

# Timberman Triathlon

July 13, 2013

## Overall Results - Female

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	188	Tara Makinen	Female	34	Grand Rapids	MN	00:07:13	39	1:14	00:01:08	00:30:50	12	21.8	00:00:47	00:21:33	19	7:10		01:01:27.48
2	222	Jena Ogston	Female	42	Duluth	MN	00:07:17	42	1:15	00:01:15	00:32:37	35	20.6	00:00:49	00:21:54	24	7:17		01:03:49.15
3	209	Christel Kern	Female	39	Grand Rapids	MN	00:07:03	29	1:12	00:01:43	00:32:33	34	20.7	00:00:52	00:21:59	27	7:19		01:04:07.53
4	194	Heather Johnson	Female	34	Hermantown	MN	00:07:06	31	1:13	00:01:05	00:31:23	19	21.4	00:00:57	00:23:39	54	7:52		01:04:08.86
5	204	Shauna Joas	Female	38	Eagan	MN	00:07:08	32	1:13	00:01:28	00:31:41	26	21.2	00:00:46	00:23:08	43	7:42		01:04:09.78
6	259	Jill Murray	Female	35	Grand Rapids	MN	00:06:13	4	1:04	00:01:25	00:33:44	52	19.9	00:01:00	00:22:55	38	7:38		01:05:14.56
7	199	Anna Kubek	Female	18	Grand Rapids	MN	00:08:30	106	1:27	00:01:36	00:31:59	30	21.0	00:00:46	00:23:18	44	7:45		01:06:06.83
8	237	Petra Cervenkova	Female	46	Grand Rapids	MN	00:08:38	112	1:29	00:01:11	00:33:12	43	20.3	00:01:03	00:23:01	39	7:40		01:07:02.10
9	182	Tracy Klein	Female	32	Cedar Falls	IA	00:06:46	14	1:09	00:02:32	00:33:54	57	19.8	00:01:31	00:22:52	37	7:37		01:07:32.25
10	238	Linda Belanger	Female	46	International Falls	MN	00:08:07	88	1:23	00:01:20	00:34:05	60	19.7	00:00:52	00:23:23	46	7:47		01:07:44.64
11	179	Heather Marden	Female	32	Rochester	MN	00:06:35	10	1:07	00:01:51	00:34:48	76	19.3	00:01:05	00:23:57	58	7:58		01:08:14.30
12	253	Judith Peters	Female	53	St. Cloud	MN	00:08:14	95	1:24	00:01:39	00:33:16	45	20.2	00:01:28	00:24:14	63	8:04		01:08:48.45
13	248	Mary Sands	Female	52	Saint Paul	MN	00:07:56	79	1:21	00:01:16	00:34:47	73	19.3	00:01:06	00:24:08	61	8:02		01:09:09.92
14	247	Amy Klosterman	Female	51	White Bear Lake	MN	00:06:59	24	1:12	00:01:10	00:34:25	65	19.5	00:00:54	00:25:46	97	8:35		01:09:11.46
15	203	Christina Minaudo	Female	38	Reno	NV	00:07:45	69	1:19	00:01:16	00:35:47	92	18.8	00:00:59	00:23:28	49	7:49		01:09:13.34
16	184	Aleksandra Siemers	Female	31	Inver Grove Heights	MN	00:08:51	124	1:31	00:02:16	00:36:48	111	18.3	00:00:39	00:21:47	22	7:15		01:10:18.71
17	210	Leigh Currie	Female	39	St. Paul	MN	00:06:53	19	1:11	00:01:49	00:35:15	80	19.1	00:01:08	00:25:36	93	8:31		01:10:38.52
18	185	Kristina Schwartz	Female	33	New Brighton	MN	00:07:21	46	1:15	00:01:48	00:36:18	100	18.5	00:01:29	00:24:05	60	8:01		01:10:58.97
