

Aspire 10K Run

April 7, 2013

Overall Division Results

Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	9/720	1/330	518	Jodie Robertson	28	Female	Melville	NY	5:52 min/m	00:36:30.59

Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	1/720	1/390	725	Dan Gargaro	23	Male	Bayshore	NY	5:23 min/m	00:33:28.30

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	31/720	4/330	86	Una Broderick	46	Female	Wantagh	NY	6:34 min/m	00:40:52.52

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	4/720	4/390	95	Boyd Carrington	40	Male	Amityville	NY	5:31 min/m	00:34:18.56

Female Below The Knee Amputee

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	444/720	162/330	482	Lori Penisis	46	Female	Fresh Meadows	NY	9:37 min/m	00:59:47.68
2	618/720	268/330	749	Jolie Sutter	40	Female	New York	NY	11:33 min/m	01:11:47.38
3	643/720	282/330	280	Cate Hughes	11	Female	Glendale	NY	11:56 min/m	01:14:13.35

Male Below The Knee Amputee

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	506/720	312/390	331	Michael Laforgia	47	Male	Smithtown	NY	10:07 min/m	01:02:52.61
2	554/720	328/390	716	Robert Denson	65	Male	Far Rockaway	NY	10:36 min/m	01:05:52.82

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Overall Division Results

Female Clydesdale 1

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	165/720	37/330	149	Ciara Dempsey	37	Female	New Hyde Park	NY	7:48 min/m	00:48:33.25
2	286/720	78/330	562	Leah Serlin	41	Female	Dix Hills	NY	8:35 min/m	00:53:22.34
3	296/720	84/330	731	Susan Schmuck	46	Female	Westbury	NY	8:42 min/m	00:54:05.99
4	301/720	88/330	317	Dawn Konopka	33	Female	Ridge	NY	8:44 min/m	00:54:20.98
5	325/720	98/330	620	Elizabeth Ulatowski	31	Female	East Northport	NY	8:54 min/m	00:55:20.91
6	364/720	120/330	61	Danielle Borgo	43	Female	North Babylon	NY	9:09 min/m	00:56:55.85
7	370/720	124/330	205	Sue Fitzpatrick	52	Female	Dix Hills	NY	9:10 min/m	00:57:03.62
8	412/720	146/330	65	Kristen Bradley	36	Female	Oyster Bay	NY	9:25 min/m	00:58:34.78
9	440/720	160/330	546	Alexabdra Schauble	27	Female	Selden	NY	9:35 min/m	00:59:37.54
10	449/720	165/330	421	Elizabeth Memoli	23	Female	Mleville	NY	9:40 min/m	01:00:04.53
11	483/720	186/330	375	Paula Macculloch	52	Female	Bethpage	NY	9:56 min/m	01:01:46.68
12	499/720	192/330	401	Melanie Mazurek	27	Female	Hauppauge	NY	10:02 min/m	01:02:21.99
13	552/720	225/330	130	Emily Cunha	35	Female	Mineola	NY	10:35 min/m	01:05:50.80
14	553/720	226/330	646	Virginia Watral	52	Female	Hauppauge	NY	10:36 min/m	01:05:52.12
15	584/720	245/330	409	Kim McGreevey	43	Female	Nesconset	NY	10:58 min/m	01:08:11.30
16	601/720	256/330	584	Ruth Sottile	49	Female	Holbrook	NY	11:15 min/m	01:09:55.61
17	608/720	260/330	156	Andrea Digiulio	26	Female	Centereach	NY	11:20 min/m	01:10:30.38
18	621/720	269/330	120	Mary Kate Corbett	49	Female	Lindenhurst	NY	11:35 min/m	01:12:01.44
19	680/720	301/330	414	Erin Mcnamara	43	Female	Middle Island	NY	13:27 min/m	01:23:35.66
20	684/720	303/330	501	Lauren Quinn	20	Female	Syosset	NY	13:43 min/m	01:25:19.33

Male Clydesdale 1

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	50/720	42/390	696	Erich Veitch	49	Male	Huntington	NY	6:45 min/m	00:42:02.76
2	53/720	45/390	113	Kenneth Colantuoni	42	Male	Plainview	NY	6:46 min/m	00:42:07.82
3	64/720	56/390	109	John Clifford	51	Male	Seaford	NY	6:55 min/m	00:43:02.18
4	90/720	78/390	769	Raymond Gogarty	35	Male	Deer Park	NY	7:12 min/m	00:44:49.17
5	92/720	79/390	521	David Rockitter	50	Male	Wantagh	NY	7:13 min/m	00:44:52.24
6	100/720	85/390	98	James Castaldo	43	Male	Merrick	NY	7:17 min/m	00:45:16.81
7	162/720	126/390	25	Michael Ash	44	Male	Plainview	NY	7:46 min/m	00:48:20.62
8	200/720	151/390	420	Rigoberto Melara	56	Male	Glen Head	NY	8:00 min/m	00:49:48.45
9	246/720	182/390	163	George Drakatos	33	Male	Bethpage	NY	8:17 min/m	00:51:32.55
10	247/720	183/390	136	Charles Cusenza	56	Male	Syosset	NY	8:17 min/m	00:51:33.96
11	255/720	190/390	472	Richard O'neill	46	Male	Center Moriches	NY	8:22 min/m	00:52:03.59
12	279/720	205/390	88	Stephen Capitelli	46	Male	Glen Head	NY	8:33 min/m	00:53:08.35
13	316/720	224/390	670	Larry Amoroso	49	Male	Huntington	NY	8:50 min/m	00:54:59.55
14	352/720	239/390	151	James Descalso	52	Male	Farmingville	NY	9:05 min/m	00:56:28.85
15	387/720	252/390	226	Jed Golden	57	Male	Floral Park	NY	9:16 min/m	00:57:37.34
16	429/720	275/390	568	Russ Siedlewicz	54	Male	Merrick	NY	9:33 min/m	00:59:22.11
17	515/720	315/390	577	George Skennion	52	Male	Seaford	NY	10:09 min/m	01:03:09.79
18	634/720	359/390	259	Perry Heidecker	62	Male	New Hyde Park	NY	11:45 min/m	01:13:04.76
19	661/720	369/390	304	John Kaufmann	64	Male	Farmingdale	NY	12:33 min/m	01:18:03.34

Aspire 10K Run

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Overall Division Results

Female Clydesdale 2

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	310/720	91/330	84	Krista Calvanese	31	Female	Hauppauge	NY	8:49 min/m	00:54:47.39
2	422/720	151/330	172	Lydia Durdaller	28	Female	Bethpage	NY	9:29 min/m	00:58:57.35
3	527/720	207/330	463	Lonnie Neumar	44	Female	East Rockaway	NY	10:18 min/m	01:04:02.90
4	528/720	208/330	82	Diane Buscaglia	58	Female	Sound Beach	NY	10:18 min/m	01:04:03.86
5	529/720	209/330	442	Lynda Montgomery	42	Female	Bellport	NY	10:20 min/m	01:04:13.12
6	559/720	230/330	481	Kathleen Peluso	45	Female	Freeport	NY	10:41 min/m	01:06:25.72
7	565/720	235/330	596	Karima Suarez	32	Female	Bay Shore	NY	10:44 min/m	01:06:45.86
8	612/720	263/330	339	Eloisa Leal	19	Female	Brentwood	NY	11:25 min/m	01:11:00.13
9	625/720	270/330	83	Patricia Bush	58	Female	East Islip	NY	11:39 min/m	01:12:28.44
10	640/720	279/330	468	Veronica Odierno	34	Female	Ridge	NY	11:53 min/m	01:13:51.63
11	677/720	299/330	277	Dolores Hopkins	30	Female	Middle Village	NY	13:22 min/m	01:23:07.26

Male Clydesdale 2

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	97/720	82/390	661	Ryan Wosleger	27	Male	Rockville Centre	NY	7:15 min/m	00:45:08.83
2	103/720	86/390	394	Chris Martin	27	Male	Sayville	NY	7:17 min/m	00:45:18.83
3	153/720	119/390	209	Gary Freitag	48	Male	Ronkonkoma	NY	7:44 min/m	00:48:04.82
4	163/720	127/390	491	Robert Pickus	43	Male	Plainview	NY	7:47 min/m	00:48:25.58
5	180/720	138/390	704	Lou Oppenheimer	45	Male	Hewlett	NY	7:55 min/m	00:49:17.34
6	238/720	175/390	530	Steve Rossi	32	Male	Smithtown	NY	8:16 min/m	00:51:23.43
7	252/720	187/390	171	John Dunworth	52	Male	Miller Place	NY	8:20 min/m	00:51:51.92
8	253/720	188/390	664	Gregory Yencharis	29	Male	Massapequa	NY	8:22 min/m	00:52:00.98
9	266/720	198/390	62	Tom Boucher	44	Male	Wading River	NY	8:26 min/m	00:52:28.14
10	289/720	209/390	775	George Lira	63	Male	Southampton	NY	8:38 min/m	00:53:41.13
11	319/720	225/390	679	John Stauber	52	Male		NY	8:52 min/m	00:55:06.52
12	321/720	226/390	17	Brian Albert	47	Male	Massapequa	NY	8:52 min/m	00:55:07.27
13	398/720	257/390	360	William Lofmark	54	Male	Lake Ronkonkorr	NY	9:21 min/m	00:58:10.41
14	401/720	260/390	509	Dan Regini	29	Male	Port Jefferson St	NY	9:22 min/m	00:58:15.79
15	413/720	267/390	64	Dan Bradley	44	Male	Oyster Bay	NY	9:25 min/m	00:58:35.10
16	419/720	270/390	278	Gerard Hopkins	31	Male	Middle Village	NY	9:28 min/m	00:58:50.86
17	437/720	279/390	557	Rick Secor	51	Male	Ronkonkoma	NY	9:35 min/m	00:59:34.61
18	453/720	286/390	336	Gregory Lanning	43	Male	Bayshore	NY	9:41 min/m	01:00:12.86
19	486/720	300/390	496	Scott Poole	50	Male	Massapequa Par	NY	9:56 min/m	01:01:47.68
20	539/720	322/390	307	Wayne Keebler	65	Male	Massapequa	NY	10:25 min/m	01:04:49.87
21	574/720	336/390	788	Rick Johnson	55	Male		NY	10:51 min/m	01:07:28.88
22	620/720	352/390	119	John Corbett	47	Male	Lindenhurst	NY	11:35 min/m	01:12:01.23
23	647/720	363/390	690	Steven Millon	53	Male	East Meadow	NY	11:57 min/m	01:14:19.45
24	650/720	364/390	624	Ron Vannoy	53	Male	Westbury	NY	12:08 min/m	01:15:26.41
25	663/720	371/390	48	Fred Benlein	48	Male	Farmingdale	NY	12:38 min/m	01:18:33.37

