

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon Wheelchair

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Pace	Net Time
1	1/1	1/1	3552	Jason Kerkman	M	42	Lincoln	NE	1	6:41	00:43:48.5	1	6:42	00:43:53.2	01:27:41.8	6:41	01:27:41.8
2	1/1	1/1	685	Connie Belt	F	51	Lincoln	NE	2	12:01	01:18:45.3	2	11:43	01:16:47.6	02:35:32.9	11:51	02:35:32.9

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									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1	1/805	1/3	40	Luka Thor	M	27	Gretna	NE	1	5:10	00:33:56.2	1	5:14	00:34:17.6	01:08:13.8	5:12	01:08:13.8
2	2/805	2/3	13	Tom Nichols	M	32	Parker	CO	3	5:10	00:33:56.5	2	5:14	00:34:19.2	01:08:15.7	5:12	01:08:14.5
3	3/805	3/3	27	Ben Jaskowiak	M	25	West Des Moines	IA	2	5:10	00:33:56.2	3	5:17	00:34:38.5	01:08:34.8	5:13	01:08:33.0
4	4/805	1/27	30	Johnny Rutford	M	23	La Vista	NE	4	5:17	00:34:40.5	4	5:18	00:34:45.7	01:09:26.3	5:17	01:09:23.8
5	5/805	2/27	21	Trevor Vidlak	M	23	Lincoln	NE	6	5:23	00:35:21.5	5	5:26	00:35:40.2	01:11:01.8	5:25	01:11:01.8
6	6/805	1/2	17	Ivan Ivanov	M	44	Lincoln	NE	5	5:22	00:35:12.5	8	5:32	00:36:20.2	01:11:32.7	5:27	01:11:32.4
7	7/805	1/109	14	Logan Watley	M	27	Elkhorn	NE	7	5:24	00:35:29.9	7	5:31	00:36:10.4	01:11:40.4	5:27	01:11:39.0
8	8/805	2/109	32	Craig Donnelly	M	29	Omaha	NE	9	5:26	00:35:39.9	9	5:33	00:36:26.8	01:12:06.8	5:30	01:12:06.6
9	9/805	1/151	29	Chad Sellers	M	35	Lincoln	NE	8	5:25	00:35:34.5	11	5:35	00:36:36.2	01:12:10.8	5:30	01:12:08.8
10	10/805	3/109	6	York Thomas	M	26	Omaha	NE	12	5:31	00:36:14.2	6	5:29	00:35:57.2	01:12:11.4	5:30	01:12:08.9
11	11/805	2/151	733	Ryan Regnier	M	38	Lincoln	NE	11	5:30	00:36:08.7	10	5:35	00:36:34.9	01:12:43.7	5:32	01:12:41.5
12	12/805	4/109	15	Andrew Jacob	M	28	Lincoln	NE	10	5:26	00:35:42.9	14	5:42	00:37:20.8	01:13:03.8	5:34	01:13:01.2
13	13/805	5/109	33	Patrick Davis	M	27	Urbandale	IA	16	5:39	00:37:09.8	12	5:36	00:36:42.7	01:13:52.5	5:37	01:13:48.0
14	14/805	2/2	917	Thomas Woods - Iv	M	43	Lincoln	NE	13	5:35	00:36:35.3	16	5:47	00:37:54.0	01:14:29.3	5:40	01:14:28.5
15	15/805	6/109	9	Justin Grassmeyer	M	25	Omaha	NE	21	5:42	00:37:26.4	13	5:40	00:37:07.2	01:14:33.7	5:41	01:14:32.1
16	16/805	1/136	23	Brian Wandzilak	M	34	Lincoln	NE	14	5:40	00:37:08.5	15	5:45	00:37:44.5	01:14:53.1	5:42	01:14:53.0
17	17/805	2/136	35	Chris Nealy	M	34	West Des Moines	IA	18	5:40	00:37:14.8	17	5:50	00:38:15.0	01:15:29.8	5:45	01:15:27.0
18	18/805	7/109	18	Peter Falcon	M	25	Bellevue	NE	20	5:42	00:37:26.2	18	5:51	00:38:25.0	01:15:51.3	5:47	01:15:49.7
19	19/805	3/151	1016	Michael Morrison	M	39	Papillion	NE	19	5:41	00:37:15.8	19	5:56	00:38:54.8	01:16:10.6	5:48	01:16:08.8
20	20/805	8/109	20	Cheto Cerda	M	29	Lincoln	NE	22	5:44	00:37:34.5	20	5:56	00:38:55.2	01:16:29.7	5:50	01:16:28.8
21	21/805	4/151	2	Scott Haug	M	35	Elkhorn	NE	17	5:40	00:37:13.6	23	6:02	00:39:36.5	01:16:50.2	5:51	01:16:47.7
22	22/805	3/136	22	Jason Zakaras	M	32	Omaha	NE	15	5:40	00:37:08.5	26	6:03	00:39:41.3	01:16:49.9	5:51	01:16:49.3
23	23/805	4/136	325	Justin Mollak	M	30	Omaha	NE	23	5:46	00:37:53.4	25	6:03	00:39:41.0	01:17:34.4	5:54	01:17:32.6
24	24/805	9/109	305	Drew Pope	M	27	Chadron	NE	25	6:01	00:39:33.3	27	6:06	00:40:03.6	01:19:36.9	6:04	01:19:32.5
25	25/805	5/151	3560	Charles Smith	M	39	Omaha	NE	29	6:06	00:40:04.5	22	6:02	00:39:34.9	01:19:39.5	6:04	01:19:37.0
26	26/805	1/77	3530	Tim Larsen	M	45	Gretna	NE	30	6:06	00:40:05.2	24	6:02	00:39:37.0	01:19:42.2	6:04	01:19:38.9
27	27/805	5/136	2076	Kelly Halverson	M	33	Lincoln	NE	24	5:57	00:39:02.8	30	6:12	00:40:38.0	01:19:40.8	6:04	01:19:39.4
28	1/1452	1/3	37	Ellen Ries	F	27	Urbandale	IA	34	6:09	00:40:22.8	21	6:02	00:39:33.0	01:19:55.9	6:05	01:19:52.7
29	28/805	6/151	3595	Austin Mckillip	M	35	Lincoln	NE	35	6:09	00:40:29.3	28	6:08	00:40:11.6	01:20:40.9	6:08	01:20:34.9
30	29/805	1/58	1161	Brian Kelley	M	55	Lincoln	NE	33	6:09	00:40:21.2	29	6:09	00:40:22.3	01:20:43.5	6:09	01:20:39.6
31	2/1452	2/3	3	Shannon Suing	F	37	Lincoln	NE	32	6:08	00:40:17.5	31	6:14	00:40:53.6	01:21:11.2	6:11	01:21:09.0
32	30/805	10/109	2501	Ryan Hruska	M	27	Lincoln	NE	28	6:03	00:39:42.5	38	6:24	00:42:01.5	01:21:44.1	6:13	01:21:40.1
33	31/805	11/109	870	J.d. Russo	M	28	Norfolk	NE	27	6:03	00:39:39.8	41	6:27	00:42:15.5	01:21:55.3	6:14	01:21:53.9
34	3/1452	3/3	31	Bridget Easley	F	33	Lincoln	NE	36	6:11	00:40:37.5	34	6:21	00:41:38.7	01:22:16.3	6:16	01:22:14.1
35	32/805	12/109	3012	Matt Vanepps	M	28	Omaha	NE	41	6:18	00:41:25.4	32	6:18	00:41:17.7	01:22:43.2	6:17	01:22:33.9
36	33/805	1/116	938	Jason Schmaderer	M	41	Lincoln	NE	40	6:15	00:41:02.6	36	6:23	00:41:51.6	01:22:54.2	6:19	01:22:48.5

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									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
37	34/805	13/109	276	Keith Peterson	M	25	Lincoln	NE	42	6:16	00:41:26.4	39	6:25	00:42:02.5	01:23:29.0	6:20	01:23:09.2
38	35/805	14/109	39	Sam Holmes	M	26	Omaha	NE	31	6:07	00:40:12.5	49	6:34	00:43:01.0	01:23:13.6	6:20	01:23:09.9
39	4/1452	1/322	34	Michelle Paxton	F	37	Lincoln	NE	44	6:20	00:41:38.5	40	6:26	00:42:08.7	01:23:47.3	6:23	01:23:42.1
40	36/805	1/73	3568	Brett Daugherty	M	51	Lincoln	NE	62	6:25	00:42:57.7	37	6:24	00:41:56.0	01:24:53.8	6:24	01:24:02.4
41	37/805	7/151	1309	Tim Schultz	M	37	Lincoln	NE	39	6:15	00:41:01.7	51	6:36	00:43:15.1	01:24:16.8	6:25	01:24:15.1
42	38/805	1/13	985	Jared Yost	M	17	Lincoln	NE	53	6:27	00:42:24.4	43	6:29	00:42:33.2	01:24:57.7	6:28	01:24:51.4
43	39/805	6/136	3436	Tim Mcgargill	M	33	Omaha	NE	43	6:20	00:41:36.7	54	6:37	00:43:21.8	01:24:58.6	6:28	01:24:54.4
44	40/805	8/151	3549	Jeff Wilber	M	36	Omaha	NE	48	6:24	00:42:04.6	47	6:34	00:43:00.7	01:25:05.4	6:29	01:25:00.7
45	41/805	15/109	1462	Michael Bash	M	26	Lincoln	NE	74	6:39	00:43:41.5	35	6:21	00:41:39.9	01:25:21.4	6:30	01:25:14.3
46	42/805	2/73	2940	Brian Bergt	M	54	Amherst	NE	59	6:29	00:42:51.8	44	6:31	00:42:42.7	01:25:34.5	6:30	01:25:16.2
47	43/805	7/136	974	Ryan Hatt	M	33	Lincoln	NE	47	6:22	00:41:47.6	57	6:39	00:43:37.6	01:25:25.3	6:30	01:25:21.8
48	44/805	3/73	355	Jeff Marshall	M	53	Omaha	NE	50	6:26	00:42:12.7	52	6:36	00:43:17.5	01:25:30.2	6:31	01:25:27.5
49	45/805	8/136	313	Ryan Duell	M	31	Lincoln	NE	46	6:22	00:41:46.8	65	6:42	00:43:55.1	01:25:41.9	6:31	01:25:38.2
50	46/805	3/27	2733	Steve Dosskey	M	21	Lincoln	NE	98	6:44	00:44:21.7	33	6:19	00:41:28.8	01:25:50.6	6:32	01:25:39.9
51	5/1452	1/202	11	Amber Sargent	F	26	Beatrice	NE	45	6:21	00:41:46.6	67	6:43	00:43:59.9	01:25:46.6	6:32	01:25:40.4
52	47/805	16/109	2619	Ryan Foehlinger	M	27	Omaha	NE	49	6:25	00:42:10.4	61	6:40	00:43:42.3	01:25:52.8	6:32	01:25:44.4
53	48/805	9/136	1392	Michael Pecha	M	33	Elkhorn	NE	26	6:01	00:39:34.7	106	7:04	00:46:19.5	01:25:54.3	6:32	01:25:49.4
54	49/805	10/136	2737	John Wang	M	33	Omaha	NE	63	6:33	00:43:04.6	46	6:33	00:42:58.5	01:26:03.2	6:33	01:25:56.4
55	50/805	9/151	2252	Thad Aerts	M	39	Lincoln	NE	92	6:39	00:44:10.3	42	6:28	00:42:23.2	01:26:33.5	6:33	01:26:01.0
56	6/1452	2/322	1043	Joni Williamson	F	38	Lincoln	NE	69	6:34	00:43:22.9	48	6:34	00:43:00.8	01:26:23.7	6:33	01:26:02.9
57	51/805	10/151	703	Anthony Schutz	M	38	Lincoln	NE	65	6:32	00:43:11.5	50	6:35	00:43:11.8	01:26:23.3	6:34	01:26:04.9
58	52/805	11/151	1645	Mark Treadway	M	39	Kearney	NE	56	6:29	00:42:38.5	58	6:39	00:43:38.7	01:26:17.2	6:34	01:26:08.3
59	7/1452	1/293	24	Frankie Petersen	F	32	Lincoln	NE	52	6:27	00:42:19.3	68	6:45	00:44:13.4	01:26:32.7	6:35	01:26:30.0
60	53/805	12/151	1915	Josh Barber	M	36	Lincoln	NE	66	6:34	00:43:11.5	60	6:40	00:43:40.7	01:26:52.2	6:36	01:26:43.7
61	54/805	11/136	604	Sean Ryan	M	30	Omaha	NE	51	6:26	00:42:15.3	78	6:50	00:44:48.0	01:27:03.3	6:37	01:26:57.0
62	55/805	13/151	437	Shawn Edie	M	38	Omaha	NE	96	6:45	00:44:21.4	45	6:31	00:42:46.0	01:27:07.4	6:38	01:27:03.5
63	8/1452	2/202	28	Jessica Pape	F	28	Omaha	NE	57	6:29	00:42:39.7	72	6:47	00:44:30.8	01:27:10.5	6:38	01:27:04.1
64	56/805	12/136	601	Jordan Duncan	M	31	Lincoln	NE	75	6:39	00:43:42.2	56	6:39	00:43:35.4	01:27:17.6	6:39	01:27:12.0
65	57/805	17/109	2614	Travis Wieser	M	25	Grand Island	NE	54	6:27	00:42:28.8	82	6:51	00:44:56.7	01:27:25.5	6:39	01:27:14.6
66	58/805	13/136	2942	Jim Kealy	M	33	Lincoln	NE	37	6:11	00:40:38.5	115	7:08	00:46:45.3	01:27:23.8	6:39	01:27:18.5
67	9/1452	2/293	1257	Andrea Lee	F	33	Omaha	NE	68	6:33	00:43:12.7	70	6:46	00:44:20.4	01:27:33.2	6:39	01:27:20.9
68	59/805	14/151	1444	Brandon Desh	M	35	Bennet	NE	72	6:39	00:43:41.4	62	6:41	00:43:48.1	01:27:29.6	6:39	01:27:22.6
69	60/805	4/73	836	Jeff Hansen	M	50	Lincoln	NE	76	6:39	00:43:43.3	63	6:41	00:43:50.4	01:27:33.8	6:40	01:27:29.3
70	61/805	15/151	203	Bryan Sypal	M	37	Lincoln	NE	73	6:39	00:43:41.5	66	6:42	00:43:56.1	01:27:37.7	6:40	01:27:31.4
71	10/1452	1/2	12	Theresa Gosnell	F	42	Omaha	NE	99	6:45	00:44:22.1	53	6:37	00:43:21.0	01:27:43.1	6:41	01:27:39.4
72	62/805	16/151	1072	Ryan Schmidt	M	37	Lincoln	NE	102	6:45	00:44:22.7	55	6:38	00:43:29.0	01:27:51.7	6:41	01:27:44.9

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									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
73	11/1452	3/322	38	Michelle Schmidt	F	38	Lincoln	NE	90	6:42	00:44:00.3	64	6:42	00:43:54.3	01:27:54.6	6:41	01:27:49.0
74	63/805	18/109	290	Scott Cavadini	M	29	Lincoln	NE	58	6:31	00:42:49.2	85	6:53	00:45:09.3	01:27:58.6	6:42	01:27:51.0
75	64/805	14/136	983	Jeff Beavers	M	33	Lincoln	NE	64	6:34	00:43:08.5	77	6:49	00:44:45.2	01:27:53.7	6:42	01:27:52.3
76	12/1452	2/2	591	Maureen Larsen	F	42	Gretna	NE	78	6:39	00:43:43.3	69	6:45	00:44:14.6	01:27:58.0	6:42	01:27:53.4
77	65/805	19/109	2586	Brian Hinkle	M	26	Omaha	NE	55	6:29	00:42:37.6	88	6:55	00:45:19.9	01:27:57.6	6:42	01:27:53.9
78	66/805	5/73	935	Kevin Burke	M	50	Lincoln	NE	97	6:38	00:44:21.7	71	6:47	00:44:26.2	01:28:47.9	6:42	01:27:54.2
79	67/805	17/151	235	Erik Hash	M	38	Columbus	NE	104	6:45	00:44:24.7	59	6:39	00:43:39.0	01:28:03.7	6:42	01:27:54.5
80	68/805	15/136	2387	Matt Burdett	M	31	Papillion	NE	77	6:40	00:43:43.3	75	6:48	00:44:33.5	01:28:16.8	6:43	01:28:14.2
81	69/805	16/136	784	Cody Williams	M	30	Lincoln	NE	60	6:31	00:42:52.5	97	6:56	00:45:29.0	01:28:21.5	6:44	01:28:16.4
82	13/1452	3/293	1215	Lindsey Brezenski	F	32	Omaha	NE	89	6:42	00:44:00.1	73	6:47	00:44:32.0	01:28:32.1	6:44	01:28:26.4
83	70/805	2/77	893	Darin Schlake	M	45	Malcolm	NE	84	6:41	00:43:57.2	76	6:48	00:44:34.4	01:28:31.7	6:44	01:28:27.4
84	14/1452	4/322	590	Amy Barry	F	35	Gretna	NE	70	6:38	00:43:33.7	83	6:52	00:45:00.4	01:28:34.1	6:45	01:28:30.4
85	71/805	3/77	340	J.j. Yost	M	48	Lincoln	NE	107	6:46	00:44:32.3	74	6:48	00:44:32.9	01:29:05.2	6:47	01:28:57.6
86	72/805	20/109	16	Lee Anderson	M	25	Omaha	NE	79	6:40	00:43:46.2	96	6:56	00:45:26.6	01:29:12.9	6:48	01:29:08.6
87	15/1452	1/100	7	Haleigh Riggle	F	24	Lincoln	NE	80	6:40	00:43:46.4	95	6:56	00:45:26.3	01:29:12.8	6:48	01:29:09.9
88	16/1452	3/202	2738	Laurel Johnson	F	27	Lincoln	NE	85	6:41	00:43:57.6	89	6:55	00:45:19.9	01:29:17.6	6:48	01:29:11.8
89	73/805	17/136	1018	Josh Schlautman	M	30	Lincoln	NE	108	6:48	00:44:41.3	81	6:51	00:44:55.5	01:29:36.8	6:49	01:29:28.2
90	74/805	4/77	1891	Rusty Vanneman	M	49	Lincoln	NE	94	6:44	00:44:16.7	90	6:55	00:45:20.6	01:29:37.4	6:49	01:29:30.6
91	17/1452	4/202	334	Lindsey Meyer	F	29	Omaha	NE	103	6:45	00:44:22.9	91	6:55	00:45:21.4	01:29:44.3	6:50	01:29:34.9
92	18/1452	5/322	8	Christy Nielsen	F	39	Omaha	NE	101	6:45	00:44:22.7	92	6:55	00:45:22.0	01:29:44.7	6:50	01:29:40.2
93	75/805	5/77	1340	John Spomer	M	49	Lincoln	NE	88	6:41	00:43:59.6	100	7:00	00:45:53.6	01:29:53.2	6:50	01:29:46.1
94	76/805	21/109	2031	Matthew James	M	28	Lincoln	NE	111	6:51	00:44:59.1	79	6:51	00:44:52.7	01:29:51.8	6:50	01:29:47.2
95	77/805	18/151	3315	Timothy Hill	M	38	Lincoln	NE	81	6:40	00:43:49.5	105	7:03	00:46:13.3	01:30:02.8	6:51	01:29:58.0
96	78/805	22/109	1744	Alan Singkofer	M	26	Omaha	NE	118	6:54	00:45:23.8	80	6:51	00:44:55.0	01:30:18.8	6:52	01:30:11.9
97	79/805	18/136	705	Jay Oligmueller	M	33	Lincoln	NE	117	6:54	00:45:21.5	84	6:52	00:45:03.9	01:30:25.5	6:53	01:30:16.2
98	80/805	19/151	3186	Rob Ramey	M	35	Omaha	NE	112	6:50	00:45:03.1	99	6:57	00:45:36.6	01:30:39.8	6:54	01:30:28.5
99	19/1452	5/202	2474	Blake Wageman	F	29	Elkhorn	NE	121	6:54	00:45:24.7	86	6:54	00:45:12.8	01:30:37.5	6:54	01:30:29.1
100	20/1452	6/322	702	Ann Hubl	F	35	Hebron	NE	71	6:39	00:43:40.4	118	7:09	00:46:54.1	01:30:34.5	6:54	01:30:30.8
101	81/805	20/151	1055	Matt Semple	M	36	Omaha	NE	120	6:54	00:45:24.5	87	6:54	00:45:16.7	01:30:41.3	6:54	01:30:31.5
102	82/805	23/109	2210	Steele Erickson	M	25	York	NE	93	6:44	00:44:14.3	109	7:06	00:46:32.1	01:30:46.4	6:54	01:30:39.5
103	21/1452	4/293	1288	Leslie Van Winkle	F	32	Lincoln	NE	61	6:32	00:42:56.5	144	7:17	00:47:47.7	01:30:44.2	6:55	01:30:40.4
104	83/805	2/116	1417	Jason Babcock	M	42	Waverly	NE	87	6:41	00:43:59.5	116	7:09	00:46:50.0	01:30:49.5	6:55	01:30:42.6
105	22/1452	1/127	3563	Stacy Shaw	F	48	Omaha	NE	105	6:46	00:44:24.7	107	7:05	00:46:24.6	01:30:49.3	6:55	01:30:43.9
106	84/805	3/116	2678	Jason Helvey	M	40	Omaha	NE	124	6:57	00:45:45.1	93	6:55	00:45:22.4	01:31:07.6	6:56	01:30:55.6
107	85/805	4/116	3362	Matt Gerard	M	42	Omaha	NE	125	6:57	00:45:45.1	94	6:55	00:45:22.4	01:31:07.6	6:56	01:30:57.6
108	23/1452	1/219	3567	Amy Mccracken	F	40	Lincoln	NE	91	6:43	00:44:09.2	121	7:10	00:46:57.0	01:31:06.3	6:56	01:31:01.0

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
109	86/805	6/73	2874	Jon Permenter	M	52	Omaha	NE	86	6:41	00:43:57.8	128	7:12	00:47:15.4	01:31:13.2	6:56	01:31:04.8
110	24/1452	2/100	2608	Hannah Johnson	F	24	Lincoln	NE	83	6:41	00:43:52.9	142	7:17	00:47:42.8	01:31:35.8	6:58	01:31:30.3
111	87/805	2/58	3029	Scott Wieskamp	M	55	Panama	NE	129	6:57	00:45:54.5	102	7:01	00:46:03.2	01:31:57.8	6:59	01:31:39.5
112	25/1452	2/219	2780	Natalie Jetensky	F	44	Tekamah	NE	109	6:49	00:44:51.7	123	7:10	00:47:00.6	01:31:52.3	7:00	01:31:46.0
113	88/805	21/151	1769	Andy Schlosser	M	39	Omaha	NE	122	6:55	00:45:33.4	108	7:05	00:46:26.8	01:32:00.3	7:00	01:31:51.3
114	26/1452	5/293	3442	Niki Hilgenberg	F	33	St Joseph	MO	115	6:54	00:45:17.3	114	7:07	00:46:41.9	01:31:59.3	7:00	01:31:54.0
115	27/1452	3/100	36	Kaitlin Reed	F	23	West Des Moines	IA	116	6:54	00:45:18.6	119	7:09	00:46:56.2	01:32:14.8	7:01	01:32:10.5
116	89/805	19/136	2488	Rob Hruska	M	31	Lincoln	NE	67	6:34	00:43:12.1	186	7:30	00:49:08.5	01:32:20.7	7:02	01:32:14.2
117	90/805	1/30	1491	Jim Ruppelt	M	60	Lincoln	NE	113	6:53	00:45:15.9	126	7:12	00:47:12.9	01:32:28.8	7:02	01:32:21.9
118	91/805	5/116	261	Ray Taddeucci	M	42	Lincoln	NE	114	6:52	00:45:16.1	134	7:14	00:47:27.3	01:32:43.5	7:03	01:32:32.0
119	92/805	3/58	743	Kerry Mcdermott	M	57	Lincoln	NE	128	6:57	00:45:54.5	120	7:10	00:46:56.9	01:32:51.5	7:03	01:32:32.7
120	28/1452	4/100	961	Shelby Tucker	F	21	Gretna	NE	82	6:41	00:43:52.5	177	7:27	00:48:54.2	01:32:46.8	7:04	01:32:43.4
121	93/805	24/109	1731	Robb Hiatt	M	29	Longmont	CO	95	6:44	00:44:20.8	175	7:27	00:48:50.2	01:33:11.1	7:05	01:33:00.3
122	94/805	25/109	2633	Derek Sinica	M	29	Lincoln	NE	110	6:51	00:44:58.5	156	7:21	00:48:14.1	01:33:12.6	7:06	01:33:07.9
123	95/805	20/136	1254	Cody Sasek	M	30	Omaha	NE	119	6:54	00:45:24.5	154	7:20	00:48:07.8	01:33:32.4	7:07	01:33:25.7
124	96/805	7/73	1236	Jack Sullivan	M	50	Omaha	NE	171	7:18	00:48:14.5	98	6:57	00:45:33.5	01:33:48.1	7:07	01:33:28.3
125	29/1452	7/322	2302	Kristen Ramm	F	35	Gretna	NE	140	7:08	00:46:54.5	117	7:09	00:46:50.2	01:33:44.8	7:08	01:33:37.4
126	97/805	26/109	125	Shane Peed	M	29	Lincoln	NE	170	7:16	00:48:13.5	104	7:02	00:46:07.7	01:34:21.3	7:09	01:33:50.0
127	98/805	21/136	2065	Brian Swim	M	32	Kansas City	MO	149	7:13	00:47:41.9	110	7:06	00:46:32.1	01:34:14.1	7:09	01:33:52.8
128	99/805	22/151	207	Carl J Samuelson	M	37	Papillion	NE	127	6:58	00:45:50.4	158	7:22	00:48:16.3	01:34:06.8	7:10	01:33:58.2
129	100/805	22/136	505	Adam Gentzler	M	30	Lincoln	NE	126	6:52	00:45:49.4	178	7:28	00:48:55.7	01:34:45.2	7:10	01:33:58.8
130	101/805	27/109	1036	Joseph Pieper	M	29	Lincoln	NE	182	7:19	00:48:25.3	101	7:01	00:46:00.7	01:34:26.1	7:10	01:34:00.5
131	102/805	23/136	3213	Troy Syverson	M	34	Lincoln	NE	123	6:57	00:45:41.8	162	7:24	00:48:28.3	01:34:10.1	7:10	01:34:03.7
132	103/805	24/136	1260	Philip Voigt	M	30	Lincoln	NE	181	7:19	00:48:24.9	103	7:02	00:46:06.4	01:34:31.4	7:10	01:34:05.3
133	104/805	4/58	2784	Robert Borer	M	55	Lincoln	NE	132	7:06	00:46:37.3	150	7:19	00:47:55.9	01:34:33.2	7:12	01:34:26.7
134	30/1452	6/293	812	Julie Olson	F	31	Omaha	NE	138	7:08	00:46:54.5	143	7:17	00:47:46.2	01:34:40.8	7:12	01:34:33.3
135	105/805	28/109	2320	Mitch Rippe	M	26	Auburn	NE	164	7:19	00:48:11.9	111	7:06	00:46:35.9	01:34:47.8	7:12	01:34:34.2
136	106/805	8/73	3324	Con Murray	M	53	Lincoln	NE	137	7:08	00:46:52.7	148	7:18	00:47:54.6	01:34:47.4	7:13	01:34:39.8
137	31/1452	6/202	2172	Megan Vermaas	F	27	Omaha	NE	146	7:13	00:47:27.8	129	7:13	00:47:18.1	01:34:45.9	7:13	01:34:40.5
138	107/805	23/151	719	Jake Claussen	M	39	Norfolk	NE	106	6:47	00:44:30.6	215	7:40	00:50:14.4	01:34:45.1	7:13	01:34:41.6
139	108/805	24/151	2463	Tom Worthington	M	35	Omaha	NE	169	7:20	00:48:12.9	113	7:07	00:46:40.8	01:34:53.8	7:13	01:34:43.5
140	109/805	25/151	1538	Wade Fornander	M	38	Lincoln	NE	166	7:20	00:48:12.3	112	7:07	00:46:40.7	01:34:53.1	7:13	01:34:44.2
141	110/805	25/136	2077	Ben Johnson	M	32	Lincoln	NE	130	7:00	00:46:03.7	180	7:28	00:48:56.9	01:35:00.6	7:14	01:34:50.8
142	32/1452	7/202	323	Sarah Stevens	F	28	Omaha	NE	155	7:19	00:48:02.8	122	7:10	00:46:58.4	01:35:01.2	7:14	01:34:54.4
143	33/1452	2/127	3298	Marcia Esola	F	47	Omaha	NE	172	7:19	00:48:16.5	124	7:10	00:47:02.5	01:35:19.1	7:14	01:34:59.7
144	34/1452	7/293	1190	Laura Neel	F	33	Omaha	NE	139	7:08	00:46:54.5	165	7:24	00:48:33.9	01:35:28.4	7:16	01:35:19.2

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
145	35/1452	3/219	2548	Kjersten Welch	F	44	Sioux City	IA	134	7:06	00:46:44.8	172	7:26	00:48:45.8	01:35:30.7	7:16	01:35:20.5
146	36/1452	8/293	721	Amy Swartwood	F	33	Omaha	NE	161	7:19	00:48:11.5	136	7:15	00:47:32.3	01:35:43.8	7:17	01:35:33.3
147	111/805	6/116	2582	Phil Abel	M	40	Lincoln	NE	135	7:07	00:46:46.7	179	7:28	00:48:56.5	01:35:43.2	7:17	01:35:33.6
148	112/805	26/136	611	Richard Schwartz	M	30	Lincoln	NE	165	7:18	00:48:12.1	141	7:16	00:47:41.6	01:35:53.8	7:17	01:35:35.4
149	113/805	26/151	1142	Andrew Gonka	M	38	Elkhorn	NE	142	7:09	00:47:07.3	176	7:27	00:48:52.7	01:36:00.1	7:18	01:35:44.3
150	114/805	7/116	1619	Corey Russman	M	41	Lincoln	NE	154	7:17	00:47:57.7	151	7:19	00:48:01.1	01:35:58.8	7:18	01:35:49.3
151	115/805	8/116	2270	Mark Canfield	M	42	Crete	NE	176	7:20	00:48:18.0	147	7:18	00:47:53.5	01:36:11.5	7:19	01:35:57.7
152	116/805	27/151	2212	David Dirksen	M	37	Lincoln	NE	188	7:24	00:48:47.7	138	7:15	00:47:33.0	01:36:20.8	7:19	01:36:05.5
153	117/805	28/151	1901	Jim Hudson	M	39	Ceresco	NE	156	7:19	00:48:04.2	155	7:21	00:48:13.4	01:36:17.7	7:20	01:36:09.8
154	118/805	29/151	1547	Eric Williams	M	39	Lincoln	NE	147	7:09	00:47:34.5	191	7:32	00:49:25.5	01:37:00.1	7:20	01:36:16.2
155	119/805	30/151	1551	Jay Rosenboom	M	38	Lincoln	NE	199	7:26	00:49:10.7	139	7:15	00:47:34.6	01:36:45.3	7:21	01:36:21.5
156	120/805	9/116	2782	Matt Hrnicek	M	43	Lincoln	NE	157	7:17	00:48:04.4	169	7:25	00:48:40.2	01:36:44.7	7:21	01:36:25.8
157	121/805	27/136	1404	Brandon Mimick	M	30	Omaha	NE	159	7:17	00:48:09.5	168	7:25	00:48:39.0	01:36:48.5	7:21	01:36:27.3
158	122/805	5/58	2986	David Coleman	M	59	Lincoln	NE	150	7:14	00:47:42.7	184	7:29	00:49:01.1	01:36:43.8	7:21	01:36:29.3
159	37/1452	9/293	2711	Stacy Fey	F	34	Woodstock	MN	210	7:25	00:49:52.3	149	7:18	00:47:54.9	01:37:47.2	7:21	01:36:31.7
160	123/805	29/109	2227	Paul Kenny	M	28	Lincoln	NE	211	7:29	00:49:52.5	135	7:15	00:47:31.1	01:37:23.7	7:21	01:36:33.3
161	38/1452	8/322	259	Christy Rasmussen	F	35	Lincoln	NE	200	7:26	00:49:11.7	145	7:17	00:47:48.8	01:37:00.5	7:21	01:36:34.0
162	39/1452	4/219	337	Stacey Eddie	F	44	Storm Lake	IA	160	7:19	00:48:10.3	166	7:25	00:48:38.0	01:36:48.3	7:22	01:36:35.1
163	124/805	31/151	2748	Tin Tran	M	38	Omaha	NE	223	7:31	00:50:11.5	131	7:13	00:47:22.2	01:37:33.8	7:22	01:36:38.0
164	125/805	28/136	2615	Shaun Ilahi	M	34	Omaha	NE	131	7:05	00:46:35.1	216	7:40	00:50:14.4	01:36:49.6	7:22	01:36:39.7
165	40/1452	9/322	2763	Rachel Hoger	F	39	Johnston	IA	202	7:29	00:49:19.8	140	7:16	00:47:38.5	01:36:58.3	7:22	01:36:42.4
166	41/1452	8/202	2325	Erin Beethe	F	26	Lincoln	NE	178	7:20	00:48:19.4	170	7:26	00:48:41.7	01:37:01.1	7:23	01:36:49.0
167	126/805	32/151	3333	David Pecha	M	39	Elkhorn	NE	167	7:20	00:48:12.3	171	7:26	00:48:45.6	01:36:57.9	7:23	01:36:51.0
168	127/805	33/151	307	Juan Florez	M	36	Lincoln	NE	295	7:31	00:51:30.5	137	7:15	00:47:32.3	01:39:02.8	7:23	01:36:52.2
169	42/1452	9/202	299	Cailan Franz	F	26	Omaha	NE	136	7:08	00:46:52.5	211	7:39	00:50:07.1	01:36:59.7	7:23	01:36:52.4
170	43/1452	10/293	3474	Kristen Wetta	F	32	Omaha	NE	206	7:33	00:49:43.7	132	7:14	00:47:25.5	01:37:09.3	7:23	01:36:53.9
171	128/805	6/77	2647	Craig Koehler	M	49	Omaha	NE	214	7:35	00:50:02.9	125	7:12	00:47:10.9	01:37:13.8	7:23	01:36:54.3
172	44/1452	11/293	503	Jill Tillinghast	F	33	Lincoln	NE	144	7:11	00:47:14.8	205	7:38	00:50:00.6	01:37:15.5	7:24	01:37:03.7
173	129/805	30/109	2198	Eric Johnson	M	26	Lincoln	NE	208	7:34	00:49:49.1	133	7:14	00:47:27.0	01:37:16.2	7:24	01:37:04.2
174	45/1452	10/322	1396	Carrie Grant	F	36	Lincoln	NE	175	7:20	00:48:17.8	182	7:28	00:49:00.2	01:37:18.1	7:24	01:37:04.3
175	46/1452	12/293	3290	Leah Wurth	F	32	Omaha	NE	143	7:08	00:47:11.8	219	7:40	00:50:18.7	01:37:30.6	7:24	01:37:05.3
176	130/805	10/116	689	Craig Pleskac	M	44	Lincoln	NE	190	7:20	00:48:52.5	185	7:29	00:49:01.5	01:37:54.1	7:24	01:37:08.3
177	131/805	34/151	2332	Shane Deaver	M	35	Omaha	NE	233	7:39	00:50:21.2	130	7:13	00:47:19.8	01:37:41.1	7:26	01:37:27.5
178	132/805	35/151	2902	Adam Reinhardt	M	39	Omaha	NE	151	7:15	00:47:43.1	202	7:37	00:49:54.1	01:37:37.2	7:26	01:37:29.3
179	47/1452	1/90	989	Nancy Stanley	F	51	Lincoln	NE	189	7:24	00:48:47.7	187	7:30	00:49:08.6	01:37:56.3	7:27	01:37:40.7
180	133/805	29/136	854	Jeremy Holtz	M	34	Elkhorn	NE	162	7:18	00:48:11.5	204	7:38	00:50:00.4	01:38:11.9	7:28	01:37:55.4

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
181	48/1452	13/293	1910	Christy Prang	F	31	Lincoln	NE	141	7:09	00:47:06.7	245	7:47	00:51:02.7	01:38:09.5	7:28	01:37:57.0
182	49/1452	14/293	436	Carol Barry	F	34	Valparaiso	NE	148	7:14	00:47:41.3	226	7:43	00:50:33.4	01:38:14.8	7:28	01:38:01.5
183	134/805	9/73	1904	William Berzonsky	M	54	Lincoln	NE	225	7:36	00:50:14.5	159	7:22	00:48:21.3	01:38:35.8	7:29	01:38:09.1
184	135/805	7/77	2765	Tim Carlson	M	45	Omaha	NE	183	7:20	00:48:29.8	210	7:39	00:50:06.6	01:38:36.5	7:29	01:38:09.1
185	136/805	11/116	616	Andy Plummer	M	40	Omaha	NE	133	7:05	00:46:42.6	269	7:53	00:51:43.3	01:38:26.0	7:29	01:38:11.5
186	50/1452	15/293	707	Amber Oligmueller	F	33	Lincoln	NE	245	7:40	00:50:44.2	153	7:20	00:48:06.2	01:38:50.5	7:30	01:38:24.8
187	137/805	30/136	878	Aaron Cook	M	32	Whichita	KS	380	7:48	00:53:40.8	127	7:12	00:47:14.9	01:40:55.7	7:30	01:38:25.4
188	138/805	8/77	431	Kevin Mccaffrey	M	46	Lincoln	NE	152	7:17	00:47:51.8	231	7:44	00:50:40.9	01:38:32.8	7:30	01:38:26.3
189	51/1452	10/202	2973	Shawntae Horst	F	28	Lincoln	NE	187	7:25	00:48:45.5	201	7:36	00:49:51.1	01:38:36.6	7:30	01:38:26.4
190	52/1452	16/293	2402	Kristie Brezenski	F	34	Columbus	NE	191	7:25	00:48:56.4	200	7:36	00:49:48.7	01:38:45.2	7:30	01:38:28.5
191	53/1452	11/202	864	Kylie Hubbell	F	25	Omaha	NE	219	7:33	00:50:07.8	183	7:28	00:49:00.4	01:39:08.3	7:30	01:38:29.7
192	139/805	9/77	3477	Brian Boyce	M	46	Omaha	NE	177	7:20	00:48:18.6	223	7:42	00:50:28.1	01:38:46.8	7:31	01:38:35.3
193	140/805	31/136	2503	Spencer Finley	M	33	Omaha	NE	249	7:42	00:50:55.4	152	7:20	00:48:03.6	01:38:59.1	7:31	01:38:36.0
194	141/805	10/77	369	Jeff Wickett	M	49	Norfolk	NE	235	7:39	00:50:29.7	160	7:23	00:48:25.0	01:38:54.8	7:31	01:38:36.4
195	54/1452	17/293	2149	Laura Lillie	F	34	Omaha	NE	145	7:12	00:47:20.3	257	7:51	00:51:28.1	01:38:48.5	7:31	01:38:40.5
196	142/805	32/136	911	Michael Johnson	M	32	Omaha	NE	268	7:46	00:51:05.8	146	7:18	00:47:53.3	01:38:59.1	7:32	01:38:45.7
197	143/805	12/116	3097	Mike Reed	M	42	Omaha	NE	168	7:19	00:48:12.5	236	7:45	00:50:48.6	01:39:01.1	7:32	01:38:49.6
198	55/1452	18/293	2682	Christina Bentley	F	34	Lincoln	NE	173	7:19	00:48:17.2	237	7:45	00:50:50.6	01:39:07.8	7:32	01:38:52.6
199	144/805	36/151	3255	Chad Buell	M	38	Bassett	NE	179	7:19	00:48:21.7	243	7:46	00:50:58.1	01:39:19.9	7:33	01:38:58.4
200	56/1452	11/322	3183	Caitlyn Ramey	F	35	Omaha	NE	251	7:43	00:50:57.5	161	7:23	00:48:26.0	01:39:23.6	7:33	01:38:59.9
201	145/805	4/27	1471	Brett Grieb	M	24	Lincoln	NE	185	7:23	00:48:40.3	227	7:43	00:50:33.5	01:39:13.8	7:33	01:39:00.4
202	146/805	5/27	1071	Jesse Genrich	M	24	Lincoln	NE	180	7:20	00:48:22.7	242	7:46	00:50:57.0	01:39:19.8	7:33	01:39:02.1
203	57/1452	2/90	679	Kristi Newcomb	F	51	Lincoln	NE	194	7:28	00:49:08.4	214	7:39	00:50:11.0	01:39:19.5	7:33	01:39:07.1
204	147/805	33/136	3055	Chris Mcbratney	M	34	Fremont	NE	216	7:34	00:50:04.7	193	7:33	00:49:28.7	01:39:33.5	7:33	01:39:07.2
205	148/805	34/136	636	Brett Erickson	M	33	Lincoln	NE	263	7:43	00:51:03.5	164	7:24	00:48:33.8	01:39:37.3	7:33	01:39:09.1
206	149/805	35/136	1868	Craig Carlson	M	33	Omaha	NE	192	7:22	00:48:58.2	241	7:46	00:50:53.1	01:39:51.4	7:33	01:39:10.2
207	58/1452	12/202	1916	Catie Deman	F	29	Omaha	NE	207	7:34	00:49:46.9	198	7:35	00:49:43.2	01:39:30.1	7:34	01:39:16.9
208	150/805	11/77	585	Steven Sousek	M	48	Lincoln	NE	252	7:44	00:50:58.2	167	7:25	00:48:38.5	01:39:36.7	7:34	01:39:19.9
209	151/805	13/116	852	Greg Hanel	M	44	Lincoln	NE	193	7:24	00:49:04.5	235	7:45	00:50:47.5	01:39:52.1	7:34	01:39:21.8
210	59/1452	19/293	2229	Katy Billings	F	33	Auburn	NE	196	7:27	00:49:09.4	228	7:43	00:50:36.0	01:39:45.5	7:35	01:39:26.4
211	152/805	6/58	2087	Jon Michelsen	M	56	Lincoln	NE	291	7:46	00:51:18.7	163	7:24	00:48:33.3	01:39:52.1	7:35	01:39:28.8
212	153/805	37/151	2795	Kirk Raymond	M	35	Lincoln	NE	163	7:20	00:48:11.7	256	7:51	00:51:27.3	01:39:39.1	7:35	01:39:33.2
213	154/805	12/77	1176	Joel Schlautman	M	49	Lincoln	NE	266	7:45	00:51:04.3	173	7:27	00:48:48.2	01:39:52.5	7:35	01:39:34.0
214	155/805	38/151	1178	Scott Medina	M	37	Lincoln	NE	153	7:16	00:47:54.9	280	7:56	00:52:02.3	01:39:57.2	7:36	01:39:41.4
215	156/805	31/109	2003	Paul Judge	M	28	Omaha	NE	215	7:35	00:50:03.3	208	7:38	00:50:02.3	01:40:05.6	7:36	01:39:46.2
216	60/1452	5/219	1358	Kami Alessandro	F	42	Omaha	NE	198	7:28	00:49:10.4	238	7:45	00:50:51.4	01:40:01.9	7:36	01:39:46.6

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
217	157/805	13/77	496	Tom Macy	M	47	Omaha	NE	238	7:40	00:50:33.5	194	7:33	00:49:29.5	01:40:03.1	7:36	01:39:47.7
218	158/805	14/77	2696	Tom Volk	M	49	Lincoln	NE	239	7:40	00:50:33.5	195	7:34	00:49:34.1	01:40:07.6	7:36	01:39:48.5
219	159/805	14/116	2025	Scott Neill	M	40	Omaha	NE	289	7:46	00:51:16.7	181	7:28	00:48:57.6	01:40:14.4	7:37	01:39:52.6
220	61/1452	13/202	2735	Anna Seeley	F	25	Aurora	NE	220	7:36	00:50:09.8	209	7:38	00:50:05.7	01:40:15.5	7:37	01:39:54.9
221	160/805	10/73	360	William Newton	M	54	Pender	NE	283	7:43	00:51:13.9	190	7:32	00:49:23.5	01:40:37.4	7:37	01:40:02.5
222	161/805	39/151	1994	Kurt Ramaekers	M	35	Lincoln	NE	260	7:43	00:51:02.5	192	7:32	00:49:26.3	01:40:28.8	7:37	01:40:02.9
223	162/805	32/109	1781	Adrian Lara	M	29	Lincoln	NE	255	7:45	00:51:00.7	188	7:30	00:49:14.0	01:40:14.7	7:37	01:40:03.2
224	163/805	11/73	1843	Brent Kinsey	M	50	Lincoln	NE	259	7:44	00:51:02.5	189	7:32	00:49:22.8	01:40:25.4	7:38	01:40:05.5
225	164/805	12/73	2272	Kevin Fields	M	52	Seward	NE	222	7:36	00:50:11.5	218	7:40	00:50:18.6	01:40:30.1	7:38	01:40:11.1
226	165/805	7/58	3489	Rick Carter	M	55	Hudson	WI	236	7:38	00:50:29.8	220	7:41	00:50:20.0	01:40:49.8	7:39	01:40:25.0
227	62/1452	6/219	2901	Kelly Crymble	F	43	Ogallala	NE	241	7:41	00:50:35.9	213	7:39	00:50:10.3	01:40:46.2	7:39	01:40:29.9
228	166/805	36/136	988	Marlon Good	M	32	Lincoln	NE	195	7:29	00:49:08.5	261	7:52	00:51:33.0	01:40:41.5	7:40	01:40:35.2
229	167/805	2/30	1000	Bob Freese	M	61	Ceresco	NE	217	7:28	00:50:05.1	267	7:53	00:51:42.8	01:41:47.9	7:40	01:40:40.6
230	63/1452	7/219	244	Betsy Berentson	F	44	Omaha	NE	240	7:40	00:50:33.7	222	7:42	00:50:27.7	01:41:01.4	7:41	01:40:45.5
231	168/805	15/77	2993	Troy Huffman	M	47	Lincoln	NE	248	7:43	00:50:51.7	212	7:39	00:50:09.0	01:41:00.8	7:41	01:40:47.4
232	64/1452	20/293	415	Sam Eckhardt	F	30	Lincoln	NE	232	7:38	00:50:20.8	232	7:44	00:50:41.7	01:41:02.6	7:41	01:40:47.7
233	169/805	3/30	767	Larry Dietrich	M	61	Lincoln	NE	277	7:46	00:51:11.8	206	7:38	00:50:01.2	01:41:13.1	7:42	01:40:58.5
234	170/805	16/77	206	Tim Starbuck	M	46	Bellevue	NE	257	7:44	00:51:01.3	217	7:40	00:50:18.4	01:41:19.8	7:42	01:41:01.8
235	65/1452	3/90	751	Amanda Baron-Fritts	F	53	Lincoln	NE	244	7:41	00:50:41.8	230	7:44	00:50:40.4	01:41:22.2	7:42	01:41:01.8
236	171/805	15/116	2600	Brad Okamoto	M	43	Lincoln	NE	243	7:42	00:50:39.9	229	7:43	00:50:36.7	01:41:16.6	7:42	01:41:03.4
237	172/805	40/151	2589	Levi Holte	M	39	Lincoln	NE	247	7:41	00:50:49.5	234	7:44	00:50:42.5	01:41:32.1	7:42	01:41:04.9
238	66/1452	21/293	736	Elizabeth Barry	F	34	Lincoln	NE	261	7:44	00:51:02.7	224	7:42	00:50:28.4	01:41:31.1	7:42	01:41:08.0
239	173/805	41/151	619	Ryan Garlock	M	38	Lincoln	NE	273	7:46	00:51:07.5	221	7:41	00:50:20.0	01:41:27.5	7:43	01:41:14.8
240	174/805	13/73	606	Brad Gengenbach	M	54	Lincoln	NE	218	7:37	00:50:06.8	254	7:50	00:51:23.7	01:41:30.6	7:43	01:41:19.4
241	67/1452	14/202	2419	Amber Nelson	F	29	Omaha	NE	230	7:27	00:50:20.6	302	8:01	00:52:30.8	01:42:51.5	7:43	01:41:22.3
242	68/1452	12/322	2698	Michelle Adler	F	37	Lincoln	NE	357	7:55	00:53:26.2	196	7:34	00:49:34.5	01:43:00.7	7:44	01:41:25.8
243	69/1452	8/219	3018	Julie Ortman	F	40	La Vista	NE	309	7:53	00:52:06.5	199	7:36	00:49:47.2	01:41:53.8	7:44	01:41:26.4
244	175/805	14/73	3169	Rob Hotz	M	52	Lincoln	NE	209	7:34	00:49:49.9	276	7:56	00:51:58.3	01:41:48.3	7:44	01:41:34.5
245	176/805	42/151	2867	Curtis Saunders	M	37	Lincoln	NE	272	7:44	00:51:07.0	240	7:46	00:50:52.9	01:41:59.9	7:45	01:41:38.1
246	177/805	43/151	2998	Bill Udell	M	39	Lincoln	NE	184	7:24	00:48:36.9	322	8:07	00:53:14.9	01:41:51.8	7:45	01:41:45.2
247	178/805	15/73	2917	Mike Borland	M	53	Lincoln	NE	253	7:45	00:50:58.4	250	7:49	00:51:16.0	01:42:14.5	7:46	01:42:01.8
248	179/805	16/73	148	Michael Wadzinski	M	54	Sioux City	IA	293	7:45	00:51:25.1	252	7:49	00:51:18.3	01:42:43.4	7:47	01:42:08.4
249	180/805	17/77	2334	Hank Newburn	M	47	Seward	NE	197	7:27	00:49:10.2	329	8:08	00:53:21.2	01:42:31.5	7:47	01:42:12.5
250	181/805	44/151	873	Josh Huenergardt	M	35	Lincoln	NE	330	8:00	00:52:48.2	203	7:37	00:49:55.0	01:42:43.3	7:48	01:42:19.6
251	70/1452	22/293	2653	Karisa Ostdiek	F	34	Grand Island	NE	226	7:37	00:50:16.5	301	8:00	00:52:29.9	01:42:46.5	7:48	01:42:24.3
252	182/805	33/109	2145	Eric Schilmoeller	M	26	Lincoln	NE	389	8:03	00:53:43.3	197	7:35	00:49:41.1	01:43:24.5	7:49	01:42:29.2

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
253	71/1452	13/322	1597	Heidi Tast	F	38	Lincoln	NE	234	7:39	00:50:21.8	292	7:59	00:52:20.4	01:42:42.3	7:49	01:42:31.7
254	183/805	45/151	1416	Zachary Labrayere	M	35	Lincoln	NE	551	8:17	00:55:57.5	157	7:22	00:48:16.2	01:44:13.8	7:49	01:42:35.7
255	184/805	34/109	1548	Brett Crotty	M	26	Lincoln	NE	158	7:18	00:48:09.1	390	8:21	00:54:43.4	01:42:52.6	7:49	01:42:36.9
256	185/805	37/136	2136	Keith Wysocki	M	30	Lincoln	NE	374	8:01	00:53:38.4	207	7:38	00:50:01.8	01:43:40.3	7:49	01:42:38.3
257	186/805	38/136	1100	Thomas Lucas	M	33	Lincoln	NE	280	7:45	00:51:12.4	271	7:55	00:51:56.1	01:43:08.6	7:50	01:42:42.2
258	72/1452	3/127	2893	Jeanne Rud	F	47	Madison	SD	353	7:56	00:53:15.2	233	7:44	00:50:42.5	01:43:57.8	7:50	01:42:43.6
259	187/805	16/116	1206	Blake Anderson	M	43	Lincoln	NE	237	7:40	00:50:32.2	299	8:00	00:52:29.5	01:43:01.8	7:50	01:42:45.1
260	73/1452	4/90	3349	Tracy Schmidt	F	53	Lincoln	NE	281	7:44	00:51:12.7	278	7:56	00:52:00.0	01:43:12.7	7:50	01:42:45.2
261	188/805	17/73	2487	Pat Mcfadden	M	53	Kearney	NE	303	7:44	00:51:57.4	286	7:58	00:52:11.0	01:44:08.5	7:51	01:42:56.2
262	74/1452	14/322	3423	Lora Ullerich	F	37	Omaha	NE	224	7:35	00:50:14.3	323	8:07	00:53:15.5	01:43:29.8	7:51	01:42:56.9
263	75/1452	4/127	624	Claire Haag	F	46	Lincoln	NE	212	7:32	00:49:54.1	336	8:10	00:53:34.4	01:43:28.5	7:51	01:42:57.0
264	189/805	6/27	1278	Daniel Haden	M	24	Lincoln	NE	449	8:15	00:54:35.6	174	7:27	00:48:50.0	01:43:25.7	7:51	01:42:57.5
265	76/1452	15/322	1889	Kristi Casady	F	37	Lincoln	NE	275	7:46	00:51:10.2	282	7:57	00:52:05.8	01:43:16.1	7:51	01:42:59.8
266	190/805	46/151	1533	Kirk Eckhardt	M	39	Lincoln	NE	262	7:47	00:51:02.9	274	7:55	00:51:57.6	01:43:00.5	7:51	01:43:00.5
267	77/1452	23/293	1032	Alisha Luebbe	F	31	Lincoln	NE	231	7:39	00:50:20.8	314	8:04	00:52:55.5	01:43:16.3	7:51	01:43:04.2
268	191/805	39/136	739	Carl Weiland	M	30	Bellevue	NE	265	7:45	00:51:04.1	289	7:58	00:52:16.9	01:43:21.1	7:51	01:43:04.4
269	192/805	18/73	2331	David Berkowitz	M	54	Lincoln	NE	213	7:35	00:49:55.2	331	8:09	00:53:27.4	01:43:22.6	7:52	01:43:10.2
270	193/805	40/136	3438	Caleb Zahnd	M	33	St Joseph	MO	174	7:21	00:48:17.4	421	8:24	00:55:05.8	01:43:23.3	7:52	01:43:17.9
271	78/1452	16/322	642	Michelle Bivens	F	35	Lincoln	NE	323	7:56	00:52:30.8	253	7:50	00:51:23.0	01:43:53.8	7:53	01:43:22.5
272	194/805	47/151	648	Nathan Chandler	M	39	Ceresco	NE	316	7:58	00:52:23.2	255	7:50	00:51:24.5	01:43:47.8	7:54	01:43:35.9
273	79/1452	9/219	1335	Rachele Eller	F	44	Shelby	NE	299	7:50	00:51:42.8	290	7:58	00:52:17.0	01:43:59.8	7:54	01:43:41.2
274	195/805	41/136	270	James Borer	M	30	Omaha	NE	271	7:45	00:51:06.4	310	8:04	00:52:52.1	01:43:58.6	7:54	01:43:42.1
275	196/805	42/136	1172	Fred Seckman	M	34	Lincoln	NE	327	7:57	00:52:41.5	262	7:52	00:51:33.3	01:44:14.8	7:54	01:43:44.1
276	197/805	35/109	945	Drew Partridge	M	25	Fremont	NE	264	7:45	00:51:03.5	313	8:04	00:52:55.2	01:43:58.8	7:54	01:43:44.8
277	80/1452	24/293	1381	Amy Ferguson	F	32	Lincoln	NE	363	8:04	00:53:36.2	239	7:46	00:50:52.7	01:44:28.9	7:54	01:43:46.1
278	198/805	43/136	1012	James Lee	M	34	Papillion	NE	359	8:01	00:53:29.7	249	7:49	00:51:15.4	01:44:45.1	7:55	01:43:49.9
279	199/805	17/116	2466	Tyre Mcdowell	M	42	Lincoln	NE	310	7:51	00:52:06.8	294	8:00	00:52:24.9	01:44:31.8	7:55	01:43:56.0
280	200/805	44/136	2913	James Barbee	M	34	Lincoln	NE	205	7:31	00:49:39.7	398	8:22	00:54:49.3	01:44:29.1	7:56	01:44:03.8
281	201/805	4/30	395	Marvin Ehly	M	60	Lincoln	NE	279	7:45	00:51:11.8	327	8:08	00:53:18.8	01:44:30.7	7:56	01:44:04.8
282	202/805	48/151	2506	Chad Kudym	M	39	Lincoln	NE	270	7:45	00:51:05.9	325	8:08	00:53:16.9	01:44:22.9	7:56	01:44:07.3
283	81/1452	10/219	2216	Daria Springer	F	43	Lincoln	NE	324	7:55	00:52:32.3	287	7:58	00:52:13.0	01:44:45.3	7:56	01:44:08.2
284	203/805	36/109	831	Adama Anderson	M	29	Navarre	FL	267	7:45	00:51:05.7	328	8:08	00:53:20.5	01:44:26.2	7:56	01:44:08.5
285	82/1452	17/322	2536	Staci Hanus	F	36	Lincoln	NE	282	7:46	00:51:13.7	326	8:08	00:53:17.4	01:44:31.2	7:57	01:44:13.6
286	204/805	2/13	3418	Dean Dalton	M	18	Lincoln	NE	361	8:05	00:53:32.5	251	7:49	00:51:17.0	01:44:49.6	7:57	01:44:14.1
287	83/1452	18/322	2865	Molly Burgher	F	37	Lincoln	NE	274	7:46	00:51:09.4	330	8:08	00:53:21.9	01:44:31.3	7:57	01:44:17.1
288	84/1452	25/293	3551	Stephanie Boldt	F	30	Lincoln	NE	201	7:30	00:49:19.1	431	8:25	00:55:13.0	01:44:32.2	7:57	01:44:25.9

