

Lake Waconia Triathlon

June 30, 2013

Overall Results - Female

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
1	9	Suzie Fox	Female	30	Chaska	MN	00:13:56	50	1:34	00:01:01	00:51:46	21	23.2	00:00:51	00:26:51	32	6:42	01:34:23.11
2	318	Nicole Heiningner	Female	25	White Bear Lake	MN	00:13:27	37	1:31	00:01:02	00:54:12	41	22.1	00:00:49	00:28:55	59	7:13	01:38:22.83
3	7	Stephanie Solfelt	Female	23	Eden Prarie	MN	00:11:36	5	1:19	00:00:53	01:00:55	131	19.7	00:00:45	00:24:55	12	6:13	01:39:02.04
4	17	Julia Weisbecker	Female	47	Mendota Heights	MN	00:13:25	36	1:31	00:00:57	00:55:56	65	21.5	00:00:56	00:27:55	49	6:58	01:39:06.02
5	10	Lisa Johns	Female	32	Madison	WI	00:15:14	82	1:43	00:01:21	00:54:19	42	22.1	00:01:10	00:27:18	37	6:49	01:39:19.03
6	8	Christina Roberts	Female	27	St. Louis Park	MN	00:13:19	32	1:30	00:01:22	00:57:15	84	21.0	00:00:47	00:27:25	40	6:51	01:40:05.90
7	11	Liv Williamsen	Female	35	Chanhassen	MN	00:13:18	31	1:30	00:01:15	00:56:13	68	21.3	00:00:47	00:29:04	64	7:15	01:40:35.05
8	13	Andrea Myers	Female	37	Plymouth	MN	00:13:35	40	1:32	00:00:55	00:57:06	81	21.0	00:00:51	00:28:20	52	7:04	01:40:44.09
9	15	Sarah Mercer	Female	45	Golden Valley	MN	00:13:17	29	1:30	00:01:17	00:55:42	59	21.5	00:01:01	00:29:36	73	7:23	01:40:50.38
10	16	Ann Snuggerud	Female	46	Chaska	MN	00:13:30	38	1:31	00:01:20	00:57:42	87	20.8	00:00:49	00:28:01	51	7:00	01:41:19.63
11	165	Gillian Auslander	Female	43	Minneapolis	MN	00:13:44	46	1:33	00:01:28	00:56:24	72	21.3	00:01:14	00:29:09	66	7:17	01:41:57.63
12	324	Greta Danielson	Female	20	St. Cloud	MN	00:12:55	22	1:28	00:01:11	00:58:39	105	20.5	00:00:59	00:28:43	57	7:10	01:42:24.83
13	172	Veronica Bond	Female	41	Rochester	MN	00:14:02	51	1:35	00:01:16	00:56:24	71	21.3	00:01:06	00:30:03	86	7:30	01:42:48.47
14	130	Christel Kippenhan	Female	48	Bemidji	MN	00:13:50	49	1:34	00:01:03	00:58:21	96	20.6	00:01:00	00:28:42	56	7:10	01:42:52.57
15	269	Kristin Weinzierl	Female	31	Waconia	MN	00:15:44	97	1:47	00:01:20	00:58:04	94	20.7	00:00:51	00:27:05	35	6:46	01:43:02.58
16	325	Paige Danielson	Female	17	St. Cloud	MN	00:15:03	76	1:42	00:01:23	00:59:38	117	20.1	00:00:56	00:26:52	33	6:42	01:43:48.73
17	304	Kristina Hedberg	Female	27	Robbinsdale	MN	00:14:24	61	1:38	00:01:13	00:58:35	103	20.5	00:00:49	00:29:12	67	7:17	01:44:10.99
18	270	Kimberly Ault	Female	32	Mound	MN	00:15:26	89	1:45	00:01:04	00:55:40	58	21.6	00:00:53	00:31:49	114	7:57	01:44:48.91
19	303	Jody Mullet	Female	26	Chaska	MN	00:17:21	158	1:58	00:01:24	00:56:19	70	21.3	00:01:12	00:29:19	70	7:19	01:45:31.58
20	167	Sarah Foley	Female	43	Cologne	MN	00:15:13	81	1:43	00:01:16	00:58:30	98	20.5	00:00:54	00:30:27	95	7:36	01:46:17.41
21	215	Christine Agazzi	Female	37	Eden Prairie	MN	00:14:24	62	1:38	00:01:38	00:59:45	120	20.1	00:01:04	00:29:39	74	7:24	01:46:27.10
22	169	Jennifer Martone	Female	42	Minneapolis	MN	00:16:25	123	1:51	00:01:21	00:57:57	90	20.7	00:01:01	00:30:09	90	7:32	01:46:50.83
23	222	Sadie Briggs	Female	38	Chaska	MN	00:16:23	120	1:51	00:01:19	00:59:10	109	20.3	00:01:05	00:30:43	100	7:40	01:48:37.76
24	262	Laurel Sundberg	Female	34	Minnetonka	MN	00:15:53	104	1:48	00:01:30	00:59:26	113	20.2	00:00:57	00:31:57	118	7:59	01:49:40.71
25	265	Erin Klegstad	Female	34	Saint Paul	MN	00:18:48	191	2:08	00:02:19	00:59:35	115	20.1	00:01:24	00:29:04	63	7:15	01:51:07.86
26	137	Kimberly Evans	Female	45	Minneapolis	MN	00:18:17	181	2:04	00:02:00	00:58:34	102	20.5	00:01:05	00:31:18	108	7:49	01:51:10.56
27	298	Sarah Hoffman	Female	29	St Louis Park	MN	00:16:24	121	1:51	00:01:28	01:01:24	136	19.5	00:01:29	00:31:57	116	7:59	01:52:39.84
28	337	Pam Stevens	Female	60	Sartell	MN	00:17:14	153	1:57	00:01:32	00:58:25	97	20.5	00:01:32	00:34:04	158	8:30	01:52:44.29
29	267	Sarah Klein	Female	32	Chanhassen	MN	00:15:46	99	1:47	00:01:32	01:04:15	162	18.7	00:01:12	00:30:13	92	7:33	01:52:55.54
30	301	Kira Vanderwert	Female	28	Minneapolis	MN	00:15:47	100	1:47	00:01:39	01:02:03	143	19.3	00:01:36	00:32:31	125	8:07	01:53:32.95
31	170	Angela Jordahl	Female	42	Big Lake	MN	00:18:19	182	2:04	00:00:53	01:01:27	137	19.5	00:01:13	00:32:15	121	8:03	01:54:04.92
32	91	Beth Guck	Female	57	Andover	MN	00:15:00	74	1:42	00:01:40	01:06:17	181	18.1	00:01:22	00:30:03	87	7:30	01:54:19.56
33	261	Amy Mickschl	Female	34	Minneapolis	MN	00:12:44	20	1:26	00:01:33	01:06:14	180	18.1	00:01:39	00:33:11	135	8:17	01:55:18.69
34	89	Carol Markham-Cousins	Female	58	Minneapolis	MN	00:16:30	128	1:52	00:01:42	01:01:49	141	19.4	00:01:22	00:34:09	160	8:32	01:55:28.28
35	93	Helen Gunther	Female	56	Excelsior	MN	00:17:39	164	2:00	00:01:43	01:01:56	142	19.4	00:01:19	00:33:08	134	8:16	01:55:41.85
36	300	Alyssa Parsons	Female	28	Minneapolis	MN	00:22:35	238	2:33	00:01:53	00:59:11	110	20.3	00:02:44	00:29:23	71	7:20	01:55:44.48

