

Rob's Run Cross Country 5K

November 26, 2017

Overall Division Results

5K Run

Female Open

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	15/581	1/252	356	Brianna Nerud	23	F	Glen Head	NY	6:07	00:19:02.05
2	16/581	2/252	416	Sara Rosenzweig	22	F	Merrick	NY	6:08	00:19:06.30
3	17/581	3/252	271	Victoria Kornieva	30	F	Amityville	NY	6:12	00:19:18.77

Male Open

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/581	1/329	582	Brendan Martin	28	M	Smithtown	NY	5:09	00:16:02.08
2	2/581	2/329	116	Mike Darnell	23	M	Wantagh	NY	5:23	00:16:45.12
3	3/581	3/329	110	Colin Culhane	27	M	Sayville	NY	5:27	00:16:56.59

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	29/581	6/252	515	Tara Wilson	40	F	West Islip	NY	6:28	00:20:05.78
2	51/581	8/252	123	Martha Delgado	41	F	Great Neck	NY	6:55	00:21:29.52
3	52/581	9/252	423	Barbara Russo	54	F	Sayville	NY	6:56	00:21:34.30

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	8/581	8/329	80	Boyd Carrington	45	M	West Islip	NY	5:43	00:17:47.49
2	14/581	14/329	572	Keith Guilfoyle	51	M	Commack	NY	6:04	00:18:52.87
3	21/581	17/329	476	Travis Tate	40	M	Smithtown	NY	6:16	00:19:30.84

Female Ages 01 - 10

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	156/581	27/252	338	Aileen Rose Mitarotonda	9	F	Ridgewood	NY	7:50	00:24:22.17
2	267/581	72/252	35	Caralinn Becker	10	F	Floral Park	NY	8:48	00:27:21.08
3	363/581	124/252	267	Hallie Klimov	10	F	Merrick	NY	9:43	00:30:12.22
4	453/581	164/252	533	Isabela Vega	8	F	Corona	NY	10:49	00:33:38.06

Male Ages 01 - 10

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	90/581	74/329	398	Landon Recio	9	M	Bellerose	NY	7:26	00:23:08.09
2	132/581	109/329	348	Lucas Muccini	10	M	Little Neck	NY	7:42	00:23:56.10
3	138/581	114/329	393	Brendan Ramirez	10	M	Wantagh	NY	7:43	00:24:00.07
4	160/581	132/329	50	Miguel Bracamonte	9	M	Floral Park	NY	7:51	00:24:25.68
5	181/581	145/329	24	Nicholas Badolato	10	M	Merrick	NY	7:59	00:24:50.36
6	200/581	157/329	8	Amir Ajenishe	8	M	Valley Stream	NY	8:07	00:25:14.09
7	284/581	199/329	261	Tyler Ke	8	M	Little Neck	NY	8:56	00:27:45.60
8	309/581	209/329	40	Max Berger	7	M	Great Neck	NY	9:10	00:28:29.99
9	390/581	257/329	268	Ian Klimov	10	M	Merrick	NY	10:16	00:31:56.49
10	483/581	296/329	407	Jackson Roberts	8	M	Baldwin	NY	11:38	00:36:09.61

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5K Run

Female Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	22/581	5/252	236	Lauryn Heskin	14	F	Floral Park	NY	6:17	00:19:33.26
2	53/581	10/252	349	Siena Muccini	13	F	Little Neck	NY	6:58	00:21:41.68
3	97/581	18/252	488	Leanna Trefcer	11	F	North Bellmore	NY	7:30	00:23:18.39
4	108/581	19/252	23	Michelle Ashbahian	14	F	Floral Park	NY	7:33	00:23:27.83
5	177/581	35/252	315	Marissa Mcdougall	11	F	Ronkonkoma	NY	7:59	00:24:49.06
6	184/581	38/252	322	Kate Mcnerney	13	F	Merrick	NY	8:00	00:24:53.60
7	230/581	54/252	227	Mikhaila Hawthorne	12	F	Bellmore	NY	8:22	00:26:02.11
8	268/581	73/252	386	Nicole Pinkosh	13	F	Shirley	NY	8:48	00:27:23.56
9	287/581	86/252	58	Danielle Brenner	13	F	Plainview	NY	8:57	00:27:50.56
10	350/581	114/252	316	Megan Mcdougall	11	F	Ronkonkoma	NY	9:32	00:29:40.07
11	354/581	117/252	457	Olivia Spirakis	12	F	Glen Oaks	NY	9:35	00:29:49.45
12	554/581	235/252	213	Rosemary Gutierrez	12	F	Ridgewood	NY	13:45	00:42:44.48

Male Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	33/581	27/329	388	Kenneth Procacci	14	M	Franklin Square	NY	6:34	00:20:26.28
2	43/581	36/329	473	Nicholas Tardugno	14	M	Oyster Bay	NY	6:45	00:21:00.05
3	44/581	37/329	400	Ari Regev	13	M	Oyster Bay	NY	6:46	00:21:02.29
4	46/581	39/329	1	Alex Addison	12	M	Floral Park	NY	6:47	00:21:06.97
5	47/581	40/329	260	Aidan Ke	11	M	Little Neck	NY	6:48	00:21:08.61
6	56/581	45/329	320	Luke Mcnamara	13	M	Oyster Bay	NY	7:01	00:21:49.30
7	70/581	58/329	438	John Schmuck	14	M	Westbury	NY	7:13	00:22:27.28
8	87/581	72/329	401	Ron Regev	13	M	Oyster Bay	NY	7:26	00:23:06.34
9	124/581	101/329	307	Jack Mayerhoffer	12	M	Rockville Centre	NY	7:39	00:23:47.58
10	126/581	103/329	12	Jason Alperin	11	M	Floral Park	NY	7:40	00:23:49.84
11	129/581	106/329	441	Anthony Scotto	13	M	Bellmore	NY	7:41	00:23:54.73
12	152/581	126/329	523	Nathaniel Yee	13	M	Oyster Bay	NY	7:47	00:24:13.63
13	175/581	142/329	425	Sam Russo	12	M	Rockville Centre	NY	7:58	00:24:47.60
14	179/581	143/329	506	Danny Walter	13	M	Rockville Centre	NY	7:59	00:24:50.11
15	187/581	149/329	308	Ryan Mayerhoffer	12	M	Rockville Centre	NY	8:02	00:24:59.55
16	209/581	161/329	410	Connor Ronan	12	M	Floral Park	NY	8:10	00:25:25.28
17	223/581	173/329	340	Owen Moloney	13	M	Floral Park	NY	8:18	00:25:47.92
18	238/581	179/329	128	Tyler Deutermann	14	M	Bellmore	NY	8:26	00:26:15.10
19	352/581	237/329	9	Nicolas Albarracin	14	M	Selden	NY	9:34	00:29:44.66
20	449/581	287/329	344	Declan Motherway	13	M	South Huntington	NY	10:47	00:33:30.65

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	78/581	14/252	36	Emilee Becker	15	F	Floral Park	NY	7:18	00:22:41.06
2	188/581	39/252	264	Kali Keyes	17	F	East Meadow	NY	8:03	00:25:03.40
3	245/581	64/252	157	Emily Farrell	15	F	Coram	NY	8:32	00:26:31.68
4	421/581	141/252	212	Maria Gutierrez	17	F	Ridgewood	NY	10:31	00:32:40.53
5	558/581	238/252	137	Jessica Dillingham	17	F	Medford	NY	14:08	00:43:56.87

