

LOOP DE LOOP 5K/10K & 1/2 MARATHON  
 September 27, 2014  
 Decorah, Iowa

5K RESULTS

Place	Div/Tot	Name	City	St	Age	S	Time	Pace
1	1/10	Evan Neubauer	Decorah	IA	23	M	17:03	5:30
2	2/10	Stewart Otting	Decorah	IA	27	M	18:15	5:53
3	3/10	Erik Ohlrogge	Onalaska	WI	20	M	18:46	6:03
4	4/10	Matt Iudin-Nelson	Decorah	IA	22	M	19:19	6:14
5	1/7	Alex Steding	Decorah	IA	45	M	19:20	6:14
6	5/10	Zane Blanchard	Estherville	IA	22	M	20:46	6:42
7	1/15	Hallie Evans	New Albin	IA	39	F	21:32	6:56
8	2/7	Greg Madsen	Decorah	IA	44	M	22:04	7:07
9	1/4	Brooke Courtney	Decorah	IA	12	F	22:27	7:14
10	1/2	Noah Tapscott	Decorah	IA	12	M	22:35	7:17
11	1/11	Brad Loftsgard	Decorah	IA	57	M	23:04	7:26
12	6/10	Simon Klimesh	Spillville	IA	28	M	23:19	7:31
13	3/7	Scott Courtney	Decorah	IA	42	M	23:51	7:41
14	1/10	Payton Schultz	Young America	MN	20	F	25:26	8:11
15	2/15	Sherry Halbur	Decorah	IA	36	F	25:35	8:14
16	3/15	Micarrah Mutsune	Decorah	IA	31	F	25:43	8:17
17	4/7	Brad Burke	Cresco	IA	43	M	25:45	8:18
18	2/4	Fiona Buresh	Decorah	IA	11	F	26:59	8:42
19	5/7	Curtis Peterson	Decorah	IA	44	M	27:22	8:49
20	6/7	Israel Balik	Cresco	IA	34	M	27:37	8:54
21	1/18	Nika Lee	Decorah	IA	56	F	28:40	9:14
22	4/15	Wendy Pfremmer	Preston	MN	41	F	28:41	9:14
23	7/10	John Werner	Decorah	IA	21	M	28:50	9:17
24	2/10	Sarah King	Decorah	IA	21	F	28:52	9:18
25	7/7	Jay Elliot	Vadnais Heights	MN	35	M	29:01	9:21
26	1/3	Kate Knepprath	Decorah	IA	19	F	29:18	9:26
27	3/10	Kaley Grosse	Decorah	IA	20	F	29:20	9:27
28	4/10	Emily Gehlsen	Decorah	IA	20	F	29:22	9:27
29	5/10	Lauren Reagan	Dubuque	IA	20	F	29:36	9:32
30	6/10	Jessica Weber	Hamburg	MN	28	F	29:42	9:34
31	1/3	Larry Schultz	Postville	IA	63	M	29:45	9:35
32	2/3	Richard Tenneson	Decorah	IA	66	M	30:04	9:41
33	3/4	Abby Moen	Decorah	IA	11	F	30:16	9:45
34	5/15	Kristina Otte	Decorah	IA	43	F	30:23	9:47
35	6/15	Amy Courtney	Decorah	IA	38	F	30:35	9:51
36	2/11	Michael Huinker	Decorah	IA	54	M	30:36	9:51
37	3/11	Harlan Satrom	Decorah	IA	58	M	30:36	9:51
38	4/11	Chris Soward	Corvallis	OR	59	M	31:55	10:17
39	1/5	Diane Hammel	Stewartville	MN	60	F	32:26	10:27
40	7/15	Brooke Martin	Mt Zion	IL	32	F	32:33	10:29
41	7/10	Ashley Haight	Decorah	IA	23	F	32:34	10:29
42	8/10	Stacy Rummerfield	Carroll	IA	29	F	32:53	10:35
43	3/3	Jerry Freund	Decorah	IA	64	M	33:01	10:38
44	8/15	Tawnya Heinrichs	Carroll	IA	34	F	33:06	10:39
45	9/15	Marin Hanson	Decorah	IA	41	F	33:10	10:41
46	2/5	Kari Hanson	Decorah	IA	63	F	33:17	10:43
47	2/18	Joanie Rollins	Decorah	IA	53	F	34:19	11:03
48	3/18	Judi Althoff	Edgewood	IA	46	F	37:16	12:00
49	5/11	Bill Althoff	Edgewood	IA	47	M	37:17	12:00
50	2/2	Cael Wangsness	Decorah	IA	7	M	37:28	12:04
51	6/11	Jon Stewart	Cologne	MN	48	M	39:07	12:36
52	4/18	Sherri Schultz	Young America	MN	48	F	39:55	12:51