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June 30, 2013

Overall Results - Female

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
37	218	Laura Feist	Female	37	Birchwood	MN	00:16:47	139	1:54	00:01:47	01:04:12	160	18.7	00:01:22	00:31:57	117	7:59		01:56:01.79
38	109	Susan Woods	Female	52	Shoreview	MN	00:16:25	124	1:51	00:01:14	01:02:20	146	19.3	00:01:06	00:35:17	173	8:49		01:56:19.27
39	317	Rebecca Solheim	Female	25	Minneapolis	MN	00:16:22	119	1:51	00:02:36	01:06:53	190	17.9	00:01:22	00:29:41	76	7:25		01:56:51.30
40	164	Teresa Morgan	Female	43	Minnetonka	MN	00:17:40	165	2:00	00:01:47	01:00:47	128	19.7	00:01:06	00:35:40	179	8:54		01:56:58.37
41	221	Sara Ratner	Female	38	Edina	MN	00:14:40	67	1:39	00:02:15	01:03:08	152	19.0	00:02:10	00:35:18	174	8:49		01:57:28.12
42	319	Alexandra Alcorn	Female	24	Elk River	MN	00:21:15	231	2:24	00:02:02	01:04:13	161	18.7	00:01:18	00:29:51	79	7:27		01:58:36.35
43	106	Judith Peters	Female	53	St. Cloud	MN	00:19:02	194	2:09	00:01:41	01:03:26	154	18.9	00:01:23	00:33:25	145	8:21		01:58:54.45
44	131	Lisa Rippe	Female	47	Edina	MN	00:16:42	138	1:53	00:02:39	01:06:50	188	18.0	00:01:44	00:31:27	110	7:51		01:59:19.32
45	175	Theresa Bergren	Female	41	Chanhassen	MN	00:18:00	175	2:02	00:02:27	01:07:04	195	17.9	00:01:32	00:31:03	103	7:45		02:00:03.74
46	108	Judy Mcmeekin	Female	53	Mpls	MN	00:18:36	186	2:06	00:02:11	00:59:49	122	20.1	00:02:22	00:37:59	199	9:29		02:00:55.52
47	272	Emily Mack	Female	30	Golden Valley	MN	00:14:39	66	1:39	00:01:15	01:09:30	209	17.3	00:01:08	00:35:01	169	8:45		02:01:31.61
48	176	Connie Wurst	Female	41	Chaska	MN	00:16:32	129	1:52	00:02:54	01:05:33	174	18.3	00:02:03	00:34:45	166	8:41		02:01:43.42
49	213	Carolyn Tuohy	Female	40	Minneapolis	MN	00:17:54	174	2:02	00:01:41	01:07:17	196	17.8	00:01:36	00:33:36	151	8:23		02:02:01.32
50	263	Renee Edwards	Female	35	Chaska	MN	00:19:15	200	2:11	00:01:43	01:05:37	176	18.3	00:01:19	00:34:46	167	8:41		02:02:36.85
51	14	Catherine Lee	Female	39	Wayzata	MN	00:14:32	63	1:39	00:01:10	01:10:52	219	16.9	00:02:22	00:34:54	168	8:43		02:03:47.52
52	297	Laura Bredidall	Female	29	Eden Prairie	MN	00:16:39	134	1:53	00:02:08	01:10:36	215	17.0	00:01:22	00:33:41	153	8:25		02:04:23.50
53	217	Marisa Skees	Female	37	Eden Prairie	MN	00:18:49	192	2:08	00:02:00	01:08:53	208	17.4	00:01:16	00:33:38	152	8:24		02:04:32.70
54	132	Kelly Henderson	Female	46	Spring Park	MN	00:16:27	126	1:52	00:01:50	01:07:00	192	17.9	00:01:15	00:38:09	202	9:32		02:04:37.28
55	12	Andrea Potyondy-Smith	Female	37	Brooklyn Park	MN	00:17:50	170	2:01	00:01:52	01:02:49	149	19.1	00:01:40	00:40:54	226	10:13		02:05:02.93
56	326	Brianna Lavelle	Female	15	Chaska	MN	00:13:01	23	1:28	00:01:20	01:12:45	230	16.5	00:00:50	00:39:15	216	9:48		02:07:08.62
57	92	Susan Holt	Female	58	Plymouth	MN	00:16:17	116	1:50	00:02:29	01:09:52	212	17.2	00:01:39	00:38:11	203	9:32		02:08:24.88
58	223	Molly Lee	Female	37	Bloomington	MN	00:19:42	208	2:14	00:02:04	01:08:23	204	17.6	00:02:42	00:35:39	177	8:54		02:08:27.82
59	107	Susan Weum	Female	53	Roseville	MN	00:16:40	135	1:53	00:02:20	01:07:50	201	17.7	00:01:41	00:41:15	229	10:18		02:09:44.09
60	82	Deborah Roberts	Female	62	Nisswa	MN	00:18:06	178	2:03	00:01:41	01:09:55	213	17.2	00:01:20	00:39:51	221	9:57		02:10:50.28
61	136	Kim Togstad	Female	45	Chaska	MN	00:21:12	229	2:24	00:02:23	01:06:52	189	17.9	00:01:58	00:39:30	218	9:52		02:11:51.53
62	299	Katie Larson	Female	29	Minnetonka	MN	00:15:01	75	1:42	00:02:01	01:11:13	225	16.9	00:01:29	00:43:01	239	10:45		02:12:41.44
63	163	Pam Balthazor	Female	44	Minneapolis	MN	00:19:13	199	2:10	00:02:22	01:11:05	223	16.9	00:01:43	00:39:43	219	9:55		02:14:02.85
64	302	Audree Houchin	Female	27	Minneapolis	MN	00:24:33	249	2:47	00:01:46	01:10:40	216	17.0	00:00:55	00:36:58	190	9:14		02:14:47.85
65	224	Lori Jorgenson	Female	36	Minnetrista	MN	00:16:11	112	1:50	00:02:10	01:15:00	239	16.0	00:01:18	00:40:38	225	10:09		02:15:15.14
66	274	Alexi Hansen	Female	30	Saint Paul	MN	00:19:56	213	2:15	00:02:10	01:13:24	234	16.3	00:01:33	00:38:17	204	9:34		02:15:17.69
67	332	Jeannie Johnson	Female	44	Minneapolis	MN	00:26:40	255	3:01	00:02:56	01:08:01	202	17.6	00:02:04	00:40:05	223	10:01		02:19:44.00
68	80	Peggy Buxton	Female	65	Sterling	MA	00:22:49	242	2:35	00:01:53	01:14:12	238	16.2	00:01:03	00:40:03	222	10:00		02:19:57.86
69	220	Chella Hjelm	Female	38	Maple Grove	MN	00:24:19	247	2:45	00:02:05	01:13:54	237	16.2	00:01:20	00:38:45	211	9:41		02:20:19.99
70	83	Brook Lemm-Tabor	Female	61	Minneapolis	MN	00:22:46	239	2:35	00:02:25	01:08:23	205	17.5	00:01:33	00:45:48	250	11:26		02:20:52.76
71	316	Amanda Peterson	Female	24	Minneapolis	MN	00:28:14	259	3:12	00:02:09	01:15:21	242	15.9	00:01:49	00:35:07	170	8:46		02:22:36.30
72	331	Sarah Klemmensen	Female	36	St Paul	MN	00:24:56	250	2:49	00:04:40	01:10:56	220	16.9	00:02:48	00:39:27	217	9:51		02:22:44.14

