

Blue Ribbon Run For Prostate Cancer 5K

November 17, 2013

Overall Division Results

5K Run

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	13/414	1/189	328	Celeste Traub	13	Female	Jericho	NY	6:31	00:20:17.51

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	1/414	1/225	156	Christopher Koegel	30	Male	Malverne	NY	5:31	00:17:08.90

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	40/414	4/189	428	Dolores Doman	56	Female	Dix Hills	NY	7:10	00:22:18.70

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	2/414	2/225	356	Justin Kulchinsky	40	Male	Dix Hills	NY	5:34	00:17:18.04

Female Athena 140-159

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	122/414	31/189	253	Susan Schmuck	47	Female	Westbury	NY	8:20	00:25:55.19
2	132/414	33/189	318	Elizabeth Maffia	49	Female	Nesconset	NY	8:29	00:26:21.90
3	141/414	36/189	227	Jenipher Quintanilla	38	Female	N. Babylon	NY	8:37	00:26:47.71
4	161/414	46/189	67	Mary Jane Cody	56	Female	Holtsville	NY	8:53	00:27:36.90
5	168/414	51/189	343	Sapina Kirpalani	41	Female	Syosset	NY	8:59	00:27:55.07
6	175/414	54/189	100	Sue Fitzpatrick	53	Female	Dix Hills	NY	9:03	00:28:08.82
7	256/414	99/189	68	Rita Colantuoni	44	Female	Plainview	NY	10:08	00:31:29.09
8	347/414	146/189	385	Diane Rabin	53	Female	Plainview	NY	12:42	00:39:28.17
9	352/414	149/189	341	Gayle Neumann	53	Female	Plainview	NY	12:50	00:39:55.24

Male Clydesdale 185-199

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	14/414	13/225	69	Kenneth Colantuoni	43	Male	Plainview	NY	6:33	00:20:21.22
2	26/414	25/225	66	John Clifford	52	Male	Seaford	NY	6:48	00:21:09.49
3	33/414	31/225	205	Ken Olson	43	Male	Glen Oaks	NY	7:00	00:21:46.28
4	76/414	59/225	87	George Drakatos	33	Male	Bethpage	NY	7:42	00:23:57.98
5	82/414	65/225	364	Harris Telfi	38	Male	Syosset	NY	7:51	00:24:24.61
6	130/414	98/225	174	Michael Long	28	Male	Smithtown	NY	8:26	00:26:13.06
7	134/414	100/225	279	Griffin Sullivan	17	Male	Massapequa Par	NY	8:30	00:26:25.77
8	137/414	103/225	307	Steven Benjamin	53	Male	Syosset	NY	8:32	00:26:31.05
9	160/414	115/225	377	Steve Price	51	Male	Melville	NY	8:52	00:27:33.57
10	237/414	148/225	278	Tristan Sullivan	22	Male	Islip Terrace	NY	9:49	00:30:32.29
11	366/414	208/225	242	Michael Rosenberg	70	Male	New York	NY	13:34	00:42:09.11
12	394/414	216/225	344	Brian Cassidy	24	Male	Hoboken	NJ	16:51	00:52:21.78

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Overall Division Results

5K Run

Female Athena 160+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	212/414	73/189	212	Carolyn Paidoussis	43	Female	West Islip	NY	9:28	00:29:27.49
2	225/414	83/189	222	Jenifer Pignataro	34	Female	Nesconset	NY	9:38	00:29:56.00
3	263/414	104/189	52	Diane Buscaglia	59	Female	Sound Beach	NY	10:15	00:31:51.08
4	311/414	128/189	309	Allison Engstrom	35	Female	Sound Beach	NY	11:19	00:35:11.50
5	337/414	140/189	386	Adele Goldberg	34	Female	Flushing	NY	12:19	00:38:17.64
6	360/414	155/189	345	Annie Cappeller	46	Female	Mineola	NY	13:20	00:41:28.07
7	365/414	158/189	150	Marlene Johnston	55	Female	Freeport	NY	13:32	00:42:05.55
8	382/414	169/189	291	Tanisha Walker	36	Female	Deer Park	NY	14:51	00:46:10.15
9	383/414	170/189	131	Perisa Harrison	43	Female	Jamaica	NY	14:51	00:46:11.05
10	387/414	173/189	116	Laura Graf	37	Female	Stony Brook	NY	15:20	00:47:39.94
11	388/414	174/189	362	Mary Schafer	50	Female	Bethpage	NY	15:23	00:47:48.87

Male Clydesdale 200+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	55/414	45/225	4	Jeffrey Weiss	53	Male	Syosset	NY	7:20	00:22:47.65
2	60/414	49/225	107	Gary Freitag	49	Male	Ronkonkoma	NY	7:23	00:22:56.81
3	128/414	96/225	332	John Stauber	52	Male	Massapequa	NY	8:24	00:26:06.49
4	135/414	101/225	172	William Lofmark	55	Male	Lake Ronkonkorr	NY	8:30	00:26:26.57
5	173/414	120/225	54	Michael Cabaless	36	Male	Hauppauge	NY	9:03	00:28:07.14
6	230/414	146/225	335	Kevin Thornton	50	Male	Stony Brook	NY	9:43	00:30:14.18
7	264/414	160/225	3	Lance Kuba	51	Male	Syosset	NY	10:17	00:31:57.59
8	277/414	163/225	339	Steven Millon	54	Male	East Meadow	NY	10:29	00:32:35.59
9	278/414	164/225	120	Keith Haft	47	Male	Commack	NY	10:30	00:32:39.24
10	320/414	188/225	38	Chet Bogdan	55	Male	New York	NY	11:45	00:36:31.11
11	338/414	198/225	204	Wayne Norberg	57	Male	South Hempstead	NY	12:22	00:38:26.85
12	350/414	203/225	86	Gordon Dollack	60	Male	N. Babylon	NY	12:45	00:39:37.10
13	409/414	221/225	33	Frederick Benlein	49	Male	Farmingdale	NY	18:04	00:56:09.40
14	414/414	225/225	352	David Kaplan	49	Male	Glen Cove	NY	20:43	01:04:24.01

