

## GET YOUR REAR IN GEAR - APPANOOSE

5K Run &amp; Walk

April 6, 2013

Centerville, Iowa

## 5K RUN RESULTS

Place	Div/Tot	Name	City	St	Age	S	Time	Pace
1	1/5	Mark Flammang	Albia	IA	43	M	21:58.77	7:05
2	1/3	Casey Warren	Seymour	IA	26	M	23:07.18	7:27
3	2/5	Kevin Smith	Centerville	IA	42	M	24:51.05	8:00
4	1/12	Cody Zaputil	Centerville	IA	13	M	25:14.98	8:08
5	3/5	Joe Sharp	Centerville	IA	49	M	25:15.38	8:08
6	4/5	Terry Wright Jr	Ottumwa	IA	46	M	25:50.07	8:19
7	1/2	Pat McClurg	Centerville	IA	36	M	26:33.69	8:33
8	2/12	Jacob Johnson	Centerville	IA	14	M	26:59.38	8:42
9	3/12	Tyson Belloma	Centerville	IA	13	M	27:02.07	8:43
10	4/12	Mason Bauman	Centerville	IA	10	M	27:58.08	9:01
11	1/8	Karla Lilly	Ottumwa	IA	42	F	27:58.89	9:01
12	1/7	Kim Pasut	Albia	IA	51	F	28:07.62	9:04
13	5/12	Nolan Bogie	Centerville	IA	13	M	28:35.13	9:13
14	2/7	Ann Hegstrom	De Soto	IA	57	F	28:36.39	9:13
15	6/12	Myles Clawson	Centerville	IA	10	M	28:36.98	9:13
16	1/4	Larry Whitaker	Centerville	IA	59	M	29:11.89	9:24
17	1/8	Cheryl Barker	Centerville	IA	26	F	31:32.64	10:10
18	2/8	Leslie Keilig	Moravia	IA	28	F	34:04.14	10:58
19	3/7	Rhonda Wilson	Centerville	IA	50	F	35:16.61	11:22
20	2/8	Chris Kanselaar	Centerville	IA	48	F	35:23.90	11:24
21	3/8	Lisa Shawler	Creston	IA	46	F	35:27.56	11:25
22	2/4	Scott Kelly	Centerville	IA	51	M	41:49.92	13:28
23	4/7	Jackie Kelly	Centerville	IA	50	F	41:50.41	13:29
24	5/5	Raymond Johnson	Centerville	IA	46	M	41:58.65	13:31
25	4/8	Stacy Thomas	Centerville	IA	48	F	42:20.92	13:38
26	1/11	Allison Harlan	Unionville	MO	30	F	42:21.34	13:38
27	2/11	Kris Eastin	Mercer	MO	39	F	42:24.60	13:40
28	1/4	Lena Burgher	Moravia	IA	16	F	45:49.06	14:45
29	1/6	Emily Moore	Melrose	IA	15	F	45:49.67	14:46
30	5/8	Becky Burkland	Udell	IA	47	F	47:57.26	15:27
31	2/6	Jesykah Williams	Moravia	IA	12	F	47:57.43	15:27
32	6/8	Lisa Carter	Seymour	IA	49	F	48:08.18	15:30
33	3/8	Melissa Hildenbrand	Corydon	IA	23	F	48:08.29	15:30
34	7/8	Nancy Casey	Corydon	IA	49	F	48:11.14	15:31
35	4/8	Tara West	Mercer	MO	29	F	48:11.14	15:31
36	3/11	Lindsey Pettibone	Centerville	IA	30	F	49:52.19	16:04
37	7/12	Avery Seddon	Mystic	IA	12	M	50:58.68	16:25
38	8/12	Jordan Clark	Mystic	IA	11	M	51:13.30	16:30
39	5/8	Becky Clark	Mystic	IA	29	F	51:41.68	16:39
40	4/11	Breanna Vandemark	Centerville	IA	34	F	52:38.92	16:57
41	5/11	Renee Sheston	Centerville	IA	38	F	52:38.92	16:57
42	3/4	Gary Foster	Centerville	IA	58	M	52:51.87	17:01
43	5/7	Kelli Clark	Mystic	IA	51	F	53:36.09	17:16
44	8/8	Tammy Deputy	Centerville	IA	43	F	53:36.29	17:16
45	6/7	Teresa Eggerman	Centerville	IA	56	F	54:45.87	17:38
46	1/2	Ron Eggerman	Centerville	IA	65	M	54:45.87	17:38
47	9/12	Bradley Watts	Centerville	IA	9	M	56:42.91	18:16
48	1/5	Helen Hawk	Centerville	IA	69	F	57:05.95	18:23
49	2/5	Sue Golic	Centerville	IA	67	F	57:06.46	18:23
50	1/1	Bonnie Kauzlarich	Centerville	IA	71	F	57:06.46	18:23
51	1/3	Bryce Steele	Centerville	IA	18	M	57:20.64	18:28

