

# Timberman Triathlon

July 8, 2017

## Overall Results

Note: Penalty list at end of results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	203	Adam Himes	M	45	Plymouth	MN	00:09:41	7	1:39	00:01:07	00:28:40	1	23.4	00:00:42	00:18:29	3	6:09		00:58:35.61
2	221	Joshua Kemp	M	18	Esko	MN	00:11:11	28	1:55	00:01:11	00:30:06	8	22.3	00:00:29	00:17:45	1	5:54		01:00:39.36
3	169	Mitchell Clayton	M	21	Forest Lake	MN	00:09:21	4	1:36	00:01:10	00:29:22	3	22.9	00:00:47	00:20:20	11	6:46		01:00:57.61
4	266	Craig Peterson	M	55	Mpls	MN	00:09:51	9	1:41	00:01:05	00:29:53	5	22.5	00:00:47	00:20:25	12	6:48		01:01:58.98
5	368	Thomas Loegering	M	34	West Fargo	ND	00:11:24	33	1:57	00:01:38	00:28:50	2	23.3	00:00:41	00:19:51	8	6:36		01:02:21.48
6	204	Sam Himes	M	17	Plymouth	MN	00:11:37	45	1:59	00:01:05	00:31:29	20	21.3	00:00:41	00:17:53	2	5:57		01:02:43.11
7	185	Summer Schrock	M	21	Cohasset	MN	00:09:58	11	1:42	00:01:40	00:31:51	24	21.1	00:00:54	00:19:21	4	6:26		01:03:41.07
8	209	Philip Imholte	M	37	Grand Rapids	MN	00:09:23	5	1:36	00:01:03	00:32:54	31	20.4	00:00:52	00:19:46	5	6:35		01:03:56.37
9	339	Bill Kelley	M	45	Wrenshall	MN	00:10:07	13	1:44	00:01:21	00:30:52	14	21.8	00:01:09	00:20:53	14	6:57		01:04:19.61
10	301	Craig Walli	M	35	Hibbing	MN	00:10:08	15	1:44	00:01:15	00:30:31	10	22.0	00:00:47	00:22:08	22	7:22		01:04:46.61
11	176	Daniel Duff	M	53	Duluth	MN	00:10:07	14	1:44	00:01:53	00:31:35	21	21.3	00:01:03	00:20:18	10	6:45		01:04:54.69
12	67	Bettina Keppers	F	34	Duluth	MN	00:09:41	8	1:39	00:01:21	00:29:55	6	22.5	00:01:14	00:22:49	36	7:36		01:04:58.35
13	117	Jody Quesnell	F	50	Saint Paul	MN	00:10:37	22	1:49	00:01:23	00:30:17	9	22.2	00:01:03	00:22:26	29	7:28		01:05:43.38
14	70	Kayla Kjellman	F	25	Thunder Bay	ON	00:09:03	2	1:33	00:01:51	00:30:35	11	22.0	00:01:04	00:23:22	41	7:47		01:05:53.12
15	34	Kaytlin Garrison	F	19	Cohasset	MN	00:11:34	43	1:59	00:01:03	00:31:19	17	21.5	00:00:49	00:21:22	18	7:07		01:06:05.18
16	184	Amanda Kautzer	F	19	Houghton	MI	00:09:16	3	1:35	00:01:55	00:33:21	43	20.2	00:00:45	00:21:14	16	7:04		01:06:28.17
17	109	Jena Ogston	F	46	Duluth	MN	00:10:24	19	1:47	00:01:19	00:31:21	18	21.4	00:00:54	00:22:36	33	7:31		01:06:31.92
18	87	Tara Makinen	F	38	Grand Rapids	MN	00:11:15	29	1:56	00:01:15	00:31:23	19	21.4	00:00:46	00:21:59	21	7:19		01:06:35.37
19	348	Marc Grenier	M	44	Duluth	MN	00:12:24	71	2:07	00:01:24	00:30:49	13	21.8	00:01:04	00:20:59	15	6:59		01:06:37.21
20	158	Christofer Botten	M	47	Duluth	MN	00:11:22	31	1:57	00:02:12	00:30:00	7	22.4	00:01:10	00:22:15	25	7:24		01:06:56.30
21	111	Kerri Persons	F	42	Duluth	MN	00:10:29	20	1:48	00:01:18	00:31:04	15	21.6	00:00:53	00:23:35	48	7:51		01:07:17.60
22	253	Tony Mosser	M	45	Lakeville	MN	00:10:17	16	1:46	00:01:48	00:32:35	27	20.6	00:01:32	00:21:19	17	7:06		01:07:28.96
23	317	Josh Troumbly	M	38	Bovey	MN	00:11:43	51	2:00	00:01:41	00:29:46	4	22.6	00:01:03	00:23:35	47	7:51		01:07:44.37
24	254	Mike Murray	M	58	Sartell	MN	00:11:08	27	1:54	00:01:24	00:31:49	23	21.1	00:01:00	00:23:06	38	7:41		01:08:24.62
25	84	Taylor Lundquist	F	18	Maple Grove	MN	00:10:58	25	1:53	00:01:29	00:34:48	57	19.3	00:00:57	00:20:42	13	6:53		01:08:51.63
26	222	Luther Kemp	M	38	Hibbing	MN	00:11:27	36	1:58	00:01:17	00:31:18	16	21.5	00:00:52	00:24:04	55	8:01		01:08:55.61
27	316	Fr. Ben Hadrich	M	34	International Falls	MN	00:11:30	38	1:58	00:02:35	00:34:17	51	19.6	00:01:35	00:19:48	6	6:35		01:09:41.06
28	229	Paul Kovach	M	56	Duluth	MN	00:12:05	63	2:04	00:01:46	00:30:41	12	21.9	00:00:41	00:25:15	70	8:24		01:10:25.38
29	129	Doug Berg	M	49	Duluth	MN	00:12:05	64	2:04	00:01:50	00:31:48	22	21.1	00:01:24	00:23:40	50	7:53		01:10:44.28
30	251	Andrew Moe	M	31	Minneapolis	MN	00:14:09	111	2:26	00:02:09	00:33:09	37	20.3	00:01:58	00:19:50	7	6:36		01:11:12.40
31	211	Jace Isaacs	M	19	Maple Grove	MN	00:11:54	56	2:02	00:01:34	00:35:03	62	19.2	00:00:35	00:22:17	26	7:25		01:11:22.12
32	192	Kevin Haney	M	46	Duluth	MN	00:11:19	30	1:56	00:02:07	00:33:09	39	20.3	00:01:22	00:23:28	43	7:49		01:11:22.63
33	286	Matthew Snell	M	49	Shoreview	MN	00:11:49	53	2:02	00:03:21	00:33:09	38	20.3	00:01:39	00:22:21	27	7:26		01:12:16.88
34	25	Julie Feldman	F	36	Inver Grove Heights	MN	00:11:25	34	1:57	00:01:34	00:33:14	40	20.2	00:01:08	00:25:20	73	8:26		01:12:37.84
35	175	Curt Dimberio	M	46	Duluth	MN	00:15:21	148	2:38	00:01:32	00:33:02	33	20.4	00:01:06	00:21:43	19	7:14		01:12:41.63
36	210	Cort Isaacs	M	15	Maple Grove	MN	00:11:24	32	1:57	00:01:34	00:36:34	86	18.4	00:00:43	00:22:37	34	7:32		01:12:49.87

