

# Aspire 10K Run

April 7, 2013

## Overall Division Results

### Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	9/720	1/330	518	Jodie Robertson	28	Female	Melville	NY	5:52 min/m	00:36:30.59

### Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	1/720	1/390	725	Dan Gargaro	23	Male	Bayshore	NY	5:23 min/m	00:33:28.30

### Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	31/720	4/330	86	Una Broderick	46	Female	Wantagh	NY	6:34 min/m	00:40:52.52

### Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	4/720	4/390	95	Boyd Carrington	40	Male	Amityville	NY	5:31 min/m	00:34:18.56

### Female Below The Knee Amputee

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	444/720	162/330	482	Lori Penisis	46	Female	Fresh Meadows	NY	9:37 min/m	00:59:47.68
2	618/720	268/330	749	Jolie Sutter	40	Female	New York	NY	11:33 min/m	01:11:47.38
3	643/720	282/330	280	Cate Hughes	11	Female	Glendale	NY	11:56 min/m	01:14:13.35

### Male Below The Knee Amputee

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	506/720	312/390	331	Michael Laforgia	47	Male	Smithtown	NY	10:07 min/m	01:02:52.61
2	554/720	328/390	716	Robert Denson	65	Male	Far Rockaway	NY	10:36 min/m	01:05:52.82

### Female Clydesdale 1

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	165/720	37/330	149	Ciara Dempsey	37	Female	New Hyde Park	NY	7:48 min/m	00:48:33.25
2	286/720	78/330	562	Leah Serlin	41	Female	Dix Hills	NY	8:35 min/m	00:53:22.34
3	296/720	84/330	731	Susan Schmuck	46	Female	Westbury	NY	8:42 min/m	00:54:05.99

### Male Clydesdale 1

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	50/720	42/390	696	Erich Veitch	49	Male	Huntington	NY	6:45 min/m	00:42:02.76
2	53/720	45/390	113	Kenneth Colantuoni	42	Male	Plainview	NY	6:46 min/m	00:42:07.82
3	64/720	56/390	109	John Clifford	51	Male	Seaford	NY	6:55 min/m	00:43:02.18

# Aspire 10K Run

April 7, 2013

## Overall Division Results

### Female Clydesdale 2

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	310/720	91/330	84	Krista Calvanese	31	Female	Hauppauge	NY	8:49 min/m	00:54:47.39
2	422/720	151/330	172	Lydia Durdaller	28	Female	Bethpage	NY	9:29 min/m	00:58:57.35
3	527/720	207/330	463	Lonnie Neumar	44	Female	East Rockaway	NY	10:18 min/m	01:04:02.90

### Male Clydesdale 2

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	97/720	82/390	661	Ryan Wosleger	27	Male	Rockville Centre	NY	7:15 min/m	00:45:08.83
2	103/720	86/390	394	Chris Martin	27	Male	Sayville	NY	7:17 min/m	00:45:18.83
3	153/720	119/390	209	Gary Freitag	48	Male	Ronkonkoma	NY	7:44 min/m	00:48:04.82

### Female Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	140/720	28/330	826	Gabrielle Mott	12	Female	Ronkonkoma	NY	7:36 min/m	00:47:17.27
2	357/720	115/330	641	Celia Walden	12	Female	Centerport	NY	9:06 min/m	00:56:37.62
3	396/720	141/330	133	Erin Curran	14	Female	Old Bethpage	NY	9:21 min/m	00:58:06.55

### Male Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	326/720	228/390	583	Yuval Solomon	13	Male	Plainview	NY	8:54 min/m	00:55:22.10
2	354/720	240/390	435	Zachary Meyer	12	Male	Plainview	NY	9:05 min/m	00:56:31.53
3	476/720	296/390	694	Anthony Bossone	11	Male	Calverton	NY	9:55 min/m	01:01:37.36

### Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	277/720	74/330	785	Megan Mccarthy	18	Female	Levittown	NY	8:31 min/m	00:52:58.84
2	393/720	139/330	570	Alexa Silva	16	Female	Smithtown	NY	9:18 min/m	00:57:51.11
3	457/720	170/330	794	Dana Digiovanni	17	Female	Roosevelt	NY	9:44 min/m	01:00:34.58

### Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	10/720	9/390	659	Travis Wooten	17	Male	Riverhead	NY	5:54 min/m	00:36:44.24
2	141/720	113/390	831	Kevin Sanders	19	Male	Wading River	NY	7:36 min/m	00:47:18.38
3	169/720	131/390	809	Joseph Choinski	18	Male	E. Northport	NY	7:50 min/m	00:48:41.76

