

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Female Overall 5K

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	17/460	1/243	214	Moran Lonning	20	Female	Decorah	IA	6:34	00:20:24.67

Male Overall 5K

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	1/460	1/217	191	Patrick Larson	18	Male	Decorah	IA	5:43	00:17:46.86

Female Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	44/460	4/243	528	Felicity Taylor	12	Female	Springville	IA	7:27	00:23:11.51
2	139/460	34/243	548	Ivy Hirsch	12	Female	Sumner	IA	8:40	00:26:56.43
3	179/460	59/243	196	Hannah Lee	11	Female	Elgin	IL	9:04	00:28:13.25
4	211/460	72/243	283	Kalea Oftedahl	11	Female	Decorah	IA	9:27	00:29:24.66
5	228/460	81/243	308	Lauren Raddatz	12	Female	Decorah	IA	9:34	00:29:45.81
6	236/460	86/243	263	Abby Moen	10	Female	Decorah	IA	9:40	00:30:03.12
7	238/460	87/243	496	Katie Storlie	11	Female	Decorah	IA	9:41	00:30:05.36
8	241/460	90/243	13	Grace Bachelder	9	Female	Decorah	IA	9:41	00:30:06.95
9	242/460	91/243	310	Elise Rasmussen	12	Female	Jackson	MN	9:42	00:30:08.94
10	246/460	94/243	555	Keira Smyser	8	Female	Ballwin	MO	9:51	00:30:36.45
11	315/460	137/243	512	Mya Numedahl	10	Female	Decorah	IA	10:21	00:32:10.21
12	328/460	145/243	56	Kayanne Cooper	12	Female	Decorah	IA	10:34	00:32:49.94
13	329/460	146/243	187	Sydney Landstrom	12	Female	Decorah	IA	10:34	00:32:50.70
14	367/460	172/243	88	Emma Fretheim	12	Female	Decorah	IA	11:04	00:34:23.20
15	431/460	222/243	498	Ella Ready	7	Female	Sioux Falls	SD	13:26	00:41:47.22
16	436/460	226/243	557	Thea Schissel	8	Female	W Des Moines	IA	14:05	00:43:46.48
17	452/460	238/243	5	Betsy Anderson	10	Female	Waukon	IA	17:45	00:55:11.71
18	456/460	241/243	416	Helen Weis	11	Female	Decorah	IA	17:49	00:55:23.89
19	460/460	243/243	321	Margaret Rhodes	9	Female	Decorah	IA	18:17	00:56:49.31

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Male Ages 01 - 12

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	31/460	29/217	139	Nils Holkesvik	11	Male	Decorah	IA	7:09	00:22:15.90
2	54/460	47/217	319	Kyle Renken	10	Male	Decorah	IA	7:40	00:23:49.93
3	74/460	62/217	230	Luke Maly	12	Male	Medina	MN	7:56	00:24:41.91
4	77/460	65/217	335	Zach Rosedahl	11	Male	Brownsville	WI	7:58	00:24:45.68
5	79/460	67/217	55	Isaac Cooper	9	Male	Decorah	IA	7:58	00:24:48.22
6	87/460	72/217	70	Briggs Duwe	10	Male	Decorah	IA	8:07	00:25:15.53
7	114/460	91/217	169	Owen Kautman	8	Male	Gilbert	IA	8:23	00:26:05.63
8	119/460	94/217	284	Mason O'hara	10	Male	Decorah	IA	8:26	00:26:14.59
9	131/460	102/217	69	Jens Dohse	10	Male	Chanhassen	MN	8:35	00:26:43.18
10	172/460	118/217	329	Sam Robinson	12	Male	Decorah	IA	8:57	00:27:49.41
11	195/460	128/217	262	Elijah Mitchell	11	Male	Decorah	IA	9:20	00:29:00.58
12	196/460	129/217	299	Spencer Peterson	12	Male	Decorah	IA	9:20	00:29:00.69
13	197/460	130/217	197	Jacob Lee	7	Male	Elgin	IL	9:20	00:29:01.81
14	200/460	133/217	442	Marc Wahab	10	Male	New York	NY	9:22	00:29:08.19
15	214/460	141/217	529	Zachary Taylor	10	Male	Springville	IA	9:28	00:29:26.44
16	219/460	144/217	357	Preston Sires	9	Male	Saint Charles	MN	9:29	00:29:29.93
17	226/460	147/217	552	Zachary Jermier	9	Male	Decorah	IA	9:34	00:29:43.59
18	234/460	149/217	235	Lars Marquardt	12	Male	Decorah	IA	9:38	00:29:58.94
19	243/460	152/217	523	Christian Mclellar	10	Male	Westunion	IA	9:47	00:30:26.71
20	250/460	153/217	558	Tate Schissel	10	Male	W Des Moines	IA	9:52	00:30:40.15
21	257/460	157/217	327	Charlie Robinson	10	Male	Decorah	IA	9:58	00:30:58.46
22	266/460	162/217	184	Landon Kuennen	7	Male	Decorah	IA	9:59	00:31:02.93
23	288/460	170/217	225	Jake Magner	8	Male	Decorah	IA	10:11	00:31:39.83
24	320/460	179/217	534	Brock Blake	12	Male	Webster City	IA	10:23	00:32:17.13
25	321/460	180/217	223	Andrew Magner	12	Male	Decorah	IA	10:24	00:32:19.58
26	342/460	187/217	459	Galen Iverson	11	Male	Decorah	IA	10:44	00:33:22.20
27	347/460	189/217	312	Brenten Reagan	10	Male	Bellevue	IA	10:46	00:33:27.18
28	357/460	192/217	522	Lucas Mclellan	8	Male	West Union	IA	10:58	00:34:04.99
29	395/460	206/217	468	Lucas Casperson	10	Male	Minneapolis	MN	12:15	00:38:03.96
30	396/460	207/217	470	Hayden Lumeron	10	Male	Edina	MN	12:15	00:38:04.22
31	407/460	208/217	242	Collin Mcconnell	6	Male	Rochester	MN	12:39	00:39:19.43
32	442/460	212/217	436	Nicholas Yates	7	Male	Suffolk	VA	14:44	00:45:49.39
33	457/460	216/217	155	Claire Jensen	12	Male	Decorah	IA	17:49	00:55:24.29
34	458/460	217/217	417	Henry Weis	7	Male	Decorah	IA	17:54	00:55:38.76