Female Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	67/414	14/189	121	Corrine Hall	14	Female	Manhasset	NY	7:32	00:23:26.21
2	108/414	25/189	334	Sarah Thornton	11	Female	Stony Brook	NY	8:09	00:25:21.81
3	113/414	27/189	447	Noelle Prisco	14	Female	Bethpage	NY	8:10	00:25:24.04
4	190/414	62/189	290	Celia Walden	13	Female	Centerport	NY	9:13	00:28:39.52
5	236/414	89/189	398	Jackie Pappas	13	Female	West Islip	NY	9:49	00:30:30.65
6	266/414	105/189	231	Lauren Redelman	11	Female	Melville	NY	10:17	00:31:58.68
7	276/414	114/189	403	Diana Fogel	11	Female	Dix Hills	NY	10:29	00:32:35.09
8	318/414	132/189	88	Jessica Ehrlich	13	Female	Franklin Square	NY	11:29	00:35:42.77
9	363/414	156/189	232	Emily Redelman	7	Female	Melville	NY	13:32	00:42:04.47
10	364/414	157/189	274	Lily Stein	11	Female	Huntington Statio	NY	13:32	00:42:04.86
11	386/414	172/189	276	Brenna Sullivan	14	Female	Islip Terrace	NY	15:17	00:47:31.12

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Male Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	17/414	16/225	333	Jack Thornton	11	Male	Stony Brook	NY	6:40	00:20:43.44
2	46/414	40/225	254	Johnny Schmuck	10	Male	Westbury	NY	7:14	00:22:28.72
3	79/414	62/225	346	Michael Cappeller	14	Male	Mineola	NY	7:50	00:24:22.57
4	86/414	69/225	302	Kevin Zhang	12	Male	Jericho	NY	7:54	00:24:34.48
5	92/414	74/225	175	Christian Mackey	12	Male	Jericho	NY	7:57	00:24:42.83
6	105/414	82/225	405	Matthew Barresi	13	Male	Farmingdale	NY	8:08	00:25:17.49
7	162/414	116/225	416	Robert Modica	13	Male	Massapequa	NY	8:55	00:27:44.14
8	182/414	123/225	383	Gabriel Levy	14	Male	Plainview	NY	9:09	00:28:25.82
9	229/414	145/225	406	Christopher Barresi	10	Male	Farmingdale	NY	9:42	00:30:09.50
10	294/414	175/225	273	Henry Stein	9	Male	Huntington Statio	NY	10:59	00:34:09.18
11	306/414	180/225	446	Ryan Prisco	10	Male	Bethpage	NY	11:15	00:34:57.90
12	307/414	181/225	414	Mark Modica	10	Male	Massapequa	NY	11:15	00:34:58.08
13	308/414	182/225	410	Adam Lindner	11	Male	West Babylon	NY	11:15	00:34:58.50
14	349/414	202/225	409	Michael Lindner	11	Male	West Babylon	NY	12:43	00:39:32.04
15	370/414	209/225	402	Hayden Fpgel	8	Male	Dix Hills	NY	13:39	00:42:27.11
16	377/414	213/225	408	Derek Lindner	12	Male	West Babylon	NY	14:33	00:45:14.08

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	37/414	3/189	392	Joanna Desousa	15	Female	Massapequa	NY	7:07	00:22:07.81
2	51/414	9/189	165	Katie Law	15	Female	Bethpage	NY	7:17	00:22:37.81
3	69/414	15/189	213	Alyssa Palumbo	16	Female	Dix Hills	NY	7:33	00:23:29.81
4	71/414	16/189	170	Stephanie Locicero	17	Female	Syosset	NY	7:34	00:23:33.07
5	96/414	19/189	426	Natalie Weintraub	18	Female	Hewlett	NY	7:57	00:24:43.89
6	100/414	22/189	427	Elissa Candiotti	18	Female	Hewlett	NY	7:59	00:24:50.06
7	124/414	32/189	417	Emily Leath	15	Female	Lake Ronkonkorr	NY	8:21	00:25:56.82
8	205/414	69/189	378	Emma Price	16	Female	Woodbury	NY	9:22	00:29:06.68
9	287/414	118/189	19	Daniela Arias	18	Female	Dix Hills	NY	10:45	00:33:26.09
10	378/414	165/189	451	Brittney Barnett	15	Female	Smithtown	NY	14:35	00:45:21.59

Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	3/414	3/225	299	Travis Wooten	17	Male	Riverhead	NY	5:37	00:17:29.98
2	36/414	34/225	393	Nicholas Pugliano	15	Male	Bethpage	NY	7:06	00:22:05.25
3	49/414	42/225	164	Justin Law	17	Male	Bethpage	NY	7:15	00:22:33.56
4	139/414	104/225	73	Alex Cosenza	17	Male	Massapequa Par	NY	8:32	00:26:33.28
5	238/414	149/225	367	Harrison Kahn	15	Male	Plainview	NY	9:50	00:30:33.91
6	323/414	189/225	434	Jordan Willett	18	Male	Wading River	NY	11:47	00:36:37.81
7	361/414	206/225	257	Yash Shah	17	Male	Westbury	NY	13:31	00:42:02.29
8	362/414	207/225	300	Faraz Yousuf	17	Male	Westbury	NY	13:31	00:42:02.29

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Overall Division Results

5K Run

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	112/414	26/189	234	Madalena Resca	24	Female	Bellmore	NY	8:10	00:25:23.82
2	120/414	30/189	65	Clara Choi	23	Female	Manhasset	NY	8:19	00:25:51.57
3	166/414	50/189	166	Kerianne Leath	23	Female	Ronkonkoma	NY	8:56	00:27:48.43
4	221/414	80/189	112	Samantha Garrabrant	22	Female	Plainsboro	NJ	9:36	00:29:50.50
5	231/414	85/189	436	Kristi Wilken	22	Female	Holtsville	NY	9:44	00:30:15.08
6	321/414	133/189	39	Michelle Bogdan	22	Female	New York	NY	11:45	00:36:31.46
7	332/414	137/189	445	Danielle Barrett	23	Female	Smithtown	NY	12:06	00:37:36.81
8	351/414	148/189	18	Tatiana Arias	20	Female	Dix Hills	NY	12:46	00:39:41.85
9	356/414	151/189	137	Caitlin Hunt	22	Female	Holbrook	NY	13:07	00:40:48.11
10	358/414	153/189	149	Chelsea Johnson	22	Female	Bethpage	NY	13:08	00:40:49.21
11	379/414	166/189	97	Vera Fichtelberg	23	Female	Hicksville	NY	14:38	00:45:29.94

