

Timberman Triathlon

July 8, 2017

Super Sprint

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	119	Mckenzie Radloff	F	14	Duluth	MN	00:07:24	5	2:47	00:01:41	00:17:50	4	18.5	00:00:47	00:12:45	2	8:29		00:40:24.04
2	62	Sierra Johnson	F	29	Duluth	MN	00:07:14	2	2:44	00:02:00	00:17:44	3	18.6	00:00:52	00:12:46	3	8:30		00:40:34.63
3	96	Lori Mosser	F	42	Lakeville	MN	00:07:51	7	2:58	00:01:38	00:17:14	2	19.2	00:01:38	00:12:24	1	8:15		00:40:41.86
4	38	Rachael Cummins	F	42	Duluth	MN	00:08:13	9	3:06	00:02:24	00:16:46	1	19.7	00:01:21	00:13:21	4	8:53		00:42:02.91
5	354	Rose Hansen	F	16	Cohasset	MN	00:06:04	1	2:17	00:02:33	00:20:14	5	16.3	00:01:08	00:15:42	9	10:27		00:45:39.11
6	22	Mandy Dewey	F	39	Esko	MN	00:08:20	10	3:09	00:02:30	00:21:16	9	15.5	00:00:40	00:14:33	8	9:41		00:47:15.78
7	31	Allison Friesen	F	29	Grand Rapids	MN	00:08:08	8	3:04	00:02:01	00:21:31	10	15.3	00:00:56	00:15:50	10	10:33		00:48:22.79
8	127	Clancy Shelp	F	11	Maple Plain	MN	00:08:24	12	3:10	00:02:13	00:20:48	7	15.9	00:00:58	00:16:43	13	11:08		00:49:04.19
9	50	Kelly Howard	F	43	Carver	MN	00:08:57	16	3:23	00:03:51	00:20:41	6	16.0	00:01:40	00:14:26	6	9:36		00:49:32.37
10	28	Aaryn Forst	F	28	Grand Rapids	MN	00:07:15	3	2:44	00:03:45	00:23:31	15	14.0	00:01:09	00:14:30	7	9:39		00:50:06.34
11	6	Della Bettendorf	F	11	Duluth	MN	00:09:25	19	3:33	00:02:00	00:24:22	17	13.5	00:01:08	00:14:14	5	9:28		00:51:06.74
12	132	Delaney Snell	F	14	Shoreview	MN	00:07:17	4	2:45	00:02:24	00:22:37	14	14.6	00:01:54	00:17:02	15	11:20		00:51:11.37
13	133	Emma Snell	F	16	Shoreview	MN	00:07:44	6	2:55	00:02:43	00:21:47	12	15.2	00:01:59	00:17:04	16	11:22		00:51:14.12
14	356	Roberta Davis	F	27	Cohasset	MN	00:08:23	11	3:10	00:04:03	00:21:16	8	15.5	00:01:31	00:16:12	11	10:47		00:51:24.02
15	342	Jennifer Lefor	F	45	Superior	WI	00:09:01	17	3:24	00:03:09	00:22:08	13	14.9	00:01:40	00:16:16	12	10:50		00:52:11.87
16	30	Kirsten Frederickson	F	40	Harris	MN	00:08:57	15	3:23	00:02:47	00:21:40	11	15.2	00:02:07	00:18:12	18	12:07		00:53:39.78
17	86	Dana Makepeace	F	36	Plymouth	MN	00:09:20	18	3:31	00:03:39	00:24:24	18	13.5	00:01:34	00:16:45	14	11:09		00:55:40.13
18	29	Amanda Forst	F	31	Grand Rapids	MN	00:08:56	14	3:22	00:02:25	00:25:49	23	12.8	00:01:19	00:17:39	17	11:45		00:56:05.12
19	91	Jenna Maurer	F	32	Minneapolis	MN	00:08:28	13	3:12	00:03:22	00:24:08	16	13.7	00:01:22	00:21:07	22	14:04		00:58:24.77
20	318	Grace Rebel	F	16	Cohasset	MN	00:09:34	21	3:37	00:03:18	00:24:35	20	13.4	00:01:48	00:20:08	20	13:25		00:59:19.87
21	58	Kali Janssen	F	16	Grand Rapids	MN	00:09:33	20	3:36	00:03:18	00:24:34	19	13.4	00:01:49	00:20:08	19	13:25		00:59:20.03
22	74	Karen Kooda	F	58	Saint Paul	MN	00:11:44	22	4:26	00:03:42	00:24:53	22	13.3	00:01:57	00:22:05	24	14:43		01:04:18.29
23	75	Kathy Kooda	F	53	Grand Rapids	MN	00:11:44	23	4:26	00:03:42	00:24:50	21	13.3	00:02:00	00:22:05	23	14:42		01:04:18.70
24	81	Olga G. Lopez	F	21	Suffolk	VA	00:11:51	24	4:29	00:03:50	00:29:09	24	11.3	00:01:37	00:20:26	21	13:37		01:06:51.13

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							Time	Plc	100y		Time	Plc	Mph		Time	Plc	Pace		
1	311	Nathan Hjort	M	13	Duluth	MN	00:06:19	1	2:23	00:02:50	00:21:44	5	15.2	00:00:37	00:14:13	2	9:28		00:45:41.36
2	299	Terry Voigt	M	63	Jordan	MN	00:07:07	2	2:41	00:04:50	00:18:43	1	17.6	00:01:14	00:13:57	1	9:17		00:45:48.36
3	206	Michael Howard	M	47	Carver	MN	00:08:09	4	3:04	00:03:28	00:19:59	2	16.5	00:01:19	00:14:17	3	9:31		00:47:08.86
4	281	John Shelp	M	45	Maple Plain	MN	00:08:24	5	3:10	00:02:12	00:20:48	3	15.9	00:01:47	00:15:55	4	10:36		00:49:04.37
5	180	Jeremy Frederickson	M	40	Harris	MN	00:08:08	3	3:04	00:03:57	00:20:57	4	15.8	00:02:03	00:19:41	6	13:07		00:54:44.11
6	240	Nolan Macki	M	13	Grand Forks	ND	00:09:04	6	3:25	00:02:16	00:29:30	7	11.2	00:01:15	00:19:23	5	12:55		01:01:25.12
7	304	Scott Williams	M	55	Grand Rapids	MN	00:14:58	7	5:39	00:06:21	00:23:48	6	13.9	00:02:51	00:20:43	7	13:48		01:08:38.39