19	171	Lauren Anderson	Female	23	Elk River	MN	00:06:39	11	1:08	00:04:07	00:35:51	94	18.7	00:00:55	00:24:35	69	8:11		01:12:04.29
20	250	Connie Rudolph	Female	52	Shoreview	MN	00:08:02	85	1:22	00:01:48	00:33:37	50	20.0	00:01:00	00:27:54	124	9:17		01:12:19.07
21	165	Julianna French	Female	17	Grand Rapids	MN	00:07:43	67	1:19	00:01:27	00:40:15	161	16.7	00:00:47	00:23:32	51	7:50		01:13:41.89
22	177	Christine Hinrichs	Female	29	St. Paul	MN	00:07:00	25	1:12	00:02:31	00:38:55	141	17.3	00:01:56	00:23:24	47	7:47		01:13:43.15
23	218	Marlo Gangi	Female	42	Coleraine	MN	00:09:12	139	1:34	00:01:32	00:34:47	74	19.3	00:01:29	00:26:59	114	8:59		01:13:55.17
24	228	Lori Sutherland	Female	42	Cohasset	MN	00:09:32	149	1:38	00:02:53	00:35:38	87	18.9	00:01:03	00:25:03	84	8:20		01:14:05.90
25	220	Patty Hausmann	Female	42	Duluth	MN	00:07:22	47	1:16	00:02:39	00:35:17	81	19.0	00:01:25	00:25:40	94	8:33	+02:00.00	01:14:20.43
26	214	Sara Peterson	Female	40	Duluth	MN	00:07:57	81	1:21	00:02:17	00:38:37	135	17.4	00:01:00	00:24:32	68	8:10		01:14:20.62
27	241	Lisa Brandt	Female	46	Coleraine	MN	00:08:06	87	1:23	00:02:09	00:38:24	129	17.5	00:00:51	00:25:05	85	8:21		01:14:32.26
28	231	Paula Menzel	Female	43	Hermantown	MN	00:09:49	165	1:41	00:01:49	00:37:10	116	18.1	00:00:47	00:25:01	81	8:20		01:14:32.53
29	258	Laura Hansen	Female	55	White Bear Lake	MN	00:08:40	114	1:29	00:02:30	00:35:08	77	19.1	00:01:45	00:26:41	111	8:53		01:14:42.71
30	190	Melissa Grzybowski	Female	34	Hibbing	MN	00:08:12	94	1:24	00:02:17	00:38:43	136	17.4	00:00:54	00:24:52	77	8:17		01:14:55.07
31	201	Nicole Keough	Female	38	Vadnais Heights	MN	00:08:59	133	1:32	00:01:55	00:35:31	85	18.9	00:01:33	00:27:04	116	9:01		01:14:58.98
32	211	Kamrin Macki	Female	40	Grand Forks	ND	00:09:27	145	1:37	00:01:54	00:37:41	121	17.8	00:01:32	00:25:12	88	8:23		01:15:44.41
33	230	Veronica Kaspszak	Female	43	Hermantown	MN	00:08:55	130	1:32	00:01:38	00:38:58	142	17.2	00:01:10	00:25:44	96	8:34		01:16:22.80
34	169	Hanna Yoki	Female	20	Hibbing	MN	00:07:13	40	1:14	00:01:47	00:39:30	150	17.0	00:00:47	00:27:12	118	9:03		01:16:26.07
35	198	Willow Loney	Female	36	Grand Rapids	MN	00:08:46	120	1:30	00:03:11	00:36:37	104	18.4	00:01:07	00:26:49	112	8:56		01:16:26.90
36	205	Elisa Schmitz	Female	38	Hermantown	MN	00:07:53	72	1:21	00:01:51	00:35:39	88	18.9	00:01:33	00:29:52	144	9:57		01:16:46.73