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Female Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	37/460	3/243	527	Brinn Anderson	19	Female	Decorah	IA	7:13	00:22:28.37
2	45/460	5/243	138	Marea Holkesvik	19	Female	Decorah	IA	7:28	00:23:14.13
3	49/460	6/243	276	Katie Nimrod	13	Female	Decorah	IA	7:36	00:23:37.68
4	51/460	7/243	519	Anna Madrigul	18	Female	Decorah	IA	7:38	00:23:45.28
5	60/460	8/243	533	Alaina Marti	15	Female	Mount Vernon	IA	7:47	00:24:12.18
6	65/460	10/243	454	Emelyn Sheehan	15	Female	Wausau	WI	7:49	00:24:19.68
7	72/460	12/243	246	Maria Mcdonough	16	Female	Decorah	IA	7:54	00:24:34.58
8	85/460	15/243	431	Jordan Winke	14	Female	Albia	IA	8:06	00:25:12.43
9	91/460	17/243	269	Kjerstin Narvesen	18	Female	Eagan	MN	8:10	00:25:23.18
10	101/460	19/243	374	Sommer Stevens	16	Female	Denver	IA	8:17	00:25:45.40
11	117/460	24/243	219	Johanna Lubke	18	Female	Ridgeway	IA	8:25	00:26:11.51
12	130/460	29/243	212	Gara Lonning	16	Female	Decorah	IA	8:33	00:26:34.43
13	133/460	30/243	97	Jenna Galligan	13	Female	Decorah	IA	8:37	00:26:48.94
14	137/460	32/243	388	Amanda Taylor	16	Female	Decorah	IA	8:39	00:26:55.18
15	138/460	33/243	228	Monica Malila	16	Female	Decorah	IA	8:39	00:26:55.63
16	145/460	37/243	549	Raren Hirsch	15	Female	Sumner	IA	8:42	00:27:01.98
17	146/460	38/243	63	Emma Dambek	16	Female	Decorah	IA	8:42	00:27:02.43
18	156/460	45/243	170	Shania Kelly	14	Female	Decorah	IA	8:45	00:27:14.17
19	181/460	61/243	518	Rachel Lovelace	15	Female	Rochester	MN	9:05	00:28:16.17
20	185/460	62/243	463	Breanne Pierce	19	Female	Decorah	IA	9:14	00:28:43.67
21	186/460	63/243	328	Jessica Robinson	19	Female	Iowa City	IA	9:16	00:28:47.94
22	201/460	68/243	458	Isabel Iverson	14	Female	Decorah	IA	9:23	00:29:09.44
23	230/460	82/243	455	Gracia Taylor	13	Female	Decorah	IA	9:36	00:29:50.88
24	232/460	84/243	38	Abigail Bronssard	15	Female	Luana	IA	9:37	00:29:53.69
25	249/460	97/243	207	Mckinley Lillegraven	14	Female	Decorah	IA	9:52	00:30:39.70
26	253/460	98/243	217	Kirsten Loynachan	13	Female	Marion	IA	9:55	00:30:48.90
27	274/460	107/243	27	Cassie Bjerke	14	Female	Decorah	IA	10:02	00:31:11.73
28	275/460	108/243	450	Kylie Kerndt	14	Female	Decorah	IA	10:02	00:31:12.14
29	285/460	116/243	553	Madelyn Jermier	14	Female	Decorah	IA	10:10	00:31:35.70
30	302/460	128/243	554	Anne Gullekson	14	Female	Decorah	IA	10:15	00:31:51.84
31	305/460	131/243	194	Hannah Lawinger	19	Female	Mineral Point	WI	10:15	00:31:53.45
32	308/460	133/243	118	Emily Hammel	15	Female	Dorchester	IA	10:16	00:31:56.70
33	340/460	154/243	532	Sierra Grinna	14	Female	Decorah	IA	10:43	00:33:17.83
34	341/460	155/243	294	Kally Peterson	14	Female	Decorah	IA	10:44	00:33:22.20
35	343/460	156/243	84	Brooke Fosaaen	19	Female	Cresco	IA	10:45	00:33:24.11
36	359/460	167/243	261	Cecilia Mitchell	17	Female	Decorah	IA	10:58	00:34:07.36
37	360/460	168/243	108	Alex Hable	15	Female	Decorah	IA	10:58	00:34:07.43
38	364/460	171/243	359	Alexa Smith	19	Female	West Des Moines	IA	11:00	00:34:10.79
39	398/460	191/243	231	Carley Marlow	16	Female	Decorah	IA	12:16	00:38:08.89
40	401/460	194/243	189	Emma Larson	13	Female	Jefferson	IA	12:22	00:38:26.80
41	402/460	195/243	295	Kayla Peterson	18	Female	Decorah	IA	12:22	00:38:28.23
42	403/460	196/243	190	Kathryn Larson	17	Female	Jefferson	IA	12:24	00:38:33.52
43	404/460	197/243	26	Erica Bjelland	19	Female	Devils Lake	ND	12:31	00:38:55.66
44	405/460	198/243	36	Emma Breitenstein	19	Female	Decorah	IA	12:31	00:38:55.66
45	410/460	202/243	176	Paula Kovarik	19	Female	Calmar	IA	12:44	00:39:35.45
46	451/460	237/243	238	Hannah Mccarty	13	Female	Gaithersburg	MD	17:33	00:54:34.26

