# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results Sprint
Male Ages 85-98

| Div <br> Place | Overall <br> Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $284 / 288$ | $167 / 168$ | 791 | Edward Maruna | 85 | Male | Arvada | CO | $00: 16: 43.50$ | $00: 50: 59.34$ | $00: 22: 37.68$ |

Female Ages 75-79

| $\begin{gathered} \text { Div } \\ \text { Place } \end{gathered}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 287/288 | 119/120 | 600 | Margaret Bomberg | 76 | Female | Chico | CA | 00:24:26.91 | 00:50:41.08 | 00:27:45.32 |  | 01:47:36.36 |

Male Ages 75-79

| Div <br> Place | Overall <br> Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $225 / 288$ | $150 / 168$ | 717 | John Elliott | 75 | Male | Columbia | MD | $00: 12: 14.02$ | $00: 38: 45.60$ | $00: 14: 32.54$ |
| 2 | $260 / 288$ | $161 / 168$ | 789 | David Lard | 76 | Male | Amarillo | TX | 00:14:15.23 | $00: 41: 24.14$ | $00: 17: 00.01$ |
| 3 | $263 / 288$ | $164 / 168$ | 787 | Richard Campi | 75 | Male | Indianapolis | IN | $00: 15: 01.78$ | $00: 41: 26.97$ | $00: 18: 07.59$ |
| 4 | $264 / 288$ | $165 / 168$ | 788 | Jack Welber | 76 | Male | Boulder | CO | $00: 14: 23.15$ | $00: 40: 06.80$ | $00: 17: 21.66$ |
| 5 | $285 / 288$ | $168 / 168$ | 790 | Harold L. Hering | 77 | Male | Indianapolis | IN | 00:19:03.06 | $00: 46: 25.53$ | $00: 23: 32.43$ |

Female Ages 70-74

| Div <br> Place | Overall <br> Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $277 / 288$ | $111 / 120$ | 599 | Frances Marquart | 71 | Female | Roy | WA | $00: 16: 43.60$ | $00: 44: 31.89$ | $00: 20: 04.67$ |

Male Ages 70-74

| Div <br> Place | Overall <br> Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $233 / 288$ | $151 / 168$ | 708 | Theodore Pierce | 71 | Male | Poist Falls | ID | $00: 14: 00.77$ | $00: 36: 54.16$ | $00: 16: 26.42$ |
| 2 | $262 / 288$ | $163 / 168$ | 786 | Jon Malnekoff | 73 | Male | San Clemente Ca | CA | $00: 11: 10.52$ | $00: 45: 34.11$ | $00: 15: 25.52$ |
| 3 | $266 / 288$ | $166 / 168$ | 785 | Dick Morgan | 71 | Male | Tioga | PA | $00: 16: 32.89$ | $00: 37: 26.16$ | $00: 22: 35.27$ |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results Sprint
Female Ages 65-69

| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 223/288 | 75/120 | 596 | Heysoon Lee | 69 | Female | Morristown | NJ | 00:13:44.08 | 00:37:03.34 | 00:15:04.07 |  | 01:08:19.34 |
| 2 | 226/288 | 76/120 | 597 | Melinda Berge | 69 | Female | Park City | UT | 00:14:02.20 | 00:35:41.95 | 00:16:36.00 |  | 01:09:13.15 |
| 3 | 243/288 | 88/120 | 595 | Barb Morgan | 69 | Female | Tioga | PA | 00:17:06.86 | 00:35:01.68 | 00:18:52.09 |  | 01:12:44.04 |
| 4 | 265/288 | 100/120 | 593 | Tanya Penn | 67 | Female | San Clemente | CA | 00:16:18.06 | 00:41:29.66 | 00:18:23.32 |  | 01:18:12.00 |
| 5 | 267/288 | 101/120 | 557 | Diane Wagner | 65 | Female | Elizabehttown | NY | 00:15:41.77 | 00:41:12.17 | 00:18:09.75 |  | 01:18:43.65 |
| 6 | 279/288 | 113/120 | 594 | Carol Moore | 68 | Female | Portland Oregon | OR | 00:17:34.74 | 00:47:12.24 | 00:20:03.75 |  | 01:28:13.12 |
| 7 | 280/288 | 114/120 | 592 | Valerie Kircher | 65 | Female | Newport Beach | CA | 00:16:11.63 | 00:53:54.02 | 00:18:49.18 |  | 01:32:03.01 |
| 8 | 282/288 | 116/120 | 598 | Virginia Poyner | 69 | Female | Sarasota | FL | 00:23:43.17 | 00:40:55.66 | 00:25:31.39 |  | 01:32:55.80 |

Male Ages 65-69

| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 89/288 | 77/168 | 770 | Terry Habecker | 66 | Male | Ithaca | NY | 00:10:53.94 | 00:29:54.24 | 00:12:01.60 |  | 00:54:48.39 |
| 2 | 96/288 | 83/168 | 768 | Kent Howard | 65 | Male | Carlsbad | CA | 00:10:17.38 | 00:30:59.47 | 00:11:41.02 |  | 00:55:09.05 |
| 3 | 122/288 | 99/168 | 780 | Mike Mccarty | 68 | Male | Marana | AZ | 00:11:58.60 | 00:30:58.71 | 00:12:48.74 |  | 00:57:21.91 |
| 4 | 132/288 | 102/168 | 767 | Ken Mogren | 65 | Male | Winona | MN | 00:11:23.57 | 00:31:24.98 | 00:13:09.92 |  | 00:58:02.20 |
| 5 | 157/288 | 119/168 | 781 | Joseph Gulaskey | 69 | Male | Lebanon | OR | 00:11:24.64 | 00:33:13.64 | 00:13:04.94 |  | 01:00:05.62 |
| 6 | 171/288 | 127/168 | 779 | Tom Parker | 68 | Male | Merced | CA | 00:12:06.92 | 00:33:08.36 | 00:14:13.82 |  | 01:01:44.35 |
| 7 | 177/288 | 130/168 | 766 | David Babbitt | 65 | Male | Wyoming | MI | 00:10:55.60 | 00:34:46.03 | 00:14:25.21 |  | 01:02:04.36 |
| 8 | 187/288 | 132/168 | 777 | Flip Lyle | 68 | Male | El Paso | TX | 00:13:50.67 | 00:32:14.03 | 00:15:08.20 |  | 01:03:04.44 |
| 9 | 197/288 | 135/168 | 773 | Edward Wright | 67 | Male | Green Brook | NJ | 00:12:27.85 | 00:34:46.03 | 00:13:44.86 |  | 01:03:51.43 |
| 10 | 199/288 | 136/168 | 782 | Bill Arnerich | 69 | Male | Solvang | CA | 00:11:28.28 | 00:35:27.87 | 00:15:01.85 |  | 01:04:02.60 |
| 11 | 207/288 | 140/168 | 775 | Bill Kircher | 67 | Male | Newport Beach | CA | 00:12:24.42 | 00:35:56.49 | 00:14:31.10 |  | 01:05:02.82 |
| 12 | 219/288 | 148/168 | 784 | Lon Getlin | 69 | Male | West Linn | OR | 00:12:53.12 | 00:37:14.10 | 00:15:16.47 |  | 01:07:53.84 |
| 13 | 241/288 | 155/168 | 772 | Bela L. Kovacs | 66 | Male | Lauderdale-By-the-sea | FL | 00:13:16.50 | 00:42:30.59 | 00:15:03.19 |  | 01:12:34.32 |
| 14 | 248/288 | 157/168 | 771 | Larry Betten | 66 | Male | Portland | OR | 00:13:29.57 | 00:40:36.20 | 00:17:10.19 |  | 01:14:20.32 |
| 15 | 256/288 | 158/168 | 776 | Don Taylor | 67 | Male | San Clemente | CA | 00:15:59.90 | 00:39:41.96 | 00:18:40.48 |  | 01:16:08.81 |
| 16 | 257/288 | 159/168 | 783 | David Hartman | 69 | Male | Thornton | CO | 00:13:08.26 | 00:42:44.76 | 00:14:42.67 |  | 01:16:21.11 |
| 17 | 258/288 | 160/168 | 774 | Arturo Perez | 67 | Male | Miami | FL | 00:16:12.31 | 00:39:03.38 | 00:18:19.57 |  | 01:16:24.84 |
| 18 | 261/288 | 162/168 | 778 | Joe Williams | 68 | Male | Lihue | HI | 00:13:55.32 | 00:43:26.46 | 00:16:17.37 |  | 01:16:46.51 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results Sprint
Female Ages 60-64