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July 13, 2013

## Overall Results - Female

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
37	212	Ladawn Kovala	Female	40	Hermantown	MN	00:09:00	134	1:32	00:01:35	00:37:25	119	18.0	00:01:21	00:28:17	127	9:25	01:17:35.68
38	213	Mina Bradley	Female	40	Duluth	MN	00:07:01	27	1:12	00:01:49	00:38:10	124	17.6	00:01:07	00:29:35	142	9:51	01:17:39.86
39	180	Sarah Mcbroom	Female	32	Coleraine	MN	00:08:38	113	1:29	00:02:07	00:39:42	152	16.9	00:00:56	00:26:36	109	8:51	01:17:55.67
40	174	Laura Helmbrecht	Female	26	Minneapolis	MN	00:07:12	37	1:14	00:02:41	00:38:37	134	17.4	00:02:05	00:27:47	123	9:15	01:18:18.77
41	164	Ellie Snuggerud	Female	15	Chaska	MN	00:07:16	41	1:14	00:01:55	00:41:55	173	16.0	00:01:01	00:26:22	107	8:47	01:18:25.47
42	191	Salli Fox	Female	34	Deer River	MN	00:10:34	186	1:49	00:02:29	00:39:13	146	17.1	00:00:59	00:25:54	102	8:37	01:19:06.56
43	175	Jenikka Soyring	Female	28	Cloquet	MN	00:07:38	62	1:18	00:02:54	00:38:11	126	17.6	00:01:25	00:29:06	136	9:41	01:19:10.38
44	172	Elyse Claiborne	Female	25	Minneapolis	MN	00:09:35	154	1:38	00:02:18	00:40:39	163	16.5	00:00:44	00:26:05	103	8:41	01:19:19.24
45	221	Jenny Evjen	Female	42	Hermantown	MN	00:08:30	105	1:27	00:01:37	00:37:02	114	18.1	00:01:04	00:31:10	158	10:23	01:19:20.23
46	181	Molly Martin	Female	32	Grand Rapids	MN	00:12:07	196	2:05	00:03:44	00:35:09	78	19.1	00:01:57	00:26:26	108	8:48	01:19:20.85
47	226	Jan Barth	Female	42	Bovey	MN	00:09:32	148	1:38	00:02:11	00:40:42	164	16.5	00:00:49	00:26:36	110	8:51	01:19:47.50
48	189	Molly Ziells	Female	34	Proctor	MN	00:08:41	118	1:29	00:02:15	00:40:09	157	16.7	00:01:43	00:27:13	119	9:04	01:19:59.26
49	200	Renee Saamanen	Female	37	Two Harbors	MN	00:09:46	162	1:40	00:02:30	00:34:26	66	19.5	00:02:10	00:31:39	162	10:32	01:20:28.28
50	232	Jaleh Nahvi	Female	43	Inver Grove Heights	MN	00:07:57	82	1:22	00:02:00	00:42:44	178	15.7	00:01:06	00:27:01	115	9:00	01:20:46.56
51	267	Susanne Bakken	Female	63	Duluth	MN	00:08:52	127	1:31	00:01:56	00:39:06	144	17.2	00:01:19	00:30:14	148	10:04	01:21:25.05
52	176	Julie Ruuska	Female	29	Indianapolis	IN	00:09:39	158	1:39	00:01:59	00:39:09	145	17.2	00:00:46	00:30:03	145	10:00	01:21:33.07
53	223	Lyssa Supinski	Female	42	Duluth	MN	00:07:03	28	1:12	00:01:58	00:39:23	149	17.1	00:01:10	00:32:18	169	10:45	01:21:49.08
54	170	Jocelyn Hokkanen	Female	22	Lino Lakes	MN	00:07:27	52	1:16	00:02:15	00:39:44	153	16.9	00:01:29	00:31:17	159	10:25	01:22:09.67
55	215	Melissa Metzler	Female	41	Mpls	MN	00:10:33	185	1:48	00:03:18	00:43:42	183	15.4	00:01:42	00:23:04	40	7:41	01:22:16.84
56	178	Shawna Jokinen	Female	31	Hermantown	MN	00:07:11	36	1:14	00:02:40	00:40:02	156	16.8	00:01:17	00:31:22	160	10:27	01:22:28.86
57	225	Laura Sieger	Female	42	Duluth	MN	00:08:05	86	1:23	00:02:00	00:38:48	138	17.3	00:01:16	00:32:32	172	10:50	01:22:38.88
58	224	Cindy Shevich	Female	42	Deer River	MN	00:10:47	188	1:51	00:02:46	00:41:39	169	16.1	00:00:51	00:27:14	120	9:04	01:23:15.90
59	166	Edyn Isaacs	Female	17	Maple Grove	MN	00:06:47	15	1:09	00:02:12	00:44:59	188	14.9	00:00:54	00:28:35	131	9:31	01:23:24.54
60	235	Rona Krenik	Female	44	Shakopee	MN	00:07:01	26	1:12	00:02:53	00:37:12	117	18.1	00:02:30	00:34:13	181	11:24	01:23:46.58
61	229	Kelly Moen	Female	43	Proctor	MN	00:10:03	174	1:43	00:02:28	00:39:47	154	16.9	00:00:58	00:30:34	151	10:11	01:23:48.63
62	208	Stacey Honkala	Female	38	Cloquet	MN	00:08:46	121	1:30	00:03:19	00:40:15	160	16.7	00:01:59	00:29:50	143	9:56	01:24:06.70
63	207	Beth Lind	Female	38	Hibbing	MN	00:09:37	157	1:39	00:03:16	00:38:32	133	17.4	00:01:52	00:31:00	157	10:19	01:24:14.87
64	56	Kristin Anderson	Female	43	Grand Rapids	MN	00:08:57	131	1:32	00:01:15	00:37:40	120	17.8	00:01:41	00:35:07	185	11:42	01:24:37.32
65	206	Andrea Coombs	Female	38	Fargo	ND	00:09:44	160	1:40	00:01:50	00:41:16	167	16.3	00:01:15	00:30:41	153	10:13	01:24:43.56
66	239	Cheri Boreen	Female	46	Superior	WI	00:10:02	173	1:43	00:03:07	00:40:10	158	16.7	00:01:32	00:30:47	155	10:15	01:25:35.44
67	192	Leah Gruhn	Female	34	Duluth	MN	00:08:53	128	1:31	00:02:09	00:39:57	155	16.8	00:01:44	00:33:23	180	11:07	01:26:04.03
68	233	Shelly Tischler	Female	43	Superior	WI	00:10:02	172	1:43	00:02:09	00:40:58	166	16.4	00:01:12	00:32:15	168	10:44	01:26:34.37
69	265	Nancy Roehr	Female	60	Minneapolis	MN	00:10:48	189	1:51	00:02:54	00:38:52	139	17.3	00:01:28	00:32:34	173	10:51	01:26:34.70
70	227	Tina Rawn	Female	42	Fort Frances	ON	00:08:49	123	1:31	00:03:10	00:42:09	175	15.9	00:01:33	00:31:29	161	10:29	01:27:08.98
71	245	Stephanie Padden	Female	51	Duluth	MN	00:09:59	170	1:43	00:02:06	00:39:17	148	17.1	00:01:21	00:34:55	183	11:38	01:27:35.85
72	257	Susan Palm	Female	55	Loman	MS	00:09:04	137	1:33	00:03:23	00:44:08	185	15.2	00:01:09	00:30:09	146	10:02	01:27:51.08