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	4/460	4/217	544	Thomas Knubbe	19	Male	Decorah	IA	5:55	00:18:24.91
2	5/460	5/217	289	Ethan Pankow	18	Male	Decorah	IA	5:58	00:18:33.35
3	6/460	6/217	234	Isaac Marquardt	16	Male	Decorah	IA	6:08	00:19:06.48
4	7/460	7/217	66	Oran Deen-Lester	18	Male	Decorah	IA	6:09	00:19:07.70
5	8/460	8/217	270	Forde Nesteby	17	Male	Decorah	IA	6:15	00:19:27.17
6	12/460	12/217	90	Parker Fretheim	16	Male	Decorah	IA	6:29	00:20:10.92
7	13/460	13/217	188	Andrew Larson	15	Male	Decorah	IA	6:30	00:20:12.42
8	16/460	16/217	375	Jacob Stock	18	Male	Decorah	IA	6:33	00:20:23.86
9	20/460	19/217	140	Steven Holkesvik	16	Male	Decorah	IA	6:43	00:20:52.39
10	22/460	21/217	334	Isaiah Rosedahl	16	Male	Brownsville	WI	6:51	00:21:19.88
11	24/460	22/217	30	Spencer Bloxham	13	Male	Hortonville	WI	7:00	00:21:46.67
12	25/460	23/217	403	Tyler Vandelune	13	Male	Decorah	IA	7:03	00:21:55.67
13	26/460	24/217	509	Erik Basler	15	Male	CHICAGO	IL	7:04	00:21:57.55
14	28/460	26/217	418	Richard Weis	14	Male	Decorah	IA	7:07	00:22:07.78
15	30/460	28/217	65	Austin Day	14	Male	Waukon	IA	7:09	00:22:13.65
16	32/460	30/217	22	Garret Baumler	15	Male	Decorah	IA	7:10	00:22:16.90
17	33/460	31/217	233	Henrik Marquardt	14	Male	Decorah	IA	7:10	00:22:17.11
18	38/460	35/217	475	Garret Hemesath	16	Male	Decorah	IA	7:14	00:22:30.92
19	50/460	44/217	211	Gable Lonning	16	Male	Decorah	IA	7:37	00:23:42.54
20	53/460	46/217	290	Jonah Pankow	15	Male	Decorah	IA	7:40	00:23:49.57
21	55/460	48/217	300	Tyler Peterson	16	Male	Decorah	IA	7:41	00:23:53.63
22	66/460	56/217	434	Will Yahr	16	Male	Decorah	IA	7:50	00:24:21.43
23	78/460	66/217	251	Isaac Mertzenich	19	Male	Decorah	IA	7:58	00:24:46.80
24	86/460	71/217	423	David Wil	14	Male	Rochester	MN	8:07	00:25:13.43
25	89/460	74/217	446	Andrew Moore	14	Male	Janesville	WI	8:09	00:25:20.80
26	98/460	80/217	336	Sam Rowekamp	14	Male	Rochester	MN	8:16	00:25:43.59
27	126/460	99/217	537	Gus Hayes	13	Male	Decorah	IA	8:30	00:26:25.57
28	136/460	105/217	452	Matthew Brown	17	Male	Marshfield	WI	8:39	00:26:54.61
29	157/460	112/217	444	Alex Moore	13	Male	Janesville	WI	8:47	00:27:18.85
30	169/460	116/217	430	Drew Winke	13	Male	Albia	IA	8:55	00:27:45.14
31	189/460	125/217	265	Dominic Mueller	14	Male	Decorah	IA	9:18	00:28:55.45
32	198/460	131/217	149	Josh Ihde	17	Male	Decorah	IA	9:21	00:29:05.69

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	80/460	13/243	304	Erin Preloger	29	Female	Denver	CO	8:02	00:24:58.86
2	112/460	23/243	137	Lizzie Herrig	25	Female	Decorah	IA	8:23	00:26:03.30
3	118/460	25/243	400	Bethany Van Sloten	24	Female	Johnston	IA	8:26	00:26:13.93
4	120/460	26/243	127	Emily Harris	25	Female	Austin	MN	8:27	00:26:17.44
5	121/460	27/243	346	Andrea Schiefelbein	26	Female	Madison	WI	8:27	00:26:17.65
6	141/460	36/243	277	Gina Njugunah	25	Female	Mankato	MN	8:40	00:26:58.49
7	170/460	54/243	472	Andrea Steffen	29	Female	North Liberty	IA	8:56	00:27:45.95
8	176/460	57/243	164	Madeline Jungbauer	24	Female	Inver Grove Heig	MN	9:00	00:27:58.19
9	191/460	65/243	376	Lauren Stokke	22	Female	Ames	IA	9:18	00:28:56.69
10	192/460	66/243	78	Melissa Erickson	23	Female	Rochester	MN	9:18	00:28:56.70
11	203/460	69/243	85	Brittney Fox	25	Female	North Liberty	IA	9:23	00:29:10.42
12	212/460	73/243	491	Cara Rude	29	Female	Rochester	MN	9:27	00:29:24.66
13	218/460	75/243	419	Emily Weselmann	22	Female	Decorah	IA	9:29	00:29:29.51
14	220/460	76/243	232	Celina Marnie	25	Female	Des Moines	IA	9:29	00:29:30.53
15	222/460	78/243	396	Lauren Ude	29	Female	Decorah	IA	9:30	00:29:31.44
16	227/460	80/243	163	Kyrie Jorgenson	24	Female	Decorah	IA	9:34	00:29:44.10
17	239/460	88/243	495	Laura Boran	20	Female	Brainerd	MN	9:41	00:30:05.36
18	245/460	93/243	267	Erica Munkel	23	Female	Decorah	IA	9:51	00:30:36.44
19	248/460	96/243	421	Alexandra Wicks	22	Female	Decorah	IA	9:51	00:30:38.93
20	263/460	103/243	369	Rebecca Springer	23	Female	Urbana	IL	9:59	00:31:01.11
21	269/460	105/243	208	Hannah Lindblom	21	Female	Edina	MN	10:01	00:31:07.83
22	270/460	106/243	402	Alison Vandegrift	23	Female	Iowa City	IA	10:01	00:31:08.45
23	276/460	109/243	9	Caitlin Auer	21	Female	Plymouth	MN	10:03	00:31:13.78
24	290/460	119/243	245	Lana Mcdermott	26	Female	Decorah	IA	10:12	00:31:41.67
25	292/460	121/243	220	Carol Ludeking	27	Female	Ridgeway	IA	10:12	00:31:42.91
26	293/460	122/243	158	Lilly Jensen	28	Female	Ridgeway	IA	10:12	00:31:43.20
27	294/460	123/243	119	Sarah Hammel	20	Female	Decorah	IA	10:12	00:31:43.30
28	296/460	124/243	325	Alyssa Ritter	24	Female	Decorah	IA	10:13	00:31:46.56
29	297/460	125/243	368	Christina Soward	26	Female	Decorah	IA	10:14	00:31:48.17
30	299/460	127/243	99	Amanda Goodman	21	Female	Lacrosse	WI	10:14	00:31:49.19
31	304/460	130/243	193	Elizabeth Lawinger	22	Female	Mineral Point	WI	10:15	00:31:52.95
32	316/460	138/243	77	Stephanie Elsbernd	23	Female	St. Paul	MN	10:21	00:32:10.48
33	335/460	151/243	61	Kyleen Cowie	29	Female	Chicago	IL	10:41	00:33:12.45
34	338/460	153/243	508	Sarah Carlson	28	Female	Decorah	IA	10:42	00:33:17.39
35	354/460	163/243	488	Sam Street	21	Female	Wihona	MN	10:53	00:33:49.95
36	355/460	164/243	305	Kayla Quandahl	25	Female	Decorah	IA	10:54	00:33:53.60
37	370/460	174/243	341	Alissa Sabers	25	Female	Iowa City	IA	11:05	00:34:29.19
38	373/460	176/243	254	Shana Meyer	26	Female	Decorah	IA	11:08	00:34:37.54
39	378/460	180/243	96	Christopher Gaard	28	Female	Decorah	IA	11:16	00:35:01.60
40	381/460	181/243	71	Amy Eastling	28	Female	Eagan	MN	11:24	00:35:26.21
41	387/460	184/243	324	Morgan Rilling	23	Female	Decorah	IA	11:46	00:36:34.96
42	390/460	186/243	348	Katie Schmitz	25	Female	Clermont	IA	11:59	00:37:15.26
43	394/460	189/243	433	Rachel Wrolstad	25	Female	Onalaska	WI	12:08	00:37:43.46
44	413/460	205/243	114	Rachel Halvorson	29	Female	Des Moines	IA	12:50	00:39:54.79
45	414/460	206/243	222	Heidi Madsen	27	Female	Iowa City	IA	12:52	00:40:00.89
46	416/460	208/243	150	Kelli Jacobsen	24	Female	Clermont	IA	12:56	00:40:12.91
47	417/460	209/243	371	Moll Steffens	26	Female	West Union	IA	12:56	00:40:12.91
48	418/460	210/243	116	Tiffany Halvorson	29	Female	Calmar	IA	12:57	00:40:16.79
49	426/460	217/243	447	Kerbie Engel	28	Female	Decorah	IA	13:14	00:41:09.66
50	427/460	218/243	467	Carolyn Gewek	27	Female	Decorah	IA	13:14	00:41:09.97
51	440/460	230/243	347	Samantha Schildmeyer	26	Female	Spillville	IA	14:17	00:44:23.79

