

Aspire 10K Run

April 5, 2014

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	5/605	1/1	3	Leonora Petrina	Female	31	Bayport	NY	1	5:25	00:16:52.56	1	5:23	00:16:45.93	5:24	00:33:38.40
2	17/605	1/26	536	Tara Wilson	Female	37	West Islip	NY	2	6:13	00:19:20.80	2	6:07	00:19:02.78	6:10	00:38:23.50
3	28/605	1/1	79	Marilyn Caulfield	Female	51	Oakdale	NY	3	6:20	00:19:42.75	5	6:24	00:19:56.08	6:22	00:39:38.80
4	29/605	1/30	391	Kelly Perno Grosser	Female	33	Seaford	NY	7	6:29	00:20:11.60	3	6:16	00:19:29.88	6:23	00:39:41.40
5	31/605	1/14	322	Kathryn Martin	Female	62	Northport	NY	5	6:23	00:19:51.94	4	6:24	00:19:54.92	6:24	00:39:46.80
6	35/605	2/30	608	Jen Dagan	Female	30	North Attleboro	MA	4	6:22	00:19:49.82	6	6:30	00:20:11.95	6:26	00:40:01.70
7	41/605	1/18	578	Katie Mcgrath	Female	29	Oakdale	NY	6	6:23	00:19:52.75	8	6:38	00:20:36.86	6:30	00:40:29.60
8	42/605	1/34	479	Jill Skelly	Female	50	Baldwin	NY	8	6:31	00:20:15.11	7	6:31	00:20:17.73	6:31	00:40:32.80
9	49/605	3/30	598	Allison Clark	Female	34	Hauppauge	NY	10	6:37	00:20:35.45	9	6:38	00:20:38.46	6:38	00:41:13.90
10	55/605	1/37	125	Noni Degirmenci	Female	40	Port Washington	NY	9	6:36	00:20:32.19	12	6:54	00:21:27.22	6:45	00:41:59.40
11	56/605	4/30	394	Jessica Petrina	Female	32	Old Bethpage	NY	12	6:41	00:20:46.37	11	6:52	00:21:21.79	6:46	00:42:08.10
12	66/605	2/34	447	Barbara Russo	Female	50	Sayville	NY	13	6:44	00:20:56.81	14	6:59	00:21:42.02	6:51	00:42:38.80
13	69/605	5/30	127	Cristin Delaney-Guille	Female	32	Long Beach	NY	15	6:55	00:21:29.55	10	6:52	00:21:20.44	6:53	00:42:49.90
14	74/605	6/30	436	Shari Klarfeld	Female	33	Plainview	NY	11	6:39	00:20:41.54	18	7:10	00:22:16.78	6:54	00:42:58.30
15	79/605	1/11	329	Paige Mcatee	Female	23	Massapequa	NY	16	6:57	00:21:36.89	13	6:56	00:21:34.21	6:56	00:43:11.10
16	85/605	1/4	152	Lauren Dorsky	Female	18	Huntington	NY	14	6:52	00:21:21.22	17	7:08	00:22:10.37	7:00	00:43:31.50
17	94/605	3/34	139	Joanne Digraziano	Female	50	Smithtown	NY	17	7:10	00:22:17.93	15	7:02	00:21:52.25	7:06	00:44:10.10
18	97/605	2/37	151	Kathy Dormer	Female	44	Williston Park	NY	20	7:13	00:22:27.27	16	7:03	00:21:56.69	7:08	00:44:23.90
19	102/605	1/23	253	Charlotte Johnson	Female	46	Port Jefferson Stati	NY	21	7:14	00:22:30.32	19	7:10	00:22:17.09	7:12	00:44:47.40
20	104/605	2/26	585	Megan Mcnew	Female	35	Baltimore	MD	18	7:11	00:22:21.79	20	7:14	00:22:29.12	7:13	00:44:50.90
21	109/605	2/11	622	Jessica Lester	Female	24	Long Beach	NY	22	7:15	00:22:33.17	21	7:21	00:22:52.74	7:18	00:45:25.90
22	111/605	1/33	632	Dolores Doman	Female	57	Dix Hills	NY	24	7:16	00:22:36.43	24	7:23	00:22:58.53	7:20	00:45:34.90
23	113/605	3/26	582	Jamie Guzman	Female	37	Commack	NY	25	7:18	00:22:43.71	23	7:22	00:22:55.32	7:20	00:45:39.00
24	115/605	3/11	290	Michelle Lavin	Female	22	Seaford	NY	23	7:15	00:22:33.37	28	7:29	00:23:16.29	7:22	00:45:49.60
25	116/605	7/30	118	Noelle Cutter	Female	32	Farmingdale	NY	28	7:24	00:23:01.47	22	7:22	00:22:54.44	7:23	00:45:55.90
26	118/605	2/4	54	Alison Briggs	Female	16	Commack	NY	19	7:12	00:22:25.24	35	7:37	00:23:41.92	7:25	00:46:07.10
27	119/605	4/34	276	Torie Kramer	Female	50	Northport	NY	31	7:27	00:23:08.99	26	7:26	00:23:08.17	7:26	00:46:17.10
28	124/605	5/34	97	Karen Conkling	Female	51	Massapequa	NY	30	7:26	00:23:08.80	29	7:29	00:23:17.54	7:28	00:46:26.30
29	127/605	4/11	972	Sarah Kirsch	Female	24	Setauket	NY	26	7:23	00:22:57.20	32	7:34	00:23:33.62	7:29	00:46:30.80
30	129/605	4/26	623	Maria Smit	Female	37	Syosset	NY	36	7:34	00:23:32.98	25	7:25	00:23:03.92	7:30	00:46:36.90
31	131/605	8/30	129	Kelly Demeri	Female	34	Massapequa Park	NY	33	7:32	00:23:26.31	27	7:27	00:23:11.60	7:30	00:46:37.90
32	137/605	2/18	588	Lisa Bonanni	Female	27	Selden	NY	34	7:32	00:23:26.93	30	7:32	00:23:25.60	7:32	00:46:52.50
33	141/605	2/23	456	Patty Santella	Female	46	Syosset	NY	27	7:23	00:22:58.21	38	7:46	00:24:07.95	7:34	00:47:06.10
34	144/605	3/23	259	Yuri Karasz	Female	47	Mineola	NY	38	7:35	00:23:34.82	33	7:35	00:23:34.78	7:35	00:47:09.60
35	145/605	2/33	378	Linda Ottaviano	Female	58	Cold Spring Harbor	NY	32	7:27	00:23:11.21	36	7:44	00:24:02.25	7:35	00:47:13.40
36	146/605	3/33	484	Kim Solomine	Female	56	Syosset	NY	40	7:36	00:23:37.57	34	7:36	00:23:37.92	7:36	00:47:15.40

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Overall Results - Female

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	152/605	3/37	326	Aimee May	Female	42	Rockville Centre	NY	29	7:25	00:23:05.11	46	7:52	00:24:27.01	7:38	00:47:32.10
38	156/605	4/37	332	Bridget Mccann	Female	40	Long Beach	NY	35	7:34	00:23:32.57	39	7:46	00:24:10.52	7:40	00:47:43.00
39	157/605	5/37	131	Mary-Jo Depaoli	Female	40	Hicksville	NY	37	7:34	00:23:33.58	40	7:47	00:24:11.33	7:41	00:47:44.90
40	158/605	5/26	424	Amy Regis	Female	38	Westbury	NY	46	7:49	00:24:19.85	31	7:32	00:23:27.30	7:41	00:47:47.10
41	161/605	6/26	624	Barbara Moskowitz	Female	37	Plainview	NY	41	7:39	00:23:46.58	41	7:47	00:24:13.37	7:43	00:47:59.90
42	162/605	6/34	166	Tracey Epstein	Female	53	Smithtown	NY	43	7:43	00:24:00.83	42	7:47	00:24:13.59	7:45	00:48:14.40
43	164/605	6/37	461	Andrea Schieck	Female	40	West Sayville	NY	44	7:45	00:24:06.76	43	7:48	00:24:15.73	7:47	00:48:22.40
44	166/605	7/34	488	Adriana Staiano	Female	51	East Meadow	NY	39	7:35	00:23:35.33	54	8:00	00:24:54.07	7:48	00:48:29.40
45	168/605	3/18	418	Kristen Randone	Female	25	Huntington Station	NY	42	7:43	00:23:59.81	49	7:56	00:24:39.52	7:49	00:48:39.30
46	169/605	7/37	101	Michelle Copertino	Female	42	Kings Park	NY	48	7:52	00:24:27.25	44	7:48	00:24:17.14	7:50	00:48:44.30
47	170/605	8/37	553	Stacey Herschmann	Female	42	Levittown	NY	49	7:52	00:24:29.30	45	7:49	00:24:19.56	7:51	00:48:48.80
48	174/605	4/23	489	Maureen Stammers Janz	Female	48	Huntington Station	NY	45	7:47	00:24:13.43	50	7:57	00:24:43.16	7:52	00:48:56.50
49	175/605	9/30	579	Rita Saminkas	Female	34	Greenlawn	NY	47	7:51	00:24:24.10	48	7:54	00:24:35.12	7:52	00:48:59.20
50	183/605	9/37	503	Jenney Tesoriero	Female	43	Westbury	NY	56	8:08	00:25:16.32	37	7:44	00:24:03.85	7:56	00:49:20.10
51	186/605	5/11	320	Caitlin Martin	Female	22	Smithtown	NY	55	8:05	00:25:07.33	47	7:53	00:24:29.83	7:59	00:49:37.10
52	187/605	1/16	238	Kelly Herlihy	Female	30	Huntington Station	NY	50	7:57	00:24:43.53	53	8:00	00:24:54.04	7:59	00:49:37.50
53	188/605	10/37	520	Jennifer Wagner	Female	40	Island Park	NY	53	8:01	00:24:54.72	51	7:57	00:24:44.66	7:59	00:49:39.30
54	192/605	7/26	562	Heather Ackerly	Female	37	Folden	NY	57	8:08	00:25:16.58	52	8:00	00:24:52.84	8:04	00:50:09.40
55	196/605	5/23	313	Lori Mangual	Female	49	Merrick	NY	51	7:58	00:24:45.97	59	8:11	00:25:26.92	8:04	00:50:12.80
56	198/605	11/37	457	Stephanie Saraceni	Female	42	Lake Ronkonkoma	NY	54	8:01	00:24:54.79	58	8:10	00:25:24.80	8:05	00:50:19.50
57	202/605	4/33	288	Judith Latta	Female	59	Garden City	NY	60	8:14	00:25:37.25	55	8:01	00:24:55.96	8:08	00:50:33.20
58	205/605	6/23	182	Dianne Finneran	Female	48	Smithtown	NY	52	8:00	00:24:51.58	64	8:18	00:25:50.09	8:09	00:50:41.60
59	206/605	2/14	371	Catherine Oehrlein	Female	60	Northport	NY	62	8:15	00:25:40.11	56	8:03	00:25:01.81	8:09	00:50:41.90
60	208/605	12/37	472	Leah Serlin	Female	42	Dix Hills	NY	59	8:11	00:25:26.30	57	8:08	00:25:17.63	8:09	00:50:43.90
61	213/605	13/37	273	Lisa Komnik	Female	41	Patchogue	NY	64	8:16	00:25:42.55	60	8:12	00:25:30.85	8:14	00:51:13.40
62	214/605	5/33	58	Jodi Brodsky	Female	59	Atlantic Beach	NY	58	8:08	00:25:18.58	67	8:22	00:26:00.84	8:15	00:51:19.40
63	219/605	4/18	359	Aldred Munyeneh	Female	25	Absecon	NJ	65	8:16	00:25:42.96	63	8:18	00:25:49.71	8:17	00:51:32.60
64	220/605	8/34	635	Kat Hankinson	Female	50	Huntington	NY	67	8:18	00:25:48.42	62	8:17	00:25:45.01	8:17	00:51:33.40
65	221/605	14/37	296	Danielle Leong	Female	42	Commack	NY	63	8:15	00:25:40.51	66	8:20	00:25:54.62	8:18	00:51:35.10
66	225/605	8/26	574	Michelle Durso	Female	37	East Meadow	NY	69	8:31	00:26:29.55	61	8:13	00:25:34.62	8:22	00:52:04.10
67	226/605	9/34	103	Sue Corrie	Female	53	New Hyde Park	NY	68	8:23	00:26:03.93	69	8:26	00:26:12.63	8:24	00:52:16.50
68	227/605	6/33	628	Vicki Fox	Female	55	Huntington	NY	66	8:18	00:25:48.42	72	8:31	00:26:28.26	8:24	00:52:16.60
69	233/605	10/34	363	Eve Nebenhaus	Female	53	Manhasset	NY	61	8:15	00:25:38.88	79	8:39	00:26:53.72	8:27	00:52:32.60
70	237/605	9/26	56	Irena Brobston	Female	39	Oceanside	NY	81	8:38	00:26:52.30	65	8:19	00:25:53.26	8:29	00:52:45.50
71	243/605	7/33	620	Fay Martins	Female	55	Great Neck	NY	72	8:32	00:26:33.22	71	8:30	00:26:24.76	8:31	00:52:57.90
72	245/605	15/37	11	Jennifer Adelberg	Female	40	Saint James	NY	77	8:37	00:26:47.83	68	8:25	00:26:11.57	8:31	00:52:59.40

