

GEAR WEST DUATHLON  
 Sunday, May 19, 2013  
 Orono, Minnesota

2.8 Mile Run, 16.6 Mile Bike, 2.8 Mile Run

TOT	DIV	PLC	PLC	NAME	CITY	ST	AGE	S	plc	RUN time	pace	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	1/11			Dan Hedgecock	Minneapolis	MN	26	M	1	16:01	5:43	0:50	1	38:14	26.1	0:34	4	18:00	6:26	1:13:37
2	2/11			Patrick Parish	Bloomington	MN	28	M	2	16:50	6:01	0:52	6	40:27	24.6	0:34	1	17:26	6:14	1:16:08
3	1/31			Brooks Grossinger	Mayer	MN	36	M	4	17:13	6:09	0:52	5	40:18	24.7	0:33	2	17:49	6:22	1:16:44
4	3/11			Jared Smith	Minneapolis	MN	29	M	8	17:47	6:21	0:56	4	39:39	25.1	0:31	3	17:59	6:26	1:16:49
5	1/16			John Heinlein III	Stillwater	MN	24	M	11	18:04	6:27	0:47	3	39:22	25.3	0:25	6	19:18	6:54	1:17:54
6	2/31			Dan Arlandson	Burnsville	MN	35	M	10	18:01	6:26	1:08	2	39:02	25.5	0:44	13	19:45	7:04	1:18:38
7	1/20			Mike Ladendorf	Apple Valley	MN	31	M	7	17:46	6:21	0:55	30	43:37	22.8	0:31	5	18:00	6:26	1:20:47
8	1/13			Tony Schiller	Eden Prairie	MN	55	M	13	18:21	6:34	1:04	9	41:29	24.0	0:38	10	19:39	7:01	1:21:09
9	2/16			Michael Mittelstea	Apple Valley	MN	22	M	12	18:07	6:29	1:12	17	42:24	23.5	0:38	8	19:32	6:59	1:21:51
10	2/20			Andrew Elvester	Minnetonka	MN	34	M	9	17:49	6:22	1:10	22	42:50	23.3	0:39	9	19:35	7:00	1:22:00
11	3/31			Scott Myers	Plymouth	MN	37	M	20	18:59	6:47	1:00	18	42:36	23.4	0:38	12	19:42	7:02	1:22:53
12	3/16			Ben Trnka	Roseville	MN	24	M	16	18:48	6:43	0:54	20	42:49	23.3	0:36	17	20:02	7:10	1:23:07
13	3/20			Andrew Zabel	Saint Joseph	MN	33	M	23	19:17	6:53	1:08	12	41:54	23.8	0:39	20	20:11	7:13	1:23:07
14	4/31			Jesse Marzean	Montrose	MN	35	M	29	19:42	7:03	0:56	13	41:58	23.7	0:40	21	20:12	7:13	1:23:26
15	4/16			Jordan Roby	Saint Paul	MN	22	M	17	18:48	6:43	1:08	31	43:37	22.8	0:34	15	19:50	7:05	1:23:55
16	1/5			Pat Griffith	Maple Grove	MN	19	M	18	18:50	6:44	1:01	29	43:32	22.9	0:51	22	20:14	7:14	1:24:25
17	1/26			Derek Hager	Minneapolis	MN	51	M	37	20:11	7:13	0:59	7	40:47	24.4	0:33	58	22:06	7:54	1:24:34
18	5/31			Michael Bolinske	Hopkins	MN	37	M	34	19:58	7:08	1:24	8	41:07	24.2	0:50	44	21:25	7:39	1:24:42
19	1/24			Greg Dummer	Minneapolis	MN	42	M	26	19:25	6:57	1:22	26	43:15	23.0	0:50	19	20:10	7:12	1:25:01
20	5/16			Philip English	Minnetonka	MN	21	M	15	18:45	6:42	0:55	37	44:09	22.6	0:46	25	20:38	7:22	1:25:11
21	6/31			Scott Parker	Plymouth	MN	37	M	5	17:24	6:13	1:17	40	44:44	22.3	0:52	32	21:04	7:32	1:25:19
22	2/24			Josh Sprague	Edina	MN	41	M	33	19:57	7:08	1:04	28	43:26	22.9	0:51	18	20:04	7:10	1:25:20
23	4/20			Michael Younes	St Louis Park	MN	32	M	19	18:53	6:45	1:15	44	44:49	22.2	0:42	16	19:50	7:05	1:25:28
24	3/24			John Shelp	Maple Plain	MN	41	M	40	20:19	7:16	0:58	11	41:36	23.9	0:55	53	21:53	7:49	1:25:40
25	6/16			Brett Danielson	Cokato	MN	23	M	39	20:19	7:16	0:54	24	42:50	23.3	0:27	45	21:28	7:40	1:25:56
26	1/30			Leon Ball	Minneapolis	MN	47	M	25	19:25	6:57	1:24	42	44:47	22.2					1:26:06
27	2/26			Kirk Vesterstein	Wayzata	MN	51	M					14	42:15	23.6	0:42	34	21:08	7:33	1:26:19
28	2/30			Tim Bode	Buffalo	MN	45	M	53	20:36	7:22	1:01	25	43:14	23.0	0:59	24	20:37	7:22	1:26:26
29	4/24			Shawn Kittridge	St. Cloud	MN	42	M	36	20:06	7:11	1:17	32	43:46	22.8	0:49	23	20:32	7:20	1:26:28
30	5/24			Colin Smith	Minneapolis	MN	43	M	58	20:52	7:27	1:17	16	42:23	23.5	0:51	39	21:19	7:37	1:26:40
31	7/16			Matt Orzechowski	Richfield	MN	24	M	43	20:22	7:17	1:12	21	42:49	23.3	0:53	48	21:37	7:44	1:26:52
32	6/24			Thaddeus Ingersoll	St. Paul	MN	43	M	22	19:16	6:53	0:58	61	46:21	21.5	0:39	11	19:41	7:02	1:26:53
33	8/16			Ben Thomas	St. Paul	MN	24	M	3	17:13	6:09	1:17	62	46:32	21.4	0:41	41	21:22	7:38	1:27:03
34	7/31			Nicholas Shultz	St. Michael	MN	36	M	24	19:18	6:54	1:09	46	45:00	22.1	0:48	27	20:54	7:28	1:27:06
35	4/11			Cody Stadler	Minneapolis	MN	26	M	52	20:35	7:21	1:19	23	42:50	23.3	0:46	52	21:52	7:49	1:27:20
36	3/30			Jey Carlson	North Oaks	MN	47	M	68	21:21	7:38	1:07	10	41:36	23.9	0:47	68	22:42	8:07	1:27:31
37	1/9			Suzanne Fox	Chaska	MN	29	F	35	20:02	7:09	1:05	38	44:37	22.3	0:34	37	21:16	7:36	1:27:32
38	7/24			Pearce McCarty	Long Lake	MN	43	M	41	20:20	7:16	1:16	27	43:20	23.0	0:54	54	21:53	7:49	1:27:42
39	9/16			Jacob Braaten	Glenwood	MN	20	M	27	19:29	6:58	0:55	70	47:03	21.2	0:39	14	19:48	7:05	1:27:51
40	10/16			Michael Williams	Maple Grove	MN	24	M	28	19:32	6:59	1:00	56	45:48	21.7	0:33	43	21:25	7:39	1:28:16
41	8/31			Robert Brown	Hopkins	MN	38	M	46	20:24	7:17	1:07	47	45:02	22.1	0:37	38	21:19	7:47	1:28:26
42	2/9			Claire Bootsma	Minneapolis	MN	26	F	31	19:46	7:04	0:55	55	45:45	21.8	0:31	46	21:33	7:42	1:28:27
43	4/30			Ted McNamara	Buffalo	MN	46	M	71	21:35	7:43	1:18	19	42:43	23.3	0:44	62	22:33	8:04	1:28:51
44	11/16			Nicholas Teetzel	Rogers	MN	21	M	6	17:24	6:13	1:33	104	49:18	20.2	1:24	7	19:26	6:57	1:29:03
45	1/10			Kortney Haag	Maple Grove	MN	34	F	69	21:23	7:38	1:09	35	43:59	22.6	0:43	55	21:55	7:50	1:29:08
46	5/11			David Kerber	Minneapolis	MN	26	M	21	19:14	6:52	0:59	78	47:25	21.0	0:41	33	21:07	7:33	1:29:24
47	2/13			Dale Forde	Golden Valley	MN	55	M	55	20:47	7:26	1:30	50	45:10	22.1	1:23	29	21:01	7:31	1:29:48
48	9/31			Andy Brink	Chaska	MN	39	M	30	19:45	7:04	1:14	69	47:02	21.2	0:58	35	21:11	7:34	1:30:09
49	5/20			Eben Spencer	Eden Prairie	MN	33	M	56	20:49	7:26	1:12	15	42:19	23.5	0:47	118	25:25	9:05	1:30:31