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	66/720	9/330	390	Tara Mannino	24	Female	Massapequa	NY	6:57 min/m	00:43:11.93
2	77/720	11/330	36	Alexandra Barrett	23	Female	Levittown	NY	7:04 min/m	00:44:00.32
3	240/720	64/330	506	Kristen Randone	24	Female	S. Huntington	NY	8:16 min/m	00:51:26.88

# Aspire 10K Run

April 7, 2013

## Overall Division Results

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	12/720	11/390	718	Tom Savarese	24	Male	Dix Hills	NY	5:55 min/m	00:36:48.30
2	372/720	247/390	807	Jonathan Brunot	24	Male	West Hempstead	NY	9:11 min/m	00:57:09.60
3	433/720	278/390	820	David Kirsch	21	Male	Setauket	NY	9:33 min/m	00:59:25.57

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	91/720	13/330	621	Nicole Unger	25	Female	Great Neck	NY	7:12 min/m	00:44:50.40
2	148/720	32/330	59	Lisa Bonanni	26	Female	Selden	NY	7:41 min/m	00:47:49.33
3	174/720	41/330	400	Alyssa Mazurek	26	Female	Hauppauge	NY	7:52 min/m	00:48:55.21

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	2/720	2/390	728	Sean Mahon	27	Male	Merrick	NY	5:24 min/m	00:33:38.72
2	3/720	3/390	382	Chris Mammoni	29	Male	Massapequa	NY	5:29 min/m	00:34:09.40
3	14/720	13/390	719	Matthew Wontz	29	Male	Massapequa	NY	6:01 min/m	00:37:25.91

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	26/720	3/330	8	Shari Klarfeld	32	Female	Plainview	NY	6:24 min/m	00:39:49.20
2	41/720	6/330	486	Jessica Petermann	33	Female	Amityville	NY	6:38 min/m	00:41:16.47
3	45/720	7/330	147	Cristin Delaney-Guille	31	Female	Long Beach	NY	6:41 min/m	00:41:35.94

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	27/720	24/390	246	Trent Hampton	34	Male	West Babylon	NY	6:29 min/m	00:40:21.26
2	28/720	25/390	89	Vincent Cappadora	33	Male	Deer Park	NY	6:31 min/m	00:40:31.21
3	43/720	37/390	811	Steven V. Cuomo	30	Male	Shirley	NY	6:40 min/m	00:41:27.82

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	20/720	2/330	654	Tara Wilson	36	Female	West Islip	NY	6:18 min/m	00:39:13.27
2	101/720	16/330	419	Karen Melara	35	Female	Port Washington	NY	7:17 min/m	00:45:17.41
3	102/720	17/330	513	Jennifer Reth	36	Female	Kings Park	NY	7:17 min/m	00:45:18.78

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	5/720	5/390	603	Travis Tate	36	Male	East Northport	NY	5:42 min/m	00:35:26.58
2	11/720	10/390	600	Michael Talles	36	Male	Lindenhurst	NY	5:54 min/m	00:36:45.65
3	18/720	17/390	612	Steven Toto	39	Male	Commack	NY	6:13 min/m	00:38:39.92

# Aspire 10K Run

April 7, 2013

## Overall Division Results

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	121/720	22/330	675	Kathy Dormer	43	Female	Williston Park	NY	7:27 min/m	00:46:23.20
2	155/720	35/330	606	Jenney Tesoriero	42	Female	Westbury	NY	7:45 min/m	00:48:10.83
3	198/720	49/330	72	Judith Brenner	44	Female	Plainview	NY	8:00 min/m	00:49:47.84

### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	6/720	6/390	455	Timothy Murphy	41	Male	Ronkonkoma	NY	5:46 min/m	00:35:52.46
2	13/720	12/390	146	Robis Degirmenci	43	Male	Port Washington	NY	5:58 min/m	00:37:06.64
3	16/720	15/390	450	Robert Moscato	42	Male	Islip	NY	6:05 min/m	00:37:50.31

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	34/720	5/330	576	Jill Skelly	49	Female	Baldwin	NY	6:35 min/m	00:40:58.57
2	72/720	10/330	736	Karen Cotty	49	Female	East Quogue	NY	7:00 min/m	00:43:32.64
3	95/720	14/330	175	Ann Egan	48	Female	Wantagh	NY	7:15 min/m	00:45:04.57

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	7/720	7/390	651	Wil Widman Jr.	48	Male	N.babylon	NY	5:49 min/m	00:36:09.70
2	8/720	8/390	239	Keith Guilfoyle	46	Male	Commack	NY	5:49 min/m	00:36:10.91
3	25/720	23/390	687	Kieran Gibbons	48	Male	Northport	NY	6:22 min/m	00:39:39.26

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	47/720	8/330	237	Barbara Gubbins	53	Female	Southampton	NY	6:43 min/m	00:41:46.90
2	107/720	19/330	346	Mary Lenzi	52	Female	Hauppauge	NY	7:21 min/m	00:45:41.33
3	132/720	25/330	588	Adriana Staiano	50	Female	East Meadow	NY	7:34 min/m	00:47:02.48

