

Blue Ribbon Run For Prostate Cancer 5K

November 17, 2013

5K Run

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
1	13/414	1/1	328	Celeste Traub	Female	13	Jericho	NY	6:31	00:20:17.51
2	27/414	1/12	47	Kelly Bregou	Female	36	New York	NY	6:48	00:21:10.10
3	37/414	1/10	392	Joanna Desousa	Female	15	Massapequa	NY	7:07	00:22:07.81
4	40/414	1/1	428	Dolores Doman	Female	56	Dix Hills	NY	7:10	00:22:18.70
5	41/414	1/26	209	Linda Ottaviano	Female	58	Cold Spring Harbor	NY	7:11	00:22:21.73
6	43/414	1/9	379	Nicole Berry	Female	42	Setauket	NY	7:13	00:22:25.63
7	47/414	2/26	269	Kim Solomine	Female	56	Syosset	NY	7:14	00:22:30.50
8	50/414	1/19	324	Patty Santella	Female	45	Syosset	NY	7:16	00:22:36.43
9	51/414	2/10	165	Katie Law	Female	15	Bethpage	NY	7:17	00:22:37.81
10	53/414	1/11	41	Lisa Bonanni	Female	26	Selden	NY	7:17	00:22:39.06
11	57/414	1/23	381	Mary Lenzi	Female	53	Hauppauge	NY	7:20	00:22:49.50
12	61/414	2/12	81	Mary-Jo Depaoli	Female	39	Hicksville	NY	7:24	00:23:01.54
13	63/414	2/23	288	Dee Vogt	Female	53	Huntington	NY	7:29	00:23:17.44
14	67/414	1/11	121	Corrine Hall	Female	14	Manhasset	NY	7:32	00:23:26.21
15	69/414	3/10	213	Alyssa Palumbo	Female	16	Dix Hills	NY	7:33	00:23:29.81
16	71/414	4/10	170	Stephanie Locicero	Female	17	Syosset	NY	7:34	00:23:33.07
17	73/414	2/9	283	Jenney Tesoriero	Female	42	Westbury	NY	7:38	00:23:44.69
18	87/414	1/13	314	Amanda Hall	Female	31	Huntington Sta	NY	7:54	00:24:34.49
19	96/414	5/10	426	Natalie Weintraub	Female	18	Hewlett	NY	7:57	00:24:43.89
20	97/414	3/12	207	Lauren Osei	Female	35	Jericho	NY	7:57	00:24:44.81
21	99/414	3/26	106	Mary Fraker	Female	57	East Northport	NY	7:59	00:24:49.47
22	100/414	6/10	427	Elissa Candiotti	Female	18	Hewlett	NY	7:59	00:24:50.06
23	102/414	4/12	108	Karen Friedman	Female	37	Plainview	NY	8:07	00:25:13.24
24	107/414	2/11	305	Susan Anderson	Female	26	Syosset	NY	8:09	00:25:21.41
25	108/414	2/11	334	Sarah Thornton	Female	11	Stony Brook	NY	8:09	00:25:21.81
26	112/414	1/11	234	Madalena Resca	Female	24	Bellmore	NY	8:10	00:25:23.82
27	113/414	3/11	447	Noelle Prisco	Female	14	Bethpage	NY	8:10	00:25:24.04
28	114/414	3/23	132	Lisa Hiller	Female	51	East Hills	NY	8:11	00:25:25.57
29	115/414	1/13	338	Pamela Lee	Female	60	Syosset	NY	8:11	00:25:26.30
30	120/414	2/11	65	Clara Choi	Female	23	Manhasset	NY	8:19	00:25:51.57
31	122/414	1/9	253	Susan Schmuck	Female	47	Westbury	NY	8:20	00:25:55.19
32	124/414	7/10	417	Emily Leath	Female	15	Lake Ronkonkoma	NY	8:21	00:25:56.82
33	132/414	2/9	318	Elizabeth Maffia	Female	49	Nesconset	NY	8:29	00:26:21.90
34	133/414	2/13	412	Jacqueline Seltzer	Female	62	New York	NY	8:29	00:26:23.53
35	138/414	3/13	111	Joanne Gallo	Female	64	Oyster Bay	NY	8:32	00:26:33.27
36	141/414	3/9	227	Jenipher Quintanilla	Female	38	N. Babylon	NY	8:37	00:26:47.71
37	143/414	4/23	202	Kathy Neuman	Female	51	Plainview	NY	8:38	00:26:50.52
38	145/414	4/13	297	Gloria Withus	Female	63	Brentwood	NY	8:39	00:26:55.02
39	147/414	5/23	311	Sheri Gaitings	Female	52	Huntington	NY	8:41	00:27:00.07
40	148/414	6/23	376	Joann Distler	Female	52	Merrick	NY	8:43	00:27:08.06
41	149/414	4/26	75	Susan Critz	Female	55	Islip	NY	8:44	00:27:08.82
42	150/414	5/12	145	Yonghee Joe	Female	37	Brooklyn	NY	8:44	00:27:10.57
43	151/414	3/11	188	Kaitlyn Mckenna	Female	27	Massapequa	NY	8:45	00:27:11.82
44	154/414	5/26	353	Janice Brown	Female	58	North Woodmere	NY	8:47	00:27:18.25
45	156/414	2/19	176	Suzanne Manasari	Female	46	Huntington Station	NY	8:47	00:27:19.82
46	161/414	4/9	67	Mary Jane Cody	Female	56	Holtsville	NY	8:53	00:27:36.90
47	163/414	7/23	424	Anita Vonhimmel	Female	52	Levittown	NY	8:55	00:27:44.55
48	164/414	3/19	15	Christine Amodio	Female	46	East Islip	NY	8:55	00:27:44.76
49	165/414	4/19	248	Pamela Salamone	Female	46	Farmingville	NY	8:56	00:27:47.20
50	166/414	3/11	166	Kerianne Leath	Female	23	Ronkonkoma	NY	8:56	00:27:48.43
51	168/414	5/9	343	Sapina Kirpalani	Female	41	Syosset	NY	8:59	00:27:55.07
52	171/414	5/19	171	Gabriella Locicero	Female	47	Syosset	NY	9:02	00:28:05.27
53	172/414	8/23	394	Maria Fucella	Female	53	Levittown	NY	9:02	00:28:06.57
54	175/414	6/9	100	Sue Fitzpatrick	Female	53	Dix Hills	NY	9:03	00:28:08.82

