

Aspire 10K Run

April 7, 2013

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	9/720	1/1	518	Jodie Robertson	Female	28	Melville	NY	1	5:54 min/m	00:18:20.57	1	5:50 min/m	00:18:10.01	5:52 min/m	00:36:30.59
2	20/720	1/33	654	Tara Wilson	Female	36	West Islip	NY	2	6:23 min/m	00:19:50.86	2	6:14 min/m	00:19:22.41	6:18 min/m	00:39:13.27
3	26/720	1/35	8	Shari Klarfeld	Female	32	Plainview	NY	3	6:24 min/m	00:19:55.33	3	6:24 min/m	00:19:53.87	6:24 min/m	00:39:49.20
4	31/720	1/1	86	Una Broderick	Female	46	Wantagh	NY	4	6:37 min/m	00:20:35.41	4	6:31 min/m	00:20:17.11	6:34 min/m	00:40:52.52
5	34/720	1/44	576	Jill Skelly	Female	49	Baldwin	NY	6	6:38 min/m	00:20:39.26	5	6:32 min/m	00:20:19.31	6:35 min/m	00:40:58.57
6	41/720	2/35	486	Jessica Petermann	Female	33	Amityville	NY	5	6:37 min/m	00:20:35.79	6	6:39 min/m	00:20:40.68	6:38 min/m	00:41:16.47
7	45/720	3/35	147	Cristin Delaney-Guille	Female	31	Long Beach	NY	7	6:40 min/m	00:20:43.99	7	6:42 min/m	00:20:51.95	6:41 min/m	00:41:35.94
8	47/720	1/42	237	Barbara Gubbins	Female	53	Southampton	NY	8	6:43 min/m	00:20:53.27	8	6:43 min/m	00:20:53.62	6:43 min/m	00:41:46.90
9	66/720	1/11	390	Tara Mannino	Female	24	Massapequa	NY	11	7:02 min/m	00:21:53.61	9	6:51 min/m	00:21:18.31	6:57 min/m	00:43:11.93
10	72/720	2/44	736	Karen Cotty	Female	49	East Quogue	NY	9	6:57 min/m	00:21:38.14	10	7:03 min/m	00:21:54.50	7:00 min/m	00:43:32.64
11	77/720	2/11	36	Alexandra Barrett	Female	23	Levittown	NY	10	7:01 min/m	00:21:49.56	13	7:08 min/m	00:22:10.76	7:04 min/m	00:44:00.32
12	89/720	4/35	415	Nicole Mcnamara	Female	33	Smithtown	NY	14	7:17 min/m	00:22:37.76	12	7:07 min/m	00:22:08.56	7:12 min/m	00:44:46.33
13	91/720	1/23	621	Nicole Unger	Female	25	Great Neck	NY	12	7:07 min/m	00:22:08.48	16	7:18 min/m	00:22:41.92	7:12 min/m	00:44:50.40
14	95/720	3/44	175	Ann Egan	Female	48	Wantagh	NY	17	7:20 min/m	00:22:49.19	14	7:09 min/m	00:22:15.38	7:15 min/m	00:45:04.57
15	96/720	4/44	157	Joanne Digraziano	Female	49	Smithtown	NY	15	7:19 min/m	00:22:45.49	15	7:11 min/m	00:22:19.32	7:15 min/m	00:45:04.82
16	101/720	2/33	419	Karen Melara	Female	35	Port Washington	NY	13	7:12 min/m	00:22:22.46	20	7:22 min/m	00:22:54.94	7:17 min/m	00:45:17.41
17	102/720	3/33	513	Jennifer Reth	Female	36	Kings Park	NY	21	7:27 min/m	00:23:10.83	11	7:07 min/m	00:22:07.94	7:17 min/m	00:45:18.78
18	106/720	5/35	771	Jaclyn Fahey	Female	30	Freeport	NY	19	7:21 min/m	00:22:51.80	18	7:20 min/m	00:22:47.53	7:20 min/m	00:45:39.33
19	107/720	2/42	346	Mary Lenzi	Female	52	Hauppauge	NY	16	7:20 min/m	00:22:47.33	19	7:22 min/m	00:22:53.99	7:21 min/m	00:45:41.33
20	113/720	5/44	344	Yvonne Leippert	Female	45	Coram	NY	22	7:28 min/m	00:23:12.34	17	7:19 min/m	00:22:46.33	7:23 min/m	00:45:58.67
21	115/720	1/32	722	Dolores Doman	Female	56	Dix Hills	NY	18	7:21 min/m	00:22:51.80	24	7:29 min/m	00:23:17.19	7:25 min/m	00:46:09.00
22	121/720	1/34	675	Kathy Dormer	Female	43	Williston Park	NY	24	7:32 min/m	00:23:27.33	21	7:22 min/m	00:22:55.86	7:27 min/m	00:46:23.20
23	123/720	6/35	206	Kerry Fogarazzo	Female	31	Wantagh	NY	20	7:22 min/m	00:22:53.63	28	7:34 min/m	00:23:30.79	7:28 min/m	00:46:24.43
24	124/720	6/44	325	Torie Kramer	Female	49	Northport	NY	23	7:31 min/m	00:23:22.53	22	7:25 min/m	00:23:03.33	7:28 min/m	00:46:25.86
25	132/720	3/42	588	Adriana Staiano	Female	50	East Meadow	NY	32	7:42 min/m	00:23:56.59	23	7:26 min/m	00:23:05.89	7:34 min/m	00:47:02.48
26	134/720	7/44	248	Kat Hankinson	Female	49	Huntington	NY	25	7:35 min/m	00:23:35.29	29	7:34 min/m	00:23:31.03	7:34 min/m	00:47:06.32
27	135/720	4/42	180	Tracey Epstein	Female	52	Smithtown	NY	28	7:38 min/m	00:23:43.59	25	7:31 min/m	00:23:23.32	7:34 min/m	00:47:06.91
28	140/720	1/14	826	Gabrielle Mott	Female	12	Ronkonkoma	NY	29	7:41 min/m	00:23:53.80	26	7:31 min/m	00:23:23.47	7:36 min/m	00:47:17.27
29	142/720	8/44	301	Yuri Karasz	Female	46	Mineola	NY	31	7:42 min/m	00:23:56.18	27	7:31 min/m	00:23:24.14	7:37 min/m	00:47:20.32
30	144/720	5/42	115	Karen Conkling	Female	50	Massapequa	NY	27	7:37 min/m	00:23:42.19	35	7:42 min/m	00:23:58.13	7:40 min/m	00:47:40.33
31	147/720	6/42	207	Vicki Fox	Female	54	Huntington	NY	26	7:36 min/m	00:23:39.14	37	7:46 min/m	00:24:08.20	7:41 min/m	00:47:47.34
32	148/720	2/23	59	Lisa Bonanni	Female	26	Selden	NY	34	7:46 min/m	00:24:08.79	30	7:37 min/m	00:23:40.54	7:41 min/m	00:47:49.33
33	150/720	2/32	582	Kim Solomine	Female	55	Syosset	NY	30	7:41 min/m	00:23:53.99	36	7:43 min/m	00:23:58.59	7:42 min/m	00:47:52.58
34	151/720	9/44	635	Michele Vitale	Female	47	Patchogue	NY	36	7:47 min/m	00:24:12.37	32	7:38 min/m	00:23:44.54	7:42 min/m	00:47:56.91
35	155/720	2/34	606	Jenney Tesoriero	Female	42	Westbury	NY	33	7:42 min/m	00:23:58.39	41	7:47 min/m	00:24:12.44	7:45 min/m	00:48:10.83
36	160/720	10/44	492	Stephanie Plotkin	Female	46	Plainview	NY	42	7:51 min/m	00:24:24.84	34	7:41 min/m	00:23:53.34	7:46 min/m	00:48:18.18

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	165/720	1/20	149	Ciara Dempsey	Female	37	New Hyde Park	NY	41	7:51 min/m	00:24:24.30	38	7:46 min/m	00:24:08.95	7:48 min/m	00:48:33.25
38	166/720	7/35	475	Kira O'sullivan	Female	34	New York	NY	46	7:57 min/m	00:24:44.58	33	7:40 min/m	00:23:52.04	7:49 min/m	00:48:36.62
39	170/720	11/44	607	Eliana Themistocleous	Female	45	Melville	NY	35	7:47 min/m	00:24:11.33	43	7:55 min/m	00:24:35.92	7:51 min/m	00:48:47.25
40	171/720	8/35	275	Michelle Homan	Female	32	Medford	NY	37	7:48 min/m	00:24:15.48	42	7:53 min/m	00:24:32.10	7:51 min/m	00:48:47.58
41	174/720	3/23	400	Alyssa Mazurek	Female	26	Hauppauge	NY	52	8:07 min/m	00:25:14.34	31	7:37 min/m	00:23:40.87	7:52 min/m	00:48:55.21
42	178/720	9/35	786	Renee Zeoli	Female	31	Smithtown	NY	48	8:02 min/m	00:25:00.30	40	7:47 min/m	00:24:11.39	7:55 min/m	00:49:11.69
43	186/720	7/42	657	Debra Woloschin	Female	52	Remsenburgh	NY	44	7:55 min/m	00:24:37.84	48	7:58 min/m	00:24:47.87	7:57 min/m	00:49:25.71
44	187/720	8/42	161	Carolyn Dornstauder	Female	50	Kings Park	NY	40	7:49 min/m	00:24:19.95	52	8:04 min/m	00:25:06.35	7:57 min/m	00:49:26.31
45	188/720	12/44	628	Laura Vigliotti	Female	48	Port Washington	NY	39	7:49 min/m	00:24:18.57	54	8:06 min/m	00:25:10.18	7:57 min/m	00:49:28.75
46	193/720	4/33	403	Bridget Mccann	Female	39	Long Beach	NY	45	7:56 min/m	00:24:40.49	50	8:03 min/m	00:25:00.84	7:59 min/m	00:49:41.34
47	196/720	9/42	810	Sue Corrie	Female	52	New Hyde Park	NY	47	8:01 min/m	00:24:57.23	49	7:59 min/m	00:24:49.01	8:00 min/m	00:49:46.24
48	197/720	1/11	793	Ruth Nack	Female	60	Flushing	NY							8:00 min/m	00:49:46.24
49	198/720	3/34	72	Judith Brenner	Female	44	Plainview	NY	49	8:03 min/m	00:25:01.53	47	7:58 min/m	00:24:46.30	8:00 min/m	00:49:47.84
50	201/720	10/42	737	Karen Mora	Female	52	Huntington	NY	38	7:49 min/m	00:24:17.72	61	8:13 min/m	00:25:32.95	8:01 min/m	00:49:50.67
51	212/720	4/34	267	Stacey Herschmann	Female	41	Levittown	NY	63	8:22 min/m	00:26:00.95	39	7:46 min/m	00:24:09.26	8:04 min/m	00:50:10.21
52	213/720	5/33	528	April Rosequist	Female	39	Port Jefferson Station	NY	56	8:14 min/m	00:25:35.26	44	7:55 min/m	00:24:36.96	8:04 min/m	00:50:12.23
53	214/720	11/42	322	Linda Koszalka	Female	50	West Islip	NY	43	7:55 min/m	00:24:36.23	66	8:14 min/m	00:25:37.22	8:04 min/m	00:50:13.46
54	221/720	13/44	631	Silvia Villeda	Female	48	Roosevelt	NY	62	8:21 min/m	00:25:58.84	45	7:55 min/m	00:24:37.42	8:08 min/m	00:50:36.26
55	222/720	4/23	730	Samantha Cavallo	Female	27	Northport	NY	54	8:10 min/m	00:25:25.21	57	8:06 min/m	00:25:12.63	8:08 min/m	00:50:37.84
56	226/720	3/32	279	Lorraine Huether	Female	56	Massapeque	NY	55	8:12 min/m	00:25:31.34	56	8:06 min/m	00:25:12.49	8:09 min/m	00:50:43.84
57	227/720	4/32	337	Judith Latta	Female	58	Garden City	NY	64	8:24 min/m	00:26:06.84	46	7:56 min/m	00:24:39.78	8:10 min/m	00:50:46.62
58	228/720	14/44	386	Lori Mangual	Female	48	Merrick	NY	51	8:07 min/m	00:25:13.59	62	8:13 min/m	00:25:33.74	8:10 min/m	00:50:47.34
59	230/720	15/44	200	Dianne Finneran	Female	47	Smithtown	NY	50	8:06 min/m	00:25:10.32	67	8:16 min/m	00:25:41.52	8:11 min/m	00:50:51.84
60	231/720	5/32	208	Mary Fraker	Female	56	Kings Park	NY	58	8:17 min/m	00:25:46.52	53	8:04 min/m	00:25:06.59	8:11 min/m	00:50:53.11
61	232/720	6/32	306	Anne Kayser	Female	58	Smithtown	NY	57	8:16 min/m	00:25:43.30	55	8:06 min/m	00:25:11.04	8:11 min/m	00:50:54.34
62	233/720	12/42	636	Dee Vogt	Female	53	Huntington	NY	53	8:09 min/m	00:25:21.76	63	8:13 min/m	00:25:34.21	8:11 min/m	00:50:55.97
63	235/720	5/34	13	Jennifer Adelberg	Female	40	Saint James	NY	59	8:18 min/m	00:25:47.84	59	8:07 min/m	00:25:13.61	8:12 min/m	00:51:01.45
64	240/720	3/11	506	Kristen Randone	Female	24	S. Huntington	NY	61	8:19 min/m	00:25:51.53	64	8:14 min/m	00:25:35.35	8:16 min/m	00:51:26.88
65	250/720	6/34	310	Lori Keschner	Female	41	Woodbury	NY	69	8:33 min/m	00:26:36.85	51	8:03 min/m	00:25:02.62	8:18 min/m	00:51:39.47
66	258/720	5/23	648	Sarah Welch	Female	28	Greenvale	NY	78	8:39 min/m	00:26:53.31	58	8:07 min/m	00:25:13.13	8:23 min/m	00:52:06.45
67	259/720	13/42	459	Eve Nebenhaus	Female	52	Manhasset	NY	65	8:25 min/m	00:26:10.51	68	8:22 min/m	00:26:00.41	8:23 min/m	00:52:10.93
68	263/720	10/35	305	Deena Kay	Female	33	Massapequa	NY	77	8:39 min/m	00:26:52.69	60	8:10 min/m	00:25:24.52	8:24 min/m	00:52:17.21
69	268/720	7/34	764	Shaun Dunn	Female	42	Huntington	NY	60	8:18 min/m	00:25:49.91	85	8:36 min/m	00:26:45.59	8:27 min/m	00:52:35.50
70	270/720	14/42	804	Clare Bastiancic	Female	50	Patchogue	NY	70	8:34 min/m	00:26:38.59	69	8:22 min/m	00:26:01.40	8:28 min/m	00:52:40.00
71	272/720	8/34	770	Donna Greenstein	Female	41	Melville	NY	68	8:33 min/m	00:26:34.98	74	8:28 min/m	00:26:18.59	8:30 min/m	00:52:53.57
72	274/720	6/33	639	Jennifer Wagner	Female	39	Island Park	NY	72	8:36 min/m	00:26:44.32	72	8:26 min/m	00:26:13.03	8:31 min/m	00:52:57.36

