

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Female

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
1	7/223	1/1	226	Stefanie Braun	Female	22	Dix Hills	NY	5	00:20:13.45	01:41:07.28		
	Lap 1 to 4	00:20:30.18	6:35	11	00:20:12.39	6:33	7	00:20:02.53	6:31	7	00:20:09.33	6:30	6
	Lap 5 to 8	00:20:12.84	6:30	6									
	Lap 9 & 10												
2	16/223	1/20	383	Jill Skelly	Female	49	Baldwin	NY	5	00:22:06.99	01:50:34.98		
	Lap 1 to 4	00:22:02.43	7:05	23	00:21:49.71	7:03	18	00:21:55.97	7:03	16	00:22:26.99	7:06	18
	Lap 5 to 8	00:22:19.87	7:07	17									
	Lap 9 & 10												
3	19/223	2/20	229	Laura Brown	Female	45	Whb	NY	5	00:22:17.90	01:51:29.53		
	Lap 1 to 4	00:21:45.16	7:00	20	00:22:23.49	7:06	23	00:22:26.50	7:08	23	00:22:30.19	7:10	19
	Lap 5 to 8	00:22:24.19	7:10	18									
	Lap 9 & 10												
4	33/223	3/20	236	Susann Cuccia	Female	45	Saint James	NY	5	00:23:35.45	01:57:57.25		
	Lap 1 to 4	00:22:24.52	7:12	27	00:23:25.94	7:22	40	00:23:30.89	7:26	35	00:24:24.51	7:32	43
	Lap 5 to 8	00:24:11.38	7:35	39									
	Lap 9 & 10												
5	34/223	1/9	362	Emma Riconda	Female	56	Northport	NY	5	00:23:36.95	01:58:04.75		
	Lap 1 to 4	00:22:52.28	7:21	30	00:23:18.48	7:25	38	00:23:43.44	7:29	38	00:24:07.90	7:33	40
	Lap 5 to 8	00:24:02.65	7:36	34									
	Lap 9 & 10												
6	35/223	1/12	418	Tara Wilson	Female	35	West Islip	NY	5	00:23:39.09	01:58:15.48		
	Lap 1 to 4	00:22:01.20	7:05	22	00:21:09.04	6:56	14	00:22:20.03	7:01	22	00:27:51.16	7:30	91
	Lap 5 to 8	00:24:54.04	7:36	49									
	Lap 9 & 10												
7	45/223	2/12	309	Lucy Kunkel	Female	36	Smithtown	NY	5	00:24:26.94	02:02:14.71		
	Lap 1 to 4	00:24:43.76	7:57	55	00:24:20.51	7:53	51	00:24:17.90	7:52	47	00:24:45.11	7:53	49
	Lap 5 to 8	00:24:07.41	7:52	36									
	Lap 9 & 10												
8	48/223	1/1	216	Jackie Bellisari	Female	20	Albertson	NY	5	00:24:29.37	02:02:26.86		
	Lap 1 to 4	00:23:57.89	7:42	46	00:24:52.10	7:51	59	00:24:37.40	7:52	53	00:24:21.84	7:52	42
	Lap 5 to 8	00:24:37.62	7:52	45									
	Lap 9 & 10												
9	50/223	4/20	297	Charlotte Johnson	Female	45	Port Jefferson Sta	NY	5	00:24:32.58	02:02:42.94		
	Lap 1 to 4	00:26:49.43	8:38	95	00:24:35.67	8:16	54	00:23:52.57	8:04	40	00:23:45.31	7:58	31
	Lap 5 to 8	00:23:39.94	7:53	27									
	Lap 9 & 10												
10	52/223	1/9	289	Mary-Frances Horan	Female	44	Lake Ronkonkomi	NY	5	00:24:39.37	02:03:16.86		
	Lap 1 to 4	00:24:43.16	7:57	54	00:24:25.51	7:54	53	00:24:27.24	7:53	49	00:24:24.57	7:53	45
	Lap 5 to 8	00:25:16.36	7:56	52									
	Lap 9 & 10												
11	53/223	1/13	417	Lauren Valentino	Female	34	Fleetwood	NY	5	00:24:43.70	02:03:38.54		
	Lap 1 to 4	00:25:41.78	8:16	72	00:24:38.90	8:06	57	00:24:34.24	8:02	52	00:24:33.36	8:00	48
	Lap 5 to 8	00:24:10.25	7:57	38									
	Lap 9 & 10												
12	56/223	3/12	359	Jennifer Reth	Female	36	Kings Park	NY	5	00:25:01.18	02:05:05.91		
	Lap 1 to 4	00:25:26.21	8:11	66	00:25:07.64	8:08	62	00:25:02.93	8:06	59	00:24:52.96	8:05	50
	Lap 5 to 8	00:24:36.16	8:03	44									
	Lap 9 & 10												

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Overall Results - Female

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
13	57/223	2/13	334	Jacqueline Mcgarvey	Female	32	East Hampton	NY	5	00:25:23.34	02:06:56.73		
	Lap 1 to 4	00:25:35.11	8:14	69	00:24:48.23	8:06	58	00:25:05.95	8:05	60	00:25:31.45	8:07	56
	Lap 5 to 8	00:25:55.98	8:10	57									
	Lap 9 & 10												
14	58/223	3/13	255	Julie Fischer	Female	32	Smithtown	NY	5	00:25:23.91	02:06:59.57		
	Lap 1 to 4	00:25:10.53	8:06	61	00:25:03.57	8:05	61	00:25:01.16	8:04	56	00:26:06.12	8:09	62
	Lap 5 to 8	00:25:38.17	8:10	55									
	Lap 9 & 10												
15	59/223	5/20	307	Torie Kramer	Female	49	Northport	NY	5	00:25:34.94	02:07:54.74		
	Lap 1 to 4	00:24:45.60	7:58	56	00:25:28.17	8:04	69	00:25:40.67	8:08	66	00:26:00.80	8:12	61
	Lap 5 to 8	00:25:59.48	8:14	58									
	Lap 9 & 10												
16	62/223	4/12	367	Jill Robins	Female	35	East Hampton	NY	5	00:25:47.90	02:08:59.51		
	Lap 1 to 4	00:25:27.62	8:11	67	00:25:12.96	8:09	64	00:25:27.28	8:10	62	00:26:00.09	8:13	60
	Lap 5 to 8	00:26:51.54	8:18	70									
	Lap 9 & 10												
17	66/223	1/11	395	Tracee Van Brunt	Female	25	Moriches	NY	5	00:25:53.86	02:09:29.32		
	Lap 1 to 4	00:26:23.85	8:29	87	00:25:27.91	8:20	68	00:25:27.63	8:17	63	00:26:17.35	8:20	63
	Lap 5 to 8	00:25:52.56	8:20	56									
	Lap 9 & 10												
18	73/223	6/20	365	Carol Rivadeneyra	Female	48	Ridge	NY	5	00:26:29.09	02:12:25.47		
	Lap 1 to 4	00:25:16.35	8:08	64	00:25:49.50	8:13	75	00:26:13.96	8:17	74	00:27:09.81	8:24	75
	Lap 5 to 8	00:27:55.84	8:31	96									
	Lap 9 & 10												
19	74/223	5/12	210	Patricia Arbeit	Female	38	Wantagh	NY	5	00:26:29.90	02:12:29.52		
	Lap 1 to 4	00:26:42.54	8:35	94	00:26:10.91	8:30	80	00:26:14.23	8:29	75	00:26:44.78	8:31	69
	Lap 5 to 8	00:26:37.05	8:31	67									
	Lap 9 & 10												
20	75/223	1/11	345	Karen Nora	Female	52	Northport	NY	5	00:26:36.15	02:13:00.77		
	Lap 1 to 4	00:24:46.53	7:58	57	00:25:36.20	8:06	71	00:26:25.97	8:14	78	00:28:22.77	8:27	103
	Lap 5 to 8	00:27:49.29	8:33	92									
	Lap 9 & 10												
21	78/223	2/9	391	Karena Tsakiris	Female	40	Coram	NY	5	00:26:42.89	02:13:34.45		
	Lap 1 to 4	00:27:14.54	8:46	98	00:26:11.98	8:36	81	00:26:42.09	8:35	84	00:26:44.15	8:35	68
	Lap 5 to 8	00:26:41.68	8:35	69									
	Lap 9 & 10												
22	81/223	4/13	288	Michelle Homan	Female	32	Medford	NY	5	00:26:45.77	02:13:48.86		
	Lap 1 to 4	00:27:05.30	8:43	97	00:25:40.84	8:29	72	00:26:22.53	8:29	77	00:27:12.57	8:33	78
	Lap 5 to 8	00:27:27.60	8:36	81									
	Lap 9 & 10												
23	82/223	7/20	276	Kat Hankinson	Female	49	Huntington	NY	5	00:26:48.05	02:14:00.28		
	Lap 1 to 4	00:25:15.64	8:07	63	00:25:58.81	8:14	77	00:27:01.42	8:23	90	00:28:02.63	8:33	95
	Lap 5 to 8	00:27:41.76	8:37	86									
	Lap 9 & 10												
24	85/223	3/9	314	Jennifer Lee	Female	42	Babylon	NY	5	00:27:01.42	02:15:07.12		
	Lap 1 to 4	00:27:20.47	8:47	101	00:26:29.99	8:39	86	00:26:10.63	8:35	73	00:27:17.03	8:38	79
	Lap 5 to 8	00:27:48.99	8:41	91									
	Lap 9 & 10												