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
289	85/1452	5/100	1985	Erin Heiden	F	21	Lincoln	NE	415	8:10	00:54:04.3	244	7:47	00:50:58.9	01:45:03.2	7:58	01:44:28.8
290	86/1452	19/322	1345	Larissa Woosley	F	36	Lincoln	NE	285	7:47	00:51:14.3	335	8:10	00:53:34.1	01:44:48.4	7:58	01:44:35.8
291	205/805	45/136	2057	Scott Rosenbaugh	M	31	Lincoln	NE	221	7:36	00:50:10.7	393	8:21	00:54:46.4	01:44:57.1	7:58	01:44:36.3
292	87/1452	5/90	1166	Jo Mcelwain	F	50	Lincoln	NE	358	8:05	00:53:29.3	263	7:52	00:51:35.3	01:45:04.6	7:58	01:44:36.8
293	206/805	18/116	905	Chad Lechtenberger	M	42	Lincoln	NE	385	8:07	00:53:41.8	258	7:51	00:51:28.4	01:45:10.3	7:59	01:44:39.5
294	88/1452	6/100	2163	Allison Balderston	F	22	Salina	KS	416	8:10	00:54:04.8	247	7:48	00:51:10.3	01:45:15.2	7:59	01:44:41.0
295	207/805	19/116	412	Jeff Spilinek	M	42	Gretna	NE	344	8:01	00:53:05.9	285	7:57	00:52:07.6	01:45:13.5	7:59	01:44:41.8
296	89/1452	11/219	1897	Sandy Catlin	F	43	Verdon	NE	256	7:39	00:51:01.3	382	8:19	00:54:33.2	01:45:34.5	7:59	01:44:42.0
297	208/805	37/109	3133	Owen Treiber	M	29	Omaha	NE	480	8:05	00:55:06.5	266	7:53	00:51:41.2	01:46:47.8	7:59	01:44:42.8
298	90/1452	15/202	2342	Emily Steenson	F	29	Lincoln	NE	322	7:56	00:52:30.1	307	8:02	00:52:42.0	01:45:12.2	7:59	01:44:45.5
299	91/1452	12/219	1371	Lori Bakker	F	40	Omaha	NE	321	7:57	00:52:29.8	306	8:02	00:52:41.3	01:45:11.1	7:59	01:44:45.8
300	209/805	20/116	3246	Jason Hueser	M	42	Lincoln	NE	290	7:45	00:51:17.0	351	8:14	00:53:56.9	01:45:13.9	7:59	01:44:46.0
301	92/1452	20/322	1488	Denise Petsche	F	37	Roca	NE	306	7:47	00:52:01.5	344	8:12	00:53:47.8	01:45:49.3	7:59	01:44:52.1
302	93/1452	26/293	1240	Jayme Lowell	F	34	Lincoln	NE	349	7:59	00:53:10.5	297	8:00	00:52:28.8	01:45:39.3	8:00	01:44:52.6
303	94/1452	27/293	3008	Haley Bidroski	F	30	Columbus	NE	436	8:11	00:54:22.3	248	7:49	00:51:13.7	01:45:36.1	8:00	01:44:54.9
304	210/805	49/151	2992	Shawn Hansen	M	38	Lincoln	NE	276	7:45	00:51:11.5	360	8:15	00:54:05.6	01:45:17.2	8:00	01:44:55.6
305	211/805	21/116	1743	Sean Kenney	M	41	Bellevue	NE	367	8:07	00:53:37.1	268	7:53	00:51:43.1	01:45:20.3	8:00	01:44:56.5
306	212/805	22/116	2195	John Christensen	M	43	Lincoln	NE	371	8:07	00:53:38.2	265	7:53	00:51:41.1	01:45:19.3	8:00	01:44:57.0
307	213/805	8/58	1419	Gregory Freese	M	55	Lincoln	NE	292	7:46	00:51:18.7	356	8:14	00:54:00.1	01:45:18.9	8:00	01:44:57.3
308	214/805	23/116	968	Patrick Nepple	M	40	Council Bluffs	IA	369	8:05	00:53:37.4	272	7:55	00:51:56.7	01:45:34.1	8:00	01:45:00.0
309	95/1452	1/11	1909	Laura Packwood	F	17	Omaha	NE	334	8:01	00:52:57.6	303	8:01	00:52:30.9	01:45:28.5	8:00	01:45:05.2
310	215/805	24/116	1164	Jeff Cole	M	43	Waverly	NE	302	7:50	00:51:46.8	340	8:12	00:53:42.8	01:45:29.6	8:01	01:45:05.5
311	216/805	25/116	1882	Rick Tast	M	41	Lincoln	NE	329	8:01	00:52:47.2	298	8:00	00:52:29.3	01:45:16.6	8:01	01:45:06.2
312	217/805	26/116	1554	Steve Packwood	M	42	Omaha	NE	333	8:01	00:52:57.5	304	8:01	00:52:32.5	01:45:30.1	8:01	01:45:06.8
313	218/805	46/136	304	Nate Czapla	M	30	Columbus	NE	373	8:05	00:53:38.3	284	7:57	00:52:07.5	01:45:45.8	8:01	01:45:07.1
314	219/805	50/151	2999	Layne Monroe	M	35	Lincoln	NE	403	8:06	00:53:54.8	277	7:56	00:51:59.3	01:45:54.1	8:01	01:45:07.7
315	96/1452	21/322	204	Lisa Sypal	F	35	Lincoln	NE	356	8:05	00:53:25.2	291	7:59	00:52:17.7	01:45:43.0	8:01	01:45:14.5
316	220/805	38/109	698	Seth Huenink	M	28	Lincoln	NE	227	7:34	00:50:17.4	460	8:30	00:55:41.1	01:45:58.5	8:01	01:45:16.4
317	221/805	19/73	1776	Noel Timmons	M	53	Lincoln	NE	287	7:46	00:51:14.8	370	8:18	00:54:24.7	01:45:39.6	8:01	01:45:18.2
318	97/1452	28/293	995	Jenny Steuer	F	33	Lincoln	NE	394	8:08	00:53:48.8	279	7:56	00:52:01.4	01:45:50.2	8:02	01:45:20.3
319	98/1452	16/202	1563	Brittany Bausch	F	26	Auburn	NE	377	8:07	00:53:40.2	283	7:57	00:52:06.0	01:45:46.3	8:02	01:45:21.2
320	99/1452	17/202	2495	Elizabeth Vanwinkle	F	27	Omaha	NE	286	7:41	00:51:14.7	414	8:23	00:54:58.3	01:46:13.1	8:02	01:45:22.3
321	222/805	51/151	1319	Spencer Giles	M	39	Gretna	NE	288	7:45	00:51:15.3	383	8:19	00:54:33.4	01:45:48.8	8:02	01:45:22.3
322	223/805	3/13	2977	Trevin Ryder	M	15	Lincoln	NE	284	7:47	00:51:14.3	372	8:18	00:54:25.5	01:45:39.8	8:02	01:45:28.2
323	100/1452	18/202	3564	Kimberly Piening	F	28	Pleasant Dale	NE	597	8:14	00:56:48.2	260	7:52	00:51:31.9	01:48:20.1	8:02	01:45:29.8
324	224/805	18/77	926	Rick Manthey	M	47	Omaha	NE	372	8:06	00:53:38.2	296	8:00	00:52:28.0	01:46:06.3	8:03	01:45:32.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
325	225/805	39/109	849	Jediah Kautz	M	29	Hastings	NE	250	7:44	00:50:57.4	404	8:22	00:54:54.3	01:45:51.8	8:03	01:45:35.3
326	101/1452	19/202	1107	Amanda Homes	F	27	Lincoln	NE	395	8:06	00:53:48.9	300	8:00	00:52:29.8	01:46:18.7	8:03	01:45:36.4
327	102/1452	22/322	441	Abbie Edie	F	37	Omaha	NE	392	8:08	00:53:47.7	288	7:58	00:52:14.6	01:46:02.3	8:03	01:45:37.0
328	226/805	40/109	3017	Scott Bidroski	M	29	Duncan	NE	437	8:11	00:54:22.3	275	7:56	00:51:57.8	01:46:20.1	8:03	01:45:39.0
329	227/805	41/109	449	Jacob Millard	M	28	Lincoln	NE	362	8:06	00:53:34.5	305	8:01	00:52:36.4	01:46:10.9	8:03	01:45:40.7
330	228/805	47/136	2344	Cameron Soester	M	34	Seward	NE	258	7:45	00:51:01.7	403	8:22	00:54:52.6	01:45:54.4	8:03	01:45:41.2
331	103/1452	29/293	1037	Angela Sing	F	31	Omaha	NE	307	7:53	00:52:03.3	357	8:15	00:54:04.3	01:46:07.6	8:03	01:45:43.9
332	229/805	52/151	2441	Kevin Ronnenkamp	M	37	Omaha	NE	576	8:26	00:56:21.8	225	7:42	00:50:31.8	01:46:53.6	8:04	01:45:47.3
333	230/805	5/30	2480	Tom Larson	M	60	Lincoln	NE	320	7:57	00:52:27.5	343	8:12	00:53:47.7	01:46:15.3	8:04	01:45:52.4
334	231/805	6/30	468	Al Kontz	M	60	Lincoln	NE	579	8:18	00:56:22.4	259	7:51	00:51:30.1	01:47:52.6	8:04	01:45:55.3
335	232/805	27/116	2724	Jeff Warren	M	43	Omaha	NE	269	7:46	00:51:05.8	422	8:24	00:55:06.6	01:46:12.5	8:05	01:45:59.9
336	104/1452	23/322	221	Sonya Kelly	F	39	Thurston	NE	483	8:18	00:55:08.5	264	7:52	00:51:36.1	01:46:44.6	8:05	01:46:02.7
337	105/1452	30/293	3463	Traci Helton	F	30	Riverton	WY	352	8:03	00:53:14.4	324	8:07	00:53:16.3	01:46:30.8	8:05	01:46:05.0
338	233/805	53/151	3279	Daniel Zach	M	36	Lincon	NE	204	7:31	00:49:29.5	533	8:41	00:56:56.0	01:46:25.6	8:06	01:46:12.0
339	106/1452	31/293	741	Kelia Dubas	F	32	Omaha	NE	461	8:14	00:54:47.5	293	7:59	00:52:21.7	01:47:09.3	8:06	01:46:17.6
340	234/805	9/58	516	Greg Duncan	M	56	Lincoln	NE	375	8:06	00:53:39.2	320	8:06	00:53:08.8	01:46:48.1	8:06	01:46:17.8
341	107/1452	24/322	2154	Katie Trierweiler	F	37	Lincoln	NE	304	7:52	00:52:00.3	394	8:22	00:54:48.2	01:46:48.5	8:06	01:46:21.3
342	235/805	28/116	3569	Ben Spence	M	40	Lincoln	NE	298	7:51	00:51:41.8	410	8:23	00:54:56.7	01:46:38.6	8:06	01:46:23.1
343	236/805	48/136	2928	Daniel Seier	M	30	Omaha	NE	435	8:11	00:54:22.2	308	8:03	00:52:44.4	01:47:06.6	8:07	01:46:25.7
344	108/1452	32/293	219	Tasha Breitbarth	F	33	Pender	NE	426	8:11	00:54:13.8	311	8:04	00:52:52.6	01:47:06.5	8:07	01:46:28.7
345	109/1452	25/322	2313	Angie Frederick	F	39	Omaha	NE	438	8:18	00:54:23.4	281	7:57	00:52:05.7	01:46:29.1	8:07	01:46:29.1
346	110/1452	6/90	665	Rachelle Hadley	F	51	Lincoln	NE	346	8:01	00:53:07.1	355	8:14	00:53:58.7	01:47:05.8	8:07	01:46:29.6
347	111/1452	20/202	222	Melissa Hansen	F	29	Pender	NE	427	8:11	00:54:14.8	312	8:04	00:52:54.0	01:47:08.8	8:07	01:46:31.3
348	237/805	49/136	2066	Zachary Wells	M	32	Lincoln	NE	294	7:48	00:51:28.4	446	8:27	00:55:26.2	01:46:54.6	8:07	01:46:32.7
349	238/805	54/151	1352	Chad Law	M	37	Omaha	NE	354	8:05	00:53:19.9	334	8:10	00:53:33.4	01:46:53.4	8:07	01:46:35.7
350	112/1452	26/322	212	Jill Vodicka	F	39	Lincoln	NE	418	8:09	00:54:06.7	321	8:07	00:53:14.5	01:47:21.3	8:08	01:46:37.7
351	239/805	55/151	425	Josh Barker	M	35	Lincoln	NE	348	8:01	00:53:08.7	361	8:15	00:54:08.0	01:47:16.8	8:08	01:46:43.3
352	240/805	56/151	413	Eric Wingert	M	36	Omaha	NE	518	8:21	00:55:34.8	273	7:55	00:51:56.8	01:47:31.6	8:08	01:46:44.3
353	113/1452	27/322	411	Nicole Wingert	F	36	Omaha	NE	519	8:22	00:55:35.4	270	7:55	00:51:56.1	01:47:31.5	8:08	01:46:44.6
354	114/1452	21/202	2667	Lisa Karel	F	27	Kansas City	MO	376	8:07	00:53:39.6	333	8:10	00:53:32.8	01:47:12.5	8:08	01:46:45.7
355	241/805	19/77	2580	Joseph Zugmier	M	49	Lincoln	NE	366	8:05	00:53:36.8	353	8:14	00:53:58.0	01:47:34.8	8:09	01:46:55.3
356	115/1452	7/90	2377	Julie Olmstead	F	51	Webster City	IA	319	7:55	00:52:27.3	426	8:24	00:55:07.0	01:47:34.3	8:09	01:47:01.1
357	116/1452	33/293	605	Molly Jensen	F	32	Omaha	NE	335	7:59	00:52:58.2	388	8:20	00:54:41.2	01:47:39.5	8:10	01:47:04.9
358	242/805	10/58	3599	Bill Rice	M	57	Lincoln	NE	351	8:02	00:53:11.3	380	8:19	00:54:30.6	01:47:41.9	8:10	01:47:12.2
359	243/805	1/2	3480	Tanner Alfaro	M	14	Papillion	NE	278	7:45	00:51:11.8	496	8:36	00:56:23.2	01:47:35.1	8:10	01:47:12.8
360	117/1452	5/127	977	Jennifer Burke	F	45	Lincoln	NE	383	8:07	00:53:41.3	352	8:14	00:53:57.3	01:47:38.6	8:10	01:47:13.4

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
361	118/1452	34/293	297	Tracy Garcia	F	34	Lincoln	NE	365	8:04	00:53:36.5	367	8:17	00:54:20.5	01:47:57.1	8:10	01:47:14.7
362	244/805	20/77	754	Matthew Hardebeck	M	45	San Francisco	CA	477	8:17	00:55:00.4	315	8:04	00:52:56.4	01:47:56.9	8:10	01:47:15.3
363	119/1452	35/293	241	Katie Garcia	F	33	Lincoln	NE	364	8:04	00:53:36.5	368	8:17	00:54:20.5	01:47:57.1	8:10	01:47:15.3
364	245/805	50/136	2041	Vince Swallow	M	34	Omaha	NE	388	8:07	00:53:43.3	358	8:15	00:54:04.9	01:47:48.2	8:11	01:47:17.7
365	120/1452	6/127	801	Sharon Kruse	F	49	Elkhorn	NE	460	8:11	00:54:46.8	338	8:11	00:53:40.7	01:48:27.6	8:11	01:47:21.1
366	121/1452	22/202	1269	Kelsey Richters	F	27	Lincoln	NE	408	8:05	00:53:56.3	379	8:19	00:54:29.7	01:48:26.1	8:11	01:47:27.2
367	246/805	51/136	1490	Shawn Peed	M	33	Lincoln	NE	315	7:51	00:52:20.8	475	8:33	00:56:02.5	01:48:23.4	8:11	01:47:28.9
368	247/805	57/151	1210	Jeff Jarrett	M	39	Lincoln	NE	419	8:01	00:54:07.2	408	8:23	00:54:55.7	01:49:02.9	8:12	01:47:30.4
369	248/805	20/73	551	Jeff Thomas	M	50	Lincoln	NE	468	8:05	00:54:52.8	375	8:18	00:54:28.0	01:49:20.8	8:12	01:47:31.3
370	249/805	7/27	2679	Jessop Adams	M	24	Lincoln	NE	186	7:23	00:48:41.2	689	9:01	00:59:07.9	01:47:49.1	8:12	01:47:33.6
371	250/805	52/136	841	Jerod Trouba	M	33	Columbus	NE	595	8:20	00:56:47.3	317	8:05	00:53:00.5	01:49:47.8	8:12	01:47:36.1
372	122/1452	7/100	1465	Brittany Schipman	F	24	Lincoln	NE	428	8:13	00:54:15.7	342	8:12	00:53:45.4	01:48:01.1	8:12	01:47:37.3
373	123/1452	28/322	510	Angie Thompson	F	37	Lincoln	NE	386	8:07	00:53:42.3	377	8:18	00:54:28.2	01:48:10.5	8:12	01:47:41.9
374	124/1452	36/293	3596	Sara Cover	F	32	Lincoln	NE	297	7:49	00:51:34.8	509	8:38	00:56:34.3	01:48:09.2	8:13	01:47:50.2
375	251/805	29/116	589	Paul Brinkman	M	43	Lincoln	NE	405	8:07	00:53:55.5	386	8:20	00:54:38.3	01:48:33.8	8:13	01:47:53.1
376	125/1452	13/219	3403	April Binder	F	41	Table Rock	NE	476	8:15	00:55:00.2	347	8:13	00:53:50.1	01:48:50.4	8:14	01:47:56.4
377	252/805	58/151	2771	Chad Homolka	M	36	Columbus	NE	384	8:02	00:53:41.3	437	8:26	00:55:17.3	01:48:58.6	8:14	01:47:56.8
378	253/805	59/151	1865	Gary Holstein	M	35	Lincoln	NE	496	8:12	00:55:18.8	363	8:16	00:54:14.0	01:49:32.8	8:14	01:47:57.3
379	126/1452	23/202	1653	Cassie Jones Miller	F	26	Omaha	NE	370	8:07	00:53:37.5	395	8:22	00:54:48.3	01:48:25.9	8:14	01:47:58.5
380	254/805	60/151	755	Jason Bogner	M	35	Omaha	NE	340	8:02	00:53:03.7	436	8:26	00:55:17.1	01:48:20.9	8:14	01:47:59.4
381	127/1452	37/293	2807	Brandy Janicek	F	31	Lincoln	NE	305	7:49	00:52:00.7	522	8:39	00:56:43.9	01:48:44.6	8:14	01:48:00.7
382	255/805	53/136	971	Jeremie Memming	M	32	Lincoln	NE	342	8:01	00:53:05.3	447	8:28	00:55:27.4	01:48:32.7	8:14	01:48:02.0
383	128/1452	8/100	149	Melissa Wadzinski	F	24	Lincoln	NE	399	8:08	00:53:51.8	391	8:21	00:54:45.8	01:48:37.6	8:14	01:48:02.2
384	256/805	61/151	1430	Shawn Hostetler	M	37	Pickrell	NE	296	7:44	00:51:30.5	568	8:45	00:57:20.5	01:48:51.1	8:14	01:48:04.9
385	257/805	42/109	1317	Topher Thompson	M	25	Lincoln	NE	331	7:58	00:52:50.5	472	8:32	00:55:59.7	01:48:50.2	8:15	01:48:11.2
386	258/805	21/73	1566	Tyrone Potter	M	52	Lincoln	NE	478	8:19	00:55:01.5	341	8:12	00:53:43.6	01:48:45.1	8:15	01:48:12.4
387	259/805	30/116	391	Tony West	M	40	Lincoln	NE	328	7:58	00:52:43.8	469	8:32	00:55:57.0	01:48:40.9	8:15	01:48:13.1
388	129/1452	29/322	2276	Jessie Carlson	F	37	Lincoln	NE	343	8:00	00:53:05.5	463	8:31	00:55:49.0	01:48:54.5	8:15	01:48:17.9
389	260/805	31/116	1407	Mitch Jones	M	43	Lincoln	NE	443	8:13	00:54:29.3	376	8:18	00:54:28.0	01:48:57.3	8:15	01:48:17.9
390	261/805	54/136	1082	Adam Rood	M	34	Omaha	NE	515	8:22	00:55:33.8	332	8:09	00:53:28.9	01:49:02.7	8:15	01:48:18.4
391	130/1452	14/219	209	Jenny Petersen	F	41	Lincoln	NE	890	8:43	00:59:51.9	246	7:48	00:51:06.9	01:50:58.8	8:15	01:48:18.5
392	131/1452	30/322	790	Jamie Peters	F	39	Lincoln	NE	325	7:55	00:52:32.5	494	8:36	00:56:21.7	01:48:54.3	8:15	01:48:19.2
393	262/805	7/30	622	Scott Stuckey	M	64	Lincoln	NE	495	8:20	00:55:17.5	339	8:11	00:53:41.3	01:48:58.8	8:16	01:48:22.3
394	132/1452	31/322	658	Lyndsay Jensen	F	35	Lincoln	NE	420	8:09	00:54:07.3	407	8:23	00:54:55.4	01:49:02.8	8:16	01:48:23.5
395	133/1452	15/219	1323	Meagan Van Gelder	F	44	Omaha	NE	439	8:13	00:54:24.8	384	8:19	00:54:33.7	01:48:58.6	8:16	01:48:25.2
396	134/1452	38/293	1021	Jill Hecker	F	33	Gretna	NE	444	8:12	00:54:31.8	389	8:21	00:54:42.0	01:49:13.9	8:16	01:48:26.1

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
397	135/1452	16/219	1189	Lara Schwartz	F	42	Lincoln	NE	414	8:09	00:54:03.7	418	8:24	00:55:03.9	01:49:07.6	8:16	01:48:29.7
398	136/1452	17/219	1203	Amy Arduser	F	44	Lincoln	NE	413	8:09	00:54:03.5	419	8:24	00:55:04.1	01:49:07.6	8:16	01:48:30.1
399	137/1452	9/100	2160	Breanna Jensby	F	24	Lincoln	NE	350	7:59	00:53:10.8	482	8:34	00:56:09.9	01:49:20.7	8:16	01:48:32.4
400	263/805	22/73	1481	Robert Schipman	M	52	Lincoln	NE	422	8:12	00:54:12.2	402	8:22	00:54:52.3	01:49:04.6	8:17	01:48:40.1
401	138/1452	24/202	3379	Megan Johnson	F	28	Columbus	NE	313	7:52	00:52:17.3	546	8:42	00:57:04.8	01:49:22.1	8:17	01:48:40.2
402	139/1452	39/293	1528	Kathy Occansey	F	34	Lincoln	NE	467	8:16	00:54:51.3	381	8:19	00:54:31.2	01:49:22.5	8:17	01:48:43.2
403	140/1452	8/90	823	Mary Amen	F	50	Lincoln	NE	254	7:44	00:50:59.9	612	8:51	00:58:01.9	01:49:01.8	8:17	01:48:47.6
404	264/805	55/136	756	Josh Johnson	M	34	Lincoln	NE	300	7:47	00:51:44.8	597	8:49	00:57:50.5	01:49:35.3	8:18	01:48:49.5
405	141/1452	32/322	3377	Andrea Marshall	F	36	Omaha	NE	368	8:06	00:53:37.2	462	8:30	00:55:45.4	01:49:22.6	8:18	01:48:52.5
406	142/1452	33/322	573	Heather Tonjes	F	35	Gretna	NE	459	8:15	00:54:46.2	399	8:22	00:54:50.2	01:49:36.4	8:18	01:48:52.9
407	265/805	56/136	1923	Kolby Koehlmoos	M	30	Omaha	NE	673	8:33	00:58:04.9	309	8:03	00:52:49.6	01:50:54.5	8:18	01:48:53.0
408	266/805	62/151	2944	Gregg Loughman	M	38	Lincoln	NE	561	8:24	00:56:10.8	346	8:13	00:53:49.3	01:50:00.1	8:18	01:48:53.2
409	143/1452	10/100	1951	Maggie Hedlund	F	24	Lincoln	NE	203	7:32	00:49:29.3	722	9:05	00:59:31.0	01:49:00.4	8:18	01:48:53.2
410	144/1452	18/219	1337	Molly Kroeker	F	43	Lincoln	NE	401	8:07	00:53:53.6	458	8:30	00:55:41.1	01:49:34.7	8:18	01:48:55.9
411	267/805	57/136	1183	Mark Gudge	M	33	Omaha	NE	716	8:33	00:58:31.7	316	8:05	00:52:56.8	01:51:28.5	8:19	01:49:01.6
412	268/805	23/73	1856	Mark Traynowicz	M	51	Lincoln	NE	450	8:13	00:54:36.8	428	8:25	00:55:09.7	01:49:46.6	8:19	01:49:02.8
413	145/1452	40/293	2022	Andrea Davis	F	34	Fairbury	NE	433	8:13	00:54:18.8	429	8:25	00:55:11.4	01:49:30.2	8:19	01:49:04.0
414	146/1452	41/293	1004	Natalie Greer	F	33	Omaha	NE	355	8:02	00:53:22.2	501	8:37	00:56:27.6	01:49:49.8	8:19	01:49:04.9
415	269/805	58/136	1478	Anthony Podany	M	32	Omaha	NE	341	7:57	00:53:04.3	536	8:42	00:57:00.4	01:50:04.7	8:19	01:49:07.1
416	270/805	32/116	2451	Steven Dunder	M	42	Lincoln	NE	522	8:19	00:55:40.8	385	8:20	00:54:37.5	01:50:18.4	8:19	01:49:07.2
417	271/805	33/116	2461	Patrick Brown	M	41	Lincoln	NE	456	7:59	00:54:43.7	524	8:39	00:56:44.1	01:51:27.9	8:19	01:49:07.5
418	272/805	63/151	2663	Jason Kidd	M	36	Omaha	NE	332	8:00	00:52:54.3	520	8:39	00:56:42.2	01:49:36.6	8:19	01:49:08.1
419	273/805	64/151	2337	Bo Johnson	M	38	Lincoln	NE	382	8:04	00:53:41.2	490	8:35	00:56:17.4	01:49:58.7	8:19	01:49:08.2
420	274/805	43/109	2544	Tony Gallagher	M	25	Kearney	NE	505	8:21	00:55:23.8	369	8:18	00:54:22.5	01:49:46.3	8:19	01:49:08.2
421	275/805	1/5	3209	Mike Heavican	M	67	Lincoln	NE	524	8:22	00:55:43.5	365	8:17	00:54:16.6	01:50:00.2	8:19	01:49:08.7
422	276/805	59/136	1522	Greg Howe	M	32	Lincoln	NE	535	8:24	00:55:50.2	359	8:15	00:54:05.5	01:49:55.8	8:19	01:49:10.9
423	147/1452	34/322	223	Dana Beckman	F	37	Pender	NE	411	8:08	00:53:59.4	464	8:31	00:55:49.9	01:49:49.3	8:19	01:49:11.8
424	148/1452	35/322	664	Sara Sharp	F	37	Lincoln	NE	451	8:14	00:54:37.3	435	8:26	00:55:16.5	01:49:53.8	8:19	01:49:13.3
425	149/1452	9/90	1226	Linda Veldman	F	54	Denver	CO	530	8:22	00:55:48.4	373	8:18	00:54:27.9	01:50:16.3	8:20	01:49:17.6
426	150/1452	11/100	1227	Katie Mckitterick	F	22	Lincoln	NE	531	8:22	00:55:48.4	374	8:18	00:54:27.9	01:50:16.3	8:20	01:49:20.0
427	151/1452	42/293	1078	Rachel Murman	F	34	Lincoln	NE	537	8:25	00:55:50.4	362	8:16	00:54:12.9	01:50:03.3	8:20	01:49:22.7
428	277/805	65/151	577	Christopher Dulak	M	39	Lincoln	NE	487	8:18	00:55:12.6	411	8:23	00:54:56.9	01:50:09.6	8:20	01:49:23.8
429	278/805	21/77	265	Andrew Tweedy	M	46	Omaha	NE	646	8:28	00:57:37.8	349	8:13	00:53:52.0	01:51:29.8	8:20	01:49:24.3
430	279/805	66/151	3046	Benjamin Hardy	M	36	Omaha	NE	432	8:08	00:54:17.7	477	8:33	00:56:03.6	01:50:21.3	8:20	01:49:25.9
431	152/1452	43/293	627	Melanie Johnson	F	33	Lincoln	NE	479	8:19	00:55:06.3	406	8:23	00:54:55.1	01:50:01.5	8:21	01:49:27.7
432	153/1452	7/127	2818	Kristel Bakker	F	45	Madison	SD	517	8:17	00:55:34.8	427	8:25	00:55:09.0	01:50:43.8	8:21	01:49:27.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
433	154/1452	25/202	1192	Rebecca Vacek	F	28	Lincoln	NE	402	8:08	00:53:53.8	484	8:34	00:56:11.0	01:50:04.8	8:21	01:49:28.6
434	155/1452	36/322	3268	Alexis Steiner	F	35	Omaha	NE	404	8:08	00:53:54.8	485	8:34	00:56:11.7	01:50:06.5	8:21	01:49:33.6
435	156/1452	12/100	1700	Emily Barla	F	23	Omaha	NE	527	8:24	00:55:45.1	378	8:19	00:54:29.7	01:50:14.9	8:21	01:49:34.0
436	280/805	22/77	2054	John Giannou	M	48	Stromsburg	NE	393	8:07	00:53:47.9	500	8:37	00:56:27.3	01:50:15.3	8:21	01:49:37.5
437	157/1452	37/322	2626	Holly Persson	F	39	Lincoln	NE	466	8:17	00:54:50.8	434	8:26	00:55:16.5	01:50:07.3	8:21	01:49:37.9
438	281/805	67/151	3534	Ben Yelkin	M	37	Lincoln	NE	511	8:17	00:55:27.6	439	8:26	00:55:18.2	01:50:45.8	8:21	01:49:40.0
439	158/1452	44/293	531	Sheena Case	F	33	Lincoln	NE	465	8:18	00:54:50.7	433	8:26	00:55:16.4	01:50:07.1	8:21	01:49:40.2
440	282/805	68/151	2559	Jeremy Raridon	M	35	Lincoln	NE	430	8:11	00:54:16.8	474	8:33	00:56:01.7	01:50:18.5	8:21	01:49:40.4
441	159/1452	38/322	363	Melinda Bentjen	F	35	Lincoln	NE	507	8:20	00:55:24.8	416	8:24	00:55:03.2	01:50:28.1	8:22	01:49:42.6
442	160/1452	45/293	296	Amy Williams	F	32	Lincoln	NE	381	8:05	00:53:40.8	521	8:39	00:56:43.0	01:50:23.8	8:22	01:49:43.4
443	161/1452	19/219	1095	Jori Newell	F	40	Eagle	NE	481	8:18	00:55:07.1	441	8:26	00:55:18.7	01:50:25.8	8:22	01:49:44.1
444	283/805	60/136	119	Brad Bentjen	M	34	Lincoln	NE	506	8:20	00:55:24.8	417	8:24	00:55:03.3	01:50:28.1	8:22	01:49:44.1
445	162/1452	46/293	481	Janice Ayres	F	34	Lincoln	NE	543	8:22	00:55:51.9	409	8:23	00:54:56.1	01:50:48.1	8:22	01:49:44.3
446	163/1452	39/322	2267	Angie Zabawa	F	37	Lincoln	NE	379	8:06	00:53:40.6	518	8:39	00:56:41.2	01:50:21.8	8:22	01:49:44.9
447	284/805	34/116	608	Matt Harris	M	43	Lincoln	NE	521	8:20	00:55:36.6	425	8:24	00:55:06.9	01:50:43.6	8:22	01:49:45.1
448	164/1452	10/90	2446	Laura Kapustka	F	52	Lincoln	NE	396	8:09	00:53:49.8	504	8:37	00:56:31.8	01:50:21.7	8:23	01:49:57.3
449	285/805	4/13	1627	Jimmy Burbach	M	18	Lincoln	NE	532	8:17	00:55:49.2	456	8:29	00:55:39.1	01:51:28.3	8:23	01:49:57.7
450	286/805	44/109	3152	Aaron Schaad	M	29	Lincoln	NE	409	8:04	00:53:56.5	540	8:42	00:57:03.1	01:50:59.6	8:23	01:49:59.7
451	165/1452	40/322	1827	Shawna Hurley	F	38	Lincoln	NE	501	8:21	00:55:21.5	430	8:25	00:55:12.3	01:50:33.8	8:23	01:50:00.3
452	166/1452	8/127	3390	Rose Sutton	F	46	Wahoo	NE	592	8:25	00:56:40.9	396	8:22	00:54:48.6	01:51:29.5	8:23	01:50:00.3
453	287/805	23/77	1063	Russell Smith	M	45	Omaha	NE	378	8:03	00:53:40.6	548	8:43	00:57:11.7	01:50:52.3	8:23	01:50:00.8
454	167/1452	47/293	385	Brandy Nielson	F	32	Lincoln	NE	508	8:19	00:55:25.3	448	8:28	00:55:27.7	01:50:53.1	8:23	01:50:01.2
455	288/805	69/151	1033	Nathan Sorben	M	38	Waverly	NE	336	8:03	00:52:58.5	551	8:44	00:57:15.2	01:50:13.7	8:23	01:50:02.0
456	168/1452	48/293	2159	Ann Lesch	F	34	De Smet	SD	606	8:35	00:56:59.6	345	8:12	00:53:48.7	01:50:48.3	8:23	01:50:02.1
457	289/805	24/73	2114	Pat Lawlor	M	52	Omaha	NE	650	8:37	00:57:39.5	337	8:10	00:53:34.6	01:51:14.1	8:23	01:50:03.3
458	169/1452	9/127	3176	Rebecca Buchmann	F	48	Lincoln	NE	308	7:54	00:52:05.9	630	8:54	00:58:18.9	01:50:24.9	8:23	01:50:05.3
459	290/805	61/136	1054	Keal Bockelman	M	31	Lincoln	NE	804	8:48	00:58:56.8	295	8:00	00:52:26.0	01:51:22.9	8:23	01:50:05.6
460	291/805	35/116	708	Scott Claycomb	M	43	Eagle	NE	397	8:10	00:53:50.3	508	8:38	00:56:33.3	01:50:23.6	8:23	01:50:06.9
461	292/805	11/58	923	Richard Skoda	M	55	Seward	NE	424	8:10	00:54:12.8	512	8:38	00:56:36.7	01:50:49.5	8:24	01:50:11.2
462	293/805	70/151	851	Philip Vermeer	M	37	Sterling	NE	347	8:01	00:53:08.1	586	8:48	00:57:38.5	01:50:46.6	8:24	01:50:12.1
463	294/805	36/116	2760	Scott Wiebe	M	44	Lincoln	NE	339	8:02	00:53:03.2	583	8:47	00:57:36.2	01:50:39.5	8:24	01:50:13.6
464	170/1452	20/219	571	Eva Lindahl	F	44	Lincoln	NE	360	8:05	00:53:31.9	549	8:44	00:57:12.9	01:50:44.8	8:24	01:50:15.0
465	171/1452	41/322	1256	Jenna Dubas	F	36	Waverly	NE	585	8:29	00:56:30.3	387	8:20	00:54:39.7	01:51:10.1	8:24	01:50:15.3
466	172/1452	42/322	981	S. Dusty Hatt	F	35	Lincoln	NE	391	8:08	00:53:46.7	534	8:41	00:56:58.5	01:50:45.2	8:24	01:50:15.5
467	173/1452	49/293	3525	Megan Dreyer	F	34	Lincoln	NE	400	8:09	00:53:52.7	525	8:40	00:56:47.6	01:50:40.4	8:24	01:50:16.0
468	295/805	8/30	1876	Dick James	M	61	Verdon	NE	510	8:22	00:55:27.2	445	8:27	00:55:24.2	01:50:51.5	8:24	01:50:17.6

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
469	174/1452	43/322	674	Rachel Horstman	F	35	Sterling	NE	410	8:09	00:53:58.3	530	8:40	00:56:51.2	01:50:49.6	8:24	01:50:17.9
470	175/1452	50/293	785	Jenn Kerschinske	F	32	Elkhorn	NE	486	8:20	00:55:12.5	457	8:29	00:55:40.1	01:50:52.7	8:24	01:50:18.5
471	296/805	71/151	1048	Forrest Anderson	M	38	Lincoln	NE	464	8:17	00:54:50.5	473	8:32	00:55:59.8	01:50:50.3	8:25	01:50:20.8
472	176/1452	44/322	1343	Katie Carmichael	F	38	Gretna	NE	457	8:10	00:54:44.5	531	8:40	00:56:51.3	01:51:35.9	8:25	01:50:26.5
473	177/1452	26/202	1903	Rachel McGill	F	26	Lincoln	NE	525	8:22	00:55:44.3	453	8:29	00:55:35.3	01:51:19.6	8:25	01:50:28.2
474	178/1452	45/322	318	Jackie Kohtz	F	39	Kearney	NE	556	8:26	00:56:05.5	438	8:26	00:55:18.1	01:51:23.6	8:26	01:50:35.1
475	297/805	62/136	787	Andrew Kerschinske	M	31	Elkhorn	NE	301	7:51	00:51:45.5	687	9:01	00:59:07.5	01:50:53.1	8:26	01:50:35.6
476	179/1452	51/293	316	Carrie Whiting	F	34	Kearney	NE	557	8:26	00:56:05.9	440	8:26	00:55:18.3	01:51:24.3	8:26	01:50:36.3
477	298/805	45/109	274	Kyle Mccartney	M	26	Kearney	NE	610	8:28	00:57:04.5	424	8:24	00:55:06.9	01:52:11.5	8:26	01:50:40.6
478	180/1452	27/202	275	Samantha Mccartney	F	28	Kearney	NE	611	8:29	00:57:04.7	420	8:24	00:55:05.8	01:52:10.5	8:26	01:50:41.1
479	299/805	72/151	226	Emir Plicanic	M	38	Lincoln	NE	667	8:37	00:58:02.6	366	8:17	00:54:17.3	01:52:19.9	8:26	01:50:44.0
480	181/1452	46/322	2062	Jeannie Rung	F	37	Lincoln	NE	398	8:08	00:53:51.5	574	8:46	00:57:27.1	01:51:18.6	8:26	01:50:45.9
481	182/1452	13/100	1664	Taylor Schultz	F	21	Helena	MT	701	8:41	00:58:26.5	348	8:13	00:53:51.3	01:52:17.9	8:27	01:50:48.0
482	183/1452	47/322	949	Pam Jurgensmeyer	F	35	Prairie Village	KS	636	8:38	00:57:30.5	364	8:16	00:54:14.1	01:51:44.7	8:27	01:50:49.1
483	184/1452	28/202	2703	Amy Kloefkorn	F	29	Lincoln	NE	503	8:17	00:55:21.5	503	8:37	00:56:31.2	01:51:52.8	8:27	01:50:50.6
484	185/1452	29/202	336	Kelsey Meyer	F	25	Des Moines	IA	539	8:26	00:55:51.2	451	8:28	00:55:31.1	01:51:22.4	8:27	01:50:51.2
485	300/805	25/73	999	Brad Penner	M	50	Lincoln	NE	572	8:26	00:56:21.3	455	8:29	00:55:36.8	01:51:58.1	8:27	01:50:52.3
486	301/805	37/116	2661	Erik Johnson	M	44	Bellevue	NE	314	7:56	00:52:17.8	667	8:59	00:58:54.7	01:51:12.5	8:27	01:50:52.5
487	302/805	73/151	1214	P. Brandon Crenshaw	M	37	La Vista	NE	312	7:55	00:52:16.7	673	8:59	00:58:55.9	01:51:12.7	8:27	01:50:52.7
488	303/805	63/136	3307	Brian Buhman	M	32	Olathe	KS	632	8:33	00:57:28.9	401	8:22	00:54:51.1	01:52:20.1	8:27	01:50:57.4
489	186/1452	48/322	279	Melanie Hartung	F	38	Laurel	NE	745	8:50	00:58:41.7	318	8:06	00:53:06.3	01:51:48.1	8:27	01:50:58.9
490	304/805	24/77	2473	Jan Madsen	M	45	Lincoln	NE	562	8:26	00:56:12.8	461	8:30	00:55:42.2	01:51:55.1	8:28	01:50:59.4
491	305/805	74/151	1025	Td Johnson	M	38	Gretna	NE	446	8:12	00:54:32.2	554	8:44	00:57:16.3	01:51:48.6	8:28	01:51:01.2
492	187/1452	21/219	3278	Anna Zach	F	40	Lincoln	NE	417	8:11	00:54:06.3	573	8:46	00:57:26.0	01:51:32.4	8:28	01:51:03.1
493	306/805	64/136	2486	Derrick Niederklein	M	34	Lincoln	NE	795	8:35	00:58:52.1	397	8:22	00:54:48.9	01:53:41.1	8:28	01:51:05.8
494	307/805	75/151	1716	Cory Epler	M	36	Lincoln	NE	390	8:06	00:53:44.3	609	8:51	00:58:00.6	01:51:44.9	8:28	01:51:06.2
495	308/805	25/77	623	Chris Haag	M	48	Lincoln	NE	387	8:07	00:53:42.8	605	8:50	00:57:56.5	01:51:39.4	8:28	01:51:10.5
496	309/805	76/151	1456	Chris Downey	M	37	Yutan	NE	612	8:33	00:57:05.7	423	8:24	00:55:06.8	01:52:12.5	8:28	01:51:11.0
497	310/805	46/109	3407	Andrew Martz	M	27	Lincolne	NE	858	8:45	00:59:25.5	350	8:14	00:53:56.0	01:53:21.6	8:29	01:51:16.1
498	188/1452	49/322	1821	Niki Eisenmann	F	35	Lincoln	NE	482	8:18	00:55:07.9	526	8:40	00:56:48.5	01:51:56.5	8:29	01:51:16.9
499	311/805	26/73	2110	Jerry Speedlin	M	51	Lincoln	NE	474	8:17	00:54:59.6	543	8:42	00:57:03.8	01:52:03.5	8:29	01:51:20.9
500	189/1452	30/202	2825	Amanda Thaler	F	25	Omaha	NE	541	8:25	00:55:51.5	486	8:34	00:56:12.2	01:52:03.8	8:29	01:51:21.5
501	190/1452	52/293	1290	Megan Hecker	F	30	Omaha	NE	520	8:22	00:55:35.5	511	8:38	00:56:35.5	01:52:11.1	8:29	01:51:23.7
502	312/805	65/136	1067	David Smidt	M	33	Lincoln	NE	967	8:54	01:00:45.8	319	8:06	00:53:07.5	01:53:53.3	8:30	01:51:25.8
503	313/805	47/109	2258	Eric Garlock	M	25	Lincoln	NE	440	8:08	00:54:27.3	619	8:52	00:58:09.0	01:52:36.4	8:30	01:51:31.8
504	191/1452	22/219	220	Rebecca Tuttle	F	42	Lincoln	NE	570	8:22	00:56:20.5	519	8:39	00:56:41.8	01:53:02.4	8:30	01:51:32.1

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November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Pace	Net Time
505	314/805	77/151	3479	Joe Alfaro	M	39	Papillion	NE	608	8:33	00:57:03.7	450	8:28	00:55:29.6	01:52:33.3	8:30	01:51:32.2
506	192/1452	53/293	2509	Kendra Piening	F	31	Lincoln	NE	613	8:17	00:57:06.1	552	8:44	00:57:15.5	01:54:21.7	8:30	01:51:33.1
507	315/805	26/77	3340	Sam Gregg	M	48	Omaha	NE	903	8:47	01:00:07.6	354	8:14	00:53:58.4	01:54:06.1	8:30	01:51:33.4
508	316/805	66/136	880	Clint Cadwallader	M	31	Omaha	NE	655	8:38	00:57:42.7	412	8:23	00:54:57.4	01:52:40.2	8:30	01:51:33.9
509	193/1452	54/293	1329	Sonja Gudgel	F	34	Omaha	NE	654	8:38	00:57:42.5	413	8:23	00:54:58.1	01:52:40.7	8:30	01:51:35.0
510	194/1452	50/322	645	Christine Weeks	F	35	Lincoln	NE	484	8:19	00:55:10.5	545	8:42	00:57:04.2	01:52:14.8	8:30	01:51:37.2
511	317/805	78/151	2938	Mike Fields	M	36	Lincoln	NE	423	8:10	00:54:12.6	622	8:53	00:58:13.4	01:52:26.1	8:31	01:51:43.6
512	318/805	48/109	3072	Matt Weeder	M	29	Lincoln	NE	228	7:36	00:50:18.2	889	9:27	01:01:55.6	01:52:13.8	8:31	01:51:44.5
513	319/805	67/136	1124	Ben Biehl	M	33	Syracuse	NE	500	8:21	00:55:21.3	535	8:42	00:57:00.0	01:52:21.3	8:31	01:51:46.1
514	320/805	27/77	795	Mark Fahleson	M	47	Lincoln	NE	499	8:17	00:55:20.9	580	8:46	00:57:31.4	01:52:52.4	8:31	01:51:46.9
515	321/805	8/27	3211	Kevin Weeder	M	22	Lindsay	NE	229	7:36	00:50:18.7	887	9:27	01:01:55.4	01:52:14.2	8:31	01:51:48.0
516	322/805	79/151	1964	Matt Stricker	M	39	Lincoln	NE	669	8:32	00:58:03.4	471	8:32	00:55:58.1	01:54:01.6	8:32	01:51:52.9
517	195/1452	55/293	3512	Mandy Wall	F	33	Lincoln	NE	317	7:56	00:52:25.9	743	9:08	00:59:53.0	01:52:18.9	8:32	01:51:53.6
518	323/805	38/116	218	Van Dewald	M	44	Elkhorn	NE	661	8:43	00:57:49.5	392	8:21	00:54:46.0	01:52:35.6	8:32	01:51:53.8
519	324/805	39/116	950	Jeff Jurgensmeyer	M	41	Prairie Village	KS	635	8:38	00:57:29.9	442	8:27	00:55:21.8	01:52:51.8	8:32	01:51:55.4
520	325/805	27/73	508	Todd Jarchow	M	50	Lincoln	NE	454	8:15	00:54:43.5	601	8:50	00:57:52.9	01:52:36.5	8:32	01:51:58.6
521	326/805	28/77	1099	Michael Brand	M	47	Lincoln	NE	458	8:16	00:54:44.8	594	8:49	00:57:49.5	01:52:34.3	8:32	01:51:58.9
522	196/1452	11/90	3501	Kimberley Jungck	F	50	Lincoln	NE	455	8:16	00:54:43.5	595	8:49	00:57:50.2	01:52:33.8	8:32	01:51:59.6
523	197/1452	56/293	840	Sarah Pillen	F	33	Columbus	NE	491	8:18	00:55:15.3	584	8:47	00:57:36.5	01:52:51.8	8:32	01:52:00.9
524	198/1452	23/219	570	Colleen Habrock	F	42	Papillion	NE	559	8:27	00:56:06.7	517	8:39	00:56:39.8	01:52:46.5	8:32	01:52:02.7
525	327/805	68/136	1038	Benjamin O'Neill	M	33	Omaha	NE	590	8:27	00:56:39.7	516	8:38	00:56:38.4	01:53:18.2	8:32	01:52:02.9
526	328/805	28/73	2532	Jeff Cole	M	50	Lincoln	NE	684	8:42	00:58:11.3	415	8:24	00:55:02.2	01:53:13.5	8:32	01:52:03.3
527	329/805	69/136	214	Rodney Green	M	34	Omaha	NE	567	8:28	00:56:15.5	513	8:38	00:56:37.2	01:52:52.8	8:33	01:52:05.6
528	330/805	9/27	2233	Adam Niedbalski	M	24	Columbus	NE	617	8:31	00:57:12.8	489	8:35	00:56:16.5	01:53:29.3	8:33	01:52:06.0
529	199/1452	51/322	1413	Christie Heacock	F	37	Kearney	NE	558	8:26	00:56:05.9	527	8:40	00:56:49.3	01:52:55.3	8:33	01:52:06.4
530	331/805	80/151	1514	Zachary Baehr	M	35	Lincoln	NE	326	7:57	00:52:35.6	746	9:09	00:59:57.1	01:52:32.8	8:33	01:52:06.8
531	332/805	49/109	3140	Danny Poethig	M	25	Lincoln	NE	911	8:49	01:00:11.9	371	8:18	00:54:24.9	01:54:36.8	8:33	01:52:11.2
532	200/1452	52/322	890	Stacy Darnold	F	35	Papillion	NE	497	8:22	00:55:20.1	579	8:46	00:57:30.0	01:52:50.2	8:34	01:52:19.1
533	201/1452	24/219	273	Brooke Hoefs	F	40	Lincoln	NE	441	8:12	00:54:28.1	654	8:57	00:58:37.4	01:53:05.5	8:34	01:52:21.1
534	333/805	70/136	1225	Kaj Stauffer	M	32	Lincoln	NE	463	8:16	00:54:49.7	626	8:53	00:58:15.5	01:53:05.2	8:34	01:52:26.6
535	334/805	50/109	2567	Andrew Martin	M	28	Omaha	NE	453	8:07	00:54:42.9	700	9:02	00:59:14.9	01:53:57.9	8:34	01:52:28.0
536	202/1452	25/219	1587	Gretchen Herron	F	42	South Bend	NE	512	8:21	00:55:31.5	589	8:48	00:57:40.9	01:53:12.5	8:34	01:52:28.8
537	335/805	29/77	3399	Bryce Johnson	M	47	Lincoln	NE	573	8:25	00:56:21.3	557	8:44	00:57:17.7	01:53:39.1	8:34	01:52:30.8
538	203/1452	2/11	1511	Maddy Royse	F	17	Lincoln	NE	509	8:14	00:55:25.8	647	8:56	00:58:33.9	01:53:59.8	8:35	01:52:31.6
539	204/1452	57/293	1683	Stephanie Lambrecht	F	30	Lincolne	NE	583	8:23	00:56:23.8	581	8:47	00:57:34.7	01:53:58.6	8:35	01:52:32.1
540	205/1452	14/100	803	Lauren Larson	F	21	Lincoln	NE	544	8:26	00:55:52.2	553	8:44	00:57:15.8	01:53:08.1	8:35	01:52:32.4

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
541	336/805	71/136	2622	Andrew Mason	M	34	Lenexa	KS	540	8:19	00:55:51.2	610	8:51	00:58:00.6	01:53:51.9	8:35	01:52:33.6
542	337/805	51/109	2330	Cj Wells	M	29	Lincoln	NE	770	8:43	00:58:47.6	444	8:27	00:55:23.7	01:54:11.3	8:35	01:52:33.8
543	206/1452	58/293	1701	Leah Kastrup	F	32	Omaha	NE	642	8:38	00:57:32.3	470	8:32	00:55:57.6	01:53:29.9	8:35	01:52:35.0
544	207/1452	15/100	2931	Rachel Manning	F	24	Omaha	NE	547	8:23	00:55:54.8	587	8:48	00:57:39.5	01:53:34.4	8:35	01:52:36.1
545	338/805	40/116	3437	Jeff Bauman	M	42	Lincoln	NE	621	8:35	00:57:24.4	492	8:35	00:56:18.9	01:53:43.4	8:35	01:52:36.6
546	339/805	81/151	2119	Travis Langemeier	M	38	Lincoln	NE	723	8:42	00:58:34.6	452	8:29	00:55:34.3	01:54:08.9	8:35	01:52:37.5
547	208/1452	10/127	379	Amy Erlbacher-Anderson	F	45	Omaha	NE	594	8:29	00:56:45.3	539	8:42	00:57:01.3	01:53:46.6	8:35	01:52:38.1
548	209/1452	53/322	3171	Julie Sass	F	35	Lavista	NE	662	8:39	00:57:52.7	468	8:32	00:55:56.1	01:53:48.8	8:35	01:52:38.7
549	340/805	72/136	498	Michael Healy	M	31	Omaha	NE	808	8:44	00:58:57.6	443	8:27	00:55:22.1	01:54:19.8	8:35	01:52:39.3
550	210/1452	54/322	2732	Rebecca Krueger	F	35	Lincoln	NE	338	8:02	00:53:01.2	762	9:10	01:00:06.3	01:53:07.6	8:35	01:52:44.2
551	211/1452	59/293	2936	Gina Whitmore	F	34	Lincoln	NE	492	8:19	00:55:15.7	624	8:53	00:58:15.4	01:53:31.1	8:36	01:52:44.4
552	341/805	30/77	2887	Brian O'connor	M	47	Bennington	NE	720	8:37	00:58:33.3	488	8:35	00:56:15.5	01:54:48.8	8:36	01:52:44.9
553	342/805	29/73	300	Keven O'grady	M	52	Prairie Village	KS	504	8:17	00:55:23.2	646	8:55	00:58:29.3	01:53:52.5	8:36	01:52:45.6
554	212/1452	26/219	1040	Barbara Wimmer	F	44	Omaha	NE	640	8:38	00:57:31.5	483	8:34	00:56:09.9	01:53:41.5	8:36	01:52:48.1
555	343/805	41/116	3305	Jamie Ramaekers	M	42	Lincoln	NE	637	8:36	00:57:30.5	502	8:37	00:56:27.8	01:53:58.4	8:36	01:52:48.6
556	213/1452	27/219	264	Dawn Melcher	F	41	Elkhorn	NE	719	8:37	00:58:32.9	498	8:36	00:56:25.2	01:54:58.2	8:36	01:52:52.7
557	214/1452	28/219	260	Kimberly Nitchals	F	41	Omaha	NE	718	8:37	00:58:32.7	499	8:36	00:56:25.6	01:54:58.4	8:36	01:52:52.8
558	215/1452	60/293	280	Sarah Droge	F	30	Cozad	NE	845	8:48	00:59:18.8	432	8:25	00:55:13.5	01:54:32.3	8:36	01:52:53.0
559	344/805	82/151	329	Andy Voss	M	38	Lincoln	NE	575	8:28	00:56:21.8	572	8:46	00:57:25.8	01:53:47.6	8:37	01:52:57.3
560	216/1452	61/293	308	Jessica Florez	F	33	Lincoln	NE	737	8:37	00:58:39.3	505	8:37	00:56:32.4	01:55:11.8	8:37	01:53:00.2
561	345/805	30/73	3366	Patrick Carraher	M	52	Lincoln	NE	670	8:32	00:58:03.5	541	8:42	00:57:03.1	01:55:06.7	8:37	01:53:01.4
562	346/805	10/27	3398	Ryan Roettger	M	24	Lincoln	NE	425	8:06	00:54:13.2	754	9:09	01:00:01.5	01:54:14.8	8:37	01:53:05.0
563	347/805	73/136	580	Brandon Memming	M	32	Lincoln	NE	345	8:02	00:53:06.8	791	9:13	01:00:27.5	01:53:34.4	8:37	01:53:05.5
564	217/1452	55/322	697	Jodie Sherman	F	37	Bellevue	NE	591	8:25	00:56:40.3	602	8:50	00:57:54.8	01:54:35.1	8:37	01:53:07.5
565	218/1452	56/322	2881	Teresa Edgerton	F	35	Lincoln	NE	337	8:05	00:53:00.6	763	9:10	01:00:07.0	01:53:07.6	8:37	01:53:07.6
566	219/1452	29/219	2462	Angie Schuler	F	40	Gretna	NE	672	8:34	00:58:04.8	537	8:42	00:57:00.8	01:55:05.7	8:37	01:53:08.1
567	220/1452	62/293	1846	Sara Kresser	F	32	Shickley	NE	643	8:38	00:57:32.7	507	8:38	00:56:33.1	01:54:05.9	8:37	01:53:10.3
568	221/1452	30/219	1410	Amy Fabricus	F	43	Lincoln	NE	659	8:30	00:57:47.4	571	8:45	00:57:24.4	01:55:11.8	8:38	01:53:10.8
569	222/1452	63/293	1492	Sarah Peed	F	33	Lincoln	NE	493	8:17	00:55:16.1	664	8:59	00:58:53.6	01:54:09.7	8:38	01:53:13.2
570	223/1452	11/127	712	Michelle Gish	F	48	Lincoln	NE	656	8:30	00:57:43.7	578	8:46	00:57:29.8	01:55:13.6	8:38	01:53:15.7
571	348/805	31/77	2994	Jim Klaasmeyer	M	47	Burr	NE	452	8:14	00:54:40.5	702	9:02	00:59:15.4	01:53:56.0	8:38	01:53:16.0
572	224/1452	64/293	3466	Melanie Huscher	F	33	Cedar Bluffs	NE	582	8:26	00:56:23.2	607	8:51	00:58:00.3	01:54:23.5	8:38	01:53:17.2
573	349/805	12/58	2880	John Incontro	M	57	Omaha	NE	772	8:47	00:58:47.8	465	8:31	00:55:50.3	01:54:38.1	8:39	01:53:26.2
574	350/805	13/58	517	Tim Shomaker	M	55	Lincoln	NE	741	8:45	00:58:40.5	480	8:34	00:56:07.3	01:54:47.8	8:39	01:53:28.5
575	351/805	52/109	887	Adam Sekora	M	28	Lincoln	NE	769	8:44	00:58:47.6	491	8:35	00:56:18.0	01:55:05.6	8:39	01:53:35.2
576	352/805	53/109	952	Drew Clausen	M	26	Lincoln	NE	731	8:47	00:58:37.2	476	8:33	00:56:03.1	01:54:40.4	8:39	01:53:35.4