50	10/31	Ebe Boettcher	Cedar Rapids	IA	37	M	83	22:11	7:56	1:18	34	43:59	22.6	0:43	69	22:43	8:07	1:30:52
51	1/10	Julie Hull	Farmington	MN	40	F	88	22:23	8:00	0:53	43	44:48	22.2	0:34	64	22:36	8:05	1:31:12
52	8/24	Kevin Rutherford	Minneapolis	MN	42	M	48	20:26	7:18	1:39	63	46:37	21.4	1:30	30	21:02	7:31	1:31:13
53	2/10	Jennifer Scudiero	Eagan	MN	30	F	84	22:11	7:56	1:08	39	44:42	22.3	0:38	66	22:39	8:06	1:31:15
54	11/31	David Haaland	Saint Paul	MN	38	M	62	21:04	7:32	1:32	49	45:09	22.1	1:02	71	22:46	8:08	1:31:31
55	6/11	Chad Solei	Minneapolis	MN	26	M	51	20:32	7:20	1:42	67	46:56	21.2	1:23	28	20:59	7:30	1:31:31
56	1/12	Julia Weisbecker	Mendota Height	MN	47	F	75	21:46	7:47	0:59	60	46:18	21.5	0:40	57	22:03	7:53	1:31:45
57	1/15	Tracie Kent	Saint Paul	MN	39	F												1:31:53
58	5/30	Bill Sevold	Woodbury	MN	47	M	32	19:51	7:06	2:18	76	47:19	21.0	1:57	26	20:44	7:25	1:32:08
59	6/30	Alfredo Martel	Saint Louis Pa	MN	47	M	78	21:55	7:50	1:09	58	45:52	21.7	1:03	59	22:13	7:57	1:32:10
60	3/26	Brian Maas	Plymouth	MN	52	M	42	20:20	7:16	1:50	72	47:08	21.1	1:18	50	21:48	7:47	1:32:22
61	7/11	Daniel Bocock	Kennan	WI	26	M	49	20:29	7:19	1:48	65	46:46	21.3	0:55	61	22:32	8:03	1:32:28
62	4/26	David Frank	Plymouth	MN	50	M	44	20:22	7:17	0:58	102	49:10	20.3	0:37	42	21:24	7:39	1:32:30
63	2/12	Ann Snuggerud	Chaska	MN	45	F	65	21:12	7:35	1:26	77	47:20	21.0	0:54	51	21:49	7:48	1:32:40
64	5/26	Brian Lavelle	Chaska	MN	51	M	101	23:07	8:16	1:26	33	43:48	22.7	0:52	88	23:47	8:30	1:32:58
65	6/26	Thomas Egger	Edina	MN	54	M	73	21:43	7:46	1:40	51	45:15	22.0	1:23	78	23:02	8:14	1:33:01
66	12/16	Danny Braaten	Inver Grove He	MN	23	M	60	20:57	7:29	1:02	82	47:31	21.0	0:32	77	23:01	8:14	1:33:01
67	3/13	David Dow	Stillwater	MN	58	M	74	21:46	7:47	1:17	54	45:35	21.9	1:04	91	23:59	8:34	1:33:39
68	9/24	Jukka Kukkonen	St Paul	MN	40	M	85	22:12	7:56	1:26	53	45:27	21.9	1:08	86	23:41	8:28	1:33:53
69	7/30	Andy Leier	Shakopee	MN	47	M	70	21:29	7:41	1:44	68	47:01	21.2	1:25	63	22:35	8:04	1:34:12
70	3/9	Jasmine Carlson	Becida	MN	27	F	77	21:52	7:49	1:13	57	45:52	21.7	0:54	101	24:31	8:46	1:34:20
71	12/31	James Dougmerty	Saint Paul	MN	36	M	38	20:17	7:15	1:33	115	49:58	19.9	0:59	47	21:36	7:43	1:34:20
72	1/6	Jan Guenther	Mound	MN	53	F	76	21:50	7:48	1:12	85	47:53	20.8	0:47	70	22:44	8:07	1:34:24
73	10/24	John Brockman	Saint Paul	MN	41	M	87	22:21	7:59	1:04	74	47:09	21.1					1:34:36
74	2/5	Aaron Senne	North Branch	MN	16	M	47	20:25	7:18	1:35	119	50:25	19.8	0:49	49	21:38	7:44	1:34:49
75	7/26	John Stangl	Buffalo	MN	50	M	137	24:32	8:46	1:56	41	44:46	22.2	0:56	73	22:52	8:10	1:35:00
76	2/15	Andrea Myers	Plymouth	MN	37	F	66	21:13	7:35	1:02	103	49:17	20.2	0:38	75	22:57	8:12	1:35:05
77	13/16	Alex Peterson	Plymouth	MN	21	M	102	23:07	8:16	1:05	80	47:30	21.0	0:29	79	23:10	8:17	1:35:19
78	8/26	Kerry Yndestad	Rosemount	MN	52	M	79	22:03	7:53	1:11	83	47:41	20.9	0:40	87	23:45	8:29	1:35:19
79	8/30	Chuck Jensen	Ramsey,	MN	46	M	91	22:28	8:02	1:21	66	46:54	21.2	0:56	94	24:01	8:35	1:35:39
80	3/15	Brenna Zavadsky	Shakopee	MN	39	F	98	22:55	8:12	1:14	64	46:45	21.3	0:47	95	24:04	8:36	1:35:43
81	13/31	Nick Lampi	Corcoran	MN	37	M	59	20:54	7:28	2:25	109	49:36	20.1	1:53	31	21:03	7:32	1:35:49
82	6/20	Jason Migala	Sauk Rapids	MN	34	M	54	20:43	7:24	1:16	100	49:07	20.3	0:49	90	23:56	8:33	1:35:50
83	7/20	Brian Behrendt	Roseville	MN	32	M	67	21:13	7:35	2:00	92	48:34	20.5	1:15	76	22:58	8:12	1:35:58
84	9/30	Tim J Walker	Minnetonka	MN	46	M	140	24:36	8:47	1:24	36	44:03	22.6	0:46	116	25:21	9:04	1:36:08
85	14/16	Jonathan Rodengen	Golden Valley	MN	21	M	63	21:07	7:33	1:01	123	51:08	19.5	0:40	60	22:31	8:03	1:36:25
86	4/9	Erin Holznagel	Richfield	MN	27	F	61	20:58	7:29	1:54	93	48:40	20.5	0:50	96	24:06	8:37	1:36:25
87	8/20	Jason Gehlen	Chanhassen	MN	32	M	117	23:26	8:22	1:46	45	44:58	22.1	0:59	119	25:26	9:05	1:36:33
88	14/31	Ryan Dailey	Maple Grove	MN	36	M	126	24:02	8:35	1:11	48	45:06	22.1	0:42	123	25:34	9:08	1:36:34
89	15/31	Eric Omdahl	St Charles	MN	36	M	110	23:18	8:20	1:06	94	48:42	20.5	0:43	72	22:52	8:10	1:36:39
90	11/24	Scott Backman	Brooklyn Park	MN	41	M	86	22:21	7:59	1:30	91	48:29	20.5	0:56	85	23:34	8:25	1:36:48
91	10/30	Lee Hetherington	Chaska	MN	49	M	109	23:16	8:19	1:23	86	48:07	20.7	0:56	92	24:00	8:35	1:37:39
92	11/30	Carl Spalding	Maple Plain	MN	49	M	94	22:39	8:06	1:36	101	49:10	20.3	1:02	82	23:16	8:19	1:37:40
93	3/5	Carson Price	Wayzata	MN	16	M	50	20:31	7:20	1:20	112	49:47	20.0	1:00	114	25:15	9:01	1:37:51
94	4/13	Brian Burkhartzmey	Lakeville	MN	56	M	80	22:07	7:54	1:37	106	49:29	20.1	1:21	83	23:23	8:21	1:37:55
95	5/13	Kent Schwitzer	Minnetonka	MN	59	M	154	24:54	8:54	1:33	52	45:16	22.0	0:53	130	25:52	9:15	1:38:26
96	16/31	Matt Bower	St. Paul	MN	39	M	57	20:51	7:27	1:01	165	54:53	18.1	0:31	36	21:15	7:36	1:38:30
97	17/31	Derek Haag	Maple Grove	MN	35	M	45	20:23	7:17	1:05	164	54:15	18.4	0:59	56	21:57	7:51	1:38:36
98	12/24	Joe Kelzer	New Richmond	WI	43	M	92	22:29	8:02	1:17	99	49:06	20.3	0:41	112	25:12	9:00	1:38:44
99	9/26	Gregory Kurowski	Victoria	MN	50	M	123	23:47	8:30	1:39	73	47:08	21.1	1:08	122	25:31	9:07	1:39:11
100	18/31	Ryan Dow	Minneapolis	MN	36	M	142	24:39	8:49	1:37	98	48:55	20.4	1:00	81	23:11	8:17	1:39:21
101	6/13	Leonard Klun	Maple Plain	MN	59	M	93	22:38	8:05	1:38	105	49:22	20.2	1:02	105	24:45	8:51	1:39:23
102	19/31	Adam Dooley	Rogers	MN	37	M	113	23:24	8:22	1:52	111	49:41	20.0	1:57	65	22:38	8:05	1:39:30
103	12/30	Scott Beaupre	Orono	MN	49	M	111	23:20	8:20	1:36	97	48:55	20.4	1:01	107	24:51	8:53	1:39:40
104	13/30	David Leard	Rosemount	MN	49	M	89	22:25	8:01	1:16	144	52:51	18.8	0:48	67	22:41	8:06	1:39:58
105	13/24	Kevin Knight	Cottonwood	MN	43	M	124	23:52	8:32	1:26	59	46:16	21.5	1:26	161	27:15	9:44	1:40:13
106	14/24	Michael Iwan	Golden Valley	MN	42	M	149	24:49	8:52	1:42	81	47:31	21.0	1:20	108	24:56	8:55	1:40:15
107	20/31	Chris Hawes	Minneapolis	MN	39	M	132	24:17	8:41	1:34	87	48:07	20.7	0:51	120	25:30	9:07	1:40:19
108	4/15	Sadie Briggs	Chaska	MN	37	F	82	22:08	7:55	1:32	138	52:19	19.0	1:18	84	23:24	8:22	1:40:39