| Div <br> Place | Overall <br> Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $205 / 288$ | $67 / 120$ | 587 | Mary Nardo | 61 | Female | Wilmington | DE | $00: 12: 35.84$ | $00: 35: 50.54$ | $00: 13: 50.81$ |
| 2 | $221 / 288$ | $73 / 120$ | 586 | Allison Couch | 60 | Female | Portland | OR | $00: 13: 31.93$ | $00: 34: 41.22$ | $00: 16: 30.77$ |
| 3 | $253 / 288$ | $96 / 120$ | 591 | Eileen Briening | 63 | Female | Hockessin | DE | $00: 14: 05.94$ | $00: 41: 02.29$ | $00: 15: 34.81$ |
| 4 | $268 / 288$ | $102 / 120$ | 588 | Ann Stahel | 61 | Female | Jacksonville | IL | $00: 14: 35.21$ | $00: 43: 54.66$ | $00: 16: 47.80$ |
| 5 | $281 / 288$ | $115 / 120$ | 589 | Debra Lindberg | 61 | Female | Portland | OR | 00:16:46.27 | $00: 49: 04.91$ | $00: 20: 59.64$ |

Male Ages 60-64

| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 31/288 | 31/168 | 760 | David Morrow | 60 | Male | Tarpon Springs | FL | 00:09:17.28 | 00:28:14.59 | 00:10:35.87 |  | 00:49:25.58 |
| 2 | 53/288 | 50/168 | 758 | Neil Howk | 60 | Male | Glendale | AZ | 00:09:20.66 | 00:29:52.81 | 00:11:00.81 |  | 00:52:02.20 |
| 3 | 94/288 | 81/168 | 757 | Chuck Chokel | 60 | Male | New Castle | NH | 00:10:11.21 | 00:31:39.88 | 00:11:06.92 |  | 00:55:06.80 |
| 4 | 98/288 | 85/168 | 762 | Fred Galata | 62 | Male | Omaha | NE | 00:11:03.73 | 00:29:40.82 | 00:12:26.20 |  | 00:55:17.31 |
| 5 | 110/288 | 93/168 | 756 | Michael Morris | 60 | Male | Roanoke | VA | 00:11:04.40 | 00:31:26.60 | 00:12:14.49 |  | 00:56:44.09 |
| 6 | 150/288 | 113/168 | 761 | Charles Szentesi | 61 | Male | San Diego | CA | 00:11:14.39 | 00:31:57.63 | 00:13:54.88 |  | 00:59:28.05 |
| 7 | 173/288 | 128/168 | 765 | John Tom Pierce | 64 | Male | Quantico | VA | 00:11:36.90 | 00:33:59.33 | 00:13:43.09 |  | 01:01:45.57 |
| 8 | 175/288 | 129/168 | 763 | Bill Edwards | 63 | Male | Odessa | FL | 00:11:45.37 | 00:34:16.26 | 00:13:12.47 |  | 01:01:52.50 |
| 9 | 217/288 | 146/168 | 764 | James Graves | 63 | Male | Grosse Pointe Park | MI | 00:13:58.57 | 00:35:30.91 | 00:15:07.02 |  | 01:07:18.82 |
| 10 | 246/288 | 156/168 | 759 | Gary Crother | 60 | Male | Phoenix | AZ | 00:15:10.48 | 00:35:33.98 | 00:19:36.54 |  | 01:13:38.89 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results
Sprint
Female Ages 55-59

| Div <br> Place | Overall <br> Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 49/288 | 3/120 | 579 | Patty Peoples-Resh | 57 | Female | Redlands | CA | 00:09:36.46 | 00:29:31.01 | 00:10:44.85 |  | 00:51:19.99 |
| 2 | 129/288 | 28/120 | 573 | Nancy Gribble | 55 | Female | Loxahatchee | FL | 00:10:52.79 | 00:32:06.55 | 00:12:50.98 |  | 00:57:49.89 |
| 3 | 182/288 | 51/120 | 583 | Jerianne Davis | 59 | Female | Edmond | OK | 00:11:43.98 | 00:35:22.26 | 00:13:11.05 |  | 01:02:47.53 |
| 4 | 203/288 | 66/120 | 575 | Carol Whipple | 56 | Female | Arvada | CO | 00:12:18.10 | 00:37:13.77 | 00:13:25.50 |  | 01:04:30.75 |
| 5 | 222/288 | 74/120 | 578 | Pam Davenport | 57 | Female | Blue Springs | MO | 00:13:33.00 | 00:35:03.31 | 00:16:43.78 |  | 01:08:13.26 |
| 6 | 231/288 | 81/120 | 582 | Joan Mcgue | 59 | Female | Phoenix | AZ | 00:13:35.43 | 00:39:24.34 | 00:14:04.84 |  | 01:10:01.08 |
| 7 | 242/288 | 87/120 | 584 | Darlene Henderson | 59 | Female | Corning | CA | 00:14:54.73 | 00:39:22.19 | 00:16:04.86 |  | 01:12:42.99 |
| 8 | 249/288 | 92/120 | 574 | Chris Wodke | 55 | Female | Milwaukee | WI | 00:13:31.65 | 00:40:56.67 | 00:14:56.09 |  | 01:14:25.48 |
| 9 | 251/288 | 94/120 | 581 | Sally Almekinders | 59 | Female | Chapel Hill | NC | 00:15:12.94 | 00:39:16.92 | 00:18:19.78 |  | 01:14:27.98 |
| 10 | 259/288 | 99/120 | 576 | Ruth Taylor-Piliae | 56 | Female | Oro Valley | AZ | 00:14:24.91 | 00:40:50.42 | 00:16:23.67 |  | 01:16:32.52 |
| 11 | 272/288 | 106/120 | 585 | Beth Gerken | 59 | Female | Amarillo | TX | 00:14:10.38 | 00:46:22.20 | 00:18:45.65 |  | 01:22:34.23 |
| 12 | 273/288 | 107/120 | 577 | Tonsa Price-Edwards | 56 | Female | Scottsdale | AZ | 00:12:39.26 | 00:50:54.46 | 00:15:35.83 |  | 01:23:09.65 |
| 13 | 288/288 | 120/120 | 580 | Liesel Muth | 58 | Female | Riverview | FL | 00:18:28.82 | 01:19:04.49 | 00:25:07.96 |  | 02:07:16.86 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results

