

RUNorwalk 8K and 5K Run/Walk

May 11, 2013

Overall Division Results

8K Run

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	5/76	1/36	2189	Kristy Feldman-Harken	33	Female	Ankeny	IA	6:12 min/m	00:30:51.48
2	10/76	2/36	2250	Jennifer Groos	38	Female	Norwalk	IA	6:51 min/m	00:34:06.67
3	11/76	3/36	2180	Christine Comito	45	Female	Des Moines	IA	7:00 min/m	00:34:51.71

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	1/76	1/40	2245	Julius Rotich	38	Male	Des Moines	IA	5:17 min/m	00:26:16.73
2	2/76	2/40	2204	Todd Haugen	50	Male	Story City	IA	6:00 min/m	00:29:50.40
3	3/76	3/40	2183	Bradley Dougherty	18	Male	Norwalk	IA	6:07 min/m	00:30:25.12

Female Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	50/76	16/36	2223	Mallory Murphy	14	Female	Norwalk	IA	8:30 min/m	00:42:15.43

Female Ages 15 - 18

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	23/76	6/36	2197	Cassidy Gornick	17	Female	Norwalk	IA	7:27 min/m	00:37:04.95

Male Ages 15 - 18

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	14/76	11/40	2171	Michael Bockholt	18	Male	Norwalk	IA	7:07 min/m	00:35:27.42

Male Ages 19 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	6/76	5/40	2230	Michael Ploeger	24	Male	Ames	IA	6:25 min/m	00:31:56.82

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	16/76	5/36	2175	Shannon Brown	29	Female	Norwalk	IA	7:16 min/m	00:36:07.91

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	20/76	15/40	2218	Bryan Leitzinger	27	Male	Norwalk	IA	7:22 min/m	00:36:37.42

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	26/76	7/36	2247	Kelly Brown	32	Female	Ackworth	IA	7:36 min/m	00:37:49.68

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Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	9/76	8/40	2187	Andy Eagan	34	Male	Norwalk	IA	6:49 min/m	00:33:57.36

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	15/76	4/36	2176	Jessica Bush	37	Female	Norwalk	IA	7:14 min/m	00:36:01.92

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	4/76	4/40	2242	Randy Sturm	35	Male	Garner	IA	6:07 min/m	00:30:28.55

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	44/76	13/36	2231	Jodie Powers	42	Female	Indianola	IA	8:17 min/m	00:41:11.13

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	7/76	6/40	2215	David Larson	41	Male	West Des Moines	IA	6:27 min/m	00:32:06.16

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	40/76	11/36	2217	Linda Leeper	48	Female	Norwalk	IA	8:08 min/m	00:40:28.90

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	13/76	10/40	2241	Brad Springer	48	Male	Cumming	IA	7:02 min/m	00:35:00.42

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	57/76	20/36	2200	Anita Grgurich	52	Female	Indianola	IA	9:01 min/m	00:44:51.40

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	34/76	25/40	2221	George Meinecke	51	Male	Cumming	IA	7:50 min/m	00:39:00.18

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	30/76	22/40	2206	John Hughes	59	Male	Lagune Niquel	CA	7:39 min/m	00:38:02.98

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Female Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	71/76	31/36	2209	Avis James	66	Female	Urbandale	IA	10:30 min/m	00:52:12.28

Male Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Pace	Time
1	25/76	19/40	2235	John Schneller	69	Male	West Des Moines	IA	7:34 min/m	00:37:38.40