109	10/26	Jack D. Shovein	North Oaks	MN	54	M	134	24:26	8:44	1:55	89	48:20	20.6	1:05	109	24:56	8:55	1:40:40
110	11/26	Jeff Melby	Bloomington	MN	53	M	147	24:47	8:51	1:37	71	47:06	21.1	0:49	147	26:24	9:26	1:40:41
111	9/20	Joel Voorhees	Golden Valley	MN	30	M	64	21:12	7:34	1:21	169	55:21	18.0	1:33	40	21:22	7:38	1:40:46
112	10/20	Erik Miller	Rogers	MN	34	M	114	23:24	8:22	1:30	122	50:47	19.6	1:12	89	23:56	8:33	1:40:47
113	15/24	Erik Olson	Shakopee	MN	41	M	103	23:09	8:16	1:46	88	48:13	20.7	1:41	136	26:05	9:19	1:40:52
114	3/10	Rachel Elvester	Minnetonka	MN	31	F	107	23:13	8:18	1:34	126	51:18	19.4	1:09	93	24:00	8:35	1:41:13
115	12/26	Todd Hausmann	Saint Paul	MN	50	M	108	23:13	8:18	1:41	114	49:54	20.0	1:13	117	25:22	9:04	1:41:21
116	5/9	Mandy Stoesz	Buffalo	MN	28	F	81	22:07	7:54	1:26	158	53:49	18.5	0:59	80	23:11	8:17	1:41:31
117	6/9	Molly Uecker	Buffalo	MN	29	F	118	23:28	8:23	1:25	125	51:11	19.5	1:13	100	24:31	8:46	1:41:46
118	3/12	Dawn Keller	Maple Grove	MN	48	F	166	25:24	9:04	1:22	84	47:51	20.8	0:45	150	26:34	9:30	1:41:54
119	14/30	Daniel Dederichs	Waverly	MN	46	M	148	24:47	8:51	1:40	75	47:12	21.1	1:11	160	27:14	9:44	1:42:02
120	2/10	Heather Norton-Bow	St. Paul	MN	40	F	72	21:42	7:45	2:12	155	53:36	18.6	1:47	74	22:55	8:11	1:42:09
121	15/30	George Callahan	Wayzata	MN	45	M	136	24:32	8:46	1:53	90	48:27	20.6	1:12	141	26:16	9:23	1:42:17
122	15/16	Dain Clausen	Saint Louis Pa	MN	24	M	119	23:32	8:25	2:20	116	49:58	19.9	1:13	126	25:47	9:13	1:42:48
123	16/30	Randy Kramer	Buffalo	MN	46	M	125	24:00	8:35	1:31	108	49:34	20.1	1:34	140	26:15	9:23	1:42:52
124	13/26	Mark Getty	Plymouth	MN	51	M	120	23:37	8:26	1:35	141	52:29	19.0	1:10	99	24:21	8:42	1:43:10
125	14/26	Dan Lagermeier	Eden Prairie	MN	50	M	138	24:34	8:47	1:43	110	49:39	20.1	1:10	145	26:19	9:24	1:43:23
126	8/11	Daniel Diepenbrock	Hopkins	MN	29	M	155	24:54	8:54	1:34	121	50:44	19.6	1:07	110	25:09	8:59	1:43:26
127	16/16	Shawn Rivoire	New Brunswick	MN	23	M	14	18:45	6:42	2:05	174	55:37	17.9	1:55	113	25:12	9:00	1:43:33
128	11/20	Scott Olson	Brooklyn Park	MN	33	M	159	25:02	8:57	1:55	117	50:14	19.8	1:30	125	25:38	9:10	1:44:17
129	4/12	Beth Trautman	Medina	MN	45	F	172	25:52	9:15	1:30	95	48:42	20.5	1:00	165	27:32	9:50	1:44:34
130	17/30	John Will	Edina	MN	47	M	99	23:02	8:14	1:47	136	52:18	19.0	1:24	143	26:19	9:24	1:44:48
131	7/13	Greg Albrecht	Eden Prairie	MN	59	M	151	24:51	8:53	1:35	127	51:24	19.4	0:53	138	26:10	9:21	1:44:51
132	21/31	Jeremiah Gardner	Bloomington	MN	39	M	112	23:23	8:21	1:26	145	52:58	18.8	1:00	146	26:23	9:26	1:45:08
133	15/26	Rick Abrahamson	Andover	MN	50	M	106	23:13	8:18	2:14	107	49:34	20.1	1:37	183	28:33	10:12	1:45:09
134	4/5	Hunter Wheeler	Edina	MN	15	M	115	23:24	8:22	1:29	143	52:51	18.8	0:52	153	26:43	9:33	1:45:17
135	7/9	Erin Geadelmann	Hopkins	MN	29	F	95	22:52	8:10	1:55	167	54:59	18.1	1:28	97	24:13	8:39	1:45:25
136	18/30	Peter Kaul	Eagan	MN	47	M	105	23:12	8:17	1:16	181	56:26	17.6	0:41	98	24:16	8:40	1:45:49
137	1/2	Gabby Keller	Maple Grove	MN	21	F	153	24:53	8:54	1:24	137	52:19	19.0	0:42	152	26:39	9:31	1:45:55
138	12/20	Jimmy Maloney	St. Louis Park	MN	31	M	97	22:55	8:11	1:52	149	53:15	18.7	1:18	156	26:49	9:35	1:46:05
