

# Gear West Duathlon

May 18, 2014

## Overall Division Results

Individual

### Overall

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	9/181	155	Ruth Brennan-Morrey	Rochester	MN	00:17:42.84	00:42:04.66	00:18:00.77		01:18:50.35
2	27/181	122	Elaine Nelson	Duluth	MN	00:19:38.81	00:45:27.87	00:18:51.07		01:25:25.82
3	36/181	156	Bridget Mccoy	St. Paul	MN	00:20:16.52	00:45:44.48	00:20:32.82		01:27:40.37
4	37/181	159	Jennifer Scudiero	Eagan	MN	00:20:58.16	00:44:26.09	00:21:25.68		01:27:46.21
5	38/181	24	Erin Hyndman-Farrens	Maple Grove	MN	00:20:24.18	00:45:54.09	00:20:23.56		01:27:55.05

### Overall

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	1/181	76	Dan Hedgecock	St. Paul	MN	00:15:52.80	00:38:29.29	00:17:01.16		01:12:14.59
2	2/181	112	Matthew Payne	Columbia Heights	MN	00:16:51.03	00:38:01.87	00:17:07.90		01:12:57.21
3	3/181	22	Brooks Grossinger	Mayer	MN	00:16:46.67	00:40:19.20	00:17:29.77		01:15:31.44
4	4/181	163	Brian Sames	Shakopee	MN	00:15:54.73	00:42:21.24	00:16:47.81		01:16:05.29
5	5/181	125	John Heinlein Iii	Stillwater	MN	00:17:54.87	00:39:32.70	00:18:15.35		01:16:27.69

### Ages 01 - 19

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	93/181	93	Andrew Hed	North Oaks	MN	00:22:27.41	00:50:56.42	00:26:45.24		01:41:49.81
2	101/181	89	Alec Kretschman	Columbus	WI	00:21:44.04	00:58:18.44	00:21:32.07		01:43:52.37
3	122/181	194	Hunter Wheeler	Edina	MN	00:22:50.41	00:54:30.96	00:30:07.39		01:49:11.63
4	125/181	154	Samuel Challgren	Independence	MN	00:22:53.36	00:59:36.12	00:26:07.37		01:50:28.92
5	156/181	136	Anders Knutson	Mound	MN	00:24:36.93	01:07:36.74	00:29:18.29		02:03:38.78
6	169/181	1	Sebastian Villanueva	Minneapolis	MN	00:29:15.65	01:06:58.25	00:34:34.56		02:15:38.89
7	178/181	189	Arthur Ostrowski	Chaska	MN	00:34:02.46	01:14:31.86	00:40:33.38		02:32:24.59

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### Ages 20 - 24

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	56/181	60	Kayla Kjellman	Thunder Bay Ont	ON	00:21:05.38	00:48:15.09	00:21:37.39		01:32:24.59
2	163/181	82	Courtney Frakes	St. Louis Park	MN	00:28:37.57	01:05:53.76	00:30:54.39		02:07:58.04

### Ages 20 - 24

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	10/181	110	Kyle Serreyn	Lakeville	MN	00:17:37.51	00:42:14.85	00:18:14.26		01:18:51.51
2	14/181	195	Patrick Griffith	Maple Grove	MN	00:17:55.33	00:42:20.48	00:18:44.24		01:19:53.95
3	17/181	215	Michael Mittelsteadt	Apple Valley	MN	00:17:38.69	00:44:20.46	00:18:58.91		01:22:06.19
4	65/181	21	Brad Kuen	Saint Louis Park	MN	00:22:08.47	00:48:13.71	00:23:11.48		01:35:20.37
5	76/181	173	Nick Manzoni	Orono	MN	00:20:45.74	00:52:12.46	00:20:59.51		01:37:08.41
6	78/181	216	Jeremy Reichenberger	Minneapolis	MN	00:19:41.00	00:54:55.76	00:20:47.38		01:37:09.71
7	88/181	6	Erik Fagerstrom	Crystal	MN	00:24:24.40	00:50:55.02	00:23:26.10		01:40:36.08
8	89/181	8	Aaron Snyder	Maple Grove	MN	00:23:36.22	00:51:18.91	00:23:33.80		01:40:54.42