# Timberman Triathlon

July 13, 2013

## Overall Results - Female

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
73	263	Penny Agar	Female	59	Duluth	MN	00:08:25	103	1:26	00:02:18	00:43:26	180	15.5	00:01:51	00:31:54	166	10:37		01:27:51.84
74	256	Kathleen Quam	Female	54	Mahtomedi	MN	00:08:41	117	1:29	00:03:27	00:45:41	191	14.7	00:01:56	00:28:27	129	9:28		01:28:09.39
75	193	Kristin Simonson	Female	34	Richfield	MN	00:09:01	136	1:32	00:02:10	00:44:52	187	15.0	00:01:25	00:30:48	156	10:15		01:28:13.89
76	195	Kimberly Holst	Female	34	Phoenix	AZ	00:09:19	142	1:36	00:02:10	00:42:22	176	15.9	00:01:37	00:32:50	175	10:56		01:28:15.12
77	219	Skye Priesz	Female	42	Montrose	MN	00:08:32	107	1:28	00:02:49	00:38:54	140	17.3	00:02:00	00:37:01	191	12:20		01:29:12.90
78	47	Jodi Piekarski	Female	38	Grand Rapids	MN	00:09:36	156	1:39	00:02:35	00:46:00	193	14.6	00:00:55	00:30:23	149	10:07		01:29:26.46
79	244	Gina Swanson	Female	51	Saginaw	MN	00:09:31	147	1:38	00:03:02	00:40:55	165	16.4	00:01:39	00:34:40	182	11:33		01:29:45.16
80	255	Anne Howard	Female	54	Superior	WI	00:10:15	178	1:45	00:02:54	00:41:46	172	16.1	00:01:45	00:33:22	179	11:07		01:29:59.96
81	168	Tanja Mattonen	Female	19	Hibbing	MN	00:08:09	92	1:24	00:03:27	00:41:16	168	16.3	00:01:11	00:37:37	193	12:32		01:31:37.78
82	261	Susan Voigt	Female	57	Pengilly	MN	00:08:52	125	1:31	00:02:51	00:44:05	184	15.2	00:01:18	00:36:31	189	12:10		01:33:34.85
83	260	Joanne Hurley	Female	57	Minneapolis	MN	00:12:20	197	2:07	00:05:07	00:45:03	189	14.9	00:02:27	00:29:29	139	9:49		01:34:23.85
84	216	Theresa Stark	Female	41	Grand Rapids	MN	00:09:56	168	1:42	00:03:20	00:48:13	196	13.9	00:01:43	00:32:58	176	10:59		01:36:07.14
85	266	Mary Renquist	Female	60	Bloomington	MN	00:09:49	164	1:41	00:03:55	00:45:41	192	14.7	00:03:18	00:35:03	184	11:40		01:37:43.79
86	268	Jean Wood	Female	64	Excelsior	MN	00:10:14	177	1:45	00:03:46	00:41:41	171	16.1	00:01:32	00:41:43	198	13:54		01:38:53.24
87	269	Kristin Johnson	Female	68	Grand Rapids	MN	00:10:19	180	1:46	00:03:28	00:48:33	198	13.8	00:02:42	00:38:01	194	12:40		01:43:00.83
88	173	Jeri Swanson	Female	26	Saginaw	MN	00:08:52	126	1:31	00:02:44	00:48:08	195	14.0	00:01:32	00:41:54	199	13:57		01:43:06.66
89	254	Mary Soyring	Female	53	Cloquet	MN	00:10:47	187	1:51	00:02:57	00:44:43	186	15.0	00:02:06	00:42:44	200	14:14		01:43:14.23
90	242	Sue Savage	Female	48	Blaine	MN	00:11:35	195	1:59	00:03:10	00:46:20	194	14.5	00:02:13	00:40:09	196	13:22		01:43:25.32
91	264	Lynnda Nelson	Female	60	Prior Lake	MN	00:13:51	199	2:22	00:03:15	00:48:32	197	13.8	00:03:09	00:36:06	188	12:01		01:44:51.00
92	197	Jessie Colter	Female	36	Grand Rapids	MN	00:13:18	198	2:17	00:03:06	00:56:14	201	12.0	00:00:59	00:42:57	201	14:18		01:56:31.36