Lake Waconia Triathlon

June 30, 2013

Overall Results - Female

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
73	105	Amy Bauch	Female	55	Minneapolis	MN	00:20:41	220	2:21	00:03:24	01:09:47	211	17.2	00:02:13	00:47:17	254	11:49	02:23:19.48
74	104	Dawn Garlough	Female	55	Bloomington	MN	00:20:20	215	2:18	00:04:26	01:15:28	243	15.9	00:01:52	00:41:28	231	10:21	02:23:32.15
75	216	Tina Olson	Female	38	Chanhassen	MN	00:27:21	257	3:06	00:02:11	01:11:09	224	16.9	00:02:05	00:43:04	240	10:45	02:25:47.52
76	266	Nicole Palm	Female	34	Waconia	MN	00:22:47	241	2:35	00:03:01	01:18:16	250	15.3	00:01:48	00:45:47	249	11:26	02:31:34.72
77	171	Skye Priesz	Female	42	Montrose	MN	00:18:12	179	2:04	00:02:33	01:16:20	246	15.7	00:01:55	00:53:00	259	13:14	02:31:56.52
78	174	Lynne Ferrell	Female	41	Edina	MN	00:20:49	224	2:21	00:01:56	01:26:22	260	13.9	00:01:44	00:46:49	253	11:42	02:37:36.96
79	135	Deborah Bartlett	Female	46	Minneapolis	MN	00:20:01	214	2:16	00:02:52	01:18:47	252	15.2	00:01:39	00:56:23	261	14:05	02:39:39.33
80	296	Katie Hassig	Female	29	Hopkins	MN	00:23:27	246	2:39	00:02:23	01:34:44	263	12.7	00:00:55	00:44:53	245	11:13	02:46:19.19

Lake Waconia Triathlon

June 30, 2013

Overall Results - Male

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	27	David Thompson	Male	35	Long Lake	MN	00:10:46	1	1:13	00:00:39	00:46:30	2	25.8	00:00:37	00:22:25	1	5:36		01:20:54.38
2	2	Matthew Payne	Male	36	Columbia Heights	MN	00:11:39	6	1:19	00:00:55	00:45:45	1	26.2	00:00:42	00:23:10	4	5:47		01:22:08.27
3	3	Marcus Stromberg	Male	37	Buffalo	MN	00:10:50	2	1:13	00:00:50	00:47:30	3	25.3	00:00:43	00:23:30	6	5:52		01:23:20.31
4	29	Mark Harms	Male	38	Madison	WI	00:11:03	4	1:15	00:00:57	00:47:56	5	25.0	00:00:50	00:23:15	5	5:48		01:23:58.05
5	4	Kevin Oconnor	Male	42	Medina	MN	00:11:43	7	1:19	00:00:49	00:49:03	8	24.5	00:00:40	00:22:55	3	5:43		01:25:06.63
6	5	Sean Cooley	Male	28	Grand Forks	ND	00:11:57	9	1:21	00:00:50	00:47:36	4	25.2	00:00:47	00:25:13	16	6:18		01:26:19.65
7	25	Andy Wiberg	Male	35	Eden Prairie	MN	00:13:40	44	1:33	00:01:02	00:48:04	6	25.0	00:00:53	00:24:00	8	5:59		01:27:37.80
8	20	Ross Weinzierl	Male	27	Waconia	MN	00:12:54	21	1:27	00:00:52	00:48:21	7	24.8	00:00:38	00:25:21	17	6:20		01:28:04.06
9	28	Scott Myers	Male	38	Plymouth	MN	00:13:19	33	1:30	00:00:57	00:50:27	13	23.8	00:00:56	00:24:04	9	6:00		01:29:40.37
10	311	Bob Wolter	Male	29	Chaska	MN	00:13:46	47	1:33	00:00:58	00:49:28	9	24.3	00:00:44	00:25:06	14	6:16		01:29:59.06
11	186	Corey Binnebose	Male	43	New Berlin	WI	00:13:38	42	1:32	00:01:09	00:49:33	10	24.2	00:00:47	00:25:22	18	6:20		01:30:25.61
12	30	John Shelp	Male	41	Maple Plain	MN	00:12:08	12	1:22	00:01:03	00:49:56	11	24.0	00:01:01	00:26:23	27	6:35		01:30:29.32
13	282	Peter Somers	Male	34	Rochester	MN	00:14:02	52	1:35	00:01:05	00:51:04	15	23.5	00:01:02	00:24:40	11	6:09		01:31:49.71