139	5/15	Naomi Hamer	Orono	MN	38	F	152	24:52	8:53	1:58	132	52:03	19.1	1:06	137	26:07	9:20	1:46:05
140	13/20	Curt Lockman	Lakeville	MN	32	M	129	24:10	8:38	1:32	130	51:46	19.2	0:54	170	27:51	9:57	1:46:09
141	16/24	Braden Dent	Minnetrista	MN	41	M	122	23:41	8:28	1:42	131	52:00	19.2	0:59	173	27:54	9:58	1:46:14
142	8/13	Gregg Garretson	Lakeville	MN	55	M	198	27:14	9:44	2:16	118	50:19	19.8	1:01	131	25:52	9:15	1:46:41
143	3/10	Teresa Morgan	Minnetonka	MN	43	F	193	26:54	9:37	1:39	113	49:50	20.0	0:46	174	27:59	10:00	1:47:05
144	14/20	Nick Johnson	Plymouth	MN	31	M	128	24:08	8:38	1:21	166	54:57	18.1	0:56	129	25:51	9:14	1:47:11
145	15/20	Jared Voorhees	Golden Valley	MN	32	M	104	23:09	8:16	1:23	161	54:04	18.4	0:57	169	27:48	9:56	1:47:20
146	22/31	Eric Bergstrom	New Hope	MN	36	M	174	26:11	9:22	1:44	133	52:07	19.1	1:00	148	26:29	9:28	1:47:30
147	16/20	Chuck Kelly	St Louis Park	MN	33	M	96	22:54	8:11	1:53	154	53:28	18.6	0:59	187	28:39	10:14	1:47:52
148	16/26	Doug Moore	Minneapolis	MN	50	M	144	24:41	8:49	2:17	150	53:16	18.7	1:40	142	26:18	9:24	1:48:09
149	4/10	Emily Mack	Golden Valley	MN	30	F	133	24:22	8:42	1:30	173	55:26	18.0	0:54	135	26:04	9:19	1:48:13
150	17/24	Jeremy Mickelson	Plymouth	MN	40	M	121	23:41	8:28	2:05	176	56:04	17.8	1:18	111	25:10	8:59	1:48:16
151	17/26	Michael Gonzales	Lakeville	MN	54	M	165	25:22	9:04	1:35	142	52:49	18.9	0:51	166	27:42	9:54	1:48:17
152	23/31	Adam Recknor	Apple Valley	MN	35	M	131	24:11	8:38	1:51	177	56:14	17.7	1:26	106	24:47	8:51	1:48:27
153	6/15	Kamie Moen	Minneapolis	MN	36	F	162	25:09	8:59	2:20	146	52:59	18.8	1:17	155	26:48	9:35	1:48:31
154	24/31	Timothy Johnson	Plymouth	MN	37	M	157	24:58	8:55	1:33	148	53:15	18.7	1:06	168	27:46	9:55	1:48:36
155	25/31	Tim Hoke	Crystal	MN	39	M	175	26:14	9:22	1:28	129	51:34	19.3	0:53	186	28:37	10:13	1:48:45
156	18/24	Robert Bros	Savage	MN	44	M	146	24:45	8:51	2:40	140	52:28	19.0	1:55	167	27:45	9:55	1:49:32
157	17/20	Jeff Gammon	Maple Grove	MN	31	M	127	24:03	8:36	1:55	175	55:50	17.8	1:25	151	26:36	9:30	1:49:46
158	18/26	Todd Russ	Plymouth	MN	54	M	158	24:59	8:56	1:50	160	54:00	18.4	1:35	164	27:26	9:48	1:49:48
159	19/24	Jeff Lendino	Chaska	MN	42	M	150	24:49	8:52	1:49	178	56:18	17.7	1:24	121	25:30	9:07	1:49:48
160	9/13	Louis Ahlstrand	Shafer	MN	59	M	168	25:37	9:09	1:43	152	53:26	18.6	0:59	182	28:32	10:12	1:50:15
161	19/30	Erich Zeitz	Minnetonka	MN	48	M	171	25:45	9:12	1:46	163	54:14	18.4	1:11	163	27:24	9:47	1:50:18
162	19/26	Jonathan Stinson	Plymouth	MN	52	M	164	25:20	9:03	1:07	179	56:18	17.7	0:45	159	27:08	9:42	1:50:36
163	7/15	Sarah Siedschlag	Minneapolis	MN	37	F	90	22:27	8:01	1:45	210	1:00:35	16.4	1:28	103	24:37	8:48	1:50:50
164	10/13	Michael Caldwell	Eagan	MN	59	M	184	26:31	9:29	2:22	124	51:10	19.5	1:55	191	28:55	10:20	1:50:52
165	5/10	Jill Snitko	Marion	IA	34	F	116	23:25	8:22	1:27	212	1:00:46	16.4	0:52	104	24:39	8:48	1:51:06
166	8/15	Melissa Gregory	Minneapolis	MN	39	F	130	24:10	8:38	1:49	195	58:07	17.1	1:15	132	25:53	9:15	1:51:11
167	11/13	Kurt Rahola	Independence	MN	55	M	169	25:40	9:10	2:27	171	55:22	18.0	1:42	139	26:13	9:22	1:51:21