# Timberman Triathlon

July 13, 2013

## Overall Results - Male

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
1	315	Adam Himes	Male	41	Plymouth	MN	00:06:17	5	1:04	00:00:51	00:28:14	3	23.8	00:00:38	00:17:50	2	5:56	00:53:47.78
2	279	Mark Johnson	Male	26	Grand Rapids	MN	00:06:39	12	1:08	00:01:09	00:28:00	2	24.0	00:00:48	00:17:29	1	5:49	00:54:03.15
3	294	Philip Imholte	Male	33	Grand Rapids	MN	00:06:05	3	1:02	00:00:56	00:31:37	24	21.3	00:00:46	00:19:13	3	6:24	00:58:34.75
4	338	Lane Meyer	Male	45	Pengilly	MN	00:07:09	34	1:13	00:01:07	00:28:54	4	23.3	00:01:10	00:20:54	14	6:57	00:59:11.59
5	304	Tim Mcshane	Male	36	Duluth	MN	00:07:28	53	1:17	00:01:14	00:30:23	7	22.1	00:00:46	00:19:33	4	6:30	00:59:21.83
6	303	Glen Palokangas	Male	36	Hermantown	MN	00:06:53	17	1:10	00:01:10	00:31:34	21	21.3	00:00:33	00:19:37	5	6:32	00:59:43.65
7	298	Ryan Dewey	Male	34	Esko	MN	00:06:21	7	1:05	00:01:09	00:31:02	14	21.7	00:00:57	00:21:02	16	7:00	01:00:28.68
8	337	Brian Mirsch	Male	45	Duluth	MN	00:06:42	13	1:09	00:01:36	00:31:17	18	21.5	00:00:49	00:20:19	11	6:46	01:00:39.92
9	342	Tim Walker	Male	47	Minnetonka	MN	00:06:18	6	1:04	00:01:26	00:29:36	5	22.7	00:00:41	00:22:51	35	7:36	01:00:49.93
10	335	Patrick Oltmanns	Male	45	Duluth	MN	00:06:58	22	1:11	00:01:17	00:30:48	11	21.8	00:00:58	00:20:59	15	6:59	01:00:56.98
11	365	Rick Christenson	Male	55	Roseville	MN	00:07:38	63	1:18	00:02:03	00:27:23	1	24.6	00:01:12	00:23:07	42	7:42	01:01:20.52
12	276	Tyler Gustafson	Male	20	Grand Rapids	MN	00:07:56	77	1:21	00:02:03	00:30:26	8	22.1	00:01:12	00:19:47	6	6:35	01:01:21.64
13	390	Matt Evans	Male	47	Eau Claire	WI	00:05:57	2	1:01	00:00:57	00:31:45	28	21.2	00:00:50	00:22:14	29	7:24	01:01:40.24
14	287	Craig Walli	Male	31	Hibbing	MN	00:06:28	8	1:06	00:01:13	00:30:58	13	21.7	00:00:40	00:22:42	32	7:33	01:01:58.92
15	158	Howie Learners	Male	43	Duluth	MN	00:05:31	1	0:56	00:01:12	00:33:55	58	19.8	00:00:55	00:20:47	13	6:55	01:02:17.51
16	285	Brett Beckfeld	Male	28	Cohasset	MN	00:08:15	97	1:25	00:01:42	00:31:37	23	21.3	00:00:43	00:20:05	8	6:41	01:02:18.95
17	340	Brent Johnson	Male	46	Superior	WI	00:07:11	35	1:14	00:01:08	00:31:39	25	21.2	00:00:44	00:21:58	26	7:19	01:02:37.72
18	291	William Richter	Male	33	Grand Rapids	MN	00:07:24	49	1:16	00:01:06	00:31:10	15	21.6	00:01:08	00:21:53	23	7:17	01:02:38.55
19	306	Tony Moen	Male	37	Proctor	MN	00:07:31	58	1:17	00:02:15	00:32:20	32	20.8	00:00:55	00:19:52	7	6:37	01:02:51.67
20	332	Doug Berg	Male	45	Duluth	MN	00:07:24	48	1:16	00:01:47	00:30:09	6	22.3	00:01:03	00:22:37	31	7:32	01:02:57.21
21	273	Colin Kemp	Male	17	Floodwood	MN	00:07:21	45	1:15	00:01:23	00:32:48	37	20.5	00:00:30	00:21:03	17	7:00	01:03:01.55
22	292	Nathan Johnson	Male	33	Duluth	MN	00:06:50	16	1:10	00:01:30	00:33:01	40	20.4	00:00:57	00:21:05	18	7:01	01:03:20.31
23	320	Chris Morris	Male	42	Hermantown	MN	00:07:39	64	1:18	00:01:08	00:32:21	33	20.8	00:00:42	00:21:37	20	7:12	01:03:23.82
24	321	Curt Dimberio	Male	42	Duluth	MN	00:08:18	100	1:25	00:01:50	00:31:54	29	21.1	00:01:05	00:20:34	12	6:51	01:03:38.22
25	275	Kevin Mullaney	Male	18	Chanhassen	MN	00:06:29	9	1:06	00:02:39	00:34:13	63	19.6	00:00:43	00:20:11	9	6:43	01:04:12.25
26	297	Luther Kemp	Male	34	Hibbing	MN	00:07:30	57	1:17	00:01:12	00:30:46	10	21.8	00:00:51	00:23:58	59	7:59	01:04:15.04
27	278	Brett Tatum	Male	24	Minneapolis	MN	00:07:27	51	1:16	00:02:04	00:33:23	47	20.1	00:01:43	00:20:14	10	6:44	01:04:49.47
28	302	Mike Hanzlik	Male	36	Minneapolis	MN	00:07:55	76	1:21	00:01:47	00:31:24	20	21.4	00:01:03	00:22:51	36	7:36	01:04:58.26
29	280	Andrew Luckow	Male	27	Fargo	ND	00:08:37	111	1:28	00:01:51	00:31:44	27	21.2	00:01:25	00:21:44	21	7:14	01:05:18.72
30	362	Allen Kutz	Male	54	Sartell	MN	00:07:36	61	1:18	00:01:29	00:33:42	51	19.9	00:01:13	00:22:13	28	7:24	01:06:10.69
31	357	T. J. Reinartz	Male	52	Saint Paul	MN	00:07:09	33	1:13	00:02:26	00:31:37	22	21.3	00:01:31	00:23:30	50	7:49	01:06:10.95
32	307	Corey Tabbert	Male	37	Grand Rapids	MN	00:07:21	44	1:15	00:01:27	00:33:10	41	20.3	00:00:57	00:23:45	55	7:54	01:06:36.28
33	308	Glen Drexler	Male	39	Duluth	MN	00:06:59	23	1:11	00:01:22	00:34:12	62	19.7	00:00:48	00:23:33	52	7:50	01:06:51.58
34	270	Joshua Kemp	Male	14	Floodwood	MN	00:07:54	73	1:21	00:01:43	00:34:27	67	19.5	00:00:27	00:22:28	30	7:29	01:06:56.06
35	107	Erik Riker-Coleman	Male	41	Duluth	MN	00:06:53	18	1:11	00:01:33	00:33:27	48	20.1	00:01:15	00:24:37	71	8:12	01:07:43.51
36	329	Jeff Tillman	Male	44	Cohasset	MN	00:09:11	138	1:34	00:02:02	00:34:09	61	19.7	00:00:45	00:21:55	25	7:18	01:07:59.49