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Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
55	176/414	1/6	42	Hilory Boucher	Female	68	Northport	NY	9:03	00:28:10.17
56	178/414	6/12	74	Michelle Coyne	Female	35	Bayport	NY	9:07	00:28:22.57
57	179/414	3/9	14	Tammi Allegra	Female	44	Oceanside	NY	9:08	00:28:22.82
58	180/414	5/13	304	Shari Zimmerman	Female	61	Westbury	NY	9:08	00:28:23.02
59	181/414	2/13	342	Mary Muffett	Female	33	New York	NY	9:08	00:28:24.43
60	186/414	4/11	323	Jennifer Randone	Female	26	South Huntington	NY	9:11	00:28:32.77
61	189/414	3/13	147	Nao Joe	Female	34	Hicksville	NY	9:12	00:28:36.82
62	190/414	4/11	290	Celia Walden	Female	13	Centerport	NY	9:13	00:28:39.52
63	192/414	2/6	256	Constance Sehlmeier	Female	68	Syosset	NY	9:15	00:28:46.46
64	193/414	6/26	306	Judy Baum	Female	57	Glen Head	NY	9:15	00:28:46.46
65	194/414	9/23	399	Mary O'Shea	Female	51	Centerport	NY	9:17	00:28:50.96
66	195/414	10/23	45	Leslie Braun	Female	54	Dix Hills	NY	9:17	00:28:52.40
67	199/414	7/26	12	Janette Ackman	Female	57	Douglaston	NY	9:19	00:28:57.40
68	200/414	6/19	214	Maureen Palumbo	Female	45	Dix Hills	NY	9:19	00:28:58.53
69	205/414	8/10	378	Emma Price	Female	16	Woodbury	NY	9:22	00:29:06.68
70	206/414	4/13	211	Guzide Ozbek	Female	30	Merrick	NY	9:22	00:29:08.51
71	208/414	7/12	296	Isabel Wilimczyk	Female	36	Copiague	NY	9:24	00:29:14.58
72	209/414	6/13	220	Debra Pennacchio	Female	60	Holbrook	NY	9:24	00:29:15.03
73	212/414	1/11	212	Carolyn Paidoussis	Female	43	West Islip	NY	9:28	00:29:27.49
74	213/414	7/19	382	Elizabeth Lamanna	Female	45	Floral Park	NY	9:30	00:29:31.60
75	214/414	8/26	418	Suanne Kowal-Connelly	Female	56	Baldwin	NY	9:31	00:29:36.88
76	215/414	8/19	431	Marina Castellan	Female	45	Hempstead	NY	9:32	00:29:38.27
77	216/414	7/13	99	Anne Fitzgibbon	Female	64	Glen Cove	NY	9:33	00:29:40.90
78	217/414	11/23	217	Michele Paoli	Female	52	Seaford	NY	9:34	00:29:44.58
79	219/414	9/26	241	Donna Rosen	Female	57	Woodbury	NY	9:35	00:29:48.26
80	221/414	4/11	112	Samantha Garrabrant	Female	22	Plainsboro	NJ	9:36	00:29:50.50
81	223/414	10/26	396	Karen Wentz	Female	55	W Hempstead	NY	9:37	00:29:53.61
82	224/414	5/13	387	Heidi Goldberg	Female	33	Flushing	NY	9:37	00:29:55.08
83	225/414	2/11	222	Jenifer Pignataro	Female	34	Nesconset	NY	9:38	00:29:56.00
84	227/414	9/19	327	Erica Stang	Female	45	Babylon	NY	9:40	00:30:03.61
85	231/414	5/11	436	Kristi Wilken	Female	22	Holtsville	NY	9:44	00:30:15.08
86	232/414	8/13	57	Patricia Carroll	Female	62	West Islip	NY	9:44	00:30:16.19
87	233/414	8/12	7	Sasha Abraham	Female	39	Huntington Station	NY	9:45	00:30:18.83
88	234/414	10/19	317	Michele Mac Mahon	Female	46	Oceanside	NY	9:46	00:30:21.07
89	236/414	5/11	398	Jackie Pappas	Female	13	West Islip	NY	9:49	00:30:30.65
90	239/414	9/12	129	Julie Harris	Female	37	Seaford	NY	9:51	00:30:38.19
91	241/414	6/13	191	Danielle Mebert	Female	31	Ridgewood	NY	9:51	00:30:38.80
92	242/414	4/9	185	Kim McGreevey	Female	44	Nesconset	NY	9:52	00:30:39.58
93	245/414	11/26	5	Rhonda Samuel	Female	58	Woodbury	NY	9:56	00:30:52.27
94	246/414	5/11	189	Mary Mckenna	Female	25	Massapequa	NY	9:57	00:30:57.70
95	247/414	12/26	95	Maria Ferraro	Female	56	Floral Park	NY	9:58	00:30:58.64
96	249/414	11/19	93	Jacqueline Fagan	Female	46	Long Beach	NY	10:02	00:31:10.98
97	251/414	13/26	250	Carol Sandquist	Female	56	Garden City	NY	10:03	00:31:14.83
98	255/414	6/11	30	Katherine Becerra	Female	25	Glen Cove	NY	10:06	00:31:23.84
99	256/414	7/9	68	Rita Colantuoni	Female	44	Plainview	NY	10:08	00:31:29.09
100	257/414	14/26	187	Karen Mckenna	Female	55	Massapequa	NY	10:08	00:31:31.58
101	259/414	7/11	419	Katy Pearce	Female	28	Huntington	NY	10:10	00:31:35.58
102	261/414	8/11	429	Kristine Renigen	Female	28	New Hyde Park	NY	10:12	00:31:43.19
103	262/414	12/23	358	Valerie Margolin	Female	53	Woodbury	NY	10:13	00:31:45.01
104	263/414	3/11	52	Diane Buscaglia	Female	59	Sound Beach	NY	10:15	00:31:51.08
105	266/414	6/11	231	Lauren Redelman	Female	11	Melville	NY	10:17	00:31:58.68
106	267/414	10/12	284	Maureen Thompson	Female	38	Plainview	NY	10:17	00:31:59.29
107	268/414	3/6	63	Jeri Cavagnaro	Female	66	Locust Valley	NY	10:19	00:32:04.59
108	269/414	15/26	56	Rosemary Camilleri	Female	59	Sayville	NY	10:20	00:32:09.27