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Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/581	5/329	237	Ryan Heskin	17	M	Floral Park	NY	5:32	00:17:12.31
2	12/581	12/329	589	Christian Schiavone	17	M	Plainview	NY	6:02	00:18:45.58
3	24/581	19/329	561	Gary Sautner	16	M	Syosset	NY	6:19	00:19:38.57
4	25/581	20/329	89	Matt Chvasta	18	M	Woodbury	NY	6:21	00:19:44.30
5	26/581	21/329	399	Ross Reddock	18	M	Jericho	NY	6:21	00:19:44.69
6	32/581	26/329	581	Andrew Lafferty	17	M	Syosset	NY	6:33	00:20:23.44
7	36/581	30/329	492	Dominick Tumminello	17	M	Syosset	NY	6:40	00:20:42.84
8	40/581	34/329	452	Nicholas Socci	17	M	Woodbury	NY	6:43	00:20:54.53
9	45/581	38/329	109	Joseph Cueter	19	M	Mineola	NY	6:46	00:21:04.09
10	59/581	48/329	33	Jack Baxt	15	M	Syosset	NY	7:02	00:21:52.33
11	65/581	53/329	6	Nicholas Affatato	15	M	Syosset	NY	7:06	00:22:06.53
12	99/581	81/329	551	Andrew Rosenberg	15	M	Woodbury	NY	7:30	00:23:21.07
13	133/581	110/329	618	Steven Bailey	15	M	Glen Cove	NY	7:42	00:23:56.18
14	136/581	112/329	622	John Nelson	19	M	Syosset	NY	7:42	00:23:58.24
15	161/581	133/329	215	Eric Haas	16	M	Syosset	NY	7:51	00:24:26.11
16	195/581	153/329	280	Jonathan Leung	17	M	Jericho	NY	8:06	00:25:12.04
17	196/581	154/329	32	Aaron Baxt	15	M	Syosset	NY	8:06	00:25:12.25
18	197/581	155/329	626	Alex Rangell	15	M	Woodbury	NY	8:06	00:25:12.25
19	249/581	185/329	57	Riley Brennan	15	M	Merrick	NY	8:34	00:26:39.10
20	375/581	247/329	524	Trevor Yee	17	M	Oyster Bay	NY	9:58	00:30:58.09
21	387/581	254/329	41	Daniel Berlin	16	M	Syosset	NY	10:12	00:31:43.65
22	413/581	274/329	366	Matthew Oakley	19	M	Bayport	NY	10:27	00:32:29.61
23	418/581	278/329	207	Ethan Gruber	17	M	Syosset	NY	10:29	00:32:35.20
24	420/581	280/329	525	Simon Yuen	16	M	Syosset	NY	10:29	00:32:35.61
25	513/581	311/329	139	Tyler Dillingham	15	M	Medford	NY	12:07	00:37:39.61
26	550/581	318/329	135	Nick Digaetano	16	M	Lindenhurst	NY	13:35	00:42:14.97

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	18/581	4/252	106	Marissa Cossaro	22	F	East Northport	NY	6:14	00:19:23.66
2	206/581	47/252	615	Gina Del Rio	20	F	Little Neck	NY	8:10	00:25:23.52
3	281/581	83/252	454	Daphne Solomon	20	F	Syosset	NY	8:55	00:27:43.87
4	299/581	96/252	387	Emma Price	20	F	Woodbury	NY	9:02	00:28:07.06
5	334/581	108/252	329	Gina Merante	22	F	Holtsville	NY	9:24	00:29:14.82
6	359/581	120/252	221	Lauren Harrington	22	F	Holtsville	NY	9:41	00:30:07.06
7	456/581	166/252	613	Danielle Gehring	22	F	New Suffolk	NY	10:54	00:33:55.07
8	459/581	169/252	61	Nicole Brenner	20	F	Plainview	NY	10:58	00:34:06.82

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	20/581	16/329	151	Alex Eletto	20	M	Stony Brook	NY	6:16	00:19:30.01
2	28/581	23/329	334	Thomas Mihailin	21	M	East Northport	NY	6:23	00:19:52.01
3	151/581	125/329	389	Bradley Quinn	21	M	Syosset	NY	7:47	00:24:13.48
4	229/581	176/329	444	Matthew Seinuk	22	M	Forest Hills	NY	8:22	00:26:01.85
5	256/581	188/329	621	Alexander Becker	21	M	Saint James	NY	8:39	00:26:52.99

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Overall Division Results

5K Run

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	64/581	12/252	614	Maria Marascia	26	F	Huntington	NY	7:06	00:22:06.50
2	135/581	24/252	67	Kimberly Bruno	28	F	Holbrook	NY	7:42	00:23:57.80
3	165/581	29/252	472	Phedeline Tanis	25	F	Elmont	NY	7:53	00:24:32.08
4	213/581	49/252	144	Leanne Dombrowsky	26	F	Troy	NY	8:11	00:25:27.37
5	244/581	63/252	85	Samantha Catarelli	29	F	Handforth	NY	8:31	00:26:28.20
6	290/581	88/252	168	Tara Fowler	28	F	New York	NY	8:58	00:27:54.04
7	305/581	99/252	114	Jaclyn Dagnall	29	F	Long Beach	NY	9:07	00:28:20.76
8	358/581	119/252	588	Alexandra Lauterborn	29	F	Farmingdale	NY	9:40	00:30:04.10
9	403/581	136/252	252	Jamilee Jones	27	F	Farmingville	NY	10:23	00:32:17.57
10	458/581	168/252	191	Victoria Gehring	25	F	New Suffolk	NY	10:55	00:33:57.80
11	470/581	176/252	160	Cassie Ferrara	28	F	Bohemia	NY	11:17	00:35:04.48
12	487/581	189/252	323	Kathleen Meaney	26	F	Port Jefferson Static	NY	11:42	00:36:21.55
13	520/581	207/252	596	Lori Quinn	26	F	Hicksville	NY	12:23	00:38:28.58
14	545/581	228/252	433	Katherine Scarpitta	25	F	Floral Park	NY	13:11	00:40:58.33

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/581	6/329	632	Joe Grieco	26	M	Massapequa	NY	5:37	00:17:27.14
2	7/581	7/329	272	Anton Korniev	25	M	Glen Head	NY	5:40	00:17:37.08
3	9/581	9/329	584	Connor Dolan	25	M	Ronkonkoma	NY	5:44	00:17:51.33
4	10/581	10/329	3	Jonathan Afanador	26	M	Patchogue	NY	5:46	00:17:57.05
5	11/581	11/329	228	Ryan Healy	25	M	Syosset	NY	6:00	00:18:38.59
6	35/581	29/329	636	Ray Williams	25	M	Smithtown	NY	6:39	00:20:42.55
7	37/581	31/329	230	Jonathan Heitner	27	M	Port Jefferson Static	NY	6:40	00:20:44.58
8	60/581	49/329	507	Steve Waters	29	M	Farmingdale	NY	7:03	00:21:55.18
9	149/581	124/329	224	Erik Haughn	28	M	Port Jefferson Static	NY	7:47	00:24:11.04
10	153/581	127/329	460	Ryan Stanton	29	M	Sayville	NY	7:48	00:24:16.94
11	203/581	158/329	273	Justin Krasnomowitz	26	M	Newark	DE	8:09	00:25:20.36
12	294/581	203/329	590	Dan Penaro	29	M	Malverne	NY	9:00	00:27:58.83
13	395/581	261/329	148	Matt Duryea	25	M	Northport	NY	10:18	00:32:01.79
14	400/581	266/329	427	Jason Sadis	28	M	Huntington	NY	10:21	00:32:12.23
15	496/581	305/329	474	Justin Tasolides	27	M	Jericho	NY	11:54	00:37:00.33
16	509/581	309/329	546	Taner Oztimurlenk	27	M	Lindenhurst	NY	12:04	00:37:32.07

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	118/581	21/252	277	Triin Lawrence	31	F	Coram	NY	7:37	00:23:40.54
2	171/581	31/252	451	Samantha Simon	30	F	Yaphank	NY	7:56	00:24:40.01
3	174/581	33/252	182	Talia Fromm	33	F	Long Beach	NY	7:57	00:24:44.50
4	189/581	40/252	254	Jana Jorgensen	33	F	New York	NY	8:04	00:25:04.81
5	198/581	43/252	426	Nicole Sabbatino	33	F	Long Beach	NY	8:06	00:25:12.53
6	205/581	46/252	496	Stacy Turansky	31	F	Dix Hills	NY	8:10	00:25:23.52
7	282/581	84/252	283	Nina Lituma	34	F	Patchogue	NY	8:55	00:27:44.07
8	349/581	113/252	257	Theresa Juva-Brown	34	F	Oakland Gardens	NY	9:32	00:29:39.27
9	401/581	135/252	238	Heidi Higgins	34	F	Patchogue	NY	10:22	00:32:12.73
10	410/581	138/252	161	Nikki Ferrara	31	F	Bohemia	NY	10:26	00:32:26.07
11	412/581	139/252	359	Carol Nicosia	30	F	Blue Point	NY	10:27	00:32:29.07

