

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

15K

Female Overall 15K

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	16/169	1/79	845	Sarah Hammel	25	Female	Charles City	IA	6:31	01:00:45.19

Male Overall 15K

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	1/169	1/90	870	Peter Kraus	23	Male	Decorah	IA	5:40	00:52:54.25

Female Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	18/169	2/79	866	Shana Kelly	18	Female	Decorah	IA	6:35	01:01:22.00
2	37/169	4/79	968	Tricia Serres	19	Female	Platteville	WI	7:26	01:09:17.46
3	45/169	6/79	886	Lauren Mordini	19	Female	Wheaton	IL	7:33	01:10:30.79
4	65/169	13/79	824	Jenna Dengler	19	Female	Ankeny	IA	7:55	01:13:50.21
5	66/169	14/79	179	Tessa Kraus	19	Female	Decorah	IA	7:55	01:13:50.21
6	91/169	26/79	817	Randi-Kate Canoy	18	Female	Decorah	IA	8:23	01:18:13.74
7	129/169	47/79	810	Brenna Betts	14	Female	Decorah	IA	9:07	01:25:06.00
8	143/169	56/79	825	Keeghan Douglas	17	Female	Johnston	IA	9:35	01:29:24.48
9	168/169	78/79	806	Kirsten Arneson	18	Female	Decorah	IA	12:04	01:52:29.85
10	169/169	79/79	876	Maggie Locke	18	Female	Decorah	IA	12:04	01:52:30.62

Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	7/169	7/90	963	John Donovan	19	Male	Platteville	WI	6:16	00:58:27.99
2	13/169	13/90	970	John Hadish	19	Male	Ames	IA	6:25	00:59:53.76
3	14/169	14/90	965	Nate Marti	18	Male	Mount Vernon	IA	6:28	01:00:19.77
4	19/169	17/90	848	Hans Holkesvik	18	Male	Decorah	IA	6:39	01:02:00.51
5	21/169	19/90	948	Alex Bishop	18	Male	DECORAH	IA	6:44	01:02:53.70
6	25/169	23/90	921	Nathan Suhr	18	Male	Decorah	IA	6:53	01:04:18.52
7	40/169	36/90	896	Kellan O'shea	17	Male	Decorah	IA	7:32	01:10:17.61
8	41/169	37/90	833	Kennedy Folkedah	17	Male	Decorah	IA	7:32	01:10:17.79
9	71/169	55/90	862	Dusty Jentz	19	Male	Platteville	WI	7:59	01:14:29.23
10	83/169	60/90	873	Jerad Lee-Gay	19	Male	Decorah	IA	8:15	01:16:56.81
11	86/169	62/90	828	Guillermo Escoto	18	Male	Decorah	IA	8:18	01:17:23.55
12	135/169	84/90	918	Sheldon Smith	18	Male	Decorah	IA	9:25	01:27:52.84

