

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	25/1298	1/793	929	Katie Hoffert	24	F	Cedar Rapids	IA	6:32	00:20:23.47	00:20:18.52
2	31/1298	2/793	354	Jodee Ross	36	F	Cedar Rapids	IA	6:38	00:20:41.57	00:20:38.43
3	36/1298	3/793	105	Sally Wiley	36	F	Cedar Rapids	IA	6:41	00:20:49.65	00:20:46.30

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	1/1298	1/505	2011	Lukas Engledow	16	M	Cedar Rapids	IA	5:37	00:17:30.77	00:17:29.10
2	2/1298	2/505	99	Matthew Neukirch	37	M	Iowa City	IA	5:39	00:17:37.71	00:17:36.22
3	3/1298	3/505	1841	Jomar Rosado	21	M	Cedar Rapids	IA	5:42	00:17:46.61	00:17:44.51

Female Ages 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	55/1298	6/793	587	Gracie Federspiel	13	F	Iowa City	IA	6:55	00:21:33.69	00:21:30.55
2	69/1298	9/793	533	Makenna Hetrick	13	F	Cedar Rapids	IA	7:10	00:22:25.64	00:22:19.03
3	71/1298	10/793	1010	Emma Wilkerson	13	F	Center Point	IA	7:12	00:22:24.90	00:22:23.11
4	81/1298	13/793	1057	Katya Kleman	16	F	Cedar Rapids	IA	7:18	00:22:54.74	00:22:42.38
5	104/1298	20/793	720	Katelyn Eilders	17	F	Cedar Rapids	IA	7:37	00:23:54.57	00:23:41.17
6	114/1298	24/793	676	Kenzie Redmond	19	F	Marion	IA	7:43	00:24:15.12	00:23:58.66
7	120/1298	26/793	457	Madison Prier	15	F	Marion	IA	7:46	00:24:17.33	00:24:09.87
8	153/1298	33/793	1888	Jasmine Wieland	12	F	Independence	IA	8:02	00:25:00.04	00:24:58.11
9	170/1298	42/793	1880	Emily Weis	18	F	Cedar Rapids	IA	8:07	00:25:15.89	00:25:13.78
10	176/1298	46/793	763	Sid Mccrea	18	F	Cedar Rapids	IA	8:09	00:25:24.20	00:25:21.25
11	182/1298	49/793	1854	Samantha Squires	19	F	Cedar Rapids	IA	8:13	00:26:01.32	00:25:32.79
12	197/1298	54/793	1808	Emily Patten	13	F	Mount Vernon	IA	8:21	00:26:06.35	00:25:56.66
13	211/1298	60/793	771	Lizzie Kilburg	14	F	Ryan	IA	8:25	00:27:09.16	00:26:11.82
14	214/1298	61/793	891	Olena Shevchenko	17	F	Adel	IA	8:26	00:26:30.60	00:26:14.90
15	222/1298	66/793	1431	Calista Haasl	18	F	Solon	IA	8:30	00:27:27.56	00:26:25.39
16	238/1298	74/793	1186	Elizabeth Barns	14	F	Marion	IA	8:36	00:27:08.42	00:26:46.23
17	271/1298	91/793	809	Taylor Cernin	14	F	Bettendorf	IA	8:45	00:27:40.53	00:27:13.24
18	276/1298	96/793	926	Ava Van Berkum	13	F	Cedar Rapids	IA	8:46	00:27:26.32	00:27:16.39
19	300/1298	108/793	1196	Karsyn Welcher	16	F	Hiawatha	IA	8:53	00:28:47.37	00:27:38.49
20	317/1298	117/793	429	Willa Bowman	12	F	Robins	IA	9:01	00:28:07.82	00:28:02.86
21	321/1298	119/793	1827	Allison Post	17	F	Marion	IA	9:01	00:28:17.17	00:28:03.04
22	327/1298	122/793	1862	Allison Talyat	16	F	Cedar Rapids	IA	9:04	00:28:46.42	00:28:10.31
23	330/1298	124/793	776	Meghan Wheatley	13	F	Coggon	IA	9:05	00:29:03.02	00:28:14.15
24	356/1298	140/793	1386	Katie Evans	13	F	North Liberty	IA	9:11	00:29:00.59	00:28:34.38
25	357/1298	141/793	1383	Avery Evans	11	F	North Liberty	IA	9:11	00:29:00.17	00:28:34.96
26	385/1298	155/793	2012	Jaymeson Westphal	16	F	Ely	IA	9:20	00:29:15.42	00:29:00.50
27	406/1298	170/793	1807	Abigail Patten	18	F	Mount Vernon	IA	9:25	00:29:26.85	00:29:17.36
28	422/1298	179/793	938	Taylor Lee	15	F	Cedar Rapids	IA	9:30	00:29:53.67	00:29:31.72
29	432/1298	184/793	114	Triniti Etzel	15	F	Marion	IA	9:33	00:29:54.28	00:29:40.70
30	441/1298	189/793	906	Addison Seamans	9	F	Solon	IA	9:34	00:30:35.86	00:29:44.72
31	465/1298	200/793	1542	Ella Cunningham	13	F	Cedar Rapids	IA	9:43	00:30:37.09	00:30:12.02
32	466/1298	201/793	2181	Ava Dufoe	13	F	Swisher	IA	9:43	00:30:37.09	00:30:12.03
33	467/1298	202/793	23	Bridget Canton	13	F	Ely	IA	9:43	00:30:37.09	00:30:12.24
34	469/1298	203/793	1997	Zoey Skriver	14	F	Swisher	IA	9:43	00:30:37.28	00:30:12.81
35	470/1298	204/793	578	Allison Kirpes	1	F	Cedar Rapids	IA	9:44	00:31:22.04	00:30:16.03

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Overall Division Results

Female Ages 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
36	478/1298	211/793	1004	Elizabeth Schmitt	16	F	Marion	IA	9:46	00:31:06.37	00:30:23.46
37	479/1298	212/793	1003	Bridget Schmitt	19	F	Marion	IA	9:46	00:31:06.37	00:30:23.68
38	501/1298	222/793	241	Emmerson Middlekauff	11	F	Cedar Rapids	IA	9:51	00:31:32.09	00:30:37.92
39	513/1298	230/793	1151	Olivia Calvin	19	F	Cedar Rapids	IA	9:55	00:31:30.43	00:30:48.71
40	515/1298	232/793	1149	Clare Bossert	19	F	Cedar Rapids	IA	9:55	00:31:31.04	00:30:49.33
41	536/1298	247/793	1979	Reanna Wanatee	16	F	Tama	IA	9:58	00:31:27.63	00:30:59.74
42	591/1298	286/793	903	Hannah Wilkerson	13	F	Amana	IA	10:16	00:32:31.37	00:31:55.67
43	621/1298	303/793	774	Cady Sutcliffe	14	F	Walker	IA	10:24	00:33:19.35	00:32:20.78
44	632/1298	312/793	151	Sami Meier	16	F	Cuba City	WI	10:30	00:33:25.19	00:32:39.21
45	634/1298	314/793	1801	Ally Olmstead	13	F	Alburnett	IA	10:32	00:33:32.20	00:32:46.01
46	656/1298	330/793	1131	Gemma Younadam	11	F	Cedar Rapids	IA	10:38	00:33:21.13	00:33:04.67
47	661/1298	333/793	1957	Bridget Paur	19	F	Delavan	WI	10:39	00:33:48.18	00:33:06.47
48	665/1298	336/793	8	Gracie Laban	9	F	Davenport	IA	10:40	00:34:09.42	00:33:09.21
49	702/1298	360/793	1116	Morgan Levelle	19	F	Walker	IA	10:53	00:34:53.02	00:33:49.33
50	713/1298	370/793	1984	Emmie Buse	17	F	Marion	IA	10:58	00:34:42.19	00:34:05.18
51	714/1298	371/793	1930	Lauren Fruehling	18	F	Cedar Rapids	IA	10:58	00:34:42.39	00:34:05.41
52	722/1298	378/793	1043	Kendra Rechkemmer	12	F	Oelwein	IA	10:59	00:34:31.02	00:34:08.85
53	728/1298	381/793	1023	Alaina Rober	19	F	Iowa City	IA	11:00	00:35:27.70	00:34:13.29
54	741/1298	389/793	1055	Ellen Houtz	17	F	Cedar Rapids	IA	11:05	00:34:40.35	00:34:27.16
55	742/1298	390/793	1054	Johanna Hayes	17	F	Cedar Rapids	IA	11:05	00:34:42.19	00:34:27.78
56	743/1298	391/793	1053	Allison Hayes	15	F	Cedar Rapids	IA	11:05	00:34:41.18	00:34:28.02
57	748/1298	396/793	1051	Grace Fox	15	F	Cedar Rapids	IA	11:05	00:34:42.79	00:34:29.02
58	765/1298	407/793	632	Maya Simmons	3	F	Coralville	IA	11:12	00:35:41.00	00:34:50.05
59	769/1298	410/793	1544	Emery Fillner	11	F	Marion	IA	11:13	00:35:52.68	00:34:51.43
60	775/1298	414/793	491	Gracelyn Watkinson	14	F	Cedar Rapids	IA	11:13	00:35:00.91	00:34:52.82
61	776/1298	415/793	492	Hannah Watkinson	16	F	Cedar Rapids	IA	11:13	00:35:01.18	00:34:53.11
62	780/1298	418/793	2	Maddy Bruce	13	F	Cedar Rapids	IA	11:15	00:36:05.07	00:34:57.42
63	782/1298	419/793	1445	Dani Stallman	14	F	Marengo	IA	11:15	00:36:05.27	00:34:58.64
64	811/1298	442/793	2003	Carolyn Hayes	16	F	Cedar Rapids	IA	11:34	00:36:42.30	00:35:56.28
65	832/1298	459/793	958	Myleigh French	9	F	Marion	IA	11:46	00:37:38.44	00:36:36.59
66	859/1298	478/793	529	Ava Somerville	2	F	Marion	IA	12:04	00:38:06.89	00:37:29.93
67	864/1298	483/793	1031	Gabrielle Bennink	17	F	Cedar Rapids	IA	12:06	00:38:27.19	00:37:35.74
68	878/1298	492/793	406	Megan Norris	17	F	Cedar Rapids	IA	12:16	00:38:51.87	00:38:07.74
69	890/1298	501/793	1254	Elizabeth Hawkes	13	F	Cedar Rapids	IA	12:24	00:39:23.41	00:38:32.24
70	921/1298	530/793	562	Riley Kalous	17	F	Marion	IA	12:54	00:41:15.31	00:40:04.86
71	937/1298	541/793	1154	Sydney Huggins	19	F	Cedar Rapids	IA	13:15	00:42:14.25	00:41:10.58
72	954/1298	552/793	1712	Bailey Hemphill	12	F	Marion	IA	13:32	00:42:48.96	00:42:03.35
73	957/1298	554/793	322	Kim Pereboom	19	F	Cedar Rapids	IA	13:32	00:42:14.56	00:42:03.93
74	958/1298	555/793	2177	Skylar Yeisley	14	F	Latimer	IA	13:32	00:42:51.45	00:42:05.04
75	969/1298	563/793	1439	Leslie Strotzman	12	F	Cedar Rapids	IA	13:38	00:43:05.35	00:42:23.40
76	971/1298	565/793	1336	Hailey Green	8	F	Cedar Rapids	IA	13:39	00:43:26.68	00:42:25.85
77	973/1298	567/793	398	Violetta Alexseeva	15	F	Cedar Rapids	IA	13:41	00:43:18.31	00:42:33.63
78	977/1298	570/793	137	Trinity Miller	12	F	Cedar Rapids	IA	13:46	00:48:00.07	00:42:48.46
79	984/1298	576/793	136	Kylee Miller	13	F	Cedar Rapids	IA	13:55	00:47:59.96	00:43:14.84
80	1014/1298	601/793	1669	Peyton Davison	19	F	Cedar Rapids	IA	14:31	00:45:39.46	00:45:06.42
81	1024/1298	608/793	1024	Kate Schulte	19	F	Westside	IA	14:51	00:47:22.41	00:46:08.82
82	1033/1298	615/793	1631	Nora Bass	14	F	Cedar Rapids	IA	15:04	00:48:00.61	00:46:50.71
83	1036/1298	617/793	1823	Avril Portzline	8	F	Marion	IA	15:08	00:47:47.84	00:47:04.12
84	1047/1298	625/793	5	Audrey Laban	7	F	Davenport	IA	15:24	00:48:52.28	00:47:52.71
85	1080/1298	653/793	1917	Hannah Cochran	16	F	Marion	IA	16:30	00:57:39.73	00:51:16.39

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86	1082/1298	655/793	1123	Kuiper Lewis	15	F	Marion	IA	16:30	00:57:39.91	00:51:17.46
87	1102/1298	669/793	1359	Harper Griffin	12	F	Marion	IA	17:25	00:55:18.23	00:54:08.77
88	1108/1298	673/793	2173	Mya Emick	9	F	North Liberty	IA	17:31	01:03:46.83	00:54:27.70
89	1123/1298	687/793	536	Chloe Borst	13	F	Olin	IA	18:14	01:09:06.02	00:56:41.56
90	1131/1298	690/793	345	Emily Licht	15	F	Cedar Rapids	IA	18:19	00:58:14.02	00:56:54.82
91	1150/1298	704/793	854	Sydney Ross	19	F	Cedar Rapids	IA	18:52	01:10:03.13	00:58:39.18
92	1174/1298	718/793	1625	Madalyn Appleby-Spari	19	F	Cedar Rapids	IA	19:42	01:02:13.34	01:01:13.13
93	1175/1298	719/793	1539	Alyssa Below	15	F	Cedar Rapids	IA	19:43	01:01:16.22	01:01:16.22
94	1180/1298	721/793	77	Amanda Schnor	12	F	Keystone	IA	19:54	01:13:21.92	01:01:50.21
95	1182/1298	723/793	2036	Molly Dunne	15	F	Marion	IA	19:55	01:19:32.03	01:01:55.06
96	1183/1298	724/793	1686	Ella Fortmann	15	F	Marion	IA	19:55	01:19:32.53	01:01:55.11
97	1184/1298	725/793	512	Skyler Shaw	18	F	Atkins	IA	19:57	01:18:22.28	01:01:59.66
98	1202/1298	736/793	1533	Morgan Obiedzinski	12	F	Urbana	IA	20:27	01:19:27.71	01:03:32.88
99	1216/1298	742/793	391	Madison Lear	11	F	Marion	IA	20:42	01:15:15.87	01:04:20.74
100	1223/1298	747/793	392	Sydney Lear	13	F	Marion	IA	20:46	01:15:29.75	01:04:31.63
101	1225/1298	749/793	387	Brooklyn Lear	17	F	Marion	IA	20:47	01:15:32.62	01:04:36.56
102	1228/1298	750/793	1115	Madysen Levelle	17	F	Walker	IA	20:49	01:07:48.85	01:04:40.82
103	1236/1298	755/793	358	Emma Anhalt	11	F	Waverly	IA	20:55	01:09:00.76	01:05:02.15
104	1253/1298	764/793	873	Anya Schobert	18	F	Marion	IA	21:16	01:13:32.61	01:06:07.49
105	1259/1298	770/793	1655	Brianna Chapman	11	F	Dubuque	IA	21:24	01:06:29.43	01:06:29.43
106	1274/1298	780/793	1886	Kennedey Whitford	11	F	Solon	IA	21:52	01:22:56.04	01:07:59.07
107	1275/1298	781/793	1884	Charleigh Whitford	9	F	Solon	IA	21:56	01:22:53.54	01:08:09.58
108	1282/1298	784/793	1883	Brookelyn Whitford	17	F	Solon	IA	22:13	01:23:45.44	01:09:01.74
109	1288/1298	788/793	914	Aleksyia Leclere	15	F	Cedar Rapids	IA	22:44	01:10:38.93	01:10:38.93
110	1295/1298	791/793	253	Neveyah Pollard	11	F	Coralville	IA	24:46	01:25:02.13	01:16:57.42

Male Ages 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	7/1298	7/505	581	Tyler Tiefel	14	M	Marion	IA	6:07	00:19:03.57	00:19:00.65
2	8/1298	8/505	1970	Luke Steffen	14	M	Cedar Rapids	IA	6:07	00:19:03.57	00:19:01.12
3	9/1298	9/505	1814	Blake Pettit	15	M	Marion	IA	6:09	00:19:09.39	00:19:06.69
4	12/1298	12/505	2184	Aaron Kopish	19	M	Cedar Rapids	IA	6:12	00:19:18.63	00:19:17.18
5	13/1298	13/505	1595	Connor Bjornsen	19	M	Cedar Rapids	IA	6:14	00:19:26.15	00:19:22.17
6	16/1298	16/505	286	Caleb Kass	14	M	Dubuque	IA	6:17	00:19:42.89	00:19:33.28
7	22/1298	22/505	1893	Seth Williams	14	M	Cedar Rapids	IA	6:29	00:20:34.45	00:20:11.05
8	23/1298	23/505	773	Evan Robertson	14	M	Ryan	IA	6:30	00:20:22.04	00:20:12.33
9	28/1298	27/505	363	Kyle Olson	11	M	De Witt	IA	6:34	00:20:52.60	00:20:26.73
10	32/1298	30/505	972	Quinn Cohen	15	M	Cedar Rapids	IA	6:38	00:20:39.90	00:20:38.73
11	37/1298	34/505	1828	Reid Post	14	M	Marion	IA	6:41	00:20:49.40	00:20:46.68
12	51/1298	47/505	1440	Gage Heyne	12	M	Cedar Rapids	IA	6:50	00:21:17.81	00:21:16.33
13	61/1298	54/505	65	Zach Fall	15	M	Lisbon	IA	6:59	00:21:51.14	00:21:42.94
14	63/1298	56/505	1060	Preston Haefner	13	M	Cedar Rapids	IA	7:01	00:21:53.99	00:21:49.84
15	68/1298	60/505	1813	Austin Pettit	15	M	Marion	IA	7:08	00:22:22.15	00:22:12.55
16	70/1298	61/505	651	Rexton Travagiakis	10	M	Cedar Rapids	IA	7:11	00:22:29.90	00:22:21.14
17	74/1298	63/505	1107	Cody Nichols	14	M	North Liberty	IA	7:13	00:22:28.90	00:22:25.97
18	75/1298	64/505	2158	Jack Marquardt	12	M	Cedar Rapids	IA	7:13	00:22:29.65	00:22:27.45
19	83/1298	69/505	1568	Isaac Pingel	17	M	Marion	IA	7:20	00:22:52.40	00:22:47.21
20	89/1298	74/505	302	Kyle Duehr	13	M	Dubuque	IA	7:23	00:23:18.15	00:22:59.27

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21	102/1298	83/505	973	Lucas Dolphin	15	M	Cedar Rapids	IA	7:36	00:23:40.41	00:23:37.60
22	103/1298	84/505	682	Neo Magoon	15	M	Alburnett	IA	7:37	00:23:44.65	00:23:40.48
23	105/1298	85/505	895	William Stecker	18	M	Cedar Rapids	IA	7:38	00:23:53.54	00:23:44.85
24	107/1298	87/505	762	Jt Mccrea	15	M	Cedar Rapids	IA	7:41	00:23:55.90	00:23:53.48
25	108/1298	88/505	33	Jack Olesen	12	M	Hiawatha	IA	7:41	00:24:10.64	00:23:53.57
26	109/1298	89/505	1760	Kyle Lewis	16	M	Cedar Rapids	IA	7:41	00:24:02.09	00:23:54.44
27	140/1298	110/505	21	Clayton Bockoven	15	M	Cedar Rapids	IA	7:56	00:24:46.92	00:24:39.26
28	149/1298	117/505	64	Ty Fall	17	M	Lisbon	IA	7:59	00:24:57.81	00:24:50.35
29	150/1298	118/505	1244	T.J. Cook	16	M	Cedar Rapids	IA	7:59	00:25:01.30	00:24:50.88
30	151/1298	119/505	34	Joseph Olesen	15	M	Hiawatha	IA	8:01	00:25:16.10	00:24:56.65
31	161/1298	123/505	1950	Clayten Meeker	12	M	Marion	IA	8:04	00:25:39.41	00:25:05.70
32	172/1298	129/505	1569	Jonah Pingel	19	M	Marion	IA	8:08	00:25:22.39	00:25:17.52
33	191/1298	140/505	1815	Brayden Pettit	10	M	Marion	IA	8:18	00:26:00.00	00:25:49.00
34	192/1298	141/505	402	Eli Norris	15	M	Cedar Rapids	IA	8:19	00:26:34.39	00:25:51.50
35	195/1298	143/505	992	Mason Harris	11	M	Cedar Rapids	IA	8:20	00:26:00.16	00:25:56.11
36	215/1298	154/505	489	Chase Watkinson	10	M	Cedar Rapids	IA	8:26	00:26:22.65	00:26:15.18
37	232/1298	161/505	939	Tyler Lee	14	M	Cedar Rapids	IA	8:34	00:26:44.81	00:26:38.38
38	246/1298	166/505	403	Ethan Norris	13	M	Cedar Rapids	IA	8:38	00:27:33.46	00:26:50.36
39	265/1298	176/505	1705	Alex Harger	13	M	Cedar Rapids	IA	8:44	00:27:14.33	00:27:08.16
40	290/1298	186/505	1238	Adam Cook	13	M	Cedar Rapids	IA	8:50	00:27:39.12	00:27:28.20
41	299/1298	192/505	2027	Max Cohen	9	M	Cedar Rapids	IA	8:53	00:27:41.59	00:27:37.55
42	310/1298	196/505	1446	Nate Stallman	14	M	Marengo	IA	8:59	00:28:30.05	00:27:55.10
43	311/1298	197/505	1109	Cameron Swartzendrut	14	M	North Liberty	IA	8:59	00:28:11.09	00:27:56.67
44	318/1298	201/505	1451	Tyler Farber	11	M	Marion	IA	9:01	00:28:40.61	00:28:02.96
45	328/1298	206/505	1243	Ryan Cook	17	M	Cedar Rapids	IA	9:04	00:28:23.13	00:28:11.70
46	351/1298	214/505	285	Brandon Kass	12	M	Dubuque	IA	9:10	00:29:35.90	00:28:30.98
47	378/1298	228/505	384	Nathan Seutter	18	M	Davenport	IA	9:17	00:29:10.96	00:28:51.83
48	390/1298	233/505	1584	Eli Ervin	15	M	Cedar Rapids	IA	9:21	00:29:12.92	00:29:04.50
49	405/1298	236/505	1585	Jake Ervin	14	M	Cedar Rapids	IA	9:25	00:29:25.78	00:29:17.01
50	425/1298	245/505	904	Mason Wilkerson	16	M	Amana	IA	9:31	00:30:07.01	00:29:34.74
51	426/1298	246/505	1314	Connor Rissi	16	M	Cedar Rapids	IA	9:31	00:30:18.76	00:29:36.06
52	434/1298	250/505	908	Logan Seamans	9	M	Solon	IA	9:33	00:30:32.41	00:29:41.49
53	449/1298	255/505	284	Jake Even	19	M	Worthington	IA	9:36	00:30:01.69	00:29:51.06
54	451/1298	256/505	1659	Andrew Christopher	18	M	Cedar Rapids	IA	9:37	00:30:48.27	00:29:53.82
55	475/1298	267/505	448	Calvin Meller	9	M	Riverside	IA	9:46	00:30:56.39	00:30:21.32
56	492/1298	275/505	445	Isaiah Smith	14	M	Cedar Rapids	IA	9:49	00:30:51.67	00:30:31.33
57	502/1298	280/505	1240	Dustin Cook	10	M	Cedar Rapids	IA	9:51	00:30:45.93	00:30:37.97
58	614/1298	317/505	7	Eli Laban	9	M	Bellevue	IA	10:22	00:33:13.21	00:32:12.59
59	646/1298	324/505	425	Loren Beck	12	M	Danville	IA	10:35	00:32:59.43	00:32:54.66
60	660/1298	328/505	1783	Jack Morio	8	M	Hiawatha	IA	10:39	00:33:52.68	00:33:05.88
61	670/1298	332/505	1630	Francisco Barrios	14	M	Cedar Rapids	IA	10:42	00:33:46.62	00:33:14.76
62	686/1298	337/505	1759	Evan Lewis	12	M	Cedar Rapids	IA	10:44	00:33:30.47	00:33:23.76
63	693/1298	339/505	1211	Gavin Mcdonald	19	M	Marion	IA	10:48	00:34:23.04	00:33:34.98
64	697/1298	342/505	179	Aidan Ehlinger	11	M	Marion	IA	10:50	00:34:21.54	00:33:41.72
65	707/1298	343/505	1044	Landon Rechkemmer	10	M	Oelwein	IA	10:55	00:34:16.93	00:33:55.80
66	770/1298	360/505	942	Will Vlasek	14	M	Cedar Rapids	IA	11:13	00:34:59.43	00:34:51.87
67	772/1298	361/505	941	Weston Vlasek	7	M	Cedar Rapids	IA	11:13	00:34:59.18	00:34:52.24
68	779/1298	362/505	503	Trenton Link	16	M	Robins	IA	11:14	00:35:21.22	00:34:57.18
69	855/1298	379/505	1449	Bryant Farber	9	M	Marion	IA	12:02	00:38:10.56	00:37:23.95
70	889/1298	389/505	1256	Johnny Hawkes	12	M	Cedar Rapids	IA	12:24	00:39:23.35	00:38:31.90