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Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
109	270/414	16/26	264	Beth Silverman	Female	56	Huntington	NY	10:22	00:32:12.94
110	271/414	5/9	183	Nina Mccann	Female	42	Williston Park	NY	10:23	00:32:17.02
111	272/414	11/12	55	Patricia Cacioppo	Female	39	Douglaston	NY	10:24	00:32:19.24
112	273/414	17/26	293	Pamela Weess	Female	55	Great Neck	NY	10:25	00:32:24.10
113	274/414	7/13	23	Melissa Arzberger	Female	30	Levittown	NY	10:28	00:32:33.75
114	276/414	7/11	403	Diana Fogel	Female	11	Dix Hills	NY	10:29	00:32:35.09
115	282/414	13/23	200	Kathy Mullen	Female	54	Port Washington	NY	10:39	00:33:07.71
116	284/414	18/26	89	Kerin Engel	Female	55	Lindenhurst	NY	10:41	00:33:13.30
117	286/414	14/23	218	Cathy Papandrew	Female	50	Lynbrook	NY	10:42	00:33:17.58
118	287/414	9/10	19	Daniela Arias	Female	18	Dix Hills	NY	10:45	00:33:26.09
119	289/414	1/1	260	Kate Shreck	Female	76	Centerport	NY	10:47	00:33:33.04
120	296/414	4/6	286	Maureen Traxler	Female	65	Garden City	NY	11:03	00:34:21.97
121	297/414	12/19	64	Marie Certa	Female	47	Franklin Square	NY	11:04	00:34:23.09
122	298/414	6/9	85	Tracy Dobkin	Female	41	New Hyde Park	NY	11:04	00:34:24.19
123	299/414	19/26	266	Carolyn Singer	Female	55	Syosset	NY	11:05	00:34:28.84
124	300/414	8/13	247	Lina Sabino	Female	34	Melville	NY	11:06	00:34:31.14
125	303/414	9/13	265	Linda Simon	Female	60	Jericho	NY	11:09	00:34:39.69
126	305/414	1/2	331	Karen Potenza	Female	70	Northport	NY	11:12	00:34:48.50
127	310/414	20/26	240	Barbara Ronzetti	Female	56	East Northport	NY	11:18	00:35:09.59
128	311/414	4/11	309	Allison Engstrom	Female	35	Sound Beach	NY	11:19	00:35:11.50
129	314/414	12/12	325	Wanda Small	Female	37	East Meadow	NY	11:22	00:35:20.66
130	316/414	7/9	415	Denise Modica	Female	42	Massapequa	NY	11:24	00:35:27.09
131	317/414	15/23	303	Caryn Zilka	Female	52	Wantagh	NY	11:25	00:35:28.72
132	318/414	8/11	88	Jessica Ehrlich	Female	13	Franklin Square	NY	11:29	00:35:42.77
133	321/414	6/11	39	Michelle Bogdan	Female	22	New York	NY	11:45	00:36:31.46
134	322/414	9/13	267	Heather Softy	Female	31	Bethpage	NY	11:46	00:36:34.55
135	327/414	21/26	190	Laurie Mcmillen	Female	57	Sayville	NY	11:53	00:36:56.60
136	331/414	9/11	268	Laura Softy	Female	29	Bethpage	NY	12:05	00:37:32.74
137	332/414	7/11	445	Danielle Barrett	Female	23	Smithtown	NY	12:06	00:37:36.81
138	333/414	5/6	32	Sherry Bellovin	Female	66	N. Massapequa	NY	12:13	00:37:59.10
139	336/414	10/13	91	Linda Engle	Female	60	Great Neck	NY	12:17	00:38:10.22
140	337/414	5/11	386	Adele Goldberg	Female	34	Flushing	NY	12:19	00:38:17.64
141	340/414	10/13	139	Larissa Hyde	Female	34	Deer Park	NY	12:23	00:38:29.86
142	341/414	2/2	275	Mickey Stelling	Female	74	East Meadow	NY	12:24	00:38:34.60
143	342/414	16/23	357	Laurie Crossman	Female	50	Centerport	NY	12:25	00:38:37.67
144	343/414	17/23	61	Margaret Castellano	Female	53	Wading River	NY	12:28	00:38:45.10
145	345/414	18/23	401	Kathy Ianno	Female	51	West Islip	NY	12:29	00:38:49.26
146	347/414	8/9	385	Diane Rabin	Female	53	Plainview	NY	12:42	00:39:28.17
147	348/414	10/11	60	Kristin Castellano	Female	25	Wading River	NY	12:42	00:39:30.20
148	351/414	8/11	18	Tatiana Arias	Female	20	Dix Hills	NY	12:46	00:39:41.85
149	352/414	9/9	341	Gayle Neumann	Female	53	Plainview	NY	12:50	00:39:55.24
150	353/414	22/26	251	Cynthia Sanico	Female	56	Glen Head	NY	12:53	00:40:02.52
151	356/414	9/11	137	Caitlin Hunt	Female	22	Holbrook	NY	13:07	00:40:48.11
152	357/414	19/23	448	Lori Barnett	Female	52	Smithtown	NY	13:07	00:40:48.19
153	358/414	10/11	149	Chelsea Johnson	Female	22	Bethpage	NY	13:08	00:40:49.21
154	359/414	11/11	127	Lauren Hanly	Female	29	Seaford	NY	13:11	00:40:58.91
155	360/414	6/11	345	Annie Cappeller	Female	46	Mineola	NY	13:20	00:41:28.07
156	363/414	9/11	232	Emily Redelman	Female	7	Melville	NY	13:32	00:42:04.47
157	364/414	10/11	274	Lily Stein	Female	11	Huntington Station	NY	13:32	00:42:04.86
158	365/414	7/11	150	Marlene Johnston	Female	55	Freeport	NY	13:32	00:42:05.55
159	367/414	6/6	44	Susan Brahms	Female	69	Syosset	NY	13:37	00:42:20.02
160	368/414	13/19	443	Joann Prisco	Female	46	Bethpage	NY	13:39	00:42:25.11
161	369/414	8/9	104	Rachel Fogel	Female	41	Huntington Station	NY	13:39	00:42:26.97
162	372/414	23/26	141	Martha Ironman	Female	57	Huntington Station	NY	13:50	00:43:00.02