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July 27, 2013

Overall Division Results

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Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	36/169	3/79	820	Jayne Cole	21	Female	Decorah	IA	7:26	01:09:17.45
2	50/169	7/79	939	Lauren Wettach	25	Female	Decorah	IA	7:36	01:10:56.44
3	57/169	9/79	954	Nicole Powers	21	Female	Adel	IA	7:46	01:12:29.63
4	58/169	10/79	953	Anna Arbisi	20	Female	Edina	MN	7:48	01:12:51.31
5	61/169	11/79	309	Erika Randall	26	Female	Decorah	IA	7:52	01:13:22.55
6	62/169	12/79	871	Kelsie Larson	22	Female	Decorah	IA	7:52	01:13:22.95
7	70/169	16/79	904	Amy Reicks	22	Female	New Hampton	IA	7:58	01:14:21.88
8	76/169	19/79	928	Christina Weckwerth	22	Female	Minneapolis	MN	8:07	01:15:43.81
9	77/169	20/79	868	Andrea Klepper	22	Female	Algona	IA	8:07	01:15:43.90
10	80/169	22/79	962	Maggie Jasper	21	Female	Decorah	IA	8:09	01:15:59.96
11	85/169	24/79	961	Katie Van Winkle	21	Female	Decorah	IA	8:17	01:17:20.55
12	90/169	25/79	842	Danielle Goodwin	22	Female	New Hampton	IA	8:23	01:18:08.47
13	93/169	27/79	852	Devon Hovey	20	Female	Decorah	IA	8:25	01:18:28.18
14	94/169	28/79	958	Sophia Ristan	20	Female	Saint Paul	MN	8:25	01:18:28.19
15	109/169	34/79	804	Rose Amundson	28	Female	Iowa City	IA	8:42	01:21:08.82
16	114/169	37/79	960	Shelby Steele	21	Female	Decorah	IA	8:45	01:21:35.90
17	118/169	40/79	809	Sydney Bermel	23	Female	Clear Lake	IA	8:49	01:22:12.10
18	119/169	41/79	847	Jodi Hendricks	26	Female	Decorah	IA	8:49	01:22:18.39
19	134/169	51/79	878	Morgan Lyons	26	Female	West Des Moines	IA	9:23	01:27:28.84
20	142/169	55/79	864	Amanda Jorgensen	24	Female	Thomasboro	IL	9:34	01:29:15.32
21	153/169	64/79	801	Amy Becker	29	Female	Waterloo	IA	9:54	01:32:23.75
22	158/169	69/79	937	Kyleigh Kriener	22	Female	Ossian	IA	10:05	01:34:00.98
23	162/169	73/79	856	Brooke Hudson	24	Female	Lansing	IA	10:28	01:37:35.10
24	163/169	74/79	902	Becky Rea	26	Female	Lansing	IA	10:28	01:37:35.10

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	2/169	2/90	925	Austin Tegels	25	Male	Brandon	IA	5:42	00:53:15.50
2	3/169	3/90	898	Andrew Papke-Larson	23	Male	Decorah	IA	5:49	00:54:13.14
3	4/169	4/90	947	Orxy Stevenson	24	Male	Madison	WI	5:58	00:55:38.76
4	5/169	5/90	885	Max Molzahn	23	Male	Decorah	IA	6:08	00:57:17.55
5	8/169	8/90	929	Otis Weckwerth	23	Male	Minneapolis	MN	6:16	00:58:29.22
6	9/169	9/90	938	Karl Gesch	23	Male	Ames	IA	6:17	00:58:35.13
7	10/169	10/90	851	Travis Houle	20	Male	Decorah	IA	6:17	00:58:39.41
8	11/169	11/90	967	Matthew Rubins	22	Male	Bettendorf	IA	6:22	00:59:24.49
9	12/169	12/90	888	Retro Neubauer	22	Male	Decorah	IA	6:22	00:59:24.88
10	15/169	15/90	830	Zach Fadness	20	Male	Austin	MN	6:28	01:00:25.72
11	24/169	22/90	951	Kyle Windquist	22	Male	La Crosse	WI	6:53	01:04:14.55
12	30/169	28/90	858	Kent Ingvalson	22	Male	Decorah	IA	7:01	01:05:32.22
13	32/169	30/90	839	Chris George	21	Male	Decorah	IA	7:06	01:06:17.55
14	33/169	31/90	807	Micah Ballew	21	Male	Wauwatosa	WI	7:15	01:07:36.37
15	35/169	33/90	860	Nick Jazdzewski	21	Male	Decorah	IA	7:23	01:08:58.49
16	39/169	35/90	933	Michael Yearows	26	Male	Marion	IA	7:32	01:10:14.81
17	54/169	47/90	894	Jon Olson	25	Male	Decorah	IA	7:42	01:11:51.41
18	59/169	49/90	877	Jesse Lyon	27	Male	Decorah	IA	7:49	01:12:54.87
19	63/169	51/90	911	Rob Robison	29	Male	Johnston	IA	7:52	01:13:27.83
20	68/169	53/90	944	Johnny Hogue	26	Male	Rockford	MN	7:56	01:14:03.21
21	74/169	56/90	813	Brent Blaser	21	Male	Decorah	IA	8:06	01:15:34.96
22	79/169	58/90	838	Jay Geissler	24	Male	Decorah	IA	8:08	01:15:50.80
23	92/169	66/90	950	Sam Beard	21	Male	Decorah	IA	8:25	01:18:27.81
24	102/169	72/90	863	Jacob Johnson	20	Male	Decorah	IA	8:32	01:19:41.63
25	107/169	75/90	901	Nick Pearch	21	Male	Decorah	IA	8:35	01:20:06.31

