

# Ocean To Sound 50 Mile Relay

September 22, 2019

## Overall Division Results

### Relay Team

### Men's Open

Place	No.	Name	--- LEG 1, 4 and 7 ---			--- LEG 2, 5 and 8 ---			---- LEG 3 and 6 ----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	14	Sayville-Smithtown Running Co - Blue	00:33:05	2	5:36	00:36:11	2	5:58	00:32:27	1	5:12	5:35	04:36:46.5
			00:32:47	2	5:38	00:33:01	1	5:26	00:35:20	3	5:53		
			00:41:19	3	5:39	00:32:42	1	5:15					
2	4	elitefeats men	00:32:41	1	5:32	00:35:51	1	5:54	00:34:51	2	5:36	5:41	04:42:07.5
			00:32:11	1	5:32	00:33:06	2	5:27	00:33:50	2	5:38		
			00:40:47	2	5:35	00:38:53	6	6:15					
3	19	West Point - Gold	00:34:39	3	5:52	00:36:39	3	6:02	00:45:17	18	7:16	6:36	05:27:20.9
			00:40:21	9	6:57	00:53:08	50	8:45	00:33:33	1	5:35		
			00:47:18	8	6:28	00:36:30	3	5:51					
4	7	Hot Dudes Track Club	00:40:19	14	6:49	00:50:10	35	8:16	00:43:43	10	7:01	6:42	05:32:36.5
			00:37:26	5	6:27	00:40:26	7	6:40	00:37:13	5	6:12		
			00:35:56	1	4:55	00:47:27	28	7:37					
5	15	Sayville-Smithtown Running Co - Gold	00:39:41	12	6:43	00:38:13	4	6:18	00:37:59	3	6:06	6:46	05:36:10.7
			00:41:34	12	7:09	00:47:47	27	7:53	00:38:10	7	6:21		
			00:50:11	15	6:52	00:42:40	12	6:51					
6	98	Runner's Edge Open	00:38:01	11	6:26	00:44:56	15	7:24	00:42:51	8	6:53	7:09	05:54:37.3
			00:46:32	27	8:01	00:38:03	5	6:16	00:57:54	76	9:38		
			00:49:22	14	6:45	00:37:02	4	5:57					
7	18	Webb Institute	00:41:11	18	6:58	00:45:09	16	7:26	00:49:00	31	7:52	7:22	06:05:19.6
			00:37:45	6	6:30	00:46:47	20	7:43	00:44:32	17	7:25		
8	10	New Hyde Park - Mineola Men's Open B	00:44:09	25	7:28	00:56:14	54	9:16	00:45:28	19	7:18	7:30	06:11:50.9
			00:46:30	24	8:00	00:41:57	8	6:55	00:44:36	18	7:25		
			00:48:04	10	6:34	00:44:56	16	7:13					
9	13	Paragon Run Club	00:35:51	7	6:04	00:48:10	26	7:56	00:51:40	40	8:18	7:30	06:12:16.4
			00:37:25	4	6:26	00:46:59	22	7:45	00:44:46	19	7:27		
			01:03:44	57	8:43	00:43:46	14	7:02					
10	62	The A-Team 2	00:37:17	9	6:19	00:57:26	58	9:28	00:47:04	23	7:33	7:32	06:13:34.0
			00:39:14	7	6:45	00:43:15	11	7:08	00:46:38	28	7:46		
			00:56:33	29	7:44	00:46:11	26	7:25					
11	20	Wire to Wire	00:46:30	31	7:52	00:47:59	25	7:55	00:48:43	30	7:49	7:39	06:19:19.7
			00:51:36	46	8:53	00:46:20	18	7:38	00:40:00	10	6:39		
			00:50:16	16	6:53	00:47:59	30	7:42					

Leg Miles - Leg1: 5.9 Miles Leg2: 6.06 Miles Leg3: 6.22 Miles Leg4: 5.8 Miles Leg5: 6.06 Miles Leg6: 6 Miles Leg7: 7.3 Miles Leg8: 6.22 Miles Total Miles 49.56 Miles