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
37	350	Jason Mattson	M	21	Duluth	MN	00:14:20	114	2:27	00:03:22	00:34:32	52	19.5	00:00:46	00:19:57	9	6:38	01:12:55.37
38	233	Allen Kutz	M	58	Sartell	MN	00:12:27	73	2:08	00:02:06	00:34:54	59	19.3	00:00:43	00:22:49	37	7:36	01:12:56.25
39	208	Michael Hushagen	M	41	Pequot Lakes	MN	00:11:31	39	1:58	00:01:44	00:33:08	36	20.3	00:01:28	00:25:20	74	8:26	01:13:09.63
40	167	Ryan Christensen	M	33	Prior Lake	MN	00:11:40	50	2:00	00:01:52	00:32:38	29	20.6	00:01:03	00:26:10	85	8:43	01:13:20.53
41	226	Walter Knochenmus	M	56	Esko	MN	00:12:38	76	2:10	00:01:05	00:33:20	42	20.2	00:01:16	00:25:09	69	8:22	01:13:26.93
42	218	James Justus	M	54	Cohasset	MN	00:09:53	10	1:42	00:02:08	00:36:12	79	18.6	00:01:24	00:23:54	53	7:57	01:13:29.88
43	83	Simone Lundquist	F	15	Maple Grove	MN	00:10:30	21	1:48	00:01:42	00:37:50	100	17.8	00:01:00	00:22:32	32	7:30	01:13:31.36
44	352	Hans Viren	M	19	Bovey	MN	00:11:34	42	1:59	00:02:41	00:36:19	82	18.5	00:00:42	00:22:22	28	7:27	01:13:36.12
45	147	Terry Wosmek	F	30	Duluth	MN	00:13:30	93	2:19	00:01:16	00:34:39	55	19.4	00:00:59	00:23:50	52	7:56	01:14:11.31
46	294	Jeff Tillman	M	48	Cohasset	MN	00:13:21	86	2:17	00:02:07	00:33:54	48	19.8	00:00:51	00:24:10	56	8:03	01:14:19.88
47	309	Matthew Johnson	M	33	Duluth	MN	00:11:29	37	1:58	00:03:12	00:36:26	83	18.4	00:01:07	00:22:10	23	7:23	01:14:22.12
48	18	Petra Cervenkova	F	50	Grand Rapids	MN	00:13:28	89	2:18	00:01:38	00:35:09	64	19.1	00:01:11	00:23:08	39	7:42	01:14:30.88
49	314	Michelle Shelp	F	43	Maple Plain	MN	00:12:01	61	2:04	00:01:49	00:33:27	44	20.1	00:01:30	00:25:50	81	8:36	01:14:34.95
50	53	Hilary Huntley	F	28	Duluth	MN	00:10:23	17	1:47	00:01:15	00:36:07	76	18.6	00:01:17	00:25:44	79	8:34	01:14:43.38
51	173	Thomas Dehler	M	32	International Falls	MN	00:13:56	108	2:23	00:02:28	00:34:48	58	19.3	00:01:20	00:22:14	24	7:24	01:14:44.38
52	188	Jake Guello	M	27	Bemidji	MN	00:14:38	123	2:31	00:02:42	00:33:41	46	20.0	00:01:27	00:22:31	31	7:30	01:14:56.57
53	360	Rich Heytens	M	55	Brooklyn Park	MN	00:13:06	84	2:15	00:01:57	00:32:36	28	20.6	00:01:12	00:26:08	84	8:42	01:14:57.05
54	269	Tony Radloff	M	49	Saginaw	MN	00:14:56	132	2:34	00:02:13	00:32:04	25	21.0	00:01:35	00:24:23	60	8:07	01:15:07.00
55	190	Kevin Hagen	M	40	Hibbing	MN	00:12:25	72	2:08	00:01:32	00:34:33	53	19.5	00:01:25	00:25:16	71	8:25	01:15:09.23
56	298	Billy Utter	M	28	Plymouth	MN	00:13:46	99	2:22	00:02:20	00:36:46	90	18.3	00:00:51	00:21:49	20	7:16	01:15:28.06
57	128	Quincy Shelp	F	13	Maple Plain	MN	00:11:34	41	1:59	00:02:15	00:36:10	78	18.6	00:01:00	00:24:34	63	8:11	01:15:30.11
58	65	Julie Kemp	F	44	Esko	MN	00:13:52	103	2:23	00:02:18	00:34:02	49	19.7	00:01:17	00:24:12	57	8:03	01:15:39.07
59	154	Randy Back	M	58	Superior	WI	00:17:23	170	2:59	00:01:22	00:32:41	30	20.6	00:01:03	00:23:17	40	7:45	01:15:43.75
60	72	Julie Knochenmus	F	51	Esko	MN	00:13:22	87	2:17	00:01:30	00:34:39	56	19.4	00:01:00	00:25:18	72	8:25	01:15:47.38
61	284	Isaiah Skiple	M	17	Fargo	ND	00:08:55	1	1:31	00:03:34	00:37:59	103	17.7	00:00:50	00:24:34	64	8:11	01:15:49.87
62	291	Tony Tallman	M	48	Hopkins	MN	00:13:14	85	2:16	00:02:30	00:35:34	71	18.9	00:01:10	00:23:31	45	7:50	01:15:55.76
63	112	Judith Peters	F	57	Saint Cloud	MN	00:13:37	97	2:20	00:01:47	00:35:10	66	19.1	00:01:10	00:24:38	65	8:12	01:16:20.88
64	366	Matt Evans	M	51	Eau Claire	WI	00:09:33	6	1:38	00:04:01	00:34:57	61	19.2	00:01:31	00:26:30	91	8:49	01:16:29.31
65	344	Julianna French	F	21	Duluth	MN	00:13:35	95	2:20	00:01:44	00:36:47	91	18.3	00:01:01	00:23:33	46	7:50	01:16:37.63
66	78	Mallery Lind	F	18	Hibbing	MN	00:11:52	55	2:02	00:01:41	00:39:06	113	17.2	00:00:49	00:23:36	49	7:51	01:17:01.87
67	257	Drew Nelson	M	31	International Falls	MN	00:14:28	120	2:29	00:02:42	00:36:13	80	18.6	00:01:26	00:22:26	30	7:28	01:17:12.76
68	242	John Mahowald	M	67	Saint Cloud	MN	00:15:11	142	2:36	00:02:10	00:33:16	41	20.2	00:01:50	00:24:59	68	8:19	01:17:24.50
69	290	Bill Stroozas	M	61	Duluth	MN	00:11:49	52	2:01	00:02:11	00:36:01	75	18.7	00:01:42	00:25:53	82	8:37	01:17:32.64
70	270	Mark Rauschenfels	M	62	Duluth	MN	00:12:45	79	2:11	00:02:06	00:32:55	32	20.4	00:01:31	00:28:35	117	9:31	01:17:49.63
71	20	Anna Dehler	F	29	International Falls	MN	00:14:35	121	2:30	00:01:56	00:37:01	95	18.2	00:01:10	00:23:30	44	7:49	01:18:08.63
72	197	Joel Harris	M	49	Duluth	MN	00:12:12	67	2:05	00:01:57	00:35:41	72	18.8	00:01:10	00:27:14	101	9:04	01:18:11.03

