

# Timberman Triathlon

July 13, 2013

## Overall Division Results

Olympic Individual

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	11/111	1/50	11	Suzie Fox	30	Female	Chaska	MN	00:20:37.52	01:06:53.51	00:42:11.91		02:11:43.64

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	1/111	1/61	1	Brooks Grossinger	36	Male	Mayer	MN	00:20:04.50	01:01:55.34	00:35:05.98		01:58:43.80

### Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	15/111	2/50	6	Ann Snuggerud	46	Female	Chaska	MN	00:19:53.59	01:12:20.16	00:42:02.42		02:16:24.38

### Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	3/111	3/61	5	Gregory Taylor	59	Male	Yankton	SD	00:19:21.60	01:03:19.58	00:39:17.70		02:03:56.92

### Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	41/111	29/61	78	Andy Rudberg	18	Male	Hibbing	MN	00:26:17.94	01:22:09.82	00:42:34.91		02:36:20.79
2	49/111	36/61	79	William Maki	18	Male	Hibbing	MN	00:28:13.97	01:21:45.78	00:43:22.13	+02:00.00	02:39:36.45
3	88/111	53/61	77	James Jylha	18	Male	Grand Rapids	MN	00:24:07.36	01:30:03.25	01:05:56.37		03:02:35.78

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	72/111	27/50	20	Anja Morris	20	Female	Hermantown	MN	00:25:24.27	01:19:00.96	00:59:10.51	+02:00.00	02:49:07.23
2	96/111	40/50	22	Jeanna Holcombe	24	Female	Superior	WI	00:21:21.53	01:35:03.92	01:06:23.96		03:07:11.46
3	98/111	41/50	21	Lyndsay Leingang	21	Female	Fargo	ND	00:25:04.84	01:47:42.44	00:53:35.87		03:09:39.61

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## Overall Division Results

Olympic Individual

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	7/111	7/61	80	Chaz Heikkila	22	Male	Delano	MN	00:20:27.50	01:09:22.71	00:36:18.71		02:08:22.06
2	9/111	9/61	82	John Heinlein	24	Male	Stillwater	MN	00:18:48.26	01:05:13.78	00:43:59.32		02:09:28.14

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	45/111	13/50	26	Kelly Wier	29	Female	Grand Rapids	MN	00:19:56.11	01:29:51.52	00:43:10.64		02:37:00.44
2	62/111	20/50	24	Amy Flessert	29	Female	Superior	WI	00:18:57.60	01:32:23.33	00:50:13.62		02:46:37.30
3	102/111	44/50	23	Christi Perich	27	Female	Cedar Rapids	IA	00:28:05.39	01:37:50.07	01:02:18.39		03:12:55.03

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	51/111	38/61	83	John Perich	28	Male	Cedar Rapids	IA	00:25:38.49	01:17:22.11	00:51:54.95		02:39:57.92

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	25/111	5/50	33	Tiffany Kari	33	Female	Duluth	MN	00:22:15.10	01:13:57.43	00:42:24.02	+02:00.00	02:23:13.15
2	33/111	9/50	30	Bettina Keppers	30	Female	Duluth	MN	00:20:07.97	01:12:21.83	00:56:58.99		02:32:16.27
3	37/111	10/50	28	Chandra Shoberg	30	Female	Duluth	MN	00:27:29.85	01:14:16.16	00:49:30.94		02:34:25.57
4	71/111	26/50	37	Teresa Drexler	34	Female	Apple Valley	MN	00:25:11.98	01:19:04.37	01:01:54.12		02:48:48.52
5	74/111	28/50	32	Sara Dickenson	30	Female	Eau Claire	WI	00:20:49.14	01:24:42.30	01:00:27.82		02:50:00.05
6	80/111	31/50	29	Kathryn Ferguson	30	Female	Duluth	MN	00:24:58.26	01:22:55.01	01:05:00.48		02:55:33.84
7	90/111	36/50	31	Tami Mesedahl	30	Female	Duluth	MN	00:22:54.56	01:33:22.17	01:03:20.12		03:03:43.87
8	92/111	38/50	35	Shannon Worum	34	Female	Golden Valley	MN	00:29:26.76	01:32:00.19	00:58:05.91		03:04:43.91
9	99/111	42/50	36	Mindy Hess	34	Female	Hibbing	MN	00:33:13.48	01:35:08.95	00:59:33.30		03:11:39.23
10	106/111	47/50	34	Anathea Alberda	33	Female	Northfield	MN	00:30:50.44	01:43:17.64	01:03:18.84		03:21:27.77