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Pace	Net Time
577	353/805	32/77	3553	Gary Lindahl	M	49	Lincoln	NE	793	8:51	00:58:51.5	454	8:29	00:55:36.1	01:54:27.6	8:39	01:53:35.9
578	354/805	54/109	1263	Derek Sekora	M	26	Lincoln	NE	448	8:15	00:54:35.6	720	9:04	00:59:29.0	01:54:04.6	8:39	01:53:36.1
579	225/1452	31/219	609	Amy Harris	F	44	Lincoln	NE	604	8:32	00:56:55.9	588	8:48	00:57:39.8	01:54:35.8	8:40	01:53:37.5
580	226/1452	31/202	834	Ashley Krause	F	27	Lincoln	NE	447	8:16	00:54:35.4	719	9:04	00:59:29.0	01:54:04.4	8:40	01:53:38.5
581	355/805	33/77	1500	Scott Shaw	M	46	Lincoln	NE	618	8:35	00:57:14.2	567	8:45	00:57:20.5	01:54:34.7	8:40	01:53:38.5
582	227/1452	57/322	738	Kimberly Barrett	F	38	Lincoln	NE	549	8:26	00:55:56.7	634	8:54	00:58:19.6	01:54:16.4	8:40	01:53:40.0
583	228/1452	58/322	1920	Annie Bruns	F	37	Lincoln	NE	550	8:26	00:55:56.9	635	8:54	00:58:19.9	01:54:16.8	8:40	01:53:40.6
584	356/805	14/58	757	Bill Bowes	M	56	Bellevue	NE	766	8:47	00:58:47.3	481	8:34	00:56:08.2	01:54:55.5	8:40	01:53:41.1
585	357/805	83/151	889	Adam Hansen	M	38	Omaha	NE	488	8:17	00:55:14.6	714	9:04	00:59:26.8	01:54:41.5	8:40	01:53:43.6
586	358/805	84/151	1981	Pat Mcinteer	M	37	Lincoln	NE	860	8:47	00:59:28.9	479	8:34	00:56:07.0	01:55:36.0	8:40	01:53:44.5
587	229/1452	59/322	2374	Melissa Wallman	F	35	Firth	NE	620	8:32	00:57:17.7	593	8:49	00:57:47.8	01:55:05.6	8:40	01:53:45.1
588	230/1452	16/100	2565	Leah Rebne	F	24	Bennington	NE	580	8:30	00:56:22.6	617	8:52	00:58:06.0	01:54:28.7	8:41	01:53:49.7
589	231/1452	32/202	3386	Whitney Miller	F	25	Fort Collins	CO	771	8:44	00:58:47.8	514	8:38	00:56:37.5	01:55:25.4	8:41	01:53:50.8
590	232/1452	32/219	2246	Michelle Plugge	F	43	Gretna	NE	809	8:49	00:58:58.2	478	8:33	00:56:03.8	01:55:02.1	8:41	01:53:50.9
591	233/1452	60/322	3394	Sarah Fehringer	F	36	Omaha	NE	964	8:54	01:00:45.6	449	8:28	00:55:29.0	01:56:14.6	8:41	01:53:51.1
592	359/805	42/116	2639	Branden Bender	M	41	Nebraska City	NE	685	8:44	00:58:12.6	515	8:38	00:56:38.0	01:54:50.6	8:41	01:53:55.8
593	234/1452	1/5	2543	Julia McMahon-Cole	F	14	Lincoln	NE	765	8:47	00:58:46.6	493	8:36	00:56:20.9	01:55:07.6	8:41	01:53:56.2
594	235/1452	61/322	3003	Courtney Morehead	F	36	Waverly	NE	586	8:29	00:56:30.5	636	8:54	00:58:21.1	01:54:51.7	8:41	01:53:56.9
595	236/1452	12/127	3151	Rachelle Smith	F	46	Hastings	NE	581	8:27	00:56:23.2	650	8:56	00:58:36.0	01:54:59.2	8:41	01:53:57.5
596	237/1452	12/90	1694	Deidre Garrett	F	53	Lincoln	NE	739	8:47	00:58:39.6	497	8:36	00:56:23.4	01:55:03.1	8:41	01:53:57.6
597	360/805	43/116	1958	Scott Nelson	M	40	Omaha	NE	412	8:11	00:54:00.5	780	9:12	01:00:21.1	01:54:21.7	8:41	01:53:57.9
598	361/805	34/77	1157	Brian Catlin	M	45	Lincoln	NE	721	8:46	00:58:33.7	506	8:37	00:56:32.8	01:55:06.6	8:41	01:53:59.5
599	362/805	31/73	2064	James Coover	M	50	Cairo	NE	746	8:43	00:58:42.5	528	8:40	00:56:50.2	01:55:32.8	8:41	01:54:00.4
600	238/1452	65/293	3402	April Cave	F	34	Weeping Water	NE	665	8:41	00:58:00.4	547	8:43	00:57:06.6	01:55:07.1	8:41	01:54:01.3
601	239/1452	33/202	2071	Kristine Buhman	F	28	Omaha	NE	634	8:34	00:57:29.8	600	8:50	00:57:51.8	01:55:21.7	8:41	01:54:01.4
602	240/1452	62/322	1292	Tanja Noecker	F	37	Lincoln	NE	715	8:43	00:58:31.5	532	8:41	00:56:55.8	01:55:27.4	8:42	01:54:05.1
603	363/805	5/13	846	Kody Hackbart	M	15	Lincoln	NE	442	8:12	00:54:28.7	776	9:12	01:00:18.6	01:54:47.4	8:42	01:54:05.8
604	241/1452	33/219	312	Barbi Clementi	F	41	Lincoln	NE	754	8:48	00:58:45.1	495	8:36	00:56:23.0	01:55:08.1	8:42	01:54:06.5
605	242/1452	34/202	2094	Kara Buhman	F	28	Lincoln	NE	472	8:15	00:54:57.8	761	9:10	01:00:06.0	01:55:03.9	8:42	01:54:10.3
606	364/805	32/73	1220	Tom Mckitterick	M	51	Lincoln	NE	702	8:43	00:58:27.3	544	8:42	00:57:04.2	01:55:31.5	8:42	01:54:12.9
607	365/805	44/116	2095	Jon Schaben	M	44	Portsmouth	IA	545	8:26	00:55:53.2	663	8:59	00:58:53.3	01:54:46.6	8:42	01:54:13.1
608	366/805	85/151	3367	Nick Baker	M	38	Omaha	NE	784	8:47	00:58:49.5	510	8:38	00:56:35.3	01:55:24.8	8:42	01:54:13.2
609	243/1452	13/127	2056	Tammie Nussrallah	F	46	Omaha	NE	601	8:32	00:56:51.3	629	8:54	00:58:18.4	01:55:09.7	8:43	01:54:17.0
610	367/805	86/151	1186	Josh Torell	M	38	Lincoln	NE	242	7:39	00:50:39.5	1042	9:47	01:04:09.0	01:54:48.6	8:43	01:54:18.2
611	368/805	55/109	2433	Shayne Krull	M	27	Lincoln	NE	555	8:23	00:56:03.8	707	9:03	00:59:22.5	01:55:26.4	8:43	01:54:18.4
612	244/1452	66/293	1851	Danielle Nitzel	F	34	Crete	NE	928	8:52	01:00:27.1	487	8:35	00:56:13.9	01:56:41.1	8:43	01:54:21.3

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
613	369/805	87/151	2381	Jon Brezenski	M	35	Columbus	NE	246	7:42	00:50:44.7	1027	9:45	01:03:55.5	01:54:40.3	8:43	01:54:23.4
614	370/805	45/116	1740	Brad Koch	M	40	Lincoln	NE	565	8:26	00:56:14.5	690	9:01	00:59:08.0	01:55:22.5	8:43	01:54:24.9
615	245/1452	17/100	2036	Mikalsh Mertlik	F	20	Lincoln	NE	818	8:43	00:59:03.1	558	8:44	00:57:18.1	01:56:21.2	8:43	01:54:25.8
616	246/1452	3/11	2089	Camilla Erway	F	19	Bennet	NE	817	8:43	00:59:03.1	560	8:44	00:57:18.4	01:56:21.5	8:43	01:54:26.8
617	371/805	56/109	3054	Lucas Weeder	M	25	Lindsay	NE	311	7:53	00:52:11.5	951	9:34	01:02:45.6	01:54:57.2	8:43	01:54:27.3
618	247/1452	63/322	1053	Stephanie Semple	F	35	Omaha	NE	711	8:43	00:58:31.1	559	8:44	00:57:18.2	01:55:49.3	8:43	01:54:27.8
619	248/1452	67/293	2611	Kate Stoklasa	F	31	Lincoln	NE	548	8:28	00:55:54.8	669	8:59	00:58:55.2	01:54:50.1	8:43	01:54:28.5
620	249/1452	64/322	1900	Jenny Schlosser	F	39	Omaha	NE	714	8:43	00:58:31.5	562	8:45	00:57:18.8	01:55:50.3	8:43	01:54:28.8
621	250/1452	35/202	3023	Amanda Reid	F	29	Omaha	NE	607	8:33	00:57:03.1	644	8:55	00:58:28.4	01:55:31.5	8:43	01:54:28.9
622	251/1452	68/293	765	Diana Friesen	F	34	Omaha	NE	713	8:43	00:58:31.5	564	8:45	00:57:19.0	01:55:50.6	8:44	01:54:29.3
623	252/1452	65/322	213	Jody Green	F	39	Omaha	NE	566	8:28	00:56:15.2	679	9:00	00:59:01.8	01:55:17.1	8:44	01:54:30.3
624	253/1452	34/219	1424	Kendra Fraser	F	43	Omaha	NE	615	8:35	00:57:10.2	621	8:52	00:58:10.9	01:55:21.1	8:44	01:54:30.5
625	254/1452	66/322	2390	Jennifer Engelhaupt	F	37	Lincoln	NE	616	8:34	00:57:11.8	637	8:54	00:58:21.5	01:55:33.3	8:44	01:54:30.5
626	255/1452	13/90	1446	Nancy Asselin	F	52	Lincoln	NE	869	8:56	00:59:35.2	467	8:32	00:55:56.0	01:55:31.3	8:44	01:54:32.0
627	256/1452	69/293	1235	Kimberly Keller	F	34	Lincoln	NE	768	8:45	00:58:47.5	550	8:44	00:57:14.2	01:56:01.7	8:44	01:54:35.7
628	372/805	35/77	2012	Darin Rich	M	49	Lincoln	NE	649	8:45	00:57:39.5	563	8:45	00:57:18.8	01:54:58.4	8:44	01:54:37.9
629	373/805	88/151	2174	Andy Connor	M	39	Omaha	NE	502	8:21	00:55:21.5	745	9:09	00:59:56.9	01:55:18.5	8:44	01:54:42.0
630	257/1452	14/127	455	Kristin Adkins	F	45	Brooklyn	IA	526	8:25	00:55:44.8	721	9:04	00:59:29.6	01:55:14.5	8:45	01:54:43.0
631	258/1452	67/322	839	Andrea Hansen	F	36	Pender	NE	651	8:38	00:57:40.3	614	8:52	00:58:04.8	01:55:45.1	8:45	01:54:43.5
632	374/805	9/30	2100	Tom Rempe	M	61	Lincoln	NE	648	8:44	00:57:39.5	577	8:46	00:57:29.6	01:55:09.1	8:45	01:54:45.8
633	375/805	46/116	963	Evan Henkel	M	40	Bennington	NE	748	8:48	00:58:43.3	542	8:42	00:57:03.4	01:55:46.7	8:45	01:54:47.4
634	259/1452	18/100	2430	Lexie Thorell	F	22	Lincoln	NE	666	8:39	00:58:01.4	618	8:52	00:58:07.6	01:56:09.1	8:45	01:54:50.9
635	260/1452	36/202	3548	Maggie Knight Knaub	F	26	Papillion	NE	546	8:27	00:55:53.8	724	9:05	00:59:32.2	01:55:26.1	8:45	01:54:53.4
636	261/1452	35/219	2983	Holly Mains	F	42	Omaha	NE	724	8:47	00:58:35.2	566	8:45	00:57:20.0	01:55:55.2	8:45	01:54:54.5
637	262/1452	70/293	3042	Sara Sinanu	F	34	Olathe	KS	588	8:28	00:56:32.5	717	9:04	00:59:27.3	01:55:59.9	8:45	01:54:55.2
638	376/805	36/77	2687	Jeffrey Rudy	M	49	Lincoln	NE	687	8:53	00:58:16.7	523	8:39	00:56:44.1	01:55:00.8	8:46	01:55:00.8
639	263/1452	68/322	1431	Stacia Heiser	F	37	Lincoln	NE	578	8:30	00:56:22.2	701	9:02	00:59:15.3	01:55:37.6	8:46	01:55:02.4
640	377/805	89/151	964	Alex Dworak	M	35	Ralston	NE	434	8:13	00:54:20.5	833	9:20	01:01:13.1	01:55:33.7	8:46	01:55:04.9
641	264/1452	36/219	1719	Kristen Stauffer	F	44	Lincoln	NE	776	8:48	00:58:48.5	570	8:45	00:57:23.3	01:56:11.8	8:46	01:55:06.4
642	378/805	11/27	2729	Bradley Welniak	M	21	Lincoln	NE	826	8:49	00:59:06.3	555	8:44	00:57:17.3	01:56:23.6	8:46	01:55:06.8
643	265/1452	19/100	2535	Alisha Peterson	F	22	Lincoln	NE	825	8:49	00:59:06.1	556	8:44	00:57:17.5	01:56:23.7	8:46	01:55:07.3
644	266/1452	37/219	769	Jennifer Dearing	F	40	Lincoln	NE	563	8:27	00:56:13.2	733	9:07	00:59:47.0	01:56:00.3	8:46	01:55:08.2
645	267/1452	71/293	3558	Emily Swanda	F	34	Lincoln	NE	855	8:50	00:59:24.4	565	8:45	00:57:19.4	01:56:43.9	8:47	01:55:13.0
646	379/805	15/58	2954	Rod Johnson	M	57	Sutton	NE	529	8:20	00:55:46.4	800	9:15	01:00:36.0	01:56:22.4	8:47	01:55:14.0
647	268/1452	69/322	2411	Melanie Mitchell	F	37	Lincoln	NE	647	8:39	00:57:39.3	651	8:56	00:58:36.3	01:56:15.6	8:47	01:55:18.3
648	269/1452	37/202	633	Karlin Warner	F	29	Lincoln	NE	865	8:54	00:59:32.5	538	8:42	00:57:00.9	01:56:33.5	8:47	01:55:19.8

The Good Life Halfsy

November 9, 2014

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
649	270/1452	14/90	1222	Cheri Mckitterick	F	51	Lincoln	NE	703	8:43	00:58:27.9	620	8:52	00:58:10.2	01:56:38.1	8:47	01:55:20.9
650	271/1452	20/100	2310	Stephanie Ross	F	23	Grand Island	NE	564	8:25	00:56:14.2	764	9:10	01:00:07.6	01:56:21.8	8:47	01:55:21.1
651	272/1452	70/322	1837	Sara Stewart	F	37	Lincoln	NE	602	8:32	00:56:51.7	710	9:04	00:59:24.0	01:56:15.7	8:48	01:55:22.2
652	273/1452	71/322	1266	Jill Gries	F	38	Omaha	NE	875	8:47	00:59:40.3	591	8:49	00:57:47.1	01:57:27.4	8:48	01:55:22.8
653	380/805	47/116	1842	Chad Mckown	M	40	Albion	NE	609	8:25	00:57:04.5	765	9:11	01:00:09.4	01:57:13.9	8:48	01:55:23.1
654	274/1452	72/322	1663	Renee Zwick	F	38	Wahoo	NE	874	8:47	00:59:40.3	592	8:49	00:57:47.5	01:57:27.8	8:48	01:55:23.3
655	275/1452	72/293	687	Lindsey Sample	F	33	Pleasant Dale	NE	624	8:37	00:57:25.9	665	8:59	00:58:53.9	01:56:19.8	8:48	01:55:25.1
656	381/805	37/77	1661	Bryon Pickett	M	46	Lincoln	NE	680	8:41	00:58:08.3	648	8:56	00:58:34.0	01:56:42.3	8:48	01:55:26.8
657	382/805	2/5	2442	Blaine Johnson	M	65	York	NE	847	8:47	00:59:20.2	596	8:49	00:57:50.4	01:57:10.6	8:48	01:55:28.4
658	383/805	33/73	1506	Paul Channer	M	54	Columbus	NE	663	8:35	00:57:56.8	699	9:02	00:59:12.8	01:57:09.6	8:48	01:55:28.4
659	276/1452	38/219	700	Carmen Westfahl	F	40	Lincoln	NE	829	8:52	00:59:07.3	569	8:45	00:57:21.6	01:56:28.9	8:48	01:55:28.4
660	384/805	16/58	2681	Gregg Stokke	M	59	Lincoln	NE	490	8:20	00:55:14.8	816	9:17	01:00:54.6	01:56:09.4	8:48	01:55:30.5
661	277/1452	4/11	2515	Morgen Jean Bianchi	F	15	Papillion	NE	675	8:36	00:58:05.9	688	9:01	00:59:07.7	01:57:13.6	8:48	01:55:33.2
662	278/1452	73/322	3357	Julie Nash	F	39	Gretna	NE	593	8:32	00:56:41.7	726	9:05	00:59:34.6	01:56:16.4	8:48	01:55:34.1
663	279/1452	74/322	1028	Jennifer Madson	F	36	Lincoln	NE	757	8:48	00:58:45.3	603	8:50	00:57:55.8	01:56:41.1	8:49	01:55:34.7
664	280/1452	38/202	962	Ashley Mcallister	F	27	Lincoln	NE	728	8:42	00:58:36.4	652	8:56	00:58:36.5	01:57:12.9	8:49	01:55:36.9
665	385/805	34/73	690	David Selby	M	54	Omaha	NE	622	8:34	00:57:24.6	715	9:04	00:59:26.9	01:56:51.5	8:49	01:55:40.1
666	281/1452	39/202	1892	Jessica Cooley	F	28	Lincoln	NE	752	8:47	00:58:44.5	616	8:52	00:58:05.3	01:56:49.9	8:49	01:55:40.4
667	282/1452	73/293	2933	Christine Borer	F	33	Lincoln	NE	652	8:40	00:57:41.5	666	8:59	00:58:54.1	01:56:35.7	8:49	01:55:41.4
668	283/1452	74/293	3203	Amy Guenther	F	32	Lincoln	NE	498	8:21	00:55:20.8	818	9:18	01:00:56.3	01:56:17.1	8:49	01:55:43.3
669	284/1452	75/322	1244	Jennifer Springer	F	35	Lincoln	NE	819	8:48	00:59:03.9	608	8:51	00:58:00.4	01:57:04.3	8:49	01:55:43.8
670	285/1452	5/11	1618	Sierra Mongeon	F	18	Pleasant Dale	NE	936	8:55	01:00:29.2	561	8:44	00:57:18.6	01:57:47.9	8:49	01:55:44.6
671	286/1452	75/293	677	Ashley Sondgeroth	F	31	Gretna	NE	884	8:50	00:59:47.5	598	8:49	00:57:51.1	01:57:38.6	8:49	01:55:45.7
672	386/805	10/30	317	Conrad Woerner	M	63	Lincoln	NE	421	8:12	00:54:11.8	908	9:28	01:02:02.8	01:56:14.6	8:50	01:55:48.0
673	387/805	90/151	2141	Matt Walters	M	39	Lincoln	NE	696	8:47	00:58:24.2	623	8:53	00:58:13.8	01:56:38.1	8:50	01:55:50.5
674	287/1452	76/293	467	Ashley Wilcox	F	32	Lincoln	NE	726	8:41	00:58:35.3	670	8:59	00:58:55.3	01:57:30.7	8:50	01:55:50.9
675	388/805	91/151	322	Scott Brown	M	35	Lincoln	NE	631	8:39	00:57:28.9	697	9:02	00:59:10.3	01:56:39.3	8:50	01:55:51.4
676	389/805	74/136	2808	Nick Bockoven	M	32	Omaha	NE	1196	9:11	01:03:54.2	459	8:30	00:55:41.1	01:59:35.4	8:50	01:55:52.6
677	288/1452	21/100	2420	Cynthia Liu	F	22	Omaha	NE	851	8:50	00:59:23.2	611	8:51	00:58:01.3	01:57:24.6	8:50	01:55:53.7
678	390/805	17/58	1611	David Florell	M	55	Lincoln	NE	810	8:50	00:58:59.4	613	8:51	00:58:02.6	01:57:02.1	8:50	01:55:56.2
679	391/805	75/136	2778	Kenny Martin	M	31	Lincoln	NE	523	8:16	00:55:42.8	875	9:25	01:01:46.7	01:57:29.6	8:50	01:55:57.2
680	392/805	48/116	1255	Jason Weber	M	40	Lincoln	NE	883	8:51	00:59:46.8	604	8:50	00:57:56.4	01:57:43.2	8:50	01:55:57.8
681	289/1452	76/322	2683	Sarah Helvey	F	37	Omaha	NE	777	8:47	00:58:48.5	642	8:55	00:58:24.8	01:57:13.4	8:50	01:55:58.0
682	393/805	49/116	951	Patrick Goracke	M	44	Lincoln	NE	744	8:47	00:58:41.7	640	8:54	00:58:23.8	01:57:05.6	8:50	01:55:58.3
683	290/1452	39/219	793	Kelli Johnson	F	41	Lincoln	NE	664	8:33	00:58:00.2	749	9:09	00:59:58.8	01:57:59.1	8:50	01:55:59.2
684	291/1452	1/41	2832	Jane Franklin	F	58	Omaha	NE	835	8:48	00:59:11.9	628	8:54	00:58:17.7	01:57:29.7	8:51	01:56:02.4

The Good Life Halfsy

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Half Marathon

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									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
685	292/1452	40/219	3420	Tracy Marshall	F	41	Louisville	NE	834	8:48	00:59:11.6	632	8:54	00:58:19.2	01:57:30.9	8:51	01:56:03.5
686	293/1452	1/3	3343	Mariana Phipps	F	70	Omaha	NE	836	8:49	00:59:12.9	627	8:53	00:58:17.2	01:57:30.1	8:51	01:56:03.6
687	394/805	57/109	1472	Adam Brown	M	26	Lincoln	NE	471	8:18	00:54:55.8	864	9:24	01:01:40.4	01:56:36.2	8:51	01:56:03.7
688	294/1452	15/127	359	Joy Mckinney	F	48	Lincoln	NE	929	8:52	01:00:27.5	606	8:51	00:57:58.0	01:58:25.6	8:51	01:56:05.8
689	295/1452	77/322	1079	Jennifer Hoyt	F	39	Missouri Valley	IA	533	8:24	00:55:49.3	824	9:19	01:01:02.6	01:56:51.9	8:51	01:56:08.5
690	395/805	11/30	3336	Brad Heiliger	M	60	Lincoln	NE	644	8:31	00:57:34.8	775	9:12	01:00:18.5	01:57:53.4	8:51	01:56:10.2
691	396/805	12/27	1205	Weston Fanders	M	23	Lincoln	NE	552	8:26	00:55:57.7	817	9:18	01:00:55.1	01:56:52.9	8:51	01:56:12.7
692	296/1452	15/90	824	Jean Ubbelohde	F	53	Papillion	NE	671	8:43	00:58:04.5	680	9:00	00:59:02.3	01:57:06.8	8:52	01:56:14.3
693	397/805	38/77	2572	William Beecham	M	48	Lincoln	NE	893	8:50	00:59:57.3	638	8:54	00:58:23.0	01:58:20.4	8:52	01:56:14.9
694	398/805	76/136	1024	Jared Goertzen	M	31	Lincoln	NE	630	8:39	00:57:28.8	729	9:06	00:59:36.5	01:57:05.4	8:52	01:56:16.1
695	399/805	58/109	820	Kevin Mattern	M	29	Lincoln	NE	536	8:25	00:55:50.2	825	9:19	01:01:02.7	01:56:52.9	8:52	01:56:16.7
696	297/1452	40/202	1819	Samantha Ostrander	F	27	Kearney	NE	792	8:47	00:58:51.5	660	8:59	00:58:51.1	01:57:42.6	8:53	01:56:28.1
697	400/805	92/151	1795	Nathan Goertzen	M	38	Hampton	NE	678	8:41	00:58:07.1	725	9:05	00:59:32.7	01:57:39.8	8:53	01:56:29.5
698	298/1452	16/90	637	Vicki Merkle	F	53	Lincoln	NE	619	8:33	00:57:15.5	789	9:13	01:00:27.2	01:57:42.8	8:53	01:56:30.0
699	401/805	50/116	1374	Jon Bakker	M	42	Omaha	NE	528	8:26	00:55:45.9	831	9:20	01:01:10.6	01:56:56.6	8:53	01:56:30.9
700	402/805	18/58	922	Dale Rasmussen	M	59	Ceresco	NE	727	8:46	00:58:35.4	678	9:00	00:59:01.7	01:57:37.1	8:53	01:56:31.2
701	403/805	59/109	2388	Chip Daehling	M	26	Elkhorn	NE	470	8:17	00:54:53.9	925	9:30	01:02:15.3	01:57:09.3	8:53	01:56:31.4
702	404/805	51/116	1423	Kevin Schlautman	M	42	Lincoln	NE	802	8:44	00:58:55.8	703	9:03	00:59:16.8	01:58:12.6	8:53	01:56:33.3
703	299/1452	41/219	2574	Heather Hansen	F	40	Omaha	NE	832	8:48	00:59:09.2	657	8:58	00:58:48.6	01:57:57.9	8:53	01:56:33.6
704	405/805	77/136	499	Justin Clements	M	34	Omaha	NE	707	8:47	00:58:29.9	676	9:00	00:59:00.3	01:57:30.3	8:53	01:56:36.7
705	300/1452	77/293	802	Jennie Clements	F	34	Omaha	NE	708	8:47	00:58:29.9	677	9:00	00:59:00.7	01:57:30.6	8:53	01:56:37.1
706	301/1452	78/293	258	Katie Taddeucci	F	34	Lincoln	NE	710	8:47	00:58:30.9	675	9:00	00:58:59.5	01:57:30.5	8:53	01:56:37.7
707	406/805	12/30	1549	Paul Boeshart	M	64	Lincoln	NE	614	8:35	00:57:08.2	781	9:12	01:00:21.6	01:57:29.8	8:54	01:56:41.4
708	302/1452	22/100	1871	Rebecca Smith	F	24	Kearney	NE	786	8:47	00:58:50.3	693	9:01	00:59:08.9	01:57:59.3	8:54	01:56:41.7
709	303/1452	41/202	3051	Amy Keiser	F	26	Gothenburg	NE	469	8:11	00:54:52.8	979	9:37	01:03:05.5	01:57:58.4	8:54	01:56:41.8
710	407/805	78/136	1568	Mike Dudley	M	32	Adams	NE	933	9:02	01:00:28.8	576	8:46	00:57:28.4	01:57:57.3	8:54	01:56:42.5
711	408/805	60/109	3078	Jason Seger	M	27	Lincoln	NE	841	8:49	00:59:16.3	671	8:59	00:58:55.5	01:58:11.9	8:54	01:56:43.3
712	409/805	79/136	3499	Joe Perez	M	30	Lincoln	NE	813	8:50	00:59:00.9	661	8:59	00:58:51.5	01:57:52.4	8:54	01:56:43.6
713	410/805	39/77	1349	Douglas Lintz	M	45	Kearney	NE	514	8:22	00:55:33.2	898	9:27	01:01:59.1	01:57:32.3	8:54	01:56:48.6
714	304/1452	79/293	1155	Caitlin Hebrew	F	31	Omaha	NE	938	9:02	01:00:31.5	585	8:47	00:57:37.2	01:58:08.8	8:54	01:56:49.1
715	411/805	61/109	1957	Alec Bochek	M	27	Lincoln	NE	782	8:48	00:58:49.3	694	9:01	00:59:09.0	01:57:58.3	8:54	01:56:49.1
716	305/1452	80/293	3252	Desiree Ahmann	F	31	Lincoln	NE	789	8:41	00:58:50.7	742	9:08	00:59:51.9	01:58:42.6	8:54	01:56:50.9
717	306/1452	81/293	3487	Lissa Fellers	F	34	Lincoln	NE	473	8:16	00:54:59.4	944	9:33	01:02:38.7	01:57:38.2	8:54	01:56:51.6
718	412/805	19/58	3302	Jim Esola	M	55	Omaha	NE	953	9:02	01:00:42.4	582	8:47	00:57:35.7	01:58:18.1	8:54	01:56:51.9
719	413/805	52/116	3141	William Thibodeau	M	41	Omaha	NE	657	8:46	00:57:46.2	713	9:04	00:59:25.9	01:57:12.1	8:55	01:56:54.4
720	307/1452	42/219	1760	Tiffany Beiermann	F	44	Lincoln	NE	828	8:52	00:59:07.1	662	8:59	00:58:52.1	01:57:59.3	8:55	01:56:58.4

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
721	414/805	53/116	2819	Joshua Starr	M	40	Fairbury	NE	785	8:51	00:58:49.8	668	8:59	00:58:55.1	01:57:44.9	8:55	01:56:58.4
722	415/805	40/77	2843	Toby Sandal	M	49	Beatrice	NE	892	8:51	00:59:56.5	674	8:59	00:58:56.8	01:58:53.3	8:55	01:57:01.0
723	308/1452	43/219	1160	Crystal Day	F	41	Lincoln	NE	760	8:48	00:58:46.2	708	9:03	00:59:23.0	01:58:09.2	8:55	01:57:01.7
724	416/805	35/73	445	Mike Dougherty	M	52	Lincoln	NE	574	8:28	00:56:21.4	852	9:23	01:01:34.0	01:57:55.4	8:55	01:57:05.8
725	309/1452	82/293	1980	Ashley Johnson	F	30	Lincoln	NE	600	8:35	00:56:50.8	814	9:17	01:00:52.3	01:57:43.1	8:56	01:57:08.3
726	417/805	36/73	3234	Brian Connor	M	54	Lincoln	NE	801	8:50	00:58:55.5	704	9:03	00:59:17.2	01:58:12.8	8:56	01:57:09.2
727	418/805	93/151	3205	Seth Tracy	M	39	Elkhorn	NE	695	8:45	00:58:23.4	741	9:08	00:59:51.0	01:58:14.5	8:56	01:57:12.0
728	310/1452	78/322	1144	Staci Jacoben	F	37	Ashland	NE	790	8:48	00:58:50.8	727	9:05	00:59:34.6	01:58:25.4	8:56	01:57:14.2
729	419/805	62/109	1539	Jacob Bonander	M	26	Lincoln	NE	603	8:34	00:56:54.3	828	9:19	01:01:06.9	01:58:01.3	8:56	01:57:16.8
730	311/1452	83/293	2979	Alana Pfeifer	F	32	Marysville	KS	800	8:42	00:58:54.6	769	9:11	01:00:12.9	01:59:07.5	8:56	01:57:17.1
731	312/1452	44/219	1855	Karina Bartlett	F	41	Beatrice	NE	822	8:47	00:59:04.9	736	9:07	00:59:47.5	01:58:52.5	8:57	01:57:19.9
732	420/805	54/116	1794	Joel Balk	M	42	Lincoln	NE	690	8:44	00:58:17.9	758	9:10	01:00:05.4	01:58:23.4	8:57	01:57:20.0
733	313/1452	79/322	2278	Jill Bolling	F	38	Kansas City	MO	689	8:44	00:58:17.7	759	9:10	01:00:05.5	01:58:23.2	8:57	01:57:21.5
734	314/1452	84/293	1364	Talia Janzen	F	31	Omaha	NE	699	8:45	00:58:25.5	755	9:10	01:00:02.7	01:58:28.3	8:57	01:57:23.0
735	315/1452	85/293	2417	Torri Janecek	F	34	Dubuque	IA	697	8:45	00:58:25.3	756	9:10	01:00:03.0	01:58:28.3	8:57	01:57:23.0
736	316/1452	86/293	2810	Renee Begger	F	32	Dalton	NE	1025	9:03	01:01:37.5	615	8:52	00:58:04.9	01:59:42.5	8:57	01:57:23.1
737	317/1452	87/293	1557	Kylie Burley	F	34	Omaha	NE	930	8:59	01:00:27.5	645	8:55	00:58:28.5	01:58:56.1	8:57	01:57:23.4
738	318/1452	23/100	2329	Sara Berens	F	24	Lincoln	NE	717	8:46	00:58:32.5	747	9:09	00:59:58.2	01:58:30.7	8:57	01:57:24.2
739	319/1452	42/202	3040	Melissa James	F	29	Martell	NE	838	8:53	00:59:13.9	698	9:02	00:59:12.5	01:58:26.4	8:57	01:57:28.7
740	320/1452	88/293	1483	Sarah Podany	F	32	Omaha	NE	577	8:27	00:56:21.8	910	9:28	01:02:05.0	01:58:26.9	8:57	01:57:30.5
741	321/1452	17/90	2151	Kelly Erickson	F	51	Campbell	NE	1129	9:10	01:02:56.2	575	8:46	00:57:27.3	02:00:23.6	8:58	01:57:32.8
742	322/1452	80/322	1029	Christine White	F	36	Omaha	NE	1223	9:16	01:04:21.8	529	8:40	00:56:50.8	02:01:12.6	8:58	01:57:32.9
743	421/805	94/151	821	Nathan Gaebel	M	35	Lincoln	NE	846	8:44	00:59:19.2	786	9:13	01:00:24.5	01:59:43.7	8:58	01:57:37.3
744	422/805	20/58	421	Scott Sughroue	M	58	Lincoln	NE	831	8:51	00:59:09.2	730	9:06	00:59:40.7	01:58:50.0	8:58	01:57:40.5
745	423/805	55/116	1097	Joseph Wolfe	M	40	Lincoln	NE	1292	9:35	01:05:37.8	400	8:22	00:54:50.5	02:00:28.4	8:58	01:57:41.1
746	424/805	56/116	335	Arun Pondicherry	M	41	Lincoln	NE	571	8:30	00:56:21.1	891	9:27	01:01:56.4	01:58:17.5	8:58	01:57:42.8
747	425/805	13/30	371	Jim Peter	M	62	Lincoln	NE	971	8:58	01:00:50.5	672	8:59	00:58:55.7	01:59:46.3	8:58	01:57:44.0
748	323/1452	89/293	1137	Amber Mcintyre	F	33	Lincoln	NE	691	8:44	00:58:19.3	790	9:13	01:00:27.4	01:58:46.8	8:58	01:57:45.1
749	426/805	80/136	599	Michael Snodgrass	M	34	Lincoln	NE	761	8:47	00:58:46.3	770	9:11	01:00:13.0	01:58:59.4	8:59	01:57:45.9
750	324/1452	16/127	1010	Sue Dobson	F	45	Lincoln	NE	960	9:02	01:00:44.4	649	8:56	00:58:34.5	01:59:18.9	8:59	01:57:46.0
751	427/805	14/30	2059	Louis Hedlund	M	60	Lincoln	NE	753	8:45	00:58:44.6	792	9:13	01:00:28.0	01:59:12.6	8:59	01:57:47.8
752	325/1452	90/293	422	Tracy Baker	F	33	Roca	NE	783	8:48	00:58:49.5	757	9:10	01:00:04.4	01:58:53.9	8:59	01:57:48.6
753	326/1452	81/322	2464	Lori Wilson	F	37	Omaha	NE	907	8:58	01:00:10.3	683	9:01	00:59:04.6	01:59:14.9	8:59	01:57:49.3
754	327/1452	45/219	2007	Jennifer Renton	F	40	Lincoln	NE	976	9:04	01:01:00.7	641	8:55	00:58:24.4	01:59:25.1	8:59	01:57:49.9
755	328/1452	82/322	2194	Tami Reilly	F	39	Saint Paul	NE	881	8:51	00:59:44.6	734	9:07	00:59:47.2	01:59:31.9	8:59	01:57:50.2
756	329/1452	46/219	552	Stephanie Welch	F	40	Lincoln	NE	965	9:04	01:00:45.6	639	8:54	00:58:23.7	01:59:09.3	8:59	01:57:51.5

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
757	428/805	57/116	388	James Wolfe	M	44	Lincoln	NE	1248	9:28	01:04:46.3	466	8:31	00:55:51.5	02:00:37.9	8:59	01:57:52.2
758	429/805	41/77	1517	Tim Hanke	M	46	Urbandale	IA	623	8:36	00:57:25.5	847	9:23	01:01:29.9	01:58:55.4	8:59	01:57:54.2
759	330/1452	91/293	2514	Melissa Lee	F	31	Lincoln	NE	688	8:42	00:58:17.3	815	9:17	01:00:54.4	01:59:11.8	8:59	01:57:57.3
760	430/805	42/77	3328	Jon Jonson	M	48	Lincoln	NE	475	8:17	00:54:59.6	1015	9:43	01:03:41.4	01:58:41.1	9:00	01:58:00.8
761	331/1452	24/100	1601	Kathryn Conroy	F	22	Papillion	NE	560	8:28	00:56:08.5	938	9:32	01:02:30.7	01:58:39.2	9:00	01:58:01.8
762	332/1452	43/202	133	Kristie Dugas	F	28	Lincoln	NE	1186	9:11	01:03:46.3	599	8:50	00:57:51.8	02:01:38.1	9:00	01:58:02.3
763	431/805	63/109	2299	John Turnquist	M	28	Lincoln	NE	1023	9:04	01:01:36.7	656	8:57	00:58:39.2	02:00:15.9	9:00	01:58:03.5
764	432/805	21/58	1451	Jack Frans	M	59	South Bend	NE	725	8:38	00:58:35.2	846	9:23	01:01:27.6	02:00:02.9	9:00	01:58:04.0
765	333/1452	92/293	1699	Kaylene Harms	F	30	Crawford	NE	638	8:35	00:57:30.9	879	9:26	01:01:48.6	01:59:19.5	9:00	01:58:05.2
766	433/805	58/116	2002	Todd Eicher	M	44	Lincoln	NE	816	8:47	00:59:01.9	796	9:14	01:00:31.2	01:59:33.1	9:00	01:58:06.2
767	334/1452	83/322	401	Mindy Ohnoutka	F	39	Lincoln	NE	712	8:41	00:58:31.3	838	9:20	01:01:13.8	01:59:45.2	9:00	01:58:07.6
768	434/805	59/116	375	Jeff Debie	M	40	Lincoln	NE	796	8:48	00:58:52.9	793	9:13	01:00:28.3	01:59:21.2	9:00	01:58:08.7
769	435/805	95/151	348	Dyke Debie	M	35	Lincoln	NE	794	8:48	00:58:52.1	794	9:14	01:00:29.0	01:59:21.2	9:00	01:58:09.8
770	335/1452	93/293	1276	Jessica Kaczenski	F	32	Lincoln	NE	775	8:47	00:58:48.3	803	9:15	01:00:38.1	01:59:26.4	9:00	01:58:10.0
771	336/1452	2/41	404	Sandy Koozer	F	55	Lincoln	NE	791	8:49	00:58:50.9	783	9:13	01:00:23.1	01:59:14.1	9:01	01:58:12.1
772	436/805	60/116	382	Jason Ronell	M	43	Lincoln	NE	587	8:28	00:56:31.8	947	9:34	01:02:40.6	01:59:12.4	9:01	01:58:12.6
773	337/1452	44/202	1960	Carrie Kenny	F	25	Lincoln	NE	866	8:51	00:59:33.2	767	9:11	01:00:10.9	01:59:44.1	9:01	01:58:12.7
774	437/805	81/136	2969	Jeff Ahern	M	30	Lincoln	NE	1083	9:09	01:02:06.1	625	8:53	00:58:15.4	02:00:21.6	9:01	01:58:13.0
775	338/1452	94/293	281	Niki Ruyle	F	32	Kearney	NE	462	8:13	00:54:48.6	1062	9:49	01:04:23.3	01:59:11.9	9:01	01:58:13.5
776	339/1452	47/219	2063	Susie Bruning	F	44	Lincoln	NE	958	9:01	01:00:43.8	684	9:01	00:59:04.6	01:59:48.4	9:01	01:58:14.6
777	340/1452	84/322	511	Michaela Harrison	F	36	Lincoln	NE	805	8:50	00:58:56.8	782	9:12	01:00:22.0	01:59:18.9	9:01	01:58:15.5
778	341/1452	45/202	1647	Dani Michaelis	F	25	Wymore	NE	738	8:41	00:58:39.5	841	9:22	01:01:22.5	02:00:02.1	9:01	01:58:15.7
779	342/1452	46/202	120	Katie Bossung	F	29	Lincoln	NE	999	9:02	01:01:22.8	692	9:01	00:59:08.7	02:00:31.5	9:01	01:58:21.7
780	438/805	37/73	1150	Scott Guenther	M	51	Lincoln	NE	633	8:34	00:57:29.7	916	9:29	01:02:09.1	01:59:38.9	9:01	01:58:21.9
781	439/805	64/109	3195	Brady Beckman	M	26	Ralston	NE	1008	9:03	01:01:26.7	681	9:00	00:59:03.4	02:00:30.1	9:02	01:58:26.3
782	440/805	43/77	134	Erik Egglund	M	46	Ankeny	IA	773	8:49	00:58:48.2	801	9:15	01:00:36.1	01:59:24.4	9:02	01:58:27.2
783	441/805	38/73	1969	Brad Johnson	M	52	Lincoln	NE	921	9:01	01:00:23.9	706	9:03	00:59:21.5	01:59:45.4	9:02	01:58:29.3
784	343/1452	47/202	1389	Maggie Pace	F	27	Omaha	NE	553	8:22	00:55:59.5	1014	9:43	01:03:40.8	01:59:40.3	9:02	01:58:31.9
785	344/1452	95/293	534	Kate Collins	F	34	Lincoln	NE	628	8:38	00:57:28.5	883	9:26	01:01:52.8	01:59:21.4	9:02	01:58:31.9
786	345/1452	48/219	1724	Stephanie Johnson	F	42	Lincoln	NE	923	9:02	01:00:24.9	705	9:03	00:59:21.2	01:59:46.1	9:02	01:58:32.0
787	442/805	61/116	439	Michael Keating	M	44	Lincoln	NE	924	8:57	01:00:24.9	737	9:07	00:59:48.3	02:00:13.2	9:02	01:58:32.0
788	346/1452	96/293	1420	Kim Jakub	F	34	Burke	VA	729	8:49	00:58:36.4	807	9:16	01:00:45.4	01:59:21.8	9:02	01:58:36.3
789	347/1452	85/322	671	Jill Eberspacher	F	36	Beaver Crossing	NE	941	9:01	01:00:33.4	718	9:04	00:59:27.5	02:00:01.0	9:02	01:58:37.5
790	348/1452	86/322	713	Lyndsy Schulz	F	37	Seward	NE	942	9:02	01:00:33.5	716	9:04	00:59:27.2	02:00:00.8	9:02	01:58:37.7
791	349/1452	18/90	1486	Jane Dougherty	F	50	Lincoln	NE	878	8:55	00:59:43.2	768	9:11	01:00:12.9	01:59:56.1	9:03	01:58:38.3
792	443/805	44/77	1493	John Krajewski	M	45	Lincoln	NE	1009	9:04	01:01:27.3	695	9:01	00:59:09.9	02:00:37.2	9:03	01:58:38.8

The Good Life Halfsy

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Half Marathon

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									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
793	350/1452	87/322	3076	Laura Anderson	F	36	Lincoln	NE	660	8:39	00:57:47.5	894	9:27	01:01:57.3	01:59:44.9	9:03	01:58:39.3
794	444/805	65/109	667	Jared Jollensten	M	29	Gretna	NE	538	8:21	00:55:51.2	1026	9:45	01:03:54.5	01:59:45.8	9:03	01:58:41.2
795	445/805	45/77	398	Theodore Durant	M	45	Lincoln	NE	1011	9:05	01:01:27.9	696	9:01	00:59:09.9	02:00:37.9	9:03	01:58:41.5
796	351/1452	25/100	1615	Ally Gilin	F	23	Omaha	NE							01:59:27.3	9:03	01:58:43.5
797	352/1452	17/127	1234	Doris Robertson	F	47	Lincoln	NE	1078	9:12	01:02:03.3	643	8:55	00:58:27.0	02:00:30.3	9:03	01:58:43.7
798	353/1452	88/322	490	Michon Morrow	F	39	Roca	NE	733	8:50	00:58:37.7	809	9:17	01:00:48.8	01:59:26.6	9:03	01:58:46.8
799	354/1452	49/219	944	Lisa Janssen	F	40	Lincoln	NE	1001	9:03	01:01:23.8	712	9:04	00:59:25.7	02:00:49.6	9:03	01:58:47.0
800	355/1452	19/90	2786	Cherie Noteboom	F	50	Elk Point	SD	1037	9:09	01:01:42.0	659	8:58	00:58:50.1	02:00:32.1	9:03	01:58:48.6
801	446/805	62/116	1612	Matt Grewe	M	42	Omaha	NE	406	8:10	00:53:55.7	1116	9:58	01:05:17.1	01:59:12.8	9:03	01:58:49.2
802	447/805	66/109	356	Michael Mason-D'croz	M	29	Lincoln	NE	946	9:00	01:00:36.7	735	9:07	00:59:47.5	02:00:24.2	9:03	01:58:50.5
803	448/805	63/116	1251	Mark Law	M	42	Omaha	NE	1115	9:20	01:02:43.8	590	8:48	00:57:44.4	02:00:28.3	9:04	01:58:52.6
804	356/1452	50/219	766	Jana Sittler	F	43	Hickman	NE	837	8:54	00:59:13.5	798	9:14	01:00:34.6	01:59:48.1	9:04	01:58:53.4
805	357/1452	48/202	875	Kirsten Murphy	F	27	Hastings	NE	641	8:33	00:57:31.7	956	9:35	01:02:48.9	02:00:20.7	9:04	01:58:53.9
806	358/1452	97/293	1106	Laura Thomsen	F	34	Lincoln	NE	407	8:09	00:53:55.7	1120	9:59	01:05:26.1	01:59:21.8	9:04	01:58:54.0
807	359/1452	89/322	3001	Kelly Langfeldt	F	39	Omaha	NE	844	8:50	00:59:18.4	826	9:19	01:01:02.7	02:00:21.1	9:04	01:58:55.3
808	360/1452	98/293	1058	Lindsay Day	F	33	Lincoln	NE	863	8:44	00:59:31.3	866	9:25	01:01:41.5	02:01:12.8	9:04	01:58:55.8
809	361/1452	20/90	2492	Judy Greenhagen	F	52	Omaha	NE	895	8:55	00:59:59.5	787	9:13	01:00:25.9	02:00:25.4	9:04	01:58:56.2
810	362/1452	99/293	492	Sarah Bishoff	F	33	Roca	NE	645	8:41	00:57:36.5	906	9:28	01:02:02.5	01:59:39.1	9:04	01:58:57.3
811	449/805	67/109	1912	Ben Searcey	M	28	Lincoln	NE	823	8:43	00:59:05.5	880	9:26	01:01:49.3	02:00:54.9	9:04	01:58:57.3
812	363/1452	90/322	2987	Katie Evans	F	35	Grand Island	NE	763	8:42	00:58:46.5	892	9:27	01:01:56.9	02:00:43.5	9:04	01:58:57.5
813	450/805	64/116	1761	William Stolzenburg	M	43	Lincoln	NE	605	8:30	00:56:58.6	984	9:39	01:03:15.0	02:00:13.6	9:04	01:58:58.7
814	451/805	96/151	2990	Cody Evans	M	35	Grand Island	NE	764	8:42	00:58:46.5	897	9:27	01:01:57.5	02:00:44.1	9:04	01:58:59.4
815	364/1452	49/202	2072	Hannah Searcey	F	25	Lincoln	NE	824	8:43	00:59:05.5	881	9:26	01:01:49.5	02:00:55.1	9:04	01:58:59.7
816	365/1452	3/41	1134	Kristine Story	F	55	Omaha	NE	1004	9:02	01:01:25.4	740	9:08	00:59:50.8	02:01:16.3	9:04	01:59:01.1
817	366/1452	50/202	2628	Tessa Dobish	F	26	Gibbon	NE	867	8:45	00:59:33.5	861	9:24	01:01:38.6	02:01:12.2	9:04	01:59:01.4
818	452/805	46/77	2674	Doug Durham	M	49	Lincoln	NE	854	8:52	00:59:24.4	813	9:17	01:00:51.8	02:00:16.3	9:04	01:59:02.9
819	453/805	47/77	2448	Steve Hilton	M	49	Lincoln	NE	948	9:00	01:00:37.3	753	9:09	01:00:01.3	02:00:38.6	9:04	01:59:04.1
820	454/805	39/73	1750	John Hejl	M	53	Lincoln	NE	693	8:50	00:58:22.2	830	9:20	01:01:09.3	01:59:31.5	9:05	01:59:04.8
821	367/1452	26/100	942	Katelyn Stevens	F	23	Lincoln	NE	489	8:24	00:55:14.7	1032	9:46	01:04:02.1	01:59:16.9	9:05	01:59:04.8
822	368/1452	18/127	1474	Jenny Linden	F	47	Omaha	NE	779	8:45	00:58:48.8	865	9:25	01:01:41.2	02:00:30.1	9:05	01:59:05.1
823	369/1452	100/293	727	Corie Lubash	F	34	Lincoln	NE	625	8:37	00:57:26.9	941	9:33	01:02:36.5	02:00:03.4	9:05	01:59:06.0
824	455/805	40/73	3347	John Laflin	M	53	Lincoln	NE	970	9:00	01:00:49.5	766	9:11	01:00:10.3	02:00:59.8	9:05	01:59:07.5
825	370/1452	19/127	327	Pam Bjerrum	F	47	Lincoln	NE	1058	9:14	01:01:54.5	653	8:56	00:58:37.0	02:00:31.6	9:05	01:59:09.4
826	456/805	41/73	2130	Mike Blaha	M	52	Ord	NE	980	9:02	01:01:05.3	752	9:09	01:00:00.2	02:01:05.5	9:05	01:59:12.8
827	457/805	48/77	2180	Grant Trierweiler	M	48	Lincoln	NE	1044	9:06	01:01:46.8	723	9:05	00:59:31.6	02:01:18.5	9:05	01:59:12.9
828	458/805	97/151	1422	Bryce Jakub	M	35	Burke	VA	485	8:18	00:55:11.2	1092	9:53	01:04:49.2	02:00:00.4	9:05	01:59:14.0

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
829	371/1452	91/322	1006	Eugena Foster	F	39	Lincoln	NE	900	8:56	01:00:06.4	806	9:16	01:00:42.6	02:00:49.1	9:05	01:59:14.3
830	459/805	68/109	302	Thomas Jones	M	29	Omaha	NE	944	9:00	01:00:35.8	771	9:11	01:00:13.9	02:00:49.8	9:05	01:59:15.2
831	372/1452	20/127	288	Cheryl Schow	F	46	Paxton	NE	1050	9:03	01:01:50.3	744	9:09	00:59:56.5	02:01:46.8	9:05	01:59:15.5
832	460/805	82/136	2190	Nick Martin	M	34	Grand Island	NE	736	8:43	00:58:38.9	913	9:28	01:02:06.4	02:00:45.3	9:06	01:59:18.5
833	461/805	65/116	3199	Keith Richert	M	44	Gresham	NE	1107	9:02	01:02:25.8	760	9:10	01:00:05.7	02:02:31.6	9:06	01:59:19.2
834	462/805	98/151	1825	Vinnie Krikac	M	38	Lincoln	NE	445	8:13	00:54:31.8	1122	9:59	01:05:28.3	02:00:00.1	9:06	01:59:20.1
835	373/1452	51/219	1553	Wendy Smith Johnsen	F	42	Lincoln	NE	516	8:21	00:55:34.8	1084	9:52	01:04:38.5	02:00:13.4	9:06	01:59:20.2
836	463/805	99/151	3124	Bradley Rickard	M	37	Lincoln	NE	682	8:44	00:58:09.9	914	9:29	01:02:07.8	02:00:17.7	9:06	01:59:21.2
837	464/805	15/30	1299	Kevin Van Nostrand	M	62	Lincoln	NE	966	8:54	01:00:45.6	822	9:19	01:01:01.7	02:01:47.4	9:06	01:59:22.6
838	374/1452	51/202	3355	Kayla Brandt	F	27	Lincoln	NE	1012	9:04	01:01:28.3	751	9:09	00:59:59.3	02:01:27.6	9:06	01:59:24.3
839	375/1452	27/100	1841	Sara Zajicek	F	23	Lincoln	NE	975	9:06	01:00:59.7	739	9:08	00:59:49.8	02:00:49.5	9:06	01:59:27.9
840	465/805	13/27	2427	Carsen Kuehl	M	24	Lincoln	NE	969	8:53	01:00:48.7	835	9:20	01:01:13.2	02:02:01.9	9:06	01:59:27.9
841	466/805	22/58	2846	Greg Prochazka	M	56	Lincoln	NE	698	8:46	00:58:25.3	899	9:27	01:01:59.5	02:00:24.8	9:06	01:59:28.0
842	376/1452	28/100	2398	Kristine Batenhorst	F	23	Omaha	NE	968	8:53	01:00:48.5	837	9:20	01:01:13.4	02:02:01.9	9:06	01:59:28.1
843	377/1452	52/219	2630	Tonya Korkow	F	41	Silver Coty	IA	811	8:48	00:58:59.8	874	9:25	01:01:46.7	02:00:46.5	9:06	01:59:30.2
844	378/1452	53/219	1320	Michelle Mazour	F	43	Lincoln	NE	534	8:25	00:55:49.8	1064	9:49	01:04:23.9	02:00:13.7	9:07	01:59:32.0
845	467/805	69/109	227	Colby Dolan	M	25	Lincoln	NE	1201	9:21	01:03:58.3	631	8:54	00:58:19.2	02:02:17.5	9:07	01:59:34.4
846	468/805	70/109	1059	Joshua Pryor	M	29	La Vista	NE	947	9:00	01:00:36.9	797	9:14	01:00:33.8	02:01:10.8	9:07	01:59:34.5
847	379/1452	29/100	3374	Olivia Adam	F	21	Lincoln	NE	569	8:25	00:56:16.8	1063	9:49	01:04:23.6	02:00:40.4	9:07	01:59:34.8
848	469/805	16/30	541	Bob Torell	M	64	Lincoln	NE	1074	9:13	01:01:59.8	691	9:01	00:59:08.5	02:01:08.3	9:07	01:59:35.2
849	380/1452	101/293	947	Brianne Bayer	F	34	Lincoln	NE	1200	9:21	01:03:58.1	633	8:54	00:58:19.5	02:02:17.6	9:07	01:59:36.1
850	381/1452	30/100	3375	Brooke Wissler	F	21	Auburn	NE	568	8:25	00:56:16.6	1061	9:49	01:04:22.5	02:00:39.2	9:07	01:59:36.5
851	382/1452	92/322	1259	Charisse Stenger	F	36	Papillion	NE	861	8:55	00:59:30.8	832	9:20	01:01:10.9	02:00:41.7	9:07	01:59:37.3
852	383/1452	93/322	617	Lindsay Garlock	F	38	Lincoln	NE	1068	9:14	01:01:58.8	686	9:01	00:59:06.9	02:01:05.8	9:07	01:59:38.2
853	470/805	66/116	2720	Bryon Langenfeld	M	40	Omaha	NE	596	8:34	00:56:47.4	996	9:41	01:03:30.4	02:00:17.9	9:07	01:59:39.1
854	384/1452	54/219	1044	Jennifer Hutzler	F	41	Lincoln	NE	1142	9:11	01:03:05.8	711	9:04	00:59:25.3	02:02:31.1	9:07	01:59:39.7
855	385/1452	102/293	3557	Courtney Landon	F	34	Waverly	NE	856	8:50	00:59:24.7	871	9:25	01:01:44.4	02:01:09.1	9:07	01:59:39.9
856	386/1452	94/322	2753	Brenda Manteufel	F	38	Overland Park	KS	1075	9:14	01:02:00.6	685	9:01	00:59:05.6	02:01:06.3	9:07	01:59:40.0
857	387/1452	103/293	634	Jessica Loontjer	F	33	Omaha	NE	919	9:03	01:00:23.3	777	9:12	01:00:18.7	02:00:42.1	9:07	01:59:41.6
858	388/1452	52/202	2493	Ashton Thorell	F	28	Loomis	NE	879	8:55	00:59:43.2	840	9:21	01:01:18.2	02:01:01.4	9:07	01:59:42.8
859	471/805	100/151	626	Kevin Loontjer	M	35	Omaha	NE	920	9:04	01:00:23.7	774	9:12	01:00:18.3	02:00:42.1	9:08	01:59:44.2
860	389/1452	95/322	2373	Thippy Nguyen	F	38	Lincoln	NE	774	8:51	00:58:48.2	869	9:25	01:01:42.0	02:00:30.3	9:08	01:59:44.8
861	390/1452	55/219	512	Jami Lanak	F	40	Lincoln	NE	815	8:50	00:59:01.5	885	9:26	01:01:53.8	02:00:55.3	9:08	01:59:46.0
862	391/1452	56/219	2164	Claudine Kennicutt	F	40	Gothenburg	NE	1032	9:04	01:01:39.5	779	9:12	01:00:21.0	02:02:00.6	9:08	01:59:46.8
863	392/1452	21/127	596	Margaret Williams	F	48	Pleasant Dale	NE	814	8:50	00:59:01.1	886	9:27	01:01:54.2	02:00:55.3	9:08	01:59:47.0
864	393/1452	96/322	776	Jenny Williams	F	36	Lincoln	NE	1014	9:04	01:01:29.5	778	9:12	01:00:20.2	02:01:49.8	9:08	01:59:47.0