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	276/720	4/11	735	Gabrielle Andersen	Female	23	Babylon	NY	67	8:32 min/m	00:26:32.98	75	8:30 min/m	00:26:25.54	8:31 min/m	00:52:58.52
74	277/720	1/4	785	Megan Mccarthy	Female	18	Levittown	NY	85	8:48 min/m	00:27:22.60	65	8:14 min/m	00:25:36.24	8:31 min/m	00:52:58.84
75	280/720	6/23	783	Caitlin Scurachio	Female	25	North Woodmere	NY	75	8:37 min/m	00:26:47.82	76	8:30 min/m	00:26:25.68	8:33 min/m	00:53:13.50
76	281/720	7/23	35	Marisa Barracca	Female	28	Maspeth	NY	71	8:35 min/m	00:26:40.32	81	8:33 min/m	00:26:35.41	8:34 min/m	00:53:15.73
77	283/720	7/33	260	Diana Heidenreich	Female	39	Hauppauge	NY	66	8:31 min/m	00:26:30.66	86	8:36 min/m	00:26:46.09	8:34 min/m	00:53:16.75
78	286/720	2/20	562	Leah Serlin	Female	41	Dix Hills	NY	82	8:46 min/m	00:27:14.59	70	8:24 min/m	00:26:07.75	8:35 min/m	00:53:22.34
79	287/720	7/32	343	Pam Lee	Female	59	Syosset	NY	79	8:39 min/m	00:26:54.34	80	8:33 min/m	00:26:34.97	8:36 min/m	00:53:29.31
80	288/720	16/44	540	Maureen Salvadori	Female	47	West Babylon	NY	76	8:38 min/m	00:26:51.68	87	8:36 min/m	00:26:46.16	8:37 min/m	00:53:37.84
81	292/720	11/35	529	Lisa Rossell-Warner	Female	31	Smithtown	NY	74	8:37 min/m	00:26:47.82	95	8:43 min/m	00:27:06.02	8:40 min/m	00:53:53.84
82	294/720	17/44	678	Maureen Stammers-Janz	Female	47		NY	89	8:50 min/m	00:27:28.88	79	8:31 min/m	00:26:30.46	8:41 min/m	00:53:59.34
83	295/720	8/33	116	Kate Conlon	Female	37	Bohemia	NY	81	8:44 min/m	00:27:09.77	90	8:39 min/m	00:26:54.72	8:42 min/m	00:54:04.49
84	296/720	3/20	731	Susan Schmuck	Female	46	Westbury	NY	80	8:41 min/m	00:27:01.22	94	8:42 min/m	00:27:04.77	8:42 min/m	00:54:05.99
85	297/720	12/35	220	Giselle Gerardi	Female	30	Commack	NY	88	8:49 min/m	00:27:25.43	84	8:35 min/m	00:26:41.11	8:42 min/m	00:54:06.54
86	298/720	15/42	347	Lynn Leon	Female	51	Glen Oaks	NY	84	8:48 min/m	00:27:21.34	88	8:36 min/m	00:26:46.20	8:42 min/m	00:54:07.55
87	299/720	9/34	377	Annamarie Maiello	Female	44	Lake Ronkonkoma	NY	103	9:02 min/m	00:28:05.88	71	8:24 min/m	00:26:08.96	8:43 min/m	00:54:14.84
88	301/720	4/20	317	Dawn Konopka	Female	33	Ridge	NY	90	8:51 min/m	00:27:29.94	89	8:38 min/m	00:26:51.04	8:44 min/m	00:54:20.98
89	305/720	2/11	256	Janet Healy	Female	60	Syosset	NY	86	8:48 min/m	00:27:22.82	93	8:42 min/m	00:27:03.01	8:45 min/m	00:54:25.83
90	307/720	18/44	497	Christine Portela	Female	48	Glen Head	NY	101	9:01 min/m	00:28:03.24	78	8:31 min/m	00:26:29.72	8:46 min/m	00:54:32.97
91	310/720	1/11	84	Krista Calvanese	Female	31	Hauppauge	NY	73	8:36 min/m	00:26:46.11	116	9:01 min/m	00:28:01.28	8:49 min/m	00:54:47.39
92	311/720	13/35	273	Samantha Holze	Female	30	Massapequa	NY	95	8:57 min/m	00:27:50.27	91	8:40 min/m	00:26:57.12	8:49 min/m	00:54:47.39
93	317/720	16/42	478	Linda Parsons	Female	50	Shoreham	NY	125	9:14 min/m	00:28:44.10	73	8:28 min/m	00:26:18.49	8:51 min/m	00:55:02.59
94	318/720	10/34	553	Gilda Schultz	Female	44	Blue Point	NY	91	8:52 min/m	00:27:33.84	103	8:51 min/m	00:27:32.14	8:52 min/m	00:55:05.99
95	320/720	3/11	656	Gloria Withus	Female	62	Brentwood	NY	92	8:55 min/m	00:27:42.72	100	8:49 min/m	00:27:23.81	8:52 min/m	00:55:06.53
96	322/720	19/44	323	Ilana Kowalski	Female	45	Cutchogue	NY	119	9:12 min/m	00:28:36.27	82	8:33 min/m	00:26:36.71	8:53 min/m	00:55:12.99
97	324/720	11/34	536	Laura Ryan	Female	42	Melville	NY	121	9:13 min/m	00:28:40.35	83	8:34 min/m	00:26:39.63	8:54 min/m	00:55:19.99
98	325/720	5/20	620	Elizabeth Ulatowski	Female	31	East Northport	NY	130	9:18 min/m	00:28:55.10	77	8:30 min/m	00:26:25.80	8:54 min/m	00:55:20.91
99	328/720	9/33	54	Lucie Bloom	Female	36	Merrick	NY	94	8:56 min/m	00:27:45.99	105	8:54 min/m	00:27:39.77	8:55 min/m	00:55:25.77
100	329/720	17/42	498	Susan Postel	Female	54	Smithtown	NY	83	8:47 min/m	00:27:17.84	122	9:03 min/m	00:28:08.94	8:55 min/m	00:55:26.78
101	331/720	18/42	526	Kyle Rose-Louder	Female	52	Freeport	NY	93	8:55 min/m	00:27:44.84	110	8:56 min/m	00:27:45.97	8:56 min/m	00:55:30.81
102	332/720	19/42	188	Laurene Fagnoli	Female	54	West Islip	NY	107	9:04 min/m	00:28:12.85	98	8:47 min/m	00:27:18.98	8:56 min/m	00:55:31.83
103	333/720	20/42	126	Susan Critz	Female	54	Islip	NY	97	9:00 min/m	00:27:59.18	104	8:52 min/m	00:27:35.41	8:56 min/m	00:55:34.60
104	335/720	8/32	608	Vera Thompson	Female	55	N.babylon	NY	104	9:02 min/m	00:28:07.10	101	8:51 min/m	00:27:30.41	8:57 min/m	00:55:37.51
105	336/720	8/23	663	Shannon Wright	Female	29	East Meadow	NY	116	9:09 min/m	00:28:27.35	96	8:45 min/m	00:27:11.75	8:57 min/m	00:55:39.10
106	337/720	20/44	405	Doreen Mcdougall	Female	49	Ronkonkoma	NY	98	9:00 min/m	00:28:00.60	112	8:57 min/m	00:27:48.90	8:59 min/m	00:55:49.51
107	340/720	12/34	739	Elaine Cappadona	Female	44	Northport	NY	108	9:05 min/m	00:28:15.24	107	8:55 min/m	00:27:43.11	9:00 min/m	00:55:58.35
108	342/720	9/32	74	Marie Brewer	Female	58	Mineola	NY	113	9:07 min/m	00:28:22.60	106	8:54 min/m	00:27:41.91	9:01 min/m	00:56:04.51

Aspire 10K Run

April 7, 2013

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
109	344/720	5/11	750	Mirian Romero	Female	23	Oyster Bay	NY	112	9:07 min/m	00:28:22.35	108	8:55 min/m	00:27:43.78	9:01 min/m	00:56:06.13
110	345/720	14/35	184	Janine Esposito	Female	33	North Massapequa	NY	111	9:07 min/m	00:28:22.11	111	8:56 min/m	00:27:46.67	9:02 min/m	00:56:08.78
111	349/720	10/33	757	Dina Villanueva	Female	39	Oyster Bay	NY	110	9:07 min/m	00:28:21.34	114	8:59 min/m	00:27:55.97	9:03 min/m	00:56:17.31
112	350/720	10/32	385	Diane Manghan	Female	59	Wading River	NY	106	9:04 min/m	00:28:12.59	120	9:03 min/m	00:28:08.60	9:04 min/m	00:56:21.19
113	351/720	9/23	645	Amanda Watral	Female	28	Amityville	NY	136	9:22 min/m	00:29:08.25	97	8:46 min/m	00:27:15.34	9:04 min/m	00:56:23.59
114	353/720	10/23	371	Susan Lyman	Female	29	Massapequa	NY	132	9:19 min/m	00:28:58.89	102	8:51 min/m	00:27:31.01	9:05 min/m	00:56:29.90
115	357/720	2/14	641	Celia Walden	Female	12	Centerport	NY	99	9:01 min/m	00:28:02.37	136	9:12 min/m	00:28:35.25	9:06 min/m	00:56:37.62
116	358/720	6/11	512	Madalena Resca	Female	23	Bellmore	NY	131	9:19 min/m	00:28:58.46	109	8:55 min/m	00:27:44.39	9:07 min/m	00:56:42.85
117	359/720	11/32	41	Jackie Beattie	Female	58	Bay Shore	NY	118	9:12 min/m	00:28:36.27	121	9:03 min/m	00:28:08.83	9:07 min/m	00:56:45.10
118	360/720	21/44	287	Dori Iervolino	Female	46	Whitestone	NY	109	9:06 min/m	00:28:18.30	134	9:10 min/m	00:28:30.49	9:08 min/m	00:56:48.79
119	362/720	7/11	768	Mary Kurth	Female	24		NY	151	9:37 min/m	00:29:53.43	92	8:41 min/m	00:27:01.83	9:09 min/m	00:56:55.27
120	364/720	6/20	61	Danielle Borgo	Female	43	North Babylon	NY	117	9:10 min/m	00:28:29.12	131	9:09 min/m	00:28:26.73	9:09 min/m	00:56:55.85
121	365/720	22/44	618	Kathy Tuttle	Female	48	Eastport	NY	102	9:01 min/m	00:28:03.47	147	9:17 min/m	00:28:53.63	9:09 min/m	00:56:57.10
122	366/720	8/11	699	Jessica Saar	Female	22	Shirley	NY	100	9:01 min/m	00:28:02.44	148	9:18 min/m	00:28:55.41	9:10 min/m	00:56:57.85
123	368/720	4/11	164	Patti Drake	Female	61	Lynbrook	NY	144	9:32 min/m	00:29:38.61	99	8:48 min/m	00:27:21.74	9:10 min/m	00:57:00.35
124	370/720	7/20	205	Sue Fitzpatrick	Female	52	Dix Hills	NY	128	9:16 min/m	00:28:48.85	126	9:05 min/m	00:28:14.76	9:10 min/m	00:57:03.62
125	371/720	11/33	387	Lynda Maniscalco	Female	36	Patchogue	NY	114	9:08 min/m	00:28:24.39	141	9:14 min/m	00:28:44.20	9:11 min/m	00:57:08.60
126	374/720	21/42	173	Brenda Dweck	Female	52	Port Washington	NY	124	9:14 min/m	00:28:43.35	133	9:10 min/m	00:28:30.00	9:12 min/m	00:57:13.35
127	375/720	23/44	381	Theresa Malone	Female	47	Long Beach	NY	137	9:22 min/m	00:29:08.46	118	9:02 min/m	00:28:06.12	9:12 min/m	00:57:14.59
128	377/720	15/35	634	Cathy Vitale	Female	33	Ronkonkoma	NY	141	9:27 min/m	00:29:23.58	113	8:58 min/m	00:27:53.51	9:13 min/m	00:57:17.10
129	378/720	9/11	123	Danielle Cox	Female	21	Massapequa	NY	138	9:24 min/m	00:29:14.60	124	9:04 min/m	00:28:10.50	9:14 min/m	00:57:25.10
130	379/720	13/34	542	Natalie Santiago-Martella	Female	42	Westbury	NY	120	9:12 min/m	00:28:36.67	146	9:16 min/m	00:28:48.86	9:14 min/m	00:57:25.53
131	380/720	12/33	372	Pamela Lynch	Female	39	Smithtown	NY	129	9:16 min/m	00:28:49.50	139	9:13 min/m	00:28:40.70	9:15 min/m	00:57:30.21
132	381/720	5/11	217	Joanne Gallo	Female	63	Oyster Bay	NY	96	9:00 min/m	00:27:58.35	158	9:30 min/m	00:29:32.06	9:15 min/m	00:57:30.41
133	382/720	24/44	55	Tina Boccalino	Female	48	Lindenhurst	NY	134	9:22 min/m	00:29:06.39	130	9:08 min/m	00:28:24.22	9:15 min/m	00:57:30.61
134	384/720	1/7	230	Abby Gonzalez	Female	65	Dix Hills	NY	105	9:03 min/m	00:28:08.10	154	9:27 min/m	00:29:23.18	9:15 min/m	00:57:31.28
135	385/720	22/42	519	Susan Robinson	Female	54	Huntington Station	NY	140	9:27 min/m	00:29:22.36	125	9:04 min/m	00:28:12.24	9:15 min/m	00:57:34.60
136	389/720	16/35	774	Noreen Mc Carthy	Female	32	Floral Park	NY	146	9:33 min/m	00:29:41.23	115	9:00 min/m	00:27:58.73	9:16 min/m	00:57:39.96
137	390/720	13/33	112	Melissa Cohen	Female	35	Plainview	NY	133	9:20 min/m	00:29:00.83	138	9:13 min/m	00:28:40.34	9:16 min/m	00:57:41.17
138	391/720	12/32	560	Olga Seng	Female	59	Glen Head	NY	139	9:25 min/m	00:29:15.60	132	9:09 min/m	00:28:27.56	9:17 min/m	00:57:43.17
139	393/720	2/4	570	Alexa Silva	Female	16	Smithtown	NY	127	9:15 min/m	00:28:46.46	149	9:21 min/m	00:29:04.64	9:18 min/m	00:57:51.11
140	394/720	17/35	598	Janice Tabone	Female	32	Kings Park	NY	135	9:22 min/m	00:29:07.10	145	9:16 min/m	00:28:48.01	9:19 min/m	00:57:55.11
141	396/720	3/14	133	Erin Curran	Female	14	Old Bethpage	NY	148	9:34 min/m	00:29:43.60	128	9:08 min/m	00:28:22.95	9:21 min/m	00:58:06.55
142	402/720	23/42	740	Anita Von Himmel	Female	52	Massapequa	NY	123	9:14 min/m	00:28:42.81	159	9:30 min/m	00:29:33.04	9:22 min/m	00:58:15.85
143	404/720	14/33	425	Michele Mercier	Female	37	Oyster Bay	NY	158	9:42 min/m	00:30:10.29	123	9:04 min/m	00:28:10.47	9:23 min/m	00:58:20.76
144	408/720	25/44	594	Erin Stoeber	Female	47	Farmingdale	NY	126	9:14 min/m	00:28:44.23	165	9:34 min/m	00:29:45.87	9:24 min/m	00:58:30.10

Aspire 10K Run

April 7, 2013

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	410/720	15/33	748	Donna Prox	Female	38	Oakdale	NY	166	9:47 min/m	00:30:26.75	117	9:02 min/m	00:28:04.78	9:25 min/m	00:58:31.53
146	412/720	8/20	65	Kristen Bradley	Female	36	Oyster Bay	NY	167	9:48 min/m	00:30:27.35	119	9:03 min/m	00:28:07.42	9:25 min/m	00:58:34.78
147	414/720	24/42	454	Phyllis Murphy	Female	53	Wantagh	NY	157	9:41 min/m	00:30:07.85	135	9:10 min/m	00:28:31.63	9:26 min/m	00:58:39.49
148	417/720	13/32	781	Linna Tang	Female	59	Syosset	NY	156	9:40 min/m	00:30:03.39	140	9:14 min/m	00:28:44.06	9:27 min/m	00:58:47.45
149	418/720	14/34	683	Christine Morra	Female	43		NY	122	9:14 min/m	00:28:41.99	171	9:41 min/m	00:30:05.83	9:27 min/m	00:58:47.82
150	420/720	16/33	686	Stacy Ackerman	Female	36	Plainview	NY	168	9:48 min/m	00:30:29.59	129	9:08 min/m	00:28:24.10	9:28 min/m	00:58:53.69
151	422/720	2/11	172	Lydia Durdaller	Female	28	Bethpage	NY	160	9:43 min/m	00:30:13.11	142	9:14 min/m	00:28:44.23	9:29 min/m	00:58:57.35
152	423/720	11/23	224	Jennier Gladitsch	Female	26	Bethpage	NY	159	9:43 min/m	00:30:12.94	143	9:15 min/m	00:28:44.40	9:29 min/m	00:58:57.35
153	424/720	17/33	363	Nicole Lorenzana	Female	36	Farmingdale	NY	142	9:28 min/m	00:29:26.42	164	9:33 min/m	00:29:40.31	9:30 min/m	00:59:06.74
154	426/720	18/33	676	Denise Maudolese	Female	37	Bethpage	NY	143	9:30 min/m	00:29:32.86	161	9:32 min/m	00:29:38.07	9:31 min/m	00:59:10.93
155	431/720	18/35	611	Amanda Tomel	Female	32	Commack	NY	149	9:35 min/m	00:29:47.72	160	9:31 min/m	00:29:37.02	9:33 min/m	00:59:24.75
156	434/720	26/44	379	Anne Malitzis	Female	45	Old Bethpage	NY	161	9:44 min/m	00:30:17.10	151	9:23 min/m	00:29:12.20	9:34 min/m	00:59:29.30
157	435/720	27/44	318	Jacqui Koplik	Female	46	Wantagh	NY	152	9:37 min/m	00:29:55.47	162	9:32 min/m	00:29:38.21	9:35 min/m	00:59:33.68
158	436/720	15/34	103	Laura Chan	Female	42	Old Bethpage	NY	153	9:37 min/m	00:29:55.64	163	9:32 min/m	00:29:38.64	9:35 min/m	00:59:34.28
159	438/720	12/23	91	Catherine Carbonaro	Female	28	Massapequa	NY	186	10:03 min/m	00:31:15.82	127	9:06 min/m	00:28:19.06	9:35 min/m	00:59:34.89
160	440/720	9/20	546	Alexabdra Schauble	Female	27	Selden	NY	172	9:49 min/m	00:30:32.67	150	9:21 min/m	00:29:04.86	9:35 min/m	00:59:37.54
161	442/720	28/44	644	Susan Warsaw	Female	46	Coram	NY	164	9:46 min/m	00:30:23.51	153	9:27 min/m	00:29:22.96	9:37 min/m	00:59:46.47
162	444/720	1/3	482	Lori Penisis	Female	46	Fresh Meadows	NY	115	9:08 min/m	00:28:25.19	198	10:05 min/m	00:31:22.49	9:37 min/m	00:59:47.68
163	445/720	19/35	488	Jillian Petrone	Female	32	Commack	NY	154	9:39 min/m	00:29:59.10	169	9:38 min/m	00:29:57.13	9:38 min/m	00:59:56.23
164	447/720	19/33	575	Melanie Sirof	Female	39	Merrick	NY	173	9:50 min/m	00:30:35.33	155	9:27 min/m	00:29:24.36	9:39 min/m	00:59:59.70
165	449/720	10/20	421	Elizabeth Memoli	Female	23	Mleville	NY	150	9:36 min/m	00:29:50.35	176	9:43 min/m	00:30:14.18	9:40 min/m	01:00:04.53
166	451/720	14/32	77	Janice Brown	Female	57	Valley Stream	NY	155	9:39 min/m	00:29:59.85	173	9:42 min/m	00:30:08.53	9:40 min/m	01:00:08.39
167	452/720	15/32	574	Mary Siragusa	Female	59	West Islip	NY	181	9:56 min/m	00:30:53.60	152	9:25 min/m	00:29:16.59	9:40 min/m	01:00:10.20
168	454/720	20/35	599	Cara Talento	Female	30	Oyster Bay	NY	176	9:53 min/m	00:30:42.66	157	9:29 min/m	00:29:30.81	9:41 min/m	01:00:13.48
169	456/720	25/42	517	Wendy Roberts	Female	50	Old Bethpage	NY	196	10:13 min/m	00:31:45.27	144	9:15 min/m	00:28:46.83	9:44 min/m	01:00:32.11
170	457/720	3/4	794	Dana Digiovanni	Female	17	Roosevelt	NY	175	9:52 min/m	00:30:40.60	168	9:37 min/m	00:29:53.98	9:44 min/m	01:00:34.58
171	459/720	21/35	215	Desiree Fusco	Female	33	Rocky Point	NY	179	9:55 min/m	00:30:51.44	172	9:41 min/m	00:30:07.91	9:48 min/m	01:00:59.36
172	461/720	16/32	477	Joanne Palisi	Female	57	Eastport	NY	162	9:44 min/m	00:30:17.10	185	9:54 min/m	00:30:46.00	9:49 min/m	01:01:03.11
173	462/720	17/32	412	Pat Mckay	Female	57	Farmingdale	NY	180	9:56 min/m	00:30:52.53	174	9:42 min/m	00:30:11.08	9:49 min/m	01:01:03.61
174	463/720	29/44	566	Shelley Shereck	Female	47	North Woodmere	NY	170	9:49 min/m	00:30:31.85	181	9:50 min/m	00:30:34.81	9:50 min/m	01:01:06.66
175	465/720	20/33	18	Brooke Alfino	Female	38	N Massapequa	NY	183	9:58 min/m	00:30:59.98	175	9:43 min/m	00:30:11.91	9:50 min/m	01:01:11.89
176	466/720	13/23	791	Patricia Hernandez	Female	27		NY	213	10:30 min/m	00:32:38.46	137	9:12 min/m	00:28:35.51	9:51 min/m	01:01:13.97
177	468/720	18/32	527	Donna Rosen	Female	57	Woodbury	NY	171	9:49 min/m	00:30:32.67	184	9:53 min/m	00:30:43.50	9:51 min/m	01:01:16.18
178	469/720	10/11	221	Laura Giacopelli	Female	23	Bellmore	NY	191	10:08 min/m	00:31:29.27	166	9:35 min/m	00:29:47.59	9:51 min/m	01:01:16.86
179	471/720	2/7	63	Hilory Boucher-Carlin	Female	67	Northport	NY	177	9:53 min/m	00:30:44.60	183	9:52 min/m	00:30:40.73	9:53 min/m	01:01:25.34
180	473/720	22/35	638	Catherine Waddell	Female	30	Northport	NY	189	10:06 min/m	00:31:24.58	170	9:40 min/m	00:30:02.79	9:53 min/m	01:01:27.37