| Male | Ages | 5-59 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Div Place | Overall <br> Plc/Total | Gender Ple/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 23/288 | 23/168 | 741 | Tom Resh | 56 | Male | Redlands | CA | 00:09:26.29 | 00:26:44.17 | 00:10:31.54 |  | 00:48:02.03 |
| 2 | 29/288 | 29/168 | 751 | Russ Jones | 58 | Male | San Juan Capistrano | CA | 00:09:16.13 | 00:28:32.85 | 00:10:17.56 |  | 00:49:12.28 |
| 3 | 50/288 | 47/168 | 733 | John Camoriano | 56 | Male | Mesa | AZ | 00:09:39.39 | 00:29:12.20 | 00:10:42.56 |  | 00:51:41.19 |
| 4 | 60/288 | 56/168 | 732 | William Gunter | 55 | Male | Laurel | MD | 00:10:03.29 | 00:29:29.92 | 00:11:25.13 |  | 00:52:36.18 |
| 5 | 65/288 | 61/168 | 740 | Ernie Janelle | 56 | Male | Smyrna | GA | 00:09:19.66 | 00:31:48.09 | 00:09:52.22 |  | 00:52:55.98 |
| 6 | 67/288 | 62/168 | 743 | Lowry Barfield | 56 | Male | Phoenix | AZ | 00:10:21.98 | 00:29:13.58 | 00:11:55.14 |  | 00:53:03.32 |
| 7 | 70/288 | 65/168 | 737 | Louis Almekinders | 56 | Male | Chapel Hill | NC | 00:10:04.42 | 00:30:55.88 | 00:11:16.83 |  | 00:53:32.04 |
| 8 | 77/288 | 71/168 | 755 | Scott Kessler | 59 | Male | Lake Oswego | OR | 00:09:56.58 | 00:30:25.46 | 00:11:31.18 |  | 00:53:56.50 |
| 9 | 78/288 | 72/168 | 748 | Gerardo Corbato | 57 | Male | West Palm Beach | FL | 00:10:12.75 | 00:29:49.45 | 00:12:08.89 |  | 00:54:01.59 |
| 10 | 88/288 | 76/168 | 731 | John Waguespack | 55 | Male | Destrehan | LA | 00:10:01.34 | 00:31:15.87 | 00:11:22.72 |  | 00:54:43.06 |
| 11 | 97/288 | 84/168 | 744 | Anthony Benedict | 56 | Male | Fort Lauderdale | FL | 00:09:15.87 | 00:32:38.84 | 00:11:25.25 |  | 00:55:15.52 |
| 12 | 106/288 | 89/168 | 742 | E.jay Maruna | 56 | Male | Ramona | CA | 00:10:18.06 | 00:30:26.26 | 00:12:43.55 |  | 00:56:07.81 |
| 13 | 107/288 | 90/168 | 736 | David Lasorsa | 56 | Male | Port Angeles | WA | 00:10:48.97 | 00:31:59.16 | 00:11:52.82 |  | 00:56:09.66 |
| 14 | 124/288 | 100/168 | 747 | Mickey Syrop | 57 | Male | Summit | NJ | 00:10:39.53 | 00:32:25.14 | 00:12:35.43 |  | 00:57:25.70 |
| 15 | 133/288 | 103/168 | 746 | Nicholas Goetz | 57 | Male | Lockport | IL | 00:10:37.07 | 00:32:58.91 | 00:12:56.76 |  | 00:58:03.01 |
| 16 | 141/288 | 107/168 | 734 | Gary Thomas | 55 | Male | Pleasanton | CA | 00:09:40.38 | 00:33:51.46 | 00:12:08.30 |  | 00:58:34.30 |
| 17 | 144/288 | 109/168 | 753 | Kenneth Perkins | 59 | Male | Jacksonville | FL | 00:10:21.10 | 00:33:42.74 | 00:11:37.57 |  | 00:58:44.63 |
| 18 | 156/288 | 118/168 | 752 | John Mccarthy | 59 | Male | Branford | CT | 00:10:03.91 | 00:36:43.00 | 00:11:55.27 |  | 01:00:03.77 |
| 19 | 238/288 | 154/168 | 754 | Ron Green | 59 | Male | Shreveport | LA | 00:13:20.06 | 00:37:20.41 | 00:18:31.18 |  | 01:11:55.54 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results
Sprint

| Fem | Ages | -54 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 66/288 | 5/120 | 568 | Kristin Villopoto | 53 | Female | Chapel Hill | NC | 00:10:05.33 | 00:29:58.34 | 00:11:14.99 |  | 00:52:59.64 |
| 2 | 73/288 | 6/120 | 569 | Valerie Eipper | 53 | Female | Longmont | CO | 00:09:39.24 | 00:31:29.18 | 00:11:05.32 |  | 00:53:45.61 |
| 3 | 82/288 | 8/120 | 559 | Geraldine Lupini | 50 | Female | Milford | MI | 00:09:58.80 | 00:31:08.87 | 00:11:29.20 |  | 00:54:13.87 |
| 4 | 114/288 | 19/120 | 571 | Judyann Cummings | 54 | Female | Thornton | CO | 00:10:51.33 | 00:32:18.01 | 00:11:51.95 |  | 00:56:49.69 |
| 5 | 159/288 | 40/120 | 566 | Karen Saxena | 51 | Female | Palo Alto | CA | 00:11:15.17 | 00:34:30.36 | 00:12:26.25 |  | 01:00:10.16 |
| 6 | 160/288 | 41/120 | 567 | Tonya Armstrong | 52 | Female | Muscatine | IA | 00:11:59.78 | 00:32:56.42 | 00:13:21.20 |  | 01:00:20.43 |
| 7 | 164/288 | 42/120 | 561 | Maday Lines | 50 | Female | Murfreesboro | TN | 00:09:14.47 | 00:39:04.81 | 00:10:52.15 |  | 01:00:57.95 |
| 8 | 185/288 | 54/120 | 565 | Karen Kaladi | 51 | Female | Pembroke Pines | FL | 00:11:02.58 | 00:36:32.22 | 00:13:41.14 |  | 01:02:57.34 |
| 9 | 196/288 | 62/120 | 558 | Marlene Zuhl | 50 | Female | Phoenix | AZ | 00:11:53.01 | 00:35:28.74 | 00:14:23.26 |  | 01:03:49.58 |
| 10 | 198/288 | 63/120 | 560 | Lysa Jones | 50 | Female | West Chester | PA | 00:12:13.52 | 00:35:38.43 | 00:14:14.38 |  | 01:03:59.12 |
| 11 | 229/288 | 79/120 | 562 | Cheryl Hammer | 50 | Female | Valencia | CA | 00:11:23.41 | 00:40:31.21 | 00:14:38.55 |  | 01:09:49.57 |
| 12 | 252/288 | 95/120 | 563 | Naira Chokel | 51 | Female | New Castle | NH | 00:13:50.26 | 00:42:42.49 | 00:15:04.67 |  | 01:14:32.48 |
| 13 | 278/288 | 112/120 | 572 | Casey Mcdaniel | 54 | Female | Willis | TX | 00:16:17.45 | 00:47:21.60 | 00:21:49.68 |  | 01:27:54.20 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results

| Male | Ages | 0-54 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Div <br> Place | Overall Ple/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 9/288 | 9/168 | 712 | Bruce Balch | 51 | Male | Las Vegas | NV | 00:08:06.17 | 00:27:29.19 | 00:09:46.23 |  | 00:46:39.68 |
| 2 | 11/288 | 11/168 | 727 | Greg Pelican | 54 | Male | Bethel | CT | 00:08:03.04 | 00:28:11.72 | 00:09:20.99 |  | 00:46:49.60 |
| 3 | 17/288 | 17/168 | 715 | Derek Hager | 52 | Male | Minneapolis | MN | 00:08:52.10 | 00:26:44.24 | 00:10:37.82 |  | 00:47:33.08 |
| 4 | 27/288 | 27/168 | 728 | Dean Maruna | 54 | Male | Erie | co | 00:08:08.15 | 00:28:46.67 | 00:10:33.17 |  | 00:48:32.45 |
| 5 | 32/288 | 32/168 | 709 | Jim Green | 50 | Male | San Diego | CA | 00:09:11.88 | 00:28:08.14 | 00:10:47.36 |  | 00:49:29.35 |
| 6 | 46/288 | 44/168 | 721 | Walter Lane | 53 | Male | Westerly | RI | 00:09:11.57 | 00:28:54.80 | 00:11:18.26 |  | 00:51:07.69 |
| 7 | 47/288 | 45/168 | 722 | Matthew Mclaughlin | 53 | Male | Westlake Village | CA | 00:08:36.99 | 00:30:57.54 | 00:10:06.22 |  | 00:51:15.45 |
| 8 | 52/288 | 49/168 | 718 | Bruce Raymond | 52 | Male | Oak View | CA | 00:09:35.52 | 00:29:29.54 | 00:11:28.02 |  | 00:51:47.42 |
| 9 | 69/288 | 64/168 | 713 | Amol Saxena | 51 | Male | Palo Alto | CA | 00:09:52.98 | 00:29:54.16 | 00:11:12.58 |  | 00:53:18.99 |
| 10 | 71/288 | 66/168 | 720 | Jim Anderson | 52 | Male | Alameda | CA | 00:09:18.48 | 00:30:56.11 | 00:11:37.27 |  | 00:53:34.63 |
| 11 | 90/288 | 78/168 | 714 | Kenneth Varner | 51 | Male | Port Charlotte | FL | 00:09:49.96 | 00:31:25.72 | 00:12:05.70 |  | 00:54:49.65 |
| 12 | 91/288 | 79/168 | 723 | David Garrett | 53 | Male | Albuquerque | NM | 00:09:38.26 | 00:32:15.91 | 00:10:58.03 |  | 00:54:51.04 |
| 13 | 117/288 | 96/168 | 725 | Joe Nolan | 53 | Male | Oconomowoc | WI | 00:10:12.31 | 00:32:58.27 | 00:11:58.00 |  | 00:57:01.54 |
| 14 | 145/288 | 110/168 | 726 | William Rondini | 53 | Male | Cobalt | CT | 00:09:47.81 | 00:34:38.70 | 00:11:43.56 |  | 00:58:54.24 |
| 15 | 147/288 | 111/168 | 711 | Ozzie Zea | 50 | Male | Long Beach | CA | 00:10:08.12 | 00:34:49.05 | 00:11:18.49 |  | 00:59:01.21 |
| 16 | 153/288 | 116/168 | 719 | Ricky Gray | 52 | Male | Clackamas | OR | 00:11:20.64 | 00:32:19.25 | 00:14:10.38 |  | 00:59:48.19 |
| 17 | 155/288 | 117/168 | 730 | Bruce Heiser | 54 | Male | Thompsons Station | TN | 00:10:45.71 | 00:34:49.39 | 00:12:44.46 |  | 01:00:02.50 |
| 18 | 215/288 | 145/168 | 716 | Michael Kaelon | 52 | Male | Rosemead | CA | 00:12:22.04 | 00:35:02.24 | 00:16:40.04 |  | 01:06:04.79 |
| 19 | 234/288 | 152/168 | 710 | Mark Gurley | 50 | Male | Grandview | MO | 00:12:30.30 | 00:40:48.98 | 00:14:22.01 |  | 01:10:25.64 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results
Sprint