14	193	Greg Dummer	Male	43	Minneapolis	MN	00:13:08	27	1:29	00:01:17	00:51:23	18	23.4	00:00:44	00:25:26	19	6:21		01:31:56.28
15	6	Benjamin Trnka	Male	25	Roseville	MN	00:11:58	10	1:21	00:01:12	00:51:30	20	23.3	00:00:43	00:26:56	34	6:43		01:32:16.97
16	24	Brian Porter	Male	33	Northfield	MN	00:11:56	8	1:21	00:01:08	00:52:10	25	23.0	00:01:11	00:26:03	23	6:30		01:32:24.28
17	23	Mike Ladendorf	Male	32	Apple Valley	MN	00:15:07	78	1:42	00:00:51	00:52:23	27	22.9	00:00:38	00:23:34	7	5:53		01:32:30.70
18	207	Jamerson Perry	Male	42	Bismarck	ND	00:14:58	73	1:41	00:00:52	00:51:28	19	23.3	00:00:41	00:26:08	24	6:31		01:34:04.03
19	189	Phillip Falkner	Male	43	Minneapolis	MN	00:13:18	30	1:30	00:01:31	00:53:03	32	22.6	00:00:56	00:25:33	20	6:23		01:34:17.81
20	18	Cody Stadler	Male	27	Minneapolis	MN	00:13:02	24	1:28	00:01:06	00:51:47	23	23.2	00:01:03	00:27:23	39	6:50		01:34:19.03
21	185	Colin Smith	Male	43	Minneapolis	MN	00:14:18	57	1:37	00:01:09	00:51:22	17	23.4	00:00:52	00:27:10	36	6:47		01:34:48.72
22	243	Jesse Westrup	Male	39	Sartell	MN	00:16:24	122	1:51	00:01:07	00:54:07	40	22.2	00:00:41	00:22:46	2	5:41		01:35:03.27
23	19	David Phillips	Male	28	Maple Grove	MN	00:15:08	79	1:43	00:01:17	00:50:27	12	23.8	00:00:49	00:27:30	43	6:52		01:35:08.57
24	197	Tim Sosnowski	Male	42	Eden Prairie	MN	00:12:38	19	1:26	00:01:36	00:52:29	29	22.9	00:01:18	00:27:45	47	6:56		01:35:43.62
25	21	Nick Weiler	Male	30	St. Paul	MN	00:15:27	90	1:45	00:01:10	00:51:47	22	23.2	00:01:01	00:26:21	26	6:35		01:35:43.98
26	206	Ananda Bates	Male	42	Minneapolis	MN	00:13:11	28	1:29	00:01:16	00:54:45	47	21.9	00:00:53	00:25:49	22	6:27		01:35:51.15
27	196	Karl Adalbert	Male	42	Minneapolis	MN	00:16:16	114	1:50	00:01:27	00:52:51	30	22.7	00:01:00	00:25:06	15	6:16		01:36:37.36
28	151	Greg Ttimmons	Male	47	Ggood Thunder	MN	00:14:22	60	1:37	00:01:31	00:53:20	34	22.5	00:01:03	00:26:25	28	6:36		01:36:38.64
29	232	Michael Bruce	Male	39	Edina	MN	00:14:36	65	1:39	00:01:10	00:52:21	26	22.9	00:00:48	00:27:48	48	6:56		01:36:39.84
30	115	David Goldberg	Male	53	Minnetrista	MN	00:12:37	18	1:26	00:01:04	00:53:54	38	22.3	00:00:53	00:28:22	53	7:05		01:36:47.76
31	211	Harvey Skees	Male	41	Eden Prairie Mn	MN	00:15:05	77	1:42	00:01:02	00:51:10	16	23.5	00:00:51	00:29:00	61	7:14		01:37:06.05
32	295	Ben Brueshoff	Male	30	Bloomington	MN	00:15:21	85	1:44	00:01:00	00:51:56	24	23.1	00:01:16	00:27:55	50	6:58		01:37:25.41
33	32	Thomas Egger	Male	55	Edina	MN	00:12:18	15	1:23	00:01:30	00:53:01	31	22.6	00:01:31	00:29:15	69	7:18		01:37:32.84
34	320	Kyle Peterson	Male	25	Minneapolis	MN	00:14:44	69	1:40	00:01:28	00:56:26	74	21.3	00:01:03	00:24:11	10	6:02		01:37:49.57
35	123	Brian Lavelle	Male	51	Chaska	MN	00:13:40	43	1:33	00:01:16	00:52:27	28	22.9	00:00:52	00:29:51	78	7:27		01:38:03.38
36	314	Marco Riboli	Male	25	St Louis Park	MN	00:14:08	54	1:36	00:01:00	00:55:21	56	21.7	00:01:05	00:26:35	30	6:38		01:38:06.34