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5K Run

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
12	427/581	144/252	305	Tiffany Mattson	31	F	Ridgewood	NY	10:35	00:32:53.76
13	430/581	147/252	522	Erin Wuestman	31	F	Selden	NY	10:35	00:32:55.57
14	444/581	159/252	43	Gayle Bernstein	31	F	Wantagh	NY	10:41	00:33:13.57
15	479/581	184/252	286	Danielle Losonci	30	F	Kings Park	NY	11:31	00:35:48.03
16	500/581	194/252	434	Amy Schaffler	34	F	New York	NY	12:00	00:37:17.57
17	547/581	230/252	159	Nicole Ferrante	32	F	Huntington	NY	13:13	00:41:04.68

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/581	4/329	292	Sean Mahon	31	M	Merrick	NY	5:31	00:17:11.09
2	13/581	13/329	269	Christopher Koegel	34	M	Wantagh	NY	6:03	00:18:48.21
3	55/581	44/329	234	Jason Hernandez	33	M	Smithtown	NY	7:00	00:21:45.21
4	57/581	46/329	565	Jeremiah Bautista	33	M	Saint James	NY	7:01	00:21:50.09
5	68/581	56/329	539	David Tobias	33	M	Plainview	NY	7:11	00:22:20.77
6	103/581	85/329	84	Evan Catarelli	32	M	Shirley	NY	7:31	00:23:23.29
7	121/581	99/329	132	Charlie Dietrich	31	M	Troy	NY	7:38	00:23:43.85
8	125/581	102/329	468	Chris Swann	33	M	Lake Grove	NY	7:39	00:23:49.21
9	146/581	121/329	576	Allen Kirmss	30	M	Huntington	NY	7:46	00:24:09.40
10	147/581	122/329	250	Bryan Jonas	34	M	Boca Raton	FL	7:46	00:24:09.60
11	157/581	130/329	56	Craig Brekne	30	M	Selden	NY	7:51	00:24:23.85
12	224/581	174/329	627	Daniel Selerru	34	M	Wantagh	NY	8:18	00:25:50.10
13	259/581	191/329	497	Kenneth Tymecki	33	M	Levittown	NY	8:42	00:27:02.70
14	278/581	198/329	31	Michael Bauer	34	M	Holtsville	NY	8:54	00:27:41.30
15	288/581	202/329	585	Fintan Geary	30	M	Smithtown	NY	8:57	00:27:51.30
16	424/581	282/329	499	Jeremey Vasquez	30	M	Huntington	NY	10:33	00:32:48.79

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	42/581	7/252	534	Shari Klarfeld	36	F	Plainview	NY	6:45	00:20:59.23
2	112/581	20/252	562	Jessica Petrina	35	F	Selden	NY	7:33	00:23:29.96
3	159/581	28/252	115	Melissa Danchalski	35	F	Manorville	NY	7:51	00:24:25.40
4	167/581	30/252	478	Sarah Thompsen	36	F	Sayville	NY	7:54	00:24:34.31
5	178/581	36/252	461	Marta Strekowski	39	F	Oakdale	NY	7:59	00:24:49.74
6	274/581	78/252	216	Amanda Hall	35	F	Patchogue	NY	8:52	00:27:35.08
7	279/581	81/252	606	Voss Elena	37	F	Seaford	NY	8:55	00:27:43.06
8	293/581	91/252	509	Windys Weeks	39	F	Rocky Point	NY	9:00	00:27:58.50
9	307/581	100/252	270	Dawn Konopka	38	F	Ridge	NY	9:08	00:28:24.82
10	342/581	110/252	189	Vanessa Gariglio	35	F	Huntington Station	NY	9:30	00:29:31.76
11	351/581	115/252	337	Erica Misorek	39	F	Syosset	NY	9:33	00:29:41.08
12	360/581	121/252	30	Nikki Barnett	39	F	Medford	NY	9:42	00:30:08.79
13	434/581	150/252	256	Christina Juva	38	F	Forest Hills	NY	10:37	00:33:00.02
14	438/581	154/252	484	Amanda Tomel	37	F	Melville	NY	10:38	00:33:03.29
15	446/581	161/252	469	Melanie Sweeney	35	F	Patchogue	NY	10:45	00:33:26.87
16	452/581	163/252	450	Leslie Simmons	37	F	Ronkonkoma	NY	10:47	00:33:32.96
17	462/581	172/252	605	Lauren Friedman	39	F	Syosset	NY	11:02	00:34:18.07
18	467/581	174/252	583	April Tymecki	35	F	Levittown	NY	11:10	00:34:44.51
19	468/581	175/252	604	Norma Maria	37	F	Syosset	NY	11:11	00:34:46.32

Rob's Run Cross Country 5K

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Overall Division Results

5K Run

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
20	477/581	182/252	607	Brooke Washington	38	F	Cambria Heights	NY	11:30	00:35:44.38
21	480/581	185/252	513	Tracy Williams	36	F	Bayside	NY	11:31	00:35:48.07
22	505/581	198/252	556	Gloria Martinez	37	F	East Meadow	NY	12:01	00:37:23.20
23	548/581	231/252	485	Ty Torres	38	F	South Huntington	NY	13:21	00:41:30.53
24	549/581	232/252	203	Michelle Gormley	39	F	East Meadow	NY	13:26	00:41:46.00
25	574/581	248/252	133	Jennifer Dietrich	38	F	Stony Brook	NY	17:14	00:53:34.59

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	19/581	15/329	620	Brendan Dagan	36	M	Deer Park	NY	6:14	00:19:24.96
2	49/581	42/329	502	Ronnie Vichman	37	M	Farmingdale	NY	6:53	00:21:24.69
3	73/581	61/329	19	Adrian Argueta	37	M	Deer Park	NY	7:14	00:22:30.10
4	80/581	66/329	232	Daniel Henn	36	M	Oyster Bay	NY	7:20	00:22:47.26
5	81/581	67/329	217	Trent Hampton	38	M	Lake Ronkonkama	NY	7:22	00:22:55.00
6	86/581	71/329	11	Mikey Allen	39	M	Patchogue	NY	7:25	00:23:05.16
7	111/581	92/329	281	Marc Liebman	35	M	Woodbury	NY	7:33	00:23:29.82
8	127/581	104/329	48	Douglas Boorstein	36	M	Alexandria	VA	7:41	00:23:53.10
9	247/581	183/329	435	Lee Schaffler	38	M	Syosset	NY	8:32	00:26:33.67
10	330/581	223/329	516	Mike Wisniewski	37	M	North Babylon	NY	9:22	00:29:07.60
11	341/581	232/329	574	Jack Brolly	37	M	Plainview	NY	9:29	00:29:30.35
12	366/581	241/329	29	Jeffrey Barnett	39	M	Medford	NY	9:49	00:30:32.08
13	394/581	260/329	612	Michael Long	39	M	Patchogue	NY	10:18	00:32:00.36

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	75/581	13/252	248	Leah Jantzen	44	F	East Setauket	NY	7:16	00:22:36.56
2	83/581	15/252	629	April Lemieux	41	F	Queens Village	NY	7:23	00:22:57.69
3	143/581	25/252	170	Erica Fraiberg	43	F	Greenlawn	NY	7:44	00:24:04.48
4	173/581	32/252	375	Michaela Oswald	40	F	Oyster Bay	NY	7:57	00:24:42.81
5	183/581	37/252	126	Kristen Desimone	43	F	Centereach	NY	8:00	00:24:52.17
6	220/581	50/252	479	Colleen Thompson	40	F	Saint James	NY	8:16	00:25:43.31
7	226/581	51/252	440	Ari Scott	43	F	East Northport	NY	8:21	00:25:57.81
8	241/581	60/252	418	Lexi Rothman	42	F	Lilburn	GA	8:29	00:26:23.48
9	255/581	68/252	222	Karen Harte	43	F	West Islip	NY	8:38	00:26:50.78
10	261/581	69/252	156	Dianna Faini	42	F	Commack	NY	8:43	00:27:07.04
11	269/581	74/252	18	Kelly Archer	40	F	Greenlawn	NY	8:49	00:27:26.56
12	276/581	79/252	298	Laura Marino	41	F	Farmingdale	NY	8:53	00:27:36.06
13	292/581	90/252	319	Kristin Mcnamara	42	F	Smithtown	NY	8:59	00:27:56.81
14	295/581	92/252	240	Tara Hofmayer	42	F	Merrick	NY	9:00	00:27:59.06
15	298/581	95/252	175	Sharon Fricker	41	F	Ronkonkoma	NY	9:02	00:28:04.46
16	311/581	101/252	500	Szilvia Vass	41	F	Lindenhurst	NY	9:10	00:28:31.81
17	324/581	106/252	491	Karena Tsakiris-Caperna	44	F	Coram	NY	9:19	00:28:57.20
18	344/581	111/252	10	Jaime Allen	41	F	Patchogue	NY	9:31	00:29:35.82
19	348/581	112/252	74	Claudia Cabanas	40	F	Lindenhurst	NY	9:32	00:29:38.46
20	361/581	122/252	628	Clare Moran	41	F	Smithtown	NY	9:42	00:30:10.21
21	362/581	123/252	569	Nancy Haddock	42	F	Selden	NY	9:42	00:30:10.81
22	433/581	149/252	453	Tatiana Sokolow	40	F	Seaford	NY	10:36	00:32:58.57