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							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
73	168	Michael Clark	M	49	Rochester	MN	00:11:51	54	2:02	00:03:11	00:36:07	77	18.6	00:01:24	00:25:46	80	8:35		01:18:17.29
74	268	Daniel Radloff	M	46	Duluth	MN	00:13:54	106	2:23	00:01:51	00:32:22	26	20.8	00:01:17	00:29:00	122	9:39		01:18:20.63
75	47	Sommer Heikkila	F	21	Delano	MN	00:09:59	12	1:43	00:01:41	00:41:10	138	16.3	00:00:53	00:24:54	66	8:17		01:18:33.80
76	256	Dominic Nalan	M	16	Grand Rapids	MN	00:14:09	112	2:26	00:02:28	00:35:19	68	19.0	00:01:09	00:25:36	77	8:31		01:18:39.07
77	305	Brooks Zamzow	M	25	Duluth	MN	00:11:39	48	2:00	00:02:32	00:36:59	93	18.2	00:02:07	00:25:28	76	8:29		01:18:42.32
78	263	Steve Otto	M	58	Cohasset	MN	00:14:59	134	2:34	00:02:15	00:36:35	87	18.4	00:00:51	00:24:28	61	8:09		01:19:05.00
79	308	Colleen Mccullough	F	23	Maple Grove	MN	00:13:48	102	2:22	00:02:55	00:37:52	102	17.7	00:01:10	00:23:25	42	7:48		01:19:08.29
80	258	Eric Nelson	M	59	Minneapolis	MN	00:12:08	65	2:05	00:02:15	00:36:31	85	18.4	00:01:51	00:26:28	89	8:49		01:19:09.38
81	88	Heather Marden	F	20	Duluth	MN	00:10:24	18	1:47	00:02:21	00:37:26	97	18.0	00:01:17	00:27:49	107	9:16		01:19:13.79
82	202	Charles Hilligoss	M	28	Minneapolis	MN	00:14:22	116	2:28	00:02:54	00:35:30	70	18.9	00:01:59	00:24:31	62	8:10		01:19:14.38
83	170	Daniel Conway	M	67	Erskine	MN	00:12:59	83	2:13	00:02:17	00:35:28	69	19.0	00:01:30	00:27:09	100	9:02		01:19:19.86
84	33	Marlo Gangi	F	46	Coleraine	MN	00:13:28	91	2:19	00:01:38	00:35:16	67	19.1	00:01:21	00:27:55	110	9:18		01:19:34.89
85	273	Nick Rothstein	M	32	Minneapolis	MN	00:14:23	117	2:28	00:02:37	00:39:12	116	17.1	00:01:01	00:22:45	35	7:34		01:19:55.63
86	228	David Kooda	M	56	Grand Rapids	MN	00:11:39	49	2:00	00:03:48	00:36:35	88	18.4	00:01:04	00:26:55	95	8:58		01:19:58.21
87	239	Gabriel Lopez	M	44	Suffolk	VA	00:13:38	98	2:20	00:02:23	00:34:39	54	19.4	00:01:51	00:27:31	103	9:10		01:19:59.84
88	362	Bronson Crites	M	25	Duluth	MN	00:11:38	47	2:00	00:01:28	00:33:05	34	20.3	00:01:20	00:32:32	160	10:50		01:20:00.88
89	296	Travis Tufte	M	28	Hopkins	MN	00:15:19	147	2:38	00:03:04	00:36:15	81	18.5	00:01:28	00:23:58	54	7:59		01:20:01.88
90	174	Scott Deturk	M	53	Newark	DE	00:14:46	128	2:32	00:02:34	00:35:10	65	19.1	00:01:29	00:26:17	88	8:45		01:20:14.63
91	95	Emily Michog	F	32	Duluth	MN	00:12:14	68	2:06	00:02:36	00:36:41	89	18.3	00:00:56	00:27:51	108	9:16		01:20:14.88
92	124	Renee Saamanen	F	41	Duluth	MN	00:13:28	90	2:18	00:01:43	00:33:28	45	20.1	00:01:49	00:30:08	140	10:02		01:20:32.99
93	196	Kyle Harju	M	53	Monticello	MN	00:12:14	69	2:06	00:03:06	00:33:49	47	19.9	00:01:38	00:29:58	137	9:59		01:20:43.63
94	100	Jaleh Nahvi	F	47	Inver Grove Heights	MN	00:11:56	59	2:03	00:02:01	00:38:27	109	17.5	00:01:34	00:27:42	106	9:13		01:21:38.18
95	134	Terri Snell	F	48	Shoreview	MN	00:13:36	96	2:20	00:02:50	00:35:05	63	19.2	00:02:08	00:28:10	112	9:23		01:21:45.64
96	118	Kimberly Radloff	F	44	Saginaw	MN	00:12:10	66	2:05	00:01:52	00:38:01	104	17.7	00:01:13	00:28:53	120	9:37		01:22:06.39
97	246	Douglas Mcneil	M	54	Hill City	MN	00:14:51	129	2:33	00:03:03	00:36:55	92	18.2	00:00:55	00:27:01	97	9:00		01:22:42.64
98	166	Marc Chiodo	M	59	Minneapolis	MN	00:16:08	154	2:46	00:02:00	00:33:06	35	20.3	00:02:44	00:29:09	125	9:42		01:23:05.37
99	77	Susan Lamour	F	49	Inver Grove Heights	MN	00:13:46	100	2:22	00:02:13	00:35:44	73	18.8	00:01:41	00:29:52	135	9:57		01:23:13.59
100	346	Cindy Shevich	F	46	Deer River	MN	00:15:01	135	2:34	00:01:30	00:38:13	107	17.6	00:00:56	00:27:37	104	9:12		01:23:13.98
101	283	Michael Sjogren	M	66	Saint Cloud	MN	00:12:42	77	2:11	00:02:07	00:34:56	60	19.2	00:01:49	00:31:59	157	10:39		01:23:31.14
102	16	Kathleen Carlson	F	49	Minneapolis	MN	00:12:56	82	2:13	00:02:15	00:37:09	96	18.1	00:02:10	00:29:26	129	9:48		01:23:53.89
103	10	Mina Bradley	F	44	Duluth	MN	00:11:26	35	1:57	00:01:27	00:38:48	111	17.3	00:01:01	00:31:20	152	10:26		01:23:58.46
104	312	Aaron Hjort	M	17	Duluth	MN	00:12:27	74	2:08	00:03:09	00:41:19	140	16.3	00:00:56	00:26:17	87	8:45		01:24:04.14
105	194	Parker Hansen	M	16	Suffolk	VA	00:14:52	130	2:33	00:02:53	00:41:33	142	16.2	00:00:49	00:24:21	58	8:06		01:24:24.48
106	146	Mary Wilcox	F	50	Falls Church	VA	00:11:37	46	1:59	00:02:17	00:39:47	121	16.9	00:01:40	00:29:16	127	9:45		01:24:35.39
107	39	Jordan Greene	F	24	Saint Paul	MN	00:11:55	58	2:03	00:02:14	00:39:06	112	17.2	00:00:54	00:30:36	142	10:11		01:24:42.24
108	48	Laura Helmbrecht	F	30	Minneapolis	MN	00:11:33	40	1:59	00:02:52	00:39:08	114	17.2	00:01:58	00:29:28	130	9:49		01:24:55.64