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Overall Results - Female

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Place	overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
25	86/223	4/9	286	Stephanie Hoffmann	Female	40	Glen Cove	NY	5	00:27:01.64	02:15:08.23		
	Lap 1 to 4	00:26:05.53	8:23	78	00:25:59.82	8:22	78	00:26:27.20	8:25	79	00:28:45.57	8:38	111
	Lap 5 to 8	00:27:50.09	8:41	93									
	Lap 9 & 10												
26	89/223	5/13	208	Patricia Alcivar	Female	34	Forest Hills	NY	5	00:27:12.06	02:16:00.32		
	Lap 1 to 4	00:24:41.28	7:56	52	00:26:27.29	8:13	85	00:27:34.15	8:26	98	00:28:31.96	8:37	106
	Lap 5 to 8	00:28:45.63	8:45	105									
	Lap 9 & 10												
27	90/223	5/9	430	Erika Simendinger	Female	41	Lake Ronkonkomi	NY	5	00:27:15.51	02:16:17.56		
	Lap 1 to 4	00:26:40.12	8:35	92	00:26:13.24	8:30	82	00:27:59.92	8:40	109	00:27:31.40	8:43	84
	Lap 5 to 8	00:27:52.88	8:46	95									
	Lap 9 & 10												
28	91/223	2/11	428	Michelle Rau	Female	29	Stony Brook	NY	5	00:27:17.86	02:16:29.32		
	Lap 1 to 4	00:26:52.40	8:38	96	00:27:05.21	8:41	96	00:27:23.51	8:43	93	00:27:48.15	8:46	90
	Lap 5 to 8	00:27:20.04	8:47	80									
	Lap 9 & 10												
29	93/223	6/9	268	Jennifer Gatz	Female	41	Riverhead	NY	5	00:27:27.48	02:17:17.43		
	Lap 1 to 4	00:26:10.53	8:25	81	00:27:14.77	8:35	100	00:27:37.89	8:41	101	00:28:26.01	8:48	104
	Lap 5 to 8	00:27:48.22	8:50	89									
	Lap 9 & 10												
30	98/223	2/9	265	Patricia Garone	Female	55	Valley Stream	NY	5	00:27:35.48	02:17:57.40		
	Lap 1 to 4	00:53:16.61	17:08	221	00:00:00.00	8:34		00:27:59.83	8:43	108	00:28:14.98	8:48	98
	Lap 5 to 8	00:28:25.97	8:52	103									
	Lap 9 & 10												
31	102/223	3/11	407	Sarah Welch	Female	28	Sewell	NJ	5	00:27:39.82	02:18:19.12		
	Lap 1 to 4	00:28:14.46	9:05	123	00:27:23.66	8:57	109	00:27:28.25	8:54	96	00:27:31.86	8:54	85
	Lap 5 to 8	00:27:40.88	8:54	85									
	Lap 9 & 10												
32	103/223	6/13	316	Melissa Leslie	Female	30	Rutland	MA	5	00:27:43.07	02:18:35.36		
	Lap 1 to 4	00:27:29.20	8:50	105	00:27:19.50	8:49	106	00:27:38.00	8:50	102	00:28:02.59	8:53	94
	Lap 5 to 8	00:28:06.07	8:55	101									
	Lap 9 & 10												
33	104/223	8/20	328	Lori Mangual	Female	48	Merrick	NY	5	00:27:46.64	02:18:53.21		
	Lap 1 to 4	00:26:05.95	8:24	79	00:27:20.91	8:36	107	00:28:03.00	8:44	111	00:28:35.40	8:51	108
	Lap 5 to 8	00:28:47.94	8:56	107									
	Lap 9 & 10												
34	106/223	6/12	201	Heather Ackerly	Female	36	Selden	NY	5	00:28:01.32	02:20:06.61		
	Lap 1 to 4	00:27:20.47	8:47	100	00:27:16.63	8:47	102	00:28:01.82	8:52	110	00:28:34.60	8:56	107
	Lap 5 to 8	00:28:53.08	9:01	108									
	Lap 9 & 10												
35	111/223	2/11	250	Tracey Epstein	Female	52	Smithtown	NY	5	00:28:26.77	02:22:13.87		
	Lap 1 to 4	00:25:51.28	8:19	75	00:26:51.64	8:29	89	00:28:04.76	8:40	112	00:29:42.80	8:53	130
	Lap 5 to 8	00:31:43.37	9:09	145									
	Lap 9 & 10												
36	115/223	3/11	406	Nancy Weiss	Female	52	Huntington	NY	5	00:28:42.31	02:23:31.55		
	Lap 1 to 4	00:28:00.25	9:00	115	00:28:10.99	9:02	119	00:28:55.12	9:07	126	00:29:16.09	9:12	122
	Lap 5 to 8	00:29:09.08	9:14	112									
	Lap 9 & 10												

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Overall Results - Female

March 3, 2013

Place	overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
37	118/223	3/9	292	Lorraine Huether	Female	56	Massapequa	NY	5	00:28:48.51	02:24:02.59		
	Lap 1 to 4	00:28:13.22	9:04	121	00:28:20.37	9:06	123	00:28:48.58	9:09	122	00:29:08.98	9:12	119
	Lap 5 to 8	00:29:31.42	9:16	115									
	Lap 9 & 10												
38	119/223	7/12	369	April Rosequist	Female	38	Port Jefferson Sta	NY	5	00:28:48.84	02:24:04.21		
	Lap 1 to 4	00:29:46.21	9:34	152	00:29:24.67	9:31	140	00:29:15.80	9:29	134	00:28:37.79	9:25	109
	Lap 5 to 8	00:26:59.73	9:16	74									
	Lap 9 & 10												
39	120/223	4/11	385	Ranna Smith	Female	50	Locust Valley	NY	5	00:28:49.45	02:24:07.27		
	Lap 1 to 4	00:29:55.40	9:37	161	00:29:03.98	9:29	134	00:28:43.33	9:24	121	00:28:22.67	9:20	102
	Lap 5 to 8	00:28:01.88	9:16	99									
	Lap 9 & 10												
40	121/223	5/11	294	Kathy Jackson	Female	50	Sparta	NJ	5	00:28:49.53	02:24:07.66		
	Lap 1 to 4	00:28:48.54	9:16	132	00:29:12.89	9:20	137	00:28:26.69	9:16	117	00:28:46.29	9:16	112
	Lap 5 to 8	00:28:53.23	9:16	109									
	Lap 9 & 10												
41	123/223	7/13	318	Kristyn Lineman	Female	34	Ronkonkoma	NY	5	00:28:57.92	02:24:49.60		
	Lap 1 to 4	00:28:50.37	9:16	134	00:27:37.50	9:05	113	00:28:06.81	9:04	114	00:29:26.44	9:10	125
	Lap 5 to 8	00:30:48.47	9:19	132									
	Lap 9 & 10												
42	124/223	4/11	215	Katrina Beiner	Female	29	Hicksville	NY	5	00:29:16.04	02:26:20.20		
	Lap 1 to 4	00:28:57.49	9:19	138	00:29:52.81	9:28	150	00:30:05.08	9:32	148	00:28:38.91	9:27	110
	Lap 5 to 8	00:28:45.90	9:25	106									
	Lap 9 & 10												
43	126/223	7/9	399	Lisa Wagner	Female	40	Riverhead	NY	5	00:29:24.27	02:27:01.38		
	Lap 1 to 4	00:27:47.48	8:56	111	00:28:17.39	9:01	121	00:29:03.70	9:08	131	00:30:14.77	9:17	132
	Lap 5 to 8	00:31:38.03	9:27	144									
	Lap 9 & 10												
44	127/223	9/20	327	Susan Maier	Female	49	Long Beach	NY	5	00:29:27.07	02:27:15.38		
	Lap 1 to 4	00:29:22.66	9:27	145	00:29:24.72	9:27	141	00:29:42.55	9:29	140	00:29:18.58	9:28	124
	Lap 5 to 8	00:29:26.86	9:28	113									
	Lap 9 & 10												
45	130/223	8/13	379	Jessie Sentivan	Female	32	Hoboken	NJ	5	00:29:35.56	02:27:57.80		
	Lap 1 to 4	00:28:37.54	9:12	127	00:28:17.11	9:09	120	00:28:58.30	9:12	128	00:30:35.40	9:22	140
	Lap 5 to 8	00:31:29.44	9:31	141									
	Lap 9 & 10												
46	132/223	8/12	380	Jodi Shapiro	Female	37	Tarrytown	NY	5	00:29:46.88	02:28:54.43		
	Lap 1 to 4	00:29:54.55	9:37	160	00:28:37.70	9:25	126	00:30:01.54	9:30	145	00:29:15.75	9:28	120
	Lap 5 to 8	00:31:04.89	9:35	137									
	Lap 9 & 10												
47	135/223	1/5	218	Kathi Berson	Female	62	Northport	NY	5	00:29:52.77	02:29:23.87		
	Lap 1 to 4	00:28:44.89	9:15	130	00:29:32.49	9:22	145	00:29:56.50	9:27	143	00:30:33.48	9:33	138
	Lap 5 to 8	00:30:36.50	9:37	129									
	Lap 9 & 10												
48	137/223	10/20	388	Maureen Stammers-Jan	Female	47	Huntington Station	NY	5	00:29:57.76	02:29:48.80		
	Lap 1 to 4	00:28:24.21	9:08	125	00:28:57.66	9:13	133	00:30:25.59	9:25	155	00:31:30.08	9:35	155
	Lap 5 to 8	00:30:31.25	9:38	126									
	Lap 9 & 10												

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Overall Results - Female

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49	138/223	5/11	353	Kimberly Powell	Female	27	Brooklyn	NY	5	00:30:01.48	02:30:07.42		
	Lap 1 to 4	00:28:55.46	9:18	136	00:29:23.30	9:23	139	00:28:40.61	9:19	120	00:31:04.15	9:29	145
	Lap 5 to 8	00:32:03.90	9:39	150									
	Lap 9 & 10												
50	141/223	6/11	234	Sue Corrie	Female	52	New Hyde Park	NY	5	00:30:15.15	02:31:15.79		
	Lap 1 to 4	00:29:43.77	9:34	150	00:32:18.07	9:58	184	00:29:40.54	9:50	138	00:29:38.79	9:45	126
	Lap 5 to 8	00:29:54.62	9:44	120									
	Lap 9 & 10												
51	142/223	11/20	308	Christine Krencik	Female	48	Woodbury	NY	5	00:30:22.54	02:31:52.73		
	Lap 1 to 4	00:29:01.54	9:20	141	00:29:54.85	9:29	152	00:29:36.57	9:30	136	00:31:10.78	9:38	149
	Lap 5 to 8	00:32:08.98	9:46	152									
	Lap 9 & 10												
52	144/223	9/12	436	Brandy Sandin	Female	35	Northport	NY	5	00:30:25.12	02:32:05.64		
	Lap 1 to 4	00:31:30.39	10:08	181	00:30:26.55	9:58	157	00:30:03.70	9:52	147	00:30:34.55	9:51	139
	Lap 5 to 8	00:29:30.44	9:47	114									
	Lap 9 & 10												
53	146/223	12/20	324	Noreen Lynch	Female	46	East Northport	NY	5	00:30:25.47	02:32:07.39		
	Lap 1 to 4	00:29:21.46	9:26	143	00:29:25.41	9:27	143	00:29:52.82	9:30	142	00:31:10.57	9:38	148
	Lap 5 to 8	00:32:17.12	9:47	155									
	Lap 9 & 10												
54	148/223	9/13	443	Courtney Harding	Female	32	Brooklyn	NY	5	00:30:27.45	02:32:17.28		
	Lap 1 to 4	00:27:48.29	8:56	112	00:28:57.30	9:08	132	00:32:57.62	9:37	184	00:31:58.25	9:47	160
	Lap 5 to 8	00:30:35.80	9:48	128									
	Lap 9 & 10												
55	151/223	10/13	387	Janel Spero	Female	32	Hampton Bays	NY	5	00:30:51.26	02:34:16.34		
	Lap 1 to 4	00:31:15.77	10:03	176	00:30:36.51	9:57	159	00:33:22.09	10:13	189	00:31:58.81	10:14	161
	Lap 5 to 8	00:27:03.15	9:55	76									
	Lap 9 & 10												
56	153/223	6/11	271	Jennifer Gladitsch	Female	26	Bethpage	NY	5	00:31:05.27	02:35:26.39		
	Lap 1 to 4	00:29:34.64	9:31	148	00:28:55.97	9:24	131	00:32:38.36	9:46	177	00:30:48.30	9:48	142
	Lap 5 to 8	00:33:29.11	10:00	164									
	Lap 9 & 10												
57	156/223	7/11	282	Andrea Hernandez	Female	26	Moriches	NY	5	00:31:18.43	02:36:32.16		
	Lap 1 to 4	00:31:41.75	10:12	184	00:30:35.88	10:01	158	00:31:00.09	10:00	160	00:31:46.74	10:03	158
	Lap 5 to 8	00:31:27.68	10:04	140									
	Lap 9 & 10												
58	157/223	4/9	280	Linda Hebert	Female	55	West Grove	PA	5	00:31:21.39	02:36:46.98		
	Lap 1 to 4	00:31:37.81	10:10	182	00:31:49.08	10:12	178	00:30:17.83	10:03	153	00:30:56.68	10:01	143
	Lap 5 to 8	00:32:05.56	10:05	151									
	Lap 9 & 10												
59	158/223	10/12	393	Tara Tzoucalis	Female	38	Forest Hills	NY	5	00:31:24.37	02:37:01.85		
	Lap 1 to 4	00:30:00.88	9:39	163	00:30:51.00	9:47	162	00:30:32.06	9:48	158	00:31:43.58	9:54	157
	Lap 5 to 8	00:33:54.31	10:06	168									
	Lap 9 & 10												
60	159/223	2/5	375	Karen Sacco	Female	62	Long Beach	NY	5	00:31:27.46	02:37:17.31		
	Lap 1 to 4	00:31:04.98	10:00	171	00:31:17.92	10:02	171	00:31:20.82	10:03	167	00:31:18.08	10:03	150
	Lap 5 to 8	00:32:15.50	10:07	154									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Female

