

# MinneMan Triathlon

June 29, 2013

## Overall Elite Results - Female

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	175	Heather Lendway	Female	29	Saint Paul	MN	00:11:16	1	1:16	00:01:18	00:35:04	4	22.8	00:01:00	00:20:52	8	6:43		01:09:28.27

# MinneMan Triathlon

June 29, 2013

## Overall Elite Results - Male

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	170	Chris Frykman	Male	36	Minneapolis	MN	00:14:32	12	1:39	00:01:24	00:32:47	2	24.3	00:01:01	00:20:30	6	6:36		01:10:11.39
2	234	Enoch Elliott	Male	16	Minneapolis	MN	00:13:57	8	1:35	00:01:04	00:38:22	22	20.8	00:00:46	00:18:21	1	5:54		01:12:27.02

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June 29, 2013

## Overall Results - Female

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
1	175	Heather Lendway	Female	29	Saint Paul	MN	00:11:16	1	1:16	00:01:18	00:35:04	4	22.8	00:01:00	00:20:52	8	6:43	01:09:28.27
2	174	Lisa Lendway	Female	32	St. Paul	MN	00:13:15	2	1:30	00:01:37	00:37:45	14	21.1	00:01:06	00:22:39	20	7:18	01:16:19.59
3	208	Amy Botnen	Female	28	St Louis Park	MN	00:16:21	30	1:51	00:02:42	00:39:23	26	20.3	00:01:18	00:19:30	4	6:17	01:19:11.12
4	8	Molly Moore	Female	42	Maple Grove	MN	00:15:53	25	1:48	00:01:46	00:37:36	12	21.2	00:01:06	00:22:54	27	7:22	01:19:12.53
5	215	Josie Walton	Female	41	Minneapolis	MN	00:16:08	28	1:49	00:02:03	00:38:15	20	20.9	00:01:22	00:22:40	21	7:18	01:20:25.50
6	118	Michelle Simpson	Female	42	East Bethel	MN	00:16:56	38	1:55	00:01:43	00:37:50	15	21.1	00:01:09	00:23:36	33	7:36	01:21:11.33
7	30	Lauren Steinke	Female	14	Saint Cloud	MN	00:14:37	14	1:39	00:01:53	00:43:57	72	18.2	00:01:05	00:19:56	5	6:25	01:21:25.54
8	98	Dawn Prinsen	Female	42	Minneapolis	MN	00:14:13	9	1:36	00:01:49	00:40:25	37	19.7	00:01:13	00:24:14	40	7:48	01:21:51.28
9	77	Cate Hoffman	Female	25	Minneapolis	MN	00:14:40	15	1:39	00:02:12	00:39:59	32	20.0	00:01:18	00:24:23	42	7:51	01:22:28.51
10	34	Kelly Barringer	Female	35	Eagan	MN	00:16:45	33	1:54	00:01:42	00:41:10	46	19.4	00:00:59	00:22:31	19	7:15	01:23:03.55
11	181	Renee Burton	Female	47	Bloomington	MN	00:19:08	72	2:10	00:02:02	00:39:31	27	20.2	00:01:00	00:21:54	13	7:03	01:23:31.95
12	223	Jessica Carlson	Female	25	St. Paul	MN	00:13:40	7	1:33	00:01:34	00:44:48	78	17.8	00:00:57	00:24:57	55	8:02	01:25:53.92
13	197	Dawn Labiosa	Female	48	Apple Valley	MN	00:15:23	18	1:44	00:01:53	00:41:58	59	19.0	00:01:14	00:26:12	68	8:26	01:26:37.44
14	219	Katherine Cherian	Female	44	Minneapolis	MN	00:17:38	46	2:00	00:01:42	00:41:27	54	19.3	00:01:32	00:24:37	47	7:56	01:26:53.27
15	206	Elizabeth Schultz	Female	50	Wayzata	MN	00:18:28	57	2:05	00:01:47	00:41:22	52	19.3	00:02:00	00:23:58	36	7:43	01:27:32.33