### Ages 25 - 29

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	42/181	193	Nicole Heining	White Bear Lake	MN	00:21:59.57	00:43:33.67	00:22:10.76		01:28:41.98
2	45/181	37	Jasmine Carlson	Becida	MN	00:20:34.04	00:46:18.82	00:22:07.78		01:30:02.43
3	49/181	13	Claire Bootsma	Saint Paul	MN	00:20:16.35	00:48:30.71	00:21:15.66		01:30:59.43
4	68/181	25	Mandy Stoesz	Buffalo	MN	00:21:39.57	00:50:15.95	00:22:23.85		01:36:09.31
5	134/181	56	Erin Ladendorf	Minneapolis	MN	00:22:38.64	01:04:43.27	00:24:55.98		01:54:06.67
6	140/181	132	Kristen Dyer	Edina	MN	00:29:18.07	00:58:02.67	00:27:16.75		01:56:03.32
7	155/181	127	Kaity Minnihan	St Louis Park	MN	00:32:54.91	01:00:08.70	00:26:47.19		02:03:04.54
8	157/181	51	Shanna Boltz	Delano	MN	00:26:22.36	01:07:37.71	00:27:17.52		02:03:59.77

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### Ages 25 - 29

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	6/181	19	Devon Palmer	Minneapolis	MN	00:18:04.69	00:39:12.03	00:18:45.89		01:16:51.21
2	20/181	162	Ben Trnka	Roseville	MN	00:18:24.46	00:43:52.54	00:19:34.39		01:22:49.29
3	22/181	170	Matt Orzechowski	Richfield	MN	00:19:08.17	00:43:01.77	00:20:58.32		01:24:28.87
4	28/181	158	Andrew Jones	Minneapolis	MN	00:18:48.34	00:45:30.23	00:19:43.91		01:25:44.06
5	29/181	210	Lucas Pedersen	Richfield	MN	00:18:22.45	00:47:44.91	00:19:29.62		01:26:44.81
6	69/181	130	Jonathan Radloff	Minneapolis	MN	00:20:51.18	00:52:46.50	00:20:21.54		01:36:10.64
7	87/181	77	Bryce Rasmussen	Fort Dodge	IA	00:22:52.39	00:52:31.21	00:22:40.43		01:40:30.79
8	95/181	78	Matthias Pemberton	Becida	MN	00:23:14.97	00:49:34.66	00:28:13.02		01:42:36.90

### Ages 30 - 34

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	71/181	64	Molly Uecker	Buffalo	MN	00:22:07.54	00:49:43.12	00:23:09.02		01:36:29.58
2	111/181	139	Ellen Mcnamara	Minneapolis	MN	00:22:05.21	00:59:38.98	00:22:29.75		01:45:51.65
3	153/181	54	Julia Berg	Minneapolis	MN	00:25:49.65	01:05:04.08	00:28:39.00		02:02:56.61
4	162/181	92	Margaret Moss	Minneapolis	MN	00:27:27.43	01:04:22.83	00:32:12.08		02:07:09.06