Aspire 10K Run

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Overall Division Results

Female Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	140/720	28/330	826	Gabrielle Mott	12	Female	Ronkonkoma	NY	7:36 min/m	00:47:17.27
2	357/720	115/330	641	Celia Walden	12	Female	Centerport	NY	9:06 min/m	00:56:37.62
3	396/720	141/330	133	Erin Curran	14	Female	Old Bethpage	NY	9:21 min/m	00:58:06.55
4	596/720	253/330	802	Madeline Bastiancic	14	Female	Patchogue	NY	11:11 min/m	01:09:31.85
5	642/720	281/330	758	Kelsey Maldonado	13	Female	Oyster Bay	NY	11:55 min/m	01:14:04.39
6	670/720	296/330	23	Julie Aronsky	10	Female	Bellmore	NY	13:00 min/m	01:20:52.80
7	672/720	297/330	144	Carli Debisceglia	13	Female	Plainview	NY	13:06 min/m	01:21:26.65
8	697/720	311/330	803	Belle Bastiancic	12	Female	Patchogue	NY	14:40 min/m	01:31:10.67
9	701/720	315/330	71	Lindsay Brenner	11	Female	Plainview	NY	15:15 min/m	01:34:50.10
10	709/720	322/330	484	Alexa Perskin	13	Female	Plainview	NY	17:10 min/m	01:46:43.86
11	710/720	323/330	751	Morgan Moritz	13	Female	Plainview	NY	17:10 min/m	01:46:43.86
12	714/720	326/330	431	Alison Meyer	11	Female	Plainview	NY	18:21 min/m	01:54:01.97
13	715/720	327/330	69	Danielle Brenner	8	Female	Plainview	NY	18:21 min/m	01:54:03.46
14	716/720	328/330	457	Adi Nahon	11	Female	Plainview	NY	18:21 min/m	01:54:07.12

Male Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	326/720	228/390	583	Yuval Solomon	13	Male	Plainview	NY	8:54 min/m	00:55:22.10
2	354/720	240/390	435	Zachary Meyer	12	Male	Plainview	NY	9:05 min/m	00:56:31.53
3	476/720	296/390	694	Anthony Bossone	11	Male	Calverton	NY	9:55 min/m	01:01:37.36
4	494/720	305/390	541	Michael Sanborn	12	Male	Plainview	NY	10:01 min/m	01:02:15.93
5	495/720	306/390	29	John Azzaro	12	Male	Plainview	NY	10:01 min/m	01:02:16.12
6	548/720	326/390	234	Jonathan Greenspan	13	Male	Plainview	NY	10:32 min/m	01:05:31.71
7	585/720	340/390	145	Nicholas Debisceglia	10	Male	Plainview	NY	10:59 min/m	01:08:16.13
8	586/720	341/390	14	David Akrish	13	Male	Plainview	NY	11:00 min/m	01:08:23.61
9	597/720	344/390	796	Evan Melle	13	Male	Old Bethpage	NY	11:11 min/m	01:09:32.38
10	614/720	350/390	290	Ryan Iovino	13	Male	Plainview	NY	11:28 min/m	01:11:18.63
11	671/720	375/390	241	Daniel Gulotta	14	Male	Plainview	NY	13:04 min/m	01:21:17.65
12	675/720	378/390	792	Cj Merritt	7	Male	Plainview	NY	13:12 min/m	01:22:06.23
13	686/720	383/390	713	Anthony Rizzotto	12	Male	Flushing	NY	13:44 min/m	01:25:23.16
14	713/720	388/390	433	Mitchell Meyer	8	Male	Plainview	NY	18:03 min/m	01:52:09.97

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	277/720	74/330	785	Megan Mccarthy	18	Female	Levittown	NY	8:31 min/m	00:52:58.84
2	393/720	139/330	570	Alexa Silva	16	Female	Smithtown	NY	9:18 min/m	00:57:51.11
3	457/720	170/330	794	Dana Digiovanni	17	Female	Roosevelt	NY	9:44 min/m	01:00:34.58
4	706/720	320/330	830	Tara Sanders	19	Female	Wading River	NY	16:08 min/m	01:40:16.12

Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	10/720	9/390	659	Travis Wooten	17	Male	Riverhead	NY	5:54 min/m	00:36:44.24
2	141/720	113/390	831	Kevin Sanders	19	Male	Wading River	NY	7:36 min/m	00:47:18.38
3	169/720	131/390	809	Joseph Choinski	18	Male	E. Northport	NY	7:50 min/m	00:48:41.76
4	245/720	181/390	590	Andrew Stefanik	16	Male	Garden City	NY	8:17 min/m	00:51:32.13
5	367/720	245/390	578	Nicholas Small	18	Male	Ronkonkoma	NY	9:10 min/m	00:56:58.33
6	492/720	304/390	833	Hunter Sola	19	Male	S. Setauket	NY	10:00 min/m	01:02:08.85
7	578/720	338/390	801	Roberto Bastiancic	17	Male	Patchogue	NY	10:53 min/m	01:07:37.99
8	695/720	385/390	832	Sean Sanders	19	Male	Wading River	NY	14:40 min/m	01:31:08.67

Aspire 10K Run

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Overall Division Results

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	66/720	9/330	390	Tara Mannino	24	Female	Massapequa	NY	6:57 min/m	00:43:11.93
2	77/720	11/330	36	Alexandra Barrett	23	Female	Levittown	NY	7:04 min/m	00:44:00.32
3	240/720	64/330	506	Kristen Randone	24	Female	S. Huntington	NY	8:16 min/m	00:51:26.88
4	276/720	73/330	735	Gabrielle Andersen	23	Female	Babylon	NY	8:31 min/m	00:52:58.52
5	344/720	109/330	750	Mirian Romero	23	Female	Oyster Bay	NY	9:01 min/m	00:56:06.13
6	358/720	116/330	512	Madalena Resca	23	Female	Bellmore	NY	9:07 min/m	00:56:42.85
7	362/720	119/330	768	Mary Kurth	24	Female		NY	9:09 min/m	00:56:55.27
8	366/720	122/330	699	Jessica Saar	22	Female	Shirley	NY	9:10 min/m	00:56:57.85
9	378/720	129/330	123	Danielle Cox	21	Female	Massapequa	NY	9:14 min/m	00:57:25.10
10	469/720	178/330	221	Laura Giacopelli	23	Female	Bellmore	NY	9:51 min/m	01:01:16.86
11	521/720	203/330	393	Faith Marquesano	21	Female	Wantagh	NY	10:16 min/m	01:03:51.24

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	12/720	11/390	718	Tom Savarese	24	Male	Dix Hills	NY	5:55 min/m	00:36:48.30
2	372/720	247/390	807	Jonathan Brunot	24	Male	West Hempsteac	NY	9:11 min/m	00:57:09.60
3	433/720	278/390	820	David Kirsch	21	Male	Setauket	NY	9:33 min/m	00:59:25.57
4	448/720	284/390	342	Austin Lee	23	Male	Woodbury	NY	9:40 min/m	01:00:04.53
5	636/720	360/390	805	Brandon Bruno	20	Male	Shirley	NY	11:47 min/m	01:13:15.13
6	658/720	368/390	480	Joseph Patino	23	Male	Seaford	NY	12:18 min/m	01:16:29.39
7	696/720	386/390	822	Sal Larosa	22	Male	Dix Hills	NY	14:40 min/m	01:31:10.53
8	718/720	390/390	816	Eric Gunderson	21	Male	Medford	NY	18:30 min/m	01:54:58.46

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	91/720	13/330	621	Nicole Unger	25	Female	Great Neck	NY	7:12 min/m	00:44:50.40
2	148/720	32/330	59	Lisa Bonanni	26	Female	Selden	NY	7:41 min/m	00:47:49.33
3	174/720	41/330	400	Alyssa Mazurek	26	Female	Hauppauge	NY	7:52 min/m	00:48:55.21
4	222/720	55/330	730	Samantha Cavallo	27	Female	Northport	NY	8:08 min/m	00:50:37.84
5	258/720	66/330	648	Sarah Welch	28	Female	Greenvale	NY	8:23 min/m	00:52:06.45
6	280/720	75/330	783	Caitlin Scurachio	25	Female	North Woodmere	NY	8:33 min/m	00:53:13.50
7	281/720	76/330	35	Marisa Barracca	28	Female	Maspeth	NY	8:34 min/m	00:53:15.73
8	336/720	105/330	663	Shannon Wright	29	Female	East Meadow	NY	8:57 min/m	00:55:39.10
9	351/720	113/330	645	Amanda Watral	28	Female	Amityville	NY	9:04 min/m	00:56:23.59
10	353/720	114/330	371	Susan Lyman	29	Female	Massapequa	NY	9:05 min/m	00:56:29.90
11	423/720	152/330	224	Jennier Gladitsch	26	Female	Bethpage	NY	9:29 min/m	00:58:57.35
12	438/720	159/330	91	Catherine Carbonaro	28	Female	Massapequa	NY	9:35 min/m	00:59:34.89
13	466/720	176/330	791	Patricia Hernandez	27	Female		NY	9:51 min/m	01:01:13.97
14	530/720	210/330	495	Amanda Ponnwitz	28	Female	Lake Grove	NY	10:21 min/m	01:04:24.86
15	546/720	222/330	797	Yuvitza Leal	28	Female	New York	NY	10:30 min/m	01:05:20.76
16	582/720	243/330	262	Jessica Henner	27	Female	Plainview	NY	10:55 min/m	01:07:53.37
17	589/720	248/330	187	Ann Fangmann	28	Female	Rockville Centre	NY	11:01 min/m	01:08:33.60
18	615/720	265/330	183	Pilar Espitia	25	Female	Port Jefferson	NY	11:28 min/m	01:11:19.38
19	632/720	274/330	198	Pam Field	28	Female	Massapequa	NY	11:44 min/m	01:12:59.89
20	633/720	275/330	223	Stefanie Giosa	26	Female	Malverne	NY	11:44 min/m	01:13:00.30
21	667/720	294/330	19	Wahida Ali	28	Female	Northport	NY	12:54 min/m	01:20:12.15
22	690/720	307/330	609	Amy Tiller	29	Female	Fairfax	VA	14:14 min/m	01:28:28.41
23	698/720	312/330	837	Ruth Wexler	26	Female	E. Northport	NY	14:40 min/m	01:31:11.35

Aspire 10K Run

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Overall Division Results

Male Ages 25 - 29

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	2/720	2/390	728	Sean Mahon	27	Male	Merrick	NY	5:24 min/m	00:33:38.72
2	3/720	3/390	382	Chris Mammone	29	Male	Massapequa	NY	5:29 min/m	00:34:09.40
3	14/720	13/390	719	Matthew Wontz	29	Male	Massapequa	NY	6:01 min/m	00:37:25.91
4	30/720	27/390	476	Kevin O'toole	28	Male	Bohemia	NY	6:33 min/m	00:40:42.17
5	37/720	32/390	53	Gary Blitenthal	27	Male	Farmingdale	NY	6:37 min/m	00:41:08.55
6	39/720	34/390	168	Brendan Droge	29	Male	North Merrick	NY	6:37 min/m	00:41:12.62
7	46/720	39/390	231	Brian Gosioco	26	Male	Bayside	NY	6:42 min/m	00:41:39.20
8	61/720	53/390	627	Nicholas Vasiliades	25	Male	Mount Sinai	NY	6:54 min/m	00:42:56.51
9	86/720	75/390	743	Ryan Sullivan	28	Male	Long Beach	NY	7:10 min/m	00:44:32.53
10	156/720	121/390	789	Jordan Scheiman	27	Male	New York	NY	7:45 min/m	00:48:10.90
11	203/720	153/390	34	Jonathan Barracca	28	Male	Maspeth	NY	8:02 min/m	00:49:56.76
12	204/720	154/390	597	Eric Szelenyi	29	Male	Huntington	NY	8:02 min/m	00:49:58.59
13	323/720	227/390	370	Daniel Lyman	29	Male	Massapequa	NY	8:53 min/m	00:55:16.39
14	403/720	261/390	765	Adolfo Zepdea	27	Male	Syosset	NY	9:22 min/m	00:58:17.51
15	439/720	280/390	27	Josh Astin	29	Male	Long Beach	NY	9:35 min/m	00:59:35.29
16	472/720	293/390	99	Devin Caswell	28	Male	Northport	NY	9:53 min/m	01:01:27.16
17	538/720	321/390	216	Joseph Gallegos	26	Male	New Hyde Park	NY	10:25 min/m	01:04:45.22

