

Timberman Triathlon

July 8, 2017

Olympic Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	2	Christina Roberts	F	31	Minneapolis	MN	00:20:22	1	1:09	00:01:10	01:10:23	1	21.4	00:00:46	00:39:57	2	6:39		02:12:36.08
2	99	Andrea Myers	F	41	Minneapolis	MN	00:21:37	2	1:13	00:00:52	01:10:36	2	21.3	00:00:47	00:44:09	6	7:21		02:17:58.16
3	63	Tiffany Kari	F	37	Duluth	MN	00:25:37	8	1:27	00:01:36	01:13:31	5	20.5	00:01:05	00:40:47	3	6:47		02:22:33.83
4	7	Hannah Bettendorf	F	18	Duluth	MN	00:26:41	12	1:30	00:01:38	01:11:11	3	21.2	00:01:01	00:42:27	4	7:04		02:22:55.94
5	69	Christel Kippenhan	F	52	Bemidji	MN	00:22:49	4	1:17	00:01:08	01:14:50	7	20.1	00:00:48	00:47:28	9	7:54		02:27:00.16
6	12	Leanne Bronson	F	47	Superior	WI	00:26:28	9	1:30	00:01:25	01:12:25	4	20.8	00:01:26	00:47:07	8	7:51		02:28:48.56
7	3	Jacquelyn Bacigalupi	F	40	Baxter	MN	00:27:42	14	1:34	00:01:26	01:14:15	6	20.3	00:01:10	00:45:25	7	7:34		02:29:54.12
8	8	Megan Bettendorf	F	16	Duluth	MN	00:24:48	7	1:24	00:01:45	01:19:38	14	18.9	00:01:13	00:51:17	18	8:32		02:38:38.41
9	144	Maisy Waech	F	17	Grand Rapids	MN	00:26:38	11	1:30	00:01:14	01:23:27	23	18.0	00:00:52	00:47:53	10	7:58		02:40:01.92
10	137	Pam Stevens	F	64	Sartell	MN	00:27:02	13	1:32	00:01:55	01:15:23	8	20.0	00:01:37	00:54:35	23	9:05		02:40:29.58
11	35	Hannah Gartner	F	26	Duluth	MN	00:23:42	5	1:20	00:01:51	01:23:01	22	18.1	00:01:35	00:50:28	14	8:24		02:40:34.48
12	40	Helen Gunther	F	60	Excelsior	MN	00:29:01	15	1:38	00:01:39	01:18:43	12	19.1	00:01:22	00:50:11	12	8:21		02:40:53.56
13	32	Chelsea Froemke	F	27	Duluth	MN	00:22:34	3	1:16	00:02:05	01:18:38	11	19.2	00:01:23	00:57:04	30	9:30		02:41:41.43
14	359	Lori Green	F	54	Fort Frances	ON	00:26:32	10	1:30	00:03:04	01:19:31	13	18.9	00:02:02	00:50:55	16	8:29		02:42:00.92
15	126	Mary Sands	F	56	Saint Paul	MN	00:29:46	16	1:41	00:01:26	01:20:07	16	18.8	00:01:26	00:50:16	13	8:22		02:42:57.42
16	349	Yaniha Giebel	F	39	Saint Paul	MN	00:33:05	32	1:52	00:02:15	01:18:16	10	19.2	00:02:16	00:50:06	11	8:20		02:45:55.65
17	60	Judy Januschka Murray	F	58	Sartell	MN	00:31:04	23	1:45	00:02:35	01:19:41	15	18.9	00:01:48	00:51:57	20	8:39		02:47:03.16
18	103	Chris Nehring	F	49	Kimball	MN	00:32:06	30	1:49	00:02:20	01:17:49	9	19.4	00:01:14	00:54:36	24	9:05		02:48:02.78
19	73	Liz Kolquist	F	32	Duluth	MN	00:30:12	20	1:42	00:04:41	01:27:36	26	17.2	00:02:15	00:43:53	5	7:18		02:48:33.92