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	177/414	122/225	125	James Hand	23	Male	East Islip	NY	9:04	00:28:11.56
2	218/414	140/225	210	Chris Otten	23	Male	East Islip	NY	9:34	00:29:46.01
3	226/414	143/225	25	Bryan Arzberger	24	Male	Levittown	NY	9:38	00:29:56.01
4	283/414	168/225	215	Ketan Panchal	24	Male	Syosset	NY	10:40	00:33:10.23
5	346/414	201/225	441	Minkee Sung	23	Male	Syosset	NY	12:31	00:38:55.17
6	411/414	223/225	136	Bryan Hunt	24	Male	Holbrook	NY	20:36	01:04:01.11

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	53/414	10/189	41	Lisa Bonanni	26	Female	Selden	NY	7:17	00:22:39.06
2	107/414	24/189	305	Susan Anderson	26	Female	Syosset	NY	8:09	00:25:21.41
3	151/414	43/189	188	Kaitlyn Mckenna	27	Female	Massapequa	NY	8:45	00:27:11.82
4	186/414	60/189	323	Jennifer Randone	26	Female	South Huntington	NY	9:11	00:28:32.77
5	246/414	94/189	189	Mary Mckenna	25	Female	Massapequa	NY	9:57	00:30:57.70
6	255/414	98/189	30	Katherine Becerra	25	Female	Glen Cove	NY	10:06	00:31:23.84
7	259/414	101/189	419	Katy Pearce	28	Female	Huntington	NY	10:10	00:31:35.58
8	261/414	102/189	429	Kristine Renigen	28	Female	New Hyde Park	NY	10:12	00:31:43.19
9	331/414	136/189	268	Laura Softy	29	Female	Bethpage	NY	12:05	00:37:32.74
10	348/414	147/189	60	Kristin Castellano	25	Female	Wading River	NY	12:42	00:39:30.20
11	359/414	154/189	127	Lauren Hanly	29	Female	Seaford	NY	13:11	00:40:58.91

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	39/414	36/225	420	Billy Pearce	29	Male	Huntington	NY	7:10	00:22:17.27
2	45/414	39/225	391	Ryan Morimando	29	Male	Bayshore	NY	7:14	00:22:28.48
3	66/414	53/225	395	Ryan Hardy-Evans	29	Male	Mastic	NY	7:31	00:23:21.44
4	103/414	80/225	24	Jeffrey Arzberger	28	Male	Levittown	NY	8:07	00:25:13.82
5	152/414	109/225	79	Robert Degennaro	27	Male	Hicksville	NY	8:45	00:27:11.94
6	220/414	141/225	450	Jason Barnett	26	Male	Smithtown	NY	9:36	00:29:49.85
7	243/414	151/225	285	Teddy Tohrs	25	Male	Baldwin	NY	9:52	00:30:39.82
8	395/414	217/225	142	Derek Ives	28	Male	Hoboken	NJ	16:51	00:52:21.98
9	396/414	218/225	59	Keith Cassidy	27	Male	Hoboken	NJ	16:52	00:52:24.80
10	397/414	219/225	36	Mike Bocchinfuso	28	Male	Forest Hills	NY	16:52	00:52:26.04

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Overall Division Results

5K Run

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	87/414	18/189	314	Amanda Hall	31	Female	Huntington Sta	NY	7:54	00:24:34.49
2	181/414	59/189	342	Mary Muffett	33	Female	New York	NY	9:08	00:28:24.43
3	189/414	61/189	147	Nao Joe	34	Female	Hicksville	NY	9:12	00:28:36.82
4	206/414	70/189	211	Guzide Ozbek	30	Female	Merrick	NY	9:22	00:29:08.51
5	224/414	82/189	387	Heidi Goldberg	33	Female	Flushing	NY	9:37	00:29:55.08
6	241/414	91/189	191	Danielle Mebert	31	Female	Ridgewood	NY	9:51	00:30:38.80
7	274/414	113/189	23	Melissa Arzberger	30	Female	Levittown	NY	10:28	00:32:33.75
8	300/414	124/189	247	Lina Sabino	34	Female	Melville	NY	11:06	00:34:31.14
9	322/414	134/189	267	Heather Softy	31	Female	Bethpage	NY	11:46	00:36:34.55
10	340/414	141/189	139	Larissa Hyde	34	Female	Deer Park	NY	12:23	00:38:29.86
11	373/414	163/189	229	Jennifer Raheb	33	Female	Howard Beach	NY	13:52	00:43:06.51
12	381/414	168/189	225	Pilin Posada	30	Female	Dix Hills	NY	14:46	00:45:55.05
13	399/414	180/189	35	Caroline Binder	30	Female	Forest Hills	NY	16:53	00:52:29.64

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	6/414	6/225	365	Ronald Joseph	30	Male	Far Rockaway	NY	6:02	00:18:45.85
2	18/414	17/225	370	David Drebsky	33	Male	Plainview	NY	6:42	00:20:51.17
3	28/414	26/225	168	Marc Liebman	31	Male	Woodbury	NY	6:49	00:21:11.05
4	29/414	27/225	178	Dave Mann	31	Male	Brooklyn	NY	6:54	00:21:27.80
5	34/414	32/225	146	David Joe	33	Male	Hicksville	NY	7:02	00:21:52.80
6	58/414	47/225	17	Dave Anderson	31	Male	Forest Hills	NY	7:21	00:22:51.96
7	88/414	70/225	152	Bryan Jonas	30	Male	Jericho	NY	7:55	00:24:36.48
8	142/414	106/225	77	Tianzhi Cui	33	Male	Glen Cove	NY	8:38	00:26:49.54
9	235/414	147/225	310	Eric Fried	31	Male	Forest Hills	NY	9:48	00:30:29.64
10	301/414	177/225	239	Matthew Romano	32	Male	Melville	NY	11:06	00:34:31.78