Aspire 10K Run

April 7, 2013

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	477/720	16/34	67	Meredith Brake	Female	42	Plainview	NY	200	10:16 min/m	00:31:54.98	167	9:35 min/m	00:29:47.86	9:55 min/m	01:01:42.84
182	479/720	21/33	777	Cristina Canle	Female	35	Lynbrook	NY	163	9:45 min/m	00:30:20.61	197	10:05 min/m	00:31:22.23	9:55 min/m	01:01:42.84
183	480/720	17/34	672	Lauren Lustig-Weill	Female	44	Bayport	NY	187	10:05 min/m	00:31:22.73	179	9:46 min/m	00:30:21.88	9:56 min/m	01:01:44.61
184	481/720	30/44	655	Clara Wilson	Female	46	Islip	NY	190	10:07 min/m	00:31:26.59	178	9:45 min/m	00:30:19.00	9:56 min/m	01:01:45.60
185	482/720	22/33	212	Karen Friedman	Female	36	Plainview	NY	169	9:48 min/m	00:30:29.60	195	10:03 min/m	00:31:16.01	9:56 min/m	01:01:45.61
186	483/720	11/20	375	Paula Macculloch	Female	52	Bethpage	NY	184	10:02 min/m	00:31:11.35	182	9:50 min/m	00:30:35.32	9:56 min/m	01:01:46.68
187	490/720	26/42	462	Kathy Neuman	Female	50	Plainview	NY	178	9:53 min/m	00:30:45.10	196	10:04 min/m	00:31:17.26	9:59 min/m	01:02:02.36
188	491/720	19/32	823	Sheri Mccarthy	Female	56	Glen Head	NY	145	9:32 min/m	00:29:38.85	216	10:27 min/m	00:32:29.99	10:00 min/m	01:02:08.85
189	493/720	31/44	92	Lisa Carlisi	Female	49	Oceanside	NY	199	10:15 min/m	00:31:53.36	177	9:45 min/m	00:30:17.91	10:00 min/m	01:02:11.28
190	496/720	18/34	214	Sheila Furey	Female	44	Baiting Hollow	NY	185	10:02 min/m	00:31:12.98	191	10:00 min/m	00:31:04.55	10:01 min/m	01:02:17.54
191	498/720	6/11	335	Maryanne Langro	Female	61	Hicksville	NY	147	9:33 min/m	00:29:42.85	220	10:30 min/m	00:32:38.26	10:02 min/m	01:02:21.11
192	499/720	12/20	401	Melanie Mazurek	Female	27	Hauppauge	NY	182	9:57 min/m	00:30:55.11	199	10:07 min/m	00:31:26.88	10:02 min/m	01:02:21.99
193	500/720	23/33	573	Danielle Simone	Female	35	Levittown	NY	193	10:08 min/m	00:31:31.58	186	9:55 min/m	00:30:51.52	10:02 min/m	01:02:23.10
194	504/720	20/32	159	Mary Diver	Female	58	Central Islip	NY	194	10:11 min/m	00:31:40.36	194	10:01 min/m	00:31:07.42	10:06 min/m	01:02:47.78
195	507/720	27/42	673	Rosemary Jones	Female	51	Babylon	NY	188	10:05 min/m	00:31:22.73	200	10:08 min/m	00:31:30.02	10:07 min/m	01:02:52.76
196	508/720	21/32	465	Rose Nguyen Vargas	Female	56	Richmond Hill	NY	174	9:51 min/m	00:30:38.35	214	10:25 min/m	00:32:24.10	10:08 min/m	01:03:02.46
197	509/720	28/42	779	Clare Romano	Female	50	Bethpage	NY	235	10:49 min/m	00:33:36.83	156	9:28 min/m	00:29:26.27	10:08 min/m	01:03:03.10
198	510/720	19/34	605	Mary Tercynski	Female	41	Williston Park	NY	202	10:17 min/m	00:31:58.55	192	10:00 min/m	00:31:05.13	10:08 min/m	01:03:03.68
199	511/720	32/44	533	Karen Rothschild	Female	47	Floral Park	NY	201	10:17 min/m	00:31:58.24	193	10:00 min/m	00:31:06.06	10:08 min/m	01:03:04.30
200	514/720	24/33	767	Rosibell Garcia	Female	36	Oyster Bay	NY	165	9:47 min/m	00:30:25.35	223	10:31 min/m	00:32:43.61	10:09 min/m	01:03:08.97
201	518/720	29/42	38	Maria Basile-Farash	Female	54	West Babylon	NY	203	10:19 min/m	00:32:05.11	202	10:09 min/m	00:31:33.73	10:14 min/m	01:03:38.84
202	519/720	23/35	349	Jeannine Lewis	Female	33	Levittown	NY	204	10:20 min/m	00:32:08.22	204	10:10 min/m	00:31:36.29	10:15 min/m	01:03:44.51
203	521/720	11/11	393	Faith Marquesano	Female	21	Wantagh	NY	219	10:37 min/m	00:32:59.36	187	9:56 min/m	00:30:51.87	10:16 min/m	01:03:51.24
204	523/720	20/34	824	Dawn Meany	Female	43	Blue Point	NY	207	10:24 min/m	00:32:21.20	201	10:08 min/m	00:31:32.06	10:16 min/m	01:03:53.27
205	525/720	21/34	430	Suzanne Messina	Female	44	Massapequa	NY	217	10:36 min/m	00:32:58.99	189	9:58 min/m	00:30:58.94	10:17 min/m	01:03:57.94
206	526/720	22/34	593	Diane Stile	Female	44	Massapequa Park	NY	218	10:36 min/m	00:32:58.99	190	9:58 min/m	00:30:59.77	10:17 min/m	01:03:58.76
207	527/720	3/11	463	Lonnie Neumar	Female	44	East Rockaway	NY							10:18 min/m	01:04:02.90
208	528/720	4/11	82	Diane Buscaglia	Female	58	Sound Beach	NY	208	10:27 min/m	00:32:28.86	203	10:09 min/m	00:31:35.00	10:18 min/m	01:04:03.86
209	529/720	5/11	442	Lynda Montgomery	Female	42	Bellport	NY	197	10:14 min/m	00:31:48.30	215	10:25 min/m	00:32:24.81	10:20 min/m	01:04:13.12
210	530/720	14/23	495	Amanda Ponnwitz	Female	28	Lake Grove	NY	198	10:15 min/m	00:31:52.15	219	10:28 min/m	00:32:32.71	10:21 min/m	01:04:24.86
211	531/720	24/35	610	Kristen Timlin	Female	33	Ronkonkoma	NY	238	10:54 min/m	00:33:53.75	180	9:49 min/m	00:30:32.84	10:22 min/m	01:04:26.59
212	532/720	3/7	68	Christine Brakel	Female	65	Brightwaters	NY	206	10:22 min/m	00:32:14.61	213	10:25 min/m	00:32:22.02	10:23 min/m	01:04:36.63
213	533/720	30/42	510	Randy Reisch	Female	54	N Woodmere	NY	212	10:29 min/m	00:32:36.83	206	10:17 min/m	00:32:00.04	10:23 min/m	01:04:36.87
214	534/720	23/34	194	Linda Festa	Female	42	Lindenhurst	NY	192	10:08 min/m	00:31:29.83	232	10:39 min/m	00:33:07.28	10:23 min/m	01:04:37.12
215	535/720	25/33	474	Erin Oshan	Female	35	Melville	NY	210	10:27 min/m	00:32:30.11	208	10:21 min/m	00:32:09.84	10:24 min/m	01:04:39.96
216	536/720	33/44	328	Helene Kriegstein	Female	45	Farmingdale	NY	209	10:27 min/m	00:32:29.93	209	10:21 min/m	00:32:11.89	10:24 min/m	01:04:41.82

Aspire 10K Run

April 7, 2013

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	537/720	25/35	417	Danielle Mebert	Female	30	Farmngdale	NY	215	10:32 min/m	00:32:44.11	205	10:17 min/m	00:31:57.76	10:24 min/m	01:04:41.87
218	540/720	26/33	148	Alicia Delano	Female	38	Medford	NY	214	10:31 min/m	00:32:40.94	207	10:20 min/m	00:32:08.99	10:25 min/m	01:04:49.93
219	541/720	34/44	107	Kristina Clancy	Female	46	Old Bethpage	NY	195	10:12 min/m	00:31:43.85	231	10:39 min/m	00:33:07.27	10:26 min/m	01:04:51.12
220	542/720	7/11	97	Patricia Carroll	Female	61	West Islip	NY	205	10:22 min/m	00:32:13.83	226	10:32 min/m	00:32:46.65	10:27 min/m	01:05:00.48
221	543/720	22/32	538	Joan Salmon	Female	55	Port Washington	NY	216	10:33 min/m	00:32:47.34	211	10:23 min/m	00:32:18.38	10:28 min/m	01:05:05.72
222	546/720	15/23	797	Yuvitza Leal	Female	28	New York	NY	252	11:04 min/m	00:34:23.19	188	9:57 min/m	00:30:57.57	10:30 min/m	01:05:20.76
223	549/720	8/11	12	Rebekah Ackerman	Female	62	Centereach	NY	221	10:37 min/m	00:33:01.61	218	10:28 min/m	00:32:31.31	10:32 min/m	01:05:32.92
224	551/720	31/42	106	Judy Cincotta	Female	50	East Northport	NY	225	10:39 min/m	00:33:05.92	221	10:30 min/m	00:32:39.61	10:34 min/m	01:05:45.53
225	552/720	13/20	130	Emily Cunha	Female	35	Mineola	NY	226	10:39 min/m	00:33:06.86	224	10:32 min/m	00:32:43.94	10:35 min/m	01:05:50.80
226	553/720	14/20	646	Virginia Watral	Female	52	Hauppauge	NY	211	10:29 min/m	00:32:35.60	234	10:42 min/m	00:33:16.52	10:36 min/m	01:05:52.12
227	556/720	26/35	586	Stacy Spector	Female	34	Dix Hills	NY	229	10:45 min/m	00:33:24.78	227	10:33 min/m	00:32:48.18	10:39 min/m	01:06:12.96
228	557/720	24/34	548	Kimberly Schechter	Female	41	Plainview	NY	228	10:45 min/m	00:33:24.58	229	10:33 min/m	00:32:48.54	10:39 min/m	01:06:13.12
229	558/720	25/34	569	Marlo Signoracci	Female	41	Hicksville	NY						10:41 min/m	01:06:24.73	
230	559/720	6/11	481	Kathleen Peluso	Female	45	Freeport	NY	248	10:59 min/m	00:34:08.86	210	10:23 min/m	00:32:16.85	10:41 min/m	01:06:25.72
231	560/720	35/44	341	Jodi Lederer	Female	46	Long Beach	NY	236	10:49 min/m	00:33:37.85	228	10:33 min/m	00:32:48.26	10:41 min/m	01:06:26.11
232	561/720	32/42	632	Ann Visser	Female	50	Smithtown	NY	239	10:55 min/m	00:33:55.99	217	10:27 min/m	00:32:30.32	10:41 min/m	01:06:26.32
233	562/720	33/42	142	Tania Danielson	Female	50	Port Washington	NY	222	10:37 min/m	00:33:01.61	237	10:49 min/m	00:33:39.15	10:43 min/m	01:06:40.77
234	564/720	36/44	122	Frances Corrado	Female	49	Bethpage	NY	220	10:37 min/m	00:33:01.26	239	10:51 min/m	00:33:44.11	10:44 min/m	01:06:45.37
235	565/720	7/11	596	Karima Suarez	Female	32	Bay Shore	NY	246	10:58 min/m	00:34:05.82	222	10:30 min/m	00:32:40.03	10:44 min/m	01:06:45.86
236	568/720	27/35	537	Lina Sabino	Female	33	Kings Park	NY	237	10:49 min/m	00:33:38.47	236	10:43 min/m	00:33:19.94	10:46 min/m	01:06:58.41
237	571/720	28/35	780	Emma Saunders	Female	33	Nesconset	NY	231	10:45 min/m	00:33:26.86	240	10:55 min/m	00:33:56.32	10:50 min/m	01:07:23.18
238	573/720	27/33	747	Jessica Martin	Female	38		NY	254	11:10 min/m	00:34:43.72	225	10:32 min/m	00:32:44.90	10:51 min/m	01:07:28.62
239	576/720	28/33	782	Leanne Steinwall	Female	36	Plainview	NY	232	10:46 min/m	00:33:27.24	241	10:58 min/m	00:34:05.38	10:52 min/m	01:07:32.62
240	577/720	9/11	815	Judi Gallop	Female	61	West Islip	NY	253	11:04 min/m	00:34:24.81	233	10:41 min/m	00:33:12.76	10:52 min/m	01:07:37.58
241	579/720	29/35	487	Nina Petraro	Female	30	Valley Stream	NY	241	10:56 min/m	00:33:58.36	238	10:50 min/m	00:33:40.25	10:53 min/m	01:07:38.62
242	580/720	37/44	571	Brenda Silva	Female	46	Smithtown	NY	259	11:24 min/m	00:35:27.58	212	10:24 min/m	00:32:19.29	10:54 min/m	01:07:46.87
243	582/720	16/23	262	Jessica Henner	Female	27	Plainview	NY	233	10:46 min/m	00:33:28.44	244	11:04 min/m	00:34:24.93	10:55 min/m	01:07:53.37
244	583/720	4/7	602	Lenore Tantleff	Female	66	East Hills	NY	224	10:38 min/m	00:33:05.28	250	11:14 min/m	00:34:55.84	10:56 min/m	01:08:01.12
245	584/720	15/20	409	Kim McGreevey	Female	43	Nesconset	NY	242	10:56 min/m	00:33:59.86	243	11:00 min/m	00:34:11.43	10:58 min/m	01:08:11.30
246	587/720	26/34	44	Lynn Bekerman	Female	43	Syosset	NY	258	11:22 min/m	00:35:19.48	230	10:38 min/m	00:33:04.18	11:00 min/m	01:08:23.66
247	588/720	23/32	705	Joellen Elsener	Female	55	Deer Park	NY	230	10:45 min/m	00:33:25.80	253	11:17 min/m	00:35:04.07	11:01 min/m	01:08:29.87
248	589/720	17/23	187	Ann Fangmann	Female	28	Rockville Centre	NY	251	11:03 min/m	00:34:22.58	242	11:00 min/m	00:34:11.02	11:01 min/m	01:08:33.60
249	590/720	34/42	836	Stella Toro	Female	54	Shirley	NY	234	10:46 min/m	00:33:29.26	254	11:23 min/m	00:35:22.58	11:04 min/m	01:08:51.85
250	592/720	30/35	271	Amy Hinderliter	Female	33	Patchogue	NY	240	10:55 min/m	00:33:56.61	251	11:16 min/m	00:35:01.96	11:06 min/m	01:08:58.57
251	593/720	29/33	715	Erin Grieco	Female	35	Setauket	NY	249	10:59 min/m	00:34:10.32	252	11:16 min/m	00:35:02.43	11:08 min/m	01:09:12.75
252	595/720	24/32	85	Rosemary Camilleri	Female	58	Sayville	NY	227	10:43 min/m	00:33:17.86	266	11:39 min/m	00:36:12.26	11:11 min/m	01:09:30.13