Aspire 10K Run

April 5, 2014

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	247/605	6/11	597	Gabrielle Andersen	Female	24	Babylon	NY	73	8:35	00:26:41.57	73	8:31	00:26:28.61	8:33	00:53:10.10
74	248/605	3/14	294	Pamela Lee	Female	60	Syosset	NY	71	8:32	00:26:32.40	78	8:35	00:26:40.42	8:33	00:53:12.80
75	250/605	16/37	607	Kristin Campisi	Female	40	Saint James	NY	80	8:38	00:26:51.31	74	8:31	00:26:29.12	8:35	00:53:20.40
76	251/605	10/26	561	Stacy Ackerman	Female	37	Plainview	NY	78	8:37	00:26:47.83	76	8:33	00:26:34.50	8:35	00:53:22.30
77	252/605	5/18	435	Jacqueline Rohrer	Female	29	Long Beach	NY	76	8:36	00:26:45.42	77	8:34	00:26:38.94	8:35	00:53:24.30
78	253/605	10/30	331	Katie Mccabe	Female	33	East Rockaway	NY	70	8:31	00:26:30.76	80	8:39	00:26:54.63	8:35	00:53:25.30
79	256/605	7/11	482	Naomi Smolevitz	Female	24	Woodbury	NY	74	8:36	00:26:43.40	81	8:41	00:26:58.78	8:38	00:53:42.10
80	260/605	7/23	450	Maureen Salvadori	Female	48	West Babylon	NY	83	8:40	00:26:57.79	82	8:41	00:27:00.89	8:41	00:53:58.60
81	261/605	4/14	234	Janet Healy	Female	61	Syosset	NY	84	8:41	00:26:59.42	83	8:42	00:27:04.26	8:41	00:54:03.60
82	264/605	8/33	448	Nancy Russo	Female	58	Nesconset	NY	79	8:38	00:26:50.58	85	8:48	00:27:20.90	8:43	00:54:11.40
83	265/605	17/37	202	Carla Gauss	Female	43	Cold Spring Harbor	NY	75	8:36	00:26:44.64	89	8:50	00:27:29.27	8:43	00:54:13.90
84	273/605	11/30	104	Caroline Cosgrove	Female	33	Oyster Bay	NY	86	8:48	00:27:22.84	90	8:51	00:27:30.01	8:49	00:54:52.80
85	277/605	11/34	270	Donna Kleiman	Female	51	Syosset	NY	89	8:52	00:27:35.52	91	8:51	00:27:32.40	8:52	00:55:07.90
86	278/605	18/37	124	Fran Deangelis	Female	44	Bayville	NY	82	8:40	00:26:56.81	100	9:04	00:28:11.51	8:52	00:55:08.30
87	280/605	12/30	87	Victoria Clacherty	Female	31	Mineola	NY	115	9:13	00:28:39.90	75	8:32	00:26:32.07	8:52	00:55:11.90
88	281/605	19/37	15	Roseann Alamia	Female	43	Seaford	NY	91	8:52	00:27:35.83	92	8:53	00:27:38.17	8:53	00:55:14.00
89	285/605	12/34	417	Donna Randone	Female	53	S.huntington	NY	90	8:52	00:27:35.66	93	8:55	00:27:43.41	8:54	00:55:19.00
90	286/605	2/16	463	Susan Schmuck	Female	47	Westbury	NY	94	8:58	00:27:53.56	87	8:49	00:27:26.53	8:54	00:55:20.00
91	288/605	13/34	629	Janet Mcqueeney	Female	51	Dix Hills	NY	88	8:51	00:27:29.83	95	8:57	00:27:51.48	8:54	00:55:21.30
92	290/605	11/26	199	Colleen Gardner	Female	37	Farmingdale	NY	101	9:04	00:28:10.84	84	8:46	00:27:14.57	8:55	00:55:25.40
93	295/605	8/11	172	Katie Fargnali	Female	22	West Islip	NY	103	9:06	00:28:17.20	88	8:50	00:27:26.87	8:58	00:55:44.00
94	296/605	9/33	173	Laurene Fagnoli	Female	55	West Islip	NY	104	9:06	00:28:17.85	86	8:49	00:27:26.41	8:58	00:55:44.20
95	298/605	5/14	538	Gloria Withus	Female	63	Brentwood	NY	93	8:57	00:27:50.48	101	9:04	00:28:12.67	9:01	00:56:03.10
96	299/605	14/34	144	Jo-Ann Distler	Female	53	Merrick	NY	95	8:59	00:27:56.40	102	9:05	00:28:15.47	9:02	00:56:11.80
97	300/605	12/26	414	Michele Rach	Female	38	Massapequa	NY	87	8:50	00:27:26.83	115	9:15	00:28:47.48	9:03	00:56:14.30
98	303/605	10/33	319	Susie Marnell	Female	58	Huntington Station	NY	96	9:00	00:27:57.83	105	9:06	00:28:19.51	9:03	00:56:17.30
99	304/605	6/14	198	Joanne Gallo	Female	64	Oyster Bay	NY	92	8:56	00:27:46.22	112	9:13	00:28:40.06	9:04	00:56:26.20
100	308/605	13/26	130	Anne Deo	Female	36	Syosset	NY	148	9:44	00:30:15.84	70	8:29	00:26:23.22	9:06	00:56:39.00
101	310/605	15/34	195	Maria Fucella	Female	53	Levittown	NY	99	9:02	00:28:06.34	110	9:13	00:28:39.02	9:08	00:56:45.30
102	311/605	11/33	504	Vera Thompson	Female	56	N.babylon	NY	108	9:10	00:28:29.40	103	9:05	00:28:16.28	9:08	00:56:45.60
103	315/605	20/37	346	Melissa Miller	Female	42	Sewickley	PA	127	9:22	00:29:07.73	94	8:56	00:27:46.39	9:09	00:56:54.10
104	316/605	3/4	956	Madeline Bastaniac	Female	15	Patchogue	NY	85	8:48	00:27:20.80	130	9:30	00:29:33.88	9:09	00:56:54.60
105	317/605	8/23	70	Elaine Cappadona	Female	45	Kings Park	NY	106	9:07	00:28:20.52	108	9:12	00:28:36.41	9:09	00:56:56.90
106	319/605	3/16	413	Jenipher Quintanilla	Female	38	North Babylon	NY	107	9:09	00:28:28.21	109	9:12	00:28:36.97	9:11	00:57:05.10
107	321/605	7/14	154	Patti Drake	Female	62	Lynbrook	NY	98	9:01	00:28:01.91	123	9:22	00:29:07.44	9:11	00:57:09.30
108	322/605	13/30	256	Christina Juva	Female	34	Forest Hills	NY	117	9:16	00:28:49.84	106	9:07	00:28:20.52	9:12	00:57:10.30

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Overall Results - Female

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
109	323/605	6/18	554	Jen Randone	Female	26	South Huntington	NY	109	9:10	00:28:29.84	113	9:14	00:28:42.09	9:12	00:57:11.90
110	324/605	4/4	114	Erin Curran	Female	15	Old Bethpage	NY	102	9:06	00:28:16.58	120	9:19	00:28:57.63	9:12	00:57:14.20
111	325/605	9/23	148	Amanda Dominguez	Female	46	Hicksville	NY	128	9:24	00:29:14.34	97	9:00	00:28:00.50	9:12	00:57:14.80
112	326/605	21/37	14	Allison Aikman	Female	44	Glen Head	NY	125	9:22	00:29:06.87	98	9:03	00:28:08.17	9:12	00:57:15.00
113	328/605	10/23	62	Corinne Buda	Female	46	Long Beach	NY	114	9:13	00:28:38.59	111	9:13	00:28:39.29	9:13	00:57:17.80
114	329/605	14/26	22	Lisa Annibale	Female	35	Smithtown	NY	111	9:10	00:28:31.29	116	9:16	00:28:48.60	9:13	00:57:19.80
115	330/605	14/30	169	Janine Esposito	Female	34	North Massapequa	NY	124	9:21	00:29:05.50	104	9:06	00:28:17.19	9:14	00:57:22.60
116	331/605	12/33	108	Susan Critz	Female	55	Islip	NY	113	9:12	00:28:37.99	114	9:15	00:28:47.38	9:14	00:57:25.30
117	332/605	7/18	527	Amanda Watral	Female	29	Hauppauge	NY	131	9:31	00:29:35.86	96	9:00	00:27:58.27	9:15	00:57:34.10
118	335/605	15/26	23	Kelly Archer	Female	36	Greenlawn	NY	116	9:16	00:28:49.82	117	9:17	00:28:50.61	9:16	00:57:40.40
119	337/605	11/23	57	Anne Broderick	Female	48	Hicksville	NY	130	9:31	00:29:34.38	99	9:03	00:28:08.47	9:17	00:57:42.80
120	341/605	16/34	552	Anita Von Himmel	Female	53	Massapequa	NY	110	9:10	00:28:30.26	128	9:29	00:29:28.80	9:19	00:57:59.00
121	342/605	9/11	342	Maria Messiano	Female	22	Kings Park	NY	126	9:22	00:29:07.32	118	9:17	00:28:53.12	9:20	00:58:00.40
122	344/605	8/14	286	Maryanne Langro	Female	62	Hicksville	NY	118	9:17	00:28:51.84	125	9:23	00:29:11.85	9:20	00:58:03.60
123	347/605	1/9	211	Abby Gonzalez	Female	66	Dix Hills	NY	105	9:06	00:28:19.45	135	9:35	00:29:49.23	9:21	00:58:08.60
124	348/605	16/26	174	Dawn Farina	Female	37	West Babylon	NY	123	9:21	00:29:04.48	122	9:21	00:29:05.71	9:21	00:58:10.10
125	350/605	8/18	477	Veronica Silghigian	Female	28	Floral Park	NY	121	9:19	00:28:59.87	127	9:29	00:29:28.02	9:24	00:58:27.80
126	355/605	2/9	470	Constance Sehmeyer	Female	68	Syosset	NY	132	9:31	00:29:36.22	124	9:23	00:29:10.95	9:27	00:58:47.10
127	356/605	17/34	197	Sheri Gaitings	Female	52	Huntington	NY	112	9:12	00:28:35.15	141	9:43	00:30:12.41	9:27	00:58:47.50
128	359/605	9/18	422	Ashley Rau	Female	26	Centereach	NY	143	9:38	00:29:58.81	119	9:17	00:28:53.42	9:28	00:58:52.20
129	361/605	4/16	540	Michele Xikis	Female	39	Selden	NY	138	9:35	00:29:47.00	126	9:24	00:29:14.18	9:29	00:59:01.10
130	362/605	12/23	580	Eliana Themistocleous	Female	46	Melville	NY	97	9:00	00:27:58.64	159	9:59	00:31:04.16	9:30	00:59:02.80
131	363/605	1/10	379	Carolyn Paidoussis	Female	43	West Islip	NY	119	9:18	00:28:56.72	139	9:41	00:30:06.47	9:30	00:59:03.10
132	366/605	18/34	383	Regina Parcell Sullivan	Female	50	East Meadow	NY	133	9:31	00:29:36.59	132	9:31	00:29:35.10	9:31	00:59:11.60
133	368/605	9/14	964	Judi Gallop	Female	62	W.islip	NY	120	9:19	00:28:58.77	142	9:43	00:30:14.17	9:31	00:59:12.90
134	370/605	5/16	511	Elizabeth Ulatowski	Female	32	East Northport	NY	162	9:55	00:30:51.59	107	9:09	00:28:26.35	9:32	00:59:17.90
135	372/605	17/26	563	Nyree Rouiello-Meadows	Female	39	Sound Beach	NY	122	9:20	00:29:02.59	144	9:45	00:30:19.30	9:33	00:59:21.80
136	375/605	6/16	559	Ciara Dempsey	Female	38	New Hyde Park	NY	100	9:03	00:28:08.23	165	10:05	00:31:20.55	9:34	00:59:28.70
137	378/605	13/33	490	Barbara Stanley	Female	59	Franklin Square	NY	135	9:32	00:29:37.59	137	9:40	00:30:04.60	9:36	00:59:42.10
138	381/605	2/10	65	Alaine Caccavallo	Female	32	Bellerose	NY	137	9:32	00:29:39.84	140	9:42	00:30:10.65	9:37	00:59:50.40
139	382/605	13/23	119	Monique Dagnell	Female	45	East Meadow	NY	142	9:38	00:29:57.84	136	9:36	00:29:52.65	9:37	00:59:50.40
140	383/605	10/18	160	Grace Eickelberg	Female	27	Amityville	NY	145	9:40	00:30:04.72	134	9:35	00:29:47.20	9:38	00:59:51.90
141	384/605	14/23	402	Anita Plotka	Female	45	Greenvale	NY	134	9:32	00:29:37.24	143	9:44	00:30:14.88	9:38	00:59:52.10
142	388/605	15/23	544	Anne Malitzis	Female	46	Old Bethpage	NY	154	9:48	00:30:28.50	129	9:30	00:29:31.36	9:39	00:59:59.80
143	391/605	19/34	370	Brigitte Occhi	Female	51	Glen Head	NY	129	9:27	00:29:23.34	154	9:52	00:30:40.76	9:39	01:00:04.10
144	393/605	22/37	12	Patti Adelman	Female	44	East Meadow	NY	158	9:50	00:30:35.41	131	9:31	00:29:34.57	9:40	01:00:09.90