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Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
163	373/414	11/13	229	Jennifer Raheb	Female	33	Howard Beach	NY	13:52	00:43:06.51
164	376/414	9/9	404	Colleen Barresi	Female	43	Farmingdale	NY	14:12	00:44:07.55
165	378/414	10/10	451	Brittney Barnett	Female	15	Smithtown	NY	14:35	00:45:21.59
166	379/414	11/11	97	Vera Fichtelberg	Female	23	Hicksville	NY	14:38	00:45:29.94
167	380/414	24/26	98	Patricia Fichtelberg	Female	58	Hicksville	NY	14:38	00:45:30.85
168	381/414	12/13	225	Pilin Posada	Female	30	Dix Hills	NY	14:46	00:45:55.05
169	382/414	8/11	291	Tanisha Walker	Female	36	Deer Park	NY	14:51	00:46:10.15
170	383/414	9/11	131	Perisa Harrison	Female	43	Jamaica	NY	14:51	00:46:11.05
171	385/414	14/19	281	Kathleen Sullivan	Female	48	Massapequa Park	NY	15:17	00:47:30.76
172	386/414	11/11	276	Brenna Sullivan	Female	14	Islip Terrace	NY	15:17	00:47:31.12
173	387/414	10/11	116	Laura Graf	Female	37	Stony Brook	NY	15:20	00:47:39.94
174	388/414	11/11	362	Mary Schafer	Female	50	Bethpage	NY	15:23	00:47:48.87
175	390/414	25/26	238	Alice Rogers	Female	58	Merrick	NY	15:41	00:48:45.25
176	391/414	15/19	407	Francine Lindner	Female	49	West Babylon	NY	16:04	00:49:55.19
177	392/414	20/23	10	Teresa Alvarez	Female	53	Bethpage	NY	16:14	00:50:27.58
178	393/414	11/13	330	Cheryl Weiss	Female	63	Rockville Center	NY	16:35	00:51:32.70
179	398/414	21/23	206	Mary Ellen O ' Reilly	Female	51	Hicksville	NY	16:52	00:52:27.14
180	399/414	13/13	35	Caroline Binder	Female	30	Forest Hills	NY	16:53	00:52:29.64
181	400/414	26/26	9	Karen Hohlman	Female	58	Melville	NY	16:53	00:52:30.23
182	401/414	12/13	432	Laurel Longshore	Female	62	Dix Hills	NY	17:31	00:54:27.26
183	402/414	16/19	423	Regina Manfre	Female	47	Manorville	NY	17:32	00:54:28.65
184	404/414	17/19	389	Laura Greenberg	Female	49	Dix Hills	NY	17:41	00:54:56.89
185	405/414	22/23	374	Lisa Kuba	Female	52	Syosset	NY	17:41	00:54:57.09
186	406/414	23/23	2	Diana Mitchnick	Female	52	Dix Hills	NY	17:41	00:54:59.52
187	407/414	18/19	51	Judith Brooks	Female	45	Washingtonville	NY	17:50	00:55:26.14
188	408/414	13/13	196	Lori Mlodzinski	Female	60	Holbrook	NY	17:50	00:55:26.65
189	413/414	19/19	135	Lisa Hunt	Female	48	Holbrook	NY	20:36	01:04:01.67

