

USAT Duathlon National Championship

October 26, 2013

Overall Results

Sprint

Place	No.	Name	Gender	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	620	Dan Grimm	Male	22	Flagstaff	AZ	00:07:31	1	4:50	00:00:55	00:27:32	13	23.7	00:00:39	00:08:24	1	5:23		00:44:59.12
2	689	Stephen Dupree	Male	46	Boulder	CO	00:07:44	3	4:58	00:00:40	00:27:08	8	24.1	00:00:46	00:08:54	3	5:43		00:45:08.72
3	605	Timothy Winslow	Male	17	Elk Grove	CA	00:07:50	5	5:02	00:00:36	00:27:34	14	23.7	00:00:35	00:08:56	4	5:44		00:45:27.89
4	607	Max Bennett	Male	18	Flagstaff	AZ	00:07:37	2	4:54	00:00:33	00:27:55	18	23.4	00:00:33	00:09:13	7	5:55		00:45:49.03
5	653	Brian Duff	Male	37	Los Angeles	CA	00:07:49	4	5:01	00:00:44	00:26:55	6	24.2	00:00:41	00:10:04	28	6:28		00:46:11.34
6	681	Rob Jones	Male	45	West Chester	PA	00:08:00	9	5:08	00:00:41	00:26:45	5	24.4	00:00:42	00:10:11	33	6:32		00:46:17.23
7	671	Joe English	Male	43	Hillsboro	OR	00:08:03	11	5:10	00:00:59	00:27:05	7	24.1	00:00:43	00:09:32	13	6:07		00:46:19.46
8	632	Michael Barney	Male	27	Albuquerque	NM	00:08:05	14	5:12	00:00:42	00:27:56	20	23.4	00:00:41	00:09:09	6	5:52		00:46:30.80
9	712	Bruce Balch	Male	51	Las Vegas	NV	00:08:07	16	5:13	00:00:44	00:27:30	12	23.7	00:00:35	00:09:47	18	6:16		00:46:39.68
10	666	Bryant Howard	Male	42	Clackamas	OR	00:08:18	22	5:20	00:00:53	00:26:44	2	24.4	00:00:47	00:10:06	30	6:29		00:46:45.84
11	727	Greg Pelican	Male	54	Bethel	CT	00:08:04	12	5:11	00:00:37	00:28:12	23	23.1	00:00:38	00:09:21	10	6:00		00:46:49.60
12	657	Shannon Horn	Male	39	Post Falls	ID	00:08:22	25	5:22	00:00:42	00:27:29	11	23.8	00:00:36	00:09:56	23	6:22		00:47:02.08
13	637	Jason Karavidas	Male	28	San Diego	CA	00:08:32	31	5:29	00:00:42	00:27:35	15	23.7	00:00:36	00:09:46	17	6:16		00:47:09.37
14	638	Justin Graves	Male	29	Grosse Pointe Park	MI	00:08:11	19	5:15	00:00:46	00:27:56	19	23.4	00:00:40	00:09:42	15	6:13		00:47:12.77
15	684	Michael O'riley	Male	45	Colorado Springs	CO	00:08:14	20	5:17	00:00:56	00:27:53	17	23.4	00:00:56	00:09:20	9	5:59		00:47:17.22
16	659	Jeffrey Zickus	Male	40	Atlanta	GA	00:07:54	7	5:05	00:00:55	00:29:01	34	22.5	00:00:55	00:08:40	2	5:34		00:47:23.21
17	715	Derek Hager	Male	52	Minneapolis	MN	00:08:53	43	5:42	00:00:41	00:26:45	4	24.4	00:00:39	00:10:38	50	6:49		00:47:33.08
18	601	Ryan Davis	Male	16	Scottsdale	AZ	00:08:01	10	5:09	00:00:48	00:28:49	32	22.6	00:00:42	00:09:19	8	5:58		00:47:36.34
19	608	Matthew Gordon	Male	18	Phoenix	AZ	00:07:52	6	5:03	00:00:39	00:29:09	36	22.4	00:00:37	00:09:26	11	6:03		00:47:40.03
20	670	Roy Pickavance	Male	42	Tucson	AZ	00:09:31	76	6:07	00:00:44	00:26:14	1	24.9	00:00:49	00:10:29	44	6:43		00:47:43.73
21	630	Ben Gadowski	Male	26	Fort Collins	CO	00:08:16	21	5:19	00:00:40	00:28:14	24	23.1	00:00:41	00:09:56	25	6:22		00:47:45.62
22	619	Stephen Pedone	Male	22	South Elgin	IL	00:08:56	44	5:44	00:00:43	00:27:15	9	23.9	00:00:38	00:10:21	40	6:39		00:47:50.98
23	741	Tom Resh	Male	56	Redlands	CA	00:09:27	70	6:04	00:00:39	00:26:45	3	24.4	00:00:42	00:10:32	46	6:45		00:48:02.03
24	686	Peter Francis	Male	45	Portland	OR	00:08:35	33	5:31	00:00:53	00:27:50	16	23.4	00:00:47	00:10:16	37	6:35		00:48:19.70
25	609	Andreas Thallaug	Male	18	Flagstaff	AZ	00:08:59	45	5:46	00:00:36	00:28:03	21	23.3	00:00:33	00:10:14	35	6:34		00:48:21.42
26	685	Jack Winch	Male	45	Calabasas	CA	00:08:21	24	5:22	00:00:56	00:28:32	27	22.9	00:00:49	00:09:50	19	6:18		00:48:25.86
27	728	Dean Maruna	Male	54	Erie	CO	00:08:09	18	5:14	00:00:34	00:28:47	29	22.7	00:00:32	00:10:34	48	6:46		00:48:32.45
28	698	Dan Bergeson	Male	48	Oldsmar	FL	00:08:20	23	5:21	00:00:38	00:29:33	47	22.1	00:00:39	00:09:54	22	6:21		00:49:01.79
29	751	Russ Jones	Male	58	San Juan Capistrano	CA	00:09:17	59	5:58	00:00:35	00:28:33	28	22.9	00:00:32	00:10:18	38	6:36		00:49:12.28
30	662	Rick Smith	Male	41	Madison	WI	00:08:42	36	5:36	00:00:48	00:28:48	31	22.7	00:00:47	00:10:14	36	6:34		00:49:17.65
31	760	David Morrow	Male	60	Tarpon Springs	FL	00:09:18	61	5:58	00:00:39	00:28:15	25	23.1	00:00:40	00:10:36	49	6:48		00:49:25.58
32	709	Jim Green	Male	50	San Diego	CA	00:09:12	53	5:55	00:00:43	00:28:09	22	23.2	00:00:40	00:10:48	58	6:56		00:49:29.35
33	616	Joey Mack	Male	20	Flagstaff	AZ	00:08:49	39	5:40	00:00:38	00:30:14	60	21.6	00:00:31	00:09:37	14	6:10		00:49:45.85
34	625	Erik Nelson	Male	24	Flagstaff	AZ	00:08:41	35	5:35	00:00:48	00:29:34	48	22.1	00:00:47	00:10:06	29	6:28		00:49:53.21
35	643	Michael Ashworth	Male	31	Miami Beach	FL	00:08:33	32	5:30	00:01:09	00:29:05	35	22.4	00:00:52	00:10:27	42	6:42		00:50:03.68
36	687	Wally Dowe	Male	43	Tucson	AZ	00:09:35	81	6:09	00:00:46	00:27:24	10	23.8	00:00:50	00:11:34	103	7:25		00:50:05.81