March 3, 2013

Place	overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
61	160/223	7/11	275	Carmen Guasp	Female	50	Oceanside	NY	5	00:31:27.46	02:37:17.31		
	Lap 1 to 4	00:30:55.43	9:57	169	00:31:27.46	10:02	175	00:31:20.54	10:03	166	00:31:19.39	10:03	151
	Lap 5 to 8	00:32:14.49	10:07	153									
	Lap 9 & 10												
62	161/223	8/11	332	Amanda Martineau	Female	26	Pleasantville	NY	5	00:31:27.78	02:37:18.94		
	Lap 1 to 4	00:28:46.29	9:15	131	00:29:30.09	9:22	144	00:31:18.59	9:36	165	00:33:57.88	9:56	178
	Lap 5 to 8	00:33:46.08	10:07	167									
	Lap 9 & 10												
63	164/223	9/11	303	Katie Kid	Female	27	Rockville Centre	NY	5	00:31:58.30	02:39:51.52		
	Lap 1 to 4	00:31:15.54	10:03	175	00:30:37.35	9:57	160	00:33:21.70	10:13	188	00:32:01.24	10:14	163
	Lap 5 to 8	00:32:35.68	10:17	158									
	Lap 9 & 10												
64	165/223	10/11	449	Anne Keillor	Female	27	Wading River	NY	5	00:31:58.38	02:39:51.92		
	Lap 1 to 4	00:31:14.31	10:03	174	00:30:38.18	9:57	161	00:33:22.49	10:13	190	00:32:00.23	10:14	162
	Lap 5 to 8	00:32:36.70	10:17	159									
	Lap 9 & 10												
65	167/223	5/9	347	Linda Ottaviano	Female	57	Cold Spring Harbor	NY	5	00:32:09.42	02:40:47.11		
	Lap 1 to 4	00:29:25.46	9:28	146	00:32:05.31	9:53	183	00:30:20.16	9:51	154	00:33:57.38	10:07	177
	Lap 5 to 8	00:34:58.79	10:20	178									
	Lap 9 & 10												
66	168/223	8/11	258	Sue Fitzpatrick	Female	52	Dix Hills	NY	5	00:32:09.53	02:40:47.67		
	Lap 1 to 4	00:29:25.90	9:28	147	00:32:05.28	9:54	182	00:31:08.46	9:56	164	00:33:09.92	10:07	168
	Lap 5 to 8	00:34:58.10	10:21	177									
	Lap 9 & 10												
67	169/223	11/12	231	Dierdre Carroll	Female	38	Rocky Point	NY	5	00:32:18.43	02:41:32.17		
	Lap 1 to 4	00:30:33.30	9:50	166	00:31:13.83	9:56	170	00:32:00.56	10:03	172	00:33:21.02	10:13	171
	Lap 5 to 8	00:34:23.45	10:23	172									
	Lap 9 & 10												
68	171/223	9/11	341	Lisa Nasoff	Female	52	Rockville Centre	NY	5	00:32:27.83	02:42:19.17		
	Lap 1 to 4	00:31:48.86	10:14	191	00:32:43.61	10:23	191	00:32:55.01	10:27	183	00:32:18.93	10:26	164
	Lap 5 to 8	00:32:32.75	10:26	157									
	Lap 9 & 10												
69	172/223	13/20	351	Roseanne Palmer	Female	48	Philadelphia	PA	5	00:32:28.95	02:42:24.78		
	Lap 1 to 4	00:31:43.98	10:12	188	00:33:51.75	10:33	202	00:32:54.69	10:34	182	00:33:00.15	10:34	166
	Lap 5 to 8	00:30:54.19	10:27	135									
	Lap 9 & 10												
70	173/223	6/9	446	Lucimar Araujo	Female	56	Jamaica	NY	5	00:32:31.63	02:42:38.15		
	Lap 1 to 4	00:30:49.35	9:55	167	00:31:48.04	10:04	177	00:32:22.09	10:11	174	00:33:54.09	10:22	176
	Lap 5 to 8	00:33:44.57	10:28	166									
	Lap 9 & 10												
71	176/223	11/11	202	Emily Adams	Female	28	Brooklyn	NY	5	00:32:38.28	02:43:11.41		
	Lap 1 to 4	00:29:46.47	9:34	153	00:30:51.66	9:45	163	00:32:29.25	9:59	175	00:33:01.87	10:09	167
	Lap 5 to 8	00:37:02.15	10:30	190									
	Lap 9 & 10												
72	177/223	11/13	317	Anna Lewandowski	Female	33	Brooklyn	NY	5	00:32:38.89	02:43:14.46		
	Lap 1 to 4	00:32:38.77	10:30	199	00:31:36.86	10:20	176	00:32:01.35	10:19	173	00:33:40.84	10:27	173
	Lap 5 to 8	00:33:16.62	10:30	163									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Female

March 3, 2013

Place	overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
73	179/223	14/20	219	Suzanne Blake	Female	48	Philadelphia	PA	5	00:32:43.67	02:43:38.38		
	Lap 1 to 4	00:31:43.98	10:12	187	00:33:41.84	10:31	199	00:33:06.84	10:34	187	00:33:11.00	10:35	169
	Lap 5 to 8	00:31:54.70	10:32	147									
	Lap 9 & 10												
74	182/223	15/20	333	Dawn May	Female	45	Sea Cliff	NY	5	00:33:20.10	02:46:40.50		
	Lap 1 to 4	00:31:47.42	10:13	190	00:32:00.72	10:16	181	00:32:53.28	10:22	180	00:34:04.03	10:31	180
	Lap 5 to 8	00:35:55.03	10:43	181									
	Lap 9 & 10												
75	183/223	1/2	272	Abby Gonzalez	Female	65	Dix Hills	NY	5	00:33:21.22	02:46:46.10		
	Lap 1 to 4	00:32:06.95	10:20	195	00:31:58.44	10:18	179	00:33:04.85	10:25	185	00:34:24.50	10:35	182
	Lap 5 to 8	00:35:11.34	10:44	180									
	Lap 9 & 10												
76	184/223	3/5	415	Gloria Withus	Female	62	Brentwood	NY	5	00:33:21.38	02:46:46.91		
	Lap 1 to 4	00:32:07.16	10:20	196	00:31:58.49	10:18	180	00:33:05.22	10:25	186	00:34:25.49	10:35	183
	Lap 5 to 8	00:35:10.54	10:44	179									
	Lap 9 & 10												
77	185/223	10/11	348	Susan Padovano	Female	54	Bayshore	NY	5	00:33:26.48	02:47:12.44		
	Lap 1 to 4	00:31:47.19	10:13	189	00:32:41.29	10:22	189	00:33:34.75	10:31	191	00:34:32.10	10:40	184
	Lap 5 to 8	00:34:37.09	10:45	174									
	Lap 9 & 10												
78	186/223	16/20	421	Elizabeth Melillo	Female	47	Northport	NY	5	00:34:05.44	02:50:27.20		
	Lap 1 to 4	00:34:26.71	11:05	207	00:33:22.54	10:54	195	00:34:08.34	10:56	195	00:34:24.01	10:58	181
	Lap 5 to 8	00:34:05.59	10:58	170									
	Lap 9 & 10												
79	187/223	7/9	349	Joanne Palisi	Female	57	Eastport	NY	5	00:34:13.63	02:51:08.20		
	Lap 1 to 4	00:31:13.50	10:02	172	00:32:32.27	10:15	188	00:33:42.96	10:27	193	00:39:09.62	10:59	199
	Lap 5 to 8	00:34:29.84	11:00	173									
	Lap 9 & 10												
80	188/223	12/12	241	Lori Demino	Female	35	Seaford	NY	5	00:34:35.94	02:52:59.71		
	Lap 1 to 4	00:33:55.49	10:55	205	00:33:45.45	10:53	201	00:34:18.22	10:56	197	00:35:03.02	11:01	186
	Lap 5 to 8	00:35:57.52	11:08	182									
	Lap 9 & 10												
81	189/223	17/20	204	Alice Aiello	Female	49	St James	NY	5	00:34:35.98	02:52:59.92		
	Lap 1 to 4	00:33:55.49	10:55	204	00:33:44.41	10:53	200	00:34:18.70	10:56	198	00:35:02.24	11:01	185
	Lap 5 to 8	00:35:59.07	11:08	183									
	Lap 9 & 10												
82	190/223	2/2	232	Helma Clavin	Female	69	Lake Ronkonkom	NY	5	00:34:47.22	02:53:56.11		
	Lap 1 to 4	00:31:18.77	10:04	177	00:33:03.87	10:21	193	00:35:04.23	10:40	200	00:35:24.46	10:51	187
	Lap 5 to 8	00:39:04.77	11:11	194									
	Lap 9 & 10												
83	191/223	4/5	374	Susan Sabol	Female	63	Islip	NY	5	00:35:19.49	02:56:37.47		
	Lap 1 to 4	00:32:35.74	10:29	197	00:33:37.92	10:39	198	00:37:27.10	11:07	208	00:36:34.35	11:17	195
	Lap 5 to 8	00:36:22.35	11:22	186									
	Lap 9 & 10												
84	192/223	8/9	358	Rosemary Reinis	Female	59	Amityville	NY	5	00:35:19.79	02:56:38.97		
	Lap 1 to 4	00:32:35.94	10:29	198	00:33:37.75	10:39	197	00:37:27.79	11:07	209	00:36:33.87	11:17	194
	Lap 5 to 8	00:36:23.60	11:22	187									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Female