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
865	472/805	101/151	1400	Kenny Conklin	M	35	Lincoln	NE	840	8:41	00:59:16.1	958	9:35	01:02:50.2	02:02:06.3	9:08	01:59:47.1
866	473/805	49/77	1125	Jim Hogg	M	47	Lincoln	NE	734	8:47	00:58:37.8	921	9:29	01:02:11.0	02:00:48.8	9:08	01:59:47.8
867	394/1452	97/322	1031	Tracy Killion	F	37	Omaha	NE	694	8:46	00:58:22.4	930	9:30	01:02:19.9	02:00:42.3	9:08	01:59:48.5
868	395/1452	57/219	2991	Rhonda Ahrens	F	40	Gretna	NE	1035	8:56	01:01:40.6	834	9:20	01:01:13.2	02:02:53.8	9:08	01:59:48.6
869	396/1452	53/202	748	Kelley Mason	F	28	Lincoln	NE	554	8:25	00:56:00.3	1085	9:52	01:04:39.1	02:00:39.4	9:08	01:59:50.0
870	397/1452	58/219	3432	Mary Brown	F	43	Gretna	NE	799	8:41	00:58:54.2	969	9:36	01:02:57.3	02:01:51.6	9:08	01:59:50.6
871	398/1452	59/219	3562	Molly Ruby	F	41	Elk River	MN	639	8:38	00:57:31.3	983	9:39	01:03:13.0	02:00:44.3	9:08	01:59:50.7
872	474/805	50/77	1849	Janssen Thompson	M	49	Lincoln	NE	927	8:58	01:00:26.7	827	9:19	01:01:04.8	02:01:31.6	9:08	01:59:50.9
873	475/805	42/73	1480	Daniel Anderson	M	50	Omaha	NE	755	8:49	00:58:45.2	907	9:28	01:02:02.5	02:00:47.8	9:08	01:59:51.0
874	399/1452	98/322	1362	Amy Ostermeyer	F	38	Lincoln	NE	937	8:48	01:00:30.2	917	9:29	01:02:09.1	02:02:39.3	9:08	01:59:52.4
875	476/805	43/73	1939	David Steffen	M	53	Lincoln	NE	700	8:35	00:58:26.2	1009	9:42	01:03:37.6	02:02:03.9	9:08	01:59:54.9
876	400/1452	104/293	229	Gina Furr	F	32	Lincoln	NE	704	8:41	00:58:28.9	978	9:37	01:03:05.0	02:01:33.9	9:09	01:59:58.5
877	401/1452	21/90	3561	Kris Dittmer	F	53	Lincoln	NE	759	8:49	00:58:45.8	919	9:29	01:02:10.7	02:00:56.5	9:09	01:59:59.4
878	402/1452	54/202	3459	Cortney Denker	F	26	La Vista	NE	1070	9:15	01:01:59.5	709	9:03	00:59:23.0	02:01:22.6	9:09	02:00:00.0
879	403/1452	105/293	2047	Niki Strotman	F	34	Bennington	NE	910	8:58	01:00:10.9	839	9:21	01:01:15.8	02:01:26.7	9:09	02:00:00.5
880	404/1452	106/293	402	Melissa Weber-Arnold	F	30	Gretna	NE	885	8:51	00:59:47.9	904	9:28	01:02:01.4	02:01:49.4	9:09	02:00:01.2
881	405/1452	60/219	2179	Kelly Apel	F	40	Lincoln	NE	686	8:48	00:58:15.2	933	9:31	01:02:22.3	02:00:37.6	9:09	02:00:01.3
882	477/805	6/13	1977	Scott Jenkins	M	19	Lincoln	NE	429	8:15	00:54:16.3	1150	10:03	01:05:53.5	02:00:09.8	9:09	02:00:01.4
883	478/805	71/109	3486	Paul Breikreutz	M	29	Lincoln	NE	1079	9:12	01:02:03.5	732	9:07	00:59:46.8	02:01:50.4	9:09	02:00:02.8
884	406/1452	61/219	553	Kerrie Weitzel	F	42	Lincoln	NE	902	8:55	01:00:06.8	857	9:24	01:01:37.0	02:01:43.9	9:09	02:00:05.6
885	479/805	67/116	956	Jeremy Van Ackeren	M	44	Omaha	NE	1048	9:01	01:01:49.1	820	9:18	01:01:00.4	02:02:49.5	9:09	02:00:08.1
886	407/1452	99/322	1824	Kristen Gray	F	36	Papillion	NE	876	8:56	00:59:40.9	859	9:24	01:01:37.3	02:01:18.3	9:09	02:00:08.9
887	408/1452	100/322	630	Anna Fryda	F	36	Kearney	NE	1019	9:08	01:01:35.9	772	9:11	01:00:15.2	02:01:51.1	9:10	02:00:10.1
888	480/805	14/27	2458	Chris Brostrom	M	24	Lincoln	NE	743	8:45	00:58:41.3	962	9:36	01:02:53.3	02:01:34.6	9:10	02:00:12.3
889	409/1452	107/293	2935	Diana Kinney	F	32	Kansas City	MO	1026	9:01	01:01:37.9	829	9:20	01:01:08.1	02:02:46.1	9:10	02:00:12.8
890	481/805	68/116	2820	Kevin Monismith	M	44	Lincoln	NE	935	8:53	01:00:29.2	918	9:29	01:02:10.6	02:02:39.8	9:11	02:00:23.3
891	482/805	17/30	2694	Tad Eickman	M	61	Wilber	NE	1101	9:10	01:02:19.5	773	9:12	01:00:17.2	02:02:36.8	9:11	02:00:24.9
892	410/1452	108/293	1502	Carly Morse	F	33	Pullman	WA	1105	9:24	01:02:24.4	658	8:58	00:58:49.0	02:01:13.4	9:11	02:00:25.6
893	411/1452	109/293	3450	Laura Deans	F	30	Lincoln	NE	812	8:50	00:59:00.3	940	9:33	01:02:33.3	02:01:33.6	9:11	02:00:28.1
894	412/1452	55/202	428	Sandy Munns	F	27	Lincoln	NE	877	8:57	00:59:42.9	877	9:26	01:01:48.2	02:01:31.1	9:11	02:00:31.2
895	483/805	69/116	1073	Dustin Zabokrtsky	M	44	Bennington	NE	833	8:52	00:59:10.8	935	9:31	01:02:23.5	02:01:34.4	9:11	02:00:32.4
896	413/1452	101/322	2321	Karrie Rosa	F	37	Lincoln	NE	943	8:56	01:00:35.1	902	9:28	01:02:00.7	02:02:35.8	9:11	02:00:32.7
897	484/805	102/151	2152	Steven Colonna	M	36	Lincoln	NE	951	9:00	01:00:39.7	851	9:23	01:01:33.0	02:02:12.8	9:11	02:00:34.3
898	414/1452	31/100	3384	Maddie Macdonald	F	22	Lincoln	NE	1158	9:16	01:03:21.8	738	9:07	00:59:49.0	02:03:10.9	9:12	02:00:36.4
899	415/1452	102/322	2147	Erin Colonna	F	39	Lincoln	NE	950	9:00	01:00:39.5	853	9:24	01:01:34.8	02:02:14.4	9:12	02:00:37.7
900	416/1452	22/127	3015	Tammy Bagdasarian	F	46	Herndon	VA	891	8:54	00:59:55.6	927	9:30	01:02:16.4	02:02:12.1	9:12	02:00:38.5

The Good Life Halfsy

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
901	417/1452	103/322	2929	Susan Otradovsky	F	38	Lincoln	NE	653	8:40	00:57:41.7	1023	9:44	01:03:51.4	02:01:33.2	9:12	02:00:38.9
902	418/1452	32/100	2727	Kellie Peterson	F	24	West Des Moines	IA	1049	9:10	01:01:49.9	795	9:14	01:00:29.9	02:02:19.9	9:12	02:00:39.0
903	419/1452	23/127	2549	Patrice McMahon	F	48	Lincoln	NE	778	8:48	00:58:48.8	975	9:37	01:03:02.0	02:01:50.9	9:12	02:00:41.0
904	485/805	15/27	2086	Nick Jenkins	M	22	Lincoln	NE	431	8:15	00:54:17.3	1204	10:10	01:06:35.5	02:00:52.8	9:12	02:00:42.3
905	420/1452	62/219	924	Carrie Henrichs	F	44	Lincoln	NE	870	8:56	00:59:36.2	912	9:28	01:02:06.0	02:01:42.3	9:12	02:00:42.6
906	421/1452	24/127	1448	Tina Meeske	F	49	Denton	NE	871	8:56	00:59:36.9	911	9:28	01:02:05.7	02:01:42.6	9:12	02:00:42.8
907	422/1452	104/322	2093	Catherine Nixon	F	36	Lincoln	NE	894	8:59	00:59:59.3	884	9:26	01:01:53.5	02:01:52.9	9:12	02:00:44.5
908	423/1452	105/322	2956	Angela Jirak	F	36	St. Paul	NE	692	8:49	00:58:21.8	974	9:37	01:03:01.6	02:01:23.4	9:12	02:00:48.5
909	424/1452	63/219	649	Rachel Zahn	F	41	Syracuse	NE	850	8:52	00:59:21.2	949	9:34	01:02:43.9	02:02:05.1	9:13	02:00:50.6
910	425/1452	110/293	1442	Angela Medina	F	34	Lincoln	NE	830	8:52	00:59:08.5	955	9:35	01:02:47.1	02:01:55.7	9:13	02:00:54.4
911	426/1452	111/293	2747	Katie Naumann	F	33	Omaha	NE	957	9:01	01:00:43.5	882	9:26	01:01:51.2	02:02:34.8	9:13	02:01:01.0
912	486/805	83/136	2590	Dan Aksamit	M	34	Lincoln	NE	1143	9:19	01:03:06.5	750	9:09	00:59:59.2	02:03:05.8	9:14	02:01:02.5
913	427/1452	6/11	954	Chloe Higgins	F	15	Nebraska City	NE	1005	9:05	01:01:25.5	844	9:22	01:01:27.1	02:02:52.7	9:14	02:01:02.9
914	428/1452	22/90	955	Lori Enstrom	F	52	Lincoln	NE	1029	9:06	01:01:38.7	843	9:22	01:01:25.6	02:03:04.4	9:14	02:01:03.1
915	487/805	51/77	2856	Vinnie Macklin	M	48	Lincoln	NE	842	8:52	00:59:16.7	970	9:36	01:02:58.3	02:02:15.1	9:14	02:01:04.5
916	429/1452	2/5	144	Madison Whitney	F	14	Lincoln	NE	780	8:47	00:58:49.1	1000	9:41	01:03:31.0	02:02:20.1	9:14	02:01:07.3
917	488/805	18/30	1438	Rick Olson	M	64	Omaha	NE	681	8:45	00:58:08.7	1020	9:44	01:03:48.0	02:01:56.8	9:14	02:01:08.0
918	430/1452	112/293	930	Joy Anderson	F	32	Omaha	NE	939	9:01	01:00:31.5	903	9:28	01:02:01.2	02:02:32.8	9:14	02:01:09.9
919	489/805	72/109	443	Alexander Skillman	M	28	Omaha	NE	513	8:17	00:55:32.8	1220	10:12	01:06:50.4	02:02:23.2	9:14	02:01:10.8
920	431/1452	25/127	352	Joeth Zucco	F	48	Lincoln	NE	781	8:47	00:58:49.1	1003	9:42	01:03:33.7	02:02:22.8	9:14	02:01:11.2
921	432/1452	4/41	515	Kim Clouston	F	57	Lincoln	NE	1102	9:13	01:02:19.7	811	9:17	01:00:49.3	02:03:09.1	9:14	02:01:11.8
922	490/805	70/116	3265	Carlos Prendes	M	42	Omaha	NE	872	8:48	00:59:37.9	993	9:41	01:03:27.9	02:03:05.8	9:14	02:01:12.2
923	491/805	84/136	3139	Craig Spilker	M	33	Beatrice	NE	888	8:54	00:59:49.9	971	9:37	01:02:59.5	02:02:49.4	9:15	02:01:17.6
924	492/805	85/136	2505	Kevin Vanwinkle	M	30	Omaha	NE	797	8:51	00:58:52.9	988	9:40	01:03:20.5	02:02:13.4	9:15	02:01:20.3
925	493/805	86/136	3292	Charlie Breneman	M	33	Lincoln	NE	1515	10:08	01:09:19.8	405	8:22	00:54:54.5	02:04:14.4	9:15	02:01:22.1
926	433/1452	106/322	1314	Jessica Nielsen	F	39	Bennington	NE	857	8:58	00:59:25.3	943	9:33	01:02:37.5	02:02:02.8	9:15	02:01:22.3
927	434/1452	1/27	2188	Theresa Johnson	F	60	Omaha	NE	584	8:27	00:56:27.1	1161	10:04	01:06:02.4	02:02:29.5	9:15	02:01:24.9
928	435/1452	56/202	871	Amy Locher	F	29	Omaha	NE	494	8:21	00:55:16.7	1207	10:10	01:06:39.0	02:01:55.7	9:15	02:01:26.2
929	436/1452	23/90	1523	Donna Baddeley	F	54	Lincoln	NE	747	8:50	00:58:43.3	1001	9:42	01:03:32.1	02:02:15.5	9:15	02:01:26.9
930	494/805	23/58	1896	Christopher Weibye	M	58	Lincoln	NE	732	8:46	00:58:37.6	1030	9:46	01:03:58.4	02:02:36.1	9:15	02:01:28.5
931	437/1452	64/219	668	Kristin Crawford	F	41	Hickman	NE	1056	9:27	01:01:54.1	728	9:05	00:59:35.4	02:01:29.5	9:16	02:01:29.5
932	438/1452	107/322	2573	Sandy Ryan	F	36	Denton	NE	1036	9:08	01:01:41.8	868	9:25	01:01:41.9	02:03:23.7	9:16	02:01:32.2
933	439/1452	113/293	485	Lyndsey Harms	F	31	Lincoln	NE	1136	9:18	01:02:59.7	799	9:14	01:00:34.6	02:03:34.3	9:16	02:01:32.3
934	495/805	103/151	2434	Kirk Van Roekel	M	39	Lincoln	NE	979	8:52	01:01:03.5	994	9:41	01:03:28.8	02:04:32.4	9:16	02:01:36.3
935	496/805	16/27	1382	Ean Patrick	M	20	Carson	IA	1114	9:18	01:02:42.8	805	9:15	01:00:41.1	02:03:23.9	9:16	02:01:37.1
936	440/1452	33/100	1333	Jennifer Taylor	F	20	Oakland	IA	1113	9:18	01:02:42.8	804	9:15	01:00:41.1	02:03:23.9	9:16	02:01:37.1

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
937	441/1452	65/219	389	Angela Cerny	F	40	Gretna	NE	1042	9:09	01:01:45.2	855	9:24	01:01:36.0	02:03:21.3	9:16	02:01:38.4
938	497/805	87/136	2268	George R. Green	M	33	Boulder	CO	1156	9:21	01:03:20.5	785	9:13	01:00:24.0	02:03:44.6	9:16	02:01:39.7
939	498/805	19/30	2230	George D. Green	M	62	Stockwell St.	NE	1157	9:21	01:03:20.6	784	9:13	01:00:23.7	02:03:44.4	9:16	02:01:40.1
940	442/1452	66/219	472	Alison Bickel	F	40	Gretna	NE	1043	9:10	01:01:45.2	854	9:24	01:01:35.9	02:03:21.1	9:16	02:01:40.5
941	443/1452	114/293	3547	Jessie Bockelman	F	30	Lincoln	NE	1137	9:18	01:02:59.9	808	9:16	01:00:48.2	02:03:48.1	9:17	02:01:45.3
942	499/805	104/151	1800	Jeremy Schwarz	M	39	Lincoln	NE	599	8:32	00:56:50.7	1147	10:03	01:05:52.8	02:02:43.5	9:17	02:01:47.0
943	500/805	88/136	2803	Broc Howard	M	34	Kearney	NE	676	8:45	00:58:06.9	1077	9:50	01:04:30.5	02:02:37.5	9:17	02:01:49.3
944	444/1452	67/219	1243	Nicole Long	F	40	Tacoma	WA	706	8:49	00:58:29.9	1031	9:46	01:04:00.4	02:02:30.3	9:17	02:01:50.0
945	445/1452	115/293	2811	Erin Howard	F	31	Kearney	NE	677	8:45	00:58:06.9	1076	9:50	01:04:30.4	02:02:37.4	9:17	02:01:50.2
946	446/1452	24/90	1391	Christine Schlafke	F	51	White Bear Lake	MN	940	9:00	01:00:31.8	963	9:36	01:02:53.7	02:03:25.5	9:17	02:01:51.2
947	501/805	71/116	381	Matthew Pedersen	M	43	Omaha	NE	1010	9:11	01:01:27.7	863	9:24	01:01:39.6	02:03:07.4	9:17	02:01:51.4
948	502/805	72/116	1624	Scott Thompson	M	44	Omaha	NE	1006	9:10	01:01:26.3	872	9:25	01:01:44.8	02:03:11.1	9:17	02:01:52.5
949	447/1452	116/293	788	Morgan Beach	F	30	Lincoln	NE	925	8:58	01:00:25.9	977	9:37	01:03:04.6	02:03:30.6	9:17	02:01:53.3
950	448/1452	26/127	3248	Mary Tompkin	F	45	Fort Collins	CO	915	8:56	01:00:15.5	987	9:40	01:03:20.0	02:03:35.6	9:17	02:01:54.2
951	449/1452	117/293	1802	Kylee Planer	F	32	Lincoln	NE	1064	9:11	01:01:57.8	873	9:25	01:01:45.0	02:03:42.9	9:17	02:01:54.7
952	450/1452	118/293	560	Amanda Fangmeier	F	30	Denton	NE	912	8:57	01:00:13.5	986	9:39	01:03:18.3	02:03:31.8	9:18	02:01:55.9
953	451/1452	5/41	2665	Holly Beeman	F	56	Eagle	NE	1206	9:21	01:04:08.3	802	9:15	01:00:38.1	02:04:46.4	9:18	02:01:58.4
954	503/805	73/116	1610	Steve Urbauer	M	43	Lincoln	NE	1045	9:06	01:01:47.2	932	9:31	01:02:21.1	02:04:08.4	9:18	02:01:59.8
955	504/805	74/116	934	Bill O'Neill	M	42	Gretna	NE	674	8:40	00:58:04.9	1115	9:57	01:05:11.9	02:03:16.8	9:18	02:02:01.5
956	505/805	75/116	2769	Jeff Jensen	M	43	Omaha	NE	986	9:01	01:01:08.6	967	9:36	01:02:55.5	02:04:04.1	9:18	02:02:02.5
957	452/1452	68/219	238	Amy Cole	F	42	Lincoln	NE	1208	9:30	01:04:10.3	731	9:07	00:59:45.5	02:03:55.8	9:18	02:02:03.5
958	453/1452	27/127	2726	Kim Mowinkel	F	47	Gretna	NE	985	9:02	01:01:08.5	968	9:36	01:02:56.5	02:04:05.1	9:18	02:02:07.5
959	454/1452	69/219	2920	Monica Carrell	F	43	Omaha	NE	1021	9:11	01:01:36.3	888	9:27	01:01:55.5	02:03:31.9	9:19	02:02:08.3
960	455/1452	108/322	1804	Deanna Sheets	F	38	Lincoln	NE	762	8:48	00:58:46.5	1072	9:50	01:04:29.2	02:03:15.8	9:19	02:02:09.2
961	456/1452	119/293	907	Rachael Houghton	F	34	Omaha	NE	627	8:40	00:57:27.8	1117	9:58	01:05:18.6	02:02:46.5	9:19	02:02:09.7
962	506/805	73/109	2658	Zac Groenke	M	25	Lincoln	NE	658	8:37	00:57:46.8	1139	10:01	01:05:42.6	02:03:29.4	9:19	02:02:10.5
963	457/1452	57/202	263	Marian Pegler	F	29	Lincoln	NE	709	8:48	00:58:30.7	1078	9:50	01:04:30.6	02:03:01.3	9:19	02:02:10.6
964	507/805	52/77	859	Todd Mylander	M	48	Lincoln	NE	1017	9:07	01:01:31.1	936	9:31	01:02:24.7	02:03:55.8	9:19	02:02:11.5
965	458/1452	28/127	452	Wenday Sorenson	F	49	Blair	NE	1240	9:18	01:04:39.3	836	9:20	01:01:13.4	02:05:52.7	9:19	02:02:14.0
966	508/805	7/13	2792	James D Kopsa	M	16	Elkhorn	NE	750	8:46	00:58:43.5	1096	9:54	01:04:51.8	02:03:35.4	9:19	02:02:19.0
967	459/1452	120/293	483	Katie Houston	F	31	Omaha	NE	1067	9:15	01:01:58.6	870	9:25	01:01:43.5	02:03:42.1	9:19	02:02:19.8
968	509/805	105/151	1583	Matthew Eickman	M	36	Overland Park	KS	318	7:57	00:52:26.7	1420	10:42	01:10:09.9	02:02:36.7	9:19	02:02:20.2
969	460/1452	58/202	1690	Whitney Shaw	F	28	Omaha	NE	1181	9:22	01:03:41.5	819	9:18	01:00:57.1	02:04:38.7	9:20	02:02:22.8
970	461/1452	109/322	1154	Jocelyn Golden	F	36	Hickman	NE	901	8:59	01:00:06.6	1002	9:42	01:03:32.6	02:03:39.2	9:20	02:02:25.3
971	510/805	89/136	730	Joshua Batt	M	34	Lincoln	NE	1274	9:28	01:05:10.9	788	9:13	01:00:26.3	02:05:37.2	9:20	02:02:27.7
972	462/1452	29/127	559	Isa Bales	F	46	Davey	NE	962	9:04	01:00:45.2	976	9:37	01:03:03.0	02:03:48.2	9:20	02:02:29.0

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Pace	Net Time
973	463/1452	70/219	953	Stacie Higgins	F	44	Nebraska City	NE	1003	9:05	01:01:25.3	964	9:36	01:02:54.4	02:04:19.8	9:20	02:02:30.5
974	464/1452	110/322	2366	Victoria Palmer	F	35	Omaha	NE	996	9:08	01:01:20.2	948	9:34	01:02:41.0	02:04:01.2	9:21	02:02:35.5
975	465/1452	121/293	1060	April Pash	F	32	Council Bluffs	IA	906	8:58	01:00:10.3	1021	9:44	01:03:48.3	02:03:58.6	9:21	02:02:36.7
976	511/805	90/136	2836	Josh Kramer	M	32	Lincoln	NE	542	8:21	00:55:51.8	1293	10:22	01:07:55.0	02:03:46.9	9:21	02:02:37.1
977	512/805	53/77	1544	Randall Davis	M	49	Elkhorn	NE	1135	9:11	01:02:59.5	937	9:32	01:02:28.1	02:05:27.7	9:21	02:02:37.5
978	513/805	91/136	798	Johannes Kienzle	M	33	Oakland	CA	1130	9:20	01:02:56.3	848	9:23	01:01:29.9	02:04:26.3	9:21	02:02:38.6
979	466/1452	71/219	239	Vizma Shaeffer	F	43	Lincoln	NE	806	8:49	00:58:57.4	1098	9:54	01:04:52.1	02:03:49.6	9:21	02:02:39.3
980	514/805	54/77	240	Jay Shaeffer	M	45	Lincoln	NE	807	8:49	00:58:57.6	1100	9:54	01:04:52.3	02:03:50.0	9:21	02:02:39.8
981	467/1452	6/41	1252	Therese Liegl	F	56	Lincoln	NE	954	9:03	01:00:42.5	991	9:40	01:03:21.8	02:04:04.4	9:21	02:02:39.9
982	468/1452	122/293	780	Halie Kopsa	F	30	Lincoln	NE	1085	9:14	01:02:07.9	915	9:29	01:02:08.1	02:04:16.1	9:21	02:02:40.9
983	469/1452	25/90	1509	Kim Conroy	F	54	Papillion	NE	827	8:55	00:59:06.5	1048	9:48	01:04:13.1	02:03:19.7	9:21	02:02:41.1
984	470/1452	59/202	796	Jennifer Kienzle	F	28	Lincoln	NE	1128	9:19	01:02:56.2	856	9:24	01:01:36.5	02:04:32.8	9:21	02:02:42.5
985	471/1452	111/322	208	Angela Harnly	F	39	Gretna	NE	1047	9:13	01:01:48.7	929	9:30	01:02:17.9	02:04:06.6	9:21	02:02:43.5
986	472/1452	72/219	2894	Teri Madsen	F	40	Papillion	NE	758	8:49	00:58:45.8	1106	9:55	01:04:57.7	02:03:43.5	9:21	02:02:46.9
987	473/1452	112/322	3295	Angie Petersen	F	36	Gretna	NE	1086	9:17	01:02:09.1	896	9:27	01:01:57.4	02:04:06.6	9:22	02:02:47.3
988	474/1452	113/322	2939	Denise Fields	F	35	Lincoln	NE	918	8:59	01:00:22.5	1024	9:45	01:03:53.3	02:04:15.8	9:22	02:02:49.2
989	475/1452	114/322	1361	Becky Olsen	F	39	Omaha	NE	889	8:58	00:59:50.3	1033	9:46	01:04:03.5	02:03:53.8	9:22	02:02:50.6
990	515/805	17/27	1516	Nathan Channer	M	23	Lincoln	NE	722	8:41	00:58:33.7	1152	10:03	01:05:55.3	02:04:29.1	9:22	02:02:50.7
991	516/805	106/151	1213	Chris Bultsma	M	39	Bennington	NE	1039	9:10	01:01:42.8	954	9:35	01:02:47.1	02:04:29.9	9:22	02:02:51.2
992	517/805	55/77	2165	Scott Black	M	45	Lincoln	NE	1144	9:19	01:03:06.6	878	9:26	01:01:48.5	02:04:55.1	9:22	02:02:52.8
993	476/1452	115/322	3325	Jennifer Yager	F	38	Lincoln	NE	1224	9:27	01:04:22.5	821	9:18	01:01:01.1	02:05:23.6	9:23	02:03:00.9
994	477/1452	2/27	1372	Jolleen Clymer	F	62	Lincoln	NE	1024	9:03	01:01:36.9	1018	9:43	01:03:44.4	02:05:21.4	9:23	02:03:01.9
995	478/1452	3/5	3365	Caitlyn Yager	F	14	Lincoln	NE	1225	9:27	01:04:22.7	823	9:19	01:01:02.2	02:05:24.9	9:23	02:03:02.2
996	479/1452	123/293	451	Brandy Whitaker	F	34	Lincoln	NE	989	9:12	01:01:10.8	953	9:34	01:02:45.9	02:03:56.8	9:23	02:03:03.3
997	518/805	107/151	236	Kevin Riessland	M	38	Lincoln	NE	988	9:12	01:01:10.8	950	9:34	01:02:45.3	02:03:56.1	9:23	02:03:03.4
998	519/805	44/73	1710	Lynn Knuth	M	52	Lincoln	NE	1126	9:16	01:02:55.8	931	9:31	01:02:20.7	02:05:16.5	9:23	02:03:03.9
999	480/1452	73/219	1367	Karen Belair	F	43	Omaha	NE	896	8:56	00:59:59.9	1075	9:50	01:04:30.2	02:04:30.1	9:23	02:03:06.7
1000	520/805	56/77	1777	Jeff Gilbertson	M	48	Grand Island	NE	926	8:57	01:00:26.7	1065	9:50	01:04:25.3	02:04:52.1	9:23	02:03:07.7
1001	481/1452	116/322	3597	Jennifer O'neill	F	38	Gretna	NE	864	8:51	00:59:31.4	1113	9:56	01:05:06.0	02:04:37.4	9:23	02:03:08.5
1002	521/805	24/58	1370	David Tuma	M	55	Omaha	NE	897	8:57	01:00:00.5	1074	9:50	01:04:29.8	02:04:30.4	9:23	02:03:09.2
1003	482/1452	117/322	842	Amy Carlson	F	38	Lincoln	NE	1069	9:12	01:01:59.4	957	9:35	01:02:49.8	02:04:49.3	9:23	02:03:11.4
1004	522/805	45/73	3542	Chuck Parker	M	52	Lincoln	NE	873	8:41	00:59:39.5	1177	10:07	01:06:16.1	02:05:55.6	9:24	02:03:14.0
1005	523/805	25/58	3439	Don Dahlquist	M	58	Lincoln	NE	1235	9:31	01:04:34.3	812	9:17	01:00:50.4	02:05:24.8	9:24	02:03:14.5
1006	483/1452	74/219	128	Tricia Faust	F	42	Columbus	NE	1180	9:21	01:03:41.3	893	9:27	01:01:57.2	02:05:38.6	9:24	02:03:15.4
1007	484/1452	124/293	940	Miranda Watson	F	33	Lincoln	NE	1167	9:26	01:03:31.4	842	9:22	01:01:24.9	02:04:56.3	9:24	02:03:16.0
1008	485/1452	118/322	2713	Janna Mashek	F	37	Gibbon	NE	1120	9:19	01:02:48.9	920	9:29	01:02:10.7	02:04:59.6	9:24	02:03:16.2

The Good Life Halfsy

November 9, 2014

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1009	486/1452	119/322	2570	Amy Softley	F	39	Kearney	NE	1119	9:19	01:02:48.5	922	9:29	01:02:12.3	02:05:00.8	9:24	02:03:17.5
1010	487/1452	75/219	426	Deb Toth	F	43	Lincoln	NE	1177	9:26	01:03:36.9	849	9:23	01:01:30.2	02:05:07.1	9:24	02:03:18.7
1011	488/1452	60/202	2635	Rachael Grange	F	28	Papillion	NE	982	9:02	01:01:05.7	1037	9:47	01:04:05.9	02:05:11.6	9:24	02:03:21.0
1012	489/1452	76/219	2489	Lora Iversen	F	42	Wahoo	NE	1227	9:25	01:04:27.2	862	9:24	01:01:39.3	02:06:06.5	9:24	02:03:23.1
1013	524/805	76/116	2534	Christopher Bikus	M	44	Elkhorn	NE	859	8:44	00:59:27.9	1167	10:05	01:06:08.5	02:05:36.5	9:24	02:03:26.1
1014	525/805	57/77	521	Matthew Bellamy	M	46	Cairo	NE	1077	9:09	01:02:01.8	997	9:41	01:03:30.5	02:05:32.4	9:25	02:03:28.8
1015	490/1452	120/322	3326	Amanda Brewer	F	35	Milford	NE	1118	9:19	01:02:45.5	934	9:31	01:02:23.2	02:05:08.8	9:25	02:03:29.9
1016	491/1452	30/127	3411	Lisa Grimminger	F	47	Ceresco	NE	1211	9:34	01:04:12.3	810	9:17	01:00:49.0	02:05:01.4	9:25	02:03:34.7
1017	492/1452	77/219	2801	Melissa Nation	F	42	Council Bluffs	IA	1030	9:12	01:01:39.1	985	9:39	01:03:18.2	02:04:57.4	9:25	02:03:36.9
1018	493/1452	121/322	656	Mandi Lucas	F	39	Firth	NE	683	8:44	00:58:10.8	1189	10:08	01:06:25.0	02:04:35.8	9:26	02:03:42.5
1019	526/805	92/136	2269	Tigh Buckles	M	31	Lincoln	NE	1133	9:16	01:02:58.2	972	9:37	01:02:59.6	02:05:57.9	9:26	02:03:45.6
1020	494/1452	26/90	625	Cathy Ebers	F	50	Lincoln	NE	972	9:05	01:00:53.8	1045	9:47	01:04:10.7	02:05:04.5	9:26	02:03:45.9
1021	527/805	77/116	320	Mark Chapin	M	44	Lincoln	NE	922	9:02	01:00:24.5	1080	9:51	01:04:36.3	02:05:00.9	9:26	02:03:48.2
1022	495/1452	78/219	1316	Colleen Olson	F	40	Omaha	NE	931	9:06	01:00:28.1	1047	9:48	01:04:11.5	02:04:39.6	9:26	02:03:50.8
1023	528/805	108/151	3038	Matt Severin	M	38	Lincoln	NE	1191	9:15	01:03:48.5	982	9:38	01:03:10.8	02:06:59.4	9:26	02:03:52.3
1024	496/1452	122/322	2924	Wendy Loewenstein	F	35	Omaha	NE	1020	9:11	01:01:36.1	1013	9:43	01:03:40.4	02:05:16.5	9:27	02:03:54.1
1025	497/1452	31/127	2380	Sandra Allbery	F	48	Omaha	NE	1250	9:31	01:04:47.8	850	9:23	01:01:31.6	02:06:19.4	9:27	02:03:55.9
1026	498/1452	123/322	2688	Shannon Bruha	F	38	Kearney	NE	1051	9:10	01:01:50.7	1025	9:45	01:03:53.6	02:05:44.4	9:27	02:04:00.9
1027	529/805	93/136	3165	Brice Farley	M	31	Lincoln	NE	1269	9:27	01:05:05.8	905	9:28	01:02:01.8	02:07:07.7	9:27	02:04:01.1
1028	530/805	74/109	2676	Matt Johnson	M	28	Council Bluffs	IA	1270	9:28	01:05:06.3	901	9:28	01:02:00.5	02:07:06.8	9:27	02:04:01.2
1029	531/805	109/151	309	Todd Pfeil	M	38	Lincoln	NE	1046	9:12	01:01:47.2	1019	9:43	01:03:44.9	02:05:32.1	9:27	02:04:03.7
1030	499/1452	79/219	1911	Kim Atchison	F	43	Kearney	NE	1149	9:26	01:03:10.3	928	9:30	01:02:17.0	02:05:27.4	9:27	02:04:05.0
1031	500/1452	34/100	959	Christine Ritta	F	24	La Vista	NE	991	9:05	01:01:11.8	1079	9:51	01:04:33.8	02:05:45.6	9:27	02:04:05.3
1032	501/1452	80/219	2226	Cheryl Hruska	F	40	Omaha	NE	1163	9:21	01:03:28.5	965	9:36	01:02:54.5	02:06:23.1	9:28	02:04:11.3
1033	502/1452	35/100	2502	Tatiana De Los Santos	F	24	Lincoln	NE	767	8:45	00:58:47.4	1217	10:11	01:06:47.8	02:05:35.3	9:28	02:04:11.8
1034	503/1452	81/219	372	Heather Robbins	F	40	Lincoln	NE	1096	9:15	01:02:16.7	1005	9:42	01:03:35.9	02:05:52.6	9:28	02:04:11.8
1035	504/1452	61/202	1305	Jossy Rogers	F	29	Bellevue	NE	668	8:41	00:58:02.6	1244	10:16	01:07:16.9	02:05:19.6	9:28	02:04:12.7
1036	505/1452	125/293	1586	Michelle Langley	F	31	Lincoln	NE	705	8:42	00:58:29.3	1238	10:15	01:07:11.4	02:05:40.8	9:28	02:04:13.0
1037	532/805	78/116	969	Jason Holsten	M	41	Lincoln	NE	993	9:03	01:01:14.3	1099	9:54	01:04:52.2	02:06:06.5	9:28	02:04:15.1
1038	533/805	46/73	2578	Joel Hansen	M	52	Omaha	NE	1293	10:01	01:05:38.2	655	8:57	00:58:37.4	02:04:15.6	9:28	02:04:15.6
1039	506/1452	3/27	1375	Jan Schiefen-Koerner	F	62	Lincoln	NE	1204	9:25	01:04:02.9	939	9:32	01:02:32.7	02:06:35.6	9:28	02:04:17.0
1040	507/1452	126/293	639	Amy Killeen	F	34	Lincoln	NE	843	8:52	00:59:17.3	1165	10:05	01:06:06.3	02:05:23.6	9:28	02:04:17.3
1041	508/1452	62/202	284	Patricia Miller	F	29	Omaha	NE	1060	9:09	01:01:55.8	1059	9:49	01:04:21.4	02:06:17.3	9:29	02:04:22.5
1042	534/805	47/73	410	Craig Wagner	M	51	Lincoln	NE	1095	9:16	01:02:16.7	1007	9:42	01:03:36.9	02:05:53.6	9:29	02:04:23.7
1043	509/1452	127/293	2826	Keri Craddock	F	33	Gretna	NE	992	9:04	01:01:12.2	1104	9:54	01:04:57.1	02:06:09.3	9:29	02:04:24.2
1044	510/1452	124/322	966	Jeri Swanson	F	37	Lincoln	NE	1151	9:23	01:03:12.1	966	9:36	01:02:55.0	02:06:07.1	9:29	02:04:26.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Pace	Net Time
1045	511/1452	7/41	2175	Rebecca Ferguson	F	57	Lincoln	NE	1081	9:13	01:02:05.5	1034	9:46	01:04:04.2	02:06:09.8	9:29	02:04:29.3
1046	512/1452	125/322	856	Kris Rohde	F	37	Omaha	NE	730	8:50	00:58:36.8	1201	10:09	01:06:32.5	02:05:09.4	9:29	02:04:30.1
1047	513/1452	128/293	899	Andrea Abel	F	31	Chicago	IL	1176	9:25	01:03:35.3	959	9:35	01:02:50.3	02:06:25.6	9:30	02:04:36.8
1048	514/1452	82/219	477	Kelly Keith	F	43	Omaha	NE	1195	9:25	01:03:53.3	960	9:35	01:02:50.9	02:06:44.2	9:30	02:04:37.5
1049	515/1452	63/202	3391	Margaret Dempsey	F	28	Omaha	NE	945	9:04	01:00:36.5	1114	9:57	01:05:11.2	02:05:47.7	9:30	02:04:37.8
1050	516/1452	8/41	563	Dee Kraft	F	58	La Vista	NE	1194	9:25	01:03:53.2	961	9:35	01:02:52.6	02:06:45.8	9:30	02:04:38.7
1051	535/805	94/136	3470	Michael Wetta	M	32	Omaha	NE	1110	9:17	01:02:28.7	1022	9:44	01:03:51.1	02:06:19.8	9:30	02:04:43.4
1052	517/1452	64/202	102	Megan Willman	F	25	Lincoln	NE	1290	9:36	01:05:24.8	876	9:26	01:01:47.7	02:07:12.5	9:31	02:04:45.3
1053	518/1452	126/322	1834	Stephanie Eells	F	39	Lincoln	NE	1232	9:35	01:04:33.3	895	9:27	01:01:57.4	02:06:30.8	9:31	02:04:46.3
1054	536/805	26/58	1956	Arnie Cerny	M	55	Beatrice	NE	626	8:38	00:57:27.1	1306	10:24	01:08:09.6	02:05:36.7	9:31	02:04:46.4
1055	537/805	110/151	1862	Jeff Eells	M	38	Lincoln	NE	1234	9:35	01:04:33.7	890	9:27	01:01:55.8	02:06:29.6	9:31	02:04:46.7
1056	538/805	75/109	150	Matthew Clare	M	25	Lincoln	NE	956	9:01	01:00:43.2	1137	10:01	01:05:41.6	02:06:24.8	9:31	02:04:47.9
1057	539/805	76/109	1567	Taylor Weichman	M	28	Madison	WI	1165	9:23	01:03:30.2	992	9:40	01:03:21.9	02:06:52.1	9:31	02:04:49.9
1058	519/1452	129/293	1639	Katie Zulkoski	F	32	Lincoln	NE	1166	9:23	01:03:30.4	989	9:40	01:03:21.3	02:06:51.8	9:31	02:04:50.4
1059	540/805	48/73	1477	Daniel Dougherty	M	54	Lincoln	NE	880	8:55	00:59:43.8	1191	10:08	01:06:25.8	02:06:09.6	9:31	02:04:51.3
1060	520/1452	127/322	1354	Stephanie Riekhof	F	36	Lincoln	NE	1015	9:09	01:01:30.7	1093	9:54	01:04:51.2	02:06:21.9	9:31	02:04:53.3
1061	521/1452	128/322	1085	Wendi Retzlaff	F	37	Eagle	NE	629	8:40	00:57:28.5	1303	10:23	01:08:07.1	02:05:35.7	9:31	02:04:54.1
1062	522/1452	130/293	1080	Kirsten Hendrixson	F	33	Omaha	NE	905	8:58	01:00:09.8	1170	10:06	01:06:11.5	02:06:21.4	9:31	02:04:56.9
1063	523/1452	83/219	1733	Amy Willeke	F	44	Lincoln	NE	1345	9:40	01:06:19.7	860	9:24	01:01:38.4	02:07:58.1	9:32	02:04:59.3
1064	541/805	95/136	775	Jonathan Carter	M	31	Lincoln	NE	787	8:47	00:58:50.7	1255	10:17	01:07:25.9	02:06:16.6	9:32	02:04:59.4
1065	524/1452	84/219	293	Amber Burge	F	41	Gothenburg	NE	1033	9:04	01:01:39.7	1128	10:00	01:05:35.0	02:07:14.7	9:32	02:05:00.0
1066	525/1452	129/322	2028	Maria Andersen	F	38	Gothenburg	NE	1031	9:04	01:01:39.5	1129	10:00	01:05:35.0	02:07:14.6	9:32	02:05:00.5
1067	526/1452	131/293	2404	Courtney Lockridge	F	34	Walton	NE	1038	9:10	01:01:42.4	1097	9:54	01:04:52.1	02:06:34.5	9:32	02:05:01.0
1068	527/1452	32/127	3359	Brenda Buettner	F	49	Norfolk	NE	1117	9:15	01:02:44.2	1068	9:50	01:04:26.9	02:07:11.1	9:32	02:05:04.4
1069	542/805	1/3	2758	Keith Swarts	M	70	Omaha	NE	1212	9:24	01:04:13.8	995	9:41	01:03:30.3	02:07:44.1	9:32	02:05:06.6
1070	543/805	96/136	1642	Ryan Watson	M	33	Lincoln	NE	589	8:30	00:56:35.7	1371	10:35	01:09:23.6	02:05:59.4	9:32	02:05:07.0
1071	544/805	79/116	2680	Brian Duran	M	43	Firth	NE	1093	9:07	01:02:14.3	1118	9:58	01:05:22.8	02:07:37.1	9:32	02:05:07.6
1072	528/1452	33/127	1109	Jean Phillips	F	48	Omaha	NE	1214	9:36	01:04:14.2	923	9:30	01:02:14.7	02:06:28.9	9:32	02:05:07.7
1073	529/1452	130/322	1476	Amy Whitehead	F	38	Ashland	NE	1040	9:11	01:01:43.6	1103	9:54	01:04:55.2	02:06:38.9	9:32	02:05:09.0
1074	530/1452	34/127	1141	Cindy Gessert	F	49	Omaha	NE	1063	9:14	01:01:57.8	1083	9:52	01:04:38.4	02:06:36.3	9:32	02:05:11.1
1075	531/1452	131/322	2155	Kerri Merkel	F	37	Lincoln	NE	598	8:33	00:56:48.8	1360	10:33	01:09:12.3	02:06:01.2	9:33	02:05:14.3
1076	532/1452	132/293	1714	Rebecca Gudmundson	F	32	Bennington	NE	1174	9:42	01:03:33.2	867	9:25	01:01:41.6	02:05:14.9	9:33	02:05:14.9
1077	545/805	97/136	1022	Dan Gibson	M	32	Lincoln	NE	1216	9:24	01:04:15.8	1006	9:42	01:03:36.0	02:07:51.9	9:33	02:05:15.1
1078	533/1452	85/219	2625	Katherine Finney	F	43	Council Bluffs	IA	952	8:59	01:00:39.9	1178	10:07	01:06:20.6	02:07:00.6	9:33	02:05:16.1
1079	534/1452	9/41	2761	Jayme Nekuda	F	55	Omaha	NE	1218	9:24	01:04:16.2	1011	9:42	01:03:38.2	02:07:54.5	9:33	02:05:16.7
1080	546/805	8/13	2976	Mason Mower	M	15	Lincoln	NE	914	8:54	01:00:15.4	1227	10:13	01:06:57.7	02:07:13.1	9:33	02:05:17.7

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1081	535/1452	86/219	791	Amy Swanson	F	41	Lincoln	NE	1034	9:12	01:01:40.6	1108	9:55	01:05:00.3	02:06:40.9	9:33	02:05:20.0
1082	536/1452	133/293	1339	Sara Schmidt	F	30	Lincoln	NE	1122	9:20	01:02:52.3	1040	9:47	01:04:06.6	02:06:58.9	9:33	02:05:20.4
1083	537/1452	132/322	1207	Summer Zetterman	F	35	Hickman	NE	1121	9:20	01:02:52.3	1039	9:47	01:04:06.5	02:06:58.9	9:33	02:05:20.6
1084	538/1452	134/293	811	Holly Sain	F	30	Lincoln	NE	963	8:59	01:00:45.3	1197	10:09	01:06:29.0	02:07:14.3	9:33	02:05:20.9
1085	539/1452	133/322	1574	Regina Rademacher	F	39	Lincoln	NE	1000	9:02	01:01:23.2	1168	10:06	01:06:09.6	02:07:32.9	9:33	02:05:22.7
1086	540/1452	10/41	2406	Peg Ogea-Ginsburg	F	55	Lincoln	NE	955	9:02	01:00:42.6	1166	10:05	01:06:07.5	02:06:50.1	9:33	02:05:22.9
1087	541/1452	134/322	1230	Shannon Korth	F	38	Palmyra	NE	934	9:00	01:00:29.2	1188	10:08	01:06:24.6	02:06:53.9	9:33	02:05:23.0
1088	547/805	77/109	2623	Luke Piskorski	M	26	Ord	NE	852	8:51	00:59:23.4	1247	10:16	01:07:19.4	02:06:42.9	9:33	02:05:23.4
1089	548/805	111/151	647	Adam Sellhorn	M	35	Lincoln	NE	1124	9:16	01:02:53.3	1082	9:52	01:04:38.2	02:07:31.5	9:33	02:05:24.4
1090	542/1452	4/27	555	Nancy Vankirk	F	62	Lincoln	NE	1098	9:13	01:02:18.8	1109	9:55	01:05:01.7	02:07:20.5	9:33	02:05:24.5
1091	543/1452	135/293	1394	Shelly Leyden	F	32	Lincoln	NE	899	8:58	01:00:05.2	1205	10:10	01:06:38.0	02:06:43.2	9:33	02:05:24.5
1092	544/1452	65/202	343	Christine Dahl	F	27	Lincoln	NE	820	8:47	00:59:04.1	1285	10:21	01:07:50.0	02:06:54.2	9:34	02:05:24.8
1093	545/1452	36/100	2601	Sara Wadas	F	22	Lincoln	NE	853	8:52	00:59:23.6	1250	10:16	01:07:19.9	02:06:43.6	9:34	02:05:25.0
1094	546/1452	37/100	2449	Claire Bergen	F	21	Lincoln	NE	1013	9:04	01:01:28.3	1159	10:04	01:05:58.5	02:07:26.9	9:34	02:05:26.2
1095	549/805	27/58	3350	Jim Carraher	M	58	Omaha	NE	917	8:53	01:00:18.2	1237	10:15	01:07:11.4	02:07:29.6	9:34	02:05:27.4
1096	550/805	98/136	3428	Grant Leach	M	33	Omaha	NE	735	8:37	00:58:38.8	1345	10:32	01:09:01.3	02:07:40.1	9:34	02:05:27.7
1097	547/1452	35/127	980	Sheila Mikulicz	F	45	Omaha	NE	1084	9:16	01:02:06.8	1087	9:52	01:04:41.5	02:06:48.3	9:34	02:05:27.8
1098	548/1452	27/90	2872	Nancy Solberg	F	54	Alliance	NE	821	8:52	00:59:04.5	1249	10:16	01:07:19.7	02:06:24.3	9:34	02:05:28.0
1099	549/1452	135/322	816	Erika Schafer	F	38	Lincoln	NE	1185	9:26	01:03:45.9	1004	9:42	01:03:35.6	02:07:21.6	9:34	02:05:28.1
1100	551/805	99/136	778	Benjamin Kopsa	M	30	Lincoln	NE	749	8:46	00:58:43.5	1300	10:23	01:08:03.3	02:06:46.9	9:34	02:05:29.2
1101	550/1452	87/219	3145	Kim Marsh	F	44	Papillion	NE	1162	9:20	01:03:28.3	1052	9:48	01:04:17.7	02:07:46.1	9:34	02:05:32.2
1102	551/1452	88/219	3433	Erin Clymer	F	41	Alvo	NE	1251	9:32	01:04:48.8	973	9:37	01:03:01.0	02:07:49.8	9:34	02:05:33.0
1103	552/1452	66/202	1398	Amanda Rohde	F	29	Lincoln	NE	913	8:52	01:00:14.6	1256	10:17	01:07:26.3	02:07:40.9	9:34	02:05:34.2
1104	552/805	80/116	1625	Ryan King	M	41	Lincoln	NE	1055	9:09	01:01:53.9	1135	10:01	01:05:40.9	02:07:34.9	9:34	02:05:37.2
1105	553/1452	89/219	1947	Kim Riggs	F	41	Lincoln	NE	1054	9:09	01:01:53.1	1138	10:01	01:05:41.9	02:07:35.1	9:35	02:05:37.9
1106	554/1452	90/219	2620	Stacie Simonson	F	43	Fremont	NE	1359	9:40	01:06:28.6	926	9:30	01:02:16.0	02:08:44.6	9:35	02:05:38.8
1107	555/1452	136/322	973	Carrie Nepple	F	37	Council Bluffs	IA	908	9:01	01:00:10.9	1198	10:09	01:06:29.9	02:06:40.9	9:35	02:05:39.4
1108	556/1452	136/293	982	Julisa Novotny	F	33	Council Bluffs	IA	909	9:02	01:00:10.9	1199	10:09	01:06:29.9	02:06:40.9	9:35	02:05:42.0
1109	557/1452	28/90	3449	Barb Leu	F	50	Columbus	NE	1249	9:28	01:04:47.4	1017	9:43	01:03:43.2	02:08:30.6	9:35	02:05:43.7
1110	553/805	28/58	1245	Bob Morgan	M	55	Lincoln	NE	1076	9:11	01:02:00.7	1124	10:00	01:05:31.3	02:07:32.1	9:35	02:05:46.6
1111	554/805	81/116	3071	Tim Farmer	M	43	Lincoln	NE	742	8:43	00:58:40.9	1332	10:30	01:08:46.5	02:07:27.4	9:36	02:05:53.8
1112	558/1452	67/202	3083	Jayde Wohlgemuth	F	29	Funk	NE	1164	9:20	01:03:29.2	1086	9:52	01:04:41.4	02:08:10.6	9:36	02:05:54.4
1113	559/1452	91/219	1765	Leslie Rudd	F	42	Kearney	NE	1244	9:34	01:04:45.7	980	9:38	01:03:10.5	02:07:56.3	9:36	02:05:54.5
1114	560/1452	137/293	2178	Mychelle Thompson	F	33	Bennet	NE	1071	9:13	01:01:59.6	1121	9:59	01:05:27.3	02:07:26.9	9:36	02:05:55.2
1115	561/1452	137/322	406	Tova Shaffer	F	39	Kearney	NE							02:07:56.5	9:36	02:05:55.2
1116	562/1452	36/127	357	Cherie Calcaterra	F	45	Kearney	NE	1243	9:34	01:04:45.5	981	9:38	01:03:10.7	02:07:56.3	9:36	02:05:56.9

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1117	563/1452	29/90	1115	Karen Thompson	F	54	Omaha	NE	998	9:07	01:01:22.4	1174	10:06	01:06:13.1	02:07:35.6	9:36	02:05:58.3
1118	555/805	100/136	651	Kelby Nitz	M	31	Seward	NE	1125	9:02	01:02:53.8	1215	10:11	01:06:45.7	02:09:39.5	9:36	02:05:59.1
1119	564/1452	11/41	2612	Janece Mollhoff	F	59	Ashland	NE	1187	9:24	01:03:46.3	1067	9:50	01:04:26.2	02:08:12.5	9:36	02:06:00.7
1120	556/805	78/109	3162	Theodore Wolff	M	29	Coppell	TX	1493	10:05	01:09:02.9	748	9:09	00:59:58.4	02:09:01.4	9:36	02:06:01.5
1121	565/1452	12/41	2571	Sharla Schultze	F	55	Lincoln	NE	1205	9:21	01:04:08.1	1089	9:52	01:04:43.5	02:08:51.6	9:36	02:06:02.3
1122	566/1452	38/100	1606	Christine Ochsner	F	23	Nelson	NE	1370	9:50	01:06:43.6	858	9:24	01:01:37.3	02:08:20.9	9:37	02:06:06.0
1123	557/805	58/77	2610	Mark Simonson	M	48	Fremont	NE	1360	9:40	01:06:28.8	952	9:34	01:02:45.7	02:09:14.6	9:37	02:06:08.4
1124	567/1452	39/100	2873	Kayla Rankin	F	21	Spalding	NE	1392	9:47	01:07:25.1	909	9:28	01:02:03.7	02:09:28.9	9:37	02:06:15.0
1125	568/1452	37/127	2996	Theresa Huffman	F	47	Lincoln	NE	1203	9:33	01:04:02.6	1008	9:42	01:03:37.2	02:07:39.8	9:37	02:06:15.6
1126	569/1452	92/219	2201	Stacia Soderlin	F	40	Hallam	NE	1202	9:33	01:04:02.6	1010	9:42	01:03:37.8	02:07:40.4	9:37	02:06:16.0
1127	570/1452	138/293	1961	Amy Divis	F	33	Lincoln	NE	886	8:54	00:59:48.3	1290	10:21	01:07:53.9	02:07:42.2	9:38	02:06:17.9
1128	558/805	82/116	1378	Joe Fleming	M	42	Lincoln	NE	882	8:57	00:59:46.3	1275	10:19	01:07:40.1	02:07:26.4	9:38	02:06:22.1
1129	571/1452	138/322	1790	Gina Hull	F	37	Olathe	KS	904	8:57	01:00:08.9	1280	10:20	01:07:44.7	02:07:53.6	9:38	02:06:25.4
1130	572/1452	38/127	800	Susan Sisel	F	49	Dwight	NE	1139	9:29	01:03:01.5	1049	9:48	01:04:15.0	02:07:16.6	9:38	02:06:25.8
1131	573/1452	139/293	1552	Penny Befort	F	34	Deshler	NE	1138	9:17	01:03:00.5	1141	10:02	01:05:44.8	02:08:45.3	9:39	02:06:33.4
1132	574/1452	39/127	462	Nancy Scheufele	F	47	Omaha	NE	1210	9:25	01:04:11.3	1101	9:54	01:04:52.4	02:09:03.8	9:39	02:06:33.5
1133	575/1452	139/322	1636	Heather Spivey	F	37	Lincoln	NE						02:06:37.4	9:39	02:06:37.4	
1134	576/1452	140/322	933	Beth Rawlings	F	37	Lincoln	NE	1377	9:57	01:06:55.2	845	9:22	01:01:27.1	02:08:22.4	9:39	02:06:39.7
1135	577/1452	141/322	657	Diane Steinke	F	39	Lincoln	NE	1342	9:50	01:06:18.8	924	9:30	01:02:14.8	02:08:33.6	9:39	02:06:40.3
1136	578/1452	140/293	122	Sara Baird	F	34	Papillion	NE	1230	9:31	01:04:29.2	1053	9:48	01:04:17.9	02:08:47.1	9:39	02:06:41.2
1137	559/805	49/73	2926	Dan Schmuecker	M	53	Lincoln	NE	1062	9:14	01:01:56.8	1169	10:06	01:06:10.4	02:08:07.3	9:39	02:06:41.6
1138	579/1452	93/219	1002	Tammy Sealer	F	44	Omaha	NE	1100	9:14	01:02:19.4	1172	10:06	01:06:13.0	02:08:32.4	9:40	02:06:45.5
1139	580/1452	94/219	920	Julie Wohlers	F	40	Omaha	NE	1103	9:14	01:02:19.8	1171	10:06	01:06:12.3	02:08:32.2	9:40	02:06:45.8
1140	560/805	50/73	2978	Mark Olson	M	53	Milford	NE	1327	9:37	01:05:57.5	1016	9:43	01:03:42.6	02:09:40.1	9:40	02:06:46.4
1141	561/805	112/151	1363	Wayne Riekhof	M	37	Lincoln	NE	1016	9:10	01:01:30.7	1214	10:11	01:06:44.6	02:08:15.4	9:40	02:06:47.6
1142	581/1452	142/322	1677	Sarah Zeleny	F	36	Gretna	NE	1253	9:30	01:04:52.5	1071	9:50	01:04:28.9	02:09:21.5	9:40	02:06:47.6
1143	582/1452	40/127	3341	Jennifer Gregg	F	47	Omaha	NE	1314	9:33	01:05:46.1	1046	9:48	01:04:11.5	02:09:57.6	9:40	02:06:48.1
1144	583/1452	41/127	2985	Annette Zeman	F	46	Springbrook	WI	1313	9:33	01:05:45.9	1044	9:47	01:04:10.6	02:09:56.6	9:40	02:06:48.7
1145	584/1452	141/293	1926	Susie Jones	F	33	Gretna	NE	1254	9:30	01:04:52.5	1073	9:50	01:04:29.7	02:09:22.3	9:40	02:06:49.6
1146	585/1452	95/219	2869	Allison Rankin	F	41	Spalding	NE	1391	9:47	01:07:24.9	945	9:33	01:02:39.5	02:10:04.5	9:40	02:06:50.2
1147	586/1452	68/202	1668	Jessica Neville	F	27	Lincoln	NE	849	8:49	00:59:20.8	1354	10:33	01:09:08.0	02:08:28.9	9:41	02:06:57.2
1148	562/805	113/151	143	Jeff Fry	M	36	Firth	NE	1109	9:03	01:02:27.7	1270	10:19	01:07:36.2	02:10:04.0	9:41	02:06:59.0
1149	587/1452	30/90	1452	Kathleen Phillips	F	54	Seward	NE	1190	9:29	01:03:47.3	1094	9:54	01:04:51.3	02:08:38.7	9:41	02:06:59.1
1150	563/805	29/58	681	James Fischer	M	56	Lincoln	NE	1061	9:11	01:01:56.3	1213	10:11	01:06:44.4	02:08:40.8	9:41	02:06:59.8
1151	564/805	114/151	1513	Jay McConnell	M	37	Lincoln	NE	1291	9:35	01:05:36.2	1043	9:47	01:04:09.4	02:09:45.6	9:41	02:07:00.2
1152	565/805	79/109	1973	Andrew Neville	M	28	Lincoln	NE	848	8:50	00:59:20.8	1353	10:33	01:09:08.0	02:08:28.8	9:41	02:07:00.2