Aspire 10K Run

April 7, 2013

Overall Division Results

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	26/720	3/330	8	Shari Klarfeld	32	Female	Plainview	NY	6:24 min/m	00:39:49.20
2	41/720	6/330	486	Jessica Petermann	33	Female	Amityville	NY	6:38 min/m	00:41:16.47
3	45/720	7/330	147	Cristin Delaney-Guille	31	Female	Long Beach	NY	6:41 min/m	00:41:35.94
4	89/720	12/330	415	Nicole Mcnamara	33	Female	Smithtown	NY	7:12 min/m	00:44:46.33
5	106/720	18/330	771	Jaclyn Fahey	30	Female	Freeport	NY	7:20 min/m	00:45:39.33
6	123/720	23/330	206	Kerry Fogarazzo	31	Female	Wantagh	NY	7:28 min/m	00:46:24.43
7	166/720	38/330	475	Kira O'sullivan	34	Female	New York	NY	7:49 min/m	00:48:36.62
8	171/720	40/330	275	Michelle Homan	32	Female	Medford	NY	7:51 min/m	00:48:47.58
9	178/720	42/330	786	Renee Zeoli	31	Female	Smithtown	NY	7:55 min/m	00:49:11.69
10	263/720	68/330	305	Deena Kay	33	Female	Massapequa	NY	8:24 min/m	00:52:17.21
11	292/720	81/330	529	Lisa Rossell-Warner	31	Female	Smithtown	NY	8:40 min/m	00:53:53.84
12	297/720	85/330	220	Giselle Gerardi	30	Female	Commack	NY	8:42 min/m	00:54:06.54
13	311/720	92/330	273	Samantha Holze	30	Female	Massapequa	NY	8:49 min/m	00:54:47.39
14	345/720	110/330	184	Janine Esposito	33	Female	North Massapequ	NY	9:02 min/m	00:56:08.78
15	377/720	128/330	634	Cathy Vitale	33	Female	Ronkonkoma	NY	9:13 min/m	00:57:17.10
16	389/720	136/330	774	Noreen Mc Carthy	32	Female	Floral Park	NY	9:16 min/m	00:57:39.96
17	394/720	140/330	598	Janice Tabone	32	Female	Kings Park	NY	9:19 min/m	00:57:55.11
18	431/720	155/330	611	Amanda Tomel	32	Female	Commack	NY	9:33 min/m	00:59:24.75
19	445/720	163/330	488	Jillian Petrone	32	Female	Commack	NY	9:38 min/m	00:59:56.23
20	454/720	168/330	599	Cara Talento	30	Female	Oyster Bay	NY	9:41 min/m	01:00:13.48
21	459/720	171/330	215	Desiree Fusco	33	Female	Rocky Point	NY	9:48 min/m	01:00:59.36
22	473/720	180/330	638	Catherine Waddell	30	Female	Northport	NY	9:53 min/m	01:01:27.37
23	519/720	202/330	349	Jeannine Lewis	33	Female	Levittown	NY	10:15 min/m	01:03:44.51
24	531/720	211/330	610	Kristen Timlin	33	Female	Ronkonkoma	NY	10:22 min/m	01:04:26.59
25	537/720	217/330	417	Danielle Mebert	30	Female	Farmngdale	NY	10:24 min/m	01:04:41.87
26	556/720	227/330	586	Stacy Spector	34	Female	Dix Hills	NY	10:39 min/m	01:06:12.96
27	568/720	236/330	537	Lina Sabino	33	Female	Kings Park	NY	10:46 min/m	01:06:58.41
28	571/720	237/330	780	Emma Saunders	33	Female	Nesconset	NY	10:50 min/m	01:07:23.18
29	579/720	241/330	487	Nina Petraro	30	Female	Valley Stream	NY	10:53 min/m	01:07:38.62
30	592/720	250/330	271	Amy Hinderliter	33	Female	Patchogue	NY	11:06 min/m	01:08:58.57
31	604/720	258/330	617	Mary Kate Tusinski	31	Female	East Setauket	NY	11:16 min/m	01:10:04.13
32	609/720	261/330	452	Jenise Muller	33	Female	Wantagh	NY	11:20 min/m	01:10:31.52
33	611/720	262/330	373	Gina Lyons	33	Female	Bethpage	NY	11:24 min/m	01:10:52.38
34	638/720	277/330	741	Natalia Panullo	34	Female	Port Washington	NY	11:52 min/m	01:13:49.42
35	651/720	287/330	479	Allison Passero	32	Female	Manhasset	NY	12:09 min/m	01:15:35.81

Aspire 10K Run

April 7, 2013

Overall Division Results

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	27/720	24/390	246	Trent Hampton	34	Male	West Babylon	NY	6:29 min/m	00:40:21.26
2	28/720	25/390	89	Vincent Cappadora	33	Male	Deer Park	NY	6:31 min/m	00:40:31.21
3	43/720	37/390	811	Steven V. Cuomo	30	Male	Shirley	NY	6:40 min/m	00:41:27.82
4	59/720	51/390	295	Doug Jones	34	Male	Selden	NY	6:54 min/m	00:42:53.57
5	79/720	68/390	738	Dan Perlmutter	34	Male	Centereach	NY	7:06 min/m	00:44:08.57
6	83/720	72/390	828	Robbie Rex Jr.	31	Male	Islip Terrace	NY	7:07 min/m	00:44:17.79
7	116/720	95/390	504	Anthony Randolfi	31	Male	Valley Stream	NY	7:26 min/m	00:46:11.84
8	118/720	97/390	261	Daniel Henn	32	Male	Oyster Bay	NY	7:26 min/m	00:46:15.90
9	138/720	111/390	448	Joseph Morris	32	Male	Franklin Square	NY	7:36 min/m	00:47:14.17
10	154/720	120/390	447	Brian Morreale	32	Male	Alexandra	VA	7:44 min/m	00:48:08.47
11	159/720	124/390	93	Joseph Carranza	32	Male	Williston Park	NY	7:46 min/m	00:48:17.33
12	164/720	128/390	697	Michael Allen	34	Male	Selden	NY	7:48 min/m	00:48:30.18
13	168/720	130/390	633	Ben Vitale	33	Male	Ronkonkoma	NY	7:49 min/m	00:48:40.34
14	190/720	145/390	581	Jon Soldo	31	Male	Huntington Statio	NY	7:58 min/m	00:49:34.84
15	229/720	171/390	674	Guy Klarfeld	32	Male	Plainview	NY	8:10 min/m	00:50:50.80
16	248/720	184/390	16	John Alaimo	30	Male	Mineola	NY	8:18 min/m	00:51:38.59
17	273/720	202/390	707	Michael Franchi	30	Male	Lake Ronkonkorr	NY	8:31 min/m	00:52:55.93
18	282/720	206/390	181	Paul Ercolano	30	Male	Farmingdale	NY	8:34 min/m	00:53:16.55
19	339/720	233/390	57	Ian Bogaty	34	Male	Plainview	NY	9:00 min/m	00:55:57.60
20	460/720	289/390	108	Gerard Clark	31	Male	North Massapequ	NY	9:49 min/m	01:01:02.40
21	489/720	303/390	166	David Drebsky	32	Male	Plainview	NY	9:58 min/m	01:01:58.88
22	505/720	311/390	630	Pedro Villeda	32	Male	Roosevelt	NY	10:06 min/m	01:02:48.80
23	520/720	318/390	399	Michael Maslar	34	Male	Levittown	NY	10:15 min/m	01:03:45.62
24	567/720	332/390	525	Matt Romano	31	Male	Kings Park	NY	10:46 min/m	01:06:55.81
25	591/720	342/390	754	Russell Fink	34	Male	Bellmore	NY	11:05 min/m	01:08:53.11

Aspire 10K Run

April 7, 2013

Overall Division Results

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	20/720	2/330	654	Tara Wilson	36	Female	West Islip	NY	6:18 min/m	00:39:13.27
2	101/720	16/330	419	Karen Melara	35	Female	Port Washington	NY	7:17 min/m	00:45:17.41
3	102/720	17/330	513	Jennifer Reth	36	Female	Kings Park	NY	7:17 min/m	00:45:18.78
4	193/720	46/330	403	Bridget Mccann	39	Female	Long Beach	NY	7:59 min/m	00:49:41.34
5	213/720	52/330	528	April Rosequist	39	Female	Port Jefferson St:	NY	8:04 min/m	00:50:12.23
6	274/720	72/330	639	Jennifer Wagner	39	Female	Island Park	NY	8:31 min/m	00:52:57.36
7	283/720	77/330	260	Diana Heidenreich	39	Female	Hauppauge	NY	8:34 min/m	00:53:16.75
8	295/720	83/330	116	Kate Conlon	37	Female	Bohemia	NY	8:42 min/m	00:54:04.49
9	328/720	99/330	54	Lucie Bloom	36	Female	Merrick	NY	8:55 min/m	00:55:25.77
10	349/720	111/330	757	Dina Villanueva	39	Female	Oyster Bay	NY	9:03 min/m	00:56:17.31
11	371/720	125/330	387	Lynda Maniscalco	36	Female	Patchogue	NY	9:11 min/m	00:57:08.60
12	380/720	131/330	372	Pamela Lynch	39	Female	Smithtown	NY	9:15 min/m	00:57:30.21
13	390/720	137/330	112	Melissa Cohen	35	Female	Plainview	NY	9:16 min/m	00:57:41.17
14	404/720	143/330	425	Michele Mercier	37	Female	Oyster Bay	NY	9:23 min/m	00:58:20.76
15	410/720	145/330	748	Donna Prox	38	Female	Oakdale	NY	9:25 min/m	00:58:31.53
16	420/720	150/330	686	Stacy Ackerman	36	Female	Plainview	NY	9:28 min/m	00:58:53.69
17	424/720	153/330	363	Nicole Lorenzana	36	Female	Farmingdale	NY	9:30 min/m	00:59:06.74
18	426/720	154/330	676	Denise Maudolese	37	Female	Bethpage	NY	9:31 min/m	00:59:10.93
19	447/720	164/330	575	Melanie Sirof	39	Female	Merrick	NY	9:39 min/m	00:59:59.70
20	465/720	175/330	18	Brooke Alfino	38	Female	N Massapequa	NY	9:50 min/m	01:01:11.89
21	479/720	182/330	777	Cristina Canle	35	Female	Lynbrook	NY	9:55 min/m	01:01:42.84
22	482/720	185/330	212	Karen Friedman	36	Female	Plainview	NY	9:56 min/m	01:01:45.61
23	500/720	193/330	573	Danielle Simone	35	Female	Levittown	NY	10:02 min/m	01:02:23.10
24	514/720	200/330	767	Rosibell Garcia	36	Female	Oyster Bay	NY	10:09 min/m	01:03:08.97
25	535/720	215/330	474	Erin Oshan	35	Female	Melville	NY	10:24 min/m	01:04:39.96
26	540/720	218/330	148	Alicia Delano	38	Female	Medford	NY	10:25 min/m	01:04:49.93
27	573/720	238/330	747	Jessica Martin	38	Female		NY	10:51 min/m	01:07:28.62
28	576/720	239/330	782	Leanne Steinwall	36	Female	Plainview	NY	10:52 min/m	01:07:32.62
29	593/720	251/330	715	Erin Grieco	35	Female	Setauket	NY	11:08 min/m	01:09:12.75
30	639/720	278/330	742	Joy Jaworski	36	Female	Glen Head	NY	11:52 min/m	01:13:49.63
31	654/720	289/330	666	Kristina Young	37	Female	Bronx	NY	12:12 min/m	01:15:49.14
32	659/720	291/330	784	Teresa Salvata	37	Female	Oyster Bay	NY	12:22 min/m	01:16:53.35
33	688/720	305/330	232	Sujini Govindarajan	36	Female	Wantagh	NY	13:51 min/m	01:26:09.47