16	159	Stacy Terebayza	Female	41	Coon Rapids	MN	00:14:13	10	1:36	00:01:58	00:43:06	66	18.5	00:01:20	00:27:41	82	8:55	01:28:15.21
17	146	Dana Langlee	Female	16	Ham Lake	MN	00:14:36	13	1:39	00:01:52	00:46:30	97	17.2	00:01:33	00:23:50	34	7:41	01:28:18.70
18	233	Laura Nelson	Female	29	Brooklyn Park	MN	00:17:22	41	1:58	00:01:46	00:42:00	60	19.0	00:01:34	00:26:00	65	8:23	01:28:38.82
19	149	Bethany Collins	Female	58	New Hope	MN	00:15:21	17	1:44	00:02:04	00:41:30	55	19.2	00:01:31	00:29:26	96	9:29	01:29:48.54
20	47	Allison Sterneman	Female	17	Zimmerman	MN	00:13:38	6	1:32	00:02:48	00:46:32	98	17.2	00:01:08	00:25:54	63	8:21	01:29:57.37
21	80	Abby Scheller	Female	20	Champlin	MN	00:15:39	21	1:46	00:02:29	00:46:09	94	17.3	00:01:02	00:24:46	51	7:59	01:30:02.99
22	99	Maria Eaton	Female	38	Minnetonka	MN	00:18:33	59	2:06	00:02:19	00:40:45	41	19.6	00:01:45	00:27:04	75	8:43	01:30:23.72
23	199	Joan Casey	Female	48	St. Louis Park	MN	00:14:25	11	1:38	00:01:55	00:44:20	75	18.0	00:01:48	00:29:26	95	9:29	01:31:51.16
24	214	Jody Roff	Female	35	Saint Paul	MN	00:21:47	100	2:28	00:02:12	00:40:00	33	20.0	00:01:10	00:26:47	73	8:38	01:31:53.94
25	49	Ellen Wade	Female	29	Pleasant Hill	IA	00:20:30	88	2:19	00:02:09	00:41:16	50	19.3	00:01:45	00:27:07	76	8:44	01:32:43.68
26	177	Mary Ryan	Female	58	Minnetrista	MN	00:19:10	73	2:10	00:02:55	00:45:34	88	17.5	00:01:45	00:24:28	44	7:53	01:33:49.93
27	120	Nicole Danielsen	Female	34	Minneapolis	MN	00:17:03	39	1:56	00:02:35	00:46:53	102	17.0	00:02:01	00:26:04	66	8:24	01:34:34.26
28	166	Mary English	Female	54	Minnetonka	MN	00:18:49	60	2:08	00:02:19	00:44:28	76	18.0	00:01:58	00:27:54	85	8:59	01:35:23.93
29	198	Lynn Landborg	Female	36	Ham Lake	MN	00:19:01	68	2:09	00:02:48	00:46:47	101	17.1	00:01:58	00:25:10	60	8:06	01:35:40.77
30	32	Jenna Mcguire	Female	26	New Hope	MN	00:21:47	99	2:28	00:01:40	00:49:25	118	16.2	00:00:56	00:23:06	30	7:26	01:36:51.49
31	60	Jill Manners	Female	34	Coon Rapids	MN	00:19:07	71	2:10	00:02:00	00:41:24	53	19.3	00:01:25	00:33:06	113	10:40	01:36:59.07
32	178	Bridget Mcginnis	Female	40	Minneapolis	MN	00:18:13	52	2:04	00:01:51	00:46:46	100	17.1	00:01:31	00:28:54	91	9:19	01:37:13.74
33	173	Brittani Price	Female	26	Minneapolis	MN	00:19:18	74	2:11	00:03:13	00:46:07	93	17.3	00:01:49	00:26:55	74	8:40	01:37:19.56
34	4	Wendy Nevala	Female	46	Rocheser	MN	00:22:26	103	2:32	00:02:42	00:40:46	42	19.6	00:02:01	00:30:43	106	9:54	01:38:35.34
35	27	Masami Suga	Female	50	Lilydale	MN	00:17:23	42	1:58	00:01:45	00:48:14	109	16.5	00:01:19	00:30:47	108	9:55	01:39:25.66
36	123	Kathy Gerhardt	Female	42	St. Louis Park	MN	00:18:26	56	2:05	00:02:33	00:44:58	80	17.7	00:01:29	00:33:15	114	10:43	01:40:39.51