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Overall Division Results

15K

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	42/169	5/79	892	Marissa Nordschow	33	Female	Decorah	IA	7:32	01:10:21.43
2	67/169	15/79	818	Amy Carolan	31	Female	Marine On St. Cr	MN	7:56	01:13:58.74
3	73/169	18/79	867	Angie Kerndt	30	Female	Decorah	IA	8:00	01:14:38.79
4	96/169	29/79	883	Shauna Menke	32	Female	Decorah	IA	8:27	01:18:46.95
5	98/169	30/79	889	Rebecca Newhouse	33	Female	Linn Grove	IA	8:27	01:18:53.26
6	105/169	32/79	853	Jana Hovland	31	Female	Huntington	WV	8:34	01:19:54.40
7	110/169	35/79	899	Rachel Parks	38	Female	Big Lake	MN	8:42	01:21:09.56
8	117/169	39/79	831	Jennifer Ferson	37	Female	Denver	IA	8:46	01:21:50.30
9	121/169	42/79	915	Misti Shawver	34	Female	New Hampton	IA	8:50	01:22:26.53
10	122/169	43/79	916	Emily Smith	32	Female	New Hampton	IA	8:50	01:22:26.74
11	130/169	48/79	969	Liza Hicken	33	Female	Decorah	IA	9:09	01:25:21.26
12	131/169	49/79	474	Leticia Rambo	38	Female	Durango	CO	9:15	01:26:18.95
13	133/169	50/79	907	Lori Rissman	33	Female	Decorah	IA	9:17	01:26:40.82
14	141/169	54/79	816	Renee Byrnes	30	Female	Dorchester	IA	9:30	01:28:37.79
15	145/169	58/79	803	Katie Allen	30	Female	Marion	IA	9:37	01:29:43.56
16	146/169	59/79	949	Nanci Klocke	37	Female	Hayfield	MN	9:37	01:29:46.59
17	150/169	62/79	124	Jordan Hansen	32	Female	Hudson	IA	9:52	01:32:02.59
18	151/169	63/79	940	Heather Olsen	36	Female	Voorhies	IA	9:52	01:32:02.72
19	154/169	65/79	835	Laura Folkerts	30	Female	Cedar Falls	IA	9:54	01:32:23.76
20	155/169	66/79	859	Jamie Isaacson	37	Female	Cresco	IA	9:55	01:32:28.75
21	156/169	67/79	887	Glenna Munuswamy	30	Female	Ossian	IA	9:57	01:32:51.53
22	157/169	68/79	914	Kara Shannon	34	Female	Readlyn	IA	9:57	01:32:51.73
23	161/169	72/79	843	Jenny Hager	30	Female	Waukon	IA	10:25	01:37:14.61