9/26/19 9:00:31

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			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
12	16	Stupid Duz	00:54:54	66	9:18	00:50:05	33	8:15	00:55:06	55	8:51	7:53	06:31:27.7
			00:44:32	17	7:40	00:52:21	46	8:38	00:44:02	16	7:20		
			00:51:54	19	7:06	00:38:38	5	6:12					
13	81	GLIRC	00:41:37	19	7:03	00:44:04	12	7:16	01:03:42	79	10:14	7:54	06:32:07.9
			00:45:32	19	7:51	00:48:12	30	7:57	00:45:02	22	7:30		
			01:01:30	48	8:25	00:42:32	11	6:50					
14	6	Half Fast Runners II	00:52:45	61	8:56	00:54:42	49	9:01	00:41:36	7	6:41	7:59	06:35:59.4
			00:45:16	18	7:48	00:53:55	52	8:53	00:48:29	37	8:04		
			00:47:08	7	6:27	00:52:13	42	8:23					
15	12	Northport Running Club	00:42:45	21	7:14	00:50:23	36	8:18	00:44:12	12	7:06	8:10	06:45:24.9
			00:45:35	21	7:51	00:52:14	45	8:37	00:47:23	33	7:53		
			01:01:50	49	8:28	01:01:06	76	9:49					
16	5	Fluffy Bunnies	00:46:39	32	7:54	00:49:30	31	8:10	00:54:57	52	8:49	8:25	06:57:22.8
			00:51:03	42	8:47	00:43:11	10	7:07	00:51:10	46	8:31		
			01:04:27	60	8:49	00:56:30	63	9:04					
17	3	Brew Crew	00:48:20	40	8:11	00:42:58	11	7:05	01:16:58	95	12:22	8:34	07:05:07.4
			00:49:18	34	8:29	00:47:47	28	7:53	00:44:56	21	7:29		
			01:09:34	77	9:31	00:45:20	19	7:17					
18	1	8 adults and a baby	00:53:26	63	9:03	01:03:32	84	10:28	00:49:47	35	8:00	8:46	07:14:30.0
			00:50:13	37	8:39	00:55:13	56	9:06	00:51:34	48	8:35		
			01:01:28	47	8:25	00:49:20	34	7:55					
19	9	Mexican Coke	00:50:57	50	8:38	00:52:02	41	8:35	00:57:36	65	9:15	8:47	07:15:23.9
			00:46:31	25	8:01	00:48:13	31	7:57	00:56:51	70	9:28		
			01:05:46	66	9:00	00:57:34	67	9:15					
20	29	Barracudas	00:49:17	46	8:21	01:01:31	76	10:08	01:08:47	91	11:03	9:05	07:30:46.6
			00:55:27	67	9:33	00:54:52	55	9:03	00:52:40	54	8:46		
			00:55:36	28	7:36	00:52:41	44	8:28					
21	17	We've got the runs	01:06:04	91	11:11	01:00:22	69	9:57	01:01:24	75	9:52	9:45	08:03:27.5
			01:05:21	89	11:15	00:56:39	59	9:20	00:56:41	69	9:26		
			01:03:23	56	8:40	00:53:38	50	8:37					
22	44	Barley Corn Chuggers	01:01:50	86	10:28	01:07:46	92	11:10	01:05:36	85	10:32	10:06	08:20:33.5
			00:59:23	76	10:14	00:56:56	61	9:23	01:02:08	83	10:21		
			01:10:54	80	9:42	00:56:03	58	9:00					

Leg Miles - Leg1: 5.9 Miles Leg2: 6.06 Miles Leg3: 6.22 Miles Leg4: 5.8 Miles Leg5: 6.06 Miles Leg6: 6 Miles Leg7: 7.3 Miles Leg8: 6.22 Miles Total Miles 49.56 Miles

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			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
23	11	New Hyde Park-Mineola Men's Open A	00:47:25	37	8:02	01:09:34	94	11:28	01:14:55	94	12:02	10:26	08:37:53.0
			00:56:11	69	9:41	01:19:11	92	13:03	00:54:29	64	9:04		
			01:09:02	74	9:27	01:07:09	86	10:47					
24	8	LALLY GANG	00:48:42	41	8:15	00:56:08	53	9:15	01:30:45	98	14:35	10:42	08:51:00.5
			01:26:02	96	14:49	00:59:09	67	9:45	00:48:36	38	8:05		
			01:10:23	78	9:38	01:11:20	89	11:27					

