

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.  | Name              | S           | Age  | City            | St.         | Laps | Ave Lap<br>Time | Time        |      |    |
|-------|---------------------|------------------|------|-------------------|-------------|------|-----------------|-------------|------|-----------------|-------------|------|----|
| 1     | 1/105               | 1/1              | 248  | Stephen England   | M           | 37   | New York        | NY          | 5    | 00:18:42.03     | 01:33:30.16 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:03.42      | 6:08 | 3                 | 00:18:58.78 | 6:06 | 4               | 00:18:46.60 | 6:02 | 1               | 00:18:24.25 | 5:55 | 1  |
|       | <b>Lap 5 to 8</b>   | 00:18:17.11      | 5:53 | 1                 |             |      |                 |             |      |                 |             |      |    |
| 2     | 2/105               | 1/10             | 261  | Jossi Fritz-Mauer | M           | 33   | Old Bethpage    | NY          | 5    | 00:18:59.84     | 01:34:59.23 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:25.38      | 6:15 | 8                 | 00:19:04.87 | 6:08 | 6               | 00:18:52.30 | 6:04 | 2               | 00:18:37.76 | 5:59 | 3  |
|       | <b>Lap 5 to 8</b>   | 00:18:58.92      | 6:06 | 4                 |             |      |                 |             |      |                 |             |      |    |
| 3     | 3/105               | 1/4              | 225  | Matthew Cohen     | M           | 28   | Bryn Mawr       | PA          | 5    | 00:18:59.93     | 01:34:59.64 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:25.58      | 6:15 | 9                 | 00:19:06.13 | 6:08 | 7               | 00:18:55.89 | 6:05 | 3               | 00:18:34.29 | 5:58 | 2  |
|       | <b>Lap 5 to 8</b>   | 00:18:57.74      | 6:06 | 3                 |             |      |                 |             |      |                 |             |      |    |
| 4     | 4/105               | 2/4              | 344  | Alex Schneider    | M           | 27   | Great Neck      | NY          | 5    | 00:19:00.62     | 01:35:03.10 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:07.08      | 6:09 | 6                 | 00:18:58.36 | 6:06 | 3               | 00:19:07.06 | 6:09 | 4               | 00:19:00.39 | 6:07 | 4  |
|       | <b>Lap 5 to 8</b>   | 00:18:50.20      | 6:03 | 2                 |             |      |                 |             |      |                 |             |      |    |
| 5     | 5/105               | 1/8              | 320  | Sal Nastasi       | M           | 37   | Massapequa Park | NY          | 5    | 00:19:06.58     | 01:35:32.91 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:06.88      | 6:09 | 5                 | 00:18:57.76 | 6:06 | 2               | 00:19:07.42 | 6:09 | 5               | 00:19:00.44 | 6:07 | 5  |
|       | <b>Lap 5 to 8</b>   | 00:19:20.42      | 6:13 | 5                 |             |      |                 |             |      |                 |             |      |    |
| 6     | 6/105               | 2/10             | 402  | Ronald Joseph     | M           | 34   | Far Rockaway    | NY          | 5    | 00:19:15.83     | 01:36:19.16 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:02.61      | 6:07 | 2                 | 00:18:18.62 | 5:53 | 1               | 00:19:21.00 | 6:13 | 6               | 00:19:17.45 | 6:12 | 6  |
|       | <b>Lap 5 to 8</b>   | 00:20:19.47      | 6:32 | 8                 |             |      |                 |             |      |                 |             |      |    |
| 7     | 7/105               | 1/21             | 270  | Keith Guilfoyle   | M           | 51   | Commack         | NY          | 5    | 00:19:17.83     | 01:36:29.15 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:04.65      | 6:08 | 4                 | 00:19:01.60 | 6:07 | 5               | 00:19:25.30 | 6:15 | 7               | 00:19:30.24 | 6:16 | 7  |
|       | <b>Lap 5 to 8</b>   | 00:19:27.36      | 6:15 | 6                 |             |      |                 |             |      |                 |             |      |    |
| 8     | 8/105               | 1/3              | 247  | Alex Eletto       | M           | 20   | Stony Brook     | NY          | 5    | 00:19:40.26     | 01:38:21.33 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:02.61      | 6:07 | 1                 | 00:19:54.41 | 6:24 | 9               | 00:19:52.46 | 6:23 | 8               | 00:20:02.48 | 6:27 | 8  |
|       | <b>Lap 5 to 8</b>   | 00:19:29.37      | 6:16 | 7                 |             |      |                 |             |      |                 |             |      |    |
| 9     | 9/105               | 1/9              | 310  | Russell Marks     | M           | 40   | New York        | NY          | 5    | 00:20:01.83     | 01:40:09.17 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:18.66      | 6:12 | 7                 | 00:19:48.33 | 6:22 | 8               | 00:20:06.57 | 6:28 | 9               | 00:20:28.31 | 6:35 | 9  |
|       | <b>Lap 5 to 8</b>   | 00:20:27.31      | 6:35 | 9                 |             |      |                 |             |      |                 |             |      |    |
| 10    | 10/105              | 2/3              | 333  | Brett Peters      | M           | 21   | Kingsburg       | CA          | 5    | 00:20:40.24     | 01:43:21.20 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:28.20      | 6:15 | 10                | 00:20:36.79 | 6:38 | 11              | 00:20:53.93 | 6:43 | 11              | 00:20:57.06 | 6:44 | 10 |
|       | <b>Lap 5 to 8</b>   | 00:21:25.22      | 6:53 | 14                |             |      |                 |             |      |                 |             |      |    |
| 11    | 11/105              | 2/21             | 373  | Wil Widman Jr     | M           | 53   | West Babylon    | NY          | 5    | 00:20:49.98     | 01:44:09.90 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:20:08.95      | 6:29 | 13                | 00:20:23.22 | 6:33 | 10              | 00:20:30.40 | 6:36 | 10              | 00:21:20.59 | 6:52 | 14 |
|       | <b>Lap 5 to 8</b>   | 00:21:46.74      | 7:00 | 15                |             |      |                 |             |      |                 |             |      |    |
| 12    | 12/105              | 1/16             | 345  | Bill Schroeder    | M           | 57   | Garden City     | NY          | 5    | 00:20:55.01     | 01:44:35.03 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:20:27.06      | 6:34 | 14                | 00:20:44.88 | 6:40 | 13              | 00:20:58.60 | 6:45 | 12              | 00:21:15.09 | 6:50 | 13 |
|       | <b>Lap 5 to 8</b>   | 00:21:09.41      | 6:48 | 12                |             |      |                 |             |      |                 |             |      |    |
| 13    | 13/105              | 3/4              | 369  | Dennis Wareham    | M           | 26   | Uniondale       | NY          | 5    | 00:20:59.14     | 01:44:55.69 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:35.70      | 6:18 | 11                | 00:20:39.81 | 6:39 | 12              | 00:21:10.23 | 6:48 | 13              | 00:21:35.89 | 6:57 | 15 |
|       | <b>Lap 5 to 8</b>   | 00:21:54.06      | 7:02 | 16                |             |      |                 |             |      |                 |             |      |    |
| 14    | 14/105              | 3/10             | 324  | Kevin O'toole     | M           | 33   | Ronkonkoma      | NY          | 5    | 00:21:15.99     | 01:46:19.94 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:21:47.97      | 7:00 | 19                | 00:21:20.61 | 6:52 | 14              | 00:21:17.71 | 6:51 | 14              | 00:21:04.34 | 6:46 | 11 |
|       | <b>Lap 5 to 8</b>   | 00:20:49.32      | 6:42 | 11                |             |      |                 |             |      |                 |             |      |    |
| 15    | 1/78                | 1/1              | 391  | Tiffany England   | F           | 34   | New York        | NY          | 5    | 00:21:16.92     | 01:46:24.61 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:21:39.86      | 6:58 | 18                | 00:21:32.65 | 6:56 | 17              | 00:21:24.74 | 6:53 | 15              | 00:21:12.38 | 6:49 | 12 |
|       | <b>Lap 5 to 8</b>   | 00:20:34.97      | 6:37 | 10                |             |      |                 |             |      |                 |             |      |    |

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Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.  | Name            | S           | Age  | City           | St.         | Laps | Ave Lap<br>Time | Time        |      |    |
|-------|---------------------|------------------|------|-----------------|-------------|------|----------------|-------------|------|-----------------|-------------|------|----|
| 16    | 15/105              | 2/16             | 203  | Alan Baisch     | M           | 56   | Selden         | NY          | 5    | 00:21:45.98     | 01:48:49.90 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:20:55.65      | 6:44 | 15              | 00:21:29.86 | 6:55 | 16             | 00:21:56.32 | 7:03 | 18              | 00:22:21.46 | 7:11 | 20 |
|       | <b>Lap 5 to 8</b>   | 00:22:06.61      | 7:06 | 18              |             |      |                |             |      |                 |             |      |    |
| 17    | 16/105              | 3/3              | 315  | Thomas Mihailin | M           | 22   | East Northport | NY          | 5    | 00:21:58.17     | 01:49:50.84 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:19:39.70      | 6:19 | 12              | 00:23:07.78 | 7:26 | 30             | 00:21:28.48 | 6:54 | 16              | 00:22:18.36 | 7:10 | 18 |
|       | <b>Lap 5 to 8</b>   | 00:23:16.52      | 7:29 | 29              |             |      |                |             |      |                 |             |      |    |
| 18    | 17/105              | 1/18             | 213  | Dean Bruno      | M           | 47   | Yaphank        | NY          | 5    | 00:22:03.64     | 01:50:18.20 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:20:58.49      | 6:45 | 16              | 00:21:27.67 | 6:54 | 15             | 00:22:11.50 | 7:08 | 19              | 00:22:39.29 | 7:17 | 23 |
|       | <b>Lap 5 to 8</b>   | 00:23:01.25      | 7:24 | 26              |             |      |                |             |      |                 |             |      |    |
| 19    | 18/105              | 4/10             | 263  | Joseph Gendy    | M           | 31   | New Hyde Park  | NY          | 5    | 00:22:12.25     | 01:51:01.28 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:21:58.94      | 7:04 | 20              | 00:22:25.58 | 7:13 | 21             | 00:22:15.06 | 7:09 | 20              | 00:21:59.91 | 7:04 | 16 |
|       | <b>Lap 5 to 8</b>   | 00:22:21.79      | 7:11 | 21              |             |      |                |             |      |                 |             |      |    |
| 20    | 19/105              | 4/4              | 379  | Matthew Walsh   | M           | 28   | Oyster Bay     | NY          | 5    | 00:22:26.09     | 01:52:10.46 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:46.59      | 7:19 | 24              | 00:22:42.59 | 7:18 | 24             | 00:22:21.05 | 7:11 | 21              | 00:22:20.66 | 7:11 | 19 |
|       | <b>Lap 5 to 8</b>   | 00:21:59.56      | 7:04 | 17              |             |      |                |             |      |                 |             |      |    |
| 21    | 20/105              | 3/21             | 223  | Jason Cohen     | M           | 50   | Manorville     | NY          | 5    | 00:22:39.04     | 01:53:15.21 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:43.14      | 7:18 | 23              | 00:22:22.09 | 7:11 | 20             | 00:22:58.39 | 7:23 | 27              | 00:22:57.49 | 7:23 | 25 |
|       | <b>Lap 5 to 8</b>   | 00:22:14.09      | 7:09 | 20              |             |      |                |             |      |                 |             |      |    |
| 22    | 2/78                | 1/18             | 278  | Leah Jantzen    | F           | 45   | East Setauket  | NY          | 5    | 00:22:41.07     | 01:53:25.35 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:27.84      | 7:33 | 41              | 00:22:34.93 | 7:16 | 22             | 00:22:31.07 | 7:14 | 22              | 00:22:27.06 | 7:13 | 22 |
|       | <b>Lap 5 to 8</b>   | 00:22:24.45      | 7:12 | 22              |             |      |                |             |      |                 |             |      |    |
| 23    | 21/105              | 4/21             | 231  | John Dallao     | M           | 51   | Baldwin        | NY          | 5    | 00:22:41.88     | 01:53:29.40 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:19.48      | 7:30 | 38              | 00:23:20.53 | 7:30 | 36             | 00:23:13.08 | 7:28 | 30              | 00:22:21.56 | 7:11 | 21 |
|       | <b>Lap 5 to 8</b>   | 00:21:14.75      | 6:50 | 13              |             |      |                |             |      |                 |             |      |    |
| 24    | 22/105              | 5/21             | 218  | Qiang Chen      | M           | 50   | Syosset        | NY          | 5    | 00:22:45.01     | 01:53:45.05 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:51.20      | 7:21 | 25              | 00:22:55.43 | 7:22 | 28             | 00:22:48.87 | 7:20 | 26              | 00:22:18.10 | 7:10 | 17 |
|       | <b>Lap 5 to 8</b>   | 00:22:51.45      | 7:21 | 25              |             |      |                |             |      |                 |             |      |    |