# Timberman Triathlon

July 8, 2017

## Overall Results

Note: Penalty list at end of results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
109	85	Jessie Maher	F	33	Bemidji	MN	00:11:07	26	1:54	00:01:47	00:44:57	175	15.0	00:00:51	00:26:36	92	8:51	01:25:14.51
110	98	Quinlyn Mullaney	F	25	Minneapolis	MN	00:12:20	70	2:07	00:05:46	00:41:04	134	16.4	00:02:19	00:24:21	59	8:06	01:25:47.39
111	153	Ben Anderson	M	37	Moorhead	MN	00:15:14	144	2:37	00:03:02	00:36:59	94	18.2	00:01:25	00:29:09	124	9:42	01:25:48.08
112	320	Mike Wingate	M	48	Overland Park	KS	00:12:03	62	2:04	00:03:18	00:43:18	158	15.5	00:01:16	00:26:02	83	8:40	01:25:53.82
113	193	L J Hansen	M	51	Suffolk	VA	00:15:01	136	2:35	00:02:56	00:37:50	101	17.8	00:01:46	00:28:26	114	9:28	01:25:56.84
114	66	Stephanie Kemp	F	36	Hibbing	MN	00:14:40	124	2:31	00:01:56	00:41:23	141	16.2	00:01:22	00:26:41	93	8:53	01:26:01.01
115	61	Lorena Jenks	F	55	Fort Frances	ON	00:14:41	126	2:31	00:01:59	00:39:47	122	16.9	00:01:42	00:27:59	111	9:19	01:26:06.71
116	79	Courtney Litchke	F	28	Grand Forks	ND	00:13:53	104	2:23	00:02:36	00:39:11	115	17.2	00:01:01	00:29:37	134	9:52	01:26:16.14
117	55	Edyn Isaacs	F	21	Maple Grove	MN	00:10:44	23	1:50	00:01:50	00:43:44	163	15.4	00:00:49	00:29:11	126	9:43	01:26:16.39
118	43	Amy Haney	F	44	Duluth	MN	00:15:02	137	2:35	00:02:22	00:39:38	119	17.0	00:00:47	00:28:44	118	9:34	01:26:30.85
119	125	Tonya Tepley Rabasco	F	44	Pillager	MN	00:17:06	164	2:56	00:02:22	00:37:32	98	17.9	00:02:45	00:27:03	98	9:00	01:26:45.40
120	90	Gina Marsalla	F	23	Hibbing	MN	00:10:46	24	1:51	00:03:10	00:42:31	154	15.8	00:00:54	00:29:28	131	9:49	01:26:46.39
121	212	Todd Isaacs	M	52	Maple Grove	MN	00:16:42	161	2:52	00:01:46	00:36:27	84	18.4	00:00:44	00:31:12	146	10:23	01:26:49.05
122	172	Greg Dehler	M	61	Roseville	MN	00:16:19	157	2:48	00:02:55	00:34:04	50	19.7	00:02:23	00:31:24	153	10:27	01:27:02.39
123	36	Lori Golightly	F	41	Minneapolis	MN	00:14:22	115	2:28	00:02:07	00:40:14	126	16.7	00:01:36	00:28:47	119	9:35	01:27:02.64
124	135	Beverly Soukup	F	56	Sartell	MN	00:16:54	163	2:54	00:02:42	00:40:24	128	16.6	00:01:41	00:25:26	75	8:28	01:27:04.64
125	49	Sue Holm	F	48	Deer River	MN	00:12:01	60	2:04	00:02:06	00:41:43	144	16.1	00:01:19	00:30:23	141	10:07	01:27:29.39
126	102	Holly Neary	F	39	Cohasset	MN	00:13:53	105	2:23	00:02:35	00:40:54	131	16.4	00:01:14	00:28:59	121	9:39	01:27:31.53