53	4/4	Hailey Bower	Decorah	IA	10	F	39:59	12:52
54	10/15	Kirstie Bower	Decorah	IA	45	F	40:02	12:53
55	11/15	Paloma Vargas	Marshfield	AZ	32	F	40:04	12:54
56	5/18	Jennifer Woods	Decorah	IA	51	F	45:55	14:47
57	6/18	Kim Knutson	Decorah	IA	58	F	45:56	14:47
58	3/5	Janet Haller	Decorah	IA	63	F	47:20	15:14
59	7/18	Brenda Keatley	Waukon	IA	51	F	47:20	15:15
60	2/3	Jacqueline Schnier	Decorah	IA	19	F	47:23	15:15
61	8/18	Lauri Mertzenich	Decorah	IA	54	F	47:29	15:17
62	7/11	Claude Mertzenich	Decorah	IA	51	M	47:30	15:18
63	4/5	Ann Moen	Decorah	IA	71	F	52:04	16:46
64	9/18	Maureen Regan	Decorah	IA	53	F	52:46	16:59
65	10/18	Shirley Vermace	Decorah	IA	50	F	52:47	17:00
66	11/18	Martha Ludeking	Decorah	IA	58	F	52:56	17:02
67	8/11	Mike Vermace	Decorah	IA	51	M	53:45	17:18
68	9/11	Steve Belay	Decorah	IA	56	M	53:48	17:19
69	12/15	Angela Elliot	Vadnais Heights	MN	32	F	54:57	17:42
70	12/18	Janis Blackmore	New London	MN	54	F	54:59	17:42
71	13/15	Lisa Vsetecka	Fort Atkinson	IA	42	F	55:36	17:54
72	14/15	Anne Kaspar	Decorah	IA	42	F	55:39	17:55
73	3/3	Heidi Vsetecka	Fort Atkinson	IA	18	F	55:40	17:55
74	13/18	Lori Eastwood	Decorah	IA	50	F	58:03	18:41
75	14/18	Dawn Webster	Minnesota City	MN	59	F	1:00:29	19:28
76	15/18	Shirley Larsen	Decorah	IA	57	F	1:03:12	20:21
77	16/18	Beth Wahlberg	Decorah	IA	48	F	1:04:14	20:41
78	17/18	Jenny Werner	Decorah	IA	57	F	1:06:16	21:20
79	15/15	Jody Church	Minnesota City	MN	36	F	1:08:35	22:05
80	5/5	Deborah Bishop	Decorah	IA	62	F	1:09:10	22:16
81	10/11	Andy Eastwood	Decorah	IA	57	M	1:09:44	22:27
82	8/10	Camden Webster	Minnesota City	MN	22	M	1:12:07	23:13
83	9/10	Kasey Johnson	Northfield	MN	22	F	1:15:27	24:18
84	9/10	Simon Sager	Decorah	IA	21	M	1:15:32	24:19
85	10/10	Kathryn Werner	Decorah	IA	22	F	1:16:45	24:43
86	11/11	Ray King	Rosemount	MN	52	M	1:17:06	24:49
87	18/18	Donna King	Rosemount	MN	51	F	1:17:07	24:50
88	10/10	Kyle Scobel	Decorah	IA	22	M	1:17:54	25:05

MALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
=====	=====	=====	=====	==	===	=	=====	=====
1	297	Evan Neubauer	Decorah	IA	23	M	17:03	5:30
2	291	Stewart Otting	Decorah	IA	27	M	18:15	5:53
3	239	Erik Ohlrogge	Onalaska	WI	20	M	18:46	6:03
4	223	Matt Iudin-Nelson	Decorah	IA	22	M	19:19	6:14
5	251	Alex Steding	Decorah	IA	45	M	19:20	6:14
6	269	Zane Blanchard	Estherville	IA	22	M	20:46	6:42
7	232	Greg Madsen	Decorah	IA	44	M	22:04	7:07
8	252	Noah Tapscott	Decorah	IA	12	M	22:35	7:17
9	293	Brad Loftsgard	Decorah	IA	57	M	23:04	7:26
10	228	Simon Klimesh	Spillville	IA	28	M	23:19	7:31
11	280	Scott Courtney	Decorah	IA	42	M	23:51	7:41
12	290	Brad Burke	Cresco	IA	43	M	25:45	8:18
13	240	Curtis Peterson	Decorah	IA	44	M	27:22	8:49
14	203	Israel Balik	Cresco	IA	34	M	27:37	8:54
15	261	John Werner	Decorah	IA	21	M	28:50	9:17
16	212	Jay Elliot	Vadnais Heights	MN	35	M	29:01	9:21
17	247	Larry Schultz	Postville	IA	63	M	29:45	9:35
18	253	Richard Tenneson	Decorah	IA	66	M	30:04	9:41

19	270	Michael Huinker	Decorah	IA	54	M	30:36	9:51
20	271	Harlan Satrom	Decorah	IA	58	M	30:36	9:51
21	250	Chris Soward	Corvallis	OR	59	M	31:55	10:17
22	278	Jerry Freund	Decorah	IA	64	M	33:01	10:38
23	202	Bill Althoff	Edgewood	IA	47	M	37:17	12:00
24	257	Cael Wangsness	Decorah	IA	7	M	37:28	12:04
25	274	Jon Stewart	Cologne	MN	48	M	39:07	12:36
26	235	Claude Mertzenich	Decorah	IA	51	M	47:30	15:18
27	276	Mike Vermace	Decorah	IA	51	M	53:45	17:18
28	204	Steve Belay	Decorah	IA	56	M	53:48	17:19
29	264	Andy Eastwood	Decorah	IA	57	M	1:09:44	22:27
30	266	Camden Webster	Minnesota City	MN	22	M	1:12:07	23:13
31	358	Simon Sager	Decorah	IA	21	M	1:15:32	24:19
32	295	Ray King	Rosemount	MN	52	M	1:17:06	24:49
33	357	Kyle Scobel	Decorah	IA	22	M	1:17:54	25:05