March 3, 2013

Place	overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
85	201/223	8/9	432	Henedina Luzada	Female	40	Flushing	NY	5	00:37:17.30	03:06:26.51		
	Lap 1 to 4	00:32:40.55	10:31	201	00:35:05.60	10:54	206	00:34:13.34	10:56	196	00:44:15.02	11:46	211
	Lap 5 to 8	00:40:11.98	12:00	196									
	Lap 9 & 10												
86	202/223	18/20	389	Judy Thrasher	Female	49	Sunnyside	NY	5	00:37:17.34	03:06:26.71		
	Lap 1 to 4	00:32:40.55	10:31	200	00:35:10.73	10:55	207	00:38:31.48	11:24	211	00:39:54.18	11:46	201
	Lap 5 to 8	00:40:09.75	12:00	195									
	Lap 9 & 10												
87	203/223	9/9	425	Marilyn Williams	Female	59	Norwalk	CT	5	00:37:21.14	03:06:45.74		
	Lap 1 to 4	00:31:19.55	10:04	178	00:34:47.60	10:38	204	00:37:18.09	11:05	206	00:41:19.13	11:38	205
	Lap 5 to 8	00:42:01.37	12:01	198									
	Lap 9 & 10												
88	204/223	19/20	403	Susan Warsaw	Female	46	Coram	NY	5	00:37:22.57	03:06:52.88		
	Lap 1 to 4	00:31:42.35	10:12	185	00:32:22.09	10:18	185	00:36:31.80	10:47	205	00:40:41.12	11:22	203
	Lap 5 to 8	00:45:35.50	12:01	208									
	Lap 9 & 10												
89	205/223	12/13	344	Jessica Nicotra	Female	31	Rocky Point	NY	5	00:37:44.77	03:08:43.88		
	Lap 1 to 4	00:30:21.48	9:46	165	00:33:28.76	10:16	196	00:37:26.36	10:51	207	00:42:40.31	11:34	209
	Lap 5 to 8	00:44:46.97	12:08	204									
	Lap 9 & 10												
90	206/223	20/20	221	Beth Bode	Female	46	Smithtown	NY	5	00:37:45.54	03:08:47.73		
	Lap 1 to 4	00:37:15.50	11:59	215	00:38:21.89	12:10	212	00:37:34.19	12:08	210	00:38:45.20	12:13	197
	Lap 5 to 8	00:36:50.94	12:09	189									
	Lap 9 & 10												
91	209/223	5/5	217	Kathy Bello	Female	60	Rochester	NY	5	00:41:15.86	03:26:19.30		
	Lap 1 to 4	00:36:06.34	11:37	212	00:39:47.29	12:12	214	00:41:12.09	12:33	214	00:43:46.06	12:56	210
	Lap 5 to 8	00:45:27.51	13:16	207									
	Lap 9 & 10												
92	217/223	13/13	335	Lindsay Meyers	Female	33	New York	NY	4	00:29:01.61	01:56:06.46		
	Lap 1 to 4	00:26:09.81	8:25	80	00:28:37.56	8:49	125	00:29:42.04	9:03	139	00:31:37.04	9:20	156
	Lap 5 to 8												
	Lap 9 & 10												
93	219/223	11/11	213	Bura Batara	Female	51	Elmhurst	NY	4	00:44:53.36	02:59:33.47		
	Lap 1 to 4	00:36:14.24	11:39	214	00:45:09.93	13:05	215	00:45:17.12	13:35	216	00:52:52.17	14:26	216
	Lap 5 to 8												
	Lap 9 & 10												
94	220/223	9/9	269	Carla Gauss	Female	42	Huntington	NY	3	00:28:52.50	01:26:37.50		
	Lap 1 to 4	00:28:51.44	9:17	135	00:28:47.44	9:16	129	00:28:58.62	9:17	129			
	Lap 5 to 8												
	Lap 9 & 10												
95	222/223	1/1	339	Kellie Murray	Female	18	Massapequa	NY	2	00:28:27.43	00:56:54.87		
	Lap 1 to 4	00:27:45.26	8:55	110	00:29:09.61	9:09	136						
	Lap 5 to 8												
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
1	1/223	1/1	244	Franklin Diaz	Male	29	Copiague	NY	5	00:18:16.80	01:31:24.00		
	Lap 1 to 4	00:18:29.72	5:57	1	00:17:59.54	5:52	1	00:18:01.73	5:50	1	00:18:19.89	5:51	1
	Lap 5 to 8	00:18:33.10	5:53	1									
	Lap 9 & 10												
2	2/223	1/21	372	Todd Rowley	Male	43	Huntington	NY	5	00:18:59.63	01:34:58.16		
	Lap 1 to 4	00:18:32.15	5:57	2	00:18:46.59	6:00	2	00:18:55.95	6:02	2	00:19:17.21	6:04	2
	Lap 5 to 8	00:19:26.24	6:06	3									
	Lap 9 & 10												
3	3/223	1/20	412	Wil Widman Jr.	Male	48	North Babylon	NY	5	00:19:20.28	01:36:41.43		
	Lap 1 to 4	00:18:45.26	6:02	3	00:19:04.33	6:05	3	00:19:40.28	6:10	3	00:19:44.68	6:12	3
	Lap 5 to 8	00:19:26.87	6:13	4									
	Lap 9 & 10												
4	4/223	1/13	285	Corey Hirschman	Male	37	Stony Brook	NY	5	00:19:40.69	01:38:23.49		
	Lap 1 to 4	00:19:43.53	6:20	6	00:19:47.79	6:21	6	00:19:47.55	6:21	4	00:19:46.86	6:21	4
	Lap 5 to 8	00:19:17.74	6:20	2									
	Lap 9 & 10												
5	5/223	2/21	342	Tommy Nettuno	Male	43	West Babylon	NY	5	00:19:54.39	01:39:31.99		
	Lap 1 to 4	00:19:40.51	6:19	5	00:19:45.40	6:20	5	00:19:48.71	6:21	5	00:20:00.55	6:22	5
	Lap 5 to 8	00:20:16.80	6:24	7									
	Lap 9 & 10												
6	6/223	1/13	444	John Templeman	Male	31	New York	NY	5	00:20:07.49	01:40:37.49		
	Lap 1 to 4	00:19:55.68	6:24	8	00:20:44.64	6:32	9	00:20:07.21	6:31	8	00:20:10.60	6:30	7
	Lap 5 to 8	00:19:39.35	6:28	5									
	Lap 9 & 10												
7	8/223	3/21	398	Jeffrey Votteler	Male	40	Manorville	NY	5	00:21:01.98	01:45:09.90		
	Lap 1 to 4	00:20:36.26	6:37	12	00:20:47.48	6:39	10	00:21:09.76	6:42	12	00:21:19.60	6:44	9
	Lap 5 to 8	00:21:16.79	6:46	8									
	Lap 9 & 10												
8	9/223	2/13	254	Eric Fehrenbacher	Male	38	Huntington	NY	5	00:21:02.82	01:45:14.13		
	Lap 1 to 4	00:20:04.77	6:27	9	00:20:28.05	6:31	8	00:20:57.75	6:35	9	00:21:45.56	6:42	11
	Lap 5 to 8	00:21:57.99	6:46	12									
	Lap 9 & 10												
9	10/223	1/25	223	Michael Boisclair	Male	52	Huntington	NY	5	00:21:07.48	01:45:37.43		
	Lap 1 to 4	00:20:38.77	6:38	14	00:21:15.78	6:44	15	00:21:03.56	6:45	10	00:21:14.29	6:46	8
	Lap 5 to 8	00:21:25.01	6:47	9									
	Lap 9 & 10												
10	11/223	3/13	423	Travis Tate	Male	36	E.northport	NY	5	00:21:17.47	01:46:27.36		
	Lap 1 to 4	00:19:16.17	6:12	4	00:19:27.64	6:13	4	00:19:52.47	6:17	6	00:23:34.41	6:36	27
	Lap 5 to 8	00:24:16.66	6:51	41									
	Lap 9 & 10												
11	12/223	2/25	377	Bill Schroeder	Male	52	Garden City	NY	5	00:21:17.90	01:46:29.51		
	Lap 1 to 4	00:20:37.27	6:38	13	00:20:48.49	6:40	11	00:21:08.87	6:42	11	00:21:49.52	6:47	12
	Lap 5 to 8	00:22:05.35	6:51	13									
	Lap 9 & 10												
12	13/223	4/13	237	Ronald Curry	Male	39	Huntington Station	NY	5	00:21:23.93	01:46:59.68		
	Lap 1 to 4	00:20:47.40	6:41	15	00:21:05.93	6:44	12	00:21:11.25	6:46	13	00:21:37.61	6:48	10
	Lap 5 to 8	00:22:17.48	6:53	15									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
13	14/223	3/25	242	Kenneth Demulder	Male	51	Bayport	NY	5	00:21:46.53	01:48:52.66		
	Lap 1 to 4	00:21:11.27	6:49	16	00:21:08.24	6:48	13	00:21:44.93	6:52	14	00:22:16.76	6:56	17
	Lap 5 to 8	00:22:31.45	7:00	20									
	Lap 9 & 10												
14	15/223	4/21	441	Robert Votruba	Male	41	Mastic	NY	5	00:22:06.15	01:50:30.78		
	Lap 1 to 4	00:21:29.80	6:55	17	00:21:39.82	6:56	16	00:22:09.27	7:00	20	00:22:53.31	7:05	22
	Lap 5 to 8	00:22:18.56	7:06	16									
	Lap 9 & 10												
15	17/223	1/16	401	Jon Wallach	Male	56	Levittown	NY	5	00:22:09.06	01:50:45.31		
	Lap 1 to 4	00:22:39.78	7:17	28	00:22:15.69	7:13	20	00:22:05.92	7:11	19	00:22:03.32	7:10	15
	Lap 5 to 8	00:21:40.58	7:07	11									
	Lap 9 & 10												
16	18/223	2/20	340	James Murray	Male	47	Holtsville	NY	5	00:22:17.50	01:51:27.53		
	Lap 1 to 4	00:23:23.21	7:31	41	00:22:28.51	7:22	25	00:22:17.83	7:18	21	00:21:49.75	7:14	13
	Lap 5 to 8	00:21:28.23	7:10	10									
	Lap 9 & 10												
17	20/223	4/25	245	Frank Difranco	Male	52	N.bellmore	NY	5	00:22:19.46	01:51:37.32		
	Lap 1 to 4	00:22:02.77	7:05	24	00:21:47.81	7:03	17	00:22:00.97	7:03	17	00:22:30.40	7:06	20
	Lap 5 to 8	00:23:15.35	7:11	25									
	Lap 9 & 10												
18	21/223	5/25	259	Peter Florey	Male	54	Huntington	NY	5	00:22:24.12	01:52:00.61		
	Lap 1 to 4	00:23:01.50	7:24	32	00:22:20.34	7:18	21	00:21:51.50	7:12	15	00:22:13.10	7:11	16
	Lap 5 to 8	00:22:34.16	7:12	21									
	Lap 9 & 10												
19	22/223	5/21	394	Joseph Valerio	Male	42	East Northport	NY	5	00:22:45.30	01:53:46.50		
	Lap 1 to 4	00:24:53.28	8:00	59	00:22:43.51	7:39	31	00:22:03.18	7:28	18	00:21:56.92	7:22	14
	Lap 5 to 8	00:22:09.60	7:19	14									
	Lap 9 & 10												
20	23/223	6/25	281	William Herbert	Male	53	Smithtown	NY	5	00:22:53.83	01:54:29.15		
	Lap 1 to 4	00:22:58.64	7:23	31	00:22:56.89	7:23	33	00:23:04.93	7:24	27	00:23:03.00	7:24	23
	Lap 5 to 8	00:22:25.68	7:22	19									
	Lap 9 & 10												
21	24/223	2/16	343	Dean Neumann	Male	55	Northport	NY	5	00:22:57.39	01:54:46.99		
	Lap 1 to 4	00:21:42.77	6:59	19	00:22:08.01	7:03	19	00:23:07.78	7:11	28	00:23:55.89	7:18	34
	Lap 5 to 8	00:23:52.51	7:23	30									
	Lap 9 & 10												
22	25/223	5/13	264	Shawn Garbien	Male	35	Port Washington	NY	5	00:23:04.28	01:55:21.43		
	Lap 1 to 4	00:23:27.89	7:33	42	00:23:00.52	7:28	34	00:23:08.49	7:28	29	00:23:06.57	7:27	24
	Lap 5 to 8	00:22:37.94	7:25	22									
	Lap 9 & 10												