| Fem | Ages | 5-49 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 118/288 | 22/120 | 546 | Janet Jarvits | 47 | Female | Pasadena | CA | 00:09:43.25 | 00:34:42.54 | 00:11:10.94 |  | 00:57:04.21 |
| 2 | 120/288 | 23/120 | 542 | Michelle Noble | 45 | Female | Scottsdale | AZ | 00:10:03.82 | 00:33:48.97 | 00:11:34.57 |  | 00:57:19.74 |
| 3 | 178/288 | 48/120 | 547 | Kristina Varner | 47 | Female | Port Charlotte | FL | 00:11:50.34 | 00:35:05.46 | 00:13:18.67 |  | 01:02:06.11 |
| 4 | 180/288 | 50/120 | 545 | Tanya Van Winkle | 47 | Female | Waxahachie | TX | 00:11:32.06 | 00:34:06.63 | 00:14:31.53 |  | 01:02:31.80 |
| 5 | 183/288 | 52/120 | 555 | Linda Firenze | 49 | Female | Carmel | IN | 00:11:20.85 | 00:35:05.53 | 00:14:15.76 |  | 01:02:54.37 |
| 6 | 186/288 | 55/120 | 550 | Stephanie Carlson | 49 | Female | Carmel | IN | 00:11:16.55 | 00:35:02.01 | 00:14:27.47 |  | 01:03:00.95 |
| 7 | 189/288 | 57/120 | 544 | Anne Halaby | 46 | Female | Port Washington | NY | 00:11:49.73 | 00:36:04.27 | 00:13:30.03 |  | 01:03:19.50 |
| 8 | 208/288 | 68/120 | 552 | Brooks Mullen | 49 | Female | Boxford | MA | 00:10:34.36 | 00:39:37.49 | 00:12:36.40 |  | 01:05:14.36 |
| 9 | 220/288 | 72/120 | 554 | Amy Green | 49 | Female | Shreveport | LA | 00:12:14.75 | 00:37:27.67 | 00:16:03.48 |  | 01:08:00.83 |
| 10 | 244/288 | 89/120 | 551 | Beth Failer | 49 | Female | Coral Springs | FL | 00:13:09.14 | 00:41:41.91 | 00:16:09.62 |  | 01:13:02.95 |
| 11 | 255/288 | 98/120 | 548 | Nancy Ellis | 48 | Female | Tucson | AZ | 00:15:09.48 | 00:37:43.12 | 00:19:13.36 |  | 01:15:17.65 |
| 12 | 286/288 | 118/120 | 553 | Milagros A Snyder | 49 | Female | Westland | MI | 00:14:26.96 | 00:55:49.02 | 00:22:44.02 |  | 01:36:42.40 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results Sprint

| Male | Ages | 45-49 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall <br> Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 2/288 | 2/168 | 689 | Stephen Dupree | 46 | Male | Boulder | CO | 00:07:43.25 | 00:27:07.35 | 00:08:53.75 |  | 00:45:08.72 |
| 2 | 6/288 | 6/168 | 681 | Rob Jones | 45 | Male | West Chester | PA | 00:07:59.70 | 00:26:44.72 | 00:10:10.20 |  | 00:46:17.23 |
| 3 | 15/288 | 15/168 | 684 | Michael O'riley | 45 | Male | Colorado Springs | CO | 00:08:13.29 | 00:27:52.53 | 00:09:19.98 |  | 00:47:17.22 |
| 4 | 24/288 | 24/168 | 686 | Peter Francis | 45 | Male | Portland | OR | 00:08:34.71 | 00:27:49.93 | 00:10:15.44 |  | 00:48:19.70 |
| 5 | 26/288 | 26/168 | 685 | Jack Winch | 45 | Male | Calabasas | CA | 00:08:20.71 | 00:28:31.14 | 00:09:49.24 |  | 00:48:25.86 |
| 6 | 28/288 | 28/168 | 698 | Dan Bergeson | 48 | Male | Oldsmar | FL | 00:08:19.05 | 00:29:32.65 | 00:09:53.63 |  | 00:49:01.79 |
| 7 | 41/288 | 40/168 | 704 | Jeff Deweerdt | 49 | Male | Hoffman Estates | IL | 00:08:50.15 | 00:29:45.10 | 00:10:12.24 |  | 00:50:32.86 |
| 8 | 48/288 | 46/168 | 702 | David Price | 49 | Male | Franklin | TN | 00:09:22.14 | 00:30:02.01 | 00:10:26.47 |  | 00:51:18.72 |
| 9 | 58/288 | 54/168 | 683 | Steve Sievert | 45 | Male | Houston | TX | 00:08:44.72 | 00:30:21.23 | 00:11:29.26 |  | 00:52:24.10 |
| 10 | 59/288 | 55/168 | 700 | Frank Silva | 48 | Male | Sandy Springs | GA | 00:08:45.23 | 00:29:22.01 | 00:10:43.88 | +02:00.00 | 00:52:27.38 |
| 11 | 74/288 | 68/168 | 706 | Simon Aris | 49 | Male | Houston | TX | 00:10:07.02 | 00:29:30.41 | 00:11:57.09 |  | 00:53:47.33 |
| 12 | 81/288 | 74/168 | 691 | Steve Waite | 46 | Male | Kayenta | AZ | 00:09:27.23 | 00:31:54.08 | 00:10:27.89 |  | 00:54:11.94 |
| 13 | 85/288 | 75/168 | 705 | D Michael Cruz | 49 | Male | Laveen | AZ | 00:10:09.50 | 00:30:41.59 | 00:11:21.77 |  | 00:54:33.43 |
| 14 | 134/288 | 104/168 | 696 | Mike Kosteniuk | 47 | Male | Edinboro | PA | 00:09:32.53 | 00:32:24.02 | 00:13:52.54 |  | 00:58:05.38 |
| 15 | 136/288 | 105/168 | 690 | Mark Lee | 46 | Male | Concord | CA | 00:09:51.64 | 00:33:49.51 | 00:12:10.55 |  | 00:58:09.54 |
| 16 | 151/288 | 114/168 | 695 | Gary Poe | 47 | Male | Richmond | TX | 00:10:11.82 | 00:34:19.22 | 00:12:42.14 |  | 00:59:36.12 |
| 17 | 167/288 | 123/168 | 701 | Tyrone Thompson | 48 | Male | Tonopah | NV | 00:11:09.01 | 00:33:42.06 | 00:13:32.48 |  | 01:01:16.52 |
| 18 | 181/288 | 131/168 | 699 | Michael Wells | 48 | Male | Raleigh | NC | 00:11:57.02 | 00:34:13.09 | 00:14:24.84 |  | 01:02:36.23 |
| 19 | 191/288 | 134/168 | 703 | Todd Brown | 49 | Male | Gainesville | GA | 00:13:17.17 | 00:31:16.82 | 00:16:07.72 |  | 01:03:24.03 |
| 20 | 206/288 | 139/168 | 694 | Tony Pennington | 47 | Male | Manchester | TN | 00:10:39.84 | 00:39:36.56 | 00:12:40.57 |  | 01:04:51.14 |
| 21 | 209/288 | 141/168 | 707 | Don Mabry | 49 | Male | Nashville | TN | 00:11:52.15 | 00:35:57.88 | 00:15:03.15 |  | 01:05:21.79 |
| 22 | 218/288 | 147/168 | 692 | Jim Jennings | 46 | Male | Crestwood | KY | 00:11:51.31 | 00:37:26.77 | 00:14:55.25 |  | 01:07:31.86 |
| 23 | 235/288 | 153/168 | 693 | Jose (joe) Silva | 46 | Male | Grand Prairie | TX | 00:13:42.32 | 00:36:56.60 | 00:16:56.72 |  | 01:11:02.97 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results