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
37	618	Adam Sandoval	Male	21	Flagstaff	AZ	00:08:31	28	5:28	00:01:01	00:30:04	58	21.7	00:00:40	00:09:56	24	6:22		00:50:08.91
38	617	Sean Price	Male	21	Long Beach	CA	00:07:59	8	5:07	00:01:04	00:31:15	80	20.9	00:00:48	00:09:06	5	5:50		00:50:10.17
39	614	Edgar Perez	Male	20	Yuma	AZ	00:08:04	13	5:11	00:00:49	00:31:22	83	20.8	00:00:41	00:09:31	12	6:06		00:50:24.74
40	497	Courtney Robles-Wiseman	Female	31	Corona	CA	00:09:00	46	5:47	00:00:52	00:29:36	49	22.1	00:00:51	00:10:09	32	6:31		00:50:25.19
41	704	Jeff Deweerdt	Male	49	Hoffman Estates	IL	00:08:51	42	5:41	00:00:50	00:29:46	51	21.9	00:00:56	00:10:13	34	6:33		00:50:32.86
42	677	Allan Golding	Male	44	Cooper City	FL	00:09:07	48	5:51	00:00:44	00:29:11	37	22.4	00:00:49	00:10:52	60	6:58		00:50:40.76
43	526	Celia Dubey	Female	41	Tarpon Springs	FL	00:09:21	65	6:01	00:00:35	00:29:27	42	22.2	00:00:38	00:10:43	54	6:53		00:50:42.22
44	676	Kevin Schroder	Male	43	Bellaire	TX	00:09:10	50	5:53	00:01:02	00:28:48	30	22.7	00:00:44	00:11:05	71	7:06		00:50:45.93
45	631	Michael Goldstein	Male	26	Tucson	AZ	00:09:22	66	6:01	00:01:00	00:28:20	26	23.0	00:01:03	00:11:14	82	7:12		00:50:56.19
46	721	Walter Lane	Male	53	Westerly	RI	00:09:12	52	5:55	00:00:55	00:28:55	33	22.6	00:00:49	00:11:19	85	7:15		00:51:07.69
47	722	Matthew Mclaughlin	Male	53	Westlake Village	CA	00:08:37	34	5:32	00:00:48	00:30:58	73	21.1	00:00:47	00:10:07	31	6:29		00:51:15.45
48	702	David Price	Male	49	Franklin	TN	00:09:23	67	6:01	00:00:44	00:30:03	57	21.7	00:00:45	00:10:27	41	6:42		00:51:18.72
49	579	Patty Peoples-Resh	Female	57	Redlands	CA	00:09:37	83	6:11	00:00:49	00:29:32	46	22.1	00:00:39	00:10:45	57	6:54		00:51:19.99
50	733	John Camoriano	Male	56	Mesa	AZ	00:09:40	86	6:13	00:01:00	00:29:13	39	22.3	00:01:08	00:10:43	53	6:52		00:51:41.19
51	646	Christian Bailey	Male	33	Scottsdale	AZ	00:08:28	27	5:27	00:01:10	00:30:17	62	21.5	00:00:54	00:10:57	64	7:01		00:51:43.94
52	718	Bruce Raymond	Male	52	Oak View	CA	00:09:36	82	6:10	00:00:43	00:29:30	43	22.1	00:00:33	00:11:29	96	7:22		00:51:47.42
53	758	Neil Howk	Male	60	Glendale	AZ	00:09:21	64	6:01	00:00:52	00:29:53	53	21.8	00:00:57	00:11:01	69	7:04		00:52:02.20
54	610	Zach Blakely	Male	18	Flagstaff	AZ	00:08:32	30	5:29	00:01:12	00:31:46	95	20.5	00:00:41	00:09:54	21	6:21		00:52:03.07
55	647	Jay Gibson	Male	33	Beaufort	SC	00:09:24	68	6:02	00:00:53	00:30:16	61	21.6	00:00:52	00:10:41	52	6:51		00:52:03.27
56	513	Julia Purrington	Female	38	Evergreen	CO	00:09:45	91	6:16	00:00:40	00:30:24	64	21.5	00:00:40	00:10:50	59	6:57		00:52:16.16
57	628	Benjamin Wilson	Male	26	San Francisco	CA	00:08:50	41	5:41	00:00:51	00:31:30	90	20.7	00:00:39	00:10:32	47	6:45		00:52:19.26
58	683	Steve Sievert	Male	45	Houston	TX	00:08:45	37	5:37	00:00:56	00:30:22	63	21.5	00:00:54	00:11:30	98	7:22		00:52:24.10
59	700	Frank Silva	Male	48	Sandy Springs	GA	00:08:46	38	5:38	00:00:50	00:29:23	41	22.2	00:00:48	00:10:44	56	6:53	+02:00.00	00:52:27.38
60	732	William Gunter	Male	55	Laurel	MD	00:10:04	110	6:28	00:00:55	00:29:30	44	22.1	00:00:43	00:11:26	92	7:20		00:52:36.18
61	626	Tyler Roell	Male	25	Indianapolis	IN	00:08:06	15	5:12	00:01:07	00:32:33	116	20.0	00:00:58	00:10:04	27	6:27		00:52:45.49
62	660	James Mcgeahy	Male	40	Henderson	NV	00:09:06	47	5:51	00:01:21	00:30:11	59	21.6	00:01:01	00:11:12	78	7:11		00:52:48.87
63	606	Juan Sanchez	Male	17	Katy	TX	00:08:07	17	5:13	00:00:52	00:32:03	102	20.4	00:00:53	00:11:01	68	7:04		00:52:53.59
64	669	Roger Cornwall	Male	42	Cincinnati	OH	00:09:58	103	6:24	00:00:59	00:29:11	38	22.4	00:00:54	00:11:54	113	7:38		00:52:53.80
65	740	Ernie Janelle	Male	56	Smyrna	GA	00:09:20	63	6:00	00:00:56	00:31:49	96	20.5	00:01:01	00:09:53	20	6:20		00:52:55.98
66	568	Kristin Villopoto	Female	53	Chapel Hill	NC	00:10:06	114	6:29	00:00:58	00:29:59	56	21.8	00:00:44	00:11:15	83	7:13		00:52:59.64
67	743	Lowry Barfield	Male	56	Phoenix	AZ	00:10:22	134	6:40	00:00:45	00:29:14	40	22.3	00:00:49	00:11:56	114	7:39		00:53:03.32
68	639	Justin Merolla	Male	29	New York	NY	00:09:32	77	6:07	00:00:43	00:30:40	68	21.3	00:00:54	00:11:21	88	7:17		00:53:07.24
69	713	Amol Saxena	Male	51	Palo Alto	CA	00:09:53	99	6:21	00:01:02	00:29:55	54	21.8	00:01:18	00:11:13	80	7:12		00:53:18.99
70	737	Louis Almekinders	Male	56	Chapel Hill	NC	00:10:05	113	6:29	00:00:38	00:30:56	71	21.1	00:00:38	00:11:17	84	7:14		00:53:32.04
71	720	Jim Anderson	Male	52	Alameda	CA	00:09:19	62	5:59	00:00:51	00:30:57	72	21.1	00:00:53	00:11:38	105	7:28		00:53:34.63
72	672	Michael Serrano	Male	43	Las Vegas	NV	00:09:27	71	6:04	00:01:08	00:31:40	93	20.6	00:00:58	00:10:30	45	6:44		00:53:40.15