23	26/223	7/25	378	Jaime Segura	Male	51	Albertson	NY	5	00:23:05.48	01:55:27.44		
	Lap 1 to 4	00:23:20.56	7:30	38	00:22:30.91	7:22	27	00:22:35.32	7:20	25	00:23:20.05	7:23	25
	Lap 5 to 8	00:23:40.58	7:25	28									
	Lap 9 & 10												
24	27/223	6/13	442	Ryan Lewis	Male	37	new fairfield	CT	5	00:23:15.85	01:56:19.27		
	Lap 1 to 4	00:22:06.28	7:06	25	00:22:21.30	7:09	22	00:22:43.31	7:12	26	00:23:54.54	7:19	33
	Lap 5 to 8	00:25:13.82	7:29	51									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
25	28/223	3/16	355	Grant Radtke	Male	57	E.meadow	NY	5	00:23:16.94	01:56:24.71		
	Lap 1 to 4	00:23:21.17	7:30	39	00:23:09.67	7:29	37	00:23:12.31	7:28	32	00:23:26.71	7:29	26
	Lap 5 to 8	00:23:14.84	7:29	24									
	Lap 9 & 10												
26	29/223	3/20	222	Paul Bode	Male	46	Smithtown	NY	5	00:23:23.80	01:56:59.00		
	Lap 1 to 4	00:23:14.84	7:28	36	00:22:29.34	7:21	26	00:23:10.81	7:23	30	00:23:44.00	7:27	30
	Lap 5 to 8	00:24:20.00	7:31	42									
	Lap 9 & 10												
27	30/223	6/21	366	Chris Robins	Male	43	East Hampton	NY	5	00:23:23.96	01:56:59.84		
	Lap 1 to 4	00:24:29.98	7:53	51	00:22:24.62	7:32	24	00:22:29.30	7:26	24	00:22:49.81	7:25	21
	Lap 5 to 8	00:24:46.12	7:31	47									
	Lap 9 & 10												
28	31/223	4/20	439	Erik Stigum	Male	45	E.northport	NY	5	00:23:24.57	01:57:02.88		
	Lap 1 to 4	00:22:42.61	7:18	29	00:22:48.37	7:19	32	00:23:19.66	7:23	34	00:24:08.06	7:28	41
	Lap 5 to 8	00:24:04.16	7:32	35									
	Lap 9 & 10												
29	32/223	1/7	397	Hank Von Thaden	Male	60	Bethpage	NY	5	00:23:27.70	01:57:18.50		
	Lap 1 to 4	00:23:22.59	7:31	40	00:23:08.01	7:29	36	00:23:13.23	7:28	33	00:23:37.80	7:30	28
	Lap 5 to 8	00:23:56.86	7:33	31									
	Lap 9 & 10												
30	36/223	7/21	298	Ira Kaplan	Male	43	East Meadow	NY	5	00:23:39.13	01:58:15.69		
	Lap 1 to 4	00:23:19.95	7:30	37	00:23:24.72	7:31	39	00:23:31.24	7:32	36	00:23:57.80	7:34	36
	Lap 5 to 8	00:24:01.98	7:36	33									
	Lap 9 & 10												
31	37/223	8/25	354	Mike Qualley	Male	51	Shoreham	NY	5	00:23:47.78	01:58:58.93		
	Lap 1 to 4	00:23:48.53	7:39	45	00:23:43.99	7:39	43	00:24:07.77	7:41	46	00:24:05.55	7:42	39
	Lap 5 to 8	00:23:13.07	7:39	23									
	Lap 9 & 10												
32	38/223	4/16	228	Harry Broere	Male	58	Northport	NY	5	00:23:47.78	01:58:58.93		
	Lap 1 to 4	00:23:03.53	7:25	33	00:23:38.65	7:30	42	00:24:32.48	7:38	51	00:24:24.57	7:41	44
	Lap 5 to 8	00:23:19.69	7:39	26									
	Lap 9 & 10												
33	39/223	5/20	256	Michael Fisenne	Male	47	E.northport	NY	5	00:23:51.03	01:59:15.17		
	Lap 1 to 4	00:21:54.27	7:03	21	00:22:41.07	7:10	30	00:23:11.28	7:16	31	00:23:58.63	7:22	37
	Lap 5 to 8	00:27:29.91	7:40	82									
	Lap 9 & 10												
34	40/223	9/25	392	Michael Turkovich	Male	50	Ronkonkoma	NY	5	00:23:58.26	01:59:51.31		
	Lap 1 to 4	00:24:14.15	7:48	49	00:23:49.70	7:44	45	00:24:02.00	7:44	43	00:23:47.50	7:42	32
	Lap 5 to 8	00:23:57.95	7:42	32									
	Lap 9 & 10												
35	41/223	10/25	447	Michael Nolan	Male	50	Sayville	NY	5	00:23:59.55	01:59:57.77		
	Lap 1 to 4	00:23:13.55	7:28	35	00:23:49.99	7:34	46	00:25:01.91	7:44	57	00:23:43.11	7:42	29
	Lap 5 to 8	00:24:09.20	7:43	37									
	Lap 9 & 10												
36	42/223	8/21	273	Mitchell Gould	Male	41	Woodbury	NY	5	00:24:15.66	02:01:18.31		
	Lap 1 to 4	00:23:06.27	7:26	34	00:24:05.56	7:35	48	00:24:19.93	7:40	48	00:24:56.90	7:45	51
	Lap 5 to 8	00:24:49.64	7:48	48									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
37	43/223	5/16	290	Thomas Horan	Male	59	Lake Ronkonkom	NY	5	00:24:19.12	02:01:35.60		
	Lap 1 to 4	00:24:18.23	7:49	50	00:23:45.62	7:44	44	00:24:02.00	7:44	42	00:24:26.87	7:46	46
	Lap 5 to 8	00:25:02.88	7:49	50									
	Lap 9 & 10												
38	44/223	2/13	262	Max Frumes	Male	31	Brooklyn	NY	5	00:24:26.13	02:02:10.65		
	Lap 1 to 4	00:27:40.99	8:54	108	00:22:37.67	8:05	28	00:23:39.78	7:56	37	00:23:56.91	7:52	35
	Lap 5 to 8	00:24:15.30	7:51	40									
	Lap 9 & 10												
39	46/223	6/16	247	P.j. Diskin	Male	57	Mineola	NY	5	00:24:27.18	02:02:15.92		
	Lap 1 to 4	00:23:30.28	7:33	43	00:23:02.06	7:29	35	00:23:50.47	7:33	39	00:25:21.78	7:42	54
	Lap 5 to 8	00:26:31.31	7:52	64									
	Lap 9 & 10												
40	47/223	11/25	253	Frank Favilla	Male	50	Bethpage	NY	5	00:24:27.91	02:02:19.55		
	Lap 1 to 4	00:25:49.52	8:18	74	00:24:07.03	8:02	49	00:24:03.30	7:56	44	00:24:29.35	7:55	47
	Lap 5 to 8	00:23:50.34	7:52	29									
	Lap 9 & 10												
41	49/223	12/25	233	John Clifford	Male	51	Seaford	NY	5	00:24:31.85	02:02:39.27		
	Lap 1 to 4	00:24:05.43	7:45	48	00:23:58.91	7:44	47	00:25:02.56	7:50	58	00:25:01.32	7:53	53
	Lap 5 to 8	00:24:31.02	7:53	43									
	Lap 9 & 10												
42	51/223	7/16	207	Stephen Albright	Male	55	Huntington	NY	5	00:24:32.66	02:02:43.31		
	Lap 1 to 4	00:25:38.94	8:15	71	00:24:15.40	8:01	50	00:24:05.07	7:56	45	00:24:03.00	7:53	38
	Lap 5 to 8	00:24:40.88	7:53	46									
	Lap 9 & 10												
43	54/223	1/4	445	David Klatt	Male	27	Brooklyn	NY	5	00:24:57.34	02:04:46.72		
	Lap 1 to 4	00:47:31.53	15:17	218	00:00:00.00	7:38		00:25:28.46	7:49	64	00:25:45.25	7:56	58
	Lap 5 to 8	00:26:01.46	8:01	59									
	Lap 9 & 10												
44	55/223	3/13	224	Daniel Boline	Male	32	Port Jefferson Sta	NY	5	00:24:57.91	02:04:49.56		
	Lap 1 to 4	00:21:38.51	6:57	18	00:22:39.37	7:07	29	00:23:55.52	7:19	41	00:27:38.32	7:42	87
	Lap 5 to 8	00:28:57.83	8:02	111									
	Lap 9 & 10												
45	60/223	9/21	225	Kevin Boone	Male	44	Bay Shore	NY	5	00:25:35.55	02:07:57.77		
	Lap 1 to 4	00:23:59.94	7:43	47	00:23:34.21	7:39	41	00:24:30.76	7:43	50	00:25:00.07	7:48	52
	Lap 5 to 8	00:30:52.78	8:14	133									
	Lap 9 & 10												
46	61/223	13/25	267	David Gatz	Male	51	Riverhead	NY	5	00:25:37.55	02:08:07.79		
	Lap 1 to 4	00:24:41.95	7:56	53	00:24:24.22	7:54	52	00:24:39.69	7:54	55	00:26:48.59	8:05	71
	Lap 5 to 8	00:27:33.33	8:14	83									
	Lap 9 & 10												
47	63/223	7/13	363	David Rios	Male	36	Yonkers	NY	5	00:25:48.35	02:09:01.79		
	Lap 1 to 4	00:22:17.68	7:10	26	00:24:37.53	7:33	56	00:26:01.95	7:49	70	00:25:24.32	7:54	55
	Lap 5 to 8	00:30:40.29	8:18	130									
	Lap 9 & 10												
48	64/223	6/20	323	Steven Lutz	Male	45	Melville	NY	5	00:25:48.94	02:09:04.72		
	Lap 1 to 4	00:25:33.90	8:13	68	00:24:36.62	8:04	55	00:25:14.64	8:05	61	00:27:29.03	8:16	82
	Lap 5 to 8	00:26:10.50	8:18	60									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
49	65/223	10/21	287	Lance Homan	Male	40	Medford	NY	5	00:25:50.11	02:09:10.58		
	Lap 1 to 4	00:26:17.54	8:27	85	00:25:24.32	8:19	67	00:24:39.25	8:11	54	00:25:53.54	8:13	59
	Lap 5 to 8	00:26:55.92	8:18	73									
	Lap 9 & 10												
50	67/223	14/25	212	Alan Baisch	Male	51	Selden	NY	5	00:25:57.68	02:09:48.44		
	Lap 1 to 4	00:25:16.54	8:08	65	00:25:49.18	8:13	74	00:26:09.04	8:17	72	00:25:40.86	8:16	57
	Lap 5 to 8	00:26:52.81	8:21	71									
	Lap 9 & 10												
51	68/223	8/13	311	Greg Land	Male	36	Brooklyn	NY	5	00:26:02.84	02:10:14.22		
	Lap 1 to 4	00:23:41.89	7:37	44	00:25:20.70	7:53	66	00:26:27.37	8:05	80	00:27:27.49	8:17	81
	Lap 5 to 8	00:27:16.77	8:23	78									
	Lap 9 & 10												
52	69/223	4/13	352	Douglas Perceval	Male	32	Massapequa Park	NY	5	00:26:11.51	02:10:57.58		
	Lap 1 to 4	00:25:08.52	8:05	60	00:26:20.74	8:17	83	00:26:00.14	8:18	68	00:26:52.09	8:23	72
	Lap 5 to 8	00:26:36.08	8:25	66									
	Lap 9 & 10												
53	70/223	15/25	246	David Digiovanni	Male	54	Sea Cliff	NY	5	00:26:12.25	02:11:01.28		
	Lap 1 to 4	00:25:57.85	8:21	76	00:25:20.66	8:15	65	00:25:31.21	8:14	65	00:26:28.06	8:18	64
	Lap 5 to 8	00:27:43.48	8:26	87									
	Lap 9 & 10												
54	71/223	7/20	336	Robert Monaco	Male	49	Woodbury	NY	5	00:26:18.05	02:11:30.29		
	Lap 1 to 4	00:26:04.53	8:23	77	00:25:46.08	8:20	73	00:26:01.92	8:21	69	00:26:43.73	8:25	67
	Lap 5 to 8	00:26:54.02	8:27	72									
	Lap 9 & 10												
55	72/223	16/25	319	Steve Liuzzo	Male	53	Smithtown	NY	5	00:26:26.09	02:12:10.48		
	Lap 1 to 4	00:24:52.29	8:00	58	00:25:07.84	8:02	63	00:26:28.32	8:12	81	00:27:29.89	8:21	83
	Lap 5 to 8	00:28:12.12	8:30	102									
	Lap 9 & 10												
56	76/223	11/21	302	Mike Kelly	Male	43	N Bellmore	NY	5	00:26:37.10	02:13:05.52		