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## Overall Division Results

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### Ages 30 - 34

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	8/181	161	Joe Johnson	Eagan	MN	00:17:56.50	00:39:07.13	00:19:28.21		01:17:36.82
2	13/181	45	Mike Ladendorf	Farmington	MN	00:17:39.23	00:43:25.22	00:17:28.72		01:19:28.05
3	16/181	179	Andrew Zabel	Saint Joseph	MN	00:18:20.57	00:43:24.10	00:19:04.52		01:21:51.49
4	40/181	32	Michael Mack	Saint Paul	MN	00:17:59.15	00:49:28.42	00:18:36.14		01:28:31.68
5	91/181	75	Nick Johnson	Plymouth	MN	00:23:18.41	00:52:41.99	00:23:45.70		01:41:24.43
6	105/181	186	Curt Lockman	Lakeville	MN	00:25:11.39	00:53:53.42	00:24:36.44		01:44:55.09
7	108/181	165	Jason Berg	Columbia Heights	MN	00:23:37.39	00:55:03.72	00:24:16.91		01:45:21.22
8	112/181	96	Paul Morrissey	Blaine	MN	00:25:43.31	00:51:56.05	00:25:09.33		01:45:53.82
9	128/181	90	Michael Feldbaum	Minneapolis	MN	00:26:09.50	00:52:27.61	00:30:25.43		01:50:48.65
10	129/181	71	Zach Pettus	Minneapolis	MN	00:23:35.25	00:54:59.68	00:29:45.42		01:50:48.74
11	170/181	97	Ramon Villanueva	Minneapolis	MN	00:29:15.14	01:06:59.64	00:34:36.24		02:15:40.06
12	173/181	115	Omar Palacios	Burnsville	MN	00:25:24.39	01:25:34.52	00:29:20.54		02:22:28.89

### Ages 35 - 39

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	39/181	104	Kortney Haag	Maple Grove	MN	00:21:03.55	00:44:43.81	00:21:02.58		01:28:02.57
2	48/181	9	Andrea Myers	Plymouth	MN	00:21:07.21	00:46:09.18	00:22:02.38		01:30:19.54
3	54/181	84	Sara Sampsell-Jones	Minneapolis	MN	00:21:21.19	00:46:45.55	00:21:36.58		01:31:19.97
4	66/181	34	Jenny Thacker	Stillwater	MN	00:22:31.40	00:49:01.15	00:22:16.40		01:35:30.48
5	102/181	183	Naomi Hamer	Orono	MN	00:24:37.31	00:53:07.79	00:24:18.52		01:43:55.00
6	137/181	65	Sandra Steffen	Excelsior	MN	00:25:41.97	00:56:54.47	00:26:11.19		01:54:41.62
7	164/181	168	Wanda Gierman	Rogers	MN	00:27:54.59	01:03:52.57	00:33:44.68		02:08:32.60
8	172/181	31	Heather Tillman	Bloomington	MN	00:28:17.50	01:18:20.70	00:27:08.06		02:17:01.21

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## Overall Division Results

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### Ages 35 - 39

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	11/181	10	Scott Myers	Plymouth	MN	00:18:19.33	00:41:15.17	00:18:17.75		01:18:58.27
2	12/181	123	Chad Millner	Eden Prairie	MN	00:17:44.95	00:42:28.87	00:18:22.38		01:19:21.07
3	18/181	187	Seth Downs	Eden Prairie	MN	00:20:03.71	00:41:59.09	00:19:24.46		01:22:37.11
4	21/181	80	Matthew Trok	Maple Grove	MN	00:18:15.40	00:45:10.32	00:18:27.97		01:23:19.18
5	26/181	58	Grant Nelson	Duluth	MN	00:19:15.85	00:45:13.76	00:19:26.76		01:25:25.81
6	31/181	217	Chris Frykman	Minneapolis	MN	00:20:14.64	00:43:12.37	00:22:15.92		01:26:55.59
7	35/181	171	Jason Migala	Sauk Rapids	MN	00:19:44.66	00:45:34.08	00:21:01.79		01:27:31.55
8	51/181	120	Dave Schuneman	Duluth	MN	00:18:26.13	00:50:16.21	00:20:07.76		01:31:07.68
9	53/181	200	David Kerber	Maple Grove	MN	00:20:35.09	00:47:49.43	00:20:58.93		01:31:15.02
10	55/181	91	John Nolan	Minneapolis	MN	00:21:05.11	00:47:17.48	00:21:07.14		01:31:27.02
11	58/181	207	Eric Roesner	Minnetonka	MN	00:21:57.10	00:46:59.14	00:22:13.60		01:32:45.91
12	62/181	81	Ryan Saline	Cloquet	MN	00:23:09.26	00:47:34.95	00:22:14.64		01:34:31.11
13	74/181	100	Martin Wera	Minneapolis	MN	00:21:05.62	00:51:10.01	00:22:36.56		01:36:58.25
14	96/181	143	Scott Hammel	Minneapolis	MN	00:24:13.70	00:52:00.79	00:24:00.89		01:42:40.70
15	97/181	142	Kyle Lehenbauer	New Brighton	MN	00:25:39.94	00:49:39.18	00:26:19.72		01:43:09.76
16	98/181	86	Jeff Hunsaker	Minneapolis	MN	00:24:46.53	00:51:21.77	00:25:15.43		01:43:11.18
17	99/181	41	Eric Bergstrom	Eden Prairie	MN	00:26:10.98	00:50:03.47	00:25:08.18		01:43:23.79
18	131/181	44	Michael Mccue	Saint Paul	MN	00:25:42.22	00:54:48.93	00:29:56.03		01:52:06.09