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc
73	569	Valerie Eipper	Female	53	Longmont	CO	00:09:40	85	6:12	00:00:47	00:31:30	89	20.7	00:00:46	00:11:06	72	7:07	00:53:45.61
74	706	Simon Aris	Male	49	Houston	TX	00:10:08	115	6:30	00:01:01	00:29:31	45	22.1	00:01:13	00:11:58	118	7:40	00:53:47.33
75	613	Kyle Weiss	Male	19	Flagstaff	AZ	00:08:31	29	5:28	00:01:24	00:32:21	111	20.2	00:01:15	00:10:19	39	6:37	00:53:47.91
76	621	Juan Lopez	Male	22	Brooklyn	NY	00:08:49	40	5:40	00:00:51	00:32:57	125	19.8	00:00:39	00:10:41	51	6:51	00:53:53.64
77	755	Scott Kessler	Male	59	Lake Oswego	OR	00:09:57	102	6:24	00:01:01	00:30:26	65	21.4	00:01:03	00:11:32	100	7:24	00:53:56.50
78	748	Gerardo Corbato	Male	57	West Palm Beach	FL	00:10:13	124	6:34	00:01:00	00:29:50	52	21.9	00:00:52	00:12:09	127	7:48	00:54:01.59
79	611	Blake Souza	Male	19	Newark	CA	00:09:11	51	5:54	00:01:12	00:31:33	91	20.7	00:01:04	00:11:07	73	7:08	00:54:04.19
80	537	Lara Ray	Female	44	Camarillo	CA	00:09:17	60	5:58	00:00:54	00:32:16	106	20.2	00:00:48	00:10:54	62	7:00	00:54:06.60
81	691	Steve Waite	Male	46	Kayenta	AZ	00:09:28	72	6:05	00:01:06	00:31:55	99	20.5	00:01:18	00:10:28	43	6:43	00:54:11.94
82	559	Geraldine Lupini	Female	50	Milford	MI	00:09:59	105	6:25	00:00:51	00:31:09	77	20.9	00:00:47	00:11:30	97	7:22	00:54:13.87
83	514	Kerri Dienhart	Female	38	St. Petersburg	FL	00:09:34	80	6:09	00:00:56	00:31:49	98	20.5	00:01:01	00:11:07	74	7:08	00:54:25.21
84	506	M J Duron	Female	34	Marana	AZ	00:09:54	101	6:22	00:00:52	00:31:12	78	20.9	00:01:05	00:11:31	99	7:23	00:54:31.82
85	705	D Michael Cruz	Male	49	Laveen	AZ	00:10:10	119	6:32	00:01:09	00:30:42	70	21.3	00:01:12	00:11:22	89	7:18	00:54:33.43
86	486	Jacque Povilaitis	Female	23	Flagstaff	AZ	00:09:43	89	6:14	00:00:55	00:32:22	112	20.2	00:00:42	00:10:56	63	7:01	00:54:35.31
87	472	Michelle Niebla	Female	15	Nogales	AZ	00:09:33	79	6:08	00:00:39	00:32:52	121	19.9	00:00:39	00:10:58	65	7:02	00:54:38.22
88	731	John Waguespack	Male	55	Destrehan	LA	00:10:02	108	6:27	00:01:03	00:31:16	81	20.9	00:01:01	00:11:23	90	7:18	00:54:43.06
89	770	Terry Habecker	Male	66	Ithaca	NY	00:10:54	164	7:01	00:01:06	00:29:55	55	21.8	00:00:54	00:12:02	121	7:43	00:54:48.39
90	714	Kenneth Varner	Male	51	Port Charlotte	FL	00:09:50	97	6:19	00:00:46	00:31:26	85	20.8	00:00:44	00:12:06	123	7:46	00:54:49.65
91	723	David Garrett	Male	53	Albuquerque	NM	00:09:39	84	6:12	00:01:02	00:32:16	108	20.2	00:00:58	00:10:59	66	7:02	00:54:51.04
92	474	Jessica Tomasek	Female	16	Oceanside	CA	00:09:49	95	6:18	00:00:37	00:32:52	122	19.9	00:00:34	00:11:13	79	7:12	00:55:02.13
93	648	Josh Boesen	Male	33	Wilmington	DE	00:09:08	49	5:52	00:00:52	00:32:49	120	19.9	00:00:48	00:11:33	102	7:24	00:55:06.77
94	757	Chuck Chokel	Male	60	New Castle	NH	00:10:12	120	6:33	00:01:13	00:31:40	94	20.6	00:00:56	00:11:07	75	7:08	00:55:06.80
95	612	Edward Maruna	Male	19	Ramona	CA	00:09:29	74	6:06	00:01:09	00:31:35	92	20.7	00:01:00	00:11:57	117	7:40	00:55:07.14
96	768	Kent Howard	Male	65	Carlsbad	CA	00:10:18	127	6:37	00:01:05	00:31:00	75	21.1	00:01:08	00:11:42	107	7:30	00:55:09.05
97	744	Anthony Benedict	Male	56	Fort Lauderdale	FL	00:09:16	58	5:57	00:00:51	00:32:39	118	20.0	00:01:06	00:11:26	93	7:20	00:55:15.52
98	762	Fred Galata	Male	62	Omaha	NE	00:11:04	171	7:07	00:01:07	00:29:41	50	22.0	00:01:01	00:12:27	137	7:59	00:55:17.31
99	679	Bill Klotz	Male	44	Bedford Hills	NY	00:09:14	55	5:56	00:00:51	00:33:20	136	19.6	00:00:41	00:11:19	87	7:16	00:55:22.62
100	481	Hannah Dalsing	Female	21	Peoria	AZ	00:10:28	137	6:44	00:00:48	00:30:42	69	21.3	00:00:52	00:12:40	149	8:08	00:55:28.58
101	494	Abby Trombley	Female	31	Findlay	OH	00:09:45	92	6:16	00:01:03	00:33:20	135	19.6	00:00:51	00:10:44	55	6:53	00:55:40.48
102	636	Caleb Brantley	Male	28	Tucson	AZ	00:10:41	150	6:52	00:00:45	00:31:27	86	20.8	00:00:53	00:11:58	119	7:41	00:55:41.48
103	503	Brooke Kinsler	Female	34	South Glastonbury	CT	00:10:40	147	6:51	00:00:57	00:31:29	88	20.7	00:00:53	00:11:47	110	7:33	00:55:43.79
104	652	Vince Huang	Male	36	Beverly Hills	CA	00:10:21	132	6:39	00:01:14	00:31:07	76	21.0	00:01:03	00:12:22	133	7:56	00:56:03.79
105	533	Mary Laibe	Female	43	Sun Valley	ID	00:10:56	167	7:02	00:01:05	00:31:15	79	20.9	00:00:57	00:11:56	116	7:40	00:56:06.48
106	742	E.jay Maruna	Male	56	Ramona	CA	00:10:19	130	6:37	00:01:23	00:30:27	66	21.4	00:01:18	00:12:44	152	8:10	00:56:07.81
107	736	David Lasorsa	Male	56	Port Angeles	WA	00:10:49	158	6:57	00:00:45	00:32:00	101	20.4	00:00:44	00:11:53	112	7:38	00:56:09.66
108	624	Ivan Almekinders	Male	24	Chapel Hill	NC	00:08:28	26	5:26	00:00:58	00:35:49	193	18.2	00:01:16	00:09:44	16	6:14	00:56:10.54