20	17	Shannon Carroll	F	38	Eden Prairie	MN	00:31:08	24	1:46	00:02:10	01:21:17	18	18.5	00:01:28	00:53:24	21	8:53		02:49:24.94
21	106	Victoria Nill	F	44	Blaine	MN	00:33:26	34	1:53	00:02:10	01:21:54	20	18.4	00:01:16	00:50:52	15	8:28		02:49:34.85
22	107	Susan Nygaard	F	54	Shoreview	MN	00:24:14	6	1:22	00:03:35	01:26:53	25	17.3	00:04:03	00:55:15	26	9:12		02:53:56.93
23	59	Mary Januschka	F	56	Cambridge	MN	00:35:11	36	1:59	00:03:20	01:21:45	19	18.4	00:03:07	00:51:19	19	8:33		02:54:40.16
24	51	Margaret Howard	F	48	Rio Rancho	NM	00:31:24	27	1:47	00:02:40	01:22:02	21	18.4	00:01:42	00:57:13	31	9:32		02:54:57.93
25	42	Jan Handlos	F	63	Baxter	MN	00:29:51	17	1:41	00:02:53	01:20:24	17	18.7	00:01:14	01:00:41	32	10:06		02:55:01.07
26	123	Elise Ryan	F	43	Chanhassen	MN	00:30:39	21	1:44	00:03:09	01:24:24	24	17.8	00:02:49	00:56:17	27	9:22		02:57:15.13
27	24	Stephanie Etterman	F	52	Brainerd	MN	00:31:23	26	1:46	00:01:52	01:28:24	29	17.0	00:02:12	00:54:32	22	9:05		02:58:20.43
28	23	Kristina Elfering	F	40	North Oaks	MN	00:31:50	28	1:48	00:02:02	01:28:23	28	17.0	00:01:44	00:56:37	29	9:26		03:00:33.93
29	19	Amy Coad	F	48	Saint Paul	MN	00:30:01	19	1:42	00:04:16	01:30:16	32	16.7	00:01:34	00:56:36	28	9:25		03:02:39.94
30	148	Sherry Wright	F	48	Baxter	MN	00:31:15	25	1:46	00:01:39	01:37:36	37	15.4	00:02:18	00:51:08	17	8:31		03:03:53.61
31	136	Megan Steil	F	35	Ham Lake	MN	00:32:51	31	1:51	00:03:27	01:31:47	35	16.4	00:01:54	00:54:52	25	9:08		03:04:47.40
32	145	Emma Ward	F	16	Angora	MN	00:31:00	22	1:45	00:02:41	01:33:47	36	16.1	00:01:07	01:00:46	33	10:07		03:09:19.65
33	353	Twyla Anderson	F	65	Minneapolis	MN	00:32:05	29	1:49	00:02:42	01:30:23	33	16.7	00:01:45	01:05:32	34	10:55		03:12:25.69
34	21	Jessica Deshaw	F	40	Brainerd	MN	00:29:53	18	1:41	00:03:39	01:27:39	27	17.2	00:02:37	01:13:32	36	12:15		03:17:17.19
35	57	Toni Peck	F	36	Fort Myers	FL	00:33:24	33	1:53	00:02:09	01:29:31	30	16.8	00:01:47	01:11:47	35	11:57		03:18:35.94

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Olympic Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph		Time	Plc	Pace		
36	71	Cathy Klopp	F	56	Minneapolis	MN	00:37:50	37	2:08	00:02:17	01:30:43	34	16.6	00:01:48	01:16:15	37	12:42		03:28:49.19
37	101	Lindsay Nauen	F	67	Saint Paul	MN	01:27:08	38	4:57	00:07:11	01:29:32	31	16.8	00:03:06	00:26:32	1	4:25		03:33:27.19
38	41	Linda Hagen	F	54	Duluth	MN	00:34:30	35	1:57	00:02:55	01:51:54	38	13.5	00:02:25	01:19:05	38	13:10		03:50:45.71

