

10K RESULTS

FEMALE OVERALL

Place	Name	Age	City	St	Time
1	Melissa Barnard	38	Keystone	IA	48:30

MALE OVERALL

Place	Name	Age	City	St	Time
1	Mark Ironside	39	Swisher	IA	39:53

FEMALE INDIVIDUAL AGE GROUP: 18 - 34

Place	Name	Age	City	St	Time
1	Lou Slings	34	Palo	IA	52:41
2	Charity Robar	26	Columbia	MO	52:49
3	Laine Boesenberg	30	Center Point	IA	54:49

FEMALE INDIVIDUAL AGE GROUP: 35 - 49

Place	Name	Age	City	St	Time
1	Melissa Barnard	38	Keystone	IA	48:30
2	Sandra Ahrendsen	37	Cedar Rapids	IA	51:37
3	Robin Bucheit	38	Solon	IA	54:33

MALE INDIVIDUAL AGE GROUP: 35 - 49

Place	Name	Age	City	St	Time
1	Mark Ironside	39	Swisher	IA	39:53
2	Lyle Schminke	47	Shellsburg	IA	46:49
3	Chuck Hardin	48	Cedar Rapids	IA	48:14

MALE INDIVIDUAL AGE GROUP: 50 - 99

Place	Name	Age	City	St	Time
1	Steve Rumelhart	53	Coralville	IA	45:47
2	Dan Schneider	50	Marion	IA	54:50