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	27/414	2/189	47	Kelly Bregou	36	Female	New York	NY	6:48	00:21:10.10
2	61/414	12/189	81	Mary-Jo Depaoli	39	Female	Hicksville	NY	7:24	00:23:01.54
3	97/414	20/189	207	Lauren Osei	35	Female	Jericho	NY	7:57	00:24:44.81
4	102/414	23/189	108	Karen Friedman	37	Female	Plainview	NY	8:07	00:25:13.24
5	150/414	42/189	145	Yonghee Joe	37	Female	Brooklyn	NY	8:44	00:27:10.57
6	178/414	56/189	74	Michelle Coyne	35	Female	Bayport	NY	9:07	00:28:22.57
7	208/414	71/189	296	Isabel Wilimczyk	36	Female	Copiague	NY	9:24	00:29:14.58
8	233/414	87/189	7	Sasha Abraham	39	Female	Huntington Statio	NY	9:45	00:30:18.83
9	239/414	90/189	129	Julie Harris	37	Female	Seaford	NY	9:51	00:30:38.19
10	267/414	106/189	284	Maureen Thompson	38	Female	Plainview	NY	10:17	00:31:59.29
11	272/414	111/189	55	Patricia Cacioppo	39	Female	Douglaston	NY	10:24	00:32:19.24
12	314/414	129/189	325	Wanda Small	37	Female	East Meadow	NY	11:22	00:35:20.66

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	8/414	8/225	363	Steven Weiss	37	Male	Plainview	NY	6:19	00:19:39.94
2	23/414	22/225	440	Romulo Brito	35	Male	Hempstead	NY	6:45	00:21:00.80
3	64/414	51/225	117	Matthew Gregory	39	Male	Plainview	NY	7:30	00:23:18.87
4	184/414	125/225	8	Aaron Stein	39	Male	Huntington Statio	NY	9:10	00:28:30.13
5	374/414	211/225	454	Rob Larocca	36	Male	Copiague	NY	13:52	00:43:06.52

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Overall Division Results

5K Run

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	43/414	6/189	379	Nicole Berry	42	Female	Setauket	NY	7:13	00:22:25.63
2	73/414	17/189	283	Jenney Tesoriero	42	Female	Westbury	NY	7:38	00:23:44.69
3	179/414	57/189	14	Tammi Allegra	44	Female	Oceanside	NY	9:08	00:28:22.82
4	242/414	92/189	185	Kim McGreevey	44	Female	Nesconset	NY	9:52	00:30:39.58
5	271/414	110/189	183	Nina Mccann	42	Female	Williston Park	NY	10:23	00:32:17.02
6	298/414	122/189	85	Tracy Dobkin	41	Female	New Hyde Park	NY	11:04	00:34:24.19
7	316/414	130/189	415	Denise Modica	42	Female	Massapequa	NY	11:24	00:35:27.09
8	369/414	161/189	104	Rachel Fogel	41	Female	Huntington Statio	NY	13:39	00:42:26.97
9	376/414	164/189	404	Colleen Barresi	43	Female	Farmingdale	NY	14:12	00:44:07.55

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	5/414	5/225	243	Todd Rowley	43	Male	Huntington	NY	5:45	00:17:54.03
2	7/414	7/225	380	Stephen Laffey	40	Male	Flushing	NY	6:05	00:18:55.80
3	19/414	18/225	413	Hector Jaramillo	42	Male	Baldwin	NY	6:43	00:20:52.40
4	21/414	20/225	308	Doug Bernstein	42	Male	Great Neck	NY	6:45	00:20:59.55
5	25/414	24/225	13	Tom Aiello	40	Male	Copiague	NY	6:48	00:21:07.67
6	80/414	63/225	326	David Stang	42	Male	Babylon	NY	7:51	00:24:23.46
7	91/414	73/225	173	George Lombardo	43	Male	Plainview	NY	7:57	00:24:42.25
8	104/414	81/225	122	David Hall	44	Male	Manhasset	NY	8:07	00:25:14.46
9	118/414	89/225	160	Marc Kornheiser	44	Male	Queens	NY	8:16	00:25:42.12
10	127/414	95/225	103	Brian Fogel	42	Male	Huntington Statio	NY	8:23	00:26:03.82
11	169/414	118/225	390	Jim Keane	42	Male	Flushing	NY	9:00	00:28:00.55
12	191/414	129/225	181	Daniel Max	41	Male	Plainview	NY	9:15	00:28:45.03
13	196/414	130/225	354	Tommy Williams	40	Male	Bethpage	NY	9:17	00:28:53.57
14	240/414	150/225	130	Frank Harris	43	Male	Seaford	NY	9:51	00:30:38.64
15	275/414	162/225	199	Nicholas Moustouka	43	Male	Dix Hills	NY	10:29	00:32:35.09

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	50/414	8/189	324	Patty Santella	45	Female	Syosset	NY	7:16	00:22:36.43
2	156/414	45/189	176	Suzanne Manaseri	46	Female	Huntington Statio	NY	8:47	00:27:19.82
3	164/414	48/189	15	Christine Amodio	46	Female	East Islip	NY	8:55	00:27:44.76
4	165/414	49/189	248	Pamela Salamone	46	Female	Farmingville	NY	8:56	00:27:47.20
5	171/414	52/189	171	Gabriella Locicero	47	Female	Syosset	NY	9:02	00:28:05.27
6	200/414	68/189	214	Maureen Palumbo	45	Female	Dix Hills	NY	9:19	00:28:58.53
7	213/414	74/189	382	Elizabeth Lamanna	45	Female	Floral Park	NY	9:30	00:29:31.60
8	215/414	76/189	431	Marina Castellán	45	Female	Hempstead	NY	9:32	00:29:38.27
9	227/414	84/189	327	Erica Stang	45	Female	Babylon	NY	9:40	00:30:03.61
10	234/414	88/189	317	Michele Mac Mahon	46	Female	Oceanside	NY	9:46	00:30:21.07
11	249/414	96/189	93	Jacqueline Fagan	46	Female	Long Beach	NY	10:02	00:31:10.98
12	297/414	121/189	64	Marie Certa	47	Female	Franklin Square	NY	11:04	00:34:23.09
13	368/414	160/189	443	Joann Prisco	46	Female	Bethpage	NY	13:39	00:42:25.11
14	385/414	171/189	281	Kathleen Sullivan	48	Female	Massapequa Par	NY	15:17	00:47:30.76
15	391/414	176/189	407	Francine Lindner	49	Female	West Babylon	NY	16:04	00:49:55.19
16	402/414	183/189	423	Regina Manfre	47	Female	Manorville	NY	17:32	00:54:28.65
17	404/414	184/189	389	Laura Greenberg	49	Female	Dix Hills	NY	17:41	00:54:56.89
18	407/414	187/189	51	Judith Brooks	45	Female	Washingtonville	NY	17:50	00:55:26.14
19	413/414	189/189	135	Lisa Hunt	48	Female	Holbrook	NY	20:36	01:04:01.67