Sprint

Female Ages 40-44

| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 43/288 | 2/120 | 526 | Celia Dubey | 41 | Female | Tarpon Springs | FL | 00:09:20.86 | 00:29:26.18 | 00:10:42.98 |  | 00:50:42.22 |
| 2 | 80/288 | 7/120 | 537 | Lara Ray | 44 | Female | Camarillo | CA | 00:09:16.54 | 00:32:15.12 | 00:10:53.92 |  | 00:54:06.60 |
| 3 | 105/288 | 17/120 | 533 | Mary Laibe | 43 | Female | Sun Valley | ID | 00:10:55.97 | 00:31:14.31 | 00:11:55.80 |  | 00:56:06.48 |
| 4 | 116/288 | 21/120 | 540 | Jennifer Mason | 44 | Female | Brentwood | TN | 00:10:34.84 | 00:31:48.10 | 00:12:31.33 |  | 00:57:00.39 |
| 5 | 127/288 | 26/120 | 549 | Jennifer Camoriano | 40 | Female | Mesa | AZ | 00:11:29.32 | 00:30:27.72 | 00:13:28.62 |  | 00:57:38.23 |
| 6 | 130/288 | 29/120 | 535 | Valerie Cole | 43 | Female | Morris Plains | NJ | 00:10:28.85 | 00:34:19.91 | 00:10:59.75 |  | 00:57:53.19 |
| 7 | 131/288 | 30/120 | 527 | Yakeitha Fitch | 41 | Female | Bradenton | FL | 00:10:03.02 | 00:33:05.17 | 00:12:27.07 |  | 00:58:02.18 |
| 8 | 140/288 | 34/120 | 539 | Stacey Deweerdt | 44 | Female | Hoffman Estates | IL | 00:10:50.55 | 00:33:19.15 | 00:12:31.22 |  | 00:58:33.16 |
| 9 | 148/288 | 37/120 | 538 | Anu Campbell | 44 | Female | Klamath Falls | OR | 00:10:12.31 | 00:33:57.78 | 00:12:53.40 |  | 00:59:15.09 |
| 10 | 165/288 | 43/120 | 536 | Julie Leffler | 43 | Female | Milwaukie | OR | 00:11:47.37 | 00:32:46.46 | 00:14:08.71 |  | 01:00:58.55 |
| 11 | 174/288 | 46/120 | 529 | Joette Gdovin-Bergeson | 42 | Female | Oldsmar | FL | 00:11:08.72 | 00:35:57.15 | 00:13:11.80 |  | 01:01:51.74 |
| 12 | 184/288 | 53/120 | 528 | Caryn Nath | 42 | Female | Oro Valley | AZ | 00:11:44.37 | 00:34:48.48 | 00:14:32.24 |  | 01:02:56.05 |
| 13 | 201/288 | 65/120 | 523 | Jenn Patenge | 40 | Female | Gilbert | AZ | 00:10:32.34 | 00:39:29.26 | 00:12:06.91 |  | 01:04:12.78 |
| 14 | 210/288 | 69/120 | 519 | Sherri Fox | 40 | Female | Austin | TX | 00:11:21.88 | 00:38:47.08 | 00:12:55.22 |  | 01:05:24.78 |
| 15 | 228/288 | 78/120 | 531 | Paula Rivet | 42 | Female | Woodbury | MN | 00:11:48.79 | 00:42:14.04 | 00:13:54.87 |  | 01:09:32.44 |
| 16 | 232/288 | 82/120 | 530 | Christina Ullman | 42 | Female | Graysville | OH | 00:11:33.52 | 00:41:59.20 | 00:13:45.95 |  | 01:10:11.72 |
| 17 | 245/288 | 90/120 | 534 | Katie Antares | 43 | Female | Winston Salem | NC | 00:13:55.69 | 00:37:21.29 | 00:18:55.11 |  | 01:13:23.76 |
| 18 | 247/288 | 91/120 | 524 | Laurie Niemiec | 40 | Female | Tucson | AZ | 00:12:59.81 | 00:39:32.46 | 00:17:32.30 |  | 01:13:43.67 |
| 19 | 250/288 | 93/120 | 532 | Claudia Barber | 42 | Female | Odessa | FL | 00:13:28.00 | 00:41:28.66 | 00:15:37.23 |  | 01:14:27.76 |
| 20 | 270/288 | 104/120 | 522 | Shelley Fair | 40 | Female | Olathe | KS | 00:13:30.51 | 00:47:38.65 | 00:15:33.86 |  | 01:19:02.28 |
| 21 | 274/288 | 108/120 | 541 | Lilly Chiu | 44 | Female | Miami | FL | 00:16:19.38 | 00:44:59.90 | 00:20:10.48 |  | 01:25:20.70 |
| 22 | 276/288 | 110/120 | 520 | Leslie Turchetti | 40 | Female | Glenside | PA | 00:16:21.71 | 00:46:50.44 | 00:19:36.35 |  | 01:25:48.23 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results