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Overall Division Results

5K Run

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
23	435/581	151/252	214	Clara Ha	44	F	Great Neck	NY	10:37	00:33:02.26
24	439/581	155/252	265	Stacy Keyes	42	F	East Meadow	NY	10:38	00:33:04.72
25	445/581	160/252	567	Janine Schroeder	40	F	Lynbrook	NY	10:41	00:33:14.07
26	457/581	167/252	482	Jean Tien	40	F	Great Neck	NY	10:55	00:33:55.96
27	484/581	188/252	37	Gigi Becker	44	F	Huntington Station	NY	11:39	00:36:13.85
28	494/581	191/252	121	Brenda Deesso	44	F	Yorktown Heights	NY	11:51	00:36:49.17
29	501/581	195/252	171	Jaime Franchi	41	F	East Islip	NY	12:00	00:37:18.82
30	522/581	209/252	403	Kelly Rhatigan	44	F	Merrick	NY	12:24	00:38:34.17
31	526/581	213/252	187	Dinah Fulton	42	F	Bellport	NY	12:31	00:38:53.83
32	529/581	216/252	543	Melissa Dorcinvil	42	F	Blue Point	NY	12:44	00:39:34.28
33	539/581	223/252	22	Monifa Ash	44	F	Shirley	NY	13:03	00:40:35.55
34	543/581	227/252	436	Kim Scharoff	42	F	Long Beach	NY	13:09	00:40:54.49
35	546/581	229/252	14	Melissa Altschuler	44	F	Freeport	NY	13:12	00:41:02.23
36	552/581	233/252	111	Sarah D'amore	44	F	Seaford	NY	13:41	00:42:33.32
37	563/581	240/252	266	Rebecca Kittrell	44	F	Long Beach	NY	14:30	00:45:03.76
38	564/581	241/252	571	Heather Mclaughlin	44	F	Huntington Station	NY	14:45	00:45:51.14
39	568/581	245/252	635	Neetu Rajpal	43	F	Syosset	NY	15:51	00:49:16.94

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	23/581	18/329	471	Michael Talles	41	M	Lindenhurst	NY	6:19	00:19:37.75
2	27/581	22/329	392	Jason Ramirez	43	M	Wantagh	NY	6:21	00:19:45.09
3	30/581	24/329	246	Eric Israel	40	M	Holbrook	NY	6:30	00:20:14.32
4	48/581	41/329	487	Steven Toto	44	M	Hauppauge	NY	6:49	00:21:11.26
5	62/581	51/329	339	Rafa Molina	42	M	Shirley	NY	7:05	00:22:02.47
6	76/581	63/329	477	Jason Taylor	43	M	Medford	NY	7:17	00:22:38.09
7	100/581	82/329	555	Gabriel Martinez	40	M	East Meadow	NY	7:31	00:23:21.85
8	113/581	93/329	174	Scott Fredriksen	41	M	Rocky Point	NY	7:34	00:23:30.63
9	116/581	96/329	456	Dan Spiegel	43	M	Commack	NY	7:35	00:23:35.77
10	122/581	100/329	361	David Northridge	40	M	Shirley	NY	7:39	00:23:46.56
11	130/581	107/329	318	Thomas Mcmanus	44	M	Plainview	NY	7:41	00:23:55.10
12	137/581	113/329	321	Michael Mcnamara	41	M	Smithtown	NY	7:43	00:23:59.26
13	142/581	118/329	486	Joseph Tortorella	41	M	Yaphank	NY	7:44	00:24:02.71
14	144/581	119/329	379	Michael Parente	42	M	Shirley	NY	7:45	00:24:05.76
15	158/581	131/329	566	Matthew Janke	40	M	East Norwich	NY	7:51	00:24:24.60
16	166/581	137/329	173	Dan Fredericks	43	M	Bethpage	NY	7:54	00:24:32.83
17	172/581	141/329	591	Charles Long	44	M	Miller Place	NY	7:56	00:24:40.35
18	186/581	148/329	335	Patrick Miller	42	M	Perth Amboy	NJ	8:02	00:24:58.49
19	194/581	152/329	180	Jon Frisch	42	M	Farmingville	NY	8:06	00:25:11.64
20	211/581	163/329	597	Brian Dell	40	M	Melville	NY	8:11	00:25:26.60
21	239/581	180/329	577	Christian Addison	41	M	Huntington Station	NY	8:27	00:26:15.98
22	248/581	184/329	447	Brian Sharbowicz	44	M	Ronkonkoma	NY	8:34	00:26:37.33
23	265/581	194/329	419	Michael Rothman	43	M	Lilburn	GA	8:47	00:27:18.83
24	266/581	195/329	578	David Robinson	43	M	Smithtown	NY	8:47	00:27:19.02
25	303/581	205/329	172	Steve Frankle	42	M	Hicksville	NY	9:06	00:28:16.54
26	310/581	210/329	39	Mark Berger	41	M	Great Neck	NY	9:10	00:28:30.35
27	316/581	214/329	196	Paul Ginocchio	41	M	Lynbrook	NY	9:14	00:28:42.85
28	345/581	234/329	536	Francesco Adamo	44	M	Port Washington	NY	9:31	00:29:36.11

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Overall Division Results

5K Run

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
29	373/581	245/329	530	Steven Caggiano	41	M	Flushing	NY	9:56	00:30:52.19
30	379/581	250/329	163	Eric Fishon	43	M	Hauppauge	NY	10:02	00:31:12.60
31	432/581	284/329	411	Michael Ronan	43	M	Floral Park	NY	10:36	00:32:57.53
32	485/581	297/329	406	Corey Roberts	40	M	Baldwin	NY	11:39	00:36:14.35
33	492/581	302/329	73	Mike Buttitta	44	M	Patchogue	NY	11:48	00:36:41.82
34	502/581	307/329	76	Joseph Campisi	42	M	Selden	NY	12:01	00:37:21.12
35	514/581	312/329	503	Jason Vittore	42	M	Levittown	NY	12:09	00:37:46.34