Blue Ribbon Run For Prostate Cancer 5K

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Overall Division Results

5K Run

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	4/414	4/225	295	Wil Widman Jr.	49	Male	N. Babylon	NY	5:42	00:17:45.05
2	11/414	11/225	223	Michael Piscitelli	47	Male	Northport	NY	6:30	00:20:13.80
3	48/414	41/225	128	Thomas Harrington	49	Male	Smithtown	NY	7:14	00:22:31.46
4	54/414	44/225	163	Wai Law	47	Male	Bethpage	NY	7:17	00:22:39.46
5	56/414	46/225	397	John Antinora	48	Male	Hicksville	NY	7:20	00:22:48.81
6	72/414	56/225	449	Andrew Pesner	46	Male	Melville	NY	7:34	00:23:33.54
7	74/414	57/225	123	Philip Hamid	47	Male	Richmond	NY	7:39	00:23:47.56
8	78/414	61/225	372	Mike Vulpis	46	Male	Islip Terrace	NY	7:48	00:24:16.70
9	83/414	66/225	289	Ben Walden	46	Male	Centerport	NY	7:51	00:24:25.45
10	89/414	71/225	50	Michael Brooks	46	Male	Washingtonville	NY	7:55	00:24:38.58
11	110/414	85/225	58	Kenneth Carsten	47	Male	Melville	NY	8:10	00:25:23.23
12	129/414	97/225	110	Eric Fuchsman	47	Male	Melville	NY	8:25	00:26:10.12
13	131/414	99/225	430	Mark Temkin	46	Male	Plainview	NY	8:28	00:26:21.07
14	202/414	134/225	263	Jerrold Silverman	49	Male	Huntington	NY	9:20	00:29:00.17
15	244/414	152/225	84	Brian Dobkin	47	Male	New Hyde Park	NY	9:54	00:30:46.84
16	248/414	153/225	277	Mark Sullivan	46	Male	Islip Terrace	NY	10:00	00:31:05.06
17	250/414	154/225	425	Richard Cotler	47	Male	Syosset	NY	10:02	00:31:11.19
18	265/414	161/225	233	Jeffrey Redelman	47	Male	Melville	NY	10:17	00:31:57.59
19	312/414	184/225	76	Charles Crowe	46	Male	Deer Park	NY	11:19	00:35:11.60

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	57/414	11/189	381	Mary Lenzi	53	Female	Hauppauge	NY	7:20	00:22:49.50
2	63/414	13/189	288	Dee Vogt	53	Female	Huntington	NY	7:29	00:23:17.44
3	114/414	28/189	132	Lisa Hiller	51	Female	East Hills	NY	8:11	00:25:25.57
4	143/414	37/189	202	Kathy Neuman	51	Female	Plainview	NY	8:38	00:26:50.52
5	147/414	39/189	311	Sheri Gaitings	52	Female	Huntington	NY	8:41	00:27:00.07
6	148/414	40/189	376	Joann Distler	52	Female	Merrick	NY	8:43	00:27:08.06
7	163/414	47/189	424	Anita Vonhimmel	52	Female	Levittown	NY	8:55	00:27:44.55
8	172/414	53/189	394	Maria Fucella	53	Female	Levittown	NY	9:02	00:28:06.57
9	194/414	65/189	399	Mary O'Shea	51	Female	Centerport	NY	9:17	00:28:50.96
10	195/414	66/189	45	Leslie Braun	54	Female	Dix Hills	NY	9:17	00:28:52.40
11	217/414	78/189	217	Michele Paoli	52	Female	Seaford	NY	9:34	00:29:44.58
12	262/414	103/189	358	Valerie Margolin	53	Female	Woodbury	NY	10:13	00:31:45.01
13	282/414	115/189	200	Kathy Mullen	54	Female	Port Washington	NY	10:39	00:33:07.71
14	286/414	117/189	218	Cathy Papandrew	50	Female	Lynbrook	NY	10:42	00:33:17.58
15	317/414	131/189	303	Caryn Zilka	52	Female	Wantagh	NY	11:25	00:35:28.72
16	342/414	143/189	357	Laurie Crossman	50	Female	Centerport	NY	12:25	00:38:37.67
17	343/414	144/189	61	Margaret Castellano	53	Female	Wading River	NY	12:28	00:38:45.10
18	345/414	145/189	401	Kathy Ianno	51	Female	West Islip	NY	12:29	00:38:49.26
19	357/414	152/189	448	Lori Barnett	52	Female	Smithtown	NY	13:07	00:40:48.19
20	392/414	177/189	10	Teresa Alvarez	53	Female	Bethpage	NY	16:14	00:50:27.58
21	398/414	179/189	206	Mary Ellen O' Reilly	51	Female	Hicksville	NY	16:52	00:52:27.14
22	405/414	185/189	374	Lisa Kuba	52	Female	Syosset	NY	17:41	00:54:57.09
23	406/414	186/189	2	Diana Mitchnick	52	Female	Dix Hills	NY	17:41	00:54:59.52