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## Overall Division Results

Individual

### Ages 40 - 44

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	43/181	23	Julie Hull	Farmington	MN	00:22:00.14	00:45:02.69	00:21:32.44		01:29:20.25
2	47/181	99	Tracie Kent	St Paul	MN	00:21:22.73	00:45:44.58	00:21:50.48		01:30:17.58
3	75/181	106	Veronica Bond	Rochester	MN	00:23:24.47	00:48:24.88	00:23:30.55		01:37:04.39
4	94/181	102	Teresa Morgan	Minnetonka	MN	00:25:52.98	00:49:08.76	00:25:46.60		01:42:07.75
5	104/181	68	Heather Norton-Bower	St. Paul	MN	00:22:30.33	00:55:18.93	00:24:14.93		01:44:36.64
6	117/181	138	Jean Nitchals	Minneapolis	MN	00:24:54.71	00:52:43.15	00:27:41.72		01:47:48.54
7	135/181	169	Deborah Thell	St. Cloud	MN	00:26:31.45	00:56:58.71	00:28:14.52		01:54:21.51
8	139/181	214	Melissa Gregory	Forest Lake	MN	00:25:21.10	01:01:31.55	00:27:16.69		01:56:01.10
9	144/181	208	Jennifer Roesner	Minnetonka	MN	00:26:15.02	01:03:40.28	00:26:29.88		01:57:51.80
10	145/181	119	Sonja Daniels	Duluth	MN	00:27:49.88	00:58:45.01	00:29:51.88		01:58:21.69
11	147/181	12	Angie Hop	Rosemount	MN	00:28:03.25	00:57:00.60	00:30:54.70		01:58:50.69
12	159/181	16	Suzanne Rudi	Edina	MN	00:26:13.11	01:00:08.89	00:30:16.72		02:04:17.34
13	171/181	29	Lynne Fredrickson	Waconia	MN	00:28:16.95	01:18:03.79	00:27:09.29		02:17:01.16
14	174/181	149	Jen Sinsitalli	Mound	MN	00:33:13.04	01:07:29.64	00:38:17.50		02:24:21.16