127	164	Bob Carlson	M	66	Minneapolis	MN	00:16:47	162	2:53	00:04:30	00:38:14	108	17.6	00:03:09	00:24:56	67	8:18	01:27:34.31
128	357	Mark Peske	M	61	Deer River	MN	00:17:19	169	2:58	00:03:19	00:42:03	148	16.0	00:01:30	00:23:40	51	7:53	01:27:49.14
129	295	Chad Troumbly	M	40	Grand Rapids	MN	00:15:03	138	2:35	00:02:06	00:40:01	124	16.8	00:01:25	00:29:25	128	9:48	01:27:57.46
130	152	Rick Agar	M	63	Duluth	MN	00:16:14	155	2:47	00:02:24	00:38:05	105	17.7	00:01:15	00:30:03	138	10:00	01:27:59.14
131	52	Carolyn Humpal	F	41	Grand Rapids	MN	00:11:54	57	2:02	00:03:06	00:44:34	174	15.1	00:01:53	00:27:51	109	9:16	01:29:15.65
132	92	Sarah Mcbroom	F	36	Coleraine	MN	00:14:53	131	2:33	00:02:39	00:43:47	165	15.3	00:01:03	00:27:25	102	9:08	01:29:44.85
133	285	Jason Skiple	M	46	Fargo	ND	00:12:51	81	2:12	00:03:48	00:40:45	129	16.5	00:01:20	00:31:15	148	10:24	01:29:58.40
134	310	Jen Toewe	F	37	Grand Rapids	MN	00:14:36	122	2:30	00:03:38	00:43:27	160	15.5	00:01:14	00:27:07	99	9:02	01:29:59.89
135	105	Sarah Nevalainen	F	34	Kabetogama	MN	00:18:24	175	3:09	00:03:41	00:40:09	125	16.7	00:01:11	00:26:48	94	8:55	01:30:10.10
136	278	Matt Scardigli	M	28	Minneapolis	MN	00:14:27	118	2:29	00:03:34	00:43:34	162	15.4	00:01:56	00:27:00	96	8:59	01:30:29.61
137	179	Joseph Erickson	M	30	Park Rapids	MN	00:13:31	94	2:19	00:03:33	00:39:36	118	17.0	00:01:03	00:33:30	166	11:09	01:31:10.07
138	178	Hartman Erickson	M	66	Burnsville	MN	00:12:28	75	2:08	00:03:12	00:39:15	117	17.1	00:02:55	00:33:40	168	11:13	01:31:28.18
139	355	Nancy Witherspoon	F	59	Fort Frances	ON	00:17:10	165	2:57	00:01:47	00:39:47	120	16.9	00:01:15	00:31:50	155	10:36	01:31:45.86
140	26	Nicole Fleming	F	40	Duluth	MN	00:13:28	92	2:19	00:02:04	00:38:33	110	17.4	00:02:05	00:35:42	174	11:53	01:31:50.15
141	15	Chelsey Carlson	F	27	Grand Rapids	MN	00:16:29	159	2:50	00:02:08	00:42:08	150	16.0	00:01:14	00:29:58	136	9:59	01:31:54.50
142	93	Haley Mcneil	F	25	Hill City	MN	00:14:15	113	2:27	00:02:12	00:41:34	143	16.2	00:00:55	00:33:05	163	11:01	01:31:58.47
143	341	James Lefor	M	46	Superior	WI	00:14:28	119	2:29	00:01:53	00:37:36	99	17.9	00:01:33	00:36:33	176	12:10	01:32:00.39
144	345	Nancy Bauer	F	70	Champlin	MN	00:16:20	158	2:48	00:02:02	00:40:22	127	16.6	00:02:23	00:30:59	145	10:19	01:32:03.35