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Overall Division Results

5K Run

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	15/414	14/225	40	Paul Bonanni	53	Male	Selden	NY	6:37	00:20:35.93
2	16/414	15/225	400	Bernardo Castellanos	50	Male	Brooklyn	NY	6:39	00:20:40.80
3	20/414	19/225	368	Ju Jen Lai	50	Male	Calverton	NY	6:44	00:20:56.89
4	22/414	21/225	348	Rob Fried	52	Male	Great Neck	NY	6:45	00:20:59.80
5	35/414	33/225	236	Gary Ringel	54	Male	New Hyde Park	NY	7:04	00:21:58.91
6	42/414	37/225	316	Konrad Klechta	52	Male	Copiague	NY	7:12	00:22:24.20
7	44/414	38/225	167	Peter Levy	52	Male	Jericho	NY	7:13	00:22:26.42
8	62/414	50/225	237	Richard Ripke	51	Male	Selden	NY	7:27	00:23:09.06
9	70/414	55/225	16	Mark Amodio	50	Male	East Islip	NY	7:34	00:23:31.10
10	90/414	72/225	329	Forrest Traub	51	Male	Jericho	NY	7:56	00:24:39.82
11	95/414	77/225	375	Alan Hlavenka	53	Male	Seaford	NY	7:57	00:24:43.69
12	119/414	90/225	138	Patrick Hunt Jr.	50	Male	Holbrook	NY	8:17	00:25:44.22
13	123/414	92/225	388	Patrick Quinn	53	Male	Syosset	NY	8:20	00:25:56.21
14	126/414	94/225	153	Steve Kaden	50	Male	Syosset	NY	8:22	00:26:00.70
15	140/414	105/225	182	Robert Mayer	54	Male	Douglaston	NY	8:36	00:26:43.82
16	157/414	112/225	369	John Lamanna	54	Male	Oceanside	NY	8:49	00:27:25.81
17	174/414	121/225	312	Jon Greenberg	51	Male	Dix Hills	NY	9:03	00:28:08.13
18	197/414	131/225	258	Robert Shaller	52	Male	Douglaston	NY	9:19	00:28:56.82
19	210/414	138/225	246	Gerard Ruiz	54	Male	Queens Village	NY	9:26	00:29:19.50
20	228/414	144/225	294	Irwin Weiss	54	Male	Long Beach	NY	9:41	00:30:05.58
21	279/414	165/225	158	Robert Koenig	51	Male	Levittown	NY	10:31	00:32:42.67
22	281/414	167/225	1	Eric Mitchnick	51	Male	Dix Hills	NY	10:39	00:33:05.59
23	288/414	170/225	280	David Sullivan	50	Male	Massapequa Par	NY	10:46	00:33:27.59
24	290/414	171/225	359	Lance Margolin	54	Male	Woodbury	NY	10:50	00:33:39.84
25	313/414	185/225	216	Girish Panchal	54	Male	Syosset	NY	11:19	00:35:12.10
26	325/414	191/225	411	John Haslbauer	53	Male	Port Washington	NY	11:47	00:36:38.60
27	355/414	205/225	452	Glenn Barnett	54	Male	Smithtown	NY	13:07	00:40:48.11
28	412/414	224/225	224	John Pizzingrillo	52	Male	Holbrook	NY	20:36	01:04:01.42

Blue Ribbon Run For Prostate Cancer 5K

November 17, 2013

Overall Division Results

5K Run

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	41/414	5/189	209	Linda Ottaviano	58	Female	Cold Spring Harb	NY	7:11	00:22:21.73
2	47/414	7/189	269	Kim Solomine	56	Female	Syosset	NY	7:14	00:22:30.50
3	99/414	21/189	106	Mary Fraker	57	Female	East Northport	NY	7:59	00:24:49.47
4	149/414	41/189	75	Susan Critz	55	Female	Islip	NY	8:44	00:27:08.82
5	154/414	44/189	353	Janice Brown	58	Female	North Woodmere	NY	8:47	00:27:18.25
6	193/414	64/189	306	Judy Baum	57	Female	Glen Head	NY	9:15	00:28:46.46
7	199/414	67/189	12	Janette Ackman	57	Female	Douglaston	NY	9:19	00:28:57.40
8	214/414	75/189	418	Suanne Kowal-Connelly	56	Female	Baldwin	NY	9:31	00:29:36.88
9	219/414	79/189	241	Donna Rosen	57	Female	Woodbury	NY	9:35	00:29:48.26
10	223/414	81/189	396	Karen Wentz	55	Female	W Hempstead	NY	9:37	00:29:53.61
11	245/414	93/189	5	Rhonda Samuel	58	Female	Woodbury	NY	9:56	00:30:52.27
12	247/414	95/189	95	Maria Ferraro	56	Female	Floral Park	NY	9:58	00:30:58.64
13	251/414	97/189	250	Carol Sandquist	56	Female	Garden City	NY	10:03	00:31:14.83
14	257/414	100/189	187	Karen Mckenna	55	Female	Massapequa	NY	10:08	00:31:31.58
15	269/414	108/189	56	Rosemary Camilleri	59	Female	Sayville	NY	10:20	00:32:09.27
16	270/414	109/189	264	Beth Silverman	56	Female	Huntington	NY	10:22	00:32:12.94
17	273/414	112/189	293	Pamela Weess	55	Female	Great Neck	NY	10:25	00:32:24.10
18	284/414	116/189	89	Kerin Engel	55	Female	Lindenhurst	NY	10:41	00:33:13.30
19	299/414	123/189	266	Carolyn Singer	55	Female	Syosset	NY	11:05	00:34:28.84
20	310/414	127/189	240	Barbara Ronzetti	56	Female	East Northport	NY	11:18	00:35:09.59
21	327/414	135/189	190	Laurie Mcmillen	57	Female	Sayville	NY	11:53	00:36:56.60
22	353/414	150/189	251	Cynthia Sanico	56	Female	Glen Head	NY	12:53	00:40:02.52
23	372/414	162/189	141	Martha Ironman	57	Female	Huntington Statio	NY	13:50	00:43:00.02
24	380/414	167/189	98	Patricia Fichtelberg	58	Female	Hicksville	NY	14:38	00:45:30.85
25	390/414	175/189	238	Alice Rogers	58	Female	Merrick	NY	15:41	00:48:45.25
26	400/414	181/189	9	Karen Hohlman	58	Female	Melville	NY	16:53	00:52:30.23