	Lap 1 to 4	00:26:16.74	8:27	83	00:24:58.72	8:14	60	00:26:08.22	8:18	71	00:27:37.03	8:26	86
	Lap 5 to 8	00:28:04.80	8:34	100									
	Lap 9 & 10												
57	77/223	12/21	438	Douglas Gubbins	Male	43	Carle Place	NY	5	00:26:42.39	02:13:31.95		
	Lap 1 to 4	00:26:25.27	8:30	90	00:25:53.30	8:25	76	00:26:42.52	8:28	85	00:26:47.16	8:30	70
	Lap 5 to 8	00:27:43.68	8:35	88									
	Lap 9 & 10												
58	79/223	8/20	338	Sean Murray	Male	49	Long Beach	NY	5	00:26:44.75	02:13:43.79		
	Lap 1 to 4	00:26:16.74	8:27	84	00:27:05.80	8:35	98	00:27:42.31	8:41	103	00:27:09.65	8:42	74
	Lap 5 to 8	00:25:29.27	8:36	53									
	Lap 9 & 10												
59	80/223	17/25	413	Dan Wilson	Male	52	Long Beach	NY	5	00:26:44.75	02:13:43.79		
	Lap 1 to 4	00:26:16.53	8:27	82	00:27:05.58	8:35	97	00:27:42.74	8:41	104	00:27:09.28	8:42	73
	Lap 5 to 8	00:25:29.65	8:36	54									
	Lap 9 & 10												
60	83/223	2/4	409	Nicholas Wetzel	Male	27	Montauk	NY	5	00:26:49.70	02:14:08.52		
	Lap 1 to 4	00:26:32.28	8:32	91	00:26:59.83	8:36	94	00:26:56.41	8:38	88	00:27:11.94	8:39	77
	Lap 5 to 8	00:26:28.06	8:38	63									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
61	84/223	18/25	448	Alberto Perez	Male	50	Inwood	NY	5	00:26:55.02	02:14:35.10		
	Lap 1 to 4	00:27:44.66	8:55	109	00:26:45.57	8:46	88	00:26:57.46	8:44	89	00:26:34.27	8:41	65
	Lap 5 to 8	00:26:33.14	8:39	65									
	Lap 9 & 10												
62	87/223	8/16	249	Christopher Duvally	Male	55	Glen Cove	NY	5	00:27:05.48	02:15:27.43		
	Lap 1 to 4	00:27:16.79	8:46	99	00:26:52.14	8:42	92	00:26:48.61	8:41	86	00:27:10.69	8:42	76
	Lap 5 to 8	00:27:19.19	8:43	79									
	Lap 9 & 10												
63	88/223	9/16	296	Paul Johnson	Male	59	Port Jefferson Sta	NY	5	00:27:10.57	02:15:52.85		
	Lap 1 to 4	00:28:08.35	9:03	119	00:27:11.76	8:54	99	00:26:36.75	8:47	83	00:26:39.90	8:44	66
	Lap 5 to 8	00:27:16.07	8:44	77									
	Lap 9 & 10												
64	92/223	13/21	283	Karl Himmelmann	Male	42	Manorville	NY	5	00:27:19.77	02:16:38.86		
	Lap 1 to 4	00:26:19.99	8:28	86	00:26:00.37	8:25	79	00:26:50.00	8:29	87	00:27:46.07	8:36	89
	Lap 5 to 8	00:29:42.42	8:47	119									
	Lap 9 & 10												
65	94/223	10/16	299	Richard Kass	Male	58	Malverne	NY	5	00:27:29.14	02:17:25.74		
	Lap 1 to 4	00:27:50.92	8:57	113	00:27:25.70	8:53	110	00:27:28.33	8:52	97	00:28:00.33	8:54	93
	Lap 5 to 8	00:26:40.46	8:50	68									
	Lap 9 & 10												
66	95/223	9/20	400	Ben Walden	Male	45	Centerport	NY	5	00:27:29.92	02:17:29.60		
	Lap 1 to 4	00:26:24.67	8:30	88	00:26:33.84	8:31	87	00:27:21.29	8:37	92	00:28:15.44	8:44	100
	Lap 5 to 8	00:28:54.35	8:51	110									
	Lap 9 & 10												
67	96/223	2/7	274	Ronald Grinnell	Male	60	Centereach	NY	5	00:27:33.04	02:17:45.23		
	Lap 1 to 4	00:27:21.68	8:48	102	00:27:32.71	8:50	111	00:27:54.90	8:53	106	00:27:56.02	8:54	92
	Lap 5 to 8	00:26:59.91	8:52	75									
	Lap 9 & 10												
68	97/223	9/13	306	Kevin Kowalczyk	Male	37	Melville	NY	5	00:27:33.33	02:17:46.65		
	Lap 1 to 4	00:28:42.79	9:14	129	00:27:35.56	9:03	112	00:27:27.83	8:59	95	00:27:40.09	8:58	88
	Lap 5 to 8	00:26:20.37	8:52	61									
	Lap 9 & 10												
69	99/223	19/25	209	Daniel Alfiero	Male	50	Rockaway Park	NY	5	00:27:35.52	02:17:57.61		
	Lap 1 to 4	00:26:25.27	8:30	89	00:26:52.09	8:34	91	00:27:59.28	8:43	107	00:28:14.99	8:48	99
	Lap 5 to 8	00:28:25.97	8:52	104									
	Lap 9 & 10												
70	100/223	5/13	206	John Alaimo	Male	30	Mineola	NY	5	00:27:36.31	02:18:01.56		
	Lap 1 to 4	00:28:12.21	9:04	120	00:27:22.93	8:56	108	00:27:26.74	8:54	94	00:27:20.29	8:52	80
	Lap 5 to 8	00:27:39.38	8:53	84									
	Lap 9 & 10												
71	101/223	10/20	450	Jonah Metal	Male	46	Plainview	NY	5	00:27:39.66	02:18:18.30		
	Lap 1 to 4	00:25:12.53	8:06	62	00:25:32.98	8:10	70	00:25:50.16	8:13	67	00:31:23.23	8:41	153
	Lap 5 to 8	00:30:19.38	8:54	123									
	Lap 9 & 10												
72	105/223	10/13	313	Alberto Leal	Male	37	Brentwood	NY	5	00:27:48.38	02:19:01.92		
	Lap 1 to 4	00:25:49.29	8:18	73	00:26:24.15	8:24	84	00:26:33.96	8:27	82	00:28:16.51	8:36	101
	Lap 5 to 8	00:31:58.00	8:56	148									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
73	107/223	14/21	426	Luis Miguel Callao	Male	43	Locust Valley	NY	5	00:28:03.35	02:20:16.77		
	Lap 1 to 4	00:29:53.58	9:37	156	00:28:40.27	9:25	128	00:26:22.36	9:06	76	00:28:59.63	9:10	117
	Lap 5 to 8	00:26:20.92	9:01	62									
	Lap 9 & 10												
74	108/223	6/13	266	John Gattringer	Male	34	Seaford	NY	5	00:28:13.98	02:21:09.92		
	Lap 1 to 4	00:26:41.74	8:35	93	00:26:52.07	8:37	90	00:27:17.84	8:40	91	00:29:17.87	8:51	123
	Lap 5 to 8	00:31:00.39	9:05	136									
	Lap 9 & 10												
75	109/223	15/21	384	Robert Smith	Male	44	Northport	NY	5	00:28:21.44	02:21:47.23		
	Lap 1 to 4	00:25:37.73	8:14	70	00:27:15.71	8:30	101	00:28:28.29	8:43	118	00:29:39.78	8:56	127
	Lap 5 to 8	00:30:45.70	9:07	131									
	Lap 9 & 10												
76	110/223	7/13	251	Mickel Evangelista	Male	34	Elmont	NY	5	00:28:23.27	02:21:56.37		
	Lap 1 to 4	00:27:37.74	8:53	107	00:27:41.13	8:54	115	00:27:37.72	8:53	100	00:28:59.37	9:00	116
	Lap 5 to 8	00:30:00.40	9:08	122									
	Lap 9 & 10												
77	112/223	16/21	361	Mark Rhonemus	Male	41	Huntington	NY	5	00:28:30.97	02:22:34.87		
	Lap 1 to 4	00:28:05.29	9:02	118	00:27:17.69	8:54	104	00:27:48.46	8:55	105	00:28:55.67	9:01	113
	Lap 5 to 8	00:30:27.74	9:10	124									
	Lap 9 & 10												
78	113/223	1/2	277	Jack Hanley	Male	77	Babylon	NY	5	00:28:36.87	02:23:04.37		
	Lap 1 to 4	00:27:59.39	9:00	114	00:28:07.59	9:01	118	00:27:37.17	8:59	99	00:29:41.66	9:07	129
	Lap 5 to 8	00:29:38.55	9:12	118									
	Lap 9 & 10												
79	114/223	11/13	270	Jesse Gellor	Male	35	Elmhurst	NY	5	00:28:37.19	02:23:05.98		
	Lap 1 to 4	00:29:53.97	9:37	157	00:28:39.42	9:25	127	00:28:05.81	9:17	113	00:28:30.31	9:15	105
	Lap 5 to 8	00:27:56.45	9:12	97									
	Lap 9 & 10												
80	116/223	17/21	381	Daniel Simon	Male	42	Locust Valley	NY	5	00:28:44.42	02:23:42.10		
	Lap 1 to 4	00:28:49.76	9:16	133	00:27:45.65	9:06	116	00:28:36.81	9:08	119	00:28:57.01	9:11	115
	Lap 5 to 8	00:29:32.86	9:15	116									
	Lap 9 & 10												
81	117/223	18/21	240	Rob Dell'unto	Male	40	Rockville Centre	NY	5	00:28:45.71	02:23:48.59		
	Lap 1 to 4	00:29:04.83	9:21	142	00:29:05.29	9:21	135	00:28:50.04	9:20	124	00:28:55.74	9:19	114
	Lap 5 to 8	00:27:52.67	9:15	94									
	Lap 9 & 10												
82	122/223	11/20	300	Kojiro Katayama	Male	47	Syosset	NY	5	00:28:51.56	02:24:17.82		
	Lap 1 to 4	00:28:01.79	9:01	116	00:27:19.08	8:54	105	00:28:14.96	8:58	115	00:29:06.37	9:04	118
	Lap 5 to 8	00:31:35.61	9:17	143									
	Lap 9 & 10												
83	125/223	12/20	278	Robert Hardie	Male	48	East Northport	NY	5	00:29:24.11	02:27:00.58		
	Lap 1 to 4	00:27:24.55	8:49	103	00:27:04.67	8:46	95	00:28:51.59	8:56	125	00:30:46.40	9:10	141
	Lap 5 to 8	00:32:53.37	9:27	160									
	Lap 9 & 10												
84	128/223	11/16	293	Ed Huether	Male	56	Farmingdale	NY	5	00:29:32.32	02:27:41.63		
	Lap 1 to 4	00:28:13.42	9:05	122	00:28:19.34	9:05	122	00:28:49.19	9:09	123	00:30:30.29	9:19	136
	Lap 5 to 8	00:31:49.37	9:30	146									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
85	129/223	8/13	370	Steve Rossi	Male	32	Smithtown	NY	5	00:29:32.52	02:27:42.63		
	Lap 1 to 4	00:28:57.47	9:19	137	00:29:52.04	9:27	149	00:30:00.36	9:31	144	00:31:04.05	9:38	144
	Lap 5 to 8	00:27:48.71	9:30	90									
	Lap 9 & 10												
86	131/223	9/13	416	Daisuke Yoshizawa	Male	33	Farmingdale	NY	5	00:29:35.72	02:27:58.63		
	Lap 1 to 4	00:27:28.54	8:50	104	00:27:40.23	8:52	114	00:28:16.93	8:57	116	00:30:23.58	9:09	135
	Lap 5 to 8	00:34:09.34	9:31	171									
	Lap 9 & 10												
87	133/223	10/13	301	Michael Kazin	Male	34	Plainview	NY	5	00:29:46.97	02:28:54.89		
	Lap 1 to 4	00:29:54.55	9:37	159	00:28:37.33	9:25	124	00:30:02.08	9:30	146	00:29:15.97	9:28	121
	Lap 5 to 8	00:31:04.94	9:35	138									
	Lap 9 & 10												
88	134/223	11/13	230	Scott Burkner	Male	30	Merrick	NY	5	00:29:51.07	02:29:15.39		
	Lap 1 to 4	00:30:56.38	9:57	170	00:29:38.17	9:44	148	00:29:01.16	9:36	130	00:29:40.06	9:35	128
	Lap 5 to 8	00:29:59.60	9:36	121									