Aspire 10K Run

April 5, 2014

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	394/605	18/26	98	Kate Conlon	Female	38	Bohemia	NY	139	9:35	00:29:48.42	146	9:46	00:30:22.99	9:41	01:00:11.40
146	397/605	16/23	247	Dori Iervolino	Female	47	Whitestone	NY	141	9:37	00:29:54.59	145	9:46	00:30:20.85	9:41	01:00:15.40
147	398/605	23/37	642	Dina Villanueva	Female	40	Oyster Bay	NY	136	9:32	00:29:39.33	152	9:51	00:30:37.97	9:42	01:00:17.30
148	399/605	14/33	524	Patricia Walsh	Female	56	Oceanside	NY	140	9:36	00:29:49.84	150	9:50	00:30:34.35	9:43	01:00:24.10
149	400/605	20/34	634	Rosemary Jones	Female	52	Babylon	NY	172	10:07	00:31:28.89	121	9:21	00:29:03.66	9:44	01:00:32.50
150	401/605	17/23	510	Kathy Tuttle	Female	49	Eastport	NY	156	9:49	00:30:32.16	138	9:41	00:30:06.27	9:45	01:00:38.40
151	405/605	7/16	82	Cynthia Christensen	Female	35	Bethpage	NY	147	9:42	00:30:10.34	151	9:50	00:30:34.41	9:46	01:00:44.70
152	408/605	24/37	196	Irina Gaberman	Female	43	Huntington Station	NY	146	9:41	00:30:07.13	157	9:57	00:30:55.69	9:49	01:01:02.80
153	409/605	15/30	257	Theresa Juva-Brown	Female	30	Oakland Gardens	NY	173	10:08	00:31:31.57	133	9:34	00:29:45.37	9:51	01:01:16.90
154	412/605	18/23	80	Marie Certa	Female	48	Franklin Square	NY	161	9:54	00:30:48.11	153	9:51	00:30:38.81	9:53	01:01:26.90
155	415/605	15/33	289	Linda Lavella	Female	57	Bethpage	NY	157	9:49	00:30:32.89	160	10:01	00:31:10.27	9:55	01:01:43.10
156	416/605	16/30	325	Leslie Maxey	Female	30	Oyster Bay	NY	164	9:57	00:30:55.53	156	9:55	00:30:49.66	9:56	01:01:45.10
157	418/605	11/18	360	Laurel Murphy	Female	27	Medford	NY	151	9:46	00:30:22.18	166	10:08	00:31:31.74	9:57	01:01:53.90
158	419/605	17/30	459	Vanessa Schack	Female	33	Mineola	NY	150	9:45	00:30:18.34	171	10:10	00:31:38.35	9:58	01:01:56.60
159	420/605	21/34	577	Mary Kroebel	Female	50	Oakdale	NY	152	9:47	00:30:25.36	169	10:10	00:31:35.68	9:58	01:02:01.00
160	421/605	16/33	280	Nancy Lafleur	Female	56	Holbrook	NY	153	9:47	00:30:25.38	170	10:10	00:31:35.81	9:58	01:02:01.10
161	422/605	1/3	522	Celia Walden	Female	13	Centerport	NY	149	9:45	00:30:17.71	174	10:12	00:31:43.53	9:58	01:02:01.20
162	423/605	17/33	177	Maria Ferraro	Female	56	Floral Park	NY	155	9:49	00:30:30.54	167	10:08	00:31:31.90	9:59	01:02:02.40
163	427/605	19/23	526	Susan Warsaw	Female	47	Coram	NY	178	10:12	00:31:42.58	149	9:49	00:30:33.11	10:01	01:02:15.60
164	429/605	8/16	185	Sue Fitzpatrick	Female	53	Dix Hills	NY	169	10:04	00:31:17.90	158	9:58	00:30:58.04	10:01	01:02:15.90
165	430/605	20/23	438	Wendy Rothman	Female	46	Old Bethpage	NY	180	10:13	00:31:45.43	148	9:49	00:30:32.87	10:01	01:02:18.30
166	431/605	25/37	397	Irene Petrusic	Female	44	Old Bethpage	NY	181	10:13	00:31:45.91	147	9:49	00:30:32.53	10:01	01:02:18.40
167	432/605	3/9	50	Hilory Boucher-Carlin	Female	68	Northport	NY	165	10:01	00:31:08.90	161	10:02	00:31:12.25	10:02	01:02:21.10
168	435/605	12/18	455	Jessica Santaniello	Female	29	Oceanside	NY	144	9:39	00:29:59.99	189	10:28	00:32:32.94	10:03	01:02:32.90
169	439/605	22/34	85	Jodi Cirella	Female	51	Levittown	NY	166	10:01	00:31:08.91	168	10:10	00:31:35.35	10:05	01:02:44.20
170	440/605	18/30	458	Emma Saunders	Female	34	Nesconset	NY	175	10:10	00:31:35.59	162	10:03	00:31:13.73	10:06	01:02:49.30
171	441/605	18/33	380	Deborah Pantano	Female	56	Oakland Gardens	NY	160	9:52	00:30:41.30	181	10:21	00:32:10.64	10:07	01:02:51.90
172	442/605	9/16	158	Elizabeth Eaton	Female	43	Babylon	NY	174	10:09	00:31:33.62	164	10:04	00:31:19.56	10:07	01:02:53.10
173	443/605	19/26	495	Leanne Steinwall	Female	37	Plainview	NY	176	10:10	00:31:35.59	163	10:04	00:31:18.00	10:07	01:02:53.50
174	446/605	19/33	492	Francene Stauber	Female	57	Woodmere	NY	188	10:25	00:32:22.70	155	9:53	00:30:45.53	10:09	01:03:08.20
175	447/605	20/33	93	Mary Jane Cody	Female	57	Holtsville	NY	167	10:03	00:31:13.85	176	10:17	00:31:57.59	10:10	01:03:11.40
176	448/605	21/33	617	Suanne Kowai-Connelly	Female	56	Baldwin	NY							10:10	01:03:12.10
177	449/605	20/26	356	Johanna Moustouka	Female	35	Dix Hills	NY	168	10:03	00:31:14.56	177	10:17	00:31:57.92	10:10	01:03:12.40
178	450/605	1/4	89	Helma Clavin	Female	70	Lake Ronkonkoma	NY	163	9:55	00:30:51.66	187	10:26	00:32:27.93	10:11	01:03:19.50
179	451/605	19/30	96	Dayanara Condo	Female	34	Coram	NY	182	10:14	00:31:47.84	172	10:11	00:31:40.68	10:12	01:03:28.50
180	452/605	22/33	499	Joanne Styles	Female	58	Centereach	NY	170	10:06	00:31:23.81	180	10:21	00:32:10.39	10:13	01:03:34.20

Aspire 10K Run

April 5, 2014

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	453/605	26/37	161	Nancy Eisenhuth	Female	44	Seaford	NY	171	10:06	00:31:24.59	183	10:21	00:32:12.09	10:14	01:03:36.60
182	455/605	10/11	445	Jessica Russell	Female	24	N.babylon	NY	177	10:11	00:31:39.74	179	10:20	00:32:08.21	10:16	01:03:47.90
183	458/605	3/10	564	Catherine Clancy Dumon	Female	38	Wantagh	NY	179	10:13	00:31:44.60	184	10:21	00:32:12.55	10:17	01:03:57.10
184	459/605	10/16	138	Andrea Digiulio	Female	27	Centereach	NY	183	10:17	00:31:59.29	178	10:18	00:32:01.70	10:18	01:04:00.90
185	460/605	11/16	205	Lea Gjodesen	Female	52	Bay Shore	NY	159	9:51	00:30:37.42	201	10:46	00:33:28.44	10:18	01:04:05.80
186	462/605	23/33	297	Nancy Lester	Female	57	Long Beach	NY	192	10:28	00:32:32.53	175	10:16	00:31:56.06	10:22	01:04:28.50
187	463/605	12/16	592	Allison Jeffrey	Female	38	Glen Cove	NY	186	10:19	00:32:04.99	188	10:27	00:32:28.21	10:23	01:04:33.20
188	464/605	27/37	20	Melissa Altschuler	Female	41	Freeport	NY	189	10:26	00:32:25.34	182	10:21	00:32:11.11	10:23	01:04:36.40
189	468/605	20/30	535	Jully Williams	Female	33	Farmingville	NY	185	10:19	00:32:04.35	192	10:32	00:32:45.59	10:25	01:04:49.90
190	469/605	13/18	109	Francesca Crobak	Female	25	Stony Brook	NY	184	10:19	00:32:04.19	193	10:32	00:32:45.96	10:26	01:04:50.10
191	472/605	23/34	72	Lisa Carlisi	Female	50	Oceanside	NY	199	10:43	00:33:19.50	173	10:12	00:31:42.18	10:27	01:05:01.60
192	475/605	21/23	35	Diana Bass	Female	45	Plainview	NY	194	10:32	00:32:46.73	190	10:30	00:32:39.31	10:31	01:05:26.00
193	476/605	28/37	167	Jacqueline Erickson	Female	40	Bellmore	NY	195	10:33	00:32:47.17	191	10:31	00:32:41.28	10:32	01:05:28.40
194	477/605	21/30	44	Alycia Blaeser	Female	33	Plainview	NY	187	10:21	00:32:10.49	199	10:43	00:33:18.46	10:32	01:05:28.90
195	479/605	22/30	471	Melissa Serbonich	Female	32	East Meadow	NY	196	10:33	00:32:49.80	194	10:33	00:32:46.81	10:33	01:05:36.60
196	480/605	24/34	953	Clare Bastaniac	Female	51	Patchogue	NY	190	10:27	00:32:30.84	198	10:40	00:33:10.24	10:34	01:05:41.00
197	481/605	2/3	955	Belle Bastaniac	Female	13	Patchogue	NY	191	10:28	00:32:31.44	200	10:43	00:33:19.34	10:35	01:05:50.70
198	483/605	14/18	232	Tracy Healey	Female	26	East Meadow	NY	203	10:48	00:33:33.94	186	10:25	00:32:24.37	10:36	01:05:58.30
199	485/605	10/14	175	Elizabeth Farrell	Female	61	Lynbrook	NY	197	10:40	00:33:09.31	197	10:39	00:33:08.39	10:40	01:06:17.70
200	488/605	23/30	213	Patricia Gonzalez	Female	32	Floral Park	NY	193	10:29	00:32:36.15	210	11:00	00:34:12.89	10:45	01:06:49.00
201	489/605	24/33	453	Carol Sandquist	Female	56	Garden City	NY	221	11:07	00:34:34.60	185	10:25	00:32:23.58	10:46	01:06:58.10
202	491/605	13/16	409	Nicky Pratt	Female	51	Oyster Bay Cove	NY	212	10:59	00:34:09.33	196	10:39	00:33:05.47	10:49	01:07:14.80
203	492/605	29/37	446	Rebecca Russell	Female	42	Baldwin	NY	208	10:56	00:33:58.95	204	10:48	00:33:35.34	10:52	01:07:34.20
204	495/605	4/10	343	Marissa Messiano	Female	25	Kings Park	NY	202	10:47	00:33:31.59	212	11:02	00:34:19.75	10:55	01:07:51.30
205	496/605	21/26	112	Emily Cunha	Female	36	Mineola	NY	215	11:03	00:34:20.95	203	10:48	00:33:34.65	10:55	01:07:55.60
206	498/605	30/37	51	Meredith Brake	Female	43	Plainview	NY	216	11:04	00:34:25.60	206	10:49	00:33:38.52	10:57	01:08:04.10
207	499/605	31/37	315	Deborah Manzo	Female	43	Plainview	NY	217	11:05	00:34:26.24	205	10:49	00:33:37.88	10:57	01:08:04.10
208	501/605	25/33	980	Stella Toro	Female	55	Shirley	NY	204	10:51	00:33:43.59	213	11:04	00:34:24.98	10:57	01:08:08.50
209	502/605	24/30	231	Tara Healey	Female	31	East Meadow	NY	214	11:03	00:34:20.53	208	10:57	00:34:03.67	11:00	01:08:24.20
210	503/605	11/11	292	Eloisa Leal	Female	20	Brentwood	NY	206	10:53	00:33:50.82	214	11:07	00:34:35.00	11:00	01:08:25.80
211	504/605	26/33	66	Giovanna Caggiano	Female	59	Glen Cove	NY	201	10:44	00:33:23.54	219	11:22	00:35:19.13	11:03	01:08:42.60
212	505/605	27/33	4	Donna Rosen	Female	58	Woodbury	NY	200	10:44	00:33:22.33	221	11:22	00:35:21.76	11:03	01:08:44.00
213	506/605	25/34	518	Ann Visser	Female	51	Smithtown	NY	207	10:55	00:33:55.49	218	11:17	00:35:03.61	11:06	01:08:59.10
214	507/605	25/30	431	Erika Rivera	Female	34	Flushing	NY	198	10:42	00:33:16.44	225	11:30	00:35:45.71	11:06	01:09:02.10
215	508/605	15/18	71	Jennifer Carlisi	Female	25	Oceanside	NY	228	11:26	00:35:32.96	202	10:47	00:33:31.43	11:06	01:09:04.30
216	509/605	32/37	603	Kimberly Schechter	Female	42	Plainview	NY	219	11:06	00:34:29.60	216	11:09	00:34:39.62	11:07	01:09:09.20