USAT Duathlon National Championship

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Overall Results

Sprint

Place	No.	Name	Gender	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
109	629	Jonnathan Handshoe	Male	26	Greenville	SC	00:09:13	54	5:55	00:01:20	00:33:42	143	19.4	00:00:55	00:11:10	76	7:10		00:56:17.81
110	756	Michael Morris	Male	60	Roanoke	VA	00:11:05	172	7:07	00:00:50	00:31:27	87	20.7	00:01:10	00:12:15	130	7:52		00:56:44.09
111	615	Ryan Mix	Male	20	Flagstaff	AZ	00:09:26	69	6:04	00:01:14	00:33:52	150	19.3	00:00:50	00:11:28	95	7:21		00:56:47.93
112	507	Meghan Gottlieb	Female	35	St. Louis	MO	00:10:19	129	6:37	00:00:57	00:33:12	131	19.7	00:00:57	00:11:26	94	7:20		00:56:48.06
113	623	Mario Robinson	Male	23	Jackson Heights	NY	00:09:30	75	6:06	00:00:47	00:33:28	137	19.5	00:00:45	00:12:19	132	7:54		00:56:48.24
114	571	Judyann Cummings	Female	54	Thornton	CO	00:10:52	161	6:59	00:00:52	00:32:19	109	20.2	00:00:57	00:11:52	111	7:37		00:56:49.69
115	484	Tara Saxena	Female	22	Palo Alto	CA	00:09:29	73	6:05	00:00:49	00:35:51	195	18.2	00:00:44	00:10:02	26	6:26		00:56:52.52
116	540	Jennifer Mason	Female	44	Brentwood	TN	00:10:35	142	6:48	00:01:03	00:31:49	97	20.5	00:01:04	00:12:32	142	8:02		00:57:00.39
117	725	Joe Nolan	Male	53	Oconomowoc	WI	00:10:13	122	6:34	00:00:55	00:32:59	126	19.8	00:00:59	00:11:59	120	7:41		00:57:01.54
118	546	Janet Jarvits	Female	47	Pasadena	CA	00:09:44	90	6:15	00:00:40	00:34:43	169	18.8	00:00:48	00:11:11	77	7:11		00:57:04.21
119	680	Hans Boelstler	Male	44	Madison Heights	MI	00:09:50	96	6:19	00:00:56	00:32:55	123	19.8	00:01:04	00:12:26	136	7:59		00:57:09.04
120	542	Michelle Noble	Female	45	Scottsdale	AZ	00:10:04	111	6:28	00:00:55	00:33:49	147	19.3	00:00:58	00:11:35	104	7:26		00:57:19.74
121	622	Tyler Karlberg	Male	22	Flagstaff	AZ	00:09:54	100	6:22	00:01:12	00:32:12	104	20.3	00:00:54	00:13:11	169	8:28		00:57:20.87
122	780	Mike Mccarty	Male	68	Marana	AZ	00:11:59	210	7:42	00:00:50	00:30:59	74	21.1	00:00:46	00:12:49	155	8:14		00:57:21.91
123	510	Jamie Martens	Female	37	Mission	KS	00:10:32	139	6:46	00:00:54	00:32:30	115	20.1	00:00:58	00:12:34	145	8:04		00:57:24.64
124	747	Mickey Syrop	Male	57	Summit	NJ	00:10:40	146	6:51	00:00:50	00:32:26	114	20.1	00:00:57	00:12:36	147	8:05		00:57:25.70
125	470	Rebecca Naughton	Female	15	Des Moines	IA	00:10:09	118	6:32	00:00:43	00:34:34	165	18.9	00:00:40	00:11:24	91	7:19		00:57:27.92
126	667	Nestor Salvado	Male	42	Dallas	TX	00:10:14	125	6:34	00:00:58	00:33:17	133	19.6	00:00:51	00:12:12	129	7:50		00:57:29.49
127	549	Jennifer Camoriano	Female	40	Mesa	AZ	00:11:30	187	7:23	00:01:15	00:30:28	67	21.4	00:00:59	00:13:29	181	8:39		00:57:38.23
128	511	Jennifer Borie	Female	37	Laguna Niguel	CA	00:09:46	93	6:17	00:01:03	00:34:22	161	19.0	00:00:51	00:11:44	108	7:32		00:57:43.17
129	573	Nancy Gribble	Female	55	Loxahatchee	FL	00:10:53	163	7:00	00:00:52	00:32:07	103	20.3	00:01:09	00:12:51	156	8:15		00:57:49.89
130	535	Valerie Cole	Female	43	Morris Plains	NJ	00:10:29	138	6:44	00:01:01	00:34:20	160	19.0	00:01:05	00:11:00	67	7:04		00:57:53.19
131	527	Yakeitha Fitch	Female	41	Bradenton	FL	00:10:04	109	6:28	00:01:16	00:33:06	129	19.7	00:01:12	00:12:28	139	8:00		00:58:02.18
132	767	Ken Mogren	Male	65	Winona	MN	00:11:24	183	7:20	00:01:03	00:31:25	84	20.8	00:01:02	00:13:10	167	8:27		00:58:02.20
133	746	Nicholas Goetz	Male	57	Lockport	IL	00:10:38	144	6:50	00:00:51	00:32:59	127	19.8	00:00:40	00:12:57	159	8:19		00:58:03.01
134	696	Mike Kosteniuk	Male	47	Edinboro	PA	00:09:33	78	6:08	00:00:55	00:32:25	113	20.1	00:01:23	00:13:53	192	8:55		00:58:05.38
135	516	Jen Sieczkiewicz	Female	39	Hopkinton	MA	00:10:44	152	6:54	00:00:52	00:33:40	141	19.4	00:00:50	00:12:04	122	7:44		00:58:06.75
136	690	Mark Lee	Male	46	Concord	CA	00:09:52	98	6:20	00:01:07	00:33:50	148	19.3	00:01:12	00:12:11	128	7:49		00:58:09.54
137	490	Kimber Tedro	Female	30	Huntington Beach	CA	00:10:00	106	6:26	00:01:15	00:32:16	107	20.2	00:00:50	00:14:03	196	9:01		00:58:22.09
138	627	Jamie Merolla	Male	25	Larchmont	NY	00:10:26	135	6:42	00:01:12	00:33:40	142	19.4	00:00:56	00:12:17	131	7:53		00:58:27.94
139	500	Lili Riffle	Female	33	Azusa	CA	00:10:59	168	7:04	00:01:05	00:33:00	128	19.8	00:00:55	00:12:32	143	8:02		00:58:28.28
140	539	Stacey Deweerdt	Female	44	Hoffman Estates	IL	00:10:51	160	6:58	00:00:55	00:33:20	134	19.6	00:00:58	00:12:32	141	8:02		00:58:33.16
141	734	Gary Thomas	Male	55	Pleasanton	CA	00:09:41	87	6:13	00:01:17	00:33:52	149	19.3	00:01:38	00:12:09	126	7:48		00:58:34.30
142	655	Eric Ruth	Male	38	Boca Raton	FL	00:10:47	155	6:56	00:00:55	00:33:29	138	19.5	00:01:02	00:12:24	135	7:58		00:58:35.36
143	471	Caroline Killeen	Female	15	Saint Charles	MO	00:10:51	159	6:58	00:00:49	00:34:11	155	19.1	00:00:40	00:12:08	125	7:47		00:58:37.04
144	753	Kenneth Perkins	Male	59	Jacksonville	FL	00:10:22	133	6:39	00:01:28	00:33:43	145	19.4	00:01:36	00:11:38	106	7:28		00:58:44.63