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Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
1	1/414	1/1	156	Christopher Koegel	Male	30	Malverne	NY	5:31	00:17:08.90
2	2/414	1/1	356	Justin Kulchinsky	Male	40	Dix Hills	NY	5:34	00:17:18.04
3	3/414	1/8	299	Travis Wooten	Male	17	Riverhead	NY	5:37	00:17:29.98
4	4/414	1/19	295	Wil Widman Jr.	Male	49	N. Babylon	NY	5:42	00:17:45.05
5	5/414	1/15	243	Todd Rowley	Male	43	Huntington	NY	5:45	00:17:54.03
6	6/414	1/10	365	Ronald Joseph	Male	30	Far Rockaway	NY	6:02	00:18:45.85
7	7/414	2/15	380	Stephen Laffey	Male	40	Flushing	NY	6:05	00:18:55.80
8	8/414	1/5	363	Steven Weiss	Male	37	Plainview	NY	6:19	00:19:39.94
9	9/414	1/33	292	Jon Wallach	Male	57	Levittown	NY	6:28	00:20:07.96
10	10/414	2/33	26	Mike Baard	Male	58	Merrick	NY	6:30	00:20:12.20
11	11/414	2/19	223	Michael Piscitelli	Male	47	Northport	NY	6:30	00:20:13.80
12	12/414	3/33	83	Patrick Diskin	Male	58	Mineola	NY	6:30	00:20:14.23
13	14/414	1/12	69	Kenneth Colantuoni	Male	43	Plainview	NY	6:33	00:20:21.22
14	15/414	1/28	40	Paul Bonanni	Male	53	Selden	NY	6:37	00:20:35.93
15	16/414	2/28	400	Bernardo Castellanos	Male	50	Brooklyn	NY	6:39	00:20:40.80
16	17/414	1/16	333	Jack Thornton	Male	11	Stony Brook	NY	6:40	00:20:43.44
17	18/414	2/10	370	David Drebsky	Male	33	Plainview	NY	6:42	00:20:51.17
18	19/414	3/15	413	Hector Jaramillo	Male	42	Baldwin	NY	6:43	00:20:52.40
19	20/414	3/28	368	Ju Jen Lai	Male	50	Calverton	NY	6:44	00:20:56.89
20	21/414	4/15	308	Doug Bernstein	Male	42	Great Neck	NY	6:45	00:20:59.55
21	22/414	4/28	348	Rob Fried	Male	52	Great Neck	NY	6:45	00:20:59.80
22	23/414	2/5	440	Romulo Brito	Male	35	Hempstead	NY	6:45	00:21:00.80
23	24/414	4/33	96	Tod Fichtelberg	Male	55	Kings Park	NY	6:46	00:21:04.12
24	25/414	5/15	13	Tom Aiello	Male	40	Copiague	NY	6:48	00:21:07.67
25	26/414	2/12	66	John Clifford	Male	52	Seafood	NY	6:48	00:21:09.49
26	28/414	3/10	168	Marc Liebman	Male	31	Woodbury	NY	6:49	00:21:11.05
27	29/414	4/10	178	Dave Mann	Male	31	Brooklyn	NY	6:54	00:21:27.80
28	30/414	5/33	203	Joe Ninesling	Male	59	Amityville	NY	6:56	00:21:33.73
29	31/414	6/33	298	Glen Wolther	Male	56	Jericho	NY	6:57	00:21:37.14
30	32/414	7/33	114	Jonathan Golden	Male	59	Glen Head	NY	6:58	00:21:39.90
31	33/414	3/12	205	Ken Olson	Male	43	Glen Oaks	NY	7:00	00:21:46.28
32	34/414	5/10	146	David Joe	Male	33	Hicksville	NY	7:02	00:21:52.80
33	35/414	5/28	236	Gary Ringel	Male	54	New Hyde Park	NY	7:04	00:21:58.91
34	36/414	2/8	393	Nicholas Pugliano	Male	15	Bethpage	NY	7:06	00:22:05.25
35	38/414	8/33	161	Louis Laffeur	Male	57	Holbrook	NY	7:07	00:22:08.50
36	39/414	1/10	420	Billy Pearce	Male	29	Huntington	NY	7:10	00:22:17.27
37	42/414	6/28	316	Konrad Klechta	Male	52	Copiague	NY	7:12	00:22:24.20
38	44/414	7/28	167	Peter Levy	Male	52	Jericho	NY	7:13	00:22:26.42
39	45/414	2/10	391	Ryan Morimando	Male	29	Bayshore	NY	7:14	00:22:28.48
40	46/414	2/16	254	Johnny Schmuck	Male	10	Westbury	NY	7:14	00:22:28.72
41	48/414	3/19	128	Thomas Harrington	Male	49	Smithtown	NY	7:14	00:22:31.46
42	49/414	3/8	164	Justin Law	Male	17	Bethpage	NY	7:15	00:22:33.56
43	52/414	1/11	144	Barry Jerson	Male	65	Plainview	NY	7:17	00:22:38.48
44	54/414	4/19	163	Wai Law	Male	47	Bethpage	NY	7:17	00:22:39.46
45	55/414	1/14	4	Jeffrey Weiss	Male	53	Syosset	NY	7:20	00:22:47.65
46	56/414	5/19	397	John Antinora	Male	48	Hicksville	NY	7:20	00:22:48.81
47	58/414	6/10	17	Dave Anderson	Male	31	Forest Hills	NY	7:21	00:22:51.96
48	59/414	9/33	157	John Koehler	Male	55	West Hempstead	NY	7:22	00:22:55.22
49	60/414	2/14	107	Gary Freitag	Male	49	Ronkonkoma	NY	7:23	00:22:56.81
50	62/414	8/28	237	Richard Ripke	Male	51	Selden	NY	7:27	00:23:09.06
51	64/414	3/5	117	Matthew Gregory	Male	39	Plainview	NY	7:30	00:23:18.87
52	65/414	1/21	355	Dan Kulchinsky	Male	64	Melville	NY	7:30	00:23:19.27
53	66/414	3/10	395	Ryan Hardy-Evans	Male	29	Mastic	NY	7:31	00:23:21.44
54	68/414	10/33	422	Peter Inserra	Male	55	Northport	NY	7:33	00:23:28.56