168	18/20	Jon Kubes	Howard Lake	MN	32	M	182	26:28	9:28	1:39	135	52:17	19.1	1:18	196	29:46	10:38	1:51:25
169	4/10	Ann Lendino	Chaska	MN	42	F	160	25:03	8:57	1:58	186	56:56	17.5	1:15	144	26:19	9:24	1:51:29
170	20/30	Brian Stone	Eden Prairie	MN	45	M	145	24:45	8:51	2:21	182	56:30	17.6	2:09	128	25:50	9:14	1:51:33
171	21/30	Paul Bruzek	Minneapolis	MN	47	M	183	26:30	9:28	1:43	168	55:10	18.1	1:22	157	26:55	9:37	1:51:39
172	8/9	Ailena Baum	Kennan	WI	27	F	192	26:53	9:36	1:24	162	54:08	18.4	0:49	184	28:34	10:12	1:51:45
173	20/24	Matt Ostrowski	Chaska	MN	44	M	181	26:28	9:27	1:38	153	53:26	18.6	1:33	189	28:47	10:17	1:51:50
174	22/30	Chris Prew	Minneapolis	MN	46	M	179	26:19	9:24	2:17	159	53:52	18.5	1:36	178	28:09	10:03	1:52:10
175	1/5	Bill Minge	Minneapolis	MN	61	M	141	24:38	8:48	2:15	197	58:15	17.1	1:17	134	26:03	9:19	1:52:26
176	26/31	Neil Swanson	Plymouth	MN	37	M	143	24:41	8:49	2:24	201	58:41	17.0	1:03	133	25:59	9:17	1:52:46
177	9/15	Lara Thomas	Saint Louis Pa	MN	38	F	207	28:18	10:07	2:05	147	53:07	18.8	1:15	179	28:16	10:06	1:53:00
178	6/10	Stephanie Potter	Winsted	MN	31	F	167	25:24	9:05	1:47	185	56:53	17.5	1:15	171	27:52	9:57	1:53:09
179	27/31	Corey Stender	Minnetrista	MN	38	M	139	24:34	8:47	2:35	202	58:45	17.0	1:42	124	25:36	9:09	1:53:09
180	2/5	Emmanuel Day	Plymouth	MN	60	M	156	24:57	8:55	1:16	194	57:52	17.2	0:50	188	28:44	10:16	1:53:37
181	5/12	Gina Murphy	Shakopee	MN	48	F	161	25:04	8:57	1:30	203	58:58	16.9	1:21	158	27:07	9:41	1:53:58
182	21/24	Christopher D Jone	Brooklyn Park	MN	42	M	213	28:32	10:12	2:06	120	50:42	19.6					1:54:00
183	28/31	David Kerber	Maple Grove	MN	36	M	100	23:05	8:15	1:51	224	1:03:07	15.8	0:50	115	25:18	9:03	1:54:08
184	20/26	Tom Griffin	Bloomington	MN	50	M	190	26:50	9:35	2:05	157	53:46	18.5	1:20	205	31:00	11:05	1:54:59
185	5/10	Nicole Kveton	Blaine	MN	40	F	177	26:15	9:23	2:37	172	55:25	18.0	1:32	195	29:31	10:33	1:55:17
186	21/26	Chris Poferd	Eden Prairie	MN	53	M	237	35:46	12:47	1:57	79	47:27	21.0	1:08	192	29:12	10:26	1:55:28
187	29/31	Nathan Purdy	St. Louis Park	MN	36	M	194	27:01	9:39	2:14	134	52:15	19.1	2:02	212	32:10	11:29	1:55:39
188	22/26	Tom Zemke	Plymouth	MN	52	M	224	30:13	10:48	2:28	96	48:46	20.4	1:25	221	33:57	12:08	1:56:47
189	6/10	Ottillie Walls	Hastings	MN	42	F	135	24:27	8:44	3:45	204	59:11	16.8	2:54	149	26:33	9:29	1:56:50
190	19/20	Steven Jones	Minneapolis	MN	32	M	199	27:24	9:47	2:08	187	57:08	17.4	1:45	190	28:53	10:19	1:57:14
191	6/12	Kim Sorenson	Plymouth	MN	48	F	176	26:14	9:23	2:30	191	57:25	17.3	1:45	194	29:29	10:32	1:57:22
192	5/5	Eric Stone	Eden Prairie	MN	15	M	226	30:45	10:59	2:24	183	56:31	17.6	2:06	127	25:49	9:13	1:57:33
193	3/5	Barry Ross	Minnetonka	MN	61	M	215	29:02	10:23	2:16	156	53:46	18.5	2:14	204	30:54	11:03	1:58:10
194	2/6	Laurie Payton	Mendota Height	MN	54	F	218	29:51	10:40	1:32	151	53:23	18.7	1:04	214	32:36	11:39	1:58:24
195	22/24	Troy Thome	Minnetonka	MN	43	M	186	26:40	9:32	2:35	193	57:35	17.3	1:36	199	30:12	10:47	1:58:37
196	7/10	Karla Schmid	Brooklyn Park	MN	42	F	188	26:50	9:35	2:01	208	59:39	16.7	2:20	176	28:00	10:00	1:58:47
197	7/10	Kari Schmaltz	Richfield	MN	33	F	185	26:33	9:29	1:46	217	1:01:31	16.2	1:22	172	27:53	9:58	1:59:04