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	89/581	16/252	351	Kate Mullen-Most	47	F	Bayport	NY	7:26	00:23:07.80
2	94/581	17/252	145	Kathy Dormer	47	F	Williston Park	NY	7:28	00:23:14.53
3	193/581	42/252	420	Heidi Roussis	45	F	Westbury	NY	8:06	00:25:10.52
4	201/581	44/252	380	Natalie Penny	47	F	Bayville	NY	8:07	00:25:14.56
5	231/581	55/252	60	Judith Brenner	48	F	Plainview	NY	8:23	00:26:04.95
6	235/581	57/252	550	Angelique Consalazio	47	F	Lake Ronkonkoma	NY	8:26	00:26:12.22
7	273/581	77/252	122	Dionne Degourville	45	F	Hempstead	NY	8:52	00:27:33.27
8	289/581	87/252	381	Josephine Piccinic	48	F	Bellmore	NY	8:58	00:27:52.82
9	297/581	94/252	15	Nancy Anderson	48	F	Port Jefferson Static	NY	9:01	00:28:03.22
10	337/581	109/252	27	Jeannette Balantic	49	F	Floral Park	NY	9:26	00:29:21.31
11	353/581	116/252	466	Irene Sullivan	49	F	Wantagh	NY	9:35	00:29:47.40
12	372/581	128/252	608	Sami Groff	45	F	Cedarhurst	NY	9:55	00:30:49.82
13	382/581	131/252	219	Christine Hanmer	46	F	Hauppauge	NY	10:05	00:31:21.71
14	386/581	133/252	140	Wendy Disilvestro	49	F	East Northport	NY	10:11	00:31:40.42
15	392/581	134/252	611	Ana Jaramillo	46	F	Baldwin	NY	10:17	00:31:58.74
16	415/581	140/252	178	Janine Friedman	48	F	Plainview	NY	10:28	00:32:31.22
17	429/581	146/252	120	Fran Deangelis	47	F	Bayville	NY	10:35	00:32:54.77
18	431/581	148/252	547	Grace Dinorcia	47	F	Wantagh	NY	10:36	00:32:56.57
19	436/581	152/252	514	Amy Williamson	45	F	Ronkonkoma	NY	10:38	00:33:02.57
20	443/581	158/252	42	Christine Berman	45	F	Smithtown	NY	10:40	00:33:10.00
21	464/581	173/252	69	Corinne Buda	49	F	Long Beach	NY	11:05	00:34:28.91
22	472/581	177/252	490	Vicki Trinagel	46	F	Dix Hills	NY	11:19	00:35:12.24
23	474/581	179/252	603	Carol Higuera	45	F	Westbury	NY	11:22	00:35:19.97
24	476/581	181/252	242	Sharon Hoskins	47	F	Freeport	NY	11:27	00:35:36.03
25	481/581	186/252	146	Cynthia Drenckhahn	46	F	Bellmore	NY	11:36	00:36:02.87
26	507/581	199/252	373	Illysa Ortsman	48	F	Plainview	NY	12:03	00:37:26.57
27	508/581	200/252	369	Jackie Olmsted	47	F	Massapequa	NY	12:03	00:37:27.88
28	510/581	201/252	467	Laura Sullivan	45	F	Merrick	NY	12:05	00:37:33.33
29	511/581	202/252	402	Nancy Rettaliata	46	F	Bayport	NY	12:06	00:37:36.04
30	516/581	204/252	90	Jodi Clarin	49	F	Huntington Station	NY	12:17	00:38:11.78
31	517/581	205/252	312	Rebecca Mcdonald	49	F	Nesconset	NY	12:19	00:38:16.32
32	530/581	217/252	188	Jan Gaddist	47	F	Bay Shore	NY	12:44	00:39:35.69
33	579/581	251/252	625	Lori Mitnick	46	F	Huntington Station	NY	21:29	01:06:47.11

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	34/581	28/329	510	Graham Wilcock	49	M	Great Neck	NY	6:38	00:20:37.59

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Overall Division Results

5K Run

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
2	38/581	32/329	558	Earl Penney	46	M	Glen Head	NY	6:41	00:20:48.59
3	61/581	50/329	498	Daniel Valderrama	46	M	Oyster Bay	NY	7:05	00:22:02.08
4	74/581	62/329	92	Brian Cloherty	49	M	Roslyn Heights	NY	7:15	00:22:32.80
5	88/581	73/329	617	Hector Jaramillo	46	M	Baldwin	NY	7:26	00:23:06.77
6	106/581	88/329	382	Robert Pickus	48	M	Plainview	NY	7:32	00:23:26.59
7	109/581	90/329	205	Johnny Graziano	49	M	Riverhead	NY	7:33	00:23:28.60
8	115/581	95/329	336	Michael Minerva	46	M	Holbrook	NY	7:35	00:23:35.57
9	120/581	98/329	165	Michael Flaherty	49	M	Lindenhurst	NY	7:38	00:23:43.30
10	131/581	108/329	521	Chris Wroblewski	47	M	Commack	NY	7:42	00:23:55.78
11	145/581	120/329	13	Martin Alperin	46	M	Floral Park	NY	7:45	00:24:07.37
12	148/581	123/329	370	Ken Olson	47	M	Bethpage	NY	7:46	00:24:10.02
13	155/581	129/329	548	John Mazzei	49	M	Valley Stream	NY	7:50	00:24:21.10
14	163/581	135/329	489	Robert Trefcer	48	M	North Bellmore	NY	7:52	00:24:28.10
15	168/581	138/329	470	Michael Sweeney	49	M	Garden City	NY	7:54	00:24:34.87
16	170/581	140/329	293	Joseph Maiorana	47	M	Shirley	NY	7:55	00:24:38.72
17	192/581	151/329	34	Ben Beavers	45	M	North Amityville	NY	8:05	00:25:08.59
18	219/581	170/329	363	Kenneth Nuss Jr	46	M	Holtsville	NY	8:16	00:25:42.10
19	250/581	186/329	167	Kevin Ford	49	M	Islip	NY	8:35	00:26:41.18
20	251/581	187/329	430	Rich Sallustro	49	M	Bayport	NY	8:35	00:26:41.35
21	319/581	216/329	59	David Brenner	49	M	Plainview	NY	9:15	00:28:46.85
22	320/581	217/329	637	Keith Mcdowell	48	M	Hempstead	NY	9:16	00:28:49.19
23	327/581	220/329	179	Scott Friedman	47	M	Plainview	NY	9:21	00:29:04.61
24	328/581	221/329	395	Tomas Ratas	47	M	Plainview	NY	9:21	00:29:04.61
25	340/581	231/329	428	Marc Saffren	47	M	Manorville	NY	9:28	00:29:26.10
26	369/581	244/329	5	Jon Affatato	47	M	Syosset	NY	9:51	00:30:38.37
27	381/581	251/329	99	Thomas Coll	47	M	Massapequa Park	NY	10:04	00:31:18.61
28	388/581	255/329	376	Jerry Pace	45	M	Commack	NY	10:13	00:31:46.54
29	411/581	273/329	259	Andrew Kaplan	49	M	Syosset	NY	10:26	00:32:26.85
30	425/581	283/329	554	Peter Graves	46	M	Oyster Bay	NY	10:34	00:32:51.61
31	440/581	285/329	633	David Laniado	47	M	Cedarhurst	NY	10:38	00:33:05.29
32	448/581	286/329	345	Terry Motherway	45	M	South Huntington	NY	10:47	00:33:30.45
33	471/581	295/329	383	Darren Pierce	45	M	Whitestone	NY	11:17	00:35:06.26
34	488/581	299/329	624	Elvis Willie	48	M	Huntington Station	NY	11:44	00:36:27.36
35	551/581	319/329	134	Joe Digaetano	46	M	Lindenhurst	NY	13:37	00:42:21.37
36	559/581	321/329	138	Larry Dillingham	45	M	Medford	NY	14:08	00:43:57.29

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	54/581	11/252	65	Una Broderick	51	F	Wantagh	NY	6:59	00:21:42.49
2	119/581	22/252	45	Staci Blanket	53	F	Old Bethpage	NY	7:37	00:23:41.56
3	123/581	23/252	197	Gina Giordano	50	F	Mount Sinai	NY	7:39	00:23:47.24
4	191/581	41/252	563	Olga Greene	50	F	Kings Park	NY	8:05	00:25:08.28
5	207/581	48/252	405	Darlene Ritchie	53	F	Cold Spring Harbor	NY	8:10	00:25:24.95
6	228/581	53/252	352	Laura Murphy	51	F	Farmingdale	NY	8:22	00:26:01.51
7	234/581	56/252	162	Dianne Finneran	51	F	Smithtown	NY	8:25	00:26:11.81
8	236/581	58/252	95	Lisa Colby	53	F	Smithtown	NY	8:26	00:26:12.31
9	237/581	59/252	350	Annette Muklebust	52	F	S Setauket	NY	8:26	00:26:14.05
10	243/581	62/252	103	Karen Conkling	54	F	Massapequa	NY	8:30	00:26:24.71