### Women's Open

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	22	elitefeats women	00:35:23	5	5:59	00:40:06	8	6:36	00:38:57	5	6:15	6:17	05:11:26.6
			00:35:59	3	6:12	00:37:33	4	6:11	00:39:13	9	6:32		
			00:44:44	4	6:07	00:39:36	7	6:21					
2	26	She Devil's	00:53:40	64	9:05	00:55:27	51	9:08	00:53:55	48	8:40	8:40	07:10:04.5
			00:58:01	72	10:00	00:55:39	58	9:10	00:47:15	31	7:52		
			01:00:02	40	8:13	00:46:10	25	7:25					
3	21	#squadgoals	00:55:28	70	9:23	00:51:53	40	8:33	00:56:38	62	9:06	9:15	07:38:42.6
			00:52:31	48	9:03	00:59:35	69	9:49	00:54:13	59	9:02		
			01:10:24	79	9:38	00:58:03	69	9:19					
4	23	Fast Friends	00:52:57	62	8:58	00:55:29	52	9:09	00:52:56	45	8:30	9:25	07:47:03.1
			00:54:27	58	9:23	01:08:41	83	11:19	01:12:32	95	12:05		
			00:59:00	36	8:04	00:51:05	37	8:12					

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### Mixed Open

Place	No.	Name	--- LEG 1, 4 and 7 ---			--- LEG 2, 5 and 8 ---			---- LEG 3 and 6 ----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	66	West Point - Black	00:39:44	13	6:44	00:40:21	9	6:39	00:44:31	14	7:09	6:53	05:41:37.8
			00:39:25	8	6:47	01:00:37	70	10:00	00:35:29	4	5:54		
			00:45:20	5	6:12	00:36:14	2	5:49					
2	27	#peacelovetealsteel	00:44:32	26	7:32	00:51:23	38	8:28	00:48:17	28	7:45	7:34	06:15:46.4
			00:45:34	20	7:51	00:45:58	16	7:34	00:41:41	12	6:56		
			00:53:16	21	7:17	00:45:10	17	7:15					
3	33	Drinkers with a Relay Problem	00:48:07	38	8:09	00:44:29	14	7:20	00:47:11	25	7:35	7:48	06:27:18.3
			00:53:44	56	9:15	00:46:09	17	7:36	00:48:38	39	8:06		
			00:54:23	25	7:26	00:44:42	15	7:11					
4	96	Mixed Edgers	00:46:47	33	7:55	00:39:41	6	6:32	00:45:16	17	7:16	7:49	06:28:04.2
			00:46:57	29	8:05	00:49:57	38	8:14	00:49:02	40	8:10		
			01:01:28	46	8:25	00:49:01	33	7:52					
5	61	The A-Team	00:49:52	49	8:27	00:46:50	20	7:43	00:44:53	15	7:12	7:53	06:31:17.0
			00:46:39	28	8:02	00:48:15	32	7:57	00:52:30	52	8:44		
			00:46:11	6	6:19	00:56:13	59	9:02					
6	50	RUNNING FOR AYOTZINAPA 43 (C)	00:48:17	39	8:11	00:45:33	17	7:30	00:45:06	16	7:14	8:04	06:40:25.3
			00:49:40	35	8:33	00:51:30	41	8:29	00:55:19	66	9:13		
7	28	Babylon Pacesetters	00:49:08	44	8:19	00:55:12	50	9:06	00:51:45	42	8:19	8:07	06:42:55.7
			00:48:33	32	8:22	00:44:01	13	7:15	00:44:55	20	7:29		
			00:57:28	30	7:52	00:51:57	40	8:21					
8	2	Pimp My Stride	00:43:45	23	7:24	00:53:27	45	8:49	00:56:50	63	9:08	8:12	06:46:37.5
			00:53:19	52	9:11	00:47:39	25	7:51	00:57:32	75	9:35		
			00:48:46	12	6:40	00:45:23	20	7:17					
9	32	Don't hate our 8	00:52:19	55	8:51	00:52:24	43	8:38	00:53:42	46	8:37	8:22	06:54:53.5
			00:43:31	16	7:30	00:58:58	66	9:43	00:49:07	41	8:11		
			00:59:06	37	8:05	00:45:50	22	7:22					
10	35	GLIRC Has Fast Feet	00:41:10	17	6:58	00:50:07	34	8:16	00:46:33	21	7:28	8:38	07:08:04.6
			01:04:25	86	11:06	01:11:37	87	11:48	00:50:21	45	8:23		
			00:57:51	32	7:55	00:46:05	24	7:24					
11	48	Runners Fit 24	00:56:42	75	9:36	00:58:11	61	9:36	00:48:17	29	7:45	8:48	07:16:12.6
			00:46:30	23	8:00	00:51:06	39	8:25	01:09:23	92	11:33		
			00:58:24	34	7:59	00:47:45	29	7:40					