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Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
37	92	Lee Shumate	Female	43	Shakopee	MN	00:19:35	81	2:13	00:03:22	00:48:28	111	16.5	00:02:33	00:26:47	72	8:38		01:40:42.05
38	153	Michel Sanders	Female	60	Saint Paul	MN	00:21:00	92	2:23	00:03:17	00:45:01	81	17.7	00:01:46	00:30:14	100	9:45		01:41:16.61
39	226	Andrea Breamer	Female	29	Richfield	MN	00:18:03	50	2:03	00:02:08	00:49:15	116	16.2	00:01:55	00:30:37	103	9:52		01:41:55.59
40	203	Brenda Cornell	Female	52	Brooklyn Park	MN	00:22:48	107	2:35	00:03:27	00:45:45	89	17.4	00:02:00	00:28:16	87	9:06		01:42:12.83
41	165	Jacqueline English	Female	23	Minnnetonka	MN	00:17:25	43	1:58	00:02:18	00:54:05	127	14.8	00:01:53	00:28:11	86	9:05		01:43:49.17
42	158	Nancy Monaghan Beery	Female	57	Duluth	MN	00:23:08	111	2:37	00:04:05	00:46:20	95	17.2	00:01:56	00:30:07	97	9:42		01:45:33.41
43	20	Paula Volk	Female	43	Andover	MN	00:22:41	106	2:34	00:03:22	00:44:10	73	18.1	00:01:55	00:33:57	117	10:56		01:46:02.15
44	130	Diane Claeys	Female	57	St Louis Park	MN	00:22:07	102	2:30	00:03:02	00:46:22	96	17.2	00:02:01	00:32:33	110	10:29		01:46:02.62
45	236	Nancy Lee Bauer	Female	66	Champlin	MN	00:22:33	104	2:33	00:02:42	00:49:14	115	16.2	00:02:36	00:29:19	92	9:27		01:46:22.53
46	44	Emily Brunmeier	Female	19	Minneapolis	MN	00:20:01	87	2:16	00:03:05	00:53:35	124	14.9	00:00:55	00:29:25	93	9:29		01:46:57.90
47	245	Shannon Swanson	Female	43	Stillwater	MN	00:24:16	115	2:45	00:03:44	00:47:33	105	16.8	00:02:25	00:30:38	105	9:52		01:48:33.79
48	69	Erica Bratland	Female	34	Shoreview	MN	00:21:31	96	2:26	00:03:52	00:52:56	123	15.1	00:01:55	00:28:50	90	9:18		01:49:01.61
49	54	Katrina Snell	Female	28	Ramsey	MN	00:29:10	129	3:18	00:02:45	00:51:07	120	15.6	00:01:02	00:27:28	80	8:51		01:51:29.17
50	243	Dawn Piburn	Female	52	Champlin	MN	00:26:56	126	3:03	00:02:42	00:45:08	83	17.7	00:02:39	00:36:32	125	11:47		01:53:54.82
51	150	Jennifer Snyder	Female	40	Oak Grove	MN	00:23:08	110	2:37	00:05:33	00:48:58	113	16.3	00:01:36	00:35:59	124	11:36		01:55:11.02
52	140	Tina Otten	Female	45	Champlin	MN	00:26:29	124	3:00	00:03:47	00:49:38	119	16.1	00:02:26	00:35:20	122	11:23		01:57:38.40
53	213	Brittney Bredemus	Female	21	Andover	MN	00:26:51	125	3:03	00:02:50	00:55:17	131	14.4	00:01:08	00:32:10	109	10:22		01:58:13.03
54	126	Laurie Kjelden	Female	51	Shoreview	MN	00:23:06	108	2:37	00:03:55	00:51:58	121	15.4	00:02:24	00:37:11	126	11:59		01:58:32.29
55	151	Traci Tomas	Female	42	New Brighton	MN	00:25:16	121	2:52	00:03:26	00:54:51	129	14.6	00:01:13	00:33:52	116	10:55		01:58:35.28
56	133	Theresa Klamann	Female	58	Lino Lakes	MN	00:25:16	122	2:52	00:04:05	00:54:32	128	14.6	00:02:20	00:33:34	115	10:49		01:59:44.26
57	204	Jennifer Johnson	Female	41	Coon Rapids	MN	00:27:49	127	3:09	00:04:21	00:45:49	91	17.4	00:02:33	00:40:38	130	13:06		02:01:06.53
58	163	Catherine Munoz	Female	49	Andover	MN	00:24:25	117	2:46	00:05:33	00:55:13	130	14.5	00:01:58	00:34:27	119	11:06		02:01:34.46
59	52	Patty Grant	Female	31	Oak Grove	MN	00:28:54	128	3:16	00:04:20	00:53:41	125	14.9	00:01:29	00:34:44	120	11:11		02:03:04.71
60	50	Christine Fjalstad	Female	53	Prior Lake	MN	00:29:49	133	3:23	00:04:33	00:48:24	110	16.5	00:02:37	00:37:46	128	12:10		02:03:06.47
61	81	Suzy Scheller	Female	45	Champlin	MN	00:21:44	98	2:28	00:03:16	00:59:49	134	13.3	00:01:13	00:37:38	127	12:08		02:03:37.87
62	187	Sue Savage	Female	48	Blaine	MN	00:29:13	130	3:19	00:05:03	00:56:02	133	14.2	00:02:38	00:41:41	131	13:26		02:14:34.67
63	36	Lisa Handley	Female	43	Apple Valley	MN	00:29:23	131	3:20	00:04:45	01:05:26	137	12.2	00:01:39	00:42:52	134	13:49		02:24:02.30
64	96	Mary Blood	Female	65	Elk River	MN	00:30:05	134	3:25	00:06:47	01:08:24	138	11.7	00:01:49	00:43:21	135	13:58		02:30:22.56
65	189	Kelsey Miller	Female	19	Andover	MN	00:30:09	135	3:25	00:05:37	01:11:45	140	11.1	00:01:15	00:51:30	140	16:36		02:40:12.90
66	131	Lindsay Nauen	Female	63	St Paul	MN	00:43:34	139	4:57	00:08:04	01:01:17	135	13.0	00:03:41	00:49:19	138	15:54		02:45:52.00