Timberman Triathlon

July 8, 2017

Olympic Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	271	Jordan Roby	M	27	St. Louis Park	MN	00:22:24	5	1:16	00:01:03	01:01:30	2	24.5	00:00:38	00:34:17	1	5:42		01:59:49.90
2	187	Brooks Grossinger	M	40	Mayer	MN	00:23:00	6	1:18	00:01:00	01:01:34	3	24.5	00:00:45	00:35:27	2	5:54		02:01:43.17
3	292	Chris Tatton	M	40	Blaine	MN	00:21:29	2	1:13	00:01:16	01:05:12	7	23.1	00:00:52	00:36:55	4	6:09		02:05:42.40
4	259	Kris Nisula	M	41	Thunder Bay	ON	00:23:40	10	1:20	00:01:26	01:01:20	1	24.6	00:00:54	00:38:55	5	6:29		02:06:12.32
5	237	David Lewis	M	43	Nevis	MN	00:24:10	14	1:22	00:01:19	01:04:27	6	23.4	00:00:59	00:36:24	3	6:03		02:07:16.40
6	255	Scott Myers	M	42	Minneapolis	MN	00:21:49	3	1:14	00:01:07	01:05:38	10	23.0	00:00:57	00:39:56	9	6:39		02:09:24.53
7	280	Nicholas Serratore	M	28	Grand Rapids	MN	00:23:44	12	1:20	00:01:08	01:02:54	5	23.9	00:00:45	00:41:17	10	6:52		02:09:45.65
8	162	Phil Brown	M	39	Thunder Bay	ON	00:23:32	9	1:20	00:01:32	01:05:20	8	23.1	00:01:07	00:39:20	7	6:33		02:10:49.15
9	215	Michael Johnson	M	48	Chippewa Falls	WI	00:25:27	20	1:26	00:01:34	01:02:45	4	24.0	00:01:28	00:41:26	11	6:54		02:12:37.11
10	261	Rod Raymond	M	52	Duluth	MN	00:23:17	7	1:19	00:00:51	01:05:27	9	23.0	00:00:52	00:43:26	18	7:14		02:13:49.90
11	300	Nathan Waech	M	48	Grand Rapids	MN	00:25:43	23	1:27	00:00:56	01:08:04	11	22.1	00:01:01	00:39:36	8	6:35		02:15:17.15
12	244	John Marshall	M	58	Minneapolis	MN	00:22:05	4	1:15	00:01:35	01:09:47	19	21.6	00:01:08	00:42:11	12	7:01		02:16:43.66
13	199	Jay Heikkila	M	49	Delano	MN	00:23:17	8	1:19	00:01:43	01:09:41	18	21.6	00:01:09	00:42:32	14	7:05		02:18:20.07
14	183	John Garrison	M	45	Cohasset	MN	00:26:04	28	1:28	00:01:12	01:08:23	13	22.0	00:00:55	00:43:16	16	7:12		02:19:47.11
15	340	Brian Schubring	M	51	Minneapolis	MN	00:23:42	11	1:20	00:01:45	01:10:43	24	21.3	00:00:58	00:43:31	19	7:15		02:20:36.39
16	250	Paul Miner	M	37	Duluth	MN	00:23:50	13	1:21	00:01:37	01:08:24	14	22.0	00:01:12	00:45:41	26	7:36		02:20:40.91
17	252	Kirk Vesterstein	M	56	Wayzata	MN	00:27:21	37	1:33	00:02:11	01:08:12	12	22.1	00:01:02	00:44:17	21	7:22		02:23:00.41
18	358	Bob Shine	M	59	Thunder Bay	ON	00:24:51	16	1:24	00:02:06	01:09:49	20	21.6	00:01:34	00:44:59	25	7:29		02:23:17.66
19	220	John Kelley	M	54	Duluth	MN	00:27:23	38	1:33	00:02:04	01:08:43	15	21.9	00:01:04	00:44:59	23	7:29		02:24:10.83