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Overall Division Results

5K Run

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	9/414	9/225	292	Jon Wallach	57	Male	Levittown	NY	6:28	00:20:07.96
2	10/414	10/225	26	Mike Baard	58	Male	Merrick	NY	6:30	00:20:12.20
3	12/414	12/225	83	Patrick Diskin	58	Male	Mineola	NY	6:30	00:20:14.23
4	24/414	23/225	96	Tod Fichtelberg	55	Male	Kings Park	NY	6:46	00:21:04.12
5	30/414	28/225	203	Joe Ninesling	59	Male	Amityville	NY	6:56	00:21:33.73
6	31/414	29/225	298	Glen Wolther	56	Male	Jericho	NY	6:57	00:21:37.14
7	32/414	30/225	114	Jonathan Golden	59	Male	Glen Head	NY	6:58	00:21:39.90
8	38/414	35/225	161	Louis Lafleur	57	Male	Holbrook	NY	7:07	00:22:08.50
9	59/414	48/225	157	John Koehler	55	Male	West Hempstead	NY	7:22	00:22:55.22
10	68/414	54/225	422	Peter Inserra	55	Male	Northport	NY	7:33	00:23:28.56
11	77/414	60/225	184	James Mcdougall	58	Male	Ronkonkoma	NY	7:46	00:24:09.59
12	85/414	68/225	34	Larry Bienenfeld	56	Male	Plainview	NY	7:53	00:24:32.70
13	94/414	76/225	219	Russ Parker	57	Male	East Northport	NY	7:57	00:24:43.28
14	106/414	83/225	313	Bill Guichard	58	Male	Huntington	NY	8:08	00:25:18.74
15	144/414	107/225	442	Al Engelsher	56	Male	Huntington	NY	8:39	00:26:53.40
16	153/414	110/225	366	Scott Spar	55	Male	Massapequa	NY	8:45	00:27:14.18
17	155/414	111/225	349	Jesus Estaba	58	Male	Brooklyn	NY	8:47	00:27:18.57
18	185/414	126/225	384	Howard Rabin	55	Male	Plainview	NY	9:10	00:28:30.53
19	201/414	133/225	148	James Johnson	59	Male	East Northport	NY	9:19	00:28:59.07
20	203/414	135/225	230	Mike Randone	55	Male	S. Huntington	NY	9:20	00:29:00.58
21	207/414	137/225	177	Howie Mann	58	Male	Roslyn Hts	NY	9:24	00:29:13.00
22	211/414	139/225	271	Michael Speiller	59	Male	East Northport	NY	9:26	00:29:20.50
23	253/414	156/225	113	Steve Gerson	55	Male	East Meadow	NY	10:04	00:31:16.65
24	258/414	158/225	340	Jeffrey Haberman	55	Male	Woodbury	NY	10:09	00:31:33.82
25	260/414	159/225	322	Henry Orlik	55	Male	Massapequa	NY	10:10	00:31:36.47
26	293/414	174/225	261	Dane Sidi	58	Male	Plainview	NY	10:54	00:33:54.09
27	302/414	178/225	351	Scott Ringfield	58	Male	Saint James	NY	11:08	00:34:37.46
28	309/414	183/225	6	Eric Gelfand	56	Male	Woodbury	NY	11:17	00:35:06.23
29	328/414	193/225	235	Mitchell Rich	59	Male	Merrick	NY	12:00	00:37:17.66
30	339/414	199/225	186	John Mckenna	57	Male	Massapequa	NY	12:23	00:38:29.73
31	344/414	200/225	245	Scott Rubin	58	Male	Woodbury	NY	12:29	00:38:48.04
32	354/414	204/225	421	Howard Goldman	57	Male	Holtsville	NY	13:02	00:40:32.49
33	389/414	215/225	244	Marshall Rubin	55	Male	Mohegan Lake	NY	15:34	00:48:23.05

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	115/414	29/189	338	Pamela Lee	60	Female	Syosset	NY	8:11	00:25:26.30
2	133/414	34/189	412	Jacqueline Seltzer	62	Female	New York	NY	8:29	00:26:23.53
3	138/414	35/189	111	Joanne Gallo	64	Female	Oyster Bay	NY	8:32	00:26:33.27
4	145/414	38/189	297	Gloria Withus	63	Female	Brentwood	NY	8:39	00:26:55.02
5	180/414	58/189	304	Shari Zimmerman	61	Female	Westbury	NY	9:08	00:28:23.02
6	209/414	72/189	220	Debra Pennacchio	60	Female	Holbrook	NY	9:24	00:29:15.03
7	216/414	77/189	99	Anne Fitzgibbon	64	Female	Glen Cove	NY	9:33	00:29:40.90
8	232/414	86/189	57	Patricia Carroll	62	Female	West Islip	NY	9:44	00:30:16.19
9	303/414	125/189	265	Linda Simon	60	Female	Jericho	NY	11:09	00:34:39.69
10	336/414	139/189	91	Linda Engle	60	Female	Great Neck	NY	12:17	00:38:10.22
11	393/414	178/189	330	Cheryl Weiss	63	Female	Rockville Center	NY	16:35	00:51:32.70
12	401/414	182/189	432	Laurel Longshore	62	Female	Dix Hills	NY	17:31	00:54:27.26
13	408/414	188/189	196	Lori Mlodzinski	60	Female	Holbrook	NY	17:50	00:55:26.65