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## Overall Results - Male

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
1	170	Chris Frykman	Male	36	Minneapolis	MN	00:14:32	12	1:39	00:01:24	00:32:47	2	24.3	00:01:01	00:20:30	6	6:36	01:10:11.39
2	138	Jesse Kling	Male	34	Blaine	MN	00:14:58	16	1:41	00:01:33	00:35:10	5	22.7	00:00:56	00:19:10	2	6:10	01:11:45.31
3	16	Scotty Erickson	Male	52	Ramsey	MN	00:13:27	4	1:31	00:01:34	00:33:50	3	23.6	00:01:02	00:22:22	18	7:12	01:12:12.32
4	234	Enoch Elliott	Male	16	Minneapolis	MN	00:13:57	8	1:35	00:01:04	00:38:22	22	20.8	00:00:46	00:18:21	1	5:54	01:12:27.02
5	222	Robert Dorn	Male	19	Edina	MN	00:13:25	3	1:31	00:02:18	00:37:28	10	21.3	00:01:10	00:19:18	3	6:13	01:13:36.45
6	210	Mike Basel	Male	36	Blaine	MN	00:15:43	23	1:47	00:01:39	00:35:30	6	22.5	00:01:15	00:22:11	17	7:09	01:16:14.91
7	102	Rick Christenson	Male	55	Roseville	MN	00:17:42	47	2:00	00:02:36	00:32:15	1	24.8	00:01:07	00:22:47	25	7:20	01:16:24.07
8	182	David Burton	Male	48	Bloomington	MN	00:16:50	34	1:54	00:01:56	00:37:32	11	21.3	00:01:15	00:21:17	10	6:51	01:18:47.97
9	71	Dan Rehrauer	Male	37	Minneapolis	MN	00:15:58	26	1:48	00:02:13	00:35:49	7	22.3	00:01:17	00:23:36	32	7:36	01:18:50.68
10	5	Jason O'donnell	Male	33	Minnetonka	MN	00:13:37	5	1:32	00:01:55	00:40:44	40	19.6	00:01:18	00:22:43	23	7:19	01:20:14.96
11	250	Rick Abrahamson	Male	51	Andover	MN	00:15:36	19	1:46	00:01:57	00:37:23	9	21.4	00:01:26	00:25:06	57	8:05	01:21:24.55
12	217	Dean Anderson	Male	43	Blaine	MN	00:17:59	49	2:02	00:02:32	00:37:03	8	21.5	00:02:15	00:22:08	15	7:08	01:21:54.45
13	224	Rick Dehn	Male	37	East Bethel	MN	00:16:02	27	1:49	00:02:09	00:39:51	30	20.0	00:01:11	00:22:48	26	7:21	01:21:58.54
14	61	Bradley Severson	Male	46	Minnetonka	MN	00:16:50	35	1:54	00:01:50	00:40:47	43	19.6	00:01:30	00:21:25	11	6:54	01:22:19.24
15	114	Jason Mccarty	Male	44	Monticello	MN	00:17:04	40	1:56	00:01:58	00:37:44	13	21.2	00:01:26	00:24:14	41	7:48	01:22:23.05
16	185	Mike Flynn	Male	61	Elk River	MN	00:19:30	77	2:12	00:02:54	00:38:05	18	21.0	00:01:01	00:21:08	9	6:48	01:22:35.97
17	135	Peter Lancaster	Male	59	Minneapolis	MN	00:15:38	20	1:46	00:02:30	00:39:16	25	20.3	00:01:28	00:24:07	37	7:46	01:22:56.73