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Overall Division Results

5K Run

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
11	252/581	65/252	371	Regina Orelli	51	F	Huntington Station	NY	8:35	00:26:42.27
12	253/581	66/252	459	Maureen Stammers-Janzer	52	F	Huntington Station	NY	8:36	00:26:45.30
13	262/581	70/252	295	Lori Mangual	52	F	Merrick	NY	8:45	00:27:12.14
14	272/581	76/252	287	Jennifer Love	53	F	Shoreham	NY	8:51	00:27:32.81
15	277/581	80/252	549	Grainne Josaphat	53	F	Bethpage	NY	8:54	00:27:40.39
16	283/581	85/252	53	Judy Breden	53	F	Hicksville	NY	8:55	00:27:44.48
17	291/581	89/252	94	Andrea Coladner	54	F	Port Jefferson	NY	8:59	00:27:56.28
18	301/581	98/252	297	Linda Manno	51	F	Lindenhurst	NY	9:04	00:28:10.38
19	318/581	103/252	327	Elizabeth Melillo	52	F	Northport	NY	9:15	00:28:44.56
20	322/581	104/252	262	Michele Kelly	51	F	Patchogue	NY	9:18	00:28:55.82
21	326/581	107/252	127	Jennifer Despagna	53	F	Huntington	NY	9:21	00:29:03.12
22	370/581	126/252	353	Beth Murray	52	F	Holtsville	NY	9:53	00:30:44.98
23	378/581	129/252	415	Annabelle Rosenzweig	53	F	Merrick	NY	10:02	00:31:12.07
24	408/581	137/252	226	Phyllis Hauser	51	F	Merrick	NY	10:25	00:32:23.82
25	423/581	142/252	147	Ellen Dunn	50	F	Massapequa	NY	10:32	00:32:43.80
26	426/581	143/252	141	Anita Distefano	50	F	Nesconset	NY	10:34	00:32:52.74
27	473/581	178/252	480	Christine Thorp	50	F	Ronkonkoma	NY	11:19	00:35:12.24
28	478/581	183/252	186	Lori Fuller	53	F	Roslyn Heights	NY	11:30	00:35:46.81
29	490/581	190/252	384	Lisa Pincus	51	F	Huntington Station	NY	11:46	00:36:33.92
30	503/581	196/252	424	Kim Russo	50	F	West Islip	NY	12:01	00:37:21.33
31	504/581	197/252	289	June Luciano	53	F	Sayville	NY	12:01	00:37:21.38
32	515/581	203/252	601	Erin O'leary	51	F	East Norwich	NY	12:14	00:38:02.40
33	518/581	206/252	113	Brynn Dacher	54	F	Merrick	NY	12:21	00:38:25.16
34	524/581	211/252	501	Cheryl Venditto	52	F	Smithtown	NY	12:29	00:38:49.41
35	525/581	212/252	17	Ines Arbelaez	52	F	Selden	NY	12:30	00:38:52.58
36	528/581	215/252	594	Andrea Tibke	52	F	Bay Shore	NY	12:38	00:39:18.05
37	531/581	218/252	235	Joan Hernandez	53	F	Malverne	NY	12:45	00:39:37.08
38	532/581	219/252	143	Leslie Dolan	53	F	Islip Terrace	NY	12:46	00:39:41.78
39	535/581	220/252	602	Margaret Reilly	54	F	Oyster Bay	NY	12:56	00:40:13.32
40	567/581	244/252	313	Doreen Mcdougall	53	F	Bldv	NY	15:37	00:48:33.70
41	575/581	249/252	493	Carleen Tunney	54	F	Selden	NY	17:43	00:55:03.82
42	576/581	250/252	63	Mary Brett	53	F	Port Jefferson Sta	NY	17:43	00:55:05.60

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	39/581	33/329	47	Marc Bochner	52	M	New York	NY	6:43	00:20:53.52
2	63/581	52/329	93	Jason Cohen	50	M	Manorville	NY	7:06	00:22:03.84
3	66/581	54/329	211	Jose Gutierrez	50	M	Ridgewood	NY	7:08	00:22:11.00
4	77/581	64/329	568	Qiang Chen	50	M	Syosset	NY	7:17	00:22:39.93
5	79/581	65/329	529	Eugene Bonapace	50	M	Woodbury	NY	7:19	00:22:44.61
6	82/581	68/329	20	Kevin Arloff	50	M	Huntington Station	NY	7:23	00:22:56.44
7	85/581	70/329	412	Michael Ronemus	50	M	East Meadow	NY	7:25	00:23:03.85
8	95/581	78/329	194	Kieran Gibbons	53	M	Northport	NY	7:29	00:23:15.75
9	101/581	83/329	422	Michael Russell	51	M	Rocky Point	NY	7:31	00:23:22.49
10	105/581	87/329	331	Todd Metro	50	M	Holtsville	NY	7:32	00:23:25.55
11	134/581	111/329	586	Don Harnett	51	M	Floral Park	NY	7:42	00:23:57.00
12	139/581	115/329	220	Robert Hardie	53	M	East Northport	NY	7:43	00:24:01.13
13	141/581	117/329	82	Eric Carver	51	M	Patchogue	NY	7:44	00:24:01.72

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Overall Division Results

5K Run

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
14	162/581	134/329	88	Eli Chaikin	53	M	North Woodmere	NY	7:52	00:24:27.10
15	164/581	136/329	346	Chris Mozer	54	M	East Northport	NY	7:53	00:24:30.99
16	185/581	147/329	185	Kevin Fuchs	51	M	Sayville	NY	8:01	00:24:57.47
17	199/581	156/329	239	Scott Hoffman	53	M	Merrick	NY	8:06	00:25:12.85
18	208/581	160/329	119	John De Spagna	53	M	Huntington	NY	8:10	00:25:25.07
19	210/581	162/329	66	Amos Brotter	52	M	Long Beach	NY	8:11	00:25:25.60
20	221/581	171/329	68	Stephen Buckley	53	M	East Setauket	NY	8:16	00:25:43.43
21	232/581	177/329	355	Ron Nardo	54	M	Bellmore	NY	8:25	00:26:09.50
22	240/581	181/329	535	George Darienzo	50	M	East Northport	NY	8:27	00:26:17.10
23	246/581	182/329	325	Michael Meinardus	50	M	Bellmore	NY	8:32	00:26:32.60
24	257/581	189/329	332	Joseph Micheels	51	M	East Islip	NY	8:39	00:26:53.19
25	306/581	207/329	317	Daniel Mcguigan	53	M	New Hyde Park	NY	9:07	00:28:20.84
26	315/581	213/329	204	Jim Graziano	52	M	Moriches	NY	9:12	00:28:35.85
27	321/581	218/329	176	Neil Friedberg	51	M	Commack	NY	9:18	00:28:55.60
28	332/581	225/329	475	Thomas Tatarian	54	M	Shoreham	NY	9:23	00:29:10.32
29	333/581	226/329	177	Steven Friedland	53	M	Great Neck	NY	9:24	00:29:12.58
30	336/581	228/329	326	Cliff Meister	50	M	Centereach	NY	9:26	00:29:20.73
31	347/581	236/329	465	Frank Sullivan	53	M	Farmingdale	NY	9:32	00:29:37.79
32	365/581	240/329	531	William Raftery	54	M	East Islip	NY	9:46	00:30:23.75
33	367/581	242/329	275	Jazzy Jeff Larsson	52	M	East Meadow	NY	9:50	00:30:33.70
34	384/581	252/329	276	Nicholas Lavacca	50	M	Syosset	NY	10:10	00:31:36.51
35	385/581	253/329	304	Brendan Mathews	50	M	East Norwich	NY	10:10	00:31:36.72
36	391/581	258/329	303	Rudy Massimo	51	M	Woodbury	NY	10:17	00:31:57.71
37	397/581	263/329	46	Gary Bochner	54	M	Plainview	NY	10:19	00:32:05.05
38	398/581	264/329	28	Richard Barkan	52	M	Long Beach	NY	10:19	00:32:05.11
39	451/581	289/329	528	John Zaia	50	M	Massapequa Park	NY	10:47	00:33:31.06
40	491/581	301/329	630	Jay Kirshner	51	M	Roslyn	NY	11:47	00:36:36.86
41	493/581	303/329	78	Richard Carlson	54	M	Merrick	NY	11:49	00:36:44.06
42	578/581	328/329	623	David Kaplan	53	M	Glen Cove	NY	20:36	01:04:01.40
43	581/581	329/329	38	Frederick Benlein	53	M	Farmingdale	NY	28:29	01:28:31.18