52	2/2	Joshua Watts	Centerville	IA	39 M	57:23.10	18:29
53	6/11	Amanda Watts	Centerville	IA	33 F	57:23.20	18:29
54	3/5	Judith Lunkley	Moulton	IA	65 F	58:24.58	18:48
55	2/2	James W. Lunkley	Moulton	IA	65 M	58:24.95	18:49
56	6/8	Samantha Bowman	Centerville	IA	20 F	58:28.44	18:50
57	7/8	Valerie Printy	Cincinnati	IA	23 F	58:29.45	18:50
58	7/11	Tracy Lowry	Corydon	IA	30 F	58:29.65	18:50
59	2/4	Sarah Strickler	Centerville	IA	19 F	1:08:40.80	22:07
60	3/4	Amber Latwell	Centerville	IA	19 F	1:08:42.42	22:07
61	2/3	Aaron Collis	Centerville	IA	20 M	1:08:44.22	22:08
62	3/6	Tya Lassabe	Dexter	IA	12 F	1:10:29.73	22:42
63	4/6	Jaylee Durst	Dexter	IA	10 F	1:10:40.10	22:45
64	8/11	Kendra Logan	Centerville	IA	30 F	1:10:43.48	22:46
65	5/6	Jordon Durst	Dexter	IA	12 F	1:10:46.01	22:47
66	9/11	Thomasena Durst	Dexter	IA	30 F	1:10:52.46	22:49
67	10/12	Lukas Lassabe	Centerville	IA	6 M	1:10:53.69	22:50
68	10/11	Tammy Wisdom	Centerville	IA	32 F	1:10:53.89	22:50
69	11/12	Ramsey Durst	Dexter	IA	14 M	1:10:54.23	22:50
70	11/11	Lacie Tingley	Centerville	IA	30 F	1:10:54.48	22:50
71	2/3	Brett Benjamin	Centerville	IA	19 M	1:10:54.98	22:50
72	3/3	Jamison Craig	Unionville	MO	16 M	1:10:55.51	22:50
73	3/3	Jessie Lassabe	Centerville	IA	29 M	1:10:56.95	22:51
74	12/12	Daryn Lassabe	Centerville	IA	10 M	1:10:57.69	22:51
75	7/7	Tressie Lassabe	Worthington	MO	54 F	1:11:01.83	22:52
76	4/4	Donny Lassabe	Worthington	MO	53 M	1:11:13.67	22:56
77	4/4	Danielle Hicks	Promise City	IA	19 F	1:15:28.81	24:18
78	6/6	Alexis Albright	Centerville	IA	14 F	1:18:51.74	25:23
79	4/5	Lana Albright	Centerville	IA	60 F	1:19:00.49	25:26
80	8/8	Jalie Belloma	Centerville	IA	22 F	1:19:11.74	25:30
81	5/5	Jan Christopher	Centerville	IA	60 F	1:19:12.49	25:30