Aspire 10K Run

April 7, 2013

Overall Division Results

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	5/720	5/390	603	Travis Tate	36	Male	East Northport	NY	5:42 min/m	00:35:26.58
2	11/720	10/390	600	Michael Talles	36	Male	Lindenhurst	NY	5:54 min/m	00:36:45.65
3	18/720	17/390	612	Steven Toto	39	Male	Commack	NY	6:13 min/m	00:38:39.92
4	19/720	18/390	534	Blair Ruhling	35	Male	Plainview	NY	6:16 min/m	00:38:57.46
5	23/720	21/390	135	Ronald Curry	39	Male	Huntington Statio	NY	6:21 min/m	00:39:30.95
6	29/720	26/390	24	Vladimir Aronsky	37	Male	Bellmore	NY	6:31 min/m	00:40:31.31
7	42/720	36/390	153	Richard Diamond	37	Male	Plainview	NY	6:38 min/m	00:41:17.68
8	73/720	63/390	473	Adam Orlow	39	Male	Jamaica Estates	NY	7:01 min/m	00:43:36.42
9	105/720	88/390	42	Benjamin Beavers	39	Male	Amityville	NY	7:19 min/m	00:45:30.30
10	137/720	110/390	219	Patrick Gavigan	38	Male	Merrick	NY	7:35 min/m	00:47:13.40
11	145/720	115/390	691	Dannick Boulin	37	Male	Mineola	NY	7:40 min/m	00:47:42.65
12	175/720	134/390	493	Mark Plutzer	38	Male	Old Bethpage	NY	7:52 min/m	00:48:57.24
13	176/720	135/390	685	Brad Eisenstein	39	Male	Plainview	NY	7:53 min/m	00:48:59.84
14	209/720	159/390	554	Andrew Schwartz	37	Male	Port Washington	NY	8:03 min/m	00:50:06.55
15	217/720	164/390	652	Brad Widolok	39	Male	Sands Point	NY	8:06 min/m	00:50:22.90
16	256/720	191/390	551	Gregg Schlossman	38	Male	Plainview	NY	8:22 min/m	00:52:04.83
17	265/720	197/390	338	Alberto Leal	38	Male	Brentwood	NY	8:26 min/m	00:52:27.18
18	269/720	200/390	451	Benjamin Moss	35	Male	Plainvew	NY	8:28 min/m	00:52:38.56
19	293/720	212/390	623	Paul Vanguilder	36	Male	Bay Shore	NY	8:41 min/m	00:53:58.97
20	327/720	229/390	684	Mike Whitman	36	Male	Hicksville	NY	8:54 min/m	00:55:23.76
21	405/720	262/390	424	Kevin Mercier	37	Male	Oyster Bay	NY	9:23 min/m	00:58:20.85
22	432/720	277/390	827	Joshua Parez	39	Male	Ronkonkoma	NY	9:33 min/m	00:59:25.17
23	478/720	297/390	94	Rick Carranza	37	Male	Williston Park	NY	9:55 min/m	01:01:42.84
24	512/720	313/390	708	Keith Lefkof	37	Male	Jamaica	NY	10:08 min/m	01:03:04.30
25	524/720	320/390	503	Alberto Ramirez	37	Male	Brentwood	NY	10:16 min/m	01:03:53.37
26	624/720	355/390	776	Mark Davidoff	35	Male	Babylon	NY	11:39 min/m	01:12:25.79

Aspire 10K Run

April 7, 2013

Overall Division Results

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	121/720	22/330	675	Kathy Dormer	43	Female	Williston Park	NY	7:27 min/m	00:46:23.20
2	155/720	35/330	606	Jenney Tesoriero	42	Female	Westbury	NY	7:45 min/m	00:48:10.83
3	198/720	49/330	72	Judith Brenner	44	Female	Plainview	NY	8:00 min/m	00:49:47.84
4	212/720	51/330	267	Stacey Herschmann	41	Female	Levittown	NY	8:04 min/m	00:50:10.21
5	235/720	63/330	13	Jennifer Adelberg	40	Female	Saint James	NY	8:12 min/m	00:51:01.45
6	250/720	65/330	310	Lori Keschner	41	Female	Woodbury	NY	8:18 min/m	00:51:39.47
7	268/720	69/330	764	Shaun Dunn	42	Female	Huntington	NY	8:27 min/m	00:52:35.50
8	272/720	71/330	770	Donna Greenstein	41	Female	Melville	NY	8:30 min/m	00:52:53.57
9	299/720	87/330	377	Annmarie Maiello	44	Female	Lake Ronkonkorr	NY	8:43 min/m	00:54:14.84
10	318/720	94/330	553	Gilda Schultz	44	Female	Blue Point	NY	8:52 min/m	00:55:05.99
11	324/720	97/330	536	Laura Ryan	42	Female	Melville	NY	8:54 min/m	00:55:19.99
12	340/720	107/330	739	Elaine Cappadona	44	Female	Northport	NY	9:00 min/m	00:55:58.35
13	379/720	130/330	542	Natalie Santiago-Martel	42	Female	Westbury	NY	9:14 min/m	00:57:25.53
14	418/720	149/330	683	Christine Morra	43	Female		NY	9:27 min/m	00:58:47.82
15	436/720	158/330	103	Laura Chan	42	Female	Old Bethpage	NY	9:35 min/m	00:59:34.28
16	477/720	181/330	67	Meredith Brake	42	Female	Plainview	NY	9:55 min/m	01:01:42.84
17	480/720	183/330	672	Lauren Lustig-Weill	44	Female	Bayport	NY	9:56 min/m	01:01:44.61
18	496/720	190/330	214	Sheila Furey	44	Female	Baiting Hollow	NY	10:01 min/m	01:02:17.54
19	510/720	198/330	605	Mary Tercynski	41	Female	Williston Park	NY	10:08 min/m	01:03:03.68
20	523/720	204/330	824	Dawn Meany	43	Female	Blue Point	NY	10:16 min/m	01:03:53.27
21	525/720	205/330	430	Suzanne Messina	44	Female	Massapequa	NY	10:17 min/m	01:03:57.94
22	526/720	206/330	593	Diane Stile	44	Female	Massapequa Par	NY	10:17 min/m	01:03:58.76
23	534/720	214/330	194	Linda Festa	42	Female	Lindenhurst	NY	10:23 min/m	01:04:37.12
24	557/720	228/330	548	Kimberly Schechter	41	Female	Plainview	NY	10:39 min/m	01:06:13.12
25	558/720	229/330	569	Marlo Signoracci	41	Female	Hicksville	NY	10:41 min/m	01:06:24.73
26	587/720	246/330	44	Lynn Bekerman	43	Female	Syosset	NY	11:00 min/m	01:08:23.66
27	629/720	272/330	397	Jennifer Martin	41	Female	West Babylon	NY	11:44 min/m	01:12:56.44
28	631/720	273/330	286	Donna Iburg	40	Female	West Babylon	NY	11:44 min/m	01:12:59.29
29	645/720	284/330	141	Yvonne D'amato	41	Female	Mastic	NY	11:57 min/m	01:14:15.99
30	653/720	288/330	619	Lisa Tzah	40	Female	Plainview	NY	12:11 min/m	01:15:47.76
31	656/720	290/330	128	Maria Crowley	44	Female	Greenlawn	NY	12:17 min/m	01:16:20.64
32	664/720	293/330	238	Regina Guevara	44	Female	Shoreham	NY	12:49 min/m	01:19:43.15
33	676/720	298/330	428	Carol Merritt	41	Female	Plainview	NY	13:14 min/m	01:22:15.13
34	703/720	317/330	289	Donna Iovino	41	Female	Plainview	NY	15:58 min/m	01:39:14.42

Aspire 10K Run

April 7, 2013

Overall Division Results

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	6/720	6/390	455	Timothy Murphy	41	Male	Ronkonkoma	NY	5:46 min/m	00:35:52.46
2	13/720	12/390	146	Robis Degirmenci	43	Male	Port Washington	NY	5:58 min/m	00:37:06.64
3	16/720	15/390	450	Robert Moscato	42	Male	Islip	NY	6:05 min/m	00:37:50.31
4	17/720	16/390	110	Brian Cloherty	44	Male	Roslyn Heights	NY	6:12 min/m	00:38:34.70
5	40/720	35/390	364	Wayne Loveland	44	Male	Lindenhurst	NY	6:38 min/m	00:41:13.23
6	44/720	38/390	829	Marcus Sanders	43	Male	Pt. Jefferson	NY	6:41 min/m	00:41:34.52
7	60/720	52/390	806	Eric Bruno	43	Male	Shirley	NY	6:54 min/m	00:42:55.49
8	74/720	64/390	746	Matthew Conroy	43	Male	Garden City	NY	7:02 min/m	00:43:47.58
9	80/720	69/390	461	Sean Negron	41	Male	Merrick	NY	7:06 min/m	00:44:12.23
10	88/720	77/390	407	Kevin Mcgrady	44	Male	Medford	NY	7:10 min/m	00:44:35.58
11	93/720	80/390	195	Robert Festa	41	Male	Lindenhurst	NY	7:14 min/m	00:44:56.90
12	94/720	81/390	274	Lance Homan	40	Male	Medford	NY	7:14 min/m	00:44:57.30
13	98/720	83/390	376	Pete Mahnken	40	Male	Port Jeff. Sta.	NY	7:16 min/m	00:45:13.74
14	99/720	84/390	319	Joseph Koplik	44	Male	Wantagh	NY	7:17 min/m	00:45:16.57
15	139/720	112/390	701	Cullen Howell	41	Male	Plainview	NY	7:36 min/m	00:47:14.58
16	149/720	117/390	580	Robert Smith	44	Male	Northport	NY	7:41 min/m	00:47:50.84
17	158/720	123/390	240	Eric Gulkis	42	Male	Port Washington	NY	7:45 min/m	00:48:13.91
18	167/720	129/390	225	Jamie Glick	41	Male	Commack	NY	7:49 min/m	00:48:37.68
19	191/720	146/390	790	Theodore Zois	40	Male	New Hyde Park	NY	7:58 min/m	00:49:35.59
20	208/720	158/390	348	Craig Lerman	41	Male	Plainview	NY	8:03 min/m	00:50:04.73
21	218/720	165/390	727	Rob Dell'unto	40	Male	Rockville Centre	NY	8:06 min/m	00:50:25.33
22	241/720	177/390	321	Marc Kornheiser	43	Male	Queens	NY	8:17 min/m	00:51:28.50
23	249/720	185/390	311	Mitchell Keschner	40	Male	Woodbury	NY	8:18 min/m	00:51:39.29
24	262/720	195/390	299	Dan Kamensky	40	Male	Roslyn	NY	8:24 min/m	00:52:16.00
25	264/720	196/390	693	Giovanni Laucella	43	Male	Plainview	NY	8:25 min/m	00:52:22.30
26	285/720	208/390	563	Christopher Settino	43	Male	Huntington	NY	8:35 min/m	00:53:21.59
27	291/720	211/390	772	Harris Zakarin	42	Male	Melville	NY	8:40 min/m	00:53:51.65
28	303/720	215/390	384	Michael Mandolese	43	Male	Bethpage	NY	8:45 min/m	00:54:23.79
29	312/720	220/390	309	Michael Kennedy	40	Male	Brentwood	NY	8:49 min/m	00:54:47.39
30	313/720	221/390	438	Michael Minerva	41	Male	Sayville	NY	8:49 min/m	00:54:49.81
31	341/720	234/390	33	Jason Banks	41	Male	Plainview	NY	9:01 min/m	00:56:04.51
32	343/720	235/390	555	Michael Schwartzberg	40	Male	Plainview	NY	9:01 min/m	00:56:04.92
33	388/720	253/390	773	David Burnett	44	Male	Floral Park	NY	9:16 min/m	00:57:39.76
34	425/720	272/390	732	Jim McBride	44	Male	Manorville	NY	9:30 min/m	00:59:07.28
35	441/720	281/390	388	Pete Maniscalco	42	Male	Blue Point	NY	9:36 min/m	00:59:40.10
36	474/720	294/390	391	Michael Manzo	41	Male	Plainview	NY	9:53 min/m	01:01:28.79
37	497/720	307/390	31	Joseph Badolato	41	Male	Bethpage	NY	10:01 min/m	01:02:18.11
38	502/720	309/390	441	Keith Montgomery	43	Male	Bellport	NY	10:05 min/m	01:02:43.12
39	503/720	310/390	105	Mark Cichon	42	Male	Port Washington	NY	10:05 min/m	01:02:44.46
40	513/720	314/390	66	Bill Brake	40	Male	Plainview	NY	10:09 min/m	01:03:04.91
41	544/720	323/390	154	Joe Digaetano	41	Male	Lindenhurst	NY	10:28 min/m	01:05:08.37
42	555/720	329/390	326	Andrew Krantz	42	Male	Plainview	NY	10:38 min/m	01:06:05.82
43	605/720	347/390	189	Seth Fass	42	Male	Melville	NY	11:17 min/m	01:10:08.15
44	674/720	377/390	700	John Ferro	40	Male		NY	13:11 min/m	01:21:56.89

