

GET YOUR REAR IN GEAR - APPANOOSE

5K Run & Walk

April 6, 2013

Centerville, Iowa

5K RUN RESULTS

MALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	78	Mark Flammang	Albia	IA	43	M	21:58.77	7:05
2	83	Casey Warren	Seymour	IA	26	M	23:07.18	7:27
3	82	Kevin Smith	Centerville	IA	42	M	24:51.05	8:00
4	76	Cody Zaputil	Centerville	IA	13	M	25:14.98	8:08
5	47	Joe Sharp	Centerville	IA	49	M	25:15.38	8:08
6	59	Terry Wright Jr	Ottumwa	IA	46	M	25:50.07	8:19
7	41	Pat McClurg	Centerville	IA	36	M	26:33.69	8:33
8	21	Jacob Johnson	Centerville	IA	14	M	26:59.38	8:42
9	77	Tyson Belloma	Centerville	IA	13	M	27:02.07	8:43
10	94	Mason Bauman	Centerville	IA	10	M	27:58.08	9:01
11	75	Nolan Bogie	Centerville	IA	13	M	28:35.13	9:13
12	93	Myles Clawson	Centerville	IA	10	M	28:36.98	9:13
13	56	Larry Whitaker	Centerville	IA	59	M	29:11.89	9:24
14	26	Scott Kelly	Centerville	IA	51	M	41:49.92	13:28
15	90	Raymond Johnson	Centerville	IA	46	M	41:58.65	13:31
16	46	Avery Seddon	Mystic	IA	12	M	50:58.68	16:25
17	7	Jordan Clark	Mystic	IA	11	M	51:13.30	16:30
18	19	Gary Foster	Centerville	IA	58	M	52:51.87	17:01
19	16	Ron Eggerman	Centerville	IA	65	M	54:45.87	17:38
20	85	Bradley Watts	Centerville	IA	9	M	56:42.91	18:16
21	98	Bryce Steele	Centerville	IA	18	M	57:20.64	18:28
22	86	Joshua Watts	Centerville	IA	39	M	57:23.10	18:29
23	39	James W. Lunkley	Moulton	IA	65	M	58:24.95	18:49
24	95	Aaron Collis	Centerville	IA	20	M	1:08:44.22	22:08
25	30	Lukas Lassabe	Centerville	IA	6	M	1:10:53.69	22:50
26	13	Ramsey Durst	Dexter	IA	14	M	1:10:54.23	22:50
27	4	Brett Benjamin	Centerville	IA	19	M	1:10:54.98	22:50
28	72	Jamison Craig	Unionville	MO	16	M	1:10:55.51	22:50
29	28	Jessie Lassabe	Centerville	IA	29	M	1:10:56.95	22:51
30	27	Daryn Lassabe	Centerville	IA	10	M	1:10:57.69	22:51
31	33	Donny Lassabe	Worthington	MO	53	M	1:11:13.67	22:56

FEMALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
1	91	Karla Lilly	Ottumwa	IA	42	F	27:58.89	9:01
2	43	Kim Pasut	Albia	IA	51	F	28:07.62	9:04
3	20	Ann Hegstrom	De Soto	IA	57	F	28:36.39	9:13
4	2	Cheryl Barker	Centerville	IA	26	F	31:32.64	10:10
5	24	Leslie Keilig	Moravia	IA	28	F	34:04.14	10:58
6	57	Rhonda Wilson	Centerville	IA	50	F	35:16.61	11:22
7	23	Chris Kanselaar	Centerville	IA	48	F	35:23.90	11:24
8	48	Lisa Shawler	Creston	IA	46	F	35:27.56	11:25
9	25	Jackie Kelly	Centerville	IA	50	F	41:50.41	13:29
10	51	Stacy Thomas	Centerville	IA	48	F	42:20.92	13:38

11	87 Allison Harlan	Unionville	MO	30	F	42:21.34	13:38
12	15 Kris Eastin	Mercer	MO	39	F	42:24.60	13:40
13	80 Lena Burgher	Moravia	IA	16	F	45:49.06	14:45
14	81 Emily Moore	Melrose	IA	15	F	45:49.67	14:46
15	6 Becky Burkland	Udell	IA	47	F	47:57.26	15:27
16	79 Jesykah Williams	Moravia	IA	12	F	47:57.43	15:27
17	71 Lisa Carter	Seymour	IA	49	F	48:08.18	15:30
18	89 Melissa Hildenbrand	Corydon	IA	23	F	48:08.29	15:30
19	88 Nancy Casey	Corydon	IA	49	F	48:11.14	15:31
20	92 Tara West	Mercer	MO	29	F	48:11.14	15:31
21	44 Lindsey Pettibone	Centerville	IA	30	F	49:52.19	16:04
22	9 Becky Clark	Mystic	IA	29	F	51:41.68	16:39
23	53 Breanna Vandemark	Centerville	IA	34	F	52:38.92	16:57
24	49 Renee Sheston	Centerville	IA	38	F	52:38.92	16:57
25	8 Kelli Clark	Mystic	IA	51	F	53:36.09	17:16
26	10 Tammy Deputy	Centerville	IA	43	F	53:36.29	17:16
27	17 Teresa Eggerman	Centerville	IA	56	F	54:45.87	17:38
28	60 Helen Hawk	Centerville	IA	69	F	57:05.95	18:23
29	73 Sue Golic	Centerville	IA	67	F	57:06.46	18:23
30	74 Bonnie Kauzlarich	Centerville	IA	71	F	57:06.46	18:23
31	84 Amanda Watts	Centerville	IA	33	F	57:23.20	18:29
32	40 Judith Lunkley	Moulton	IA	65	F	58:24.58	18:48
33	99 Samantha Bowman	Centerville	IA	20	F	58:28.44	18:50
34	45 Valerie Printy	Cincinnati	IA	23	F	58:29.45	18:50
35	38 Tracy Lowry	Corydon	IA	30	F	58:29.65	18:50
36	97 Sarah Strickler	Centerville	IA	19	F	1:08:40.80	22:07
37	96 Amber Latwell	Centerville	IA	19	F	1:08:42.42	22:07
38	29 Tya Lassabe	Dexter	IA	12	F	1:10:29.73	22:42
39	12 Jaylee Durst	Dexter	IA	10	F	1:10:40.10	22:45
40	37 Kendra Logan	Centerville	IA	30	F	1:10:43.48	22:46
41	14 Jordon Durst	Dexter	IA	12	F	1:10:46.01	22:47
42	11 Thomasena Durst	Dexter	IA	30	F	1:10:52.46	22:49
43	58 Tammy Wisdom	Centerville	IA	32	F	1:10:53.89	22:50
44	52 Lacie Tingley	Centerville	IA	30	F	1:10:54.48	22:50
45	31 Tressie Lassabe	Worthington	MO	54	F	1:11:01.83	22:52
46	65 Danielle Hicks	Promise City	IA	19	F	1:15:28.81	24:18
47	64 Alexis Albright	Centerville	IA	14	F	1:18:51.74	25:23
48	1 Lana Albright	Centerville	IA	60	F	1:19:00.49	25:26
49	3 Jalie Belloma	Centerville	IA	22	F	1:19:11.74	25:30
50	70 Jan Christopher	Centerville	IA	60	F	1:19:12.49	25:30