Aspire 10K Run

April 5, 2014

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	510/605	28/33	372	Lynn Oleary	Female	55	Freeport	NY	220	11:06	00:34:31.96	215	11:08	00:34:38.24	11:07	01:09:10.20
218	511/605	22/26	274	Irem Konur	Female	35	East Northport	NY	235	11:40	00:36:15.34	195	10:37	00:33:01.23	11:08	01:09:16.50
219	512/605	16/18	393	Angelina Dedvukas	Female	25	Brooklyn	NY	226	11:24	00:35:25.96	207	10:55	00:33:57.50	11:10	01:09:23.40
220	515/605	29/33	381	Michelle Papagno	Female	55	Carle Place	NY	227	11:25	00:35:31.34	209	10:59	00:34:08.19	11:12	01:09:39.50
221	516/605	4/9	389	Elizabeth Penagos	Female	66	Glen Cove	NY	213	11:03	00:34:20.13	222	11:26	00:35:32.99	11:14	01:09:53.10
222	519/605	26/30	201	Dana Gasparec	Female	34	Merrick	NY	209	10:58	00:34:07.50	230	11:43	00:36:26.81	11:21	01:10:34.30
223	520/605	33/37	353	Raquel Modica	Female	42	Bethpage	NY	210	10:59	00:34:07.84	231	11:43	00:36:26.88	11:21	01:10:34.70
224	521/605	14/16	454	Ellen Sansone	Female	54	Franklin Square	NY	231	11:29	00:35:43.80	217	11:13	00:34:51.12	11:21	01:10:34.90
225	522/605	5/10	423	Nancy Reagan	Female	49	Bay Shore	NY	218	11:06	00:34:29.31	229	11:39	00:36:12.10	11:22	01:10:41.40
226	523/605	5/9	52	Christine Brakel	Female	66	Brightwaters	NY	224	11:20	00:35:14.44	223	11:28	00:35:38.97	11:24	01:10:53.40
227	524/605	26/34	111	Kathleen Cuff	Female	53	Kings Park	NY	225	11:23	00:35:23.14	224	11:29	00:35:41.82	11:26	01:11:04.90
228	525/605	15/16	239	Joan Hernandez	Female	49	Franklin Sq	NY	233	11:31	00:35:46.98	220	11:22	00:35:21.22	11:26	01:11:08.20
229	526/605	30/33	590	Jo Ellen Elsener	Female	56	Deer Park	NY	205	10:52	00:33:46.84	240	12:04	00:37:30.87	11:28	01:11:17.70
230	528/605	6/10	64	Patricia Bush	Female	59	East Islip	NY	242	12:02	00:37:24.81	211	11:01	00:34:14.24	11:31	01:11:39.00
231	531/605	27/30	142	Kristen Discenza	Female	32	Massapequa	NY	223	11:13	00:34:51.48	235	11:52	00:36:53.23	11:32	01:11:44.70
232	532/605	34/37	132	Gretchen Derov	Female	41	East Meadow	NY	211	10:59	00:34:09.33	243	12:09	00:37:46.59	11:34	01:11:55.90
233	533/605	27/34	10	Michelle Ackerman	Female	50	Farmingdale	NY	222	11:09	00:34:39.89	237	12:00	00:37:17.37	11:34	01:11:57.20
234	536/605	28/30	548	Heather Stone	Female	31	Huntington	NY	237	11:50	00:36:48.85	226	11:31	00:35:48.07	11:41	01:12:36.90
235	538/605	17/18	77	Elizabeth Cashin	Female	28	Bethpage	NY	232	11:30	00:35:45.35	236	11:58	00:37:11.61	11:44	01:12:56.90
236	539/605	16/16	336	Cheryl Mcnally	Female	44	Oceanside	NY	229	11:27	00:35:35.60	238	12:02	00:37:26.29	11:45	01:13:01.80
237	542/605	23/26	293	Norma Leal	Female	39	Brentwood D	NY	236	11:42	00:36:23.60	234	11:50	00:36:46.81	11:46	01:13:10.40
238	543/605	35/37	39	Lynn Bekerman	Female	44	Syosset	NY	240	11:57	00:37:10.54	227	11:35	00:36:00.67	11:46	01:13:11.20
239	544/605	36/37	400	Julie Phillips	Female	43	Hicksville	NY	234	11:31	00:35:46.99	239	12:03	00:37:27.22	11:47	01:13:14.20
240	548/605	24/26	451	Teresa Salvato	Female	38	Oyster Bay	NY	246	12:15	00:38:04.35	232	11:46	00:36:35.35	12:00	01:14:39.70
241	550/605	11/14	240	Rochelle Holden	Female	60	Westbury	NY	241	12:01	00:37:23.10	241	12:05	00:37:33.03	12:03	01:14:56.10
242	551/605	22/23	486	Lilly Spiegel	Female	47	Bellmore	NY	252	12:42	00:39:27.92	228	11:38	00:36:11.60	12:10	01:15:39.50
243	553/605	7/10	466	Christine Schultz	Female	34	Dix Hills	NY	245	12:09	00:37:45.10	244	12:15	00:38:03.86	12:12	01:15:48.90
244	555/605	28/34	637	Laura Monar Schnelle	Female	54	Dix Hills	NY	255	12:49	00:39:50.70	233	11:47	00:36:39.13	12:18	01:16:29.80
245	556/605	2/4	408	Karen Potenza	Female	71	Northport	NY	247	12:17	00:38:10.10	246	12:35	00:39:06.99	12:26	01:17:17.00
246	557/605	8/10	373	Maria Oleary	Female	49	East Meadow	NY	249	12:23	00:38:31.10	245	12:28	00:38:46.80	12:26	01:17:17.90
247	558/605	25/26	212	Mollie Gonzalez	Female	36	Holbrook	NY	248	12:20	00:38:21.35	247	12:37	00:39:13.01	12:29	01:17:34.30
248	560/605	26/26	596	Zoraini Rodriguez	Female	37	Hicksville	NY	250	12:35	00:39:06.75	248	12:39	00:39:21.18	12:37	01:18:27.90
249	561/605	31/33	38	Debbie Bejzak	Female	59	Long Beach	NY	257	13:09	00:40:51.70	242	12:08	00:37:42.11	12:38	01:18:33.80
250	566/605	12/14	430	Stella Ritsos	Female	62	Bayside	NY	238	11:51	00:36:49.73	255	13:51	00:43:02.22	12:51	01:19:51.90
251	567/605	23/23	405	Christine Poplawski	Female	46	Massapequa	NY	251	12:37	00:39:12.52	251	13:36	00:42:17.15	13:06	01:21:29.60
252	569/605	3/4	496	Mickey Stelling	Female	74	East Meadow	NY	256	13:01	00:40:27.50	249	13:22	00:41:34.41	13:12	01:22:01.90

Aspire 10K Run

April 5, 2014

Overall Results - Female

Place	Overall Pic/Total	Div Pic/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	570/605	29/34	497	Barbara Stockman	Female	51	Bay Shore	NY	254	12:46	00:39:41.86	253	13:40	00:42:27.86	13:13	01:22:09.70
254	571/605	9/10	317	Lee Ann March	Female	46	Patchogue	NY	253	12:46	00:39:41.72	254	13:40	00:42:28.11	13:13	01:22:09.80
255	572/605	18/18	586	Ana Rivero	Female	26	Garden City	NY	239	11:52	00:36:52.59	260	14:48	00:46:01.89	13:20	01:22:54.40
256	574/605	13/14	217	Paula Groothuis	Female	64	Albertson	NY	258	13:14	00:41:09.80	250	13:32	00:42:05.56	13:23	01:23:15.30
257	575/605	32/33	266	Shirley Kennedy	Female	55	Lindenhurst	NY	260	13:27	00:41:49.77	252	13:40	00:42:27.84	13:33	01:24:17.60
258	577/605	29/30	416	Maya Ramnath	Female	31	Westbury	NY	261	13:41	00:42:32.61	256	13:51	00:43:03.87	13:46	01:25:36.40
259	580/605	30/30	349	Ruth Mills	Female	30	Merrick	NY	263	14:14	00:44:14.79	257	13:59	00:43:28.52	14:07	01:27:43.30
260	581/605	14/14	170	Linda Fairgrieve	Female	60	Mineola	NY	259	13:26	00:41:44.60	261	14:49	00:46:04.59	14:07	01:27:49.10
261	583/605	10/10	193	Barbara Friel	Female	57	Center Moriches	NY	262	14:04	00:43:43.61	259	14:47	00:45:58.88	14:26	01:29:42.40
262	585/605	30/34	63	Judith Burke	Female	54	Old Bethpage	NY	243	12:07	00:37:38.83	271	17:24	00:54:06.29	14:45	01:31:45.10
263	586/605	31/34	116	Susan Curran	Female	54	Old Bethpage	NY	244	12:07	00:37:39.64	270	17:24	00:54:05.70	14:45	01:31:45.30
264	587/605	32/34	41	Gail Benenson	Female	50	Old Bethpage	NY	265	15:03	00:46:46.87	262	15:17	00:47:29.85	15:10	01:34:16.70
265	588/605	3/3	584	Alison Meyer	Female	12	Plainview	NY	269	15:40	00:48:41.13	258	14:42	00:45:42.87	15:11	01:34:24.00
266	589/605	6/9	164	Patty Elder	Female	65	Sayville	NY	266	15:26	00:47:59.39	263	15:21	00:47:44.20	15:24	01:35:43.50
267	593/605	1/2	181	Alexandra Finger	Female	79	Pearl River	NY	264	14:22	00:44:41.11	269	16:35	00:51:32.14	15:29	01:36:13.20
268	596/605	33/34	968	Maureen Gunderson	Female	54	Medford	NY						15:30	01:36:25.00	
269	598/605	33/33	263	Suzy Kavanagh	Female	55	Woodhaven	NY	268	15:35	00:48:26.48	264	15:55	00:49:27.87	15:45	01:37:54.30
270	599/605	37/37	971	Colleen Kennedy	Female	41	West Babylon	NY	267	15:35	00:48:26.28	265	15:55	00:49:28.28	15:45	01:37:54.50
271	600/605	7/9	428	Doris Reynolds	Female	66	Amityville	NY	270	15:41	00:48:44.97	266	16:02	00:49:49.99	15:51	01:38:34.90
272	601/605	4/4	159	Donna Ehrenberg	Female	71	Huntington	NY						15:58	01:39:16.70	
273	602/605	8/9	222	Donna Hahl	Female	67	Valley Stream	NY						15:58	01:39:17.50	
274	603/605	9/9	318	Nancy Mariano	Female	68	Pt Jefferson Station	NY	271	15:53	00:49:22.80	268	16:04	00:49:55.71	15:58	01:39:18.50
275	604/605	34/34	100	Patricia Conway	Female	51	Port Jefferson	NY	272	15:53	00:49:23.62	267	16:03	00:49:55.12	15:58	01:39:18.70
276	605/605	2/2	220	Ginny Guichard	Female	76	Melville	NY	273	18:23	00:57:08.11	272	20:38	01:04:07.89	19:30	02:01:16.00

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	1/605	1/1	309	Chris Mammone	Male	30	Massapequa	NY	2	5:21	00:16:38.59	1	5:15	00:16:18.91	5:18	00:32:57.50
2	2/605	1/14	396	Michael Petrina	Male	28	Bayport	NY	1	5:18	00:16:30.81	2	5:18	00:16:30.33	5:18	00:33:01.10
3	3/605	1/10	966	Joseph Grieco	Male	22	Massapequa	NY	4	5:24	00:16:46.84	3	5:20	00:16:36.56	5:22	00:33:23.40
4	4/605	1/1	74	Boyd Carrington	Male	41	Amityville	NY	5	5:25	00:16:52.15	4	5:21	00:16:37.99	5:23	00:33:30.10
5	6/605	2/10	200	Dan Gargaro	Male	24	Bay Shore	NY	3	5:21	00:16:39.15	5	5:31	00:17:11.19	5:26	00:33:50.30
6	7/605	1/26	135	Franklin Diaz	Male	30	Farmingdale	NY	6	5:25	00:16:52.55	6	5:41	00:17:41.59	5:33	00:34:34.10
7	8/605	3/10	18	Billy Allen	Male	23	Farmingdale	NY	7	5:32	00:17:14.60	11	5:51	00:18:11.49	5:42	00:35:26.00
8	9/605	1/33	361	Timothy Murphy	Male	42	Ronkonkoma	NY	8	5:45	00:17:53.57	8	5:46	00:17:56.47	5:45	00:35:50.00
9	10/605	2/33	126	Robis Degirmenci	Male	44	Port Washington	NY	11	5:49	00:18:06.56	7	5:44	00:17:51.19	5:47	00:35:57.70
10	11/605	2/26	485	Ryan Soltan	Male	30	Holbrook	NY	10	5:48	00:18:01.74	10	5:51	00:18:11.02	5:49	00:36:12.70
11	12/605	3/33	442	Todd Rowley	Male	44	Huntington	NY	9	5:48	00:18:01.32	13	5:52	00:18:15.58	5:50	00:36:16.90
12	13/605	1/39	221	Keith Guilfoyle	Male	47	Commack	NY	12	5:53	00:18:16.98	9	5:49	00:18:04.90	5:51	00:36:21.80
13	14/605	4/10	32	Carlo Balbo	Male	24	Malverne	NY	14	5:55	00:18:25.30	12	5:51	00:18:12.01	5:53	00:36:37.30
14	15/605	3/26	575	Matthew Wontz	Male	30	Bethpage	NY	13	5:53	00:18:18.32	14	5:55	00:18:25.69	5:54	00:36:44.00
15	16/605	1/18	501	Michael Talles	Male	37	Bellmore	NY	17	6:09	00:19:08.79	15	6:02	00:18:46.11	6:06	00:37:54.90
16	18/605	2/18	387	Jimmy Peck	Male	38	Huntington St	NY	16	6:05	00:18:54.32	22	6:19	00:19:38.99	6:12	00:38:33.30
17	19/605	1/50	122	Chris Daily	Male	54	Farmingdale	NY	20	6:16	00:19:28.71	16	6:12	00:19:16.94	6:14	00:38:45.60
18	20/605	2/50	2	Patrick Petersen	Male	54	East Islip	NY	21	6:16	00:19:29.32	17	6:13	00:19:21.69	6:15	00:38:51.00
19	21/605	3/18	224	Trent Hampton	Male	35	West Babylon	NY	18	6:12	00:19:17.57	23	6:20	00:19:40.93	6:16	00:38:58.50
20	22/605	3/50	465	Bill Schroeder	Male	53	Garden City	NY	24	6:19	00:19:39.50	18	6:14	00:19:24.46	6:17	00:39:03.90
21	23/605	2/39	633	Kieran Gibbons	Male	49	Northport	NY	23	6:19	00:19:38.69	19	6:18	00:19:34.96	6:18	00:39:13.60
22	24/605	1/55	432	Michael Robles	Male	55	Smithtown	NY	25	6:19	00:19:40.65	21	6:19	00:19:37.91	6:19	00:39:18.50
23	25/605	4/26	960	Steven Cuomo	Male	31	Shirley	NY	19	6:12	00:19:17.65	34	6:29	00:20:10.23	6:21	00:39:27.80
24	26/605	1/14	566	Chris Webber	Male	62	Sayville	NY	28	6:22	00:19:48.82	24	6:21	00:19:44.74	6:21	00:39:33.50
25	27/605	3/39	602	Steven Schmidt	Male	48	Greenlawn	NY	26	6:20	00:19:40.92	27	6:24	00:19:53.45	6:22	00:39:34.30
26	30/605	4/39	512	Stephen Uresk	Male	45	Greenlawn	NY	34	6:28	00:20:06.66	20	6:18	00:19:34.99	6:23	00:39:41.60
27	32/605	4/33	519	Jeffrey Votteler	Male	42	Manorville	NY	29	6:23	00:19:50.70	29	6:26	00:19:59.90	6:24	00:39:50.60
28	33/605	5/33	178	Rob Festa	Male	42	Lindenhurst	NY	33	6:26	00:20:01.69	28	6:24	00:19:54.71	6:25	00:39:56.40
29	34/605	2/55	123	Ned Daily	Male	56	Garden City	NY	30	6:23	00:19:51.31	32	6:28	00:20:06.60	6:25	00:39:57.90
30	36/605	4/18	303	Carl Lorenz	Male	35	Wantagh	NY	37	6:31	00:20:16.53	26	6:22	00:19:49.11	6:27	00:40:05.60
31	37/605	2/14	385	Joshua Parsons	Male	29	Lynbrook	NY	31	6:24	00:19:55.57	35	6:29	00:20:10.88	6:27	00:40:06.40
32	38/605	6/33	157	Christopher Dycka	Male	42	Holtsville	NY	32	6:26	00:20:00.57	37	6:32	00:20:20.08	6:29	00:40:20.60
33	39/605	5/18	134	Richard Diamond	Male	38	Plainview	NY	43	6:37	00:20:35.45	25	6:22	00:19:48.87	6:30	00:40:24.30
34	40/605	5/39	128	Chris Delmedico	Male	47	Commack	NY	35	6:29	00:20:11.25	36	6:30	00:20:14.40	6:30	00:40:25.60
35	43/605	5/26	593	Ronald Joseph	Male	30	Far Rockaway	NY	22	6:18	00:19:36.56	43	6:46	00:21:03.17	6:32	00:40:39.70
36	44/605	6/39	601	Wayne Loveland	Male	45	Islip	NY	44	6:38	00:20:38.50	30	6:27	00:20:03.88	6:33	00:40:42.30