| 25    | 23/105              | 3/16             | 238  | Michael Dilisio | M           | 56   | Shoreham       | NY          | 5    | 00:22:45.49     | 01:53:47.48 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:21:36.84      | 6:57 | 17              | 00:21:56.87 | 7:03 | 18             | 00:22:38.86 | 7:17 | 23              | 00:23:32.26 | 7:34 | 29 |
|       | <b>Lap 5 to 8</b>   | 00:24:02.64      | 7:44 | 36              |             |      |                |             |      |                 |             |      |    |
| 26    | 24/105              | 2/18             | 397  | Jerry Pannullo  | M           | 48   | East Islip     | NY          | 5    | 00:22:49.31     | 01:54:06.57 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:42.74      | 7:18 | 22              | 00:22:03.62 | 7:06 | 19             | 00:21:44.55 | 6:59 | 17              | 00:22:50.48 | 7:21 | 24 |
|       | <b>Lap 5 to 8</b>   | 00:24:45.18      | 7:58 | 51              |             |      |                |             |      |                 |             |      |    |
| 27    | 25/105              | 2/9              | 297  | Marc Leahy      | M           | 43   | Northport      | NY          | 5    | 00:23:12.76     | 01:56:03.83 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:00.82      | 7:24 | 30              | 00:22:49.95 | 7:20 | 26             | 00:22:43.30 | 7:18 | 24              | 00:23:08.01 | 7:26 | 26 |
|       | <b>Lap 5 to 8</b>   | 00:24:21.75      | 7:50 | 47              |             |      |                |             |      |                 |             |      |    |
| 28    | 26/105              | 5/10             | 323  | Seth Novick     | M           | 32   | Huntington     | NY          | 5    | 00:23:25.78     | 01:57:08.92 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:25.96      | 7:32 | 39              | 00:22:36.50 | 7:16 | 23             | 00:23:08.95 | 7:27 | 28              | 00:23:43.87 | 7:38 | 31 |
|       | <b>Lap 5 to 8</b>   | 00:24:13.65      | 7:47 | 42              |             |      |                |             |      |                 |             |      |    |
| 29    | 27/105              | 4/16             | 354  | Jeff Steinberg  | M           | 56   | Salisbury      | NY          | 5    | 00:23:29.39     | 01:57:26.97 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:01.44      | 7:24 | 33              | 00:22:48.83 | 7:20 | 25             | 00:22:43.40 | 7:18 | 25              | 00:23:41.23 | 7:37 | 30 |
|       | <b>Lap 5 to 8</b>   | 00:25:12.07      | 8:06 | 60              |             |      |                |             |      |                 |             |      |    |
| 30    | 28/105              | 1/6              | 368  | Jon Wallach     | M           | 61   | Levittown      | NY          | 5    | 00:23:32.20     | 01:57:41.01 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:01.44      | 7:24 | 32              | 00:22:56.58 | 7:23 | 29             | 00:23:29.82 | 7:33 | 33              | 00:24:07.82 | 7:45 | 43 |
|       | <b>Lap 5 to 8</b>   | 00:24:05.35      | 7:45 | 37              |             |      |                |             |      |                 |             |      |    |

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Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.  | Name              | S           | Age  | City               | St.         | Laps | Ave Lap<br>Time | Time        |      |    |
|-------|---------------------|------------------|------|-------------------|-------------|------|--------------------|-------------|------|-----------------|-------------|------|----|
| 31    | 29/105              | 3/18             | 359  | Peter Tufo        | M           | 48   | Nesconset          | NY          | 5    | 00:23:36.04     | 01:58:00.22 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:47.71      | 7:39 | 42                | 00:23:53.32 | 7:41 | 42                 | 00:23:40.26 | 7:37 | 37              | 00:23:29.37 | 7:33 | 28 |
|       | <b>Lap 5 to 8</b>   | 00:23:09.57      | 7:27 | 27                |             |      |                    |             |      |                 |             |      |    |
| 32    | 30/105              | 5/16             | 222  | John Clifford     | M           | 56   | Seaford            | NY          | 5    | 00:23:37.43     | 01:58:07.15 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:04.48      | 7:25 | 34                | 00:23:12.54 | 7:28 | 32                 | 00:23:26.81 | 7:32 | 32              | 00:24:05.82 | 7:45 | 39 |
|       | <b>Lap 5 to 8</b>   | 00:24:17.50      | 7:49 | 44                |             |      |                    |             |      |                 |             |      |    |
| 33    | 31/105              | 4/18             | 227  | Matthew Conroy    | M           | 48   | Melville           | NY          | 5    | 00:23:37.43     | 01:58:07.15 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:05.46      | 7:25 | 35                | 00:23:11.41 | 7:27 | 31                 | 00:23:26.16 | 7:32 | 31              | 00:24:05.44 | 7:45 | 38 |
|       | <b>Lap 5 to 8</b>   | 00:24:18.69      | 7:49 | 46                |             |      |                    |             |      |                 |             |      |    |
| 34    | 32/105              | 3/9              | 338  | David Rios        | M           | 41   | New York           | NY          | 5    | 00:23:38.85     | 01:58:14.25 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:57.96      | 7:23 | 28                | 00:22:54.79 | 7:22 | 27                 | 00:23:12.34 | 7:28 | 29              | 00:23:54.46 | 7:41 | 33 |
|       | <b>Lap 5 to 8</b>   | 00:25:14.70      | 8:07 | 61                |             |      |                    |             |      |                 |             |      |    |
| 35    | 33/105              | 6/16             | 382  | Peter Florey      | M           | 59   | Garden City        | NY          | 5    | 00:23:46.64     | 01:58:53.20 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:05.90      | 7:26 | 36                | 00:23:36.73 | 7:35 | 39                 | 00:23:52.16 | 7:40 | 42              | 00:24:01.72 | 7:44 | 36 |
|       | <b>Lap 5 to 8</b>   | 00:24:16.69      | 7:48 | 43                |             |      |                    |             |      |                 |             |      |    |
| 36    | 34/105              | 5/18             | 364  | Jeffrey Votteler  | M           | 45   | Manorville         | NY          | 5    | 00:23:47.89     | 01:58:59.48 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:53.19      | 7:41 | 44                | 00:23:31.02 | 7:34 | 37                 | 00:23:34.12 | 7:35 | 36              | 00:24:02.94 | 7:44 | 37 |
|       | <b>Lap 5 to 8</b>   | 00:23:58.20      | 7:42 | 34                |             |      |                    |             |      |                 |             |      |    |
| 37    | 3/78                | 1/10             | 396  | Barbara Russo     | F           | 54   | Blue Point         | NY          | 5    | 00:23:50.78     | 01:59:13.89 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:53.29      | 7:21 | 26                | 00:23:15.85 | 7:29 | 35                 | 00:24:35.77 | 7:54 | 57              | 00:26:17.30 | 8:27 | 68 |
|       | <b>Lap 5 to 8</b>   | 00:22:11.67      | 7:08 | 19                |             |      |                    |             |      |                 |             |      |    |
| 38    | 35/105              | 6/21             | 372  | Tom Welsh         | M           | 52   | Huntington         | NY          | 5    | 00:23:54.31     | 01:59:31.55 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:26.21      | 7:32 | 40                | 00:23:54.95 | 7:41 | 45                 | 00:24:15.75 | 7:48 | 50              | 00:24:11.00 | 7:47 | 44 |
|       | <b>Lap 5 to 8</b>   | 00:23:43.64      | 7:38 | 32                |             |      |                    |             |      |                 |             |      |    |
| 39    | 36/105              | 6/18             | 360  | Daniel Valderrama | M           | 47   | Oyster Bay         | NY          | 5    | 00:23:57.99     | 01:59:49.96 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:59.25      | 7:23 | 29                | 00:23:49.85 | 7:40 | 41                 | 00:23:59.99 | 7:43 | 44              | 00:24:33.87 | 7:54 | 47 |
|       | <b>Lap 5 to 8</b>   | 00:24:27.00      | 7:52 | 50                |             |      |                    |             |      |                 |             |      |    |
| 40    | 4/78                | 1/11             | 249  | Colleen Eren      | F           | 35   | Huntington         | NY          | 5    | 00:24:00.23     | 02:00:01.18 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:22.95      | 7:12 | 21                | 00:23:34.44 | 7:35 | 38                 | 00:24:24.69 | 7:51 | 52              | 00:25:21.39 | 8:09 | 59 |
|       | <b>Lap 5 to 8</b>   | 00:24:17.70      | 7:49 | 45                |             |      |                    |             |      |                 |             |      |    |
| 41    | 37/105              | 7/21             | 400  | Craig Caperna     | M           | 52   | Coram              | NY          | 5    | 00:24:00.64     | 02:00:03.21 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:39.96      | 7:56 | 58                | 00:23:48.13 | 7:39 | 40                 | 00:23:32.77 | 7:34 | 35              | 00:24:39.55 | 7:56 | 48 |
|       | <b>Lap 5 to 8</b>   | 00:23:22.79      | 7:31 | 30                |             |      |                    |             |      |                 |             |      |    |
| 42    | 38/105              | 7/16             | 268  | David Grosskurth  | M           | 59   | Dix Hills          | NY          | 5    | 00:24:00.68     | 02:00:03.41 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:27.46      | 7:52 | 55                | 00:24:22.76 | 7:50 | 56                 | 00:23:52.63 | 7:41 | 43              | 00:23:57.26 | 7:42 | 34 |
|       | <b>Lap 5 to 8</b>   | 00:23:23.30      | 7:31 | 31                |             |      |                    |             |      |                 |             |      |    |
| 43    | 5/78                | 2/11             | 304  | Kristyn Lineman   | F           | 39   | Ronkonkoma         | NY          | 5    | 00:24:02.40     | 02:00:11.99 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:04.96      | 7:45 | 52                | 00:23:58.81 | 7:43 | 47                 | 00:23:49.32 | 7:40 | 38              | 00:24:06.06 | 7:45 | 41 |
|       | <b>Lap 5 to 8</b>   | 00:24:12.83      | 7:47 | 39                |             |      |                    |             |      |                 |             |      |    |
| 44    | 39/105              | 8/16             | 211  | Kc Brett          | M           | 57   | Port Jefferson Sta | NY          | 5    | 00:24:02.46     | 02:00:12.33 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:04.59      | 7:44 | 51                | 00:23:58.79 | 7:43 | 46                 | 00:23:49.37 | 7:40 | 39              | 00:24:06.37 | 7:45 | 42 |
|       | <b>Lap 5 to 8</b>   | 00:24:13.20      | 7:47 | 40                |             |      |                    |             |      |                 |             |      |    |
| 45    | 6/78                | 1/5              | 296  | Triin Lawrence    | F           | 31   | Coram              | NY          | 5    | 00:24:02.50     | 02:00:12.48 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:04.18      | 7:44 | 49                | 00:24:00.41 | 7:43 | 50                 | 00:23:50.75 | 7:40 | 41              | 00:24:16.95 | 7:48 | 45 |
|       | <b>Lap 5 to 8</b>   | 00:24:00.19      | 7:43 | 35                |             |      |                    |             |      |                 |             |      |    |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.  | Name               | S           | Age  | City           | St.         | Laps | Ave Lap<br>Time | Time        |      |    |
|-------|---------------------|------------------|------|--------------------|-------------|------|----------------|-------------|------|-----------------|-------------|------|----|
| 46    | 40/105              | 2/6              | 201  | Jim Arnone         | M           | 63   | Westhampton    | NY          | 5    | 00:24:04.33     | 02:00:21.67 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:04.23      | 7:44 | 50                 | 00:23:58.95 | 7:43 | 48             | 00:23:49.91 | 7:40 | 40              | 00:24:05.82 | 7:45 | 40 |
|       | <b>Lap 5 to 8</b>   | 00:24:22.75      | 7:50 | 48                 |             |      |                |             |      |                 |             |      |    |
| 47    | 41/105              | 4/9              | 273  | Robert Hegedus     | M           | 41   | Flushing       | NY          | 5    | 00:24:06.54     | 02:00:32.73 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:20.21      | 8:09 | 63                 | 00:24:26.80 | 7:52 | 59             | 00:24:07.09 | 7:45 | 46              | 00:23:22.71 | 7:31 | 27 |
|       | <b>Lap 5 to 8</b>   | 00:23:15.91      | 7:29 | 28                 |             |      |                |             |      |                 |             |      |    |
| 48    | 7/78                | 2/10             | 350  | Jill Skelly        | F           | 54   | Baldwin        | NY          | 5    | 00:24:08.49     | 02:00:42.48 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:55.15      | 8:20 | 69                 | 00:24:25.36 | 7:51 | 58             | 00:23:32.17 | 7:34 | 34              | 00:24:00.87 | 7:43 | 35 |
|       | <b>Lap 5 to 8</b>   | 00:22:48.92      | 7:20 | 23                 |             |      |                |             |      |                 |             |      |    |