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## Overall Division Results

Olympic Individual

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	14/111	13/61	85	Jesse Adams	31	Male	Duluth	MN	00:19:18.90	01:09:39.29	00:45:25.50		02:16:14.99
2	17/111	15/61	86	Peter Miner	33	Male	Duluth	MN	00:22:24.34	01:06:59.84	00:44:57.19		02:17:32.47
3	23/111	19/61	84	Tony Shoberg	30	Male	Duluth	MN	00:20:23.93	01:13:00.41	00:46:39.45		02:22:08.56

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	19/111	3/50	45	Kerri Persons	38	Female	Duluth	MN	00:20:53.06	01:09:02.71	00:46:35.65		02:18:32.53
2	26/111	6/50	51	Tracie Kent	39	Female	Saint Paul	MN	00:24:39.82	01:11:51.00	00:45:52.59		02:25:05.23
3	30/111	8/50	41	Michelle Breiland	36	Female	Duluth	MN	00:20:12.49	01:18:20.05	00:46:17.32		02:27:35.58
4	55/111	16/50	38	Anne Gustin	35	Female	Edina	MN	00:24:23.13	01:23:30.14	00:52:17.64		02:42:20.99
5	56/111	17/50	49	Elise Ryan	39	Female	Chanhassen	MN	00:24:50.63	01:19:23.85	00:55:27.11		02:43:23.86
6	57/111	18/50	48	Kendra Rahne	39	Female	Orlando	FL	00:21:02.32	01:26:21.72	00:53:52.46		02:44:44.38
7	63/111	21/50	40	Christina Andersen	35	Female	Grand Rapids	MN	00:27:11.03	01:24:37.46	00:51:20.14		02:46:44.48
8	67/111	24/50	46	Melissa King	38	Female	Deer River	MN	00:28:35.68	01:23:01.43	00:52:39.43		02:48:01.54
9	70/111	25/50	43	Rachel Johnson	37	Female	Duluth	MN	00:26:10.58	01:27:10.86	00:52:43.71		02:48:46.11
10	77/111	29/50	44	Sandi Heegard	37	Female	Park Rapids	MN	00:25:10.99	01:24:28.18	00:57:53.29		02:50:34.34
11	84/111	33/50	42	Andrea Potyondy-Smitl	37	Female	Brooklyn Park	MN	00:25:55.88	01:22:07.80	01:06:32.61		02:59:37.76
12	91/111	37/50	50	Anita Henderson	39	Female	Detroit Lakes	MN	00:26:35.66	01:28:53.74	01:05:38.28		03:04:37.23
13	94/111	39/50	39	Crystal Scuffy	35	Female	Eveleth	MN	00:27:03.56	01:32:30.99	01:01:48.99		03:05:13.51