Blue Ribbon Run For Prostate Cancer 5K

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5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
55	70/414	9/28	16	Mark Amodio	Male	50	East Islip	NY	7:34	00:23:31.10
56	72/414	6/19	449	Andrew Pesner	Male	46	Melville	NY	7:34	00:23:33.54
57	74/414	7/19	123	Philip Hamid	Male	47	Richmond	NY	7:39	00:23:47.56
58	75/414	2/11	109	David Frisone	Male	68	New Hyde Park	NY	7:42	00:23:56.45
59	76/414	4/12	87	George Drakatos	Male	33	Bethpage	NY	7:42	00:23:57.98
60	77/414	11/33	184	James Mcdougall	Male	58	Ronkonkoma	NY	7:46	00:24:09.59
61	78/414	8/19	372	Mike Vulpis	Male	46	Islip Terrace	NY	7:48	00:24:16.70
62	79/414	3/16	346	Michael Cappeller	Male	14	Mineola	NY	7:50	00:24:22.57
63	80/414	6/15	326	David Stang	Male	42	Babylon	NY	7:51	00:24:23.46
64	81/414	2/21	208	Steven O ' Shaughnessy	Male	60	Huntington	NY	7:51	00:24:24.41
65	82/414	5/12	364	Harris Telfi	Male	38	Syosset	NY	7:51	00:24:24.61
66	83/414	9/19	289	Ben Walden	Male	46	Centerport	NY	7:51	00:24:25.45
67	84/414	1/10	336	Alex Flyntz	Male	71	Seaford	NY	7:53	00:24:31.27
68	85/414	12/33	34	Larry Bienenfeld	Male	56	Plainview	NY	7:53	00:24:32.70
69	86/414	4/16	302	Kevin Zhang	Male	12	Jericho	NY	7:54	00:24:34.48
70	88/414	7/10	152	Bryan Jonas	Male	30	Jericho	NY	7:55	00:24:36.48
71	89/414	10/19	50	Michael Brooks	Male	46	Washingtonville	NY	7:55	00:24:38.58
72	90/414	10/28	329	Forrest Traub	Male	51	Jericho	NY	7:56	00:24:39.82
73	91/414	7/15	173	George Lombardo	Male	43	Plainview	NY	7:57	00:24:42.25
74	92/414	5/16	175	Christian Mackey	Male	12	Jericho	NY	7:57	00:24:42.83
75	93/414	3/11	101	Michael Floman	Male	69	Bayside	NY	7:57	00:24:43.28
76	94/414	13/33	219	Russ Parker	Male	57	East Northport	NY	7:57	00:24:43.28
77	95/414	11/28	375	Alan Hlavenka	Male	53	Seaford	NY	7:57	00:24:43.69
78	98/414	3/21	321	Glenn Morse	Male	64	Massapequa	NY	7:58	00:24:45.53
79	101/414	4/21	151	Steven Jonas	Male	61	Woodbury	NY	8:05	00:25:06.91
80	103/414	4/10	24	Jeffrey Arzberger	Male	28	Levittown	NY	8:07	00:25:13.82
81	104/414	8/15	122	David Hall	Male	44	Manhasset	NY	8:07	00:25:14.46
82	105/414	6/16	405	Matthew Barresi	Male	13	Farmingdale	NY	8:08	00:25:17.49
83	106/414	14/33	313	Bill Guichard	Male	58	Huntington	NY	8:08	00:25:18.74
84	109/414	5/21	228	Robert Raab	Male	63	Rockville Centre	NY	8:09	00:25:22.22
85	110/414	11/19	58	Kenneth Carsten	Male	47	Melville	NY	8:10	00:25:23.23
86	111/414	4/11	347	Gabriel Hickey	Male	65	Bethpage	NY	8:10	00:25:23.43
87	116/414	6/21	221	Dennis Peterson	Male	62	Huntington	NY	8:11	00:25:26.82
88	117/414	2/10	360	Patrick Keenan	Male	71	East Islip	NY	8:13	00:25:31.89
89	118/414	9/15	160	Marc Kornheiser	Male	44	Queens	NY	8:16	00:25:42.12
90	119/414	12/28	138	Patrick Hunt Jr.	Male	50	Holbrook	NY	8:17	00:25:44.22
91	121/414	5/11	193	Christopher Miceli	Male	67	Williston Park	NY	8:20	00:25:53.57
92	123/414	13/28	388	Patrick Quinn	Male	53	Syosset	NY	8:20	00:25:56.21
93	125/414	1/2	126	Jack Hanley	Male	78	Babylon	NY	8:22	00:26:00.70
94	126/414	14/28	153	Steve Kaden	Male	50	Syosset	NY	8:22	00:26:00.70
95	127/414	10/15	103	Brian Fogel	Male	42	Huntington Station	NY	8:23	00:26:03.82
96	128/414	3/14	332	John Stauber	Male	52	Massapequa	NY	8:24	00:26:06.49
97	129/414	12/19	110	Eric Fuchsmann	Male	47	Melville	NY	8:25	00:26:10.12
98	130/414	6/12	174	Michael Long	Male	28	Smithtown	NY	8:26	00:26:13.06
99	131/414	13/19	430	Mark Temkin	Male	46	Plainview	NY	8:28	00:26:21.07
100	134/414	7/12	279	Griffin Sullivan	Male	17	Massapequa Park	NY	8:30	00:26:25.77
101	135/414	4/14	172	William Lofmark	Male	55	Lake Ronkonkoma	NY	8:30	00:26:26.57
102	136/414	3/10	27	Daniel Badalament	Male	70	Glen Cove	NY	8:31	00:26:29.07
103	137/414	8/12	307	Steven Benjamin	Male	53	Syosset	NY	8:32	00:26:31.05
104	139/414	4/8	73	Alex Cosenza	Male	17	Massapequa Park	NY	8:32	00:26:33.28
105	140/414	15/28	182	Robert Mayer	Male	54	Douglaston	NY	8:36	00:26:43.82
106	142/414	8/10	77	Tianzhi Cui	Male	33	Glen Cove	NY	8:38	00:26:49.54
107	144/414	15/33	442	Al Engelsher	Male	56	Huntington	NY	8:39	00:26:53.40
108	146/414	7/21	371	Philip Cicero	Male	62	Massapequa	NY	8:41	00:26:59.28