20	191	Jared Hall	M	37	Fargo	ND	00:25:09	18	1:25	00:02:33	01:09:09	16	21.8	00:01:05	00:46:28	31	7:44		02:24:21.49
21	198	Douglas Haugen	M	30	Grand Forks	ND	00:21:26	1	1:13	00:02:45	01:13:08	27	20.6	00:01:14	00:46:22	30	7:43		02:24:50.89
22	227	Kyle Kolquist	M	39	Duluth	MN	00:26:00	26	1:28	00:01:44	01:10:03	21	21.5	00:02:07	00:45:44	27	7:37		02:25:35.55
23	319	Ammon Hall	M	38	Coon Rapids	MN	00:27:43	40	1:34	00:02:03	01:10:24	22	21.4	00:01:12	00:44:59	24	7:29		02:26:18.15
24	272	Ryan Rogers	M	38	Bemidji	MN	00:26:43	31	1:31	00:01:15	01:14:21	30	20.3	00:01:09	00:43:15	15	7:12		02:26:39.66
25	182	Frank M Gangi	M	43	Coleraine	MN	00:30:58	47	1:45	00:01:30	01:09:41	17	21.6	00:01:38	00:43:17	17	7:12		02:27:00.84
26	157	Matthew Bettendorf	M	42	Duluth	MN	00:27:13	35	1:32	00:01:39	01:14:45	31	20.1	00:01:30	00:42:13	13	7:02		02:27:17.66
27	224	Neil King	M	68	Nevis	MN	00:25:47	24	1:27	00:01:09	01:14:02	29	20.3	00:00:57	00:48:37	33	8:06		02:30:29.64
28	367	Justin Cummins	M	42	Duluth	MN	00:36:43	56	2:05	00:01:42	01:11:41	26	21.0	00:01:43	00:38:55	6	6:29		02:30:40.39
29	155	Ben Bahr	M	36	Forest Lake	MN	00:26:58	33	1:31	00:02:22	01:16:36	35	19.7	00:01:26	00:44:28	22	7:24		02:31:48.04
30	177	Tim Duffy	M	43	Bemidji	MN	00:27:07	34	1:32	00:02:23	01:13:57	28	20.4	00:01:39	00:47:36	32	7:55		02:32:39.13
31	216	Thomas Jokinen	M	29	Kailua	HI	00:24:57	17	1:25	00:01:55	01:15:15	32	20.0	00:01:39	00:49:28	34	8:14		02:33:11.03
32	343	James Jylha	M	22	Duluth	MN	00:27:18	36	1:33	00:01:02	01:19:57	39	18.8	00:01:35	00:43:38	20	7:16		02:33:28.42
33	275	Pat Ryan	M	43	Chanhassen	MN	00:26:00	27	1:28	00:02:09	01:16:20	34	19.7	00:01:21	00:49:33	35	8:15		02:35:21.17
34	287	Brad Spry	M	48	Walker	MN	00:26:06	29	1:28	00:02:09	01:15:17	33	20.0	00:01:33	00:52:22	40	8:43		02:37:25.35
35	315	Alan Cornett	M	43	Blaine	MN	00:33:27	54	1:54	00:01:37	01:10:36	23	21.3	00:01:47	00:51:00	36	8:29		02:38:23.92

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	262	Kristoffer Osthus	M	41	Duluth	MN	00:25:35	21	1:27	00:01:57	01:11:32	25	21.1	00:01:14	00:58:28	50	9:44		02:38:43.67
37	234	Thomas Laberge	M	48	Blaine	MN	00:25:54	25	1:28	00:02:34	01:16:39	36	19.7	00:01:58	00:52:12	38	8:41		02:39:15.14
38	200	Steve Heikkila	M	60	Saint Paul	MN	00:24:13	15	1:22	00:01:38	01:20:43	40	18.7	00:01:17	00:52:13	39	8:42		02:40:01.42
39	313	Conrad Hjort	M	49	Duluth	MN	00:28:46	42	1:38	00:03:35	01:21:59	43	18.4	00:01:16	00:45:51	28	7:38		02:41:25.42