	Lap 9 & 10												
89	136/223	13/20	433	Alan Siegel	Male	46	Jericho	NY	5	00:29:56.97	02:29:44.89		
	Lap 1 to 4	00:28:25.21	9:08	126	00:28:54.42	9:13	130	00:30:29.05	9:25	157	00:31:25.27	9:35	154
	Lap 5 to 8	00:30:30.92	9:38	125									
	Lap 9 & 10												
90	139/223	12/16	422	Al Engelsher	Male	56	Huntington	NY	5	00:30:02.50	02:30:12.53		
	Lap 1 to 4	00:29:44.79	9:34	151	00:29:22.74	9:30	138	00:29:06.34	9:27	132	00:30:31.05	9:33	137
	Lap 5 to 8	00:31:27.60	9:40	139									
	Lap 9 & 10												
91	140/223	20/25	419	Colin Goddard	Male	53	Northport	NY	5	00:30:10.12	02:30:50.64		
	Lap 1 to 4	00:29:52.56	9:36	155	00:29:57.60	9:37	153	00:30:17.45	9:40	152	00:30:08.93	9:40	131
	Lap 5 to 8	00:30:34.09	9:42	127									
	Lap 9 & 10												
92	143/223	21/25	329	Rob Martell	Male	51	Huntington	NY	5	00:30:23.35	02:31:56.79		
	Lap 1 to 4	00:29:00.54	9:20	140	00:29:54.83	9:28	151	00:29:37.20	9:29	137	00:31:20.72	9:38	152
	Lap 5 to 8	00:32:03.48	9:46	149									
	Lap 9 & 10												
93	145/223	19/21	396	Dmitriy Vaysman	Male	41	Commack	NY	5	00:30:25.22	02:32:06.10		
	Lap 1 to 4	00:31:49.47	10:14	192	00:30:10.74	9:58	154	00:30:10.41	9:53	151	00:30:18.00	9:51	134
	Lap 5 to 8	00:29:37.47	9:47	117									
	Lap 9 & 10												
94	147/223	14/20	325	Tom Lynch	Male	45	East Northport	NY	5	00:30:25.66	02:32:08.34		
	Lap 1 to 4	00:29:22.25	9:27	144	00:29:25.01	9:27	142	00:29:51.42	9:30	141	00:31:05.61	9:38	147
	Lap 5 to 8	00:32:24.04	9:47	156									
	Lap 9 & 10												
95	149/223	15/20	402	Andrew Warsaw	Male	45	Coram	NY	5	00:30:28.47	02:32:22.40		
	Lap 1 to 4	00:30:50.78	9:55	168	00:29:35.80	9:43	146	00:29:17.30	9:37	135	00:31:05.03	9:43	146
	Lap 5 to 8	00:31:33.48	9:48	142									
	Lap 9 & 10												
96	150/223	12/13	114	Robert Tucci	Male	39	Manorville	NY	5	00:30:34.27	02:32:51.37		
	Lap 1 to 4	00:20:19.64	6:32	10	00:27:45.95	7:44	117	00:30:05.34	8:23	149	00:36:41.71	9:14	196
	Lap 5 to 8	00:37:58.71	9:50	191									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
97	152/223	13/16	364	Richard Rise	Male	56	Glen Cove	NY	5	00:31:00.52	02:35:02.64		
	Lap 1 to 4	00:36:13.64	11:39	213	00:32:25.92	11:02	186	00:30:09.68	10:36	150	00:28:12.57	10:13	96
	Lap 5 to 8	00:28:00.82	9:58	98									
	Lap 9 & 10												
98	154/223	16/20	427	Andre Liu	Male	48	Flushing	NY	5	00:31:06.08	02:35:30.40		
	Lap 1 to 4	00:28:23.54	9:08	124	00:30:12.22	9:25	155	00:31:04.95	9:37	161	00:32:50.62	9:51	165
	Lap 5 to 8	00:32:59.06	10:00	162									
	Lap 9 & 10												
99	155/223	1/3	235	Sean Cronin	Male	24	E.islip	NY	5	00:31:10.87	02:35:54.40		
	Lap 1 to 4	00:27:30.83	8:51	106	00:27:16.83	8:49	103	00:28:55.26	8:58	127	00:34:01.54	9:28	179
	Lap 5 to 8	00:38:09.92	10:02	193									
	Lap 9 & 10												
100	162/223	17/20	310	Roberto Labrador	Male	45	Forest Hills	NY	5	00:31:28.96	02:37:24.84		
	Lap 1 to 4	00:28:40.22	9:13	128	00:30:18.06	9:29	156	00:31:42.18	9:43	170	00:33:46.73	10:00	174
	Lap 5 to 8	00:32:57.63	10:07	161									
	Lap 9 & 10												
101	163/223	18/20	360	Jeffrey Reynolds	Male	46	Hauppauge	NY	5	00:31:36.58	02:38:02.91		
	Lap 1 to 4	00:30:02.49	9:40	164	00:30:56.67	9:48	164	00:30:27.39	9:48	156	00:31:50.10	9:55	159
	Lap 5 to 8	00:34:46.26	10:10	176									
	Lap 9 & 10												
102	166/223	19/20	435	Chris Dazo	Male	45	Flushing	NY	5	00:32:08.77	02:40:43.87		
	Lap 1 to 4	00:29:53.98	9:37	158	00:29:38.13	9:34	147	00:31:40.04	9:47	169	00:33:21.75	10:01	172
	Lap 5 to 8	00:36:09.95	10:20	185									
	Lap 9 & 10												
103	170/223	12/13	420	Robert Jackson	Male	32	Shoreham	NY	5	00:32:19.13	02:41:35.66		
	Lap 1 to 4	00:32:43.45	10:31	202	00:31:23.45	10:19	173	00:30:41.83	10:10	159	00:30:16.77	10:03	133
	Lap 5 to 8	00:36:30.15	10:24	188									
	Lap 9 & 10												
104	174/223	22/25	337	Kevin Morrissey	Male	51	New York	NY	5	00:32:35.65	02:42:58.26		
	Lap 1 to 4	00:29:46.81	9:35	154	00:31:07.65	9:48	168	00:33:37.29	10:08	192	00:33:48.77	10:19	175
	Lap 5 to 8	00:34:37.71	10:29	175									
	Lap 9 & 10												
105	175/223	2/3	437	Jonathan Brunot	Male	23	W Hempstead	NY	5	00:32:38.08	02:43:10.40		
	Lap 1 to 4	00:31:27.93	10:07	179	00:30:58.27	10:02	166	00:31:05.52	10:02	163	00:35:54.95	10:24	192
	Lap 5 to 8	00:33:43.71	10:30	165									
	Lap 9 & 10												
106	178/223	14/16	239	Vincent Del-Cid	Male	56	New Hyde Park	NY	5	00:32:40.92	02:43:24.60		
	Lap 1 to 4	00:31:28.30	10:07	180	00:30:58.31	10:02	167	00:31:05.37	10:02	162	00:35:54.70	10:24	191
	Lap 5 to 8	00:33:57.91	10:31	169									
	Lap 9 & 10												
107	180/223	1/2	371	Vic Rossi	Male	66	Hauppauge	NY	5	00:33:05.89	02:45:29.46		
	Lap 1 to 4	00:28:57.75	9:19	139	00:30:57.47	9:38	165	00:31:46.25	9:50	171	00:35:43.45	10:15	188
	Lap 5 to 8	00:38:04.53	10:39	192									
	Lap 9 & 10												
108	181/223	15/16	304	Donald Kienz	Male	57	Exton	PA	5	00:33:12.37	02:46:01.87		
	Lap 1 to 4	00:29:41.33	9:33	149	00:31:22.86	9:49	172	00:32:45.27	10:03	179	00:36:05.67	10:27	193
	Lap 5 to 8	00:36:06.72	10:41	184									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
109	193/223	3/7	238	Joe D'agostino	Male	63	Holbrook	NY	5	00:35:50.19	02:59:10.96		
	Lap 1 to 4	00:31:13.80	10:03	173	00:32:32.17	10:15	187	00:33:42.96	10:27	194	00:39:10.41	10:59	200
	Lap 5 to 8	00:42:31.60	11:32	201									
	Lap 9 & 10												
110	194/223	3/4	205	Cemalettin Akca	Male	26	Melville	NY	5	00:35:58.07	02:59:50.37		
	Lap 1 to 4	00:28:03.29	9:01	117	00:31:26.18	9:34	174	00:35:38.01	10:12	203	00:42:33.05	11:04	208
	Lap 5 to 8	00:42:09.83	11:34	199									
	Lap 9 & 10												
111	195/223	16/16	440	Qamar Hammad	Male	55	Jamaica	NY	5	00:36:04.11	03:00:20.56		
	Lap 1 to 4	00:31:41.55	10:12	183	00:32:57.09	10:24	192	00:32:30.82	10:25	176	00:40:44.64	11:05	204
	Lap 5 to 8	00:42:26.45	11:36	200									
	Lap 9 & 10												
112	196/223	3/3	376	Eric Schramm	Male	24	Northport	NY	5	00:36:40.69	03:03:23.49		
	Lap 1 to 4	00:32:00.67	10:18	194	00:31:12.97	10:10	169	00:35:18.20	10:34	201	00:33:13.45	10:36	170
	Lap 5 to 8	00:51:38.19	11:48	212									
	Lap 9 & 10												
113	197/223	23/25	320	Vidal Luchana	Male	54	Woodside	NY	5	00:36:53.77	03:04:28.89		
	Lap 1 to 4	00:35:39.76	11:28	209	00:37:20.06	11:44	209	00:31:21.47	11:11	168	00:35:52.03	11:16	189
	Lap 5 to 8	00:44:15.56	11:52	202									
	Lap 9 & 10												
114	198/223	20/21	429	Caesar Intong	Male	41	Flushing	NY	5	00:36:54.02	03:04:30.12		
	Lap 1 to 4	00:35:38.31	11:28	208	00:36:00.10	11:31	208	00:32:42.27	11:11	178	00:35:53.25	11:17	190
	Lap 5 to 8	00:44:16.17	11:52	203									
	Lap 9 & 10												
115	199/223	4/4	408	Glenn Werneburg	Male	25	Hicksville	NY	5	00:37:02.62	03:05:13.12		
	Lap 1 to 4	00:31:43.30	10:12	186	00:33:54.85	10:33	203	00:35:29.73	10:50	202	00:39:06.87	11:17	198
	Lap 5 to 8	00:44:58.35	11:55	205									
	Lap 9 & 10												
116	200/223	21/21	373	Kevin Ryan	Male	42	Forest Hills	NY	5	00:37:15.99	03:06:19.99		
	Lap 1 to 4	00:30:00.88	9:39	162	00:34:56.26	10:27	205	00:35:45.39	10:48	204	00:40:31.64	11:21	202
	Lap 5 to 8	00:45:05.80	11:59	206									
	Lap 9 & 10												
117	207/223	20/20	263	Mike Gadaleta	Male	46	Glen Cove	NY	5	00:38:04.35	03:10:21.76		
	Lap 1 to 4	00:33:18.17	10:43	203	00:33:16.98	10:42	194	00:35:01.97	10:54	199	00:42:17.50	11:34	207
	Lap 5 to 8	00:46:27.13	12:15	209									
	Lap 9 & 10												
118	208/223	2/2	405	Victor Weisberg	Male	68	Forest Hills	NY	5	00:39:39.15	03:18:15.78		
	Lap 1 to 4	00:35:50.50	11:32	211	00:38:11.38	11:54	211	00:40:37.52	12:18	213	00:42:13.00	12:37	206
	Lap 5 to 8	00:41:23.36	12:45	197									
	Lap 9 & 10												
119	210/223	24/25	315	Mark Leff	Male	54	Massapequa	NY	5	00:42:57.26	03:34:46.30		
	Lap 1 to 4	00:34:15.78	11:01	206	00:38:32.86	11:43	213	00:40:20.31	12:08	212	00:49:16.42	13:04	213
	Lap 5 to 8	00:52:20.91	13:49	213									
	Lap 9 & 10												
120	211/223	13/13	356	Declan Reidy	Male	37	Malverne	NY	5	00:46:38.67	03:53:13.37		
	Lap 1 to 4	01:57:50.55	37:55	223	00:26:59.07	23:18	93	00:29:15.22	18:40	133	00:28:14.55	16:16	97
	Lap 5 to 8	00:30:53.97	15:00	134									
	Lap 9 & 10												