FEMALE RESULTS

Place	No.	Name	City	St	Age	S	Time	Pace
=====	=====	=====	=====	==	====	=	=====	=====
1	213	Hallie Evans	New Albin	IA	39	F	21:32	6:56
2	279	Brooke Courtney	Decorah	IA	12	F	22:27	7:14
3	273	Payton Schultz	Young America	MN	20	F	25:26	8:11
4	292	Sherry Halbur	Decorah	IA	36	F	25:35	8:14
5	275	Micarah Mutsune	Decorah	IA	31	F	25:43	8:17
6	286	Fiona Buresh	Decorah	IA	11	F	26:59	8:42
7	230	Nika Lee	Decorah	IA	56	F	28:40	9:14
8	241	Wendy Pfremmer	Preston	MN	41	F	28:41	9:14
9	227	Sarah King	Decorah	IA	21	F	28:52	9:18
10	229	Kate Knepprath	Decorah	IA	19	F	29:18	9:26
11	215	Kaley Grosse	Decorah	IA	20	F	29:20	9:27
12	214	Emily Gehlsen	Decorah	IA	20	F	29:22	9:27
13	284	Lauren Reagan	Dubuque	IA	20	F	29:36	9:32
14	258	Jessica Weber	Hamburg	MN	28	F	29:42	9:34
15	237	Abby Moen	Decorah	IA	11	F	30:16	9:45
16	268	Kristina Otte	Decorah	IA	43	F	30:23	9:47
17	281	Amy Courtney	Decorah	IA	38	F	30:35	9:51
18	218	Diane Hammel	Stewartville	MN	60	F	32:26	10:27
19	233	Brooke Martin	Mt Zion	IL	32	F	32:33	10:29
20	216	Ashley Haight	Decorah	IA	23	F	32:34	10:29
21	242	Stacy Rummerfield	Carroll	IA	29	F	32:53	10:35
22	221	Tawnya Heinrichs	Carroll	IA	34	F	33:06	10:39
23	219	Marin Hanson	Decorah	IA	41	F	33:10	10:41
24	220	Kari Hanson	Decorah	IA	63	F	33:17	10:43
25	299	Joanie Rollins	Decorah	IA	53	F	34:19	11:03
26	201	Judi Althoff	Edgewood	IA	46	F	37:16	12:00
27	272	Sherri Schultz	Young America	MN	48	F	39:55	12:51
28	283	Hailey Bower	Decorah	IA	10	F	39:59	12:52
29	282	Kirstie Bower	Decorah	IA	45	F	40:02	12:53
30	300	Paloma Vargas	Marshfield	AZ	32	F	40:04	12:54
31	262	Jennifer Woods	Decorah	IA	51	F	45:55	14:47
32	263	Kim Knutson	Decorah	IA	58	F	45:56	14:47
33	217	Janet Haller	Decorah	IA	63	F	47:20	15:14
34	226	Brenda Keatley	Waukon	IA	51	F	47:20	15:15
35	245	Jacqueline Schnier	Decorah	IA	19	F	47:23	15:15
36	234	Lauri Mertzenich	Decorah	IA	54	F	47:29	15:17
37	236	Ann Moen	Decorah	IA	71	F	52:04	16:46
38	285	Maureen Regan	Decorah	IA	53	F	52:46	16:59
39	277	Shirley Vermace	Decorah	IA	50	F	52:47	17:00

40	231	Martha Ludeking	Decorah	IA	58	F	52:56	17:02
41	211	Angela Elliot	Vadnais Heights	MN	32	F	54:57	17:42
42	206	Janis Blackmore	New London	MN	54	F	54:59	17:42
43	256	Lisa Vsetecka	Fort Atkinson	IA	42	F	55:36	17:54
44	225	Anne Kaspar	Decorah	IA	42	F	55:39	17:55
45	255	Heidi Vsetecka	Fort Atkinson	IA	18	F	55:40	17:55
46	265	Lori Eastwood	Decorah	IA	50	F	58:03	18:41
47	267	Dawn Webster	Minnesota City	MN	59	F	1:00:29	19:28
48	287	Shirley Larsen	Decorah	IA	57	F	1:03:12	20:21
49	294	Beth Wahlberg	Decorah	IA	48	F	1:04:14	20:41
50	260	Jenny Werner	Decorah	IA	57	F	1:06:16	21:20
51	209	Jody Church	Minnesota City	MN	36	F	1:08:35	22:05
52	205	Deborah Bishop	Decorah	IA	62	F	1:09:10	22:16
53	224	Kasey Johnson	Northfield	MN	22	F	1:15:27	24:18
54	356	Kathryn Werner	Decorah	IA	22	F	1:16:45	24:43
55	296	Donna King	Rosemount	MN	51	F	1:17:07	24:50

FEMALE AGE GROUP RESULTS 1 - 12

Place	No.	Name	City	St	Age	S	Time	Pace
1	279	Brooke Courtney	Decorah	IA	12	F	22:27	7:14
2	286	Fiona Buresh	Decorah	IA	11	F	26:59	8:42
3	237	Abby Moen	Decorah	IA	11	F	30:16	9:45
4	283	Hailey Bower	Decorah	IA	10	F	39:59	12:52