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	2/460	2/217	382	Tyler Strand	28	Male	Marshalltown	IA	5:53	00:18:19.23
2	9/460	9/217	303	Jake Powell	21	Male	Northfield	MN	6:16	00:19:30.42
3	11/460	11/217	105	Eric Gubbels	28	Male	Decorah	IA	6:26	00:20:00.63
4	18/460	17/217	547	Gabriel Eide	20	Male	Decorah	IA	6:38	00:20:38.33
5	27/460	25/217	174	Jonathan Knudson	20	Male	Decorah	IA	7:06	00:22:04.86
6	34/460	32/217	424	Benjamin Wilbur	25	Male	Decorah	IA	7:10	00:22:18.92
7	35/460	33/217	209	Thomas Locke	20	Male	Decorah	IA	7:12	00:22:22.83
8	40/460	37/217	387	Vaughn Tackmann	24	Male	Arlington	MN	7:21	00:22:52.18
9	42/460	39/217	551	Nick Scheffert	20	Male	Decorah	IA	7:25	00:23:04.39
10	46/460	41/217	42	Thomas Cameron	21	Male	Decorah	IA	7:29	00:23:15.35
11	58/460	51/217	477	Ross Neumann	20	Male	Minneapolis	MN	7:46	00:24:09.29
12	59/460	52/217	152	Michael Jahnke	21	Male	Springfield	MO	7:46	00:24:10.33
13	64/460	55/217	342	Michael Sabers	27	Male	Iowa City	IA	7:49	00:24:17.64
14	69/460	58/217	481	Henry Jungbauer	20	Male	White Bear Lake	MN	7:51	00:24:23.57
15	93/460	76/217	117	Uriah Halvorson	26	Male	Decorah	IA	8:15	00:25:39.13
16	94/460	77/217	422	Gavin Wicks	23	Male	Decorah	IA	8:15	00:25:40.55
17	100/460	82/217	503	Alan Bedell	22	Male	Iowa City	IA	8:17	00:25:45.39
18	103/460	84/217	358	Alex Smith	20	Male	Decorah	IA	8:18	00:25:47.68
19	109/460	87/217	844	Douglas Hall	25	Male	Black Earth	WI	8:19	00:25:52.10
20	111/460	89/217	41	Ryan Burras	25	Male	Decorah	IA	8:23	00:26:02.93
21	132/460	103/217	278	Tommex Njugunah	28	Male	Mankato	MN	8:37	00:26:48.16
22	134/460	104/217	279	Jared Noack	27	Male	Des Moines	IA	8:37	00:26:48.94
23	144/460	108/217	395	Erick Ude	29	Male	Des Moines	IA	8:41	00:27:01.37
24	208/460	138/217	115	Solomon Halvorson	28	Male	Des Moines	IA	9:27	00:29:21.69
25	217/460	143/217	81	Jake Feller	22	Male	Cedar Falls	IA	9:29	00:29:29.44
26	224/460	146/217	412	Chris Wanless	21	Male	Decorah	IA	9:30	00:29:31.94
27	237/460	151/217	526	Jeremy Stelford	25	Male	Republic	MO	9:40	00:30:03.12
28	272/460	166/217	120	Jake Hammes	24	Male	Cumberland	WI	10:01	00:31:10.19
29	295/460	172/217	111	David Hahn	21	Male	Northfield	MN	10:12	00:31:43.45
30	313/460	177/217	425	Josh Williams	23	Male	Chaska	MN	10:21	00:32:09.64
31	325/460	182/217	385	Ray Sunde	27	Male	New Glarus	WI	10:29	00:32:35.23
32	326/460	183/217	62	Michael Crowe	22	Male	Waterloo	IA	10:33	00:32:46.90
33	339/460	186/217	507	Gabe Twedt	25	Male	Decorah	IA	10:42	00:33:17.40
34	362/460	193/217	57	Alex Courtney	20	Male	West Des Moines	IA	10:59	00:34:10.20
35	380/460	200/217	72	Paul Eastling	28	Male	Eagan	MN	11:24	00:35:25.40
36	384/460	202/217	10	Nabeel Azeem	29	Male	Rochester	MN	11:37	00:36:06.21