Aspire 10K Run

April 7, 2013

Overall Division Results

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	34/720	5/330	576	Jill Skelly	49	Female	Baldwin	NY	6:35 min/m	00:40:58.57
2	72/720	10/330	736	Karen Cotty	49	Female	East Quogue	NY	7:00 min/m	00:43:32.64
3	95/720	14/330	175	Ann Egan	48	Female	Wantagh	NY	7:15 min/m	00:45:04.57
4	96/720	15/330	157	Joanne Digraziano	49	Female	Smithtown	NY	7:15 min/m	00:45:04.82
5	113/720	20/330	344	Yvonne Leippert	45	Female	Coram	NY	7:23 min/m	00:45:58.67
6	124/720	24/330	325	Torie Kramer	49	Female	Northport	NY	7:28 min/m	00:46:25.86
7	134/720	26/330	248	Kat Hankinson	49	Female	Huntington	NY	7:34 min/m	00:47:06.32
8	142/720	29/330	301	Yuri Karasz	46	Female	Mineola	NY	7:37 min/m	00:47:20.32
9	151/720	34/330	635	Michele Vitale	47	Female	Patchogue	NY	7:42 min/m	00:47:56.91
10	160/720	36/330	492	Stephanie Plotkin	46	Female	Plainview	NY	7:46 min/m	00:48:18.18
11	170/720	39/330	607	Eliana Themistocleous	45	Female	Melville	NY	7:51 min/m	00:48:47.25
12	188/720	45/330	628	Laura Vigliotti	48	Female	Port Washington	NY	7:57 min/m	00:49:28.75
13	221/720	54/330	631	Silvia Villeda	48	Female	Roosevelt	NY	8:08 min/m	00:50:36.26
14	228/720	58/330	386	Lori Mangual	48	Female	Merrick	NY	8:10 min/m	00:50:47.34
15	230/720	59/330	200	Dianne Finneran	47	Female	Smithtown	NY	8:11 min/m	00:50:51.84
16	288/720	80/330	540	Maureen Salvadori	47	Female	West Babylon	NY	8:37 min/m	00:53:37.84
17	294/720	82/330	678	Maureen Stammers-Ja	47	Female		NY	8:41 min/m	00:53:59.34
18	307/720	90/330	497	Christine Portela	48	Female	Glen Head	NY	8:46 min/m	00:54:32.97
19	322/720	96/330	323	Ilana Kowalski	45	Female	Cutchogue	NY	8:53 min/m	00:55:12.99
20	337/720	106/330	405	Doreen Mcdougall	49	Female	Ronkonkoma	NY	8:59 min/m	00:55:49.51
21	360/720	118/330	287	Dori Iervolino	46	Female	Whitestone	NY	9:08 min/m	00:56:48.79
22	365/720	121/330	618	Kathy Tuttle	48	Female	Eastport	NY	9:09 min/m	00:56:57.10
23	375/720	127/330	381	Theresa Malone	47	Female	Long Beach	NY	9:12 min/m	00:57:14.59
24	382/720	133/330	55	Tina Boccalino	48	Female	Lindenhurst	NY	9:15 min/m	00:57:30.61
25	408/720	144/330	594	Erin Stoeber	47	Female	Farmingdale	NY	9:24 min/m	00:58:30.10
26	434/720	156/330	379	Anne Malitzis	45	Female	Old Bethpage	NY	9:34 min/m	00:59:29.30
27	435/720	157/330	318	Jacqui Koplik	46	Female	Wantagh	NY	9:35 min/m	00:59:33.68
28	442/720	161/330	644	Susan Warsaw	46	Female	Coram	NY	9:37 min/m	00:59:46.47
29	463/720	174/330	566	Shelley Shereck	47	Female	North Woodmere	NY	9:50 min/m	01:01:06.66
30	481/720	184/330	655	Clara Wilson	46	Female	Islip	NY	9:56 min/m	01:01:45.60
31	493/720	189/330	92	Lisa Carlisi	49	Female	Oceanside	NY	10:00 min/m	01:02:11.28
32	511/720	199/330	533	Karen Rothschild	47	Female	Floral Park	NY	10:08 min/m	01:03:04.30
33	536/720	216/330	328	Helene Kriegstein	45	Female	Farmingdale	NY	10:24 min/m	01:04:41.82
34	541/720	219/330	107	Kristina Clancy	46	Female	Old Bethpage	NY	10:26 min/m	01:04:51.12
35	560/720	231/330	341	Jodi Lederer	46	Female	Long Beach	NY	10:41 min/m	01:06:26.11
36	564/720	234/330	122	Frances Corrado	49	Female	Bethpage	NY	10:44 min/m	01:06:45.37
37	580/720	242/330	571	Brenda Silva	46	Female	Smithtown	NY	10:54 min/m	01:07:46.87
38	598/720	254/330	242	Robin Gunsher	48	Female	Old Bethpage	NY	11:11 min/m	01:09:35.63
39	648/720	285/330	235	Debbie Groark	48	Female	Long Beach	NY	12:08 min/m	01:15:24.39
40	660/720	292/330	579	Cynthia Smith	45	Female	Huntington	NY	12:23 min/m	01:17:00.88
41	679/720	300/330	410	Erin Mcintyre	46	Female	Baldwin	NY	13:26 min/m	01:23:30.60
42	700/720	314/330	443	Karen Montovano	47	Female	Glen Cove	NY	15:13 min/m	01:34:34.43
43	719/720	329/330	808	Consuelo Choinski	49	Female	E. Northport	NY	18:30 min/m	01:54:58.86
44	720/720	330/330	819	Pat Hanlon	45	Female	Wading River	NY	18:31 min/m	01:55:07.97

Aspire 10K Run

April 7, 2013

Overall Division Results

Male Ages 45 - 49

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	7/720	7/390	651	Wil Widman Jr.	48	Male	N.babylon	NY	5:49 min/m	00:36:09.70
2	8/720	8/390	239	Keith Guilfoyle	46	Male	Commack	NY	5:49 min/m	00:36:10.91
3	25/720	23/390	687	Kieran Gibbons	48	Male	Northport	NY	6:22 min/m	00:39:39.26
4	49/720	41/390	251	Flemming Hansen	49	Male	Centerport	NY	6:44 min/m	00:41:55.24
5	54/720	46/390	288	John Infranca	46	Male	Glen Cove	NY	6:47 min/m	00:42:13.90
6	56/720	48/390	389	Wayne Mann	45	Male	Shoreham	NY	6:48 min/m	00:42:20.19
7	57/720	49/390	439	Bob Mittleman	48	Male	Syosset	NY	6:49 min/m	00:42:23.57
8	63/720	55/390	191	Keith Ferrara	47	Male	Farmingdale	NY	6:55 min/m	00:42:59.97
9	75/720	65/390	211	Eric Friedman	47	Male	Merrick	NY	7:03 min/m	00:43:50.48
10	81/720	70/390	127	Charles Crowe	45	Male	Deer Park	NY	7:06 min/m	00:44:12.24
11	87/720	76/390	744	James Sanderson	47	Male	Nesconset	NY	7:10 min/m	00:44:33.53
12	120/720	99/390	369	Steven Lutz	45	Male	Melville	NY	7:27 min/m	00:46:18.54
13	125/720	101/390	752	Scott Anderson	49	Male	Bethpage	NY	7:28 min/m	00:46:27.85
14	127/720	103/390	440	Robert Monaco	49	Male	Woodbury	NY	7:29 min/m	00:46:34.20
15	177/720	136/390	489	Tony Pezzano	49	Male	Huntington	NY	7:53 min/m	00:49:01.90
16	179/720	137/390	351	Aaron Lieberman	48	Male	Old Bethpage	NY	7:55 min/m	00:49:12.33
17	182/720	140/390	210	Steven Friedland	48	Male	Great Neck	NY	7:55 min/m	00:49:17.83
18	185/720	143/390	114	Vincent Colantuoni	46	Male	Syosset	NY	7:56 min/m	00:49:22.41
19	192/720	147/390	429	Chuck Merritt	46	Male	Plainview	NY	7:59 min/m	00:49:36.69
20	199/720	150/390	640	Ben Walden	45	Male	Centerport	NY	8:00 min/m	00:49:48.27
21	205/720	155/390	753	Tom Quinton	45	Male	Blue Point	NY	8:02 min/m	00:49:59.63
22	206/720	156/390	28	Lance Axelrod	48	Male	Merrick	NY	8:02 min/m	00:49:59.83
23	220/720	167/390	547	Steve Schaumburg	47	Male	Plainview	NY	8:07 min/m	00:50:31.34
24	224/720	169/390	56	Gary Bochner	49	Male	Plainview	NY	8:09 min/m	00:50:39.84
25	271/720	201/390	303	Jason Katz	46	Male	Plainview	NY	8:29 min/m	00:52:45.25
26	290/720	210/390	432	Martel Meyer	48	Male	East Hampton	NY	8:39 min/m	00:53:51.27
27	302/720	214/390	565	David Shereck	49	Male	North Woodmere	NY	8:44 min/m	00:54:21.96
28	315/720	223/390	43	Jay Beberman	45	Male	Port Washington	NY	8:50 min/m	00:54:56.94
29	355/720	241/390	165	Keith Drayer	48	Male	N. Woodmere	NY	9:06 min/m	00:56:33.17
30	356/720	242/390	591	Robert Stefanik	47	Male	Garden City	NY	9:06 min/m	00:56:33.38
31	363/720	244/390	37	Ed Barteski	48	Male	Greenlawn	NY	9:09 min/m	00:56:55.61
32	373/720	248/390	564	David Shapiro	48	Male	Shoreham	NY	9:12 min/m	00:57:10.94
33	421/720	271/390	258	Dave Hehn	48	Male	Sea Cliff	NY	9:28 min/m	00:58:55.32
34	475/720	295/390	508	Robert Rate	48	Male	Selden	NY	9:54 min/m	01:01:32.24
35	501/720	308/390	760	Mark Temkin	45	Male	Plainview	NY	10:05 min/m	01:02:40.86
36	522/720	319/390	825	Denis Meany	45	Male	Blue Point	NY	10:16 min/m	01:03:52.86
37	566/720	331/390	733	Frank Siblano	47	Male	Bethpage	NY	10:46 min/m	01:06:55.81
38	569/720	333/390	292	Louis Jainchill	48	Male	Woodbury	NY	10:46 min/m	01:06:59.62
39	575/720	337/390	134	Robert Curran	49	Male	Old Bethpage	NY	10:52 min/m	01:07:31.88
40	606/720	348/390	795	Robert Melle	46	Male	Old Bethpage	NY	11:18 min/m	01:10:16.88
41	630/720	358/390	444	Mike Montovano	48	Male	Glen Cove	NY	11:44 min/m	01:12:57.57
42	646/720	362/390	282	James Hughes	48	Male	Glendale	NY	11:57 min/m	01:14:18.84
43	657/720	367/390	160	Brian Dobkin	47	Male	New Hyde Park	NY	12:17 min/m	01:16:25.89
44	665/720	372/390	649	Matthew Werner	47	Male	Medford	NY	12:49 min/m	01:19:43.37
45	717/720	389/390	70	David Brenner	45	Male	Plainview	NY	18:23 min/m	01:54:14.45