| Male | Ages | 0-44 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 7/288 | 7/168 | 671 | Joe English | 43 | Male | Hillsboro | OR | 00:08:02.31 | 00:27:04.76 | 00:09:31.61 |  | 00:46:19.46 |
| 2 | 10/288 | 10/168 | 666 | Bryant Howard | 42 | Male | Clackamas | OR | 00:08:17.35 | 00:26:43.72 | 00:10:05.70 |  | 00:46:45.84 |
| 3 | 16/288 | 16/168 | 659 | Jeffrey Zickus | 40 | Male | Atlanta | GA | 00:07:53.91 | 00:29:00.40 | 00:08:39.87 |  | 00:47:23.21 |
| 4 | 20/288 | 20/168 | 670 | Roy Pickavance | 42 | Male | Tucson | AZ | 00:09:30.37 | 00:26:13.18 | 00:10:28.28 |  | 00:47:43.73 |
| 5 | 30/288 | 30/168 | 662 | Rick Smith | 41 | Male | Madison | WI | 00:08:41.93 | 00:28:47.91 | 00:10:13.51 |  | 00:49:17.65 |
| 6 | 36/288 | 36/168 | 687 | Wally Dowe | 43 | Male | Tucson | AZ | 00:09:34.09 | 00:27:23.83 | 00:11:33.04 |  | 00:50:05.81 |
| 7 | 42/288 | 41/168 | 677 | Allan Golding | 44 | Male | Cooper City | FL | 00:09:06.33 | 00:29:10.21 | 00:10:51.95 |  | 00:50:40.76 |
| 8 | 44/288 | 42/168 | 676 | Kevin Schroder | 43 | Male | Bellaire | TX | 00:09:09.04 | 00:28:47.36 | 00:11:04.16 |  | 00:50:45.93 |
| 9 | 62/288 | 58/168 | 660 | James Mcgeahy | 40 | Male | Henderson | NV | 00:09:05.49 | 00:30:10.38 | 00:11:11.69 |  | 00:52:48.87 |
| 10 | 64/288 | 60/168 | 669 | Roger Cornwall | 42 | Male | Cincinnati | OH | 00:09:57.58 | 00:29:10.94 | 00:11:53.49 |  | 00:52:53.80 |
| 11 | 72/288 | 67/168 | 672 | Michael Serrano | 43 | Male | Las Vegas | NV | 00:09:26.79 | 00:31:39.03 | 00:10:29.41 |  | 00:53:40.15 |
| 12 | 99/288 | 86/168 | 679 | Bill Klotz | 44 | Male | Bedford Hills | NY | 00:09:13.33 | 00:33:19.56 | 00:11:18.79 |  | 00:55:22.62 |
| 13 | 119/288 | 97/168 | 680 | Hans Boelstler | 44 | Male | Madison Heights | MI | 00:09:49.39 | 00:32:54.94 | 00:12:25.77 |  | 00:57:09.04 |
| 14 | 126/288 | 101/168 | 667 | Nestor Salvado | 42 | Male | Dallas | TX | 00:10:13.22 | 00:33:16.36 | 00:12:11.34 |  | 00:57:29.49 |
| 15 | 149/288 | 112/168 | 668 | Terry Jordon | 42 | Male | Arizona | AZ | 00:10:27.51 | 00:33:43.49 | 00:13:09.98 |  | 00:59:22.78 |
| 16 | 163/288 | 122/168 | 663 | Jason Heimink | 41 | Male | Rhinebeck | NY | 00:11:47.83 | 00:33:31.05 | 00:13:36.30 |  | 01:00:57.65 |
| 17 | 168/288 | 124/168 | 678 | Jorge Becerra | 44 | Male | San Antonio | TX | 00:10:52.31 | 00:34:53.18 | 00:13:16.03 |  | 01:01:22.90 |
| 18 | 170/288 | 126/168 | 664 | Craig Romei | 41 | Male | Chandler | AZ | 00:11:48.74 | 00:32:35.85 | 00:15:15.47 |  | 01:01:41.53 |
| 19 | 211/288 | 142/168 | 674 | David Goldman | 43 | Male | Lake Mary | FL | 00:11:43.97 | 00:36:27.73 | 00:14:23.25 |  | 01:05:30.02 |
| 20 | 212/288 | 143/168 | 673 | Ricardo Torres | 43 | Male | Alice | TX | 00:12:01.94 | 00:35:28.88 | 00:15:29.94 |  | 01:05:43.44 |

Female Ages 35-39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 56/288 | 4/120 | 513 | Julia Purrington | 38 | Female | Evergreen | CO | 00:09:44.43 | 00:30:23.01 | 00:10:49.63 |  | 00:52:16.16 |
| 2 | 83/288 | 9/120 | 514 | Kerri Dienhart | 38 | Female | St. Petersburg | FL | 00:09:33.87 | 00:31:48.91 | 00:11:06.19 |  | 00:54:25.21 |
| 3 | 112/288 | 18/120 | 507 | Meghan Gottlieb | 35 | Female | St. Louis | MO | 00:10:18.02 | 00:33:11.41 | 00:11:25.80 |  | 00:56:48.06 |
| 4 | 123/288 | 24/120 | 510 | Jamie Martens | 37 | Female | Mission | KS | 00:10:31.38 | 00:32:29.04 | 00:12:33.70 |  | 00:57:24.64 |
| 5 | 128/288 | 27/120 | 511 | Jennifer Borie | 37 | Female | Laguna Niguel | CA | 00:09:45.80 | 00:34:21.07 | 00:11:43.35 |  | 00:57:43.17 |
| 6 | 135/288 | 31/120 | 516 | Jen Sieczkiewicz | 39 | Female | Hopkinton | MA | 00:10:43.85 | 00:33:39.06 | 00:12:03.23 |  | 00:58:06.75 |
| 7 | 193/288 | 59/120 | 515 | Sara Stiles | 38 | Female | Portland | OR | 00:12:23.35 | 00:34:06.97 | 00:14:42.01 |  | 01:03:32.42 |
| 8 | 227/288 | 77/120 | 509 | C C Rowe | 37 | Female | Austin | TX | 00:12:20.96 | 00:37:58.62 | 00:14:34.52 | +02:00.00 | 01:09:23.34 |
| 9 | 239/288 | 85/120 | 512 | Annette Romei | 37 | Female | Chandler | AZ | 00:14:05.03 | 00:38:16.64 | 00:17:19.48 |  | 01:12:01.83 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results Sprint

| Male | Ages | 5-39 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 5/288 | 5/168 | 653 | Brian Duff | 37 | Male | Los Angeles | CA | 00:07:48.22 | 00:26:54.68 | 00:10:03.79 |  | 00:46:11.34 |
| 2 | 12/288 | 12/168 | 657 | Shannon Horn | 39 | Male | Post Falls | ID | 00:08:21.31 | 00:27:28.25 | 00:09:55.49 |  | 00:47:02.08 |
| 3 | 104/288 | 88/168 | 652 | Vince Huang | 36 | Male | Beverly Hills | CA | 00:10:20.61 | 00:31:06.21 | 00:12:21.14 |  | 00:56:03.79 |
| 4 | 142/288 | 108/168 | 655 | Eric Ruth | 38 | Male | Boca Raton | FL | 00:10:46.89 | 00:33:28.37 | 00:12:23.97 |  | 00:58:35.36 |
| 5 | 169/288 | 125/168 | 650 | Blaine Stott | 35 | Male | Marion | IA | 00:09:41.96 | 00:36:22.73 | 00:13:09.17 |  | 01:01:27.74 |
| 6 | 190/288 | 133/168 | 654 | Brent Wright | 37 | Male | Portland | OR | 00:10:16.18 | 00:37:07.21 | 00:13:16.76 |  | 01:03:22.01 |
| 7 | 202/288 | 137/168 | 651 | Neal Isaak | 36 | Male | Jefferson City | мо | 00:10:17.75 | 00:38:49.55 | 00:12:57.60 |  | 01:04:22.63 |

Female Ages 30-34

| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 40/288 | 1/120 | 497 | Courtney Robles-Wiseman | 31 | Female | Corona | CA | 00:08:59.04 | 00:29:35.15 | 00:10:08.73 |  | 00:50:25.19 |
| 2 | 84/288 | 10/120 | 506 | M J Duron | 34 | Female | Marana | AZ | 00:09:53.82 | 00:31:11.09 | 00:11:30.81 |  | 00:54:31.82 |
| 3 | 101/288 | 15/120 | 494 | Abby Trombley | 31 | Female | Findlay | OH | 00:09:44.71 | 00:33:19.20 | 00:10:43.58 |  | 00:55:40.48 |
| 4 | 103/288 | 16/120 | 503 | Brooke Kinsler | 34 | Female | South Glastonbury | CT | 00:10:39.60 | 00:31:28.93 | 00:11:46.23 |  | 00:55:43.79 |
| 5 | 137/288 | 32/120 | 490 | Kimber Tedro | 30 | Female | Huntington Beach | CA | 00:09:59.72 | 00:32:15.31 | 00:14:02.81 |  | 00:58:22.09 |
| 6 | 139/288 | 33/120 | 500 | Lili Riffle | 33 | Female | Azusa | CA | 00:10:58.73 | 00:32:59.00 | 00:12:31.37 |  | 00:58:28.28 |
| 7 | 158/288 | 39/120 | 505 | Kasandra Davis | 34 | Female | Richmond | CA | 00:10:36.81 | 00:34:17.86 | 00:13:22.59 |  | 01:00:05.77 |
| 8 | 176/288 | 47/120 | 501 | Julie Boesen | 33 | Female | Wilmington | DE | 00:10:00.07 | 00:38:02.12 | 00:11:31.77 |  | 01:01:52.90 |
| 9 | 179/288 | 49/120 | 499 | Christina Willman | 33 | Female | Paradise Valley | AZ | 00:11:57.54 | 00:34:49.70 | 00:13:17.11 |  | 01:02:10.77 |
| 10 | 195/288 | 61/120 | 492 | Erica Scott | 30 | Female | Oro Valley | AZ | 00:10:41.84 | 00:37:58.87 | 00:12:28.38 |  | 01:03:38.25 |
| 11 | 200/288 | 64/120 | 502 | Melissa Farrell | 33 | Female | Las Vegas | NV | 00:11:25.54 | 00:36:03.04 | 00:13:52.75 |  | 01:04:04.45 |
| 12 | 216/288 | 71/120 | 498 | Katherine Anderson | 33 | Female | Tucson | AZ | 00:11:31.22 | 00:40:34.06 | 00:13:08.88 |  | 01:07:02.14 |
| 13 | 230/288 | 80/120 | 495 | Veronica Cravener | 31 | Female | Columbus | OH | 00:12:06.65 | 00:41:10.30 | 00:14:47.43 |  | 01:10:00.55 |
| 14 | 237/288 | 84/120 | 491 | Abby Gambrel | 30 | Female | Accokeek | MD | 00:12:51.23 | 00:39:55.15 | 00:15:21.87 |  | 01:11:35.52 |
| 15 | 240/288 | 86/120 | 504 | Jill Floyd | 34 | Female | Norman | OK | 00:13:24.73 | 00:39:40.56 | 00:16:40.29 |  | 01:12:27.98 |
| 16 | 271/288 | 105/120 | 496 | Stacy Manalastas | 31 | Female | Marana | AZ | 00:13:45.49 | 00:44:05.26 | 00:18:38.69 |  | 01:21:49.17 |
| 17 | 275/288 | 109/120 | 493 | Beanabelle Ferdinand | 30 | Female | Lauderdale Lakes | FL | 00:14:58.44 | 00:49:19.08 | 00:19:11.88 |  | 01:25:38.70 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results Sprint