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Place	No.	Name	Gender	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
145	726	William Rondini	Male	53	Cobalt	CT	00:09:48	94	6:18	00:01:29	00:34:39	167	18.8	00:01:16	00:11:44	109	7:32		00:58:54.24
146	482	Allie Nath	Female	21	Coronado	CA	00:10:56	165	7:02	00:01:00	00:33:37	140	19.4	00:00:54	00:12:32	144	8:02		00:58:56.56
147	711	Ozzie Zea	Male	50	Long Beach	CA	00:10:09	117	6:31	00:01:31	00:34:50	173	18.7	00:01:15	00:11:19	86	7:16		00:59:01.21
148	538	Anu Campbell	Female	44	Klamath Falls	OR	00:10:13	123	6:34	00:01:09	00:33:58	151	19.2	00:01:03	00:12:54	157	8:17		00:59:15.09
149	668	Terry Jordon	Male	42	Arizona	AZ	00:10:28	136	6:44	00:01:09	00:33:44	146	19.3	00:00:54	00:13:10	168	8:27		00:59:22.78
150	761	Charles Szentesi	Male	61	San Diego	CA	00:11:15	176	7:14	00:01:27	00:31:58	100	20.4	00:00:55	00:13:55	195	8:56		00:59:28.05
151	695	Gary Poe	Male	47	Richmond	TX	00:10:12	121	6:33	00:01:08	00:34:20	159	19.0	00:01:16	00:12:43	151	8:09		00:59:36.12
152	603	Geno Ortega	Male	15	Pinole	CA	00:10:20	131	6:38	00:00:58	00:34:39	166	18.8	00:00:45	00:13:04	162	8:23		00:59:43.75
153	719	Ricky Gray	Male	52	Clackamas	OR	00:11:21	179	7:18	00:01:02	00:32:20	110	20.2	00:00:56	00:14:11	199	9:06		00:59:48.19
154	487	Laurel Bale	Female	25	Tucson	AZ	00:10:48	156	6:57	00:01:05	00:34:26	162	19.0	00:01:13	00:12:23	134	7:57		00:59:53.61
155	730	Bruce Heiser	Male	54	Thompsons Station	TN	00:10:46	153	6:55	00:00:45	00:34:50	174	18.7	00:00:59	00:12:45	154	8:11		01:00:02.50
156	752	John Mccarthy	Male	59	Branford	CT	00:10:04	112	6:28	00:00:41	00:36:44	206	17.8	00:00:42	00:11:56	115	7:39		01:00:03.77
157	781	Joseph Gulaskey	Male	69	Lebanon	OR	00:11:25	184	7:20	00:01:15	00:33:14	132	19.6	00:01:09	00:13:05	163	8:24		01:00:05.62
158	505	Kasandra Davis	Female	34	Richmond	CA	00:10:37	143	6:50	00:00:52	00:34:18	158	19.0	00:00:58	00:13:23	178	8:35		01:00:05.77
159	566	Karen Saxena	Female	51	Palo Alto	CA	00:11:16	177	7:14	00:01:02	00:34:31	164	18.9	00:00:58	00:12:27	138	7:59		01:00:10.16
160	567	Tonya Armstrong	Female	52	Muscatine	IA	00:12:00	211	7:43	00:01:05	00:32:57	124	19.8	00:00:59	00:13:22	177	8:34		01:00:20.43
161	640	John Victor	Male	29	Killeen	TX	00:09:16	57	5:57	00:00:49	00:38:24	225	17.0	00:00:55	00:11:02	70	7:04		01:00:22.57
162	633	Terry Rogers	Male	27	Tucson	AZ	00:10:39	145	6:51	00:01:09	00:34:29	163	18.9	00:00:53	00:13:29	180	8:39		01:00:37.02
163	663	Jason Heimink	Male	41	Rhinebeck	NY	00:11:48	199	7:35	00:01:07	00:33:32	139	19.5	00:00:57	00:13:37	184	8:44		01:00:57.65
164	561	Maday Lines	Female	50	Murfreesboro	TN	00:09:15	56	5:57	00:01:01	00:39:05	232	16.7	00:00:46	00:10:53	61	6:59		01:00:57.95
165	536	Julie Leffler	Female	43	Milwaukie	OR	00:11:48	198	7:35	00:01:12	00:32:47	119	19.9	00:01:05	00:14:09	198	9:05		01:00:58.55
166	475	Alexandra Schwein	Female	16	Ellsworth	MI	00:11:35	192	7:27	00:00:43	00:35:04	181	18.6	00:00:45	00:13:07	164	8:25		01:01:11.83
167	701	Tyrone Thompson	Male	48	Tonopah	NV	00:11:10	174	7:10	00:01:24	00:33:43	144	19.4	00:01:30	00:13:33	183	8:42		01:01:16.52
168	678	Jorge Becerra	Male	44	San Antonio	TX	00:10:53	162	7:00	00:01:21	00:34:54	176	18.7	00:01:01	00:13:17	173	8:31		01:01:22.90
169	650	Blaine Stott	Male	35	Marion	IA	00:09:42	88	6:14	00:01:11	00:36:23	202	17.9	00:01:04	00:13:10	166	8:27		01:01:27.74
170	664	Craig Romei	Male	41	Chandler	AZ	00:11:49	200	7:36	00:00:46	00:32:36	117	20.0	00:01:17	00:15:16	228	9:48		01:01:41.53
171	779	Tom Parker	Male	68	Merced	CA	00:12:07	215	7:48	00:01:10	00:33:09	130	19.7	00:01:07	00:14:14	200	9:08		01:01:44.35
172	488	Casey Yester	Female	25	Tucson	AZ	00:09:58	104	6:24	00:00:59	00:37:00	209	17.6	00:00:49	00:13:03	161	8:22		01:01:45.28
173	765	John Tom Pierce	Male	64	Quantico	VA	00:11:37	193	7:28	00:01:11	00:34:00	152	19.2	00:01:17	00:13:44	186	8:48		01:01:45.57
174	529	Joette Gdovin-Bergeson	Female	42	Oldsmar	FL	00:11:09	173	7:10	00:00:41	00:35:58	197	18.1	00:00:54	00:13:12	171	8:28		01:01:51.74
175	763	Bill Edwards	Male	63	Odessa	FL	00:11:46	197	7:34	00:01:13	00:34:17	157	19.0	00:01:26	00:13:13	172	8:29		01:01:52.50
176	501	Julie Boesen	Female	33	Wilmington	DE	00:10:01	107	6:26	00:01:13	00:38:03	223	17.2	00:01:07	00:11:32	101	7:24		01:01:52.90
177	766	David Babbitt	Male	65	Wyoming	MI	00:10:56	166	7:02	00:00:48	00:34:47	170	18.8	00:01:10	00:14:26	208	9:16		01:02:04.36
178	547	Kristina Varner	Female	47	Port Charlotte	FL	00:11:51	203	7:37	00:00:50	00:35:06	182	18.6	00:01:03	00:13:19	176	8:33		01:02:06.11
179	499	Christina Willman	Female	33	Paradise Valley	AZ	00:11:58	209	7:42	00:01:03	00:34:50	175	18.7	00:01:04	00:13:18	175	8:32		01:02:10.77
180	545	Tanya Van Winkle	Female	47	Waxahachie	TX	00:11:33	189	7:25	00:01:05	00:34:07	153	19.1	00:01:18	00:14:32	211	9:20		01:02:31.80