# Timberman Triathlon

July 13, 2013

## Overall Results - Male

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
37	355	Todd Fawcett	Male	52	Saint Paul	MN	00:09:28	146	1:37	00:02:12	00:30:40	9	21.9	00:01:21	00:24:48	74	8:15		01:08:25.56
38	328	Tony Tallman	Male	44	Hopkins	MN	00:08:35	109	1:28	00:02:05	00:33:46	54	19.9	00:01:23	00:22:45	33	7:34		01:08:30.89
39	319	Justin Keough	Male	42	Vadnias Heights	MN	00:07:33	59	1:17	00:03:12	00:31:12	16	21.5	00:02:33	00:24:09	62	8:02		01:08:35.77
40	318	Daniel Radloff	Male	42	Duluth	MN	00:07:56	78	1:21	00:01:55	00:32:54	38	20.4	00:01:08	00:25:02	82	8:20		01:08:51.68
41	314	Jeremy Lind	Male	41	Hibbing	MN	00:08:44	119	1:30	00:01:57	00:32:38	36	20.6	00:01:20	00:24:24	66	8:07		01:09:00.15
42	327	Jeff Haiskanen	Male	43	Fargo	ND	00:07:45	70	1:20	00:01:42	00:33:45	53	19.9	00:01:02	00:24:59	79	8:19		01:09:10.77
43	361	Steve Otto	Male	54	Cohasset	MN	00:08:40	115	1:29	00:02:10	00:34:34	69	19.4	00:00:38	00:23:27	48	7:48		01:09:26.93
44	322	Rick Kieffer	Male	42	Linolakes	MN	00:08:16	98	1:25	00:01:59	00:35:14	79	19.1	00:01:10	00:23:06	41	7:41		01:09:43.06
45	305	Joseph Kaczor	Male	37	Cohasset	MN	00:08:23	102	1:26	00:01:23	00:33:10	42	20.3	00:01:00	00:26:10	105	8:43		01:10:04.35
46	374	Mark Rauschenfels	Male	58	Duluth	MN	00:07:59	83	1:22	00:01:40	00:32:20	31	20.8	00:01:21	00:26:52	113	8:57		01:10:09.10
47	333	Michael Clark	Male	45	Rochester	MN	00:07:41	65	1:19	00:02:20	00:33:55	59	19.8	00:01:21	00:25:42	95	8:33		01:10:57.08
48	366	Paul Olson	Male	55	Grand Rapids	MN	00:08:34	108	1:28	00:02:20	00:34:41	71	19.4	00:00:35	00:24:57	78	8:18		01:11:05.08
49	323	Kevin Starcevich	Male	42	Blaine	MN	00:08:08	91	1:24	00:01:38	00:34:31	68	19.5	00:01:11	00:25:48	99	8:35		01:11:13.45
50	324	Sean Barrett	Male	43	Independence	MO	00:07:13	38	1:14	00:01:54	00:36:27	102	18.4	00:01:07	00:24:48	75	8:15		01:11:26.33
51	339	Kevin Boreen	Male	46	Superior	WI	00:08:14	96	1:24	00:02:08	00:34:21	64	19.6	00:01:25	00:25:26	89	8:28		01:11:31.29
52	300	Joshua Wilson	Male	34	Maple Lake	MN	00:09:34	152	1:38	00:02:16	00:34:43	72	19.4	00:00:59	00:24:19	64	8:06		01:11:48.03
53	301	Jere Mohr	Male	35	Duluth	MN	00:07:54	74	1:21	00:01:58	00:35:19	82	19.0	00:01:38	00:25:03	83	8:20		01:11:48.98
54	352	Paul Kovach	Male	52	Duluth	MN	00:07:49	71	1:20	00:02:21	00:31:14	17	21.5	00:01:31	00:29:02	135	9:40		01:11:53.69
55	347	Kyle Harju	Male	49	Monticello	MN	00:06:54	20	1:11	00:02:03	00:33:47	55	19.9	00:01:15	00:27:58	125	9:19		01:11:54.02
56	377	Jim Miner	Male	59	Duluth	MN	00:07:30	56	1:17	00:02:13	00:32:56	39	20.4	00:01:16	00:28:12	126	9:23		01:12:04.57
57	288	Ryan Sutherland	Male	31	Cohasset	MN	00:08:08	90	1:23	00:01:45	00:36:51	112	18.2	00:00:49	00:24:45	73	8:14		01:12:15.52
58	272	Lars Anderson	Male	15	Grand Rapids	MN	00:07:25	50	1:16	00:02:16	00:37:45	122	17.8	00:00:37	00:24:25	67	8:08		01:12:25.91
59	97	Ben Nicholson	Male	38	Solon	IA	00:08:36	110	1:28	00:02:50	00:36:04	97	18.6	00:01:42	00:23:22	45	7:47		01:12:31.86
60	317	Gregory Nacker	Male	41	Vadnais Heights	MN	00:09:00	135	1:32	00:02:37	00:33:14	44	20.2	00:01:58	00:25:50	100	8:36		01:12:37.41
61	371	Bill Stroozas	Male	57	Duluth	MN	00:07:29	54	1:17	00:01:46	00:36:39	106	18.3	00:01:40	00:25:07	86	8:22		01:12:38.57
62	100	Joe Dolan	Male	39	Minneapolis	MN	00:08:18	99	1:25	00:02:21	00:36:06	98	18.6	00:01:20	00:24:50	76	8:16		01:12:52.90
63	286	Marty Cole	Male	31	Grand Rapids	MN	00:08:07	89	1:23	00:02:13	00:36:48	110	18.3	00:02:00	00:23:49	57	7:56		01:12:54.74
64	364	Douglas Happy	Male	55	Duluth	MN	00:10:08	176	1:44	00:02:08	00:34:47	75	19.3	00:01:02	00:25:00	80	8:19		01:13:02.58
65	126	Brian Piekarski	Male	47	Grand Rapids	MN	00:07:55	75	1:21	00:02:23	00:35:52	95	18.7	00:00:55	00:26:07	104	8:42		01:13:08.60
66	350	Charles Palokangas	Male	50	Saginaw	MN	00:09:21	144	1:36	00:02:01	00:36:45	108	18.3	00:00:47	00:24:19	65	8:06		01:13:10.86
67	271	Wesley Grunke	Male	15	Deer River	MN	00:07:29	55	1:17	00:01:33	00:38:11	127	17.6	00:00:33	00:25:29	91	8:29		01:13:11.46
68	325	Karl Vielhaber	Male	43	Viola	WI	00:10:17	179	1:46	00:02:33	00:35:28	84	19.0	00:01:24	00:23:34	53	7:51		01:13:14.13
69	290	Brian Walli	Male	33	Minneapolis	MN	00:07:56	80	1:21	00:04:56	00:35:49	93	18.8	00:02:23	00:22:49	34	7:36		01:13:50.56
70	296	Brian Grzybowski	Male	34	Hibbing	MN	00:09:34	150	1:38	00:01:48	00:36:39	105	18.3	00:00:37	00:25:33	92	8:30		01:14:07.72
71	312	Chad Belanger	Male	41	International Falls	MN	00:08:55	129	1:31	00:02:34	00:36:24	101	18.5	00:01:06	00:25:28	90	8:29		01:14:23.05
72	309	Brian Horgan	Male	40	Minneapolis	MN	00:08:22	101	1:26	00:02:39	00:33:37	49	20.0	00:01:37	00:28:37	132	9:32		01:14:50.72