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			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
12	38	Lifetime Run Club	00:54:25	65	9:13	00:45:48	18	7:33	00:51:58	43	8:21	8:50	07:18:08.0
			00:42:52	14	7:23	01:16:36	90	12:38	00:43:21	15	7:13		
			01:09:32	76	9:31	00:53:41	51	8:37					
13	55	South Shore Crew	00:43:58	24	7:26	00:51:43	39	8:31	00:49:09	32	7:53	8:50	07:18:13.6
			00:54:56	62	9:28	01:01:28	74	10:08	01:00:54	81	10:08		
			01:02:45	55	8:35	00:53:26	48	8:35					
14	39	Long Distance Relay-tionship	00:49:09	45	8:19	01:01:46	78	10:11	00:59:28	69	9:33	8:52	07:19:27.6
			00:52:43	49	9:05	00:52:57	49	8:44	00:47:13	30	7:52		
			01:03:46	58	8:44	00:52:30	43	8:26					
15	64	We Are Athletes Ocean Waves	00:48:56	42	8:17	00:48:23	28	7:58	00:55:30	57	8:55	8:57	07:23:34.7
			00:53:54	57	9:17	01:26:43	95	14:18	00:47:22	32	7:53		
			01:00:03	41	8:13	00:42:47	13	6:52					
16	45	Pray for Rain	01:07:06	93	11:22	00:49:41	32	8:11	00:51:03	38	8:12	8:57	07:23:40.8
			00:54:30	60	9:23	01:01:12	73	10:05	00:47:39	35	7:56		
			00:59:43	39	8:10	00:52:51	45	8:29					
17	40	Massapequa Road Runners Open	00:55:22	68	9:22	00:46:56	21	7:44	00:55:20	56	8:53	9:02	07:27:41.7
			01:00:03	78	10:21	01:03:58	80	10:33	00:53:28	57	8:54		
			01:01:01	44	8:21	00:51:38	38	8:17					
18	49	Running for Ayotzinapa 43	00:40:32	16	6:52	01:04:15	85	10:36	00:55:53	59	8:59	9:12	07:36:02.1
			-00:19:16		56:40	02:34:02	96	25:25	00:51:42	49	8:36		
			00:59:24	38	8:08	00:49:33	35	7:57					
19	56	Step by Step Team #1	00:56:08	74	9:30	00:59:50	66	9:52	01:02:47	78	10:05	9:15	07:39:03.4
			00:50:23	39	8:41	00:52:03	44	8:35	00:57:04	72	9:30		
			01:05:43	65	9:00	00:55:09	56	8:51					
20	41	Normal People Would Drive	00:58:49	81	9:58	00:48:11	27	7:57	01:07:28	88	10:50	9:15	07:39:05.5
			00:55:26	66	9:33	00:47:22	24	7:48	00:53:05	55	8:50		
			01:12:31	82	9:55	00:56:17	61	9:02					
21	31	CCRMIII	00:57:07	76	9:40	01:12:51	95	12:01	00:54:13	50	8:42	9:18	07:41:16.2
			00:53:32	53	9:13	00:47:46	26	7:52	00:37:35	6	6:15		
			01:21:28	88	11:09	00:56:48	64	9:07					
22	37	Great Neck Everest	00:52:40	59	8:55	00:57:30	59	9:29	00:56:55	64	9:08	9:24	07:46:40.4
			00:53:34	54	9:14	00:49:38	37	8:11	00:54:14	60	9:02		
			01:12:33	83	9:56	01:09:40	88	11:11					

