

Tri One On 2013

June 16, 2013

Overall Division Results

Tri Individual

Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	22/615	1/226	429	Karen Pompay	43	Female	Garden City	NY	00:09:17.57	00:31:32.82	00:18:41.73		01:01:20.74
2	28/615	2/226	270	Jessica Lester	24	Female	Long Beach	NY	00:07:47.00	00:34:31.03	00:18:47.29		01:02:38.84
3	46/615	3/226	906	Erin Lusenskas	25	Female	Breckenridge	CO	00:11:39.07	00:32:50.95	00:19:49.71		01:05:32.88
4	50/615	4/226	418	Jeanette Hampel	39	Female	West Islip	NY	00:11:34.33	00:32:06.84	00:20:37.79		01:06:00.29
5	51/615	5/226	253	Sydney Michalak	17	Female	Peterborough	NH	00:10:18.02	00:33:47.11	00:20:48.60		01:06:10.12

Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	1/615	1/389	886	Andreas Schmidt	46	Male	New York City	NY	00:08:18.73	00:28:05.09	00:17:45.98		00:56:01.13
2	2/615	2/389	505	Scott Burman	35	Male	Garden City	NY	00:08:22.81	00:29:15.71	00:17:56.82		00:57:11.79
3	3/615	3/389	536	Joey Dussich	36	Male	New York	NY	00:08:48.05	00:29:31.57	00:17:07.44		00:57:49.15
4	4/615	4/389	650	Bouker Pool	41	Male	New York	NY	00:08:47.51	00:28:09.53	00:18:26.55		00:57:49.82
5	5/615	5/389	692	Joseph Gravier	44	Male	Bronxville	NY	00:09:05.84	00:29:29.77	00:18:17.24		00:58:13.06

Female Clydesdale

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	198/615	37/226	488	Natalie Stevens	30	Female	Brooklyn	NY	00:11:23.43	00:34:46.34	00:25:16.58		01:15:12.52
2	337/615	83/226	486	Meghan Mcdonald	29	Female	Brooklyn	NY	00:11:53.73	00:37:24.14	00:29:41.67		01:22:39.40
3	517/615	167/226	489	Allison Karmel	34	Female	Long Beach	NY	00:17:51.45	00:41:06.02	00:32:05.21		01:36:54.74

Male Clydesdale

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	277/615	214/389	752	Daniel Pego	30	Male	Brooklyn	NY	00:10:44.90	00:40:10.31	00:24:41.89		01:19:24.53
2	287/615	221/389	754	Richard Henning	31	Male	Cold Spring Harbor	NY	00:12:57.08	00:39:17.12			01:19:52.18
3	304/615	232/389	757	Michael Ferris	37	Male	New York	NY	00:14:55.23	00:38:02.18	00:24:47.33		01:20:43.63

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Female Clydesdale Master

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	268/615	60/226	495	Bernadette Winnubst	48	Female	Locust Valley	NY	00:15:21.08	00:36:28.13	00:23:01.49		01:18:56.13
2	468/615	140/226	493	Marla Russo	43	Female	Seattle	WA	00:13:51.52	00:40:53.34	00:30:02.51		01:32:24.35
3	495/615	156/226	496	Nancy Reagan	48	Female	Bay Shore	NY	00:19:15.41	00:41:54.02	00:29:26.34		01:34:59.40

Male Clydesdale Master

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	106/615	89/389	899	Howard Levine	52	Male	Short Hills	NJ	00:08:54.13	00:33:59.98	00:25:35.09		01:10:18.75
2	145/615	121/389	767	Len Oppenheimer	45	Male	Hewlett Harbor	NY	00:12:13.23	00:34:13.27	00:23:59.35		01:12:40.83
3	200/615	163/389	771	Brian Malone	47	Male	Roslyn Heights	NY	00:12:39.86	00:36:15.43	00:22:22.44		01:15:28.14

Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	477/615	145/226	930	Emma Feld	9	Female	New York	NY	00:14:00.40	00:49:00.63	00:26:32.49		01:33:40.97

Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	272/615	211/389	12	Vasilis Myrianthopoulos	13	Male	Port Washington	NY	00:10:29.00	00:43:01.94	00:20:58.64		01:19:02.12
2	433/615	315/389	13	Kevin Mccarroll	14	Male	Port Washington	NY	00:21:13.19	00:39:34.52	00:24:17.59		01:29:08.04
3	610/615	388/389	14	Austin Egna	15	Male	Port Washington	NY	00:45:18.48	00:59:30.43	00:30:54.83		02:24:32.95

Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	100/615	16/226	907	Emily Schein	19	Female	New York	NY	00:12:02.57	00:35:36.37	00:20:15.15		01:09:58.33
2	439/615	122/226	252	Kayla Brooks	17	Female	Somers	NY	00:12:26.53	00:43:24.94	00:31:00.26		01:29:27.55
3	518/615	168/226	251	Pauline Bordonaro	16	Female	Port Washington	NY	00:13:22.50	00:44:56.00	00:29:48.35		01:37:09.47

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Overall Division Results

Tri Individual

Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	14/615	14/389	23	Aaron Lewis	19	Male	Jericho	NY	00:10:34.45	00:30:46.16	00:17:20.40		01:00:14.00
2	107/615	90/389	22	Paolo Bertolotti	19	Male	Port Washington	NY	00:12:13.74	00:36:00.36	00:19:01.97		01:10:19.94
3	180/615	148/389	17	Alexander Pekoff	16	Male	Bellmore	NY	00:12:38.66	00:39:00.32	00:17:20.54		01:14:32.89

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	63/615	6/226	263	Kelly Lester	22	Female	Long Beach	NY	00:08:37.92	00:34:35.92	00:21:56.69		01:07:16.76
2	91/615	13/226	273	Courtney Moran	24	Female	New York	NY	00:08:50.82	00:35:46.77	00:22:10.25		01:09:14.20
3	188/615	34/226	257	Olivia Myszkowski	20	Female	Maspeth	NY	00:10:07.23	00:37:09.24	00:25:28.58		01:14:49.50

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	11/615	11/389	39	Kyle Gomes	23	Male	Jamaica	NY	00:08:42.58	00:30:31.31	00:18:24.18		00:59:25.00
2	13/615	13/389	34	Sean Hardick	21	Male	East Northport	NY	00:08:19.91	00:30:58.95	00:18:54.57		00:59:53.00
3	38/615	36/389	33	Marco Bertolotti	21	Male	Port Washington	NY	00:10:47.38	00:34:59.89	00:14:46.30		01:04:40.61

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	77/615	9/226	876	Caitlin Alexander	25	Female	New York	NY	00:10:37.96	00:34:25.91	00:21:10.15		01:08:16.81
2	86/615	11/226	282	Ashley Schatz	25	Female	Port Jefferson Station	NY	00:14:29.32	00:33:59.53	00:18:44.80		01:08:55.88
3	92/615	14/226	895	Andrea Archer	25	Female	New York	NY	00:12:13.52	00:32:39.82	00:20:42.97		01:09:19.09

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	6/615	6/389	101	Alexander Lloyd	26	Male	New York	NY	00:08:50.89	00:30:30.03	00:17:35.07		00:58:22.00
2	18/615	18/389	50	Ely Franko	25	Male	New York	NY	00:09:28.35	00:29:15.45	00:20:10.66		01:00:40.52
3	42/615	40/389	87	Holden Clauson	29	Male	Stillwater	MN	00:11:20.55	00:32:39.54	00:18:54.35		01:05:13.54

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Overall Division Results

Tri Individual

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	76/615	8/226	883	Carole Hook	32	Female	New York	NY	00:10:36.53	00:34:13.16	00:19:57.74		01:08:12.20
2	84/615	10/226	341	Alicia Sepulveda	30	Female	Bay Shore	NY	00:12:43.83	00:32:22.38	00:20:15.09		01:08:49.74
3	96/615	15/226	357	Kristyn Pluchino	32	Female	Jersey City	NJ	00:11:36.12	00:33:09.81	00:21:20.81		01:09:34.51