Aspire 10K Run

April 7, 2013

Overall Results - Female

Place	Overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	596/720	4/14	802	Madeline Bastiancic	Female	14	Patchogue	NY	223	10:38 min/m	00:33:04.61	271	11:43 min/m	00:36:27.24	11:11 min/m	01:09:31.85
254	598/720	38/44	242	Robin Gunsher	Female	48	Old Bethpage	NY	257	11:19 min/m	00:35:10.12	245	11:04 min/m	00:34:25.51	11:11 min/m	01:09:35.63
255	600/720	25/32	759	Yuwana Landau	Female	56	Great Neck	NY	250	11:00 min/m	00:34:12.36	255	11:23 min/m	00:35:25.15	11:12 min/m	01:09:37.52
256	601/720	16/20	584	Ruth Sottile	Female	49	Holbrook	NY	260	11:24 min/m	00:35:27.99	246	11:05 min/m	00:34:27.61	11:15 min/m	01:09:55.61
257	602/720	26/32	245	Suzanne Hamilton	Female	59	West Islip	NY	245	10:58 min/m	00:34:04.61	261	11:32 min/m	00:35:51.20	11:15 min/m	01:09:55.81
258	604/720	31/35	617	Mary Kate Tusinski	Female	31	East Setauket	NY	262	11:26 min/m	00:35:31.57	248	11:07 min/m	00:34:32.56	11:16 min/m	01:10:04.13
259	607/720	27/32	11	Marie Achatz	Female	56	Massapequa	NY	247	10:58 min/m	00:34:06.66	267	11:41 min/m	00:36:20.20	11:20 min/m	01:10:26.86
260	608/720	17/20	156	Andrea Digiulio	Female	26	Centereach	NY	256	11:16 min/m	00:35:01.40	256	11:25 min/m	00:35:28.97	11:20 min/m	01:10:30.38
261	609/720	32/35	452	Jenise Muller	Female	33	Wantagh	NY	271	11:36 min/m	00:36:03.37	247	11:05 min/m	00:34:28.15	11:20 min/m	01:10:31.52
262	611/720	33/35	373	Gina Lyons	Female	33	Bethpage	NY	272	11:36 min/m	00:36:03.79	249	11:12 min/m	00:34:48.59	11:24 min/m	01:10:52.38
263	612/720	8/11	339	Eloisa Leal	Female	19	Brentwood	NY	261	11:25 min/m	00:35:30.44	257	11:25 min/m	00:35:29.69	11:25 min/m	01:11:00.13
264	613/720	28/32	755	Kathy Sheridan	Female	57	E.northport	NY	255	11:15 min/m	00:34:58.12	265	11:38 min/m	00:36:11.76	11:27 min/m	01:11:09.88
265	615/720	18/23	183	Pilar Espitia	Female	25	Port Jefferson	NY	267	11:31 min/m	00:35:48.33	258	11:25 min/m	00:35:31.04	11:28 min/m	01:11:19.38
266	616/720	29/32	162	Fran Dowling	Female	59	Baldwin	NY	265	11:28 min/m	00:35:39.12	262	11:34 min/m	00:35:57.16	11:31 min/m	01:11:36.28
267	617/720	1/1	499	Karen Potenza	Female	70	Northport	NY	269	11:35 min/m	00:36:02.35	259	11:26 min/m	00:35:34.48	11:31 min/m	01:11:36.84
268	618/720	2/3	749	Jolie Sutter	Female	40	New York	NY	266	11:29 min/m	00:35:42.62	263	11:36 min/m	00:36:04.76	11:33 min/m	01:11:47.38
269	621/720	18/20	120	Mary Kate Corbett	Female	49	Lindenhurst	NY	264	11:28 min/m	00:35:38.57	268	11:42 min/m	00:36:22.86	11:35 min/m	01:12:01.44
270	625/720	9/11	83	Patricia Bush	Female	58	East Islip	NY	263	11:27 min/m	00:35:36.12	276	11:52 min/m	00:36:52.32	11:39 min/m	01:12:28.44
271	627/720	35/42	470	Lynn Oleary	Female	54	Freeport	NY	268	11:35 min/m	00:36:01.87	272	11:49 min/m	00:36:44.43	11:42 min/m	01:12:46.31
272	629/720	27/34	397	Jennifer Martin	Female	41	West Babylon	NY	273	11:36 min/m	00:36:04.81	275	11:51 min/m	00:36:51.63	11:44 min/m	01:12:56.44
273	631/720	28/34	286	Donna Iburg	Female	40	West Babylon	NY	274	11:36 min/m	00:36:05.12	277	11:52 min/m	00:36:54.17	11:44 min/m	01:12:59.29
274	632/720	19/23	198	Pam Field	Female	28	Massapequa	NY	243	10:57 min/m	00:34:03.36	289	12:32 min/m	00:38:56.52	11:44 min/m	01:12:59.89
275	633/720	20/23	223	Stefanie Giosa	Female	26	Malverne	NY	244	10:57 min/m	00:34:03.77	290	12:32 min/m	00:38:56.53	11:44 min/m	01:13:00.30
276	635/720	36/42	763	Theresa Hutchinson	Female	51	Centereach	NY	275	11:42 min/m	00:36:23.52	273	11:49 min/m	00:36:44.82	11:46 min/m	01:13:08.35
277	638/720	34/35	741	Natalia Panullo	Female	34	Port Washington	NY	277	11:47 min/m	00:36:37.12	279	11:58 min/m	00:37:12.30	11:52 min/m	01:13:49.42
278	639/720	30/33	742	Joy Jaworski	Female	36	Glen Head	NY	276	11:47 min/m	00:36:36.91	280	11:58 min/m	00:37:12.71	11:52 min/m	01:13:49.63
279	640/720	10/11	468	Veronica Odierno	Female	34	Ridge	NY	286	12:15 min/m	00:38:04.13	260	11:31 min/m	00:35:47.50	11:53 min/m	01:13:51.63
280	641/720	5/7	100	Jeri Cavagnaro	Female	66	Locust Valley	NY	278	11:53 min/m	00:36:58.37	278	11:54 min/m	00:36:59.00	11:54 min/m	01:13:57.37
281	642/720	5/14	758	Kelsey Maldonado	Female	13	Oyster Bay	NY	270	11:36 min/m	00:36:03.17	284	12:14 min/m	00:38:01.21	11:55 min/m	01:14:04.39
282	643/720	3/3	280	Cate Hughes	Female	11	Glendale	NY	282	12:10 min/m	00:37:50.44	269	11:42 min/m	00:36:22.91	11:56 min/m	01:14:13.35
283	644/720	37/42	281	Hemsley Hughes	Female	52	Glendale	NY	281	12:10 min/m	00:37:50.25	270	11:42 min/m	00:36:24.12	11:56 min/m	01:14:14.37
284	645/720	29/34	141	Yvonne D'amato	Female	41	Mastic	NY	287	12:15 min/m	00:38:04.26	264	11:38 min/m	00:36:11.73	11:57 min/m	01:14:15.99
285	648/720	39/44	235	Debbie Groark	Female	48	Long Beach	NY	280	11:58 min/m	00:37:12.87	285	12:17 min/m	00:38:11.51	12:08 min/m	01:15:24.39
286	649/720	38/42	294	Althea Johnson Vannoy	Female	51	Westbury	NY	290	12:26 min/m	00:38:39.37	274	11:49 min/m	00:36:45.26	12:08 min/m	01:15:24.63
287	651/720	35/35	479	Allison Passero	Female	32	Manhasset	NY	279	11:57 min/m	00:37:08.43	287	12:22 min/m	00:38:27.38	12:09 min/m	01:15:35.81
288	653/720	30/34	619	Lisa Tzah	Female	40	Plainview	NY	284	12:13 min/m	00:37:59.12	282	12:10 min/m	00:37:48.63	12:11 min/m	01:15:47.76

Aspire 10K Run

April 7, 2013

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
289	654/720	31/33	666	Kristina Young	Female	37	Bronx	NY	283	12:12 min/m	00:37:57.12	283	12:11 min/m	00:37:52.02	12:12 min/m	01:15:49.14
290	656/720	31/34	128	Maria Crowley	Female	44	Greenlawn	NY	285	12:13 min/m	00:37:59.87	286	12:20 min/m	00:38:20.76	12:17 min/m	01:16:20.64
291	659/720	32/33	784	Teresa Salvata	Female	37	Oyster Bay	NY	288	12:15 min/m	00:38:04.26	288	12:29 min/m	00:38:49.09	12:22 min/m	01:16:53.35
292	660/720	40/44	579	Cynthia Smith	Female	45	Huntington	NY	292	12:42 min/m	00:39:28.31	281	12:04 min/m	00:37:32.56	12:23 min/m	01:17:00.88
293	664/720	32/34	238	Regina Guevara	Female	44	Shoreham	NY	294	12:55 min/m	00:40:07.97	291	12:44 min/m	00:39:35.18	12:49 min/m	01:19:43.15
294	667/720	21/23	19	Wahida Ali	Female	28	Northport	NY	289	12:19 min/m	00:38:18.87	297	13:28 min/m	00:41:53.27	12:54 min/m	01:20:12.15
295	668/720	39/42	78	Mindy Brown	Female	50	Plainview	NY	291	12:29 min/m	00:38:47.88	296	13:22 min/m	00:41:32.01	12:55 min/m	01:20:19.89
296	670/720	6/14	23	Julie Aronsky	Female	10	Bellmore	NY	298	13:10 min/m	00:40:56.52	292	12:51 min/m	00:39:56.27	13:00 min/m	01:20:52.80
297	672/720	7/14	144	Carli Debisceglia	Female	13	Plainview	NY	313	15:30 min/m	00:48:09.91	235	10:42 min/m	00:33:16.73	13:06 min/m	01:21:26.65
298	676/720	33/34	428	Carol Merritt	Female	41	Plainview	NY	300	13:28 min/m	00:41:50.90	293	13:00 min/m	00:40:24.23	13:14 min/m	01:22:15.13
299	677/720	11/11	277	Dolores Hopkins	Female	30	Middle Village	NY	299	13:25 min/m	00:41:42.39	295	13:19 min/m	00:41:24.87	13:22 min/m	01:23:07.26
300	679/720	41/44	410	Erin Mcintyre	Female	46	Baldwin	NY	293	12:47 min/m	00:39:43.98	302	14:05 min/m	00:43:46.62	13:26 min/m	01:23:30.60
301	680/720	19/20	414	Erin Mcnamara	Female	43	Middle Island	NY	295	13:05 min/m	00:40:40.62	299	13:48 min/m	00:42:55.03	13:27 min/m	01:23:35.66
302	682/720	10/11	236	Paula Groothuis	Female	63	Albertson	NY	296	13:07 min/m	00:40:46.35	303	14:10 min/m	00:44:01.55	13:38 min/m	01:24:47.91
303	684/720	20/20	501	Lauren Quinn	Female	20	Syosset	NY	302	13:37 min/m	00:42:18.52	300	13:50 min/m	00:43:00.81	13:43 min/m	01:25:19.33
304	687/720	30/32	821	Iris Kirsch	Female	59	Setauket	NY	297	13:08 min/m	00:40:51.38	305	14:26 min/m	00:44:53.27	13:47 min/m	01:25:44.66
305	688/720	33/33	232	Sujini Govindarajan	Female	36	Wantagh	NY	306	14:27 min/m	00:44:55.38	294	13:16 min/m	00:41:14.08	13:51 min/m	01:26:09.47
306	689/720	11/11	544	Lynn Scarpati	Female	61	Dix Hills	NY	303	13:58 min/m	00:43:23.83	304	14:12 min/m	00:44:10.01	14:05 min/m	01:27:33.84
307	690/720	22/23	609	Amy Tiller	Female	29	Fairfax	VA	307	14:40 min/m	00:45:35.75	298	13:48 min/m	00:42:52.66	14:14 min/m	01:28:28.41
308	691/720	31/32	413	Laurie Mcmillen	Female	57	Sayville	NY	301	13:35 min/m	00:42:15.13	308	14:53 min/m	00:46:16.28	14:14 min/m	01:28:31.42
309	693/720	1/1	199	Alexandra Finger	Female	78	Pearl River	NY	304	14:13 min/m	00:44:11.64	307	14:42 min/m	00:45:43.22	14:28 min/m	01:29:54.86
310	694/720	6/7	523	Edwina Rohrbach	Female	66	Wear Hempstead	NY	308	14:43 min/m	00:45:45.49	306	14:32 min/m	00:45:09.37	14:37 min/m	01:30:54.87
311	697/720	8/14	803	Belle Bastiancic	Female	12	Patchogue	NY	312	15:29 min/m	00:48:08.89	301	13:50 min/m	00:43:01.78	14:40 min/m	01:31:10.67
312	698/720	23/23	837	Ruth Wexler	Female	26	E. Northport	NY	305	14:21 min/m	00:44:37.89	310	14:59 min/m	00:46:33.46	14:40 min/m	01:31:11.35
313	699/720	40/42	436	Terry Miccio	Female	51	Farmindale	NY	311	15:04 min/m	00:46:50.61	311	15:00 min/m	00:46:38.81	15:02 min/m	01:33:29.42
314	700/720	42/44	443	Karen Montovano	Female	47	Glen Cove	NY	315	15:32 min/m	00:48:16.82	309	14:53 min/m	00:46:17.60	15:13 min/m	01:34:34.43
315	701/720	9/14	71	Lindsay Brenner	Female	11	Plainview	NY	309	14:44 min/m	00:45:47.93	313	15:46 min/m	00:49:02.17	15:15 min/m	01:34:50.10
316	702/720	1/2	20	Vera Allen	Female	83	Port Washington	NY	314	15:30 min/m	00:48:10.90	312	15:12 min/m	00:47:15.90	15:21 min/m	01:35:26.81
317	703/720	34/34	289	Donna Iovino	Female	41	Plainview	NY	316	15:34 min/m	00:48:24.13	315	16:21 min/m	00:50:50.29	15:58 min/m	01:39:14.42
318	704/720	41/42	233	Jerri Greenspan	Female	50	Plainview	NY	317	15:35 min/m	00:48:25.34	314	16:21 min/m	00:50:49.29	15:58 min/m	01:39:14.63
319	705/720	7/7	46	Sherry Bellovin	Female	66	N. Massapequa	NY	310	14:56 min/m	00:46:25.43	318	17:09 min/m	00:53:18.44	16:02 min/m	01:39:43.87
320	706/720	4/4	830	Tara Sanders	Female	19	Wading River	NY	319	15:39 min/m	00:48:38.90	316	16:36 min/m	00:51:37.21	16:08 min/m	01:40:16.12
321	707/720	42/42	834	Beth Sola	Female	54	S. Setauket	NY	318	15:39 min/m	00:48:37.54	317	16:37 min/m	00:51:38.90	16:08 min/m	01:40:16.44
322	709/720	10/14	484	Alexa Perskin	Female	13	Plainview	NY	321	16:15 min/m	00:50:29.91	319	18:05 min/m	00:56:13.95	17:10 min/m	01:46:43.86
323	710/720	11/14	751	Morgan Moritz	Female	13	Plainview	NY	320	16:14 min/m	00:50:27.80	320	18:06 min/m	00:56:16.06	17:10 min/m	01:46:43.86
324	711/720	32/32	190	Jayne Felenstein	Female	57	Freeport	NY	322	16:57 min/m	00:52:41.91	325	18:32 min/m	00:57:36.30	17:45 min/m	01:50:18.21

Aspire 10K Run

April 7, 2013

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
325	712/720	2/2	380	Ruth Maller	Female	84	Massapequa Park	NY	323	16:57 min/m	00:52:41.97	326	18:32 min/m	00:57:36.90	17:45 min/m	01:50:18.88
326	714/720	12/14	431	Alison Meyer	Female	11	Plainview	NY	326	18:14 min/m	00:56:39.17	321	18:28 min/m	00:57:22.79	18:21 min/m	01:54:01.97
327	715/720	13/14	69	Danielle Brenner	Female	8	Plainview	NY	324	18:12 min/m	00:56:35.42	322	18:29 min/m	00:57:28.04	18:21 min/m	01:54:03.46
328	716/720	14/14	457	Adi Nahon	Female	11	Plainview	NY	325	18:13 min/m	00:56:37.76	323	18:30 min/m	00:57:29.36	18:21 min/m	01:54:07.12
329	719/720	43/44	808	Consuelo Choinski	Female	49	E. Northport	NY	327	18:29 min/m	00:57:25.93	324	18:31 min/m	00:57:32.93	18:30 min/m	01:54:58.86
330	720/720	44/44	819	Pat Hanlon	Female	45	Wading River	NY	328	18:29 min/m	00:57:26.15	327	18:34 min/m	00:57:41.81	18:31 min/m	01:55:07.97

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	1/720	1/1	725	Dan Gargaro	Male	23	Bayshore	NY	1	5:28 min/m	00:17:00.37	1	5:17 min/m	00:16:27.92	5:23 min/m	00:33:28.30
2	2/720	1/17	728	Sean Mahon	Male	27	Merrick	NY	2	5:28 min/m	00:17:00.37	2	5:21 min/m	00:16:38.34	5:24 min/m	00:33:38.72
3	3/720	2/17	382	Chris Mammone	Male	29	Massapequa	NY	3	5:28 min/m	00:17:00.99	3	5:30 min/m	00:17:08.41	5:29 min/m	00:34:09.40
4	4/720	1/1	95	Boyd Carrington	Male	40	Amityville	NY	4	5:31 min/m	00:17:08.52	4	5:31 min/m	00:17:10.04	5:31 min/m	00:34:18.56
5	5/720	1/26	603	Travis Tate	Male	36	East Northport	NY	5	5:40 min/m	00:17:38.57	5	5:43 min/m	00:17:48.00	5:42 min/m	00:35:26.58
6	6/720	1/44	455	Timothy Murphy	Male	41	Ronkonkoma	NY	6	5:42 min/m	00:17:45.57	9	5:49 min/m	00:18:06.89	5:46 min/m	00:35:52.46
7	7/720	1/45	651	Wil Widman Jr.	Male	48	N.babylon	NY	7	5:50 min/m	00:18:07.78	7	5:48 min/m	00:18:01.92	5:49 min/m	00:36:09.70
8	8/720	2/45	239	Keith Guilfoyle	Male	46	Commack	NY	10	5:54 min/m	00:18:22.60	6	5:43 min/m	00:17:48.31	5:49 min/m	00:36:10.91
9	10/720	1/8	659	Travis Wooten	Male	17	Riverhead	NY	8	5:53 min/m	00:18:18.82	12	5:55 min/m	00:18:25.42	5:54 min/m	00:36:44.24
10	11/720	2/26	600	Michael Talles	Male	36	Lindenhurst	NY	9	5:54 min/m	00:18:20.79	11	5:55 min/m	00:18:24.86	5:54 min/m	00:36:45.65
11	12/720	1/8	718	Tom Savarese	Male	24	Dix Hills	NY	11	6:01 min/m	00:18:41.82	8	5:49 min/m	00:18:06.47	5:55 min/m	00:36:48.30
12	13/720	2/44	146	Robis Degirmenci	Male	43	Port Washington	NY	12	6:01 min/m	00:18:42.70	10	5:55 min/m	00:18:23.94	5:58 min/m	00:37:06.64
13	14/720	3/17	719	Matthew Wontz	Male	29	Massapequa	NY	15	6:02 min/m	00:18:45.49	13	6:00 min/m	00:18:40.41	6:01 min/m	00:37:25.91
14	15/720	1/46	698	Eddie Reagan	Male	57	Levittown	NY	14	6:02 min/m	00:18:45.49	14	6:02 min/m	00:18:45.28	6:02 min/m	00:37:30.77
15	16/720	3/44	450	Robert Moscato	Male	42	Islip	NY	13	6:01 min/m	00:18:44.28	15	6:08 min/m	00:19:06.02	6:05 min/m	00:37:50.31
16	17/720	4/44	110	Brian Cloherty	Male	44	Roslyn Heights	NY	16	6:14 min/m	00:19:24.90	17	6:10 min/m	00:19:09.80	6:12 min/m	00:38:34.70
17	18/720	3/26	612	Steven Toto	Male	39	Commack	NY	18	6:17 min/m	00:19:31.57	16	6:09 min/m	00:19:08.34	6:13 min/m	00:38:39.92
18	19/720	4/26	534	Blair Ruhling	Male	35	Plainview	NY	20	6:21 min/m	00:19:45.78	18	6:10 min/m	00:19:11.68	6:16 min/m	00:38:57.46
19	21/720	2/46	140	Ned Daily	Male	55	Garden City Park	NY	19	6:20 min/m	00:19:41.72	20	6:18 min/m	00:19:36.81	6:19 min/m	00:39:18.53
20	22/720	1/18	96	Kevin Carroll	Male	60	Huntington Station	NY	21	6:22 min/m	00:19:48.82	19	6:17 min/m	00:19:31.93	6:19 min/m	00:39:20.75
21	23/720	5/26	135	Ronald Curry	Male	39	Huntington Station	NY	17	6:16 min/m	00:19:31.33	23	6:26 min/m	00:19:59.62	6:21 min/m	00:39:30.95
22	24/720	1/57	520	Michael Robles	Male	54	Smithtown	NY	24	6:24 min/m	00:19:55.94	21	6:19 min/m	00:19:40.05	6:22 min/m	00:39:35.99
23	25/720	3/45	687	Kieran Gibbons	Male	48	Northport	NY	22	6:23 min/m	00:19:50.49	22	6:22 min/m	00:19:48.77	6:22 min/m	00:39:39.26
24	27/720	1/25	246	Trent Hampton	Male	34	West Babylon	NY	23	6:23 min/m	00:19:51.69	32	6:35 min/m	00:20:29.57	6:29 min/m	00:40:21.26
25	28/720	2/25	89	Vincent Cappadora	Male	33	Deer Park	NY	28	6:35 min/m	00:20:28.32	24	6:27 min/m	00:20:02.88	6:31 min/m	00:40:31.21
26	29/720	6/26	24	Vladimir Aronsky	Male	37	Bellmore	NY	25	6:32 min/m	00:20:20.74	27	6:29 min/m	00:20:10.57	6:31 min/m	00:40:31.31
27	30/720	4/17	476	Kevin O'toole	Male	28	Bohemia	NY	27	6:35 min/m	00:20:27.27	29	6:31 min/m	00:20:14.90	6:33 min/m	00:40:42.17
28	32/720	2/57	193	Diego Ferreyra	Male	53	New York	NY	31	6:39 min/m	00:20:40.27	28	6:30 min/m	00:20:12.26	6:34 min/m	00:40:52.53
29	33/720	3/57	552	Bill Schroeder	Male	52	Garden City	NY	26	6:33 min/m	00:20:23.40	35	6:36 min/m	00:20:31.96	6:35 min/m	00:40:55.37
30	35/720	3/46	558	Karnik Seferian	Male	55	Setauket	NY	35	6:40 min/m	00:20:43.81	30	6:31 min/m	00:20:16.82	6:35 min/m	00:41:00.63
31	36/720	4/46	247	John Hanc	Male	58	Farmingdale	NY	34	6:40 min/m	00:20:43.58	31	6:32 min/m	00:20:20.30	6:36 min/m	00:41:03.88
32	37/720	5/17	53	Gary Blitenthal	Male	27	Farmingdale	NY	39	6:45 min/m	00:20:59.54	26	6:29 min/m	00:20:09.01	6:37 min/m	00:41:08.55
33	38/720	5/46	642	Jon Wallach	Male	56	Levittown	NY	32	6:39 min/m	00:20:40.47	33	6:35 min/m	00:20:29.70	6:37 min/m	00:41:10.18
34	39/720	6/17	168	Brendan Droge	Male	29	North Merrick	NY	30	6:38 min/m	00:20:39.27	36	6:36 min/m	00:20:33.35	6:37 min/m	00:41:12.62
35	40/720	5/44	364	Wayne Loveland	Male	44	Lindenhurst	NY	48	6:48 min/m	00:21:07.83	25	6:27 min/m	00:20:05.40	6:38 min/m	00:41:13.23
36	42/720	7/26	153	Richard Diamond	Male	37	Plainview	NY	33	6:39 min/m	00:20:41.58	37	6:37 min/m	00:20:36.10	6:38 min/m	00:41:17.68