198	23/30	Mark Johnson	Saint Paul	MN	47	M	191	26:52	9:36	2:32	128	51:31	19.3	1:28	231	37:07	13:16	1:59:29
199	24/30	Doug Jackels	Maple Grove	MN	47	M	189	26:50	9:35	3:50	196	58:09	17.1	2:21	181	28:31	10:11	1:59:39
200	12/13	Butch Kummer	Hastings	MN	56	M	214	28:42	10:15	2:04	188	57:10	17.4	0:57	202	30:53	11:02	1:59:44
201	23/26	Dan Kinsella	Bloomington	MN	54	M	211	28:31	10:11	2:02	180	56:23	17.7	1:33	208	31:21	11:12	1:59:49
202	20/20	Wyatt Pannhoff	Carver	MN	34	M	163	25:12	9:00	2:33	215	1:01:28	16.2	2:41	175	27:59	10:00	1:59:51
203	9/11	Ryan Gehlen	Bloomington	MN	28	M	196	27:10	9:43	1:58	192	57:32	17.3	1:59	209	31:52	11:23	2:00:29
204	10/11	Brian Vollbrecht	Buffalo	MN	29	M	180	26:27	9:27	1:12	209	59:49	16.7	0:58	211	32:08	11:29	2:00:32
205	2/2	Kyla Gill	Orono	MN	21	F	202	27:40	9:53	1:39	233	1:06:14	15.0	0:45	102	24:36	8:47	2:00:51
206	8/10	Julie Pettit	Maple Grove	MN	41	F	170	25:44	9:12	3:14	220	1:02:48	15.9	1:54	162	27:16	9:45	2:00:53
207	10/15	Jennifer Roesner	Minnetonka	MN	39	F	187	26:47	9:34	1:30	228	1:03:27	15.7	0:57	185	28:36	10:13	2:01:15
208	25/30	John McLaughlin	Eagan	MN	48	M	230	31:32	11:16	2:02	139	52:22	19.0	1:16	223	34:08	12:12	2:01:18
209	8/10	Lisa Holy	Plymouth	MN	30	F	178	26:18	9:24	1:57	226	1:03:20	15.7	1:47	177	28:04	10:02	2:01:23
210	26/30	John Sullivan	Hastings	MN	49	M	212	28:31	10:11	3:18	184	56:34	17.6	1:57	206	31:07	11:07	2:01:25
211	24/26	Ed Moriarty	Eden Prairie	MN	51	M	197	27:13	9:44	2:10	189	57:11	17.4	1:52	215	33:04	11:49	2:01:28
212	11/15	Chella Hjelm	Maple Grove	MN	37	F	203	27:43	9:54	2:12	211	1:00:38	16.4	1:01	198	30:09	10:46	2:01:40
213	30/31	Mike Holy	Plymouth	MN	35	M	220	29:57	10:42	2:45	200	58:23	17.1	1:56	193	29:27	10:31	2:02:24
214	7/12	Charlene Vogt	Pequot Lakes	MN	49	F	204	27:44	9:55	1:52	227	1:03:24	15.7	0:45	197	29:51	10:40	2:03:34
215	3/6	Marlee Meshbesh	Eden Prairie	MN	53	F	195	27:01	9:39	2:39	234	1:06:24	15.0	1:21	154	26:48	9:35	2:04:12
216	25/26	Kent Gaither	Minnetonka	MN	51	M	223	30:12	10:47	3:13	170	55:21	18.0	3:00	217	33:06	11:50	2:04:50
217	27/30	Bryan Simmons	Minneapolis	MN	49	M	208	28:19	10:07	2:36	218	1:01:54	16.1	1:57	200	30:15	10:49	2:04:59
218	26/26	Anthony Brown	Lakeville	MN	51	M	222	30:06	10:45	3:42	199	58:19	17.1	2:40	203	30:54	11:02	2:05:40
219	9/10	Lulia Berg	Maple Grove	MN	30	F	205	27:45	9:55	2:20	221	1:02:50	15.9	1:07	210	31:53	11:23	2:05:53
220	8/12	Tammy Johnson	Maple Grove	MN	46	F	200	27:35	9:51	2:12	219	1:02:25	16.0	2:43	207	31:17	11:11	2:06:10
221	11/11	Cameron Porter	Minneapolis	MN	28	M	221	30:02	10:44	1:26	190	57:22	17.4	1:23	229	36:02	12:53	2:06:14
222	9/12	Jill McNamara	Buffalo	MN	45	F	210	28:24	10:09	2:05	214	1:01:22	16.2	1:48	219	33:26	11:57	2:07:04
223	9/10	Jen Zeiss	Buffalo	MN	40	F	209	28:23	10:09	2:08	216	1:01:28	16.2	1:39	220	33:33	11:59	2:07:09
224	10/12	Kim Togstad	Chaska	MN	45	F	231	31:34	11:17	3:14	198	58:18	17.1	1:43	213	32:25	11:35	2:07:12
225	1/2	Lila Tully	St. Louis Park	MN	62	F	232	31:45	11:21	1:52	205	59:22	16.8	1:21	222	34:00	12:09	2:08:19
226	1/1	Michel Sanders	Saint Paul	MN	59	F	228	30:59	11:04	3:15	207	59:26	16.8	1:36	218	33:18	11:54	2:08:33