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## Overall Division Results

Individual

### Ages 40 - 44

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	7/181	129	John Shelp	Maple Plain	MN	00:18:00.70	00:39:28.38	00:19:00.03		01:17:20.78
2	19/181	53	Greg Dummer	Minneapolis	MN	00:18:52.50	00:42:59.77	00:19:32.80		01:22:46.14
3	23/181	36	Shawn Kittridge	St. Cloud	MN	00:18:46.70	00:45:19.62	00:19:26.97		01:24:58.76
4	32/181	197	Thad Ingersoll	St. Paul	MN	00:18:53.12	00:47:13.04	00:20:02.02		01:27:06.47
5	33/181	160	Colin Smith	Minneapolis	MN	00:20:19.94	00:44:50.83	00:20:38.37		01:27:11.63
6	41/181	167	Lance Elliott	Edina	MN	00:18:48.62	00:49:40.06	00:18:01.75		01:28:38.89
7	52/181	128	Dan Ellingsen	Maple Grove	MN	00:20:42.61	00:47:19.83	00:21:51.77		01:31:09.00
8	61/181	146	Jon Ruiz	Inver Grove Heights	MN	00:22:11.13	00:47:15.69	00:22:06.29		01:33:45.10
9	72/181	2	Christopher Hawes	Minneapolis	MN	00:23:19.08	00:47:42.81	00:24:02.56		01:36:42.13
10	80/181	69	Matt Bower	St. Paul	MN	00:19:45.58	00:55:52.86	00:21:13.09		01:38:10.56
11	81/181	85	Matthew Becker	St Louis Park	MN	00:21:40.95	00:51:30.96	00:23:32.52		01:38:13.35
12	85/181	182	Jason Wedel	Savage	MN	00:22:03.67	00:53:40.82	00:22:50.91		01:40:05.99
13	103/181	72	Michael Iwan	Golden Valley	MN	00:24:25.79	00:53:37.80	00:23:58.86		01:44:18.63
14	106/181	141	Jeff Spanier	Minneapolis	MN	00:23:11.83	00:54:58.26	00:24:39.31		01:45:08.30
15	110/181	67	Chris Guertin	Minneapolis	MN	00:24:28.07	00:52:30.20	00:26:51.36		01:45:46.86
16	127/181	213	Lance Hauge	Minneapolis	MN	00:22:07.51	01:03:54.79	00:22:41.10		01:50:46.50
17	138/181	55	Andy Berg	Minneapolis	MN	00:26:31.47	00:58:00.56	00:27:53.49		01:54:57.59
18	148/181	42	Christopher Hedberg	Maple Plain	MN	00:27:50.72	00:59:05.61	00:29:36.93		01:59:31.76
19	151/181	43	Craig Laing	Excelsior	MN	00:26:40.84	01:00:17.96	00:30:30.47		02:01:03.81
20	168/181	88	Colin Scheibe	Columbus	WI	00:34:02.29	01:04:40.64	00:34:36.23		02:15:17.47

### Ages 45 - 49

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	46/181	49	Julia Weisbecker	Mendota Heights	MN	00:21:05.63	00:47:25.56	00:20:36.82		01:30:16.52
2	141/181	109	Tracey Kubitz	Wayzata	MN	00:27:23.95	00:58:41.66	00:28:14.15		01:56:53.35
3	166/181	79	Beckie Perkins	Apple Valley	MN	00:32:04.56	01:00:37.16	00:33:31.20		02:09:22.29
4	176/181	105	Andrea Brandt	Edina	MN	00:31:03.66	01:18:32.60	00:36:30.70		02:28:20.02
5	179/181	74	Dawn Ash	Center City	MN	00:33:29.99	01:22:08.95	00:36:38.67		02:34:05.64
6	181/181	178	Karen Anderson	Hopkins	MN	00:40:18.18	01:50:48.49	00:08:49.79		02:44:33.63