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	43/720	3/25	811	Steven V. Cuomo	Male	30	Shirley	NY	38	6:44 min/m	00:20:57.83	34	6:35 min/m	00:20:29.99	6:40 min/m	00:41:27.82
38	44/720	6/44	829	Marcus Sanders	Male	43	Pt. Jefferson	NY	37	6:44 min/m	00:20:56.72	38	6:38 min/m	00:20:37.80	6:41 min/m	00:41:34.52
39	46/720	7/17	231	Brian Gosioco	Male	26	Bayside	NY	29	6:38 min/m	00:20:38.44	44	6:45 min/m	00:21:00.75	6:42 min/m	00:41:39.20
40	48/720	6/46	30	Mike Baard	Male	57	Merrick	NY	40	6:45 min/m	00:21:00.14	39	6:42 min/m	00:20:49.56	6:43 min/m	00:41:49.71
41	49/720	4/45	251	Flemming Hansen	Male	49	Centerport	NY	36	6:42 min/m	00:20:51.84	48	6:46 min/m	00:21:03.40	6:44 min/m	00:41:55.24
42	50/720	1/19	696	Erich Veitch	Male	49	Huntington	NY	49	6:48 min/m	00:21:08.83	41	6:43 min/m	00:20:53.93	6:45 min/m	00:42:02.76
43	51/720	4/57	402	Bill Mazza	Male	50	West Gilgo Beach	NY	41	6:45 min/m	00:21:00.55	47	6:46 min/m	00:21:03.00	6:46 min/m	00:42:03.55
44	52/720	5/57	73	K.c. Brett	Male	52	Port Jefferson St	NY	44	6:46 min/m	00:21:02.79	46	6:46 min/m	00:21:02.59	6:46 min/m	00:42:05.38
45	53/720	2/19	113	Kenneth Colantuoni	Male	42	Plainview	NY	46	6:47 min/m	00:21:06.83	45	6:45 min/m	00:21:00.99	6:46 min/m	00:42:07.82
46	54/720	5/45	288	John Infranca	Male	46	Glen Cove	NY	42	6:46 min/m	00:21:01.83	51	6:49 min/m	00:21:12.07	6:47 min/m	00:42:13.90
47	55/720	6/57	559	Jaime Segura	Male	51	Albertson	NY	47	6:47 min/m	00:21:07.46	50	6:48 min/m	00:21:09.47	6:48 min/m	00:42:16.93
48	56/720	6/45	389	Wayne Mann	Male	45	Shoreham	NY	45	6:46 min/m	00:21:02.83	54	6:51 min/m	00:21:17.36	6:48 min/m	00:42:20.19
49	57/720	7/45	439	Bob Mittleman	Male	48	Syosset	NY	43	6:46 min/m	00:21:02.33	57	6:52 min/m	00:21:21.24	6:49 min/m	00:42:23.57
50	58/720	7/57	264	William Herbert	Male	53	Smithtown	NY	51	6:54 min/m	00:21:28.81	43	6:45 min/m	00:21:00.30	6:50 min/m	00:42:29.11
51	59/720	4/25	295	Doug Jones	Male	34	Selden	NY	67	7:04 min/m	00:21:58.90	42	6:43 min/m	00:20:54.67	6:54 min/m	00:42:53.57
52	60/720	7/44	806	Eric Bruno	Male	43	Shirley	NY	50	6:53 min/m	00:21:25.97	60	6:55 min/m	00:21:29.52	6:54 min/m	00:42:55.49
53	61/720	8/17	627	Nicholas Vasiliades	Male	25	Mount Sinai	NY	53	6:59 min/m	00:21:42.32	53	6:50 min/m	00:21:14.19	6:54 min/m	00:42:56.51
54	62/720	8/57	60	Paul Bonanni	Male	52	Selden	NY	52	6:58 min/m	00:21:38.88	56	6:52 min/m	00:21:20.67	6:55 min/m	00:42:59.55
55	63/720	8/45	191	Keith Ferrara	Male	47	Farmingdale	NY	59	7:02 min/m	00:21:52.40	49	6:47 min/m	00:21:07.57	6:55 min/m	00:42:59.97
56	64/720	3/19	109	John Clifford	Male	51	Seaford	NY	54	6:59 min/m	00:21:43.25	55	6:51 min/m	00:21:18.92	6:55 min/m	00:43:02.18
57	65/720	7/46	158	Patrick Diskin	Male	57	Mineola	NY	58	7:02 min/m	00:21:52.33	52	6:49 min/m	00:21:12.48	6:55 min/m	00:43:04.81
58	67/720	8/46	357	Ronald Lipsky	Male	57	Franklin Square	NY	56	7:01 min/m	00:21:51.15	59	6:54 min/m	00:21:27.66	6:58 min/m	00:43:18.81
59	68/720	9/46	132	Alex Cuzzo	Male	55	Bellmore	NY	55	7:01 min/m	00:21:49.33	61	6:55 min/m	00:21:31.12	6:58 min/m	00:43:20.45
60	69/720	9/57	762	Tim Moley	Male	51		NY	68	7:05 min/m	00:22:01.74	58	6:52 min/m	00:21:22.09	6:59 min/m	00:43:23.83
61	70/720	2/18	637	Hank Von Thaden	Male	60	Bethpage	NY	61	7:02 min/m	00:21:53.21	62	6:56 min/m	00:21:33.98	6:59 min/m	00:43:27.19
62	71/720	10/57	196	Tod Fichtelberg	Male	54	Kings Park	NY	60	7:02 min/m	00:21:52.80	65	6:57 min/m	00:21:36.33	6:59 min/m	00:43:29.14
63	73/720	8/26	473	Adam Orlow	Male	39	Jamaica Estates	NY	87	7:19 min/m	00:22:44.65	40	6:42 min/m	00:20:51.77	7:01 min/m	00:43:36.42
64	74/720	8/44	746	Matthew Conroy	Male	43	Garden City	NY	65	7:04 min/m	00:21:58.83	69	7:01 min/m	00:21:48.74	7:02 min/m	00:43:47.58
65	75/720	9/45	211	Eric Friedman	Male	47	Merrick	NY	57	7:02 min/m	00:21:51.23	71	7:04 min/m	00:21:59.25	7:03 min/m	00:43:50.48
66	76/720	11/57	787	Tim Foxen	Male	52	New York	NY	75	7:10 min/m	00:22:16.58	64	6:57 min/m	00:21:36.24	7:03 min/m	00:43:52.82
67	78/720	10/46	257	Timothy Healy	Male	57	Syosset	NY	71	7:07 min/m	00:22:07.83	70	7:02 min/m	00:21:53.16	7:05 min/m	00:44:01.00
68	79/720	5/25	738	Dan Perlmutter	Male	34	Centereach	NY	79	7:15 min/m	00:22:33.83	63	6:56 min/m	00:21:34.73	7:06 min/m	00:44:08.57
69	80/720	9/44	461	Sean Negron	Male	41	Merrick	NY	62	7:03 min/m	00:21:55.28	79	7:10 min/m	00:22:16.95	7:06 min/m	00:44:12.23
70	81/720	10/45	127	Charles Crowe	Male	45	Deer Park	NY	63	7:03 min/m	00:21:56.25	77	7:09 min/m	00:22:15.98	7:06 min/m	00:44:12.24
71	82/720	12/57	585	Louis Sparaco	Male	54	Patchogue	NY	70	7:05 min/m	00:22:01.84	76	7:09 min/m	00:22:14.42	7:07 min/m	00:44:16.26
72	83/720	6/25	828	Robbie Rex Jr.	Male	31	Islip Terrace	NY	83	7:16 min/m	00:22:37.31	67	6:58 min/m	00:21:40.47	7:07 min/m	00:44:17.79

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	84/720	13/57	312	Scott Kessler	Male	50	Cold Spring Harbor	NY	64	7:03 min/m	00:21:57.26	81	7:11 min/m	00:22:21.56	7:07 min/m	00:44:18.82
74	85/720	14/57	660	Jerry Wosleger	Male	54	Rockville Centre	NY	89	7:20 min/m	00:22:48.15	66	6:58 min/m	00:21:40.31	7:09 min/m	00:44:28.46
75	86/720	9/17	743	Ryan Sullivan	Male	28	Long Beach	NY	66	7:04 min/m	00:21:58.84	84	7:15 min/m	00:22:33.69	7:10 min/m	00:44:32.53
76	87/720	11/45	744	James Sanderson	Male	47	Nesconset	NY	76	7:14 min/m	00:22:29.58	74	7:06 min/m	00:22:03.95	7:10 min/m	00:44:33.53
77	88/720	10/44	407	Kevin Mcgrady	Male	44	Medford	NY	80	7:16 min/m	00:22:35.10	72	7:05 min/m	00:22:00.48	7:10 min/m	00:44:35.58
78	90/720	4/19	769	Raymond Gogarty	Male	35	Deer Park	NY	73	7:09 min/m	00:22:13.34	87	7:16 min/m	00:22:35.83	7:12 min/m	00:44:49.17
79	92/720	5/19	521	David Rockitter	Male	50	Wantagh	NY	81	7:16 min/m	00:22:35.30	78	7:10 min/m	00:22:16.94	7:13 min/m	00:44:52.24
80	93/720	11/44	195	Robert Festa	Male	41	Lindenhurst	NY	91	7:22 min/m	00:22:55.24	73	7:05 min/m	00:22:01.65	7:14 min/m	00:44:56.90
81	94/720	12/44	274	Lance Homan	Male	40	Medford	NY	82	7:16 min/m	00:22:36.58	80	7:11 min/m	00:22:20.72	7:14 min/m	00:44:57.30
82	97/720	1/25	661	Ryan Wosleger	Male	27	Rockville Centre	NY	78	7:15 min/m	00:22:33.26	86	7:16 min/m	00:22:35.57	7:15 min/m	00:45:08.83
83	98/720	13/44	376	Pete Mahnken	Male	40	Port Jeff. Sta.	NY	84	7:17 min/m	00:22:38.33	85	7:16 min/m	00:22:35.40	7:16 min/m	00:45:13.74
84	99/720	14/44	319	Joseph Koplik	Male	44	Wantagh	NY	90	7:20 min/m	00:22:48.56	82	7:13 min/m	00:22:28.01	7:17 min/m	00:45:16.57
85	100/720	6/19	98	James Castaldo	Male	43	Merrick	NY	85	7:17 min/m	00:22:40.57	88	7:16 min/m	00:22:36.23	7:17 min/m	00:45:16.81
86	103/720	2/25	394	Chris Martin	Male	27	Sayville	NY	72	7:08 min/m	00:22:12.74	103	7:26 min/m	00:23:06.09	7:17 min/m	00:45:18.83
87	104/720	15/57	284	Michael Hunter	Male	51	N. Merrick	NY	96	7:27 min/m	00:23:11.72	75	7:09 min/m	00:22:14.20	7:18 min/m	00:45:25.93
88	105/720	9/26	42	Benjamin Beavers	Male	39	Amityville	NY	74	7:09 min/m	00:22:15.97	107	7:28 min/m	00:23:14.32	7:19 min/m	00:45:30.30
89	108/720	16/57	359	Steve Liuzzo	Male	53	Smithtown	NY	88	7:19 min/m	00:22:46.52	100	7:23 min/m	00:22:58.58	7:21 min/m	00:45:45.10
90	109/720	17/57	616	Michael Turkovich	Male	50	Ronkonkoma	NY	95	7:26 min/m	00:23:08.71	89	7:17 min/m	00:22:40.12	7:22 min/m	00:45:48.83
91	110/720	11/46	734	Jay Byrne	Male	59	Massapequa	NY	93	7:23 min/m	00:22:57.89	98	7:22 min/m	00:22:54.91	7:23 min/m	00:45:52.81
92	111/720	12/46	692	Edmond Mallahan	Male	55	Oyster Bay	NY	77	7:14 min/m	00:22:29.80	112	7:32 min/m	00:23:25.43	7:23 min/m	00:45:55.23
93	112/720	18/57	32	Alan Baisch	Male	51	Selden	NY	97	7:28 min/m	00:23:12.33	92	7:19 min/m	00:22:44.91	7:23 min/m	00:45:57.25
94	114/720	1/16	293	Barry Jerson	Male	65	Plainview	NY	98	7:28 min/m	00:23:13.33	97	7:21 min/m	00:22:52.99	7:25 min/m	00:46:06.33
95	116/720	7/25	504	Anthony Randolfi	Male	31	Valley Stream	NY	124	7:50 min/m	00:24:23.21	68	7:01 min/m	00:21:48.62	7:26 min/m	00:46:11.84
96	117/720	19/57	724	Alberto Perez	Male	50	Inwood	NY	104	7:33 min/m	00:23:28.33	93	7:19 min/m	00:22:46.77	7:26 min/m	00:46:15.10
97	118/720	8/25	261	Daniel Henn	Male	32	Oyster Bay	NY	101	7:32 min/m	00:23:26.53	95	7:20 min/m	00:22:49.36	7:26 min/m	00:46:15.90
98	119/720	20/57	332	Yujen Lai	Male	50	East Setauket	NY	99	7:29 min/m	00:23:15.58	101	7:24 min/m	00:23:01.00	7:26 min/m	00:46:16.58
99	120/720	12/45	369	Steven Lutz	Male	45	Melville	NY	69	7:05 min/m	00:22:01.84	137	7:48 min/m	00:24:16.70	7:27 min/m	00:46:18.54
100	122/720	13/46	658	Glen Wolther	Male	56	Jericho	NY	86	7:18 min/m	00:22:43.23	119	7:37 min/m	00:23:40.09	7:27 min/m	00:46:23.33
101	125/720	13/45	752	Scott Anderson	Male	49	Bethpage	NY	107	7:35 min/m	00:23:35.29	96	7:21 min/m	00:22:52.55	7:28 min/m	00:46:27.85
102	126/720	14/46	330	Louis Lafleur	Male	57	Holbrook	NY	103	7:32 min/m	00:23:26.88	102	7:24 min/m	00:23:02.02	7:28 min/m	00:46:28.90
103	127/720	14/45	440	Robert Monaco	Male	49	Woodbury	NY	108	7:36 min/m	00:23:37.52	99	7:23 min/m	00:22:56.68	7:29 min/m	00:46:34.20
104	128/720	21/57	720	Robert Fried	Male	52	Great Neck	NY	92	7:23 min/m	00:22:57.50	121	7:38 min/m	00:23:43.63	7:30 min/m	00:46:41.14
105	129/720	3/18	244	John Hamilton	Male	60	West Islip	NY	110	7:37 min/m	00:23:40.76	104	7:27 min/m	00:23:09.71	7:32 min/m	00:46:50.47
106	130/720	22/57	671	Richard Ripke	Male	51	Selden	NY	105	7:33 min/m	00:23:28.34	113	7:32 min/m	00:23:25.48	7:32 min/m	00:46:53.83
107	131/720	23/57	368	Andrew Lupu	Male	51	North Bellmore	NY	94	7:25 min/m	00:23:03.98	130	7:42 min/m	00:23:57.84	7:34 min/m	00:47:01.83
108	133/720	24/57	334	Robert Lange	Male	50	New Hyde Park	NY	121	7:49 min/m	00:24:19.34	91	7:19 min/m	00:22:44.35	7:34 min/m	00:47:03.69