# Timberman Triathlon

July 13, 2013

## Overall Results - Male

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
73	382	Tom Couillard	Male	64	White Bear Lake	MN	00:07:59	84	1:22	00:02:37	00:35:25	83	19.0	00:01:52	00:27:08	117	9:02		01:14:58.91
74	295	Tom Johnson	Male	34	Minneapolis	MN	00:09:47	163	1:41	00:02:26	00:37:04	115	18.1	00:01:34	00:24:45	72	8:14		01:15:33.38
75	282	Nicholas Wilcox	Male	28	Grand Rapids	MN	00:09:41	159	1:39	00:02:07	00:38:10	125	17.6	00:00:47	00:25:09	87	8:22		01:15:51.88
76	348	Stephen Tufo	Male	49	Plymouth	MN	00:09:56	167	1:42	00:03:30	00:35:44	91	18.8	00:02:17	00:24:35	70	8:11		01:16:00.87
77	316	Richard Heine	Male	41	Hermantown	MN	00:07:04	30	1:12	00:02:35	00:35:41	90	18.8	00:01:49	00:28:59	133	9:39		01:16:05.00
78	334	Tony Radloff	Male	45	Saginaw	MN	00:11:23	194	1:57	00:03:29	00:34:37	70	19.4	00:01:28	00:25:54	101	8:37		01:16:47.90
79	283	Kai Johnson	Male	28	Fargo	ND	00:08:58	132	1:32	00:02:23	00:35:40	89	18.8	00:02:35	00:27:29	122	9:09		01:17:01.84
80	345	Todd Isaacs	Male	48	Maple Grove	MN	00:09:58	169	1:42	00:01:55	00:36:06	99	18.6	00:00:53	00:28:29	130	9:29		01:17:18.53
81	385	Jim Henrichsen	Male	67	Key Largo	FL	00:07:20	43	1:15	00:02:17	00:35:36	86	18.9	00:01:30	00:30:45	154	10:14		01:17:25.44
82	289	Lucas Winkler	Male	32	Grand Rapids	MN	00:10:30	184	1:48	00:02:57	00:39:34	151	17.0	00:00:51	00:23:49	56	7:56		01:17:38.71
83	351	Marc Chiodo	Male	55	Minneapolis	MN	00:10:01	171	1:43	00:02:28	00:33:21	46	20.2	00:02:19	00:29:33	141	9:50		01:17:39.99
84	311	William Macki	Male	40	Grand Forks	ND	00:07:35	60	1:18	00:02:29	00:38:02	123	17.7	00:00:53	00:29:27	138	9:48		01:18:23.65
85	343	Todd Kruse	Male	48	Inver Grove Heights	MN	00:09:46	161	1:40	00:02:34	00:38:31	132	17.5	00:01:30	00:26:14	106	8:44		01:18:33.09
86	369	Lee Schumacher	Male	56	Hibbing	MN	00:07:43	68	1:19	00:03:32	00:37:23	118	18.0	00:01:16	00:29:07	137	9:42		01:18:59.23
87	379	William Bunnelle	Male	60	Ham Lake	MO	00:09:21	143	1:36	00:02:23	00:33:53	56	19.8	00:01:53	00:31:40	163	10:33		01:19:06.67
88	349	Douglas Mcneil	Male	50	Hill City	MN	00:09:34	153	1:38	00:03:43	00:36:42	107	18.3	00:01:04	00:28:27	128	9:28		01:19:27.10
89	313	Steve Bellis	Male	41	Minneapolis	MN	00:09:34	151	1:38	00:02:40	00:40:28	162	16.6	00:01:47	00:25:46	98	8:35		01:20:11.92
90	363	Glenn Davis	Male	55	International Falls	MN	00:10:50	190	1:51	00:02:31	00:36:33	103	18.4	00:01:27	00:29:31	140	9:50		01:20:49.15
91	310	Darren Coombs	Male	40	Fargo	ND	00:08:12	93	1:24	00:01:52	00:38:48	137	17.3	00:02:03	00:30:35	152	10:11		01:21:27.01