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	150/581	26/252	279	Mary Lenzi	57	F	Hauppauge	NY	7:47	00:24:12.22
2	176/581	34/252	154	Tracey Epstein	57	F	Smithtown	NY	7:58	00:24:48.12
3	202/581	45/252	397	Debra Razzano-Nerud	57	F	Glen Head	NY	8:09	00:25:19.64
4	271/581	75/252	518	Debra Woloschin	57	F	Remsenburg	NY	8:51	00:27:31.44
5	280/581	82/252	595	Barbara Cronin Stagnari	56	F	Mineola	NY	8:55	00:27:43.46
6	296/581	93/252	445	Louise Senato	55	F	Merrick	NY	9:00	00:28:00.74
7	300/581	97/252	245	Jeannie Hynes	55	F	Greenlawn	NY	9:03	00:28:08.75
8	364/581	125/252	408	Susan Robinson	59	F	Coram	NY	9:44	00:30:16.52
9	380/581	130/252	253	Rosemary Jones	55	F	Babylon	NY	10:02	00:31:13.19
10	383/581	132/252	142	Joann Distler	56	F	Merrick	NY	10:07	00:31:27.32
11	428/581	145/252	394	Donna Randone	56	F	Huntington Station	NY	10:35	00:32:53.95
12	437/581	153/252	223	Laura Hartman	59	F	Remsenburg	NY	10:38	00:33:02.82
13	441/581	156/252	155	Kerrin Ernst	59	F	Miller Place	NY	10:39	00:33:05.75
14	461/581	171/252	537	Jo Ellen Elsener	59	F	Deer Park	NY	10:59	00:34:08.80
15	475/581	180/252	598	Caryn Zilka	56	F	Long Beach	NY	11:23	00:35:22.22

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Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
16	482/581	187/252	164	Peggi Fitzgerald	56	F	Farmingville	NY	11:37	00:36:08.07
17	498/581	192/252	184	Maria Fucella	57	F	Levittown	NY	11:55	00:37:03.07
18	499/581	193/252	117	Mindy Davidson	57	F	Bethpage	NY	11:55	00:37:03.07
19	523/581	210/252	587	Domenica Lauterborn	56	F	Farmingdale	NY	12:28	00:38:45.16
20	536/581	221/252	198	Lea Gjodesen	56	F	Massapequa	NY	12:58	00:40:19.82
21	542/581	226/252	431	Ellen Sansone	58	F	Franklin Square	NY	13:09	00:40:54.08
22	565/581	242/252	86	Jean Chadderton	58	F	Port Jefferson	NY	14:45	00:45:51.36
23	566/581	243/252	54	Heather Breen	58	F	Oyster Bay	NY	15:13	00:47:17.52
24	570/581	246/252	2	Linda Adelman	57	F	Plainview	NY	16:20	00:50:47.84

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	41/581	35/329	25	Alan Baisch	56	M	Selden	NY	6:43	00:20:55.09
2	58/581	47/329	365	John Oakley	56	M	Bayport	NY	7:02	00:21:52.12
3	67/581	55/329	575	Rich Delasota	58	M	Huntington	NY	7:10	00:22:16.30
4	69/581	57/329	367	Mark Ogden	55	M	Selden	NY	7:11	00:22:21.58
5	71/581	59/329	4	Rudy Afanador	59	M	Patchogue	NY	7:14	00:22:29.09
6	72/581	60/329	206	John Greene	57	M	Huntington Station	NY	7:14	00:22:29.84
7	84/581	69/329	131	Michael Di Lisio	55	M	Shoreham	NY	7:24	00:23:02.53
8	91/581	75/329	481	Raymond Tiburzi	58	M	East Northport	NY	7:27	00:23:09.41
9	92/581	76/329	83	Michael Casale	56	M	Bellmore	NY	7:27	00:23:10.43
10	96/581	79/329	442	Rick Secor	56	M	Ronkonkama	NY	7:29	00:23:17.58
11	98/581	80/329	512	Mario Wilkowski	57	M	Merrick	NY	7:30	00:23:19.42
12	107/581	89/329	309	Bill Mazza	55	M	West Gilgo Beach	NY	7:33	00:23:27.80
13	110/581	91/329	311	Terence McCormick	57	M	Lindenhurst	NY	7:33	00:23:28.99
14	117/581	97/329	62	Kc Brett	57	M	Port Jefferson Sta	NY	7:35	00:23:36.58
15	154/581	128/329	255	Daniel Joseph	59	M	Levittown	NY	7:49	00:24:18.98
16	169/581	139/329	288	Steve Luciani	56	M	Shirley	NY	7:55	00:24:37.71
17	180/581	144/329	52	Gareth Brancato	59	M	Williston Park	NY	7:59	00:24:50.14
18	182/581	146/329	511	Fred Wilkowski	55	M	North Woodmere	NY	7:59	00:24:50.74
19	190/581	150/329	432	Robert Savino	57	M	Seaford	NY	8:04	00:25:05.92
20	214/581	165/329	96	David Coletti	58	M	Dix Hills	NY	8:11	00:25:27.73
21	216/581	167/329	374	Vincent Oshaughnessy	56	M	West Babylon	NY	8:12	00:25:30.98
22	260/581	192/329	55	Russell Breiter	56	M	Plainview	NY	8:42	00:27:04.10
23	263/581	193/329	446	Larry Shames	56	M	Levittown	NY	8:46	00:27:15.35
24	286/581	201/329	391	Norman Rabin	56	M	Plainview	NY	8:57	00:27:49.60
25	308/581	208/329	299	Michael Marino	59	M	Garden City	NY	9:09	00:28:27.35
26	312/581	211/329	404	Richard Ripke	55	M	Selden	NY	9:10	00:28:31.85
27	313/581	212/329	634	Michael Moloney	55	M	Floral Park	NY	9:11	00:28:33.85
28	317/581	215/329	573	Bill Niedfeld	58	M	Seaford	NY	9:14	00:28:43.71
29	325/581	219/329	152	Richard Elliott	59	M	Eastport	NY	9:20	00:29:02.77
30	329/581	222/329	600	Scott Sparr	59	M	Long Beach	NY	9:21	00:29:05.83
31	355/581	238/329	341	William Montero	59	M	Oakland Gardens	NY	9:36	00:29:51.81
32	368/581	243/329	505	Michael Wajnrajch	55	M	Merrick	NY	9:50	00:30:34.50
33	377/581	249/329	190	Michael Garone	57	M	Commack	NY	10:00	00:31:05.99
34	389/581	256/329	390	Patrick Quinn	57	M	Syosset	NY	10:13	00:31:46.86
35	393/581	259/329	258	Michael Kalish	57	M	Melville	NY	10:17	00:31:59.75
36	396/581	262/329	437	Marty Schimmele	56	M	Massapequa	NY	10:18	00:32:03.23

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Overall Division Results

5K Run

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
37	399/581	265/329	108	Bill Crispino	59	M	Freeport	NY	10:21	00:32:10.11
38	402/581	267/329	87	Neil Chadderton	56	M	Port Jefferson	NY	10:22	00:32:13.86
39	405/581	269/329	149	Richard Duryea	56	M	Northport	NY	10:23	00:32:18.73
40	406/581	270/329	100	Thomas Colleran	55	M	Shirley	NY	10:24	00:32:19.11
41	414/581	275/329	16	John Angerame	59	M	Bayville	NY	10:27	00:32:30.52
42	416/581	276/329	79	Ken Carmel	57	M	Ronkonkoma	NY	10:28	00:32:33.57
43	419/581	279/329	192	Richard Geismar	59	M	Sea Cliff	NY	10:29	00:32:35.20
44	422/581	281/329	364	Michael O'rourke	55	M	Mineola	NY	10:31	00:32:42.36
45	450/581	288/329	421	Gerard Ruiz	58	M	Hicksville	NY	10:47	00:33:30.65
46	489/581	300/329	541	Kenneth Rieger	59	M	Glen Cove	NY	11:44	00:36:28.60
47	506/581	308/329	619	Robert Montgomery	57	M	Hicksville	NY	12:02	00:37:25.76
48	512/581	310/329	542	Lance Margolin	58	M	Woodbury	NY	12:06	00:37:36.56
49	533/581	314/329	544	Steven Millon	58	M	E Meadow	NY	12:54	00:40:06.61
50	537/581	316/329	354	John V Muzio Jr	56	M	Bayport	NY	12:58	00:40:20.29
51	544/581	317/329	282	Thomas Linsalata	57	M	Seaford	NY	13:10	00:40:55.20
52	562/581	323/329	357	Peter Nesfield	55	M	Huntington	NY	14:28	00:44:57.17