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	17/169	16/90	977	Jeremy Peake	33	Male	Waukon	IA	6:31	01:00:48.34
2	22/169	20/90	908	Kevin Roberts	36	Male	Decorah	IA	6:48	01:03:23.25
3	23/169	21/90	974	Jared Nielse	30	Male	Decorah	IA	6:52	01:04:03.27
4	26/169	24/90	811	Jeffrey Bishop	37	Male	Chicago	IL	6:57	01:04:54.20
5	28/169	26/90	971	Ben Dauck	37	Male	Fort Atkinson	WI	7:01	01:05:28.96
6	31/169	29/90	893	Terry Oliphant	39	Male	Forest City	IA	7:04	01:05:56.20
7	43/169	38/90	903	Blair Redenius	36	Male	Charles City	IA	7:33	01:10:23.43
8	44/169	39/90	805	John Anderson	38	Male	Decorah	IA	7:33	01:10:30.43
9	47/169	41/90	836	Jeffrey Freidhof	35	Male	Decorah	IA	7:35	01:10:47.51
10	48/169	42/90	814	Brent Buresh	38	Male	Decorah	IA	7:36	01:10:51.29
11	49/169	43/90	927	Daniel Vondra	34	Male	Iowa City	IA	7:36	01:10:53.22
12	53/169	46/90	897	Brett Ostby	34	Male	Rochester	MN	7:42	01:11:47.96
13	55/169	48/90	821	Jeff Cooper	36	Male	Decorah	IA	7:45	01:12:17.43
14	75/169	57/90	930	Joshua White	38	Male	Randolph	VT	8:07	01:15:40.85
15	82/169	59/90	865	Andrew Kautman	39	Male	Gilbert	IA	8:14	01:16:49.31
16	97/169	68/90	880	Jason Macduff	36	Male	Sausalito	CA	8:27	01:18:50.21
17	99/169	69/90	924	Josh Taylor	33	Male	Rochester	MN	8:28	01:19:02.99
18	100/169	70/90	945	Cory Felderman	32	Male	Rochester	MN	8:28	01:19:03.20
19	111/169	76/90	815	Matt Burreson	36	Male	Decorah	IA	8:43	01:21:20.61
20	120/169	79/90	906	Erik Riha	37	Male	Champaign	IL	8:50	01:22:24.29
21	140/169	87/90	946	Jacob Lassetter	34	Male	Decorah	IA	9:29	01:28:31.77
22	167/169	90/90	846	Tom Haskell	33	Male	Athens	OH	11:31	01:47:27.72

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July 27, 2013

Overall Division Results

15K

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	56/169	8/79	812	Vicki Bjerke	40	Female	Decorah	IA	7:45	01:12:17.79
2	72/169	17/79	875	Elizabeth Lippert Kane	40	Female	Decorah	IA	7:59	01:14:30.80
3	78/169	21/79	829	Sandy Fadness	46	Female	Austin	MN	8:07	01:15:47.75
4	104/169	31/79	934	Jessica Zilka	40	Female	Decorah	IA	8:34	01:19:52.21
5	108/169	33/79	891	Christy Nimrod	46	Female	Decorah	IA	8:37	01:20:21.70
6	112/169	36/79	932	Staci Wicks	40	Female	Cresco	IA	8:44	01:21:24.56
7	116/169	38/79	874	Elizabeth Leschensky	44	Female	Decorah	IA	8:46	01:21:49.82
8	123/169	44/79	917	Kristin Smith	45	Female	Russellville	AR	8:55	01:23:15.74
9	124/169	45/79	808	Maureen Bamrick-Burtr	49	Female	Clear Lake	IA	8:57	01:23:26.15
10	126/169	46/79	909	Amy Robinson	41	Female	Decorah	IA	8:58	01:23:39.26
11	137/169	52/79	850	Linda Hougen	46	Female	Decorah	IA	9:27	01:28:07.28
12	159/169	70/79	854	Melissa Hudgens	41	Female	Argyle	TX	10:22	01:36:39.66
13	164/169	75/79	879	Sandra Lyons	49	Female	Lansing	IA	10:45	01:40:13.28
14	166/169	77/79	936	Rene Kriener	42	Female	Ossian	IA	11:05	01:43:23.34