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
109	136/720	4/18	186	Scott Fairgrieve	Male	62	Mineola	NY	116	7:42 min/m	00:23:56.21	106	7:28 min/m	00:23:12.34	7:35 min/m	00:47:08.55
110	137/720	10/26	219	Patrick Gavigan	Male	38	Merrick	NY	117	7:44 min/m	00:24:02.29	105	7:27 min/m	00:23:11.10	7:35 min/m	00:47:13.40
111	138/720	9/25	448	Joseph Morris	Male	32	Franklin Square	NY	138	7:57 min/m	00:24:42.84	83	7:14 min/m	00:22:31.33	7:36 min/m	00:47:14.17
112	139/720	15/44	701	Cullen Howell	Male	41	Plainview	NY	114	7:41 min/m	00:23:54.59	109	7:30 min/m	00:23:19.99	7:36 min/m	00:47:14.58
113	141/720	2/8	831	Kevin Sanders	Male	19	Wading River	NY	113	7:41 min/m	00:23:53.33	111	7:32 min/m	00:23:25.05	7:36 min/m	00:47:18.38
114	143/720	25/57	155	David Digiovanni	Male	54	Sea Cliff	NY	112	7:41 min/m	00:23:52.34	117	7:36 min/m	00:23:37.24	7:38 min/m	00:47:29.58
115	145/720	11/26	691	Dannick Boulin	Male	37	Mineola	NY	106	7:34 min/m	00:23:32.31	135	7:46 min/m	00:24:10.34	7:40 min/m	00:47:42.65
116	146/720	2/16	315	Richard Kleiman	Male	66	Plainview	NY	122	7:50 min/m	00:24:21.34	110	7:32 min/m	00:23:24.49	7:41 min/m	00:47:45.83
117	149/720	16/44	580	Robert Smith	Male	44	Northport	NY	115	7:41 min/m	00:23:55.20	127	7:42 min/m	00:23:55.63	7:41 min/m	00:47:50.84
118	152/720	15/46	125	Jerry Crennan	Male	55	Patchogue	NY	119	7:47 min/m	00:24:11.42	124	7:40 min/m	00:23:51.16	7:43 min/m	00:48:02.59
119	153/720	3/25	209	Gary Freitag	Male	48	Ronkonkoma	NY	118	7:44 min/m	00:24:03.51	133	7:43 min/m	00:24:01.30	7:44 min/m	00:48:04.82
120	154/720	10/25	447	Brian Morreale	Male	32	Alexandra	VA	109	7:36 min/m	00:23:37.84	142	7:53 min/m	00:24:30.63	7:44 min/m	00:48:08.47
121	156/720	10/17	789	Jordan Scheiman	Male	27	New York	NY	130	7:54 min/m	00:24:33.11	118	7:36 min/m	00:23:37.78	7:45 min/m	00:48:10.90
122	157/720	26/57	494	Carson Pohlman	Male	51	St James	NY	129	7:53 min/m	00:24:32.37	120	7:37 min/m	00:23:40.47	7:45 min/m	00:48:12.85
123	158/720	17/44	240	Eric Gulkis	Male	42	Port Washington	NY	172	8:12 min/m	00:25:31.57	90	7:18 min/m	00:22:42.33	7:45 min/m	00:48:13.91
124	159/720	11/25	93	Joseph Carranza	Male	32	Williston Park	NY	170	8:12 min/m	00:25:28.91	94	7:20 min/m	00:22:48.42	7:46 min/m	00:48:17.33
125	161/720	27/57	604	Dwayne Taylor	Male	50	Baldwin	NY	125	7:51 min/m	00:24:24.24	126	7:42 min/m	00:23:55.57	7:46 min/m	00:48:19.81
126	162/720	7/19	25	Michael Ash	Male	44	Plainview	NY	126	7:51 min/m	00:24:25.49	125	7:41 min/m	00:23:55.13	7:46 min/m	00:48:20.62
127	163/720	4/25	491	Robert Pickus	Male	43	Plainview	NY	141	7:59 min/m	00:24:50.72	115	7:35 min/m	00:23:34.86	7:47 min/m	00:48:25.58
128	164/720	12/25	697	Michael Allen	Male	34	Selden	NY	111	7:40 min/m	00:23:49.58	149	7:56 min/m	00:24:40.59	7:48 min/m	00:48:30.18
129	167/720	18/44	225	Jamie Glick	Male	41	Commack	NY	152	8:03 min/m	00:25:03.34	114	7:35 min/m	00:23:34.34	7:49 min/m	00:48:37.68
130	168/720	13/25	633	Ben Vitale	Male	33	Ronkonkoma	NY	168	8:10 min/m	00:25:24.93	108	7:29 min/m	00:23:15.41	7:49 min/m	00:48:40.34
131	169/720	3/8	809	Joseph Choinski	Male	18	E. Northport	NY	144	8:00 min/m	00:24:53.78	122	7:39 min/m	00:23:47.97	7:50 min/m	00:48:41.76
132	172/720	28/57	818	Brian Gunderson	Male	53	Medford	NY	145	8:00 min/m	00:24:53.78	129	7:42 min/m	00:23:57.14	7:51 min/m	00:48:50.92
133	173/720	29/57	682	Dennis Gowen	Male	51	Massapequa Park	NY	131	7:54 min/m	00:24:35.42	138	7:49 min/m	00:24:17.92	7:52 min/m	00:48:53.34
134	175/720	12/26	493	Mark Plutzer	Male	38	Old Bethpage	NY	156	8:05 min/m	00:25:07.25	123	7:40 min/m	00:23:49.99	7:52 min/m	00:48:57.24
135	176/720	13/26	685	Brad Eisenstein	Male	39	Plainview	NY	123	7:50 min/m	00:24:22.20	147	7:55 min/m	00:24:37.63	7:53 min/m	00:48:59.84
136	177/720	15/45	489	Tony Pezzano	Male	49	Huntington	NY	151	8:03 min/m	00:25:02.75	131	7:43 min/m	00:23:59.15	7:53 min/m	00:49:01.90
137	179/720	16/45	351	Aaron Lieberman	Male	48	Old Bethpage	NY	149	8:02 min/m	00:25:00.13	136	7:47 min/m	00:24:12.20	7:55 min/m	00:49:12.33
138	180/720	5/25	704	Lou Oppenheimer	Male	45	Hewlett	NY	133	7:55 min/m	00:24:37.66	148	7:56 min/m	00:24:39.68	7:55 min/m	00:49:17.34
139	181/720	16/46	398	Frank Martinez	Male	56	Commack	NY	139	7:58 min/m	00:24:45.59	143	7:53 min/m	00:24:32.15	7:55 min/m	00:49:17.74
140	182/720	17/45	210	Steven Friedland	Male	48	Great Neck	NY	120	7:47 min/m	00:24:11.62	167	8:04 min/m	00:25:06.21	7:55 min/m	00:49:17.83
141	183/720	17/46	358	James Litke	Male	57	Oyster Bay Cove	NY	135	7:57 min/m	00:24:42.33	144	7:55 min/m	00:24:36.25	7:56 min/m	00:49:18.58
142	184/720	30/57	227	Daniel Goldstein	Male	51	Huntington Station	NY	127	7:53 min/m	00:24:30.90	158	7:59 min/m	00:24:49.97	7:56 min/m	00:49:20.87
143	185/720	18/45	114	Vincent Colantuoni	Male	46	Syosset	NY	134	7:55 min/m	00:24:38.76	154	7:57 min/m	00:24:43.65	7:56 min/m	00:49:22.41
144	189/720	31/57	285	Dean Hutchinson	Male	51	Long Beach	NY	142	7:59 min/m	00:24:51.33	153	7:57 min/m	00:24:42.25	7:58 min/m	00:49:33.58

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	190/720	14/25	581	Jon Soldo	Male	31	Huntington Station	NY	143	8:00 min/m	00:24:52.59	152	7:57 min/m	00:24:42.25	7:58 min/m	00:49:34.84
146	191/720	19/44	790	Theodore Zois	Male	40	New Hyde Park	NY	137	7:57 min/m	00:24:42.33	162	8:00 min/m	00:24:53.26	7:58 min/m	00:49:35.59
147	192/720	19/45	429	Chuck Merritt	Male	46	Plainview	NY	184	8:22 min/m	00:26:01.52	116	7:35 min/m	00:23:35.16	7:59 min/m	00:49:36.69
148	194/720	32/57	192	Neil Ferrara	Male	51	Oceanside	NY	154	8:04 min/m	00:25:04.81	146	7:55 min/m	00:24:37.14	7:59 min/m	00:49:41.95
149	195/720	3/16	532	Philip Roth	Male	65	Plinview	NY	167	8:10 min/m	00:25:22.55	140	7:50 min/m	00:24:22.67	8:00 min/m	00:49:45.22
150	199/720	20/45	640	Ben Walden	Male	45	Centerport	NY	128	7:53 min/m	00:24:31.35	171	8:08 min/m	00:25:16.91	8:00 min/m	00:49:48.27
151	200/720	8/19	420	Rigoberto Melara	Male	56	Glen Head	NY	136	7:57 min/m	00:24:42.33	166	8:04 min/m	00:25:06.12	8:00 min/m	00:49:48.45
152	202/720	18/46	467	Joe Ninesling	Male	58	Amityville	NY	159	8:07 min/m	00:25:15.19	145	7:55 min/m	00:24:36.65	8:01 min/m	00:49:51.84
153	203/720	11/17	34	Jonathan Barracca	Male	28	Maspeth	NY	155	8:04 min/m	00:25:05.83	159	7:59 min/m	00:24:50.93	8:02 min/m	00:49:56.76
154	204/720	12/17	597	Eric Szelenyi	Male	29	Huntington	NY	187	8:23 min/m	00:26:02.95	128	7:42 min/m	00:23:55.64	8:02 min/m	00:49:58.59
155	205/720	21/45	753	Tom Quinton	Male	45	Blue Point	NY	148	8:02 min/m	00:24:58.34	164	8:03 min/m	00:25:01.29	8:02 min/m	00:49:59.63
156	206/720	22/45	28	Lance Axelrod	Male	48	Merrick	NY	162	8:08 min/m	00:25:18.50	150	7:56 min/m	00:24:41.33	8:02 min/m	00:49:59.83
157	207/720	33/57	361	Kenneth Long	Male	52	Bohemia	NY	157	8:06 min/m	00:25:10.52	161	8:00 min/m	00:24:53.00	8:03 min/m	00:50:03.52
158	208/720	20/44	348	Craig Lerman	Male	41	Plainview	NY	158	8:07 min/m	00:25:14.81	157	7:59 min/m	00:24:49.91	8:03 min/m	00:50:04.73
159	209/720	14/26	554	Andrew Schwartz	Male	37	Port Washington	NY	183	8:22 min/m	00:26:00.71	134	7:45 min/m	00:24:05.84	8:03 min/m	00:50:06.55
160	210/720	5/18	717	Paul Cirrincione	Male	64	Dix Hills	NY	150	8:02 min/m	00:25:00.50	168	8:04 min/m	00:25:06.88	8:03 min/m	00:50:07.39
161	211/720	34/57	550	Marty Schimmele	Male	51	Massapequa	NY	147	8:01 min/m	00:24:55.34	169	8:06 min/m	00:25:12.43	8:04 min/m	00:50:07.77
162	215/720	19/46	706	Robert Elsener	Male	58	E.northport	NY	140	7:59 min/m	00:24:50.51	176	8:11 min/m	00:25:27.45	8:05 min/m	00:50:17.96
163	216/720	35/57	650	Artie Whitmarsh	Male	51	Bayport	NY	169	8:12 min/m	00:25:28.90	160	8:00 min/m	00:24:52.21	8:06 min/m	00:50:21.12
164	217/720	15/26	652	Brad Widolok	Male	39	Sands Point	NY	182	8:22 min/m	00:26:00.59	139	7:50 min/m	00:24:22.30	8:06 min/m	00:50:22.90
165	218/720	21/44	727	Rob Dell'unto	Male	40	Rockville Centre	NY	171	8:12 min/m	00:25:29.72	163	8:01 min/m	00:24:55.61	8:06 min/m	00:50:25.33
166	219/720	36/57	766	Bill Kelly	Male	51	Brooklyn	NY	181	8:21 min/m	00:25:59.68	141	7:52 min/m	00:24:27.20	8:07 min/m	00:50:26.88
167	220/720	23/45	547	Steve Schaumburg	Male	47	Plainview	NY	146	8:01 min/m	00:24:55.20	182	8:14 min/m	00:25:36.14	8:07 min/m	00:50:31.34
168	223/720	1/7	121	Joe Cordero	Male	75	Central Islip	NY	160	8:08 min/m	00:25:16.46	175	8:10 min/m	00:25:22.86	8:09 min/m	00:50:39.32
169	224/720	24/45	56	Gary Bochner	Male	49	Plainview	NY	161	8:08 min/m	00:25:17.47	174	8:09 min/m	00:25:22.36	8:09 min/m	00:50:39.84
170	225/720	20/46	669	Richard Aubain	Male	57	Hicksville	NY	163	8:08 min/m	00:25:18.87	173	8:09 min/m	00:25:21.05	8:09 min/m	00:50:39.92
171	229/720	15/25	674	Guy Klarfeld	Male	32	Plainview	NY	166	8:09 min/m	00:25:21.84	177	8:12 min/m	00:25:28.95	8:10 min/m	00:50:50.80
172	234/720	37/57	392	Edward Marian	Male	52	Huntington Station	NY	165	8:09 min/m	00:25:21.13	183	8:14 min/m	00:25:37.45	8:12 min/m	00:50:58.59
173	236/720	21/46	545	Peter Schacknow	Male	57	Huntington Station	NY	199	8:29 min/m	00:26:21.59	151	7:56 min/m	00:24:41.74	8:12 min/m	00:51:03.34
174	237/720	4/16	213	David Frisone	Male	68	New Hyde Park	NY	176	8:16 min/m	00:25:41.34	180	8:12 min/m	00:25:31.26	8:14 min/m	00:51:12.61
175	238/720	6/25	530	Steve Rossi	Male	32	Smithtown	NY	102	7:32 min/m	00:23:26.54	238	8:59 min/m	00:27:56.89	8:16 min/m	00:51:23.43
176	239/720	22/46	367	Michael Ludwig	Male	58	Rockville Centre	NY	153	8:03 min/m	00:25:03.78	206	8:29 min/m	00:26:21.48	8:16 min/m	00:51:25.26
177	241/720	22/44	321	Marc Kornheiser	Male	43	Queens	NY	193	8:26 min/m	00:26:12.94	170	8:07 min/m	00:25:15.56	8:17 min/m	00:51:28.50
178	242/720	23/46	395	Dennis Martin	Male	57	Smithtown	NY	206	8:35 min/m	00:26:40.23	156	7:59 min/m	00:24:49.69	8:17 min/m	00:51:29.93
179	243/720	6/18	52	Stephen Bernstein	Male	63	Woodbury	NY	179	8:20 min/m	00:25:54.95	181	8:14 min/m	00:25:34.99	8:17 min/m	00:51:29.94
180	244/720	24/46	406	James Mcdougall	Male	58	Lake Ronkonkoma	NY	177	8:18 min/m	00:25:48.83	186	8:16 min/m	00:25:42.71	8:17 min/m	00:51:31.54

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	245/720	4/8	590	Andrew Stefanik	Male	16	Garden City	NY	192	8:26 min/m	00:26:12.55	172	8:09 min/m	00:25:19.58	8:17 min/m	00:51:32.13
182	246/720	9/19	163	George Drakatos	Male	33	Bethpage	NY	222	8:51 min/m	00:27:32.75	132	7:43 min/m	00:23:59.80	8:17 min/m	00:51:32.55
183	247/720	10/19	136	Charles Cusenza	Male	56	Syosset	NY	188	8:23 min/m	00:26:03.37	179	8:12 min/m	00:25:30.59	8:17 min/m	00:51:33.96
184	248/720	16/25	16	John Alaimo	Male	30	Mineola	NY	208	8:39 min/m	00:26:53.31	155	7:58 min/m	00:24:45.27	8:18 min/m	00:51:38.59
185	249/720	23/44	311	Mitchell Keschner	Male	40	Woodbury	NY	204	8:33 min/m	00:26:36.55	165	8:03 min/m	00:25:02.74	8:18 min/m	00:51:39.29
186	251/720	2/7	249	Jack Hanley	Male	77	Babylon	NY	196	8:26 min/m	00:26:15.17	178	8:12 min/m	00:25:30.38	8:19 min/m	00:51:45.56
187	252/720	7/25	171	John Dunworth	Male	52	Miller Place	NY	175	8:15 min/m	00:25:38.34	199	8:26 min/m	00:26:13.57	8:20 min/m	00:51:51.92
188	253/720	8/25	664	Gregory Yencharis	Male	29	Massapequa	NY	200	8:29 min/m	00:26:21.74	184	8:15 min/m	00:25:39.24	8:22 min/m	00:52:00.98
189	254/720	25/46	483	Eric Perrotta	Male	57	N. Massapequa	NY	178	8:20 min/m	00:25:53.76	194	8:24 min/m	00:26:07.61	8:22 min/m	00:52:01.38
190	255/720	11/19	472	Richard O'neill	Male	46	Center Moriches	NY	194	8:26 min/m	00:26:14.34	188	8:18 min/m	00:25:49.25	8:22 min/m	00:52:03.59
191	256/720	16/26	551	Gregg Schlossman	Male	38	Plainview	NY	185	8:22 min/m	00:26:01.93	191	8:23 min/m	00:26:02.90	8:22 min/m	00:52:04.83
192	257/720	38/57	460	Harlan Nebenhaus	Male	53	Manhasset	NY	195	8:26 min/m	00:26:14.78	190	8:19 min/m	00:25:50.64	8:22 min/m	00:52:05.42
193	260/720	5/16	531	Vic Rossi	Male	66	Hauppauge	NY	190	8:24 min/m	00:26:07.46	192	8:23 min/m	00:26:03.85	8:23 min/m	00:52:11.31
194	261/720	26/46	702	Robert Eslick	Male	57	Old Bethpage	NY	180	8:20 min/m	00:25:56.41	201	8:26 min/m	00:26:15.10	8:23 min/m	00:52:11.51
195	262/720	24/44	299	Dan Kamensky	Male	40	Roslyn	NY	186	8:22 min/m	00:26:01.95	200	8:26 min/m	00:26:14.05	8:24 min/m	00:52:16.00
196	264/720	25/44	693	Giovanni Laucella	Male	43	Plainview	NY	197	8:27 min/m	00:26:17.59	193	8:23 min/m	00:26:04.71	8:25 min/m	00:52:22.30
197	265/720	17/26	338	Alberto Leal	Male	38	Brentwood	NY	132	7:55 min/m	00:24:36.64	236	8:57 min/m	00:27:50.54	8:26 min/m	00:52:27.18
198	266/720	9/25	62	Tom Boucher	Male	44	Wading River	NY	198	8:28 min/m	00:26:18.59	197	8:25 min/m	00:26:09.54	8:26 min/m	00:52:28.14
199	267/720	39/57	681	William Raftery	Male	50	East Islip	NY	173	8:13 min/m	00:25:34.59	215	8:41 min/m	00:26:58.88	8:27 min/m	00:52:33.47
200	269/720	18/26	451	Benjamin Moss	Male	35	Plainview	NY	209	8:40 min/m	00:26:56.55	185	8:16 min/m	00:25:42.01	8:28 min/m	00:52:38.56
201	271/720	25/45	303	Jason Katz	Male	46	Plainview	NY	205	8:34 min/m	00:26:37.56	195	8:24 min/m	00:26:07.69	8:29 min/m	00:52:45.25
202	273/720	17/25	707	Michael Franchi	Male	30	Lake Ronkonkoma	NY	174	8:14 min/m	00:25:35.26	225	8:48 min/m	00:27:20.66	8:31 min/m	00:52:55.93
203	275/720	27/46	466	Ray Nieves	Male	55	Westbury	NY	213	8:45 min/m	00:27:14.26	187	8:16 min/m	00:25:43.33	8:31 min/m	00:52:57.59
204	278/720	7/18	667	Perry Zeichner	Male	64	Brightwaters	NY	203	8:33 min/m	00:26:33.91	207	8:30 min/m	00:26:26.79	8:31 min/m	00:53:00.70
205	279/720	12/19	88	Stephen Capitelli	Male	46	Glen Head	NY	211	8:41 min/m	00:26:59.96	196	8:24 min/m	00:26:08.39	8:33 min/m	00:53:08.35
206	282/720	18/25	181	Paul Ercolano	Male	30	Farmingdale	NY	189	8:23 min/m	00:26:05.34	221	8:45 min/m	00:27:11.21	8:34 min/m	00:53:16.55
207	284/720	8/18	418	William Meisner	Male	64	Plainview	NY	201	8:32 min/m	00:26:31.28	213	8:37 min/m	00:26:49.06	8:35 min/m	00:53:20.34
208	285/720	26/44	563	Christopher Settino	Male	43	Huntington	NY	220	8:51 min/m	00:27:31.33	189	8:18 min/m	00:25:50.26	8:35 min/m	00:53:21.59
209	289/720	10/25	775	George Lira	Male	63	Southampton	NY	202	8:32 min/m	00:26:32.91	218	8:44 min/m	00:27:08.21	8:38 min/m	00:53:41.13
210	290/720	26/45	432	Martel Meyer	Male	48	East Hampton	NY	226	8:54 min/m	00:27:41.30	198	8:25 min/m	00:26:09.97	8:39 min/m	00:53:51.27
211	291/720	27/44	772	Harris Zakarin	Male	42	Melville	NY	223	8:52 min/m	00:27:34.58	204	8:27 min/m	00:26:17.06	8:40 min/m	00:53:51.65
212	293/720	19/26	623	Paul Vanguilder	Male	36	Bay Shore	NY	191	8:25 min/m	00:26:11.33	235	8:56 min/m	00:27:47.63	8:41 min/m	00:53:58.97
213	300/720	40/57	102	Dave Chan	Male	52	Holbrook	NY	212	8:44 min/m	00:27:10.18	219	8:44 min/m	00:27:08.91	8:44 min/m	00:54:19.10
214	302/720	27/45	565	David Shereck	Male	49	North Woodmere	NY	221	8:51 min/m	00:27:31.52	214	8:38 min/m	00:26:50.43	8:44 min/m	00:54:21.96
215	303/720	28/44	384	Michael Mandolese	Male	43	Bethpage	NY	215	8:48 min/m	00:27:21.39	216	8:42 min/m	00:27:02.39	8:45 min/m	00:54:23.79
216	304/720	9/18	449	Glenn Morse	Male	64	Massapequa	NY	207	8:36 min/m	00:26:44.84	231	8:54 min/m	00:27:40.57	8:45 min/m	00:54:25.41