Aspire 10K Run

April 7, 2013

Overall Division Results

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	47/720	8/330	237	Barbara Gubbins	53	Female	Southampton	NY	6:43 min/m	00:41:46.90
2	107/720	19/330	346	Mary Lenzi	52	Female	Hauppauge	NY	7:21 min/m	00:45:41.33
3	132/720	25/330	588	Adriana Staiano	50	Female	East Meadow	NY	7:34 min/m	00:47:02.48
4	135/720	27/330	180	Tracey Epstein	52	Female	Smithtown	NY	7:34 min/m	00:47:06.91
5	144/720	30/330	115	Karen Conkling	50	Female	Massapequa	NY	7:40 min/m	00:47:40.33
6	147/720	31/330	207	Vicki Fox	54	Female	Huntington	NY	7:41 min/m	00:47:47.34
7	186/720	43/330	657	Debra Woloschin	52	Female	Remsenburg	NY	7:57 min/m	00:49:25.71
8	187/720	44/330	161	Carolyn Dornstauder	50	Female	Kings Park	NY	7:57 min/m	00:49:26.31
9	196/720	47/330	810	Sue Corrie	52	Female	New Hyde Park	NY	8:00 min/m	00:49:46.24
10	201/720	50/330	737	Karen Mora	52	Female	Huntington	NY	8:01 min/m	00:49:50.67
11	214/720	53/330	322	Linda Koszalka	50	Female	West Islip	NY	8:04 min/m	00:50:13.46
12	233/720	62/330	636	Dee Vogt	53	Female	Huntington	NY	8:11 min/m	00:50:55.97
13	259/720	67/330	459	Eve Nebenhaus	52	Female	Manhasset	NY	8:23 min/m	00:52:10.93
14	270/720	70/330	804	Clare Bastiancic	50	Female	Patchogue	NY	8:28 min/m	00:52:40.00
15	298/720	86/330	347	Lynn Leon	51	Female	Glen Oaks	NY	8:42 min/m	00:54:07.55
16	317/720	93/330	478	Linda Parsons	50	Female	Shoreham	NY	8:51 min/m	00:55:02.59
17	329/720	100/330	498	Susan Postel	54	Female	Smithtown	NY	8:55 min/m	00:55:26.78
18	331/720	101/330	526	Kyle Rose-Louder	52	Female	Freeport	NY	8:56 min/m	00:55:30.81
19	332/720	102/330	188	Laurene Fagnoli	54	Female	West Islip	NY	8:56 min/m	00:55:31.83
20	333/720	103/330	126	Susan Critz	54	Female	Islip	NY	8:56 min/m	00:55:34.60
21	374/720	126/330	173	Brenda Dweck	52	Female	Port Washington	NY	9:12 min/m	00:57:13.35
22	385/720	135/330	519	Susan Robinson	54	Female	Huntington Statio	NY	9:15 min/m	00:57:34.60
23	402/720	142/330	740	Anita Von Himmel	52	Female	Massapequa	NY	9:22 min/m	00:58:15.85
24	414/720	147/330	454	Phyllis Murphy	53	Female	Wantagh	NY	9:26 min/m	00:58:39.49
25	456/720	169/330	517	Wendy Roberts	50	Female	Old Bethpage	NY	9:44 min/m	01:00:32.11
26	490/720	187/330	462	Kathy Neuman	50	Female	Plainview	NY	9:59 min/m	01:02:02.36
27	507/720	195/330	673	Rosemary Jones	51	Female	Babylon	NY	10:07 min/m	01:02:52.76
28	509/720	197/330	779	Clare Romano	50	Female	Bethpage	NY	10:08 min/m	01:03:03.10
29	518/720	201/330	38	Maria Basile-Farash	54	Female	West Babylon	NY	10:14 min/m	01:03:38.84
30	533/720	213/330	510	Randy Reisch	54	Female	N Woodmere	NY	10:23 min/m	01:04:36.87
31	551/720	224/330	106	Judy Cincotta	50	Female	East Northport	NY	10:34 min/m	01:05:45.53
32	561/720	232/330	632	Ann Visser	50	Female	Smithtown	NY	10:41 min/m	01:06:26.32
33	562/720	233/330	142	Tania Danielson	50	Female	Port Washington	NY	10:43 min/m	01:06:40.77
34	590/720	249/330	836	Stella Toro	54	Female	Shirley	NY	11:04 min/m	01:08:51.85
35	627/720	271/330	470	Lynn Oleary	54	Female	Freeport	NY	11:42 min/m	01:12:46.31
36	635/720	276/330	763	Theresa Hutchinson	51	Female	Centereach	NY	11:46 min/m	01:13:08.35
37	644/720	283/330	281	Hemsley Hughes	52	Female	Glendale	NY	11:56 min/m	01:14:14.37
38	649/720	286/330	294	Althea Johnson Vanno	51	Female	Westbury	NY	12:08 min/m	01:15:24.63
39	668/720	295/330	78	Mindy Brown	50	Female	Plainview	NY	12:55 min/m	01:20:19.89
40	699/720	313/330	436	Terry Miccio	51	Female	Farmindale	NY	15:02 min/m	01:33:29.42
41	704/720	318/330	233	Jerri Greenspan	50	Female	Plainview	NY	15:58 min/m	01:39:14.63
42	707/720	321/330	834	Beth Sola	54	Female	S. Setauket	NY	16:08 min/m	01:40:16.44

Aspire 10K Run

April 7, 2013

Overall Division Results

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	24/720	22/390	520	Michael Robles	54	Male	Smithtown	NY	6:22 min/m	00:39:35.99
2	32/720	28/390	193	Diego Ferreyra	53	Male	New York	NY	6:34 min/m	00:40:52.53
3	33/720	29/390	552	Bill Schroeder	52	Male	Garden City	NY	6:35 min/m	00:40:55.37
4	51/720	43/390	402	Bill Mazza	50	Male	West Gilgo Beach	NY	6:46 min/m	00:42:03.55
5	52/720	44/390	73	K.c. Brett	52	Male	Port Jefferson St	NY	6:46 min/m	00:42:05.38
6	55/720	47/390	559	Jaime Segura	51	Male	Albertson	NY	6:48 min/m	00:42:16.93
7	58/720	50/390	264	William Herbert	53	Male	Smithtown	NY	6:50 min/m	00:42:29.11
8	62/720	54/390	60	Paul Bonanni	52	Male	Selden	NY	6:55 min/m	00:42:59.55
9	69/720	60/390	762	Tim Moley	51	Male		NY	6:59 min/m	00:43:23.83
10	71/720	62/390	196	Tod Fichtelberg	54	Male	Kings Park	NY	6:59 min/m	00:43:29.14
11	76/720	66/390	787	Tim Foxen	52	Male	New York	NY	7:03 min/m	00:43:52.82
12	82/720	71/390	585	Louis Sparaco	54	Male	Patchogue	NY	7:07 min/m	00:44:16.26
13	84/720	73/390	312	Scott Kessler	50	Male	Cold Spring Harbor	NY	7:07 min/m	00:44:18.82
14	85/720	74/390	660	Jerry Wosleger	54	Male	Rockville Centre	NY	7:09 min/m	00:44:28.46
15	104/720	87/390	284	Michael Hunter	51	Male	N. Merrick	NY	7:18 min/m	00:45:25.93
16	108/720	89/390	359	Steve Liuzzo	53	Male	Smithtown	NY	7:21 min/m	00:45:45.10
17	109/720	90/390	616	Michael Turkovich	50	Male	Ronkonkoma	NY	7:22 min/m	00:45:48.83
18	112/720	93/390	32	Alan Baisch	51	Male	Selden	NY	7:23 min/m	00:45:57.25
19	117/720	96/390	724	Alberto Perez	50	Male	Inwood	NY	7:26 min/m	00:46:15.10
20	119/720	98/390	332	Yujen Lai	50	Male	East Setauket	NY	7:26 min/m	00:46:16.58
21	128/720	104/390	720	Robert Fried	52	Male	Great Neck	NY	7:30 min/m	00:46:41.14
22	130/720	106/390	671	Richard Ripke	51	Male	Selden	NY	7:32 min/m	00:46:53.83
23	131/720	107/390	368	Andrew Lupu	51	Male	North Bellmore	NY	7:34 min/m	00:47:01.83
24	133/720	108/390	334	Robert Lange	50	Male	New Hyde Park	NY	7:34 min/m	00:47:03.69
25	143/720	114/390	155	David Digiovanni	54	Male	Sea Cliff	NY	7:38 min/m	00:47:29.58
26	157/720	122/390	494	Carson Pohlman	51	Male	St James	NY	7:45 min/m	00:48:12.85
27	161/720	125/390	604	Dwayne Taylor	50	Male	Baldwin	NY	7:46 min/m	00:48:19.81
28	172/720	132/390	818	Brian Gunderson	53	Male	Medford	NY	7:51 min/m	00:48:50.92
29	173/720	133/390	682	Dennis Gowen	51	Male	Massapequa Park	NY	7:52 min/m	00:48:53.34
30	184/720	142/390	227	Daniel Goldstein	51	Male	Huntington Station	NY	7:56 min/m	00:49:20.87
31	189/720	144/390	285	Dean Hutchinson	51	Male	Long Beach	NY	7:58 min/m	00:49:33.58
32	194/720	148/390	192	Neil Ferrara	51	Male	Oceanside	NY	7:59 min/m	00:49:41.95
33	207/720	157/390	361	Kenneth Long	52	Male	Bohemia	NY	8:03 min/m	00:50:03.52
34	211/720	161/390	550	Marty Schimmele	51	Male	Massapequa	NY	8:04 min/m	00:50:07.77
35	216/720	163/390	650	Artie Whitmarsh	51	Male	Bayport	NY	8:06 min/m	00:50:21.12
36	219/720	166/390	766	Bill Kelly	51	Male	Brooklyn	NY	8:07 min/m	00:50:26.88
37	234/720	172/390	392	Edward Marian	52	Male	Huntington Station	NY	8:12 min/m	00:50:58.59
38	257/720	192/390	460	Harlan Nebenhaus	53	Male	Manhasset	NY	8:22 min/m	00:52:05.42
39	267/720	199/390	681	William Raftery	50	Male	East Islip	NY	8:27 min/m	00:52:33.47
40	300/720	213/390	102	Dave Chan	52	Male	Holbrook	NY	8:44 min/m	00:54:19.10
41	306/720	217/390	118	Glenn Corbett	51	Male	Islip	NY	8:46 min/m	00:54:29.59
42	309/720	219/390	79	Martin Buchman	53	Male	Setauket	NY	8:47 min/m	00:54:37.31
43	338/720	232/390	329	Larry Kurtzman	50	Male	Plainview	NY	8:59 min/m	00:55:52.55
44	348/720	238/390	131	Tom Cunningham	53	Male	East Meadow	NY	9:03 min/m	00:56:16.70
45	376/720	249/390	721	Kevin Morrissey	52	Male	Flushing	NY	9:13 min/m	00:57:16.82
46	409/720	265/390	695	William Bailey	51	Male	Seaford	NY	9:24 min/m	00:58:30.72
47	415/720	268/390	350	Thomas Licetti	54	Male	Jericho	NY	9:27 min/m	00:58:44.94
48	455/720	287/390	729	Adam Rothstein	50	Male	Wantagh	NY	9:43 min/m	01:00:27.50
49	458/720	288/390	49	Jack Berger	53	Male	Richmond Hill	NY	9:45 min/m	01:00:38.16
50	470/720	292/390	22	Joey Arken	51	Male	Roslyn Heights	NY	9:52 min/m	01:01:24.73
51	485/720	299/390	104	Wayne Chesler	54	Male	Massapequa Park	NY	9:56 min/m	01:01:47.62
52	488/720	302/390	507	Mike Randone	54	Male	S. Huntington	NY	9:57 min/m	01:01:51.54
53	517/720	317/390	255	Henry Healy	51	Male	Seaford	NY	10:13 min/m	01:03:31.30
54	572/720	335/390	689	Lance Margolin	54	Male	Woodbury	NY	10:51 min/m	01:07:26.43