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Female Ages 30 - 39

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	23/460	2/243	45	Kristin Carpenter	32	Female	Waterloo	IA	6:54	00:21:26.61
2	90/460	16/243	414	Amanda Webb	33	Female	Decorah	IA	8:09	00:25:21.82
3	96/460	18/243	206	Mari Lewey	36	Female	Decorah	IA	8:16	00:25:42.58
4	104/460	20/243	129	Angie Haugen	38	Female	Rochester	MN	8:18	00:25:48.43
5	106/460	22/243	147	Stephanie Hughes	36	Female	Decorah	IA	8:18	00:25:49.67
6	129/460	28/243	378	Heather Stortz	34	Female	Northfield	MN	8:30	00:26:26.58
7	135/460	31/243	145	Amy Huber	37	Female	Ft Madison	IA	8:38	00:26:49.93
8	140/460	35/243	132	Amanda Helgersen	34	Female	Des Moines	IA	8:40	00:26:57.68
9	149/460	40/243	338	Elizabeth Rulon	36	Female	Boise	ID	8:43	00:27:07.89
10	150/460	41/243	204	Kristi Leonard	38	Female	Forest City	IA	8:44	00:27:10.12
11	151/460	42/243	175	Stephanie Koenig	33	Female	Prairie Du Chien	WI	8:44	00:27:10.68
12	154/460	44/243	288	Deb O'shea	33	Female	Decorah	IA	8:45	00:27:12.76
13	160/460	48/243	490	Heidi Snell-Anderson	37	Female	Decorah	IA	8:48	00:27:20.69
14	167/460	52/243	64	Amanda Day	33	Female	Sun Prairie	WI	8:53	00:27:37.69
15	173/460	55/243	266	Mandy Mueller	32	Female	Decorah	IA	8:57	00:27:50.21
16	188/460	64/243	379	Sarah Strahm	38	Female	Linwood	KS	9:18	00:28:54.68
17	205/460	70/243	199	Marit Lee-Dohse	38	Female	Chanhassen	MN	9:24	00:29:14.71
18	215/460	74/243	363	Tiffany Smith	33	Female	Decorah	IA	9:28	00:29:27.69
19	225/460	79/243	381	Gwen Strand	32	Female	Decorah	IA	9:32	00:29:39.92
20	233/460	85/243	101	Padrin Grimstad	39	Female	Decorah	IA	9:37	00:29:55.77
21	240/460	89/243	11	Allie Bachelder	33	Female	Decorah	IA	9:41	00:30:06.78
22	247/460	95/243	142	Terri Holthaus	39	Female	Ridgeway	IA	9:51	00:30:37.90
23	254/460	99/243	397	Amanda Ullom	31	Female	Decorah	IA	9:55	00:30:49.50
24	259/460	101/243	73	Kelly Egan	31	Female	Westgate	IA	9:58	00:30:58.66
25	264/460	104/243	427	Andrea Wilson	37	Female	Decorah	IA	9:59	00:31:01.72
26	277/460	110/243	392	Trista Thompson	33	Female	Decorah	IA	10:03	00:31:15.95
27	280/460	113/243	337	Jacquelyn Ruen	32	Female	Minneapolis	MN	10:05	00:31:22.54
28	283/460	115/243	79	Kendra Erkamaa	33	Female	Altoona	IA	10:08	00:31:31.89
29	286/460	117/243	326	Erin Roberts	30	Female	Fairbank	IA	10:10	00:31:36.15
30	287/460	118/243	271	Hally Neubauer	33	Female	Decorah	IA	10:10	00:31:37.59
31	291/460	120/243	44	Dana Carolan	35	Female	Decorah	IA	10:12	00:31:41.67
32	307/460	132/243	311	Larissa Rasmussen	37	Female	Jackson	MN	10:16	00:31:54.49
33	323/460	142/243	125	Angela Hanson	38	Female	Kalamazoo	MI	10:25	00:32:22.23
34	327/460	144/243	148	Merredith Hutton	38	Female	Henderson	NV	10:33	00:32:46.95
35	330/460	147/243	98	Tara Garner	33	Female	Wellston	OK	10:36	00:32:56.45
36	332/460	148/243	460	Laura Nichols	38	Female	Silver Spring	MD	10:40	00:33:09.25
37	344/460	157/243	76	Kate Elliott	37	Female	Decorah	IA	10:45	00:33:24.70
38	346/460	158/243	240	Lara Mccombie	35	Female	Bellevue	IA	10:45	00:33:26.96
39	350/460	160/243	157	Jessica Jensen	31	Female	Sioux Falls	SD	10:50	00:33:39.55
40	372/460	175/243	227	Amanda Maki	32	Female	Decorah	IA	11:08	00:34:37.34
41	383/460	182/243	75	Meredith Eilertson	31	Female	Rochester	MN	11:37	00:36:06.10
42	392/460	188/243	48	Julie Chamberlain	39	Female	Decorah	IA	12:07	00:37:41.88
43	412/460	204/243	86	Kari Franzen	35	Female	Calmar	IA	12:50	00:39:52.47
44	415/460	207/243	456	Erica Rheinschmidt	31	Female	Cedar Rapids	IA	12:55	00:40:09.97
45	419/460	211/243	244	Sarah Mcconnell	36	Female	Rochester	MN	13:01	00:40:27.47
46	422/460	213/243	505	Kristen Risser	30	Female	Rochester	MN	13:04	00:40:38.47
47	425/460	216/243	49	Sarah Christopher	34	Female	Decorah	IA	13:13	00:41:05.19
48	428/460	219/243	466	Pasha Quaas	34	Female	Decorah	IA	13:15	00:41:10.22
49	432/460	223/243	497	Laura Ready	34	Female	Sioux Falls	SD	13:26	00:41:47.22
50	434/460	225/243	407	Jen Waddell	36	Female	New Hampton	IA	13:52	00:43:07.23
51	438/460	228/243	92	Samantha Friederick	30	Female	Decorah	IA	14:12	00:44:07.30
52	439/460	229/243	248	Mindy Mclain	33	Female	Circle Pines	MN	14:17	00:44:22.97
53	454/460	240/243	333	Stacy Rodecap	32	Female	Brooklyn	CT	17:48	00:55:20.61
54	459/460	242/243	320	Britt Rhodes	38	Female	Decorah	IA	18:16	00:56:45.46