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			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
23	30	Blood - Sweat & Beers	00:55:48	71	9:27	00:54:12	47	8:56	01:00:28	73	9:43	9:25	07:46:43.3
			00:58:55	75	10:09	01:03:46	78	10:31	00:54:51	65	9:08		
			01:07:05	67	9:11	00:51:42	39	8:18					
24	57	Step by Step Team #2	00:58:38	80	9:56	01:00:46	72	10:01	00:58:43	66	9:26	9:27	07:48:30.4
			00:51:01	41	8:47	01:01:37	75	10:10	00:47:01	29	7:50		
			00:58:30	35	8:00	01:12:19	92	11:37					
25	63	The Selden Strangers	01:10:22	97	11:55	01:04:46	88	10:41	00:46:53	22	7:32	9:36	07:56:32.4
			01:02:30	83	10:46	00:51:34	42	8:30	01:01:15	82	10:12		
			01:00:57	43	8:20	00:58:19	70	9:22					
26	47	Race Against the Machine	01:03:21	88	10:44	00:57:11	57	9:26	00:59:10	67	9:30	9:37	07:57:17.6
			00:53:17	51	9:11	00:51:26	40	8:29	00:55:52	67	9:18		
			01:15:17	86	10:18	01:01:46	80	9:55					
27	46	Quicksilverstriders	00:37:06	8	6:17	01:02:06	80	10:14	01:05:41	86	10:33	9:43	08:01:39.5
			01:05:51	90	11:21	01:13:06	88	12:03	00:54:21	62	9:03		
28	36	Great Neck Cornerstone	00:52:39	58	8:55	01:01:10	74	10:05	00:56:34	60	9:05	9:43	08:02:11.9
			01:02:29	82	10:46	00:57:50	64	9:32	00:58:38	79	9:46		
			01:07:32	70	9:15	01:05:24	83	10:30					
29	65	We Got The Runs	00:52:41	60	8:55	00:58:20	62	9:37	01:06:31	87	10:41	9:50	08:07:51.9
			01:03:16	84	10:54	00:59:13	68	9:46	00:54:16	61	9:02		
			01:02:06	50	8:30	01:11:33	90	11:30					
30	60	Step by Step Team #5	00:52:21	56	8:52	01:35:38	98	15:46	01:10:46	92	11:22	9:51	08:08:13.6
			00:55:10	64	9:30	00:48:29	33	7:59	00:50:20	44	8:23		
			00:54:02	23	7:24	01:01:30	78	9:53					
31	51	Running on Fumes	01:02:14	87	10:32	01:04:33	86	10:39	00:54:10	49	8:42	9:56	08:12:34.9
			01:06:18	91	11:25	00:54:31	54	8:59	00:52:25	50	8:44		
			01:21:38	89	11:10	00:56:50	65	9:08					
32	58	Step by Step Team #3	00:49:46	47	8:26	01:02:50	81	10:22	01:18:32	96	12:37	10:12	08:26:04.8
			01:07:06	92	11:34	01:06:17	81	10:56	00:58:18	77	9:42		
			01:04:49	62	8:52	00:58:30	71	9:24					
33	52	Running Outta Shape	00:55:54	72	9:28	00:48:57	29	8:04	01:03:47	80	10:15	10:16	08:29:28.0
			01:15:39	95	13:02	01:08:55	84	11:22	01:17:21	96	12:53		
			01:02:39	53	8:34	00:56:20	62	9:03					

Leg Miles - Leg1: 5.9 Miles Leg2: 6.06 Miles Leg3: 6.22 Miles Leg4: 5.8 Miles Leg5: 6.06 Miles Leg6: 6 Miles Leg7: 7.3 Miles Leg8: 6.22 Miles Total Miles 49.56 Miles