| 49    | 42/105              | 6/10             | 403  | Chris Swann        | M           | 33   | Dix Hills      | NY          | 5    | 00:24:13.84     | 02:01:09.23 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:33.57      | 7:54 | 56                 | 00:24:21.73 | 7:50 | 54             | 00:24:35.80 | 7:54 | 58              | 00:24:47.79 | 7:58 | 51 |
|       | <b>Lap 5 to 8</b>   | 00:22:50.34      | 7:21 | 24                 |             |      |                |             |      |                 |             |      |    |
| 50    | 43/105              | 7/10             | 398  | Jeremiah Bautiste  | M           | 34   | Saint James    | NY          | 5    | 00:24:16.29     | 02:01:21.48 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:47.78      | 7:58 | 60                 | 00:24:27.20 | 7:52 | 60             | 00:24:19.62 | 7:49 | 51              | 00:23:54.22 | 7:41 | 32 |
|       | <b>Lap 5 to 8</b>   | 00:23:52.66      | 7:41 | 33                 |             |      |                |             |      |                 |             |      |    |
| 51    | 44/105              | 2/8              | 216  | Federico Campbell  | M           | 38   | Brightwaters   | NY          | 5    | 00:24:17.95     | 02:01:29.74 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:09.71      | 7:27 | 37                 | 00:24:05.78 | 7:45 | 51             | 00:24:13.30 | 7:47 | 49              | 00:24:58.53 | 8:02 | 54 |
|       | <b>Lap 5 to 8</b>   | 00:25:02.42      | 8:03 | 57                 |             |      |                |             |      |                 |             |      |    |
| 52    | 45/105              | 7/18             | 267  | Johnny Graziano    | M           | 49   | Riverhead      | NY          | 5    | 00:24:19.31     | 02:01:36.57 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:58.67      | 7:43 | 47                 | 00:23:54.34 | 7:41 | 44             | 00:24:08.26 | 7:46 | 48              | 00:24:43.31 | 7:57 | 49 |
|       | <b>Lap 5 to 8</b>   | 00:24:51.99      | 8:00 | 54                 |             |      |                |             |      |                 |             |      |    |
| 53    | 8/78                | 3/10             | 208  | Staci Blanket      | F           | 53   | Old Bethpage   | NY          | 5    | 00:24:19.35     | 02:01:36.74 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:58.67      | 7:43 | 46                 | 00:23:54.34 | 7:41 | 43             | 00:24:08.26 | 7:46 | 47              | 00:24:43.52 | 7:57 | 50 |
|       | <b>Lap 5 to 8</b>   | 00:24:51.96      | 8:00 | 53                 |             |      |                |             |      |                 |             |      |    |
| 54    | 46/105              | 8/18             | 235  | Rob Devinney       | M           | 46   | Long Beach     | NY          | 5    | 00:24:33.03     | 02:02:45.14 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:00.30      | 7:43 | 48                 | 00:24:18.48 | 7:49 | 52             | 00:24:25.32 | 7:51 | 53              | 00:24:53.43 | 8:00 | 53 |
|       | <b>Lap 5 to 8</b>   | 00:25:07.61      | 8:05 | 59                 |             |      |                |             |      |                 |             |      |    |
| 55    | 47/105              | 9/18             | 207  | Brandon Berman     | M           | 45   | Baiting Hollow | NY          | 5    | 00:24:34.85     | 02:02:54.24 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:54.62      | 7:41 | 45                 | 00:23:59.40 | 7:43 | 49             | 00:24:26.72 | 7:52 | 54              | 00:25:12.92 | 8:06 | 57 |
|       | <b>Lap 5 to 8</b>   | 00:25:20.57      | 8:09 | 62                 |             |      |                |             |      |                 |             |      |    |
| 56    | 48/105              | 1/4              | 322  | Frank Notarstefano | M           | 65   | Seaford        | NY          | 5    | 00:24:38.09     | 02:03:10.48 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:18.66      | 8:08 | 61                 | 00:24:43.60 | 7:57 | 61             | 00:24:34.89 | 7:54 | 56              | 00:24:22.13 | 7:50 | 46 |
|       | <b>Lap 5 to 8</b>   | 00:24:11.20      | 7:47 | 38                 |             |      |                |             |      |                 |             |      |    |
| 57    | 9/78                | 2/18             | 351  | Lori Slater        | F           | 46   | Bay Shore      | NY          | 5    | 00:24:45.20     | 02:03:45.99 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:44.46      | 7:57 | 59                 | 00:24:21.32 | 7:50 | 53             | 00:24:34.34 | 7:54 | 55              | 00:25:08.19 | 8:05 | 55 |
|       | <b>Lap 5 to 8</b>   | 00:24:57.68      | 8:02 | 56                 |             |      |                |             |      |                 |             |      |    |
| 58    | 49/105              | 8/10             | 210  | Craig Brekne       | M           | 30   | Selden         | NY          | 5    | 00:24:55.42     | 02:04:37.11 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:33.58      | 7:54 | 57                 | 00:24:21.92 | 7:50 | 55             | 00:24:35.86 | 7:55 | 60              | 00:24:53.41 | 8:00 | 52 |
|       | <b>Lap 5 to 8</b>   | 00:26:12.34      | 8:26 | 67                 |             |      |                |             |      |                 |             |      |    |
| 59    | 10/78               | 1/8              | 258  | Erica Fraiberg     | F           | 44   | Greenlawn      | NY          | 5    | 00:25:04.91     | 02:05:24.56 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:26.77      | 8:11 | 64                 | 00:25:21.55 | 8:09 | 70             | 00:25:11.53 | 8:06 | 64              | 00:25:11.25 | 8:06 | 56 |
|       | <b>Lap 5 to 8</b>   | 00:24:13.46      | 7:47 | 41                 |             |      |                |             |      |                 |             |      |    |
| 60    | 11/78               | 1/4              | 395  | Alexandra Russo    | F           | 22   | Bellport       | NY          | 5    | 00:25:06.95     | 02:05:34.74 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:22:53.46      | 7:22 | 27                 | 00:23:15.81 | 7:29 | 34             | 00:24:35.85 | 7:55 | 59              | 00:27:22.62 | 8:48 | 80 |
|       | <b>Lap 5 to 8</b>   | 00:27:27.00      | 8:50 | 79                 |             |      |                |             |      |                 |             |      |    |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.  | Name               | S           | Age  | City        | St.         | Laps | Ave Lap<br>Time | Time        |      |    |
|-------|---------------------|------------------|------|--------------------|-------------|------|-------------|-------------|------|-----------------|-------------|------|----|
| 61    | 50/105              | 5/9              | 385  | Steven Weiss       | M           | 41   | Plainview   | NY          | 5    | 00:25:12.74     | 02:06:03.73 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:00.82      | 7:24 | 31                 | 00:23:14.02 | 7:28 | 33          | 00:24:39.65 | 7:56 | 61              | 00:26:24.68 | 8:30 | 71 |
|       | <b>Lap 5 to 8</b>   | 00:28:44.57      | 9:15 | 97                 |             |      |             |             |      |                 |             |      |    |
| 62    | 12/78               | 4/10             | 301  | Yvonne Leippert    | F           | 50   | Coram       | NY          | 5    | 00:25:17.00     | 02:06:24.99 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:55.35      | 8:20 | 71                 | 00:25:11.22 | 8:06 | 65          | 00:25:16.05 | 8:07 | 66              | 00:25:37.36 | 8:14 | 61 |
|       | <b>Lap 5 to 8</b>   | 00:24:25.01      | 7:51 | 49                 |             |      |             |             |      |                 |             |      |    |
| 63    | 51/105              | 6/9              | 326  | Adam Orlow         | M           | 44   | Jamaica     | NY          | 5    | 00:25:22.80     | 02:06:54.00 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:19.27      | 8:08 | 62                 | 00:25:21.51 | 8:09 | 69          | 00:25:31.07 | 8:12 | 68              | 00:25:56.27 | 8:20 | 64 |
|       | <b>Lap 5 to 8</b>   | 00:24:45.87      | 7:58 | 52                 |             |      |             |             |      |                 |             |      |    |
| 64    | 13/78               | 1/5              | 401  | Dolores Doman      | F           | 61   | Dix Hills   | NY          | 5    | 00:25:24.15     | 02:07:00.74 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:55.73      | 8:20 | 72                 | 00:25:00.69 | 8:03 | 63          | 00:25:09.77 | 8:05 | 63              | 00:25:17.49 | 8:08 | 58 |
|       | <b>Lap 5 to 8</b>   | 00:25:37.07      | 8:14 | 64                 |             |      |             |             |      |                 |             |      |    |
| 65    | 14/78               | 3/18             | 275  | Stephanie Hoffmann | F           | 45   | Glen Cove   | NY          | 5    | 00:25:24.19     | 02:07:00.95 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:58.19      | 8:21 | 74                 | 00:25:21.77 | 8:09 | 71          | 00:25:23.17 | 8:10 | 67              | 00:25:22.77 | 8:10 | 60 |
|       | <b>Lap 5 to 8</b>   | 00:24:55.05      | 8:01 | 55                 |             |      |             |             |      |                 |             |      |    |
| 66    | 15/78               | 2/8              | 371  | Aimee Welsh        | F           | 43   | Huntington  | NY          | 5    | 00:25:40.54     | 02:08:22.69 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:07.62      | 7:45 | 53                 | 00:25:16.88 | 8:08 | 68          | 00:25:49.36 | 8:18 | 69              | 00:26:16.12 | 8:27 | 67 |
|       | <b>Lap 5 to 8</b>   | 00:26:52.71      | 8:39 | 72                 |             |      |             |             |      |                 |             |      |    |
| 67    | 52/105              | 10/18            | 352  | Robert Smith       | M           | 49   | Northport   | NY          | 5    | 00:25:45.80     | 02:08:49.01 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:23:48.14      | 7:39 | 43                 | 00:25:06.89 | 8:04 | 64          | 00:25:57.07 | 8:21 | 72              | 00:27:07.07 | 8:43 | 77 |
|       | <b>Lap 5 to 8</b>   | 00:26:49.84      | 8:38 | 71                 |             |      |             |             |      |                 |             |      |    |
| 68    | 53/105              | 8/21             | 244  | Hector Echeverry   | M           | 53   | Bergenfield | NJ          | 5    | 00:25:46.26     | 02:08:51.31 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:26:09.97      | 8:25 | 80                 | 00:25:53.57 | 8:20 | 74          | 00:25:54.58 | 8:20 | 71              | 00:25:46.57 | 8:17 | 63 |
|       | <b>Lap 5 to 8</b>   | 00:25:06.63      | 8:04 | 58                 |             |      |             |             |      |                 |             |      |    |
| 69    | 54/105              | 11/18            | 283  | Ira Kaplan         | M           | 48   | East Meadow | NY          | 5    | 00:25:51.78     | 02:09:18.91 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:28.18      | 8:11 | 65                 | 00:24:23.31 | 7:50 | 57          | 00:24:01.60 | 7:43 | 45              | 00:25:58.50 | 8:21 | 65 |
|       | <b>Lap 5 to 8</b>   | 00:29:27.31      | 9:28 | 107                |             |      |             |             |      |                 |             |      |    |
| 70    | 16/78               | 4/18             | 272  | Suzanne Hausner    | F           | 46   | Dix Hills   | NY          | 5    | 00:25:53.29     | 02:09:26.46 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:55.35      | 8:20 | 70                 | 00:25:14.67 | 8:07 | 66          | 00:25:14.03 | 8:07 | 65              | 00:25:43.06 | 8:16 | 62 |
|       | <b>Lap 5 to 8</b>   | 00:27:19.36      | 8:47 | 76                 |             |      |             |             |      |                 |             |      |    |
| 71    | 17/78               | 5/18             | 232  | Tara Daub          | F           | 45   | Sea Cliff   | NY          | 5    | 00:25:56.15     | 02:09:40.75 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:26:21.16      | 8:28 | 82                 | 00:25:53.17 | 8:19 | 73          | 00:25:53.63 | 8:20 | 70              | 00:26:02.14 | 8:22 | 66 |
|       | <b>Lap 5 to 8</b>   | 00:25:30.66      | 8:12 | 63                 |             |      |             |             |      |                 |             |      |    |
| 72    | 18/78               | 2/5              | 399  | Maureen Joyce      | F           | 61   | E.northport | NY          | 5    | 00:26:05.90     | 02:10:29.51 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:58.97      | 8:21 | 75                 | 00:25:14.72 | 8:07 | 67          | 00:26:01.09 | 8:22 | 73              | 00:26:26.30 | 8:30 | 73 |
|       | <b>Lap 5 to 8</b>   | 00:26:48.43      | 8:37 | 70                 |             |      |             |             |      |                 |             |      |    |
| 73    | 55/105              | 9/16             | 253  | Frank Favilla      | M           | 55   | Bethpage    | NY          | 5    | 00:26:05.90     | 02:10:29.51 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:26:31.30      | 8:32 | 86                 | 00:25:49.24 | 8:18 | 72          | 00:24:55.05 | 8:01 | 62              | 00:26:25.73 | 8:30 | 72 |
|       | <b>Lap 5 to 8</b>   | 00:26:48.20      | 8:37 | 69                 |             |      |             |             |      |                 |             |      |    |
| 74    | 19/78               | 2/5              | 394  | Meylyn Chery       | F           | 31   | Brooklyn    | NY          | 5    | 00:26:26.60     | 02:12:13.03 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:24:09.85      | 7:46 | 54                 | 00:24:54.81 | 8:01 | 62          | 00:26:51.18 | 8:38 | 81              | 00:28:18.31 | 9:06 | 94 |