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## Overall Division Results

Olympic Individual

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	2/111	2/61	10	Brendon O'flanagan	36	Male	St. Paul	MN	00:17:27.15	01:02:23.17	00:38:39.45		02:00:07.01
2	10/111	10/61	101	David Lewis	39	Male	Nevis	MN	00:22:14.37	01:04:35.10	00:40:22.33		02:09:35.75
3	21/111	17/61	103	Andy Brink	39	Male	Chaska	MN	00:25:07.05	01:11:34.94	00:41:00.38		02:20:41.48
4	31/111	23/61	102	Patrick Ryan	39	Male	Chanhassen	MN	00:23:08.64	01:12:52.92	00:49:20.66		02:29:09.73
5	36/111	27/61	96	Louis Schweim	38	Male	Hutchinson	MN	00:26:00.64	01:15:27.17	00:49:51.10		02:33:48.36
6	48/111	35/61	89	Patrick Higgins	35	Male	Denver	CO	00:22:02.61	01:17:04.00	00:55:39.00		02:39:31.70
7	53/111	39/61	95	Kris King	37	Male	Ramsey	MN	00:23:42.98	01:22:24.46	00:52:26.28		02:41:28.69
8	59/111	41/61	90	Erik Andersen	36	Male	Grand Rapids	MN	00:26:32.85	01:16:03.62	00:59:58.98		02:45:54.18
9	83/111	51/61	93	Michael Kokkinen	36	Male	St. Paul	MN	00:21:39.34	01:26:12.40	01:05:31.74		02:56:57.76
10	97/111	57/61	94	Jim Daniel	36	Male	Southrange	WI	00:30:05.62	01:27:45.92	01:05:26.47		03:07:18.43
11	107/111	60/61	91	Caleb Maki	36	Male	Duluth	MN	00:30:11.26	01:35:18.61	01:14:27.63		03:26:18.61

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	20/111	4/50	7	Leanne Bronson	43	Female	Superior	WI	00:20:59.20	01:08:54.03	00:47:44.07		02:19:53.62
2	38/111	11/50	55	Julie Kemp	40	Female	Floodwood	MN	00:25:24.41	01:17:51.91	00:48:33.59		02:34:44.88
3	52/111	14/50	52	Anne Hoeschen	40	Female	Freeport	MN	00:26:10.32	01:18:38.96	00:52:36.07		02:40:10.69
4	54/111	15/50	58	Julie Flotten	43	Female	Duluth	MN	00:24:23.42	01:18:00.43	00:55:45.50		02:42:00.77
5	81/111	32/50	53	Kristi Plante	40	Female	Hermantown	MN	00:29:47.44	01:19:01.55	01:03:59.79		02:55:54.67
6	86/111	34/50	54	Kimberly Radloff	40	Female	Saginaw	MN	00:26:57.99	01:31:04.03	00:58:30.18		03:00:32.51

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## Overall Division Results

Olympic Individual

### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	4/111	4/61	3	John Shelp	41	Male	Maple Plain	MN	00:18:01.78	01:04:30.37	00:41:21.81		02:05:45.79
2	6/111	6/61	118	Mike Johnson	44	Male	Chippewa Falls	WI	00:22:17.51	01:02:41.55	00:41:04.36		02:08:10.87
3	18/111	16/61	108	John Garrison	41	Male	Cohasset	MN	00:24:48.11	01:08:20.89	00:42:30.68		02:17:36.11
4	24/111	20/61	117	Tom Verry	44	Male	Aspen	CO	00:21:59.75	01:08:47.55	00:49:01.34		02:22:48.68
5	28/111	22/61	114	Jon Fagerness	42	Male	Blaine	MN	00:21:27.74	01:13:24.96	00:49:02.71		02:26:33.42
6	35/111	26/61	105	Jeff Koehn	40	Male	Grand Rapids	MN	00:26:03.27	01:16:07.70	00:48:49.27		02:33:47.25
7	46/111	33/61	112	Brian Trombley	41	Male	Exelsior	MN	00:23:50.38	01:20:50.21	00:49:27.21		02:38:06.92
8	58/111	40/61	116	Paul Wilken	43	Male	Poplar	WI	00:34:48.92	01:16:09.33	00:48:03.94		02:45:04.52
9	73/111	46/61	110	James Timmerman	41	Male	Omaha	NE	00:29:52.61	01:21:12.29	00:51:18.37		02:49:25.92
10	82/111	50/61	111	Jason Kabel	41	Male	Fort Frances	ON	00:22:54.67	01:19:30.11	01:08:43.67		02:56:09.15