Aspire 10K Run

April 7, 2013

Overall Division Results

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
55	599/720	345/390	143	Richard Dauman	51	Male	Old Bethpage	NY	11:11 min/m	01:09:35.68
56	622/720	353/390	356	Thomas Linsalata	52	Male	Seaford	NY	11:36 min/m	01:12:05.88
57	678/720	379/390	411	Robert Mcintyre	53	Male	Baldwin	NY	13:26 min/m	01:23:30.40

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	115/720	21/330	722	Dolores Doman	56	Female	Dix Hills	NY	7:25 min/m	00:46:09.00
2	150/720	33/330	582	Kim Solomine	55	Female	Syosset	NY	7:42 min/m	00:47:52.58
3	226/720	56/330	279	Lorraine Huether	56	Female	Massapeque	NY	8:09 min/m	00:50:43.84
4	227/720	57/330	337	Judith Latta	58	Female	Garden City	NY	8:10 min/m	00:50:46.62
5	231/720	60/330	208	Mary Fraker	56	Female	Kings Park	NY	8:11 min/m	00:50:53.11
6	232/720	61/330	306	Anne Kayser	58	Female	Smithtown	NY	8:11 min/m	00:50:54.34
7	287/720	79/330	343	Pam Lee	59	Female	Syosset	NY	8:36 min/m	00:53:29.31
8	335/720	104/330	608	Vera Thompson	55	Female	N.babylon	NY	8:57 min/m	00:55:37.51
9	342/720	108/330	74	Marie Brewer	58	Female	Mineola	NY	9:01 min/m	00:56:04.51
10	350/720	112/330	385	Diane Manghan	59	Female	Wading River	NY	9:04 min/m	00:56:21.19
11	359/720	117/330	41	Jackie Beattie	58	Female	Bay Shore	NY	9:07 min/m	00:56:45.10
12	391/720	138/330	560	Olga Seng	59	Female	Glen Head	NY	9:17 min/m	00:57:43.17
13	417/720	148/330	781	Linna Tang	59	Female	Syosset	NY	9:27 min/m	00:58:47.45
14	451/720	166/330	77	Janice Brown	57	Female	Valley Stream	NY	9:40 min/m	01:00:08.39
15	452/720	167/330	574	Mary Siragusa	59	Female	West Islip	NY	9:40 min/m	01:00:10.20
16	461/720	172/330	477	Joanne Palisi	57	Female	Eastport	NY	9:49 min/m	01:01:03.11
17	462/720	173/330	412	Pat Mckay	57	Female	Farmingdale	NY	9:49 min/m	01:01:03.61
18	468/720	177/330	527	Donna Rosen	57	Female	Woodbury	NY	9:51 min/m	01:01:16.18
19	491/720	188/330	823	Sheri Mccarthy	56	Female	Glen Head	NY	10:00 min/m	01:02:08.85
20	504/720	194/330	159	Mary Diver	58	Female	Central Islip	NY	10:06 min/m	01:02:47.78
21	508/720	196/330	465	Rose Nguyen Vargas	56	Female	Richmond Hill	NY	10:08 min/m	01:03:02.46
22	543/720	221/330	538	Joan Salmon	55	Female	Port Washington	NY	10:28 min/m	01:05:05.72
23	588/720	247/330	705	Joellen Elsener	55	Female	Deer Park	NY	11:01 min/m	01:08:29.87
24	595/720	252/330	85	Rosemary Camilleri	58	Female	Sayville	NY	11:11 min/m	01:09:30.13
25	600/720	255/330	759	Yuwana Landau	56	Female	Great Neck	NY	11:12 min/m	01:09:37.52
26	602/720	257/330	245	Suzanne Hamilton	59	Female	West Islip	NY	11:15 min/m	01:09:55.81
27	607/720	259/330	11	Marie Achatz	56	Female	Massapequa	NY	11:20 min/m	01:10:26.86
28	613/720	264/330	755	Kathy Sheridan	57	Female	E.northport	NY	11:27 min/m	01:11:09.88
29	616/720	266/330	162	Fran Dowling	59	Female	Baldwin	NY	11:31 min/m	01:11:36.28
30	687/720	304/330	821	Iris Kirsch	59	Female	Setauket	NY	13:47 min/m	01:25:44.66
31	691/720	308/330	413	Laurie Mcmillen	57	Female	Sayville	NY	14:14 min/m	01:28:31.42
32	711/720	324/330	190	Jayne Felenstein	57	Female	Freeport	NY	17:45 min/m	01:50:18.21

Aspire 10K Run

April 7, 2013

Overall Division Results

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	15/720	14/390	698	Eddie Reagan	57	Male	Levittown	NY	6:02 min/m	00:37:30.77
2	21/720	19/390	140	Ned Daily	55	Male	Garden City Park	NY	6:19 min/m	00:39:18.53
3	35/720	30/390	558	Karnik Seferian	55	Male	Setauket	NY	6:35 min/m	00:41:00.63
4	36/720	31/390	247	John Hanc	58	Male	Farmingdale	NY	6:36 min/m	00:41:03.88
5	38/720	33/390	642	Jon Wallach	56	Male	Levittown	NY	6:37 min/m	00:41:10.18
6	48/720	40/390	30	Mike Baard	57	Male	Merrick	NY	6:43 min/m	00:41:49.71
7	65/720	57/390	158	Patrick Diskin	57	Male	Mineola	NY	6:55 min/m	00:43:04.81
8	67/720	58/390	357	Ronald Lipsky	57	Male	Franklin Square	NY	6:58 min/m	00:43:18.81
9	68/720	59/390	132	Alex Cuzzo	55	Male	Bellmore	NY	6:58 min/m	00:43:20.45
10	78/720	67/390	257	Timothy Healy	57	Male	Syosset	NY	7:05 min/m	00:44:01.00
11	110/720	91/390	734	Jay Byrne	59	Male	Massapequa	NY	7:23 min/m	00:45:52.81
12	111/720	92/390	692	Edmond Mallahan	55	Male	Oyster Bay	NY	7:23 min/m	00:45:55.23
13	122/720	100/390	658	Glen Wolther	56	Male	Jericho	NY	7:27 min/m	00:46:23.33
14	126/720	102/390	330	Louis Lafleur	57	Male	Holbrook	NY	7:28 min/m	00:46:28.90
15	152/720	118/390	125	Jerry Crennan	55	Male	Patchogue	NY	7:43 min/m	00:48:02.59
16	181/720	139/390	398	Frank Martinez	56	Male	Commack	NY	7:55 min/m	00:49:17.74
17	183/720	141/390	358	James Litke	57	Male	Oyster Bay Cove	NY	7:56 min/m	00:49:18.58
18	202/720	152/390	467	Joe Ninesling	58	Male	Amityville	NY	8:01 min/m	00:49:51.84
19	215/720	162/390	706	Robert Elsener	58	Male	E.northport	NY	8:05 min/m	00:50:17.96
20	225/720	170/390	669	Richard Aubain	57	Male	Hicksville	NY	8:09 min/m	00:50:39.92
21	236/720	173/390	545	Peter Schacknow	57	Male	Huntington Statio	NY	8:12 min/m	00:51:03.34
22	239/720	176/390	367	Michael Ludwig	58	Male	Rockville Centre	NY	8:16 min/m	00:51:25.26
23	242/720	178/390	395	Dennis Martin	57	Male	Smithtown	NY	8:17 min/m	00:51:29.93
24	244/720	180/390	406	James Mcdougall	58	Male	Lake Ronkonkorr	NY	8:17 min/m	00:51:31.54
25	254/720	189/390	483	Eric Perrotta	57	Male	N. Massapequa	NY	8:22 min/m	00:52:01.38
26	261/720	194/390	702	Robert Eslick	57	Male	Old Bethpage	NY	8:23 min/m	00:52:11.51
27	275/720	203/390	466	Ray Nieves	55	Male	Westbury	NY	8:31 min/m	00:52:57.59
28	330/720	230/390	10	James Abrams	59	Male	Greenlawn	NY	8:55 min/m	00:55:29.59
29	346/720	236/390	677	Paul Aloe	56	Male	Port Washington	NY	9:02 min/m	00:56:09.35
30	369/720	246/390	615	Kevin Tunney	55	Male	Selden	NY	9:10 min/m	00:57:00.76
31	395/720	255/390	302	Andrew Karistinos	55	Male	Old Bethpage	NY	9:19 min/m	00:57:57.10
32	397/720	256/390	185	Jesus Estaba	58	Male	Brooklyn	NY	9:21 min/m	00:58:10.35
33	399/720	258/390	453	William Munoz	55	Male	Richmond Hill	NY	9:21 min/m	00:58:11.62
34	416/720	269/390	561	William Seng	59	Male	Glen Head	NY	9:27 min/m	00:58:45.78
35	443/720	282/390	169	Timothy Droge	58	Male	North Merrick	NY	9:37 min/m	00:59:46.69
36	450/720	285/390	117	Jeffrey Cooper	55	Male	Long Beach	NY	9:40 min/m	01:00:07.86
37	487/720	301/390	515	Richard Rise	56	Male	Glen Cove	NY	9:57 min/m	01:01:50.53
38	545/720	324/390	723	Mark Gelbien	56	Male	Plainview	NY	10:29 min/m	01:05:12.23
39	547/720	325/390	427	Joseph Merlino	56	Male	South Hempstead	NY	10:32 min/m	01:05:31.29
40	550/720	327/390	778	Warren Frank	59	Male	Old Bethpage	NY	10:33 min/m	01:05:38.37
41	570/720	334/390	352	Paul Liebler	57	Male	Albertson	NY	10:48 min/m	01:07:07.16
42	594/720	343/390	745	Gregory Scott	58	Male	Locust Valley	NY	11:08 min/m	01:09:14.13
43	669/720	374/390	756	Bill Sheridan	57	Male	E.northport	NY	13:00 min/m	01:20:48.65
44	673/720	376/390	514	Mitchell Rich	58	Male	Merrick	NY	13:07 min/m	01:21:33.35
45	681/720	380/390	511	John Renner	55	Male	Nesconset	NY	13:32 min/m	01:24:05.90
46	685/720	382/390	813	Vincent Delcid	56	Male	Bayside	NY	13:44 min/m	01:25:22.91