Blue Ribbon Run For Prostate Cancer 5K

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Overall Division Results

5K Run

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	65/414	52/225	355	Dan Kulchinsky	64	Male	Melville	NY	7:30	00:23:19.27
2	81/414	64/225	208	Steven O ' Shaughnessy	60	Male	Huntington	NY	7:51	00:24:24.41
3	98/414	78/225	321	Glenn Morse	64	Male	Massapequa	NY	7:58	00:24:45.53
4	101/414	79/225	151	Steven Jonas	61	Male	Woodbury	NY	8:05	00:25:06.91
5	109/414	84/225	228	Robert Raab	63	Male	Rockville Centre	NY	8:09	00:25:22.22
6	116/414	87/225	221	Dennis Peterson	62	Male	Huntington	NY	8:11	00:25:26.82
7	146/414	108/225	371	Philip Cicero	62	Male	Massapequa	NY	8:41	00:26:59.28
8	158/414	113/225	287	Oscar Urquiola	64	Male	New York	NY	8:49	00:27:25.81
9	183/414	124/225	195	Ben Milone	64	Male	Ozone Park	NY	9:09	00:28:27.88
10	188/414	128/225	31	Ira Bellach	61	Male	Syosset	NY	9:12	00:28:35.64
11	198/414	132/225	194	Stephen Mighdoll	61	Male	Roslyn	NY	9:19	00:28:56.98
12	204/414	136/225	53	Kevin Byrne	64	Male	Hicksville	NY	9:20	00:29:02.22
13	222/414	142/225	133	Frank Hoens	64	Male	Goshen	NY	9:37	00:29:53.14
14	280/414	166/225	72	Thomas Conley	62	Male	Merrick	NY	10:37	00:33:01.05
15	291/414	172/225	22	Robert Arzberger	60	Male	Levittown	NY	10:50	00:33:40.15
16	295/414	176/225	105	Joseph Folks	60	Male	East Patchogue	NY	11:01	00:34:15.72
17	319/414	187/225	90	Alan Engle	60	Male	Great Neck	NY	11:37	00:36:07.09
18	326/414	192/225	361	Jack Buck	61	Male	Westbury	NY	11:48	00:36:40.85
19	329/414	194/225	373	Jay Szerencsy	64	Male	Oceanside	NY	12:01	00:37:22.68
20	403/414	220/225	433	Julius Longshome	61	Male	Dix Hills	NY	17:32	00:54:29.08
21	410/414	222/225	435	Anthony Castellano	61	Male	Wading River	NY	18:05	00:56:11.11

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	176/414	55/189	42	Hilory Boucher	68	Female	Northport	NY	9:03	00:28:10.17
2	192/414	63/189	256	Constance Sehlmeier	68	Female	Syosset	NY	9:15	00:28:46.46
3	268/414	107/189	63	Jeri Cavagnaro	66	Female	Locust Valley	NY	10:19	00:32:04.59
4	296/414	120/189	286	Maureen Traxler	65	Female	Garden City	NY	11:03	00:34:21.97
5	333/414	138/189	32	Sherry Bellovin	66	Female	N. Massapequa	NY	12:13	00:37:59.10
6	367/414	159/189	44	Susan Brahms	69	Female	Syosset	NY	13:37	00:42:20.02

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	52/414	43/225	144	Barry Jerson	65	Male	Plainview	NY	7:17	00:22:38.48
2	75/414	58/225	109	David Frisone	68	Male	New Hyde Park	NY	7:42	00:23:56.45
3	93/414	75/225	101	Michael Floman	69	Male	Bayside	NY	7:57	00:24:43.28
4	111/414	86/225	347	Gabriel Hickey	65	Male	Bethpage	NY	8:10	00:25:23.43
5	121/414	91/225	193	Christopher Miceli	67	Male	Williston Park	NY	8:20	00:25:53.57
6	159/414	114/225	301	Perry Zeichner	65	Male	Brightwaters	NY	8:50	00:27:29.52
7	252/414	155/225	255	David Schneidman	65	Male	Melville	NY	10:03	00:31:16.49
8	254/414	157/225	192	Alan Mensch	67	Male	Melville	NY	10:04	00:31:18.72
9	285/414	169/225	92	Doug Escher	69	Male	Garden City	NY	10:42	00:33:17.58
10	324/414	190/225	62	Frank Castellano	66	Male	Wading River	NY	11:47	00:36:38.02
11	335/414	197/225	80	Paul Dellaconna	65	Male	Bellerose	NY	12:16	00:38:07.76

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	305/414	126/189	331	Karen Potenza	70	Female	Northport	NY	11:12	00:34:48.50
2	341/414	142/189	275	Mickey Stelling	74	Female	East Meadow	NY	12:24	00:38:34.60

Blue Ribbon Run For Prostate Cancer 5K

November 17, 2013

Overall Division Results

5K Run

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	84/414	67/225	336	Alex Flyntz	71	Male	Seaford	NY	7:53	00:24:31.27
2	117/414	88/225	360	Patrick Keenan	71	Male	East Islip	NY	8:13	00:25:31.89
3	136/414	102/225	27	Daniel Badalament	70	Male	Glen Cove	NY	8:31	00:26:29.07
4	167/414	117/225	134	John Horan	74	Male	Freeport	NY	8:58	00:27:53.57
5	170/414	119/225	159	Arthur Koppelman	71	Male	Syosset	NY	9:01	00:28:02.20
6	187/414	127/225	350	Octavio Lopez	74	Male	Brooklyn	NY	9:11	00:28:35.02
7	304/414	179/225	43	Tom Brahms	73	Male	Syosset	NY	11:11	00:34:46.24
8	315/414	186/225	337	Mark Rosenberg	71	Male	Syosset	NY	11:22	00:35:21.46
9	334/414	196/225	201	John Mulvey	71	Male	Syosset	NY	12:16	00:38:07.10
10	384/414	214/225	119	Joseph Guardino	74	Male	East Williston	NY	15:00	00:46:37.74

Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	289/414	119/189	260	Kate Shreck	76	Female	Centerport	NY	10:47	00:33:33.04

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	125/414	93/225	126	Jack Hanley	78	Male	Babylon	NY	8:22	00:26:00.70
2	375/414	212/225	180	Frank Martin	78	Male	W. Bay Shore	NY	14:01	00:43:36.02

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	292/414	173/225	82	George Devoe	81	Male	Hauppauge	NY	10:52	00:33:48.84
2	371/414	210/225	154	Howard Kestenbaum	82	Male	Plainview	NY	13:48	00:42:54.93

Male Ages 85 - 89

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	330/414	195/225	143	Bert Jablon	86	Male	Syosset	NY	12:02	00:37:25.80