| Male | Ages | 0-34 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 35/288 | 35/168 | 643 | Michael Ashworth | 31 | Male | Miami Beach | FL | 00:08:32.83 | 00:29:04.62 | 00:10:26.63 |  | 00:50:03.68 |
| 2 | 51/288 | 48/168 | 646 | Christian Bailey | 33 | Male | Scottsdale | AZ | 00:08:27.90 | 00:30:16.81 | 00:10:56.20 |  | 00:51:43.94 |
| 3 | 55/288 | 52/168 | 647 | Jay Gibson | 33 | Male | Beaufort | SC | 00:09:23.71 | 00:30:16.00 | 00:10:40.44 |  | 00:52:03.27 |
| 4 | 93/288 | 80/168 | 648 | Josh Boesen | 33 | Male | Wilmington | DE | 00:09:07.56 | 00:32:48.37 | 00:11:32.12 |  | 00:55:06.77 |
| 5 | 213/288 | 144/168 | 644 | Garrett Cravener | 31 | Male | Columbus | OH | 00:10:40.35 | 00:36:05.28 | 00:15:25.48 |  | 01:05:47.08 |

Female Ages 25-29

| Div <br> Place | Overall <br> Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $154 / 288$ | $38 / 120$ | 487 | Laurel Bale | 25 | Female | Tucson | AZ | $00: 10: 47.81$ | $00: 34: 25.61$ | $00: 12: 22.83$ |
| 2 | $172 / 288$ | $45 / 120$ | 488 | Casey Yester | 25 | Female | Tucson | AZ | $00: 09: 57.60$ | $00: 36: 59.20$ | $00: 13: 02.32$ |
| 3 | $283 / 288$ | $117 / 120$ | 489 | Irlanda Bessard | 27 | Female | Boca Raton | FL | $00: 15: 28.10$ | $00: 56: 34.25$ | $00: 19: 35.45$ |


| Male | Ages | 25-29 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Div } \\ & \text { Place } \end{aligned}$ | Overall Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 8/288 | 8/168 | 632 | Michael Barney | 27 | Male | Albuquerque | NM | 00:08:04.91 | 00:27:55.60 | 00:09:08.28 |  | 00:46:30.80 |
| 2 | 13/288 | 13/168 | 637 | Jason Karavidas | 28 | Male | San Diego | CA | 00:08:31.76 | 00:27:34.38 | 00:09:45.56 |  | 00:47:09.37 |
| 3 | 14/288 | 14/168 | 638 | Justin Graves | 29 | Male | Grosse Pointe Park | MI | 00:08:10.49 | 00:27:55.56 | 00:09:41.63 |  | 00:47:12.77 |
| 4 | 21/288 | 21/168 | 630 | Ben Gadomski | 26 | Male | Fort Collins | CO | 00:08:15.77 | 00:28:13.81 | 00:09:55.77 |  | 00:47:45.62 |
| 5 | 45/288 | 43/168 | 631 | Michael Goldstein | 26 | Male | Tucson | AZ | 00:09:21.37 | 00:28:19.93 | 00:11:13.50 |  | 00:50:56.19 |
| 6 | 57/288 | 53/168 | 628 | Benjamin Wilson | 26 | Male | San Francisco | CA | 00:08:49.66 | 00:31:29.33 | 00:10:31.68 |  | 00:52:19.26 |
| 7 | 61/288 | 57/168 | 626 | Tyler Roell | 25 | Male | Indianapolis | IN | 00:08:05.65 | 00:32:32.72 | 00:10:03.07 |  | 00:52:45.49 |
| 8 | 68/288 | 63/168 | 639 | Justin Merolla | 29 | Male | New York | NY | 00:09:31.16 | 00:30:39.30 | 00:11:20.82 |  | 00:53:07.24 |
| 9 | 102/288 | 87/168 | 636 | Caleb Brantley | 28 | Male | Tucson | AZ | 00:10:40.92 | 00:31:26.39 | 00:11:57.79 |  | 00:55:41.48 |
| 10 | 109/288 | 92/168 | 629 | Jonnathan Handshoe | 26 | Male | Greenville | SC | 00:09:12.57 | 00:33:41.51 | 00:11:09.96 |  | 00:56:17.81 |
| 11 | 138/288 | 106/168 | 627 | Jamie Merolla | 25 | Male | Larchmont | NY | 00:10:25.31 | 00:33:39.13 | 00:12:16.45 |  | 00:58:27.94 |
| 12 | 161/288 | 120/168 | 640 | John Victor | 29 | Male | Killeen | TX | 00:09:15.13 | 00:38:23.89 | 00:11:01.02 |  | 01:00:22.57 |
| 13 | 162/288 | 121/168 | 633 | Terry Rogers | 27 | Male | Tucson | AZ | 00:10:38.67 | 00:34:28.75 | 00:13:28.59 |  | 01:00:37.02 |
| 14 | 204/288 | 138/168 | 634 | Nicholas Carden | 27 | Male | Charleston | SC | 00:12:03.02 | 00:35:46.12 | 00:14:16.06 |  | 01:04:32.54 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results Sprint
Female Ages 20-24

| Div <br> Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 86/288 | 11/120 | 486 | Jacque Povilaitis | 23 | Female | Flagstaff | AZ | 00:09:42.01 | 00:32:21.05 | 00:10:55.60 |  | 00:54:35.31 |
| 2 | 100/288 | 14/120 | 481 | Hannah Dalsing | 21 | Female | Peoria | AZ | 00:10:27.69 | 00:30:41.52 | 00:12:39.83 |  | 00:55:28.58 |
| 3 | 115/288 | 20/120 | 484 | Tara Saxena | 22 | Female | Palo Alto | CA | 00:09:28.06 | 00:35:50.74 | 00:10:01.78 |  | 00:56:52.52 |
| 4 | 146/288 | 36/120 | 482 | Allie Nath | 21 | Female | Coronado | CA | 00:10:55.52 | 00:33:36.08 | 00:12:31.37 |  | 00:58:56.56 |
| 5 | 188/288 | 56/120 | 485 | Alyssa Fell | 22 | Female | Flagstaff | AZ | 00:10:07.50 | 00:38:24.77 | 00:11:13.40 |  | 01:03:17.10 |
| 6 | 192/288 | 58/120 | 483 | Elizabeth Wight | 21 | Female | Peoria | AZ | 00:10:48.94 | 00:36:25.87 | 00:12:44.34 | +02:00.00 | 01:03:27.85 |
| 7 | 194/288 | 60/120 | 479 | Jenny Gormley | 20 | Female | Flagstaff | AZ | 00:10:46.59 | 00:37:41.97 | 00:12:34.72 |  | 01:03:32.74 |
| 8 | 214/288 | 70/120 | 478 | Brece Hendrix | 20 | Female | Flagstaff | AZ | 00:11:01.03 | 00:38:38.95 | 00:13:44.40 |  | 01:05:48.88 |
| 9 | 269/288 | 103/120 | 480 | Kamiko Strebe | 20 | Female | Flagstaff | AZ | 00:13:38.58 | 00:43:46.79 | 00:18:42.42 |  | 01:18:52.49 |