Lake Waconia Triathlon

June 30, 2013

Overall Results - Male

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
37	147	Jey Carlson	Male	47	North Oaks	MN	00:16:35	132	1:53	00:00:51	00:51:03	14	23.5	00:00:59	00:28:46	58	7:11		01:38:11.25
38	120	Craig Peterson	Male	51	Minneapolis	MN	00:13:50	48	1:34	00:00:58	00:55:02	51	21.8	00:01:01	00:27:33	45	6:53		01:38:20.93
39	199	Pete Webster	Male	42	Minneapolis	MN	00:11:00	3	1:14	00:01:16	00:56:04	66	21.4	00:00:55	00:29:14	68	7:18		01:38:26.06
40	160	Todd White	Male	46	Roseville	MN	00:12:04	11	1:22	00:01:05	00:55:44	60	21.5	00:01:03	00:29:06	65	7:16		01:38:58.65
41	102	Dale Forde	Male	55	Golden Valley	MN	00:14:09	55	1:36	00:01:37	00:54:59	48	21.8	00:01:17	00:27:20	38	6:49		01:39:19.63
42	252	Mark Schimke	Male	38	Chanhassen	MN	00:15:40	95	1:46	00:01:28	00:54:01	39	22.2	00:01:05	00:27:32	44	6:52		01:39:43.67
43	190	Paul Bergren	Male	42	Plymouth	MN	00:12:17	14	1:23	00:02:34	00:53:17	33	22.5	00:01:07	00:30:41	99	7:40		01:39:52.98
44	184	Luiz Castro	Male	43	Saint Paul	MN	00:12:32	17	1:25	00:01:21	00:55:00	50	21.8	00:01:16	00:30:05	88	7:31		01:40:11.88
45	128	Robert Kaufman	Male	50	Chanhassen	MN	00:13:03	25	1:28	00:01:07	00:54:31	45	22.0	00:01:26	00:30:31	98	7:37		01:40:35.98
46	288	Michael Stuart	Male	32	Minneapolis	MN	00:17:46	168	2:01	00:01:18	00:55:19	55	21.7	00:01:14	00:25:05	13	6:16		01:40:40.20
47	280	Christopher Morris	Male	35	Saint Louis Park	MN	00:16:57	143	1:55	00:01:21	00:54:38	46	22.0	00:00:57	00:27:27	42	6:51		01:41:17.39
48	248	Adam Huskey	Male	38	Richfield	MN	00:15:48	101	1:47	00:01:11	00:54:24	43	22.1	00:01:01	00:29:01	62	7:15		01:41:21.60
49	100	Peter Tabor	Male	56	Minneapolis	MN	00:14:42	68	1:40	00:02:34	00:53:26	36	22.5	00:01:41	00:30:22	93	7:35		01:42:42.09
50	276	Jeremy Whiteman	Male	35	Chaska	MN	00:15:53	105	1:48	00:01:25	00:57:58	91	20.7	00:00:57	00:26:36	31	6:38		01:42:46.38
51	249	Zach Lee	Male	38	Bloomington	MN	00:13:43	45	1:33	00:01:15	00:56:16	69	21.3	00:01:08	00:30:29	96	7:37		01:42:48.27
52	230	Josh Smith	Male	39	Watertown	MN	00:15:15	83	1:43	00:01:27	00:55:07	52	21.8	00:01:14	00:29:52	80	7:27		01:42:52.92
53	236	Andy Brink	Male	39	Chaska	MN	00:16:52	140	1:54	00:01:48	00:57:43	88	20.8	00:01:09	00:25:48	21	6:26		01:43:16.70
54	305	Matt Fuller	Male	29	St Louis Park	MN	00:18:28	183	2:05	00:01:28	00:55:49	64	21.5	00:01:30	00:26:32	29	6:37		01:43:44.74
55	212	Wade Olson	Male	41	Wayzata	MN	00:16:25	125	1:51	00:01:34	00:53:29	37	22.4	00:01:15	00:31:07	105	7:46		01:43:47.88
56	97	Bill Schmitt	Male	60	Duluth	MN	00:14:54	71	1:41	00:01:23	00:53:26	35	22.5	00:01:17	00:33:03	131	8:15		01:44:00.02
57	57	Greg Davenport	Male	43	St. Paul	MN	00:13:07	26	1:29	00:01:33	00:56:50	76	21.1	00:01:09	00:31:26	109	7:51		01:44:02.14
58	330	John Witzmann	Male	51	Maplewood	MN	00:15:54	106	1:48	00:01:19	00:56:06	67	21.4	00:01:15	00:29:59	84	7:29		01:44:30.52
59	149	Andy Leier	Male	47	Shakopee	MN	00:16:38	133	1:53	00:01:33	00:55:15	53	21.7	00:01:05	00:30:02	85	7:30		01:44:30.86
60	141	Mark Thom	Male	49	Chaska	MN	00:14:47	70	1:40	00:01:11	00:58:33	99	20.5	00:01:00	00:29:34	72	7:23		01:45:02.77
61	153	Matt Bartell	Male	46	Waconia	MN	00:16:54	142	1:55	00:01:26	00:55:00	49	21.8	00:00:55	00:31:01	101	7:45		01:45:12.42
62	55	Kent Kolstad	Male	42	Bloomington	MN	00:17:00	145	1:55	00:01:57	00:54:31	44	22.0	00:01:00	00:31:15	107	7:48		01:45:39.94
63	101	Tad Hauck	Male	55	Eden Prairie	MN	00:15:10	80	1:43	00:01:38	00:57:06	82	21.0	00:01:23	00:30:31	97	7:37		01:45:45.26
64	178	Mark Evans	Male	45	Minneapolis	MN	00:19:06	196	2:10	00:01:47	00:57:14	83	21.0	00:01:30	00:26:17	25	6:34		01:45:50.97
65	329	Parker Roehl	Male	16	St. Bonifacius	MN	00:13:20	34	1:30	00:00:54	00:57:17	85	20.9	00:00:48	00:33:35	150	8:23		01:45:51.61
66	210	John Seaverson	Male	41	Chaska	MN	00:19:04	195	2:09	00:01:28	00:56:59	77	21.1	00:00:49	00:27:42	46	6:55		01:45:58.80
67	254	Haig Newton	Male	37	Edina	MN	00:16:41	136	1:53	00:01:40	00:58:56	107	20.4	00:01:19	00:27:26	41	6:51		01:46:00.03
68	194	Alex Doerffler	Male	43	Golden Valley	MN	00:18:29	184	2:06	00:01:40	00:55:45	61	21.5	00:01:13	00:29:55	82	7:28		01:47:01.06
69	99	Kevin Koznick	Male	57	Mpls	MN	00:15:24	87	1:44	00:01:19	00:56:27	75	21.3	00:01:09	00:33:13	136	8:18		01:47:28.48
70	335	Drew Flakes	Male	52	Saint Louis Park	MN	00:17:42	166	2:00	00:01:56	00:55:46	62	21.5	00:01:21	00:31:05	104	7:46		01:47:46.41
71	86	Duane Millsagle	Male	63	Duluth	MN	00:15:16	84	1:44	00:01:18	00:58:34	101	20.5	00:01:16	00:31:35	113	7:53		01:47:56.99
72	157	Peter Hagen	Male	45	Apple Valley	MN	00:13:35	41	1:32	00:01:14	00:59:56	124	20.0	00:00:52	00:32:25	123	8:06		01:47:58.72