9/26/19 9:00:31

Result and Timing by: JMS Racing Services

# Ocean To Sound 50 Mile Relay

September 22, 2019

## Overall Division Results

### Relay Team

### Mixed Open

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
34	43	Overly Righteous Runners	01:01:32	85	10:25	00:57:51	60	9:32	01:07:31	89	10:51	10:24	08:35:43.6
			01:14:16	94	12:48	01:08:24	82	11:17	01:02:53	85	10:28		
			01:02:07	51	8:30	01:01:15	77	9:50					
35	59	Step by Step Team #4	01:07:36	94	11:27	00:59:58	67	9:53	01:04:44	82	10:24	10:31	08:42:00.8
			01:09:32	93	11:59	01:02:51	76	10:22	01:08:10	90	11:21		
			01:02:32	52	8:33	01:06:40	85	10:43					
36	54	Sloth Running Team- We Get There When We Get There	01:00:49	83	10:18	01:05:56	89	10:52	00:54:58	53	8:50	10:55	09:01:49.2
			01:00:28	80	10:25	01:09:35	85	11:28	01:08:18	91	11:22		
			01:35:18	93	13:03	01:06:32	84	10:41					
37	42	Ocean Turtles	00:52:11	53	8:50	01:06:03	90	10:53	01:08:46	90	11:03	10:57	09:03:10.5
			01:03:56	85	11:01	01:03:25	77	10:27	01:02:33	84	10:25		
			01:34:47	92	12:58	01:11:34	91	11:30					
38	53	Sloth Racing - In it not to win it	01:09:53	96	11:50	01:01:34	77	10:09	00:59:50	70	9:37	11:12	09:15:13.0
			01:26:16	97	14:52	01:14:10	89	12:14	01:11:53	93	11:58		
			01:07:43	71	9:16	01:03:57	81	10:16					
39	34	Galloway LI	01:09:34	95	11:47	01:22:54	97	13:40	01:19:29	97	12:46	11:47	09:43:59.0
			01:04:35	88	11:07	01:18:31	91	12:57	01:03:04	86	10:30		
			01:08:13	72	9:20	01:17:43	93	12:29					

# Ocean To Sound 50 Mile Relay

September 22, 2019

## Overall Division Results

### Relay Team

### Men's Masters

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	71	Sayville-Smithtown Running Co. - Men's Masters	00:40:23	15	6:50	00:38:32	5	6:21	00:41:15	6	6:37	6:33	05:24:49.8
			00:40:27	10	6:58	00:35:41	3	5:53	00:40:37	11	6:46		
			00:48:19	11	6:37	00:39:40	8	6:22					
2	68	Boston Buddies	00:46:58	35	7:57	00:49:01	30	8:05	00:47:16	26	7:35	7:22	06:05:44.2
			00:42:32	13	7:19	00:38:31	6	6:21	00:45:12	23	7:31		
			00:47:57	9	6:34	00:48:21	31	7:46					
3	72	Team RVC	00:51:56	52	8:48	00:59:36	65	9:50	00:55:44	58	8:57	8:44	07:13:38.3
			00:50:27	40	8:41	00:47:03	23	7:45	00:53:15	56	8:52		
			00:54:02	22	7:23	01:01:40	79	9:54					
4	70	Half Fast Runners	00:43:33	22	7:22	01:00:41	71	10:00	01:02:08	77	9:59	9:25	07:46:44.9
			01:04:31	87	11:07	00:56:50	60	9:22	00:56:54	71	9:28		
			01:09:18	75	9:29	00:52:54	46	8:30					
5	69	DeWayne's World	01:01:22	84	10:23	01:01:56	79	10:13	00:51:40	39	8:18	9:34	07:54:26.9
			00:54:58	63	9:28	00:48:10	29	7:56	00:57:12	73	9:31		
			01:20:25	87	11:00	00:58:48	72	9:27					
6	67	Alley Pond Striders Joey's Heroes	00:47:15	36	8:00	00:58:38	64	9:40	01:14:47	93	12:01	10:23	08:35:07.8
			00:54:29	59	9:23	01:23:13	94	13:43	00:46:29	27	7:44		
			01:26:22	91	11:49	01:03:58	82	10:16					

### Women's Masters

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	97	Fab-Abs	00:37:27	10	6:20	00:47:14	22	7:47	00:49:09	33	7:54	7:39	06:19:49.0
			00:46:11	22	7:57	00:42:29	9	7:00	00:42:43	13	7:07		
			01:08:37	73	9:23	00:46:03	23	7:24					
2	73	NRC Udderly Awesome	00:58:51	82	9:58	00:47:45	24	7:52	00:56:36	61	9:05	9:08	07:33:06.5
			00:46:32	26	8:01	00:57:07	62	9:25	01:00:16	80	10:02		
			01:05:08	63	8:55	01:00:56	75	9:47					



