# Caumsett Park 50K Championship and GLIRC 25K Run

## **50K Non-Championship**

## **Overall Division Results**

March 3, 2013

### Female Ages 25 - 29

	Gender Overall								Ave Lap			
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time	
1	1	22	45	Amy Demarco	Female	29	Shoreham	NY	10	00:28:56.86	04:49:28.61	
2	9	42	48	Alessandra Echeverria	Female	26	Oyster Bay	NY	10	00:32:10.92	05:21:49.21	
3	11	47	156	Mable Wong	Female	29	New York	NY	10	00:32:56.03	05:29:20.36	

#### Male Ages 25 - 29

										Ave Lap	
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	23	24	146	Ryan Viglizzo	Male	27	Brooklyn	CA	10	00:29:23.06	04:53:50.61

#### Female Ages 30 - 34

	Gender Overall							Ave Lap				
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time	
1	3	27	160	Cheryl Yanek	Female	33	Brooklyn	NY	10	00:29:46.95	04:57:49.55	
2	4	28	60	Mary Harvey	Female	31	Brooklyn	NY	10	00:29:46.97	04:57:49.75	

#### Male Ages 30 - 34

	Gender	Overall								Ave Lap	
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	9	9	172	Michael Bielik	Male	33	New York	NY	10	00:25:53.86	04:18:58.64
2	15	15	119	Yisroel Pupko	Male	30	Brooklyn	NY	10	00:28:13.78	04:42:17.84

#### Female Ages 35 - 39

	Gender	Overall							Ave Lap				
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time		
1	5	33	159	Ayako Yamazaki	Female	37	Suffern	NY	10	00:30:54.88	05:09:08.87		
2	8	37	67	Dawn Ibraham	Female	38	Oakdale	NY	10	00:31:37.36	05:16:13.68		
3	14	57	38	Lauren Darienzo	Female	36	Long Beach	NY	10	00:35:08.82	05:51:28.26		

#### Male Ages 35 - 39

	Gender	Overall			Ave Lap						
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	1	1	63	Aaron Heath	Male	38	White Plains	NY	10	00:22:55.98	03:37:55.41
2	5	5	120	Tommy Pyon	Male	35	Flushing	NY	10	00:22:12.54	03:42:05.49
3	6	6	34	Elliot Coups	Male	39	Brooklyn	NY	10	00:22:43.59	03:47:15.92

#### Female Ages 40 - 44

	Gender	Overall						Ave Lap				
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time	
1	7	36	115	Agnes Porell	Female	44	East Hartford	СТ	10	00:31:30.26	05:15:02.61	
2	12	49	57	Joanna Grossman	Female	44	Northport	NY	10	00:33:08.14	05:31:21.48	
3	13	56	20	Danielle Borgo	Female	43	North Babylon	NY	10	00:35:07.26	05:51:12.65	

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### Male Ages 40 - 44

	Gender	Overall									
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	2	2	141	Stephen Uresk	Male	44	Greenlawn	NY	10	00:21:48.00	03:38:00.00
2	3	3	108	Jerry Pannullo	Male	43	East Islip	NY	10	00:21:50.99	03:38:29.91
3	4	4	89	Joe Marinaccio	Male	42	Oakdale	NY	10	00:22:04.09	03:40:40.92

#### Female Ages 45 - 49

	Gender	Overall					Ave Lap				
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	6	35	162	Elaine Rita Yulo	Female	49	Elmhurst	NY	10	00:31:26.36	05:14:23.69
2	10	45	76	Sylvie Laquerre	Female	49	Wayne	PA	10	00:32:28.44	05:24:44.47

#### Male Ages 45 - 49

	Gender	Overall						Ave Lap				
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time	
1	10	10	176	Pat Ryan	Male	45	Phoenixville	PA	10	00:26:14.06	04:22:20.64	
2	12	12	75	Dave Kleckner	Male	49	New York	NY	10	00:27:20.53	04:33:25.32	
3	13	13	87	Mike Lynch	Male	49	Sparta	NJ	10	00:27:48.04	04:38:00.43	

#### Female Ages 50 - 54

	Gender	Overall								Ave Lap	
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	2	25	166	Allison Lassoe	Female	50	sheffield	MA	10	00:29:24.76	04:54:07.63
2	18	67	24	Lorna Castellanos	Female	53	Miami	FL	10	00:37:47.72	06:17:57.26

#### Male Ages 50 - 54

	Gender	Overall								Ave Lap	
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	18	18	124	John Rosa	Male	52	Sayville	NY	10	00:28:31.28	04:45:12.85
2	25	29	94	Cormac Mcguire	Male	53	Smithtown	NY	10	00:29:50.98	04:58:29.89
3	31	39	86	Jay Lustgarten	Male	52	Westerly	RI	10	00:31:54.04	05:19:00.45

#### Male Ages 55 - 59

	Gender Overall								Ave Lap				
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time		
1	22	23	144	Marc Vengrove	Male	56	Allentown	PA	10	00:29:12.69	04:52:06.98		
2	43	55	140	Dan Turturro	Male	55	St.james	NY	10	00:34:59.87	05:49:58.79		
3	44	58	39	Alexis Davidson	Male	57	Brooklyn	NY	10	00:35:31.23	05:55:12.30		

#### Male Ages 60 - 64

	Gender Overall						Ave Lap				
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	38	50	150	Dave Weiss	Male	64	Corning	NY	10	00:33:10.44	05:31:44.40
2	41	53	62	Joe Hayes	Male	64	Portsmouth	NH	10	00:34:41.71	05:46:57.11
3	50	68	109	Edward Peters	Male	61	Norwalk	СТ	10	00:37:58.48	06:19:44.87

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## Male Ages 65 - 69

	Gender	Overall					Ave Lap				
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	37	48	155	Foo Yuen Wong	Male	68	New York	NY	10	00:32:59.56	05:29:55.67
2	52	70	49	Peter Farmer	Male	69	New Hyde Park	NY	10	00:38:34.36	06:25:43.64

### Female Ages 70 - 74

	Gender Overall Ave Lap										
Plc.	Place	Place	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	19	72	84	Ruth Liebowitz	Female	70	Staten Island	NY	10	00:44:23.35	07:23:53.55