14
29	62/63	4/4	750	Morgan Thias	F	23	Clermont	IA	12:08	02:39:13.35

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Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/63	1/12	705	Jeff Bishop	M	41	Minneapolis	MN	6:33	01:25:56.64
2	2/63	1/9	123	Derek Sweet	M	49	Decorah	IA	6:46	01:28:49.90
3	3/63	2/12	130	Perry Mcgee	M	45	Cresco	IA	6:46	01:28:52.34
4	5/63	1/7	740	Tracy Nuss	M	28	West Union	IA	7:00	01:31:47.17
5	6/63	2/7	148	Luke Elsbernd	M	26	Decorah	IA	7:10	01:34:08.92
6	7/63	3/12	748	Justin Sprung	M	30	Decorah	IA	7:12	01:34:28.53
7	9/63	4/12	726	Matt Jordahl	M	34	Urbandale	IA	7:17	01:35:32.62
8	10/63	5/12	728	Kurt Kopperud	M	36	Fargo	ND	7:22	01:36:37.98
9	11/63	2/9	132	Jeff Ernst	M	58	Cresco	IA	7:22	01:36:39.61
10	12/63	6/12	731	Spencer Martin	M	44	Decorah	IA	7:23	01:36:57.42
11	13/63	7/12	759	Steven Zittergruen	M	37	Decorah	IA	7:30	01:38:20.65
12	16/63	8/12	756	Jamie Wiley	M	44	Overland Park	KS	7:32	01:38:54.57
13	17/63	3/9	133	Keith Minardi	M	47	Decorah	IA	7:42	01:41:05.03
14	18/63	1/5	711	Gerald Carlson	M	65	Decorah	IA	8:02	01:45:27.67
15	19/63	3/7	739	Paul Nesbit	M	28	West Des Moines	IA	8:02	01:45:30.78
16	20/63	4/9	137	Marc Folkedahl	M	49	Decorah	IA	8:02	01:45:30.78
17	24/63	4/7	706	Matt Bitz	M	26	Albert Lea	MN	8:15	01:48:14.07
18	26/63	2/5	736	Paul Mullen	M	60	Decorah	IA	8:18	01:49:00.71
19	28/63	5/9	716	Jerry Denhartog	M	59	Clear Lake	IA	8:23	01:49:54.67
20	29/63	5/7	738	Andrew Nelson	M	26	Rochester	MN	8:25	01:50:24.46
21	30/63	1/1	146	Donny Manderfield	M	99	Waucoma	IA	8:32	01:52:01.64
22	31/63	9/12	755	Jarrad Walter	M	41	Decorah	IA	8:33	01:52:09.92
23	32/63	10/12	737	Doug Nalean-Carlson	M	41	Decorah	IA	8:33	01:52:13.22
24	34/63	6/7	701	Andres Alvarez	M	22	Minneapolis	MN	8:41	01:53:59.92
25	35/63	11/12	122	Kyle Digmann	M	31	Fort Atkinson	IA	8:42	01:54:05.82
26	36/63	6/9	724	James Hauschild	M	52	Manchester	IA	8:45	01:54:49.65
27	42/63	7/9	714	John Courtney	M	52	Decorah	IA	9:20	02:02:32.92
28	46/63	3/5	747	Kenneth Shatek	M	60	Cresco	IA	9:39	02:06:34.42
29	47/63	4/5	713	Daniel Clark	M	65	La Crosse	WI	9:47	02:08:18.09
30	48/63	5/5	703	Gene Arnold	M	66	Waukee	IA	9:59	02:11:02.60
31	57/63	7/7	708	Patrick Brugger	M	25	Ottumwa	IA	11:13	02:27:12.78
32	60/63	8/9	732	Dom Mascardo	M	49	Coralville	IA	11:36	02:32:14.92
33	61/63	12/12	722	Joe Grimstad	M	41	Decorah	IA	11:36	02:32:15.17
34	63/63	9/9	734	Chris Meinders	M	50	Sheffield	IA	14:46	03:13:34.91