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Male Ages 01 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
71	930/1298	395/505	199	Nicholas Schmitz	11	M	Cedar Rapids	IA	13:10	00:40:59.81	00:40:56.11
72	943/1298	399/505	295	Tyler Knapp	17	M	Cedar Rapids	IA	13:22	00:42:34.89	00:41:33.65
73	947/1298	400/505	294	Adam Knapp	14	M	Cedar Rapids	IA	13:26	00:42:46.83	00:41:45.40
74	948/1298	401/505	417	Brayden Olson	10	M	Fairfax	IA	13:28	00:43:20.79	00:41:50.85
75	962/1298	404/505	1220	Harrison Stark	11	M	Fairfax	IA	13:34	00:43:17.14	00:42:09.96
76	974/1298	407/505	401	Nolan Carney	11	M	Cedar Rapids	IA	13:43	00:43:19.77	00:42:37.42
77	985/1298	409/505	804	Ryan Boesenberg	14	M	Cedar Rapids	IA	13:55	00:44:18.31	00:43:16.13
78	987/1298	410/505	1688	Nathaniel Foster	13	M	Cedar Rapids	IA	13:57	00:44:01.64	00:43:21.54
79	1008/1298	412/505	1689	Nikolas Foster	12	M	Cedar Rapids	IA	14:25	00:45:30.64	00:44:50.53
80	1015/1298	414/505	1855	August Steffen	4	M	Marion	IA	14:34	00:46:12.90	00:45:16.38
81	1016/1298	415/505	1859	Otto Steffen	8	M	Marion	IA	14:37	00:46:20.60	00:45:27.93
82	1054/1298	424/505	1257	Marc Hawkes	11	M	Cedar Rapids	IA	15:35	00:49:17.87	00:48:27.13
83	1079/1298	427/505	400	Nick Carney	11	M	Cedar Rapids	IA	16:27	00:51:52.60	00:51:08.67
84	1096/1298	431/505	808	Colin Cernin	12	M	Bettendorf	IA	17:10	00:54:43.05	00:53:20.88
85	1097/1298	432/505	54	Matthew Henry	11	M	Cedar Rapids	IA	17:10	00:53:22.95	00:53:22.95
86	1109/1298	436/505	2172	Ethan Emick	8	M	North Liberty	IA	17:32	01:03:47.59	00:54:28.88
87	1126/1298	439/505	1590	Craig Shaffer	17	M	Stanwood	IA	18:18	00:58:07.10	00:56:52.10
88	1140/1298	443/505	1326	Nolan Temple	14	M	Cedar Rapids	IA	18:30	01:00:13.24	00:57:30.79
89	1145/1298	444/505	1613	Ryan Langer	11	M	Marion	IA	18:34	01:03:13.60	00:57:43.16
90	1147/1298	445/505	1612	Jordan Langer	11	M	Marion	IA	18:46	01:03:53.02	00:58:21.09
91	1167/1298	454/505	1521	Jason Burgess Jr.	12	M	Fairfax	IA	19:22	01:03:17.33	01:00:13.10
92	1173/1298	456/505	427	Jackson Bowman	15	M	Robins	IA	19:38	01:01:00.47	01:01:00.47
93	1176/1298	457/505	1540	Conner Below	12	M	Cedar Rapids	IA	19:44	01:01:20.59	01:01:20.59
94	1186/1298	460/505	855	Logan Skala	5	M	Cedar Rapids	IA	20:00	01:14:54.98	01:02:11.35
95	1189/1298	461/505	320	Will Davidson	17	M	Hiawatha	IA	20:11	01:02:44.74	01:02:44.74
96	1203/1298	467/505	1531	Dugan Obiedzinski	9	M	Urbana	IA	20:27	01:19:29.76	01:03:35.29
97	1217/1298	475/505	388	Colton Lear	9	M	Marion	IA	20:42	01:15:15.87	01:04:21.26
98	1227/1298	478/505	1219	Jaxon Sickels	14	M	Ely	IA	20:48	01:21:50.38	01:04:38.66
99	1233/1298	480/505	849	Blake Kellison	16	M	Cedar Rapids	IA	20:53	01:18:11.41	01:04:53.20
100	1235/1298	481/505	360	Caleb Olson	13	M	De Witt	IA	20:55	01:09:01.38	01:05:01.95
101	1237/1298	482/505	356	Adam Anhalt	9	M	Waverly	IA	20:56	01:09:03.02	01:05:02.59
102	1239/1298	483/505	848	Zachary Grant	19	M	Cedar Rapids	IA	20:58	01:17:53.33	01:05:11.38
103	1242/1298	485/505	1747	Nicholas Lammer	15	M	Marion	IA	21:00	01:05:15.35	01:05:15.35
104	1245/1298	486/505	1496	Kenady Schnoebelen	10	M	Riverside	IA	21:07	01:16:37.12	01:05:36.83
105	1264/1298	491/505	861	Maxwell Gordon	18	M	Shellsburg	IA	21:25	01:12:19.46	01:06:35.11
106	1289/1298	501/505	1285	Wyatt Ransom	17	M	Cedar Rapids	IA	22:50	01:27:15.34	01:10:56.86
107	1291/1298	503/505	37	Marek Rudzki	6	M	Marion	IA	23:07	01:18:18.44	01:11:49.58
108	1293/1298	504/505	126	Brody Scheer	19	M	Blairstown	IA	24:26	01:15:55.02	01:15:55.02

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	128/1298	29/793	2032	Riley Schreder	26	F	Cedar Rapids	IA	7:50	00:25:59.89	00:24:22.33
2	142/1298	31/793	2160	Sarah Mason	24	F	Coralville	IA	7:57	00:24:48.91	00:24:43.01
3	165/1298	39/793	1455	Laura Dierks	29	F	Center Point	IA	8:05	00:25:21.16	00:25:07.79
4	168/1298	40/793	770	Callan Kayser	25	F	Center Point	IA	8:06	00:26:00.70	00:25:12.03
5	169/1298	41/793	1993	Makayla Lindemann	21	F	Swisher	IA	8:07	00:25:19.55	00:25:13.24
6	175/1298	45/793	24	Jule Day	28	F	Cedar Rapids	IA	8:09	00:25:43.40	00:25:20.68
7	187/1298	50/793	2159	Angela Mason	28	F	Coralville	IA	8:16	00:25:46.65	00:25:41.59

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
8	196/1298	53/793	2161	Callissa Norton	26	F	Coralville	IA	8:20	00:26:01.66	00:25:56.23
9	205/1298	57/793	1017	Marie Antons	27	F	Cedar Rapids	IA	8:25	00:26:21.02	00:26:09.68
10	217/1298	63/793	1461	Bridget Maurer	23	F	Iowa City	IA	8:28	00:26:27.15	00:26:18.77
11	224/1298	67/793	471	Suzannee Johnson	22	F	Marion	IA	8:31	00:26:38.51	00:26:29.32
12	226/1298	69/793	470	Lauren French	22	F	Cedar Rapids	IA	8:32	00:26:42.16	00:26:32.77
13	227/1298	70/793	2167	Emily Wieland	22	F	Riverside	IA	8:32	00:27:02.91	00:26:33.16
14	233/1298	72/793	1194	Lauren Trosky	27	F	Cedar Rapids	IA	8:34	00:26:48.49	00:26:39.04
15	240/1298	76/793	422	Elizabeth Hearn	22	F	Urbana	IA	8:37	00:27:42.63	00:26:46.73
16	243/1298	78/793	1958	Gabriela Petry	21	F	Cedar Rapids	IA	8:37	00:27:27.36	00:26:47.66
17	247/1298	81/793	868	Brooke Fay	28	F	Kansas City	MO	8:38	00:27:25.10	00:26:51.22
18	250/1298	82/793	1792	Meghan Nelson	27	F	Cedar Rapids	IA	8:39	00:27:20.41	00:26:53.24
19	270/1298	90/793	783	Caroline Carr	26	F	West Des Moines	IA	8:45	00:27:56.42	00:27:12.72
20	272/1298	92/793	40	Ciarra Wagner	24	F	Cedar Rapids	IA	8:45	00:27:38.31	00:27:13.86
21	279/1298	97/793	1803	Olivia Oltrogge	22	F	Shellsburg	IA	8:47	00:28:02.66	00:27:18.28
22	282/1298	99/793	1129	Lacie Offerman	29	F	Cedar Rapids	IA	8:49	00:27:40.36	00:27:24.73
23	285/1298	101/793	1832	Paige Pritts	20	F	Cedar Rapids	IA	8:49	00:28:09.86	00:27:25.48
24	288/1298	104/793	890	Erin Patchett	21	F	Cedar Rapids	IA	8:50	00:27:43.01	00:27:27.59
25	312/1298	115/793	1905	Zoe Bakken-Heck	21	F	Cedar Rapids	IA	8:59	00:28:33.99	00:27:57.55
26	336/1298	127/793	454	Stephanie Brehm	28	F	Mount Vernon	IA	9:06	00:29:15.60	00:28:18.07
27	337/1298	128/793	1230	Katie Sharp	26	F	Cedar Rapids	IA	9:06	00:28:39.26	00:28:19.31
28	344/1298	134/793	715	Gabrielle Botsford	24	F	Cedar Rapids	IA	9:08	00:28:38.03	00:28:24.51
29	362/1298	145/793	1981	Natalie Wilkinson	22	F	Indianola	IA	9:13	00:29:16.83	00:28:39.64
30	363/1298	146/793	1962	Sarah Reilly	21	F	Noblesville	IN	9:13	00:29:15.62	00:28:39.64
31	372/1298	149/793	1921	Miriam Delgado	26	F	Cedar Rapids	IA	9:15	00:29:20.31	00:28:46.04
32	380/1298	152/793	570	Jenelle Martin	29	F	Elkader	IA	9:17	00:29:49.00	00:28:53.10
33	382/1298	153/793	1410	Katie Boddicker	25	F	Urbana	IA	9:18	00:29:14.92	00:28:54.96
34	391/1298	158/793	655	Jennifer Dozier	28	F	Cedar Rapids	IA	9:22	00:29:35.81	00:29:06.24
35	393/1298	160/793	1022	Alexandra Reifert	21	F	Iowa City	IA	9:23	00:30:23.42	00:29:09.74
36	399/1298	165/793	1641	Ashley Boyer	26	F	Cedar Rapids	IA	9:25	00:29:45.93	00:29:15.49
37	403/1298	168/793	553	Emma Erner	21	F	Cedar Rapids	IA	9:25	00:29:44.53	00:29:16.59
38	408/1298	171/793	1583	Maddix Stovie	21	F	Cedar Rapids	IA	9:25	00:29:44.79	00:29:17.68
39	409/1298	172/793	1075	Maggie Jarquin	28	F	Cedar Rapids	IA	9:25	00:30:22.42	00:29:18.28
40	411/1298	174/793	1501	Danielle Jackson	23	F	Cedar Rapids	IA	9:26	00:30:10.66	00:29:19.50
41	414/1298	175/793	1627	Gabrielle Barnard	20	F	Cedar Rapids	IA	9:27	00:29:52.66	00:29:23.32
42	420/1298	177/793	166	Victoria Shepard	26	F	Iowa City	IA	9:29	00:29:55.94	00:29:29.21
43	427/1298	181/793	1405	Rachel Perez	29	F	Marion	IA	9:32	00:30:05.77	00:29:39.28
44	429/1298	182/793	1345	Alex Schmidt	26	F	Cedar Rapids	IA	9:32	00:30:27.26	00:29:40.08
45	443/1298	190/793	1857	Emily Steffen	21	F	Tipton	IA	9:34	00:30:19.80	00:29:46.10
46	445/1298	192/793	1105	Mallory Neubauer	23	F	Amana	IA	9:35	00:30:41.35	00:29:47.15
47	446/1298	193/793	1430	Jaelynn Folkers	20	F	Cedar Rapids	IA	9:35	00:30:06.92	00:29:48.23
48	448/1298	194/793	1918	Sophia Craig	20	F	Cedar Rapids	IA	9:36	00:30:30.39	00:29:49.70
49	450/1298	195/793	1290	Haley Grimm	29	F	Coggon	IA	9:37	00:30:32.41	00:29:52.81
50	456/1298	196/793	239	Chrissie Mcelwee	24	F	Coralville	IA	9:39	00:30:34.84	00:29:59.77
51	464/1298	199/793	1980	Ella White	21	F	Cedar Rapids	IA	9:43	00:30:52.14	00:30:11.85
52	472/1298	206/793	579	Kristin Kirpes	24	F	Cedar Rapids	IA	9:44	00:31:22.29	00:30:16.49
53	499/1298	221/793	353	Joy Richter	21	F	Cedar Rapids	IA	9:51	00:31:24.57	00:30:36.31
54	503/1298	223/793	1015	Jeanette Roush-Krafka	29	F	Iowa City	IA	9:51	00:31:02.38	00:30:38.35
55	517/1298	234/793	1702	Kiley Haines	28	F	Cedar Rapids	IA	9:55	00:31:45.54	00:30:50.96
56	519/1298	236/793	1661	Michal Christopher	23	F	Cedar Rapids	IA	9:55	00:31:45.66	00:30:51.47
57	521/1298	237/793	200	Allissa Tull	24	F	Center Point	IA	9:56	00:31:13.67	00:30:51.98

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
58	524/1298	239/793	1910	Claire Bouchard	22	F	Cedar Rapids	IA	9:56	00:31:32.28	00:30:52.39
59	526/1298	241/793	816	Megan Meier	25	F	Tiffin	IA	9:56	00:31:26.79	00:30:53.61
60	547/1298	252/793	189	Sarah Mccallum	24	F	Cedar Rapids	IA	10:04	00:31:38.76	00:31:17.81
61	551/1298	254/793	1853	Courtney Squires	22	F	Cedar Rapids	IA	10:05	00:32:09.42	00:31:21.35
62	554/1298	256/793	859	Stephanie Wolff	29	F	Cedar Rapids	IA	10:05	00:31:36.17	00:31:22.66
63	557/1298	258/793	1300	Olivia Mills	26	F	Watkins	IA	10:06	00:31:52.77	00:31:24.82
64	558/1298	259/793	629	Emily Rossman	25	F	Milford	IA	10:07	00:32:14.66	00:31:26.72
65	562/1298	261/793	1026	Samantha Knudson	29	F	Cedar Rapids	IA	10:08	00:32:40.47	00:31:32.02
66	563/1298	262/793	611	Julia Michalec	26	F	Cedar Rapids	IA	10:09	00:31:34.91	00:31:32.74
67	568/1298	267/793	1529	Ariel Dacosta	27	F	Cedar Rapids	IA	10:09	00:32:36.18	00:31:35.23
68	578/1298	276/793	349	Katherine Thompson	25	F	Cedar Rapids	IA	10:11	00:32:50.09	00:31:40.78
69	582/1298	280/793	2004	Erin Morrisey	23	F	Cedar Rapids	IA	10:13	00:33:52.10	00:31:46.96
70	586/1298	283/793	1069	Amber Strempeke	28	F	Cedar Rapids	IA	10:14	00:32:21.79	00:31:48.36
71	602/1298	292/793	1876	Aly Warner	26	F	Cedar Rapids	IA	10:19	00:32:34.43	00:32:04.23
72	617/1298	299/793	1938	Miranda Higgins	27	F	Cedar Rapids	IA	10:23	00:33:21.04	00:32:16.09
73	624/1298	305/793	674	Hannah Merritt	21	F	Marionmarion	IA	10:27	00:33:02.91	00:32:28.34
74	627/1298	307/793	505	Dustin Bramer	27	F	Cedar Rapids	IA	10:28	00:35:52.50	00:32:31.60
75	629/1298	309/793	1911	Jeanne Bouchard	22	F	Cedar Rapids	IA	10:28	00:33:12.43	00:32:32.14
76	630/1298	310/793	1780	Brogan Messer	26	F	Solon	IA	10:29	00:33:06.37	00:32:35.93
77	636/1298	316/793	1006	Elizabeth Steele	24	F	Cedar Rapids	IA	10:33	00:33:20.68	00:32:47.23
78	648/1298	324/793	1822	Sydney Pitstick	22	F	Cedar Rapids	IA	10:35	00:33:35.56	00:32:55.37
79	654/1298	328/793	111	Jemi Baskerville	23	F	Cedar Rapids	IA	10:38	00:33:30.08	00:33:02.37
80	663/1298	334/793	758	Clarissa Klostermann	23	F	Waterloo	IA	10:39	00:34:03.04	00:33:07.97
81	669/1298	338/793	1788	Hayley Mullins	27	F	Cedar Rapids	IA	10:41	00:34:20.65	00:33:14.46
82	679/1298	346/793	918	Michelle Heffernen	29	F	Brooklyn	WI	10:43	00:33:39.01	00:33:18.08
83	685/1298	349/793	1291	Rumi Karagogova	26	F	North Liberty	IA	10:44	00:33:49.54	00:33:23.11
84	692/1298	354/793	1212	Zoey Mcdonald	20	F	Marion	IA	10:48	00:34:23.93	00:33:34.83
85	698/1298	356/793	2031	Sonia Devi	20	F	Cedar Rapids	IA	10:51	00:33:52.18	00:33:44.42
86	699/1298	357/793	1338	Jenna Ives	25	F	Cedar Rapids	IA	10:51	00:34:31.82	00:33:45.00
87	704/1298	362/793	2176	Stephanie Thielen	20	F	Latimer	IA	10:54	00:34:37.49	00:33:52.81
88	711/1298	368/793	130	Holly Sholes	29	F	Cedar Rapids	IA	10:57	00:34:52.40	00:34:02.95
89	712/1298	369/793	1206	Mandey Lund	27	F	Cedar Rapids	IA	10:58	00:36:35.76	00:34:04.59
90	716/1298	373/793	1020	Tammy Herbers	23	F	Iowa City	IA	10:58	00:35:19.57	00:34:06.20
91	725/1298	379/793	617	Katie E Bedard	28	F	Palolo	IA	11:00	00:35:01.15	00:34:10.70
92	738/1298	386/793	1321	Jill Cooper	28	F	Coralville	IA	11:04	00:35:22.93	00:34:23.49
93	761/1298	405/793	675	Morgan Olsem	21	F	Peosta	IA	11:11	00:36:02.94	00:34:46.30
94	766/1298	408/793	630	Abby Simmons	26	F	Palo	IA	11:12	00:35:40.79	00:34:50.45
95	767/1298	409/793	672	Alexia Lammers	21	F	Dyersville	IA	11:13	00:36:08.66	00:34:51.22
96	773/1298	412/793	882	Alexandra Moews	26	F	Des Moines	IA	11:13	00:35:17.13	00:34:52.25
97	784/1298	421/793	1624	Hanna Anderson	29	F	Cedar Rapids	IA	11:15	00:35:06.82	00:34:59.88
98	788/1298	424/793	1515	Skylar Wetzel	24	F	Cedar Rapids	IA	11:16	00:36:11.30	00:35:02.42
99	793/1298	429/793	679	Sarah Tegeler	22	F	Dyersville	IA	11:20	00:36:31.88	00:35:13.76
100	796/1298	431/793	271	Alysia Barger	29	F	Cedar Rapids	IA	11:23	00:36:25.39	00:35:24.98
101	799/1298	433/793	1821	Cecilia Pitstick	20	F	Cedar Rapids	IA	11:24	00:36:09.19	00:35:27.06
102	801/1298	434/793	947	Sydney Purk	26	F	Fairfax	IA	11:27	00:36:12.69	00:35:36.98
103	815/1298	444/793	1896	Laura Wittmann	25	F	North Liberty	IA	11:35	00:36:18.26	00:36:02.08
104	821/1298	448/793	366	Jennifer Berry	27	F	Indianola	IA	11:42	00:37:32.35	00:36:22.41
105	825/1298	452/793	2024	Peyton Bentley	21	F	Iowa City	IA	11:44	00:37:08.69	00:36:28.86
106	826/1298	453/793	2025	Anna Amstutz	20	F	Iowa City	IA	11:44	00:37:09.69	00:36:29.51
107	830/1298	457/793	1361	Sara Hansen	24	F	Cedar Rapids	IA	11:46	00:37:18.54	00:36:34.12