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	20/615	20/389	152	David Cohen	31	Male	New York	NY	00:08:43.63	00:30:35.62	00:19:53.23		01:00:57.68
2	21/615	21/389	144	Matthew Raske	31	Male	New Rochelle	NY	00:08:53.27	00:32:41.39	00:17:41.01		01:01:15.02
3	30/615	28/389	181	David Pietrangelo	33	Male	Hoboken	NJ	00:10:24.40	00:32:20.91	00:18:31.66		01:02:58.45

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	73/615	7/226	395	Teresa Lenzi	35	Female	New York	NY	00:10:38.17	00:34:26.33	00:20:53.86		01:08:02.79
2	87/615	12/226	410	Laura Marino	37	Female	Baldwin	NY	00:11:24.97	00:33:23.21	00:21:57.76		01:08:59.83
3	121/615	19/226	396	Jen Wekelo	35	Female	New York	NY	00:12:15.29	00:35:37.77	00:20:29.50		01:11:14.58

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	7/615	7/389	552	Sean Tedesco	37	Male	East Meadow	NY	00:08:16.20	00:30:49.65	00:18:28.56		00:58:54.54
2	15/615	15/389	501	Mathew Ward	36	Male	Brooklyn	NY	00:09:17.23	00:30:27.34	00:18:51.36		01:00:18.83
3	16/615	16/389	534	Paul Lesueur	36	Male	Garden City	NY	00:09:38.22	00:29:50.58	00:18:59.25		01:00:27.36

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	148/615	25/226	422	Heidi Roussis	41	Female	Westbury	NY	00:12:27.48	00:36:57.66	00:21:16.87		01:12:46.19
2	267/615	59/226	888	Jennifer Feeney	41	Female	New York	NY	00:15:00.36	00:36:03.45	00:23:57.34		01:18:55.65
3	302/615	71/226	432	Christine Peddy	43	Female	New York	NY	00:18:39.28	00:36:22.10	00:22:01.73		01:20:41.59

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Overall Division Results

Tri Individual

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	9/615	9/389	661	Thomas Sullivan	42	Male	Jackson Heights	NY	00:10:20.27	00:29:08.77	00:17:17.53		00:59:13.03
2	25/615	24/389	674	Leon Zemel	43	Male	New Rochelle	NY	00:10:31.78	00:30:20.75	00:19:09.00		01:02:03.14
3	37/615	35/389	689	David Sweeney	44	Male	New York	NY	00:11:03.30	00:31:49.42	00:18:56.47		01:04:09.34

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	105/615	17/226	442	Charlotte Johnson	46	Female	Port Jefferson Station	NY	00:13:14.89	00:33:32.76	00:21:24.45		01:10:14.59
2	122/615	20/226	441	Lila Baboomian	46	Female	Budd Lake	NJ	00:11:15.73	00:35:26.79	00:22:20.03		01:11:21.58
3	161/615	27/226	885	Renate Schmidt	46	Female	New York City	NY	00:13:05.12	00:33:16.61	00:24:53.50		01:13:33.40

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	12/615	12/389	797	Carlos Garcia	49	Male	Weehawken	NJ	00:11:02.16	00:28:08.44	00:17:58.76		00:59:36.63
2	17/615	17/389	819	Andre Bessette	46	Male	Woodstock	CT	00:12:00.35	00:28:41.65	00:18:03.22		01:00:33.42
3	19/615	19/389	823	Sanford Ewing	46	Male	Darien	CT	00:09:24.49	00:30:20.11	00:19:32.73		01:00:46.33

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	215/615	44/226	461	Lisa Hiller	51	Female	Roslyn Heights	NY	00:11:45.06	00:37:03.59	00:24:24.37		01:16:21.45
2	279/615	64/226	462	Rosemary Jones	51	Female	Babylon	NY	00:13:18.85	00:36:43.16	00:24:33.83		01:19:27.93
3	290/615	67/226	457	Donna Cummings	50	Female	West Islip	NY	00:16:26.25	00:36:40.02	00:24:08.40		01:20:03.22