# Ocean To Sound 50 Mile Relay

September 22, 2019

## Overall Division Results

Relay Team

### Mixed Masters

Place	No.	Name	--- LEG 1, 4 and 7 ---			--- LEG 2, 5 and 8 ---			---- LEG 3 and 6 ----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	74	Alley Pond Striders All Stars	00:41:57	20	7:06	00:54:24	48	8:58	00:51:44	41	8:18	7:31	06:13:17.7
			00:43:11	15	7:26	00:43:53	12	7:14	00:45:46	25	7:37		
			00:51:24	18	7:02	00:41:02	10	6:35					
2	78	Third Eyes	00:46:57	34	7:57	00:58:20	63	9:37	00:45:38	20	7:20	7:56	06:33:53.8
			00:49:45	36	8:34	00:45:39	15	7:31	00:47:30	34	7:54		
			00:54:31	26	7:28	00:45:37	21	7:19					
3	76	Lost In Pace	01:05:09	90	11:02	00:47:31	23	7:50	00:50:44	37	8:09	8:32	07:03:21.4
			00:48:56	33	8:26	00:45:03	14	7:25	00:52:37	53	8:46		
			01:01:24	45	8:24	00:52:03	41	8:22					
4	75	Gold Coast Harriers (GCH)	00:49:49	48	8:26	01:00:50	73	10:02	00:49:15	34	7:55	8:32	07:03:30.8
			00:58:38	74	10:06								
			00:49:04	13	6:43	00:55:19	57	8:53					
5	79	Now Nap is in Italy	00:45:32	28	7:43	01:08:06	93	11:14	01:00:27	72	9:42	9:10	07:35:01.9
			00:55:24	65	9:33	00:52:44	47	8:41	00:49:09	42	8:11		
			01:07:30	69	9:14	00:56:14	60	9:02					
6	77	New Hyde Park-Mineola Team A	00:52:16	54	8:51	01:01:24	75	10:07	01:00:28	74	9:43	9:15	07:38:26.5
			00:51:25	45	8:51	00:57:32	63	9:29	00:53:38	58	8:56		
			01:02:40	54	8:35	00:59:08	74	9:30					

### Men's Senior Masters

Place	No.	Name	--- LEG 1, 4 and 7 ---			--- LEG 2, 5 and 8 ---			---- LEG 3 and 6 ----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	84	NRC Sr. Masters	00:44:54	27	7:36	01:04:40	87	10:40	00:43:25	9	6:58	8:12	06:47:02.3
			00:51:10	43	8:49	00:51:40	43	8:31	00:43:01	14	7:10		
			00:57:37	31	7:53	00:50:41	36	8:08					
2	83	Massapequa Road Runners Seniors	00:45:34	29	7:43	00:52:36	44	8:40	00:54:14	51	8:43	8:29	07:00:30.8
			00:47:40	31	8:13	00:49:03	36	8:05	00:57:31	74	9:35		
			01:00:45	42	8:19	00:53:11	47	8:33					
3	80	Bohemia Track Club Senior Roadsters	00:56:08	73	9:30	00:56:39	55	9:20	00:49:50	36	8:00	8:38	07:08:15.9
			00:51:18	44	8:50	00:48:32	34	8:00	00:46:08	26	7:41		
			01:05:32	64	8:58	00:54:12	54	8:42					
4	82	LIRRC/ROGUES	01:04:21	89	10:54	01:07:05	91	11:04	00:52:30	44	8:26	9:36	07:56:07.3
			00:58:16	73	10:02	00:53:55	53	8:53	00:49:10	43	8:11		
			01:13:16	85	10:02	00:57:37	68	9:15					

Leg Miles - Leg1: 5.9 Miles Leg2: 6.06 Miles Leg3: 6.22 Miles Leg4: 5.8 Miles Leg5: 6.06 Miles Leg6: 6 Miles Leg7: 7.3 Miles Leg8: 6.22 Miles Total Miles 49.56 Miles

9/26/19 9:00:31

Result and Timing by: JMS Racing Services

# Ocean To Sound 50 Mile Relay

September 22, 2019

## Overall Division Results

### Relay Team

### Women's Senior Masters

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	85	LIRRC Flower Power	00:58:16	79	9:52	01:00:36	70	9:59	00:59:28	68	9:33	9:39	07:58:26.9
			00:59:33	77	10:16	01:01:12	72	10:05	00:58:38	78	9:46		
			01:07:17	68	9:12	00:53:30	49	8:35					