Blue Ribbon Run For Prostate Cancer 5K

November 17, 2013

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
109	152/414	5/10	79	Robert Degennaro	Male	27	Hicksville	NY	8:45	00:27:11.94
110	153/414	16/33	366	Scott Spar	Male	55	Massapequa	NY	8:45	00:27:14.18
111	155/414	17/33	349	Jesus Estaba	Male	58	Brooklyn	NY	8:47	00:27:18.57
112	157/414	16/28	369	John Lamanna	Male	54	Oceanside	NY	8:49	00:27:25.81
113	158/414	8/21	287	Oscar Urquiola	Male	64	New York	NY	8:49	00:27:25.81
114	159/414	6/11	301	Perry Zeichner	Male	65	Brightwaters	NY	8:50	00:27:29.52
115	160/414	9/12	377	Steve Price	Male	51	Melville	NY	8:52	00:27:33.57
116	162/414	7/16	416	Robert Modica	Male	13	Massapequa	NY	8:55	00:27:44.14
117	167/414	4/10	134	John Horan	Male	74	Freeport	NY	8:58	00:27:53.57
118	169/414	11/15	390	Jim Keane	Male	42	Flushing	NY	9:00	00:28:00.55
119	170/414	5/10	159	Arthur Koppelman	Male	71	Syosset	NY	9:01	00:28:02.20
120	173/414	5/14	54	Michael Cabales	Male	36	Hauppauge	NY	9:03	00:28:07.14
121	174/414	17/28	312	Jon Greenberg	Male	51	Dix Hills	NY	9:03	00:28:08.13
122	177/414	1/6	125	James Hand	Male	23	East Islip	NY	9:04	00:28:11.56
123	182/414	8/16	383	Gabriel Levy	Male	14	Plainview	NY	9:09	00:28:25.82
124	183/414	9/21	195	Ben Milone	Male	64	Ozone Park	NY	9:09	00:28:27.88
125	184/414	4/5	8	Aaron Stein	Male	39	Huntington Station	NY	9:10	00:28:30.13
126	185/414	18/33	384	Howard Rabin	Male	55	Plainview	NY	9:10	00:28:30.53
127	187/414	6/10	350	Octavio Lopez	Male	74	Brooklyn	NY	9:11	00:28:35.02
128	188/414	10/21	31	Ira Bellach	Male	61	Syosset	NY	9:12	00:28:35.64
129	191/414	12/15	181	Daniel Max	Male	41	Plainview	NY	9:15	00:28:45.03
130	196/414	13/15	354	Tommy Williams	Male	40	Bethpage	NY	9:17	00:28:53.57
131	197/414	18/28	258	Robert Shaller	Male	52	Douglaston	NY	9:19	00:28:56.82
132	198/414	11/21	194	Stephen Mighdoll	Male	61	Roslyn	NY	9:19	00:28:56.98
133	201/414	19/33	148	James Johnson	Male	59	East Northport	NY	9:19	00:28:59.07
134	202/414	14/19	263	Jerrold Silverman	Male	49	Huntington	NY	9:20	00:29:00.17
135	203/414	20/33	230	Mike Randone	Male	55	S. Huntington	NY	9:20	00:29:00.58
136	204/414	12/21	53	Kevin Byrne	Male	64	Hicksville	NY	9:20	00:29:02.22
137	207/414	21/33	177	Howie Mann	Male	58	Roslyn Hts	NY	9:24	00:29:13.00
138	210/414	19/28	246	Gerard Ruiz	Male	54	Queens Village	NY	9:26	00:29:19.50
139	211/414	22/33	271	Michael Speiller	Male	59	East Northport	NY	9:26	00:29:20.50
140	218/414	2/6	210	Chris Otten	Male	23	East Islip	NY	9:34	00:29:46.01
141	220/414	6/10	450	Jason Barnett	Male	26	Smithtown	NY	9:36	00:29:49.85
142	222/414	13/21	133	Frank Hoens	Male	64	Goshen	NY	9:37	00:29:53.14
143	226/414	3/6	25	Bryan Arzberger	Male	24	Levittown	NY	9:38	00:29:56.01
144	228/414	20/28	294	Irwin Weiss	Male	54	Long Beach	NY	9:41	00:30:05.58
145	229/414	9/16	406	Christopher Barresi	Male	10	Farmingdale	NY	9:42	00:30:09.50
146	230/414	6/14	335	Kevin Thornton	Male	50	Stony Brook	NY	9:43	00:30:14.18
147	235/414	9/10	310	Eric Fried	Male	31	Forest Hills	NY	9:48	00:30:29.64
148	237/414	10/12	278	Tristan Sullivan	Male	22	Islip Terrace	NY	9:49	00:30:32.29
149	238/414	5/8	367	Harrison Kahn	Male	15	Plainview	NY	9:50	00:30:33.91
150	240/414	14/15	130	Frank Harris	Male	43	Seaford	NY	9:51	00:30:38.64
151	243/414	7/10	285	Teddy Tohrs	Male	25	Baldwin	NY	9:52	00:30:39.82
152	244/414	15/19	84	Brian Dobkin	Male	47	New Hyde Park	NY	9:54	00:30:46.84
153	248/414	16/19	277	Mark Sullivan	Male	46	Islip Terrace	NY	10:00	00:31:05.06
154	250/414	17/19	425	Richard Cotler	Male	47	Syosset	NY	10:02	00:31:11.19
155	252/414	7/11	255	David Schneidman	Male	65	Melville	NY	10:03	00:31:16.49
156	253/414	23/33	113	Steve Gerson	Male	55	East Meadow	NY	10:04	00:31:16.65
157	254/414	8/11	192	Alan Mensch	Male	67	Melville	NY	10:04	00:31:18.72
158	258/414	24/33	340	Jeffrey Haberman	Male	55	Woodbury	NY	10:09	00:31:33.82
159	260/414	25/33	322	Henry Oriik	Male	55	Massapequa	NY	10:10	00:31:36.47
160	264/414	7/14	3	Lance Kuba	Male	51	Syosset	NY	10:17	00:31:57.59
161	265/414	18/19	233	Jeffrey Redelman	Male	47	Melville	NY	10:17	00:31:57.59
162	275/414	15/15	199	Nicholas Moustouka	Male	43	Dix Hills	NY	10:29	00:32:35.09