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
108	842/1298	466/793	966	Kelsey Whitmore	20	F	Cedar Rapids	IA	11:52	00:37:57.30	00:36:52.93
109	845/1298	469/793	1933	Signey Hanley	24	F	Cedar Rapids	IA	11:53	00:38:01.18	00:36:57.47
110	849/1298	472/793	668	Ali Diersen	20	F	Solon	IA	11:57	00:38:02.30	00:37:07.88
111	865/1298	484/793	240	Aspen Middlekauff	20	F	Cedar Rapids	IA	12:07	00:38:36.30	00:37:40.20
112	867/1298	485/793	1818	Rylie Pflughaupt	26	F	Vinton	IA	12:09	00:38:16.19	00:37:45.49
113	871/1298	487/793	1868	Diana Tyson	24	F	Cedar Rapids	IA	12:12	00:39:11.39	00:37:55.58
114	885/1298	498/793	1209	Erin Taylor	22	F	Iowa City	IA	12:19	00:39:27.43	00:38:18.33
115	895/1298	505/793	1027	Laura Nelson	27	F	Marion	IA	12:30	00:39:29.61	00:38:51.78
116	898/1298	508/793	1216	Claire Garner	27	F	Cedar Rapids	IA	12:32	00:39:16.05	00:38:56.53
117	900/1298	510/793	1578	Arial Hodnefield	28	F	Cedar Rapids	IA	12:33	00:39:31.73	00:39:02.03
118	901/1298	511/793	1964	Hannah Roben	26	F	Cedar Rapids	IA	12:33	00:39:52.04	00:39:02.36
119	913/1298	522/793	1133	Amber Striegel	26	F	Cedar Rapids	IA	12:47	00:40:39.80	00:39:45.76
120	925/1298	532/793	1852	Sam Spoon	26	F	Romeoville	IL	13:02	00:41:14.60	00:40:30.43
121	927/1298	533/793	1306	Ariadnae Andrews	28	F	North Liberty	IA	13:08	00:42:04.51	00:40:48.89
122	929/1298	535/793	1903	Lindsey Ash	26	F	Iowa City	IA	13:08	00:41:40.35	00:40:51.28
123	934/1298	538/793	1040	Haley Huntington	20	F	Iowa City	IA	13:13	00:41:05.27	00:41:05.27
124	935/1298	539/793	598	Renae Michael	26	F	Wadena	IA	13:13	00:41:56.03	00:41:05.51
125	936/1298	540/793	1152	Lila Dabill	20	F	Lindstrom	MN	13:15	00:42:14.05	00:41:10.38
126	940/1298	542/793	657	Laura Hensch	27	F	Cedar Rapids	IA	13:18	00:41:55.00	00:41:21.09
127	959/1298	556/793	1377	Sylvia Prokop	24	F	Cedar Rapids	IA	13:33	00:42:43.78	00:42:06.01
128	965/1298	560/793	1227	Denise Hernandez	29	F	Cedar Rapids	IA	13:35	00:43:12.69	00:42:12.51
129	972/1298	566/793	1335	Allison Green	29	F	Cedar Rapids	IA	13:39	00:43:27.28	00:42:27.46
130	975/1298	568/793	724	Makenzie Frey	21	F	Lisbon	IA	13:43	00:43:11.07	00:42:37.97
131	989/1298	579/793	974	Kari Martin	26	F	Cedar Rapids	IA	13:58	00:44:32.90	00:43:24.64
132	990/1298	580/793	979	Michaela Sinnwell	24	F	Mount Vernon	IA	13:58	00:44:32.90	00:43:25.26
133	1001/1298	590/793	1898	Traci Wulfekuhle	28	F	Dyersville	IA	14:15	00:45:01.35	00:44:17.84
134	1003/1298	592/793	1153	Alexys Forman	20	F	Cedar Rapids	IA	14:17	00:45:06.91	00:44:23.21
135	1004/1298	593/793	1347	Brooklyn Smith	26	F	Cedar Rapids	IA	14:22	00:45:25.58	00:44:38.40
136	1013/1298	600/793	1494	Marti Owens	26	F	Wapello	IA	14:28	00:44:59.92	00:44:59.92
137	1021/1298	605/793	504	Hannah Boyer	28	F	North Liberty	IA	14:44	00:47:18.32	00:45:49.62
138	1022/1298	606/793	1019	Abigail Buzynski	21	F	Fairbank	IA	14:50	00:47:22.20	00:46:07.59
139	1023/1298	607/793	1021	Grace Marburger	21	F	Perry	IA	14:51	00:47:22.41	00:46:08.80
140	1025/1298	609/793	1850	Maggie Southwick	22	F	North Liberty	IA	14:51	00:47:17.14	00:46:10.20
141	1029/1298	613/793	188	Rachael Mcadoo	22	F	Marion	IA	14:59	00:47:20.16	00:46:35.05
142	1046/1298	624/793	500	Abby Recker	22	F	Cedar Rapids	IA	15:24	00:48:48.63	00:47:50.88
143	1059/1298	635/793	116	Ellen Zittergruen	26	F	Cedar Rapids	IA	15:40	00:49:18.90	00:48:43.53
144	1060/1298	636/793	115	Emma Kockler	26	F	North Liberty	IA	15:40	00:49:19.12	00:48:43.56
145	1070/1298	645/793	1524	Sarah Naberhaus	25	F	Cedar Rapids	IA	16:01	00:59:33.74	00:49:46.04
146	1074/1298	648/793	1275	Ashley Stulken	24	F	Walford	IA	16:12	01:01:53.50	00:50:21.87
147	1089/1298	660/793	1081	Cristi Ricci	23	F	Cedar Rapids	IA	16:51	00:53:27.41	00:52:22.03
148	1091/1298	662/793	1835	Jasmine Reuter	26	F	Cedar Rapids	IA	16:59	00:57:04.16	00:52:48.23
149	1095/1298	665/793	995	Kylie Hermes	24	F	Cedar Rapids	IA	17:05	01:02:42.09	00:53:06.62
150	1110/1298	674/793	1241	Jackie Cook	25	F	Ely	IA	17:32	00:54:48.91	00:54:31.26
151	1113/1298	677/793	140	Emily Routier	26	F	Waterloo	IA	17:37	00:54:45.49	00:54:45.49
152	1134/1298	692/793	450	Amanda Owen	27	F	Waterloo	IA	18:25	00:58:16.84	00:57:16.20
153	1136/1298	694/793	447	Taylor Fair	24	F	Cedar Rapids	IA	18:26	00:58:18.06	00:57:17.14
154	1139/1298	697/793	1045	Kate Stewart	22	F	Sheldon	IA	18:28	01:00:06.72	00:57:24.54
155	1152/1298	705/793	599	Elizabeth Pamperin	25	F	Marion	IA	18:54	01:00:28.21	00:58:44.85
156	1155/1298	706/793	634	Sarah Austin	28	F	Marion	IA	19:01	01:01:28.78	00:59:05.66
157	1159/1298	709/793	1836	Marie Riechers	28	F	Cedar Rapids	IA	19:08	01:03:29.81	00:59:27.86

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
158	1160/1298	710/793	648	Stephanie Schwartz	27	F	Cedar Rapids	IA	19:13	01:01:26.34	00:59:44.00
159	1162/1298	711/793	1180	Sally Naberhaus	25	F	Hiawatha	IA	19:14	00:59:46.99	00:59:46.99
160	1187/1298	727/793	847	Taylor Fahnle	22	F	Cedar Rapids	IA	20:01	01:14:54.98	01:02:13.62
161	1191/1298	730/793	654	Hannah Burns	29	F	Winthrop	IA	20:12	01:09:01.80	01:02:45.91
162	1192/1298	731/793	257	Savannah Shelton-Bak	24	F	Cedar Rapids	IA	20:14	01:07:55.60	01:02:52.65
163	1196/1298	732/793	1224	Taylor Arens	23	F	Van Horne	IA	20:22	01:19:04.20	01:03:17.03
164	1199/1298	734/793	2007	Caitlin Briggs	22	F	Manchester	IA	20:24	01:09:29.34	01:03:23.81
165	1215/1298	741/793	1421	Melissa Burgos	24	F	Cedar Rapids	IA	20:38	01:10:44.03	01:04:09.13
166	1219/1298	744/793	660	Isabel Neff	23	F	Cedar Rapids	IA	20:43	01:15:38.95	01:04:24.29
167	1221/1298	745/793	1422	Taylor Klostermann	24	F	Marion	IA	20:45	01:10:59.70	01:04:28.95
168	1234/1298	754/793	292	Brittany Ingoldsby	29	F	Mchenry	IL	20:55	01:20:34.37	01:05:00.18
169	1241/1298	757/793	981	Adrianna Vargas	27	F	Anamosa	IA	20:59	01:07:31.76	01:05:14.65
170	1249/1298	761/793	656	Julia Erickson	26	F	Coralville	IA	21:12	01:17:13.28	01:05:52.83
171	1250/1298	762/793	659	Ellie Keuter	27	F	Anamosa	IA	21:13	01:17:15.73	01:05:57.94
172	1261/1298	772/793	863	Rachel Gordon	22	F	Shellsburg	IA	21:24	01:12:17.61	01:06:32.22
173	1269/1298	775/793	967	Alissa Lewis	27	F	Cedar Rapids	IA	21:38	01:21:53.04	01:07:14.24
174	1292/1298	789/793	723	Kristin Stien	29	F	Atkins	IA	23:17	01:12:20.88	01:12:20.88

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	4/1298	4/505	1337	Aidan Healey	24	M	Cedar Rapids	IA	6:02	00:18:51.63	00:18:47.28
2	6/1298	6/505	921	Tanner Mcclenahan	27	M	Washington	IA	6:04	00:18:57.50	00:18:54.05
3	10/1298	10/505	380	Ethan Wykert	26	M	Coralville	IA	6:10	00:19:13.78	00:19:10.58
4	11/1298	11/505	26	Samuel Ghislain	26	M	Cedar Rapids	IA	6:10	00:19:14.78	00:19:12.16
5	17/1298	17/505	1972	Samuel Sturtz	29	M	Ankeny	IA	6:21	00:19:56.24	00:19:46.57
6	19/1298	19/505	1955	Sam Palmer	24	M	Iowa City	IA	6:25	00:19:59.89	00:19:57.18
7	24/1298	24/505	932	Michael Marshall	23	M	Cedar Rapids	IA	6:31	00:20:23.41	00:20:17.71
8	26/1298	25/505	1178	Patrick Kelly	29	M	Hiawatha	IA	6:32	00:20:22.88	00:20:19.17
9	27/1298	26/505	883	Ben Moews	28	M	Chanhassen	MN	6:33	00:20:27.73	00:20:23.76
10	33/1298	31/505	1189	Dustin Kach	28	M	Cedar Rapids	IA	6:40	00:20:46.85	00:20:44.93
11	47/1298	43/505	1956	Tom Palmer	23	M	Iowa City	IA	6:49	00:21:15.90	00:21:13.78
12	53/1298	49/505	919	Stephen Heffernan	25	M	Manchester	IA	6:54	00:21:48.09	00:21:26.55
13	56/1298	50/505	2178	Zachary Burhite	26	M	Cedar Rapids	IA	6:55	00:21:32.04	00:21:30.65
14	64/1298	57/505	1929	Jacob Feldman	21	M	Mount Vernon	IA	7:06	00:22:10.84	00:22:05.45
15	79/1298	67/505	25	Kenny Day	28	M	Cedar Rapids	IA	7:17	00:23:00.15	00:22:39.95
16	85/1298	71/505	658	Nick Hensch	28	M	Cedar Rapids	IA	7:21	00:22:59.77	00:22:51.92
17	87/1298	72/505	2005	Nick Paul	27	M	Marion	IA	7:22	00:23:06.90	00:22:56.39
18	88/1298	73/505	1695	Christopher Greazel	26	M	Solon	IA	7:23	00:23:03.65	00:22:57.68
19	92/1298	76/505	1571	Drew Proksa	23	M	Marion	IA	7:26	00:23:21.63	00:23:06.01
20	122/1298	96/505	916	Kyle Heffernan	25	M	Manchester	IA	7:48	00:24:36.47	00:24:16.34
21	123/1298	97/505	1562	Louis Sughroue	27	M	Cedar Rapids	IA	7:49	00:24:26.32	00:24:18.47
22	130/1298	101/505	1378	Blake Streicher	24	M	Lamont	IA	7:51	00:25:04.42	00:24:25.83
23	133/1298	104/505	2163	Alfredo Piedra	26	M	Iowa City	IA	7:52	00:24:37.08	00:24:29.01
24	143/1298	112/505	1926	Kyle Duggan	28	M	Marion	IA	7:58	00:25:41.22	00:24:45.54
25	147/1298	116/505	1572	Austin Reinier	20	M	Cedar Rapids	IA	7:59	00:24:53.34	00:24:49.08
26	183/1298	134/505	1082	Tanner Riley	26	M	Cedar Rapids	IA	8:14	00:26:40.03	00:25:36.33
27	185/1298	136/505	1139	Jeff Plummer	27	M	North Liberty	IA	8:15	00:26:39.91	00:25:40.21
28	188/1298	138/505	1645	Nick Brune	25	M	Cedar Rapids	IA	8:17	00:26:05.56	00:25:44.18

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October 6, 2019

5K Run

Overall Division Results

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
29	201/1298	146/505	978	Marshall Sinnwell	24	M	Mount Vernon	IA	8:23	00:27:12.66	00:26:04.62
30	202/1298	147/505	725	Jordan Harrelson	29	M	Cedar Rapids	IA	8:24	00:27:03.91	00:26:06.22
31	206/1298	149/505	1489	Cody Tonyan	24	M	North Liberty	IA	8:25	00:26:30.66	00:26:09.96
32	208/1298	151/505	1016	Brice Antons	29	M	Cedar Rapids	IA	8:25	00:26:21.01	00:26:10.96
33	212/1298	152/505	775	Brandon Waring	24	M	Toddville	IA	8:26	00:27:09.91	00:26:12.97
34	221/1298	156/505	661	Ben Suh	29	M	Coralville	IA	8:29	00:26:52.16	00:26:23.65
35	228/1298	158/505	1622	Levi Amstutz	20	M	Iowa City	IA	8:32	00:27:12.66	00:26:33.21
36	229/1298	159/505	1466	Tyler Weideman	22	M	Iowa City	IA	8:32	00:26:41.66	00:26:33.74
37	231/1298	160/505	779	Jon Litzkow	24	M	Cedar Rapids	IA	8:34	00:26:43.40	00:26:37.00
38	234/1298	162/505	670	Christian Edinger	21	M	Cedar Rapids	IA	8:35	00:26:44.77	00:26:40.11
39	241/1298	165/505	1001	Christian Petersen	22	M	Cedar Rapids	IA	8:37	00:27:04.56	00:26:47.27
40	248/1298	167/505	621	Adam Hagarty	20	M	Cedar Rapids	IA	8:39	00:27:18.26	00:26:53.05
41	260/1298	172/505	1309	Chris Henderson	21	M	Altoona	IA	8:41	00:27:09.04	00:27:01.84
42	262/1298	174/505	1141	A J Sinclair	27	M	North Liberty	IA	8:43	00:27:32.03	00:27:05.11
43	266/1298	177/505	1787	Matthew Mueller	27	M	Cedar Rapids	IA	8:44	00:27:37.16	00:27:09.26
44	278/1298	182/505	1796	Tylor Newhouse	22	M	Marion	IA	8:46	00:27:29.17	00:27:17.02
45	289/1298	185/505	894	Nathan Stecker	21	M	Cedar Rapids	IA	8:50	00:27:44.85	00:27:28.19
46	309/1298	195/505	185	Brandon Jessen	24	M	Cedar Rapids	IA	8:58	00:28:13.32	00:27:52.11
47	335/1298	209/505	453	John Brehm	29	M	Mount Vernon	IA	9:06	00:29:15.62	00:28:17.68
48	381/1298	229/505	1039	Michael Hepker	28	M	Urbana	IA	9:18	00:29:14.81	00:28:54.67
49	383/1298	230/505	1720	Wes Hoyer	24	M	Cedar Rapids	IA	9:18	00:29:18.06	00:28:56.11
50	388/1298	231/505	1176	Ben Dereus	29	M	Hiawatha	IA	9:21	00:30:07.00	00:29:03.56
51	402/1298	235/505	2023	Eric Anderson	24	M	Iowa City	IA	9:25	00:29:55.69	00:29:16.51
52	415/1298	240/505	80	Samuel Gingrich	20	M	Cedar Rapids	IA	9:27	00:29:58.85	00:29:23.67
53	416/1298	241/505	79	Ryan Gingrich	26	M	Cedar Rapids	IA	9:27	00:29:58.65	00:29:24.31
54	428/1298	247/505	228	Trevor Corneil	24	M	Coralville	IA	9:32	00:30:14.67	00:29:39.50
55	435/1298	251/505	766	Zach Samson	29	M	Atkins	IA	9:33	00:30:11.67	00:29:42.22
56	447/1298	254/505	1433	Jeremy Mann	22	M	Cedar Rapids	IA	9:35	00:30:06.59	00:29:48.69
57	462/1298	264/505	1357	Zachary Goedde	23	M	Cedar Rapids	IA	9:41	00:30:52.05	00:30:06.91
58	484/1298	269/505	1442	Mitchell Matias	24	M	Marion	IA	9:47	00:31:05.29	00:30:26.88
59	487/1298	270/505	1511	Baptiste Patruno	24	M	Cedar Rapids	IA	9:48	00:31:10.66	00:30:29.61
60	488/1298	271/505	1873	Jordan Vozenilek	28	M	Cedar Rapids	IA	9:49	00:31:26.99	00:30:30.46
61	511/1298	283/505	1102	Benjamin Gardner	29	M	Robins	IA	9:54	00:31:05.76	00:30:47.67
62	520/1298	284/505	201	Matthew Tull	25	M	Center Point	IA	9:56	00:31:13.56	00:30:51.96
63	540/1298	291/505	1076	Pablo Jarquin	27	M	Cedar Rapids	IA	10:01	00:32:11.92	00:31:07.98
64	542/1298	292/505	113	Jeremiah Davis	29	M	North Liberty	IA	10:02	00:31:34.11	00:31:12.14
65	546/1298	295/505	1779	Dakota Mcwhortor	25	M	Anamosa	IA	10:04	00:31:52.67	00:31:17.49
66	569/1298	302/505	1160	Alex Buchheit	29	M	Cedar Rapids	IA	10:10	00:32:02.29	00:31:35.41
67	583/1298	303/505	996	Andrew Hintz	28	M	Cedar Rapids	IA	10:13	00:32:53.93	00:31:47.30
68	593/1298	306/505	321	Alex Jordan	25	M	Hiawatha	IA	10:17	00:32:10.18	00:31:59.15
69	659/1298	327/505	1198	Michal Kray	29	M	Cedar Rapids	IA	10:39	00:38:34.58	00:33:05.65
70	680/1298	334/505	1077	Carter Madler	24	M	Cedar Rapids	IA	10:43	00:34:23.87	00:33:19.51
71	695/1298	340/505	1776	Dakota Mcelderry	23	M	Iowa City	IA	10:49	00:34:48.27	00:33:37.36
72	696/1298	341/505	817	Alex Sullivan	27	M	Iowa City	IA	10:49	00:34:12.29	00:33:37.87
73	724/1298	346/505	323	Andrew Stastny	27	M	Marion	IA	10:59	00:34:20.94	00:34:10.12
74	735/1298	351/505	699	Zac Smith	23	M	Cedar Rapids	IA	11:02	00:35:16.29	00:34:17.33
75	751/1298	353/505	881	Garth Gripenberg	28	M	Des Moines	IA	11:07	00:34:57.41	00:34:32.76
76	759/1298	355/505	680	Nate Tesdall	26	M	Cedar Rapids	IA	11:11	00:36:01.92	00:34:45.08
77	764/1298	358/505	631	Joshua Simmons	27	M	Palo	IA	11:12	00:35:41.41	00:34:48.71
78	817/1298	372/505	1678	Jackson Echols	24	M	Cedar Rapids	IA	11:38	00:36:26.19	00:36:10.63