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	45/605	6/26	216	Louis Green	Male	34	Woodmere	NY	45	6:41	00:20:46.23	31	6:28	00:20:06.09	6:34	00:40:52.30
38	46/605	6/18	531	Steven Weiss	Male	37	Plainview	NY	40	6:32	00:20:18.32	38	6:37	00:20:35.83	6:34	00:40:54.10
39	47/605	7/33	576	Guy Leibstein	Male	44	Babylon	NY	39	6:32	00:20:18.17	39	6:40	00:20:43.89	6:36	00:41:02.00
40	48/605	8/33	507	Steven Toto	Male	40	Commack	NY	36	6:30	00:20:13.65	40	6:43	00:20:52.48	6:36	00:41:06.10
41	50/605	3/55	523	Jon Wallach	Male	57	Levittown	NY	42	6:36	00:20:30.77	45	6:46	00:21:04.38	6:41	00:41:35.10
42	51/605	4/55	184	Bill Fisher	Male	59	Levittown	NY	38	6:31	00:20:17.68	57	6:54	00:21:28.48	6:43	00:41:46.10
43	52/605	7/26	616	Tristan Brown	Male	30	Long Beach	NY	67	6:57	00:21:37.70	33	6:29	00:20:10.01	6:43	00:41:47.70
44	53/605	7/39	92	Brian Cloherty	Male	45	Roslyn Heights	NY	41	6:32	00:20:20.41	58	6:54	00:21:28.71	6:43	00:41:49.10
45	54/605	5/10	476	Ryan Siebert	Male	22	Patchogue	NY	15	6:02	00:18:47.66	96	7:25	00:23:05.50	6:44	00:41:53.10
46	57/605	3/14	358	Taylor Mucaria	Male	26	Richmond Hill	NY	53	6:49	00:21:11.54	41	6:44	00:20:57.05	6:46	00:42:08.50
47	58/605	8/26	36	Matthew Baudier	Male	33	Northport	NY	50	6:48	00:21:08.59	42	6:45	00:21:00.81	6:47	00:42:09.40
48	59/605	5/55	179	Tod Fichtelberg	Male	55	Kings Park	NY	47	6:45	00:20:59.45	50	6:50	00:21:14.42	6:47	00:42:13.80
49	60/605	6/55	570	Diego Ferreyra	Male	55	New York	NY	48	6:46	00:21:01.49	49	6:49	00:21:13.39	6:47	00:42:14.80
50	61/605	4/50	47	Paul Bonanni	Male	53	Selden	NY	54	6:49	00:21:13.71	44	6:46	00:21:03.20	6:48	00:42:16.90
51	62/605	8/39	517	Arthur Vendryes	Male	45	Brooklyn	NY	56	6:50	00:21:15.93	46	6:46	00:21:04.45	6:48	00:42:20.30
52	63/605	5/50	237	William Herbert	Male	54	Smithtown	NY	58	6:51	00:21:19.18	48	6:49	00:21:10.95	6:50	00:42:30.10
53	64/605	9/33	557	Paul Giuliani	Male	44	E.northport	NY	46	6:43	00:20:55.19	64	6:58	00:21:39.18	6:51	00:42:34.30
54	65/605	9/26	324	Nathan Matsui	Male	34	Huntington Station	NY	60	6:52	00:21:21.82	51	6:50	00:21:15.81	6:51	00:42:37.60
55	67/605	9/39	626	Keith Ferrara	Male	48	Farmingdale	NY	66	6:55	00:21:31.61	47	6:48	00:21:08.44	6:51	00:42:40.00
56	68/605	7/55	143	Patrick Diskin	Male	58	Mineola	NY	65	6:53	00:21:26.29	52	6:51	00:21:19.37	6:52	00:42:45.60
57	70/605	10/33	242	Lance Homan	Male	41	Medford	NY	64	6:53	00:21:24.58	55	6:53	00:21:25.59	6:53	00:42:50.10
58	71/605	10/39	609	John Infranca	Male	47	Glen Cove	NY	55	6:50	00:21:15.70	63	6:57	00:21:36.32	6:53	00:42:52.00
59	72/605	8/55	235	Timothy Healy	Male	58	Syosset	NY	62	6:52	00:21:22.43	62	6:56	00:21:33.87	6:54	00:42:56.30
60	73/605	11/39	192	Eric Friedman	Male	48	Merrick	NY	51	6:48	00:21:10.43	68	7:00	00:21:46.88	6:54	00:42:57.30
61	75/605	1/13	464	Jared Schneider	Male	34	Stony Brook	NY	71	6:58	00:21:40.82	53	6:52	00:21:21.56	6:55	00:43:02.30
62	76/605	10/26	581	Robbie Rex	Male	32	Islip Terrace	NY	70	6:58	00:21:40.69	56	6:53	00:21:25.95	6:56	00:43:06.60
63	77/605	9/55	113	Alex Cuzzo	Male	56	Bellmore	NY	68	6:57	00:21:38.70	59	6:54	00:21:28.71	6:56	00:43:07.40
64	78/605	11/26	155	David Drebsky	Male	33	Plainview	NY	57	6:51	00:21:18.96	71	7:01	00:21:50.93	6:56	00:43:09.80
65	80/605	6/50	53	K.c. Brett	Male	53	Port Jefferson Sta.	NY	61	6:52	00:21:22.21	69	7:01	00:21:49.30	6:57	00:43:11.50
66	81/605	7/50	615	Bernardo Castellanos	Male	50	Brooklyn	NY	63	6:53	00:21:23.42	72	7:02	00:21:52.14	6:57	00:43:15.50
67	82/605	11/33	641	Hector Jaramillo	Male	42	Baldwin	NY	74	7:00	00:21:45.15	61	6:55	00:21:32.44	6:58	00:43:17.50
68	83/605	12/39	352	Robert Mittleman	Male	49	Syosset	NY	69	6:57	00:21:38.72	66	6:58	00:21:40.28	6:58	00:43:19.00
69	84/605	13/39	307	Steven Lutz	Male	46	Melville	NY	59	6:52	00:21:21.15	77	7:07	00:22:07.51	6:59	00:43:28.60
70	86/605	10/55	302	Ronald Lipsky	Male	58	Franklin Square	NY	73	6:59	00:21:44.22	70	7:01	00:21:49.79	7:00	00:43:34.00
71	87/605	11/55	539	Jerry Wosleger	Male	55	Rockville Centre	NY	88	7:13	00:22:26.46	54	6:53	00:21:23.95	7:03	00:43:50.40
72	88/605	6/10	529	Louden Webster	Male	21	Smithtown	NY	80	7:08	00:22:12.45	67	6:58	00:21:41.69	7:03	00:43:54.10

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	89/605	12/55	29	Mike Baard	Male	58	Merrick	NY	72	6:58	00:21:41.14	79	7:09	00:22:15.22	7:04	00:43:56.30
74	90/605	1/3	376	John O'neill	Male	13	Center Moriches	NY	82	7:10	00:22:18.13	65	6:58	00:21:39.48	7:04	00:43:57.60
75	91/605	1/10	91	John Clifford	Male	52	Seaford	NY	76	7:03	00:21:56.81	75	7:06	00:22:05.26	7:05	00:44:02.00
76	92/605	12/33	636	Jason Israel	Male	44	Syosset	NY	75	7:01	00:21:48.47	80	7:09	00:22:15.42	7:05	00:44:03.80
77	93/605	4/14	73	Andrew Carrig	Male	27	North Babylon	NY	91	7:17	00:22:38.27	60	6:54	00:21:28.87	7:05	00:44:07.10
78	95/605	8/50	328	Bill Mazza	Male	51	West Gilgo Beach	NY	78	7:04	00:21:59.48	83	7:11	00:22:20.62	7:08	00:44:20.10
79	96/605	12/26	310	Michael Mandato	Male	34	Northport	NY	83	7:10	00:22:18.53	74	7:05	00:22:02.38	7:08	00:44:20.90
80	98/605	14/39	452	James Sanderson	Male	48	Nesconset	NY	89	7:13	00:22:26.86	73	7:04	00:21:59.05	7:09	00:44:25.90
81	99/605	9/50	639	Jeff Berg	Male	51	Westbury	NY	81	7:10	00:22:17.73	78	7:09	00:22:14.73	7:10	00:44:32.40
82	100/605	7/18	55	Romulo Brito	Male	36	Hempsteda	NY	79	7:08	00:22:11.57	84	7:13	00:22:27.38	7:11	00:44:38.90
83	101/605	10/50	333	Terence McCormick	Male	53	Lindenhurst	NY	86	7:12	00:22:22.81	82	7:11	00:22:19.35	7:11	00:44:42.10
84	103/605	11/50	281	Kurt Laforest	Male	53	Middle Island	NY	84	7:11	00:22:19.71	85	7:14	00:22:28.57	7:12	00:44:48.20
85	105/605	2/10	433	David Rockitter	Male	51	Wantagh	NY	77	7:04	00:21:59.27	93	7:24	00:23:02.23	7:14	00:45:01.50
86	106/605	13/26	46	Daniel Boline	Male	33	Port Jefferson Stati	NY	49	6:47	00:21:07.58	116	7:42	00:23:57.97	7:15	00:45:05.50
87	107/605	1/4	227	Erik Hansen	Male	16	Centerport	NY	98	7:26	00:23:07.78	76	7:06	00:22:06.32	7:16	00:45:14.10
88	108/605	2/14	618	Jay Byrne	Male	60	Massapequa	NY	90	7:16	00:22:35.00	88	7:19	00:22:45.78	7:17	00:45:20.70
89	110/605	1/12	509	Joe Tumbarello	Male	70	Glen Cove	NY	87	7:12	00:22:24.30	94	7:25	00:23:04.36	7:19	00:45:28.60
90	112/605	13/33	589	Matthew Conroy	Male	44	Garden City	NY	85	7:11	00:22:20.73	99	7:29	00:23:16.68	7:20	00:45:37.40
91	114/605	5/14	188	Curtis Fotiades	Male	27	Port Jefferson	NY	94	7:23	00:22:58.22	87	7:18	00:22:41.84	7:20	00:45:40.00
92	117/605	2/4	958	Joseph Choinski	Male	19	E.northport	NY	97	7:25	00:23:04.82	92	7:24	00:23:00.20	7:24	00:46:05.00
93	120/605	8/18	382	Joseph Pappalardo	Male	36	N. Massapequa	NY	125	7:44	00:24:02.47	81	7:09	00:22:15.45	7:27	00:46:17.90
94	121/605	12/50	306	Andrew Lupu	Male	52	North Bellmore	NY	92	7:20	00:22:49.26	105	7:33	00:23:29.91	7:27	00:46:19.10
95	122/605	14/33	374	Tim Oleary	Male	44	East Meadow	NY	111	7:33	00:23:30.35	89	7:21	00:22:52.32	7:27	00:46:22.60
96	123/605	15/33	491	Michael Starr	Male	44	Plainview	NY	95	7:24	00:23:00.83	104	7:31	00:23:23.48	7:28	00:46:24.30
97	125/605	13/50	354	Bob Monaco	Male	50	Woodbury	NY	108	7:33	00:23:27.73	91	7:23	00:22:59.19	7:28	00:46:26.90
98	126/605	15/39	278	Christopher Lacey	Male	47	Nesconset	NY	112	7:34	00:23:31.56	90	7:23	00:22:56.41	7:28	00:46:27.90
99	128/605	6/14	506	Ruben Torres	Male	27	Flushing	NY	100	7:27	00:23:11.82	101	7:30	00:23:21.03	7:29	00:46:32.80
100	130/605	16/39	19	Fred Altrui	Male	49	Patchogue	NY	109	7:33	00:23:28.73	97	7:26	00:23:08.36	7:30	00:46:37.00
101	132/605	14/50	269	Konrad Klechta	Male	52	Copiague	NY	105	7:31	00:23:24.36	100	7:29	00:23:16.80	7:30	00:46:41.10
102	133/605	16/33	508	Robert Trefcer	Male	44	Bellmore	NY	102	7:30	00:23:20.19	102	7:31	00:23:21.98	7:30	00:46:42.10
103	134/605	13/55	335	Brian Mcnally	Male	55	Northport	NY	114	7:34	00:23:33.19	98	7:27	00:23:09.98	7:31	00:46:43.10
104	135/605	17/39	165	Paul Englehart	Male	48	Baldwin	NY	128	7:46	00:24:09.57	86	7:15	00:22:34.22	7:31	00:46:43.70
105	136/605	18/39	571	Michael Russell	Male	48	Nesconset	NY	96	7:25	00:23:03.49	108	7:37	00:23:42.93	7:31	00:46:46.40
106	138/605	14/55	369	Joseph Ninesling	Male	59	Amityville	NY	110	7:33	00:23:29.57	103	7:31	00:23:23.10	7:32	00:46:52.60
107	139/605	15/55	969	Brian Gunderson	Male	55	Medford	NY	99	7:26	00:23:07.99	111	7:39	00:23:46.18	7:32	00:46:54.10
108	140/605	17/33	308	Pete Mahnken	Male	41	Bayside	NY	93	7:23	00:22:56.80	117	7:43	00:24:01.03	7:33	00:46:57.80