MALE AGE GROUP RESULTS 1 - 12

Place	No.	Name	City	St	Age	S	Time	Pace
1	252	Noah Tapscott	Decorah	IA	12	M	22:35	7:17
2	257	Cael Wangsness	Decorah	IA	7	M	37:28	12:04

FEMALE AGE GROUP RESULTS 13 - 19

Place	No.	Name	City	St	Age	S	Time	Pace
1	229	Kate Knepprath	Decorah	IA	19	F	29:18	9:26
2	245	Jacqueline Schnier	Decorah	IA	19	F	47:23	15:15
3	255	Heidi Vsetecka	Fort Atkinson	IA	18	F	55:40	17:55

FEMALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time	Pace
1	273	Payton Schultz	Young America	MN	20	F	25:26	8:11
2	227	Sarah King	Decorah	IA	21	F	28:52	9:18
3	215	Kaley Grosse	Decorah	IA	20	F	29:20	9:27
4	214	Emily Gehlsen	Decorah	IA	20	F	29:22	9:27
5	284	Lauren Reagan	Dubuque	IA	20	F	29:36	9:32
6	258	Jessica Weber	Hamburg	MN	28	F	29:42	9:34
7	216	Ashley Haight	Decorah	IA	23	F	32:34	10:29
8	242	Stacy Rummerfield	Carroll	IA	29	F	32:53	10:35
9	224	Kasey Johnson	Northfield	MN	22	F	1:15:27	24:18
10	356	Kathryn Werner	Decorah	IA	22	F	1:16:45	24:43

MALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time	Pace
1	297	Evan Neubauer	Decorah	IA	23	M	17:03	5:30
2	291	Stewart Otting	Decorah	IA	27	M	18:15	5:53
3	239	Erik Ohlrogge	Onalaska	WI	20	M	18:46	6:03
4	223	Matt Iudin-Nelson	Decorah	IA	22	M	19:19	6:14
5	269	Zane Blanchard	Estherville	IA	22	M	20:46	6:42
6	228	Simon Klimesh	Spillville	IA	28	M	23:19	7:31
7	261	John Werner	Decorah	IA	21	M	28:50	9:17
8	266	Camden Webster	Minnesota City	MN	22	M	1:12:07	23:13
9	358	Simon Sager	Decorah	IA	21	M	1:15:32	24:19
10	357	Kyle Scobel	Decorah	IA	22	M	1:17:54	25:05

FEMALE AGE GROUP RESULTS 30 - 45

Place	No.	Name	City	St	Age	S	Time	Pace
1	213	Hallie Evans	New Albin	IA	39	F	21:32	6:56
2	292	Sherry Halbur	Decorah	IA	36	F	25:35	8:14
3	275	Micarah Mutsune	Decorah	IA	31	F	25:43	8:17
4	241	Wendy Pfremmer	Preston	MN	41	F	28:41	9:14
5	268	Kristina Otte	Decorah	IA	43	F	30:23	9:47
6	281	Amy Courtney	Decorah	IA	38	F	30:35	9:51
7	233	Brooke Martin	Mt Zion	IL	32	F	32:33	10:29
8	221	Tawnya Heinrichs	Carroll	IA	34	F	33:06	10:39
9	219	Marin Hanson	Decorah	IA	41	F	33:10	10:41
10	282	Kirstie Bower	Decorah	IA	45	F	40:02	12:53
11	300	Paloma Vargas	Marshfield	AZ	32	F	40:04	12:54
12	211	Angela Elliot	Vadnais Heights	MN	32	F	54:57	17:42
13	256	Lisa Vsetecka	Fort Atkinson	IA	42	F	55:36	17:54
14	225	Anne Kaspar	Decorah	IA	42	F	55:39	17:55
15	209	Jody Church	Minnesota City	MN	36	F	1:08:35	22:05