227	10/10	Laura Bonisas	Maple Grove	MN	41	F	201	27:38	9:53	3:18	231	1:05:21	15.2	1:57	201	30:39	10:57	2:08:52
228	9/9	Shanna Boltz	Independence	MN	28	F	173	26:02	9:18	2:30	239	1:12:52	13.7	0:55	180	28:20	10:08	2:10:38
229	23/24	Andy Berg	Maple Grove	MN	41	M	206	28:13	10:05	1:52	232	1:05:53	15.1	1:02	225	35:04	12:32	2:12:01
230	13/13	Bruce Quinn	St. Paul	MN	58	M					230	1:04:42	15.4	1:48	216	33:05	11:49	2:13:03
231	24/24	Sean Pirtle	Edina	MN	41	M	216	29:02	10:23	7:57	206	59:23	16.8	3:15	226	35:09	12:33	2:14:43
232	31/31	Aaron Harding	Chanhassen	MN	37	M	225	30:21	10:51	3:20	223	1:03:00	15.8	3:11	228	35:42	12:45	2:15:31
233	12/15	Deb Kersten	Robbinsdale	MN	39	F	227	30:53	11:02	4:11	222	1:02:53	15.8	3:12	227	35:13	12:35	2:16:21
234	4/6	Margot Storti-Marr	Maple Grove	MN	54	F	238	35:57	12:51	3:48	213	1:01:18	16.2	3:21	224	34:26	12:18	2:18:49
235	28/30	Todd Elmer	Maple Grove	MN	49	M	219	29:55	10:41	2:44	229	1:03:56	15.6	3:08	236	42:07	15:03	2:21:47
236	11/12	Becky Coleman	Maple Grove	MN	47	F	235	34:13	12:14	1:30	238	1:10:19	14.2	0:59	232	38:49	13:52	2:25:47
237	5/6	Christine Fjalstad	Prior Lake	MN	52	F					225	1:03:18	15.7	1:46	238	43:00	15:22	2:26:27
238	4/5	Ricardo Peters	Maple Grove	MN	62	M	217	29:14	10:27	1:48	244	1:21:14	12.3	1:18	230	36:32	13:03	2:30:04
239	29/30	Harshad Borgaonkar	Blaine	MN	45	M	236	34:47	12:26	3:40	235	1:07:12	14.8	2:39	237	42:49	15:18	2:31:04
240	10/10	Leslie Cain	Richfield	MN	30	F	234	33:30	11:58	3:15	241	1:15:01	13.3	0:48	234	39:24	14:05	2:31:56
241	13/15	Renee Zinken	Blaine	MN	39	F	229	31:22	11:12	2:01	242	1:17:06	12.9	0:50	239	43:45	15:38	2:35:01
242	30/30	Dennis Sherman	Winsted	MN	48	M	240	37:53	13:32	3:31	243	1:19:54	12.5	2:11	235	41:30	14:50	2:44:57
243	2/2	Jean Wood	Excelsior	MN	63	F	243	39:51	14:14	2:30	237	1:10:02	14.2	1:17	242	51:49	18:31	2:45:28
244	12/12	Beckie Perkins	Apple Valley	MN	47	F	241	39:22	14:04	2:54	245	1:40:56	9.9	2:40	233	39:07	13:59	3:04:57
245	14/15	Jennifer Sinsigall	Mound	MN	39	F	244	57:42	20:37	6:11	247	1:45:46	9.4	2:24	240	50:00	17:52	3:42:02
246	6/6	Sue Murphy	Minnetrista	MN	50	F	245	57:42	20:37	6:10	248	1:45:47	9.4	2:24	241	50:00	17:52	3:42:02
247	15/15	Anne Dougmerty	Saint Paul	MN	37	F	233	32:43	11:41	2:23	236	1:09:27	14.3	1:46				
248	5/5	Lewayne Krause	Anoka	MN	64	M	239	36:15	12:57	3:11	240	1:13:52	13.5					
249	1/1	Molly Perkins	Apple Valley	MN	19	F	242	39:34	14:08	2:43	246	1:41:32	9.8	2:41				