18	24	Andrew Cockcroft	Male	47	Zimmerman	MN	00:17:46	48	2:01	00:02:07	00:38:02	16	21.0	00:01:22	00:25:14	61	8:08	01:24:28.57
19	101	Mike Wayman	Male	39	Ramsey	MN	00:18:55	65	2:08	00:02:23	00:39:10	24	20.4	00:01:13	00:22:54	28	7:23	01:24:32.09
20	63	Andrew Barringer	Male	22	St. Francis	MN	00:21:10	94	2:24	00:02:08	00:38:08	19	20.9	00:01:40	00:21:28	12	6:55	01:24:32.64
21	183	Eric Mckee	Male	48	East Bethel	MN	00:16:20	29	1:51	00:01:55	00:41:13	47	19.4	00:01:16	00:24:25	43	7:52	01:25:05.50
22	147	Eric Langlee	Male	42	Ham Lake	MN	00:19:42	83	2:14	00:01:45	00:41:07	45	19.4	00:01:03	00:21:56	14	7:04	01:25:30.70
23	65	Jeff Hunsaker	Male	35	Minneapolis	MN	00:19:02	69	2:09	00:02:38	00:38:05	17	21.0	00:01:27	00:24:42	48	7:58	01:25:52.29
24	191	Hunter Warner	Male	13	Eden Prairie	MN	00:16:27	31	1:52	00:02:38	00:41:40	56	19.2	00:01:05	00:24:35	46	7:55	01:26:22.95
25	87	Koji Suga	Male	13	Lilydale	MN	00:15:43	24	1:47	00:01:04	00:45:10	85	17.7	00:01:00	00:23:29	31	7:34	01:26:22.95
26	91	Chuck Bies	Male	52	Waconia	MN	00:18:17	53	2:04	00:02:44	00:39:55	31	20.0	00:01:45	00:24:07	38	7:46	01:26:46.16
27	41	Matt Moen	Male	35	Minneapolis	MN	00:19:00	67	2:09	00:01:58	00:38:18	21	20.8	00:02:13	00:25:29	62	8:12	01:26:54.83
28	212	Manny Comstock	Male	58	St. Paul	MN	00:16:51	36	1:54	00:02:11	00:39:34	28	20.2	00:01:05	00:27:46	84	8:57	01:27:24.92
29	66	Brandon Latack	Male	29	Cottage Grove	MN	00:16:42	32	1:53	00:02:02	00:41:13	48	19.4	00:01:34	00:26:11	67	8:26	01:27:39.23
30	107	Chad Hanson	Male	40	Ham Lake	MN	00:19:19	75	2:11	00:02:07	00:40:50	44	19.5	00:01:21	00:25:07	59	8:05	01:28:41.81
31	78	Joel Leger	Male	42	Blaine	MN	00:19:06	70	2:10	00:02:47	00:40:40	39	19.6	00:01:25	00:24:54	53	8:01	01:28:49.42
32	46	Doug Jones	Male	61	St.louis Park	MN	00:19:30	78	2:12	00:02:35	00:40:18	36	19.8	00:01:50	00:24:45	50	7:58	01:28:55.12
33	67	Josh Edwards	Male	35	Chaska	MN	00:18:19	54	2:04	00:02:46	00:43:16	67	18.4	00:01:42	00:23:05	29	7:26	01:29:05.26
34	201	Kevin Erickson	Male	47	Coon Rapids	MN	00:19:43	84	2:14	00:01:42	00:42:29	62	18.8	00:00:44	00:24:44	49	7:58	01:29:19.62
35	116	Aaron Miller	Male	41	Elk River	MN	00:24:38	118	2:47	00:02:28	00:38:40	23	20.6	00:01:10	00:22:40	22	7:18	01:29:34.72
36	156	Ed Ryan	Male	60	Minnetrista	MN	00:18:07	51	2:03	00:02:49	00:42:30	63	18.8	00:01:25	00:24:47	52	7:59	01:29:35.29