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1153	588/1452	40/100	3010	Rachel Kocarnik	F	22	Lincoln	NE	1280	9:34	01:05:21.3	1057	9:49	01:04:18.7	02:09:40.1	9:41	02:07:00.8
1154	566/805	101/136	2693	Tim Tworek	M	34	Omaha	NE	990	9:07	01:01:11.2	1242	10:16	01:07:15.9	02:08:27.1	9:41	02:07:01.3
1155	567/805	80/109	2353	Andrew Abraham	M	27	Lincoln	NE	751	8:42	00:58:44.2	1408	10:40	01:09:55.9	02:08:40.1	9:41	02:07:01.3
1156	589/1452	41/100	2891	Jessica Boehm	F	22	Lincoln	NE	1282	9:34	01:05:21.9	1055	9:49	01:04:18.3	02:09:40.2	9:41	02:07:03.6
1157	590/1452	142/293	1693	Joy Donaldson	F	32	Dakota Dunes	SD	1092	9:23	01:02:13.8	1130	10:00	01:05:35.3	02:07:49.2	9:41	02:07:03.6
1158	568/805	30/58	1069	William Johnson	M	57	Norfolk	NE	1155	9:19	01:03:17.8	1160	10:04	01:05:59.0	02:09:16.8	9:41	02:07:05.0
1159	591/1452	143/293	2107	Stephanie Johnson	F	30	Lincoln	NE	1148	9:25	01:03:09.3	1119	9:59	01:05:25.0	02:08:34.4	9:41	02:07:06.6
1160	592/1452	69/202	1112	Katie Weander	F	25	Omaha	NE	803	8:48	00:58:56.5	1373	10:36	01:09:26.9	02:08:23.5	9:41	02:07:06.9
1161	569/805	31/58	2250	Kevin Watteyne	M	57	Lincoln	NE	1281	9:35	01:05:21.8	1056	9:49	01:04:18.7	02:09:40.5	9:41	02:07:08.8
1162	593/1452	70/202	1584	Heather Lundgren	F	29	Omaha	NE	1028	9:08	01:01:38.5	1248	10:16	01:07:19.6	02:08:58.1	9:42	02:07:10.6
1163	570/805	81/109	1814	Sam Lundgren	M	29	Omaha	NE	1027	9:08	01:01:38.1	1251	10:16	01:07:20.0	02:08:58.1	9:42	02:07:10.6
1164	594/1452	71/202	252	Vanessa Urbach	F	27	Omaha	NE	1059	9:09	01:01:55.5	1246	10:16	01:07:19.1	02:09:14.7	9:42	02:07:20.4
1165	595/1452	144/293	1902	Rosalina Romero	F	31	Omaha	NE	1646	10:25	01:11:36.9	682	9:01	00:59:03.9	02:10:40.9	9:42	02:07:21.0
1166	596/1452	145/293	1630	Shauna Armstrong	F	32	Lincoln	NE	1182	9:19	01:03:41.9	1183	10:07	01:06:21.9	02:10:03.9	9:43	02:07:27.0
1167	597/1452	146/293	1376	Norie Rich	F	33	Omaha	NE	1264	9:37	01:05:00.5	1060	9:49	01:04:21.6	02:09:22.1	9:43	02:07:27.1
1168	598/1452	96/219	2099	Kristy Meader	F	43	Lincoln	NE	1179	9:19	01:03:40.6	1185	10:08	01:06:22.8	02:10:03.4	9:43	02:07:28.2
1169	599/1452	31/90	2092	Susan Blaha	F	52	Ord	NE	1273	9:33	01:05:09.3	1102	9:54	01:04:54.5	02:10:03.9	9:43	02:07:30.6
1170	571/805	83/116	817	Dan Schafer	M	42	Lincoln	NE	1198	9:28	01:03:55.2	1126	10:00	01:05:34.4	02:09:29.6	9:44	02:07:39.2
1171	600/1452	42/100	2032	Hailey Damrow	F	24	Holdrege	NE	1351	9:48	01:06:25.1	998	9:41	01:03:30.6	02:09:55.8	9:44	02:07:42.3
1172	601/1452	42/127	1519	Jean Holt	F	45	Lincoln	NE	1266	9:39	01:05:01.8	1066	9:50	01:04:25.4	02:09:27.2	9:44	02:07:42.8
1173	602/1452	143/322	110	Valerie Williams	F	38	Lincoln	NE	1153	9:28	01:03:17.3	1132	10:01	01:05:38.3	02:08:55.7	9:44	02:07:44.3
1174	603/1452	144/322	1193	Emily Williams	F	39	Lincoln	NE	1111	9:20	01:02:31.7	1203	10:09	01:06:33.9	02:09:05.6	9:44	02:07:44.9
1175	604/1452	43/100	2518	Hannah Hyslop	F	24	Oakland	NE	1352	9:48	01:06:25.5	999	9:41	01:03:30.8	02:09:56.4	9:44	02:07:45.0
1176	605/1452	44/100	3454	Katelyn Schoneweis	F	20	Beatrice	NE	1183	9:24	01:03:42.2	1176	10:06	01:06:13.5	02:09:55.7	9:45	02:07:50.6
1177	606/1452	97/219	672	Colleen Schoneweis	F	43	Beatrice	NE	1184	9:24	01:03:42.3	1173	10:06	01:06:13.0	02:09:55.4	9:45	02:07:50.8
1178	607/1452	72/202	2828	Belinda Wright	F	26	Chicago	IL	1145	9:22	01:03:08.7	1193	10:08	01:06:26.4	02:09:35.2	9:45	02:07:52.4
1179	608/1452	73/202	874	Jenny Sundberg	F	26	Lincoln	NE	1146	9:22	01:03:08.9	1194	10:08	01:06:26.7	02:09:35.6	9:45	02:07:53.3
1180	609/1452	145/322	1015	Lindsey Lee	F	35	Papillion	NE	1189	9:20	01:03:47.3	1211	10:11	01:06:42.5	02:10:29.9	9:45	02:07:53.5
1181	610/1452	45/100	1328	Kayla Kallenbach	F	20	Lincoln	NE	987	9:05	01:01:10.2	1314	10:26	01:08:21.4	02:09:31.7	9:45	02:07:55.2
1182	611/1452	98/219	544	Barb Chmelka	F	43	Lincoln	NE	1073	9:13	01:01:59.8	1259	10:18	01:07:29.4	02:09:29.3	9:45	02:07:55.8
1183	612/1452	99/219	970	Michelle Svehla	F	44	Lincoln	NE	1088	9:16	01:02:10.2	1241	10:15	01:07:14.5	02:09:24.8	9:45	02:08:00.8
1184	613/1452	146/322	475	Angela Coniglio	F	36	Lincoln	NE	1220	9:33	01:04:18.2	1123	9:59	01:05:29.0	02:09:47.3	9:46	02:08:05.0
1185	614/1452	13/41	491	Jean Cotton	F	56	Lincoln	NE	1312	9:44	01:05:45.1	1054	9:49	01:04:18.1	02:10:03.3	9:46	02:08:05.9
1186	615/1452	43/127	1149	Kelley Pauley	F	45	Milford	NE	1265	9:29	01:05:01.2	1156	10:04	01:05:58.0	02:10:59.2	9:46	02:08:06.8
1187	572/805	59/77	1064	David Kohrell	M	49	Lincoln	NE	1241	9:32	01:04:43.8	1133	10:01	01:05:39.3	02:10:23.2	9:46	02:08:07.2
1188	616/1452	5/27	526	Marlene Swanson	F	60	Lincoln	NE	1306	9:44	01:05:43.3	1058	9:49	01:04:20.2	02:10:03.5	9:46	02:08:07.3

The Good Life Halfsy

November 9, 2014

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1189	617/1452	74/202	1170	Molly Johnson	F	27	Lincoln	NE	1419	10:00	01:07:57.8	942	9:33	01:02:36.6	02:10:34.4	9:46	02:08:08.0
1190	618/1452	44/127	1401	Kris Newquist	F	48	Aurora	NE	997	9:11	01:01:21.3	1296	10:22	01:07:58.5	02:09:19.9	9:46	02:08:09.0
1191	573/805	82/109	3190	Zed Adams	M	28	Lincoln	NE	1018	9:07	01:01:32.9	1318	10:26	01:08:24.5	02:09:57.5	9:46	02:08:09.2
1192	619/1452	100/219	367	Jennifer Zuelch	F	40	Lincoln	NE	1363	9:46	01:06:31.4	1041	9:47	01:04:07.6	02:10:39.1	9:46	02:08:09.8
1193	620/1452	75/202	2126	Ann Mchale	F	25	Lincoln	NE	1418	10:00	01:07:57.4	946	9:34	01:02:40.3	02:10:37.8	9:46	02:08:13.0
1194	621/1452	147/322	1008	Hallie Ganz	F	37	Kearney	NE	1411	9:47	01:07:50.5	1035	9:47	01:04:05.1	02:11:55.6	9:46	02:08:13.1
1195	622/1452	14/41	584	Bonnie Engel	F	56	Lincoln	NE	1263	9:38	01:04:58.8	1112	9:56	01:05:04.0	02:10:02.8	9:46	02:08:13.6
1196	623/1452	6/27	946	Lynnette Stevens	F	62	Gothenburg	NE	1409	9:47	01:07:50.3	1036	9:47	01:04:05.4	02:11:55.7	9:47	02:08:16.1
1197	624/1452	76/202	1792	Taryn Schultz	F	26	Helena	MT	839	8:48	00:59:15.9	1445	10:46	01:10:32.9	02:09:48.8	9:47	02:08:16.3
1198	625/1452	148/322	579	Carrie Pittman	F	38	Lincoln	NE	1476	10:07	01:08:49.8	900	9:27	01:02:00.3	02:10:50.1	9:47	02:08:19.0
1199	626/1452	149/322	1201	Judy Wiggins	F	38	Lincoln	NE	1123	9:21	01:02:52.5	1228	10:14	01:07:01.9	02:09:54.5	9:47	02:08:19.0
1200	627/1452	147/293	2090	Elizabeth Katzberg	F	31	Lincoln	NE	1242	9:30	01:04:44.7	1163	10:05	01:06:04.4	02:10:49.1	9:47	02:08:21.9
1201	574/805	102/136	2084	Chad Katzberg	M	33	Lincoln	NE	1245	9:30	01:04:45.9	1162	10:05	01:06:03.4	02:10:49.4	9:47	02:08:21.9
1202	575/805	84/116	2422	Cass Mitchell	M	41	Lincoln	NE	1002	9:13	01:01:25.3	1291	10:22	01:07:54.2	02:09:19.5	9:47	02:08:22.2
1203	576/805	103/136	2150	Mark Hayward	M	32	Omaha	NE	1170	9:21	01:03:32.2	1234	10:14	01:07:06.6	02:10:38.9	9:47	02:08:24.6
1204	628/1452	148/293	908	Kim Sherwin	F	31	Union	NE	932	9:04	01:00:28.2	1342	10:32	01:09:00.0	02:09:28.3	9:47	02:08:25.1
1205	629/1452	149/293	1873	Ashley Pham	F	31	Omaha	NE	1259	9:34	01:04:56.5	1136	10:01	01:05:41.3	02:10:37.9	9:47	02:08:25.3
1206	630/1452	150/293	3565	Tiffany Bohm	F	33	Lincoln	NE	1159	9:26	01:03:23.3	1208	10:10	01:06:39.5	02:10:02.8	9:47	02:08:27.2
1207	631/1452	45/127	3566	Carrie Kleinschmidt	F	46	Lincoln	NE	1160	9:26	01:03:24.9	1206	10:10	01:06:38.7	02:10:03.7	9:48	02:08:28.1
1208	577/805	104/136	556	Ryan Hiatt	M	30	Lincoln	NE	1247	9:27	01:04:46.1	1196	10:08	01:06:28.5	02:11:14.7	9:48	02:08:28.2
1209	632/1452	77/202	2181	Andrea Schneider	F	26	Golden	CO	1453	9:53	01:08:20.6	1012	9:42	01:03:38.6	02:11:59.2	9:48	02:08:28.7
1210	633/1452	101/219	1042	Amy Mack	F	42	Lincoln	NE	1072	9:14	01:01:59.7	1299	10:22	01:07:59.8	02:09:59.5	9:48	02:08:29.2
1211	634/1452	150/322	929	Kendra Thorberg	F	35	Mullen	NE	1065	9:13	01:01:58.3	1301	10:23	01:08:05.2	02:10:03.5	9:48	02:08:33.7
1212	635/1452	151/293	828	Deidre Ochsner	F	34	Omaha	NE	898	9:00	01:00:02.7	1389	10:37	01:09:35.8	02:09:38.5	9:48	02:08:34.9
1213	636/1452	78/202	3242	Samantha Parolek	F	25	Omaha	AL	981	9:07	01:01:05.5	1333	10:30	01:08:47.9	02:09:53.5	9:48	02:08:36.7
1214	637/1452	46/127	565	Kirsten Mills	F	46	Omaha	NE	1215	9:35	01:04:14.5	1148	10:03	01:05:53.0	02:10:07.6	9:49	02:08:42.9
1215	638/1452	151/322	582	Jeanne Stover	F	35	Omaha	NE	1213	9:35	01:04:14.2	1149	10:03	01:05:53.4	02:10:07.6	9:49	02:08:44.1
1216	639/1452	152/293	572	Sheena Rancourt	F	30	Lincoln	NE	1066	9:13	01:01:58.3	1309	10:25	01:08:16.5	02:10:14.9	9:49	02:08:44.1
1217	640/1452	79/202	909	Chelsea Christians	F	25	Omaha	NE	1219	9:36	01:04:16.4	1145	10:03	01:05:51.0	02:10:07.4	9:49	02:08:44.6
1218	578/805	51/73	764	Scott Strasburger	M	51	Lincoln	NE	1347	9:44	01:06:21.9	1107	9:55	01:04:58.6	02:11:20.6	9:49	02:08:45.7
1219	641/1452	102/219	386	Dawn Sherlock	F	41	Alda	NE	756	8:50	00:58:45.3	1457	10:48	01:10:49.9	02:09:35.3	9:49	02:08:46.5
1220	579/805	32/58	549	Michael McCullough	M	58	Lincoln	NE	974	8:59	01:00:56.3	1407	10:40	01:09:55.3	02:10:51.6	9:49	02:08:47.2
1221	642/1452	153/293	262	Alexis Abel	F	33	Lincoln	NE	1229	9:28	01:04:28.5	1218	10:11	01:06:48.0	02:11:16.6	9:49	02:08:49.8
1222	643/1452	152/322	1322	Jessica Bauer	F	38	Omaha	NE	1173	9:28	01:03:33.2	1222	10:12	01:06:52.5	02:10:25.8	9:50	02:08:57.4
1223	644/1452	153/322	1887	Dangie Jansen	F	36	Bennington	NE	1172	9:29	01:03:33.1	1223	10:12	01:06:52.7	02:10:25.8	9:50	02:09:00.2
1224	580/805	33/58	253	Steve Scoville	M	59	Elwood	NE	984	9:05	01:01:08.2	1388	10:37	01:09:33.9	02:10:42.1	9:51	02:09:08.3

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1225	645/1452	32/90	1027	Karen Watermeier	F	52	Lincoln	NE	1348	9:50	01:06:22.8	1088	9:52	01:04:42.8	02:11:05.6	9:51	02:09:08.3
1226	646/1452	47/127	1936	Kim Schultz	F	46	Helena	MT	1080	9:14	01:02:04.8	1326	10:28	01:08:36.7	02:10:41.5	9:51	02:09:08.8
1227	581/805	34/58	2649	Steve Wolford	M	56	Hastings	NE	994	9:09	01:01:18.3	1357	10:33	01:09:09.7	02:10:28.1	9:51	02:09:11.9
1228	647/1452	33/90	1880	Jodi Kocher	F	51	Lincoln	NE	995	9:10	01:01:19.4	1355	10:33	01:09:08.8	02:10:28.2	9:51	02:09:12.8
1229	648/1452	103/219	3523	Anitha Jwalanaiah	F	40	Lincoln	NE	1334	9:42	01:06:09.1	1144	10:03	01:05:50.8	02:11:59.9	9:52	02:09:27.6
1230	649/1452	154/293	254	Jessica Grant	F	30	Lincoln	NE	1346	9:42	01:06:20.2	1154	10:03	01:05:56.1	02:12:16.4	9:52	02:09:32.8
1231	582/805	20/30	2001	Stan Selfridge	M	64	Lincoln	NE	1221	9:31	01:04:20.7	1235	10:14	01:07:07.8	02:11:28.5	9:52	02:09:33.3
1232	650/1452	46/100	2927	Mary Leduc	F	23	Lincoln	NE	1271	9:32	01:05:08.1	1231	10:14	01:07:05.5	02:12:13.7	9:53	02:09:35.2
1233	583/805	35/58	1578	Rich Norman	M	55	Lincoln	NE	1349	9:45	01:06:23.3	1140	10:01	01:05:43.0	02:12:06.4	9:53	02:09:38.1
1234	584/805	115/151	2389	Dave Lockridge	M	36	Walton	NE	1106	9:17	01:02:24.5	1335	10:30	01:08:51.3	02:11:15.9	9:53	02:09:41.7
1235	651/1452	48/127	2643	June Kleinschmidt	F	46	Grafton	NE	1366	9:47	01:06:36.5	1134	10:01	01:05:40.6	02:12:17.2	9:54	02:09:48.9
1236	652/1452	47/100	2416	Jessica Brandt	F	24	Omaha	NE	1246	9:33	01:04:46.1	1240	10:15	01:07:13.8	02:11:59.9	9:54	02:09:49.3
1237	653/1452	48/100	1092	Laura Smith	F	23	Lincoln	NE	1222	9:34	01:04:21.3	1236	10:15	01:07:11.0	02:11:32.3	9:54	02:09:52.2
1238	585/805	52/73	1035	Todd Havlat	M	51	Lincoln	NE	1328	9:41	01:05:58.5	1182	10:07	01:06:21.8	02:12:20.4	9:54	02:09:52.9
1239	654/1452	104/219	315	Stacey McConnell	F	40	Independence	MO	1492	10:01	01:09:02.7	1050	9:48	01:04:16.0	02:13:18.8	9:54	02:09:53.3
1240	655/1452	154/322	1406	Geri Canoyer	F	39	Walton	NE	788	8:49	00:58:50.7	1528	11:00	01:12:08.4	02:10:59.1	9:54	02:09:53.7
1241	656/1452	105/219	3532	Joan Buchman	F	42	Fremont	NE	1112	9:24	01:02:41.5	1316	10:26	01:08:23.9	02:11:05.5	9:54	02:09:58.2
1242	657/1452	80/202	804	Lindsey Frohn	F	29	Lincoln	NE	1423	10:00	01:07:59.5	1070	9:50	01:04:28.4	02:12:27.9	9:55	02:10:00.6
1243	586/805	21/30	1725	Jerry Easley	M	63	Lincoln	NE	1491	10:04	01:09:02.5	1038	9:47	01:04:06.1	02:13:08.6	9:55	02:10:03.2
1244	658/1452	49/127	1713	Lisa White	F	46	Lincoln	NE	1199	9:21	01:03:56.2	1331	10:29	01:08:45.3	02:12:41.6	9:55	02:10:03.3
1245	587/805	53/73	2121	Kevin Linder	M	51	Lincoln	NE	868	9:02	00:59:34.8	1462	10:49	01:10:55.2	02:10:30.1	9:55	02:10:06.4
1246	659/1452	155/293	2285	Kelly Dewing	F	34	Eagle	NE	1052	9:06	01:01:51.3	1443	10:45	01:10:30.3	02:12:21.6	9:55	02:10:10.8
1247	588/805	85/116	3498	Ganesh Srinivasan	M	42	Lincoln	NE	1333	9:48	01:06:08.8	1153	10:03	01:05:55.9	02:12:04.7	9:56	02:10:13.4
1248	660/1452	81/202	465	Raquel Chavez	F	27	Lincoln	NE	1477	10:07	01:08:49.8	1028	9:45	01:03:57.6	02:12:47.5	9:56	02:10:15.4
1249	661/1452	156/293	990	Stephanie Verkamp	F	31	Lincoln	NE	1091	9:10	01:02:13.2	1425	10:43	01:10:12.8	02:12:26.1	9:56	02:10:16.6
1250	662/1452	15/41	575	Patty Clausen	F	56	Beatrice	NE	1231	9:31	01:04:31.8	1289	10:21	01:07:53.5	02:12:25.4	9:56	02:10:17.1
1251	663/1452	157/293	593	Sarah Dworak	F	34	Ralston	NE	1436	9:57	01:08:05.6	1111	9:55	01:05:03.6	02:13:09.2	9:56	02:10:17.8
1252	589/805	105/136	2858	Wynn Lafferty	M	33	Lincoln	NE	1331	9:48	01:06:03.3	1164	10:05	01:06:06.1	02:12:09.5	9:56	02:10:18.2
1253	664/1452	49/100	1418	Holly Styskal	F	24	Lincoln	NE	1475	10:07	01:08:49.6	1029	9:45	01:03:57.8	02:12:47.4	9:56	02:10:18.2
1254	665/1452	155/322	1221	Pfeil Kristen	F	35	Lincoln	NE	1278	9:44	01:05:16.3	1200	10:09	01:06:29.9	02:11:46.3	9:56	02:10:19.9
1255	666/1452	34/90	2016	Debra Eschliman	F	52	Lincoln	NE	1466	10:00	01:08:41.4	1095	9:54	01:04:51.6	02:13:33.1	9:56	02:10:24.5
1256	667/1452	82/202	695	Jessi Huenink	F	29	Lincoln	NE	1320	9:36	01:05:53.7	1263	10:18	01:07:32.2	02:13:25.9	9:57	02:10:27.3
1257	668/1452	106/219	1737	Kelly Stich	F	42	Lincoln	NE	1448	10:15	01:08:17.8	990	9:40	01:03:21.4	02:11:39.2	9:57	02:10:30.5
1258	669/1452	158/293	1893	Tina Stokes	F	34	Petersburg	NE	1082	9:16	01:02:05.7	1402	10:39	01:09:49.6	02:11:55.4	9:57	02:10:32.8
1259	670/1452	50/127	1211	Kelley Peterson	F	49	Eagle	NE	916	9:05	01:00:15.9	1467	10:50	01:11:02.0	02:11:17.9	9:57	02:10:35.6
1260	671/1452	35/90	1247	Julie A. Moore	F	51	Lincoln	NE	1490	10:01	01:09:02.3	1105	9:55	01:04:57.4	02:13:59.8	9:57	02:10:38.0

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1261	672/1452	156/322	2146	Jill Ramaekers	F	36	Columbus	NE	1316	9:43	01:05:47.3	1229	10:14	01:07:02.3	02:12:49.6	9:58	02:10:42.9
1262	673/1452	107/219	1623	Niki Henkel	F	43	Beatrice	NE	1255	9:46	01:04:54.1	1209	10:10	01:06:40.2	02:11:34.4	9:58	02:10:44.9
1263	590/805	106/136	3550	Damon Haifley	M	33	Lincoln	NE	1294	9:40	01:05:39.3	1261	10:18	01:07:29.7	02:13:09.1	9:58	02:10:50.7
1264	674/1452	157/322	1231	Sarah Wilson	F	37	Lincoln	NE	959	9:01	01:00:44.3	1511	10:57	01:11:45.8	02:12:30.1	9:59	02:10:52.4
1265	675/1452	158/322	1955	Chrissy Waido	F	38	Weston	NE	1099	9:20	01:02:18.8	1394	10:38	01:09:39.8	02:11:58.6	9:59	02:10:53.2
1266	591/805	116/151	1096	Jason Anderson	M	37	Omaha	NE	1396	9:55	01:07:26.5	1143	10:03	01:05:50.3	02:13:16.9	9:59	02:10:53.4
1267	592/805	117/151	1581	Adam Wackel	M	35	Crete	NE	1097	9:20	01:02:18.3	1393	10:38	01:09:39.5	02:11:57.9	9:59	02:10:53.6
1268	676/1452	51/127	1088	Valerie Anderson	F	45	Omaha	NE	1395	9:56	01:07:26.5	1142	10:02	01:05:48.8	02:13:15.4	9:59	02:10:54.7
1269	677/1452	83/202	1762	Jamie Peterson	F	26	Overland Park	KS	1388	9:51	01:07:15.6	1187	10:08	01:06:23.8	02:13:39.4	9:59	02:10:56.9
1270	678/1452	52/127	1674	Molly Hoffmann	F	49	Lincoln	NE	1057	9:14	01:01:54.5	1441	10:45	01:10:26.3	02:12:20.8	9:59	02:11:00.3
1271	593/805	107/136	3013	Dustin Petersen	M	31	Lincoln	NE	1127	9:24	01:02:55.8	1369	10:35	01:09:20.9	02:12:16.8	9:59	02:11:01.1
1272	679/1452	159/322	2423	Amy Riggs	F	39	Omaha	NE	1468	10:08	01:08:43.8	1081	9:51	01:04:37.0	02:13:20.9	9:59	02:11:02.4
1273	680/1452	159/293	1809	Lindsey Gill	F	33	Lincoln	NE	1435	9:58	01:08:05.5	1151	10:03	01:05:53.6	02:13:59.2	10:00	02:11:11.8
1274	594/805	60/77	3544	Ron Murphy	M	48	Lincoln	NE	1090	9:05	01:02:11.5	1508	10:56	01:11:42.0	02:13:53.6	10:00	02:11:13.5
1275	595/805	61/77	569	Brian Reetz	M	45	Lincoln	NE	1330	9:43	01:05:59.1	1268	10:19	01:07:35.3	02:13:34.5	10:00	02:11:17.7
1276	681/1452	160/293	2581	Becky Benson	F	33	Valentine	NE	1108	9:18	01:02:26.8	1437	10:45	01:10:24.7	02:12:51.6	10:01	02:11:21.3
1277	682/1452	108/219	3518	Angela Kiani	F	41	Lincoln	NE	1310	9:38	01:05:44.3	1312	10:25	01:08:17.5	02:14:01.9	10:01	02:11:26.6
1278	596/805	118/151	3484	Josh Clark	M	38	Ashland	NE	740	8:48	00:58:39.8	1598	11:15	01:13:45.7	02:12:25.5	10:01	02:11:29.1
1279	597/805	86/116	2053	Jeremy Williams	M	41	Lincoln	NE	1285	9:39	01:05:23.6	1308	10:25	01:08:16.1	02:13:39.7	10:01	02:11:31.6
1280	683/1452	160/322	2516	Amy Oliver	F	35	Grand Island	NE	973	9:02	01:00:55.2	1537	11:03	01:12:24.4	02:13:19.7	10:02	02:11:36.1
1281	684/1452	50/100	2955	Abigail Allgood	F	21	Gretna	NE	1371	9:48	01:06:43.6	1254	10:17	01:07:25.0	02:14:08.6	10:02	02:11:37.0
1282	685/1452	109/219	1919	Chris Gossin	F	43	Ashland	NE	1041	9:14	01:01:44.3	1470	10:51	01:11:04.8	02:12:49.1	10:02	02:11:38.3
1283	598/805	36/58	883	Daniel Cobos	M	58	Omaha	NE	1454	9:47	01:08:22.6	1262	10:18	01:07:32.0	02:15:54.6	10:02	02:11:38.7
1284	686/1452	161/322	768	Angela Hogan	F	38	Lincoln	NE	1289	9:47	01:05:24.4	1265	10:18	01:07:32.8	02:12:57.3	10:02	02:11:38.7
1285	599/805	108/136	2014	Dan Morrow	M	31	Lincoln	NE	1175	9:24	01:03:33.9	1416	10:41	01:10:05.0	02:13:38.9	10:02	02:11:40.3
1286	687/1452	7/27	3233	Beverly Janak	F	60	Omaha	NE	1357	9:46	01:06:28.2	1274	10:19	01:07:40.0	02:14:08.2	10:02	02:11:40.8
1287	688/1452	110/219	1593	Lori Hemmett	F	42	Lincoln	NE	1228	9:33	01:04:27.4	1348	10:32	01:09:03.2	02:13:30.6	10:02	02:11:41.3
1288	689/1452	161/293	884	Lisa Schiefen	F	33	Omaha	NE	1022	9:03	01:01:36.5	1536	11:02	01:12:21.6	02:13:58.1	10:02	02:11:41.5
1289	690/1452	8/27	2604	Barbara Whitehead	F	61	Lincoln	NE	1297	9:34	01:05:40.7	1349	10:32	01:09:03.9	02:14:44.6	10:02	02:11:44.1
1290	600/805	87/116	993	Jay Peterson	M	43	Waverly	NE	1104	9:12	01:02:22.6	1491	10:54	01:11:26.7	02:13:49.3	10:03	02:11:45.9
1291	601/805	62/77	1143	Darryl Michelizzi	M	46	Omaha	NE	1284	9:39	01:05:22.8	1324	10:27	01:08:31.2	02:13:54.1	10:03	02:11:46.1
1292	691/1452	51/100	978	Kerry Schwarzlander	F	22	Kennard	NE	1458	10:11	01:08:31.2	1110	9:55	01:05:02.4	02:13:33.6	10:03	02:11:47.9
1293	602/805	109/136	1412	Aaron Christian	M	33	Bellevue	NE	1432	9:54	01:08:04.3	1224	10:12	01:06:54.5	02:14:58.8	10:03	02:11:48.4
1294	692/1452	162/293	1414	Jacqueline Christian	F	33	Bellevue	NE	1433	9:54	01:08:04.5	1226	10:13	01:06:57.0	02:15:01.6	10:03	02:11:52.9
1295	693/1452	162/322	3396	Amy Schmidt	F	37	Lincoln	NE	1261	9:39	01:04:57.3	1327	10:29	01:08:40.7	02:13:38.1	10:03	02:11:54.4
1296	694/1452	53/127	3526	Justina Ziemann	F	48	Hickman	NE	1329	9:41	01:05:58.7	1319	10:26	01:08:26.1	02:14:24.9	10:03	02:11:57.3

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1297	695/1452	4/5	3475	Molly Lienemann	F	13	Lincoln	NE	1400	9:51	01:07:36.7	1252	10:17	01:07:22.5	02:14:59.2	10:03	02:11:57.3
1298	696/1452	52/100	345	Amber Kester	F	21	Clearwater	NE	1237	9:36	01:04:35.9	1340	10:32	01:08:59.6	02:13:35.5	10:04	02:11:58.1
1299	603/805	18/27	346	Collin Perlinger	M	21	Paxton	NE	1238	9:37	01:04:36.3	1339	10:31	01:08:58.5	02:13:34.8	10:04	02:11:59.0
1300	697/1452	111/219	228	Jennifer Lienemann	F	41	Lincoln	NE	1399	9:51	01:07:36.1	1257	10:17	01:07:27.7	02:15:03.8	10:04	02:11:59.3
1301	698/1452	163/322	205	Colleen Pribyl	F	39	Papillion	NE	1398	9:50	01:07:35.3	1258	10:18	01:07:28.5	02:15:03.9	10:04	02:11:59.3
1302	699/1452	36/90	2078	Jeanne Dryburgh	F	50	Seward	NE	1207	9:32	01:04:09.8	1383	10:36	01:09:31.7	02:13:41.5	10:04	02:12:02.2
1303	700/1452	163/293	2301	Crystal Bock	F	33	Lincoln	NE	1443	10:08	01:08:11.1	1131	10:01	01:05:37.3	02:13:48.4	10:04	02:12:03.9
1304	701/1452	164/322	118	Jasmin Roth	F	36	Milford	NE	1404	9:54	01:07:42.8	1239	10:15	01:07:12.5	02:14:55.4	10:04	02:12:08.6
1305	702/1452	165/322	680	Rebecca Bayne	F	35	Lincoln	NE	1354	9:36	01:06:26.7	1362	10:34	01:09:13.5	02:15:40.3	10:04	02:12:08.8
1306	703/1452	54/127	792	Roni Bliemeister	F	49	Lincoln	NE	1353	9:36	01:06:26.3	1363	10:34	01:09:13.9	02:15:40.3	10:04	02:12:08.8
1307	704/1452	84/202	3369	Rachel Hams	F	29	Lincoln	NE	1355	9:36	01:06:27.3	1361	10:34	01:09:13.0	02:15:40.4	10:04	02:12:09.5
1308	604/805	37/58	374	Bob Schoby	M	55	Blair	NE	1401	9:51	01:07:36.9	1271	10:19	01:07:38.0	02:15:14.9	10:05	02:12:13.2
1309	605/805	119/151	861	Tim Svoboda	M	38	Lincoln	NE	1350	9:44	01:06:23.8	1315	10:26	01:08:22.5	02:14:46.3	10:05	02:12:13.5
1310	705/1452	85/202	684	Jill Soucek	F	26	Oklahoma City	OK	1358	10:03	01:06:28.4	1195	10:08	01:06:27.2	02:12:55.6	10:05	02:12:17.9
1311	706/1452	112/219	1512	Melissa Dorsch	F	44	Pawnee City	NE	977	9:12	01:01:01.3	1518	10:59	01:12:01.8	02:13:03.1	10:05	02:12:20.0
1312	606/805	120/151	876	Brian Larson	M	39	Waverly	NE	1322	9:37	01:05:54.5	1367	10:34	01:09:18.3	02:15:12.8	10:05	02:12:21.0
1313	607/805	63/77	1742	Michael Loll	M	45	Lincoln	NE	1439	9:55	01:08:08.8	1253	10:17	01:07:23.3	02:15:32.1	10:05	02:12:23.3
1314	707/1452	166/322	210	Justina Mcconnell	F	35	Lincoln	NE	1298	9:37	01:05:41.4	1372	10:35	01:09:23.8	02:15:05.3	10:06	02:12:25.1
1315	708/1452	167/322	242	Audra Hitz	F	36	Lincoln	NE	1209	9:30	01:04:10.5	1418	10:42	01:10:07.0	02:14:17.5	10:06	02:12:25.2
1316	608/805	64/77	635	David Kaeding	M	47	Council Bluffs	IA	1446	10:03	01:08:15.1	1202	10:09	01:06:32.7	02:14:47.8	10:06	02:12:27.0
1317	609/805	110/136	3545	Ben James	M	33	Lincoln	NE	1302	9:37	01:05:42.8	1370	10:35	01:09:22.3	02:15:05.1	10:06	02:12:27.5
1318	610/805	121/151	326	Kirk Nelson	M	39	Thurston	NE	1455	10:05	01:08:27.1	1186	10:08	01:06:23.3	02:14:50.4	10:06	02:12:30.5
1319	709/1452	86/202	1712	Cally Thompson	F	25	Omaha	NE	1645	10:25	01:11:36.9	1051	9:48	01:04:17.3	02:15:54.3	10:06	02:12:31.5
1320	710/1452	55/127	361	Kathy Ponte-Hamersky	F	46	Lincoln	NE	1368	9:53	01:06:38.8	1282	10:20	01:07:46.7	02:14:25.5	10:06	02:12:32.0
1321	711/1452	53/100	1049	Jane Smith	F	23	Omaha	NE	1217	9:32	01:04:16.2	1417	10:42	01:10:05.6	02:14:21.8	10:06	02:12:32.4
1322	712/1452	87/202	618	Kimberly Schultz	F	29	Lincoln	NE	1451	10:05	01:08:19.2	1192	10:08	01:06:25.9	02:14:45.1	10:06	02:12:32.4
1323	611/805	83/109	3543	Matt Donahue	M	26	Hickman	NE	1089	9:04	01:02:11.4	1566	11:09	01:13:07.1	02:15:18.6	10:06	02:12:34.8
1324	713/1452	168/322	3393	Mandi Wooledge	F	35	Lincoln	NE	1412	10:07	01:07:53.8	1181	10:07	01:06:21.3	02:14:15.1	10:07	02:12:37.2
1325	612/805	38/58	3297	Jay Marshall	M	55	Lincoln	NE	1236	9:31	01:04:35.9	1424	10:43	01:10:11.8	02:14:47.8	10:07	02:12:37.2
1326	613/805	122/151	2890	Federico Balet	M	35	Lincoln	NE	1540	10:00	01:09:48.8	1232	10:14	01:07:05.8	02:16:54.6	10:07	02:12:37.8
1327	714/1452	113/219	2298	Laurie Rolfsmeyer	F	44	Seward	NE	1277	9:40	01:05:14.8	1368	10:34	01:09:18.7	02:14:33.6	10:07	02:12:38.7
1328	715/1452	114/219	136	Julie Williams	F	41	Bellevue	NE	1283	9:42	01:05:22.3	1351	10:33	01:09:06.6	02:14:28.9	10:07	02:12:39.3
1329	716/1452	164/293	2510	Nicole Abrahams	F	33	Omaha	NE	1519	10:04	01:09:24.6	1210	10:10	01:06:41.7	02:16:06.3	10:07	02:12:39.8
1330	614/805	19/27	1594	Luke Stege-Tompsett	M	24	Lincoln	NE	887	8:57	00:59:48.9	1615	11:18	01:14:05.0	02:13:53.9	10:07	02:12:42.6
1331	717/1452	9/27	545	Alica Helmink	F	64	Lincoln	NE	1380	9:56	01:07:04.6	1273	10:19	01:07:38.8	02:14:43.4	10:07	02:12:46.0
1332	718/1452	169/322	1307	Amy Bock	F	38	Hickman	NE	1474	10:08	01:08:47.5	1179	10:07	01:06:20.6	02:15:08.1	10:07	02:12:47.7

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1333	615/805	3/5	567	Doyle Helmink	M	65	Lincoln	NE	1383	9:56	01:07:05.3	1272	10:19	01:07:38.0	02:14:43.4	10:07	02:12:48.2
1334	616/805	123/151	1312	Nick Bock	M	39	Hickman	NE	1472	10:08	01:08:47.2	1180	10:07	01:06:21.0	02:15:08.3	10:07	02:12:49.6
1335	719/1452	88/202	2521	Emily Burdett	F	29	Papillion	NE	1365	9:43	01:06:34.3	1352	10:33	01:09:07.5	02:15:41.8	10:08	02:12:51.4
1336	720/1452	170/322	1621	Wendy Deyo	F	37	Kearney	NE	1150	9:26	01:03:10.5	1471	10:51	01:11:05.8	02:14:16.3	10:08	02:12:53.7
1337	721/1452	56/127	3237	Starla Post	F	48	Beatrice	NE	1650	10:23	01:11:39.1	1091	9:53	01:04:47.2	02:16:26.3	10:08	02:12:53.8
1338	722/1452	171/322	2839	Kirsten Licht	F	37	Lincoln	NE	1480	10:13	01:08:50.9	1155	10:04	01:05:57.8	02:14:48.8	10:08	02:12:54.4
1339	723/1452	57/127	3249	Greta Pinkerton	F	45	Beatrice	NE	1652	10:24	01:11:39.2	1090	9:53	01:04:47.2	02:16:26.4	10:08	02:12:54.4
1340	724/1452	172/322	1907	Deb Watts	F	39	Lincoln	NE	1406	10:01	01:07:44.8	1243	10:16	01:07:16.9	02:15:01.7	10:08	02:12:56.1
1341	725/1452	58/127	1626	Holly Luebbe	F	45	Bennington	NE	1405	10:01	01:07:44.6	1245	10:16	01:07:17.0	02:15:01.7	10:08	02:12:56.8
1342	617/805	54/73	1068	Tim Meyer	M	53	Lincoln	NE	1197	9:34	01:03:54.4	1426	10:43	01:10:15.4	02:14:09.9	10:08	02:12:57.4
1343	726/1452	37/90	2394	Joyce Deaver	F	54	Cambridge	NE	1557	10:09	01:10:01.6	1190	10:08	01:06:25.5	02:16:27.1	10:08	02:13:00.7
1344	727/1452	173/322	3598	Tami Soares	F	39	Waverly	NE	1374	9:56	01:06:50.6	1295	10:22	01:07:57.2	02:14:47.8	10:08	02:13:01.6
1345	728/1452	38/90	797	Lori Pracheil	F	50	Dorchester	NE	1488	10:15	01:09:01.5	1146	10:03	01:05:51.2	02:14:52.7	10:09	02:13:04.9
1346	729/1452	174/322	984	Tara Benes	F	38	Waverly	NE	1416	10:00	01:07:56.4	1267	10:19	01:07:34.8	02:15:31.2	10:09	02:13:05.3
1347	730/1452	39/90	2743	Angie Gettys	F	50	Harlan	IA	1431	9:56	01:08:03.9	1294	10:22	01:07:55.2	02:15:59.1	10:09	02:13:05.5
1348	731/1452	175/322	1888	Anita Ruse	F	36	Adams	NE	1417	10:00	01:07:56.5	1269	10:19	01:07:35.3	02:15:31.9	10:09	02:13:06.2
1349	732/1452	176/322	2354	Jennifer Bestmann	F	36	Lincoln	NE	1413	10:01	01:07:54.8	1260	10:18	01:07:29.5	02:15:24.3	10:09	02:13:07.3
1350	733/1452	115/219	810	Jennifer Fotinos	F	41	Lincoln	NE	1154	9:24	01:03:17.8	1497	10:55	01:11:31.0	02:14:48.9	10:09	02:13:09.1
1351	734/1452	89/202	3019	Jenna Smith	F	29	Lincoln	NE	1260	9:33	01:04:56.7	1452	10:47	01:10:41.4	02:15:38.2	10:10	02:13:17.3
1352	735/1452	90/202	3025	Ashley Deisler	F	28	Lincoln	NE	1258	9:33	01:04:56.3	1453	10:47	01:10:42.0	02:15:38.3	10:10	02:13:18.8
1353	736/1452	177/322	701	Erica Paus	F	38	West Point	NE	1606	10:20	01:10:46.8	1127	10:00	01:05:34.9	02:16:21.7	10:10	02:13:20.2
1354	737/1452	178/322	699	Kelly Leeper	F	35	Omaha	NE	1607	10:21	01:10:46.8	1125	10:00	01:05:32.7	02:16:19.6	10:10	02:13:21.3
1355	738/1452	116/219	857	Tova Rathbone	F	43	Waverly	NE	1434	9:55	01:08:04.7	1313	10:25	01:08:19.4	02:16:24.2	10:10	02:13:21.9
1356	739/1452	165/293	2791	Alison Mumaugh	F	32	Lincoln	NE	1315	9:40	01:05:46.5	1414	10:41	01:10:04.3	02:15:50.9	10:10	02:13:27.9
1357	740/1452	59/127	2837	Cindy L. Murcek	F	45	Papillion	NE	1252	9:36	01:04:49.2	1446	10:46	01:10:33.4	02:15:22.6	10:11	02:13:30.3
1358	741/1452	117/219	1650	Carrie Weber	F	40	Lincoln	NE	1319	9:37	01:05:51.2	1440	10:45	01:10:25.2	02:16:16.5	10:11	02:13:30.7
1359	618/805	88/116	2821	Brandon Day	M	42	Norfolk	NE	1552	10:10	01:09:53.5	1221	10:12	01:06:51.6	02:16:45.1	10:11	02:13:31.5
1360	742/1452	179/322	1130	Aj Sanford	F	37	Omaha	NE	978	9:10	01:01:02.1	1588	11:13	01:13:28.2	02:14:30.4	10:11	02:13:32.1
1361	743/1452	118/219	471	Kristi Puls	F	42	Lincoln	NE	1307	9:38	01:05:43.6	1442	10:45	01:10:27.9	02:16:11.5	10:11	02:13:38.0
1362	744/1452	91/202	976	Andrea Rezac	F	25	Weston	NE	1379	9:57	01:06:57.3	1320	10:27	01:08:27.2	02:15:24.5	10:11	02:13:38.2
1363	745/1452	2/3	3345	Anne Medeiros	F	71	Bellevue	NE	1296	9:53	01:05:39.6	1336	10:31	01:08:53.2	02:14:32.8	10:11	02:13:39.3
1364	746/1452	180/322	2699	Kristin Palmer	F	37	Denton	NE	1287	9:40	01:05:23.8	1434	10:44	01:10:22.4	02:15:46.3	10:11	02:13:42.5
1365	747/1452	119/219	1967	Paige Mongeon	F	43	Pleasant Dale	NE	1560	10:12	01:10:06.3	1219	10:12	01:06:48.8	02:16:55.1	10:12	02:13:43.3
1366	619/805	84/109	650	Jake Hoy-Elswick	M	29	Lincoln	NE	1367	9:55	01:06:37.5	1328	10:29	01:08:42.2	02:15:19.8	10:12	02:13:44.6
1367	748/1452	166/293	1527	Michelle Dutcher	F	30	Kearney	NE	1426	10:04	01:07:59.9	1278	10:20	01:07:44.6	02:15:44.6	10:12	02:13:44.8
1368	749/1452	167/293	610	Becke Grundman	F	31	Lincoln	NE	1425	10:04	01:07:59.9	1279	10:20	01:07:44.6	02:15:44.6	10:12	02:13:45.3

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1369	750/1452	181/322	286	Amy Le	F	38	Lincoln	NE	1286	9:40	01:05:23.8	1436	10:44	01:10:23.6	02:15:47.5	10:12	02:13:45.3
1370	751/1452	168/293	2813	Kaitlyn Podany	F	31	Lincoln	NE	1309	9:53	01:05:44.3	1343	10:32	01:09:00.8	02:14:45.1	10:12	02:13:45.5
1371	752/1452	92/202	3115	Catherine Burkhard	F	26	Chicago	IL	1502	10:04	01:09:07.2	1284	10:21	01:07:48.4	02:16:55.7	10:12	02:13:46.3
1372	753/1452	169/293	2583	Catherine Fletcher	F	32	Lincoln	NE	1308	9:53	01:05:44.3	1344	10:32	01:09:01.3	02:14:45.6	10:12	02:13:47.4
1373	754/1452	170/293	2770	Melanie Dresden	F	33	Blair	NE	1094	9:21	01:02:15.7	1550	11:05	01:12:41.0	02:14:56.8	10:13	02:13:58.1
1374	755/1452	93/202	3194	Denae Wolken	F	25	Ralston	NE	1007	9:04	01:01:26.5	1631	11:23	01:14:36.2	02:16:02.8	10:13	02:14:01.4
1375	756/1452	94/202	1942	Alyssa Smola	F	29	Lincoln	NE	1275	9:33	01:05:12.9	1495	10:54	01:11:28.7	02:16:41.7	10:13	02:14:02.1
1376	757/1452	120/219	2010	Shandra Uden	F	41	Kenesaw	NE	1429	10:07	01:08:01.5	1283	10:21	01:07:48.1	02:15:49.6	10:13	02:14:05.9
1377	758/1452	95/202	1264	Jennifer Joneson	F	29	Lincoln	NE	1442	10:08	01:08:10.9	1277	10:20	01:07:42.9	02:15:53.9	10:13	02:14:06.6
1378	620/805	89/116	1365	Lee Nelson	M	41	Hooper	NE	1140	9:17	01:03:02.1	1583	11:11	01:13:19.4	02:16:21.6	10:14	02:14:09.1
1379	759/1452	121/219	554	Amelia Fiser	F	40	Papillion	NE	1169	9:28	01:03:31.8	1523	11:00	01:12:06.0	02:15:37.8	10:14	02:14:10.4
1380	621/805	90/116	124	David Greer	M	44	Lincoln	NE	1517	10:15	01:09:21.2	1230	10:14	01:07:04.0	02:16:25.2	10:14	02:14:15.0
1381	760/1452	60/127	230	Tammie Kruszczyk	F	47	Omaha	NE	1193	9:27	01:03:51.6	1533	11:02	01:12:20.5	02:16:12.1	10:14	02:14:17.0
1382	622/805	39/58	3415	Dan Schulte	M	58	Lincoln	NE	1318	9:50	01:05:49.1	1398	10:39	01:09:46.7	02:15:35.9	10:14	02:14:17.2
1383	623/805	22/30	972	Richard A Rogers	M	60	Lincoln	NE	1464	9:59	01:08:40.6	1334	10:30	01:08:50.2	02:17:30.8	10:14	02:14:18.0
1384	761/1452	171/293	1934	Lacey Guevara	F	32	Bellevue	NE	1276	9:36	01:05:13.6	1492	10:54	01:11:26.7	02:16:40.4	10:14	02:14:21.1
1385	762/1452	40/90	2475	Anne Thielen	F	52	Omaha	NE	1394	9:59	01:07:26.5	1337	10:31	01:08:56.6	02:16:23.1	10:15	02:14:23.0
1386	763/1452	182/322	423	Nicole Barker	F	35	Lincoln	NE	1386	9:50	01:07:10.8	1411	10:40	01:09:58.0	02:17:08.9	10:15	02:14:24.4
1387	624/805	40/58	2453	John Thielen	M	56	Omaha	NE	1393	9:59	01:07:25.8	1338	10:31	01:08:57.3	02:16:23.1	10:15	02:14:25.6
1388	764/1452	122/219	1498	Michaeleane Schultz	F	43	Lincoln	NE	1378	9:51	01:06:56.8	1409	10:40	01:09:57.0	02:16:53.9	10:15	02:14:28.1
1389	625/805	9/13	2183	Connor Clifford	M	18	Lincoln	NE	862	8:58	00:59:30.8	1666	11:33	01:15:40.1	02:15:10.9	10:15	02:14:30.3
1390	626/805	111/136	1218	Brandon Bartek	M	34	Lincoln	NE	1344	9:38	01:06:19.6	1496	10:54	01:11:29.6	02:17:49.3	10:16	02:14:36.1
1391	765/1452	61/127	2742	Sara Kosmicki	F	46	Lincoln	NE	1131	9:25	01:02:56.3	1554	11:07	01:12:52.0	02:15:48.3	10:16	02:14:36.8
1392	766/1452	16/41	2974	Lucinda Burkhard	F	55	Lincoln	NE	1503	10:03	01:09:07.4	1330	10:29	01:08:42.7	02:17:50.1	10:16	02:14:38.1
1393	767/1452	183/322	234	Sarah Hansen	F	37	Lincoln	NE	1262	9:38	01:04:58.6	1499	10:55	01:11:32.1	02:16:30.7	10:16	02:14:38.8
1394	627/805	112/136	2425	Andrew Whealy	M	34	Omaha	NE	983	9:03	01:01:06.9	1654	11:30	01:15:19.5	02:16:26.4	10:16	02:14:40.7
1395	768/1452	172/293	1388	Kathryn Keuck	F	34	Omaha	NE	1484	10:08	01:08:55.8	1310	10:25	01:08:16.8	02:17:12.6	10:16	02:14:42.1
1396	769/1452	173/293	574	Shelly Cruz	F	31	Council Bluffs	IA	1268	9:42	01:05:04.8	1483	10:53	01:11:17.8	02:16:22.6	10:17	02:14:54.0
1397	770/1452	41/90	1111	Sonia Spanheimer	F	51	Omaha	NE	961	9:01	01:00:44.6	1675	11:34	01:15:50.0	02:16:34.6	10:17	02:14:58.7
1398	628/805	85/109	2083	John Metzger	M	27	Peoria	IL	1450	9:52	01:08:18.4	1428	10:43	01:10:18.0	02:18:36.4	10:18	02:15:01.9
1399	771/1452	96/202	1922	Emily Weber	F	26	Omaha	NE	1670	10:30	01:11:51.6	1175	10:06	01:06:13.1	02:18:04.8	10:18	02:15:02.8
1400	772/1452	97/202	1541	Morgan Mannlein	F	25	Omaha	NE	1449	9:53	01:08:18.4	1430	10:44	01:10:18.2	02:18:36.6	10:18	02:15:02.8
1401	629/805	55/73	2006	Curt Jones	M	51	Lincoln	NE						02:18:31.6	10:18	02:15:03.8	
1402	773/1452	42/90	2277	Karen Border	F	52	Lincoln	NE	1482	9:59	01:08:53.8	1391	10:37	01:09:38.1	02:18:31.9	10:18	02:15:04.3
1403	774/1452	62/127	2756	Kelly Kostszewa	F	48	Omaha	NE	1524	10:03	01:09:29.5	1365	10:34	01:09:15.1	02:18:44.6	10:18	02:15:09.7
1404	775/1452	98/202	1051	Sallie Dietrich	F	26	Lincoln	NE	1422	9:54	01:07:58.8	1431	10:44	01:10:18.4	02:18:17.3	10:18	02:15:09.7

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1405	776/1452	184/322	1543	Kelly Oltman	F	37	Denton	NE	1628	10:27	01:11:09.3	1212	10:11	01:06:43.7	02:17:53.1	10:18	02:15:10.9
1406	777/1452	99/202	3296	Megan Schlaebitz	F	27	Seward	NE	1481	10:02	01:08:53.1	1384	10:36	01:09:31.9	02:18:25.1	10:19	02:15:15.2
1407	778/1452	174/293	469	Abigail Sterling	F	30	Omaha	NE	1325	9:38	01:05:56.3	1522	11:00	01:12:05.6	02:18:02.0	10:19	02:15:15.4
1408	779/1452	63/127	353	Susan Bibler	F	48	Kearney	NE	1323	9:38	01:05:55.8	1525	11:00	01:12:06.5	02:18:02.4	10:19	02:15:15.9
1409	780/1452	185/322	808	Michelle Chastain	F	39	Blair	NE	1116	9:28	01:02:44.2	1579	11:11	01:13:16.1	02:16:00.4	10:19	02:15:16.9
1410	781/1452	175/293	314	Leah Stade	F	34	Kearney	NE	1324	9:38	01:05:56.1	1524	11:00	01:12:06.1	02:18:02.2	10:19	02:15:17.8
1411	782/1452	186/322	957	Cami Buel	F	37	Eagle	NE	1430	10:03	01:08:02.7	1382	10:36	01:09:30.6	02:17:33.4	10:19	02:15:21.9
1412	630/805	124/151	3011	Brett Meyer	M	37	Fremont	NE	1403	10:03	01:07:40.4	1386	10:37	01:09:33.4	02:17:13.8	10:19	02:15:25.0
1413	783/1452	100/202	342	Katelyn Pope	F	26	Lincoln	NE	1604	10:21	01:10:45.3	1266	10:19	01:07:34.5	02:18:19.9	10:19	02:15:25.4
1414	784/1452	43/90	3053	Lisa Ketcham	F	52	Elkhorn	NE	1402	10:03	01:07:40.2	1385	10:37	01:09:33.2	02:17:13.4	10:19	02:15:25.6
1415	785/1452	187/322	1034	Kerri Mees	F	38	Lincoln	NE	1494	10:16	01:09:04.1	1305	10:24	01:08:09.5	02:17:13.6	10:20	02:15:30.2
1416	786/1452	44/90	2868	Janet Permenter	F	52	Omaha	NE	1653	10:26	01:11:40.3	1233	10:14	01:07:06.4	02:18:46.8	10:20	02:15:32.5
1417	787/1452	101/202	845	Jessica Schiefen	F	26	Omaha	NE	1549	10:12	01:09:52.3	1329	10:29	01:08:42.2	02:18:34.6	10:20	02:15:34.1
1418	788/1452	123/219	1395	Bridgett Petzoldt	F	41	Gretna	NE	1497	10:04	01:09:05.6	1387	10:37	01:09:33.8	02:18:39.4	10:20	02:15:34.5
1419	631/805	56/73	3372	Chris Denney	M	54	Omaha	NE	1638	10:15	01:11:23.8	1317	10:26	01:08:24.3	02:19:48.1	10:20	02:15:36.3
1420	789/1452	176/293	2421	Sarah Dixon	F	34	Lincoln	NE	1152	9:34	01:03:14.5	1558	11:08	01:12:58.8	02:16:13.4	10:20	02:15:39.4
1421	790/1452	177/293	1605	Bethany Thompson	F	32	Lincoln	NE	1410	10:04	01:07:50.3	1395	10:38	01:09:40.0	02:17:30.4	10:20	02:15:39.5
1422	791/1452	102/202	344	Heidi Martinez-Reyes	F	29	Lincoln	NE	1608	10:22	01:10:49.5	1281	10:20	01:07:46.1	02:18:35.6	10:21	02:15:41.0
1423	792/1452	178/293	2841	Lisa Lingenfelter	F	34	Elkhorn	NE	1420	9:59	01:07:58.4	1438	10:45	01:10:24.9	02:18:23.4	10:21	02:15:49.6
1424	632/805	113/136	1270	Daniel Feilmeier	M	31	Omaha	NE	1471	9:54	01:08:44.6	1463	10:49	01:10:57.0	02:19:41.6	10:21	02:15:50.8
1425	633/805	114/136	3009	Chris Petersen	M	31	Waterloo	NE	1470	9:54	01:08:44.2	1465	10:49	01:10:57.3	02:19:41.6	10:21	02:15:50.9
1426	793/1452	103/202	1789	Kathryn Krueger	F	28	Omaha	NE	1532	10:05	01:09:37.8	1401	10:39	01:09:47.6	02:19:25.5	10:22	02:15:54.7
1427	794/1452	188/322	364	Jennifer Eloge	F	38	Lincoln	NE	1369	9:53	01:06:38.8	1473	10:51	01:11:06.7	02:17:45.5	10:22	02:15:54.8
1428	795/1452	189/322	3275	Amber Soucek	F	38	Gretna	NE	1499	10:04	01:09:05.8	1406	10:40	01:09:53.7	02:18:59.5	10:22	02:15:55.9
1429	796/1452	179/293	2672	Jessica Tomasek	F	31	Lincoln	NE	1539	10:09	01:09:47.3	1376	10:36	01:09:29.0	02:19:16.4	10:22	02:15:58.6
1430	797/1452	180/293	1938	Ashley Tenopir	F	34	Lincoln	NE	1538	10:09	01:09:47.2	1377	10:36	01:09:29.8	02:19:17.1	10:22	02:15:59.9
1431	798/1452	190/322	2547	Kathleen Mcclung	F	37	Gretna	NE	1087	9:17	01:02:09.3	1646	11:28	01:15:10.0	02:17:19.4	10:22	02:16:00.0
1432	799/1452	17/41	497	Carol Healy	F	56	Omaha	NE	1332	9:50	01:06:04.2	1501	10:55	01:11:34.5	02:17:38.7	10:22	02:16:00.2
1433	800/1452	191/322	1148	Tiffany Hunt	F	35	Lincoln	NE	1505	10:07	01:09:08.3	1400	10:39	01:09:47.4	02:18:55.8	10:22	02:16:04.9
1434	801/1452	192/322	2215	Angie Judd	F	37	Fairbury	NE	1613	10:26	01:10:54.8	1276	10:20	01:07:42.7	02:18:37.6	10:22	02:16:05.0
1435	634/805	125/151	2231	Mickey Judd	M	39	Fairbury	NE	1624	10:27	01:11:06.3	1264	10:18	01:07:32.2	02:18:38.5	10:22	02:16:05.3
1436	802/1452	104/202	2348	Jordin Gorka	F	29	Lincoln	NE	1506	10:07	01:09:08.3	1399	10:39	01:09:47.0	02:18:55.4	10:23	02:16:07.2
1437	635/805	86/109	1786	Nate Stratton	M	28	Lincoln	NE	1574	10:13	01:10:21.3	1358	10:33	01:09:09.9	02:19:31.3	10:23	02:16:09.7
1438	803/1452	105/202	2796	Ashley Taber	F	27	Lincoln	NE	1257	9:37	01:04:56.3	1569	11:09	01:13:07.9	02:18:04.2	10:23	02:16:09.9
1439	804/1452	106/202	1019	Rachel Stratton	F	26	Lincoln	NE	1575	10:13	01:10:21.3	1356	10:33	01:09:08.8	02:19:30.2	10:23	02:16:10.2
1440	805/1452	193/322	902	Michele May	F	37	Lincoln	NE	1256	9:37	01:04:55.7	1570	11:10	01:13:08.9	02:18:04.7	10:23	02:16:13.2