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	3/460	3/217	91	Jeff Freund	30	Male	Denver	CO	5:54	00:18:21.27
2	10/460	10/217	550	Dustin Carolan	30	Male	Decorah	IA	6:17	00:19:32.10
3	14/460	14/217	536	Tait Smock	33	Male	Pella	IA	6:30	00:20:12.64
4	19/460	18/217	525	Blake Towle	30	Male	Cedar Rapids	IA	6:38	00:20:38.92
5	29/460	27/217	546	Rick Aske	35	Male	Mabel	MN	7:07	00:22:07.92
6	48/460	43/217	282	Scott Nordschow	33	Male	Decorah	IA	7:34	00:23:31.93
7	73/460	61/217	46	Michael Casterton	33	Male	Decorah	IA	7:55	00:24:37.18
8	76/460	64/217	539	Daniel Kuboushek	33	Male	Calmar	IA	7:57	00:24:44.69
9	83/460	69/217	535	Piyush Patel	37	Male	Marion	IA	8:05	00:25:08.18
10	95/460	78/217	386	Matthew Svenson	39	Male	Coralville	IA	8:16	00:25:41.15
11	107/460	85/217	146	Matt Hughes	39	Male	Decorah	IA	8:18	00:25:49.67
12	108/460	86/217	438	Zachary Zimmerman	34	Male	Cottage Grove	WI	8:19	00:25:50.64
13	115/460	92/217	166	Anthony Kautman	36	Male	Iowa City	IA	8:23	00:26:05.83
14	116/460	93/217	531	Laras Welper	31	Male	Stewartville	MN	8:24	00:26:08.68
15	123/460	96/217	410	Jimmie Walsh	32	Male	Waverly	IA	8:29	00:26:21.92
16	124/460	97/217	292	Darin Peterson	30	Male	Decorah	IA	8:29	00:26:23.33
17	125/460	98/217	43	Ryan Campbell	34	Male	Adel	IA	8:29	00:26:23.94
18	127/460	100/217	515	Ryan Wiltgen	39	Male	SPILLVILLE	IA	8:30	00:26:25.57
19	128/460	101/217	377	Carl Stortz	31	Male	Northfield	MN	8:30	00:26:26.37
20	155/460	111/217	538	Mike Tollefson	33	Male	Decorah	IA	8:45	00:27:13.43
21	162/460	113/217	243	Michael Mcconnell	38	Male	Rochester	MN	8:49	00:27:24.41
22	165/460	115/217	141	Josh Holland	38	Male	Cedar Rapids	IA	8:52	00:27:33.18
23	171/460	117/217	473	John Steffen	30	Male	North Liberty	IA	8:56	00:27:45.95
24	183/460	122/217	128	Jason Hartfield	32	Male	Minneapolis	MN	9:08	00:28:24.10
25	190/460	126/217	202	Brian Lensch	38	Male	Decorah	IA	9:18	00:28:55.69
26	204/460	135/217	28	Josh Blietz	35	Male	West Union	IA	9:23	00:29:12.24
27	210/460	139/217	493	Ben Schultes	35	Male	Edina	MN	9:27	00:29:23.94
28	216/460	142/217	364	Weylin Smith	35	Male	Decorah	IA	9:29	00:29:29.31
29	251/460	154/217	113	Joel Halverson	31	Male	New Hope	MN	9:53	00:30:43.69
30	265/460	161/217	186	Ted Kuennen	30	Male	Decorah	IA	9:59	00:31:02.70
31	267/460	163/217	461	Bradley Nichoils	38	Male	Silver Spring	MD	9:59	00:31:03.70
32	322/460	181/217	126	Jason Hanson	38	Male	Kalamazoo	MI	10:25	00:32:21.95
33	345/460	188/217	373	Chad Steinlage	36	Male	Calmar	IA	10:45	00:33:25.20
34	348/460	190/217	273	Ben Newhouse	35	Male	Linn Grove	IA	10:46	00:33:28.37
35	365/460	194/217	394	Matt Turner	31	Male	Decorah	IA	11:01	00:34:16.37
36	366/460	195/217	15	Israel Balik	32	Male	Cresco	IA	11:02	00:34:18.70
37	369/460	196/217	457	Scott Rheinschmidt	31	Male	Cedar Rapids	IA	11:05	00:34:27.17
38	379/460	199/217	18	Scott Bassford	39	Male	Decorah	IA	11:23	00:35:22.36
39	448/460	213/217	159	Peter Jensen	31	Male	Sioux Falls	SD	16:00	00:49:43.24
40	455/460	215/217	331	Brian Rodecap	37	Male	Brooklyn	CT	17:49	00:55:23.25

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Female Ages 40 - 49

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	61/460	9/243	506	Sarah Johanns	44	Female	MINNEAPOLIS	MN	7:47	00:24:12.68
2	81/460	14/243	349	Annette Schweinefus	43	Female	Decorah	IA	8:03	00:25:01.28
3	105/460	21/243	21	Melanie Bauch	41	Female	Clermont	IA	8:18	00:25:49.18
4	148/460	39/243	330	Heidi Rockweiler	46	Female	Decorah	IA	8:43	00:27:07.19
5	158/460	46/243	297	Sara Peterson	41	Female	Decorah	IA	8:47	00:27:20.30
6	159/460	47/243	307	Angie Raddatz	43	Female	Decorah	IA	8:47	00:27:20.30
7	161/460	49/243	135	Leann Herman	46	Female	Monticello	IA	8:48	00:27:22.94
8	163/460	50/243	216	Brita Loynachan	49	Female	Marion	IA	8:49	00:27:26.19
9	166/460	51/243	545	Melissa Hunter	42	Female	Mabel	MN	8:53	00:27:37.19
10	180/460	60/243	274	Karen Nielsen	45	Female	Decorah	IA	9:05	00:28:13.92
11	193/460	67/243	31	Kristy Bolen	43	Female	Ft. Calhoun	NE	9:19	00:28:59.36
12	209/460	71/243	499	Debi Meyers	48	Female	Monticello	IA	9:27	00:29:22.40
13	221/460	77/243	195	Julie Lawler	47	Female	Osage	IA	9:30	00:29:31.34
14	231/460	83/243	366	Kelli Smutzler	44	Female	Cresco	IA	9:37	00:29:52.91
15	244/460	92/243	60	Tonia Courtney	42	Female	West Des Moines	IA	9:49	00:30:31.18
16	255/460	100/243	93	Kathy Fuqua	44	Female	Rochester	MN	9:57	00:30:57.84
17	262/460	102/243	286	Lisa Olson	45	Female	Minneapolis	MN	9:58	00:30:59.94
18	279/460	112/243	401	Kendra Van Sloten	49	Female	Decorah	IA	10:05	00:31:20.45
19	303/460	129/243	51	Barbara Clements	42	Female	Russellville	AR	10:15	00:31:52.44
20	312/460	136/243	50	Janeen Christy	42	Female	Decorah	IA	10:20	00:32:08.22
21	317/460	139/243	511	Jennifer Sime	40	Female	Decorah	IA	10:21	00:32:10.95
22	318/460	140/243	4	Beth Albertson	45	Female	Calmar	IA	10:21	00:32:11.86
23	324/460	143/243	160	Stacy Jensen	42	Female	Mason City	IA	10:28	00:32:33.25
24	333/460	149/243	35	Stacey Brandt	47	Female	Decorah	IA	10:40	00:33:10.71
25	334/460	150/243	221	Ann Lynch	48	Female	Rochester	MN	10:41	00:33:12.30
26	349/460	159/243	543	Annette Weber	45	Female	Wadena	IA	10:49	00:33:38.45
27	351/460	161/243	241	Tony Mccombe	40	Female	Savanna	IL	10:51	00:33:45.55
28	352/460	162/243	513	Michael Shupe	47	Female		IA	10:52	00:33:46.68
29	358/460	166/243	521	Lisa Mclellan	41	Female	West Union	IA	10:58	00:34:05.20
30	361/460	169/243	260	Bridgette Mitchell	43	Female	Decorah	IA	10:59	00:34:08.96
31	363/460	170/243	29	Nedra Blietz	43	Female	West Union	IA	11:00	00:34:10.69
32	368/460	173/243	89	Kerry Fretheim	44	Female	Decorah	IA	11:04	00:34:23.52
33	374/460	177/243	517	Ronda Lovelace	47	Female	ROCHESTER	MN	11:09	00:34:38.71
34	375/460	178/243	302	Nicole Pierce	41	Female	Shoreview	MN	11:10	00:34:41.70
35	388/460	185/243	323	Lynne Rilling	48	Female	Decorah	IA	11:46	00:36:34.96
36	400/460	193/243	106	Renee Gunderson	49	Female	Decorah	IA	12:20	00:38:21.11
37	406/460	199/243	469	Debi Mattson	46	Female	Minneapolis	MN	12:32	00:38:58.71
38	408/460	200/243	356	Holly Sires	40	Female	Saint Charles	MN	12:40	00:39:23.47
39	411/460	203/243	54	Denise Cook	41	Female	Decorah	IA	12:47	00:39:44.64
40	421/460	212/243	16	Cindy Barwick	42	Female	Sheldon	IA	13:04	00:40:36.10
41	430/460	221/243	154	Llew Jenkins	49	Female	Decorah	IA	13:26	00:41:44.87
42	433/460	224/243	487	Meg Hammes	43	Female	Calmar	IA	13:50	00:43:00.97
43	444/460	232/243	399	Rachel Vagts	42	Female	Decorah	IA	15:03	00:46:46.37
44	453/460	239/243	6	Marilyn Anderson	47	Female	Waukon	IA	17:47	00:55:16.59