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
79	834/1298	374/505	1303	Alfredo Vargas Padilla	28	M	Cedar Rapids	IA	11:47	00:37:06.18	00:36:37.74
80	866/1298	382/505	242	Jackson Middlekauff	20	M	Cedar Rapids	IA	12:07	00:38:35.67	00:37:40.25
81	872/1298	385/505	1869	Ronald Tyson	27	M	Cedar Rapids	IA	12:13	00:39:13.54	00:37:58.14
82	886/1298	388/505	1205	Alec Countryman	22	M	Iowa City	IA	12:19	00:39:27.94	00:38:18.50
83	951/1298	402/505	1366	Daniel Jaronczyk	29	M	Cedar Rapids	IA	13:30	00:42:36.10	00:41:58.74
84	998/1298	411/505	1837	Donald Riedesel	21	M	Cedar Rapids	IA	14:15	00:44:59.20	00:44:16.76
85	1019/1298	416/505	1982	Jordan Young	25	M	North Liberty	IA	14:43	00:46:52.16	00:45:44.50
86	1042/1298	422/505	1621	Brandt Ames	23	M	Keokuk	IA	15:15	00:48:41.96	00:47:24.27
87	1069/1298	425/505	1179	Cory Naberhaus	29	M	Hiawatha	IA	16:00	00:59:33.44	00:49:45.49
88	1072/1298	426/505	1177	Ethan Hodder	26	M	Hiawatha	IA	16:04	00:59:46.91	00:49:58.05
89	1125/1298	438/505	1887	Jacob Wieland	25	M	Independence	IA	18:17	00:59:47.59	00:56:50.81
90	1129/1298	440/505	1589	Clay Keller	23	M	Stanwood	IA	18:18	00:58:08.07	00:56:53.63
91	1151/1298	447/505	600	Nicholas Pamperin	25	M	Marion	IA	18:54	01:00:28.21	00:58:44.51
92	1153/1298	448/505	633	Drake Austin	29	M	Marion	IA	18:59	01:01:24.08	00:58:59.92
93	1161/1298	451/505	647	Michael Schwartz	26	M	Cedar Rapids	IA	19:14	01:01:27.49	00:59:45.79
94	1178/1298	458/505	846	Ben Fahnle	23	M	Cedar Rapids	IA	19:47	01:14:14.16	01:01:30.74
95	1194/1298	463/505	219	Kyle Baker	24	M	Cedar Rapids	IA	20:15	01:07:57.05	01:02:55.42
96	1197/1298	465/505	1223	Michael Vajgrt	26	M	Van Horne	IA	20:22	01:19:04.40	01:03:18.18
97	1200/1298	466/505	857	Nick Petersen	29	M	Swisher	IA	20:26	01:03:30.47	01:03:30.47
98	1211/1298	471/505	799	Justin Gingerich	27	M	Cedar Rapids	IA	20:37	01:04:03.48	01:04:03.48
99	1212/1298	472/505	1417	Bobby Brown	25	M	Cedar Rapids	IA	20:37	01:10:39.89	01:04:06.45
100	1213/1298	473/505	1424	Camden Stovie	22	M	Cedar Rapids	IA	20:38	01:10:39.70	01:04:07.70
101	1214/1298	474/505	1423	Christian Knox	25	M	Cedar Rapids	IA	20:38	01:10:44.03	01:04:08.93
102	1268/1298	494/505	968	Jedd Spidell	24	M	Cedar Rapids	IA	21:38	01:21:53.78	01:07:13.11
103	1278/1298	496/505	2180	Nick Hunt	25	M	Cedar Rapids	IA	22:02	01:08:27.73	01:08:27.73
104	1279/1298	497/505	2183	Derek Lieurance	22	M	Cedar Rapids	IA	22:02	01:08:28.57	01:08:28.57

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	46/1298	4/793	55	Kimberly Poston	37	F	Marion	IA	6:47	00:21:09.65	00:21:06.95
2	54/1298	5/793	1934	Kristen Harring	34	F	Swisher	IA	6:54	00:21:37.90	00:21:29.20
3	58/1298	7/793	1464	Beth Steele	35	F	Norway	IA	6:57	00:21:41.90	00:21:36.00
4	65/1298	8/793	272	Jennifer Gadberry	39	F	Cedar Rapids	IA	7:07	00:22:12.88	00:22:08.85
5	76/1298	12/793	915	Vanessa Vega	37	F	Cedar Rapids	IA	7:14	00:22:52.65	00:22:29.73
6	82/1298	14/793	1668	Tiffany Czarnomski	35	F	Cedar Rapids	IA	7:18	00:23:01.87	00:22:42.93
7	90/1298	16/793	667	Lydia Christoffersen	39	F	Cedar Rapids	IA	7:24	00:23:04.77	00:23:01.43
8	113/1298	23/793	1399	Piper Twachtmann	32	F	Cedar Rapids	IA	7:42	00:24:22.41	00:23:57.55
9	155/1298	34/793	1988	Alicia Unkrich	30	F	Cedar Rapids	IA	8:02	00:26:52.68	00:24:59.46
10	160/1298	38/793	1457	Cassandra Mahoney	32	F	Cedar Rapids	IA	8:04	00:25:18.14	00:25:04.47
11	180/1298	47/793	229	Tess Duckett	38	F	Ely	IA	8:12	00:25:33.41	00:25:29.88
12	181/1298	48/793	1032	Allison Murphy	38	F	Marion	IA	8:13	00:25:35.01	00:25:32.06
13	210/1298	59/793	844	Kristy Jellison	39	F	Cedar Rapids	IA	8:25	00:26:53.69	00:26:11.55
14	216/1298	62/793	1977	Brandi Vercande	38	F	Williamsburg	IA	8:27	00:26:45.53	00:26:15.61
15	218/1298	64/793	28	Nicole Kintzle	31	F	Cedar Rapids	IA	8:28	00:26:42.51	00:26:18.88
16	225/1298	68/793	569	Genoa Martin	31	F	Cedar Rapids	IA	8:32	00:27:27.96	00:26:32.76
17	230/1298	71/793	1146	Emily Barnard	39	F	Cedar Rapids	IA	8:33	00:26:58.16	00:26:34.73
18	244/1298	79/793	728	Jacqueline Lavelly	31	F	Iowa City	IA	8:37	00:27:20.78	00:26:49.32
19	254/1298	85/793	1782	Annaliese Mitchell	36	F	Marion	IA	8:40	00:27:27.77	00:26:57.13

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
20	256/1298	86/793	917	Megan Heffernen	33	F	Davenport	IA	8:40	00:27:18.99	00:26:58.26
21	257/1298	87/793	138	Paula O'dell	31	F	Cedar Rapids	IA	8:40	00:31:36.93	00:26:58.70
22	258/1298	88/793	490	Donna Watkinson	36	F	Cedar Rapids	IA	8:41	00:27:06.81	00:26:59.12
23	263/1298	89/793	1465	Katie Wagner	33	F	Cedar Rapids	IA	8:43	00:27:42.17	00:27:05.55
24	274/1298	94/793	175	Stacy Champion	36	F	Solon	IA	8:46	00:27:34.68	00:27:15.77
25	275/1298	95/793	29	Becky Lahart	39	F	Cedar Rapids	IA	8:46	00:27:40.16	00:27:16.33
26	296/1298	106/793	694	Sarah Mohwinkle	33	F	Cedar Rapids	IA	8:52	00:28:03.11	00:27:34.44
27	304/1298	111/793	206	Emily Snedden	36	F	Dyersville	IA	8:54	00:27:56.07	00:27:41.65
28	308/1298	114/793	1922	Kris Diehl	39	F	Cedar Rapids	IA	8:56	00:28:26.42	00:27:46.13
29	319/1298	118/793	455	Amanda Kloser	32	F	Marion	IA	9:01	00:28:17.17	00:28:02.98
30	323/1298	120/793	1448	Amanda Farber	38	F	Marion	IA	9:01	00:28:40.40	00:28:03.59
31	324/1298	121/793	268	Meghann Krogmann	30	F	Marion	IA	9:01	00:28:21.67	00:28:03.98
32	334/1298	126/793	777	Melissa Wheatley	38	F	Coggon	IA	9:06	00:29:06.03	00:28:16.95
33	338/1298	129/793	38	Nikki Rudzki	34	F	Marion	IA	9:06	00:28:26.57	00:28:19.37
34	339/1298	130/793	22	Carol Bridgewater	39	F	Ely	IA	9:07	00:28:26.57	00:28:19.62
35	340/1298	131/793	577	Stacy Drumm	34	F	Marion	IA	9:08	00:28:33.90	00:28:23.48
36	348/1298	136/793	959	Jamie Henderson	36	F	Cedar Rapids	IA	9:09	00:29:30.72	00:28:28.77
37	353/1298	139/793	1282	Kate Hopper	38	F	Robins	IA	9:10	00:28:55.92	00:28:31.49
38	386/1298	156/793	1117	Jun Yi Lio	33	F	Cedar Rapids	IA	9:20	00:29:25.17	00:29:01.25
39	392/1298	159/793	1768	Stephanie Lurk	37	F	Cedar Rapids	IA	9:22	00:29:49.82	00:29:08.74
40	400/1298	166/793	988	Jill Engels	36	F	Tipton	IA	9:25	00:29:44.33	00:29:15.58
41	418/1298	176/793	1208	Faye Pineda	38	F	Cedar Rapids	IA	9:29	00:30:01.29	00:29:28.34
42	438/1298	186/793	931	Mallory Marshall	31	F	Marion	IA	9:34	00:29:55.67	00:29:43.46
43	457/1298	197/793	210	Barb Davis	39	F	North Liberty	IA	9:39	00:30:31.40	00:29:59.95
44	474/1298	208/793	269	Briana Lovelace	33	F	Cedar Rapids	IA	9:45	00:30:52.78	00:30:18.23
45	477/1298	210/793	524	Teresa Coker	39	F	Cedar Rapids	IA	9:46	00:30:36.21	00:30:22.91
46	482/1298	214/793	1940	Caitlin Hogan	34	F	Iowa City	IA	9:47	00:31:35.31	00:30:25.21
47	483/1298	215/793	2006	Karen Hammar	31	F	Hiawatha	IA	9:47	00:30:42.50	00:30:25.89
48	486/1298	217/793	1507	Lia Fontaine	38	F	Cedar Rapids	IA	9:48	00:31:11.42	00:30:29.54
49	510/1298	228/793	1952	Lesley Mullan	39	F	Cedar Rapids	IA	9:53	00:31:44.17	00:30:45.46
50	516/1298	233/793	1014	Elsabeth Hepworth	31	F	Cedar Rapids	IA	9:55	00:31:14.16	00:30:50.55
51	518/1298	235/793	825	Cyndi Losey	38	F	Independence	IA	9:55	00:31:47.38	00:30:51.10
52	528/1298	243/793	1195	Mikki Dohman	37	F	Hiawatha	IA	9:57	00:32:05.32	00:30:56.24
53	530/1298	244/793	1975	Leticia Timmerman	37	F	Hiawatha	IA	9:57	00:32:05.12	00:30:56.44
54	539/1298	249/793	32	April Neal	33	F	Cedar Rapids	IA	10:00	00:31:27.79	00:31:06.07
55	543/1298	251/793	2182	Cally Sparks	30	F	Pella	IA	10:03	00:31:41.17	00:31:14.72
56	565/1298	264/793	1605	Mallory Landuyt	30	F	Belle Plaine	IA	10:09	00:32:28.72	00:31:33.85
57	566/1298	265/793	1479	Annie Meyer	38	F	Cedar Rapids	IA	10:09	00:31:39.39	00:31:33.99
58	572/1298	270/793	1532	Mariah Obiedzinski	35	F	Center Point	IA	10:10	00:32:36.43	00:31:36.84
59	573/1298	271/793	1097	Cristy Mcnamara	39	F	Cedar Rapids	IA	10:10	00:31:37.54	00:31:37.54
60	574/1298	272/793	19	Lindsay Kellogg	37	F	Cedar Rapids	IA	10:11	00:32:50.24	00:31:39.54
61	575/1298	273/793	1626	Nicole Arnold	35	F	Cedar Rapids	IA	10:11	00:32:23.64	00:31:39.72
62	577/1298	275/793	567	Kim Jaeger	34	F	Swisher	IA	10:11	00:32:11.82	00:31:40.21
63	580/1298	278/793	1961	Abbie Port	34	F	Central City	IA	10:12	00:32:06.53	00:31:43.74
64	584/1298	281/793	142	Jennifer Scott	34	F	Cedar Rapids	IA	10:14	00:32:14.66	00:31:48.06
65	589/1298	284/793	1907	Jordan Bear	30	F	Tama	IA	10:16	00:32:21.63	00:31:54.15
66	605/1298	295/793	1085	Ashley Grimm	33	F	Walford	IA	10:20	00:32:35.88	00:32:08.16
67	612/1298	297/793	1104	Liz Moomey	33	F	Iowa City	IA	10:21	00:33:09.77	00:32:12.23
68	615/1298	298/793	373	Kendra Krause	31	F	Monticello	IA	10:22	00:33:10.63	00:32:14.18
69	618/1298	300/793	316	Ambrea Manley	31	F	Cedar Rapids	IA	10:23	00:33:47.83	00:32:18.37

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
70	619/1298	301/793	282	Katie Debower	34	F	Central City	IA	10:24	00:33:21.78	00:32:20.08
71	620/1298	302/793	1945	Jean Kazimour	32	F	Cedar Rapids	IA	10:24	00:33:49.43	00:32:20.26
72	626/1298	306/793	1203	Xiaochen Yu	34	F	North Liberty	IA	10:28	00:32:42.58	00:32:31.38
73	638/1298	318/793	81	Kelly Goerd	30	F	Hiawatha	IA	10:34	00:33:29.68	00:32:50.28
74	639/1298	319/793	394	Ellen Reuter	30	F	Cedar Rapids	IA	10:34	00:33:40.94	00:32:50.62
75	644/1298	321/793	82	Becky Johnson	34	F	Cedar Rapids	IA	10:35	00:33:29.43	00:32:53.33
76	645/1298	322/793	1011	Ali Carlson	31	F	Marion	IA	10:35	00:33:36.58	00:32:53.68
77	647/1298	323/793	86	Theresa Havlik	33	F	Swisher	IA	10:35	00:34:00.44	00:32:55.04
78	655/1298	329/793	1250	Aubrey Finch	36	F	Fairfax	IA	10:38	00:34:49.08	00:33:04.40
79	658/1298	332/793	1124	Lindsay Alons	37	F	Cedar Rapids	IA	10:39	00:33:21.33	00:33:05.64
80	664/1298	335/793	1490	Kari Ford	38	F	Riverside	IA	10:39	00:33:24.93	00:33:08.31
81	668/1298	337/793	937	Erin Langdon	36	F	Cedar Rapids	IA	10:41	00:33:12.39	00:33:12.39
82	671/1298	339/793	133	Amy Hanse	32	F	Marion	IA	10:42	00:33:57.48	00:33:15.06
83	672/1298	340/793	1696	Alexas Greene	32	F	Marion	IA	10:42	00:33:59.67	00:33:16.15
84	673/1298	341/793	474	Rachel Barnd	32	F	Marion	IA	10:42	00:34:05.29	00:33:16.21
85	682/1298	347/793	264	Jodee Denklau	32	F	Cedar Rapids	IA	10:43	00:34:16.29	00:33:20.41
86	691/1298	353/793	160	Erin Raftery	36	F	Cedar Rapids	IA	10:48	00:34:30.04	00:33:34.56
87	703/1298	361/793	383	Victoria Wanda	31	F	Cedar Rapids	IA	10:53	00:34:19.79	00:33:51.69
88	705/1298	363/793	1403	Stephanie Naylor	36	F	Cedar Rapids	IA	10:54	00:34:01.27	00:33:54.07
89	710/1298	367/793	1936	Angela Hauskins	35	F	Marion	IA	10:55	00:34:36.29	00:33:57.29
90	718/1298	374/793	1444	Nicole Tallerico	32	F	Marion	IA	10:59	00:34:46.86	00:34:08.07
91	719/1298	375/793	1846	Emily Schmitt	39	F	Asbury	IA	10:59	00:34:41.20	00:34:08.31
92	731/1298	383/793	213	Kristin Tesch	38	F	Marion	IA	11:01	00:34:46.71	00:34:15.24
93	733/1298	384/793	1904	Sharelle Baker	30	F	Cedar Rapids	IA	11:01	00:34:42.93	00:34:16.49
94	739/1298	387/793	601	Brenda Swanson	34	F	Marion	IA	11:05	00:35:17.04	00:34:26.71
95	744/1298	392/793	1710	Sara Hatch	34	F	Cedar Rapids	IA	11:05	00:35:09.03	00:34:28.15
96	746/1298	394/793	956	Amanda Campbell	36	F	Cedar Rapids	IA	11:05	00:35:30.18	00:34:28.54
97	747/1298	395/793	1398	Megan Twachtmann	32	F	Cedar Rapids	IA	11:05	00:35:29.75	00:34:28.79
98	752/1298	399/793	1492	Robyn Hoppman	31	F	Riverside	IA	11:07	00:35:30.58	00:34:32.82
99	786/1298	422/793	421	Steph Olson	36	F	Fairfax	IA	11:16	00:36:29.66	00:35:00.48
100	794/1298	430/793	134	Allison Hart	32	F	Cedar Rapids	IA	11:21	00:35:54.93	00:35:16.47
101	804/1298	437/793	386	Jennifer Cunningham	36	F	Cedar Rapids	IA	11:28	00:36:34.11	00:35:40.28
102	814/1298	443/793	73	Kallie Neuhaus	30	F	Coralville	IA	11:34	00:37:09.21	00:35:59.11
103	818/1298	446/793	1789	Candice Mullnix	33	F	Marion	IA	11:40	00:37:08.75	00:36:16.59
104	822/1298	449/793	378	Katie Tanner	31	F	Marion	IA	11:42	00:37:32.15	00:36:22.85
105	823/1298	450/793	665	Rebekah Stewart	35	F	Cedar Rapids	IA	11:42	00:36:58.80	00:36:23.52
106	824/1298	451/793	962	Cynthia Stier	36	F	Cedar Rapids	IA	11:43	00:37:02.95	00:36:26.55
107	827/1298	454/793	1872	Traci Vanquakebeke	39	F	Marion	IA	11:44	00:37:11.37	00:36:29.68
108	828/1298	455/793	1781	Abby Miller	35	F	Cedar Rapids	IA	11:45	00:37:12.19	00:36:31.24
109	831/1298	458/793	957	Angela French	38	F	Marion	IA	11:46	00:37:38.19	00:36:35.74
110	833/1298	460/793	1328	Hannah Bazal	36	F	Cedar Rapids	IA	11:47	00:36:48.61	00:36:37.19
111	840/1298	464/793	355	Cody Simoens	34	F	Cedar Rapids	IA	11:50	00:37:33.98	00:36:48.78
112	844/1298	468/793	1944	Katie Kascel	30	F	Marion	IA	11:52	00:37:09.15	00:36:54.72
113	847/1298	471/793	1633	Lindsay Beaman	37	F	Center Point	IA	11:56	00:37:57.78	00:37:07.33
114	861/1298	480/793	530	Jennifer Somerville	35	F	Marionmarion	IA	12:04	00:38:06.89	00:37:30.37
115	868/1298	486/793	202	Autumn Venhuizen	39	F	Cedar Rapids	IA	12:09	00:38:19.02	00:37:47.37
116	873/1298	488/793	592	Shelly Zeimet	31	F	Marion	IA	12:14	00:38:24.72	00:38:02.54
117	874/1298	489/793	591	Sarah Hammonds	32	F	Marion	IA	12:14	00:38:24.54	00:38:02.61
118	881/1298	495/793	547	Padget Skogman	34	F	Marion	IA	12:18	00:39:32.69	00:38:13.50
119	883/1298	496/793	463	Christy Forehand	39	F	Hiawatha	IA	12:18	00:39:06.30	00:38:14.95

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
120	884/1298	497/793	548	Chanda Bierema	37	F	Vinton	IA	12:19	00:38:49.40	00:38:17.21
121	892/1298	502/793	1426	Kayla Mchugh	30	F	Tipton	IA	12:24	00:39:46.69	00:38:33.93
122	893/1298	503/793	1134	Maureen Thorpe	34	F	Cedar Rapids	IA	12:29	00:39:42.19	00:38:48.77
123	897/1298	507/793	395	Nicole Bruce	35	F	Cedar Rapids	IA	12:31	00:40:01.62	00:38:54.93
124	902/1298	512/793	1600	Kelly Robertson	34	F	Fairfax	IA	12:34	00:39:52.85	00:39:04.41
125	906/1298	516/793	925	Katie Giorgio	38	F	Cedar Rapids	IA	12:37	00:39:25.65	00:39:12.76
126	907/1298	517/793	1579	Amy Scheckel	33	F	Cedar Rapids	IA	12:37	00:39:43.05	00:39:13.25
127	911/1298	521/793	1991	Carrie Slager	35	F	Cedar Rapids	IA	12:40	00:45:31.95	00:39:21.77
128	919/1298	528/793	287	Kelly Kass	39	F	Dubuque	IA	12:51	00:40:59.45	00:39:57.37
129	931/1298	536/793	186	Christina Johnson	39	F	Cedar Rapids	IA	13:10	00:40:59.80	00:40:56.47
130	941/1298	543/793	1946	Melissa Kelsey	39	F	Lisbon	IA	13:19	00:41:44.63	00:41:23.41
131	942/1298	544/793	1491	Keely Fox	31	F	Riverside	IA	13:21	00:42:28.02	00:41:30.48
132	946/1298	547/793	1201	Abby Rustioni	35	F	Cedar Rapids	IA	13:25	00:42:01.94	00:41:42.27
133	949/1298	548/793	780	Lauren Udell	33	F	Marion	IA	13:28	00:42:33.81	00:41:53.19
134	950/1298	549/793	198	Nicole Rowland	39	F	Cedar Rapids	IA	13:30	00:42:36.56	00:41:57.97
135	953/1298	551/793	396	Kelly Hemphill	39	F	Marion	IA	13:32	00:42:48.87	00:42:02.92
136	964/1298	559/793	1221	Kelly Stark	38	F	Fairfax	IA	13:34	00:43:17.35	00:42:10.53
137	978/1298	571/793	1132	Ashley Benter	30	F	Mount Vernon	IA	13:47	00:43:43.57	00:42:50.15
138	983/1298	575/793	616	Katie Bedard	33	F	Palo	IA	13:54	00:48:24.39	00:43:13.04
139	991/1298	581/793	56	Nicole Foster	38	F	Cedar Rapids	IA	14:00	00:44:30.68	00:43:32.75
140	992/1298	582/793	57	Paula Purifoy	38	F	Cedar Rapids	IA	14:00	00:44:30.68	00:43:32.92
141	999/1298	588/793	1864	Dana Tiernan	34	F	Marion	IA	14:15	00:45:03.20	00:44:17.00
142	1000/1298	589/793	1674	Elizabeth Dunkelberger	38	F	Marion	IA	14:15	00:45:01.76	00:44:17.63
143	1011/1298	598/793	1080	Jodi Peterka	36	F	Cedar Rapids	IA	14:28	00:46:05.37	00:44:59.67
144	1012/1298	599/793	1073	Andi Fuemmeler	39	F	Cedar Rapids	IA	14:28	00:46:05.46	00:44:59.76
145	1020/1298	604/793	495	Sarah Baker	37	F	Marion	IA	14:44	00:46:33.21	00:45:47.19
146	1026/1298	610/793	1730	Jessica Johnson	35	F	Cedar Rapids	IA	14:53	00:51:16.61	00:46:16.21
147	1027/1298	611/793	1731	Kelsie Johnson	33	F	Cedar Rapids	IA	14:53	00:51:16.62	00:46:16.42
148	1043/1298	621/793	1724	Samie James	31	F	Cedar Rapids	IA	15:18	00:57:21.54	00:47:33.97
149	1045/1298	623/793	1723	Emily James	32	F	Cedar Rapids	IA	15:19	00:57:20.48	00:47:36.02
150	1052/1298	629/793	986	Sarah Crandall	35	F	Cedar Rapids	IA	15:30	00:55:02.38	00:48:11.30
151	1057/1298	633/793	620	Jenelle Edmunds	39	F	Tiffin	IA	15:38	00:49:49.14	00:48:36.47
152	1064/1298	640/793	1758	Jessica Lehs	38	F	Independence	IA	15:52	00:50:25.22	00:49:19.62
153	1065/1298	641/793	1034	Valerie Bartosh	36	F	Elko New Market	MN	15:52	00:50:25.36	00:49:20.41
154	1066/1298	642/793	1033	Crystal Bare	38	F	Winthrop	IA	15:55	00:50:34.10	00:49:28.93
155	1067/1298	643/793	1738	Joy Kessler	36	F	Bennett	IA	15:58	00:49:37.14	00:49:37.14
156	1078/1298	652/793	461	Mollie Fagan	30	F	Cedar Rapids	IA	16:22	00:59:33.02	00:50:51.33
157	1081/1298	654/793	313	Erin Owen	38	F	Cedar Rapids	IA	16:30	01:04:19.75	00:51:17.40
158	1087/1298	658/793	122	Rachel Huber	34	F	Walford	IA	16:46	00:52:58.03	00:52:07.33
159	1103/1298	670/793	1371	Cassie Kruce	36	F	Marion	IA	17:26	00:55:19.15	00:54:11.29
160	1104/1298	671/793	1601	Ana Mendizabal	32	F	Cedar Rapids	IA	17:27	00:54:57.47	00:54:14.76
161	1105/1298	672/793	596	Lacey Hadden	32	F	Cedar Rapids	IA	17:28	01:01:34.64	00:54:16.28
162	1116/1298	680/793	840	Stephanie Marsh	33	F	Monticello	IA	17:40	00:55:34.23	00:54:54.53
163	1117/1298	681/793	838	Heather Marsh	31	F	Monticello	IA	17:40	00:55:34.49	00:54:55.01
164	1119/1298	683/793	948	Angela Dockter	36	F	Cedar Rapids	IA	17:55	00:57:36.46	00:55:41.36
165	1121/1298	685/793	1437	Christy Rozinek	31	F	Swisher	IA	17:57	00:55:48.48	00:55:48.48
166	1142/1298	699/793	1550	Shara Hart	38	F	Marion	IA	18:31	01:06:29.60	00:57:32.46
167	1143/1298	700/793	1325	Kristen Temple	34	F	Cedar Rapids	IA	18:31	01:00:14.99	00:57:33.31
168	1144/1298	701/793	1560	Jessica Scheer	35	F	Cedar Rapids	IA	18:32	01:06:29.04	00:57:35.83
169	1156/1298	707/793	911	Heather Weber	34	F	Manchester	IA	19:02	01:07:13.05	00:59:08.84