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	10/615	10/389	205	Jose Lopez	51	Male	Mineola	NY	00:08:33.57	00:29:49.23	00:19:16.63		00:59:22.08
2	24/615	23/389	235	Chris Daily	54	Male	Farmingdale	NY	00:13:15.13	00:29:49.50	00:17:26.02		01:02:00.30
3	26/615	25/389	215	Pablo Valedon	52	Male	Brewster	NY	00:08:29.06	00:32:48.63	00:19:02.48		01:02:04.51

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Overall Division Results

Tri Individual

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	127/615	21/226	477	Lorraine Huether	57	Female	Massapequa	NY	00:11:57.11	00:34:06.52	00:22:46.70		01:11:37.03
2	193/615	36/226	499	Julie Cook	57	Female	New York	NY	00:13:32.85	00:35:14.29	00:24:24.81		01:15:09.12
3	234/615	47/226	476	Nancy Breitbarth	57	Female	Jericho	NY	00:11:09.86	00:37:36.80	00:25:06.50		01:17:11.75

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	8/615	8/389	903	Ned Daily	56	Male	Garden City Park	NY	00:10:35.62	00:28:36.00	00:18:14.91		00:59:09.24
2	34/615	32/389	827	Glen Malings	55	Male	Syosset	NY	00:09:16.40	00:30:27.64	00:22:00.51		01:03:37.73
3	39/615	37/389	845	David Broad	57	Male	New York	NY	00:12:35.82	00:31:03.65	00:18:45.92		01:04:47.09

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	303/615	72/226	482	Diane Schubert	60	Female	New Hyde Park	NY	00:14:52.22	00:35:39.97	00:25:59.26		01:20:43.55
2	550/615	188/226	483	Barbara E Burns	64	Female	Plainview	NY	00:18:21.20	00:46:13.94	00:32:47.96		01:43:03.08

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	43/615	41/389	861	Amos Benhorin	64	Male	Northport	NY	00:10:15.33	00:30:36.49	00:21:38.96		01:05:14.59
2	82/615	73/389	856	Bob Otto	61	Male	Holtsville	NY	00:11:07.70	00:32:09.63	00:22:05.04		01:08:40.56
3	323/615	246/389	855	Jonathan Jordan	60	Male	New Orleans	LA	00:11:04.08	00:38:20.66	00:24:52.51		01:21:46.85

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	67/615	61/389	863	Daniel O'connell	66	Male	Oyster Bay	NY	00:10:44.06	00:32:49.65	00:21:14.00		01:07:32.11
2	317/615	242/389	865	Steven Greenberg	67	Male	Hewlett	NY	00:11:24.71	00:37:21.35	00:28:10.88		01:21:34.34
3	472/615	331/389	869	Neil Cook	69	Male	New York	NY	00:12:24.32	00:39:07.13	00:36:48.40		01:33:18.11

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Tri Individual

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	383/615	284/389	866	Douglas Hyer	70	Male	Roslyn	NY	00:17:27.10	00:38:30.64	00:25:36.01		01:25:15.44

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Overall Division Results

Tri Team

Mixed Male Team

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	1/8	1/8	4	Team Lester	99	Mixed	Long Beach	NY	00:08:45.55	00:29:31.02	00:19:20.65		00:59:13.00
2	2/8	2/8	3	St. Gerard's At 5	99	Mixed	South Setauket	NY	00:13:19.92	00:35:20.73	00:19:21.36		01:09:23.85
3	5/8	5/8	2	Let's Just Do It	99	Mixed	East Northport	NY	00:19:55.16	00:32:34.81	00:25:08.31		01:18:32.86

Mixed Coed Team

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	Gender	City	St.	Swim	Bike	Run	Penalty	Time
1	3/8	3/8	8	The Baked Eggs	99	Mixed	New York	NY	00:15:09.38	00:34:58.38	00:20:31.72		01:12:05.33
2	4/8	4/8	11	Team Ferg	99	Mixed	East Setauket	NY	00:17:18.89	00:32:44.92	00:24:00.81		01:15:05.46
3	7/8	7/8	5	Knock Em Dead	99	Mixed	Bellmore	NY	00:15:11.84	00:45:46.46	00:29:18.49		01:31:50.32