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	15/460	15/217	339	Ryan Rulon	40	Male	Boise	ID	6:33	00:20:23.86
2	21/460	20/217	370	Alexander Steding	43	Male	Decorah	IA	6:44	00:20:55.44
3	43/460	40/217	561	Brian Sandermann	40	Male	Cedar Falls	IA	7:27	00:23:10.68
4	56/460	49/217	560	Kyle Rosedahl	49	Male	Le Roy	MN	7:42	00:23:55.65
5	57/460	50/217	87	Daniel Fretheim	45	Male	Decorah	IA	7:44	00:24:01.93
6	62/460	53/217	429	Bill Winke	49	Male	Albia	IA	7:47	00:24:13.16
7	67/460	57/217	353	Mike Sheehan	45	Male	Wausau	WI	7:50	00:24:22.14
8	70/460	59/217	500	Dave Meyers	49	Male	Monticello	IA	7:52	00:24:27.87
9	71/460	60/217	504	Rob Henrey	47	Male	Decorah	IA	7:52	00:24:28.90
10	75/460	63/217	161	Brian Johnson	40	Male	Elmhurst	IL	7:57	00:24:42.68
11	82/460	68/217	448	Tom Klotzbach	48	Male	Decorah	IA	8:03	00:25:02.68
12	88/460	73/217	59	Eric Courtney	45	Male	West Des Moines	IA	8:09	00:25:20.18
13	92/460	75/217	229	Lance Maly	46	Male	Medina	MN	8:13	00:25:34.66
14	99/460	81/217	165	Sean Kane	40	Male	Decorah	IA	8:17	00:25:44.38
15	102/460	83/217	53	Jon Clements	42	Male	Decorah	IA	8:17	00:25:47.19
16	122/460	95/217	445	Phil Moore	49	Male	Janesville	WI	8:29	00:26:21.49
17	143/460	107/217	301	Bartt Pierce	43	Male	Shoreview	MN	8:41	00:26:58.91
18	147/460	109/217	298	Scott Peterson	41	Male	Decorah	IA	8:43	00:27:06.19
19	187/460	124/217	383	Greg Sunde	47	Male	New Glarus	WI	9:16	00:28:49.69
20	194/460	127/217	453	Dave Boese	43	Male	Plymouth	MN	9:20	00:28:59.95
21	199/460	132/217	441	Naitham Wahab	40	Male	New York	NY	9:22	00:29:07.57
22	206/460	136/217	68	Dan Dohse	41	Male	Chanhassen	MN	9:25	00:29:15.85
23	207/460	137/217	524	David Tollefson	40	Male	Cedar Rapids	IA	9:26	00:29:19.69
24	213/460	140/217	516	Gary Lovelace	47	Male	Rochester	MN	9:27	00:29:24.66
25	223/460	145/217	365	David Smutzler	45	Male	Decorah	IA	9:30	00:29:31.94
26	235/460	150/217	236	Thomas Marquardt	44	Male	Decorah	IA	9:39	00:29:59.44
27	256/460	156/217	408	John Wahlberg	49	Male	Apple Valley	MN	9:57	00:30:57.84
28	261/460	160/217	420	Troy Whitehill	43	Male	Decorah	IA	9:58	00:30:58.66
29	282/460	168/217	380	Ted Strahm	41	Male	Linwood	KS	10:08	00:31:30.45
30	284/460	169/217	215	Randal Lovstuen	42	Male	Henderson	NV	10:09	00:31:32.70
31	289/460	171/217	224	Dave Magner	41	Male	Decorah	IA	10:11	00:31:40.65
32	310/460	176/217	362	Lunch Smith	48	Male	Decorah	IA	10:18	00:32:00.20
33	353/460	191/217	514	Michael Shupe	49	Male	WAUKON	IA	10:52	00:33:47.28
34	393/460	205/217	47	Brad Chamberlain	41	Male	Decorah	IA	12:07	00:37:41.89
35	420/460	209/217	17	Gary Barwick	47	Male	Sheldon	IA	13:04	00:40:35.97
36	450/460	214/217	239	Michael Mccarty	43	Male	Gaithersburg	MD	17:33	00:54:33.50