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### Ages 45 - 49

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	24/181	26	Tim Bode	Buffalo	MN	00:19:58.39	00:44:09.39	00:19:55.50		01:25:02.97
2	25/181	148	Leon Ball	Minneapolis	MN	00:18:49.47	00:45:48.55	00:19:10.96		01:25:12.00
3	30/181	27	Andrew Fabbrini	Somerset	WI	00:19:57.53	00:45:20.70	00:19:56.97		01:26:45.21
4	57/181	52	Brian Cruikshank	Eden Prairie	MN	00:19:12.97	00:50:02.23	00:21:57.04		01:32:40.01
5	59/181	62	Steve Storer	Rosemount	MN	00:21:12.18	00:47:51.98	00:21:39.61		01:32:59.18
6	63/181	131	Daniel Dederichs	Waverly	MN	00:23:15.50	00:45:25.89	00:24:42.54		01:35:11.92
7	67/181	192	Tim J Walker	Minnetonka	MN	00:23:43.16	00:46:09.62	00:24:28.07		01:35:50.70
8	70/181	196	Robbie Halvorson	Plymouth	MN	00:25:11.68	00:44:32.69	00:25:21.77		01:36:27.10
9	79/181	28	John Will	Edina	MN	00:21:45.09	00:50:45.18	00:23:11.49		01:38:08.95
10	86/181	181	Gregg Steiger	Minnetonka	MN	00:29:29.35	00:45:30.39	00:23:22.69		01:40:09.63
11	92/181	70	Robert Delaune	Shoreview	MN	00:21:44.65	00:55:29.98	00:22:24.63		01:41:48.45
12	100/181	95	Josh Stahl	Minnetonka	MN	00:25:28.93	00:49:06.57	00:26:41.66		01:43:49.00
13	116/181	135	John Hughes	Long Lake	MN	00:23:36.78	00:57:33.20	00:24:19.22		01:47:46.21
14	119/181	176	Chris Prew	Minneapolis	MN	00:25:17.42	00:54:19.84	00:26:15.56		01:48:31.12
15	121/181	177	Matt Ostrowski	Chaska	MN	00:25:57.36	00:52:34.26	00:28:27.66		01:49:05.80
16	126/181	50	Paul Gaskin	Victoria	MN	00:24:23.31	00:56:13.81	00:28:02.32		01:50:39.85
17	132/181	218	Tim Owen	Richfield	MN	00:24:08.03	00:59:29.46	00:24:56.01		01:52:48.86
18	136/181	211	Paul Bruzek	Minneapolis	MN	00:26:08.85	00:57:44.24	00:28:12.31		01:54:22.00
19	142/181	87	David Crosser	Eden Prairie	MN	00:22:03.67	01:10:27.93	00:23:03.75		01:57:32.41
20	146/181	185	Robert Bros	Savage	MN	00:27:55.23	00:56:47.80	00:28:36.71		01:58:27.21
21	154/181	61	Kevin Kolle	Chaska	MN	00:26:42.73	01:02:06.23	00:30:29.93		02:03:00.32
22	161/181	33	Mark Johnson	Stillwater	MN	00:29:36.42	00:56:01.52	00:37:46.96		02:05:58.56

### Ages 50 - 54

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	64/181	137	Jan Guenther	Long Lake	MN	00:21:39.81	00:50:06.35	00:22:08.83		01:35:20.17
2	84/181	101	Laurie Stanek	Prior Lake	MN	00:23:44.71	00:51:08.29	00:23:30.62		01:39:53.39
3	175/181	83	Christine Fjalstad	Prior Lake	MN	00:37:24.41	01:05:39.76	00:41:36.16		02:27:39.06
4	177/181	73	Tina Ingalls	Center City	MN	00:33:04.06	01:22:15.50	00:33:29.35		02:30:58.90