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
170	1171/1298	716/793	102	Amanda Phillips	37	F	Oelwein	IA	19:35	01:08:53.76	01:00:53.30
171	1177/1298	720/793	745	Nicole Vaske	34	F	Manchester	IA	19:47	01:08:20.40	01:01:29.29
172	1188/1298	728/793	177	Jen Correll	39	F	North Liberty	IA	20:03	01:19:44.10	01:02:18.99
173	1201/1298	735/793	856	Rachel Brecht	34	F	Swisher	IA	20:26	01:03:31.68	01:03:31.68
174	1218/1298	743/793	1963	Jessica Reth-Linderwel	32	F	Marion	IA	20:43	01:16:53.44	01:04:23.23
175	1229/1298	751/793	205	Stephanie Deitch	34	F	Marion	IA	20:49	01:14:17.61	01:04:41.93
176	1231/1298	752/793	49	Brittney Lampe	33	F	Kalona	IA	20:49	01:04:43.16	01:04:43.16
177	1238/1298	756/793	357	Andrea Anhalt	37	F	Waverly	IA	20:57	01:09:05.01	01:05:05.98
178	1270/1298	776/793	1694	Andrea Grabe	32	F	Cedar Rapids	IA	21:38	01:22:06.86	01:07:15.73
179	1272/1298	778/793	477	Jen Siemering	37	F	Marion	IA	21:43	01:17:55.92	01:07:31.04
180	1276/1298	782/793	112	Jennifer Newendorp	31	F	Kalona	IA	21:57	01:08:14.23	01:08:14.23
181	1298/1298	793/793	252	Kari Pollard	30	F	Coralville	IA	27:22	01:25:03.16	01:25:03.16

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	5/1298	5/505	1719	Brian Howell	33	M	Marion	IA	6:03	00:18:51.40	00:18:48.67
2	15/1298	15/505	36	Cliff Rudzki	34	M	Marion	IA	6:17	00:19:33.86	00:19:31.35
3	18/1298	18/505	646	Justin Schultes	31	M	Cedar Rapids	IA	6:22	00:19:50.54	00:19:47.81
4	20/1298	20/505	572	Shawon Yearous	31	M	Cedar Rapids	IA	6:27	00:20:08.15	00:20:03.97
5	29/1298	28/505	1425	Tyler Turner	33	M	Hiawatha	IA	6:35	00:20:39.54	00:20:29.09
6	30/1298	29/505	1343	Brian Mullenbach	33	M	Cedar Rapids	IA	6:36	00:20:34.05	00:20:31.85
7	34/1298	32/505	1324	Derek Sondag	32	M	Coralville	IA	6:40	00:20:48.65	00:20:45.23
8	35/1298	33/505	1522	A J Johnson	31	M	Ely	IA	6:41	00:20:48.40	00:20:46.30
9	38/1298	35/505	2154	Zach Hill	34	M	Iowa City	IA	6:41	00:20:59.89	00:20:48.70
10	39/1298	36/505	1402	Shawn Kmetz	38	M	Cedar Rapids	IA	6:42	00:20:50.67	00:20:49.48
11	41/1298	38/505	1332	Ryan Black	30	M	Cedar Rapids	IA	6:45	00:21:01.70	00:20:59.19
12	42/1298	39/505	638	Leo Buzalsky	35	M	Cedar Rapids	IA	6:45	00:21:01.65	00:20:59.76
13	43/1298	40/505	161	Ryan Raftery	38	M	Cedar Rapids	IA	6:45	00:21:05.38	00:20:59.99
14	44/1298	41/505	1138	Brandon Moeller	35	M	North Liberty	IA	6:46	00:21:06.39	00:21:01.63
15	48/1298	44/505	1935	Scott Harring	34	M	Swisher	IA	6:49	00:21:20.04	00:21:13.85
16	57/1298	51/505	1161	Alex Gansen	31	M	North Liberty	IA	6:56	00:21:38.04	00:21:34.87
17	60/1298	53/505	1181	Marlon Pineda	39	M	Cedar Rapids	IA	6:57	00:21:39.32	00:21:36.40
18	62/1298	55/505	1816	Chad Pettit	37	M	Marion	IA	7:00	00:21:58.15	00:21:48.01
19	67/1298	59/505	1769	Edton Luvan	31	M	Cedar Rapids	IA	7:08	00:22:19.50	00:22:12.08
20	78/1298	66/505	650	Eric Travagiakis	37	M	Cedar Rapids	IA	7:16	00:22:55.02	00:22:36.59
21	80/1298	68/505	1989	Jeremiah Levendusky	39	M	Cedar Rapids	IA	7:17	00:22:43.57	00:22:40.64
22	84/1298	70/505	969	Miguel Burgos	37	M	Cedar Rapids	IA	7:20	00:22:53.52	00:22:49.60
23	93/1298	77/505	1013	Zachary Hawkins	32	M	Cedar Rapids	IA	7:26	00:23:11.65	00:23:07.00
24	94/1298	78/505	954	Tj Thies	38	M	Cedar Rapids	IA	7:27	00:23:20.80	00:23:10.16
25	96/1298	80/505	590	Isaiah Corbin	30	M	Gilbertville	IA	7:27	00:23:24.48	00:23:10.51
26	97/1298	81/505	167	Jacob Williams	32	M	Cedar Rapids	IA	7:27	00:23:36.44	00:23:10.54
27	101/1298	82/505	317	Brandon Nickell	37	M	Cedar Rapids	IA	7:35	00:24:02.90	00:23:33.77
28	117/1298	93/505	625	Aaron Lehman	33	M	Marion	IA	7:44	00:24:07.40	00:24:02.94
29	119/1298	94/505	203	Lance Votroubek	39	M	Cedar Rapids	IA	7:44	00:24:08.40	00:24:04.66
30	121/1298	95/505	1334	Eric Freese	33	M	Cedar Rapids	IA	7:46	00:25:22.38	00:24:10.68
31	127/1298	99/505	1519	Jb Peterson	36	M	Cedar Rapids	IA	7:50	00:24:31.61	00:24:21.90
32	132/1298	103/505	135	Nathan Kelley	35	M	Marion	IA	7:52	00:25:11.22	00:24:28.11
33	139/1298	109/505	1283	Ryan Krafka	30	M	Iowa City	IA	7:56	00:25:03.09	00:24:39.06

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
34	141/1298	111/505	1976	Terence Travagiakis	30	M	Cedar Rapids	IA	7:57	00:25:01.66	00:24:42.75
35	145/1298	114/505	1368	Ethan Kamerling	31	M	Lisbon	IA	7:58	00:25:26.64	00:24:47.97
36	146/1298	115/505	1567	Andrew Oswalt	32	M	Cedar Rapids	IA	7:59	00:25:04.10	00:24:48.41
37	177/1298	131/505	1225	Dan Barness	35	M	Cedar Rapids	IA	8:10	00:25:41.36	00:25:22.86
38	178/1298	132/505	266	Shawn Driscoll	37	M	Cedar Rapids	IA	8:12	00:25:42.45	00:25:28.89
39	179/1298	133/505	192	Bryan Nehring	38	M	Marion	IA	8:12	00:25:42.17	00:25:29.20
40	184/1298	135/505	2009	Adam Burnham	33	M	Cedar Rapids	IA	8:15	00:25:49.88	00:25:38.68
41	189/1298	139/505	41	Mark Warner	38	M	Ely	IA	8:17	00:25:54.38	00:25:46.93
42	193/1298	142/505	1408	Jeffrey Genkinger	38	M	Cedar Rapids	IA	8:19	00:26:06.39	00:25:51.59
43	199/1298	144/505	118	Jeff Walters	34	M	Cedar Rapids	IA	8:22	00:26:27.67	00:26:01.24
44	207/1298	150/505	843	Derrick Jellison	39	M	Cedar Rapids	IA	8:25	00:26:53.70	00:26:10.94
45	259/1298	171/505	493	Tyler Watkinson	38	M	Cedar Rapids	IA	8:41	00:27:06.60	00:26:59.16
46	268/1298	179/505	270	John Whaley	37	M	Cedar Rapids	IA	8:44	00:27:23.28	00:27:10.92
47	269/1298	180/505	299	Derek Duehr	38	M	Dubuque	IA	8:44	00:27:30.83	00:27:11.12
48	277/1298	181/505	174	Andy Champion	39	M	Solon	IA	8:46	00:27:35.28	00:27:16.57
49	292/1298	187/505	1113	Christopher Frampton	34	M	Cedar Rapids	IA	8:51	00:28:06.37	00:27:30.45
50	295/1298	190/505	170	Neil Bredenberg	32	M	Cedar Rapids	IA	8:52	00:27:50.35	00:27:34.40
51	298/1298	191/505	1953	Lee Neverman	32	M	Marion	IA	8:53	00:28:42.28	00:27:36.36
52	316/1298	200/505	1658	John Christman	31	M	Brooklyn	WI	9:01	00:28:23.94	00:28:01.76
53	325/1298	204/505	267	Justin Krogmann	32	M	Marion	IA	9:02	00:28:21.58	00:28:05.38
54	365/1298	218/505	521	Junior Coker	39	M	Cedar Rapids	IA	9:14	00:28:55.48	00:28:41.36
55	367/1298	220/505	1463	Adam Steele	35	M	Norway	IA	9:14	00:29:09.74	00:28:43.48
56	373/1298	224/505	1114	Jonathan Lam	31	M	Cedar Rapids	IA	9:15	00:29:11.57	00:28:47.12
57	375/1298	226/505	1428	Ryan Rueckert	30	M	Cedar Rapids	IA	9:16	00:29:36.82	00:28:48.12
58	412/1298	238/505	1499	Benjamin Connell	31	M	Cedar Rapids	IA	9:26	00:30:11.17	00:29:19.82
59	433/1298	249/505	907	Josh Seamans	39	M	Solon	IA	9:33	00:30:32.76	00:29:41.41
60	442/1298	253/505	283	Michael Debower	38	M	Central City	IA	9:34	00:30:47.67	00:29:44.74
61	452/1298	257/505	1638	Kyle Bolinder	32	M	Cedar Rapids	IA	9:37	00:30:48.38	00:29:54.74
62	453/1298	258/505	1786	Matthew Mueller	36	M	Cedar Rapids	IA	9:38	00:30:28.34	00:29:55.86
63	454/1298	259/505	1974	Lucas Thorp	30	M	Cedar Rapids	IA	9:38	00:31:02.07	00:29:56.90
64	459/1298	262/505	1704	Zach Hanley	31	M	Cedar Rapids	IA	9:40	00:31:06.04	00:30:02.10
65	461/1298	263/505	1404	Andrew Perez	30	M	Marion	IA	9:40	00:30:04.28	00:30:04.28
66	463/1298	265/505	538	Josh Enloe	39	M	Cedar Rapids	IA	9:41	00:31:01.78	00:30:07.93
67	489/1298	272/505	1804	Kaj O'mara	34	M	Cedar Rapids	IA	9:49	00:31:25.92	00:30:30.47
68	490/1298	273/505	1556	Justin Mullnix	37	M	Marion	IA	9:49	00:31:23.33	00:30:30.77
69	491/1298	274/505	1692	Justin Gehrts	34	M	Cedar Rapids	IA	9:49	00:31:26.41	00:30:31.12
70	497/1298	277/505	449	Kevin Meller	38	M	Riverside	IA	9:50	00:31:09.42	00:30:35.16
71	508/1298	282/505	1939	Doug Hochstedler	39	M	Marion	IA	9:52	00:31:40.17	00:30:42.01
72	529/1298	286/505	1150	Caio Bragatto	32	M	Iowa City	IA	9:57	00:31:51.29	00:30:56.42
73	545/1298	294/505	1443	Doug Talerico	34	M	Marion	IA	10:03	00:31:54.91	00:31:15.73
74	549/1298	297/505	1937	Matthew Hickok	39	M	Brandon	IA	10:04	00:32:00.02	00:31:18.57
75	608/1298	313/505	998	Scott Keeney	39	M	Center Point	IA	10:21	00:33:02.51	00:32:09.54
76	610/1298	314/505	129	Alan Sholes	35	M	Cedar Rapids	IA	10:21	00:33:02.44	00:32:09.75
77	611/1298	315/505	1640	Travis Bouska	35	M	Iowa City	IA	10:21	00:33:22.60	00:32:11.15
78	613/1298	316/505	10	Jeffrey Laban	38	M	Bellevue	IA	10:21	00:33:13.26	00:32:12.45
79	641/1298	322/505	393	Andrew Reuter	32	M	Cedar Rapids	IA	10:34	00:33:41.54	00:32:51.87
80	662/1298	329/505	1785	Tyson Morio	39	M	Hiawatha	IA	10:39	00:33:54.13	00:33:07.20
81	667/1298	331/505	2037	Martin Mcdermott	38	M	Cedar Rapids	IA	10:40	00:34:09.82	00:33:10.25
82	681/1298	335/505	265	Nathan Denklau	34	M	Cedar Rapids	IA	10:43	00:34:16.33	00:33:20.23
83	723/1298	345/505	615	Joe Bedard	30	M	Palolo	IA	10:59	00:35:02.37	00:34:09.17

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
84	726/1298	347/505	1916	Trey Carlson	31	M	Cedar Falls	IA	11:00	00:35:19.57	00:34:11.51
85	753/1298	354/505	1397	Andrew Twachtmann	30	M	Cedar Rapids	IA	11:07	00:35:38.89	00:34:34.92
86	760/1298	356/505	1202	Edward Rustioni	38	M	Cedar Rapids	IA	11:11	00:34:57.00	00:34:46.00
87	763/1298	357/505	1777	Bryce Mcgough	35	M	Cedar Rapids	IA	11:11	00:35:43.86	00:34:46.94
88	785/1298	364/505	418	Cody Olson	37	M	Fairfax	IA	11:15	00:36:29.27	00:34:59.89
89	795/1298	365/505	288	Matt Kass	39	M	Dubuque	IA	11:22	00:36:24.75	00:35:20.83
90	797/1298	366/505	275	Jordan Metzger	33	M	Cedar Rapids	IA	11:24	00:36:25.39	00:35:25.69
91	813/1298	371/505	74	Ryan Neuhaus	33	M	Coralville	IA	11:34	00:37:09.30	00:35:59.00
92	858/1298	381/505	531	Justin Somerville	37	M	Marion	IA	12:04	00:38:07.12	00:37:29.76
93	891/1298	390/505	2076	Jeremy Potts	33	M	Cedar Rapids	IA	12:24	00:39:05.44	00:38:33.24
94	912/1298	391/505	546	Erick Skogman	39	M	Marion	IA	12:43	00:39:32.69	00:39:32.69
95	1032/1298	418/505	1302	Manuel Roman	32	M	Cedar Rapids	IA	15:03	00:47:16.90	00:46:47.96
96	1051/1298	423/505	985	Brian Crandall	35	M	Cedar Rapids	IA	15:29	00:55:00.73	00:48:09.44
97	1106/1298	434/505	1602	Noel Padilla	37	M	Cedar Rapids	IA	17:28	00:54:59.31	00:54:16.60
98	1107/1298	435/505	595	Colton Hadden	32	M	Cedar Rapids	IA	17:29	01:01:37.94	00:54:20.59
99	1154/1298	449/505	1120	Kc Pochobradsky	35	M	Cedar Rapids	IA	19:00	01:13:44.49	00:59:02.89
100	1164/1298	452/505	194	Daniel Pacheco	35	M	Cedar Rapids	IA	19:15	01:01:33.74	00:59:49.80
101	1193/1298	462/505	652	Neal Coleman	34	M	West Des Moines	IA	20:15	01:02:55.07	01:02:55.07
102	1195/1298	464/505	653	Craig Pfeiler	35	M	Cedar Rapids	IA	20:17	01:03:03.25	01:03:03.25
103	1209/1298	470/505	293	Dave Ingoldsby	35	M	Mchenry	IL	20:35	01:19:34.75	01:03:58.02
104	1287/1298	500/505	58	Lee Weber	34	M	Cedar Rapids	IA	22:42	01:10:33.33	01:10:33.33
105	1290/1298	502/505	340	Jarin Sund	32	M	Cedar Rapids	IA	23:02	01:27:12.28	01:11:36.56
106	1296/1298	505/505	251	Darron Pollard	38	M	Coralville	IA	24:46	01:25:03.15	01:16:58.50

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	72/1298	11/793	1009	Carrie Wilkerson	42	F	Center Point	IA	7:12	00:22:25.65	00:22:24.06
2	86/1298	15/793	1902	Lori Anderson	41	F	Cedar Rapids	IA	7:21	00:22:56.65	00:22:52.21
3	98/1298	17/793	564	Christina Beck	40	F	Marion	IA	7:27	00:23:32.41	00:23:11.84
4	100/1298	19/793	96	Lisa Lambi	41	F	North Liberty	IA	7:35	00:23:42.65	00:23:33.71
5	111/1298	21/793	2000	Annette Lorenz	48	F	Cedar Rapids	IA	7:42	00:24:01.52	00:23:56.10
6	112/1298	22/793	640	Kathryn Cater	48	F	Hiawatha	IA	7:42	00:24:03.91	00:23:56.94
7	118/1298	25/793	1879	Jill Waterman	49	F	Strawberry Point	IA	7:44	00:24:09.82	00:24:04.15
8	125/1298	28/793	807	Becky Cernin	40	F	Bettendorf	IA	7:50	00:24:46.52	00:24:20.60
9	138/1298	30/793	1284	Tracy Severtsgaard	44	F	La Porte City	IA	7:55	00:25:03.08	00:24:38.65
10	156/1298	35/793	1570	Summer Pingel	42	F	Cedar Rapids	IA	8:02	00:25:05.91	00:25:00.02
11	158/1298	36/793	372	Jennifer Hughes	40	F	Cedar Rapids	IA	8:03	00:25:07.66	00:25:01.70
12	159/1298	37/793	1058	Lisa Nicol	48	F	Solon	IA	8:04	00:25:17.12	00:25:04.42
13	190/1298	51/793	1992	Brenda Swanson	49	F	Swisher	IA	8:18	00:25:54.66	00:25:47.32
14	194/1298	52/793	1995	Tami Skriver	47	F	Swisher	IA	8:19	00:26:14.16	00:25:52.95
15	198/1298	55/793	1651	Lori Cagley	42	F	Cedar Rapids	IA	8:21	00:26:04.14	00:25:59.50
16	203/1298	56/793	1987	Sarah Rochleau	47	F	Hiawatha	IA	8:24	00:26:18.77	00:26:07.06
17	209/1298	58/793	1969	Carrie Steffen	46	F	Cedar Rapids	IA	8:25	00:26:28.66	00:26:11.18
18	220/1298	65/793	67	Kelly Draper	41	F	Marion	IA	8:28	00:26:58.16	00:26:20.31
19	239/1298	75/793	1187	Kim Barns	49	F	Marion	IA	8:37	00:27:08.41	00:26:46.49
20	242/1298	77/793	428	Maria Bowman	49	F	Robins	IA	8:37	00:26:52.16	00:26:47.61
21	245/1298	80/793	2170	Elizabeth Driskell	47	F	Cedar Rapids	IA	8:38	00:27:07.88	00:26:49.97
22	281/1298	98/793	778	Holly Kepros	40	F	North Liberty	IA	8:48	00:27:39.76	00:27:22.10