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Female Ages 50 - 59

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	68/460	11/243	272	Trish Neubauer	56	Female	Decorah	IA	7:50	00:24:22.43
2	152/460	43/243	437	Sue Yearous	59	Female	New Hampton	IA	8:45	00:27:11.95
3	168/460	53/243	177	Barb Kraus	52	Female	Decorah	IA	8:55	00:27:42.77
4	174/460	56/243	411	Rose Wander	51	Female	Elgin	IA	8:58	00:27:52.26
5	178/460	58/243	344	Carole Sand	55	Female	Decorah	IA	9:02	00:28:04.12
6	278/460	111/243	112	Connie Haluska	58	Female	Decorah	IA	10:04	00:31:17.85
7	281/460	114/243	198	Janet Lee	50	Female	Elgin	IL	10:06	00:31:25.70
8	298/460	126/243	841	Julie Goodman	51	Female	Janesville	WI	10:14	00:31:48.38
9	309/460	134/243	476	Tammy Jahnke	54	Female	Springfield	MO	10:17	00:31:58.95
10	311/460	135/243	39	Pam Buddenberg	50	Female	Castalia	IA	10:18	00:32:02.68
11	319/460	141/243	501	Sherry Eastburn	50	Female	Monticello	IA	10:21	00:32:11.86
12	336/460	152/243	451	Mary T Larson	51	Female	Rosemount	MN	10:41	00:33:12.92
13	356/460	165/243	306	Kris Quandahl	56	Female	Decorah	IA	10:54	00:33:54.30
14	386/460	183/243	250	Janell Mcnew	55	Female	Cresco	IA	11:43	00:36:26.21
15	391/460	187/243	100	Mary Jo Gregg	54	Female	Decorah	IA	12:00	00:37:19.46
16	397/460	190/243	542	Mary Peterson	54	Female	Armstrong	IA	12:15	00:38:04.22
17	399/460	192/243	133	Wendy Helgerson	55	Female	Decorah	IA	12:19	00:38:18.21
18	409/460	201/243	264	Judy Moen	53	Female	Decorah	IA	12:42	00:39:28.22
19	423/460	214/243	343	Susan Salzano	57	Female	Marietta	GA	13:08	00:40:50.16
20	424/460	215/243	415	Sandy Weber	56	Female	Evergreen	CO	13:08	00:40:50.72
21	429/460	220/243	131	Joyce Heille	59	Female	Circle Pine	MN	13:18	00:41:20.97
22	443/460	231/243	428	Beth Winke	51	Female	Suffolk	VA	14:51	00:46:09.14
23	445/460	233/243	360	Becky Smith	57	Female	Ft. Atkinson	IA	15:07	00:46:58.60
24	449/460	236/243	40	Loni Burras	54	Female	Decorah	IA	17:26	00:54:10.70

Nordic Fest Elvelopet

July 27, 2013

Overall Division Results

5K Run

Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	36/460	34/217	210	Brad Loftsgard	56	Male	Decorah	IA	7:13	00:22:27.67
2	39/460	36/217	281	Randy Nordheim	59	Male	Waukon	IA	7:19	00:22:45.92
3	41/460	38/217	192	Robert Larson	50	Male	Jefferson	IA	7:23	00:22:56.43
4	52/460	45/217	530	John Patterson	52	Male	Cassville	WI	7:39	00:23:49.16
5	63/460	54/217	502	Bennett Eastwood	51	Male	Monticello	IA	7:48	00:24:16.68
6	84/460	70/217	541	Steve Pederson	58	Male	Jesup	IA	8:06	00:25:11.65
7	110/460	88/217	213	Greg Lonning	52	Male	Decorah	IA	8:20	00:25:54.15
8	142/460	106/217	352	Kenneth Shatek	56	Male	Cresco	IA	8:40	00:26:58.70
9	153/460	110/217	218	Tim Loynachan	54	Male	Marion	IA	8:45	00:27:12.69
10	164/460	114/217	443	Ward Budweg	55	Male	Decorah	IA	8:51	00:27:32.77
11	175/460	119/217	293	Gregory Peterson	52	Male	Decorah	IA	8:58	00:27:52.88
12	177/460	120/217	318	Al Renken	50	Male	Decorah	IA	9:00	00:27:58.39
13	184/460	123/217	432	Dick Woodard	57	Male	West Union	IA	9:11	00:28:33.80
14	258/460	158/217	409	Tom Wahlberg	50	Male	Decorah	IA	9:58	00:30:58.52
15	260/460	159/217	94	Doc Fuqua	53	Male	Rochester	MN	9:58	00:30:58.66
16	268/460	164/217	173	Lyle Klotzbach	53	Male	Decorah	IA	10:00	00:31:06.19
17	271/460	165/217	510	Phil Johnson	59	Male	HAMPTON	IA	10:01	00:31:08.67
18	273/460	167/217	520	Chris Storke	50	Male	Decorah	IA	10:02	00:31:11.53
19	300/460	173/217	398	Paul Ulviden	54	Male	Decorah	IA	10:15	00:31:51.64
20	301/460	174/217	413	Paul Wanless	56	Male	Decorah	IA	10:15	00:31:51.64
21	306/460	175/217	162	Stu Johnston	51	Male	Decorah	IA	10:15	00:31:53.59
22	331/460	184/217	107	Rick Gunderson	53	Male	Decorah	IA	10:39	00:33:06.81
23	337/460	185/217	205	David Lepa	59	Male	Decorah	IA	10:41	00:33:14.35
24	371/460	197/217	121	Mark Hammes	52	Male	Cumberland	WI	11:06	00:34:29.39
25	382/460	201/217	151	Kirk Jacobsen	52	Male	Clermont	IA	11:25	00:35:28.96
26	385/460	203/217	249	Curt Mcnew	53	Male	Cresco	IA	11:43	00:36:26.21

Female Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	377/460	179/243	95	Carol Gaard	62	Female	Decorah	IA	11:16	00:35:01.60
2	437/460	227/243	226	Barb Mahr	62	Female	Decorah	IA	14:07	00:43:52.85
3	446/460	234/243	82	Christine Flaskerud	61	Female	Decorah	IA	15:08	00:47:01.64
4	447/460	235/243	252	Marge Meyer	63	Female	Decorah	IA	15:08	00:47:02.24

Male Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	47/460	42/217	33	Arland Braaten-Lee	64	Male	Northfield	MN	7:29	00:23:15.56
2	97/460	79/217	74	James Ehrie	68	Male	Decorah	IA	8:16	00:25:42.97
3	113/460	90/217	404	Tony Vondra	63	Male	Decorah	IA	8:23	00:26:03.61
4	182/460	121/217	449	Ken Collier	60	Male	Cedar Rapids	IA	9:06	00:28:19.30
5	202/460	134/217	384	Rasmus Sunde	69	Male	Balestrand	IA	9:23	00:29:09.80
6	229/460	148/217	109	Merle Hageman	63	Male	Ft. Atkinson	IA	9:36	00:29:50.27
7	252/460	155/217	156	Darrel Jensen	67	Male	Decorah	IA	9:53	00:30:43.81
8	314/460	178/217	253	Peter Meyer	63	Male	Decorah	IA	10:21	00:32:09.70
9	376/460	198/217	391	Richard Tenneson	65	Male	Decorah	IA	11:14	00:34:55.69
10	389/460	204/217	25	Don Berg	78	Male	Decorah	IA	11:58	00:37:12.71
11	435/460	210/217	285	Dale Olson	61	Male	Ames	IA	14:01	00:43:34.48
12	441/460	211/217	393	Jorstein Torvik	69	Male	Bergen	IA	14:37	00:45:25.55