# Timberman Triathlon

July 8, 2017

## Overall Results

Note: Penalty list at end of results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
145	110	Molly Ongaro	F	30	Hibbing	MN	00:12:50	80	2:12	00:04:26	00:47:23	180	14.2	00:01:52	00:26:11	86	8:43	01:32:38.86
146	82	Taylor Lundberg	F	25	Chicago	IL	00:15:13	143	2:37	00:02:54	00:41:04	136	16.4	00:02:19	00:31:16	149	10:25	01:32:43.64
147	243	Jascha Marchuk	M	28	Blaine	MN	00:15:28	150	2:39	00:03:36	00:44:21	169	15.2	00:01:17	00:28:16	113	9:25	01:32:55.89
148	214	Kai Johnson	M	32	Laguna Hills	CA	00:14:04	109	2:25	00:03:30	00:42:24	153	15.9	00:01:06	00:32:29	158	10:49	01:33:30.73
149	289	Daryl Stevens	M	75	Sartell	MN	00:15:07	139	2:36	00:02:08	00:35:54	74	18.7	00:01:18	00:39:27	179	13:08	01:33:51.89
150	140	Emily Takekawa	F	29	Eden Prairie	MN	00:15:11	141	2:36	00:02:24	00:42:10	152	15.9	00:01:35	00:32:37	161	10:52	01:33:54.75
151	45	Elaine Hanson	F	65	Nevis	MN	00:17:56	172	3:05	00:02:07	00:38:10	106	17.6	00:02:07	00:33:43	169	11:14	01:34:00.65
152	44	Tealen Hansen	F	43	Suffolk	VA	00:14:43	127	2:31	00:02:38	00:42:06	149	16.0	00:02:00	00:32:49	162	10:56	01:34:12.85
153	14	Crystal Brown	F	52	Maple	WI	00:15:18	146	2:37	00:03:48	00:43:06	156	15.6	00:01:17	00:31:14	147	10:24	01:34:39.82
154	363	Marin Peterson	F	35	Foxboro	WI	00:18:39	176	3:12	00:03:05	00:41:49	145	16.1	00:01:42	00:29:30	132	9:49	01:34:41.60
155	149	Melissa Zamzow	F	26	Duluth	MN	00:13:55	107	2:23	00:04:01	00:40:50	130	16.5	00:02:38	00:33:26	164	11:08	01:34:47.65
156	113	Lisa Peterson	F	56	Mpls	MN	00:20:14	179	3:28	00:02:34	00:39:50	123	16.9	00:01:07	00:31:19	151	10:26	01:35:02.98
157	143	Audra Vogel	F	48	Sartell	MN	00:17:31	171	3:00	00:03:47	00:41:11	139	16.3	00:02:02	00:30:41	143	10:13	01:35:09.40
158	365	Bruce Bolton	M	55	Park Rapids	MN	00:17:57	173	3:05	00:03:15	00:40:57	132	16.4	00:01:38	00:31:46	154	10:35	01:35:31.15
159	265	Bobby Pearson	M	27	Grand Forks	ND	00:18:07	174	3:06	00:02:46	00:42:59	155	15.6	00:02:42	00:29:09	123	9:42	01:35:40.14
160	131	Jackie Smalley	F	35	Saint Paul	MN	00:13:47	101	2:22	00:03:06	00:43:21	159	15.5	00:01:48	00:33:48	171	11:15	01:35:47.62
161	230	Todd Kruse	M	52	Inver Grove Heights	MN	00:16:40	160	2:52	00:02:56	00:41:04	137	16.4	00:01:45	00:33:47	170	11:15	01:36:10.08
