



FEMALE RESULTS

TOT				SWIM		100		TRAN		BIKE		TRAN		RUN		TOTAL		
PLC	#	NAME	CITY	ST	AGE	S	plc	time	yds	time	plc	time	mph	time	plc	time	pace	TIME
1	5	Summer Ohlendorf	Madison	WI	27	F	2	22:26	1:17	0:47	2	1:08:18	20.7	0:46	1	46:26	7:29	2:18:42
2	3	Jessica Finlay	Minneapolis	MN	25	F	6	23:36	1:21	1:00	3	1:09:24	20.4	0:54	2	46:34	7:30	2:21:27
3	21	Jessica Yurchich	Madison	WI	25	F	10	25:33	1:28	1:17	1	1:07:47	20.9	0:57	7	48:12	7:46	2:23:44
4	2	Joy Carroll	Iowa City	IA	26	F	9	24:13	1:23	1:09	4	1:11:36	19.8	1:01	6	47:57	7:43	2:25:53
5	356	Allison Kindig	Iowa City	IA	21	F	11	25:42	1:28	0:55	5	1:14:26	19.0	0:50	3	46:50	7:33	2:28:41
6	7	Melanie Rabino	Woodbury	MN	19	F	1	20:50	1:11	1:14	10	1:18:38	18.0	1:03	4	47:46	7:42	2:29:29
7	42	Anna Moynihan	Minneapolis	MN	20	F	4	23:19	1:20	1:20	9	1:18:01	18.2	0:54	8	48:13	7:46	2:31:46
8	242	Rachel Stollenwerk	Milwaukee	WI	24	F	8	24:06	1:23	1:42	8	1:17:24	18.3	1:14	10	55:43	8:58	2:40:06
9	351	Tami Abkes	Cedar Rapids	IA	32	F	14	27:36	1:35	2:27	12	1:24:00	16.9	2:16	5	47:47	7:42	2:44:03
10	245	Amanda Harris	Earlville	IA	26	F	16	28:36	1:38	1:23	11	1:20:07	17.7	1:35	9	52:55	8:31	2:44:34
11	35	Judah Sencenbaugh	Ames	IA	21	F	12	26:29	1:31	1:07	6	1:15:53	18.7	1:25	14	1:00:00	9:40	2:44:53
12	14	Hannah Walsh	Litchfield	MN	22	F	5	23:35	1:21	1:15	14	1:25:29	16.6	1:20	12	57:31	9:16	2:49:08
13	1	Monica Palese	Minneapolis	MN	23	F	19	32:02	1:50	2:02	15	1:25:48	16.5	1:50	11	55:56	9:01	2:57:37
14	24	Rebecca Barry	Deerfield	IL	21	F	3	22:54	1:19	1:56	17	1:28:07	16.1	2:02	16	1:03:25	10:13	2:58:22
15	250	Angie Smith	Iowa City	IA	40	F	15	28:11	1:37	1:52	13	1:25:19	16.6	1:29	15	1:01:42	9:56	2:58:32
16	248	Jennifer Wells	Moline	IL	36	F	20	32:52	1:53	1:53	7	1:16:24	18.5	1:54	21	1:06:36	10:44	2:59:38
17	243	Sophia Parr	Chicago	IL	24	F	13	26:36	1:31	2:47	18	1:29:18	15.9	2:00	18	1:03:59	10:18	3:04:38
18	41	Jaclyn Noshay	Minneapolis	MN	19	F	22	38:04	2:10	1:25	16	1:27:22	16.2	1:03	13	59:39	9:36	3:07:31
19	26	Andrea Schaefer	La Crosse	WI	19	F	21	32:57	1:53	2:08	19	1:29:34	15.8	1:11	17	1:03:47	10:16	3:09:35
20	249	Jamie Johnson	Naperville	IL	36	F	18	30:19	1:44	3:14	20	1:29:50	15.8	2:13	20	1:05:12	10:30	3:10:45
21	247	Michelle Murray	Davenport	IA	31	F	17	29:22	1:41	1:51	22	1:38:27	14.4	1:04	19	1:04:45	10:26	3:15:27
22	244	Diane Threlkeld	Mandeville	LA	25	F	7	23:39	1:21	2:00	21	1:38:12	14.4	2:17	23	1:27:10	14:02	3:33:16
23	252	Heidi Townsend	Dubuque	IA	46	F	23	38:23	2:11	2:51	23	1:46:27	13.3	1:32	22	1:08:07	10:58	3:37:18