|       | <b>Lap 5 to 8</b>   | 00:27:58.88      | 9:00 | 90                 |             |      |             |             |      |                 |             |      |    |
| 75    | 20/78               | 1/7              | 362  | Dee Vogt           | F           | 57   | Huntington  | NY          | 5    | 00:26:34.55     | 02:12:52.76 |      |    |
|       | <b>Lap 1 to 4</b>   | 00:25:54.47      | 8:20 | 68                 | 00:25:56.82 | 8:21 | 75          | 00:26:16.27 | 8:27 | 76              | 00:27:04.62 | 8:42 | 76 |
|       | <b>Lap 5 to 8</b>   | 00:27:40.59      | 8:54 | 84                 |             |      |             |             |      |                 |             |      |    |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.  | Name                  | S           | Age  | City            | St.         | Laps | Ave Lap<br>Time | Time        |      |     |
|-------|---------------------|------------------|------|-----------------------|-------------|------|-----------------|-------------|------|-----------------|-------------|------|-----|
| 76    | 21/78               | 1/4              | 256  | Vera Fichtelberg      | F           | 28   | New York        | NY          | 5    | 00:26:36.22     | 02:13:01.13 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:22.37      | 8:29 | 84                    | 00:26:07.80 | 8:24 | 76              | 00:26:10.94 | 8:25 | 75              | 00:26:51.82 | 8:38 | 75  |
|       | <b>Lap 5 to 8</b>   | 00:27:28.19      | 8:50 | 80                    |             |      |                 |             |      |                 |             |      |     |
| 77    | 56/105              | 10/16            | 388  | Glenn Murphy          | M           | 59   | Miller Place    | NY          | 5    | 00:26:43.29     | 02:13:36.45 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:25:30.01      | 8:12 | 66                    | 00:26:15.27 | 8:27 | 77              | 00:26:44.56 | 8:36 | 80              | 00:27:42.09 | 8:54 | 84  |
|       | <b>Lap 5 to 8</b>   | 00:27:24.51      | 8:49 | 77                    |             |      |                 |             |      |                 |             |      |     |
| 78    | 57/105              | 2/4              | 262  | Terry Geist           | M           | 66   | Sea Cliff       | NY          | 5    | 00:26:44.85     | 02:13:44.27 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:21.72      | 8:29 | 83                    | 00:27:45.22 | 8:55 | 99              | 00:26:52.43 | 8:38 | 82              | 00:26:22.88 | 8:29 | 70  |
|       | <b>Lap 5 to 8</b>   | 00:26:22.02      | 8:29 | 68                    |             |      |                 |             |      |                 |             |      |     |
| 79    | 58/105              | 3/6              | 327  | Chuck Otto            | M           | 62   | Sayville        | NY          | 5    | 00:26:48.24     | 02:14:01.20 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:07.72      | 8:43 | 95                    | 00:27:04.29 | 8:42 | 88              | 00:27:01.57 | 8:41 | 85              | 00:26:48.24 | 8:37 | 74  |
|       | <b>Lap 5 to 8</b>   | 00:25:59.38      | 8:21 | 66                    |             |      |                 |             |      |                 |             |      |     |
| 80    | 59/105              | 9/21             | 348  | Ed Simko              | M           | 50   | Huntington      | NY          | 5    | 00:26:49.05     | 02:14:05.28 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:30.96      | 8:51 | 101                   | 00:27:25.09 | 8:49 | 95              | 00:27:08.65 | 8:44 | 86              | 00:26:18.00 | 8:27 | 69  |
|       | <b>Lap 5 to 8</b>   | 00:25:42.59      | 8:16 | 65                    |             |      |                 |             |      |                 |             |      |     |
| 81    | 60/105              | 12/18            | 265  | Noal Goldfarb         | M           | 49   | Port Washington | NY          | 5    | 00:26:59.88     | 02:14:59.41 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:35.17      | 8:33 | 88                    | 00:26:38.79 | 8:34 | 85              | 00:26:41.32 | 8:35 | 78              | 00:27:07.09 | 8:43 | 78  |
|       | <b>Lap 5 to 8</b>   | 00:27:57.04      | 8:59 | 89                    |             |      |                 |             |      |                 |             |      |     |
| 82    | 61/105              | 10/21            | 316  | Robert Monaco         | M           | 54   | Woodbury        | NY          | 5    | 00:27:01.70     | 02:15:08.52 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:50.99      | 8:38 | 93                    | 00:26:45.89 | 8:36 | 86              | 00:26:56.24 | 8:40 | 84              | 00:27:32.14 | 8:51 | 83  |
|       | <b>Lap 5 to 8</b>   | 00:27:03.26      | 8:42 | 73                    |             |      |                 |             |      |                 |             |      |     |
| 83    | 62/105              | 3/8              | 246  | Derrick Edwin         | M           | 39   | Lindenhurst     | NY          | 5    | 00:27:02.40     | 02:15:12.02 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:07.14      | 8:24 | 79                    | 00:26:24.05 | 8:29 | 81              | 00:27:44.43 | 8:55 | 93              | 00:27:31.33 | 8:51 | 81  |
|       | <b>Lap 5 to 8</b>   | 00:27:25.08      | 8:49 | 78                    |             |      |                 |             |      |                 |             |      |     |
| 84    | 63/105              | 4/8              | 340  | Steve Rossi           | M           | 37   | Hauppauge       | NY          | 5    | 00:27:02.44     | 02:15:12.18 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:01.96      | 8:22 | 77                    | 00:26:21.32 | 8:28 | 80              | 00:26:10.33 | 8:25 | 74              | 00:29:00.08 | 9:20 | 104 |
|       | <b>Lap 5 to 8</b>   | 00:27:38.49      | 8:53 | 82                    |             |      |                 |             |      |                 |             |      |     |
| 85    | 22/78               | 5/10             | 357  | Eliana Themistocleous | F           | 50   | Melville        | NY          | 5    | 00:27:04.00     | 02:15:20.02 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:06.94      | 8:24 | 78                    | 00:26:24.25 | 8:29 | 82              | 00:27:45.39 | 8:56 | 94              | 00:27:31.83 | 8:51 | 82  |
|       | <b>Lap 5 to 8</b>   | 00:27:31.61      | 8:51 | 81                    |             |      |                 |             |      |                 |             |      |     |
| 86    | 64/105              | 13/18            | 321  | Jonathan Nicastro     | M           | 48   | Saint James     | NY          | 5    | 00:27:06.20     | 02:15:31.02 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:25:44.41      | 8:17 | 67                    | 00:26:16.93 | 8:27 | 78              | 00:26:42.02 | 8:35 | 79              | 00:27:44.49 | 8:55 | 86  |
|       | <b>Lap 5 to 8</b>   | 00:29:03.16      | 9:21 | 99                    |             |      |                 |             |      |                 |             |      |     |
| 87    | 65/105              | 14/18            | 393  | Michael Starr         | M           | 48   | Plainview       | NY          | 5    | 00:27:07.31     | 02:15:36.55 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:25:59.40      | 8:21 | 76                    | 00:27:13.35 | 8:45 | 90              | 00:26:53.26 | 8:39 | 83              | 00:27:42.40 | 8:55 | 85  |
|       | <b>Lap 5 to 8</b>   | 00:27:48.14      | 8:56 | 86                    |             |      |                 |             |      |                 |             |      |     |
| 88    | 66/105              | 11/21            | 285  | Kojiro Katayama       | M           | 52   | Syosset         | NY          | 5    | 00:27:16.80     | 02:16:24.01 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:42.22      | 8:35 | 89                    | 00:26:38.57 | 8:34 | 84              | 00:27:33.08 | 8:52 | 90              | 00:27:50.15 | 8:57 | 88  |
|       | <b>Lap 5 to 8</b>   | 00:27:39.99      | 8:54 | 83                    |             |      |                 |             |      |                 |             |      |     |
| 89    | 67/105              | 4/6              | 358  | Neil Tipograph        | M           | 60   | New York        | NY          | 5    | 00:27:26.40     | 02:17:12.03 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:48.47      | 8:57 | 108                   | 00:26:38.38 | 8:34 | 83              | 00:26:24.03 | 8:29 | 77              | 00:27:10.12 | 8:44 | 79  |
|       | <b>Lap 5 to 8</b>   | 00:29:11.02      | 9:23 | 104                   |             |      |                 |             |      |                 |             |      |     |
| 90    | 68/105              | 12/21            | 367  | Ben Walden            | M           | 50   | Centerport      | NY          | 5    | 00:27:33.32     | 02:17:46.63 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:33.34      | 8:32 | 87                    | 00:26:47.32 | 8:37 | 87              | 00:27:25.71 | 8:49 | 88              | 00:27:50.83 | 8:57 | 90  |
|       | <b>Lap 5 to 8</b>   | 00:29:09.43      | 9:23 | 103                   |             |      |                 |             |      |                 |             |      |     |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.  | Name                | S           | Age  | City              | St.         | Laps | Ave Lap<br>Time | Time        |      |     |
|-------|---------------------|------------------|------|---------------------|-------------|------|-------------------|-------------|------|-----------------|-------------|------|-----|
| 91    | 69/105              | 11/16            | 266  | Daniel Goldstein    | M           | 55   | Huntington Stator | NY          | 5    | 00:27:46.55     | 02:18:52.73 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:08.20      | 8:44 | 96                  | 00:27:45.85 | 8:56 | 100               | 00:27:34.18 | 8:52 | 91              | 00:28:37.22 | 9:12 | 97  |
|       | <b>Lap 5 to 8</b>   | 00:27:47.28      | 8:56 | 85                  |             |      |                   |             |      |                 |             |      |     |
| 92    | 23/78               | 2/4              | 220  | Anne Marie Cieri    | F           | 27   | Long Beach        | NY          | 5    | 00:27:53.60     | 02:19:28.02 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:28:42.20      | 9:14 | 121                 | 00:27:21.69 | 8:48 | 93                | 00:27:31.34 | 8:51 | 89              | 00:28:02.98 | 9:01 | 91  |
|       | <b>Lap 5 to 8</b>   | 00:27:49.82      | 8:57 | 87                  |             |      |                   |             |      |                 |             |      |     |
| 93    | 24/78               | 3/4              | 306  | Brittany Lomedico   | F           | 27   | Huntington        | NY          | 5    | 00:27:54.05     | 02:19:30.25 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:14.45      | 8:26 | 81                  | 00:27:29.56 | 8:50 | 97                | 00:28:04.25 | 9:02 | 99              | 00:29:08.75 | 9:22 | 108 |
|       | <b>Lap 5 to 8</b>   | 00:28:33.24      | 9:11 | 96                  |             |      |                   |             |      |                 |             |      |     |
| 94    | 25/78               | 3/8              | 370  | Cassandra Webb      | F           | 44   | Suffield          | CT          | 5    | 00:27:55.31     | 02:19:36.54 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:28:18.72      | 9:06 | 113                 | 00:28:22.50 | 9:07 | 112               | 00:27:49.36 | 8:57 | 97              | 00:27:50.24 | 8:57 | 89  |
|       | <b>Lap 5 to 8</b>   | 00:27:15.72      | 8:46 | 74                  |             |      |                   |             |      |                 |             |      |     |
| 95    | 70/105              | 13/21            | 269  | Edward Guelfi       | M           | 52   | Medford           | NY          | 5    | 00:27:55.35     | 02:19:36.77 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:28:18.46      | 9:06 | 112                 | 00:28:22.76 | 9:08 | 113               | 00:27:49.36 | 8:57 | 96              | 00:27:50.13 | 8:57 | 87  |
|       | <b>Lap 5 to 8</b>   | 00:27:16.07      | 8:46 | 75                  |             |      |                   |             |      |                 |             |      |     |
| 96    | 71/105              | 15/18            | 308  | Joe Marinaccio      | M           | 47   | Oakdale           | NY          | 5    | 00:27:56.90     | 02:19:44.49 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:26:28.22      | 8:31 | 85                  | 00:26:19.00 | 8:28 | 79                | 00:28:40.40 | 9:13 | 115             | 00:29:20.28 | 9:26 | 109 |
|       | <b>Lap 5 to 8</b>   | 00:28:56.59      | 9:18 | 98                  |             |      |                   |             |      |                 |             |      |     |
| 97    | 26/78               | 6/18             | 356  | Pauline Tang        | F           | 47   | Briarwood         | NY          | 5    | 00:28:05.04     | 02:20:25.21 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:13.90      | 8:45 | 98                  | 00:27:24.78 | 8:49 | 94                | 00:27:42.67 | 8:55 | 92              | 00:28:39.10 | 9:13 | 98  |
|       | <b>Lap 5 to 8</b>   | 00:29:24.76      | 9:27 | 106                 |             |      |                   |             |      |                 |             |      |     |