Lake Waconia Triathlon

June 30, 2013

Overall Results - Male

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
73	209	Chris Halloran	Male	40	Minneapolis	MN	00:17:05	148	1:56	00:01:51	01:00:03	125	20.0	00:00:51	00:28:35	54	7:08		01:48:21.89
74	182	Michael Hebert	Male	45	Roseville	MN	00:14:20	59	1:37	00:02:16	01:00:13	126	19.9	00:01:25	00:30:12	91	7:32		01:48:24.50
75	53	David Cantrill	Male	39	Spring Park	MN	00:17:06	149	1:56	00:01:37	00:55:15	54	21.7	00:01:10	00:33:24	143	8:20		01:48:29.77
76	333	Steve Gilles	Male	46	Savage	MN	00:14:13	56	1:36	00:01:17	00:58:50	106	20.4	00:01:10	00:33:20	140	8:19		01:48:47.95
77	289	Nate Kremer	Male	32	Edina	MN	00:12:09	13	1:22	00:01:42	01:03:08	153	19.0	00:01:51	00:31:08	106	7:46		01:49:56.33
78	313	Gus Glaisner	Male	28	Minneapolis	MN	00:15:28	92	1:45	00:01:35	00:56:59	78	21.1	00:01:15	00:34:43	164	8:40		01:49:57.45
79	111	Robert Lyng	Male	55	Burnsville	MN	00:16:00	108	1:49	00:01:44	00:57:43	89	20.8	00:01:12	00:33:24	144	8:20		01:50:01.39
80	255	Jeremy Solt	Male	36	Prior Lake	MN	00:12:23	16	1:24	00:01:49	00:58:36	104	20.5	00:01:08	00:36:17	186	9:04		01:50:10.43
81	237	Ryan Briggs	Male	40	Chaska	MN	00:15:28	91	1:45	00:01:10	00:58:58	108	20.4	00:01:06	00:33:34	149	8:23		01:50:13.72
82	187	Kevin Knight	Male	44	Cottonwood	MN	00:17:48	169	2:01	00:02:09	00:55:28	57	21.6	00:01:35	00:33:30	148	8:22		01:50:26.33
83	65	Gregg Garretson	Male	56	Lakeville	MN	00:15:48	102	1:47	00:02:09	00:59:17	111	20.2	00:01:06	00:32:11	119	8:02		01:50:28.70
84	22	Aaron Hommerding	Male	30	Prior Lake	MN	00:15:46	98	1:47	00:01:18	01:02:12	145	19.3	00:01:27	00:29:52	81	7:27		01:50:32.57
85	306	Seth Salenger	Male	30	Minneapolis	MN	00:15:58	107	1:48	00:02:00	00:59:56	123	20.0	00:02:19	00:30:26	94	7:36		01:50:37.20
86	138	Thomas Recht	Male	49	Minneapolis	MN	00:16:41	137	1:53	00:02:39	01:00:21	127	19.9	00:01:09	00:29:56	83	7:28		01:50:42.23
87	233	Chris Hawes	Male	39	Minneapolis	MN	00:16:04	109	1:49	00:02:16	00:58:02	93	20.7	00:01:12	00:33:13	137	8:18		01:50:45.02
88	241	Joseph Simpson	Male	38	Shorewood	MN	00:15:22	86	1:44	00:01:51	00:58:34	100	20.5	00:01:39	00:33:22	142	8:20		01:50:45.26
89	286	Curt Lockman	Male	32	Lakeville	MN	00:15:53	103	1:48	00:01:08	00:59:48	121	20.1	00:01:10	00:32:51	129	8:12		01:50:47.72
90	98	Bob Leone	Male	56	Plymouth	MN	00:16:08	111	1:49	00:02:56	00:56:26	73	21.3	00:01:39	00:33:44	154	8:25		01:50:50.19
91	144	David Schmidt	Male	47	Prior Lake	MN	00:13:25	35	1:31	00:02:21	01:00:51	129	19.7	00:01:29	00:32:57	130	8:14		01:50:59.61
92	323	Harrison Burton	Male	22	Deephaven	MN	00:17:17	156	1:57	00:02:42	01:01:00	133	19.7	00:01:45	00:28:38	55	7:09		01:51:20.09
93	192	Matthew Koeppen	Male	43	Chanhassen	MN	00:17:25	159	1:58	00:01:09	00:59:30	114	20.2	00:01:07	00:32:17	122	8:04		01:51:25.19
94	56	Rick Nordvold	Male	43	Chaska	MN	00:14:06	53	1:36	00:01:32	00:57:00	79	21.1	00:01:42	00:37:11	193	9:17		01:51:28.06
95	309	Joseph Mcshane	Male	28	Chanassen	MN	00:16:20	118	1:51	00:01:13	00:55:49	63	21.5	00:01:21	00:37:12	194	9:17		01:51:51.78
96	287	Josh Barten	Male	32	Lindstrom	MN	00:17:38	163	2:00	00:01:50	01:00:56	132	19.7	00:01:22	00:30:09	89	7:32		01:51:53.41
97	202	Jon Fagerness	Male	42	Blaine	MN	00:14:19	58	1:37	00:01:52	00:58:01	92	20.7	00:01:07	00:37:06	191	9:16		01:52:23.54
98	51	Jacob Majerus	Male	37	Waconia	MN	00:18:37	187	2:06	00:01:32	00:57:38	86	20.8	00:01:08	00:34:00	157	8:29		01:52:52.91
99	257	Kyle Rooney	Male	37	Tonka Bay	MN	00:16:27	127	1:52	00:01:42	01:02:53	151	19.1	00:01:11	00:31:02	102	7:45		01:53:12.91
100	31	Ladd Ojala	Male	43	Minneapolis	MN	00:15:33	93	1:45	00:01:29	00:59:36	116	20.1	00:01:18	00:35:54	184	8:58		01:53:47.78
101	315	Chris Marshall	Male	25	Deephaven	MN	00:17:53	172	2:01	00:01:54	01:03:29	155	18.9	00:01:10	00:29:49	77	7:27		01:54:12.58
102	155	Lawrence Nemecek	Male	47	Minnetrissa	MN	00:16:53	141	1:55	00:01:39	00:59:40	118	20.1	00:02:05	00:34:21	161	8:35		01:54:35.52
103	334	Anthony Mosley	Male	32	Bentonville	AR	00:17:38	162	2:00	00:01:33	00:57:02	80	21.0	00:01:20	00:37:07	192	9:16		01:54:37.86
104	205	Gregory Happ	Male	41	Chaska	MN	00:18:01	176	2:02	00:01:47	01:01:36	138	19.5	00:01:09	00:32:13	120	8:03		01:54:44.23
105	114	Carl Hoang	Male	53	Maple Grove	MN	00:18:53	193	2:08	00:01:51	00:58:19	95	20.6	00:01:15	00:35:34	176	8:53		01:55:49.90
106	161	Kevin Wartick	Male	45	Lakeville	MN	00:17:16	155	1:57	00:02:53	01:01:22	135	19.6	00:01:11	00:33:14	138	8:18		01:55:52.78
107	338	Michael Iwan	Male	43	Golden Valley	MN	00:21:06	228	2:23	00:01:15	00:59:41	119	20.1	00:01:11	00:33:21	141	8:20		01:56:31.51
108	116	John Weum	Male	53	Eden Prairie	MN	00:13:34	39	1:32	00:01:36	01:05:01	170	18.5	00:01:16	00:35:09	171	8:47		01:56:35.40