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	24/720	22/390	520	Michael Robles	54	Male	Smithtown	NY	6:22 min/m	00:39:35.99
2	32/720	28/390	193	Diego Ferreyra	53	Male	New York	NY	6:34 min/m	00:40:52.53
3	33/720	29/390	552	Bill Schroeder	52	Male	Garden City	NY	6:35 min/m	00:40:55.37

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	115/720	21/330	722	Dolores Doman	56	Female	Dix Hills	NY	7:25 min/m	00:46:09.00
2	150/720	33/330	582	Kim Solomine	55	Female	Syosset	NY	7:42 min/m	00:47:52.58
3	226/720	56/330	279	Lorraine Huether	56	Female	Massapeque	NY	8:09 min/m	00:50:43.84

# Aspire 10K Run

April 7, 2013

## Overall Division Results

### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	15/720	14/390	698	Eddie Reagan	57	Male	Levittown	NY	6:02 min/m	00:37:30.77
2	21/720	19/390	140	Ned Daily	55	Male	Garden City Park	NY	6:19 min/m	00:39:18.53
3	35/720	30/390	558	Karnik Seferian	55	Male	Setauket	NY	6:35 min/m	00:41:00.63

### Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	197/720	48/330	793	Ruth Nack	60	Female	Flushing	NY	8:00 min/m	00:49:46.24
2	305/720	89/330	256	Janet Healy	60	Female	Syosset	NY	8:45 min/m	00:54:25.83
3	320/720	95/330	656	Gloria Withus	62	Female	Brentwood	NY	8:52 min/m	00:55:06.53

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	22/720	20/390	96	Kevin Carroll	60	Male	Huntington Statio	NY	6:19 min/m	00:39:20.75
2	70/720	61/390	637	Hank Von Thaden	60	Male	Bethpage	NY	6:59 min/m	00:43:27.19
3	129/720	105/390	244	John Hamilton	60	Male	West Islip	NY	7:32 min/m	00:46:50.47

### Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	384/720	134/330	230	Abby Gonzalez	65	Female	Dix Hills	NY	9:15 min/m	00:57:31.28
2	471/720	179/330	63	Hilory Boucher-Carlin	67	Female	Northport	NY	9:53 min/m	01:01:25.34
3	532/720	212/330	68	Christine Brakel	65	Female	Brightwaters	NY	10:23 min/m	01:04:36.63

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	114/720	94/390	293	Barry Jerson	65	Male	Plainview	NY	7:25 min/m	00:46:06.33
2	146/720	116/390	315	Richard Kleiman	66	Male	Plainview	NY	7:41 min/m	00:47:45.83
3	195/720	149/390	532	Philip Roth	65	Male	Plinview	NY	8:00 min/m	00:49:45.22

### Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	617/720	267/330	499	Karen Potenza	70	Female	Northport	NY	11:31 min/m	01:11:36.84

### Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	392/720	254/390	423	Jose Mendez	74	Male	Brentwood	NY	9:18 min/m	00:57:48.81
2	430/720	276/390	320	Arthur Koppelman	70	Male	Syosset	NY	9:33 min/m	00:59:23.53
3	464/720	290/390	362	Lopez Octvio	72	Male	Brooklyn	NY	9:50 min/m	01:01:09.79

### Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	693/720	309/330	199	Alexandra Finger	78	Female	Pearl River	NY	14:28 min/m	01:29:54.86

# Aspire 10K Run

April 7, 2013

## Overall Division Results

### Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	223/720	168/390	121	Joe Cordero	75	Male	Central Islip	NY	8:09 min/m	00:50:39.32
2	251/720	186/390	249	Jack Hanley	77	Male	Babylon	NY	8:19 min/m	00:51:45.56
3	400/720	259/390	625	Wilson Vargas	75	Male	Richmond Hill	NY	9:22 min/m	00:58:15.78

### Female Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	702/720	316/330	20	Vera Allen	83	Female	Port Washington	NY	15:21 min/m	01:35:26.81
2	712/720	325/330	380	Ruth Maller	84	Female	Massapequa Par	NY	17:45 min/m	01:50:18.88

### Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	428/720	274/390	150	Don Denig	80	Male	Bayside	NY	9:32 min/m	00:59:16.62
2	581/720	339/390	152	George Devoe	80	Male	Hauppauge	NY	10:54 min/m	01:07:46.94
3	692/720	384/390	313	Howard Kestenbaum	81	Male	Massapequa Par	NY	14:28 min/m	01:29:54.66

### Male Ages 85 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	652/720	365/390	291	Bert Jablon	86	Male	Syosset	NY	12:11 min/m	01:15:46.64