40	150	Mark Adams	M	44	West Linn	OR	00:25:41	22	1:27	00:02:31	01:19:30	38	18.9	00:01:50	00:53:52	42	8:58		02:43:21.07
41	189	Steve Gunther	M	60	Excelsior	MN	00:25:11	19	1:25	00:01:23	01:21:26	42	18.5	00:01:09	00:54:39	43	9:06		02:43:44.85
42	276	Brett Salo	M	54	Cohasset	MN	00:27:41	39	1:34	00:02:07	01:18:08	37	19.3	00:01:30	00:54:46	44	9:07		02:44:09.62
43	232	Matthew Kustritz	M	38	Stillwater	MN	00:31:45	50	1:48	00:03:19	01:22:09	44	18.3	00:01:44	00:45:59	29	7:39		02:44:52.85
44	245	Robert Maurer	M	34	Minneapolis	MN	00:26:08	30	1:29	00:04:15	01:24:07	48	17.9	00:01:23	00:51:14	37	8:32		02:47:03.93
45	279	Connor Schmidt	M	23	Saint Michael	MN	00:28:08	41	1:35	00:01:57	01:25:59	53	17.5	00:02:05	00:54:53	45	9:08		02:52:59.74
46	249	Jim Miner	M	63	Duluth	MN	00:29:28	44	1:40	00:02:37	01:21:01	41	18.6	00:02:25	01:01:01	54	10:10		02:56:29.12
47	303	Terry Wiens	M	60	Duluth	MN	00:33:52	55	1:55	00:02:16	01:25:31	51	17.6	00:01:22	00:53:45	41	8:57		02:56:42.93
48	347	Beau Raymond-Iaquinto	M	26	Minneapolis	MN	00:32:34	52	1:50	00:02:13	01:23:12	47	18.1	00:02:40	00:56:10	46	9:21		02:56:45.91
49	351	Brian Spaulding	M	47	Bloomington	IL	00:29:38	46	1:40	00:02:01	01:25:00	49	17.7	00:02:15	01:00:02	52	10:00		02:58:52.18
50	364	Matt Peterson	M	33	Foxboro	WI	00:32:15	51	1:49	00:03:08	01:22:39	45	18.2	00:02:04	00:58:53	51	9:48		02:58:57.13
51	181	Christian Froemke	M	25	Circle Pines	MN	00:31:11	49	1:46	00:03:26	01:26:49	55	17.3	00:00:58	00:56:44	47	9:27		02:59:06.18
52	165	Troy Carlson	M	47	Duluth	MN	00:28:54	43	1:38	00:02:12	01:25:01	50	17.7	00:01:27	01:02:39	56	10:26		03:00:10.93
53	288	Thomas Stephens	M	56	Cadott	WI	00:29:37	45	1:40	00:01:59	01:22:47	46	18.2	00:01:45	01:05:29	57	10:54		03:01:34.64
54	151	Tom Adams	M	70	Eden Prairie	MN	00:31:02	48	1:45	00:04:11	01:26:24	54	17.4	00:03:35	00:58:14	49	9:42		03:03:23.80
55	260	Gary Nygaard	M	57	Shoreview	MN	00:33:22	53	1:53	00:03:56	01:25:45	52	17.6	00:03:32	01:00:12	53	10:01		03:06:45.18
56	264	Bob Oxborough	M	62	Plymouth	MN	00:39:08	57	2:13	00:03:13	01:31:17	56	16.5	00:01:51	00:56:59	48	9:29		03:12:26.77
57	163	Daniel Cafferty	M	53	Lino Lakes	MN	00:26:55	32	1:31	00:04:20	01:40:30	58	15.0	00:02:02	01:02:32	55	10:25		03:16:16.69
58	205	Steven Hoard	M	49	Brownsville	TX	00:41:26	58	2:21	00:03:51	01:31:39	57	16.4	00:02:16	01:08:30	58	11:24		03:27:38.95