92	274	Tyler Platt	Male	18	Hibbing	MN	00:10:19	181	1:46	00:02:09	00:38:22	128	17.5	00:01:44	00:29:00	134	9:39		01:21:32.12
93	368	Gary Kubat	Male	56	Minneapolis	MN	00:09:36	155	1:39	00:03:14	00:35:53	96	18.7	00:01:46	00:32:21	170	10:46		01:22:47.30
94	386	Lyle Koivisto	Male	68	Saginaw	MN	00:10:27	182	1:47	00:03:01	00:36:46	109	18.3	00:01:13	00:31:52	165	10:37		01:23:16.28
95	376	Doug Jost	Male	58	Centerville	MN	00:11:15	191	1:56	00:02:28	00:38:28	131	17.5	00:01:24	00:30:24	150	10:07		01:23:57.12
96	388	Don Meck	Male	74	Siren	WI	00:09:18	141	1:35	00:03:09	00:36:53	113	18.2	00:03:02	00:32:23	171	10:47		01:24:41.10
97	381	Joe Kandiko	Male	63	Excelsior	MN	00:08:29	104	1:27	00:01:59	00:39:15	147	17.1	00:02:15	00:33:05	178	11:01		01:25:00.08
98	358	Craig Petter	Male	53	Plymouth	MN	00:11:19	192	1:56	00:03:25	00:38:27	130	17.5	00:01:51	00:32:13	167	10:44		01:27:12.03
99	330	Alan Jylha	Male	44	Grand Rapids	MN	00:08:41	116	1:29	00:00:58	00:40:11	159	16.7	00:01:23	00:36:35	190	12:11		01:27:44.69
100	354	Richard Kaput	Male	52	Minneapolis	MN	00:09:17	140	1:35	00:01:46	00:45:15	190	14.9	00:00:54	00:33:03	177	11:00		01:30:12.70
101	383	Mark Stange	Male	67	Shoreview	MN	00:08:47	122	1:30	00:02:49	00:39:04	143	17.2	00:02:33	00:37:09	192	12:22		01:30:18.75
102	378	Tom Pearson	Male	60	Pengilly	MN	00:11:20	193	1:57	00:03:33	00:41:40	170	16.1	00:02:35	00:32:38	174	10:52		01:31:43.62
103	370	David Mcdonald	Male	56	Grand Rapids	MN	00:10:06	175	1:44	00:04:44	00:43:35	182	15.4	00:01:47	00:31:45	164	10:34		01:31:53.86
104	372	Kenneth Odegaard	Male	57	Minneapolis	MN	00:07:43	66	1:19	00:04:05	00:43:07	179	15.6	00:01:19	00:35:53	186	11:57		01:32:04.07
105	341	Daren West	Male	47	Silver Spring	MD	00:14:37	200	2:30	00:03:04	00:42:41	177	15.7	00:01:47	00:30:13	147	10:04		01:32:18.43
106	387	Francis Tuominen	Male	70	Minneapolis	MN	00:10:30	183	1:48	00:02:34	00:42:00	174	16.0	00:02:34	00:35:59	187	11:59		01:33:34.41
107	380	Duane Millslage	Male	63	Duluth	MN	00:06:56	21	1:11	00:01:36	00:56:37	202	11.9	00:01:00	00:27:29	121	9:09		01:33:35.06
108	336	Phillip Hensley	Male	45	Shoreview	MN	00:09:54	166	1:42	00:05:19	00:43:34	181	15.4	00:01:39	00:41:16	197	13:45		01:41:39.61

# Timberman Triathlon

July 13, 2013

## Overall Results - Male

### Sprint Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
109	353	Jim Cagle	Male	52	Grand Rapids	MN	00:16:33	202	2:50	00:04:26	00:49:16	199	13.6	00:02:14	00:38:36	195	12:51		01:51:02.25
110	389	Bob Powers	Male	89	White Bear Lake	MN	00:16:10	201	2:46	00:05:24	00:54:18	200	12.4	00:02:10	00:49:42	202	16:33		02:07:41.43