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
23	286/1298	102/793	350	Suzanne Vercande	49	F	Hiawatha	IA	8:49	00:27:56.78	00:27:25.77
24	291/1298	105/793	1919	Jamie Daman	42	F	Marion	IA	8:51	00:27:44.04	00:27:30.09
25	297/1298	107/793	963	Julie Summers	42	F	Cedar Rapids	IA	8:52	00:28:37.36	00:27:35.92
26	301/1298	109/793	409	Nichole Plagge	44	F	Cedar Rapids	IA	8:54	00:28:10.67	00:27:39.27
27	329/1298	123/793	1711	Amanda Heck	41	F	Chelsea	IA	9:04	00:28:30.65	00:28:13.22
28	332/1298	125/793	348	Sara Scott	47	F	Hiawatha	IA	9:05	00:29:40.08	00:28:15.64
29	342/1298	132/793	157	Ursula Livermore	47	F	Robins	IA	9:08	00:28:40.81	00:28:24.14
30	349/1298	137/793	452	Cathy Delana	43	F	Cedar Rapids	IA	9:10	00:28:47.09	00:28:30.38
31	364/1298	147/793	841	Ashley Coates	47	F	Marion	IA	9:13	00:29:07.69	00:28:40.26
32	377/1298	150/793	1384	Carrie Evans	44	F	North Liberty	IA	9:17	00:29:16.63	00:28:51.21
33	387/1298	157/793	946	Amy Mcdonald	46	F	Marion	IA	9:21	00:29:35.82	00:29:03.39
34	395/1298	162/793	949	Tracy Niemeyer	47	F	Cedar Rapids	IA	9:23	00:29:42.79	00:29:11.54
35	401/1298	167/793	1927	Larae Edens	44	F	Tipton	IA	9:25	00:29:44.33	00:29:15.79
36	404/1298	169/793	1870	Angelica Vannatta	43	F	Marion	IA	9:25	00:29:57.36	00:29:16.74
37	421/1298	178/793	1726	Anne Johnson	45	F	Solon	IA	9:30	00:29:45.03	00:29:31.10
38	424/1298	180/793	1061	Tory Haefner	45	F	Cedar Rapids	IA	9:31	00:30:06.17	00:29:34.31
39	460/1298	198/793	351	Christi Dalecky	45	F	Marion	IA	9:40	00:30:29.51	00:30:03.62
40	476/1298	209/793	444	Ellery Smith	42	F	Cedar Rapids	IA	9:46	00:30:41.92	00:30:21.48
41	485/1298	216/793	280	Abbie Steil	41	F	Marion	IA	9:48	00:30:58.84	00:30:27.78
42	495/1298	219/793	516	Ann Stroh Do	47	F	Cedar Rapids	IA	9:50	00:30:33.42	00:30:33.42
43	507/1298	226/793	1070	Sorayda Hollinger	42	F	Cedar Rapids	IA	9:52	00:30:53.36	00:30:40.90
44	523/1298	238/793	1541	Stacey Below	42	F	Cedar Rapids	IA	9:56	00:31:03.72	00:30:52.30
45	527/1298	242/793	1498	Katie Buresh	41	F	Cedar Rapids	IA	9:57	00:31:26.62	00:30:56.04
46	533/1298	245/793	62	Kim Fall	48	F	Lisbon	IA	9:57	00:31:26.41	00:30:57.97
47	535/1298	246/793	184	Kristen Hendryx	42	F	Palo	IA	9:58	00:31:18.02	00:30:58.71
48	550/1298	253/793	1676	Nadia Dwight	40	F	Monticello	IA	10:04	00:31:50.74	00:31:18.88
49	553/1298	255/793	1667	Kelly Cummings	47	F	Fairbank	IA	10:05	00:32:14.04	00:31:22.27
50	556/1298	257/793	1330	Jennifer Campbell-Wes	44	F	Cedar Rapids	IA	10:06	00:32:13.68	00:31:24.79
51	560/1298	260/793	2026	Amy Cohen	42	F	Cedar Rapids	IA	10:08	00:31:51.43	00:31:30.31
52	564/1298	263/793	20	Nicole Yeboah	45	F	Cedar Rapids	IA	10:09	00:32:36.54	00:31:32.79
53	570/1298	268/793	697	Tracy Simmons	49	F	Cedar Rapids	IA	10:10	00:32:35.00	00:31:35.85
54	571/1298	269/793	965	Melissa Wagner	44	F	Ely	IA	10:10	00:32:37.23	00:31:36.27
55	576/1298	274/793	1652	Sandra Cano	45	F	Cedar Rapids	IA	10:11	00:32:22.81	00:31:40.14
56	585/1298	282/793	584	Melissa Wehr	40	F	Fairfax	IA	10:14	00:32:45.18	00:31:48.27
57	590/1298	285/793	845	Janis Johnson	40	F	Marion	IA	10:16	00:32:37.52	00:31:54.22
58	592/1298	287/793	905	Tammy Wilkerson	41	F	Amana	IA	10:16	00:32:31.16	00:31:56.49
59	595/1298	288/793	1948	Kristin Konigsmark	47	F	Cedar Rapids	IA	10:18	00:32:26.73	00:32:01.53
60	596/1298	289/793	405	Mandy Norris	43	F	Cedar Rapids	IA	10:18	00:32:46.68	00:32:01.76
61	599/1298	290/793	456	Becky Prier	45	F	Marion	IA	10:19	00:32:19.39	00:32:03.77
62	603/1298	293/793	414	Christene Langmann	42	F	Ely	IA	10:19	00:32:52.54	00:32:04.92
63	604/1298	294/793	412	Jeannette Fauchier	43	F	Ely	IA	10:19	00:32:52.88	00:32:05.26
64	609/1298	296/793	984	Gretchen Cornwell	42	F	Toddville	IA	10:21	00:33:02.24	00:32:09.64
65	628/1298	308/793	733	Hether Stauffacher	45	F	Cedar Rapids	IA	10:28	00:32:57.63	00:32:31.97
66	633/1298	313/793	1802	Carrie Olmstead	43	F	Alburnett	IA	10:32	00:33:32.18	00:32:45.75
67	643/1298	320/793	709	Cindy Neis	48	F	Fairfax	IA	10:34	00:33:49.16	00:32:52.44
68	676/1298	343/793	168	Courtney Avis	42	F	Cedar Rapids	IA	10:42	00:33:57.40	00:33:16.91
69	690/1298	352/793	146	Kimberly Menke	48	F	Cedar Rapids	IA	10:48	00:34:28.14	00:33:34.29
70	700/1298	358/793	1685	Jodi Flynn	48	F	Iowa City	IA	10:52	00:34:49.43	00:33:46.00
71	701/1298	359/793	1028	Karen Reznicow	44	F	Marion	IA	10:52	00:34:24.12	00:33:48.67
72	708/1298	365/793	1226	Teresa Cretin	42	F	Atkins	IA	10:55	00:34:30.15	00:33:56.23

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
73	715/1298	372/793	1603	Carmen Covington	44	F	Fairfax	IA	10:58	00:34:49.93	00:34:05.76
74	720/1298	376/793	993	Monique Harris	41	F	Cedar Rapids	IA	10:59	00:34:13.26	00:34:08.40
75	727/1298	380/793	97	Cindy Linder	49	F	Cedar Rapids	IA	11:00	00:34:57.62	00:34:12.42
76	729/1298	382/793	851	Nicole Lee	44	F	Cedar Rapids	IA	11:01	00:34:59.06	00:34:14.66
77	749/1298	397/793	1805	Dori Patrick	45	F	Cedar Rapids	IA	11:06	00:35:07.58	00:34:30.96
78	771/1298	411/793	893	Janette Stecker	47	F	Cedar Rapids	IA	11:13	00:35:17.13	00:34:52.06
79	774/1298	413/793	1545	Layce Fillner	41	F	Marion	IA	11:13	00:35:52.99	00:34:52.34
80	787/1298	423/793	413	Kari Kempf	45	F	Swisher	IA	11:16	00:36:29.66	00:35:01.11
81	789/1298	425/793	666	Angela Westbrook	40	F	Marion	IA	11:16	00:35:28.91	00:35:02.65
82	791/1298	427/793	1628	Stacia Barnard	49	F	Cedar Rapids	IA	11:17	00:35:34.43	00:35:06.33
83	792/1298	428/793	842	Katie Howell	42	F	Marion	IA	11:18	00:35:58.44	00:35:08.51
84	802/1298	435/793	408	Tammy Buseman	45	F	Marion	IA	11:28	00:36:09.07	00:35:38.69
85	803/1298	436/793	385	Shaun Clasen	42	F	Marion	IA	11:28	00:36:33.90	00:35:40.08
86	806/1298	439/793	1654	Mariama Ceesay	42	F	Cedar Rapids	IA	11:29	00:35:56.23	00:35:42.72
87	808/1298	440/793	755	Joy Williams	46	F	Oshkosh	WI	11:31	00:36:59.19	00:35:47.03
88	816/1298	445/793	1281	Bridget Heather	40	F	Alburnett	IA	11:37	00:36:10.70	00:36:07.27
89	829/1298	456/793	145	Kimberly Mcguire	47	F	Marion	IA	11:46	00:36:59.61	00:36:33.92
90	835/1298	461/793	719	Angie Eilders	44	F	Cedar Rapids	IA	11:48	00:36:52.76	00:36:40.70
91	836/1298	462/793	716	Jenny Botsford	45	F	Cedar Rapids	IA	11:48	00:36:52.76	00:36:40.84
92	839/1298	463/793	801	Danielle Bentley	45	F	Cedar Rapids	IA	11:50	00:37:33.05	00:36:48.48
93	841/1298	465/793	928	Jennifer Watson	45	F	Cedar Rapids	IA	11:51	00:37:36.39	00:36:50.96
94	851/1298	474/793	1895	Emilia Wiskus	45	F	West Union	IA	11:58	00:37:22.77	00:37:12.60
95	852/1298	475/793	1112	Christine Day	49	F	Palo	IA	11:58	00:37:38.01	00:37:13.58
96	853/1298	476/793	1111	Stephanie Cook	48	F	Cedar Rapids	IA	11:59	00:37:38.00	00:37:14.19
97	887/1298	499/793	1292	Melanie Klose	42	F	Cedar Rapids	IA	12:22	00:39:19.69	00:38:27.98
98	888/1298	500/793	1289	Angie Becker	45	F	Cedar Rapids	IA	12:23	00:39:19.98	00:38:28.81
99	894/1298	504/793	368	Shaunda Clark	49	F	Urbana	IA	12:30	00:39:45.77	00:38:50.31
100	896/1298	506/793	637	Sheryl Becker	42	F	Marion	IA	12:31	00:39:48.19	00:38:53.73
101	904/1298	514/793	1156	Amanda Proper	43	F	Marion	IA	12:36	00:40:01.62	00:39:10.07
102	916/1298	525/793	16	Stacy Huber	43	F	Cedar Rapids	IA	12:49	00:41:06.42	00:39:51.00
103	920/1298	529/793	53	Janet Henry	41	F	Cedar Rapids	IA	12:52	00:40:26.10	00:39:59.80
104	922/1298	531/793	103	Kara Schmith	47	F	Oelwein	IA	12:57	00:40:47.69	00:40:16.20
105	945/1298	546/793	59	Valerie Davis	48	F	Cedar Rapids	IA	13:24	00:42:34.94	00:41:38.66
106	960/1298	557/793	1825	Colleen Portzline	44	F	Marion	IA	13:33	00:42:48.87	00:42:06.54
107	966/1298	561/793	1315	Ann Romo	46	F	Cedar Rapids	IA	13:37	00:43:35.02	00:42:18.58
108	967/1298	562/793	1307	Brandy Baxter	43	F	Cedar Rapids	IA	13:37	00:43:34.82	00:42:18.62
109	980/1298	573/793	560	Kerri Jolley	40	F	Cedar Rapids	IA	13:50	00:55:56.58	00:42:59.38
110	981/1298	574/793	39	Erin Troll	41	F	Cedar Rapids	IA	13:51	00:44:01.77	00:43:02.82
111	986/1298	577/793	805	Stephanie Boesenberg	46	F	Cedar Rapids	IA	13:55	00:44:19.11	00:43:17.24
112	988/1298	578/793	832	Monica Wessels	49	F	South Amana	IA	13:57	00:44:09.81	00:43:23.17
113	993/1298	583/793	1653	Suzanne Carter	45	F	Cedar Rapids	IA	14:02	00:44:52.83	00:43:37.40
114	995/1298	585/793	1762	Tammi Lewis	44	F	Cedar Rapids	IA	14:07	00:52:20.50	00:43:54.47
115	996/1298	586/793	1174	Fawn Vozenilek	48	F	Cedar Rapids	IA	14:10	00:44:57.70	00:44:02.04
116	1005/1298	594/793	1543	Julie Cunningham	40	F	Cedar Rapids	IA	14:24	00:45:38.96	00:44:45.00
117	1006/1298	595/793	1677	Donna Eastep	49	F	Grimes	IA	14:25	00:45:00.81	00:44:48.65
118	1007/1298	596/793	1778	Malisa Mcquown	46	F	Marion	IA	14:25	00:45:00.73	00:44:48.78
119	1010/1298	597/793	1497	Tammy Stewart	49	F	Riverside	IA	14:28	00:44:59.31	00:44:59.31
120	1017/1298	602/793	1858	Heidi Steffen	41	F	Marion	IA	14:38	00:46:20.96	00:45:29.29
121	1018/1298	603/793	1030	Ellisha Bennink	49	F	Cedar Rapids	IA	14:42	00:46:32.46	00:45:40.90
122	1030/1298	614/793	552	Lisa Smith	49	F	Cedar Rapids	IA	15:01	00:47:50.71	00:46:42.04

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
123	1038/1298	618/793	1725	Amy Jardon	45	F	Cedar Falls	IA	15:10	00:47:52.66	00:47:09.32
124	1041/1298	620/793	1800	Sara Ochsner	40	F	Cedar Rapids	IA	15:13	00:48:23.96	00:47:19.03
125	1050/1298	628/793	6	Christina Laban	41	F	Davenport	IA	15:28	00:49:03.50	00:48:03.30
126	1068/1298	644/793	1407	Amber Doyle	40	F	Cedar Rapids	IA	16:00	00:51:03.77	00:49:44.09
127	1083/1298	656/793	1555	Laurie Lutgen	47	F	Marion	IA	16:33	00:57:39.20	00:51:26.00
128	1100/1298	667/793	1528	Wendy Bulechek	48	F	Solon	IA	17:17	00:57:29.81	00:53:44.63
129	1112/1298	676/793	2171	Kristi Emick	42	F	North Liberty	IA	17:35	01:03:58.75	00:54:38.36
130	1120/1298	684/793	1713	Amy Hetherington	46	F	West Des Moines	IA	17:56	01:07:13.83	00:55:44.43
131	1122/1298	686/793	537	Jenny Borst	40	F	Olin	IA	18:14	01:09:03.45	00:56:39.82
132	1127/1298	688/793	1591	Grace Shaffer	48	F	Stanwood	IA	18:18	00:58:07.10	00:56:52.71
133	1137/1298	695/793	1456	Maria Harris	41	F	Muscatine	IA	18:26	00:58:42.61	00:57:17.69
134	1138/1298	696/793	1894	Wendy Williams	46	F	Cedar Rapids	IA	18:26	00:57:38.80	00:57:19.28
135	1141/1298	698/793	1296	Tami Brush	41	F	Fairfax	IA	18:31	01:05:16.70	00:57:32.31
136	1146/1298	702/793	1610	Holly Langer	43	F	Marion	IA	18:35	01:03:15.30	00:57:46.38
137	1149/1298	703/793	535	Soraya Teeling	47	F	Lisbon	IA	18:50	00:58:33.53	00:58:33.53
138	1157/1298	708/793	1409	Debby Behnke	48	F	Marion	IA	19:04	01:01:17.59	00:59:16.39
139	1163/1298	712/793	831	Tracy Szyszka	49	F	Cedar Rapids	IA	19:15	01:05:07.57	00:59:48.94
140	1185/1298	726/793	511	Jody Shaw	49	F	Atkins	IA	19:57	01:18:23.28	01:02:00.41
141	1205/1298	737/793	1288	Jenni Knock	46	F	Swisher	IA	20:30	01:03:43.75	01:03:43.75
142	1207/1298	738/793	1287	Michelle Dopp	49	F	Cedar Rapids	IA	20:30	01:03:44.44	01:03:44.44
143	1208/1298	739/793	108	Lisa Sperflage	49	F	Monticello	IA	20:32	01:09:03.31	01:03:48.18
144	1222/1298	746/793	390	Julie Lear	41	F	Marion	IA	20:45	01:15:25.70	01:04:29.75
145	1224/1298	748/793	212	Brenda Miller	42	F	Marion	IA	20:46	01:14:25.03	01:04:32.83
146	1257/1298	768/793	751	Kendall Mcfarland	46	F	Cedar Rapids	IA	21:22	01:17:53.62	01:06:25.45
147	1260/1298	771/793	1941	Destini Hoth	42	F	Marion	IA	21:24	01:24:19.14	01:06:30.12
148	1262/1298	773/793	865	Candice Smith	46	F	Iowa City	IA	21:25	01:12:16.34	01:06:32.66
149	1266/1298	774/793	860	Lisa Gordon	49	F	Shellsburg	IA	21:26	01:12:18.00	01:06:36.12
150	1271/1298	777/793	1897	Tina Wulfekuhle	47	F	Hiawatha	IA	21:40	01:20:38.71	01:07:19.22
151	1273/1298	779/793	180	Mary Ehlinger	41	F	Marion	IA	21:46	01:21:34.03	01:07:39.58
152	1280/1298	783/793	1885	Jennifer Whitford	47	F	Solon	IA	22:06	01:23:44.44	01:08:41.73

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	14/1298	14/505	1745	Robert Knoot	45	M	Cedar Rapids	IA	6:14	00:19:26.55	00:19:24.87
2	21/1298	21/505	532	Josh Hetrick	45	M	Cedar Rapids	IA	6:27	00:20:11.40	00:20:04.38
3	40/1298	37/505	361	Eric Olson	41	M	De Witt	IA	6:44	00:21:24.90	00:20:57.82
4	49/1298	45/505	639	Mathieu Cagnard	48	M	Cedar Rapids	IA	6:50	00:21:22.70	00:21:15.50
5	50/1298	46/505	1441	Steve Heyne	44	M	Cedar Rapids	IA	6:50	00:21:17.90	00:21:16.31
6	52/1298	48/505	436	John Koch	44	M	Minneapolis	MN	6:52	00:21:38.52	00:21:21.35
7	59/1298	52/505	1968	Brian Steffen	47	M	Cedar Rapids	IA	6:57	00:21:57.02	00:21:36.28
8	66/1298	58/505	1251	Lance Finch	40	M	Fairfax	IA	7:08	00:23:31.99	00:22:11.41
9	73/1298	62/505	193	Chris Nims	42	M	Robins	IA	7:12	00:22:26.87	00:22:24.97
10	77/1298	65/505	748	Steve Berger	40	M	Cedar Rapids	IA	7:14	00:22:47.84	00:22:30.98
11	91/1298	75/505	435	Dan Koch	49	M	Osseo	MN	7:25	00:23:21.63	00:23:04.59
12	116/1298	92/505	494	Paul Wittkowski	40	M	Cedar Rapids	IA	7:44	00:24:31.41	00:24:02.27
13	126/1298	98/505	35	Rob Pollitt	47	M	Cedar Rapids	IA	7:50	00:25:01.30	00:24:21.09
14	129/1298	100/505	1806	Kerry Patrick	44	M	Cedar Rapids	IA	7:51	00:24:44.38	00:24:24.23
15	134/1298	105/505	786	Mark Smith	40	M	Cedar Rapids	IA	7:53	00:24:45.19	00:24:31.27