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1441	806/1452	18/41	937	Susan Macquiddy	F	59	Omaha	NE	1639	10:23	01:11:24.3	1311	10:25	01:08:17.0	02:19:41.4	10:23	02:16:18.4
1442	807/1452	124/219	1077	Tammie Mead	F	43	Syracuse	NE	1710	10:35	01:12:45.3	1225	10:13	01:06:55.4	02:19:40.8	10:23	02:16:18.6
1443	808/1452	181/293	1844	Allison Henderson	F	34	Sidney	IA	1437	9:58	01:08:07.2	1468	10:50	01:11:02.9	02:19:10.2	10:24	02:16:21.4
1444	636/805	57/73	3446	Perry Stoner	M	52	Lincoln	NE	1192	9:27	01:03:50.1	1627	11:22	01:14:27.1	02:18:17.3	10:24	02:16:27.4
1445	809/1452	182/293	2410	Shaila Schwebke	F	32	Lincoln	NE	1595	10:17	01:10:38.6	1366	10:34	01:09:15.1	02:19:53.8	10:25	02:16:42.8
1446	637/805	115/136	2415	Jeremy Schwebke	M	30	Lincoln	NE	1597	10:18	01:10:38.8	1364	10:34	01:09:14.8	02:19:53.6	10:25	02:16:45.3
1447	810/1452	54/100	3494	Shelby Hamilton	F	23	Lincoln	NE	1736	10:40	01:13:13.2	1216	10:11	01:06:47.3	02:20:00.6	10:25	02:16:45.7
1448	811/1452	107/202	3506	Maggie Bach	F	26	Lincoln	NE	1588	10:21	01:10:33.9	1346	10:32	01:09:01.4	02:19:35.4	10:26	02:16:49.9
1449	812/1452	125/219	1185	Amy Palmer	F	41	Lincoln	NE	1463	10:00	01:08:40.1	1486	10:53	01:11:20.0	02:20:00.1	10:26	02:16:51.5
1450	813/1452	126/219	600	Jodie Valish	F	41	Lincoln	NE	1421	10:05	01:07:58.8	1455	10:48	01:10:48.5	02:18:47.4	10:26	02:16:51.9
1451	638/805	116/136	3380	Andy Misle	M	32	Lincoln	NE	1632	10:09	01:11:10.8	1433	10:44	01:10:21.0	02:21:31.9	10:26	02:16:55.3
1452	639/805	87/109	1879	Ryan Stauffer	M	27	Lincoln	NE	1516	10:08	01:09:20.5	1449	10:46	01:10:36.8	02:19:57.4	10:27	02:17:04.6
1453	640/805	91/116	1056	Shane Sullivan	M	40	Omaha	NE	1384	9:55	01:07:05.6	1521	11:00	01:12:05.5	02:19:11.1	10:27	02:17:04.8
1454	641/805	58/73	1153	Ned Pauley	M	52	Milford	NE	1514	10:08	01:09:19.6	1450	10:46	01:10:37.5	02:19:57.1	10:27	02:17:05.2
1455	814/1452	194/322	135	Adrienne Posey	F	36	Omaha	NE	1444	9:48	01:08:11.3	1555	11:07	01:12:53.3	02:21:04.6	10:27	02:17:05.9
1456	815/1452	183/293	294	Jenny Ebke	F	33	Crete	NE	1343	9:42	01:06:19.6	1594	11:15	01:13:41.9	02:20:01.6	10:28	02:17:18.0
1457	642/805	92/116	2104	David Emanuel	M	42	Omaha	NE	1469	10:07	01:08:43.8	1466	10:50	01:11:01.0	02:19:44.8	10:28	02:17:21.3
1458	816/1452	195/322	1603	Molly Holloway	F	35	Cortland	NE	1526	10:07	01:09:33.6	1478	10:52	01:11:12.7	02:20:46.4	10:29	02:17:29.3
1459	643/805	126/151	1101	Brandon Boldt	M	37	Lincoln	NE	1462	10:00	01:08:39.3	1514	10:58	01:11:54.1	02:20:33.5	10:29	02:17:30.4
1460	817/1452	127/219	132	Tanya Poehler	F	40	Cairo	NE	1563	10:19	01:10:08.7	1405	10:40	01:09:53.4	02:20:02.1	10:29	02:17:31.5
1461	818/1452	196/322	673	Lisa Hernandez	F	38	Lincoln	NE	1364	9:47	01:06:31.6	1591	11:13	01:13:29.8	02:20:01.4	10:29	02:17:35.3
1462	819/1452	128/219	394	Pam Whisenhunt	F	42	Lincoln	NE	1478	10:07	01:08:49.9	1487	10:53	01:11:20.3	02:20:10.3	10:29	02:17:37.8
1463	820/1452	10/27	1550	Lisa Huff	F	60	Lincoln	NE	1535	10:19	01:09:39.3	1412	10:41	01:10:02.3	02:19:41.6	10:30	02:17:40.2
1464	821/1452	19/41	2319	Sue Bace	F	59	Omaha	NE	1537	10:21	01:09:40.5	1404	10:40	01:09:52.3	02:19:32.8	10:30	02:17:43.2
1465	822/1452	55/100	1588	Alli Benner	F	23	Omaha	NE	1382	10:02	01:07:04.8	1517	10:59	01:11:57.0	02:19:01.9	10:30	02:17:45.3
1466	823/1452	56/100	2508	Kyla Weseley	F	23	St. Louis	MO	1381	10:03	01:07:04.6	1516	10:59	01:11:56.9	02:19:01.5	10:30	02:17:47.3
1467	824/1452	108/202	1682	Jenny Egger	F	26	Lincoln	NE	1428	10:01	01:08:00.5	1530	11:01	01:12:13.4	02:20:13.9	10:30	02:17:50.6
1468	644/805	117/136	1356	Brock Minert	M	31	Lincoln	NE	1267	9:45	01:05:04.7	1605	11:16	01:13:53.2	02:18:58.0	10:30	02:17:51.0
1469	825/1452	129/219	1823	Christine Synowicki	F	42	Lincoln	NE	1636	10:26	01:11:23.5	1378	10:36	01:09:30.1	02:20:53.6	10:31	02:17:53.1
1470	826/1452	109/202	1949	Heather Strobe	F	28	Lincoln	NE	1637	10:26	01:11:23.7	1380	10:36	01:09:30.3	02:20:54.1	10:31	02:17:53.6
1471	645/805	93/116	3531	Dan Lambe	M	44	Lincoln	NE	1397	9:51	01:07:28.9	1581	11:11	01:13:18.8	02:20:47.8	10:31	02:17:56.3
1472	827/1452	110/202	1998	Audrey Mcdonald	F	29	Lincoln	NE	1614	10:18	01:10:57.7	1448	10:46	01:10:34.0	02:21:31.8	10:31	02:18:02.3
1473	646/805	127/151	2482	Stephen Brown	M	36	Lincoln	NE	1634	10:27	01:11:12.6	1390	10:37	01:09:36.1	02:20:48.7	10:32	02:18:05.2
1474	828/1452	197/322	3047	Holly Gaebel	F	35	Lincoln	NE	1643	10:23	01:11:33.8	1415	10:41	01:10:04.5	02:21:38.4	10:32	02:18:05.2
1475	647/805	118/136	1984	Nicholas Krueger	M	31	Omaha	NE	1536	10:05	01:09:39.5	1519	10:59	01:12:02.1	02:21:41.6	10:32	02:18:09.0
1476	648/805	20/27	2352	Derek Couch	M	23	Papillion	NE	1734	10:44	01:13:08.9	1286	10:21	01:07:51.2	02:21:00.2	10:32	02:18:10.7

The Good Life Halfsy

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1477	829/1452	11/27	1729	Donna Thiellen	F	63	Lincoln	NE	1559	10:17	01:10:04.3	1456	10:48	01:10:49.1	02:20:53.5	10:32	02:18:11.1
1478	830/1452	198/322	1350	Becky Schroeder	F	39	Eagle	NE	1730	10:38	01:13:05.3	1323	10:27	01:08:29.8	02:21:35.1	10:32	02:18:11.9
1479	831/1452	130/219	1070	Jill Robinson	F	42	Lincoln	NE	1375	9:56	01:06:51.2	1567	11:09	01:13:07.2	02:19:58.4	10:32	02:18:12.6
1480	649/805	65/77	3221	Vino Rodriguez	M	46	Lincoln	NE	1910	11:15	01:17:24.8	1069	9:50	01:04:27.5	02:21:52.4	10:32	02:18:13.9
1481	832/1452	199/322	1248	Stacey Odle	F	37	Lincoln	NE	1739	10:41	01:13:21.2	1307	10:24	01:08:10.5	02:21:31.7	10:32	02:18:14.0
1482	833/1452	184/293	2485	Bridget Bogle	F	34	Waverly	NE	1376	9:56	01:06:51.3	1568	11:09	01:13:07.3	02:19:58.6	10:32	02:18:15.4
1483	834/1452	111/202	1167	Kylie Hulme	F	28	Kearney	NE	1373	9:51	01:06:47.9	1599	11:15	01:13:46.1	02:20:34.1	10:32	02:18:17.9
1484	835/1452	45/90	1608	Carol Jenkins	F	53	Lincoln	NE	1340	10:00	01:06:17.4	1553	11:07	01:12:52.0	02:19:09.4	10:33	02:18:26.9
1485	650/805	4/5	1459	John Seminara	M	67	Omaha	NE	1748	10:41	01:13:36.2	1321	10:27	01:08:28.4	02:22:04.7	10:33	02:18:27.1
1486	651/805	41/58	1468	Larry Burson	M	55	Gretna	NE	1747	10:41	01:13:35.8	1322	10:27	01:08:28.7	02:22:04.5	10:33	02:18:27.9
1487	836/1452	200/322	1874	Sarah Harms	F	35	Waverly	NE	1414	9:59	01:07:55.9	1562	11:08	01:13:01.6	02:20:57.6	10:33	02:18:29.8
1488	837/1452	185/293	2551	Ricci Miller	F	34	Omaha	NE	1465	10:03	01:08:41.3	1544	11:05	01:12:36.9	02:21:18.3	10:34	02:18:31.4
1489	838/1452	131/219	1562	Kathryn Langenberg	F	42	Lincoln	NE	1551	10:13	01:09:52.8	1498	10:55	01:11:31.8	02:21:24.7	10:34	02:18:32.4
1490	652/805	10/13	3472	Mark Nichting	M	18	Omaha	NE	1797	11:05	01:14:13.4	1157	10:04	01:05:58.0	02:20:11.5	10:34	02:18:35.2
1491	839/1452	201/322	2043	Pamela Kennedy	F	35	Papillion	NE	1500	9:58	01:09:06.2	1578	11:11	01:13:16.0	02:22:22.2	10:34	02:18:35.8
1492	840/1452	202/322	3329	Beth Boone	F	38	Omaha	NE	1796	11:05	01:14:13.2	1158	10:04	01:05:58.2	02:20:11.5	10:34	02:18:35.8
1493	653/805	119/136	1675	Kevin Fuji	M	30	Omaha	NE	1786	10:48	01:14:06.9	1287	10:21	01:07:52.7	02:21:59.6	10:34	02:18:37.2
1494	841/1452	203/322	2853	Robin Barrett	F	36	Lincoln	NE	1715	10:33	01:12:48.5	1379	10:36	01:09:30.2	02:22:18.8	10:34	02:18:38.6
1495	842/1452	132/219	368	Amy Lage	F	43	Lincoln	NE	1581	10:14	01:10:29.1	1500	10:55	01:11:33.3	02:22:02.4	10:34	02:18:38.6
1496	843/1452	57/100	1393	Katie Schlafke	F	21	Lincoln	NE	949	9:00	01:00:38.7	1804	12:09	01:19:37.4	02:20:16.1	10:34	02:18:38.8
1497	844/1452	112/202	3031	Brittney Bills	F	28	Omaha	NE	1479	10:16	01:08:50.5	1488	10:53	01:11:20.7	02:20:11.3	10:34	02:18:39.8
1498	845/1452	204/322	3414	Jamie Fleckenstein	F	38	Omaha	NE	1675	10:26	01:11:53.8	1432	10:44	01:10:18.5	02:22:12.4	10:34	02:18:41.7
1499	846/1452	205/322	3382	Rachel Bonnema	F	37	Omaha	NE	1673	10:26	01:11:53.4	1429	10:43	01:10:18.1	02:22:11.6	10:34	02:18:42.8
1500	654/805	59/73	408	Joe Billesbach	M	50	Beatrice	NE	1272	9:28	01:05:08.3	1714	11:42	01:16:39.0	02:21:47.4	10:34	02:18:43.2
1501	655/805	42/58	1839	Paul Eschliman	M	55	Lincoln	NE	1717	10:38	01:12:48.9	1347	10:32	01:09:02.5	02:21:51.5	10:34	02:18:43.2
1502	847/1452	64/127	1993	Jan Jindra	F	47	Lincoln	NE	1387	9:58	01:07:14.5	1586	11:11	01:13:20.7	02:20:35.3	10:34	02:18:43.5
1503	848/1452	206/322	2951	Carrie Hoarty	F	37	Omaha	NE	1301	9:53	01:05:42.2	1607	11:17	01:13:56.0	02:19:38.3	10:34	02:18:43.8
1504	849/1452	207/322	3378	Janine Cooper	F	36	Council Bluffs	IA	1674	10:26	01:11:53.4	1427	10:43	01:10:17.4	02:22:10.9	10:34	02:18:43.8
1505	656/805	94/116	2271	Glen Nelson	M	43	Bennet	NE	1732	10:38	01:13:06.9	1341	10:32	01:08:59.8	02:22:06.7	10:35	02:18:44.4
1506	850/1452	208/322	2287	Kelly Gering	F	39	Omaha	NE	1723	10:38	01:12:58.4	1350	10:32	01:09:05.4	02:22:03.8	10:35	02:18:44.8
1507	851/1452	186/293	3294	Bridget Perry	F	31	Omaha	NE	1656	10:26	01:11:43.7	1439	10:45	01:10:25.1	02:22:08.8	10:35	02:18:46.5
1508	852/1452	209/322	2966	Jenni Bragg	F	36	Omaha	NE	1299	9:53	01:05:41.4	1609	11:17	01:13:56.6	02:19:38.1	10:35	02:18:46.7
1509	853/1452	113/202	2429	Hailey Johnson	F	28	Omaha	NE	1780	10:48	01:14:05.6	1298	10:22	01:07:59.8	02:22:05.4	10:35	02:18:47.8
1510	854/1452	20/41	1135	Eyde Olson	F	55	Lincoln	NE	1625	10:28	01:11:07.5	1421	10:42	01:10:10.9	02:21:18.4	10:35	02:18:48.0
1511	657/805	95/116	2719	Brian Golden	M	43	Hickman	NE	1161	9:29	01:03:26.9	1712	11:42	01:16:38.4	02:20:05.3	10:35	02:18:48.5
1512	658/805	43/58	2960	Dennis Pracheil	M	56	Dorchester	NE	1781	10:48	01:14:05.6	1297	10:22	01:07:59.5	02:22:05.1	10:35	02:18:50.5

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1513	855/1452	133/219	1204	Kim Blazek	F	44	Lincoln	NE	1779	10:48	01:14:05.2	1304	10:24	01:08:08.4	02:22:13.6	10:35	02:18:53.9
1514	856/1452	134/219	2343	Jean Olson	F	43	Omaha	NE	1803	10:50	01:14:19.3	1288	10:21	01:07:52.9	02:22:12.2	10:35	02:18:56.6
1515	857/1452	210/322	1966	Billie Jo Burns	F	39	Bellevue	NE	1668	10:30	01:11:50.8	1423	10:43	01:10:11.8	02:22:02.6	10:36	02:19:01.7
1516	858/1452	211/322	2221	Linda Meyer	F	36	Omaha	NE	1486	10:15	01:08:59.8	1513	10:58	01:11:52.5	02:20:52.4	10:36	02:19:05.9
1517	859/1452	135/219	1454	Christy Phillips	F	40	Lincoln	NE	1415	10:01	01:07:56.3	1589	11:13	01:13:28.2	02:21:24.6	10:36	02:19:06.3
1518	860/1452	187/293	1286	Abby Reese	F	32	Nebraska City	NE	1682	10:28	01:11:58.9	1444	10:46	01:10:31.9	02:22:30.8	10:36	02:19:07.3
1519	861/1452	188/293	2300	Bethany Bruce	F	30	Lincoln	NE	1564	10:31	01:10:10.6	1422	10:42	01:10:11.2	02:20:21.8	10:36	02:19:08.7
1520	862/1452	212/322	2349	Heather Monaster	F	39	Omaha	NE	1528	10:12	01:09:34.6	1532	11:01	01:12:15.1	02:21:49.7	10:36	02:19:10.2
1521	863/1452	213/322	2762	Angie Winegar	F	37	Omaha	NE	1527	10:13	01:09:34.3	1531	11:01	01:12:14.3	02:21:48.6	10:36	02:19:10.3
1522	864/1452	136/219	470	Diana Jacobsen	F	40	Lincoln	NE	1053	9:11	01:01:52.7	1782	12:03	01:18:58.8	02:20:51.5	10:37	02:19:11.0
1523	865/1452	214/322	1285	Monica Pomajzl	F	39	Lincoln	NE	1279	9:44	01:05:16.3	1655	11:30	01:15:21.8	02:20:38.1	10:37	02:19:11.7
1524	659/805	96/116	407	Mark Pomajzl	M	42	Lincoln	NE	1178	9:30	01:03:39.7	1724	11:45	01:16:59.1	02:20:38.9	10:37	02:19:13.0
1525	866/1452	189/293	3431	Tiffany Ryck	F	34	Lincoln	NE	1629	10:19	01:11:09.3	1507	10:56	01:11:40.4	02:22:49.7	10:37	02:19:16.0
1526	867/1452	215/322	1169	Gina Long	F	37	Omaha	NE	1407	10:00	01:07:45.9	1597	11:15	01:13:45.1	02:21:31.1	10:37	02:19:17.6
1527	868/1452	216/322	3065	Kristen Lamontia	F	39	Omaha	NE	1707	10:29	01:12:40.3	1451	10:47	01:10:40.0	02:23:20.3	10:37	02:19:20.3
1528	869/1452	190/293	666	Gretchen Wagner	F	34	Lincoln	NE	1738	10:40	01:13:17.5	1375	10:36	01:09:29.0	02:22:46.5	10:38	02:19:24.3
1529	870/1452	217/322	397	Ann Reinhardt	F	36	Denton	NE	1336	9:44	01:06:12.1	1667	11:33	01:15:40.2	02:21:52.3	10:38	02:19:31.5
1530	871/1452	218/322	287	Jaci Wagoner	F	36	Kenesaw	NE	1337	9:45	01:06:12.1	1669	11:33	01:15:40.5	02:21:52.6	10:38	02:19:32.4
1531	872/1452	191/293	2889	Sara Bennett	F	31	Omaha	NE	1849	10:54	01:15:24.5	1302	10:23	01:08:06.3	02:23:30.9	10:38	02:19:33.0
1532	873/1452	219/322	1604	Kayla Thomas-Haire	F	39	Omaha	NE	1507	10:08	01:09:16.5	1572	11:10	01:13:09.1	02:22:25.7	10:38	02:19:34.1
1533	874/1452	137/219	1304	Jodi Andresen	F	44	Omaha	NE	1338	9:52	01:06:13.9	1640	11:26	01:14:54.1	02:21:08.1	10:38	02:19:35.1
1534	875/1452	138/219	1047	Sheila Johnsen	F	40	Lincoln	NE	1288	9:45	01:05:24.2	1665	11:33	01:15:39.4	02:21:03.7	10:38	02:19:36.1
1535	876/1452	12/27	446	Sue Leach	F	62	Lincoln	NE	1633	10:29	01:11:12.2	1458	10:49	01:10:52.5	02:22:04.7	10:38	02:19:36.5
1536	877/1452	139/219	3022	Tonya Mcilnay	F	41	Bennington	NE	1447	10:15	01:08:17.6	1540	11:03	01:12:28.6	02:20:46.3	10:39	02:19:37.9
1537	878/1452	114/202	267	Lisa Watermeier	F	25	Omaha	NE	1699	10:27	01:12:29.8	1474	10:51	01:11:06.8	02:23:36.6	10:39	02:19:40.1
1538	660/805	21/27	2568	Austin Nichols	M	21	Lincoln	NE	1487	10:02	01:08:59.9	1610	11:17	01:13:59.6	02:22:59.5	10:39	02:19:45.6
1539	879/1452	192/293	1752	Rebecca Jurgens	F	34	Cortland	NE	1356	9:49	01:06:27.8	1658	11:31	01:15:27.7	02:21:55.5	10:40	02:19:49.8
1540	661/805	23/30	321	Paul Van De Water	M	61	Lincoln	NE	1648	10:33	01:11:38.3	1454	10:48	01:10:47.1	02:22:25.4	10:40	02:19:53.9
1541	880/1452	220/322	1756	Amber Fader	F	38	Lincoln	NE	1326	9:47	01:05:56.8	1671	11:33	01:15:44.9	02:21:41.8	10:40	02:19:54.3
1542	881/1452	221/322	306	Meghan Gibbons	F	37	Lincoln	NE	1533	10:12	01:09:38.6	1573	11:10	01:13:12.2	02:22:50.8	10:40	02:20:02.4
1543	882/1452	222/322	341	Lora Carpenter-Janike	F	36	Lincoln	NE	1531	10:12	01:09:37.7	1577	11:10	01:13:14.1	02:22:51.8	10:41	02:20:03.3
1544	883/1452	58/100	2781	Britta Bowman	F	22	Firth	NE	1693	10:25	01:12:05.2	1509	10:57	01:11:45.2	02:23:50.5	10:41	02:20:03.4
1545	884/1452	140/219	2675	Crystal Bowman	F	44	Firth	NE	1692	10:25	01:12:04.8	1510	10:57	01:11:45.7	02:23:50.5	10:41	02:20:03.8
1546	885/1452	141/219	1470	Karoline Anderson	F	43	Omaha	NE	1473	10:12	01:08:47.2	1571	11:10	01:13:09.0	02:21:56.3	10:41	02:20:03.8
1547	662/805	128/151	2870	Ben Webster	M	37	Malcolm	NE	1610	10:28	01:10:51.2	1494	10:54	01:11:28.3	02:22:19.6	10:41	02:20:06.9
1548	886/1452	115/202	1757	Marypat Heineman	F	29	Lincoln	NE	1489	10:11	01:09:01.7	1587	11:12	01:13:25.8	02:22:27.5	10:41	02:20:08.9

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1549	663/805	129/151	3370	Jason Stille	M	39	Lincoln	NE	1457	9:59	01:08:30.8	1632	11:24	01:14:42.3	02:23:13.2	10:41	02:20:10.2
1550	887/1452	142/219	3464	Darla Berks	F	40	Lincoln	NE	1452	10:04	01:08:20.1	1619	11:20	01:14:14.3	02:22:34.4	10:41	02:20:11.7
1551	664/805	130/151	1858	Craig Ogden	M	39	Malcom	NE	1335	9:49	01:06:10.7	1673	11:34	01:15:48.8	02:21:59.6	10:41	02:20:12.0
1552	888/1452	46/90	2315	Lil O'neill	F	53	Lincoln	NE	1233	9:34	01:04:33.5	1747	11:50	01:17:34.6	02:22:08.1	10:41	02:20:14.6
1553	889/1452	21/41	1460	Ina Akerson	F	56	Lincoln	NE	1512	10:10	01:09:19.1	1593	11:14	01:13:38.8	02:22:57.9	10:41	02:20:15.3
1554	665/805	60/73	1298	William Stott	M	51	Omaha	NE	1663	10:28	01:11:48.1	1506	10:56	01:11:40.3	02:23:28.4	10:42	02:20:16.4
1555	666/805	88/109	659	Matt Kuske	M	25	Lincoln	NE	1361	9:42	01:06:29.8	1719	11:43	01:16:45.8	02:23:15.7	10:42	02:20:20.8
1556	890/1452	116/202	1928	Ashley Egger	F	29	Lincoln	NE	1427	10:01	01:08:00.5	1633	11:24	01:14:43.1	02:22:43.7	10:42	02:20:22.5
1557	891/1452	47/90	2186	Christyn Stumps	F	53	Gretna	NE	1660	10:32	01:11:46.3	1485	10:53	01:11:18.8	02:23:05.2	10:42	02:20:22.9
1558	892/1452	193/293	1685	Stephanie Wideo	F	30	Lincoln	NE	1295	9:36	01:05:39.4	1738	11:49	01:17:25.7	02:23:05.2	10:42	02:20:24.2
1559	893/1452	117/202	1489	Amanda Gilmore	F	27	Lincoln	NE	1669	10:28	01:11:51.2	1512	10:57	01:11:48.1	02:23:39.3	10:42	02:20:24.6
1560	894/1452	118/202	2384	Lillian Kottich	F	28	Lincoln	NE	1239	9:38	01:04:38.3	1733	11:47	01:17:14.5	02:21:52.9	10:42	02:20:24.6
1561	895/1452	59/100	1629	Jessica Remaly	F	21	Rossville	IN	1703	10:34	01:12:33.8	1476	10:52	01:11:10.9	02:23:44.8	10:42	02:20:24.8
1562	896/1452	1/7	3478	Joy Mann	F	65	Omaha	NE	1141	9:22	01:03:03.3	1785	12:04	01:19:02.9	02:22:06.2	10:42	02:20:25.9
1563	897/1452	223/322	1648	Melanie Krumsick	F	38	Omaha	NE	1844	10:58	01:15:21.1	1325	10:28	01:08:35.4	02:23:56.5	10:43	02:20:30.8
1564	898/1452	224/322	2550	Lindsey Hess	F	36	Elkhorn	NE	1761	10:45	01:13:53.7	1413	10:41	01:10:02.8	02:23:56.5	10:43	02:20:30.9
1565	899/1452	143/219	1434	Jackie Ostrowicki	F	40	Lincoln	NE	1311	9:51	01:05:45.1	1683	11:36	01:15:59.6	02:21:44.7	10:43	02:20:31.1
1566	667/805	120/136	1633	Chris Kooyman	M	32	Omaha	NE	1303	9:55	01:05:42.8	1664	11:32	01:15:38.8	02:21:21.7	10:43	02:20:36.4
1567	668/805	121/136	1863	David Donaldson	M	31	Lincoln	NE	1304	9:55	01:05:42.8	1663	11:32	01:15:37.8	02:21:20.7	10:43	02:20:36.9
1568	900/1452	194/293	1935	Latava Sanders	F	33	Lincoln	NE	1783	10:48	01:14:06.3	1403	10:39	01:09:51.1	02:23:57.4	10:43	02:20:37.1
1569	901/1452	144/219	121	Amber Springer	F	43	Axtell	NE	1712	10:35	01:12:46.6	1481	10:52	01:11:14.6	02:24:01.2	10:43	02:20:40.3
1570	902/1452	225/322	1275	Cherish Johnette	F	38	Omaha	NE	1664	10:27	01:11:48.1	1527	11:00	01:12:07.8	02:23:55.9	10:43	02:20:40.5
1571	903/1452	48/90	2967	Christine Anderson	F	50	Str	NE	1658	10:27	01:11:45.3	1529	11:01	01:12:09.5	02:23:54.8	10:43	02:20:41.1
1572	669/805	11/13	3299	Will Inamura	M	19	Lincoln	NE	1829	10:50	01:14:50.3	1397	10:38	01:09:44.5	02:24:34.9	10:44	02:20:43.7
1573	904/1452	65/127	2739	Jodi Mcgill	F	47	Lincoln	NE	1545	10:18	01:09:50.7	1580	11:11	01:13:17.9	02:23:08.6	10:44	02:20:47.7
1574	670/805	12/13	3075	Treyson Mcgill	M	19	Lincoln	NE	1546	10:18	01:09:50.9	1584	11:11	01:13:19.6	02:23:10.5	10:44	02:20:48.0
1575	671/805	24/30	1616	David Smith	M	62	Mccoook	NE	1627	10:22	01:11:08.3	1556	11:07	01:12:53.4	02:24:01.7	10:44	02:20:49.3
1576	672/805	122/136	3395	Ashtyn Beek	M	31	Jefferson City	MO	1171	9:26	01:03:32.9	1783	12:03	01:18:59.3	02:22:32.2	10:44	02:20:50.4
1577	673/805	44/58	2905	Jim Koenig	M	55	Grand Island	NE	1188	9:25	01:03:46.3	1790	12:04	01:19:07.9	02:22:54.3	10:44	02:20:50.6
1578	905/1452	66/127	2288	Christine Niemann	F	47	Lincoln	NE	1630	10:25	01:11:10.3	1543	11:04	01:12:33.8	02:23:44.2	10:44	02:20:53.8
1579	906/1452	226/322	3364	Holly Baker	F	35	Omaha	NE	1541	10:21	01:09:48.9	1561	11:08	01:13:01.2	02:22:50.1	10:44	02:20:54.4
1580	907/1452	145/219	3376	Stacey Dobesh	F	42	Omaha	NE	1543	10:21	01:09:49.3	1559	11:08	01:13:00.8	02:22:50.1	10:44	02:20:54.4
1581	674/805	61/73	3285	Ko Inamura	M	51	Lincoln	NE	1830	10:50	01:14:50.5	1410	10:40	01:09:57.3	02:24:47.9	10:45	02:20:55.9
1582	675/805	131/151	3511	Venkat Malireddi	M	37	Lincoln	NE	1784	10:48	01:14:06.3	1419	10:42	01:10:09.5	02:24:15.8	10:45	02:20:58.9
1583	908/1452	67/127	546	Reena Sohi	F	47	Lincoln	NE	1510	10:15	01:09:18.2	1601	11:16	01:13:50.5	02:23:08.7	10:45	02:21:01.0
1584	909/1452	227/322	1447	Timoree Klingler	F	35	Lincoln	NE	1623	10:28	01:11:06.1	1539	11:03	01:12:27.5	02:23:33.6	10:45	02:21:01.0

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1585	910/1452	68/127	547	Chris Bolte	F	46	Lincoln	NE	1509	10:15	01:09:17.8	1603	11:16	01:13:50.7	02:23:08.6	10:45	02:21:01.3
1586	911/1452	69/127	520	Manette Kidney	F	46	Lincoln	NE	1508	10:15	01:09:17.8	1604	11:16	01:13:50.9	02:23:08.7	10:45	02:21:04.6
1587	912/1452	22/41	588	Martha Stoddard	F	57	Lincoln	NE	1626	10:22	01:11:08.1	1565	11:09	01:13:04.7	02:24:12.8	10:45	02:21:05.2
1588	913/1452	119/202	3259	Jessica Kortum	F	27	Lincoln	NE	1657	10:29	01:11:45.1	1535	11:02	01:12:21.4	02:24:06.6	10:45	02:21:06.0
1589	676/805	97/116	3226	Harry Watson	M	40	Lincoln	NE	1521	10:14	01:09:27.3	1613	11:17	01:14:00.4	02:23:27.7	10:45	02:21:06.0
1590	914/1452	146/219	3227	Jo Leader	F	43	Lincoln	NE	1520	10:14	01:09:27.1	1614	11:17	01:14:00.4	02:23:27.5	10:45	02:21:06.2
1591	915/1452	70/127	3200	Angela Roberson	F	48	Topeka	KS	1754	10:54	01:13:42.3	1392	10:38	01:09:39.0	02:23:21.3	10:45	02:21:06.2
1592	916/1452	228/322	1455	Renee Sundberg	F	39	Silver City	IA	1716	10:32	01:12:48.8	1520	11:00	01:12:04.9	02:24:53.8	10:45	02:21:08.1
1593	917/1452	60/100	1180	Christy Burger	F	24	Lincoln	NE	1438	10:06	01:08:08.3	1642	11:26	01:14:56.7	02:23:05.1	10:45	02:21:08.2
1594	918/1452	195/293	246	Jennifer Coon	F	33	Lincoln	NE	1853	10:57	01:15:31.3	1374	10:36	01:09:27.9	02:24:59.3	10:46	02:21:11.5
1595	919/1452	120/202	2426	Kelsey Homolka	F	25	Dorchester	NE	1697	10:34	01:12:17.3	1515	10:59	01:11:56.5	02:24:13.9	10:46	02:21:12.0
1596	920/1452	23/41	2754	Theresa Dolezal	F	57	Lincoln	NE	1572	10:21	01:10:20.5	1585	11:11	01:13:20.1	02:23:40.7	10:46	02:21:12.2
1597	921/1452	61/100	2383	Sarah Daehling	F	24	Elkhorn	NE	1147	9:32	01:03:08.9	1779	12:00	01:18:41.5	02:21:50.4	10:46	02:21:12.2
1598	677/805	62/73	2265	Alan Eighme	M	52	Lincoln	NE	1818	10:55	01:14:35.3	1396	10:38	01:09:43.5	02:24:18.9	10:46	02:21:15.0
1599	678/805	123/136	2205	Vincent Kuppig	M	32	Lincoln	NE	1134	9:29	01:02:58.8	1787	12:04	01:19:03.8	02:22:02.7	10:46	02:21:15.0
1600	922/1452	229/322	3122	Amy Uhlmann	F	39	Lincoln	NE	1671	10:30	01:11:52.2	1538	11:03	01:12:25.7	02:24:17.9	10:46	02:21:18.0
1601	923/1452	121/202	1706	Jocelyn Suing	F	28	Omaha	NE	1750	10:45	01:13:41.5	1459	10:49	01:10:53.1	02:24:34.6	10:46	02:21:19.4
1602	924/1452	49/90	682	Karen Fischer	F	54	Lincoln	NE	1441	9:56	01:08:09.8	1692	11:37	01:16:10.0	02:24:19.9	10:46	02:21:19.4
1603	925/1452	196/293	3282	Tasha Riggins	F	32	Concordia	KS	1651	10:29	01:11:39.1	1545	11:05	01:12:38.3	02:24:17.5	10:46	02:21:20.3
1604	926/1452	13/27	2593	Marilyn Cotten	F	61	Omaha	NE	1684	10:27	01:12:00.1	1552	11:06	01:12:48.2	02:24:48.3	10:46	02:21:20.6
1605	927/1452	147/219	378	Tammy Davis	F	41	Elkhorn	NE	1618	10:24	01:11:01.8	1574	11:10	01:13:13.4	02:24:15.3	10:47	02:21:25.0
1606	679/805	124/136	2930	Tyler Artz	M	30	Lincoln	NE	1582	10:16	01:10:29.5	1617	11:18	01:14:06.3	02:24:35.9	10:47	02:21:25.4
1607	928/1452	197/293	913	Kellie Johnson	F	33	Lincoln	NE	1749	10:49	01:13:38.4	1447	10:46	01:10:33.7	02:24:12.2	10:47	02:21:28.7
1608	929/1452	230/322	3052	Paige Hardy	F	36	Omaha	NE	1305	9:53	01:05:42.9	1716	11:42	01:16:42.8	02:22:25.7	10:47	02:21:33.2
1609	930/1452	122/202	1754	Michelle Foley	F	27	Lincoln	NE	1424	10:00	01:07:59.7	1685	11:36	01:16:01.5	02:24:01.2	10:47	02:21:33.9
1610	931/1452	231/322	1441	Danielle Weaver	F	38	Omaha	NE	1872	11:00	01:16:04.4	1381	10:36	01:09:30.4	02:25:34.9	10:47	02:21:34.3
1611	932/1452	5/5	2651	Madison Duran	F	13	Firth	NE	1226	9:27	01:04:23.5	1806	12:09	01:19:40.0	02:24:03.5	10:48	02:21:34.7
1612	933/1452	232/322	319	Steph Montgomery-Loder	F	36	Lincoln	NE	1762	10:43	01:13:55.3	1484	10:53	01:11:18.1	02:25:13.4	10:48	02:21:35.8
1613	934/1452	71/127	2224	Gina Heath	F	49	Lincoln	NE	1585	10:21	01:10:32.5	1596	11:15	01:13:42.6	02:24:15.2	10:48	02:21:36.4
1614	680/805	132/151	146	Eric Magill	M	39	Fort Calhoun	NE	1132	9:16	01:02:58.2	1847	12:20	01:20:51.8	02:23:50.1	10:48	02:21:36.6
1615	935/1452	233/322	848	Brandy Reisdorff	F	35	Lincoln	NE	1372	9:59	01:06:46.7	1691	11:37	01:16:09.5	02:22:56.3	10:48	02:21:37.6
1616	936/1452	50/90	986	Trish Peterson	F	52	Lincoln	NE	1642	10:33	01:11:32.9	1542	11:04	01:12:31.7	02:24:04.7	10:48	02:21:39.1
1617	937/1452	234/322	1212	Kimberly Bultsma	F	39	Bennington	NE	1616	10:24	01:11:00.2	1590	11:13	01:13:29.2	02:24:29.4	10:48	02:21:39.2
1618	681/805	89/109	1279	Ben McGill	M	25	Lincoln	NE	1683	10:37	01:11:59.7	1526	11:00	01:12:06.7	02:24:06.5	10:48	02:21:40.5
1619	938/1452	72/127	1779	Tanya Kieslingchristensen	F	45	Lincoln	NE	1792	10:48	01:14:08.1	1464	10:49	01:10:57.0	02:25:05.2	10:48	02:21:42.4
1620	939/1452	148/219	1646	Karen Foster	F	43	Lincoln	NE	1800	10:46	01:14:14.6	1477	10:52	01:11:11.5	02:25:26.1	10:48	02:21:45.6

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1621	940/1452	198/293	2575	Trisha Erickson	F	32	Omaha	NE	1667	10:29	01:11:50.8	1564	11:09	01:13:02.3	02:24:53.2	10:48	02:21:46.3
1622	682/805	63/73	2911	Brad Wolfe	M	52	Fremont	NE	1666	10:29	01:11:50.6	1563	11:09	01:13:02.3	02:24:52.9	10:48	02:21:46.7
1623	941/1452	123/202	1464	Rachel Talero	F	25	Lincoln	NE	1655	10:34	01:11:42.4	1541	11:04	01:12:31.2	02:24:13.7	10:49	02:21:49.4
1624	942/1452	199/293	1014	Erin Schlautman	F	30	Lincoln	NE	1794	10:48	01:14:10.5	1472	10:51	01:11:06.2	02:25:16.8	10:49	02:21:52.1
1625	683/805	133/151	1262	Patrick Rowan	M	37	Lincoln	NE	1831	10:48	01:14:51.9	1475	10:51	01:11:07.9	02:25:59.9	10:49	02:21:58.7
1626	684/805	134/151	3098	Shawn Goodrich	M	37	Lincoln	NE	1718	11:07	01:12:49.1	1359	10:33	01:09:10.0	02:21:59.1	10:49	02:21:59.1
1627	685/805	22/27	2517	Grant Wieseler	M	20	Omaha	NE	1483	9:59	01:08:54.8	1706	11:41	01:16:34.1	02:25:28.9	10:49	02:22:00.1
1628	943/1452	200/293	770	Jill Watkins	F	34	Lincoln	NE	1763	10:50	01:13:57.9	1469	10:50	01:11:03.7	02:25:01.7	10:50	02:22:05.4
1629	944/1452	149/219	1445	Lois Wies	F	40	Lincoln	NE	1774	10:47	01:14:03.8	1489	10:53	01:11:23.5	02:25:27.4	10:50	02:22:05.8
1630	945/1452	51/90	390	Kathy Nelson	F	50	Bennet	NE	1708	10:34	01:12:40.8	1557	11:07	01:12:54.4	02:25:35.3	10:50	02:22:07.2
1631	686/805	66/77	2279	David Niemann	M	47	Lincoln	NE	1603	10:22	01:10:41.8	1620	11:20	01:14:15.5	02:24:57.4	10:50	02:22:10.5
1632	946/1452	73/127	3074	Lisa Farmer	F	45	Lincoln	NE	1168	9:28	01:03:31.6	1828	12:15	01:20:14.5	02:23:46.2	10:51	02:22:15.0
1633	947/1452	235/322	1450	Janice Manka	F	37	Grand Island	NE	1776	10:47	01:14:04.2	1502	10:55	01:11:34.9	02:25:39.2	10:51	02:22:17.9
1634	948/1452	150/219	3262	Tiffany Sheets	F	44	Lincoln	NE	1681	10:30	01:11:58.3	1592	11:13	01:13:30.6	02:25:29.0	10:51	02:22:20.3
1635	949/1452	201/293	479	Sara Reed	F	32	Lincoln	NE	1341	9:41	01:06:18.3	1781	12:02	01:18:55.5	02:25:13.9	10:51	02:22:26.1
1636	950/1452	236/322	1546	Cheryl Dietrich	F	35	Lincoln	NE	1801	10:49	01:14:15.8	1504	10:55	01:11:36.7	02:25:52.6	10:52	02:22:27.7
1637	951/1452	52/90	532	Stacey Carey	F	51	Lincoln	NE	1570	10:13	01:10:17.1	1656	11:31	01:15:27.3	02:25:44.4	10:52	02:22:27.9
1638	952/1452	53/90	1253	Steph Morrison	F	53	Lincoln	NE	1741	10:39	01:13:25.8	1549	11:05	01:12:40.8	02:26:06.6	10:52	02:22:30.1
1639	953/1452	54/90	1090	Diana Krause	F	54	Lincoln	NE	1525	10:10	01:09:31.5	1678	11:34	01:15:52.1	02:25:23.7	10:52	02:22:30.8
1640	954/1452	74/127	1233	Holly Sullivan	F	45	Omaha	NE	1804	10:51	01:14:19.7	1490	10:54	01:11:24.3	02:25:44.1	10:52	02:22:31.2
1641	955/1452	202/293	813	Courtney Krei	F	30	Lincoln	NE	1390	10:01	01:07:24.5	1723	11:44	01:16:51.7	02:24:16.3	10:52	02:22:33.8
1642	956/1452	203/293	2563	Sarah Huenink	F	32	Firth	NE	1793	10:51	01:14:09.3	1493	10:54	01:11:27.7	02:25:37.1	10:52	02:22:34.6
1643	957/1452	237/322	245	Lori Borer	F	38	Firth	NE	1769	10:53	01:14:02.8	1480	10:52	01:11:14.3	02:25:17.1	10:52	02:22:37.2
1644	958/1452	151/219	1061	Jane Rhodes	F	43	Avoca	NE	1772	10:54	01:14:03.4	1479	10:52	01:11:14.0	02:25:17.4	10:52	02:22:37.8
1645	687/805	64/73	2240	Michael Miller	M	54	Lincoln	NE	1615	10:29	01:10:58.9	1611	11:17	01:13:59.9	02:24:58.9	10:53	02:22:40.2
1646	688/805	125/136	3570	Joshua Hanes	M	30	Weeping Water	NE	1773	10:54	01:14:03.4	1482	10:52	01:11:15.1	02:25:18.5	10:53	02:22:40.6
1647	689/805	45/58	735	Joseph Weber	M	59	Lincoln	NE	1522	10:12	01:09:28.1	1677	11:34	01:15:51.5	02:25:19.6	10:53	02:22:43.1
1648	959/1452	204/293	429	Jill Brown	F	33	Lincoln	NE	1592	10:19	01:10:36.4	1644	11:28	01:15:07.2	02:25:43.6	10:53	02:22:47.2
1649	960/1452	124/202	2468	Lauren Shoemaker	F	25	Omaha	NE	1467	10:09	01:08:43.4	1699	11:39	01:16:21.9	02:25:05.4	10:53	02:22:51.4
1650	690/805	135/151	1224	Ron Dubas	M	38	Waverly	NE	1561	10:20	01:10:07.3	1645	11:28	01:15:10.0	02:25:17.4	10:54	02:22:56.4
1651	691/805	90/109	2730	Jess Seeley	M	26	Aurora	NE	1583	10:18	01:10:31.3	1660	11:31	01:15:32.1	02:26:03.4	10:54	02:23:05.9
1652	961/1452	125/202	2280	Margaret Luebcke	F	26	Lincoln	NE	1709	10:33	01:12:45.2	1612	11:17	01:14:00.0	02:26:45.2	10:55	02:23:06.4
1653	962/1452	238/322	3269	Angie Mcgill	F	37	Prague	NE	1504	10:03	01:09:07.8	1735	11:47	01:17:17.3	02:26:25.2	10:55	02:23:07.6
1654	963/1452	126/202	215	Micaela Lewis	F	26	Lincoln	NE	1690	10:34	01:12:03.3	1602	11:16	01:13:50.7	02:25:54.1	10:55	02:23:08.4
1655	692/805	91/109	217	Christopher Lewis	M	25	Lincoln	NE	1691	10:35	01:12:03.9	1600	11:16	01:13:50.4	02:25:54.4	10:55	02:23:10.2
1656	964/1452	152/219	2360	Brenda Alberts	F	42	Axtell	NE	1445	10:00	01:08:14.7	1751	11:51	01:17:40.4	02:25:55.2	10:55	02:23:11.9

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1657	965/1452	153/219	1801	Pam Rademacher	F	42	Lincoln	NE	1605	10:23	01:10:45.8	1647	11:28	01:15:10.6	02:25:56.5	10:55	02:23:13.0
1658	966/1452	205/293	500	Amanda Kuta	F	34	Lincoln	NE	1746	10:49	01:13:33.7	1534	11:02	01:12:20.7	02:25:54.5	10:55	02:23:17.6
1659	967/1452	24/41	3150	Ann Hegstrom	F	58	De Soto	IA	1735	10:47	01:13:09.7	1548	11:05	01:12:39.9	02:25:49.7	10:56	02:23:19.5
1660	693/805	92/109	272	Lance Evans	M	27	Lincoln	NE	1389	9:53	01:07:23.5	1777	12:00	01:18:36.1	02:25:59.7	10:56	02:23:23.9
1661	968/1452	55/90	2892	Dayna Conow	F	51	Lincoln	NE	1589	10:13	01:10:34.8	1702	11:40	01:16:25.8	02:27:00.6	10:56	02:23:26.1
1662	969/1452	239/322	1917	Renae Wirth	F	37	Omaha	NE	1534	10:13	01:09:38.6	1704	11:40	01:16:29.2	02:26:07.9	10:56	02:23:29.9
1663	970/1452	154/219	2919	Dalayne Spier	F	44	Madison	SD	1805	10:49	01:14:20.8	1547	11:05	01:12:38.7	02:26:59.6	10:56	02:23:31.4
1664	971/1452	127/202	2915	Lia Eastman	F	29	Sioux Falls	SD	1806	10:49	01:14:21.2	1546	11:05	01:12:38.3	02:26:59.6	10:57	02:23:34.7
1665	972/1452	56/90	2275	Kathy Krienert	F	50	Fairmont	NE	1558	10:19	01:10:01.8	1684	11:36	01:16:00.1	02:26:01.9	10:57	02:23:36.2
1666	694/805	65/73	3095	David Weaver	M	53	Omaha	NE	1599	10:17	01:10:39.6	1695	11:38	01:16:15.3	02:26:55.0	10:57	02:23:38.5
1667	695/805	93/109	3087	Taylor Thomas	M	27	Lincoln	NE	1601	10:16	01:10:40.9	1696	11:38	01:16:17.9	02:26:58.8	10:57	02:23:39.0
1668	973/1452	128/202	3327	Emily Campbell	F	28	Lincoln	NE	1591	10:16	01:10:36.3	1700	11:39	01:16:22.6	02:26:58.9	10:57	02:23:39.7
1669	696/805	23/27	3158	David Bailey	M	23	Omaha	NE	1590	10:16	01:10:36.2	1701	11:39	01:16:23.3	02:26:59.6	10:57	02:23:40.6
1670	697/805	98/116	2058	Ken Koop	M	43	Lincoln	NE	1518	10:04	01:09:24.2	1750	11:51	01:17:40.2	02:27:04.5	10:57	02:23:41.0
1671	698/805	66/73	2660	Bill Bolmeier	M	54	Omaha	NE	1900	11:11	01:17:15.9	1435	10:44	01:10:22.9	02:27:38.8	10:57	02:23:43.4
1672	974/1452	62/100	3080	Caitlin Weaver	F	24	Lincoln	NE	1600	10:17	01:10:40.9	1697	11:39	01:16:18.5	02:26:59.4	10:57	02:23:43.8
1673	975/1452	129/202	620	Molly Manning	F	25	Omaha	NE	1547	10:22	01:09:51.5	1679	11:35	01:15:55.6	02:25:47.2	10:58	02:23:50.9
1674	976/1452	206/293	1397	Katie Becker	F	34	Lincoln	NE	1713	10:36	01:12:46.6	1623	11:21	01:14:23.7	02:27:10.3	10:58	02:23:55.0
1675	977/1452	207/293	3310	Jessica Fauss	F	33	Omaha	NE	1845	11:02	01:15:22.4	1505	10:56	01:11:36.9	02:26:59.4	10:58	02:23:57.0
1676	978/1452	63/100	1139	Whitney Franklin	F	24	Omaha	NE	1362	10:03	01:06:29.8	1766	11:55	01:18:08.7	02:24:38.6	10:59	02:24:00.9
1677	979/1452	208/293	123	Ashley Garey	F	30	Lincoln	NE	1612	10:29	01:10:53.9	1651	11:29	01:15:17.7	02:26:11.7	10:59	02:24:01.9
1678	980/1452	240/322	3035	Shelly Haiar	F	35	Omaha	NE	1688	10:31	01:12:02.9	1653	11:29	01:15:19.4	02:27:22.4	11:00	02:24:13.9
1679	981/1452	155/219	1953	Anne Kitten	F	44	Lincoln	NE	1593	10:22	01:10:37.3	1698	11:39	01:16:20.0	02:26:57.3	11:00	02:24:16.6
1680	982/1452	209/293	3037	Bobbi Heffelfinger	F	32	Omaha	NE	1689	10:31	01:12:03.1	1652	11:29	01:15:19.1	02:27:22.3	11:00	02:24:17.4
1681	983/1452	156/219	3142	Jo Wilson	F	44	Missouri Valley	IA	1659	10:27	01:11:45.3	1676	11:34	01:15:50.3	02:27:35.7	11:00	02:24:20.4
1682	984/1452	157/219	2204	Kim Harris	F	44	Bellevue	NE	1579	10:27	01:10:26.5	1674	11:34	01:15:49.1	02:26:15.6	11:00	02:24:20.9
1683	699/805	25/30	2877	Tom Guck	M	63	Omaha	NE	1300	9:50	01:05:41.6	1817	12:12	01:19:56.9	02:25:38.5	11:00	02:24:21.7
1684	985/1452	130/202	927	Kayla Pottebaum	F	27	Omaha	NE	1550	10:12	01:09:52.5	1746	11:50	01:17:33.0	02:27:25.6	11:01	02:24:25.1
1685	986/1452	131/202	1793	Nicole Miksch	F	26	Elkhorn	NE	1813	10:48	01:14:32.8	1595	11:15	01:13:42.1	02:28:14.9	11:01	02:24:27.2
1686	987/1452	132/202	2764	Tami Thiesen	F	29	North Bend	NE	1459	10:18	01:08:36.1	1727	11:45	01:17:03.4	02:25:39.5	11:01	02:24:35.9
1687	988/1452	133/202	654	Kayla Torske	F	25	Lincoln	NE	1827	10:53	01:14:49.5	1575	11:10	01:13:13.6	02:28:03.2	11:01	02:24:36.4
1688	989/1452	64/100	655	Ashley Torske	F	22	Lincoln	NE	1828	10:53	01:14:49.5	1576	11:10	01:13:13.7	02:28:03.2	11:01	02:24:37.1
1689	990/1452	25/41	450	Karen Knap	F	57	Lincoln	NE	1647	10:33	01:11:38.3	1659	11:31	01:15:31.9	02:27:10.2	11:02	02:24:38.7
1690	991/1452	158/219	1640	Emily Koenig	F	41	Lincoln	NE	1702	10:34	01:12:33.8	1657	11:31	01:15:27.3	02:28:01.2	11:02	02:24:40.4
1691	700/805	46/58	351	Scott Schwisow	M	55	Beatrice	NE	1785	10:46	01:14:06.6	1616	11:18	01:14:06.3	02:28:12.9	11:02	02:24:42.2
1692	701/805	136/151	1198	Matt Bruch	M	35	Liberty	MO	1339	9:52	01:06:17.2	1821	12:13	01:20:04.1	02:26:21.4	11:02	02:24:44.7