162	171	Alyce Appleby	F	24	Saint Paul	MN	00:17:17	167	2:58	00:03:05	00:45:09	176	14.9	00:01:10	00:29:34	133	9:51	01:36:12.90
163	54	Dayle Hushagen	F	39	Pequot Lakes	MN	00:14:56	133	2:34	00:03:44	00:41:01	133	16.4	00:02:12	00:34:34	172	11:31	01:36:23.73
164	236	Romesh Lakhan	M	49	Duluth	MN	00:15:16	145	2:37	00:05:47	00:42:09	151	15.9	00:07:09	00:26:28	90	8:49	01:36:45.61
165	122	Hillary Ross	F	34	Minneapolis	MN	00:12:43	78	2:11	00:03:08	00:45:11	177	14.9	00:01:22	00:34:43	173	11:34	01:37:04.90
166	64	Danielle Kemp	F	14	Esko	MN	00:13:25	88	2:18	00:02:07	00:43:08	157	15.6	00:00:56	00:37:37	178	12:32	01:37:10.44
167	139	Cara Stromback	F	29	Duluth	MN	00:14:41	125	2:31	00:03:56	00:44:31	171	15.1	00:01:35	00:32:31	159	10:50	01:37:10.84
168	89	Sandy Marden-Lokken	F	64	Duluth	MN	00:17:18	168	2:58	00:03:19	00:43:30	161	15.5	00:02:38	00:30:44	144	10:14	01:37:27.07
169	130	Kara Skiple	F	20	Fargo	ND	00:11:36	44	1:59	00:03:09	00:45:55	179	14.6	00:01:18	00:35:51	175	11:56	01:37:46.90
170	11	Margi Braun	F	68	Palos Verdes Estates	CA	00:15:37	152	2:41	00:04:15	00:45:14	178	14.9	00:01:53	00:31:17	150	10:25	01:38:13.00
171	104	Paige Nelson	F	29	International Falls	MN	00:17:12	166	2:57	00:03:48	00:49:50	185	13.5	00:01:04	00:27:38	105	9:12	01:39:29.05
172	138	Danielle Stolze	F	19	Williamsburg	IA	00:15:51	153	2:43	00:04:18	00:44:32	172	15.1	00:01:44	00:33:37	167	11:12	01:39:59.08
173	307	Joshua Zemke	M	17	Oronoco	MN	00:20:49	181	3:34	00:02:23	00:44:34	173	15.1	00:01:13	00:31:54	156	10:37	01:40:50.96
174	306	Daniel Zemke	M	50	Oronoco	MN	00:25:44	185	4:25	00:02:18	00:44:08	168	15.2	00:00:57	00:28:31	116	9:30	01:41:35.25
175	219	Joe Kandiko	M	67	Excelsior	MN	00:14:07	110	2:25	00:02:20	00:41:04	135	16.4	00:04:00	00:40:12	180	13:23	01:41:39.71
176	293	David Thesing	M	59	Coon Rapids	MN	00:15:26	149	2:39	00:04:22	00:49:27	184	13.6	00:02:22	00:30:07	139	10:02	01:41:42.15
177	116	Alyssa Purdy	F	43	Saint Paul	MN	00:15:08	140	2:36	00:02:32	00:41:53	146	16.0	00:02:56	00:41:29	181	13:49	01:43:56.13
178	361	Mark Stange	M	71	Shoreview	MN	00:15:36	151	2:41	00:02:39	00:41:55	147	16.0	00:03:36	00:44:44	186	14:54	01:48:28.03
179	302	Richard Weil	M	67	Saint Paul	MN	00:20:56	182	3:36	00:06:08	00:49:10	183	13.7	00:03:55	00:28:28	115	9:29	01:48:34.32
180	80	Olga Lopez	F	47	Suffolk	VA	00:21:11	183	3:38	00:03:38	00:48:20	182	13.9	00:03:00	00:33:27	165	11:08	01:49:34.91