Male Ages 20-24

| $\begin{gathered} \text { Div } \\ \text { Place } \end{gathered}$ | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 1/288 | 1/168 | 620 | Dan Grimm | 22 | Male | Flagstaff | AZ | 00:07:30.61 | 00:27:31.99 | 00:08:23.41 |  | 00:44:59.12 |
| 2 | 22/288 | 22/168 | 619 | Stephen Pedone | 22 | Male | South Elgin | IL | 00:08:55.43 | 00:27:14.99 | 00:10:20.90 |  | 00:47:50.98 |
| 3 | 33/288 | 33/168 | 616 | Joey Mack | 20 | Male | Flagstaff | AZ | 00:08:48.09 | 00:30:13.32 | 00:09:36.19 |  | 00:49:45.85 |
| 4 | 34/288 | 34/168 | 625 | Erik Nelson | 24 | Male | Flagstaff | AZ | 00:08:40.86 | 00:29:33.68 | 00:10:05.18 |  | 00:49:53.21 |
| 5 | 37/288 | 37/168 | 618 | Adam Sandoval | 21 | Male | Flagstaff | AZ | 00:08:30.09 | 00:30:03.32 | 00:09:55.60 |  | 00:50:08.91 |
| 6 | 38/288 | 38/168 | 617 | Sean Price | 21 | Male | Long Beach | CA | 00:07:58.02 | 00:31:14.60 | 00:09:05.95 |  | 00:50:10.17 |
| 7 | 39/288 | 39/168 | 614 | Edgar Perez | 20 | Male | Yuma | AZ | 00:08:03.65 | 00:31:21.35 | 00:09:30.21 |  | 00:50:24.74 |
| 8 | 76/288 | 70/168 | 621 | Juan Lopez | 22 | Male | Brooklyn | NY | 00:08:48.13 | 00:32:56.86 | 00:10:40.11 |  | 00:53:53.64 |
| 9 | 108/288 | 91/168 | 624 | Ivan Almekinders | 24 | Male | Chapel Hill | NC | 00:08:27.06 | 00:35:48.06 | 00:09:43.19 |  | 00:56:10.54 |
| 10 | 111/288 | 94/168 | 615 | Ryan Mix | 20 | Male | Flagstaff | AZ | 00:09:25.55 | 00:33:51.62 | 00:11:27.72 |  | 00:56:47.93 |
| 11 | 113/288 | 95/168 | 623 | Mario Robinson | 23 | Male | Jackson Heights | NY | 00:09:29.68 | 00:33:27.93 | 00:12:18.94 |  | 00:56:48.24 |
| 12 | 121/288 | 98/168 | 622 | Tyler Karlberg | 22 | Male | Flagstaff | AZ | 00:09:53.72 | 00:32:11.08 | 00:13:10.74 |  | 00:57:20.87 |

# USAT Duathlon National Championship 

October 26, 2013
Overall Division Results Sprint
Female Ages 15-19

| Div <br> Place | Overall <br> Plc/Total | Gender <br> Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $87 / 288$ | $12 / 120$ | 472 | Michelle Niebla | 15 | Female | Nogales | AZ | $00: 09: 32.60$ | $00: 32: 51.02$ | $00: 10: 57.31$ |
| 2 | $92 / 288$ | $13 / 120$ | 474 | Jessica Tomasek | 16 | Female | Oceanside | CA | $00: 09: 48.20$ | $00: 32: 51.95$ | $00: 11: 12.28$ |
| 3 | $125 / 288$ | $25 / 120$ | 470 | Rebecca Naughton | 15 | Female | Des Moines | IA | $00: 10: 08.79$ | $00: 34: 33.91$ | $00: 11: 23.17$ |
| 4 | $143 / 288$ | $35 / 120$ | 471 | Caroline Killeen | 15 | Female | Saint Charles | MO | $00: 10: 50.45$ | $00: 34: 10.67$ | $00: 12: 07.74$ |
| 5 | $166 / 288$ | $44 / 120$ | 475 | Alexandra Schwein | 16 | Female | Ellsworth | MI | $00: 11: 34.56$ | $00: 35: 03.42$ | $00: 13: 06.81$ |
| 6 | $236 / 288$ | $83 / 120$ | 477 | Taryn Johnson | 19 | Female | Flagstaff | AZ | $00: 11: 55.23$ | $00: 43: 39.84$ | $00: 13: 46.59$ |
| 7 | $254 / 288$ | $97 / 120$ | 476 | Delaney Hughes | 18 | Female | Flagstaff | AZ | $00: 13: 38.82$ | $00: 43: 44.34$ | $00: 15: 31.07$ |


| Male | Ages | -19 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | Gender | City | St. | Run | Bike | Run | Penalty | Time |
| 1 | 3/288 | 3/168 | 605 | Timothy Winslow | 17 | Male | Elk Grove | CA | 00:07:49.26 | 00:27:33.57 | 00:08:55.63 |  | 00:45:27.89 |
| 2 | 4/288 | 4/168 | 607 | Max Bennett | 18 | Male | Flagstaff | AZ | 00:07:36.91 | 00:27:54.55 | 00:09:12.67 |  | 00:45:49.03 |
| 3 | 18/288 | 18/168 | 601 | Ryan Davis | 16 | Male | Scottsdale | AZ | 00:08:00.58 | 00:28:48.49 | 00:09:18.15 |  | 00:47:36.34 |
| 4 | 19/288 | 19/168 | 608 | Matthew Gordon | 18 | Male | Phoenix | AZ | 00:07:51.04 | 00:29:08.09 | 00:09:25.05 |  | 00:47:40.03 |
| 5 | 25/288 | 25/168 | 609 | Andreas Thallaug | 18 | Male | Flagstaff | AZ | 00:08:58.18 | 00:28:02.31 | 00:10:13.42 |  | 00:48:21.42 |
| 6 | 54/288 | 51/168 | 610 | Zach Blakely | 18 | Male | Flagstaff | AZ | 00:08:31.22 | 00:31:45.87 | 00:09:53.25 |  | 00:52:03.07 |
| 7 | 63/288 | 59/168 | 606 | Juan Sanchez | 17 | Male | Katy | TX | 00:08:06.68 | 00:32:02.03 | 00:11:00.64 |  | 00:52:53.59 |
| 8 | 75/288 | 69/168 | 613 | Kyle Weiss | 19 | Male | Flagstaff | AZ | 00:08:30.73 | 00:32:20.79 | 00:10:18.42 |  | 00:53:47.91 |
| 9 | 79/288 | 73/168 | 611 | Blake Souza | 19 | Male | Newark | CA | 00:09:10.54 | 00:31:32.42 | 00:11:06.09 |  | 00:54:04.19 |
| 10 | 95/288 | 82/168 | 612 | Edward Maruna | 19 | Male | Ramona | CA | 00:09:28.48 | 00:31:34.85 | 00:11:56.61 |  | 00:55:07.14 |
| 11 | 152/288 | 115/168 | 603 | Geno Ortega | 15 | Male | Pinole | CA | 00:10:19.06 | 00:34:38.30 | 00:13:03.65 |  | 00:59:43.75 |
| 12 | 224/288 | 149/168 | 602 | Dakota Van Gunda | 15 | Male | Frederica | DE | 00:11:32.40 | 00:39:18.62 | 00:15:59.35 |  | 01:08:24.34 |