TEAM RESULTS

TOTAL PLACE	DIV PLC	TEAM NAME = MEMBERS (RUNNER, BIKER)	RUN plc	RUN time	RUN pace	TRAN time	BIKE plc	BIKE time	BIKE mph	TRAN time	TRAN plc	RUN time	RUN pace	TOTAL TIME
1	1/8	Gold Gopher Guys = Ben Kampf , Devon Palmer	1	18:14	6:31	0:35	1	37:03	26.9	0:16	1	17:57	6:25	1:14:03
2	2/8	Men At Night. Men In The Morning = Jeremy Reichenberger , Kyle Smith	3	18:49	6:44	0:40	2	41:15	24.1	0:12	3	19:00	6:48	1:19:55
3	3/8	Itchy & Scratchy = Steve Stenzel , Pete Webster	2	18:18	6:32	0:41	5	43:19	23.0	0:22	2	18:20	6:33	1:20:56
4	4/8	Dumb And Dumber = Lou Hughes , Ryan Saline	5	19:18	6:54	0:41	3	43:15	23.0	0:20	6	22:31	8:03	1:26:02
5	5/8	Madden/boyd = Brent Boyd , Mike Madden	9	22:54	8:11	0:51	4	43:15	23.0	0:31	9	23:36	8:26	1:31:04
6	1/3	Tornado Terror = Jessica Kociscak , Pete Tremaine	6	20:04	7:10	0:44	7	52:15	19.1	0:23	5	20:38	7:22	1:34:01
7	6/8	Team Sheepshead = Dan Slattery , Mark Davey	7	21:39	7:44	0:46	6	52:14	19.1	0:21	7	22:46	8:08	1:37:44
8	1/2	Chicks With Wheels = Jenna St. Fleur , Karey Taschek	8	22:52	8:10	0:44	8	56:56	17.5	0:22	8	23:34	8:25	1:44:26
9	7/8	The Christensen Crew = David Christensen , Daniel Christensen	4	18:54	6:45	0:48	13	1:14:15	13.4	0:30	4	20:01	7:09	1:54:25
10	8/8	Jake And Elwood = Joel Spalding , Jeffrey Carlson	10	26:53	9:36	1:08	9	1:03:26	15.7	0:51	10	28:04	10:02	2:00:20
11	2/3	Speedy G's = Shannon Ginsberg , David Ginsberg	11	28:04	10:02	1:07	10	1:03:34	15.7	0:31	11	29:03	10:23	2:02:17
12	2/2	Double Trouble = Valerie Studer , Sonya Pett	12	29:20	10:29	0:58	11	1:07:19	14.8	0:38	12	29:39	10:36	2:07:52
13	3/3	McGreen = Jill Green McGarry , John McGarry	13	29:24	10:30	1:07	12	1:13:18	13.6	0:37	13	31:19	11:11	2:15:44

## TOP 10 FIRST RUN

NAME	CITY	ST	AGE	S	time	pace
=====	=====	==	===	=	=====	=====
1 Dan Hedgecock	Minneapolis	MN	26	M	16:01	5:43
2 Patrick Parish	Bloomington	MN	28	M	16:50	6:01
3 Ben Thomas	St. Paul	MN	24	M	17:13	6:09
4 Brooks Grossinger	Mayer	MN	36	M	17:13	6:09
5 Nicholas Teetzal	Rogers	MN	21	M	17:24	6:13
6 Scott Parker	Plymouth	MN	37	M	17:24	6:13
7 Mike Ladendorf	Apple Valley	MN	31	M	17:46	6:21
8 Jared Smith	Minneapolis	MN	29	M	17:47	6:21
9 Andrew Elvester	Minnetonka	MN	34	M	17:49	6:22
10 Dan Arlandson	Burnsville	MN	35	M	18:01	6:26

## TOP 10 FIRST TRANSITION

NAME	CITY	ST	AGE	S	time
=====	=====	==	===	=	=====
1 John Heinlein III	Stillwater	MN	24	M	0:47
2 Dan Hedgecock	Minneapolis	MN	26	M	0:50
3 Brooks Grossinger	Mayer	MN	36	M	0:52
4 Patrick Parish	Bloomington	MN	28	M	0:52
5 Julie Hull	Farmington	MN	40	F	0:53
6 Ben Trnka	Roseville	MN	24	M	0:54
7 Brett Danielson	Cokato	MN	23	M	0:54
8 Claire Bootsma	Minneapolis	MN	26	F	0:55
9 Jacob Braaten	Glenwood	MN	20	M	0:55
10 Mike Ladendorf	Apple Valley	MN	31	M	0:55

## TOP 10 BIKE

NAME	CITY	ST	AGE	S	time	mph
=====	=====	==	===	=	=====	=====
1 Ben Kampf	Minneapolis	MN	26	M	37:03	26.9
2 Dan Hedgecock	Minneapolis	MN	26	M	38:14	26.1
3 Dan Arlandson	Burnsville	MN	35	M	39:02	25.5
4 John Heinlein III	Stillwater	MN	24	M	39:22	25.3
5 Jared Smith	Minneapolis	MN	29	M	39:39	25.1
6 Brooks Grossinger	Mayer	MN	36	M	40:18	24.7
7 Patrick Parish	Bloomington	MN	28	M	40:27	24.6
8 Derek Hager	Minneapolis	MN	51	M	40:47	24.4
9 Michael Bolinske	Hopkins	MN	37	M	41:07	24.2
10 Jeremy Reichenberg	Minneapolis	MN	22	M	41:15	24.1

## TOP 10 SECOND TRANSITION

NAME	CITY	ST	AGE	S	time
=====	=====	==	===	=	=====
1 John Heinlein III	Stillwater	MN	24	M	0:25
2 Brett Danielson	Cokato	MN	23	M	0:27
3 Alex Peterson	Plymouth	MN	21	M	0:29
4 Claire Bootsma	Minneapolis	MN	26	F	0:31
5 Jared Smith	Minneapolis	MN	29	M	0:31

6	Mike Ladendorf	Apple Valley	MN	31	M	0:31
7	Matt Bower	St. Paul	MN	39	M	0:31
8	Danny Braaten	Inver Grove He	MN	23	M	0:32
9	Derek Hager	Minneapolis	MN	51	M	0:33
10	Brooks Grossinger	Mayer	MN	36	M	0:33

TOP 10 SECOND RUN

	NAME	CITY	ST	AGE	S	time	pace
=	=====	=====	==	===	=	=====	=====
1	Patrick Parish	Bloomington	MN	28	M	17:26	6:14
2	Brooks Grossinger	Mayer	MN	36	M	17:49	6:22
3	Ben Kampf	Minneapolis	MN	26	M	17:57	6:25
4	Jared Smith	Minneapolis	MN	29	M	17:59	6:26
5	Dan Hedgecock	Minneapolis	MN	26	M	18:00	6:26
6	Mike Ladendorf	Apple Valley	MN	31	M	18:00	6:26
7	Steve Stenzel	Saint Paul	MN	32	M	18:20	6:33
8	Jeremy Reichenberg	Minneapolis	MN	22	M	19:00	6:48
9	John Heinlein III	Stillwater	MN	24	M	19:18	6:54
10	Nicholas Teetzel	Rogers	MN	21	M	19:26	6:57