# Timberman Triathlon

July 8, 2017

## Overall Results

Note: Penalty list at end of results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
181	235	Hansraj Lakhan	M	34	Minneapolis	MN	00:20:30	180	3:31	00:03:30	00:47:36	181	14.1	00:01:45	00:36:59	177	12:19	01:50:16.90
182	282	Trenton Simon	M	37	Park Rapids	MN	00:19:54	178	3:25	00:02:51	00:44:31	170	15.1	00:02:49	00:42:12	182	14:03	01:52:15.12
183	156	Luke Bettendorf	M	14	Duluth	MN	00:16:17	156	2:48	00:03:01	01:10:33	187	9.5	00:02:45	00:25:37	78	8:32	01:58:09.82
184	4	Alicia Benham	F	27	Minneapolis	MN	00:28:18	186	4:52	00:05:58	00:43:49	166	15.3	00:03:32	00:43:22	184	14:27	02:04:56.77
185	247	Don Meck	M	78	Siren	WI	00:19:45	177	3:23	00:07:00	00:43:49	167	15.3	00:07:18	00:47:30	187	15:49	02:05:19.66
186	207	Ed Howat	M	72	Saint Paul	MN	00:31:18	188	5:23	00:06:01	00:43:46	164	15.4	00:03:32	00:43:21	183	14:26	02:07:56.17
187	108	Maris O'connell	F	62	Moorhead	MN	00:24:42	184	4:15	00:08:04	00:54:32	186	12.3	00:05:36	00:43:35	185	14:31	02:16:27.17

# Timberman Triathlon

July 8, 2017

## Did Not Finish or Disqualified

### Sprint Individual

Reason	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph		Time	Plc	Pace		
STD	241	Mark Magdziarz	M	38	Sturgeon Lake	MN	00:30:20	187	5:13										