

10K RESULTS

FEMALE OVERALL

| Place | Name        | Age | City       | St | Time  |
|-------|-------------|-----|------------|----|-------|
| 1     | Katie Lowry | 31  | Clear Lake | IA | 45:22 |

MALE OVERALL

| Place | Name       | Age | City       | St | Time  |
|-------|------------|-----|------------|----|-------|
| 1     | Jason Enke | 37  | Clear Lake | IA | 37:13 |

MALE INDIVIDUAL AGE GROUP: 14 - 18

| Place | Name         | Age | City | St | Time  |
|-------|--------------|-----|------|----|-------|
| 1     | Ethan Heimer | 18  | Ames | IA | 50:14 |

MALE INDIVIDUAL AGE GROUP: 19 - 24

| Place | Name         | Age | City       | St | Time  |
|-------|--------------|-----|------------|----|-------|
| 1     | Charles Hugo | 22  | Mason City | IA | 43:52 |

FEMALE INDIVIDUAL AGE GROUP: 25 - 29

| Place | Name             | Age | City         | St | Time  |
|-------|------------------|-----|--------------|----|-------|
| 1     | Tiffany Townsend | 25  | Mason City   | IA | 53:10 |
| 2     | Hannah Gerk      | 25  | St. Ansgar   | IA | 54:19 |
| 3     | Leah Youngblut   | 27  | Independence | IA | 54:19 |

MALE INDIVIDUAL AGE GROUP: 25 - 29

| Place | Name           | Age | City       | St | Time  |
|-------|----------------|-----|------------|----|-------|
| 1     | Tommy Berry    | 27  | Mason City | IA | 44:19 |
| 2     | Garrett Kiefer | 27  | Clear Lake | IA | 47:23 |
| 3     | Matt Reetz     | 27  | Mason City | IA | 55:52 |

FEMALE INDIVIDUAL AGE GROUP: 30 - 39

| Place | Name         | Age | City       | St | Time  |
|-------|--------------|-----|------------|----|-------|
| 1     | Katie Poole  | 35  | Clear Lake | IA | 57:28 |
| 2     | Mari Banse   | 31  | Hampton    | IA | 58:46 |
| 3     | Lori Grummer | 37  | Ventura    | IA | 59:26 |

MALE INDIVIDUAL AGE GROUP: 30 - 39

| Place | Name           | Age | City       | St | Time  |
|-------|----------------|-----|------------|----|-------|
| 1     | Dale Schmitz   | 39  | Clear Lake | IA | 44:13 |
| 2     | Chris McKibben | 33  | Mason City | IA | 44:46 |
| 3     | Justin Morrow  | 35  | Clear Lake | IA | 46:51 |

FEMALE INDIVIDUAL AGE GROUP: 40 - 49

| Place | Name              | Age | City       | St | Time    |
|-------|-------------------|-----|------------|----|---------|
| 1     | Lisa Backhaus     | 42  | Clear Lake | IA | 49:38   |
| 2     | Nteghenjwa Nditti | 41  | Mason City | IA | 55:31   |
| 3     | Erica Stokes      | 42  | Mason City | IA | 1:08:18 |

MALE INDIVIDUAL AGE GROUP: 40 - 49

| Place | Name           | Age | City         | St | Time  |
|-------|----------------|-----|--------------|----|-------|
| 1     | Thad Stiles    | 46  | Nora Springs | IA | 46:59 |
| 2     | Dale Schnetter | 49  | Mason City   | IA | 48:07 |
| 3     | Craig Wood     | 47  | Rockford     | IA | 51:50 |

FEMALE INDIVIDUAL AGE GROUP: 50 - 99

| Place | Name         | Age | City       | St | Time    |
|-------|--------------|-----|------------|----|---------|
| 1     | Sheri Sprung | 50  | Mason City | IA | 47:14   |
| 2     | Deb Wherry   | 52  | Osage      | IA | 1:05:00 |
| 3     | Sue Cowell   | 59  | Kensett    | IA | 1:05:00 |

MALE INDIVIDUAL AGE GROUP: 50 - 99

| Place | Name                | Age | City       | St | Time  |
|-------|---------------------|-----|------------|----|-------|
| 1     | Creighton Whitehill | 50  | Mason City | IA | 41:14 |
| 2     | Steve Hugo          | 56  | Mason City | IA | 44:35 |
| 3     | Mark Young          | 56  | Mason City | IA | 49:18 |