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
16	136/1298	107/505	892	Aaron Stecker	48	M	Cedar Rapids	IA	7:54	00:24:41.53	00:24:33.05
17	137/1298	108/505	1514	Jd Schroeder	41	M	Cedar Rapids	IA	7:54	00:24:56.66	00:24:35.28
18	154/1298	121/505	1656	Dan Chapman	40	M	Marion	IA	8:02	00:25:13.84	00:24:58.74
19	157/1298	122/505	1729	Jay Johnson	49	M	Solon	IA	8:03	00:25:30.92	00:25:01.24
20	162/1298	124/505	1091	Shawn Anderson	45	M	Haverhill	IA	8:04	00:26:20.19	00:25:06.23
21	163/1298	125/505	583	Mark Wehr	41	M	Fairfax	IA	8:05	00:25:40.66	00:25:07.20
22	167/1298	128/505	1914	Mike Burhite	49	M	Cedar Rapids	IA	8:06	00:25:17.73	00:25:11.72
23	186/1298	137/505	1546	Andrzej Blacharski	42	M	Mount Vernon	IA	8:15	00:25:55.17	00:25:40.23
24	235/1298	163/505	1237	Tim Butz	41	M	Cedar Rapids	IA	8:35	00:27:24.10	00:26:42.64
25	253/1298	169/505	1951	Steve Meeker	42	M	Marion	IA	8:40	00:27:29.39	00:26:55.69
26	261/1298	173/505	1829	Ryan Post	46	M	Marion	IA	8:42	00:27:18.59	00:27:04.18
27	264/1298	175/505	458	Terry Prier	47	M	Marion	IA	8:43	00:27:14.79	00:27:05.89
28	267/1298	178/505	1213	Brent Mollenhauer	42	M	Lisbon	IA	8:44	00:27:49.53	00:27:10.59
29	294/1298	189/505	506	Ben Davis	43	M	Coralville	IA	8:52	00:28:51.44	00:27:33.46
30	302/1298	193/505	301	Jeremy Duehr	41	M	Shakopee	MN	8:54	00:27:58.13	00:27:40.07
31	306/1298	194/505	1518	Jason Mcginnis	45	M	Cedar Rapids	IA	8:55	00:28:06.17	00:27:43.56
32	322/1298	203/505	312	Dave Owen	40	M	Cedar Rapids	IA	9:01	00:28:47.30	00:28:03.12
33	326/1298	205/505	1429	Jamie Van Berkum	47	M	Cedar Rapids	IA	9:02	00:28:14.34	00:28:05.44
34	345/1298	211/505	337	Edwin Lindeman	44	M	Cedar Rapids	IA	9:08	00:28:58.67	00:28:25.36
35	347/1298	212/505	1996	Brad Skriver	46	M	Swisher	IA	9:09	00:28:51.17	00:28:27.54
36	354/1298	215/505	1999	Jonathan Offt	49	M	Cedar Rapids	IA	9:11	00:29:16.92	00:28:32.21
37	355/1298	216/505	1385	Jim Evans	48	M	North Liberty	IA	9:11	00:28:58.96	00:28:33.06
38	359/1298	217/505	107	Richard Hart	49	M	Palo	IA	9:12	00:29:29.50	00:28:38.10
39	366/1298	219/505	426	Damon Bowman	44	M	Robins	IA	9:14	00:28:47.91	00:28:42.54
40	369/1298	222/505	377	Todd Saville	49	M	Robins	IA	9:15	00:29:17.42	00:28:44.59
41	374/1298	225/505	664	Jeff Banaszek	49	M	Cedar Rapids	IA	9:16	00:29:50.64	00:28:47.52
42	389/1298	232/505	1820	Gerald Phipps	43	M	Cedar Rapids	IA	9:21	00:29:26.42	00:29:03.83
43	417/1298	242/505	501	Lee Weeda	49	M	Belle Plaine	IA	9:28	00:30:20.67	00:29:25.50
44	423/1298	244/505	1459	Doug Deimler	40	M	Cedar Rapids	IA	9:30	00:30:07.19	00:29:34.02
45	430/1298	248/505	1516	Jp Bickel	48	M	Cedar Rapids	IA	9:32	00:30:03.12	00:29:40.13
46	458/1298	261/505	31	Tim Nash	40	M	Cedar Rapids	IA	9:39	00:30:28.34	00:30:00.08
47	468/1298	266/505	1175	Frank Vozenilek	46	M	Cedar Rapids	IA	9:43	00:31:08.48	00:30:12.28
48	480/1298	268/505	1002	Bob Schmitt	48	M	Marion	IA	9:47	00:31:06.38	00:30:24.08
49	522/1298	285/505	1438	Arnold Strotman	41	M	Cedar Rapids	IA	9:56	00:31:34.67	00:30:52.11
50	534/1298	289/505	183	Josh Hendryx	43	M	Palo	IA	9:58	00:31:17.92	00:30:58.23
51	552/1298	298/505	1699	Joseph Gregory	46	M	Cedar Rapids	IA	10:05	00:32:09.42	00:31:21.57
52	594/1298	307/505	1881	Keith Whipple	49	M	Cedar Rapids	IA	10:18	00:32:35.00	00:32:01.15
53	597/1298	308/505	404	Kirt Norris	42	M	Cedar Rapids	IA	10:18	00:32:46.82	00:32:02.29
54	598/1298	309/505	1947	David Konigsmark	46	M	Cedar Rapids	IA	10:18	00:32:26.73	00:32:02.52
55	606/1298	311/505	1761	Matthew Lewis	46	M	Cedar Rapids	IA	10:20	00:32:36.29	00:32:08.33
56	607/1298	312/505	1536	Ryan Tang	44	M	Robins	IA	10:20	00:33:08.81	00:32:09.42
57	622/1298	319/505	2010	Doug Klostermann	43	M	Swisher	IA	10:24	00:36:37.23	00:32:21.27
58	666/1298	330/505	9	James Laban	40	M	Davenport	IA	10:40	00:34:09.66	00:33:09.70
59	675/1298	333/505	1629	Edgar Barrios	43	M	Cedar Rapids	IA	10:42	00:33:46.82	00:33:16.91
60	717/1298	344/505	63	Tim Fall	49	M	Lisbon	IA	10:59	00:34:37.18	00:34:08.01
61	781/1298	363/505	502	Josef Link	41	M	Robins	IA	11:15	00:35:21.42	00:34:57.71
62	800/1298	367/505	132	James Dudley	44	M	Fairfax	IA	11:25	00:40:13.44	00:35:28.31
63	809/1298	369/505	1559	Maruthi Rallabhandi	42	M	Cedar Rapids	IA	11:33	00:36:41.69	00:35:54.84
64	820/1298	373/505	1960	Franco Pizano	44	M	Marion	IA	11:41	00:37:18.50	00:36:19.96
65	837/1298	375/505	788	Marc Wallace	43	M	Marion	IA	11:48	00:37:30.12	00:36:42.07

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
66	848/1298	377/505	669	Zach Diersen	46	M	Solon	IA	11:56	00:38:02.30	00:37:07.44
67	857/1298	380/505	1450	David Farber	40	M	Marion	IA	12:03	00:38:14.82	00:37:28.64
68	875/1298	386/505	488	Craig Hardin	49	M	Cedar Rapids	IA	12:14	00:38:42.80	00:38:02.91
69	882/1298	387/505	464	Eduard Forehand	42	M	Hiawatha	IA	12:18	00:39:06.05	00:38:14.12
70	923/1298	392/505	1856	Chad Steffen	44	M	Marion	IA	13:01	00:41:22.86	00:40:26.75
71	924/1298	393/505	1079	Barry Osborn	48	M	Hiawatha	IA	13:01	00:41:33.70	00:40:27.74
72	932/1298	396/505	1197	Ehsan Khafipour	46	M	Cedar Rapids	IA	13:10	00:41:31.70	00:40:56.51
73	956/1298	403/505	296	Everett May	42	M	Cedar Rapids	IA	13:32	00:43:05.36	00:42:03.67
74	963/1298	405/505	1232	Kai Stark	40	M	Fairfax	IA	13:34	00:43:17.70	00:42:10.47
75	968/1298	406/505	1308	Jason Baxter	44	M	Cedar Rapids	IA	13:37	00:43:34.96	00:42:19.02
76	982/1298	408/505	515	Christopher Steenrod	42	M	Cedar Rapids	IA	13:54	00:43:11.45	00:43:11.45
77	1034/1298	419/505	1824	Brian Portzline	43	M	Marion	IA	15:08	00:47:48.02	00:47:03.58
78	1037/1298	420/505	1932	Jim Hamblin	49	M	Cedar Rapids	IA	15:10	00:48:23.09	00:47:07.92
79	1039/1298	421/505	2030	Lucas Bartlett	45	M	Iowa City	IA	15:11	00:53:49.25	00:47:12.72
80	1084/1298	428/505	1565	Chad Ware	48	M	Marion	IA	16:33	00:57:39.34	00:51:26.53
81	1085/1298	429/505	1599	James Brown	43	M	Cedar Rapids	IA	16:41	01:02:31.59	00:51:51.88
82	1099/1298	433/505	1527	Mark Bulechek	47	M	Solon	IA	17:17	00:57:29.33	00:53:43.90
83	1124/1298	437/505	1552	Naveen Inturi	41	M	Cedar Rapids	IA	18:15	00:57:32.33	00:56:44.05
84	1130/1298	441/505	1454	Jeffrey Case	44	M	Clarence	IA	18:18	00:58:20.41	00:56:54.23
85	1133/1298	442/505	1892	Sean Williams	47	M	Cedar Rapids	IA	18:25	00:57:38.59	00:57:15.79
86	1148/1298	446/505	1611	Jason Langer	43	M	Marion	IA	18:47	01:03:53.23	00:58:21.79
87	1179/1298	459/505	2153	Michael Harris	48	M	Muscatine	IA	19:47	01:02:58.40	01:01:31.02
88	1226/1298	477/505	389	Erich Lear	42	M	Marion	IA	20:48	01:15:34.86	01:04:37.91
89	1240/1298	484/505	1748	Scott Lammer	43	M	Marion	IA	20:59	01:05:12.28	01:05:12.28
90	1252/1298	489/505	874	Kirk Schobert	49	M	Marion	IA	21:16	01:13:32.27	01:06:06.34
91	1265/1298	492/505	862	Pete Gordon	49	M	Shellsburg	IA	21:25	01:12:18.26	01:06:35.14
92	1267/1298	493/505	866	Adam Witte	46	M	Iowa City	IA	21:26	01:12:20.28	01:06:37.97
93	1281/1298	498/505	1882	Brien Whitford	48	M	Solon	IA	22:08	01:23:44.13	01:08:48.92

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	99/1298	18/793	641	Deb Gaddis	53	F	Solon	IA	7:34	00:23:38.90	00:23:32.49
2	124/1298	27/793	27	Amy Homan	52	F	Cedar Rapids	IA	7:49	00:25:01.06	00:24:20.01
3	148/1298	32/793	663	Joyce Sramek	55	F	Cedar Rapids	IA	7:59	00:25:07.76	00:24:49.26
4	171/1298	43/793	1192	Margaret Strnad	54	F	Marion	IA	8:07	00:25:33.52	00:25:14.44
5	173/1298	44/793	1840	Diane Ropp	52	F	Cedar Rapids	IA	8:08	00:25:29.49	00:25:18.13
6	236/1298	73/793	644	Lori Nagle	51	F	Marion	IA	8:36	00:27:26.53	00:26:43.22
7	251/1298	83/793	2034	Kim Lorenz	53	F	Cedar Rapids	IA	8:39	00:26:59.94	00:26:54.74
8	252/1298	84/793	68	Becky Halsch	53	F	Coralville	IA	8:39	00:27:13.66	00:26:54.97
9	273/1298	93/793	1928	Melissa Fagan	53	F	Cedar Rapids	IA	8:45	00:27:25.31	00:27:14.13
10	283/1298	100/793	1831	Kim Pritts	51	F	Cedar Rapids	IA	8:49	00:28:09.86	00:27:25.29
11	287/1298	103/793	1646	Sandra Brune	52	F	Swisher	IA	8:49	00:27:47.67	00:27:26.22
12	303/1298	110/793	1252	Stephanie Frazee	53	F	Cedar Rapids	IA	8:54	00:28:04.19	00:27:40.54
13	305/1298	112/793	622	Diane Hagarty	56	F	Cedar Rapids	IA	8:55	00:28:07.38	00:27:42.51
14	307/1298	113/793	1700	Deanna Haddy	59	F	Cedar Rapids	IA	8:55	00:27:54.17	00:27:45.07
15	314/1298	116/793	1683	Diana Flander	56	F	Cedar Rapids	IA	9:01	00:28:18.63	00:28:00.96
16	346/1298	135/793	1538	Darsha White	50	F	Ely	IA	9:09	00:29:31.45	00:28:27.52
17	358/1298	142/793	106	Lisa Hart	51	F	Palo	IA	9:12	00:29:29.91	00:28:37.52

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
18	360/1298	143/793	1811	Jackie Peters	58	F	Cedar Rapids	IA	9:13	00:29:27.87	00:28:38.97
19	361/1298	144/793	1703	Cindy Hanawalt	53	F	Cedar Rapids	IA	9:13	00:29:08.31	00:28:39.13
20	371/1298	148/793	2175	Laurie Anderson	58	F	Clinton	IA	9:15	00:28:56.91	00:28:45.16
21	379/1298	151/793	1620	Barb Walker	58	F	Waverly	IA	9:17	00:28:57.42	00:28:51.94
22	384/1298	154/793	1535	Nancy Patrick	59	F	Cedar Rapids	IA	9:19	00:29:58.03	00:28:59.08
23	394/1298	161/793	1500	Julie Elias	57	F	Cedar Rapids	IA	9:23	00:29:41.78	00:29:11.40
24	398/1298	164/793	1867	Karen Tucker	55	F	Solon	IA	9:24	00:29:34.49	00:29:13.79
25	410/1298	173/793	1733	Ronda Johnson	57	F	Palo	IA	9:26	00:29:59.01	00:29:18.82
26	431/1298	183/793	983	Joan Aune	58	F	Swisher	IA	9:32	00:30:05.92	00:29:40.22
27	437/1298	185/793	1693	Judy Goldberg	55	F	Cedar Rapids	IA	9:33	00:30:02.48	00:29:42.79
28	440/1298	188/793	1842	Susan Rigger	59	F	Oxford	IA	9:34	00:30:16.53	00:29:44.46
29	444/1298	191/793	1270	Ann Neubauer	53	F	Amana	IA	9:35	00:30:41.15	00:29:46.71
30	471/1298	205/793	696	Kris Peterson	55	F	Cedar Rapids	IA	9:44	00:30:49.30	00:30:16.41
31	473/1298	207/793	575	Gretchen Bloomberg	54	F	Cedar Rapids	IA	9:44	00:31:24.54	00:30:17.10
32	504/1298	224/793	1242	Lynda Cook	52	F	Cedar Rapids	IA	9:51	00:30:46.34	00:30:38.38
33	506/1298	225/793	518	Michelle Ajram	55	F	Cedar Rapids	IA	9:52	00:31:11.72	00:30:39.52
34	509/1298	227/793	833	Lori Rott	56	F	Marion	IA	9:53	00:31:19.85	00:30:45.39
35	525/1298	240/793	1436	Tamy Roberts	50	F	Solon	IA	9:56	00:31:55.12	00:30:52.43
36	538/1298	248/793	1675	Sherrie Duval	52	F	Marion	IA	10:00	00:31:46.95	00:31:05.22
37	541/1298	250/793	821	Sheila Chapman	58	F	Manchester	IA	10:02	00:32:08.93	00:31:10.59
38	567/1298	266/793	164	Kristin Koeppen	51	F	Cedar Rapids	IA	10:09	00:31:56.59	00:31:34.17
39	579/1298	277/793	1576	Julie Daughetee	54	F	Cedar Rapids	IA	10:12	00:32:13.64	00:31:43.00
40	581/1298	279/793	1766	Christine Luebe	56	F	Marion	IA	10:12	00:32:15.53	00:31:43.87
41	600/1298	291/793	1878	Sandy Warner	56	F	Cedar Rapids	IA	10:19	00:32:34.24	00:32:03.79
42	623/1298	304/793	1874	Lisa Walton	51	F	Cedar Rapids	IA	10:24	00:32:35.40	00:32:21.73
43	631/1298	311/793	1229	Sheryl Marchetti	56	F	Cedar Rapids	IA	10:29	00:33:34.93	00:32:36.98
44	637/1298	317/793	1007	Stephanie Steele	59	F	Cedar Rapids	IA	10:33	00:33:22.18	00:32:49.70
45	649/1298	325/793	88	Barb Viktora	51	F	Solon	IA	10:35	00:34:00.53	00:32:55.61
46	651/1298	327/793	110	Jane Baskerville	53	F	Cedar Rapids	IA	10:37	00:33:27.79	00:33:00.48
47	678/1298	345/793	1005	Heidi Shumaker	53	F	Tipton	IA	10:43	00:34:31.38	00:33:18.01
48	689/1298	351/793	901	Kathleen Wild	51	F	Coralville	IA	10:48	00:35:18.43	00:33:34.01
49	694/1298	355/793	1382	Jody Rausch	50	F	Robins	IA	10:49	00:34:13.07	00:33:36.46
50	706/1298	364/793	1273	Nancy Schmidt	55	F	Cedar Rapids	IA	10:55	00:34:47.43	00:33:55.50
51	709/1298	366/793	197	Andrea Rowland	56	F	Cedar Rapids	IA	10:55	00:34:36.51	00:33:56.69
52	737/1298	385/793	1790	Kathy Murphy	50	F	Cedar Rapids	IA	11:03	00:35:03.93	00:34:22.75
53	745/1298	393/793	1052	Tammy Fox	52	F	Cedar Rapids	IA	11:05	00:34:41.19	00:34:28.23
54	750/1298	398/793	761	Ann Mccrea	50	F	Cedar Rapids	IA	11:06	00:35:27.10	00:34:31.41
55	754/1298	400/793	1400	Susan Twachtmann	54	F	Cedar Rapids	IA	11:08	00:35:38.74	00:34:35.84
56	755/1298	401/793	1395	Mary Kaye Nath	57	F	Cedar Rapids	IA	11:08	00:35:39.16	00:34:36.43
57	756/1298	402/793	834	Laura Suttles	50	F	Cedar Rapids	IA	11:08	00:35:10.80	00:34:36.87
58	757/1298	403/793	1673	Monica Dunbar	51	F	Marion	IA	11:08	00:35:30.69	00:34:37.06
59	762/1298	406/793	83	Kristi Montague	56	F	Marion	IA	11:11	00:35:04.54	00:34:46.43
60	777/1298	416/793	1727	Carol Johnson	58	F	Marion	IA	11:13	00:35:26.08	00:34:54.02
61	783/1298	420/793	1740	Kim Kipp	58	F	Iowa City	IA	11:15	00:35:47.68	00:34:59.48
62	790/1298	426/793	738	Staci Wright	52	F	La Porte City	IA	11:17	00:35:24.25	00:35:05.54
63	798/1298	432/793	1190	Kristina Link	52	F	Marion	IA	11:24	00:36:00.18	00:35:26.05
64	819/1298	447/793	1188	Denise Fitzpatrick	54	F	Cedar Rapids	IA	11:40	00:36:38.15	00:36:16.61
65	843/1298	467/793	1594	Angie Whitmore	50	F	Marion	IA	11:52	00:37:57.69	00:36:53.73
66	846/1298	470/793	1860	Chinh Ta	51	F	Marion	IA	11:54	00:37:14.19	00:37:00.02
67	850/1298	473/793	872	Sheri Jeffery	53	F	Robins	IA	11:57	00:37:42.80	00:37:07.93

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
68	856/1298	477/793	1701	Lynn Haigh	58	F	Cedar Rapids	IA	12:03	00:38:15.84	00:37:28.36
69	860/1298	479/793	1757	Kim Lehrman	58	F	Cedar Rapids	IA	12:04	00:38:16.44	00:37:30.00
70	862/1298	481/793	1635	Tracy Berta	51	F	Cedar Rapids	IA	12:04	00:38:08.94	00:37:31.97
71	863/1298	482/793	1158	Tammie Wodnik	55	F	Marion	IA	12:05	00:38:42.88	00:37:34.01
72	876/1298	490/793	614	Gail Rieger	59	F	Cedar Rapids	IA	12:15	00:39:12.40	00:38:05.97
73	877/1298	491/793	1709	Lori Haskell	56	F	Mount Vernon	IA	12:16	00:38:56.69	00:38:07.19
74	879/1298	493/793	1798	Susan Novak	56	F	Cedar Rapids	IA	12:16	00:39:10.81	00:38:07.91
75	880/1298	494/793	1763	Jo Lilledahl	59	F	Cedar Rapids	IA	12:16	00:39:10.80	00:38:08.07
76	899/1298	509/793	100	Judy Walton	57	F	Cedar Rapids	IA	12:32	00:39:41.20	00:38:57.48
77	903/1298	513/793	1606	Jean Lawrence	51	F	Cedar Rapids	IA	12:35	00:39:39.02	00:39:07.97
78	909/1298	519/793	1623	Cindy Anderson	54	F	Cedar Rapids	IA	12:38	00:39:22.95	00:39:15.61
79	910/1298	520/793	144	Dianne Moyer	59	F	Coggon	IA	12:39	00:39:41.44	00:39:19.07
80	915/1298	524/793	1662	Judy Coil	52	F	Marion	IA	12:48	00:40:35.54	00:39:47.28
81	918/1298	527/793	1812	Teri Petrzalek	58	F	Cedar Rapids	IA	12:51	00:40:36.95	00:39:55.85
82	928/1298	534/793	2164	Kim Smith	53	F	Cedar Rapids	IA	13:08	00:41:31.70	00:40:50.44
83	952/1298	550/793	1797	Kathy Novak	53	F	Cedar Rapids	IA	13:30	00:43:02.45	00:41:59.15
84	955/1298	553/793	1913	Michelle Burhite	51	F	Cedar Rapids	IA	13:32	00:42:52.33	00:42:03.42
85	961/1298	558/793	336	Deanne Beltz-Sund	53	F	Cedar Rapids	IA	13:33	00:43:21.20	00:42:08.51
86	970/1298	564/793	178	Cynthia Dennis	54	F	Cedar Rapids	IA	13:38	00:42:52.56	00:42:24.45
87	976/1298	569/793	1866	Mary Tresnak	59	F	Cedar Rapids	IA	13:45	00:43:21.83	00:42:45.13
88	979/1298	572/793	1534	Marilyn Osweiler	55	F	Cedar Rapids	IA	13:48	00:43:31.31	00:42:53.36
89	994/1298	584/793	1650	Paige Butterfield	53	F	Cedar Rapids	IA	14:02	00:44:53.21	00:43:37.78
90	1048/1298	626/793	1889	Joan Wieland	57	F	Independence	IA	15:26	00:50:55.22	00:47:57.42
91	1049/1298	627/793	324	Dawn Stastny	50	F	Cedar Rapids	IA	15:26	00:48:10.32	00:47:59.69
92	1058/1298	634/793	1554	Janet Lower	50	F	Cedar Rapids	IA	15:38	00:49:49.47	00:48:36.51
93	1061/1298	637/793	1660	Mary Christopher	54	F	Cedar Rapids	IA	15:41	00:49:50.77	00:48:44.98
94	1062/1298	638/793	1255	Jo Hawkes	51	F	Cedar Rapids	IA	15:42	00:49:38.19	00:48:47.24
95	1063/1298	639/793	379	Diane Wykert	52	F	Wapello	IA	15:44	00:50:46.76	00:48:53.60
96	1073/1298	647/793	367	Jennifer Bradley	50	F	Ely	IA	16:05	00:55:35.24	00:49:58.88
97	1075/1298	649/793	1277	Karen Stulken	52	F	Walford	IA	16:12	01:01:53.89	00:50:22.46
98	1086/1298	657/793	121	Joy Huber	58	F	Walford	IA	16:45	00:52:54.79	00:52:04.24
99	1094/1298	664/793	994	Cathy Hermes	56	F	Cedar Rapids	IA	17:05	01:02:41.84	00:53:06.16
100	1098/1298	666/793	1093	June Anderson	59	F	Marion	IA	17:11	01:03:30.47	00:53:23.71
101	1111/1298	675/793	1239	Carol Cook	52	F	Davenport	IA	17:32	00:54:48.92	00:54:31.48
102	1114/1298	678/793	141	Jill Routier	51	F	Brandon	IA	17:38	00:54:47.83	00:54:47.83
103	1115/1298	679/793	839	Linda Marsh	56	F	Monticello	IA	17:40	00:55:33.46	00:54:53.77
104	1118/1298	682/793	1663	Elizabeth Coleman	59	F	Cedar Rapids	IA	17:45	01:00:48.24	00:55:10.03
105	1128/1298	689/793	1593	Kerri Shaffer	52	F	Stanwood	IA	18:18	00:58:07.67	00:56:53.07
106	1132/1298	691/793	346	Robin Licht	50	F	Cedar Rapids	IA	18:19	00:58:14.02	00:56:54.88
107	1135/1298	693/793	812	Kathy Trump	53	F	Solon	IA	18:25	00:57:16.23	00:57:16.23
108	1165/1298	713/793	811	Ramona Kline	59	F	Cedar Rapids	IA	19:19	01:12:08.70	01:00:03.61
109	1169/1298	714/793	1848	Jennie Shanklin	54	F	Robins	IA	19:30	01:09:41.11	01:00:35.74
110	1170/1298	715/793	1249	Tami Fiala	55	F	Fairfax	IA	19:33	01:03:01.78	01:00:45.33
111	1181/1298	722/793	744	Natalie Vaske	53	F	Manchester	IA	19:55	01:08:26.09	01:01:53.73
112	1190/1298	729/793	1618	Mary Bernhardt	53	F	Waterloo	IA	20:11	01:15:03.78	01:02:45.60
113	1198/1298	733/793	1644	Patty Briggs	54	F	Manchester	IA	20:23	01:09:28.61	01:03:21.67
114	1210/1298	740/793	92	Sheryl Brehm	58	F	Van Horne	IA	20:36	01:11:36.50	01:04:01.30
115	1243/1298	758/793	612	Dawn Bouzek	51	F	Cedar Rapids	IA	21:02	01:18:03.82	01:05:21.93
116	1244/1298	759/793	896	Karen Abben	59	F	Cedar Rapids	IA	21:05	01:05:32.58	01:05:32.58
117	1248/1298	760/793	1924	Teresa Dove	56	F	Cedar Rapids	IA	21:11	01:07:08.13	01:05:51.71