Lake Waconia Triathlon

June 30, 2013

Overall Results - Male

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----				----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
109	145	Scott Myren	Male	47	Maple Grove	MN	00:19:16	201	2:11	00:01:44	01:01:39	139	19.5	00:01:31	00:33:05	133	8:16		01:57:11.93
110	227	Scott Allen	Male	39	Eden Prairie	MN	00:17:00	146	1:55	00:01:47	01:04:36	164	18.6	00:01:01	00:33:26	147	8:21		01:57:47.38
111	142	Paul Henninger	Male	49	Waconia	MN	00:17:26	160	1:58	00:02:13	01:04:48	166	18.5	00:01:05	00:32:44	128	8:10		01:58:13.11
112	110	Mark Plewka	Male	54	Excelsior	MN	00:14:57	72	1:41	00:02:44	01:06:01	178	18.2	00:02:05	00:32:31	124	8:07		01:58:14.85
113	188	Andrew Sawyer	Male	44	Chanhassen	MN	00:16:18	117	1:51	00:02:59	01:03:32	156	18.9	00:01:38	00:34:06	159	8:31		01:58:29.80
114	148	Dave Snuggerud	Male	47	Chaska	MN	00:17:54	173	2:01	00:02:23	01:01:14	134	19.6	00:01:28	00:35:39	178	8:54		01:58:35.24
115	258	Chad Fait	Male	36	St. Paul	MN	00:15:25	88	1:45	00:02:54	01:02:08	144	19.3	00:01:37	00:36:37	188	9:09		01:58:38.52
116	125	Stuart Smith	Male	52	Eden Prairie	MN	00:17:11	151	1:57	00:01:55	01:00:52	130	19.7	00:01:42	00:37:18	196	9:19		01:58:55.93
117	244	Jonathan Zimmerman	Male	38	St. Paul	MN	00:19:44	209	2:14	00:02:17	01:06:17	182	18.1	00:01:20	00:29:39	75	7:24		01:59:15.11
118	162	Nick Summers	Male	46	Orono	MN	00:16:17	115	1:50	00:01:35	01:02:36	147	19.2	00:01:12	00:37:43	198	9:25		01:59:19.79
119	328	Jared Grootwassink	Male	18	Eden Prairie	MN	00:17:03	147	1:56	00:02:48	01:02:42	148	19.1	00:02:10	00:34:44	165	8:40		01:59:24.61
120	117	Andrew Rzepka	Male	52	Minneapolis	MN	00:15:36	94	1:46	00:02:21	01:04:49	167	18.5	00:01:18	00:35:49	182	8:57		01:59:52.50
121	327	Charlie Burton	Male	19	Deephaven	MN	00:17:29	161	1:59	00:02:04	01:05:34	175	18.3	00:01:37	00:33:19	139	8:19		02:00:00.09
122	143	Tom Burr	Male	49	Rogers	MN	00:17:19	157	1:57	00:02:20	01:07:02	193	17.9	00:01:16	00:32:41	127	8:10		02:00:36.31
123	124	Mark Falzone	Male	52	Chanhassen	MN	00:16:32	130	1:52	00:02:31	01:07:04	194	17.9	00:02:46	00:32:32	126	8:07		02:01:22.25
124	260	Dan Reitsma	Male	35	Chaska	MN	00:20:36	218	2:20	00:01:41	01:01:48	140	19.4	00:01:07	00:36:12	185	9:02		02:01:22.27
125	198	David Reeder	Male	43	Chanhassen	MN	00:16:06	110	1:49	00:01:52	01:04:10	159	18.7	00:01:35	00:38:27	206	9:36		02:02:06.40
126	72	Hank Larsen	Male	73	Glencoe	MN	00:18:47	189	2:08	00:02:23	01:05:24	173	18.4	00:01:07	00:34:31	163	8:37		02:02:09.42
127	103	Terry Wiens	Male	56	Duluth	MN	00:19:38	205	2:13	00:02:14	01:07:48	200	17.7	00:01:19	00:31:30	111	7:52		02:02:26.35
128	281	Peter Hess	Male	34	Waconia	MN	00:18:47	190	2:08	00:02:24	01:06:59	191	17.9	00:01:27	00:33:03	132	8:15		02:02:37.78
129	242	Jeff Canfield	Male	39	Chaska	MN	00:17:16	154	1:57	00:02:32	01:05:24	172	18.4	00:01:26	00:36:28	187	9:06		02:03:02.89
130	88	Jim Haubrich	Male	61	Waconia	MN	00:16:12	113	1:50	00:02:20	01:06:32	186	18.0	00:01:33	00:36:43	189	9:10		02:03:16.13
131	229	Tony Glebe	Male	40	Boulder	CO	00:20:51	226	2:22	00:02:31	01:04:38	165	18.6	00:01:36	00:33:59	156	8:29		02:03:33.15
132	259	Kyle Price	Male	35	Waconia	MN	00:14:33	64	1:39	00:03:35	01:15:05	241	16.0	00:01:51	00:28:55	60	7:13		02:03:56.74
133	231	Jesse Bryant	Male	40	Waconia	MN	00:17:14	152	1:57	00:04:08	01:09:38	210	17.2	00:01:47	00:31:55	115	7:58		02:04:40.05
134	195	Brian Podolny	Male	42	Shoreview	MN	00:19:11	198	2:10	00:02:15	01:02:52	150	19.1	00:01:25	00:39:08	215	9:46		02:04:49.52
135	208	Donnetto Deantoni	Male	42	Saint Michael	MN	00:19:33	203	2:13	00:01:41	00:59:23	112	20.2	00:01:55	00:42:32	238	10:37		02:05:01.76
136	226	Corby Serk	Male	40	Eden Prairie	MN	00:18:32	185	2:06	00:02:00	01:04:51	168	18.5	00:01:47	00:38:03	200	9:30		02:05:11.69
137	238	Jeff Seel	Male	40	Shaokpee	MN	00:15:42	96	1:46	00:01:38	01:04:01	158	18.7	00:02:50	00:42:29	236	10:37		02:06:38.03
138	127	Gregg Teigen	Male	51	Eden Prairie	MN	00:16:59	144	1:55	00:02:17	01:11:00	222	16.9	00:01:14	00:35:27	175	8:51		02:06:55.41
139	191	Tim Kinney	Male	42	Minneapolis	MN	00:17:44	167	2:00	00:03:07	01:04:56	169	18.5	00:02:14	00:39:00	214	9:44		02:06:57.58
140	156	Jeff Tortelli	Male	47	Chaska	MN	00:16:33	131	1:52	00:01:57	01:06:26	184	18.1	00:01:27	00:40:57	228	10:14		02:07:18.69
141	245	Lucas Taylor	Male	38	Waconia	MN	00:21:50	235	2:28	00:02:36	01:07:21	198	17.8	00:02:02	00:33:53	155	8:28		02:07:39.48
142	159	John Wood	Male	45	Cologne	MN	00:20:45	223	2:21	00:03:12	01:06:35	187	18.0	00:01:37	00:35:42	180	8:55		02:07:47.85
143	181	Thomas Riffe	Male	44	Waconia	MN	00:24:21	248	2:45	00:02:10	01:03:53	157	18.8	00:02:03	00:35:47	181	8:56		02:08:11.99
144	336	Daryl Stevens	Male	71	Sartell	MN	00:19:56	212	2:15	00:01:57	01:04:30	163	18.6	00:01:15	00:40:57	227	10:14		02:08:32.59