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
181	699	Michael Wells	Male	48	Raleigh	NC	00:11:58	208	7:41	00:01:00	00:34:14	156	19.1	00:01:02	00:14:25	207	9:15		01:02:36.23
182	583	Jerianne Davis	Female	59	Edmond	OK	00:11:44	195	7:33	00:01:30	00:35:23	184	18.4	00:01:01	00:13:12	170	8:28		01:02:47.53
183	555	Linda Firenze	Female	49	Carmel	IN	00:11:21	180	7:18	00:01:08	00:35:06	183	18.6	00:01:05	00:14:16	202	9:09		01:02:54.37
184	528	Caryn Nath	Female	42	Oro Valley	AZ	00:11:45	196	7:33	00:00:58	00:34:49	172	18.7	00:00:54	00:14:33	212	9:20		01:02:56.05
185	565	Karen Kaladi	Female	51	Pembroke Pines	FL	00:11:03	170	7:06	00:00:54	00:36:33	205	17.9	00:00:48	00:13:42	185	8:47		01:02:57.34
186	550	Stephanie Carlson	Female	49	Carmel	IN	00:11:17	178	7:15	00:01:09	00:35:03	178	18.6	00:01:06	00:14:28	209	9:17		01:03:00.95
187	777	Flip Lyle	Male	68	El Paso	TX	00:13:51	250	8:54	00:00:55	00:32:15	105	20.2	00:00:57	00:15:09	227	9:43		01:03:04.44
188	485	Alyssa Fell	Female	22	Flagstaff	AZ	00:10:08	116	6:31	00:01:27	00:38:25	226	17.0	00:02:05	00:11:14	81	7:12		01:03:17.10
189	544	Anne Halaby	Female	46	Port Washington	NY	00:11:50	202	7:37	00:00:53	00:36:05	200	18.1	00:01:03	00:13:31	182	8:40		01:03:19.50
190	654	Brent Wright	Male	37	Portland	OR	00:10:17	126	6:36	00:01:30	00:37:08	211	17.6	00:01:13	00:13:17	174	8:32		01:03:22.01
191	703	Todd Brown	Male	49	Gainesville	GA	00:13:18	234	8:33	00:01:23	00:31:17	82	20.9	00:01:20	00:16:08	242	10:21		01:03:24.03
192	483	Elizabeth Wight	Female	21	Peoria	AZ	00:10:49	157	6:57	00:00:50	00:36:26	203	17.9	00:00:40	00:12:45	153	8:11	+02:00.00	01:03:27.85
193	515	Sara Stiles	Female	38	Portland	OR	00:12:24	222	7:58	00:01:05	00:34:07	154	19.1	00:01:16	00:14:43	216	9:26		01:03:32.42
194	479	Jenny Gormley	Female	20	Flagstaff	AZ	00:10:47	154	6:56	00:01:16	00:37:42	219	17.3	00:01:15	00:12:35	146	8:05		01:03:32.74
195	492	Erica Scott	Female	30	Oro Valley	AZ	00:10:42	151	6:53	00:01:16	00:37:59	222	17.2	00:01:14	00:12:29	140	8:00		01:03:38.25
196	558	Marlene Zuhl	Female	50	Phoenix	AZ	00:11:54	206	7:39	00:01:06	00:35:29	186	18.4	00:01:00	00:14:24	206	9:14		01:03:49.58
197	773	Edward Wright	Male	67	Green Brook	NJ	00:12:28	224	8:01	00:01:29	00:34:47	171	18.8	00:01:25	00:13:45	188	8:50		01:03:51.43
198	560	Lysa Jones	Female	50	West Chester	PA	00:12:14	216	7:52	00:00:54	00:35:39	190	18.3	00:01:00	00:14:15	201	9:09		01:03:59.12
199	782	Bill Arnerich	Male	69	Solvang	CA	00:11:29	186	7:23	00:00:56	00:35:28	185	18.4	00:01:09	00:15:02	221	9:39		01:04:02.60
200	502	Melissa Farrell	Female	33	Las Vegas	NV	00:11:26	185	7:21	00:01:32	00:36:04	199	18.1	00:01:12	00:13:53	193	8:55		01:04:04.45
201	523	Jenn Patenge	Female	40	Gilbert	AZ	00:10:33	140	6:47	00:00:59	00:39:30	237	16.5	00:01:07	00:12:07	124	7:47		01:04:12.78
202	651	Neal Isaak	Male	36	Jefferson City	MO	00:10:18	128	6:37	00:01:09	00:38:50	230	16.8	00:01:09	00:12:58	160	8:19		01:04:22.63
203	575	Carol Whipple	Female	56	Arvada	CO	00:12:19	219	7:55	00:00:48	00:37:14	212	17.5	00:00:46	00:13:26	179	8:37		01:04:30.75
204	634	Nicholas Carden	Male	27	Charleston	SC	00:12:04	213	7:45	00:01:17	00:35:47	192	18.2	00:01:12	00:14:17	203	9:10		01:04:32.54
205	587	Mary Nardo	Female	61	Wilmington	DE	00:12:36	226	8:06	00:01:21	00:35:51	194	18.2	00:01:08	00:13:51	191	8:53		01:04:45.14
206	694	Tony Pennington	Male	47	Manchester	TN	00:10:40	148	6:52	00:00:54	00:39:37	239	16.5	00:01:02	00:12:41	150	8:08		01:04:51.14
207	775	Bill Kircher	Male	67	Newport Beach	CA	00:12:25	223	7:59	00:01:03	00:35:57	196	18.2	00:01:09	00:14:32	210	9:19		01:05:02.82
208	552	Brooks Mullen	Female	49	Boxford	MA	00:10:35	141	6:48	00:01:17	00:39:38	240	16.5	00:01:11	00:12:37	148	8:06		01:05:14.36
209	707	Don Mabry	Male	49	Nashville	TN	00:11:53	205	7:38	00:01:14	00:35:58	198	18.1	00:01:16	00:15:04	222	9:40		01:05:21.79
210	519	Sherri Fox	Female	40	Austin	TX	00:11:22	181	7:19	00:01:16	00:38:48	229	16.8	00:01:05	00:12:56	158	8:18		01:05:24.78
211	674	David Goldman	Male	43	Lake Mary	FL	00:11:44	194	7:33	00:01:26	00:36:28	204	17.9	00:01:30	00:14:24	205	9:14		01:05:30.02
212	673	Ricardo Torres	Male	43	Alice	TX	00:12:02	212	7:44	00:01:29	00:35:29	187	18.4	00:01:14	00:15:30	233	9:57		01:05:43.44
213	644	Garrett Cravener	Male	31	Columbus	OH	00:10:41	149	6:52	00:01:35	00:36:06	201	18.1	00:02:02	00:15:26	231	9:54		01:05:47.08
214	478	Brece Hendrix	Female	20	Flagstaff	AZ	00:11:02	169	7:05	00:00:51	00:38:39	227	16.9	00:01:34	00:13:45	187	8:49		01:05:48.88
215	716	Michael Kaelon	Male	52	Rosemead	CA	00:12:23	221	7:57	00:01:03	00:35:03	179	18.6	00:00:58	00:16:41	249	10:42		01:06:04.79
216	498	Katherine Anderson	Female	33	Tucson	AZ	00:11:32	188	7:25	00:00:49	00:40:35	246	16.1	00:01:00	00:13:09	165	8:26		01:07:02.14

