

Loop de Loop Half Marathon and 5K-10K

September 30, 2017

Overall Division Results

5K

Male Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/36	1/11	513	Erik Hjelle	12	M	Decorah	IA	6:52	00:21:23.19
2	12/36	6/11	502	Elliot Berland	8	M	Decorah	IA	8:43	00:27:06.47

Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/36	4/11	129	A J Morrow	14	M	Decorah	IA	7:20	00:22:47.35

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	10/36	5/25	505	Emily Fuller	20	F	Bettendorf	IA	8:14	00:25:37.20
2	11/36	6/25	151	Bjerke Morgan	25	F	Waukon	IA	8:30	00:26:25.74
3	32/36	21/25	504	Kirsten Dejarlais	28	F	Decorah	IA	14:46	00:45:54.66

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	3/36	3/11	141	Brent Pepin	29	M	Postville	IA	7:16	00:22:37.43

Female Ages 30 - 45

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/36	1/25	131	Jamie Reimer	35	F	Elkader	IA	7:47	00:24:11.35
2	7/36	2/25	520	Jennifer Self	39	F	Decorah	IA	7:48	00:24:16.24
3	8/36	3/25	150	Kim Holthaus	41	F	Decorah	IA	8:11	00:25:28.02
4	9/36	4/25	517	Micarah Mutsune	34	F	Decorah	IA	8:14	00:25:35.56
5	16/36	7/25	144	Heidi Lane	35	F	Denver	IA	9:09	00:28:28.27
6	17/36	8/25	525	Kristie Wiltgen	41	F	Spillville	IA	9:11	00:28:32.72
7	18/36	9/25	154	Lindsey Alstad	38	F	Decorah	IA	9:28	00:29:25.67
8	19/36	10/25	503	Karen Berland	40	F	Decorah	IA	9:43	00:30:11.74
9	22/36	13/25	515	Maren Johnson	30	F	Decorah	IA	10:14	00:31:50.43
10	25/36	15/25	135	Chauncy Eggland	33	F	Decorah	IA	10:44	00:33:21.25
11	27/36	16/25	602	Christina Aspegren	42	F	Merriam	KS	11:26	00:35:33.25
12	28/36	17/25	730	Elly Lensch	41	F	Decorah	IA	11:38	00:36:11.75

Male Ages 30 - 45

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	14/36	8/11	156	Kelly Holthaus	44	M	Decorah	IA	8:58	00:27:54.49
2	23/36	10/11	514	Elliott Johnson	32	M	Decorah	IA	10:15	00:31:51.04

Female Ages 46 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	20/36	11/25	518	Beth Perry	52	F	Waucoma	IA	9:51	00:30:36.88
2	21/36	12/25	147	Sharon Elsbernd	53	F	Decorah	IA	9:56	00:30:54.37
3	33/36	22/25	519	Cindy Renken	49	F	Decorah	IA	15:10	00:47:08.50
4	35/36	24/25	516	Brenda Keatley	54	F	Decorah	IA	15:11	00:47:12.83
5	36/36	25/25	510	Sandy Harman	55	F	Decorah	IA	15:11	00:47:13.01

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Male Ages 46 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/36	2/11	128	Brian Jones	59	M	Decorah	IA	7:02	00:21:53.21
2	6/36	5/11	124	Mark Franzen	46	M	Decorah	IA	7:47	00:24:12.17
3	15/36	9/11	155	Lee Bjerke	48	M	Decorah	IA	9:01	00:28:03.69

Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	24/36	14/25	509	Diane Hammel	63	F	Stewartville	MN	10:28	00:32:33.50
2	29/36	18/25	506	Nancy Grinna	65	F	Postville	IA	13:40	00:42:28.44
3	30/36	19/25	523	Kathy Tollefsrud	67	F	Decorah	IA	14:46	00:45:53.24
4	31/36	20/25	521	Sue Snell	65	F	Decorah	IA	14:46	00:45:54.25
5	34/36	23/25	508	Janet Haller	66	F	Decorah	IA	15:10	00:47:09.37

Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/36	7/11	145	Kevin Sprung	61	M	Osage	IA	8:48	00:27:21.26
2	26/36	11/11	127	Larry Grimstad	74	M	Decorah	IA	11:07	00:34:33.62