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	29/111	7/50	61	Kris Kolenz	48	Female	Duluth	MN	00:20:58.67	01:16:11.97	00:46:55.64		02:27:02.21
2	79/111	30/50	64	Jacquelyn Mardesich	49	Female	Gilroy	CA	00:25:07.46	01:26:08.46	00:55:09.04		02:51:35.67
3	87/111	35/50	63	Carmen Lachappelle	49	Female	Crystal	MN	00:27:32.95	01:28:50.76	01:02:11.99		03:02:06.03
4	108/111	48/50	62	Valerie Blanchenay	48	Female	Jacobson	MN	00:35:31.05	01:32:12.69	01:13:24.87		03:26:37.40

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	5/111	5/61	4	Rhett Bonner	49	Male	Duluth	MN	00:18:24.24	01:04:40.93	00:43:04.25		02:07:58.10
2	13/111	12/61	120	Jay Heikkila	45	Male	Delano	MN	00:19:47.99	01:07:58.02	00:44:39.86		02:14:40.72
3	42/111	30/61	76	Tim Ruff	46	Male	Savage	MN	00:26:43.22	01:19:00.17	00:47:29.26		02:36:43.60
4	43/111	31/61	129	Jim Metry	47	Male	Duluth	MN	00:23:46.45	01:06:47.21	01:01:34.38	+02:00.00	02:36:44.37
5	44/111	32/61	122	Michael Clabaugh	45	Male	Duluth	MN	00:26:41.07	01:18:08.72	00:48:40.63		02:36:57.85
6	65/111	43/61	127	Dave Snuggerud	47	Male	Chaska	MN	00:26:56.98	01:15:47.20	01:00:12.58		02:47:21.84
7	76/111	48/61	124	John Hick	46	Male	Minneapolis	MN	00:25:12.71	01:25:45.69	00:55:04.32		02:50:08.68
8	95/111	56/61	128	Jeff Metzler	47	Male	Mpls	MN	00:27:16.93	01:23:27.00	01:11:19.87		03:06:13.13

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## Overall Division Results

Olympic Individual

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	39/111	12/50	69	Lori Green	50	Female	Fort Frances	ON	00:22:47.42	01:17:29.12	00:50:53.54		02:35:29.50
2	60/111	19/50	66	Sara Dougherty	51	Female	Cloquet	MN	00:25:06.25	01:24:54.69	00:53:02.90		02:46:25.31
3	66/111	23/50	65	Kim Weibel	50	Female	San Diego	CA	00:26:33.81	01:22:08.98	00:54:40.95		02:47:36.78
4	101/111	43/50	67	Rose Bortolon	51	Female	Thunder Bay	ON	00:29:29.02	01:32:22.95	01:07:21.07		03:12:43.56
5	109/111	49/50	68	Janice Rourk	53	Female	Cohasset	MN	00:26:12.56	01:26:09.28	01:31:04.60		03:29:55.95

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	8/111	8/61	138	Thomas Krenz	52	Male	Chisago City	MN	00:20:04.55	01:06:42.51	00:40:06.33		02:09:12.62
2	12/111	11/61	137	Kirk Vesterstein	52	Male	Wayzata	MN	00:23:41.32	01:06:37.92	00:41:32.91		02:14:27.02
3	16/111	14/61	131	John Kelley	50	Male	Duluth	MN	00:21:43.84	01:07:42.63	00:45:39.03		02:17:30.88
4	27/111	21/61	132	Skeeter Moore	50	Male	Duluth	MN	00:21:44.03	01:10:28.60	00:50:46.01		02:25:36.52
5	47/111	34/61	139	Jack Shovein	54	Male	North Oaks	MN	00:26:07.87	01:17:17.75	00:51:55.02		02:39:10.56
6	50/111	37/61	136	Kevin Finkenbiner	52	Male	Omaha	NE	00:25:20.59	01:17:29.64	00:52:12.60		02:39:38.97
7	68/111	44/61	134	Dennis Hetland	52	Male	Fargo	ND	00:23:43.79	01:26:02.11	00:54:43.34		02:48:36.40
8	69/111	45/61	135	Steven Harder	52	Male	Spring Valley	MN	00:19:40.41	01:23:28.35	01:01:13.53		02:48:36.74
9	89/111	54/61	133	Allen Donais	50	Male	Embarrass	MN	00:35:27.59	01:22:15.70	01:00:03.28		03:02:59.75