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	227/581	52/252	610	Dolores Doman	60	F	Huntington Station	NY	8:22	00:26:01.06
2	242/581	61/252	540	Kim Solomine	60	F	Syosset	NY	8:29	00:26:24.07
3	254/581	67/252	532	Linda Ottaviano	62	F	Cold Spring Harbor	NY	8:37	00:26:46.89
4	264/581	71/252	244	Lorraine Huether	61	F	Melville	NY	8:46	00:27:17.06
5	314/581	102/252	7	Kathy Agricola	61	F	Levitown	NY	9:11	00:28:35.01
6	323/581	105/252	278	Pamela Lee	64	F	Syosset	NY	9:18	00:28:56.57
7	357/581	118/252	300	Susie Marnell	62	F	Huntington Station	NY	9:38	00:29:58.59
8	442/581	157/252	526	Marianne Zacharia	62	F	East Northport	NY	10:40	00:33:09.32
9	447/581	162/252	413	Donna Rosen	61	F	Jericho	NY	10:45	00:33:26.87
10	521/581	208/252	458	Linda Spisto	63	F	Wantagh	NY	12:23	00:38:29.88
11	538/581	222/252	75	Rosemary Camilleri	63	F	Sayville	NY	13:01	00:40:28.23
12	541/581	225/252	449	Kathy Sheridan	62	F	East Northport	NY	13:09	00:40:52.58
13	553/581	234/252	377	Joanne Palisi	62	F	Eastport	NY	13:41	00:42:33.32
14	556/581	236/252	49	Margaret Boorstein	64	F	East Norwich	NY	13:48	00:42:54.33
15	571/581	247/252	592	Aileen Kirshoff	61	F	Melville	NY	16:21	00:50:48.30

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	93/581	77/329	21	Jim Arnone	63	M	Westhampton	NY	7:28	00:23:13.29
2	102/581	84/329	429	Paul Salerni	61	M	Little Neck	NY	7:31	00:23:22.49
3	104/581	86/329	593	Robby Kirshoff	61	M	Melville	NY	7:32	00:23:24.73
4	114/581	94/329	570	Edward Ward	62	M	West Hempstead	NY	7:35	00:23:34.53
5	128/581	105/329	462	Larry Striegel	60	M	East Northport	NY	7:41	00:23:54.33
6	140/581	116/329	520	Glen Wother	61	M	Jericho	NY	7:44	00:24:01.71
7	204/581	159/329	225	Robert Haughn	60	M	Port Jefferson Static	NY	8:10	00:25:22.62
8	212/581	164/329	368	Michael Oliveri	63	M	Bay Shore	NY	8:11	00:25:27.33
9	217/581	168/329	290	Michael Ludwig	63	M	Rockville Ctr	NY	8:13	00:25:33.85
10	225/581	175/329	483	Neil Tipograph	60	M	New York	NY	8:19	00:25:51.19

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Overall Division Results

5K Run

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
11	270/581	196/329	274	Louis Lafleur	61	M	Holbrook	NY	8:50	00:27:27.87
12	275/581	197/329	360	John Nora	60	M	Massapequa Park	NY	8:52	00:27:35.35
13	285/581	200/329	125	Drew Demasters	63	M	Westbury	NY	8:57	00:27:49.45
14	335/581	227/329	538	Robert Elsener	62	M	East Northport	NY	9:25	00:29:15.60
15	339/581	230/329	285	Dominick Logiudice	60	M	Patchogue	NY	9:28	00:29:25.35
16	343/581	233/329	209	Bill Guichard	62	M	Mellville	NY	9:30	00:29:33.51
17	346/581	235/329	639	Anthony Salerno	62	M	Wantagh	NY	9:31	00:29:36.85
18	376/581	248/329	616	Howie Mann	62	M	Roslyn Heights	NY	9:58	00:30:59.30
19	417/581	277/329	494	Kevin Tunney	60	M	Selden	NY	10:29	00:32:35.01
20	454/581	290/329	314	James Mcdougall	62	M	Ronkonkoma	NY	10:51	00:33:43.68
21	463/581	291/329	443	Isaac Seinuk	60	M	North Woodmere	NY	11:05	00:34:26.61
22	466/581	293/329	455	Elias Sosa	62	M	Selden	NY	11:09	00:34:40.35

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	371/581	127/252	517	Gloria Withus	67	F	Brentwood	NY	9:54	00:30:47.40
2	460/581	170/252	202	Abby Gonzales	69	F	Dix Hills	NY	10:59	00:34:07.57
3	527/581	214/252	609	Michele Chattaway	66	F	Riverhead	NY	12:33	00:39:00.57
4	557/581	237/252	81	Patricia Carroll	66	F	West Islip	NY	13:53	00:43:09.32

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	31/581	25/329	552	Chris Webber	65	M	Sayville	NY	6:32	00:20:18.35
2	50/581	43/329	559	Bob Giambalvo	68	M	Delhi	NY	6:54	00:21:29.34
3	215/581	166/329	560	Alan Oman	68	M	Babylon	NY	8:11	00:25:28.13
4	218/581	169/329	302	Peter Martin	67	M	Bellmore	NY	8:15	00:25:39.78
5	233/581	178/329	208	Jaime Guachichullca	69	M	Selden	NY	8:25	00:26:10.60
6	258/581	190/329	64	Joseph Brida	66	M	Miller Place	NY	8:40	00:26:57.35
7	302/581	204/329	251	Steven Jonas	65	M	Boca Raton	FL	9:04	00:28:12.07
8	304/581	206/329	599	Jorge Mario Lira	67	M	Southampton	NY	9:07	00:28:19.81
9	374/581	246/329	201	Ehud Golos	67	M	East Hills	NY	9:57	00:30:56.05
10	407/581	271/329	102	Ray Coyle	66	M	Seaford	NY	10:25	00:32:23.82
11	409/581	272/329	200	Robert Goldfarb	66	M	Massapequa	NY	10:26	00:32:25.42
12	486/581	298/329	333	Stephen Mighdoll	65	M	Roslyn	NY	11:41	00:36:19.61
13	495/581	304/329	439	David Schneidman	69	M	Melville	NY	11:53	00:36:55.61
14	555/581	320/329	553	Peter Stein	69	M	Rockville Centre	NY	13:48	00:42:54.12
15	560/581	322/329	564	Victor Noren	68	M	Levittown	NY	14:21	00:44:35.29
16	569/581	324/329	545	Kevin Matthews	68	M	Melville	NY	16:07	00:50:05.13

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	455/581	165/252	580	Betty Horstmann	72	F	Bayport	NY	10:52	00:33:47.80
2	540/581	224/252	91	Helma Clavin	74	F	Ronkonkoma	NY	13:07	00:40:45.71
3	561/581	239/252	579	Susan Brahms	73	F	Syosset	NY	14:26	00:44:51.33

Rob's Run Cross Country 5K

November 26, 2017

Overall Division Results

5K Run

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	222/581	172/329	557	Dennis Michel	70	M	Sayville	NY	8:17	00:25:44.45
2	331/581	224/329	417	Vic Rossi	71	M	Hauppague	NY	9:22	00:29:07.85
3	356/581	239/329	107	Howard Cragg	70	M	Bethpage	NY	9:36	00:29:52.22
4	404/581	268/329	104	Steve Conroy	72	M	Manhasset	NY	10:23	00:32:18.11
5	465/581	292/329	199	Charles Gleason	70	M	Glen Cove	NY	11:07	00:34:34.06
6	469/581	294/329	26	Robert Baker	73	M	Little Neck	NY	11:12	00:34:49.10
7	519/581	313/329	631	Paul Fetscher	71	M	Long Beach	NY	12:22	00:38:26.95
8	534/581	315/329	183	Stuart Frost	70	M	Great Neck	NY	12:56	00:40:12.53

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	338/581	229/329	638	Gary Muhrcke	77	M	Huntington	NY	9:27	00:29:23.85

Female Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	580/581	252/252	210	Ginny Guichard	80	F	Mellville	NY	27:41	01:26:01.07

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	497/581	306/329	342	Carlos Morales	83	M	Corona	NY	11:55	00:37:02.86
2	573/581	326/329	301	Frank Martin	82	M	West Bay Shore	NY	17:04	00:53:02.83

Male Ages 85 - 89

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	577/581	327/329	263	Howard Kestenbaum	86	M	Plainview	NY	18:53	00:58:41.04

Male Ages 90+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	572/581	325/329	247	Bert Jablon	90	M	Syosset	NY	16:35	00:51:32.63