Blue Ribbon Run For Prostate Cancer 5K

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5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
163	277/414	8/14	339	Steven Millon	Male	54	East Meadow	NY	10:29	00:32:35.59
164	278/414	9/14	120	Keith Haft	Male	47	Commack	NY	10:30	00:32:39.24
165	279/414	21/28	158	Robert Koenig	Male	51	Levittown	NY	10:31	00:32:42.67
166	280/414	14/21	72	Thomas Conley	Male	62	Merrick	NY	10:37	00:33:01.05
167	281/414	22/28	1	Eric Mitchnick	Male	51	Dix Hills	NY	10:39	00:33:05.59
168	283/414	4/6	215	Ketan Panchal	Male	24	Syosset	NY	10:40	00:33:10.23
169	285/414	9/11	92	Doug Escher	Male	69	Garden City	NY	10:42	00:33:17.58
170	288/414	23/28	280	David Sullivan	Male	50	Massapequa Park	NY	10:46	00:33:27.59
171	290/414	24/28	359	Lance Margolin	Male	54	Woodbury	NY	10:50	00:33:39.84
172	291/414	15/21	22	Robert Arzberger	Male	60	Levittown	NY	10:50	00:33:40.15
173	292/414	1/2	82	George Devoe	Male	81	Hauppauge	NY	10:52	00:33:48.84
174	293/414	26/33	261	Dane Sidi	Male	58	Plainview	NY	10:54	00:33:54.09
175	294/414	10/16	273	Henry Stein	Male	9	Huntington Station	NY	10:59	00:34:09.18
176	295/414	16/21	105	Joseph Folks	Male	60	East Patchogue	NY	11:01	00:34:15.72
177	301/414	10/10	239	Matthew Romano	Male	32	Melville	NY	11:06	00:34:31.78
178	302/414	27/33	351	Scott Ringfield	Male	58	Saint James	NY	11:08	00:34:37.46
179	304/414	7/10	43	Tom Brahms	Male	73	Syosset	NY	11:11	00:34:46.24
180	306/414	11/16	446	Ryan Prisco	Male	10	Bethpage	NY	11:15	00:34:57.90
181	307/414	12/16	414	Mark Modica	Male	10	Massapequa	NY	11:15	00:34:58.08
182	308/414	13/16	410	Adam Lindner	Male	11	West Babylon	NY	11:15	00:34:58.50
183	309/414	28/33	6	Eric Gelfand	Male	56	Woodbury	NY	11:17	00:35:06.23
184	312/414	19/19	76	Charles Crowe	Male	46	Deer Park	NY	11:19	00:35:11.60
185	313/414	25/28	216	Girish Panchal	Male	54	Syosset	NY	11:19	00:35:12.10
186	315/414	8/10	337	Mark Rosenberg	Male	71	Syosset	NY	11:22	00:35:21.46
187	319/414	17/21	90	Alan Engle	Male	60	Great Neck	NY	11:37	00:36:07.09
188	320/414	10/14	38	Chet Bogdan	Male	55	New York	NY	11:45	00:36:31.11
189	323/414	6/8	434	Jordan Willett	Male	18	Wading River	NY	11:47	00:36:37.81
190	324/414	10/11	62	Frank Castellano	Male	66	Wading River	NY	11:47	00:36:38.02
191	325/414	26/28	411	John Haslbauer	Male	53	Port Washington	NY	11:47	00:36:38.60
192	326/414	18/21	361	Jack Buck	Male	61	Westbury	NY	11:48	00:36:40.85
193	328/414	29/33	235	Mitchell Rich	Male	59	Merrick	NY	12:00	00:37:17.66
194	329/414	19/21	373	Jay Szerencsy	Male	64	Oceanside	NY	12:01	00:37:22.68
195	330/414	1/1	143	Bert Jablon	Male	86	Syosset	NY	12:02	00:37:25.80
196	334/414	9/10	201	John Mulvey	Male	71	Syosset	NY	12:16	00:38:07.10
197	335/414	11/11	80	Paul Dellaconna	Male	65	Bellerose	NY	12:16	00:38:07.76
198	338/414	11/14	204	Wayne Norberg	Male	57	South Hempstead	NY	12:22	00:38:26.85
199	339/414	30/33	186	John Mckenna	Male	57	Massapequa	NY	12:23	00:38:29.73
200	344/414	31/33	245	Scott Rubin	Male	58	Woodbury	NY	12:29	00:38:48.04
201	346/414	5/6	441	Minkee Sung	Male	23	Syosset	NY	12:31	00:38:55.17
202	349/414	14/16	409	Michael Lindner	Male	11	West Babylon	NY	12:43	00:39:32.04
203	350/414	12/14	86	Gordon Dollack	Male	60	N. Babylon	NY	12:45	00:39:37.10
204	354/414	32/33	421	Howard Goldman	Male	57	Holtsville	NY	13:02	00:40:32.49
205	355/414	27/28	452	Glenn Barnett	Male	54	Smithtown	NY	13:07	00:40:48.11
206	361/414	7/8	257	Yash Shah	Male	17	Westbury	NY	13:31	00:42:02.29
207	362/414	8/8	300	Faraz Yousuf	Male	17	Westbury	NY	13:31	00:42:02.29
208	366/414	11/12	242	Michael Rosenberg	Male	70	New York	NY	13:34	00:42:09.11
209	370/414	15/16	402	Hayden Fpgel	Male	8	Dix Hills	NY	13:39	00:42:27.11
210	371/414	2/2	154	Howard Kestenbaum	Male	82	Plainview	NY	13:48	00:42:54.93
211	374/414	5/5	454	Rob Larocca	Male	36	Copiague	NY	13:52	00:43:06.52
212	375/414	2/2	180	Frank Martin	Male	78	W. Bay Shore	NY	14:01	00:43:36.02
213	377/414	16/16	408	Derek Lindner	Male	12	West Babylon	NY	14:33	00:45:14.08
214	384/414	10/10	119	Joseph Guardino	Male	74	East Williston	NY	15:00	00:46:37.74
215	389/414	33/33	244	Marshall Rubin	Male	55	Mohegan Lake	NY	15:34	00:48:23.05
216	394/414	12/12	344	Brian Cassidy	Male	24	Hoboken	NJ	16:51	00:52:21.78

Blue Ribbon Run For Prostate Cancer 5K

November 17, 2013

5K Run

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Pace	Time
217	395/414	8/10	142	Derek Ives	Male	28	Hoboken	NJ	16:51	00:52:21.98
218	396/414	9/10	59	Keith Cassidy	Male	27	Hoboken	NJ	16:52	00:52:24.80
219	397/414	10/10	36	Mike Bocchinfuso	Male	28	Forest Hills	NY	16:52	00:52:26.04
220	403/414	20/21	433	Julius Longshome	Male	61	Dix Hills	NY	17:32	00:54:29.08
221	409/414	13/14	33	Frederick Benlein	Male	49	Farmingdale	NY	18:04	00:56:09.40
222	410/414	21/21	435	Anthony Castellano	Male	61	Wading River	NY	18:05	00:56:11.11
223	411/414	6/6	136	Bryan Hunt	Male	24	Holbrook	NY	20:36	01:04:01.11
224	412/414	28/28	224	John Pizzingrillo	Male	52	Holbrook	NY	20:36	01:04:01.42
225	414/414	14/14	352	David Kaplan	Male	49	Glen Cove	NY	20:43	01:04:24.01