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Overall Results

Sprint

Place	No.	Name	Gender	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
217	764	James Graves	Male	63	Grosse Pointe Park	MI	00:13:59	253	8:59	00:01:15	00:35:31	188	18.4	00:01:28	00:15:08	226	9:42		01:07:18.82
218	692	Jim Jennings	Male	46	Crestwood	KY	00:11:52	204	7:38	00:01:47	00:37:27	217	17.4	00:01:32	00:14:56	219	9:35		01:07:31.86
219	784	Lon Getlin	Male	69	West Linn	OR	00:12:54	229	8:17	00:01:23	00:37:15	213	17.5	00:01:08	00:15:17	229	9:48		01:07:53.84
220	554	Amy Green	Female	49	Shreveport	LA	00:12:15	218	7:53	00:01:16	00:37:28	218	17.4	00:01:00	00:16:04	240	10:19		01:08:00.83
221	586	Allison Couch	Female	60	Portland	OR	00:13:32	241	8:42	00:01:30	00:34:42	168	18.8	00:01:51	00:16:31	247	10:36		01:08:03.73
222	578	Pam Davenport	Female	57	Blue Springs	MO	00:13:34	242	8:43	00:01:20	00:35:04	180	18.6	00:01:34	00:16:44	251	10:45		01:08:13.26
223	596	Heysoon Lee	Female	69	Morristown	NJ	00:13:45	247	8:50	00:01:25	00:37:04	210	17.6	00:01:04	00:15:05	224	9:41		01:08:19.34
224	602	Dakota Van Gunda	Male	15	Frederica	DE	00:11:33	190	7:25	00:00:53	00:39:19	234	16.6	00:00:42	00:16:00	239	10:16		01:08:24.34
225	717	John Elliott	Male	75	Columbia	MD	00:12:15	217	7:52	00:00:58	00:38:46	228	16.8	00:02:14	00:14:33	213	9:20		01:08:42.96
226	597	Melinda Berge	Female	69	Park City	UT	00:14:03	255	9:02	00:01:48	00:35:42	191	18.3	00:01:06	00:16:37	248	10:40		01:09:13.15
227	509	C C Rowe	Female	37	Austin	TX	00:12:21	220	7:57	00:01:10	00:37:59	221	17.2	00:01:20	00:14:35	214	9:22	+02:00.00	01:09:23.34
228	531	Paula Rivet	Female	42	Woodbury	MN	00:11:49	201	7:36	00:00:50	00:42:15	261	15.4	00:00:45	00:13:55	194	8:56		01:09:32.44
229	562	Cheryl Hammer	Female	50	Valencia	CA	00:11:24	182	7:20	00:01:48	00:40:32	245	16.1	00:01:29	00:14:39	215	9:24		01:09:49.57
230	495	Veronica Cravener	Female	31	Columbus	OH	00:12:07	214	7:47	00:01:02	00:41:11	253	15.8	00:00:55	00:14:48	218	9:30		01:10:00.55
231	582	Joan Mcgue	Female	59	Phoenix	AZ	00:13:36	243	8:45	00:01:22	00:39:25	236	16.6	00:01:35	00:14:05	197	9:02		01:10:01.08
232	530	Christina Ullman	Female	42	Graysville	OH	00:11:34	191	7:26	00:01:36	00:42:00	260	15.5	00:01:18	00:13:46	189	8:50		01:10:11.72
233	708	Theodore Pierce	Male	71	Poist Falls	ID	00:14:01	254	9:01	00:01:22	00:36:55	207	17.7	00:01:40	00:16:27	246	10:33		01:10:22.64
234	710	Mark Gurley	Male	50	Grandview	MO	00:12:31	225	8:03	00:01:12	00:40:49	248	16.0	00:01:33	00:14:23	204	9:13		01:10:25.64
235	693	Jose (joe) Silva	Male	46	Grand Prairie	TX	00:13:43	246	8:49	00:01:27	00:36:57	208	17.7	00:02:01	00:16:57	253	10:53		01:11:02.97
236	477	Taryn Johnson	Female	19	Flagstaff	AZ	00:11:56	207	7:40	00:00:53	00:43:40	266	14.9	00:00:53	00:13:47	190	8:51		01:11:06.72
237	491	Abby Gambrel	Female	30	Accokeek	MD	00:12:52	228	8:16	00:01:45	00:39:56	243	16.3	00:01:43	00:15:22	230	9:52		01:11:35.52
238	754	Ron Green	Male	59	Shreveport	LA	00:13:21	235	8:35	00:01:19	00:37:21	214	17.5	00:01:26	00:18:32	264	11:54		01:11:55.54
239	512	Annette Romei	Female	37	Chandler	AZ	00:14:06	256	9:04	00:01:07	00:38:17	224	17.0	00:01:15	00:17:20	256	11:08		01:12:01.83
240	504	Jill Floyd	Female	34	Norman	OK	00:13:25	236	8:38	00:01:22	00:39:41	241	16.4	00:01:21	00:16:41	250	10:42		01:12:27.98
241	772	Bela L. Kovacs	Male	66	Lauderdale-By-the-se	FL	00:13:17	233	8:32	00:00:52	00:42:31	262	15.3	00:00:53	00:15:04	223	9:40		01:12:34.32
242	584	Darlene Henderson	Female	59	Corning	CA	00:14:55	264	9:36	00:01:20	00:39:23	235	16.6	00:01:03	00:16:05	241	10:20		01:12:42.99
243	595	Barb Morgan	Female	69	Tioga	PA	00:17:07	283	11:01	00:00:57	00:35:02	177	18.6	00:00:48	00:18:53	270	12:07		01:12:44.04
244	551	Beth Failer	Female	49	Coral Springs	FL	00:13:10	232	8:28	00:00:59	00:41:42	259	15.6	00:01:05	00:16:10	243	10:23		01:13:02.95
245	534	Katie Antares	Female	43	Winston Salem	NC	00:13:56	252	8:58	00:01:29	00:37:22	215	17.5	00:01:44	00:18:56	271	12:09		01:13:23.76
246	759	Gary Crother	Male	60	Phoenix	AZ	00:15:11	268	9:46	00:01:25	00:35:34	189	18.3	00:01:54	00:19:37	276	12:36		01:13:38.89
247	524	Laurie Niemiec	Female	40	Tucson	AZ	00:13:00	230	8:22	00:01:51	00:39:33	238	16.5	00:01:49	00:17:33	258	11:16		01:13:43.67
248	771	Larry Betten	Male	66	Portland	OR	00:13:30	238	8:41	00:01:21	00:40:37	247	16.1	00:01:44	00:17:11	255	11:02		01:14:20.32
249	574	Chris Wodke	Female	55	Milwaukee	WI	00:13:32	240	8:42	00:02:12	00:40:57	251	15.9	00:02:50	00:14:57	220	9:35		01:14:25.48
250	532	Claudia Barber	Female	42	Odessa	FL	00:13:29	237	8:40	00:01:54	00:41:29	257	15.7	00:02:01	00:15:38	238	10:02		01:14:27.76
251	581	Sally Almekinders	Female	59	Chapel Hill	NC	00:15:13	269	9:47	00:00:49	00:39:17	233	16.6	00:00:50	00:18:20	262	11:46		01:14:27.98
252	563	Naira Chokel	Female	51	New Castle	NH	00:13:51	249	8:54	00:01:27	00:42:43	263	15.3	00:01:29	00:15:05	225	9:41		01:14:32.48