### Mixed Senior Masters

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	86	Super runners	00:35:22	4	5:59	00:46:14	19	7:37	00:44:06	11	7:05	7:41	06:21:16.9
			00:47:32	30	8:11	00:52:53	48	8:43	00:51:16	47	8:32		
			00:55:16	27	7:34	00:48:41	32	7:49					
2	87	We Are Athletes Choppy Seas	01:12:10	98	12:13	01:03:02	82	10:23	01:05:19	83	10:29	9:45	08:03:55.1
			01:00:09	79	10:22	00:55:24	57	9:08	00:52:29	51	8:44		
			00:58:18	33	7:59	00:57:10	66	9:11					

### Corporate

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	92	Team Full Cycle	00:46:16	30	7:50	00:44:07	13	7:16	00:53:48	47	8:38	7:56	06:33:41.6
			00:51:54	47	8:56	00:46:26	19	7:39	00:45:38	24	7:36		
			01:04:46	61	8:52	00:40:49	9	6:33					
2	90	North Island Physical Therapy	01:06:27	92	11:15	00:53:43	46	8:51	00:44:27	13	7:08	8:26	06:58:05.8
			00:57:56	71	9:59	00:46:51	21	7:43	00:48:10	36	8:01		
			00:54:19	24	7:26	00:46:16	27	7:26					
3	91	Seaford Vikings	00:55:22	69	9:22	01:14:49	96	12:20	00:47:10	24	7:34	9:02	07:28:30.3
			00:53:43	55	9:15	00:53:42	51	8:51	00:54:25	63	9:04		
			00:50:26	17	6:54	00:58:57	73	9:28					
4	88	BAE Systems	00:55:13	67	9:21	00:52:06	42	8:35	00:55:02	54	8:50	9:08	07:32:53.7
			00:54:38	61	9:25	01:01:04	71	10:04	00:56:17	68	9:22		
			01:04:11	59	8:47	00:54:26	55	8:45					

# Ocean To Sound 50 Mile Relay

September 22, 2019

## Overall Division Results

### Relay Team

### Law Enforcement - Firefighter

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	93	NPRC Blue	00:51:43	51	8:45	00:42:08	10	6:57	00:47:37	27	7:39	7:36	06:17:19.3
			00:50:17	38	8:40	00:48:42	35	8:02	00:38:53	8	6:28		
			00:52:51	20	7:14	00:45:13	18	7:16					
2	94	NPRC Orange	00:52:37	57	8:55	01:03:10	83	10:25	01:05:28	84	10:31	9:50	08:07:25.4
			00:52:43	50	9:05	01:03:50	79	10:31	01:03:32	87	10:35		
			01:12:19	81	9:54	00:53:50	52	8:39					

### Leukemia & Lymphoma Society

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	95	Hooligans of Long Ireland	00:58:07	77	9:51	01:00:10	68	9:55	01:00:06	71	9:39	9:43	08:02:17.9
			00:55:36	68	9:35	00:57:59	65	9:33	01:03:44	88	10:37		
			01:12:42	84	9:57	00:53:58	53	8:40					

### Individual

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	1011	Byron Lane	00:58:08	78	9:51	00:57:11	56	9:26	01:01:25	76	9:52	10:32	08:42:14.1
			00:56:37	70	9:45	01:10:50	86	11:41	01:04:09	89	10:41		
			01:25:54	90	11:45	01:08:06	87	10:56					

### Individual

Place	No.	Name	---- LEG 1, 4 and 7 ----			--- LEG 2, 5 and 8 ---			----- LEG 3 and 6 -----			Pace	Total Time
			Time	Plc	Pace	Time	Plc	Pace	Time	Plc	Pace		
1	1010	Ali Caruana	00:49:00	43	8:18	00:50:58	37	8:24	01:04:27	81	10:21	11:14	09:16:45.0
			01:00:37	81	10:26	01:22:10	93	13:33	01:12:05	94	12:00		
			01:36:33	94	13:13	01:21:01	94	13:01					