

FEMALE OVERALL

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Kristin Rinderknec	42	Clive	IA	5:31	1:00:37	23:13	1:30:31

MALE OVERALL

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Jonathan Estabrook	39	Ankeny	IA	5:24	49:16	18:02	1:13:21

FEMALE INDIVIDUAL AGE GROUP: 1 - 18

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Maggie Laird	13	Clive	IA	5:28	1:32:28	25:21	2:08:57

MALE INDIVIDUAL AGE GROUP: 1 - 18

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Christian Laube	16	Newton	IA	4:57	1:08:00	21:52	1:36:41

FEMALE INDIVIDUAL AGE GROUP: 19 - 29

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Ashley Miller	25	Storm Lake	IA	7:25	1:06:35	30:22	1:46:52
2	Kathrin Depue	22	Indianola	IA	6:12	1:17:55	28:12	1:54:43
3	Kelsey Morfitt	29	North Liberty	IA	7:01	1:25:25	31:31	2:06:58

MALE INDIVIDUAL AGE GROUP: 19 - 29

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Erik Bandy	24	Iowa City	IA	5:43	56:48	17:33	1:21:48
2	Scott Carkhuff	28	Newton	IA	5:59	55:06	23:10	1:27:54
3	Jason Buseman	28	Johnson	IA	6:06	1:02:11	25:01	1:35:12

FEMALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Melanie Sharp	34	Newton	IA	6:31	1:18:07	34:20	2:01:31
2	Erin Crawford	35	Rhodes	IA	9:09	1:31:21	32:29	2:15:59

MALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Swim	Bike	Run	Time
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1	Peder Skoog	33	Waukee	IA	3:43	57:20	18:53	1:21:11
2	Luke Anderson	30	Newton	IA	3:36	54:47	22:02	1:21:26
3	Mathew Wilson	38	Clive	IA	6:38	53:15	19:46	1:21:49

FEMALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Shelly Hanson	40	Webster City	IA	7:16	1:11:36	28:40	1:51:12

MALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Reed Rinderknecht	43	Clive	IA	4:31	47:27	20:47	1:13:27
2	Wade Shriver	48	Iowa City	IA	6:06	1:02:32	29:12	1:40:43
3	Keith Laube	46	Newton	IA	7:14	1:07:52	23:53	1:41:35

MALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Bill Henninger	50	Newton	IA	6:43	1:05:40	26:05	1:40:52

TEAM CATEGORY

1	Team152	5:44	59:29	22:36	1:28:34
	Alexis Stout	Cory Stout	Drew Stout		
2	Team150	12:55	1:06:59	20:13	1:40:48
	Colby Kessler	Jason Rose	Tony Morrison		
3	Team151	4:25	1:48:24	34:27	2:28:56
	Matt Van Brogen	Kayla Coovey	Kayla Coovey		