| 98    | 72/105              | 12/16            | 334  | Michael Petsky      | M           | 55   | Garden City       | NY          | 5    | 00:28:05.89     | 02:20:29.47 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:25:55.96      | 8:20 | 73                  | 00:28:30.49 | 9:10 | 116               | 00:27:15.14 | 8:46 | 87              | 00:29:42.82 | 9:33 | 113 |
|       | <b>Lap 5 to 8</b>   | 00:29:05.06      | 9:21 | 100                 |             |      |                   |             |      |                 |             |      |     |
| 99    | 27/78               | 2/7              | 355  | Lauren Strangio     | F           | 56   | Rockville Centre  | NY          | 5    | 00:28:09.43     | 02:20:47.15 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:28.22      | 8:50 | 99                  | 00:28:21.06 | 9:07 | 111               | 00:28:06.22 | 9:02 | 100             | 00:28:36.21 | 9:12 | 96  |
|       | <b>Lap 5 to 8</b>   | 00:28:15.44      | 9:05 | 93                  |             |      |                   |             |      |                 |             |      |     |
| 100   | 28/78               | 4/8              | 259  | Karen Friedman      | F           | 41   | Plainview         | NY          | 5    | 00:28:14.59     | 02:21:12.94 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:28:48.70      | 9:16 | 122                 | 00:27:59.42 | 9:00 | 105               | 00:28:16.74 | 9:06 | 104             | 00:28:13.58 | 9:05 | 92  |
|       | <b>Lap 5 to 8</b>   | 00:27:54.49      | 8:58 | 88                  |             |      |                   |             |      |                 |             |      |     |
| 101   | 73/105              | 5/8              | 226  | Brian Conlon        | M           | 38   | Garden City       | NY          | 5    | 00:28:15.32     | 02:21:16.60 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:28:00.97      | 9:01 | 111                 | 00:27:49.73 | 8:57 | 101               | 00:28:18.99 | 9:06 | 109             | 00:28:45.52 | 9:15 | 100 |
|       | <b>Lap 5 to 8</b>   | 00:28:21.40      | 9:07 | 95                  |             |      |                   |             |      |                 |             |      |     |
| 102   | 29/78               | 3/11             | 254  | Miriam Fein         | F           | 36   | Plainview         | NY          | 5    | 00:28:17.31     | 02:21:26.54 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:28:48.97      | 9:16 | 123                 | 00:27:59.33 | 9:00 | 104               | 00:28:16.83 | 9:06 | 105             | 00:28:16.83 | 9:06 | 93  |
|       | <b>Lap 5 to 8</b>   | 00:28:04.59      | 9:02 | 91                  |             |      |                   |             |      |                 |             |      |     |
| 103   | 74/105              | 3/4              | 363  | Hank Von Thaden     | M           | 65   | Bethpage          | NY          | 5    | 00:28:20.29     | 02:21:41.44 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:35.41      | 8:52 | 104                 | 00:27:25.53 | 8:49 | 96                | 00:28:17.44 | 9:06 | 107             | 00:29:01.21 | 9:20 | 105 |
|       | <b>Lap 5 to 8</b>   | 00:29:21.86      | 9:27 | 105                 |             |      |                   |             |      |                 |             |      |     |
| 104   | 75/105              | 13/16            | 209  | Jean-Pierre Bonfils | M           | 55   | Brooklyn          | NY          | 5    | 00:28:26.13     | 02:22:10.66 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:03.33      | 8:42 | 94                  | 00:27:15.00 | 8:46 | 91                | 00:27:51.24 | 8:57 | 98              | 00:29:05.09 | 9:21 | 107 |
|       | <b>Lap 5 to 8</b>   | 00:30:55.99      | 9:57 | 120                 |             |      |                   |             |      |                 |             |      |     |
| 105   | 30/78               | 3/7              | 346  | Louise Senato       | F           | 55   | Merrick           | NY          | 5    | 00:28:35.63     | 02:22:58.16 |      |     |
|       | <b>Lap 1 to 4</b>   | 00:27:57.47      | 8:59 | 110                 | 00:27:50.18 | 8:57 | 102               | 00:28:22.64 | 9:08 | 110             | 00:28:27.35 | 9:09 | 95  |
|       | <b>Lap 5 to 8</b>   | 00:30:20.51      | 9:45 | 112                 |             |      |                   |             |      |                 |             |      |     |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.   | Name                | S           | Age  | City              | St.         | Laps | Ave Lap<br>Time | Time        |       |     |
|-------|---------------------|------------------|-------|---------------------|-------------|------|-------------------|-------------|------|-----------------|-------------|-------|-----|
| 106   | 31/78               | 4/11             | 311   | Karen Marmon        | F           | 37   | New York          | NY          | 5    | 00:28:38.27     | 02:23:11.38 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:29:08.72      | 9:22  | 125                 | 00:28:31.79 | 9:10 | 117               | 00:28:32.30 | 9:11 | 114             | 00:28:42.85 | 9:14  | 99  |
|       | <b>Lap 5 to 8</b>   | 00:28:15.71      | 9:05  | 94                  |             |      |                   |             |      |                 |             |       |     |
| 107   | 76/105              | 1/4              | 375   | Foo Yuen Wong       | M           | 70   | Mill Neck         | NY          | 5    | 00:28:40.06     | 02:23:20.29 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:27:30.34      | 8:51  | 100                 | 00:28:14.08 | 9:05 | 109               | 00:28:15.46 | 9:05 | 103             | 00:29:21.33 | 9:26  | 110 |
|       | <b>Lap 5 to 8</b>   | 00:29:59.08      | 9:39  | 110                 |             |      |                   |             |      |                 |             |       |     |
| 108   | 77/105              | 6/8              | 383   | Anthony Freddo      | M           | 37   | Center Moriches   | NY          | 5    | 00:28:53.36     | 02:24:26.80 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:28:32.22      | 9:11  | 117                 | 00:29:21.83 | 9:27 | 122               | 00:27:47.83 | 8:56 | 95              | 00:28:46.58 | 9:15  | 101 |
|       | <b>Lap 5 to 8</b>   | 00:29:58.34      | 9:38  | 109                 |             |      |                   |             |      |                 |             |       |     |
| 109   | 78/105              | 7/8              | 386   | Jess Mitou          | M           | 39   | Port Jefferson    | NY          | 5    | 00:28:56.64     | 02:24:43.23 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:27:34.59      | 8:52  | 103                 | 00:28:10.02 | 9:03 | 106               | 00:28:17.02 | 9:06 | 106             | 00:28:50.58 | 9:16  | 102 |
|       | <b>Lap 5 to 8</b>   | 00:31:51.02      | 10:15 | 127                 |             |      |                   |             |      |                 |             |       |     |
| 110   | 79/105              | 14/21            | 245   | Guy Edwards         | M           | 54   | Bohemia           | NY          | 5    | 00:29:07.52     | 02:25:37.61 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:29:25.61      | 9:28  | 127                 | 00:29:13.95 | 9:24 | 120               | 00:28:13.65 | 9:05 | 102             | 00:28:53.56 | 9:17  | 103 |
|       | <b>Lap 5 to 8</b>   | 00:29:50.84      | 9:36  | 108                 |             |      |                   |             |      |                 |             |       |     |
| 111   | 80/105              | 15/21            | 392   | Colin Snell         | M           | 50   |                   | NY          | 5    | 00:29:14.17     | 02:26:10.88 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:27:45.77      | 8:56  | 107                 | 00:28:30.49 | 9:10 | 115               | 00:29:06.62 | 9:22 | 118             | 00:30:18.59 | 9:45  | 121 |
|       | <b>Lap 5 to 8</b>   | 00:30:29.41      | 9:48  | 115                 |             |      |                   |             |      |                 |             |       |     |
| 112   | 81/105              | 16/21            | 336   | Tom Quinton         | M           | 50   | Blue Point        | NY          | 5    | 00:29:15.43     | 02:26:17.15 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:28:40.57      | 9:13  | 119                 | 00:28:19.23 | 9:06 | 110               | 00:28:56.37 | 9:18 | 117             | 00:29:51.62 | 9:36  | 116 |
|       | <b>Lap 5 to 8</b>   | 00:30:29.37      | 9:48  | 114                 |             |      |                   |             |      |                 |             |       |     |
| 113   | 82/105              | 14/16            | 361   | Paul Van Houten     | M           | 59   | Huntington        | NY          | 5    | 00:29:16.49     | 02:26:22.44 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:28:27.35      | 9:09  | 116                 | 00:28:12.20 | 9:04 | 107               | 00:28:23.48 | 9:08 | 111             | 00:30:31.76 | 9:49  | 123 |
|       | <b>Lap 5 to 8</b>   | 00:30:47.65      | 9:54  | 119                 |             |      |                   |             |      |                 |             |       |     |
| 114   | 32/78               | 5/11             | 302   | Erin Lentini        | F           | 38   | Merrick           | NY          | 5    | 00:29:19.41     | 02:26:37.04 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:28:19.22      | 9:06  | 114                 | 00:28:28.08 | 9:09 | 114               | 00:28:40.69 | 9:13 | 116             | 00:29:41.26 | 9:33  | 112 |
|       | <b>Lap 5 to 8</b>   | 00:31:27.79      | 10:07 | 125                 |             |      |                   |             |      |                 |             |       |     |
| 115   | 33/78               | 2/4              | 274   | Christina Hernandez | F           | 23   | Huntington Stator | NY          | 5    | 00:29:21.23     | 02:26:46.16 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:27:55.71      | 8:59  | 109                 | 00:28:43.29 | 9:14 | 118               | 00:29:14.34 | 9:24 | 119             | 00:29:51.79 | 9:36  | 117 |
|       | <b>Lap 5 to 8</b>   | 00:31:01.03      | 9:58  | 121                 |             |      |                   |             |      |                 |             |       |     |
| 116   | 34/78               | 3/5              | 221   | Kate Cifarelli      | F           | 33   | Oyster Bay        | NY          | 5    | 00:29:23.34     | 02:26:56.72 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:28:36.91      | 9:12  | 118                 | 00:27:51.14 | 8:57 | 103               | 00:28:29.08 | 9:10 | 113             | 00:29:44.14 | 9:34  | 114 |
|       | <b>Lap 5 to 8</b>   | 00:32:15.45      | 10:22 | 128                 |             |      |                   |             |      |                 |             |       |     |
| 117   | 35/78               | 6/11             | 290   | Dawn Konopka        | F           | 38   | Ridge             | NY          | 5    | 00:29:53.82     | 02:29:29.12 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:27:32.47      | 8:51  | 102                 | 00:28:44.60 | 9:15 | 119               | 00:29:33.56 | 9:30 | 120             | 00:31:04.69 | 10:00 | 130 |
|       | <b>Lap 5 to 8</b>   | 00:32:33.80      | 10:28 | 131                 |             |      |                   |             |      |                 |             |       |     |
| 118   | 83/105              | 7/9              | 288   | Igor Klebanov       | M           | 42   | Great Neck        | NY          | 5    | 00:29:59.71     | 02:29:58.56 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:30:35.73      | 9:50  | 136                 | 00:30:38.34 | 9:51 | 134               | 00:29:55.55 | 9:37 | 124             | 00:30:43.12 | 9:53  | 125 |
|       | <b>Lap 5 to 8</b>   | 00:28:05.83      | 9:02  | 92                  |             |      |                   |             |      |                 |             |       |     |
| 119   | 36/78               | 7/11             | 377   | Noel Rosa-Skaggs    | F           | 39   | Commack           | NY          | 5    | 00:30:16.95     | 02:31:24.78 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:29:09.97      | 9:23  | 126                 | 00:29:38.50 | 9:32 | 125               | 00:30:53.31 | 9:56 | 131             | 00:31:18.64 | 10:04 | 131 |
|       | <b>Lap 5 to 8</b>   | 00:30:24.35      | 9:47  | 113                 |             |      |                   |             |      |                 |             |       |     |
| 120   | 84/105              | 9/10             | 307   | Scott Luxenberg     | M           | 30   | N Bellmore        | NY          | 5    | 00:30:19.31     | 02:31:36.56 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:27:37.44      | 8:53  | 106                 | 00:27:40.59 | 8:54 | 98                | 00:28:12.32 | 9:04 | 101             | 00:29:26.11 | 9:28  | 111 |
|       | <b>Lap 5 to 8</b>   | 00:38:40.10      | 12:26 | 153                 |             |      |                   |             |      |                 |             |       |     |



# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.   | Name              | S           | Age   | City               | St.         | Laps  | Ave Lap<br>Time | Time        |       |     |
|-------|---------------------|------------------|-------|-------------------|-------------|-------|--------------------|-------------|-------|-----------------|-------------|-------|-----|
| 121   | 85/105              | 16/18            | 295   | Greg Lanning      | M           | 48    | Bay Shore          | NY          | 5     | 00:30:19.76     | 02:31:38.79 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:30:29.13      | 9:48  | 133               | 00:30:06.44 | 9:41  | 129                | 00:31:43.23 | 10:12 | 136             | 00:30:11.54 | 9:43  | 119 |