Caumsett Park 50K Championship and GLIRC 25K Run

25K

Lap legend: (time, accumulated pace & place)

Overall Results - Male

March 3, 2013

Place	overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time		
121	212/223	4/7	257	Robert Fisher	Male	62	Brooklyn	NY	5	00:47:47.66	03:58:58.31		
	Lap 1 to 4	00:44:50.12	14:25	217	00:47:54.36	14:55	216	00:47:01.87	14:59	217	00:51:54.40	15:25	214
	Lap 5 to 8	00:47:17.55	15:22	210									
	Lap 9 & 10												
122	213/223	2/2	330	Frank Martin	Male	77	Bay Shore	NY	5	00:50:50.18	04:14:10.93		
	Lap 1 to 4	00:42:18.85	13:37	216	00:49:36.51	14:47	218	00:53:19.27	15:34	220	00:52:31.99	15:54	215
	Lap 5 to 8	00:56:24.30	16:21	214									
	Lap 9 & 10												
123	214/223	5/7	424	Steve Schultz	Male	63	Rocky Point	NY	5	00:52:29.79	04:22:28.97		
	Lap 1 to 4	00:51:46.51	16:39	220	00:53:05.67	16:52	219	00:52:30.97	16:53	218	00:53:40.78	16:58	217
	Lap 5 to 8	00:51:25.02	16:53	211									
	Lap 9 & 10												
124	215/223	25/25	382	Burt Simpson	Male	52	Hillsdale	NJ	5	00:55:05.08	04:35:25.44		
	Lap 1 to 4	00:47:42.85	15:21	219	00:49:04.08	15:34	217	00:53:17.88	16:06	219	01:00:18.18	16:55	219
	Lap 5 to 8	01:05:02.44	17:43	216									
	Lap 9 & 10												
125	216/223	1/1	211	Barry Aronowsky	Male	72	Greenlawn	NY	5	00:55:34.09	04:37:50.49		
	Lap 1 to 4	00:54:08.11	17:25	222	00:53:23.40	17:18	220	00:54:58.31	17:26	221	00:56:53.15	17:39	218
	Lap 5 to 8	00:58:27.50	17:53	215									
	Lap 9 & 10												
126	218/223	6/7	248	Warren Drezen	Male	60	Massapequa	NY	4	00:40:58.40	02:43:53.61		
	Lap 1 to 4	00:35:45.27	11:30	210	00:37:48.40	11:50	210	00:41:57.86	12:23	215	00:48:22.07	13:11	212
	Lap 5 to 8												
	Lap 9 & 10												
127	221/223	7/7	305	Joseph King	Male	64	Queens Village	NY	3	00:32:28.96	01:37:26.90		
	Lap 1 to 4	00:31:49.56	10:14	193	00:32:42.71	10:23	190	00:32:54.63	10:27	181			
	Lap 5 to 8												
	Lap 9 & 10												
128	223/223	13/13	431	Anthony Randolfi	Male	31	North Woodmere	NY	1	00:19:50.42	00:19:50.42		
	Lap 1 to 4	00:19:50.42	6:23	7									
	Lap 5 to 8												
	Lap 9 & 10												