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
109	142/605	15/50	228	Flemming Hansen	Male	50	Centerport	NY	101	7:28	00:23:12.82	114	7:41	00:23:53.85	7:34	00:47:06.60
110	143/605	16/50	245	Michael Hunter	Male	52	N. Merrick	NY	104	7:31	00:23:23.24	109	7:38	00:23:43.93	7:34	00:47:07.10
111	147/605	16/55	279	Louis Lafleur	Male	58	Holbrook	NY	106	7:32	00:23:27.11	115	7:42	00:23:56.90	7:37	00:47:24.00
112	148/605	7/14	78	Danny Castellano	Male	25	Ridge	NY	113	7:34	00:23:31.77	113	7:41	00:23:53.05	7:37	00:47:24.80
113	149/605	19/39	223	Paul Hammond	Male	46	North Merrick	NY	103	7:31	00:23:22.57	119	7:44	00:24:04.35	7:38	00:47:26.90
114	150/605	18/33	498	Jason Straus	Male	40	Plainview	NY	116	7:35	00:23:36.22	112	7:40	00:23:51.63	7:38	00:47:27.80
115	151/605	17/50	95	Dave Coletti	Male	54	Dix Hills	NY	107	7:33	00:23:27.53	118	7:44	00:24:01.89	7:38	00:47:29.40
116	153/605	1/16	252	Barry Jerson	Male	66	Plainview	NY	119	7:40	00:23:51.83	106	7:37	00:23:40.48	7:39	00:47:32.30
117	154/605	18/50	565	Neil Ferrara	Male	52	Oceanside	NY	118	7:40	00:23:49.58	110	7:38	00:23:45.59	7:39	00:47:35.10
118	155/605	19/50	176	Frank Favilla	Male	51	Bethpage	NY	123	7:43	00:23:59.40	107	7:37	00:23:42.27	7:40	00:47:41.60
119	159/605	3/10	190	Paul Franciotti	Male	59	East Meadow	NY	115	7:35	00:23:33.79	122	7:47	00:24:13.57	7:41	00:47:47.30
120	160/605	14/26	619	Nick Teslik	Male	32	Hoboken	NJ	141	8:00	00:24:51.58	95	7:25	00:23:04.52	7:42	00:47:56.10
121	163/605	2/3	460	Christian Schiavone	Male	13	Plainview	NY	127	7:46	00:24:08.95	120	7:46	00:24:09.47	7:46	00:48:18.40
122	165/605	2/13	254	Rick Johnson	Male	56	Kings Park	NY	124	7:43	00:23:59.81	125	7:51	00:24:25.91	7:47	00:48:25.70
123	167/605	17/55	248	Peter Inserra	Male	56	Fort Salonga	NY	132	7:51	00:24:24.33	121	7:46	00:24:10.59	7:49	00:48:34.90
124	171/605	2/16	312	Austin Manghan	Male	65	Shoreham	NY	126	7:45	00:24:06.92	130	7:57	00:24:43.17	7:51	00:48:50.00
125	172/605	19/33	403	Gary Plotkin	Male	40	Manhasset	NY	133	7:52	00:24:28.27	124	7:50	00:24:23.24	7:51	00:48:51.50
126	173/605	18/55	334	James Mcfarlane	Male	58	Ridgewood	NY	121	7:42	00:23:57.85	137	8:01	00:24:55.07	7:51	00:48:52.90
127	176/605	3/14	171	Scott Fairgrieve	Male	63	Mineola	NY	135	7:53	00:24:32.13	127	7:52	00:24:28.29	7:53	00:49:00.40
128	177/605	9/18	291	Alberto Leal	Male	39	Brentwood	NY	117	7:35	00:23:36.42	149	8:11	00:25:26.04	7:53	00:49:02.40
129	178/605	4/10	606	Barry Molof	Male	34	Plainview	NY	140	7:58	00:24:46.57	123	7:50	00:24:22.57	7:54	00:49:09.10
130	179/605	20/39	28	Lance Axelrod	Male	49	Merrick	NY	129	7:47	00:24:13.84	138	8:01	00:24:56.92	7:54	00:49:10.70
131	180/605	19/55	84	Stephen Cipot Iii	Male	56	Garden City Park	NY	137	7:54	00:24:34.56	129	7:55	00:24:38.36	7:55	00:49:12.90
132	181/605	20/33	298	Rob Levy	Male	42	Plainview	NY	131	7:50	00:24:21.16	136	8:00	00:24:52.01	7:55	00:49:13.10
133	182/605	20/55	305	Michael Ludwig	Male	59	Rockville Centre	NY	120	7:41	00:23:52.68	147	8:10	00:25:24.98	7:55	00:49:17.60
134	184/605	8/14	191	Marc Frenkel	Male	28	North Woodmere	NY	130	7:48	00:24:15.67	143	8:08	00:25:17.02	7:58	00:49:32.60
135	185/605	20/50	614	Edward Marian	Male	53	Huntington St	NY	139	7:58	00:24:45.56	135	7:59	00:24:51.11	7:59	00:49:36.60
136	189/605	21/33	37	Benjamin Beavers	Male	40	North Amityville	NY	122	7:43	00:23:59.20	156	8:20	00:25:54.63	8:01	00:49:53.80
137	190/605	21/39	638	Andrew Pesner	Male	46	Melville	NY	150	8:11	00:25:26.71	126	7:52	00:24:27.46	8:01	00:49:54.10
138	191/605	21/55	323	Frank Martinez	Male	57	Commack	NY	138	7:55	00:24:35.99	148	8:10	00:25:25.14	8:02	00:50:01.10
139	193/605	22/55	106	Jerry Crennan	Male	56	Patchogue	NY	158	8:16	00:25:42.55	128	7:52	00:24:28.33	8:04	00:50:10.80
140	194/605	2/12	587	Maury Dean	Male	71	Patchogue	NY	145	8:02	00:24:59.39	141	8:06	00:25:11.89	8:04	00:50:11.20
141	195/605	7/10	215	Peter Gorski	Male	21	Brooklyn	NY	149	8:10	00:25:24.58	133	7:58	00:24:47.31	8:04	00:50:11.80
142	197/605	21/50	246	Dean Hutchinson	Male	52	Long Beach	NY	153	8:12	00:25:28.73	132	7:58	00:24:46.59	8:05	00:50:15.30
143	199/605	22/39	150	James Donnelly	Male	47	Stony Brook	NY	155	8:14	00:25:36.44	131	7:57	00:24:44.23	8:06	00:50:20.60
144	200/605	3/12	186	Michael Floman	Male	70	Bayside	NY	146	8:05	00:25:08.55	144	8:08	00:25:18.94	8:07	00:50:27.40

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	201/605	10/18	68	Marvin Canita	Male	37	East Meadow	NY	159	8:16	00:25:42.79	134	7:59	00:24:48.79	8:07	00:50:31.50
146	203/605	5/10	60	Alex Bryer	Male	29	Rego Park	NY	152	8:12	00:25:28.73	139	8:05	00:25:08.13	8:08	00:50:36.80
147	204/605	22/50	208	Daniel Goldstein	Male	52	Huntington St	NY	143	8:01	00:24:55.13	154	8:16	00:25:42.54	8:08	00:50:37.60
148	207/605	15/26	976	Ed Rambarran	Male	31	Middle Island	NY	154	8:13	00:25:32.79	140	8:05	00:25:09.34	8:09	00:50:42.10
149	209/605	23/55	392	Eric Perrotta	Male	58	Massapequa	NY	134	7:52	00:24:28.87	163	8:27	00:26:15.69	8:09	00:50:44.50
150	210/605	23/39	481	Robert Smith	Male	45	Northport	NY	142	8:00	00:24:51.84	157	8:21	00:25:56.99	8:10	00:50:48.80
151	211/605	23/50	513	Victor Usack	Male	54	Patchogue	NY	136	7:54	00:24:33.82	175	8:33	00:26:35.31	8:13	00:51:09.10
152	212/605	9/14	141	Frank Dirocco	Male	27	South Huntington	NY	157	8:15	00:25:39.49	150	8:12	00:25:31.06	8:14	00:51:10.50
153	215/605	16/26	505	Peter Tonna	Male	32	Huntington Station	NY	160	8:16	00:25:43.56	153	8:14	00:25:37.56	8:15	00:51:21.10
154	216/605	17/26	347	Rob Miller	Male	34	Wantagh	NY	148	8:08	00:25:17.11	160	8:24	00:26:07.04	8:16	00:51:24.10
155	217/605	24/39	521	Ben Walden	Male	46	Centerport	NY	144	8:02	00:24:58.33	168	8:30	00:26:26.24	8:16	00:51:24.50
156	218/605	11/18	547	Mike Whitman	Male	37	Hicksville	NY	167	8:26	00:26:14.83	142	8:07	00:25:15.82	8:17	00:51:30.60
157	222/605	18/26	153	George Drakatos	Male	34	Bethpage	NY	169	8:29	00:26:22.83	145	8:09	00:25:20.35	8:19	00:51:43.10
158	223/605	24/55	591	Robert Elsener	Male	59	East Northport	NY	147	8:06	00:25:11.90	174	8:32	00:26:33.53	8:19	00:51:45.40
159	224/605	24/50	594	Steven Fischbach	Male	50	Lake Ronkonkoma	NY	161	8:18	00:25:49.27	159	8:23	00:26:05.13	8:21	00:51:54.40
160	228/605	25/39	377	Richard O'neill	Male	47	Center Moriches	NY	163	8:23	00:26:03.83	162	8:26	00:26:15.15	8:25	00:52:18.90
161	229/605	3/16	194	David Frisone	Male	69	New Hyde Park	NY	151	8:11	00:25:27.93	179	8:38	00:26:51.25	8:25	00:52:19.10
162	230/605	4/14	255	Steve Jonas	Male	62	Woodbury	NY	168	8:28	00:26:19.17	158	8:23	00:26:04.75	8:25	00:52:23.90
163	231/605	25/50	399	Tony Pezzano	Male	50	Huntington	NY	164	8:25	00:26:09.20	166	8:27	00:26:18.09	8:26	00:52:27.20
164	232/605	26/50	76	Michael Casale	Male	53	North Bellmore	NY	183	8:43	00:27:05.78	146	8:10	00:25:24.40	8:26	00:52:30.10
165	234/605	27/50	364	Harlan Nebenhaus	Male	54	Manhasset	NY	172	8:30	00:26:26.94	164	8:27	00:26:16.19	8:29	00:52:43.10
166	235/605	25/55	1	Glen Wolther	Male	57	Woodbury	NY	175	8:32	00:26:31.38	161	8:26	00:26:13.16	8:29	00:52:44.50
167	236/605	1/6	226	Jack Hanley	Male	78	Babylon	NY	184	8:44	00:27:08.22	152	8:14	00:25:36.46	8:29	00:52:44.60
168	238/605	28/50	61	Martin Buchman	Male	54	Setauket	NY	174	8:32	00:26:30.83	165	8:27	00:26:16.54	8:29	00:52:47.30
169	239/605	26/55	384	Russell Parker	Male	58	East Northport	NY	170	8:29	00:26:23.33	167	8:29	00:26:24.44	8:29	00:52:47.70
170	240/605	10/14	282	James Lally	Male	28	Port Washington	NY	185	8:46	00:27:14.82	151	8:13	00:25:33.57	8:29	00:52:48.30
171	241/605	27/55	147	Daniel Doman	Male	57	Dix Hills	NY	165	8:26	00:26:12.33	177	8:34	00:26:37.85	8:30	00:52:50.10
172	242/605	28/55	368	Ray Nieves	Male	56	Westbury	NY	182	8:42	00:27:01.89	155	8:18	00:25:50.29	8:30	00:52:52.10
173	244/605	3/13	605	George Lira	Male	64	Southampton	NY	162	8:21	00:25:58.44	184	8:41	00:26:59.95	8:31	00:52:58.30
174	246/605	4/13	33	Richard Barkan	Male	49	Long Beach	NY	176	8:34	00:26:38.82	172	8:31	00:26:28.30	8:32	00:53:07.10
175	249/605	5/13	551	John Stauber	Male	53	Massapequa	NY	180	8:37	00:26:48.48	170	8:31	00:26:27.95	8:34	00:53:16.40
176	254/605	22/33	410	William Provoncha	Male	41	Bethpage	NY	156	8:15	00:25:38.66	202	8:56	00:27:47.27	8:35	00:53:25.90
177	255/605	26/39	545	Howie Zwang	Male	47	Great Neck	NY	177	8:34	00:26:38.83	181	8:40	00:26:57.94	8:37	00:53:36.70
178	257/605	29/50	25	John Arnold	Male	52	North Massapequa	NY	171	8:30	00:26:26.32	192	8:49	00:27:24.66	8:39	00:53:50.90
179	258/605	30/50	404	Carson Pohlman	Male	52	St James	NY	189	8:50	00:27:27.90	171	8:31	00:26:27.96	8:40	00:53:55.80
180	259/605	23/33	975	Joshua Perez	Male	40	Ronkonkoma	NY	173	8:31	00:26:30.34	194	8:50	00:27:27.34	8:41	00:53:57.60