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1693	702/805	137/151	2157	Jim Macdonald	M	38	Lincoln	NE	1883	11:10	01:16:47.1	1503	10:55	01:11:35.8	02:28:22.9	11:02	02:24:45.5
1694	992/1452	26/41	2860	Patti Fusselman	F	56	Lincoln	NE	1727	10:44	01:13:02.6	1629	11:22	01:14:29.3	02:27:31.9	11:02	02:24:49.7
1695	993/1452	65/100	1001	Anna Schmidt	F	23	Lincoln	NE	1321	9:50	01:05:53.9	1837	12:17	01:20:28.5	02:26:22.4	11:03	02:24:59.0
1696	994/1452	210/293	2560	Kelly Neemann	F	34	Lincoln	NV	1620	10:25	01:11:03.6	1722	11:43	01:16:48.9	02:27:52.5	11:03	02:25:03.3
1697	995/1452	211/293	2712	Kari Neemann	F	34	Papillion	NE	1621	10:25	01:11:04.6	1721	11:43	01:16:48.5	02:27:53.2	11:03	02:25:04.0
1698	703/805	67/73	3256	Robert Hrnicek	M	52	Seward	NE	1580	10:16	01:10:28.8	1755	11:52	01:17:47.8	02:28:16.6	11:04	02:25:04.4
1699	704/805	47/58	3125	Monte Froehlich	M	55	Lincoln	NE	1725	10:41	01:12:59.3	1643	11:27	01:15:00.9	02:28:00.3	11:04	02:25:05.9
1700	996/1452	241/322	1866	Jennifer Ramaekers	F	35	Lincoln	NE	1529	10:17	01:09:35.4	1749	11:51	01:17:39.2	02:27:14.6	11:04	02:25:06.4
1701	705/805	94/109	2305	Nate Johnsen	M	26	Omaha	NE	1756	10:51	01:13:49.8	1618	11:19	01:14:08.0	02:27:57.9	11:04	02:25:13.0
1702	706/805	48/58	2045	Chris Pro	M	58	Lincoln	NE	1568	10:22	01:10:16.4	1734	11:47	01:17:16.4	02:27:32.9	11:04	02:25:15.6
1703	997/1452	75/127	3027	Angela Penner	F	49	Lincoln	NE	1714	10:33	01:12:47.2	1690	11:37	01:16:09.3	02:28:56.6	11:05	02:25:19.8
1704	707/805	68/73	3471	Tom Nichting	M	53	Omaha	NE	1799	11:05	01:14:14.6	1551	11:06	01:12:44.7	02:26:59.4	11:05	02:25:20.7
1705	998/1452	212/293	2253	Jen Davidson	F	31	Lincoln	NE	1440	10:05	01:08:09.2	1794	12:05	01:19:15.1	02:27:24.4	11:05	02:25:21.2
1706	708/805	99/116	3447	Scott Hollman	M	42	Lincoln	NE	1744	10:47	01:13:30.5	1637	11:25	01:14:51.3	02:28:21.8	11:05	02:25:29.7
1707	999/1452	213/293	1726	Anne Fargen	F	34	Lincoln	NE	1791	10:47	01:14:08.1	1636	11:25	01:14:50.9	02:28:59.1	11:06	02:25:32.7
1708	709/805	67/77	2467	John Curry	M	49	Lincoln	NE	2031	12:05	01:21:45.8	1184	10:07	01:06:22.3	02:28:08.1	11:06	02:25:33.3
1709	710/805	126/136	488	Mathias Wendeln	M	31	Beatrice	NE	1602	10:14	01:10:41.8	1778	12:00	01:18:39.0	02:29:20.9	11:06	02:25:43.6
1710	711/805	49/58	692	Kelley Beasley	M	56	Lincoln	NE	1753	10:39	01:13:41.7	1681	11:35	01:15:55.9	02:29:37.7	11:07	02:25:47.9
1711	1000/1452	159/219	1739	Kari Braun	F	42	Hebron	NE	1586	10:23	01:10:33.5	1760	11:53	01:17:53.7	02:28:27.3	11:08	02:25:57.4
1712	1001/1452	214/293	3491	Katie Penas	F	31	Lincoln	NE	1555	10:03	01:09:57.8	1823	12:13	01:20:06.6	02:30:04.4	11:08	02:26:02.5
1713	1002/1452	66/100	1982	Shannon Winkler	F	24	Lincoln	NE	1766	10:57	01:14:00.6	1621	11:20	01:14:17.3	02:28:17.9	11:08	02:26:03.5
1714	712/805	95/109	724	Eric Price	M	26	Lincoln	NE	1649	10:30	01:11:38.3	1736	11:48	01:17:21.0	02:28:59.4	11:08	02:26:09.2
1715	1003/1452	215/293	3465	Dara Kelberlau	F	34	Lincoln	NE	1530	10:15	01:09:37.6	1789	12:04	01:19:05.1	02:28:42.7	11:09	02:26:17.8
1716	1004/1452	216/293	2454	Kelley Wilde	F	32	Sherwood	AR	1789	10:47	01:14:07.5	1661	11:32	01:15:35.9	02:29:43.5	11:09	02:26:18.2
1717	1005/1452	217/293	2011	Stephanie Fickenscher	F	30	Lincoln	NE	1790	10:47	01:14:07.7	1662	11:32	01:15:36.1	02:29:43.8	11:09	02:26:18.5
1718	1006/1452	160/219	1041	Heather Lantz	F	40	Lincoln	NE	1672	10:30	01:11:52.3	1742	11:49	01:17:27.5	02:29:19.8	11:09	02:26:19.3
1719	1007/1452	161/219	1766	Rebecca Senkbeil	F	44	Lincoln	NE	1728	10:38	01:13:04.3	1715	11:42	01:16:39.5	02:29:43.8	11:10	02:26:24.3
1720	1008/1452	57/90	632	Cyndi Mains	F	54	Waverly	NE	1544	10:13	01:09:49.9	1802	12:08	01:19:33.5	02:29:23.5	11:10	02:26:30.8
1721	1009/1452	218/293	1184	Kelly Terrell	F	30	Gothenburg	NE	2041	12:00	01:22:19.3	1292	10:22	01:07:54.4	02:30:13.7	11:10	02:26:31.8
1722	1010/1452	134/202	460	Amy Orth	F	26	Lincoln	NE	1676	10:27	01:11:55.7	1762	11:54	01:18:00.8	02:29:56.6	11:10	02:26:32.3
1723	1011/1452	162/219	141	Kimberly Jack	F	40	Lincoln	NE	1843	10:57	01:15:17.1	1634	11:25	01:14:48.3	02:30:05.4	11:10	02:26:32.9
1724	713/805	96/109	676	Ryan Gearhart	M	28	Lincoln	NE	1863	11:01	01:15:45.6	1624	11:21	01:14:25.1	02:30:10.7	11:10	02:26:35.3
1725	1012/1452	135/202	660	Missy Gearhart	F	27	Lincoln	NE	1866	11:01	01:15:47.2	1622	11:21	01:14:23.6	02:30:10.9	11:10	02:26:35.4
1726	714/805	68/77	3488	Bill Nunez	M	45	Lincoln	NE	1576	10:23	01:10:21.9	1776	11:59	01:18:33.4	02:28:55.4	11:11	02:26:36.9
1727	715/805	97/109	2555	Danny Martin	M	25	Omaha	NE	1640	10:40	01:11:25.4	1717	11:42	01:16:42.9	02:28:08.3	11:11	02:26:37.0
1728	1013/1452	76/127	1852	Didi Overton	F	48	Lincoln	NE	1720	10:35	01:12:50.1	1731	11:47	01:17:12.4	02:30:02.6	11:11	02:26:38.1

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1729	1014/1452	77/127	1773	Lynn Price	F	49	Roca	NE	1554	10:16	01:09:56.1	1796	12:07	01:19:22.2	02:29:18.4	11:11	02:26:39.4
1730	1015/1452	163/219	3084	Kathleen Sindt	F	42	Omaha	NE	1760	10:42	01:13:52.3	1708	11:41	01:16:34.6	02:30:26.9	11:11	02:26:41.6
1731	716/805	100/116	3091	Jon Sindt	M	41	Omaha	NE	1759	10:42	01:13:52.1	1709	11:41	01:16:34.8	02:30:26.9	11:11	02:26:43.2
1732	1016/1452	242/322	1988	Jane Stricker	F	37	Lincoln	NE	1775	10:46	01:14:04.2	1694	11:38	01:16:14.1	02:30:18.4	11:12	02:26:51.6
1733	1017/1452	58/90	2912	Jeanie Fitzgerald	F	50	Lincoln	NE	1740	10:40	01:13:22.1	1725	11:45	01:16:59.6	02:30:21.8	11:12	02:26:52.4
1734	1018/1452	59/90	2386	Diane Hawkins	F	50	Syracuse	NE	1922	11:14	01:17:34.8	1582	11:11	01:13:19.2	02:30:54.0	11:12	02:26:54.8
1735	717/805	69/77	958	Keith Sewell	M	47	Lincoln	NE	1635	10:30	01:11:13.4	1763	11:55	01:18:05.8	02:29:19.2	11:12	02:26:58.5
1736	1019/1452	164/219	2725	Mary Lea Free	F	43	Hickman	NE	1945	11:18	01:18:14.2	1560	11:08	01:13:01.0	02:31:15.3	11:13	02:27:02.6
1737	1020/1452	243/322	1200	Alicia Peters	F	36	Ft Calhoun	NE	1461	10:02	01:08:39.1	1856	12:24	01:21:17.2	02:29:56.4	11:13	02:27:02.7
1738	1021/1452	244/322	256	Jaime Manz	F	38	Wayne	NE	1460	10:02	01:08:38.8	1857	12:24	01:21:17.6	02:29:56.4	11:13	02:27:02.7
1739	1022/1452	60/90	1534	Beth Ackland	F	52	Martell	NE	1743	10:41	01:13:28.7	1726	11:45	01:17:02.6	02:30:31.4	11:13	02:27:04.0
1740	1023/1452	78/127	530	Chris Stungis	F	46	Omaha	NV	1498	10:16	01:09:05.8	1812	12:11	01:19:48.9	02:28:54.7	11:13	02:27:09.1
1741	718/805	26/30	2290	Charles Lewis	M	60	Lincoln	NE	1867	11:06	01:15:56.9	1625	11:21	01:14:26.1	02:30:23.1	11:13	02:27:11.7
1742	719/805	24/27	3527	Nathan Jungck	M	22	Lincoln	NE	1496	10:12	01:09:05.1	1832	12:15	01:20:20.7	02:29:25.9	11:13	02:27:14.3
1743	1024/1452	27/41	2317	Debbie Lewis	F	59	Lincoln	NE	1868	11:06	01:15:56.9	1628	11:22	01:14:28.3	02:30:25.3	11:13	02:27:15.3
1744	720/805	70/77	1013	Gregory Reicks	M	45	Lincoln	NE	1578	10:16	01:10:25.3	1818	12:12	01:20:00.8	02:30:26.2	11:14	02:27:16.5
1745	1025/1452	79/127	1005	Ann Thompson Reicks	F	47	Lincoln	NE	1577	10:16	01:10:24.8	1819	12:13	01:20:01.5	02:30:26.3	11:14	02:27:17.4
1746	1026/1452	136/202	3217	Maira Wentworth	F	28	Lincoln	NE	1892	11:11	01:17:04.3	1608	11:17	01:13:56.6	02:31:00.9	11:14	02:27:17.6
1747	1027/1452	61/90	2363	Donna Upton	F	50	Lincoln	NE	1798	10:47	01:14:14.4	1710	11:41	01:16:37.6	02:30:52.1	11:14	02:27:17.8
1748	1028/1452	137/202	1163	Ella Durham	F	28	Lincoln	NE	1893	11:12	01:17:04.5	1606	11:17	01:13:55.3	02:30:59.9	11:14	02:27:19.5
1749	1029/1452	245/322	2662	Elizabeth Kavan	F	36	Juniata	NE	1852	11:08	01:15:30.3	1626	11:21	01:14:26.6	02:29:56.9	11:14	02:27:22.0
1750	1030/1452	67/100	139	Heidi Noecker	F	24	Lincoln	NE	1571	10:22	01:10:20.1	1800	12:08	01:19:29.3	02:29:49.4	11:14	02:27:24.9
1751	1031/1452	62/90	1684	Peg Coover	F	50	Cairo	NE	1566	10:19	01:10:12.6	1811	12:11	01:19:48.7	02:30:01.3	11:14	02:27:28.1
1752	1032/1452	14/27	2351	Pat Hammond	F	62	Lincoln	NE	1817	10:55	01:14:34.6	1682	11:35	01:15:56.5	02:30:31.2	11:15	02:27:30.7
1753	1033/1452	246/322	3539	Heather Morrow	F	35	Holland	NE	1733	10:37	01:13:08.1	1759	11:53	01:17:53.1	02:31:01.2	11:15	02:27:31.6
1754	1034/1452	68/100	886	Jaycie Vanderbeek	F	24	Lincoln	NE	1485	10:17	01:08:56.6	1822	12:13	01:20:05.6	02:29:02.3	11:15	02:27:31.6
1755	1035/1452	219/293	3554	Brooklynne Rosado	F	33	La Vista	NE	1810	10:49	01:14:28.9	1707	11:41	01:16:34.5	02:31:03.4	11:15	02:27:31.6
1756	1036/1452	220/293	2102	Julie Schiltz	F	32	Lincoln	NE	1726	10:42	01:13:01.1	1739	11:49	01:17:26.3	02:30:27.4	11:15	02:27:35.9
1757	721/805	138/151	138	Jeff Erb	M	36	Lincoln	NE	1704	10:36	01:12:37.3	1768	11:55	01:18:09.4	02:30:46.8	11:15	02:27:41.0
1758	1037/1452	247/322	3149	Natalie Erb	F	36	Lincoln	NE	1705	10:37	01:12:37.3	1764	11:55	01:18:07.9	02:30:45.2	11:15	02:27:41.6
1759	722/805	101/116	1564	Brandon Webb	M	44	Lincoln	NE	1456	10:09	01:08:28.5	1858	12:24	01:21:17.8	02:29:46.4	11:16	02:27:50.5
1760	1038/1452	2/7	2318	Carol Anderson	F	65	Lincoln	NE	1768	10:47	01:14:02.2	1730	11:47	01:17:11.8	02:31:14.1	11:16	02:27:51.4
1761	1039/1452	138/202	1643	Megan Baldonado	F	28	Omaha	NE	1678	10:42	01:11:57.3	1754	11:52	01:17:45.3	02:29:42.6	11:16	02:27:53.2
1762	1040/1452	248/322	1344	Jessica Lafollette	F	38	Syracuse	NE	1711	10:35	01:12:45.8	1774	11:59	01:18:32.7	02:31:18.5	11:16	02:27:54.2
1763	1041/1452	139/202	1931	Morgan Yardley	F	28	Ashland	NE	1679	10:42	01:11:57.3	1753	11:52	01:17:45.1	02:29:42.4	11:17	02:27:55.6
1764	1042/1452	221/293	3291	Natalie Lenzen	F	31	Omaha	NE	1731	10:38	01:13:06.5	1770	11:56	01:18:14.4	02:31:20.9	11:17	02:27:58.7

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1765	1043/1452	63/90	1598	Julie Meyer	F	54	Lincoln	NE	1765	10:48	01:14:00.3	1732	11:47	01:17:13.6	02:31:13.9	11:17	02:28:00.6
1766	723/805	98/109	1705	Chris Zaleski	M	27	Omaha	NE	1553	10:19	01:09:54.9	1843	12:18	01:20:36.6	02:30:31.6	11:18	02:28:16.2
1767	1044/1452	165/219	2875	Heather Sejkora	F	41	Cortland	NE	1706	10:45	01:12:38.7	1761	11:53	01:17:54.6	02:30:33.4	11:19	02:28:21.9
1768	1045/1452	166/219	2644	Stacey Centarri	F	44	Omaha	NE	1834	10:57	01:14:58.8	1720	11:43	01:16:46.6	02:31:45.4	11:19	02:28:33.6
1769	1046/1452	222/293	1963	Brandy Johnson	F	32	Lincoln	NE	1865	11:02	01:15:46.4	1693	11:38	01:16:14.1	02:32:00.5	11:20	02:28:36.6
1770	1047/1452	223/293	3300	Jill Redmond	F	34	West Point	NE	1917	11:12	01:17:30.3	1648	11:28	01:15:11.5	02:32:41.8	11:20	02:28:38.6
1771	724/805	102/116	3503	Matt Mundorf	M	44	Lincoln	NE	1864	10:58	01:15:45.8	1718	11:42	01:16:43.0	02:32:28.8	11:20	02:28:38.7
1772	1048/1452	249/322	2479	Shannon Wakeley	F	36	Lincoln	NE	1918	11:12	01:17:30.5	1649	11:29	01:15:13.6	02:32:44.1	11:20	02:28:41.6
1773	1049/1452	28/41	1995	Kristin Foley	F	59	Waco	NE	1598	10:25	01:10:39.6	1836	12:17	01:20:28.2	02:31:07.8	11:20	02:28:43.5
1774	1050/1452	80/127	3313	Lonnie Gibson	F	49	Omaha	NE	1836	11:09	01:15:01.9	1668	11:33	01:15:40.4	02:30:42.3	11:21	02:28:47.9
1775	1051/1452	140/202	2364	Kristin Syde	F	29	Lincoln	NE	1687	10:36	01:12:01.7	1798	12:07	01:19:27.6	02:31:29.4	11:21	02:28:53.7
1776	725/805	99/109	2371	Dan Syde	M	29	Lincoln	NE	1686	10:36	01:12:01.5	1799	12:07	01:19:28.0	02:31:29.6	11:21	02:28:54.9
1777	1052/1452	64/90	2654	Debra O'brien	F	52	Lincoln	NE	1882	11:10	01:16:41.2	1670	11:33	01:15:41.1	02:32:22.3	11:21	02:28:55.3
1778	726/805	5/5	904	Avery Pickering	M	66	Lincoln	NE	1631	10:22	01:11:10.8	1851	12:21	01:20:56.3	02:32:07.2	11:21	02:28:55.9
1779	1053/1452	250/322	1600	Natalya Young	F	36	Lincoln	NE	1617	10:40	01:11:01.6	1788	12:04	01:19:04.1	02:30:05.7	11:21	02:28:56.9
1780	727/805	69/73	2533	Dennis Martin	M	54	Lincoln	NE	1573	10:16	01:10:21.1	1866	12:28	01:21:39.4	02:32:00.5	11:21	02:28:58.2
1781	728/805	50/58	2707	Sam Schlueter	M	55	Hastings	NE	1594	10:19	01:10:38.4	1860	12:24	01:21:18.4	02:31:56.9	11:21	02:28:58.3
1782	1054/1452	65/90	2705	Tam Schlueter	F	53	Hastings	NE	1596	10:20	01:10:38.6	1859	12:24	01:21:18.0	02:31:56.7	11:21	02:28:59.0
1783	1055/1452	167/219	255	Wendy Mar	F	40	Lincoln	NE	1622	10:28	01:11:05.8	1840	12:18	01:20:33.9	02:31:39.8	11:22	02:29:08.6
1784	1056/1452	81/127	2050	Dawn Jensen	F	48	Lincoln	NE	1584	10:14	01:10:31.5	1872	12:32	01:22:08.3	02:32:39.8	11:22	02:29:12.0
1785	1057/1452	69/100	2824	Jincy Osborn	F	20	Mullen	NE	1661	10:28	01:11:47.5	1849	12:20	01:20:52.3	02:32:39.9	11:24	02:29:28.1
1786	729/805	51/58	2822	Daniel Osborn	M	59	Mullen	NE	1662	10:28	01:11:47.7	1848	12:20	01:20:52.3	02:32:40.1	11:24	02:29:28.7
1787	1058/1452	251/322	3453	Patti Lee	F	39	David City	NE	1641	10:38	01:11:31.8	1813	12:12	01:19:55.3	02:31:27.1	11:24	02:29:37.5
1788	730/805	100/109	2405	Jared Lahman	M	28	Omaha	NE	1495	10:11	01:09:05.1	1885	12:39	01:22:55.3	02:32:00.4	11:25	02:29:41.6
1789	731/805	127/136	597	Nate Miller	M	33	Lincoln	NE	1871	10:58	01:16:03.6	1757	11:53	01:17:50.5	02:33:54.2	11:25	02:29:44.9
1790	1059/1452	82/127	1011	Lana Tolbert	F	49	Lincoln	NE	1787	10:47	01:14:06.9	1786	12:04	01:19:03.5	02:33:10.4	11:25	02:29:45.1
1791	1060/1452	224/293	595	Laurie Miller	F	32	Lincoln	NE	1870	10:58	01:16:03.3	1758	11:53	01:17:50.6	02:33:53.9	11:25	02:29:45.1
1792	1061/1452	252/322	3048	Mary Riha	F	37	Omaha	NE	1903	11:11	01:17:20.7	1703	11:40	01:16:28.9	02:33:49.7	11:25	02:29:49.2
1793	1062/1452	141/202	3406	Katherine Martz	F	27	Lincoln	NE	1907	11:15	01:17:23.8	1687	11:37	01:16:06.6	02:33:30.5	11:26	02:29:53.9
1794	1063/1452	142/202	3416	Anna Wolfe	F	27	Kansas City	MO	1908	11:15	01:17:23.8	1688	11:37	01:16:06.6	02:33:30.5	11:26	02:29:54.2
1795	1064/1452	143/202	1948	Sierra Falter	F	27	Lincoln	NE	1911	11:16	01:17:25.5	1686	11:37	01:16:05.7	02:33:31.3	11:26	02:29:54.5
1796	1065/1452	29/41	3409	Shiela Quinn	F	55	Omaha	NE	1909	11:16	01:17:24.4	1689	11:37	01:16:06.7	02:33:31.1	11:26	02:29:56.8
1797	1066/1452	70/100	3304	Megan Foss	F	24	Lincoln	NE	1919	11:18	01:17:32.5	1680	11:35	01:15:55.9	02:33:28.4	11:26	02:29:57.1
1798	1067/1452	253/322	1778	Emily O'neill	F	35	Omaha	NE	1897	11:13	01:17:11.2	1705	11:40	01:16:30.8	02:33:42.1	11:26	02:30:01.8
1799	1068/1452	254/322	2588	Jessica Hatfield	F	35	Lincoln	NE	1861	10:59	01:15:43.7	1767	11:55	01:18:08.7	02:33:52.5	11:27	02:30:09.7
1800	1069/1452	225/293	2472	Lisa Haffey	F	31	Lincoln	NE	1860	10:59	01:15:43.7	1765	11:55	01:18:08.6	02:33:52.4	11:27	02:30:10.2

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1801	1070/1452	30/41	734	Donna Shear	F	59	Lincoln	NE	1757	10:45	01:13:50.9	1807	12:10	01:19:43.9	02:33:34.9	11:27	02:30:10.4
1802	1071/1452	71/100	2884	Ashton Mcdonald	F	24	Lincoln	NE	1511	10:14	01:09:18.6	1895	12:41	01:23:09.2	02:32:27.8	11:27	02:30:11.3
1803	1072/1452	168/219	3555	Amy Holst	F	43	Lincoln	NE	1930	11:21	01:17:58.5	1672	11:34	01:15:47.8	02:33:46.4	11:27	02:30:14.9
1804	1073/1452	255/322	1237	Julie Singh	F	36	Lincoln	NE	1811	10:47	01:14:29.1	1803	12:09	01:19:35.0	02:34:04.2	11:27	02:30:18.8
1805	1074/1452	83/127	863	Dena Noe	F	45	Lincoln	NE	1694	10:38	01:12:09.8	1842	12:18	01:20:36.5	02:32:46.3	11:28	02:30:20.6
1806	732/805	2/3	2879	Ken Katzer	M	72	Lincoln	NE	1788	10:59	01:14:07.1	1773	11:59	01:18:31.3	02:32:38.4	11:28	02:30:29.8
1807	733/805	103/116	3502	Kiran Poda	M	41	Lincoln	NE	1825	10:52	01:14:41.9	1795	12:06	01:19:19.3	02:34:01.3	11:28	02:30:30.9
1808	1075/1452	15/27	2140	Pat Golden	F	62	Lincoln	NE	1654	10:56	01:11:41.3	1780	12:02	01:18:50.0	02:30:31.4	11:28	02:30:31.4
1809	1076/1452	256/322	1294	Heather Mueller	F	37	Lincoln	NE	1881	11:07	01:16:37.5	1748	11:51	01:17:38.1	02:34:15.7	11:29	02:30:32.1
1810	1077/1452	66/90	103	Linda McClain	F	54	Fremont	NE	1838	11:02	01:15:12.5	1769	11:56	01:18:13.1	02:33:25.6	11:29	02:30:32.3
1811	1078/1452	226/293	1280	Kathryn Thompson	F	33	Lincoln	NE	1886	11:10	01:16:58.6	1741	11:49	01:17:26.9	02:34:25.5	11:29	02:30:37.0
1812	1079/1452	72/100	1755	Missy Lewis	F	22	Omaha	NE	2002	11:37	01:19:58.6	1630	11:22	01:14:29.9	02:34:28.6	11:29	02:30:37.4
1813	1080/1452	227/293	1449	Bridget Jedrzejczyk	F	34	Lincoln	NE	1887	11:10	01:16:58.6	1740	11:49	01:17:26.9	02:34:25.5	11:29	02:30:39.1
1814	734/805	128/136	2916	Tony Herrman	M	32	Hastings	NE	1857	11:02	01:15:36.3	1772	11:57	01:18:21.7	02:33:58.1	11:29	02:30:39.6
1815	1081/1452	228/293	2806	Erin Hussey	F	32	Lincoln	NE	1719	10:50	01:12:49.1	1805	12:09	01:19:39.1	02:32:28.2	11:29	02:30:42.7
1816	1082/1452	144/202	237	Katie Farritor	F	26	Lincoln	NE	1758	10:46	01:13:50.9	1824	12:14	01:20:09.4	02:34:00.4	11:29	02:30:45.0
1817	735/805	139/151	1952	Pablo Barbosa	M	36	Lincoln	NE	1742	10:47	01:13:26.3	1825	12:14	01:20:10.3	02:33:36.7	11:30	02:30:48.9
1818	1083/1452	257/322	494	Erica Duncan	F	38	Lincoln	NE	1859	11:10	01:15:43.5	1752	11:51	01:17:41.2	02:33:24.8	11:30	02:30:52.3
1819	1084/1452	145/202	303	Courtney Broman	F	28	Lincoln	NE	1979	11:37	01:19:42.1	1639	11:25	01:14:52.1	02:34:34.3	11:31	02:31:00.3
1820	1085/1452	146/202	2303	Hilary Hanigan	F	29	Lincoln	NE	1981	11:37	01:19:42.3	1638	11:25	01:14:51.8	02:34:34.2	11:31	02:31:00.6
1821	736/805	52/58	2148	Jon Large	M	57	Bennet	NE	1569	10:23	01:10:16.4	1890	12:40	01:23:02.9	02:33:19.4	11:31	02:31:04.1
1822	737/805	140/151	3223	Andrew Duey	M	36	Lincoln	NE	1833	10:56	01:14:57.6	1797	12:07	01:19:26.5	02:34:24.1	11:31	02:31:05.7
1823	1086/1452	147/202	1415	Emily Anderson	F	28	Omaha	NE	1986	11:38	01:19:47.8	1635	11:25	01:14:50.7	02:34:38.5	11:31	02:31:06.4
1824	1087/1452	148/202	3059	Ashley Mcbratney	F	29	Fremont	NE	1876	11:06	01:16:19.9	1771	11:57	01:18:20.8	02:34:40.8	11:31	02:31:07.4
1825	1088/1452	169/219	2283	Stacy Styskal	F	40	Lincoln	NE	1513	10:18	01:09:19.4	1912	12:45	01:23:35.2	02:32:54.7	11:31	02:31:07.9
1826	1089/1452	3/7	3521	Nancy Howard	F	69	Lincoln	NE	1987	11:38	01:19:48.3	1641	11:26	01:14:54.9	02:34:43.2	11:31	02:31:10.6
1827	738/805	70/73	2156	Steve Bartek	M	54	Lincoln	NE	1764	10:47	01:13:58.7	1841	12:18	01:20:34.5	02:34:33.3	11:32	02:31:16.3
1828	1090/1452	229/293	1835	Ella Vance	F	33	Laurel	NE	1869	11:06	01:16:01.6	1775	11:59	01:18:33.0	02:34:34.7	11:32	02:31:18.0
1829	1091/1452	230/293	3204	Elizabeth Waszgis	F	30	Omaha	NE	1938	11:20	01:18:10.5	1728	11:46	01:17:05.1	02:35:15.7	11:32	02:31:20.9
1830	739/805	101/109	1355	Brandon Paneitz	M	29	Lincoln	NE	1501	10:12	01:09:06.6	1927	12:54	01:24:32.8	02:33:39.4	11:33	02:31:25.1
1831	1092/1452	231/293	1696	Katherine Weimer	F	32	Omaha	NE	1939	11:20	01:18:10.7	1729	11:46	01:17:08.1	02:35:18.9	11:33	02:31:25.2
1832	1093/1452	170/219	1746	Melissa Bowen	F	41	Lincoln	NE	1921	11:17	01:17:34.6	1756	11:52	01:17:49.7	02:35:24.3	11:34	02:31:46.9
1833	740/805	25/27	347	Zachary Nielsen	M	24	Oxford	NE	1855	11:00	01:15:34.1	1810	12:10	01:19:46.0	02:35:20.1	11:34	02:31:49.8
1834	741/805	71/77	629	Kevin Nielsen	M	49	Oxford	NE	1854	11:00	01:15:33.5	1809	12:10	01:19:45.8	02:35:19.4	11:34	02:31:49.9
1835	1094/1452	171/219	2731	Kris Roper	F	42	Omaha	NE	1890	11:09	01:17:02.8	1784	12:03	01:19:01.9	02:36:04.8	11:36	02:32:06.5
1836	1095/1452	67/90	1854	Colleen Sweeney	F	53	Pawnee City	NE	1722	10:41	01:12:57.8	1875	12:33	01:22:14.7	02:35:12.5	11:36	02:32:14.7

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1837	1096/1452	258/322	2049	Charity Moody	F	35	Palmyra	NE	1724	10:41	01:12:58.5	1876	12:33	01:22:15.0	02:35:13.6	11:36	02:32:14.8
1838	1097/1452	259/322	3267	Jennifer Peters	F	35	Lincoln	NE	1839	10:53	01:15:13.8	1853	12:21	01:20:59.5	02:36:13.4	11:37	02:32:21.1
1839	742/805	141/151	3309	Mike Fauss	M	36	Omaha	NE	1846	11:02	01:15:22.4	1820	12:13	01:20:03.2	02:35:25.7	11:37	02:32:23.8
1840	1098/1452	149/202	3344	Becky Peters	F	27	Lincoln	NE	1777	10:43	01:14:04.8	1873	12:32	01:22:10.2	02:36:15.1	11:37	02:32:25.4
1841	1099/1452	232/293	1628	Molly Dudley	F	31	Adams	NE	1770	10:57	01:14:02.8	1845	12:18	01:20:38.5	02:34:41.4	11:37	02:32:26.6
1842	1100/1452	73/100	2213	Maggie Stollberg	F	24	Scribner	NE	2009	11:36	01:20:07.9	1711	11:42	01:16:38.2	02:36:46.2	11:38	02:32:41.7
1843	743/805	26/27	868	Derek Niewohner	M	24	Scribner	NE	2008	11:36	01:20:07.8	1713	11:42	01:16:38.4	02:36:46.3	11:39	02:32:43.6
1844	1101/1452	74/100	409	Morgan Braun	F	20	Lincoln	NE	1752	10:50	01:13:41.7	1867	12:28	01:21:44.2	02:35:25.9	11:39	02:32:43.8
1845	1102/1452	84/127	1427	Suzi Dearmont	F	46	Hickman	NE	1959	11:30	01:19:02.3	1737	11:49	01:17:25.1	02:36:27.4	11:39	02:32:46.5
1846	1103/1452	150/202	1327	Frances Hayes	F	29	Lincoln	NE	1795	10:46	01:14:11.6	1877	12:33	01:22:15.6	02:36:27.2	11:39	02:32:47.3
1847	1104/1452	68/90	454	Rhonda Weyenberg	F	50	Lincoln	NE	1858	11:02	01:15:40.1	1838	12:17	01:20:29.3	02:36:09.4	11:39	02:32:49.6
1848	1105/1452	69/90	1435	Shannon Petersen	F	52	Beatrice	NE	1899	11:16	01:17:13.7	1791	12:04	01:19:08.4	02:36:22.2	11:40	02:32:58.9
1849	1106/1452	4/7	3184	Lana Best	F	66	Topeka	KS	1835	11:06	01:15:01.3	1826	12:14	01:20:13.2	02:35:14.5	11:40	02:32:59.4
1850	1107/1452	151/202	1433	Leshah Stampler	F	26	Lincoln	NE	1898	11:16	01:17:12.8	1793	12:05	01:19:09.8	02:36:22.7	11:40	02:32:59.9
1851	1108/1452	85/127	1453	Amy Jurgens	F	47	Lincoln	NE	1701	10:38	01:12:31.4	1901	12:44	01:23:25.9	02:35:57.4	11:41	02:33:09.8
1852	1109/1452	172/219	1238	Beth Volin	F	44	Lincoln	NE	1700	10:38	01:12:30.6	1905	12:44	01:23:26.6	02:35:57.2	11:41	02:33:10.3
1853	744/805	102/109	2294	Tanner Finkhouse	M	26	Lincoln	NE	1685	10:28	01:12:00.5	1930	12:54	01:24:34.9	02:36:35.4	11:41	02:33:10.6
1854	1110/1452	70/90	104	Michele Peon-Casanova	F	50	Lincoln	NE	1665	10:47	01:11:48.5	1882	12:37	01:22:40.8	02:34:29.4	11:41	02:33:21.7
1855	745/805	129/136	473	Christopher Gorman	M	31	Lincoln	NE	1913	11:20	01:17:27.4	1792	12:05	01:19:08.9	02:36:36.4	11:42	02:33:28.0
1856	746/805	142/151	2247	Joe Niedbalski	M	35	Lincoln	NE	1408	10:05	01:07:48.5	1978	13:20	01:27:26.0	02:35:14.6	11:42	02:33:30.1
1857	1111/1452	86/127	1943	Kristine Smith Hahne	F	47	Lincoln	NE	1548	10:25	01:09:51.7	1946	13:01	01:25:17.9	02:35:09.6	11:42	02:33:33.8
1858	1112/1452	233/293	2138	Allison Werner	F	32	Omaha	NE	1751	10:45	01:13:41.5	1894	12:41	01:23:08.6	02:36:50.1	11:42	02:33:34.7
1859	1113/1452	71/90	1805	Cathy Clare	F	52	Lincoln	NE	1767	10:48	01:14:01.8	1886	12:40	01:23:00.5	02:37:02.3	11:44	02:33:48.8
1860	1114/1452	72/90	891	Suzan Manthey	F	54	Lincoln	NE	1695	10:39	01:12:10.8	1921	12:51	01:24:13.3	02:36:24.2	11:44	02:33:58.8
1861	747/805	143/151	2519	Jesse Scott	M	39	Omaha	NE	1948	11:23	01:18:23.4	1801	12:08	01:19:32.2	02:37:55.6	11:45	02:34:10.0
1862	748/805	104/116	2677	Jeff Scheer	M	41	Lincoln	NE	1609	10:17	01:10:50.6	1964	13:15	01:26:49.1	02:37:39.7	11:45	02:34:14.2
1863	1115/1452	173/219	3192	Linda Finney	F	41	Springfield	NE	1802	10:51	01:14:17.8	1896	12:41	01:23:09.5	02:37:27.3	11:46	02:34:16.5
1864	1116/1452	152/202	1469	Amanda Corcoran	F	28	Lincoln	NE	1523	10:15	01:09:28.5	1969	13:18	01:27:08.3	02:36:36.8	11:46	02:34:20.5
1865	1117/1452	260/322	2439	Katie Aldag	F	38	Lincoln	NE	1837	11:02	01:15:09.8	1874	12:32	01:22:11.3	02:37:21.2	11:47	02:34:30.4
1866	749/805	72/77	3144	Jeff Niedbalski	M	45	Lincoln	NE	1721	10:38	01:12:56.8	1938	12:57	01:24:51.2	02:37:48.1	11:47	02:34:30.8
1867	750/805	71/73	1250	Scot Morrison	M	54	Lincoln	NE	1737	10:38	01:13:16.4	1940	12:57	01:24:55.2	02:38:11.7	11:47	02:34:36.1
1868	1118/1452	87/127	711	Becky Sudik	F	48	Lincoln	NE	1807	10:53	01:14:22.8	1909	12:45	01:23:32.3	02:37:55.2	11:49	02:34:55.9
1869	1119/1452	88/127	1373	Debbie Barry	F	48	Weston	NE	1808	10:54	01:14:23.6	1908	12:45	01:23:32.1	02:37:55.8	11:49	02:34:56.0
1870	1120/1452	75/100	2540	Haley Fudge	F	21	Ashland	NE	1820	10:54	01:14:37.8	1910	12:45	01:23:35.0	02:38:12.9	11:49	02:35:01.9
1871	1121/1452	261/322	2523	Ally Miller	F	38	Ashland	NE	1819	10:54	01:14:37.5	1911	12:45	01:23:35.2	02:38:12.7	11:49	02:35:02.4
1872	1122/1452	174/219	3154	Jessica Greenwald	F	41	Lincoln	NE	1778	10:58	01:14:05.2	1898	12:42	01:23:11.9	02:37:17.2	11:49	02:35:02.7

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1873	1123/1452	16/27	678	Diane Lerch	F	61	Lincoln	NE	1856	11:20	01:15:34.6	1850	12:21	01:20:54.6	02:36:29.2	11:50	02:35:10.5
1874	1124/1452	234/293	1152	Kaitlyn Bright	F	33	Lincoln	NE	1696	10:51	01:12:15.3	1918	12:50	01:24:06.6	02:36:21.9	11:50	02:35:13.0
1875	1125/1452	175/219	2248	Laura Isaac	F	40	Ceresco	NE	1729	10:35	01:13:05.1	1952	13:07	01:25:55.0	02:39:00.1	11:50	02:35:16.3
1876	1126/1452	76/100	1128	Kristen Upp	F	23	Lincoln	NE	1912	11:21	01:17:26.3	1852	12:21	01:20:58.1	02:38:24.4	11:51	02:35:23.1
1877	1127/1452	262/322	330	Michelle Belsaas	F	37	Omaha	NE	1873	11:00	01:16:07.1	1900	12:43	01:23:23.8	02:39:30.9	11:51	02:35:29.0
1878	751/805	105/116	912	Josh Severin	M	41	Lincoln	NE	1824	10:55	01:14:41.7	1917	12:49	01:24:03.1	02:38:44.9	11:52	02:35:35.2
1879	1128/1452	73/90	925	Pam Rasmussen	F	54	Ceresco	NE	1957	11:30	01:18:49.9	1835	12:16	01:20:24.6	02:39:14.6	11:52	02:35:45.8
1880	752/805	106/116	1066	Joey Svehla	M	41	Lincoln	NE	1385	9:44	01:07:07.8	2064	14:03	01:32:02.5	02:39:10.4	11:53	02:35:48.5
1881	1129/1452	74/90	2208	Brenda Zingler	F	54	Lincoln	NE	1587	10:22	01:10:33.5	1987	13:25	01:27:55.2	02:38:28.8	11:53	02:35:50.7
1882	1130/1452	153/202	112	Kristi Mccarthy	F	28	Waukehsa	WI	1977	11:33	01:19:40.7	1830	12:15	01:20:18.4	02:39:59.2	11:54	02:35:59.8
1883	1131/1452	154/202	888	Sarah Anderson	F	28	Lincoln	NE	1976	11:33	01:19:40.7	1831	12:15	01:20:18.9	02:39:59.6	11:54	02:36:00.1
1884	1132/1452	77/100	2481	Kim Ellicott	F	24	Lincoln	NE	1611	10:33	01:10:51.8	1965	13:16	01:26:55.6	02:37:47.5	11:54	02:36:02.2
1885	1133/1452	235/293	147	Molly Jensen	F	31	Lincoln	NE	1960	11:34	01:19:06.6	1827	12:14	01:20:13.3	02:39:19.9	11:54	02:36:05.4
1886	1134/1452	263/322	2749	Christi Hoke	F	38	Manhattan	KS	1832	10:54	01:14:57.4	1935	12:56	01:24:45.1	02:39:42.5	11:54	02:36:10.8
1887	1135/1452	264/322	2906	Kara Burbach	F	35	Martell	NE	1889	11:13	01:16:59.8	1888	12:40	01:23:01.3	02:40:01.2	11:56	02:36:34.2
1888	1136/1452	265/322	2909	April Stone	F	35	Lincoln	NE	1888	11:13	01:16:59.3	1889	12:40	01:23:01.8	02:40:01.2	11:56	02:36:35.2
1889	1137/1452	155/202	2051	Racheal Slattery	F	29	Lincoln	NE	1926	11:28	01:17:54.6	1863	12:26	01:21:29.8	02:39:24.4	11:56	02:36:38.8
1890	1138/1452	236/293	2525	Kristi Lunzmann	F	30	Lincoln	NE	1927	11:28	01:17:54.6	1864	12:26	01:21:30.3	02:39:24.9	11:57	02:36:39.7
1891	753/805	107/116	3417	Kevin Hicks	M	44	La Vista	NE	1929	11:19	01:17:58.3	1881	12:35	01:22:29.2	02:40:27.6	11:57	02:36:41.1
1892	1139/1452	237/293	2526	Sarah Baumert	F	32	Bennet	NE	1851	11:08	01:15:29.8	1914	12:46	01:23:41.8	02:39:11.7	11:57	02:36:41.5
1893	1140/1452	156/202	3093	Gina Boltz	F	26	Kansas City	MO	1906	11:14	01:17:23.4	1892	12:41	01:23:07.7	02:40:31.2	11:57	02:36:43.5
1894	1141/1452	266/322	2068	Allison Boltz	F	35	Lincoln	NE	1905	11:14	01:17:23.4	1893	12:41	01:23:08.2	02:40:31.6	11:57	02:36:44.1
1895	1142/1452	238/293	1764	Michelle Mccarthy	F	33	Lincoln	NE	1812	10:59	01:14:31.1	1936	12:56	01:24:46.2	02:39:17.3	11:57	02:36:48.3
1896	1143/1452	239/293	2566	Tiffanie Glaser	F	30	Lincoln	NE	1941	11:20	01:18:11.8	1883	12:38	01:22:45.7	02:40:57.5	11:58	02:37:04.4
1897	754/805	108/116	2106	Neil Wingate	M	40	Phoenix	AZ	1565	10:18	01:10:11.2	2015	13:41	01:29:38.6	02:39:49.8	11:59	02:37:07.7
1898	1144/1452	157/202	2671	Rachael Middleton	F	25	Lincoln	NE	1875	11:06	01:16:17.9	1925	12:53	01:24:29.2	02:40:47.1	11:59	02:37:13.8
1899	1145/1452	158/202	1311	Jessica Meza	F	25	Lincoln	NE	1874	11:06	01:16:16.8	1926	12:54	01:24:30.3	02:40:47.1	11:59	02:37:16.7
1900	1146/1452	176/219	894	Carly Hunt	F	40	Lincoln	NE	2065	12:11	01:23:37.3	1743	11:49	01:17:29.9	02:41:07.3	11:59	02:37:18.3
1901	1147/1452	159/202	2592	Emily Pederson	F	29	Lincoln	NE	1933	11:27	01:18:02.8	1878	12:34	01:22:20.0	02:40:22.9	12:00	02:37:20.4
1902	1148/1452	240/293	1384	Jesi Dewitt	F	34	Omaha	NE	2066	12:11	01:23:37.3	1745	11:50	01:17:30.6	02:41:07.9	12:00	02:37:22.5
1903	1149/1452	267/322	1385	Julie Dierberger	F	35	Omaha	NE	2067	12:11	01:23:37.5	1744	11:50	01:17:30.5	02:41:08.1	12:00	02:37:22.6
1904	755/805	144/151	2097	Jared Stockwell	M	37	Grand Island	NE	1809	10:42	01:14:26.1	1972	13:19	01:27:16.2	02:41:42.3	12:00	02:37:25.7
1905	1150/1452	241/293	2871	Lexi Jensen	F	31	Shelton	NE	1996	11:38	01:19:52.9	1861	12:25	01:21:20.0	02:41:12.9	12:01	02:37:34.6
1906	1151/1452	89/127	3482	Karen Barnard	F	49	Lincoln	NE	1923	11:25	01:17:39.7	1897	12:42	01:23:11.1	02:40:50.8	12:03	02:37:59.2
1907	1152/1452	90/127	1796	Victoria Kovar	F	46	Lincoln	NE	1991	11:37	01:19:51.4	1870	12:30	01:21:58.2	02:41:49.7	12:03	02:38:06.1
1908	1153/1452	268/322	3497	Sara Gilliam	F	37	Lincoln	NE	1990	11:37	01:19:51.3	1869	12:30	01:21:57.5	02:41:48.9	12:03	02:38:08.7

The Good Life Haltsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1909	1154/1452	5/7	2437	Tabby Goodwater	F	65	Lincoln	NE	1992	11:41	01:19:52.1	1865	12:27	01:21:36.4	02:41:28.5	12:03	02:38:08.8
1910	1155/1452	177/219	2638	Kerri Duran	F	42	Firth	NE	2024	11:58	01:21:26.1	1816	12:12	01:19:55.5	02:41:21.7	12:05	02:38:24.1
1911	1156/1452	91/127	2656	Jill Armstrong	F	46	Firth	NE	2025	11:58	01:21:26.3	1815	12:12	01:19:55.3	02:41:21.7	12:05	02:38:24.2
1912	1157/1452	242/293	3061	Jackie Grotrian	F	33	Austin	TX	2109	12:41	01:26:54.8	1650	11:29	01:15:14.4	02:42:09.2	12:05	02:38:24.7
1913	1158/1452	243/293	2173	Jessica Fern	F	32	Lincoln	NE	2026	11:51	01:21:30.1	1846	12:19	01:20:45.4	02:42:15.5	12:05	02:38:27.4
1914	1159/1452	244/293	3247	Amy Forsythe	F	34	Council Bluffs	IA	2029	11:53	01:21:32.3	1844	12:18	01:20:38.1	02:42:10.4	12:05	02:38:30.9
1915	756/805	130/136	1081	Jeff Murman	M	34	Lincoln	NE	1562	10:19	01:10:07.5	2033	13:52	01:30:55.4	02:41:02.9	12:05	02:38:31.3
1916	1160/1452	78/100	2652	Samantha Menard	F	24	Grafton	NE	1928	11:31	01:17:55.5	1891	12:41	01:23:05.2	02:41:00.7	12:05	02:38:31.3
1917	757/805	103/109	2004	Nick Glanzer	M	29	Lincoln	NE	1680	10:32	01:11:57.3	2009	13:39	01:29:28.5	02:41:25.8	12:05	02:38:33.0
1918	758/805	104/109	2970	Colby Frey	M	27	Milford	NE	1677	10:32	01:11:56.2	2014	13:39	01:29:30.5	02:41:26.8	12:05	02:38:33.7
1919	1161/1452	178/219	2740	Tiffany Rohlfis	F	43	Omaha	NE	1937	11:23	01:18:07.9	1915	12:49	01:23:59.3	02:42:07.3	12:05	02:38:34.8
1920	1162/1452	269/322	3079	Kara Felton	F	39	Lincoln	NE	1821	10:53	01:14:38.7	1973	13:19	01:27:17.7	02:41:56.4	12:06	02:38:40.1
1921	1163/1452	270/322	646	Rachel Schlieve	F	37	Lincoln	NE	1934	11:30	01:18:03.4	1904	12:44	01:23:26.4	02:41:29.9	12:06	02:38:47.1
1922	1164/1452	271/322	943	Shannon Linder	F	39	Lincoln	NE	1936	11:30	01:18:03.8	1902	12:44	01:23:26.0	02:41:29.9	12:06	02:38:47.1
1923	1165/1452	179/219	621	Sheri Pfeil	F	42	Lincoln	NE	1935	11:30	01:18:03.8	1903	12:44	01:23:26.0	02:41:29.9	12:06	02:38:47.3
1924	1166/1452	160/202	2113	Ashlea Allberry	F	27	Lincoln	NE	1914	11:29	01:17:29.1	1907	12:45	01:23:32.1	02:41:01.2	12:07	02:38:50.8
1925	759/805	73/77	2728	Shawn McGill	M	46	Lincoln	NE	1969	11:47	01:19:38.2	1868	12:29	01:21:48.0	02:41:26.3	12:08	02:39:03.8
1926	1167/1452	161/202	2777	Heidi Thompson	F	27	Lincoln	NE	1999	11:46	01:19:54.7	1871	12:31	01:21:59.9	02:41:54.6	12:08	02:39:05.6
1927	1168/1452	245/293	2297	Heidi Couch	F	34	Mead	NE	1985	11:34	01:19:47.1	1899	12:43	01:23:23.4	02:43:10.5	12:08	02:39:10.1
1928	1169/1452	162/202	2428	Sarah Kugler	F	26	Lincoln	NE	1840	11:08	01:15:14.9	1956	13:10	01:26:20.4	02:41:35.3	12:09	02:39:20.0
1929	1170/1452	272/322	607	Jennifer Demuth	F	35	Hooper	NE	1847	11:01	01:15:24.5	1970	13:18	01:27:10.8	02:42:35.4	12:09	02:39:25.2
1930	1171/1452	246/293	1360	Mary Reynolds	F	34	Hooper	NE	1848	11:01	01:15:24.5	1971	13:18	01:27:10.9	02:42:35.5	12:09	02:39:25.6
1931	1172/1452	273/322	1655	Rebecca Wesch	F	39	Omaha	NE	1877	11:14	01:16:27.8	1953	13:07	01:25:55.3	02:42:23.2	12:10	02:39:30.7
1932	1173/1452	79/100	2029	Madison Deeds	F	20	Lincoln	NE	1556	10:29	01:09:59.2	2031	13:51	01:30:48.7	02:40:47.9	12:10	02:39:31.4
1933	760/805	145/151	2409	Will Ernest	M	35	Firth	NE	1771	10:58	01:14:03.2	1982	13:22	01:27:38.4	02:41:41.7	12:10	02:39:32.2
1934	1174/1452	75/90	2772	Kim Thompson	F	54	Raymond	NE	1998	11:46	01:19:54.5	1880	12:34	01:22:24.9	02:42:19.4	12:10	02:39:32.7
1935	1175/1452	274/322	2721	Cindy Napier	F	38	David City	NE	1895	11:10	01:17:07.8	1958	13:11	01:26:26.1	02:43:33.9	12:10	02:39:35.4
1936	761/805	27/30	1634	Joe Sweeney	M	61	Lincoln	NE	2049	12:10	01:22:33.2	1814	12:12	01:19:55.3	02:42:28.5	12:10	02:39:38.4
1937	1176/1452	163/202	774	Allison Bonander	F	26	Lincoln	NE	1953	11:20	01:18:29.5	1949	13:02	01:25:24.9	02:43:54.4	12:11	02:39:44.1
1938	1177/1452	92/127	3533	Melanie Anderson	F	46	Omaha	NE	2060	12:06	01:23:13.2	1839	12:17	01:20:29.9	02:43:43.1	12:11	02:39:45.9
1939	762/805	53/58	844	Mickey Muthersbaugh	M	57	Lincoln	NE	1947	11:33	01:18:16.6	1919	12:51	01:24:11.7	02:42:28.4	12:12	02:39:56.6
1940	1178/1452	80/100	2314	Brittany Johnsen	F	23	Lincoln	NE	1782	10:53	01:14:05.8	2001	13:32	01:28:41.2	02:42:47.1	12:12	02:40:04.2
1941	1179/1452	180/219	3207	Carmen Hinman	F	41	Fairbury	NE	1924	11:13	01:17:47.2	1962	13:14	01:26:44.4	02:44:31.7	12:13	02:40:15.7
1942	763/805	109/116	3311	David Churchill	M	43	Wilber	NE	1925	11:13	01:17:47.2	1963	13:14	01:26:44.6	02:44:31.9	12:13	02:40:16.9
1943	1180/1452	247/293	2443	Kristi Mitchell	F	34	Omaha	NE	1958	11:29	01:18:51.1	1943	12:58	01:25:01.4	02:43:52.5	12:13	02:40:19.9
1944	1181/1452	164/202	339	Lauren Jones	F	29	Omaha	NE	1815	11:00	01:14:34.4	1997	13:29	01:28:23.5	02:42:57.9	12:14	02:40:28.6

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1945	1182/1452	181/219	1232	Rayma Seipel	F	44	Lincoln	NE	1993	11:40	01:19:52.3	1916	12:49	01:24:00.6	02:43:52.9	12:14	02:40:30.1
1946	764/805	146/151	2788	Chris Allen	M	35	Lincoln	NE	1755	10:41	01:13:42.8	2026	13:48	01:30:28.3	02:44:11.2	12:14	02:40:33.3
1947	1183/1452	248/293	1659	Jen Roeber	F	33	Lincoln	NE	1989	11:36	01:19:50.3	1933	12:54	01:24:36.0	02:44:26.4	12:15	02:40:38.2
1948	1184/1452	81/100	3219	Lindsey Arneson	F	21	Nashua	IA	1940	11:35	01:18:11.5	1934	12:56	01:24:44.5	02:42:56.1	12:15	02:40:40.1
1949	1185/1452	275/322	1530	Angie Stueckrath	F	38	Lincoln	NE	2014	11:47	01:20:36.1	1906	12:45	01:23:31.5	02:44:07.6	12:15	02:40:43.1
1950	765/805	131/136	2585	Chris Erickson	M	33	Omaha	NE	2075	12:21	01:24:06.5	1808	12:10	01:19:45.1	02:43:51.7	12:15	02:40:44.9
1951	1186/1452	276/322	1521	Adie Schmit	F	36	Waverly	NE	2000	11:38	01:19:56.1	1932	12:54	01:24:35.5	02:44:31.7	12:15	02:40:48.1
1952	766/805	54/58	504	Doug Merriman	M	58	Lincoln	NE	1891	11:12	01:17:03.6	1975	13:20	01:27:24.5	02:44:28.2	12:16	02:40:50.6
1953	1187/1452	277/322	2766	Keri Homolka	F	36	Columbus	NE	2017	11:47	01:20:51.2	1913	12:46	01:23:39.0	02:44:30.2	12:16	02:40:50.7
1954	1188/1452	93/127	3218	Michelle Arneson	F	45	Nashua	IA	1942	11:35	01:18:11.8	1942	12:58	01:24:59.9	02:43:11.7	12:16	02:40:55.4
1955	1189/1452	17/27	2085	Sue Bollwitt	F	62	Lincoln	NE	1916	11:21	01:17:30.3	1959	13:13	01:26:34.4	02:44:04.7	12:16	02:41:01.2
1956	767/805	72/73	2123	James Anderson	M	52	Omaha	NE	2070	12:12	01:23:50.5	1855	12:23	01:21:08.4	02:44:59.0	12:17	02:41:08.8
1957	1190/1452	182/219	365	Jenny Unruh	F	40	Lincoln	NE	1862	11:10	01:15:44.5	1990	13:26	01:28:00.1	02:43:44.7	12:17	02:41:12.1
1958	1191/1452	249/293	1273	Dana Gill	F	31	Lincoln	NE	2055	12:02	01:22:48.8	1879	12:34	01:22:22.1	02:45:10.9	12:18	02:41:15.1
1959	768/805	105/109	2347	Derek Homan	M	25	Omaha	NE	1745	10:38	01:13:32.7	2055	13:59	01:31:41.9	02:45:14.7	12:18	02:41:26.4
1960	1192/1452	18/27	268	Janice Beethe	F	62	Burr	NE	1949	11:22	01:18:26.6	1966	13:16	01:26:57.0	02:45:23.6	12:18	02:41:27.3
1961	1193/1452	82/100	3016	Elise Warnke	F	24	Lincoln	NE	1964	11:30	01:19:24.6	1955	13:10	01:26:19.3	02:45:43.9	12:20	02:41:41.4
1962	1194/1452	165/202	2616	Brittany Novotny	F	26	Ashland	NE						02:44:53.9	12:20	02:41:44.5	
1963	769/805	55/58	1158	Gene Deyoe	M	59	Lincoln	NE	1967	11:42	01:19:37.6	1944	12:59	01:25:04.2	02:44:41.9	12:20	02:41:46.9
1964	1195/1452	83/100	456	Ally Lamb	F	24	Lincoln	NE	1879	11:16	01:16:35.5	1988	13:25	01:27:58.3	02:44:33.9	12:20	02:41:49.5
1965	1196/1452	84/100	457	Nicole Vaverek	F	24	Lincoln	NE	1880	11:16	01:16:35.5	1989	13:25	01:27:58.4	02:44:33.9	12:20	02:41:50.1
1966	1197/1452	166/202	631	Lisa Crawford	F	27	Lavista	NE	1994	11:40	01:19:52.5	1947	13:02	01:25:22.1	02:45:14.6	12:20	02:41:53.4
1967	1198/1452	167/202	3490	Nicole Kaye-Skinner	F	27	Lavista	NE	1995	11:40	01:19:52.8	1948	13:02	01:25:23.0	02:45:15.9	12:21	02:41:54.1
1968	1199/1452	278/322	1657	Erin Messersmith	F	36	Waverly	NE	1885	11:13	01:16:52.5	1995	13:29	01:28:22.2	02:45:14.7	12:21	02:41:55.8
1969	770/805	73/73	1772	Jeff King	M	51	Lincoln	NE	1842	11:05	01:15:16.3	2008	13:38	01:29:24.3	02:44:40.6	12:21	02:42:04.1
1970	1200/1452	279/322	1589	Tina Johnson	F	37	Woodbury	MN	2094	12:29	01:25:47.6	1829	12:15	01:20:16.0	02:46:03.6	12:22	02:42:07.1
1971	1201/1452	280/322	1732	Ginger Willson	F	38	Lincoln	NE	1984	11:34	01:19:47.1	1957	13:11	01:26:21.8	02:46:08.9	12:22	02:42:08.3
1972	1202/1452	19/27	1791	Kathy Kealy	F	62	Sutherland	NE	1920	11:24	01:17:33.7	1976	13:20	01:27:24.7	02:44:58.5	12:22	02:42:10.2
1973	1203/1452	76/90	400	Terri Dier	F	53	Lincoln	NE	1965	11:41	01:19:33.6	1950	13:03	01:25:34.2	02:45:07.9	12:22	02:42:11.2
1974	1204/1452	7/11	140	Mackenzie Martin	F	19	Lincoln	NE	1894	11:16	01:17:07.3	1996	13:29	01:28:23.0	02:45:30.4	12:22	02:42:15.0
1975	1205/1452	250/293	2664	Amanda Rucker	F	32	Omaha	NE	1826	11:07	01:14:46.4	2007	13:38	01:29:23.7	02:44:10.2	12:22	02:42:15.4
1976	1206/1452	77/90	1941	Margaret Niedbalski	F	52	Columbus	NE	2063	12:08	01:23:34.3	1884	12:38	01:22:47.4	02:46:21.7	12:23	02:42:22.2
1977	1207/1452	78/90	3443	Rochelle Dahlquist	F	50	Lincoln	NE	2007	11:53	01:20:06.9	1929	12:54	01:24:34.7	02:44:41.7	12:23	02:42:31.4
1978	1208/1452	85/100	2225	Katelyn Bright	F	22	Hickman	NE	1952	11:25	01:18:27.3	1983	13:23	01:27:40.9	02:46:08.3	12:23	02:42:32.0
1979	1209/1452	94/127	2129	Tammy Doran	F	46	Lincoln	NE	1644	10:33	01:11:34.5	2085	14:16	01:33:30.3	02:45:04.9	12:24	02:42:38.7
1980	1210/1452	168/202	2838	Crystal Ojeda	F	26	Lincoln	NE	1850	11:17	01:15:29.1	2003	13:33	01:28:45.8	02:44:14.9	12:24	02:42:44.8