Lake Waconia Triathlon

June 30, 2013

Overall Results - Male

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
145	74	Roman Scibora	Male	68	Bloomington	MN	00:21:37	234	2:27	00:02:43	01:05:07	171	18.4	00:01:48	00:37:37	197	9:24	02:08:50.23
146	322	Nicholas Fragale	Male	21	Eden Prairie	MN	00:19:10	197	2:10	00:02:08	01:08:47	206	17.5	00:01:12	00:38:22	205	9:35	02:09:35.00
147	152	Dean Hotvet	Male	47	Excelsior	MN	00:19:39	206	2:13	00:05:18	01:07:20	197	17.8	00:01:59	00:35:53	183	8:58	02:10:05.99
148	308	Kyle Graalum	Male	28	Hopkins	MN	00:20:36	217	2:20	00:01:54	01:07:24	199	17.8	00:01:41	00:38:39	210	9:39	02:10:11.19
149	201	Pat Brose	Male	42	Waconia	MN	00:20:42	221	2:21	00:03:23	01:06:27	185	18.1	00:01:36	00:38:48	212	9:41	02:10:54.11
150	121	Scott Knight	Male	52	Cologne	MN	00:20:44	222	2:21	00:04:27	01:05:44	177	18.3	00:02:48	00:37:17	195	9:19	02:10:57.58
151	177	Tim Blinkhorn	Male	45	Minnetrissa	MN	00:20:51	225	2:22	00:03:22	01:06:25	183	18.1	00:01:36	00:38:48	213	9:41	02:10:59.78
152	150	Paul Anderson	Male	46	Eagan	MN	00:17:07	150	1:56	00:03:38	01:10:40	217	17.0	00:02:11	00:38:06	201	9:31	02:11:39.07
153	96	Mark Klingelhoets	Male	60	Wayzata	MN	00:25:09	251	2:51	00:04:38	01:06:03	179	18.2	00:01:52	00:34:26	162	8:36	02:12:05.47
154	146	Joachim(yo) Schugel	Male	47	Victoria	MN	00:18:03	177	2:03	00:01:43	01:08:21	203	17.6	00:02:09	00:42:31	237	10:37	02:12:44.78
155	307	Shane Haag	Male	30	Savage	MN	00:18:38	188	2:07	00:03:25	01:15:04	240	16.0	00:01:05	00:35:16	172	8:48	02:13:25.80
156	312	Kyle Youngs	Male	28	Saint Louis Park	MN	00:26:22	253	2:59	00:03:00	01:11:49	226	16.7	00:01:39	00:31:32	112	7:52	02:14:18.82
157	200	Mark Schwartzbauer	Male	42	Edina	MN	00:20:25	216	2:19	00:02:38	01:11:53	227	16.7	00:01:32	00:38:29	208	9:37	02:14:55.68
158	251	Matthew Colaizy	Male	38	Saint Paul	MN	00:22:51	243	2:35	00:03:21	01:10:18	214	17.1	00:01:10	00:41:26	230	10:21	02:19:02.45
159	122	Mike Worthington	Male	52	Maple Grove	MN	00:22:07	236	2:30	00:02:33	01:16:03	245	15.8	00:01:20	00:38:36	209	9:38	02:20:37.04
160	250	Scott Myers	Male	38	Fridley	MN	00:21:15	230	2:24	00:02:12	01:13:22	232	16.4	00:01:32	00:42:23	234	10:35	02:20:41.95
161	61	Wes Grootwassink	Male	48	Eden Prairie	MN	00:19:35	204	2:13	00:02:49	01:12:45	231	16.5	00:02:14	00:44:31	243	11:07	02:21:50.96
162	225	David Koth	Male	39	Maple Grove	MN	00:17:53	171	2:01	00:05:31	01:13:24	233	16.4	00:02:25	00:43:17	241	10:49	02:22:26.68
163	204	Mathew Wurst	Male	41	Chaska	MN	00:18:17	180	2:04	00:05:23	01:10:44	218	17.0	00:02:34	00:45:45	248	11:26	02:22:40.96
164	294	Michael Kostecka	Male	31	Waconia	MN	00:28:28	260	3:14	00:03:30	01:11:00	221	16.9	00:02:09	00:38:29	207	9:37	02:23:33.24
165	73	Don Meck	Male	74	Siren	WI	00:22:47	240	2:35	00:03:09	01:08:47	207	17.4	00:03:21	00:46:41	252	11:40	02:24:42.82
166	278	Matt Thell	Male	35	Plymouth	MN	00:26:40	254	3:01	00:02:17	01:12:44	229	16.5	00:01:39	00:41:36	232	10:23	02:24:53.89
167	247	Daniel Muchmore	Male	38	Denver	CO	00:19:33	202	2:13	00:03:28	01:20:43	255	14.9	00:02:13	00:39:48	220	9:56	02:25:41.69
168	52	Aaron Harding	Male	38	Chanhassen	MN	00:20:52	227	2:22	00:02:51	01:15:45	244	15.8	00:01:55	00:44:51	244	11:12	02:26:11.48
169	70	Leland Bigger	Male	72	Apple Valley	MN	00:19:39	207	2:13	00:02:58	01:18:10	249	15.4	00:02:54	00:43:30	242	10:52	02:27:09.66
170	118	Terry Goeman	Male	53	Minnetonka	MN	00:30:44	261	3:29	00:06:22	01:17:57	247	15.4	00:02:02	00:33:26	146	8:21	02:30:28.75
171	71	Clark Worthington	Male	71	St Louis Park	MN	00:27:25	258	3:06	00:03:14	01:18:02	248	15.4	00:01:35	00:41:52	233	10:27	02:32:05.21
172	293	Joel Kantola	Male	30	Eagan	MN	00:31:51	262	3:37	00:04:37	01:13:41	236	16.3	00:03:01	00:40:37	224	10:09	02:33:43.33
173	283	Andrew Peteren	Male	33	Shakopee	MN	00:26:45	256	3:02	00:04:38	01:19:26	253	15.1	00:02:38	00:42:25	235	10:36	02:35:49.21
174	50	Chad Churchill	Male	36	Waconia	MN	00:21:32	233	2:26	00:04:15	01:13:31	235	16.3	00:01:47	00:55:21	260	13:50	02:36:23.38
175	68	Lou Harris	Male	81	Minneapolis	MN	00:21:27	232	2:26	00:03:52	01:22:00	258	14.6	00:02:19	00:47:47	255	11:56	02:37:23.15
176	179	Jeff Bobrowsky	Male	44	Waconia	MN	00:20:37	219	2:20	00:04:35	01:18:38	251	15.3	00:07:09	00:46:35	251	11:38	02:37:32.94
177	78	James Barthel	Male	66	Dellwood	MN	00:22:52	244	2:35	00:04:14	01:24:00	259	14.3	00:02:38	00:45:32	247	11:22	02:39:12.54
178	62	Dennis Sherman	Male	49	Winsted	MN	00:22:30	237	2:33	00:03:44	01:20:43	256	14.9	00:02:14	00:50:07	257	12:31	02:39:15.35
179	203	Charles Fowler	Male	41	Rogers	MN	00:37:57	263	4:18	00:02:13	01:12:19	228	16.6	00:01:50	00:45:01	246	11:15	02:39:17.36
180	310	Phil Bratsch	Male	29	St Paul	MN	00:23:08	245	2:37	00:02:32	01:26:57	261	13.8	00:01:28	00:49:16	256	12:18	02:43:18.45

Lake Waconia Triathlon

June 30, 2013

Overall Results - Male

Individual

Place	No.	Name	Gender	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
181	77	Mark Stange	Male	67	Shoreview	MN	00:19:51	211	2:15	00:04:03	01:20:42	254	14.9	00:03:47	00:57:14	262	14:18		02:45:33.98
182	59	James Connell	Male	44	Shakopee	MN	00:19:46	210	2:14	00:02:55	01:21:49	257	14.7	00:02:49	01:04:56	263	16:13		02:52:13.22
183	63	Peder Engebretson	Male	50	St. Anthony Village	MN	00:25:13	252	2:51	00:03:18	01:31:36	262	13.1	00:01:01	00:51:09	258	12:47		02:52:14.61