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
253	591	Eileen Briening	Female	63	Hockessin	DE	00:14:06	257	9:04	00:01:50	00:41:03	252	15.9	00:02:09	00:15:35	236	10:00		01:14:41.70
254	476	Delaney Hughes	Female	18	Flagstaff	AZ	00:13:39	245	8:47	00:01:02	00:43:45	267	14.9	00:00:59	00:15:32	234	9:58		01:14:55.08
255	548	Nancy Ellis	Female	48	Tucson	AZ	00:15:10	267	9:45	00:01:20	00:37:44	220	17.3	00:01:52	00:19:14	273	12:21		01:15:17.65
256	776	Don Taylor	Male	67	San Clemente	CA	00:16:00	272	10:18	00:00:54	00:39:42	242	16.4	00:00:54	00:18:41	266	12:00		01:16:08.81
257	783	David Hartman	Male	69	Thornton	CO	00:13:09	231	8:27	00:03:25	00:42:45	264	15.3	00:02:21	00:14:43	217	9:27		01:16:21.11
258	774	Arturo Perez	Male	67	Miami	FL	00:16:13	274	10:26	00:01:19	00:39:04	231	16.7	00:01:32	00:18:20	261	11:46		01:16:24.84
259	576	Ruth Taylor-Piliae	Female	56	Oro Valley	AZ	00:14:25	261	9:16	00:02:21	00:40:51	249	16.0	00:02:34	00:16:24	245	10:32		01:16:32.52
260	789	David Lard	Male	76	Amarillo	TX	00:14:16	259	9:10	00:01:50	00:41:25	255	15.8	00:02:06	00:17:01	254	10:55		01:16:34.23
261	778	Joe Williams	Male	68	Lihue	HI	00:13:56	251	8:57	00:01:49	00:43:27	265	15.0	00:01:20	00:16:18	244	10:28		01:16:46.51
262	786	Jon Malnekoff	Male	73	San Clemente Ca	CA	00:11:11	175	7:11	00:02:26	00:45:35	273	14.3	00:03:06	00:15:26	232	9:54		01:17:41.28
263	787	Richard Campi	Male	75	Indianapolis	IN	00:15:02	266	9:40	00:01:21	00:41:27	256	15.7	00:01:46	00:18:08	259	11:38		01:17:42.51
264	788	Jack Welber	Male	76	Boulder	CO	00:14:24	260	9:15	00:01:54	00:40:07	244	16.3	00:02:09	00:17:22	257	11:09	+02:00.00	01:17:54.03
265	593	Tanya Penn	Female	67	San Clemente	CA	00:16:19	276	10:29	00:01:08	00:41:30	258	15.7	00:00:54	00:18:24	263	11:49		01:18:12.00
266	785	Dick Morgan	Male	71	Tioga	PA	00:16:33	279	10:39	00:00:54	00:37:27	216	17.4	00:01:12	00:22:36	282	14:30		01:18:39.45
267	557	Diane Wagner	Female	65	Elizabethtown	NY	00:15:42	271	10:06	00:01:56	00:41:13	254	15.8	00:01:45	00:18:10	260	11:40		01:18:43.65
268	588	Ann Stahel	Female	61	Jacksonville	IL	00:14:36	263	9:23	00:01:51	00:43:55	269	14.9	00:01:40	00:16:48	252	10:47		01:18:47.92
269	480	Kamiko Strebe	Female	20	Flagstaff	AZ	00:13:39	244	8:47	00:01:32	00:43:47	268	14.9	00:01:14	00:18:43	267	12:01		01:18:52.49
270	522	Shelley Fair	Female	40	Olathe	KS	00:13:31	239	8:41	00:01:18	00:47:39	279	13.7	00:01:02	00:15:34	235	10:00		01:19:02.28
271	496	Stacy Manalastas	Female	31	Marana	AZ	00:13:46	248	8:51	00:02:31	00:44:06	270	14.8	00:02:49	00:18:39	265	11:58		01:21:49.17
272	585	Beth Gerken	Female	59	Amarillo	TX	00:14:11	258	9:07	00:01:28	00:46:23	274	14.1	00:01:49	00:18:46	268	12:03		01:22:34.23
273	577	Tonsa Price-Edwards	Female	56	Scottsdale	AZ	00:12:40	227	8:08	00:01:46	00:50:55	283	12.8	00:02:16	00:15:36	237	10:01		01:23:09.65
274	541	Lilly Chiu	Female	44	Miami	FL	00:16:20	277	10:30	00:01:47	00:45:00	272	14.5	00:02:05	00:20:11	279	12:57		01:25:20.70
275	493	Beanabelle Ferdinand	Female	30	Lauderdale Lakes	FL	00:14:59	265	9:38	00:01:20	00:49:20	281	13.2	00:00:50	00:19:12	272	12:20		01:25:38.70
276	520	Leslie Turchetti	Female	40	Glenside	PA	00:16:22	278	10:32	00:01:31	00:46:51	276	13.9	00:01:30	00:19:37	275	12:36		01:25:48.23
277	599	Frances Marquart	Female	71	Roy	WA	00:16:44	281	10:46	00:02:21	00:44:32	271	14.7	00:02:17	00:20:05	278	12:54		01:25:57.60
278	572	Casey Mcdaniel	Female	54	Willis	TX	00:16:18	275	10:29	00:00:52	00:47:22	278	13.8	00:01:34	00:21:50	281	14:01		01:27:54.20
279	594	Carol Moore	Female	68	Portland Oregon	OR	00:17:35	284	11:19	00:01:51	00:47:13	277	13.8	00:01:33	00:20:04	277	12:53		01:28:13.12
280	592	Valerie Kircher	Female	65	Newport Beach	CA	00:16:12	273	10:25	00:02:00	00:53:55	285	12.1	00:01:10	00:18:50	269	12:05		01:32:03.01
281	589	Debra Lindberg	Female	61	Portland	OR	00:16:47	282	10:47	00:02:35	00:49:05	280	13.3	00:03:19	00:21:00	280	13:29		01:32:43.15
282	598	Virginia Poyner	Female	69	Sarasota	FL	00:23:44	287	15:16	00:01:23	00:40:56	250	15.9	00:01:23	00:25:32	287	16:24		01:32:55.80
283	489	Irlanda Bessard	Female	27	Boca Raton	FL	00:15:29	270	9:57	00:01:14	00:56:35	287	11.5	00:01:08	00:19:36	274	12:35		01:33:58.96
284	791	Edward Maruna	Male	85	Arvada	CO	00:16:44	280	10:46	00:02:17	00:51:00	284	12.8	00:02:25	00:22:38	283	14:32		01:35:00.91
285	790	Harold L. Hering	Male	77	Indianapolis	IN	00:19:04	286	12:16	00:03:33	00:46:26	275	14.1	00:03:16	00:23:33	285	15:07		01:35:49.32
286	553	Milagros A Snyder	Female	49	Westland	MI	00:14:27	262	9:18	00:01:43	00:55:50	286	11.7	00:02:00	00:22:45	284	14:36		01:36:42.40
287	600	Margaret Bomberg	Female	76	Chico	CA	00:24:27	288	15:44	00:02:38	00:50:42	282	12.9	00:02:06	00:27:46	288	17:50		01:47:36.36
288	580	Liesel Muth	Female	58	Riverview	FL	00:18:29	285	11:53	00:02:45	01:19:05	288	8.3	00:01:52	00:25:08	286	16:09		02:07:16.86