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
1981	1211/1452	95/127	464	Deb Waechter	F	46	Lincoln	NE	2045	11:58	01:22:21.3	1923	12:53	01:24:26.5	02:46:47.9	12:25	02:42:53.7
1982	1212/1452	251/293	1177	Angela O'neal	F	34	Lincoln	NE	2068	12:12	01:23:45.4	1887	12:40	01:23:00.9	02:46:46.4	12:25	02:42:56.2
1983	1213/1452	281/322	476	Amy Gunn	F	35	Lincoln	NE	2046	11:58	01:22:21.4	1928	12:54	01:24:33.0	02:46:54.4	12:25	02:42:56.9
1984	1214/1452	252/293	366	Ashley Kumpula	F	32	Lincoln	NE	2047	11:58	01:22:21.6	1931	12:54	01:24:35.3	02:46:56.9	12:26	02:42:59.5
1985	1215/1452	169/202	2080	Megan Bollish	F	26	Lincoln	NE	1698	10:45	01:12:24.1	2069	14:08	01:32:35.0	02:44:59.1	12:26	02:43:01.9
1986	771/805	106/109	3410	Sean Stoner	M	27	Omaha	NE	1896	11:27	01:17:08.7	1992	13:26	01:28:01.5	02:45:10.3	12:26	02:43:06.9
1987	1216/1452	183/219	915	Rachel Balkovec	F	40	Omaha	NE	1988	11:37	01:19:48.6	1967	13:16	01:26:58.8	02:46:47.4	12:26	02:43:10.2
1988	1217/1452	96/127	2035	Denise Anderson	F	46	Pender	NE	2013	11:44	01:20:34.7	1954	13:09	01:26:13.8	02:46:48.6	12:26	02:43:10.8
1989	1218/1452	170/202	3354	Anna Walker	F	26	Lincoln	NE	2098	12:38	01:26:01.8	1833	12:16	01:20:21.5	02:46:23.4	12:26	02:43:12.1
1990	772/805	132/136	1138	Daniel Walker	M	34	Lincoln	NE	2097	12:39	01:26:01.6	1834	12:16	01:20:21.7	02:46:23.4	12:27	02:43:13.6
1991	1219/1452	184/219	1129	Renee Wanderscheid	F	43	Omaha	NE	1884	11:34	01:16:49.5	1981	13:22	01:27:36.6	02:44:26.1	12:27	02:43:22.5
1992	1220/1452	282/322	1525	Natalie Johnson	F	39	Lincoln	NE	1955	11:29	01:18:47.7	1993	13:27	01:28:07.6	02:46:55.3	12:28	02:43:26.9
1993	1221/1452	171/202	3131	Summer Froehlich	F	26	Lincoln	NE	1822	10:56	01:14:39.7	2063	14:02	01:31:55.2	02:46:34.9	12:28	02:43:36.3
1994	1222/1452	86/100	3137	Jasmine Froehlich	F	21	Lincoln	NE	1823	10:56	01:14:40.3	2061	14:01	01:31:54.6	02:46:34.9	12:28	02:43:37.1
1995	773/805	28/30	3321	Dave Rotherham	M	64	Lincoln	NE	2108	12:37	01:26:49.2	1854	12:22	01:21:03.6	02:47:52.8	12:29	02:43:46.6
1996	1223/1452	172/202	105	Brandie Hinkle	F	29	Lincoln	NE	1982	11:40	01:19:45.8	1980	13:22	01:27:34.8	02:47:20.7	12:30	02:44:03.8
1997	1224/1452	185/219	2968	Candice Phipps	F	42	Papillion	NE	2001	11:38	01:19:56.3	1991	13:26	01:28:00.8	02:47:57.2	12:31	02:44:14.0
1998	1225/1452	253/293	1921	Danielle Barbosa	F	31	Lincoln	NE	1841	11:04	01:15:16.3	2065	14:03	01:32:05.2	02:47:21.6	12:33	02:44:35.9
1999	1226/1452	186/219	2176	Amy Hobza	F	43	Lincoln	NE	2072	12:10	01:23:51.5	1939	12:57	01:24:53.0	02:48:44.6	12:33	02:44:39.4
2000	1227/1452	254/293	2393	Christy Young	F	33	Lincoln	NE	2073	12:11	01:23:55.2	1937	12:57	01:24:50.4	02:48:45.7	12:33	02:44:43.8
2001	774/805	133/136	1822	Wayne Divis	M	33	Lincoln	NE	1317	9:49	01:05:47.9	2176	15:19	01:40:23.9	02:46:11.9	12:34	02:44:46.4
2002	1228/1452	20/27	2947	Pat Franks	F	62	Lincoln	NE	2056	12:10	01:22:49.2	1945	13:00	01:25:10.0	02:47:59.3	12:34	02:44:54.7
2003	1229/1452	31/41	3128	Lisa Froehlich	F	55	Lincoln	NE	2010	11:49	01:20:24.2	1985	13:23	01:27:42.5	02:48:06.7	12:35	02:45:08.3
2004	1230/1452	187/219	2372	Monica Janssen	F	40	Lincoln	NE	2121	12:47	01:27:38.3	1862	12:26	01:21:29.1	02:49:07.4	12:36	02:45:13.7
2005	1231/1452	173/202	760	Becky Chambers	F	29	Omaha	NE	1814	11:00	01:14:33.2	2080	14:13	01:33:10.7	02:47:43.9	12:36	02:45:14.2
2006	1232/1452	174/202	763	Brianne Dacy	F	26	Bennington	NE	1816	11:00	01:14:34.5	2079	14:13	01:33:09.4	02:47:43.9	12:36	02:45:16.2
2007	1233/1452	175/202	2185	Stein Mach	F	28	Lincoln	NE	1915	11:29	01:17:29.5	2019	13:44	01:29:57.4	02:47:26.9	12:36	02:45:16.5
2008	1234/1452	8/11	2399	Tayce Debrie	F	19	Lincoln	NE	2030	11:53	01:21:42.2	1977	13:20	01:27:25.2	02:49:07.4	12:36	02:45:21.6
2009	1235/1452	188/219	2494	Margaret Otto	F	42	Lincoln	NE	2016	11:51	01:20:50.6	1984	13:23	01:27:42.0	02:48:32.6	12:36	02:45:22.8
2010	1236/1452	97/127	3510	Jeanne Schroeder	F	46	Malcolm	NE	1962	11:33	01:19:10.6	2016	13:42	01:29:44.8	02:48:55.5	12:37	02:45:24.2
2011	775/805	74/77	2476	Larry Zier	M	47	Omaha	NE	1542	10:36	01:09:49.3	2128	14:39	01:36:03.6	02:45:52.9	12:37	02:45:34.2
2012	1237/1452	189/219	2957	Holly Mann	F	41	Burwell	NE	2057	12:03	01:22:56.3	1960	13:13	01:26:38.6	02:49:34.9	12:37	02:45:35.4
2013	1238/1452	98/127	2496	Peggy Zier	F	45	Omaha	NE	1567	10:40	01:10:13.3	2122	14:36	01:35:39.6	02:45:52.9	12:37	02:45:35.4
2014	1239/1452	255/293	1652	Tiffany Buss	F	33	Lincoln	NE	1997	11:39	01:19:53.3	2006	13:38	01:29:19.0	02:49:12.4	12:38	02:45:39.2
2015	1240/1452	87/100	106	Sarah Barrett	F	23	Lincoln	NE	1975	11:42	01:19:40.5	2005	13:35	01:29:00.4	02:48:40.9	12:38	02:45:42.1
2016	1241/1452	283/322	2168	Robyn Mendenhall	F	36	Lincoln	NE	1961	11:27	01:19:10.6	2029	13:51	01:30:45.9	02:49:56.5	12:38	02:45:47.7

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2017	776/805	110/116	2177	Kevin Mendenhall	M	40	Lincoln	NE	1963	11:27	01:19:10.6	2030	13:51	01:30:46.0	02:49:56.7	12:38	02:45:48.2
2018	1242/1452	176/202	1484	Rachel Santo	F	27	Omaha	NE	1946	11:34	01:18:14.5	2022	13:46	01:30:15.6	02:48:30.1	12:40	02:46:03.3
2019	1243/1452	284/322	2750	Heather Maynard	F	36	Papillion	NE	2004	11:41	01:20:02.2	2012	13:39	01:29:29.6	02:49:31.9	12:40	02:46:05.1
2020	1244/1452	177/202	2008	Sarah Wesner	F	29	Omaha	NE	1944	11:34	01:18:14.1	2025	13:47	01:30:17.7	02:48:31.8	12:40	02:46:05.2
2021	1245/1452	190/219	538	Shona Kassebaum	F	42	Waverly	NE	2087	12:28	01:25:21.9	1941	12:58	01:24:58.6	02:50:20.5	12:42	02:46:38.7
2022	1246/1452	285/322	2849	Andrea Zeiler	F	36	Lincoln	NE	2039	11:59	01:22:15.5	1994	13:28	01:28:15.9	02:50:31.4	12:43	02:46:47.1
2023	1247/1452	191/219	2830	Leslie Zeman	F	40	Bassett	NE	1954	11:31	01:18:45.5	2040	13:56	01:31:21.5	02:50:07.1	12:43	02:46:50.0
2024	1248/1452	9/11	1913	Lindsey Celesky	F	18	Ceresco	NE	1983	11:35	01:19:46.8	2039	13:54	01:31:08.6	02:50:55.4	12:44	02:47:01.9
2025	1249/1452	99/127	1526	Mary Volkmer	F	49	Lincoln	NE	2106	12:38	01:26:39.1	1922	12:52	01:24:22.8	02:51:01.9	12:44	02:47:08.3
2026	777/805	3/3	3167	Michael Ortiz	M	70	Lincoln	NE	2003	11:37	01:20:00.2	2034	13:53	01:30:59.9	02:51:00.2	12:45	02:47:10.2
2027	1250/1452	79/90	211	Peg Pearson	F	50	Omaha	NE	1968	11:32	01:19:37.8	2052	13:59	01:31:36.4	02:51:14.3	12:45	02:47:10.5
2028	1251/1452	286/322	1537	Andrea Kabourek	F	37	Lincoln	NE	1972	11:32	01:19:38.9	2046	13:58	01:31:32.9	02:51:11.9	12:45	02:47:10.6
2029	1252/1452	287/322	10	Courtney Mann	F	36	Omaha	NE	1974	11:32	01:19:39.9	2048	13:58	01:31:34.1	02:51:14.1	12:45	02:47:11.4
2030	1253/1452	288/322	3600	Stephanie Randall	F	37	Lincoln	NE	1973	11:32	01:19:39.2	2050	13:58	01:31:35.2	02:51:14.5	12:45	02:47:12.1
2031	1254/1452	32/41	3541	Ann Ringlein	F	57	Lincoln	NE	1970	11:32	01:19:38.6	2049	13:58	01:31:35.1	02:51:13.7	12:45	02:47:12.9
2032	1255/1452	289/322	1702	Shelby Robinson	F	35	La Mesa	CA	1978	11:33	01:19:41.3	2045	13:58	01:31:32.5	02:51:13.8	12:45	02:47:13.0
2033	1256/1452	192/219	243	Ashley Wiles	F	40	Omaha	NE	1971	11:32	01:19:38.8	2051	13:59	01:31:35.5	02:51:14.4	12:45	02:47:13.5
2034	1257/1452	290/322	523	Keeley Nyman	F	35	Omaha	NE	2113	12:42	01:27:15.6	1920	12:51	01:24:11.8	02:51:27.4	12:46	02:47:23.7
2035	1258/1452	193/219	1432	Kristi Hulse	F	40	Firth	NE	2037	11:55	01:22:01.3	2013	13:39	01:29:30.1	02:51:31.4	12:47	02:47:35.0
2036	1259/1452	100/127	2091	Nancy Thompson	F	47	Lincoln	NE	2022	11:50	01:21:18.6	2023	13:46	01:30:16.7	02:51:35.3	12:48	02:47:48.8
2037	1260/1452	80/90	2861	Lori Giguere	F	51	Grand Island	NE	1966	11:34	01:19:35.6	2071	14:08	01:32:36.8	02:52:12.4	12:50	02:48:23.9
2038	1261/1452	178/202	3485	Courtney Breitreutz	F	28	Lincoln	NE	2138	12:49	01:28:14.1	1924	12:53	01:24:28.5	02:52:42.6	12:51	02:48:30.7
2039	1262/1452	256/293	463	Robyn Gonzales	F	31	Lincoln	NE	1931	11:36	01:17:59.3	2072	14:09	01:32:42.2	02:50:41.6	12:52	02:48:44.4
2040	1263/1452	257/293	653	Bryanne Schulz	F	34	Lincoln	NE	1932	11:36	01:17:59.6	2073	14:09	01:32:42.8	02:50:42.4	12:52	02:48:45.2
2041	1264/1452	291/322	3060	Shannon Grotrian	F	35	Syracuse	NE	2110	12:41	01:26:56.6	1951	13:04	01:25:38.0	02:52:34.7	12:52	02:48:47.4
2042	1265/1452	179/202	3288	Tiffany Trauernicht	F	25	Beatrice	NE	2019	11:48	01:21:06.1	2054	13:59	01:31:40.7	02:52:46.8	12:53	02:49:02.6
2043	1266/1452	258/293	3284	Michelle Denker	F	31	Adams	NE	2020	11:48	01:21:06.3	2053	13:59	01:31:39.5	02:52:45.8	12:53	02:49:03.2
2044	1267/1452	259/293	2768	Shannon Painter	F	31	Ainsworth	NE	1980	11:45	01:19:42.3	2066	14:04	01:32:08.3	02:51:50.6	12:54	02:49:10.3
2045	1268/1452	292/322	1175	Emily Killham	F	35	Lincoln	NE	2093	12:28	01:25:34.8	1979	13:22	01:27:33.8	02:53:08.6	12:54	02:49:18.7
2046	778/805	2/2	2209	Casey Downing	M	14	Omaha	NE	2012	11:42	01:20:32.3	2074	14:09	01:32:43.1	02:53:15.4	12:55	02:49:24.5
2047	1269/1452	101/127	2191	Patricia Downing	F	46	Omaha	NE	2011	11:42	01:20:31.8	2075	14:10	01:32:47.6	02:53:19.4	12:55	02:49:28.5
2048	1270/1452	260/293	2531	Beth Woitaszewski	F	30	Omaha	NE	2059	12:07	01:23:06.8	2020	13:45	01:30:04.8	02:53:11.7	12:55	02:49:31.9
2049	1271/1452	293/322	489	Amy Koehler	F	37	Omaha	NE	2058	12:07	01:23:06.7	2021	13:45	01:30:05.2	02:53:11.9	12:55	02:49:32.0
2050	1272/1452	261/293	537	Katy Thompson	F	30	Omaha	NE	2048	12:00	01:22:30.5	2038	13:54	01:31:04.1	02:53:34.6	12:56	02:49:43.5
2051	1273/1452	294/322	1590	Carmen Bachle	F	35	Lincoln	NE	1619	10:38	01:11:02.2	2174	15:18	01:40:19.2	02:51:21.4	12:58	02:49:58.9
2052	1274/1452	295/322	536	Cristy Anderson	F	38	Waverly	NE	2085	12:27	01:25:21.2	1998	13:30	01:28:26.2	02:53:47.4	12:58	02:50:03.3

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2053	1275/1452	296/322	1437	Jenni Smith	F	39	Waverly	NE	2086	12:27	01:25:21.2	1999	13:30	01:28:27.4	02:53:48.7	12:58	02:50:04.2
2054	1276/1452	88/100	2697	Kelsi Kohler	F	24	Omaha	NE	1943	11:24	01:18:13.3	2121	14:35	01:35:33.6	02:53:46.9	12:59	02:50:15.0
2055	1277/1452	21/27	266	Carolyn Volkmer	F	60	Syracuse	NE	2084	12:25	01:25:20.7	2004	13:33	01:28:51.4	02:54:12.2	12:59	02:50:15.6
2056	1278/1452	81/90	901	Michelle Poyer	F	54	Lincoln	NE	2021	11:56	01:21:11.3	2068	14:05	01:32:14.8	02:53:26.1	13:00	02:50:27.5
2057	1279/1452	262/293	1295	Christine Shank	F	31	Lincoln	NE	2042	12:00	01:22:19.6	2062	14:02	01:31:55.1	02:54:14.7	13:00	02:50:33.5
2058	1280/1452	263/293	1187	Abbi Hellbusch	F	30	Columbus	NE	2043	12:00	01:22:19.8	2060	14:01	01:31:54.5	02:54:14.3	13:00	02:50:35.8
2059	779/805	134/136	2499	Joey Meyer	M	34	Lincoln	NE	1902	11:30	01:17:20.3	2116	14:32	01:35:15.5	02:52:35.8	13:00	02:50:37.2
2060	1281/1452	264/293	2483	Ashley Meyer	F	31	Lincoln	NE	1904	11:30	01:17:20.9	2115	14:32	01:35:14.8	02:52:35.8	13:00	02:50:37.3
2061	1282/1452	102/127	3434	Terssa Markworth	F	48	Jackson	NE	1950	11:25	01:18:26.8	2137	14:46	01:36:43.4	02:55:10.3	13:05	02:51:34.1
2062	1283/1452	194/219	1678	Laurie Eacker	F	42	Lincoln	NE	2112	12:43	01:27:11.3	2000	13:30	01:28:27.8	02:55:39.1	13:06	02:51:47.4
2063	1284/1452	103/127	2690	Buffy Hsrrison	F	47	Lincoln	NE	2116	12:54	01:27:26.5	1974	13:19	01:27:18.4	02:54:44.9	13:06	02:51:50.0
2064	1285/1452	33/41	2809	Earlene Wulf	F	55	Central City	NE	2155	12:59	01:29:21.2	1961	13:14	01:26:44.3	02:56:05.6	13:06	02:51:51.0
2065	1286/1452	265/293	2773	Karin Maddox	F	33	Omaha	NE	2054	12:14	01:22:43.3	2056	14:00	01:31:43.1	02:54:26.4	13:06	02:51:51.0
2066	1287/1452	266/293	1660	Melissa Holder	F	32	Omaha	NE	2062	12:20	01:23:28.6	2035	13:53	01:31:00.3	02:54:28.9	13:06	02:51:51.4
2067	1288/1452	297/322	495	Kristi Johnson	F	37	Omaha	NE	2015	11:55	01:20:38.8	2094	14:23	01:34:15.4	02:54:54.2	13:08	02:52:19.5
2068	1289/1452	298/322	1353	Lynnett Panetiz	F	35	Lincoln	NE	2069	12:26	01:23:46.1	2032	13:52	01:30:50.2	02:54:36.3	13:08	02:52:22.7
2069	780/805	135/136	2704	Kenton Hicks	M	30	Omaha	NE	2006	11:51	01:20:03.2	2109	14:28	01:34:45.5	02:54:48.8	13:09	02:52:27.3
2070	1290/1452	195/219	2599	Shannon Dill	F	44	Papillion	NE	2005	11:51	01:20:03.2	2113	14:28	01:34:48.0	02:54:51.3	13:09	02:52:29.8
2071	1291/1452	34/41	2026	Kim Panko	F	57	Burr	NE	2161	13:03	01:29:28.3	1968	13:16	01:26:59.6	02:56:27.9	13:09	02:52:34.2
2072	1292/1452	196/219	2060	Stephanie Hansen	F	40	Omaha	MT	2051	12:01	01:22:40.5	2090	14:22	01:34:07.4	02:56:47.9	13:11	02:52:51.6
2073	781/805	75/77	2965	Jeff Hopkins	M	49	Omaha	NE	2053	12:01	01:22:41.5	2089	14:22	01:34:06.7	02:56:48.2	13:11	02:52:51.7
2074	1293/1452	104/127	2963	Pamela Hopkins	F	46	Omaha	NE	2052	12:01	01:22:41.1	2091	14:22	01:34:07.6	02:56:48.7	13:11	02:52:53.5
2075	1294/1452	197/219	2470	Tiffany Donahoe	F	40	Omaha	NE	2131	12:52	01:27:54.5	2002	13:32	01:28:42.8	02:56:37.3	13:11	02:53:02.0
2076	1295/1452	267/293	2260	Amanda Lee	F	33	Wahoo	NE	2018	11:45	01:20:58.3	2131	14:41	01:36:13.5	02:57:11.9	13:12	02:53:11.3
2077	1296/1452	180/202	670	Rebecca Spataro	F	25	Lincoln	NE	1956	11:44	01:18:49.3	2132	14:42	01:36:19.7	02:55:09.1	13:12	02:53:13.5
2078	1297/1452	198/219	564	Lynn Mach	F	43	Lincoln	NE	2124	12:47	01:27:41.7	2010	13:39	01:29:28.9	02:57:10.7	13:12	02:53:15.2
2079	1298/1452	105/127	2804	Carleen Barger	F	45	Lincoln	NE	2074	12:15	01:24:02.5	2077	14:11	01:32:56.3	02:56:58.9	13:13	02:53:17.1
2080	1299/1452	199/219	3138	Cyndi Tyler	F	43	Lincoln	NE	2125	12:47	01:27:41.7	2011	13:39	01:29:29.2	02:57:10.9	13:13	02:53:18.3
2081	1300/1452	6/7	2132	Jan Vrtiska	F	67	Lincoln	NE	2096	12:33	01:25:55.9	2036	13:54	01:31:03.3	02:56:59.2	13:13	02:53:18.5
2082	782/805	56/58	850	Jim Clouston	M	57	Lincoln	NE	2107	12:38	01:26:41.2	2027	13:49	01:30:31.1	02:57:12.4	13:13	02:53:20.4
2083	1301/1452	106/127	2223	Susan Steider	F	48	Lincoln	NE	2159	13:03	01:29:27.7	1986	13:24	01:27:49.6	02:57:17.3	13:13	02:53:20.8
2084	1302/1452	107/127	2459	Andra Schlosser	F	47	Omaha	NE						02:57:37.7	13:15	02:53:46.0	
2085	1303/1452	22/27	2153	Linda Kamble	F	63	Lincoln	NE	2061	12:08	01:23:22.7	2093	14:23	01:34:13.1	02:57:35.9	13:15	02:53:46.8
2086	783/805	111/116	3214	Terry Powers	M	44	Lincoln	NE	2038	12:03	01:22:04.1	2114	14:29	01:34:55.7	02:56:59.9	13:16	02:53:57.2
2087	1304/1452	268/293	2307	Adrian Walker	F	32	Lincoln	NE	2077	12:21	01:24:06.8	2078	14:12	01:33:00.9	02:57:07.7	13:16	02:54:00.1
2088	1305/1452	299/322	3448	Steffanie Kotik	F	38	Lincoln	NE	2044	12:01	01:22:21.1	2119	14:34	01:35:28.4	02:57:49.6	13:17	02:54:11.0

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2089	1306/1452	269/293	117	Karlette Yoder	F	32	Milford	NE	2033	11:56	01:21:50.9	2126	14:39	01:36:03.2	02:57:54.2	13:17	02:54:14.5
2090	1307/1452	108/127	1937	Barbara Rezac	F	49	Weston	NE	2050	12:21	01:22:38.8	2082	14:15	01:33:24.3	02:56:03.1	13:17	02:54:20.6
2091	1308/1452	181/202	116	Allison Policky	F	26	Milford	NE	2034	11:56	01:21:52.3	2130	14:40	01:36:08.8	02:58:01.2	13:18	02:54:21.4
2092	1309/1452	82/90	843	Carol Muthersbaugh	F	54	Lincoln	NE	2103	12:46	01:26:11.2	2037	13:54	01:31:03.7	02:57:14.9	13:19	02:54:42.2
2093	1310/1452	35/41	726	Barb Bohaty	F	55	Ceresco	NE	2115	12:54	01:27:26.3	2024	13:47	01:30:16.9	02:57:43.2	13:20	02:54:47.4
2094	784/805	147/151	809	Scott Smith	M	36	Omaha	NE	2132	12:59	01:28:00.3	2018	13:42	01:29:45.6	02:57:45.9	13:20	02:54:49.4
2095	1311/1452	182/202	1321	Madison Haugland	F	25	Omaha	NE	2133	12:59	01:28:00.3	2017	13:42	01:29:45.6	02:57:45.9	13:20	02:54:50.7
2096	1312/1452	10/11	2980	Madeleine Mower	F	17	Lincoln	NE	2076	12:26	01:24:06.5	2092	14:22	01:34:11.1	02:58:17.7	13:24	02:55:41.4
2097	785/805	112/116	2556	Darin Isaac	M	43	Ceresco	NE	1878	11:06	01:16:29.6	2186	15:44	01:43:07.5	02:59:37.2	13:24	02:55:52.4
2098	1313/1452	89/100	1310	Abbianne Burris	F	23	Lincoln	NE	2090	12:26	01:25:30.3	2095	14:24	01:34:22.0	02:59:52.4	13:25	02:55:54.1
2099	786/805	107/109	1301	Trey Buchholz	M	27	Lincoln	NE	2089	12:26	01:25:29.3	2097	14:24	01:34:23.3	02:59:52.7	13:25	02:55:54.8
2100	787/805	136/136	269	Mark Antonson	M	30	Lincoln	NE	2023	11:50	01:21:23.1	2150	15:02	01:38:34.4	02:59:57.5	13:26	02:56:07.3
2101	1314/1452	200/219	1704	Trina Krzycki	F	42	Lincoln	NE	2104	12:38	01:26:17.7	2083	14:16	01:33:27.0	02:59:44.7	13:26	02:56:13.9
2102	1315/1452	109/127	1334	Shelly Sullivan	F	49	Lincoln	NE	2091	12:27	01:25:31.2	2112	14:28	01:34:47.7	03:00:18.9	13:27	02:56:23.7
2103	1316/1452	270/293	1808	Emily Hoeller	F	32	Lincoln	NE	2092	12:27	01:25:31.3	2111	14:28	01:34:47.5	03:00:18.9	13:27	02:56:23.7
2104	1317/1452	300/322	1999	Sarah Somasegaran	F	37	Kansas City	MO	2028	11:58	01:21:31.6	2144	14:59	01:38:08.7	02:59:40.4	13:28	02:56:32.6
2105	1318/1452	271/293	1495	Shagun Somasegaran	F	34	Omaha	NE	2027	11:58	01:21:31.4	2145	14:59	01:38:08.9	02:59:40.4	13:28	02:56:32.9
2106	1319/1452	110/127	1848	Gina Miller	F	47	Lincoln	NE	2150	12:57	01:28:57.8	2057	14:00	01:31:48.2	03:00:46.1	13:28	02:56:38.8
2107	1320/1452	301/322	710	Erin Brinegar	F	37	Kearney	NE	2152	13:00	01:28:59.7	2044	13:58	01:31:31.7	03:00:31.5	13:28	02:56:41.7
2108	1321/1452	183/202	717	Brittney Rowse	F	25	Lincoln	NE	2168	13:07	01:30:02.8	2028	13:51	01:30:43.3	03:00:46.1	13:28	02:56:42.3
2109	1322/1452	302/322	3108	Stacy Peters	F	36	Kearney	NE	2151	13:00	01:28:58.6	2047	13:58	01:31:33.0	03:00:31.7	13:28	02:56:45.1
2110	1323/1452	184/202	1708	Rachel Wagner	F	26	Lincoln	NE	2105	12:37	01:26:20.3	2088	14:21	01:34:01.8	03:00:22.1	13:29	02:56:45.9
2111	1324/1452	201/219	427	Wendi Morrison	F	41	Omaha	NE	1951	11:31	01:18:27.3	2180	15:28	01:41:23.0	02:59:50.3	13:29	02:56:49.7
2112	1325/1452	90/100	2262	Jessica Wieseler	F	23	Omaha	NE	2137	12:55	01:28:09.5	2067	14:04	01:32:11.2	03:00:20.7	13:29	02:56:51.5
2113	1326/1452	83/90	2798	Angela Ruppert	F	53	Mccook	NE	2100	12:35	01:26:04.5	2104	14:26	01:34:34.7	03:00:39.2	13:30	02:57:01.4
2114	1327/1452	272/293	1933	Deanna Kelley	F	30	Lincoln	NE	2099	12:35	01:26:04.3	2105	14:26	01:34:35.1	03:00:39.4	13:30	02:57:01.9
2115	1328/1452	202/219	3353	Suszi Munson	F	40	Omaha	NE	2162	13:01	01:29:32.8	2059	14:01	01:31:53.0	03:01:25.9	13:30	02:57:10.1
2116	788/805	113/116	3352	Latigo Munson	M	40	Omaha	NE	2163	13:01	01:29:34.4	2058	14:01	01:31:51.3	03:01:25.7	13:30	02:57:10.2
2117	1329/1452	23/27	1722	Sue Krogman	F	60	Panama	NE	2088	12:38	01:25:29.0	2096	14:24	01:34:23.2	02:59:52.2	13:31	02:57:11.9
2118	1330/1452	185/202	777	Jamie Downing	F	28	Lincoln	NE	2111	12:39	01:27:00.3	2103	14:26	01:34:34.4	03:01:34.7	13:32	02:57:27.3
2119	1331/1452	303/322	3058	Alma Muhlecke	F	39	Gretna	NE	1901	11:11	01:17:18.5	2190	15:56	01:44:27.0	03:01:45.6	13:33	02:57:45.6
2120	1332/1452	36/41	3039	Sandy Donovan	F	59	Dubuque	IA	2247	16:20	01:51:11.3	1461	10:49	01:10:55.1	03:02:06.4	13:34	02:57:56.8
2121	789/805	57/58	3043	Ed Gau	M	57	Dubuque	IA	2248	16:20	01:51:11.7	1460	10:49	01:10:54.6	03:02:06.3	13:34	02:57:59.9
2122	1333/1452	273/293	1196	Bryn Johnson	F	30	Omaha	NE	2119	12:44	01:27:29.7	2101	14:25	01:34:31.7	03:02:01.5	13:34	02:58:00.0
2123	1334/1452	203/219	2101	Darla Havens	F	44	Portsmouth	IA	2064	12:13	01:23:35.6	2143	14:57	01:37:55.6	03:01:31.2	13:34	02:58:00.5
2124	1335/1452	91/100	1195	Kira Luxon	F	22	Omaha	NE	2118	12:44	01:27:29.5	2102	14:26	01:34:32.5	03:02:02.1	13:34	02:58:01.8

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2125	1336/1452	304/322	3301	Heather Sullivan	F	39	Lincoln	NE	2148	12:54	01:28:46.6	2086	14:16	01:33:31.5	03:02:18.2	13:34	02:58:02.6
2126	1337/1452	84/90	2863	Eddra Ritta	F	51	Hickman	NE	2129	12:47	01:27:50.1	2110	14:28	01:34:46.3	03:02:36.5	13:37	02:58:35.2
2127	1338/1452	204/219	835	Joedy Williams	F	42	Lincoln	NE	2139	12:53	01:28:16.3	2100	14:25	01:34:26.2	03:02:42.6	13:38	02:58:49.3
2128	1339/1452	186/202	1271	Margaret Wells	F	26	Lincoln	NE	2136	13:02	01:28:08.1	2084	14:16	01:33:28.5	03:01:36.7	13:38	02:58:51.4
2129	1340/1452	92/100	2848	Annie Bock	F	21	Beatrice	NE	2080	12:15	01:24:12.6	2154	15:04	01:38:43.2	03:02:55.9	13:39	02:59:03.5
2130	1341/1452	305/322	2686	Melissa Tvrdy	F	36	Lincoln	NE	2180	13:23	01:31:18.8	2042	13:57	01:31:26.3	03:02:45.2	13:40	02:59:11.0
2131	1342/1452	111/127	2418	Jo Smith	F	49	North Platte	NE	2140	13:08	01:28:17.8	2081	14:14	01:33:14.5	03:01:32.4	13:40	02:59:17.4
2132	1343/1452	187/202	1482	Stacy Williams	F	29	Lincoln	NE	2081	12:21	01:24:38.2	2149	15:02	01:38:28.4	03:03:06.7	13:41	02:59:25.2
2133	790/805	148/151	897	Michael Sloup	M	37	Columbus	NE	2153	13:03	01:29:03.1	2087	14:20	01:33:58.1	03:03:01.2	13:41	02:59:30.8
2134	1344/1452	93/100	3517	Katelyn Kunzman	F	21	Lincoln	NE	2101	12:40	01:26:05.6	2133	14:43	01:36:28.6	03:02:34.2	13:41	02:59:31.7
2135	1345/1452	188/202	3129	Amanda Treiber	F	29	Omaha	NE	2040	12:15	01:22:17.5	2165	15:10	01:39:21.5	03:01:39.1	13:42	02:59:36.0
2136	1346/1452	112/127	1057	Irene Williams	F	46	Lincoln	NE	2102	12:41	01:26:05.7	2134	14:44	01:36:31.3	03:02:37.1	13:42	02:59:36.7
2137	1347/1452	85/90	1497	Diane Shottenkirk	F	54	Lincoln	NE	2082	12:21	01:24:38.2	2153	15:04	01:38:43.2	03:03:21.4	13:42	02:59:39.7
2138	1348/1452	205/219	2030	Deanna Leyden	F	43	Lincoln	NE	2149	12:57	01:28:54.1	2118	14:33	01:35:23.0	03:04:17.2	13:45	03:00:15.3
2139	1349/1452	94/100	1954	Danika Leyden	F	22	Lincoln	NE	2147	12:56	01:28:46.2	2120	14:35	01:35:31.5	03:04:17.8	13:45	03:00:15.6
2140	1350/1452	95/100	2717	Jenn White	F	22	Minden - Ne	NE	2095	12:35	01:25:53.7	2146	15:00	01:38:16.4	03:04:10.1	13:47	03:00:44.2
2141	1351/1452	274/293	2296	Shirley Peng	F	30	Lincoln	NE	2126	12:56	01:27:44.3	2125	14:38	01:35:56.0	03:03:40.4	13:47	03:00:44.8
2142	1352/1452	189/202	2715	Carrie Botts	F	28	Lincoln	NE	2079	12:16	01:24:09.8	2175	15:19	01:40:23.9	03:04:33.7	13:47	03:00:49.1
2143	1353/1452	206/219	2170	Any Debrie	F	40	Lincoln	NE	2083	12:23	01:24:53.9	2170	15:13	01:39:45.6	03:04:39.6	13:47	03:00:52.9
2144	1354/1452	207/219	1408	Sandra Parr	F	41	Lincoln	NE	2134	12:59	01:28:00.6	2124	14:37	01:35:47.5	03:03:48.1	13:47	03:00:53.4
2145	1355/1452	306/322	3524	Jennifer Seamans	F	37	Lincoln	NE	2172	13:13	01:30:40.3	2099	14:24	01:34:24.2	03:05:04.6	13:48	03:01:03.3
2146	1356/1452	208/219	301	Renee Saxton	F	40	Lincoln	NE	2173	13:13	01:30:40.6	2098	14:24	01:34:24.1	03:05:04.7	13:48	03:01:03.5
2147	791/805	114/116	1924	Patrick McClure	M	44	Lincoln	NE	2035	12:12	01:21:53.9	2181	15:29	01:41:25.6	03:03:19.6	13:50	03:01:26.1
2148	1357/1452	86/90	1318	Tami Nagle	F	51	Lincoln	NE	2127	12:57	01:27:47.1	2136	14:45	01:36:39.7	03:04:26.8	13:50	03:01:32.0
2149	1358/1452	190/202	2666	Alissa Lorchick	F	29	Lincoln	NE	2177	13:16	01:31:05.3	2107	14:27	01:34:39.3	03:05:44.7	13:51	03:01:34.3
2150	792/805	108/109	2436	Ryan Lorchick	M	29	Lincoln	NE	2176	13:16	01:31:04.8	2108	14:27	01:34:41.0	03:05:45.9	13:51	03:01:35.6
2151	793/805	109/109	2710	Blaine Morse	M	28	Elkhorn	NE	2114	12:43	01:27:25.8	2148	15:01	01:38:21.6	03:05:47.5	13:51	03:01:44.0
2152	1359/1452	275/293	3111	Samantha Weyers	F	31	Lincoln	NE	2117	12:43	01:27:26.6	2147	15:00	01:38:21.1	03:05:47.7	13:51	03:01:45.2
2153	1360/1452	37/41	2376	Marcia White	F	55	Lincoln	NE	2165	13:04	01:29:47.8	2129	14:40	01:36:07.8	03:05:55.6	13:52	03:01:47.4
2154	1361/1452	191/202	3351	Lindsay Harrison	F	26	Omaha	NE	2128	12:53	01:27:47.8	2138	14:53	01:37:32.0	03:05:19.8	13:52	03:01:57.4
2155	1362/1452	209/219	1972	Laura Steele	F	40	Lincoln	NE	2146	13:15	01:28:44.4	2117	14:32	01:35:15.9	03:04:00.3	13:53	03:02:03.7
2156	1363/1452	276/293	822	Marissa Cody	F	31	Alliance	NE	2205	13:55	01:34:10.8	2043	13:57	01:31:26.4	03:05:37.2	13:55	03:02:36.5
2157	1364/1452	277/293	3496	Carrie Eckstein	F	31	Lincoln	NE	2170	13:13	01:30:35.1	2127	14:39	01:36:03.2	03:06:38.4	13:55	03:02:37.5
2158	1365/1452	3/3	1898	Linda Breen	F	73	Lincoln	NE	2207	13:56	01:34:13.8	2041	13:57	01:31:23.4	03:05:37.3	13:56	03:02:39.9
2159	1366/1452	113/127	405	Cindy Braun	F	45	Lincoln	NE	2071	12:23	01:23:51.1	2183	15:32	01:41:45.2	03:05:36.3	13:57	03:02:53.9
2160	1367/1452	307/322	1147	Valerie Vanderheiden	F	39	Springfield	NE	2036	12:09	01:21:54.3	2188	15:47	01:43:28.3	03:05:22.7	13:58	03:03:06.7

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Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2161	1368/1452	278/293	3361	Jennifer Trausch	F	33	Lincoln	NE	2184	13:20	01:31:28.8	2123	14:37	01:35:47.2	03:07:16.1	13:58	03:03:07.9
2162	1369/1452	279/293	3516	Ashley Larson	F	30	Lincoln	NE	2158	13:01	01:29:27.1	2142	14:56	01:37:49.3	03:07:16.5	13:58	03:03:08.9
2163	1370/1452	280/293	3515	Katie Guenther	F	32	Lincoln	NE	2160	13:01	01:29:27.7	2141	14:55	01:37:48.5	03:07:16.3	13:58	03:03:09.7
2164	1371/1452	210/219	819	Jamie Thill	F	41	Lincoln	NE	2206	13:55	01:34:13.2	2076	14:10	01:32:53.2	03:07:06.5	14:02	03:04:06.2
2165	794/805	13/13	1741	Ryan Stungis	M	17	Omaha	NE	2122	12:49	01:27:39.7	2173	15:17	01:40:10.9	03:07:50.7	14:03	03:04:11.8
2166	1372/1452	114/127	827	Kelly Fields	F	49	Lincoln	NE	2209	14:01	01:34:47.1	2070	14:08	01:32:35.5	03:07:22.6	14:04	03:04:25.8
2167	1373/1452	115/127	2382	Terri Scott	F	49	Omaha	NE	2154	13:02	01:29:06.3	2178	15:23	01:40:51.0	03:09:57.4	14:12	03:06:14.5
2168	795/805	76/77	2259	Derrick Vick	M	48	Lincoln	NE	2181	13:23	01:31:24.9	2152	15:04	01:38:42.8	03:10:07.8	14:13	03:06:26.2
2169	1374/1452	116/127	2158	Lori Vick	F	45	Lincoln	NE	2182	13:23	01:31:25.1	2151	15:04	01:38:42.4	03:10:07.6	14:13	03:06:26.3
2170	1375/1452	117/127	1654	Denise Moore	F	47	Lincoln	NE	2169	13:13	01:30:10.3	2171	15:14	01:39:48.8	03:09:59.2	14:13	03:06:29.4
2171	796/805	115/116	3397	Kurt Mantonya	M	44	Lincoln	NE	2178	13:16	01:31:07.3	2172	15:16	01:40:00.7	03:11:08.1	14:15	03:06:55.2
2172	1376/1452	87/90	2281	Maria Straley	F	54	Omaha	NE	2164	13:21	01:29:36.8	2167	15:12	01:39:37.3	03:09:14.2	14:16	03:07:08.6
2173	1377/1452	192/202	1239	Megan Shada	F	26	Lincoln	NE	2135	13:02	01:28:07.7	2184	15:32	01:41:46.6	03:09:54.3	14:16	03:07:09.7
2174	797/805	29/30	3412	Phil Tegeler	M	63	Lincoln	NE	2201	13:40	01:33:44.6	2140	14:55	01:37:44.6	03:11:29.2	14:17	03:07:22.0
2175	1378/1452	11/11	1666	Megan Schulte-Covert	F	16	Lincoln	NE	2188	13:25	01:32:01.5	2169	15:13	01:39:42.1	03:11:43.6	14:18	03:07:38.0
2176	1379/1452	211/219	1695	Shelly Covert	F	42	Lincoln	NE	2189	13:25	01:32:03.3	2168	15:13	01:39:41.0	03:11:44.4	14:18	03:07:38.0
2177	1380/1452	281/293	1582	Kellie Ellison	F	32	Lincoln	NE	2195	13:28	01:32:28.6	2166	15:12	01:39:36.5	03:12:05.1	14:19	03:07:50.8
2178	1381/1452	193/202	2038	Meagan Fredrikson	F	26	Dakota Dunes	SD	2196	13:35	01:33:00.5	2162	15:07	01:39:01.5	03:12:02.1	14:20	03:08:03.6
2179	1382/1452	96/100	1576	Emily Crotty	F	24	Lincoln	NE	2032	12:06	01:21:47.9	2219	16:37	01:48:51.9	03:10:39.8	14:21	03:08:12.0
2180	1383/1452	194/202	2096	Kiley Murphy	F	25	Lincoln	NE	2199	13:40	01:33:38.6	2156	15:04	01:38:44.3	03:12:23.0	14:21	03:08:19.0
2181	1384/1452	88/90	1680	Christine Essay	F	52	Lincoln	NE	2210	13:50	01:34:47.1	2139	14:55	01:37:42.9	03:12:30.1	14:21	03:08:19.8
2182	1385/1452	195/202	3082	Kate Washington	F	29	Lincoln	NE	2200	13:40	01:33:38.7	2157	15:04	01:38:45.7	03:12:24.4	14:22	03:08:21.8
2183	1386/1452	308/322	3529	Mandy Binder	F	39	Lincoln	NE	2186	13:24	01:31:51.7	2177	15:21	01:40:37.5	03:12:29.3	14:22	03:08:24.6
2184	1387/1452	309/322	2339	Mary Snocker	F	37	Lincoln	NE	2202	13:41	01:33:55.7	2160	15:06	01:38:59.1	03:12:54.9	14:23	03:08:39.1
2185	1388/1452	38/41	3492	Christy Moeller	F	58	Lincoln	NE	2198	13:45	01:33:21.7	2155	15:04	01:38:44.0	03:12:05.7	14:24	03:08:51.9
2186	1389/1452	282/293	3493	Amy Moeller	F	31	Lincoln	NE	2197	13:43	01:33:04.6	2161	15:07	01:39:01.1	03:12:05.7	14:24	03:08:55.1
2187	1390/1452	310/322	2673	Sarah Landretti	F	35	Lincoln	NE	2143	12:52	01:28:30.3	2191	15:58	01:44:40.9	03:13:11.3	14:24	03:08:58.0
2188	1391/1452	311/322	2866	Julie Lauritzen	F	37	Lincoln	NE	2144	12:51	01:28:30.3	2192	15:59	01:44:43.5	03:13:13.9	14:25	03:08:59.7
2189	1392/1452	312/322	557	Michele Williamson	F	39	Omaha	NE	2183	13:23	01:31:28.6	2182	15:30	01:41:32.8	03:13:01.5	14:26	03:09:14.5
2190	1393/1452	196/202	895	Katie Kriegler	F	29	Lincoln	NE	2217	14:10	01:36:22.6	2135	14:44	01:36:32.8	03:12:55.5	14:26	03:09:21.9
2191	1394/1452	118/127	3160	Katherine Ortiz	F	47	Lincoln	NE	2208	13:48	01:34:19.5	2164	15:08	01:39:13.7	03:13:33.3	14:28	03:09:42.3
2192	798/805	116/116	1894	Cole Moore	M	41	Lincoln	NE	2141	12:57	01:28:25.3	2195	16:01	01:44:55.0	03:13:20.4	14:28	03:09:47.9
2193	1395/1452	313/322	1121	Patricia Wixon	F	35	Omaha	NE	2145	12:58	01:28:31.8	2194	16:00	01:44:54.2	03:13:26.1	14:28	03:09:50.9
2194	799/805	149/151	1703	Robert Evans	M	37	Lincoln	NE	2142	12:53	01:28:29.5	2201	16:06	01:45:28.9	03:13:58.5	14:29	03:09:53.2
2195	1396/1452	283/293	858	Shayla Swift	F	34	Lincoln	NE	2120	12:46	01:27:38.1	2209	16:14	01:46:23.6	03:14:01.7	14:29	03:10:03.2
2196	1397/1452	89/90	1479	Denise Pohlmann	F	51	Lincoln	NE	2130	12:58	01:27:51.8	2198	16:03	01:45:08.3	03:13:00.2	14:29	03:10:04.4

The Good Life Halfsy

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Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2197	1398/1452	314/322	3451	Jennifer Person	F	37	Lincoln	NE	2215	14:02	01:35:56.8	2159	15:05	01:38:51.3	03:14:48.2	14:33	03:10:50.9
2198	800/805	150/151	3452	Darin Person	M	38	Lincoln	NE	2216	14:03	01:35:57.3	2158	15:05	01:38:49.2	03:14:46.5	14:33	03:10:51.8
2199	1399/1452	284/293	2203	Shauna Van Winkle	F	33	Beatrice	NE	2167	13:08	01:29:56.6	2193	16:00	01:44:53.9	03:14:50.6	14:34	03:10:58.2
2200	1400/1452	285/293	137	Tonia Wasser	F	34	Lincoln	NE	2192	13:30	01:32:25.6	2185	15:40	01:42:39.6	03:15:05.3	14:34	03:11:07.8
2201	1401/1452	197/202	3189	Amanda Adams	F	28	Lincoln	NE	2185	13:43	01:31:39.7	2179	15:28	01:41:21.3	03:13:01.1	14:35	03:11:16.1
2202	1402/1452	212/219	3520	Amy Kusek	F	42	Lincoln	NE	2187	13:24	01:31:51.9	2189	15:48	01:43:29.7	03:15:21.7	14:35	03:11:19.2
2203	1403/1452	315/322	2943	Amanda Fitzgerald	F	38	Lincoln	NE	2203	13:41	01:34:00.3	2187	15:47	01:43:24.3	03:17:24.7	14:43	03:13:08.3
2204	1404/1452	97/100	2708	Brittany Nordby	F	23	Logan	IA	2194	13:30	01:32:28.5	2197	16:02	01:45:07.3	03:17:35.8	14:46	03:13:37.9
2205	1405/1452	316/322	2925	Jessica Korgie	F	39	Hickman	NE	2156	13:10	01:29:26.6	2211	16:23	01:47:23.4	03:16:50.1	14:46	03:13:42.8
2206	1406/1452	24/27	2932	Jan Westerman	F	63	Lincoln	NE	2226	14:26	01:38:48.1	2163	15:08	01:39:09.5	03:17:57.7	14:46	03:13:43.5
2207	801/805	151/151	2923	Steve Korgie	M	37	Hickman	NE	2157	13:10	01:29:26.8	2212	16:24	01:47:28.3	03:16:55.2	14:47	03:13:47.9
2208	1407/1452	213/219	3049	Lynette Exum	F	42	Lincoln	NE	2166	13:25	01:29:56.1	2207	16:11	01:46:03.0	03:15:59.1	14:47	03:13:59.7
2209	1408/1452	286/293	709	Lyndsey Hiatt	F	30	Lincoln	NE	2238	15:10	01:43:29.9	2106	14:26	01:34:37.9	03:18:07.8	14:48	03:14:04.3
2210	1409/1452	287/293	3196	Sunny Forrest	F	31	Grand Island	NE	2175	13:28	01:30:57.7	2204	16:09	01:45:50.0	03:16:47.7	14:48	03:14:07.8
2211	1410/1452	119/127	2557	Susan Wurtele	F	48	Plattsmouth	NE	2193	13:35	01:32:28.5	2196	16:02	01:45:04.7	03:17:33.2	14:48	03:14:09.4
2212	1411/1452	198/202	1569	Baillie Riesberg	F	29	Lincoln	NE	2204	13:44	01:34:08.7	2203	16:09	01:45:47.5	03:19:56.3	14:55	03:15:45.0
2213	1412/1452	199/202	2379	Kasey Pekny	F	29	Columbus	NE	2191	13:31	01:32:13.6	2214	16:26	01:47:39.4	03:19:53.1	14:58	03:16:13.1
2214	802/805	27/27	2400	Ryan Smith	M	23	Lincoln	NE	2179	13:34	01:31:08.3	2213	16:25	01:47:34.2	03:18:42.6	14:59	03:16:28.9
2215	1413/1452	317/322	2972	Autumn Mower	F	36	Lincoln	NE	2078	12:26	01:24:07.2	2237	17:37	01:55:27.0	03:19:34.2	15:01	03:16:57.5
2216	1414/1452	120/127	2375	Melinda Allen	F	45	Waukee	IA	2190	13:31	01:32:13.6	2220	16:37	01:48:53.0	03:21:06.6	15:03	03:17:26.1
2217	1415/1452	214/219	867	Deb Larson	F	42	Waverly	NE	2123	12:56	01:27:40.9	2230	17:12	01:52:44.9	03:20:25.9	15:04	03:17:33.2
2218	1416/1452	200/202	3077	Lacey Koch	F	28	Seward	NE	2214	14:11	01:35:51.6	2200	16:06	01:45:28.6	03:21:20.2	15:08	03:18:25.0
2219	1417/1452	288/293	3090	Christine Towle	F	31	Seward	NE	2213	14:11	01:35:50.8	2202	16:06	01:45:29.3	03:21:20.2	15:08	03:18:27.3
2220	1418/1452	318/322	3274	Melissa Boschult	F	35	Omaha	NE	2174	13:28	01:30:57.5	2226	17:09	01:52:25.7	03:23:23.2	15:18	03:20:42.8
2221	1419/1452	319/322	433	Toni Helzer	F	37	Lincoln	NE	2225	14:33	01:38:00.8	2205	16:09	01:45:53.4	03:23:54.2	15:20	03:21:12.6
2222	1420/1452	215/219	662	Valerie Morris	F	42	Lincoln	NE	2224	14:32	01:37:55.8	2206	16:10	01:45:58.2	03:23:54.1	15:21	03:21:15.9
2223	1421/1452	320/322	1818	Tammy Kelch	F	37	Syracuse	NE	2212	13:51	01:34:56.8	2227	17:10	01:52:28.8	03:27:25.7	15:30	03:23:11.9
2224	1422/1452	121/127	2033	Beckie Davison	F	45	Tecumseh	NE	2211	13:51	01:34:56.6	2228	17:10	01:52:29.2	03:27:25.8	15:30	03:23:15.0
2225	1423/1452	98/100	2695	Morgan Herchenbach	F	22	Lincoln	NE	2171	13:23	01:30:36.6	2238	17:38	01:55:34.7	03:26:11.3	15:30	03:23:19.9
2226	803/805	30/30	3021	Harvey Birky	M	64	Red Oak	IA	2228	14:31	01:39:16.3	2222	16:42	01:49:29.0	03:28:45.4	15:36	03:24:36.1
2227	1424/1452	7/7	3034	Joey Zbylut-Birky	F	65	Red Oak	IA	2229	14:32	01:39:17.1	2221	16:42	01:49:27.6	03:28:44.8	15:36	03:24:39.8
2228	1425/1452	122/127	131	Kati Odbert	F	45	Columbus	NE	2233	14:49	01:41:18.5	2217	16:27	01:47:50.7	03:29:09.2	15:37	03:24:55.5
2229	1426/1452	123/127	1287	Michelle Pieper	F	45	Lincoln	NE	2235	14:49	01:41:19.3	2215	16:27	01:47:49.7	03:29:09.1	15:38	03:24:56.3
2230	1427/1452	25/27	1289	Cathy Maddox	F	60	Lincoln	NE	2234	14:49	01:41:18.5	2218	16:27	01:47:50.7	03:29:09.2	15:38	03:24:56.5
2231	1428/1452	124/127	3303	Traci Rush	F	45	Lincoln	NE	2236	14:49	01:41:19.5	2216	16:27	01:47:50.0	03:29:09.5	15:38	03:24:57.2
2232	1429/1452	125/127	2833	Shannon Henry	F	46	Lincoln	NE	2220	14:11	01:36:50.8	2225	17:06	01:52:06.7	03:28:57.6	15:38	03:25:05.8

The Good Life Halfsy

November 9, 2014

Overall Results

Half Marathon

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First Half			Last Half			Total		
									Place	Pace	Time	Place	Pace	Time	Gun Time	Net Time	
2233	1430/1452	216/219	1268	Angie Knop	F	44	Lincoln	NE	2219	14:12	01:36:50.4	2224	17:06	01:52:06.7	03:28:57.2	15:38	03:25:08.8
2234	804/805	77/77	1759	James Foster	M	48	Lincoln	NE	2221	14:12	01:36:59.6	2229	17:10	01:52:31.0	03:29:30.6	15:41	03:25:37.4
2235	1431/1452	126/127	3368	Becky Herink	F	47	Fremont	NE	2239	15:20	01:44:42.8	2199	16:03	01:45:10.7	03:29:53.5	15:41	03:25:43.0
2236	1432/1452	217/219	2751	Amy Lucas	F	43	Nebraska City	NE	2218	14:08	01:36:35.7	2231	17:17	01:53:18.8	03:29:54.5	15:42	03:25:53.7
2237	805/805	58/58	2228	Dave Scharf	M	57	Lincoln	NE	2237	15:01	01:42:35.8	2223	16:48	01:50:05.4	03:32:41.3	15:54	03:28:29.8
2238	1433/1452	321/322	1565	Deann Duffek	F	38	Pleasant Dale	NE	2241	15:45	01:47:26.1	2208	16:12	01:46:07.6	03:33:33.7	15:58	03:29:20.6
2239	1434/1452	39/41	2218	Mary Woodard	F	57	Lincoln	NE	2227	14:40	01:38:58.5	2233	17:20	01:53:33.9	03:32:32.4	15:59	03:29:42.1
2240	1435/1452	40/41	1405	Lonnie Conley	F	59	Omaha	NE	2230	14:41	01:40:23.2	2232	17:19	01:53:31.4	03:33:54.7	16:00	03:29:45.5
2241	1436/1452	289/293	1840	Amanda Deterding	F	32	Lincoln	NE							03:30:26.2	16:03	03:30:26.2
2242	1437/1452	26/27	613	Kathy Van De Water	F	61	Lincoln	NE	2242	15:46	01:47:26.3	2210	16:22	01:47:13.1	03:34:39.5	16:03	03:30:32.7
2243	1438/1452	99/100	3117	Kaela Scott	F	22	Topeka	KS	2231	14:46	01:40:53.5	2234	17:24	01:54:00.7	03:34:54.3	16:04	03:30:45.4
2244	1439/1452	201/202	1326	Carol Doolittle	F	27	Lincoln	NE	2223	14:30	01:37:43.8	2242	18:03	01:58:18.1	03:36:01.9	16:16	03:33:19.7
2245	1440/1452	290/293	877	Nikki Oswald	F	30	Lincoln	NE	2222	14:31	01:37:43.8	2241	18:03	01:58:17.9	03:36:01.7	16:16	03:33:23.0
2246	1441/1452	291/293	2584	Autumn Casey	F	34	Lincoln	NE	2232	14:47	01:40:53.7	2243	18:12	01:59:13.5	03:40:07.2	16:29	03:36:05.3
2247	1442/1452	292/293	1914	Nicole Ngirchoimei	F	34	Lincoln	NE	2246	16:09	01:50:05.3	2239	17:46	01:56:22.6	03:46:27.9	16:56	03:42:11.4
2248	1443/1452	90/90	2111	Nancy Worster	F	54	Lincoln	NE	2245	16:09	01:50:05.1	2240	17:46	01:56:23.0	03:46:28.1	16:57	03:42:11.9
2249	1444/1452	27/27	1812	Deb Brassette	F	63	Lincoln	NE	2253	16:32	01:52:32.8	2236	17:29	01:54:35.4	03:47:08.2	17:00	03:42:55.3
2250	1445/1452	41/41	2538	Jennifer James	F	57	Verdon	NE	2255	16:32	01:52:34.5	2235	17:29	01:54:33.2	03:47:07.7	17:00	03:42:56.3
2251	1446/1452	127/127	2587	Shellie Rathjen	F	47	York	NE	2243	16:10	01:48:35.4	2247	18:28	02:00:59.3	03:49:34.7	17:18	03:46:53.7
2252	1447/1452	293/293	2257	Bekah Henderson	F	30	Lincoln	NE	2240	15:35	01:46:20.9	2249	19:23	02:06:59.4	03:53:20.4	17:28	03:49:05.8
2253	1448/1452	322/322	1579	Larissa Johnson	F	37	Gretna	NE	2251	16:43	01:52:17.3	2245	18:15	01:59:38.0	03:51:55.4	17:28	03:49:09.3
2254	1449/1452	218/219	2539	Nicole Bianchi	F	42	Papillion	NE	2252	16:43	01:52:18.4	2244	18:15	01:59:37.0	03:51:55.4	17:28	03:49:09.6
2255	1450/1452	219/219	960	Michelle Sewell	F	44	Lincoln	NE	2249	16:37	01:51:19.5	2246	18:21	02:00:16.2	03:51:35.7	17:29	03:49:11.8
2256	1451/1452	202/202	3086	Sara Wade	F	28	Lincoln	NE	2244	16:00	01:49:06.3	2248	19:11	02:05:43.9	03:54:50.3	17:35	03:50:37.8
2257	1452/1452	100/100	3103	Jessica Welch	F	23	Lincoln	NE	2254	16:35	01:52:34.2	2250	21:06	02:18:15.6	04:10:49.8	18:50	04:06:57.9