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	262/605	29/55	366	Paul Nelson	Male	59	St. James	NY	178	8:36	00:26:45.58	191	8:49	00:27:24.08	8:42	00:54:09.60
182	263/605	19/26	502	Jose Terrenate	Male	33	Plainview	NY	196	8:55	00:27:42.58	169	8:30	00:26:27.60	8:43	00:54:10.10
183	266/605	31/50	625	Michael Garone	Male	53	Commack	NY	188	8:48	00:27:23.58	182	8:40	00:26:58.65	8:44	00:54:22.20
184	267/605	30/55	225	Philip Handy	Male	59	Syosset	NY	179	8:37	00:26:48.28	198	8:53	00:27:37.90	8:45	00:54:26.10
185	268/605	27/39	43	Mark Bernstein	Male	47	Melville	NY	181	8:42	00:27:01.88	193	8:49	00:27:26.07	8:45	00:54:27.90
186	269/605	32/50	67	Vincent Cagna	Male	50	Moriches	NY	190	8:52	00:27:33.30	183	8:41	00:26:59.07	8:46	00:54:32.30
187	270/605	20/26	560	Michael Franchi	Male	31	Lake Ronkonkoma	NY	166	8:26	00:26:12.58	215	9:07	00:28:21.03	8:46	00:54:33.60
188	271/605	31/55	219	Bill Guichard	Male	58	Melville	NY	203	9:01	00:28:01.83	176	8:33	00:26:35.35	8:47	00:54:37.10
189	272/605	32/55	311	Charles Mandelbaum	Male	57	Great Neck	NY	186	8:47	00:27:17.57	197	8:51	00:27:32.86	8:49	00:54:50.40
190	274/605	33/50	94	Neil Cohen	Male	50	Roslyn	NY	195	8:54	00:27:41.55	186	8:46	00:27:17.21	8:50	00:54:58.70
191	275/605	21/26	284	Thomas Lally	Male	30	Floral Park	NY	191	8:54	00:27:39.33	189	8:48	00:27:20.86	8:51	00:55:00.10
192	276/605	12/18	283	Jeremy Lally	Male	38	Hauppauge	NY	194	8:54	00:27:40.83	188	8:47	00:27:19.56	8:51	00:55:00.30
193	279/605	22/26	86	Stephen Clacherty	Male	31	Mineola	NY	220	9:13	00:28:39.90	173	8:32	00:26:31.78	8:52	00:55:11.60
194	282/605	28/39	444	Samuel Rudman	Male	46	Melville	NY	187	8:48	00:27:23.58	205	8:57	00:27:50.84	8:53	00:55:14.40
195	283/605	13/18	249	John Irwin	Male	39	Smithtown	NY	200	8:58	00:27:52.93	190	8:48	00:27:23.31	8:53	00:55:16.20
196	284/605	6/13	45	James Blaeser	Male	34	Plainview	NY	215	9:09	00:28:26.33	180	8:38	00:26:51.32	8:53	00:55:17.60
197	287/605	4/16	271	Richard Kleiman	Male	67	Plainview	NY	199	8:58	00:27:52.33	195	8:50	00:27:28.10	8:54	00:55:20.40
198	289/605	5/16	344	Christopher Miceli	Male	68	Williston Park	NY	193	8:54	00:27:40.74	200	8:55	00:27:43.83	8:55	00:55:24.50
199	291/605	7/13	494	Robert Stefanik	Male	48	Garden City	NY	202	9:00	00:28:00.71	196	8:50	00:27:29.34	8:55	00:55:30.00
200	292/605	24/33	595	Bob Barnes	Male	44	Bayshore	NY	224	9:16	00:28:48.59	178	8:36	00:26:43.69	8:56	00:55:32.20
201	293/605	34/50	120	Robert Dagnell	Male	53	East Meadow	NY	201	8:59	00:27:56.85	199	8:55	00:27:42.33	8:57	00:55:39.10
202	294/605	35/50	367	Bill Niedfeld	Male	54	Seaford	NY	192	8:54	00:27:39.83	209	9:00	00:28:00.77	8:57	00:55:40.60
203	297/605	33/55	117	Charles Cusenza	Male	57	Syosset	NY	205	9:03	00:28:07.30	203	8:56	00:27:47.53	8:59	00:55:54.80
204	301/605	6/16	330	Peter Mcatee	Male	68	Massapequa	NY	213	9:07	00:28:22.29	206	8:58	00:27:52.63	9:03	00:56:14.90
205	302/605	36/50	610	Robert Spagnuolo	Male	54	Plainview	NY	211	9:04	00:28:12.52	211	9:01	00:28:03.41	9:03	00:56:15.90
206	305/605	34/55	27	Richard Aubain	Male	58	Hicksville	NY	235	9:26	00:29:19.94	185	8:44	00:27:09.18	9:05	00:56:29.10
207	306/605	25/33	357	Nicholas Moustouka	Male	43	Dix Hills	NY	221	9:14	00:28:42.84	204	8:57	00:27:49.32	9:05	00:56:32.10
208	307/605	7/16	543	Perry Zeichner	Male	65	Brightwaters	NY	206	9:03	00:28:09.59	216	9:10	00:28:29.29	9:06	00:56:38.80
209	309/605	26/33	265	Michael Kennedy	Male	41	Brentwood	NY	218	9:11	00:28:33.91	213	9:03	00:28:10.02	9:07	00:56:43.90
210	312/605	37/50	327	Robert Mayer	Male	54	Douglaston	NY	223	9:16	00:28:47.78	208	9:00	00:28:00.01	9:08	00:56:47.70
211	313/605	35/55	426	Larry Reiterr	Male	59	Babylon	NY	198	8:57	00:27:50.74	223	9:20	00:29:00.70	9:08	00:56:51.40
212	314/605	27/33	345	Eric Miller	Male	43	Sewickley	PA	229	9:22	00:29:07.33	201	8:56	00:27:46.79	9:09	00:56:54.10
213	318/605	23/26	40	Gregory Belzer	Male	33	Wilkes Barre	PA	210	9:04	00:28:12.52	217	9:15	00:28:45.67	9:10	00:56:58.10
214	320/605	38/50	515	Chuck Van Houten	Male	52	Centerport	NY	243	9:36	00:29:49.84	187	8:47	00:27:17.84	9:11	00:57:07.60
215	327/605	14/18	640	Adam Algaze	Male	39	Bellmore	NY	214	9:08	00:28:22.83	221	9:18	00:28:54.10	9:13	00:57:16.90
216	333/605	8/13	421	Tom Ratto	Male	58	Sayville	NY	234	9:26	00:29:19.74	214	9:06	00:28:17.01	9:16	00:57:36.70

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	334/605	36/55	260	Andrew Karistinos	Male	56	Old Bethpage	NY	239	9:32	00:29:38.26	210	9:01	00:28:01.76	9:16	00:57:40.00
218	336/605	5/14	209	Ehud Golos	Male	63	East Hills	NY	207	9:03	00:28:09.86	234	9:30	00:29:31.17	9:16	00:57:41.00
219	338/605	39/50	21	Larry Amoroso	Male	50	Huntington	NY	209	9:04	00:28:11.70	236	9:30	00:29:33.99	9:17	00:57:45.60
220	339/605	4/12	243	John Horan	Male	74	Freeport	NY	219	9:13	00:28:38.83	226	9:23	00:29:09.51	9:18	00:57:48.30
221	340/605	37/55	537	John Winthrop	Male	55	Northport	NY	217	9:11	00:28:32.30	228	9:26	00:29:20.88	9:18	00:57:53.10
222	343/605	5/12	295	Spencer Leitman	Male	70	Rockville Centre	NY	228	9:20	00:28:59.99	225	9:21	00:29:03.53	9:20	00:58:03.50
223	345/605	9/13	599	Mike Wisniewski	Male	34	Dix Hills	NY	204	9:02	00:28:06.59	241	9:38	00:29:57.74	9:20	00:58:04.30
224	346/605	29/39	525	Andrew Warsaw	Male	46	Coram	NY	233	9:26	00:29:18.93	218	9:16	00:28:47.63	9:21	00:58:06.50
225	349/605	38/55	275	Jeffrey Kozarsky	Male	57	Levittown	NY	225	9:17	00:28:51.64	232	9:29	00:29:28.56	9:23	00:58:20.20
226	351/605	40/50	110	Edward Cuff	Male	53	Kings Park	NY	260	9:51	00:30:38.25	207	8:59	00:27:54.69	9:25	00:58:32.90
227	352/605	39/55	163	Dennis Elder	Male	58	Sayville	NY	258	9:49	00:30:31.55	212	9:02	00:28:06.70	9:26	00:58:38.20
228	353/605	30/39	420	Robert Rate	Male	49	Selden	NY	212	9:05	00:28:13.84	250	9:48	00:30:27.24	9:26	00:58:41.00
229	354/605	41/50	287	Michael Latona	Male	52	Winter Haven	FL	232	9:24	00:29:14.32	233	9:29	00:29:29.18	9:27	00:58:43.50
230	357/605	40/55	162	Clifford Ejikeme	Male	55	Dix Hills	NY	237	9:28	00:29:26.47	230	9:27	00:29:21.91	9:27	00:58:48.30
231	358/605	41/55	285	Steven Lamel	Male	56	Plainview	NY	246	9:38	00:29:56.53	220	9:18	00:28:53.88	9:28	00:58:50.40
232	360/605	8/16	437	Vic Rossi	Male	67	Hauppauge	NY	197	8:56	00:27:48.44	262	10:01	00:31:10.09	9:29	00:58:58.50
233	364/605	8/10	411	Steven Purvin	Male	24	Bellmore	NY	226	9:18	00:28:55.83	246	9:42	00:30:09.20	9:30	00:59:05.00
234	365/605	42/50	277	Larry Kurtzman	Male	51	Plainview	NY	231	9:23	00:29:10.59	242	9:38	00:29:58.50	9:31	00:59:09.00
235	367/605	43/50	440	Adam Rothstein	Male	51	Wantagh	NY	254	9:45	00:30:18.84	219	9:17	00:28:53.29	9:31	00:59:12.10
236	369/605	28/33	314	Pete Maniscalco	Male	43	Blue Point	NY	216	9:09	00:28:28.21	254	9:54	00:30:46.97	9:32	00:59:15.10
237	371/605	3/4	954	Roberto Bastaniac	Male	18	Patchogue	NY	227	9:19	00:28:59.17	248	9:46	00:30:22.27	9:33	00:59:21.40
238	373/605	42/55	569	Jesus Estaba	Male	59	Brooklyn	NY	236	9:27	00:29:24.45	244	9:40	00:30:04.14	9:34	00:59:28.50
239	374/605	44/50	59	Mark Brozek	Male	50	Huntington	NY	253	9:44	00:30:15.27	227	9:24	00:29:13.33	9:34	00:59:28.60
240	376/605	43/55	419	Mike Randone	Male	55	S.huntington	NY	240	9:33	00:29:41.59	238	9:35	00:29:49.01	9:34	00:59:30.60
241	377/605	29/33	241	David Holland	Male	43	Old Bethpage	NY	261	9:52	00:30:39.52	224	9:20	00:29:02.29	9:36	00:59:41.80
242	379/605	11/14	533	Chris Wilcox	Male	26	East Meadow	NY	208	9:04	00:28:11.58	268	10:09	00:31:34.67	9:37	00:59:46.20
243	380/605	10/13	49	James Booth	Male	32	Kings Park	NY	244	9:36	00:29:52.61	239	9:37	00:29:54.65	9:37	00:59:47.20
244	385/605	31/39	611	Mark Plotkin	Male	49	Plainview	NY	257	9:46	00:30:22.59	235	9:30	00:29:32.18	9:38	00:59:54.70
245	386/605	9/16	449	Joseph Salow	Male	67	Bellerose	NY	238	9:30	00:29:31.59	249	9:46	00:30:23.79	9:38	00:59:55.30
246	387/605	10/16	168	Doug Escher	Male	69	Garden City	NY	248	9:40	00:30:03.46	240	9:37	00:29:55.17	9:39	00:59:58.60
247	389/605	45/50	412	Patrick Quinn	Male	54	Syosset	NY	247	9:38	00:29:56.94	243	9:40	00:30:03.93	9:39	01:00:00.80
248	390/605	6/14	121	Joe D'agostino	Male	64	Holtsville	NY	230	9:23	00:29:09.57	257	9:56	00:30:52.71	9:39	01:00:02.20
249	392/605	30/33	388	Vincent Pedone	Male	43	Bellmore	NY	259	9:50	00:30:35.21	237	9:31	00:29:34.48	9:40	01:00:09.60
250	395/605	46/50	81	David Chan	Male	53	Holbrook	NY	241	9:35	00:29:49.46	247	9:46	00:30:22.15	9:41	01:00:11.60
251	396/605	44/55	207	Jed Golden	Male	58	Floral Park	NY	251	9:42	00:30:09.88	245	9:40	00:30:04.98	9:41	01:00:14.80
252	402/605	24/26	187	Eric Forgach	Male	34	Massapequa	NY	245	9:37	00:29:52.84	255	9:54	00:30:47.11	9:45	01:00:39.90