MALE AGE GROUP RESULTS 30 - 45

Place	No.	Name	City	St	Age	S	Time	Pace
1	251	Alex Steding	Decorah	IA	45	M	19:20	6:14
2	232	Greg Madsen	Decorah	IA	44	M	22:04	7:07
3	280	Scott Courtney	Decorah	IA	42	M	23:51	7:41
4	290	Brad Burke	Cresco	IA	43	M	25:45	8:18
5	240	Curtis Peterson	Decorah	IA	44	M	27:22	8:49
6	203	Israel Balik	Cresco	IA	34	M	27:37	8:54
7	212	Jay Elliot	Vadnais Heights	MN	35	M	29:01	9:21

FEMALE AGE GROUP RESULTS 46 - 59

Place	No.	Name	City	St	Age	S	Time	Pace
1	230	Nika Lee	Decorah	IA	56	F	28:40	9:14
2	299	Joanie Rollins	Decorah	IA	53	F	34:19	11:03
3	201	Judi Althoff	Edgewood	IA	46	F	37:16	12:00
4	272	Sherri Schultz	Young America	MN	48	F	39:55	12:51
5	262	Jennifer Woods	Decorah	IA	51	F	45:55	14:47

6	263	Kim Knutson	Decorah	IA	58	F	45:56	14:47
7	226	Brenda Keatley	Waukon	IA	51	F	47:20	15:15
8	234	Lauri Mertzenich	Decorah	IA	54	F	47:29	15:17
9	285	Maureen Regan	Decorah	IA	53	F	52:46	16:59
10	277	Shirley Vermace	Decorah	IA	50	F	52:47	17:00
11	231	Martha Ludeking	Decorah	IA	58	F	52:56	17:02
12	206	Janis Blackmore	New London	MN	54	F	54:59	17:42
13	265	Lori Eastwood	Decorah	IA	50	F	58:03	18:41
14	267	Dawn Webster	Minnesota City	MN	59	F	1:00:29	19:28
15	287	Shirley Larsen	Decorah	IA	57	F	1:03:12	20:21
16	294	Beth Wahlberg	Decorah	IA	48	F	1:04:14	20:41
17	260	Jenny Werner	Decorah	IA	57	F	1:06:16	21:20
18	296	Donna King	Rosemount	MN	51	F	1:17:07	24:50

MALE AGE GROUP RESULTS 46 - 59

Place	No.	Name	City	St	Age	S	Time	Pace
1	293	Brad Loftsgard	Decorah	IA	57	M	23:04	7:26
2	270	Michael Huinker	Decorah	IA	54	M	30:36	9:51
3	271	Harlan Satrom	Decorah	IA	58	M	30:36	9:51
4	250	Chris Soward	Corvallis	OR	59	M	31:55	10:17
5	202	Bill Althoff	Edgewood	IA	47	M	37:17	12:00
6	274	Jon Stewart	Cologne	MN	48	M	39:07	12:36
7	235	Claude Mertzenich	Decorah	IA	51	M	47:30	15:18
8	276	Mike Vermace	Decorah	IA	51	M	53:45	17:18
9	204	Steve Belay	Decorah	IA	56	M	53:48	17:19
10	264	Andy Eastwood	Decorah	IA	57	M	1:09:44	22:27
11	295	Ray King	Rosemount	MN	52	M	1:17:06	24:49

FEMALE AGE GROUP RESULTS 60 - 98

Place	No.	Name	City	St	Age	S	Time	Pace
1	218	Diane Hammel	Stewartville	MN	60	F	32:26	10:27
2	220	Kari Hanson	Decorah	IA	63	F	33:17	10:43
3	217	Janet Haller	Decorah	IA	63	F	47:20	15:14
4	236	Ann Moen	Decorah	IA	71	F	52:04	16:46
5	205	Deborah Bishop	Decorah	IA	62	F	1:09:10	22:16

MALE AGE GROUP RESULTS 60 - 98

Place	No.	Name	City	St	Age	S	Time	Pace
1	247	Larry Schultz	Postville	IA	63	M	29:45	9:35
2	253	Richard Tenneson	Decorah	IA	66	M	30:04	9:41
3	278	Jerry Freund	Decorah	IA	64	M	33:01	10:38