|       | <b>Lap 5 to 8</b>   | 00:29:08.46      | 9:22  | 102               |             |       |                    |             |       |                 |             |       |     |
| 122   | 86/105              | 10/10            | 277   | John Inglese      | M           | 34    | Farmingville       | NY          | 5     | 00:30:20.49     | 02:31:42.46 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:29:45.72      | 9:34  | 130               | 00:29:56.91 | 9:38  | 127                | 00:31:29.63 | 10:08 | 133             | 00:31:22.47 | 10:05 | 132 |
|       | <b>Lap 5 to 8</b>   | 00:29:07.72      | 9:22  | 101               |             |       |                    |             |       |                 |             |       |     |
| 123   | 87/105              | 17/21            | 243   | Keith Drayer      | M           | 53    | Valley Stream      | NY          | 5     | 00:30:22.24     | 02:31:51.19 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:29:55.46      | 9:37  | 131               | 00:30:09.69 | 9:42  | 130                | 00:29:55.49 | 9:37  | 123             | 00:30:35.65 | 9:50  | 124 |
|       | <b>Lap 5 to 8</b>   | 00:31:14.89      | 10:03 | 123               |             |       |                    |             |       |                 |             |       |     |
| 124   | 37/78               | 6/10             | 293   | Mary Kroebel      | F           | 53    | Oakdale            | NY          | 5     | 00:30:23.69     | 02:31:58.47 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:28:42.19      | 9:14  | 120               | 00:29:22.88 | 9:27  | 123                | 00:29:51.79 | 9:36  | 122             | 00:31:30.86 | 10:08 | 133 |
|       | <b>Lap 5 to 8</b>   | 00:32:30.74      | 10:27 | 130               |             |       |                    |             |       |                 |             |       |     |
| 125   | 88/105              | 18/21            | 230   | Paul D'elisa      | M           | 54    | Manorville         | NY          | 5     | 00:30:26.45     | 02:32:12.28 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:29:05.47      | 9:21  | 124               | 00:30:30.58 | 9:49  | 132                | 00:30:50.55 | 9:55  | 130             | 00:31:03.48 | 9:59  | 129 |
|       | <b>Lap 5 to 8</b>   | 00:30:42.20      | 9:52  | 118               |             |       |                    |             |       |                 |             |       |     |
| 126   | 89/105              | 19/21            | 212   | Amos Brotter      | M           | 52    | Long Beach         | NY          | 5     | 00:30:27.19     | 02:32:15.94 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:30:32.36      | 9:49  | 135               | 00:31:02.05 | 9:59  | 138                | 00:29:48.41 | 9:35  | 121             | 00:29:45.32 | 9:34  | 115 |
|       | <b>Lap 5 to 8</b>   | 00:31:07.80      | 10:01 | 122               |             |       |                    |             |       |                 |             |       |     |
| 127   | 38/78               | 7/18             | 319   | Bridget Murphy    | F           | 45    | Long Beach         | NY          | 5     | 00:30:37.36     | 02:33:06.83 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:30:29.48      | 9:48  | 134               | 00:30:05.50 | 9:41  | 128                | 00:31:43.01 | 10:12 | 135             | 00:30:12.14 | 9:43  | 120 |
|       | <b>Lap 5 to 8</b>   | 00:30:36.70      | 9:51  | 117               |             |       |                    |             |       |                 |             |       |     |
| 128   | 39/78               | 7/10             | 279   | Charlotte Johnson | F           | 50    | Port Jefferson Sta | NY          | 5     | 00:30:41.46     | 02:33:27.32 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:26.37      | 10:07 | 144               | 00:30:53.09 | 9:56  | 137                | 00:30:30.11 | 9:49  | 126             | 00:30:19.66 | 9:45  | 122 |
|       | <b>Lap 5 to 8</b>   | 00:30:18.08      | 9:45  | 111               |             |       |                    |             |       |                 |             |       |     |
| 129   | 40/78               | 5/8              | 271   | Julie Ham         | F           | 43    | Centerport         | NY          | 5     | 00:30:45.81     | 02:33:49.04 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:26:44.10      | 8:36  | 91                | 00:29:18.17 | 9:25  | 121                | 00:30:11.76 | 9:43  | 125             | 00:32:28.83 | 10:27 | 135 |
|       | <b>Lap 5 to 8</b>   | 00:35:06.18      | 11:17 | 142               |             |       |                    |             |       |                 |             |       |     |
| 130   | 41/78               | 4/7              | 339   | Kyle Rose-Louder  | F           | 57    | Freeport           | NY          | 5     | 00:30:55.24     | 02:34:36.21 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:12.73      | 10:02 | 139               | 00:30:47.59 | 9:54  | 136                | 00:31:06.73 | 10:00 | 132             | 00:30:57.19 | 9:57  | 128 |
|       | <b>Lap 5 to 8</b>   | 00:30:31.98      | 9:49  | 116               |             |       |                    |             |       |                 |             |       |     |
| 131   | 90/105              | 15/16            | 237   | Jose Diaz         | M           | 55    | Maywood            | NJ          | 5     | 00:30:57.55     | 02:34:47.74 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:28:24.22      | 9:08  | 115               | 00:30:19.79 | 9:45  | 131                | 00:32:20.55 | 10:24 | 145             | 00:30:51.87 | 9:56  | 127 |
|       | <b>Lap 5 to 8</b>   | 00:32:51.31      | 10:34 | 132               |             |       |                    |             |       |                 |             |       |     |
| 132   | 42/78               | 8/11             | 289   | Yana Knutson      | F           | 37    | Centerport         | NY          | 5     | 00:30:58.03     | 02:34:50.17 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:27:11.22      | 8:45  | 97                | 00:28:12.48 | 9:04  | 108                | 00:28:17.61 | 9:06  | 108             | 00:30:07.99 | 9:41  | 118 |
|       | <b>Lap 5 to 8</b>   | 00:41:00.87      | 13:12 | 166               |             |       |                    |             |       |                 |             |       |     |
| 133   | 43/78               | 8/10             | 233   | Casene Degrasse   | F           | 50    | Saint Albans       | NY          | 5     | 00:31:02.25     | 02:35:11.28 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:47.16      | 10:13 | 146               | 00:30:40.16 | 9:52  | 135                | 00:30:33.04 | 9:49  | 127             | 00:30:48.47 | 9:54  | 126 |
|       | <b>Lap 5 to 8</b>   | 00:31:22.45      | 10:05 | 124               |             |       |                    |             |       |                 |             |       |     |
| 134   | 44/78               | 9/11             | 300   | Karin Lee         | F           | 39    | Manhasset          | NY          | 5     | 00:31:10.71     | 02:35:53.58 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:29:29.67      | 9:29  | 128               | 00:29:37.38 | 9:32  | 124                | 00:30:45.29 | 9:53  | 129             | 00:31:59.22 | 10:17 | 134 |
|       | <b>Lap 5 to 8</b>   | 00:34:02.00      | 10:57 | 136               |             |       |                    |             |       |                 |             |       |     |
| 135   | 91/105              | 4/4              | 224   | Jay Cohen         | M           | 66    | Dix Hills          | NY          | 5     | 00:31:51.72     | 02:39:18.59 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:30:51.23      | 9:55  | 138               | 00:31:56.62 | 10:16 | 143                | 00:32:19.05 | 10:24 | 144             | 00:32:31.35 | 10:28 | 136 |
|       | <b>Lap 5 to 8</b>   | 00:31:40.33      | 10:11 | 126               |             |       |                    |             |       |                 |             |       |     |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.   | Name                     | S           | Age   | City               | St.         | Laps  | Ave Lap<br>Time | Time        |       |     |
|-------|---------------------|------------------|-------|--------------------------|-------------|-------|--------------------|-------------|-------|-----------------|-------------|-------|-----|
| 136   | 92/105              | 20/21            | 229   | Brian Currie             | M           | 52    | Manhasset          | NY          | 5     | 00:31:57.69     | 02:39:48.45 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:30:36.21      | 9:50  | 137                      | 00:30:37.31 | 9:51  | 133                | 00:31:55.34 | 10:16 | 138             | 00:33:42.63 | 10:50 | 143 |
|       | <b>Lap 5 to 8</b>   | 00:32:56.95      | 10:36 | 133                      |             |       |                    |             |       |                 |             |       |     |
| 137   | 45/78               | 3/4              | 380   | Lisa Sala                | F           | 22    | Massapequa Park    | NY          | 5     | 00:32:12.50     | 02:41:02.50 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:25.16      | 10:06 | 143                      | 00:32:07.75 | 10:20 | 147                | 00:32:17.67 | 10:23 | 143             | 00:32:53.42 | 10:35 | 137 |
|       | <b>Lap 5 to 8</b>   | 00:32:18.50      | 10:23 | 129                      |             |       |                    |             |       |                 |             |       |     |
| 138   | 93/105              | 2/4              | 260   | David Frisone            | M           | 72    | New Hyde Park      | NY          | 5     | 00:32:16.92     | 02:41:24.61 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:30:03.17      | 9:40  | 132                      | 00:32:12.45 | 10:21 | 148                | 00:32:42.79 | 10:31 | 146             | 00:33:16.98 | 10:42 | 139 |
|       | <b>Lap 5 to 8</b>   | 00:33:09.22      | 10:40 | 135                      |             |       |                    |             |       |                 |             |       |     |
| 139   | 46/78               | 8/18             | 252   | Teresa Farrugia          | F           | 45    | Massapequa Park    | NY          | 5     | 00:32:23.09     | 02:41:55.47 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:17.84      | 10:04 | 141                      | 00:32:00.84 | 10:18 | 144                | 00:32:43.48 | 10:31 | 147             | 00:32:54.84 | 10:35 | 138 |
|       | <b>Lap 5 to 8</b>   | 00:32:58.47      | 10:36 | 134                      |             |       |                    |             |       |                 |             |       |     |
| 140   | 47/78               | 9/18             | 342   | Dominique Saint-Joy-Hill | F           | 46    | Franklin Square    | NY          | 5     | 00:32:57.72     | 02:44:48.60 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:32:07.45      | 10:20 | 147                      | 00:31:07.77 | 10:01 | 139                | 00:31:54.35 | 10:16 | 137             | 00:34:05.07 | 10:58 | 146 |
|       | <b>Lap 5 to 8</b>   | 00:35:33.96      | 11:26 | 145                      |             |       |                    |             |       |                 |             |       |     |
| 141   | 48/78               | 1/1              | 280   | Mei Li Johnson           | F           | 14    | Port Jefferson Sta | MA          | 5     | 00:33:09.01     | 02:45:45.06 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:07.90      | 10:39 | 156                      | 00:32:05.87 | 10:19 | 145                | 00:32:11.15 | 10:21 | 140             | 00:33:23.34 | 10:44 | 140 |
|       | <b>Lap 5 to 8</b>   | 00:34:56.80      | 11:14 | 141                      |             |       |                    |             |       |                 |             |       |     |
| 142   | 94/105              | 5/6              | 281   | Paul Johnson             | M           | 64    | Port Jefferson Sta | NY          | 5     | 00:33:09.01     | 02:45:45.06 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:07.49      | 10:39 | 155                      | 00:32:06.68 | 10:20 | 146                | 00:32:13.64 | 10:22 | 141             | 00:33:23.63 | 10:44 | 141 |
|       | <b>Lap 5 to 8</b>   | 00:34:53.63      | 11:13 | 140                      |             |       |                    |             |       |                 |             |       |     |
| 143   | 49/78               | 10/18            | 291   | Constance Korol          | F           | 47    | Huntington Stator  | NY          | 5     | 00:33:23.38     | 02:46:56.89 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:32:34.65      | 10:29 | 152                      | 00:32:42.97 | 10:31 | 150                | 00:32:14.80 | 10:22 | 142             | 00:33:36.06 | 10:48 | 142 |
|       | <b>Lap 5 to 8</b>   | 00:35:48.41      | 11:31 | 146                      |             |       |                    |             |       |                 |             |       |     |
| 144   | 50/78               | 1/3              | 365   | Nancy Wagner-Wetzel      | F           | 66    | Staten Island      | NY          | 5     | 00:33:25.07     | 02:47:05.36 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:32:33.48      | 10:28 | 151                      | 00:32:50.62 | 10:34 | 152                | 00:33:13.56 | 10:41 | 149             | 00:34:05.00 | 10:58 | 145 |
|       | <b>Lap 5 to 8</b>   | 00:34:22.70      | 11:03 | 139                      |             |       |                    |             |       |                 |             |       |     |