# MinneMan Triathlon

June 29, 2013

## Overall Results - Male

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
37	33	Gordy Grebowski	Male	39	East Bethel	MN	00:19:39	82	2:13	00:02:01	00:41:51	58	19.1	00:01:11	00:25:07	58	8:05		01:29:46.87
38	237	Timothy Pratt	Male	48	Shoreview	MN	00:17:31	44	1:59	00:03:05	00:45:05	82	17.7	00:01:27	00:22:46	24	7:20		01:29:51.45
39	29	Kyle Klever	Male	27	Moorhead	MN	00:18:54	64	2:08	00:02:07	00:41:14	49	19.4	00:01:04	00:27:10	77	8:45		01:30:25.36
40	179	Sean Mcginnis	Male	38	Minneapolis	MN	00:18:32	58	2:06	00:02:41	00:43:28	68	18.4	00:01:18	00:24:55	54	8:01		01:30:51.10
41	180	Derrick Shatava	Male	32	Lino Lakes	MN	00:19:35	80	2:13	00:03:18	00:40:27	38	19.7	00:01:32	00:26:36	71	8:34		01:31:25.84
42	88	Mark Magnuson	Male	49	Isanti	MN	00:20:51	91	2:22	00:02:31	00:39:43	29	20.1	00:01:06	00:27:43	83	8:56		01:31:51.61
43	176	Dan Mcintyre	Male	45	Coon Rapids	MN	00:17:35	45	1:59	00:02:30	00:40:09	35	19.9	00:01:23	00:30:18	101	9:46		01:31:52.26
44	105	John Glass	Male	40	Savage	MN	00:19:24	76	2:12	00:03:01	00:42:13	61	18.9	00:01:56	00:26:00	64	8:23		01:32:31.64
45	17	William Forsberg	Male	59	Golden Valley	MN	00:21:23	95	2:25	00:02:57	00:42:50	64	18.6	00:01:24	00:24:33	45	7:54		01:33:05.06
46	142	T J Haugan	Male	20	Oak Grove	MN	00:23:13	112	2:38	00:03:09	00:43:34	70	18.3	00:01:14	00:22:09	16	7:08		01:33:16.14
47	38	Mike Carver	Male	49	Thief River Falls	MN	00:23:07	109	2:37	00:01:54	00:41:21	51	19.3	00:00:47	00:26:35	70	8:34		01:33:40.50
48	154	Tom Couillard	Male	64	White Bear Lake	MN	00:18:25	55	2:05	00:02:48	00:42:59	65	18.6	00:02:28	00:27:10	78	8:45		01:33:46.81
49	168	Michael McCormick	Male	54	Isanti	MN	00:16:52	37	1:54	00:02:53	00:43:33	69	18.3	00:01:54	00:28:46	89	9:16		01:33:54.94
50	184	Bob Harmon	Male	52	New Brighton	MN	00:24:24	116	2:46	00:02:58	00:40:06	34	19.9	00:01:54	00:25:02	56	8:04		01:34:21.87
51	68	Bret Van Norman	Male	25	Champlin	MN	00:19:53	86	2:15	00:02:25	00:44:43	77	17.8	00:00:54	00:27:35	81	8:53		01:35:26.72
52	62	David Giacomini	Male	22	Minneapolis	MN	00:20:44	90	2:21	00:03:25	00:45:08	84	17.7	00:02:01	00:24:12	39	7:48		01:35:27.76
53	143	Tom Haugan	Male	51	Oak Grove	MN	00:18:57	66	2:09	00:02:17	00:43:46	71	18.2	00:01:11	00:30:37	104	9:52		01:36:45.37
54	75	Jason Martinetto	Male	38	Minneapolis	MN	00:15:41	22	1:46	00:03:26	00:49:17	117	16.2	00:01:20	00:27:10	79	8:45		01:36:51.96
55	94	Randy Davis	Male	53	Coon Rapids	MN	00:18:53	62	2:08	00:02:59	00:44:20	74	18.0	00:01:28	00:29:25	94	9:29		01:37:01.58