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	306/720	41/57	118	Glenn Corbett	Male	51	Islip	NY	210	8:41 min/m	00:26:59.34	229	8:51 min/m	00:27:30.25	8:46 min/m	00:54:29.59
218	308/720	10/18	197	Charles Ficken	Male	62	Islandia	NY	234	9:06 min/m	00:28:18.90	203	8:27 min/m	00:26:15.68	8:46 min/m	00:54:34.59
219	309/720	42/57	79	Martin Buchman	Male	53	Setauket	NY	216	8:48 min/m	00:27:23.42	223	8:45 min/m	00:27:13.88	8:47 min/m	00:54:37.31
220	312/720	29/44	309	Michael Kennedy	Male	40	Brentwood	NY	240	9:11 min/m	00:28:32.21	202	8:26 min/m	00:26:15.17	8:49 min/m	00:54:47.39
221	313/720	30/44	438	Michael Minerva	Male	41	Sayville	NY	225	8:53 min/m	00:27:38.85	220	8:44 min/m	00:27:10.96	8:49 min/m	00:54:49.81
222	314/720	6/16	437	Christopher Miceli	Male	67	Williston Park	NY	218	8:49 min/m	00:27:26.24	227	8:50 min/m	00:27:27.21	8:50 min/m	00:54:53.46
223	315/720	28/45	43	Jay Beberman	Male	45	Port Washington	NY	231	9:03 min/m	00:28:07.91	212	8:37 min/m	00:26:49.02	8:50 min/m	00:54:56.94
224	316/720	13/19	670	Larry Amoroso	Male	49	Huntington	NY	214	8:47 min/m	00:27:18.96	232	8:54 min/m	00:27:40.59	8:50 min/m	00:54:59.55
225	319/720	11/25	679	John Stauber	Male	52		NY	227	8:56 min/m	00:27:45.79	226	8:48 min/m	00:27:20.72	8:52 min/m	00:55:06.52
226	321/720	12/25	17	Brian Albert	Male	47	Massapequa	NY	224	8:53 min/m	00:27:37.98	228	8:50 min/m	00:27:29.29	8:52 min/m	00:55:07.27
227	323/720	13/17	370	Daniel Lyman	Male	29	Massapequa	NY	255	9:19 min/m	00:28:58.10	205	8:27 min/m	00:26:18.29	8:53 min/m	00:55:16.39
228	326/720	1/14	583	Yuval Solomon	Male	13	Plainview	NY	164	8:09 min/m	00:25:19.51	283	9:40 min/m	00:30:02.58	8:54 min/m	00:55:22.10
229	327/720	20/26	684	Mike Whitman	Male	36	Hicksville	NY	243	9:12 min/m	00:28:37.60	211	8:36 min/m	00:26:46.16	8:54 min/m	00:55:23.76
230	330/720	28/46	10	James Abrams	Male	59	Greenlawn	NY	219	8:50 min/m	00:27:26.85	243	9:01 min/m	00:28:02.74	8:55 min/m	00:55:29.59
231	334/720	7/16	182	Doug Escher	Male	68	Garden City	NY	238	9:10 min/m	00:28:29.55	217	8:43 min/m	00:27:07.87	8:57 min/m	00:55:37.42
232	338/720	43/57	329	Larry Kurtzman	Male	50	Plainview	NY	228	8:57 min/m	00:27:51.28	241	9:01 min/m	00:28:01.26	8:59 min/m	00:55:52.55
233	339/720	19/25	57	Ian Bogaty	Male	34	Plainview	NY	217	8:49 min/m	00:27:25.60	257	9:11 min/m	00:28:32.00	9:00 min/m	00:55:57.60
234	341/720	31/44	33	Jason Banks	Male	41	Plainview	NY	266	9:28 min/m	00:29:25.10	208	8:34 min/m	00:26:39.40	9:01 min/m	00:56:04.51
235	343/720	32/44	555	Michael Schwartzberg	Male	40	Plainview	NY	263	9:27 min/m	00:29:22.85	209	8:35 min/m	00:26:42.06	9:01 min/m	00:56:04.92
236	346/720	29/46	677	Paul Aloe	Male	56	Port Washington	NY	267	9:28 min/m	00:29:25.82	210	8:36 min/m	00:26:43.53	9:02 min/m	00:56:09.35
237	347/720	11/18	222	Michael Gillen	Male	61	Farmingdale	NY	230	9:02 min/m	00:28:05.60	251	9:03 min/m	00:28:09.72	9:03 min/m	00:56:15.33
238	348/720	44/57	131	Tom Cunningham	Male	53	East Meadow	NY	241	9:11 min/m	00:28:32.61	234	8:55 min/m	00:27:44.09	9:03 min/m	00:56:16.70
239	352/720	14/19	151	James Descalso	Male	52	Farmingville	NY	235	9:08 min/m	00:28:25.18	245	9:01 min/m	00:28:03.67	9:05 min/m	00:56:28.85
240	354/720	2/14	435	Zachary Meyer	Male	12	Plainview	NY	237	9:09 min/m	00:28:26.66	247	9:02 min/m	00:28:04.87	9:05 min/m	00:56:31.53
241	355/720	29/45	165	Keith Drayer	Male	48	N. Woodmere	NY	246	9:14 min/m	00:28:41.35	237	8:58 min/m	00:27:51.81	9:06 min/m	00:56:33.17
242	356/720	30/45	591	Robert Stefanik	Male	47	Garden City	NY	236	9:09 min/m	00:28:26.60	250	9:02 min/m	00:28:06.78	9:06 min/m	00:56:33.38
243	361/720	8/16	345	Spencer Leitman	Male	69	Rockville Centre	NY	248	9:15 min/m	00:28:46.60	249	9:02 min/m	00:28:06.73	9:09 min/m	00:56:53.34
244	363/720	31/45	37	Ed Barteski	Male	48	Greenlawn	NY	245	9:12 min/m	00:28:38.11	255	9:06 min/m	00:28:17.50	9:09 min/m	00:56:55.61
245	367/720	5/8	578	Nicholas Small	Male	18	Ronkonkoma	NY	252	9:17 min/m	00:28:53.35	248	9:02 min/m	00:28:04.97	9:10 min/m	00:56:58.33
246	369/720	30/46	615	Kevin Tunney	Male	55	Selden	NY	229	8:58 min/m	00:27:54.31	265	9:22 min/m	00:29:06.45	9:10 min/m	00:57:00.76
247	372/720	2/8	807	Jonathan Brunot	Male	24	West Hempstead	NY	276	9:38 min/m	00:29:58.35	222	8:45 min/m	00:27:11.25	9:11 min/m	00:57:09.60
248	373/720	32/45	564	David Shapiro	Male	48	Shoreham	NY	254	9:18 min/m	00:28:55.15	254	9:05 min/m	00:28:15.79	9:12 min/m	00:57:10.94
249	376/720	45/57	721	Kevin Morrissey	Male	52	Flushing	NY	277	9:38 min/m	00:29:58.52	224	8:47 min/m	00:27:18.30	9:13 min/m	00:57:16.82
250	383/720	12/18	229	Ehud Golos	Male	62	East Hills	NY	233	9:06 min/m	00:28:16.85	267	9:24 min/m	00:29:14.35	9:15 min/m	00:57:31.20
251	386/720	13/18	139	Joe D'agostino	Male	63	Holbrook	NY	232	9:06 min/m	00:28:16.67	270	9:26 min/m	00:29:19.84	9:16 min/m	00:57:36.51
252	387/720	15/19	226	Jed Golden	Male	57	Floral Park	NY	264	9:27 min/m	00:29:24.10	253	9:04 min/m	00:28:13.23	9:16 min/m	00:57:37.34

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	388/720	33/44	773	David Burnett	Male	44	Floral Park	NY	270	9:33 min/m	00:29:40.82	240	9:00 min/m	00:27:58.93	9:16 min/m	00:57:39.76
254	392/720	1/7	423	Jose Mendez	Male	74	Brentwood	NY	239	9:10 min/m	00:28:29.74	269	9:26 min/m	00:29:19.06	9:18 min/m	00:57:48.81
255	395/720	31/46	302	Andrew Karistinos	Male	55	Old Bethpage	NY	278	9:39 min/m	00:29:59.54	239	8:59 min/m	00:27:57.56	9:19 min/m	00:57:57.10
256	397/720	32/46	185	Jesus Estaba	Male	58	Brooklyn	NY	244	9:12 min/m	00:28:37.86	273	9:30 min/m	00:29:32.49	9:21 min/m	00:58:10.35
257	398/720	13/25	360	William Lofmark	Male	54	Lake Ronkonkoma	NY	260	9:25 min/m	00:29:18.35	262	9:17 min/m	00:28:52.06	9:21 min/m	00:58:10.41
258	399/720	33/46	453	William Munoz	Male	55	Richmond Hill	NY	280	9:42 min/m	00:30:10.10	242	9:01 min/m	00:28:01.52	9:21 min/m	00:58:11.62
259	400/720	3/7	625	Wilson Vargas	Male	75	Richmond Hill	NY	281	9:43 min/m	00:30:12.74	244	9:01 min/m	00:28:03.03	9:22 min/m	00:58:15.78
260	401/720	14/25	509	Dan Regini	Male	29	Port Jefferson Station	NY	271	9:33 min/m	00:29:42.24	258	9:11 min/m	00:28:33.54	9:22 min/m	00:58:15.79
261	403/720	14/17	765	Adolfo Zepdea	Male	27	Syosset	NY	250	9:17 min/m	00:28:52.55	272	9:28 min/m	00:29:24.96	9:22 min/m	00:58:17.51
262	405/720	21/26	424	Kevin Mercier	Male	37	Oyster Bay	NY	279	9:42 min/m	00:30:09.28	252	9:04 min/m	00:28:11.57	9:23 min/m	00:58:20.85
263	406/720	9/16	539	Joseph Salow	Male	66	Bellerose	NY	258	9:24 min/m	00:29:14.59	266	9:22 min/m	00:29:06.99	9:23 min/m	00:58:21.58
264	407/720	10/16	124	Howard Cragg	Male	65	Bethpage	NY	242	9:11 min/m	00:28:34.60	280	9:35 min/m	00:29:48.20	9:23 min/m	00:58:22.80
265	409/720	46/57	695	William Bailey	Male	51	Seaford	NY	249	9:16 min/m	00:28:49.95	275	9:33 min/m	00:29:40.77	9:24 min/m	00:58:30.72
266	411/720	11/16	308	Hubert Keen	Male	68	Farmingdale	NY	259	9:25 min/m	00:29:17.84	268	9:25 min/m	00:29:15.71	9:25 min/m	00:58:33.56
267	413/720	15/25	64	Dan Bradley	Male	44	Oyster Bay	NY	287	9:49 min/m	00:30:30.60	246	9:02 min/m	00:28:04.50	9:25 min/m	00:58:35.10
268	415/720	47/57	350	Thomas Licetti	Male	54	Jericho	NY	257	9:21 min/m	00:29:03.10	276	9:33 min/m	00:29:41.84	9:27 min/m	00:58:44.94
269	416/720	34/46	561	William Seng	Male	59	Glen Head	NY	299	9:59 min/m	00:31:03.85	233	8:54 min/m	00:27:41.92	9:27 min/m	00:58:45.78
270	419/720	16/25	278	Gerard Hopkins	Male	31	Middle Village	NY	275	9:37 min/m	00:29:55.72	263	9:18 min/m	00:28:55.14	9:28 min/m	00:58:50.86
271	421/720	33/45	258	Dave Hehn	Male	48	Sea Cliff	NY	247	9:15 min/m	00:28:45.84	286	9:42 min/m	00:30:09.47	9:28 min/m	00:58:55.32
272	425/720	34/44	732	Jim McBride	Male	44	Manorville	NY	288	9:49 min/m	00:30:31.60	259	9:12 min/m	00:28:35.68	9:30 min/m	00:59:07.28
273	427/720	14/18	21	Steven Aptheker	Male	64	Melville	NY	289	9:50 min/m	00:30:33.70	261	9:14 min/m	00:28:41.90	9:32 min/m	00:59:15.60
274	428/720	1/3	150	Don Denig	Male	80	Bayside	NY	262	9:27 min/m	00:29:22.76	281	9:37 min/m	00:29:53.85	9:32 min/m	00:59:16.62
275	429/720	16/19	568	Russ Siedlewicz	Male	54	Merrick	NY	268	9:32 min/m	00:29:37.56	278	9:34 min/m	00:29:44.54	9:33 min/m	00:59:22.11
276	430/720	2/7	320	Arthur Koppelman	Male	70	Syosset	NY	256	9:20 min/m	00:29:02.52	291	9:46 min/m	00:30:21.01	9:33 min/m	00:59:23.53
277	432/720	22/26	827	Joshua Parez	Male	39	Ronkonkoma	NY	253	9:17 min/m	00:28:53.35	295	9:49 min/m	00:30:31.81	9:33 min/m	00:59:25.17
278	433/720	3/8	820	David Kirsch	Male	21	Setauket	NY	251	9:17 min/m	00:28:53.15	296	9:49 min/m	00:30:32.42	9:33 min/m	00:59:25.57
279	437/720	17/25	557	Rick Secor	Male	51	Ronkonkoma	NY	100	7:31 min/m	00:23:24.29	351	11:38 min/m	00:36:10.32	9:35 min/m	00:59:34.61
280	439/720	15/17	27	Josh Astin	Male	29	Long Beach	NY	302	10:03 min/m	00:31:15.61	256	9:07 min/m	00:28:19.68	9:35 min/m	00:59:35.29
281	441/720	35/44	388	Pete Maniscalco	Male	42	Blue Point	NY	274	9:36 min/m	00:29:52.35	279	9:35 min/m	00:29:47.75	9:36 min/m	00:59:40.10
282	443/720	35/46	169	Timothy Droge	Male	58	North Merrick	NY	272	9:34 min/m	00:29:43.53	284	9:40 min/m	00:30:03.16	9:37 min/m	00:59:46.69
283	446/720	12/16	601	Allen Tantleff	Male	66	East Hills	NY	261	9:27 min/m	00:29:22.15	297	9:50 min/m	00:30:34.69	9:38 min/m	00:59:56.84
284	448/720	4/8	342	Austin Lee	Male	23	Woodbury	NY	273	9:36 min/m	00:29:50.58	288	9:43 min/m	00:30:13.95	9:40 min/m	01:00:04.53
285	450/720	36/46	117	Jeffrey Cooper	Male	55	Long Beach	NY	308	10:08 min/m	00:31:30.40	260	9:12 min/m	00:28:37.46	9:40 min/m	01:00:07.86
286	453/720	18/25	336	Gregory Lanning	Male	43	Bayshore	NY	286	9:48 min/m	00:30:28.35	277	9:34 min/m	00:29:44.50	9:41 min/m	01:00:12.86
287	455/720	48/57	729	Adam Rothstein	Male	50	Wantagh	NY	309	10:08 min/m	00:31:30.61	264	9:19 min/m	00:28:56.89	9:43 min/m	01:00:27.50
288	458/720	49/57	49	Jack Berger	Male	53	Richmond Hill	NY	284	9:45 min/m	00:30:19.23	290	9:45 min/m	00:30:18.92	9:45 min/m	01:00:38.16

