

MALE RESULTS

TOT	PLC	#	NAME	CITY	ST	AGE	S	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL	
								plc	time	time	plc	time	plc	TIME	
									yds		time	mph	time	pace	
1	108	Brent Fiegel	Buffalo	IA	36	M	11	21:19	1:13	1:31	2 1:09:44	20.3	1:52	1 39:29	6:22 2:13:53
2	119	Mark Johnson	Hiawatha	IA	41	M	4	20:21	1:10	2:38	4 1:11:57	19.7	1:31	3 42:09	6:47 2:18:33
3	143	Daniel Ankrum	Waterloo	IA	32	M	3	20:12	1:09	3:26	1 1:07:47	20.9	1:19	12 46:45	7:32 2:19:28
4	145	Garrett Rettig	Coralville	IA	34	M	2	19:16	1:06	3:20	7 1:13:42	19.2	1:50	2 41:51	6:45 2:19:57
5	138	Bryan Bacehowski	West Des Moines	IA	35	M	21	23:08	1:19	2:00	5 1:12:26	19.6	1:04	9 46:18	7:28 2:24:53
6	129	Eric Boucher	Coralville	IA	27	M	1	19:04	1:05	3:03	18 1:18:45	18.0	1:02	6 44:47	7:13 2:26:39
7	140	Nick Hegarty	Sioux City	IO	36	M	14	21:50	1:15	2:52	3 1:11:16	19.9	1:41	16 49:55	8:02 2:27:33
8	100	Daniel Cox	Urbandale	IA	36	M	8	21:01	1:12	2:33	6 1:12:44	19.5	2:14	20 51:09	8:14 2:29:39
9	123	David Cook	Wilton	IA	53	M	22	23:11	1:20	3:15	13 1:17:09	18.4	2:00	4 44:10	7:07 2:29:43
10	127	Lee Juehring	Muscatine	IA	45	M	16	22:10	1:16	4:35	10 1:15:44	18.7	1:52	8 45:53	7:23 2:30:11
11	113	Jason Aarhus	Cedar Rapids	IA	47	M	20	22:52	1:18	2:51	9 1:15:13	18.8	1:48	14 47:58	7:44 2:30:40
12	130	Adam Campbell	Cedar Falls	IO	28	M	7	20:59	1:12	2:47	8 1:14:54	18.9	1:51	19 50:44	8:10 2:31:13
13	121	Robert Peterson	Urbandale	IO	36	M	12	21:33	1:14	2:39	12 1:16:04	18.6	1:09	18 50:13	8:05 2:31:36
14	133	Jeffrey Witters	Le Claire	IA	51	M	6	20:56	1:12	1:49	17 1:18:38	18.0	1:03	24 52:17	8:25 2:34:40
15	131	Kc McGinnis	Iowa City	IA	26	M	35	28:39	1:38	3:15	11 1:15:56	18.7	2:12	7 45:05	7:16 2:35:05
16	132	Mark Petersen	Cedar Rapids	IA	56	M	17	22:27	1:17	3:45	25 1:21:22	17.4	1:55	11 46:43	7:32 2:36:10
17	103	Sean O'Hanlon	Rock Island	IL	44	M	5	20:24	1:10	3:09	29 1:24:07	16.8	1:58	13 46:51	7:33 2:36:28
18	125	Matthew Miller	Hudson	IA	39	M	38	30:50	1:46	1:33	22 1:20:06	17.7	1:37	5 44:29	7:10 2:38:33
19	110	Michael Dawid	Bettendorf	IA	40	M	10	21:14	1:13	1:56	14 1:17:20	18.3	1:48	32 57:01	9:11 2:39:17
20	118	Manuel Molina	Loves Park	IL	38	M	29	26:50	1:32	3:35	20 1:19:31	17.8	1:16	15 48:47	7:51 2:39:56
21	120	Chris Klitgaard	Iowa City	IA	40	M	23	24:08	1:23	2:35	19 1:19:23	17.8	2:19	23 52:11	8:24 2:40:33
22	137	Daniel Vondra	Iowa City	IA	36	M	25	25:28	1:27	4:56	26 1:21:27	17.4	2:25	10 46:41	7:31 2:40:55
23	104	Boulos Nassar	Iowa City	IA	36	M	28	26:27	1:31	4:54	16 1:18:09	18.1	1:48	17 49:56	8:03 2:41:13
24	134	Brandon Bohlender	Des Moines	IA	23	M	13	21:46	1:15	1:58	28 1:24:03	16.9	2:11	22 52:08	8:24 2:42:05
25	124	Brian Kennedy	Bettendorf	IA	50	M	9	21:08	1:12	3:39	23 1:20:31	17.6	2:27	29 56:35	9:07 2:44:17
26	105	Kurt Ehlert	Madison	WI	26	M	18	22:42	1:18	5:22	27 1:22:38	17.1	1:38	21 52:02	8:23 2:44:21
27	122	Bob Klein	Dewitt	IA	53	M	36	28:55	1:39	2:17	21 1:19:32	17.8	1:22	25 52:26	8:27 2:44:30
28	112	Phillip Hunt	Waterloo	IA	37	M	15	22:01	1:16	2:42	24 1:20:37	17.6	2:44	30 56:40	9:08 2:44:42
29	117	Michael Kinney	Rock Island	IL	30	M	30	27:16	1:33	2:59	15 1:17:33	18.3	2:50	28 55:13	8:54 2:45:50
30	116	Jeff Lineburg	LeClaire	IA	36	M	27	26:23	1:30	3:19	33 1:25:59	16.5	2:09	26 54:32	8:47 2:52:18
31	128	Thomas Berg	Cedar Rapids	IA	47	M	32	27:55	1:36	4:17	31 1:24:28	16.8	2:13	31 56:56	9:10 2:55:48
32	136	Ray Turner	West Des Moines	IA	51	M	26	25:35	1:28	4:00	32 1:25:39	16.5	2:57	33 57:33	9:16 2:57:44
33	135	Todd Brown	Cedar Rapids	IA	55	M	31	27:53	1:36	6:40	30 1:24:19	16.8	2:51	37 1:03:32	10:14 3:05:13
34	107	Nicholas Noble	South Elgin	IL	29	M	37	29:19	1:40	4:14	39 1:36:28	14.7	2:12	27 54:58	8:51 3:07:09
35	126	Patrick Tierney	Coralville	IA	39	M	33	27:56	1:36	3:30	35 1:27:16	16.2	2:07	39 1:08:31	11:02 3:09:20
36	114	Peter Carstensen	Cedar Rapids	IA	31	M	40	38:41	2:12	3:02	34 1:26:38	16.4	2:23	34 1:00:14	9:42 3:10:56
37	141	Ricky Pruitt	Bellevue	NE	30	M	34	28:18	1:37	3:53	38 1:33:30	15.2	1:36	38 1:05:34	10:34 3:12:48
38	115	Tim Conlon	Iowa City	IA	43	M	24	25:23	1:27	5:11	40 1:39:44	14.2	2:20	36 1:01:08	9:51 3:13:44
39	139	Jeff Durdin	Dubuque	IA	44	M	19	22:46	1:18	4:45	36 1:32:35	15.3	2:30	40 1:11:52	11:34 3:14:26
40	142	Daniel Boscaljon	Iowa City	IA	37	M	39	33:49	1:56	5:57	37 1:33:24	15.2	3:11	35 1:00:18	9:43 3:16:37