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
118	1251/1298	763/793	1495	Kathleen Schnoebelen	59	F	Riverside	IA	21:16	01:17:05.27	01:06:06.31
119	1254/1298	765/793	1493	Caroline Lee	53	F	Muscatine	IA	21:17	01:17:09.60	01:06:09.72
120	1284/1298	786/793	319	Shelly Davidson	50	F	Hiawatha	IA	22:19	01:09:20.51	01:09:20.51
121	1286/1298	787/793	784	Lisa Camacho	55	F	Solon	IA	22:40	01:19:41.43	01:10:27.80
122	1294/1298	790/793	127	Jill Scheer	51	F	Blairstown	IA	24:27	01:15:58.53	01:15:58.53
123	1297/1298	792/793	48	Jacqueline Kullander	53	F	Cedar Rapids	IA	26:11	01:24:51.03	01:21:24.18

Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	45/1298	42/505	1092	Tim Vipond	54	M	Haverhill	IA	6:46	00:21:04.90	00:21:02.95
2	95/1298	79/505	1218	Jim Phelps	53	M	Marengo	IA	7:27	00:23:29.57	00:23:10.28
3	106/1298	86/505	2152	Larry Harris	57	M	Brighton	IA	7:40	00:23:54.57	00:23:50.93
4	110/1298	90/505	1508	Kevin Habel	55	M	Cedar Rapids	IA	7:42	00:24:01.27	00:23:55.58
5	115/1298	91/505	98	Jeff Linder	51	M	Cedar Rapids	IA	7:43	00:24:09.63	00:24:01.57
6	131/1298	102/505	1038	Mike Gassmann	50	M	Cedar Rapids	IA	7:52	00:24:36.41	00:24:26.96
7	144/1298	113/505	2035	Steve Lorenz	53	M	Cedar Rapids	IA	7:58	00:24:50.41	00:24:45.71
8	152/1298	120/505	619	Tony Bedard	59	M	Palo	IA	8:02	00:25:12.04	00:24:57.62
9	164/1298	126/505	810	Tim Cernin	50	M	Bettendorf	IA	8:05	00:25:34.33	00:25:07.24
10	174/1298	130/505	1246	Kevin Costigan	59	M	Cedar Rapids	IA	8:09	00:25:48.66	00:25:20.11
11	200/1298	145/505	1767	Edward Luebe	56	M	Marion	IA	8:22	00:26:17.92	00:26:02.08
12	204/1298	148/505	1460	Ron Grant	58	M	Cedar Rapids	IA	8:24	00:26:12.91	00:26:08.76
13	213/1298	153/505	1891	Mark Williams	59	M	Cedar Rapids	IA	8:26	00:26:24.31	00:26:13.79
14	219/1298	155/505	479	Matt Fox	53	M	Cedar Rapids	IA	8:28	00:26:52.94	00:26:20.27
15	237/1298	164/505	980	Joe Trabucco	58	M	Hiawatha	IA	8:36	00:27:06.53	00:26:44.59
16	255/1298	170/505	2168	Jim Bales	53	M	Charlotte	NC	8:40	00:27:59.66	00:26:57.82
17	280/1298	183/505	238	Tom Mcdonald	55	M	Marion	IA	8:47	00:27:37.28	00:27:19.37
18	284/1298	184/505	1736	Thomas Kehoe	50	M	Cedar Rapids	IA	8:49	00:27:35.67	00:27:25.34
19	313/1298	198/505	662	Shawn Tygart	53	M	Cedar Rapids	IA	9:00	00:28:20.41	00:28:00.72
20	315/1298	199/505	623	Steve Hagarty	59	M	Cedar Rapids	IA	9:01	00:28:25.84	00:28:01.19
21	320/1298	202/505	1414	Terry Sullivan	51	M	Marion	IA	9:01	00:28:43.86	00:28:03.02
22	331/1298	207/505	1401	Randy Goodson	52	M	Hiawatha	IA	9:05	00:28:42.42	00:28:14.48
23	333/1298	208/505	2033	Joe Schreder	58	M	Cedar Rapids	IA	9:05	00:29:54.40	00:28:16.41
24	341/1298	210/505	643	Robert Laughlin	56	M	Marion	IA	9:08	00:28:39.38	00:28:23.96
25	368/1298	221/505	1488	Steve Stefani	55	M	Cedar Rapids	IA	9:15	00:29:05.67	00:28:44.47
26	370/1298	223/505	2174	Jeffrey Anderson	58	M	Clinton	IA	9:15	00:28:56.94	00:28:44.79
27	396/1298	234/505	1301	Deke Morrow	58	M	Marion	IA	9:24	00:29:29.17	00:29:12.95
28	407/1298	237/505	1732	Lowell Johnson	59	M	Palo	IA	9:25	00:29:58.96	00:29:17.67
29	413/1298	239/505	326	Todd Erickson	58	M	North Liberty	IA	9:26	00:30:22.25	00:29:20.90
30	419/1298	243/505	971	Dan Cohen	52	M	Cedar Rapids	IA	9:29	00:29:51.15	00:29:28.75
31	436/1298	252/505	1298	Eric Brandt	58	M	Cedar Rapids	IA	9:33	00:30:08.34	00:29:42.65
32	494/1298	276/505	1664	Mike Coleman	53	M	Cedar Rapids	IA	9:50	00:30:58.84	00:30:33.34
33	498/1298	278/505	1029	Craig Bennink	50	M	Cedar Rapids	IA	9:51	00:31:28.64	00:30:36.25
34	500/1298	279/505	443	Judd Malcolm	56	M	Cedar Rapids	IA	9:51	00:31:33.28	00:30:36.84
35	505/1298	281/505	1135	Kirk Archer	53	M	North Liberty	IA	9:51	00:31:32.26	00:30:38.84
36	532/1298	288/505	1122	Dan Lewis	58	M	Marion	IA	9:57	00:31:34.67	00:30:57.87
37	537/1298	290/505	4	Mitch Porter	57	M	Fairfax	IA	9:59	00:32:21.67	00:31:03.71
38	544/1298	293/505	2165	Chad Vonkampen	52	M	Atkins	IA	10:03	00:32:38.32	00:31:15.50
39	548/1298	296/505	802	Jeff Koppes	54	M	Cedar Rapids	IA	10:04	00:31:34.11	00:31:18.19

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
40	555/1298	299/505	858	Jeff Wolff	57	M	Marion	IA	10:06	00:31:36.12	00:31:23.22
41	559/1298	300/505	243	Steve Middlekauff	50	M	Cedar Rapids	IA	10:07	00:32:23.18	00:31:27.50
42	561/1298	301/505	2169	Mike Regan	51	M	Iowa City	IA	10:08	00:31:35.30	00:31:31.14
43	588/1298	305/505	173	Tim Cahill	52	M	Lisbon	IA	10:15	00:32:15.10	00:31:52.88
44	601/1298	310/505	1072	Thamer Al-Tall	54	M	Cedar Rapids	IA	10:19	00:33:10.63	00:32:04.21
45	616/1298	318/505	1838	John Robe	54	M	Cedar Rapids	IA	10:22	00:32:24.68	00:32:14.54
46	625/1298	320/505	148	Augie Perez	54	M	Cedar Rapids	IA	10:27	00:33:38.68	00:32:29.61
47	640/1298	321/505	975	Mike Martin	54	M	Mount Vernon	IA	10:34	00:34:00.54	00:32:51.87
48	642/1298	323/505	314	Frank Baker	51	M	Vinton	IA	10:34	00:33:58.42	00:32:52.00
49	652/1298	325/505	1925	Chris Duggan	56	M	Cedar Rapids	IA	10:37	00:33:45.18	00:33:00.61
50	653/1298	326/505	149	Gary Perez	57	M	Cedar Rapids	IA	10:37	00:33:52.91	00:33:00.72
51	688/1298	338/505	900	Anthony Wild	51	M	Coralville	IA	10:48	00:35:18.30	00:33:33.99
52	730/1298	348/505	737	Jody Wilson	57	M	La Porte City	IA	11:01	00:34:33.24	00:34:15.14
53	734/1298	350/505	698	Eric Smith	53	M	Cedar Rapids	IA	11:02	00:35:16.68	00:34:17.32
54	736/1298	352/505	2028	Roger Erickson	52	M	Wadena	IA	11:02	00:34:45.64	00:34:18.92
55	768/1298	359/505	61	David Tigges	51	M	Cedar Rapids	IA	11:13	00:35:48.68	00:34:51.35
56	812/1298	370/505	371	James Higdon	52	M	Ely	IA	11:34	00:36:35.52	00:35:57.07
57	838/1298	376/505	710	Todd Neis	57	M	Fairfax	IA	11:49	00:37:39.44	00:36:43.31
58	870/1298	384/505	561	Bob Kalous	52	M	Marion	IA	12:10	00:39:01.94	00:37:50.83
59	926/1298	394/505	227	Bryan Clark	52	M	Marion	IA	13:06	00:41:14.75	00:40:42.80
60	939/1298	398/505	1245	Wayne Cook	57	M	Cedar Rapids	IA	13:17	00:41:29.81	00:41:18.78
61	1031/1298	417/505	258	Ted Smith	52	M	Cedar Rapids	IA	15:02	00:47:51.25	00:46:43.08
62	1166/1298	453/505	1520	Jason Burgess	50	M	Fairfax	IA	19:21	01:03:19.34	01:00:08.89
63	1206/1298	469/505	835	Tom Rogers	51	M	Anamosa	IA	20:30	01:10:46.73	01:03:44.27
64	1220/1298	476/505	1272	Rick Robertson	59	M	Shellsburg	IA	20:44	01:11:13.53	01:04:26.84
65	1230/1298	479/505	2157	Derek Lewis	53	M	Fairfax	IA	20:49	01:20:18.35	01:04:42.70
66	1246/1298	487/505	327	Philip Roudabush	55	M	North Liberty	IA	21:07	01:19:04.82	01:05:37.95
67	1247/1298	488/505	325	Eric Christensen	50	M	Indianola	IA	21:09	01:18:59.49	01:05:44.41
68	1277/1298	495/505	2179	Doug Hunt	50	M	Cascade	IA	22:01	01:08:26.60	01:08:26.60
69	1285/1298	499/505	1643	Mike Briggs	53	M	Manchester	IA	22:21	01:09:28.71	01:09:28.71

Female Ages 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	343/1298	133/793	642	J Laughlin	60	F	Marion	IA	9:08	00:28:39.57	00:28:24.37
2	352/1298	138/793	618	Marcia Bedard	60	F	Palo	IA	9:10	00:28:55.88	00:28:31.42
3	397/1298	163/793	822	Maureen Dale Ernst	61	F	Cedar Rapids	IA	9:24	00:29:40.79	00:29:13.34
4	439/1298	187/793	930	Diane Marshall	64	F	Center Point	IA	9:34	00:29:56.22	00:29:43.67
5	481/1298	213/793	800	Joan Hackbarth	60	F	Marionmarion	IA	9:47	00:31:04.82	00:30:24.92
6	493/1298	218/793	791	Judy Jicinsky	60	F	Swisher	IA	9:49	00:31:34.04	00:30:32.59
7	496/1298	220/793	1280	Ann Vestle	64	F	Cedar Rapids	IA	9:50	00:31:12.12	00:30:34.47
8	512/1298	229/793	172	Lois Cahill	60	F	Lisbon	IA	9:54	00:31:10.25	00:30:47.83
9	514/1298	231/793	1990	Amy Keating	60	F	Marion	IA	9:55	00:31:12.31	00:30:48.87
10	635/1298	315/793	1826	Maretta Portzline	66	F	Marion	IA	10:32	00:33:28.52	00:32:46.19
11	650/1298	326/793	1774	Linnea Martin	66	F	Marion	IA	10:37	00:33:38.50	00:32:59.82
12	657/1298	331/793	1817	Kerrie Pettit	60	F	Solon	IA	10:38	00:33:17.93	00:33:04.98
13	674/1298	342/793	729	Janis Mcmann	63	F	Cedar Rapids	IA	10:42	00:33:42.15	00:33:16.28
14	677/1298	344/793	1844	Ann Satterly	67	F	Coralville	IA	10:43	00:34:00.67	00:33:17.99
15	684/1298	348/793	1235	Diane Alsager	60	F	Cedar Rapids	IA	10:43	00:41:05.61	00:33:20.67

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Female Ages 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
16	721/1298	377/793	1596	Joann Hepner	61	F	Cedar Rapids	IA	10:59	00:34:41.59	00:34:08.47
17	740/1298	388/793	1394	Connie Craft	63	F	Cedar Rapids	IA	11:05	00:35:29.95	00:34:27.06
18	778/1298	417/793	143	Nancy Harris	66	F	Iowa City	IA	11:14	00:35:59.43	00:34:56.97
19	805/1298	438/793	217	Cindy Sale	62	F	Cedar Rapids	IA	11:29	00:35:50.94	00:35:41.01
20	810/1298	441/793	936	Janice Byers	64	F	Cedar Rapids	IA	11:33	00:35:56.19	00:35:56.19
21	905/1298	515/793	1672	Mary Driscoll	60	F	Marion	IA	12:37	00:39:44.44	00:39:12.27
22	908/1298	518/793	462	Janie Mills	62	F	Cedar Rapids	IA	12:37	00:39:25.80	00:39:13.73
23	914/1298	523/793	1086	Mary Potter	64	F	Iowa City	IA	12:48	00:39:58.94	00:39:46.99
24	917/1298	526/793	1949	Jo Ann Mcniel	66	F	Cedar Rapids	IA	12:51	00:40:36.95	00:39:55.65
25	933/1298	537/793	343	Susan Weller	62	F	Central City	IA	13:13	00:41:52.76	00:41:04.28
26	944/1298	545/793	1708	Shari Harwood	61	F	Norway	IA	13:23	00:42:12.45	00:41:36.48
27	997/1298	587/793	1558	Stefanie Porta	64	F	Marion	IA	14:13	00:44:58.99	00:44:11.74
28	1002/1298	591/793	1648	Judy Burns	68	F	Marion	IA	14:15	00:45:03.44	00:44:18.49
29	1028/1298	612/793	1166	Alexandra Leitaker	65	F	Cedar Rapids	IA	14:57	00:47:39.21	00:46:28.01
30	1035/1298	616/793	315	Barb Cutkomp	65	F	Ainsworth	IA	15:08	00:47:50.42	00:47:04.01
31	1044/1298	622/793	1749	Sarah Lange	61	F	Cedar Rapids	IA	15:18	00:57:22.15	00:47:35.19
32	1053/1298	630/793	1018	Roanne Willey	66	F	Center Junction	IA	15:35	00:48:37.94	00:48:26.00
33	1055/1298	631/793	1851	Susy Southwick	65	F	North Liberty	IA	15:36	00:49:37.75	00:48:29.29
34	1056/1298	632/793	1849	Siiri Sloat	62	F	Burlington	IA	15:36	00:49:38.60	00:48:30.40
35	1071/1298	646/793	1118	Maureen Zimmerman	61	F	Robins	IA	16:04	00:50:14.39	00:49:55.68
36	1077/1298	651/793	1248	Chris Davis	62	F	Cedar Rapids	IA	16:17	00:51:10.89	00:50:35.69
37	1088/1298	659/793	789	Kelly Bertelli	60	F	Coralville	IA	16:46	00:56:56.84	00:52:07.89
38	1090/1298	661/793	933	Ellie Smith	62	F	Cedar Rapids	IA	16:53	00:52:47.71	00:52:30.26
39	1093/1298	663/793	1718	Jane Hovick	65	F	Cedar Rapids	IA	17:03	00:53:22.48	00:53:01.04
40	1101/1298	668/793	215	Laura Sutter	60	F	Manchester	IA	17:18	00:56:09.51	00:53:46.06
41	1172/1298	717/793	1295	Pat Brush	65	F	Fairfax	IA	19:36	01:08:39.36	01:00:56.81
42	1232/1298	753/793	297	Virginia Mccotter	61	F	Algonquin	IL	20:51	01:20:13.62	01:04:49.16
43	1255/1298	766/793	333	Jeanne Schmidt	63	F	Marion	IA	21:20	01:08:00.92	01:06:17.94
44	1256/1298	767/793	749	Rhonda Happel	60	F	Vinton	IA	21:22	01:17:54.35	01:06:24.38

Male Ages 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	135/1298	106/505	1986	Patrick Parsley	62	M	Cedar Rapids	IA	7:54	00:24:50.66	00:24:32.76
2	166/1298	127/505	256	James Shell	60	M	Cedar Rapids	IA	8:06	00:25:25.62	00:25:11.20
3	223/1298	157/505	1193	Gregg Trosky	60	M	Cedar Rapids	IA	8:30	00:26:34.86	00:26:25.75
4	249/1298	168/505	635	Randy Bachman	62	M	Hiawatha	IA	8:39	00:27:07.03	00:26:53.08
5	350/1298	213/505	678	Matt Steitzer	61	M	Cedar Rapids	IA	9:10	00:28:49.55	00:28:30.41
6	376/1298	227/505	1214	Daniel Tabaka	62	M	Cedar Rapids	IA	9:16	00:29:04.42	00:28:48.17
7	455/1298	260/505	1973	Dave Thorp	61	M	Hazleton	IA	9:38	00:31:02.49	00:29:58.13
8	531/1298	287/505	1056	Joe Houtz	65	M	Cedar Rapids	IA	9:57	00:31:11.68	00:30:56.88
9	587/1298	304/505	1839	Dean Robertson	66	M	Robins	IA	10:15	00:32:01.72	00:31:52.35
10	683/1298	336/505	1236	Mick Alsager	61	M	Cedar Rapids	IA	10:43	00:41:05.40	00:33:20.63
11	732/1298	349/505	850	Jim Kline	67	M	Cedar Rapids	IA	11:01	00:35:00.91	00:34:16.21
12	807/1298	368/505	756	Michael Williams	67	M	Oshkosh	WI	11:30	00:36:59.40	00:35:46.65
13	854/1298	378/505	1354	Dave Balvin	61	M	Cedar Rapids	IA	12:00	00:37:45.53	00:37:18.42
14	938/1298	397/505	1861	Byron Tabor	61	M	Cedar Rapids	IA	13:15	00:42:00.11	00:41:11.01
15	1009/1298	413/505	1557	Harry Porta	61	M	Cedar Rapids	IA	14:26	00:45:38.94	00:44:51.29
16	1092/1298	430/505	1717	Claude Hovick	67	M	Cedar Rapids	IA	17:03	00:53:20.48	00:53:00.36

Especially For You Race Against Breast Cancer

October 6, 2019

5K Run

Overall Division Results

Male Ages 60 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
17	1158/1298	450/505	1279	Dan Tucker	68	M	Marion	IA	19:06	01:01:46.51	00:59:23.06
18	1168/1298	455/505	95	Jerry Edmunds	66	M	Cedar Rapids	IA	19:25	01:07:59.26	01:00:21.23
19	1204/1298	468/505	1537	Steve Towe	62	M	Alburnett	IA	20:28	01:19:29.76	01:03:37.83
20	1263/1298	490/505	218	Tom Wehmeyer	69	M	Cedar Rapids	IA	21:25	01:11:00.93	01:06:34.72

Female Ages 70 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	687/1298	350/793	1684	Joyce Fleischacker	75	F	Cedar Rapids	IA	10:46	00:34:07.02	00:33:27.12
2	758/1298	404/793	1452	Bev Kisling	73	F	Center Point	IA	11:10	00:35:00.55	00:34:44.15
3	1040/1298	619/793	1799	Carol Ochsner	70	F	Omaha	NE	15:12	00:48:21.46	00:47:16.49
4	1076/1298	650/793	1649	Sharon Burns-Knutson	71	F	Cedar Rapids	IA	16:16	00:51:10.69	00:50:34.26
5	1258/1298	769/793	750	Joann Mcfarland	71	F	Van Horne	IA	21:22	01:17:54.12	01:06:25.53
6	1283/1298	785/793	1967	Jackie Soukup	71	F	Cedar Rapids	IA	22:15	01:12:04.01	01:09:10.58

Male Ages 70 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	293/1298	188/505	2008	Tom Kirkwood	76	M	Dyersville	IA	8:51	00:27:48.31	00:27:31.38
2	869/1298	383/505	1453	Gary Kisling	74	M	Center Point	IA	12:10	00:38:05.25	00:37:48.63