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	403/605	25/26	17	Pedro Aleman	Male	32	Coram	NY	276	10:13	00:31:46.59	222	9:18	00:28:54.49	9:45	01:00:41.00
254	404/605	3/3	630	Evan Melle	Male	14	Old Bethpage	NY	269	10:05	00:31:20.56	229	9:26	00:29:21.54	9:46	01:00:42.10
255	406/605	15/18	362	Rajesh Nair	Male	38	North Babylon	NY	242	9:35	00:29:49.60	261	9:59	00:31:02.04	9:47	01:00:51.60
256	407/605	11/16	105	Howard Cragg	Male	66	Bethpage	NY	249	9:41	00:30:06.72	260	9:57	00:30:55.97	9:49	01:01:02.60
257	410/605	47/50	473	Robert Shaller	Male	52	Douglaston	NY	256	9:46	00:30:22.59	259	9:57	00:30:55.60	9:51	01:01:18.10
258	411/605	9/10	973	Sal Larosa	Male	23	Dix Hills	NY	250	9:42	00:30:09.56	263	10:02	00:31:10.63	9:52	01:01:20.10
259	413/605	12/14	979	Ben Tieniber	Male	27	Blue Point	NY	222	9:15	00:28:46.55	280	10:33	00:32:47.08	9:54	01:01:33.60
260	414/605	6/12	568	Octavio Lopez	Male	74	Brooklyn	NY	252	9:44	00:30:14.59	266	10:06	00:31:25.73	9:55	01:01:40.30
261	417/605	7/12	558	George Hubbard	Male	73	Farmingville	NY	283	10:24	00:32:21.82	231	9:27	00:29:23.77	9:56	01:01:45.50
262	424/605	32/39	102	Vincent Corrado	Male	47	Massapequa	NY	268	10:05	00:31:19.91	252	9:53	00:30:43.98	9:59	01:02:03.80
263	425/605	8/12	386	Antonio Patino	Male	71	Seaford	NY	264	9:54	00:30:47.39	265	10:04	00:31:18.73	9:59	01:02:06.10
264	426/605	12/16	337	William Meisner	Male	65	Plainview	NY	274	10:12	00:31:42.99	251	9:49	00:30:30.44	10:00	01:02:13.40
265	428/605	13/14	613	Thomas Baudier	Male	29	Northport	NY	255	9:45	00:30:20.34	270	10:16	00:31:55.35	10:01	01:02:15.60
266	433/605	2/6	338	Jose Mendez	Male	75	Brentwood	NY	265	9:58	00:31:00.41	267	10:06	00:31:25.82	10:02	01:02:26.20
267	434/605	33/39	500	Gary Survilla	Male	46	Wantagh	NY	272	10:09	00:31:32.19	258	9:57	00:30:55.00	10:03	01:02:27.10
268	436/605	48/50	612	Mark Heiman	Male	50	Plainview	NY	262	9:52	00:30:40.48	274	10:18	00:32:00.14	10:05	01:02:40.60
269	437/605	45/55	468	Thomas Scollo	Male	56	N.massapequa	NY	263	9:53	00:30:44.77	271	10:17	00:31:57.17	10:05	01:02:41.90
270	438/605	16/18	627	Mark Davidoff	Male	36	Babylon	NY	270	10:07	00:31:26.59	264	10:04	00:31:16.85	10:05	01:02:43.40
271	444/605	3/6	572	Ron Helin	Male	75	Middle Island	NY	279	10:20	00:32:06.40	256	9:55	00:30:50.54	10:07	01:02:56.90
272	445/605	7/14	493	Stuart Stauber	Male	63	Melville	NY	284	10:25	00:32:22.70	253	9:53	00:30:45.24	10:09	01:03:07.90
273	454/605	11/13	534	David Williams	Male	51	Melville	NY	271	10:07	00:31:27.95	276	10:22	00:32:13.97	10:15	01:03:41.90
274	456/605	6/10	528	Kevin Watral	Male	25	Hauppauge	NY	277	10:15	00:31:51.54	272	10:17	00:31:57.88	10:16	01:03:49.40
275	457/605	31/33	136	Joe Digaetano	Male	42	Lindenhurst	NY	281	10:22	00:32:13.59	269	10:11	00:31:40.31	10:16	01:03:53.90
276	461/605	7/10	480	George Skennion	Male	53	Seaford	NY	267	10:04	00:31:18.54	283	10:37	00:32:59.31	10:20	01:04:17.80
277	465/605	8/10	233	Henry A. Healy	Male	52	Seaford	NY	273	10:09	00:31:33.90	284	10:38	00:33:03.22	10:23	01:04:37.10
278	466/605	46/55	469	Gregory Scott	Male	59	Locust Valley	NY	275	10:12	00:31:43.18	281	10:35	00:32:53.94	10:23	01:04:37.10
279	467/605	49/50	24	Joey Arken	Male	52	Albertson	NY	285	10:27	00:32:30.23	277	10:22	00:32:15.04	10:25	01:04:45.20
280	470/605	13/16	339	Alan Mensch	Male	67	Melville	NY	286	10:34	00:32:52.37	273	10:17	00:32:00.00	10:26	01:04:52.30
281	471/605	17/18	415	Alberto Ramirez	Male	38	Brentwood	NY	266	10:04	00:31:17.73	289	10:50	00:33:40.11	10:27	01:04:57.80
282	473/605	32/33	31	Brian Baker	Male	40	Brentwood	NY	282	10:24	00:32:19.25	278	10:31	00:32:43.45	10:28	01:05:02.70
283	474/605	9/12	26	Richard Astarita	Male	71	Babylon	NY	287	10:35	00:32:54.88	275	10:21	00:32:10.06	10:28	01:05:04.90
284	478/605	10/12	532	Diarmuid White	Male	71	Douglaston	NY	280	10:20	00:32:08.46	287	10:44	00:33:22.65	10:32	01:05:31.10
285	482/605	34/39	90	Henry Clemmens	Male	46	Ocean Beach	NY	288	10:35	00:32:55.48	282	10:36	00:32:56.93	10:36	01:05:52.40
286	484/605	47/55	425	Randy Reisch	Male	55	N.woodmere	NY	289	10:40	00:33:09.31	285	10:39	00:33:08.30	10:40	01:06:17.60
287	486/605	35/39	631	Robert Melle	Male	47	Old Bethpage	NY	294	10:52	00:33:48.84	279	10:32	00:32:44.99	10:42	01:06:33.80
288	487/605	8/14	156	Warren Drezen	Male	61	Massapequa	NY	290	10:47	00:33:32.94	286	10:42	00:33:15.27	10:45	01:06:48.20

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
289	490/605	48/55	573	Lance Margolin	Male	55	Wading River	NY	278	10:17	00:31:57.84	295	11:17	00:35:05.59	10:47	01:07:03.40
290	493/605	36/39	434	Henry Rodriguez	Male	47	Jericho	NY	293	10:52	00:33:48.34	291	10:54	00:33:53.05	10:53	01:07:41.30
291	494/605	9/14	541	Joseph Yonda	Male	63	Mineola	NY	295	10:53	00:33:49.80	292	10:54	00:33:53.85	10:53	01:07:43.60
292	497/605	33/33	316	Michael Manzo	Male	42	Plainview	NY	298	11:04	00:34:25.35	288	10:49	00:33:38.56	10:57	01:08:03.90
293	500/605	18/18	621	Joseph Castrogiovanni	Male	36	West Babylon	NY	296	10:59	00:34:08.72	293	10:55	00:33:56.20	10:57	01:08:04.90
294	513/605	10/14	398	Edward Petry	Male	61	Port Jefferson Stati	NY	300	11:17	00:35:04.60	294	11:04	00:34:23.74	11:10	01:09:28.30
295	514/605	49/55	107	Bill Crispino	Male	55	Freeport	NY	304	11:31	00:35:48.85	290	10:52	00:33:47.24	11:12	01:09:36.00
296	517/605	26/26	348	Adam Mills	Male	31	Merrick	NY	297	11:01	00:34:15.42	296	11:31	00:35:47.04	11:16	01:10:02.40
297	518/605	4/6	355	Carlos A Morales	Male	79	Corona	NY	292	10:51	00:33:44.31	300	11:47	00:36:37.66	11:19	01:10:21.90
298	527/605	50/55	483	Paul Smolevitz	Male	56	Woodbury	NY	291	10:50	00:33:40.59	306	12:10	00:37:49.14	11:30	01:11:29.70
299	529/605	51/55	210	Chris Gommlich	Male	55	East Northport	NY	302	11:18	00:35:07.74	299	11:46	00:36:34.72	11:32	01:11:42.40
300	530/605	52/55	203	Mark Gelbien	Male	57	Plainview	NY	299	11:12	00:34:50.85	304	11:52	00:36:53.69	11:32	01:11:44.50
301	534/605	37/39	145	Brian Dobkin	Male	48	New Hyde Park	NY	303	11:20	00:35:12.96	303	11:52	00:36:53.49	11:36	01:12:06.40
302	535/605	14/14	549	Kenneth Mulvihill	Male	29	East Meadow	NY	307	11:50	00:36:48.11	297	11:31	00:35:48.11	11:41	01:12:36.20
303	537/605	14/16	530	James Wegryzn	Male	68	Brightwaters	NY	306	11:36	00:36:05.35	301	11:47	00:36:39.06	11:42	01:12:44.40
304	540/605	11/14	390	Domingo Perez	Male	62	Corona	NY	301	11:17	00:35:05.30	308	12:12	00:37:56.79	11:45	01:13:02.00
305	541/605	38/39	251	Louis Jainchill	Male	49	Woodbury	NY	309	11:57	00:37:10.34	298	11:33	00:35:56.12	11:45	01:13:06.40
306	545/605	12/14	375	Juan Oliveras	Male	62	Northport	NY						11:48	01:13:23.30	
307	546/605	15/16	542	Bill Young	Male	69	West Islip	NY	305	11:34	00:35:57.99	309	12:17	00:38:10.48	11:55	01:14:08.40
308	547/605	50/50	115	Robert Curran	Male	50	Old Bethpage	NY	312	12:07	00:37:38.84	302	11:50	00:36:47.24	11:58	01:14:26.00
309	549/605	11/12	258	Stanley Kalinoski	Male	70	Commack	NY	308	11:52	00:36:55.24	307	12:10	00:37:49.95	12:01	01:14:45.10
310	552/605	12/12	556	Mark Rosenberg	Male	71	Syosset	NY	313	12:23	00:38:29.71	305	11:57	00:37:10.24	12:10	01:15:39.90
311	554/605	1/3	133	George Devoe	Male	81	Hauppauge	NY	311	12:02	00:37:24.81	311	12:28	00:38:45.34	12:15	01:16:10.10
312	559/605	9/10	262	John Kaufmann	Male	65	Farmingdale	NY	315	12:40	00:39:22.45	310	12:22	00:38:25.49	12:31	01:17:47.90
313	562/605	16/16	137	Peter Digangi	Male	65	Plainview	NY	310	12:01	00:37:21.35	316	13:17	00:41:16.35	12:39	01:18:37.70
314	563/605	5/6	441	Joseph Rottino	Male	77	Huntington	NY	316	12:44	00:39:35.00	313	12:39	00:39:18.71	12:41	01:18:53.70
315	564/605	53/55	429	Mitchell Rich	Male	59	Merrick	NY	314	12:37	00:39:14.29	315	12:55	00:40:08.68	12:46	01:19:22.90
316	565/605	12/13	146	Gordon Dollack	Male	60	N.babylon	NY	318	13:03	00:40:35.59	312	12:32	00:38:58.38	12:48	01:19:33.90
317	568/605	54/55	516	Warren Vandewate	Male	59	North Bellmore	NY	321	13:22	00:41:32.79	314	12:54	00:40:05.93	13:08	01:21:38.70
318	573/605	55/55	567	Jeffrey Magnuson	Male	57	West Babylon	NY	320	13:20	00:41:28.53	317	13:22	00:41:33.85	13:21	01:23:02.30
319	576/605	1/1	250	Bert Jablon	Male	87	Syosset	NY	322	13:35	00:42:13.72	318	13:42	00:42:35.75	13:39	01:24:49.40
320	578/605	13/13	487	Stephen Sprague	Male	36	Oceanside	NY	319	13:05	00:40:40.86	320	14:29	00:45:01.12	13:47	01:25:41.90
321	579/605	10/10	300	Thomas Linsalata	Male	53	Seaford	NY	317	12:56	00:40:13.61	323	15:15	00:47:25.84	14:06	01:27:39.40
322	582/605	2/3	267	Howard Kestenbaum	Male	82	Plainview	NY	324	14:05	00:43:47.30	319	14:12	00:44:08.77	14:09	01:27:56.00
323	584/605	39/39	351	Joe Minicozzi	Male	48	Lindenhurst	NY	323	13:39	00:42:27.35	324	15:17	00:47:30.23	14:28	01:29:57.50
324	590/605	4/4	981	Shane Kennedy	Male	15	West Babylon	NY	327	14:30	00:45:05.93	326	16:20	00:50:47.32	15:25	01:35:53.20

Aspire 10K Run

April 5, 2014

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
325	591/605	13/14	965	Mark Gallop	Male	63	W.islip	NY	326	14:30	00:45:05.12	327	16:21	00:50:48.82	15:25	01:35:53.90
326	592/605	6/6	321	Frank Martin	Male	79	West Bay Shore	NY	325	14:20	00:44:33.61	328	16:36	00:51:36.80	15:28	01:36:10.40
327	594/605	10/10	967	Eric Gunderson	Male	21	Medford	NY	329	15:49	00:49:09.37	322	15:09	00:47:06.91	15:29	01:36:16.20
328	595/605	14/14	961	Steve Cuomo	Male	62	Shirley	NY	330	15:49	00:49:09.79	321	15:09	00:47:06.69	15:29	01:36:16.40
329	597/605	3/3	555	Odd Sangesland	Male	84	Plainview	NY	328	15:32	00:48:18.53	325	15:54	00:49:24.63	15:43	01:37:43.10