| 145   | 51/78               | 6/8              | 330   | Monica Patino            | F           | 40    | Middle Village     | NY          | 5     | 00:33:49.27     | 02:49:06.34 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:08.71      | 10:40 | 157                      | 00:31:27.32 | 10:07 | 141                | 00:32:58.06 | 10:36 | 148             | 00:34:07.68 | 10:59 | 147 |
|       | <b>Lap 5 to 8</b>   | 00:37:24.57      | 12:02 | 149                      |             |       |                    |             |       |                 |             |       |     |
| 146   | 52/78               | 2/3              | 374   | Gloria Withus            | F           | 67    | Brentwood          | NY          | 5     | 00:33:53.04     | 02:49:25.20 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:41.36      | 10:50 | 162                      | 00:33:29.10 | 10:46 | 155                | 00:33:53.57 | 10:54 | 150             | 00:34:14.46 | 11:01 | 148 |
|       | <b>Lap 5 to 8</b>   | 00:34:06.70      | 10:58 | 137                      |             |       |                    |             |       |                 |             |       |     |
| 147   | 53/78               | 11/18            | 239   | Wendy Disilvestro        | F           | 49    | East Northport     | NY          | 5     | 00:33:54.41     | 02:49:32.08 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:14.58      | 10:03 | 140                      | 00:32:15.91 | 10:23 | 149                | 00:34:07.24 | 10:58 | 152             | 00:33:56.12 | 10:55 | 144 |
|       | <b>Lap 5 to 8</b>   | 00:37:58.22      | 12:13 | 151                      |             |       |                    |             |       |                 |             |       |     |
| 148   | 95/105              | 8/9              | 219   | Sean Chick               | M           | 42    | Yonkers            | NY          | 5     | 00:34:01.02     | 02:50:05.12 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:27:36.82      | 8:53  | 105                      | 00:29:41.57 | 9:33  | 126                | 00:30:40.71 | 9:52  | 128             | 00:35:49.33 | 11:31 | 152 |
|       | <b>Lap 5 to 8</b>   | 00:46:16.69      | 14:53 | 175                      |             |       |                    |             |       |                 |             |       |     |
| 149   | 54/78               | 7/8              | 318   | Christina Mueller        | F           | 41    | Jersey City        | NJ          | 5     | 00:34:30.37     | 02:52:31.87 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:29:35.47      | 9:31  | 129                      | 00:31:52.07 | 10:15 | 142                | 00:37:04.32 | 11:55 | 170             | 00:34:41.05 | 11:09 | 149 |
|       | <b>Lap 5 to 8</b>   | 00:39:18.95      | 12:39 | 158                      |             |       |                    |             |       |                 |             |       |     |
| 150   | 55/78               | 4/4              | 255   | Allison Fichtelberg      | F           | 26    | Hicksville         | NY          | 5     | 00:34:49.20     | 02:54:06.02 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:36.10      | 10:48 | 158                      | 00:33:32.78 | 10:47 | 156                | 00:33:54.74 | 10:54 | 151             | 00:36:08.90 | 11:38 | 153 |
|       | <b>Lap 5 to 8</b>   | 00:36:53.50      | 11:52 | 148                      |             |       |                    |             |       |                 |             |       |     |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.   | Name             | S           | Age   | City              | St.         | Laps  | Ave Lap<br>Time | Time        |       |     |
|-------|---------------------|------------------|-------|------------------|-------------|-------|-------------------|-------------|-------|-----------------|-------------|-------|-----|
| 151   | 56/78               | 12/18            | 341   | Sam Ryan         | F           | 49    | Smithtown         | NY          | 5     | 00:35:09.41     | 02:55:47.08 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:35:35.77      | 11:27 | 169              | 00:35:02.32 | 11:16 | 165               | 00:34:30.42 | 11:06 | 154             | 00:35:23.78 | 11:23 | 150 |
|       | <b>Lap 5 to 8</b>   | 00:35:14.79      | 11:20 | 144              |             |       |                   |             |       |                 |             |       |     |
| 152   | 57/78               | 13/18            | 305   | Robyn Lionetti   | F           | 49    | Smithtown         | NY          | 5     | 00:35:09.78     | 02:55:48.91 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:35:32.49      | 11:26 | 168              | 00:35:07.35 | 11:18 | 166               | 00:34:28.89 | 11:05 | 153             | 00:35:27.31 | 11:24 | 151 |
|       | <b>Lap 5 to 8</b>   | 00:35:12.88      | 11:20 | 143              |             |       |                   |             |       |                 |             |       |     |
| 153   | 96/105              | 6/6              | 234   | Drew Demasters   | M           | 63    | Westbury          | NY          | 5     | 00:35:24.59     | 02:57:02.98 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:41.90      | 10:12 | 145              | 00:32:48.64 | 10:33 | 151               | 00:35:54.11 | 11:33 | 159             | 00:37:26.02 | 12:02 | 160 |
|       | <b>Lap 5 to 8</b>   | 00:39:12.30      | 12:37 | 156              |             |       |                   |             |       |                 |             |       |     |
| 154   | 97/105              | 8/8              | 276   | Sean Hollett     | M           | 35    | Long Beach        | NY          | 5     | 00:35:25.12     | 02:57:05.62 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:32:30.99      | 10:27 | 150              | 00:32:50.71 | 10:34 | 153               | 00:35:09.65 | 11:18 | 156             | 00:37:40.61 | 12:07 | 161 |
|       | <b>Lap 5 to 8</b>   | 00:38:53.66      | 12:31 | 154              |             |       |                   |             |       |                 |             |       |     |
| 155   | 98/105              | 17/18            | 376   | Joseph Zimmerman | M           | 47    | New York          | NY          | 5     | 00:35:38.06     | 02:58:10.33 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:59.99      | 10:56 | 165              | 00:34:48.46 | 11:12 | 162               | 00:36:00.98 | 11:35 | 161             | 00:36:31.84 | 11:45 | 155 |
|       | <b>Lap 5 to 8</b>   | 00:36:49.06      | 11:50 | 147              |             |       |                   |             |       |                 |             |       |     |
| 156   | 99/105              | 21/21            | 294   | Roberto Labrador | M           | 50    | New York          | NY          | 5     | 00:35:41.43     | 02:58:27.14 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:32:11.98      | 10:21 | 148              | 00:33:43.04 | 10:51 | 158               | 00:36:57.96 | 11:53 | 168             | 00:36:18.00 | 11:40 | 154 |
|       | <b>Lap 5 to 8</b>   | 00:39:16.16      | 12:38 | 157              |             |       |                   |             |       |                 |             |       |     |
| 157   | 58/78               | 10/11            | 387   | Alicia Palladino | F           | 35    | Bellport          | NY          | 5     | 00:35:46.51     | 02:58:52.57 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:26:42.22      | 8:35  | 90               | 00:27:19.27 | 8:47  | 92                | 00:32:04.40 | 10:19 | 139             | 00:38:59.11 | 12:32 | 169 |
|       | <b>Lap 5 to 8</b>   | 00:53:47.58      | 17:18 | 181              |             |       |                   |             |       |                 |             |       |     |
| 158   | 59/78               | 5/7              | 309   | Lisa Markowitz   | F           | 57    | Saint James       | NY          | 5     | 00:35:54.87     | 02:59:34.38 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:21.90      | 10:05 | 142              | 00:33:25.42 | 10:45 | 154               | 00:35:59.22 | 11:34 | 160             | 00:38:30.23 | 12:23 | 165 |
|       | <b>Lap 5 to 8</b>   | 00:40:17.60      | 12:58 | 161              |             |       |                   |             |       |                 |             |       |     |
| 159   | 60/78               | 14/18            | 314   | Missy Mele       | F           | 49    | West Hempstead    | NY          | 5     | 00:36:08.53     | 03:00:42.65 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:48.69      | 10:52 | 163              | 00:33:59.10 | 10:56 | 159               | 00:35:26.10 | 11:24 | 158             | 00:37:00.59 | 11:54 | 158 |
|       | <b>Lap 5 to 8</b>   | 00:40:28.16      | 13:01 | 163              |             |       |                   |             |       |                 |             |       |     |
| 160   | 100/105             | 9/9              | 264   | Paul Ginocchio   | M           | 41    | Lynbrook          | NY          | 5     | 00:36:12.48     | 03:01:02.40 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:32:17.80      | 10:23 | 149              | 00:33:42.91 | 10:51 | 157               | 00:36:10.49 | 11:38 | 164             | 00:38:12.00 | 12:17 | 164 |
|       | <b>Lap 5 to 8</b>   | 00:40:39.20      | 13:05 | 164              |             |       |                   |             |       |                 |             |       |     |
| 161   | 61/78               | 6/7              | 257   | Sue Fitzpatrick  | F           | 57    | Dix Hills         | NY          | 5     | 00:36:30.51     | 03:02:32.57 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:38.49      | 10:49 | 160              | 00:35:10.35 | 11:19 | 167               | 00:36:01.84 | 11:35 | 162             | 00:37:56.31 | 12:12 | 163 |
|       | <b>Lap 5 to 8</b>   | 00:39:45.58      | 12:47 | 159              |             |       |                   |             |       |                 |             |       |     |
| 162   | 62/78               | 7/7              | 328   | Susan Padovano   | F           | 59    | Bay Shore         | NY          | 5     | 00:36:35.38     | 03:02:56.90 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:34:48.53      | 11:12 | 166              | 00:38:26.82 | 12:22 | 176               | 00:35:22.35 | 11:23 | 157             | 00:36:37.17 | 11:47 | 156 |
|       | <b>Lap 5 to 8</b>   | 00:37:42.04      | 12:08 | 150              |             |       |                   |             |       |                 |             |       |     |
| 163   | 63/78               | 15/18            | 286   | Jennifer Kimpel  | F           | 47    | Sayville          | NY          | 5     | 00:36:44.43     | 03:03:42.15 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:38:09.91      | 12:17 | 176              | 00:34:56.43 | 11:14 | 164               | 00:35:01.10 | 11:16 | 155             | 00:36:38.60 | 11:47 | 157 |
|       | <b>Lap 5 to 8</b>   | 00:38:56.10      | 12:31 | 155              |             |       |                   |             |       |                 |             |       |     |
| 164   | 101/105             | 16/16            | 292   | Michael Korol    | M           | 59    | Huntington Stator | NY          | 5     | 00:37:06.07     | 03:05:30.34 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:36:11.24      | 11:38 | 173              | 00:36:29.58 | 11:44 | 169               | 00:36:27.62 | 11:44 | 166             | 00:37:46.60 | 12:09 | 162 |
|       | <b>Lap 5 to 8</b>   | 00:38:35.28      | 12:25 | 152              |             |       |                   |             |       |                 |             |       |     |
| 165   | 64/78               | 3/5              | 287   | Jane Kinsella    | F           | 61    | Hauppauge         | NY          | 5     | 00:37:16.53     | 03:06:22.66 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:01.22      | 10:37 | 154              | 00:35:21.68 | 11:22 | 168               | 00:36:30.53 | 11:45 | 167             | 00:38:43.36 | 12:27 | 168 |
|       | <b>Lap 5 to 8</b>   | 00:42:45.87      | 13:45 | 169              |             |       |                   |             |       |                 |             |       |     |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.   | Name               | S           | Age   | City              | St.         | Laps  | Ave Lap<br>Time | Time        |       |     |
|-------|---------------------|------------------|-------|--------------------|-------------|-------|-------------------|-------------|-------|-----------------|-------------|-------|-----|
| 166   | 65/78               | 11/11            | 389   | Andreea Gray       | F           | 38    | Valley Stream     | NY          | 5     | 00:37:27.42     | 03:07:17.10 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:38:53.77      | 12:31 | 179                | 00:34:48.58 | 11:12 | 163               | 00:36:09.30 | 11:38 | 163             | 00:37:25.39 | 12:02 | 159 |
|       | <b>Lap 5 to 8</b>   | 00:40:00.07      | 12:52 | 160                |             |       |                   |             |       |                 |             |       |     |
| 167   | 66/78               | 16/18            | 329   | Carolyn Paidoussis | F           | 47    | West Islip        | NY          | 5     | 00:37:32.37     | 03:07:41.86 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:38.94      | 10:49 | 161                | 00:34:14.90 | 11:01 | 160               | 00:37:44.70 | 12:08 | 171             | 00:39:53.80 | 12:50 | 171 |
|       | <b>Lap 5 to 8</b>   | 00:42:09.53      | 13:34 | 168                |             |       |                   |             |       |                 |             |       |     |