Aspire 10K Run

April 7, 2013

Overall Division Results

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	197/720	48/330	793	Ruth Nack	60	Female	Flushing	NY	8:00 min/m	00:49:46.24
2	305/720	89/330	256	Janet Healy	60	Female	Syosset	NY	8:45 min/m	00:54:25.83
3	320/720	95/330	656	Gloria Withus	62	Female	Brentwood	NY	8:52 min/m	00:55:06.53
4	368/720	123/330	164	Patti Drake	61	Female	Lynbrook	NY	9:10 min/m	00:57:00.35
5	381/720	132/330	217	Joanne Gallo	63	Female	Oyster Bay	NY	9:15 min/m	00:57:30.41
6	498/720	191/330	335	Maryanne Langro	61	Female	Hicksville	NY	10:02 min/m	01:02:21.11
7	542/720	220/330	97	Patricia Carroll	61	Female	West Islip	NY	10:27 min/m	01:05:00.48
8	549/720	223/330	12	Rebekah Ackerman	62	Female	Centereach	NY	10:32 min/m	01:05:32.92
9	577/720	240/330	815	Judi Gallop	61	Female	West Islip	NY	10:52 min/m	01:07:37.58
10	682/720	302/330	236	Paula Groothuis	63	Female	Albertson	NY	13:38 min/m	01:24:47.91
11	689/720	306/330	544	Lynn Scarpati	61	Female	Dix Hills	NY	14:05 min/m	01:27:33.84

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	22/720	20/390	96	Kevin Carroll	60	Male	Huntington Statio	NY	6:19 min/m	00:39:20.75
2	70/720	61/390	637	Hank Von Thaden	60	Male	Bethpage	NY	6:59 min/m	00:43:27.19
3	129/720	105/390	244	John Hamilton	60	Male	West Islip	NY	7:32 min/m	00:46:50.47
4	136/720	109/390	186	Scott Fairgrieve	62	Male	Mineola	NY	7:35 min/m	00:47:08.55
5	210/720	160/390	717	Paul Cirrincione	64	Male	Dix Hills	NY	8:03 min/m	00:50:07.39
6	243/720	179/390	52	Stephen Bernstein	63	Male	Woodbury	NY	8:17 min/m	00:51:29.94
7	278/720	204/390	667	Perry Zeichner	64	Male	Brightwaters	NY	8:31 min/m	00:53:00.70
8	284/720	207/390	418	William Meisner	64	Male	Plainview	NY	8:35 min/m	00:53:20.34
9	304/720	216/390	449	Glenn Morse	64	Male	Massapequa	NY	8:45 min/m	00:54:25.41
10	308/720	218/390	197	Charles Ficken	62	Male	Islandia	NY	8:46 min/m	00:54:34.59
11	347/720	237/390	222	Michael Gillen	61	Male	Farmingdale	NY	9:03 min/m	00:56:15.33
12	383/720	250/390	229	Ehud Golos	62	Male	East Hills	NY	9:15 min/m	00:57:31.20
13	386/720	251/390	139	Joe D'agostino	63	Male	Holbrook	NY	9:16 min/m	00:57:36.51
14	427/720	273/390	21	Steven Aptheker	64	Male	Melville	NY	9:32 min/m	00:59:15.60
15	563/720	330/390	167	Warren Drezen	60	Male	Massapequa	NY	10:44 min/m	01:06:44.86
16	626/720	356/390	688	Edward Petry	60	Male	Port Jefferson St:	NY	11:40 min/m	01:12:33.31
17	637/720	361/390	814	Mark Gallop	62	Male	West Islip	NY	11:47 min/m	01:13:15.64
18	708/720	387/390	812	Steve Cuomo	61	Male	Shirley	NY	16:08 min/m	01:40:19.76

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	384/720	134/330	230	Abby Gonzalez	65	Female	Dix Hills	NY	9:15 min/m	00:57:31.28
2	471/720	179/330	63	Hilory Boucher-Carlin	67	Female	Northport	NY	9:53 min/m	01:01:25.34
3	532/720	212/330	68	Christine Brakel	65	Female	Brightwaters	NY	10:23 min/m	01:04:36.63
4	583/720	244/330	602	Lenore Tantleff	66	Female	East Hills	NY	10:56 min/m	01:08:01.12
5	641/720	280/330	100	Jeri Cavagnaro	66	Female	Locust Valley	NY	11:54 min/m	01:13:57.37
6	694/720	310/330	523	Edwina Rohrbach	66	Female	Wear Hempsteac	NY	14:37 min/m	01:30:54.87
7	705/720	319/330	46	Sherry Bellovin	66	Female	N. Massapequa	NY	16:02 min/m	01:39:43.87

Aspire 10K Run

April 7, 2013

Overall Division Results

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	114/720	94/390	293	Barry Jerson	65	Male	Plainview	NY	7:25 min/m	00:46:06.33
2	146/720	116/390	315	Richard Kleiman	66	Male	Plainview	NY	7:41 min/m	00:47:45.83
3	195/720	149/390	532	Philip Roth	65	Male	Plainview	NY	8:00 min/m	00:49:45.22
4	237/720	174/390	213	David Frisone	68	Male	New Hyde Park	NY	8:14 min/m	00:51:12.61
5	260/720	193/390	531	Vic Rossi	66	Male	Hauppauge	NY	8:23 min/m	00:52:11.31
6	314/720	222/390	437	Christopher Miceli	67	Male	Williston Park	NY	8:50 min/m	00:54:53.46
7	334/720	231/390	182	Doug Escher	68	Male	Garden City	NY	8:57 min/m	00:55:37.42
8	361/720	243/390	345	Spencer Leitman	69	Male	Rockville Centre	NY	9:09 min/m	00:56:53.34
9	406/720	263/390	539	Joseph Salow	66	Male	Bellerose	NY	9:23 min/m	00:58:21.58
10	407/720	264/390	124	Howard Cragg	65	Male	Bethpage	NY	9:23 min/m	00:58:22.80
11	411/720	266/390	308	Hubert Keen	68	Male	Farmingdale	NY	9:25 min/m	00:58:33.56
12	446/720	283/390	601	Allen Tantleff	66	Male	East Hills	NY	9:38 min/m	00:59:56.84
13	516/720	316/390	714	Ronald Melichar	66	Male	New York	NY	10:11 min/m	01:03:19.73
14	603/720	346/390	354	John Lindstrom	67	Male	Rockville Centre	NY	11:16 min/m	01:10:00.88
15	610/720	349/390	647	James Wegryzn	67	Male	Brightwaters	NY	11:21 min/m	01:10:36.38
16	628/720	357/390	298	Stanley Kalinoski	69	Male	Commack	NY	11:44 min/m	01:12:55.13

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	617/720	267/330	499	Karen Potenza	70	Female	Northport	NY	11:31 min/m	01:11:36.84

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	392/720	254/390	423	Jose Mendez	74	Male	Brentwood	NY	9:18 min/m	00:57:48.81
2	430/720	276/390	320	Arthur Koppelman	70	Male	Syosset	NY	9:33 min/m	00:59:23.53
3	464/720	290/390	362	Lopez Octvio	72	Male	Brooklyn	NY	9:50 min/m	01:01:09.79
4	467/720	291/390	703	Ron Helin	74	Male	Middle Island	NY	9:51 min/m	01:01:15.11
5	484/720	298/390	26	Richard Astarita	70	Male	Babylon	NY	9:56 min/m	01:01:46.86
6	619/720	351/390	138	Jacob Cysner	70	Male	Forest Hills	NY	11:34 min/m	01:11:52.63
7	655/720	366/390	726	Myron Medine	70	Male	Flushing	NY	12:12 min/m	01:15:54.64

Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	693/720	309/330	199	Alexandra Finger	78	Female	Pearl River	NY	14:28 min/m	01:29:54.86

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	223/720	168/390	121	Joe Cordero	75	Male	Central Islip	NY	8:09 min/m	00:50:39.32
2	251/720	186/390	249	Jack Hanley	77	Male	Babylon	NY	8:19 min/m	00:51:45.56
3	400/720	259/390	625	Wilson Vargas	75	Male	Richmond Hill	NY	9:22 min/m	00:58:15.78
4	623/720	354/390	445	Carlos Morales	78	Male	Corona	NY	11:38 min/m	01:12:18.38
5	662/720	370/390	297	Joseph Brudge	75	Male	Jericho	NY	12:38 min/m	01:18:30.31
6	666/720	373/390	426	Charles Merlino	76	Male	East Northport	NY	12:52 min/m	01:20:00.61
7	683/720	381/390	396	Frank Martin	78	Male	Bay Shore	NY	13:42 min/m	01:25:13.86

Aspire 10K Run

April 7, 2013

Overall Division Results

Female Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	702/720	316/330	20	Vera Allen	83	Female	Port Washington	NY	15:21 min/m	01:35:26.81
2	712/720	325/330	380	Ruth Maller	84	Female	Massapequa Par	NY	17:45 min/m	01:50:18.88

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	428/720	274/390	150	Don Denig	80	Male	Bayside	NY	9:32 min/m	00:59:16.62
2	581/720	339/390	152	George Devoe	80	Male	Hauppauge	NY	10:54 min/m	01:07:46.94
3	692/720	384/390	313	Howard Kestenbaum	81	Male	Massapequa Par	NY	14:28 min/m	01:29:54.66

Male Ages 85 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	652/720	365/390	291	Bert Jablon	86	Male	Syosset	NY	12:11 min/m	01:15:46.64