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	6/169	6/90	952	Lars Anderson	43	Male	Iowa City	IA	6:15	00:58:19.61
2	20/169	18/90	923	Derek Sweet	45	Male	Decorah	IA	6:40	01:02:11.64
3	27/169	25/90	966	Monte Marti	47	Male	Mount Vernon	IA	6:57	01:04:54.28
4	34/169	32/90	861	Jon Jensen	46	Male	Decorah	IA	7:15	01:07:37.50
5	38/169	34/90	973	Garth Carlson	44	Male	Davenport	IA	7:27	01:09:31.48
6	46/169	40/90	922	Brian Sullivan	40	Male	Decorah	IA	7:35	01:10:41.17
7	51/169	44/90	964	Chris Ristau	42	Male	Denver	IA	7:38	01:11:10.53
8	52/169	45/90	834	Marc Folkerdahl	45	Male	Decorah	IA	7:38	01:11:15.61
9	60/169	50/90	943	Aire Mounthachak	46	Male	Rockford	MN	7:49	01:12:55.80
10	64/169	52/90	910	Jerry Robinson	45	Male	Decorah	IA	7:53	01:13:35.55
11	84/169	61/90	913	Alan Schmitt	47	Male	Ft. Atkinson	IA	8:16	01:17:06.14
12	87/169	63/90	832	Jayme Folkedahl	40	Male	Decorah	IA	8:18	01:17:30.24
13	95/169	67/90	823	Paul Dambek	42	Male	Valparaiso	IN	8:25	01:18:33.72
14	101/169	71/90	857	Jason Husveth	41	Male	Marine On St. Cr	MN	8:32	01:19:38.56
15	113/169	77/90	931	Rich Wicks	49	Male	Cresco	IA	8:44	01:21:26.29
16	125/169	80/90	926	Mark Vagts	45	Male	Waseca	MN	8:57	01:23:28.99
17	127/169	81/90	827	Russell Drenth	45	Male	Decorah	IA	8:58	01:23:41.50
18	128/169	82/90	881	Dan Marlow	47	Male	Decorah	IA	9:05	01:24:42.31
19	132/169	83/90	855	Robert Hudgens	40	Male	Argyle	TX	9:17	01:26:32.33
20	136/169	85/90	822	John Dambek	49	Male	Decorah	IA	9:26	01:27:56.33
21	152/169	89/90	976	Johnathan Storlie	43	Male	Spring Grove	MN	9:52	01:32:05.55

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	81/169	23/79	920	Michele Stevens	52	Female	Denver	IA	8:12	01:16:29.22
2	138/169	53/79	837	Anne-Lene Frolandsha	50	Female	Fredrikstad	MN	9:27	01:28:09.83
3	144/169	57/79	941	Amy Schwartz	50	Female	Decorah	IA	9:36	01:29:30.58
4	147/169	60/79	840	Sharon Gerleman	51	Female	Ridgeway	IA	9:40	01:30:11.34
5	149/169	61/79	972	Barb Baker	52	Female	Grinnell	IA	9:46	01:31:05.59
6	160/169	71/79	975	Laure Rausch	54	Female	Fort Atkinson	IA	10:25	01:37:14.43
7	165/169	76/79	890	Rita Newton	50	Female	Waukon	IA	10:45	01:40:13.68

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Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	29/169	27/90	959	Robert Serrey	52	Male	Platteville	WI	7:01	01:05:30.00
2	69/169	54/90	869	Tom Kraabel	52	Male	Decorah	IA	7:56	01:14:04.30
3	88/169	64/90	900	Daniel Pavlovec	57	Male	Fort Atkinson	IA	8:19	01:17:40.41
4	89/169	65/90	956	Dan Nielson	59	Male	Maple Grove	MN	8:22	01:18:01.31
5	115/169	78/90	849	Jeff Holmquist	52	Male	La Crosse	WI	8:46	01:21:46.82
6	139/169	86/90	895	Brad Orvis	56	Male	Decorah	IA	9:27	01:28:10.94
7	148/169	88/90	882	Steven Massman	57	Male	Caledonia	MN	9:41	01:30:16.89

Male Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	103/169	73/90	957	Linus Barloon	65	Male	Decorah	IA	8:33	01:19:43.31
2	106/169	74/90	919	Mick Snell	64	Male	Hampton	IA	8:35	01:20:00.53