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## Overall Division Results

Individual

### Ages 50 - 54

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	34/181	140	John Stangl	Buffalo	MN	00:20:43.86	00:44:37.79	00:20:34.90		01:27:28.32
2	44/181	157	Paul Giannobile	Minnetonka	MN	00:19:17.79	00:49:42.61	00:18:42.50		01:29:26.65
3	50/181	184	Rich Graske	Maple Grove	MN	00:21:14.40	00:46:52.28	00:21:34.37		01:31:07.31
4	60/181	172	Kerry Yndestad	Rosemount	MN	00:21:11.85	00:48:45.40	00:22:37.64		01:33:42.06
5	73/181	15	David Leard	Rosemount	MN	00:23:13.00	00:49:11.38	00:23:20.01		01:36:50.06
6	82/181	144	Brian Mitchell	Plymouth	MN	00:24:12.50	00:47:53.66	00:24:56.28		01:38:36.30
7	90/181	59	Rick Abrahamson	Andover	MN	00:23:10.90	00:48:44.52	00:26:39.86		01:41:05.62
8	107/181	14	Greg Kurowski	Victoria	MN	00:28:36.32	00:48:42.49	00:25:54.71		01:45:14.30
9	114/181	219	Jay Lyons	Minneapolis	MN	00:25:00.46	00:54:33.10	00:25:13.06		01:46:50.51
10	118/181	221	Doug Moore	Minneapolis	MN	00:24:10.38	00:55:15.61	00:24:59.20		01:47:54.26
11	152/181	18	Tony Brown	Lakeville	MN	00:29:49.53	00:56:47.62	00:31:03.21		02:01:07.45
12	165/181	198	John Reuter	Minnetonka	MN	00:29:25.94	01:02:02.04	00:34:26.55		02:09:19.81

### Ages 55 - 59

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	113/181	190	Sheri Schrock	Cohasset	MN	00:26:22.58	00:51:38.07	00:26:43.42		01:46:18.28
2	158/181	117	Carol Erickson	Chanhassen	MN	00:28:10.80	01:01:38.70	00:31:52.34		02:04:15.24
3	160/181	48	Jill Terry	Shoreview	MN	00:29:37.22	01:03:52.96	00:30:07.96		02:05:52.56

### Ages 55 - 59

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	15/181	153	Tony Schiller	Eden Prairie	MN	00:18:09.62	00:42:01.25	00:18:52.63		01:20:18.50
2	77/181	133	Brian Burkhartzmeyer	Lakeville	MN	00:21:52.06	00:50:17.95	00:22:44.40		01:37:08.94
3	83/181	47	David Gorman	Minneapolis	MN	00:24:21.41	00:47:34.29	00:24:55.81		01:38:50.45
4	109/181	212	Gregg Garretson	Red Wing	MN	00:25:59.44	00:51:47.28	00:25:58.44		01:45:28.38
5	115/181	164	Kurt Rahkola	Maple Plain	MN	00:23:19.65	00:57:00.29	00:23:37.21		01:47:05.47
6	120/181	30	Bruce Jenkinson	Minneapolis	MN	00:22:58.86	00:56:04.61	00:26:56.21		01:48:48.47
7	123/181	66	Brad Osterbauer	Apple Valley	MN	00:25:57.09	00:54:19.48	00:26:59.48		01:49:56.14

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## Overall Division Results

Individual

### Ages 60 - 64

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	149/181	114	Lila Tully	St. Louis Park	MN	00:26:27.85	00:58:56.25	00:32:34.49		02:00:36.21
2	180/181	20	Jean Wood	Excelsior	MN	00:39:20.14	01:08:40.63	00:46:06.14		02:36:54.78

### Ages 60 - 64

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	124/181	98	Louis Ahlstrand	Shafer	MN	00:25:50.59	00:55:57.71	00:26:45.41		01:50:26.27
2	143/181	17	John Zumhofe	Sioux Falls	SD	00:28:30.09	00:57:19.53	00:29:31.38		01:57:46.77
3	150/181	63	Gery Haag	Johnston	IA	00:28:53.19	00:59:42.64	00:29:57.64		02:00:49.47

### Ages 65+

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	130/181	94	Hank Larsen	Glencoe	MN	00:25:28.94	00:57:14.62	00:27:13.68		01:51:40.07
2	133/181	174	Charles Manzoni	Orono	MN	00:25:45.87	00:56:25.51	00:27:18.22		01:53:10.54
3	167/181	118	Steve Paladie	Plymouth	MN	00:30:36.83	01:01:08.78	00:35:28.27		02:09:54.52