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	64/111	22/50	74	Sheri Schrock	59	Female	Cohasset	MN	00:24:56.84	01:22:41.67	00:56:26.12		02:46:59.61
2	103/111	45/50	72	Nancy Beery	57	Female	Duluth	MN	00:32:47.18	01:31:34.51	01:04:27.74		03:15:00.36
3	104/111	46/50	70	Amy Bauch	55	Female	Minneapolis	MN	00:32:44.92	01:27:09.03	01:13:25.05		03:17:55.38
4	110/111	50/50	71	Lois Nilson	56	Female	Minneapolis	MN	00:25:43.18	01:40:08.03	01:16:58.76		03:29:56.41

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## Overall Division Results

Olympic Individual

### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	34/111	25/61	141	Gregg Garretson	56	Male	Lakeville	MN	00:23:26.46	01:15:15.61	00:51:35.96		02:33:29.49
2	75/111	47/61	142	Jonathan Byrne	57	Male	Bovey	MN	00:24:33.56	01:21:49.19	00:59:07.51		02:50:06.23
3	78/111	49/61	140	Terry Wiens	56	Male	Duluth	MN	00:29:42.38	01:25:32.44	00:51:47.59		02:50:45.12
4	85/111	52/61	145	Rick Agar	59	Male	Duluth	MN	00:25:03.14	01:26:00.90	01:05:12.16		02:59:50.64
5	93/111	55/61	147	Gary Black	59	Male	Duluth	MT	00:27:44.16	01:31:15.81	00:59:29.55		03:05:06.78
6	100/111	58/61	144	Louis Bortolon	58	Male	Thunder Bay	ON	00:32:07.09	01:29:40.98	01:05:22.21		03:11:42.48

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	22/111	18/61	148	Bill Schmitt	60	Male	Duluth	MN	00:20:38.59	01:08:40.15	00:49:12.11		02:21:23.67
2	32/111	24/61	152	Michael Colaizy	63	Male	Osceola	WI	00:26:44.51	01:10:22.70	00:50:31.89		02:30:14.07
3	40/111	28/61	151	Daniel Jr Conway	63	Male	Shoreview	MN	00:23:28.69	01:15:38.01	00:54:23.44		02:36:11.74
4	61/111	42/61	149	Walt Prah	60	Male	Duluth	MN	00:30:23.20	01:17:00.98	00:55:52.80		02:46:35.89

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	105/111	59/61	153	Stephen Higgins	66	Male	Centennial	CO	00:26:27.41	01:34:35.57	01:10:52.13		03:19:00.89
2	111/111	61/61	154	Herbert Lefler	67	Male	Edina	MN	00:29:48.57	01:40:44.87	01:17:05.28		03:35:11.17

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## Overall Division Results

Olympic Team

### Mixed Male Team

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	2/6	2/6	162	Men Of Steel	99	Mixed	Chisholm	MN	00:24:17.31	01:09:22.09	00:37:25.10		02:12:32.33

### Mixed Female Team

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	3/6	3/6	161	T K A	99	Mixed	Minneapolis	MN	00:19:41.01	01:23:24.00	00:50:00.56		02:34:30.81
2	5/6	5/6	159	S I S U Mamas	99	Mixed	Hibbing	MN	00:28:18.65	01:32:44.71	01:06:55.66		03:09:46.04
3	6/6	6/6	236	Tri Anythings	99	Mixed	Eden Prairie	MN	00:36:14.58	01:52:35.90	01:07:30.19		03:38:11.10

### Mixed Coed Team

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	1/6	1/6	160	Beauty And The Beast	99	Mixed	Grand Rapids	MN	00:22:16.09		00:39:05.01		02:08:51.87
2	4/6	4/6	163	Wiza	99	Mixed	Chisago City	MN	00:37:47.08	01:28:51.27	00:56:24.35		03:05:54.50