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
289	460/720	20/25	108	Gerard Clark	Male	31	North Massapequa	NY	290	9:50 min/m	00:30:36.11	292	9:47 min/m	00:30:26.29	9:49 min/m	01:01:02.40
290	464/720	3/7	362	Lopez Octvio	Male	72	Brooklyn	NY	283	9:44 min/m	00:30:15.78	301	9:56 min/m	00:30:54.00	9:50 min/m	01:01:09.79
291	467/720	4/7	703	Ron Helin	Male	74	Middle Island	NY	303	10:05 min/m	00:31:20.35	282	9:37 min/m	00:29:54.75	9:51 min/m	01:01:15.11
292	470/720	50/57	22	Joey Arken	Male	51	Roslyn Heights	NY	265	9:27 min/m	00:29:24.38	318	10:18 min/m	00:32:00.35	9:52 min/m	01:01:24.73
293	472/720	16/17	99	Devin Caswell	Male	28	Northport	NY	305	10:06 min/m	00:31:23.96	285	9:40 min/m	00:30:03.20	9:53 min/m	01:01:27.16
294	474/720	36/44	391	Michael Manzo	Male	41	Plainview	NY	314	10:16 min/m	00:31:54.79	274	9:30 min/m	00:29:34.00	9:53 min/m	01:01:28.79
295	475/720	34/45	508	Robert Rate	Male	48	Selden	NY	282	9:43 min/m	00:30:13.10	307	10:04 min/m	00:31:19.13	9:54 min/m	01:01:32.24
296	476/720	3/14	694	Anthony Bossone	Male	11	Calverton	NY	291	9:51 min/m	00:30:36.34	302	9:58 min/m	00:31:01.01	9:55 min/m	01:01:37.36
297	478/720	23/26	94	Rick Carranza	Male	37	Williston Park	NY	285	9:45 min/m	00:30:20.61	308	10:05 min/m	00:31:22.23	9:55 min/m	01:01:42.84
298	484/720	5/7	26	Richard Astarita	Male	70	Babylon	NY	311	10:08 min/m	00:31:31.58	289	9:44 min/m	00:30:15.28	9:56 min/m	01:01:46.86
299	485/720	51/57	104	Wayne Chesler	Male	54	Massapequa Park	NY	295	9:53 min/m	00:30:43.48	305	9:59 min/m	00:31:04.14	9:56 min/m	01:01:47.62
300	486/720	19/25	496	Scott Poole	Male	50	Massapequa Park	NY	296	9:53 min/m	00:30:44.30	304	9:59 min/m	00:31:03.38	9:56 min/m	01:01:47.68
301	487/720	37/46	515	Richard Rise	Male	56	Glen Cove	NY	337	11:01 min/m	00:34:14.63	230	8:52 min/m	00:27:35.90	9:57 min/m	01:01:50.53
302	488/720	52/57	507	Mike Randone	Male	54	S. Huntington	NY	297	9:55 min/m	00:30:49.00	303	9:59 min/m	00:31:02.54	9:57 min/m	01:01:51.54
303	489/720	21/25	166	David Drebsky	Male	32	Plainview	NY	323	10:29 min/m	00:32:37.36	271	9:26 min/m	00:29:21.52	9:58 min/m	01:01:58.88
304	492/720	6/8	833	Hunter Sola	Male	19	S. Setauket	NY	269	9:32 min/m	00:29:38.61	323	10:27 min/m	00:32:30.23	10:00 min/m	01:02:08.85
305	494/720	4/14	541	Michael Sanborn	Male	12	Plainview	NY	312	10:10 min/m	00:31:36.53	299	9:52 min/m	00:30:39.40	10:01 min/m	01:02:15.93
306	495/720	5/14	29	John Azzaro	Male	12	Plainview	NY	313	10:10 min/m	00:31:36.73	298	9:52 min/m	00:30:39.38	10:01 min/m	01:02:16.12
307	497/720	37/44	31	Joseph Badolato	Male	41	Bethpage	NY	294	9:52 min/m	00:30:40.62	316	10:10 min/m	00:31:37.49	10:01 min/m	01:02:18.11
308	501/720	35/45	760	Mark Temkin	Male	45	Plainview	NY	320	10:28 min/m	00:32:31.36	287	9:42 min/m	00:30:09.50	10:05 min/m	01:02:40.86
309	502/720	38/44	441	Keith Montgomery	Male	43	Bellport	NY	301	10:00 min/m	00:31:06.50	314	10:10 min/m	00:31:36.62	10:05 min/m	01:02:43.12
310	503/720	39/44	105	Mark Cichon	Male	42	Port Washington	NY	317	10:22 min/m	00:32:13.49	293	9:49 min/m	00:30:30.97	10:05 min/m	01:02:44.46
311	505/720	22/25	630	Pedro Villeda	Male	32	Roosevelt	NY	292	9:51 min/m	00:30:37.57	320	10:21 min/m	00:32:11.23	10:06 min/m	01:02:48.80
312	506/720	1/2	331	Michael Laforgia	Male	47	Smithtown	NY	304	10:06 min/m	00:31:22.86	311	10:08 min/m	00:31:29.75	10:07 min/m	01:02:52.61
313	512/720	24/26	708	Keith Lefkof	Male	37	Jamaica	NY	310	10:08 min/m	00:31:31.35	313	10:09 min/m	00:31:32.94	10:08 min/m	01:03:04.30
314	513/720	40/44	66	Bill Brake	Male	40	Plainview	NY	315	10:16 min/m	00:31:56.11	306	10:01 min/m	00:31:08.80	10:09 min/m	01:03:04.91
315	515/720	17/19	577	George Skennion	Male	52	Seaford	NY	293	9:52 min/m	00:30:40.12	322	10:27 min/m	00:32:29.67	10:09 min/m	01:03:09.79
316	516/720	13/16	714	Ronald Melichar	Male	66	New York	NY						10:11 min/m	01:03:19.73	
317	517/720	53/57	255	Henry Healy	Male	51	Seaford	NY	306	10:07 min/m	00:31:28.16	319	10:18 min/m	00:32:03.14	10:13 min/m	01:03:31.30
318	520/720	23/25	399	Michael Maslar	Male	34	Levittown	NY	316	10:20 min/m	00:32:08.25	315	10:10 min/m	00:31:37.37	10:15 min/m	01:03:45.62
319	522/720	36/45	825	Denis Meany	Male	45	Blue Point	NY	318	10:24 min/m	00:32:21.40	312	10:08 min/m	00:31:31.45	10:16 min/m	01:03:52.86
320	524/720	25/26	503	Alberto Ramirez	Male	37	Brentwood	NY	300	10:00 min/m	00:31:04.27	326	10:33 min/m	00:32:49.09	10:16 min/m	01:03:53.37
321	538/720	17/17	216	Joseph Gallegos	Male	26	New Hyde Park	NY	328	10:43 min/m	00:33:19.51	310	10:06 min/m	00:31:25.71	10:25 min/m	01:04:45.22
322	539/720	20/25	307	Wayne Keebler	Male	65	Massapequa	NY	322	10:29 min/m	00:32:35.40	321	10:22 min/m	00:32:14.47	10:25 min/m	01:04:49.87
323	544/720	41/44	154	Joe Digaetano	Male	41	Lindenhurst	NY	307	10:08 min/m	00:31:29.83	333	10:49 min/m	00:33:38.53	10:28 min/m	01:05:08.37
324	545/720	38/46	723	Mark Gelbien	Male	56	Plainview	NY	298	9:56 min/m	00:30:54.70	337	11:02 min/m	00:34:17.53	10:29 min/m	01:05:12.23

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
325	547/720	39/46	427	Joseph Merlino	Male	56	South Hempstead	NY	321	10:28 min/m	00:32:34.19	327	10:36 min/m	00:32:57.10	10:32 min/m	01:05:31.29
326	548/720	6/14	234	Jonathan Greenspan	Male	13	Plainview	NY	334	10:59 min/m	00:34:08.26	309	10:06 min/m	00:31:23.45	10:32 min/m	01:05:31.71
327	550/720	40/46	778	Warren Frank	Male	59	Old Bethpage	NY	319	10:26 min/m	00:32:26.68	329	10:41 min/m	00:33:11.68	10:33 min/m	01:05:38.37
328	554/720	2/2	716	Robert Denson	Male	65	Far Rockaway	NY							10:36 min/m	01:05:52.82
329	555/720	42/44	326	Andrew Krantz	Male	42	Plainview	NY	329	10:48 min/m	00:33:34.79	324	10:27 min/m	00:32:31.02	10:38 min/m	01:06:05.82
330	563/720	15/18	167	Warren Drezen	Male	60	Massapequa	NY	327	10:42 min/m	00:33:17.36	332	10:46 min/m	00:33:27.49	10:44 min/m	01:06:44.86
331	566/720	37/45	733	Frank Siblano	Male	47	Bethpage	NY	332	10:54 min/m	00:33:53.75	328	10:37 min/m	00:33:02.05	10:46 min/m	01:06:55.81
332	567/720	24/25	525	Matt Romano	Male	31	Kings Park	NY	330	10:49 min/m	00:33:37.11	331	10:43 min/m	00:33:18.70	10:46 min/m	01:06:55.81
333	569/720	38/45	292	Louis Jainchill	Male	48	Woodbury	NY	347	11:22 min/m	00:35:19.38	317	10:11 min/m	00:31:40.23	10:46 min/m	01:06:59.62
334	570/720	41/46	352	Paul Liebler	Male	57	Albertson	NY	326	10:40 min/m	00:33:09.86	336	10:55 min/m	00:33:57.30	10:48 min/m	01:07:07.16
335	572/720	54/57	689	Lance Margolin	Male	54	Woodbury	NY	325	10:40 min/m	00:33:08.53	338	11:02 min/m	00:34:17.89	10:51 min/m	01:07:26.43
336	574/720	21/25	788	Rick Johnson	Male	55		NY	341	11:11 min/m	00:34:44.95	325	10:32 min/m	00:32:43.93	10:51 min/m	01:07:28.88
337	575/720	39/45	134	Robert Curran	Male	49	Old Bethpage	NY	331	10:49 min/m	00:33:38.11	335	10:54 min/m	00:33:53.77	10:52 min/m	01:07:31.88
338	578/720	7/8	801	Roberto Bastiancic	Male	17	Patchogue	NY	339	11:04 min/m	00:34:25.36	330	10:41 min/m	00:33:12.62	10:53 min/m	01:07:37.99
339	581/720	2/3	152	George Devoe	Male	80	Hauppauge	NY	333	10:57 min/m	00:34:03.36	334	10:51 min/m	00:33:43.57	10:54 min/m	01:07:46.94
340	585/720	7/14	145	Nicholas Debisceglia	Male	10	Plainview	NY	360	12:08 min/m	00:37:44.96	294	9:49 min/m	00:30:31.17	10:59 min/m	01:08:16.13
341	586/720	8/14	14	David Akrish	Male	13	Plainview	NY	324	10:38 min/m	00:33:02.84	344	11:22 min/m	00:35:20.76	11:00 min/m	01:08:23.61
342	591/720	25/25	754	Russell Fink	Male	34	Bellmore	NY	363	12:15 min/m	00:38:04.87	300	9:54 min/m	00:30:48.23	11:05 min/m	01:08:53.11
343	594/720	42/46	745	Gregory Scott	Male	58	Locust Valley	NY	343	11:14 min/m	00:34:55.10	339	11:02 min/m	00:34:19.02	11:08 min/m	01:09:14.13
344	597/720	9/14	796	Evan Melle	Male	13	Old Bethpage	NY	335	10:59 min/m	00:34:09.36	345	11:23 min/m	00:35:23.01	11:11 min/m	01:09:32.38
345	599/720	55/57	143	Richard Dauman	Male	51	Old Bethpage	NY	345	11:19 min/m	00:35:10.12	341	11:04 min/m	00:34:25.56	11:11 min/m	01:09:35.68
346	603/720	14/16	354	John Lindstrom	Male	67	Rockville Centre	NY	340	11:05 min/m	00:34:27.36	347	11:26 min/m	00:35:33.51	11:16 min/m	01:10:00.88
347	605/720	43/44	189	Seth Fass	Male	42	Melville	NY	350	11:27 min/m	00:35:35.52	342	11:07 min/m	00:34:32.63	11:17 min/m	01:10:08.15
348	606/720	40/45	795	Robert Melle	Male	46	Old Bethpage	NY	336	11:00 min/m	00:34:10.73	349	11:37 min/m	00:36:06.14	11:18 min/m	01:10:16.88
349	610/720	15/16	647	James Wegryzn	Male	67	Brightwaters	NY	344	11:14 min/m	00:34:55.62	348	11:29 min/m	00:35:40.76	11:21 min/m	01:10:36.38
350	614/720	10/14	290	Ryan Iovino	Male	13	Plainview	NY	338	11:01 min/m	00:34:16.67	359	11:55 min/m	00:37:01.96	11:28 min/m	01:11:18.63
351	619/720	6/7	138	Jacob Cysner	Male	70	Forest Hills	NY	346	11:21 min/m	00:35:18.86	355	11:46 min/m	00:36:33.77	11:34 min/m	01:11:52.63
352	620/720	22/25	119	John Corbett	Male	47	Lindenhurst	NY	351	11:28 min/m	00:35:38.57	353	11:42 min/m	00:36:22.66	11:35 min/m	01:12:01.23
353	622/720	56/57	356	Thomas Linsalata	Male	52	Seaford	NY	356	11:52 min/m	00:36:53.37	343	11:19 min/m	00:35:12.51	11:36 min/m	01:12:05.88
354	623/720	4/7	445	Carlos Morales	Male	78	Corona	NY	342	11:11 min/m	00:34:45.11	360	12:05 min/m	00:37:33.27	11:38 min/m	01:12:18.38
355	624/720	26/26	776	Mark Davidoff	Male	35	Babylon	NY	362	12:15 min/m	00:38:04.13	340	11:03 min/m	00:34:21.66	11:39 min/m	01:12:25.79
356	626/720	16/18	688	Edward Petry	Male	60	Port Jefferson Sta	NY	352	11:43 min/m	00:36:25.12	350	11:37 min/m	00:36:08.19	11:40 min/m	01:12:33.31
357	628/720	16/16	298	Stanley Kalinoski	Male	69	Commack	NY	354	11:48 min/m	00:36:40.56	352	11:39 min/m	00:36:14.57	11:44 min/m	01:12:55.13
358	630/720	41/45	444	Mike Montovano	Male	48	Glen Cove	NY	358	12:02 min/m	00:37:24.27	346	11:26 min/m	00:35:33.29	11:44 min/m	01:12:57.57
359	634/720	18/19	259	Perry Heidecker	Male	62	New Hyde Park	NY	353	11:45 min/m	00:36:31.12	354	11:46 min/m	00:36:33.64	11:45 min/m	01:13:04.76
360	636/720	5/8	805	Brandon Bruno	Male	20	Shirley	NY	349	11:26 min/m	00:35:33.62	362	12:07 min/m	00:37:41.50	11:47 min/m	01:13:15.13

Aspire 10K Run

April 7, 2013

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
361	637/720	17/18	814	Mark Gallop	Male	62	West Islip	NY	348	11:26 min/m	00:35:33.49	363	12:08 min/m	00:37:42.15	11:47 min/m	01:13:15.64
362	646/720	42/45	282	James Hughes	Male	48	Glendale	NY							11:57 min/m	01:14:18.84
363	647/720	23/25	690	Steven Millon	Male	53	East Meadow	NY	355	11:48 min/m	00:36:41.78	361	12:06 min/m	00:37:37.66	11:57 min/m	01:14:19.45
364	650/720	24/25	624	Ron Vannoy	Male	53	Westbury	NY	365	12:26 min/m	00:38:40.62	357	11:49 min/m	00:36:45.78	12:08 min/m	01:15:26.41
365	652/720	1/1	291	Bert Jablon	Male	86	Syosset	NY	359	12:07 min/m	00:37:39.28	364	12:16 min/m	00:38:07.35	12:11 min/m	01:15:46.64
366	655/720	7/7	726	Myron Medine	Male	70	Flushing	NY	367	12:31 min/m	00:38:54.62	358	11:54 min/m	00:37:00.02	12:12 min/m	01:15:54.64
367	657/720	43/45	160	Brian Dobkin	Male	47	New Hyde Park	NY	357	12:00 min/m	00:37:18.58	366	12:35 min/m	00:39:07.31	12:17 min/m	01:16:25.89
368	658/720	6/8	480	Joseph Patino	Male	23	Seaford	NY	370	12:48 min/m	00:39:46.22	356	11:49 min/m	00:36:43.17	12:18 min/m	01:16:29.39
369	661/720	19/19	304	John Kaufmann	Male	64	Farmingdale	NY	364	12:23 min/m	00:38:31.37	367	12:43 min/m	00:39:31.96	12:33 min/m	01:18:03.34
370	662/720	5/7	297	Joseph Brudge	Male	75	Jericho	NY	374	12:58 min/m	00:40:20.35	365	12:17 min/m	00:38:09.96	12:38 min/m	01:18:30.31
371	663/720	25/25	48	Fred Benlein	Male	48	Farmingdale	NY	361	12:12 min/m	00:37:55.93	371	13:04 min/m	00:40:37.44	12:38 min/m	01:18:33.37
372	665/720	44/45	649	Matthew Werner	Male	47	Medford	NY	373	12:54 min/m	00:40:07.35	368	12:44 min/m	00:39:36.01	12:49 min/m	01:19:43.37
373	666/720	6/7	426	Charles Merlino	Male	76	East Northport	NY	372	12:52 min/m	00:40:01.38	369	12:52 min/m	00:39:59.22	12:52 min/m	01:20:00.61
374	669/720	43/46	756	Bill Sheridan	Male	57	E.northport	NY	371	12:50 min/m	00:39:55.17	373	13:09 min/m	00:40:53.47	13:00 min/m	01:20:48.65
375	671/720	11/14	241	Daniel Gulotta	Male	14	Plainview	NY	375	13:05 min/m	00:40:40.13	372	13:04 min/m	00:40:37.52	13:04 min/m	01:21:17.65
376	673/720	44/46	514	Mitchell Rich	Male	58	Merrick	NY	366	12:31 min/m	00:38:54.21	376	13:43 min/m	00:42:39.13	13:07 min/m	01:21:33.35
377	674/720	44/44	700	John Ferro	Male	40		NY	368	12:40 min/m	00:39:24.38	375	13:41 min/m	00:42:32.51	13:11 min/m	01:21:56.89
378	675/720	12/14	792	Cj Merritt	Male	7	Plainview	NY	377	13:27 min/m	00:41:49.47	370	12:57 min/m	00:40:16.75	13:12 min/m	01:22:06.23
379	678/720	57/57	411	Robert Mcintyre	Male	53	Baldwin	NY	369	12:47 min/m	00:39:44.18	381	14:05 min/m	00:43:46.22	13:26 min/m	01:23:30.40
380	681/720	45/46	511	John Renner	Male	55	Nesconset	NY	376	13:25 min/m	00:41:43.88	374	13:38 min/m	00:42:22.01	13:32 min/m	01:24:05.90
381	683/720	7/7	396	Frank Martin	Male	78	Bay Shore	NY	378	13:32 min/m	00:42:03.82	378	13:53 min/m	00:43:10.04	13:42 min/m	01:25:13.86
382	685/720	46/46	813	Vincent Delcid	Male	56	Bayside	NY	380	13:33 min/m	00:42:07.34	379	13:55 min/m	00:43:15.57	13:44 min/m	01:25:22.91
383	686/720	13/14	713	Anthony Rizzotto	Male	12	Flushing	NY	379	13:33 min/m	00:42:07.14	380	13:55 min/m	00:43:16.02	13:44 min/m	01:25:23.16
384	692/720	3/3	313	Howard Kestenbaum	Male	81	Massapequa Park	NY	381	14:13 min/m	00:44:11.53	382	14:42 min/m	00:45:43.13	14:28 min/m	01:29:54.66
385	695/720	8/8	832	Sean Sanders	Male	19	Wading River	NY	382	14:21 min/m	00:44:37.11	383	14:58 min/m	00:46:31.56	14:40 min/m	01:31:08.67
386	696/720	7/8	822	Sal Larosa	Male	22	Dix Hills	NY	383	15:29 min/m	00:48:07.28	377	13:51 min/m	00:43:03.24	14:40 min/m	01:31:10.53
387	708/720	18/18	812	Steve Cuomo	Male	61	Shirley	NY	384	15:39 min/m	00:48:38.76	384	16:38 min/m	00:51:41.00	16:08 min/m	01:40:19.76
388	713/720	14/14	433	Mitchell Meyer	Male	8	Plainview	NY	386	18:15 min/m	00:56:43.68	385	17:50 min/m	00:55:26.29	18:03 min/m	01:52:09.97
389	717/720	45/45	70	David Brenner	Male	45	Plainview	NY	385	18:14 min/m	00:56:41.85	386	18:31 min/m	00:57:32.60	18:23 min/m	01:54:14.45
390	718/720	8/8	816	Eric Gunderson	Male	21	Medford	NY	387	18:28 min/m	00:57:25.55	387	18:31 min/m	00:57:32.91	18:30 min/m	01:54:58.46