56	200	Joe Biancardi	Male	41	Blain	MN	00:22:39	105	2:34	00:02:37	00:45:29	87	17.5	00:00:55	00:26:30	69	8:32		01:38:08.25
57	113	Mike Nill	Male	42	Blaine	MN	00:19:49	85	2:15	00:04:03	00:47:56	107	16.7	00:02:34	00:23:56	35	7:43		01:38:14.94
58	72	Ben Gelhaus	Male	20	Caledonia	WI	00:26:21	123	2:59	00:03:27	00:46:35	99	17.1	00:01:25	00:20:45	7	6:41		01:38:29.48
59	111	Jordan Moe	Male	47	Staples	MN	00:21:42	97	2:27	00:03:16	00:44:49	79	17.8	00:01:17	00:33:01	111	10:38		01:44:01.53
60	31	Paul Mcguire	Male	25	New Hope	MN	00:21:55	101	2:29	00:02:53	00:48:28	112	16.5	00:01:00	00:30:27	102	9:49		01:44:40.86
61	136	Joe Kandiko	Male	63	Excelsior	MN	00:19:33	79	2:13	00:03:51	00:47:24	104	16.8	00:02:56	00:33:03	112	10:39		01:46:45.73
62	19	Michael Petersen	Male	55	Ramsey	MN	00:18:53	63	2:08	00:04:44	00:45:24	86	17.6	00:03:41	00:34:17	118	11:03		01:46:55.55
63	232	Pat Graiziger	Male	57	Oak Grove	MN	00:23:52	114	2:42	00:04:02	00:45:50	92	17.4	00:03:19	00:30:45	107	9:55		01:47:44.92
64	235	David Johnson	Male	51	Oak Grove	MN	00:25:07	120	2:51	00:04:16	00:41:41	57	19.1	00:02:21	00:35:31	123	11:27		01:48:52.87
65	193	Mark Stange	Male	67	Shoreview	MN	00:18:51	61	2:08	00:04:19	00:47:44	106	16.7	00:03:11	00:38:30	129	12:25		01:52:32.32
66	188	Michael Miller	Male	55	Andover	MN	00:31:02	136	3:31	00:04:14	00:48:04	108	16.6	00:01:36	00:30:11	99	9:44		01:55:04.58
67	169	Brian Bigham	Male	38	Cottage Grove	MN	00:21:06	93	2:23	00:02:50	00:47:06	103	16.9	00:02:18	00:41:51	132	13:29		01:55:09.77
68	207	Philip Dunlay	Male	56	Minnetonka	MN	00:25:04	119	2:50	00:03:49	00:49:10	114	16.2	00:03:15	00:34:44	121	11:11		01:55:58.28
69	53	Jeff Grant	Male	32	Oak Grove	MN	00:32:04	137	3:38	00:02:26	00:55:40	132	14.3	00:01:21	00:30:09	98	9:43		02:01:36.94
70	73	Dale Peterson	Male	58	Chanhassen	MN	00:23:42	113	2:41	00:06:33	00:45:46	90	17.4	00:02:56	00:44:25	137	14:19		02:03:19.29
71	119	Frank Thoburn	Male	47	Andover	MN	00:20:30	89	2:19	00:03:04	00:54:00	126	14.8	00:01:51	00:43:59	136	14:11		02:03:20.86
72	132	Richard Weil	Male	63	St Paul	MN	00:33:54	138	3:51	00:07:10	01:09:10	139	11.5	00:03:43	00:28:36	88	9:13		02:22:31.17

# MinneMan Triathlon

June 29, 2013

## Overall Results - Male

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
73	171	Joseph Petronio	Male	54	Woodbury	MN	00:46:07	140	5:14	00:06:22	00:52:10	122	15.3	00:02:42	00:42:33	133	13:43		02:29:51.54
74	195	Robert Powers	Male	89	White Bear Lake	MN	00:29:44	132	3:22	00:06:44	01:03:18	136	12.6	00:04:08	00:50:10	139	16:10		02:34:02.31