| 168   | 67/78               | 4/5              | 378   | Leigh Rizzo        | F           | 32    | Lloyd Harbor      | NY          | 5     | 00:37:46.57     | 03:08:52.87 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:34:51.96      | 11:13 | 167                | 00:36:51.05 | 11:51 | 171               | 00:37:02.83 | 11:55 | 169             | 00:39:07.13 | 12:35 | 170 |
|       | <b>Lap 5 to 8</b>   | 00:40:59.90      | 13:11 | 165                |             |       |                   |             |       |                 |             |       |     |
| 169   | 102/105             | 3/4              | 343   | Joseph Salow       | M           | 71    | Bellerose         | NY          | 5     | 00:37:48.27     | 03:09:01.37 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:35:41.24      | 11:29 | 171                | 00:36:43.36 | 11:49 | 170               | 00:36:20.44 | 11:41 | 165             | 00:38:37.02 | 12:25 | 167 |
|       | <b>Lap 5 to 8</b>   | 00:41:39.31      | 13:24 | 167                |             |       |                   |             |       |                 |             |       |     |
| 170   | 68/78               | 4/5              | 242   | Fran Dowling       | F           | 64    | Baldwin           | NY          | 5     | 00:38:24.48     | 03:12:02.42 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:37.11      | 10:49 | 159                | 00:34:42.55 | 11:10 | 161               | 00:37:46.30 | 12:09 | 172             | 00:41:44.95 | 13:26 | 173 |
|       | <b>Lap 5 to 8</b>   | 00:44:11.51      | 14:13 | 171                |             |       |                   |             |       |                 |             |       |     |
| 171   | 69/78               | 5/5              | 404   | Stephany Evans     | F           | 60    | Bronx             | NY          | 5     | 00:39:12.78     | 03:16:03.91 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:41:22.48      | 13:18 | 181                | 00:40:32.27 | 13:02 | 177               | 00:39:51.98 | 12:49 | 176             | 00:39:55.92 | 12:51 | 172 |
|       | <b>Lap 5 to 8</b>   | 00:34:21.26      | 11:03 | 138                |             |       |                   |             |       |                 |             |       |     |
| 172   | 70/78               | 9/10             | 337   | Frederica Ramjeet  | F           | 52    | Huntington        | NY          | 5     | 00:40:08.64     | 03:20:43.20 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:36:17.18      | 11:40 | 174                | 00:38:24.92 | 12:21 | 175               | 00:40:47.03 | 13:07 | 179             | 00:42:05.16 | 13:32 | 175 |
|       | <b>Lap 5 to 8</b>   | 00:43:08.91      | 13:53 | 170                |             |       |                   |             |       |                 |             |       |     |
| 173   | 71/78               | 5/5              | 250   | Kathleen Evers     | F           | 33    | Huntington Stator | NY          | 5     | 00:40:19.89     | 03:21:39.48 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:36:03.74      | 11:36 | 172                | 00:37:37.36 | 12:06 | 172               | 00:40:37.65 | 13:04 | 178             | 00:42:39.84 | 13:43 | 176 |
|       | <b>Lap 5 to 8</b>   | 00:44:40.90      | 14:22 | 173                |             |       |                   |             |       |                 |             |       |     |
| 174   | 72/78               | 17/18            | 325   | Jackie Olmsted     | F           | 48    | Massapequa        | NY          | 5     | 00:40:26.96     | 03:22:14.79 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:38:33.71      | 12:24 | 178                | 00:41:42.26 | 13:25 | 179               | 00:38:38.65 | 12:26 | 173             | 00:38:30.75 | 12:23 | 166 |
|       | <b>Lap 5 to 8</b>   | 00:44:49.42      | 14:25 | 174                |             |       |                   |             |       |                 |             |       |     |
| 175   | 103/105             | 18/18            | 347   | Robert Shimonski   | M           | 45    | Plainview         | NY          | 5     | 00:40:28.66     | 03:22:23.30 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:33:50.93      | 10:53 | 164                | 00:43:57.93 | 14:09 | 184               | 00:42:23.07 | 13:38 | 180             | 00:41:53.46 | 13:28 | 174 |
|       | <b>Lap 5 to 8</b>   | 00:40:17.91      | 12:58 | 162                |             |       |                   |             |       |                 |             |       |     |
| 176   | 73/78               | 18/18            | 313   | Rebecca Mcdonald   | F           | 49    | Nesconset         | NY          | 5     | 00:41:22.31     | 03:26:51.55 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:38:33.30      | 12:24 | 177                | 00:41:43.07 | 13:25 | 180               | 00:38:39.06 | 12:26 | 174             | 00:43:35.51 | 14:01 | 178 |
|       | <b>Lap 5 to 8</b>   | 00:44:20.61      | 14:16 | 172                |             |       |                   |             |       |                 |             |       |     |
| 177   | 74/78               | 4/4              | 298   | Eloisa Leal        | F           | 24    | Brentwood         | NY          | 5     | 00:44:24.65     | 03:42:03.26 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:42:54.17      | 13:48 | 186                | 00:42:30.16 | 13:40 | 182               | 00:43:47.17 | 14:05 | 181             | 00:44:50.46 | 14:25 | 179 |
|       | <b>Lap 5 to 8</b>   | 00:48:01.29      | 15:27 | 178                |             |       |                   |             |       |                 |             |       |     |
| 178   | 75/78               | 8/8              | 299   | Norma Leal         | F           | 42    | Brentwood         | NY          | 5     | 00:44:26.28     | 03:42:11.41 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:42:23.51      | 13:38 | 184                | 00:46:39.88 | 15:01 | 186               | 00:39:37.57 | 12:45 | 175             | 00:45:32.91 | 14:39 | 180 |
|       | <b>Lap 5 to 8</b>   | 00:47:57.54      | 15:26 | 177                |             |       |                   |             |       |                 |             |       |     |
| 179   | 76/78               | 10/10            | 241   | Leslie Dolan       | F           | 53    | Islip Terrace     | NY          | 5     | 00:44:36.35     | 03:43:01.74 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:40:49.64      | 13:08 | 180                | 00:37:51.48 | 12:11 | 173               | 00:47:09.13 | 15:10 | 184             | 00:49:38.95 | 15:58 | 182 |
|       | <b>Lap 5 to 8</b>   | 00:47:32.54      | 15:18 | 176                |             |       |                   |             |       |                 |             |       |     |
| 180   | 77/78               | 3/3              | 217   | Gladys Campoverde  | F           | 67    | Valley Stream     | NY          | 5     | 00:45:21.96     | 03:46:49.82 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:41:23.07      | 13:19 | 182                | 00:41:01.30 | 13:12 | 178               | 00:45:39.63 | 14:41 | 182             | 00:46:09.32 | 14:51 | 181 |
|       | <b>Lap 5 to 8</b>   | 00:52:36.51      | 16:55 | 179                |             |       |                   |             |       |                 |             |       |     |

# Caumsett Park 50K Championship and GLIRC 25K Run

## 25K

Lap legend: (time, pace & place)

### Overall Results

March 4, 2018

| Place | Gender<br>Plc/Total | Div<br>Plc/Total | No.   | Name               | S           | Age   | City          | St.         | Laps  | Ave Lap<br>Time | Time        |       |     |
|-------|---------------------|------------------|-------|--------------------|-------------|-------|---------------|-------------|-------|-----------------|-------------|-------|-----|
| 181   | 104/105             | 4/4              | 251   | Peter Farmer       | M           | 74    | East Meadow   | NY          | 5     | 00:47:17.58     | 03:56:27.90 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:42:44.01      | 13:45 | 185                | 00:43:15.12 | 13:55 | 183           | 00:47:24.53 | 15:15 | 185             | 00:50:26.02 | 16:13 | 183 |
|       | <b>Lap 5 to 8</b>   | 00:52:38.22      | 16:56 | 180                |             |       |               |             |       |                 |             |       |     |
| 182   | 78/78               | 1/1              | 205   | Sherry Bellovin    | F           | 71    | N. Massapequa | NY          | 5     | 00:55:50.59     | 04:39:12.96 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:51:29.79      | 16:34 | 188                | 00:54:41.61 | 17:36 | 188           | 00:55:26.38 | 17:50 | 188             | 00:59:24.05 | 19:07 | 184 |
|       | <b>Lap 5 to 8</b>   | 00:58:11.14      | 18:43 | 182                |             |       |               |             |       |                 |             |       |     |
| 183   | 105/105             | 1/1              | 202   | Barry Aronowsky    | M           | 77    | Greenlawn     | NY          | 5     | 01:10:21.21     | 05:51:46.06 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:57:59.55      | 18:39 | 190                | 01:03:23.43 | 20:24 | 189           | 01:05:00.52 | 20:55 | 190             | 01:13:55.91 | 23:47 | 185 |
|       | <b>Lap 5 to 8</b>   | 01:31:26.64      | 29:25 | 183                |             |       |               |             |       |                 |             |       |     |
|       |                     |                  | 204   | Richard Barkan     | M           | 53    | Long Beach    | NY          | 4     | 00:32:32.10     | 02:10:08.40 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:31:52.66      | 10:15 |                    | 00:31:27.44 | 10:07 |               | 00:31:37.71 | 10:10 |                 | 00:35:10.60 | 11:19 |     |
|       | <b>Lap 5 to 8</b>   |                  |       |                    |             |       |               |             |       |                 |             |       |     |
|       |                     |                  | 335   | Kathryn Quaranto   | F           | 62    | Levittown     | NY          | 3     | 00:52:22.03     | 02:37:06.10 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:49:53.52      | 16:03 | 187                | 00:52:13.37 | 16:48 | 187           | 00:54:59.21 | 17:41 | 187             |             |       |     |
|       | <b>Lap 5 to 8</b>   |                  |       |                    |             |       |               |             |       |                 |             |       |     |
|       |                     |                  | 349   | Linda Simon        | F           | 64    | Jericho       | NY          | 3     | 00:44:26.39     | 02:13:19.19 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:41:25.91      | 13:20 | 183                | 00:44:05.22 | 14:11 | 185           | 00:47:48.06 | 15:23 | 186             |             |       |     |
|       | <b>Lap 5 to 8</b>   |                  |       |                    |             |       |               |             |       |                 |             |       |     |
|       |                     |                  | 282   | Bill Kaiser        | M           | 64    | Westbury      | NY          | 4     | 00:39:03.08     | 02:36:12.33 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:35:37.80      | 11:28 | 170                | 00:37:57.04 | 12:12 | 174           | 00:39:52.34 | 12:49 | 177             | 00:42:45.15 | 13:45 | 177 |
|       | <b>Lap 5 to 8</b>   |                  |       |                    |             |       |               |             |       |                 |             |       |     |
|       |                     |                  | 228   | Sue Corrie Del-Cid | F           | 57    | New Hyde Park | NY          | 4     | 00:42:22.36     | 02:49:29.45 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:32:50.24      | 10:34 | 153                | 00:31:09.83 | 10:01 | 140           | 00:31:30.09 | 10:08 | 134             | 01:13:59.29 | 23:48 | 186 |
|       | <b>Lap 5 to 8</b>   |                  |       |                    |             |       |               |             |       |                 |             |       |     |
|       |                     |                  | 384   | Vincent Del Cid    | M           | 61    | New Hyde Park | NY          | 4     | 00:42:19.26     | 02:49:17.04 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:38:06.45      | 12:15 | 175                | 00:41:53.07 | 13:28 | 181           | 01:00:14.96 | 19:23 | 189             | 00:29:02.55 | 9:20  | 106 |
|       | <b>Lap 5 to 8</b>   |                  |       |                    |             |       |               |             |       |                 |             |       |     |
|       |                     |                  | 381   | Richard Holden     | M           | 50    | Northport     | NY          | 3     | 00:27:29.27     | 01:22:27.83 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:26:50.97      | 8:38  | 92                 | 00:27:12.33 | 8:45  | 89            | 00:28:24.53 | 9:08  | 112             |             |       |     |
|       | <b>Lap 5 to 8</b>   |                  |       |                    |             |       |               |             |       |                 |             |       |     |
|       |                     |                  | 390   | Paul Seltzer       | M           | 65    | Dix Hills     | NY          | 3     | 00:55:49.24     | 02:47:27.73 |       |     |
|       | <b>Lap 1 to 4</b>   | 00:57:49.81      | 18:36 | 189                | 01:03:35.61 | 20:28 | 190           | 00:46:02.31 | 14:49 | 183             |             |       |     |
|       | <b>Lap 5 to 8</b>   |                  |       |                    |             |       |               |             |       |                 |             |       |     |